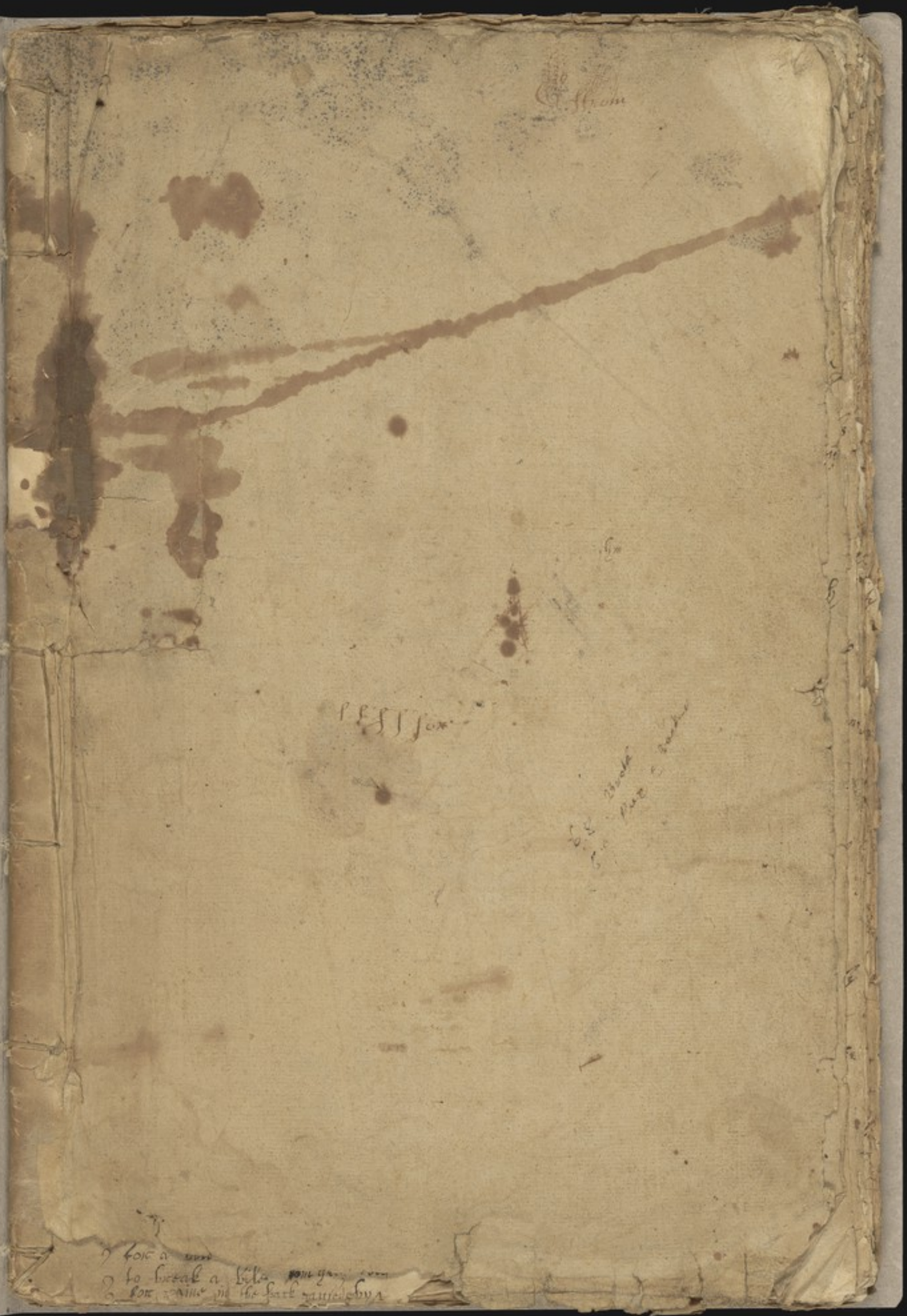

pag 1 kerrit of cortex Clemens water
1 a salue for any sore
1 fore a felon
1 to make a drawing salue
1 to recouer breath in a consumpc
1 for the biting of a mad dog
1 to stay the mordinat courses of women
1 for childrens nauels that stand out ouer mutch
1 to fort on to make water
pag 2 another for the pine
2 to make oyle of roses the best way
2 to make the oyle of charity
2 for wind in the sid arising from or of the spleen
2 to stay the reume when it falls from the head to the throat
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5 for a great rough or cold in children
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pag 7 a searcloth to take away paine
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10 for a consumption or extreame cold or rough
pag 11 for the sciatica
11 a soueraine searcloth
11 for dropsy in children
11 another for the pain
11 a salue for any open wound or old sore
11 for the rough of the lungs or great cold
pag 12 an [illegible] plaister for the [illegible] gout
12 or any other paine or ache
12 for an ague
12 for a great cold or for shortnes of breath
12 for sinews shrunke
pag 13 for the stone
13 to make sieuse of flowers
13 an easy way to make sieuse of gilliflowers
13 to make sieuse
pag 14 to make sieuse of foxfoot
14 for the ague in a child apeared
14 a cooling bath for on in a burning feuer
14 for a canker in the mouth or fore a sore mouth
14 in young or old
pag 15 for the stone
15 to make ielly of harts horn
15 for the Sciatica
15 for a bruse
15 for a swelling

amor

One ounce containeth 8 drams; one dram 3 scruples; one scruple 20 graines of Barley: a graine is ye least of all weights.

A handfull is as much as you can take up wth all your fingers & thumbe & not in ye midest of all your hand.

A pugill is as much as you can take up wth your thumb & two fingers.

Parkinsons Herball.

The secrett of Doctor Stevens his Water

Take a gallon of good gascoine wine, ginger, gallingall, zedoarie, nutmeg, cloves, anyseeds, fennelseeds and coriander seeds of each a dram, then take sage, mint, red roses, time, pellitory, rosmary, wild marjoram, organy, penyroyall, yellow mullane, hyssop, fine ramell, lauender and annis of every of them a handfull, then beat the spices small and chop the herbs and put all into the wine and let it stand full 12 howres stirring it diverse times then still it in a limbeck, keep the first by itself; there will rise another but that is not so good

This water doth comfort the spirits, vplifft and preserveth the youth, one man [illegible] it helpeth [illegible] inward disease, they say of cold it is good against shaking of palsey, it cureth the consumption of sinews and helpeth the retention of women, it killeth worms in the body, it helpeth round gouts, stinking breath, the toothach, it comforteth the stomacke, it cureth a cold liver, it helpeth the stone, it cureth sanders and whoever vseth this water and not too of it preserveth him in good liking and maketh him seem young very long: probatum

A salve for any sore

Take the white vinegar, [illegible] wax and melt it in a pan then put in a quantity of butter and honey and seeth them together then strain it into a dish of fair water then worke it with your hands and make it in round balls and so keep it for your vse: when you vse it you [illegible] warme and chafe it well with your hands and spread it thin on a cloth: it will heal deadly wounds

for a felon

Take new blacke sope, verdy greese and the yolke of a new layd egg and stamp it all together and lay it to the sore

To make a drawing salve.

Take a good peice of pozen, & break it small & a little wax, & a good quantity of green box, & mince it very small & a little hony & put them all together in a pott, & let them seeth together till they be melted.

to recover breath in a consumption

Ten or 20 grains of saffron at the meat bemes eaten with new milk or sweet wine is a speciall remedy for those that having the consumption of the longes are almost past breathing

for the biting of a mad dog

Onions stamped with salt rue and honey and applyed to the sore is good against the biting of a mad dog

To stay ye mordinate course of women

Plantin seaves stamped & made into a lerry with ye yolkes of eggs hath been proved excellent for ye infirmity

for childrens navells yt stand out overmuch.

The say or ye juice of horseradge, or sulphurwort mixed with ye oyle of roses & vinegar is good against swellings or burstings in young children & is very good to be applyed to ye navells of children yt stand out overmuch.

To poche an egg to make water.

Take ye shells of 6 newlayd eggs & lay them upon a sieve barth yt is hott & made clean, then dry them, & keep beate them to fine powder & drinke them with white wine, & stirre or wire presently after

Another for ye like.

Take a quantity of fine powder of English safron, & pure black sope mingle them together, then spread them upon ye fleshy side of ollome leather & lay it upon ye navell, ye plaister is to be but a little more then ye breadth of ye navell, & it will raise you to make water wth in an hower.

To make oyle of roses after ye best manner.

Take red rose budds (ye which ends rutt of) put them into a good bigg double glasse, putt therunto for much oyle olive as will wett them, then stopp ye glasse close, set them for in ye sunne, then lett them stand a month yet for as noe waine come to it, afterward wrap ye glasse wth hay, & then sett it in a pott of cold water laying some hay at ye pott bottome for ye glasse to stand on, then set it on an easy fire to boyle, about 3 quarters of an hower, then take ye pott from ye fire & lett ye glasse stand in it till ye water bee colled, you may either straine ye roses out of ye oyle or let ye roses remaine in ye glasse at your pleasure

To make ye oyle of Charity.

Take about ye 10th of may, wormwood, red sage, Rosemary, Camomile Lauander wth ye great leafe of sack a like quantity, for want of ye Lauander take other, Chop them very smalle then infuse them in as much oyle olive as will wet them all, & lett them stand a month in ye sunne, stirring them once in 2 dayes, (noe wayne must come to them) then straine out ye hearbe, & put new hearbe into ye oyle after you have chopped them as before, & then add to them ye like quantity of Valerian (or Charity) & boyle them on an easy fire till ye strength of ye hearbe be in ye ~~fire~~ oyle; then strayne it againe, & lett ye oyle settle 2 or 3 dayes, then boyle it againe & it will take ye mother out of ye oyle, then you shall see it very cleare & of a perfect green colour. the use is, drinke 3 or 4 drops of it in posset ale if one have gott any great bruise inwardly; & anoynt ye bruised place therwith; if it be a wound dresse it wth lint; it is very good for sore breasts.

For wind in ye side & rising from or of ye spleene.

Take a peice of a rose rake, as broad as ye greived place, boyle it in a dish, upon a Chafingdish of coales, wth a little malmsey & for want therof wth a little vinegar, then strew some of the powder of Cumin seed on ye side of ye peice of ye rose rake ye shall lie to ye side, & lay it to ye greived place as hott as the patient can suffer it.

To stay ye rume when it falls from ye head to ye throate.

Take a newlayed egg, & lay it in embers till it be some hard, stampe some of ye hearbe called Longwort, & when you are going to bedd rutt ye egg in two, longwaies shell & all, take out ye yolke, & putt for much of ye stamped longwort as will fill up ye place of the yolke, & lay one pt to ye forehead & another pt to ye nape of ye neke with ye shells on, as hott as it may be suffered for 3 or 4 nights, bind it hard

For falling of ye vvula.

Take some white salt & burne it, & take ye like quantity of pepper, & beate it very small, & then mixe them very well together, then lay some of it upon ye back part of a wooden spoone, & therwith put up your vvula if it be fallen, for dresse it 4 or 3 times a day, & afterwards gargarise wth warme milke wherin woodbine & cinquefoyle hath been sodden.

For a kupture.

Take 3 rumfrey leaves wash them cleane, wring them in some cloath to gett out ye water, then lapp them up in white paper, & lay them in wood embers as you would rost a warden, for rost them and afterwards ye patient is to eat them wth sweet butter, ye next morneing & fast 2 howers after this doe for 3 morneings together, ye party is this while to use no exercise & to lye on his back as much as he can, ye best time is in ye spring for this cure.

For ye vvild palsy.

Take a great basket full of sage, & fill it on ye fire in a great pan then take a gallon of white wine, & sprinkel it on ye sage as it dryeth, till all ye wine be spent, then lay ye patient, in a cleane dry sheet in a bed, & lay ye sage underneath & about him as hot as he can suffer it, this doe 2 or 3 times

For the Bollike

Take a handfull of ye toppes & flowers of ramomile, & seeth it in a pint of white wine or sack a pretty while till it be better, then strayne it & drinke of this fasting & at night & it will cure you.

For ye swelling in ye face or eyes & for heate.

Take ye oyle of creame ye iuice of Wlarten, of each near a like quantity, mix them together & dip a fine cloath therin, & lay it to ye place greived.

For ye shingles.

Take of doves dung ye is moist & of Barley meale, of each alike stampe them well together, then put thereonto for much good wine vinegar as wth stirring will make it a body, ye is thicke to spread as a plaster, lay it round to ye sore & roote leaves upon it, & bind all about him wth a cloath to keepe it on, & in 3 times dressing you shall find good effects.

