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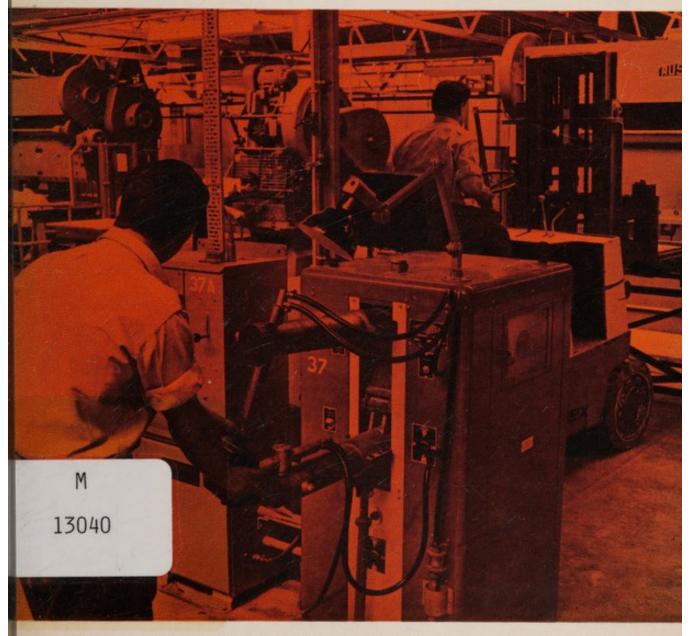


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PEOPLE IN PRISON

(England and Wales)

I

INTRODUCTION

SCOPE AND PURPOSE

- 1. The purpose of the White Paper is to increase public understanding and knowledge of the prison service of England and Wales. It is clearly right that both Parliament and the public should be fully informed about the aims, achievements and problems of any public service and be in a position to form their own judgment of what is being done in their name. To this end, the Government is providing this portrait of our prisons in a form which, though it cannot claim to give the full picture, is more authoritative than a descriptive pamphlet and more wide-ranging than an annual report.
- 2. It records many substantial changes in our prisons in the post war years, and comes at a time when the Government is embarked on an expanding programme of expenditure and has undertaken a complete overhaul of the structure of the Prison Department. Recent developments in the modernisation, rationalisation and expansion of prison industries, the improved relationship between prisoners and staff, and other developments here described have brought the prison service to a position from which it can hopefully look forward to a period of innovation and constructive advance. Accordingly, in the pages which follow, the aim will be not only to take stock of what has been achieved but also to try to point the way ahead.

THE PLAN OF THE WHITE PAPER

3. This White Paper cannot give a full description of the work of the prison service in all its aspects; it aims merely to present a balanced and not uncritical picture. Part II outlines the tasks of the service and briefly summarises the background to its work. Part III examines in more detail what is involved in the treatment of offenders in custody, and includes a condensed report of what has been done in the last few years to improve the quality of medical and psychiatric treatment, remedial and higher education, vocational training and group counselling in prisons and borstals, together with present achievements and future plans for prison industries. Some of the most important of the recent developments concern a new emphasis on the help and supervision available to offenders after release. Part IV of the Paper therefore describes the links between the offender and the community, outlines the work of the probation and aftercare service in helping offenders and their families during and after a period in

custody, and summarises the promising results from the first year of the new parole scheme, introduced by the Criminal Justice Act 1967. Part V includes information about the records of different groups of offenders after release and discusses the present and future contribution of research to our knowledge of the effectiveness of the work of the prison service.

- 4. Part VI describes the strategy of the prison system: it describes, that is to say, the different types of institutions dealing with different groups of offenders and summarises the Government's plans for each group. It refers to the changes being made in the branch of the system that deals with women and girls; and it explains why the Government is initiating a full inquiry into the form of custody now appropriate for young offenders under 21. It describes the role of the local prison and the very difficult problem of the containment of maximum security prisoners. The strategy of the prison system is shaped by its buildings, many of which are grossly overcrowded, and most of which are obsolescent. Part VI sets out the Government's plans for an expanding building programme and for giving a fresh impetus to the modernisation and redevelopment of outdated and unsuitable buildings.
- 5. There are 15,000 men and women in the prison service. Part VII of the White Paper gives as comprehensive an account as is possible within a brief compass of the different groups of staff working together in the service, and emphasises in particular the changing role of the prison officer. It also describes the current re-organisation of the central and regional administration of the Prison Department.
- 6. Finally, Part VIII aims to bring all the threads together. It indicates what the Government considers to have been the most significant of the recent developments in the work of the service, what are the major problems now facing it and what are the Government's plans for the development of the service in the next few years.

GLOSSARY

Those not familiar with the details of our prison system may find it useful to have the following brief explanations of terms used in the White Paper. They are not intended as comprehensive legal definitions: those who need such definitions will normally have access to books in which they may be found.

Adult Offender

A person over the age of 21 when convicted.

After-Care

The support and supervision given to an offender after release from custody. All young offenders and some adult offenders (see paragraph 104) are subject to compulsory after-care. This is after-care given to an offender by a probation officer during the period after release when he is liable to be recalled to custody if in breach of the conditions on which he was released. Voluntary after-care is the support available to other offenders after release if they choose to accept it.

Borstal Training

A court may sentence a young offender to borstal training if he is convicted of an offence for which an adult offender may be sent to prison and if the court considers that he should receive training for at least six months. The period in custody depends on the response to training but cannot exceed two years.

Closed

A closed borstal or closed prison is one surrounded by a wall and/or fence as a barrier to escape.

Detention Centre

An institution to which young offenders may be sent after conviction of an offence for which an adult may be sent to prison. The sentence is normally three months but can go up to six months. (See paragraphs 149–150).

Halfway House

Another term for an after-care hostel (see below).

Hostel

The term is used in different contexts in the White Paper.

The Hostel Scheme is a term often used to describe the arrangements outlined in paragraph 98 under which certain adult offenders may live in part of a prison set aside as a hostel but go out to work for an outside employer during the last six months of a sentence.

After-Care Hostels (see paragraph 111) are those provided by voluntary organisations for homeless offenders who require some degree of social support, often immediately after release from custody.

CH. I GLOSSARY

Indictable Offences

These include all serious criminal offences against the person or property. An indictable offence is one for which the accused may be (and has a right to be) committed to a higher court (assize or quarter sessions) for trial before a jury. Some of the most serious indictable offences must be tried at a higher court. The great majority of indictable offences can be, and are, dealt with in magistrates' courts.

Inmate

Any person of any age held in custody in an institution for which the Prison Department is responsible, whether in a prison, borstal, remand centre or detention centre.

Parole Scheme

A term used to describe the arrangements outlined in paragraph 114 under which the Parole Board may recommend to the Home Secretary the release of a prisoner after he has served part of his sentence. A prisoner released in this way is subject to compulsory after-care while on licence.

Open

An open borstal or open prison is one with no physical barrier designed to prevent absconding.

Prisons

Descriptions of the role of various types of prisons are given in Part VI of the White Paper.

A Local Prison is one to which adults and some people under 21 are sent direct from the courts either when remanded in custody before trial, or after conviction or sentence. All local prisons are closed and the great majority of prisoners in them sleep in cells.

A Training Prison is one to which sentenced prisoners are transferred after initial assessment in a local prison. Such a prison may be either open or closed.

Prisoner

The term normally used for adults in custody. A *young prisoner* is a person under 21 who serves a sentence in a prison and not in a borstal or detention centre.

Remand Centre

A special institution (see paragraph 147) designed to hold people, especially those under 21, awaiting trial or in the period immediately after conviction or sentence.

Visiting Committee and Board of Visitors

A Visiting Committee is a body of magistrates appointed for each local prison (and remand centre) by courts which commit people to that prison. A Board of Visitors is a body of men and women, some of whom must be magistrates,

GLOSSARY CH. I

appointed by the Home Secretary at each training prison, borstal or detention centre. These Committees or Boards have a general responsibility to satisfy themselves about the state of the buildings, the administration of the establishment and the treatment of inmates. They report annually to the Home Secretary. They have certain disciplinary powers in relation to serious breaches of discipline, hear applications or complaints from offenders and provide a valuable contact between the local community and the institution.

Visitors

Prison visitors are private citizens appointed to a prison by the Home Office on the recommendation of the governor to visit and befriend prisoners. (See paragraph 94).

Young Offender

An offender under 21 at the time of conviction. Most of the young offenders with whom the prison service has to deal are 17 or over and this White Paper does not deal with the general treatment of those under 17. But some young people aged 15 or 16 may be sent to remand centres or sentenced to borstal training, and there are junior detention centres (see footnote to paragraph 149) for offenders aged 14–17.

returns to society, sometimes for years, sometimes for life, should be closely

II

THE TASK OF THE PRISON SERVICE

AIMS AND PURPOSES

PRISONS AND THE PENAL SYSTEM

- 7. We start from the point at which people enter prison, omitting such earlier stages as the detection of crime and the place of the courts or the criminal law in our society. We shall consider what happens to the fifteen hundred or more people committed to custody every week, and the staffing and organisation of the prisons, borstals, detention and remand centres in England and Wales to which they are sent. Every week another fifteen hundred people are released from custody. Society expects these to knit together once more the scattered strands of their life in the community. The White Paper therefore deals with parole and after-care, which are now regarded as an integral part of the whole penal system.
- 8. Despite this concentration on the penal system and what happens to those offenders who are convicted and committed to custody, it is important to emphasize that the prison system is only part of a whole process of social rehabilitation. Its work has to be seen as contributing to one overriding purpose; and that purpose is the protection of society.
- 9. The part played by the prison service in the treatment of offenders must follow the part played by the courts. It is true that members of the service make reports to the courts, and that these may properly influence what happens to an offender, but no member of the service has any authority to decide whether a citizen should or should not be sentenced to imprisonment. Nor, with some exceptions in the case of detention centres, has the service any control over the total number of people committed to its custody. The service cannot put up a "house full" notice, tempted though some governors of local prisons may have been to do so in recent years.

PRISONS AND SOCIETY

10. Penal institutions, on the other hand, do not exist in isolation. They form part of our society. So do all members of the prison service and all people in custody. A great deal follows from these principles. Everyone in custody expects to return sooner or later to the community, the average stay in custody after conviction being less than twelve months. It follows that what happens to people in custody must always be planned with conditions after release in mind. It also follows that the probation and after-care service, which helps in a person's preparation for release and provides continued support and guidance when he returns to society, sometimes for years, sometimes for life, should be closely

associated with such plans. It is because of the close and growing association of the two services that the part played by the probation and after-care service will be a constantly recurring theme in this Paper.

11. Members of the prison service expect and must be given working conditions in prison which compare with those to be obtained in other occupations in society: conditions that were normal and acceptable fifty years ago will not be acceptable now. The same is true of the living and working conditions of prisoners. Standards thought adequate fifty years ago would be thought indefensible today—and not only material standards. Men and women do not cease to be human beings when they are convicted or when they are sent to prison. The moral standards by which society lives apply to the treatment of offenders in custody. The prison service is a part of the community, and must reflect the community's own moral concepts. It should therefore receive its due share of the resources of the community in carrying out its work.

THE AIMS OF THE SERVICE

- 12. The prison service cannot make the best use of the resources available to it unless it is clear about its aims. The service is both large and complex, employing 15,000 men and women in 111 different establishments, and responsible for 35,000 people in custody. Few large organisations have only one aim, and it often obscures the real situation to try to bring all the activities of any one of them within one simple formula or slogan. Some of the confusion felt about the aims of the prison service arises from attempts to do so.
- 13. Those aims can best be summarised as follows. First, it is the task of the service, under the law, to hold those committed to custody and to provide conditions for their detention which are currently acceptable to society. Second, in dealing with convicted offenders, there is an obligation on the service to do all that may be possible within the currency of the sentence "to encourage and assist them to lead a good and useful life".*
- 14. One possible source of confusion should be cleared up. The general aims defined in the previous paragraph govern the treatment of all convicted offenders and do not vary according to the reasons for which the courts send any one person to custody. A court may properly pass a custodial sentence on one offender to act as a general deterrent to the commission of crime, and on another because the court believes he is in need of training that can be given to him in custody. The duty of the prison service in respect of each of them remains unaffected.

LIVING CONDITIONS

15. The first task of the service, "humane containment", may appear a prosaic and limited one. With the large and constantly changing population of our overcrowded Victorian prisons it is not an easy one. This said, it must be admitted that in some respects the conditions of a prisoner's daily life fall short of what

^{*}See Rule 1 of the Prison Rules 1964.

society would currently approve. Later Parts of this White Paper describe some of the measures being taken to raise standards to a more acceptable level. There are critics of present policies who argue that the provision of better living conditions for prisoners is wrong. They feel that imprisonment should deliberately be made a harsh and disagreeble experience, and that such harshness is a necessary deterrent to the commission of crime by others or of further crime by the man being punished. This criticism is mistaken. Imprisonment is by its nature unpleasant. One of John Heywood's "Proverbs" runs: "No man loveth his fetters, be they made of gold". The deterrent effect of imprisonment lies in the loss of liberty it involves, and in the restrictions inherent in any prison regime. There is no reason to suppose that it would be made more effective by reverting to such barbarities as the treadmill. On the contrary, measures designed to preserve and enhance a man's dignity and self-respect are most likely to assist in his rehabilitation.

SECURITY

- 16. Another very different criticism of present policies is also heard. It is that emphasis on security—on the prevention of crime during sentence by preventing escapes from custody—must hamper the longer term prevention of crime by making more difficult the task of rehabilitation. Security is, of course, one of the important factors to be weighed in making some decisions about an offenderin deciding, for example, if he should be sent to an open prison or borstal. If an institution holds offenders who need to be contained within secure conditions there are inevitable restrictions that have to be placed on the activities that can take place inside it. But the simple antithesis of security versus rehabilitation is false. One does not vary in inverse proportion to the other. In every modern penal system yet conceived some offenders must be kept in secure conditions. There is no reason in logic or experience to suggest that a "secure" institution from which an escape can in fact be made is better, whether in terms of its daily regime or in terms of the training of the offender, than an institution from which no one escapes. Indeed, there is some reason, including the experience of other countries, to suggest that an institution in which the staff have full confidence in the security arrangements can develop a more relaxed atmosphere and can therefore provide a better regime than one in which the staff are continually worried about possible escapes.
- 17. For many years before 1966 insufficient resources had been devoted to the maintenance of the security of our closed prisons, and in the last three years it has channelled time and money away from other matters. Security had to take precedence, and the number of escapes from closed prisons was reduced to about a quarter of what it was in the years before 1966. Many of the deficiencies set out in Lord Mountbatten's Report* on prison security have now been remedied. The Government believes that the further development of the security measures described in Part VI of this Paper, together with the better classification of offenders according to the degree of security they need, will enable the purely custodial aspect of the prevention of crime to be seen in its proper relationship as one element, but only one, in the tasks of the prison service.

^{*}Report of the Inquiry into Prison Escapes and Security, Cmnd, 3175, (1966)

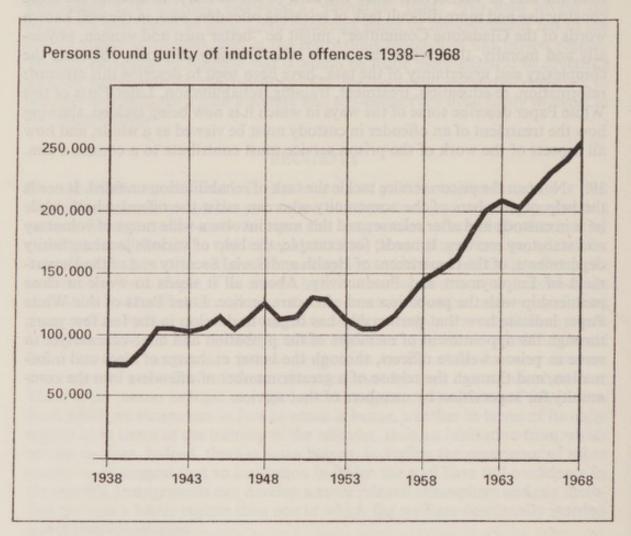
REHABILITATION

- 18. The "humane containment" of offenders cannot be the sole task of the prison service. If, as the late Sir Alexander Paterson put it, prison is seen only as a cloakroom in which the enemy of society is duly deposited till called for after a fixed period, the protection afforded to society is temporary and the offender may return to the community more embittered and anti-social than before. It has been the aim of the service, since the turn of the century, to attempt the more constructive and more difficult task of releasing offenders who, in the well known words of the Gladstone Committee*, might be "better men and women, physically and morally, than when they came in". A variety of terms, reflecting the complexity and uncertainty of the task, have been used to describe this attempt: reformation, re-education, treatment, training, rehabilitation. Later Parts of this White Paper describe some of the ways in which it is now being tackled, showing how the treatment of an offender in custody must be viewed as a whole, and how all aspects of the work of the prison service must contribute to a common aim.
- 19. Nor can the prison service tackle the task of rehabilitation unaided. It needs the help of members of the community who can assist the offender both while he is in custody and after release; and this must involve a wide range of voluntary and statutory services. It needs, for example, the help of various local authority departments, of the Department of Health and Social Security and of the Department of Employment and Productivity. Above all it needs to work in close partnership with the probation and after-care service. Later Parts of this White Paper indicate how that partnership has begun to develop in the last few years, through the appointment of members of the probation and after-care service to serve as prison welfare officers, through the better exchange of ideas and information, and through the release of a greater number of offenders into the community for supervision by members of that service.

^{*}Report from the Departmental Committee on Prisons, 1895.

THE SOMBRE BACKGROUND

20. The work of the prison service has greatly increased in both size and complexity in the last twenty-five years; and the recorded rise in crime has provided a sombre background throughout. There is no one measure that can be taken of the rise in crime but the following diagram shows, as one example of it, the increase in the number of people found guilty of indictable offences.



The figures it shows should be compared (and never confused) with the much larger figure of indictable offences known to the police to have been committed. In 1968 that figure was 1,289,090*.

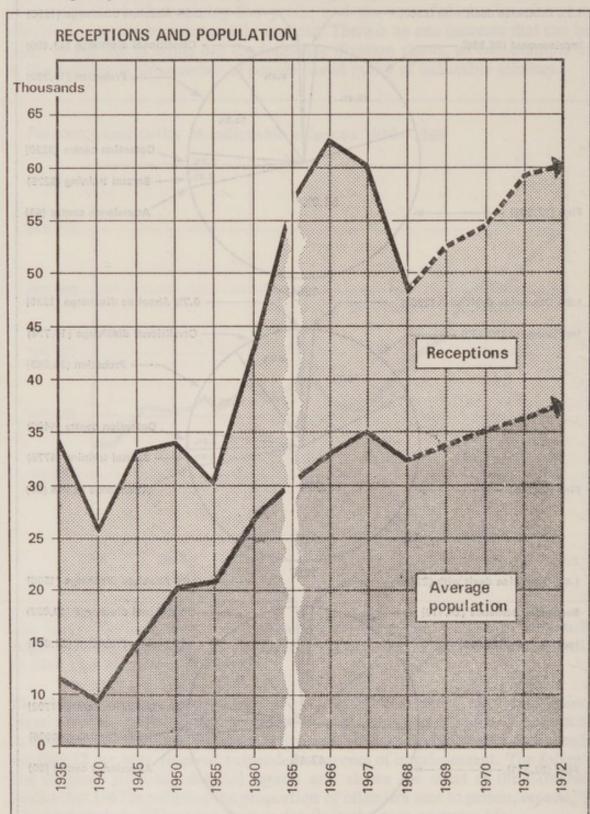
21. Most offenders are not sent to custody by the courts after conviction. Nearly half the 195,000 offenders of 17 or over convicted of indictable offences in 1968 were fined. Less than one in five received a custodial sentence although another 12 per cent. received suspended sentences of imprisonment. The following diagram gives the detailed figures and shows the effect of the Criminal Justice Act 1967 in reducing the proportion of offenders sent to prison, especially for short periods. (There are further details in the note on page 14).

^{*}This figure, like all others quoted in the White Paper, refers to England and Wales only. It excludes Scotland and Northern Ireland

Persons aged 17 and over sentenced by magistrates' courts for indictable offences or sentenced by higher courts showing the type of sentence or order of the court 1.7% Otherwise dealt with (2360) 0.9% Absolute discharge (1280) Imprisonment (26,936) -Conditional discharge (13,490) 9.4% Probation (19,390) 18.8% 13.6% Detention centre (3320) 2.3% 2.3% Borstal training (3275) 51.0% Fine (72,993) Attendance centre (53) 1964 1.6% Otherwise dealt with (2860) 0.7% Absolute discharge (1330) Imprisonment (29,433) -Conditional discharge (16,774) 9.2% - Probation (24,063) 16.2% 13.2% Detention centre (4485) 2.5% 2.6% Borstal training (4775) 54.00% Fine (98,295) Attendance centre (60) 1967 1.4% Otherwise dealt with (2732) -- 0.8% Absolute discharge (1530) Suspended sentence (24,178) -- Conditional discharge (19,032) Imprisonment (24,039) -Probation (21,611) 9.8% 12.4% 12.3% - Detention centre (4702) 2.4% 2.4% Borstal training (4606) 47.4% Attendance centre (90) Fine (92,321)

1968

22. Nevertheless for every one offender in custody before the war there are now three. For every two offenders in custody in 1950 there are now three. The following diagram shows how great the increase has been.



Note: Up to and including 1949 the graph of receptions relates to all receptions on conviction. From 1950 onwards it relates to all receptions under sentence, including court martial prisoners.

The diagram shows both "receptions" and "population". The line for "receptions" shows the total number of people committed to custody after sentence during the year. The line for "population" shows the total number of people in custody at any one time (the figure used being the average for the year). This average population obviously varies not only with the number of "receptions" but also with the average length of sentence, or period in custody on remand. The relationship between these factors is discussed in the note on page 14. It shows that the increases which have taken place in the average length of prison sentence are largely accounted for by the fact that a smaller number of people are now sent to prison for very short periods.

THE SIZE OF THE SERVICE

23. There are now about 35,000 people in custody compared with about 20,000 in 1950. About 9,000 of them are sleeping two or three in a cell compared with 2,000 in 1950. During the same period the total number of staff employed in the prison service has increased from 5,500 to 15,000 and the total annual expenditure, capital as well as current, from under £6 million to about £50 million a year. The Prison Department is now responsible for 111 institutions compared with 57 in 1950.

THE COMPLEXITY OF THE TASK

- 24. The work of the prison service is inherently complex because a prison must be, in most respects, a micro-copy of the world outside. People live, eat, work and sleep in prison. There must be hospitals, chapels, classrooms and workshops within the perimeter of the prison, as within the confines of other "total" institutions. There is the further responsibility for security. "Rehabilitation" itself is complex. There is no such person as the average offender. How should there be when all human beings are different? All generalisations about the characteristics of people in custody are therefore suspect. (There are exceptions even to the generalisation that people in custody are there unwillingly). The prison service has to deal with offenders, some of whom are dangerous and many of whom are afflicted by emotional and personality disturbance and social inadequacies. It is also true that the prison service has to cope with many with whom other social agencies have in some way failed.
- 25. These inherent complexities are not new, although we are becoming increasingly conscious of the task of rehabilitation in relation to them. There is now a wide variety of penal institutions: remand centres, detention centres, borstals and prisons for those under 21 and both open and closed prisons for those over 21. Increasingly, moreover, the service aims to provide a range of regimes even within one type of institution and has to assess the suitability of offenders for transfer from one to another. Obviously it is simpler to organise a prison in which the inmates are held in solitary confinement than one in which they can associate with each other. It is also easier in such a prison to provide security against escapes. It is simpler to organise and control the hand-sewing of mailbags than the modern types of industrial work now being introduced. As the diversity of skills and experience to be found among the staff of a prison becomes greater and more staff of all grades are involved in the treatment of offenders, so it becomes more difficult to ensure that their work serves a set of consistent aims.

NOTE TO PART II CHANGES IN PRISON POPULATION AND LENGTH OF SENTENCE

- i. The number of offenders in custody at any one time depends on several factors: the number convicted by the courts, the number committed to custody and the length of sentence imposed. The work of the prison service is therefore crucially affected not only by the total rise in the number of offenders but by changes in the sentencing practice of the courts. This note analyses the effect of some of those changes in the last few years. Also, because the information is not widely known or readily available, the note makes some comparisons between the post war position and that in 1913 and 1938.
- ii. Table 1 shows how many people were committed to custody in selected years from 1913 onwards. Table 2 shows how many people, on an average day, were in custody in the same years.

	OBJUST CAN		TABLE	3 1				
	People C	ommitted	to Custo	dy (Males	and Fen	nales)		
	1913	1938	1948	1958	1961	1964	1967	1968
Remands etc.*	15,402	9,506	11,667	18,059	18,682	22,591	29,394	30,864
Detention Centre	-	_	-	1,302	2,311	5,890	7,220	7,675
Borstal Sentenced to	487	1,347	2,115	3,162	3,715	3,863	5,160	5,153
imprisonment† Civil prisoners	138,570	30,772	35,277	34,239	40,581	44,013	48,333	36,069
and others	14,987	8,246	5,372	9,377	9,676	9,633	8,011	7,505
TOTAL	169,446	49,871	54,431	66,139	74,965	85,990	98,118	87,266

*Persons remanded or committed in custody who did not return to custody on sentence. †Imprisonment includes court martial sentences, life sentences and death sentences commuted to life imprisonment. This section also includes those committed to prison in default of payment of fines. (The big drop between 1913 and 1938 reflects, in particular, the fall in the number of short sentences. See para. iii.)

TABLE 2

Average Daily Number of People in Custody in Different Types of Institution (Males and Females)

			Prisons	Borstals	Detention Centres	Total
1913	 	 	17,227	928	- 10-7	18,155
1938	 	 	8,926	2,160	-	11,086
1948	 	 	16,659	3,106		19,765
1958	 	 	21,209	3,899	271	25,379
1961	 	 	23,948	4,615	462	29,025
1964	 	 	23,701	4,604	1,295	28,800
1967	 	 	27,652	5,749	1,608	35,009
1968	 	 	25,320	5,563	1,578	32,461

Short Sentences

iii. Fewer people now go to prison for a short period. Table 3 shows how, by comparison with 1938, and even more strikingly with 1913, the courts are now dealing in other ways—for example by probation and by allowing offenders reasonable time to pay fines—with those who formerly spent a few days or weeks in prison. A fall in the number of offenders received into prison on short

sentences in 1968 reflects the use of suspended sentences and the other provisions of the Criminal Justice Act 1967 referred to in paragraph viii below.

			TABLE	3				
L	ength of Pri	ison Sente	ence Impo	sed* (Ma	ales and I	Temales)		
	1913	1938	1948	1958	1961	1964	1967	1968
Up to 2 weeks	80,961	8,820	3,366	3,030	3,066	3,165	2,450	2,932
Over 2 weeks up to)							
5 weeks	30,359	7,475	5,595	4,922	5,703	7,027	7,045	3,765
Over 5 weeks up to)							
3 months	16,862	7,043	8,925	8,398	10,179	11,988	13,670	6,930
Over 3 months up to)							
6 months	5,070	3,947	6,447	6,710	8,237	10,304	11,476	7,801
Over 6 months up to)		- State of		P. State of			
12 months	2,873	1,881	4,775	4,843	5,959	5,145	5,673	5,858
Over 12 months up)	01.0						
to 18 months	1,033	694	2,361	2,085	2,468	2,236	2,873	3,179

2,906

733

348

3,499

873

405

3,101

720

211

3,647

955

352

4,059

1,086

364

14 30 94 95 13 40 52 52 *Including periods imposed in cases of fine default but excluding sentences of corrective training and preventive detention.

2,478

617

123

The Average Length of Sentence

774

231

120

581

158

47

years

Over 5 years

Over 18 months up to 3 years

Over 3 years up to 5

iv. Table 4 combines the information about offenders sent to prison and about the total prison population with an index of the average length of sentence. It shows how these factors have varied in relation to each other over the years. Two points need to be emphasised here, in drawing any conclusions about greater severity or greater leniency on the part of the courts. The first, which is perhaps obvious, is that as we achieve the very desirable aim of not sending people to prison for a few weeks when there are other ways of dealing with them, so the average length of sentence is bound to increase. Second, the figures given are those for all offenders, including those under 21, sentenced to imprisonment. Statutory restrictions on the powers of the court to send young offenders to prison and the greater use of borstal and detention centres are likely to affect the average length of prison sentences.

TABLE 4 Sentenced Prisoners Comparisons of Receptions, Population and Average Length* of Sentence (Males and Females)

			(manico ii	2		
1		2	3*	4	5*	6*
		Receptions under† sentence	Index of receptions	Average population of sentenced prisoners	Index of population	Index of average length of sentence
1913		138,295	342.0	Not available		17.0
1938		30,646	75.8	7,674	36.8	38.9
1948		34,687	85.8	14,665	70.3	82.7
1958		34,009	84.1	17,817	85.4	98.8
1961		40,440	100.0	20,845	100.0	100.0
1964	n n i i i i	43,977	108-7	20,759	99.5	84.4
1967	5 911	48,234	119.3	23,782	114.0	93.4
1968		36,020	89.1	21,401	102.7	119.3

*Columns 3, 5 and 6 are indices with 1961 taken as 100.

†Excluding Court Martial cases, but including persons sentenced to life imprisonment except where sentences of death were later commuted.

v. Table 3 showed the number of offenders received into prison in certain years who had received sentences of particular lengths. Table 5 analyses the same set of figures so as to show what percentage of those sentenced to imprisonment in the same years received sentences of particular lengths. (In both tables offenders committed to custody in default of payment of fines are treated as though they had been sentenced to imprisonment). It shows that the proportion of offenders received into prison with sentences of more than 5 years is greater now than before the war or in 1948.

