

Tippermalluch's receipts. Being a collection of many useful and easy remedies for most distempers / [John Moncreiff].

Contributors

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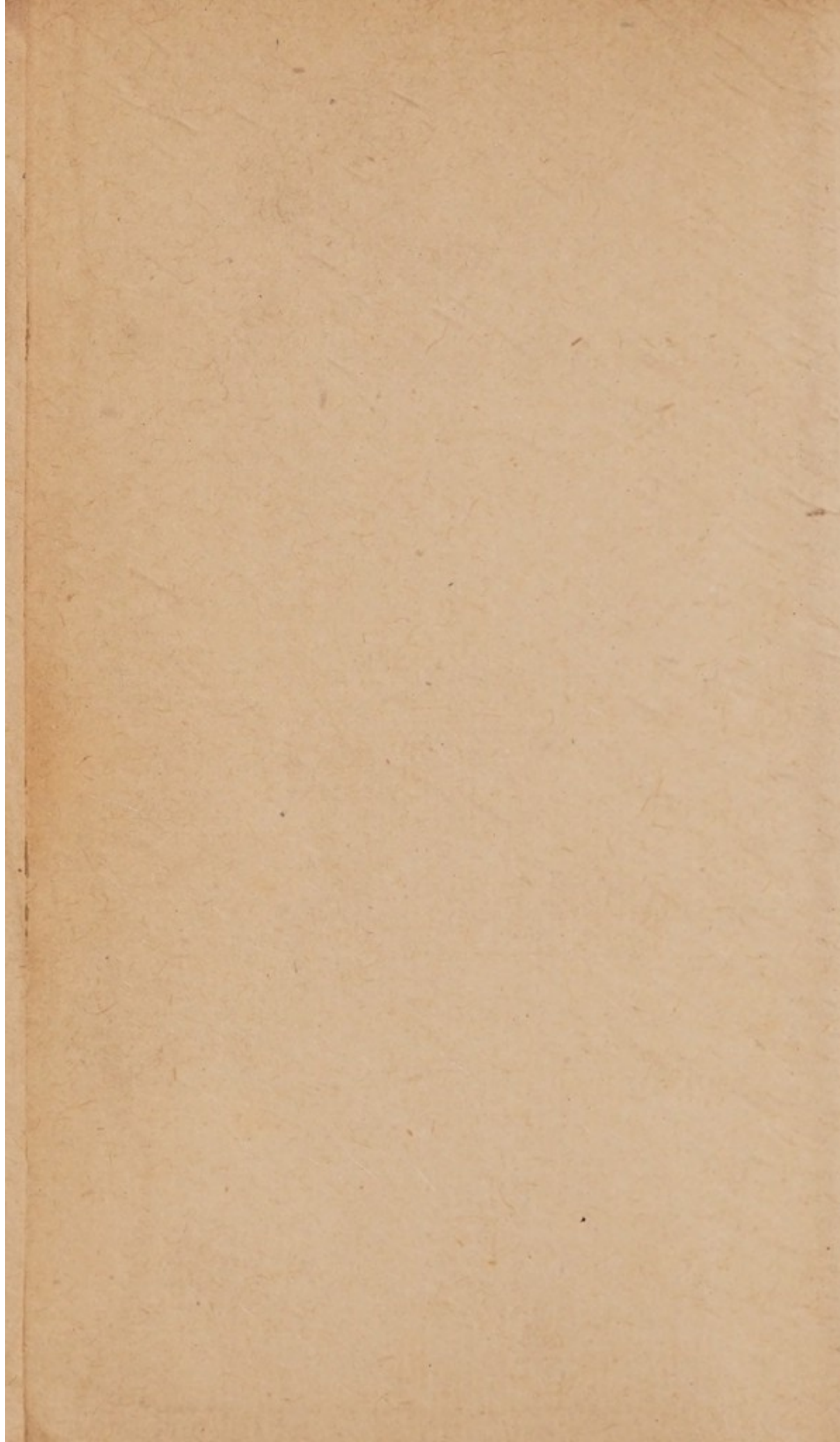
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Tippermalluch's RECEIPTS.

Revised 1847

BEING A
COLLECTION

Of many USEFUL and EASY

REMEDIES

For most DISTEMPERS.

Written by that worthy and ingenious Gentleman

JOHN MONCRIEFF

OF TIPPERMALLUCH.

The SECOND EDITION.

Printed for W. COKE, Bookseller in *Leith*.

M DCC LXXV.

15693



To the READER.

WHILE Tippermalluch's name is prefixed to this book, these receipts need no other recommendation; he having been a person of such extraordinary skill and knowledge in the art of physick; and who performed so many stupendous cures, and these by so simple remedies, as have been the wonder and admiration of all persons who have seen or heard of the same. And it is hoped, that if any, who has occasion, will but be so kind to themselves as to make a fair trial of them, they will not repent it; for they may do it with safety, as well as with a small expence.

Neither is it any disparagement to our author, that he has been beholden for many of these receipts to several ancient writers, especially Petrus Hispanus (afterwards Pope John XXI.) his *Thesaurus Pauperum*; seeing he hath not taken these things upon trust, till he had confirmed them by experience, and so left them for the use of the poor, for whom his charity mainly designed them; that as he had been useful to them in his life, he might likewise, in some measure, provide for them after his decease, by leaving the following receipts; which that God may bless with success to all who shall have occasion to use the same, is the earnest desire of,

Your humble Servant,

The Publisher.

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TIPPER-



TIPPERMALLUCH'S RECEIPTS, &c.

I Divide the body of man in four parts. The head; the breast; the belly; the bladder.

The Head.

When any disease is to affect the head, certain presages and signs do, for the most part, foretel the same; of which sort are, heaviness of the head, even to the eyebrows; the buzzing noise or sound of the ears; and the beating of the temples of the head; in the morning the eyes are watery and dim; the smelling of the nose is dull, and the gums do swell. Therefore, when you perceive any of those presages or signs, the head is forthwith to be purged, not with the help of any medicament, but with the tops of hyssop and organy, bruised, and boiled in a little pot with bastard wine, or nine ounces of broth, with which wash your mouth fasting, and gargarize therewith until the whole pituitous humour be expelled. This indeed is the easiest remedy for the head. It will be most healthful, in like manner, to wash the mouth fasting, with a decoction of mustard in mulse water, *i. e.* with water and honey made hot and steeped, and by gargarizing draws forth the humour out of the head.

A

But

But it will be expedient to rub the head first very gently, and keep the head very warm with some cover, that the dissolved pituitous hinderance being removed, may the more easily pass away. Every one who neglects the foresaid signs and set down remedies, may certainly be persuaded to be in danger of these diseases; to wit, of the ophthalmia, which is a dropping wateriness and running of the eyes; of the glaucoma, which is a dryness of the chrystalline humour, with concretion; of the pain in the ears; of the kernel in the neck; of the consumption and mortification of the brain; of the pose, which is a fluxion of undigested humours flowing from the ventricles of the brain to the nose, which is caused by the heat of the sun, or by the liberal drinking of wine, or by hot baths, or by immediate cold in the head; of hoarseness; of the night squinancy; of the falling of the uvula or pap of the hafs; of the falling off of the hair; of little ulcers in the head; and of pain in the teeth.

The Breast.

When the breast is in danger of any disease or sickness, you shall know it by these signs or symptoms; to wit, some sweat will break thro' the whole body, but chiefly about the region of the breast; the tongue will become big, and gross and salt bilious matter is spit out of the mouth voluntarily; pains arise in the sides, shoulders and shoulder blades without manifest cause;

cause; often gaunting, much trouble or weakness for want of sleep, vexed and oppressed with choakings and strangling; a drouth and thirst is present, and in sleep trouble and anxiety of mind; straitness of the breast vexes them; a weakness of the arms, and trembling of the hands. Which diseases of the breast are often cured after this manner; in the first place, give and provoke a vomiter in the morning before meat, fasting; whoever therefore are pleased after this manner to vomit, let them eat or devour radishes, cresses, rochet, mustard, or purslane, afterward let them vomit by taking a plentiful draught of luke-warm water. These who through negligence pass over the foresaid signs and remedies, may be afraid of these diseases, *viz.* Pleurisy; of the peripneumonia; of melancholy; of acute and sharp fevers; of frenzies; of the lethargy, with the hickup; a vehement heat of the jaws or cheeks, or hot or red swellings.

The Belly.

If any disease affect the belly, it is discovered by these symptoms; first of all, the belly is drawn together, mutters, and is vexed; meat and drink have a bitter relish and taste; there is an heaviness and trouble in the knees and legs; an inflexible stiffness in the back-bone or loins, with a weariness of the whole body, without any manifest cause. When you observe these symptoms, the body is to be mollified and

made soluble, by no kind of medicine, but by diet, for it is better, and far more sure, to make use of these things wherein there can be no offence. Of this kind and number are beers boiled in mulse water, and garlic boiled with mallows, four docks, mercury, all made up and rinded with honey; every one of these purge the belly gently and abundantly; for which, if any of these presages be more and more vehement, you shall infuse the liquor or juice of bastard or garden saffron in all the decoctions, for this is more pleasant, and more sure. Also smooth coleworts boiled in a good quantity of water, will be very profitable; a draught of this broth, to the quantity of five ounces, with honey and salt, will help mightily; and likewise the decoction of fitches, drunk in the same measure, for it worketh the same effect. These signs and helps being slighted, and little esteemed, oftentimes these diseases ensue, *viz.* the diarrhea, dysentery, lenteria, iliac passion, sciatic, tertian fever, the foot-boot, apoplexy, hemorrhoids, and aches of joints.

The Bladder,

When any disease is approaching to the bladder, it is known by these marks and symptoms. After a little meat, fulness is discerned to trouble or vex much; there ariseth puffs of wind, and breeding of wind in the body; belching or rifting; and pains through the whole body; sleep is troublesome and
painful;

painful; the urine thin, watery, and dropping; difficulty also about the privy members; buboes or œdemous swellings. When such signs or presages appear, they are conveniently to be helped by remedies forcing and provoking urine: That which doth perform this without danger, is the roots of fennel and parsley steeped and decocted in thin fragrant white wine, so that eight ounces of the broth or liquor be given every day, to wit, morning and evening, with the water of carrots, alexander, or elecampane, or any of these, for they are all alike profitable; also the water of fitches steeped or boiled, drunk with wine by the diseased, will produce the like effect. Whoever imprudently neglects the foresaid signs and remedies, let him be afraid of these, viz. of the dropsy, of the swelling of the spleen; of the pain of the liver; of the gravel; of pain in the reins; stranguary, cholic. Moreover, in all the signs and maladies which are already set down, it is convenient to give the gentlest medicaments to infants and the younger sort of people, and the strongest to these of riper years, and more aged persons. Moreover, because some certain diseases use to invade at certain times of the year, in which aliment or nutriment is to be eschewed or taken, I shall briefly prosecute this, beginning at the winter solstice.

1. *Winter solstice.*

The winter solstice, even to the spring,
 A 3 equinoxial,

equinoxial, augments in people distillation and moisture, and therefore it is necessary to make use of hot and warm meats, and to drink pure and unmixt drink, and that sparingly, and in little quantity, and to drink the same in organy, but also to use a little venery. Betwixt the winter solstice and spring equinoxial are 90 days.

2. *Spring Equinox.*

At, or about this time, pituit and sweet serosity in the blood increaseth, until the arising of the seven stars, and at this time chiefly things full of moisture and juice, and sharp, ought to be made use of. The body to be kept in exercise and venery. Betwixt the spring equinox and the uprising of the seven stars are 46 days.

3. *Rising of the seven stars.*

About this time bitter bile and yellow choler, and bitter serosity in the blood, is augmented until the summer solstice. All sweet things that move the belly are then convenient. Venery is to be forborn. From the arising of the seven stars to the summers solstice are 47 days.

4. *Summer solstice.*

About this time of the year, till the autumnal equinox, black bile is promoted; therefore cold water, and all odoriferous things should be made use of. Venery is hurtful. From the summer solstice to the autumnal equinox are 93 days.

5. *Au-*

Autumnal Equinox.

This time of the year breeds abundance of pituit, and thin defluctions, until the seven stars set; it is then convenient to extract humours out of the head, and make use of sharp and sour things, and chiefly of things full of juice. Be sparing to vomit. Eschew exercise and venery. From the autumnal equinox to the setting of the seven stars are 46 days.

6. Setting of the seven stars.

About this time, until the winter solstice, pituit abounds in men; and therefore, use must be made necessarily of all kind of sour and sharp things, of pleasant wines, and make use of fat things and exercise. From the setting of the seven stars to the winter solstice are 45 days.

For falling off of the hair.

1. Make a lee of the ashes of cows dung, wherewith wash the head. 2. Seethe the leaves and the inner bark of the oak tree in water, and therewith wash the head. 3. The burnt ashes of little frogs applied, cures the falling of the hair called Alopecia, very soon. 4. The blood of a shell crab, anointed, breeds much hair. 5. The burnt ashes of goats dung mixt with oil, anointed, multiplies the hair. 6. The snot or slime of the elm tree, anointed. 7. Onions rubbed on the place causeth hair to grow. 8. The head often washed with the decoction of the inner bark of the elm tree. 9. Worm-wood

wood bruised and bound on the place causeth hair to grow. 10. The ashes of a goat's hoof mixed with pitch healeth the Alopecia; mixt with oil, is marvelous good. 11. The ashes of bees mixt with oil, anointed. 12. The head washed with dogs piss hindereth baldness. 13. The head washed with the decoction of mallows, causeth the scales of the head immediately to fall. The head washed with a lye made of the ashes of ivy-tree bark, causeth hair grow yellow. The ashes of suthernwood mixt with old oil, anointed, causeth hair to grow.

To hinder hair to grow.

Pluck out the hair, and anoint the place with the blood of a bat, called also a rermouse; or with the blood of a little frog, or with the oil of henbane; or the juice of hemlock well mixed with water, applied to the place being made bare; or, a foment of iron, wherein filings of iron have been well sodden, applied. The milk of a bitch applied, hinders the growing of the hair. The meal of lupines applied, makes the hair fall off, and suffers no hair to grow. The powder of a swan's bones put upon the head, causeth hair to fall off presently.

To make the hair black.

Take the bark of the fallow tree dissolved in oil.

To make the hair yellow.

Wash the hair with the decoction of the flowers of broom.

To

To make curled hair.

Asphodile roots rubbed on the head, being first shaved.

For blisters and scabs on the head.

There is nothing better than to wash the head often with vinegar, or water wherein camomile has been foddren. Cresses bruised with goose-grease applied, cures the scabs. Violet leaves bruised with honey, and applied, cures suddenly. Vinegar, wherein wine lees, or tartar, has been foddren, applied. Wash the head with the decoction of the leaves and middle bark of an oak tree, in water. The leaves of radishes, or riserts, bruised with old grease, applied to the scab. Scabious bruised, with old grease, takes away blabes, and blisters that come of the same in the head. Wormwood bruised and applied to the head helpeth suddenly. Take old swine's grease, Celandine, and brimstone, bray and bruise them well together, anoint the head, (the hair being first pulled) 'tis excellent. Take of allum eight ounces, of salt eight ounces, dissolve them in strong vinegar, and anoint the head therewith. The raw liver of a pig plaistered on the head for the space of twenty days, and then wash it with cold water, and it shall be whole. The juice of agrimony, with salt applied. Clip off the hair of the head, and then wash it with strong vinegar, or with the patients urine, he being fasting, afterwards sprinkle on the powder of tartar, or burnt wine lees.

For

For lice and nits.

The filings of hartshorn drunk in wine, is profitable; but it will be more forceable to make an unguent therewith. The powder of pepper mixt with spittle applied.

For scruff, or scales of the head.

Oil of bitter almonds, anointed.

For sun-burning.

Anoint the face with hare's blood. Anoint the face with the foot of lint-feed.

To make the face fair.

The juice of primrose flowers anointed.

For bloody pustules.

The distilled water of the ash tree.

For wrinkles in the face.

The juice of primroses anointed.

For spots of the face.

Oil of yolks of eggs. Oil of wheat. Oatmeal sodden in vinegar. Bean meal sodden in vinegar. Mustard wrought, or knead with water. The juice of smear-docken, or English mercury. The juice of primroses.

For pimples in the face.

The juice of onions mixt with salt.

For freckles and spots in the face.

Anoint the face with the blood of a hare warm, or with the blood of a white hen, four times. Anoint the face with oil of the yolks of eggs. Oat meal sodden in vinegar and applied.

plied. Bear or barley meal knead with vinegar and honey in form of a plaister.

To take away scars out of the face.

Cover the face with a plaister made of bean meal and goose grease. Smear the face over with the sweat that comes out of an egg when it is roasting.

For leprous faces.

Anoint the face with hare's blood. Anoint the face with yolks of eggs made in vinegar oil.

For tetters and ring-worms.

Anoint the face with brimstone and Venice turpentine mixt together. Salt mixt with oil, and vinegar rubbed on new bread of wheat, mixt in brine, and applied. Mustard knead with vinegar applied. Anoint the face with the juice of spurge. Anoint with the oil of yolks of eggs. Smear on pitch and honey mixt together. Fasting spittle rubbed on. The leaves of mint or horehound brayed and bruised in vinegar applied.

For blisters, called Papulæ.

Foment the place with man's piss which is stale and old, and rub on the rust of iron.

For the morpew, called Alphos.

A raw onion rubbed on.

For the wild scab, called Plora.

Foment the place with sea water.

For the itch.

Anoint the place with salt mixt with oil and vinegar.

vinegar. Rub the part over with water wherein allum is dissolved. Rub the person over with the juice of all-good, (called in Latin *Bonus Henricus*, others call it the smear-docken) mixt with vinegar.

For warts, corns, and hard flesh.

Anoint the place with vinegar, wherein the burnt ashes of the bark of the fallow tree have been steeped. Sheeps dung steeped in vinegar applied. The root of the crowfoot bruised applied. Anoint the place with the juice of great celandine. Incense mixt with pitch and vinegar applied. The juice of spurge applied.

For the rifts of the lips and hands.

Anoint the place with goose or hens greafe. Anoint the place with the oil of yolks of eggs. Apply pomat. Anoint with the oil of wheat.

For the head-ach coming of cold.

Milk, lavender, or civet put up in the nose.

For the head-ach coming of heat.

The juice which floweth out of the birk-tree, when it is bored, applied to the forehead. Orpine bruised in vinegar applied. The forehead anointed with the juice of knot-grass. The green leaves of henbane applied to the forehead. The juice of the sea-greens, or the herb bruised and applied to the forehead.

