

**Annual report of the Brighton County Borough Mental Hospital : 1943-1945
(& statement of accounts March 1944, 1945 & 1946)**

Contributors

Great Britain. Brighton County Borough Mental Hospital

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The Fortieth, Forty-First and Forty-Second
ANNUAL REPORTS
OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH.

(Being the 85th, 86th & 87th Annual Reports
since the Opening of the Hospital).

For the Years ended 31st December, 1943, 1944
and 1945, and Statement of Accounts for the
Years ended 31st March, 1944, 1945 and 1946.



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MEMBERS OF THE VISITING COMMITTEE.

WITH THE DATE OF THEIR FIRST APPOINTMENT.

COUNCILLOR WALTER CLOUT, J.P. (Mayor) " Hilansea," Ditchling Road, Brighton.	July, 1945
ALDERMAN HERBERT HONE, 77, Hollingbury Park Avenue, Brighton.	April, 1928
ALDERMAN MISS MARGARET HARDY, M.B.E., J.P., 7, Friar Road, Brighton.	April, 1928
ALDERMAN HUGH MILNER BLACK, J.P., 3, Windlesham Gardens, Hove.	Nov., 1934
ALDERMAN HERBERT JAMES COLE, 54, Princes Road, Brighton.	Mar, 1944
ALDERMAN RICHARD MAJOR, 124, Chester Terrace, Brighton.	Nov., 1932
ALDERMAN ERNEST MARSH, 14, Powis Square, Brighton.	Nov., 1929
ALDERMAN THOMAS EDWARD MORRIS, 11, Paston Place, Brighton.	July, 1941
ALDERMAN WILLIAM EDWIN RADFORD, 15, Lewes Road, Brighton.	June, 1943
ALDERMAN SIDNEY CRESPIAN THOMPSON, J.P., 16, St. Annes Court, Nizell's Avenue, Hove.	Nov., 1932
COUNCILLOR JAMES HENRY BASSETT, 40, Freshfield Street, Brighton.	Feb., 1933
COUNCILLOR WILLIAM HUBERT GEORGE BUTTON, Hollywood House, 12, Rose Hill, Brighton.	Nov., 1938
COUNCILLOR MRS. ETHEL MAUD HIDER, 30 Nyetimber Hill, Bevendean, Brighton.	Nov., 1945
COUNCILLOR JAMES VICTOR REEVES, 64, Brading Road, Brighton.	Nov., 1938
COUNCILLOR GEORGE MONK, 50, Belgrave Street, Brighton.	Nov., 1939
COUNCILLOR CHARLES DUDLEY NEWTON, 19, Marine Square, Brighton.	Nov., 1945
COUNCILLOR MISS DOROTHY ELSIE STRINGER, " Hillesden," Osmond Road, Hove.	Nov., 1933
COUNCILLOR JOHN FRANK LESLIE TERRY, 80, Graham Avenue, Withdean, Brighton.	July, 1936

Co-opted Members :

MRS. D. COOK, 2, Withdean Court, Brighton.	Mar., 1945
WILLIAM ARTHUR COWLEY, ESQ., J.P., " Woodingcote," Ovingdean Road, Brighton.	Nov., 1929

Clerk to the Visiting Committee :

JOSEPH GARDNER DREW, ESQ., O.B.E., The Town Clerk, Town Hall, Brighton, 1.	
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Treasurer :

R. W. E. BUNN, ESQ., F.S.A.A., The Borough Treasurer, Town Hall, Brighton.	
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OFFICERS.

<i>Medical Superintendent</i>	...	W. McCartan, M.D., (Belf.), M.R.C.P., (Lond.), D.P.H., D.P.M.
<i>Deputy Medical Superintendent</i>		A. J. Galbraith, M.D. , (Edin.), D.P.M. <i>MA UB MD</i>
<i>Senior Assistant Medical Officer</i>		J. F. Donovan M.R.C.S., (Eng.) L.R.C.P., (Lond.), D.P.M.
<i>Clinical Assistant</i>		S. L. Schwarzwald, L.R.C.P. & S., (Edin.), L.R.F.P.S., (Glas.).
<i>Ditto</i>		I. M. Crotty, M.B., B.Ch., B.A.O., L.M., (Dublin), B.A. (Oxon.).
<i>Bio-Chemist</i>		R. F. Nunn, B.Sc., A.R.I.C.
<i>Psychiatric Social Worker</i>	...	Miss M. Wright, M.A., (Cantab)
<i>Visiting Neuro-Surgeon</i>	...	Harvey Jackson, F.R.C.S.
<i>Visiting Psychologist</i>		Miss E. M. Hall.
<i>Visiting Dental Surgeon</i>	...	B. Cahill, L.D.S.
<i>Chaplain</i>		Canon C. W. G. Wilson, M.A.
<i>R.C. Priest</i>		The Rev. R. O'Regan.
<i>Clerk of the Hospital and Steward</i>		W. E. Mitchell, F.H.A.
<i>Deputy Clerk and Steward</i>	...	W. N. Hay, A.H.A.
<i>Matron</i>		Miss N. C. Morris.
<i>Chief Male Nurse</i>		E. C. Packham.
<i>Engineer</i>		R. Wellby.

Brighton County Borough Mental Hospital.

FORTIETH ANNUAL REPORT OF THE VISITING COMMITTEE. (Pursuant to Section 190 of the Lunacy Act, 1890). BEING THE EIGHTY-SIXTH ANNUAL REPORT SINCE THE FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

The Visiting Committee submit their report for the past year.

The numbers of patients on the books on the 31st December, 1943, and on the corresponding date of the previous year were as follows :—

	1943.	1942.
Males ...	314	322
Females	532	543
	846	865

The figure of 846 includes 124 voluntary patients and is made up as follows :—

	Males.	Females.	Total.
From County Borough of Brighton ...	207	363	570
From County Borough of Eastbourne ...	48	96	144
Out County ...	15	18	33
Private ...	11	45	56
Service ...	20	—	20
Ex-Service ...	1	—	1
Netherne Mental Hospital ...	12	10	22
	314	532	846

It became necessary, to meet rising costs, to increase the weekly maintenance rate for Brighton rate-aided patients from 34s. 5d. to 35s. on the 1st April, 1943.

(Year 1943)

This figure was further increased to 37s. 4d. on 1st October, 1943.

The maintenance rates for the lowest class of private patients were revised as under from 15th June, 1943 (the latter charge applying only to new admissions) :—

Brighton Patients	35/-	—	42/- per week.
Non-Brighton patients	42/-	—	49/- per week.

Charges for funerals in the Hospital Cemetery were increased as from 1st October, 1943, as follows :—

Brighton patients	45/-	—	55/- per funeral.
Out-borough patients	55/-	—	65/- per funeral.

Members of the Visiting Committee have regularly visited the patients and inspected the hospital premises at their monthly meetings.

A deputation from the Visiting Sub-Committee of Eastbourne Public Assistance Committee visited their patients on 7th July, 1943, and on 15th December, 1943, and have expressed satisfaction with the care and comfort provided.

The Medical Superintendent has been congratulated upon the very satisfactory report of the Headquarters Medical Inspector of the Ministry of Pensions following his visit to service patients on the 27th July last.

The Commissioners of the Board of Control paid their statutory visit to the Hospital on the 18th January, 1943, and left a favourable report.

To ease the strain on sleeping accommodation certain parts of the top floor of the main building (which were closed to minimise risk from enemy action) have been re-opened for patients.

The several social activities organised at the Hospital from time to time play a prominent part in the treatment of the patients. These include dances, folk dancing, whist drives, cinema shows and concerts. The Annual Fancy Dress Dance and Social is a well-established and popular function.

Last Christmas the Nativity Play was repeated with an all-patient cast. The several tableaux were excellently produced and it is of interest that almost all sections of the staff contributed in some form or another to the success of this feature.

(Year 1943)

The Early Nervous Disorders Out-Patient Clinics at the Municipal Hospital and the offices of the Guardianship Society, supervised by Dr. McCartan, the Medical Superintendent, provide a valuable adjunct to the Council's mental health service. The total number of new cases at both Clinics during the year was 99 (39 males and 60 females). The total number of patient attendances at both Clinics was 481. The Medical Superintendent continues to act as Medical Director and Psychiatrist of the Juvenile Care Clinic of the Brighton Education Authority. This Clinic is for the treatment of neuroses and allied disorders in children. During the year 102 new cases were registered for attendance at the Juvenile Care Clinic. Of these, 95 were seen by the Psychiatrist, and 77 by the Educational Psychologist.

Following a request from the Board of Control, the Committee have been pleased to make available the facilities under their control for the after-care and treatment of ex-members of H.M. Forces invalided from service hospitals and institutions and the Emergency Medical Service neurosis centres.

The Education Committee have kindly permitted Miss M. A. Kent, Educational Psychologist at the Brighton Municipal Training College, to visit the Hospital as required to carry out intelligence tests and give advice on vocation.

An offer of the British Red Cross Society to assist in the institution of a library at Hurstwood Park Hospital and the reorganisation of the Mental Hospital library has been gratefully accepted, and in consideration of this the Committee have increased their annual subscription to the Society from £2 2s. 0d. to £5 5s. 0d. and agreed to meet the incidental expenses.

With the Council's consent, 16½ acres of standing timber on the Estate were disposed of to the Home Timber Production Department of the Ministry of Supply, and a sum of £1,344 4s. 4d. was realised from the sale.

The old sewage works at the Hospital have been restored for use in an emergency.

(Year 1943)

For the fifth consecutive year the Committee made no demand upon the General Rate Fund on account of building and repairs.

The Committee record the resignation of the Rev. W.G. Frostick, Chaplain, upon his appointment to the Rectorship of Storrington. The Committee are indebted to Canon C. W. G. Wilson, M.A., of Cuckfield, for assuming the duties of Chaplain temporarily.

The Council's schemes of salary adjustments and of war service allowances have, *mutatis mutandis*, been applied to the Committee's officers.

Various adjustments have been made in the wages of craftsmen and labourers governed by Building Trade rates. Bonuses equivalent to those recommended by the J.I.C. and approved for Brighton Corporation employees have been granted to the tradesmen and garden staff whose wages are not subject to trade rates.

The wages paid to the farm staff have been increased to conform with those fixed by the Agricultural Wages Board.

Special wartime increases have been granted to members of the domestic staff.

All the officers and a number of other ranks in the Hospital Fire Brigade have volunteered for enrolment as part-time members of the National Fire Service under the Scheme for Works' Fire Brigades. Liability for service is limited to Hospital property.

Notwithstanding the depletion of staff owing to war conditions, the efficiency of the administrative, medical and nursing services of the Hospital have been maintained at a high standard, and the Committee record their appreciation of the untiring energies of their Medical Superintendent, who is so ably supported by his medical colleagues, the Clerk and Steward and the staff in general.

On behalf of the Committee,
(Signed) MARGARET HARDY,
Chairman.

5th February, 1944.

(Year 1943)

THE MEDICAL SUPERINTENDENT'S REPORT.

January, 1944.

To the Visiting Committee.

MADAM CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit to you my Sixth Annual Report as Medical Superintendent, this being the Fortieth Report of the Brighton County Borough Mental Hospital and the 85th since the Hospital was opened in 1859 by the Justices of the two Divisions of Sussex (East and West).

A report of the work at the Emergency Neuro-surgical Unit will be submitted as an appendix, this appendix being strictly confidential.

I reported last year on the lack of suitable accommodation for the treatment of minor degrees of neurosis and psychosis, and on the lack of a separate block for the isolation of infectious diseases. The Hospital still suffers from these disabilities owing to changes necessitated by the war. Improvisation.

On the 12th August, 1943, the use of the Day Room of Male Ward 6 as a dormitory was discontinued. The top floor of the building, with the exception of the Male Sleeping Gallery, the top dormitory of Female Ward 8, the rooms on the north side of the Female Sleeping Gallery, and Female Top 25, is now occupied at night. Female Top 25 is used as an occupational centre. Accommodation now used on the top floor is, of course, subject to the exigencies of the war situation, and the necessity of removal of patients to sleep on the lower floors might arise with a return of the conditions of the winter of 1940-41.

The position is unchanged since the last Annual Report. Shelter accommodation.

The arrangements arrived at on the 17th July, 1941, are still operative, and were confirmed in 1942 with one exception. The heads of these institutions are again being circularised. Emergency accommodation.

(Year 1943)

Chlorination of Water. The chlorination of the water supply continues, and the effluent from the hydro-extractor in the foul linen section of the laundry has been periodically examined by Mr. Nunn in the Hospital Laboratory to test and check the efficiency of that apparatus.

Infectious Diseases. There has been no outbreak of infectious disease during the past twelve months.

There are no cases of tuberculosis in the Hospital at present.

The general physical health of the patients remains satisfactory.

Occupational Therapy. On the 4th September, 1943, Staff Nurse Doris M. Hunter was appointed to undertake occupational duties in addition to her nursing duties. She runs classes in Female Top 25 for patients not otherwise occupied. It is early yet to report results, but already certain patients are showing improvement.

Classes have been commenced by Mr. A. Shaw in Male Wards 2, 3, and 4, in addition to that already in Male Ward 6. In future, Mr. Shaw will have patients at the Occupation Centre only in the morning, and will devote the afternoon to ward occupations. Mr. Shaw also acts as Occupations Officer for the Emergency Hospital, and deals with any patients referred to him by the medical staff there.

Folk Dancing classes are held weekly at Beechmont and in the Main Building by Mr. Geoffrey Nash and Miss D. H. Dennis.

Mr. J. E. Barnett continues to organise useful outdoor work for male patients such as wood gathering, gardening, trimming and unloading coal, and clearing woods of undergrowth and débris.

Entertainment. The usual weekly dances continue in the Entertainment Hall. Certain selected patients attend the concerts given fortnightly by E.N.S.A., and the weekly cinemas by E.N.S.A. for the patients of Hurstwood Park Hospital.

(Year 1943)

The Annual Patients' Fancy Dress Dance was held on the 7th January, 1944, the Staff Concert to the patients on the 18th January, 1944, and the Nativity Play on December 26th and 27th, 1943. The latter was under the stage-managership and direction of Mr. E. C. Packham, Chief Male Nurse, assisted by Sister Brown and Staff Nurse Hunter.

During the year electro-convulsion therapy was Treatment. given to 51 patients—26 males and 25 females, and the following show the results:—

241 treatments were given to the 25 female cases, 7 were discharged recovered, 6 improved sufficiently to be discharged, 3 improved but are still in hospital, 7 showed no improvement, and 2 are still under treatment.

578 treatments were given to the 26 male cases, 2 were discharged recovered, 4 improved sufficiently to be discharged, 10 improved but are still in hospital, and 10 showed no improvement.

As in most hospitals, cases of involutional melancholia were the most promising. With cases of schizophrenia, no advantages were found over ordinary psycho-therapeutic measures.

The operation of pre-frontal leucotomy was carried out on one male patient by Mr. Harvey Jackson on the 9th November, 1943. After an initial improvement mentally this patient, Mr. T. E. R. developed prostatic trouble and died on the 8th January, 1944.

One case of general paralysis was treated by malaria during the past year

The epanutin treatment of epilepsy, prolonged narcosis, and psycho-therapy were carried out where indicated.

Dr. R. Klein and Mr. R. F. Nunn are engaged in an Research. enquiry into the metabolic functions in manic-depressive psychosis.

On the 3rd June, 1943, I read a paper before the Papers Read. Brighton and Sussex Medico Chirurgical Society on the Physical Element in Mental Illness.

(Year 1943)

On the 21st November, 1943, I read a paper on Adolescence to a meeting of the Sussex Association of Boys' Clubs at Worthing, and a paper on Mental Health to the Brighton Rotary Club on the 15th December, 1943.

**Air Raid
Precautions.**

A revised Fire Watching scheme, in accordance with the Ministry of Home Security Fire Prevention Leaflet No. 6, was submitted to the Regional Commissioner on the 5th August, 1943, approved by him on the 10th August, 1943, and implemented on the 17th August, 1943. A slight alteration was made in the scheme in October, 1943.

A Fire Guard Sector Point was established in the Committee Dining Room, and Mr. E. C. Rees has been appointed Fire Guard Sector Captain in addition to his duties as Chief of the Hospital Fire Brigade.

