

Annual report of the Brighton County Borough Mental Hospital : Haywards Heath : 1926

Contributors

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THE
Twenty-third Annual Report
OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH.

BEING THE 68TH ANNUAL REPORT
SINCE THE
OPENING OF THE HOSPITAL.

FOR THE YEAR 1926.

BRIGHTON :
WALTER GILLETT, LTD., Printers, 42 MARKET STREET

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LIST OF MEMBERS OF THE VISITING COMMITTEE.

WITH THE DATES OF THEIR APPOINTMENTS.

COUNCILLOR RICHARD MAJOR	(<i>Mayor</i>)	November, 1926. 20, Hanover Crescent, Brighton.
ALDERMAN WILLIAM STEVENS, J.P.,	(<i>Chairman</i>)	April, 1919. 26 Marlborough Place, Brighton.
ALDERMAN HENRY GERVIS, J.P.,		Nov., 1919. 14, Stanford Avenue, Brighton.
ALDERMAN JOHN LINTOTT,		Sept., 1908. 1, Waldegrave Road, Brighton.
ALDERMAN JOSEPH STRINGER,		Nov., 1903. The Nook, Wellington Road, Brighton.
ALDERMAN CHARLES JOHN TEASDALE, J.P.,		Nov., 1920. 24 Walpole Road, Brighton.
ALDERMAN FRANCIS THOMAS WILSON, J.P.,		June, 1912. 2, Temple Gardens, Brighton.
ALDERMAN WILLIAM GEORGE WELLMAN,		Nov., 1919. 14, Harrington Villas, Brighton.
COUNCILLOR THOMAS JAMES BRAYBON,		Nov., 1913. 4, South Drive, Queen's Park, Brighton.
COUNCILLOR GEORGE BRIDLE,		Nov., 1925. 352 Ditchling Road, Brighton.
COUNCILLOR TOM COCHRANE,		Feb., 1924. 45, Stanley Road, Brighton.
COUNCILLOR JOHN MANSFIELD,		Nov., 1916. 17, Stanford Avenue, Brighton.
COUNCILLOR MICHAEL MARTEN,		Nov., 1926. 22, Over Street, Brighton.
COUNCILLOR ALBERT EDWARD PETER,		April, 1921 Stoneleigh, Preston Park, Brighton.
COUNCILLOR CYRIL WILKINSON,		Mar. 1912. 7, Cavendish Place, Brighton.
31st MARCH, 1927.		

LIST OF THE OFFICERS.

Medical Superintendent—G. H. Harper-Smith, Esq., M.A., M.D.,
(Camb.), M.R.C.S., and L.R.C.P.

First Assistant Medical Officer—F. H. Guppy, Esq., M.C.
M.R.C.S., L.R.C.P., and D.P.M.

Second Assistant Medical Officer—H. V. Humphry, Esq.,
L.M.S.A.A.

Consulting Surgeon—R. F. Jowers, Esq., F.R.C.S.

Dentist—S. F. Glassington, Esq., L.D.S., R.F.P.S.

Chaplain—Rev. Prebendary J.A.W. Bell, M.A.

Clerk and Steward—Mr. W. E. Mitchell.

Storekeeper—Mr. E. E. Doughty.

Matron—Miss J. Goodwin.

Housekeeper—Miss M. Darbyshire

Sister Tutor—Miss A. W. Armstrong

Chief Male Nurse—Mr. F. W. Keeling

Farm Bailiff—Mr. M. Waterer.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Jas. H. Rothwell, Esq., C.B.E.

31st March, 1927.

Brighton County Borough Mental Hospital.

TWENTY-THIRD ANNUAL
REPORT OF THE VISITING COMMITTEE
(Pursuant to Section 190 of the Lunacy Act, 1890),
BEING THE SIXTY-EIGHTH ANNUAL REPORT SINCE
THE FOUNDATION OF THE MENTAL HOSPITAL.

To the Council of the County Borough of Brighton.

The Visiting Committee submit their Report for the past year.

The number of patients on the books on the 31st December last, and on the corresponding date of the previous year, was as follows:—

	1925	1926
Males	301	310
Females	527	524

The numbers are divided as follows:—

	Males.	Females	Total
From Brighton Parish	176	299	475
From Brighton Borough	2	5	7
From the part of the Steyning Union within the County Borough	35	70	105
From Eastbourne Union	51	89	140
From Napsbury Mental Hospital ...	—	15	15
Out County	7	7	14
Private	15	39	54
Service	22	—	22
Ex-Service	2	—	2

In addition to the above there are five female children placed under contract at Hellingly Mental Hospital and nine male children placed under contract at the Surrey County Mental Hospital at Netherne. There are also three male patients at Hellingly receiving malarial treatment.

It was a cause of much regret to the members of the Committee that Mr. James Colbourne, J.P., owing to his retirement from the Town Council in October last, ceased to be their Chairman. Mr. Colbourne had been a member of the Visiting Committee since November 1903, and had been Chairman of the Committee for the past ten years. The Committee desire to place on record their great appreciation of the able and courteous manner in which Mr. Colbourne presided over their meetings, and the conspicuous services he has rendered to the Institution during the 23 years of his membership of the Committee. Mr. Alderman Stevens has been elected Chairman, and Mr. Alderman Gervis, Vice-Chairman of the Committee.

The Committee record with regret the sudden death in September last of their Assistant Clerk and Steward, Mr. E. C. Thompson, after upwards of 24 years' service. A gratuity with the approval of the Town Council was granted to his widow. Mr. L. G. Clout, Second Assistant Clerk, was promoted to fill the vacancy.

Mr. E. A. Hammond, Deputy Head Male Nurse, having obtained another appointment, his position was filled by the promotion of a member of the Staff.

Mr. E. C. Rees has been appointed Electrical Engineer of the Hospital.

A new departure has been made by the appointment of a Sister Tutor, whose principal duties are the training of probationer nurses.

The general health of the patients and staff has been satisfactory.

The weekly maintenance rate in respect of the four quarters of 1926 was fixed by the Visiting Committee, as follows:—

			1926	1925
March Quarter	...	...	24/6	24/9
June Quarter	...	...	24/6	24/9
September Quarter	...	...	24/6	24/9
December Quarter	...	...	24/6	24/6

Members of the Committee have regularly visited the patients and inspected the wards at each monthly meeting.

A Commissioner of the Board of Control paid a visit of inspection to the Hospital on 10th December last, and in his report expressed himself as favourably impressed with the many improvements that had been effected at the Hospital since his last visit, three years ago. The Headquarters Inspector of the Ministry of Pensions has also visited the Service Patients detained in the Hospital.

Deputations from Boards of Guardians have visited the patients in the Institution chargeable to their respective Unions, and have left favourable reports in all cases.

A visit of inspection has been made by members of the Visiting Committee to the Brighton imbecile children boarded out at the Hellingly and Netherne Mental Hospitals respectively.

The scheme for the installation of electricity at the Hospital, which was approved by the Town Council in September, 1924, has now been completed at a cost of approximately £19,500. The Committee are satisfied that the installation of electricity throughout the buildings will not only add materially to the comfort of the patients and staff, but will ultimately effect a considerable economy in administration.

Other improvements which have been carried out during the year, or which are under consideration, comprise the following :—

The provision of an Operating Theatre, with covered way to same, and operating fittings, at an estimated cost of £1,450.

The conversion of the old stable buildings into a Pathological Laboratory, at a cost, including the necessary equipment, of £320.

The improvement of the ablution arrangements in the wards as circumstances permit, by the substitution of modern washing basins.

The installation of a Cinematograph for the entertainment of the patients, at an approximate cost, including chamber for housing same, of £200. Part of the cost of this has been defrayed by a portion of the proceeds of a Sale and Sports organised by the Staff.

The provision of Refrigerating Plant adjoining the Meat Store, at a cost of £600.

The Improvement of the Cow Houses at the Farm, at an estimated cost of £350.

Consequent upon the report from Mr. Thorpe, the Chief Officer of the Brighton Fire Brigade, the Committee have decided to re-organise the present Fire Brigade of the Institution, to erect a fire station, to modernise the internal fire hydrants, and to provide up-to-date fire equipment, at an estimated cost of £1,875. This expenditure will be partly defrayed out of Maintenance Account and partly out of the Building and Repairs Fund.

Superannuation allowances have been granted during the year to the following officers and servants, viz. :— Charge Nurse Louisa Green ; Male Nurses W. Newnham and H. Thomas ; J. Bull, Assistant Gardener ; J. Croft, Blacksmith ; and F. Jones, Stores Porter.

On the 29th May last the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March last, and these accounts will appear in the Committee's Blue Book.