For ye Cramp.

Take of ye oyle of spirit, & of ye oyle of vite of each one ounce of ye oyle of Mastick 2 oz: of ye oyle of Curibinthie 1 oz & of malmsey 4 spoonfulls, & of good aqua vitae 3 spoonfulls, mix them all well together, till they be well incorporated, then anoynt ye greived place very well before a good fire, & lay warme cloaths thereto, fast meate as very ill yportially at supper.

If he be of strong constitution, ye swelling will appeare most comonly wthout any great occasion, either behind ye eare, or under ye armholes, or in ye flanke, but if he be of weake constitution, & full of humours, ye swelling will appeare in noe place wch is dangerous, ye patient shall feele much pricking in his body, his head will be very heavy, could wthout & hot wthin, troubled wth drought in his mouth, much disposed to sleep, sometimes he awakes as he were distracted, he bloweth short, vomiteth often, his waker will stinke his eyes will sare, & many such like signes will appeare therefore when most of them doe concurre; then out of hand unlesse ye party be very ould or very young or be a woman wth child, or some iust cause doe lett ye party must be lett ~~bled~~ blood, as ye swelling or paine is, if it be under ye eare or any part of ye face head neck or shoulder, you must then take ye hea: veine, called ye Cephalica veine if it be under ye armehole take ye liver veine called Basilica, & if it bee in ye flanke, take ye veine, take ye veine in ye foot called Saphena if ye case stand soe yt you may not lett blood for ye forsd causes, then you must lett ruping glasses or such like to ye shoulder back or legg as ye cause shall require ye body thus prepared, you must take something inwardly to resist ye poyson, (if it) take treacle 2 oz: mithridate 1 oz: bolarmitake prepared one drame & a halfe wth ye waters of sorell, scabice, & endive of each an ounce mixe them together, & drinke warme or else take, syrupus arcosus simplex 2 ounce, ye water of dragons, & sorrell of each 1 oz: Cephydes Galeno 2 drams mixe them to drinke warme, & when ye patient hath received any of these or such like he is to goe to bed, & rower himselfe well & soe to sweate 4 or 5 howers or longer according to ye strength of his body, if he can not easily sweate, then warme his stones or ye like & apply them to ye soles of his feete as warme as he can suffer them, & beware in all ye time of his sweating he neither sleep drinke nor eate: when he hath sweat his time, then wipe all his body wth fine & sweet linnen, & soe stay awhile, then may he arise & walke in his chamber, & take noe other aire, his chamber must be perfumed & made sweet 4 times a day at ye least, wth some sweet perfume; some 2 or 3 howers after he hath sweat he may eate somewhat to ye strength of his body & you must nourish & refresh him wth some broath or pottage made wth weake mutton chickens or ye like ye patient must eate often, & a little at once, because meate often eaten doth by little & little restore & increase ye spirits & powers of ye body wth ye poyson of ye plague doth by little & little destroy & decay, you must alsoe keepe him from sleepe in any wise ye first day he falleth sick, & if his strength or his body decay, or his heart faint, then you must give him some comfortable Electuary thus. Take of conserve of roses & of violets of each halfe an ounce, conserve of Quinces 1 oz: treacle 3 drams of elect. bolarmoniake prepared one drame & a halfe, of red corrall & of ye water of Eliramparne of each one scrupple with ye syrupe of

Quinsey as much as shall suffice to make an alchemy rate of thi
at all times, & because, ye mouring & working of nature in ye plagues
is chiefly to ye outward parts, let your labour be to draw ye poy
son, & plaguish humors outwardly to ye skin, it may be done in his
manner, take a great onyon make it hollow & fill it full of Tra
rle, & ye iuce of rue or sage, then stop it up either with clay or past
then lay it in ye embers as you would roast a warden till it bee
well roasted, then take it out, & pill of ye outward rind or barke
then stampe it in a mortar till it be a plaster, & lay it to ye swelling
as hot as he may suffer it, & if ye swelling be long ere it doe
breake, than you must lay to it ~~after~~ gastadons oftentimes resolues
in ye oyle of Camomile, & hee wae ye directions of Dr Yalwrit.

For chilblained and sore the youte

Take the fryg of frogges in March put them into a pice or the like & when the water is come
thence put the fry into an earthen pot then stop or couere it very close with parchment or the like
then set it in a hole in the ground and couer it with earth, let it stand there a month then take it
thence and strayne out the water which you must keep for your vse in pots or glasses close stopt
And when you haue vse for it warme the greened place against a fire and chafe and rube & some of
the water upon the sayd place so long as it will drink any up when you are going to bedd and
keep warme

For a wen upon the eye lid or
some other such place

Take a peece of thine lead somewhat bigger then the wen steep it all day in some good wine vin
egar and so bedwaxed (having made 2 litle holes at the edge of the lead put some litle ribon to it
and therewith bind it on all night: the vinegar will some consume the lead therefore it is ne
cessary you haue 2 or 3 peeces in readynes that when on is done you may vse another peece

For hoynes of breme

Take Cytrony endiue violet leaues strawberry leaues fiue leaude grass of earthe a handfull
boyle these in a gallon of water neere a quarter of an hower then take it from the fire and
put it into a cylinder that the water may bee clarificd from the herbes, then put the water
into a earthen vessell put thereto an ounce of Tonna and couere it close: & take of this
drinke every morning fasting about a ~~half~~ pint and fast 2 howers after

For a great rough or rod in Children.

Take a pinnyworth of Marsh Mallows roots y^t are dry, scrape them
cleane, & then slice them, & then boyle them in a pint & a halfe of
spring water, till it come to a pint & streyne out ye water, & sweete
it with browne sugar candie: for kinde it for your vse. Giue them
6 spoonfulls fasting bloodwarm, & ye like at night.

For ye rickets approued.

Take currants & raysons of ye sunne stoned of each one handfull of
Dragons leaues halfe a handfull, of liuerwort a good handfull, of
hartstrong 9 leaues, of aniseeds a spoonfull, of liquorish halfe a handfull
boyle all these in a pottle of ale to a quart then straym ye fine
away ye stuffe & put ye liquor into a pott, keep it close stopt

after it be rould, & drink thereof a draught every morning fasting & about 2 howers before supper & stirr after it. you are alsoe to put into it a handfull of speedwell.

Another tried good one for ye same.

Take of ~~or~~ longwort of of liverwort of mugwort, of motherwort of each a handful, stampe these & then putt them into a bagg, & hang them in a little vessell of about 3 or 4 Gallons, & fill it wth new ale, & drink thereof at dinner & supp.

To make syruups.

Beat 2 whites of eggs wth a little rod till it come to a flight froth, then put them into your decoction, & stir it well wth your rod, after your sugar be ~~d~~ putt in & dissolved, & soe let them boyle a whalme or 2, then streyne them through a fine flannell streyner or a rotten & after ye^t boyle it up to a syruupe.

To make syruupe of folefoot. Mr Bennington

Take folefoot & dresse it cleane, & pick it & wash it, & then lett it drine through a sive until it be dry, then shrop & stampe it, & streyne it through a streyner, ye^n set ye^m ouer to settle all night, afterwards take ye^ clearest of & put to it soe much clarified hony or sugar as you haue iuicy of folefoot & boyle it to ye^ consumption of halfe.

For ~~[illegible]~~ lice in Children heads

Take rotulus India & beate it to dust & strew it in their heads.

For a great cold or cough in a man
A tried good one.

Take about 4. 5 or 6 turnips made very cleane w^thout washing either wth straping paring or ye^ like, slice them thin, then put them into an earthen pott, w^thout any thing, then past ye^ pott close at ye^ topp ye^t noe ayre come forth, then set it in an ouen wth wheaten bread, & when you draw your bread take it alsoe forth & let it stand unopened till it be rould, then wth a wooden slice passe them well together & streyne them through a cloath into a possett or pan & to a pint of liquor put a pound of sugar by little & little, if you putt all together at once it will candie & soe boyle it to a syruupe.
Before ye^ turnips be straymed put to them ½ li of aniseede beaten small, & ye^ like of liquorish beaten alsoe & lett them boyle gently a quarter of an hower.

For deafenesse proceeding from cold taken.

Take ye^ toppes of rosemary of sweet marjoorome of each a pugill boyle these a while in good sack upon a gentle fire in an earthen pipkin, then take a spunge ye^ will fill ye^ mouth of ye^ pipkin soe ye^ noe fume come thence, but only at ye^ lesser hole of ye^ spunge ~~ye^ will fill ye^ mouth of ye^ pipkin~~ then touch ye^ lesser hole to ye^ deafe eare soe ye^t ye^ most of ye^ fume may thither ascend, & after you haue held it soe a good while to your eare, then take a little muet upon ye^ point of a bodkin & a little oyle of sweet almonds added therunto, & layd upon a little clout roll put it into your eare about bed time

A scarrloth to take away paine.

Take of red leade 1 lb of white Lead 4 oz: of way 2 ounce of sallet oyle a pint stirr ye way small & beate ye lead into fine powder then boyle all together till they be black (continually stirring them) then dip your cloathes in it one after one, & some put them into some tole powder, after ye put them & smoth them & keep them for your use.

For ye emrods

Take of album grecum ¼ oz. & of unguentum album ½ oz: mix these well together then take about a quantity of a nutt thereof & at your going to bed, putt it upon some cotton wall, then put ye emrod up wth your finger as far as you can, & apply ye oyntment upon ye cotton to ye emrod & upon it lay a warme cloth, & keepe warme, this rightly applied will cure in 3 or 4 times dressing.

To cure an ague tertian or quartan.

Take a spoonfull of black sope, for want thereof other sope, ye like quantity of wheat flower, & of grose pepper, ye like being beaten mix these well together spread them upon some allome leather, & lay it about 4 inches long upon both ye wrists, and something narrow at both ends, bind it on wth a cloath an hower before ye fit come, for let it lye on nine dayes. Drink sage possetdrink very warme in your cold fit.

Another for ye same.

Take 2 penniworth of Camphir & hang about your neck, in a little sarsnet over against ye pitt of ye stomacke, & spread some Venice turpentine upon some shugar leather, & apply it longways on both ye wrists, an hower before ye fit come, if it helpe you not at ye first time renue it again & it will not fayle

Another.

Take of saffron 2 penniworth, of mastick ~~2p~~ one penniworth & of olibanu being beaten to fine powder, for much as wth a spoonfull of Venice turpentine will thicken it & spread it on some allome leather, & apply it longways about ye breadth of 2 fingers from ye lapp upward about 4 inches long of both ye wrists on ye inside of ye arme, let it lye there for long as it will cleave, ye patient is to drink, Cardus posset drink every night to bedward warme, a good draught for long as ye fit lasteth & 10 dayes after & to keep ye wrists warme when ye plaister comes off.

Another.

Take olibanum bolearmoniak, of each an equall quantity bruise them & beat them together into fine powder, for small as may be then take for much Venice turpentine as will only make it playable to spread & not more, then spread it on some allome leather about 4 inches in lenght and ye breadth of ye arme

on y^e in fire from ye hand opwards, then then apply it on both, & bind it on about 6 howers before ye fitt come, if this have not ye desired effect ye first week renewe it ye 2d.

Another

Take salendine, featherfew & bay salt, of each a handfull beat them all well together then take of black sope ye quantity of an egg, mix it with ye rest, then spread them on allome leather & apply it to ye soules of ye feet for let it be for eight or 10 dayes, he may stir up & downe wth out paine.

For paine in a joynt upon cold.

Take of Burgundy pitch 1^lb of red deare suet a 3^d part for want thereof ye suet of Cumm climmy, ¼^lb a little saffron boyle these together till ye bee well incorporated, spread some part of it on some allome leather, & apply it warme to the greived place, bind it on & then let it lye, for long as it will cleave, & it will give ease.

Another for paine in ye joynt

Take a pint of ye best sack, & an ounce of harts horne finely powdered boyle them on a gentle fire to a gellye then anoyn ye greived place hot against ye fire wth part of it & spread some of it on sheeps leather, & apply it warme.

For ye Gout a tried good one

Take of Smallage, rue, celendine, & featherfew, of each an handfull, pick them, & stamp them well in a stone morter, strayne them, then take ye yolke of an egg & for much hony as ye quantity of ye yolke, & after ye you have mingled them well wth ye strayned liquor then stirr them all well together, then thicken it wth some wheaten flower & as you put in ye flower stirr it well for put in & stirr it till it be thick enough to spread then spread it on some brown paper, & apply it warm to ye greived place then let it lye till it come of it selfe

For ye Gout another tried one. good.

