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The
NATIONAL COUNCIL
FOR
MENTAL HYGIENE
(Incorporated)

TENTH REPORT

1933

Registered Office :

**78, Chandos House, Palmer Street,
LONDON, S.W. 1.**

(Telephone: VICTORIA 5907)

LIST OF REPORTS

Annual Reports with Appendices.

MENTAL HYGIENE JOURNAL (contains summaries of Lectures, Papers given at Biennial Mental Health Conferences, Reviews, Notes on International Mental Hygiene Movement, News, etc.).

Précis of Evidence given before the Royal Commission on Lunacy and Mental Disorder.

Criminal Assaults on Young Persons.

The Treatment of Patients suffering from Neuroses, Psycho-Neuroses and Psychoses.

The Probable Causes of Mental Defect and Suggestions for dealing with them.

The Treatment of Young Offenders.

The Seconding of Nurses from General to Mental Hospitals and *vice versa* in England and Wales.

The Probable Causation of Mental Disorder.

The After-Care of Mental Cases.

The Early Treatment of Persons suffering from Functional Nervous Disorders and Minor Mental Maladies.

Child Guidance.

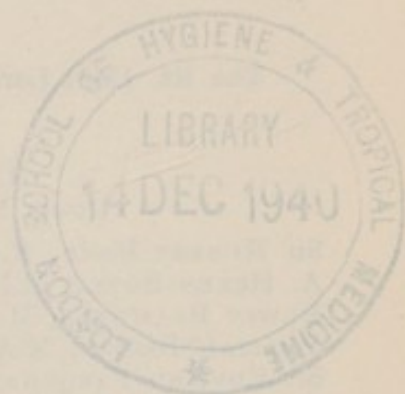
The Proceedings of the First and Second Conferences on Mental Health.

Memorandum on the Persistent Offender.

School Life and Nervous Instability.

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TENTH
ANNUAL REPORT

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Registered Office :

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(Telephone : VICTORIA 5907)

THE NATIONAL COUNCIL FOR MENTAL HYGIENE
(INCORPORATED.)

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MURDO MACKENZIE, M.D., M.R.C.P.

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J. R. REES, M.A., M.D.

R. E. ROPER, M.A., M.Ed.

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GEORGE SOMERVILLE, M.D., D.P.M.

H. FREIZE STEPHENS, M.R.C.S., L.R.C.P.

F. D. TURNER, M.B., M.R.C.S., L.R.C.P.

Miss ETHEL VICKERS.

Sir FREDERICK WILLIS, K.B.E., C.B.

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The Rt. Rev. A. F. WINNINGTON-INGRAM, K.C.V.O., D.D., LL.D. (Lord Bishop of London).

R. WORTH, O.B.E., M.B.

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THE HON. SECRETARIES.

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Miss M. de VERE HUNT.

Bankers.

THE WESTMINSTER BANK LIMITED, 62, Victoria Street, London, S.W. 1.

SUB-COMMITTEES.

The Officers of the Council are *ex-officio* members of all Sub-Committees.

Sub-Committee No. I.

(On the Prevention and Early Treatment of Mental Disorders.)

CHAIRMAN: Dr. H. CRICHTON-MILLER.

HON. SECRETARY: Dr. HENRY WILSON.

Dr. A. Helen Boyle.	Dr. Edwin Goodall.	Dr. J. Burnett Rae.
Dr. C. H. Caldicott.	Miss Gordon Holmes.	R. E. Roper, Esq.
Mrs. FitzAdam-Ormiston.	Dr. E. Mapother.	Dr. H. Freize Stephens.
Dr. David Forsyth.	Rev. H. Mattinson.	Dr. E. B. Strauss.
Miss Evelyn Fox.	Dr. Emanuel Miller.	Dr. Amy M. Thoms.
Miss E. Margery Fox.	Miss Oughton-Giles.	
Dame Katharine Furse.	Dr. W. A. Potts.	

Sub-Committee No. II.

(On the Care, After-Care, and Treatment of the Insane.)

CHAIRMAN: Dr. MURDO MACKENZIE.

HON. SECRETARY: Dr. GEORGE SOMERVILLE.

Sir Hubert Bond.	Dr. J. L. Jackson.	Dr. Nathan Raw.
Miss V. M. Dale.	Mrs. R. S. Madocks.	Mrs. R. Vaughan-Roper.
Dr. G. W. T. H. Fleming.	Dr. Hamilton Marr.	Miss E. D. Vickers.
Dame Katharine Furse.	Dr. M. J. Nolan.	Dr. R. Worth.

Sub-Committee No. III.

(On Mental Deficiency, Crime, etc.)

CHAIRMAN: Dr. F. D. TURNER.

HON. SECRETARY: Dr. H. FREIZE STEPHENS.

Dr. C. H. Caldicott.	Miss Evelyn Fox.	Dr. Neill Hobhouse.
Miss C. M. Craven.	Dame Katharine Furse.	Dr. W. Johnson.
Mrs. FitzAdam-Ormiston.	Dr. E. A. Hamilton-Pearson.	Dr. W. A. Potts.

AIMS AND OBJECTS OF THE NATIONAL COUNCIL FOR MENTAL HYGIENE.

The activities of the National Council established in Great Britain embrace among others the following objects :—

(1) The improvement of the mental health of the community. This involves a closer and more critical study of the social habits, industrial life, and environments of the people, with a view to eradicating those factors which lead to mental ill-health and unhappiness, and the education of the public in all matters which favour or militate against good mental health.

(2) The study of the causes underlying congenital and acquired mental defect and disorder, with a view to their prevention. To further this, the Council will promote scientific investigation by competent workers.

(3) To secure a more important position for the study of psychiatry in the medical curriculum, and the closer association of psychiatry with general medicine ; to further the establishment of special clinics and out-patient departments for the early treatment of mental disorders ; to raise the standard of care and treatment in the public mental hospitals, and to remove legal formalities which tend to postpone the effective treatment of cases of mental disorder in their early stages, or to divorce the treatment of mental disorders from other diseases. By combating the prevailing ignorance and superstition regarding the true nature of mental disorder, it hopes to assist in removing the stigma which handicaps the future welfare of those who have been thus afflicted.

(4) The study of criminality, dependency, vagrancy, and prostitution, in so far as they are failures of adjustment by reason of mental disorder or defect. The Council will further investigate the extent to which expert medico-psychological examination of persons charged with crime can be of help in elucidating the problem of habitual criminality.

