

**Greenwich Association of Disabled People : Centre for independent living :
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Contributors

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'Independence • Rights for All'

GREENWICH ASSOCIATION OF DISABLED PEOPLE

CENTRE FOR INDEPENDENT LIVING

Information Booklet

GREENWICH

ALARM SERVICE

*SECURITY FOR YOU -
REASSURANCE FOR YOUR FAMILY*

An alarm system which enables you to call for help
from anywhere in your home.

It operates 24 hours a day and is especially useful
should you suffer an accident or fall, are recovering
from an operation or frightened of being
attacked in your home.

Over 4,600 people are covered by the service.
Shouldn't you be? Feel safe. Feel secure!

For more information ring: 020 8856 1918 (24 hours)
or write to:

COMMUNITY ALARM SERVICE,
ADAIR HOUSE,
403 SHOOTERS HILL ROAD, SE18 4LH



EMPOWERING DISABLED PEOPLE

What is Greenwich Association of Disabled People GAD-CIL Ltd?

Constituted and run by disabled people, GAD-CIL aims to co-ordinate and provide key services which secure independence and integrated living opportunities for disabled people in order to promote their full participation in the mainstream of economic, social and political life.

GAD-CIL was formed in 1974, and has operated as a C.I.L. (Centre for Independent Living) for the past 8 years. GAD-CIL actively campaigns on issues affecting disabled people locally.

Nationally, GAD-CIL, as a member of B.C.O.D.P. (British Council of Organisations of Disabled People), is involved in pressing for anti-discrimination legislation, an adequate benefit system, and independent living issues.

GREENWICH ASSOCIATION OF DISABLED PEOPLE MISSION STATEMENT

The Mission of GAD is to be a major force for positive change in Society's perception of Disabled People; to support Human Rights for all Disabled People; and to be a source of empowerment for Disabled People living in the London Borough of Greenwich.

WHY DOES IT MATTER WHAT WORDS WE USE TO TALK ABOUT DISABILITY?

It matters because:

- how we talk about things affects how we understand them
- as disabled people our understanding of "disability" affects how we behave, how we see ourselves and what we expect from life
- our understanding affects the way we act about disability issues
- it also affects how we treat each other

TALKING ABOUT DISABILITY

Disabled people claim the right to define disability.
We use something called The Social Model.
This says something like:

"Disabled people have a difference in the way part of our body or mind works, (some of us call this an impairment). We are all individuals, different from each other. What unites us is that we experience discrimination in all areas of life.

cont'd.....

'Talking About Disability'
cont'd.....

It can be:

- physical barriers (eg steps)
- attitudes ("a Deaf person could not do that job")
- or regular exclusion from mainstream provision (providing "special" schools for disabled children instead of making ordinary schools adjust to their needs)

We sometimes call this discrimination "institutional discrimination".

This discrimination makes it impossible for us to participate in society as equals.

The solution to our "problems" is to remove all of the discrimination. This is why disabled people are campaigning for Civil Rights legislation.



IN GAD WE VALUE:

*Empowering Disabled People
to combat oppression-
we will strive not to become
oppressors of others.*

*Being an agent of change by Campaigning,
Lobbying and Educating in order to promote
Equality of Opportunity, full Civic Rights
and provide informed choices to Disabled People.*

*Respecting the individuality and choice
of every person.*

*Not being controlled by funder but by
providing services determined by Disabled People.*

*That our services truly reflect the needs
of the local disabled community in its entirety.*

*Working in a professional manner,
we endeavour to keep alive the collective
spirit of the Disabled People's Movement
in all parts of the organisation.*

QUALITY STATEMENT FROM THE EXECUTIVE COMMITTEE

***GAD is committed to providing
a range of services that are
customer orientated.***

***These services help to fulfil our
Mission Statement, should be of
a consistent, agreed, quality
which then enhances
GAD's reputation within
the total community.***

***To monitor and improve our services
we will collect relevant statistics
on service usage and may carry out
quality surveys of service users.***



TRAINING AND CONSULTANCY

Training and Consultancy over any issue concerning disability is one of the key services offered by GAD.

