

**M0002400: Letter from Florence Nightingale to the Probationer Nurses at St. Thomas' Hospital, 1883**

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foundation for the epithets,  
'conceited Nightingales',  
de de de?

2. What is training? We  
can't put into you what is  
not there. We want to  
bring out what is there.  
Training is enabling you to  
use the means you have in  
yourself. Training is  
drawing out what you know  
yourself. Learn your work  
thoroughly in your year of  
training. Store it up, &  
practise it in your brain,  
eyes & hands, so that you may  
always know where to find  
it, - & there - brain, eyes &  
hands - may always be your  
ready servants.