(5) The study of mental hygiene of child-life in relation to education and parental responsibility.

(6) The Council hopes to be the liaison between all societies, associations and other bodies interested in or concerned with mental hygiene, and so far as it can with advantage co-operate with them.

TERMS OF REFERENCE OF THE SUB-COMMITTEES.

SUB-COMMITTEE NO. I : ON THE PREVENTION AND EARLY TREATMENT
ON MENTAL DISORDERS.

“ To secure for psychology and psychiatry a position in the medical curriculum more commensurate with their importance, and to further the closer association of psychology and general medicine ; to combat the prevailing ignorance and superstition with which the general public regard mental disease ; to educate medical students and nurses as to the true nature of mental disorder, and its intimate relationship to disorders of the body ; to further the establishment of clinics and out-patient departments for the early treatment of mental disorders, and to encourage social service in connection therewith ; to remove formalities and prejudices which tend either to postpone the effective treatment of mental disorder, or to divorce its treatment from that of physical disease ; to encourage facilities for prophylactic treatment ; to study the mental hygiene of child life in relation to parental responsibility and education, and to emphasize the importance of a knowledge of psychology among school medical officers and teachers.”

SUB-COMMITTEE NO. II : ON THE CARE, AFTER-CARE AND TREATMENT
OF THE INSANE.

“ To study all questions connected with the care and treatment of patients in mental hospitals ; to raise the standard of general and medical education of all those engaged in nursing the insane ; to investigate the existing arrangements for visiting in mental hospitals, and to facilitate the organization of After-Care ; to assist in removing the stigma which handicaps those who have been mentally afflicted ; to promote a closer liaison between the medical officers of mental hospitals and the general body of the profession.”

SUB-COMMITTEE NO. III : ON MENTAL DEFICIENCY, CRIME, ETC.

“ To study the causes and prevention of mental disorder (in co-operation with other Sub-Committees as found necessary) and of mental deficiency ; to study criminality, dependency, vagrancy, prostitution, and allied social problems, in so far as these are failures of adjustment by reason of mental disorder or defect ; to inquire into the working of the Mental Deficiency Act and, where necessary, into such legislative measures as might have a bearing on these subjects, with a view to their amendment or revision.”

MEMBERSHIP.

(Extract from Articles of Association.)

There shall be two classes of members, namely : (a) Full Members, and (b) Associate Members.

1. A person desirous of becoming a member of the Association shall by notice in writing signify his desire to become a member, and shall in such notice state whether he desires to become a Full Member or an Associate Member, and if the Association shall approve such person as a member, his name shall thereupon be entered in the Register of Members of the Association (to be kept pursuant to Section 25 of the Companies (Consolidation) Act, 1908), as a Full Member or as an Associate Member, as the case may be.

2. A Full Member shall pay an annual subscription of ONE GUINEA, and an Associate Member shall pay an annual subscription of FIVE SHILLINGS.

3. Every new member shall pay the annual subscription appropriate to his class at the time when he gives notice of his desire to become a member.

4. The annual subscription shall (except as provided by Clause 3 hereof) be due and payable on the first day of January in each year.

5. Any member intending to withdraw from the Association shall signify his intention to do so in writing before the first day of January ; otherwise he shall pay his subscriptions for the current year, whether he shall have exercised or enjoyed any of the member's rights and privileges or not.

6. Only a Full Member shall be eligible to become a Member of the Committee.

7. Only Full Members shall be entitled to vote upon the election of Members of the Committee, each member shall have one vote and no more, whether on a show of hands or on a poll, and all votes shall be given personally.

All members are entitled to the use of the Council's Library.

The subscription of Full Members includes the subscription to the Quarterly Journal 'Mental Hygiene'.

Members receive notices of all lectures, meetings and conferences arranged by the Council.

ANNUAL REPORT OF THE COUNCIL FOR THE YEAR 1933.

**H.R.H. The
Prince George,
K.G.**

It was with great pleasure that on going to Press last year we were able to report that H.R.H. The Prince George, K.G., had done the Council the great honour of becoming its President. This event will make the year 1933 stand out as one of the most momentous and progressive periods in the history of the Council. It has, moreover, been a year of important achievement in regard to mental hygiene propaganda in this country. The stage has now been reached when public bodies as well as the general public are recognizing the value and importance of this branch of preventive medicine, and are devoting more and more attention to its principles—a condition which has caused the Council great satisfaction, and is a reward for its many years of effort, during which it has had, with other bodies, the difficult task of endeavouring to overcome the apathy and prejudice with which the subject of mental disease has for so long been linked.

**Third Biennial
Mental Health
Conference.**

The outstanding event of the year was the Third Biennial Mental Health Conference, which took place at the Caxton Hall, Westminster, from November 22-24, 1933, and was opened by the Council's first President, H.R.H. The Prince George, K.G., who also presided at the Inaugural Session. Addresses on "The Place of Mental Health in the Life of the Nation" were given by Sir Maurice Craig, C.B.E., Professor Langdon Brown, and the Rt. Hon. The Earl of Feversham. In the absence, through temporary illness, of Sir Edward Tindal Atkinson, K.C.B., C.B.E., the paper prepared by him was read by Dr. A. Helen Boyle.

An important session on "The Working of the Mental Treatment Act, 1930", presided over by Mr. L. G. Brock, C.B., Chairman of the Board of Control, was held on November 23, at which the speakers were the Rt. Hon. Sir E. Hilton Young, M.P.,

Minister of Health, Dr. J. S. I. Skottowe, and Dr. J. I. Russell. The attention focused on this subject and the many valuable suggestions made for the more successful application of the Act are already meeting with practical results.

Sessions were also held on "Sex Problems of Adolescence", "Suicide and Society", "The Neurotic", "Punishment or Treatment", and "The Gambling Spirit as a National Problem". The Chairmen and speakers were: Dr. R. H. Crowley, Dr. E. B. Strauss, Dr. E. Graham Howe, The Rt. Hon. The Countess of Limerick, Dr. Elizabeth Sloan Chesser, Dr. Doris M. Odlum, The Lady Emmott, J.P., Dr. Bernard Hart, Dr. J. E. Nicole, Sir Farquhar Buzzard, Bart., K.C.V.O., M.D., F.R.C.P., Dr. T. A. Ross, Dr. J. R. Rees, Mr. Norman Birkett, K.C., Mr. Alexander Paterson, M.C. (Prison Commissioner), Dr. R. G. Gordon, Sir Humphry Rolleston, Bart., G.C.V.O., K.C.B., LL.D., M.D., D.Sc., F.R.C.P., Mr. F. S. Preston (Headmaster of Malvern College), and Dr. H. Crichton-Miller.

