### [Report 1948] / Medical Officer of Health, Guernsey.

#### **Contributors**

Guernsey (Channel Islands). Council.

#### **Publication/Creation**

1948

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# APPENDIX.

# REPORT

OF

# MEDICAL OFFICER OF HEALTH

for the year 1948.

# Report of Medical Officer of Health for 1948.

States Office Annexe, Albert Pier, Guernsey, 19th September, 1949.

I have the honour to forward herewith the report of the Medical Officer of Health for the year 1948, with a request that you will be so good as to cause it to be published as an Appendix to a future Billet d'Etat, and that (say) 100 copies be struck off for distribution in the usual way.

I have the honour to be, Sir,

Your obedient Servant,

MARIE L. M. RANDALL,

Vice-President, Board of Health.

The Bailiff,
Royal Court House,
Guernsey.

Lukis House, Grange, Guernsey, 28th July, 1949.

GENTLEMEN,

SIR.

I have the honour to present my fourteenth annual report as States Medical Officer of Health.

There was little infectious disease during the year but the Tuberculosis death rate was the highest since 1944 as must be expected with the present overcrowding.

If this disease is to be reduced in the future as it has been in the past, the problem of overcrowding must be dealt with and a medical officer appointed who can give a large part of his time to this work; the Leeds Hospital Board estimate that six full time chest physicians are required for a population of 200,000, i.e. one full time doctor for 33,333 people.

The infant mortality rate was the lowest on record, being only 19.5 per 1,000 live births.

The extension of water mains and sewers is still limited by difficulties of supplies.

I have honour to be, Gentlemen,

Your obedient Servant.

ROWAN REVELL, M.D., Medical Officer of Health.

The President and Members, Board of Health, Guernsey.

# STATISTICS.

# TABLE I.

	1	ABLE I.			
Sunshine.					
Total for 1948				 	2015.1 hours.
Average for 55 years			***	 	1882.4 "
Sunless days for 1948			***	 ***	57-
Average ditto for 55 years				 	55-
Rainfall.					
Total rainfall for 1948				 	27.86 inches.
Average for 106 years				 	36.69 "
Average for 50 years				 	36.57 "
Rain days for 1948				 	179.
Average ditto for 106 years				 	186.
Temperature.					
Daily Mean Temperature,	1948			 	51.5°F.
Average for 106 years				 	51.1
Average for 50 years				 	51.4
Mean daily range, 1948				 ***	9.1
Average ditto				 	9.1

TABLE II.

	Estimated	BIRT	HS.	D	EATH	IS.	DE.	ATHS
YEAR.	population to middle of each year.	Number.	Rate per 1,000.	Number.		Adjusted Rate per 1,000.		Rate per 1,000 Births
1935	. 41,160	777	18.9	518	12.6	8.8	46	59.2
1936	. 41,950	708	16.9	545	12.9	9.0	42	59-3
1937	. 42,410	827	19.5	575	13.6	9.5	45	53.2
1938	. 43,015	851	19.8	524	12.2	8.5	37	43-4
1939	. 43,820	744	16.9	559	12.7	8.9	33	44-3
1940—	*						P. L. C. C. C.	
JanJun	e 43,000	400	18.6	334	14.0	-	21	52.5
July-De	c. 23,976	168	14.0	179	14.8	-	6	35.7
1941	. 23,901	243	10.1	398	16.6	-	5	20.5
1942	. 23,561	262	11.1	525	22.3	-	10	38.1
1943	. •22,641	337	14.9	414	18.3	-	16	47.5
1944	. 22,408	395	17.6	472	21.1	-	17	43.0
1945	. 25,500	391	15.3	436	17.1	-	II	28.1
1946	. 38,038	872	22.9	431	11.3	7.9	35	40.1
1947	. 40,674	900	22.2	419	10.3	7.2	30	33-3
1948	. 43,179	870	20.2	445	10.4	7.3	17	19.5

TABLE III.

PERCENTAGE OF DEATHS AT DIFFERENT AGE PERIODS.

	Under 1 year.	Years 1-5.	Years 5-15.	Years 15-25.	Years 25-65.	Over 65 years.
1900-1904	24.0	 9.0	 4.0	 5.0	 27.0	 31.0
1905-1909	22.3	 8.0	 3.0	 4.6	 28.0	 34.0
1910-1914	20.2	 7.2	 3.3	 3.8	 27.8	 37.7
1915-1919	12.5	 5.1	 3.6	 4.9	 33.1	 40.7
1920-1924	11.5	 3.6	 3.7	 5.5	 30.4	 45.3
1925-1929	11.2	 3.4	 2.5	 4.0	 30.2	 48.6
1930-1939	7-4	 2.3	 2.1	 2.4	 30.0	 55.8
1940—						
JanJune	5.9	 2.9	 1.2	 1.5	 34.4	 55.1
July-Dec	3.3	 -	 -	 1.6	 31.3	 63.8
1941	1.2	 0.7	 0.3	 2.5	 32.6	 62.7
1942	1.8	 0.7	 -	 1.8	 31.2	 64.5
1943	3.9	 0.7	 0.2	 1.5	 28.1	 65.6
1944	3.6	 0.2	 0.4	 2.1	 28.2	 65.5
1945	2.8	 1.3	 0.9	 2.0	 27.0	 66.0
1946	8.1	 2.3	 0.9	 3.8	 23.8	 61.0
1947	7.9	 0.7	 1.0	 1.6	 28.8	 60.0
1948	3.9	 1.4	 0.5	 3.4	 32.0	 58.8

#### POPULATION.

The mid-year population was estimated at 43,179.

#### BIRTHS.

There were 870 live births, males 438, females 432, a rate of 20.2 per 1,000. Still-births numbered 21, a rate of 24.2 per 1,000 live births; illegitimate births were 44, a percentage of 5.1 of total live births.

#### DEATHS.

There were 445 deaths, males 241, females 204, a crude rate of 10.4 per 1,000, adjusted death rate 7.3.

#### MATERNAL MORTALITY.

There was one death from prolonged labour, a rate of 1.1 per 1,000 live births.

