

The argument of sulphur or no sulphur in waters discussed: with a comparison of the waters of Aix-la-Chapelle, Bath and Bristol / wherein ... the contents of the last are ascertained with a ... greater degree of precision than in the Essay of a late adept [C. Lucas] ... being the subjects of correspondence between the author of the Methodical synopsis of mineral waters [i.e. John Rutty], and W. R. Esq.; and some others. And to this is subjoined a more explicit account of the nitre of the ancients. To which are annexed, two tracts: I. The analysis of milk, and the several species thereof. By John Rutty, M.D. II. A practical dissertation on the uses of goat's whey [by James Kennedy].

Contributors

Kennedy, James, active 1757.
R., W., Esq.
Rutty, John, 1698-1775.
W. R., Esq.

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THE
A R G U M E N T
O F
S U L P H U R O R N O S U L P H U R
I N W A T E R S D I S C U S S E D :

WITH A COMPARISON OF THE
W A T E R S O F *AIX-LA-CHAPELLE*,
BATH AND *BRISTOL* :

W H E R E I N

The S U L P H U R is restored to the two First, and the
C O N T E N T S of the Last are ascertained with a
somewhat greater degree of Precision than in the
E S S A Y of a late A D E P T ; and the injured Credit
of divers other salutiferous Springs is vindicated,
from the E V I D E N C E of that Author's own E X -
P E R I M E N T S corroborated by many others :

B E I N G

The Subjects of a Correspondence between the Author of
the M E T H O D I C A L S Y N O P S I S of M I N E R A L W A T E R S ,
and *W. R. Esq*; and some others.

And to this is subjoined

A more explicit A C C O U N T of the N I T R E of the
A N C I E N T S .

To which are annexed, Two T R A C T S :

I. The A N A L Y S I S of M I L K , and the
several S P E C I E S thereof.

By J O H N R U T T Y , M . D .

II. A P R A C T I C A L D I S S E R T A T I O N on the Uses of
G O A T ' S W H E Y .

D U B L I N :

Printed by A L E X . M ' C U L L O H ,
M , D C C , L X I I .

To the AUTHOR
OF THE
METHODICAL SYNOPSIS
OF MINERAL WATERS.

SIR,

I Send you some Animadversions furnished by cool reflexion upon some passages in a late Essay on Waters, wherein not only you, with most of the moderns, but all Antiquity is arraigned for pronouncing any Water sulphureous.

I commit them to be corrected, digested and improved at your discretion.

But there is another article besides Sulphur which also calls for some notice, and that is Nitre, which our common Censor has endeavoured utterly to explode from waters not less than Sulphur; but this I shall refer in a particular manner to you, and hope that you also in your turn will maintain a sacred regard to the maxim of *fas est et ab hoste doceri*, as I have done.

Yours,

W. R.

To the AUSTRIAN
OF THE
MEDICAL SYNOPSIS
OF MINERAL WATERS.

SIR,

I send you some observations
written by cool reflection upon some
passages in a late Essay on Waters,
written not only you, with most of the
moderns, but all Antiquity is arrivin-
ed for pronouncing any Water Sulphur-
ous.

I commit them to be corrected, di-
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Sulphur; but this I shall refer in a
particular manner to you, and hope that
you also in your turn will maintain a
favourable regard to the maxim of Las cas
et ab hollis doceri, as I have done.

Yours,

W. R.

T H E

P R E F A C E.

*T*HE design of the following treatise is not to detract from the real merit of the Author of the Essay on Waters, who having devoted his retirement from his native land to the making of several useful experiments on the mineral waters abroad, has thought fit to offer them to the public, but being pretty much a stranger to those nearer home, appears to me to have placed them in an injurious light: neither moreover are the following animadversions now published from a peculiar deference to the sentiments of this author, but as an essay to settle a point in Hydrology not yet determined, viz. whether Sulphur in Substance be or be not contained in waters; for besides Hoffman, who is in doubt concerning it, a late eminent French Academician censures the writers on these subjects for confounding Bitumen (in other terms the Oily Matter) with Sulphur, and alledges that what is obtained from waters under the denomination of Sulphur, is a creature of the fire in the operation, being the meer result of a new combination of Bitumen and the vitriolic Acid; but that Gentleman and the rest of the compilers of the Memoirs are more excusable than our Author; for indeed, as far as appears from those Memoirs, they were but little acquainted with the waters called Sulphureous, which are frequent in G. Britain and Ireland, of which our Author might have informed himself from the various experiments and observations which had been made on them, shewing that those waters, fresh drawn, antecedent to any new combination

nation of parts, either by the fire or by putrefaction, but in their natural state, have the same effects on the organ of smelling and in discolouring metals as the Solution of Sulphur, and what is of more importance, in their operation on the human body.

Had I indulged the spirit of resentment, a certain Author might have been here represented in a light which would have moved laughter in my readers; but I chose not to be ludicrous on a serious subject, and at the same time do gladly embrace the present opportunity of paying proper regard to every degree of real merit in his performance, and particularly with respect to those Experiments of some importance confirming the presence of a volatile sulphureous Acid, and likewise of the Nitre of the Ancients in the Chalybeate waters of Spa, and in those of Aken and Borset; and I have cheerfully submitted to the drudgery of extracting, separating and digesting these and some other Experiments from amidst a farrago of extrinsic matters with which they stand blended in his book, and of applying them to the elucidation and establishment of the point in question, tho' advanced by him with a contrary intention.

And this may serve as an answer to the Objection that has frequently been made to the present undertaking, viz. that the Author is not worthy of the serious and solemn confutation here bestowed on him; but perhaps it were better that those who made this Objection should abate a little of their pride, and recollect that several of the Adept's, although bad reasoners, have left us many valuable Experiments which have proved useful to posterity and been applied to far better purposes than the authors of them ever imagined or intended.

I do also most cordially acknowledge that the Author's censure of the lax and vague sense in which the word Sulphur has been used, is undoubtedly just, and
may

may prove a happy occasion of introducing a greater degree of precision in treating on these subjects, as I humbly hope it has luckily furnished the opportunity of the present exhibition of the following Experiments and Observations tending to establish the existence of Sulphur, and of its volatile Acid in waters.

To conclude, as I apprehend that a blind adherence to the dictates of Antiquity on one hand, and an affectation of novelty and spirit of contradiction on the other, are equally enemies to the discovery of truth and promotion of science, it will give me great satisfaction, if in the judgment of the impartial, I have, in handling this debate, steered clear of both these extremes.

T H E

ERRATA.

In TRACT I.

PAGE 1. to according add to
p. 63. line 6. 7. for volatile read vehicle
p. 84. last paragr. for argillareous read argillaceous

In TRACT II:

Line 19. for $o\frac{1}{2}$ read $\frac{1}{4}$

In TRACT III.

To the beginning of the last paragr. but one add If
p. 17. for venientie read venienti
p. 21. for Hydadid read Hydatid

THE
ARGUMENT, &c.

SECTION I.

Of the PHLOGISTON, SULPHUR, and OILY
MATTER, according Dr. LUCAS.

THE Phlogiston he describes to be a simple elementary body, the cause of Inflammability, Colours and Odours in bodies; that it is one and the same in the subjects of the three kingdoms: that Vegetables and Animals abound with it; so do Sulphur, Coal and Bitumen, and no Minerals are perfectly exempt from it: that it is the Sulphur of all the medicated Waters of the moderns, or that the principle impregnating the Waters called Sulphureous is Phlogiston, being wholly distinct from Sulphur, and from the Oily matter.

Thus does this great Reformer of our Language utterly discard Sulphur from any share in the impregnation of Waters, substituting the Phlogiston in its Place, and alledging that the Oily matter has often been confounded with it; but of how great importance these distinctions are, and whether his manner of treating them tends to throw light or darkness upon the subject, may be judged by the following Scheme, exhibiting in one view, the scattered accounts given chiefly by himself, of the three articles mentioned.

The Phlogiston.

1. Has a disagreeable stench (*aa*).

2. Tarnishes silver first yellow, then black. (*dd*)

3. Gives a black or brown colour to the precipitations of the solutions of silver or lead, (*ff*).

4. Reduces lead to its pristine metallic form; the whitest paint of lead laid upon boards or walls over jakes or sewers grows black or lead-coloured, and soon after puts on a shining metallic splendor on its surface, (*kk*).

5. Such waters as contain the Phlogiston lose it on being heated, its union to the other principles being lax. (*mm*)

(*aa*) Essay on the waters, Part II. p. 20.

(*dd*) Ibid, Part II. p. 20.

(*ff*) Ibid.

(*kk*) Ibid.

(*mm*) Ib. p. 17 & 21.

Sulphur.

1. Has a disagreeable smell, especially in the solution precipitated by acids, (*bb*).

2. The solutions of sulphur tarnish silver first yellow, then red, blue, purple and black; and their vapour produces the same effects more slowly (*ee*).

3. Water impregnated with solution of sulphur precipitates white metals of different shades of yellow or brown, according to the subtilty of the impregnation (*gg*).

4. Sulphur has not this effect.

5. Sulphur, when dissolved in water is decomposed in the evaporation, the Phlogiston flying off (*nn*).

(*bb*) Ibid p. 22.

(*ee*) Ib. Part III. p. 35.

(*gg*) Ibid.

(*nn*) Ib. p. 316.

The Oily matter.

1. Emits a disagreeable stench in putrid waters, like that of a solution of sulphur precipitated by acids (*cc*).

2. Several putrid waters tinge silver of a lead colour, yellow and blackish.

3. Several putrid waters turn yellowish and give a brownish sediment with solution of silver (*bb*) and of lead: and some river waters give a purple or violet precipitate with solution of silver (*ii*).

4. The calx of lead is reduced to its pristine metallic form by fluxing with any inflamable body, as fat, pitch, or even mineral oil or bitumen, (*ll*).

5. The Oily matter is scarce discoverable in any water by the senses before fermentation, putrefaction or evaporation (*oo*).

(*cc*) Ib. loc. cit.

(*bb*) Method. synop. of min. waters, Book vi.

(*ii*) Essay on waters Part I. p. 131. 137.

(*ll*) Ib. Part I. p. 3. 4.

(*oo*) Ib. Part II. p. 22.

I. It does not appear from the foregoing Table that our Author, who uses great freedom in censuring others for confounding these three Principles which he pronounces to be so widely different, *viz.* *Sulphur*, the *Phlogiston*, and the *Oily matter*, has yet made any notable advances beyond his predecessors, in settling their several proper and distinguishing characters: For according to him, *Sulphur* agrees to *Phlogiston* in the Smell, in tarnishing Silver, in blackening the Precipitations of the solutions of Silver and Lead, and in Volatility; in short, in every character except the reduction of the calx of Lead to its pristine metallic form, and for an obvious reason, *viz.* its abounding with a very large proportion of acid to its *Phlogiston*, whereby it is rather adapted to keep metals in a *corroded* state than to reduce them to a *perfect metallic one*: But his *Oily matter* agrees to the *Phlogiston* in this last mentioned character, and in every other except Volatility, and when volatilized by putrefaction agrees to the other accounts of the *Phlogiston* in the Table.

The following may serve as a Specimen of the success of his endeavours to distinguish the *Oily matter* from the *Phlogiston*: Part II. p. 21. *Such waters as contain the Phlogiston lose it on being heated, but the Oily matter may be found with the Residuum after evaporation of the aqueous humidity.*

A very peremptory and decisive account of the matter truly: What pity it is but it were a just one? But alas! when we come to apply this rule to facts, as shall be done in the sequel, we find several undeniable instances of the *Phlogiston* being retained in the *Residuum* after the evaporation of the aqueous humidity, and so we are left equally bewildered as before; and the decomposition of *Sulphur* by the flying off of the *Phlogiston* in evaporation will hereafter be shewn to be imaginary.

But

But, to do him justice, it must be confessed he has taken care elsewhere (*a*) to lay down the distinguishing Marks of *Sulphur* and its *Hepar*; but it is also observable that most of those marks are actually found in the waters called Sulphureous, or in their natural products, as shall be exemplified in the sequel.

2. The congruous appearances exhibited by the *Sulphur* and *Phlogiston* in the above Table should seem to shew their similar nature, except in the greater proportion of acid in the former; but according to our Author, these two substances are wholly distinct, and so far dissimilar that the appearances common to *Sulphur* and *Phlogiston* in the above Table, are not owing to *Sulphur* qua *Sulphur*, but to the disengaged *Phlogiston* or inflammable principle alone (*b*), so that the discolouring of Silver, and of the Precipitates exhibited by the solution of Silver and Lead, which have hitherto been laid down as marks of *Sulphur*, are by him destroyed as such and appropriated to the *Phlogiston*: For (proceeds he) *Before the Phlogiston is set at liberty by breaking in some sort its connection with the universal acid in Sulphur, by the interposition of alcali's, lime or other matters that absorb or overcome the acid, Sulphur alone, or the concrete Sulphur, is not found to gild Silver or tinge it yellow; but as soon as the connection aforesaid is broke, and the solution of Sulphur is made by lime or alcalis, then the disengaged Phlogiston flies off, strikes the sense of smelling with a putrid stench, tarnishes Silver, &c.*

I confess I am not without suspicion that an affectation of superior Science, and particularly an excessive fondness of the greek Word above mentioned pretty much a stranger to vulgar ears, may have betrayed our Author into an utter neglect of

(*a*) Essay on Waters, Part III. p. 35. (*b*) Ibid. p. 278.

the evidence of common sense: For where is the alkali to let loose the *Phlogiston* in an ointment of brimstone and butter so offensive to delicate ladies in the cure of the itch? And, taking for granted that the discolouring of other metals by *Sulphur* proceeds from the same principle, as that of Silver, has he forgotten the colour induced to quick-silver by *Sulphur* in the *Æthiops mineral* by meer trituration? But not to evade the test by Silver, a silver tea-spoon by a single immersion into the melted flowers of *Sulphur* receives an almost indelible stain: And is not all this effected by the concrete *Sulphur*, or *Sulphur* alone? Vain therefore are his endeavours to destroy these obvious marks of *Sulphur*.

Our Author however proceeds without reserve or subterfuge (not to say without caution) to assert that *the fetid smell and tarnishing Silver in putrifying Waters* (to which he compares those called sulphureous) *is owing to the Phlogiston*, and not only so, but *to Phlogiston alone.* (a)

I shall therefore shew that the effluvia of putrid Waters do not furnish an adequate proof of this position, because it is certain that they do not consist of *Phlogiston* alone, but contain also a volatile alkaline spirit and salt, as has been proved by particular Experiments on putrid Sea-Water, and putrid Rain and Spring-Waters, and therefore it does not appear that the above-mentioned Phenomena of fetor and tarnishing Silver are owing to the *Phlogiston* alone, but rather to a combination of it with the volatile alkali; and this may be of notable use in distinguishing the great difference between Waters become fetid by putrefaction and the natural sulphureous Waters, in this important respect, that in the first the *Phlogiston* is combined with a volatile alkali, whereas in the last it is
found

(a) *Ib.* p. 279.

found to be combined with a volatile acid, as shall be shewn in the sequel, and even from some of our Author's own experiments.

In the mean time it would be necessary to examine the *Phlogiston* in a state of simplicity, or in such a form where it makes the nearest approach thereunto, or at least that subtile fluid or fluids wherein it is found in greatest abundance, as far as cognizable to our senses and capable of being subjected to experiments, in order to determine how far the fetor and the tarnishing of Silver in waters is or is not owing to the *Phlogiston* alone.

In this inquiry we are not to take in every inflammable vapor or subtile matter, not even that which constitutes the fulminating damp in mines, taking fire at the approach of a candle, for this, according to the description given us of it, (a) leaves a strong smell of brimstone; but there is another *Phlogiston* which approaches much nearer to simplicity, being found void of all smell, and that is, the subtile inflammable vapor which immediately catches fire at the approach of a lighted candle, being found floating on the surface of divers waters, and even of some earths, and is the genuine production of the Petroleum, and often found in the neighbourhood of Coal-Mines; and the consideration of this species of the *Phlogiston* will be more to the present purpose because of its affinity to that of *Sulphur*, which is allowed to be composed of some bituminous matter united to the vitriolic acid.

The following instance of one of these phlogistic vapors has been transmitted: "In some *Derbyshire* Lead mines near *Whetstone-edge*, have been observed some small drains or rills of clear water trickling down a Lime-stone rock: The workmen at night, when leaving off work, for

(a) Lowthorp Abr. Phil. Transact. Vol. II. p. 377.

one or more days, only by holding a candle to this water, set it on fire, which continues burning with a blue flame till they return to their work and light their candles at it again, and extinguish the small pascent flame on the water's surface. Here was a true *Phlogiston* without smell or damp, and no perceptible acid, which would have effectually spoiled the fine rich Lead ore. In the same mines was an abundance of pretty large Boulder-stones, whose surface was only a shell full of a whitish grey solid matter, which liquified before the fire, manifesting itself to be a clear Bitumen." And near akin to this is the flame emitted from a certain spot of ground on a side of the *Appenine* mountains, mentioned in the *Philosophical Transactions* (a), which is also without smook or smell.

Here then is a notable species of *Phlogiston*, and which makes the nearest approach to simplicity, which is both inflammable and utterly void of smell, nor moreover is it essential to the waters on the surface of which this *Phlogiston* floats, to tinge Silver: for the burning Well near *Wigan* in *Lancashire*, is a strong instance to the contrary, the water of which does not tinge Silver, whereas according to our Author's theory, one would imagine that such waters where the *Phlogiston* was in greatest abundance ought to have the greatest effect in tinging Silver, and that these phlogistic vapors are entirely and specifically different from those of the waters called sulphureous, appears from hence, that these last are ever distinguished by their fetid smell, and are not inflammable at all, which is agreeable to the nature, not of meer *Phlogiston*, but of *Sulphur*, in which the acid so greatly predominates over the *Phlogiston*: from all which appears the rashness of our Author's position,

(a) Lowthorp, Ib. p. 385.

sition, that the fetid smell and tarnishing of Silver in Waters is owing not to *Sulphur qua Sulphur*, but to the *Phlogiston* alone.

I shall give but one instance more, in support of the truth of this conclusion, which, tho' it be of a production of art, and chiefly from a vegetable, yet as the *Phlogiston* or principle of inflammability is declared to *be one and the same in the vegetable, animal and mineral kingdoms*, will scarce be deemed impertinent, and that is *Æther*, being one of the most inflammable of all liquids, and which, like the vapor on the waters before mentioned, catches fire at the approach of a lighted candle, being the highly attenuated oil, phlogistic or inflammable part of wine, and which in several appearances exactly resembles that most subtile Bitumen called Naphtha.

I procured therefore a specimen of the vitriolic *Æther* exquisitely pure from Dr. *Francis Hutcheson*, Professor of Chymistry in *Dublin*, and immersed Silver in it, and exposed Silver to its vapor, but found that it had no effect in tinging the Silver; neither moreover had it any effect in producing any discolourations with the solutions of Mercury, as appears in the Table annexed: But when in the subsequent part of the process the *Phlogiston* is so far combined with the acid of Vitriol as to constitute the volatilized acid called the Gas of Vitriol or *Sulphur*, this has manifest effects on Silver and its Solution; and on the solution of the crystals of Quicksilver, as appears in the same Table: So that this affords another instance of one of the most highly phlogistic bodies having no effect in discolouring Silver, even not until it makes a nearer approach to *Sulphur* by being combined with a notable proportion of acid.

Upon the whole, it appears from these instances how arbitrary and destitute of support from experiment

periment this novel dicision of our Author is, that the *Phlogiston* or inflammable principle alone is the cause of the fetor and of tarnishing Silver in *Sulphur* or any waters supposed to be therewith impregnated.

SECTION II.

Objections against the existence of Sulphur in waters considered.

I. **T**HE first Objection is, that altho' they, and particularly the *Aken* waters, agree to a sulphureous impregnation by their smell and some other effects, yet they are absolutely colourless, *whereas a much smaller portion of actual Sulphur than appears to be in these waters would give a sensible yellow colour to a much larger quantity of water (a).*

Answ. This unphilosophical objection, whilst it shews an utter inattention to the extreme divisibility of matter, proceeds upon a supposition that the solutions in the pitiful processes made in our laboratories are as perfect as those of nature, which is far from being the case: on the contrary, the minerals taken up into waters in nature's workmanship, are in a most incredibly attenuated state, and to this extremely subtile state of the dissolved minerals, do we justly impute their superior energy and activity in waters: and this is apparently the case, particularly in the Sulphureous, whose vapors diffused many yards round affect the nose, and sometimes metals in the pockets of those that are near them.

But were I inclined to condescend to the dull and gross conceptions of our Author in these matters, as if Colour were an essential mark of *Sulphur* in waters, I could swell my book with an account

C of

(a) Essay on waters, Part III. p. 69.

of the various operations of nature in this respect by enumerating great numbers of waters of this sort which are as colourless as those of *Aken*, whilst others are of a bluish cast, or of a reddish brown, and some of a milky colour, particularly the *Aqua Zolfa* found on the road from *Rome* to *Naples*, mentioned in the Memoirs of the French Academy, *A. D.* 1750, but I rather hasten to a more direct answer to his declaration that a *much smaller (a) portion of Sulphur than appears to be in these waters—by any known means of art dissolved in them, would give a sensible yellow colour*, by informing him that an artificial sulphureous water was lately presented to a certain medical Society in *Dublin* by that ingenious Apothecary *Henry Barton*, author of the *new method of the improvement of the manufacture of Drugs*, being a solution of *Sulphur* which had all the marks of the natural sulphureous waters, and from which I myself precipitated a Lac by spirit of Vitriol, and yet was as transparent as common water, the method of preparing which, together with some other useful matters the Author intends to divulge at a proper season: in the mean time I endeavoured to imitate the above by a less saturated solution of *Hepar Sulphuris* in the proportion of 21 grains to a quart of soft water, which was so diluted that it still retained its transparency, and agreed to the natural sulphureous waters in the flavour, and particularly in the fetid smell, upon adding Spirit of Vitriol, in order to precipitate the *Sulphur*, tho' there appeared only a subtile white cloud suspended in the upper part of the glass, (even as in divers of the natural purer sulphureous waters, agreeable to the subtilty of their impregnation;) and moreover it tinged Silver and its solution in the same manner as the natural sulphur-waters do.

(a) Essay on Waters, Part III. p. 69.

Objection II.

OUR Author lays it down as an *established axiom*, (a) that Sulphur is not by itself soluble in water, and can be dissolved by no other means known than those of alkaline salts or earths: and that, if Aken waters (b) were such a solution of Sulphur as to contain actual and substantial Sulphur, an Alkali must be predominant in them.—whereas a volatile acid is evidently contained in them, and all the mineral acids, instead of causing any precipitation, as they must do in all solutions of Sulphur, increase and preserve the pellucidity of these waters.

Ans^w. The whole force of this Objection rests on a supposition no less presumptuous than this, that for as much as our Author knows no other method of impregnating *Sulphur* with water, that therefore Nature itself has no other method of effecting this. It is therefore necessary to inform him that not only Nature, but even Art can dissolve *Sulphur* in water by other means than a meer Alkali: for, in the Experiment to be related in the next section it will appear that *Sulphur* may be divided into such minute particles by meer mechanical attenuation, as to be kept invisibly suspended in water, for a considerable time, and afterwards precipitated from it; and if the feeble art of man can effect this, the argument is strong that the power of Nature is not restricted to alkaline salts as the sole medium by which *Sulphur* is soluble in water.

It were but justice indeed to allow thus much in favour of this Objection, that the native Alkali is a very frequent ingredient of the waters called *Sulphureous*; but to infer from thence that Nature is to be confined within these narrow limits were very rash, and contrary to what is found to be the

(a) Essay on Waters, Part I. p. 99. (b) *Ib.* Part III. p. 70.
case

case in some of the strongest of these waters, particularly that of *Harrigate* in *Yorkshire* and the *Aquæ Badenses* in *Germany*, both which are impregnated not with an alkaline, but marine salt, in a notable quantity, and consequently some other menstruum than an Alkali must be admitted for dissolving the *Sulphur* with which both these waters are eminently impregnated.

If then Nature has other methods of impregnating with *Sulphur* than a meer Alkali, the force of the Objection from the want of a precipitation by Acids entirely vanishes: nevertheless since the *Aken* waters in particular, which are allowed to contain the native Alkali, are specified as a strong instance of this want of precipitation by Acids, I shall here minutely consider it, as it will give opportunity of making some observations tending to clear up this matter.

We are assured then, as above, that *the mineral Acids, instead of causing any precipitation in Aken waters, are found to increase and preserve their pellucidity.*

Perhaps there had been more candor in this Objection if, instead of asserting this of mineral Acids only, it had been asserted that Acids in general cause no precipitation; but the objector seems to be well aware that this would have not agreed to a subsequent experiment of his on a certain vegetable Acid, and therefore it was requisite he should confine his objection to the mineral Acids only; for we find in the course of his experiments on these waters that distilled Vinegar (a) produces a *milky hue or milkynefs* with them, even with the water fresh from the sources and with the cold water, but not with the evaporated, and this he imputes to the *Phlogiston* present in the fresh and in the cold water, but not in the evaporated.

It

(a) Essay on Waters, Part III. p. 89, 90.

It is probable other less accurate chymists might call this milkyness an incipient precipitation or Lac of *Sulphur*, and the rather because it is well known that it is not peculiar to the mineral acids to precipitate *Sulphur* from its solution, but that Vinegar and other diluted Acids do also effect the same thing: but it will still be urged, Why do the mineral Acids exhibit no appearance of a precipitation? I answer 1st, by reason of the extreme subtilty and volatility of the *Sulphur*, and 2dly, perhaps by increasing the pellucidity of this water on another account, even by effecting a more intimate solution of the terrestrial matter contained in these waters, whereby they become more transparent, this being an ordinary effect of the mineral waters on this account: Perhaps this experiment with the mineral Acids on *Aken* waters may deserve to be reiterated with a little more attention: however, be the case of *Aken* waters what it will, it appears from the testimony of others concurring with my own observations, that the mineral Acids have a very different effect upon several of the waters called *Sulphureous* than what they have upon those of *Aken* according to our Author, and which waters are more simply *sulphureous* than those of *Aken*, even that they are so far from increasing their pellucidity, that upon a minute and careful observation they are found to exhibit a milky cloud on being dropt into several of these waters, particularly those of *Moffat* in *Scotland*, which, when fresh always turned milky with Spirit and Oil of Vitriol and Spirit of Nitre; and the same appearance is also exhibited by the mineral acids added to the fons *Wirsingavensis* in *Silesia*, and ours of *Swadlingbar*, *Killasber* and *Lucan* near *Dublin*.

But, to return, as our Author by his repeated, peremptory declarations, that *Sulphur* cannot be actually or substantially dissolved in water without
the

the intervention of an alkali, would seem to take upon him to restrict the powers both of nature and art within the narrow bounds of his own scanty conceptions, I shall here shew that he is far from having sounded the depths of the art in which he would seem to distinguish himself, by giving a clear and undeniable instance, in a short chemical process, of *Sulphur* being so far attenuated as to be dissolved or kept invisibly suspended in water for a considerable time without the least assistance of an Alkali.

This experiment was communicated by a worthy brother of the profession, as having been first made by *Chrouet* in a treatise *de Aquis Aquis granensibus*, published in 1713, viz. He took two iron retorts into one of which he put four drams of *Sulphur*, into the other three pints of water, and inserting the neck of each retort into a hole at each end of an empty barrel, and placing each retort on the fire at the same time, the steams uniting in the barrel, and afterwards condensed, formed a liquor resembling the waters of *Aken*; but he observes that if the *Sulphur* be washed from its acidity, the experiment does not succeed.

This experiment seemed to be well worthy of being repeated, which accordingly was done, as follows, by Dr. *Francis Hutcheson*, Professor of Chymistry in *Dublin*, with some little variation, and withall some further experiments on the product of the operation: he used glass retorts instead of iron ones, and flowers of *Sulphur* and pump water, and the steams arising from each of these being united and condensed in an empty barrel perforated as above, exhibited a clear water, not indeed of the smell of *hepar sulphuris* (nor resembling the *Aken Waters* as *Chrouet* affirms) but rather of the volatile Acid of *Sulphur*: however, that a real *Sulphur* was invisibly suspended in this water, appeared

peared from the following experiments: it had the like effect, not only on the solutions of Silver and of other metals, but on Silver in substance, (even by immersion in the liquor and by the vapor) that the ordinary solution of *Sulphur* has, as appears in the Table hereafter annexed, particularly in tinging Silver of a dark leaden colour, which is more than the volatile Acid of *Sulphur* does: to which add, that the precipitates formed in this water by the addition of mercurial solutions, being both separately dried and thrown on the red hot iron, shewed pure *Sulphur* by the blue flame and suffocating smell: indeed the solution of sugar of Lead gave only a white cloud and a white grumous sediment, with a few black spots at the bottom, an appearance perfectly analogous to what is effected by the mixture of *Bath* waters and that solution; but what puts this matter out of all doubt is, that this water left at rest three or four days, deposites a real *flos sulphuris* manifested by its appearances on the fire, and every other characteristic of *Sulphur*.

Objection III.

OUR Author however, acquainted with no other means of dissolving *Sulphur* but an Alkali, proceeds upon a supposition of its being so dissolved in water, to shew that it would be impossible to demonstrate it, for this reason, that *as soon as the union of the acid and Phlogiston in the Sulphur is broken, and a solution of Sulphur is made by Lime or Alkali's, the Phlogiston flies off, whilst the acid basis of the Sulphur unites with and saturates the alkaline salt by whose means it was dissolved (a): and that here is a perfect decomposition of Sulphur, is evident from this, that without adding an Acid, such a solution cannot be revived into Sulphur, whereas, by restoring what the Alkali destroyed, an Acid, all such solutions yield a precipitate of Sulphur.*

To

(a) Essay on Waters, Part III. p. 279, 280, 316.