For the megrim.

The powder of incense and myrrh mixt with the white of an egg, anointed on the temples.
Needing

Neefing provoked with the flowers of neefewort put up in the nose; or with the powder of the root of the herb called crowfoot; or with the powder of the root of the white helibore; or with the powder of mustard-seed; or with the powder of pepper. The head purged with the juice of colewort, snuffed up in the nose; or with the juice of flower-de-luce; or with the juice of marjoram; or with the juice of beets; or with the juice of great celandine. The chewing, or holding long in the mouth, of an onion, of pellitory, of raisins, of pepper, of mastic, with odoriferous wax, the root of masterwort, mustard, cresses.

For a weak brain.

The eating of an Indian root, called Cobebs. The smelling of musk or civet. The powder of amber and cloves, sprinkled on the head. The conserve of clove-gilliflowers often eaten. The roots of avens and rose-root, called *rhodi radix*, smelled unto, or any other ways used at your pleasure.

To dry a moist brain.

The powder of red sanders sprinkled on the head. The fume or smoke of cloves taken up in the nose. The gum of the juniper tree, dry roses, sage, rosemary, mastic. Incense taken in fume, or smoke, up in the nose, or the powder thereof sprinkled on the head.

Against drunkenness and surfeit.

Green-cole supped after, easeth surfeit.

Wormwood taken before meat. A linen cloath dipped in vinegar, and wrapped about the privities. Six bitter almonds eaten before drink.

For running ulcers of the head.

Anoint the head over with old piss or urine. A plaister made of mallows and man's urine, applied to the head. Anoint the head with the ashes of burnt garlic mixt with honey. Anoint the head over with strong brine. Make a bonnet of the leaves of ivy, by sewing them together, and cover the head therewith. Anoint the head with the juice of the heads of mint.

For inflammation of the head, called Siriasis.

Unguentum rosaceum, or *unguentum populeum* mixt with *oleum papaverinum*, anointed on the head.

For the lethargy.

Bruise and bray rue and water-mints with strong vinegar, and apply it to the nose. A man's own hair burnt, mixt and made up with vinegar, and applied to the nose, awakens them powerfully. The blood of a shell-crab anointed on the forehead, is very profitable. The lights of a pig applied thereto is marvellous good. The smoke of galbanum, or hartshorn, put up in the nose is preferable to any thing whatsoever. *Mel anacardinum* drunk is the proper medicine for this disease. Put the eggs or heart of a nightingale under the pillow or bolster, and it will hinder any man from sleeping; and whosoever drinketh them shall never

ver sleep. The smoak of kids leather burnt, holden to the nose, awakens the patient out of the lethargy; as also, it awakes the epileptic, and those that have the hysteric passion. Savory applied bruised or sodden plaisterways to the hinder part of the head, awakens them that are in a deep sleep. Sage and lavender do the same. Bray or bruise mustard-seed with vinegar, and with the same rub the soles of the feet strongly, and it will awake the patient. Cut off the head of a batt, put it in a black cloth, and bind it to the right arm, and it will not suffer one to sleep, until he lay it aside. The heart of a batt doth the same, being carried about one. Burn the whole skin of a hare, with the ears and nails, the powder thereof being given warm to the patient, cureth the lethargy perfectly. Conserve of gilliflowers, conserve of the flowers of sage, conserve of the flowers of rosemary. Anoint the patient with the flowers and leaves of hyssop. The root of imperatoria, both applied to the forehead, and taken inwardly.

For the frenzy.

A water-sponge steeped in the decoction of betony. Apply to the head a whelp cut thro' the belly; do likewise with a cock, or with the lights of a pig. Likewise bind the arms, legs, and thighs with bands strongly, until the patient find some pain in the binding. Likewise cause him smell camphire, henbane, saffron, opium, or henbane sodden, or decocted in

mulse, and incontinently he shall be quiet. Open a vein in the midst of the forehead, and draw forth much blood, the pain will cease; it is a most approved one. Eight ounces of the juice or decoction of mallows drunk, provoketh sleep. The gall of a hare drunk with wine, causeth a man ever to sleep, until ye give him vinegar. A water-sponge dipt in hot wine, and applied to the pap, often causeth sleep. Boil hemlocs in water, and apply it to the patient's head, the hair being first shaved off, it effectually draws forth the frenzie, consisting both of thin and gross humours.

Against the great anxiety and weariness of this disease, put up the juice of ivy into the nose, and apply mint boiled in vinegar to the head, the hair being first shaved. The hot lights of a beast is very profitable. Anoint the lips and nose with sweet wine, wherein henbane hath been boiled, and presently the patient shall fall asleep, with great admiration. Anoint the forehead with the oil of roses, and apply the jellies to the vein in the midst of the forehead; it is marvellous good.

For inveterate pain in the head.

The juice of ground-ivy put up in the nose purgeth the head very well, and easeth the pain thereof; and the juice of black ivy put up in the nose, cureth the filthiness of the nose. For rheum, or defluations of the head coming of a cold cause, calamint, or wild thyme bruised,

ed, roasted, or fried, and applied hot to the head, easeth the pain thereof. The fume or smoak of the decoction of rosemary in wine, cureth the pain of the head. Beans sodden without the skin, bruised and applied plaisterways to the head, cureth the pain thereof. Hyssop roasted, and applied to the head, is very profitable for the pain thereof, coming of rheum. Dove's dung, horse, or water-mint, and the seed of rue bruised and roasted, applied to the head, drieth up the cold thereof, and cureth the oldest pain in the head. The seed of dragons carried about one, cures all the pains in the head. The juice of purple anointed on the forehead, purgeth the head well.

For the vertigo.

Foment the head with the decoction of tree-foil, and afterwards apply them plaisterways to the head and temples, and the vertigo shall be cured. A garland of vervane put upon the head, cureth all the pains thereof. The juice of onions put up into the nose, purgeth the head mightily. The drawing of blood in the forehead, cures many pains in the head. A ram's skin new taken off, and wrapt about the head for the space of a day and a night, cures the pain of the head. The juice of leeks put up in the nose, when one goeth to bed at night, cureth many diseases in the head. Conserve of the flowers of sage often eaten. Conserve of the flowers of rosemary often eaten. The roots

of imperatoria taken either in meat or drink. Conserve of gilliflowers eaten. Sagapenum taken in drink, or applied. The juice of plantain, and the herb itself bruised, mixt with the patient's urine, applied plaisterways, suddenly cures the pains of the head. A woman being troubled with a pain in her head for a long time, did anoint her forehead and temples with dialthea, and suddenly recovered her health.

For pain in the forehead.

Anoint the forehead with rue, salt, and honey mixt together. The leaves of betony bound, and applied plaisterways upon the forehead, marvellously heals the pain of the eyes and forehead. Wormwood, rue, ground-ivy grinded together, and made up with the white of an egg and honey, applied plaisterways. Celandine bruised, and applied plaisterways to the head. The juice of ground-ivy mixt with oil and vinegar, applied with wool of cotton. Juice of ground-ivy, mixt with the old lard or fat of bacon, anointed on the forehead, helpeth marvellously. Take a third part of the juice of ground-ivy, and three parts of oil olive mixt together, and put into the ears. A garland of the cornel-tree put on the head. Mint bruised, and applied to the head.

Against watching, or to cause one to sleep.

Oil of violets mixt with womens milk is very good. Ashes of hartshorn burnt, mixt with the oil of roses, and anointed on the forehead
and

and temples, causeth a pleasant sleep, and thereby easeth all the pains of the head. The juice of celandine put in the nose, purgeth the head. The fume of the decoction of the roots of celandine in wine, received in at the mouth, or the decoction itself often gargarised, purgeth the head, and puts up the uvula, or pap of the hals, by drying thereof. For an old pain in the head, there is not a more commodious medicine, than a plaister of mustard-seed. If the patient take three pills, each of the quantity of a bean-pickle, made of aloes and the juice of coleworts, scarcely shall he have any pain in the head thereafter. Lettuce taken in meat. Anoint the forehead and temples with the juice of ivy and vinegar. Ground-ivy mixt with the white of an egg, and applied plaisterways to the forehead.

For the epilepsy, or falling evil.

The powder of hartshorn drunk in wine, cures the epilepsy. The heart of a hare drunk in water. The brains of a fox often given to young children to eat, preserves them from the epilepsy. Mare's milk drunk. The liquor that drops from the lights of a ram when it is roasted, taken, cureth the epilepsy. Cocks stones bruised in hot water, drunk, cureth the epilepsy. If they abstain from wine the space of nine days, crows eggs are profitable. Powder of man's bones, chiefly of the skull, given, cureth the epilepsy. The bones of a man cures a man, the bones of a woman cures a woman.

man. In the beginning of this disease, when the patient is under a fit, open a vein in the ear, and draw forth much blood, and give it to the patient to drink lukewarm, and he shall be cured. How long soever the patient shall wear aristolochia, in English birthwort, about him, he shall be free from the disease. A belt made of a wolf's skin worn about the middle, preserves the patient from the epilepsy. The heart of a wolf eaten or drunken, cures the epilepsy. Three spoonfuls of the juice of horehound, mixt with three spoonfuls of honey, drunk at a draught, cures the epilepsy. The juice of primrose drunk for the space of nine days is effectual. Hare's blood made up with aromatical spices, cures perfectly. A mouse roasted and eaten is profitable. The hairs of a dog that is all white, hung about the neck, is profitable. Cinquefoil drunk for the space of 33 days together, cures perfectly the epilepsy. Bellitory of Spain hung about the neck cures perfectly. Take a frog, and cut her through the midst of the back, and take out her liver, roll the same in a colewort leaf, and burn it in a new lime vessel well stopped, and give the powder thereof to the patient to drink; and if he be not cured for this, give it to him oftener, one after another, and ye need not doubt but he shall be cured. The blood of a swan drunk in wine cures the epilepsy. Swallows eaten cure the epilepsy. The distilled water of man's dung is profitable. A

coulter

coulter on the head is proper for an inveterate epilepsy. The root of imperatoria taken in potions. Conserve of rosemary. Powder of the root of filipendula in meat. Piony seed hung about the neck in a thread. Coral drunk, and hung about the neck.

For melancholy.

Decoction of the leaves of betony. The juice of sweet apples. The juice of citron apples. Six ounces of the juice of mallows drunk. Balm and mint drunk any manner of way cures melancholy. Squill vinegar drunk. A syrup of polipodium drunk.

For the convulsion fits.

Anoint with the oil of lintseed. Oil of the flowers and leaves of hyssop. Oil of white lilies anointed; with the root of hemp sodden, then bruised, and applied. The root of imperatoria taken inwardly, and applied outwardly. The root of piony taken inwardly, and applied outwardly.

For numbness, insensibleness, and stupidity.

The decoction of imperatoria, rosemary, sage, hyssop, germander, taken in form of hydromel, that is, the decoction mixt with honey and drunken. The place anointed with the oil of mustard, with hyssop, oil of sage.

For the palsy.

Powder of the root of elecampane drunk. The juice of sage drunken. The decoction
of

of sage, imperatoria, germander, with honey.
Oil of mustard anointed on the place. Oil of
the leaves and flowers anointed.

For trembling.

Decoction of the root of imperatoria drunk
as also the cures of the palsy are convenient.

For pain of the joints and nerves.

Squill vinegar drunk. Oil of nutmegs drunk.
Ashes of the stalks and cods of beans mixt with
old swine's grease, anointed. Sea water pour-
ed on the place aggrieved. The root of the
holyhock, either by itself, or sodden in wine
or mulse, applied plaisterways. Lily roots
roasted, mixt with honey, and applied.

For wounds of the nerves.

Snails bruised and applied. Earthworms
bruised and applied. Oil of Venice turpentine
anointed. The flesh of snails, with mill-dust,
applied. Oil of St. Johnswort, anointed.

For contraction and hardness of the nerves.

Oil of yolks of eggs anointed. Oil of lint-
seed anointed. The marrow of a hart or calf
anointed.

For bruised nerves.

The flesh of snails mixt with mill-dust ap-
plied. Bean meal mixt with vinegar and ho-
ney applied.

For passions of the eyes.

The yolk of an egg roasted, mixt with rose-
water and saffron, applied to the eyes. Snails
bruised

bruised in a mortar, and foddren with an egg, applied to the forehead with wool, having the ure upon it. The juice of blue-bottle put in the eyes. The yolk of an egg foddren in water, mixt with rose-water; or oil of roses put in a little bag, made lukewarm, and applied to the eyes, takes away the pain and swelling from the eyes. Take ashes of the leaves of coleworts, and a little honey well mixt together, and put it in the eyes, it takes away the vehement pain of the eyes. Take the root of knot-grass when the moon is past the full, and hang it about the neck, and it will not suffer the eyes to become weak and infirm. The juice of the root of knot-grass put up in the eyes. The lights of a hart applied to the eyes takes away the pain suddenly. All kind of milks applied, takes away the pain in the eyes; especially if it be mixt with the yolk of an egg and oil of roses, and applied plaisterways. Betony bruised and applied healeth a stroke in the eyes. The white of an egg put in the eye lukewarm, restoreth pained and sore eyes to health again. The eyes of a crow hung about the neck, cureth all infirmities in the eyes.

Dimness of the eyes.

The gall of a partridge put in the eyes, cureth the mistiness and dimness of the eyes. Juice of rue mixt with clarified honey, putting a little in the eyes now and then, cureth the antient dimness of the eyes. Take the juice
of

of celandine, and the juice of fennel, and ob-
these juices mixt together, put in some drops
in the eyes at noon and at night, and after the
eyes are dight, put in them woman's milk;
this cures the antient dimness of the eyes. The
juice of plantane put in the eyes doth the like.
Aloes bruised with the white of an egg, putt
in the eyes, helpeth the dimness of the eyes
wonderfully. Wash the eyes with the decoc-
tion of betony in water, and it cureth the dim-
ness of the sight, by drawing the dimness and
blood down to the nether parts. The eating
of green coleworts often, cures the dimness of
the eyes. Milk of the bark of the willow tree
clarifies the sight. Wine wherein tormentil is
fodden, often drunk without any other drink,
and the herb fodden, every day applied plaif-
terways to the eyes, for the space of three or
four months, restores the sight to those that
have clear eyes, and see none. Take ink and
distemper it with the white of an egg, by cast-
ing or tossing it with a stick or spoon, until it
froth, then set it up and let it stand and settle,
and the thin liquor that runs from it put in the
eyes every night, until they be clear and whole.
Cut a hot barley loaf in the midst, and sprinkle
thereon the powder of carroways, and hold it
up before the eyes to clear the sight. Ashes
of burnt roses put in the nose, cures the dim-
ness. The gall of a cock mixt with the juice
of celandine and honey, put in the eyes, clears
the eyes perfectly. Thyme often eaten clears
the sight.

For spots and marks of the eyes.

Juice of wormwood, womens milk and rose-water mixt together, emplaistered upon the eyes, easeth the pain, and taketh away the mark. Ashes of burnt snails, with their shells, put in the eye, taketh away the spot or mark in the eyes. Ginger rubbed on a sharpening-stone with white wine, and this wine put in the eyes, taketh away the mark. Juice of the flowers of millefolium and woodbine, called honey-suckle, bruised and mixt with woman's milk, put in the eyes, taketh away the mark. The juice of henbit put in the eyes. The juice of knot-grass put in the eyes, putteth away the mark in one day. Powder of tussilago and ground-ivy doth the same. Steep the roots of celandine in rose-water, then put them in a linen-pock, and hang them up, and that which drops from the roots, put in the eyes; this is only to be done with great spots and marks, otherwise it will dissolve the eye. Common oil put in the eyes, takes away the mark incontinently. Darnel chewed, and the juice prest out put in the eyes, takes away the mark suddenly. Ashes of man's dung put in the eyes, taketh away all spots, and cureth the dimness of the eyes. Ashes of burnt dove's dung made up with vinegar, and dried, and then pounded with the juice of fennel or henbane, put the juice thereof on the mark, it is a sovereign cure.

A precious powder to take away the mark, and to bind the blood and tears from flowing to the eyes.

Take of tutia two drams, of sugar one dram, bray them, and make them in a very fine powder, put in a little thereof in the eyes with the water of euphrasia, and fennel: *Experimentum securum, et sine periculo certissimum.*

For red and cloudy eyes.

Green wormwood bruised, and mixt with the white of an egg, and put in the eyes, takes away the bloody redness of the eyes, of whatsoever humour it comes. The lights of a sheep put hot upon the eyes, puts away the blood out of the eyes very soon. The blood of a dove put in the eyes binds the blood. Parsley bruised, mixt with the white of an egg, cures bloodiness. Powder of burnt fallow put in the eyes cureth them.

For watery eyes.

Saffron mixt with womens milk put in the eyes. Soot of pitch put in the eyes. Soot of butter put in the eyes. Beans hooled, and tempered with the white of an egg, applied to the temples plaisterways, diverts the humours from flowing to the eyes. A drop of the patient's urine put in the eyes, dries the eyes powerfully. Rue bruised with honey and vinegar, and strained, put in the eyes dries them. Often touching the eyes with a saphire, or emerald, dries them.

For

For heat in the eyes.

The white of an egg casten and scummed, put in the eyes, removes heat and shooting pain of the eyes. Bitch milk mixt with the juice of knot-grafs, anointed, removes heat in the eyes. Take the leaves of parsley mixt with good white wine, let it stand the space of a day, and then anoint the eyes therewith, and it removes the itching of the eyes. Aloes dissolved in a good quantity of the juice of fennel, in a brasen vessell for the space of three days, then dropped in the eyes, is an excellent cure for the itching.

For an ulcer and fistula in the eyes.

The juice of plantane put in the angle of the eyes, with filken caddise, cures the same within nine days. Beans chewed, emplaistered with wine upon the eyes that are hurt with a stroke, cureth them. Ashes of hartshorn burnt in an unused pot, put in the eyes, cures ulcers, and hurts in the eyes. Leaves of wild mallows chewed, and mixt with a little salt, applied, cleanseth a fistula, and causeth flesh to grow. The urine of a man, tempered with honey, put in the eyes, cures the disease called albugo oculi. The juice of ground-ivy put in the ear, cures the same.

For the nail, or haw of the eyes.

Juice of the roots of lilies put in the eyes. The blood of a live-eel put in the eyes. Powder of liquorice put in the eyes.

For maladies of the eye-lids.

Ants without the head, bruised and applied, take away the little lumps. The gall of a partridge, or of a white hen anointed, cures the filthiness of the eye-lids. Sagapenum, with vinegar put upon the lids, cures the scabs within them. A raw hen egg, mixt with the oil of roses, applied to the eyelids cures the inflammation of them.