The prescribed increases of pensions under the Pensions (Increase) Act, 1920, granted to pensioners of

the Institution eligible to receive the same, have, with the concurrence of the contributing Authorities, been further continued until the 31st March, 1927.

The Committee record with satisfaction that Dr. Harper-Smith and the Staff under him continue to discharge their respective duties with zeal and efficiency.

The Committee also desire to acknowledge the help they have received from the Town Clerk and members of his Staff.

On behalf of the Committee.

(Signed) WM STEVENS,
Chairman.

2nd February, 1927.

THE
MEDICAL SUPERINTENDENT'S REPORT.

To the Visiting Committee.

MR. CHAIRMAN AND GENTLEMEN,

I have the honour to submit the Twenty-third Annual Report of the Brighton County Borough Mental Hospital, being the sixty-eighth report since the opening of the Institution.

The admissions during the year 1926 have been, Males 84 ; Females 125 ; Total 209. The discharges during the year have been : Males, 49 ; Females 91 ; Total 140. The deaths during the year have been Males 26 ; Females 37 ; Total 63.

The average daily number resident during the year has been : Males 311 ; Females 523 ; Total 834.

The number in the Hospital on December 31st, was : Males 310 ; Females 524 ; Total 834.

They were chargeable as follows :—

	M.	F.	Total.
Brighton Parish	176	299	475
The portion of Steyning Union included in the County Bor- ough of Brighton	35	70	105
Out County Unions	7	7	14
Private Patients	15	39	54
Service Patients	22	—	22
Ex-Service Patients	2	—	2

Patients under Contract—East-

bourne	51	89	140
Napsbury	—	15	15
Borough of Brighton	2	5	7

Compared with year ending December 31st, 1925, the number of patients chargeable to the Brighton Parish has decreased by 5, while the whole number remaining in the Hospital has increased by 6.

The number of indirect admissions, that is transfers from other Hospitals was 5 males and 18 females, total 23. 34 males and 57 females were discharged recovered during the year, giving a percentage of recoveries, calculated on direct admissions of 42.8 per cent. for males, and 53.2 per cent for females.

The following casualties have occurred during the year.

C.A.P., burn on neck on 1/1/26, caused while lighting his pipe at the ward fire.

E.R., impacted fracture left femur, on 6/3/26, caused by slipping on the polished floor whilst responding to auditory hallucinations.

A.E.W., Potts fracture right leg, on 10/6/26, slipping on step and falling.

A.H.E., scald left thigh and left side of abdomen on 21/6/26, caused by accidentally upsetting a bucket of hot water over himself while working in the Kitchen.

A.W., fracture right femur on 19/7/26, a spontaneous fracture. She was in bed when the fracture occurred and her age was 87.

A.M.C.S., dislocation of right shoulder on 15/8/26, caused by tripping over a rolled piece of matting in the dormitory.

S.B., small scalds on both forearms, on 6/10/26, caused by steam from boiling kettle when getting a light for his pipe from the fire.

J.O.S., dislocation of left shoulder on 27/11/26, caused by slipping down in Ward Garden, and after falling, rolling down a grassy slope.

No enquiry into the cause of death has been held by the Coroner.

During the year the health of the patients has been extremely good, considering the number of very old people in the Hospital.

No patient has suffered from Dysentery during the year; the last case occurred in March, 1924.

One male patient had chicken pox, and one female patient and one female Nurse had Enteric Fever. Four male patients and 12 females are suffering from chronic tuberculosis.

Dr. Forward, an inspector of the Ministry of Pensions visited on September 25th, and Dr. Bond, a commissioner of the Board of Control visited on the 10th, and 11th December.

Deputations from Eastbourne, Steyning and Brighton Boards of Guardians have visited the Hospital twice during the year, and a deputation from the Edmonton Board of Guardians once. They all left satisfactory reports.

A Bazaar was held on June 24th for the patient's Entertainment Fund; a large number of patients and staff worked for the Bazaar from September, 1925, to June, 1926, and a sum of £200 15s. 3d. was paid to the fund.

The Electric Generating Plant commenced to supply current on the 8th December. Mr. E. C. Rees commenced duties as Electrical Engineer on the 26th November.

A Pavilion, with accommodation for washing and changing is in course of erection in the Park.

I regret to have to record the death of Mr. E. C. Thompson on September 15th, who was the deputy Clerk and Steward, after 24 years' service. Mr. L. G. Clout was promoted to the post of deputy Clerk and Steward.

During the year, Mr. James Colbourne, J.P., the Chairman of the Committee resigned. I am greatly indebted to him, for the interest he took in the Hospital, and for the kindness and assistance he always extended to me in its administration.

Vaccine treatment is now being tried on certain selected cases; it is, however too early yet to give any results, though one case is worthy of notice.

A male patient, aged 38, suffering from acute Mania, on admission, was restless, resistive and impulsive and had auditory and visual hallucinations; he was at times violent and dangerous to others. For five months he showed no signs of improvement, and, at the suggestion of Dr. White Robertson, he was placed on a modified and reduced diet with fruit juices, an X-ray examination after a Bismouth Meal having shown atony and dilation of his intestines. He was further treated with free purgatives and an autogenous vaccine. After nine weeks he improved and was placed on Ground Parole. A few weeks later he was discharged by order of his father. The discharge was somewhat premature, but I am informed that he has kept well since and is working in his father's office.

Evidence points to the probability that bodily disease causes the mental disorder, and auto-intoxica-

tion following a chronic intestinal Stasis may explain many states of depression with loss of appetite and refusal of food.

Vaccine treatment whether prophylactic or curative, is both logical and harmless. The treatment consists of graduated doses of a detoxicated neurotonic Vaccine, containing a large percentage of definitely pathogenic intestinal organisms, together with a modified diet.

During the year, five patients suffering from General Paralysis with a positive Wasserman Test, have been temporarily transferred to the East Sussex Mental Hospital, Hellingly, for Malarial treatment. Of these, one has not improved, three are reported as improving, and one has returned to this Hospital much improved.

The Hospital Band which consists of nine Male Nurses has greatly improved during the year, under the leadership of Mr. F. Knight. The Band plays at all Entertainments and at the patients' dances. It also plays at the dances given by the Social and Sports Club, and the members have given great assistance at the smoking concerts held in Ward 7, for Male and Female patients.

During the year, 37 female patients and 32 male patients have been on full parole, outside the Hospital Grounds, and 95 male patients have been on parole within the grounds.

Week-end leave has been granted to male patients on 36 occasions during the year, and absence for the day with friends on 55 occasions.

On nine occasions members of the Staff have voluntarily taken out Male patients for the day to Brighton.

Parties of male and female patients have on several occasions visited the local Cinema, attended Cricket and Football Matches, locally, and in Brighton. Parties

of patients always attend local flower shows and fetes held in the Victoria Park, Haywards Heath.

Parties of patients have on several occasions had char-a-banc drives to places of interest in the neighbourhood ; a party of 21 female patients starting at 8 a.m. went by train to Hassocks and spent the day on the Downs returning to the Hospital at 10.30 p.m.

Football, Cricket and Stoolball Matches have been played by the patients. Entertainments, Whist Drives and Concerts are frequently held for the patients. The expenses for their outings have been taken, partly from the profits made on the Bazaar, and also from the profit of the Canteen, which has been organised by the Committee of the Hospital Social and Sports Club. A sum of £32 18s. 2d. has been paid into the Entertainment Fund by the Committee of this Club.

The Clinic which is held every Monday afternoon in Brighton, is becoming better known, and during the year 99 patients have been treated. They have attended on 301 occasions. The number of patients who have had treatment after leaving this Hospital has been 28.

I wish to thank the Guardianship Society for supplying the rooms, and a Nurse, and also Miss Woodhead, for organising the work of the Clinic.

I wish to thank the Officers and Staff for the great assistance they have given me in carrying out the work of the Hospital, and I beg to tender my sincere thanks to the Chairman and Members of the Committee for their continued support.

I am,
Your obedient Servant,
(Signed) G. H. HARPER SMITH,
Medical Superintendent.

29th January, 1927.

THE REPORT OF THE CHAPLAIN.

GENTLEMEN,

In accordance with your regulations I present my second Annual Report on the work of the Chaplain of the Hospital.

There has been no change in the routine work. Prayers have been said every week-day morning in the Dining Halls, and in addition, in Male Ward VI. on Mondays, and in the Female Ward VI. on Fridays. On Sundays there have been Morning Prayer and Sermon at 10 a.m., and Evensong at 3 p.m., followed by prayer in Male Ward V. in the morning and Female Ward V. in the afternoon.

Services were also conducted at 10 a.m. on Ash Wednesday, Good Friday, Ascension Day, and Christmas Day. The Holy Communion was celebrated at 9 a.m. on the first Sunday in each month, on Whitsunday and on Christmas Day. On Advent Sunday, 28th November, the preacher was the Rev. A. R. Harper Smith, Superintendent of the Mission to Seamen.

