

East Sussex County Lunatic Asylum : 1903

Contributors

Great Britain. Sussex County Lunatic Asylum

Publication/Creation

Haywards Heath : [publisher not identified], 1903

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EAST SUSSEX
COUNTY LUNATIC ASYLUM,
HAYWARDS HEATH.



FORTY-FIFTH ANNUAL REPORTS

FOR THE YEAR 1903.



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EAST SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



FORTY-FIFTH ANNUAL REPORTS

FOR 1903.

HAYWARDS HEATH :
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

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1904.

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LIST OF THE VISITING COMMITTEE.

1903.

FOR EAST SUSSEX.

Mr. F. Barchard, Jun., Duddleswell, Maresfield, Uckfield.
 Mr. J. Bull, 12 Eaton Gardens, Hove.
 Mr. A. Burtenshaw, Hailsham.
 Mr. W. H. Champion, C.B. (*Chairman*), Danny, Hassocks.
 Mr. C. R. Kemp, Bedford Lodge, Lewes.
 Major J. J. Lister, Warninglid Grange, Haywards Heath.
 Mr. C. Longley, Ashleigh, Oathall Road, Haywards Heath.
 Sir J. H. Luscombe, Kt., Hay Heath, Worth, Crawley.
 Major T. A. Maberly, Mytten, Cuckfield, Haywards Heath.
 Mr. H. F. H. Newington, The Gables, Ticehurst, Hawkhurst.
 Mr. A. B. Steward, Ensham, Granville Road, Eastbourne.
 Mr. A. Weekes, Mansion House, Hurstpierpoint, Hassocks.

FOR THE COUNTY BOROUGH OF BRIGHTON.

Mr. H. Abbey, Fairlee Villa, Abbey Road, Brighton.
 Mr. J. C. Buckwell (*Mayor*), North Gate House, Pavilion, Brighton.
 Mr. J. Colbatch Clark, Ditchling Road, Brighton.
 Mr. A. J. Hawkes, 60 Old Steine, Brighton.
 Mr. S. M. Kidd, 93 Lewes Road, Brighton.
 Mr. E. Martin, 46 Compton Avenue, Brighton.
 Mr. E. J. Reeves, 85 Queen's Road, Brighton.
 Mr. W. Sendall, 131 Preston Road, Brighton.
 Mr. J. E. Stafford, 2 Crown Street, Brighton.

SUB-COMMITTEES.

FARM.	FINANCE.	STORES.
The Chairman.	The Chairman.	The Chairman.
Mr. H. Abbey.	Mr. J. Bull.	Mr. A. Burtenshaw.
Mr. F. Barchard, Jun.	Mr. J. Colbatch Clark.	Mr. A. J. Hawkes.
Mr. J. C. Buckwell.	Mr. C. R. Kemp.	Mr. S. M. Kidd.
Mr. A. Burtenshaw.	Mr. S. M. Kidd.	Mr. E. Martin.
Mr. A. J. Hawkes.	Sir J. H. Luscombe.	Mr. E. J. Reeves.
Major J. J. Lister.	Major J. J. Lister.	Mr. W. Sendall.
Mr. C. Longley.	Major T. A. Maberly.	Mr. J. E. Stafford.
Mr. E. J. Reeves.	Mr. H. F. H. Newington	Mr. A. B. Steward.
	Mr. W. Sendall.	
	Mr. J. E. Stafford.	
	Mr. A. Weekes.	

LIST OF THE OFFICERS.

1902-1903.

Medical Superintendent—E. B. C. Walker, Esq., M.D.

First Assistant Medical Officer—C. Planck, Esq., M.A. Camb :
M.R.C.S. and L.R.C.P.

Second Assistant Medical Officer (Pathologist)—M. D. Wood, Esq., M.D.

Third Assistant Medical Officer—H. J. Forster, Esq., L.S.A. Lond :
L.R.C.P. Ire :

Chaplain—The Rev. E. R. D. Litle, M.A.

Clerk of the Asylum—Mr. G. Purvey.

Storekeeper—Mr. E. E. Doughty.

Housekeeper—Mrs. E. L. Woodhouse.

Head Attendants—Mr. John Backhouse (Male Department).
Miss M. A. Buckle (Female Department).

Assistant Female Officer—Miss Mary Darbyshire.

Treasurer—Francis Barry Whitfeld, Esq., Lewes.

Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

SEPTEMBER, 1903.

EAST SUSSEX COUNTY ASYLUM,
HAYWARDS HEATH.

FORTY-FIFTH ANNUAL
REPORT OF THE VISITING COMMITTEE

(Pursuant to Sec. 190 Lunacy Act, 1890).

To the County Council of East Sussex.

THE VISITING COMMITTEE submit to the Council their final Annual Report.

The health of the Patients and Staff has generally been good, and, with the exception of a Nurse who failed with Scarlet Fever three days after joining the Staff, no case of infectious disease has occurred.

Two of the Commissioners in Lunacy made their annual visit to the Asylum in May last.

Four inquests have been held on the bodies of Patients since the last Report, and in each case a verdict was returned exonerating the Asylum officials from blame.

During the year Committees of Boards of Guardians in the contributing areas have visited the Patients chargeable to their respective Unions.

Necessary and ordinary repairs were carried on as hitherto up to the end of September.

There has been no change in the Staff of Officers, and no superannuation allowance has been granted since the last Annual Report.

The general conduct of the Attendants, Nurses and Servants, with one or two exceptions not affecting Patients, has been good.

In the month of May last, in view of the approaching severance of the two Councils, notices were given to determine the reception contracts with other Asylums. These notices expired in August, and all the Patients in the several Asylums under contract were brought back without accident, those chargeable to Unions in East Sussex being taken direct to the new Asylum at Hellingly and those chargeable to Brighton being brought back to Haywards Heath.

On the 20th July last the removal of East Sussex Patients from Haywards Heath to Hellingly commenced, and removals at intervals continued up to the last ordinary meeting of the Joint Committee at the end of September, when 189 East Sussex Patients remained untransferred. Since the 30th September and prior to the date of this Report the remaining East Sussex

Patients, except one male and three females (whose removal at present is not desired), have been transferred to Hellingly.

In consequence of the removal of East Sussex Patients, the Sanatorium, which had been in use for some years as an annexe, was on 1st August closed for accommodation of ordinary Patients, and the temporary buildings were closed a month later, such Attendants and Nurses who had been engaged for service in the latter receiving notice to leave.