These were followed by a special session on November 25 for medical Justices of the Peace on "The Medical Attitude to Crime", which was held at the Royal Society of Medicine and presided over by the Rt. Hon. Lord Horder of Ashford, K.C.V.O., M.D., F.R.C.P. The speakers were Dr. Hamblin Smith and Dr. R. D. Gillespie.

Application was made for the first time to the Minister of Health, the Secretary of State for Scotland, and the Minister of Home Affairs, Northern Ireland, for sanction for the payment of expenses of delegates from local authorities attending the Conference, and nearly 200 delegates, including representatives from voluntary organizations, were appointed. Mental Hygiene Councils and Leagues in all parts of the world again showed their keen interest in the Conference, either by appointing representatives, as in the case of Australia, South Africa and Sweden, or by sending cordial letters of appreciation and goodwill. A cablegram received from Mr. Clifford Beers, conveying his good wishes and expressing his gratification at the honour conferred upon the Mental Hygiene Movement by H.R.H. The Prince George, K.G., was read to the meeting at the Inaugural Session.

Reference was made in the 1932 Report to the Council's decision to discontinue the publication of separate Conference

Reports, and to publish instead in the Journal 'Mental Hygiene' the papers given at its Conferences. Those given at the Third Biennial Mental Health Conference will therefore appear in the 1934 issues of the Journal.

The Council desires to place on record its appreciation of the valuable work performed by its Publicity Committee in drawing up the programme of the Conference, and in undertaking the preliminary arrangements.

Broadcast Appeal.

On November 26, 1933, by kind permission of the British Broadcasting Corporation, Sir Maurice Craig made an appeal for funds on behalf of the National Council for Mental Hygiene. The Appeal was broadcast nationally from the majority of the stations of the Corporation, and met with a most encouraging response, a total of £551 9s. 10d. being received. This amount has been a great help to the Council, and has enabled it not only to meet its existing financial obligations, but to continue and extend its activities. The Council is greatly indebted to the British Broadcasting Corporation for allowing it such a valuable opportunity of bringing its work and aims to the notice of the public.

In this connection the Council wishes also to record its warm thanks to Lord Southborough for allowing donations to be sent to him personally at his private address, and to Lady Southborough for her indefatigable and valuable help in opening and dealing with the thousands of letters received, a task which entailed a considerable amount of work and time. Grateful thanks are due to Sir Maurice Craig for the valuable service which he rendered to the Council in making so successful an appeal, and for the personal attention which he gave to the letters and to the many inquiries received.

Lectures.

The Council held its usual Spring series of lectures in February and March at the Hall of the Medical Society of London, when the following subjects were discussed :

<i>Subjects.</i>	<i>Speakers.</i>
"Anxiety"	Dr. J. A. Hadfield.
"Confidence"	Dr. E. A. Bennet, M.C.

<i>Subjects.</i>	<i>Speakers.</i>
" Superstition " . . .	Dr. George Somerville.
" Ambition " . . .	Dr. John Rickman.
" Adaptability " . . .	C. W. Kimmins, Esq., M.A., D.Sc.
" Discipline " . . .	Dr. Grace Calver.

During the same period an extremely successful course was held at the Royal Pavilion, Brighton, which attracted such large audiences and aroused so much local interest that the Council has decided to arrange a further course for 1934. The programme was as follows :

<i>Subjects.</i>	<i>Speakers.</i>
" Mental Health in Every-day Life " . . .	Sir Maurice Craig, C.B.E., M.D., F.R.C.P.
" Anxiety " . . .	Dr. A. Helen Boyle.
" The Modern Psychology and the Parent " . . .	Dr. Crichton-Miller.
" The Mind of the Child " . . .	Dr. Emanuel Miller.
" The Inferiority Complex " . . .	Dr. J. R. Rees.
" Sex Education " . . .	Dr. Doris M. Odlum.

Summaries of some of the lectures in both courses were published in the July, 1933, number of ' Mental Hygiene ', a few copies of which are still available at 7d. per copy, post free.

By invitation of the Vicar, the Rev. P. T. R. Kirk, a series of four lunch-hour lectures was given at Christ Church, Victoria Street, Westminster, S.W. 1, on Thursdays, October 5-26, 1933. Addresses were given by Dr. Henry Yellowlees, O.B.E., on " The Inferiority Sense ", Dr. J. R. Rees on " Marriage and Parenthood ", Dr. E. Graham Howe on " Conflict and Character ", and Dr. George Somerville on " Anxiety ".

Health Week Exhibitions.

Exhibitions :

Stockport . . .	March 7-11, 1933.
Cardiff . . .	October 23-28, 1933.
Nuneaton . . .	November 21-25, 1933.

The Council accepted invitations from the Central Council for Health Education to exhibit at the following Health Week

Meetings. The following meetings were addressed on behalf of the Council during the period under review :

National Council of Women (Bournemouth Branch)	}	Addressed by Dr. Doris Odlum.
National Council of Women (Hornsey Branch)		
Bournemouth Rotary Club Luncheon		
Women Citizens' Association (Kingston, Malden, Surbiton and District Branch)		
Royal Institute of Public Health		
Hagodol Social Club	}	Addressed by Dr. M. Bevan-Brown.
Monks Risborough and Kimble Nursing Association		
Cambridge Federation of Women's Institutes	}	Addressed by Dr. Alice Hutchison.

Psychology and World Problems. A special meeting of psychologists, psychoanalysts and others was held on March 14, 1933, at 5, Cheyne Place, S.W. 3, by kind permission of Dame Katharine Furse, G.B.E., to consider whether psychology could make any contribution to the solution of world problems. The meeting was quite informal, and was convened in view of the feeling that a discussion on these lines might be of help in evolving practical proposals. The following accepted invitations to be present : Sir Basil Blackett, K.C.B., K.C.S.I., Dr. Crichton-Miller, The Lady Emmott, J.P., Professor Flugel, Dame Katharine Furse, G.B.E., Dr. R. D. Gillespie, Professor Morris Ginsberg, Dr. Edward Glover, Professor Julian Huxley, Dr. Ernest Jones, Professor J. Macmurray, Dr. Emanuel Miller, Dr. T. W. Mitchell, Dr. Money-Kyrle, Dr. Doris M. Odlum and Dr. J. R. Rees. The Secretary of the Council was in attendance. An extremely interesting discussion took place and the view was expressed that it might be of special value for psychologists and economists to meet in order to discuss some of the problems in question. It was decided that the Council should be asked to call a further meeting should any of those present wish to put forward practical suggestions as an outcome of the discussion.