TABLE 5

Analysis of Length of Prison Sentences expressed as percentages*
(Males and Females)

		(2)	Tutes unu	I emules)				
	1913	1938	1948	1958	1961	1964	1967	1968
Up to 2 weeks	58.6	28.7	10.0	8.9	7.6	7.2	5.1	8.1
Over 2 weeks up to								
5 weeks	21.9	24.4	16.7	14.5	14.2	16.0	14.6	10.5
Over 5 weeks up to		J		A	1	2 2		2000
3 months		23.0	24.7	24.7	25.2	27.3	28.3	19.2
Over 3 months up to		12.0	10.2	10.7	20.4	22 5	22 0	21.6
6 months		12.9	18-3	19.7	20.4	23.5	23.8	21.6
Over 6 months up to 12 months	2.1	6.1	14.3	14.2	14.7	11.7	11.8	16.2
Over 12 months up		0.1	17 3	14 2	14 /	11.7	11 0	10 2
to 18 months	0.7	2.3	7.1	6.3	6.1	5.1	5.9	8.8
Over 18 months up								
to 3 years		1.9	7.4	8.5	8.6	7.1	7.6	11.3
Over 3 years up to 5	10 10 10	dana.ot				maturi) s		
years		0.5	1.0	2.1	2.1	1.6	2.0	3.0
Over 5 years	0.1	0.2	0.4	1.0	1.0	0.5	0.7	1.0
Life	-	-	0.1	0.1	0.1	0.1	0.2	0.3

^{*}Including periods imposed in cases of fine default. Excluding court martial prisoners.

Criminal Justice Act 1967

vi. It has been the policy of successive Governments throughout this century to attempt to limit the number of people sent to custody and to encourage other effective ways of dealing with offenders. In particular there has been a series of statutes aimed at reducing to the minimum the number of young people and first offenders sent to prison. One of the main purposes of the Criminal Justice Act 1967 was to accelerate the shift of emphasis away from imprisonment. One major innovation introduced by that Act was the suspended sentence, enabling the courts when passing a sentence of imprisonment of 2 years or less to suspend its operation for a period of between one and 3 years. In any case where the offender is sentenced to imprisonment for 6 months or less (as were over 60 per cent of those sent to prison in 1967) the court is obliged to suspend the sentence unless the offence is one involving violence or a weapon, or the offender has previously received a prison or borstal sentence (including a suspended sentence) or is subject to a probation order or an order of conditional discharge. The offender serves his sentence only if, within the period of suspension, he commits a further offence punishable with imprisonment; in that event, the suspended sentence is put into effect unless the court considers that it would be unjust to do so in view of any circumstances that have arisen since it was passed.

vii. It is too early to pass any judgment on the effect of the new provisions in keeping people out of prison and deterring them from committing fresh offences. It is not simply a question of counting the number of suspended sentences passed and the number subsequently enforced after fresh crimes have been committed, since the figures suggest that some courts may have passed a suspended sentence where before 1968 they would have imposed a fine. Nevertheless the first year's figures are encouraging. In 1968 32,002 offenders received suspended sentences and within that year only 4,222 were committed to custody after a subsequent conviction.

viii. The 1967 Act contained other measures designed to reduce the number of people sent to prison for short periods. These included legislative restrictions on remands in custody, the freer use of bail, the more widespread use of social inquiry reports as a guide to sentencing, increased powers to fine offenders, and modified fine-enforcement procedures. Here also the preliminary results are encouraging. The number of people received into custody before sentence—and this, for almost all adults, means detention in grossly overcrowded local prisons—fell by 1,564 (or 3 per cent) in 1968 compared with 1967 and the number of those sent to prison in default of fines fell by 4,395 or 34 per cent.

Length of Prison Sentences in Recent Years

ix. Paragraphs iv and v show that fewer people are being sent to prison for short periods than before the war and that the average length of sentence has increased. Table 6 gives more detailed information about the average length of sentence in each year since 1961. It shows that this fell between 1961 and 1963, and has increased again since 1966. The sharp increase in 1968 is a reflection of the fall in the number of offenders received into prison on short sentence as a result of the Criminal Justice Act 1967. It is too early to say what the long term trend will be.

TABLE 6

Comparison of Receptions, Population and Average Length* of Sentence in recent years (Males and Females)

1	2	3*	4	5*	6*
	Receptions under† sentence	Index o receptions	Average Population of sentenced Prisoners	Index of Population	Index of Average length of sentence
1961	 40,440	100-0	20,845	100.0	100.0
1962	 45,868	113-4	22,282	106.8	91.6
1963	 45,939	113.6	21,890	105.0	84.3
1964	 43,977	108 - 7	20,759	99.5	84.4
1965	 45,440	112.4	20,681	99.2	83.6
1966	 50,032	123.7	22,316	107.0	93.9
1967	 48,234	119-3	23,782	114.0	93.4
1968	36,020	89.1	21,401	102.7	119.3
1967	48,234	119-3	23,782	114.0	93.4

^{*}Columns 3, 5 and 6 are indices with 1961 taken as 100.

[†]Excluding Court Martial cases, but including persons sentenced to life imprisonment except where sentences of death were later commuted.

Very Long Sentences

x. There is a widespread impression that more very long sentences are now being imposed. Table 7 gives some information about the number of offenders sentenced to imprisonment for 10 years or over (including life) in each year since 1958. It shows that while there has been an increase in the number of offenders received with life sentences, the number of fixed sentences of 10 years and over has not changed greatly in the last decade. On the other hand, there has been a change in the number of offenders received with fixed sentences of 14 years and over. Table 8 shows the number of such sentences imposed in each year since 1949. As the Advisory Council on the Penal System pointed out in their Report on the Regime for Long-Term Maximum Security Prisoners*, the secure yet humane containment of this very small group of prisoners creates special problems for the prison service.

*The Regime for Long-Term Prisoners in conditions of Maximum Security. H.M.S.O. 1968.

TABLE 7
Proportion of Sentences of Ten Years or Over (Males)

		Total Number of Receptions	Number of receptions under sentence of ten years or over excluding life	Life Sentences	Percentaget
		(1)	(2)	(3)	(4)
1958	 	31,749	50	34	0.26
1959	 	34,605	33	46	0.23
1960	 	35,561	41	48	0.25
1961	 	38,007	54	49	0.27
1962	 	43,152	59	37	0.22
1963	 	43,420	47	54	0.23
1964	 	41,724	47	54	0.24
1965	 	43,382	43	73	0.27
1966	 	47,770	90	84	0.36
1967	 	46,183	54	91	0.31
1968	 	34,671	57	92	0.43

†This percentage is the total of Cols. 2 and 3 expressed as a percentage of Col. 1 to show the proportion of sentences of ten years and over imposed by the courts in each year.

TABLE 8

Years	Number of Fixed Sentences of Fourteen Years and Over (Males)																			
	1949	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68
14		5	4	1	2	5	3		6	2	2	1	4	6	1		1	5	2	2
15	1	2		3			2				1	3	4	1	3	5	1	7	3	2
16-20						3	1		1				3	1	1	1		3	2	4
21-25													3			3	2		1	1
30																7				
42													1							

Life Sentences

xi. New problems have also been created for the prison service by the increase in the number of prisoners serving life sentences. 10 years ago, at the end of 1958, there were 139 prisoners serving life sentences or detention "during Her Majesty's Pleasure". 5 years later the figure was 329. By 31st December 1968 it had risen to

598. It seems likely that the number will continue to rise. The term of imprisonment actually served by prisoners sentenced for life is determined according to the circumstances of every particular case—and every case is different. Since the war most life sentence prisoners have served a term equal to that served by a prisoner with a long fixed sentence of between 10 and 18 years. Out of 180 such prisoners released in the 10 years 1959–1969 all but 19 had served for periods equivalent to a fixed sentence of 10½ years or longer on which the normal one third remission had been granted. A few life sentence prisoners were detained for much longer periods. One had spent 15 years in prison, one 20, and two were released after 21 years. Such very long periods have been unusual since the war. But the position is changing partly as a result of the abolition of capital punishment. There are some men who have already spent a considerable period in custody (in one case more than twenty years) and whom it would not in the present state of knowledge be safe to release into the community. A few may have to be detained for something approaching the term of their natural life.

III

OFFENDERS IN CUSTODY

THE PEOPLE IN CUSTODY

- 26. This and the next Part of the White Paper deal with the treatment of people in custody, with their daily lives and with what is done to conduce to their rehabilitation as members of the community. It will be useful, first, to describe the people in custody, and, second, to clarify what is meant by "treatment".
- 27. The Appendix (page 110) shows their ages, the offences of which they have been convicted, and how many times they have been in custody before. In 1968 there were on average over 31,500 men and boys but only 800 women and girls in custody: a ratio of about 40 to 1. The following table shows the main groups:

		Male	Female
1. In prison			
(a) unsentenced		3,474	182
(b) sentenced to imprisonment up to	18		
months		9,628	275
(c) sentenced to imprisonment over	18		
months		11,351	147
2. Sentenced to borstal		5,648	178
3. At a detention centre		1,555	23
TOTAL		31,656	805

UNSENTENCED PRISONERS

28. About 10 per cent of all those in custody are being held on remand or awaiting sentence. They are detained in local prisons or special remand centres, and Part VI of the White Paper gives some account of the staff time occupied in looking after them and the related escort duties and court work.

SENTENCED PRISONERS

29. The people in custody are predominantly young. About 28 per cent of all those in custody are under 21, while of the men over that age, almost half are under 30. The figures given in the Appendix show that the majority of convicted offenders have been found guilty of offences against property (theft or burglary) and that only a very small proportion are first offenders—less than one in ten of adult men sent to prison, and less than one in thirty of young men at borstal.

Moreover, and this is equally important to any assessment of the task of the service, the majority of convicted offenders in prisons and borstals are not serving their first sentence but have been in custody before.

LENGTH OF SENTENCE

30. The majority of convicted offenders are in custody for less than twelve months. Young offenders sent to detention centres normally serve a fixed sentence of three or six months, on which one-third remission is now granted; and the normal period of detention at borstal is a little over a year. Only about one in five of adult offenders in prison have to spend more than two years in custody*.

TREATMENT

- 31. No clear distinction can, or should, be drawn between the aspects of treatment that are primarily designed to regulate the daily life of an offender in custody and those that look primarily towards his return to the community. For example, a man's attitude to authority after release may well be affected by the conduct of a disciplinary hearing in prison. The clothes that a young man at borstal has to wear may affect his self-respect and thus his view of himself and of society. Again, work is central to the treatment of many offenders in custody. Well organised and productive work can provide training that is of value to an offender after release. In addition, the organisation and tempo of work in a prison or borstal affect the attitude of the offender to his daily life and the atmosphere of the institution in which he is detained.
- 32. Thus it is wrong to think of treatment as an item, or choice of items, that can be added at will to the daily regime of a prison or borstal to meet the needs of offenders. Neither our capacity for the diagnosis of the needs of offenders nor the ability to effect a cure is at present as great as many advocates of this or that form of treatment have implied. We need a view of treatment that embraces all that is done by or for the offender in custody. But there is also a place in the prison system for the use of the term in the alternative sense in which it relates to a diagnosis and to the possibility of a changed way of life; and there are already in the system a wide variety of forms of treatment that have been evolved in the hope that they may directly affect an offender's behaviour both in custody and after release and may assist his rehabilitation.

DAILY ROUTINE

33. It is not possible within a brief compass to describe all aspects of the treatment of offenders in custody in the wide variety of establishments for which the Prison Department is reponsible. The following paragraphs describe some of the main aspects of the daily routine of a prison or borstal. Here, and elsewhere in the White Paper, most of what is said of prisons and borstals applies also to detention centres and remand centres.

^{*}The note on page 14 refers to the special problems created for the prison service by the small number of men serving very long sentences.

A SOCIETY IN MINIATURE

34. In many ways a prison or borstal is a society in miniature providing for those in custody most of the essential facilities of living that the citizen enjoys outside. The original basic elements of the well-ordered Victorian gaol were food, shelter, clothing, exercise (of a sort), religious services and medical treatment. "Good order and discipline" were maintained by the separation of prisoners and the enforcement of the rule of silence. Mere incarceration was not thought punishment enough. As Wilde wrote in his Ballad of Reading Gaol:

"I know not whether laws be right Or whether laws be wrong; All that we know who lie in gaol Is that the wall is strong, And that each day is like a year, A year whose days are long."

But now to the original basic elements are added work, access to books, opportunities for education, and opportunities for social life and recreation within the institution. As a result the prison society has become increasingly complex.

DISCIPLINE

35. The entire regime must rest on a foundation of discipline and good order. As with all societies a prison or borstal must have rules, and sanctions that can be imposed for breaches of them. But discipline depends far more on the attitudes of staff and of the offenders in their charge than it does upon sanctions. The relationships in the daily contacts between members of the prison service and offenders in custody are generally good. (A visitor whose image of a prison has been formed by the harshness of its Victorian buildings, and by grim tales of prison life, is very often surprised by the relaxed atmosphere he finds inside the wall.) In the last few years the uniformed officer has been encouraged to get to know and to concern himself with the treatment of those in custody, with the result that there has been a noticeable improvement in the atmosphere of our institutions. This process will continue. There will always be a small minority of offenders needing strict control and supervision and there are some offenders who, if given any opportunity to do so, will dominate the larger group of which they form a small part. For the majority of offenders no more restrictions need be imposed than are necessitated by the efficient performance of the task of the establishment within the limited space available, and by the maintenance of good order.

ASSOCIATION

36. The Gladstone Committee recommended in 1895 that "the privilege of talking might be given after a certain period as a reward for good conduct on certain days for a limited time"*. The difference between this cautious recommendation and the present practice is one illustration of the change in the attitude of our prison system to the social life of people in custody. Restrictions on

^{*}Paragraph 73 of the Report.

prisoners talking to each other have long since been abolished, and it is the Government's policy to allow them to associate with each other at work, at mealtimes and in the evenings. The fact that in our local prisons too many are locked in their cells for up to 18 hours out of the 24, and sometimes longer at the weekend, shows the extent to which progress is still hampered by Victorian buildings, designed for solitary confinement, and by shortages of staff. In many local prisons most prisoners have to eat in their cells, because there is no room for them to do so anywhere else, and spend the evening hours in their cells because of the lack of space for classes or other activities. (An evening, in prison, starts at 5 p.m.) At the other end of the spectrum is the purpose-built training prison in which prisoners eat their meals together, and in which rooms are available where, in the evening, they can watch television, play table tennis or billiards, or talk. Between 7 a.m. and 9 p.m. in these prisons a man does not have to be locked in his cell except for very brief periods. In this respect, the establishments for young offenders are at the same end of the spectrum as the training prison. The staff complement of all borstals and detention centres is designed to allow a full day's activities, including work, opportunity for sport and recreation, and evening association.

OTHER PRIVILEGES

37. The reference in the quotation from the Gladstone Committee Report to the grant of "the privilege of talking . . . as a reward for good conduct" illustrates two other points. First, the way in which the privileges of one generation become the accepted practice of the next-library books, for example, are no longer a privilege to be allowed only to some people; and, secondly, the use of privileges as rewards for good conduct. There is certainly a place for the progressive grant of privileges if they entail greater responsibilities on the part of the inmate, and mark real progress in his response to training. This is still one of the main features of the borstal system. But any graded system of privileges is liable to become automatic and bureaucratic. The Government decided in 1967 to abolish the gradation of minor privileges in prisons and those parts of the old "stage" system that still remained, and changed the emphasis by retaining and strengthening the power of the Governor to withdraw privileges, such as that of eating meals in association, from the minority who abuse them. One such development was that prisoners in cellular training prisons may now have personal radio sets.

THE PRISON COMMUNITY

- 38. There are dangerous and violent people in custody; but, although the maintenance of good order and discipline is the first duty of any penal administration, the staff are not merely detached preservers of good order. Their role is more complicated and more important than that. To understand their role it is first necessary to abandon the presumption, frequently and naively made, that the prisoner is the passive recipient of punishment or of instruction, or that he is the unprotesting object of institutional control.
- 39. Offenders see committal to custody as a mark of society's rejection. While some are genuinely filled with regret for their offences they do not necessarily

accept that their sentences are just. Moreover, life in custody, with its inevitable reduction of personal choice in companions, possessions, and activities, may be seen by the offender as a threat to his own sense of identity. He may seek to counter this threat by his own individual response to the regime or by sharing in the collective attitudes of those around him. Acts of indiscipline and disobedience are the overt expressions of such protest. Manipulation of "the system", of the procedure for redress of genuine grievances, of staff and of other inmates, are less obvious but not less serious manifestations of the attitudes of offenders to the reality of custody, and can lead to the undermining of authority or to a situation in which a great deal of the work of the staff is taken up with its maintenance.

THE ROLE OF THE STAFF

40. Most observers of the prison community would accept this general analysis, although there would be dispute about the details. Many offenders see members of the staff of the prison or borstal as part of a hostile community. It is therefore of vital importance to find means, particularly through staff training, to avoid such a general polarisation of attitudes. For if someone in custody is able to make a personal contact with a member of the staff he may begin to appreciate that the staff are fellow human beings, who have many other functions than that of representing the restrictive aspects of authority. Such appreciation may enable him to reject the pressures for a collective and unreasoning hostility to the staff, and encourage him to think about his own present behaviour and that which brought him into custody. When an offender begins to understand the reasons for his own behaviour there is a much better chance of his being able to change it in future.

PERSONAL RELATIONSHIPS

41. There are many opportunities for offenders to develop personal relationships of varying kinds with members of the staff within the prison society: with officers in the daily activities of the prison, in personal interviews and recreation, with instructors in workshops and teachers in classes, with chaplains and welfare officers, with assistant governors and governors. All these situations provide the staff with opportunities that can be used to demonstrate that good relationships are possible; and if the staff have received training in the skills of individual case work and in the understanding of group processes, such personal influence is likely to be the more effective.

A MORE CONSTRUCTIVE COMMUNITY

- 42. Individual case work of this nature may take place within the prison community as it exists. Or there may be a conscious attempt to alter the structure of that community in such a way that the offenders in it can help others and themselves to deal in a positive way with their destructive tendencies. Any attempt to change the attitudes of offenders by these methods requires training and understanding on the part of the staff, and makes heavy demands on them.
- 43. The prison service is engaged in an attempt to develop a constructive community atmosphere at Grendon, under psychiatric supervision. Other prisons

and borstals have experimented in the conscious shaping of a regime and of staff attitudes to this end. For example, group counselling has been found a useful way of helping some young men in borstals to face up to their difficulties and to understand more easily the reasons for behaviour which is not acceptable to society. It is hoped that research, particularly in certain borstals, may in time show what types of offenders are receptive to individual treatment, to treatment in groups, and to the more traditional forms of training, for it is very likely that group treatment will not be beneficial for all.

44. The efficacy of such concepts in reducing criminality is as yet unproven. What does seem clear is that staff involvement with offenders, and greater understanding of the nature of custody, have brought about an encouraging alteration in the social climate of many institutions, a lessening of tension and a reduction of violent outbursts by prisoners. The alteration in atmosphere has brought benefits as well as challenges to staff no less than to offenders.

WORK

45. In no part of the prison system have there been greater changes in the past few years than in the sphere of work. The policy that work for prisoners should be punitive, and therefore as purposeless and degrading as possible, was abandoned long ago, and the belief that the offender, especially the young offender, might be reclaimed by being taught a trade lay behind much of the penal reform in the period before 1914. It was in 1914 that that shrewd observer Kim Hubbard wrote of a man that "he has decided to go to work until he can find something better". Between the wars, considerable attempts were made to improve work and industrial training, but the economic climate was not favourable. After the second world war economic conditions had altered and more and better work was available to prison workshops. But these opportunities came at a time when the number of offenders in custody was increasing rapidly, and as both the opportunities and problems grew it became clear that the prison service lacked the organisation to implement new policies efficiently.

PURPOSE OF WORK

46. In 1960 an Advisory Council on the Employment of Prisoners was set up to advise the Government of the day how things might be improved. In three reports the Council defined the purpose of work for offenders, suggested the kinds of employment that were suitable and set out the changes in organisation that they thought were necessary. Real progress is now being made on the basis of the Council's recommendations. Current developments have two aims. The first, and more important, is that offenders in custody shall be given training and experience that will fit them to get and keep jobs on discharge. The second is that the best possible economic use be made of prison labour. For the most part these two aims can go hand in hand. Modern semi-skilled work—the kind of production work done in the bulk of the industries of the country—is what is readily available to most offenders on discharge. It is also the kind of work that can be organised in prisons and borstals so as to make a useful contribution to the national economy. The Government recognises that it is right to provide

facilities for the comparatively small proportion of offenders who are capable of learning and benefiting from a skilled trade, and more also needs to be done for the comparatively small proportion who can realistically hope to return to "white collar" employment. It is, however, neither practicable nor indeed necessary to provide for most offenders exactly the same work in custody as they might obtain after release. The need is the inculcation of the habit of regular and purposeful work at a tempo and in conditions as close as possible to those of outside industry.

PRACTICAL DIFFICULTIES

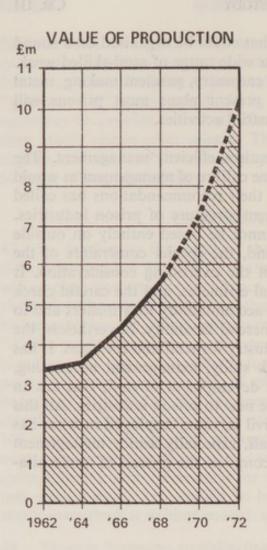
- 47. In developing this kind of work the Prison Department faces practical difficulties that are not met by outside employers—who can choose whom they will employ. Some prisoners are not inclined to work and others lack the adaptability to take on even fairly routine jobs. A small proportion would probably be regarded by any outside employer as unemployable. Some, like Mark Twain, "dislike work even when another person does it". There is about a 400 per cent turnover each year in the labour force of the average prison workshop. This is partly because of the number of offenders serving short sentences and partly because of the transfers that are necessary from one establishment, or part of an establishment, to another. It is a situation that might face a business with over 100 branches each of which changed its labour force every three months. Also most prisons were built at a time when the policy regarding prison work was quite different, and the demand for workshop space far smaller. Existing buildings cannot easily be adapted to house modern manufacturing processes; in many cases there is neither enough space nor enough power.
- 48. There is, however, an obligation to provide some sort of work for everyone in custody. In overcrowded prisons this means the overmanning of workshops and the absorption of further surplus labour into the domestic services of the prison. Security, which can never be ignored, affects the layout of workshops; and in closed prisons it involves arrangements for escorting prisoners to and from work that cut into normal working hours. In local prisons in particular there are many other claims on staff time that may have to take priority over the manning of workshops.
- 49. In the past few years considerable resources have gone to help to overcome the physical handicaps. New workshops have been built, power supplies have been improved and about £750,000 invested in machinery in the last four years. But this has still not caught up with the deficiencies of the past. A long period of sustained building and equipping of workshops lies ahead.

THE ORGANISATION AND MANAGEMENT OF WORK

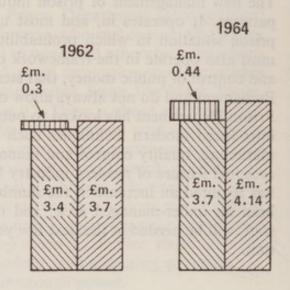
50. The pace at which buildings, services and equipment can be modernised is not the only factor governing the effectiveness and economics of work. The reports of the Advisory Council on the Employment of Prisoners laid stress on the need for better organisation and management. In 1964 the legacy from the past was a collection of 36 manufacturing activities spread over a hundred and more establishments. Three years ago a start was made in reducing this complex

of activities to a small number of industries that could be organised on a sound economic basis and that would still provide a wide range of semi-skilled work. The industries chosen were light engineering, carpentry, garment making, metal recovery, weaving and laundering. Under present plans most prisons will eventually have no more than two main industrial activities.

51. This smaller number of industries requires efficient management. The Advisory Council pointed the need for the same calibre of management as would be found in an efficient firm. Acceptance of their recommendations has called for a reorganisation of the whole management structure of prison industries. The new management of prison industry cannot be based entirely on outside patterns. It operates in, and must understand, the special constraints of the prison situation in which profitability is not the overriding consideration. It must also operate in the framework of annual estimates, and the careful check and control of public money, that stem from accountability to Ministers and to Parliament and do not always allow of commercial flexibility. Nevertheless, the Prison Department has looked to outside industry for staff and for ideas. It has introduced modern techniques such as work study, management accounting, marketing, quality control and management development of staff, that are an accepted feature of modern industry but were new to prison industries. All this has required an increase in the number of civil servants employed in what has been an under-managed area; and more staff, especially senior management staff, will be needed in the next few years to complete the process of modernisation.



PRISON INDUSTRIES: PRODUCTION, COSTS, AND TRADING RESULTS

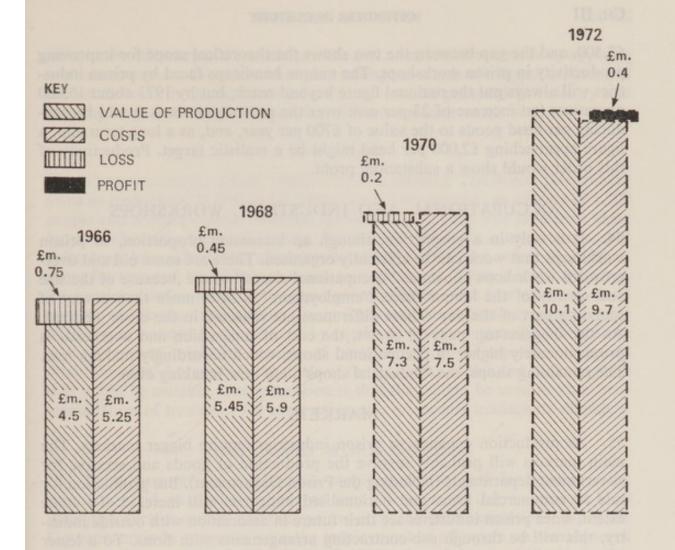


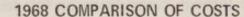
FINANCIAL RETURNS

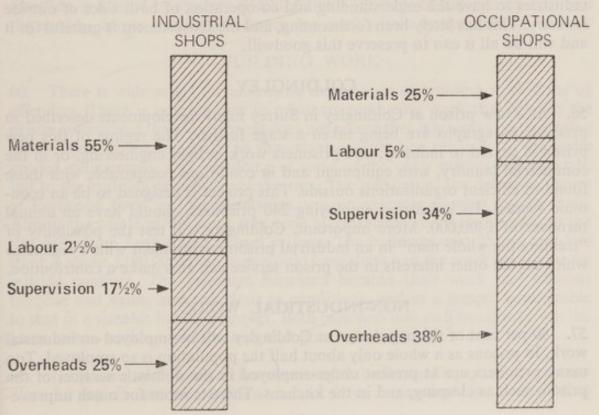
52. The financial returns from prison industries as a whole have shown encouraging improvement. The value of production is rising. The graph on this page shows the estimated value of production in each year since 1962 and the increase planned up to 1972. The trading results are also improving. Against the value of goods produced by prison industries must be set the costs incurred in their production. These include the normal industrial costs of materials and overheads (including rent). They also include the cost of supervision in prison workshops. The diagram above puts the value of production and costs together to show the trading results for 1962, 64, 66 and 68 and the projected outcome in 1970 and 1972.

MAKING A PROFIT

53. In the past, prison industries always made a loss. It reached about £750,000 in 1966, and had been reduced to £450,000 in 1968. The current loss is about £350,000 a year. The Government's immediate aim is to turn the loss into a profit of £400,000 by 1972. Profit depends on productivity. The annual value of goods produced by the average prisoner in prison industries today is about £420. The comparable figure for an operative in outside industry is about







£2,500, and the gap between the two shows the theoretical scope for improving productivity in prison workshops. The unique handicaps faced by prison industries will always put the national figure beyond reach, but by 1973 about 16,000 operatives (an increase of 23 per cent over the present number) should be producing per head goods to the value of £700 per year, and, as a long-term aim, a figure approaching £2,000 per head might be a realistic target. Productivity of this order would show a substantial profit.

OCCUPATIONAL AND INDUSTRIAL WORKSHOPS

54. It is only in a proportion, though an increasing proportion, of prison workshops that work can be efficiently organised. There are some old and overcrowded workshops known as "occupational shops" where ,because of the size and quality of the labour force, "employment" is little more than a way of spending part of the day. These differences are reflected in the costs incurred. As the diagram on page 29 shows, the cost of supervision and overheads is proportionately higher in occupational shops, which accordingly make a loss. The remaining shops, the "industrial shops", are now breaking even.

MARKETS

55. As production expands so prison industries require bigger markets. The main markets will probably involve the production of goods and services for government departments (including the Prison Department). But production for sale to commercial firms and nationalised industries will increase. To some extent, since prison industries see their future in association with outside industry, this will be through sub-contracting arrangements with firms. To a lesser extent, it will be through competition on fair terms. It is important for prison industries to have the understanding and co-operation of both sides of outside industry. This has lately been forthcoming, and the Government is grateful for it and will do all it can to preserve this goodwill.

COLDINGLEY

56. At a new prison at Coldingley in Surrey many developments described in previous paragraphs are being taken a stage further. The regime of this new prison is geared to industry, and prisoners work in light engineering, or in the commercial laundry, with equipment and in conditions comparable with those found in efficient organisations outside. This project is designed to be an economic success. Its industries, employing 240 prisoners, should have an annual turnover of £400,000. More important, Coldingley will test the possibility of "training the whole man" in an industrial prison environment with a regime to which all the other interests in the prison service can also make a contribution.

NON-INDUSTRIAL WORK

57. 80 per cent of the population at Coldingley will be employed on industrial work. In prisons as a whole only about half the population is so employed. Too many prisoners are at present under-employed in the domestic services of the prison, such as cleaning, and in the kitchens. There is room for much improve-

ment in the efficiency of domestic services and a start has been made by applying work measurement to such services and setting standards of efficient manning of parties. Several thousand more jobs will have to be provided in industry and building to absorb the prisoners released from domestic work.

