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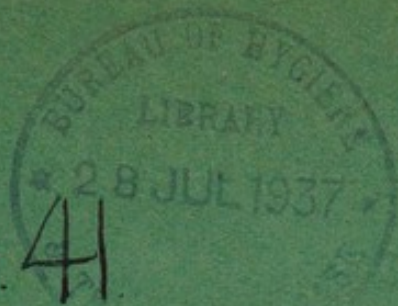
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*The*  
**NATIONAL COUNCIL**  
**FOR**  
**MENTAL HYGIENE**  
(Incorporated)

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**THIRTEENTH REPORT**

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**1936**

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*Registered Office :*  
**76 & 77, Chandos House, Palmer Street,**  
**LONDON, S.W. 1.**

(Telephone: VICTORIA 5907)



# LIST OF PUBLISHED REPORTS

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Annual Reports with Appendices.

MENTAL HYGIENE JOURNAL (contains summaries of Lectures, Papers given at Biennial Mental Health Conferences, Reviews, Notes on International Mental Hygiene Movement, News, etc.).

Précis of Evidence given before the Royal Commission on Lunacy and Mental Disorder.

Criminal Assaults on Young Persons.

The Treatment of Patients suffering from Neuroses, Psycho-Neuroses and Psychoses.

The Probable Causes of Mental Defect and Suggestions for dealing with them.

The Treatment of Young Offenders.

The Seconding of Nurses from General to Mental Hospitals and *vice versâ* in England and Wales.

The Probable Causation of Mental Disorder.

The After-Care of Mental Cases.

The Early Treatment of Persons suffering from Functional Nervous Disorders and Minor Mental Maladies.

Child Guidance.

The Proceedings of the First and Second Conferences on Mental Health.

Memorandum on the Persistent Offender.

School Life and Nervous Instability.

Occupational Therapy Conference Report.

Report on Psychiatric Social Service in Mental Hospitals in Great Britain and Ireland.

THE  
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THIRTEENTH  
ANNUAL REPORT

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(Telephone : VICTORIA 5907)



# THE NATIONAL COUNCIL FOR MENTAL HYGIENE (INCORPORATED.)

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## SUB-COMMITTEES.

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### Sub-Committee No. I.

(On the Prevention and Early Treatment of Mental Disorders.)

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Miss V. M. Dale.	Dr. R. L. Levinson.	Dr. R. Worth.
Miss Joan Evans.	Miss B. S. McFie.	

### Sub-Committee No. III.

(On Mental Deficiency, Crime, etc.)

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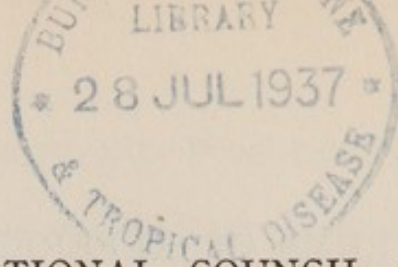
### Sub-Committee No. IV.

(On Publicity and Publications, etc.)

CHAIRMAN : Dr. T. S. GOOD, O.B.E.

ACTING HON. SECRETARY : Dr. GEORGE SOMERVILLE.

Dr. James Flind.	Dr. J. R. Rees.
Dr. David Forsyth.	Dr. J. H. Harley Williams.



## AIMS AND OBJECTS OF THE NATIONAL COUNCIL FOR MENTAL HYGIENE.

The activities of the National Council established in Great Britain embrace among others the following objects :—

(1) The improvement of the mental health of the community. This involves a closer and more critical study of the social habits, industrial life, and environments of the people, with a view to eradicating those factors which lead to mental ill-health and unhappiness, and the education of the public in all matters which favour or militate against good mental health.

(2) The study of the causes underlying congenital and acquired mental defect and disorder, with a view to their prevention. To further this, the Council will promote scientific investigation by competent workers.

(3) To secure a more important position for the study of psychiatry in the medical curriculum, and the closer association of psychiatry with general medicine ; to further the establishment of special clinics and out-patient departments for the early treatment of mental disorders ; to raise the standard of care and treatment in the public mental hospitals, and to remove legal formalities which tend to postpone the effective treatment of cases of mental disorder in their early stages, or to divorce the treatment of mental disorders from other diseases. By combating the prevailing ignorance and superstition regarding the true nature of mental disorder, it hopes to assist in removing the stigma which handicaps the future welfare of those who have been thus afflicted.

(4) The study of criminality, dependency, vagrancy, and prostitution, in so far as they are failures of adjustment by reason of mental disorder or defect. The Council will further investigate the extent to which expert medico-psychological examination of persons charged with crime can be of help in elucidating the problem of habitual criminality.

(5) The study of mental hygiene of child-life in relation to education and parental responsibility.

(6) The Council hopes to be the liaison between all societies, associations and other bodies interested in or concerned with mental hygiene, and so far as it can with advantage co-operate with them.



## TERMS OF REFERENCE OF THE SUB-COMMITTEES.

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### SUB-COMMITTEE NO. I : ON THE PREVENTION AND EARLY TREATMENT OF MENTAL DISORDERS.

" To secure for psychology and psychiatry a position in the medical curriculum more commensurate with their importance, and to further the closer association of psychology and general medicine ; to combat the prevailing ignorance and superstition with which the general public regard mental disease ; to educate medical students and nurses as to the true nature of mental disorder, and its intimate relationship to disorders of the body ; to further the establishment of clinics and out-patient departments for the early treatment of mental disorders, and to encourage social service in connexion therewith ; to remove formalities and prejudices which tend either to postpone the effective treatment of mental disorder, or to divorce its treatment from that of physical disease ; to encourage facilities for prophylactic treatment ; to study the mental hygiene of child life in relation to parental responsibility and education, and to emphasize the importance of a knowledge of psychology among school medical officers and teachers."

### SUB-COMMITTEE NO. II : ON THE CARE, AFTER-CARE AND TREATMENT OF THE MENTALLY DISORDERED.

" To encourage interest in the entry of patients into mental hospitals and in their subsequent care and treatment ; to raise the standard of general medical education of all those engaged in nursing the mentally disordered ; to investigate the existing arrangements for visiting in mental hospitals, and to facilitate the organization of After-Care ; to assist in removing the stigma which handicaps those who have been mentally ill ; to promote a closer liaison between the medical officers of mental hospitals and the general body of the profession."

### SUB-COMMITTEE NO. III : ON MENTAL DEFICIENCY, CRIME, ETC.

" To study the causes and prevention of mental disorder (in co-operation with other Sub-Committees as found necessary) and of mental deficiency ; to study criminality, dependency, vagrancy, prostitution, and allied social problems, in so far as these are failures of adjustment by reason of mental disorder or defect ; to inquire into the working of the Mental Deficiency Act and, where necessary, into such legislative measures as might have a bearing on these subjects, with a view to their amendment or revision."



## SUB-COMMITTEE NO. IV : ON PUBLICITY AND PUBLICATIONS.

“ To devise methods of bringing the work of the Council prominently before the public, and to constitute a direct link, through the Executive, between the Council and the general public; to consider schemes for raising money; to act as Editorial Board for the Council's Journal; to assist in the organizing of Conferences, Health Exhibitions, Lecture Courses, etc., from the point of view of public appeal; to prepare pamphlets and other publicity material and propaganda for the public.”

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## MEMBERSHIP.

*(Extract from Articles of Association.)*

There shall be two classes of members, namely : (a) Full Members, and (b) Associate Members.

1. A person desirous of becoming a member of the Association shall by notice in writing signify his desire to become a member, and shall in such notice state whether he desires to become a Full Member or an Associate Member, and if the Association shall approve such person as a member, his name shall thereupon be entered in the Register of Members of the Association (to be kept pursuant to Section 25 of the Companies (Consolidation) Act, 1908), as a Full Member or as an Associate Member, as the case may be.