With the Committee's approval, the Hospital Fire Brigade was affiliated with the National Fire Service, with obligations limited to the Hospital Estate, and thirteen members of the Fire Brigade applied for enrolment as part-time members of the National Fire Service under the Works Fire Brigade Scheme. The Fire Brigade, composed of the original Fire Brigade together with the Demolition and Decontamination Squads, is as follows :— J. Allen*, R. S. Botting, M. Bourne, A. Brewer, A. Caffyn, F. H. Carey, E. A. Figg, N. Fletcher*, H. Fothergill*, J. Hall*, F. Hillier*, E. P. Holder, W. H. Hole*, W. Jones, F. Kane, W. J. Keating*, R. V. Keyworth, E. Knight, G. E. Leppard*, A. McLardy*, A. Punnett*, P. G. Ralfe, E. C. Rees*, S. J. Simmonds.

*=denotes part-time members of National Fire Service.

Since March, 1943, a light trailer pump has been loaned by the National Fire Service to the Hospital. This is, of course, additional to the large Dennis pump which is the property of the Visiting Committee.

The Hospital Wardens are as follows :—Messrs. F. Burt, W. G. Colbran, F. H. Court, W. N. Hay E. Nye, and A. A. Shaw.

(Year 1943)

Evacuation practices were carried out on the Male Side on August 21st and 31st, 1943, and on the 3rd September, 1943, and on the Female Side on August 30th, 1943, and on the 2nd and 3rd September, 1943.

There have been no changes in the medical staff during the past year. Staff Changes.

Miss McDermott took up duty as Second Assistant Matron and Sister Tutor on the 7th June, 1943, following the resignation of Miss M. A. Fay on the 5th June, 1943.

The Rev. W. G. Frostick left the service of the Hospital on the 21st February, 1943, to take up his duties as Rector of Storrington, and the Rev. F. A. Long was appointed on the 6th February, 1943, on the recommendation of the Lord Bishop of Chichester. Owing to the impossibility of finding accommodation in the district, he has been unable to take up duty, and on the 8th February, 1944, regretfully withdrew his acceptance of the appointment. The duties of Hospital Chaplain are being temporarily carried out by the Rev. Canon C. Wilson, the retired Vicar of Cuckfield.

The Rev. Father Phillips of St. Paul's, Haywards Heath, relinquished his duties as Roman Catholic Chaplain on transfer to Richmond, and his duties are being carried out by his successor in Haywards Heath, the Rev. Father O'Regan and his assistant Father Murray.

Miss M. A. Kent, of the Brighton Municipal Training College, has, by agreement with the Education Committee, visited the Hospital on three occasions to carry out psychological tests on certain patients.

Mr. A. Bacon, Head Carter, died on the 26th September, 1943, and a successor has been appointed.

The following nurses passed the Final Examination in Mental Nursing of the Royal Medico-Psychological Association:—Messrs. G. A. Bourner, H. F. Carey, J. R. C. Hall, and Misses L. V. Cook, P. K. Eggleton, E. V. Ewing, E. L. Funnell, M. G. Harding, D. M. Nursing Examinations.

(Year 1943)

Hunter (Distinction) L. M. Jones, and M. E. Stannard, and the Preliminary Examination of that Association was passed by :—Misses P. A. Booker, D. V. Bourner, M. A. Bradley, E. Duffy, J. Egan, E. Hanafin, A. King, K. Meehan, M. A. O'Gara, and N. Rogers.

Certificates in Mental Nursing of the Royal Medico-Psychological Association were presented to the following by the Chairman, Alderman Miss M. Hardy—Mr. H. D. Barnett on the 6th March, 1943, Misses B. M. Slane, E. L. Funnell, D. Hunter, L. M. Jones, and Messrs. G. L. Bourner and H. F. Carey on the 4th September, 1943, and Miss L. V. Cook on the 2nd October, 1943.

Staff serving
with H.M.
Forces.

Clerical Staff.—J. Burgener, G. Clements, R. F. Hughes, K. W. Hurst, D. Markwick, W. Margetts, J. Martin.

Nursing Staff.—H. D. Barnett, F. Beech, G. B. Bellchambers, J. Burden, J. Butterworth, A. W. Campbell, N. Camplin, V. Christie, C. Cummings, J. R. Elsey, C. Gough, E. G. Groves, D. B. Jenkins, D. Marshfield, C. McDermott, J. McLardy, C. Middleton, S. Middleton, S. Moore, S. Simm, W. Sparks, N. Smith, G. Stanton, N. Stringfellow, J. Turner, P. W. Whitehouse, A. E. Wileman, A. W. Wise, D. J. Wood.

Artizan and Garden Staff.—G. Awcock, E. Betts, G. Cave, R. Cook, H. Coveney, L. Cragg, E. Denman, A. G. Dunn, G. Dyer, V. Drake, A. Howard, S. Rhodes, A. Stevens, J. Wise.

Mr. E. O. Backshall, R.A.F., (formerly Assistant Clerk) was killed in a flying accident in 1940.

Mr. C. Cummings, formerly a prisoner of war in Italy, has been repatriated.

Visits.

Mr. N. C. Croft Cohen and Dr. J. Adamson, Commissioners of the Board of Control, visited the Hospital on the 18th January, 1943.

Commander Tennyson visited the Service Patients on the 9th June, 1943.

(Year 1943)

The Eastbourne Visiting Committee visited the Eastbourne patients on the 7th July, 1943, and on the 15th December, 1943.

Dr. A. W. Forrester of the Ministry of Pensions visited the Hospital on the 27th July, 1943.

A special meeting of the Visiting Committee was held on the 25th August, 1943, to consider a Report of the Joint Parliamentary Sub-Committee, The Mental Hospitals Association, the Royal Medico-Psychological Association, the Incorporated Association of Hospital Administrators, and the Mental Hospitals and Institutional Workers' Union and a memorandum drawn up on this Report by the Medical Superintendent of this Hospital.

The Medical Superintendent of this Hospital was invited by the Ministry of Health to take part in the survey of Out-patient facilities for early nervous and mental disorders in Region 12. He was also invited to attend a special conference held by the British Medical Association in London on post-war medical planning.

Direct Admissions for 1943 :—

Admissions

	M.	Percentage	F.	Percentage	Total	Percentage
Voluntary ...	22	(38.6%)	44	(37.3%)	66	(37.7%)
Temporary ...	2	(3.5%)	7	(5.9%)	9	(5.2%)
Certified ...	33	(57.9%)	67	(56.8%)	100	(57.1%)
Total direct Admissions	57		118		175	

	M.	Percentage	F.	Percentage	Total	Percentage	Discharges.
		of above.		of above		of above.	
Recovered ...	12	(21.1%)	50	(42.4%)	62	(35.4%)	
Relieved ...	32	(56.1%)	25	(21.2%)	56	(32.0%)	
Not improved	1	(1.8%)	7	(5.9%)	8	(4.5%)	

Transfers to other Institutions.

Males.	Females.	Total.
5	4	9

(Year 1943)

Deaths.

Deaths amongst the patients numbered 64, i.e., 7.4 per cent. deaths of the average daily number resident. 74 per cent. of these deaths occurred in persons over 60 years of age.

The percentage of 7.4 per cent. compares with 8.8 per cent. in 1938. For comparison, the percentage of deaths of the average daily number resident during the last war was 6.6 per cent. in 1914, 16.6 per cent. in 1915, 14.2 per cent. in 1916, 15.4 per cent. in 1917, 20.5 per cent. in 1918, and 13.6 per cent. in 1919. In the year 1918 the severe pandemic of influenza occurred.

Number of Patients.

The average daily number on the Registers during the year was 316.5 Males and 543.4 Females, making a total of 859.9.

The number of patients in the Hospital on the 31st December, 1943, was :—

	<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified</i>	<i>Total.</i>
Males	48	1	265	314
Females	76	—	456	532

which compares with 1942 as follows —

	<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified.</i>	<i>Total</i>
Males	4 less	1 more	5 less	8 less
Females	1 less	2 less	8 less	11 less

Casualties.

During the year 12 fractures occurred in patients compared with 13 in 1942, 9 in 1941, 10 in 1940, and 4 in 1939. The twelve fractures were all due to ordinary and unavoidable accidents. C.M., Right Colles fracture. F.B., fracture of right femur. S.E.B. fracture of left femur. M.T., fracture of right femur. T.G.S., Fracture of 3rd right toe. R.L.M., fracture of neck of left femur. G.T., fracture of left femur. M.M., fracture of neck of right femur. T.C.L., fracture of left metacarpus. S.W., fracture of left radius. E.C.R., fracture of right metacarpus. H.H. right Colles fracture.

C.W.T. absconded from the Hospital on the 19th July, 1943, and his body was found on the 28th November, 1943. An inquest was held on the 2nd December,

(Year 1943)

1943, and the following verdict was recorded: "Death from exposure, insufficient evidence to show actual method of escape."

M.B., who was admitted on the 9th December, 1943, died on the 13th December, 1943. An inquest was held on the 16th December, 1943, and the following verdict was recorded: "Accidental death due to myocardial degeneration accelerated by injuries received in a fall on the 9th December, 1943, at 15 Powis Road, Brighton, immediately previous to admission."

MUNICIPAL HOSPITAL.

This clinic was held weekly. 88 new cases were seen, Clinics. 36 males and 52 females, and there were 419 attendances during the year. The new cases seen were of the following types:—Obsessional neurosis 3, anxiety neurosis 14, behaviour problem 3, hysteria 5, enuresis 1, neurosis associated with alcohol 1, post traumatic psychosis 1, post concussional headache 1, toxic encephalopathy with fits 1, myotonia atrophica 1, migraine 2, deafness with auditory illusions 1, congenital neurosyphilis 1, melancholia 12, manic depressive 3, schizophrenia 6, paranoid state 1, cerebral vascular disease 3, alcoholic psychosis 1, confusional state—etiology unknown—1, toxic confusion 1, confusional state with leaking cerebral aneurysm 1, menopausal depression 2, asthenia—abdominal tubercle—1, mental deficiency 3, senile dementia 1, major epilepsy 9, petit mal 5, opinion *re* termination of pregnancy on mental grounds 3.

New cases showing nervous disorder associated with psychological effects of bombing 4, those showing nervous disorder following direct injury due to bombing 1.

New cases referred for advice *re* termination of pregnancy on nervous or mental grounds 3, none were recommended. Old cases referred for advice *re* termination of pregnancy on nervous or mental grounds 1, not recommended.

New cases under sixteen years of age seen during the year 14.

(Year 1943)

GUARDIANSHIP SOCIETY.

This clinic was held weekly. 11 new cases were seen, 3 males and 8 females, and there were 62 attendances during the year.

JUVENILE CARE CLINIC.

This clinic continued to work during the year, with Miss M. A. Kent as Honorary Educational Psychologist and Miss M. Wright as Psychiatric Social Worker. 102 new cases were registered for attendance. Of these 95 were seen by the Psychiatrist, and 77 by the Educational Psychologist. A copy of the Report submitted to the Children's Care Sub-Committee is attached as an appendix to this Report.

Since June, 1943, the British Red Cross have assisted with the provision of books for the Hospital Library which has, since the resignation of the Rev. W. G. Frostick, been under the direction of Mr. E. C. Packham, Chief Male Nurse. The assistance of the British Red Cross, and the work of Mr. Packham in this matter are very much appreciated.

In March, 1943, arrangements were made with the Home Timber Production Department for the sale of 16½ acres of standing timber in the wood adjoining the old sewage works, and this was felled during the summer.

Arrangements were made for Messrs. Prior and Grainger to make a complete inventory of the furniture, equipment, and effects of the Institution.

Works.

Repairs were made during the year to the disused sewage plant as a stand by in emergency.

A start was made to modernise all the urinals. Two-thirds of the work has been done, and it is hoped to complete it during 1944.

Acknowledgments.

The assistance of Mr. Pryce-Jones, Brighton Corporation Electricity Engineer and Manager, in the reorganisation of the Power Station is greatly appreciated.

I wish to acknowledge the loyal support and co-operation of the Deputy Medical Superintendent, the

(Year 1943)

Assistant Medical Officers, the Clerk and Steward and his Assistants, and the Heads of the Nursing Departments, the Matron, Miss N. C. Morris, and the Chief Male Nurse, Mr. E. C. Packham.

I wish to express my thanks to the Chairman, Alderman Miss M. Hardy, and all the members of the Visiting Committee for support, courtesy, and kindness which has been invariable.

I am, Madam Chairman, Ladies and Gentlemen,

Your obedient Servant,

W. McCARTAN,
Medical Superintendent.

(Year 1943)

Private and Confidential.**APPENDIX.****WORK AT THE EMERGENCY NEURO-SURGICAL UNIT
AT HURSTWOOD PARK HOSPITAL.**

The following table shows the movement of patients during 1943 :—

Type of Patient		Adms.	Disch.	Transfers	Deaths
Service		503	323	158	15
Civilian Casualties		43	35	2	1
Civilian Sick		427	303	56	71
Totals		973	661	216	87

SURGICAL OPERATIONS.

Service Patients	Civilian Patients	Brighton Mental Hospital Staff	Patients	Total
106	335	9	5	455
				(395 major and 60 minor)

In addition, 12 spinal plasters, and 192 major dressings were carried out in the Theatre. Eighty blood transfusions were given in connection with the major operations. The operations on Mental Hospital staff and patients were carried out by Mr. J. R. Griffith, F.R.C.S., Visiting Surgeon to the Mental Hospital, the remainder of the work being done by E.M.S. staff.

MEDICAL STAFF AT EMERGENCY UNIT ON DECEMBER 31st, 1943.

Senior Surgeon	...	Mr. Harvey Jackson, Part-time.
Surgical Assistant		Mr. E. B. C. Hughes, Full-time.
Neurologist	...	Dr. D. Kendall, Full-time.
Anaesthetists	...	Dr. Edith M. Taylor, Part-time. Dr. W. A. Cobb, Full-time.
Radiologist	...	Dr. Alexander Orley, Full-time.

(Year 1943)

House Surgeons ...	Dr. P. Collard, Full-time. Dr. H. Shanly, Full-time.
Ophthalmologist ...	Mr. F. Ridley, Part-time.

Of the above, Drs. Collard and Shanley and Mr. Hughes were resident.

NURSING STAFF AT EMERGENCY UNIT ON
DECEMBER 31ST, 1943.

Sisters	5	Assistant Nurses ...	9
Staff Nurses ...	17	Nursing Auxiliaries	27

Three Sisters are resident, and 42 Nurses are provided with official billets.

OTHER STAFF AT EMERGENCY UNIT ON
DECEMBER 31ST, 1943.

Radiographer ...	1	Night Porter ...	1
Masseuses ...	2	Clerk Receptionists	2
Almoner ...	1	Domestics—Full time	8
Clinical Records Clerks	2	Part-time	10
Male Orderlies	—	Handyman ...	1
Electroencephalo- graphic Technician	1	Almoner's Clerk ...	1
Laboratory Technic'n	1	Junior Laboratory Assistant... ..	1

X-RAY.

A total of 1,547 radiological examinations were carried out during the year, *i.e.*, Civilian cases 964, Service cases 583. Of the above Civilian cases, 27 were staff, and 88 were patients of the Brighton Mental Hospital.

Facilities for patients of Chownes' Mead Maternity Hospital, Haywards Heath, to have X-ray examinations at Hurstwood Park Hospital were granted at the request of the Ministry of Health on February 6th, 1943.

ELECTROENCEPHALOGRAPHIC DEPARTMENT.

A total of 473 electroencephalographic examinations were carried out during the year, *i.e.*, Civilian cases 184,

(Year 1943)

Service cases 167, Out-patients 122. The number 473 does not represent the present volume of work which for the last six months of the year was at the rate of 550 per year, and for the last three months of the year was at the rate of 660 per year. Dr. W. A. Cobb, who is in charge of this department, was handicapped by two changes of assistant during the year. Mr. H. L. Buddle left the service of the Hospital on the 27th February, 1943, and was replaced by Miss D. Markwick who left to join the A.T.S. on the 17th July, 1943. She was replaced by Mrs. W. M. Robinson who is still the electroencephalographic technician.

