

The Bile Beans puzzle book / [C.E. Fulford, Ltd.].

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C.E. Fulford, Ltd.

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THE BILE BEANS PUZZLE BOOK

THE FLYING GOOSE

You can make this and many other ingenious and amusing figures out of the Mysterious Square on page 12.

*For Bile Beans
RADIO CONCERTS
See Page 3.*

Can You Plant 10 Trees In 5 Rows With 4 Trees Per Row?

SOLUTION
INSIDE.

PAM
QV26
1933
-96b

Chief Chemist Talks of Famous Formula

EVERYONE SHOULD KNOW THESE INTERESTING FACTS

VISITOR (looking round up-to-date Laboratory):
A nice, clean, airy place you've got here!

CHIEF CHEMIST: Yes, you need spotless premises, and fine equipment also, to deal with the very fine vegetable extracts used in our formula. We are rightly proud of Bile Beans.

VISITOR: But frankly, are they any different from other medicine?

CHIEF CHEMIST: Yes, Bile Beans are fundamentally different, and, we think, very much better. Instead of treating only one organ, they have what we call a well-distributed action over the entire digestive system.

VISITOR: How do you account for this unusual feature?

CHIEF CHEMIST: Instead of the two or three ingredients usually found in pills, Bile Beans contain no fewer than 10 active vegetable extracts, including six different laxatives and other medicaments for the stomach and liver. Doctors, too, say that our's is an excellently-balanced formula.

VISITOR: Why six different laxatives?

CHIEF CHEMIST: We find that our idea of blending six different laxatives ensures a wider and smoother action throughout the whole intestines. Bile Beans act without griping on both the large and small bowel. With this elaborate formula *Bile Beans* do you more real good.



VISITOR: Can you explain simply how Bile Beans act?

CHIEF CHEMIST: They stimulate the liver and regulate the bile, which is Nature's own laxative. They tone up the stomach and remove food-waste by purely natural methods. Bile Beans really help Nature to help herself.

VISITOR: When is the best time to take a dose?

CHIEF CHEMIST: At bedtime. Because while the body is at rest the medicinal extracts are better able to dissolve and spread their action evenly throughout the system. Bile Beans work while you sleep and give you a real "top o' the morning" feeling.

VISITOR: You certainly make me feel that Bile Beans are a fine family medicine.

CHIEF CHEMIST: Yes, the best for safe and regular use. But, don't just take my word for it, try them for yourself and see how fit Bile Beans will make you feel.

22501938801

PUZZLES FOR THE FIRESIDE

With the Compliments of the Proprietors of Bile Beans.

(1) HIDDEN WORDS.

- (A) Form'd long ago, yet made to-day
Employ'd while others sleep,
What few would ever give away,
Or any wish to keep
- (B) Three-fourths of a cross and a circle complete,
Two semicircles and a perpendicular meet,
A triangle standing on two feet,
Two semicircles and a circle complete.
- (C) A word of three syllables seek till you find,
That has in it twenty-four letters combin'd.
- (D) A word of one syllable, easy and short,
Read backwards and forwards the same,
It expresses the sentiments warm from the heart,
And to beauty lays, principal claim.
- (E) Before a circle let appear,
Twice twenty-five and five in rear,
One-fifth of eight subjoin and then
You'll quickly find what conquers men.
- (F) The following letters were written under the
Ten Commandments in a Welsh church, the
meaning of which was undiscovered until about
a century ago:

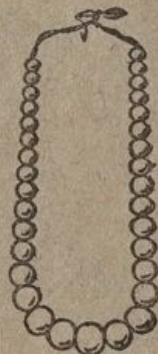
P.R.S.V.R.Y.P.R.F.C.T.M.N.
.V.R.K..P.T.H.S.P.R.C.P.T.S.T.N

- (2) **BEER PROBLEM.** Two workmen, cleaning
out some old beer casks, came across a full 8 gallon
barrel of beer. The owner offered to give them the
beer if they could share it equally using only two
measures. He handed them a 3 gallon and a
5 gallon measure. They did it—but how?

- (3) **TO FIND OUT A PERSON'S AGE.**
Put down the number of the month he or she was
born in—double this number—add five—multiply
by 50—add age last birthday—subtract 365—add
115, then determine the total.

- (4) **THE PUZZLED MILKMAN.** A milkman
has to deliver at 9 houses—see
asterisks in diagram. He must do
this in four straight journeys. Can
you show us how, by drawing four
continuous lines depicting the routes
taken?

- (5) **THE PEARL OF GREAT PRICE.** A mil-
lionaire owns a string of 33 pearls (as
here shown). The middle pearl
is the largest and best. The others
are so selected and arranged that
starting from one end each successive
pearl is worth £100 more than the
preceding one, right up to the big
pearl. From the other end the
pearls increase in value to £150 up
to the large pearl. The whole string
is worth £65,000. What is the value
of the large pearl?



- (6) **A COUPLET PROBLEM.**—
L L T H W R L D S S T G.
N D L L T H M N N D W M N M R L Y P L Y R S.

Fit into their proper places above 7 A's, 8 E's,
and 2 O's, and you will discover a well-known
couplet by England's greatest dramatist.

- (7) **NATTY PROBLEMS.**— (A) Here is a natty
little problem. Can you make sense out of it?

If the B m t put :
If the B . putting :
How can I put :
If there is such - der

- (B) Can you make sense of this :—

B O E D



(8) LITERATURE FIGURING PROBLEM.

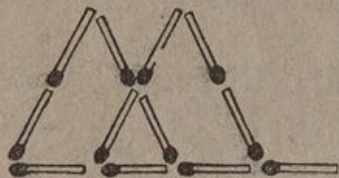
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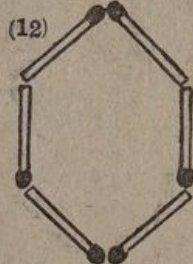
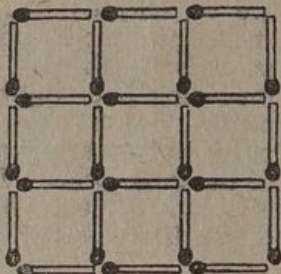
Total 237789

The figures from 0 to 9 stand for certain letters of the alphabet, and when these are discovered it will be found that we have added together the surnames of two famous Scottish writers, and produced a great living novelist. NOTE that each name starts with the same letter.

(9) MATCH PROBLEMS. Lay six matches on a table. Problem is to make four equal triangles with the six matches. **(10).** With 12 matches form a double triangular figure or pennant on a post (of four matches) as shown in diagram alongside. Now using only 11 more matches form 12 triangles of equal size and shape. No matches must be cut.

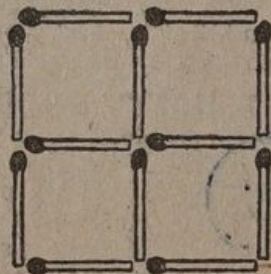


(11) Arrange 24 matches to form 9 squares as shown in the diagram. Now see if you can remove 8 matches in such a way that only 2 independent squares are left.



(12) Move two matches and add one match to make two diamonds.

(13) Arrange 12 matches to form four squares.



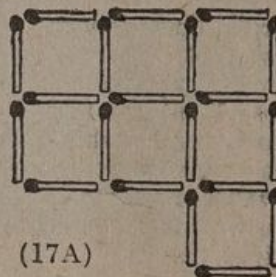
Re-arrange the 12 matches so as to make three squares. **(14)** Form four triangles with seven matches. **(15)** Take four wine glasses and four matches. Place each glass about an inch apart. The problem is to place the

end of a match on the rim of each glass so that the ends cross each other at a central point between the four glasses in such a way that they still remain suspended without any special support or fastening of any sort. **(16)** Arrange

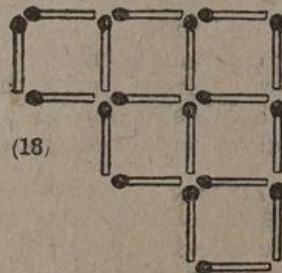
(16)



17 matches in six squares, as shown in the illustration, then take away 6 matches so as to leave two squares. **(17)** (A) Take 20 matches and form 7 squares as in the diagram. Now remove three matches to fresh positions to form 5 squares. (B) 6 sheep are housed in 6 separate pens formed of 13 matches. The problem is to remove one match and still be able to form 6 pens.



(17A)



(18)

(17B)



(18) Above is a gangster's pistol formed with 18 matches. Take away 5 and with the remaining 13 (an obviously unlucky number) form the victim.

(19) THIRTY-SIX COINS. Take 36 pennies or counters, and set them out in a square—six in a row and six deep. Remove six coins and still leave the rows all containing an even number, whether added vertically, horizontally, or diagonally.

THE LIVER RULES YOUR HEALTH

A Disordered Liver Causes Biliousness, Headaches, Pains, Dizziness, Constipation, Skin Eruptions, Anæmia, etc.

THE liver is the largest organ in the human body. In a healthy state, the liver manufactures a particular quantity of bile for a two-fold purpose. The bile is turned to account as a digestive fluid, and it assists in the removal of poisonous waste from the system. Bile is Nature's own perfect laxative.



When the liver is upset, this bile fluid is thrown back into the blood circulation. Alarming symptoms of sickness then appear. The complexion assumes a yellowish tinge, the eyes become dull, tongue is coated, and often there is a pain and tightness near the shoulder blades. Neglect may lead to jaundice, anæmia or chronic constipation.

