

Sussex County Lunatic Asylum Haywards Heath annual report : 1890

Contributors

Great Britain. Sussex County Lunatic Asylum

Publication/Creation

London : [publisher not identified], 1890

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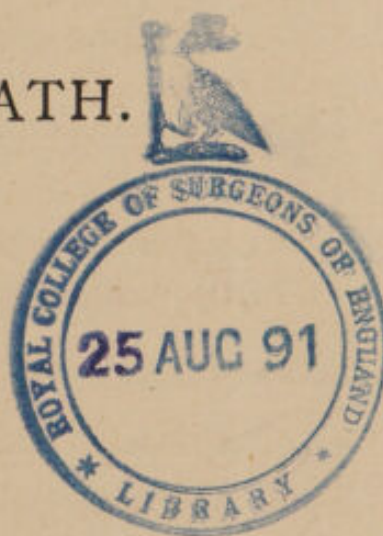
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SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



THIRTY - SECOND ANNUAL REPORTS
FOR 1890.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

—
1891.

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COMMITTEE OF VISITORS AND OFFICERS.

1890.

FOR EAST SUSSEX.

- 1*Albert Burtenshaw, Esq., Hailsham.
- 2*W. H. Campion, Esq. (*Chairman*), Danny, Hassocks.
- 3 John Ansell Day, Esq., Uckfield House, Uckfield.
- 4*C. R. Kemp, Esq., Bedford Lodge, Lewes.
- 5*Henry R. Knipe, Esq., 54 Wilbury Road, Hove.
- 6 Colonel Wm. Rowe Lewis, The High Beech, Hollington, Hastings.
- 7 W. S. Livesay, Esq., Ivy Lodge, Hove.
- 8 Charles Longley, Esq., Wivelsfield, Burgess Hill.
- 9*Major T. A. Maberly, Mytten, Cuckfield.
- 10 Arthur Mayhew, Esq., 10 Devonshire Place, Eastbourne.
- 11 John Mews, Esq., Hartwell, Hartfield.
- 12*William Epps Morrison, Esq., Mondello Lodge, Blackwater Road, Eastbourne.
- 13 Kingsnorth Reeve, Esq., High Street, Rye.
- 14 Lieut.-Colonel D. T. H. Sampson, Buxshalls, Lindfield.

FOR WEST SUSSEX.

- 1 Major W. G. Barttelot, Brookdean, Fittleworth, Pulborough.
- 2*Rev. Dr. Alfred Conder, 30 Upper Bognor Road, Bognor.
- 3 Rev. John Goring, Wiston Park, Steyning.
- 4*Harry Hargood, Esq., North Lodge, Worthing.
- 5*Rev. Henry Palmer, Sullington, Pulborough.
- 6 Alexander A. Ralli, Esq., 10 Heene Terrace, West Worthing.
- 7*William Smith, Esq., Little London, Chichester.
- 8*Lieut.-Col. T. F. Wisden, The Warren, Broadwater, Worthing.

FOR THE COUNTY BOROUGH OF BRIGHTON.

- 1*Joseph Ewart, Esq., M.D., Montpelier Hall, Montpelier Terrace, Brighton.
- 2 William Henry Hallett, Esq., 141 Marine Parade, Brighton.
- 3 George Manwaring, Esq., 6 Albany Villas, Hove.
- 4 Edward Martin, Esq., 42 Buckingham Place, Brighton.
- 5*Edward James Reeves, Esq., 85 Queen's Road, Brighton.
- 6*William Sendall, Esq., 131 Preston Road, Brighton.
- 7*Samuel Henry Soper, Esq., 32 Vernon Terrace, Brighton.

OFFICERS.

Medical Superintendent—C. E. Saunders, Esq., M.D.
Senior Assistant Medical Officer—E. B. C. Walker, Esq., M.B.
Junior Assistant Medical Officer—R. J. Fox, Esq., M.B.
Chaplain—(Vacant).
Clerk of the Asylum—Mr. S. A. Mortlock.
Storekeeper—Mr. T. Lenton.
Housekeeper—Mrs. Woodhouse.
Head Attendants—Mr. W. T. Buckle (Male Department). Miss Buckle (Female Department).
Assistant Female Officer—Miss Edmands.
Treasurer—George Whitfeld, Esq., Lewes.
Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

* Members of the House and Farm Committee.

NOVEMBER, 1890.



LUNATIC ASYLUM
FOR THE
ADMINISTRATIVE COUNTIES OF EAST AND WEST
SUSSEX AND THE COUNTY BOROUGH OF BRIGHTON.

THIRTY-SECOND ANNUAL REPORT OF THE
COMMITTEE OF VISITORS.

*To the Councils of the Administrative Counties of East and
West Sussex and the County Borough of Brighton.*

THE COMMITTEE OF VISITORS have the satisfaction of reporting very favourably of the present state and condition and good management of the Asylum, and of the conduct of the officers and servants, and of their care of the patients.

During the past year the question of accommodation has caused much anxiety to your Committee, and in order to further relieve the congested state of the Asylum, your Committee in the month of June last, entered (with the consent of the Home Secretary) into a second contract with the Committee of the Berry Wood Asylum at Northampton, for the reception of 50 female patients into that Asylum at a charge of 14s. a week for each patient; 37 patients have already been removed under this contract to Berry Wood, where every arrangement has been made for their care and treatment. This contract will continue for two

years from the 16th of June last, as the consent of the Home Secretary only extended to that period.

The new Lunacy Act which came into operation on the 1st May last introduces numerous alterations in the Lunacy laws, and brings a considerable increase of work and responsibilities.

The alterations and improvements to the wash-house, the expenditure for which has been authorised by the Councils, is being satisfactorily carried out. These works when completed will enable the patients and laundrymaids to work under more convenient and healthy conditions.

The new system of electric tell-tale checks, the expenditure for which has also been authorised by the Councils, is now in course of completion, and when finished will afford a more efficient and reliable check on the nightly supervision of the Asylum.

During the past year your Committee have replaced and improved a portion of the cooking apparatus in the kitchen, and this promotes the comfort of the patients and leads to economy and efficiency.

On the 1st March last the Lord Chancellor's Visitor paid an official visit to the Asylum, and on the 17th and 18th of that month the Commissioners in Lunacy made their statutory visit, and left a satisfactory report. A recommendation by the Commissioners that the nursing staff should be increased has been duly carried out.

Pursuant to Section 263 of the Lunacy Act, 1890, the Asylum buildings and land have been assessed for the relief of the poor at gross £5,107 and rateable £3,541.

In the month of August last the Sanitary Institute, then in congress at Brighton, paid a visit of inspection to the Asylum, and were very favourably impressed with what they saw.

The number of patients on the 30th September, 1890, was :—

At Haywards Heath	{	Males . .	365	
		Females . .	485	
				850
At Berry Wood ...	{	Males . .	26	
		Females . .	84	
				110
				960

This total of 960 is analysed as follows :—

Chargeable to Unions and parts of	
Unions in East Sussex	376
Chargeable to Unions and parts of	
Unions in West Sussex	265
Chargeable to Brighton Union and	
part of Steyning Union in County	
Borough of Brighton	304
Criminal, County, and Private	
Cases	15
	— 960

For the purpose of this analysis the patients from the overlapping Unions of Cuckfield and Steyning have been duly apportioned according to population.

The number of patients on the books on the 30th September, 1889, was 884, which, compared with 960, the number on the 30th September, 1890, shews an increase of 76 during the year.

The Admissions during the year ending 30th September, 1890, were	288
The Discharges from Haywards Heath	108
The Discharges from Berry Wood	3
The Deaths at Haywards Heath .	94
The Deaths at Berry Wood . .	7
	212
Increase as above mentioned . .	76

The admissions during the year have been largely in excess of any previous year since the Asylum was opened, being no less than 92 above the average, and 20 more than in any one of the preceding 30 years.