To this it is answered, that the Decomposition here asserted, and the entire flying off of the *Phlogiston* is altogether imaginary and unchemical: for 1st, if the *Phlogiston* were really, as our Author says, *totally disengaged from the acid*, whilst this united itself *with and saturated the alkaline salt*, Sulphur could not be reproduced without recalling or introducing new *Phlogiston*, which is contrary to daily experience in making Lac sulphuris, where the meer addition of an acid throws down the *Sulphur* in the white magistery of that denomination, which is a perfect *Sulphur* in inflammability and every other character. 2dly, The supposition of the *Phlogiston* quitting its own acid and leaving this to unite itself with the alkaline salt is directly contrary to the doctrine of the affinities of bodies, even as reported by himself, Part I. p. 11. of his Essay, where we find that the attraction between the inflammable principle and the vitriolic (or sulphureous) acid is the strongest of all, and specified as superior to that between the same acid and fixed alcali's; and that it really is so appears from the production of *Sulphur* by the decomposition of *Tartar vitriolatum* and other neutral salts by fusing them with Charcoal, where the vitriolic acid having a stronger affinity with the *Phlogiston* in the charcoal, quits the alcali and uniting itself to the *Phlogiston* forms *Sulphur*. See *Macquers Elemens de Chymie pratique*, Sect I. Chap. 1. And 3dly, positive experiment on the solution of *Sulphur* made in Lime water is against him: for this solution being evaporated, left behind it a real *Sulphur*: but to come to real facts in relation to the waters called sulphureous, it will appear that the union of the acid and *Phlogiston* in those waters is far from being so lax as he supposes, and from a partial examination of a few of them hastily asserts. I will readily grant him that the *Phlogiston* is extremely volatile
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in the weaker and lighter waters of this class; but that this is the case in the strongest sort I deny: for, beside the *Harrigate* water, (a) which retains its smell even when a phial of it has been kept in a pan of boiling water a long time, the water of *Drumasnave* in *Ireland* retains its smell when evaporated to the consumption of half: but still much more strong and clear is our Author's own positive testimony, shewing that the *Sulphur* in waters is neither decomposed nor lost upon evaporation, but deposited and still abides, even in the state of a fixed acid and *Phlogiston*, (the genuine and component parts of *Sulphur*) closely united, resisting the action of the sun, air and winds, nor separable but by the action of the fire: for he tells us (b) of the lower springs of *Borset*, that *wherever they touch the wood in their current, or ouze from the soil, these places are covered over with a white, soft, silky hoar, which being dried and thrown upon an ignited iron, catches fire, emits a blue flame and an intolerable acid vapor, being no other than one of the Conserva's, incrustrated, (in his own words) with some particles of fine, subtile Sulphur.* Such is the glaring evidence of Truth that it will out, even from the mouth of an adversary in some of his unguarded moments; and that this really is the truth will be confirmed in the sequel by a minute examination of the like white Crust deposited by other waters of this denomination.

Objection IV.

THE fourth Objection is, that no argument can be drawn of the presence of *Sulphur* in any waters from their effect in discolouring Silver, because this is an effect common to bilge water and other putrified waters, to the excrements

(a) Short's Hist. of mineral waters, Vol. 1. (b) Essay on Waters, Part III. p. 189.

of animals, jakes and sewers in cities, to stale urine, and to the yolk of an egg boiled or roasted hard, which are not to be deemed sulphureous from this circumstance alone, or bear no relation to *Sulphur* : (a) and elsewhere (b) speaking of one of the strongest of these waters, he challenges us to prove by a single experiment that it is more sulphureous than putrid sea-water, or any of the other salt springs that putrify on stagnation.

Ans^w. This is a high scandal upon the waters we call sulphureous, and if justly grounded, ought to terminate in their utter rejection as a medicine, which however are found by experience to have intrinsic merit more than enough to support themselves under these unjust reproaches.

I shall however give his Objection its due weight, and grant that it is indeed common to putrid waters and to those called sulphureous to tinge silver ; but our Author has not vouchsafed to inform us whether they equally agree in other respects, whereas upon a careful comparison it will abundantly appear that the respective contents of the waters become fetid by stagnation and putrefaction, and the contents of those called sulphureous, are widely different, and even of opposite qualities : for it is an undoubted fact that rain-water, sea-water and other waters, are so far changed by putrefaction that the *sal medium* naturally contained in them is transformed into a volatile alkaline salt, so that its well known that they yield an urinous salt and an alkaline spirit, which is also the case of putrid urine, &c. And on the contrary, it is no less certain from undoubted facts, that divers of the waters called sulphureous are so far from yielding a volatile alkali, that they yield a volatile acid : of this we have a sensible proof in some of the sulphure-

(a) Essay on Waters, p. 280. (b) Analysis of Ratty's method synops. of min. waters.

ous waters in *Italy*, where they are frequent, and their smell very offensive to the passengers, particularly on the road from *Rome* to *Naples*, of which we have the following account in the *Memoirs* of the *French Academy* of the Year 1750.

Elles sont presque toujours plus chaudes que l'air de l'atmosphère, et d'une couleur laiteuse semblable à celle de girasol; la vapeur qui en sort pénètre insensiblement les pierres le plus dures qui s'y trouvent exposées, elle les enduit de fleur de soufre, elle les calcine intérieurement, et les dissout de telle sorte qu'elles deviennent légères et perdent beaucoup de leur consistance naturelle.

And this is strongly corroborated by the analogous effects of the acid vapors of the waters of *Aix-la-chapelle*, *Borset* and our *Bath* waters, in corroding the iron works near them, as mentioned by our Author; (a) and indeed there are very few of the waters called sulphureous but what so far manifest an acidity as in some degree to coagulate with soap and alkali's. This then is one considerable article in which the *Phlogiston* in sulphureous waters differs from that in putrid waters, that in these it is combined with a volatile alkali, in those with a volatile acid, and their operation and effects are also very different; and so the air impregnated with the effluvia of waters turned putrid by stagnation in low fenny countries is always unwholesome, whilst the steams rising incessantly from sulphur-waters into the air are so far from causing or promoting Epidemics that such an air checks and breaks their force by the volatile acid: and how the putrid waters do agree to those called sulphureous in their lightness on the stomach, raising the spirits and other salutiferous effects the Author of this calumny on the last named waters is called upon to answer.

(a) *Essay on Waters*, Part III. p. 64.

But it is needless to add any thing further in order to shew the groundlessness of the above insinuation than to appeal to facts in relation to the real state of the waters called sulphureous, several of which are so far from stagnating that they flow with a rapid stream, (particularly that of *Cunley-house* mentioned by Dr. *Short*, and the *Aqua Zolfa* in *Italy* mentioned in the 50th Vol. of the *Memoirs* of the Royal Academy) are clear and full of a volatile elastic matter, exhibiting perpetual strings of air bubbles, even as do the waters of *Aken*, the smell of which is also like that of the cold sulphureous waters; and to this add that it is rare to find true sulphur-waters in low, boggy, fenny countries; and where waters do stagnate and putrify, as in great levels and in deep peat or turf mosses, their smell is very different from that of a true sulphur-water.

SECTION III.

Positive Proofs of Sulphur in waters.

I. **T**HE Smell both of the waters of *Aix-la-Chapelle*, and of the cold waters called sulphureous in *Great-Britain* and *Ireland*, is exactly the same, even like that of a solution of *Sulphur* in an alkaline ley, (a) or like that of the washings of a gun fouled by frequent firings of gun-powder.

II. The effects of *Aix-la-Chapelle* and other waters called sulphureous, whether hot or cold, and of their vapors in discolouring metals and their solutions, are the same, being like those of a solution of *Sulphur* in an alkaline ley, or *Hepar sulphuris*.

III. Although it is granted that the quantity of *Sulphur* contained is but small, and not easily collected

(a) *Essay on Waters*, Part III. p. 53.

lected pure and distinct, being disguised by various mixtures with other minerals, yet divers of these waters do yield a real *Sulphur* both in their vapors and in the *residuum* left by them: *v. g.* The *Thermæ Badenses* (a) yield in the upper part of the pipes thro' which the water runs, a substance scarce to be distinguished from flowers of *Sulphur*: and the accurate *Walerius* in his *Mineralogie* mentions a native *flos sulphuris* found swimming on the surface of some waters; to which add the testimony of that learned and industrious enquirer into these subjects, *Georgius Agricola*, who in two places (b) affirms that *Sulphur* is obtained subsiding as a sediment by decoction from the waters at *Buda* in *Hungary*; but above all, the *Aix Sulphur* is an undeniable instance to this purpose; but our Author endeavours to evade the evidence from these facts of a palpable *Sulphur* thus collected by a certain hypothesis, the honour of the invention of which it must be owned is due to himself, which hypothesis, as it will be minutely considered in the Letter annexed to the end of this section, I shall say nothing more of in this place, but proceed to examine some of those foreign waters, particularly in *Italy*, which give undoubted evidences of an impregnating *Sulphur* supplied by magazines of this mineral in the bowels of the earth, and compare them with those in these colder climates, in order effectually to silence the clamour against them as meer putrid waters. Now it is certain from the descriptions that travellers have given us of these waters that they agree in all sensible appearances to those we call sulphureous. This is particularly clear in the accounts given us of the rivulet called *Solforata* five miles distant from *Tivoli*, which has

(a) Brown's Travels. (b) Lib. I. ch. 22. de natura eorum-
quæ effluunt ex terra & l. 3. c. 24. de natura Fossilium.

a noisome smell much like that of the sulphur-well at *Knaresborough*, (a) which is further described by another Author (b) as “taking its origin from a neighbouring little lake of sulphureous water called *Aqua Albula*, in which are the floating islands, is fourteen miles distant from *Rome*, and runs over a very white bed.” And *Addison* in his travels says, that he smelt the stench of the waters of this rivulet some time before he saw them, and that the little lake which gives rise to it lies in the very flat of *Campania*, and that, as it is the drain of these parts, 'tis no wonder that it is so impregnated with *Sulphur*, and that it has at the bottom so thick a sediment of it that upon throwing in a stone the water boils for a considerable time over the place that has been stirred up; and *Niccolo Madrizzo* (c) affirms that the *Albula* derives its whiteness from the sulphureous veins in its course; and to these agrees the following memorable testimony of *Elysius de totius Campaniæ balneis* in the collection of the *Authores de balneis* published at *Venice*, shewing that here are natural magazines of *Sulphur*, and withal that the vapors of the water in the neighbourhood are so far from being unwholesome that they are medicinal: *In summitate montis qui Puteolis supereminet, planities est in qua Sulphur conficitur, & ibi nascens aqua sulfuraria dicitur—hic tamen odor gravis & locus undique fumans terribilis est, cujus tamen fumus rheuma & frigus capitis aufert.* And the *Sulfurea Nar albus aqua* mentioned in *Virgil's* 7th *Æneid* is another river of this denomination that empties itself into the *Tyber* agreeable to the white colour of the *Albula* above mentioned; from all which it abundantly appears that, not only the smell, but the white co-

(a) Ray's Travels, Vol. I. p. 315. Lond. Ed. (b) Eschingeri Agri Romano Parte 2d. Cap. 5to. (c) Viaggi per Italia, &c. Venet 1718.

lour of these waters and their channels in *Italy* where *Sulphur* abounds, corresponds to the milky colour which the waters we call sulphureous in these countries frequently assume, especially on a little stagnation or before rain, particularly those of *Moffat*, *Swadlingbar*, *Mount-campbell* and *Lucan* near *Dublin*, (to name no more) as likewise to the white glairy precipitate which these waters generally deposit :

And this is abundantly confirmed by other observations made in other remote parts of the world, even in *America*, viz. In *Canada* is a stream running from a mountain, which, when it rains, sends forth an extremely disagreeable and offensive smell of *Sulphur* : The water itself is clear, but has a milky hue from a white pellicle which covers it, and because it deposits a whitish sulphureous earth on the roots of the trees or pieces of wood in its channel, and when those pieces of wood are well dried, they take fire as suddenly as common matches, and being burnt in a chamber, they emit a suffocating smell of *Sulphur* and burn with a blue flame, and the water is drank for the cure of the *Itch* and *Tetters*, and weaknesses of the *Stomach*, and applied externally. Guettard in the *Memoirs of the Acad. of Sciences*, 1752.

To this agrees very well the white glairy, and on drying, raggy and tenacious substance spontaneously precipitated by the waters called sulphureous, a precipitate almost, not to say quite, as proper to these waters as the ochreous one is to those of the chalybeate kind, as is notoriously the case of the lower hot springs of *Borset* mentioned in the foregoing section from our Author, and the precipitate by him expressly acknowledged to be sulphureous, and likewise of the several warm waters denominated sulphureous in the province of *Bearn* in *France* and its neighbourhood lately enumerated and described by Dr. *Theophilus de Borden*

of *Montpelier*, which agree perfectly to the cold sulphureous waters of *Great-Britain* and *Ireland*, in exhibiting this white glairy, or raggy substance deposited by them on the grass, sticks and stones over which they pass, and likewise in their operation and effects on the human body.

Lister, that learned and diligent naturalist, had indeed long ago pronounced this white matter to be a pure *Sulphur* in these words: (a) *Flos quidam albicans universis hujusmodi aquis innatans, & circa oras istiusmodi fontium ubiq; adhærens—merum Sulphur est.*

It must however be acknowledged that it is extremely difficult to collect a distinct, palpable *Sulphur* from most of these waters. *Dr. Jean Philippes de Limbourg* who published a treatise on the waters of *Spa* in 1756, observes indeed at the bottom of the basin of the *Geronsterre* water, after it has remained a long time without being cleansed, not a Rubric, but a white matter like what we are now speaking of, being also found on the leaves of the trees growing near it, which on being burnt, emitted a manifest sulphureous smell, but he says he could not procure flower of *Sulphur* from it by the retort.

Now as this is a matter of importance, a real palpable *Sulphur* from waters having but rarely, if ever, been exhibited, I shall here present the public with the result of an experiment made by *Dr. Francis Hutcheson* Professor of Chymistry in *Dublin* on the white matter above described, which was deposited by the lately discovered water at *Lucan* near *Dublin*, which water in every other experiment answers to a sulphureous impregnation, viz.

He put some of the dried white sludge which had been precipitated on the stones near the well's mouth into a *Florence* flask in a moderate heat in
a sand

(a) *De font. med. Angliæ, cap. xi.*

a sand bath, the heat being gradually increased for the space of an hour; after all the moisture was dissipated, there was sublimed into the neck of the flask, besides a sooty matter, a small quantity of a yellow shining substance, manifesting itself to be a real *Sulphur* by the blue flame and strong and peculiar acid smell which it emitted on the red hot iron: and in short by every other characteristic proper to that fossile.

But, not content to rest a matter of this moment on the evidence of a single experiment, I procur'd by the friendship of Dr. *William Henry* some of the like white sludge collected from the strong sulphureous water at *Lawrie* near *Pettigoe* in the county of *Donegall*, which I recommended to be examined by a like process as the former, to my good friend, the ingenious Chemist hereafter mentioned, to whom I owe several valuable hints on this occasion, who put it into a bolthead placed on the surface of hot sand, and in an hour's time there was sublimed from it and found adhering to the upper part of the vessel, and to the lower part of its neck, a visible yellow flower of *Sulphur*, manifesting itself further to be such by the smell and by the bright blue flame it emitted in the presence of three credible witnesses.

Thus in a second experiment was a palpable distinct *Sulphur* by sublimation demonstrated in the white sludge deposited by these waters; and moreover, the same thing was also shewn by Precipitation; for the same white sludge dried, on its being digested either with Oil of Tartar or Lime-water, and especially the last, gave a yellow tincture having the smell and taste of *Sulphur*, and when a few drops of spirit of Vitriol were added, it exhibited a milky liquor of a strong sulphureous smell, and precipitated a small quantity of white grumes, which being collected in a filtering paper

and dried, when the paper was set on fire, emitted a blue flame and smelt acid, like a Brimstone match lighted. It is true, the quantity of precipitated *Sulphur* was but small, and the precipitation slow, which was manifestly owing to the viscid substance with which it was entangled, but that a real *Sulphur* was here present none that had been witness to the experiment would deny.

Upon the whole, it abundantly appears from the observations and experiments above related, that the waters commonly called sulphureous do yield a palpable *Sulphur* both by sublimation and precipitation.

Having so far investigated a real *Sulphur* in waters, I shall here subjoin a few hints to shew that it may be demonstrated also in some solid bodies where it has hitherto been only supposed. Doctor *Short*, who has made more experiments on mineral waters of all kinds than any one person upon record before him, and consequently whose testimony is of the more weight, has assured me that by burning several sorts of stones on the *Whitby* and *Scarborough* shores, and putting them into water he has made as strong a plain Sulphur-water as any in *England*: and it is matter of observation that many of the sulphureous springs rise in the neighbourhood of Limestone, which perhaps may have some share in their impregnation:

And as an instance of real *Sulphur* being more copiously diffused than is commonly imagined, I here present the public with a positive proof of real *Sulphur* lodged in and intimately mixed with the shining sparry matter composing part of a solid rock of Limestone or Marble, which was communicated to a medical Society in *Dublin* by the ingenious *Patrick Bride* Chemist in the following Memoir:

“ At

“ At *Oughterard*, about thirteen miles west of *Galway* there is a quarry of black Marble, and in the body of the stone are found large lumps of a whitish substance like the veins of white Marble, but of two, three, perhaps four inches diameter, of a sparry appearance, and which will polish like common Marble: This forms a bank to a small river that runs through it for about an hundred yards, in which space only the said white substance is found. This white substance evidently contains *Sulphur* in pretty large quantity, as appears from the following experiment:”

“ Being reduced into powder and thrown on an ignited iron, it burns with a blue flame offensive to the nose, like common *Sulphur*. I put two ounces of it in a common Hungary-water phial, with a small glass inverted on it, and placed it two thirds deep in sand, and a small degree of heat elevated pure *Sulphur*, which condensed on the sides of the glass immediately above the hot sand. The *Sulphur* thus obtained is absolutely pure, and answers all the characters of the purest *Sulphur* imported from *Italy*: all the phlogistic part rises with it, for the *caput mortuum* contains nothing inflammable. Lixivious salts or Lime dissolved it, and it was precipitated by spirit of Vitriol.”

And now, having above mentioned an Hypothesis of our Author by which he would evade the evidence of *Sulphur* in the waters of *Aken* from the flowers of *Sulphur* they yield, I shall close this Section with a Letter I received from a person conversant in these subjects, *viz.*

S I R,

I N Answer to yours desiring my thoughts upon Doctor *L*——’s account of the production of *Sulphur* from the waters of *Aken*, *Borset*, &c. and also upon the doctrine he lays down touching the
 mis

miscibility of *Sulphur* with water, I here send you what occurred to me on the perusal of his book.

The two Positions which the Author advances touching sulphurated waters are these: first, that *Sulphur* in substance is not soluble or miscible with water by any art without the intervention of alkaline salts or earths. The second, that the waters of *Aken*, *Borset* and others denominated sulphureous, do not contain *Sulphur* in substance, but that the *Sulphur* found about the baths of *Aken* and *Borset* is generated by the contents of those waters after those contents escape out of them.

I shall not detain you with considering the first of these positions, because it is proved to be false by a positive Experiment evincing the contrary which you mentioned to me, but proceed to examine what he founds his second Position upon: In doing this I shall begin with the facts which the Author admits in his own words, and then proceed to observe what facts remain still undetermined, and which I apprehend must be determined by Experiment before the Author is warranted to draw the conclusion he has done.

In Part III. p. 33. §. 77, of the *Essay on Waters* are these words: “ Besides, the vapor of the baths of *Aken*, as well as the lower springs of *Borset*, yield plenty of the purest *Sulphur*, in a manner hitherto falsely looked upon as a sublimation, but which shall be set in a different light and explained in its place.”

In Part III. p. 53. §. 160, he says “ The Baths, especially newly filled, strike the organs of smell with a most ungrateful odour, which may be truly called sulphureous, as will appear when we come to shew that it carries with it, if not actual particles, the essential or component particles of that mineral.”

In Part III. p. 69. §. 195, he says, “ But I am induced to think that there is no *Sulphur* actually or substantially dissolved in the water, but that the principles

ciples of that fossil, viz. the Acid and Phlogiston, are blended with the waters."

In Part III. p. 72. §. 205, he says " *Its production cannot, in my judgment, be accounted for in any other manner than that of a generation, which is easily conceived when the component parts of Sulphur are demonstrated in the waters.*"

Here then is a full, direct and explicit acknowledgment that these waters yield plenty of the purest *Sulphur*, that they contain the principles or component parts of *Sulphur*, and that these principles or component parts are the *Acid* and *Phlogiston*; from all which it must be evident that nothing remains in contest between the Author and his opposers but the method by which this purest *Sulphur* is produced from these waters; so that, the Author having thus reduced the debate to one fact, I shall proceed to examine how he explains this in its place, as he promises in the first cited paragraph.

In this paragraph he also asserts that this production has hitherto been looked upon as a sublimation, and promises to set it in a different light and explain it. It must be confessed that he has set this matter in a different light, but whether this different light be the true or false one in which the production of the *Sulphur* which he acknowledges in these waters ought to be viewed and explained, may appear from the following observations:

In Part III. p. 67. §. 191, we meet with the following passage preparatory to his explanation of this Production: *But in these waters there is not so fixed and permanent an union of the Acid and Inflammable principle till both fly off together, and uniting form the Sulphur, which till now has been looked upon as flowers of Sulphur, the product of sublimation, which I shall demonstrate to be absurd, as it is impossible.*

In this paragraph the Author lays the foundation of the necessity of his having recourse to some other solution of this production of *Sulphur* than Sublimation, even by pronouncing it to be both absurd and impossible to be by Sublimation, nay, he promises a demonstration of this absurdity and impossibility: and indeed, when I had proceeded so far in the Author's work and met with this positive assurance of such a demonstration, I concluded that the matter in question would have been by Experiment cleared from every possible objection, (Experiment in my apprehension being the only possible method of demonstration in such a case) but to my great surprize, after reading his book with my best attention in search of this demonstration, I have not been able to find one step of it.

In a subsequent page, viz. §. 195. p. 69, he endeavours to explain this production of *Sulphur* in more express terms, viz. *The principles of Sulphur, viz. the Acid and Phlogiston, are blended with the waters, yet not so as to come into such a contact as is necessary to occasion the union requisite for the production or generation of actual Sulphur till both these volatile parts flying off together, are confined in the vapor in the vaults, so as the union and consequent generation is readily brought about: Such is the light in which our Author has thought fit to set this matter.*

Now I am not about to take upon me to determine how this *Sulphur* is produced, but to shew that the Author's different light is full as obscure, and the generation of the *Sulphur* according to the above professed explanation of it as absurd and impossible, if not more so, than by Sublimation, notwithstanding the promised Demonstration to the contrary.

To this end I must observe that in the two last cited paragraphs there is an affirmation that the
Acid

Acid and Inflammable principle both fly off together, by which it must be understood that both these principles are in these waters equally volatile. But the Author has not produced any experiment either of his own or others to prove this fact; and there can be no doubt but he must find it difficult, if not impossible, to produce any such experiment, because there is no fact in Chemistry better ascertained by experiment than that the universal Acid, one of the component parts of *Sulphur*, is extremely fixed, and that it requires a degree of heat greatly above that of boiling water to render it volatile, an heat, by the Author's own confession vastly greater than the heat of the water of these sources: And it is equally well ascertained, and even confessed by our Author, that the *Phlogiston* or Inflammable principle, the other component part of *Sulphur* is extremely volatile, and dissipated with the smallest degree of heat; and yet the Author pronounces that they *both fly off together*, without so much as attempting to shew by what means they become of the same precise degree of volatility, (which they must be in order to fly off together) or, telling us, if they are not precisely of the same volatility, which is the most volatile and flies off first, and where that first more volatile component part waits for the other less volatile component part which flies off after it; and possibly the establishing of this fact might have made one step of the promised Demonstration.

But there is another fact still more essential, to be established, than the equal volatility of the two component parts, *viz.* that the universal Acid, one of the component parts of *Sulphur*, in a volatile state, and in the open air, would generate actual *Sulphur*, with the *Phlogiston*, the other component part, and possibly this fact might have furnished another step of the Demonstration; and if the
 Author's

Author's knowledge of natural bodies were as extensive as throughout his whole book he would have us think, he possibly might have discovered some Experiment to support his opinion; but as he has not condescended to inform us better, we must, I fear, submit to the information of *Stabl, Junker, Langius, Neuman* and others who have given us the greatest number of Experiments upon the universal Acid in a fixed and in a volatile state, and to the entire overthrowing of this profound Chemist's new doctrine of Generation, have determined that the universal Acid in a volatile state, will not generate *Sulphur*:

Langius's words are these: “(a) One of the properties of the universal Acid is to form *Sulphur* when we combine it with the *Phlogiston*, in its fixed state, whereas the volatile Acid (*i. e.* the universal Acid in a volatile state) cannot yield a similar production, because it is greatly attenuated in its composition with the *Phlogiston*, and this is the reason that when we pour the volatile Acid saturated with an Alkali upon lighted coals, it does not excite a sulphureous smell as the ordinary vitriolic acid does in the like circumstances: this phenomenon merits the utmost attention.”

Here then is an Experiment which contradicts the Author's first principle in point of fact, which he must remove out of the way before he can be allowed to conclude that the *Sulphur* of these waters is a Generation by the union of the Acid in a volatile state and the *Phlogiston* after they escape out of them; for it clearly follows, that, if *Langius's* observation be true, the Author's Generation is impossible, and therefore the advancing or supposing it absurd:

But his precipitancy in pronouncing it to be a Generation is not less conspicuous from the above

ex-

(a) Supplement to *Junker's Conspectus Chemiæ*.

experiment of *Langius* than from the artificial generation of *Sulphur*: for it is proved by the Chemists (a) that for the artificial generation of *Sulphur*, the universal Acid, one of the component parts, must be in a concentrated state, (*i. e.* as near as can be, entirely free from mixture with water) and that before the generation is brought about, it must be heated to a degree vastly greater than the heat of boiling water. How then can a generation of *Sulphur* be brought about in the air that is in the vaults over these sources? or in a degree of heat so much less than the heat of boiling water?

Nay, what is still more extraordinary, the Author himself points out to his readers this very generation of *Sulphur* here spoken of, for Part III. p. 34. §. 79, you will meet with this passage: “*that Sulphur consists of these parts, (viz. the universal Acid and inflammable Principle) is also proved by the artificial generation of Sulphur, by fusing any neuter salt composed with the vitriolic acid, and throwing into it any inflammable body, the result of which will be a dark-coloured mass, which partly dissolves in water, gives a fetid smell and a yellow tincture, which is precipitated with acids in the form of a Magistery, which fused gives perfect Sulphur.*”

These are the Author's own words, and indeed it is not a little surprizing that he has omitted to explain and distinguish by experiment, if he could, between the artificial Generation here pointed out and the Generation supposed by him in the Position under examination, wherein the Acid is in a volatile, non-concentrated dilute state.

Upon the whole, what must be said to a man who, after declaring that he *set about determining the important question* (meaning as to the existence of *Sulphur* in the waters of *Aix-la-Chapelle* and

(a) Neuman's Works, p. 172. and Maquer's Elem. of Chymistry, p. 236. Vol. I. Eng. Ed.

Bath) with all care and caution, determined to take nothing upon trust, and yet takes the very principal point in debate upon trust, that is, without proof by experiment?

Notwithstanding this unphilosophical method of proceeding, it is clear from the whole tenour of his book that he intended to pass himself upon the world for the most able Physician and Chemist, just as he affirms numbers of Physicians pass upon the credulous, undistinguishing populace, whose characters the discerning Author has drawn at full length in the following words:

In these days it is no wonder we find numbers of Physicians entire strangers to the nature and qualities of some of the most valuable simples, and not daring, where they happen to know and esteem a simple, common medicine, to prescribe it, when they see a vulgar prejudice take up arms against it, or find the popular folly such as to estimate the Physician, as is frequently the case, from the rarity, expence or complicated preparation, or perhaps the insinuated or imagined mystery of the medicine he prescribes; or to make men run after a jugling secret-monger, who is not in knowledge or rationality three degrees removed from the brute that draws the gilded chariot, in which he rides triumphant over physic, truth and common sense. Who, in such times, will presume to prescribe a plain, simple remedy familiarly known to old women and nurses?—The sensible, judicious, honest Physician, who prefers the good of his patient and the peace of his own conscience to riches or the favour of a populace, which are too rarely obtained by better arts than temporizing, adulation and servility. Had the physical world been better stocked with men of this cast, or the populace more discerning, we should see fewer Quacks and other Knaves make fortunes by the spoils of a deluded people; and medicines would not be rated by their rarity, as men are often by the tinsel on their garments,

ments, the magnificence of their houses, or the splendour of their equipages.

It seems to me that the Author would have conducted himself with more modesty, if, not content with the opinions of others touching the *Sulphur* of these waters, nor able to support his own by experiment, he had concluded upon them as he has upon those of the *Pouhon* Spa, by saying that they were the work of the ineffable and inimitable chemistry of Nature.

I am, Sir, Yours, &c.

SECTION IV.

A DISQUISITION concerning Sulphur, Phlogiston, and Gas sulphuris or the volatile Acid of Sulphur distinctly as ingredients in Waters, and particularly in Bath water, with its Comparison to that of Aix-la-chapelle. The fallacy and inconclusiveness of the arguments advanced against the existence of either Phlogiston or Sulphur in Bath waters.

OUR Author undoubtedly is so far in the right, that *Sulphur* does not so predominate in *Bath* waters as to be equally obvious to the senses as in *Harrigate* or *Aix-la-chapelle* waters; but his vehemence against the *Brimstone-mongers* has surely transported him beyond the bounds of moderation when he attempts to strip them even of *Phlogiston*, of which that they really do partake as well as of the volatile vitriolic or *sulphureous* Acid, shall be shewn from his own experiments, or in his own terms, that the *Bath* water as well as that of *Aken*, really contains the principles of *Sulphur*.