The final meeting of the Committee in the management of the Asylum and care of Patients therein was held on the 26th September last, when the hope was expressed that the cordial and friendly feelings that has for so many years existed between the members from East Sussex and the members from Brighton in the past would continue in the future, and the Committee also expressed regret that as a joint body they would not again have the pleasure of meeting Dr. Walker, the Medical Superintendent, and the other Officers, and the Committee placed on record their appreciation of the past services of the Officers and Staff.

The Committee have the satisfaction of knowing that they leave in the hands of Brighton a capable and willing Staff of Officers.

The only duties now remaining to be discharged by the Joint Committee consists in collecting the assets and

discharging liabilities and ascertaining the final cash balance to be divided, and this is being done with as little delay as possible.

Annual Reports of the Medical Superintendent and Chaplain are appended to this Report.

The number of Patients on the Book of the Asylum on the 30th September last was:—

Males	295
Females	442
	— 737

This number is divided as follows:—

From Unions and parts of Unions in East Sussex	189
From Brighton Union including part of Steyning Union in County Borough of Brighton	511
County Patients chargeable to East Sussex including Brighton . . .	6
	— 706
Criminal out-County and Private Patients.	31
	— 737

The number of Patients on 30th September, 1902, from East Sussex and Brighton was 1,087, which compared with 706, the number from East Sussex and Brighton on 30th September, 1903, showed a decrease of 381 during the year.

The total Admissions, exclusive of Removals for the year ended 30th September, 1903, was	263
Criminal case which during the year became chargeable to East Sussex	1
	— 264
Cases adjudicated from East Sussex to out-County Unions	10
Transfers to Private List. . .	8
The number of Discharges, exclusive of Transfers and Removals	131
The number Transferred to Hellingly Asylum	390
The number of Deaths (<i>less</i> out- County cases).	106
	— 645
Decrease as above . .	381
	—

The following is a table of Attendances of the Committee :—

29th November, 1902, to 31st October, 1903, inclusive.

EAST SUSSEX.	Visiting Committee Meetings	Sub- Committee Meetings
Mr. F. Barchard, Jun.	5	4
Mr. J. Bull	10	9
Mr. A. Burtenshaw	4	4
Mr. W. H. Champion, C.B.. . .	11	10
Lieutenant-General F. S. Iredell (appointed August, 1903) . . .	2	
Mr. C. R. Kemp	9	8
Major J. J. Lister	10	9
Mr. C. Longley (resigned May, 1903)	4	4
Sir J. H. Luscombe, Kt.	7	6
Major T. A. Maberly	8	8
Mr. H. F. H. Newington . . .	4	4
Mr. A. B. Steward (died August, 1903)	4	4
Mr. A. Weekes	12	11
BRIGHTON.		
Mr. H. Abbey	1	1
Mr. J. C. Buckwell.	2	2
Mr. J. Colbatch Clark	5	4
Mr. A. J. Hawkes.	11	10
Mr. S. M. Kidd	11	10
Mr. E. Martin	9	8
Mr. E. J. Reeves	12	11
Mr. W. Sendall.	5	4
Mr. J. E. Stafford	9	8

Signed on behalf of the Visiting Committee,

W. HENRY CAMPION,

HAYWARDS HEATH,

31st October, 1903.

Chairman.

THE
MEDICAL SUPERINTENDENT'S
FORTY - FIFTH ANNUAL REPORT.

THE MEDICAL SUPERINTENDENT has the honour to Forty-fifth Annual Report.
submit the Forty-fifth Annual Report to the Committee
of Visitors.

On the 30th September, 1902, the numbers in the Numbers on the 30th September, 1902.
Asylum were—Males, 413; Females, 576; Total, 989.

The Admissions during the year ending 30th Sep- Admissions.
tember, 1903, have been—Males, 148; Females, 160;
Total, 308.

The Discharges during the year have been—Males, Discharges.
208; Females, 249; Total, 457.

The Deaths during the same period have been—Males, Deaths.
58; Females, 45; Total, 103.

The Average Number Daily Resident during the year Mean Annual Population.
has been—Males, 416; Females, 560; Total, 976.

The Numbers in the Asylum this day, 30th September, Numbers this day, September 30th, 1903.
1903, are—Males, 295; Females, 442; Total, 737.

The Admissions show an increase of 51 males and 19 females compared with those of last year, but included in these numbers are 24 males and 19 females chargeable to Brighton who have been brought back to this Asylum from the several Asylums at which they had been boarded under contract.

Excluding transfers from other Asylums, the percentage of those discharged as recovered within the year is 4·6 per cent. higher than last year, but the percentage of those remaining in the Asylum cannot be compared with that of last year owing to the removal of a certain number of patients to the new East Sussex Asylum.

TABLE I.—SHEWING THE EXPECTANCY OF RECOVERY ON ADMISSION.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	124	29	9	86	29
Females	141	41	16	84	35

TABLE II.—SHEWING THE AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males	...	4	40	47	25	8
Females ...	...	5	51	47	30	8

TABLE III.—SHEWING THE FORM OF MENTAL
DISORDER OF YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Insanity with Epilepsy	3	8	11
Idiocy without Epilepsy	4	1	5
„ with Epilepsy	2	...	2
Imbecility without Epilepsy..	4	1	5
„ with Epilepsy	2	...	2
General Paralysis.....	13	3	16
Dementia	13	12	25
Mania	45	69	114
Melancholia	37	46	83
Diagnosis unascertained	1	1	2
TOTAL	124	141	265

TABLE IV.—SHEWING THE FURTHER HISTORY OF
THE YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Discharged Recovered.....	27	34	61
„ to Care of Friends	4	2	6
„ Invalid Certificate	...	2	2
Transferred to other Asylums	23	16	39
Died	24	10	34
Remain in Asylum	46	77	123
Total	124	141	265

The Discharges were 457; of whom 208 were males, 249 females.

Of the 208 males who were discharged, 40 had recovered, this being a percentage of 33·9 on the admissions, excluding transfers, 13 were discharged to the care of friends, 2 were discharged relieved to the Workhouse, 1 was discharged, the order having expired, 152 were removed to other Asylums.

Of the 249 females who were discharged, 59 had recovered, this being a percentage of 43 on the admissions, excluding transfers, 14 were discharged to the care of friends, 2 were discharged, the medical certificate accompanying the reception orders being informal, 174 were transferred to other Asylums either under contract or on removal orders.

103 Deaths occurred, viz., 58 males and 45 females. Of the total deaths, 5 were due to phthisis, 9 to bronchitis or pneumonia, 10 to heart disease, 21 to general paralysis, 11 to old age, and the remaining 47 to various forms of brain disease or other constitutional disorder.

TABLE V.—AGES AT DEATH.