2. A Full Member shall pay an annual subscription of ONE GUINEA, and an Associate Member shall pay an annual subscription of FIVE SHILLINGS.

3. Every new member shall pay the annual subscription appropriate to his class at the time when he gives notice of his desire to become a member.

4. The annual subscription shall (except as provided by Clause 3 hereof) be due and payable on the first day of January in each year.



5. Any member intending to withdraw from the Association shall signify his intention to do so in writing before the first day of January ; otherwise he shall pay his subscriptions for the current year, whether he shall have exercised or enjoyed any of the member's rights and privileges or not.

6. Only a Full Member shall be eligible to become a Member of the Committee.

7. Only Full Members shall be entitled to vote upon the election of Members of the Committee, each member shall have one vote and no more, whether on a show of hands or on a poll, and all votes shall be given personally.

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All members are entitled to the use of the Council's Library.

The subscription of Full Members includes the subscription to the Council's Quarterly Journal ' Mental Hygiene '.

Members receive notices of all lectures, meetings and conferences arranged by the Council.

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## ANNUAL REPORT OF THE COUNCIL FOR THE YEAR 1936.

THE period under review proved to be one of special activity for the Council and demonstrated an encouraging increase of interest in its work. The number of activities could have been even greater had the Council been in a stronger financial position, for which reason it is to be regretted that it is not always possible to utilize opportunities for mental hygiene propaganda. The Council is, however, greatly indebted to those members who responded to the special appeal made in December last, and particularly to Mr. W. F. Roch for a generous donation of £135, and to Mr. T. D. D. McMillan for the sum of £100. The amount collected has enabled the Council to meet outstanding debts, and to present a satisfactory balance-sheet for the year.

The Council makes an earnest appeal to all members for help in interesting others in its work and encouraging them to subscribe as regular members. It should be emphasized that as the Council is largely dependent upon the subscriptions of members, their support is alike its mainstay and its encouragement. During the year a detailed account of the Council's work over a period of two years, namely 1933 and 1935, was circulated to members, and this served to show the large amount of work that is carried out on a meagre budget and through the generous co-operation of voluntary workers. It is felt that a perusal of this document should convince all those interested both of the value of the Council's activities and its undoubted claim to public support.

**The Chairman.** In its last Annual Report the Council announced that, following on Sir Maurice Craig's death, Lord Southborough had consented to become Chairman for a limited period. At the end of the year under review, Lord Southborough, owing to business obligations abroad, felt obliged to relinquish the position of Chairman and



Hon. Treasurer, and the Committee received his resignation with deep regret—a regret which they feel sure will be shared by all members. Lord Southborough has been a familiar figure at meetings of the Council since the beginning of its history, and his valuable support and guidance have been a constant source of encouragement to the various Committees in their work. The Council is pleased to know that although Lord Southborough is unable to take as active a part as formerly in its work, it will continue to have the privilege of his help as a member of the General and Executive Committees.

It is with pleasure that the Council has to announce that Mr. W. F. Roch, who has for several years acted as Vice-Chairman, has accepted the position of Chairman and Honorary Treasurer, and that Dr. Helen Boyle, who as a founder of the Council has at all times given it such valuable help and support, has been elected Vice-Chairman.

During the period under review, the Council also received with regret the resignation of Dr. R. D. Gillespie, who has acted as Joint Hon. Secretary for a number of years. Dr. Gillespie found himself unable to give sufficient time to do justice to the work, but the Council continues to retain his valuable support as a member of the General and Executive Committees. It has pleasure in announcing that Dr. George Somerville, who has acted for several years as Hon. Secretary of the No. 2 and No. 4 Sub-Committees, has been elected Joint Hon. Secretary with Dr. Odlum.

#### **Fourth Biennial Mental Health Conference.**

The Council's Fourth Biennial Conference took place at the Central Hall, Westminster, from January 23–25, 1936. This event was overshadowed by the lamented death of King George V, which took place almost on the eve of the opening of the Conference. Arrangements had so far progressed that a postponement was not considered desirable, but the Luncheon for delegates, at which the Minister of Health was to have been the guest of honour, was cancelled.

The Conference was extremely successful and well attended: 324 delegates were appointed by local authorities and voluntary organizations, showing a substantial increase in the number for previous years. This was partly accounted for by the support



of the Board of Education in sanctioning for the first time the expenses of delegates from local education authorities, owing to the inclusion in the programme of special sessions having a direct educational value and interest. Sessions were also held on "Mental Hygiene and International Relations", "The Organization and Correlation of Mental Health Services in Local Areas", "Problems of Marriage and the Establishment of Courts of Domestic Relations", and "The Priest and the Doctor in the Treatment of Nervous and Mental Disorders". The following speakers contributed papers: The Rt. Hon. Lord Allen of Hurtwood, Dr. Helen Boyle, Dr. William Brown, Miss J. A. Callard, Dr. Crichton-Miller, Miss Evelyn Fox, Dr. T. S. Good, Dr. R. G. Gordon, Miss Grace Hadow, Miss F. Hawtrey, Mr. G. A. Lyward, M.A., Dr. Emanuel Miller, Dr. Maria Montessori, Mr. Claud Mullins, Prof. Ralph M. Picken, The Rev. Canon T. W. Pym, D.S.O., Mrs. Neville Rolfe, Mr. R. E. Roper, M.A., M.Ed., Mr. Z. F. Willis and Miss M. Withers.

In addition to official delegates, a large number of members of the Council and of the general public attended the Conference, and each session attracted crowded and keenly interested audiences. The Conference gave a great impetus to the work of the Council and brought in many new members.

A report on the Conference and the papers given were published during the year in the quarterly Journal of the Council, 'Mental Hygiene'. The Council wishes to record its indebtedness to the Publicity Committee (now re-named No. 4 Sub-Committee) and the No. 1 Sub-Committee for their valuable help in connexion with the Conference arrangements and for drawing up the programme.

#### **Fourth European Mental Hygiene Reunion.**

At the invitation of the Council, this Reunion was held in London from October 5-8, 1936. A special Sub-Committee was formed by the Council to deal with all the arrangements, and through the kind offices of Sir Laurence Brock, Chairman of the Board of Control, the Ministry of Health consented to lend their Conference Room for the Reunion, and H.M.'s Government held a reception for the foreign delegates at Lancaster House on October 6. Thirty-eight delegates representing fifteen European countries and Councils for Mental



Hygiene were present, in addition to members of the Council and the general public. The programme was as follows :

*Inaugural Session :*

**“ Mental Hygiene and the Cinema.”**

Chairman : W. F. Roch, Esq.

Speakers : Dr. Jakob Billström (Sweden) ; Dr. A. Repond (Switzerland) ; Prof. G. Vermeylen (Belgium).

The Discussion was opened by W. Farr, Esq. (Assistant General Manager, The British Film Institute).

*Second Session :*

**“ Mental Hygiene and the Nurse.”**

Chairman : The Rt. Hon. The Earl of Feversham, J.P.

Speakers : Dr. Hans Roemer (Germany) ; Prof. Viktor Wigert (Sweden) ; Dr. Heinrich Kogerer (Austria).

The Discussion was opened by Miss E. L. Macaulay, O.B.E., R.R.C. (Matron, Kent County Mental Hospital).

*Third Session :*

**“ Mental Hygiene and the School.”**

Chairman : Sir Laurence Brock, C.B.

Speakers : Dr. K. H. Bouman (Holland) ; Dr. J. R. Rees.

The Discussion was opened by Dr. G. Heuyer (Paris).