**Mental Instability
amongst
Unemployed.**

As a result of recommendations made by the No. 1 Sub-Committee, the Council approached the National Council of Social Service and discussed with them the possibility of the Council's co-operation in an effort to promote mental health propaganda among those who are unemployed. To this end the Council offered to give lectures to those in charge of unemployment centres or to social workers connected with the various affiliated Councils of the National Council of Social Service on the early signs of mental instability. The National Council of Social Service has responded by notifying all its Councils of this suggestion, and applications for speakers have already been received.

**Early Treatment
Centres, and
Annual Conference
of the National
Council of Women.**

The following resolution, proposed by Dr. Doris Odium on behalf of the Council at the Annual Meeting and Conference of the National Council of Women, which took place at Torquay from October 9-13, 1933, was unanimously adopted :

“ That the National Council of Women wishes to urge the importance of establishing Early Treatment Clinics for cases of nervous breakdown and incipient mental disorder, with a view to improving the mental health and stability of the community. Such clinics to be established in connection with a general hospital or as part of the co-ordinated health scheme of the local authority, having due regard to the help that may be given by general practitioners.”

**Third European
Mental Hygiene
Reunion.**

This meeting took place in Rome, by kind invitation of the Italian League for Mental Hygiene, from September 27-28, 1933. Sir Hubert Bond and Dr. J. H. Macdonald, Medical Superintendent of Glasgow District Asylum, Hawkhead, acted as the representatives of the Council.

Increase in Crime. By invitation of the Howard League for Penal Reform the Council appointed representatives to attend a Conference held by the League at the Livingstone Hall on March 17, 1933. An

address was given by Mr. Alexander Maxwell, C.B., in which he discussed the information available in official records concerning the incidence of crime and the difficulties that exist in using such records. He was followed by Dr. R. Rees, who spoke on the causes and cure of crime from the psychologist's standpoint, and Mr. Basil L. Q. Henriques, J.P., who dealt with the same subject from the social worker's point of view.

Changes in Membership.

The Council's membership continues steadily to increase, and during the year 39 Full Members and 25 Associate Members joined the Council. During the same period 17 Full Members and 6 Associates resigned, and the Council lost by death 2 members, which left its total membership on December 31st at 401.

Tenth Annual General Meeting.

The Tenth Annual General Meeting of the Council was held on May 26, 1933, at the Hall of the Medical Society of London, 11, Chandos Street, Cavendish Square, W. 1. In the unavoidable absence through temporary illness of Sir Maurice Craig, Lord Southborough took the Chair.

The notice convening the meeting was read by Dr. Doris M. Odlum, Joint Honorary Secretary, and the Minutes of the Ninth Annual General Meeting were taken as read, approved and signed. Lord Southborough, in moving the adoption of the Report and Accounts for the year ended 31st December, 1932, upon which he made brief comments, stated that the year's work showed a record of considerable achievement, and that an event of outstanding importance had since taken place, namely, the acceptance by H.R.H. The Prince George, K.G., of the Presidency of the Council. This statement was greeted with applause, and the motion for the adoption of the Report and Accounts, which was seconded by Dr. Nathan Raw, C.M.G., was carried unanimously.

Reports on the work of the No. 1 and No. 2 Sub-Committees were given respectively by Dr. Crichton-Miller and Dr. Odlum, who also made reference to the Council's propaganda activities during the year 1932. Dr. Freize Stephens, in reporting on the work of the No. 3 Sub-Committee, paid tribute to the work of Dr. W. A. Potts, who had been its Chairman since its inception,

and had now tendered his resignation. Reference was also made to the valuable help of Dr. R. Worth, O.B.E., whose resignation of the Chairmanship of the No. 2 Sub-Committee had also been regretfully received. Upon the motion of Dr. Crichton-Miller, seconded by Dr. Freize Stephens, the following resolution was unanimously adopted :

“ That this meeting puts on record its appreciation of the valuable and important work of Dr. W. A. Potts and Dr. R. Worth, as Chairmen of Sub-Committee No. 3 and No. 2 respectively.”

Upon the motion of the Chairman, the following members of the Committee retiring by rotation were unanimously re-elected, with the exception of Dr. J. L. Birley, C.B.E., who did not seek re-election :

Sir Hubert Bond, K.B.E., D.Sc., M.D., F.R.C.P.
 Dr. A. Helen Boyle.
 Dr. James Chambers.
 Sir Maurice Craig, C.B.E., M.D., F.R.C.P.
 The Rt. Hon. Lord Dawson of Penn, G.C.M.G., G.C.V.O.,
 K.C.B., M.D., F.R.C.P.
 Miss Evelyn Fox.
 Dr. R. D. Gillespie.
 W. F. Roch, Esq.
 R. E. Roper, Esq., M.A., M.Ed.
 Miss Ethel Vickers
 Dr. R. Worth, O.B.E.

In addition the Rt. Rev. Monsignor Newsome and Dr. F. D. Turner were elected members of the Committee.

The Honorary Solicitors, Messrs. Charles Russell & Company, and the Honorary Auditors, Messrs. Barton, Mayhew & Company, were unanimously re-elected.

The meeting then being open for discussion, Dr. Ralph Noble congratulated the Council upon the amount of work accomplished during the year with such a small budget expenditure—a fact which was recognized and commented upon by mental hygiene organizations in other parts of the world. Dr. Noble suggested that progress in this country at present would tend to be made more by personal contacts, and by endeavouring to

educate leaders, magistrates, teachers and social workers, than by attempts to reach the general public.

The proceedings terminated with a cordial vote of thanks, proposed by the Countess Rudolf Coreth, to the Chairman for presiding, and Lord Southborough, in reply, paid tribute to the work of the Executive and Officers during the year under review.

**Work of the
Sub-Committees.**

Separate accounts of the work of the Council's various Sub-Committees during the period under review are appended to this Report.

Acknowledgments.