	0—5	5—15	15—35	35—55	55—75	75 and upwds	Total deaths from all causes and at all ages.
Males ..	..	1	13	24	16	4	58
Females	..	2	6	13	15	9	45
Total ..	..	3	19	37	31	13	103

The Mean Age at Death for both sexes was 51·2 years—Males, 47·6; Females, 55·7.

The Total Number of Patients under treatment during the year was 1,297, and the death rate on this number

is 7.9 per cent. Based on the average daily number resident, the death rate is 10.5 per cent.—13.9 for males and 8 for females.

The Coroner considered it necessary to hold four inquests. In one case the patient was admitted in an unconscious state and died the following day, never having regained consciousness. The verdict of the jury was death from natural causes. The second was held on a patient who had received a fracture of the hip some weeks before her death. The verdict returned was death from brain atrophy and natural causes only. The third was held on a patient who died within a few minutes of her admission into the Asylum. The verdict was that the patient died from the effects of syncope from the exhaustion of acute mania. The jury further adding to their verdict an opinion as to the method adopted in conveying feeble patients to the Asylum. The fourth was held on a patient who had received a fracture of his left leg shortly before death, the verdict of the jury being death from pneumonia following upon fracture of the leg caused by a fall when one of the Attendants was endeavouring to restrain the deceased and prevent him from smashing a window, and they further said that no undue violence was used by the Attendant in so restraining the deceased.

The accidents, in any way of a serious nature, have been seven in number, all of them being fractures of bones, and they were reported to you as they happened. Two arose from struggles with other patients, two were due to falls in epileptic fits, another was caused by an accidental fall and another was due to one patient pushing another down, and the last occurred when an Attendant was endeavouring to prevent a patient from

smashing windows, the patient and Attendant both falling. The two last were the subject of Coroner's inquiries. The other patients recovered.

There have been seven escapes, one patient on two occasions. They were all brought back to the Asylum after a short absence.

The Asylum has been free of infectious disease with the exception of one case of scarlet fever. The case was that of a Nurse who was found to have the disease on the third day after joining the staff. She was removed to the Isolation Hospital, where infectious cases from the local Rural District are sent.

There have been two inspections of the Asylum by the Commissioners in Lunacy, viz., on the 6th November, 1902, and the 19th May, 1903.

Committees of Guardians have visited the patients chargeable to the Unions in East Sussex and the County Borough of Brighton, and have recorded their appreciation of the care and treatment received by their patients.

In November, owing to the accommodation for female patients at this Asylum proving inadequate, 15 were transferred to the Lincolnshire County Asylum, Kesteven, under contract. This relief to the pressure for room proved to be sufficient until the opening of the new East Sussex County Asylum at Hellingly, which took place in July, when 50 male and 50 female patients were removed there.

In August 24 male and 19 female patients chargeable to Brighton were brought back to this Asylum from the several Asylums at which they had been lodged under contracts. During September 100 males and 100 females were removed to Hellingly.

On the 30th September the chargeability of the patients remaining in the Asylum was—

To Unions in East Sussex	189
To the County of East Sussex... ..	4
To Brighton, including part of Steyning Union in County Borough of Brighton	511
To the County Borough of Brighton ...	2
To Out-County Unions	26
To the Prison Commissioners	1
Private Patients... .. .	4
Total	737

There has been no change in the staff of Officers. Your Medical Superintendent desires to acknowledge the valuable assistance he has received in the administration of the establishment from the Senior Assistant Medical Officer, Dr. Planck, as well as from his other lay and professional colleagues.

In concluding this his last report to you, Gentlemen, as the Visiting Committee of the East Sussex County Asylum at Haywards Heath, your Superintendent wishes to express his great regret that his period of service under your direction will now cease. He thanks you for the consideration and support he has at all times received at your hands. He also hopes that you will agree with him in gratefully acknowledging the kindness of the Committee of the Brighton County Borough Asylum in continuing under their management the Officers and other members of the Staff, most of whom had served the County faithfully for many years.

EDWARD B. C. WALKER, M.D.,
Medical Superintendent.

OCTOBER, 1903.

THE CHAPLAIN'S
FORTY - FIFTH ANNUAL REPORT.

THE CHAPLAIN has the honour to lay before the Committee his Annual Report :—

There has been no change in the number of the Services during the past year, the Daily Prayers having been held in the Chapel while the Dining Halls were being redecorated. The holding of the Services in the Chapel was a great improvement on the usual custom, as it is impossible to secure reverent behaviour while many of the Patients are still at breakfast.

There have been 103 Deaths during the year, and 45 Burials in the Asylum Cemetery. In spite of the great increase in the number of Patients, this is the lowest Record of Funerals during the eleven years the Chaplain has been at the Asylum, and it is satisfactory to note that the removals now exceed the Burials, as it shows the interest taken in the Patients by their friends.

The Wards have been regularly visited at the

appointed times, and special visits have been paid to the sick after the Morning Prayers.

Owing to the crowded state of the Asylum and the opening of new Wards, it has been found difficult to keep the shelves supplied with books. A grant was made by the Committee, which has partly made up the deficiency.

During the Chaplain's holiday the duties were performed by the Rev. W. S. Lack-Szyrma, Vicar of Barkinside, Essex.

In conclusion, the Chaplain has found that the friendship of a Sussex man is not gained in a moment, and he is sorry to bid farewell to so many friends among the Patients, who have, he trusts, been helped by his ministrations. He is sorry also to say good-bye to many of the Committee, and wishes to thank them for their kindness and help during the last eleven years.

(Signed) E. R. D. LITTLE.

SEPTEMBER 30TH, 1903.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£800	} Furnished House, Coals, Vegetables, and Laundry.
1st Assistant Medical Officer	£257 10s.	
2nd Assistant Medical Officer and Pathologist	200	} Lodging, Board, Washing, and Atten- dance.
3rd Assistant Medical Officer	200	
Chaplain	250	} None.
Clerk to Visitors	210	
Clerk of Asylum	260	} House, Coals, and Gas.
Storekeeper	125	
Head Attendant (Male)	£112 10s.	} Lodging, Board, Washing, and Atten- dance.
Housekeeper	65	
Head Attendant (Female)	115	
Female Assistant Officer	55	
Total	12	

ATTENDANTS AND SERVANTS.