Under the Ordinance "Ayant rapport aux Sages Femmes," medical aid was sought in 119 cases.

Fees to medical practitioners .. .. £312 8s. 4d.

## INFANTILE MORTALITY.

There were 17 deaths under one year of age, giving a rate of 19.5 per 1,000 live births.

# MARRIAGES.

There were 375 marriages, a rate of 8.7 per 1,000.

#### CANCER.

There were 77 deaths from Cancer, a rate of 1.8 per 1,000.

#### TUBERCULOSIS.

There were 39 deaths from Tuberculosis, 34 pulmonary and 5 non-pulmonary, giving rates of 0.91, 0.79 and 0.12 per 1,000 respectively.

The attendance at the Chest Clinic were as follows :-

New cases of Tuberculosis	 	 	37
New cases not Tuberculosis	 	 	12
Attendances of old cases	 	 	184
X-rays taken	 	 	671
Notifications of Tuberculosis	 	 	45

#### INFECTIOUS DISEASES.

There were little notifiable infectious diseases during the year; notifications were as follows:—

Pulmonary Tube	erculo	sis	 	 	45
Scarlet Fever			 	 	48
Poliomyelitis			 	 	2
Scabies			 	 	12
T.B. Meningitis			 	 	I

1,010 children were inoculated, 115 re-inoculated, against Diphtheria.

The following cases were admitted to King Edward Sanatorium:-

						D	eaths.
Pulmonary Tube	erculos	is	 		 	 36	10
T.B. Glands			 	J	 	 I	-
T.B. Meningitis			 		 	 I	I
Meningitis			 		 	 2	-
? K.L.B. Carrier			 		 	 I	-
Tonsillitis			 		 	 I	-
Septicæmia			 		 	 I	-
Cæsarian Section			 		 	 I	-
Measles & Pneur	monia		 		 	 3	-
Measles			 		 	 2	-
Chicken Pox			 		 	 2	-
Scarlet Fever			 		 	 18	-
Erysipelas			 		 	 I	-
Poliomyelitis			 		 	 2	-
							-
						72	II
						-	

#### SANITATION.

Extensive sanitary work has been carried out in the Island during the year. There is an urgent need for the provision of more sewers.

#### WATER SUPPLIES.

The States water supply was satisfactory but here again extensions as soon as possible are necessary.

#### MILK SUPPLIES.

Very large numbers of samples have been taken and inspections made; there has been improvement in the cleanliness of the milk supplies.

#### HOUSING.

There is at present an extreme shortage of houses; arrears are very difficult to overtake with an increasing population, due to immigation as well as natural increase.

## SELECTED GUERNSEY HEALTH STATISTICS.

Infant 1	Mortality.	Neonatal Deat	hs. Still-births.	Pulmonary	Tuber-
				culos	sis.

	per 1,000 ve births	Rare per 1,000 live births	Rate per 1,000 live births	Rate per 1,000
1937	 53.2	-	37.8	0.74
1938	 43.4	-	37.6	0.35
1939	 44.3	- Small	43.2	0.62
1940	 46.4	-	28.5	0.59
1941	 20.5	-	20.8	1.0
1942	 38.1	-	30.7	0.91
1943	 47.5	-	15.1	0.90
1944	 43.0	-	20.2	1.2
1945	 28.1	-	23.0	0.47
1946	 40.1	-	21.7	0.45
1947	 33-3	-	18.9	0.54
1948	 19.5	12.5	24.2	0.79

# VENEREAL DISEASES CLINIC MALE SECTION. 1948.

 Number of persons who on 1st January, 1948 were under treatment or observation for:—

			. "			Total	 63
Non-specific	or non-	venerea	d cond	itions	 		 2
Gonorrhea							 32
					 		 29

2. Number of persons previously removed from register who returned for treatment due to relapse or re-infection:—

Syphilis		 	 	 -
Gonorrhea		 	 	 I
Non-specific or non-vener	eal	 	 	 I

Total .. 2

8

# APPENDIX.

3.	Number of fresh infection	ons dur	ing the	e year	:				
	(a) Contracted in the I	sland :-							
	Syphilis								5
	Latent								I
	Congenital								3
	Gonorrhea								12
	Non-specific or non-v	enereal							8
	(b) Contracted outside	the Isla	nd :-						
	Syphilis Latent								4
	Gonorrhea								12
	Non-specific or non-v	enereal							15
							Total		60
22.132									
4.	Number of persons ceas cluding those transfer					tion of	f treatn	nent	ex-
	Syphilis I								I
	Latent								I
	Congenital								-
	Gonorrhea	3							8
5.	Number of persons ren December, 1948,	naining	under	treatn	nent or	obser	vation	on	31st
	6 13								
	Syphilis								32
	Gonorrhea								29
	Non-specific or non-v	enereal		••		**		••	4
6.	Total attendances of a	ll perso	ons at	Clinic	during	the y	ear.	I	,076
7.	Number of cases admitt	ed to H	ospita	l during	g the ye	ear for	:		
	Gonorrhea								2
	Reiter's Disease			**					1
							Tota	1	3
								-	

В

		D :					
	P 1	-	ht Forv	vard	259		252
	Eye cultures				20		14
	Urine routine examina				45		34
	Urine deposit examina				73		48
	Urine smears bacterio	logy.			48		7
	Urine cultures				32		15
	Urine bile derivatives.				2		-
-	Urine urea estimations.				2		25
	Urine acetone derivat	ives			13		
-	Blood cultures				6		II
	Blood grouping				56		19
	Blood white cell count.				37		45
	Blood red cell count.				82		132
19.	Blood Hæmaglobin.				93		105
	Blood colour index.				36		_
21.	Blood differential count				49		62
22.	Blood sedimentation r	rate.			42		40
23.	Blood for Anthrax.				4		4
24.	Blood for C. Welchii.				I		I
25.	Blood sugar estimations				27		56
	Blood urea estimations.			e	8		20
27.	Blood cell volume.				25		49
	Blood M.C.H.C				23		47
	Blood M.C.V				23		47
17	Blood widals				13		6
-	Blood other agglutinat				36		27
	Blood for Parasites.				10		9
	Paul Bunnell Reaction.				_		2
-	Coagulation time.				-		6
	Bleeding time				-		6
	Platelet count				_		2
-	Reticulocyte count.				_		I
	Hanger test				_		2
	Kahn standard test.				100		107
-	Kahn Dye test				120		212
-	Wassermann reaction.				-		
	Gonococcal fixation to			•			93 21
	Throat smears for K.				10		
	Throat cultures for K						3
	Throat smears bacteri				39		41
	Throat cultures bacter				_		9
	Semen fertility tests.				6		46
	Stool occult blood.					-	11
	Stool direct smears.				31		3
	Stool cultures				22		15
	Fractional Gastric Ana		***	**	14	**	15
51.	Tractional Gastric Alla	uysis			4	• •	3
		Carr	ied For	rward	1311		1673