For over 30 years Bile Beans have been recognized as the world's greatest liver specific. Their success is due to the presence of a valuable liver stimulant which helps to

Restore The Liver's Functions

and regulate the supply of bile in the intestines. Thus not only do Bile Beans

put the liver right, but they ensure healthy action of both the large and small bowel.

Take Bile Beans last thing at night and you will be surprised at your all-round improvement. You will once more relish your food. Indigestion and wind will not recur. Your blood becomes purified and enriched, pain and discomfort disappear, you begin to sleep well

and your energy and spirits are raised. Purely vegetable, Bile Beans are the ideal tonic-laxative. They do not gripe, and suit equally old and young, the weak and strong. Make Bile Beans your family medicine, and know the joy of buoyant health.

"I Found Splendid Health In Bile Beans"

"MY head ached, I felt heavy, drowsy and depressed and had awful dizzy turns," says Mrs. S. C. Cotton, of 44, South Park Crescent, Ilford, Essex. "My stomach was out of order, and I had bilious attacks, pain and heart-burn. But constipation and piles made me most miserable of all. I couldn't sleep for pain and I felt terribly weak and ill."

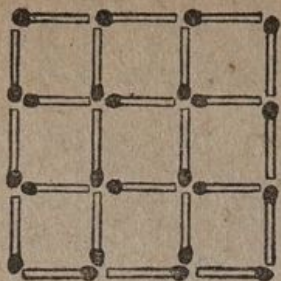


Mrs. S. C. COTTON.

"My brother-in-law got me to try Bile Beans. He said they were a splendid thing. Bile Beans proved a real blessing to me. By their gentle, natural action on the bowels, Bile Beans not only banished the constipation, but eventually the piles, too. I've never the least trouble with my digestion now, or headaches or dizziness. Bile Beans keep my system in real good order, and I never felt so well as I do to-day."

BILE BEANS RADIO CONCERTS.

The Proprietors of Bile Beans have again arranged for a musical programme to be broadcast from Radio Athlone (413 metres), from 9-30—10-0 every Friday evening. If you desire any special piece to be broadcast, send a p.c. to Bile Beans Request Dept., Carlton Hill, Leeds, and we will do our best to oblige you. We hope you will all listen-in and enjoy these programmes.



(20) Arrange 24 matches as shown in the diagram alongside. The problem is to take away 4 matches other than the two outside upright rows and leave 6 squares. No matches must be left over (except the 4 taken away.)

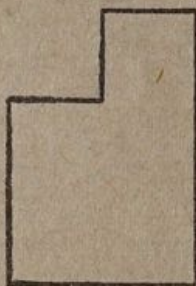
(21) THE BIBULOUS BUTLER.

A rich bachelor had a dishonest butler who helped himself to wines. The bottles went regularly, so the master determined to lay a trap for his servant. At the time he had 28 bottles in his cellar. So that he could tell if any were taken away, he arranged them as in diagram alongside:—



He laid special stress on the fact that there were 9 bottles per side. The butler perceived his plans. He took 4 bottles and re-arranged them so that there were still 9 per side, and again, later, he took 4 more bottles, again re-arranging them so as to leave 9 bottles per side. How did he do it?

(22) **PAPER SQUARES.** Draw 6 equal squares on a piece of thick paper. Place them in three rows of two's. Then cut them out in one piece, but omit to include the uppermost left-hand square. The shape will then be like that shown in the diagram. Now cut out three more exactly the same shape. Puzzle consists of taking the four pieces and placing them together so that the new figure formed is the same shape as each piece, but considerably larger.



(23) **SQUARING THE PENCE.** Place four pennies on a table. The problem is to make a square show up with these four pennies.

(24) **NEWEST CROSSWORD.** In this problem each word is that of a British Seaport or a town associated with the sea. Every word is built up of words indicated by the clues given. When you have discovered the answers to the clues put them in the spaces provided and you will find the towns you want. Reading diagonally from the top-left-hand corner to the last space in line 9 you discover yet another seaside town.



CLUES.

- | | |
|------------------------------------|-------------------------------|
| (1) Dwell. | + A Water Crossing. |
| (2) Fast. | + A number of trees. |
| (3) Pits for the Dead. | + The Finish. |
| (4) A kind of tie. | + A large weight. |
| (5) Dark. | + A liquid. |
| (6) A Girl's name. | + A wine. |
| (7) A pointed missile. | + An opening. |
| (8) An organ Bile Beans put right. | + A small quantity of water. |
| (9) A Scottish Church. | + A boundary for your garden. |

(25) **EIGHT STICKS.** I have 8 sticks. Four are exactly half the length of the others. I lay everyone of these on the table, so that they enclose three squares all of the same size. How do I do it? There must be no loose ends hanging over.

Streatham Man's Sworn Statement Of Amazing Cure

**A Month's Course Of Bile Beans Banished Alarming Complications Of
Stomach And Bowel Trouble. Now Has Splendid Health**

FURTHER testimony to the remarkable curative power of Bile Beans is furnished by a well-known Streatham gentleman. Here is Mr. G. F. Doyle, of 22, Chilmark Road, London, S.W.16. He says:

"I put my troubles down to the hardships experienced as a prisoner of war in Alsace-Lorraine. After meals I had dull pains in the pit of the stomach, and eventually the inclination for food left me altogether. My favourite dishes no longer tempted me; in fact, I turned away from food with a feeling of sickness.

"In 1920 it became necessary to have medical treatment, and on and off for 13 years I visited various doctors. I adhered to strict dieting and lost weight owing to not getting sufficient nourishment. My trouble was diagnosed at different times as dyspepsia, gastritis, and appendix trouble. In September, 1922, a gastric ulcer was suspected.

"I had practically lost faith in medicine, when a friend recommended Bile Beans. During the following four weeks, when I took Bile Beans methodically, my health improved wonderfully. Thanks to Bile Beans all the old pains have ceased, I enjoy every bit of food, and am feeling the benefit of my meals because I now digest everything put before me. Bile Beans, too, have brought about regular, healthy bowel action. I feel quite fit and regard my cure as wonderful. If my wife feels a little off-colour she takes one or two Bile Beans before retiring and next day has renewed energy. Our house is never without its box of Bile Beans now."

These facts Mr. Doyle kindly placed beyond possible doubt by swearing to them before a Westminster Commissioner for Oaths, on July 6th, 1933.



Mr. G. F. DOYLE.

FROM A SOUTH WALES HOME

HUSBAND & WIFE SWEAR BY BILE BEANS



Recent Photo. of Mr. & Mrs. L. HANCOCK.

"Having a family of six children to look after I know what a blessing good health is," says Mrs. L. Hancock, of 25, Clarence Street, Swansea. "For nearly seven years I had an awful time with my stomach and bowels. After meals I had palpitation, wind round the heart, and attacks of sickness. I felt I was going to suffocate. Headaches and giddiness suddenly overcame me.

"Medical treatment and other medicines did me no good at all. After reading about Bile Beans, I got a box, and started to take them regularly. Bile Beans are splendid. They cleared away all pains, headaches and sickness, brought me lots of energy and made a different woman of me. Bile Beans did me such a world of good that my husband started taking them."

Mr. Hancock says:—"I suffered with my stomach. I daren't tackle a decent meal because of pains across the chest, gas, and sickness. I was also constipated. Once I was off work for several weeks. Whatever the cause of my trouble, Bile Beans soon got to the root of it and set me up in health. We have a lot to thank Bile Beans for in our home."

IS YOUR AILMENT HERE?

Bad Liver.—"I've been subject to biliousness from girlhood. The sickness, headaches and giddiness made me weak and upset. Bile Beans removed all liver congestion, and now the headaches, sickness and other symptoms never worry me."—Mrs. C. Weston, of 289, Goodman Street, Burton-on-Trent.



Mrs. N. V. WALES.

Headaches and Dizziness.—"My skin was sallow, and I had frequent attacks of dizziness and headaches. I lost interest in everything and felt listless and irritable. I was often constipated. Thanks to Bile Beans I enjoy splendid health to-day. I sleep well, eat well, and have any amount of energy."—Mrs. N. V. Wales, 49, Broome Road, Hampton, Middlesex.

Constipation.—"I was a victim of constipation and piles, and got terribly weak and depressed. Bile Beans acted so naturally and had such a soothing effect that the constipation, weakness and pains soon became a thing of the past."—Mrs. M. Rudge, 68, York Place, Newport.

Gastritis ruined my health for 13 years. Constant pain, sleeplessness and inability to take food made me a wreck. I lost 30 lbs. I owe my marvellous recovery to Bile Beans. They ended all my pain and made a new man of me."—Mr. J. O'Brien, Kingstanding, Birmingham.

Weak After 'Flu.—"An attack of 'flu left me thoroughly run-down and with a weak stomach. I couldn't keep food down. Bile Beans helped to clear my system of influenza poison and built up my digestion. They brought me new strength and energy."—Mr. H. B. Johnson, 83, Priory Grove, Everton, Liverpool.



Mr. J. O'BRIEN.

Kidney Trouble attacked me quite suddenly about six months ago. The pain was terrible, my back seemed to be breaking.

Faintness and dizziness came over me. Regular nightly doses of Bile Beans brought surprising relief from pain. They have given me new strength and energy."—Mrs. B. Tucker, 146, Broad Street, Dagenham, Essex.