For the disease of the eye-lids, called albugo oculorum.

Man's urine sodden in a brazen vessel, put in the eyes. The juice of onions put in the eyes. Juice of the three-leaved clover mixt with honey, put in the eyes. Musk put in the eyes. The gall of a white hen, or partridge, put in the eyes.

For little clouds in the eyes.

The juice of fennel put in the eyes. Man's urine sodden in a brazen vessel, put in the eyes, the gall of a partridge, or white hen, put in the eyes. Juice of onions put in the eyes. The gall of a hart put in the eyes. Powder of cloves, made very fine, put in the eyes. The juice of the great celandine, mixt with woman's milk, put in the eyes. Juice of hawkweed, with any milk, put in the eyes. Eye-bright taken any manner of way.

For strokes, wounds, ulcers, sore angles, or wicks of the eyes.

Woman's milk, with incense put in the eyes,
healeth

healeth a stroke in the eyes. The blood of a dove or partridge put in the eyes. The foot of incense put in the eyes, The foot of butter put in the eyes, cureth ulcers. The foot of pitch put in healeth the fores of the angles or wicks of the eyes.

For the Ægilops of the eyes, and for the falling out of the eyes.

Pantane, applied plaisterways to the Ægilops, cures the same. Bean meal with roses, whites of eggs and incense made in a plaister, and applied, cureth eyes that are fallen out. Leaves of the bramble bruised and applied, cures eyes that are fallen out.

For inflammation of the eyes.

Cheese applied to the eyes. Sugar put in the eyes. Leaves of the great house-leek applied. Snails bruised in a mortar with a sodden hen's egg, and applied to the forehead with unwashten wool, cures the inflammations of the eyes. Juice of blue-bottle put in the eyes. Hawkweed with woman's milk put in. The leaves of betony bruised, and applied to the forehead.

For dim eyes, bleared eyes, and for a pin or a web.

The blood of a dove or partridge put in the eyes, helpeth dim eyes. The gall of a sea-crab, or of a partridge, or of a white hen, cureth the pin or web in the eyes. Juice of onions, or hawkweed, put in the eyes doth the same. Wild thyme applied to the forehead

doth the same. Juice of fennel dropped in the eye, removeth the web, and cleareth the sight without all doubt. The juice of plantane. Juice of henbane put in the eyes cureth blearedness. The gall of an ox put up in the nose cureth blearedness, The root of field-dock taken up in the declining of the moon, carried about one, preserveth from blearedness. Eye-bright taken any manner of way.

For dimness and dulness of the eyes.

The juice of rocket. Juice of the bark of the willow, being cut when it is green. The juice of coleworts sodden in honey. Juice of hawkweed put in the eyes, cureth dimness of the eyes. Eating of nutmegs or asparagus often, cures the dimness of the eyes. Powder of cloves put in the eyes, cureth dimness of the eyes.

For MALADIES of the EARS.

For pains of the ears.

Hards of hemp, dipped in the white of an egg, applied, easeth the pain coming of a hot cause. Oil of bitter almonds. Oil of juniper. Oil of the decoction of onions or risarts applied. Seethe the juice of seen-grass in an onion hocked or hooled, among the midst of embers, then repress the juice, and put it in the ear, and apply the onion plaisterways, it is very profitable, both in hot and cold causes. Earth-worms bruised with the oil of roses, applied, are excellent. Juice of ivy mixt with

Juice

oil, put in the ears, helps all diseases thereof. Juice of onions, with woman's milk, put in the ears, cureth pain in the ears. The fat of a fox applied, cures the pain. Oil made up with cinnamon or cannel, is an excellent cure for pain in the ears. The fat of an eel, with the juice of an onion, and seen-grass, put lukewarm in the ears, is excellent. The grease of a rat put in the ears, cures desperate effects of the ears, (*Plinius*). A mouse bruised with wine, and sodden with the fat of bacon, cureth old diseases of the ears marvellously. Earthworms sodden with goose grease, hens grease, foxes grease, applied, with organy, or mint, or melilot, or horehound, every one of them by themselves, or mixt, put in the ears, cures pains of the ears marvellously. Juice of the berries of bourtrie sodden with honey, put in, cures the pains of the ears. Juice of mallows put in the ears.

For inflammation of the ears, internal.

The juice of mint put in the ear with a quill, breaks an imposthume in the ear. A raw hen's egg with the oil of roses put in the ear. Oil of yolks of eggs put in the ear.

For ringing and sounding of the ears.

The gall of an ox. Juice of leeks, with incense, vinegar, milk. Juice of onions, either by themselves or mixt, put in the ears. The fume of hot vinegar taken hot, put in the ears through a funnel.

For

For a stroke or bruise in the ears.

Anoint the ears with brimstone, wine, and honey, and it cures them.

For exulcerate ears.

The gall of a swine put in the ears. Untransplanted leeks with earth-worms sodden in oil applied.

For deafness.

For recovering of the hearing again, put a green piece of an ash tree in the fire, and gather the sap that comes out of the end of the tree, and put it in the ear. Take earth-worms, ants eggs, leaves of rue, bruise them well together, then boil then in oil and strain them; take one drop of the strained oil lukewarm, and put it in the ear, then stop the ear with filken cadise, and likewise anoint the ears outwardly with the same oil. Juice of betony lukewarm, put in the ear, or the juice of laurel leaves, cureth deafness, and founding of the ears, and pain. Smoke of vinegar is profitable for deafness. Ants eggs bruised, and wrung through a linen cloth, and mixt with the juice of piony, put in the ear, cureth the antientest deafness that is. The gall of a hare, with the grease of a fox, and the fat of bacon melted, put in the ear, helpeth deafness. Smoke of brimstone suddenly taken in at the ear through a pipe. Oil of Venice turpentine put in the ear. The frothy juice of an ashen tree burning in the fire, put in the ear.

For

For filthy watering ears,

Urine of a child put hot in the ears. Juice of the leaves of willows put in the ears, is esteemed the last remedy. Oil of the yolks of eggs put in the ears. Take a ripe apple and beat it at the head where the stalk is, and put it in the ear a little open, or close; in the morning you shall find a worm there, for they are mightily taken with the smell of apples. Juice of wormwood. Oil of bitter almonds. A man's urine sodden in the skin of an orange. Juice of calamint. Oil of turpentine. Juice of horse-mint. Juice or decoction of hemp put in the ears.

For stones or grains, or any other thing falling in the ears.

Cause a man breathe in the ear strongly, and on a sudden draw in his breath again. Hold the mouth and the nose close, and provoke neezing: Or put turpentine or glew upon the end of a stick, and put it into the ear, and draw them out therewith.

For swelling of the ears, called parotides.

The sweat, or filthiness of a beast, proceeding out of her flanks, especially of a sheep, applied. Bean meal, or meal of lintseed, mixt with honey, applied plaisterways. Hedge nettles, called *galeopsis*, pounded with vinegar, applied warm, twice every day.

For

For bleeding at the nose, and for bleeding of wounds.

First, Take heed that the body be not bound or girded with a belt, or any other thing, then hold in your hand the herb knot-grass, or hold before his eyes the herb shepherd's scrip, or vervane, both these herbs have that property, by looking on them, to stanch blood, and this is profitable to stanch blood at the nose. Make a powder of the blood of the patient, after it is burnt, and blow it up in the nose, it powerfully stays the bleeding of the nose. Incense pulverised, and put up in the nose. Snails with the shells bruised, and put in. Flowers of galeopsis put in. Juice of paddock-pipes put in. Juice of swine's dung put in. Juice of rue, anointed on the forehead, stops bleeding at the nose; but snuft up provoketh it. Ashes made of the leaves or roots of rue, snuffed up, stancheth blood miraculously. The root of violets chewed in the mouth, and the juice of them swallowed over, very often stays the bleeding of a wound incontinently. Juice of henbane, anointed on the liver, if the blood flow from the right side, and anointed on the spleen, if it flow from the left side. Put a ventose on the liver, if the blood flow from the right nostril, and upon the spleen if it fall out of the left. Likewise, if it be a woman that bleeds, put the juice of henbane on the pap of that side that bleeds. Dandelion bruised, and put on both the paps, stays bleeding from whatsoever

ever part of the body it flows. Powder of hooled beans put upon the wound, stays the wound where ever it be. The middle of a bean put in the wound, stays the bleeding, by glewing the wound together. Powder of the outer-scurff of a cauldron or frying-pan, made up with the juice of nettles, and put up the nose, stays bleeding. Ashes of a frog, well burnt in a pot, stays all the fluxes of the blood, and gleweth veins and arteries, and cures burning. Ashes of hens feathers burnt, or ashes of nettles snuffed up. The roots of nettles chewed, so that it may be swallowed over, and if you keep the same in the mouth, you cannot lose blood. The hairs of a hare pounded with the white of an egg emplaistered, stayeth the blood of an artery. Steep a hare's hair in water and vinegar, put it in the nose, and it will produce a marvellous effect. The blood of a partridge, of an ozell, of a dove, applied, stayeth the flowing of the blood of the wound most healthfully. The blood of a cow put in the wound. Make a plaister of clay, rose water, vinegar, and whites of eggs, and apply it to the testicles. Cause the patient ly on his back all naked, and drop on his face water and vinegar; this is a most sure cure. Pieces of broken stones put upon the veins of the temples, that the veins may be strongly prest, stays bleeding. Cinquefoil drunken or anointed. A jasper stone carried about, or applied to the wound. The leaves of elecampane bruised
and

applied, A roasted onion put in the wound. Earthworms bruised, with white incense, and the white of an egg, cureth incontinently. A little of the seed of cresses drunk, stayeth the bleeding of a vein broke within the body. Thee distilled water of plantane, mixt with an equall portion of vinegar, applied to the palms of thee hand, soles of the feet, and to the liver. Thee juice of onions infused with strong vinegar, put up into the nose. The leaves of betony and a little salt being mixt together, put up in the nose. A jasper stone hung about the neck, and holden in the hand.

For a disease in the nose, called Polipus.

The roots of the great dragons put in thee nose, Sandaracha, with oil of roses, put in the nose.

For ulcers and cancerous sores in the nose, called Ozæna.

Juice of ivy, or of great dragon, put in thee nose. Sandaracha, with oil of roses, put in the nose.

For the nose obstructed with snivel, or bubbles.

Neefing provoked with the powder of mustard, with the root of crowfoot brayed. Luke-warm water snuffed up in the nose, is the best of any thing.

Diseases of the mouth and tongue.

For an evil smell in the mouth.

The roots of flower-de-luce holden, or chew-
ed

ed in the mouth. Musk holden in the mouth. Cloves, or roots of angelica chewed. Gold holden in the mouth.

For gnawing or eating ulcers in the mouth.

The juice of liquorice or organy holden in the mouth. The mouth washed with the decoction of bramble, or cinquefoil, or vervain, or camomile, or allum, with honey. Water that flows out of the birch-tree, being bored, holden in the mouth. The mouth washed with the decoction of virga aurea, or of silverweed, or of mouseear. Gold or coral holden in the mouth.

For a stinking breath.

Decoction of wild oats, with dried roses holden in the mouth. The mouth washed with the decoction of citrons, nutmegs, leaves of the sow-thistle, cloves. Root of imperatoria, rosemary, any of them eaten,

For roughness and filthiness of the tongue.

Sugar-candy holden in the mouth helpeth roughness and filth of the tongue. The pulp of tamarinds holden in the mouth.

For inflammation of the tongue.

Decoction of the three-leaved liverwort in harsh wine. Oil of mastic applied to the tongue.

For the palsy of the tongue.

The distilled water of cannell holden in the mouth. Sagapenum holden in the mouth.

Thirty pickles of piony seed, the skins taken off, brayed, and drunk in wine.

To restore speech hindered.

Distilled water of lavender, Distilled water of cannell holden in the mouth.

For pustules of the tongue.

The leaves of daisies chewed in the mouth. An unguent of plantain and fresh butter holden in the mouth is excellent.

For a mark in the face called gutta rosacea.

Make a bath of the chaff of bear and oats, with leaves of mallows and wormwood, and apply it. Take barley-meal, fenugreek-meal and borage of equal weight, pulverise them, and make them up in an unguent with the juice of onions and clarified honey.

For impetigo, ringworm, or tetter in the face.

Sourdock roots bruised in vinegar and rubbed on. The roots of plantain bruised in vinegar and salt, wring it through a linen cloth, and anoint the place with the liquor.

For spots and wrinkles in the face.

Dove's dung bruised in vinegar applied. The blood of a bull anointed with. The hot liver of a sheep applied to the face makes the whole face well coloured.

For wraying of the tongue, hindered motion, and speech lost.

If the tongue be wrayed with cold suddenly, make a gargarism of the decoction of sage,
pelli-

pellitory and rue, in wine. Hold in the mouth the decoction of mustard, cannel, and salt. If motion be lost, apply to the forehead a plaister of castoreum, pellitory, dove's dung, pitch, wax, and the grease of a bear. If speech be lost, wash the mouth with lukewarm vinegar, of the decoction of pennyroyal. Hold in the mouth a pulse made of rye, vinegar, and rue sodden together, this restoreth speech miraculously.

DISEASES of the TEETH and GUMS.

For pain in the teeth.

For vehement pain in the teeth, drop in the juice of ground-ivy in the ear, on that side the pain is ; it will be a little sore for a short space, after that all the pain will be over. Juice of acorns doth the like. Against a great pain, hold in your mouth wine wherein violets have been sodden. *Probatum.*

To keep the teeth from pain.

The filings of hartshorn sodden in a pot with water, and often holden in the mouth. The juice of beets put in the ear of that same side the pain is, cureth antient pains. A date-stone kindled in the fire, and holden betwixt the teeth, easeth the pain. Anoint the teeth every day with the juice of onions, they shall never have pain. Wash the mouth every month with the decoction of spurge, it removes pain. Dandelion applied to the teeth pained, easeth the pain often. *Probatum.* Juice of

asphodil dropped in the opposite ear easeth
 pain. Leaves of sage put upon the pained
 tooth, preserves the same from being hurt with
 the cold air. Foment the teeth with vinegar
 wherein hyssop hath been sodden. Rub the
 teeth and gums with the roots of raddish, and
 they shall have no pain. Wash the teeth with
 the decoction of organy, or with the stalk
 thereof, and it perfectly cures. Scabious
 bruised, put in the teeth. Lettuce sodden in
 oil-marine put to the teeth. Powder made of
 a dog's tooth put in the teeth. Rub the tooth
 with the roots of walwort, and they shall ne-
 ver be vexed with pain; it is a sure experi-
 ment. The juice of chicory, or millefolium
 put in the opposite ear, doth the same. The
 root of millefolium chewed in the mouth fast-
 ing, easeth pain and removes it. Wash the
 mouth with vinegar, wherein henbane hath
 been sodden, and it removes pain. Juice of
 cresses put in the ear, in the same side the pain
 is, healeth the teeth. The root of horehound
 chewed in the mouth fasting, healeth in short
 time. The roots of mallows, or the roots of
 cinquefoil, applied to the teeth, cureth pain.
 The root of pepperwort hung about the neck
 cureth the teeth. Strawberries chewed in the
 mouth, cureth the pain without doubt. Fire
 an ash-tree stick, and when it is burning put
 it in the hollow tooth, being filled with treacle,
 it is very good. The root of mouseear bruised
 and applied is very good. Touch the sore
 tooth

tooth with a dead man's tooth, and it shall be cured. Wash the teeth with the decoction of fourdocks in vinegar, or of wormwood, or of hyfop, or of holyhock, or of balm, or of betony, or of cinquefoil, or with the roots of henbane, or with strong vinegar hot, or with the roots of plantain. Put in the holly tooth roots of crowfoot, root of angelica, powder of dried marigolds. Spurge milk put in the ear or nose on the contrary side. Juice of the roots of asphodil. Juice of brook-lime. The warts that grow on the thigh of a horse brayed and put in the ear with oil. Juice of cresses lukewarm. Oil of castoreum. Wash the mouth with the decoction of the roots of imperatoria, or rosemary, in harsh wine. Chew in the mouth the roots of angelica. The leaves of millefolium. The roots of flower-de-luce. The seed of mustard. Plantain roots.

For foul teeth.

Rub the teeth with the ashes of snails, of hartshorn, of the scruff of bread.

For loose teeth, dull teeth, and sore worms in the teeth.

Loose teeth are made fast with the decoction of mastic, of leaves of plumb trees, of virga aurea, of silver-weed, of strawberries in vinegar or strong wine. Allum dissolved with vinegar and honey applied. The powder of coral rubbed on. Purpy chewed in the mouth cureth dull teeth. Put a grain of salt in a spi-

der's web, and put it in the hollow tooth, and it will fasten the tooth. Mastic chewed in the mouth does the same. Smoke of the seed of henbane put upon the coals, received through a funnel, cureth the worm in the teeth miraculously. Anoint the teeth with the marrow of a horse. Rub the teeth often with the root of a parsnip, and it will take away the pain of the teeth.

For easy breeding of teeth.

The stone in the head of a snail taken out and hung about the neck. A bitch's milk and fresh butter. The brains of a hare foddren and rubbed on the teeth and gums. Anoint the whole neck, the jaws, and cheek-bones with sweet oil, and drop thereof in the ear. The teeth of a wolf. A green jasper stone hung about the neck.

To break rotten teeth.

Juice of the great celandine. The root of crowfoot put in the hollow tooth. Ivy gum put in the hollow tooth breaks the same. Corbies dung put in the hollow tooth, breaks the hollow tooth and healeth the same. The root of black henbane made well hot put to the pained tooth, and that tooth will fall out of itself, but beware ye touch none of the rest. The herb rubbed on the tooth does the same. The brains of a partridge put in the hollow tooth breaks it, and easeth the pain. The roots of asparagus bruised and applied. Put the powder of coral

ral in the hollow tooth, and it will fall out, and it is excellent for comforting the gums.

For rifts in the lips.

Mastic softened with the white of an egg raw, applied, heals rifts.

For weak, consumed and rotten gums.

Decoction of dry roses, of gall, of plum-tree leaves, of bramble in harsh wine, every one of them by themselves, strengtheneth the gums. Wash the mouth with vinegar wherein the rust of iron hath been sodden, or allum or salt.

To dry gnawing and putrified gums.

Allum, pumice-stone, rust, bruised and applied. Ashes of burnt snail-shells. Powder of coral rubbed on. Wash the mouth with strawberry herbs and roots.

For diseases of the wind-pipe, wezand or gullet.

Vinegar gargarized with a gargarism of the decoction of wild plumbs.