FARMING

58. There is scope for similar improvement in farming. The Prison Department owns or rents about 11,000 acres of farm land. This employs an average of 1,200 people and produces about £600,000 worth of food a year. The yield from these farms is above the national average, but the use of labour is uneconomic, and there have been unrealistic assumptions about the training value of work on farms for men and boys likely to return to urban areas. There is scope, however, for a rationalised modern farm system giving efficient work to a relatively small number of offenders and making a contribution to the national economy. Some of the more isolated farms manned by parties of prisoners travelling daily from a parent prison might be capable of being developed as separate residential establishments. A study is being made of the feasibility of this and of the regimes that might be suitable. One suggestion is that they might be used as an experimental form of treatment for some categories of socially inadequate offenders.

ORGANISED WORK OUTSIDE

59. Some open prisons and borstals supply parties to work for farmers in the neighbourhood, particularly at harvest time. Other parties help to improve local amenities, such as canals, and take part in archaeological excavations. While the Government is in sympathy with the employment of offenders on outside work that has clear social value, the contribution prison labour can make in this direction is limited by security considerations, shortage of supervisory staff and the need to devote resources to improving work within institutions.

BUILDING WORK

- 60. There is wide scope for increasing the amount of building work done by offenders. There is nothing new in prisoners producing work that benefits the prison system and the Government does not accept that it is wrong so to employ them. Their labour can make an important contribution not only to the badly needed maintenance and rebuilding of some of the older prisons and borstals, but to the building of new establishments. The building of the detention centre at Eastwood Park, in Gloucestershire, was an example of what can be done. Almost the whole of the work was done by prisoners who were brought to the site daily from Leyhill and Bristol prisons. The buildings cost 25 per cent less (that is about £100,000) than they would have done had the work been done by outside contract. The prisoners benefited because their work had obvious purpose and value, and was done in conditions, and at a tempo, comparable to that of a sizeable building project. Both prisoners and staff benefited from the harmonious working relationships that grew up on the site.
- 61. The success of this project has encouraged the Prison Department to extend plans for the efficient use of its own labour force, for example in the rebuilding

of major parts of the borstal at Hollesley Bay, Suffolk, and of the prison at The Verne, Dorset, and in other long-term redevelopment plans*. These projects have shown the value of the right kind of training. The emphasis in trades other than building is changing to provide practical training that the prisoner can put to profitable use during his sentence as well as in employment after his discharge.

CO-OPERATION IN RESETTLEMENT

62. An important feature of the Eastwood Park scheme described above was the part played by the local officers of the building trade unions. They took an interest in the prisoners' work. Before the end of a prisoner's sentence they interviewed him and in suitable cases arranged his admission to a union and helped him to settle in the building trade on his discharge. The Amalgamated Union of Building Trade Workers has agreed to national arrangements of this kind. The Prison Department has made similar arrangements with the Transport and General Workers' Union and hopes to do so shortly with other unions; it is also seeking further co-operation from employers who might help in the resettlement of offenders on release. It is felt that young offenders in borstal can, for example, benefit considerably from an increase in building work, the practical training allied to it, and arrangements with trade unions to help in resettlement in the working community. In the engineering industry, co-operation with an outside firm has produced schemes under which prisoners are given production training on up-to-date engineering machines supplied by the firm and are able to apply for jobs in the firm's factories on discharge. These arrangements also have been made with the support of the trade unions.

EARNINGS

63. The average earnings of offenders in custody at present are 7s. a week. This is no more than pocket money. It allows no scope for savings to be made for the offender's discharge, or to help his family. As an incentive to hard work it is derisory. The Government believes that the improvement in the tempo of work, and the increasing opportunities to do a useful and productive job, can themselves have an important effect on the rehabilitation of offenders and the development of prison industries. But there must also be an improvement in earnings, and that must come from greater opportunity for employment in more skilful work. This approach makes sense in economic terms, and in terms of the general treatment of offenders. It is Government policy therefore to tie higher earnings to improved standards of work. New rates have been introduced and some prisoners will be able to earn up to 33s. a week in return for increases in productivity.

INCENTIVE SCHEMES

64. The new incentive schemes started in 1967 in the workshops at Kirkham prison in Lancashire and in selected workshops at other prisons. The prisoners employed on the building of the detention centre at Eastwood Park received incentive payments. The results were encouraging. A further experiment at

^{*}See paragraph 186.

Kirkham has shown that similar incentive schemes can be applied to other types of work and can produce an increase in productivity approaching 40 per cent. They also bring a much brisker atmosphere to the whole prison. The Government plans the extension of incentive schemes. Their introduction depends on the careful application of work measurement techniques by skilled staff and on the provision of more jobs to absorb the prisoners made redundant by more efficiently organised work. Progress is therefore steady rather than spectacular. 1,000 prisoners are now being paid on an incentive basis. By the end of this year there should be at least 2,000. An experimental scheme is starting at one borstal.

FUTURE PLANS

- 65. It is often suggested that offenders in custody should receive earnings comparable with those of average workers in outside industry and that from these earnings they should meet their commitments to their families, and the cost of their board and lodging, now borne by the taxpayer. The Government regards arrangements of this kind as its ultimate aim. But prison industries are clearly a very long way from being able to meet on an economic basis the £30 millions or more a year that it would cost to pay everyone now in custody the national average wage.
- 66. There are two possible policies that could be followed in the next few years. The general level of earnings of all prisoners could be gradually increased as the efficiency and profitability of prison industry improves, or increased earnings could be confined to those prisoners whose work became more efficient and profitable than the average: there are already some workshops which could support pay of several pounds a week to those working in them. These two policies are not mutually exclusive, and whatever increase becomes possible in the general level of earnings the Government hopes that individual prisoners will continue to be able to earn more than the average by their own efforts.

FOOD AND CLOTHING

- 67. Reference was made earlier to the basic elements of the prison regime. These include food and clothing. Prison food is wholesome and adequate. In the past the chief criticism has been that it was monotonous and badly served. Much has been done since the war to improve the preparation and serving of food, and, where space has been available, to improve messing facilities. Individual establishments are able to introduce more variety into their menus. The general standard of prison catering now compares favourably with that in hospitals and other institutions. As in any other institution the quality of the meals depends largely on the efforts and imagination of the person in charge of catering, and the general improvement of recent years owes a good deal to the work of the catering officers of the service.
- 68. Prison clothing has also been much criticised, and although many of the critics have underestimated the practical problems of providing serviceable clothing for a rapidly changing population, the Government agrees that there is considerable scope for improvement. Most women and girls in custody are now

allowed to wear their own clothing or civilian clothing bought for them. This has improved their morale and their self respect. The problems of security and discipline are different for men and boys in custody and the Government has no plans for allowing convicted offenders in male establishments to wear their own clothes. The aim rather is to encourage self-respect by improving standards of uniform clothing.

69. The battledress blouse has been the outward mark of an offender in custody for many years. It is neither smart in appearance nor particularly serviceable. It is now being replaced by a jacket that is more attractive and more comfortable to wear. Shirts, socks and underwear of a more modern design have also been introduced. The redesigned garments require fewer manufacturing operations in prison workshops and are cheaper to produce, and it has been possible to improve the frequency of issue, which is particularly important for underwear. It should soon be possible to introduce, without increase of cost, more variety into the clothing provided, and to allow most men and boys in custody some choice of what they will wear. It should, for example, be possible to have a range of shirts in different colours. Pyjamas are now being issued in prisons as well as in borstals (the latter have had them for some years); among the inherited Victorian traditions was one that required prisoners to sleep in their shirts.

MEDICAL SERVICES

70. Because of the National Health Service and changing social conditions the people who now come into custody are generally in a better physical state than those received into prison 20 years ago, and the treatment of serious physical illness forms a smaller part of the work of the prison medical officer than it did. But each prison or borstal has some accommodation for sick people and there are larger prison hospitals, some with up to 100 beds, to which patients can be transferred if they need treatment not so readily available in their own establishments. The prison medical service can call on the consultant and specialist services of the National Health Service and patients can, where necessary, be sent to outside hospitals.

PSYCHIATRIC TREATMENT

71. There is a steadily increasing awareness of the need for psychiatric care in custody and the last few years have seen substantial development in the psychiatric services. About 15 or 20 per cent of all offenders and more than half of all women in custody receive some form of psychiatric treatment during their sentence. Two-thirds of the full-time medical officers in prisons and borstals have had psychiatric experience outside the prison medical service and there are 40 visiting psycho-therapists. The psychiatric work in prisons is not confined to the treatment of those who are manifestly ill. There are many offenders who need some degree of psychiatric support and supervision at various stages of a sentence, especially a long sentence, and they include, inevitably, some who apply frequently to see a doctor for what is ostensibly some physical ailment. An important part of the work of medical officers in relation to the prison system as a whole is that of increasing the understanding among staff of all

grades who have to deal day by day with disturbed offenders. It is by this means, as much as by the various forms of medical and psychiatric treatment, that the service can lower the risk of violent outbursts by unstable offenders in custody.

72. Grendon, opened in 1962 as our first psychiatric prison, is pioneering the treatment of personality disorders in a prison setting, and techniques now being developed at Grendon may be of value in other establishments. There are other psychiatric centres in the prison service at which patients may receive psychiatric treatment. Both physical and psychological treatments are available. At some establishments special treatment is available for alcoholics, and the prison medical service is developing its work with drug addicts.

OTHER FORMS OF TREATMENT

73. Two widely differing examples may be given of the way in which modern medical techniques can assist in the rehabilitation of offenders. First it is well known that a considerable proportion of the young men and women who come into custody have been tattooed, and many regret it. Arrangements can be made for offenders to undergo surgery during sentence for the removal of unwanted or objectionable tattoos. Secondly there is reason to hope that a small number of abnormal sexual offenders may be helped by the use of hormone therapy as an adjunct to psychotherapy. This is an area in which pioneer work is being done in the prison medical service.

THE GENERAL RESPONSIBILITIES OF THE PRISON MEDICAL SERVICE

74. The prison medical service has a responsibility for the physical and mental health of all those in custody, and a responsibility to give advice on any aspect of their treatment, including living and working conditions, clothing, and diet. The prison medical officer may advise, for example, on the general type of regime most likely to suit a particular offender. The regular medical and psychiatric reports made on those serving life sentences are of great importance in deciding whether they can safely be released. (The note to Part IV deals with the procedures for considering the future of life sentence prisoners and the periods of time they should spend in custody.) A major responsibility of the prison medical service concerns unsentenced prisoners. Prison medical officers examine and report on the physical and mental health of those remanded in custody and awaiting sentence and offer such advice as courts may require. About 13,500 such reports were made in 1968*. For this work adequate diagnostic facilities and medical staff must always be available in local prisons and remand centres.

DEVELOPMENT OF PRISON HOSPITALS

75. The older prisons were built when the simplest physical care of offenders was the main task of the prison medical service. This situation has altered. Medicine itself has become more complex, and the current need is for the

^{*}In carrying out this work for the courts, as in some other aspects of their work, medical officers have the helpful co-operation of prison psychologists, whose general role in the service is discussed in paragraph 211.

expansion of selected prison hospitals to which patients can be transferred if they need treatment not readily available in their own establishment. Principal and Senior Medical Officers already supervise groups of smaller establishments to which they act as consultants and advisers. It is intended to develop the larger prison hospitals—by reconstruction or rebuilding if necessary—as group hospitals. These should be able to provide a fuller range of treatment facilities, especially in the psychiatric field, as well as making better use of valuable nursing staff; and they already have close and long-standing links with both N.H.S. and Teaching Hospitals.

PHYSICAL EDUCATION

- 76. Physical education and sport have always been seen as a valuable part of the regime in establishments for young offenders. Why not for adult establishments too? Here at present the facilities are often poor, but a start is being made. A new training centre for the initial and refresher training of physical education instructors, of whom the service now employs about 170, is to be developed at Swinfen Hall, and one of its purposes will be to make a detailed study of the ways in which physical education may assist offenders over the age of 40.
- 77. Where trained staff and adequate facilities are available, the physical education instructor can often help offenders who are not physically fit, by means, for example, of remedial gymnastics. Physical fitness is likely to help an offender in the daily routine of life in custody, enabling a man in a crowded local prison, for example, to come to terms with sedentary occupations making little demands on mind or body. Sport in prison can be more than an enjoyable form of exercise: it can provide the means of demonstrating a skill, and the offender who can prove to himself and to others that he has learnt a skill may improve his self-respect and gain acceptance in the eyes of other people. Not the least, physical education can assist the return of the offender to the community by helping to ensure physical competence to take up work outside.

EDUCATION AND VOCATIONAL TRAINING

THE PURPOSE OF EDUCATION

78. Education has been described as an aid to living. It has an important part to play in the life of the prison society, where, as in few other places where people are taught, the best teacher (as Sir Walter Raleigh said) is the one whose main interest is the scholars not the subject. Some prisoners will turn to it for the relief of boredom—to find that it pushes back horizons, occupies time in a personally satisfying way and increases self-respect. People in custody, as in society at large, include some who look to education for assistance in understanding themselves, their fellow men, and the world in which they live and work. At its most utilitarian level it provides a means of acquiring skills which will assist an offender on his return to the community.

THE PRESENT ARRANGEMENTS

- 79. Education for those in custody—remedial, academic, cultural, recreational, vocational—is provided by local education authorities at the invitation of the Prison Department. In the financial year 1968–69 the cost to the Department was just over £600,000. The local education authorities provide "tutor organisers", some full-time, some part-time, who are responsible for the education service in each establishment. There is a small but growing number of full-time teachers, but the great bulk of teaching is done by part-time teachers.
- All offenders under 21 have to attend a certain number of classes each week, but adults are free to engage in education or not, as they please. Most of it takes place outside working hours. But daytime education is provided for those who lack the basic skills of reading and writing, and normal working hours have been used for promising experiments in general education for a few selected offenders, especially those capable of advanced academic work. Over 200,000 individual classes are held each year, covering a wide variety of subjects. They include academic and technical subjects which may in suitable cases lead to offenders obtaining nationally recognised qualifications, current affairs discussions and, not the least important, the encouragement of handicrafts and hobbies. Under the terms of an award founded by Arthur Koestler in 1962, prizes are available to people in custody for work showing talent in art, literature, and music. The publicity given to these awards, especially by the arrangement of an annual exhibition, has helped to make more generally known what can be achieved under this kind of encouragement. The Koestler Award was extended in 1969 to achievements in the field of vocational training and industry.

PLANS FOR THE FUTURE

- 81. The present administrative arrangements are largely those recommended by the Prisoners' Education Advisory Committee in 1947 and conceal a good deal of variation, as between one institution and another, in the effectiveness of the education provided; a variation due partly to differences in the facilities available, the kind of people in each establishment and their average length of stay, but partly also to differences in their approach to education. Education in custody is generally least effective when presented as schooling and most effective when treated in an adult way and presented informally to small groups.
- 82. In the light of changes in the penal system and in the organisation of "further education" outside, the Prison Department has started to re-examine the place of education in the treatment of offenders. An immediate result has been the amalgamation of the education and vocational training units. The aim is to develop them under the guidance of a chief education officer into a "further education" service as that term is understood in the public system outside. The Department is also seeking closer co-operation with local education authorities, especially in the adult and further education fields, and liaison with voluntary bodies and with teachers' organisations is being strengthened. A review of the recruitment, conditions of service, duties and training of full-time and part-time tutor organisers and teachers has already been made.

83. The education service, especially in adult establishments, needs better accommodation, furniture, teaching aids, and equipment, although the claims for these have to be balanced against other claims. But most important is the need to relate a prisoner's education more closely to all other aspects of his treatment: an aim that is easier to state than to achieve. On the one hand, one of the strengths of a further education service is its voluntary character. Within the confined life of a closed institution, offenders benefit from taking part in activities which appear to have no direct connection with the rest of the regime. On the other hand, an offender's education, especially where it involves the acquisition of particular skills, or includes teaching to certain academic standards, ought to be closely related to his prospects after release.

VOCATIONAL TRAINING

84. Offenders are prone to believe that the difficulties that got them into prison will not recur on release if only they can be given a vocational training course. Often, therefore, they plead for inclusion in such a course without realising what is involved. A vocational training course will in the long run help an offender only if (a) it is within his capacities, (b) it provides a skill which will assist him in obtaining better employment on his release, and (c) he will have the opportunity, ability and determination to find and retain such employment. For many offenders, the shorter periods of training, for example in building work, described in paragraph 61, are more suitable. Nevertheless for a minority of offenders a vocational training course leading to an acknowledged qualification, such as that of the City and Guilds of London Institute, is valuable and appropriate. The Prison Department runs about 100 such courses a year. Most are in borstals. They are spread over 19 trades, including plumbing, welding, and electrical installation. In the financial year 1967–68, 897 people entered for public examinations at the end of these courses; 675 were successful.

RELIGION AND SOCIAL WORK

WORK OF THE CHAPLAIN

85. In the past the chaplain has pioneered much of the educational and welfare work among people in custody. The appointment of welfare officers, tutor organisers, and assistant governors has progressively relieved chaplains of such demands and given them a new freedom to develop their own contribution to the treatment of offenders. There are those who argue that, as a chaplain is responsible only for the spiritual welfare of the offenders, he should restrict himself to giving spiritual advice and interpreting religion in a narrow sense. The chaplains reject this view and increasingly regard themselves as members of a team of people concerned to help offenders. Training, in which chaplains and all ministers of religion share, is designed to help them to take their part with others who are seeking to affect the attitudes and behaviour patterns of the offender. The chaplain makes his own particular contribution and in addition to leading worship and administering the Sacraments he can meet offenders as individuals and remind all in the prison service of the uniqueness of each individual man or woman in his charge.

86. Increasingly, Britain is a multi-racial society, and offenders of different races and religions are committed to custody. In consultation with representatives of these groups in the community arrangements are made to enable prisoners of non-Christian religions to comply with the tenets of their faith in matters of dress and diet.

SOCIAL WORK

- 87. There is a particular place for the professional social worker. After considering a report by the then Advisory Council on the Treatment of Offenders, to which further reference is made in Part IV, the Government decided that from 1st January 1966 prison welfare officer posts should be filled by probation officers on secondment for limited periods. Prison welfare officers previously appointed became probation officers on that date and since then fresh appointments have been made by the secondment of serving probation officers. The number of posts is now about 200, double the 1966 figure. On 1st January 1969 the probation and after-care service were also made responsible for filling the social worker posts that had already been created in detention centres, remand centres and borstal allocation centres; and, like the prison welfare officers three years before, those in post became probation officers.
- 88. The welfare officer or social worker has an obvious role in giving immediate and "first aid" help with the welfare problems of offenders coming into custody, in acting as the focal point of social work in the institution, and, as explained in Part IV, in providing a link—throughout the man's sentence—between the institution and the members of the probation and after-care service working in the community. In many establishments, especially the local prisons, sheer numbers do not yet allow the prison welfare officer to undertake case work in any great depth. But at three prisons in the Midlands the number of welfare officers has been substantially increased as part of an attempt to assess the place of social work in prisons. The experiment is linked with research studies by the Home Office Research Unit, and although the results are not expected for at least another 18 months these investigations and the experiment itself have already helped to identify many of the problems of administration and organisation that need to be solved.

SOCIAL TRAINING

89. Previous paragraphs have described ways in which an offender during his sentence may receive help towards his rehabilitation and ways in which he may be encouraged to help himself. But if an offender leaves custody thinking only of himself he is unlikely to find a place in a society in which no-one can escape obligations to other people. Our forefathers were perhaps more confident than we that they knew how moral teaching should be given in prisons. The need for such teaching has not diminished, and the offender needs the opportunity and the encouragement to help other people. He can help those inside the institution and in many cases can also help those outside it. Offenders are often very generous, and their generosity can take the form, for example, of making toys for handicapped children. In borstals it is possible to go much further; most

borstals maintain close links with other establishments in their areas such as Cheshire Homes, psychiatric hospitals and old people's homes, and the young offenders visit these establishments and offer a range of practical and willing help. Detention centres, also, have recently been encouraged to find ways in which boys can give help to the community. Such voluntary work helps the people to whom it is given. But more profoundly, and sometimes more permanently, it helps those who give it. "One must be poor", as George Eliot said, "to know the luxury of giving."

IV

OFFENDERS AND THE COMMUNITY

FAMILY TIES AND LINKS WITH THE COMMUNITY

90. Most of the offenders who leave custody each year and return to the community have spent less than a year "inside". Those who have had the custody of them have increasingly realised the need to see the period inside as an interval between two periods outside, and not the other way round. This Part shows some of the methods that are used to help the offender in custody to see himself as still a member of society, to preserve his vital links with wife and family, and to assist his reabsorption into the community.

LETTERS

91. The limits that are still placed on the number of letters, and the number and length of visits, reflect the demands on staff resources for censorship and supervision, and the lack of space in visiting rooms. In this sphere, as in all too many others, it is the prisoner in the overcrowded local prison whose deprivations are the most severe. There are security and general reasons why the censorship of letters is necessary, but the Government has reviewed the rules, and in training prisons a man may now regularly write three letters a week, on two of which he himself meets the cost of postage, and receive the same number.

VISITS

92. In local prisons priority has to be given to visits to those who are on remand or who have appealed. Because of this, and the poor visiting accommodation, other prisoners may have to be limited to a visit lasting half an hour every four weeks. The Government does not regard this as sufficient. At other establishments longer visits are possible, and, at some, visits are now allowed every fortnight. Although many visitors still have to travel considerable distances, and may welcome help from volunteers in transport for the journey or in looking after the children, the decision to allocate as many men as possible to establishments within a Region* has done a good deal to make the visiting of long-term prisoners less difficult. So has the recent change which has enabled those in receipt of supplementary benefit, and others not in full-time employment who are equally badly off, to be assisted each month with the expenses of visiting a relative in prison, and not once in two months as previously. The governor can grant additional letters and visits when there is a special need for them to help a family to meet a domestic crisis.

^{*}See paragraph 170.

FAMILY PROBLEMS

93. It has been said that if prisoners share a single common factor it is their propensity to attract problems to themselves; and they are usually family problems. The prisoner can seek help from the prison welfare officer and through him from the probation and after-care service outside. He is seen, anyway, by the welfare officer soon after reception, and his immediate domestic problems can be referred if necessary to a local probation officer—often in touch with the family already and likely to remain so throughout the sentence. When the family goes to the prison on visits, the welfare officer will often be available to discuss their problems. We are a very long way from being able to provide for all prisoners and their families the skilled social work that they may need, nor, indeed, have we yet discovered how this type of social work is best done in the prison setting, but progress has been made.

CREATING NEW LINKS

94. Some of those in custody are so isolated that they have no ties with family or friends. To such men the work of over 750 prison visitors who regularly visit prisons is invaluable. Prison visitors were among the pioneers of voluntary social work in prisons and the unique appeal of the prison visitor remains—as one of them once put it—that "he is unpaid and comes to the prison because he wants to and for no other reason". Where there are no existing ties to preserve, the attempt is made to forge new ones. Various methods are being tried. At some prisons, for example, the governor will put an isolated offender in touch with a voluntary "associate", a man willing to attempt to build up a personal relationship with him both during sentence and after release. At others the local probation and after-care service has taken the lead in making similar arrangements.

YOUNG OFFENDERS

95. The previous paragraphs have been concerned primarily with the inmates of prisons. In borstals it has always been recognised that the young offender must be kept in touch with his family. Throughout the sentence there is direct contact between the training borstal and the probation officer who is going to be responsible for the supervision of the offender when he goes out on licence. In detention centres the problems are different because of the shortness of the sentence, but a social worker in each centre helps the young offender to keep in touch with his family by writing to them and by encouraging visits, and is in regular contact with local colleagues in the probation and after-care service who will supervise him after release.

HOME LEAVE

96. Another way of enabling someone in custody to preserve links with family or friends, or to make new contacts with people who may be able to assist him on release, is to allow him to visit them. It has long been the practice to allow young offenders at borstal a period of home leave towards the end of their training. Similar arrangements have existed at some training prisons and for long sentence prisoners. The Government has recently introduced an extension of home leave so that prisoners serving sentences of three years or over in training prisons are

now considered for *two* periods of home leave in the last year of their sentence. Prisoners serving two years and less than three will be considered for one such period. Further extensions of this scheme will be considered when the effects of the new arrangements have been assessed. The Government believes that the granting of home leave in suitable cases is the most promising way of assisting people in custody to maintain their family relationship. It believes this is a preferable alternative to allowing what are called "conjugal visits" by wives. There are manifest difficulties in providing acceptable conditions for such visits and a real risk that their artificiality would, on balance, do more harm than good to the marital relationship.

THE PERIOD BEFORE RELEASE

97. Almost every prisoner needs practical help in the period immediately before release (though not all will accept it). Whether or not the released prisoner is going to be subject to supervision on release, the prison welfare officer can assist him in finding accommodation before he leaves custody. The Department of Employment and Productivity will always help offenders to find jobs, and representatives of that Department regularly visit institutions to interview offenders and to try to place them in employment. All those at borstal, and all prisoners who have served long sentences, are given a full set of clothing on discharge; but these and other practical steps, though important, meet only part of the problem. An offender leaving custody may also face emotional and psychological problems, the nature of which will vary with his temperament and circumstances and the length of time he has been in custody. It has long been recognised that someone who has spent any considerable period in any closed community (not only a penal institution) may have difficulty in making the adjustment to life outside, and the aim has been to find various ways of making the change from incarceration to complete freedom more gradual. In borstal, the basis of training has always been the gradual widening of the offender's responsibilities and the range of choices open to him, and the lessening of control towards the end of the period in custody is often accompanied by a move from one borstal house to another. Likewise it is fairly common for a prisoner serving a long sentence, including a life sentence, to be transferred to an open prison towards the end of that sentence.

PRE-RELEASE EMPLOYMENT SCHEMES

98. Long sentence prisoners may be gradually re-introduced to freedom by leaving the prison every day during the last stage of their sentence and working for a private employer. Any prisoner serving a sentence of 4 years or more (including one serving a life sentence who has been given a date of release) is now considered for outside employment on such a scheme. The detailed arrangements vary slightly (and experimentally) from one prison to another; but in essence, a man who is selected for the scheme is allowed to take work outside the prison for about the last six months of his sentence. He may live in normal accommodation within the prison, or he may live in a hostel that is separate from, though within the perimeter of, the prison from which he goes out to work

daily. Plans are also being made for opening the first hostel to be physically separated from its parent prison as recommended by Lord Mountbatten in his report on prison security. The hosteller works for a private employer as if he were a free man, receiving normal wages, and meeting people outside the prison environment, and he is able to resume some of the obligations of a free man, for example by supporting his family. At the same time the prison staff can watch his progress. When the hostel scheme first started at Bristol prison in 1953 it was designed for men sentenced to preventive detention who were in the last months of their sentence. Some of these men had spent many years in custody on successive sentences and were so accustomed to life in an institution that they found it extremely difficult to cope with life outside. The scheme has greatly expanded since then and all long sentence prisoners, including men serving their first period in custody, are now eligible for consideration. There is a similar scheme for women. The main purpose of the scheme remains that of aiding the readjustment of people who may have spent long periods of their life in institutions.

SELECTION

99. It is not possible for all long term prisoners to work for outside employers in this way. Some men will have shown, perhaps by the nature of their offences, perhaps by their behaviour in prison, that they are not suitable. But each case is considered on its merits by the governor of the prison, who is advised by a selection board consisting of members of the prison staff who know the man, representatives of the Board of Visitors or Visiting Committee, and a representative of the Department of Employment and Productivity. The aim is to place those selected near their homes or near where they intend to settle after release. About 1,000 prisoners a year are eligible for consideration for this scheme, and about two thirds of those eligible are selected. There are about 375 places available at any one time. 75 of these places are at Pentonville, 48 at Wormwood Scrubs and 46 at Wakefield. The remaining 200 places are divided among 18 other establishments in various other parts of the country.

SAVINGS

100. It is implicit in this gradual re-introduction to freedom that a prisoner is not given complete control of his weekly wages. The first call on his income is the amount, if any, being paid by the Department of Health and Social Security for the maintenance of his dependents. Then a charge is made for his board and lodging in the prison. He retains any money necessary for fares and lunches, and also up to 30s. as pocket money. The remainder—a minimum of £1—must be saved. Thus a man supports his family, has normal responsibilities, and also saves money towards discharge at a rate which usually means that he leaves custody with at least £25, and maybe a good deal more. When the man's wage is insufficient to support both his family and himself, it is possible to help him by abating the board and lodging charge and by other subsidies. He is allowed weekend leave to visit his home, and a certain degree of freedom during the evenings.

RESEARCH

101. The Home Office Research Unit is undertaking research into the effects of the scheme. The research covers selection, men's behaviour while in a pre-



1. A prison officer talking with inmates at Leyhill open prison, Gloucestershire. Officers are encouraged to make informal contacts with prisoners in their charge.



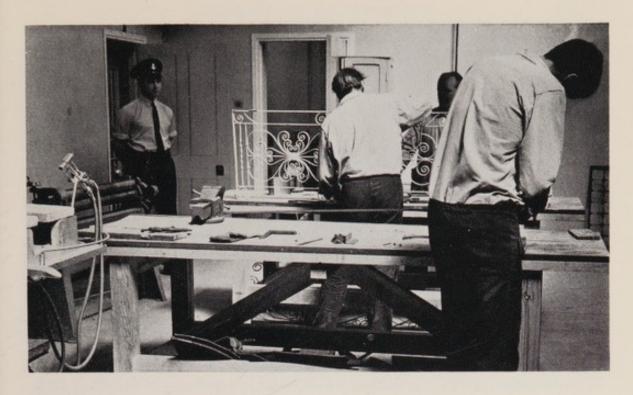
2. Group counselling at Swansea prison. It is hoped that research may in time show what types of offenders are receptive to this form of treatment. It is already clear, however, that staff involvement with prisoners has brought about a lessening of tension and a reduction of violent outbursts by prisoners.