The Council wishes to record its thanks to its Chairman, Sir Maurice Craig, for his untiring efforts on its behalf, and for his invariable willingness to place his wide knowledge and experience at its disposal, to Lord Southborough, who in spite of ill-health has continued to give his valuable help as Honorary Treasurer, also to the Honorary Secretaries, the Chairmen and Honorary Secretaries of the Sub-Committees, as well as to the Honorary Solicitors and Honorary Auditors. Special thanks are due to Dr. Odlum for the very valuable work which she performed in connection with the Conference and other propaganda activities, and for the invariable keenness which she displays in utilizing opportunities for the advancement of the Council's aims.

In connection with the Conference arrangements mention must be made of the efficient service rendered by Miss E. M. Odlum, who undertook charge of the Council's literature stall, Mrs. J. V. Thompson and Miss Ferard, who made themselves responsible for the stewarding arrangements, and Miss Nora O'Driscoll, Miss Haskett-Smith, as well as the many other ladies who assisted them and gave such untiring help at all the sessions, also Miss Rosamund Rashleigh who so generously gave great assistance with the clerical work.

The Council also desires to express its gratitude to Dr. Helen Boyle for her keen interest and valuable help in connection with the lectures held at Brighton, to the success of which she so largely contributed, to Miss E. M. Odlum, Miss Lindsey, Miss Marrable, Mrs. Somers, Miss Lawis, and the large number of other ladies who gave their services at all the meetings and in other ways.

The Council's thanks are due to those who have so kindly given lectures, and to Dr. R. D. Gillespie, Dr. Crichton-Miller, Dr. Freize Stephens and Miss V. M. Dale for their hospitality to the Committees, also to Dr. George Somerville for undertaking the preparation of book reviews for publication in 'Mental Hygiene'. It is further indebted to the many authors who have contributed copies of their works to the Library, and to several of its members for the gift of books, also to Miss H. G. Klaassen for a very generous donation towards the printing costs of the Journal.

The Council has great pleasure in again recording its high appreciation of the work done by its Secretary, Miss de Vere Hunt, throughout the year. There was much additional work placed upon her owing to the Biennial Conference and the Broadcast Appeal, but it was carried out with her usual efficiency and thoroughness, and her unvarying efforts have contributed in a signal manner to the gratifying success of our year's work.

R. D. GILLESPIE,
DORIS M. ODLUM,

Joint Honorary Secretaries.

REPORTS OF SUB-COMMITTEES.

SUB-COMMITTEE No. I.

ON THE PREVENTION AND EARLY TREATMENT OF MENTAL DISORDERS.

During the period under review ten meetings of the Sub-Committee were held, with an average attendance of ten members, and Dr. Crichton-Miller was re-elected Chairman and Dr. Henry Wilson Honorary Secretary for the year 1933.

Psychology in the Medical Curriculum.

The Sub-Committee discussed the subject of the teaching of psychology in the medical curriculum, and a Memorandum urging instruction during the pre-clinical years was drawn up and subsequently approved and forwarded by the Executive Committee to the Committee on Medical Education of the British Medical Association for consideration. The Memorandum stressed the relatively common incidence of psycho-neurotic conditions met with by the general practitioner, and the few opportunities which the medical student obtains of seeing or recognizing such cases. In order to familiarize the student with psychoneurotic disorders, it was suggested that lectures on normal and abnormal psychology should be given in the early years of the curriculum in order to awaken interest in the connection between the psychological and physical aspects of medicine. The desirability of including clinical lectures in psychological medicine which should outline the minor mental disabilities (or psycho-neuroses) as well as the major mental disabilities (or psychoses), to which the clinical teaching at present tends to be directed, was elaborated.

It was urged that a sufficiency of lectures and demonstrations should enable the practitioner to avert the serious loss of efficiency to which chronic psycho-neurotic maladjustments give rise.

**Sexual Offences
against Children.**

The Sub-Committee reviewed the question of sexual offences against children, and attempted to formulate definitions of the offenders and the ideal treatment of such. Their suggestions were as follows :

(1) That all persons found guilty of sexual offences against children should be subjected to a medico-psychological examination.

(2) That no Bench should be without access to expert treatment, and, if this is not available, that the case should be transferred to another suitable Court.

(3) If and when a person is remanded for examination the environment during the period of remand should, wherever possible, not be prison.

(4) If the Bench is of the opinion that psychological treatment is advisable, the psychiatrist's recommendations as to the environment during the period of treatment should, as far as possible, be fulfilled.

(5) It was felt that it would be desirable to widen the scope of any Bill dealing with sexual offences to include young people as well as adults.

These suggestions were conveyed by Dr. Gillespie, the Council's representative, to The Joint Committee of the Association for Moral and Social Hygiene, which is at present sitting to consider the question of sexual offences against children.

**Family and
Personal Pedigrees.**

The paucity of reliable family and personal pedigrees of those afflicted with mental or neurotic disorders has claimed the attention of the Sub-Committee. A discussion at which the General Secretary of the Eugenics Society was present took place, and recommendations have been made that the matter should be ventilated at the Annual Meeting of the Royal Medico-Psychological Association in 1934. The need for far more reliable and extensive information than is at present available is recognized, and it is greatly hoped that some widely conceived and well followed-up scheme may be started, so that much more accurate information upon the incidence and *rôle* of heredity in mental disease may be obtained.

**Medical Staffing
of Out-patient
Clinics.**

A letter drafted by the Sub-Committee in connection with the Out-patient Clinics that have been started in many provincial centres, following the provisions of the Mental Treatment Act of 1930, was approved by the Executive Committee and forwarded to the British Medical Association and the Royal Medico-Psychological Association for consideration. Stress was laid upon the necessity of making the work of the Clinics as broad as possible, and the desirability of these being run by those most able to give time and experience to them. It was urged that until there is a sufficiency of suitably qualified medical practitioners available, the appointments of medical staff to such Clinics should at present be made temporary only, and provision would then exist for the selection of those most qualified for these positions.

Press

The Sub-Committee held a discussion with **Communications.** the Publicity and Publications Sub-Committee of the Council, and arrangements were considered whereby it was hoped to bring the activities and opinions of the Council more frequently before the public eye.

H. CRICHTON-MILLER,

Chairman.

HENRY WILSON,

Honorary Secretary.

SUB-COMMITTEE No. II.

ON THE CARE, AFTER-CARE AND TREATMENT OF THE INSANE.