For roughness of the gorge and thrapple.

The juice of mustard. The decoction of cinquefoil. A decoction of the leaves and roots of mallows. A like medicine of the juice of liquorice. The white of an egg eaten.

For inflammation of the throat.

A gargarism of milk, or the juice of parietary, or the juice of nettles, or vinegar, or the decoction of dry figs, or the juice of bramble, or plantain-water, or the decoction of allum.

Anoint

Anoint the throat with oyl wherein a frog hath been sodden, with the juice of walwort hot. A linen cloth dipped therein, and put about the gullet.

For the falling of the uvula.

If the uvula be lax and fallen down, gargarize with the distilled water of harts or hyndstongue, with the decoction of *virga aurea*, the leaves of wild plumbs, comfrey, mouse-ear, silver-weed, with plantain-water. Put upon the uvula powder of pepper with a spatula. Shave the hair off the head, and put thereon tar hot, mixt with incense and mastic. Divide an egg in two halves, with a knife, after it is well sodden, and apply the one half thereof very hot to the crown of the head, or apply the whole egg, the shells being taken off. A cauter with gold is the best cure. Diamoron, mixt with wine and honey, gargarized hot, dries the uvula, and consumes the pituitous humour. One writes, That diamoron cures all diseases of the uvula and palate. Ashes of burnt colewort applied to the uvula. Vinegar gargarized, wherein hyssop is sodden. A ventos put upon the head, being first shaved, draws up the uvula. Salt made very hot, bound in a linen cloth, and applied to the nap of the neck behind, is marvellous good.

For the squinance or quinsy.

First cut the cephalic vein, then use repelling things inwardly and outwardly; use evaporating

porating and discussing medicines, repelling medicines, or decoction of lentiles, decoction of roses, vinegar, oxycraturum, milk, juice of parietary, juice of nettles, juice of scurvy, juice of bramble, decoction of dry figs, all taken in the form of a gargarism: then draw blood of the ranula under the tongue, then apply these things outwardly, to wit, tar, palm-worm mixt, with a bull's gall mixt with honey. Salt with honey and oil. Juice of snails pricked with a needle, and anointed with a feather. Dog's dung. Juice of the roots of walwort hot, and a linen cloth dipped therein, and put about the throat. Amber burnt, and the smoke taken in at the mouth. Powder of dog's dung blown in with a pipe. A plaister of dog's dung applied outwardly. A plaister of dog's dung, man's dung, and a bull's gall. Make a plaister of man's dung dried, and mixt with honey. Bruise the root of a lily and figs together, put thereto leaven, mix them all together with swine's milk, seeth or boil it, and make a gargarism thereof; this breaks the imposthume by a natural property. Snails, especially those upon trees, applied plaisterways, are best of any thing to ripen and break the imposthume. The root of celandine bruised, and sodden with wine, gargarized, dries the humour, and purges the head. Vervain bruised and applied hot, cures a desperate squinancy. A plaister of a swallow's nest dissolves humours of the gorge and chonks.

For a dangerous squinance.

Take old swallows, and burn them in a pott, take the powder thereof and mix it with honey, and anoint the throat therewith with a feather. Scabious drunk or emplaistered, cures a confirmed squinance.

For DISEASES of the BREAST or LIGHTS.

For the cough.

Oil of sweet almonds drunk. Decoction off the root of flower-de-luce, or germander, or tussilago, or hyssop, or figs, or horehound, or mullen, or the roots of valerian, or raisins. Licking medicines, of honey, turpentine, elecampane; of honey, lint-seed, and pepper; of sodden leeks and honey. Mastic drunk. Beans taken in meat. Radish sodden and eaten, chiefly for an old cough. Asphodil roots drunk. Garlic eaten both raw and sodden.

For an old cough.

Brimstone taken in an egg. Dry figs eaten. Sugarcandy. Leeks sodden with honey. An onion roasted under the embers, eaten with sugar and butter. Cherry gum drunk in wine: mixt with water.

For spitting of blood.

The juice of knot-grass sodden. A lukewarm egg swallowed over. Two drams of the juice of wild thyme drunk with vinegar. Stiffing or starch drunk. Flour of wheat sodden like glew, is a singular cure for spitting of blood.

blood. If the blood flow from the rupture of a vein, drink continually cold posca, called also oxycratum, which is vinegar and water mixt together. Bolearmine mixt with stiffing, of equal quantity, drunk with posca cold, or with the juice of plantain; which juice being also mixt with the posca, wonderfully binds the blood. Juice of parsley drunk in water does the same. Juice of knotgrafs mixt with honey, juice of sage with honey, coral taken, or the blood-stone, incense drunk, mastic, juice of barberry. Drink sugar or roset. Powder made of the thinner skin of chesnuts drunk. Cockles sodden and eaten. The juice of paddock-pipes. Juice of pulmonaria drunk, or the herb taken any manner of way. The juice of silver-weed, or the herb taken any manner of way. The juice of millefolium.

Defluctions, roughness, stuffedness, fulness of the breast with rheum, and all other diseases thereof.

For defluctions of the breast, a licking medicine made of the seed of iris, or flower-de-luce and honey, male fluellen, sage made up with sugar, and roset in a licking medicine. If the defluctions be old and perilous, first shave the head, and then apply a plaister thereto of mustard and wax, that it may blister a little, and then the defluccion shall be dried up. The roughness of the breast is cured with the juice of liquorice holden in the mouth. Oil of almonds.

monds. Leeks sodden made up in a licking medicine with honey. The breast is purged with the decoction of hyssop, with the decoction of sage, with the powder of scabious, or the juice thereof, made up in a licking medicine with honey, or with the decoction of scabious drunk many days. The breast is cured of all old diseases with leeks sodden, eaten with honey, and the juice of liquorice; with the decoction of thyme; with juice of the roots of cinquefoil; with decoction of flower-de-luce; with the decoction of male fluellen; with the decoction of liquorice; with the decoction of raisins, with turpentine swallowed over, with confectioned roots of iris eaten.

For the Phthisic.

The juice of cowslips often drunk, or the herb itself taken any way. Coleworts well sodden often eaten. Juniper berries drunk. Dry figs, and hyssop made dry and drunk. Leeks sodden with honey. Juice of the decoction of the leaves of horehound. Turpentine taken by itself alone, or with honey, in form of a licking medicine. Woman's milk sucked out of the paps. Snails found in orchards, cleansed from the filth, and sodden in cow's milk. Tussilago taken in meat. Frogs sodden in cock-broth eaten. Young cock's stones eaten in meat. The frequent use of sage, or male fluellen. Frequent use of sage pills, bolearmine, coral. The stone hæmatite taken any manner of way.

For

For shortness of breath.

The decoction of dry figs and hyssop frequently taken. The decoction of horehound, or the roots of flower-de-luce. Decoction with the leaves and roots of valerian, with raisins and anniseeds. The milky juice of sow-thistle. Mustard seed in meat or drink. Juice of sage, of liquorice, of male fluellen, of horse-mint, of the root of imperatoria, of scabious. The lights of a fox dried and drunk, taken in a powder with sugarcandy. Bolearmine in a licking medicine. Brimstone taken in an egg, or the fume taken in at the mouth. The con-fected root of iris taken. The root of ele-campane. The roots of almonds. An onion roasted under the embers, eaten with sugar and a little fresh butter. Aquavitæ with the sy-rup of violets sometimes taken. Meats to be eaten are dry figs, raisins, almonds, old cock broth drunk. Broth of red coleworts. Mustard seed made up, taken with dry figs, and taken at night; or dry figs stuffed with mustard seed, sodden with clear wine, of the which wine ye shall drink every night, after the eating of some dry figs.

For inflammation of the lights.

Two drams of the leaves of betony taken in four cups of hydromel. Brimstone taken in an egg, or the smoke thereof taken in at the mouth. Turpentine swallowed. Juice of liquorice. The powder of scabious drunk, or the juice of the herb with honey licked. The

decoction of the whole herb drunk for many days. Pulmonaria taken. Tar mixt with honey swallowed.

For a hurt in the lights.

The lights are hurt with smoke, or dust, or with dry heats, as it commonly falleth out in sharp fevers, and after great thirst; sometimes also with great crying, or with rheum, or with juice of salt meats, which is dried over much; sometimes also with the juice of four things which exasperate. Hurts which come of smoke, dust, heat, or crying, are easily cured, if, at the going to bed you give them cold water, in which liquorice hath been sodden, and so in the morning give them a piece of bread steeped in that same water, and that will quench thirst. Simple water doth the same. Hurts which come to the lights by defluctions, are helped with those cures that are mentioned. For the cough, these pills are very effectual; *recipe gummi arabici, tragacanthi*, of each of them two drams, make them up with honey.

For the pleurisy.

The first operation for curing of the pleurisy is, in the beginning, to draw blood in the opposite side, and, if the pleurisy be confirmed, draw blood in the same side; but if there be not blood taken in the beginning, you must use partly evaporating, partly maturating medicines, and that of the strongest, after the high state of the disease; of the which the best
is

is a swine's bladder full of the decoction of camomile, melilot, fenugreek, or the like; and you must beware that you do not apply evaporating medicines in the beginning, because thereby you should make more hurt to the patient; beware of giving diuretic medicines, but rather give ingrossing or dividing medicines, which are these, to wit, the root of holyhock, figs, liquorice, almonds, fenugreek, and the like. A mass of dry figs bruised with swine's grease, or camomile, applied plaisterways to the side. Make a plaister of the roots of holyhock, meal of lintseed, and fenugreek-seed and butter. *Probatum.* A special medicine for the peripneumonia and pleurisy, the juice of brooklime and water-creffes of equal quantity, mix them with old swine's grease melted, then put to it meal of lintseed, of wheat and four leaven, put butter thereto, and make bread thereof, and after it is baked, apply it like a plaister hot. Dip wool in butter, and dialthea, and anoint the place therewith. Medicines taken in at the mouth for the pleurisy; the juice of liquorice. Decoction of the roots of iris. Oil of almonds. Half a pound of the oil of lintseed drunk. Decoction of camomile. Syrup of violets. Turpentine taken. An apple roasted in embers, taken with liquorice, starch, and sugar. External applications for the pleurisy; swine's grease washen with wine, and sodden with ashes and thyme, applied plaisterways.

ways. Snails bruised and applied. Pitch, brimstone, and cummin in form of a plaister.

For pain of the sides.

A cataplasm made of goat's dung. Wax and dung kned together applied. Barley-meal, melilot, and husks of chesbows sodden amongst mulse. Ashes of pounded colewort stocks: pounded with swine's grease. Galbanum taken in at the mouth. Decoction of the roots of asphodil; of the roots of aristolochia rotunda; of myria eaten, the weight of a bean.

For the speech lost or diminished.

For the diminished speech, myrrh kept under the tongue till it melt. Tragacantha with honey in a licking medicine. Hyssop wine, decoction of the roots of iris drunk. Conserve of the roots of iris. Oil of almonds. Mallows sodden, and put in meats. Raisins. Juice of liquorice. Leeks sodden with honey.

Medicines restoring lost speech.

Conserve of the roots of elecampane. Gum arabick swallowed. Wine holden in the mouth, wherein the roots of bugloss have been sodden. Decoction of rue.

For asthma, which is a shortness of breath with wheeving.

Conserve of the roots of iris, and elecampane often eaten. Dry figs filled with mustard-seed bruised, sodden in wine, with hyssop wine. The frequent use of valerian, liquorice, anni-

anniseeds, of the leaves of scabious, tussilago, horehound, hyfop, thyme, calamint, balm, male fluellen; all, or some of them, sodden in hydromel. Of greater strength, affatoetida taken at night in a potch'd egg. Turpentine. Leeks, sodden with honey. Urine of a young child drunk. An onion roasted and eaten with honey or butter. Three figs steeped in aqua-vitæ eaten.

For spitting that is difficult to come up, and that is full of filthy matter.

Rennets of all kinds drunk. Mustard seed, exhibited in meat or drink. Lintseed, or the oil thereof. Oximel, squilliticum, hyfop wine. Decoction of the roots of elecampane, of pulmonaria, tussilago, male fluellen, scabious, sage.

For filthy matter.

The seeds of nettles made up with honey, in a licking medicine. Distilled water of ducks meat, of tussilago, of pulmonaria. A suffumigan to be taken in at the mouth, of mastic or ginger.

For imposthumes or ulcers.

Decoction of tussilago, of pulmonaria. Powder of the lights of a fox dried and taken with sugar, roset. Decoction of fenugreek, or lintseed dried, of raisins, of liquorice.

For the empyema.

Juice of pulmonaria, of scabious, also the powder of these herbs.

For wounds and ulcers in the breast.

A decoction in the form of sodden wine and honey, commonly called mulse: Of betony, mugwort, parsley, strawberries, paddock-pipes, agrimony, avens, pimpernel, mouse-ear, virga-aurea, roots of comfrey, bistort, tormentil, raisins, sage, wild thyme, all sodden together in white wine; or all these herbs without decoction, cleansed and washen, then diligently brayed in a marble mortar; then press the juice out of them, and add thereto a pound of wine sack: Take three spoonfuls of this twice every day, at morning and at night, long before meat and after meat, for the space of three hours before and after.

DISEASES of the HEART.

For pain and grief of the heart.

The juice of the distilled-water of balm and hartshorn drunk. Gold brayed and sodden with coral, or pearl-water, commonly called clareta, made of equal parts. Of aquavitæ and water of roses, in which are dissolved sugar and cannel.

For trembling of the heart.

The distilled water of cannel, of balm, of hartstongue. Gallinag drunk in the juice of plantain. Avens smelled unto, applied to the pulses of the arms. A plaister made of biscuit, first toasted at the fire, then steeped in strong vinegar, and taken and applied to the heart. Mithridate, with the conserve of bugloss;

gloss; or a plaister of bread steeped in strong vinegar, and the powder of roses, marjoram, cloves, and nutmegs added thereto.

For palpitation of the heart.

All that is made mention of before is profitable; but chiefly the bone of a hart's heart made in a powder, with rose-water and wine. A piece of the heart of an ape roasted and dried, taken in oxycraturum; or the heart of an ape amongst white wine, and then distilled, taken. A shirt put on and wore, with odoriferous things. A poke filled with an odoriferous powder, called powder of violets, applied to the heart.

For fainting or swooning.

For swooning that comes of sweat, or overmuch heat, give the patient red sugar with cold water, first being sprinkled over with rose-water. *Probatum est.* Amber, mace, musk, lignum-aloes, and the like, by comforting the heart, and repairing the spirits and natural heat, are good against swooning; also, pearl, the filings of ivory. The bone of a hart's heart, gold, silver, and especially coral, mightily purifies the spirits, and the blood of the heart, and up-beareth the heart. These things also are profitable, the distilled water of ranel, of hartstongue, of lavender, of balm. The root of angelica, of imperatoria. The flowers of gilliflowers taken any way. All the kinds of sanders, civet, cloves, mint, roches, avens.

avens. Wine sack holden to the nose, and smelled unto; as also, the strongest of wines casten on the face.

For a gnawing pain of the stomach.

Besides these medicines that are for the swooning, and other maladies of the heart, these following are also profitable. For the cardaic passion, wine drunk, wherein an agate-stone fired is quenched. Limons eaten sodden. Pearls eaten. Cloves taken in meat. Decoction of bugloss roots, Conserve of rosemary. Zedoary eaten.

For DISEASES of the PAPS.

For pain of the paps.

Apply the seed of henbane sodden in wine, bruised, plaisterways. Foment the paps with a great water-sponge dipped in the decoction of cinquefoil wine. The leaves of elecampane and horehound, with swine's grease, made in a plaister and applied, cureth the pain and hardness of the paps. Mint doth the like, applied in form of a plaister. Also a cataplasm of bean meal. Yolks of eggs, and swine's grease. Incense mixt with chalk and oil of roses, is a singular medicine for sore paps. Mouse dung mixt with water, anointed, cureth pain. If the paps be sore through abundance of milk, apply thereto clay and vinegar, mixt with bean meal, and the white of an egg.

For

For inflammation of the paps.

A cataplasm made of walnuts, rue, and a little honey brayed together; of barley meal and bear meal sodden in oximel; of meal made of rue, sodden in oximel; of purpy bruised; of holyhock sodden. Raw eggs and oil of roses anointed. An unguent of oil, brayed in a leaden mortar with a leaden pestle, anointed.

For hardness of the paps.

Knot-grass bruised with fresh butter applied, softeneth the paps. Cresses applied with water and honey plaisterways. But if the hardness hath followed on an inflammation, which by no medicine can be put back, in the increase of the sore, apply an egg with the oil of roses, this takes away all swelling and hardness; or crumbs of bread made up with the juice of parsley. When the sore is at the height, apply lintseed made up with honey in a plaister. Colewort roots, bean meal, every one of them by themselves, or all together, dissolves and binds the milk.

For swelled paps.

Apply mallows bruised with oil. Hot beans fried in manner of a cataplasm doth the same, and likewise binders milk from flowing to the paps. Honey, wax, and dove's dung mixt together and applied, cureth swelling and pain in the paps, and suffereth them not to grow great. The powder of fennel, with swine's grease and mint, cures swelled paps. Goats dung,

dung, made up with vinegar and barley meal, helpeth wonderfully. White horehound, bruised with fresh swine's grease, applied hot, cureth swelling, and other pains. The bran of wheat sodden in wine cureth hardness of paps.

For paps stiff and rigid, and cold after the birth, exulcerate, and rifts of the pap-heads or nipples.

For rigid paps, apply a cataplasm of the bran of wheat and leaves of rue sodden together; of horehound, with old swines grease bruised together. Exulcerate paps anointed with the unguent of the oil of roses beaten very long in a leaden mortar and with a leaden pestle, and clivers strawed thereon, are cured. Rifts of the paps are cured with the inner bark of the bourtree. Grease and wax applied with oil of yolks of eggs. Pomat. Juice of aparine with starch dissolved in rose water.

For hanging paps, and for hindering the paps to grow great.

Shells of partridge eggs brayed, with wax of Cadina mixt, cures hanging paps. To hinder the paps from growing great, apply a cataplasm of hemloc bruised.

For imposthumes, biles, and fistulas of the paps.

For imposthumes of the paps, a cataplasm of the leaves of docks, with swine's grease sodden. For ulcers, to cleanse them, an unguent made of seven yolks of eggs, and half a pound of clarified

clarified honey sodden together. A pound and a half of black wine, upon a soft fire, with a continual stirring of it with a stick. Fistulas of the paps are cured with an unguent of assa-fetida, washen with wine wherein myrrh hath been sodden.