	Brought	For	rward	1311		1673
52.	Single Gastric Fluids			3		-
	Hair examinations for Fungi			I		I
54.	Skin examinations for Fungi			-		_
	Skin examinations for Parasites			I		-
56.	Pus direct smears			15		II
57.	Pus cultures			10		7
58.	Pus dark ground examination.			I		-
	Cerebro-spinal fluid.					
	Cell count			10		7
	Direct Smear			7		9
	Chloride Estimation			4		5
	Globulin			4		5
	Sugar Estimation			2		2
	Culture			II		5
	Wassermann Reaction			_		I
	Total Protein			-		I
60.	Pleural and other body fluids.					
	Culture			5		3
	Direct smears			- 4		5
	Cell count			4		2
61.	Coagulase test			I		_
	Organism Agglutinations.			5	10000	_
	Veterinary investigations.			19		II
	Ear, nose and throat smears			I		
	Ear, nose and throat cultures			I		_
	Urea clearance test complete			1		12
	Autogenous Vaccine			_		I
-	Food samples bacteriological			24		2
	Milk tests for Mastitis.					
- ,	Positive			45		71
	Negative			158		164
	Cell volume ratio			-		26
100	Hotis test positive			-		10
	Hotis test negative			_		48
70.	Milk Reductase—Unsatisfactory			44		43
1	—Satisfactory			140		351
	—Good			309		800
71.	Ice cream grading.			3-9		
,	Unsatisfactory			53		24
	Suspicious			-		31
	Good			100		194
72	Water samples B. Coli Presumpti		A Control of			21
,	Unsatisfactory		11 22/11	3	4	IOI
	Good			16		377
	Chlorine tests			-		6
					3	
				2,313		4,009

The total number of investigations carried out during 1948 totalled 4009, an increase of 73% on the 1947 return, and comprised more than seventy different tests. The main increases and additions were :—

	1947	1948
I. Total blood counts	 258	376
2. Blood sugar estimations	 27	56
3. Blood urea estimations	 8	20
4. Blood Wassermann reactions	 -	93
5. Blood Kahn standard reactions.	 -	107
6. Blood Kahn Dye reactions	 120	212
7. G.C.F.T. reactions	 -	21
8. Milk reductase tests	 493	1194
9. Ice cream reductase tests	 153	249
10. Water samples	 19	478

The total blood count figures comprises a number of new cases together with control laboratory checks on patients previously diagnosed and receiving specific treatment. One case of macrocytic anæmia with a fatal termination failed to respond to various hæmatinic preparations and showed the excessive immediate post-transfusion loss of 3-4% Hb. daily at R.B.C. levels between 2.5-3.0 million, following each transfusion. All the hæmatological findings supported a diagnosis of "Achrestic Anæmia"—a rare condition. A bone marrow biopsy may have supported this finding. Hæmotalogical findings in another female set, 60 with a long history of anæmia, suggested a tentative diagnosis of Aleukæmic Myelogenous Leukæmia, although clinical evidence to support this classification was absent.

A number of ante-natal blood samples have been tested at the Blood Group Reference Laboratory, London, for the Rhesus factors, as a precautionary measure.

Complete glucose tolerance curves on new cases to determine the severity and type, and single blood sugar estimations for the periodic check on diabetics have increased this year because of the fuller control established in treatment.

In October, preparations were completed for commencing the highly technical complement fixation tests and the Kahn standard agglutination reaction. Following four weeks trial controls with the Royal Institute of Public Health and Hygiene Laboratories, London, on identical samples and known positive and negative sera, our results were satisfactory with a 100% agreement.

Our technique was therefore considered to be of a standard high enough to merit its adoption, and these important tests are now a weekly routine procedure here. Besides providing earlier results, a very considerable financial saving is gained.

General laboratory examinations appertaining to the Venereal Diseases has shown a marked rise.

# Public Health Investigations.

Bacteriological analysis of random milk samples during 1947, revealed a figure of 9.0% classified as unsatisfactory. Early in 1948, therefore, an extensive systematic programme of milk hygiene control was devised and pursued throughout the year when 1,435 milk samples were submitted to the laboratory; 1,200 for the Methylene Blue Reductase Test and 235 for evidence of mastitis. Practical and definite laboratory reports on the condition of mastitis are sometimes difficult to render, because of the wide variation in the virulence of the causative organism and the amount of material and time required for their isolation and indentification. Neither is the absence in one particular sample of any pathogenic organism a safe criterion. In those instances of laboratory proved mastitis, the present work suggests that following specific treatment several weeks may be necessary before a clean bacteriological report can be given.

Designation.

Methylene Blue Grading of Milk Samples.

	1947	1948
Unsatisfactory	9.0%	3.7%
Satisfactory	28.4%	29.3%
Good	62.6%	67.0%

The reduction of unsatisfactory graded milks from 9.0 to 3.7% is gratifying to those who have been actively engaged on this control work. If in 1949, because of laboratory staff shortage, some curtailment of the present control becomes necessary, the present improvement cannot be sustained, or expected.

Milk Production of good keeping quality depends on four main criteria.

- A. Absence of mastitis in the herd.
- B. Strict general hygiene at the farm.
- C. Facilities for cooling the milk at source.
- D. Atmospheric temperatures.