The re-organization of the Sub-Committee has been under consideration, and Dr. Murdo Mackenzie, Senior Assistant Physician, Bethlem Royal Hospital, has been elected Chairman in succession to Dr. Reginald Worth, O.B.E., whose resignation of the chairmanship was referred to in the 1932 Report.

Owing to the illness of the new Chairman meetings of the Sub-Committee had to be postponed for the time being, but these will be held regularly during the coming year.

GEORGE SOMERVILLE,
Honorary Secretary.

SUB-COMMITTEE No. III.

ON MENTAL DEFICIENCY, CRIME, ETC.

The Year's Work. Meetings of the Sub-Committee have been held during the year at 62, Queen Anne Street, W. I. Dr. F. Douglas Turner was elected Chairman in succession to Dr. W. A. Potts, whose resignation had been regretfully received, and Dr. Freize Stephens was re-elected Honorary Secretary for the year 1933.

Report of the Departmental Committee on Sterilization. On our going to press the Report of the Departmental Committee on Sterilization has come to hand. Four Members of the Sub-Committee were invited to give evidence before this Departmental Committee. They were Miss Evelyn Fox, and Drs. Cyril Burt, W. A. Potts and F. Douglas Turner. The Recommendations, which will have to be very carefully considered by the Sub-Committee in due course, provide that "subject to the safeguards proposed" voluntary sterilization should be legalized in the case of certain groups of persons including mental defectives, but that "before sterilization is sanctioned in the case of a mental defective, care should be taken to test his or her fitness for community care".

Importance of Ascertainment. The Sub-Committee is aware of a difficulty that might arise in the event of eugenic sterilization being permitted by law in that its legalization might tend to effect a decrease in the ascertainment of mental defectives, especially of the higher grades. This difficulty, however, could be overcome by a more intensive educational campaign among medical practitioners,

magistrates and local authorities, whereby the fundamental need for satisfactory ascertainment could be indicated, and the social and economic evils of its neglect duly proclaimed. Sterilization, the Sub-Committee desires to point out, would not prevent these evils, and its practice would be of little avail if unrecognized and untrained defectives are to continue to be—as they are—a source of unnecessary anxiety and cost to the community in which they live.

**Future of Legal
Medicine.**

The Sub-Committee is interested in the future of medico-legal problems. That future, to be successful, entails a closer association with psychological activities. Until now medico-legal institutes have been concerned chiefly with such subjects as morbid anatomy, forensic chemistry, and toxicology; the modern conception of crime requires that their establishments should be enlarged to include departments for the study of criminal psychology and sociology, forensic psychiatry, and penology. It is the hope of the Sub-Committee to be able to assist in the integration of this ideal.

F. DOUGLAS TURNER,
Chairman.

H. FREIZE STEPHENS,
Honorary Secretary.

THE PUBLICITY AND PUBLICATIONS SUB-COMMITTEE.

Several meetings of this Sub-Committee were held during the period under review, mainly to discuss the arrangements and to draw up the programme in connection with the Third Biennial Mental Health Conference, also to consider the Council's policy in regard to letters sent to the Press to which reference is made in the Report of the No. 1 Sub-Committee.

Cordial thanks are due to Dr. Doris Odlum and Dr. and Mrs. J. R. Rees for their kind hospitality to the Sub-Committee.

GEORGE SOMERVILLE,
Honorary Secretary and Convener.

THE NATIONAL COUNCIL FOR MENTAL HYGIENE (INCORPORATED).
BALANCE SHEET, 31ST DECEMBER, 1933

Dr.

Cr.

	£	s.	d.
To SUBSCRIPTIONS PAID IN ADVANCE	23	7	9
To CREDITORS	59	11	3
To COLONEL J. WALEY-COHEN FUND	49	17	6
<i>Note.</i> —This Fund was created by a gift of £50 5% War Loan 1929/47, the Income to be applied to Subscriptions.			
To INCOME AND EXPENDITURE ACCOUNT—			
Excess of Income over Expenditure, per attached account	493	3	6
Less Balance at 31st December, 1932	131	7	1
	361	16	5
	£494	12	11

SOUTHBOROUGH,
Hon. Treasurer.
M. de VERE HUNT,
Secretary.

	£	s.	d.
By CASH AT BANKERS	385	7	1
By COLONEL J. WALEY-COHEN FUND INVESTMENT	49	17	6
£50 3½% War Stock at Cost
(Market value £50 12s. 6d.)
By DEBTORS AND DEPOSITS	17	18	6
By OFFICE FURNITURE AND EQUIPMENT, AT COST—	41	9	10
As at 31st December, 1932
	£494	12	11

TO THE MEMBERS OF THE NATIONAL COUNCIL FOR MENTAL HYGIENE (INCORPORATED).

We have audited the above Balance Sheet dated 31st December, 1933, and have received all the information and explanations we have required. In our opinion such Balance Sheet is properly drawn up so as to exhibit a true and correct view of the state of the Council's affairs according to the best of our information and the explanations given to us and as shown by the books of the Council.

BARTON, MAYHEW & Co.,
Chartered Accountants,
Hon. Auditors.

Alderman's House, Bishopsgate, London, E.C. 2.
20th April, 1934.

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED
31ST DECEMBER, 1933.

Dr.

Cr.

	£	s.	d.	£	s.	d.
To SECRETARY'S SALARY AND CLERICAL ASSISTANCE	300	12	11			
To OFFICE RENT AND EXPENSES	110	15	4			
To PRINTING AND STATIONERY—						
Annual Report	30	10	0			
General	65	16	9			
	96	6	9			
To POSTAGE	33	17	4			
To TRAVELLING AND MISCELLANEOUS EXPENSES	55	5	6			
	596	17	10			
To PROPAGANDA EXPENSES	88	4	4			
To BALANCE, EXCESS OF INCOME OVER EXPENDITURE, carried to Balance Sheet	493	3	6			
	1,178	5	8			
				267	5	0
By MEMBERS' SUBSCRIPTIONS—						
1932 2 Associate Members at 5s.				0	10	0
1933—220 Full Members at £1 1s.				231	0	0
" 111 Associate Members at 5s.				27	15	0
" 2 Full Members at £2 2s.				4	4	0
" 1 Full Member at £1 5s.				1	5	0
" 1 " " £1				1	0	0
" 2 Full Members at 10s. 6d.				1	1	0
" 1 Associate Member at 10s.				0	10	0
				267	5	0
By DONATIONS—						
General				25	11	6
Balance of money received from the late Sir H. Plunkett				89	10	0
				115	1	6
By BROADCAST APPEAL				551	9	10
By NET PROCEEDS OF CONFERENCE—						
Receipts				222	7	8
Less Expenses				182	11	8
				39	16	0
By SALE OF PUBLICATIONS, ADVERTISEMENTS AND LECTURE TICKETS				204	13	4
				1,178	5	8

SUBSCRIPTIONS AND DONATIONS

FOR THE YEAR ENDED 31ST DECEMBER, 1933.