And as the *Bath* water is very frequently prescribed in chronical cases, and is sometimes transported for this purpose, I apprehend these altercations about its contents will be of the more moment,

ment, as they may serve to settle some points that have been controverted concerning its use at the fountains and at this distance from them :

And first of all, I myself do stand most chearfully corrected by our Author, in having supposed and published, as I did implicately from the authority of others, that the *Bath* water might owe its curdling of milk to a volatile vitriolic *Gas*, whereas he informs us (what is found true by experience) that it curdles milk in *London*, as it does also here in *Dublin*, so that where a *Bath*-water posset may be of use, it may be supplied here as as well as there ; and moreover, it is but doing justice to our Author to acknowledge, that he has given useful instructions (*a*) how to bottle *Aken* waters so as to preserve their *Phlogiston* when transported to *London* with very little change more than that of heat ; and the same thing holds true of *Bath* water when carefully bottled and sent to us in *Dublin* ; for in the sequel of these observations it will appear that this water, even here, gives every mark of *Phlogiston* with solution of Silver, solution of Mercury sublimate corrosive and solution of green Vitriol, as at the fountain, so that it retains more of its original qualities even as at the fountain than is commonly supposed : for, as to the Iron, it is well known that it is but slightly impregnated with it at the fountain, nor does it shew any vestiges of it here by the precipitation of any ochreous matter : on the contrary the bottoms of the bottles are clean. (*A*)

(*a*) Essay on Waters, Part III. p. 99. 100.

(*A*) The Experiments here hinted at, were made on the *Bath* water in *Dublin*, some of which had been bottled three months, others six months, imported by *Thomas Johnston* Apothecary, whose diligence and accuracy in procuring and preserving these and other Waters, deserve the acknowledgment of the public.

These inquiries will be yet of the more importance, as they will assist us in our reasonings on the operation and effects of a water so often used: for indeed if our Author's representation of the *Bath* water be just, *viz.* that it is no more than a warm subacid Chalybeate, impregnated with a neutral, bitter and a muriatic salt, not differing from our common purging Chalybeates, but in the heat and proportion, not in the qualities of the ingredients (*a*), it's effects are not to be explained on any other principles: but if, beside those, there enters into the composition a balsamic matter, as from the experiments elsewhere (*b*) related, and from the peculiar milky softness obvious to our taste in *Bath* water both at the fountain and at this distance from it, is highly probable, it will be no rashness to attribute unto it other effects than what belongs to any meer purging Chalybeate heated:

And if there be moreover, either *Sulphur*, or *Phlogiston*, or a *Gas* or volatile Acid of *Sulphur* combined with the *Phlogiston* in this water, it must have a greater energy and activity than if it were entirely destitute of such ingredients, as our Author would persuade us: and although the *Sulphur* should exist but in a very small quantity and in a very subtilized state, this would be no argument of its inefficacy: for *Sulphur* is found, even in many of the cold waters in so subtilized a state as to be utterly incapable of being collected either by distillation or precipitation, which waters are yet found to be very powerful medicines in divers cases: and that a combination of *Sulphur* with Iron, tho' in very small quantity and in a very subtilized state in a water, diversifies its effects and adds greatly to its activity, we have a notable instance
in

(*a*) *Essay on Waters*, Part III. p. 335.

(*b*) *Method synopsis. of min. Waters*, p. 593. 597.

in the *Geronsterre* water compared to that of *Pouhon*, even in the different effects of the first, which being impregnated with a greater share of *Sulphur* combined with its Iron, is found to be far more active, (a) more animating in relaxations, palsies and oedematous tumors, and particularly, more eminent in fixing the Gout: and how far it may be reasonable to attribute the superior efficacy of the *Bath* water to a subtile *Gas* or sulphureous Spirit, being an extremely volatile and elastic fluid, giving activity to the more inert materials, I shall endeavour to shew in the sequel, by giving several experiments and observations on it, the result of recent inquiry.

That a volatile Acid of *Sulphur* is a frequent ingredient in waters where *Sulphur* in substance cannot be exhibited, being wholly distinct from the aerial fluid manifesting itself by the sparkling bubbles in these and even in many simpler waters, I am convinced by observation; and, as there has been not a little confusion in authors in relation to these two articles, I shall here adopt the account given of the *Acidum Sulphureum vel potius Vitriolicum volatile*, or of the volatile sulphureous or rather vitriolic Acid in a Supplement published by *Langius*, at the end of a *French* translation of *Junker's Conspectus Chemicæ* in the year 1757, describing its origin, and distinguishing qualities from him; and to this shall annex some experiments I made on it with the utmost care and attention, in order to make some further investigation of its properties, with a view to shew with a somewhat greater degree of precision than has yet been done, how far this subtile Acid may be an ingredient in waters, and the rather as from the great energy and activity of this principle they may be supposed to derive a good deal of their powerful effects.

“ This

(a) See *Limbourg Traite des Eaux de Spa*.

“ This volatile Acid is obtained by slowly deflagrating *Sulphur* in a cucurbite; whose belly is very large and neck very streight, and pierced in several holes where the belly begins to lessen, into which water being poured, a small vessel full of *Sulphur* is placed so as that the margin of it may almost touch the water, which being lighted by a small match, and the superior orifice being closed, the *Sulphur* consumes slowly, even so slowly, that an ounce is not consumed in less than six hours, by which means the Acid is united to the *Phlogiston* or inflammable principle in the most minute molecularæ, and by this union rendered volatile.”

“ It may also be formed by the fumes of Oil of Vitriol, in distilling, escaping by some crack in the vessel and uniting themselves with the vapors of the burning coals, which is the same volatilized Acid as that above from the slow deflagration of *Sulphur*.”

“ This Acid is entirely distinct from common Spirit of Vitriol, whose volatility proceeds only from the phlegm it contains, and in containing an inflammable substance, which common Spirit of Vitriol does not.”

“ It is also distinct from *Sulphur*, whose Acid is fixed, and the phlogistic principle in much greater quantity and more closely united.”

“ But the union of the *Phlogiston* and Acid in the volatile vitriolic Acid is more lax than in *Sulphur*, so that if it be exposed in a warm atmosphere and a large vessel, the acidity exhales and leaves an insipid phlegm, nor does it closely combine itself with Spirit of Wine rectified, but is quickly dissipated in the air, flying off.”

“ It is further distinguished from the fixed vitriolic acid by the smell, which diffuses itself to a distance, is suffocating and incommodes the breast, whereas the fixed vitriolic acid has no smell.”

Again,

“Again, the fixed vitriolic Acid is almost caustic on the tongue, but the volatile vitriolic Acid when depurated has scarce a sensible acidity, but a certain roughness on the tongue; and lastly the elasticity of the volatile vitriolic acid is such that it will burst a bottle close stopt in heating. (a)”

So far *Langius*.

I procured the volatile Acid of *Sulphur* prepared by distillation from *Patrick Bride* Chymist, and the volatile Acid of Vitriol prepared by *Dr. Francis Hutcheson*, Professor of Chymistry in *Dublin*, answering to most of or all the characters of that above described by *Langius*, and with it made the following experiments shewing that tho' it falls short of producing the same effects to the same degree as *Sulphur* in substance does, it produces effects on Metals and their Solutions which the simple Acid does not, until it be combined with the *Phlogiston*, which effects are also in a great measure common to *Sulphur* in substance.

I suspended a Silver spoon in the vapor of the above-mentioned volatile Acid of Vitriol in a narrow mouth'd jug for the space of a week without any effect, which was also the case of another Silver spoon kept immersed in the liquor: but when the concave part of the spoon was placed upon the mouth of a gallypot full of this volatile acid in a sand heat and kept there about two hours, it was tinged of a dark brown and faint copper colour, appearances agreeable to the effects of the vapor of solution of *Sulphur*, altho' these discolorations by the volatile acid are less deep than those from the vapor of the solution of *Sulphur* artificial or natural, and particularly less deep than those produced by the vapor of our sulphureous water

(a) Lightening has in some measure effects similar to those of the volatile sulphureous Acid, both with respect to the explosive power and to the discolouring of metals.

at *Lucan* near *Dublin*, which, without any heat applied, tinged a silver spoon exposed to the steam of it in a jug whose mouth was stopt, of the colour of lead in the space of 48 hours.

At the same time the effects of the above *Gas*, or volatile acid of Sulphur or Vitriol on several of the metallic solutions are so far different from those of the fixed acid of Sulphur or Vitriol that the said *Gas* being diluted with distilled water, in repeated experiments, did never fail to produce various discolorations with the solutions of Silver and Mercury, even such as are proper to solutions of *Sulphur*, more or less according to the strength of the impregnation, as is shewn in the Table annexed: but the fixed acid of Sulphur and Vitriol, *viz.* the Spirit of Vitriol and common Oil of Sulphur by the bell, equally diluted had no effect on those metallic solutions, *viz.* by reason of the last named acids being not combined with the *Phlogiston*; a fact that may well merit the attention of the curious in explaining the appearances arising on the mixture of the metallic solutions with several waters where *Sulphur* cannot be distinctly demonstrated.

Langius before quoted proceeds to observe that Nature produces something like the above volatile sulphureous or vitriolic Acid in the decomposition of the *Pyritæ* and other sulphureous bodies, and that it is furnished by the greatest part of the *Acidule* and *Thermæ*, but with this difference, that it is not so volatile or so strong as the above artificial Acid, and that the *Grotto del Cani* near *Naples*, and another cavern near *Pyrmont* are the two most remarkable places known for this volatile acid or sulphureous Spirit, in the latter of which places it appears in the form of a cloud or vapor, which seldom ascends more than two feet above the ground, and suffocates not only birds and insects,

but also quadrupeds if long exposed to it; and if a man plunge his head down to the bottom of the cavern, he perceives a penetrating sulphureous smell, becomes giddy, drowsy and in danger of being suffocated: and I am well assured that the Damps in Mines kill with stupefaction: such are the effects of the native volatile sulphureous Acid when acting in its full force; and that the *Pyrmont* water, one of the richest of all the Chalybeates, is impregnated with it, we may conclude from the sulphureous vapor which is perceived at the wells, (a) which makes the water-servers giddy, and which also causes the fish, frogs, ducks and goslings when thrown into these wells to become giddy, lose their strength, and at last fall down and sink, and which also affects mankind in drinking it with a kind of drunkenness, a not unfrequent effect also of our Chalybeate waters and owing to the same cause in a less degree; for indeed that an extremely subtile and volatile acid enters into the composition of our ordinary Chalybeate as well as other mineral waters has been shewn elsewhere by divers observations formerly made, and which have been since confirmed in Dr. *Lucas's* experiments in his *Essay on Waters*. In this place it shall suffice to mention but one instance to this purpose: Dr. *Whistler*, an eminent Physician who frequented *Tunbridge* waters many years, mentioned by Dr. *Baynard*, used to say that in a dry season he could manifestly taste a *Gas Vitrioli* in them.

And as this is a volatile and powerfully elastic fluid capable of producing those mischievous effects on animal bodies above-mentioned when collected and acting in its full force, there is good reason to believe that in a restrained degree, it may produce great and good effects, in giving activity to the element and other more inert materials.

Now

(a) Method. synopsis. of min. Waters, p. 313. 314.

Now the *Bath* water is an illustrious instance of such an impregnation both by the taste and smell, as appears from the following authentic testimonies:

First Dr. *Baynard*, a learned Physician, and many years resident at *Bath*, affirms (a) that it had been often observed, that in a great drought and the wind at or about N. E. the *Bath* waters have been not only sensibly hotter, but acidulated and abounding with a *Gas Vitrioli*, not unlike the grateful acid of the *German Spaw* water; and an old guide told him he had observed the same thing a hundred times in bright, serene weather, and when the wind blew fresh from some northerly point: And that the organ of smelling is under the like circumstances affected by the vapor of *Bath* water as by that of *Sulphur*, appears from the following observation of the Gentleman hereafter mentioned who resided for a considerable time at *Bath*:

The water being brought into his room every morning in a tin can used at *Bath* for keeping the inclosed bottle warm, on entering the room, it immediately discovered a smell of *Sulphur*: his wife, daughter and servant first observed this by the smell, and afterwards by the taste, and himself by both at once: but this was only perceived in frosty mornings, (when the vapors are condensed) for in cloudy or wet mornings it discovered very little sulphureous either to the smell or taste.

But Dr. *Lucas*'s own testimony with respect to an impregnating volatile Acid is still more express and strong, viz. “ (b) In the *King's bath pump room* the first thing that presents itself to our observation in this water is a subtle Acid which flies off in the vapor, sometimes sensibly strikes the nose, and always

(a) Of cold Baths, p. 190, and in the Appendix, p. 431.

(b) Essay on Waters, Part III. p. 277.

proves very offensive to weak lungs, (agreeable to the description ipfissimis verbis, given by our Author Part III. p. 33, of the effects of the vapor of Sulphur in fusion and of the volatile sulphureous or vitriolic Acid both natural and artificial above observed) and powerfully corrodes all the iron works in and about the Baths."

Now since the *Phlogiston* is allowed by our Author to be the cause, not only of inflammability, but of colours and odours in bodies, and is what gives smell and volatility to the Acid of Sulphur or Vitriol, which simply is entirely inodorous, it follows from his own testimony, that the *Phlogiston* subsists combined with the Acid in the vapor or volatile parts of *Bath* waters as well as those of *Aken*.

So much of the volatile parts of *Bath* water: let us next consider its more fixed parts, and first what our Author (*a*) calls the *light black Mud or Earth*, which is found in the cisterns, and partly deposited by the waters in the corners of the baths, and seems to bear a considerable analogy to the light black mud which is also deposited in the baths, reservoirs, aqueducts and canals at *Aken* (*b*), the colour of which he ascribes in a great measure to the *Sulphur* falling to the bottom and augmenting the colour and volume of the sediment; and here indeed he agrees to other Authors, who have examined the bituminous and sulphureous waters, who make the black colour of the earth or sludge in their course to be peculiar to these waters (*c*), which also agrees to the analysis of *Sulphur*, which both on being dissolved in an alkaline lixivium and on being deflagrated, is observed always to leave a black fixed earth or sediment (*d*): So that as

(*a*) Essay on Waters, Part III. p. 276. (*b*) Ibid. p. 57. (*c*) Memoires de l'Acad. royale, A. D. 1762, p. 1083; and Short's Hist. min. Waters, Vol. I. p. 312. (*d*) Shaw's philos. principles of universal Chymistry.

far as we may be allowed to reason from analogy, the light black Mud of the *Bath* waters is of a similar nature; and if our Author had examined that substance without partiality, he would probably have been a little less peremptory in pronouncing it not to be a mineral production, as he allows the *Aken* mud to be, but a meer vegetable matter putrified: for, tho' he tells us that it yields nothing like *Sulphur* in sublimation or distillation, this may be easily accounted for from the small quantity of the *moleculæ* dispersed among the calcareous and other matter, which may be illustrated by a similar observation upon the black sediment of our sulphureous water at *Lucan* near *Dublin*, which tho' it be of a strong sulphureous smell, yet, being carefully distilled by a mild heat, yielded no flowers of *Sulphur*, altho' the white glairy substance deposited by the same water did, and for this obvious reason, it's being more free from heterogeneous mixtures.

Now the Mud of *Bath water*, upon a careful examination of it on the spot, and of a specimen of it transmitted to *Dublin*, is found sometimes when first taken up, to be green, an equivocal mark common either to a vegetable matter, (as perhaps some portion of the *Conferva* mixed with it, or to *Sulphur*, or both) but by keeping, it turns ash-coloured and ferments briskly with Acids, and on being roasted in the crucible it lost the ash-colour, and acquired a brown redish cast, appearances similar to those exhibited by the blue and black Marls, (a) which in the language of the vulgar, contain some pittance of *Sulphur* soon dissipated by the fire, so that this Mud appears plainly to be not a purely vegetable production, but partly of the mineral or calcareous kind with a small

(a) Hill's History of fossils.

quantity of that substance which tinges it black and ash-coloured :

But it were doing injustice to this Precipitate of the *Bath-waters* to suppress on this occasion an experiment of *Guidott* (whom our Author calls the head of the analysers or rational writers on these waters) thus circumstantially related, (and which amounts to a more direct evidence of real mineral Sulphur entering into the composition of this Mud) viz. “ *The (a) foul contents of the Bath being put into a crucible for calcination, before the marly or muddy parts were consumed, the crucible being then opened and the contents touched with a spatula, gave a very strong stench of Brimstone, and burnt as blue as ever I saw any Sulphur.*” To which I add, that a six-pence having been kept in the Mud of the *King's bath* in a moderate heat, and become black thereby, and then transmitted to me in *Dublin* was of a dark blue and copper colour, being the colours ordinarily given to Silver by the waters called sulphureous.

These observations placed together may suffice to shew the analogy of *Bath-Mud* to that of other waters called sulphureous.

But the point of the existence of *Sulphur* in another of the substances spontaneously separated from the *Bath waters*, viz. the *Bath-Sand*, a mouldered *Pyrite* (being a composition of *Sulphur*, *Iron*, and calcareous Earth, and which he pronounces to be the cause both of the heat and impregnation of these waters) is fairly given up in these words :

“ *The Bath-Sand thrown (b) into an ignited crucible emits a strong sulphureous vapour, and a blue flame suddenly disappearing, so that it is hardly per-*

(a) Treatise of Bath Waters in English.

(b) Essay on Waters, Part III. p. 270.

ceptible to the sight. (A) The vapor collected in a glass bell condenses and shews itself to have been none other than the vitriolic, (or in other terms sulphureous) acid." And to this agrees what I am well assured of, as a well known fact at *Bath*, that this Sand thrown upon a red hot iron sends forth a smell equal to that of a lighted brimstone match, and the ordinary iron Pyrite, according to *Henkel*, contains $\frac{1}{3}$ or $\frac{1}{4}$ of *Sulphur*.

Here let me observe the great difference between this substance and the residuum of the *Thames* water, (a) which (as containing not a sulphureous but *Oily matter*) in a well ignited crucible gives no sensible acid vapor nor blueness in the flame, but a smell as if oil or grease had been burning.

Thus it appears that the very matter supposed to impregnate the *Bath* waters contains the *Phlogiston* or inflammable principle united to the Acid, not only laxly, as in the *Gas sulphuris* or volatile sulphureous Acid, as above, but closely, and so as to require a strong fire to separate them, so that here appears, even from our Author's own testimony, in the *Bath*-waters, 1. The acid of *Sulphur* volatilized by and combined with the *Phlogiston*. And 2dly, *Sulphur* in substance from the impregnating *Pyrite*, which by the accurate *Walerius* is defined, *Sulphur ferro mineralisatum*.

This is one notable instance of *Sulphur* dissolved in water by the chymistry of Nature, without the intervention of an Alkali, and so beyond the ken of our Adept, altho' it is above shewn that Art can effect the same thing also without the help of an Alkali, concerning which artificial solution it is

(A) *Thomas Haviland* Apothecary, got ten drams of a very volatile acid spirit from six pounds of the Sand taken from the cistern in the *King's bath*.

(a) *Essay on Waters*, Part. I. p. 134.

observable that it has not the smell proper to a solution of *Hepar sulphuris* or like that of *Aken* water and many others any more than *Bath* water; so that *Sulphur* may be invisibly suspended in water without affecting the smell in the same manner as that wherein the solution is effected by an Alkali, and consequently the argument drawn of the absence of *Sulphur* from the want of such a smell is fallacious.

I proceed next to consider what evidence is given by the *Bath* water itself of the presence of either *Phlogiston* or *Sulphur*, neither of which our Author, (a) (to use his own words) with *positive assurance concludes is found in Bath water, whatever men unacquainted with the principles of chymistry and nature—or who might have thought themselves interested in concealing the truth, might have heretofore, now do, or hereafter shall set forth to the contrary.*

Not intimidated by this Menace, I shall however examine his experiments, and humbly hope to make a better use of them than he has done, endeavouring on the one hand to guard against a precipitate conclusion from a single experiment, and on the other by a careful comparison of the several experiments together, and by viewing the several evidences or want of evidence of the *Phlogiston* in various lights, to draw a just inference or induction from the several particulars.

I shall begin with that Experiment in which he seems to place the greatest confidence, and upon which he builds his triumphant declaration above quoted, *viz. (b) The solution of lead causes in Bath water the most perfectly bright, white clouds, and at length a lovely white magistery, and therefore it contains neither Sulphur nor Phlogiston, because, had there been any portion of these in the water, mud-*

(a) Essay on Waters, Part III. p. 307. (b) Ibid.

dy, yellow, or dark brown or black clouds must have been the consequence of the mixture."

In answer to this, I beg leave to illustrate the force of this reasoning, by applying it to the investigation of the presence of another fossil, to which, if it be just, it must be applicable as well to *Sulphur*; and that is Iron-Mine. Every body knows that the attraction by the Load-stone is a sure test of the presence of Iron in any mineral to be examined: but suppose any Operator on these minerals, upon his subjecting any of them to this test, finding it to fail, should instantly conclude that it contained no Iron, would he be safe in his conclusion? Not at all: for it is found upon tryal that there are Ores very rich in Iron which do not yield to the magnet, of which *Walerius* in his *Mineralogie* has given divers instances: but to come directly to the point:

If a man were to set out with a determination to demolish both *Sulphur* and *Phlogiston* in water and his evidence were to rest upon one single experiment, he would be much in the right to chuse that experiment or test of the presence of *Sulphur* or *Phlogiston*, which might be the most likely to fail, and to omit, or not to insist on what is the most touchy or most sensible test: of the last sort I take to be the solutions of Silver and of Mercury sublimate corrosive; of the first the solution of sugar of lead, and how far our Author has observed this conduct I shall submit to the reader.

Indeed if *Bath* water were what we call a simply sulphureous one, such as that of *S. Amande* in *Flanders*, *Nottingham* in *Dorsetshire* and divers others in *England* and *Ireland*, then undoubtedly the inference of the absence of *Sulphur* or *Phlogiston*, from the failure of the muddy, yellow, dark brown or black clouds upon adding the sugar of lead, must have been just, since those simpler waters do

not fail to strike those colours with that solution, from the predominancy of the phlogistic principle acting in its full force :

But with the waters wherein there is a large proportion of heterogeneous matters the case is far different : Nature disguises itself, and he that would discover either the sulphureous or inflammable principle must expose the water to various trials with different materials, when he will often find one to detect what another conceals, whereas were he to trust to a single experiment of one metallic solution and from thence, without any regard to other metals and their solutions, pronounce any water to be or not to be impregnated with *Sulphur*, his conclusions would prove wild and extravagant, which in the present case has been too much, and ever will be, the consequence of such a superficial examination of waters :

As an instance of the truth of this observation, I shall place in the front the waters of *Aken*, (confessedly sulphureous) in which there is a very considerable mixture of calcarious Earth, (a) ever causing a white precipitation with sugar of lead as well as with alcalis ; and accordingly the *Aken* waters turn milky with the alkaline ley, and of a *muddy milky colour, and precipitate a dull white powder, with something of a brown and dark ash colour with sugar of lead (b)* : and why ? because the *Phlogiston* is blended with a large proportion of terrestrial matter precipitated by the sugar of lead, being a precipitator in common to the white calcarious matter and to the *Phlogiston* : to which may be added some particles of the Ceruss also suffered to subside, as being partly dismissed by reason of the superior attraction of the calcarious earth in the water.

(a) *Essay on Waters*, Part III. p. 84, 85. (b) *Ib.* p. 94.

And I apprehend I may not unjustly subjoin the *Bath* water as a second instance to the same purpose, which is also impregnated with various minerals, and particularly a calcarious earth, manifested by the large white precipitate it yields by means of oil of tartar, which must disguise the other darker coloured appearances otherwise to be expected in the clouds and sediment exhibited by adding sugar of lead to it: it is however but doing justice to the subject to bring in here the testimonies of others on this head from experiments made on the *Bath* water both on the spot and in *Dublin*; the first long before this controversy was in agitation, and consequently may be presumed to have been impartially related, which experiments were made by Dr. *Hilary*, who found that the solution of sugar of lead precipitated from the water of the *King's bath* and *Hot bath* a white powder intermixed with greyish spots, which indeed does not altogether quadrate to the *perfectly bright white clouds and lovely white magistery* exhibited on this mixture according to our Author, as abovementioned, but is very agreeable to the appearances exhibited by one of the artificial sulphureous waters in the Table annexed, in which *Sulphur* is suspended in considerable quantity, as also to an observation of my own and of another present on the same mixture, *viz.* the solution of sugar of lead with the *Bath* water in *Dublin*, which in reiterated observations, did, on being held up to the light, beside the whiteness, exhibit some shade of yellow, which, and the *greyish spots* abovementioned must be allowed to be as clear indications of some portion of *Phlogiston* as they are in other waters, and particularly as is the *muddy milky white colour* produced by the solution of Lead in the condensed vapor of *Aken* water, which we are told (a) most certainly arises from the *Phlogiston*:

But

(a) Essay on Waters, Part III. p. 76.

But to shew how inconclusive the meer appearance of whiteness exhibited by the mixture of the solution of sugar of lead with regard to the non-existence of *Sulphur* in waters is, I shall here from the labours of the indefatigable Dr. *Short*, instance several waters which, altho' they otherwise give ample tokens of their being sulphureous, are yet so far from assuming brown or black colours with solution of sugar of lead that they whiten with it, viz. 1st. the celebrated *Sulphur-well* of *Knareborough*, (a) well known for its strong taste and smell of *Sulphur*, and which lets fall a dark sediment. 2dly, (b) *Croft* water which smells strong of *Sulphur*, and in the course of which every thing becomes white, with reddish specks between, and turns of a bluish white with solution of Silver, but white with solution of sugar of Lead. 3dly, *Askeron* water situated five miles from *Doncaster*, smells and tastes very strong of *Sulphur*, and, as an evidence of the strength of its impregnation, its stream is full of a white thick sludge which ropes like decoction of *Althæa*, and yet with solution of Lead it whitens first, and then gives a brownish sediment. 4thly, *Chadlington* water smells like the washings of a foul gun, and yet turns milk white with solution of sugar of Lead.

I shall next consider the effects of *Bath* water on Silver and its solution as an evidence of the presence or absence of *Sulphur*: and first it is alledged (c) that a silver spoon standing some hours in the water, and that silver-leaf kept therein 24 hours and the water often renewed, did not shew the least visible tendency to yellow, from whence it is inferred that here is no *Sulphur*.

Now, tho' the facts here related in these few experiments made by an itinerant visitor be not

(a) *Short's Hist of min. waters*, Vol. 1. (b) *Ib.* p. 299.
(c) *Essay on Waters Part III.* p. 281.

denied, yet, if I be not greatly mistaken, this general inference is a little too hastily drawn: for
 1st. It had behoved an Author who was searching after truth, to have paid some regard to the experiments of others who had been longer resident on the spot, and to have compared their experiments with his own; but this he has utterly omitted, and particularly that of *Guidott*, who affirms that both Silver and Brass by a longer stay in the water are notably discoloured, even in the same manner as by the waters called sulphureous, v. g. that Silver placed in the spring became first of a copper colour and then black, and that Silver which had lain for some time near the springs became of the same colour as in the decoction of *Sulphur* in Lime-water (*a*).

2dly; In these complex subjects of philosophic inquiry, if we would succeed in finding out truth, we must view the subject in a variety of lights, and consider, not only the effects of the water, but of its Vapor, well knowing that the vapors of both putrid waters and of those called sulphureous have been observed to produce greater effects in tinging Silver than the waters themselves. Accordingly our Author, when treating of *Aken* water, observes that Silver, in the vapor of the source, is almost instantly affected, acquiring a pale gold colour in less than a minute, and in three is carried to the highest degree of tarnish (*b*); and that polished Brass, which was kept four hours under the water, shewed no change, while what was above the water got first a pale, then a deep gold colour, and soon became variegated with all the shades of red, orange and purple: and these experiments are alledged as proofs of the *Phlogiston* in *Aken* water, even as the like discolorations of Silver

(*a*) Eng. Edit. of *Treatise of Bath waters*, Chap. 5.

(*b*) *Essay on waters*, Part III. p. 67.

from the vapors of putrid waters, bilge-water, &c. are alledged as the effects of the *Phlogiston* in them :

But when *Bath* water comes under consideration, not one word is mentioned as to the effect of its vapor on Silver or Brass, whether from inattention or from a prejudice against this water, I shall not take upon me to say, but thus much I may adventure to affirm, that had he been as minute in his account of the *Bath* water as he had been of that of *Aken*, he would not have wanted evidence of the *Phlogiston* in the first as well as the last. This great defect of his therefore in the comparison of *Aken* and *Bath* waters I shall here endeavour to supply, and shew that the *Bath* water has as just a claim to an impregnating *Phlogiston* as the *Aken* waters has, from positive experiments on the operation of its vapor, shewing that this effects in a much shorter space of time what the water itself in some observations effects not at all, or at least requires a much larger space of time to effect :

R. Musgrave Esq; from *Lismore* in *Ireland*, a gentleman of undoubted veracity, who resided several months at *Bath* in 1752, and taking his first lodging in *November* in a room that had two or three large sash windows so near the *Cross bath*, that its steam hung about the *Bath* like a fog, observed that his Silver buckles which he put at the bottom of the window every night going to bed, became in the morning yellow like gold, which change of colour did not happen to the same buckles when he removed to another lodging remote from the Baths.

He also corroborates what is observed above of the offensiveness of the steam of *Bath* waters to weak lungs by a notable example of it which fell under his own observation, which is also notoriously the case of the smoak of Pit-coals, as well

as it's tarnishing Silver, in both which instances the steam of *Bath* waters answers to that of Pit-coal, a probable indication of some similitude in their constituent parts; and that Pit-coal is not a meer Bitumen, but contains also a substance very like common *Sulphur* and wholly distinct from Bitumen we may learn from some experiments lately made by two eminent Chymists (a).

But to return to the effects of the vapor of *Bath* water on Silver, as this is a fact of importance, I thought it were well worth while that it should be confirmed by further and repeated tryals made on the spot, which was accordingly done with great accuracy by a curious Gentleman of the profession there, from whom I received the following circumstantial account of this matter *July* 1761, which is here inserted in order to shew that the two other hotter Baths have this power of tarnishing Silver by their steam in a greater degree than the *Cross-Bath*, viz.