3. A prison sister encourages a mentally disturbed inmate of Askham Grange open prison to take an interest in her surroundings. More than half of all women in custody receive some form of psychiatric treatment during their sentence. The majority of the full time medical officers in prisons and borstals have had psychiatric experience outside the prison medical service and there are 40 visiting psychotherapists.



4. Week day visiting at Blundeston—a modern prison in Suffolk. At week ends the demand on accommodation is very much greater. In local prisons, priority has to be given to visits to those who are on remand or have appealed and other prisoners may have to be limited to a visit lasting half an hour every four weeks. At other establishments, longer visits are possible.



5. Prisoners in the workshop of the special security wing of Durham prison.



6. A prison officer watching the perimeter from the security control centre at Gartree prison, Leicester. Following the implementation of most of the recommendations of the Mountbatten Report, the number of escapes from closed prisons and remand centres was reduced to a quarter of what it had been. The aim has been to concentrate on perimeter security so that there should be as few restrictions as possible on the activities of prisoners.



7. Spot welder in the metal shelving workshop at Coldingley prison. The regime of this prison, which was opened in October 1969, is geared to industry and prisoners work in light engineering or in the laundry, with equipment and conditions comparable with those found in efficient organisations outside the prison system.



8. Sewing mailbags by hand in Wandsworth prison. There are some old and overcrowded workshops known as "occupational" shops where both the number and the quality of the labour force means that employment is little more than a way of spending part of the day. However, the organisation of prison workshops is being improved wherever possible.

release hostel, the attitudes of men and staff to the scheme and a comparison of offences and work records before and after the sentence. Provisional results indicate that those who successfully completed the hostel period were slightly less likely to be reconvicted after *final* discharge than if they had been released direct from prison and that these men seem better able to maintain themselves in work.

AFTER-CARE

102. The development of after-care has followed a pattern to be found in this country in many other services aiming to help people in need. It had its beginnings in voluntary effort in the nineteenth century; it was continued in the twentieth by voluntary organisation, in partnership with public agencies: and it has now become the responsibility of a statutory service—the probation and after-care service. At the same time, and here again the pattern is not unique to after-care, the total task is not one which any statutory service can tackle unaided. The help of members of the community is needed, working under the guidance of trained professional workers.

THE NEW ORGANISATION

103. The major changes of the last few years were foreshadowed in 1963 by a report from the Home Secretary's Advisory Council on the Treatment of Offenders. This recommended that professional social workers should be employed on after-care, both in penal institutions and in the community, and that there should be a greater use and involvement of community resources in the rehabilitation of offenders. These recommendations were accepted. The enlargement of the probation service into a probation and after-care service was given formal effect in the Criminal Justice Act 1967. The Government also decided that social workers in prisons and detention centres should belong to, and be drawn from, the probation and after-care service. (The present arrangements for borstal after-care are dealt with in Part VI.) By 1967 therefore the foundations had been laid for a unified professional after-care service.

OFFENDERS LIABLE TO RECALL

104. Offenders who were under 21 when sentenced are subject to supervision in the community after release from custody. So are (a) those adult offenders granted early release on licence under the new parole scheme referred to in paragraph 114; (b) those subject to an extended sentence (whether paroled or not); and (c) those released on licence from a sentence of life imprisonment. For offenders in these categories*, supervision in the community is part of the sentence; and the sanction of recall to custody exists in the event of failure to observe the terms of supervision. Apart from these, most adult offenders are not subject to recall or to compulsory after-care, but they are encouraged by prison welfare officers to take advantage, voluntarily, of the after-care that is offered.

THE PURPOSE OF AFTER-CARE

105. The aim of after-care, whether or not it is backed by the sanction of recall to custody, is not only to assist the offender on his return to society but also to

^{*}There are very rare exceptions, e.g. where the offender is going to live abroad after release.

give him continuing help with fundamental problems that may have got him into trouble. The licence provides an element of control and stability during the period of resettlement when an offender is at greatest risk. Used imaginatively, it can set limits whilst the individual builds up his own controls; for in this process of re-adjustment after-care gives the offender the help of a skilled caseworker who will not only assist him directly but may also mobilise on his behalf the resources of the community provided either by statutory or voluntary agencies or by individuals.

THE WORK OF THE PROBATION OFFICER

106. If the offender is to derive the maximum benefit from after-care, its foundations need to be laid early in his sentence. It is easier to do this if the offender or his family have already had some contact with the local probation and after-care service. More and more often, a probation officer will have seen the offender while he was making a social inquiry for the court before sentence. After sentence the probation officer at the court tries to see him to discuss any urgent domestic or other problems with him, and to make sure that, if he has a wife and family, they are given help and advice while he is in custody. So far as is practicable, and this depends on the availability of staff as well as on the attitude of the family, contact is maintained both with the family and with the prisoner during sentence, and the probation officer will try to visit the prisoner before his discharge to discuss plans for his future.

107. Which would be the more effective, voluntary after-care on a more intensive scale or compulsory after-care for more and more offenders? There is evidence that the approach described in the previous paragraphs is providing the answer. With the encouragement of the probation and after-care service, and, in particular, of the prison welfare officers, more adult prisoners are making use of "voluntary after-care" facilities. In 1966, the first year in which the probation and after-care service became fully responsible for it, 18,522 prisoners had some contact with the service after release. In 1967 this figure increased to 22,441, contact being maintained also for longer periods. This trend continued in 1968 and it may well be that experience will confirm that it was right to have contemplated the extension of voluntary after-care rather than a general extension of compulsory after-care to larger groups of adult prisoners.

OTHER AGENCIES

108. Because the probation and after-care service is a nation wide service, the probation officer being equipped by his training to carry out this form of social work, it is right that the major contribution to after-care should be made by that service, and by probation officers in the districts to which offenders go on release. The work of the service can and should, however, be supplemented in various ways, including the continuing interest of members of the prison service in former offenders. At a few establishments members of the staff who have been concerned with individual offenders have been encouraged to maintain contact with them after discharge; and this is particularly appropriate where the staff have developed special skills in the handling of disturbed offenders and have won their trust.

VOLUNTARY EFFORT

- 109. As indicated in paragraph 102 the individual citizen will always have a part to play in the many social services that aim to help people in need, and nowhere is this more so than in achieving the main object of prisoners' after-care: the reintegration of the offender within the community. In 1965 the Government appointed a Working Party under the Dowager Marchioness of Reading to advise on the best possible use of this voluntary effort, and it has produced two valuable reports.
- 110. Probation officers are increasingly recognising the value of volunteers, of whom there are now over 1,200 working actively in conjunction with the probation and after-care service. They provide a wide range of support-from babyminding during prison visits and collecting prisoners' luggage, to the long-term befriending of wives and families during the prisoner's absence and of the whole family after his release. The work of such a volunteer, or "associate" as he is more usually called, can best be summarised as the provision for an ex-prisoner of someone who will befriend him, knows and accepts his story of past failure, and is willing actively to help him to a more successful future. It is someone to whom he can turn for guidance and advice on matters often outside the range of the official agencies, and whose help is sometimes as simple as the filling up of a form, the drafting of a letter, or the making of a telephone call. The "associate's" main strength lies in the fact that he has a status which his protege has temporarily lost, and that he is willing to use it for his protege's benefit; for the latter's biggest loss is usually his self-esteem, the most profound consequence of imprisonment. A housing society has been formed to help to prevent the break-up of families as a result of imprisonment, and many other voluntary societies and trusts are finding ways of helping ex-offenders, including helping them to find jobs, and of providing the financial means. Supplementary financial support is provided by the Home Office for approved organisations undertaking such work.

AFTER-CARE HOSTELS

111. A particular field in which voluntary organisations have always taken a leading part is the provision of hostels for offenders. The substantial number of offenders who have nowhere to go on release obviously face special difficulties, and experience shows that they are very likely to return to prison, often after conviction for comparatively minor offences. The Government decided, having considered a Report by the Working Party mentioned in paragraph 109 that it was right to retain the voluntary and non-official character of after-care hostels, which is known to make them more acceptable to those who would use them, but also that Government financial help should be made available to them.

FINANCIAL PROVISION

112. Grants have accordingly been given since 1965 to those hostels which provide personal help and support for offenders in addition to reasonable standards of board and lodging. The condition of grant is that the offenders in the hostel have been discharged from custody in the preceding twelve months or are subject to compulsory supervision. The grant is designed to help to meet the difference between contributions from residents to their board and lodging and the running costs of the hostel. The annual grant per place was increased from

£100 to £125 in April of this year. The Government also recognised the difficulties facing hostels which aimed to give continued support to certain groups of former prisoners with special problems—for example, alcoholics—and a higher annual grant with a maximum of £200 per place for hostels meeting these special needs, introduced in 1968, was increased to £225 on 1st April of this year. At present 72 such hostels receive grants in respect of 774 places for former prisoners.

113. Some voluntary bodies have not found it easy to raise the capital needed to build or extend hostels. In 1967 a Housing Association was formed to acquire, convert and hold properties to be managed by voluntary bodies as after-care hostels. It is run by an honorary committee, but the Home Office has made grants to meet administrative costs and to provide some working capital. It can obtain grants and loans from local authorities on the same basis as any other housing association. The Government hopes to see a considerable increase in this kind of hostel provision for former prisoners in the next few years.

PAROLE

114. Under section 60 of the Criminal Justice Act 1967, every prisoner serving (in effect) a fixed sentence of imprisonment of over 18 months is eligible for consideration for parole when he has served one third of his sentence, or 12 months, whichever is the longer. Unless he specifically declines the opportunity, each prisoner who is eligible for parole has his case considered by a local review committee at the prison in which he is detained. The committee reports to the Home Office, and all cases in which a committee thinks a prisoner suitable for parole are now referred by the Home Office to the Parole Board. Additionally, some cases are referred which the local committee has not deemed suitable. No prisoner may be released on licence unless the Board recommends release to the Home Secretary.* The licence prescribes the conditions with which the prisoner must comply while on parole, and the Board has statutory responsibility for advising the Home Secretary what these conditions should be. Where a man on parole is in breach of the conditions of his licence, the Home Secretary may refer the case to the Board which considers whether he should be recalled. (If the recall is urgent, the Home Secretary may authorise it himself, but the case has to be considered by the Board as soon as possible).

RESULTS SO FAR

115. The Parole Board, under the chairmanship of Lord Hunt, began considering cases in November 1967 and the first prisoners were released on licence on 1st April 1968 when the relevant provisions of the Act came into force. The Board is an independent body, and in its initial report† it gives a full account of the first year's work and that of the local review committees. By 30th September 1969 the Home Secretary had accepted the Board's recommendation to release 2,500 prisoners on licence. Only 91 of them had to be recalled during this period. The Government believes that the results so far achieved, and the very small number of offenders whose licences have had to be revoked, are encouraging and go far to justify the hopes expressed when the scheme was introduced. The following table gives the figures in more detail:

^{*}See note at the end of this Part about life sentence prisoners.

[†]The Report of the Parole Board for 1968. House of Commons paper 290.

PAROLE STATISTICS—From the inception of the scheme up to 30th September 1969

C Second Review of Cases in A or B	224	1,831	1,090	741	792 (51)	110	177	490	15
B First Review of Prisoners Eligible after 1st April 1968	649	8,948	6,376	2,572	2,741 (169)	444	548	1,626	123
A Prisoners Eligible on 1st April 1968 When scheme started	417	4,347	3,315	1,032	541 (61)	dody dody dod bill bill bill bill bill bill bill bil	08	406	25
	1. Prisoners declining to be considered	2. Considered by local review committee	3. Not recommended by local review committee	4. Recommended by local review committee	5. Total sent on to the Parole Board by the Home Office*	6. Not yet decided	7. Not recommended for Parole by the Board	8. Recommended for Parole by the Board	9. Recommended by the Board for later consideration but before the next formal review

^{*} The figures in brackets, which have been included in the totals, are of cases not recommended by the local review committees.

A STAGE IN REHABILITATION

116. It is only a minority, although an increasing minority, of prisoners who are found suitable for parole. For them release on licence represents an important stage in the process of rehabilitation, a stage during which an offender who would otherwise be still in prison is assisted to resettle in the community with the help and supervision of a probation officer. In considering whether a prisoner is suitable for release the local review committee, the Home Office, and the Parole Board need to know about his past record, the circumstances of his offence, his social background, his general attitude and response in prison, and his probable circumstances on release. In the past these matters have often been looked at in isolation; the home conditions and the likely circumstances on release have appeared to be the concern of the probation and after-care service, and the offender's time in custody the concern of the prison service. The introduction of the parole scheme has made more apparent than ever the need for a continuity of approach and treatment. This has led the prison service to keep better records of the information available about each prisoner who will become eligible for parole. Even more important, it has reminded all those who deal with the prisoner of the need to look outwards towards his return to the community and not to see a spell in custody as a self-contained episode.

THE PROBATION SERVICE AND PAROLE

117. Members of the probation and after-care service provide information about an offender's social background both at the time of his conviction and when he is being considered for parole. Reports by the prison welfare officers are available to local review committees and to the Parole Board. When it has been decided that an offender should be released on licence, the arrangements for his release are discussed between the prison welfare officer and the probation officer who will be supervising the offender after release. The probation and after-care service thus plays an essential part in the earliest stages of a man's preparation for release, as well as giving him skilled assistance during the period of supervision.

RESEARCH

118. There is no doubt that the introduction of the new arrangements has affected the attitudes and responsibility of the prison service and of the probation and after-care service, and has had the incidental but valuable effect of strengthening the co-operation that was growing between them. It is too early to judge the success of the new legislation in its primary aim of assisting the resettlement of offenders. Research is being carried out on the effect of the scheme on all prisoners eligible for parole and also into the methods of selecting prisoners for release.

THE EFFECTS IN THE PRISON

119. Account must also be taken of the effect of the scheme on the majority of prisoners who are not granted early release. In 1968 there was some anxiety lest refusals might not only embitter the individuals concerned but also have an

adverse effect on the general atmosphere of the prison. These gloomy forecasts have not been fulfilled. The prison staff dealing with men serving very long sentences who are not suitable for parole have the difficult task of helping them to come to terms with their situation, but the provision for regular review means that the prisoner serving a long fixed sentence need not feel that all is lost if as a result of a review he is not released on licence. His case must be reviewed again after 12 months-provided that a month or more on licence would still be possible—and may be reviewed after a period shorter than this. Parole has already become an accepted part of the prison scene, viewed with hope or cynisism according to the temperament of the offender, but offering the possibility to many that they can affect their own future by their own efforts.

NOTE TO PART IV eastody. We must try through research

Life Sentence Prisoners

The previous paragraphs, and the figures given in them, have referred only to prisoners serving fixed sentences of imprisonment. The Parole Board also advises on the release of life sentence prisoners (or persons detained during Her Majesty's Pleasure). Because these sentences are indeterminate and the risk to the public potentially greater, the release of such prisoners is governed by a somewhat different procedure. Each case is carefully considered at an early stage and a date is fixed for review, normally after four years, though in rare cases a review may be held earlier. This review at four years is carried out in the Home Office, its main purpose being to decide whether, exceptionally, the local review committee should be asked to review the case within the following two years. Such a review is unusual. The usual practice is to seek the views of the local review committee after an offender has served seven years whether or not it appears likely that a provisional release date can reasonably be fixed. (Such a date is usually fixed a year in advance.) The Home Office considers the case and forwards it to the Parole Board whether or not the committee's recommendation is favourable. The Lord Chief Justice, and the trial judge if available, must by law be consulted before any prisoner in this category is released. The note on page 14 deals with the actual periods likely to be served in different cases.

V

ASSESSMENT AND RESEARCH

INTRODUCTION

120. This White Paper has now described some of the work of the prison service and some of the methods used in the treatment of offenders. What results are being achieved? Some things can be measured: the rise in the output of prison industries or the fall in the number of escapes. But we have no effective means at present of measuring other things: the value, for example, of the educational programme of a borstal, or of the psychiatric treatment provided in a prison. Nor have we the means of estimating the cost to the community of the crimes that the offender might have committed had he *not* been confined to custody. We must try through research and the use of new financial and economic techniques to find ways of evaluating the results of the prison system as a whole, but this is not an easy task and we are a long way from being able to make such comprehensive assessments.

121. Nor can one generalise about the effect on offenders of their treatment in custody. The testimony of those offenders who write books and articles about prisons is not necessarily representative, or even accurate, although it cannot be ignored merely because it is not in general flattering to authority. A more favourable picture can be drawn by using the testimony of those offenders who express appreciation of efforts made by the staff to help them, but it would be equally unwise to place too much reliance on them. We must also remember, and this is the vital importance of after-care, that it is what happens to an offender after he has left custody, rather more than what happened to him in custody, that may determine whether or not he returns to crime.

RECONVICTION RATES

122. Information can and should be collected about how many offenders are again convicted after release. There are, however, certain weaknesses and limitations about the use of "reconviction rates" as a means of measuring the results of a form of penal treatment. It must never be assumed that an offender who goes straight after release does so because of what happened to him in custody. Nor must it be assumed that an offender has gained no benefit from his treatment in prison or borstal because he again comes before the courts. His reconviction may be for a relatively minor and isolated offence as a result of which he may not return to custody and which may not prevent him from becoming an acceptable and useful member of society. Finally, because offenders, even those serving similar sentences, vary so widely in their temperaments, backgrounds, and criminal or non-criminal careers, an average reconviction rate may conceal such wide variations as, of itself, to be of little significance.

123. All this should be borne in mind in considering the information given in the following paragraphs. The figures given come from a combination of statistics now obtained by the Home Office Statistical Division and the results of special research by the Home Office Research Unit*.

ADULT OFFENDERS

124. There are no figures yet available to show the average reconviction rates of all adults released from imprisonment. Indeed they form so heterogeneous a group that such general figures would hardly be useful. The following information is based mainly on records of adult men released from sentences of over 18 months' imprisonment during 1965. Slightly more than half the men who have served sentences of more than 18 months for an indictable offence are reconvicted within two years of release from prison. Only a small, and diminishing, number of offenders are now sent to prison for a first offence. Of these first offenders, 90 per cent are not reconvicted within two years of release. At the other extreme, more than two-thirds of persistent offenders released after serving sentences of 4 years or more are reconvicted within two years of release.

YOUNG OFFENDERS

- 125. There are also a wide variety of young offenders in custody at any one time, ranging from a few with no previous convictions to those who have often offended before; and some of the latter will already have experienced the full range of methods at the disposal of the courts. The figures† show that, on average, between 55 per cent and 60 per cent of young offenders released from senior detention centres are reconvicted within three years. So are about 70 per cent of those released from borstal. Of the young men released on licence from prison after sentences of over three months about 75 per cent are reconvicted within three years.
- 126. These are average figures, and it is the general experience with offenders of all ages that first offenders are less likely, and offenders with several offences are more likely, than the average to offend again. About one in eight of the boys at detention centres and one in thirty of those at borstal were first offenders, and the information available suggests that the reconviction rates for these first offenders were in each case about 20 per cent lower than the averages given in the previous paragraph. So, for example, only 40 per cent of first offenders released from senior detention centres were reconvicted within three years.
- 127. On the other hand, young offenders with a series of previous convictions could be expected to have reconviction rates worse than the average. A court dealing with an offender under 17 is nowadays unlikely to make an approved school order until the boy concerned has appeared before the courts on several occasions; similarly borstal or imprisonment are sentences given to the more

^{*}While a good deal of statistical information is available about offenders sent to detention centres and borstals the information about prisoners has in the past been inadequate. The Home Office Statistical Division have introduced new systems which should provide better statistical information in future not only about the reconviction rates but for other purposes. †Because of the use of the three year "follow-up" period, the latest figures available are those for offenders released in 1965 and for reconvictions up to 1968.

serious offenders, many of whom have experienced the range of institutional sentences available to the courts for juvenile offenders. It is not therefore surprising that young offenders for whom past institutional treatment has already proved unavailing should have reconviction rates which are 10–15 per cent higher than the appropriate averages quoted in paragraph 125. Thus as many as 80–85 per cent of young men released from borstal with past experience of juvenile institutions were reconvicted within 3 years.

128. To some these reconviction rates will seem dauntingly high; they certainly reflect the measure of the problem which the staff in detention centres and borstals have to face and live with. But it is right to see the figures in positive terms. The following table summarises the information in the three previous paragraphs in terms of the proportion of young offenders who were not reconvicted within three years of leaving a senior detention centre or borstal.

Type of Offender	Percentage NOT reconvicted within three years of leaving			
	Detention Centres	Borstals		
First Offenders (a)	60–65	50		
previously attended approved schools (b)	30-35	15-20		
All offenders	40-45	30		

- (a) The proportion of first offenders among those received into detention centres and borstals was 12 and 3 per cent respectively.
- (b) These offenders accounted for 11 and 35 per cent respectively of all receptions at detention centres and borstals.
- 129. Changes in the type of offender sent to custody are likely to produce changes in the reconviction rates for that type of custody. An apparent worsening in the records of those released from borstal may therefore be due to an increased proportion of young men who reach borstal only after the courts have tried other methods of dealing with them. Allowance can be made for these changes and calculations done of the number of the various groups of offenders who, in the light of experience, can be expected to be reconvicted. When the necessary allowances have been made, the changes in the reconviction rates of young offenders released from custody are seen to be in line with changes in the type of offender committed to custody in the last few years.

PERSISTENT OFFENDERS

130. What really matters to the community is not so much the number of young offenders who are reconvicted on one occasion after release as the number who repeatedly commit further offences and end among the hard core of the persistent adult offenders. Of the 70 per cent of those released from borstal who are reconvicted, perhaps one fifth to one quarter are reconvicted only once and thereafter stay clear of further trouble. Those young offenders most likely to continue in a life of crime are those who are first found guilty at an early age. Any study of adult prisoners shows a high proportion of those whose criminal

career started early and even, for example, among long sentence prisoners at Dartmoor, a record of early offending and early institutional experience continues, statistically speaking, to increase the chances of reconviction many years later. This persistent recidivism, whose roots may go back to an offender's childhood, illustrates the importance of the measures which the Government is taking to deal more effectively with offenders under 17. It also represents the most intractable problem confronting the prison system of this and other countries, on which much more work needs to be done.

RESEARCH

131. To find other answers to the question "what is achieved" we must turn to the results of research. It is not the purpose of this White Paper to attempt a summary of the present state of knowledge in penology and criminology; these disciplines cover a very wide field of which research on custodial sentences (particularly prison sentences) constitutes as yet a relatively small part. It seems appropriate, however, to give a brief outline of the main aims of such research, some of the conclusions suggested by the results so far obtained, and a short summary of future plans.

AIMS

- 132. The aims of research on custodial sentences may be set out as follows:
 - (a) It is generally agreed that imprisonment, or any custodial sentence, may serve several purposes: for example, protecting the public by keeping offenders segregated from the community; acting as a deterrent to potential (or actual) criminals; and providing an opportunity for reform or rehabilitation. Investigation of the extent to which all these purposes are fulfilled or could be better fulfilled should be the main object of research in the prison system; and it is the last of them that requires the greatest research effort.
 - (b) Research, then, has to evaluate the effectiveness of imprisonment compared with other kinds of sentence—fines, probation and so on and also has to study the relative value of various methods of dealing with different types of people serving custodial sentences. Older, well-established routines have to be studied, as well as newer and more promising techniques suggested by experience or by the results of research itself.
 - (c) Continuing observation and assessment of the organisation and management of the prison system is needed if research is to be of real value to it. Such work includes the collection and transmission to management of information about the working of the system, including the study of communications and the structure of responsibility, the way in which staff are employed and their roles vis-a-vis the prisoners.

CURRENT STATE OF RESEARCH

133. The Note at the end of this Part lists some investigations being carried out. The list is not comprehensive, but indicates the main areas of current

research. A broad, imprecise distinction can be drawn between descriptive research (the attempt to state with authority what is happening—a task not as easy as it sounds) and evaluative research (the attempt to assess the results of what is done).

- 134. The greater part of research effort so far has been devoted to attempts to evaluate the effects of different kinds of sentence on offenders' subsequent criminal careers. The fact that a known proportion of discharged prisoners are not convicted again does not of itself tell us anything about the efficacy of the way in which they were treated in custody. We need to estimate, for we can never know, what would have happened to a prisoner if the court or the prison system had dealt with him in some other way. We can attempt this by comparing the subsequent criminal records of similar groups of offenders given different sentences or allocated to different kinds of routine or regime. A difficulty immediately arises. Such comparisons would be completely valid only if the individuals in the experiment had been allocated randomly to the different sentences or regimes in the first place. This is something that, for obvious reasons, is not ordinarily possible. The alternative is to make statistical corrections for relevant differences between the groups before making the final comparison.
- 135. Investigations carried out so far suggest that fairly crude measures of an offender's past criminal history have a closer statistical association with his future criminality than either the decision of the court or what happens to him in custody. This suggests that prison or other penal measures have only a limited beneficial effect on offenders, but it may also mean that we have not yet learnt to select the best way of treating different types of offender, so that bad effects on some cancel out the good effects on others.
- 136. Much further work remains to be done in order to see whether differences in the personality and social backgrounds of criminals can be used effectively to make some broad classification for the most hopeful forms of treatment. Such research may also suggest new and better forms of treatment, and any that are promising must be tried out and evaluated.
- 137. Research has confirmed already that a steady proportion of recidivist prisoners are basically inadequate people who cannot cope unaided with the demands of life "outside" and who have never had, or have lost, the family and other ties that assist more fortunate citizens in times of difficulty. Such people clearly need long-term support, but the right way to provide this is not by successive periods in prison. Development of hostels and "half-way houses" may well prove a more successful and economical alternative. Research has also indicated that reconviction rates would not be reduced if a larger proportion of offenders were committed to custody, or if those imprisoned were given longer sentences. A policy of keeping as many offenders as possible out of custody still seems the correct one and will continue to shape Government plans.

FUTURE RESEARCH

138. Plans drawn up by the Home Office Research Unit, and now under consideration, include proposals for a detailed description of the male prison

population and of prison routines and regimes, particularly of work in prisons and the attitudes of staff and prisoners to it. A good deal of previous research in penology has been concentrated on young offenders, but little has been done to attempt to describe the adult male population in prisons—the large majority of people for whom the Department has to provide; nor has there yet been enough scientific description of the treatment that prisoners receive or of their reaction to it. Investigation of regimes, and their evaluation, lead naturally to the study of attitudes among staff and prisoners, to observation of the various roles that staff are required to play in the course of their work and of the effect of all this on the prisoners themselves.

NOTE TO PART V CURRENT RESEARCH PROJECTS

(See Paragraph 133)

Research Supported by Home Office Grant

Cambridge University (Institute of Criminology)

An evaluative study of the training programme of a medium security borstal. A study of the nature and origins of parole and an examination of the operation of two American parole systems.

A descriptive study of the prison population at Birmingham, and of transfer to and from other prisons.

Durham University

An investigation of psychological changes associated with long-term imprisonment.

London University (University College)

A comparison and follow-up study of boys aged 17-20 in borstals, prisons and detention centres.

Borough Polytechnic

Research into certain aspects of parole.

Manchester University

A general sociological study of Styal prison for women.

Maudsley Hospital, Institute of Psychiatry

A study of women offenders in Holloway prison.

Oxford University

The use of Part V of the Mental Health Act, 1959, including transfers from penal institutions to mental hospitals under sections 72 and 73 of the Act. A population study of Oxford Prison.

Southampton University

An investigation of the social difficulties which arise from a conviction for a criminal offence

An evaluative study of anxiety reactions in relation to criminal impulses. An examination of the nature of some existing prison regimes.

Blackfriars Settlement

A psychiatric examination of men and women allotted to after-care "associates" and a descriptive report on all stages of the "associate" scheme.

Royal London Prisoners' Aid Society

A comparative study of a newly established short-term hostel and an existing hostel for ex-prisoners.

Research not Financed by the Home Office, but for which facilities have been given by the Prison Department

Durham University

An investigation into the possibility of distinguishing at an early stage between persons with definite criminal tendencies and those who are "circumstantial" criminals.

Hull University

An evaluative study of the working of the parole system.

Keele University

A study of the extent to which imprisonment may make persons more criminal.

London University

A study of the sociology and psychopathy of murder based on people indicted for murder between 1957–1967.

London School of Economics

A study of the types of crime committed by women.

A study of compulsive gamblers.

Manchester College of Commerce

A study of institutional influences on delinquent adolescents.

Maudsley Hospital—Institute of Psychiatry

A comprehensive study of the problems of alcoholism including the suitability or otherwise of short term imprisonment.

A sociological study of drug addiction.

Southampton University

A study of the effectiveness of staff/inmate discussion groups in prison.

Research being carried out by the Home Office Research Unit and Statistical Division

An estimation of reconviction amongst prisoner groups. (See paragraph 124.)

A comparison of men serving first and second prison sentences.

Research into prison industry.

An assessment of the hostel scheme for long sentence prisoners. (See paragraph 101).

Research on criminals sentenced to life imprisonment.

A study of selection for parole and the operation of the parole system. (See paragraph 118.)

Statistical description of the female prison population.

The effect of the imprisonment of women upon their families.

A study of girls sentenced to borstal, including problems of resettlement.

A comparison of 16-year-old boys in senior approved schools and borstals.

A study of the characteristics of adult male prisoners who escaped from closed prisons or absconded from open prisons before January 1967.

A new report on Murder 1957-68.

A further study of time spent awaiting trial at Higher Courts.

A Midlands experiment in prison welfare and after-care. (See paragraph 88.)

Research being carried out by, or under the supervision of, psychologists in the Prison Department

An investigation into factors associated with failure on release from senior detention centres.

An investigation into changes in inmate behaviour at a psychiatric prison.