By arrangement with the Ministry of Health, the Visiting Committee in July, 1943, permitted Mr. R. Wellby to undertake the maintenance work of the electroencephalograph.

In June, 1943, the Visiting Committee by arrangement with the Ministry of Health approved the appointment of an additional masseuse, and Mrs. B. Parker took up duties on the 5th July, 1943.

On the 6th September, 1943, Mrs. C. Murphy was appointed as Part-time Almoner's Clerk.

A Junior Laboratory Assistant was appointed by the Visiting Committee, and took up duty on the 28th December, 1943.

The reconstruction of the Operating Theatre, Sterilising and Anaesthetic Rooms, envisaged in last year's Report, was carried out during the year and the arrangement is satisfactory. The bulk of the sterilisation still has to be carried out at the Mid-Sussex Isolation Hospital at Hurstpierpoint, by arrangement with Dr. Stott, the Medical Officer of Health for Cuckfield Rural and Urban District Councils. Every help is received from Dr. Stott, but there are many drawbacks to the arrangement which is, however, the best possible under the circumstances.

The Hospital still has the services of Major Harold White, Military Registrar, Miss J. Wilson, Assistant

(Year 1943)

Matron, Mrs. G. M. Thorp, Lady Almoner, Mr. R. F. Nunn for Laboratory work, Miss E. Wintle, Radiographer, and Miss J. Cobb, Masseuse,

The Library arrangements have, since the departure of the Rev. W. G. Frostick, been undertaken by the British Red Cross and Order of St. John. We are indebted to the ladies who give their time to this work, and the arrangement is most satisfactory.

During the year it was proposed to erect a hut to be attached to the north side of Hurstwood Park Hospital for the accommodation of the Military Registrar and his staff. In this way, much needed accommodation would be released for other purposes when the Royal Army Medical Corps personnel relinquished the accommodation they now occupy.

I am indebted to Dr. Cobb, Dr. Orley and his assistant, Miss Wintle, and to the Theatre Sister, Miss M. Blatherwick, for the figures they have provided of the work in their departments.

W. McCARTAN,

Medical Superintendent.

(Year 1943)

REPORT OF COMMISSIONERS OF THE
BOARD OF CONTROL.

BRIGHTON MENTAL HOSPITAL,
HAYWARDS HEATH,

18th January. 1943.

There are now 859 patients resident in the hospital, 321 men and 538 women, a total which includes 128 Voluntary (53 men and 75 women) and 3 female temporary patients. In addition 1 man and 3 women are at present absent on leave.

During 1942 there were 190 direct admissions, 62 men and 128 women, of whom 72 came straight from their own homes. The number of admissions under the provisions of the Mental Treatment Act was 85, 22 men and 63 women. During the same year 130 patients (40 men and 90 women) departed or were discharged, 7 men and 13 women were allowed out on long leave or trial, and 31 men and 46 women died. 13 men and 12 women were admitted on transfer, and 15 men and 13 women were sent to statutory care elsewhere. In the case of 8 women money allowances on leaving the hospital were made.

Occupational therapy suffers here, as in so many other hospitals, from shortage of materials and limitation of space, but we are glad to see that real and successful efforts have been made to increase the number of patients of both sexes who work out of doors. A large number of men are employed searching the estate for wood, which is brought into the hospital and sawn up for burning, while parties of women have been usefully occupied in fruit and potato picking on the farm. Folk dancing classes also are a valuable recent innovation. There are three classes, one at Beechmont, and two in the main building. One of the latter is a mixed class, recreational in character, and the other, for men, is purely remedial.

(Year 1943)

The patients' dietary seems to be very good and well varied, though the difficulty in getting supplies of fish makes it necessary to serve two soup dinners in the week. To-day we saw an excellent dinner served, consisting of boiled bacon and parsley sauce with potatoes and cabbage, followed by a steamed pudding. The wards are everywhere very clean and well kept. On the male side it is proposed this year to modernise the urinals throughout, work which is badly needed. We understand that no structural alterations are involved.

The nursing staff is somewhat smaller than it was when we visited last year, there now being 57 male and 68 female nurses, 10 of either sex being on duty at night. Forty-one of the men and 39 of the women are certificated or registered as mental nurses, and in addition 4 men and 17 of the women have passed the preliminary examination only.

The mortality rate per cent. for 1942 was 9.4 for men and 8.4 for women, giving a mean rate of 8.8., which is probably within the average mean rate for all our mental hospitals. The causes of death of the 31 men and 46 women who died in 1942 call for only one comment, *i.e.*, that only 2 women died from tuberculosis. No inquests were held. Among the 6 men and 10 women who met with serious accidents was one man who sustained fractures of his femora during electro-convulsion treatment, an accident so uncommon as to call for mention here. Such an accident is not likely to recur. With one exception when the cause was unknown, all the other cases, which also involved fractures, were caused by falls.

Dysentery appeared in September last year after two years freedom from this disease; 16 men and 17 women were affected. The infection was of the Sonne type, except for the first case which was returned as Flexner. There were no deaths, and no new cases have been reported since the end of November. The arrangements for segregation are far from ideal because of structural limitations, and it is therefore a matter for congratulation to the medical and nursing staffs that they were able to prevent spreading of the outbreak.

(Year 1943)

The number of new cases of tuberculosis during last year was 4 ; there were only two deaths. To-day there is only one patient, a man, suffering from this disease.

Electric shock thereapy is given to suitable cases ; 31 patients were so treated in 1942, with 8 recoveries and 6 cases greatly improved. Quite recently leucotomy has been introduced. Two patients have been operated upon, but the ultimate results are still to be seen. Other active forms of treatment are available, including malaria and epanutin ; the latter is giving very satisfactory results in the treatment of epilepsy.

The clinics at the Municipal Hospital and at the office of the Guardianship Society in Brighton continue to function well. During last year 87 new cases were seen at the former and 28 at the latter. Dr. McCartan also holds a separate clinic for children at the Brighton School Clinic at the request of the local education authority.

Since our last visit a social worker has been appointed, we are glad to report.

We went into the treatment of " fouled " linen as distinct from known infected articles, and we suggest that, in view of the recent outbreak of dysentery, the effluent from the hydro-extractor in the fouled linen section of the laundry should be periodically examined in order to test the efficiency of that department.

The drinking water, which is examined regularly, is now chlorinated as an additional safeguard.

Dr. W. McCartan still has Dr. Guppy as his deputy. Drs. Robert Klein and E. H. Milson are the other members of the medical staff.

(Signed) N. C. CROFT-COHEN,

JAMES ADAMSON,

Commissioners of the Board of Control.

(Year 1943)

FORTY-FIRST ANNUAL
REPORT OF THE VISITING COMMITTEE,
(Pursuant to Section 190 of the Lunacy Act, 1890),
BEING THE EIGHTY-FOURTH ANNUAL REPORT
SINCE THE FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

The Visiting Committee submit their report for the past year.

Members of the Visiting Committee have regularly visited the patients and inspected the hospital premises at their monthly meetings.

The Commissioners of the Board of Control paid their Statutory visit to the Hospital on the 31st January, 1944, and left a favourable report, upon which the Medical Superintendent has been congratulated.

A deputation from the Visiting Sub-Committee of Eastbourne Public Assistance Committee visited their patients on 21st June and 6th December, 1944, and have expressed satisfaction with the care and comfort provided.

The Contract with the County Borough of Eastbourne for the reception of Eastbourne patients into the Brighton Mental Hospital has been extended for a further three years on the same terms.

To ease the strain on sleeping accommodation, the top floor of the main building with the exception of one ward used as a Female Occupational Centre has been re-opened for patients.

(Year 1944)

The several social activities organised at the Hospital from time to time form an important part of the treatment of the patients. These include dances, folk dancing, whist drives, cinema shows and concerts, culminating in the Annual Fancy Dress Dance. Last Christmas the Nativity Play was again repeated with an all-patient cast. This has now become an annual feature.

The Committee desire to stress that the occupation of Hurstwood Park Hospital, the Sanatorium, and Male Ward 5 by the Emergency Medical Service causes great difficulty. The Hospital is thereby deprived of suitable accommodation for the treatment of early and recoverable types of nervous and mental disorder in the case of Hurstwood Park Hospital, and of adequate facilities for the isolation of infectious disease in the case of the Sanatorium.

The new physical methods of treatment for nervous and mental disorders, including insulin shock, electrical convulsion treatment, prolonged narcosis, and the brain operation known as pre-frontal leucotomy are carried out, and also the modern treatments of epilepsy. The Social Welfare Department kindly arranged to provide transport where required for persons attending the Mental Hospital as out-patients for electrical convulsion treatment. Patients also attended the Hospital for such treatment from a neighbouring rehabilitation centre under the National Council for the Re-habilitation of Industrial Workers pending the provision of apparatus at the Centre.

On the advice of the Medical Superintendent, the Committee have, as an experiment, engaged the services of a psychiatrist for one session weekly to benefit cases needing more individual psychological attention than can be given by the medical staff.

Research in epilepsy and allied disorders continued at the Hospital, the Hospital laboratory having been registered by the Home Office for relevant investigations by licensed members of the staff.

(Year 1944)

The numbers of patients on the books on the 31st December, 1944, and on the corresponding date of the previous year were as follows :—

	1944.	1943.
Males ...	323	314
Females ...	529	532
	852	846

The figure of 852 includes 126 voluntary patients and is made up as follows :—

	Males.	Females.	Total
From County Borough of Brighton ...	219	358	577
From County Borough of Eastbourne ...	47	93	140
Out County ...	14	21	35
Private ...	9	48	57
Service ...	21	—	21
Ex-Service ...	1	—	1
Netherne Mental Hospital ...	12	9	21
	323	529	852

The weekly maintenance rate for Brighton rate-aided patients was increased from 37s. 4d. to 39s. 8d. on 1st October, 1944, to meet increased costs.

On the 2nd December, 1944, it was decided that as respects the future admission of private patients, the £3 3s. 0d. per week rate be increased to £3 13s. 6d., and that the Medical Superintendent be authorised to increase the higher rates at his discretion.

Charges for funerals in the Hospital Cemetery were increased as from 1st October, 1944, as follows :—

Brighton patients ...	55s. —	65s. per funeral.
Out-Borough patients	65s. —	75s. per funeral.

(Year 1944)

The adult Early Nervous Disorders Out-Patient Clinics in Brighton under the supervision of Dr. McCartan, Medical Superintendent, provide a valuable and necessary adjunct to the Council's Mental Health Service. The Medical Superintendent also continues to act as Medical Director and Psychiatrist of the Child Guidance Clinic of the Brighton Education Authority. This Clinic is for the treatment of neurosis and allied disorders in children.

It is with pleasure that the Committee record the election of Alderman S. C. Thompson to the Executive Committee of the Mental Hospitals Association.

The Council will recall that on the 29th July last they approved a scheme of the Corporation Waterworks Engineer, recommended by the Committee, for an improvement of the Hospital Water Supply, at an estimated expenditure of £1,967. This work is now in hand. Measures subsequently recommended by Mr. Cathcart for improving the quality of the water have been adopted.

An order has been placed for the major overhaul of the three diesel engines in the Boiler House at an estimated cost (including spare parts) of £1,360, and the work is now proceeding. The work of renewing the storage batteries at a cost of £1,235 has been completed.

Various works of maintenance and repair to the hospital buildings have been undertaken.

The Committee have adopted the "Rushcliffe" Recommendations in their entirety for the nursing staff of the Hospital as from the 1st October, 1944.

The Council's Schemes of salary adjustments, war service allowances and conditions of service for temporary staff have, *mutatis mutandis*, been applied to the Committee's officers.

Various adjustments have been made in the wages of craftsmen and labourers governed by Building Trade rates. Bonuses equivalent to those recommended by

(Year 1944)

the J.I.C. and approved for Brighton Corporation employees have been granted to the tradesmen and garden staff whose wages are not subject to trade rates.

The wages paid to the farm staff have been increased to conform with those fixed by the Agricultural Wages Board.

Applications from hospital pensioners for increased pensions under the Pensions (Increase) Acts, 1920 and 1924, and the Pensions (Increase) Act, 1944, have been granted subject to the fulfilment of the statutory conditions.

The Committee have congratulated the hospital staff upon their excellent contribution in May last of £3,015 13s. 6d. towards the Cuckfield Urban Area "Salute the Soldier" Week against their target figure of £1,000.

The efficiency of the administration, medical and nursing services of the Hospital continue to be maintained at a high standard regardless of difficulties contingent on the War, and the Committee record their appreciation of the competent administration of the Hospital by their Medical Superintendent with the able assistance of his medical colleagues, the Clerk and Steward and the general staff.

On behalf of the Committee,

(Signed) HERBERT HONE,

3rd February, 1945.

Chairman.

(Year 1944)

THE MEDICAL SUPERINTENDENT'S REPORT.

January, 1945.

To the Visiting Committee.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit to you my Seventh Annual Report as Medical Superintendent, this being the 41st Report of the Brighton County Borough Mental Hospital and the 86th since the Hospital was opened in 1859 by the Justices of the two Divisions of Sussex (East and West).

As is shown by their 41st Annual Report, the Visiting Committee are aware of the difficulties caused by the deviation of Hurstwood Park Hospital, the Sanatorium, and Male Ward 5 from their normal function for the past five years. Every attempt is made to compensate for such disability by improvisation, but no endeavour will enable the Hospital to do the best work in the absence of important accommodation. For this reason it is hoped that the Emergency Hospital accommodation will soon be released for the purposes for which it was designed and built. Such release will in itself produce problems of staffing which may be considerable in view of the present shortage. One has heard of Mental Hospital units not functioning owing to lack of adequate staff, but it is felt that probable difficulties should not be a deterrent.

In the war years the difficulties of administration have been considerable since, apart from the necessary rationing and control of supplies, the absence of many of our permanent staff on war service, and the loss of accommodation, there have been all the problems associated with the administration within our curtilage of an additional and totally different institution, *i.e.* a busy neurosurgical hospital. It says much for the staff that despite such handicaps the work of the Hospital has been maintained and the treatment facilities extended.

A report on the work of the Neuro-Surgical Unit under the Emergency Medical Service will be submitted

(Year 1944)

as an appendix which should, as heretofore, be regarded as confidential. The remainder of the report proper will, therefore, deal with the Mental Hospital and its ancillary activities alone, apart from works and other matters common to both.

All the accepted physical methods of treatment of the neuroses and psychoses, *e.g.*, insulin shock, electro convulsion treatment, prolonged narcosis, the head operation of pre-frontal leucotomy, are carried out on suitable cases. The insulin shock department was opened in November, and is in the charge of Dr. Joan Fitzherbert. Up to the present eight patients have been under treatment, and it is too early yet to report on results.

Physical
Methods of
Treatment.

During the year electro convulsion treatment was carried out on 16 patients, 7 males and 9 females, and the following shows the results:—92 treatments were given to the 9 female cases, 5 were discharged recovered, one improved sufficiently to be discharged, one improved but is still in hospital, one showed no improvement, and one is still under treatment.

One hundred and eight treatments were given to the 7 male cases, 2 were discharged recovered, 2 improved but are still in hospital, 2 showed no improvement, and one developed subluxation of left shoulder and is now having modified insulin therapy.

Cases of involutional depression are the most promising. Electro convulsion treatment is of little value apparently in schizophrenia, in which illness insulin shock is the treatment most hopeful providing cases are received early enough. Patients are likely to come earlier for treatment when a special admission unit such as Hurstwood Park is available.

Two patients were referred from my Clinics for out-patient treatment by electrical convulsion methods, and a certain number of patients from the Roffey Park Rehabilitation Centre at Horsham were similarly treated.

The operation of pre-frontal leucotomy was carried out on five patients, W.G.R., E.W.B., D.S., C.N., and J.W.W. In the first two patients the improvement was dramatic, and both have left the Hospital recovered.

(Year 1944)

E.W.B. has shown a slight improvement, and C.N. and J.W.W. after an initial improvement have lapsed to their previous state. This operation is not only empiric, but is a drastic procedure involving as it does deliberate surgical inroads into the brain. It is therefore important that selection of cases should be most carefully carried out, and the possible series correspondingly reduced in number. The five patients mentioned above had long established and apparently hopeless mental disorder. Whilst the results are gratifying in certain selected cases, the exact way in which these procedures effect a cure is still unknown. The three methods already described involved direct interference with the function of the brain. It has also to be remembered that spontaneous recovery without treatment is not unknown. Such points must be kept in mind to ensure an unbiased judgment when attempting to assess the value of any such new treatment.