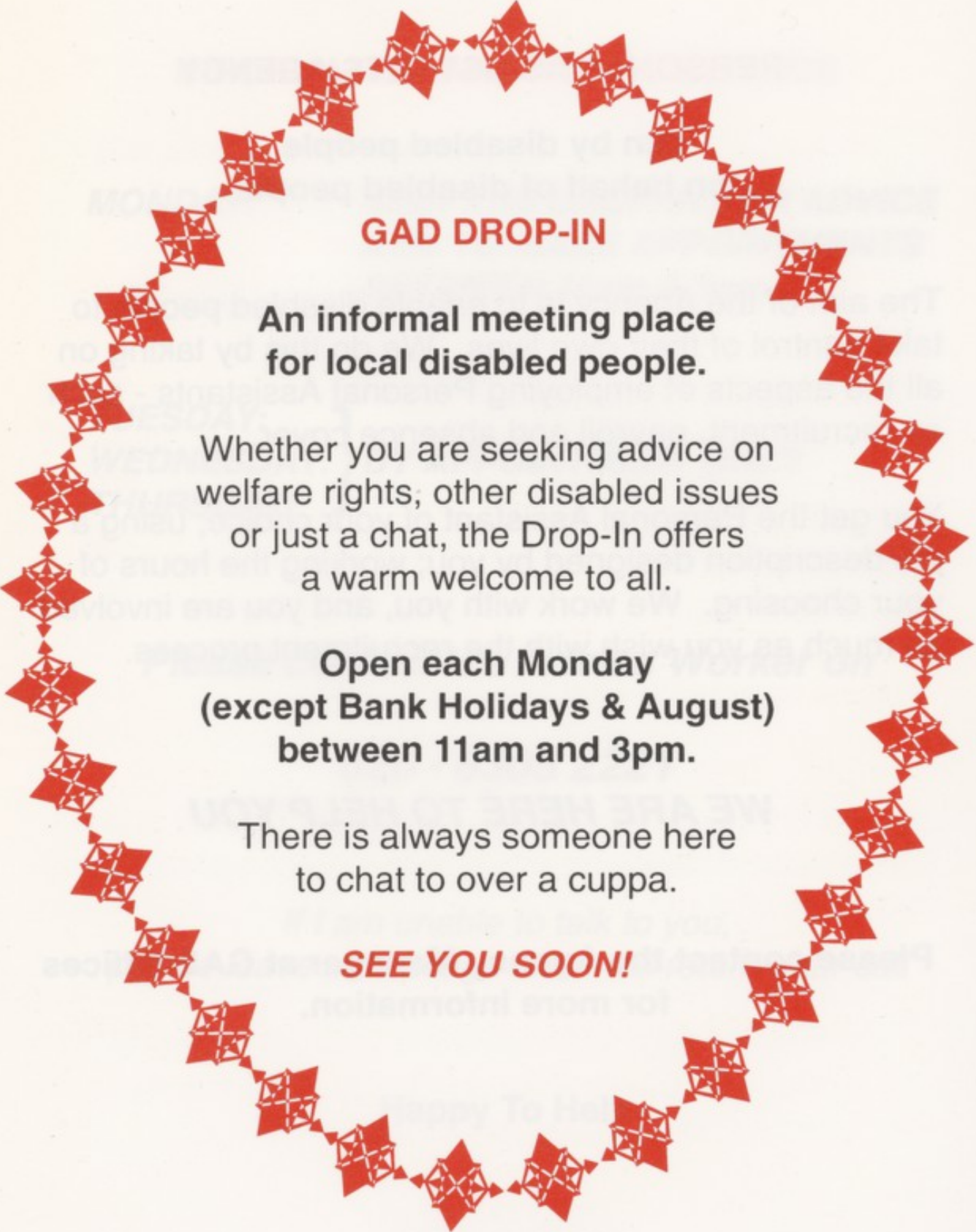
The list of topics covered by the service is large and ever-growing. Some of our standard services include:

- Independent Living Skills
(including Personal Assistant Management Skills)
- Employing disabled staff
- Disability Equality Training
- Disability Discrimination Act
- Sign Language Courses
- Consultancy on setting up new projects
- Access issues

We are skilled at designing and delivering packages of training to suit companies, voluntary organisations, service purchasers and providers. We also run courses for groups of disabled people.