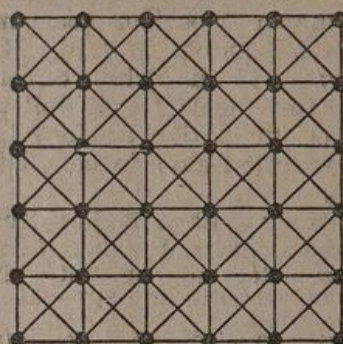


Mrs. E. V. WOODHEAD.

Anæmia—"I went through a terrible time with anæmia. My blood was impoverished, my complexion pale, and I kept fainting away. I had dreadful headaches and constipation. All these troubles have vanished since I have taken Bile Beans. I am a brighter, stronger woman altogether."—Mrs. E. V. Woodhead of 9, Princess Street, Chapel, Southampton.

Bile In The Blood caused dull throbbing headaches which were generally accompanied by sickness and giddy, swimming sensations. Since taking one box of Bile Beans I've not had a headache or felt a return of the bile trouble."—Mrs. L. Fox, 5, Philpots Houses, Eltham, London, S.E.9.

(26) A FARMER'S WILL. Farmer Jones died, leaving 19 horses to his three sons. The eldest son was to have half the horses, the next son to have a quarter of the 19 horses, and the youngest to have one-fifth of the 19 horses. None of the horses were to be slain to help in the division. A neighbouring farmer rode up just as the sons were at their wits' end and solved it for the youngsters. How?



(27) PIN PROBLEM.

Take six pins and stick them in six of the black dots in the figure alongside—so that no two pins are on the same line, whether vertical, horizontal, or diagonal.

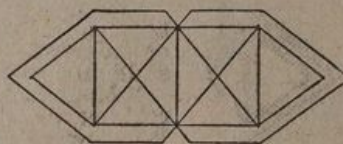
(28) HEAD & TAILS. Take 8 pennies and place them in a straight line, as shown—four tails and four heads. Now, in four moves—moving two pennies at a time, change the position to



head, tails, head, tails, head, tails, head, tails. In the moves the pennies must be next to each other—2 and 3 together, or 5 and 6, and so on.

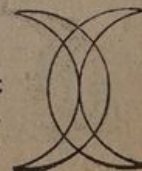
(29) A PENCIL TEAZER.

Can you draw the figure shown without lifting your pencil, and without going over any part twice?



(30) ANOTHER PENCIL TRICK.

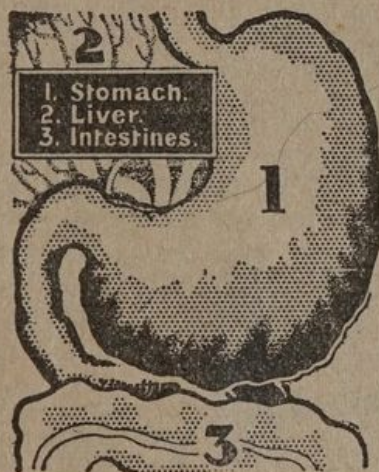
Draw the figure shown without taking your pencil from the paper, or going over any of the lines twice.



IF YOUR STOMACH IS WRONG NOTHING IS RIGHT

Indigestion, Acid Stomach, Dyspepsia, Gastritis & Other Digestive Disorders Quickly Yield To BILE BEANS. Nightly Doses Of These Famous Pills Bring Lasting Benefit

NAPOLEON said that an army marches on its stomach. He meant that food and digestion are essential for health and vitality. Food without digestion has no value. Bile Beans supply the stomach with just the natural help it often needs. They improve the state of digestion and keep the other organs right.



The stomach, usually the most over-taxed of all organs, often cries out loud for assistance in its digestive work. If this aid be denied, then overwork will often result in indigestion, with its attendant complications of general ill-health, headaches, capricious appetite, gastritis, loss of weight, anæmia, constipation, and depression.

Both in prevention and correction of digestive disorders, Nature's way must be followed. Nature has given us the use of certain vegetable extracts of great potency. From these a scientific selection has been made of those which regulate and correct the

digestive and muscular activities of the stomach and bowels.

100% Good From All You Eat

These valuable extracts are contained in the right proportions in Bile Beans, which, therefore, are the ideal remedy for stomach troubles. This approved family medicine is distinctly helpful in the stomach, and stimulates the whole digestive operation. Rich and fatty foods are made more easily amenable to digestion and assimilation. A dose of Bile Beans after a heavy meal, or any excess, is thus most valuable.

Bile Beans will enable you to get 100% of good from all your food. They will counteract any disturbance and ensure that every nerve-strengthening and tissue-building element in your food is absorbed into the system. Bile Beans really are a most marvellous medicine.

Indigestion Sufferer Who Feared His Heart Was Bad

"One morning about two years ago I had an awful pain after breakfast," says Mr. Henry West, a fisherman, of 5, Constitution Square, Portsmouth. "It was a burning sensation down my left side and under the heart. The trouble got worse. Practically after every meal I had pain, wind, bitter risings in the throat, and dizzy turns.

"I had such an alarming shortness of breath, I thought there must be something wrong with my heart. I took doctor's medicine, and all sorts of other things, too, but my pains got no less.

"Bile Beans soon stopped the pain and heartburn. Then I began to eat and enjoy my food in comfort. Bile Beans have given me back my old strength and activity, and I am now a completely cured man, rowing over to Hayling Island every day in all weathers."



Mr. HENRY WEST.

Don't Forget Your BILE BEANS At Bedtime!

CHRONIC CONSTIPATION

Caused Splitting Headaches, Pains In Limbs & Bad Skin



Miss E. HARRISON.

"I AM unable to take exercise like other people," says Miss E. Harrison, of 121, Acre Lane, Brixton, S.W.2. "This brought on constipation, which upset my health to such an extent that I was nearly worried to death. I felt tired out all day long—just as if I had not had sufficient sleep. I had giddiness and headaches, and dull pains in the limbs and body. I became run-down and nervy, and lost all appetite. My complexion became sallow and blotchy.

"Purgative medicines and salts seemed habit-forming in my case. I never looked like getting better until my aunt got me to give Bile Beans a trial. I was greatly impressed by their gentle, non-gripping action. It is surprising what a difference in your health and looks Bile Beans can make by getting to the root of troubles of this kind. Bile Beans seemed to give my system a thorough internal cleansing and rid me of the constipation and cleared my skin."

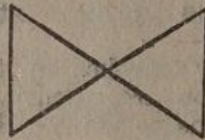
Take a nightly dose of Bile Beans to secure internal cleanliness and end the terrible self-poisoning effects of constipation. Bile Beans, the natural vegetable remedy, have solved the problem of healthy living.

A Nurse's Tribute.—"I cordially recommend Bile Beans to anybody subject to headaches or biliousness. A course of these vegetable pills has entirely freed me from these distressing liver symptoms. Bile Beans are distinguished by their mild natural action, and on this account they can also be safely given to children and delicate people."—Nurse M. E. Tranter, 64, Glamorgan Street, Brynmawr, Breconshire.

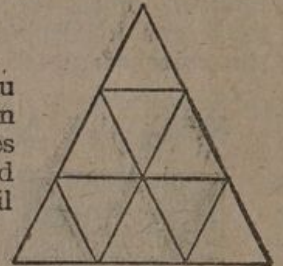
(31) **MORE CONTINUOUS STROKES.** Here is another puzzle similar to the last one. Can you complete this figure with eight continuous strokes without going along any line twice?



(32) **EIGHT TRIANGLES.** Take a pencil and make only five lines, altering the figure so that it shows eight triangles. Remember you must make five lines, no fewer or more, and only eight triangles must appear.



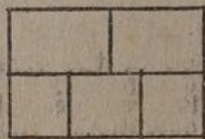
(33) **TRIANGLES.** Can you draw the adjoining figure in one continuous line that does not cross at any point and without taking your pencil off the paper?



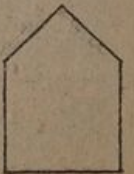
(34) **MISSIONARIES & CANNIBALS.** Three missionaries and three cannibals wanted to cross a river in a boat which held two. It would be unsafe for the cannibals to be left in a majority on either bank. Only one of the missionaries and one of the cannibals could row the boat. How did they manage to get across?

(35) **A FENCE PROBLEM.** One mile of wire exactly encloses a farm of 40 acres. What area will 2 miles of wire enclose?

(36) **EASY. TRY IT.** Can you draw the simple outline alongside in three lines without going over any line twice? It looks so simple—just try it.



(37) **NO WASTE.** A joiner wants to cut this piece of wood into as few pieces as possible, to form a square table top without any waste. How should he do it?



95 In Every 100 People Have Constipation To Some Extent

Acting On Both The Large & Small Bowel, Bile Beans Ensure Absolute Internal Cleanliness & Eradicate This Common Evil At Its Source

THE most important rule for good health is internal cleanliness. When the bowels do not promptly get rid of the daily accumulations of food-waste, certain poisons are given off and forced into the blood circulation. The 30 feet of intestines are thus very liable to become 30 feet of trouble—like a stopped-up drain. A well-known medical authority says that 95 out of every 100 people have constipation to some extent.

The first signs of "constipation poisoning" are headaches, coated tongue, dizziness, flatulence and bad colour. Neglect or wrong treatment of these symptoms may lead to colic, enteritis, colitis, appendicitis, piles, anæmia, and debility. All evils from this slow and insidious self-poisoning of the human system must be carefully guarded against by the systematic use of Bile Beans, the most reliable regulative medicine to-day.