Epanutin continues to be of the greatest value in the treatment of major epilepsy, both here and in the out-patient department. Minor epilepsy is singularly resistant to treatment, and during the year glutamic acid has been used. The results cannot be properly assessed yet, but so far have been disappointing. Glutamic acid had been first used in the United States and has not, as far as we are aware, been used in this country before.

Prolonged narcosis has been used in a few manic cases without outstanding success.

Psychological
Treatment.

Since November a psychiatrist visits weekly to give individual attention to certain selected cases.

The visits of the Council's Educational Psychologist for intelligence testing had to be discontinued after mid-summer, owing to Miss Kent relinquishing her post in Brighton. We are indebted to the Brighton Training College Governors and to the Principal of the Municipal Training College, Miss Gwilliam, for granting this facility, and it is hoped that Miss Kent's successor, Miss W. Hall, who took up duty in January, 1945, will continue the work.

Other
Treatment
Methods.

The work of the Psychiatric Social Worker is of the greatest importance in rehabilitating patients after discharge, and we are also greatly assisted in this work

(Year 1944)

by the Mental After Care Association. The report on the patients' antecedents and family background obtained by the Psychiatric Social Worker at the time of admission is of the greatest assistance in the subsequent treatment. We also receive every assistance from the newly formed National Council of Mental Health, and reciprocate by giving them principally through our out-patient clinics, every possible help, particularly with their scheme for the After Care of Service Casualties.

In connection with the social measures directed to the patients' welfare, one must mention the help one always obtains from the Director of the Social Welfare Department, Mr. Webb, and his Chief Relieving Officer, Mr. Rasmussen, and the close liaison with that Department.

Whilst the dances and the cinema and concert entertainments are largely of amusement value, the folk-dancing classes held weekly by Mr. G. Nash of the English Folk Dancing Society are both recreational and therapeutic, as is the Occupational work of Mr. A. Shaw and Miss D. Hunter. In addition to the latter work, the outdoor occupations of male patients is arranged by Mr. J. Barnett of the Chief Male Nurse's Department, and this and the work of the female patients in the Laundry, Kitchen, etc., forms a useful adjunct to the economy of the Institution apart from providing the patients with helpful occupation.

This has been well maintained apart from an outbreak of infectious diarrhoea during the latter half of the year. There were a total of 56 male and 24 female cases, the organism of Flexner Z being isolated in 15 male and 5 female cases. This outbreak was disturbing because of our freedom from any such infection (rampant in some mental hospitals) for many years, and also because of lack of proper isolation accommodation. The use of the newly introduced sulphonilamide drugs was most effective and Flexner has not been isolated since November. Only one case—a male patient—died during the attack of diarrhoea, and the death was due to other causes.

General
Health of
Patients.

It is relevant to mention here that the low death rate of 5.9 per cent of the average number resident has

(Year 1944)

been equalled only twice and improved on only twice in the past 43 years, and is about one-third of the average rate of the last war even making allowance for the serious epidemic of influenza in 1918.

During the year 10 female and one male patient sustained fractures of the limbs due to accidental falls.

During the year operations have been carried out at Hurstwood Park Hospital by Mr. J. R. Griffith on ten members of the Brighton Mental Hospital staff and 15 patients.

Research Under licence from the Home Office, Dr. L. R. Janes, Visiting Pathologist, Mr. R. F. Nunn, Biochemist and myself are conducting an investigation in the nature and treatment of epilepsy. The time we can devote to this work is limited by other activities at present.

Papers Read. A paper was read on 5th June, 1944, on "Adolescence" before a group of Club Leaders at the Brighton Technical College.

Air Raid Precautions. Details of alternative accommodation in other hospitals in the event of damage due to enemy action was submitted to the Visiting Committee, and also the Board of Control's scheme for the provision of beds in other localities for hospitals in the south of England damaged by enemy action.

A new scheme of payment for the Fire Brigade was introduced in January, 1944, and in March, 1944, there was a combined practice in the grounds of the Mental Hospital with the National Fire Service.

In view of the danger of oil fires in the Power House a patent oil fire extinguisher was provided there.

During the year sleeping has been resumed in all parts of the top floor of the Main Building, apart from Female Top 25 which is used as an occupational therapy centre and three dormitories on the Male Sleeping Gallery, two of which are used as an insulin shock therapy department, and one as an A.R.P. store.

In accordance with South Eastern Regional Circular 397a, Fire Guard duties were discontinued from the 21st September, 1944. It was worth noting that a

system of Fire Guards was in operation in this Hospital on the top floor of the Main Building from the earliest days of the war.

The six wardens, Messrs. W. N. Hay, A. Shaw, F. Burt, E. Nye, W. G. Colbran, and F. Court, continued their duties after the Fire Guard cancellation. It should be placed on record that these officers gave their services voluntarily and were not paid any subsistence allowance at any time.

As a fire precaution, in view of the fact that few members of the male staff sleep in the Main Building at night, and because the siren is not available as an ordinary fire warning, bells were installed in twelve houses in the Colwell estate to summon staff. The Committee are aware that there is a private telephone line from the Hospital direct to the local National Fire Service station at Haywards Heath. One of the greatest anxieties during the recent anxious years has been the fire risk of this large institution.

Possible damage by phosphorous-containing incendiaries, and dissatisfaction with the existing methods of dealing with flaming phosphorus adhering to the skin, prompted certain investigations by Mr. E. Fecitt, the Hospital Pharmacist, and myself, and as the result Mr. Fecitt prepared an anti-phosphorus compound made up on a soap basis. This has been available throughout the institution since March last. It was submitted to the Ministry of Supply, and as a result of practical tests by the Chemical Defence Research Department was reported as superior to any existing first-aid method of treatment. At the request of the Medical Research Council, hospitals in the district were notified of the substance in view of the danger of unexploded phosphorus grenades coming into the hands of children on the Downs.

The major overhaul of the Diesel engines in the Power Station, authorised during the year, is in hand, one engine has been reconditioned by the makers and another dismantled and certain parts sent to the makers for overhaul. The renewal of Positive and Negative Plates of the 120 cell Power Station Storage Battery has been carried out, and a small oil store erected adjacent to the Power Station.

(Year 1944)

Following the report of Mr. H. Pryce-Jones, a new log sheet has been introduced in the Power Station.

Following the report of the Hospital Engineer, Mr. Cathcart, the Corporation Water Works Engineer, submitted certain recommendations in connection with the well supplying water to the institution and the state of the plant therein, and the Committee agreed to proceed with Mr. Cathcart's recommendations.

An analysis of the water is carried out every six weeks to ensure its purity. All the reports during the year were satisfactory.

The report of the Borough Surveyor on the state of the drains was submitted to the Committee early in 1945.

A pre-fabricated hut was erected by the hospital staff at Hurstwood Park Hospital for the Military Registrar at the expense of the Ministry of Health.

The Ministry of Fuel and Power directed that a mixture containing a lower grade fuel should be used in the steam boilers in the proportion of 50 per cent. Nut Coal to 50 per cent. Coke Breeze instead of 100 per cent. Nut Coal for which the furnace grates were installed, and it was proposed to instal a new type of grate in the three Lancashire Boilers at a cost of £100 per boiler in order to burn this fuel economically. Experience, however, showed that this mixture was causing a grit nuisance in the Economiser Tubes by coke dust passing through the furnaces and blocking up the Economiser Pit and Tubes (necessitating the clearing therefrom of about three tons coke dust fortnightly), also considerable annoyance was caused by grit emission from the Boiler House Shaft, and, further, the increased maintenance by renewing furnace parts was at least 50 per cent. After extensive tests, which included some minor alterations to the dampers, etc., it was found that a mixture of 70 per cent. Nut Coal and 30 per cent. Coke Breeze eliminated the troubles mentioned and without having to spend £300 in adaptation of the Furnace Grates. After much negotiation the Ministry of Fuel and Power agreed to this proportion of mixed fuel and no further trouble has been experienced.

(Year 1944)

The Hospital was fortunate in obtaining second-hand and at very reasonable cost a satisfactory "Decoudun" ironing machine to replace the antiquated calender in the Laundry.

Dr. R. Klein left the service of the Hospital on the Staff 14th May, 1944, and Dr. Joan Fitzherbert took up Changes. duty on the 16th May, 1944, in his place.

Dr. Elizabeth Huband was engaged as a visiting psychiatrist on a weekly sessional basis on the 4th November, 1944, as an experiment.

Mr. R. F. Nunn, B.Sc., Biochemist, ceased to be a transferred officer from the National Hospital on the 1st April, 1944, and became an established officer of the Visiting Committee by agreement with the Ministry of Health, his duties being divided between the two institutions during the war emergency.

The Rev. F. R. Long who had been appointed Chaplain of the Hospital in the preceding year withdrew without taking up duty on the 8th February, 1944, since he was unable to find a residence in the district, and by agreement with the Lord Bishop of Chichester Canon Wilson continued as temporary Chaplain. The Bishop expressed the view that the post should not be part-time, and the Committee have in mind the possibility of sharing a Chaplain later with a local housing estate.

Mr. F. Knight, Organist and Choirmaster for thirty-two years, retired on the 1st February, 1944, and was replaced by Mr. L. G. Hughes of the Male Nursing Staff.

Mr. E. C. Rees, Chief Engineer, was retired on the grounds of sickness on the 1st June, 1944, and was succeeded by Mr. R. Wellby who was also appointed Fire Guard Sector Captain. Mr. H. Fothergill was promoted to be Mr. Wellby's First Assistant, and Mr. A. Castle, a Hospital pensioner, temporarily assumed the post of Second Assistant Engineer.

Miss E. Christiansen, Acting Head Laundress, died on the 17th February, 1944, and was succeeded by Miss E. Dudley, who was formerly First Laundry Maid and was a Mental Hospital pensioner. She took up duty on the 28th February, 1944.

- Hospital Rules.** At the request of the Visiting Committee a draft of rules and regulations for the Hospital was submitted to a Special Sub-Committee appointed to consider these, and is still receiving attention. Regulations for the visiting of patients were submitted and approved on the 15th January, 1944, and also regulations for the guidance of patients' relatives and friends.
- Hospital Inventory.** During the war a new scheme of inventory was prepared by Messrs. Prior and Grainger, of all the Hospital furniture and effects, and in future stock-taking will be carried out on that basis.
- Key Register.** The Clerk and Steward has prepared a new key register, and new regulations controlling the issue, care, and return of keys have been put into force.
- Examination Results.** The following nurses passed the Final Examination in Mental Nursing of the Royal Medico-Psychological Association:—Misses N. Boyham, M. J. Mullan, C. Goodwin, and Misses M. E. Stannard and M. G. Harding passed the State Preliminary Examination.
- Staff Serving with H.M. Forces.** *Clerical Staff.*—J. Burgener, G. Clements, Jean Dillow, R. F. Hughes, Dina Markwick, W. Margetts, J. Martin.
- Nursing Staff.*—H. D. Barnett, F. Beech, G. B. Bellchambers, J. Burden, J. Butterworth, A. W. Campbell, N. Camplin, V. Christie, C. Cummings, J. R. Elsey, C. Gough, E. G. Groves, D. B. Jenkins, D. Marshfield, C. McDermott, J. McLardy, C. Middleton, S. Middleton, S. Moore, S. Simm, W. Sparks, N. Smith, G. Stanton, N. Stringfellow, J. Turner, P. W. Whitehouse, A. E. Wileman, A. W. Wise, D. J. Wood.
- Artizan and Garden Staff.*—G. Awcock, E. Betts, G. Cave, R. Cook, H. Coveney, L. Cragg, E. Denman, A. G. Dunn, G. Dyer, V. Drake, A. Howard, S. Rhodes, A. Stevens, J. Wise.
- Mr. E. O. Backshall, R.A.F. (formerly Assistant Clerk) was killed in a flying accident in 1940.
- Mr. K. W. Hurst, Royal Marines (Junior Clerk) was reported missing believed killed in H.M.S. Penelope on the 18th February, 1944.
- Visits.** Dr. I. Wilson and Mr. N. C. Croft Cohen, Commissioners of the Board of Control, visited the Hospital on the 31st January, 1944.

Commander Tennyson visited the Service Patients on the 6th June, 1944.

The Eastbourne Visiting Committee visited the Eastbourne patients on the 21st June, 1944, and the 6th December, 1944.

Dr. A. W. Forrester of the Ministry of Pensions visited the Hospital on the 27th September, 1944.

Dr. G. M. Culverwell, Home Office, visited the Hospital on the 6th December, 1944.

Direct Admissions for 1944 :—

						Admissions.
	M.	Percentage.	F.	Percentage.	Total.	Percentage
Voluntary ...	34	54.0	52	50.5	86	51.8
Temporary ...	4	6.3	8	7.8	12	7.2
Certified ...	25	39.7	43	41.7	68	41.0
Total ...	63		103		166	

		Percentage of above		Percentage of above		Percentage. Discharges.	
	M.		F.		Total of above		
Recovered ...	13	20.6	38	36.9	51	30.7	
Relieved ...	26	41.3	27	26.2	53	31.9	
Not improved	4	6.3	2	1.9	6	3.6	

Transfers to other Institutions :—

Males.	Females.	Total.
Nil.	4	4

Deaths amongst the patients numbered 50, *i.e.*, 5.9 per cent. deaths of the average daily number resident. 72 per cent. of these deaths occurred in persons over 60 years of age.

The percentage of 5.9 compares with 8.8 per cent. in 1938. For comparison, the percentage of deaths of the average daily number resident during the last war was 6.6 per cent. in 1914, 16.6 per cent. in 1915 14.2 per cent. in 1916, 15.4 per cent. in 1916, 15.4 per cent. in 1917, 20.5 per cent. in 1918, and 13.6 per cent. in 1919. In the year 1918 the severe pandemic of influenza occurred.

The average daily number on the Registers during the year was 317.8 Males and 532.2 Females, making a total of 850.

(Year 1944)

The number of patients in the Hospital on the 31st December, 1944, was :—

		<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified.</i>	<i>Total.</i>
Males	...	54	1	268	323
Females	...	72	1	456	529

which compares with 1943 as follows :—

	<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified</i>	<i>Total.</i>
Males	6 more	—	3 more	9 more
Females	4 less	1 more	—	3 less

Clinics.

Municipal Hospital.—The clinic was held weekly, 100 new cases were seen, 48 males and 52 females, and there were 296 attendances during the year. The new cases seen were of the following types :—Reactive depression 4, anxiety neurosis 18, cerebral tuberculoma 1, obsessional neurosis 2, melancholia 17, migraine 1, cerebral vascular disease 2, intra cranial aneurysm 1, hysteria 6, schizophrenia 6, major epilepsy 8, minor epilepsy 2, habit spasm 1, disseminate sclerosis 3, toxic confusional state 1, primary cortical atrophy 2, behaviour problem 1, functional anorexia 1, post-concussional syndrome 3, psychopath 5, mental defective 1, asthma 1, enuresis 1, vascular hypertension 1, post-encephalitic parkinsonism 1, paranoid state 1, paraphrenia 1, malingering 1, unclassified 6. One of the cases of disseminate sclerosis was referred for an opinion on the advisability of terminating pregnancy, but this was not recommended.

Guardianship Society.—The Guardianship Society was visited weekly, and any cases on which a consultation was necessary were seen.

Child Guidance Clinic.—A full report on the work of this Clinic is being submitted to the Children's Care Sub-Committee of the Education Committee, and a copy is provided for each member of the Visiting Committee.

Acknowledgements.

It has been necessary to seek the help of other Corporation departments in connection with works and improvements, and I am particularly indebted for the expert advice and assistance which have been so willingly given by Mr. H. Pryce-Jones (Electricity Engineer and Manager), Mr. D. J. Howe (Engineer and Surveyor), and Mr. A. B. Cathcart (Waterworks Engineer).

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I again acknowledge the support and co-operation of my Medical Colleagues, the Clerk and Steward and his assistants ; and the Heads of the Nursing and other Departments.