Take 2 pottles of powdered beefe broth, 3 good handfulls of bay salt as much allome as an egge, boyle these to a pottle then bath ye greived place wth a red cloath dipped in ye sayd broath evening & morning as hott as may be endured, & at last bind ye sayd cloath to ye greived place till you dresse it again.

For ye falling sickness.

Still some of ye leaves & flowers of nightshade, & give halfe a spoonefull of water to ye patient & (sayth my author) it is a present remedy, but beware of ye berries & leaves raw, for some kinds of them bearing yellow berries are deadly.

For paine in ye Back.

Take of Burgundy pitch 1 li of English hony ½ li & of mutton suit of ye Kidnies ¼ li after you have sliced ye suit small & made ye pitch into powder set them in pot or pan upon a gentle fire, & stirr them till they be well incorporated, spread some of it upon Allome leather & apply it warme.

For a bile.

Take ye yolke of an egge new layde some fine flower & some english hony mix these well togather & apply it to ye bile

To breake a bile

Take nightshade & fenomeloes, & mutton suit sweet boyle them all togather & make a pultis thereof, & lay it to ye sore so hot as may be indured & it will breake it

For paine in ye reines of ye back
raised by some great vault.

Take a peice of bryany root, rutt of all ye hairs scrape it, pick out all ye blacke in it, stampe it, in a dish, wth a wooden pestle then spread some of it upon a peice of Allome leather, then warme it against ye fire, & apply it to ye grieved place & bind it wth a towell or ye like, when ye patient is in bed apply a warme cloath to his backe & lay some stone of cloathes on him to raise sweate, it will nettle much, but ye patient must indure it will certainely effect ye cure.

An excellent Balsome called
Lucatellus Balsome.

Take of Venice turpentine 1 li of oyle olive ⅓ li, of yellow wax ½ li naturall Balsome 1 oz: oyle of St Johns wort 1 oz red Sanders powdered ½ oz & of sack 6 spoonfulls: rutt ye wax into thinn little peeces & melt it on ye fire then put ye turpentine to it after ye you have washed it wth Damaske rosewater, & having mingled your sack wth ye oyle, put also ye oyle to them, & put ye all on ye fire & stirr them untill ye begin to boyle, then suffer it to vole for a night or more untill ye water or wine or sunck to ye bottome, then make some holes in ye stuffe, yt ye water & wine may runne out of it, then put it over ye fire again, & add to it ye oyle of St Johnswort & ye balsome stirr it untill it be melted, then take it from ye fire & stirr it till it be almost cold, & then put in ye red Sanders & stirr it well yt it may incorporate, then keep it for your use.

The vertues.

1 It is very good, to heale any wound inward or outward being squirted warme ye inward wound ~~or outward~~ & being applied to ye outward wth fine lint or linnen, & anoynting ye parts thereabouts

2 It helpeth burnings & scaldings, & also any bruise or rutt

being first anoynted wth ye sayd oyle, & a peice of linnen cloath or lint being dipped in ye same, & being warmed & applied to it it will heale it wthout a scarre.

3 It helpeth ye headach by anoynting ye temples & nostrils therwith

4 It is good against ye wind colick & stitch in ye side applied therto warme wth ye hot cloaths $\frac{1}{4}$ of an howre fower mornings together

5. It is good against poyson, & helpeth a surfeit taking an ounce thereof in a little sack warme

6. It helpeth ye biting of a mad dogg or any other beast

7 It is good against ye plague anoynting ye nostrils & lippes therwith in ye morning before ye party goes abroad.

8 It also helpeth Ulcers & fistulaes be they never so deepe in any part of ye body being applied (as aforesayd) to a rutt.

9. It is good against worms or canker being used as to a rutt, but it will aske longer time.

10 It is good for one infected wth ye plague or measelles or ye like being presently taken in warme broath ye quantity of $\frac{1}{4}$ of an ounce 4 mornings together & sweating upon it. It also keepeth one from vomit

11. It also helpeth digestion anoynting ye navell & stomach therwith when the party goes to bedd

12. It will stanch any bloud of a green wound putting a plaister of lint upon it, & cause it to lye very hard

For ye paine in ye back

Incorporate some muskadell wth some marrow of an oxes bone in a pewter dish upon some embers, & chafe ye greived place therwith wth a hot hand as hot against ye fire at bed time as ye patient can indure it & so againe in ye morning an howre & a halfe or 2 howres before he rise, ye same linnen must be kept to ye back ye is first applied to it after it be anoynted

For a consumption or any extreame
could or cough

Take of coltes-foot, maidenhaire, scabrick liverwort harts tung, liverwort & of spleenwort, of each one good handfull & almost halfe so much Elirampane (green is better then dried) of marigould flowers & cowslip flowers of burrage & bugloss flowers of each halfe a handfull a liquorish 2 spoonfulls of aniseeds bruised, a good handfull of raisons of ye sunne stoned, & halfe so many figgs sliced. Put all these into a gallon of spring water, let them stand soaking so all night in a great pipkin & in ye morning set it covered on a soft fire, then let it boyle gently untill a 3 part be consumed, then strayne it through a good thick then lett it settle & afterwards strayne it againe 2 or 3 times, after ye; then power from ye settlings & put to it halfe a quarter of a pint of hyssope water, a quarter of a pint of ye juyce of baked turnips, & so much sugar as will boyle it to a hie syrrupe, take thereof a spoonfull first & last.

bee
wch
ye

for ye scatica.

Make some mustard as strong & as thick as may bee, put so much thereof upon a peice of dilloms leather as will cover ye greived place, after ye you have mixed it wth a spoonefull of hony bloodwarme & before you apply it scatter a penniworth of English saffron beaten very small upon ye plaister, & then lay it bloodwarme to ye greived place ye patient beeing in bed & bind it on wth a towell: he is to lye on ye side 3 or 4 howers though it be painefull to him, & then ye plaster is to be taken of, & ye greived place is to be anoynted wth a spoonefull of fallet oyle & faire water mixed well togather, wth a feather, afterwards apply some searcloath to it

A soueraigne searcloath.

Take 10 oz: of ye oyle of wedroses, 7 oz: of serses (otherwise called white lead) 4 oz: of virgins wax, & 2 drams of Camphire, stir ye wax thinn, & beat ye Camphir very small, then put ye foyd oyle serses & wax into a pan, let it boyle gently a while till all be melted, now & then stir it, & then put in ye Camphire, & let it boyle gently stirring it (now & then) till it be somewhat yellow, then take it from ye fire and therin dipp such linnen cloaths as you intend for searcloaths, and as you take them out putt them into could water, & afterwards wring them & smooth them wth your hand, afterwards keep them close in a box for your use & they will soe kept last 2 or 3 yeares. the vertues of it is: it is good for any heale for a sore breast for a burne or scald for a strayne for a swelling of a hott rauff, & it is restrictiue

for wormes in children.

Stampe a handfull of sauin, then put to it some oyle olive boyle them to ye consumption yt is till it leaue bubbling, alwaies stirring it wth this blood warme anoynt ye body soe low as ye nauell 3 nights to bedward

Another for ye same.

Take a handfull of dewworms, putt them as liuely as you can into a little bagg made of robrell lauer, fine rambrick, lauer or ye like, & to bedwards apply it to ye nauell & bind it on wth a cloath 3 nights.

A salue for any green wound or cuts sore.

Take a pint of milk, a little handfull or a pugill of young nettles ye like of wormewood, & of rue ye like, wash them & drie them soe as ther be noe water left, then chop them small & boyle them in ye milk till halfe be consumed (alwayes stirring them) then strayn it & afterwards put in as much Venice turpintine as ye quantity of a hazell nutt, & ye like quantity of hony, let these boyle a whalme or 2 togather upon a gentle fire still stirring them, & afterwards thicken it wth wheat flowre & make it like a poultis, still stirring it, & when you use it, spread it hot upon a cloath & soe lay it to ye sore keeping your selfe to an howre & dresse it but once in 24

for ye rough of ye lungs or great coughs.

Take of Eyrimony harstounge liuerwort, horehound, & wrought hyssopp

of each a handfull, boyle these in 2 quarts of springwater till halfe be consumed, then strayne it fling away ye herbs, & boyle ye liquor in a faire earthen pott, & putt thereto 2 ounce of liquorish 2 oz of ye powder of Elirampane roots, & 8 spoonfulls of clarified hony, boyle all these to an Electuary, take a spoonfull of this morning & evening about 4 of ye clock & another at your going to bedd.

For ye rough of ye lungs or great cough

~~Take of Eyfrincy, hartstonge liverwort, horehound & pinell hyssope of each a handfull, boyle these in 2 quarts of spring water till halfe be consumed, then strayne it fling away ye herbs & boyle ye liquor in a faire earthen pott, & put thereunto 2 oz: of liquorish, 2 oz of ye~~

An excellent plaister for ye gout or any other paine or ach.

Take of mastick & Olibanum of each a quarter of an ounce of Bar-rarma ½ oz: of Rosen 2 oz; of stone pitch ¼ lb of frankinsence 1 oz; & ¼ of gumme of Guie halfe an oz; of White pitch 1 oz & of virgins wax 1 oz melt these together in a pipkin over a soft fire (always stirring it) till all be well incorporated, then take it from ye fire, & stirr it till it be so cold as you may make it up in rolls; when you have use for it, spread some of it on a peice of dilome leather pricked full of holes & apply it warme to ye grieved place, it will cleave fast till humours be exhausted.

For an ague

Beate 5 cloves of Garlick aqua vitæ for a man, & but 3 for a woman, then mix about a penniworth of saffron wth it till it bee like unto a salve, wth spread upon a fine linnen cloath plaister wise, & against ye coming of your fit lay it upon your ring finger of yo left hand from ye 2d joynt to ye end towards ye wrist, for bind it on & then lett it lye five or 6 dayes, ye hand all ye time is to be kept very warme.

For a great cough in man woman or child or for shortnes of breath.

Take halfe a pound of raisons of ye sunne stoned, ¼ pound of currants 2 penniworth of liquorish, scraped & sliced, one penniworth of aniseeds one great handfull of Coltsfoot (ye white being cleanced them) boyle these in a gallon of springwater till halfe be wasted, then lett it stand all night, & after ye power ye cleanest from ye dregges, & putt in 4 ounces of browne sugar Candie pounded & drink of this morning & at other times evening, if you will.

For sinnews shrunke.

Take of daisy roots leaves & all, & of dancewort of each a handfull of groundwormes & snayles of each a handfull, after ye wormes bee made cleane boyle all together in neatesfoot oyle & rapons grease of each a like quantity, then strayne them into a pott & anoynt ye grieved place therewth warme, morning & evening & keep it warme

For ye stone.

Take saxafrax, Parsly, lime, winter savory, germander, Camamile, wormwood, pennyroyall, Hyssop, Lauander, fennill, of every one of these a good handfull, chop them small then infuse them 24 howers in small ale with 3 or 4 nutmeggs sliced, putt thereto of Venice Turpentine well washed in rosewater ye quantity of a walnutt & ye like of lime honey, putt all these into a limbeck & distill them, keepe a quart of ye first running by itself, a pottle of ye 2d running & a pottle of ye 3d. And when occasion serves take 2 spoonfulls of ye first running, a spoonefull of ye 2d & another of ye 3d, & putt them into whitewine or ale & drinke thereof (being fitted together) in a morning fasting, but if ye party be in extremity lett him take it at any time of ye day, & fast 2 howers after it, & walke softly halfe an howe after ye taking it. If it be not mingled as afore sayd it will be so strong, ye patient must take it 3 mornings together.

To make syrruppe of flowers.

Take ye flowers full blowen in a dry day, rutt away ye whites & put into a pewter flagon ye may be couered as many of them as well may bee, & putt thereto a pottle of faire running water, then sett them open ye members, if it may be warme night & day, & every day putt more flowers into your liquour, untill it be of ye perfect colour of ye flower, for lett it stand 3 or 4 dayes, then streyne ye flowers out of ye liquor & putt to every quart of liquor 2 pound of sugar & boyle it to a syrruppe.

An easy way to make syrruppe of Gillyflowers.

Take ye flowers full ripe in a dry day, & rutt ye whites thereof & put as many of them into a pewter flagon or stone pott as may well be putt in without thrusting downe hard, & fill it full with faire running water then stop it close with past or dough, & then seeth it in a pan of water an howe & a halfe or 2 howers, then take it out & set it in some safe place till ye next day about ye time, then warmeth it & put all ye liquor out into another pott or bason, & so streyne ye flowers from ye liquor & put ye liquor into ye sayd first pott, & fill it up againe with other flowers as before & stop it close & seeth it againe as long, then take it out & so vse it 7 or 8 dayes, & ye syrruppe will be like blood, then putt to every pound of syrruppe one pound & ¼ of sugar & then boyle it to a syrruppe.