For cancers, morbus pilaris, and deadness of the paps.

For a cancer, goat's dung with honey applied. Man's dung burnt, and put on. Ashes of a dog's head. Raw leaves of coleworts bruised and applied twice in a day. Plates of lead applied. Cinquefoil pounded with swine's grease. Chervil bruised with honey, applied. Unguentum Arabicum. If the cancer be exulcerate, apply powder of antimonium. Allum water. For *morbus pilaris*, a sea or fresh water crab, pounded and applied.

For milk crudled in the breast

Bathe the paps with a water-sponge dipped in vinegar and water, or in the juice of parsley. Apply bran sodden in vinegar for a plaister; or mint and green parsley; or with dregs of wine with vinegar. Every day in the morning swallow ten pickles of white wax.

For overmuch milk, or defect of milk in the paps.

To diminish much blood, cut a vein in the ankle. Put cupping-glasses to the paps. Much fasting. Apply repelling things, as pottage of bean-meal sodden in vinegar; of mint; of hem-
loc;

loc; of plantain, great docks bruised together; of the roots of celandine, bruised and applied to the pap-heads.

To procure milk in the paps.

Rub them often. Cause suck them. Bathe them with wet and hot baths. Apply cupping glasses to the roots of the paps, that at last milk may come to the paps. In the mean time, use meats and drinks generating abundance of milk, as barley sodden with fennel seed. Decoction of annise drunk. Juice of sow-thistle drunk. Ashes of the hooves of kine drunk in ptisan.

For DISEASES of the Stomach.

For pain, heart-scald, gnawing, and inflammation of the stomach, pain and biting of the mouth of the stomach.

These are cured with mastic drunk and eaten, then with bread steeped in harsh wine. A foment put upon the stomach of the decoction of wormwood, organy, calamint, ginger. The stomach anointed with the oil of mastic, oil of nutmegs, oil of laurel. Heart-scald is eased by taking the pulp of cassia solutiva, by ventilation, and taking in cold air. The sprinkling of the face with a water-sponge dipped in cold water and vinegar. Taking in at the mouth the berries of bramble. The juice of liquorice. The juice of oranges, of citrons, of lemons. Oft anointing the stomach and back, about the eleventh spondil of the back-bone, with the juice

juice of sow thistle, of purpy, of knot-grafs. The gnawing of the ftomach is eafed with the oil of almonds, with womens milk drunk, with the juice of fow-thistle drunk. Inflammation of the ftomach is eafed with the juice of lemons, with the juice of citrons. Anoint the ftomach with the oil of rofes.

For difeafes of the œſophagus or gullet.

Hold in the mouth milk wherein ſteel hath been quenched.

For a preſs of vomiting, and for vomiting.

Decoction of parſley ſtays vomiting. The root of mugwort. Leaves of wormwood and fennel brayed together, and with warm honey given to drink, ſtays vomiting incontinently. Maſtic made up with the white of an egg and vinegar, applied to the breaſt ſtays vomiting, and ſtrengtheneth the ftomach. Take three kerchiefs of linen-cloth, and ſteep them among mint-water, and wring them, dip them in whites of eggs, afterwards ſprinkle on them the powder of incenſe, and put one of them to the mouth of the ftomach, and bind the other two to the wrifts of the hands; it cures hiccup and vomiting. *Probatum.* The juice of wormwood with ſugar ſodden and taken. Sour apples roaſted, taken and eaten. Cloves drunk in harſh wine. Powder of roſemary eaten in bread, or drunk in ſack. The green jasper ſtone, or the plates of ivory worn upon the mouth of the ftomach.

For the hickup or sour rifting.

The juice of mint drunk in wine cureth the cold hickup. The juice of milk, drunk with the juice of citrons, cures the hickup coming of choler. Take a gold ring off the left hand, and put it on the longest finger of the right hand, and it incontinently cures the hickup.

For milk and blood congealed in the stomach.

Vinegar drunk. Acetum scyllinum drunk. The juice of walwort drunk.

For gelles or leeches drunk.

Vinegar swallowed. A gargarism of butter and vinegar. Juice of willows drunk. Garlic eaten draws them forth.

For swallowing of gold, silver, iron, or pins.

The juice of mallows or lintseed drunk in a great quantity; also strong purgations. For a pin in the gullet, swallow over a piece of bread, or sup fat broth, with rye-bread cut in great pieces, suddenly; and when it is down in the stomach, continue in supping of broth, or eating of butter, and in no condition bow the body, but go softly and at leisure.

For appetite weak or corrupted.

Pepper eaten. Vinegar taken in meats. Wormwood-wine drunk. Mustard. Labour before meat. Drinking of water. Watching restores appetite. Lost and depraved stomach is cured with aloes taken. Wormwood wine. The eagle's stone *Ætites* bound to the arm;
or

or sapphire-stone, or jasper-stone, or diamond carried about, and worn.

For insatiable hunger, called fames canina.

Fat broth supped. Bread dipped in oil, eaten; or bread dipped in thick sweet wine. Rye, prepared with much sweet milk, eaten. Pottage of wheat. The tail, feet, and extreme parts of a beast eaten.

For insatiable thirst.

The breathing in of cold air. Wine and water drunk. Vinegar mixt with water drunk. Citrons, lemons, oranges, pears, roots of liquorice, and its juice. Wood-sorrel. Strawberries. The leaves of purpy holden under the tongue. Chrystal. Plates of gold and silver holden under the tongue.

For weak digestion.

Wormwood-wine. The use of pepper, ginger, nutmeg, or cloves. Confects of citrons. Pears roasted under the embers, and eaten. Unctions with oil of wormwood, of mint, of mastic. Foments of the decoction of wormwood, of mint, of sage, of calamint, of dry roses.

For the choleric passion.

After 24 hours is past, labour to strengthen the stomach with medicines given in at the mouth, and external applications. Conserve of roses taken inwardly. Nutmegs. Cloves taken in wine. Dry mint, with stiffing, drunk

in water. Powder of rosemary eaten in bread, or drunk with wine. Oil of mastic anointed.

For DISEASES of the LIVER.

For obstructions of the liver.

If the liver be obstructed by a cold cause, take in at the mouth decoction of agrimony, of succory roots, and the whole roots of imperatoria, of angelica; thereafter apply to the liver an unction of common oil, fresh butter, goose grease, and hen's grease mixt together. If it be obstructed by a hot cause, take in at the mouth the decoction of the whole herb of succory, of plantain, of fumitory, the roots of grafs. Anoint the liver with the oil of wormwood, oil of violets, adding thereto a little vinegar.

For inflammation, pain, hardness, and coldness of the liver.

For inflammation, take in at the mouth succory water, of sorrel. Juice of plantain. Apply outwardly the oil of wormwood. Oil of violets. Pain is eased with unction of oil of iris, oil of laurel, oil of almonds, and with the decoction of juice of agrimony drunk, or with the seed of woodbine drunk. The cold liver is cured with lombard brayed, eaten with raisins, with cloves eaten.

For the jaundice.

Decoction of the roots of succory, asphodil, of germander, of hartshorn, of betony, of mouse-

mouse ear. Ashes of earth-worms drunken in the decoction of wormwood. Great celandine put in the shoes under the soles. Saffron dissolved in water drunk. Brimstone taken in an egg. The patient's urine, with the juice of horehound, drunk.

For scirrhus of the liver.

Oximel of acetum scilliticum drunk. Likewise all the cures for the jaundice are good. Apply outwardly a plaister of diachylon.

For cachexia, or evil state of the body.

The decoction of cicory, of wormwood, of imperatoria, of agrimony, of betony, of mouse-ear, of the flowers of bourtree, of broom-flowers. The liver of a hare dried and drunk.

For the dropsy.

The dropsy coming of a hot cause, is cured by eschewing all hot things, and by exercise, and by the frequent drinking the decoction of endive. Make a plaister of both the plantains, with vinegar and barley meal, and apply it to the liver.

For a dropsy coming of a cold cause.

Take the decoction of the roots of bourtree. Cause the patient drink his own urine, or the urine of a hare, or the decoction of mustard in wine. Decoction of the seed of ash-tree. Decoction of the roots of imperatoria. Radish applied in a plaister.

For the hepatic flux.

Powder of rhubarb, taken with conserve of roses.

*For DISEASES of the SPLEEN.**For the spleen inflamed.*

For inflammation, decoction of the roots of strawberries druck. Unctions with oil of violets, with oil of roses, with oil of camomile, adding thereto a little vinegar.

For obstructions of the spleen,

Decoctions of the root of elecampane. Decoctions of the roots of imperatoria. Decoctions of the roots of strawberries. Unctions with the oil of bitter almonds. Oil of laurel.

For pain in the spleen.

Troches of capers often taken. Unctions with oil of white lilies.

To heat a cold spleen.

The roots of imperatoria, of angelica. Powder of rosemary with bread. Unctions with the oil of bitter almonds.

To soften a hard spleen.

Swallow turpentine. Decoction of the roots of elecampane. Conserve of the flowers of thyme. Unction with the oil of almonds, with the oil of white lilies.

For swelling of the spleen.

Decoction of the bark of willow-tree in wine melts the hardness of the spleen. The bark
of

of willow sodden with swine's grease only, applied. Decoction of the roots of bourtree, drunk for thirty days, hath not a marrow. Cause the patient drink his own urine, Take dry cow's dung, coleworts, an egg, oil, and brimstone, and make a plaister, which deserves to be esteemed a great secret.

For the cholic.

The ankle-bones of a swine burnt, drunk, cures the cholic coming of wind. Hen's dung drunk in wine. Amber drunk in lukewarm wine. The root of imperatoria drunk in wine. The white thing that is found in hen's dung, drunk in wine, cures a desperate cholic. The burnt hooves of a cow drunk. The navel of an infant worn in a ring upon the finger, so that it may touch the skin. A thong of a dog's skin worn. The ankle of a hare hung to the belly. A thong of the skin of a wolf's back worn. Outward applications; an ointment of the oil of rue, of dill, of camomile. The belly of a live duck applied to the pain. A live frog applied to the belly, draws the disease to herself. Sucking young whelps of any kind, cat, dog, &c. applied to the belly transfer the disease to themselves, and die thereof. The tripes or skin of a sheep newly killed, applied to the belly. Salt roasted in a frying-pan, and put in a pock, applied. Carminative herbs sodden and wrung, applied, put to the whole belly.

For

For pains in the guts.

Decoction of the roots of imperatoria. Outward applications; great celandine. Henbane root bruised, and made hot in oil of camomile, bruised, and applied hot to the navel.

For the iliac passion.

Rotten dung that is found in stables, or byres of work beasts, where there is much piss, toasted with oil, and fried, incontinently easeth any pain whatsoever. A wolf's foot hung about the neck. Wolf's dung. Take of dog's dung and dove's dung of equal quantity, pulverise them, and mix them with pitch and tallow melted together, applied. Dove's dung brayed and sodden, emplaistered, cures the iliac passion. Man's dung, mouse dung, goats dung, hens dung emplaistered. *Probatum.* Make incontinently a bath, in which ye shall put all sorts of dung that can be had, it is wonderful in dissolving of wind. An old cock or a hen sodden with a good quantity of salt; let them macerate in their own broth a whole night, and in the morning take a draught of that warm. Garlic eaten with a little bread.

For a flux.

Take blea-berries mixt with cream, and sup it for the flux.

For the bloody flux.

Hare's blood fried taken. Two spoonful of hartshorn burnt, taken. Mastic drunk with the juice of plantain. Confects cherries with sugar.

sugar. Roasted hare's flesh eaten. Hare's dung drunk. A hen's egg, sodden in vinegar, eaten. A white dog's dung drunk in milk, in which flint stones have been quenched. Rice sodden in milk, in which flint stones have been quenched, eaten. Starch eaten in meat. The seed of both plantains taken in an egg, eaten. Wax taken in supping meats. Ten pills of pure wax swallowed. An emerald holden in the mouth, or hung about the neck, cureth the dysentery.

For looseness of the belly called diarrhæa.

Goats and cows milk sodden, and continually stirred about until it seethe to a third part, or mix three or four pints of water, and seethe it in to the half. then drink it. All sorts of milk, wherein burnt stones have been quenched, taken. Pottage of oats taken. Rye taken dried, and sodden in milk wherein steel hath been quenched, taken. Silver-weed drunk, or worn green in your shoes under your naked soles. Incense or mastic drunk. Coleworts twice or thrice sodden. Pottage of flour. Conserve of barber ies. Conserve of dry roses.

For a flux in the stomach or belly, called lenteria.

Nutmegs, cloves boiled in harsh wine, or in the juice of plantain, drunk. Rice dried and sodden in milk wherein flint stones have been quenched. Bolearmine drunk.

For a celiac flux.

Incense drunk. Cloves drunk in wine. Rice dried,

dried, and sodden in milk wherein flint stones have been quenched, taken in meat. Sleep upon the belly.

For a loose belly of a long continuance.

Observe that nothing be given to the patient hot, but all should be given cold at the mouth. Dogs dung fed upon bones, binds the belly forceably. Coleworts thrice sodden, or seethed in three several waters, and then sodden in the fourth water, with the fat of mutton in a good quantity, and the leaves of St. Johnswort, and then strawed and eaten, they bind the belly mightily. Pears sodden in vinegar or water, emplaistered to the soles of the feet. Stalks of coleworts well roasted under the embers, eaten. The juice of comfrey mixt with wine, drunk. The liver of a beast sodden in vinegar, eaten. Powder of coral is a bridle for all fluxes. Blenched almonds, with butter and honey in a frying-pan, until they grow black. The water wherein tormentil roots have been sodden, drunk. A little cake fried with bacon and wax.

For tenasmus, which is an appetite to be at stool, without voiding matter.

A foment of mullein and roses applied to the fundament. A suppository of the fat of a goat.

For a slow belly.

Cherries, plumbs, ripe figs taken in meat. Juice of beets. Juice of mallows. Juice of coleworts. Plumdamies sodden. Raisins eaten before

fore dinner. Decoction of an old cock. Anoint the fundament with a bull's gall, with oil of the root of mallows, sodden and bruised, applied to the navel. Juice of the middle bark of bourtree, with swine's grease and swine's dung mixt together, applied to the share-bone. Bacon bruised mixt with ink, applied to the belly. A grain of salt put upon the fundament. A plaister applied to the navel, of savine sodden, and brayed with swine's grease.

For worms in the belly.

Worms are killed with the juice of elecampane; with the juice of germander; with the juice of agrimony; with the juice of coleworts; with the decoction of sea wormwood, of hyfop, of mint, of calamint, of thyme, of rue, of the seed of coleworts, of the roots of tormentil, of the roots of bistort, of the leaves of hemp. Wormwood-wine drunk. Oil of bitter almonds drunk. Hartshorn taken with honey. Garlic drunk or eaten. Leaves of hyfop, wormwood, and tansy bruised, with a bull's gall, applied to the navel and whole belly. Treacle with the juice of mint expelleth worms most powerfully.

For wounds and ulcers of the guts.

Hare's dung, and the hair which is under her belly, sodden in honey, the quantity of a bean thereof swallowed very often. Decoction of comfrey. Mouse-ear.

For

For DISEASES of the FUNDAMENT.

For the hemorrhoids.

Pain of the hemorrhoids is eased with the oil of lintseed; with an unguent made of the root of strawphulacea and fresh butter; with green leaves of plantain bruised and applied; with the leaves of leeks sodden and applied; with a foment of the leaves of henbane sodden in milk; with a foment of all the kinds of mullein. Hemorrhoids are opened with onions rubbed on. The bleeding of hemorrhoids is stanch'd with the green leaves of plantain bruised and applied; with a foment of the decoction of plantain, of roses: Hemorrhoids are cured with the decoction of roots of onions drunk, with the powder of bistort often drunk. Purpy well sodden applied.

For ulcers, rifts, and inflammations of the fundament.

Rifts are cured with river-crabs, brayed and applied; with unctions of the oil of the yolks of eggs; with leaves of plantain bruised and applied. Ulcers of the fundament are cured with the juice of mouse-ear; with the juice of all the kinds of mullein; with the roots of comfrey applied plaisterways; with the leaves of groundsel; with a foment of the decoction of the leaves of henbane in milk.

For falling out of the end guts.

If the end gut fall out, take it up, and put
it

it in its own place; if it cannot be put up, foment the place with the decoction of horehound, mullein, primrose, of sage in water and wine dipped therein, and applying it to the place; after it is fomented, cause the patient sit, after it is put up, on a form, as hot as he can suffer, and when it is put up, it must be kept in its place rather with fumes than with foment, as with nutmegs, and mastic upon hot coals, or of mastic, incense, and pitch burnt. Cataplasms may be applied commodiously of green leaves of plantain, bruised and applied to the hip bone.

For condyloma, thymus, and hard swelling of the fundament.

For condyloma, an unction with the oil of linseed, or any unction with an unguent made of oil of linseed, of yolks of eggs, long and well beat together in a leaden mortar, with the leaves of green plantain bruised and applied, or with the leaves of mullein bruised and applied. Thymus is cured with ashes of burnt willow, with vinegar and sheep's dung, applied; with leaves of green plantain bruised and applied. Hard swellings are softened with powder of galls.

For DISEASES of the REINS.

For pain, obstructions, and ulcers of the reins.

For pain of the reins, oil of almonds drunk. Seed of holyhock drunk. Sweet wine drunk
G with

with honey. Juice of liquorice sodden with raisins. For obstructions, wormwood and honey. Sweet wine drunk. Decoction of the leaves of iris drunk. An ounce of turpentine swallowed. The distilled water of onions. Decoction of the roots and leaves of strawberries drunk. For ulcers, whey of ewes milk drunk. All kinds of milk drunk. Decoction of all kinds of horse-tail drunk. Decoction of cinquefoil with plantain-water drunk.

For the stone, and sand in the reins.

If there be a suspicion of a stone in the reins, apply a cataplasm of henbit sodden, to the reins, and incontinently the pain shall be augmented, and then you may be sure there is a stone in the reins, and therefore you must purge the body with cassia solutiva; with oil of sweet almonds newly extracted. The body being purged, give to the patient things to break the stone, and to dispel sand, such as, a decoction of the root of holyhock, of the roots of iris, of the roots of valerian, of ground-moss, of seed of ash-tree, of the root of filipendula, of the roots of primrose, of broom-feed, cherry-gum drunk in wine, wormwood wine continually drunk, turpentine swallowed. The skull of a man's head drunk in sweet wine. The ashes of a hare whole burnt; the reins of a hare eaten either raw or sodden; the broth of coleworts; conserve of the roots of broom with sugar; menstrual blood dried and drunk, it is to be preferred to all things.