	Subscriptions.			Donations.	
	£	s.	d.	s.	d.
Addis, Miss Robina S.		5	0		—
Allen, Miss D. H.	1	1	0		—
Allen, D. N., Esq.		5	0		—
Appleby, Miss Kathleen	1	1	0		—
Armstrong-Jones, Sir Robert	1	1	0		—
Ashby, Mrs. Corbett		5	0		—
Bain, Dr. John	1	1	0		—
Balfour, John, Esq.	1	1	0		—
Balfour, Mrs. W. J.	1	1	0		—
Barkas, Dr. Mary R.	1	1	0		—
Barnett, Dame Henrietta	1	1	0		—
Barton, Miss L. K.		5	0		—
Barton Hall, Dr. Stephen	1	1	0		—
Barton Hall, Dr. Muriel	1	1	0		—
Bennet, Dr. E. A.	1	1	0		—
Berkeley-Hill, Lt.-Col. Owen, I.M.S.	1	1	0		—
Berry, Lady	1	1	0		—
Berry, Miss V. M.		5	0		—
Bervon, Miss Florence		5	0		—
Béthune-Morgan, A., Esq.	1	1	0		—
Bevan-Brown, Dr. Maurice	1	1	0		—
Bird, Alderman Sir C. H.	1	1	0		—
Birley, Dr. J. L.	1	1	0		—
Bodkin, Mrs. Raymond M.		5	0		—
Bolton, Mrs. Beryl	1	1	0		—
Bond, Sir Hubert	1	1	0		—
Bore, Miss Norah H.		5	0		—
Boyle, Sir Alexander G.	1	1	0		—
Boyle, Dr. A. Helen	1	1	0	15	6
Boyle, Miss O. W... .. .	1	1	0		—
Brameld, Miss I.		5	0		—
Bramwell, Professor Edwin	1	1	0		—
Bramwell, Mrs. George	1	0	0		—
Brasher, Dr. C. W. J.	1	1	0		—
Brinton, Miss Noel		5	0		—
British Hospital for Functional Mental and Nervous Disorders	1	1	0		—
British Social Hygiene Council	1	1	0		—
Bromley, L. C., Esq.	1	1	0		—
Brooke, Miss M. E. R.	1	1	0		—
Brown, Miss A. F... .. .		5	0		—
Brown, Sir Herbert	1	1	0		—
Carried forward	34	4	0	15	6

	Subscriptions.			Donations.		
	£	s.	d.	£	s.	d.
Brought forward	34	4	0	0	15	6
Brown, Dr. R. Dods	1	1	0	—	—	—
Brown, Miss S. Clement		5	0	—	—	—
Brown, Dr. William	1	1	0	—	—	—
Brownlow, Miss B.	1	1	0	—	—	—
Bryant, Miss G. E... ..		5	0	—	—	—
Bryce, Dr. W. H.	1	1	0	—	—	—
Buckland, Miss H... ..	—	—	—	1	1	0
Bullivant, Mrs.		5	0	—	—	—
Burn, Dr. Alice M.	1	1	0	—	—	—
Burn-Forsyth, Miss M.		5	0	—	—	—
Buzzard, Sir Farquhar, Bart.	1	1	0	—	—	—
Cadbury, Mr. and Mrs. George	1	1	0	—	—	—
Caldicott, Dr. C. H.	1	1	0	—	—	—
Cambridgeshire Federation of Women's Institutes (per Dr. Alice Hutchison)	—	—	—	1	1	0
Camenisch, Miss A.		5	0	—	—	—
Campbell, Dr. R. Brown	1	1	0	—	—	—
Carpmael, Miss A. M.		5	0	—	—	—
Carthew, Miss A. C. E.	1	1	0	—	—	—
Casson, Dr. Elizabeth	1	1	0	—	—	—
Castle Stewart, The Rt. Hon. the Earl of	1	1	0	—	—	—
Caton, Miss A. R.	1	1	0	—	—	—
Caton, Miss H. C.	1	1	0	—	—	—
Cecil, The Lady Gwendolen	1	1	0	—	—	—
Chambers, Miss B. A.	1	1	0	—	—	—
Chambers, Mrs. H. Polhill	1	1	0	—	—	—
Chambers, Dr. James	1	1	0	—	—	—
Chartered Society of Massage and Medical Gymnastics, The	1	1	0	—	—	—
Chichester, The Rt. Rev. The Bishop of	1	1	0	—	—	—
Chichester, The Rt. Hon. The Countess of	1	1	0	—	—	—
Child Guidance Council	1	1	0	—	—	—
Chubb, Miss A. M.	1	1	0	—	—	—
Chubb, Miss M. V.		5	0	—	—	—
Clarke, Miss E. Fielding	1	1	0	—	—	—
Cohen, Col. J. Waley	1	5	0	—	—	—
Comerford, W. E., Esq.	1	1	0	—	—	—
Constable, Mrs. R... ..		5	0	—	—	—
Cooper, Miss Bertha H.	1	1	0	—	—	—
Coreth, Countess Rudolf	1	1	0	—	—	—
Cowie, Miss J. C.	1	1	0	—	—	—
Cowlin, Miss Gertrude		5	0	—	—	—
Craig, Sir Maurice	1	1	0	2	2	0
Craig, Dr. R. N.	1	1	0	—	—	—
Craven, Miss C. M.	1	1	0	—	—	—
Crawshay, Mrs. Henry		5	0	—	—	—
Crichton-Miller, Dr. H.	1	1	0	—	—	—
Crosse, Miss Olive	1	1	0	—	—	—
Crow, Dr. Nora A.		5	0	—	—	—
Crowley, Dr. R. H.	1	1	0	—	—	—
Culpin, Dr. Millais	1	1	0	—	—	—
Cummins, Miss A. E.		5	0	—	—	—
Curran, Dr. Desmond	1	1	0	—	—	—
Dale, Miss Violet M.	1	1	0	—	—	—
Carried forward	77	6	0	4	19	6