A plate of Silver hung up in the steam of the King's bath, and another in the Hot bath, were tarnished in twenty-four hours, but in forty-eight hours they were tarnished to a greater degree, even so far as to have lost their splendor, and to look like French plate from which the silver is worn off: but a plate of Silver which was suspended over the Cross bath did not in that time at all lose its colour, tho' it is supposed that if the Silver plate had been exposed to the steam of the Cross bath a longer time, it would also have changed its colour; agreeably to the observation above related of the effects of the steam of that Bath on the silver buckles.

Now, to stain Silver yellow or black is the well known property of the vapors of the solutions of *Sulphur*, and indeed the effects described in the

(a) Neuman's Works published by Lewis, and Shaw's philosophical principles of universal Chymistry.

two foregoing observations are remarkably greater than those of the vapor of the volatile vitriolic or sulphureous Acid above mentioned, which, tho' far stronger and less diluted than the vapor of *Bath* water, did not produce this effect on Silver suspended over it for a week, but required the assistance of a Sand heat to tinge the Silver.

To the foregoing observation agree the powerful effects of the steam of *Bath*-water on Iron, *viz.* it has been observed (*a*) that a ring of Iron has been eaten out by it in seven years, an effect altogether similar to the well known operation of *Sulphur* on Iron, and particularly of the steams of the sulphureous waters of *Aken*, as mentioned by our Author, *viz.* that *all (b) the Iron work about the Baths is greatly corroded.* Now it is well known that *Sulphur* readily unites itself with Iron, and turns it and Copper into yellowish concretes like the *Pyritæ (c)*:

And here it seems to be worth while to take a short view of our Author's way of reasoning on the effects of the vapor of *Aken* water similar to those above related of the vapor of *Bath*-water, *viz.* In his third Section upon the *Aken* waters, having described the effects of the vapor of these waters on Lead, on polished Brasses, Silver, &c. he tells us that experience (*d*) convinces us that these effects cannot be produced by the Acid alone, and he adds, *It must be then from the Phlogiston or inflammable principle.* And a little before, (*e*) he deduces an Acid and Phlogiston in *Aken* waters from their vapors corroding Iron and Lead: and indeed this is agreeable to the foregoing experiments and observations on the effects of the *Bath* waters, with this explanation, that these effects in both waters are not owing to the meer Acid

or

(*a*) Method. synopsis. of min. Waters, p. 596. (*b*) Essay on Waters Part III. p. 64. (*c*) See Neuman. (*d*) Essay on Waters, Part III. p. 66, 67. (*e*) Ibid. p. 64, 65.

or meer *Phlogiston*, but to an Union of both; for this is abundantly confirmed by the experiments related and often repeated in the Table annexed, where it appears that the volatile acid of *Sulphur*, or the acid of *Sulphur* volatilized by and combined with the *Phlogiston* diluted with distilled water, has some effect in discolouring Silver in substance, tho' less than the solution of *Sulphur* in an alkaline ley, and produces the like discolorations with solution of Silver that *Bath* water does, viz. a dark brown sediment and bluish cloud; and when this volatile acid is grown effete by the exhalation of the combined *Phlogiston*, it effects no discoloration at all:

And thus is the existence of the *Phlogiston* in the *Bath* waters established by our Author's experiments on those of *Aken*, the like *phenomena* arising and the same reasoning being applicable to both: and it must be owned that in these parts of his work he has done justice to the waters of *Aken*; but it is somewhat surprizing that he should so far forget himself before he had finished his book as utterly to deny the existence of the *Phlogiston* in *Bath* waters; had he revised his work, he must have seen that the very same Premises from which he inferred a *Phlogiston* in the waters of *Aken* were equally conclusive with regard to a *Phlogiston* (tho' in a less degree) in those of *Bath*.

Having thus far shewn that the Vapor of *Bath* water as well as its Mud and Sand do each of them exhibit divers of the appearances proper to *Sulphur*, and that the Sand and Vapor particularly do manifest the union of the *Phlogiston* and an Acid as well as *Aken* water, it will yet be necessary in order to clear up this subject from the obscurity in which it has been involved, and to obviate an Objection that may possibly be made of a *Sulphur* formed in the air as in the *Aken* waters, to examine the *Bath* water itself from the experiments

made on it chiefly at the fountain by our Author himself, tho' partly improved and in some measure corrected by others, in order that it may appear how far this Water in it's utmost perfection, and possessed of whatsoever is either sublimed from it in vapor or precipitated in the form of Sand or Mud, confirms the foregoing evidences of an impregnating *Sulphur* or *Phlogiston*.

We have seen above that the solution of Lead gives some faint marks of such an impregnation in *Bath* water, altho' alledged for a contrary purpose by our Author; but this matter will be much clearer by examining the appearances exhibited by the solutions of other metals, as that of Silver, and of Mercury in divers forms, and of Iron in the *English* Vitriol, each of which we shall find to conspire with one another as well as the Experiments above related, in shewing the same thing:

First then our Author informs us that (a) upon adding solution of Silver to *Bath* water, bluish white clouds appear, and in eight hours a sediment is formed of a purple hue: and (b) upon adding the same Solution to *Aken* water, first a milky, then a yellow, after a brown coagulation ensues, and in twelve hours it gives a white or cream coloured precipitate, and over that it is of a pale brown or dark ash-colour.

Now in the account given by our Author of the *Aken* water, these and the like discolorations by means of solution of Silver are attributed to the *Phlogiston*, nay, even so weak a tincture as that of Mosel wine produced by solution of Silver in the condensed vapor of *Aken* water is attributed to the *Phlogiston* (c); and indeed these discolorations by this solution do exactly answer to the effects of the same solution on that of *Sulphur*, the colours

(a) *Essay on Waters*, Part. III. p. 305. (b) *Ib.* p. 95, 96.
(c) *Ibid.* p. 76.

being varied to yellow, brown or black according to the different strengths of the solutions of *Sulphur*: and in the *Bath* water the sediment is of a purple hue: thus, as in many other experiments, the solution of Silver is found to be a much more sensible test of the presence of the *Phlogiston* than sugar of Lead, as further appears by comparing their effects on the putrid waters in the Table annexed.

Why then does not our Author consider these appearances in *Bath* water from solution of Silver as evidences of the *Phlogiston* as well as in the *Aken* water?

Let us next see how agreeable the above appearances from solution of Silver are to those exhibited by other metallic solutions, and first by that of Mercury in different forms: The *Aqua Sulphurata* in the Table, upon the admixture of the solution of Mercury in *Aqua fortis* gave a flesh coloured precipitate and a pale blue purplish circle, and in the same water become somewhat effete by keeping, the mixture was yellow:

But it will be closer to the purpose to consider the effects of Mercury on the *Aken* and *Bath* waters, and to give the etiology of the appearances as laid down by the Author, thus: The solution of Mercury sublimate in distilled water produces in *Aken* a pellicule variegated with all the colours, and the same solution he tells us (a) also exhibits a pellicule of all colours in *Bath* water (b), to which let me add that I also observed the very same appearance on the mixture of the same solution with *Bath* water in *Dublin*, which had been taken up many months. Now how is this appearance explained? In the waters of *Aken* (c) our Author solves it in these words:

(a) Essay on Waters, Part III. p. 94. (b) *Ib.* p. 303.
 (c) *Ib.* p. 99.

“ *The Phlogiston shews itself in the pellicule, that subtle principle, from different combinations of which all colours as well as odors arise?*” And why not in *Bath* water as well as *Aken*? The partiality or precipitancy of such a writer is too obvious:

I shall conclude with the appearances exhibited by the mixture of green Vitriol with the *Bath* water, our Author's relation of which I strongly suspect may require a revision: for he tells us (a) that the solution of green Vitriol in distilled water caused milky clouds with a pale yellowish hue, which subside in the form of an ochreous precipitate. Here he says not one word of any variegated pellicule (which would have been as good an evidence of *Phlogiston* as that from the Sublimate above in *Aken* water) whereas I do affirm that, agreeably to the account given elsewhere, (b) in some *Bath* water which had been kept several months in *Dublin*, the solution of green Vitriol in distilled water exhibited a variegated Scum consisting of the red, yellow and blue colours; and last summer 1761, a solution of Sal Martis in distilled water being mixed with the *King's bath* water on the spot, the result observed by the same curious Gentleman of the Profession abovementioned, was, that a pellicule was formed of a beautiful, vivid, blue and gold colour, like the *Cauda pavonis*, or like what we often see in stagnant waters near Coal-pits.

And the same Gentleman in a subsequent Letter assures me, that the precipitate made from *Bath*-water by sugar of Lead, becomes *greyish* by standing, which confirms Dr. *Hilary's* experiment above mentioned, and invalidates the evidence from the *lovely white magistery* said to be exhibited by the same mixture above, being the cardinal experi-

(a) Essay on Waters, Part III. p. 307.

(b) Method synops. of min. Waters.

ment of our Author from which he thought himself authorized utterly to explode any *Phlogiston* from these waters, but how justly is now submitted to the reader.

And now, to sum up in one view the Experiments above related on the Mud, Sand, Vapor and Water of *Bath*, in order to see how far they are evidences of an impregnating Sulphur,

1st. The Mud of *Bath* water, or the Earth tinged by a small quantity of a matter which is a *pabulum ignis*, agrees to the Mud of *Aken* and other sulphureous waters, and to the analysis of *Sulphur* in the colour, and agrees to *Sulphur* in the smell and in discolouring Silver.

2. The *Bath*-Sand agrees to *Sulphur* in it's smell and in it's appearances in the fire.

3. The Vapor of *Bath* water produces the like effects as that of solution of *Sulphur* in tarnishing Silver, tho' in a less degree; also it agrees to *Sulphur* in corroding Iron.

4. The Water itself exhibits with the metallic solutions the like discolorations as solution of *Sulphur* does with the same solutions.

Thus both the Water itself and what is precipitated from it conspire in exhibiting appearances proper to *Sulphur*, and some of them peculiar to it, and the defect of evidence in one experiment is abundantly compensated by the light afforded by others, upon a careful review of the whole.

It is true, the *Aken* waters give proofs of a stronger impregnation by the above trials, as well as yield flowers of *Sulphur*, which the *Bath* waters do not; and the first smell much stronger, and like a solution of the *Hepar sulphuris*, containing the mineral Alkali, of which the *Bath* waters do not partake, their Salts being of a neutral kind, whereas in those of *Aken* the Alkali, (a fit menstruum for dissolving *Sulphur*) prevails; and yet

yet it has been shewn above that not only Nature, but Art, can effect a solution of *Sulphur* or keep it suspended in an invisible state in water without an Alkali: and indeed the volatile sulphureous Acid diluted produces discolorations with solution of Silver like what are produced by solution of *Sulphur*, tho' in a less degree, and nearly like what *Bath* water exhibits with the same solution.

Bath water indeed has not, as far as I have learnt, exhibited a distinct palpable *Sulphur*, nor is this to be wondered at, because, existing in very small *moleculæ*, and those blended in large quantities of other materials, it is dissipated and lost in the process; for this also is the case of most of those waters which otherwise give undoubted proofs of an impregnating Sulphur and yet elude almost every attempt to collect it, excepting in that white glairy matter which is ordinarily deposited by these waters, from which an evident *flos sulphuris* in two different waters was obtained, as is related in the foregoing section.

We may therefore now be enabled to state the Comparison between the waters of *Aken* and those of *Bath* thus:

1. They are both confessedly impregnated with the *Pyrites*, of which we are assured there is great plenty in the neighbourhood of *Bath* as well as *Aken*.

2. They both betray *Sulphur*, but in different manners and in different degrees: *Aken* by the smell like solution of *Sulphur* in an alkaline ley, whilst that of the *Bath* is rather like the *Gas sulphuris* or volatile sulphureous Acid diluted; and accordingly the first is of a saponaceous quality, and its impregnating salt resembles the *Soda*, the last is a hard water and manifests a degree of acidity so far as to curdle Milk, its saline contents being marine salt and calcareous Nitre; and yet there

there is one peculiar character and recommendation due to the *Bath* water from the infallible testimony of our taste, viz. a milky softness owing probably to an impregnating bituminous matter enveloping the salts which makes it fit easy on the stomach and bowels, and renders it a good volatile for other medicines, being free from the nauseousness of *Aken* waters.

Again, in *Aken* water the flowers of *Sulphur* are collected in the vaults of the sources of several of the Baths: in the *Bath* water the *Sulphur* is most manifest in the Sand, being a composition of *Sulphur*, Iron and calcarious Earth.

The volatile sulphureous Acid is common to them both, consisting of an union of the Acid and *Phlogiston* in the vapors of both, which have the like effects in corroding Iron, and in tarnishing Silver, tho' this last appearance is much stronger in the *Aken* than *Bath* waters; but both waters have in a great measure similar effects on the solutions of Silver, Mercury and green Vitriol.

3. The *Bath* water therefore maintains its title to the powerful effects ascribed to it, not meerly from actual heat, nor meerly from the ingredients common to it and any meer purging Chalybeate water heated, but also from a sulphureous impregnation, and particularly as an expeller of gouty or other morbid humors to the surface of the body.

SECTION V.

Of the Bristol water, it's character as a Calcarious one asserted, to which the Phlogiston is superadded, with the Comparison of this and the Bath water.

HAVING so far heard our Author on the *Bath* water, let us now attend him a little while on that of *Bristol*, which we have hitherto been

been told is a native Lime-water, of an absorbent, sweetening and gently restraining quality, and useful in common with the *Buxton* and other warm Calcarious waters in the diabetes, hectics, internal ulcerations, in moderating excessive discharges of the blood or humors, in some stubborn Colics and other disorders of the primæ viæ, and that it is useful for these purposes, not only at the fountain, but when transported to remote places, and at least greatly preferable to common water.

But as it has been above observed of our Author in relation to the existence of *Sulphur* in waters, that his superior genius has carried him into refinements far beyond the evidence of common sense, it may with no less truth be affirmed that he has taken care to maintain an uniformity of conduct in relation to the existence of the Calcarious matter, at least in the *Bristol* water, and that he is equally paradoxical as to both these waters; for, altho' the *Bristol* water be remarkable for *imprinting the most (a) soft and grateful sensation upon the palate*, and for exhibiting a *plain and evident appearance of ebullition with all acids vegetable as well as (b) mineral*, and for *depositing a chalk-like (c) matter upon the bottom and sides of the tea-kettles in which it has been often boiled*; yet in the sequel (d) it is queried, *Why are these waters singled out as Calcarious, most waters having an equal, many a superior title to that appellation*; but that it's good effects are chiefly to be ascribed to a *subtile, (e) volatile, acid spirit*, which it greatly loses in the carriage, and consequently the exportation of this water should be of little use; but that *where a water of this particular temperature (f) may not, as in some delicate habits it must, be necessary, in all intentions*

(a) Essay on Waters, Part III. p. 354. (b) Ibid. p. 359.
 (c) Ibid. p. 361. (d) Ib. p. 366. (e) Ib. p. 367. (f) Ib. p. 367, 368.

to be answered by the Hot-well water, such as hectics, diabetes, &c. he should prefer the simple, neglected spring called the Mill-spring, in its neighbourhood, distinguished chiefly by its excessive coldness, greater (a) sparkling and discharging a greater quantity of air-bubbles. But,

Is not this to substitute meer speculation to solid observation and experience, the only sure tests of the effects of any medicine, and is it not an instance of rashness and presumption to recommend a new spring, whose effects any other than are common to simple water we are wholly unacquainted with from observation, in preference to the old Hot-well, whose virtues are long established by experience and which is actually found useful and greatly preferable to common water for the purposes above mentioned, and even upon it's transportation to *Dublin*, where it has long been and continues to be successfully prescribed in conjunction with other sweetening and restorative medicines?

I shall therefore, from a conviction of the real usefulness of this water, endeavour to vindicate it's character; and to rescue the subject of its real mineral contents from the darkness and perplexity in which he has left it; and in order to this shall minutely consider the chief discoveries our Author seems to think he has made, which may be reduced to three Paradoxes:

The first is, that the good effects of this water are to be ascribed chiefly to a volatile acid Spirit: to which I answer

That the universal or vitriolic Acid enters into the composition of most or all mineral waters I grant him; but what I oppose is, that an acid Spirit either volatile or fixed should be considered as a principal ingredient in the *Bristol* water, and that on which it's chief energy is to be rested, for ist.

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Expe-

(b) Essay on waters, Part III. p. 354.

Experience is against him, with respect to the real good effects of this water at a distance from the fountain, as has been above observed. 2dly, It is certain that *Bristol* water gives far less evidences of an Acid, and wants those evidences of an Acid which are exhibited by the other waters he has treated of, particularly those of *Aken*, *Bath* and the purging waters, as will appear to any one upon the perusal and comparison of his own account of these waters; and tho' it were to be expected that one who sets out with an utter contempt of the Opinions of others, should establish his own by solid and conclusive experiments, he is so far from answering such reasonable expectations, that the Experiments he has offered having any tendency to establish an Acid in *Bristol* water, will be found to be partly extremely slender, and partly equivocal and inconclusive: for

The first experiment of this tendency is, that the Hot-well water being distilled in (a) a high bolted retort, in sand, placing a piece of blue paper in the juncture, this was slightly faded to a purplish: A slight evidence of an Acid indeed, at least a very slight one of a predominating Acid, and no more than what Rain water and other common waters by his own experiments on those at Spa (b) affords, to which I might add also than Rain water and other waters also (c) in other places give.

The second Experiment he mentions that has any tendency to prove an Acid in *Bristol* water, will be found to be absolutely inconclusive by other Experiments, and even by his own testimony, viz.

The *Hot-well* water with the dry (d) alkaline Salts caused a quick and strong ebullition, and the Mill-

(a) Essay on Waters, Part III. p. 362. (b) *ib.* Part II. p. 119. (c) Method. synopsis. of min. Waters, p. 36. (d) Essay on Waters Part III. p. 358.

spring caused a stronger ebullition, especially with the dry volatile Alkali:

Here our Author had certainly forgotten what he had told us in the foregoing part of his work, viz. that *the dry alkaline salts (a) cause a smart ebullition, even when thrown into distilled water, and likewise the prudent caution he had given, not to (b) rest too much upon the ebullition ensuing on the mixture of dry alkali's as a decisive proof of an Acid in waters*; so that the ebullition of *Bristol water* with the dry Alkali's is no more a proof of an Acid in that water than in distilled water, and may be better accounted for from the Air with which, according to late observations (c) the dry volatile alkali is always replete and which parting with some of it's air in the solution adds to the air with which the water itself is also replete, and especially the *Mill-spring*, and so puts on the appearance of a strong ebullition.

On the contrary I shall shew from the evidence of our Author's own experiments that, whatever share may be allowed to an Acid as a menstruum dissolving the terrestrial matter in *Bristol water*, it becomes so far neutralized, that the whole composition, the water, examined at the fountain, manifests a predominant Alkali: for 1. *It gives a plain and evident appearance of an ebullition with all the Acids vegetable as well (d) as mineral.* 2. *With Syrup of Violets it strikes, not a rose-purple as the Poubon and Geronsterre waters, but a sea-green, gradually hightening to a grass-green (e).* 3. *It produces an orange or bright amber colour with infusion of Rhubarb, and a pale rose purple with infusion of Cochinelle (f), arguments of an alkali (g).* 4. It

(a) *Essay on Waters, Part II. p. 108.* (b) *Ib. Part III. p. 85.* (c) *Dr. Black's Experiments in Med. Essays and Observations, Vol. II.* (d) *Essay on Waters, Part III. p. 359.* (e) *Ib. p. 355.* (f) *Ib. p. 357.* (g) *Ib. p. 80, and 84.*

deposites a terrene chalk-like (a) matter fermenting strongly with acids: from all which abundantly appears the vanity of our Author's endeavours to set up an Acid in the *Bristol* water as the chief seat of it's virtues.

I proceed next to consider whether his second Paradox concerning this water be any better founded, *viz.* that it is not simply calcarious, most waters having an equal, many a superior titule to this appellation (b).

He professes to be very exact in his analysis of the terrene contents of this water, and in his calculation of the different ingredients of those contents, and from thence pronounces near one half, *viz.* $2\frac{1}{4}$ grains out of 5 to be fair, distinct, insoluble selenite.

Now as the Selenite is a fossil of great use to our Author, and which he adopts by wholesale, and by means of it fills up many chasms through the whole course of his work, it may be of use to observe that his determination of it's presence in any water is far from being clear, *viz.* that what is commonly called the terrene matter and left in the filtre after the separation of the salts from it, so much of it as consists of minute, shining *laminæ* or *flakes*, is *insoluble* in water and acids, and *unalterable in the fire* is a (c) Selenite:

But certainly, a little more precision and some little regard to the definitions given of this fossil and its distinguishing marks by authors of established reputation had been more consistent with his character as a reformer of our language; one of which marks are, that the Selenite is so far from being unalterable by the fire, that it is calcinable and reduced to a plaister by being burnt,

(a) *Essay on Waters*, Part III. p. 361. (b) *Ib.* p. 366.
 (c) See Part II. p. 170, and 230.

and by this criterion it is distinguished from the stones called *Apyri*, as the *Talcs*, *Mica*, &c. (a) which are neither fusible nor calcinable in the fire, and moreover resist acids as well as the fire; so that our Author's description of the *Selenite* agrees rather to some species of the *Talc*, *Mica* or whatsoever of the *Lapides Apyri* shall be determined by more minute experiments, and not to the *Selenite* of other Authors, nor to the insoluble matter in *Bristol* water, which loses near one half of it's weight in the fire, as other calcarious earths do, and the *Magnesia* rather more than half, and according to some late observations what is lost by the fire consists in a great measure of air, which is one characteristic by which calcarious stones and earths are distinguished from *Mill-stones*, *Flint*, *Talc*, &c. and *Dr. Lucas's Selenite*, which is pronounced unalterable by the fire, and like the others just now mentioned manifests no air by any fermentation with acids; and were there no other argument of the insoluble matter of *Bristol* water being principally a Calcarious earth, this mark of it alone, viz. it's yielding as great a quantity of air as the calcarious earths do by the fire and by fermentation with acids, might suffice, and withal to shew that did it consist of near one half of what our Author calls *Selenite*, it ought not to exhibit so great a quantity of air either by the fire or by fermentation with acids, as the pure calcarious earths, which yet it is found to do.

I have however been at the pains to repeat those experiments which have induced our Author to attribute to the *Bristol* water so large a proportion of the *Selenite* as he does, and to endeavour to deprive it of the appellation of Calcarious hitherto given it by general consent.

(a) *Hill's History of Fossils, and Valerius's Mineralogie.*

On ten grains of the grey terrene matter of the *Bristol* water left in the filtering paper after the separation of the saline by distilled water, I poured Spirit of Salt until it was entirely saturated; then washing with distilled water and exhaling to dryness, there was left only two grains and a half, *i. e.* $\frac{1}{4}$ th of the whole undissolved by the Spirit of Salt, which undissolved part was chiefly, not a shining, but brown matter, exhibiting even when viewed in the sun-shine, only a few shining spangles. and when put into an ignited crucible, it sparkled and lost above half of its weight, leaving only one grain bare weight of what was not consumed by the fire nor dissolved by Spirit of Salt, (which also exhibited very little of the shining spangles,) *viz.* only $\frac{1}{10}$ th of the whole, so that, of ten grains of the terrene matter here are nine dissolved in Spirit of Salt and consumed in the fire.

I query then, where is the *fair and distinct insoluble Selenite* of our Author constituting, according to him, near one half of the terrene matter?

I made the like experiment with another parcel of the terrene matter and *Aqua fortis*, and there was left only one seventh part undissolved, being a dark brown powder, which in the ignited crucible lost near half of its weight, so that here was only $\frac{1}{14}$ th part of the terrene matter left undissolved by the *Aqua fortis* and not consumed by the fire: thus in both these experiments one half of what is left undissolved by the Acids is consumed in the fire, and consequently this one half is not the *Selenite* of our Author which he ever pronounces to be unalterable by the fire; but this he forgets to make allowances for in his calculation, which assuredly ought to be done, it being a considerable part of what constitutes the insoluble matter called terrene, and consequently so much at least ought

to be subtracted from the large proportion of Selenite he would introduce into the *Bristol water*.

I also examined the white Chalk-like matter deposited in the tea-kettles used in boiling the Hot-well water, being a more purely terrestrial matter with little or no mixture of the phlogistic, and found it to be almost wholly dissolved in *Aqua fortis*, (the matter left undissolved being altogether inconsiderable) the genuine character of Spar and Calcareous earths, by which they are distinguished from the *Selenite*, which always remains untouched by Acids.

I also varied the experiment on the insoluble matter thus, in order to compare it to ordinary Lime-stone: I put three different parcels of it into a red hot crucible, and on a red hot iron: it smelt sulphureous and lost near one half of its weight, as ordinary Lime-stone does, the remainder was Lime, which had a few shining particles interspersed being a *Selenite* of our Author, but not of others according to whom the Selenite is ever calcinable and becomes opaque by the fire, whereas the *Mica* or *Tale* resists both the fire and acids. And indeed it is no new thing to find some particles of the *Mica* interspersed with the calcareous matter in Lime-stone, even as in the above-mentioned residuum of *Bristol water*, *v. g.* in the *Lapis Calcareus particulis scintillantibus* specified in *Walerius* his Mineralogie, but in no wise in such quantity as to destroy the character or appellation of Lime-stone; from all which I conclude, that the introducing the Selenite as an ingredient of consequence in the Hot-well water is an affected novelty destitute of support from experiment.

It is therefore astonishing that our Author should not only query, (a) *why are these waters singled out*

(a) Essay on Waters, Part III. p. 366.

as calcarious more than any others? but even take upon him to assert that *most waters have an equal, many a superior title to the appellation of Calcarious?*

And indeed this implies such an utter unacquaintance with the distinguishing contents of waters, that I should chuse to pass it by in silence, except on this account, that it may give opportunity for making some observations concerning the different Earths of different Waters, and the rather, as some recent inquiries have enabled us to give a more clear and distinct account of this matter.

To the query then I answer, that the *Bristol water* is not singled out as Calcarious, but rather joined to others similarly impregnated, particularly the warm waters in *Derbyshire*, to which they agree in their situation among great rocks of Lime-stone, in the calcarious quality of the terrestrial matter obtained from them by evaporation, and in this, that the terrestrial matter in them predominates in quantity over the saline, which, according to *Lister's* observation, gives a restraining quality, common to these waters, which are also found to have the like virtues in excessive profusions of the blood and humors, in the Diabetes, &c.

Next, as to his assertion, that *most waters have an equal, many a superior title to the appellation of calcarious*, I deny it; and on the contrary affirm that few have an equal, much less a superior title to this appellation: for 1st. Even in the Petrifying waters whose terrestrial contents are also generally of the calcarious kind, the contents obtained by evaporation from several of them does not exceed, and from others falls short of the quantity of calcarious matter obtained from *Bristol water*. 2^{dly}, Our ordinary soft waters, such as the *Thames*, &c. are far from having an equal title to this appellation; for these do not make an ebullition with Acids equal to what the *Bristol water* does, and most

most of them none at all, nor do they exhibit half, commonly much less than half the quantity of solid contents that *Bristol* water does, and those not of the white or chalky appearance, as the *Bristol* water, but brown or grey, from an heterogeneous matter mixed with the calcarious. 3dly, Our common hard waters differ still more widely from the *Bristol* water, even in the saline matter in them usually predominating over the terrestrial (the reverse of what obtains in *Bristol* waters) which gives them a degree of acrimony and a laxative quality if they are taken in large quantities. 4thly, Our ordinary Chalybeate waters generally yield a far less quantity of terrestrial contents than the *Bristol* water, and those consisting of an ochreous matter blended with the calcarious. 5thly, The Vitriolic waters, such as *Shadwell*, *Hartfell*, *Killbrew*, &c. exhibit a purely metallic or ochreous Earth specifically different from that of *Bristol*, *Buxton* and *Mallow*. Lastly, I have found in many of the purging waters, particularly those of the bitter kind, which by mutual consent we pronounce impregnated with *Lister's Nitrum calcarium*, that the terrestrial matter differs greatly from that of the *Bristol* water; for it very often failed more or less in the two essential characters of calcarious earth, viz. fermenting with acids and being reduced to Lime by calcination: for in several of these waters the insoluble matter either fermented but little, or not at all with Acids, and in some of them it acquired but little, and in others nothing at all of the acrimony of Lime by calcination; so that the insoluble matter of these waters appears to be either of the mixt kind, or but partly calcarious, and partly of the selenitical, gypseous, talcous or other kind to be more accurately determined by further observation; in the mean time we may probably conjecture that such

concretes may be formed by the calcarious matter absorbing the vitriolic Acid, with a large share of which last these waters are undoubtedly impregnated, as appears from their curdling Milk, precipitating a gross white sediment with alkali's and a yellow one like Turpeth mineral with the solution of Mercury in spirit of Nitre, for which last evidence of the vitriolic acid they are peculiarly remarkable (a).

I proceed next to our Author's third Paradox in relation to the *Bristol* water, even his giving the preference to what he calls the *Mill-spring* to the *Hot-well*: Let us hear his elogium on this his favorite spring:

“ I found this spring (b) demand mine attention so much at the first sight of it, that I gave it a very full examination: and as I know not its equal in Britain, I think it of importance enough to be made known, as I am persuaded it must serve many excellent medecinal purposes as well as the only one to which it is now applied, that of a cold Bath—taken up in a glass it sparkles nearly equal to that of Pouchon at Spa, and like that, covers the glass with bright air-bubbles—it greatly outdoes the Hot-well in sparkling more quickly, and greatly, and depositing a much greater quantity of the brightest air-bubbles in the glass.”

But, what are the real operation and effects of this water from experience? We have no account of any; and as to the mineral contents, it assuredly has far less than the Hot-well water, so that the preference he has taken upon him to give to his favorite spring has literally no better a foundation than a bubble of air, of which a puerile fondness seems to betray itself in the above *elogium*, which it's pity he should so far indulge as to dictate it's

(a) See Neuman's Works with Lewis's notes on Gypsum.