This combination of circumstances makes the detection of bad hygienic methods as the sole cause of milk contamination very laborious, but comparative checkings are being taken whereby it may be possible by laboratory findings to reasonably eliminate the other factors. Acute, chronic and intermittent mastitis, however, are undoubtedly responsible for many unsatisfactory milks, and the good sense of the farmer who reports and seeks advice *immediately* any abnormal milking condition is noticed makes our task very much lighter, more effective, and often delays or prevents serious and permanent damage to his herd. Very few farming communities in England have the immediate scientific facilities which this laboratory service has initiated for the Guernsey farmers and public.

The ice cream bacteriological standard also showed a marked improvement this year.

Designation.	Ice Cream	grading by	v Methylene	Blue	Reduction.
		10	947	1948	
Unsatisfactory		3.	5%	9%	
Suspicious		N	IL	13%	
Good		6	5%	78%	

Early this year several manufacturers, disturbed by the adverse reports returned during 1947 by this laboratory, requested our assistance to advise and detect sources of contamination in their products. In every instance it was demonstrated by selective samplings during the manufacturing process that ice cream of a satisfactory low bacterial content could be produced repeatedly, provided certain routine hygienic precautions were observed and that no deviation from the Ice Cream Regulations (Heat Treatment 1947) was permitted. The consistently good reports obtained by some manufacturers this year has provided conclusive proof that ice cream below Grade 2 category indicates some fault in the preparation or storage of this commodity.

A large number of water samples were submitted to the B. Coli Presumptive Test, and the mains supply proved very satisfactory and consistent throughout the year. The ioi unsatisfactory samples recorded were well water and other supplies.

#### CONCLUSION.

The Student Technician appointed in July is making very satisfactory progress.

The great increase this year in the number of investigations together with the facilities necessary to adequately support both Health Department and Medical Service requirements has allowed no time for organisation, administrative and other essential detail vital in promoting progressive improvement.

It is also necessary that the sensitivity of some test be improved to provide more conclusive detail, and some of our present bacteriological methods, restricted by the time factor; are only partially successful and our present bacteriological standard is not considered satisfactory when certain highly technical investigations are required. Also a small number of test animals to be kept near the laboratory, is an essential requirement when certain diseases are under investigation.

Therefore a request was made in November that a qualified assistant technician be appointed to help support the present responsibilities.

I would like to record my appreciation of those doctors who have found time to give detailed information when submitting specimens for analysis to the laboratory.

Yours faithfully, HENRY A. WILSON, A.I.M.L.T., Laboratory Technician.

The Medical Officer of Health, Lukis House, Grange, Guernsey.

# RETURN OF BIRTHS AND DEATHS REGISTERED DURING 1948.

				BIR	THS.						
PARISH LETTER	2. A	В	С	D	Е	F	G	Н	I	K To	otal.
	St. P. Port.	St. Sampson.	Vale.	Castel.	St. Saviour.	St. Pierre- du-Bois,	Torteval.	Forest.	St. Martin.	St Andrew.	
Males Females	178 197	71 50	46 66	37 32	10 8	16 19	5 9	20 12	36 23	19 16	438 432
Total	375	121	112	69	18	35	14	32	59	35 · ·	870
Deaths under I year Stillbirths	5 1	I	I 2	9	- 1	I	-	-	- 2	 I	17 21
DEATHS.											
No. 1. Epidemic, Endemic, and In fectious Diseases	-										
Measles Syphilis Septicæmia Tuberculosis (All forms)	I I		I - -		-				- I	  	2 I I
Pulmonary Meningitis Peritonitis	7 - -	3 - -	5 - -	II I	2 -	-	I - -	2 - -	3 -	  	34 I
Bone Miliary	=	» I	I -	I	-	-	-	-	_	- ::	2
No. 2. Cancer and other Tumours Buccal Cavity and Pharynx											
Oesophagus	I	-	-	- I	I	-	-	-	_ I		2
Larynx Neck	I	-	-	-	-	-	-	-	-		4
Carried forward	12	4	8	15	3	-	I	2	5		50

# APPENDIX.

PARISH LETTER	. A	В	С	D	E	F	G	Н	I	K To	otal.
Brought forward	12	4	8	15	3	-	I	2	5		50
No. 2 (Continued)											
Alimentary											
Stomach	5	3	2	5	-	- 1	-	I	-		16
Pancreas	I	I	_ I	2	_ I	_	I _	_		I	4
Colon Liver	4	_	_	4	I	_	_		I		7
Gall Bladder	_	-	-	I	- 3	-	-	-	-		I
Kidney	I	-	-	-	-	-	- 1	-	-		I
Respiratory											
Bronchus	I	-	-	I	-	-	- 1	-	-		2
Lung	2	-	-	3	-	I	- "	-	-	I	7
Genito Urinary											
System											8
Rectum	I	2	5 I	_	_	_	_	_			I
Bladder	_		I	I	_			_			2
Prostate	2	_	-	_	_	I	_	_			3
Other sites											
Breast	4	I	-	-	-			-	-		5
Sarcoma of											
Abdomen	3	-	-	- 0	-	-	-	-	-		3
No. 3. Rheumatism, Diseases of Nutri- tion and of En- docrine Glands and other General Diseases. Rheumatoid											
Arthritis	_	_	_	_	-	I	-	_	I	- 1.1	2
Diabetes											
Mellitus	2	I	I	I	-	-	-	-	-		5
No. 4. Diseases of the Blood and blood forming organs.											
Pernicious An-											
æmia	I	-	-	-	-	-	I	-	-		2
Splenic Anæmia	-	-	-	2	-	-	-	-	-		. 2
Leukæmia	-	I	-	-	-	-	-	-	-		I
Carried forward	40	14	19	35	5	3	3	3	8	2	132