A comparison of some aspects of men serving life sentences who were imprisoned before 1957 with those sentenced subsequently.

A study of the characteristics of men sentenced to long term imprisonment in the South East region.

A comparative study of the effects of different types of borstal training involving the controlled allocation of similar offenders to different regimes. (See paragraph 43.)

An examination of staff attitudes in a psychiatric prison.

The evaluation of a hostel used as part of borstal training. (See paragraph 153.) An investigation into personality and drug-taking within an adolescent remand population.

A study of treatment methods in a detention centre.

Research being carried out by Prison Medical Officers

Evaluation of the methods used at a psychiatric prison in dealing with disorder of personality.

A study of drug addicts.

A study of the problem of incest.

A study of abnormal chromosome characteristics.

A study of methods of treatment of some sexual offenders.

A study of methods of treatment of alcoholics.

VI

THE STRATEGY OF THE PRISON SYSTEM

INTRODUCTION

139. This Part of the White Paper deals in turn with the main groupings of the present system, namely those dealing with women and girls, with young men under 21, and with men over 21. It summarises the present strategy of each part of the system. It then describes a building programme that appears, in the light of the current strategy, to make the best use of available resources.

THE ADVISORY COUNCIL ON THE PENAL SYSTEM

140. It is the Government's responsibility to determine the priorities of the prison system, and to attempt in the light of available resources to direct changes to consistent aims. Advice is available from outside as well as inside the service. In particular the Government seeks advice from the Advisory Council on the Penal System. This Council, which was set up in 1966, is a strong, expert and broadly based body under the chairmanship of Mr. Kenneth Younger. It has a present membership of 18 on which both Houses of Parliament, the judiciary, the social sciences and the police are represented. Its terms of reference are: "To make recommendations about such matters relating to the prevention of crime and the treatment of offenders as the Home Secretary may from time to time refer to it, or as the Council itself, after consultation with the Home Secretary, may decide to consider". In addition to an important study of noncustodial penalties there are two other current inquiries by the Council: into the detention centre system and into the possibility of giving the concept of reparation by the offender a more prominent place in our penal system. The Advisory Council has already completed studies (which have been published) of the regime for long term prisoners in conditions of maximum security (see paragraph 176) and the suitability of the detention centre as a method of treatment for young women and girls (see paragraph 144).

WOMEN AND GIRLS

141. In 1968 the Government made a thorough review of the way in which the prison system should deal with women and girls, and the Home Secretary announced its conclusions in a Parliamentary statement in December of that year. The number of women and girls in custody is small. In 1968 it averaged 805, a figure that has not changed much since 1938 although in that time the male population in custody has trebled. The following table shows how the population of women's institutions was made up:

Average Population 1968	tin	ge under 21 at ne of reception or conviction	Age 21 and over	
Untried	1 40	44	58	
Convicted, unsentenced	bolico	43	32	
Awaiting removal to approved school	do.	3	hotah - data	
Civil prisoners		ring the second	2	
Sentenced				
6 months and under	01	11	125	
Over 6 months to 18 months		2	137	
Over 18 months to 3 years		3	85	
Over 3 years, under 10 years		2	44	
10 years and over, including life sentences		1	12	
In borstals	E	178	_	
In a detention centre*		23	al active the	
TOTAL		310	495	

Nearly 50 per cent of the women and girls who receive custodial sentences are guilty of offences against property. Others have been convicted of offences relating to prostitution (over 20 per cent), drunkenness (about 15 per cent), violence or assault, cruelty to children and, in a very small number of cases, murder. There is a relatively small group of offenders who have been imprisoned for arson, drug offences, bigamy and motoring offences.

AIMS

- 142. The Government sees no reason to expect any considerable increase in the number of women and girls in custody in the foreseeable future. New developments in penal treatment, including those that may result from the review now being made by the Advisory Council on the Penal System of non-custodial and semi-custodial treatment, may result in a decrease. The Government's aim, therefore, is to provide adequate facilities for the treatment of the relatively small number of women and girls in custody, together with the considerable range of specialist facilities and the high staff ratio that experience shows to be necessary. There must also be sufficient flexibility to meet additional demands and to enable facilities to be modified in the light of future developments.
- 143. The aims of the prison service are the same for women and girls as for men, and, although some methods of treatment may differ, many of the methods of treatment mentioned in Parts III and IV are applicable to women. They need, for example, constructive work, the personal interest of the staff, and religious and educational support. Many women in custody are clearly in need of medical and psychiatric treatment. This must take place within a regime in which good order and discipline are maintained, but, except for a small minority of women

^{*}Now closed (see paragraph 144).

prisoners, the element of security is not so important, and in the management of the women's prison system there has been a steady tendency towards relaxing control.

CLOSING OF DETENTION CENTRE

144. The Government has decided that the women's system need no longer include a detention centre. The Advisory Council on the Penal System, which has been reviewing the general operation of detention centres, made an interim report about detention centres for girls. The Council concluded that short periods of custodial training were in principle undesirable for girls, and that, in general, girls sent to the former detention centre at Moor Court would have been better dealt with either by non-custodial treatment or by the sentence of borstal training which would have provided the longer period of treatment that many of them require.

THE SHAPE OF THE SYSTEM

- 145. With the closure of the detention centre at Moor Court there are now 10 establishments holding women and girls. (In four of them, as the list on page 86 shows, women's units are attached to male establishments.) The total capacity of about 1,100 places is adequate, but about half of them are in the obsolescent building at Holloway. Very small institutions are not economic and cannot provide the range of facilities needed. Since the number of women and girls in custody is small, the Government cannot plan to provide prisons and borstals for them in all parts of the country, and some offenders have inevitably to be sent a considerable distance from their homes. Married quarters are not provided for women officers and nursing sisters, so that the availability of locally recruited staff is an important factor in planning the system. Moreover, a women's prison needs to be where outside consultants can readily visit patients and where access is convenient to other visitors.
- 146. The Government has decided to create a northern and southern complex of female establishments. Each will have closed and open prisons, remand facilities, a closed borstal and adequate psychiatric resources. It is feasible to maintain only one open borstal for the whole country. The northern complex will be based on the existing prison at Styal. Holloway will be the centre of the southern complex. The Holloway buildings, especially the present hospital facilities, are inadequate, but the site meets the needs indicated in the previous paragraph, and will be totally redeveloped to provide the principal women's establishment in the country. Because most women and girls in custody require some form of medical, psychiatric or remedial treatment, priority will be given in the redevelopment of Holloway to the construction of a new hospital. It will thus become a medically-orientated establishment with the comprehensive, versatile and secure hospital as its central feature. The redevelopment of Holloway is a major project and the planning for the design and construction of the new building, and for the training and selection of staff, is in its early stages. The Government hopes, however, that within the next ten years the redevelopment of Holloway will have been completed and that the general policy announced to Parliament last year will have been fully implemented.

MALE YOUNG OFFENDERS

REMAND CENTRES

- 147. About 12 per cent of the young men in custody at any one time are on remand: that is they are either awaiting trial or, having been convicted, are held while enquiries are being made to assist the courts to decide how best to deal with them. Only a small proportion of these young men will be sentenced to imprisonment, and they ought not to be held on remand in a prison. In the last ten years, special remand centres* have been opened for both young men and young women. These centres have two main purposes. First, to detain in suitable and secure conditions those remanded in custody by the courts, and to provide the facilities, including those for visiting by solicitors, probation officers and relatives to which an unsentenced person is entitled. Second, to provide a service to the courts by the assessment of these unsentenced persons by experienced staff, including medical staff. There is not yet enough separate accommodation for all young offenders under 21 remanded in custody, and until the building programme described in paragraph 192 is completed some must continue to be held in local prisons.
- 148. It had been intended that remand centres should eventually provide facilities for the detention and assessment of adults as well as those under 21, and the purpose-built centre at Risley has this role. For the reasons explained in paragraph 164 the Government now feels that, in most parts of the country, adults on remand should be detained in local prisons, leaving remand centres to deal with those under 21.

DETENTION CENTRES

- 149. About 6,000 young men are sent each year to a senior detention centre. Most are sentenced to three months' detention, less remission, but about one in eight receive a six months' sentence. (For more details about the records of these young men see the Appendix.) The 13 senior‡ detention centres for young men aged 17–21 contain about 1,500 places and now serve courts in all parts of the country. In 1968, for the first time, the supply of vacancies was generally sufficient to meet the current demand. There is one open centre, North Sea Camp. The others are closed establishments with a relatively high degree of security.
- 150. In July 1967 the then Home Secretary asked the Advisory Council on the Penal System to review the operation of detention centres, and the Council set up a sub-committee for this purpose under the chairmanship of the Bishop of Exeter. This review was timely because of past and current changes in the regimes at these centres. Statutory provision for detention centres had been made in the Criminal Justice Act 1948 and the statements then made suggested

^{*}They are listed in the note on page 87.

[‡]There are also 5 junior detention centres for boys aged 14-16. The Government will in due course be ready to discuss with local authorities ways in which these facilities might be incorporated within new schemes of supervision or residence of the type described in the White Paper "Children in Trouble" and provided for in the Children and Young Persons Act 1969.

that the centres were intended primarily as a deterrent and that regimes should be relatively punitive. Experience of operating the centres soon showed that despite the short length of sentence there was opportunity for positive training. In consequence the regimes now, although brisk and well disciplined, also aim to incorporate a good deal of moral and social training in the teaching of selfdiscipline. The main Report of the Advisory Council is expected to be published soon.

BORSTALS

151. Very few of the 5,000 young men sentenced to borstal training each year are first offenders. The Appendix gives the figures. The borstal sentence is to some extent an indeterminate one-it is for not less than six months and not more than two years; and it includes a statutory period of supervision after the completion of the custodial training. As soon as possible after sentence to borstal, young offenders are sent to allocation centres. At present these centres are in unsuitable buildings in separate wings of the adult prisons at Manchester and Wormwood Scrubs. The Government intends to replace them as soon as possible by two new purpose-built allocation centres-one at Glen Parva, near Leicester, and another in the South. The staff of an allocation centre make an assessment of each young offender, taking account of his background before sentence, his mental and intellectual ability, his age, his degree of criminal sophistication and the likelihood of his seeking or taking an opportunity to abscond. The offender then goes to one of the training borstals listed in the note on page 86 which aim to provide a range of regimes to deal with the various types of offender.

TRAINING

152. A high proportion of those sentenced to borstal training have been in institutions before, whether in approved schools or detention centres or both. The proportion has increased in the last few years, and more of those at borstal seem criminally sophisticated. Research data has provided independent confirmation of the impression of borstal governors that they have a higher proportion of difficult people to deal with. A smaller proportion are now suitable for training in open borstals. As a result the greatest pressure in the last few years has been on the closed borstals and those allocated to them have had on occasion to wait for several weeks or months in unsuitable conditions before transfer. The Government is considering the possibility of providing closed units in otherwise open establishments, as for example at Hollesley Bay, so as to adjust the balance of the system to these changing needs. The term "closed borstal" is perhaps misleading. The security of a borstal is important, but it is not and is not intended to be absolute; and a considerable number of those in "closed" establishments can expect to spend a proportion of the day on outside working parties. Some of those sentenced to borstal are transferred from closed to open units during the course of their training, and others may be selected to go out to work under arrangements made with private firms.

DEVELOPMENTS IN BORSTAL TRAINING

153. Something was said in Parts III and IV about the treatment of offenders in borstal. It is well worth emphasising again that the borstal regime is so devised

that the staff can get to know individually each one of a small group of offenders. (A small number of women are being appointed as Assistant Governors in suitable male borstals.) An important recent development is one at Ipswich under which young offenders work for outside employers and from an early stage of their borstal sentence live in a small house in the town. This house is associated with the open borstal at Hollesley Bay and is staffed by officers from that borstal. Suitable young men are selected within the first month of their arrival at Hollesley Bay and can spend the rest of their sentence at the house, going out to work for employers in Ipswich. The sanction of return to a normal borstal is always available. The experiment, of which a careful assessment is being made, is designed to test the value of such a scheme in the training of homeless offenders who may already have spent long periods in institutions. The hope is that it may have the result of breaking down still further the barriers between holding a young offender in custody and letting him live in the community with support and supervision.

BORSTAL AFTER-CARE

154. After-care for young men released from borstal was until recently in the hands of the Borstal Division of the Central After-Care Association. As a new development, governors and housemasters now develop their own links with the probation and after-care service, both with the principal probation officer for the area in which the borstal is situated, and with the officer likely to supervise a boy after release. This development has given greater emphasis to the fact that after-care is part of the borstal sentence from the time the offender is committed to custody. The borstal pre-release unit, now a part of the Home Office Prison Department, maintains a general oversight of the new arrangements.

YOUNG PRISONERS

- 155. For some years it has been accepted policy that offenders under 21 should not be sent to prison unless no other alternative appears open to the courts. There are, however, as indicated in the Appendix, about 1,000 of them serving sentences of imprisonment at any one time. Most of them are aged 19 or 20 and have previously been in a borstal or detention centre, or both. It is also accepted policy that these young offenders should be kept separate from prisoners over 21. It is obviously not easy to provide a range of suitable establishments and regimes for this particular group, but it must be admitted that until recently young prisoners have been towards the end of the queue in the allocation of available resources.
- 156. Young offenders sentenced to periods of imprisonment of less than six months have to remain in local prisons, where often very little can be done for them. (Recently one or two local prisons in each region have, however, been able to provide a self-contained unit for young prisoners.) Those sentenced to longer periods of imprisonment go to one of four young prisoner centres. Two are self-contained establishments at Aylesbury and Northallerton, and two are in separate wings of the adult prisons at Liverpool and Stafford. There have not

been enough places in these centres, with the result that some young prisoners have had to wait for too long in local prisons before transfer. The Government has recently decided to provide a further 100 places at Aylesbury by closing the detention centre there and by using the buildings as an extension of the adjacent young prisoners centre. This will enable more of those sentenced to imprisonment to receive better training, with adequate work and provision for physical and other education, for a longer period of their sentence. Some young prisoners are serving very long terms for very serious offences; 50 of them are serving life sentences*. A handful are Category "A" prisoners for whom adequate security must be provided. All young prisoners are reclassified as adults at about the age of 21 and transferred to adult training prisons if they still have a substantial period left to serve, although the exact time of transfer is adjusted to meet an offender's degree of maturity and the plans for his training.

THE PRESENT SITUATION

- 157. Three forms of custodial treatment of young offenders have now been described: detention centres for sentences of between 3 and 6 months; borstal, where the period in custody ranges from 6 months to 2 years and depends on the offender's response to training; and imprisonment, normally for sentences of 6 months or less or of 3 years or more. Young offenders sentenced to imprisonment for over 18 months are eligible for consideration for parole, but in any case all young offenders on release from custody are liable to supervision for the full remaining period of the sentence.
- 158. There are powers in the Criminal Justice Act 1961 to remove altogether from the courts the power to sentence young offenders to short-term imprisonment once sufficient places become available in detention centres. These powers have not yet been implemented and although only a relatively small number of young offenders are sent to prison for short periods it is not certain that all of them could appropriately be dealt with in the present detention centres. The operation of detention centres is now under review by the sub-committee of the Advisory Council on the Penal System referred to in paragraph 150. Another sub-committee of the Council is examining the possibility of new forms of non-custodial and semi-custodial treatment for both young offenders and adults.
- 159. The borstal system is now more than 60 years old. Many changes have been made in its training methods to adapt them to modern social conditions and to the type of offender being received. (The effect of current legislation is that the sentence of borstal training is now passed on virtually all young offenders for whom the court feels a period of custody of between six months and two years is appropriate.) A good deal of borstal training takes place within a general framework devised between the wars, and the Government's view is that there should be a fundamental review of the system.

^{*}This includes some sentenced to "detention during Her Majesty's Pleasure".

THE CHANGING BACKGROUND

160. Changing social conditions and changes in the type and character of young people now being received into custody have challenged many of the basic concepts on which the regimes in young offender institutions have been based. Young people grow up more quickly than they used to. Many of the young men now received into custody are married and many have children. Changes in the age of physical and mental maturation have been reflected in the decision to reduce the age of majority to 18. Although the Latey Committee, on whose recommendation the change was made, excluded the criminal and penal field from their recommendations, the formal change and the context in which it was made must have implications for the treatment of young offenders.

A NEW REVIEW

161. The Government's White Paper "Children in Trouble" and the legislation which followed provide a new pattern of jurisdiction and treatment for young offenders under 17. The Government has announced that it would now be appropriate to undertake a comprehensive review of the custodial treatment of all young offenders above that age. The review will be conducted by the Advisory Council on the Penal System and will require time and preparation. Preparatory work has begun in the Home Office and the Government hopes that the review itself will begin next year. The Government will ensure that in the meantime there is no inhibition on necessary change and progress—for example, in dealing with detention centres or in considering non-custodial penalties.

MALE ADULT PRISONERS

162. Information about the 20,000 male adult prisoners under sentence at any one time is given in the Appendix. Almost half are serving sentences up to and including eighteen months. Almost a quarter are serving sentences of over three years. These 20,000 prisoners are contained in nearly sixty different prisons, of which a list is given on page 82. The basis of the system is still the local prison to which prisoners go direct from the courts and in which more than half the adult male prisoners are held, often sleeping two or three in a cell, in buildings which all are agreed are obsolete. The local prison is overcrowded and it is trying to perform too many functions.

LOCAL PRISONS

163. The first responsibility of any local prison is to the courts. The first priority in the deployment of its staff is in the reception of prisoners from court and despatch to court, in escorting prisoners to and from the higher courts and in ensuring their security. This work is fluctuating in its demands, and workshops in many local prisons sometimes have to close for lack of staff on days on which the demands of court work are high. In addition to men waiting to appear in court, local prisons hold civil prisoners, long sentence prisoners temporarily sent back to a local prison to receive visits from their families, young men awaiting vacancies in borstal allocation centres or young prisoner centres, and large numbers of men sentenced to terms of imprisonment for whom vacancies cannot yet be found in training prisons.

- 164. Yet, for all their manifest disadvantages, local prisons have one great advantage. Most of them are in the right places to perform their trial-and-remand function. They are near some of the courts they serve; they have ready access to outside medical and other specialist services; because communications are good it is possible for solicitors, probation officers, and others to visit prisoners on remand and after trial, and families do not have to make long journeys for visits. Staff can be recruited, including specialist staff of various kinds. In recent years separate remand centres for people under 21 have been built. As indicated in paragraph 147 they have many advantages, but experience has shown the extreme difficulty of getting sites in the right places with good communications.
- 165. The Government, after re-examining the role of the local prison, has evolved new plans for a major, though gradual, shift of policy. It has decided that the local prison should retain its traditional trial-and-remand function for adult male prisoners. It has also decided that the role of the local prison should in future include certain other functions which are either closely associated with the trial-and-remand function or require the services of the same specialist staff. These are:
 - (a) allocation and categorisation of convicted prisoners;
 - (b) medical examination and treatment; and, at least in some cases,
 - (c) pre-release arrangements for long sentence prisoners.

A NEW DESIGN

166. All this does not mean that the functions of the local prison can be satisfactorily carried out in the existing Victorian buildings. There are plans for the gradual modernisation and redevelopment of old buildings as described in paragraphs 183–186, but, in addition, the Government has set in train a full-scale study of the design of a local prison. This will be carried out by the Penal Establishments Group of the Ministry of Public Building and Works. The Group works in close association with the Home Office and the governor of a prison has been seconded full-time to it. This is the first study of its kind to be devoted to the special design problems of a local prison and will include an analysis of what would be involved in the complete redevelopment of one of our Victorian prisons. The recommendations of the Royal Commission on Assizes and Quarter Sessions* will also be considered in planning the local prison of the future.

CLASSIFICATION

167. The Government decided a few years ago to set up regional allocation centres in the local prisons at Liverpool, Birmingham, Wandsworth and Bristol. All men sentenced to long periods of imprisonment are now sent to one of these centres for a period of assessment after conviction. In addition, observation and classification units have now been established in all local prisons for the assessment of men serving other sentences of 3 months or more. Thus, for the first

^{*}Cmnd. 4153 (1969).

time, a proper assessment can be made of the great majority of men sentenced to imprisonment. The assessment process has four aims:

- (a) to obtain and record certain basic information about each prisoner, and about his family background;
- (b) to attempt to identify his needs and, if possible, the factors that may have led to his criminal behaviour as an essential to any attempt to deal with them while he is in custody;
- (c) to settle his "security" category (see paragraph 168 below);
- (d) in the light of these factors, and of the resources available in the region, to recommend where he should serve the whole or the first part of his sentence.

SECURITY CATEGORIES

- 168. Prisoners are now placed in one of the following categories.
 - Category A. Prisoners whose escape would be highly dangerous to the public or the police or to the security of the state.
 - Category B. Prisoners for whom the very highest conditions of security are not necessary but for whom escape must be made very difficult.
 - Category C. Prisoners who cannot be trusted in open conditions but who do not have the ability or resources to make a determined escape attempt.
 - Category D. Those who can reasonably be trusted to serve their sentences in open conditions.
- 169. The categorisation arrangements were introduced in 1967 on the recommendation of Lord Mountbatten, after his inquiry for the Home Secretary into a number of prison escapes. Obviously there are no clear cut lines to be drawn between prisoners placed in one category and those placed in another. Also a prisoner's security category may be changed during his sentence. The experience so far gained suggests that the prison service should plan on the basis that about 1 per cent of the convicted prisoners in custody will be in Category A, about 30 per cent in Category B, about 50 per cent in Category C, and 20 per cent in Category D. One important qualification has however to be made to the definition of a Category D prisoner. Local people feel understandably alarmed at the prospect of an open prison being built in their neighbourhood, even though once the prison has become accepted the alarm generally disappears. At the planning stage the Department is often asked to give pledges that no prisoner convicted of offences involving sex or violence will be sent to a particular open prison, even though experience suggests that some of these offenders could be transferred without risk after a period of observation in a local prison.

TRAINING PRISONS

170. In a training prison there is little worry about the court and escort work that makes continuity of training and of staff influence so difficult in a busy

local prison. The great majority of convicted prisoners, apart from those serving very short sentences, ought to be in training prisons; and one of the unsatisfactory features of the present situation is that men serving up to four years' imprisonment may serve all their sentence in an overcrowded local prison. The Prison Department divides the country into four regions, and most prisoners who leave local prisons are transferred to training prisons within their own region. It was decided in 1966 to do this also with long-term recidivist prisoners (i.e. those who had served previous sentences). In the past men from the North and the Midlands have had to serve long sentences at Parkhurst and Dartmoor, which, though ironically known as "central" prisons, could hardly have been further from their homes. It is hoped that within two or three years it will be unusual for a recidivist prisoner not in the highest security category to be allocated to a prison outside his region. One of the reasons why this has become possible is that the Criminal Justice Act 1967 abolished the special sentences of corrective training and preventive detention. It is no longer necessary to set aside some closed prisons, or parts of them, for recidivists serving these sentences, whose needs and characteristics were often indistinguishable from those of men sentenced to ordinary imprisonment.

VARIATION IN REGIME

171. Ideally all convicted prisoners would be sent to training prisons with a regime suited to their needs, and with a degree of security no greater than was necessary. We are very far from this ideal, but here too a start has been made—for example in differentiating the functions of particular institutions. The new prison at Coldingley mentioned in paragraph 56, whose predominant feature will be its industry, will aim to train the prisoner in an industrial environment. This type of industrial regime may well prove to benefit considerable numbers of medium and long-term prisoners, but it is not designed to cater for the more disturbed prisoner. In addition to the special regime at the psychiatric prison at Grendon there are other prisons at which facilities are being developed for the treatment of disturbed prisoners. At one or two prisons there will be opportunities for education or specialised vocational training which it is not economic or practicable to make generally available.

CATEGORY C PRISONS

172. The measures in the Criminal Justice Act 1967 designed to keep men out of prison altogether led, at least temporarily, to a fall in the number of men suitable under present criteria for open prisons. There is no immediate need for the provision of more open prisons although more men sentenced to longer sentences should have the opportunity to spend part of their sentence in an open prison within their own region. There is however an urgent need for more training prisons for Category C prisoners (i.e. men not suitable for open prisons but unlikely to be "escape risks"). The Government plans to provide new Category C prisons for men serving sentences of up to 18 months. The opening of such prisons would relieve the pressure on local prisons, give convicted offenders much better facilities for work, education and recreation than are possible in overcrowded local prisons, and leave other closed training prisons to tackle the particularly difficult problems of prisoners serving longer sentences.

173. The new Category C prisons will have an effective perimeter fence, but will not have the elaborate security precautions of a Category B prison. Prisoners will sleep in cubicles and not in secure cells, and there will be a degree of freedom of movement during the day. The Government believes that, within a secure perimeter, it will be possible to reproduce for these prisoners many of the proved advantages of the existing open prisons.

CATEGORY A PRISONERS

174. Only about 1 per cent of all convicted adult male prisoners, and a handful of women and young prisoners, are currently placed in the highest security category: those whose escape would be highly dangerous to the police or the public or to the security of the State. Almost all convicted Category A prisoners are serving sentences of ten years and over, and about 40 per cent are serving life sentences. They are not a homogeneous group in other respects. They include one or two spies, and a considerable number of professional criminals, most with violent records, some of whom have associates outside who might be willing to help them escape. About one third are dangerous sexual offenders whose escape would endanger the public but who may present no particular threat while in custody. The security category of all Category A prisoners is regularly reviewed, and experience shows that it is safe to downgrade a number of them to Category B in the course of a long sentence.

SECURITY WINGS

175. To meet the new threats to security referred to in paragraph 199 the Government found it necessary to maintain small "special security wings" in parts of the existing prisons at Parkhurst, Durham, Leicester and Chelmsford. A secure wing at Brixton is used to hold Category A men awaiting trial. Conditions in these wings, and the adjacent exercise areas, have been much improved since they were opened, but it remains undesirable that men should be detained for very long periods in such confined conditions.

DISPERSAL

176. The containment of Category A prisoners poses difficult problems for the prison service and indeed for the community. They were fully discussed in the 1968 Report of the Advisory Council on the Penal System—"The Regime for Long Term Prisoners in Conditions of Maximum Security". The Council accepted that the concentration of all Category A prisoners into one or two small maximum security prisons would make it easier to provide "near-absolute security" for them. They were concerned, however, that the atmosphere of such institutions containing a concentration of evil and dangerous men might become repressive and that the maintenance of good order would be very difficult if prisoners could not be transferred between a number of equally secure prisons, either to split up associates or to separate enemies. They recommended instead that Category A prisoners should be dispersed among the population of a small number of secure establishments.

177. The Government thought that, on balance, this policy of dispersal was to be preferred to one of concentration, and decided not to build Alvington—the proposed maximum security prison for 120 prisoners on the Isle of Wight. Instead, work was pressed forward to strengthen the security, especially the perimeter security, of a number of long-term prisons, and this entailed the more secure containment of a considerable number of Category B prisoners as well as those in Category A. Apart from those in the special security wings, recidivist prisoners in Category A are now held at Gartree in the Midlands, at Hull in the North, and at Parkhurst on the Isle of Wight. It is proposed to send others to Albany, next door to Parkhurst, and to the new prison at Long Lartin, in Worcestershire, which should open in 1971. Prisoners in Category A without serious previous criminal records may be allocated to Wakefield or Wormwood Scrubs.

178. In accordance with another recommendation of the Advisory Council, a small segregation unit is to form part of each of these dispersal prisons. The power to send a disruptive or violent prisoner for a period to the segregation unit is one that safeguards the regime of the prison for the majority of its population, and will assist governors to deal with the small minority of prisoners, whether in Category A or Category B, who appear determined to stir up trouble and to incite others to do the same. The dispersal policy will also give flexibility in the transfer of such prisoners between establishments. It is still necessary to hold a minority of Category A prisoners in the special security wings. The population of those wings has, however, been substantially reduced—from 62 in April 1967 to about 45—and they will be kept under review as experience of the dispersal policy is gained.

THE CAREER OF THE PRISONER

179. Paragraph 167 described the initial assessment and allocation of a prisoner. Assessment must be a continuing process, and allocation needs to be reviewed. Some prisoners will be transferred to take a vocational training course. Some who are in closed prisons at the beginning of a sentence can, and therefore should, be trusted in an open prison towards the end of it. Also, as indicated in paragraph 98, those sentenced to four years' imprisonment and over can spend the last part of their sentence working outside the prison for a private employer. The arrangements for planning what may be called the "career" of a prisoner serving a long sentence have not in the past been satisfactory. Therefore, along-side the new arrangements for the initial assessment and documentation of convicted prisoners serving long sentences, the Government has introduced better methods for the review of a prisoner's situation and progress at regular intervals during sentence.

180. The introduction of parole has, however, introduced a new complication into the pre-release employment scheme. The stages in a prisoner's career ought to be related to his likely date of release. That date may now be brought forward by release on parole but those in the prison charged with the duty of looking after the long sentence prisoner cannot know in advance whether he will be selected for parole or not. Arrangements already exist under which the Parole Board may fix the release of a long sentence prisoner several months ahead and

indicate that they feel he should first spend a period on a pre-release employment scheme. Further study is needed of other ways in which the Prison Department and the Parole Board can co-operate in the planning of the career of a long sentence prisoner with a view to his release to supervision in the community after training in custody; and they must be ways which do not cast doubt on the responsibilities of the Prison Department or on the statutory independence of the Parole Board.