(b) Essay on Waters, Part III. p. 352.

use in practice and recommend it as fit for transportation. I apprehend it had been more suitable to the dignity of his character as an Adept to have discountenanced the vulgar error of admiring any water for the quantity of air-bubbles it contains, and the rather, as it appears from other parts of his work that he was not ignorant of the real distinction that there is between elastic air and the mineral acid Spirit, *v. g.* “*The Tonnelet water spoiled (a) of all it's elastic air and spirit by agitation on the air-pump, still shews some strong appearance of purple (a mark of acidity) with Syrup of Violets.*” And agreeable to this are other observations, that a water may be deprived of it's elastic air by agitation and explosion whilst the minerals, *v. g.* Iron and Sulphur are kept invisibly suspended as before; and on the other hand, it is well known that there are several waters which exhibit no vestiges of either acid or other mineral contents, and yet abound with air-bubbles; nor is it less certain that waters of the greatest eminence for their virtues from experience are remarkable for containing less air, *v. g.* the celebrated Chalybeate of *Dunse* in *Scotland*, on which the ingenious *Dr. Home* lately published an Essay, who observes that “*it sparkles a little in the glass and emits a few air-bubbles;*” but (he proceeds) “*this is of little or no use to the water, but on the contrary the Dunse water is the better for having but little air: for the history of such waters as contain much air shews their ill effects on the primæ viæ, viz. eruptions, pains, swellings, and spasms, whence, to prevent these effects, hot carminatives are taken along with them.*” And it may be further observed as an argument of an impregnating volatile sulphureous acid altogether distinct from air, that the *Dunse* water, tho' it contains but

(a) Essay on Waters, Part. II. p. 202.

little air, yet it raises the spirits and produces a temporary drunkenness.

To this add our Author's own account of the famous *Pouhon* water (which has long stood the test of experience for its superior usefulness and excellency) shewing that the sparkling quality of that water in what is imported to us, for which some inconsiderate persons admire it, is in a great measure acquired by bottling: for he assures us that, *when (a) lifted out of the well in a water glass, it does not appear to sparkle, altho' upon standing it covers the inside of the glass with small air-bubbles.* The *Geronsterre* also contains far less of these than the *Tonnelet* water, and yet the *Geronsterre* and *Pouhon* waters not only yield a much greater quantity of mineral contents, but are the waters of the greatest reputation for their virtues as found by observation.

It is true our Author, ever determined not to submit to vulgar traditions, upon observing the superior sparkling quality of the *Tonnelet* water, altho' it has no perceptible (b) smell, and little if any of the vitriolic or ferrugineous taste which the others have, nor ever fowls its bason, nor causes offensive belches as the others do, takes upon him to give it the preference to the other more frequented and much more strongly impregnated wells; and I am assured from very good authority that an attempt was lately made at *Spa* to induce some of the invalids there to forsake the old wells and make tryal of a newly recommended sparkling water, but that the event did not answer their expectations; for the new well was found not to agree with them so well as the old.

So much may suffice to shew the danger of indulging speculation, without due support from ex-

(a) *Essay on Waters*, Part II. p. 147. (b) *Ibid.* Part II. p. 198, 199.

perience in the recommendation of any water ; and with me it is more than probable that, if the comparison were to be made between the real effects on the body of the old *Hot-well* and the *Mill-spring*, the former would abundantly support it's credit in preference to the other more sparkling, but less impregnated water, not only from it's warmth, but from it's peculiar softness and higher degree of impregnation with minerals of an antacid, sweetening, cooling quality, besides another ingredient, to which I now hasten to give some account.

Our Author having to the utmost of his power endeavoured to divest the *Bath* water of the *Phlogiston*, does not seem to have once dreamt of a *Phlogiston* in *Bristol* water, of which however that it is really possessed I shall shew to be the consequence of his own experiments confirmed and illustrated by other observations.

1. Doctor *Short* had long since observed concerning the warm waters of *Buxton* and it's neighbourhood (which in the mineral contents agree very nearly to the *Bristol* water) that they produced such discolorations with the metallic solutions as indicated an impregnation with at least some steam or vapor of *Sulphur*, or some phlogstic matter in the language of our Author, who also grants and even contends for a volatile Acid in *Bristol* water ; and if this be the sulphureous or vitrolic acid volatilized by the *Phlogiston*, or if it be accompanied by the *Phlogiston*, then *Bristol* water should contain the principles of *Sulphur* as well as the *Aken* waters do : and the presence of such a volatile sulphureous acid in the *Bristol* water may also perhaps be confirmed by an observation of one of it's effects in the body, and particularly in affecting the brain : for it is not peculiar to the Chalybeate waters to affect the brain in those who first

first begin to drink them, in causing a sleepiness or giddiness like drunkenness, but it also appears by later observations that some degree of a like effect is produced by the warm Calcarious waters, and particularly those of *Buxton*, which (a) affect the head with a kind of inebriating giddiness, and it is also observed that the *Bristol* water drank on the spot is apt on it's first use to create (b) uneasinesses in the head; and altho' our *Mallow* water be considerably inferior in heat to either of the two last mentioned warm waters, yet I find, upon enquiry from two physicians of credit in that neighbourhood, that it also has not unfrequently similar effects on some of the invalids, particularly in producing a heaviness in the head on the first four or five days after drinking it, but moreover

2. The situation of the *Bristol* water in the neighbourhood of large rocks of Lime-stone, and those rocks, as is particularly observed by our Author, (c) being mostly composed of a kind of solid blue Marble, which yields something of a sulphureous smell upon friction, favours an impregnation with a phlogistic matter: and this argument receives an additional weight from some late observations tending to shew that the colours of Marble and other stones are owing to sulphureous or bituminous vapors. See *Walerius's Mineralogie* and the *French Memoirs*.

3. The pearl opacity which the Hot-well water gives with the solution of lead in distilled vinegar, the pellicle variegated with all the colours it gives with the solution of corrosive sublimate, the dark purple coloured cloud and precipitate tending to blue with solution of Silver, to which let me add, (what our Author has omitted as a concurring evidence

(a) Treatise of the nature and virtues of the *Buxton* waters,

(b) Method synopsis of min. Waters, p. 617.

(c) Essay on Waters, Part III. p. 394.

of the same thing, viz.) a variegated pellicle also observable in this water imported into *Dublin*, from the admixture of *English* Vitriol, as in the Table annexed: I say these dark-coloured clouds, precipitates and variegated pellicles, which also, or at least most of them, appear in the waters of *Aken*, upon the several mixtures of the same solutions with them, are by our Author not unjustly attributed in *Aken* (a) water to the Phlogiston, from the different modifications and combinations of which all colours as well as odors arise. But why then does he not pay the same complement to the *Bath* and *Bristol* water? even from their altogether similar appearances with the same metallic solutions as in the *Aken* water, but on the contrary utterly deny the existence of the Phlogiston in *Bath* water and suppress the least mention of it in the *Bristol*?

4. A short comparison of the phænomena exhibited by the *Hot-well* water and by the *Mill-spring* will at once shew the peculiar, superior impregnation of the *Hot-well* with the Phlogiston, and the vanity of his endeavours to set up that water in preference to this.

How much more of the white terrene matter the *Hot-well* water affords than the *Mill-spring* he has taken care to inform us, (b) viz. as 26 $\frac{1}{4}$ th to 15, and from other experiments of his compared with my own it will appear also to contain a proportionably greater quantity of Phlogiston: for our Author observes (c) that the *Hot-well* with solution of *Silver* gives a purple precipitate tending to a blue, but the *Mill-spring* a paler precipitate and later formed with the same solution; I also repeated these experiments on the *Hot-well* and *Mill-spring* carefully bottled and transmitted to me in *Dublin*, and found that, notwithstanding our Author discourages

(a) *Essay on Waters*, Part III. p. 76, 99, 100, 101. (b) *Ib.* p. 363. (c) *Ib.* p. 261.

the transportation of the first and recommends that of the last, that the last on transportation exhibited a much paler precipitate with solution of Silver than the first, which by the darker colour of the precipitate shewed a stronger impregnation with the *Phlogiston*.

Again, (a) the *solution of Mercury in Spirit of Nitre* gives with the *Hot-well* a *grumous precipitate of the colour of turpeth mineral*, but with the *Mill-spring* it gave only a *most light, slight precipitate*: and the result of my experiments on both waters in *Dublin* with that solution was agreeable to this, *viz.* a yellow precipitate with the *Hot-well*, but none at all with the *Mill-spring*; but the result of my comparison of these waters with another solution was not altogether so agreeable to that of our Author, that is, with solution of sublimate corrosive; for tho' he tells us (b) that the *Hot-well* gives a variegated pellicule with this solution, and that the appearances with the same solution are not sensibly different in the *Mill-spring*; yet upon making the comparison with a good deal of leisure and attention on both these waters transported to *Dublin*, I found on reiterated experiments that the pellicule formed on the surface of the *Hot-well* by the solution of Sublimate was variegated with much deeper and stronger colours than the *Mill-spring*; and thus it appears that even upon transportation, which must be a greater disadvantage to the warm water of the *Hot-well* (whose chief virtues according to our Author reside chiefly in the volatile parts) than to the cold water of the *Mill-spring*, the *Hot-well* however in all experiments gives ample evidences of a stronger impregnation with mineral matter, and particularly with the *Phlogiston* than the *Mill-spring*.

(a) *Essay on Waters*, Part III. p. 360. (b) *Ib.* p. 359, 360.

5. The last evidence of the *Phlogiston* in *Bristol* water is, that the insoluble part of it's residuum obtained by exhalation smells sulphureous on the red hot iron, sparkling and sometimes emitting a flame.

I shall now close this dispute by a short comparison between the contents of the *Bath* and *Bristol* water, which our Author has attempted, but with what clearness or accuracy I shall leave to the reader on his perusal of the following account and the Animadversions on it, viz. *Bristol* and (a) *Bath* water differ only in the latter's containing a small quantity of iron, and some small disparity in the proportions of the oily matter and the other ingredients which each holds in common——the principal difference between the *Bristol* and *Bath* water arises from the small portion of the iron contained in the latter: As to his comparison of their Virtues, as it does not seem to convey much instruction, I shall pass it by, and rather take notice of what has appeared from practical observation, that the operation and effects of these waters are opposite, the *Bath* water being powerfully attenuant, deobstruent, laxative, and good in cases where the secretions are diminished; on the contrary the *Bristol* water is chiefly ordered where the secretions are too much increased: the first is heating, the second cooling, and successfully prescribed in hectic, coughs and the scurvy with heat, where the last is hurtful.

A more distinct account of the different ingredients of these two waters than what our Author has vouchsafed to give, will I hope be of some use in explaining this diversity of their operation, which is therefore now submitted to proper judges.

1. The Disparity of the proportions of the ingredients which each holds in common, is not small,

(a) Essay on waters, Part III. p. 367.

but very considerable: for the *Bristol* water scarcely gives 40 grains of residuum from a gallon, the *Bath* nearly from 128 to 144 grains from the same quantity.

2. The difference of the proportions of the saline to the terrestrial matter in each water is very considerable, and such as affects their operation: for, whereas it has been before observed that the terrestrial matter always exceeds the saline in the *Bristol* water, on the contrary, according to our Author's own account, the saline contents of the *Bath* water do always notably exceed the terrestrial, and in one of the Baths as 20 to 12, (a) from whence is deduced the laxative quality of the last and the astringent one of the first.

3. There is yet another important difference, and such as also must, as I apprehend, have some influence on the different operation of these waters, and that is the different proportions of the two salts of different qualities in each, viz. in one a greater proportion of marine salt, in the other a greater proportion of the prismatic salt by some called Nitre, the first being well known for its heating, attenuating quality, being a composition of the marine acid with the mineral alkali, the other remarkable for it's cooling and rather incrassating quality, being a composition of the vitriolic acid with a calcarious earth. Now we find by our Author's own account (b) that the marine salt in the *Bath* water is about double to the prismatic, this last being the *Nitrum calcarium* of *Lister*, of a cold and bitterish taste; (c) but in the *Bristol* water the last predominates over the first agreeable to his own experiment which I had a singular opportunity of confirming in a specimen of it's compound salt,

(a) Essay on Waters, Part III. p. 313. (b) Ib. p. 315.
(c) Ib. p. 315, 316. (d) Ib. p. 364.

which kept dry in a bottle well corked many years, whereas a specimen of the compound salt obtained from *Bath* waters moistened so far as to liquify, tho' kept in phials also closely corked: add to this, that the predominant taste of the compound salt of the *Bath* water resembles that of common salt, whilst that of the compound salt of the *Bristol* water is the genuine nauseous-bitter proper to the calcareous Nitre of *Lister*.

Now the predominance of this more cooling salt in the *Bristol* water may help to explain it's cooling operation, as on the contrary, the predominance of the marine salt in the *Bath* waters may have a considerable share in it's heating and attenuating quality, so that the cooling quality of the *Bristol* water should seem to be owing not meerly to it's inferior degree of heat, but also to the greater predominance of the *Nitrum calcarium* of *Lister*, and on the contrary the heating quality of the *Bath* water to the greater proportion of marine salt it contains co-operating with it's superior degree of actual warmth.

4. Lastly, as to the terrene matter, or that which is insoluble in water in the *Bath* and *Bristol* water, it differs widely; for in the last it is chiefly a chalky matter, and the greatest part of it soluble in the acids of nitre and salt, as is shewn above, whereas our Author assures us (*a*) that the far great part of the *Earth* of *Bath* water remains untouched by acids; and accordingly the *Bristol* water ferments with all acids vegetable and mineral, which the *Bath* water does but obscurely, or according to our Author (*b*) not at all; nor is the *Bath* water Earth reducible to a perfect Lime as that of *Bristol*:

(*a*) Essay on Waters, Part III. p. 313. (*b*) Ib. p. 302, 303.

And now, to sum up in one view the difference of the impregnation of the *Bath* and *Bristol* waters—The *Bath* water contains both a volatile and fixed sulphureous Acid in notable quantity manifested by the experiments above related, whereas the *Bristol* is but very weakly impregnated with this acid, but on the contrary gives all the tokens of a predominant, antacid, absorbent matter; and accordingly the use of the *Bristol* water, but not of the *Bath* is compatible with a milk-diet.

In the *Bath* water the saline contents predominate over the terrestrial; on the contrary in the *Bristol* the terrestrial predominate over the saline, and the cooling native bitter salt predominates over the marine salt, whereas in the *Bath* water the marine salt predominates over the other.

A phlogistic, oily or bituminous matter is common to them both, tho' the *Bath* water gives evidences of a stronger impregnation with this principle, which seems to be the seat of the milky softness observable in the taste of both these waters:

In the *Bristol* water the terrestrial or rather insoluble matter is chiefly or principally a calcarious Earth; but in the *Bath* water it is a composition of the calcarious with a blue argillarcous or marly Earth, Ochre or the minera of Iron, and *Sulphur* from the impregnating Pyrite.

A T A B L E

A TABLE exhibiting some of the principal Appearances on the Immersion of Silver and the Admixture of the metallic Solutions with Ether, Gas of Sulphur, the Solutions of Sulphur natural and artificial: Thames Water, the Pipe-water of Dublin, spring Waters, Aix-la-Chapelle, Bath and Bristol Waters, whereby their various Degrees of Impregnation with the Phlogiston may appear at one View.

	Effects on Silver.	Solution of Silver in Aqua fortis.	Solution of Sugar of Lead.	Solution of Merc. sub. corr. in distilled water.	Solution of Merc. in Aqua fortis.	Solution of green Vitriol.		Effects on Silver.	Solution of Silver.	Solution of Sugar of Lead.	Solution of Merc. sub. corr.	Solution of Merc. in Aqua fortis.	Solution of green Vitriol.
Ether.	No effect on a fortnight's immersion, nor by a fortnight's insuspension in the vapor.	No discoloration, but a white cloud is suspended.		A white cloud is suspended.	A white cloud and a white crystalline appearance.		Purid Ditch water.	A dusky lead colour, not to the Degree of blackness as from Sulphur-water, nor the colour is quickly produced.	Of various colours, darker or paler according to the degree of fumes, as a yellow, reddish green, or a whitish, yellowish and pale brown one. Sometimes a succession from a livid blue to a dark brown, yellowish and purple. The Precipitate shining, somewhat inflammable, of a strong smell, but not like Sulphur.	A dusky white sediment, and the liquor above yellowish: the highest stage in the grossness of sediment was a light brown.	A white, brown yellowish or reddish cloud and grume: a pellicle of various colours, but this last appearance was not constant.	A white brownish grume and pale sediment, the supernatant liquor reddish.	A variegated pellicle from the Vitriol is substance, tho' not from the solution.
Gas of Sulphur or the volatile acid of Sulphur prepared by distillation, &c. xv to an ounce of distilled water in which the Acid is combined with the Phlogiston.	No change by immersion, nor by suspending in the vapor for a week; but the Silver by the vapor in a lead heat became brown and copper-coloured.	A dark brown fubile cloud and subsidence: in a second trial a beautiful blue cloud.	A fubile white subsidence.	No pellicle: an extremely fubile white subsidence.	On standing there appear at the bottom small red specks, as from the union of Sulphur and Mercury in Cinabar: the solution of the Crystals in distilled w. gave a small dark, flat coloured subsidence.	Quite transparent, no pellicle: the iron is kept suspended by the vitriolic Acid.	Aix-la-Chapelle water.	Of a gold colour, then red, orange, purple and black. By the vapour of the source it is almost instantly discoloured.	White clouds and ends, then yellow and brown: a white and a dark ochre-coloured sediment.	A muddy milky colour. A precipitate of a dark ochre colour, and partly of a greyish white.	A bright pellicle of all colours, and a yellowish ochre-coloured subsidence.	A bluish milky bar, and a small white precipitate: but with the solution of the crystals pale yellow clouds and sediment.	Milky, and clouds of a pale yellow colour.
Aqua Sulphurata formed by the union of the fumes of hot water and Sulphur.	Changes it to a dark lead colour; and polished Silver suspended in the vapor 14 days was tarnished a little.	Clouds and separations yellow, blue and red: a dark brown grossness precipitate.	A white cloud and white grossness sediment, and a few black spots at the bottom.	A pale yellowish cloud: a white cloud in what was effected by keeping, and in forty-eight hours some bluish spots.	A soft coloured precipitate, and a pale blue and purple cloud above: yellow in what was effected by keeping. With the solution of the crystals yellow, and of the colour of Turpeth mineral above, and dark ochre-coloured grumes, and a dark brown sediment.		Bath water.	No effect on an immersion of some hours, but on a longer stay, copper-coloured and black: and by the vapor polished Silver was tarnished.	White bluish clouds at the source and in Dublin. The precipitate white and purple, the dark grey: in the longer exposure, of a pink colour. It packed on the red hot iron.	Clouds with a yellowish tinge, which yellowish disappears on the water's being some days exposed. A white magdally with a mixture of greyish spots.	A beautiful variegated pellicle at the source and in Dublin, which becomes far less in the bottle some time opened.	A precipitate of the colour of Turpeth mineral, at the source & in Dublin, which is very fugitive after opening the bottle, and in Dublin appears only in a few bottles. The precipitate assumed a reddish on the ignited iron, as in Cinabar.	A pellicle of various colours both at the source and in Dublin, which variegation does not appear in what has been long kept.
H. By artificial transparent sulphur-water, precipitated by acids.	Yellow, copper coloured, dark brown and blue.	White grumes at bottom, dark brown grumes above.	White, reddish and beer coloured above a dark brown sediment.	Brown grumes, and a pale brown whitish sediment.	A yellow, then a dark brown, floating grume and a white grossness sediment.	A black sediment ochre-coloured above, and a variegated pellicle.	Boil water.	No effect by immersion not by the Vapor, but some effect by the salt on polished brass.	Milky, and purple clouds: the precipitate of a darker purple, tending to blue; the colours less deep in the water exposed some days.	Milky clouds, and a pearl opacity.	A variegated pellicle.	A milky cloud and pale yellow: a precipitate of the colour of Turpeth mineral.	A deeply variegated pellicle, especially with the Vitriol in powder on standing 48 hours.
The same diluted.		A livid, white sediment. In another specimen a dull white, brown and reddish sediment.	A whitish and clay coloured sediment.	A variegated pellicle: white, yellowish dark brown cloud and grumes.		A variegated pellicle.	Malrose hills water imported to Dublin.	No effect.	A white bluish cloud, and a purple subsidence.	A white cloud, with a yellowish cast.	A deeply variegated pellicle.	A fubile whitish cloud.	A coloured pellicle.
The Sulphur-water of Lucan near Dublin.	Dark brown, copper-coloured and blue. By suspending in the steam 14 hours a dark lead colour.	Dark brown and a black sediment.	A dark brown cloud and sediment: in two days a large whitish brown sediment.	Yellow grumes, a dark brown sediment, and variegated pellicle.	Yellow grumes.	A dark brown tincture; a deep red and blue tincture.							
Thames water from Dr. Lazzar's Experiments.		A violet purple precipitate.	A flight white precipitate.	A masher of pearl coloured pellicle.	A muddy ochre-coloured precipitate.								
Pipe water of Dublin.	None.	A purple cloud.	A white cloud.	The appearance various, sometimes a variegated, sometimes a white, a yellowish cast.	No considerable change, but with solution of the salt, a yellowish cast.	No variation in the fumes, either from the solution or from the							

Thus this last Water, which is deemed one of the purest in England, gives several of the distinguishing Marks of an impregnating Phlogiston, and more than Pipe-water and than distilled Water.

A TABLE exhibiting some of the principal

A glass	No change by immersion. The silver by the red color in the vapor for a week: a brown stain on the silver by the red color.	A glass
A glass	No effect on a fortnight's immersion, nor by a fortnight's immersion in the vapor.	A glass
A glass	No change by immersion. The silver by the red color in the vapor for a week: a brown stain on the silver by the red color.	A glass
A glass	Changes in a day. The silver by the red color in the vapor for a week: a brown stain on the silver by the red color.	A glass
A glass	Yellow, copper colour, dark brown and blue.	A glass
A glass	The same changed.	A glass
A glass	Dark brown, copper colour, dark brown and blue.	A glass
A glass	None.	A glass
A glass	None.	A glass

OBSERVATIONS.

I. **M**OST of the appearances with Metals and their Solutions are common to *Sulphur* and to the *Phlogiston* in putrid waters, and equally marks of both, although in other respects and experiments *Sulphur* and *Phlogiston* differ widely.

II. Altho' the fetid smell and tarnishing of Silver be the acknowledged tests both of *Sulphur* and *Phlogiston*, yet these tests often fail in waters, but the metallic solutions in this case often make the discovery, particularly the solution of Silver: also the solution of Mercury sublimate corrosive, and that of green Vitriol (both acknowledged tests of the *Phlogiston*) do often manifest it by the variegated pellicle where it does not appear by any fetor in the water or by it's discolouring Silver.

III. The most sensible test of *Phlogiston* in this Table is the solution of Silver, betraying some portion of it, not only in putrid ditch-water, but in the Pipe-water of *Dublin*, and in the *Thames* water at *London*, even from the putrid matter in each of these waters; and accordingly the colours are deeper in the impurer water of the *Thames* than in that with which *London* is supplied in pipes by other rivers, as appears by Dr. *Lucas's* experiments, from whence may be remarked the peculiar usefulness of solution of Silver as a test of the different purity of waters.

The next sensible test of *Phlogiston* seems to be the solution of Mercury, whether in *Aqua fortis* or that of the Sublimate in distilled water, and especially this last which often betrays it by the variegated pellicle where other tokens are wanting.

The

The least sensible test of *Phlogiston* is the solution of sugar of Lead, which produces far less discolorations, and those of a less dark colour, as appears by comparing it's different effects on the simple waters, the putrid and sulphureous in the Table.

IV. The different degrees of the phlogistic impregnation may in some degree be estimated by the various appearances from the same metallic solutions: Thus, whereas distilled water exhibits fewest of the appearances proper either to *Sulphur* or *Phlogiston*, and for the most part none at all, the *Thames* water and the Pipe-water of *Dublin* exhibit more of those appearances, indicating some admixture of a putrid matter in both those waters: but putrid ditch-water exhibited those appearances in a far greater degree, even so far as to give not only deeper discolorations in the clouds and precipitates from the metallic solutions, but to discolour Silver like the sulphureous waters, tho' in a somewhat less degree, and the variegated pellicle with solution of Sublimate and with solution of green Vitriol was less frequent and less constant in putrid ditch-water than in the natural and artificial solutions of *Sulphur*, and particularly less frequent and less constant than in the waters of *Swadlingbar* and *Lucan* near *Dublin*, and than in *Bath* water, even while these waters were fresh and in no wise putrid; and consequently these appearances in the waters of *Swadlingbar*, *Lucan* and *Bath* must be owing to some other cause than putrefaction.

V. *Æther*, a specimen of the *Phlogiston*, eludes the most sensible tests of *Sulphur*, exhibiting no discoloration either with Silver or it's solution, nor even with the solution of the crystals of Quick-silver, until in the subsequent part of the process the *Phlogiston* be combined with the Acid of

of Vitriol, and then its effects on the metallic solutions become evident, *viz.*

VI. The Gas or volatile Acid of *Sulphur* or Vitriol (being a combination of the Acid with a small quantity of *Phlogiston*) diluted produces effects similar to those of *Sulphur* on Silver and its solution, but in a less degree than solution of *Sulphur* dissolved by an Alkali.

VII. The several appearances of the volatile Acid of *Sulphur* and those of the *Aqua sulphurata* formed by the union of the steams of hot-water and of *Sulphur*, with Silver and its solution and with the other metallic solutions compared with the appearances exhibited by *Bath* water with Silver and its solution and the other metallic solutions, being in a great measure similar, may serve as an illustration of the natural composition of *Bath* water.

VIII. The simple sulphureous waters, such as *Swadlingbar*, *Lucan* near *Dublin*, and others like them and those of *Aix-la-Chapelle*, agree to the artificial solutions of *Sulphur* in their effects on Silver and its solution, and on the other metallic solutions.

IX. It is observable that the plain or cold sulphureous waters, such as *Swadlingbar*, *Lucan*, &c. do strike much darker colours with every one of the metallic solutions than *Aix-la-Chapelle* water does, altho' *Sulphur* is not so colligible from those as from this; neither does it from hence follow that they are more simply sulphureous, but rather that their *Sulphur* is less blended with foreign matter, particularly that they contain less calcareous Earth, which being precipitated from the *Aix-la-Chapelle* waters in a white form, proves a means of disguising the appearances, by lessening the darkness of the colours of the precipitates.

X. Of

X. Of the *Bath* water the following particulars are observable in the Table. 1. It exhibits every mark of *Phlogiston* that *Aix-la-Chapelle* and other sulphureous waters do, but in a lesser degree. 2. *Bath* water has some effect on Silver, especially its vapor, whilst the *Bristol* and other warm calcarious waters do not appear to have any effect on Silver: also the *Bath* water is more constant in exhibiting the variegated pellicle both with solution of Sublimate and solution of green Vitriol than *Bristol* water, and even than Putrid water, and consequently *Bath* water, even whilst fresh and sweet, gives undoubted evidences of a greater share of *Phlogiston* than *Bristol* water or than putrid water. 3. That a water may be impregnated with the Acid and *Phlogiston*, and yet not tinge Silver immersed, appears from the experiment on *Gas sulphuris* or the volatile acid of *Sulphur* diluted, which is also in some measure the case of *Bath* water; but the vapor of *Bath* water comes nearer to the vapor of solution of *Sulphur* than the vapor of *Gas sulphuris* does in tarnishing Silver more, and likewise in another respect *Bath* water comes nearer to, or resembles more the sulphureous waters than *Gas sulphuris* diluted does, viz. in constantly exhibiting a variegated pellicle with solution of Sublimate and solution of green Vitriol, whereas *Gas sulphuris* diluted gives no pellicle at all with the last named solutions. 4. *Bath* water occupies the middle place between such waters as give the greatest indications of *Sulphur*, such as *Aix-la-Chapelle*, *Swadlingbar*, *Lucan*, &c. and such as give the least, as the acid Vitriolic waters of *Shadwell*, *Kilbrew*, &c. 5. An opinion hath commonly prevailed, that *Bath* water is of no use when conveyed to places remote from the fountain; but I apprehend this matter requires to be reconsidered, and that the rejecting it's use except at the fountain,

tain, may have proceeded from it's having been considered chiefly as a Chalybeat, whereas it is certain the ferrugineous impregnation is extremely slight, even at the fountain, nor is there in the bottles usually sent us any ochreous precipitation as in the common Chalybeates; wherefore it should seem that the other principles are by far the more considerable: now it is evident that not only the marine salt and calcareous Nitre, but the Acid and the *Phlogiston* are still retained in the *Bath* water transported to remote places, even to *Dublin*; for here it curdles milk and exhibits various tinctures with the metallic solutions; and moreover it possesses even here that peculiar milky softness by which it is distinguished, and which makes it an agreeable vehicle for other medicines, and as such may merit the attention of Physicians, especially in such cases where the *Bath* water may have already been used at the fountain, which to attend may sometimes be inconvenient to the patient.

XI. The *Bristol* water and other warm calcareous waters exhibit with the metallic solutions every token of an impregnating *Phlogiston*, but the *Bristol* water in this respect falls short of the *Bath* water, in having no effect on Silver, and in being not quite so constant or so expeditious in exhibiting the variegated pellicle with solution of Sublimate and solution of green Vitriol.

SECTION VI.

Of *SULPHUR* and the *phlogistic Matter* latent in *Waters*.