H.R.H. The Duke of Kent, President of the National Council for Mental Hygiene, formally opened the Reunion, and graciously consented to have a number of the foreign delegates presented to him. The Minister of Health, The Rt. Hon. Sir Kingsley Wood, also supported the meeting by his presence and spoke at the opening ceremony.

A number of excursions were arranged in connexion with the Reunion, and delegates and members visited the following institutions, where they were entertained to luncheon or tea :



Royal Bethlem Hospital, Horton Mental Hospital, The Manor (Mental Deficiency Institution), Long Grove Mental Hospital, West Park Mental Hospital, Ewell Mental Hospital, The Cassel Hospital for Functional Nervous Disorders, Shenley Hospital, St. Albans, Cell Barnes Mental Deficiency Colony, The Maudsley Hospital, The Tavistock Clinic, and the Lady Chichester Hospital, Hove.

A reception was held by the Council at the Wellcome Museum on October 5, and Mrs. I. M. Sieff generously gave an At Home on the same date at Brook House, Park Lane, W. 1.

The Reunion was extremely successful, and the foreign delegates were all highly appreciative of the arrangements made for their welcome. In addition to providing an opportunity for hearing opinions and obtaining information on mental hygiene activities abroad, the Reunion was the means of establishing new and cordial contacts with many of the European Councils, and of cementing the unity of the international aspect of the Movement.

The Council was gratified at the wide Press publicity accorded to the Reunion, and has noted with pleasure not only the increasing attention devoted by the Press to mental hygiene matters, but the enlightened attitude of journalism generally to this important subject. This improvement should do much to aid the Council in its work, and to stimulate the public to a more serious recognition of the principles of mental health.

It is difficult for the Council adequately to express its gratitude to all those who so generously gave hospitality to many of the foreign delegates during their stay in London, and who thereby made possible the representation of a large number of Mental Hygiene organizations. It would refer especially to Dr. and Mrs. F. Shirley Adams, Lady Florence Barrett, Dr. and Mrs. Leonard Browne, Dr. Helen Boyle, Miss Edith Corry, Dr. H. Crichton-Miller, Miss Violet M. Dale, Dr. and Mrs. David Forsyth, Dr. and Mrs. R. D. Gillespie, Dr. and Mrs. G. W. B. James, Mrs. Charles Masterman, Dr. Doris Odlum, Dr. and Mrs. Burnett Rae, Dr. and Mrs. J. R. Rees, Dr. and Mrs. W. R. Reynell, and Dr. Amy M. Thoms. The Council also records its gratitude to the Wellcome Foundation, Ltd., for allowing a reception to be held at the Wellcome Museum, to the Government Hospitality Fund, to Mrs. I. M. Sieff, Dr. Helen Boyle, the



President, Treasurer and Governors of the Royal Bethlem Hospital, the Visiting Committee of the Middlesex County Council, and the Medical Superintendents of the Hospitals visited during the Reunion for their valuable co-operation in connexion with the arrangements and for the generous entertainment provided for the delegates. The Council also wishes to record its deep appreciation of the valuable help accorded by members of the Special Sub-Committee appointed to deal with the Reunion arrangements, namely, Sir Laurence Brock, C.B., Sir Hubert Bond, K.B.E., Miss Edith Corry, Dr. H. Crichton-Miller, Mr. R. H. Curtis, Dr. J. R. Rees, and the hon. officers of the Council as *ex-officio* members.

**The Feversham  
Committee on the  
Voluntary Mental  
Health Services.**

This Committee, under the Chairmanship of the Earl of Feversham, arose out of a general feeling that the voluntary mental health services of the country were suffering from a lack of co-ordination. Its object is to prepare a report which shall embody suggestions for eventually bringing together, on a national basis, all the voluntary mental health services in the United Kingdom. The Council was one of the bodies concerned in the initiation of the Committee, and has been actively engaged during the year in preparing memoranda for submission to the Committee, whose report is expected to be published in 1937.

**Lectures and  
Meetings.**

A course of four popular lectures on mental hygiene subjects was organized by the Council in collaboration with the Oldham Council for Mental Health, and held at the Town Hall, Oldham, on Thursdays from March 5 to 26, 1936. The following speakers took part in the course: Dr. Denis Carroll, Dr. Crichton-Miller, Dr. J. E. Nicole and Dr. Doris Odlum.

The Council was also asked to provide speakers for a course of lectures on the mental development and training of the child, arranged by the Medical Officer of Health of Oswestry for parents and school teachers, and Dr. Elspeth MacLeod and Mrs. Margaret Hay kindly consented to give the lectures on behalf of the Council.



Applications were received during the year for speakers to address various organizations, and the following kindly gave lectures on behalf of the Council :

Inner Wheel Club, Grays, Essex	Dr. R. Lucas Levinson.
Royal Empire Society (Social Service Group Meeting) . . .	Dr. William Brown.
West Islington Conservative and Unionist Association :	
(Women's Meeting) . . .	Dr. Doris Odium.
(Men's Meeting) . . .	Dr. George Somerville.

The following resolution was forwarded by the Council to the National Council of Women for their Annual Meeting and Conference, held at Southport from June 29 to July 3, 1936, and appeared on the final agenda :

“ That the National Council of Women request H.M.'s Government to investigate the great need for the provision of small establishments in connexion with Municipal Hospitals, under proper psychiatric direction with special facilities for the in-patient treatment of early and/or mild cases of nervous and mental disorder, and urges that these establishments should be staffed by specially trained nurses including some with a knowledge of occupational therapy.”

It is satisfactory to note that this resolution, which was subsequently adopted, is receiving marked attention, and there is an increasing move to establish special in-patient departments for early cases of mental disorder in some of the large general hospitals—an example which it is hoped will soon be adopted throughout the country. In view of the fact that there appear to be safe grounds for asserting that not less than one-third of the incapacitating illnesses of the country are due to mental causes, there is an undoubted and urgent need for the provision of greater facilities for persons suffering from early nervous disorders as opposed to the more severe and chronic cases, for whom more adequate facilities for treatment already exist.



**Representation of  
the Council on  
other Bodies.**

The Council is indebted to the following members for their valuable assistance in acting as the Council's representatives during 1936 on various other organizations, namely :

	Representatives.
Joint Committee on Voluntary Sterilization . . . . .	{ Dr. Neill Hobhouse, Dr. Doris Odlum.
Central Association for Mental Welfare . . . . .	Dr. W. A. Potts.
Home and School Council of Great Britain . . . . .	Miss Evelyn Fox.
Committee of the Ten-Year Plan for Children . . . . .	Miss E. M. Fox.
Committee on Social Services in Mental Health . . . . .	Dr. George Somerville.

**Health Week  
Exhibitions.**

The Council has had under consideration plans for providing a permanent constructive exhibit for Health Week Exhibitions which will be of an instructive and interesting character, and its newly constituted No. 4 Sub-Committee (previously known as the Publicity and Publications Sub-Committee) has been entrusted with drawing up plans which it is hoped to put into effect during 1937. The value of these exhibitions in bringing information regarding mental health services and activities before a public not ordinarily reached by other means is fully recognized, and the Council's contribution to these exhibitions should prove of considerable public service.

**The Journal.**

A marked increase in the number of subscriptions to the Journal occurred during the year. This was partly due to the public interest in the Council's Biennial Conference and the European Reunion. Arrangements were made for new interchanges of publications with various bodies abroad. Although it is felt that this publication has made rapid progress during the short time in which it has been established as a regular quarterly, many more subscriptions are required to meet the printing costs, which at present constitute a severe drain on the Council's resources. Members are earnestly



urged to assist the Council by making the Journal known by handing on their copies. If application is made to the Office, specimen copies will gladly be sent to any addresses given.