The appointments of the Chapel have been further improved, and the sum of £4 10s. 11d. towards the furtherance of this object has been collected in the boxes at the doors of the Chapel.

Twenty-one funerals have been conducted in the Hospital Chapel and Cemetery during the year.

The organist and choir have worked hard for the improvement of the music at the services, in addition

to the normal Sunday music, Maunders Cantata, Penitence, Pardon, and Peace was sung in Lent, and Carols on Christmas Day and the Sunday following.

One of the Nursing staff was prepared for Confirmation, and was confirmed by the Lord Bishop of Lewes, at St. Michael's Church, Lewes, on October 12th.

The Wards, Sanatorium, and Institution have been regularly visited. The system of "special case" papers has been revived, and many individual visits have been paid in cases of serious illness.

The Recreation Hall was visited nine times on Wednesday afternoons during visiting hours.

Three lectures with lantern slides were given during the early months of the year, and were apparently much appreciated by the patients. An address was also given to the Literary Society.

A considerable amount of time and attention has been given to the Library.

My colleagues the Rev. R. T. Cripps and the Rev. H. E. Ward have shown the greatest willingness to co-operate with me in carrying out the duties of the Chaplain's office.

I am, Gentlemen,

Yours faithfully,

(Signed) J. A. W. BELL,

*Vicar of Haywards Heath and
Prebendary of Chichester,*

Chaplain.

REPORT OF THE DENTAL SURGEON.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

The Dental Surgeon has the honour to lay before the Committee his Annual Report.

The number of patients attended since January, 1926, has been 570 : Males, 235 ; Females 335.

The number of teeth extracted has been 505, gas being administered in 31 cases, the remainder being extracted with local anaesthetic.

The number of fillings completed has been 14, and 52 patients have had their teeth scaled and cleaned.

A number of patients have had their dentures attended to.

The Dental Surgeon wishes to thank the Medical Officers for their kind assistance in the administration of N.2.0 gas.

(Signed) S. F. GLASSINGTON,

L.D.S., R.F.P.S.

31st December, 1926.

REPORT OF A COMMISSIONER OF THE BOARD
OF CONTROL.

BRIGHTON COUNTY MENTAL HOSPITAL,
HAYWARDS HEATH,

11th December, 1926.

It is three and a quarter years since I visited this Hospital and, in the course of my tour yesterday through the Wards and some other parts of the Institution, it was impossible to be otherwise than favourably impressed with the many improvements that have been effected in that interval, and with an evident desire and intention on the part of the Authorities here to maintain a progressive policy.

Conspicuous among improvements that have been completed is the erection of a generating station for the supply of electricity for light and power. Current for light was turned on a few days ago, and my visit was sufficiently prolonged into yesterday evening to enable me to observe that the result seems very satisfactory, also that there are now no single rooms without artificial light. I feel sure that this has been a most wise provision on the part of the Committee and that, besides the additional comfort thus secured, it will prove an economical step. Moreover, there are other provisions which it has been desired to make, but which have had to stand over pending the availability of electric current; for instance, adequate arrangements for giving Cinema entertainments and, in the Kitchen, a Hobart mixer.

A much needed Sewing Room and a Waiting Room have been provided by the conversion of other rooms. Sanitary conveniences are being modernized and the

ranges of new basins, fitted with hot and cold water, in Male Wards 1, 2, and 3, and in the correspondingly numbered Wards on the Women's side, are a marked improvement on what previously existed. Another item completed is the tarphalting of the paths in all the Ward gardens and laundry yard. There were many other improvements—some of them administrative—that I observed though they are, in a sense, minor and do not call for mention in this Entry, they all have a material bearing upon the comfort and well-being of the patients.

Among improvements contemplated by the Committee, some of which have received their approval, mention may be made of:—provision of a refrigerator, in the Stores, (2) of a Pavilion in the Park, (3) of a Fire Station, (4) connecting the drainage with the public sewer, (5) plastering the small dormitories in female wards 1, 2, 3, and 4, and other redecorative work, and (6) the provision of a Pathological Laboratory and Operating Room.

The Laboratory, it is hoped, will be shortly completed and then will arise the question how best to ensure that it is fully utilized. Undoubtedly one essential will be the services—whole or part time—of a Laboratory Assistant. With respect to Pathologists' duties, I suggested to Dr. Harper-Smith that, in order to secure continuity of work in the hands of an expert, consideration might well be given to the appointment of a Visiting Pathologist—perhaps by co-operation with the Stephen Ralli Laboratory of the Royal Sussex County Hospital. Links between the medical work of a special hospital and that of a general hospital are all to the good; and there is already a precedent, in that a member (Mr. R. F. Jowers, F.R.C.S.) of the Honorary staff of that well-known Hospital is visiting Surgeon here.

In connection with the projected Operating Room, plans of which have been the subject of correspondence

with our Board, I was glad to avail myself of the opportunity yesterday of looking at the proposals on the spot and discussing them with Mr. J. G. Gibbins, the Committee's Architect, as well as with the Superintendent.

Though most reluctant to suggest postponement of the provision of what is said to be a much felt need, I cannot but think the Committee would be well advised were they to re-open consideration as to the erection of an Admission Hospital when, should they decide to make this provision, proper surgical as well as medical facilities could be incorporated in it. Ordinarily, an Operating Room is best situated near the sick wards; but the difficulties of arranging for this here seem to be great, and hence my suggestion. In this connection some misunderstanding appears to have arisen; but I explained that, in order to enable the Committee adequately to consider the question of an Admission Hospital, our Board would gladly give assistance in working out details.

Before passing from structural matters, there is one matter I should like to emphasize; namely the pressing necessity for some verandahs. That they would be thoroughly utilized here, there need be no doubt; for, in order to give open-air treatment to patients in bed, the nursing staff with commendable enthusiasm daily carry the bedding of a considerable number of patients to and from the gardens. Apart from the labour involved, this beneficial treatment is dependent upon fine weather.

It happens that it is exactly a year since one of the Commissioners was last here. As the result of the changes that have taken place during that time, there are now on the books the names of 837 patients—307 males and 530 females. Of these, 39 men (including 22 Service and 2 Ex-Service cases) and 41 women are of the private class. The number also includes 49 male and 89 female cases under Contract from Eastbourne, 15 women under contract from Middlesex, and 13 Out-county cases awaiting adjudication.

There are 9 men and 5 women boarded out under contract, respectively at Netherne and Hellingly ; but there are no cases boarded out in private families under Section 57. The advantages offered for this purpose, by many rural places near here might make it worth while giving some consideration as to whether there are not some cases in the Hospital suitable for boarding out under this Section.

Of the rather more than 170 direct admissions, only about 35% were received direct from their own homes, the rest coming here after being taken first to the Poor Law Institution. I was under the impression that this unnecessary stress upon patients in need of mental hospital treatment had been largely eliminated in this area. The Committee would be doing a good service if they would use their influence to persuade those concerned to see that only really urgent cases are dealt with under Section 20.

Of the discharges, only some 16% were sent "on trial" as a preliminary step and by way of testing their fitness for discharge ; so that there is room for much greater extension of this serviceable practice, and with it—I would urge—a much more frequent granting of money allowances : the latter were granted in only four cases. Our Board's views on this matter were set out in considerable detail in our Eleventh (1924) Annual Report (pages 27-29).

Subject to the absence of special facilities for keeping recent and recoverable patients away from protracted cases, the patients are well classified. Parole is accorded to some 60 men and 20 women—of whom 33 are allowed to walk out unattended beyond the grounds. One ward on each side is an "open-door" one, and that its occupants were proud of the confidence reposed in them was apparent by their insisting upon my seeing when visiting the ward, that the doors were in fact unlocked.

The weekly charge is at present 24/6 a head ; this closely approximates to the actual costs of maintenance.

There have been 67 deaths—29 on the male and 38 on the female side—all from natural causes, verified in the very good proportion of 76% by post-mortem examination. This is a great advance in the frequency of these important examinations since I last noted the proportion.

Much medical interest and keenness in treatment were also noticeable in the wards in all of which I was glad to find there is now a Clinical room. Here, and on truckle beds in the gardens, I saw 35 male and 96 female patients in bed—that is, respectively 12% and 18% of the total number of males and females in residence. The difference between these percentages is rather striking and the latter one is unusually high, but, on enquiring into the reason why each of these patients was in bed and what was being done for them, I did not find that any of the women had been continuously in bed for an unduly prolonged period. The practice—and I have no doubt a good one—prevails here of putting to bed any patient who shows loss of weight partly in order to enable treatment (including the administration of neurotonic vaccines and fruit juices) to be more thorough and partly (by a careful watch on temperatures, &c.) to avoid overlooking any tuberculous case. As an aid to these efforts, especially in the present absence of Verandahs, treatment by ultra-Violet Radiation would probably prove of considerable value, the cost of the apparatus is quite moderate.