MALES.		Ann.	FEMALES.		Ann.
	£	s.		£	s.
*1 Assistant Clerk	75	0	1 Night Nurse	33	10
*1 Organist and Schoolmaster	80	0	1 " " " " " " " " " "	26	10
1 Hall Porter	42	10	1 " " " " " " " " " "	21	0
*1 Night Attendant	69	0	3 " " " " " " " " " "	20	0
*1 " " " " " " " " " "	66	0	1 Day " (Infirmary)	31	10
*1 " " " " " " " " " "	60	0	1 " " " " " " " " " "	30	10
*2 " " " " " " " " " "	59	0	1 " " " " " " " " " "	29	10
6 Day Attendants	43	10	2 " " " " " " " " " "	28	10
1 " " (Dining Hall)	43	10	1 " " " " " " " " " "	25	10
1 " " " " " " " " " "	41	10	2 " " " " " " " " " "	24	10
1 " " " " " " " " " "	40	10	2 " " " " " " " " " "	23	10
2 " " " " " " " " " "	39	10	1 " " " " " " " " " "	22	0
2 " " (Farm)	39	10	3 " " " " " " " " " "	21	10
1 " " (House)	39	10	2 " " " " " " " " " "	21	0
1 " " " " " " " " " "	36	10	6 " " " " " " " " " "	19	0
1 " " (Bath)	35	10	4 " " " " " " " " " "	18	0
2 " " " " " " " " " "	35	10	1 Dining Hall Maid	27	10
2 " " " " " " " " " "	34	10	1 Seamstress	28	10
1 " " " " " " " " " "	33	10	1 Cook	37	0
2 " " " " " " " " " "	32	10	1 Kitchen Maid	18	0
1 " " " " " " " " " "	31	0	1 Laundry Maid (Head)	27	0
3 " " " " " " " " " "	30	0	2 " " " " " " " " " "	21	10
			2 " " " " " " " " " "	20	0
			1 Dairy Maid	21	0
			3 House Maids	18	0
			1 Vegetable Room Maid	16	0
			1 Hall Porter's Wife	Board only	

35

47

The Male Attendants are allowed one day's leave in 13. Married Attendants are allowed £3 per annum in lieu of washing, £6 10s. per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness.

The Female Attendants are allowed one day off duty every 13 days, and an annual holiday of 14 days.

All Attendants and Servants have uniform, and 10 or 14 days' leave granted during the year, and board wages at 1s. 6d. per day paid during this leave.

* Are neither boarded nor lodged.

ARTISANS, &c.

1 Shoemaker	Week	£1 6 10	1 Garden Labourer	Wk.	0 19 10
1 Matmaker		1 5 10	1 Painter and Glazier		1 11 10
1 Basket-maker		1 7 10	1 Painter		1 7 10
1 Tailor		1 6 10	1 Stoker (& Weekly Overtime)		1 4 0
1 Cabinet-maker		1 12 10	1 " " " " " " " " " "		1 4 10
1 Baker		1 6 11	1 Cowman		1 2 11
1 " " " " " " " " " "		1 5 11	1 Under Cowman		0 19 0
1 Butcher		1 6 11	1 Carter		1 1 11
1 Florist		1 4 0	1 " " " " " " " " " "		1 1 0
1 Carpenter		1 11 10	1 Farm Labourer (Sewage)		0 18 0
1 " " " " " " " " " "		1 10 10	1 Stockman		0 17 0
1 Bricklayer		1 11 10	1 House Carter		1 2 10
1 " " " " " " " " " "		1 10 10	1 Store Porter		1 6 10
1 Bricklayer's Labourer		1 1 10	1 Fitter		1 4 0

House, Coals, Vegetables, &c.

1 Engineer (House, Coals and Gas)	Week	2 1 5	1 Gardener	Week	1 5 5
1 Bailiff		1 8 5	1 Blacksmith (House & Gas)		1 5 0
			1 Front Ground Labourer		1 0 10
Total		33			

Made up on 30th September, 1903.

Officers	12
Attendants and Servants	82
Artisans, &c.	33

Total of Staff 127

GEO. PURVEY, Clerk of the Asylum.

APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1903.

	M.	F.	T.
In the Asylum January 1st, 1903	419	564	983
Admissions—	M.	F.	T.
First Admissions.....	130	100	230
Re-Admissions.....	39	42	81
Total Number of Admissions during the Year	169	142	311
Total Number of Cases under Care during the Year.....	588	706	1294
Discharges—	M.	F.	T.
Recovered	41	55	96
Relieved	15	11	26
Not Improved	223	287	510
Died	53	39	92
Total Number of Discharges and Deaths during the Year	332	392	724
Remaining in the Asylum 31st Dec., 1903...	256	314	570
Average Daily Number Resident during the Year ...	373	500	873
*Persons under Care during the Year	583	703	1286
Persons Admitted	168	137	305
„ Recovered	41	54	95
Transferred to this Asylum...	57	24	81
„ from this Asylum	223	285	508

* Persons, *i.e.*, separate persons, in contradistinction to “Cases,” which may include the same individual more than once.

TABLE IA.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1903, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	27	22	49
„ 2 Attacks	8	8	16
„ 3 „	1	2	3
„ 6 „	...	1	1
„ 9 „	...	1	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	10	13	23	13	10	24
Twice.....	5	4	9	2	...	2
Three Times	...	2	2	...	...	...
Six „	...	1	1	...	...	...
Nine „	...	1	1	...	...	...

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1903.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 44½ years.....	4090	4275	8365			
Re-Admissions	712	952	1664			
Total Cases Admitted				4802	5227	10029
Discharges—						
Recovered	1289	1594	2883			
Relieved	588	741	1329			
Not Improved	791	841	1632			
Died	1878	1737	3615			
Total Discharges and Deaths since the Opening of the Asylum				4546	4913	9459
Remaining 31st Dec., 1903 ...				256	314	570

	Male.	Female.	TOTAL.
Average Daily Number Resident during the 44½ Years	331	421	752
Transferred to this Asylum ...	659	569	1228
„ from this Asylum	859	907	1766

TABLE IIa.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1903 ($44\frac{1}{2}$ years).*

HISTORY OF RECOVERIES OF PERSONS.			
	Male.	Female.	TOTAL.
Persons Admitted during the $44\frac{1}{2}$ years	4090	4275	8365
Persons Discharged Recovered	1042	1266	2308 †
Of whom were Re-Admitted, Relapsed ‡	340	522	862
Recovered Persons who have not Relapsed	702	744	1446
Relapsed Personssubsequently Discharged Recovered §	171	252	423
Leaving a Nett Total of Re- covered Persons	873	996	1869 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27.5 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22.3 per cent. of Persons admitted.

TABLE III.—Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each Year since the Opening of the Asylum, July 25th, 1859.

YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.						Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Daily Nos. Resident.		
				Recovered.			Relieved.			Not Improved.														
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1859...	143	164	307	2	4	6	...	...	...	1	1	2	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860...	80	104	184	12	18	30	3	1	5	4	1	5	172	227	399	133	161	294	15.0	17.3	16.3	18.5	5.5	11.5
1861...	103	66	169	7	22	29	3	1	4	10	18	28	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862...	60	69	129	14	16	30	1	6	7	7	3	10	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863...	59	22	81	13	19	32	9	2	11	33	1	34	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864...	64	70	134	14	10	24	5	2	7	4	4	8	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865...	67	57	124	16	17	33	6	6	12	1	4	5	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866...	70	89	159	17	25	42	5	8	13	1	...	1	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867...	69	93	162	15	27	42	6	13	19	1	4	5	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868...	119	73	192	14	34	48	5	5	10	2	...	2	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869...	60	68	128	21	25	46	6	4	10	2	3	5	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870...	83	83	166	29	32	61	5	2	7	...	...	...	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871...	52	64	116	28	35	63	16	8	24	48	1	49	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872...	138	130	268	23	44	67	7	11	18	2	1	3	332	383	715	295	369	664	16.6	33.8	25.0	11.8	8.6	10.1
1873...	100	104	204	30	43	73	14	26	40	1	2	3	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874...	119	118	237	29	40	69	8	13	21	1	1	2	359	414	773	348	405	733	24.4	33.9	29.1	18.3	10.1	13.9
1875...	122	136	258	23	34	57	35	20	55	9	18	27	353	419	772	364	422	786	18.8	25.0	22.0	16.7	13.9	15.2
1876...	131	117	248	43	47	90	16	20	36	11	6	17	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5
1877...	105	117	222	26	34	60	25	22	47	21	7	28	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2
1878...	112	121	233	38	31	69	20	14	34	11	10	21	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1
1879...	104	111	215	32	36	68	15	22	37	4	2	6	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2
1880...	115	114	229	46	32	78	20	25	45	6	9	15	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5
1881...	102	120	222	45	34	79	11	16	27	3	...	3	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2
1882...	115	107	222	43	70	113	10	20	30	2	6	8	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3
1883...	103	137	240	42	53	95	30	38	68	...	2	2	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5
1884...	115	114	229	42	49	91	14	28	42	8	4	12	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1
1885...	96	114	210	43	29	72	14	26	40	4	1	5	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5
1886...	100	110	210	40	47	87	14	26	40	7	31	38	351	473	824	357	480	837	42.1	45.6	43.9	12.6	6.0	8.8
1887...	124	104	228	46	44	90	15	10	25	3	4	7	364	469	833	361	474	835	37.7	43.5	40.3	13.0	10.5	11.6
1888...	127	116	243	36	31	67	19	25	44	5	4	9	378	498	876	364	485	849	29.7	27.9	28.8	14.5	5.5	9.4
1889...	109	123	232	31	30	61	27	19	23	35	51	86	340	480	820	361	483	844	30.0	26.0	27.9	14.9	9.1	11.6
1890...	121	168	289	39	38	77	19	23	42	7	36	43	363	481	844	356	485	841	32.5	23.3	27.2	9.2	14.4	12.2
1891...	131	175	306	41	41	82	20	50	70	42	48	90	339	453	792	363	481	844	34.7	26.2	29.9	14.3	13.3	13.7
1892...	117	166	283	16	34	50	15	21	36	7	2	9	367	490	857	347	466	813	15.0	21.3	18.8	14.6	15.4	15.1
1893...	134	164	298	22	44	66	21	25	46	77	54	131	335	493	828	360	508	868	19.1	34.1	27.0	12.7	7.4	9.6
1894...	159	184	343	28	33	61	12	26	38	13	22	85	395	493	888	381	482	863	25.4	25.3	25.4	12.0	10.9	11.4
1895...	123	110	233	27	35	62	18	24	42	41	22	63	380	467	847	378	482	860	23.2	33.0	27.9	13.7	11.4	12.4
1896...	98	139	237	32	44	76	20	22	42	4	1	5	373	502	875	375	490	865	34.0	32.5	33.1	13.0	7.5	9.9
1897...	129	134	263	20	42	62	9	16	25	73	32	105	351	494	845	365	515	880	19.8	34.4	27.8	13.4	10.0	11.4
1898...	109	143	252	19	37	56	13	14	27	7	14	37	384	523	907	365	513	878	19.7	29.6	25.3	10.1	10.9	10.5
1899...	119	152	271	38	47	85	10	17	27	21	44	56	394	561	955	390	543	933	34.5	33.0	33.7	11.2	8.4	9.6
1900...	126	139	265	43	48	91	16	22	38	2	31	33	421	546	967	406	564	970	35.8	35.8	35.8	9.3	9.3	9.3
1901...	102	122	224	34	40	74	9	15	24	26	2	28	49	566	975	406	550	956	35.4	37.0	36.2	11.0	8.1	9.4
1902...	99	154	253	29	44	73	7	17	24	5	44	49	419	564	983	416	577	993	31.1	29.7	30.2	11.5	8.8	9.9
1903...	169	142	311	41	55	96	15	11	26	223	287	510	256	314	570	373	500	873	36.9	46.6	41.9	14.2	7.0	10.5
TOTAL.	4802	5227	10029	1289	1594	2883	588	741	1329	791	841	1632	1878	1737	3615	1331	1421	2752	27.1	30.5	28.7	12.7	9.2	10.8

TABLE IV.—Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1903.