For more information please contact the Director.





GAD DROP-IN

**An informal meeting place
for local disabled people.**

Whether you are seeking advice on
welfare rights, other disabled issues
or just a chat, the Drop-In offers
a warm welcome to all.

**Open each Monday
(except Bank Holidays & August)
between 11am and 3pm.**

There is always someone here
to chat to over a cuppa.

SEE YOU SOON!

PERSONAL ASSISTANTS AGENCY

**run by disabled people
on behalf of disabled people**

The aim of the Agency is to enable disabled people to take control of their own lives. We do this by taking on all the aspects of employing Personal Assistants - such as recruitment, payroll and absence cover.

You get the Personal Assistant of your choice; using a job description designed by you; working the hours of your choosing. We work with you, and you are involved as much as you wish with the recruitment process.

WE ARE HERE TO HELP YOU

**Please contact the Agency Manager at GAD Offices
for more information.**



INFORMATION AND ADVICE SERVICE

MONDAY: *VISIT THE DROP-IN FOR ADVICE
AND TO MAKE APPOINTMENTS
BETWEEN 11am & 3pm*

TUESDAY:
WEDNESDAY: } *BY APPOINTMENT ONLY*
THURSDAY: }

Please contact the Advice Worker on

020 • 8305 2221

*If I am unable to talk to you,
please leave a message and I will return your call*

Happy To Help



DIRECT PAYMENTS & PERSONAL ASSISTANT SCHEMES

Would you like more control over your life?

Need help to:

- have a bath?
- go out when it suits you?
- communicate?
- live independently?

Now you can get a DIRECT PAYMENT to pay for the help you need. Social Services provides the money - YOU CHOOSE:

- who you want to help you
- what to do and when to do it
- your own lifestyle

For more information, contact either Social Services on 020 8854 8888 and ask for an assessment, or contact:

The Personal Assistance Advisor at GAD.

To meet other P.A. Employers, you are welcome at the P.A. Users Support Group. This meets every Friday, 11am, at Christchurch Forum.



GAD COUNSELLING SERVICE

(for Disabled People by Disabled Counsellors)

*The service aims to:
support, enable and empower disabled people.*

GAD's counsellors share the experience of disability and focus upon clients' real concerns which may, in fact, have little or nothing to do with their being disabled. They are qualified, (or nearly qualified) Counsellors, members of the British Association of Counselling (BAC) and follow the BAC code of ethics and conduct for counsellors.

We can provide "one off" crisis appointments or weekly meetings for up to eighteen months.

We also have limited places for local advanced counselling disabled students who need to work with clients in order to qualify.

For more information about counselling or placement opportunities, contact the Counselling Service at GAD.