The vacant beds at Haywards Heath on 30th September last were:—

Male Side	15
Female Side	19

In conclusion your Committee have pleasure in reporting that, notwithstanding the crowded condition of the Asylum, the year has passed without serious accident of any kind. This is an important matter for consideration where lunatics are concerned, and reflects very creditably on Dr. Saunders and his staff; at the same time your Committee feel it to be their duty most earnestly to impress on the Councils the urgent necessity for a new arrangement whereby adequate accommodation for the pauper lunatics of East and West Sussex and the County Borough of Brighton may be provided.

On behalf of the Visiting Committee,

W. HENRY CAMPION,

Chairman.

HAYWARDS HEATH,

30TH OCTOBER, 1890.

INCOME and EXPENDITURE for the Year ending 31st March, 1891.

Examined by the Finance Committee, April 23rd, 1897.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE <i>for the Year, for each Patient, from Weekly Rate.</i>					
	QUARTERS ENDING				Average for the Year ending 31st Mar., 1901
	1900, June 30th.	Sept. 30th.	Dec. 31st.	1901, March 31st.	
Provisions.....	\$ 4	\$ 4	\$ 4	\$ 4	\$ 4
Drugs and other Expenses.....	1 7	2 1	2 5	3 1	2 0
Clothing.....	0 4	0 6	0 7	0 5	0 6
Salaries and Wages.....	2 3	2 8	2 5	2 4	2 5
Medicine, Surgery, &c.....	0 1	0 3	0 1	0 2	0 1
Incidentals.....	0 2	0 4	0 2	0 1	0 2
Total.....	8 0	8 1	10 0	8 7	8 7
Weekly Rate Chargeable to the Patients Contributing to the Asylum.....	8 0	8 0	8 0	10 7	8 3
Do. Not Contributing.....	14 0	14 0	14 0	14 0	14 0
Do. For Private Patients.....	18 0	10 0	18 0	16 0	16 0



30th October, 1891.

SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending March 31st, 1891.

ASSETS.		DEBITS.	
	£ s. d.	1891.	£ s. d.
1890.			
Dec. 31. From Unions, &c., in Arrear	661 17 4	Mar. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	3911 13 3
1891.			
Mar. 31. Due from Unions Contributing	6283 9 11	Ditto on Cheques not paid in	594 8 6
" " Ditto not ditto	28 8 0	Cheques on Salaries not paid in	443 12 8
" " County Treasurers	39 11 0		
" " Private Patients' Account ..	103 5 9		
" " For Sale of Farm Produce, Stores, &c.	406 9 9		
" " Repairs, Alterations, Superannuation	646 19 1		
" " Cottage Rent, &c.	7 13 6		
" " Cash in Bankers' Hands	2346 15 11	Surplus Balance:—	
" " Clerk's ditto	154 8 10	Maintenance	5930 6 8
" " Due from County Councils, L. Act 1890,		County Rate	45 0 0
s. 269 (9)	246 2 0		5975 6 8
	<u>£10,925 1 1</u>		<u>£10,925 1 1</u>

Submitted to the Finance Committee this 25th day of April, 1891.

(Signed)

W. HENRY CAMPION (Chairman).
H. HARGOOD.
CALEB KEMP.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum.

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1891. Cr.

1890.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of						
Live Stock	913	2	0			
Estimated Value of						
Dead Stock	390	0	0			
Estimated Value of						
Tenant's Valuation	770	13	11			
Estimated Value of						
Provender	416	1	3			
				2489	17	2

1891.—March 31st.	£	s.	d.	£	s.	d.
By Purchase of—						
1 Boar	4	10	0			
17 Cows	435	0	0			
Grains	132	6	6			
124 Sheep	323	0	0			
1 Horse	35	0	0			
Medicine	18	0	6			
Oil Cake	191	0	0			
Bran and Sharps	164	12	0			
Railway Carriage	25	9	10			
Barley and Maize	79	19	6			
2,000 trusses Straw ...	79	3	4			
Seeds and Plants	62	14	10			
Manure and Lime	92	0	11			
Implements	67	10	11			
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm	458	13	0			
Threshing	14	10	5			
Thatching	7	3	1			
Valuation	7	7	0			
Sundries	13	10	7			
Shoeing	13	16	11			
				2225	9	4

Rates and Taxes	23	17	9			
Estimated Rent on Land	200	0	0			
				223	17	9

Balance in favour..... 530 15 9

£5,470 0 0

1891.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
4 Lambs	7	15	0			
11 Calves	23	7	6			
146 Sheep	410	11	6			
1 Horse	37	16	0			
Hides and Skins	10	11	10			
50 Pigs	105	2	0			
71 qrs. 2½ bus. Wheat	128	7	2			
Sundries	4	17	6			
Hay and Oats	21	11	6			
5 doz. Wattles @ 13/-	3	5	0			
1 Cow	6	15	0			
				760	0	0

By Produce supplied to House—						
9,300 lbs. Beef @ -/5½,	235	17	1			
-/6, and -/6½.....	11	4	10			
514 „ Suet @ -/5½	229	2	6			
9,402 „ Pork @ -/5½	19	8	6			
and -/6½.....	3	15	5			
518 „ Mutton @ -/9				498	8	4
Bells, Livers, &c.....						
26,261½ gals. Milk @ -/11	974	9	8			
6,937 No. Eggs „ -/1	28	18	1			
140 „ Poultry „ 2/6	17	10	0			
22 „ Rabbits „ 1/2	1	5	8			
				1022	3	5

2,818 bus. Cabbage @ 1/-	140	18	0			
75½ „ Onions „ 2/-	7	11	0			
852 „ Potatoes „ 2/8	113	12	0			
39½ „ Peas „ 2/-	3	19	6			
404½ „ Beans „ 2/-	40	9	0			
301½ „ Carrots „ 2/-	30	3	0			
598 „ Parsnips „ 2/-	59	16	0			
612½ „ Turnips „ -/10	25	10	5			
2,296 No. Cauliflowers @ -/2	19	2	8			
Other Vegetables	16	17	2			
Fruit and Rhubarb.....	31	8	6			
Vegetables and Fruit supplied to Medical Superintendent	26	1	6			
				515	8	9

Keep of House Horse...	23	8	0			
				23	8	0

By Estimated Value of						
Live Stock	1007	19	0			
Estimated Value of						
Dead Stock	385	14	0			
Estimated Value of						
Tenant's Valuation	817	17	6			
Estimated Value of						
Provender	439	1	0			
				2650	11	6

£5,470 0 0

ESTIMATED VALUE OF FARM STOCK:—

1890.—March 31st.	£	s.	d.	£	s.	d.
26 Cows, Bull, Fattening Beasts, and						
Calves	423	0	0			
34 Sheep and Lambs	81	18	0			
7 Horses	254	0	0			
84 Head of Swine	134	14	0			
155 Poultry and Ferrets	19	10	0			
	913	2	0			
Dead Stock, Implements, &c.	390	0	0			
Tenant's Valuation	770	13	11			
Provender	416	1	3			
	£2,489	17	2*			

1891.—March 31st.	£	s.	d.	£	s.	d.
37 Cows, Bull, Fattening Beasts, and						
Calves	543	0	0			
7 Horses	256	0	0			
87 Head of Swine	171	9	0			
168 Poultry and Ferrets	37	10	0			
	1007	19	0			
Dead Stock, Implements, &c.	385	14	0			
Tenant's Valuation	817	17	6			
Provender	439	1	0			
	£2,650	11	6*			

Examined by the Farm Committee, April 25th, 1891.