Admitted.				Discharges and Deaths in 1903 of each Year's Admissions.						Total Discharges and Deaths of each Year's Admissions to 31st December, 1902.						Remaining of each year's Admissions Dec. 31st, 1903																	
YEAR.	New Cases.		Tot.	Recovered.		Not Improved.		Died.	Recovered.		Not Improved.		Died.	M.	F.	Tot.																	
	M.	F.		M.	F.	M.	F.		M.	F.	M.	F.																					
1859	143	164	307	...	...	...	...	1	11	16	27	5	21	26	4	14	115	120	235	2	2	4	1859										
1860	79	104	184	...	...	...	...	...	16	30	46	9	10	19	11	19	30	44	44	88	...	...	1860										
1861	102	60	162	...	...	...	...	...	10	20	30	11	7	18	41	6	47	38	33	71	2	...	1861										
1862	58	64	122	...	...	...	...	...	16	28	44	5	6	11	3	4	7	36	31	67	...	...	1862										
1863	58	22	80	...	...	...	...	...	11	5	16	4	5	9	3	1	4	39	11	50	...	...	1863										
1864	56	62	118	...	...	...	...	...	16	19	35	5	5	10	3	10	13	40	36	76	...	...	1864										
1865	62	50	112	...	...	...	...	...	12	18	30	5	7	12	2	6	8	48	25	73	...	...	1865										
1866	64	84	148	...	...	...	...	...	15	27	42	8	11	19	2	3	5	43	45	88	1	...	1866										
1867	63	80	143	...	...	...	...	...	21	28	49	10	13	23	3	6	9	33	45	78	1	...	1867										
1868	116	61	177	...	...	...	...	...	19	34	53	18	5	23	55	4	59	23	30	53	2	...	1868										
1869	57	61	118	...	...	...	...	...	19	21	40	5	11	16	4	2	6	41	32	63	...	1	1869										
1870	76	71	147	...	...	...	...	...	31	40	71	2	12	14	2	4	4	35	29	74	1	...	1870										
1871	42	52	94	...	...	...	...	...	19	24	43	9	10	19	1	3	4	22	24	46	1	...	1871										
1872	130	119	249	...	...	...	...	...	27	56	83	34	23	57	20	15	35	54	35	89	...	...	1872										
1873	88	85	173	...	...	...	...	...	31	38	69	13	15	28	5	8	13	49	43	92	...	...	1873										
1874	106	100	206	...	...	...	...	...	32	38	70	18	16	34	9	14	23	56	45	101	3	...	1874										
1875	100	121	221	...	...	...	...	...	32	40	72	24	19	43	10	20	30	52	56	108	2	...	1875										
1876	114	96	210	...	...	...	...	...	36	35	71	18	27	45	26	15	41	51	38	89	...	1	1876										
1877	92	101	193	...	...	...	...	...	27	36	63	20	21	41	7	14	21	51	43	94	...	1	1877										
1878	98	100	198	...	...	...	...	...	38	28	66	15	26	41	8	18	26	47	46	93	3	...	1878										
1879	93	92	185	...	...	...	...	...	34	38	72	19	16	35	11	16	27	38	39	77	1	...	1879										
1880	98	87	185	...	...	...	...	...	43	39	82	20	26	46	8	13	21	43	31	74	1	3	1880										
1881	85	98	183	...	...	...	...	...	40	57	97	19	14	33	9	12	21	31	35	66	...	...	1881										
1882	93	80	173	...	...	...	...	...	42	45	87	14	19	33	7	11	18	47	29	76	2	4	1882										
1883	79	110	189	...	...	...	...	...	46	51	97	10	31	41	10	20	30	35	32	67	2	2	1883										
1884	93	79	172	...	...	...	...	...	44	46	90	12	12	24	12	20	32	43	30	73	...	...	1884										
1885	81	92	173	...	...	...	...	...	40	33	81	7	18	25	14	11	25	36	34	70	...	1	1885										
1886	78	86	164	...	...	...	...	...	41	40	81	7	18	25	14	11	25	36	34	70	...	5	1886										
1887	104	83	187	...	...	...	...	...	42	40	82	13	14	27	12	21	33	60	21	71	2	6	1887										
1888	101	89	190	...	...	...	...	...	36	37	73	17	24	41	21	15	36	47	31	78	4	4	1888										
1889	98	105	203	...	...	...	...	...	31	26	57	16	18	34	17	18	35	39	50	89	1	4	1889										
1890	98	137	235	...	...	...	...	...	38	36	74	18	34	52	27	23	50	31	61	91	5	9	1890										
1891	102	133	235	...	...	...	...	...	35	41	76	12	27	39	22	24	46	48	59	107	5	11	1891										
1892	99	127	226	...	...	...	...	...	41	41	55	17	23	40	32	30	62	42	50	92	3	15	1892										
1893	101	102	203	...	...	...	...	...	26	38	64	22	23	45	27	33	60	50	43	93	2	17	1893										
1894	102	116	218	...	...	...	...	...	25	35	60	20	23	43	32	25	57	48	64	112	15	14	1894										
1895	105	90	195	...	...	...	...	...	31	35	66	16	19	35	9	4	13	47	32	79	9	9	1895										
1896	87	111	198	...	...	...	...	...	27	50	77	12	16	28	10	12	22	35	32	67	4	12	1896										
1897	88	112	200	...	...	...	...	...	21	39	60	7	22	29	29	11	40	35	34	69	19	14	1897										
1898	86	112	198	...	...	...	...	...	3	30	38	68	14	16	30	13	14	27	31	41	72	9	18	1898									
1899	100	117	217	...	...	...	...	...	32	46	81	14	15	29	3	9	12	32	33	65	10	24	1899										
1900	112	116	228	...	...	...	...	...	4	45	46	91	14	15	29	8	3	11	27	35	62	11	17	1900									
1901	82	99	181	...	...	...	...	...	28	32	60	3	10	13	1	6	7	30	20	50	16	16	32	1901									
1902	82	135	217	...	...	...	...	...	18	18	36	2	6	...	2	4	...	...	...	...	30	32	55	1902									
1903	130	100	230	...	...	...	...	...	26	44	...	...	...	...	...	...	...	...	...	...	12	18	30	1903									
TOTAL	4090	4275	8365	712	952	10029	41	55	96	15	1	26	223	287	510	53	30	492	1248	1539	2787	573	730	1303	568	554	1122	1821	3523	256	314	570	TOTAL

Summary of Total Admissions, 1859-1903.				Male.		Female.		Total.	
Percentage of the Recovered				27.1		30.5		28.7	
" Recovered				12.0		14.2		13.3	
" Not Improved				16.5		16.1		16.3	
" Dead				30.1		33.2		36.0	
" Remaining				5.3		6.0		5.7	
				100.0		100.0		100.0	

TABLE V.

Showing the Causes of Death during the Year 1903, together with the Ages at Death.

[illegible]

Ascertained by *Post-Mortem Examination*:—Males, 25; Females, 16; Total, 41.

TABLE VI.

*Showing the Length of Residence in those who have Recovered
and in those who have Died during the Year 1903.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	2	1	3	7	2	9
1 month and under 3 months	14	11	25	8	5	13
3 months „ 6 „	14	24	38	8	4	12
6 „ „ 9 „	5	10	15	4	4	8
9 „ „ 12 „	2	3	5	1	7	8
1 year „ 2 years	...	5	5	5	4	9
2 years „ 3 „	1	...	1	5	3	8
3 „ „ 5 „	1	1	2	7	2	9
5 „ „ 7 „	1	...	1	2	2	4
7 „ „ 10 „	1	...	1	2	3	5
10 „ „ 12 „	...	...	...	1	...	1
12 „ „ 15 „	...	...	...	...	...	...
15 „ „ 20 „	...	...	...	2	1	3
20 „ „ 25 „	...	...	...	...	1	1
25 „ „ 30 „	...	...	...	...	...	...
30 „ „ 40 „	...	...	...	1	1	2
TOTAL.....	41	55	96	53	39	92

TABLE VII.