If you have more flowers then can be vsed in a day or 2 those lay in some cooll place, & couer close to keep them from ye aire.

To make syrruppe

Beate 2 whites of eggs with a little rod till it come to a light froth, then putt them into your decoction & stirr it well with your rod after your sugar be put in & dissolued & so lett them boyle a whalm or 2, then streyne them through a fine flannell streyner or a cotton & after ye boyle it up to a syrruppe

Mr Bennington

To make syrrupe of folefoot.

Take folefoot & dresse it cleane & pick it & wash it, & then let it drayne through a fine hill it be dry, then chop it & stampe it & strayne it through a strayner, then set ye iuyce to settle all night afterwards take ye cleanest of it, & put to it for much clarified hony or sugar as you have iuyce of folefoot & boyle it to halfe ye quantity. Dr Forman.

for the ague in a child

Take rosyned turpentine then make 2 pettres of leathere 2 inches long and for breed as will fit the insides of the wristes then spreade the turpentine thereon ~~[illegible]~~ somewhat thine and sprinkell it with the powder of olibanum and sere apply it to the wristes letting it lye till it rom of it self: it is nesessary that the patient sweate by giuing him a sweete, of rubarb on the day before the fit comes also apply the aforesaye plaisters the night before the fit comes. Probatum Mr W.

A roasting broth for one in a burning feauer specially.

Dresse a chicken or red cock, dry it well & boyle it wth roote herbs as ye roots of fennell, plantine & fennill, ye leaues of endiue & rothony, ye flowers of Burrage & Buglas; when his throughly boyled chop the chicken small & strayne it wth ye broth & iuice, season it & vse it for your diet.

For ye further mitigation of ye heat take pirled barley & vse it as you doe what to gett of ye huskes to make frumenty, & when it is well husked boyle it as you doe ye sayd what till it wast, now & then rate ye wth a little of that it is boiled in, you may first boyle your barley & in ye decoction boyle your chicken as before stoechen it wth sugar & giue it a tast wth red rose water. If the patient desire much drinke gett some filberds, pick of ye pills on ye kernell, grind them as you doe almonds blanched, & wth the decoction of ye sayd Barley make as it were allmond milk & season it, & let this be your drinke sometimes when you are dry Dr Gaudery.

For a canker in ye mouth or for a sore mouth be it of young or ould.

Take of sage of fennill, of ye leaues grasse of each a handfull & of holythistle ½ a handfull, after you have washed them swing them in a linnen cloath then stamp them & strayne out ye iuice into a porringer then poulder a peice of allome of ye bigness of a walnutt & put it, & for much hony to all ye stuffe as will stoechen it, then set it altogether on a soft fire 2, 3 or 4 houres always stirring it ye it lumpe not then put it into a glasse or gallery pott for your vse, & when you will vse it take a little thence, & put it into a spoone & warmer it, then wth a cloath tied on a little stick or wth your finger anoynt ye greiued place 3 or 4 times a day but neither presently before nor presently after meate & it will some be well.

for ye flux

Take as much bolearmoniak finely beaten as ye weight of a groat & give it to ye patient in his make ale raudus or other supping things & it will heale it.

To make gelly of hartshorne a most excellent restorative for one in a consumption.

Take 4 oz: of Hartshorne thin shaven, of ye white thereof, & boyle ye same in 3 pints of running water, upon a slow fire let it boyle but slowly till it come to a gelly & be consumed to a pint, then strain it through a strener & sweeten it wth sugar according to ye parties liking after ye put in also 2 spoonfulls of rosewater & a spoonfull of Synamon water & stirr them./

For ye Scatica

Take of new way, of deares suit, of pitch & grosen of cark a pound, of Frankinsence ij li of Mastick 4 oz: beate all these severally by themselves to powder, for as you may get ye substance of them through a fine sive,

for a burse ap

Take of the leaves of maloweed and green wormwood of each a handfull shred them small then boyl them with som yalled grease (in a pan of brass) and & stiff stir it continually till the herbes be very soft and tender & so aply it poultris wise as warme as the patient can well suffer

A poultis for a sweling ap

Take 2 quarts of ale or beere put therein 1 handfull of chickin weed, 1 handfull of plantan leaves 1 handfull of maloweed and 1 handfull of leaves of a red rose to be boyle all these together till allmost ye half be consumed then put to as much oatmeall as shall make it fit to spread and let it boyle a while continually stirring it then take it of and put thereto 2 lavery spoonfulles of salet oyle stir it well together and so aply it poultred wise as warme as may well be suffered

for a burne or scald.

Take of ye yellow mosse of freestone dirro, & rubbe to powder (or ye yellow mosse of slates or tiles) 6 oz: of houseleek 2 oz: of ground ivie 2 oz: & of galls grease one pound & ½: stamp ye ground ivie & houseleeke in a stone morter very small, then seethe them wth ye galls grease upon a gentle fire till it leave bubling, and take heedfull alwayes stirring them, then straine it through a canvas bagge into a boson, or ye like, then stirr it till it be cold & put it into potts for yo use.

If you put but halfe ye said quantity of galls grease & ye like quantity of mutton suet ye ointment your salve will be stiffer, & some thinke ye better./

Geo. Ch. H.

A table of ye receipts in this book.

An excellent water for eyes & sores.

Take a cleane pott yt hath not been vsed, & for many cures of which vitriol as it will hold gallons of water (observe ye proportion) & when there is any quantity of snow cause ye vitriol to be beaten to powder, & then put into ye pott two or 3 handfulls of clear snow & press it hard downe, & yn strew some of ye vitriol powder thereupon, & for a good handful of snow & yn some powder till ye pott be full up heaped & ye powder spent, & ye cover it wth a cleane linnen cloth & set it in a cellar wher it may not stand warme nor freeze, & when ye frost & snow be all gone in ye cellar, you shall some after find ye snow dissolved in ye pott. When you have vse of ye water power it into glasse bottles by the helpe of a funnell, through a cleane linnen cloth: & ye longer you keep it ye stronger it will be.

It will staine linnen. Dr Mathias.

An other way to make it.

Put a pottle of springwater and an oz: of which vitriol into a pot or glasse yt may hold somewhat more, cover it wth a linnen cloth or ye like, and stirr, or shake it, morning & evening to raise ye settlings from ye bottome for 7. or 8 days in sumer, & if made in winter for 14 or 15 days, and it will then be fit for your vse.

The vertues & vse.

1. It being dropped into ye eye will cure bloudshotten eyes, & take away pearles, pinns in ye webb, & filmes growing there.

2. It will cure rumatick eyes by droping some of it into ye eye when ye patient is in bed, & before he rise in ye mourning, but if ye flaw be for any while, or be ephreame, then take a peice of a red rose cake of some thickness of about 3 inches broad & 4 inches long, & infuse it wth 7. or eight spoonfulls of ye aforesaid water in some little pewter dish upon some embers towards bed time, & ye patient being in bed, & ye rosecake well infused bind it bloud warme over ye rumatick eye from ye nose to ye temples, wth such linnens as you regard not, for it will much staine them.

3. A peice of red rose cake for infused & for applied will some give ease to eyes tormented wth paine, or applyed to ye temples fforehead will cure ye headach.

4. It will also take away inflamations from sores & stay humors flowing thither. and give ease to ym yt are troubled wth headach.

5. It will likewise some heale a broken brow or shin being so applied when ye hurt is new done.

6. It will also cure burnes & scalds if they be not ephreame, being shifted before ye rose cake be any thing dry.

7. It also being layd upon a plaister applied to a sore & shifted every 12 howers though ye plaister be but once in 24 will hasten ye cure in halfe ye time.

8. The water will cure ye itch, ringwormes, & teakes by rubbing ym off wth it. - That with snow water is fittest for ffott & yt wth spring water for cold rumes.

Gob. Says &c. H.

For rume in ye eyes.

Take pigeons dung & fry it wth red vinegar & apply it to ye nape of ye neck.

A good water for eyes.

Take sibium ground into fine powder ye weight of 2ß - 6d & ye powder of Crocus metallorum ye weight of 2ß. & of Camphir ye weight of 5. or 7. grains of wheat. put all these into a bag of sarsenett, and hang it almost to ye

bottome of a glasse of a quart of fresh water & 7 or 8 spoonefulls of fresh damaske rose water, & sett it in an other vessell of hot water some 3 howers & keep it close stopped after it is ronto for your vse as most soueraigne gentle & effectuall.

Rd Langham.

A good healing salue of Nicolian.
or Adders tongue.

Take of English Tabarro 3 lb & ½ (that wanting) adders tongue or Millfoy stampe it in a stone morter then seeth it wth a quart of fullest oyle in a pan (alwaies stirring it) till it look black, & will bubble noe more then streyne it & you shall haue an excellent greene oyle then put to it of virgins wax thin sliced ½ lb of rosin beaten to powder ¼ lb sett them againe on a soft fire, now & then stirr them, & when they be well incorporated take it thence & put to it 2 ozj. of good turpentine and stir it till it be ronto & put it into potts & keep it for yo vse. Its good fo mucherah olcers, apostumes, wounds & fo all ruttes, & hurts in y head.

Mb. T. H.

To make flos unguentorum

Take of rosin & perrosin of each ij lb of Virgins wax, olibanum 8 oz red dragons suit, & venice turpentine 16 oz of each ½ of Mastick ¼ lb powder y rock will powder & cut y rock will cut; y m melt y wax, rosin, perrosin, olibanum, dragons suit into a pan upon a soft fire, & y m put in y Mastick, alwaies stirring them & when they are well incorporated, then streane ym through a strong ranuas bagg into a pan y hath in it, 3 pints of white wine hot in it, then set it to boyle ⅛ of an howr again on a soft fire alwayes stirring it, & then take it from y fire & stirr it till y fume be off: & y m put in 2 dams of Camfir finely sliced, or powdered, & after you haue a while stirred ym put in y Venice turpentine, & stir all together till they be ronto, upon a little grass straw or y like wth a slice of above two foote in length. You must haue the helpe of two men y one to stirr & y other to hold the pan, when one is weary y other is to relieue him. When it is fo stiff y it will be stirred noe more, y m take out thence a good lumpe, pull it in peices & streane it in your hands to gett out what liquor you can, & y m lay it on an oyled smooth board, when it cleaues to your hand anoint it wth some oyle, or put your hand into y liquor in y pan fo wse y vse & make it all up into rolles & lett them lye one by one fome eight or ten dayes, & y m you may lap up each role wth some paper & keep it fo your vse.

Mb. T. H.

For a strains, old bruse or paine in y back,
or weakness.

Take of Burgundy pitch 8 oz; of white wax 4 oz; of Olibanum 2 oz: shaue yo wax thin, beat y Olibanum into fine powder, the melt them on a soft fire in an earthen pot well leaded: & when they be well incorporated, & boyled a little then power all into water, & when it is ronto anoint your hands wth butter, & therewth beat well & worke y said stuffe out of y water, & then roll it into roles, & then keep it in oyled papers fo your vse. When you vse it spread it upon sheepes leather snipped full of holes, & apply it warme to y grieued place.

Lady Cantrington

for ye biting of a mad dog.

40 Take of fresh cheese curds sup ounce, of garlick ye outward pill take of 4 oz: of ye best London treacle as much, of ye shapings of pewter or lime 4 spoonfulls: boyle them in balneo, in 3 quarts of ye strongest ale for 4 howers take of this liquor strained every morning fasting 9 spoonfulls, continue this 9 days. Also take ye fruse from wch you strained ye liquor, and apply it to ye bitten place, this will cure ye biting of every venomous thing, not in man onely but in every other creature.

— the quantities are to be observed of ye one as well as of ye other.

Cob. T. H.

A good medicine for sore breasts.

41 Take ye Urine of ye man ye is husband to ye woman sickly in it a handfull of Elder leaves untill they come to a plaister at least well food, apply them as a plaister to ye sore breast, & it will yeild speedy remedy against the greatest paine of a breast unbroken, & quickly heale a breast broke, yet better a breast unbroken.

Another

42 Take ye inner rind of an Elme, ye outer rind of an Ash, ye inner rind of an Elder, then take Valerian, pawns feathers, sinkfoyle, & marigoldhaves a pint of ye best & thickest creame ye may be got, ye fat of raines shaved clarified, stamp ye hearbs & ye rinds, but first cutt ye rinds small, boyle all these untill they come to be very green, then straine it into your pott for your use.