Keeping the food channels internally clean is the first step towards sound health and vitality. But don't wait till you are out-of-sorts. Take Bile Beans to-night as a preventive and cure.

To get at the root cause of constipation and correct

the tendency of the bowels to irregular action, Nature's way must be followed. Nature has given us the use of certain vegetable extracts of great potency, and their scientific combination in Bile Beans puts this medicine in the front rank to-day.



Bile Beans Solve The Problem Of Perfect Bowel Action

These purely vegetable pills have solved the secret of good health, for they coax Nature to perform her own internal cleansing work.

Bile Beans do not gripe, but exert an even, soothing, and natural influence on both the large and the small bowel. They keep the whole intestinal tube in such a condition that digestion, absorption, and evacuation all proceed in sequential and orderly fashion; and robust health is restored.

Be on the watch for the least sign of irregularity in the bowels. However slight or unsuspected your trouble, you will be all the better for a nightly dose of Bile Beans. Even people of healthy and orderly habits find that a good dose of Bile Beans every week-end is a splendid thing for maintaining bodily fitness.

DOCTOR SAID KEEP ON WITH BILE BEANS

"A doctor asked me what I was taking to make me look so well. I told him Bile Beans, and he said I had better keep on with them," says Miss E. Smith, of 69, Palmerston Crescent, Palmers Green, N.13. His advice proved wise.

"Ordinary medicine seemed to be no good, but Bile Beans were different. Regular nightly doses of these vegetable pills soon put my liver right and rid me of all the palpitation, giddiness and pains. My skin is now a much better colour, thanks to Bile Beans, and they always keep me free from constipation."

STUBBORN LIVER TROUBLE BANISHED AT NORWICH

Blessed The Day She Started With Bile Beans

"As far back as I can remember I've been subject to liver trouble and constipation," says Mrs. B. M. Curtis, of St. Olaves Road, Norwich. "Sick headaches and bilious attacks upset me so much I couldn't stand. Frequently I almost fainted away. There was a dull, dragging pain in my right side and under the shoulder blades. At night I could not sleep. My skin turned sallow and my eyes yellow. All day long I felt tired and downright depressed."

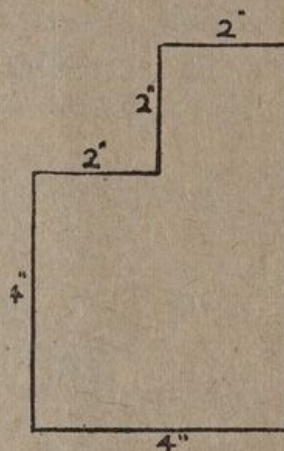
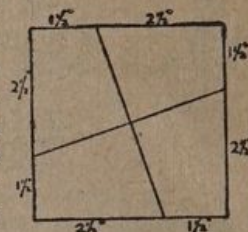


Mrs. B. M. CURTIS.

"I had medical treatment and spent pounds without getting relief. I bless the day I started to take Bile Beans. Although mine was a stubborn case, in six weeks there was a vast improvement in my health. As I continued with Bile Beans the liver troubles and constipation symptoms disappeared. What food I eat I now enjoy without the old attacks of sickness. I have energy for anything. If ever I feel a bit off-colour I take a dose of Bile Beans. I have great faith in these famous pills."

AVOID QUICK-ACTING REMEDIES.—Beware of makeshift remedies which, acting quickly, often leave the system worse off in the end. Bile Beans act surely on Nature's own lines, operate soothingly and really build up permanent good health. They are a genuine scientific remedy, suitable for Family use.

(38) PAPER SQUARE. Out of a piece of stiff paper cut a square section four inches by four inches. Now divide the square as per diagram. Now cut along the lines and shuffle the four pieces, then ask a friend to make the square again. This is much harder than it seems.



(39)

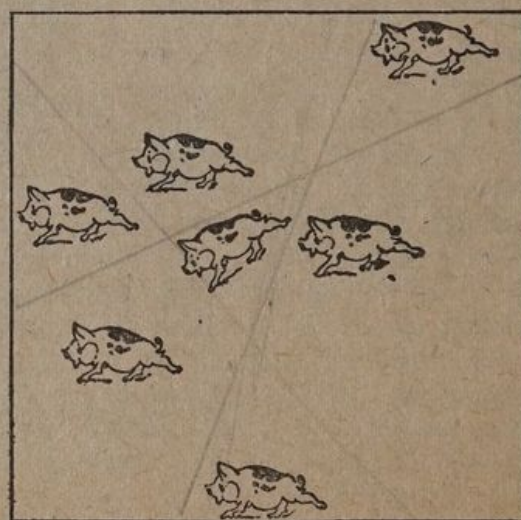
SQUARE BUILDING.

Take a piece of paper and cut out the figure given alongside to the measurements marked here. The object is to cut the figure into three pieces, which when put together make a square.

(40) THE SEVEN PIGS.

This square pig sty, contains seven pigs. Intersect the pen with three straight

fences, so that every pig is contained in a separate sty.



OPERATION SAID TO BE HER ONLY HOPE

Bristol Woman's Marvellous Recovery

"I suffered so much from constipation and piles that the hope," says Mrs. shopston, Bristol. and the constant body made me feel t or lie down in t. I had bilious and irritable. ts, but my health ith regular nightly

nished

d the constipation, now enjoy splendid d other troublesome matism from time now. y. Thanks to these r pain in my body have recovered so



Mrs. E. A. WHITTINGHAM.



Mr. G. F. UNDERWOOD.

Bad Stomach and Kidneys

"I became worn out with continuous suffering from a bad stomach," says Mr. G. F. Underwood, of 22, Mayo Street, Stoke-on-Trent. "The pains were awful—just like a knife running round my body. I was helpless when they were on. I was afraid to eat, knowing the misery to follow. Wind settled like a weight in my stomach. My kidneys being out of order, too, I was nervy, low-spirited, and going down-hill properly.

"I tried everything, but even doctors couldn't cure me. The very first dose of Bile Beans did me good, and before the month was up I was enjoying splendid health—it was marvellous! My indigestion miseries have been ended completely, and my kidneys and bowels never trouble me since I have been on with Bile Beans."

X EVERY Bile Beans testimonial in this booklet is a voluntary and genuine statement, and authenticated by the full name and address. Each testimonial is representative of hundreds of others received from people in all walks of life and from all parts of the country. Everybody is enthusiastic about Bile Beans.

THE BILE BEANS TANGRAM

Make your own Amusing Figures

While many ancient games like Chess, Mah jong, and Cards have, in the course of centuries, changed almost beyond recognition of their original forms, there is one fascinating game which has existed for four thousand years without alteration or improvement. This is the game of Tangrams, so named after the legendary Chinaman "Tan," who first invented and cut out the seven extraordinary pieces shown in the adjoining diagram. The proprietors of Bile Beans present you with the following rules.

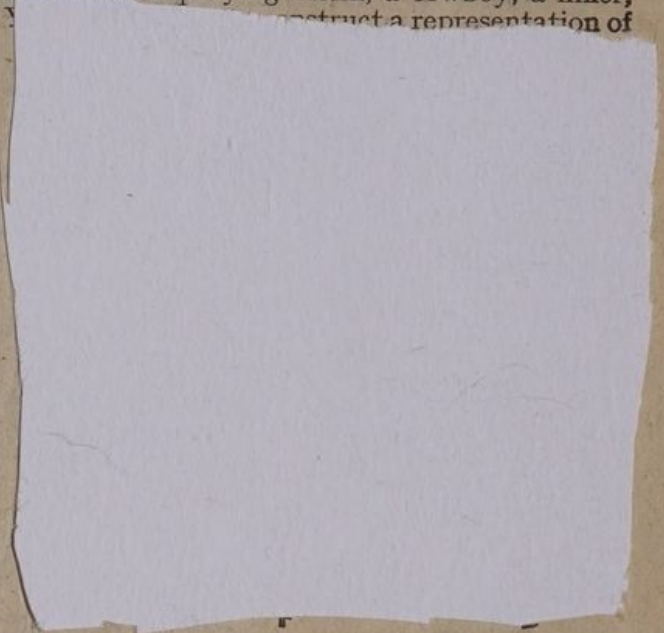
Take a square piece of stout paper, or preferably blackened cardboard. First rule the diagonal B—C. Rule the line E—F by starting half-way down the line B—D and ending at F, mid-way along the base line C—D. The line A—G strikes through the middle of line B—C and ends in the middle of line E—F. Line H—G is absolutely vertical and parallel with B—D. The line I—F is at right angles to line E—F and parallel to line A—G. Cutting carefully along these lines will give you the seven magic pieces.

Now, if you juggle with the seven pieces you will be able to convert them into two separate and equal squares.