Showing the Duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths during the Year 1903.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
				Recovered.		Relieved, or otherwise.		Male.	Female.	Total.
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Total.
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	59	64	123	17	35	52	102	132	234	58
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	4	2	6	2	2	4	24	23	47	4
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	24	32	56	17	17	34	42	77	119	14
<i>FOURTH CLASS—</i> First Attack or otherwise; of more than Twelve Months' duration on Admission	68	36	104	1	..	1	33	39	72	10
<i>FIFTH CLASS—</i> Congenital..... Not Ascertained	10 4	2 6	12 10	.. 4	.. 1	.. 5	26 11	21 6	47 17	1 5
TOTAL	169	142	311	41	55	96	238	298	536	92

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1903, and of those remaining on the 31st December, 1903.

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1903.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Under 5 years.....	..	..	..	..	..	..	..	..	..	..	..	..
5 years and under 10 years	..	..	..	..	..	..	..	..	..	..	..	..
10 ".....	..	..	..	..	..	..	..	..	..	..	..	..
15 ".....	..	..	..	..	..	..	..	..	..	..	..	..
20 ".....	..	..	..	..	..	..	..	..	..	..	..	..
25 ".....	..	..	..	..	..	..	..	..	..	..	..	..
30 ".....	..	..	..	..	..	..	..	..	..	..	..	..
35 ".....	..	..	..	..	..	..	..	..	..	..	..	..
40 ".....	..	..	..	..	..	..	..	..	..	..	..	..
45 ".....	..	..	..	..	..	..	..	..	..	..	..	..
50 ".....	..	..	..	..	..	..	..	..	..	..	..	..
55 ".....	..	..	..	..	..	..	..	..	..	..	..	..
60 ".....	..	..	..	..	..	..	..	..	..	..	..	..
65 ".....	..	..	..	..	..	..	..	..	..	..	..	..
70 ".....	..	..	..	..	..	..	..	..	..	..	..	..
75 ".....	..	..	..	..	..	..	..	..	..	..	..	..
80 ".....	..	..	..	..	..	..	..	..	..	..	..	..
85 ".....	..	..	..	..	..	..	..	..	..	..	..	..
90 ".....	..	..	..	..	..	..	..	..	..	..	..	..
Unknown.....	..	..	..	..	..	..	..	..	..	..	..	..
Total.....	169	142	311	41	55	96	53	39	92	256	314	570
Mean Age.....	43.8	44.0	43.9	40.6	36.3	38.2	47.3	57.6	51.7	44.8	47.6	46.3

TABLE IX.

*Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1903,
and of Patients resident on the 31st December, 1903.*

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1903.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	87	68	155	18	28	46	15	14	29	152	170	322
Married	67	54	121	22	23	45	30	12	42	83	91	174
Widowed	12	18	30	..	4	4	6	13	19	15	49	64
Unknown	3	2	5	1	..	1	2	..	2	6	4	10
TOTAL	169	142	311	41	55	96	53	39	92	256	314	570

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1903, and the Form of Mental Disorder of the Inmates on 31st December, 1903.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1903.		
										Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy	3	...	3	...	...	...	4	1	5	7	8	15
" (b) without Epilepsy	15	4	19	...	...	...	...	1	1	20	15	35
Epilepsy—Acquired	3	4	7	1	...	1	4	6	10	19	18	37
General Paralysis of the Insane	12	1	13	...	...	...	17	3	20	10	1	11
Mania :—												
Acute	28	30	58	10	17	27	4	1	5	21	28	49
Chronic	27	24	51	...	...	...	2	8	10	71	90	161
Recurrent	15	13	28	10	5	15	1	1	2	14	10	24
of Pott	6	1	7	5	2	7	1	...	1	3	3	6
Puerperal	...	6	6	...	3	3	...	1	1	...	1	1
Senile	4	1	5	...	...	...	1	2	3	3	5	8
Melancholia :—												
Acute	18	34	52	8	19	27	3	1	4	9	20	29
Chronic	8	3	11	...	...	...	2	2	4	19	38	57
Recurrent	9	7	16	7	7	14	...	...	...	4	9	13
Puerperal	...	2	2	...	2	2	...	...	...	...	2	2
Senile	3	...	3	...	...	...	3	1	4	2	3	5
Dementia :—												
Primary	...	...	...	...	...	...	...	...	...	...	2	2
Secondary	14	7	21	...	...	...	7	6	13	49	54	103
Senile	3	5	8	...	...	...	3	5	8	5	7	12
Not Ascertained	1	...	1	...	...	...	1	...	1	...	...	...
TOTALS	169	142	311	41	55	96	53	39	92	256	314	570

TABLE XIII.
DIET SCALE.

	BREAKFAST At 8.0 A.M.						DINNER at 1.0 P.M.												SUPPER at 6.0 P.M.											
	Males.			Females.			Males.						Females.						Males.				Females.							
	Butter.	Bread.	Cocoa.	Bread.	Cheese.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Cheese.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Cake.	Bread.	Jam.	Butter.	Tea.	Cake.	Bread.	Jam.	Butter.	Tea.	
Sunday ...	oz. 4	6	1	oz. 4	1	9	oz. 12	1	1	16	oz. 12	2	...	8	oz. 8	...	...	...	12	oz. 12	9	...	...	oz. 1	5	...	...	...	...	1
Monday ...	6	6	1	6	1	4	...	...	1	8	...	2	...	4	...	...	...	...	12	...	...	...	...	...	...	...	...	...	...	...
Tuesday ...	6	6	1	4	...	4	12	...	...	12	...	6	1	4	...	...	1	...	8	...	...	6	...	1	...	...	5	...	...	...
Wednesday ...	6	6	1	5	...	...	...	...	...	...	...	4	...	4	...	...	...	...	12	...	...	6	2	...	1	...	5	...	...	...
Thursday ...	6	6	1	5	...	8	...	...	...	16	...	...	...	...	...	12	...	...	...	...	...	6	...	...	1	...	5	...	...	...
Friday ...	6	6	1	5	...	4	12	...	...	12	...	6	1	4	...	...	1	...	8	...	...	6	...	...	1	...	5	...	...	...
Saturday ...	6	6	1	5	1	4	...	...	1	8	...	2	...	4	12	...	...	...	12	...	...	6	...	1	...	...	5	...	...	...
Weekly Total	3½	42	7	3½	2	30	24	12	2	72	22	2	28	12	12	12	2	1	64	6	36	2	1½	7	5	30	2	1½	7	7

Bread is given practically *ad libitum*.

TABLE XIII.—Continued.

DINNER.