Another excellent good one.

43 The ointment of a white apollis shot as it comes from it pulsinsie to inflamed & hard swolled breasts. It easeth ye paine & taketh away ye hardness.

for ye bloody flux.

44 Take ye milke of a red cow as warme as it is milked, then take a gad of steele, lay it in the fire untill it be glowing hot, ye put it into ye milke & coyer it close, & when it is cold take it out againe, & wch hott put it in againe 4 or 6. times, drinke of this untill you be stopped.

Another.

45 Make powder of ye iawbones of a pike putt some of it in wcwine & drink it first & last, & eate some of ye powder dry: this saith my kithoun hath done ye cure when other things have failed.

for a sore mouth in a child.

Take Columbill leaves & ye leaves of grosse, boyle ym in milk & give ym ye child in milk wth a spoone.

for ye yellow Jaundis

46 Take Elirampane roots & ye inner barke of a barbary tree of each 6. oz: of Saladim roots 3 oz: of English saffron ye weight of a groat seeth these in a pint of white wine, then straine it, & drinke thereof 4 spoonfulls evening & mourning fasting warme.

A singular good medicine for ye gout.

47 Take a young whelpe of a hound, ye hath lately opened his eyes, ye fairest you can gett, frate him like a pigg, ym take out his guts, & take one handfull of nettles, another of daisies, stamp ym wth two good oz: of brimstone ye yolks of 4 eggs, foure oz: of turpentine, stamp ym altogether, ye put it into ye belly of ye whelpe, & sew it up & ye fundament very close ye none come forth, ye put him & make but a gentle fire to roast him, ye longer he is in roasting ye better, & in this manner roast him untill all

all ye sapp be droppped forth, & he dry, ye kep ye dripings in a glass, and anoint ye place therwith it will not onely ease ye gout, but also comfort and strengthen ye joynts very much. /

For a great paine in ye reyns of a mans
backe coming from cold. /

Slice some of a bryany root, & after yt you have made it cleane stamp it in a wooden dish or yt like & spread it upon some allome leather, & apply it warme to ye grieved place, ye patient beeing in bedd, & bind it on, & lapp his feet wth a warm woollen cloth, & lay some more cloaths upon him, & he will some find ease. — the patient must endure ye nettling of ye roots

Cob. T. H.

For ye plague, small pox & measells
a tried good one. /

— take 3 pints of Malmsey a handfull of good sage, & asmuch rue, boyle ye togather, until a pint be wasted, ye streyne it & sett it on ye fire againe, and thereto put a penniworth of long pepper halfe oz. ginger a quarter oz. of nutmeggs all beaten to powder togather not too small, & lett it boyle a little & ye put thereto 4 penniworth of Mithridate two penniworth of treacle a quarter of a pint of aqua vitæ (or angelica water) keep this as best above all worldly treasure — take of it warme every morning & evening one or two spoonfulls if ye party plagen him. trust to this for restraine for there was never any faith my author yt thu drink dressed, if his hart was not altogether mortified before. If not inforced halfe a spoonfull at morning & halfe at evening

Fr Burges. /

For ye stone.

Stil ye leaves, & flowers of Mellilott (some call it hartflower) it growth romonly in barly & grass lands) as you fall roses, between Midsomer & Lamas, ye done stop ye glass you keep it in very close, & it will be for your use.
If a man or woman be to use it put about 6 or 7 spoonfulls into a glasse, & lett ye patient drink it fasting & stirr after it. If a child 4 or 5 spoonfulls. /

Lady Skurrid. Cob. T. H.

Another

Beate ye dried shell of a pearh stone to fine powder, take for much of it as may lye on a groat put yt into a spoon wth a little posset ale or ye like, & let ye patient stirr it very well togather & swallow it down, & presently after drinke a good draught of beare or ale & stirr about after it

ye Lady Dauenrout.

For a stiffe yt troubleth ye breast or for an inward
bruse or for a pluresie. /

— take three or 4 balls of ye dung of a stared horse yt is kept in a stable put ym into a pint of good stale ale: after you have bruised ym therein stirr ym well togather & stopp ye pot close, & after 12 howers let the ale run through a fine linne cloth, & ye patient drinke it fasting & fast 2 howers after it. doe ye like in ye morning & give it in ye same manner about 4 or 5 of ye clock in ye afternoone, & let him fast 2 howers after, or towards bed time, ye patient not hauemg eaten any thing two or three howers before. / you may sweete it wth sugar for ye use. / Cob. T. H.

An excellent pultis for a venemous blasting. /

Boile a pint of ye cleer & thickest cream yt may be gotten, thicken it wth ye finest wheat flowre yt may be had, make it very thick, & boyle it well (always stirring it) then take it from ye fire & put thereto some of ye iuyce of houseleek, stirr ym well togather & apply it hot to ye grieved place. /

ye Lady Courtenight

A good healing salue.

Take of yellow wax thin shred ½ oz: of rosin finely powdred, & of beeres of tarh 2 oz: & of galls greasi half a pound. Melt ye wax rosin & galls grease in a pan, & when they are well incorporated (they are to be stirred often) then take it from ye fire, & let it rule till it bee but blood warme, then put in ye turpentine & beres & stirr ym against very well together & set them again on ye fire still stirring them) then let them boyle gently a full quarter of an howre then take it thence, let it rest a while, & yn strayne it into water, & then wash it well, & then roll it up & keep it to skin wounds or sores. It is a good salue.

qu: whether it be not better to put in ye turpentine after it be strayned, yn before, & to strayne it hot wax yn somewhat cold. ye Lady Dartwright.

An excellent ointment for a great cold, & for much coughing.

Take some Elicampane roots being made very cleare, & put them into an oven some after ye bread is drawn, & after 3 or 4 howers you may stampe them into fine powder, & mix some of it with some good hony upon a trencher or ye like with a knife or some such thing, yn put it into a glasse or small galley pot take thereof ye quantity of a nutmeg fasting, & at your going to bed, & at other times 2 or 3 howers after meat, & an howre & somewhat more before meat. The powder is to be sifted through some fine sarsnett or ye like, & ye grosser is to bee beaten againe & so sifted again. qb. T. H.

For burnings.

Take a stone of unslaked lime & let it dissolue in cleare water, & when ye water is settled, power it gently out from ye lime through a linnen cloth, yn put as much sallet oyle as you tak water together, beat ym to an oyle you shall haue a most excellent unguent for all kind of burnings.

Another. Mr Mathews.

The white of an egge & fresh butter being mingled together & well beaten to an oyle, are excellent for ye same, & will heale without a scarr. Idem

For ye rough of ye lungs, or paine at ye stomach.

Take of Annisseeds, of Lyquorice, of Elicampane, of browne sugar candy, of tarh 2 oz: of dwarf roots ½ oz: of Ginger ½ oz: of brimstone ¼ dry all these before a fire, scrape ym & beate ym severally, & searse them through a fine searse, yn mix them with so much hony, as may with stirring make it somewhat stiff, & with a liquorish stick take some of it fasting & at bed time.

How to make aqua mirabilis or pretiosa.

Take gallingale, cloues, rubibeas, ginger, mallelot, cardino de maria, & nutmeggs of each a dram, & of ye iuice of saladine, mingle all this made into powder with ye said iuice, & a pint of aquauitae, & 3 pints of good wine, put all these together into a stillatory of glasse, let it stand so all night, & ye next morning still it with an easy fire.

The vertues.

It dissolueth ye loyne without greenaure, it helpeth & comforteth ym being wounded or pinched, it suffers ye blood not to putrify but it multiplies it so yt he shall not need euer to be let blood, this water suffereth not ye hart to burne, nor yet melancholy or flegme to be left or to haue dominion over nature, it expelles wind and cositeth ye Stomach marvellously, it preserues youth in ye aged, ingendreth good colour, it comforteth memory, destroyeth ye palsie of ye limbs & preserues a man from it. of all artificiall waters there none better. In sumer take one spoonful fasting once a week & two in winter.

For ye black Jaundice.

59 Take Elirampane roots, & seeth y^m in milke, then streyne them through a paire of cotton, & give thereof to ye patient.

For ye rollick & stranguliion.

60 Take flower & ale mixe them well together wth a little sugar, & drinke it on fodder this gives you a stole & ease.

Another.

61 Take some hempseed well dried, make it into powder & drinke it wth ale or wine well mixed together.

Another for rollick & ye stone

62 Take parsleyseed, fennilseed, rumingseed, annisseed, & plantin seed of each a ½ oz; of nuttmegge one oz: of fine sugar 4 oz; beate all these into fine powder & searse them, let ye sugar be beaten wth ale, and take of y^m as much as a good hazell nutt, put it all into beare or wine (malmesey is ye best) morning & morning 4 times a week, When he is in paine drinke it wth malmesey.

For paine in ye back.

63 Take of burgundy pitch halfe a poune make it into fine powder, y^n take of hony ½ poune, of mutton suet of ye Kidneis ¼ poune stire it small, boyle y^m gently on a soft fire, alwaye stiring them till they be incorporated, spread some of it on some dilome leather, apply it warme, & bind it.

To heale sores or scabbs neare y^e fundament
proceeding from some malady in y^e liver.

64 Take of blew violet leaves & of sinkfoyle of each a handfull, & of liver=
wort pirked cleane from y^e stalks a little handfull, stampe y^m in a stone morter
y^n put to them a quarter of a pint, or neare halfe a pint of strawberry
water, stir y^m well together, y^n streyne y^m, & y^n boyle y^m wth sugar
to a syrruppe, give a spoonefull at a time 3 or 4 times a day upon an
empty stomack, but especially fasting & at his goeing to bed: & wth in two
dayes all his paine shall be done. Ex. Mr Bussell. London.

Another.

65 Take of sinquefoyle, liverwort, & violet leaves of each a handfull, stamp y^m in
a stone morter, & y^n put to them a quarter or neare halfe a pint of strawberry
water, stir y^m well together & y^n streyne them, & so boyle y^m wth sugar to
a syrruppe. Give hereof to a child a spoonefull fasting when he is in bed at
night, & once or twice a day upon an empty stomack, if to one of ripe years
2 or 3 spoonefulls at a time. Within 2 or 3 dayes all ye paine will be gone.

Ex. Mr Bussell.

great pipkin, & in ye morning set it rouzed on a soft fire, then let it boyle gently until a third part be consumed, yn straine it through a good thick cloth, yn set it settle & afterwards strene it againe 2 or 3 times yn powre it from ye settlings, & put to it halfe a quarter of a pint of hysope water a quarter of a pint of ye lare of baked turneps, & so much sugar as will boyle it to a high syrupe: take thereof a spoonfull first & last.

ye Lady Brook. London

ffo a weake stomark.

Take ye dates, prick yn with a knife, yn lay them till they be warme through yn put yn in ye midst, take away ye stone & inner rind, & shred yn small & then put ym into a stone morter & beate yn: then put ye yolke of an layd egg well beaten, & a quarter of a pint or a pretty draught of ale to ye sd dates, & after they be well stirred together rauge all to be well & hard strayned out then put to ye liquor a little of a nuttmeg, & sweet ye same with sugar, & let it be only a little warmed. it must not seath. let ye party drinke thereof in ye morning & for sleep a little after it. eat this as many dayes as you will.

Mr. Mathias.

Another.

Take oyle of mace, oyle of wormewood, oyle of mints of each a like quantity and anoint ye stomark of ye patient & it will help.

Another

To cure a stomark in a sick body.

wash french barly very cleare, & boyle it in faire water till neere halfe be consumed, yn streyne out ye water, & put ye iuice of a lemon into ye water & a good quantity of sugarrandy, & boyle it to a syrupe & keep it for yo use. It will last a yeare.

To cure a rupture in man.

or child. sir Gerrard fol. 793. of ye herb rodd douesfoot or redfoile.

Take a pint of new milk & as much fresh butter as ye bigness of an egg, and when ye butter is melted with ye warme hand, ye milke & butter being also warm stroke ye greived place onwards, & by stroakeing of it you may get it up. And when it is up apply this ensuing plaister. Take two good handfulls of comfrey & beate it or chop it very small, yn take halfe a pound of butter & halfe pound of fine wax, & when ye wax & butter are melted put thereunto ye sd comfrey, & make thereof a plaster & when ye rupture is up, apply it warme & shift it once in 2 or 3 dayes for twice dressing. other wise ye longer you lett it lye ye better. It is necessary ye patient weare a truse till he be perfectly well.

pb. h. Mar:

To make oyle of mace.