YOUNG GAD PROJECT

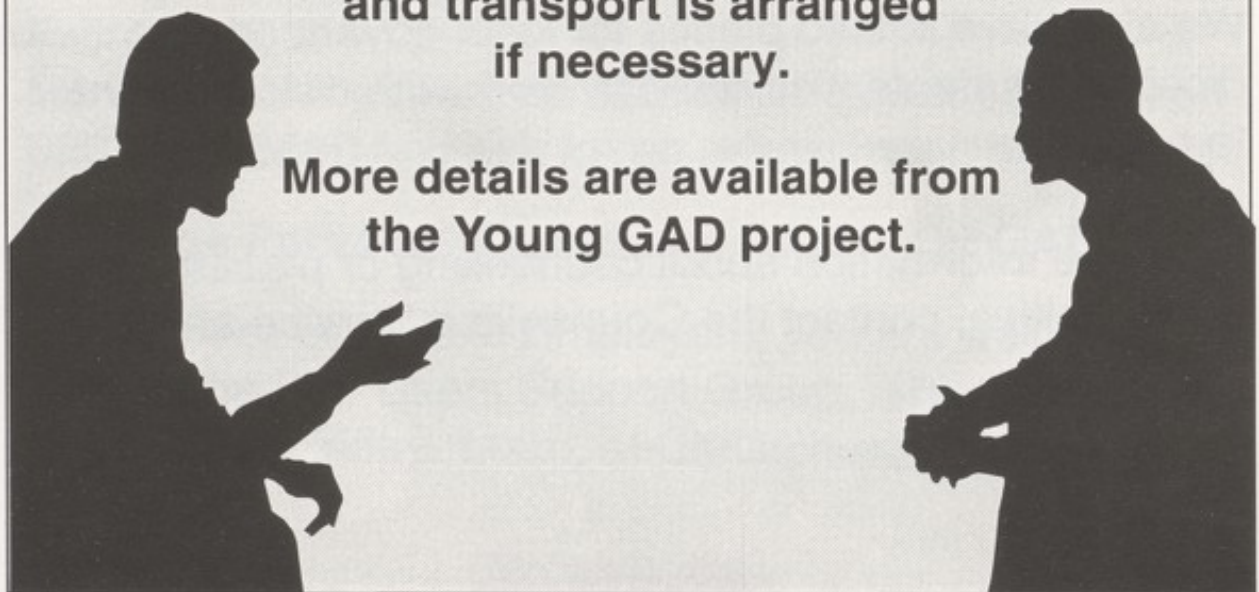
The Young GAD Project currently runs two groups for Young Disabled People between 18 and 25 years. Both groups are based in Christchurch Forum, and one group is open specifically to black disabled young people.

We aim to empower young people and enable them to learn the skills they need to live independently and make their own choices.

Each group has experienced disabled people working with them, supporting their work.

All young people are welcomed by the project and transport is arranged if necessary.

More details are available from the Young GAD project.



ACCESS FORUM

Our newly formed Access Forum meets weekly with the Access Officer of the London Borough of Greenwich to discuss planning applications and to represent the interests of disabled people in the borough. We promote "Good Practice" in all aspects of building.

Advice is given by our Access Advisors to callers and postal enquiries on all matters pertaining to access in the borough and beyond.

Contact the Access Advisor at GAD offices for further details.

VOLUNTEERING IN GAD

Many of GAD services could not function without the support and commitment of our volunteers. All of GAD volunteers are disabled people who work from two hours a day to two or three days each week, whatever suits them.

We are often looking for disabled people who are interested in volunteering. If you would like to know more, we have a volunteers' pack which highlights all the projects that volunteers work in.

For more information please contact the Director at GAD offices.

USEFUL ADDRESSES & INFORMATION

ASBAH

Association for Spina Bifida and Hydrocephalus
12 Veda Road, SE13 7FJ
Tel: 020 8690 0342

AIDS HELPLINE - NATIONAL

Tel: 0800 567123
24 hour service.

ARTHRITIS CARE

6 Carnation Street,
Abbey Wood, SE2 0UZ
Tel: 020 8311 0880
Advice and support for people who have Arthritis and their families.

AGE CONCERN

14 Plumstead Road,
Woolwich, SE18 7DA
Tel: 020 8854 6079
Looks after the interests of elderly people in Greenwich.

BREAKTHROUGH TRUST

The London Centre, The Hall,
Peyton Place, SE10 8RS
Tel: 020 8853 5661 (Voice)
Tel: 020 8853 2683 (Minicom)
*Deaf and hearing Integration Centre.
Free advice.*

CARERS CENTRE (GREENWICH)

Unit E38 Macbean Centre,
Macbean Road, SE18
Tel: 020 8317 9998
*Information, advice and advocacy for all carers on all aspects of health and social care.
Special support for carers of dementia sufferers and young carers (aged 8 - 17 years).*

CARERS NATIONAL ASSOC.

20 - 25 Glasshouse Yard,
London EC1A 4JS
Information and support for relatives and friends of sick and disabled people.

DIAL-A-RIDE

Seldar, Unit 2, Lagoon Road,
St. Mary's Cray, Orpington,
BR5 3QX
Tel: 01689 897522 for bookings.
Transport bookable 2 days in advance between 10.30am & 2pm.

TOILETS WITH DISABLED ACCESS

Radar Keys available from GAD at a cost of £2.50 (plus post and packing if not collected). These may be used anywhere in the U.K.