	Subscriptions.			Donations.		
	£	s.	d.	£	s.	d.
Brought forward	77	6	0	4	19	6
Das, Dr. Banarsi		5	0	—	—	—
Davidson, Dr. Andrew	1	1	0	—	—	—
Davidson, Mrs. Mary		5	0	—	—	—
Dawson of Penn, The Rt. Hon. Lord	1	1	0	—	—	—
Dawson, Miss A. M.	1	1	0	—	—	—
Dawson, Dr. W. S.	1	1	0	—	—	—
Dent, Mrs. Leonard (1932/1933)		10	0	—	—	—
de Peyer, Miss Hilda	1	1	0	—	—	—
Devine, Dr. H.	1	1	0	—	—	—
Dodd, Dr. F. H.	1	1	0	—	—	—
Doggett, Miss Hilda R.	1	1	0	—	—	—
Eccles, Miss F. A.		5	0	—	—	—
Edwards, Miss E. M.		5	0	—	—	—
Edwards, Dr. F. H.	1	1	0	—	—	—
Egerton, Miss M.		5	0	—	—	—
Ellice, Mrs. M.		5	0	—	—	—
Evans, Dr. Erie		5	0	—	—	—
Evans, Dr. L. Wilson		5	0	—	—	—
Eyre, Dr. J. J.	1	1	0	—	—	—
Fairfield, Dr. Letitia	1	1	0	—	—	—
Fanning, Miss F. E.	1	1	0	—	—	—
Ferard, Miss L.		5	0	—	—	—
Findlay, Miss E. M.		5	0	—	—	—
FitzAdam-Ormiston, Mrs.	1	1	0	—	—	—
Fleming, Dr. G. W. T. H.	1	1	0	—	—	—
Fleming, H. A., Esq.		5	0	—	—	—
Flugel, Mrs.		5	0	—	—	—
Forsyth, Dr. David	1	1	0	—	—	—
Fowler, J. S., Esq.		5	0	—	—	—
Fox, Dr. E. L.	1	1	0	—	—	—
Fox, Miss Evelyn	1	1	0	—	—	—
Fox, Miss E. M.	1	1	0	—	—	—
Fox, Dr. J. Tylor		5	0	—	—	—
Foxcroft, Miss H. G.		5	0	—	—	—
Franklin, The Hon. Mrs. E. L.	1	1	0	—	—	—
Fremantle, The Hon. Mrs. R.	1	1	0	—	—	—
Furse, Dame Katharine	1	1	0	—	—	—
Gairdner, Miss A. E.	1	1	0	—	—	—
Garrett, Mrs. Frieda	1	1	0	—	—	—
Gillespie, Dr. R. D.	1	1	0	—	—	—
Goldschmidt, E., Esq.	1	1	0	—	—	—
Good, Dr. T. S.	1	1	0	—	—	—
Goodall, Dr. Edwin	1	1	0	—	—	—
Gordon, Dr. George	1	1	0	—	—	—
Gordon, Dr. R. G...	1	1	0	—	—	—
Gosling, Miss Florence M.	1	1	0	—	—	—
Gosse, Miss Teresa	1	1	0	—	—	—
Grant, Dr. Florence M.	1	1	0	—	—	—
Guardianship Society (per Miss G. Woodhead)	1	1	0	—	—	—
Gunter, Miss L. D.	1	1	0	—	—	—
Gwyer, Lady		5	0	—	—	—
Hadfield, Dr. J. A.	1	1	0	—	—	—
Hagodol Social Club (per Dr. Bevan-Brown)		—	—	10	6	—
Carried forward	118	11	0	5	10	0

	Subscriptions.			Donations.		
	£	s.	d.	£	s.	d.
Brought forward	118	11	0	5	10	0
Halford, Miss Jeanette	1	1	0	—	—	—
Hamilton, Dr. D. L.		5	0	—	—	—
Hanson, W. A., Esq.		5	0	—	—	—
Harris, Dr. Lilian C.	1	1	0	—	—	—
Hart, Dr. Bernard	1	1	0	—	—	—
Hartree, Mrs. Eva	1	1	0	—	—	—
Haworth, Dr. Norah A.		5	0	—	—	—
Heffernan, Miss Alice		5	0	—	—	—
Henderson, Dr. Hester M.	1	1	0	—	—	—
Herford, Mrs.	1	1	0	—	—	—
Heron, Dr. Doris E.		5	0	—	—	—
Hewetson, Dr. W. M.	1	1	0	—	—	—
Higgs, P. J., Esq.		5	0	—	—	—
Hingston, Dr. C. L.	1	1	0	—	—	—
Hobhouse, Dr. E. W. Neill	1	1	0	—	—	—
Hodgson, Miss Florence	—	—	—	2	6	—
Holman, Mrs. Amy		5	0	—	—	—
Holmes, Miss Gordon	1	1	0	—	—	—
Hoile, Mrs. Dora		5	0	—	—	—
Horder, Miss Hilda		5	0	—	—	—
Horsfall, Miss Mary	1	1	0	—	—	—
Horton, A. W., Esq.	1	1	0	—	—	—
Howden, R. A., Esq.	1	1	0	—	—	—
Hubback, Mrs. M. A.		5	0	—	—	—
Hunnybun, Miss N. K.	1	1	0	—	—	—
Hylton, The Hon. Lady	1	1	0	—	—	—
Ingham, Miss M. R.		5	0	—	—	—
Jackson, Dr. J. L... .. .	1	1	0	—	—	—
James, Miss Bertha	1	1	0	—	—	—
James, Dr. G. W. B.	1	1	0	—	—	—
Johnson, Dr. William	1	1	0	—	—	—
Johnson, W. C., Esq.	1	1	0	—	—	—
Johnston, Sidney, Esq.		5	0	—	—	—
Kean, Mrs. Herbert	1	1	0	—	—	—
Kendzior, Mrs.		5	0	—	—	—
Kennedy, Miss Joan	1	1	0	—	—	—
Kimber, Dr. W. J. T.	1	1	0	—	—	—
Kimmins, C. W., Esq.	1	1	0	—	—	—
King-Turner, Miss A.		5	0	—	—	—
Kitchin, Dr. Kathleen F.	1	1	0	—	—	—
Klaassen, Miss Helen G. (*towards printing costs of 'Mental Hygiene')	1	1	0	*10	0	0
Laski, Mrs. S.		5	0	—	—	—
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