HAVING so far investigated the *Phlogiston* in the waters of *Bath* and *Bristol*, I proceeded to trace it also in some others which do not betray *Sulphur* by the smell or taste, of which I shall

here subjoin a short account, and particularly of some of these which have hitherto been chiefly considered as pure element, to which alone the great virtues which they have been found by experience to be possessed of, have been attributed; and indeed the extremely small and inconsiderable quantity of contents these waters yield upon evaporation, and their causing no precipitation of any terrestrial matter by the mixture of Alkali's, but continuing clear with them and instantly lathering with Soap, seem strongly to countenance that opinion; and yet the more minute inquiries which have been set on foot of late years by which we have learnt to give a more distinct account of the respective precipitations of the terrestrial and phlogistic matter in waters, the presence of this last being as strongly indicated by the dark coloured precipitates exhibited in these waters by the metallic solutions, especially that of Silver, as the calcareous earth is by the white precipitate thrown down by alkali's in most others; I say these inquiries have manifested several of these waters not to be altogether so pure as they have been commonly reputed; on the contrary, the proper precipitators of the *Sulphur*, or in our Author's language the *Phlogiston*, have given evident tokens of it's being invisibly suspended or intimately dissolved in these waters; and it is hoped that those who from observation upon the operations of divers medicines on the human body, very well know that very minute and subtile agents may be the authors of great and good effects, will not rashly condemn this inquiry as altogether idle or officious.

The first notable instance to this purpose are the celebrated warm Baths called *Favarienses* or *Piperina* in *Rhæna*, described by *Scheuchzer* in his *Iter Alpinum secundum*, and mentioned by *Hoffman*,
and

and both by him and *Paracelsus* deemed to be simple or elementary water, being perfectly limpid and void of all smell or taste, and yet of great antiquity and fame in the cure of many stubborn diseases, particularly in various nervous disorders, in obstructions of the liver and spleen, hypochondriac melancholy, malignant and ill cured ulcers, the stone and divers cutaneous diseases; and all this by drinking as well as bathing: but tho' this water did not seem to suffer any precipitation or other change by acids or alcali's, yet it is more than probable that it is not so simple as has been supposed, even from the following more recent testimony of *Scheuchzer* concerning it, (compared to the accounts of the other waters like this to be here annexed) "*Certum est quod Sulphur continent subtile; certum et hoc, quod si diu steterit, sponte precipitatur terra quædam pinguiuscula.*"

2. The famous waters of *Malverne* hills (*a*) seem to be akin to the above, and a yet clearer instance to the same purpose, being a light water, and which upon evaporation is said to leave scarce a grain of solid contents from a gallon, the credit of which is revived of late years, being used with success externally and internally in the cure of old ulcers, disorders of the eyes, scrophula's, leprosy and other disorders of the skin.

Now the following experiments and observations on this water jointly considered, indicate strongly a sulphureous impregnation, *viz.* the solution of Silver precipitated from it a powder of a deep purple colour, and when the water was slowly evaporated in a Silver vessel, it tinged the vessel of a pale yellow colour, as if it had been slightly gilded; and in another experiment, when it was almost evaporated to dryness, it emitted vapors of the smell of burning brimstone: and to this add, that this water, notwithstanding it's seeming

ing purity, is in some seasons apt to turn sourish, and to be full of viscid films, notwithstanding all imaginable care hath been taken of the bottles, an appearance like what I have frequently observed in our *Irish* sulphureous waters long kept, and corresponds to what is above mentioned from *Scheuchzer* concerning the *Aquæ Piperinæ*.

3. The celebrated water of *Willowbridge* in *Staffordshire*, eminent in the cure of many diseases by external and internal use, is a further notable instance of a water seemingly pure, (a) affording no salt upon evaporating several gallons of it to a dryness, of a crystalline colour, lathering smooth with soap, not curdling milk, nor changing colour with syrup of violets; and yet upon a more minute examination this water appears to be far from pure element, but impregnated with a phlogistic matter to a considerable degree: for, not only the solution of Sublimate gave it a deep sack colour, and the solution of sugar of Lead a blue yellowish colour fading to a white, but it evidently betrays a subtile Oil; for it feels smooth and oily, and on the sides of the glass, after being used a while is observable a bright oiliness, which is of so volatile a nature, that upon distilling in a glass body and head, it comes over upon the first heat, of a bright yellow colour, which was all in the recipient before the least drop of water appeared.

I could enlarge the list of waters of this kind by divers instances of waters in *Ireland*, which are also well known to have effected many notable cures by external and internal use, void of taste and smell, which yet betray evident marks of the *Phlogiston* in a far greater degree than our ordinary soft or hard waters; but the limits I am confined to prevent my entering into a minute

(a) Plot's nat. Hist. of Staffordshire, and Floyer on cold Bathing.

detail of these: it shall therefore suffice to annex a short account of one water more of this sort, which has acquired a considerable reputation in *France*, and been the subject of several of their Memoirs, that is,

4. The cold water of *Plombiers* in *Lorain*, being used in inflammations of the eyes, in diseases of the kidneys and bladder, and in disorders from the heat of the breast, stomach and bowels: now this water also has little smell or taste, causes little or no fermentation with acids or alcali's, dissolves soap perfectly, and yields but about 17 grains of fixed contents from a gallon, and yet this water by the oily cream and variegated at the surface which it exhibits with the solution of Mercury sublimate corrosive, together with the dark colour, inflammability and bituminous smell of the residuum shews an impregnating mineral Oil or Bitumen.

Thus it appears in numerous instances that a mineral Oil or Bitumen, and even *Sulphur* in substance is capable of being so far attenuated by the chymistry of nature as to be intimately mixed and compleatly dissolved in water, but by what method, or by what subtle, powerful menstruum this is effected, and how far this may have a share in the operation and effects of these waters, in giving energy to the more inert ingredients I shall not presume to say, but leave to be determined by Adepts.

It also appears by the experiments recited in this and the foregoing sections compared, that the fetid smell proper to a solution of *Sulphur* by an alcali is far from being an essential mark of the presence of either *Phlogiston* or *Sulphur* in waters, but that both may subsist without it; and moreover it also appears to me that whatever merit our Author may have a right to claim in demanding more satisfactory evidences of *Sulphur* where without

out due support from experiment it has only been supposed, he has greatly exceeded the bounds of prudence in rejecting it where by incontestable experiments it has been proved, and that he is far from meriting the thanks of the public for his contemptuous and indefensible treatment of a whole tribe of waters which have been but little understood until of late, but which by their powerful and salutiferous effects have justly recommended themselves to the further enquiries which have been set on foot concerning them, both as an improvement of a valuable branch of the *Materia Medica*, and as an acknowledgment of them as a largesse of a gracious providence for the relief of many unfortunate invalids: and among these may deservedly be reckoned the lately discovered sulphureous water at *Lucan* near *Dublin*, a situation which promises some peculiar advantages in the opportunities it affords for a true and just discovery of it's contents and of it's virtues, of which I am not without hopes of communicating some account in due time: for, though I could now produce numerous instances of the happy success of this water in divers stubborn chronical diseases, yet a longer series of time and observation are required to ascertain it's effects and establish it's credit on a solid foundation; in the mean time I shall beg leave to recommend to the Gentlemen of the profession in *Dublin* a particular attention to the *Lucan* water in ulcerations of the urinary passages, not only as being similarly impregnated with the *Swadlingbar* water whose efficacy has been determined by longer experience, but as having actually upon trial in several of these cases, with a proper regimen and due perseverance, given an encouraging prospect of their proving equally successful.

POSTSCRIPT to the Accounts of the Bath and
Bristol Waters.

THE Compiler of the above Experiments and Observations being aware of an objection that may be made against the Credit thereof by reason of his living remote from both these places, thinks it necessary to intimate, that as the communication between *Bath*, *Bristol*, and *Dublin* is very easy, and the intercourse between them very frequent, he has taken care to relate not only the Experiments of his Adversary and others which were made on the spot, but to get these repeated and improved by others of a recent date also made on the spot in both the places above mentioned:

And among these it were an injury to the public to suppress the following, which were made with the utmost care and attention, and communicated since the printing off the above Sheets, by a faithful Correspondent, *Joseph Fry* Apothecary in *Bristol*; and the rather, as they afford a corroborating evidence, concurring with the others above given, of the presence of the *Phlogiston* in *Bristol* water, as well as in the baths of *Aix-la-Chapelle* and those of *Bath* in *Somersetshire*, tho' in a less degree.

His Words are these:

“ I placed a piece of polished Brass and a Silver spoon over a glass vessel during a slow evaporation of the *Hot-well* water. The Brass was variegated with a few spots of a pearl-colour, but the metal was not apparently corroded. The Silver spoon was unaltered.”

“ I also placed the same Metals over the glass used in a like evaporation of the *Mill-spring* water. The Brass over this last acquired about twice as many spots as the other, but the metal
“ was

POSTSCRIPT.

“ was not apparently corroded. The Silver spoon
“ was a little brown, like Plate which has lain
“ by some time.”

Bristol, 13 9 mo. 1762.

From hence it appears that both these waters do exhibit more or less of the same evidences of the presence of the *Pblogiston* as the waters of *Aix-la-Chapelle* and *Bath*, altho' in a less degree. I must grant that by these experiments compared, it should seem that the *Mill-spring* contained more of the *Pblogiston* than the *Hot-well*, but as the fallacy of conclusions from a single experiment has been abundantly shewn above, so neither are they to be relied on in the present case, since other experiments do not concur with the above, but rather evince the reverse, *viz.* more *Pblogiston* in the *Hot-well* water than in that of the *Mill-spring*.

SECTION

SECTION VII.

Of Nitre in Waters, with a more explicit account of the Nitre of the Ancients.

AFTER all these altercations with regard to *Sulphur*, I do not know but it may be possible that our Author and I may happen yet to shake hands on the subject of Nitre, being actually agreed in these three important points: 1st. that there is no satisfactory evidence of Saltpetre in mineral waters. 2dly, that the Nitre of the ancients is found in the waters of *Aken* and others. 3dly, that the *Nitrum calcarium* of *Lister* is the salt impregnating the bitter purging waters:

And though the modern chymists are generally agreed in appropriating the term Nitre to that Salt which yields the acid peculiar to Saltpetre upon distillation, yet as our predecessors have called two other Salts by that name, altho' so far from yielding the acid peculiar to Saltpetre, that one of them sometimes yields a volatile alkali, besides giving other evident marks of an alkali, and the other a vitriolic acid, it will behove us however, if we would profit by the experiments and observations made on them whether by ancient or more modern writers, still to retain the mention of those names by which they were formerly known; and in order to this the following distinctions are now humbly offered, being such as it is hoped will minister no occasion for contention, viz.

1. *Nitrum orientale impurum terrestre: Natron: Nitrum Veterum Walerii Mineralogie, Nitrum Veterum celeberrimum.*

2. *Nitrum recentiorum fulminans Salpetra dictum.*

3. *Nitrum calcarium Listeri. Sal catharticum amarum nativum basi terrestri, veteribus non prorsus ignotum, a recentioribus accuratius descriptum.*

Now

Now as Saltpetre does not appear to have any share in the impregnation of waters, it will be of no use to make further mention of it here; but as the distinguishing characters of the other two salts which have hitherto passed under the denomination of Nitre, have not as yet been but imperfectly given, I shall take this opportunity of exhibiting a somewhat more explicit and distinct account of each.

And first, as to the Nitre of the ancients, our Author himself, tho' he generally restricts the sense of the term Nitre to Saltpetre, yet expressly acknowledges the presence of the other in waters, and particularly, (a) that *the Salt of Aken baths is to be looked upon as identically the same thing as the Nitre of the ancients, whence these waters may be justly called nitrous*:

And indeed, altho' the ancients used the word Nitre in a very lax and vague sense, sometimes hardly distinguishing it from common salt, for the most part describing it to be bitter, yet sometimes scarce sensibly bitter, sometimes salt and bitter; (and indeed it is rarely found pure and unmixed) yet it is plain from the writings of *Galen* and *Pliny*, that what they most frequently understood by this name was an alkaline salt (and accordingly *Pliny* mentions a factitious sort, *ex quercu cremata*) sharper than common salt, and in operation a powerful discutient, attenuant and detergent, and probably somewhat purging; and indeed the old writers both sacred and prophane have left us such distinguishing marks of what they most frequently called Nitre, that it is not easily mistaken; and an enquiry how far the salts obtained from any mineral waters are possessed of those marks will be of the more importance, because it will enable us to determine how far we may be safe

in

(a) Essay on Waters, Part III. p. 130.

in applying the virtues attributed to their Nitre to the corresponding salt impregnating any waters.

The salt of *Aken* baths is a notable instance to this purpose; and here I gladly embrace the opportunity of paying some tribute to the real merit of our Author, by adopting and inserting, as of use and importance, several of his experiments on the salt obtained from *Aken* baths, to which I shall beg leave to add some observations and experiments of my own tending to give a more clear and distinct account of the ancient Nitre, and of the salt correspondent to it which is found in divers mineral waters.

1. The Salt of *Aken* baths causes (a) an ebullition with all Acids, and with the concentrated or strong acids of nitre or vitriol yields copious white fumes like sea salt, or rather Soda.

The conflict of the Nitre of the ancients with Vinegar is implied in the account given of it in the sacred records (b): the latter appearances with the acid of Vitriol are observable in the salts of many other waters besides those of *Aken*.

2. It changes (c) Syrup of Violets instantly to a bright green. This also is the case of the Salts afforded by many other waters. The ancients indeed were not acquainted with this experiment, but they have left us another test of their Nitre tending to the same purpose, being an equal indication of an alkaline salt, viz. that it renders Cale and other pot-herbs more green (d), it being a well known fact that alkaline salts advance the colour of the tinctures of green herbs.

Now our Author has taken care to inform us, that (e) the people of *Aken* boil their coleworts, lettuces,

(a) Essay on waters, Part III. p. 108. (b) Proverbs xxv.
20 (c) Essay on Waters, loc. cit. (d) Plin. lib. 31. c. x.
(e) Part III. p. 62.

asparagus, common and kidney beans, pease, &c. in the bath waters, finding by experience that the boiling of these vegetables is facilitated and expedited, and that they acquire a peculiar grateful flavour and tenderness, and have their colour preserved or improved by means of the salts in these waters.

This is not peculiar to the waters of *Aken* and their salts, but has been observed in several other mineral waters similarly impregnated, and their salts, which also in reiterated experiments have been observed to render *Cale* boiled in them more green and more tender; and this last effect the *Nitre* of the ancients also had, as appears from the following observation of *Theophrastus*, (a) *Quidam Nitrum injiciunt ut igni Brassica mandata facilius coquatur et tenera dulcisque sentiatur.* The waters impregnated with such a salt seem to be the most opposite in their effects to those called crude or hard.

There is another experiment analogous to this, which I shall subjoin as a further illustration of the properties of the ancient *Nitre*, and of its identity with the salt found in divers mineral waters, *viz.* that their *Nitre* also rendered raw flesh more tender, as appears from the following observations in *Plutarch* (b): *Quæ causa sit quod maculatæ carnes, v. g. galli, si de ficu suspendantur, tenerascunt? Respondetur spiritum calidum acrem incidendique vi prece-ditum ficus emittere, isque incidit et concoquit carnem avis. Idem fit si frumenti acervo imponatur, aut juxta Nitrum, calore id efficiente:*

And I have observed several waters impregnated with the mineral *Alkali*, particularly those of *Selters* and *Bourne*, and their *Salts* in some late experiments, as well as the same kind of salt im-

(a) *De causis Plantarum*, lib. 6. c. 14. (b) *Quæst.* 10. l. 6. *Symposiac.*

pregnating several of our *Irish* sulphureous waters, to have had the same effect on raw beef and mutton, *viz.* to make it more tender, and not only so, but at the same time to redden it as the modern Nitre or Saltpetre; but the double effect, *viz.* of rendering it both more tender and more red is also common to the artificial alkali.

3. *The salt of Aken waters runs into crystals resembling those of Soda or Kelp, and bears great analogy to this useful ingredient in soap, glass, &c. (a).*

Thus it appears that the salt obtained from the baths of *Aken* is a composition of the native or mineral alkali and muriatic salt, as in the *Soda*, but with a greater predominance of the (*b*) alkali; and here it agrees to the Nitre of the ancient *Egyptians*, which was so remarkable for imbibing the moisture of the air, that it was usually carried in pitched vessels to prevent it's melting (*c*): and the like composition is also observable in the salts obtained from many waters in other parts of the world, particularly in the following waters in *England, France and Ireland*, (and undoubtedly in many others) *viz.* those of the baths of *Bourbon, and Mont d'or*, and in the following sulphureous *English and Irish* waters, *viz. Quin-camel, Chadlington, Sutton-bog, Bilton, Wiggleworth, Swadlingbar, Mehan, Ashwood, Derrylester, Derryhence, Killesher, and Lucan near Dublin*, all or most of which give marks of a predominant alkali combined with a little marine salt; so that we are now enabled, upon a longer series of observation and experience to affirm that the mineral Alkali or Nitre of the ancients is a frequent ingredient in mineral waters, especially those of the sulphureous kind; and that this should be ordinarily combined with Sea-salt

(a) *Essay on Waters, Part III. p. 108, 109.* (b) *Ibid. 109.*
 (c) *Plin. Nat. Hist. lib. xxxi. cap. x.*

agrees very well to the late discoveries which have been made, that the mineral Alkali, *Natrum* or Nitre of the ancients is no other than the basis of marine salt, unsaturated by it's proper acid, with which when it is saturated, it becomes a genuine marine salt.

Our Author's observation of the oeconomic use of *Aken waters in washing and scouring wool, woollen and linen clothes in them* (a) shews their saponaceous quality like that of the Nitre of the ancients (b), an effect not peculiar to the waters of *Aken*, but common to divers other mineral waters impregnated with the like salt, and is one notable criterion by which they are distinguished from the waters impregnated with the calcareous Nitre, which have a contrary effect, constituting a hard water not dissolving soap, whereas the mineral Alkali when pure, mixes equably with soap; and our Author's account of the correspondency of the salt of *Aken* baths to the Soda in it's *sweetening*, (c) *resolvent, deterfive, aperitive, deobstruent and diuretic* qualities is agreeable to the nature of the impregnating salt and to *Galen's* account of Nitre, *viz. Nitrum, si intra (d) corpus sumatur, secat et extenuat lentos crassosq; succos longe potentius quam Sal.*

And next, as to the analogy which the Salt of *Aken* baths bears to the Nitre of the ancients in making glass, this also has been found to be not peculiar to it, but upon positive tryals to be also the case of the salts of divers other waters alike impregnated, as in those of *Bourbon, Clifton, Wiggleworth* and *Sutton-bog*.

Thus it appears that the salt obtained from *Aken* baths as well as from divers other waters corresponds in the most distinguishing characters to the

(a) Essay on Waters, Part III. p. 62. (b) Jerem. 2. 22.
(c) Essay on Waters, Part III. p. 109. (d) Lib. 9. de simp. med. fac.

mineral Alkali or Nitre of the ancients, and consequently by the express concession of our Author such waters may be denominated Nitrous, or in modern terms Alcaline. It is true our Author endeavours to establish an Acid in the *Aken* and most other waters, not without support from experiment; however, that the predominating salt in the *Aken* waters in their natural state previous to any decomposition of it's parts either spontaneous or by the fire, is truly of the alkaline kind, appears from our Author's own description of the taste of the water, *viz.* that it is *saline, somewhat bitter, and lixivial or urinous*, as is also the salt obtained from it, and to this agree the scouring quality of the water itself as above mentioned; and therefore the Analysis of this water is just, and such as exhibits it's salts in their natural state.

2dly, I proceed next to give also a more minute account of the *Nitrum calcarium* of *Lister*, being a salt wholly distinct from the foregoing, not giving the waters it impregnates a soft, saponaceous quality like that, but the contrary in those commonly called hard waters, and is the native salt impregnating the bitter purging waters, even according to our Author (*a*), whose constituent parts we are become better acquainted with by the discoveries lately made of the constituent parts of that most useful imitation of it called *Epsom Salt*, being altogether similar to those of the native bitter purging salt, both consisting of a terrestrial matter resembling the *Magnesia* combined with the vitriolic acid, and both agreeing in the nauseous bitter taste and in the purging quality.

Now the waters impregnated with this salt have been also generally called Nitrous by the far greater part of the moderns who have treated of mineral waters, particularly *Georgius Agricola*, *Baccius* and

(a) Essay on Waters, Part I. p. 93, and 123.

and by Dr. *Short*, who has obliged the world with elegant and accurate figures of varieties of salts of this denomination in his first volume on mineral waters: and *Lister* pronounces it to be *omnium salium frequentissimum*: and there are apparent vestiges of it in waters in all parts of the world; and it is more than probable with me that many, or rather the greater part of the waters called Nitrous by the ancients were impregnated with, not the saponaceous or alkaline salt above described, but chiefly with this salt; for those saponaceous waters wherein the *Natron* predominated, were but rarely, and here and there scattered, with them as well as with us, *v. g.* beside the *Aken* waters, the two following are recorded as rarities, *viz.* the *Lacus Ascanius* mentioned by *Aristotle* cited in the Notes on *Pliny* as being so Nitrous that they cleansed and took spots out of clothes by being dipt in them, and another in *Armenia* mentioned by *Agricola* having the same effect; these I say are rarities and mentioned as such; on the contrary, the bitter purging waters appear to me to have been frequent with them as they are with us, not only because of the bitter taste which they constantly ascribed to their Nitre, and *Pliny* where he teaches us how to sweeten bitter waters seems to use the words bitter and Nitrous promiscuously, *viz.* (a) *Nitrosæ aut amaræ aqua polenta addita mitigantur ut intra duas horas bibi possint*, but also because of the purging quality common to their Nitrous waters and to the *Nitrum calcarium* and the waters therewith impregnated; and moreover, because such waters seem plainly to be mentioned both by *Galen* and *Vitruvius* as frequent and well known, in these two following passages: *Nonnulli usu* (b) *aquarum sponte nascentium quibus sulphuris,*

(a) Nat. Hist. lib. 24. c. 1. (b) De sanit. tuenda. lih. 4. c. 4.

aut bituminis aut Nitri vis inest, vere vel autumnno quotannis soliti excrementa vacuare.

Est aquæ frigidæ (a) genus Nitrosum, uti Pinnæ, Vestinæ, Cutiliis aliisq; locis similibus quod potionibus depurgat, alvumq; transeundo strumarum minuit tumores.

Thus has antiquity given a sanction to the word Nitrous as applied to the bitter purging waters, being impregnated with a salt altogether distinct from that of the salt or brine springs, and whose composition we are of late become much better acquainted with by the labours of the moderns in their various experiments on the artificial *Sal catharticum amarum* beautifully illustrating the composition of the native bitter purging salt in waters, the constituent parts being found to be the same in both.

Now our Author, who has not without cause censured others for confounding *Sulphur* and *Bitumen*, has here the misfortune of having subjected himself to a like censure with regard to *Glauber's* salt and the salt of the bitter purging waters, which he confounds in several places of his work, (b) particularly in his preface to the section on the saline waters, being the general title he affixes to the bitter purging springs of which he treats, where, giving an account of the general composition of the minerals impregnating these waters, he says, that they (c) consist chiefly of the vitriolic acid saturated with different earthy matters, chiefly the basis of Sea-salt :

But more expressly and clearly in p. 316. Part III. where treating of the prismatic salt in *Bath* waters, he says, *it indeed answers the character of Lister's Nitrum calcarium, being to all intents and*

(a) *Vitruvius apud Authores de Balneis* (b) *Essay on Waters, Part I. p. 93, and 123.* (b) *Ibid. Part II. p. 94.*

purposes the same, a natural bitter purging salt, in all respects agreeing with the natural vitriolate prismatic salt, or with the artificial bitter purging salt known by the name of it's inventor Glauber, whose composition is an union of the vitriolic acid with the mineral alcali or basis of Sea-salt.

Now it was but highly reasonable to have expected from so accurate a Chemist as our Author, that his observations and experiments should relate to the real *Glauber's* salt, which he has here described in words that cannot be mistaken; yet, certain it is, that this salt does not in all respects agree to the calcarious Nitre of *Lister*, nor to the natural vitriolate prismatic salt in purging waters, but differs from both in divers important phænomena exhibited by each, upon the most accurate comparison: for 1. The basis of the real *Glauber's* salt is a mineral alcali, but the basis of the bitter purging salt, as is justly observed by that more accurate Chemist *W. Lewis*, is a terrestrial matter answering to the *Magnesia*, as is evident from hence, that the solution of the true *Glauber's* salt always continues clear on the addition of an alcali, whereas the solution of the calcarious Nitre and the solution of the bitter purging salt natural and artificial on such addition always exhibits a large white terrestrial precipitate, even as in the process for preparing the *Magnesia* from the *Sal catharticum amarum*. 2. The native bitter purging salt in waters, the *Nitrum calcarium*, and the artificial *Epsom* salt, are found to curdle milk, whereas the true *Glauber's* salt being used in the same proportion, did not produce any *coagulum*, which may suggest the reason why some few of the purging waters either do not curdle milk at all, or in a far less degree than others, even from a diversity in their impregnating salts, which, in such few as do not curdle milk, approach nearer to the true

Sal Glauberi, the *Sal Polychrest*, vitriolated Tartar and *Sal diureticus*, all which have likewise an alkaline basis and are found to have no effect in curdling milk. 3. A third variation in the appearances exhibited by the *Sal catharticum amarum* or now falsely called *Glauber's Salt*, (and sold for such in our shops, being the artificial *Epsom* salt in larger crystals,) from those exhibited by the true *Glauber's Salt*, is, that this last, upon an exact comparison, was found to have a far less effect than the first, in improving the colour of Greens, producing a less deep and less lively green in Coleworts and Pease boiled with an equal quantity of each, than the *Sal catharticum amarum* falsely called *Glauber's salt* in the shop, and that impregnating our hard waters, nay, even less than the common soft pipe water of *Dublin*.

Upon the whole, it appears that here is, not only a confusion of words, but of things, whilst two different salts, *viz.* the real *Glauber's salt* and the native bitter salt in purging waters are represented to be the same.

The mineral Alkali then is not the Basis of the *Sal catharticum amarum* artificial or natural, but is the proper basis of marine salt, a salt altogether distinct from the other both in the figure of it's crystals and in it's qualities and effects, and the waters also wherein either of these are respectively predominant must also differ accordingly, tho' our Author has not thought fit to give any account of the Salt springs in his section of saline waters, but only of those wherein the *Sal catharticum amarum* predominates, particularly those of *Epsom* and *Cheltenham*, tho' the others are also frequent in most parts of the world, and merited a distinct consideration. It is true those salts are variously mixed and combined in different waters; however, as it is of use to know the simples that enter into a

composition, so it is to be acquainted with the distinct nature of these salts so variously combined in waters; and where either of them predominates, as the *Sal catharticum amarum* evidently does in some, and the marine salt in others, we have no other way of judging of their effects *a priori* than by considering those of the respective predominating salt, which effects, as they are very different, and do not seem to be so much attended to as they ought, I shall subjoin a few hints tending to shew wherein their principal difference consists: In the *Sal catharticum amarum* the Acid is less saturated, or more disengaged, and in all experiments disposes the blood to some degree of inspissation: it is cooling, quenches thirst, is adapted to a hot bilious state of the juices; it is a more powerful and at the same time a more gentle purge than marine salt: on the contrary in the marine salt the Acid is more saturated, and the mineral Alkali rather prevails, hence it attenuates and thins the blood, heats the body, excites thirst, is useful where a greater stimulus, irritation and heat are wanted, and in a cold lentor of the juices; and it is a rougher purge, as are also the Brine springs, and found by observation to be injurious in hectic and consumptive cases, in which cases the other waters in small quantities have been observed to be used with good success (a).

Consistently with the above account the waters impregnated with the different salts mentioned have been respectively distinguished into the Saline and Nitrous in a late treatise on Mineral waters, and indeed according to our Author, properly enough, if by Nitre be meant *Lister's Nitrum calcarium*; but he alledges without the least reserve, that this *has not one property of (b) the Nitre of the*

(a) Method. synopsis. of min. Waters, p. 72. (b) Essay on Waters, Part III. p. 316,

ancients or moderns; in which declaration how much prudence, attention to, or real acquaintance with the Nitre of the ancients or moderns is shewn I shall leave to the consideration of the reader: indeed it has not the alkaline quality of the *Natron*, nor the fulminating one of Saltpetre, but at the same time that it is undoubtedly possessed of several distinguishing qualities of both the ancient and modern Nitre is very obvious: for 1. Did not the ancients constantly attribute Bitterness to their Nitre? Hear *Galen*, “*Sapor amarus ex Nitrosi provenit intentione (a)*” and “*Amara et Nitrosa crassam materiam attenuant, sicut sunt Iris, Amygdala amara, Nitrum, Orobus, Lupinus (b) &c.*” Now the *Nitrum calcarium* and the waters therewith impregnated are possessed of this quality in the most eminent degree. 2. Does the *Natrum* found in *Asia* corresponding to the Nitre of the ancients give a sensation of coldness on the (c) tongue as Saltpetre does? The prismatic salt of *Bath* water which answers to the *Nitrum calcarium (d)*, and the *Nitrum calcarium* itself is remarkable for the cold and bitter taste. 3. Was the ancient Nitre remarkable for increasing the greenness of *Cale* boiled with it? So is the native bitter purging salt in waters. 4. Is the modern Nitre called Saltpetre remarkable for reddening the flesh of beef or mutton boiled with it? The effect of the *Sal catharticum amarum* natural and artificial is the same; and marine salt has the like effect, even from its participation of the Bittern or *Sal catharticum amarum*, from which mixture Sea-salt is seldom entirely free, (e) and our hard waters have the like effect on greens and flesh from the same principle. 4. Had the Nitre of the ancients a

(a) *De med. simpl. fac. lib. 1. cap. 36.* (b) *De Oculis.*
 (c) *Hill's Hist. of fossils.* (d) *Essay on waters, Part III. p. 315.*
 (e) See *Lewis's notes on Neuman.*

purging quality? The waters they called Nitrous were eminent for it, and from the passage in *Galien* (a) here referred to compared with the known effects of the waters of *Aix-la-Chapelle* and *Vichy* impregnated with a salt like the Nitre of the ancients, it appears that they knew no Nitre but what was purgative; for which quality our *Nitrum calcarium* and *Sal catharticum amarum* natural and artificial are eminent; for the prismatic salt or calcareous Nitre impregnating waters in but a very small quantity renders them powerfully cathartic.