MENCAP - GREENWICH

Christchurch Forum,
Trafalgar Road, SE10 9EQ
Tel: 020 8305 2245

SOCIAL SERVICES

For people with Visual or Hearing impairments contact
020 8854 8888 Ext 3046 or
Minicom: 020 8316 6654 or
Fax 020 8855 1102

For Community Occupational Therapy (responsible for assessment for equipment, aid and adaptations) contact
020 8854 8888.

For other sections contact
020 8854 8888.

ORANGE BADGE SCHEME

Nelson House, 50 Wellington St.,
Woolwich SE18 6PY
Tel: 020 8854 8888 Ext 3088
Parking Concessions designed for people with severe mobility problems and for visually impaired people.

GREENWICH ALARM SERVICE (LIFELINE)

Adair House,
403 Shooters Hill Road, SE18 4LH
Tel: 020 8856 1918
*24 hour emergency alarm system
linked from subscribers to a central
exchange who will respond in an
emergency.*

REGARD

Information for disabled Lesbians and
Gay men within the disability community.
Campaigning organisation.
Contact: BM Regard. London WC1 3XX

RESPIRE CARE

Family Link,
Charlton United Reform Church,
Bramshot Ave., SE7 7JF
Tel: 020 8853 1600

CONTACT A FAMILY

170 Tottenham Court Road,
London W1P 0HA
Tel: 020 7383 3555
*Links up with parents and workers into
local self-help groups. It also links
up parents of children with rare
disabilities nationwide.*

FAMILY FUND

PO Box 50, York,
YO1 22X
Tel: 01904 621115
*Provides financial help to families
caring for children who are
severely disabled.*

DISABILITY EMPLOYMENT ADVISER

Contacted via your local
Job Centre.
*Gives advice and information
to disabled people on employment
matters.*

DISABILITY LAW SERVICE

2nd Floor (North)
High Holborn House,
52 - 54 High Holborn
London WC1V 6RL
*Offers free legal advice and
assistance to disabled people
and their families on a wide range
of problems. Please telephone
for first appointment.*

COMMUNITY BASED MENTAL HEALTH CENTRE AND MIND

54 Ormiston Road,
London SE10 0LN
Tel: 020 8853 1735
*Open to anyone wanting to improve
and look after their mental health.*

GREENWICH TOY LIBRARY ASSOC.

Christchurch Forum,
Trafalgar Road,
Greenwich SE10 9EQ
Tel: 020 8305 2241



USEFUL ADDRESSES & INFORMATION

NOTES

DISABILITY EMPLOYMENT

Disability Employment
Contacted via your telephone
Job Contact 1335, based about 12
Gives advice and information on
to disabled people on employment
JANET - JILLIAN - JILLIAN

DISABILITY LAW SERVICE

Disability Law Service
The Place (Preston)
High Holborn, London WC1A 1
22 - 24 High Holborn, London WC1A 1
London WC1A 1
Office free telephone 01-477 1111
Disability Law Service, 22-24 High Holborn, London WC1A 1
to provide. Please telephone
for full appointment NO. 224

COMMUNITY-BASED MENTAL HEALTH SERVICES

Community-Based Mental Health Services
The Community-Based Mental Health Services
to provide. Please telephone
for full appointment NO. 224

MENTAL HEALTH SERVICES

Mental Health Services
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to provide. Please telephone
for full appointment NO. 224

GREENWICH TRUST

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MORE THAN JUST A SERVICE

Crofton Micro Systems Ltd

Unit 3, Forest Hill Industrial Estate,
Perry Vale, London SE23 2LX

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- * PC Networks
- * Virus Checking
- * Computer Repairs
- * Computer Upgrades
- * Software Sales
- * Millennium Compliance Checking