EXISTING BUILDINGS

- 181. Of the 46 closed prisons in which male adult prisoners were held on 1st July 1969, only 5 have been built as prisons since 1914. As the list of existing establishments given in the note on page 82 shows, our old buildings also house a considerable number of young offenders. The prison service is not alone in having to work with outdated capital assets. But it is particularly handicapped by the fact that not one closed prison or borstal was built in the 40 years 1918–1958, so that the proportion of obsolete buildings is unusually high.
- 182. Many people concerned with the prison system have said, or been tempted to say, that the only thing to do with our Victorian inheritance is to pull it down. But even assuming, and it is a very big assumption, that suitable sites could be found for modern buildings to replace them, the provision of 20,000 new places in secure prisons and borstals in modern buildings would cost something over £100 million. The prison service needs new buildings and they are being planned. (See paragraphs 190–192 below.) But we have to face the fact that the resources to replace all unsuitable buildings are simply not available, and that the service will enter the last quarter of the twentieth century with buildings designed in the nineteenth. The need, therefore, is to make the best use of them and see how they can be improved.

RENOVATION AND IMPROVEMENT

183. First, it is necessary to ensure that the services of our old buildings do not break down. There is a real risk of this happening, since in many of them the heating systems, drains, and power supplies are reaching, or have reached, the end of their useful life or are inadequate for modern needs. The Government has embarked on a major programme for renewal of these services, including new boiler houses, at a cost of between \pounds^1_2 and \pounds^3_4 million a year over the next few years. An important part of this programme is the increase of power supplies to enable modern industrial machinery to be used and lighting to be improved. Second, on some sites there is space available on which new workshops can be added to or substituted for old, and a programme designed to do that will cost over \pounds^1_2 million a year in the next few years.

REFURBISHING PROGRAMME

184. Quite minor improvements can alleviate the harsh and drab appearance of much of our old accommodation. Since the war, for example, the floors of many prisons and borstals have been covered with new coloured tiles. The Government

thinks that such relatively minor improvements are of great importance. A systematic programme has been drawn up to give new impetus to such work, which will be done, as far as possible, by prisoners themselves under the direction of works staff. The programme will start this financial year and in the first phase 30 prisons, mostly dating from the last century, will be redecorated. The work will include substantial retiling of floors and the cost will be of the order of £1m. Similar redecoration will later be carried out at an additional 46, mainly hutted, establishments at a cost of about £ $\frac{1}{2}$ m. It is also proposed, as the programme proceeds, to replace old cell furniture with up to date patterns.

"SLOPPING OUT"

185. All new prisons are being designed to avoid the need for "slopping out". Experiments in the automatic unlocking of cells may provide the means of solving the problem of night sanitation in existing prisons, although the system so far examined would cost a great deal to install. But, if there is no early prospect of getting rid of slopping out in most of our closed prisons, it is possible to improve their sanitary facilities. At 8 Victorian prisons £1m. is to be spent to provide more showers, toilets, and wash basins, and on improvements in lighting and ventilation. This scheme has had to be restricted, initially at least, to 8 prisons, partly because the cost is high, partly because it entails reducing the places available by giving up cells to make room for the additional showers and lavatories. While this carries with it some risk, particularly at a time when the current rise in the prison population is expected to continue, the Government believes that it is a risk that should be taken because of the general improvement that will result and to point a way for similar work, perhaps on an enlarged scale, in the years ahead. Another experiment which could provide a prototype for the future, if it is successful, is the complete reconstruction of a cell block which was badly damaged by fire. This reconstruction includes flooring in some of the "well" of the block to provide badly needed association or recreation areas. Some parts of the programme described above, including the redecoration of 30 Victorian prisons, will be completed within the next 2 years and the whole "refurbishing programme" should be complete within 5 years.

REDEVELOPMENT

186. There are plans for the comprehensive redevelopment of a number of establishments. Priority will have to be given to closed prisons where the need is greatest, but comprehensive redevelopment will not be confined to closed prisons. Many of the open prisons and borstals are in hutted accommodation which is reaching, or in some cases has reached, the end of its economic life, and the Government plans the gradual redevelopment of such establishments on existing sites. The following is a list of establishments at which major building work is already proceeding, or in which new units or rebuilding will, it is hoped, start in the next five years, although in some cases plans are in their early stages.

Adult establishments

Appleton Thorn†

Ashwell† (already started)

Brixton Bristol

Eastchurch†

Ford† Gloucester Leeds

Leicester

Lewes (major improvements

being made after fire)

Lincoln

Liverpool Maidstone Nottingham†

Portsmouth† (already started) Reading† (already started)

Sudbury† Swansea† Thorp Arch

The Verne† (already started)

Winchester†

Wormwood Scrubs

Young Offenders Establishments

Dover (already started) Gringley Camp† (already

started) Hatfield

Hollesley Bay Colony†
(already started)

Latchmere House Morton Hall New Hall Usk (Prescoed)† Wetherby†

NEW BUILDINGS

SITES

187. The present gross overcrowding in local prisons, and the resumed rise in the total number of offenders in custody, would alone point the need to a continuing programme of new buildings. The first task is to find sites. If suitable alternative sites could be found it would be possible, for example, to consider replacing the worst of the Victorian prisons now occupying central sites in London and other large cities. But new sites in towns are unlikely to become available and would be very expensive; and the proposal to build a new prison in any town would encounter strong opposition. The building of a new institution, and the housing for its staff, on open land within easy reach of a large centre of population—perhaps the best solution—has to meet formidable planning objections. A site in a more remote or barren area may isolate the institution, its staff, and the families of its staff, from the community. Not only is access difficult for the families and friends of offenders, and for probation officers, medical consultants and other visitors, but it may become impossible to recruit and retain all the necessary staff, both full-time and part-time. There are very real staffing difficulties at some of the institutions built since the war in rural areas. Many of these difficulties are not unique to the prison service—they apply to other services maintaining residential institutions of one kind or another; but there is, perhaps, an added difficulty in the alarm often expressed by local residents at the suggestion that a prison should be built in their midst.

[†]At these establishments the greater part of the work is being or will be done by the prisoners or young offenders themselves.

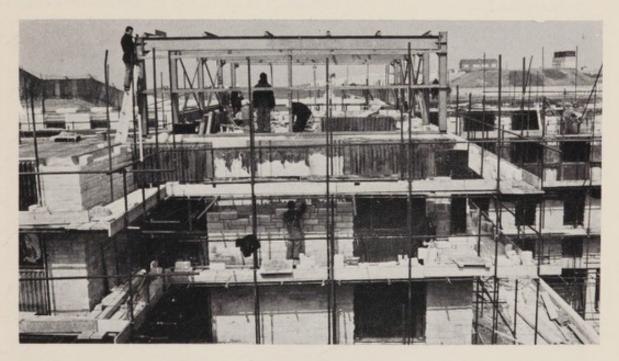
- 188. It is not, therefore, surprising that a good deal of staff effort has to be devoted to finding suitable sites. It has been Government policy that, so far as possible, new institutions should be built on land already in public ownership becoming redundant to the needs of other Government departments. The Home Office, like all other departments, consults planning authorities about the development of new buildings and where there is local objection a public inquiry may be held. It is right that these procedures should be followed and the interests of all those affected adequately considered. But the inevitable result is that the process of acquiring sites and developing them takes a long time and involves much work that in the end may prove abortive. It can take seven years or more from the time that the Department provisionally selects a site to the time when the new building is opened. In those seven years the demands on the prison service will have increased. It is hoped that better organisation of the Department will reduce unnecessary delays but the process will always take several years.
- 189. There is always a danger that a large institution will become authoritarian and impersonal in its attitudes and organisation, and, partly for this reason, the tendency since the war has been to plan and build smaller institutions than in the nineteenth century. But the same objections may not apply if two or three units are grouped into one complex, and if this is done there is scope for economy in the provision of common services, such as boiler houses and administrative offices, as well as the advantage of making more intensive use of a site. This is why the Prison Department is likely in future to resort to this practice and build rather larger institutions.

NEW ESTABLISHMENTS FOR ADULTS

- 190. Paragraph 172 explained why the Government intends to give high priority to new prisons for Category C prisoners—those not thought suitable for open prisons but not likely escapers. The first of these are now being provided in camps at Haverigg, in Cumberland, and at Northeye, near Bexhill in Sussex; but design work is now beginning on purpose-built Category C prisons. These may hold up to 200 prisoners in each of four units, or 750–800 in each prison; and it is hoped that the construction of six such prisons, built so far as possible to a standard design, may start within the next five years. Among the sites being considered are Full Sutton and Ulnes Walton, in the North Region, Gartree in the Midland Region, and Wrabness in the South East.
- 191. There is also an urgent need for more accommodation for prisoners of a higher security category. The training prison to hold about 300 Category B prisoners opened this year at Coldingley, in Surrey, has already been mentioned. A training prison for about 500 is being built at Long Lartin in Worcestershire, and should be open in 1971. Design work is now well advanced on a prison in Oxfordshire to be known as Lockwood prison. This will have two sections: the first section will be a training prison for about 300 prisoners; the other, a local prison for 200 will enable the small and obsolete prison at Oxford to be closed, thus fulfilling a long outstanding commitment. There are plans for an important closed prison in the North Region on which building work should start by the



9. Prisoners employed making aircraft parts in Gloucester prison. The workshop was opened in January 1967 with the co-operation of Dowty Rotol Ltd. for whom the work is done. The firm undertakes to employ prisoners who have worked in the shop for three months or more.



10. Prisoners building a new cell block and kitchens at The Verne prison, Portland. Prison labour can make an important contribution not only to the badly needed maintenance and rebuilding of some of the older prisons but also to the building of new establishments.



11. A Parole Board Panel in session with Lord Hunt in the chair. Parole has already become an accepted part of the prison scene, offering to many offenders an increased likelihood that they can affect their future by their own efforts. Research is being carried out on the effect of the scheme on all prisoners eligible for parole and also into the methods of selecting prisoners for release.



12. A probation officer discussing future plans with one of the young men in his care. So far as is practicable, contact is maintained both with the prisoner and his family during sentence and the probation officer will try to visit the prisoner before discharge.



13. Borstal trainees from Hewell Grange helping at a Cheshire home. An example of the links which can be established between those in custody and the outside community.



14. Dormitory at a borstal used by young men who worked outside the borstal in the last months of their training.



15. The interior of Wandsworth prison. Despite ambitious plans for new prisons the service does not have the resources to replace all unsuitable buildings and will enter the last quarter of the 20th century with buildings designed in the 19th. The aim, therefore, is to make the best use of them and to study how they can be improved.



16. The exterior of Blundeston prison. Blundeston is one of the five purpose built prisons built since 1914. It was opened in 1963 and accommodates 300 prisoners. The prison service is particularly handicapped by the fact that not one closed prison or borstal was built in the 40 years 1918 - 1958 so that the proportion of obsolete buildings is unusually high.

end of 1972. The basis of the design for it has been prepared by the group set up jointly by the Home Secretary and the Minister of Public Building and Works to which reference was made in paragraph 166. The Government also hopes that, by 1974, work will have started on four other training prisons for prisoners serving over eighteen months, although sites have yet to be agreed; and here it may be repeated that it is hoped that work will start in 1971 on the first stage of the complete redevelopment of the Holloway site to provide a new women's establishment, concentrated round a secure hospital (see paragraph 146).

NEW ESTABLISHMENTS FOR YOUNG OFFENDERS

192. More remand accommodation is needed for those under 21, and the following remand centres are to be built or extended.

Norwich Remand centre for 60 boys.

Rochester Remand centre for 100/125 boys.

Low Newton .. 80 further places for boys.

Thorp Arch .. 75 further places for boys.

Glen Parva .. Remand centre for 120 boys (associated with the

allocation centre mentioned below).

Pucklechurch .. 50 further places for boys and some additional

accommodation for women and girls.

The most pressing need on the young offenders side is for new borstal allocation centres and these will be provided as follows:

Glen Parva Allocation centre for 360 and training borstal for 300 boys.

101 300 boys.

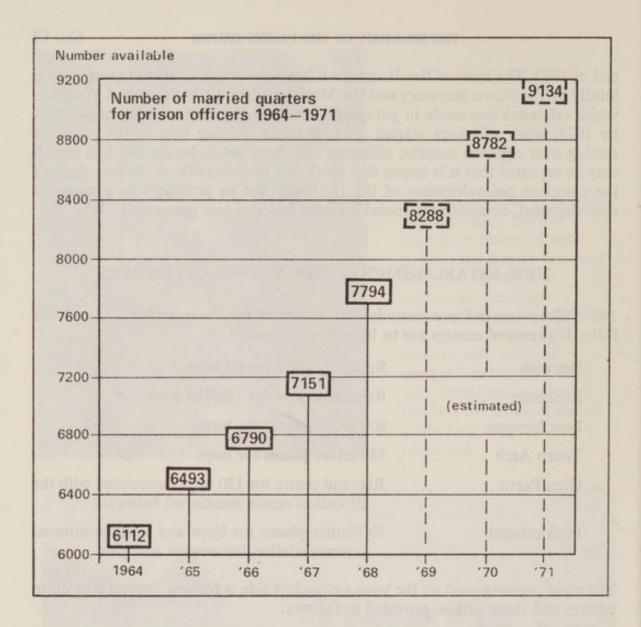
Sites near London .. Allocation centre for 450 boys—to be associated with a psychiatric borstal for 250 boys.

Other closed institutions for young offenders are likely to be needed to meet rising numbers.

The Government has also made plans for adding further units to three existing detention centres, but work on these will not start until the situation has been reassessed in the light of the forthcoming report on detention centres from the Advisory Council on the Penal System. (See paragraph 150.)

QUARTERS

193. The following diagram shows the increase in the number of married quarters for staff since 1964, an increase made necessary by the rapid expansion of the prison service in this period—

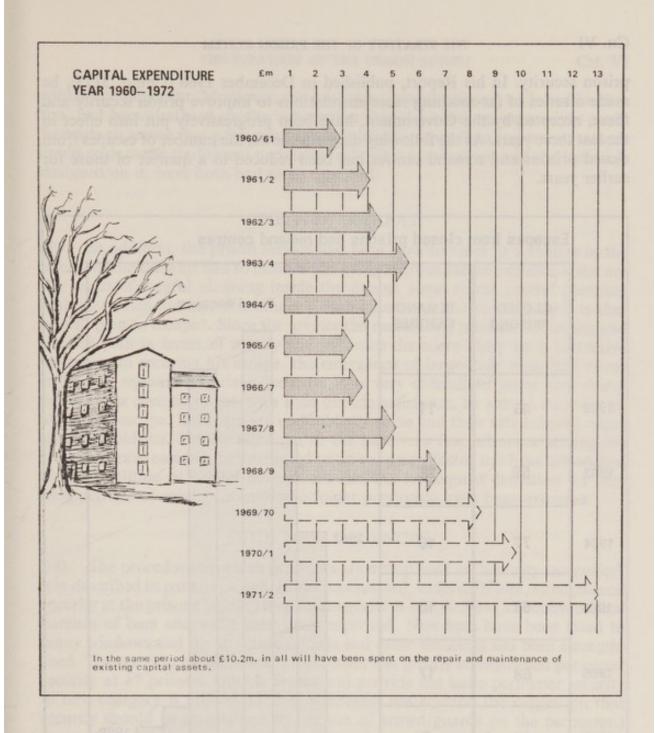


In addition to about 8,000 married quarters there is single accommodation for about 850 officers. In the last two years, the houses provided by Government building have been supplemented by purchase from private owners or builders, and as a result of these special efforts about 650 quarters were built or acquired in 1968. The number of officers waiting for quarters at the end of the year was less than 250.

GENERAL

194. The Ministry of Public Building and Works handles most major new prison projects. Other work, including work within existing prisons or borstals (where security considerations are likely to arise), is carried out by the Prison Department. On its works side, as with prison industries, the Department has been under-managed, and an expanding building programme requires more staff to control it effectively. The whole programme, including that for which the Ministry of Public Building and Works is responsible, is now being planned on a basis of annual "starts" for each of the ensuing five years.

195. The following diagram shows the total of capital expenditure since 1960, including that on quarters and on physical security, and estimates of expenditure up to 1971/72 (the figure shown for 1971/72 is a provisional estimate).

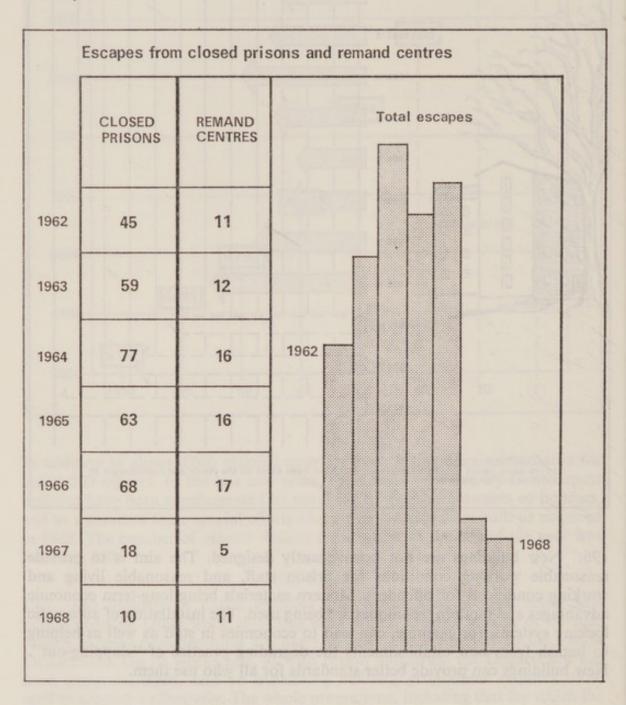


196. New buildings are not extravagantly designed. The aim is to provide reasonable working conditions for prison staff, and reasonable living and working conditions for offenders. Modern materials bring long-term economic advantages and modern techniques are being used. The installation of automatic locking systems, for example, can lead to economies in staff as well as helping to banish from new establishments the degrading practice of "slopping-out". New buildings can provide better standards for all who use them.

SECURITY

197. In October 1966, following the escape of George Blake from Wormwood Scrubs, Lord Mountbatten was appointed to conduct an Inquiry "into recent prison escapes . . ." and to make recommendations for the improvement of

prison security. In his Report, published in December 1966 (Cmnd. 3175), he made a series of far-reaching recommendations to improve prison security and these, accepted by the Government, have been progressively put into effect in the last three years. As the following diagram shows, the number of escapes from closed prisons and remand centres has been reduced to a quarter of those for earlier years.



SECURITY WEAKNESSES

198. There were various reasons why security in closed prisons had fallen below an acceptable level. The deterioration of the fabric of old buildings was one reason. Another was the freer movement and association of prisoners in buildings that might have remained secure if used for their original purpose of solitary confinement. Moreover, the post-war training prisons, such as Blundeston, had been designed on the assumption that the buildings themselves could be made so secure that a fence sufficient to hinder rather than to prevent escapes could replace the traditional perimeter wall. This assumption, and the buildings designed on it, have both had to be modified.

THE NEW THREAT

199. In addition, the prison service had been slow to react to a change in the nature of the threat it had to meet. Some escapes are made on impulse, some are the result of careful planning inside the prison, some reflect careful planning with associates outside. The longer a man's sentence, the more likely it is that he will plan to escape*. Since the greater the resources a prisoner can command outside both in terms of money and influence the more likely he is to receive assistance in securing his escape, the emergence of large-scale organised crime is directly relevant to prison security. It is very difficult to judge how many prisoners in custody might, with such outside assistance, be able to engineer an attempted escape. But there are undoubtedly some and their safe keeping raises special problems. Finally although in the past very few prisoners serving life sentences have escaped, or attempted to do so, a new factor has been introduced by the abolition of capital punishment and the consequent detention for very long periods of some prisoners who might previously have been executed.

THE NEW DEFENCES

200. The procedure by which prisoners are now placed in "security categories" was described in paragraph 168. It has necessitated, as its chief aim, strengthened security at the prisons holding men in categories A and B. First, the conventional barriers of bars and walls have been improved. New bars have been fitted to many windows and the structure of cells and other buildings has been strengthened. The erection of additional inner fences has greatly strengthened perimeter security at 17 prisons. Double fences will provide the basic perimeter security of new category B prisons. (The Government has rejected the suggestion that security should be maintained by the use of armed guards on the perimeter.) Second, the Prison Department is making increasing use of modern technical equipment and has benefited from expert scientific advice. (The Prison Department is now advised on prison security by a high level Advisory Group of scientists.) The new equipment already in use includes better lighting, closed circuit TV, personal wireless sets for staff and various alarm devices fitted on or near perimeter boundaries. The programme of improved physical security and of new equipment is not yet complete but it has already done a great deal to raise standards.

201. More staff have been employed on security duties. New wall patrols and more staff on duty on the perimeter are merely the obvious additions. There must also be staff in control rooms and in the operation of security equipment.

^{*}In the years 1961—1966 about 20 % of escapers, ignoring those on remand, came from about 2% of the prison population: those serving determinate sentences of ten years or more. The increase in the number of very long sentences has been described in the note on page 14.

Training courses have been held, including those for the security officers appointed at all closed prisons. The basic aim of training in security duties, as in other spheres, is to make the staff more professional in carrying out their tasks, for the best of security devices depends entirely on the training and alertness of the staff who operate and use them. Lord Mountbatten recommended that prison officers should be trained as dog handlers and provided with their own dogs. Thanks to the co-operation and ready help of the police, a prison dog service has been trained and built up, and it will soon reach the planned complement of 210 dog handlers for patrol duties at 24 closed prisons. Dogs are never used to assist in the routine escorting of prisoners within a prison. They are a deterrent to escape attempts, including attempts to breach the perimeter of a prison from outside. An important element in increased security effectiveness has been the growth of co-operation between the prison service and the police, including the provision by the police of up-to-date information as to a prisoner's known criminal associates at large.

THE COST OF SECURITY

202. In general the aim has been to concentrate the new security measures on the perimeters of closed prisons, which means that greater security does not involve the placing of greater restrictions on the activities and movement of prisoners. Indeed, in the long run, a strengthening of perimeter security should enable some of the restrictions imposed on security grounds within closed prisons to be relaxed. Greater security can be obtained without serious detriment to the treatment of prisoners. It cannot however be obtained without the expenditure of a lot of time and money. When resources are limited, difficult decisions must be taken about the relative priority of expenditure on security measures and expenditure on new building and other necessary prison improvements.

NOTE

LIST OF PRISON SERVICE ESTABLISHMENTS IN USE ON 1st JULY 1969

Local Prisons for Men

Name	Ac	Certified Normal commodation*	Date first used for custody of offenders	Purpose for which built
Bedford Birmingham	 H 9801	167 527	1848 1845	County Gaol City Gaol
Bristol	ow wal	407	1883	Built by Prison Commission. New block for 100 long term prisoners added 1967

^{*}i.e. the number of offenders that the institution will hold without overcrowding of cells or dormitories.

Local Prisons for Men-continued

Name	Certified Normal Accommodation	Date first used for custody of offenders	Purpose for which built
Brixton	621	1853	County female penitentiary reconstructed and added to before 1914
Canterbury	219	1808	County Gaol Rebuilt 1852
Cardiff	215	1830	County Goal
Dorchester	137	1855	County Gaol rebuilt by Prison Commission 1879
Durham	678	pre 1877	County Gaol Rebuilt 1881
Exeter	235	1853	County Gaol
Gloucester	166	c. 1800	County Gaol Rebuilt 1840
Leeds	559	1840	City Gaol
Leicester	214	1828	County Goal Rebuilt 1850
Lincoln	322	1869	County Gaol
Liverpool	1050	1854	City Gaol. Subsequent ex- tensions and rebuilding
Manchester	782	1869	County Goal Alterations pre-1914
Norwich	181	1892	Built by Prison Commission
Oxford	123	1858	County Gaol (To be closed)
Pentonville	885	1842	"Model" prison for much of nineteenth century
Shrewsbury	165	1795	County Gaol Rebuilt 1885
Swansea	225	1859	County Gaol
Wandsworth	1073	1849	County Gaol
Winchester	333	1855	County Gaol
Wormwood Scrubs (Also long-term training prison	914 n)	1874	Completed in 1891 mostly by "Convict labour"

^{*}i.e. the number of offenders that the institution will hold without overcrowding of cells or dormitories.

Training Prisons for Men (Other than Open Prisons)

-		and the same of th							
Albany	ar salasi	480		1967	Mostly purpose built. Some army barracks adapted				
Aylesbury		300		1845	County Gaol				
(for young	area (in	300		1043	Inebriates Reformatory				
prisoners)					added in 1902				
		204		1062					
Blundeston	(to)	304		1963	Purpose built				
Camp Hill		354		1912	Purpose built				
Chelmsford	IN CALL	202		1819	County Gaol				
Coldingley	· · vin	296		1969	Purpose built				
Dartmoor	O. nosis	668		1851	Built by prisoners of war in				
					Napoleonic Wars and used by them				
Gartree	1001 4110	408		1966	Purpose built				
Grendon		325		1962	Purpose built				
Psychiatric Pr	icon	323		1702	Turpose built				
Haverigg	15011	400		1967	Former R.A.F. Camp				
Haveligg	when	adaptatio	n	1907	Tornici K.A.T. Camp				
		mpleted	11						
Hull	0.81	260		1869	City Gaol. Part rebuilt since 1945 after bombing				
Lancaster	mty Gaol Gaoth S	198		?	Castle with Norman keep. County Gaol from 1788				
Lewes		281		1855	County Gaol				
(also takes so	ome	201		1000	County Gaor				
trial and rem									
prisoners)									
Maidstone		496		1817	County Gaol, reconstructed				
	my Gital be closed				before 1914				
Northallerton		146		1850	County Gaol. Some build-				
(for young					ings are older				
prisoners)				10.50	W. L. W. W				
Northeye	3001 (30	250	DEAL.	1969	R.A.F. Camp				
		adaptatio	n						
Mattingham	CC	mpleted		1900	City Cool manustrated				
Nottingham	nty Giol	214		1890	City Gaol, reconstructed 1912				
Parkhurst	no capi	613	c.	1800	Originally a juvenile				
					prison, much altered before 1914				
Portsmouth		140		1878	City Gaol				
		n adapted							
D	from	Borstal us	se	1700	0 . 0 .				
Preston	o • e gyo. tu	451		1799	County Gaol Rebuilt 1820				

Training Prison	as for Men	(Other than O	pen Prisons)—continued
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Reading		185 then adapte m Borstal		1845	County Gaol
Shepton Mal	let	198	pre	1877	County Gaol and later military prison
Stafford		664		1845	County Gaol
The Verne	O bom	339		1949	Formerly a citadel of Harbour Defence
Wakefield	Since and	631		1847	County Gaol

Open Prisons for Men

Name	Certified Normal Accommodation	Date first used for custody of offenders	Purpose for which built
Appleton Thorn	311	1960	Wartime or service camp
Ashwell .	. 300	1955	Wartime or service camp
Bela River .	. 332	1953	Wartime or service camp
Drake Hall .	200	1958	Wartime or service camp
Eastchurch	562	1950	Wartime or service camp
Ford	536	1960	Wartime or service camp
Haldon	144	1949	Ministry of Labour Rehab-
(linked to Exeter		1961	ilitation Centre
prison)			Ffuncciombe
Kirkham .	. 494	1962	Wartime or service camp
Leyhill	. 432	1946	Wartime or service camp
Spring Hill .	. 170	1953	Wartime or service camp
(linked to			DOI:
Grendon)			
Sudbury .	. 339	1948	Wartime or service camp
Thorp Arch .	. 324	1959	Wartime or service camp
Survey - Construction of the Construction of t			and the standard and
Remand Centres			
Boys only			
Ashford .	. 361	1961	Former L.C.C. Residential School
Brockhill .	. 105	1965	Purpose built
Cardiff .	40	1965	Wing of prison
Exeter .	. 34	1964	Part purpose-built (Part old County Court offices)
Thorp Arch	84	1965	Purpose built
Winchester .	. 43	1965	Purpose built
		1962	Gurra March 17 265
Boys, Women and Low Newton	76	1965	Purpose built
Pucklechurch	57	1965	Purpose built
		1903	Turpose ount
Men, Boys, Wom		OPE	Uhl spante Hawell
Risley .	. 507	1965	Purpose built

Establishments for Women and Girls

Holloway (includes borstal and remand centre)	500	1853	City of London Gaol
Styal	198	1963	Former cottage homes
Askham Grange	63	1946	Converted Country Man- sion
Moor Court	42	1957	Converted Country Man- sion
Bullwood Hall borstal	92	1962	Purpose built
Exeter borstal	29		Part of prison
East Sutton Park open borstal	39	1946	Converted manor house
Closed Borstals for Bo	oys		
Dover	269	1953	Nineteenth Century Fort. New accommodation being built
Everthorpe	300	1958	Built as prison
Feltham	320	1910	Industrial School 1856
Hindley	300	1961	Built as prison
Huntercombe	140	1946	Country House
Manchester Allocation Centre	303	-	Part of prison
Onley	300	1968	Purpose built
Portland	400	1848	Built as convict prison. Converted after 1918
Rochester	312	1873	Built as convict prison. Extensively reconstructed
Stoke Heath	304	1964	Built as prison
Wellingborough	224	1964	Purpose built
Wormwood Scrubs Allocation Centre	316	19.0	Part of prison
Open Borstals for Boy	s		
Finnamore Camp (linked to Feltham)	80	1960	Built pre-war as a holiday camp
Gaynes Hall	180	1946	Country House and wartime camp
Guys Marsh	265	1962	Former Army hospital
Hatfield and	220	1946	Army camp
Gringley			Land army hostel
Hewell Grange	120	1946	Country House and war- time camp

Open Borstals for Boy	s—continue	ed	
Hollesley Bay	345	1938	Former L.C.C. Agricultural School. New buildings added since war
Lowdham Grange	250	1931	Purpose built
Morton Hall	159	1958	Former R.A.F. station
Pollington	140	1950	Former Army camp
Prescoed	120	1939	Purpose built
(linked to Usk)			
Wetherby	220	1958	Former R.N. Training Establishment
Detention Centres for	Roys		
	E SERVICE II	1047	The sales containing of
Aldington	84	1947	Former agricultural camp with additional buildings
Blantyre House	100	1954	Formerly farm house and buildings (Mr. Fegan's Homes)
Buckley Hall	106	1954	Converted country house
Campsfield House (Junior Centre)	71	1952	Former agricultural camp
Eastwood Park (Junior Centre)	101	1968	Purpose built by inmate labour
Erlestoke	92	1962	Country house and former Ministry of Defence camp
Foston Hall (Junior Centre)	65	1956	Converted country house
Haslar	100	1962	Additions made to former R.N. Hospital
Kirklevington (Junior Centre)	76	1963	Most purpose built: part former Manor House
Latchmere House	131	1948	Private residence: Wartime interrogation centre
Medomsley	100	1961	Former local authority building
New Hall	75	1936	Built in 1936 as open prison
North Sea Camp	95	1935	Built largely by borstal boys
Send (Junior Centre)	73	1962	Addition to former isola- tion hospital
Swinfen Hall	182	1963	Purpose built as borstal
Usk	100	1838	Old County Gaol
Werrington	100	1957	Former local authority building
Whatton	200	1966	Purpose built

VII

STAFF AND ORGANISATION

GENERAL

203. There are about 15,000 public servants working in the prison service. Their wages and salaries in the last financial year amounted to about £24m., something over half the total cost of the prison system. Like any other service or organisation dealing with people the prison system is, therefore, "labour intensive" and it is important that staff should be of the right quality, well trained and efficiently used. This Part gives some account of the work and training of the many different types of people employed by the service and emphasises in particular the role of the modern prison officer. It also deals with the organisation of the service, both at headquarters and in institutions, and discusses some of the decisions that have to be made about the best use of the human resources available.