				APP	ENDI	X.					17
PARISH LETTER	. A	В	С	D	E	F	G	Н	I	K 7	Total.
Brought forward	40	14	19	35	5	3	3	3	8	2	132
No. 5. Chronic Poisoning. Chronic Alcoho-				55		3	3	3	10-20	~	132
lism.	I	-	-	-	-	-	_		- 1		I
No. 6. Diseases of the Nervous Syst- em and Sense Or- gans.											
Encephalitis Progressive Mus-	-	-	-	I	-	-	-	-	-		I
cular Atrophy Cerebral	-	-	-	I	- "	-	-	-	-		I
Hæmorrhage	9	2	I	9	_	2	_	_	2	_	25
Paraplegia Cerebral	-	-	, , -	-	-	-	-	-	-	1	25 I
Thrombosis Cerebral	3	3	I	3	-	-	-	-	3	I	14
Degeneration	I	-	-	-	-	-	-	-	_		I
Hemiplegia	-	-	-	-	I	-	-	-	-		I
Epilepsy	-	I	-	-	-	-	-	-	-		I
Mania	-	-	-	I	-	-	-	-	-		I
Dementia	2	-	-	I	-	_	-	-	I		4
Melancholia Disseminated	-	-	-	-	-	-	-	-	I		I
Sclerosis	I	-	-	-	-	-	-	-	-		I
Mitral Stenosis	-	I	-	-	I	-	-	-	-		2
Endocarditis Acute Myocar-	I	-	-	I	-	-	-	-	-		2
ditis Chronic Myo-	-	-	-	I	-	-	-	-	1-		I
carditis	I	-	-	-	-		-	-	-		I
No. 7. Diseases of the Circulatory System.											
Myocardial De-											
generation	10	I	-	3	-	-	-	-	3		17
Myocarditis	10	-	I	I	I	-	-	-	-	I	14
Angina Pectoris Coronary	I	1	-	-	-	-	-	-			2
Thrombosis	7	-	4	7	-	-	-	-	3	I	22

64 8

5 3

3

21

Carried forward 87 23 26

6 .. 246

PARISH LETTER.	A	В	С	D	E	F	G	Н	I	К 7	otal.
Brought forward		23	26	64	8	5	3	3	21	6	246
No. 7 (Continued)											
Auricular											
Fibrillation	I	_	_	_	_	-	-	_	I		2
Morbis Cordis	5	I	-	4	-	-	-	I	3	I	15
Aneurism	-	-	-	-	-	-	-	-	I		I
Senteric Throm-											
bosis	_	-	-	I	-	-	-	I	200		2
Arterio Sclerosis	6	3	3	3	I	I	-	-	-		17
Atheroma	2	-	-	-	-	-	-	=	-		2
Hyperpiesis	2	-	-	I	-	-	-	I	-		4
Ma 9 Diseases of											
No. 8. Diseases of the Respiratory											
System.											
Acute Bronch-											
itis	2	-		-	_	I	-	-	-		3
Chronic Bron-											9
chitis	4	-	I	-	I	-	-	-	-	I	7
Bronchitis	-	2	-	-	-	-	-	-	-		2
Broncho-Pneu-											
monia	3	_	-	4	-	-	-	-	2		9
Lobar Pneu-											
monia	-		_	2	_	_	_	_	-	-	2
Pneumonia Pleurisy	I		-	3					_	- 1	4
Bronchial	-	_	_	1		_		T.			
Asthma	I	_	_	_	-	_	_	_	_		I
Asthma &										illi store	1
Bronchitis	_	_	-	-	_	_	_	_	-	I	I
Asthma	-	-	I	-	-	-	_	I	-		2
Acute Pulmon-											
ary Oedema	I	-	-	-	-	-	-	-	-		I
No o Diseases of											
No. 9. Diseases of the Digestive											
System.											
Gastric Ulcer	-	_	_	3	_	_	-	_	I		4
Duodenal Ulcer	_	_	1	I	_	_	_	-			I
Gastro-Enteritis	_	_	_	2	_	_	-	_	-		2
						-				15	1000
Carried forward	115	29	31	89	10	7	3	7	29	9	329

										2000
PARISH LETTER. A	В	C	D	E	F	G	H	I	K T	otal.
Brought forward 115	29	31	89	10	7	3	7	29	9	329
No. 9 (Continued)					de				1.000	
Intestinal										
Obstruction -	_	_	2	_	_	_	_	_	_	2
Acute dilatation			-							-
of Stomach -	_	_	I	_	_	_	_	_	- =	I
Cirrhosis of										
Liver 3	-	I	-	_	-	_	I	-		5
Hypertrophic										
Fibrosis of										
Liver	-	_	I	-	-	_	-	-		I
Cholecystitis	-	-	I	_	-	-	-	-		I
Cholangitis	-	-	-	I	-	-	-	-		I
No. 10. Non-Venereal										
Diseases of the										
. Genito Urinary										
System and Annexa.										
Chronic Nephri-										
tis I	_	_	I	_	_	-	_	_		2
Acute Pyelone-										
phritis 1	-	_	_	_	-	-	-	_		I
Uræmia 2	_	_	I	I	_	-	-	-		4
Pyelonephritis -	-	-	I	-	_	-	-	_		I
Enlarged Pro-										
state	-	-	3	-	-	0	-	-		3
Adenoma of										
Prostate	-	I	-	-	-	-	-	-		I
No. 11. Diseases of										
Pregnancy, Child-										
birth and the										
Puerperal State.										
Prolonged										
Labour	_	-	I	_	-	_	-			I
No. 12. Diseases of										
the skin and Cell-										
ular Tissue.										
Dermatitis	-	-	I	-	-	-	-	-		I
No. 14. Congenital										
Malformations.										
Spina Befida I	-	_	-	-	-	-	-	-		I
Congenital										
Heart	-	-	2	-	-		-	-		2
Carried forward 123	29	33	104	12	7	3	8	29	9	357

# APPENDIX.

PARISH LETTER	R. A	В	C	D	E	F	G	Н	I	K T	otal.
Brought forward	123	29	33	104	12	7	3	8	29	9	357
No. 15. Diseases of Early Infancy.	•										
Marasmus	-	-	-	I	-	-	-	-	-		I
Premature Birth	2	-	-	3	-	-	-	-	-		5
No. 16. Old Age.											
Old Age	39	4	7	5	-	-	2	2	4		63
No. 17. Deaths from Violence.											
Suicide	3	-	-	-	-	-	_	-	-		3
Accidental	2	3	-	5	-	I	-	2	2		15
No. 18. Ill-Defined Diseases.											
Malnutrition	I	-	-	-	-		-	-	-		I
Total	170	36	40	118	12	8	5	12	35	9	445