**Joint Committee  
on Sexual Offences.**

During the year the Council received and considered the published report of the Joint Committee on Sexual Offences, on which it was represented by Dr. R. D. Gillespie, who prepared for the Committee a memorandum on the "Need for a Medical-Mental Examination of Persistent Sexual Offenders".

**Changes in  
Membership.**

The Council regrets to report the loss by death of 9 Members during 1936. During the same period 25 Full Members and 10 Associates joined the Council, and 7 Full Members and 8 Associates resigned, which left a total membership at December 31 of 451.

**Thirteenth Annual  
General Meeting.**

The Council's 13th Annual Meeting was held on Tuesday, June 30, 1936, at the Hall of the Royal Society of Tropical Medicine and Hygiene, 26, Portland Place, London, W. 1, Mr. W. F. Roch being in the Chair. The notice convening the meeting and the Report of the Hon. Auditors were read by Dr. R. D. Gillespie, and the Minutes of the 12th Annual General Meeting were confirmed and signed.

The Chairman, in moving the adoption of the Report and Accounts for the year ended December 31, 1935, referred to the fall in income during the period under review. This was principally due to the unanticipated postponement of the Fourth Biennial Mental Health Conference, and the consequent inability of the Council to undertake other activities in the autumn of 1935, which might have been expected to provide some financial profit. The motion was seconded by Dr. W. J. T. Kimber and carried unanimously.

A report on the year's work of the No. 1 Sub-Committee was given by Dr. Crichton-Miller, who referred in particular to the value of the Press Service which was being established by the Council on their recommendation, and a report on the No. 2



Sub-Committee's work was presented by Dr. Murdo Mackenzie. The report of the No. 3 Sub-Committee was received, and Dr. Odlum spoke on the Council's propaganda activities.

The following members of the Committee, retiring by rotation, were unanimously re-elected :

Sir Hubert Bond.	Dr. T. S. Good.
Dr. A. Helen Boyle.	Prof. D. K. Henderson.
Dr. James Chambers.	Dr. Murdo Mackenzie.
Lord Dawson of Penn.	W. F. Roch, Esq.
Dr. Henry Devine.	R. E. Roper, Esq.
Miss Evelyn Fox.	Miss E. Vickers.
Dr. R. D. Gillespie.	Dr. R. Worth.

The Honorary Solicitors, Messrs. Charles Russell & Company, and the Honorary Auditors, Messrs. Barton, Mayhew & Company, were unanimously re-elected for the ensuing year, and it was resolved that the Council's warm thanks be conveyed to them for their continued services.

Following a short discussion, the meeting terminated with a cordial vote of thanks to the Chairman for presiding, proposed by Dr. W. W. Shrubshall.

In accordance with the custom of previous years, after a short interval for tea an open meeting, which was attended by a large audience, took place at which an illuminating address on "Mental Hygiene and Preventive Medicine" was given by Dr. Crichton-Miller.

#### **Work of the Sub-Committees.**

Separate accounts of the work of the Sub-Committees during the period under review are appended to this report; and the Council has pleasure in publishing also a report received on the year's work of the Oldham Council for Mental Health, to which body it is affiliated.

#### **Acknowledgments.**

It is the Council's privilege to record its grateful thanks to Mr. W. F. Roch for his valuable services as Chairman and Hon Treasurer, to Dr. Helen Boyle, the Honorary Secretaries, the Chairmen and Honorary Secretaries of the Sub-Committees, as well as those to whom



reference has been made elsewhere in this Report. It would refer especially to the continued and untiring efforts of Dr. Doris Odlum on behalf of the Council, and her valuable help in connexion with the Conferences and other activities during the year. The Council also wishes to record its continued indebtedness to Dr. George Somerville, Dr. R. Lucas Levinson and Dr. G. F. Peters for valuable assistance in reviewing books for the Journal, to all those who have kindly lectured for the Council in London and elsewhere, to Miss Rosamund Rashleigh and Miss Mary D. Laskey for their generous help with clerical work, also to Mrs. Radice Constable and Mrs. J. V. Thompson and their band of helpers for the assistance given at the Council's Conference and the European Mental Hygiene Reunion.

**Secretariat.** The Council wishes once again to record its great appreciation of the valuable and unsparing services of the Secretary, Miss de Vere Hunt. The arrangements for the two Congresses held during 1936 involved a great amount of additional responsibility and work, which she carried out with the greatest efficiency and devotion.

DORIS ODLUM,  
GEORGE SOMERVILLE,  
*Joint Honorary Secretaries.*

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## REPORTS OF SUB-COMMITTEES.

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### SUB-COMMITTEE No. I.

#### ON THE PREVENTION AND EARLY TREATMENT OF MENTAL DISORDERS.

The Sub-Committee held eleven meetings during 1936, with an average attendance of ten members. Dr. Crichton-Miller was re-elected Chairman, and Dr. Amy Thoms Honorary Secretary for the year.



**The Relation of  
the Press to  
Mental Health.**

The National Council for Mental Hygiene Press Bureau was established on the lines described in the Report of No. 1 Sub-Committee for 1935. A panel of seventeen medical and lay specialists undertook to deal with such questions as should be referred to them. Arrangements were made for a twenty-four hours' service, the work during office hours to be done through the Council's office, and at other hours by two doctors, who desire their anonymity to be preserved, and to whom the organizers are much indebted for invaluable help. After delays due to unforeseen and unavoidable causes, the Bureau started work in July, 1936. The name of the National Council for Mental Hygiene was mentioned in every case in the account published. At first an encouraging number of inquiries was received, but it is regretted that towards the end of the year these dwindled to vanishing point. The Press Association stated that they would be willing to receive short articles, which they could not pay for but would undertake to distribute. Some dissatisfaction has been expressed by the specialists who have given their opinions as to the garbled or unsatisfactory manner in which these have been reported on some occasions by certain newspapers.

It is felt that the use and abuse of this press service constitute important indices of the attitude of journalism to ideals of Mental Hygiene. Another important item of propaganda consists in the placing in the popular press of articles written by experts. This enterprise is beset with difficulties, but the efforts of the Sub-Committee are being continued.

**Mental Health  
Education by  
Local Authorities.**

Since the same facilities are not at present available for education in mental as in physical health, it was resolved by the Sub-Committee, after discussion, that the Chairman and one member should interview the Chief Medical Officer to the Ministry of Health on the possibilities of co-operation for mental health prophylaxis. It was considered desirable to connect it with the work of Medical Officers of Health rather than Education Authorities or Mental Hospital services, and it was hoped to approach the County Councils on



the subject. The outcome of this visit was to emphasize the administrative difficulties to be overcome. Another member eventually interviewed the Secretary of the County Councils Association, and was sympathetically received, but it was found necessary to ascertain the views of the County Medical Officers' Association before taking action. An opinion had meantime been obtained that under the 1926 and 1928 Acts, mental health teaching, if desired, could be supplied through the Public Health Department. This problem seems, however, to have been solved by a recent concordat between the Royal Medico-Psychological Association and the British Medical Association, which promotes the establishment by local authorities of Mental Health Committees as distinguished from Mental Hospital Boards or Committees. It is to be hoped that these steps, taken by two important sections of the profession, will lead to a notable increase of Mental Hygiene propaganda.

**Propaganda  
through Social  
Organizations.**

It was decided to try to utilize such bodies as the Women's Institutes, the Workers' Educational Association, the Y.M.C.A. and Y.W.C.A., and various young people's organizations, for mental hygiene propaganda. In view of the success which has attended occasional lectures and a few systematic courses of lectures held under similar auspices, it is the opinion of the Sub-Committee that such lecturing should be promoted on a much more extensive scale, even if this should involve additional administrative burdens for the National Council for Mental Hygiene. Two members of the Sub-Committee visited organizations in this connection, and thirteen juvenile organizations were invited to send representatives to a round-table discussion held on November 10, 1936, at which an interesting discussion took place, although the attendance was disappointing. Lists of syllabuses and possible lecturers have been submitted, but discussion has been held over until the Council shall define its attitude to the medical and to the lay worker. It was found that the Juvenile Organizations Committee of the Board of Education would probably be available as a channel of communication with its constituent organizations for mental health propaganda.