204. The following table shows the main groups of staff and the type of institutions at which they work:

STAFF IN POST ON 1st JANUARY 1969 BY GRADE AND TYPE OF ESTABLISHMENT IN WHICH SERVING

		Governor	Grades	Prison	Prison Officer Grades	Medical Officers,	Executive,	Other non-	Industrial
		M.	F.	M.	F.	and other Professional Grades	and Typing Grades	Industrial	Grades
Local Prisons and Remand Centres	:	100	7.7	4,214	1,000	179	099	331	367
Closed Training Prisons	:	19		2,433	£075	92	307	253	318
Open Training Prisons	:	25	9	869	38	24	137	88	171
Training Borstals	:	116	9	1,518	106	50	235	201	394
Detention Centres (including Junior Detention Centres)	ntion	19		633	30	26	94	28	135
Staff of Training Establishments	:	21	1	29	1	1	00	6	72
New Entrants under Training	:	46	5	304	01	1	1	1	1
TOTALS	:	394	32	9,729	473	356	1,441	910	1,457

GRAND TOTAL 14,792

(In this table two part-time staff count as one full-time officer. The table does not include Tutor Organisers and Prison Welfare Officers who are not appointed by the prison service although the cost is met from the Prison Vote.)

INCREASE IN STAFF

205. The following table shows how the total number of staff has increased since 1964:

	Average prison Population	Total Prison Officer grades in post at end of year	Total staff in post at end of year	
1964	 29,600	8,109	11,770	
1965	 30,421	8,261	12,042	
1966	 33,086	8,909	12,883	
1967	 35,009	9,532	13,810	
1968	 32,461	10,202	14,792	
1st July 1969	 34,782	10,607	15,245	

Various factors in the past few years have made it necessary to increase the staff. They include the increase in the numbers of offenders in custody, the opening of new establishments, usually smaller than those of a previous age, and requiring a greater ratio of staff to offenders, new security and escort duties, the development of new activities and new methods of treatment and the decision to allow offenders more time out of their cells. The Prison Department must always be seeking ways to use staff more economically but, in general, improvements in the prison system entail additional staff, although in some cases (e.g. automatic locking systems) they should lead to economies.

GOVERNORS AND ASSISTANT GOVERNORS

206. The governor of a prison is responsible for the maintenance of security, good order and discipline, for the effective co-ordination of the work of all the members of his staff, for the regime of the establishment and the treatment and training of offenders, and for the proper use of public money and property. This is a formidable assignment. It requires qualities of leadership and management, allied to a continuing concern for individuals. Assistant governors have managerial and administrative responsibilities for certain parts of an establishment, or certain aspects of its work, or for the devising and implementation of the methods of training offenders. They play a large part in assessing the suitability of offenders for parole, and in selection for home leave or pre-release employment schemes.

RECRUITMENT OF GOVERNORS

- 207. There are about 400 governors and assistant governors. They are at present recruited in three ways:
 - (a) by an annual limited competition open only to serving members of the prison officer class;
 - (b) by the promotion of chief officers;
 - (c) by open competition.

Some prison officers, and occasionally other members of the prison service, enter the Governor class by open competition, but, in the main, successful candidates in the competition have come from outside the service, some direct from Universities, others after experience in a wide variety of occupations. The following table gives the details of recruitment in the last five years:

	Limited competition (prison officers only)	Promotion (chief officers)	Open con (open to and out. Service	those in side the	Total	Į,	tal from prison officer class
1964	5	1	16	(0)	22	6	(27%)
1965	6	1	19	(4)	26	11	(42%)
1966	10	1	15	(1)	26	12	(46%)
1967	10	1	39	(4)	50	15	(30%)
1968	13	2	39	(7)	54	22	(41%)

- 208. 151 serving governors have come from within the service and, as the table shows, the number of such governors has risen over the years. But demand has risen also and, while it has been the aim of successive governments since 1948 to recruit as far as possible from within the service, progress in this direction has been slow. The Government is convinced that there is much untapped talent within the service and that faster progress towards a unified service would be beneficial. A working party of departmental and staff representatives under the chairmanship of the Director General of the Prison Service has been set up to examine this problem. Its terms of reference are:
 - "(1) To recommend what changes are necessary to secure that over a period a one-tier system is introduced into the Prison Service in England and Wales and that meanwhile an increasing proportion of the vacancies in the governor class is filled from within the Prison Service; and for this purpose

^{*}Figures in brackets indicate the number of serving members of the prison officer class.

- (2) to examine:
 - (a) what modifications are needed in the arrangements for the recruitment of prison officers, their conditions of entry and opportunities of promotion to assistant governor;
 - (b) what improvements are needed in the facilities available to suitable prison officers wishing to prepare for such promotion; and
 - (c) what steps are needed to remove any circumstances which may deter officers from seeking such promotion".

THE MEDICAL SERVICE

DOCTORS

209. The Prison Medical Service is staffed by some 90 full-time medical officers and an equal number of part-time medical officers who are usually also general practitioners in the National Health Service. There are also visiting specialists, including psychotherapists, dentists, surgeons, anaesthetists and venereologists. The Working Party on the Prison Medical Service, which reported in 1964, recommended the establishment of posts in forensic psychiatry jointly between the Home Office and the various regional hospital boards. Four consultant posts have, so far, been created, and further appointments of joint consultants and registrars will be made as suitable candidates are found.

OTHER STAFF

210. The medical staff is supported by nursing sisters and hospital officers, and the service employs its own pharmacists. The nursing sisters are under the direction of the Nursing Matron-in-Chief and are mainly stationed in establishments for women and girls and for boys, but some are also in post at Wormwood Scrubs and Grendon. Hospital officers are members of the prison officer class and whenever possible are recruited from men who are qualified as state registered or enrolled nurses. As the number from this source is inadequate for the needs of the service anyone (including any serving officer) who has experience of, or an aptitude for, nursing may apply to be trained as a hospital officer. All potential officers must first undergo the normal initial training course for prison officers and obtain some experience of discipline duties. They then attend special training courses, at the end of which they take an examination, success in which qualifies them for the Prison Nursing Certificate.

PSYCHOLOGISTS

211. The Prison Department now employs 60 psychologists and 20 psychological testers, their services being used in a wide variety of ways. When psychologists were first appointed to the prison service their role was seen mainly as the diagnostic assessment of prisoners on remand, and some psychologists still do this work in local prisons or remand centres. Others work in allocation centres contributing to the initial assessment of prisoners received on conviction, and others in training prisons where the task may be that of assessing change in attitudes and behaviour during sentence. Whatever the area of his work, the

psychologist aims to provide recommendations on which operational decisions may be made and to collect data for evaluative research into the effectiveness of the system to which he is contributing. Psychologists have played a considerable part in the development of group counselling at certain establishments to which reference was made in paragraph 43, and they take training and support groups for the staff engaged on this work. In his general approach to his work in the prison service, the psychologist aims to assess and understand institutional processes and the ways in which they can affect both prisoners and staff.

ADMINISTRATION

212. Working under an Administration Officer there is, in effect, a secretariat in each establishment whose staff are drawn from the general Civil Service executive, clerical and typing classes. As the number of offenders in custody increases so does the work of this administrative staff, for example in correspondence with the courts and the police. New legislation can also add considerably to its work—the parole scheme introduced by the Criminal Justice Act 1967 made substantial demands on staff responsible for obtaining, assembling and copying the necessary documents. Normally, the administrative staff are not directly involved in the treatment or supervision of offenders, although there are some areas, for example in the new provisions concerning legal aid, where, in co-operation with prison officers, they do play such a part; but the smooth running of the establishment and the ability to reach informed decisions about the treatment of offenders obviously depend on the efficiency of the administrative machinery.

OFFICE ACCOMMODATION

213. Staff must be given decent working conditions. Too often, with the increase in numbers in recent years, the office accommodation—whether for professional staff, prison officers or administrative staff—is inadequate and over-crowded. Some staff have to work in converted cells, others in temporary accommodation. There are some establishments where new buildings provide satisfactory working conditions; and part of the modernisation programme of older buildings must be devoted to bringing more offices up to this standard.

PRISON OFFICERS

214. Two thirds of the staff employed in prison service establishments are the prison officers. The general public all too often sees these officers as gaolers, and little more. This picture is false.

SPECIALISATION

215. Prison officers may be divided into two broad groups: 7,500 carry out the general work of the establishment including, at a local prison, the work at the courts. The remaining 2,500 have chosen to specialise, at least for part of their career. The specialists, in this sense, include the instructors referred to in paragraph 217 below, the hospital officer, catering officer, physical education instructor, the dog handlers and the trade assistants and works officers. The trade assistant is responsible for carrying out works services (for example

maintenance work, plumbing, carpentry, decorating) and for the instruction and supervision of offenders engaged on such work. The works officer is a more senior officer with general responsibility for this work in an establishment. New physical security arrangements and the new impetus to improve the physical conditions of old buildings, together with the never-ending maintenance work in obsolete buildings, have combined to place a heavy burden on this group of prison officers in recent years.

THE TREATMENT OF OFFENDERS

216. Much of the time of the general prison officer is spent on custodial duties, including court and escort work, and recent measures to improve security have added considerably to those essential tasks. But the prison officer has been encouraged in recent years to become more involved in the treatment of the offenders he deals with. A Working Party, which includes representatives of management and staff, meets regularly to explore areas in which the prison officer can play a more constructive role, and has already made good progress. In many establishments an officer now has the responsibility for a group of offenders whom he can get to know and in whose activities he may join. The assessment and recording of information about offenders, for example in classification procedures and for parole, provide prison officers with opportunities for new and rewarding work, and often reveal new skills which, with training, are of great value in the modern treatment of offenders.

INSTRUCTORS

217. Personal influence is often best exercised when working together on a job, and there is probably no section of the staff better placed to influence offenders than the instructors in the workshops and on the prison farms. There are altogether some 1,160 instructors, 650 belonging to the prison officer grades. The rest are civilian instructional officers. While in many workshops discipline is still maintained by prison officers undertaking general custodial duties, experience shows that in an increasing number of cases security and discipline in the shops can be left to the instructors themselves. This points to the need for greater training of civilian instructors in the treatment of offenders so that they can make a contribution to the work of their establishment which goes beyond their technical and managerial work. Equally, as the place of industry in the regime of a prison becomes more important, there is a need for members of the staff to learn more about the functioning of industry.

HIGHER GRADES OF PRISON OFFICERS

218. The Chief Officer in each establishment is responsible to the Governor for the deployment and efficient use of the prison officers under his control. Under the Chief Officer are a number of Principal Officers whose main responsibilities may be in one wing or house of an institution and who are increasingly being given a managerial role. Last year, in accordance with a recommendation of the Mountbatten Report, a third grade called Senior Officer was introduced. So far over 900 basic grade officers, including 100 specialist officers, have been promoted to this new rank.

STAFFING NEEDS

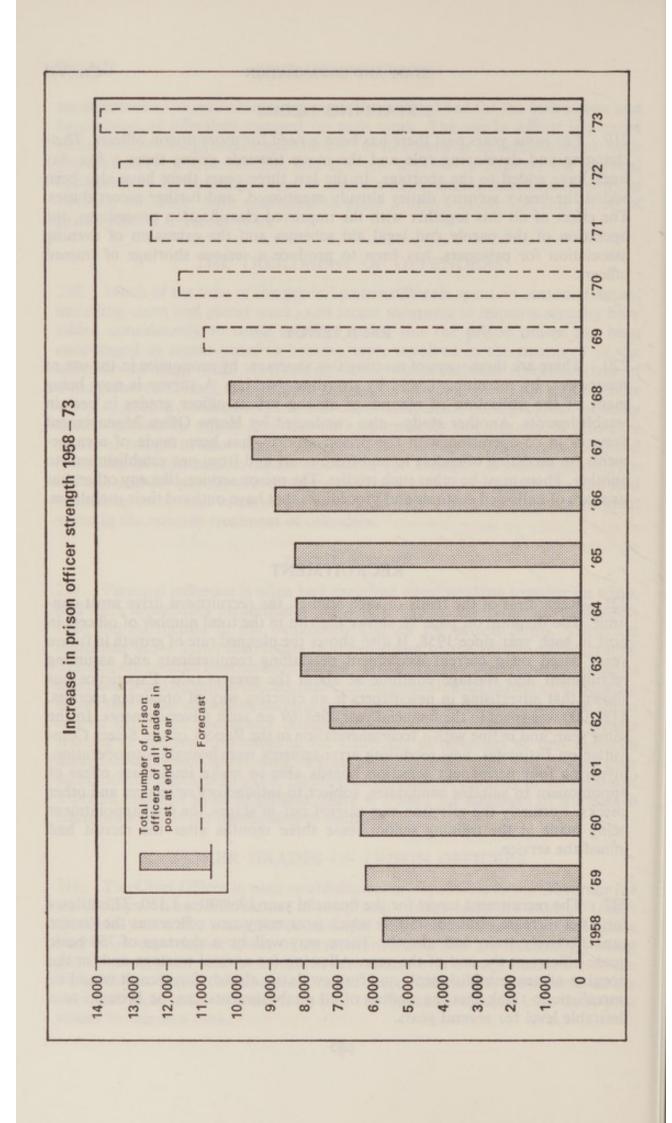
219. For some years past there has been a need for more prison officers. Their changing and developing role and the move towards giving them a five day week have added to the shortage. In the last three years there have also been added the heavy security duties already mentioned, and further escort duties. The effect of all this together with the improved classification procedures, the operation of the parole and legal aid schemes and the extension of evening association for prisoners, has been to produce a serious shortage of trained officers.

EFFICIENCY

220. There are three ways of meeting this shortage: by economies in the use of manpower, by recruitment, and by overtime working. A survey is now being made of the utilisation of manpower among prison officer grades in certain establishments. Another study—also conducted by Home Office Management Services in co-operation with the prison service—has been made of arrangements for escorting offenders to and from court and from one establishment to another. There must be other such studies. The prison service, like any other, has its share of hallowed customs and procedures that have outlived their usefulness.

RECRUITMENT

- 221. Regardless of the fruits of such studies, the recruitment drive must continue. The diagram on page 96 shows the rise in the total number of officers in post in each year since 1958. It also shows the planned rate of growth in future years based on a current assessment of staffing requirements and assuming recruitment and wastage continue at about the present rate. Experience has shown that advertising in newspapers is an effective way of obtaining recruits. £180,000 was spent in the financial year 1968/69 on such advertisements. In the same year, and in line with a recommendation in the Report of the Select Committee on Estimates, new recruiting arrangements were brought into operation, involving four permanent selection boards able to make immediate offers of appointment to suitable candidates, subject to satisfactory references and other checks. Formerly the selection was carried out in stages, the final appointment being made at the training school some three months after the recruit had joined the service.
- 222. The recruitment target for the financial year 1969/70 is 1,150. This allows for a net increase of about 750 which is as many new officers as the service can effectively train and absorb. There may well be a shortage of 750 basic grade officers at the end of the year. Allowing for normal wastage and for the opening of new establishments and for new duties already foreseen, it would be unrealistic to think that the staffing of all establishments can be brought to a desirable level for several years.



OVERTIME

223. Staff shortages must be made good by overtime. The staffing needs of institutions vary from day to day, for example with the incidence of court work and escorts, and it would be wrong to base permanent staff complements on periods of peak activity. It will never therefore be possible to abolish overtime in the prison service entirely. But at present it is a matter of great concern that prison officers must regularly work overtime (both in the way of additional hours and of rest day working) to an extent which impairs efficiency and may affect health and welfare.

TRAINING

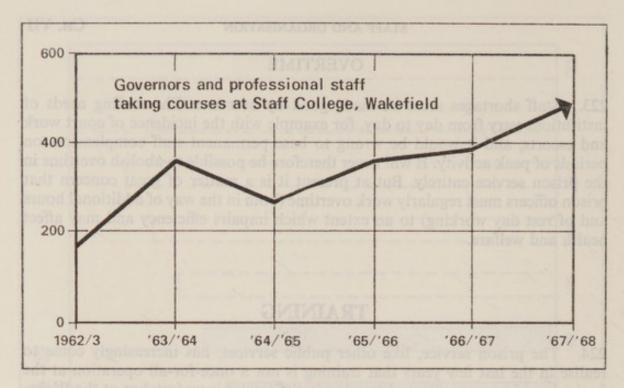
224. The prison service, like other public services, has increasingly come to realise in the last few years that training is not a once-for-all operation at the beginning of a career. Central training in the service is undertaken at the Wake-field Staff College, with residential accommodation for 110 students, and at two Officers' Training Schools, one at Leyhill and one in new premises at Wakefield, which together have over 250 places. A Principal Officer at every prison has part time responsibilities for training, but the possible amount of formal staff training varies greatly from one establishment to another.

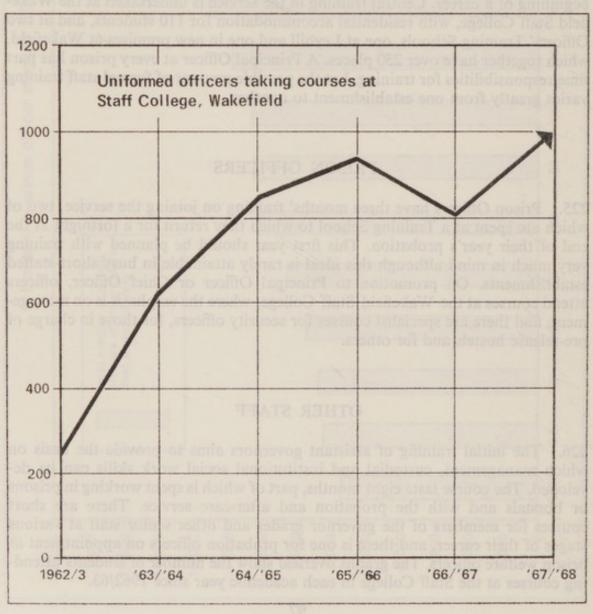
PRISON OFFICERS

225. Prison Officers have three months' training on joining the service, two of which are spent at a Training School to which they return for a fortnight at the end of their year's probation. This first year should be planned with training very much in mind although this ideal is rarely attainable in busy short-staffed establishments. On promotion to Principal Officer or Chief Officer, officers attend courses at the Wakefield Staff College, where the emphasis is on management, and there are specialist courses for security officers, for those in charge of pre-release hostels and for others.

OTHER STAFF

226. The initial training of assistant governors aims to provide the basis on which management, custodial and institutional social work skills can be developed. The course lasts eight months, part of which is spent working in prisons or borstals and with the probation and after-care service. There are short courses for members of the governor grades and other senior staff at various stages of their career, and there is one for probation officers on appointment as prison welfare officers. The graphs overleaf show the number of students attending courses at the Staff College in each academic year since 1962/63.





WIDER EXPERIENCE

227. The prison service does not and should not attempt to be self-sufficient in its training programme. The staff are encouraged to attend courses arranged by the extra mural departments of Universities and local Colleges of Further Education. About 800 attended such part time courses last year. A small number attend full time courses such as those at the Cambridge Institute of Criminology. There are links with other Universities, particularly at Leeds, where five lecturers also teach at the Wakefield Staff College. Since prison staff should have the opportunity of getting to know members of other services with common problems, an increasing number of prison officers now spend a few days attached to the local probation and after-care service or to psychiatric hospitals. Some staff are enabled, under the auspices of the Council of Europe, to study the penal systems of other countries, and the Prison Department is regularly represented at international conferences.

228. All this emphasises that training is not to be seen as merely the absorption of knowledge or skill. It is an opportunity for sharing experience and discussing common problems. Too little is done at present to bring together in this way people of different grades and disciplines within the prison service itself. The Staff College has organised some small and successful joint conferences, but if it is to do more of this work, and if its staff are to carry out a programme of evaluation and research into the aims and effectiveness of training, the College will need new and more suitable premises.

THE ORGANISATION OF THE PRISON DEPARTMENT

229. Unlike many of the other civilian services for which central Government has a general responsibility, the prison service is directly administered as part of a Government Department and not by a local authority or public corporation. This direct Ministerial responsibility reflects the frequent and proper public and parliamentary interest in the treatment of people in custody. It is one indication of this interest that Home Office Ministers in 1968 answered over 100 Parliamentary Questions and about 1,500 letters from Members of Parliament on the treatment of particular offenders in custody, on parole, and on various matters dealt with by the Prison Department. Increasingly the work of that Department is linked to that of the Probation and After-Care Department of the Home Office as well as to that of the Department of the Office with responsibilities for the criminal law. The prison service also needs to be in close touch with the development of modern management techniques in the public service.

MANAGEMENT REVIEW

230. The Government accordingly decided to carry out a wide ranging review of the organisation, functions, management and administrative practices of the Prison Department. This review was entrusted to a team including members of the Home Office and Civil Service Department Management Services and of outside consultants. They obtained and discussed the views of members of the

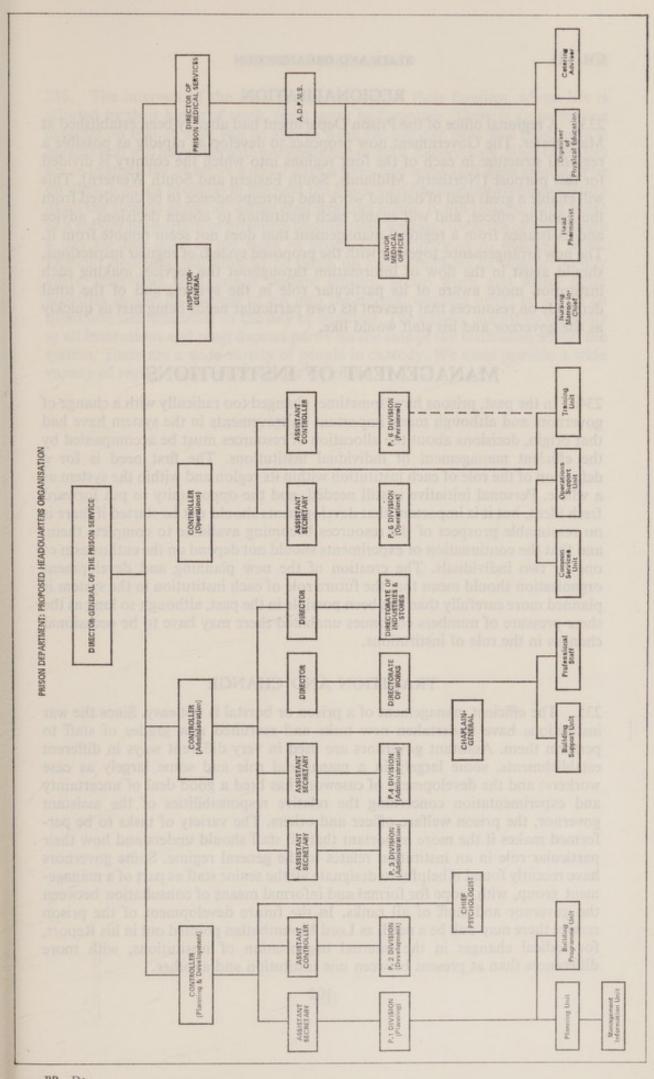
Department, both at Headquarters and in institutions, and of the Staff Associations. There was general agreement that:

- (a) Too much detailed work was centralised at headquarters.
- (b) It was necessary to establish clearer lines of authority and responsibility at headquarters, and between headquarters, regions and the field, and to integrate the work of the administrative and executive classes and of the professional advisers.
- (c) There was inadequate provision for planning the use to be made of available resources, and for assessing the effect and value of changes in the treatment of offenders in custody. A planning organisation divorced from the heavy pressure of Parliamentary and other day to day work was needed.
- (d) Inspection had been too closely linked with executive functions and had not been sufficiently comprehensive.

The Review Team put forward proposals designed to remedy these and other deficiencies, proposals which were generally in line with the recommendations of the Fulton Committee on the organisation of the Civil Service. Some members of the Review Team had been associated with that Committee.

THE NEW STRUCTURE

- 231. The Government announced earlier this year the changes it had decided to make in the management structure of the Prison Department following the management review. A Deputy Under Secretary of State was appointed full time Director General of the Prison Service, while retaining a responsibility for the Parole scheme. The day to day work of the Department and the service became the joint responsibility of a Controller (Administration) and a Controller (Operations). The appointment of a Controller of Planning and Development gave one person responsibility for the direction and co-ordination of all medium and long-term planning for the service. The Inspector General, freed of executive responsibilities, became head of a new team to carry out a co-ordinated inspection of all aspects of the work of institutions. This team could call on the services of people of different disciplines and different previous experience. A new and smaller Prisons Board was set up which, subject to the general supervision of the Permanent Under Secretary of State and the direction of Ministers, shares collectively in the formulation of major policy developments and decisions. The Director General is Chairman of the Board, and its five other members are the Controllers of Administration, Operations and Planning and Development, the Inspector General and the Director of Prison Medical Services.
- 232. Under the new organisation there are no longer senior posts which are the exclusive preserve of members of the administrative or executive classes of the Civil Service and others which are the preserve of those who have previously been governors of prisons or borstals. Nor are the latter seen primarily as advisers. Staff of different backgrounds and experience work as an integrated team. The following chart gives the main features of the new organisation.



REGIONALISATION

233. A regional office of the Prison Department had already been established at Manchester. The Government now proposes to develop as rapidly as possible a regional structure in each of the four regions into which the country is divided for this purpose (Northern, Midlands, South Eastern and South Western). This will enable a great deal of detailed work and correspondence to be devolved from the London offices, and will enable each institution to obtain decisions, advice and assistance from a regional management that does not seem remote from it. The new arrangements, together with the proposed system of regular inspections, should assist in the flow of information throughout the service, making each institution more aware of its particular role in the system, and of the total demands on resources that prevent its own particular needs being met as quickly as the governor and his staff would like.

MANAGEMENT OF INSTITUTIONS

234. In the past, prisons have sometimes changed too radically with a change of governors and although many important improvements in the system have had that origin, decisions about the allocation of resources must be accompanied by the efficient management of individual institutions. The first need is for a definition of the role of each institution within its region and within the system as a whole. Personal initiative is still needed, and the opportunity to put forward fresh ideas, but it is important that developments should not be started if there is no reasonable prospect of the resources becoming available to complete them, and that the continuation of experiments should not depend on the enthusiasm of one or two individuals. The creation of the new planning and development organisation should mean that the future role of each institution in the system is planned more carefully than has been possible in the past, although so long as the sheer pressure of numbers continues unabated there may have to be occasional changes in the role of institutions.

TRADITION AND CHANGE

235. The efficient management of a prison or borstal is not easy. Since the war institutions have undertaken new tasks and recruited new grades of staff to perform them. Assistant governors are used in very different ways in different establishments, some largely in a managerial role and some largely as case workers; and the development of casework has bred a good deal of uncertainty and experimentation concerning the relative responsibilities of the assistant governor, the prison welfare officer and others. The variety of tasks to be performed makes it the more important that all staff should understand how their particular role in an institution relates to the general regime. Some governors have recently found it helpful to designate all the senior staff as part of a management group, with scope for formal and informal means of consultation between the governor and staff of all ranks. In the future development of the prison service there may well be a need, as Lord Mountbatten pointed out in his Report, for radical changes in the internal organisation of institutions, with more differences than at present between one institution and another.

236. The interests of the staff themselves and of their families, whose life is affected by their hours of work, must never be forgotten. There is an increasing expectation that all staff will be able to work the five day week that most have at present and will have alternate weekends free of duty. Accordingly, since offenders are in custody for 24 hours a day 7 days a week and some staff have always to be on duty, a major problem in the next ten years is going to be the accommodation of all the various activities within staff working hours. It will become more acute as a greater proportion of prisoners become fully occupied for seven or eight hours a day for five days of the week in productive industry or in building work. Difficult decisions will have to be taken on such questions as whether family visits, interviews with prison welfare officers, group work and many other activities should be allowed to cut into the normal working hours or left to be fitted into the remainder of the day or weekend. The answer cannot be the same at all institutions and must depend partly on the role of the institution within the system. There are a wide variety of people in custody. We must provide a wide variety of regimes and opportunities for them.

VIII

CONCLUSION

NUMBERS AND OVERCROWDING

237. Two factors have dominated the history of the prison service ever since the war. The first is the rise in numbers, and the consequent overcrowding. The second is the development of alternatives to the traditional form of imprisonment.