The support, courtesy, and kindness of all the members of the Visiting Committee has been invariable, and I take this opportunity of expressing my gratitude.

To Alderman Miss Hardy I express my thanks for her support, advice, and personal kindness, and I look forward to a continuation of this happy relationship with her successor in the Chair—Mr. Alderman H. Hone, and all the Members of the Visiting Committee.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

W. McCARTAN,
Medical Superintendent.

BRIGHTON CHILD GUIDANCE CLINIC.

January, 1945.

Third report to the Children's Care Sub-Committee
of the Brighton Education Committee.

Staff :—

Medical Director and Psychiatrist	W. McCartan.
Educational Psychologist	... M. A. Kent.
Psychiatric Social Worker	... M. Wright.
Psychotherapist	... R. Klein till May. E. Hubbard from November.

Sessions were held at the School Clinic, Sussex Street, Brighton, on Thursdays at 10 a.m. and on Fridays at 9.30 a.m. Children seen only by appointment arranged by the School Medical Officer of Brighton or the Psychiatric Social Worker.

Mr. Chairman, Ladies and Gentlemen,

During the year 1944, 126 new cases were registered for attendance at the Clinic. Of these, 111 were seen by the Psychiatrist, and 65 by the Educational Psychologist. They were distributed as follows :—

Age Groups of Children referred.

—5	...	...	5	12—14	...	...	28
5—8	...	...	35	14+	...	...	7
9—11	...	...	37				—
							111

Schools from which Children were referred.

Elementary	...	...	77	Nursery	...	...	8
Secondary and Inter- mediate	...	...	13	Non-School age	...	...	8
Private	...	...	5				—
							111

(Year 1944)

Sources of Referral.

Education Committee	4	West Sussex ...	9
Head Teachers ...	32	East Sussex ...	3
School Medical Officer	21	Speech Therapist ...	5
Courts and Probation		Dr. Barnado's Homes	6
Officers ...	18	Salvation Army ...	1
Parents ...	6	Moral Welfare ...	2
Hospitals ...	4		
			111

The reasons for referral were as follows :—

Nervous Disorders.

Fears ...	7	Seclusiveness ...	2
Depression ...	5	Apathy ...	3
Obsessions ...	2		

Habit Disorders and Physical Symptoms.

Speech Disorder ...	3	Faecal Incontinence ...	1
Sleep Disorder ...	1	Nervous Pains ...	2
Enuresis ...	15	Epilepsy ...	2

Behaviour Disorders.

Unmanageable ...	15	Lying ...	4
Temper ...	10	Truancy ...	7
Aggressive ...	4	Sex Difficulty ...	7
Stealing ...	22	Demanding attention	1

Education and Vocational Difficulties.

Backwardness ...	23	Inability to keep jobs	2
Inability to concentrate	2		

N.B.—Some cases were referred for more than one symptom.

Treatment.

The largest group of children referred to the Clinic were those suffering from behaviour disorders such as uncontrolled temper, stealing, lying, and being beyond control at home. They were often the consequence of broken homes or weak parental control, and in some cases we recommended the temporary or permanent

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removal of the child from his home. Two were referred to Dr. Barnado's Homes, of whom one was accepted for admission. One was admitted to a boarding school in Brighton where a child who had been admitted through the Child Guidance Clinic the previous year was doing well. Some children who proved to be of normal intelligence though backward in school work due to absence or emotional difficulty, were given remedial teaching at the Municipal Training College by arrangement with the Principal and the Educational Psychologist. Two were referred to the Brighton Education Committee, and one to the West Sussex Medical Officer of Health for admission to homes or schools for maladjusted children under the Ministry of Education scheme. Owing to pressure on accommodation in homes and schools for maladjusted children, the number of vacancies is limited, and in this connection we feel the need for a special hostel for maladjusted children in our area.

After visiting some hostels in the Civil Defence Region, run by local authorities for 'difficult' evacuated children, the Psychiatric Social Worker submitted a report. The Education Committee are now considering the possibility of setting up a hostel in the Brighton area for children under the Child Guidance Clinic and we understand that they are asking neighbouring authorities to collaborate. The Psychiatric Social Worker is following up a group of twenty-eight children who were in hostels for 'difficult' children when evacuated to Yorkshire and have now returned to their homes in Brighton. Whilst the majority of these children would not have found their way to a Child Guidance Clinic, a small number who showed symptoms of emotion, or mental abnormality appear to have benefited by the ordered life of the hostel and the understanding treatment of the matron working in co-operation with the staff of the Child Guidance Clinic in Yorkshire. For example, one boy who had been under the Brighton Child Guidance Clinic for stealing from his home, and another for sex play with his sisters, were evacuated

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to hostels in Yorkshire. They have now returned to their homes in Brighton, and in each case the mother reports a marked improvement in conduct which she attributes to the sojourn in the hostel.

The electroencephalogram at Hurstwood Park Hospital is available for the examination, as out-patients, of children presenting symptoms which might have an underlying epileptic basis. Epilepsy may present itself in many guises in those cases in which major or minor fits are not a feature, and the electroencephalogram may be the only method of ascertaining the underlying cause of the child's symptoms such as "mental black-outs."

One boy suffering from epilepsy has been admitted to Hurstwood Park Hospital for investigation with a view to instituting a treatment recently used in America but not, as far as we are aware, previously used in this country.

The number of children who suffer from persistent bed-wetting is one of the problems of every Child Guidance Clinic. Many of these cases are particularly resistant to treatment, and recently a new medicinal treatment has been commenced, but so far its success has been limited.

Two boys aged twelve and thirteen were found to be suffering from symptoms of mental disorder. One of these was referred to the Children's Department of the York Clinic at Guy's Hospital for in-patient treatment, and the other is at present undergoing a course of insulin shock therapy at Brighton Mental Hospital. A girl of fourteen, beyond the control of her parents, was also admitted to Brighton Mental Hospital as a voluntary patient for a short period.

Following the resignation of Dr. R. Klein from Brighton Mental Hospital in May, 1944, the weekly sessions for psychotherapy and play group were discontinued until November when the Clinic was fortunate in securing the services of Dr. Elizabeth Huband from the Aberdeen

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Child Guidance Clinic. Dr. Huband now holds a weekly session at the Child Guidance Clinic, and at present has four children under treatment.

Sixty-five cases have been given intelligence tests by the Educational Psychologist. In four cases, reports by the Educational Psychologist were given to the Heads of Secondary or Intermediate Schools recommending leaving school. Some have been advised as to their future career in co-operation with the Juvenile Employment Bureau. One boy from an outside authority was referred to the Brighton School of Art for a test, and the authorities of the School of Art recommended that the appropriate authority should consider him for a scholarship.

Children are seen at the Clinic by appointment. Sometimes such appointments are not kept, which leads to waste of time by the Clinic Staff. It would be appreciated if Head Teachers or others becoming aware that a child cannot attend the Clinic would notify the School Clinic, if possible in time to enable alternative appointments to be made.

W. McCARTAN,

Medical Director.

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REPORT OF COMMISSIONERS OF THE
BOARD OF CONTROL.

BRIGHTON MENTAL HOSPITAL,
HAYWARDS HEATH,

31st January, 1944.

There are now 847 patients in residence in the Hospital, 313 men and 534 women. There are 49 male and 77 female voluntary patients, and there is one temporary patient of each sex. One man is away on trial, and one is on leave.

During 1943 there were 175 direct admissions, 57 men and 118 women, 77 of these cases having come direct from their own home. Of this total, 22 of the men and 44 of the women were admitted on a voluntary basis and 2 men and 7 women came as temporary patients.

In the same period 45 men and 82 women departed or were discharged, and 18 men and 24 women were allowed out on leave or trial.

As is the case in so many other Hospitals, there is here an acute shortage of female nurses. The nursing staffs to-day are as follows :—

	Male.	Female.
Total number of nurses	55	64
On duty at night	11	10
Certified or registered as mental nurses	42	44
Passed Preliminary examinations only	3	16

We have been glad to see that such redecoration as is possible with the much reduced artisan staff is being carried out, and to learn that it is proposed to continue such work to the extent permitted by the available labour and material.

On the male side, the urinals have been modernised, and now every ward is equipped with them.

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In the laundry we noticed a defect in the older calender, and discussed this with Dr. McCartan. Until it is put right, patients should not be allowed to work at this machine.

One or two patients complained to us that the same meals are nearly always served on the same days in each week, and an examination of the diet lists for the last four weeks show that the complaint is justified. It seems to us also that some rearrangement of the meals served is desirable, so as to provide meals which are better balanced. On two days in each week no second course is served, and it seems that these days are always consecutive. We have discussed these matters with Dr. McCartan and Mr. Mitchell, the Clerk and Steward, and we have promised to arrange for our Board to analyse the dietary in detail.

At former visits the occupation therapy department has been the subject of favourable comment, and we are glad to be able to record that excellent work is still being done. Those patients most likely to benefit from this form of treatment attend the Centres, while in the wards a remarkably wide range of work is done. From the statistics it appears that 200 men and 336 women are occupied or employed in one way or another, but 85 of the former and 129 of the latter are returned as assisting in wards only.

We are glad to hear that the Red Cross Society is giving considerable assistance to the Hospital library, but we think that it would be well to expend a few pounds each year in purchasing some new books for the use of the patients likely to appreciate them.

Since the last visit the health of the patients has been good, and there have been no infectious illnesses except for one case of pneumonia and one of erysipelas. No patients are regarded as suffering from active tuberculosis: 2 male patients died from this cause in 1943. Three male and 3 female patients are on "tuberculosis cards" as a precaution.

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The death rate in 1943 was 7.4 per cent. There have been two inquests. Casualties have included fractures of bone sustained by 6 male and 4 female patients.

Discussing a number of patients with Dr. McCartan, we came to the conclusion that medical care is thorough. Treatment is carried out on the lines discussed in the entry written last year, and psychotherapy is used in suitable cases. Some bio-chemical research is in hand.

The out-patient clinics, one for adults and one for children, continue to be well attended.

Since the last visit Miss Wright has been appointed as psychiatric social worker; we were glad to hear that the work done is proving to be very useful.

Dr. McCartan has the assistance of the same medical staff as at the time of the last visit. He has our thanks for his assistance to us throughout our visit.

(Signed) N. C. CROFT-COHEN,

(Signed) ISOBEL G. H. WILSON,

Commissioners of the Board of Control.

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FORTY-SECOND ANNUAL
REPORT OF THE VISITING COMMITTEE
(Pursuant to Section 190 of the Lunacy Act, 1890),
BEING THE EIGHTY-SEVENTH ANNUAL REPORT
SINCE THE FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

The Visiting Committee in submitting their report for the past year, during which hostilities ended, desire to place before the Council a description of the work done at the hospital during the war years.

From the 2nd September, 1939, to the 15th August, 1945, the Committee and their officers have been responsible for two separate and distinct institutions within the curtilage of the Mental Hospital, since at the request of the Ministry of Health the Visiting Committee allocated Hurstwood Park Hospital, the Sanatorium and one Ward in the Main Building for the purposes of an Emergency Medical Service Unit. Thus during the emergency the Visiting Committee and their senior officers were responsible for the management and administration of a busy surgical hospital in addition to their normal duties in charge of the Mental Hospital, the latter responsibility being in itself increased by the exigencies of war.

Whilst the administration was in the hands of the Committee's officers a highly specialised team of eminent surgeons and physicians was transferred from London and the unit was recognised as the principal unit for the surgery of spinal and brain conditions in the southern area.

A total of 4,860 patients were admitted. Of these 2,489 were Service patients (from most theatres of war) 179 air-raid casualties and 2,192 civilian sick, the latter being sent for brain and spinal investigation or operation which was not possible to undertake in London hospitals under war conditions. The hospital was equipped with

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specialised neuro-surgical appliances and 2,045 major operations were carried out. An electroencephalographic apparatus was made available by the kindness of Professor E. D. Adrien, O.M., of Cambridge.

The Emergency Hospital received many gifts from well-wishers and benefited greatly by gifts and library facilities, provided by the British Red Cross. The Committee gratefully accepted the offer of the British Red Cross to continue the library facilities at Hurstwood Park and in the Main Institution in the post-war era.

The deviation of such important accommodation to other uses made the treatment of neuroses and early and recoverable psychoses a matter of great difficulty, but in spite of this and other problems associated with the war the Mental Hospital kept abreast of all modern developments in psychiatry, such as penicillin treatment of certain brain infections, the operation of pre-frontal leucotomy, electro-convulsion therapy, prolonged narcosis and narco-analysis. A department for treatment by insulin shock and modified insulin shock was set up. In addition, a visiting Psychotherapist was engaged on a sessional basis and also through the kind co-operation of the Governors of the Municipal Training College, the Psychologist there visits when required to carry out Intelligence and Aptitude Tests. Occupational therapy was further developed and recreational therapy, for example folk dancing was continued.

Now that Hurstwood Park Hospital is once more available for its normal functions it is the intention of the Visiting Committee to benefit by war-time experience and to establish an early-treatment unit capable of dealing with any psychiatric or neurological condition. The process of reconversion is now being carried out and the laboratory is being more adequately housed.

The Committee were happy to co-operate with the Education Committee of Brighton in the setting up of a Child Guidance Clinic in 1942 and to loan to that Committee the services of certain of their staff, *i.e.*, the Medical

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Superintendent and the Psychiatric Social Worker. The Committee note with pleasure that this was the forerunner of other local authority Child Guidance Clinics in the area and that in the 3½ years of its existence its usefulness is being recognised on an ever increasing scale by all the Social Agencies in the Borough, including the Juvenile Court.

The adult Early Nervous Diseases Out Patients' Clinic at the Municipal Hospital under the supervision of Dr. McCartan continues to provide an essential adjunct to the Council's Mental Health Service.

The Mental Hospital Pathological and Biochemical Laboratory was established in 1938, but during the war it undertook the work of the Emergency Hospital as well and was staffed accordingly. Notwithstanding the volume of routine work from the two hospitals, a scheme of research was inaugurated into mental illness, and now that the Laboratory has been released from the work of the Emergency Hospital it is hoped that the research activities will expand. The Laboratory continues to be the Centre for the distribution of penicillin to medical practitioners over a wide area.

To combat the possibility of hostile air attack, the hospital's well-organised fire brigade worked in close association with the National Fire Service. A voluntary fire watching system was in operation long before it became obligatory and the hospital appointed its own Wardens and First-Aid parties from amongst the staff; also trained stretcher parties of men patients.

The Visiting Committee wish to record their appreciation of the manner in which all the staff undertook air-raid precaution duties during the war. It was not uncommon for nurses after a long day's duty, made more onerous by depletion of staff, to be summoned to undertake a whole night of air raid precaution duties, and to report for ward duty on the following day without complaint. This spirit of co-operation and understanding made the anxieties and the problems of the administration much less than would otherwise have been the case.

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Having regard to the possibility of incidents from incendiary bombs containing phosphorus and the appalling results such would have on this large community, the Medical Superintendent and the Pharmacist experimented to produce an antidote to burning phosphorus adhering to the skin which had not the disadvantages of the remedies officially recommended. An antidote was produced which was reported on by experts at the appropriate Government Experimental Station as being superior to existing remedies and was made available for trial by Armies in the field. At the request of the Authorities details of this substance were communicated to hospitals in this area.

During the war, apart from the particularly anxious period in the autumn of 1940, the recreation and social facilities for the patients were maintained. A dietary was, and is being provided as varied as possible with the prevailing food situation.

After Services of Thanksgiving had been held in the Hospital Chapel, special attractions by way of illuminations, special teas and dances were arranged for the patients in celebration of V.E. and V.J. Days.

The principal works undertaken in 1945 or in hand and the estimated cost are :—

- (i) Alterations to the well house, overhaul of the equipment at the Pumping station, and other works to improve the water supply (£2,203).
- (ii) Re-conditioning of Diesel Engines (£2,473).
- (iii) Re-tubing of storage and heating-calorifiers (£390).
- (iv) Alterations to old Water Mains around Main Building and clearing out of Water Tanks (£439).
- (v) Renovation and re-decoration of Hurstwood Park Hospital, the Sanatorium, and Male Ward 5, following release from E.M.S. purposes (£1,694).
- (vi) Provision of Gas and Gas Cookers in the Farm House and two Farm Cottages, and improving the domestic hot water system and fireplaces in these cottages (£162).