Tuberculosis was the cause of death in two males and three females, that is, in 7% of the total deaths, which is comparatively a small proportion. So far as ascertained, there are at present 4 cases of this disease on the male side and 12 on the female side. Suspected cases are seen in consultation with the Tuberculosis Officer of the Brighton Health Committee. Apart from one

case of Chicken-Pox and two female cases (one a member of the staff) of enteric fever, there has been an entire absence of other instances of infective disorders.

As to serious casualties, there have been three cases of fracture, two of dislocation and one of rather severe scalding—all being the result of simple accidents.

Many improvements have been made in the Dietary, from which it can be said that monotony has been effectively removed. Indeed, where so much has been done, one hesitates to make any criticism. I believe, however, that where porridge is given at breakfast, it would be more popular if, in lieu of condensed milk in its making, it were made with water and an issue of milk were allowed sufficient for about 2 ozs. of cold milk to be poured over the porridge on the plate. I think, too, that on the evenings when only cake is given at tea, it would be more liked were half the quantity given with half the ordinary allowance of bread.

The wards throughout were in very good order, comfortable and sufficiently warm. The supply of papers, magazines and books is excellent: indeed, as to books, I have seldom seen as good a supply anywhere, and hope it will be maintained. There seemed to me still to be a deficiency of bed tables in the dormitories where patients are in bed by day. In the male wards a great deal of scraping and planing has been done to the old floors—thereby much improving their appearance, besides rendering them more sanitary. Of the patients in bed, some 16 were in single rooms, and it was pleasant to notice that most of these rooms were provided with some simple articles of furniture: though these may not be of any practical use to the patient in bed, they greatly transform the appearance of these rooms and have a mental effect which, I am convinced, is of value.

The Nursing Staff is numerically substantially the same as recorded by my colleague last year. Of the male

nurses 57% and 30% of the women are Certificated or Registered as Mental Nurses; these are creditable proportions, though efforts to increase them, especially the latter, will doubtless not be relaxed.

Dr. Harper-Smith's deputy is Dr. F. H. Guppy, D.P.M., and an appointment is about to be made to fill the post of Second Assistant Medical Officer.

(Signed) C. HUBERT BOND,
Commissioner of the Board of Control.

MALE AND FEMALE NURSES IN THE SERVICE WHO HAVE
OBTAINED THE CERTIFICATE OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION.

William Mills	Annie Elstob
Frank Tarry	Albert E. Nunns
Amos W. Newnham	George F. Mason
Francis W. Osmond	Ernest C. Newnham
Lawrence White	Thomas G. Parsons
Annie G. E. Hoxey	Emma L. Stevens
Ellen H. Smith	Thelma M. Cox
Beatrice M. Fidler	Arthur King
Ernest Fuller	William G. Murrell
John T. W. Weller	George F. Marchant
Grace A. Lane	George A. Guymer
Edith Iron	Percy G. Ralfe
Rose Wingrove	Mary L. Yates
Ada Hodgetts	Lilian Davis
Ethel Fox	Nellie Garry
George Bridger	Elsie M. Wilson
George Bellchamber	Frederick R. Baker
Ernest H. Vinehill	Henry W. Hollingdale
George H. Stone	Ellen Arthur
Frank Carter	Daisy Brown
James E. Barnett	Florence Turner
Ernest C. Packham	Leslie Room

STATISTICAL TABLES

FOR THE

Year ending December 31st 1926.

TABLE I.

General Table, showing the movement of the Mental
Hospital Population during the Year 1926

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Registers, Jan. 1st., 1926	301	527	828			
Total Cases Admitted during the year	84	125	209			
Total Cases under Treatment during the Year				385	652	1037
Cases Discharged or Transferred during the Year—						
Recovered	34	57	91			
Relieved	7	28	35			
Not Improved	8	6	14			
Died during the Year	26	37	63			
Total Cases Discharged, Transferred and Died during the Year				75	128	203
On the Registers, Dec., 31st., 1926				310	524	834
Average Daily Number on the Registers during the Year ...				311	523	834

Certified Persons (*i.e.*, separate persons in contradistinction to "cases," which may include the same individual more than once).

	M.	F.	T.
Certified under Care during the year ...	384	648	1032
,, Admitted	83	121	204
,, Recovered	34	57	91

TABLE 2.

GENERAL TABLE, showing the movement of the Mental Hospital Population during each year since the year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.						Total Number under Treatment.						Discharged or Transferred.									Died.	Remaining on Registers, 31st December.						Average Daily Number on Registers.	Percentage of Recoveries on the Total Number of Admissions.						Percentage of Total Recoveries on the Direct Admissions.						Percentage of Deaths on Average Number on Registers.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
	Direct.			Indirect.			Total.						Recovered.			Relieved.			Not Improved.				December.							On the Total Number of Admissions.						On the Direct Admissions.						On Registers.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1859.	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	...	...	...	1	1	2	4	6	10	136	153	289	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...



TABLE 3.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the year 1926.

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiocy or imbecility occurring as early in life as it can be observed.	1. Intellectual { <i>a.</i> With Epilepsy ... { <i>b.</i> Without Epilepsy ...	... 3	2 3	2 6		1 2	1 2	... 3	3 5	3 8
	2. Moral ...	1	...	1	...	...	...	1	...	1
Insanity occurring later in life	1. Insanity with Epilepsy ...	3	5	8	...	...	...	3	5	8
	2. General Paralysis of the Insane ...	8	1	9	...	1	2	9	2	11
	3. Insanity with Grosser Brain Lesions ...	...	...	...	...	...	...	...	...	...
	4. Acute Delirium... ..	...	8	14	...	...	...	6	8	14
	5. Confusional Insanity ...	...	...	...	...	...	...	...	...	...
	6. Stupor	...	...	12	...	2	2	7	7	14
	7. Primary Dementia ...	6	14	20	...	1	1	6	15	21
	8. Mania { <i>a.</i> Recent ... { <i>b.</i> Chronic ... { <i>c.</i> Recurrent ...	3 6 3	...	3	...	...	...	3 7 13	...	3 16 38
	9. Melancholia { <i>a.</i> Recent ... { <i>b.</i> Chronic ... { <i>c.</i> Recurrent ...	13 3 7	25 16 ...	38 3 23	...	...	...	7 7 ...	25 1 21	38 8 28
	10. Alternating Insanity ...	...	...	...	...	...	...	...	...	...
	11. Delusional Insanity { <i>a.</i> Systematised ... { <i>b.</i> Non-Systematised ...	8 1	6 7	14 8	...	3	3	8 1	9 7	17 8
	12. Volitional Insanity { <i>a.</i> Impulse ... { <i>b.</i> Obsession ... { <i>c.</i> Doubt ...	...	...	...	...	...	...	...	...	...
	13. Moral Insanity	...	...	...	...	...	...	...	...	...
	14. Dementia { <i>a.</i> Senile ... { <i>b.</i> Secondary ...	3 ...	5 1	8 1	...	...	2	3 ...	5 3	8 3
Totals ...		79	107	186	5	18	23	84	125	209