(Signed) JOSEPH EWART.
W. E. MORRISON.
W. SMITH.
CALEB R. KEMP.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of Sussex, 1st January, 1891.
(Lunacy Act, 1890, Rule 29.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	4	17	...	...	1	3	3	4	...	...	1	...	9	24
Brighton	109	136	...	...	9	39	81	75	...	...	22	16	221	266
Chailley	10	6	...	...	...	...	1	4	...	...	...	...	11	10
Chichester (Incorporated)	1	1	...	...	3	9	1	2	...	1	...	...	5	13
Cuckfield	15	27	...	...	3	2	5	9	...	...	3	1	26	39
Eastbourne	14	24	...	...	...	...	3	5	...	...	1	3	18	32
East Grinstead	10	10	...	...	2	1	6	10	...	...	1	4	19	25
East Preston	14	23	...	...	2	5	4	4	...	2	4	3	24	37
Hailsham	11	11	...	...	1	5	2	4	...	1	2	5	16	26
Hastings	5	14	...	44	23	2	2	4	...	1	1	...	31	65
Horsham	24	24	...	...	1	7	2	6	...	...	4	5	31	42
Lewes	10	10	...	...	2	1	3	7	...	...	...	...	15	18
Midhurst	11	9	...	...	...	...	...	...	1	...	...	2	12	11
Newhaven	8	7	...	...	...	...	1	7	...	...	1	...	10	14
Petworth	13	11	...	...	...	2	1	2	...	...	2	6	16	21
Rye	5	10	...	...	1	2	10	8	...	...	3	3	19	23
Steyning	30	46	...	...	...	6	6	16	...	...	3	10	39	78
Thakeham	4	15	...	...	...	...	...	4	...	...	1	1	5	20
Ticehurst	14	18	...	...	...	...	5	2	...	...	1	...	20	20
Uckfield	11	21	...	...	...	1	4	3	...	...	5	4	20	29
Westbourne	9	10	...	...	1	...	8	9	...	...	2	1	20	20
West Fife	2	3	...	...	1	...	...	...	1	...	1	...	5	3
Westhampnett	18	24	...	1	2	...	6	6	...	...	...	5	26	36
County, Eastern Division	4	...	...	...	1	...	...	...	...	...	...	...	5	...
Do.—Western do.	...	1	...	...	...	...	...	...	...	...	...	...	...	1
TOTALS	356	478	...	45	53	85	154	191	2	5	58	69	623	873

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130
1st January, 1876.	312	387	111	161	75	104	498	652	1150
1st January, 1877.	324	384	106	163	75	102	505	649	1154
1st January, 1878.	340	390	118	165	71	96	529	651	1180
1st January, 1879.	341	412	120	158	62	98	523	668	1191
1st January, 1880.	347	415	111	170	56	93	514	678	1192
1st January, 1881.	341	436	126	160	61	99	528	695	1223
1st January, 1882.	353	462	129	163	54	98	536	723	1259
1st January, 1883.	359	458	113	181	55	97	527	736	1263
1st January, 1884.	353	454	145	199	52	88	550	741	1291
1st January, 1885.	351	464	158	202	63	90	572	756	1328
1st January, 1886.	347	479	156	212	66	87	569	778	1347
1st January, 1887.	350	499	150	212	63	84	563	795	1358
1st January, 1888.	360	495	162	204	66	75	588	774	1362
1st January, 1889.	375	535	166	207	62	84	603	826	1429
1st January, 1890.	390	572	157	209	57	82	604	863	1467
1st January, 1891.	409	608	154	191	60	74	623	873	1496

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EASTERN DIVISION.

Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 31st March, 1891.

When Borrowed.	Rate of Interest.	Amount of Loans.	Amount Paid off during the year ended 31st March, 1891.	Total Amount paid off.	Remaining due.
1856, October 13th.	£4½ per cent.	£ 500	£ s. d.	£ s. d.	£ s. d. 500 0 0
" "	£4½ per cent.	500	500 0 0	500 0 0	
" "	"	500	500 0 0	500 0 0	
1857, April 6th.	"	11000		11000 0 0	
" October 19th.	"	5500		5500 0 0	
1858, January 4th.	"	5500		5500 0 0	
" June 28th.	"	5500		5500 0 0	
" October 18th.	"	5000		5000 0 0	
1859, April 4th.	"	8000		8000 0 0	
" June 27th.	"	1550		1550 0 0	
" "	"	6700		6700 0 0	
" October 17th.	"	3350		3350 0 0	
1860, January 2nd.	"	2680		2680 0 0	
1861, April 8th.	"	1340	44 13 4	1295 6 8	49 13 4
1863, October 19th.	"	3350	111 13 4	3015 0 0	335 0 0
1864, January 4th.	"	2345	78 2 4	2110 10 0	234 10 0
1866, October 15th.	£5 per cent.	4355	145 3 4	3484 0 0	871 0 0
1881, October 17th.	£4 per cent.	536	17 17 4	160 16 0	375 4 0
		£68206	£1397 10 8	£65845 12 8	£2360 7 4

LOAN ACCOUNT.—WESTERN DIVISION.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,
on the 31st March, 1891.*

When Borrowed.	Amount of Loan.	Amount remaining Unpaid 31st March, 1891.	Rate of Interest.	Annual Instalment of Principal.	When Payment of Instalment and Interest will cease.
1857, April 9th.	£ 5500	£ s. d. Paid off	£4½ per cent.	£ s. d.	
" October 22nd.	2500	Ditto	"		
1858, January 7th.	2500	Ditto	"		
" July 1st.	2500	Ditto	"		
" October 21st.	3000	Ditto	"		
1859, April 7th.	4000	Ditto	"		
" June 30th.	1450	Ditto	"		
" August 27th.	3300	Ditto	"		
" Dec. 3rd.	1650	Ditto	"		
1860, January 9th.	1320	Ditto	"		
1861, April 11th.	660	22 0 0	"	22 0 0	April 11th, 1891.
1863, October 22nd.	1650	165 0 0	"	55 0 0	October 22nd, 1893.
1864, January 7th.	1155	115 10 0	"	38 10 0	January 7th, 1894.
1866, October 18th.	2145	429 0 0	"	71 10 0	October 18th, 1896.
1881, October 20th.	264	184 16 0	£5 per cent. £4 per cent.	8 16 0	October 20th, 1911.
	£33594	£916 6 0		£195 16 0	

THE
MEDICAL SUPERINTENDENT'S
THIRTY-SECOND ANNUAL REPORT.

Thirty-second
Annual Report.

THE MEDICAL SUPERINTENDENT has the honour to submit the Thirty - Second Annual Report to the Committee of Visitors.

Numbers on the
30th September,
1889.

On the 30th September, 1889, the Numbers in the Asylum were—Male, 337; Female, 464; Total, 801.

Admissions.

The Admissions during the year ending 30th September, 1890, have been—Male, 120; Female, 168; Total, 288.

Discharges.

The Discharges during the year have been—Male, 59; Female, 86; Total, 145.

Deaths.

The Deaths during the same period have been—Male, 33; Female, 61; Total, 94.

Mean Annual
Population.

The Average Daily Number Resident during the year has been—Male, 351; Female, 482; Total, 833.

The Numbers in the Asylum this day (30th September, 1890), are—Male, 365; Female, 485; Total, 850. Numbers this day, September 30th, 1890.

The Admissions were considerably in excess of any previous year since the Asylum was opened, being no less than 92 above the average and 20 more than in any of the preceding 30 years. The Admissions

It is perhaps unfortunate, at this particular crisis of Asylum affairs, that this should be the case, but so it is, and it enforces the urgent necessity for further accommodation being provided for lunatics in this county with as little delay as possible.