So much may suffice, if not to establish the application of Nitrous to the waters impregnated with the *Sal catharticum amarum*, at least to apologize for the use of it in that sense until a better and more distinguishing appellation for it be proposed; for indeed that which has been proposed by (b) our Author, who would have it called the *universal Vitriolic, or native Vitriolate salt*, seems liable to some exceptions: had he called it *Sal vitriolatum basi terrestri*, or *Sal seleniticus*, as some have done, I might not have quarrelled with him; but how far the multiplying a variety of names not more clearly expressive of the nature of the thing signified tends to the improvement of science, and whether or no, whereas we have divers mineral waters strictly and properly called Vitriolic, yielding a true Vitriol, the affixing the appellation of Vitriolic without further explanation or distinction as above specifying its peculiar basis, do tend to confound it with real Vitriol found in other waters, I shall refer to the determination of the critics in language and chymistry; only shall beg leave to intimate, that in the opinion of another Author and as good a judge of both, such salts ought not to be denominated Vitriolic: for he, speaking of

(a) *De Sanit. tuenda*, lib. 6. c. 10. (b) *Essay on Waters*, Part. II. p. 100.

the *Fel Vitri*, makes the following remark: *The Fel Vitri arising to the surface of the glass made with Flint, altho' no vitriolic salt, is found to participate largely of that Acid, and to be nearly similar to that of Sal mirabile.*

And now, to sum up the result of the foregoing Observations: 1. It appears that there are many waters besides those of *Aken* wherein the mineral alcali or Nitre of the ancients is the predominating salt. 2. There is a greater number, and which seem to be diffused thro' all parts of the world, being the bitter purging waters, wherein a salt compounded of the vitriolic acid and a terrestrial matter, or in other terms the calcarious Nitre of *Lister* predominates, tho' rarely without marine salt. 3. There are others found also in most parts of the world, in which the predominating salt is the marine, being a salt compounded of the marine acid and the mineral alcali, tho' not without some mixture of the foregoing salt called Nitre by *Lister* and many others. 4. There is another class of waters altogether distinct from the foregoing, wherein the vitriolic acid predominates and is combined with a metallic base, yielding a true Vitriol ferrugineous or cupreous, but chiefly the first, and these undoubtedly will maintain their right to the title of Vitriolic.

Dublin, 7th, 7th Mo. 1762.

TRACT II.

THE

ANALYSIS

OF

MILK,

AND THE DIFFERENT

SPECIES THEREOF.

By JOHN RUTTY, M.D.

T R A C T, II,

T H E

A N A L Y S I S



M L K

A N D T H E D I F F E R E N T

S P E C I E S T H E R E O F.

B Y J O H N R U T T Y, M. D.

T H E

P R E F A C E.

WH O E V E R presumes to publish any thing as of importance to the world, ought to be acquainted with what his predecessors have already done, or else expect to be liable to be treated as one that has contributed to increase the now justly complained of plague and burden of science in the multitude of unnecessary productions. Having therefore had recourse to the writings of the ancients on the subject of Milk, I do acknowledge that they, being well acquainted with the dietetic part of medicine, were not strangers to the different qualities of the Milks of different animals, as which of them had most serum and least curd, et contra, and accordingly, which of them was most or least easy of digestion and distribution, which of them was laxative, and which constipated the belly most: and they gave the Ass's Milk boiled in large quantities, as to twelve pints and more, as a purge void of acrimony, altho' to what principle this was owing they left to be investigated by the industry of the moderns.

The following summary account of the virtues and vices of Milk from *Galen* and *Dioscorides* shews what distinct and just conceptions they had of it and its Whey.

“ *Corpus alit, album emollit: thoracis ac pulmonis partibus Lac omne utile: omnibus auxiliatur internis*

*exulcerationibus, præsertim faucium, pulmonis, intera-
neorum, vesicæ et renum, efficax contra rosiones exustio-
nesq; ab exitialibus medicamentis factas, uti a cantha-
ridibus &c."* to which *Ætius* adds, "*in urinæ dif-
ficultate et acri egestione Alvi——et ad acres et mor-
duces fluxiones utilissimum.*"

"*Capiti, nisi quis ipsum habeat admodum firmum
non accommodum, ut et nec hypochondriis quæ levi de causa
inflantur; necnon eos renes offendit qui calculis gene-
randis sunt appositi, jecur autem offendit his qui hoc
affectu facile prebendi possunt.*"

"*Lac omne respuendum spleneticis, hepaticis, com-
itialibus, vertiginosis, nervorum vitio laborantibus, fe-
bricitantibus et capite dolentibus, nisi quis purgati-
onis gratia schistum præbeat:*" the Whey being pre-
ferred to Milk in some of the cases enumerated,
and particularly for the purpose of purging. The
moderns also agree in exploding Milk in cachexies
and obstructions of the *viscera*, as increasing such
disorders by the *crassamentum*, but give Whey the
preference, and frequently order Milk diluted with
mineral waters, as on the contrary in very emaci-
ated bodies, Milk is preferred to Whey. Herein
however the moderns seem in some sort to differ
from the ancients, *viz.* in recommending it, not
only in the Gout, but in the Stone according to
Dolæus.

These observations respect Milk in general; but
it is necessary to remark, that the general and in-
discriminate ordering of a Milk diet without regard,
not only to the pasture of the animal and season of
the year, but more especially the difference of the
animal from which it has been taken, must be
attended with very uncertain effects; and indeed
the Ancients were well aware of the importance
of attending to this difference; giving the pre-
ference to Women's milk as most congruous to
our nature, and next to the Ass's, as one of the
thinnest

thinnest (and near akin to the Mare's milk, and both laxative) and most easy of digestion and distribution.

It must however be acknowledged that their accounts of different Milks are not free from confusion and uncertainty; for *Pliny* (a) pronounces the Ass's milk to be *crassissimum*, contrary to *Galen*, and *Galen* himself repeatedly asserts as a well known fact, that Goat's milk is less thick and less fat than Cow's milk, and *Ætius* confirms the same error, and *Pliny* in the place cited says, *Bubulum caseo fertilius quam Caprinum*: Whereas, that the reverse is true with respect to the Milks of these animals, at least in this country, (as well as in *Scotland* and *France*, as far as appears from the observations yet made there) will abundantly appear in the sequel; a difference undoubtedly worthy the attention of Physicians, as one of these Milks has been known to be used with success where the other hath failed, for reasons obvious enough in the sequel; and when *Mangetus* in his collections attributes to Cow's milk a superior excellency in correcting the acrimony of poisons, I apprehend this praise ought rather to be attributed to the milk of the Goat and Sheep:

Nor indeed is what *Hippocrates* himself hath said concerning Goat's milk altogether unexceptionable, *viz.* that it opens the belly more than Cow's milk; for if *Galen* be right in asserting that Milk constipates the belly more in proportion as it contains more curd and less serum, then *Hippocrates* must be wrong in affirming that Goat's milk moves the belly more than Cow's milk (b), or at least this will not hold true of the Goat's milk of this country, as having much more curd, and not more, but rather less of the saline principle, as will appear in the sequel, agreeably to what *Dioscorides*

(a) Lib. xi. cap. 41. (b) Lib. 2. de Diæta.

corides says, viz. “*Alvum minus tentat caprinum,*” who has also done justice to Sheep’s milk in pronouncing it *crassum et præpingue*, and therefore the distinguishing character which *Mangetus* from *Avicen* has left us of it, highly merits attention, viz. “*Ovillum crassius cæteris et minus serosum, et hinc quoq; in renum debilitate, miælu sanguinis, diabete ovillum præhabetur, cui in confortando renes non est medicina compar.*”

Now in order to remove in a great measure the confusion and uncertainty of the different accounts of the several Milks above mentioned left us by venerable antiquity, and as an essay towards establishing with a greater degree of precision the distinguishing characters of each Milk, I here offer a faithful examination of the several Milks in use in these parts of the world, by the following easy processes, being such as offer little or no violence to the constituent parts, and consequently free from the objection justly made to the common processes in chymistry, as by the torture of the fire entirely changing the bodies examined from their natural state.

I am not ignorant that *Hoffman*, *Ludovicus Testi* mentioned by *Valentini*, and Professor *Gaubius* at *Leyden*, have made considerable advances towards giving the *Analysis* of Milk, and even of the different species thereof, and particularly in extracting what they have called *Saccharum lætis*, but how properly shall be hereafter considered; and as the following is a more minute examination of this and the other parts that enter into the composition of the heterogeneous fluid called Milk, from a series of Experiments made in concert on the several species thereof in the neighbourhood of *Dublin*, it is here humbly offered as a further elucidation and more explicit account of this matter.

Neuman’s

Neuman's account of Milk lately published is far from being explicit with regard to its Salt, which he examines only as changed by the fire, whereas that Salt in the following account is obtained only by a mild heat and such as produces very little change in it from its native state.

The following account of Milk and its different species was drawn up long before the publication of *Dr. Young's* inaugural Dissertation concerning Milk, as appears by the dates of each. That gentleman has published divers useful truths on this subject, and made a great progress towards ascertaining the respective component parts of the several sorts of Milk in use, and from him, since the first fair transcript of my Papers I have adopted some hints and acknowledged them; but as he has left some things untouched, particularly with regard to the different qualities of the Salts obtained from the different sorts of Milk, I found no cause to suspend the present publication, not only as exhibiting somethings new and worthy of attention in practice, but by reason of some variety in our Experiments, tho' in the general they are found nearly to correspond and prove a reciprocal confirmation of the truth of each other, and for another reason also, that, as this gentleman has given this agreeable specimen of his abilities to prosecute and improve this subject, he may be incited so to do according to his declared laudable intention.

T H E
A N A L Y S I S of M I L K,

Particularly that of the
W O M A N, A S S, M A R E, C O W, G O A T,
A N D S H E E P.

TH E sensible qualities of these several sorts of Milk are thus distinguished :

Woman's Milk is of a saccharine sweetness, far sweeter than Cow's Milk.

Ass's Milk is also much sweeter than Cow's Milk, but not so sweet as Woman's Milk.

Mare's Milk approaches near to Ass's; and Woman's Milk in the saccharine sweetness is much sweeter than Cow's or Goat's Milk, and on comparing them looks much thinner.

Goat's Milk was inferior in sweetness to either of the three foregoing, but sensibly sweeter than the best Cow's Milk I could procure in and about *Dublin*, and also more white, as is likewise its cream and curd than those of the Cow, which have a cast of yellow; and it yields a whiter Whey, not readily becoming clear, as the Whey from Cow's milk.

Sheep's milk is of a rich, oily taste, and to the touch of the tongue feels of a thick consistence, and evidently thicker than any of the above Milks, and is inferior in sweetness to Cow's milk.

The specific Gravity of those several Milks was thus determined: As the ball of the Hydrometre rises above the surface of Milk, it is requisite that this be diluted:

Wherefore Cow's milk and Ass's milk being equally diluted, *viz.* with three parts of water to two of milk, the Hydrometre stood in the first at 1. 0, in the second at $0 \frac{2}{3}$ and consequently the Ass's milk was considerably heavier: And Mare's milk and the best strippings of Cow's milk being equally diluted, the Hydrometre stood in the first (as in the Ass's in the former experiment) at $0 \frac{2}{3}$, but in the second at 1. 0. Goat's milk and Sheep's milk being equally diluted and compared to Cow's milk, appeared to be considerably more heavy than Cow's milk. The Goat's milk particularly and Cow's milk equally diluted compared, the Hydrometre stood in the first at $0 \frac{1}{2}$, in the last at $0 \frac{1}{4}$.

Scholium.

Ass's milk and Mare's milk, tho' they have far less cream and less curd than Cow's milk, yet are as much heavier than Cow's milk as Goat's milk is, and why? I answer, from the predominance and larger proportion of the saline principle in the Ass's and Mare's milk, which gravitates more than the Cream or Crassamentum in their dissolved state. I proceed next to the Analysis of Milk, and 1st, The Analysis without fire.

Of the Cream.

Woman's milk	<i>gave of Cream</i>	} of what Cow's milk did.	
Ass's milk			scarce one third
Mare's milk			not above half
Goat's milk		not half	
Sheep's milk		three times as much as Cow's milk.	
		by guess above three times more than Cow's milk. <i>viz.</i> about two ounces from half a pint.	

N. B. These proportions of Cream are not given as invariable; for the Milks themselves differ at different times from divers circumstances, as that which is first from that which is last drawn and called Strippings, from the season of the year, pasture, and different state of the animal, *v. g.* soon after it has brought forth it's young it's remarkably thinner and stronger in the saline principle.

Scholium.

Cow's milk, according to *Mangetus*, is preferable to other milks for correcting the acrimony of poisons on account of it's superior Oilyness: Now this holds true only in comparison to Woman's, Ass's and Mare's milk; for the Goat and Sheep's milk evidently challenge the preference in this respect to Cow's milk.

Of the Curd.

Woman's milk	} coagulated by the same quantity of rennet as Cow's milk, gave of curd	{ very little, even not $\frac{1}{2}$ of what Cow's milk did.
Ass's milk		{ a little more than half in one experiment, and not so much as half in a 2d experiment as (a) Cow's milk did.
Mare's milk		{ nearly $\frac{1}{3}$ of what Cow's milk gave, nor was it easily coagulated.
Goat's milk		{ nearly 3 parts to 2 of what the purest Cow's milk did, in another trial above double, and the whey was whiter, and both the whey and curd of a ranker smell, and the curd tenacious.
Sheep's milk		{ double to what Cow's milk gave, and in another experiment more than double, and Dr. Young observes the curd to be more firm than that of the Cow.

(a) *Neuman* makes the curd of Ass's milk to be much less, *viz.* but $\frac{1}{5}$ of that of the Cow's milk, and moreover, says that it is less dense and heavy than that of other milks.

Scholium.

What *Galen* repeatedly asserts of Cow's milk compared to Goat's milk, that it is *pinguissimum et crassissimum*, is quite erroneous, at least with regard to those animals in this country and in *Scotland*, according to *Dr. Young's* experiment on the contents of both these milks, and particularly on the caseous parts of both these milks, as likewise in *France* according to *Helvetius*, a difference undoubtedly worthy of attention in some circumstances of tabid patients, Goat's milk having been found to succeed in some of those cases when Cow's milk has failed, as *Dr. Baynard* observes, and the reason for the difference may be easily deduced from a comparison of their respective *Analyses*.

2dly. The *Analysis* by fire, tho' by a mild degree of heat not much altering the quality of the products.

Woman's milk	gave of Extract from a Pint	{ Oz. i. ss. Oz. i. ss. scrup. ii. gr. ii. Oz. i. dr. v. gr. xxxvi. viz. in three different trials.
Ass's milk		{ Oz. i. ss. Oz. ii. dr. vii. gr. vi. Oz. i. dr. vi. gr. vi. Oz. i. dr. vi. gr. xxiv. viz. in four different trials.
Mare's milk		{ Oz. ii. dr. vii. gr. xxviii. Oz. i. dr. vii. scrup. i. Dr. vi. scr. ii. gr. vi. viz. in three different trials.
Cow's milk in the } Country }		{ Oz. i. dr. iii. scrup. i.
Cow's milk in <i>Dublin</i>		{ Oz. i. dr. i.
———— in June		{ Oz. i. dr. iii. scrup. i.
———— in January		{ Oz. i. dr. iv. Oz. i. dr. iv. scrup. ii. viz. in two different trials.
Goat's milk		{ Oz. i. dr. v. gr. xxiv. Oz. i. gr. xxxvi. in two different trials.
Sheep's milk		{ Oz. ii. dr. vi. gr. xviii and nearly the same in a second experiment, and in a third above oz. iii. dr. iv.

Corollary.

Corollary.

The Sheep's milk exhibited on evaporation by far the greatest quantity of contents of all the six, the Mare's the next; then the Ass's and Woman's, and lastly the Goat's and Cow's milk, which last gave the least quantity of all. The greater proportion of contents in Goat's than in Cow's milk is confirmed by Dr. Young's experiments in Scotland.

The Comparison of the Extracts of the several Milks.

*The Extract of
Woman's milk
was*

White yellowish, (a) of a high saccharine sweetness, and not without some saltness, unctuous, viscid, inflammable on the red hot iron, with a white flame, and in another trial partly bluish and partly purple, without notable fetor, and left but a small quantity of grey salt ashes.

*The Extract of
Ass's milk
was*

Yellowish, very sweet, oleaginous, with a high flavour not altogether disagreeable: it moistened a little in the air. And to this agrees Neuman's observation, that Ass's milk has this remarkable particularity, that it yields a more fetid smell in the fire than any other (b).

(a) The yellowish colour of these Extracts seems to be owing to some small degree of empyreum, which if it were carefully avoided by lessening the heat when the evaporation was nearly finished, the colour would be nearly white.

(b) It is an important remark of Dr. Young, that the ruminating animals, viz. the Cow, Sheep and Goat is more acescent, and participates more of a vegetable nature than that of the [non-ruminants, viz. Woman's, Ass's and Mares] for which reason the former Milks if the stomach can bear them, are to be preferred where there is a tendency to putrefaction.

grains

*The Extract of
Mare's milk
was*

Pale-yellowish, sweet, with a flavour like that of Ass's milk, and it felt granulated under the tongue, like honey or sugar, (an evidence of its saline quality) 40 grains in a red hot crucible burnt with a white, then blue and purple flame, emitting a smell like an old crust of bread burnt, and it left four grains of ashes greyish and of a taste somewhat saline.

*The Extract of
Cow's milk
was*

White-yellowish, unctuous, of a saltish taste, sweetish and subacid, far less sweet than the Extracts of Woman's, Mare's and Ass's milk, but resembling the taste of a farinaceous matter mixed with a little sugar. It moistened a little in the air. It made no ebullition with Oil of Vitriol. Rubbed with Solution of Mercury sublimate corrosive it whitened a little. Half a dram in the red hot crucible, emitted a white, green and blue flame, and left four grains of black, salt ashes.

*The Extract of
Goat's milk
was*

Yellow, of a sweetish taste as of something farinaceous a little sweetened, far short of the sweetness of the Extracts of Woman's and Ass's milk, as also far less unctuous. It burnt with a white, then purple and blue flame. A dram burnt left four grains of ashes grey and of a saltish taste.

*The Extract of
Sheep's milk
was*

Of a pale yellow when obtained by a slow fire, and of a taste farinaceous and moderately sweetish, and subacid.

OBSERVATIONS.

1. **T**HESSE Extracts of the several Milks, being obtained by a small degree of heat, give the respective native tastes of the several milks, being their Oil, Salt and Curd more closely approximated by the avolation of the aqueous parts; and from hence appear the congruous qualities of those three Milks, the Woman's, Ass's and Mare's, being distinguished by their peculiar saccharine sweetness, whereas the Extracts of the Milks of the Cow, Goat and Sheep, shew either a Salt specifically different from that in the three former, or at least the same or a like salt blended with a large proportion of a milder substance.

2. I kept these Extracts of the several Milks in gallypots covered only with paper in a closet where there had been no fire, for several months, and some of them above a year, and they continued sweet, without any acquired rancidity, and of a grateful taste, so far that my Cat, (a delicate, pampered animal) would feed greedily on them, and once devoured the fruit of my labours, the Extract of Ass's milk; and if in the preparation, all empyreum has been carefully avoided by using a gentle heat, and timely taking the vessel off the fire, these Extracts will by trituration with water, or by dissolving in water over the fire (as a dram of the Extract of Cow's and Ass's milk will readily do in an ounce or two of water, or an ounce in a pint) yield a liquor partly yellowish and partly white, farinaceous, and of a sweet, not ungrateful taste, like the respective milks from which they were drawn, *viz.* in the first of a rich, pleasant taste, in the second more sweet: I will not indeed say altogether of so grateful a flavour as the original milks, nor so smoothly mixed, but tolerably pleasant, and which might be used as a suc-

fuccedaneum for Milk at Sea, analogous to the portable Soups made from inspissated Broths, and perhaps as good a substitute for Milk as the others are for Broth; for indeed neither do the gelatinous parts of Animals nor Milk lose much by decoction, except the aqueous parts.

Wherefore, as this Age has distinguished itself by excogitating and recommending divers methods and medicines highly conducive to the preservation of our Mariners from that destructive disease the Scurvy, it may not perhaps be unseasonable to propose such a preparation, *viz.* of the Extract from Milk or of the Salt from Whey as deserving a place in the sea-chest, in order that being kept in a dry warm place, a *succedaneum* might be supplied for Milk and sweet Whey, which perhaps might prove of great use at Sea to such delicate, morbid, opulent Valetudinarians as could bear the expence of it.

I shall next proceed to the consideration of Whey, being the lixivium of Milk, or the Solution of its proper Salt.

Cow's Milk Whey diluted with an equal quantity of water buoys up the Hydrometre as high as Milk diluted with an equal quantity of water does, and why? because the Whey being a solution of the meer Salt in the same volume of a watery fluid gravitates more than the Oil and Curd in their attenuated state.

Now as we have seen that the different Milks above mentioned differ considerably in their productions whether by fire or otherwise, it will appear by the sequel that there is no less a diversity in their several Wheys, and therefore I apprehend the following minute examination of these to be no superfluous labour.

Doctor *Dyvernois*, who lately published a Dissertation on the Sugar of Milk, was at a great deal

of

of pains to procure this Salt by CrySTALLIZATION; but I doubt the small quantity obtained in that method will hardly compensate for the tediousness of the process; and I find that Whey depurated by repeated decoctions and despumations yields by meer evaporation over a slow fire a genuine, pure and white Salt, which agrees to the other in the several appearances thus described by that Author, viz.

“ It is dry, white, of a sweet, agreeable smell and sweet taste, like Sugar or Manna, a little saltish, melts easily on the tongue, ferments neither with acids nor alkalis, burns with small sparks on lighted charcoal; and that its dose is from half a dram to two drams twice a day, that it keeps the body open, &c.”

I. The first experiment I made for obtaining the Salt from Woman's milk, viz. by dissolving the Extracts in distilled water, filtering and with great difficulty separating the oily matter and exhaling to dryness a second time, was not so successful as the second method to be subjoined by repeated boiling and scumming the Whey, and then evaporating by a slow fire; for I found that the repeated evaporations lessened the sweetness of the salt, which salt thus obtained was brown, sweetish, somewhat viscid, and imbibed the moisture of the air. It did not, as Sal Ammoniac and Salt of Urine, excite any smell when rubbed with Salt of Tartar. On the red hot iron it was inflammable, and for the most part consumed, but did not emit a foetid smell like burnt horn or other animal substances. In the red hot crucible half a dram emitted a white and purplish flame, and left two grains of grey, saltish ashes, which gave a strong acid fume with Oil of Vitriol:

But the Salt obtained from the Whey of Woman's milk coagulated by rennet and exhaled to dryness, was white, with only a slight cast of yellow:

yellow: it was granulated like honey, of a sweetish strong smell, of a salt and sweet taste, tho' far less sweet than the Extract:

It moistened a little in the air:

On the red hot iron it melted and flamed, and left a small quantity of salt ashes, and thus burnt it smelt like a crust of bread burnt.

It was double in quantity to what the same proportion of Whey from Cow's milk yielded.

I took two drams, two scruples and seven grains of it dissolved in a pint and half of water, (to which it gave the colour and taste of Whey) but was not at all purged by it, nor was any sensible effect produced by it except a little wind.

2. The Salt of Ass's milk, being four scruples, from five ounces of the Whey depurated by repeated boiling and scumming, was white, a little brown at the edges, granulated under the tongue, of a sweet and a little saltish taste, of a somewhat high flavour, viscid.

It moistened in the air:

Rubbed with Oil of Vitriol it emitted a fume of an acid smell.

Half a dram burnt in a crucible left five grains of dusky grey salt ashes.

The Whey of Ass's milk gave above treble the quantity of Salt that the same proportion of the Whey of Cow's milk did, and according to *Dyvernois* six times as much: however, it is much more loaded with Salt, and this of a much sweeter quality than the Salt from Cow's Whey.

I took three drams of this Salt dissolved in a pint of water and had but one stool more than usual, and that not loose.

3. From the Whey of Mare's milk depurated as above I obtained two drams, two scruples from half a pint of Milk, of white Salt, granulated like honey, of a mild, sweet smell, of a sweet and saltish

saltish taste, much sweeter than the Salt of the Whey of Cow's or Goat's milk.

It gave near treble the quantity of Salt that the Whey of Cow's milk did, though in another experiment only one third more; but in a third experiment more than treble.

Rubbed with Oil of Vitriol it emitted an acid smell.

Half a dram burnt in a crucible left four grains of black, salt ashes.

I took two drams, ten grains of this Salt dissolved in half a pint of Whey without any purgative effect, but only some slight gripes and a little wind, so that in such a small dose it appears to be only eccoprotic, tho' in a larger it must undoubtedly prove purgative.

4. From the Whey of Cow's milk depurated as above and slowly exhaled, I got, even from milk procured from the country, only half the proportion of Salt to what Woman's milk yielded, which was granulated, and of the consistence of honey, very different in taste from the Salts of Woman's, Ass's and Mare's milk, being saltish and sweetish, and in another specimen subacid; and indeed it seemed to be more remarkable for saltness than sweetness. It emitted a white and purple flame in the red hot crucible, and half a dram left five grains of salt ashes.

I took an ounce of this Salt dissolved in a pint of water, and was not purged by it.

5. The Salt of Goat's Whey compared to that from Cow's Whey was as 108 of the first to 152 of the last from the same quantity of each, (from whence we may conclude that whatever peculiar effects Goat's whey may have is by no means owing to any greater proportion of Salt it contains) which Salt, like that of the Cow's Whey, falls greatly short of the sweetness of that of the

Woman's, Ass's and Mares Whey, and is also as remarkable for saltiness as sweetness: It was of a white, brownish colour, granulated like honey, of a smell somewhat strong, of a saltish, subacid and sweetish taste, so that Goat's whey seems to be not less, but rather more acrescent than Cow's Whey.

The same Salt from Goat's whey flamed on the red hot iron, and smelt like burnt coffee.

6. The whey of Sheep's milk yielded but a small quantity of Salt, and far less, even than Goat's whey, which Salt was of a pale yellowish colour, of a farinaceous sweetish, saltish, and subacid taste, and felt granulated under the tongue.

Corollaries.

1. The Woman's, Ass's and Mares milk have more Salt, but less Oil and Crassamentum; but the Cow's, Goat's and Sheep's milk have more Oil and Crassamentum, and far less Salt; and of the three last the Sheep's has most Oil and Crassamentum, next the Goat's, the Cow's least of these three. The Curd of the Goat's milk is moreover observed to be of a more coherent nature than that of the Cow's, from whence as well as the greater proportion of curd, Goat's milk is apt to coagulate in weak stomachs and create anxiety, even in some cases to a great and dangerous degree, to prevent which Sugar and Salt are ordered to be mixed with it, an inconvenience to which the thinner milks, are not so liable, particularly the Ass's milk, as *Ætius* long ago observed, who also observes the *Vililigo alba* to be the consequence of a long continued use of Sheep's milk. Hence not only Ass's milk, but also the Woman's and Mare's are to be preferred wherever a milk of more easy digestion and distribution, and less apt to create obstructions is required, and where there is a tendency to fever, a
weak-

weakness of stomach, or a disposition to coagulate or corrupt milk, as also where some degree of attenuation or opening the belly is wanted.

On the other hand, the three other milks are more balsamic, and to be preferred where something more demulcent, agglutinating, incrassating and constipating is required, in which qualities the Goat's and Sheep's milk do notably exceed the Cow's, which in these respects obtains an intermediate place between the two last mentioned and the three thinner milks of the Woman, Ass, and Mare.

From the above Analysis also, *viz.* from the predominancy of the *crassamentum* and the smaller proportion of the saline principle in Goat's milk compared to Ass's, most clearly appears the reason of the following observations of *Helvetius*, - (*a*) *viz.* "In *hectic fevers attended with a looseness, as also in all long and obstinate fluxes Goat's milk is to be preferred to Ass's, and is particularly proper to restore children in consumptions, as well as other extremely thin and emaciated bodies.*" *viz.* as being more nourishing and less stimulating, though how far the circumstance of it's being harder of digestion may determine it's usefulness in particular cases must be left to observation.

Cor. 2. The Salt of Woman's, Ass's and Mare's milk is distinguished from that of the Cow, Goat, and Sheep, both by it's quantity and quality, as being not only in a far greater proportion in any given quantity of milk, but in quality much more sweet, approaching to the sweetness of Sugar or Manna, whereas the Salts of Cow's, Goat's and Sheep's milk are envelopped with some softer matter, which lessens the stimulating and purgative operation, whence in the above

tryals

a) *Traite des Maladies les plus frequentes & des remedes.*

tryals, which were made with both, less than half an ounce of the Salts of the whey of the three first animals acted as strongly or more strongly as an eccoprotic than a whole ounce of the Salt of Cow's whey.

Cor. 3. The Salt of milk is a mild, oily Salt, and may be justly called a *Sal medium*, not only as being neither acid nor alcali, but as occupying a middle state between the vegetable and animal Salts, not yielding by the fire that fetor which all animal substances do, but rather a smell like that of a farinaceous substance, as of a crust of Bread or Coffee burnt, and not so far elaborated by the concoctive powers as Salt of Urine, from which it differs specifically in not dismissing a volatile alcali on being rubbed with Salt of tartar, like that and Sal ammoniac; nor moreover has it that degree of purgative quality which Salt of Urine has, being much milder in sensible qualities and operation.

Cor. 4. The Salt of all the Milks resembles the Sugar of the Reed in the oleaginous, inflammable quantity, being by far the greatest part consumed in the fire; but there is this notable difference, that the Salt from Milk always leaves a small proportion of salt ashes, whereas that from the Reed leaves a far less quantity of ashes, and those not salt, but insipid.