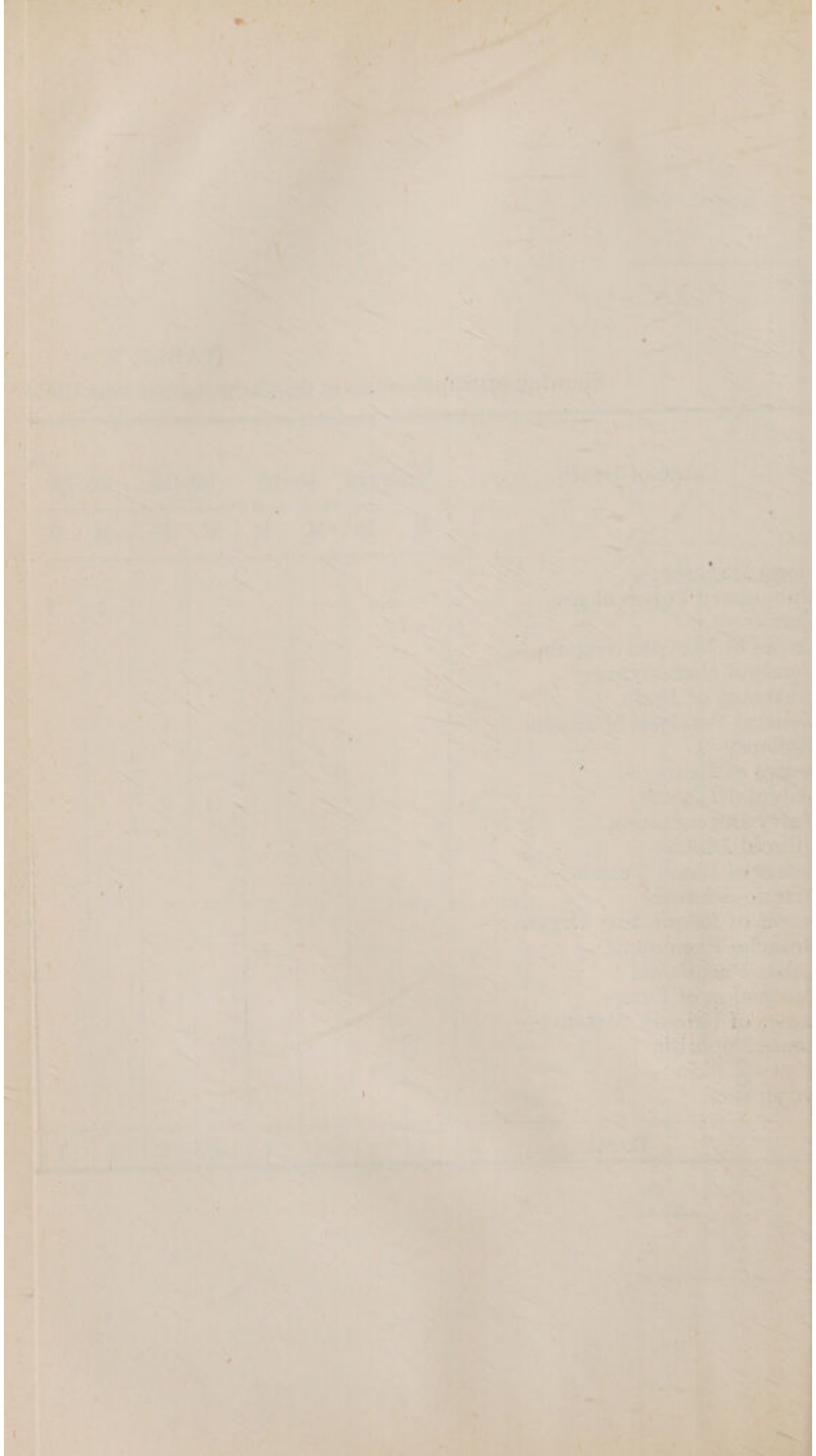
TABLE 4.
An Analysis of the Discharges and Transfers during
the Year 1926.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions.									
First-Attack Cases	17	29	46						
Not First-Attack Cases	14	22	36						
Cases unknown whether First-Attack or not	1	4	5						
Total from Direct Admissions ...				32	55	87			
From Transfers									
First Attack-Cases	1	2	3						
Not First-Attack Cases	1	...	1						
Cases unknown whether first attack or not	...	...	...						
Total from Transfers				2	2	4			
Total Discharged as Recovered ...				34	57	91			
				Relieved.			Not Improved.		
Discharged (not Recovered) as :—									
Relieved	3	18	21	3	18	21	...	3	3
Not Improved	...	3	3						
Total	3	21	24						
Reasons for such Discharge.									
To go to Care of Friends	3	20	23						
" Workhouse	...	...	...						
" Metropolitan Asylum (England)	...	...	...						
To be Boarded Out	...	...	...						
Statutory, by Irregularity in Reception Order	...	...	...						
" by Lapsing of	...	1	1						
Other reasons	...	...	...						
Total	3	21	24						
Transferred as :—									
Relieved	4	10	14	4	10	14	8	3	11
Not Improved	8	3	11						
Total	12	13	25						
Destinations of such Transfers.									
To other Asylums, Reg. Hospitals, and Licensed Houses	12	13	25						
To " Single Care "	...	...	...						
Other Destination	...	...	...						
Total	12	13	25						
Total Discharged and Transferred as :—									
Relieved	...	...	...	7	28	35			
Not Improved	...	...	...				8	6	14

TABLE 5.

Showing principal causes of death during the year 1926 together with ages at death.

Cause of Death	Ages																Total	
	Under 15		15-19		20-24		25-34		35-44		45-54		55-64		65 and upwards			
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		
General Diseases :—																		
Pulmonary Tuberculosis							1	1			1			1		2	2	4
Cancer											2				1		3	3
Diseases of Nervous System :—																		
Cerebral Hæmorrhage													1			1		1
Softening of Brain													1		1	2		2
General Paralysis of Insane											3		2			5		5
Epilepsy									1					1			2	2
Diseases of Heart :—																		
Valvular Disease					1						2				1		4	4
Fatty Degeneration												2					2	2
Fibroid Disease										3		1		1			5	5
Diseases of Blood Vessels :—																		
Arterio-Sclerosis												2	3	5	7	10	10	27
Diseases of Respiratory Organs :—																		
Broncho Pneumonia				1											2		2	3
Lobar Pneumonia																1	1	1
Congestion of Lungs						1											1	1
Diseases of Urinary System :—																		
Acute Nephritis										1		1					2	2
Diseases of Skin :—																		
Erysipelas												1					1	1
TOTALS ...				1	1	1	1	1		5	5	10	7	7	12	12	26	63



"RATE-PAID" PATIENTS' DIETARY SCALE.

SUPPER, at 6.0 p.m.

Weekly, but not in rotation :—

	Males.	Females.
Two evenings—Cake (Currant or Seed)	7 ozs.	6 ozs.
Two evenings—Bread	6 „	5 „
Margarine ...	$\frac{3}{4}$ „	$\frac{1}{2}$ „
Three evenings—Bread	6 „	5 ozs.
Golden Syrup, Jam or Honey ...	$1\frac{1}{2}$ „	$1\frac{1}{2}$ „
Each evening—Tea	1 pt.	1 pt.

Lettuce and Onions are given when supplies permit.

Formula for making Cake, per 100 lbs. = 64 lbs. Flour,
14 lbs. Currants, (or $1\frac{1}{2}$ lbs. Carraways), 14 lbs. Sugar,
21 lbs. Fat or Margarine, $\frac{1}{2}$ lb. Spice.

Tea, per 100 pints = 1 lb. Tea, 3 lbs. Sugar, $1\frac{1}{2}$ gallons Milk.

		Males.	Females.
BREAKFAST.	Bread ...	6 ozs.	5 ozs.
	Margarine ...	$\frac{1}{2}$ „	$\frac{1}{2}$ „
At 8.0 a.m.	Coffee or Cocoa ...	1 pt.	1 pt.

with one of the following Extras *daily* :—

Fish Paste or Meat		
Paste ...	1 oz.	1 oz.
Tinned Meat ...	2 ozs.	2 ozs.
Porridge ...	$\frac{1}{2}$ pt.	$\frac{1}{2}$ pt.
Luncheon Sausage ...	$1\frac{1}{2}$ ozs.	$1\frac{1}{2}$ ozs.
Saveloys ...	1	1
Marmalade ...	$1\frac{1}{2}$ ozs.	$1\frac{1}{2}$ ozs.
Jam ...	$1\frac{1}{2}$ ozs.	$1\frac{1}{2}$ ozs.

Formula :—

Cocoa, per 100 pints = 26 ozs. Cocoa, 3 lbs. Sugar,
 $1\frac{1}{2}$ gallons Milk.

Coffee, per 100 pints = $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, $2\frac{1}{4}$ lbs.
Sugar, $1\frac{1}{2}$ gallons Milk.

Porridge, per 100 pints = $18\frac{3}{4}$ lbs. Oatmeal, 8 tins Con-
densed Milk, and 3 lbs. Sugar.

		Males.	Females.
DINNERS.	Boiled Beef or Pork	4 ozs.	4 ozs.
	Haricots	4 „	3 „
At 1.0 p.m.	Vegetables	16 „	12 „
	Pea Soup	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Fruit Dumpling ...	6 ozs.	6 ozs.
	Fish with White Sauce	8 „	7 „
	Potatoes	16 „	12 „
	Bread	4 „	4 „
	Ginger Pudding ...	6 „	6 „
	Meat Pies	12 „	12 „
	Vegetables	12 „	12 „
	Roast Beef, Mutton		
	or Pork	6 „	6 „
	Vegetables	16 „	12 „
	or Blue Peas	4 „	3 „
	Bread	4 „	2 „
	Irish Stew	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Bread Pudding ...	6 ozs.	6 „
	Meat Puddings ...	12 „	12 „
	Vegetables	12 „	12 „
	Corned Beef	2½ „	2½ „
	Potatoes	16 „	12 „
	Bread	4 „	4 „
	Ginger Pudding ...	6 „	6 „

Extras:—

Once a week when in Season: Stewed Rhubarb and Fruit with Rice and Treacle.