RISE IN NUMBERS

238. In 1967 the daily average number of people in custody was the highest ever recorded: 35,000. It fell in 1968 to 32,500. (This was primarily due to the provisions of the Criminal Justice Act 1967 summarised on page 16, which were designed to reduce the number of people sent to prison for short periods.) The daily average in the first half of 1969 has been nearly 34,000. On the best evidence available, and taking account of recent crime figures and the likely growth of the total population of England and Wales, the Government believes that the prison service must plan on the assumption that the number of people in custody is likely to continue to rise by over 1,000 a year, thus reaching about 40,000 by the early 1970's.

OVERCROWDING

239. There are today about 9,000 prisoners sleeping two or three in a cell. Overcrowding is the worst feature of our prison system, worse even than the old buildings in which it takes place, and its effects are seen throughout the system. It is true that it has been found to be possible for men to sleep two or three in a cell with surprisingly little friction and with no obvious detriment to health. Some men prefer the company. Others feel the total lack of privacy. But it is not so easy, though it has to be done, to overcrowd men in workshops, to produce more meals from the same kitchens, to give more men baths in old bath houses, or to supervise more visits in the same visiting room. Overcrowding weakens security and makes it more difficult for staff to get to know prisoners. Shortage of places in training prisons means that many men must remain in local prisons throughout their sentence. Shortage of places in training borstals means that young offenders have to wait in local prisons, or in allocation centres, for a vacancy. This waiting period is sometimes far too long and makes a deplorable start to a borstal sentence. With the general pressure on numbers it sometimes seems that the wonder is not that things occasionally go wrong, especially in overcrowded local prisons, but that the system functions as well as it does.

CHANGES IN TRADITIONAL FORMS OF IMPRISONMENT

240. The traditional form of imprisonment involved sending people to a building designed largely for solitary confinement, providing the minimum necessities of life and allowing the minimum contact with the outside world. Samuel Taylor Coleridge wrote in *The Devil's Thoughts:*

"As he went through Cold-Bath Fields he saw A solitary cell; And the Devil was pleased, for it gave him a hint For improving his prisons in Hell."

Offenders were kept in prison for a predetermined period and then released abruptly to complete freedom. The account given in this White Paper of the various aspects of the work of the modern prison service shows how far we have moved from this concept of imprisonment to a more constructive one.

DETENTION CENTRES AND BORSTALS

241. Most offenders under 21 whom the courts commit to custody for a short period no longer go to prison at all: they are sentenced instead to a period in a detention centre. The Government has virtually completed a programme for building new detention centres so that this alternative to imprisonment is now available to courts in all parts of the country; and in 1968, for the first time, the supply of places was adequate to meet the current demand. The borstal system has long provided an alternative to the traditional forms of imprisonment for young offenders, and it has expanded since the war so that it now provides the normal method of treatment for those under 21 whom the courts commit to custody for a period of between six months and two years.

OPEN PRISONS

- 242. Another major development since the war has been the use of open prisons for adult prisoners. About 4,000 places have been provided in these prisons, and the selection of men and women for transfer to them is but one example of the increasing importance of assessing individual offenders, and developing a range of different prisons with different degrees of security and with different regimes.
- 243. A beginning, though only a beginning, has been made in providing a wider range of prisons for adult offenders. Prisons such as Wakefield and Maidstone pioneered the idea of the training prison with a full and constructive day's work. Other prisons, notably Blundeston, have concentrated on the rehabilitation of "inadequate" offenders. At Grendon psychiatric prison important work has been done in the treatment of disturbed offenders.

THE CHANGE IN ATMOSPHERE

244. One must not exaggerate the extent of all these changes. About 40 per cent of all those in custody, and more than half the adult men, are in overcrowded

local prisons. Some borstals are in prison buildings. Moreover, the designation of an institution as a detention centre, a borstal or a training prison does not, of itself, alter the basic condition of custody, the artificiality of the inmate's life, the boredom or the drab uniformity. On the other hand, even in the Victorian buildings in which most prisoners still live, there have been great changes. The last vestiges of the rule of silence have long since disappeared in the noise of radios in workshops, and people in custody may now talk freely to each other. So far as the severe limitations of space and shortages of staff allow, offenders in prison, as well as in borstals and detention centres, now eat meals together and can associate with each other in the evening. Books, radio, television and newspapers provide some contact with the world outside. Above all, staff of all grades are now encouraged to get to know offenders and to concern themselves with their treatment. All this has produced a change in atmosphere, and in the attitudes of staff and prisoners to each other.

WILL PRISONS DISAPPEAR?

245. Some people feel that our society ought to be able to do without prisons. The Government hopes that in the years ahead new penalties and new methods of treatment, and the greater use of existing alternatives to prison, will further reduce the proportion of offenders committed to custody. It hopes too that there will be further changes designed to break down the old rigid barriers between a period of incarceration and a period of complete freedom. There may be extensions, for example, of the scheme under which long sentence prisoners can already spend the last six months of a sentence working for an outside employer or of the experiment under which young offenders at borstal live in a hostel and go out each day to work. There may be extensions of the Parole scheme and of after-care hostels for inadequate offenders. But no large modern state has found it possible to dispense with some form of imprisonment. Whatever may be the changes in our penal system in the last third of the twentieth century there is no immediate prospect of the prison system withering away. Indeed it is likely that there will be more people in custody in the next few years than ever before. These are unpalatable facts, but they will not be altered by our wishing they were otherwise.

BUILDINGS AND STAFF

246. The community has been slow to accept the need for new prisons and borstals, and equally slow to recognise the need to devote resources to the improvement of existing buildings. There is a vast backlog to be disposed of before the service is within sight of even its more limited aims—the elimination of overcrowding and the provision of currently acceptable living conditions for all those in custody. Indeed the number of those in custody is likely to rise more quickly in the years up to 1972 than the number of new places becoming available for them. On the other hand the Government has set in hand a regular and properly planned building programme. The total capital expenditure planned for 1970/71 is about £10m. and this figure should increase in future years. Equally important, the balance is being adjusted so that a greater proportion of the resources made available to the prison service is devoted to capital expenditure.

The ratio of capital to current expenditure which was only 1: 7 in 1959, will be about 1: 4 next year and is likely to be higher than 1: 3 in a few years' time. This means that the last third of the twentieth century will be as important a period as the middle of the nineteenth century in altering the shape of the buildings in which and with which the prison service has to work.

THE CONTROL OF RESOURCES

247. It is not enough simply to ask for more resources to meet increased demands. The more complex the system and the greater the resources devoted to it, the more important it is that the management of the prison system should be efficient. Efficient organisation is not an end in itself, although the taxpayer is entitled to require that his money is well spent and that the service for which he pays will be well administered. Only if the organisation is efficient can the efforts of all members of the prison service be consistently directed to achieving its aims.

STAFF

- 248. The most important of the resources available are the 15,000 members of the prison service. More than half the money devoted to the prison service each year is spent on their wages and salaries. While there are some purely custodial duties in which new equipment and modern techniques, such as automatic locking, can be of great assistance, the treatment of people in custody must depend on the humanity, skill and training of the staff. The Government's plans for improving the training of staff emphasise the need for training throughout a career, and the importance of training staff of all disciplines to understand their role in the service and how that role relates to that of their colleagues.
- 249. The complement of the prison service has increased by about 1,000 a year in the last few years. The Government plans for a further increase of 1,000 in the current financial year and hopes that this rate of increase can be maintained.

STAFF FOR THE TASKS OF THE SERVICE

- 250. The extra staff are needed if the service is to carry out its first task of detaining people in custody in currently acceptable conditions. For example, the security duties found necessary to reduce the rate of escape from closed prisons require more staff. It is not currently acceptable to hold large numbers of offenders in solitary confinement, and it requires more staff to supervise men who are in association with each other than it did to supervise them when locked in their cells. Since everything that happens to people in custody must be seen as part of their treatment, the additional staff needed when offenders work for longer hours, or have more frequent visits, are contributing also towards the second task of the service: the rehabilitation of the offender.
- 251. Staff are also needed for the development of the further education service for those in custody, using modern skills and techniques, and for the continued expansion of medical and psychiatric treatment especially of the disturbed and unstable offender.

EVALUATION

252. There is a natural desire to press ahead with all these activities. But many make heavy demands on staff. Some require skilled and highly trained professional staff, and others a substantial increase in the ratio of staff to prisoners so as to allow treatment of offenders in small groups. Moreover, many of these methods of treatment have not yet been adequately evaluated, and their efficacy in altering the attitudes and behaviour of offenders after they leave custody is unproven. Not enough is known, for instance, about the effects of long periods of imprisonment and it is hoped that research already in progress will throw more light not only on the effects of prolonged imprisonment, but also on the development of effective forms of custodial treatment for these men. Although the number of such prisoners is still small it is growing and many of them are vicious, ruthless and resourceful, so that they impose a totally disproportionate strain on the human and material resources of the prison service. One of the most difficult problems in any service is to know how far to assign resources to the evaluation of work already in progress and how far it is right to expand activities which, though apparently promising, have not yet been fully evaluated. In the next few years the emphasis may well need to be on more careful evaluation of small scale experiments in the treatment of offenders rather than on the planning of a general expansion of methods of treatment that make heavy demands on limited resources.

AFTER-CARE AND THE CONTRIBUTION OF THE PUBLIC

AFTER-CARE

- 253. The probation and after-care service is now responsible for the after-care of all groups of offenders, including those released on parole. If after-care is to be further developed as a major aspect of the treatment of offenders the service will need more trained staff, most working in the community but a proportion working as welfare officers in penal institutions. There were 2,100 established probation officers in 1964. There are over 3,100 today and the Government expects that there will be 3,500 by 1971. Associated with them will be an increasing number of voluntary workers.
- 254. The Government intends to do all it can to encourage and assist voluntary organisations to expand the work of after-care hostels. The Government is already making grants to 72 hostels in which nearly 800 places are available for people discharged from custody and it is hoped that at least another 1,000 places may be provided in the next few years.

THE CONTRIBUTION OF THE PUBLIC

255. Members of the public have an important part to play in after-care. Voluntary organisations can provide hostels, private individuals can befriend the discharged prisoner and his family and can work as volunteers under the guidance

of the probation and after-care service. Private persons can also assist while offenders are in custody. Voluntary organisations and private individuals may, for example, be able to help the wives and families of offenders to meet the loneliness and hardship that the sentence may inevitably cause them. They can help during visits by looking after children. They can act as prison visitors. They can provide transport for relatives and friends to visit people in prison.

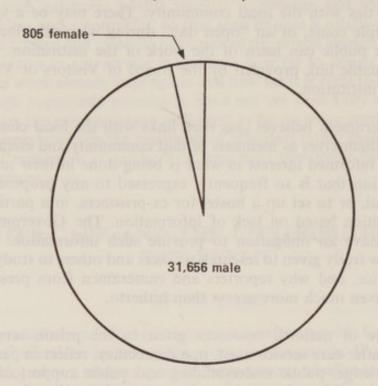
- 256. It is not only the individual offender who can benefit from the maintenance of a link with the community. So can the staff of the institution in which he is detained. For example, the local College of Further Education or University may assist with the training of staff. On special occasions the local parish may worship in the prison chapel. The Government thinks it important that a prison or borstal should develop ties with the local community. There may be a sports day to which local people come, or an "open day" during which the local press and members of the public can learn of the work of the institution. There is the formal and valuable link provided by the Board of Visitors or Visiting Committee* for the institution.
- 257. The Government believes that such links with the local community help the staff to see themselves as members of that community and enable the public to take a more informed interest in what is being done in their name. For the routine opposition that is so frequently expressed to any proposal to build a prison or borstal, or to set up a hostel for ex-prisoners, in a particular area is often an opposition based on lack of information. The Government and the prison service have an obligation to provide such information. This is why facilities are now freely given to research workers and others to study the work of the prison service, and why reporters and cameramen from press, radio and television are given much more access than hitherto.
- 258. The share of national resources given to the prison service and the probation and after-care service must, in a democracy, reflect in part the degree of public knowledge, public understanding and public support of their work. It also reflects something of the values of a nation, changed as they are from the days when Hawthorne could write of "the black flower of civilized society—a prison". These services are charged with the duty of looking after and endeavouring to rehabilitate the offenders whom society has for a time, and for lack of any safe alternative, committed to custody. A society that believes in the worth of individual human beings can have the quality of its belief judged, at least in part, by the quality of its prison and probation services and of the resources made available to them.

^{*}A very brief account of the duties of these bodies is given in the glossary on page 4.

APPENDIX—THE PEOPLE IN CUSTODY

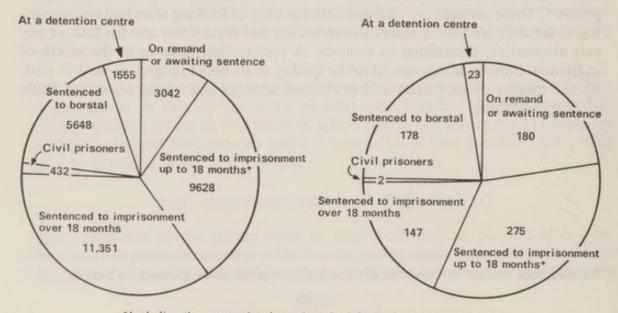
- 1. The following paragraphs aim to give certain facts about people in custody: how many there are; how old they are; of what offences they have been convicted; what sentences they are serving and in what type of institution and how many times they have been in custody before. Some comparisons are made with earlier years. All the figures relate to England and Wales. Much of the information comes from an analysis of the different groups of people sent to custody ("receptions") in 1967, some comes from an analysis of the average population of prisons, borstals and detention centres in 1968 and some from a special analysis of the records now available on a Home Office computer of all those in custody in March 1969. The totals in the different tables are not therefore identical. Figures for prisons include remand centres.
- 2. The charts below show the main groups of people in custody in 1968.

People in custody 1968



Main groups of males in custody 1968

Main groups of females in custody 1968



^{*}Including those committed to prison in default of payment of fines.

APPENDIX

EARLIER YEARS

3. The following table shows how the average population in 1968 compares with that of earlier years.

TABLE 1
Number* of people in custody in Prisons, Borstals and Detention Centres

		Prise	ons	ns Borstals		Detention Centres		Total	
		M.	F.	M.	F.	M.	F.	M.	F.
1913	 	14,892	2,335	841	87	_	_	15,733	2,422
1938	 	8,368	558	2,020	140	_	-	10,388	698
1948	 	15,736	923	2,885	221	-		18,621	1,144
1958	 	20,474	735	3,714	185	271		24,459	920
1963	 	24,156	810	4,755	143	1,014	18	29,925	971
1968	 	24,712	608	5,389	174	1,555	23	31,656	805

^{*}The figures given are of the average population in each type of establishment during the year.

The most striking difference is that between men and women. The number of women and girls in custody is only 800, not very different from the number in 1938 and much less than in 1913, while the number of men and boys in custody has increased three times since 1938. The illustration also shows how the prison service has devoted more of its resources since the war to special institutions for young offenders, only relatively few of whom now go to prison.

4. The number of people in custody at any time is very small when expressed as a proportion of the total number of people in the country. Nevertheless as Table 2 shows the proportion of men and boys in custody has risen in the last ten years.

TABLE 2

Number of males and females in custody per 100,000 of the population*
in England and Wales in selected years

	Mai	les	Fem	ales
Year	Average population in prisons, borstals and detention centres	Number per 100,000 of male population of 14 years of age and over in England and Wales	Average population in prisons, borstals and detention centres	Number per 100,000 of female population of 16 years of age and over in England and Wales
1958	24,459	146	920	5.1
1959	 25,727	152	896	4.9
1960	 26,198	154	901	4.9
1961	 28,094	162	931	5.1
1962	 30,066	171	997	5.4
1963	 29,925	169	971	5.2
1964	 28,718	161	882	4.7
1965	 29,580	165	841	4.5
1966	 32,127	178	959	5.1
1967	 34,056	189	953	4.8
1968	 31,656	175	805	4.2

^{*}The population figures are the Registrar General's figures for the home population.

APPENDIX

PERSONS NOT UNDER SENTENCE

5. The charts on page 110 showed that about 10 per cent of men and boys in custody and over 20 per cent of the women and girls had not been sentenced. Table 3 shows who these people are.

TABLE 3

		190	58	
	Males		Females	
	Under 21	21 and over	Under 21	21 and over
Unconvicted	567	1,309	44	58
Convicted and awaiting sentence etc.	526	640	46	32
Civil prisoners		432		2

(A civil prisoner is one detained for failure to obey court orders, generally in respect of debts.)

It is often appropriate to remand someone in custody if the court requires a full medical or psychiatric report to be provided and there are some people who cannot safely be allowed bail. 30,864 of the people who were remanded, or committed in custody in 1968, most for short periods, were not sent to custody after sentence. Any unconvicted person is entitled to certain special facilities in custody and although this group of people form only a small proportion of the total population at any one time, the prison service has to devote a great deal of staff time, effort and skill to looking after them in local prisons (see paragraph 163) and in special remand centres for those under 21 (see paragraph 147).

YOUNG OFFENDERS

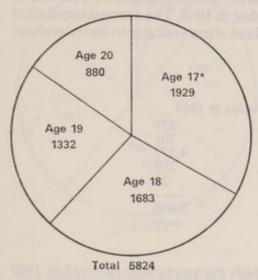
- 6. The following paragraphs describe the young men in custody in *senior* detention centres and borstals or as young prisoners. They do not deal with women under 21 in custody or with the junior detention centres, whose average population in 1967 was 267. A detention centre sentence is short, so that although 5,824 young men were received in the centres in 1967 the average population was only 1,318. The first two charts at the top of the following page show their ages and the offences of which they had been convicted.
- 7. The third chart shows that a small proportion of boys sent to detention centres—only one in 8—were first offenders, while three quarters had between 1 and 5 previous proved offences. On the other hand only 1 in 7 of these boys had previously been at an approved school or received any institutional sentence. This is shown in the table opposite.

Age of male offenders at senior detention centres

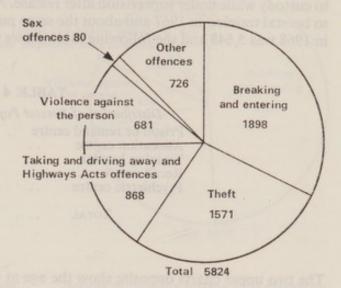
(Based on analysis of receptions in 1967)

Male offenders at senior detention centres: type of offence

(Based on analysis of receptions in 1967)

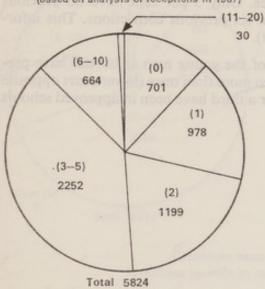


*The 17 age-group includes a small number of 16-year-olds.



Male offenders at senior detention centres: number of previous proved offences

(Based on analysis of receptions in 1967)



Institution

Note: it is not possible to give the number of previous institutional sentences served by male offenders in senior detention centres

% of total receptions

Male offenders at senior detention centres: previous periods of custody

(Based on analysis of receptions in 1967)

No received

No previous institutional experience	4919	84.5	
Approved school	623	10.7	
Detention centre	192	3.3	

This table does not show how many offenders have previously been committed to more than one type of institution. Thus an offender who had been both to an approved school and to a detention centre would be counted twice and the figures given are not mutually exclusive.

APPENDIX

BORSTALS

8. A young man sentenced to borstal training may spend between six months and two years in custody—the average being something over a year—and may be recalled to custody while under supervision after release. About 5,000 young men were sentenced to borstal training in 1967 and about the same number in 1968. The average population in 1968 was 5,648 and the following table shows where these young men were detained.

TABLE 4

Distribution of B	orstal F	Populati	ion in 1	968
Prison or remand ce	entre			259
Allocation centre				701
Training borstal				4,377
Recall centre				290
Psychiatric centre				21
TOTAL			١	5,648

The two upper charts opposite show the age at which the young men received in 1967 were sentenced and the offences for which they had been convicted.

Almost half those sent to borstal have been convicted of breaking and entering and almost a quarter of theft.

9. In terms of their previous criminal careers the young men at borstal are very different from those at senior detention centres. Only 3 per cent have no previous convictions and over a quarter have more than six previous convictions. This information is given in the lower chart opposite (left).

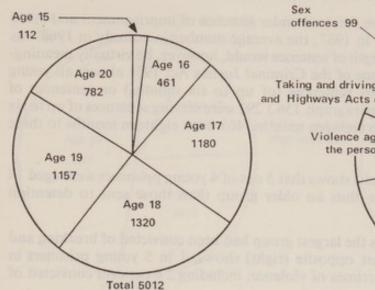
Even more striking is the fact that two thirds of the young men at borstal have previously been in custody or approved school, often more than once (lower chart opposite right). The table below the chart shows that over a third have been in approved schools and slightly more in detention centres.

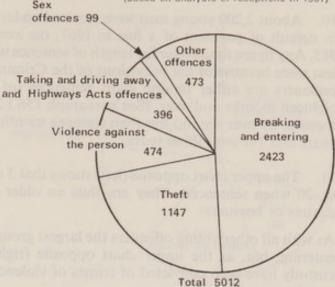
Age of male offenders at borstal

(Based on analysis of receptions in 1967)

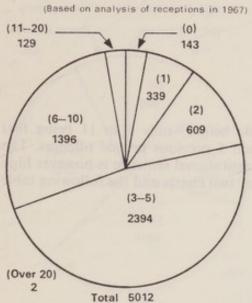
Male offenders sentenced to borstal training: type of offence

(Based on analysis of receptions in 1967)



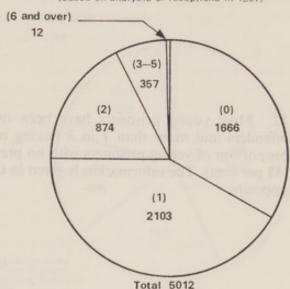


Male offenders sentenced to borstal training: number of previous proved offences



Number of previous institutional sentences served by male borstal inmates

(Based on analysis of receptions in 1967)



Offenders sentenced to borstal training: previous periods in custody or at an approved school

(Based on analysis of receptions in 1967)

Institution	No. received	% of total receptions	
No previous institutional experience	1666	33.2	
Approved school	1741	34.7	
Borstal	318	6.3	
Detention centre	1959	39.1	
Prison	195	3.9	

This table does not show how many offenders have previously been committed to more than one type of institution. Thus an offender who had been both to an approved school and to a detention centre would be counted twice, and the figures given are not mutually exclusive.

APPENDIX

YOUNG PRISONERS

- 10. About 2,200 young men were received under sentence of imprisonment and 1,300 in default of payment of a fine in 1967; the average number in custody in 1968 was 985. Any figure for an average length of sentence would, however, be virtually meaningless since because of the provisions of the Criminal Justice Act 1961 almost all young prisoners are either serving short sentences (of up to six months) or sentences of eighteen months and over. (See paragraph 156.) 292 were serving sentences of up to six months, 69 over six and less than eighteen months, 463 from eighteen months to three years and 161 over three years.
- 11. The upper chart opposite (left) shows that 3 out of 4 young prisoners were aged 19 or 20 when sentenced. They are thus an older group than those sent to detention centres or borstal.

As with all other young offenders the largest group had been convicted of breaking and entering, but, as the upper chart opposite (right) shows, 1 in 5 young prisoners in custody have been convicted of crimes of violence, including 2.6 per cent convicted of murder.

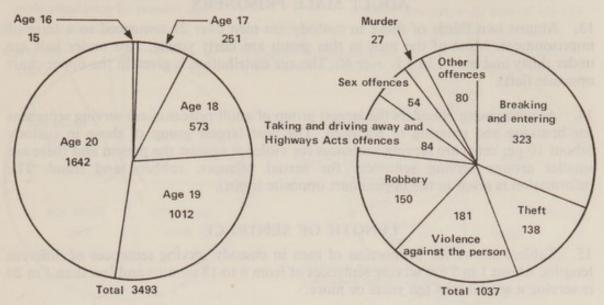
12. Most young prisoners have been in trouble before—only 1 in 11 being first offenders and more than 1 in 3 having more than 5 previous proved offences. The proportion of young prisoners with no previous institutional sentence is however high (43 per cent). The information is given in the lower two charts and the following table opposite.

Age of male young prisoners

(Based on analysis of receptions in 1967*)

Male young prisoners: type of offence

(Based on population in early 1969*)



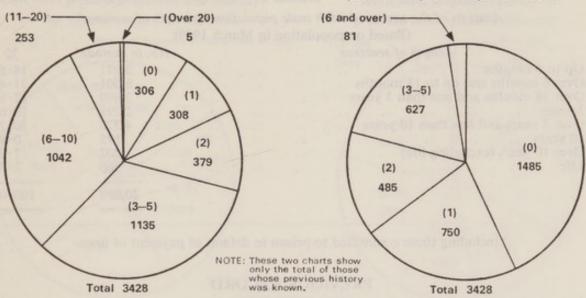
*Including those committed to prison in default of payment of fines.

Male young prisoners: number of previous proved offences

(Based on analysis of receptions in 1967*)

Number of previous institutional sentences served by young prisoners

(Based on analysis of receptions in 1967*)



^{*}Including those committed to prison in default of payment of fines.

Male young prisoners: previous periods in custody or at an approved school

(Based on analysis of receptions in 1967*)

Institution	No. received*	%
No previous institutional experience	1485	43.3
Approved school	897	26.2
Borstal	995	29.0
Detention centre	907	26.5
Prison	513	15.0

^{*}Including those committed to prison in default of payment of fines.

This table does not show how many offenders have previously been committed to more than one type of institution. Thus an offender who has been to both an approved school and to a detention centre would be counted twice, and the figures given are not mutually exclusive.

APPENDIX

ADULT MALE PRISONERS

- 13. Almost two thirds of those in custody are men over 21 sentenced to a term of imprisonment. Most of the men in this group are fairly young. Just under half are under thirty and only 1 in 5 is over 40. The age distribution is given in the upper chart opposite (left).
- 14. As with young offenders the largest group of adult prisoners are serving sentences for breaking and entering or for theft. The next largest group of those in custody (about 10 per cent) are serving sentences for violence against the person and there are smaller groups serving sentences for sexual offences, robbery and fraud. The information is given in the upper chart opposite (right).

LENGTH OF SENTENCE

15. Table 5 shows the proportion of men in custody serving sentences of different lengths. About 1 in 3 are serving sentences of from 6 to 18 months and less than 1 in 20 is serving a sentence of ten years or more.

Some further information about length of sentence and the small group serving very long sentences is given on pages 14-19.

TABLE 5

Analysis of the sentenced adult male population by length of sentence (Based on population in March 1969)

Length of senter	ice			No. in custody*	%
Up to 6 months			 /	3,071	14.8
Over 6 months and up to 18 months			 	6,501	31.4
Over 18 months and less than 3 year	S		 / 11	3,699	17.9
3 years		6.61	 	2,191	10.6
Over 3 years and less than 10 years			 	4,273	20.7
10 years			 	195	0.9
Over 10 years (excluding life)			 	202	1.0
Life			 	566	2.7
				20,698	100.0

^{*}Including those committed to prison in default of payment of fines.

PREVIOUS RECORD

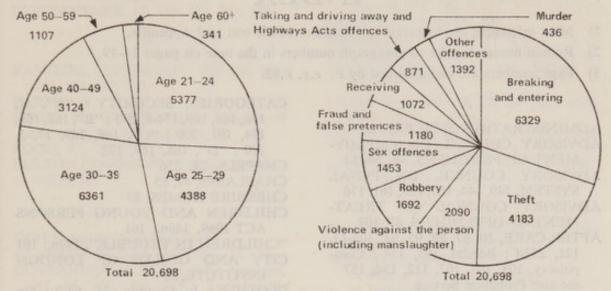
16. About 31,000 adult men were received under sentence of imprisonment and 11,000 in default of payment of a fine in 1967. About 1 in 10 were first offenders and at the other extreme about 1 in 10 had over twenty previous convictions. 60 per cent of those sentenced to imprisonment had been in prison before. As many as 1 in 3 of those sentenced to imprisonment had not received any previous form of institutional sentence while about twenty per cent had already served 6 or more such sentences. The information is summarised in the two lower charts and in the table below them which, like the table on page 117, does *not* show how many offenders have previously been committed to more than one type of institution (see note at foot of page 117). It must be remembered, however, that these facts relate to all those sentenced to imprisonment and not to the population in custody at any one time.

Analysis of the sentenced adult male population by present age

Analysis of the sentenced adult male prisoner population by type of offence

(Based on population in March 1969*).

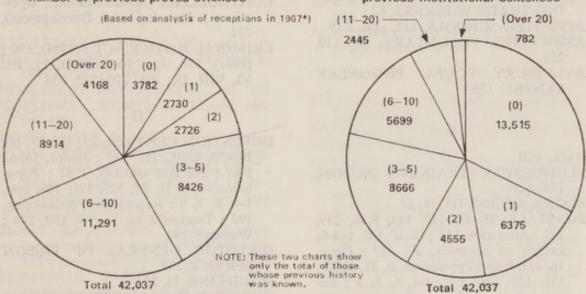
(Based on population in March 1969*)



^{*}Including those committed to prison in default of payment of fines

Adult male prisoners received into custody: number of previous proved offences

Adult male prisoners: number of previous institutional sentences*



^{*}Including those committed to prison in default of payment of fines.

Number of adult male prisoners who have been previously in various types of institution

(Based on analysis of receptions in 1967)

Previous institutions	No. received*	% of total receptions	
No previous institutional experience	13,515	32.2	
Approved school	5638	13.4	
Borstal training	7849	18.7	
Detention centre	3183	7.6	
Prisont	25,407	60.4	

^{*}Including those committed to prison in default of payment of fines,

^{*}Including corrective trainees and preventive detainees.

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- 1) Most references are to paragraph numbers of the text and Appendix.
- 2) Roman numerals refer to paragraph numbers in the note on pages 14-19.
- 3) Page numbers are distinguished by P. e.g. P.82.

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