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The Committee have expressed to the Corporation Waterworks Engineer and his staff appreciation of their services in modernising the water supply at the hospital.

The Committee are pleased to record the successful operation of the farm and garden under the immediate supervision of Mr. Potheary, the farm bailiff, and Mr. Colbran, head gardener.

With the assistance of German prisoners of war, work is proceeding with the reclamation of about eight acres of woodland, felled by the Timber Control Board in 1943.

The Haywards Heath Golf Club kindly allowed the hospital to cut and take for hay the grass from the golf course covering about 30 acres. Approximately 20 tons of hay were made, and as a gesture the Committee contributed £20 to the Club Funds.

The numbers of patients on the books on the 31st December, 1945, and on the corresponding date of the previous year were as follows :—

	1945	1944
Males	315	323
Females	536	529
	851	852

The figure of 851 includes 132 voluntary patients and comprises the following :—

	Males	Females	Total.
From County Borough of Brighton ...	217	364	581
From County Borough of Eastbourne ...	47	93	140
Out-County	15	23	38
Private	11	48	59
Service	23	—	23
Ex-Service	1	—	1
Service awaiting classification	1	—	1
Netherne Mental Hospital	—	8	8
	315	536	851

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As was to be expected it became necessary with rising costs to revise the weekly maintenance rate for Brighton rate-aided patients, and the figure was increased from 39s 8d. to 43s. 2d. on the 1st August, 1945. Similarly, the lowest rate for private patients had to be increased from £2 2s. 0d. to £2 5s. 6d. per week as from the 1st September.

Members of the Visiting Committee have regularly visited the patients and inspected the hospital premises at their monthly meetings.

The Commissioners of the Board of Control paid their statutory visit to the Hospital on the 6th April, 1945, and left a favourable report upon which the Medical Superintendent has been congratulated.

A deputation from the Visiting Sub-Committee of Eastbourne Public Assistance Committee visited their patients on 11th July and 12th December, 1945, and have expressed satisfaction with the care and comfort provided.

Dr. Forrester, of the Ministry of Pensions, visited Service patients on the 26th September, 1945, and left a very satisfactory report.

From time to time applications are received from other Authorities for the accommodation of chronic patients, and there are still a number of mental defectives in the hospital who should be removed to an Institution providing for that type of case. The Committee are opposed in principle to accepting chronic cases from outside Authorities or the aged or mental defectives from any Authority including Brighton, and the Social Welfare and Mental Deficiency Acts Committees have been so informed.

The Committee have generally followed the recommendations adopted by the Council for their Officers, and in particular those relating to sickness payments, the re-instatement, rehabilitation and re-settlement of Officers discharged from war service and an extension of the wage for age principle in the Grading Scheme for returning Officers.

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By reason of the need for the early return to duty of their employees on war service, the Committee have followed the Council's decision not to grant permission to volunteer for further service in H.M. Forces beyond the date an employee can be released or to supplement war service pay after that date.

On their retirement, the Committee have recorded their appreciation of the services rendered to the hospital by Miss A. Elstob, Home Sister, and by Mr. S. F. Glassington who occupied the position of Visiting Dental Surgeon. Mr. Bernard Cahill, L.D.S., has been appointed as Mr. Glassington's successor.

The Scheme promulgated by the Joint Conciliation Committee of the Mental Hospitals Association and the Institute of Hospital Administrators of Salaries and Conditions of Service of Administrative and Clerical Staffs in Mental Hospitals has been adopted and applied to the Officers concerned.

As respects the male and female Domestic Staff the scales of wages recommended by the appropriate Joint Conciliation Committees have been adopted.

The wages paid to the Farm and Laundry Staff have been increased to conform with those respectively fixed by the Agricultural Wages Board and the Laundry Trade Board.

Adjustments have from time to time been made in the wages of the Building Staff in accordance with the revised Rates of the National Joint Council for the Building Industry. J.I.C. war wage increases as approved by the Corporation for their employees have been applied to staff for whom there is no recognised local Trade Union Rate.

The Committee are conscious of the need to bring the hospital buildings up to modern standards and have viewed the lay-out of more recently constructed Institutions.

The Committee have formed the opinion that to embark on widespread modernisation of the present buildings would be uneconomical and is in favour of

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the construction of new buildings, preferably of the villa type. Although it is realised that works of this nature could not be undertaken for some time the possibility is being explored of securing a site for the new buildings.

There is, however, a pressing need for certain temporary constructional works in advance of the main programme. It is imperative that the Occupational Therapy Department should have better accommodation and that provision be made for an annexe to the Nurses Home, accommodation for Domestic Staff, Staff Cafeteria, recreational rooms, etc. Provision has been made for these requirements in the programme of Capital Works for the period 1946/49.

The return of married staff from the Forces coupled with the increase in the nursing establishment brought about by the adoption of the Rushcliffe Recommendations, will require the provision of at least 14 additional staff houses on the Estate. This matter has been taken up with the Board of Control and the Cuckfield Urban District Council (as the local housing Authority) and will, together with other matters mentioned above, in due course form the subject of special report to the Council. In the meantime, returning married nursing staff unable to find housing accommodation are being allowed to reside in the Hospital and charged for board only.

It will be within the Council's knowledge that they recently approved a proposal to purchase a suitable residence in the vicinity of the hospital when an opportunity occurs for the accommodation of an Assistant Medical Officer.

The Committee would wish to record their gratitude to the Medical Superintendent, the Clerk and Steward and the medical and general staff of the Hospital for their devotion to duty during the recent emergency, and the competent administration of the Hospital by which the excellent standard of efficiency which has

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come to be associated with the Council's Mental Hospital service has been preserved. It is noteworthy that during the period of stress now happily passed, the well-being and morale of the patients was consistently maintained at a very high level.

On behalf of the Committee,

HERBERT HONE,
Chairman.

2nd February, 1946.

(Year 1945)

THE MEDICAL SUPERINTENDENT'S REPORT.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit to you my Eighth Annual Report as Medical Superintendent, this being the Forty-second Annual Report of the Medical Superintendent of the Brighton County Borough Mental Hospital and the Eighty-seventh Annual Report of the Medical Superintendent since the Hospital was opened in 1859 by the Justices of East and West Sussex.

The Hospital is at the moment in a state of transition between war-time and peace-time use and is suffering from all the associated inconveniences and disabilities. Hurstwood Park Hospital ceased to function as an Emergency Neuro-surgical Unit on the 14th August, 1945, *i.e.*, on the day preceding the end of hostilities against Japan. It had opened on the 2nd September, 1939, *i.e.*, one day before the opening of hostilities against Germany.

There is no need to make reference again to the inconvenience caused by the deviation of such important accommodation to uses other than that for which it was planned and built. In spite of this and of staffing problems the Mental Hospital has managed to keep abreast of all modern developments in the treatment of nervous and mental illness but there is no doubt that fewer patients availed themselves of this treatment than would have been the case if the hospital had had the use of Hurstwood Park Hospital. It was not surprising that the Voluntary patient admission rate dropped from 64 per cent. in 1939 to 34.4 per cent. in 1941. There has been an increase since then, being 51.8 per cent. in 1944 and 51.5 per cent. in 1945 but it would appear that no further improvement is likely until Hurstwood Park Hospital is open.

For unavoidable reasons the reconversion of Hurstwood Park has taken longer than one would have wished but when opened it will provide facilities for investigation and treatment not previously available since it will incorporate the benefits of war-time experience

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and will include equipment made available by the departure of the Emergency Medical Service Unit. The opportunity is being taken to remove the Laboratory to a more suitable site—its proximity to the Operating Theatre is unwise; furthermore the present laboratory accommodation is quite inadequate for the routine work of the Hospital and for research. Apart from the direct benefit to the patients of such research it confers indirect benefits on the patients in the way of inculcating a progressive spirit among the staff and bringing distinction to the hospital as an institution. It may have a part to play in any scheme for the establishment of a University College and Associated Medical School in Brighton.

Physical
Methods of
Treatment.

Dr. J. F. Donovan was appointed to succeed Dr. Joan Fitzherbert who left the service of the hospital on 30/5/45 and he assumed control of the Insulin shock Department. Twenty-nine patients were treated during the year with the following results: 4 were discharged recovered; 10 were improved; 14 showed no improvement; 1 died.

During the year electro-convulsion treatment was carried out on 35 patients—13 females and 22 males. Ninety treatments were given to 13 female cases; 9 were discharged recovered; 2 sufficiently to be discharged; 1 improved but still in hospital; 1 showed no improvement.

Two hundred and ninety-six treatments were given to 22 male cases; 3 were discharged recovered; 5 sufficiently to be discharged; 8 improved but still in hospital; 6 showed no improvement. Some injury to the vertebra was discovered in two of the cases by X-ray examination and one case sustained an adduction fracture of the hip.

Towards the end of the year Dr. Donovan introduced the use of curare. This drug temporarily reduces the power of the muscle to contract violently and therefore reduces the liability to fracture. The results are promising but it is early yet to report progress. Patients are now able to come to the hospital for electro-convulsion treatment as out-patients.

Prolonged narcosis and narco-analysis are also used in suitable cases and are frequently a valuable help as a preliminary to psychological treatment.

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Only two cases had the operation of pre-frontal leucotomy. More patients would have had this treatment but for the impossibility of using the theatre during the reconversion.

In the treatment of epilepsy, epanutin continues to be of the greatest value in major epilepsy both in the hospital and in the out-patient department. It had been hoped that glutamic acid would be of assistance in the treatment of minor epilepsy which up to the present had been singularly resistant to treatment. The cost of the drug makes a large scale trial prohibitive and the results obtained so far in one case do not warrant such a trial.

No cases of neuro-syphilis who were suitable for malarial treatment were admitted but two cases of general paralysis were admitted in extremis and massive doses of penicillin were used without avail. One case of meningo-vascular syphilis died of dissecting aneurysm due to aortic atheroma whilst having penicillin treatment.

The usual psychological treatments are carried out by the medical staff of the hospital. The weekly visits by a psychiatrist to give individual attention to certain selected cases have been allowed to lapse pending a new arrangement on the opening of Hurstwood Park Hospital.

Psychological
Treatment.

The visits of the Council's Educational Psychologist for intelligence testing were resumed by Miss E. M. Hall who succeeded Miss Kent in Brighton. I would again express my thanks to the Governors of the Brighton Training College and to the Principal of the Brighton Training College for granting this facility. This work is capable of much expansion.

I submit the following brief report of the Psychiatric Social Worker on her work for the year 1945.

Other
Treatment
Methods.

"The Psychiatric Social Worker has interviewed in their homes or at the hospital the relatives of 102 patients on their admission to hospital, mainly for the purpose of obtaining a detailed history of the patient's case.

She has visited the wards and seen patients who for any reason were anxious about their home circumstances, calling at the homes or writing to friends or relatives with whom patients had lost touch. She

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has found employment for seven patients, of whom two had been in the hospital for more than ten years, and kept in touch with them and their employers. She has arranged accommodation for three patients discharged from hospital other than those discharged to homes of the Mental After Care Association.

She has addressed various groups in Brighton such as the Parents Association of an elementary school, Townswomen's Guild, Queen's Nurses and Red Cross Detachment."

Adequate liaison between the hospital and the relatives of the patients can be maintained only by the activities of a trained Psychiatric Social Worker and in addition her work is of importance in the rehabilitation of patients after discharge. In addition to her work in the Mental Hospital Miss Wright is also the Psychiatric Social Worker to the Brighton Education Child Guidance Clinic—the annual report of the Child Guidance Clinic, largely compiled by the Psychiatric Social Worker, is submitted as an appendix to this report.

I take this opportunity of again expressing my appreciation for the continued help from the Social Welfare Department in social measures directed to the patients welfare.

Occupational
and
Recreational

The death of Mr. G. Nash of the English Folk Dancing Society has brought to an end, at least temporarily, the folk dancing classes although it was possible to continue these for a time through the kindness of Miss D. H. Dennis. It is hoped to replace these by a series of musical evenings.

Mr. A. Shaw and Miss D. Hunter continue occupational classes on the Male and Female sides respectively. Ward 9 on the Male side has been adopted temporarily as an Occupational Department. This arrangement will continue until the Occupational Department envisaged by the Visiting Committee in their scheme of modernisation has been opened.

In spite of the departure of Mr. J. Barnett, the Chief Male Nurse continues to arrange the outdoor occupations of male patients and this with the work of the female patients in the Laundry, Kitchen, etc., are of value to the institution apart from providing the patients with helpful occupations.

(Year 1945)

The help of the Red Cross and St. John's Hospital Library Organisation continues to be of the greatest value to the hospital. The importance of this work is not yet sufficiently recognised generally. Mr. Packham, the Chief Male Nurse, is Librarian for the Main Building and books are not only supplied to the wards but many patients visit the library and make their choice centrally. It is hoped that more female patients will avail themselves of this amenity than in the past. Miss J. Cobb who was Librarian at Hurstwood Park when it was an E.M.S. Unit has kindly consented to continue the work there on the re-opening of Hurstwood Park Hospital. I am indebted to Mrs. D. Chappé-Hall of Horsham for her very great interest in the hospital in this matter.

During the year the investigations on epilepsy Research. mentioned in the last Annual Report continued. The work was impeded by the amount of routine work which had to be undertaken by the Laboratory in view of the outbreaks of dysentery and typhoid and also by the inconvenience of doing bacteriological and biochemical work in the same laboratory. The latter inconvenience will be overcome by the removal of the Laboratory from its present unsatisfactory situation to the Military Registrar's Hut where separate rooms can be set aside for this work.

Under the title "First Aid Treatment of Phosphorus Papers Burns" a paper was published in the British Medical Published. Journal on September 8th, 1945, by Mr. E. Fecitt, the Hospital Pharmacist and myself.

Apart from 32 cases of Flexner dysentery occurring General Health of Patients. on the Male side and 4 cases on the Female side during the year and a small outbreak of typhoid fever in November and December on the Female side, the general health of the patients has, on the whole, been well maintained. During these latter two months four cases of typhoid were diagnosed and one of these died of perforation of the intestine. Another woman died of pneumonia and on post mortem examination signs strongly suggestive of typhoid infection were found in her intestine. A most exhaustive search was carried out for a possible carrier and examinations of the blood of all patients on the Female side were made. Those showing suspicious agglutination were isolated and every possible step was taken within the limits of the isolation facilities then available to prevent further cases.

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Inoculation was offered to the staff but few availed themselves of this. The occurrence of a further case during the New Year forced me to the conclusion that however rigid our precautions an occasional carrier might slip through the net and it was thereupon decided to inoculate every patient in the building and this has now been completed and the staff have again been offered inoculation. Full reports of our investigations to find a carrier were submitted to the Board of Control and to the local Medical Officer of Health, Dr. W. B. Stott, whose co-operation in this matter has been most helpful.

I hesitated for a long time to inflict on patients the discomfort of inoculation but was forced to the conclusion that one would be unjustified to hesitate longer in an institution of this sort. The vaccine used was the alcohol treated T.A.B. vaccine recommended by Dr. A. Felix of the Enteric Reference Laboratory directed by the Medical Research Council. The six-weekly routine examination of the water instituted by me some years ago continues and the hospital water supply was chlorinated throughout the year. For some years it has been the practice to carry out the Widal test on every patient on admission.

Air Raid. Precautions. The end of the European war rendered these unnecessary and I take this opportunity of expressing my gratitude to all the staff for the way in which they co-operated in this matter.

End of Hostilities. On V.E. day, May 8th, a service of Thanksgiving was held in the Church. The Hospital grounds and main water tower were illuminated by means of lights loaned by the Brighton Electricity Undertaking. A party was held for the patients in the Entertainment Hall and a party was arranged by the Hospital Sports Club for the children of the staff in the Medical Superintendent's garden. A service of Thanksgiving was held on 19th August on the termination of the war in Asia.

Works. Works, viz. :—Alterations to and overhaul of the Pumping Plant.

Drilling a new Borehole in the same Well.

Alterations to old Water Mains around the Main Building.