The following tabular Statements shew the details of the year's admissions, the expectancy of recovery on admission, and the subsequent history of the cases; their ages in groups, and forms of mental disorder.

Expectancy of Recovery.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	43	28	49	58
Females	45	43	80	50

AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males ...	1	2	49	50	17	1
Females ..	...	3	59	68	31	7

Form of Mental Disorder of Year's Admissions.

	Males.	Females.	Total.
Insanity with Epilepsy	9	10	19
Idiocy without Epilepsy	2	3	5
Imbecility without Epilepsy..	5	6	11
General Paralysis	12	3	15
Dementia	10	25	35
Mania	55	88	143
Melancholia	26	33	59
Not Insane.....	1	...	1
TOTAL	120	168	288

Table shewing the numbers of the Year's Admissions who were Discharged, Died, or Remain.

	Males.	Females.	Total.
Discharged Recovered.....	20	17	37
„ Relieved	1	...	1
„ to care of friends	6	7	13
„ from on trial ...	...	2	2
„ from Criminal List (Re-admitted as a Pauper).	1	...	1
Transferred to other Asylums	4	6	10
Not Insane.....	1	...	1
Died.....	12	23	35
Remain in Asylum	75	113	188
TOTAL	120	168	288

Only one case was admitted who was found not to be insane, and he was discharged at the earliest possible moment.

The total number of patients under treatment was 1,089.

The large number of admissions made it imperative that further accommodation should be provided, and in June another contract was entered into with the Committee of Visitors of the Northampton County Asylum to receive 50 more female patients.

The relief seems likely to be only temporary if the admissions keep on increasing in a corresponding ratio to those in the past year.

The chargeability of the total number of patients on the books to their respective divisions is as follows :—

	At Haywards Heath.	At Berry Wood.	Total.
Eastern Division	300	34	334
Western Division	290	32	322
County Borough of Brighton	245	44	289
Otherwise Chargeable (Criminal, Out County, &c.)	15	...	15
TOTAL	850	110	960

The numbers thus accumulating here and elsewhere, are already 80 in excess of the utmost capacity of this Asylum. The Chichester Incorporation claim to

send patients, under the provisions of the Local Government Act, 1888, and they have already availed themselves of such right. Their patients, to the number of 12 or 15, who are now boarded out elsewhere, and find no place in these statistics therefore, will have to be accommodated in the future.

It may be fairly well considered whether the secession of any of the present contracting parties will suffice to give the prospective accommodation which will be required, and whether, by the time another Asylum is ready for one division of the County, another will not be required for the other two.

The Discharges. The Discharges were at the rate of 50.3 per cent. of the admissions.

Excluding cases relieved only, the Recoveries (34 Males and 33 Females) were in excess of the previous year, although reckoned as percentage on the admissions, they are less than last year, being for Males 28.3, for Females 19.6, or combined 23.2 per cent. of the total admissions.

The number of discharges was again abnormal, owing to the cases (2 Males and 35 Females) who were transferred to Northampton.

Twenty-six cases were discharged relieved to the care of their friends.

The Deaths. Ninety-four deaths occurred, viz., 33 Males and 61 Females. The death-rate was 11.2 per cent. of the population daily resident; of the total deaths 14.8 per cent. were due to Progressive Paralysis of the Insane, 18.0 to Phthisis.

Post-mortem examinations were made in 50 cases. One of the objections to *post-mortem* examination is, that it is associated in the mind of some people with a coroner's inquest, and the publicity of such inquiry is not unnaturally shrunk from by the relatives of patients dying in an Asylum.

Of the 94 deaths which occurred, only 56 were buried in the cemetery.

Every death has been duly reported to the Coroner, but no case has called for an inquest, and no death has occurred from violence or injury, nor has any serious accident happened.

The general health of the inmates has been exceed- General Health.
ingly good. It is true that there was not a complete immunity from the Influenza epidemic, but the adoption of prophylactic measures, in the shape of daily rations of quinine, is at least claimed as having something to do with limiting any outbreak. The only case of severity was that of Dr. Walker, and the Medical Superintendent was deprived of his valuable services for some weeks in consequence.

A patient who made his escape, but was followed immediately and brought back, developed scarlet fever: he was isolated, and only one other case occurred. The single exposure to infection, and that for a very brief time, made the case one of some interest.

There have been six escapes; with one exception the Escapes.
patients were brought back within an hour or so, and all within the statutory limit, so that the certificates remained in force.

So much success has attended the setting apart of

another Observation dormitory on the Female side, for quiet suicidal and epileptic patients, that a similar dormitory containing 25 beds has been opened on the Male side. This, too, is much appreciated by the patients.

Alterations, &c. The alterations in the laundry have been carried out to a successful issue ; they include putting down in both wash-houses a cement floor, with radiating open channels covered with gratings, the under-drainage of each being independent of the other and thoroughly " disconnected." By the removal of a hot-closet a much larger area in the wash-house has been secured, and to compensate for the drying power taken away, 16 drying horses have been erected in a new building extended beyond the existing drying closet ; and still further on, a new Turkish bath has been built. The lantern of the roof of both wash-houses has been raised ; the ventilation is by cross windows opened by an Archimedean screw arrangement, which answers very well and is easily worked. In the foul-linen laundry the washing-tubs are made of stone-ware with white enamel on the inside, so that there is an entire absence of any absorbent surface.

New weir-trough closets, with an automatic flush-tank, have been erected.

These several alterations ought to conduce to the healthier conditions under which both patients and laundry-maids will, for the future, do their work.

A system of electric tell-tale clocks,* to check the visits of the night patrols, is about to be installed ; and in connexion with these a series of fire alarm bells is to be put up. Presses placed in various parts of

* By Cox-Walker, of Darlington.

the house will, if used in the event of fire, set all the bells ringing simultaneously on both sides of the house, and indicate in the "Central block" on which side of the house the fire is.

Two of the large kitchen boilers having become worn out, it was found to be more economical and efficient to replace these with four smaller ones.

At the same time an important alteration was made to the kitchen flue, which has had the effect of carrying off the steam more effectually and of obviating the dampness of a wall in the Central Hall.

Having regard to the still unsettled question as to the future government of the Asylum, it has been the Medical Superintendent's aim to postpone as much as possible bringing to notice any work involving a serious outlay or structural alteration, but in a large establishment it is difficult to make all things stand as still as might be desired.

One of the most painful duties of an alienist physician is to practically decide the issue of life or death in the case of capital offences committed by lunatics. The Treasury instructed your Medical Superintendent to enquire into the mental condition of the poor woman who murdered three of her children at Polegate. Although the case presented features of much difficulty and complexity he was fortunate enough to convince the judge and jury that the act was done while the mother was in a state of mental automatism, and not conscious of, or responsible for her actions; the judge's sentence being that she be detained during Her Majesty's pleasure.

Legislation.

The Lunacy Act, 1890, which incorporates the Lunacy Act Amendment Act, 1889, and codifies the whole of the previous Acts, came into force on May 1st. Much of it is complicated in machinery and some contradictory in terms. In it is adopted a plan of some other modern legislation, viz., the tacking on, of "rules" to the Act.

In the case of the Lunacy Act the Commissioners in Lunacy are empowered to make, and have made, rules, which have, under the conditions named in the Act, the force of an Act of Parliament. The legal status of the Commissioners is by this Act far more extended than ever it was before—although by the grace of Committees of Visitors and the Medical Superintendents of Asylums the Commissioners' suggestions have been cheerfully adopted, even when they went beyond the limit of compulsion. But where all are working for the common good, legal enactments are of secondary importance; it is pleasant to think that there is not a monopoly of good intentions.