Take halfe an ounce beaten very fine, & putt ye powder thereof into a faurer of fallet oyle, & set it over ye fire & stirr it well together, untill it be warme, yn take it from ye fire & it is done.

For ye Spleene.

Take a pint of white wine, & after you have sweetend it wth sugar, put in two pikniworth of safron, & stir it well, & warme it & drink thereof fasting & lett 4 in ye afternoone. ye Lady Hakeham.

Another

Take a bundle of broome to ye quantity of a good fagott, & burne it in a cleane place, y^n take ye ashes thereof being cleane sifted, & steep them in a pottle of good white wine or renniish, or good sherry sack, & infuse in a linnen bagg ½ oz: of sinnamon, 2 or 3 rasus of ginger, & ½ oz: of cloues bruised let y^m soe be steepd 24 howers, take a good draught thereof fasting & sweeten it fo^r your vse. ye Lady Darres.

A p^ffect remedy fo^r ye green sickness

Take sweet marjoram, rosemary topps, red fennell, red sage, red nepe, red mint, mugwort, madder, vnsett isop, vnsett time, & smallage of each a handfull, rash all these hearbs, & take be'ware of whole mare ½ oz: of synamon, one penniworth of saffron, shred these herbs & spices together, y^n take a peece of dough & close ye hearbs & spices in it y^t noe aire may come out. then bake it in an ouen as you doe white bread. then take a gallon & a halfe of stale ale of ye best, & put it into a pott, y^t is to draw wth a topp, y^n take ye fo loafe being well baked, & break it into ye ale & stop ye mouth of ye pott very close y^t noe aire can come forth, this being done ouer night, ye next morneing you may broach it & drink a good draught every morneing.

Another.

Take a spoonful of mustard, made wth white wine vinegar, when it is come to ye strength, y^n mix it in 4 spoonefulls of ye patients own urin, & straine it, & give it fasting 2 or 3 morneings together. ob. Lady Husey.

Another drinke fo^r ye green sickness, yellow saundis, dropsey, itch or naunginess of ye body you may find in Gerrard fol. 314. made of ye roots of Monks rubard & red madder. &c.

For noise in the eares.

Take soe much garlick as will easily be gott into yor eares like a tent, & steep it in hony you have printed it well, & y^n put it into a fine peice of flaune & soe put it into yor eares alwaies leaueing a little of ye flaune out, to pull out ye garlick better when you shift it. Dr Hunton.

For a sore mouth or fo^r ye ranker there.

Take of ye iuice of sage, of ye iuice of bardana, & honey, of each a spoonefull temper y^m well wth ye ponder of bolearmoniak, & burnt allome & y^n boyle well together in a porringer & when it is cold anoint ye place therw^th soe y^t it may by thick on.

For heate in ye face.

Take of rapons grease well clarified 3 spoonefulls of rose water two spoonefulls, of ye ioyce of oringes or lemons a spoonefull of brimstone in fine ponder ye waight of 12 pennes & of sytamon ye weight of 6^d in fine ponder also, beat all these together in a morter, then let ye patient anoint ye face eueing & morneing. Mr Ouerton.

To ripen an impostume.

Take herbgrace, Hopes & lilly roots of each halfe a handfull, & 5 or 6 figgs, boyle ym in good vinegar, ym put thereto 2 spoonefulls of good hony seeth them on a soft fire till it be pulti like & apply it warme to ye greived place, hot.

Dam.

A pultis for ye gout.

Take of danewort, henbane, groundsell, mallowes, smallage, dorkleaves, rhirbreed, ramanik, of each halfe a handfull, yn stamp them & seeth ym in row milk putting to them oatmeale grutts & gallsgrease, and apply it warme.

Dam.

Another for ye holt gout.

Take good bloo clay & temper it wth vinegar of roses, & ye whites of eggs, yn incorporate these well together, & spread it upon y greived place very thick, yn dip a cloth in vinegar & lay upon it, & role it up, & when it begins to dry, take it of & lay on more, use to do thus 3 or 4 times a day & you shall find ease.

Dam.

For drues in the bones.

Take of ye oyle of Mastick one oz: of ye oyle de spike, of ye oyle of roses and of aqua vite of each ½ oz: incorporate all these together & anoint ye patient against ye fire, yn keep him well wth warme clothes.

Another.

Euphorbium & 12 times so much oyle olive, & a little wax made into a plaster, & applied to ye greived place helpeth it, & is very good against lameness, palsies, cramps & shrinking of sinews.

Another. See Gerrard 759. Salomons seale.

Take of mallow leaves, groundsell & plantine leaves of each a handfull then seeth ym in water till they be pooce dry, yn take them from ye fire & strayne out ye iure into an earthen pipkin standing on a chafindish of coles on a soft fire, yn put to it of deares suet, orrowroot wax, rozen and turpentine of each 2 oz: cut & bruise ym smale, & when they be melted put thereto 2 spoonefulls of fallet oyle, & let it seeth till it be thick. then put thereto a spoonefull of white lead finely beaten to poyder & ye like of Bolearmoniak poydred also, then seeth ym a little more & keep ym wth stirring, yt they burne not to ye bottome, then take it from ye fire & so let it cole, & when you will use it spread it on a linnen cloth or leather & aire it at ye fire & so apply it, & shift it every 24 howers. If when you take it last from ye fire, you doe strayne it, it will be ye better. ye Lady Rodolph.

Another. for aches proceeding from cold.

Gather ye water of Briany between ye first of 9bre & ye last of February, & stampe it in a stone morter, yn strayne out ye iure & anoint the greived place therwth before a fire, & chafe it in, this doe every 12 howers & keepe it warme.

Lib. p Daniell 2a agalay.

In my opinion if ye roots (being gathered, stamped & strayned as aboue said

above-said, be also boyled on a soft fire, wth some red deares suet, & then strayned they must doe much ye better, especially if ye p^ty ought be not to bee presently used. If ye rake be newly taken out of ye made very cleane and y^n stamped & layd on sheeps leather, warmed at ye fire & applied to the grieved place, when ye paine is in bed it will give p^sent ease. But ye party must moure ye nettling & keep his feet warme. / Mr. Ch. Haw. /

Another.

Mix an ounce of unguent: dialthea, wth halfe an ounce of ye oyle of roses, & warme some of it in a saucer, & anoint ye grieved place therew^th. / Ch. Howes. Chyr.)

Another.

Excellent scarrloth to ease any bone-ach, or scalding; to lay to any swelling, or wound, or to draw out a thorne. /

Take a pint of sallet oyle, & put thereto halfe a pound of red lead in powder. Stir it as you put in yor lead, y^n set it on a soft fire, then boyle it till it begin to look very black. then put in as much rozen as a little egg after it is beaten very small, & be sure you keep it wth stirring all ye while it is boyling, & lett it not boyle fast, fo^r it is subject to boyle over, then drop a little upon a pewter dish, & if it role of wth out hanging on it, it is enough, else not, then rost yor cloths therin: ther must be neither hem selueges, nor ragg in yor cloths, fo^r such will roast yor skin. You must have rose water by you to put ye scarrloths in sone after you have dipped them when you have done so, y^n smoak y^m & pull y^m, & keep y^m fo^r yor use. /

Lady Crimson. /

Another.

Take of red lead ¼^th, of white lead 4 oz: of wax 2 oz: of sallet oyle a pint, shire ye wax small & beat ye lead into fine powder, y^n boyle all together till they be black (continually stirring them) y^n dip yor cloths in it one after one, & sone put y^m into sone rose water, after y^t pull & smoak y^m fo^r yor use.)

Mr Molins. Chyr.)

Another fo^r paine in a joynt. /

Take of burgundy pitch one pound of red deares suet a third part (for want thereof ox suet) of gum clamy ¼ of a pound, a little safron: boyle these together till they be well incorporated. Spread part of it on some allome leather & apply it to ye grieved place, bind it on, & let it lye so long as it will cleave & it will give ease. /

London Apoth. /

Another. /

Take a pint of ye best suet, & an ounce of harts horne finely powdered, boyle y^m on a gentle fire to a jelly, y^n anoynt ye grieved place hot against ye fire wth part of it, & spread some of it on sheeps leather, & apply it warme.

Another

Mr Dorset. London.)

for paine in the back. /

Take of burgundy pitch ¼^th of English hony ¼^th & of mutto suet of ye kidneis ¼^th after you have shred ye suet small & made ye pitch into powder, set y^m in pot or pan upon a gentle fire, & stire y^m till they be well incorporated. Spread some of it on allome leather & apply it warme to ye grieved place. /

Ch. Haw. /

for ye paine of ye Stomack & mill.

Take of ye oyle of roses, & of ye oyle of Camamile of each ½ oz: of mace poudred y^e ½ of ½, & y^n incorporate all these together & anoint ye side and stomack therwith warme, & y^n lay a hot cloth on it.

for a rankred sore.

Take wozen, prozen, stonepitch & weathers tallow of each 2 oz: melt y^e and strayne them, & put thereunto ½ oz: of ye thinest of Egyphiarum, & set ye over a soft fire, & put to them soe much oyle olive as will suffice to make a soft lincament.

Mr Overton.

To draw downe women diseases.

Take a quart of white wine & put thereto, of pennyroyall, time & Egrimony of each a handfull, bruise them a little, y^n boyle y^m together till halfe ye wine be consumed, & let ye patient drinke therof first & last, & walke a little after but take heed of cold, you may put in a spoonefull of annisseeds bruised if you will & a little sugar.

To stop them when ye haue too many.

Take ye dung of a sowne new made, & put it into a cloth, & warme it & apply it to y^e ~~private~~ place, & let her sit upon it & it will stay.

Sr Gerrard. Plantin leaues fol. 341.

Sowines dung fried wth fresh butter & applied as before will stay them in a day or two, though in childbed.

Or get some of them into a dish, y^n dry them on a plate on some coales, & make them into fine poudder, y^n put it into some mare ale or ye like, stirr it well & give it to ye patient to drinke though in childbed, & it will helpe.

Lady Sherrard.

fo one that is poysoned. Sr Gerrard, Fermedill waters, fol. 840.

Take oyle olive & give it to ye party to drinke to make him vomit y^n againe give him more as oft as he can indure it, then give him a roste onyon, & after y^t give him some good treacle & keep him warme in his chamber.

Mr Overton.

fo wind in ye stomack the Queens poudder.

Take of ginger, cynamon & galingale of each an ounce, & ye like of anise seeds, carrowway seed, & fennell seeds, of long pepper, graines, mace and nutmeggs of each ½ oz: & of turmell a dram, poudder all these subtilly, & put thereunto two pound of hard sugar poudred, then mix these well together, & take some of this either before or after meate as you please, it may be taken at all times, it comforteth ye stomack marvellously, it dissolueth wind & causeth good digestion.

Idem.

fo a sprayne.

Take of comfrey leaues in summer or of ye roots in winter, & boyle them in sallet oyle or may butter till they be soft, ye stronger it is of ye herb or roots ye better, & apply it poultiswise hot to ye grieued place & keepe ye so place very warme dressing it twise a day.

Mrs Draper

King Edwards water for ye eyes. /

Take fennell, rew, eufrage, verueine, tormentill, red rosse, oculus Christi, chickweed, pimpernill, celadine, nine leaues, smallage, agrimony & columbine of each a handfull, stamp y^m a little & y^n lay them in white wine ye first day, & ye second day in a mayrhilos pisse ye 3^d day in womens milke, ye 4th in hony, y^n distill y^m for yor use, for all manner of sore eyes this is ye best.

For a fisk or pluresie. / also good for yellow. Mr Overton. /

Take 2 or 3 balls of Stonehorse dung, streyne it wth some old ale after it hath been steeped 12 howers, & so give it warme to ye patient to drinke. / sweeten it wth sugar for yor sake. Sapor. Cob. Ch. Har. /

For ye outward swelling of ye throate called ye quinsy. /

Make a pultis of barley meale, good & thick & lay it to ye greived place so hot as you can well endure, shift it one in 12 howers, or when it is hard. / Mr Draper.

For a sore throate inwardly. /

Seeth barley & shift it 2 or 3 times till ye barley water be white, then boyle it up till ye barley be soft, y^n put ye water & barley into a narrow mouthed pot so hot as it comes from ye fire & y^n conuey ye fume thereof into yor throate either by a tunnell made of paper or otherwise as hot as you can suffer it. / Mrs Draper. /

Another. /

Take a handfull of columbine leaues, and boyle y^m well in a ~~quart~~ pint of new milke & put thereto also ¼ of a spoonfull of grosse pepper, and a spoonfull of hony, & when you take it from ye fire put thereto of sweet butter ye quantity of halfe an egg, & gargarise therw^th curring and mouthing so hot as may be endured. / Mrs Nelson. /

Another

For sores & inflamations of ye throat. /

Burrage boyled wth honied water is good against ye hoarsnes, or roughness of ye throate, being gargarized therw^th.