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Cleaning out, scraping and painting the Supply Tanks in the Water Towers.

Reconditioning the Diesel Engines in the Power Station.

Re-tubing of Storage and Heating Calorifiers.

Provision of an electric hot cupboard and hot plate in the Scullery of the Male Dining Hall.

Alterations to Rayrads in Female Ward 6.

Modernising Urinals in Male General Bathroom.

Redecoration of Male Ward 5 (Infirmary).

A light Trailer Pump was purchased from the National Fire Service.

In connection with the post-war building schemes members of the Visiting Committee visited the East Sussex Mental Hospital, Hellingly, and West Park L.C.C. Hospital, Epsom, on the 26th and 28th September respectively, by the kind permission of the Visiting Committees of these hospitals.

Dr. Joan Fitzherbert left the service of the Hospital on the 30th May, 1945, and Dr. J. F. Donovan took up duty on the 2nd June, 1945. Staff Changes.

Miss E. M. Hall replaced Miss Kent as Educational Psychologist in July, 1945.

Mr. B. Cahill replaced Mr. S. F. Glassington as Visiting Dental Surgeon on 1st October, 1945.

Miss M. Lade replaced Miss B. Waterhouse as Medical Superintendent's Clerk on 12th March, 1945. Miss M. Durrant replaced Miss M. Lade on 26th November, 1945.

The following members of the staff retired on pension :

Mr. F. Ellsey on 14th June, 1945, after 24 years service. (Garden Labourer).

Mr. J. Barnett on 9th July, 1945, after 25 years service. (Junior Head Male Nurse).

Mr. F. Carter on 20th July, 1945, after 25 years service. (Male Nurse and Canteen Assistant).

Mrs. A. Elstob on 26th September, 1945, after 34 years service. (Home Sister).

Miss F. Turner on 28th September, 1945, after 20 years service. (Staff Nurse).

Rules for the Management of the Hospital were prepared and submitted to the Board of Control on 7th June, 1945, and are receiving consideration. Hospital Rules.

Examination Results. The following Nurses passed the Final Examination in Mental Nursing of the Royal Medico-Psychological Association: Misses E. Duffy, E. Hanafin, J. Egan, M. O'Gara, D. Bourner, Mrs. P. Gee, Mrs. M. Walker and Mr. J. Butterworth.

Miss M. Harding and Mr. C. Parkin passed the State Final Examination in Mental Nursing.

Misses B. Carkill, N. Towers, M. Jordan passed the Preliminary Examination of the Royal Medico-Psychological Association.

Staff Returned from H.M. Forces. At the 31st December, 1945, the following staff had returned from H.M. Forces:—

Nursing staff.—C. Cummings, J. Elsey, C. Groves, C. Gough, D. Marshfield, S. Middleton, S. Simm, N. Stringfellow.

Clerical Staff.—J. Burgener.

Artizan and Garden staff.—R. Betts, G. Cave, A. G. Dunn.

Staff still serving with H.M. Forces. At the 31st December, 1945, the following staff were serving with H.M. Forces.—

Nursing staff.—H. Barnett, F. Beech, G. Bellchambers, J. Burden, J. Butterworth, A. W. Campbell, N. Camplin, V. Christie, W. Jenkins, C. McDermott, J. McLardy, C. H. Middleton, S. Moore, W. Sparks, N. Smith, G. Stanton, J. Turner, P. W. Whitehouse, A. E. Wileman, A. W. Wise, D. J. Wood.

Clerical Staff.—G. Clements, Jean Dillow, R. F. Hughes, W. Margetts, J. Martin.

Artizan and Garden Staff.—G. Awcock, R. Cook, H. Covenay, L. Cragg, E. Denman, G. Dyer, V. Drake, A. Howard, S. Rhodes, A. Stevens, J. Wise.

Visits. Dr. R. G. Anderson and Mr. N. C. Croft Cohen, Commissioners of the Board of Control, visited the hospital on 6th April, 1945.

Commander Tennyson visited the Service patients on 26th February, 1945.

The Eastbourne Visiting Committee visited the Eastbourne patients on the 11th July, 1945, and the 12th December, 1945.

Dr. A. W. Forrester of the Ministry of Pensions visited the hospital on 26th September, 1945.

Dr. G. M. Culverwell, Home Office, visited the hospital on 25th April, 1945, and 25th October, 1945.

Direct Admissions for 1945 :—

	M. Percentage		F. Percentage		Total. Percentage		Admissions.
Voluntary ...	31	50.0%	70	52.2%	101	51.5%	
Temporary ...	3	4.8%	13	9.7%	16	8.2%	
Certified ...	28	45.2%	51	38.1%	79	40.3%	
Total ...	62		134		196		

	M. Percentage of above		F. Percentage of above		Total Percentage of above.		Discharges.
Recovered ...	19	30.6%	45	33.6%	64	32.7%	
Relieved ...	25	40.3%	29	21.6%	54	27.6%	
Not Improved	4	6.4%	8	6. %	12	6.1 %	

Transfers to other Institutions :—

Males.	Females.	Total.
13	5	18

Deaths among the patients numbered 63, *i.e.*, 7.4% Deaths. deaths of the average daily number resident. 82.5% of these deaths occurred in persons over 60 years of age.

The average daily number on the Registers during the year was 321 Males and 530 Females, making a total of 851. Number of Patients.

The number of patients in the Hospital on the 31st December, 1945, was :—

	Voluntary.	Temporary.	Certified.	Total
Males ...	48	3	264	315
Females ...	84	2	450	536

which compares with 1944 as follows :—

	Voluntary.	Temporary.	Certified.	Total.
Males ...	6 less	2 more	4 less	8 less
Females ...	12 more	1 more	6 less	7 more

Municipal Hospital.—The clinic was held weekly, Clinics. 145 new cases were seen, 62 males and 83 females, and there were 362 attendances during the year. The new cases seen were of the following types :—Anxiety state 19, anxiety over pregnancy 1, hysteria 5, functional pain 1, visceral neurosis 2, obsessional 2, menopausal

instability 2, mania 2, melancholia 21, reactive depression 3, post influenza depression 1, manic depressive 3, hypochondriasis 2, behaviour problems 7, marriage guidance cases 3, schizophrenia 3, paranoid state 3, chlorodyne addict 1, epilepsy 15, mental defective 5, psychopath 4, alcoholic state 1, confusional state 2, puerperal confusion 1, asthma 2, tic 3, cerebral tumour 2, chorea 2, myxoedema 1, hemichorea 1, post concussional state 4, traumatic dementia 1, exophthalmic goitre 1, sciatica 1, cerebral arteriopathy 1, vascular hypertension 2, disseminate sclerosis 1, pyrexia of unknown origin 1, malingering 1, unclassified 12.

Child Guidance Clinic.—See appendix.

Hurstwood
Park
Hospital.

Hurstwood Park Hospital was a neuro-surgical hospital from the 2nd September, 1939, to 14th August, 1945. The Medical Superintendent was responsible for the administration, the Matron being in charge of the nursing staff and the Clerk and Steward in charge of maintenance and supply.

Mr. Julian Taylor, F.R.C.S.—later succeeded by Mr. Harvey Jackson, F.R.C.S.—controlled and directed the clinical activities of this Unit and, with the help of surgeons and physicians transferred from London hospitals, they made Hurstwood Park the principal unit for surgery of brain and spinal conditions in the southern area. Of the 4,860 patients admitted 2,489 were Service patients from almost every theatre of war, 179 were air-raid casualties and 2,192 were civilians for whom brain and spinal investigation or operation could not be provided in London owing to evacuation.

Hurstwood Park Hospital was equipped accordingly but much improvisation was required to adapt it for purposes for which it was not designed. The Committee have decided that much of this will be of great value in the post war years.

Acknow-
ledgments.

It is a pleasure to record the ready co-operation of all Corporation Departments when assistance is sought but particular reference may be made this year to the Waterworks Department by whose help a serious breakdown at the Wellhouse was prevented.

(Year 1945)

I again acknowledge the support and co-operation of my Medical Colleagues, the Clerk and Steward and his assistants, and the heads of the Nursing and other Departments.

I am grateful for the support and kindness of the Chairman—Mr. Alderman H. Hone—and all the members of the Visiting Committee and also for their advice and direction in plans for the development of the hospital and for the provision of all modern amenities.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

W. McCARTAN,

Medical Superintendent.

20th May, 1946.

Appendix to Medical Superintendent's Report.

January, 1946.

BRIGHTON CHILD GUIDANCE CLINIC.

Fourth report to the Children's Care Sub-Committee of the Brighton Education Committee.

Staff :—

Psychiatrist in Charge	...	...	W. McCartan.
Psychotherapist	...	...	E. Huband.
Educational Psychologist	...	...	E. M. Hall.
Psychiatric Social Worker	...	...	M. Wright.

Sessions held at the School Clinic, Sussex Street, Brighton, on Thursdays, at 10 a.m. and on Fridays at 9.30 a.m. Children seen only by appointment arranged by the School Medical Officer of Brighton or the Psychiatric Social Worker.

Mr. Chairman, Ladies and Gentlemen,

During the year 1945, 128 new cases were registered for attendance at the Clinic. Of these 117 were seen by the Psychiatrist and 82 by the Educational Psychologist.

These were distributed as follows :—

Age Groups of Children referred.

—5	...	...	...	...	...	11
5—8	...	...	...	...	...	36
9—11	...	...	...	...	...	27
12—14	...	...	...	...	...	25
14—	...	...	...	...	...	18
Total ...						117

Schools from which Children were referred.

Elementary	...	...	...	...	79
Secondary and Intermediate	...	...	...	...	14
Private	...	...	...	...	4
Nursery	...	...	...	...	4
Non-school age	...	...	...	...	16
Total					117

(Year 1945)

Sources of Referral.

Education Committee	...	...	6
Head Teachers	...	...	29
School Medical Officer	...	...	22
Courts and Probation Officers	...	...	29
Parents	...	...	7
Hospitals	...	...	10
West Sussex School M.O.	...	...	7
Dr. Barnardo's Homes	...	...	5
Brighton Social Welfare Committee			1
Brighton Juvenile Employment Bureau			1
Total			117

The reasons for referral were as follows :—

Nervous Disorders.

Fears	...	...	...	...	8
Seclusiveness	...	...	...	...	2
Depression	...	...	...	...	3
Excitability	...	...	...	...	4
Apathy	...	...	...	...	1
Obsessions	...	...	...	...	3

Habit Disorders, and Physical Symptoms.

Speech Disorders	...	...	...	1
Sleep Disorders	...	...	...	2
Movement Disorders	...	...	...	3
Feeding Disorders	...	...	...	1
Excretory Disorders	...	...	...	12
Fits	...	...	...	1

Behaviour Disorders.

Unmanageable	...	...	...	18
Temper	...	...	...	2
Aggressiveness	...	...	...	7
Jealous Behaviour	...	...	...	2
Demanding Attention	...	...	...	1
Stealing	...	...	...	26
Lying	...	...	...	2
Truancy	...	...	...	8
Sex Difficulty	...	...	...	10

Educational and Vocational Difficulties.

Backward	...	...	...	18
Inability to keep jobs	...	...	...	1
Examination for foster home placement				1

N.B.—Some cases were referred for more than one symptom.

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Twenty-eight children were referred for treatment by the Psycho-therapist who reports as follows :—

“ Of a total of twenty-eight cases treated during the year twelve have been closed and sixteen are still open.

Of the twelve closed cases, five had to be closed because the parents were unco-operative in bringing the children for treatment and seven were improved.

Treatment has varied from 4—5 interviews in cases where some slight readjustment only was necessary, to regular weekly attendance over the whole year. The majority of the cases fell between these two streams and the full year's attendance has been necessary only in the case of two very acutely disturbed children, both of whom have very much improved. One child in particular, who on account of her inability to learn anything at school was thought on referral to be mentally defective, is now showing herself to be in fact unusually gifted.”

Apart from cases referred by the Juvenile Court for whom Approved Schools were suggested there were 14 cases where it seemed that the child would have benefited by removal from home. In five cases the home circumstances were so unsatisfactory that removal for a long period seemed necessary. Two have been admitted to permanent institutions and application has been made for the re-admission of a third to a residential school. Eight others would probably have benefited by a short period in a home for maladjusted children. It was hoped that a few places in the Thornchase Hostel, Merrow, Guildford, under the Surrey County Council would be available for Brighton children. It was discouraging that two applications for admission to the Thornchase Hostel this year were unsuccessful.

Nine children examined by the Educational Psychologist were found to be mentally defective and the parents or teachers were advised to seek the appropriate special education or institution treatment.

A large number of children who were backward in school were judged to be in need of special remedial teaching. Unfortunately the Clinic is not able to provide this at present. The matter has been discussed

with the Educational Psychologist loaned by the Municipal Training College who feels that the amount of time that she could devote to it would be quite inadequate having regard to her main duties at the Training College. It is relevant to point out that both the neighbouring local authorities have full time Educational Psychologists who, besides attending the Child Guidance Clinic, deal with the children in the schools who present educational problems. This matter has been commented on more fully in a memorandum to be submitted to the Children's Care Sub-Committee.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

W. McCARTAN,

Psychiatrist.

(Year 1945)

REPORT OF COMMISSIONERS OF THE
BOARD OF CONTROL.

BRIGHTON MENTAL HOSPITAL,
HAYWARDS HEATH.

6th April, 1945.

To-day there are 858 patients in residence, 324 men and 534 women, of whom 56 men and 85 women are here on a voluntary basis, while 2 women are temporary patients.

During 1944, there were 166 direct admissions, 63 men and 103 women, 98 of these cases have come to the hospital straight from home ; the admissions under the Mental Treatment Act numbered 98, a proportion which is very satisfactory.

In the same year 43 men and 67 women left the hospital, and 15 men and 17 women were allowed out on leave or trial.

We received no complaints during our tour of the wards, and not many patients asked to be discharged. In prevailing conditions the number of patients occupied or employed are reasonably good, and we are glad to see 3 female patients work in the garden or on the farm. When circumstances permit however we hope that occupation therapy will be greatly increased and developed and that it will be found possible to provide proper occupation centres.

Since the last visit some improvements have been made in the patients dietary, and now a second course is served at dinner every day. Last year complaints were made that some meals were served on the same days in each week, and this year, although no complaints were made to us, it seems, from the Diet Lists for two consecutive weeks which have been supplied to us, that the position has not changed materially. It should not be difficult to make the necessary alterations and we hope that something will be done.

(Year 1945)

The wards are clean and well kept, and they are comfortable and cheerful. Some redecorations have been completed and Male Ward 5, now released by the E.M.S. Authorities is at present being decorated before it is taken into use.

At the laundry the older calender, which was potentially dangerous has been replaced by a more modern machine which it was possible to purchase second-hand.

The nursing staffs, slightly smaller than at the time of the visit paid last year, are as follows :—

			Male.	Female.
Total number of nurses	...	...	51	66
On duty at night	...	...	8	10
Certificated or registered as mental				
Nurses	...	...	43	47
Passed preliminary examination only			3	9

The mortality rate for the year ended 31st December, 1944, was 5.9 per cent. During 1944 there were 50 deaths (14 males and 36 females) ; post mortem examinations were held on 12 of these cases. Diseases of the circulatory system accounted for 52 per cent. of the deaths. There was one death from dysentery and one from tuberculosis. No other case calls for any comment, and no inquest was held.

Since the last visit 14 patients have sustained fractures all of these injuries have been accidentally sustained. It is interesting to note that since the practice of maintaining highly polished floors has been given up in recent months, there has only been one casualty since January of this year, and even that was due to an accidental fall on the stairs.

During the period under review there have been 59 cases of dysentery, 52 males and 7 females, of these 21 males and 3 females were found to have been infected by bacillus Flexner Z, no organism having been isolated in the remaining cases.

These figures do not agree with those returned to our Board, but the discrepancy is due, we are satisfied to clerical errors.

(Year 1945)

In the laundry the fouled and infected bedding is dealt with by means of boiling in tanks. While this no doubt is quite efficacious from the point of view of sterilising the blankets, it is bound to have a very deleterious effect on the fabric and it is to be hoped that it will not be long before conditions permit the installation of a steam steriliser.