Certain of the Commissioners' rules leave something to be desired, and in their finicking detail give little credit to the medical knowledge and acumen of the Medical Officer; while the account of the patient's antecedents, which is asked for, it is quite impracticable to give. The Act will necessitate the re-certification of every patient in the house; this obligation being expressed in the Act in the following terms:—

Every reception order dated after, or within three months before the commencement of this Act, shall expire at the end of one year from its date, and any such order dated three months or more before the commencement of this Act shall expire at the end of one year after the commencement of this Act, : . . . , .

During their Congress at Brighton a large number of the members of the Sanitary Institute paid a visit of inspection to this Asylum. A very agreeable afternoon and evening were spent, and the visitors were good enough to express themselves as very much pleased with what they saw of the sanitary arrangements of the Asylum.

On this occasion the Medical Superintendent gathered together a few facts* relating to the Asylum, and among others he showed the growth of lunacy in Sussex, as accurately as the figures at his command would allow, since the opening of the Asylum in 1859 to the present year. The summary of the whole tables of figures shows:—

The proportion of Pauper Lunatics chargeable to the Unions and places in the County of Sussex, to every 10,000 of the population, ENUMERATED in the Census periods 1861, 1871, 1881, and ESTIMATED in 1889.

	In the County Asylum.				Elsewhere—(in Workhouses, with Friends, &c)				TOTAL.			
	1861	1871	1881	1889	1861	1871	1881	1889	1861	1871	1881	1889
In the Eastern Division.	8.8	14.2	13.7	14.3	†	9.0	6.7	7.6	†	23.2	20.5	21.9
In the Western Division.	9.8	14.8	15.4	17.0	...	11.5	8.4	9.0	...	26.3	23.9	26.2
In the Boro' of Brighton.	10.4	15.0	18.8	20.0	...	11.2	15.8	16.9	...	26.3	34.2	36.9

Considering the much larger number of the Insane who are now registered or certified, these figures are very reassuring.

* A Leaflet of facts and figures concerning the Sussex County Asylum.

† No available information at this date.

The Committee have shewn the value they attach to Dr. Walker's services by granting him a substantial addition to his salary, and it only remains for the Medical Superintendent to say how thoroughly well, in his opinion, Dr. Walker's services deserved such recognition, and how much he appreciates his assistance.

The conduct of the staff, generally, has been good, and the efficiency with which both the Head Male and Female Attendants (Mr. and Miss Buckle) perform their duties is worthy of all praise.

The changes in the staff do not call for any special comment, although they are more frequent than might be desired. In this connexion it should be mentioned that the Committee have most liberally adopted a scheme of rewards for merit and long service, and it is hoped that this will act as an inducement for Attendants to remain in the service. The staff has been augmented by two Female and one Male Attendant.

It has been usual to record the Rainfall in these Reports, but as the figures relate to the year January to December it becomes necessary to relegate this to the Appendix; and it may be well to call attention to the fact that the subject matter of the Report relates to the twelve months dating from October in one year to September in the next; while the Vital Statistics (in the Appendix) deal with the year January to December,* and the Financial Statement covers a period of twelve months from April in one year to March of the next.

* By a strange coincidence the number of admissions, and the proportion of the sexes, with the exception of one male, are the same for both periods.

The Commissioners in Lunacy paid their statutory visit on the 17th and 18th March; their Report will be found in the Appendix.

Most of the Boards of Guardians have sent committees to visit the patients chargeable to them. These visits are looked forward to by the patients, and are useful in several ways.

The Medical Superintendent desires to thank the Committee for the kind expression of their appreciation of his work during the past year.

C. E. SAUNDERS, M.D.,

Medical Superintendent.

HAYWARDS HEATH,

OCTOBER 30th, 1890.



APPENDIX,
CONTAINING
STATISTICAL AND OTHER TABLES,
&c., &c.

The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1890.

	M.	F.	T.
In the Asylum January 1st, 1890	340	480	820
Admissions—	M.	F.	T.
First Admissions.....	98	137	235
Re-Admissions.....	23	31	54
Total Number of Admissions during the Year	121	168	289
Total Number of Cases under Care during the Year.....	461	648	1109
Discharges—	M.	F.	T.
Recovered	39	38	77
Relieved	19	23	42
Not Improved	7	36	43
Died	33	70	103
Total Number of Discharges and Deaths during the Year	98	167	265
Remaining in the Asylum 31st Dec., 1890...	363	481	844
	M.	F.	T.
Average Daily Number Resident during the Year ...	356	485	841
*Persons under Care during the Year	460	645	1105
Persons Admitted	120	165	285
„ Recovered	39	38	77
Transferred to this Asylum...	1	5	6
„ from this Asylum	5	39	44

* Persons, *i.e.*, separate persons, in contradistinction to "Cases," which may include the same individual more than once.

TABLE IA.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1890, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	23	24	47
„ 2 Attacks	7	11	18
„ 3 „	2	3	5
„ 4 „	...	2	2
„ 5 „	...	2	2
„ 6 „	...	3	3

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	10	12	22	3	8	11
Twice.....	2	7	9	4	...	4
Three Times	...	2	2	1	2	3
Four „	...	1	1	...	1	1
Five „	...	2	2	...	1	1

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1890.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 31½ years.....	2814	2795	5609			
Re-Admissions	373	508	881			
Total Cases Admitted				3187	3303	6490
Discharges—						
Recovered	899	1050	1949			
Relieved	403	461	864			
Not Improved	254	235	489			
Died	1268	1076	2344			
Total Discharges and Deaths since the opening of the Asylum				2824	2822	5646
Remaining 31st Dec., 1890 ...				363	481	844

	Male.	Female.	TOTAL.
Average Daily Number Resident during the 31½ Years	310	380	691
Transferred to this Asylum ...	435	360	795
„ from this Asylum	330	282	612

TABLE IIa.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1890 (31½ years).*

HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the 31½ years	2914	2795	5609
Persons Discharged Recovered	719	839	1558 †
Of whom were Re-Admitted, Relapsed ‡	194	296	490
Recovered Persons who have not Relapsed	525	543	1068
Relapsed Persons subsequently Discharged Recovered §	104	135	239
Leaving a Nett Total of Re- covered Persons	629	678	1307 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27·7 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 23·3 per cent. of Persons admitted.

YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.				Average Daily No. Resident.				Per centage of Recoveries on Admissions.				Per centage of Deaths on Average Daily Nos. Resident																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
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*The apparently low percentage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.
† Transfers from other Asylums are deducted before these percentages are computed. ‡ Cases removed to Nottingham and Northampton Asylums.

TABLE V.

Showing the Causes of Death during the Year 1890, together with the Ages at Death.

CAUSE OF DEATH.	Totals at all Ages.			Under 15 Years.			15 and 20 under 20.			20 and 25 under 25.			25 and 30 under 30.			30 and 35 under 35.			35 and 40 under 40.			40 and 45 under 45.			45 and 50 under 50.			50 and 55 under 55.			55 and 60 under 60.			60 and 65 under 65.			65 and 70 under 70.			70 and 75 under 75.			75 and 80 under 80.			80 and 85 under 85.			85 and under 100.			Age not known.						
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T													
<i>Cerebral Diseases.</i>																																																										
Brain Atrophy	3	8	11																																																							
" Softening	1	1	2																																																							
Meningitis	2	4	6																																																							
Apoplexy	7	1	8	1		1																																																				
Epilepsy	8	4	12																																																							
Progressive Paralysis of the Insane	1	1	2																																																							
Exhaustion from Mania	2	2	4																																																							
" Melancholia	1	1	2																																																							
Atheroma of Cerebral Vessels	1	1	2																																																							
<i>Thoracic Diseases.</i>																																																										
Bronchitis	1	4	5																																																							
Pneumonia	2	3	5																																																							
Pleuro-Pneumonia	1	20	21																																																							
Phthisis	2	10	12																																																							
Morbus Cordis																																																										
<i>Abdominal Diseases.</i>																																																										
Nephritis	1	1	2																																																							
<i>Other Diseases.</i>																																																										
Cancer of Uterus	2	2	4																																																							
Senile Gangrene	2	2	4																																																							
Decay of Old Age	3	5	8																																																							
Epithelioma	1	1	2																																																							
Periculous Anemia	1	1	2																																																							
Locomotor Ataxy	1	1	2																																																							
TOTALS	43	70	113	1	1	2																																																				

Ascertained by *Post-Mortem* Examination:—Males, 16; Females, 37; Total, 53.