2. The iuice of St Johns wort gargled doth ye like. /

3. A gargarisme made wth hony vinegar & mustardseed doth ye same. /

For ye stone, & to quench urine. /

Take of saxifrage ~~leaues~~ seeds or carroway seeds finely beaten to powder of each a like quantity, in all somewhat more y^n halfe a spoonfull give it wth some posset drinke in a spoone to ye patient, & let him swallow it downe, y^n let him drinke a good draught of posset ale presently after it, & stir up & down if he can. / Mrs Walrob. /

Another

Take an ordinary draught of posset ale, & put thereto of ye syruppe of Althea, fennell 2 spoonfulls, & of ye oyle of sweet almonds newly drawn one spoonfull, & put thereto a little nutmeggs sliced, & when you feele yor selfe paine drink this warme 2, 3 or 4 mornings together fasting this will mollifie ye stone & make it passe away easier. / Mr Morrise

To quent ye stone //

Take of ye distilled water of hawthorne flowers, & of renish wine of each a like quantity, drinke thereof fasting a quarter of a pint sweetned wth sugar & nuttmeggs. 2. 3 or 4 dayes at ye change of ye moon.

The ffo hawthorne flowers are thus distilled. Put a laire of ye ffo flowers into ye still, y^n a thing laire of grated nuttmeggs, y^n another of ye flowers, & so 3 or 4 laires of ye ffo flowers & grated nuttmeggs, & last put halfe a pint of white wine after y^m all into ye still, & y^n distill it & keep it for yor use. / Another. / vid. Cisnero. Felkenseo, Quintryall. Salafranc nettles fol. 572 Mr Morrice.

Liquorish boyled in water & often drunke cureth ye sharpness of urine, & is good against ulcers of ye kidneys & sores of ye bladder. /

ffor wormes in children. /

Spread some ordinary hony upon a peice of sheeps leather, ye breadth of 2 handes, cut a little hole in ye midst of ye leather & strew some powder of aloe finely beaten upon ye ffo hony, & lay ye hole to ye nauell of ye patient, & so let it be kept to it 2 or 3 dayes & longer if it will cleave to it

Hartshorne scraped, dried against ye fire, made into powder, & so much as will lye on a groat or 6^d taken wth some drinke in a spoone morneing and eueninge will doe ye like. /

Another

Take of of lauander cotton, & harbgrace of each a handfull, chop y^m small, stamp them very well, y^n fry them wth butter, & spread y^m on a cloth & apply y^m warme to ye belly. / Lady. Eure. /

Another. /

Take a spoonfull of milk & white flower mixt together like pouncake, give it two or 3 morneings together, & it will cure any wormes especially the thrist wormes. / ffo. Sir. H. Hav.

Earthwormes applied 3 nights to y^e nauell at bed time, in a laune or rambrink bags will doe y^e like. /

A scarloth y^t will draw out water only out of y^e body & not break the skin. /

Take a pint of fallet oyle, 2 oz: of litters of siluer & 2 oz: of litters of gold, & $\frac{1}{2}$^th of red lead; beat them all seuerally very small. set y^e oyle on y^e fire in an earthen pott, & when it is at rising y^n put in y^e ffo litters, & red lead, & keep it wth stirring from rising, & so let it seeth wth a soft fire wth out smoake till it be very thick, y^n take it from y^e fire, & set ye ffo earthen pott on straw or boards (& not on stones least it break) then put in yor cloth & take it out & so make a scarloth. You must not seate it too much last it be too thicke. Your cloth must be callico. / Mr. Walroth

for an inward bruise. /

Take stone pitch & beate it to powder, & put to it 5 or six spoonfulls of good stale ale, stir it well & y^n supp it off, drinke a draught of ale or beare after it, so doe 2 or 3 times first & last, and fast after it one howre, & 2 howres before you take it. /

For an olde rough or great cold.
vide. Gerrard. Sothernwood. Time. Hysop. Black mallow. with yellow flowers.

Take ye roots of Eliampane, clean pitted, washed, dried, beaten to powder, & mingled it with hony, & so eate it oft, but especially fasting at at bed time.

Another

Take annisseeds, liquorish, and browne sugarrandy of each two oz: of Eliampane & aloes of each 1. oz: beate all these to fine powder, ye searse them, and when ye rough trouble you, take as much thereof as will ly on a shilling.
Lady Adolph.

Another.

Take of annisseeds, liquorish, Eliampane, & browne sugarrandy of each 2. oz: of Orrris roots an ounce of ginger halfe oz: of brimstone ½ oz: scrape ye roots & dry them before ye fire, ye beate them seuerally to fine powder searse them through a fine searse, ye mix ye fine powders with so much pure hony as may make it somewhat stiffe & with a liquorish stick take some of it, fasting & to bedwards daylye.
Lady Henags.

Another.

Take of Hysop, horehound, foleefoote, & Eliampane roots sliced of each a handfull, of liquorish sliced & cut one oz: annisseeds & fennell seeds of each ye waight of 6. figgs & raisons of ye sun stoned of each a handfull, boyle all these in 4 pints of faire water till halfe be consumed, then streyne it & boyle it againe, with 2 pounds of good sugar till it be a syrruppe. Take of this first & last to bedward 2 spoonefulls by little & little as halfe spoonfull ye.
See Gerrard. ye decoction of Turneps 178. & syrupe of horehound. 563.
Ob. Mr Vsert.

The powder of Eliampane roots mixt with hony, & taken morneing and euenning doth ye like.

To cleare ye eyesight a mee good one.

Take some white rosporas, & hold it to a peece of hot iron, & drop 5 or 6. drops of it into spring water, stir it well together & after 12. howers you may vse it, morneing & euenning, ye longer you keep it ye sharper it will bee, if it bee to sharpe put more water to it and shake it together.
Sir Ky. Eure.

To draw out thorns.

A toptongue mollified in ginger after it is dried, & laid on ye sore draweth it forth, so doth Turpentine, black soope, pimpernell bruised, or a plaister of flos ongentorum.

For ye goodness of ye head.

Take 2 drams of fetherfew dried & made into powder with hony, upon an empty stomack many dayes together & you shall find ease.
A garland of pimpernell doth ye like being worne about ye head.
The flowers of Lauendar alone, or taken with Cynamon, nutmegg, & cloues doth the like.
Gerrard. sicked. taken in meates & drinke doth ye same.

To make loose teeth fast.

The decoction of ye herb or root of ciuiane after the garglid, or ye decoction, or iuice of ye young sprigges of ye bramble or rub ye teeth with mastick, or ye decoction of wild tansy held in ye mouth, any of these fasten ye & helpe ye toothach.
The ashes of rosemary or Tabarro kindles & fastens ye also.

The water of mugwort boyle in water till a ¾ part be consumed, eareth the toothach when you hold ye same in ye mouth, & moreover ye force of ye mouth being washed therewith.
Monywort or herb two pence put in a fine linnen bag after it is bruised & held to ye teeth ye paines you, eareth it imediately.

Against impostumes in ye Eares.

Boyle linsed in water, & lay it in manner of a plaster, & it appeaseth ye paine, softneth all soto tumours & swellings, ye impostumes in ye eares & neck & all other parts of ye bo.

Annifeed poute with oyle of rose & put into ye eares, easeth ye inward hurtes of the same.

Against ye dollour.

The roote of sassafras onio & made in powder, & taken with sugar easeth ye rollick.

Another.

Take rosmary, time, & isope, of each a handfull, of clouer & mace 1 oz: then put them into a pottle of white or claret wine, & let it seeth till it be consumed to a quart, ye put in a little sugar & when you feele your selfe waind, burne a pretty draught thereof & drink it warme.

2. Or take one oz: of Cromwell seed, of parsley seed, & of ye kernells of dyke pirkes of each 1 oz: 3 kernels of bay berries, halfe quarter of an oz: of bronise beate all these together into fine powder & drinke it with malmesy, ye is, 3 or 4 spoonefulls of mamesy & halfe a spoonful of ye powder, walke after it a while, & drink 2 howers after.

3. Take a fleeting dish, put into it a few hott imbers, & lay a laire of rum seed upon ym, ye sprinkle it with malmesy, then lay one laire on another till you have filled your dish, but see you put noe coles into it, ye couer your dish with a double linnen cloth & lay it hot to ye greiued place 3 or 4 times & it will cure it.

4. Take iro fennil, hartstongue, huisberries, sorrell leaues, pellitory, & parsley roots of each a like quantity, bray ym small in a morter, ye fry them in neate fate oyle, & lay it to yo belly as hot as you can suffer it a little beneath ye greiued place. / vide pag. 10. ye receipt fo stirk. or plurisie of forehorse sung

A very good glister fo ye rollick.

Take 8 or 9 oz: of sallet oyle, 7 or 8 spoonfulls of ye iuice of mallows, 2 spoonfulls of aquavitae, or annised water one oz: of browne sugar randy beaten to fine powder, ye put all these together into a boson & set it upon some coales, then make it warme, ye put all into a bladder, & receiue it blood warme into your body by way of glister, keep it an houre or 3 quarters if you can.

This may be taken at any time. The next morneing take 2 oz: of ye oyle of sweet almonds, or 2 oz: of ye best sallet oyle, or of each an oz: put them into a pretty draught of white wine, & sweeten it with some white sugar randy, ye stir all well with a spoone & drinke it of fasting fast 2 howers after.

Io: Dixon. Qb.

fo ye stone in ye kidneys.

Take ye roots of white sassafras, parsley, poisiton, & ye kernell of ash keys of each a handfull & of Eringo roots 2 handfulls, ye bruise all these in a morter very well & put ym into 6 gallons of beare wort or ale wort & let ym boyle there in as long as beare & ale use to be boyled, ye put all together into a vessel & when it is stale enough drinke every morneing fasting halfe an ale pint or more thereof and stirr after it. ~~[illegible]~~

A drink for ye spleene. /

Steep ye barke of Guiac & of an ash, or either of them in water all night, yn seeth ye said water wth ye barke, till ye strength of ye barke be taken out, then brue it together, & drinke a good draught every morning.

For ye flux or scouring. /

Take ye pith or red rosemary, boyle it in red wine, wth some synamon, and stire till they bee thick, yn take some & lay some thereof to yo navell. /

Another. / See Bread. ye roots of cornihall. / Aurea. 748. Pimpernell. /

Take a sheete of paper faire, cut it into smale peices, & seeth it in milke wth some synamon & give it to ye party. /

Or take for unwashed rice, beate ym small, yn searse ym, & thicken milke therwth & give it to ye party wth some powdered synamon. /

The conserve of roses doth ye like, & may be taken at any time. /

Another. /

Seeth rose-mary & red sage, burr docke & mint of earth a handfull in ye water of a smiths trough, whilst it is seething put into it a red woolen cloth, let it steep well in it, yn take it out, wring it & lay it to ye navell as hott as may be suffered. /

Or take ye white of an egg, & of spiders cobwebb ye like quantity beat them well together, yn put them into a little pan sauser &c wth a spoonfull of sweet oyle, set them on a soft fire on wood coals, keep it wth stirring till it grow stiff, yn take it thence & spread it on some new allome leather, & apply it to ye navell as hot as may be endured, bind a cloth round about him to keep it on. The best time to apply it is, at his going to bed. / A clister for a great scouring in a child. /

Take plantine ringwe-foyle, & shepherds purse of earth halfe a handfull of dried red rose leaves 2 spoonfulls, of camomile flowers halfe spoonfull boyle these in a pint of whey till halfe be wasted, yn take ye cream liquor and mix therwth a spoonfull of sugar, & ye yolke of an egg, & give it him warme. / Dr Thorold. /

For ye ague in women breasts given first. or for burns or scalds. /

Take ½ lb of sheeps suet finely tried ¼ lb of rosin finely beaten, ¼ pint of sweet salet oyle, mingle these well together in a skillet, & set ym on a quick fire of charcoles, but stire ym not, nor meddle wth it at all, until it be boyled, when it is enough ye scum will be sunke downe to the bottome, soe soone as ever it is sunke, take it quickly off, else it will smoke, if it doe it will burne to ye bottome, yn put it into an earthen pan or bason, & when it begins to be cold wth a cream on't, then stir it wth a spoone till it grow like yest, when you have occasion to use it for a sore breast, make it warme in a sauser & annoint ye breast as hott as it as hot as can be endured against ye fire, then dip a linnen cloth into ye sd oyntment being warmed & lay it also as hot as may be endured to ye sd breast. Whether ye breast bee likely to break, or be broke this will heale it. / This will also heale a scald or burne, being spread roughly on a linnen cloth, like a plaister. Lady Rodolph.