For

For breaking the stone.

Half a cup-full of the juice of mugwort drunk every day, dissolveth the stone wonderfully; a man's stone drunk fasting, is most powerful of any to break the stone, and to expel it with urine. Anoint the reins, share-bone and groin with the blood of a fox, the stone shall break presently, which you may try with stones put in the blood, which it will presently dissolve. Ashes of a whole hare burnt in a pot, or two or three young hares living, or drowned in vinegar, burnt and drunk. Ashes of the dung, flesh and hairs of a hare drunk. The liver, lights, reins, privy members of a male goat chopped all together, and made in a pudding in the milk bag, sodden and eaten; this is so forcible, that after the eating of three or four pieces of this pudding, it will make a precious stone worn in gold upon the finger to break and leap out. Goats blood and goose blood mixt together, and sodden on a soft fire, will do the like. With this, precious stones and glass are softened, that you may cut them at your pleasure. The decoction of seven heads of garlick, for the space of three days drunk, dissolveth the stone. Decoction of the root of elecampane in water and wine doth the same. A stone found in the head of a great snail, bruised and drunk in hot wine, expels the stone with urine. But if the stone be great and hard, take many snail stones, and you shall see a wonderful effect. To break and expel

the stone, take ten slices of raddish roots, steep them in white wine for the space of a night, and in the morning drink the wine fasting; do this three or four mornings. Any stone put in this wine is soon broken.

For DISEASES of the BLADDER.

For scabs, ulcers, and wounds in the bladder.

For scabs, Cassia often swallowed, with the powder of liquorice. Oil of almonds taken. The juice of almonds taken. The juice of liquorice.

For ulcers in the bladder.

All kinds of milk taken. Decoction of horse-tail, or the distilled water thereof, with powder of the herb drunk. Water of the flowers of beans. Water of plantain cast up in the bladder. Cows milk new milked.

For wounds in the bladder.

The juice of horse-tail drunk. The water of ground-ivy, of mouse-ear, of comfrey; julep of roses, syrup of dry roses.

For Ischuria, which is a total stopping of urine.

Decoction of the roots of elecampane, of the roots and seeds of raddish, of the roots of asphodil, of leeks, of sage, of thyme, of the roots of onions, the roots and seeds of loveage, of the seeds of parsnips, of carvy, parsley, fennel, gromil, of broom, of ash-tree, of leeks, of the tops of mugwort, of the leaves of betony, of the roots of imperatoria, of filipendula,
of

of the flowers of broom. Cherry-gum, garlic, drunk. Onions sodden taken in meat. Juice of horse-tail drunk. Ashes of juniper drunk in white wine. Juice of millefolium taken in vinegar. An emplaister of parietary, groundsel and the heads of garlic sodden in wine, applied to the share-bone, is admirable. Garlic bruised, and applied to the nut of the yard, presently moves urine. Whole snails put in a linen cloth heals presently; or dung mixt with honey, made hot, applied to the share-bone.

For difficulty of urine, called Dysuria.

Decoction of the roots of peony, of holy-hock, of grass, of raddish, of onions, palm-worm, drunk in wine. Oil of sweet almonds drunk. Raddish-roots cut small, with parsley-roots, with oil and butter made hot, with wine, applied to the share. Two ounces of both the raddish-roots drunk in wine.

For pissing of blood, called Stranguaria.

The juice of knot-grass. The stones of a hare taken in meat. A cup full of the milky juice flowing out of the stalk of a sow-thistle. Decoction of dandelion in vinegar drunk. Decoction of agrimony in white wine with sugar.

For overmuch pissing, called Diabetes.

Conserve of comfrey. Juice of horse-tail. Juice of sorrel. The use of roasted meats rather than sodden. Anoint the reins with the oil of mastic. The brains of a hare drunk in
 G 3 wine.

wine. The lights of a kid, eaten or emplastered.

For the stone in the bladder.

Decoction of the seed of parsley drunk. Decoction of the roots of grass. Decoction of the roots and berries of knee-holm, of the roots of primrose, of the roots of broom. Cherry-gum drunk. Gromel drunk in white wine. Ashes of a whole hare burnt, drunk. Powder of a stone that is found in the gall of an ox drunk. The marrow of a lamb drunk. Powder of the blood of a goat and fox drunk.

For those that cannot keep their water.

Half an ounce of sugar of roses taken in the morning, and an hour before supper. Powder of the roots of bistort and tormentil drunk in plantain-water.

For scalding of the urine..

Pulp of cassia, or syrup of dry roses.

For pissing of blood.

An ounce of the meal of millefolium, with a dram of bolearmine, taken in cow's milk.

For DISEASES of the PRIVY MEMBERS.

For ulcers in the members.

The juice of knot-grass, sodden in honey, with wine, applied. Powder of allum sprinkled on, powder of burnt southernwood sprinkled on. A foment of the decoction of mouse-ear, or silver-weed. If the ulcer become putrid, anoint with a bull's gall and honey.

For

For a carbuncle in the passage of the water, or a wart in the foreskin or nut of the yard.

The roots of onions any manner of way prepared, either in powder, or distilled water.

For warts.

Sprinkle on the powder of favine, or asphodil.

For inflammation of the testicles.

The leaves of daisies bruised and applied. Anoint the place with the unguent of the oil of roses, brayed in a leaden mortar.

For impotency to Venus's games.

Impotency chiefly comes by scantiness of seed, sometimes of a cold distemper of the testicles. Seed is augmented with cocks stones frequently eaten, with rice sodden in milk, adding thereto cannel and saffron. Wine sodden in fat flesh-broth, adding pepper thereto, and eaten. Asparagus in meat. Half an ounce of cloves drunk in milk. All kinds of milk drunk. The roots of satyrion eaten. The testicles are heated with asphodil roots taken. Half an ounce of cloves drunk in milk. The powder of a bull's pissel drunk in wine. Confects of ginger. Sparrows eaten. Powder of linseed with sugar, taken in meat. Musk or civet anointed on the privy-members. Oil of nutmegs anointed. Root of satyrion holden in the hand.

For insatiable lust to venery.

The flowers of poplar eaten, extinguisheth lust.

Iust. Probatum. The testicles anointed with fengreen and vinegar. Meal emplastered on the groin. Juice of henbane anointed on the privy members. Hemloc, with its flowers, bruised and applied to the privy-members, is the strongest medicine.

For running of the reins.

The seed and roughness within the roses drunk with harsh wine. The yellow flowers of roses drunk. Juice of cicory drunk. Juice of horse-mint drunk, and anointed on the testicles. Millefolium, with the white flower, bruised and drunk, with the distilled water, or goat's milk. A ring worn having a topaz-stone.

For DISEASES of the MOTHER.

For inflammation of the mother.

Oil of henbane anointed. The juice of fow-thistle anointed. Decoction of mugwort, of melilot, of the flowers of holyhock. A cataplasm of holyhock. Bean meal, barley meal, lintseed, sodden, baken together.

For inflammation and wind of the mother.

The root of imperatoria drunk in wine. A dram of geranium, and its root, drunk.

For pain of the mother.

Lukewarm milk cast up in the mother, or the juice of plantain, or the juice of lettuce. Foment the place with the decoction of lintseed, with decoction of the leaves of violets, with decoction of violets.

For

For a quartan ague.

Decoction of black helebore is to be preferred before all things to cure an old quartan. Man's dung dried, taken with honey and wine, takes away the fit of the quartan. Nineteen grains of pepper taken in hot water is very profitable to cure the quartan, and other periodic fevers. Camomile, mixt with oil, and applied to the back-bone and pulses of the arms, cureth the quartan. The juice of parietary drunk. St. Johnswort drunk. Anoint the patient with oil, wherein green frogs have been sodden, and he shall soon escape. The heart of a frog hung about him takes away the cold fits. Thread a needle, and put it in at the head of a mouse, and draw it out at the fundament, and put it about the neck, it cureth by a secret property. One dram of the root of imperatoria, of angelica, an hour before the fit. Wine wherein wormwood hath been sodden, made sweet with sugar and honey drunk fasting. The use of confections and broths cures an inveterate quartan. When the patient begins to tremble, cause him drink a cup full of rose-water, which will make him vomit much choleric water, and then make him whole. Galen's prescript against trembling, which is extraordinary good, is to swallow five or six pickles of pepper whole, in time of trembling, with a little wine.

For fevers of long continuance.

The frequent use of hydromel, of wine,
chiefly,

chiefly, if there be a great weakness of the stomach. The infusion of rhubarb often taken. Decoction or infusion of black helebore.

For the fever hepiala, which is when any findeth heat and cold in any part of the body at one and the same time.

Three or four leaves of henbane drunk in wine cures the hepiala. The decoction of fennel, of asparagus, of agrimony, often taken.

To ease the fit of fevers.

To ease the fevers, if they be taken a little before the fit, mustard in meat. Pepper in drink. Decoction of rue. Camomile in a clyster. Juice of knotgrass drunk. The leaves of cinquefoil in sweet water of wine, and a little pepper.

For the cold fits in the fevers.

These following mitigate the cold fits of the fevers, if they be taken a little before the fit; pepper taken. Round birthwort, called aristolochia rotunda, drunk. Decoction of calamint drunk.

For compound or complicate fevers.

An emerald stone hung about the neck cures a semitertian. Coral and saffron rolled in the skin of a bladder, hung about the throat.

Preservatives from the plague.

These following preserve from the plague; chervil drunk in wine, twice or thrice every day. Decoction of the leaves and roots of valerian.

lerian, of mint, of tormentil, of bistort, of scabious drunk. Juice of barberries drunk. Currans, called rissars. Citrons. Oranges. The herbs and flowers of blewbottle taken any manner of way. Bolearmine drunk in sorrel water.

To cure the pest, and pest fevers.

If any be infected with the plague, he is cured with these following; powder of the seed of citrons drunk in the juice of sorrel. Gilliflowers eaten, and the conserve of the flowers. Juice of the flowers, and of the whole plant of gilliflower drunk. Vinegar made of the flowers of gilliflowers, anointed on the hands and arteries. The green and fresh bit of devil's bit drunken in wine, with aristolochia longa, with the roots of imperatoria, with the roots of butter-burr, of angelica, either mixt, or by themselves alone, taken in treacle, or with their own waters, or with pure wine. Conserve of the flowers of rosemary. The roots of pimpernel, called burnet, hung about the neck. A carbuncle, a ruby, a garnet, a hyacinth, a sapphire, an agate carried about one.

For a carbuncle.

The root of a field-daisy, bruised between two stones, applied, breaks a carbuncle, and easeth the pain. Scabious drunk in wine draws out internal imposthumes to the external parts, and, by insensible evacuation, dissolveth them. Cause the patient drink of St. Johnswort, and then

then apply a plaister made of meal of wheat.
Juice of parsley and honey.

For biting of venomous beasts.

The brains, or heart of a hen eaten, or applied, is profitable beyond all things. A man's own spittle applied, is abundantly sufficient to cure venomous bitings. The hooves of an ox sodden, and eaten with mustard, resists all poison, that there is not much need of any other medicine. The dung of a goat tempered with honey, wonderfully cures all venomous bitings. The yolk of an egg mixt with roasted salt, applied thrice in a day, is profitable. The roots of asphodil draws all kinds of poison, and taken in the morning, preserves one from all poisonable meats. Plantain seed drunk in wine, cures all venomous bites. The shells of an egg, with the juice of agrimony, incontinently causeth venom to be vomited up easily, of whatsoever poison it be; with ease curing all stinging of bees, of flies, bruised and sodden in honey and wine; bound on draws out poison. Garlic bruised and applied. The clarified juice of bugloss expels all poison out of the body. Juice of the herb, or the powder of tormentil, drunk, evermore expels all kinds of poison. The blood of a lamb dried and drunk, preserves from all kinds of poison. Garlic eaten, and a cock's blood drunk hot with wine, preserves from all poison. Agrimony drunk with wine is best of all.

For serpents, or mad dogs bitings.

Juniper berries cure the biting of a serpent, and are so forcible against poison that they have no marrow.

For the small pox.

Decoction of the roots of imperatoria, or angelica drunk, expels the pox.

For fistulas, especially cancerous fistulas.

Juice of the herb dove's-foot drunk, and also put into the fistula. Wild thyme bruised with salt, emplaistered. Silver-weed drunk for thirty days cures a fistula. Man's dung burnt, adding thereto powder of pepper, passeth all other kinds of cures.

For a cancerous fistula.

Ashes of a dog's head burnt, cures a fistula. If the fistula be great, apply goat's dung with honey lukewarm; this takes away all pain and swelling. The juice of silver-weed cures all fistulas. Juice of burnet put in, the herb bound on, is a special remedy. Avens often drunk with wine, and emplaistered on the fistula, cures it absolutely. Agrimony and dove's dung, drunk with goat's milk, cures all fistulas. The juice of cow's dung drunk in broth or wine, and the dung emplaistered. Steep strong leaven for a night's space, and apply it, it draws out all putrifaction.

For the scab.

An emplaister made of garlic, long and well
H bruised,

bruised, with swine's grease, cureth all scabs at three applications. The leaves of lilies bruised and emplaistered. A linen cloth dipped in melted grease, applied, healeth pustules in the legs, and other places, notably. The soft of leavened bread, bruised and tempered with honey and wine; boil and mix them well, put a linen cloth in that decoction, and apply it. Seethe the flowers of spurge in vinegar, add oil thereto, and anoint therewith, it cures the leprosy, the scab, and the itch.

For the cruels, and waxen kernels.

Make a plaister of pitch and swine's grease melted together, add thereto brimstone and bran of wheat, and put upon the sore. The roots of docks, boiled in wine, and applied plaisterways, dissolves the cruels. Dock roots hung about the neck, preserves from the cruels. Mustard-seed brayed and beaten with old swine's grease, emplaistered, soon dissolves the cruels. Bean-meal, with the white of an egg, and old oil emplaistered, is profitable. Juice of agrimony and whey drunk nine days fasting, when the moon has past the height, cureth the cruels, often proved. Powder of black pepper, tosted and made up with hard pitch, cureth the cruels in children. Plates of lead bound strait on the glandules cures them, Raddish dissolves the cruels. Brimstone and bran of wheat, mixt with turpentine, emplaistered, cures the glandules. Quick lime tempered with oil, or swan's grease, cures the glandules.

For

For warts.

Rub warts with the skin that comes from hens feet hot, when they come hot out of the fire. The burnt bark of willow tempered with vinegar, applied, cureth warts, and the dandriff or scurf of the head. Juice of the leaves of willow doth the like. Agrimony bruised, with strong vinegar and salt, emplaistered. Purpy rubbed on warts rots them out by a hidden property. Auri-pigmentum, mixt with vinegar, applied, is excellent. Warts are rooted out with flockened lime.

For burning.

For burning with fire or hot water, the hairs of a hare cut small and sprinkled on are very profitable. Burn the roots of a fern, and apply it with the white of an egg, it cures burning of fire. Shoemakers ink mixt with common oil and water, anointed. Ashes of the bark of the elm-tree cureth well. The yolk of an egg anointed on the new burning, heal-eth it absolutely. The white of an egg and oil-olive well mixt together. Put the burnt members in lukewarm water, it will hinder the burning to take deep rooting; or apply ox dung lukewarm. Oil of yolks of eggs is good. Leeks sodden and applied is best of all. Leaves of holyhock, boiled and emplaistered, cure burning.

For St. Anthony's fire.

Dove's dung dissolved in oil, dip a cloth in
H 2 it,

it, and apply it, it is the strongest and best approved medicine. Salt bruised with oil and applied, it cures St. Anthony's fire. Powder of the burnt hairs of a hare sprinkled on.

To draw out a stab or thorn out of the body.

Southernwood bruised with swines grease, applied, draws out a stab or a thorn, or any other thing; goose dung applied, draws out iron or stobs of timber; Aristolochia bruised and applied; the seed of rue bruised, applied; polipodium bruised with swines grease; ashes of earth-worms applied with raw honey to a wound, draws out little broken bones; garlic sodden and bruised with pitch, applied to a wound, draws out all things from it; ashes of worms brayed, boiled with honey, applied, draws out broken bones. If the bone of the head be broken, presently give the patient violets bruised in wine to drink; if the right side of the head be hurt, bind bruised violets on the sole of the left foot; and if the left side be hurt, bind them on the sole of the right foot, and it will cause the broken bones come forth the same day.

For rectifying of troubled wines.

If you would have drumbly wines made clear, put in the barrel powder of mortar or lime, made very small; it goes to the ground, and draws down all the dregs with it. Whites of eggs with much honey, well tossed or casten, put in the wine. The root of a fern put in

a barrel, suffers not the wine to become sour. The leaves or roots of holyhock makes hard wine soft.

For mischievous acts, and putting of devils to the flight.

St Johnswort hung in a house hinders mischievous acts, and puts to flight evil spirits; for the which cause it is called *fuga demonum*. Whoever carries upon him eringo roots shall be preserved from witchcraft. The loadstone kept upon a man, removes disorder between man and wife. A pyot roasted, speedily recovers the sick to health, and relieves all who have been enchanted from their birth. Mugwort hung upon the door, keeps the house from witchcraft.

For the heart-burning.

Take six corns of the best pepper, chew them in your mouth, and let them down your throat, and it will ease the heart-burning.

For the Hickup.

Stop both your ears with your fingers, and the hickup will presently leave you.

To destroy a cancer in any part of the body.

Take a good quantity of the bark of floe-tree, chop it very small, and boil it in some running water, until it be black, then temper it with a little rye meal, a little burnt allum powdered, and a little honey; make a plaister thereof, and lay it to the place grieved, and it will speedily heal it.

For stopping of the lungs.

Take elecampane roots well dried, liquorice and annise-seeds, of each an ounce, flower of brimstone half an ounce, of sugar-candy six ounces, made all into a powder, and eat half a spoonful and more thrice a day.

Another.

Take half a pint of hyfop water, and as much aquavitæ, and an ounce of sugarcandy beaten small; put them all in a dish over the fire, and stir it often with a spoon, and take a spoonful thereof every day, warm.

A special medicine to open the lungs.

Drink an ounce or two of hyfop-water twice a day, in the morning and evening.

To purge melancholy.

Fumitory evacuates melancholy humours; the juice is given to two ounces in decoction; the herb is put from three to five ounces in whey: you may strengthen this operation with a little wormwood put in.

A good conserve in hot pestilent fevers, restoring the spirits consumed with heat.

Take the tart root of fresh citrons quite from the shells, with a wooden instrument, three pound, water one pound, sugar well refined three pound and an half, boiled in a glazed pipkin, stirring it with a wooden spoon, until it come to the consistence of a conserve.