TABLE VI.

*Showing the Length of Residence in those who have Recovered
and in those who have Died during the Year 1890.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	5	...	5	4	8	12
1 month and under 3 months	12	7	19	3	9	12
3 months „ 6 „	10	9	19	2	10	12
6 „ „ 9 „	3	10	13	3	5	8
9 „ „ 12 „	3	5	8	2	4	6
1 year „ 2 years	5	1	6	9	12	21
2 years „ 3 „	1	2	3	3	2	5
3 „ „ 5 „	...	2	2	1	4	5
5 „ „ 7 „	...	...	...	...	2	2
7 „ „ 10 „	...	1	1	...	4	4
10 „ „ 12 „	...	...	...	...	2	2
12 „ „ 15 „	...	1	1	2	2	4
15 „ „ 20 „				1	2	3
20 „ „ 25 „				1	2	3
25 „ „ 30 „				...	2	2
30 „ „ 35 „				2	...	2
TOTAL.....	39	38	77	33	70	103

Showing the Duration of the Disorder previous to Admission, in the Admissions, Discharges, and Deaths during the Year 1890.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.						DEATHS.		
				Recovered.			Relieved, or otherwise.					
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	58	79	137	19	10	29	12	17	29	17	37	54
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	11	21	32	1	3	4	2	7	9	2	11	13
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	33	48	81	16	24	40	4	22	26	4	11	15
<i>FOURTH CLASS—</i> First Attack or otherwise; of more than Twelve Months' duration on Admission	7	17	24	1	..	1	1	7	8	4	7	11
<i>FIFTH CLASS—</i> Congenital Not Ascertained	8 4	2 1	10 5	.. 2	.. 1	.. 3	2 5	1 5	3 10	2 4	.. 4	2 8
TOTAL	121	168	289	39	38	77	26	59	85	33	70	103

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1890, and of those remaining on the 31st December, 1890.

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1890.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years	1	..	1	..	..	..	..	..	..	..	2	2
10 "	2	3	5	1	..	1	1	..	1	1	3	4
15 "	8	12	20	1	2	3	..	..	..	5	13	18
20 "	10	15	25	5	2	7	..	4	4	20	14	34
25 "	15	19	34	4	5	9	..	4	4	28	40	68
30 "	17	13	30	8	8	16	1	1	2	33	43	76
35 "	14	16	30	6	7	13	2	3	5	38	55	93
40 "	15	21	36	5	4	9	2	5	7	43	67	110
45 "	13	16	29	3	5	8	6	7	13	58	47	105
50 "	8	15	23	4	2	6	2	2	4	38	43	81
55 "	8	14	22	1	2	3	4	10	14	28	49	77
60 "	5	5	10	..	..	..	1	12	13	21	38	59
65 "	4	4	8	..	1	1	3	8	11	17	32	49
70 "	..	8	8	1	..	1	1	8	9	6	21	27
75 "	1	3	4	..	..	..	2	3	5	5	8	13
80 "	..	2	2	..	..	..	4	4	8	1	1	2
85 "	..	..	..	..	..	..	..	..	..	..	2	2
90 "	..	1	1	..	..	..	..	..	..	..	1	1
95 "	..	1	1	..	..	..	1	..	1	21	2	23
Unknown.....	..	..	..	..	..	..	..	..	..	..	..	..
Total.....	121	168	289	39	38	77	33	70	103	363	481	844
Mean Age.....	38.1	41.5	40.1	36.1	37.4	36.7	53.6	56.0	55.3	41.1	46.9	44.4

TABLE IX.

*Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1890,
and of Patients resident on the 31st December, 1890.*

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1890.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	54	93	147	12	19	31	12	27	39	227	256	483
Married	60	51	111	26	17	43	20	25	45	111	165	276
Widowed	6	24	30	1	2	3	..	18	18	10	55	65
Unknown	1	..	1	..	..	..	1	..	1	15	5	20
TOTAL	121	168	289	39	38	77	33	70	103	363	481	844

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1890, and the Form of Mental Disorder of the Inmates on 31st December, 1890.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1890.		
Congenital or Infantile Mental Deficiency (a) with Epilepsy	3	2	5	...	...	...	2	...	2	3	1	4
" (b) without Epilepsy	10	9	19	...	...	...	...	...	...	38	21	59
Epilepsy—Acquired	5	12	17	...	...	...	4	4	8	33	51	84
General Paralysis of the Insane	6	5	11	...	...	...	9	5	14	17	6	23
Mania:—												
Acute	37	44	81	15	10	25	3	14	17	29	31	60
Chronic	2	7	9	...	...	...	1	1	2	98	157	255
Recurrent	15	26	41	11	14	25	...	3	3	19	36	55
e Potu	5	1	6	3	...	3	...	...	...	4	1	5
Puerperal	...	5	5	...	2	2	...	...	...	...	2	2
Senile	1	3	4	1	...	1	2	5	7	5	15	20
Melancholia:—												
Acute	21	23	44	6	5	11	3	9	12	11	21	32
Chronic	1	...	1	...	...	...	...	1	1	17	28	45
Recurrent	3	5	8	1	4	5	...	3	3	6	5	11
Puerperal	...	1	1	...	1	1	...	...	...	...	...	...
Senile	1	3	4	...	...	...	...	3	3	...	10	10
Dementia:—												
Primary	...	2	2	...	1	1	...	2	2	2	13	15
Secondary	7	11	18	...	...	...	4	12	16	65	66	131
Senile	2	8	10	...	...	...	5	8	13	15	17	32
Organic, i.e., from Tumours, Coarse Brain Disease, &c.	...	...	...	...	...	...	...	...	...	1	...	1
Not Insane on Admission	2	1	3	2	1	3	...	...	...	...	...	...
TOTALS	121	168	289	39	38	77	33	70	103	363	481	844

TABLE XII.
Showing the Station or Occupation of Patients admitted during the Year 1890.

MALES.		MALES.		FEMALES.		FEMALES.		NO.	
	NO.		NO.		NO.		NO.		NO.
Bricklayers	...	Porters	5	Book-keeper	...	Wife of Shepherd	...	1	...
Bakers	3	Painter	1	Charwomen	...	" Draper's Assistant	...	1	...
Blacksmith	1	Plasterer	1	Domestic Servants	...	" Corn Dealer	...	...	...
Brickmaker	1	Plumbers	2	Dressmakers	...	" Occupation	...	53	...
Bailiff (Farm)	1	Soldier	1	Governess	...	Not known...	...	10	...
Clergyman	1	Shop Assistants	3	Housekeepers	...				
Carpenters...	1	Stone Carver	1	Ironers	...				
Compositor	3	" Drawer	1	Ladies' Companions	...				
Clerks	1	Shoemaker	1	Laundresses	...				
Coach Builder	4	Solicitor	1	Lodging-house Keeper	...				
Corn Dealer	1	Tailor	1	Mantle Maker	...				
Draughtsman	1	Wood-block Layer	1	Musician	...				
Dentist	1	No Occupation	17	Needlewomen	...				
Engine Fitter	1	Not known...	5	Prostitute	...				
Fisherman	1			Shirtmaker	...				
Gardeners	1			Schoolmistress	...				
Grocers	3			Teacher (French)	...				
General Dealer	2			Upholstress	...				
Hawkers	1			Wives of Labourers	...				
Hotel-Keepers	2			" Gardeners	...				
Indoor Servants	2			" Coachmen	...				
Labourers (General)	6			Wife of Carpenter	...				
" (Agricultural)	19			" Roadman	...				
Lead-light Maker	18			" Blacksmith	...				
Librarian (retired)	1			" Mariner	...				
Postman	1			" Fly Driver	...				
		TOTAL	121			TOTAL	...	168	...

