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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
https://wellcomecollection.org

ἄραδον ἔχειν. ἔτι γὰρ καὶ ἄλλα πολλὰ θερμαίνει· καὶ ἄλλα πο-
λλὰς ὀδύνας ἀμείβουσιν αὐτοῖς ὑπεναντίας· οἷον δὴ [illegible]
τι αὐτῶν προσεμφαίνειν τὸ θερμὸν καὶ τὸ παράδοξον, ἅ-
μα τὸ ψυχρὸν καὶ τὸ τερπνόν. ἔτι γὰρ καὶ τοιοῦτον τὸ ψυχρόν
τε καὶ παράδοξον. ὥσπερ γὰρ ζῷα οἶδας πάντων μαντικώτατα
φησι καὶ περὶ ὧν αὐτὰ ἀπομαίνει· οὐ μόνον ἐν ἀνθρώποις ἀλλὰ
καὶ ἐν σκύταις καὶ ἐν ζῴοις καὶ ἐν ἄλλοις πολλοῖς, αὐτίκα ἀνθρώπου [illegible]
πέρας· οὐ γὰρ τὸ θερμόν ἐστι τὸ τὴν μεγάλην δύναμιν ἔχον· ἀλ-
λὰ τὸ περιφανὲς καὶ τὸ παράδοξον καὶ τἆλλα ὅσα μοι εἴρηται καὶ ἐν τῷ
ἀνέμῳ καὶ ζῶντος ἀνέμου· καὶ ἐσθιόμενα καὶ πινόμενα καὶ ζωοθε-
τούμενα ἀπὸ καὶ περὶ πάσας τὸ ἐξ ψυχρότητος δ' ἔτι γε καὶ
θερμότητος πάσας ὧν ἥκιστα στῶν δυνάμεων μειζόνως δύναι-
το ἂν ἐν τῷ σώματι διὰ τὰς δὲ τὰς αἰτίας· οὐ μὲν ἀν-
δὴ που χρόνον μὲν μεμιγμένα τὰ ἐν ἑαυτοῖς ἅμα τὸ θερμό-
τητι καὶ ψυχρὸν ἐμμένουσιν [illegible]· κρᾶσις γὰρ καὶ μετριότης
τὸ μὲν θερμὸν μεῖζον ἀπὸ τοῦ ψυχροῦ· τὸ δὲ ψυχρὸν
5 ἀπὸ τοῦ θερμοῦ καὶ τἆλλα κατὰ λόγον· ὅταν δ' ἀποκριθῇ
χωρὶς ἑκάτερον τὸ πλεῖστον· ἐν δὲ δὴ τούτῳ τῷ καιρῷ ὅ-
ταν τὸ ψυχρὸν ἐπικρατήσῃ καὶ [illegible] τὸν ἄλλον
διὰ τέλεος, πρῶτον διὰ αὐτὸ τοῦτο πάρεστιν τὸ θερμὸν
αὐτὸ θερμαίνεσθαι τοῦ ἀνθρώπου οἱ δὲ [illegible] θέας οἱ δὲ παρασκευ-
ῆς δεόμενον καὶ ταῦτα ἐστὶν [illegible] τοῖς ἄλλοις καὶ ἀπεργά-
ζεσθαι καὶ ἁρμόζουσι τοῦτο μὲν ὅτι θερμαίνεσθαι χειμῶνος
διαψύξαι τὸ σῶμα [illegible] ψυχρὸν ἄλλα τῷ τρόπῳ
ὅσα μὲν πλέον αὐτὸ ποιεῖ καὶ μὴ [illegible] πάντα ἅπασιν πα-
[illegible]· ὅταν δ' [illegible] ἔλθῃ [illegible] μᾶλλον
[illegible] πλέον θερμαίνειν [illegible] τοῦτο δὲ [illegible] θερμαίνει θερ-

ἐάδι οἷον