Against wind in the stomach.

Take a pound of sugar, of annise, of coriander, of each a quarter of a pound; beat the seeds to powder, and sift them through a searce, then take four or five spoonfuls of rose-water, and boil these to a paste, so make them up in form of lozenges.

A receipt to cause one vomit.

Take warm water wherein a raddish root hath been boiled, and a little oil, and drink it.

A receipt to bring out the small pox.

Take two figs sliced, a spoonful of hartshorn bruised, a few marigold flowers, and tops or leaves of carduus benedictus, and a little saffron, boil them in a posset, and give the patient to drink thereof.

Another for the pox.

Boil milk, saffron, and English honey together, and give the patient to drink; let him be kept warm, and the pox will come out speedily.

To hinder dinting or marks of the pox.

Take beef-broth, and bathe the scabs therewith, afterwards take the fat of calves feet, boiled and beaten white with May dew and rose-water, anoint the face therewith; or take white wine and butter, of each a quarter of a pound, boil them together, and bathe the face often; or melt salt butter, put into cold water, and so anoint the face withal.

Against pain in the back.

Take the slimy substance of comfrey root in posset drink, four or five days together; or take knot-grass, shred it, and mix it with butter, and make a tansy thereof and eat it.

A remedy for the hemorrhoids.

Take the roots of pilewort and meadow-sweet, and shred them both together small, and boil them, and strain them, so keep them for your use to anoint the piles withal.

Another remedy.

Take the leaves of mullein and the leaves of an elder-tree, stamp and beat them both very well together, and mingle them together with fresh butter, anoint the place grieved often therewith before a good fire, and it will cure them without all doubt.

A receipt for curing the bloody flux, and for healing the ulcers in the guts caused thereby.

Take the inner rind of a saplin of oak, about twenty years growth, and put two handfuls of the said rind, being cut off into small pieces, boil the same in a quart of milk till it be ready to run over, then flocken it with cold milk and plantain water; so boil and flocken it five or six times, which makes it more astringent; let the patient take an half of a pint at once, adding thereto a little gros pepper.

An approved medicine to clear the eye sight.

Take the powder of fennel, annise, and e-lecampane.

lecampane, and temper them with aquavitæ, and then dry them again, and eat thereof every morning and evening a pretty quantity, and it will not only clear your sight, but also purge wind, and make one that is old seem young a good time after.

Another.

Take pure new white wine, and infuse therein eye-bright and wood-betony, of each a small handful, and so let it remain for the space of three days together, then boil it with a little rosemary in it, and drink a good quantity both morning and evening, and it will cause you have your sight both perfect and well. Accustom yourself every morning to eat a new-laid egg, rare roasted, and put therein some eye-bright, and that will help to clear your sight.

Another to preserve the sight and clear the eyes.

Take a handful of eye-bright bound together, put it into a gallon of beer, when it is newly cleansed, let it hang in the midst of the drink, and let it work together, until the drink be clear, and ripe to be drunk, according to common use, and then drink as much as you will; and it were not amiss, to every handful of the herb (to avoid windiness) to add two drams of fennel seed, well dusted, and a little bruised; this hath been truly approved.

For rheum in the eyes, and to cure their redness.

Anoint the eyes three nights together with
thin

thin cream, then anoint other three nights with live-honey applied.

For the tooth-ach, a marvellous good remedy.

Take a little honey and set it on the fire, and put thereon some of the herb of elder-tree cut small, adding thereto a little ginger, and some bay salt mixt together, and apply it warm unto your tooth, and you shall find present remedy.

For the itch.

Take a handful of scabious leaves, another of dock roots, slice and boil them in a quart to a pint of water, and mix an ounce of brimstone with some salt butter and a little ginger, anoint the patient therewith.

A present remedy for the itch.

Boil the roots of elecampane very soft, and mix them with fresh butter in a mortar, and of the powder of ginger, of these make an excellent ointment against the itch and scabs.

Another.

Take eleven or twelve dock roots of the yellowest that can be gotten, and scrape them very clean, then cut them very small, and stamp them well in a mortar, then set them over a chaffing-dish of coals, and put a pound of sweet butter therein, and boil them sufficiently; then strain them, and put in a spoonful of the flour of brimstone finely beat to powder, and stir it well together, then let it stand till
it

it be quite cold, and it will be a pure salve; anoint your body therewith before a fire, and let it soak into the skin; use this medicine morning and evening for six or seven days, and it will take away the itch be it never so great.

To take out a burning.

Take lambs blood, if you have it, or chickens blood, warm from the lamb or chicken, if you can; and if not, warm it, and bathe the place with it.

Another for burning.

Take castile soap, and stir it on the fire until it be thick as salve, and make plaisters thereof, and lay on the place that is burnt, or anoint the same therewith.

Another for burning or scalding.

Anoint the place with the juice of a fern or brake root, and it straightway helpeth scalding or burning.

An excellent medicine for the stone or gravel.

Take some quantity of white wine, nutmegs, and a small quantity of oil and sugar, also almonds; mingle these together, and take it: It is also exceeding good for the colic.

An excellent receipt for the stone and colick.

Bray pellitory and butter together, and bind them to your navel; or, take a lapwing and burn her feathers and all, and give the ashes to the patient to drink in white wine, something warm.

For

For the palsy.

Take the distilled water of daffodilles, bathe and rub the patient with the said liquor by the fire, and it cureth.

An approved medicine for heat in the mouth or throat.

Take a quart of spring water, and put it into a pipkin, and put thereto two sticks of liquorice, and some violet leaves; then boil it to a pint, and strain it, and gargarize often therewith.

For heat of the back.

Take the oil of roses six ounces and an half, and put to it a little wax, and four drops of vinegar, and anoint the back therewith.

A sovereign medicine for the cramp.

Take the middle bone of the knee-joint of the hinder leg of a hare, and touch the place therewith, and it doth straightway help the cramp.

To make an issue.

Take rye flour and mustard seed beat into powder, and with water make a little paste, bind a ring made of a rush, and apply it.

An approved receipt for a scald head.

Take a candle, and let it drop upon it as hot as you can; in so doing, it will scale off; then take a cow's piss, and the furring of a whole chamber-pot, boil these together, and wash the place, and it will straightway cure.

An excellent medicine for the gout.

Take two handfuls of ivy that grows on a wall, and put it in raw milk, and put thereto boar's grease and oat-meal, boil it together, and apply it to the place.

To open obstructions of the liver, and to preserve from the dropsy.

Take every day half a dram of fine rhubarb, thin sliced, with a spoonful of currans, steeped and washed in wine two hours, then chop them finely with the rhubarb, and eat them fasting nine mornings together, in the spring and fall.

To stay a looseness.

Take a pint of milk of a red or black cow, and set it on the fire, and when it boils up, pour in a spoonful of spring water, and let the milk boil up again, and do in the same manner nine times, drink thereof when it is boiled, morning, after dinner, and in the evening.

A special receipt for the spleen.

Take three or four handfuls of the leaves and flowers of melilot, and put them in a pot with water, but let the one half of the water be smith's water, and the other half the patient's own water, and let it boil to a quart, then take both herbs and flowers and put them in a bag, then put them to the patient's side as hot as he can endure it. Let him use this nine or

ten days together, every day once, and it will make him well.

An excellent medicine for a green wound.

The coals of a beech-fire made into powder, and put into the wound or sore, healeth it presently, without any other thing, in a few days.

A special receipt for the falling sickness.

Take three handfuls of box-tree leaves, of peony roots, small and thin sliced, two handfuls of peony seed-piles six ounces, boil these in three gallons of beer or ale, to two gallons, then give this to the patient every day twice, a good draught warm.

A special remedy to stanch bleeding of the piles.

Take a good quantity of the juice of millefolium, and put thereto a pretty quantity of the powder of burnt garlic, and let the party grieved drink thereof, in either ale or wine, and the piles will die shortly.

To loosen the belly of one that is hard bound.

Take a chicken, and a pretty quantity of cassia fistula, boil these in fine running water, and drink the broth thereof, and it will immediately procure looseness without pain.

Another for the same.

Take the juice of southernwood and anoint the belly well therewith, and it will loose you gently.

To stanch the bleeding of a wound.

Take a linen-cloth and burn it, then take the powder thereof, and spread it thick upon a linen-cloth, and lay it to the wound, and it will stay bleeding immediately. Also, take pimpernel, and hold it between your teeth, and you shall not bleed so long as you hold that.

To stanch bleeding of a wound at the nose.

Take the powder of bolearmoniac, and with a quill blow some of the same powder into the nose of the party that is given to much bleeding, and it will stanch it immediately.

Another.

Take perriwinckle, and bind the patient about the temples of the head very hard therewith, and let the knot be in his neck, and this will stanch bleeding without any more ado.

A sovereign remedy for bleeding inwardly.

Take a pretty quantity of the juice of turnips, and likewise of the juice of shepherd's purse, mingle both together, and let the party grieved drink thereof, and it will cause the blood to be cast up immediately.

A marvellous good medicine for those that cannot void water.

Take the leaves and roots of wood-betony, wash them very clean, and dry them in an oven, then beat them into fine powder, and drink the same in white wine, posset, ale, or any o-

ther ordinary drink, and it will cause you immediately void water.

Another for the same purpose.

Take ivy berries and beat them to powder, and let the patient drink it in white wine, or in stale ale somewhat hot, and it will forthwith cause him make water.

A wonderful medicine to cleanse the mouth and fasten the teeth.

Take woodbine leaves and sage, of each an handful, and a spoonful of fine English honey, and a piece of allum of the quantity of a big walnut, boil all these together in a quart of fair running water, until the one half be consumed, then strain it through a fine linen cloth, and wash the mouth and teeth therewith lukewarm, and it will both cleanse the mouth of all corruption and filth, and fasten your teeth.

A special good salve or ointment to cure any wound or sore, whether new or old.

Take half a pint of fallad-oil, four ounces of unwrought wax, an ounce of turpentine, four ounces of rosin, and an ounce of mastic; *item*, smallage, woodbine leaves, plantain, and marigold leaves, of each a handful, of the tops of hyssop half an handful; wash them all well, and dry them at the sun for the space of half a day together, then stamp them in a mortar, and strain them, and take the juice thereof,
and

and boil it with all the other things before-mentioned, except turpentine, and stir it continually until you find all the juice dried up; then put in your turpentine, and let it boil a walm or two, then take it from the fire, then let it stand a while, strain it through a coarse linen cloth, and keep it in boxes or gally-pots, until you have occasion to use it: This salve cures all sores both new and old.

An excellent remedy to stanch bleeding.

Take a toad, and dry it very well before the sun, then put it in a linen cloth, and hang it with a string about the party that bleedeth, and hang it so low that it may touch the breast of the left side near the heart; this will certainly stay all bleeding at the mouth, nose, wound, or any thing whatsoever.

To take away warts.

Take the heart of a red colewort, stamped well with a little honey, and rub the wart often times well therewith, and it will take it away.

A special receipt to heal a fellon.

Take a little bay salt, stamp it very small, and also a little four leaven or bread, mingle these well together with the yolk of an egg, and apply it to the sore twice a day, and it will draw pain from the same, cease the swelling, and cure it speedily.

An approved receipt to cure a fellon.

Take the grounds of ale, and a handful of
I 3 ground-

groundfel, with a piece of four leaven, boile them together in the salve, and apply it, it will heal the sore.

A very good remedy for swelling of the legs.

Take white herrings out of the pickle, open them, and lay the insides of them to the soles of your feet when you go to bed, and let them remain all night, and in the morning apply new ones again; use this five or six times, and it will help you.

An approved medicine for the morphew.

Take the juice of celandine, mixt with the powder of brimstone, and lay it to the place where the morphew is (all cold) use that five or six times, and it will assuredly cure you.

A wonderful good medicine for legs that do rankle and fester.

Take smallage, southernwood, houseleek, violet leaves and roots, and wabran leaves, of each of them a good quantity, and of honey; stamp all together, and strain them through a fine linen-cloath, and make a plaister thereof, and lay it to the sore, and renew it twice every day; and always before you lay on the plaisters, wash the sores very well with white wine, or with oil of roses; and as long as you use or continue this medicine, put five or six leaves of sage in your mouth, and in a short space, your legs will be whole and sound.

For the yellow jaundice.

Take an handful of red nettle tops, plantain and saffron, and boil them well in a pint of ale, then strain it, and drink thereof for four or five days together.

For a cough in the lungs.

Take an handful of figs, and seethe them in ale until they be somewhat tender, then set them asunder, and put them in a linen-bag, and so lay them on your stomach warm; and when they become cold, warm them again in the same liquor, and apply them to your stomach as formerly; do this several times.

A sovereign remedy for gnawing about the heart.

Take sage leaves a pretty quantity, and as much yarrow, and temper them with ale; then strain them, and drink them, and you shall presently have relief.

For a woman that hath great breasts.

Oftentimes anoint her paps with the juice of succory, it will make them round and hard: If they be hanging or bagging, it will draw them together, whereby they shall seem like the paps of a maid.

For a woman's sore breasts, occasioned by cold, or otherways.

Take a colewort leaf, and anoint the leaf itself with May butter, first boiled with rose-water, and then lay it to the woman's fore breast,

Breast, and it will both assuage the swelling and pain in a short time.

For a canker in the mouth.

Take a good quantity of white wine vinegar and honey, boyl them well, and wash the mouth therewith.

For destroying any imposthume.

Take of the juice of flower-de-luce, and roots of lilies, of each a like quantity, stamp them well together, and put therein a quart of honey, and boil them well together, either in wine or ale, and when they are well boiled, then take the liquor thereof, and strain it through a fine linen cloth, and when occasion serveth for use, let the patient drink thereof three or four spoonful at a time, especially in the morning or evening, first and last, and it will speedily cure him.

A marvellous good remedy for the pleurisy.

Take brooklime, sheep's suet, and a little fair water, fry them together in a little frying-pan, and make a plaister thereof, and apply, and it will take away the corruption, and give ease.

A marvellous good remedy for a consumption.

Take half a pound of the best raisins, stone them, and put thereto two ounces of the purest brown sugarcandy, put them in a wooden mortar, and then beat them together, and, in the beating them over and over again, put in the
quantity

quantity of half a spoonful at a time of oil of sweet almonds, until you have put in so much as will sufficiently moisten them, and when the matter is beaten fine like a conserve, take thereof the quantity of a nutmeg at a time, first and last, and it will do you good.

Another for a consumption, or any decay in the inward parts.

Take a pound of dates, pickle out the stones and skin, and the white that is in them, and beat them in a stone mortar as small as can be, then take a quart of clarified honey, also long-pepper, mace, grains, cloves, nutmegs, of each a quarter an ounce, beat them to powder, then put your dates and honey well mixed together on the fire, and let them boil, always stirring it for fear of burning; and in your stirring, stir in your powders by little and little, till all be in; (you must not boil it so thick as you do marmalade, for then you spoil it), then take half an ounce of fine ginger beaten to powder, and stir it in, and always stir it on till it be cold; put it in a box as you use to do your marmalade, and eat the quantity of a chesnut first and last, and it causeth sleep, and restoreth health.

Another for a consumption.

Take two handfuls of clary leaves, and pickle them clean, and five yolks of hens eggs new laid, make a tanfy thereof, and use it eight mornings together, with nutmegs and
sugar.

sugar; then take saffron, and dry it on a tile-stone, and grind it very small, and put all these things together, and fry them in fresh butter, and let the patient eat it first in the morning, for eight days together, and it will do him much good.

For the falling sickness.

The powder of that which a foal casteth when it is new foaled, being dried and made in powder, given to the patient, by certain experience, frees him of that disease, and that miraculously.

Another for the falling sickness, although it were never so old and evil.

In the months of May, June, and July, gather together four green paddocks, cut them up quick, and take the livers out of them, and dry them on colewort leaves laid on a glass pig with soft fire, then make powder of them, and divide it in five equal parts, and give the patient in the new of the moon one part of the powder, and let him not take meat for two hours after, and give him another part of it at night when he goes to bed; and so forth.

For bruised blood by a stroke on the eye, or any part of the body.

Juice of the roots of Solomon's seal green, applied, removes the same in any part of the body; or with the juice of wormwood with honey.

For

For pain in the eyes.

The strind of an egg well beaten, and applied, healeth all wounds and pain in the eyes.

An ointment for the great pox.

Take allum, verdigrease, honey that is good, strong and sharp wine-vinegar, of each a little quantity, mix them well together to an ointment, anoint the place therewith, and it will both dry and heal. *Probatum.*

Dr DAVIDSON'S plaister for all green wounds and sores; for mollifying hard swellings; for cruels and contusions.

Take a pound of litharge, two pound of oil olive, a pound of strong white wine vinegar, boil them all together, with continual stirring, until it come to a blackish brown colour, and all well incorporate; then pour it out in water, and fashion it in rolls, at pleasure. It healeth all green wounds and sores without a scar; it mollifies all hard swellings; it heals contusions or bruises, and the cruels.

VIRTUES of WHEY.

For a dysentery or gripping flux.

The best cure, and the most absolute in the whole world for any flux that hath a grinding or fever with it, is to drink whey cold abundantly at all times, in the day and night. Drinking thereof not only cures, but likewise preserves from the said disease. But, if the
flux

flux have neither a grinding nor a fever accompanying it, I forbid the use of whey, and all other liquid things, also both of meat and drink, except sometimes a little red wine.

VIRTUES of COLD WATER.

For the gout.

Certainly, there is not a greater preservative from the gout than a drink of cold water in the morning, if it be taken twice in the year, that is, in the beginning of the spring, and fall of the leaf, and continued for some days together; or else, if it be taken immediately before such times as it is usually wont to seize on the party. In like manner, nothing is of more efficacy (when it hath seized on him) for the assuaging of the violent torments of it, than cold water is, and especially, if to this cold water you join the breathing of a vein, either upon the part affected, or upon the neighbouring part.

For the sciatic.