# CAUSES OF AND AGES AT DEATH OF DEATHS REGISTERED DURING 1948.

	Under 1 yr.	I-2	2-5	5-15	15-25	25-65	Ove:	
N - F(:) - F			- 3	3 -3	-5 -5	25 05	03	1000
No. 1. Epidemic, En-								
demic and Infectious Diseases.—								
Measles	I	I	-	-	-	-	-	2
Syphilis	-	-	-	-	-	I	-	I
Septicæmia	-	-	-	-	I	_	_	I
Tuberculosis (All forms	)							
Pulmonary	-	-	-	-	8	25	I	34
Meningitis Peritonitis	-	-	-	-	I	-	-	I
Dono	-	-	-	-	-	I	-	I
Milliams	-	-	-		-	-	I	I
Minary	-	-	-	I	-	I	-	2
No. 2. Cancer and Other								
Tumours.								
Buccal cavity and								
Pharynx.								
Oesophagus	-	-	-	-	-	-	2	2
Larynx	-	1	-	-	-	2	2	4
Neck	Tr	-	-	-	-	-	I	I
Alimentary.								
Stomach	-	-	-	-	-	4	12	16
Colon	- 5	_	-	-	-	I	3	4
T irran	-		-	-	-	7	3	10
Call Bladder			-	-	_	I	6	7
Kidney		_	I			I	-	I
Respiratory.			1		_	-	_	I
Bronchus	_	92	_	_	_	2	_	2
Lung		_	_	_	_	5	2	7
Genito Urinary System.						3	~	,
Rectum	-	_	_	_	-	4	4	8
Cervix	-	-	-	-	-	-	I	I
Bladder	-	-	-	-	-	I	I	2
Prostate	-	-		_	-	-	3	3
Other Sites.								
Breast	-	-	-	-	-	2	3	5
Sarcoma of Abodmen	-	-	I	-	-	I	I	3
Carried Forward	I	I	2	I	10	59	46	120

								m 1
	ı yr.	I-2	2-5	5-15	15-25	25-65	65	Total
Brought Forward	I	I	2	1	10	59	46	120
No. 3. Rheumatism, Diseases of Nutrition and of Endocrine Glands and other General Diseases.								
Rheumatoid Arth- ritis	-	-	-	-	-	I	I	2
Diabetes Mellitus	-	-		-		I	4	5
No. 4. Diseases of the Blood and Blood-form- ing Organs.								
Pernicious Anæmia	-	-	-	_	-	I	I	2
Splenic Anæmia	-	-	-	-	-	I	I	2
Leukæmia	-	-	-	-	-	I	-	I
No. 5. Chronic Poisoning.								
Chronic Alcoholism	-	-	-	-	-	I	-	I
No. 6. Diseases of the Nervous System and Sense Organs.								
Encephalitis Progressive Muscular	-	-	-	-	I	-	_	I
Atrophy Cerebral Hæmorr-	-	-	-	-		I	-	I
hage	2	_	_	_	-	6	17	25
Paraplegia	-	-	_	_	-	-	I	I
Cerebral Thrombosis Cerebral Degenera-	-	-	-	-	-	2	12	14
tion	-	-	-	-	-	-	I	I
Hemiplegia	-	-	-	-	-	-	I	I
Epilepsy	-	-	-	-	-	I	-	I
Mania	_	-	-	_	_	-	I	I
Dementia	-	-	_	_	I	I	2	4
Melancholia Disseminated Scler-	-	-	_	_	-	1		I
osis			_		_	1	-	I
0313		1000						
No. 7. Diseases of the Circulatory System.								
^ Mitral Stenosis	-	-	-	-	-	-	2	2
Carried Forward	3	1	2	I	12	78	90	187

	ı yr.	I-2	2-5	5-15	15-25	25-65	65	Total
Brought forward.	3	I	2	I	12	78	90	187
No.7 (Continued).						4-11-11		
× Endocarditis	_	_	_					
× Acute Myocarditis		_		_		I	1	2
Chronic Myocarditis	_	_	_	_		1	I	I
× Myocardial degenera-							1	1
tion	-	-	_	_	_	2	15	17
× Myocarditis	-	-	_	_	_	4	10	14
× Coronary								
Thrombosis	-	-	-	-	-	10	12	22
× Angina Pectoris	-	-	-	-	-	I	I	2
Mesenteric								
Thrombosis	-		-	-	-	-	2	2
× Auricular Fibrillation								
Morbus Condis	_	-	-	-	-	-	2	2
Anouriam	_	-	-	-	I	3	II	15
Antonio Colonosio		-	_	-	-	I	-	I
Athoromo				_	_	3	14	17
Hyperpiesis	-			_	_	1 2	I 2	2
No. 8. Diseases of Respiratory System.						-	-	4 \
A - 1 D 1111								
Chronic Bronchitis	-	-	-	_	-	I	2	3
Dronobitio	-	-	_	_	-		7	7
Broncho-Pneumonia	2			-	7	I	I	2
Lobar Pneumonia	_					3	4	9
Pneumonia	I	_	_			I	2 2	2
Pleurisy	_	_	_	_	_,	_	I	4
Bronchial Asthma	_	_	_			I	-	I
Asthma & Bronchitis	_	_	_	_	_	_	I	I
Asthma	-	-	-	-	-	I	I	2
Acute Pulmonary								
Oedema	3	-	-	-	-	I	-	I
No. 9. Diseases of the Digestive System.								
Gastric Ulcer	-	-	-	_	-	4	_	4
Duodenal Ulcer	-	-	-	-	-	I	_	I
Gastro-Enteritis	I	I	-	-	-	_	-	2
Intestinal Obstruc								
tion	-	-	-	-	-	-	2	2
Carried forward	7	2	2	I	13	121	185	331