A very soueraigne ointm^t for shabbs, fellons, anguish of wounds, or swellings, bruses, ouerstreching of sinnewes, & crines, ramps, stiches, scaldes, burnings, scalomings, streans either in man or beast, to be made in May.

Take red sage & rue of each ℔. of ye youngest bay leaues or buds, & wormewood of each halfe pound, pick y^m very cleare but wash them not, chop them very small, & take 3 parts of sheeps suet hott from ye sheep, shread it very small, then chop it together wth ye herbs, put y^m into a morter, & beate y^m till they bee all of one colour, y^n put them all into a boule, wth a pottle of ye best oyle olive, then wth your hands worke them all together till it become all alike soft, y^n put y^m into a new earthen pot or pipkin, let y^m stand for fo^r 8 days, then boile them in a pan wth a soft fire, & when it is halfe cold, put in 4 oz of ye oyle of spirt, keep it stirring for feare of burning. You shall know when its boyle enough, if you drop a little of it now & then in a sauser, and when it is as green as may be then it is well, y^n streyne it through a strong ranuas bagg into a great platter, y^n put it into galley potts, & wth ranuas & leather bound close about it, keep it fo^r yor vse. It will last many yeares. Annoint ye greiued place therew^th. If you rub ye small of ye back therew^th it easeth ye stone; & helps all ye paines of ye eares if you take but halfe ye bignes of a pea of it, & close it in your eare wth black wool. /

Lady Rodolph. /

A cooling broth for one in a burning feauer. /

Dresse a chicken or red cock, dry it well & boyle it wth cole herbs, as the roots of fennell, plantin & fennell, ye leaues of endiue, sirbory, ye flowers of borrage & buglas, when it is throughly boyled, chop ye chicken small & streyne it wth ye broth & iuice, season it & vse it for yor diet. /

For ye further mitigation of ye heate, take pirled barley, & vse it as you doe wheat to make frumenty, when it is well husked boyle it as you doe ye said wheat, till it crack, now & y^n eate y^t, wth a little of y^t it is boyled in. you may first boyle your barley, in ye decoction boyle yor chicken as before, sweeten it wth sugar & giue it a taste wth some red rose water. If ye patient desire much drink, gett some filberds, pick of ye pills or ye kernell, grind y^m as you doe allmonds blanched, & wth ye decoction of ye fo^r barley make as it were almond milk, season it & let this be yor drink sometimes when you are dry. /

Dr Gaudry.

To ease ye paine in ye head. /

Take of sage & elder leaues, of each a like quantity, put them into an earthen platter wth a little vinegar, set y^m on some coles till they be raked together, like a rose cake, y^n wash ye temples, wth a little rose water, & y^n bind ye fo^r cake to ye forepart of ye head for hot as may be well endured, after you put some grated nuttmeggs therein. / An ointm^t for old vlcers apostumes growing wounds and all ruptures & hurts in ye head. vide Gerrard fol. 255.

Dorm. /

Alias Spongia. /

or Rosolian. /

Another for headeche.

Hemlocks boyled as soft as papp, yt layd on y head wher y paine is, when you goe to bed, & shifted every 12 howers for 2 or 3 days togather will help you./

For y ranker in y mouth or for a sore mouth./

Take of sage of fennill of y leaues grasse of each a handfull, of holythistle halfe handfull, wash ym, spring them in a linnen cloth, stamp ym & streyne them into a porringer, yn powder a peice of allum of y bignes of a walnutt put it, & soe much hony as will sweeten it to all y stuffe: fry all togather on a soft fire 2 or 3 whalmes, alwayes stirring it if it lumpe not, & then put it into a galley pott. When you vse it, take a little with a spoone & warme it, & with a cloth tied on a little stick, or with yo finger dippe in y spoone anoint y greived place 3 or 4 times a day, but neither presently before meat, nor within an howre after meate./ Mrs Lamby. qte.

Another./

Take y leaues grasse, red sage, red fennill & woodbine leaues of each a handfull, stamp ym well in a stone morter streyne ym, yn boyle y said iuice with 2 spoonefulls of hony, till they be incorporated all wayes stirring of ym, yn take it from y fire, & put it into a pott for yo vse. vse it as y other. Mr Lamby./

A preservative against y plague./

Take of sage red elder leaues, & red brambly leaues, of each a handfull, stampe ym together & streyne ym with a quart of white wine through a cloth, yn put a little ginger into it, & drinke thereof a spoonefull for 9 days together evenings & morning./

For one infected with y plague./

Take 1 oz: of sorrell water, as much dragon water, & 3 drams of good treacle, & give to y patient fasting, & cause him to sweat after it, with 24 howers after he is infected./

For one suspected to have y plague./

Take a great onion, yn take out y core, & fill it with good treacle, wrap it in paper, & rost it in embers till it be soft, yn streyne y same with vinegar sweeten it with sugar & give 2 spoonefulls of liquor to y patient fasting & within 12 howers you may see whether he hath y sickness or not./

Another for one infected./

Take y powder of bay berries (y husse taken from ym) a good spoonefull before they be dried, put it into a draught of white wine stale ale or beer & soe drinke it, & sweat in bed, but sleep not./

Another./

Take wormewood & rubegrass, & steep ym all night in a pint of beare with a lemon sliced, & drink ym in y morning fasting./

Or take a walnutt kernell, a corne of salt, & 4 leaues of rubegrass cutt all very small & put ym into a blue figg, rost it & yn take it, fast an howre after. & vse thus dayly./

To ripen y sore./

Lay a hott loafe newly drawn to it, & when you take yt away lay a fresh but be sure you burie y bread afterwards./

A table of ye receipts in this part of ye book following.

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N. to stay bleeding at ye nose. 9.
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O oyle of mare 11.

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pills. 5. 6.
piles ~~7~~.
pimples in ye face ~~7~~
one y^t poysoned. 15.
plagues. 22. 23.
paine in a joynt. 25
rold palsey. 26.

Q Quins powder. 15.
quinsy. 24.

R Rupture to cure. 11.
Rickets. 27. 28.
Ruby of ruine ye dureth to ye mouth or teeth. 28.

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W a water for ould olcers. 26.
to quicke urin. 26.

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rest on ye eye lid. 27.

W. Dr Stokers his water. 1.
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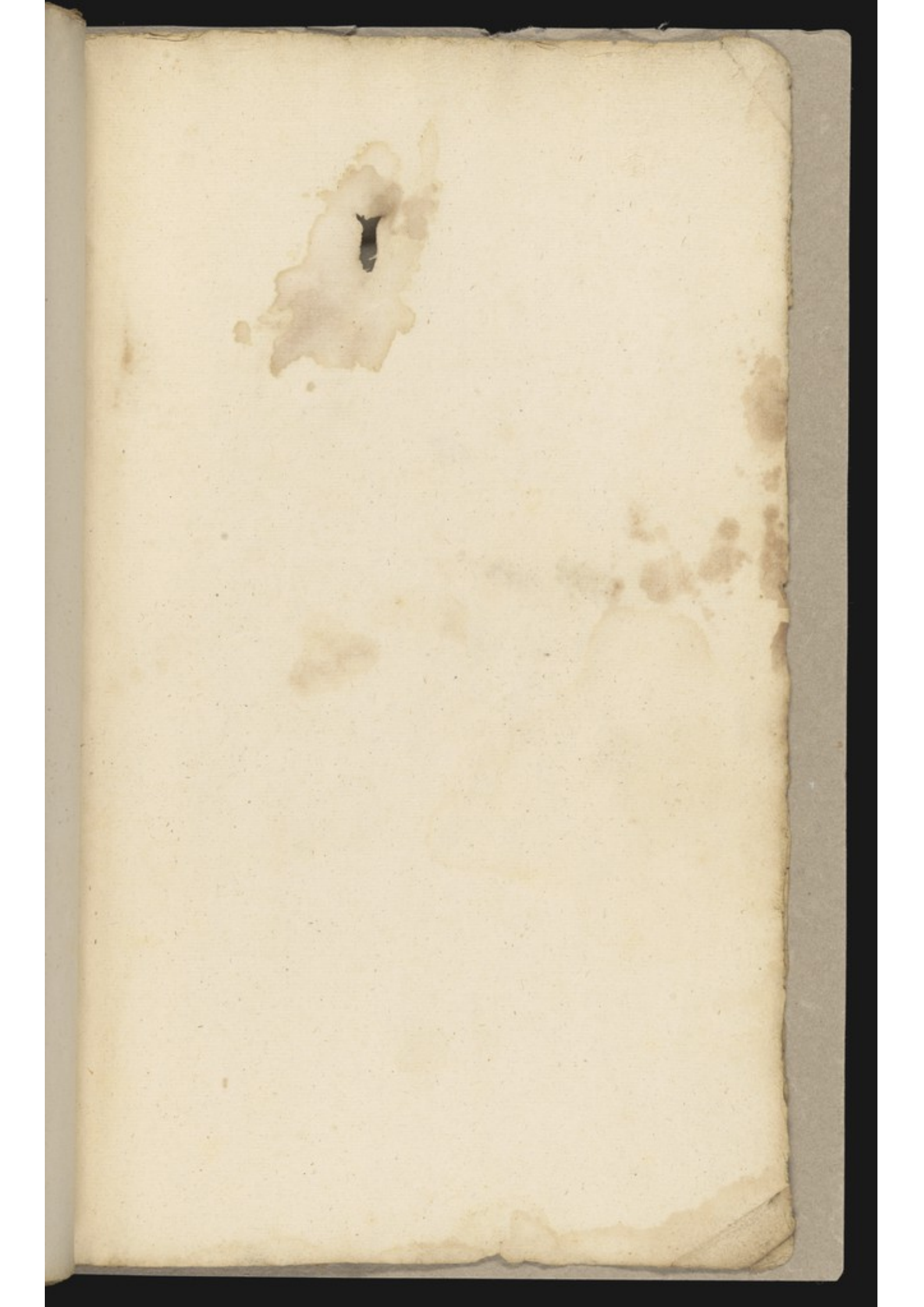
worms in entrores. 17
a clamboth to draw water out of y^e body. 17.
chaps in womens breasts. 26.
pustules in womens back raised by y^e whites. 28.



To stay the whites

Take a new laid egg, beating ~~roasted~~ them shred over butter fasting in the morning and fast 2 or 3 hours.

To stay the whites

Take a meth layd eggs being roasted then laved over
butter fasting in the morning and fast 2 or 3 hours


0 Cm 1 2 3 4 5 6 7 8 9

pag 1 keepe of corbes Sherwood water
1 a salue for any sore
1 force a felon
1 to make a drawing salue
1 to recouer breath in a consumpc
1 for the bitings of a mad dog
[illegible] women
[illegible]dinat rouseth of
[illegible] that stand
[illegible] make water
[illegible]
[illegible] wipe the best way
[illegible] charity
[illegible] arising from
[illegible]
[illegible] when it falls
[illegible] to the throat
[illegible]
[illegible] of rold taken
[illegible] away paine
[illegible] tertian or quartan
[illegible] another
[illegible] vrgone rold
[illegible] in a iopnt
[illegible] good on
[illegible] troyed good on
[illegible] stretched
[illegible] back
[illegible] from great rold
[illegible] back [illegible]

pag 10 an excellent balsom thy vertue
pag 10 for paine in the back
10 for a consumption or extreame rold or rough
pag 11 for the featica
11 a soueraine plaster cloth
11 for paine in children
11 another for the paine
11 a salue for any green wound or old sore
11 for the rough, of the lungs or great rold
pag 12 an [illegible] to [illegible] plaister for the [illegible] gout
12 or any other paine or [illegible]
12 for an ague
12 for a great rold or for shortness of breath
12 for swelled throate
pag 13 for the stone
13 to make sirrup of flowers
13 an easy way to make sirrup of gilliflowers
13 to make sirrup of [illegible]
[illegible] sirrup of [illegible]
[illegible] ague in a child apeared
[illegible] breath for on in a burning feauer
[illegible] in the mouth or for a sore mouth
[illegible] or old
[illegible] rely of [illegible]
[illegible] Featica
[illegible]
[illegible] swelling