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
Male Patients.		
Working Party.	With the Gardener and Out-door Attendants	69
	With the Farm Attendants	19
	With the Cowman	4
With the	Carpenter	2
"	Bricklayer	2
"	Upholsterer	2
"	Basket-maker	3
"	Tailor	12
"	Shoemaker	12
"	Matmaker	17
"	Painter	4
"	Engineer	4
"	Baker	3
"	House Attendant	3
"	Bath	4
In the	Dining Hall	10
"	Storekeeper's Stores	4
"	Wards (Cleaning)	89
Daily Number Employed		263
Female Patients.		
In	Laundry and Wash-house	70
"	Kitchen	9
"	Dining Hall	18
"	Wards, &c. (Cleaning)	50
"	" (Needlework)	240
"	Vegetable Room	10
Daily Number Employed		397
ATTENDANCE AT—		DAILY ATTENDANCE.
		M. F. TOTAL.
Sunday Divine Service	{ In Dining Halls ...	275 376 651
	{ In Chapel	121 120 241
Week-day Morning Prayer		254 376 630
School		63 63 126
Weekly Ball		128 136 264
Other Entertainments		135 151 286
Walk about the Grounds		70 320 390
"	beyond "	132 118 250
"	on the Terraces	272 360 632
NIGHT REPORT.		
Number of Wet Cases		8 2 10
"	Dirty "	3 2 5
"	Noisy "	2 5 7
		AVERAGE DAILY NUMBER RESIDENT.
		356 485 841

TABLE XIV.
THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£600	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	120	} None.
Clerk of Asylum	300	
Senior Assistant Medical Officer ...	250	} Lodging, Board, Washing, and Atten- dance.
Junior Assistant Medical Officer ...	100	
Housekeeper	60	
Head Attendant (Female)	110	
Female Assistant Officer	32	} House, Coals, and Gas.
Storekeeper	150	
Head Attendant (Male)	105	House, Coals, Vegetables, and Gas.

ATTENDANTS AND SERVANTS.

2 Male Attendants (Night)	66	0	0	} Without Board, &c.
1 Ditto ditto	60	0	0	
1 Ditto ditto	57	0	0	
1 Ditto ditto	56	0	0	
1 Ditto ditto	55	0	0	} Without Board, &c.
1 Organist and Schoolmaster	80	0	0	
1 Office Clerk	90	12	0	

Board, Lodging, and Washing :—

1 Male Attendant (Dining Hall)	41	0	0	5 Female Attendants	20	0	0
4 Ditto	41	0	0	2 Ditto	19	0	0
1 Ditto	40	0	0	4 Ditto	18	0	0
2 Ditto	39	0	0	2 Ditto	17	0	0
2 Ditto	37	0	0	8 Ditto	16	0	0
2 Ditto	36	0	0	1 Seamstress	25	0	0
1 Ditto (Tailor)	36	0	0	1 Head Laundry Maid	30	0	0
1 Ditto	33	0	0	1 Laundry Maid	20	0	0
1 Ditto	32	0	0	2 Ditto	18	0	0
1 Ditto	31	0	0	1 Hall Porter	41	0	0
2 Ditto	30	0	0	1 Man Cook	45	0	0
1 Ditto	29	0	0	1 Dairy Maid	20	0	0
1 Ditto	28	0	0	1 Kitchen Maid	18	0	0
1 Ditto	27	0	0	1 Vegetable Room Maid	16	0	0
4 Ditto	26	0	0	3 Housemaids	16	0	0
1 Female Attendant (Night)	27	0	0	1 Farm Attendant	35	0	0
1 Ditto ditto	23	0	0	1 Ditto	29	0	0
2 Ditto ditto	20	0	0	1 House Attendant	30	0	0
1 Ditto ditto	19	0	0	1 Bath ditto	30	0	0
1 Ditto ditto	18	0	0	<i>House, Coals, Vegetables, &c.</i>			
1 Ditto (Dining Hall)	21	0	0	per Week.			
3 Ditto	30	0	0	1 Engineer	2	0	0
1 Ditto	28	0	0	1 Bailiff	1	7	0
2 Ditto	25	0	0	1 Gardener	1	5	0
1 Ditto	22	0	0	1 Blacksmith (House & Gas) ...	1	6	0
				1 Front Ground Labourer	0	18	6

per Week.				per Week.			
Shoemaker	1	6	0	Bricklayer's Labourer	1	0	0
Matmaker	1	6	0	Painter and Glazier	1	11	0
Basket-maker	1	5	0	Painter	1	7	0
Cabinet-maker	1	12	0	Stoker	1	1	0
Baker	1	8	2	Ditto	0	19	0
Butcher	1	5	0	Cowman	1	0	0
Florist	1	1	0	Under Cowman	0	17	0
Carpenter	1	11	0	Two Carters	0	19	0
1 Ditto	1	10	0	Stockman	0	17	0
Bricklayer	1	11	0	House Carter	1	2	0

Made up on March 31st, 1891.

TABLE XV.

Contract Prices of the Principal Articles of Consumption for the Year 1890.

ARTICLES.	QUARTERS ENDING			
	March.	June.	September.	December.
Beef	£ s. d. 0 4 6	£ s. d. 0 4 6	£ s. d. 0 4 2	£ s. d. 0 4 2
Mutton	0 4 6	0 4 6	0 4 2	0 4 2
Flour—Households.....@ P Stone	1 5 6	1 5 6	1 5 0	1 5 9
Seconds	1 4 0	1 4 0	1 4 0	1 3 9
Meal	1 0 0	1 0 0	1 0 0	1 2 6
Ale—X	1 1 0	1 1 0	1 1 0	1 1 0
XX	1 10 0	1 10 0	1 10 0	1 10 0
Cheese—Gouda	2 0 0	1 17 6	1 17 6	2 6 0
Butter	4 1 6	4 4 0	4 4 0	5 11 0
Bacon	3 7 0	3 7 0	3 7 0	3 9 0
Sugar—Raw.....	0 19 0	0 15 9	0 15 9	0 17 9
Refined	1 2 3	0 19 0	0 19 0	1 0 6
Treacle	0 10 9	0 11 0	0 11 0	0 13 9
Raisins	1 10 6	1 15 0	1 15 0	2 2 0
Currants	1 6 6	1 7 9	1 7 9	1 7 6
Split Peas	0 6 3	0 6 9	0 6 9	0 7 0
Soap—Yellow	1 3 0	1 3 6	1 3 6	1 5 9
Soft	0 11 6	0 12 9	0 12 9	0 15 0
Coals—Steam	1 2 3	1 2 3	1 4 6	1 4 6
House	0 16 5	0 16 5	1 0 2	1 0 2
Coke	0 7 2	0 7 2	0 9 5	0 9 5
Chaldron				

TABLE XVI.
DIET SCALE.