Once a week when in Season: Salads with dressing.

Formula—

Pea Soup for 100 Patients=18 lbs. Split Peas, 43½ lbs. Bones, &c., 50 lbs. Vegetables.

Fruit Dumpling, per 100 lbs. weight=56 lbs. Flour, 14 lbs. Suet, 9 lbs. Currants, 9 lbs. Raisins.

Bread Pudding, for 100 Patients=12½ lbs. Bread, 3 lbs. 2 ozs. Sugar, 2 lbs. 2 ozs. Fat, 2 lbs. 2 ozs. Currants.

White Sauce for 100 Patients=28 ozs. Flour, $12\frac{1}{2}$ ozs.
Margarine, Vinegar a sufficiency.

Meat Pies and Puddings, for 100 Patients=25 lbs. Flour,
 $6\frac{1}{4}$ lbs. Suet, 25 lbs. Meat.

Irish Stew, for 100 Patients=25 lbs. Meat, 50 lbs. Vegetables, 8 lbs. Pearl Barley.

Ginger Pudding, per 100 lbs. weight=60 lbs. Flour, 15 lbs. Suet, 8 lbs. Sugar, 1 lb. Ginger.

EXTRAS.

Male and Female Patients when sitting up late receive $\frac{1}{2}$ pt. Oxo, 4 ozs. Bread at 7.30 p.m.

Extra Bread for all meals is issued above the scale if required.

All Milk is unskimmed.

EXTRA DIET FOR MALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 4 ozs. Bread, $\frac{1}{2}$ oz. Cheese at 11.0 a.m.

$\frac{1}{2}$ pint Gingerette at 4.0 p.m.

Tobacco and Snuff given as indulgences.

EXTRA DIET FOR FEMALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 4 ozs. Bread, $\frac{1}{2}$ oz. Cheese at 11.0 a.m.

4 ozs. Bread, $\frac{1}{4}$ oz. Margarine, $\frac{1}{2}$ pint Tea at 4.0 p.m.

EXTRA DIET FOR SICK PATIENTS.

Steak, Mutton Chop, Mince Meat, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Custard Pudding, Barley Water, Gruel, Oranges, Jellies, Stout, Wines, Spirits and Minerals, Wholemeal Bread.

STAFF DIETARY.

WEEKLY.
(Dinners 5)

7	lbs	Bread (Women $5\frac{1}{4}$ lbs.)
$\frac{1}{4}$	"	Tea.
$\frac{1}{4}$	"	Coffee.
$\frac{3}{4}$	"	Sugar.
1	"	Cheese (Women $\frac{1}{2}$ lb.)
$\frac{1}{2}$	"	Jam.
$\frac{1}{2}$	"	Margarine.
$3\frac{1}{2}$	pints	New Milk.
3		Eggs.
		Dried Fish once a week.
10	ozs.	Beef.
12	ozs.	Mutton.
6	"	Pork.
5	lbs.	Vegetables.
3		Sweet Puddings.
2		Peas Puddings.

31st March, 1927.

PRIVATE PATIENTS' DIETARY SCALE.

Weekly, but not in rotation :—

BREAKFAST	DINNER.	TEA.	SUPPER.
Coffee, Bread and Margarine Egg.	6 ozs. Roast Mutton, 2 Vegetables, Bread, Fruit Tarts.	Tea, Bread and Margarine, Cake.	Milk Pud- dings or Beef Tea.
Ditto	5 ozs. Boiled Beef 2 Vegetables, Peas Puddings, Bread, Milk Pudding.	Tea, Bread and Margarine, Jam.	Ditto.
Ditto.	6 ozs. Roast Mutton, 2 Vegetables, Bread Haricots or Blue Peas Milk Pudding.	Ditto.	Ditto.
Coffee, Bread and Margarine Dried Fish	5 ozs. Roast Beef, 2 Vegetables, Bread, Jam Tarts	Ditto.	Ditto.
Coffee Bread and Margarine Egg	5 ozs. Beef made into Pies, 2 Vegetables, Bread, Milk Pudding.	Tea, Bread and Margarine Cake.	Ditto.
Coffee, Bread and Margarine Fish and Meat Paste	6 ozs. Roast Pork, 2 Vegetables, Bread, Bread Pudding	Tea Bread and Margarine, Jam.	Ditto.
Coffee, Bread and Margarine Egg.	5 ozs Roast Beef, 2 Vegetables, Bread Milk Pudding.	Ditto.	Ditto.

31st March, 1927.

*ABSTRACT OF ACCOUNTS for the Year ended 31st March, 1927,
Hospital, situate at Haywards Heath, and belonging to*

Part I.—MAIN—

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Salaries and Wages as under (exclusive of sums paid for labour appearing in the Farming and Gardening Account, or comprised in the Building and Repairs Fund Account):			
Officers	4619 7 1		
Servants	17208 11 1		
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylum Officers' Superannuation Act, 1909	3405 3 7	25233 1 9	
Uniforms... ..	...	402 6 2	
Provisions	9253 0 5		
Malt Liquor, Wines and Spirits (not included in ordinary diet)	71 1 1	9324 1 6	
Farm and Garden Expenses... ..	...	5215 1 7	
Clothing for Patients	...	2244 17 2	
Furniture and Bedding	...	1459 13 10	
Necessaries, viz.:—Fuel, Lighting, Washing, Cleansing Materials, Earthenware, &c.	...	8499 17 2	
Expenses attending the Removal, Discharge and Burial of Patients	...	77 17 5	
Carried forward	...	52456 16 7	...

of the Income and Expenditure of the Visiting Committee of the Mental wholly to the Council of the County Borough of Brighton.

TENANCE ACCOUNT.

INCOME.										£	s.	d.	£	s.	d.	
Balance in hand at commencement of year										...	...	...	23752	2	0	
Amounts received and receivable on Account of Maintenance of Patients :—																
1. From Guardians of Poor Law Unions within the Borough :—																
NAMES OF UNIONS.										For Main- tenance at 24/6 per head per week.		Funeral and other purposes.				
										£	s.	d.	£	s.	d.	
Brighton										...	...	...	...	...	...	...
Steyning										...	...	...	...	...	...	...
										31229	16	10	69	1	6	
										7003	6	0	6	15	0	
										38233	2	10	75	16	6	
										38308	19	4				
From Guardians of other Poor Law Unions :—																
NAMES OF UNIONS.										For Main- tenance at 24/6 per head per week.		Funeral and other purposes.				
										£	s.	d.	£	s.	d.	
Birmingham and others										...	...	...	...	...	...	...
										890	1	0	890	1	0	
2. From Council of Brighton County Borough :—																
										£	s.	d.	£	s.	d.	
From the Treasurer of the Borough for Patients adjudged chargeable thereto at 24/6 per head per week										...	...	...	...	...	...	...
										453	12	6	453	12	6	
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommodation at other Asylums										...	...	...	...	...	...	...
										278	6	5				
Carried forward										...	...	...	...	...	...	...
										39930	19	3	23752	2	0	

Part I.—MAINTENANCE

EXPENDITURE.						£ s. d.	£ s. d.	£ s. d.
Brought forward	...	...	...	...	...	...	52456 16 7	
Transfers to the Building and Repairs Fund Account, viz.:								
(a) Excess Weekly Charge on "Out-Borough" Patients	...	...	...	...	...	2262 16 6		
(b) Excess Weekly Charge on Private Patients	...					1917 6 2	4180 2 8	
Payments to Treasurers of other Mental Hospitals for								
Patients received under Contract	...	...	...	...	...	...	1404 8 1	
Other Payments, specifying them:—								
Surgery and Dispensary	...	...	...	...	...	544 15 0		
Poor Rates, &c	...	...	...	...	...	2442 19 10		
Stationery and Printing	...	...	...	...	...	530 16 0		
Periodicals and Amusements	...	...	...	...	...	550 8 11		
Incidentals	...	...	...	...	...	798 0 6		
Allowances to Service Patients	...	...	...	...	...	151 4 6		
On Trial Allowances to Patients	...	...	...	...	...	89 19 11		
							5108 4 8	
Total Expenditure and Transfers	...	...	...	...	...	...	...	63149 12 0
Balance-in-hand at end of year	...	...				...	...	23317 11 5
						...	...	86467 3 5

ACCOUNT—continued.