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e-mail sales@crofton.co.uk

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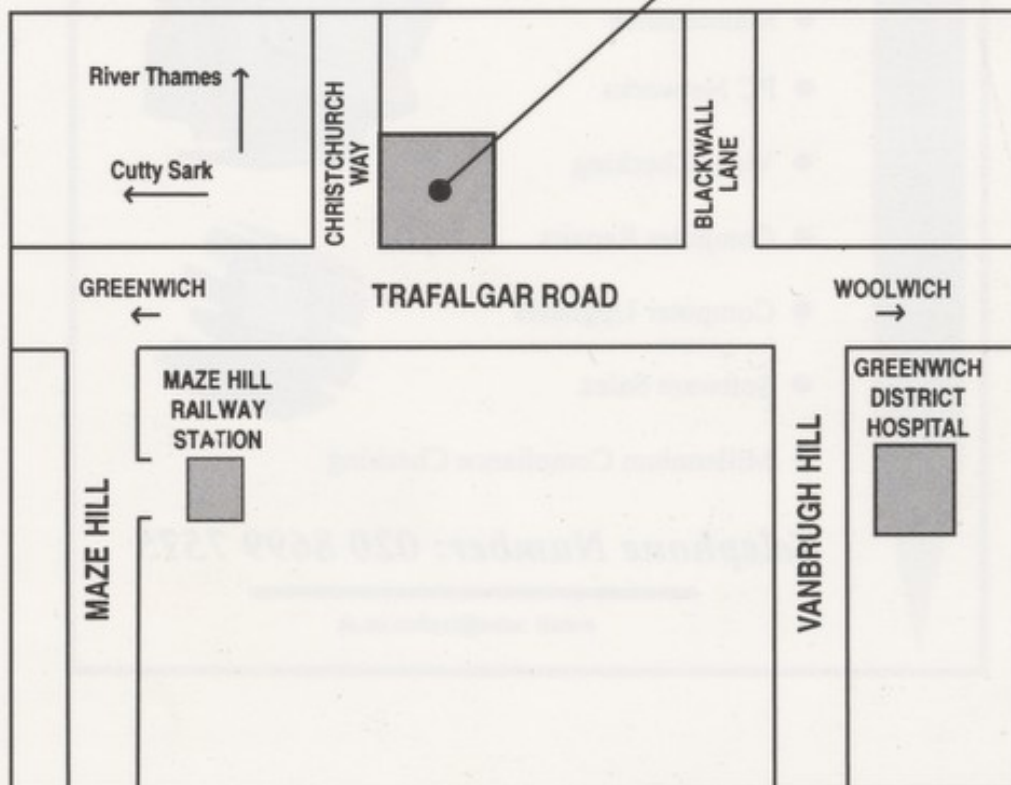
Unit 11, Ebourne Trading Estate, Crabtree Manorway South, Belvedere, Kent DA11 6AW

• HOW TO FIND US •

By Bus: Routes 177, 180 and 286

By Train: Maze Hill Station is about half a mile away

WE ARE HERE



Office Hours

Monday to Friday 10am to 4pm

This information is available in large print, and on tape, on request



22503177718

G.A.D.

THE FORUM @ CHRISTCHURCH

TRAFALGAR ROAD, GREENWICH, SE10 9EQ

Telephone: 020 8305 2221

Minicom: 020 8858 9307 (*Special line for deaf people*)

Fax: 020 8293 3455

GAD

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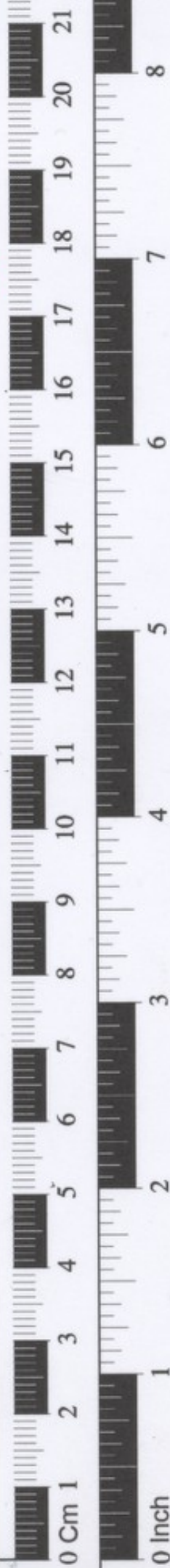
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Information Book



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