### Alcoholism and Drug Addiction.

The Sub-Committee has taken great interest in these subjects, and a medical member of the Home Office staff attended one of its meetings and gave valuable help. The latter quoted figures of admissions, showing that at present very few persons take advantage of the provisions of the Inebriates' Act of 1879. Contradictory opinions were also obtained from two lawyers as to the results of detaining such a patient against his will for treatment. It is hoped to interest the Royal College of Physicians in the matter, and eventually to obtain a Government inquiry into the question.

H. CRICHTON-MILLER,  
*Chairman.*

AMY M. THOMS,  
*Honorary Secretary.*

### SUB-COMMITTEE No. II.

#### ON THE CARE, AFTER-CARE AND TREATMENT OF THE MENTALLY DISORDERED.

In the year 1936 the Sub-Committee met on nine occasions. Dr. Murdo Mackenzie was re-elected Chairman, and Dr. George Somerville Honorary Secretary. On the election of the latter to the position of Joint Hon. Secretary of the Council, Dr. E. E. Rollins was chosen to succeed him, but increasing difficulty of attendance owing to other work made it necessary to find a substitute, and Dr. G. F. Peters was appointed in his stead.

Seven new members were elected :

Dr. James Flind.	Miss M. E. Martin.
F. W. Humphrey, Esq.	Dr. E. E. Rollins.
Miss B. S. McFie.	Dr. W. W. Shrubshall.
Miss E. Muir Mackenzie.	

The meetings were well attended and were marked by enthusiasm and goodwill. A noticeable feature was the extent to which all those present joined in the discussions ; and as each could speak with authority on some particular aspect of the matter under consideration, the result was an exchange of views



which was mutually instructive to medical and lay representatives alike. Such an informative interchange of ideas cannot have failed to help those concerned in their earnest endeavours to further the ideals of mental hygiene, and to enhance the value of their recommendations on matters dealt with in Committee.

### **The Training of Mental Nurses.**

The training of the mental nurse was the subject of further discussion, and the opinion was expressed that the selection and engagement of nurses should be vested more than it is at present in the Matron of the Hospital. The pre-requisite condition for this would be the choice of a suitable Matron ; and it was felt that the selection of a Matron should largely be determined by women members of the Hospital Committee of Management. It was considered that conditions of service should be so framed as to attract a good type of woman for mental nursing ; and that nurses should be encouraged to take the State Examination and the General Nursing Certificate ; and that such proficiency should be rewarded by increased opportunities for promotion. So many important considerations emerged that it was decided to give further attention to the question at a later date.

### **Parliamentary Proposals regarding Mental Treatment.**

These proposals, which were submitted by the Lady Constance Malleson and referred to the No. 2 Sub-Committee by the Executive Committee, were carefully studied in detail, and a report of the Sub-Committee's findings was drawn up to be forwarded to the Executive Committee.

### **Mental Hospital Libraries.**

The organization of mental hospital libraries was exhaustively considered, and suggestions were adopted for making better use of the splendid facilities already provided by the British Red Cross Society and Order of St. John's Librarians. Among other matters of detail it was suggested that hospital authorities should be approached with a view to their providing a central library in each hospital ; and that they should be asked to allow visiting librarians to distribute books in their hospitals under the direction of the existing hospital librarians. Further questions of detail were referred for discussion at a later date.



**The Care of the  
Mentally  
Unsound.**

The Committee had under consideration the question of the care of the mentally unsound who for various reasons do not receive expert treatment. It was recognized that there are classes of patients who do not come under proper treatment, but who remain at home or at large to their own detriment and to the misery of their families and acquaintances. Many interesting points were raised in the course of this discussion, but the means suggested for coping with the problem were so far-reaching that further consideration was deemed advisable before any definite recommendations could be formulated.

**Constitutions and  
Powers of Lay  
Committees.**

This question was discussed in relation to the method of appointment of hospital committees of management; *e.g.* how far selection is determined by special aptitude for the task, or by other considerations such as politics. The powers of lay committees and the relationship that exists between them and medical superintendents were touched upon; but it was recognized that all these matters would require careful examination before any profitable conclusions could be reached.

**Lord Memorial  
Prize Essay.**

This annual competition was organized by the Sub-Committee at the request of "The Society of the Crown of Our Lord", who founded the prize in memory of the late Lt.-Col. J. R. Lord, C.B.E., M.D. The Chief Officer of the London County Council Mental Hospitals Department kindly co-operated in establishing the competition, and in this, the first year of its inauguration, a gratifying number of essays was received. Many of them showed a high standard of efficiency both in matter and composition which reflected great credit on the participants, and was evidence of the improvement in mental nursing which the competition was designed to encourage.

As in former years, the meetings of the Sub-Committee have been held at the house of Miss V. M. Dale; and this opportunity is taken to tender to Miss Dale the Sub-Committee's hearty thanks and appreciation of her hospitality.



Final expression has yet to be given to many of the decisions with which the Sub-Committee has been occupied. But the problems presented to it have received that patient and enlightening investigation which should prove to be of more lasting value than immature results hastily achieved.

MURDO MACKENZIE,  
*Chairman.*

G. F. PETERS,  
*Honorary Secretary.*

### SUB-COMMITTEE No. III.

#### ON MENTAL DEFICIENCY, CRIME, ETC.

During the year Dr. Douglas Turner, who had been its Chairman since June, 1932, resigned from the Sub-Committee owing to pressure of work, and Dame Katharine Furse was appointed Chairman in his stead. At the same time Dr. Denis Carroll, who had joined the Sub-Committee in 1935, was appointed Joint Honorary Secretary, and will devote special attention to the delinquency aspects of the Sub-Committee's work.

#### **Feversham Questionnaire.**

In common with the other Sub-Committees of the National Council, Sub-Committee No. 3 has had under consideration the very comprehensive questionnaire of the Feversham Committee on the Voluntary Mental Health Services, and has submitted suggestions for its consideration with especial reference to the problems of mental deficiency.

#### **Treatment of Delinquents.**

Two meetings of the Sub-Committee have been held under the Chairmanship of Dame Katharine Furse to consider the psychotherapeutic treatment of delinquents, and it is hoped to publish a full report not only on the use of psychotherapy but also on the scope and success of other forms of treatment in dealing with these persons.



The Sub-Committee is indebted to Dr. Denis Carroll and Dr. Rowland Hill for their hospitality in providing accommodation for its meetings.

KATHARINE FURSE,  
*Chairman.*

DENIS CARROLL,  
H. FREIZE STEPHENS,  
*Joint Honorary Secretaries.*

#### SUB-COMMITTEE No. IV.

##### ON PUBLICITY AND PUBLICATIONS, ETC.

During the year the Publicity and Publications Sub-Committee was re-constituted by the Executive Committee under the title of No. 4 Sub-Committee, and its terms of reference defined in greater detail as set forth on p. 7 of this Report. Several new members were also elected.

The Sub-Committee was occupied during the period under review with the arrangements in connexion with the Fourth Biennial Mental Health Conference, but few meetings were held during the latter part of the year, as the Council was principally occupied with the organization of the Fourth European Mental Hygiene Reunion, for which a special temporary Sub-Committee was appointed by the Executive.