INCOME.										£ s. d.			£ s. d.		
Brought forward										39930	19	3	23752	2	0
From the Treasurers of other Mental Hospitals, &c., for Patients received under Contract or arrangement.															
NAMES OF MENTAL HOSPITALS.				Rate per Week.		Main-tenance.		Funerals.							
						£ s. d.		£ s. d.							
Napsbury				29/6		1133 4 4		...							
Eastbourne				29/6		10805 9 9		19 5 0							
						11938 14 1		19 5 0		11957		19		1	
From Relatives and others for maintenance of Private Patients from 28/- to 63/- per head per week										5819		4		0	
From Ministry of Pensions, etc., for Service Patients										1997		19		8	
Sales, Farm and Garden Account										1830		4		7	
Proportion of Pensions repaid by other Authorities										668		18		11	
Other Income, viz. :—															
Sale of Kitchen Stuff. Old Stores, etc.										270		10		6	
Sundry Sales										19		5		2	
Bank Interest										220		0		3	
Total Income										•		62715		1 5	
												86467		3 5	

Part II.—BUILDINGS AND

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
	Electric Light Installation. £ s. d.	Other Expenditure. £ s. d.	£ s. d.
Amounts paid and payable on account of :—			
Ordinary Repairs		6987 8 5	
Superannuation Allowances		168 12 11	
Alterations, Additions and Improvements		260 13 0	
Tithe Rent Charge		25 17 0	
Insurance and Rates		173 2 5	
Hire of Electric Motors		20 0 0	
Fire Appliances		294 13 0	
Erection of New Electrical Power Station Building ...	1200 0 0		
Cables	481 10 0		
Battery Charging Booster and Switchboard... ..	380 14 6		
Overhead Travelling Crane	14 18 0		
Oil Engines and Accessories	2370 19 3		
Wiring Installation	2530 0 0		
Electrically Driven Bore Well Pump... ..	508 16 0		
Storage Battery... ..	1476 6 0		
Reconstruction of Boilers, Shaft and New Economiser ...	1523 5 1		
Electric Goods Lift	205 0 0		
Installing Electric Motors	44 4 4		
Incidentals, Electrical Installation	22 5 5		
Shafting, etc. in Laundry	66 5 2		
Potato Paring Machine	90 0 0		
Total Expenditure	10914 3 9	7930 6 9	18844 10 68

SUMMARY OF INCOME, EXPENDITURE

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Expenditure and Transfers :—			
Maintenance Account		63149 12 0	
Building and Repairs Fund Account :—			
Out of Money raised by Loans	10914 3 9		
Out of other Moneys	7930 6 9		
Total	18844 10 6	63149 12 0	
Deduct—Transfers from the Maintenance Account to the Buildings and Repairs Fund Account			81994 2 68
Total Expenditure			4180 2 88
			77813 19 100

REPAIRS FUND ACCOUNT.

INCOME.		£ s. d.	£ s. d.	£ s. d.
Balance in hand at commencement of year				1045 13 9
Amounts received and receivable from Treasurer of Borough on account of:				
Ordinary Repairs			2551 14 11	
Electric Light Installation	10914 3 9			
Other Income :—				
Bank Interest			31 7 2	
Sundry Sales			37 8 0	
Transfers from Maintenance Account, viz :—				
(a) Excess Weekly Charge on " Out Borough " Patients			2262 16 6	
(b) Excess Weekly Charge on Private Patients			1917 6 2	
Proportion of Pensions repaid by other Authorities ...			35 10 2	
Total Income... ..	10914 3 9	6836 2 11		17750 6 8
Balance				48 10 1
	10914 3 9	6836 2 11		18844 10 6

AND TRANSFERS IN PARTS I. and II.

INCOME.		£ s. d.	£ s. d.	£ s. d.
Income and Transfers :—				
Maintenance Account			62715 1 5	
Building and Repairs Fund Account :—				
Moneys raised by means of Loans	10914 3 9			
Other Moneys	6836 2 11			
	17750 6 8	62715 1 5		80465 8 1
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account				4180 2 8
Total Income				76285 5 5

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

Farm and Garden Account for the year ending

Dr.

31st March, 1927.

Cr.

EXPENDITURE.				INCOME.			
	£	s.	d.		£	s.	d.
Value of Stock at 1st April, 1926 :—				From Sale of Produce :—			
Live Stock ...	£2806	14	0	1 Bull ...	£22	14	3
Dead Stock ...	1544	18	4	11 Cows ...	110	8	0
Tenants Valuation ...	1642	11	2	2 Waster Cows ...	1	12	6
Provender ...	405	8	8	4 Heifers ...	114	16	0
	6399	12	2	10 Calves ...	32	4	6
Labour ...	1699	11	4	45 Sheep ...	126	2	0
Seeds ...	204	5	5	162 Pigs ...	1353	2	1
Manure and Lime ...	10	18	5	21 Hides and Skins ...	5	12	3
Stock—Live and Dead :—				96 Fleeces Wool ...	39	5	1
1 Bull ...	£31	10	0	Sundries ...	24	7	11
11 Cows ...	452	10	0		1830	4	7
10 Heifers ...	200	0	0	Value of Produce supplied to House :—			
2 Boars ...	40	19	0	average prices.			
17 Sows ...	356	9	0	7851 lbs. Pork, 1/2 lb. ...	£461	13	9
Eggs for Sitting ...	1	10	0	1070 lbs. Mutton, 9½d. lb. ...	41	13	8
Implements, etc. ...	133	6	7		503	7	5
	1216	4	7	160 Poultry, 5/1½ each ...	41	4	4
Provender ...	1755	2	8	31449 Eggs, 1½d each ...	222	19	1
Other Expenditure :—				39 Rabbits, 1/2½ each ...	2	4	0
Wheat Straw ...	142	3	3		266	7	5
Thrashing and Thatching ...	25	17	6	22086 galls. Milk, 1/1½d. gall ...	1262	6	4
Railway Carriage ...	49	17	1	1789 bush. Cabbage, 1/11½ 175 2 9			
Medicine and Shoeing ...	35	0	0	bush.			
Valuation ...	10	10	0	149 bush. Onions, 3/1½ 23 6 2			
Rates, Taxes and Insurance ...	45	8	4	3013 bush. Potatoes, 3/0½ 462 12 4			
Sundries ...	123	3	9	10 bush. Peas, 4/7½ 2 6 4			
Charge for Swill ...	39	0	0	154 bush. Beans, 2/2½ 17 3 7			
Charge for Coal and Coke ...	35	14	3	69 bush. Carrots, 2/2 7 7 11			
Rent of Farm (estimated) ...	200	0	0	162 bush. Parsnips, 2/- 16 5 5			
				598 bush. Turnips and Swedes, 1/9 52 5 7			
				2013 Cauliflowers, 3½ ea. 28 13 5			
				Other Vegetables ... 47 17 7			
				Vegetables and Fruit Supplied to Medical Superintendent, etc. 38 19 4			
					872	0	5
				Fruit and Rhubarb ... 51 14 3			
				Keep of Estate Horse ... 39 0 0			
				Faggots and Poles ... 48 10 9			
				Carting for House ... 177 15 0			
				Value of Stock at 31st March, 1927 :—			
				Live Stock ... 2945 11 9			
				Dead Stock ... 1721 18 4			
				Tenant's Valuation ... 1685 3 2			
				Provender ... 644 14 10			
					6997	8	1
Balance in favour ...	56	5	6		£12048	14	3
	£12048	14	3				

BRISTOL COUNTY BOROUGH MENTAL HOSPITAL,
BALANCE SHEET, 31st March, 1927.

MAINTENANCE ACCOUNT.

LIABILITIES.		ASSETS.	
	£ s. d.		£ s. d.
Sundry Creditors, Invoice Account.....	3881 1 6	Due to the Committee of Visitors :—	
Cheques drawn but not paid in, viz. :—		From Guardians of Brighton Parish.....	7724 12 3
Sundry Salaries, Pensions, etc.....	776 3 3	" " Steyning Union.....	1730 6 2
Balance to Credit of Maintenance Account.....	2317 11 5	" " Other Poor Law Unions.....	208 7 0
		Treasurer of the Borough.....	116 15 0
		Treasurers of other Asylums.....	2955 14 7
		Private Patients.....	189 18 7
		Ministry of Pensions.....	471 10 6
		Farm Sales.....	20 6 0
		Stores Sundry Sales.....	12 17 5
		Other Sundry Sales.....	4 6 8
		East Sussex County Council (Proportion of Pensions).....	313 10 4
		Borough Council (Rebate).....	71 8 7
		Building and Repairs Fund.....	1657 3 3
		Value of Stocks on hand.....	15476 16 4
			4075 19 8
		Cash :—	
		Treasurer.....	6386 9 5
		Clerk and Steward.....	2035 10 9
			8422 0 2
			£27974 16 2

BUILDING AND REPAIRS FUND ACCOUNT.