	ı yr.	1-2	2-5 5	-15 15	-25 2	5-65	65	Total
Brought forward	7	2	2	I	13	121	185	333
No. 9. (Continued)								
Acute dilatation of								
Stomach	-	-	-		_	5	=	5
Cirrhosis of Liver Hypertrophic fibrosis	-	-				3		I
of liver	-	-	-	-	-	I	-	I
Cholecystitis	-	-	-	-	-	-	I	I
Cholangitis	-	-	-	-	-	I		
No. 10. Non-Venereal Diseases of the Genito- Urinary System and Annexa.								
Chronic Nephritis	-	-	-	-	-	2	-	2
Acute Pyelo Nephri- tis		_		_	_	I	-	I
tis Uræmia	2	2 -		_	I	-	3	4
Pyelo Nephritis	-	-	-	-	-	I	-	I
Enlarged Prostate	-	-	-	-	-	-	3	3
Adenoma of Prostate	-	-	-		- N	1000	1	119
No. 11. Diseases of Preg- nancy, Childbirth and the Puerperal state						The same		
Prolonged Labour	I	-	-	-	-	-	-	I
No. 12. Diseases of Skin and Cellular Tissue								
Dermatitis	-	-	-	-	-	-	1	I
No. 14. Congenital Mal- formations								
Spina bifida	I	-	-		_	-	-	I
Congenital heart	I	-	-	-	-	I	-	2
No. 15. Disease of Early Infancy								
Marasmus	I	_	-	-	-	-	-	1
Carried forward	II	2	2	I	14	134	194	358

	ı yr.	I-2	2-5	5-15	15-25	25-65	65	Total
Brought forward	II	2	2	I	14	134	194	358
No. 15. (Continued								
Premature Birth	5	-	-	-	-	-	-	5
No. 16. Old Age.								
Old age	-	-	-	-	7 -	-	63	63
No. 17. Deaths from Violence.								
Suicide	_	-	_	_	_	3	-	3
Accidental	I	I	I	I	I	3	4	
No. 18. Ill-defined Diseases.								
Malnutrition	-	-	-	-	-	I	-	I
Total.	17	3	3	2	15	14	261	445

# Annual Report of the Chief Sanitary Inspector for the year 1948.

SIR.

I beg to present my annual report on the sanitary circumstances of the Island for the year 1948.

Owing to shortage of staff some housing work has had to be left and more time given to milk, food and ice cream. The problem of shortage of materials has in many cases shown a marked improvement over 1947 but labour still constitutes a very serious problem and time extentions have had to be given in very many cases. The temporary prosperity of the Island has been reflected in the great number of houses which have received external decoration and repair.

A number of cases of mastitis have been traced through the vigilance of Inspector Edwards working in co-operation with Mr. Wilson at the Laboratory. These cases have entailed a greatly increased number of visits to farms and complete herd checks have been made in many instances. A meeting was arranged in December of this year at which representatives of the Veterinary Service, the States Dairy and this Department were present and a scheme was decided upon whereby it would be made possible to check all suspected cases of mastitis and make further checks after any affected animal had been treated. I look forward with confidence to the success of this scheme.

Regular inspections have been made of the weekly meat consignment arriving in the Island and due to crates being provided by the Railway Authorities a great improvement in transport has been effected.

#### HOUSING AND SANITARY INSPECTIONS.

Housing Inspections (routine)			213
Requests from Housing Authority & Engineer's Dept.			206
States Houses only			51
Houses inspected in connection with Notifiable Infectio	us Dise	eases	56
Houses inspected in connection with Sanitation and Water	er only		405
Houses inspected in connection with water supplies only			100
Re-inspections			322
Sanitary defects remedied and work carried out			85
Drains tested and/or exposed			78
Cesspits tested and where defective repaired			32
W.C.'s and drains unchoked and left in working order			20
Complaints investigated and abated			99
Statutory notices served under "La Santé Publique"			388
Repairs carried out by verbal agreement			47
Public premises and Schools inspected			43
Number of interviews during the year			821
Number of appointments during year			821
Refuse dumps inspected			27

## FARMS AND MILK.

Routine visits to farms	152
inspections of Milk Retailers, Utensils and Vehicles	604
Farmers interviewed with regard to unsatisfactory stables, utensils,	
	88
Inspections at States Dairy and Road collecting Depots	76
Farms visited for check samples from cows	83
ramber of cases of mastres found	22

# SAMPLES ANALYSED DURING 1948.

 	 	27
 	 	772
 	 	772
		437
		252
 	 	108

# MONTHLY AVERAGE OF FAT AND NON-FATTY SOLIDS.

Month			Fa	t	Solids		
			a.m.	p.m.	a.m.	p.m.	
Januar	y		4.03%	5.16%	8.81%	8.97%	
Februa	ry		3.91%	5.27%	8.91%	9.01%	
March			3.86%	5.19%	8.92%	9.04%	
April			3.75%	5.01%	8.83%	9.15%	
May			3.72%	5.06%	8.93%	9.12%	
June			3.6%	5.1%	9.10%	9.16%	
July			3.57%	5.28%	8.83%	8.85%	
August			3.7%	5.65%	8.84%	8.93%	
Septem	ber		3.9%	5.5%	8.73%	8.83%	
October			3.96%	5.2%	8.74%	8.92%	
Novem	ber		4.0%	5.2%	8.92%	9.55%	
Decemb	er		4.0%	5.1%	9.00%	9.04%	
			, de la constante de la consta				00/
Average fat co					a.m.		3.78%
Average non					a.m.		8.88%
Average fat co					p.m.		5.21%
Average non					p.m.		9.05%
Percentage of			*	decolour-			Toward .
ised in thre	ee hou	rs or u	nder				7.8%

# COMPARISON OF FAT AND NON-FATTY SOLIDS FOR YEAR 1940-1948.

## Morning Milk Only.

Year.		Fat content	Non-fatty solids.
1940	 	 4.24	8.48
1941	 	 4.05	8.62
1942	 	 4.05	8.60
1943	 	 4.07	8.72
1944	 	 4.11	8.70
1945	 	 4. 0	8.73
1946	 	 4.46	8.70
1947	 	 4.02	8.78
1948	 \ ···	 3.78	8.88

### ICE CREAM 1948.

and	Retailers	 	 214
		 	 245
		 	 105
		 	 87
		 	 26
		 	 27

#### MILK.

I regret to place on record that the fat content of a.m. milk was lower during 1948 than during the war years although the percentage of 3.78 is still considerably above the English legal standard of 3%. The percentage of dirty milk, 7.8, shows an improvement over the 1947 figure which was 16.6. The total number of samples examined during the year was 1,236.