	Male Patients.	Female Patients.	Friday ...	Male Patients.	Female Patients.
Sunday ...	Meat and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	...	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{4}$ lb. of Fresh Fish, 12oz. Potatoes and 4oz. Bread.
Monday ...	Pea Soup.	Boiled Meat & Vegetables; Peas Pudding or Rice.	...	...	Meat Pudding.
Tuesday ...	Meat Pudding.	Pea Soup.	Saturday ...	Pea Soup. Every other Saturday, $\frac{1}{4}$ lb. of Fresh Fish, 12oz. Potatoes and 4oz. Bread.	...
Wednesday ...	Plum Dumpling and Sauce.	Meat Stew.			
Thursday ...	Roast Meat.	Plum Pudding & Sauce.			

Bread and Vegetables Daily. — When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females. Yorkshire Pudding or Fruit Tart occasionally substituted for other Puddings.

Extra Diet for Sick. — Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Male Working Patients. — $\frac{1}{2}$ Pint. Gingerette or other Non-alcoholic Liquors, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Gingerette at 4 P.M. Tobacco and Snuff given as indulgences.

Ditto Female Working Patients. — $\frac{1}{2}$ Pint Cocoa, 2oz. Bread, 1oz. Cheese at 11 A.M.

Attendants' and Servants' Diet. — 1lb. Uncooked Meat (Women, $\frac{1}{2}$ lb.), 1lb. Vegetables, 1lb. Bread, $\frac{1}{2}$ Pint New Milk Daily; 2oz. Tea, $\frac{1}{2}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, 1lb. Bacon, $\frac{1}{2}$ lb. Butter, 1lb. Cheese (Women, $\frac{1}{2}$ lb.) weekly.

Cocoa for One Hundred Patients. — 34lbs. Cocoa, 4lbs. Sugar, 2 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto 14lbs. Coffee, $\frac{1}{2}$ lb. Chicory, 3lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup Ditto { The Liquor of the Cooked Meat, Bones, &c.; 18lbs. Split Peas; Carrots, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pudding or Pie Ditto 25lbs. Meat; 25lbs. Flour; 6lbs. Suet, (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with 3lbs. Rice.

Plum Pudding, 100lbs. weight. — 46lbs. Flour; 14lbs. Suet; 7lbs. Raisins; 7lbs. Currants.

Suet Pudding Ditto 6lbs. Flour; 15lbs. Suet.

(Signed)

EDWARD B. C. WALKER, M.D.,

Medical Superintendent.

REPORT OF COMMISSIONERS IN LUNACY.

EAST SUSSEX ASYLUM.

19th May, 1903.

Our inspection of this Asylum enables us to report favourably on its condition and management.

At our visit to-day we found the names of 1,012 Patients on the Books, 437 being Males and 575 Females. Of these 2 are Private Patients, 24 are chargeable to out-County Unions, 4 are on trial, and 7 Children are technically on trial with some of the Attendants. In addition to the numbers mentioned above, there are 135 Patients who are at present boarded out in other Asylums.

We have seen all the Patients in residence and found them in good health, 24 Patients being in bed. The dress was neat and tidy, but we should have been glad to see more variety and brighter colours in the clothing on the Female side. General contentment prevailed in the Wards, but one Patient lodged a complaint to the effect that one of the Attendants had kicked a Patient the day before the death of the latter, which occurred on the 7th instant. We made a careful examination into the allegation, which had already been made the subject of investigation by Dr. Walker, and were unable to satisfy ourselves that the charge was substantiated.

The dinner which we saw served to-day in Hall, consisted of boiled fish, potatoes and bread, and was not unpopular with the Patients.

Of the entire Patients, 11·6 per cent. are epileptics, 2·3 per cent. general paralytics, and 16 are regarded as being actively suicidal.

Only 1·1 per cent. of the Patients were reported as having wetted their beds last night.

Fifty-two per cent. usually attend Divine service in Chapel on Sundays, 52 per cent. are usually present at the associated entertainments, 36 per cent. usually walk out weekly or oftener beyond the Asylum estate, 71 per cent. walk out usually every day beyond the airing grounds, to which 11 per cent. are altogether confined for exercise.

Fifty-six per cent. of the Men and as many as 69 per cent. of the Women are usefully employed.

We found the Wards bright and comfortable and the Dormitories and bedding clean and in good order, but Male Wards Nos. 1 and 6, the latter especially, are greatly in need of general brightening and the provision of additional objects calculated to amuse and interest the Patients.

A calender in the Laundry is also required, and should, we think, be provided.

With regard to means of escape in case of fire we desire to make the following recommendations, which we hope will receive the anxious attention of the Committee of Visitors:—

1. We are strongly of opinion that the use of the Temporary Buildings should be discontinued at the earliest possible date, and that during such use the safety of the Patients should be secured by the provision of two additional exits from each of the Dormitories, the doors to open outwards and into the open air.

2. In order to make the second Dormitory, the small Dormitory and the single Room at the Sanatorium safe, doors of inter-communication should be made between these rooms and the Nurses' rooms.

We are glad to learn that this building may, not improbably, be devoted to the accommodation of the Idiot and Imbecile Children whose names are on the Asylum Books, but should this be done, it will be necessary to provide a small Isolation Hospital for cases where infectious disease is suspected.

3. We think that the turpentine and oil should be removed from the Painters' shop where they are at present kept, and stored in a small building detached from the Asylum.

Since our colleagues were here about six months ago, 143 Patients have been admitted, 75 discharged, 37 having recovered and 57 have died.

Fourteen per cent. of the deaths were due to General Paralysis, 5 per cent. to Phthisis, and 8·8 per cent. to Colitis, of which there have been 30 cases—that being the only zymotic disease which has prevailed.

All the other deaths were from natural causes, but we regret to report that these were ascertained by post-mortem examination in the very small proportion of

46 per cent. only, a smaller percentage even than that of last year, and much below the average of County Asylums generally.

Bedsore were present in 12 per cent. of the deaths, a large percentage which seems to point to the desirability of some improvement in the nursing of the sick.

One inquest only was held, upon a woman whose death from brain disease was associated with the accidental fracture of the femur. One other accidental fracture of a bone was the only serious casualty which did not end fatally.

There is no record of the employment of either restraint or seclusion. The Staff is adequate, there being for day duty 1 Attendant to every 10 Male and 1 Nurse to every 13 Female Patients. There are also 8 Men and 11 Women for night duty.

Of the total Staff 30 per cent. have remained less than a year, but 32 per cent. upwards of five years.

No Attendant has been dismissed for an offence connected with the Patients.

The case books continue to be carefully kept.

HARDINGE F. GIFFARD,	} Commissioners in Lunacy.
F. NEEDHAM,	