Reference is made in the main Report to the Council's decision to prepare a permanent and more constructive exhibit for Health Week Exhibitions. This matter is at present under consideration by the Sub-Committee, also such questions as the organization of lecture courses and the preparation of propaganda leaflets and literature.

The Sub-Committee wishes to record its grateful thanks for Dr. Odlum's continued hospitality.

GEORGE SOMERVILLE,  
*Acting Honorary Secretary.*



## THE OLDHAM COUNCIL FOR MENTAL HEALTH.

(Affiliated to the National Council for Mental Hygiene.)

Hon. Secretary: Miss ELIZABETH MARTLAND, Lyndhurst,  
Queen's Road, Oldham.

### Report for the Year 1936.

During the year the Council was occupied with the completion of its constitution and administrative machinery, and at the Annual Meeting the election of twelve members of the General Committee to act as an Executive Committee was approved.

Educational work formed a large part of the year's activities. In March four lectures were arranged with the help of the National Council for Mental Hygiene, and the following was the list of speakers and subjects:

- "Mental Disorders of Everyday Life": Dr. J. E. Nicole (Deputy Medical Superintendent, Lancashire County Mental Hospital, Winwick).
- "Mental Health and Family Life": Dr. H. Crichton-Miller (Founder and Senior Hon. Physician, The Tavistock Clinic).
- "Juvenile Delinquency": Dr. Denis Carroll (Co-director, The Institute for the Scientific Treatment of Delinquency).
- "Psychology and the Teacher": Dr. Doris Odlum (Joint Hon. Secretary, The National Council for Mental Hygiene).

In the autumn the Council had two excellent lectures from local experts. Mr. Royds, Assistant Director of Education and Chairman of the Executive Committee, gave an address on "The Local Problem of Juvenile Delinquency", the subject of his recent investigation and report. This lecture attracted so much favourable comment that the *Manchester Guardian* invited the speaker to write a special article on the subject, which was subsequently published. Dr. Maher, Medical Superintendent of the Oldham Municipal Hospital, who gave the second lecture, spoke on "Physical Health and Mental Disease". With the



help of these speakers the discussions were continued at a later date at meetings in the form of Study Circles, where use was made of selected press-cuttings in order to correlate impressions with those of workers in other parts of the country. These evenings, which were of an experimental nature, proved extremely stimulating, and it is hoped to hold more in the future.

In addition to these lectures, informal addresses have been given by the Council to members of other organizations, such as the Rotarians, Parents' Associations and Sunday Schools. Educational work is also being undertaken by the circulation of magazines, reports and other publications concerning various aspects of mental health.

Of Conferences attended by members of the Council, the most important was the Fourth Biennial Mental Health Conference organized by the National Council for Mental Hygiene. Much valuable information was obtained from the papers and the discussions, and the Council's delegates were introduced to distinguished experts who were able to help and advise them. The Oldham Council for Mental Health received many warm-hearted compliments, which made it feel all the more anxious to justify them in the future. The delegates also made the acquaintance of enthusiasts from other parts of the country, who have since furnished them with useful data, and they came back feeling that their visit had been a fruitful one.

In October last, three delegates of the Council attended the Fourth European Mental Hygiene Reunion in London, which proved extremely interesting, providing as it did insight into opinion and practice abroad. One of the most valuable features of this Reunion was a series of visits to outstanding institutions for patients suffering from mental or functional nervous disorder. The delegates had many helpful conversations, which brought them fresh light on the Council's own problems.

Among other meetings attended, mention should be made of the visit to Manchester of Dr. Burns, Medical Superintendent of the Birmingham Child Guidance Clinic, a municipal venture which made the Council hope for something of the kind in Oldham. In July three members of the Council made an expedition to Lowdham Grange Borstal Institution, bringing back glowing accounts of the humane and enlightened system in operation there.



Many interviews have taken place in the course of the year. There has been much correspondence with other organizations, and liaison work with clinics and hospitals. On several occasions the Council has contributed letters to the *Manchester Guardian* and other newspapers. Individual cases appealing for advice and help have been placed in touch with those best qualified to give it.

The Council's thanks are due to the many friends who have helped to forward the work during 1936—to the Borough Council for its continued support, and the Town Hall officials for their kindly co-operation ; to the local press for its sympathy and generosity ; to the Council's own members and others who work so hard for the success of the lectures ; and not least to the National Council for Mental Hygiene for never-failing goodwill and ready assistance.

The Council has an uphill task to fight in Lancashire, with its teeming population, overcrowded mental hospitals, and lack of money to pay for the reforms which are so ardently desired for those in urgent need of treatment. But the Council is convinced that with continued and earnest effort reforms will come. The mentally ill cannot plead for themselves ; those who are also delinquents do not know how to help themselves—in the better sense of that ambiguous phrase. There is no end to the work that lies before the Council while their problems remain unsolved and needless suffering continues in our midst.

ELIZABETH MARTLAND,  
*Hon. Secretary, Oldham  
Council for Mental Health.*

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# THE NATIONAL COUNCIL FOR MENTAL HYGIENE (INCORPORATED).

## Dr. BALANCE SHEET, 31ST DECEMBER, 1936. Cr.

To CREDITORS AND AMOUNTS RECEIVED				BY CASH AT BANKERS AND IN HAND—			
IN ADVANCE—				At Bankers ...			
Subscriptions in advance ...	...	14	7 0	In hand ...	...	...	134 1 5
Subscriptions for <i>Mental Hygiene</i> received in advance ...	...	2	18 1		...	...	10 2 6
Sundry creditors ...	...	177	16 1				
							144 3 11
To COLONEL J. WALEY-COHEN FUND				BY COLONEL J. WALEY-COHEN FUND INVESTMENT—			
<i>Note.</i> —This Fund was created by a gift of £50 5% War Loan 1929/47, the Income to be applied to Subscriptions.				£50 3½% War Stock at cost (market value £52 15s.) ...			
			195 1 2	BY DEBTORS AND DEPOSIT ...	...	...	49 17 6
			49 17 6	BY OFFICE FURNITURE AND EQUIPMENT—	...	...	7 11 4
				As at 31st December, 1935 ...	...	...	41 9 10
				BY INCOME AND EXPENDITURE ACCOUNT—			
				Debit Balance as at 31st December, 1935	66 11 3		
				Less Excess of Income over Expenditure for the year per attached Account ...	64 15 2		
							1 16 1
							<u>£244 18 8</u>

### TO THE MEMBERS OF THE NATIONAL COUNCIL FOR MENTAL HYGIENE (INCORPORATED).

We have audited the above Balance Sheet dated 31st December, 1936, and have received all the information and explanations we have required. In our opinion such Balance Sheet is properly drawn up so as to exhibit a true and correct view of the state of the Council's affairs according to the best of our information and the explanations given to us and as shown by the books of the Council.

Alderman's House, Bishopsgate, London, E.C. 2.  
7th June, 1937.

BARTON, MAYHEW & Co.,  
Chartered Accountants,  
Hon. Auditors.







## SUBSCRIPTIONS AND DONATIONS

FOR THE YEAR ENDED 31ST DECEMBER, 1936.