LIABILITIES.		ASSETS.	
	£ s. d.		£ s. d.
Due to Maintenance Account.....	1657 3 3	Due from Borough Treasurer on account of Electric Light Installation.....	723 13 11
Cheques drawn but not paid in.....	471 11 1	" From East Sussex County Council (Proportion of Pensions).....	17 16 2
		" From Sundry Sales.....	21 3 0
		Cash—Treasurer.....	1317 11 2
		Balance against.....	48 10 1
			£2128 14 4

Submitted to the Finance Committee this 4th day of June, 1927.

(Signed) WM. STEVENS.
W. G. WELLMAN.

Examined,
A. C. EMBUREY, for Borough Accountant,
18th May, 1927.

W. E. MITCHELL, Clerk and Steward.

TABLE SHOWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR	March.		June.		Sept.		Dec.	
	s.	d.	s.	d.	s.	d.	s.	d.
1903	...	...	...	...	...	...	12	6
1904	12	6	11	1	10	9	10	6
1905	10	6	10	0	10	0	10	0
1906	10	0	9	6	9	6	9	6
1907	9	6	9	6	9	6	10	0
1908	10	0	10	9	11	0	11	0
1909	11	0	11	0	11	0	11	0
1910	11	0	10	9	10	0	9	9
1911	9	9	9	9	9	9	9	9
1912	10	0	11	0	11	0	11	0
1913	11	6	11	6	11	6	12	0
1914	12	6	12	6	12	6	12	6
1915	12	6	13	6	13	6	13	6
1916	13	6	13	6	13	6	14	0
1917	15	6	16	6	17	6	18	6
1918	18	6	18	6	20	0	20	0
1919	19	6	20	0	25	0	25	0
1920	28	6	28	6	30	0	31	0
1921	31	0	31	0	31	0	30	0
1922	30	0	28	0	27	0	25	0
1923	24	0	24	0	24	0	24	0
1924	24	0	24	0	24	0	24	0
1925	24	9	24	9	24	9	24	6
1926	24	6	24	6	24	6	24	6
1927	24	6	24	6	—	—	—	—

AVERAGE WEEKLY COST PER HEAD.

Year ending 31st March—						1914	1915	1916	1917	1918	1919	1920	1921	1922	1923	1924	1925	1926	1927
						s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions	...	...	...	...	...	3 8 ³ / ₄	4 2 ¹ / ₈	5 0 ³ / ₈	6 4 ⁵ / ₈	6 8 ³ / ₄	6 7 ¹ / ₄	6 6	6 8 ³ / ₄	5 5	4 4 ⁵ / ₈	4 4 ³ / ₄	4 3 ³ / ₈	4 5 ¹ / ₈	4 3
Clothing	...	...	...	...	...	8 ⁵ / ₈	7	7 ⁵ / ₈	9 ⁷ / ₈	9 ¹ / ₈	1 2 ³ / ₄	1 9 ⁷ / ₈	1 11 ⁷ / ₈	1 9 ³ / ₄	1 7 ³ / ₈	1 7 ³ / ₄	1 0	1 2 ³ / ₈	1 2 ¹ / ₂
Salaries and Wages	...	...	...	...	...	3 6	3 7 ³ / ₈	3 9 ⁷ / ₈	4 4 ¹ / ₈	4 6 ¹ / ₂	4 10	9 10 ¹ / ₂	12 0	11 11 ¹ / ₂	10 10 ³ / ₄	10 1 ³ / ₄	10 1 ³ / ₄	10 1 ¹ / ₈	10 0 ¹ / ₂
Pensions	...	...	...	...	...	1	1 ¹ / ₂	1 ³ / ₈	1 ⁵ / ₈	1 ³ / ₄	1 ¹ / ₂	1 ⁷ / ₈	2 ¹ / ₈	3 ³ / ₈	4	7	1 2 ¹ / ₈	1 4 ¹ / ₂	1 6 ³ / ₄
Necessaries	...	...	...	...	...	2 1 ³ / ₈	2 0 ³ / ₄	2 0 ⁷ / ₈	2 4 ⁵ / ₈	2 7 ¹ / ₂	3 0 ¹ / ₄	3 8 ³ / ₄	4 4 ¹ / ₈	4 5 ³ / ₈	3 10 ⁷ / ₈	3 7 ¹ / ₈	3 8 ⁵ / ₈	3 4 ¹ / ₄	3 10 ⁷ / ₈
Cookery and Dispensary	...	...	...	...	...	11 ¹ / ₈	11 ¹ / ₂	2	2	1 ⁵ / ₈	2 ³ / ₈	2 ¹ / ₄	2 ¹ / ₂	3 ¹ / ₈	2 ³ / ₄	2 ³ / ₄	3	2 ³ / ₄	3
Wines and Spirits	...	...	...	...	...	³ / ₈	¹ / ₂	¹ / ₂	³ / ₈	³ / ₈	¹ / ₄	³ / ₈	³ / ₈	³ / ₈	¹ / ₂	⁵ / ₈	³ / ₈	³ / ₈	³ / ₈
Furniture and Bedding	...	...	...	...	...	3 ⁷ / ₈	3 ³ / ₄	4 ¹ / ₄	3 ⁵ / ₈	3	1 0 ¹ / ₈	1 1 ¹ / ₈	10 ⁵ / ₈	11 ¹ / ₂	10 ⁵ / ₈	8	7 ¹ / ₈	8 ¹ / ₄	8
Farm and Garden	...	...	...	...	...	10 ⁵ / ₈	8 ³ / ₄	9	11	2 2	2 4 ³ / ₈	3 5 ³ / ₈	4 4 ³ / ₈	2 10 ¹ / ₂	2 3	2 2 ¹ / ₄	2 2 ³ / ₄	2 2 ¹ / ₄	2 4 ³ / ₄
Miscellaneous (including Rates and Taxes)	...	...	...	...	...	10 ¹ / ₄	10	9 ⁵ / ₈	8 ³ / ₄	10 ¹ / ₈	10 ¹ / ₄	1 3 ³ / ₈	1 7 ³ / ₄	1 10 ⁷ / ₈	1 11 ³ / ₈	1 8 ³ / ₄	1 9 ³ / ₈	1 10 ¹ / ₈	1 10 ⁵ / ₈
						12 4 ¹ / ₂	12 7 ¹ / ₄	13 9 ¹ / ₂	16 2 ⁵ / ₈	18 2 ³ / ₄	20 3 ¹ / ₈	28 2	32 4 ¹ / ₂	29 11 ³ / ₈	26 5 ¹ / ₈	25 2 ³ / ₄	25 2 ¹ / ₂	25 5 ⁵ / ₈	26 2 ³ / ₈
Less Sales	...	...	...	...	...	4	5 ¹ / ₄	5 ¹ / ₈	5 ⁷ / ₈	10 ¹ / ₂	1 1 ¹ / ₂	2 2 ¹ / ₈	2 8 ³ / ₈	1 5 ³ / ₈	1 3 ¹ / ₈	10 ¹ / ₂	9 ³ / ₈	1 3 ¹ / ₈	1 4 ⁵ / ₈
Net Total Cost	...	...	...	...	...	12 0 ¹ / ₂	12 2	13 4 ³ / ₈	15 8 ³ / ₄	17 4 ¹ / ₄	19 1 ⁵ / ₈	25 11 ³ / ₈	29 8 ¹ / ₈	28 5 ³ / ₄	25 2 ³ / ₄	24 4 ¹ / ₄	24 5 ¹ / ₈	24 2 ¹ / ₈	24 9 ³ / ₂



TABLE 5.

Showing principal causes of death during the year 1926 together with ages at death.

Cause of Death	Ages																		Total
	Under 15		15-19		20-24		25-34		35-44		45-54		55-64		65 and upwards				
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	T		
General Diseases :—																			
Pulmonary Tuberculosis							1	1				1			1		2	4	
Cancer												2				1	3	3	
Diseases of Nervous System :—																			
Cerebral Hæmorrhage																	1	1	
Softening of Brain															1		2	2	
General Paralysis of Insane											3			2			5	5	
Epilepsy									1					1			2	2	
Diseases of Heart :—																			
Valvular Disease					1						2				1		4	4	
Fatty Degeneration												2					2	2	
Fibroid Disease										3		1		1			5	5	
Diseases of Blood Vessels :—																			
Arterio-Sclerosis												2	3	5	7	10	10	27	
Diseases of Respiratory Organs :—																			
Broncho Pneumonia				1											2		2	3	
Lobar Pneumonia																1	1	1	
Congestion of Lungs						1											1	1	
Diseases of Urinary System :—																			
Acute Nephritis									1		1						2	2	
Diseases of Skin :—																			
Erysipelas											1						1	1	
TOTALS ...				1	1	1	1	1		5	5	10	7	7	12	12	26	63	