Cor. 5. The appellation of Sugar of Milk is by no means applicable to the Salt obtained from Cow's, Goat's and Sheep's milk. There is indeed a peculiar saccharine sweetness in the Woman's, Ass's and Mare's milk, as also in the several Extracts obtained from them; but when we come to separate the saline from the oily parts as far as we are able, in order to make the Salt, this loses of the sweetness and manifests a saltish taste, and therefore I apprehend should be called rather *Sal lactis*

lactis than *Saccharum lactis*, especially when we speak of Milk in general.

Cor. 6. The *Sal lactis* is not a simple Salt, but combined with a pittance of marine salt, of the presence whereof I looked upon the following appearances collectively considered to amount to a demonstrative proof, *viz.* the saltish taste of the Salts of every one of the above Milks, their attracting the moisture of the air, their emitting an acid fume with Oil of Vitriol, as did also their ashes, and their solution turned grumous with solution of Silver: appearances all proper to marine salt, so that, as Authors have discovered marine salt in the bones, blood and urine of animals, we conclude it is also an ingredient in Milk: but this matter is put out of all doubt by an experiment of *Geoffroy* in the Memoirs of the royal Academy 1762, who from the *lixivium* of the *caput mortuum* of whey left upon distillation, obtained cubical crystals like those of *Sal gem*, as did *Dr. Tho. Young* of *Edinburgh* also in a late experiment on Whey inspissated.

Having so far described the contents of the several sorts of Milks and their Wheys, I shall next consider the practical uses of the last, unto which the Antients were also far from being strangers, as being milk deprived of its grosser parts, and as such far better adapted to the purposes of cleansing and purging; and accordingly they ordered Whey in divers chronical diseases, as we do mineral Waters, even where Milk was improper and forbidden, as appears from *Dioscorides's* account, *viz.* “*Serum lactis datur quibus sine acrimonia volumus dejectionem moliri, ut melancholicis, [comitialibus, to whom the same Author expressly forbids Milk] lepris, elephantiacis et erumpentibus toto corpore papulis.*” to which add particularly Goat's
Whey

Whey in *Spleneticis* (a), (to whom *Dioscorides* expressly forbids Milk) and that of Ass's milk, in *morbis articularibus* (a), and my ingenious Correspondent hereafter named remarks, that even Ass's and Mare's milk can seldom be born by the Asthmatic unless diluted with Spa or other water.

The account given us by *Dioscorides* of the method in which Whey was taken, being very similar to our modern use of mineral waters, is worth attending to, viz. "*Bibitur heminis per intervalla singulis usque ad quinas* (perhaps five of our pints or more, and *Hippocrates* gave 16 *heminae* (b) of Ass's milk as a purge) *ita ut intercedentibus spatiis potantes obambulent.*" *Mangetus* mentions (c) it's being drank medicinally in spring for fifteen days or a month from half a pint to a pint or a pint and half with sugar, or with sugar of roses; but at our mountains of *Mourne* the much larger dose in which it is given comes nearer the practice of the Ancients. *Dioscorides* orders it to be made with vinegar and honey, but the before named Author prefers that made with Rennet or of the flower of the prickly wild Artichoke to the Whey prepared with Acids, especially in persons subject to coughs or other disorders of the breast threatening a consumption. There is also another method of curdling milk perhaps worth mentioning here, as the whey so obtained is deemed the softest and mildest of all others, viz. by beating up the milk with eggs, adding a little sugar and setting it over the fire.

N. B. The following account of Goat's Whey having been drawn up by careful observation and attendance to facts in cases which fell under the

(a) (a) Beverovic. *Idea Medicinæ Vett.*

(b) Le Clere *Hist. de la Médecine.*

(c) *Bibliothec. pharm med.*

Author's own notice at the mountains of *Mourne* for a series of years, are here offered as an improvement upon the practice of the Ancients, both with respect to a more minute detail of the method of using it, and particular instructions for directing and regulating its operation, and a more clear and distinct discovery of its virtues in the cure of diseases where it has either not been used, or the time, stages of the disease or other circumstances wherein it ought to be used, have not been clearly pointed out: and I am desired to intimate, in behalf of the Author, that if the Public shall deem the Hints here given worthy of notice, he may possibly in process of time improve them by considerable additions, such as experience may furnish.

Dublin, A. D. 1758.



TRACT III.

PRACTICAL
OBSERVATIONS

ON THE USES OF

GOAT'S WHEY.

By JAMES KENNEDY, M. D.

TRACT III

PRACTICAL

OBSERVATIONS

USES OF



G. O. W. H. E. Y.

By JAMES KENNEDY, M. D.

SECTION I.

Of the PASTURE and FOOD of GOATS.

IT is with good reason remarked by Goat-herds that those animals do not preserve their health and vigour when confined to low soils and situations. A rocky mountainous soil that will bear no vegetable except Furze, Brambles and such like, is the only one that agrees with them, so that it may be almost taken for granted that their milk and whey will not answer medicinal purposes so well on any other, not only from their natural food, but also from their not having such spirits and alacrity; and moreover it is said they do not live half so long on low pasture grounds as on mountains. Such soils as are generally chosen for them, are observed to produce several sorts of plants not very common elsewhere on which Goats are alledged to feed plentifully. This however I did not take for granted, but with great industry, for many years, attended them at their browsing grounds, to make remarks; and I observed a general rule with them, not to touch an herbaceous vegetable, if there was any sort of tree, shrub or of the frutescent kind to be had. Hence it is, that where a herd of them has fed some time, every plant of this sort is stript of leaves, as far as they can reach: It would require a large extent of shrubby ground, to supply them with leaves for a whole season: they quickly

dispatch every fort but furze, which on account of its prickles and the quantity to be had, becomes inexhaustible to them, and indeed makes the greater part of their food, in some places, such as *Tullymore* in this country, where large herds are constantly hept.

Honeyfuckles they search after above all things; next for bramble leaves and what others they can come at. St. John's wort they devour greedily: *Allium Sylvestre*, pretty common there, they will feed on, but not eagerly.

I have often thought that the superior medicinal efficacy of Goat's whey, could not be accounted for solely from the difference in their food from that of other animals, but that there was much to be allowed for the constitution and nature of the Goat. I have many times compared their whey with that of Cows, where their food must have been precisely the same, and always found it remarkably stronger and ranker.

SECTION II.

Of GOAT'S WHEY in general.

MESUE of *Damascus*, who lived about the latter end of the sixth century, seems to have had a pretty accurate notion of the peculiar efficacy of Goat's whey as a medicine, in saying that it attenuates, opens obstructions, deterges and purges gently; and he gives a brief catalogue of its virtues, but which is not complete without adding its nutritive and diuretic qualities.

The only method of making it at the mountains of *Mourne* is with rennet.

There cannot be too much care to have the whey as clear as possible, the neglect of an attention

tion to which circumstance, has to my knowledge, been of bad consequence in several cases. Let it be made as clear as you will, a considerable quantity of curd remains blended with it; which appears on boiling it when the curd called the crop-curd rises to the top; and whitish ill-made whey will lye heavy on most stomachs, produce inflations, and not pass freely either by urine or stool, but by proper care it may be made as limpid as any other whey.

Whey possesses both the alterative and evacuating qualities: as an alterative it may be said to diluent, attenuant, resolvent, demulcent and nutrient. Its evacuating virtues consist in its promoting the sensible evacuations of stool, urine and sweat.

It has an undoubted right to be accounted a diluent of the first rank, having the advantage of water in being softer, somewhat saponaceous and having already circulated thro' the minute vessels of an animal body, so that it will probably penetrate more than water, and more effectually dissolve noxious salts and prepare them for evacuation by their proper emunctories:

Its attenuant and resolvent properties may bear some debate. It must be owned that in these it yields to mineral waters, but when we consider its essential salt or *saccharum*, blended with a fine animal oil, and that it abounds with the juices of plants that are eminent for these qualities, we may readily acknowledge that it has a right to be called attenuant and resolvent even from reasoning *a priori*: Indeed where it is used in disorders that require active penetrating medicines, the assistance of such will be very expedient, perhaps necessary, chiefly of the neutral salts.

Whey becomes a noble antidote against morbid acrimony in the blood, by its demulcent quality:

as a diluent and demulcent it conspires to correct all sorts of acrimony. By these it calms the rapid motion of the blood in hectics, allays the parching thirst so grievous to such subjects, and at the same time relaxes the general spasm and too brisk vibration of our fibres, common in these disorders, of which we can't fail to have a lively idea on touching the hard, tense, sticky pulse of such. But Whey shines forth in no quality more than in its nutritive. What a high opinion *Virgil* had of this appears by his

————— *Acremque Molossum*

Pasce sero pingui ————— *GEO. 3.*

In phthical cases, when the blood is thin, florid and highly acrid, the hectic fever high, a rapid marasmus usually attends, not to be checked perhaps by any other medicine, seldom indeed by this. *Bristol Water* may dilute, may cool, may evacuate the septic acrimony by the kidneys, but all this time the blood continues as absolutely unfit for repairing the great waste made by the putrid fever, as before. In this case it must yield the precedence to Whey, which has perhaps all it's good qualities, it's gentle astringency excepted, and besides, affords the only food which the shattered organs of digestion and sanguification are capable of converting into nourishment. It seems indeed to be the only thing deserving the name of cordial and restorative in such cases; inferior to nothing except human Milk sucked out of the breast. These are things I myself have a lively sense of from personal experience, having been in this situation, and retrieved only by a proper course of the non-naturals, but chiefly of Goat's Whey, which I found answer every intention of food and medicine. No Epicure ever received more pleasure from his Ortolans or his Turtle, than I have many times received from a draught of Goat's Whey

Whey upon waking in a morning, after a high hectic paroxysm and profuse sweat thro' the whole night, being quite parched with thirst. I am not yet arrived at such a perfect state of health, but that I find great comfort and advantage from it, especially at the Whey season.

SECTION III.

Of the evacuant properties of Whey.

BY diluting, attenuating, resolving obstructions and sheathing acrimonious saline humours, impurities of the blood are corrected and prepared for evacuation, which is promoted in a most easy and agreeable manner by Whey. The principal outlet which nature uses to throw off the saline pecant humours, is the urinary passage. There is perhaps no mineral water which promotes the urinary discharge more effectually than well prepared Goat's Whey properly drank: for by improper management it will be prevented from operating duly this way. Lying long in bed in the morning and sleeping after drinking it, drinking it too hastily, and in too great quantity, not using proper exercise along with it, and in fine, neglecting to use proper medicines to assist, are generally the reasons of it's failing in this effect. Indeed if it purges speedily and briskly, it will no doubt have a less diuretic effect: But I apprehend that in most cases in which it is recommended, the consumptive especially, it is intended that it should tend mostly this way: if it fails of it, and does not prove purgative in some degree, it occasions many inconveniencies, as fullness and swelling of the stomach, want of appetite, anxiety of
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the præcordia, difficult breathing, flatulency, lowness of spirits, heaviness, drowsiness, &c.

On the contrary, when it passes freely, the spirits become light, free and tranquil: it invigorates when wine would depress, and remarkably quickens the appetite, as is well known to most Whey-drinkers, who seldom fail to have a keen appetite for breakfast, after duly passing their Whey.—I have frequently remarked that in hypochondriac constitutions generally inclined to habitual costiveness, it pushed very briskly by urine, rather I suspected, too much, and in this case it generally occasions costiveness. Lenient purgatives to determine it the other way, are the remedy: It is usually more diuretic to lean habits, than to such as incline to corpulency.

If on trial it is found that it does not pass freely, the assistance of diuretic medicines will be necessary; the neutral salts seem proper to answer this end, and are found so from experience; especially such of them as at the same time loosen the belly. *Glauber's salt*, *Sal polychrest*, and the *Sal diureticus* are among these: the latter especially I have known very beneficial, in causing it to sit very light and pass quickly. Riding out on horseback generally determines it to the kidneys.

Tho' the diuretic effect of Whey is the most necessary and beneficial, it is also necessary that it should operate by stool: But from what experience I have had, it seems to appear, that there are not many constitutions it will have this effect on without assistance: on the contrary, I have known most persons rendered costive by it.

When I began to have some experience of its effects on myself and others, I was surprized to find an opinion generally prevail, that purging was its most useful and proper effect, and that little benefit was to be expected, if it did not operate
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briskly this way, either naturally or by art. The opinion of an old Practitioner here seems to have been the occasion of it at first, near 40 years ago. His rule was, to swallow down as large doses as the stomach would admit, and to take a good quantity of that drastic purgative, Buckthorn syrup with it; by which means it may be believed, it would not be lazy in making it's way. Five, ten, fifteen motions a day were common. On inquiry I found that numbers of hectic persons had been hurried off by this scheme: the case is now alter'd indeed; perhaps I may have contributed to bring this about by declaiming on all occasions against it. Much less provocation than this will suffice to bring on that dangerous symptom, a *diarrhœa colliquativa*, to which all hektics are naturally prone, and whereof several instances have been known. And not only this, but many other mischiefs follow: I have repeatedly experienced, that appetite and digestion weak enough before, became more impaired; even the Whey itself would not digest: the chylopoietic organs were quite relaxed and enfeebled, and great general debility and tremors were brought on, flatulency in the bowels, lowness of spirits, &c. On the contrary, one, two, at most three easy motions a day (especially if three pints had procured them, without purgative medicines) had all the contrary effects: appetite and digestion improved, greater freedom of spirits, cheerfulness, lightness, &c.

But if it fails to have this effect, means must be used to assist it. Many have suffered meerly from not attending to this; from drinking on for several days together and quite costive all the time, obstructions of the abdominal *Viscera* are a natural consequence: I knew a Jaundice brought on by it.

Glauber's Salt I have experienced a good medicine in general, to one, two or three drams every morning. The diuretic salt in an increased dose promises to be a very good medicine here; besides it will greatly improve the attenuating and resolving properties of the Whey, and render it more active and penetrating.

Manna, Rhubarb, Sal polychrest, Ruffi pills, &c. may be proper, according to the disease and constitution: But the best method seems to be to turn the Goats into a Pasture where purgative herbs abound, or gathering them for the Goats. Those that are indigenous here are chiefly *Linum catharticum*, *Ebulus et Sambucus*. The first they eat readily and is pretty common; it's too great sharpness is softened in the Whey. It is frequently the cause of it's purging more than usual. The other two they will sometimes crop, but moderately. The *Soldanella* grows on *Dundrum* shore. *Bennet* in his *Theatrum Tabidorum* proposes encouraging Sweat in consumptions, particularly that kind of *Tabes* which he treats of, under certain restrictions. I have not experienced whether his scheme is a good one in any case but my own, which was a *Phthisis* from weak, lax lungs, attended with a most copious discharge of viscid phlegm, often resembling genuine pus. I was hectic some years, and drank whey most of the summer; during the whole time I had most extraordinary night sweats, not less often than two, or three, or four pounds a night: next morning I drank my whey and instead of being weak and feeble, was light and easy, my spittle came freely and was better concocted than usual, just as *Bennet* represents: But what was most remarkable, it kept off the *Hæmoptoe*, which surely came if my sweat was interrupted.

In such cases, and perhaps some others, Whey may be used to good purpose as a sudorific; it must weaken less than any other.

SECTION IV.

Of the Use of the Non-naturals during a Whey Course.

MOST persons who have gone thro' this course once or twice have experienced, that this is by no means to be neglected, but a proper choice of air, good chambers, meat, drink and exercise is diligently to be attended to; else so far from reaping any advantage from it, their disorders may be aggravated, and others, sometimes fatal ones, be brought on. The judicious *Boerhaave*, I have been told, in prescribing to the consumptive, never omitted mentioning a proper diet, and that they should take particular care to lie in an upper chamber. Such a rule is perhaps in no case more necessary than here, as I have often seen confirmed by experience. The repeated catching of colds so incident and fatal to consumptive persons, in this our most changeable climate, and the night tickling coughs, have to my knowledge been often highly aggravated by lying on ground floors.

The principal rule as to meat is, to avoid all such kinds as are any wise flatulent, viscid or acrid, to chuse such as are light and rather of an antacid nature, and most kinds of white flesh meats; and those who are not in a very low state may use moderately the lighter flat fish, soal and flounder; of the testaceous tribe, river and sea crabs, especially the claws of the latter.

All sorts of garden stuff, a few excepted, are well known to disagree with whey drinkers. The
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never failing consequence of eating any of the green sort especially, is, to generate such a degree of sour flatulency as distends the stomach and bowels and most effectually retards the passage of the whey either by urine or stool.

I have tryed experiments with them on myself and found this the consequence: besides, I have been taken with severe gripings and dysenteric stools. Fresh baked bread, has in a less degree the like effects. Celeri, Asparagus and Artichokes I have found pretty inoffensive. The rheumatic, gouty and scorbutic may use the warm alkaliescent sorts to advantage, hot Sallads, Onion, Leek, Radish, Garlick, and such like. Ripe fruit and acids are religiously to be avoided. As for drink, special care ought to be taken to chuse right good water: This, with or without wite, seems the only proper drink with meat, as all malt liquors, cyder and punch are very improper. I know of no general rule as to the sort of wine to be chosen; Claret in general is most agreeable. Particular cases admit of various other kinds, of which the attending Physician must judge. It's not to be expected that too free a use of Claret will be excluded from the society of Whey-drinking Gentlemen, more than other societies: too many instances occur of Gentlemen injuring themselves sensibly, sometimes drinking more Claret after dinner, than Whey before it, and sometimes a large quantity of each. They tell a story of a Gentleman, of a pretty full habit, who after leading this sort of life for some weeks, taking six or seven quarts of Whey before and two or three of Claret after a hearty dinner, fell down apoplectic on rising from table after one of these doses. A more effectual scheme to create a high Plethora, can scarce be devised.

Whey-drinkers soon learn the necessity of Exercise; for without this it lies heavy on the stomach and occasions remarkable heaviness, indolence, drowsiness, and does not pass freely. Walking about before breakfast, and riding after it is the usual method, in a whey-course, as well as during either medicinal courses, amusements and having the mind quite *degagé*, is a material circumstance: the patients are generally very careful in promoting innocent amusements, and perhaps find as solid pleasure from those rural ones as from the gay ones of the town.

I have frequently known the cold bath used with a whey-course, for seminal weaknesses mostly, but with indifferent success, as it very often occasioned a giddiness. I much suspect it is not a safe method to bath and drink whey at the same time, and never recommended it.

As to the quantity to be drank daily, different cases will require different doses. In general, the quantity prescribed by *Dioscorides*, *Aegineta* and others of the Ancients, answer best, being from one to three or four pints. Many stomachs will not bear above one, and even that prove emetic, till they are by degrees habituated to it. Large quantities seem to do harm in most cases. It ought in general to be drank near blood-warm.

The time of beginning to drink it varies according to the earliness or lateness of the season. About the the middle of *May* N. S. is the usual time of beginning it: about the 10th of *July* the Milk becomes thick of course, the Whey can't be got clear, and contracts such a rank taste, that few are able to use it longer.

SECTION V.

Diseases which drinking GOAT'S WHEY may be proper for.

DISEASES of the lungs, coughs and consumptions, whether under the appellation of phthisis, tabes or atrophia, are those to which, according to the commonly received opinions, whey drinking hath not without reason been chiefly appropriated: not but there are many others which repeated experience has vouched it good for.

If it is consider'd that Whey is a half animalized liquor, (tho' still partaking of the vegetable nature) and highly nourishing, as well as balsamic and demulcent, one can scarce withhold his assent that it promises being specifically proper in all sorts of decays, particularly where the lungs, the *officina sanguificationis*, are injured and incapable of duly perfecting the chyle.

What liquor can we suppose more proper to repair the lost nutritive quality of the blood, specifically to correct the highly septic acrimony of absorbed purulent sanies and to repair the wasted substance of the lungs? Whether a *Phthisis* is from a preceding inflammation, ending in suppuration, not improperly denominated an acute one: whether from little abscesses of the tracheal glands, or from a gleetyness of the glands, or the *Phthisis* only threatens by an *Hæmoptoe* appearing, either of florid, salt, arterial blood or dark coloured, clotted insipid blood: In short, whether the *Phthisis* is acute or chronical, from a predisposition in the habit, or brought on by hard living or external accidents, long experience has now taught us that Whey-drinking is the sheet anchor, but especially in the acute or galloping sort. I have known cases indeed, where experience gave the preference

rence to Assé's milk with *Pouhon* or *Bristol* water, in chronical *Phthises*. In most of such as I have been concerned in, I have advised that course after the Whey course was over, to excellent purpose. The acute kind won't easily admit it, especially the use of the *Spa* Water.

However in all kinds, where there is a disposition to spit blood, the first days of Whey-drinking are apt to renew the Hæmmorrhage, which previous bleeding ought to guard against, if the Patient's strength will possibly bear it. It always affected myself in this manner.

As to decays in general, it must be owned, that where there is an hereditary disposition, or even a personal tendency from infancy, they seem to be beyond the reach of art, unless change of climate may make an impression. In such cases I have known the Whey drinking prolong life, but not cure: but where winter colds, pleuritic disorders, errors in the non-naturals or external injuries, have carried the patient even as far as a hectic, such often return from it restored to perfect health and strength: I have known many such cases.

But in every supposable case, it's use is very precarious, nay injurious, after the *Diarhæa colliquativa* has once appeared. I have always observed that it had no other effect then, but by increasing this symptom to shorten life. Many such have been hurried off, without being able to travel home. I knew and was frequently concerned in, a good family, hereditarily subject to a sort of *Tabes*, such as we are told is endemial in several fenny counties in *England*, but not common here, who were all plentifully and carefully supplied with Goat's Whey every year, almost from the cradle, yet 7 or 8 Children died of it about the age of puberty: only one was saved, whose health

health I had the direction of for many years, and is now a man. He had a real *Gonorhœa non-virulenta* or natural gleet. (never I'm assured having lain with a woman,) debility in his back and was hectic, so that the disorder might perhaps be justly called a *Tabes Dorsalis*. He took Rhubarb and Styptic tincture with the Whey, and after it, drank Ass's or Mare's milk with Lime-water the rest of the year.

In hectics from ulcers after wounds or other external injuries I have known Whey to effect very speedy recoveries. If ulcers in any of the abdominal Viscera are the cause of a *Phtisis*, there is no doubt of its being proper. I had occasion to see very good effects from it in a case of very high hectic from an ulcer somewhere about the head of the *intestinum rectum*, which discharged itself into it, and yet could not I apprehend be properly termed a *Fistula*.

I have not had an opportunity of experiencing it's effects in ulcers of the kidneys or bladder.

There are every season cases of stubborn gleets in persons whose constitutions are shatter'd with venereal disorders and mercurial courses, and often attended with hectic symptoms who resort hither to be refitted, frequently with very good success, where they will submit to the rules of temperance and sobriety, but it may easily be conceived that many such persons can't bring themselves to submit to these conditions.

In the diabetes, Dr. Mead's *Serum Aluminosum* be admitted a good medicine; it might perhaps be very advantageously made of Goat's milk.

Whether it would prove a remedy in that sort of Scurvy, which *Lynd* calls the true Scurvy, I know not, but have had frequent opportunities
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of seeing it's effects on these eruptions on the skin commonly called scurvies (in which case also the ancients particularly mention it's use) where it seldom fails of being very serviceable, especially if the antiscorbutic Juices are used at the same time in such quantity as to keep the belly soluble.

I have a patient who has drank it in this manner these many years, to stave off an atrophy, apparently from a scorbutic cause with great success. Several persons who have drank it assert it's great efficacy in fixing the irregular gout, and that it is of equal efficacy with the *Bath* waters in that case. There may be many other cases in which it may be proper, when diseases are actually come on or well advanced, but *venientie occurrit morbo* seems in no case more applicable. Diætic regimen is no doubt among the chief instruments of preservation from diseases. Whey is a diætic medicine, and though it will often cure in a very agreeable manner when the disease is far advanced, yet it will probably operate with much greater certainly, if used in a preservative way, to rectify the natural or acquired bad disposition of the blood and juices. It does not require an extraordinary degree of sagacity to foresee a tendency to consumptions. The make of the thorax, the complexion, too great sprightliness, the hereditary disposition, but above all, young persons advancing too fast in their height; these should give the alarm and indicate, that unless the blood is kept pure, sweet, free from acrimony and a *plethora* avoided, an *Hæmoptoe* will probably come on, especially in females about fourteen. Goat's whey in such circumstances, used every year, has not perhaps it's equal: This I have seen frequently confirmed by experience. I have a patient just

now *June* 1757, drinking it, a young Lady of a thin habit, who had several attacks last winter of a tickling cough and pungent pain in the side, which came and went, but in *May* she had a return, attended with hectic rigors, heats and night sweats, of all which she is perfectly relieved by three weeks drinking. It had besides an effect on her, not uncommon, restoring the suppressed *Menses*, as hath been frequently observed in *Hectics*, no doubt by it's analeptic, restorative virtue, an effect which perhaps scarce any other medicine will produce, *Asses*' milk alone excepted, no not even the most subtle of the *Chalybeat* waters, which tho' blended with Milk, generally increase the heat and tension of the pulse, as I clearly saw in a very delicate case last winter.

I have indeed known the *Menses* restored by it in consumptions, after a long suppression, and yet the disorder prove fatal, but more tedious.

SECTION VI.

Of the Inconveniencies of Whey-drinking.

THAT Goat's Whey is a pleasant and most useful medicine, cannot be denied, yet like all others it has it's inconveniencies. Many of these, it must be owned, proceed from improper management; for it's very name, to the unexperienced, seems to speak it a simple familiar medicine that may be used in any case and without being confined to any rules: The contrary whereof has been experienced by many to their cost, nay is ever year experienced: tho' it is drank regularly, I have observed it injurious to three sorts of constitutions or habits. 1. To such as had
weak

weak nerves. 2. To such as had a thin pale watery blood, or were leucophlegmatic. 3. To the sanguine, corpulent and plethoric. 4. To many who have original weak nerves, are habitually affected with tremors, debility, spasms and cramps, colics, hysterics, nervous head-achs, giddyness, &c. What experience I have had declares, that Whey-drinking has disagreed with such, by renewing or increasing those complaints. I have seen where these were complicated with chronical *Phthifis*, that whilst the symptoms of the *Phthifis* decreased, during the Whey-course, great complaints attended of low-spirits, chilliness, indolence, drowsiness, &c. A very common effect of Goat's whey is, to occasion drowsiness; especially in the morning. Lying a bed after the first draught increases it very much; for it will have a real apparent narcotic effect. Perhaps it's passing quickly into the blood and increasing the fulness of the blood vessels, especially of the brain, may be the cause, according to the usual theory of accounting for the effects of *Opium*.

I first observed this effect on myself, who have feeble nerves, but afterwards I found many others affected in the like manner, those particularly of weak fibres and delicate habits. I don't know from experience that this has any bad consequences: on the contrary have often observed that persons thus affected by it, gained ground daily in their health. If the tone of the solid nervous system were really and actually impaired, it would be easily discovered afterwards.

This however is meant of hectical patients; for I have known it have lasting injurious effects on subjects of weak nerves who were not consumptive.

I have met with some cases of persons sent to use it, who were habitually of weak, lax stomachs,

machs, that daily generated large quantities of viscid, phlegmatic crudities. Whey remarkably increased the quantity of these, brought on inflations of the stomach, head-achs, lowness of spirits, feebleness, appetite quite lost, &c. I ordered them immediately to quit it. One Gentleman by my advice went to *Bath*, and there found the wish'd for remedy. These perhaps may be classed under the second Head.

It is not however, I apprehend, an universal rule, that it disagrees with all weak, watery blooded subjects; if they are consumptive, quite otherwise; but if not, it frequently has bad effects. Indeed I imagine it absurd to send such to it. If they want a restorative, let them stay at home and drink Ass's or Mare's milk with *Spa* water; an advice I have given with success.

3. As to sanguine, corpulent, and plethoric persons, it may be alledged that such seldom or never try it: the contrary however has happened within my knowledge. Such frequently come to it, chiefly for scorbutic ailments, or amusement: and if they would practise due evacuations and temperance, might reap benefit: but this is not always the case, as appears from the tragical history I have from good authority related above, of the unhappy Claret-prone gentleman who died apoplectic on swilling down large quantities both of Whey and Claret on the same day.

I have seen cases of plethoric persons, Whey drinkers, who have been in great danger of overfulness, till relieved by plentiful evacuations, which if neglected, fatal consequences followed. An elderly Gentleman had long been affected with a vertigo and dimness of sight: unhappily he was sent to drink whey. In a morning he was suddenly seized with his old complaints and a paralytic weak-

weakness of one side. I accidentally was present, but he refused my offered assistance, would not lose blood, in a few hours he was seized with shocking epileptic fits, which in one night gave effectual relief from all worldly cares. I dissected his brain and found amongst other things, a Hydadid, lying over the commissure of the optic nerve, apparently the cause of his old dimness of sight. I gave it as my opinion, that the Whey, by creating a plethora and filling this and other small hydadid in the brain, was the cause of his sudden fate. It seems to me a very proper rule, that no person affected, or even threatened with Apoplexy, Epilepsy, Vertigo, Palsy, or any of their subdenominations, ought to make free with Goat's whey: That this is not generally known is evident, from several such being sent to it by physicians of character, as I have known, and the above is an instance to this purpose. These diseases generally are owing to causes in the brain, which are always aggravated or brought into action by fulness of the blood vessels. Even tho' they should be complicated with consumptive hectic, I much doubt whether Whey-drinking be safe. *Bristol* water seems more eligible.

DOWNPATRICK, *July* 1757.

ADVERTISEMENT.

THE Compiler of the foregoing *Traëts* begs leave to inform his *Subscribers*, that he has, for several years past made collections of materials towards a *Specimen* of a natural *History* of the *County* of *Dublin* at the request of the late *Physico-historical Society*; but as he is well assured that divers particulars with regard to various *Earths*, *Clays*, *Marls*, *Sands*, *Spars*, *Crystals*, *Ores*, and other *Mines*, must have escaped his notice; if any public spirited persons who may be willing to encourage the *Work* will furnish him with any notable *Specimen* or *Specimens* of the above mentioned or other *Fossils* found in this *County*, he will endeavour to do due honour to such communication.

DUBLIN, July 1757.