						Subscriptions.			Donations.		
						£	s.	d.	£	s.	d.
Addis, Miss Robina S.	..	..	..	..	..		5	0	—		
Allan, Miss J.	..	..	..	..	..	1	1	0	—		
Allen, Miss D. H.	..	..	..	..	..	1	1	0	—		
Allen, D. N., Esq.	..	..	..	..	..		5	0	—		
Allen, Mrs. Hugh	..	..	..	..	..	1	1	0	—		
Anonymous	..	..	..	..	..				1	1	0
Anonymous	..	..	..	..	..					6	0
Appleby, Miss K.	..	..	..	..	..	1	1	0	—		
Arkwright, Miss A. L. M.	..	..	..	..	..	1	1	0	—		
Armitage, Miss S.	..	..	..	..	..		5	0	—		
Ashby, Mrs. Corbett	..	..	..	..	..		5	0	1	1	0
Association of Head Mistresses	..	..	..	..	..	1	1	0	—		
Association of Psychiatric Social Workers	..	..	..	..	..	1	1	0	—		
Ayre, Miss G. B.	..	..	..	..	..		5	0	—		
Bain, Dr. John	..	..	..	..	..	1	1	0	—		
Baker, Mrs. B.	..	..	..	..	..		5	0	—		
Balfour, Mrs. W. J.	..	..	..	..	..	1	1	0	—		
Barrington, Miss F. M.	..	..	..	..	..		5	0	—		
Barter, Miss Susan	..	..	..	..	..	1	1	0	—		
Barton, Miss L. K.	..	..	..	..	..		5	0	—		
Barton Hall, Dr. Muriel	..	..	..	..	..	1	1	0	—		
Barton Hall, Dr. Stephen	..	..	..	..	..	1	1	0	—		
Beckley, James, Esq.	..	..	..	..	..		5	0	—		
Bennet, Dr. E. A.	..	..	..	..	..	1	1	0	—		
Bennett, Mrs. G.	..	..	..	..	..	1	1	0	10	0	
Berkeley-Hill, Lt.-Col. O., I.M.S.	..	..	..	..	..	1	1	0	—		
Bervon, the late Miss F.	..	..	..	..	..		5	0	—		
Béthune-Morgan, A., Esq.	..	..	..	..	..	1	1	0	—		
Bevan, Miss E. C.	..	..	..	..	..		5	0	—		
Bird, Alderman Sir C. H.	..	..	..	..	..	1	1	0	—		
Bodkin, Mrs. P. R.	..	..	..	..	..		5	0	—		
Bolton, Mrs. B.	..	..	..	..	..	1	1	0	—		
Bond, Sir Hubert	..	..	..	..	..	1	1	0	—		
Boyle, Dr. A. Helen	..	..	..	..	..	1	1	0	—		
Boyle, Sir Alexander G.	..	..	..	..	..	1	1	0	—		
Boyle, Miss O. W.	..	..	..	..	..	1	1	0	—		
Bradshaw, Miss G. M.	..	..	..	..	..		5	0	—		
Bramwell, Professor Edwin	..	..	..	..	..	1	1	0	—		
Bramwell, Mrs. George	..	..	..	..	..	1	0	0	—		
Brasher, Dr. C. W. J.	..	..	..	..	..	1	1	0	—		
Briggs, Mrs. F.	..	..	..	..	..		5	0	—		
British Hospital for Functional Mental and Nervous Disorders	..	..	..	..	..	1	1	0	—		
British Social Hygiene Council	..	..	..	..	..	1	1	0	—		
Bromley, L. C., Esq.	..	..	..	..	..	1	1	0	—		
Brown, Miss A. F.	..	..	..	..	..		5	0	—		
Brown, Miss C. V. W.	..	..	..	..	..	1	1	0	—		
Brown, Sir Herbert	..	..	..	..	..	1	1	0	—		
Brown, Dr. R. Dods	..	..	..	..	..	1	1	0	—		
Brown, Miss S. Clement	..	..	..	..	..		5	0	—		
Carried forward	..	..	..	..	..	36	10	0	2	18	0



						Subscriptions.			Donations.		
						£	s.	d.	£	s.	d.
Brought forward	..	..	..	..	..	36	10	0	2	18	0
Brown, Dr. William	..	..	..	..	..	1	1	0	—	—	—
Brownlow, Miss B.	..	..	..	..	..	1	1	0	—	—	—
Bryant, Miss G. E.	..	..	..	..	..		5	0	—	—	—
Bryce, Dr. W. H.	..	..	..	..	..	1	1	0	—	—	—
Buckland, Miss H.	..	..	..	..	..	—	—	—	1	1	0
Buckton, Miss J.	..	..	..	..	..		5	0	—	—	—
Burn, Dr. Alice M.	..	..	..	..	..	1	1	0	—	—	—
Burn-Forsyth, Miss M.	..	..	..	..	..		5	0	—	—	—
Buzzard, Sir Farquhar, Bart.	..	..	..	..	..	1	1	0	—	—	—
Cadbury, G., Esq.	..	..	..	..	..	1	1	0	—	—	—
Caldicott, Dr. C. H.	..	..	..	..	..	1	1	0	—	—	—
Camenisch, Miss A.	..	..	..	..	..		5	0	—	—	—
Cardwell, Dr. Mary G.	..	..	..	..	..	1	1	0	—	—	—
Carpmael, Miss A. M.	..	..	..	..	..		5	0	—	—	—
Carroll, Dr. Denis	..	..	..	..	..	1	1	0	—	—	—
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Castle Stewart, The Rt. Hon. the Earl of	..	..	..	..	..	1	1	0	—	—	—
Castle, Mrs. L. M.	..	..	..	..	..		5	0	—	—	—
Cates, Dr. Bernard	..	..	..	..	..	1	1	0	—	—	—
Caton, Miss A. R.	..	..	..	..	..	1	1	0	—	—	—
Chambers, Miss B. A.	..	..	..	..	..	1	1	0	—	—	—
Chambers, Mrs. H. Polhill	..	..	..	..	..	1	1	0	—	—	—
Chambers, Dr. James	..	..	..	..	..	1	1	0	—	—	—
Chennell, Dr. E. A.	..	..	..	..	..	1	1	0	—	—	—
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Chubb, Miss M. V.	..	..	..	..	..		5	0	—	—	—
Chute-Ellis, Miss R.	..	..	..	..	..		5	0	—	—	—
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Forsyth, Dr. David .. .. .	..	..	..	..	..	1	1	0	—	—	—
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Furse, Dame Katharine .. .. .	..	..	..	..	..	1	1	0	—	—	—
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Jackson, the late Dr. J. L. .. .. .	..	..	..	..	..	1	1	0	—		
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Kimber, Dr. W. J. T. .. .. .	..	..	..	..	..	1	1	0	1	1	0
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King-Turner, Miss A. .. .. .	..	..	..	..	..		5	0	—		
Kirkpatrick, J. D., Esq. .. .. .	..	..	..	..	..	1	1	0	19	0	
Kitchin, Dr. Kathleen F... .. .	..	..	..	..	..	1	1	0	—		
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Lamb, Miss .. .. .	..	..	..	..	..		5	0	—		
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Lefroy, Mrs. M. .. .. .	..	..	..	..	..		5	0	—		
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Lloyd, Miss A. J. .. .. .	..	..	..	..	..	1	1	0	—		
Lloyd, Miss Amy .. .. .	..	..	..	..	..	1	1	0	—		
Lloyd, Miss C. .. .. .	..	..	..	..	..	1	1	0	—		
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Lloyd Baker, Miss M. R... .. .	..	..	..	..	..	1	1	0	—		
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Reckitt, Miss J. E.	..	..	..	..	..	1	1	0	—		
Rees, Dr. J. R.	..	..	..	..	..	1	1	0	—		
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Rickman, Dr. J.	..	..	..	..	..	1	1	0	—		
Riddoch, Dr. G.	..	..	..	..	..	1	1	0	—		
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Roch, W. F., Esq.	..	..	..	..	..	—			*135	0	0
Rollins, Dr. E. E.	..	..	..	..	..	1	1	0	—		
Rooker, Miss E. N.	..	..	..	..	..		5	0	—		
Roper, R. E., Esq. (1935/1936)	..	..	..	..	..	2	2	0	—		
Rosling, Mrs. B.	..	..	..	..	..	1	1	0	—		
Rosling, P., Esq.	..	..	..	..	..	1	1	0	—		
Ross, Dr. T. A.	..	..	..	..	..	1	1	0	—		
Ross, Dr. W. Dallas	..	..	..	..	..	1	1	0	—		
Rudolf, Dr. G. de M.	..	..	..	..	..	1	1	0	—		
Russell, Mrs. A.	..	..	..	..	..		5	0	—		
Saddington, Miss E.	..	..	..	..	..		5	0	—		
Satow, Miss N.	..	..	..	..	..	1	1	0	—		
Scoresby-Jackson, Dr. Margaret	..	..	..	..	..	1	1	0	—		
Scovell, Miss C. G. K.	..	..	..	..	..	1	1	0	—		
Sharman, Miss E.	..	..	..	..	..		5	0	—		
Shaw, Miss J. B.	..	..	..	..	..	1	1	0	—		
Shelmerdine, Miss D. M. L.	..	..	..	..	..	1	1	0	—		
Shiffner, Elsie, Lady	..	..	..	..	..	1	1	0	—		
Shrubshall, Dr. W. W.	..	..	..	..	..	1	1	0	—		
Sikes, Dr. A. W.	..	..	..	..	..	1	1	0	—		
Sikes, Mrs. A. W.	..	..	..	..	..	1	1	0	—		
Simmonds, Mrs. Vernon	..	..	..	..	..	1	1	0	2	8	0
Simpkin, Mrs. A.	..	..	..	..	..		5	0	5	0	0
Small, Miss J. L.	..	..	..	..	..		5	0	—		
Smith, the late Sister A.	..	..	..	..	..		10	0	—		
Somerville, Dr. George	..	..	..	..	..	1	1	0	—		
Southborough, The Rt. Hon. Lord	..	..	..	..	..	1	1	0	—		
Spender, Mrs. J. A.	..	..	..	..	..	1	1	0	—		
Stafford, Mrs. E. D.	..	..	..	..	..	—			2	6	
Stephens, Dr. H. Freize	..	..	..	..	..	1	1	0	—		
Carried forward	..	..	..	..	..	270	8	6	260	15	0