The next game is to use these pieces in order to produce, in competition with your neighbour (who has a similar set of pieces) a larger variety of quaint

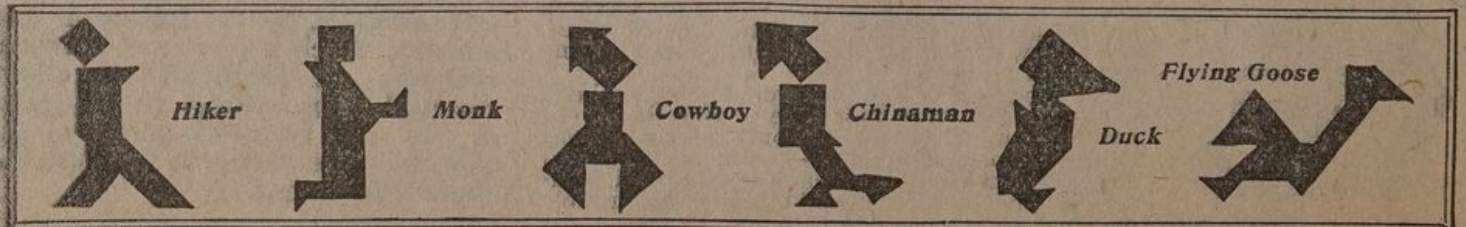
silhouette figures. Tangrams enable you to produce some really life-like pictures—many of them grotesque, others amusing. By arranging the pieces in different ways you can create quaint animals and funny human beings.

To help you in this pastime we show below a flying goose, a duck, a praying monk, a cowboy, a hiker, etc. You can construct a representation of



a rabbit, a mad hatter, a geisha, a lady tripping along, a sailing boat, not to mention cartoons of a few politicians.

By the use of several sets of Tangrams it is possible to construct quite ambitious pictures—pictures suggestive of the work of artists of the Futurist or Cubist Schools. Tangrams are highly entertaining both for children and adults.



BILE BEANS MEAN BETTER HEALTH FOR EVERYONE

Ideal For The Ailments Of Middle Life

THERE is no finer tonic laxative for women than Bile Beans; in girlhood and during the "change of life" these vegetable pills are a priceless stand-by. Bile Beans set right Nature's functions in Nature's own way.

"For over six years my health was a great worry," says Mrs. E. Southwick, of 34, Avebury Grove, Stirchley, Birmingham. "Doctors said my age was the cause, and their treatment couldn't do much. I had awful headaches, stomach pains, palpitation, and heartburn. The least exertion left me breathless. At times a terrible fading-away sensation brought me to the verge of collapse. Constipation aggravated the troubles and my nerves were affected. I took all sorts of medicines without getting any better. Then one day a friend told me that Bile Beans were just the thing for my time of life. I took them regularly and soon felt a lot better. In a gentle way Bile Beans regulated and thoroughly cleansed my system. All my old pains and miseries have vanished since I began to take Bile Beans. I feel a happier, healthier, and more active woman than I have been for years."

CONSTIPATION & PILES

"Constipation was the root of all my troubles," says Miss D. Lea, of 20, Liverpool Road, Reading. "I used to be tired and listless all day, and felt continually out-of-sorts. I had awful headaches, attacks of giddiness, and a mist before my eyes. My skin was sallow and pimply. I was also troubled with piles."

"There was a great change when I began to take Bile Beans regularly every night. They soon cleansed my system and gradually put it into good order. Soon my constipation, piles and other symptoms vanished. I feel brighter and healthier to-day than for many a year."

A SLUGGISH LIVER.

"I've been a copper plate engraver for 55 years," says Mr. G. Collens, of 92, Baxter Avenue, Southend-on-Sea. "Long hours at the bench and lack of exercise affected my liver and made my system sluggish. Stomach acidity brought on flatulence, heartburn and palpitation, which fairly took my breath away. I was bilious and constipated."

"Bile Beans proved the very thing I needed. They have removed all the old pains and symptoms. Now I sleep well, eat well, and my old liver and bowel troubles never worry me in the least; in fact, at 74, I feel years younger."



Mrs. E. SOUTHWICK.



Miss D. LEA,
and Mr. G. COLLENS.



After Operation.—Those experiencing bowel irregularity as a result of an old operation, or, as in the case of rheumatic sufferers, and those in sedentary occupations, through lack of exercise, are strongly advised to enlist the aid of a nightly dose of Bile Beans. They banish constipation in the only sure, natural way.

BILE BEANS ACT GENTLY IN NATURE'S WAY

WELL-KNOWN PEOPLE WHO RECOMMEND BILE BEANS

A Famous Authoress.—"Bile Beans are worth more than their weight in gold, and I would not be without them. They make the functions of the body work gently and regularly, and have a purifying action on the blood." Miss Beatrice Chase, the famous authoress, Venton House, Widecombe, Devon.

A Major's Testimony.—"My present good health, after hard overseas service, is due entirely to Bile Beans. I had digestive trouble, with cramp-like pains, and my liver was seriously affected. Bile Beans suit me infinitely better than anything I have ever tried."—Major H. H. Enderby, of The Elms, Mappleboro' Green, near Redditch.

An Experienced Nurse.—"I have found Bile Beans really excellent as a family medicine and for the liver, stomach, and system generally. Bile Beans never gripe or cause after-weakness, and are easy to take. I am continually recommending these splendid pills."—Nurse A. F. Chandless, 81, Westfield Road, West Ealing, Middlesex.

A Norfolk Vicar.—"Bile Beans are the most efficacious remedy I have ever taken for indigestion; in fact, they have made a new man of me. Other of my parishioners, too, have greatly benefited by the use of Bile Beans."—The Rev. D. Graham, Vicar of Great Mattishall, Norfolk.

MUSIC TEACHER'S ADVICE TO ANÆMIC GIRLS

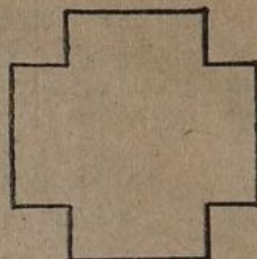


Miss IVY OFFEN, of Erith.

"I'd always been delicate from birth," says Miss Ivy Offen, music teacher, of 11, Emes Road, Erith, Kent. "I was always pale and anæmic and had constant trouble with my liver and stomach. I slept badly, was dizzy on a morning and my head felt heavy, and all day long I was tired and listless. Bad nerves made me irritable and depressed. I had alarming pains round the heart."

"I started to pick up as soon as I began to take Bile Beans. They built me up, enriched my blood, and steadied my nerves. I now sleep splendidly, have a good appetite, and can honestly say I have never felt so well and as strong as I am now."

(41) **FIVE LINES.** Can you divide this figure into four equal parts of the same shape and size, leaving, in the centre, a square where each side will be equal to the shorter side of the figure?



(42) **MONEY JUGGLING.** Place £1,000 in 10 bags so that any amount named by a friend can be removed without opening a bag.

(43) **ALPHABETICAL SUM.** What sound advice, in a key phrase, does the following sum conceal? (Substitute figures for the letters to find the correct answer.)

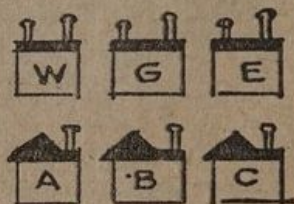
U G I) G E V P P N D O) I D T P O

(44) **LABELS ON A TRUNK.** An old lady had a travelling trunk which was covered with luggage labels bearing the names of towns which she had visited. These labels had become torn, some being damaged on the left-hand side, some on the right and some at both ends. When looked at from one to the other curiously enough they were found to read "OLD AUNT CAME BANG OVER THE HATSTAND." What places has she been to?

(45) **TREE PLANTING.** Can you plant 10 trees in five rows with 4 trees per row?

(46) **WATER, GAS & ELECTRIC LIGHT.**

Here are three houses and three factories each supplying water, gas, and electric light. Now, without any line crossing, connect water, gas, and electric light to each house.



**NO HOME CAN AFFORD TO
BE WITHOUT BILE BEANS.**

3 YEARS' STOMACH & NERVE TROUBLE ENDED BY BILE BEANS

Pains, Loss Of Weight, Headaches, Dizziness, Sickness, etc.

"MY stomach and nerve trouble began three years ago," says Mr. G. W. Evans, of 105, Ninian Park Road, Riverside, Cardiff. "For hours after I had taken food the pains were severe. Heartburn, acidity, and chronic palpitation were other symptoms which made me miserable. My stomach was terribly weakened. I had attacks of sickness, headaches, and dizziness. I seemed to be aching and ailing all over. I lost weight and was always in a state of nervous irritability.

"On three occasions I had hospital treatment, but there was no improvement worth mentioning. Glancing through my paper one day I saw Bile Beans advertised. I decided to get a box! How I wished I had tried these wonderful vegetable pills before. Bile Beans were soon making a new man of me. They acted thoroughly on my whole system, and the relief was grand.

"Bile Beans put my stomach and bowels in good order, toned up my nerves, and removed all the digestive trouble. I never have headaches, indigestion, nerve trouble, or anything of that kind now. I am thoroughly fit and well."



Mr. G. W. EVANS,

DANGER OF LIVER CHILLS



Mr. F. G. ROWLEY,

"I HAVE suffered a great deal from chills on my liver and kidneys, through perspiring at work and catching cold," says Mr. Frederick G. Rowley, wagon builder, of 82, Lillian Grove, Ebbw Vale. "I had repeated attacks of the same trouble. Apart from causing pains in the back and shoulders and down my right side, these chills seemed to throw my system right out of order. Sometimes my head ached terribly and I went quite dizzy. I was depressed and irritable. The least over-exertion set up an alarming pressure about the heart. Insomnia, too, also used to worry me a lot.

"After reading about Bile Beans I got a box. These fine pills, with their gentle, sure action on the liver and bowels, soon stopped all the old pains and symptoms from troubling me further. Since I began with Bile Beans I feel bright and active again, and can honestly say my all-round health is something for a man turned 70 to be proud of."