BREAKFAST. At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
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Butter.	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Butter.	Coffee.	Tea.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	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Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Pudding.	Plum Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat

Bread is given practically *ad libitum*.

TABLE XVI.—Continued.

DINNER.

<i>Male Patients.</i>		<i>Female Patients.</i>	<i>Male Patients.</i>		<i>Female Patients.</i>
Sunday	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday	Roast Meat & Pickled Pork; Peas Pudding.	Plum Pudding & Treacle Sauce.
Monday	Pea Soup.	Pork or Beef and Vegetables; Peas Pudding.	Friday	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{4}$ lb. of Fresh Fish.
Tuesday	Meat Pudding and Rice Pudding.	Meat Stew.	Saturday	Pea Soup. Every other Saturday, $\frac{1}{4}$ lb. of Fresh Fish.	Meat Pudding.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.			

Bread, Beer, and Vegetables Daily.
When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{4}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and $\frac{1}{4}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{1}{2}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, $\frac{1}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, $\frac{1}{4}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.—3 $\frac{1}{2}$ lbs. Cocoa, 4 $\frac{1}{2}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto 1 $\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 3 $\frac{1}{2}$ lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

Plum Pudding, 100lbs. weight.—Flour, 46 $\frac{1}{2}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs.; Currants, 7 $\frac{1}{2}$ lbs.

(Signed) C. E. SAUNDERS, M.D.,
 Medical Superintendent.

HAYWARDS HEATH, 31st December, 1890.

RAINFALL IN 1890.

Rain Gauge. { *Diameter of Funnel, 5in.*
 { *Height of Top* { *Above Ground, 1ft. 1in.*
 { *Above Sea Level, 281ft.*

MONTH.	Total Depth.	Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
		Inches.	Depth. Date.	
JANUARY	2.43	.28	22	21
FEBRUARY	1.51	.51	14—19	8
MARCH	1.54	.51	23	11
APRIL	2.83	.75	25	14
MAY	2.01	.68	10	9
JUNE	2.45	.36	29	13
JULY	3.42	1.14	4	13
AUGUST	3.43	.73	27	15
SEPTEMBER	0.88	.43	18	5
OCTOBER	1.15	.40	8	7
NOVEMBER	2.71	.37	6	21
DECEMBER	0.37	.16	18	4
<i>Total</i>	24.73	6.32	...	141

REPORT OF THE VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY LUNATIC ASYLUM,

March 18th, 1890.

WE have this day concluded our inspection, which we commenced yesterday. Our colleagues paid the last official visit just nine months ago, since which time the changes following have occurred.

	M.	F.	Total.
Admitted	87	119	206
Discharged	84	84	168
„ of whom Recovered	25	22	47
Died	29	47	76

There are on the Books this day the names of 841 patients, 354 Males and 487 Females. There are in addition to these, 79 patients belonging to Sussex who are boarded out at the Northampton County Asylum. The chargeability of the total number 920 is as follows:

To East Sussex	319
„ West Sussex	306
„ Brighton	276
„ Out County	4
Private Patients	15

—
920
—

Three out of the private patients are Criminals, detained here under the order of the Secretary of State. There are considered to be 39 vacant beds in the Asylum, but the dormitories are even now crowded, and we cannot consider that there really is accommodation here adequate for the reception of 39 more patients. We are aware that the provision of increased Asylum accommodation here has been the subject of anxious consideration by the Committee, and not long ago a deputation attended at our Board to discuss the question as to how this could be best obtained. The general consensus of opinion then seemed to be that it was undesirable to add to the existing Asylum, but that a separate Asylum should be erected in some other part of the County, and we desire most strongly to express our opinion that this is the proper course to be adopted. We hope that early steps will be taken to carry this out, and bring back to this County patients who are now sent away far from their friends and homes. This matter is pressing, and the provision of Asylum accommodation within the County for the patients belonging to the County should be decided upon and undertaken forthwith.

We have during our visit seen all the patients on the books, none being absent on leave, and were satisfied with their personal neatness, and the general air of comfort which prevailed was noteworthy. The complaints which were made to us were confined to alleged undue detention, but we explained to those possessing any intelligence that with the Committee rested the power of discharge. The recoveries as compared with the admissions for the year 1889 were in the proportion

of 27.98 per cent. The mortality for the same period on the average daily number resident was 11.61 per cent. for both sexes, and this has been very nearly the death rate for the interval since the last visit. The causes of death have all been natural, and no Coroner's inquest has been held. *Post-mortem* examinations were made in only 50 per cent. of the deaths. Two male patients have had scarlet fever, 3 other males diphtheria, and 2 males and 3 females have suffered from influenza, which also attacked 5 attendants and 4 nurses. In all the above cases recovery took place. The scarlet fever was traced to outside infection, and the diphtheria was also imported; the 3 patients affected had been boarded-out in the adjacent village, where the disorder was epidemic. The state of the wards and dormitories was very creditable to the attendants, and the bedding in very good order. Ample supply of amusing books was accessible to the patients in every ward, and other modes of entertainment are liberally furnished. The dinners we saw in the Dining Halls yesterday were good and satisfactory. There are on day duty 28 attendants of each sex, but 5 attendants and 13 nurses have not yet been here for a year. The proportion of attendants to patients is decidedly low, being about 1 to $12\frac{1}{2}$ in the male and 1 to $17\frac{1}{2}$ in the female division. The proportion of nurses to patients may be perhaps sufficient to ensure the safe custody and cleanliness of the patients, but is clearly not large enough to allow troublesome and turbulent patients to be taken for daily extended exercise beyond the airing courts. Those taking exercise frequently beyond the Asylum estate are reported to be 132 men and 107 women, whilst exercise within the grounds, but beyond

the airing courts (excluding the men employed out of doors), appears to be limited to 150 women three times a week. We think that daily extended exercise is a powerful agent in promoting the recovery of the curables, and in improving the condition of the chronic cases. Dr. Saunders tells us that any addition to the staff on either side could only be obtained at the expense of beds and single rooms now occupied by patients. However much this sacrifice is to be deplored, we attach such importance to the outdoor exercise of the patients, that we must urge the increase of the staff upon the Committee even at the cost of a few patients' beds. On night duty 5 men and 6 women are employed. The patrolling attendants only visit the corridors every two hours, but we think that the rule adopted in most Asylums, of hourly visits, ought to be in force here. A second dormitory for the continuous supervision of the quieter epileptic and suicidal patients has been opened on the female side, and we are glad to learn that a similar arrangement is to be made in the male division. We hope that before long the whole of the single room doors will be made to open by an ordinary handle from the outside. Some of the doors have been so fitted. All the epileptic patients and the actively suicidal are under continuous supervision by night. They number respectively 85 and 46. There are 21 patients afflicted with general paralysis, and 101 patients were last week registered as under medical treatment. Divine Service is only performed here once on Sundays, at which 250 are present, whilst 640 is the average number attending morning prayers in the dining halls. About 260 are present at the associated entertainments. The records of employment furnished us by the head attendants'

books show that 230 men and 370 women are made useful in various ways ; of these as many as 75 men, but only 46 women are returned as ward cleaners. Including these, the proportions employed appears to be 65 per cent. of the men and 75 per cent. of the women. No entry occurs of the use of mechanical restraint, and only one instance of seclusion, that of a woman once for five hours. We have not many structural alterations or additions to notice not already mentioned, but we may report that two acres of land have been cleared and planted for the new cemetery. The male and female Dining Halls have been re-decorated, and general renovations have been effected in various parts of the Asylum.

W. E. FRERE,	} <i>Commissioners</i> <i>in</i>
JOHN D. CLEATON,	
	<i>Lunacy.</i>