Neither is this cold water, as I have prescribed it, useful only in curing and assuaging the pains of the gout, but also the sciatic, or hip-gout, which is both the most violent, and the hardest to be removed of all the rest. If the sciatic be but new begun, taking of cold water an hour or two before supper, because the disease uses to rage worst of all towards bed-time, or at any other time when the patient

tient is pained, is excellent; taking it this way by way of prevention, and doing the like every morning. Many times very aged persons, who have taken it but five or six days together, have been perfectly cured, without using any other remedy, and the disease forever banished from them; but remember withal to put horse-leeches on the part affected, where the pain is most violent, and cupping-glasses, with more than ordinary scarifications. It is also profitable in these cases, to breathe the vein that lies in the outward ankle, which is therefore called *vena sciatica*, or hip vein; but in an old inveterate grief, a large blistering-plaister set over the whole hip, uses to be a most effectual remedy; yet sometimes it were good to have recourse to red hot iron. Also, an hour or two before supper, a drink of water taken cold is a speedy remedy against the gout. A drink of cold water taken after dinner, immediately giveth great ease to the pains of the stomach coming of crudity. A drink of cold water, with a sour apple, taken at supper-time, instead of all other meat or drink, cures a new begun hoarseness, and restores one to his own natural clear voice the next morning. A drink of cold water taken in a burning fever, is a most present remedy. A drink of cold water every morning for the space of some days, or weeks together, cureth red fiery faces, pimpled faces, carbuncled noses, or any other deformity of the skin, in whatsoever

part of the body they are. A drink of cold water, or lukewarm, or hot water taken for some days together, in the morning constantly, is very profitable for the stone in the kidneys. A drink of cold water is good against the crudities of the stomach, and those that are troubled with raw and belching stomachs. Cold water applied externally cures the pains thereof. Benumbed hands or feet put into cold water, recover their former strength, being put therein for the space of half an hour; if while the feet are in the water, the party drink a large draught of warm wine, and spiced with nutmegs and cinnamon; now this being done, the feet and thighs must be wiped with a linen-cloth, and so anointed with ordinary soap, but must not come near a fire for a time. The continual application of cold water for the space of three or four hours together, cures the palsy in any part of the body. All strainings of the joints, and all contusions, either in the same, or any other part of the body, as well as any huge swelling, may be much more safely cured by bathing of cold water, than by any other remedy whatsoever, and that more speedily too, and without any other cost or trouble, or loss of time, if it be done timeously within two or three hours, yea if it be done the next day after. The gout of the feet is cured by a large effusion of cold water every day, for the space of five or six days together. If the head be put in cold water,

ter, as far as the middle bone in the hinder part of the head, and to the nose before, so that there be left just so much of the nose out of the water, as the party may have freedom of breathing only; and that this may be done so long as a man may be in saying of the Lord's prayer; the pain of the head, tho' it hath been of long continuance, will be removed, and defluations stopped, as hath often been proved by experience: Or else instead of this, putting the head into cold water, (which seems to be very proper for women) you may take a linen cloth dipped in cold water, and apply the same several times to the head.

For those that are subject to infirmities of the head, and troubled with sore eyes, stuffings of head, distillations, swellings of the glandules or almonds of the ears.

Nothing is better than cold water, where the head in the summer time is to be held under a water-spout for a pretty while together every day, the water all the while running down it. The toothach also may be cured by applying this cold water to the part affected, and bathing the parts therewith, and higher beyond the temples, and by repeating the said application. The application of cold water to the inflammation of the eyes, in the beginning, and often repeated, cures the same. The most horrid pain of the shoulders, back, loins, are cured by application of this cold water. Dip

linen cloth in cold water, and apply it to the neers a pretty while together, repeating the said application several times, is good against the stone in the kidneys, Bathing the legs of children as far as the knees in cold water, for a good while together, doth help them much who, through extremity of pain, cannot stand on their feet. By bathing the legs in cold water the windy cholic is cured. The immersion or application of cold water upon the green wounds of the head, or any other part of the body, continued for the space of an hour, or half an hour, absolutely cureth them without doubt, without suppuration, according to the first intention; but remember to put the shell of an egg upon the wound, to save it from external injury. The cutting or pricking of a nerve is cured by the application of cold water.

Wine vinegar for the scurvy.

The party affected with the scurvy, must take every morning wine-vinegar, and the juice of blades of wheat, of each two or three ounces for ten or twenty days together, according to the exigence of the disease, and he must also often use to take this composition, and hold it in his mouth for a good while together, washing his gums, and sometimes gently rubbing them therewith.

For the cholic pains.

Six grains of laudanum opiate taken. Half

a dram of pilulæ catholicæ. A dram of the powder of wolf's guts in three ounces of wine. Cupping-glasses applied to the navel. The cork-stopple of an hoghead of wine, which hath been many years so employed, and consequently is well drenched with wine, must be burnt to ashes, and a dram of the ashes taken with white wine when the pain is urgent.

For a choleric cholic.

Take in the morning a piece of fresh butter, and drink a little wine above it.

For vomiting in a malignant fever.

Take salt of wormwood a scruple, fresh juice of lemons a spoonful, mix them together, and give them to the patient.

For the pleurisy.

Take a roasted apple, with a dram of frankincense, and put therein four ounces of carduus-water, and cover the patient well that he may sleep. Half a dram of chimney-foot powdered given in carduus-water. Vomiting in the beginning of the pleurisy cures the patient.

For bleeding at the nose.

Vinegar and water frequently snuffed up at the nostrils. Vinegar of roses dropped in that ear which is nearest the nostril out of which the blood cometh.

For the bleeding of a wound.

Roll a linen cloth into a cylinder, like a garden rolling-stone, and fill the wound there-with perpendicular ways.

For a wound in the breast.

Cause the patient suck the milk of a woman's breast, and also make injections of the same in the wound.

For a deadly headach.

Take the hair off the head, and cover the head with a vesicatory plaister.

For a stubborn pain of the head.

A piece of gold rolled up in the nose, and another holden at the mouth.

For pain of half the head.

The smoke of amber received in at the mouth and nostrils, for half an hour's space when the pain is.

For the rheumatic disease.

Two spoonfuls of the tincture of corals every day, taken two hours before meat, or taken every day in the morning or at night. The quantity of a walnut of the conserve of egplantine hips.

To stop a catarrh, or flux of the rheum.

Take strong leaven two ounces, amber powder two drams, make a cataplasm thereof, and apply to the crown of the head, after the hair is shaven off.

Far

For universal pains.

Take elder-tree leaves, and dry them in a baker's oven after the bread is drawn, as many as will fill two sacks full, and tie the two sacks, being full of the said dried leaves, about the patient's body wholly, and it will cause him sweat; do this three or four times.

For running of the universal gout.

Crocus metallorum.

To ease the pain of the gout.

Foment the place pained with ashen-tree distilled in a leaden still.

For scabs and fellons.

Purge the patient with a scruple of mercurius dulcis, and half a scruple of diagredium.

For scabby legs.

Take unguentum basilicum four ounces, turpentine two ounces, oil of roses three ounces and an half, three yolks of eggs, and a little wax, make an ointment of all, and anoint the scabby place therewith.

For a cancer.

Four grains of the extract of black helebore. A broth and an ointment of green frogs applied.

For a watery rupture in the cords of an infant

Take half a pound of bean meal, boil it in strong rich wine to the consistence of a poultice, then add three drams of oximel simple,
make

make all in a cataplasm or poultice, and apply it morning and evening.

For a rupture in the belly.

A foment of aquavitæ applied to the groin. Three plaisters made of galbanum, every one of the plaisters worn nine days with a truss on the place.

For the sciatic.

Blood taken of the ankle-bone in the same side.

For an hysterical passion.

Take the powder of the flesh of a wolf, and wear a piece of the said flesh salted always about you.

Another.

A clyster of vinegar and water.

For the falling sickness.

Peony gathered when the moon is descending in the sign of Aries, doth remove the falling sickness, by external application only, worn about the neck or arm. The fit of the falling sickness is cured by blowing the smoke of tobacco in the mouth, the time of the fit.

For the rose.

Strong wine drunk.

For an ulcer with corruption of the bone.

Powder of euphorbium with lint, applied.

For

For a bound belly.

Take stewed prunes and their syrup. To which add a quantity of wine, allayed with water for two hours before dinner; the half of which syrup must be taken before, the other half after, the prunes: Also, Take the quantity of a walnut of new butter, and drink it upon a drink of wine and water mingled.

For a dysentery.

One dram of the salt of vitriol dissolved in water, taken in a porringer full, in the morning and at night. Drink of the decoction of burnet made with water and butter.

For sore inflamed eyes.

The drinking of pure wine.

For inflammation of the eyes with filth.

Cotton well dried over the coals, and well teased and put asunder with the fingers: do this every night, and let each eye be covered with cotton in manner of a bolster bound on; do this many nights together.

For a spot of the eyes.

Rose-water wherein sal armoniac hath been dissolved in such a quantity that it may bite the tongue a little, kept two or three days in a copper vessel, till it keep a blue colour, put in the eyes. Water of honey doth most certainly take away the spot out of the eye, but it causeth pain. Juice of rue dropped in the eyes.

For

For gutta serena.

Great fasting or abstinence.

Sight repaired in old women.

Put in the eyes five or six seeds of clary at bed time.

For bruises.

Honey-combs with honey in them, boiled to the consistence of an ointment, spread upon a linen cloth, and applied.

For the dropsy.

Decoction of the root of butcher's broom, drunk the space of a month, with two or three purges of the infusion of fenna; also, an infusion of rhubarb in fair water, drunk for his ordinary drink. Abstinence from all manner of drink. Many vesicators applied to many places of the body. Sal prunella drunk for ordinary the space of a month. A cupful of the decoction of the tops of oaken boughs, drunk for the space of fifteen days or more.

For an hectic fever, with fear of a consumption.

Keep a thin diet, and take two drams of fenna in the week, in the decoction of cicory and bugloss made with anniseeds; the fenna must be infused a whole night, the decoction hot.

For a consumption of the lungs.

A healthful woman's milk sucked from her breast.

For

For the jaundice.

Three ounces of the juice of fumitory taken for certain days.

For the stone in the kidneys.

A decoction of the root of asses-thistle and liquorice, drunk for the space of twelve days. The dose is, of thistle root half an ounce, and two drams of liquorice in every dose.

For night sweats.

Take twice a month julep and cream of tartar, of each half a dram, for two or three months, also a cooling julep of the waters of cicory and bugloss, and syrup of apples.

For pain of the hemorrhoids.

Infuse yarrow in boiling water, and give the patient to drink for a month's space.

For pains after child-birth.

Take galbanum, assafoetida, of each an ounce, spread therewith a round plaister, and put four grains of musk in the middle, and lay it on a little below the navel.

For mother fits.

A plaister of galbanum applied to the navel, and drink of water tempered with vinegar when she is a-thirst.

For slipping down of the womb.

A round piece of wax, as big as a hand-ball, put up in the womb.

For

For immoderate flux of the courses.

Five ounces of the juice of nettles drunk, and a cataplasm made of the juice of nettles and wheat-flour applied to her belly below her navel; do this twice or thrice.

For chops in womens dugs.

Oil of nuts new drawn anointed, and sugar strawed thereon. The balsom of sugar doth the same.

For extreme thirst.

One dram and an half of sal prunella dissolved in water and drunk.

For rottenness of the teeth.

Fill the hollow tooth with turpentine. Burn the tooth with a red hot iron.

For a hard swelling of the back of the hand.

A plate of lead smeared over with quick silver, laid on the hand for eight days or more.

For the pestilence.

The patient's dung distilled with the patient's urine, strained through a linen cloth and drunk.

For the king's evil.

Suffer the child's head to become lousy, till all the head become scabbed and running.

For king's evil swelling fallen on the fingers.

The smoke of vinegar poured out on a red hot flint-stone, continued morning and evening for a month's space on the fingers.

For

For the sleepy disease in children.

One dram of white vitriol in broth. Half an ounce of aqua benedicta. The juice of onions and ordinary oil, of each a spoonful mingled together, taken.

For a tumour of the face.

A plate of lead smeared with quicksilver, and stuck upon a plaister, and applied with a bolster upon it, and bound on with a band.

For a canker in the dugs.

Water of red poppy, plantain, and roses, mixt with honey and roses, applied.

For a gangrene in the leg.

The place affected long time fomented with water, in which lime and chalk have been boiled.

For a wen.

The leaves of sorrel wrapped in a wet paper, roasted in the embers, and afterwards incorporated with sifted ashes in form of a poultice, diverse days applied warm.

For madness.

Geld the patient, and his madness will cease.

For stopping of urine.

The brains of a pyot dried, and drunk in white wine, maketh the patient piss within an hour.

For warts.

Parsley bruised and rubbed on, then applied

as a pultice; renew the same twice a day, it cures within eight days.

For corns in the feet.

Cut the corns when the moon is in the wane, first washing the feet a pretty while in hot water, then apply ivy leaves bruised; renew the same every day, morning and evening; within fifteen days the corns are drawn out.

For burnings.

Ivy leaves boiled in water applied.

For the whoremaster's pox.

Take of the roots of the great bur-dock cut in thin slices, eight ounces, white wine and spring water of each two pound, let them boil together till half the liquor be consumed, adding towards the end an ounce and a half of senap, according to the patient's disposition; let the patient take half a pint of the strained liquor, and procure sweat, by laying on hot flints tied up in cloaths near the soles of his feet, by each leg one, by each thigh one, by each shoulder one; and being close covered, let him sweat plentifully an hour and a half together, and about evening he shall have a stool or two.

For running of the reins.

With conserve of the fruits of bruscus, or butcher's broom given, the quantity of two drams, or half an ounce, for some days together.

ther. Water stilled out of the root hath the same effect.

For the toothach.

As much of salt of the wood of ash-tree as will fill a woman's thimble, applied to the artery of the temple where the pulsation is felt, and within a short time it makes a knot in the artery, whereby the flux is intercepted.

Hæmorrhagia, bleeding at the nose extremely.

Take the patient out of his bed, and spread a woollen covering on the floor, then cover the patient's whole body with linen cloths dipped and wet in vinegar and water, for a long space, till he begin to tremble, then put him in his bed.

Hysterica passio, suffocation of the mother.

A goblet of water and vinegar mixed given to the patient.

For the choleric passion.

A little cup full of oxycraturum given to the patient.

For the falling sickness.

A goblet full of oxycraturum every morning, and ever before the fit, a goblet full of pure vinegar taken.

For spitting of blood.

Starch boiled in water like gruel, taken every morning for a month's space.

For a whitloe in the finger.

Put the finger in a cat's ear, and it will be whole within a quarter of an hour.

For the toothach.

Tobacco chewed in the mouth.

For the falling evil.

Drawing of blood often.

For a consumption of the lungs.

Cause the patient eat nothing but raisins with bread; and drink the decoction of barley and liquorice.

For a gangrene.

Foment the place continually for two days with vinegar, wherein the dross of iron hath been well boiled.

For a pain in the knee by contusion.

The knee anointed with the oil of wax and aquavitæ, of each a like quantity, mixt together, and thereafter applying linen-cloths to the knee, morning and evening.

For inflammation of the paps.

A cataplasm of bean meal boiled in oxycratum, that is vinegar and water, and often renewing the same.

For inflammation of the kernels of the neck.

Take of mustard-seed one dram, of rose-vinegar and white sugar, of each of them an ounce, of water three ounces, make a gargarism.

For a double tertian.

A goblet full of white wine taken warm,
wherein

wherein is dissolved brimstone made in powder, to the quantity of an egg.

For flux of the hemorrhoids.

Two ounces of the juice of nettles clarified, with a little sugar put therein, taken.

For a quartan fever.

Half a goblet full of white wine taken every morning for some days, in which oranges cut in pieces have been boiled. Also the powder of dry germander taken in broth.

For immoderate flux of a woman.

A dram of the powder of burnt egg-shells taken in broth. Four ounces of clarified juice of nettles taken in the morning, and at night.

For a bloody flux.

One dram of the cork-tree made in powder, drunk in wine.

For the sciatic.

Cantharides with old sour leaven applied to the place pained.

For the scurvy broken out rough on any part.

Take scurvy-grass leaves, and cut and strain the juice of them, and mix them with brandy, and rub the part affected therewith often, and cause the patient drink the root of the burdock sliced, in ale twice a day.

For deafness.

Take the gall of a ram, or if that cannot be had, of any other sheep, and strain from it the clear

clear liquor, till it come to the greenish, which cast away; then take the foresaid liquor, and mix it with the equal quantity of brandy, put them in a glass and mix them well, and pour a little thereof in the patient's ear, when in bed, putting in wool or cotton after it, and causing him ly on the side affected; this is to be done several times, &c. then to make use of fumes of tobacco, or other drying herbs.

For stopping of blood at the nose, or of a wound, or spitting of blood.

Take two whites of eggs, and a little stiffin, beat it small to powder, and cast the whites of the eggs and it together, and drink it. Also apply it in a linen cloth bound up close to the wound. Apply cobwebs and salt. Drink also smiddy-water boiled; or drink off steel.

Another.

The eating and chewing of strong grafs, and applying it, stops the bleeding of a wound.

To stop bleeding at the nose.

Snuff up cobwebs and sugar.

Another.

Ones own blood fried and snuffed, stops bleeding of the nose; or to lay cold iron, or drop water on the neck.

Another.

Spiders bruised in a linen cloth, and held to the nose, or pulverised and snuffed stops blood.

To

To cause hair grow on bald heads.

To wash with dog's piss causes hair to grow on bald heads.

To sweeten the breath.

Smoke tussilago, either alone, or with tobacco.

For burning.

Anoint the place with sallad oil, or rub the place with unguentum album; or chop plantain with salt butter, and apply it.

For pissing blood.

Cow's milk often drunk cures.

To put back a beeling.

Apply roasted cheese to it.

For healing and drawing biles.

Apply the head of a posset, or white bread and milk boiled with saffron or marigold thereto, or saltless pottage, or butter pottage.

For a catarrh in the hand.

Cow's dung applied warm, cures and draws out the venom.

For a mark on the eye.

Wash it in water wherein common vitriol is steeped.

For a cholic.

Bind cow's dung round the waist warm.
To provoke vomiting by a feather. For some
to

to drink strong liquor, others cold water, or to apply a cold stone to the belly.

For a windy cholic.

To drink brandy or ale, with the spirit of annise.

To cause one sweat thoroughly.

Take an handful of carduus leaves, and boil them in a mutchkin of ale or beer, till it be boiled in to the half, then strain them into a gill of treacle, and it will occasion sweatings; the treacle will make it pleasant to drink.

For the toothach.

Take ground pepper, nutmeg, and brown sugar, put in a little brandy, and made up in pills, put them in the hollow tooth, it will give ease, and cause one to spit up defluctions.

A sure remedy for the itch.

Take dock roots, and slice and boil them in water, two chopins to one, and then strain them, afterwards putting thereto two spoonfuls of salt butter, boil them in to a mutchkin, mixing therewith, when taken off the fire, two ounces of flour of brimstone, or brayed brimstone, anointing the body twice or thrice therewith, it cureth perfectly.

F I N I S.

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