RHEUMATIC PAINS COMPLETELY GONE

"Some years ago I had rheumatism very badly," says Mr. Joseph Galley, of 17, Waterloo Street, Hanley. "During the cold damp spell in Spring last I had a return of the old trouble in my hips and groins. Hearing people speak well of Bile Beans, I started taking them. They soon rid me of the rheumatic pains, and also proved a fine thing for removing the headaches and ending the constipation which were also troubling me at the time."

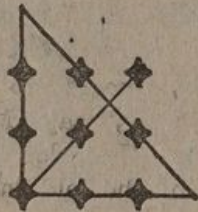
PUZZLE SOLUTIONS

- (1) A—BED.
 B—TOBACCO.
 C—ALPHABET.
 D—EYE.
 E—LOVE.
 F—Persevere, ye perfect men,
 Ever keep these precepts ten.

2)	8 Gall. ...	3 Gall. ...	5 Gall.
	8 " ...	0 " ...	0 "
	3 " ...	0 " ...	5 "
	3 " ...	3 " ...	2 "
	6 " ...	2 " ...	0 "
	1 " ...	2 " ...	5 "
	1 " ...	3 " ...	4 "
	4 " ...	0 " ...	4 "

- (3) If total is three figures, first figure is month born in—second two figures, age. If total is four figures, first two figures—month—last two, age.

(4)



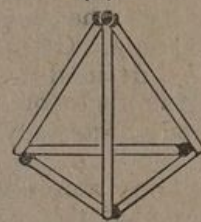
- (5) The value of the centre pearl is £3,000. The pearl at one end (from which they increased in value by £100) was £1,400. The pearl at the other end, £600.

- (6) All the world's a stage,
 And all the men and women merely players.

- (7) (A)—If the grate be empty put coal on
 If the grate be full stop putting coal on
 How can I put coal on
 If there is such a high fender.
 (B)—A little Black E in Bed with Nothing
 over him.

(8) 216035
 BUCHAN
 21754
 BURNS
 237789
 BARRIE

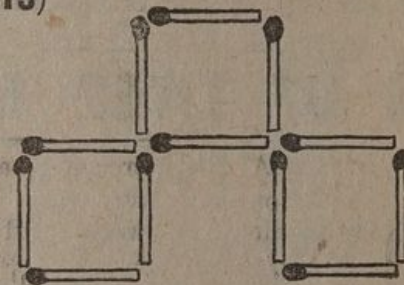
(9)



(10)



(13)



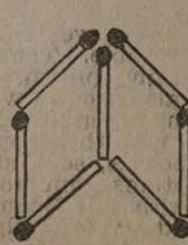
(12)

(14)

(11)



(15)



RHEUMATISM CAUSED BY BAD DIGESTION

**By Cleansing Her System Of Impurities
Bile Beans Banished All Pain**

"I FEEL that by telling how Bile Beans cured me I am doing a public service," says Mrs. C. W. Laycock, of Marley Lane, Battle, Sussex. "I suffered 3 years from indigestion. I was afraid to eat because of the severe pains that followed. Wind I couldn't get rid of. It was like a heavy weight on my stomach. Heartburn and palpitation also troubled me a lot. It made me gasp for breath and feel quite faint.

"Owing to bad digestion and impurities getting into the blood, rheumatism attacked my back and arms. I got no rest from the pains. My back seemed to be breaking. My nerves were out of order, too. Life did not seem to be worth living. Ordinary medicine would not touch my case. Then I started with Bile Beans, and after the second box I really felt I had got a new lease of life. Regular doses of these vegetable pills stopped all my digestive troubles, cleansed the system, and completely banished the rheumatism.

"It is a real pleasure to be able to sit down and enjoy a good meal now, to be free from pain, and to feel really well and active again. I still take my nightly dose of Bile Beans, for I know they can be depended upon to keep me in splendid health."



Mrs. C. W.
LAYCOCK.

A MARTYR TO 'NERVES'



A Leeds Study by 'Charles.'

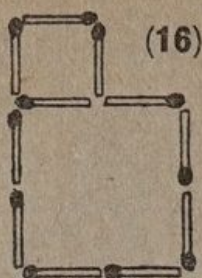
"Nerve troubles made my life almost unbearable," says Mrs. F. Norton, of 81, Walmer Road, North Kensington, London, W.10. "I suffered martyrdom from pains behind my eyes and at the back of the head, dizziness, and fainting attacks. I was too afraid to go outdoors. I lost weight and felt weak and low-spirited.

"My husband brought me home a box of Bile Beans. I started taking them the same night. Bile Beans gradually toned up my nerves in a wonderful way. The awful headaches and nerve pains have stopped since I have taken Bile Beans. I enjoy better health to-day than for five years."

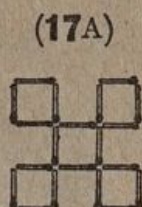
Gall-stones & Liver.—"After my operation for gall-stones, I was left in a very weak state," says Mrs. Zillah Byrne, of 62, Milton Road, Rotherham, "and with a dreadful fear that the trouble might return. By their action on the liver, Bile Beans keep the bile moving and prevent the formation of obstructions. Thanks to taking two Bile Beans every night I have recovered my health."

Splitting Headaches.—"Splitting headaches hindered me in my work for years and years," says Miss E. Rigby, of No. 1, Charles Street, Ashwood, Longton, Stoke-on-Trent. "My head felt it was opening and shutting. I used to turn suddenly dizzy. My sister told me about Bile Beans, which gently regulated my bowels, relieved the awful headaches, and built up my health."

BILE BEANS ARE SOLD EVERYWHERE



(16)



(17A)

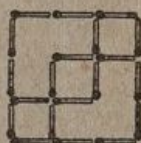


(17B)

(18) **VICTIM**

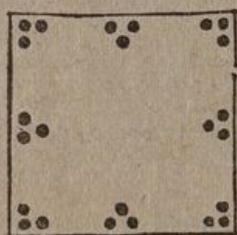
- (19) 1. Do not alter rows 1, 2 & 3. 2. Remove coins 5 & 6 in row 4. 3. Remove coins 4 & 5 in row 5. 4. Remove coins 4 & 6 in row 6.

(20)

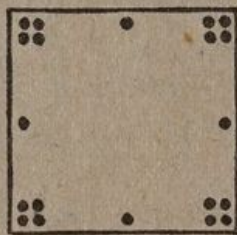


- (21) First diagram shows how servant arranged bottles when there were 24 left, and the second diagram when there were 20 left. NOTE nine bottles each side.

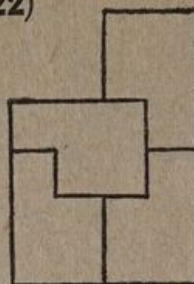
(1)



(2)



(22)

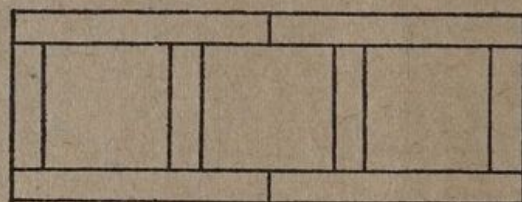


(23)



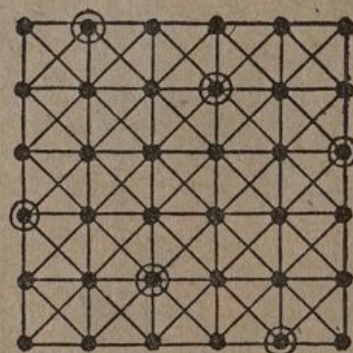
- (24) Bideford, Fleetwood, Gravesend, Stockton, Blackwater, Maryport, Dartmouth, Liverpool, Kirkwall. *Diagonally*, Blackpool.

(25)



- (26) Neighbouring farmer added his own horse to the 19, making 20. He gave the eldest 10, second 5, and the youngest 4, and took his own horse back.

(27)



The Ten Vegetable Extracts in Bile Beans Ensure their absolutely Natural and Gentle Action on the Organs as required.

"A Pine Forest In Every Home."

PEPS

BRAND

The Great Breathe-able Remedy
for COUGHS, BRONCHITIS,
SORE THROAT, 'FLU, etc.

SEALED within each silver-jacketed Peps are valuable soothing and healing fumes which are set free as a tablet dissolves on the tongue and breathed deep into bronchials and lungs, where druggy liquid cough mixtures (swallowed into the stomach) cannot possibly reach.

Like the famous healing air of the pine forests, Peps act directly on the membranes of the throat and breathing passages.

Peps are not a mere sweet or lozenge, but a genuine medicine. They stop a cough more quickly than anything else. They allay soreness and irritation, loosen phlegm, soothe the throat, and protect chest and lungs against wet, fog and cold.

Always carry a few of these handy Peps tablets and dissolve one in your mouth directly you feel any soreness in throat or bronchials. As a safeguard against colds and 'flu in trams, trains, buses and other crowded places, Peps are unequalled, being antiseptic and germicidal.

DR. GORDON STABLES, M.D., C.M., R.N., says:—

"Amongst the many praiseworthy points of Peps are their peculiar composition and their *direct* influence on the membranes of the bronchi. As the volatile fumes are breathed down the throat and lung tubes, they come into instant contact with all air-passages, allaying irritation of the lining membrane and thus relieving the cough quickly and naturally."

1/3
and
3/-
per box



(1.) Shows the direct way to lungs taken by Peps fumes. (2.) This passage is for liquid medicines into the stomach.

WHAT IS WRONG WITH YOUR STOMACH?