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						£	s.	d.	£	s.	d.
Brought forward ... ..						270	8	6	260	15	0
Stevens, Mrs. G. B.	..	..	..	..	..		5	0		10	0
Strauss, Dr. E. B.	..	..	..	..	..	1	1	0		—	
Strecker, Dr. H. Pullar	..	..	..	..	..	1	1	0		—	
Strickland, Mrs. H. M.	..	..	..	..	..		5	0		—	
Sutton, Miss M. S.	..	..	..	..	..		5	0		—	
Sutton Page, Mrs. W.	..	..	..	..	..	1	1	0		—	
Swann, Miss F. A.	..	..	..	..	..		5	0		—	
Sydenham, Dr. Olive F.	..	..	..	..	..		5	0	1	0	0
Taylor, Dr. F. R. P.	..	..	..	..	..		5	0		—	
Teale, Sir Edmund	..	..	..	..	..	1	1	0		—	
Tennant, W. A., Esq.	..	..	..	..	..	1	1	0		—	
Tetley, Mrs. S. M. E.	..	..	..	..	..	1	10	0		—	
Thane, Miss V.	..	..	..	..	..		5	0		—	
Thomas, Dr. C. J.	..	..	..	..	..	1	1	0		—	
Thompson, Miss H. G.	..	..	..	..	..	1	1	0		—	
Thompson, Mrs. J. V.	..	..	..	..	..	1	1	0		—	
Thoms, Dr. Amy M.	..	..	..	..	..	1	1	0		—	
Thrift, Rev. J.	..	..	..	..	..	1	1	0		—	
Tomasson, Dr. Helgi	..	..	..	..	..	1	0	0		—	
Turner, Dr. F. D.	..	..	..	..	..	2	2	0		—	
Underhill, Miss E.	..	..	..	..	..		5	0		—	
Vaughan Smith, Mrs. C.	..	..	..	..	..	1	1	0		—	
Vickers, Miss E. D.	..	..	..	..	..	1	1	0		—	
Vince, Mrs. M.	..	..	..	..	..	1	1	0		—	
Vincent, Dr. W. J. N.	..	..	..	..	..		5	0		—	
Voller, Miss H. M.	..	..	..	..	..		5	0		—	
Walker, Dr. Jane	..	..	..	..	..		5	0		—	
Watson, Dr. Helen	..	..	..	..	..	1	1	0		—	
Watt, A. G. Fiddes, Esq.	..	..	..	..	..		5	0		—	
Watts, Mrs. A.	..	..	..	..	..	1	1	0		—	
Weber, Dr. Hilda	..	..	..	..	..	1	1	0		—	
Wharton, Dr. E. A.	..	..	..	..	..		5	0		—	
Whitwell, Dr. J. R.	..	..	..	..	..	1	1	0		—	
Whyte, Miss M. B. H.	..	..	..	..	..	1	1	0		—	
Wilcox, Miss G. M.	..	..	..	..	..		5	0		—	
Williams, Dr. Harley	..	..	..	..	..	1	1	0		—	
Williams, Dr. E. Lincoln	..	..	..	..	..	1	1	0		—	
Willis, Sir Frederick J.	..	..	..	..	..	1	1	0		—	
Wilson, Dr. Helen	..	..	..	..	..		5	0		—	
Wilson, Dr. Henry	..	..	..	..	..	1	1	0		—	
Wilson, Dr. Isabel G. H.	..	..	..	..	..	1	1	0		—	
Wood, Mrs. A. W. H.	..	..	..	..	..		5	0		—	
Wood, Dr. Grace H.	..	..	..	..	..	1	1	0		—	
Woodcock, Col. H. C.	..	..	..	..	..	1	1	0		—	
Worth, Dr. Reginald	..	..	..	..	..	1	1	0		—	
Wright, Dr. M. B.	..	..	..	..	..	1	1	0		—	
Wyatt-Smith, Miss R.	..	..	..	..	..		10	0		—	
Wyndham, The Hon. Margaret	..	..	..	..	..	1	1	0	5	5	0
Yates, Miss Mona	..	..	..	..	..		5	0		—	
Yeld, Miss M. M. H.	..	..	..	..	..	1	1	0		—	
Yellowlees, Dr. H.	..	..	..	..	..	1	1	0		—	
						<u>£311</u>	<u>5</u>	<u>6</u>	<u>£267</u>	<u>10</u>	<u>0</u>

Donations to the Sir Maurice Craig Memorial Fund received by the Council during 1936 and subsequently handed over to the Appeal Committee .. .. .

£28 8 6



# THE NATIONAL COUNCIL FOR MENTAL HYGIENE

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## APPLICATION FOR MEMBERSHIP.

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I desire to become a Full Member  
an Associate Member of THE NATIONAL  
 COUNCIL FOR MENTAL HYGIENE, and herewith enclose my sub-  
 scription of One Guinea  
Five Shillings for Full Membership  
Associate Membership for the year  
 19.....

NAME (in full).....

TITLES OR DEGREES.....

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ADDRESS.....

Date .....

This Form to be returned with remittance to :—

*The Honorary Treasurer,*

THE NATIONAL COUNCIL FOR MENTAL HYGIENE,

76 & 77, CHANDOS HOUSE,

PALMER STREET,

LONDON, S.W. 1.



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Please pay to the account of THE NATIONAL COUNCIL FOR  
MENTAL HYGIENE at Westminster Bank Ltd., 62, Victoria Street, London,  
S.W.1, the sum of £                   :                   , my subscription as  $\left\{ \begin{array}{l} \text{a Full Member} \\ \text{an Associate} \end{array} \right.$  for the  
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