## ICE CREAM.

Grading and quality of this commodity has shewn a considerable improvement over 1947 samples. Manufacturers have purchased modern equipment and agree that in spite of the cost the expenditure has been justified. As will be seen in the table out of one hundred and ninety seven samples taken from manufacturers 49% were Grade I and 36% Grade II; Grades III and IV 11% and 8% respectively. A special refrigerated sampling cabinet is used for the collection of samples thereby ensuring that the samples are delivered to the Laboratory as taken from the manufacturers. Great credit is reflected on the Food Inspector for the improvement here mentioned.

# FOODS OTHER THAN MILK.

Weekly inspections have been made at the Meat, Vegetable and Fish Markets, also at various shops and bakehouses. Rationed meat has also been regularly inspected and the complete table is as follows:—

Meat Market	 	 	 	 52
Fish Market	 	 	 	 98
Vegetable Market	 	 	 	 98
Food retailers' premises	 	 	 	 164
Bakehouses	 	 	 	 96

As already mentioned in my introductory remarks the meat consignments have shown a very marked improvement. Some of the large wholesale firms are well equipped for the storing of bacon and others are not of the standard required.

# Fruit Canning.

An application was made during the year for permission to install a small fruit canning apparatus. Temporary premises were approved and as the business increased better accommodation was found with proper drainage connected to the sewer. Fruit and Vegetables of good quality are being produced and the small factory is very well conducted.

The following samples of foods and drink were submitted for analysis and found satisfactory:—

I sample of Milk (Prepared from Milk Powder).	 	 	I
I sample of Condensed Milk	 	 	I
Samples of Confectionery			
Samples of Ice Cream	 	 	13
Samples of Pork Brawn			

Food examined and condemned as unfit for human consumption :-

2,050 tins Fish	4 jars Mushrooms
164 tins Fruit	21 tins Baked Beans
114 tins Meats	3,764 tins Milk
22 tins Marmalade	4 tins Jam
43 tins Fruit Juice	10 tins Spaghetti
4 tins Puddings	25 tins Irish Stew
9 jars Pickles	I tin Choc Spread
13 tins Ghurkins	1 jar Gravy Browning
I tin Syrup	4 tins Apple Purée
1,464 tins Vegetables	15 crates Vegetables
4 lbs Vegetables	301 lbs Butter
I tin Macaroni	54 lbs Cheese
140 lbs Flour	109 boxes Cheese
536 lbs Meat	*184 lbs 7 ozs Bacon

### CAFÉS AND TEA ROOMS.

All applications for catering licences have been notified from the Food Office and inspections made. A number of new fish and chip shops have been opened during the year; all are well equipped. Cafés and Tea rooms have again been inspected and owners have co-operated with any suggestions made from our staff.

#### REFUSE DUMPS.

The refuse dump at Lucksall is rapidly filling and in spite of an occasional complaint has not caused any serious nuisance and all will share the view that a very useful purpose has been served. Rat infestation has been on a very small scale and has been always under control.

The dump at Vazon is now being used and should serve for a considerable time. Provided that the maximum amount of thought and care are used on the surface fillings a very delightful verge can be obtained and in keeping with the dunes.

#### WATER SUPPLY.

As in previous years the quality of water provided by the States Water Board has been good but extensions are badly needed. The Baubigny district formed by a triangle of Les Gigands, Les Effards, La Vieille Rue and comprising about thirty six houses, is still not provided with a wholesome water supply and all wells in this area are in a greater or lesser degree contaminated. The material and labour problem is the sole reason for this extension not having been made but it is imperative that it be done in the very near future as some newly built bungalows have no supplies whatever. Samples submitted for analysis during the year were:—

Weekly routine samples	from	States	Water	Mains	 		227
Private supplies					 		108
Alderney Water Supply					 	*	2
Sark Water Supply					 		I
Public Pumps and Foun							

# RAT DESTRUCTION, 1948.

The year under review has been a busy one for the Rodent Operators and, due to the regular baiting and gassing done by them the amount of food destroyed by rats has been negligible. A number of properties have been cleared and fresh infestations reported.

Glategny Esplanade continues to be a badly infested area in spite of constant treatment. This can be readily understood as the locality is honeycombed with rat holes beneath road level and the rats feed to a large extent on the beach.

Regular treatment has been given at a number of tips, viz: Lucksall, Grand Havre, Bordeaux, and Vazon, also to various States owned properties.

Several visits have been made in Herm during the year and the Operators report progress but stress that continuous treatment is given.

The accompanying table gives an indication of work done during the year.

Number of pro	pertie	s visite	ed duri	ng 1948		 	2,291
Number of visi						 	2,785
Number of nev						 	195
Number of pro	pertie	s clear	ed duri	ing 1948		 	72
Number of prop St. Peter Port	erties	cleared	d are as	s follows 19	St. Peter's		3
St. Sampson's				9	Torteval	 	I
Vale				22	Forest	 	2
Castel				5	St. Martin's	 	6
St. Saviour's				2	St. Andrew's	 	2

# DISINFECTION AND AMBULANCE SERVICE.

66 patients were removed during the year by the King Edward Sanatorium Ambulance and a number were taken for X-rays in the Morris Van.

The following disinfections were done during the year :-

Scabies as notified	by General	Practitioners	 	12
Town Hospital				28
Tuberculosis			 	53
Poliomyelitis			 	2
T.B. Meningitis			 	I
Scarlet Fever			 	48
Number of articles	disinfected		 	3,021
Number of houses	disinfected		 	76

I am, Sir,
Your obedient Servant,
G. AUSTIN,
Chief Sanitary Inspector.

The Medical Officer of Health, Lukis House, Guernsey.