Gastritis.—"My health was wrecked with acute gastritis," says Mr. A. E. Pittock, 16, Duncan Road, Ramsgate. "I had terrible attacks of pain, heartburn, palpitation, and sickness. I suffered from insomnia and was fearfully depressed. I spent over a hundred pounds trying to get better. Bile Beans worked wonders. When all else failed they put my stomach and bowels right, ended the old pains and sickness, and made a new man of me."



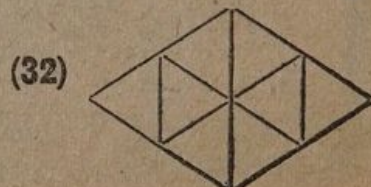
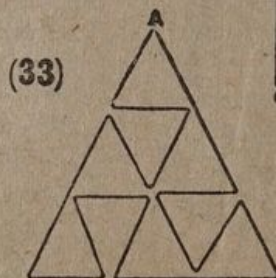
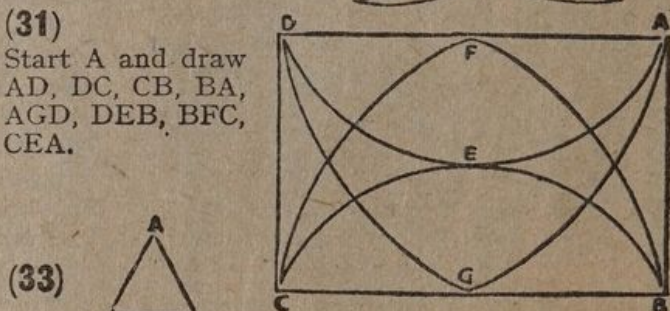
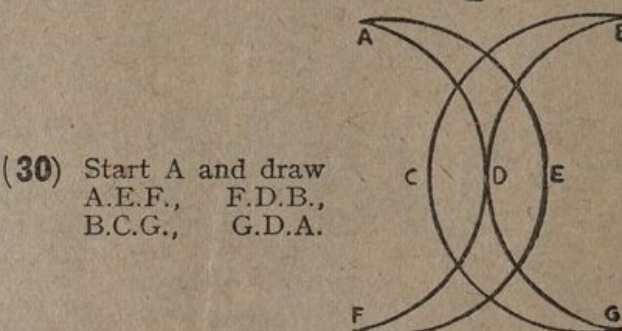
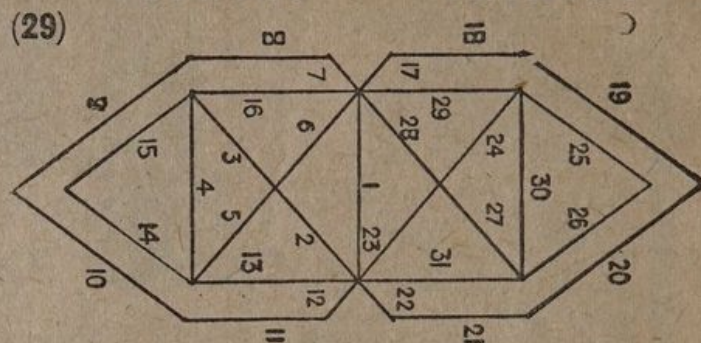
Acid Stomach.—"Excess acid caused a continual burning pain in my inside," says Mr. P. Sinclair, of 33, Burlington Road, Enfield, Middlesex. "The pains were agonizing. I was afraid to eat and was losing weight. A doctor said I ought to be X-rayed. Regular doses of Bile Beans soon ended my pains, acidity, and other gastric troubles. I can now eat in comfort. I feel twice the man I was."

Wind, Pain, Heartburn.—"For five years I had a bad stomach," says Mrs. A. C. Holmes, of "Ingleside," Halls Road, Kingswood, Bristol. "I had a terrible scalding pain, with a feeling of weight, fullness and distension; also wind, and heartburn after meals. Since taking Bile Beans regularly they have stopped all pain, soothed and strengthened my stomach and thoroughly restored my digestion."

Stomach Catarrh.—"I had stomach catarrh for years," says Mr. S. Wright, of 12, Lever Street, Manchester. "I often felt so ill that I had to take two days off nearly every week. I was never free of the dizziness, headaches and sickly feeling. I didn't get a good night's rest for months. I have taken all sorts of medicines, but it was Bile Beans alone that stopped the pains and dizziness, made me eat well, sleep well, and feel so well as I do to-day."

Dyspepsia.—"My stomach got worse and a doctor said I had dyspepsia," says Mrs. F. Smith, of 26, Barfett Street, Queen's Park, W.10. "I had pains across the chest, heartburn, a bad head, and my tongue was badly coated. These splendid Bile Beans soon made me feel much more cheerful and brighter, stopped all the digestive pains, and put my liver right, too."

- (28) T. T. T. T. H. H. H. H.
1 2 3 4 5 6 7 8 9 10
The moves are as follows:—
2 & 3 to 9 & 10 5 & 6 to 2 & 3
8 & 9 to 5 & 6 1 & 2 to 8 & 9



IN THOUSANDS OF HOMES BILE BEANS ARE THE FAMILY MEDICINE

'Wouldn't Be Without Bile Beans.'—"We wouldn't be without a box of Bile Beans in the house," says Mrs. R. Woodhouse, of 25, Corfield Street, Bethnal Green, London, E.2. "I had constipation, bilious attacks and terrible pains after eating. Bile Beans soon put my bowels and digestion in thorough working order. My husband, too, is a great believer in Bile Beans, and whenever the children are off colour half a Bile Bean at bedtime soon puts them right."

'A Blessing In The Home.'—"It's a pleasure to tell what a blessing Bile Beans have been to our home," says Mrs. J. S. Hughes, of 107, Great Brick-kiln Street, Wolverhampton. "My own trouble was sick headaches, and dizzy spells. Regular nightly doses of Bile Beans brought wonderful relief. My husband who had a weak stomach had a terrible time through pain and wind, but Bile Beans have removed all his trouble, too. My daughter, Edna, often takes Bile Beans, and they keep her in splendid health."

'Nothing But Praise For Them.'—"For years I was never free from stomach trouble," says Mr. Wm. Green, of 1, Celyn Villas, Efail Isaf, Pontypridd. "I couldn't eat without going through it afterwards with pain, wind, heartburn, palpitation and sickness. Bile Beans thoroughly toned up my stomach and digestive organs, and now the pains and wind are gone, and I never suffer after food in any way. All our family are users of Bile Beans. I believe my young daughter would go without a meal rather than miss her dose of Bile Beans. I've nothing but praise for them."

'Taken By Wife, Husband & Father.'—"I had bad headaches, dizziness, constipation and pains in the stomach; in fact, my inside seemed to be all wrong," says Mrs. F. Burt, of 101, Western Avenue, Lower Edmonton, London, N.9. "Of all medicines and preparations I took, only Bile Beans could do lasting good. My father told me what a lot of good they had done him. After taking Bile Beans the old symptoms were lessened, I now get a good night's sleep, and my old strength and bright spirits have returned. Bile Beans also cured my husband of constipation."

'They Have No Equal.'—"I was subject to biliousness," says Mrs. A. Headford, of 46, Andrew Street, Wicker, Sheffield. "I had pains in the shoulders, and always felt tired, weary, and 'headachy.' Bile Beans soon put my liver right and relieved the pains and biliousness. My husband was troubled with constipation and piles, but in Bile Beans he found a real remedy. My children, too, are all the better in health for an occasional dose of Bile Beans; in fact, they have no equal as a family medicine."



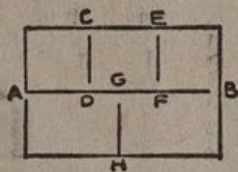
By reason of their natural soothing action, and purely vegetable composition Bile Beans have displaced crude purgative pills and medicines made up on old-fashioned lines. Bile Beans are scientifically compounded to suit modern needs. They gently coax the system to healthy regularity and are a safe and ideal medicine for regular household use.

PURELY VEGETABLE—Suit Old & Young Alike

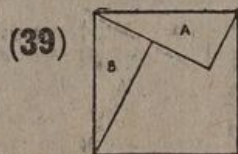
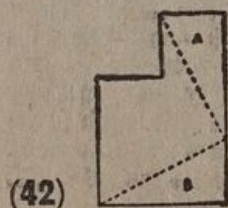
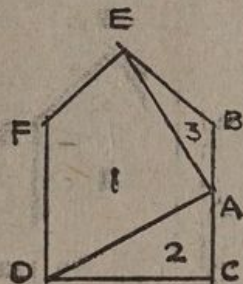
- (34) Call the missionaries M.m.m. and the three cannibals C.c.c. The capital letters denote the missionary and the cannibal who can row the boat. Then C.c. row across. C. returns. C.c. row across. C. returns. M.m. row across. M.c. return. M.C. row across. M.c. return. M.m. row across. C. returns. C.c. row across. C. returns. C.c. row across.

- (35) 160 acres. If you don't believe this, draw a plan.

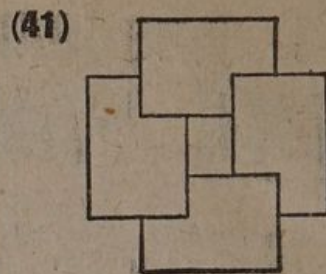
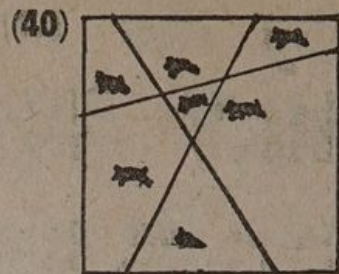
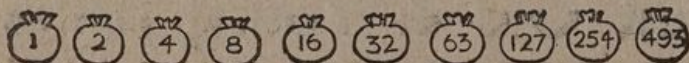
- (36) This popular puzzle has a catch in it. Fold the paper, and then push the point of your pencil down between the fold, you will then with one stroke make the two lines C.D. and E.F. in our diagram. Then start at A. and describe the line ending at B. Finally put the last line G.H. and the thing is done strictly within the conditions.



- (37) Find the point A. midway between B. & C. Then join A.D. & A.E. Cut the three pieces to make a square and then form the square.

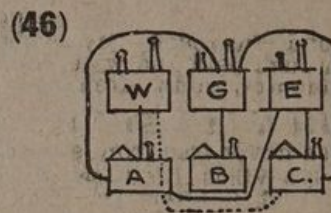
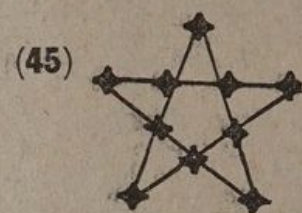


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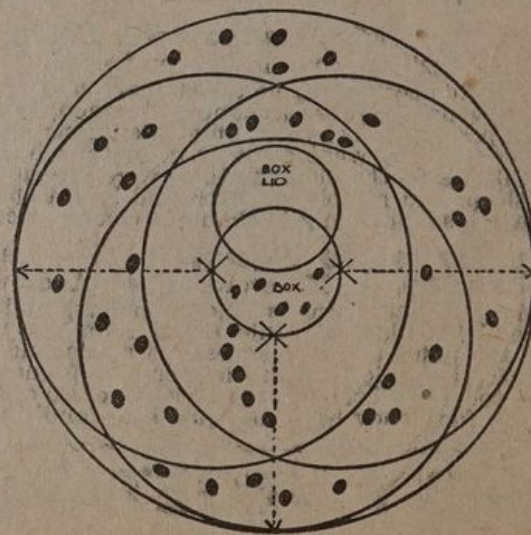


- (43) DON'T GIVE UP
1 2 3 4 5 6 7 8 9 0

- (44) Oldham, Taunton, Camelford, Bangor, Andover, Thetford, and Whatstandwell.



- (47) Centre of circles marked by X. Radius marked by arrows.



The Romantic Origin of **ZAM-BUK**

BRAND

IT is not commonly known that countries so far apart as China and Spain, Japan and England, and Tasmania and France have to be searched for the very special herbs used in the manufacture of that world-famed healing ointment, Zam-Buk.

Many of these herbs are rare and costly. They need to be gathered just at the right season when their medicinal qualities are at their very best. On this exact selection and on the manner in which the extracts are combined depend the wonderful efficacy of Zam-Buk on diseased or injured skin.

In this ideal herbal ointment are valuable antiseptics to cleanse the flesh and prevent the growth of dangerous germs, emollients to soothe the nerves and tissues, and stimulants to maintain a flow of healthy blood and carry strength to the affected spot. All these ingredients in Zam-Buk are skilfully refined and dissolved into a blend so delicate that the pores can and do absorb them. This is why Zam-Buk reaches deep-seated pain and skin disease as nothing else can.



Bringing herbs for Zam-Buk to a forest distillery.

Zam-Buk is unequalled for eczema, bad legs, ulcers, piles, chapped hands, chilblains, cold-sores, poisoned wounds, burns, scalds, cuts, bruises, pimples, rashes, ringworm, scalp troubles, insect bites, etc. Rub it in to relieve chills, cold on the chest, rheumatism, stiffness and bad feet. Every home should keep Zam-Buk in a handy place.

Prices 1/3 or 3/- per box. Of chemists and stores everywhere. Try also Zam-Buk Medicinal Soap, a valuable aid to the Zam-Buk treatment. 1/- per large tablet.

**The Wonderful Herbal Ointment
BEST FOR ALL SKIN TROUBLES.**



Obtaining special resins for Zam-Buk from forest trees.

ULCERS, BAD LEGS.—"My left leg broke out in running ulcers and sores, and from knee to foot was raw and inflamed. Zam-Buk ended the pain and swelling and quickly healed," writes Mrs. G. McAllen, 1, Brightmore Place, Sheffield.

CHILBLAINS, "CHAPS."—"My daughter suffered very severely from chapped hands. Her skin was cracked and the places bled. Zam-Buk soon removed all soreness and inflammation and made her hands beautifully smooth."—Mrs. N. Winter, Parson Drove, Wisbech, Cambs.

SKIN DISEASE.—"A terrible skin disease on my head and neck defied all treatment. Zam-Buk, however, got to the roots of the trouble and gave me a new clear skin in ten days."—Mr. E. Harvey, 24, Stanley Cres., W.11.

AGONIZING PILES.—"Zam-Buk brought immediate ease for my agonizing piles. This herbal ointment stopped the bleeding and caused the swellings to disappear completely."—Mr. J. A. Fletcher, 20, Florist St., Liverpool.

Splendid Health at 81 Through Bile Beans

"MY liver got so sluggish that it was difficult for me to walk about," says Mrs. E. Sobey, of 130, Lower Derby Road, Portsmouth. "I had awful pains in my back and right side. There seemed to be a lead weight pressing on my liver and squeezing the breath out of me. I felt dizzy and faint, and had flatulence and palpitation. I also had rheumatism in my hands and legs, and a doctor regarded my case as hopeless."

"Other medicines did not do much good, but Bile Beans were astounding. These wonderful pills restored my liver to normal, thus completely ending the liver pains and other symptoms. Bile Beans did my rheumatism good, too, by clearing the kidneys. I owe my splendid health at 81 to Bile Beans."



Mrs. E. SOBEY.

Sluggish System Caused Headaches & Insomnia

"EVERYTHING was wrong with my liver and bowels," says Mr. W. J. Hookings, of 1, Harriet Street, Cathays, Cardiff. "I had bad headaches, spasms of giddiness, and vague pains in the body. I couldn't sleep at night, and during the day I felt fit for nothing. Sallow complexion was another sign of my sluggish system."

"I hadn't been taking Bile Beans long before the old pains left me, and I began to feel brighter and more energetic. The action of Bile Beans is just right, and there is not the least suggestion of griping or discomfort. All our family take Bile Beans now."



Mr. W. J. HOOKINGS.

OUR FREE OFFER.

We have so much confidence in Bile Beans that we will send you a sample box of these famous vegetable pills, absolutely Free. Send your application to-day on a post card (1d. stamp) with your name and address, to C. E. Fulford, Ltd., Leeds, mentioning this offer in "The Bile Beans Puzzle Book." Don't miss this opportunity of STARTING YOUR CURE FREE!

We have so much confidence

EXPERT ANALYST'S REPORT ON BILE BEANS

W. LASCELLES-SCOTT, F.S.Sc. (Lond.), Consulting Analyst, certified as follows:—

"Chemical and microscopical analysis and other tests prove to me that Bile Beans contain neither mercury in any form, nor other drastic purgative, but are of purely vegetable composition devoid of those irritant and lowering properties which make ordinary cathartics so unsuitable."

"The distinct and slightly cumulative laxative action of Bile Beans appears to be rather skilfully controlled by certain extracts possessing very valuable tonic and cholagogue qualities which render this medicament peculiarly effective in all ailments traceable to liver affections."

"Bile Beans thus act directly upon the liver and lymphatic system, while, as a mild emmenagogue, they are well adapted to feminine requirements."

W. Lascelles-Scott

Late Lecturer to the London Conservatoire and Consulting Analyst to the Royal Commissions for Victoria, Fiji, and the Mauritius.

**MAKE SURE
OF YOUR
FREE
SAMPLE?**

The Great Family Medicine

BILE BEANS

*Purely
Vegetable*

*Regd. Trade Mark
No. 484261*

Are Absolutely Unequalled for

Liver Trouble, Indigestion, Headache, Constipation, Biliousness, Piles, Acidity, Sour Stomach, Liver Chill, Anæmia, Dizziness, Sleeplessness, Flatulence, Fullness after Meals, Heartburn, Loss of Appetite, Bad Breath, Sallow Skin, Dyspepsia, Palpitation, Nausea, Female Ailments, Faintness, Nervous Debility, Depression, Irregularity of the Bowels, Pimples, Impure Blood, Rheumatism, Backache, Kidney Trouble, etc.

BILE BEANS ARE SOLD EVERYWHERE.

Prices to Suit Every Purse, 1/3 per box, & 3/- family size.

Also in Penny Twists and Sixpenny Packs.

Sole Proprietors : C. E. FULFORD, Ltd., LEEDS. ASK FOR "BILE BEANS."

The Registered Trade Mark, No. 484261, is on every pack.

The **SPILT BILE BEANS PUZZLE**

Suppose you had spilt your Bile Beans so that 5 only are left in the box and 40 are scattered over the table (represented by the white disc opposite).

How can you divide the scattered Bile Beans, as they lie, into eight groups of 5 each? It must be done by drawing with a pair of compasses three intersecting circles making 10 sections in all. Eight of these sections contain 5 Bile Beans each, whilst two smaller sections are left empty.

See Solution No. 47
inside this book.



BILE BEANS

Solve The Problem of Keeping You Fit & Well