At the time of our visit there were 83 patients in bed (37 males and 46 females), just under 10 per cent. of those in residence. All of these patients appeared to us to be receiving good care and attention at the hands of the medical and nursing staff.

Treatment by insulin shock and electric convulsions is being carried out, and the operation of pre-frontal leucotomy has been performed on a few selected cases. The best results in the case of electric convulsion therapy are found among those suffering from depression.

Recently a visiting psychotherapist, Dr. Elizabeth Huband, and a visiting educational psychologist, Miss W. Hall, have been appointed. Dr. Huband attends the hospital each week, and Miss Hall visits whenever her services are required.

Dr. McCartan still has Dr. Guppy as his deputy, while Dr. Milson and Dr. Joan Fitzherbert are temporarily members of the medical staff.

(Signed) N. C. CROFT-COHEN,

(Signed) R. G. ANDERSON,

Commissioners of the Board of Control.

(Year 1945)

GENERAL TABLE, showing the movement of the Mental Hospital population, with the Recovery and Death Rates, during each year since 1903, together with a Summary of the years 1859 to 1902.

[illegible]

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

ACCOUNTS

for the Year ended 31st March, 1944.

Maintenance Account

EXPENDITURE.

	£	s.	d.	£	s.	d.	£	s.	d.
SALARIES AND WAGES—									
Salaries and Wages (exclusive of sums paid for labour appearing in the Farm and Garden Account or comprised in the Building and Repairs Fund Account):									
Medical Staff	4429	3	7						
Nursing Staff	25596	1	9						
Other Staff	13985	9	9						
Superannuation Allowances and Contributions returned under the Asylums Officers' Superannuation Act, 1909	5824	10	6						
				49835	5	7			
PROVISIONS (including Farm and Garden Supplies) for Patients and Staff				14688	16	3			
CLOTHING—									
For Staff	452	0	11						
For Patients	1858	17	6						
DRUGS AND MEDICAL AND SURGICAL APPLIANCES	245	8	3						
FUEL, LIGHT, WATER AND LAUNDRY	10461	3	0						
DOMESTIC RENEWALS, REPAIRS AND ADDITIONS (FURNITURE, ETC.) ...	1901	12	0						
AMBULANCE AND OTHER TRANSPORT	435	10	7						
FUNERAL AND REMOVAL EXPENSES	134	10	1						
RATES AND INSURANCES	3060	9	11						
MISCELLANEOUS EXPENSES—									
Freight and Carriage	32	7	4						
Stationery and Printing	621	4	11						
Periodicals and Newspapers ...	150	16	10						
Incidental Expenses	181	1	8						
Allowances to Service Patients ...	137	16	0						
Allowances to Patients "On Trial," etc.	472	0	6						
Postages and Telephones	582	0	10						
Patients' Amusements and Library									
Books	28	1	4						
Tobacco, etc., for Patients	1422	8	10						
Advertising	106	5	5						
Grounds, Greenhouses and Ornamental Gardens	47	16	11						
Bank Charges	393	11	3						
Occupational Therapy	294	7	7						
Air Raid Precautions	63	3	11						
				4533	3	4			
TOTAL EXPENDITURE				87606	17	5			
BUILDING AND REPAIRS FUND—									
Excess Weekly Charge on Out-Borough Patients transferred ...	3853	10	11						
Excess Weekly Charge on Private Patients transferred	2866	2	7						
				6719	13	6			
TOTAL EXPENDITURE AND TRANSFERS							94326	10	11
EXCESS OF INCOME OVER EXPENDITURE CARRIED TO BALANCE SHEET									
							7207	2	3
							£101533	13	2

HOSPITAL. HAYWARDS HEATH.

for the Year ended 31st March, 1944.

INCOME.

	£	s.	d.	£	s.	d.	£	s.	d.
Amount in hand at commencement of year							5455	6	8
MAINTENANCE OF PATIENTS—									
Rate-aided Patients									
County Borough of Brighton ...	56351	15	10						
Other Counties and Boroughs ...	4048	1	8						
Treasurers of other Authorities for Patients received under Contract—									
County Borough of Eastbourne ...	17695	3	6						
Netherne Mental Hospital ...	184	5	4						
PRIVATE PATIENTS—									
Relatives and others for maintenance of Private Patients ...	9490	6	6						
CRIMINAL PATIENTS ...	17	9	5						
OTHER PATIENTS—									
Ministry of Pensions for Service Patients ...	2259	2	9						
Board of Control for Ex-Service Patients ...	104	7	1						
							90150	12	1
FUNERAL AND REMOVAL EXPENSES—									
County Borough of Brighton ...	31	18	11						
Treasurers of other Authorities for Patients received under Contract—									
County Borough of Eastbourne	15	12	3						
Netherne Mental Hospital ...	3	5	0						
							50	16	2
SURPLUS ON FARM AND GARDEN ACCOUNT ...							1356	11	8
SUPERANNUATION, UNDER THE ASYLUMS OFFICERS' SUPERANNUATION ACT, 1909—									
Proportion of Pensions repaid by County Councils and other Mental Hospitals ...							534	2	2
Deductions from Staff for Board, Lodging, etc. ...							2952	7	6
MISCELLANEOUS RECEIPTS—									
Sale of Kitchen Stuff, Old Stores, etc.	142	19	10						
Sundries ...	691	8	0						
Bank Interest ...	59	9	1						
Rent of Farm and Garden (Estimated)	140	0	0						
							1033	16	11
TOTAL INCOME ...							96078	6	6
							£101533	13	2

BRIGHTON COUNTY BOROUGH MENTAL

Buildings and Repairs Fund

EXPENDITURE.	Expenditure on Capital Account.			Expenditure on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
Ordinary Repairs (Materials and Wages)				4315	9	2			
Renewing Windows at Farm House				22	5	3			
Rebuilding Wall of Coal Bunker				42	16	5			
Renewing Urinals in Male Wards ...				766	14	6			
Repairs to Sewage Disposal Plant				59	3	10			
New Mincing Machine				60	0	0			
Repointing Brickwork of Staff Houses				88	19	10			
Interior Decorations of Staff Houses				127	8	9			
Redecorations to Male Ward 8 ...				37	3	4			
Overhaul of Lightning Conductors				17	15	0			
Redecorations to Male Dining Hall									
Scullery				44	17	1			
Repairs to Peerless Mixing Machine				50	15	10			
Redecorations to Female Dining Hall									
Scullery				52	2	5			
Redecorations to Main Kitchen ...				100	7	8			
Erection of Shed for Oil Storage ...				11	14	7			
War Damage Insurance and Contributions				991	18	1			
Emergency Hospital Adaptations ...				197	19	9			
Superannuation Allowances ...				731	7	10			
Tithe Rent Charge				21	16	4			
Insurance, Rates and Taxes ...				1131	3	1			
Due to Treasurer Brighton Corporation				1942	16	10			
				£10814	15	7			
							£10814	15	7

HOSPITAL, HAYWARDS HEATH.

Account for the Year ended 31st March, 1944.

INCOME.	Income on Capital Account.			Income on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
War Damage Insurance and Contributions				991	18	1			
Emergency Hospital Adaptations				197	19	9			
Proportion of Pensions repaid by East Sussex County Council, etc.				23	2	10			
Rents				1486	10	0			
Sundry Sales				51	7	1			
Sale of Timber				1344	4	4			
Transfers from Maintenance Account :—									
Excess weekly charge on Out-Borough Patients				3853	10	11			
Excess Weekly charge on Private Patients				2866	2	7			
 TOTAL INCOME AND TRANSFERS ...				£10814	15	7			
							£10814	15	7

BRIGHTON COUNTY BOROUGH MENTAL

Farm and Garden Account

EXPENDITURE.

	£	s.	d.	£	s.	d.
Value of Stock, 1st April, 1943	7662	12	0			
Labour	3450	17	6			
Seeds	245	8	3			
Artificial Manures	84	1	2			
Live Stock	625	5	0			
Dead Stock	355	0	10			
Provender	1228	10	2			
Charge for Swill, Coal and Coke	187	3	3			
Estimated Rent of Home Farm and Kitchen Garden	150	0	0			
Sundry Expenditure	494	9	1			
Surplus :—						
Farm Account	761	4	11			
Garden Account	595	6	9			
				1356	11	8
				£15839	18	11

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1944.

INCOME.							£	s.	d.	£	s.	d.
Sales :—												
Livestock	...	...	...	...	...	...	575	9	8			
Other Sales...	...	...	...	...	...	...	885	16	1			
										1461	5	9
Supplies to Hospital :—												
Farm	...	...	...	...	...	...	3996	17	1			
Garden	...	...	...	...	...	...	2284	1	4			
										6280	18	5
Sundries	...	...	...	...	...	...				152	13	4
Value of Stock, 31st March, 1944	...	...	...	...	...	...				7945	1	5

£15839 18 11

BRIGHTON COUNTY BOROUGH MENTAL

BALANCE SHEET, AS AT

LIABILITIES.

	£	s.	d.	£	s.	d.
Sundry Creditors				5280	18	0
Private Patients				130	16	11
Cheques drawn but not presented, Treasurer's Account ...	1452	12	0			
do. do. W. & D. Account ...	208	17	4			
				1661	9	4
Due to Borough Treasurer on account of Building and Repairs				2281	7	10
Maintenance Account—Balance at credit thereof				7207	2	3
Emergency Hospital :—						
Maintenance Reserve	16448	19	0			
Building and Repairs Reserve	3806	8	0			
				20255	7	0

 £36817 1 4

R. W. E. BUNN, F.S.A.A., *Borough Treasurer.*

HOSPITAL, HAYWARDS HEATH.

31ST MARCH, 1944

ASSETS.

	£	s.	d.	£	s.	d.
SUNDRY DEBTORS :—						
Brighton County Borough for :—						
Maintenance of Patients, etc.	2375	5	4			
Mental Treatment Act Expenses	226	8	3			
Emergency Hospitals Adaptations	197	19	9			
War Damage Insurance, etc.	126	14	2			
Fire Watching Subsistence Allowances	31	13	0			
Pensions under Lunacy Act, 1890	52	0	0			
Other County or Borough Councils	1143	16	5			
Treasurers of other Authorities for Contract Patients	4700	8	2			
Private Patients	376	19	3			
Ministry of Pensions and Board of Control	595	18	3			
Farm and Garden Sales	53	17	0			
Local Authorities (Proportion of Pensions)	245	4	2			
Stores Sales	27	10	8			
Sundry Sales	85	1	10			
Home Office	17	9	5			
Ministry of Health on account of Emergency Hospital	1358	11	1			
				11614	16	9
Deposits held by :—						
Postmaster General	2	0	0			
Ministry of Health	22	0	0			
Stocks in hand at Cost :—						
Provisions	1226	10	7			
Uniforms	471	5	3			
Clothing	2344	3	10			
Fuel, etc.	1457	9	11			
Domestic Renewals	2429	3	0			
Petrol	5	5	2			
Farm and Garden (as per stocktaker's valuation)	7945	1	5			
				15902	19	2
Cash at Bank :—						
Wages and Disbursements Account	999	5	7			
Treasurer	7139	16	1			
				8139	1	8
Cash in hands of Clerk and Steward :—						
Private Patients' Receipts	341	5	0			
Sundry Receipts	132	17	6			
Cash—Wages and Disbursements Account	650	16	3			
Postage Stamps	35	5	0			
				1160	3	9
				£36817	1	4

W. E. MITCHELL, F.H.A., *Clerk and Steward.*

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

STATEMENT SHOWING THE AVERAGE COST PER
PATIENT PER WEEK ON MAINTENANCE ACCOUNT

DURING THE YEAR ENDED 31ST MARCH, 1944.

ITEMS.						£	s.	d.
Salaries and Wages	...	...	...	...	...	19	7.2	
Superannuation Allowances and Contributions								
Returned	...	...	...	...	...	2	7.1	
Provisions	...	...	...	...	...	6	6.5	
Clothing for Patients	...	...	...	...	...		9.9	
Uniform for Staff	...	...	...	...	...		2.4	
Drugs, Medical and Surgical Appliances	...						1.3	
Fuel, Generating Electricity, Cleaning Materials								
and Laundry Expenditure	...	...	...			4	7.9	
Furniture, Bedding, Linen, Crockery, Hardware							10.2	
and Handicrafts	...	...	...	...	...			
Transport and Travelling Expenses	...	...					2.3	
Rates and Taxes, etc.	...	...	...	...	...	1	4.4	
Other Expenditure :—								
Stationery, Printing and Postages	...	...					6.4	
Newspapers, etc., and Amusements	...	...					1.0	
Tobacco, etc.	...	...	...	...	...		7.6	
Air Raid Precautions	...	...	...	...	...		0.3	
Incidentals	...	...	...	...	...		5.8	
							1	9.1
							1	18 8.3
Less Sundry Receipts :—								
Deductions from Staff for Board, Lodging and								
Washing	...	...	...	...	...	1	3.8	
Sundry Sales and other receipts	...	...					8.4	
" Excess " on Private Patients retained in								
Maintenance Account	...	...	...	...	...		8.7	
Credit Farm and Garden Profit	...	...	...				7.2	
							3	4.1
Net average cost per patient per week							1	15 4.2

Average daily number of Patients in Hospital=859

W. E. MITCHELL,

Clerk and Steward.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

ACCOUNTS

for the Year ended 31st March, 1945,

Maintenance Account

EXPENDITURE.

	£	s.	d.	£	s.	d.	£	s.	d.
SALARIES AND WAGES—									
Salaries and Wages (exclusive of sums paid for labour appearing in the Farm and Garden Account or comprised in the Building and Repairs Fund Account)—									
Medical Staff	4849	6	5						
Nursing Staff	21124	8	1						
Other Staff	14385	12	3						
Superannuation Allowances and Contributions returned under the Asylums Officers' Superannuation Act, 1909... ..	6988	1	9						
				47347	8	6			
PROVISIONS (including Farm and Garden Supplies) for Patients and Staff				16421	8	6			
CLOTHING—									
For Staff				388	4	4			
For Patients				1951	12	6			
DRUGS AND MEDICAL AND SURGICAL APPLIANCES				803	5	10			
FUEL, LIGHT, WATER AND LAUNDRY DOMESTIC RENEWALS, REPAIRS AND ADDITIONS (FURNITURE, ETC.) ...				10845	5	1			
AMBULANCE AND OTHER TRANSPORT				2277	1	8			
FUNERAL AND REMOVAL EXPENSES				380	9	4			
RATES AND INSURANCES				58	1	4			
				3264	15	10			
MISCELLANEOUS EXPENSES—									
Freight and Carriage	36	4	10						
Stationery and Printing	708	0	0						
Periodicals and Newspapers	147	11	11						
Incidental Expenses	281	17	0						
Allowances to Service Patients	206	15	6						
Allowances to Patients "On Trial," etc.	559	5	6						
Postages and Telephones	664	15	2						
Patients' Amusements and Library Books	39	16	5						
Tobacco, etc., for Patients	1420	7	10						
Advertising	114	18	4						
Grounds, Greenhouses and Ornamental Gardens	61	2	9						
Bank Charges	10	16	6						
Occupational Therapy	402	2	3						
Air Raid Precautions	44	17	8						
				4698	11	8			
TOTAL EXPENDITURE—				88436	4	7			
BUILDING AND REPAIRS FUND—									
Excess Weekly Charge on Out-Borough Patients transferred ...	3705	17	7						
Excess Weekly Charge on Private Patients transferred	3054	1	9						
				6759	19	4			
TOTAL EXPENDITURE AND TRANSFERS							95196	3	11
EXCESS OF INCOME OVER EXPENDITURE CARRIED TO BALANCE SHEET							9415	17	0
							<u>£104612</u>	<u>0</u>	<u>11</u>

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1945.

INCOME.

	£	s.	d.	£	s.	d.	£	s.	d.
Amount in hand at commencement of year							7207	2	3
MAINTENANCE OF PATIENTS—									
Rate-aided Patients :									
County Borough of Brighton ...	59443	3	6						
Other Counties and Boroughs ...	4028	3	6						
Treasurers of other Authorities for Patients received under Contract—									
County Borough of Eastbourne ...	18048	14	5						
Netherne Mental Hospital	120	0	6						
PRIVATE PATIENTS—									
Relatives and others for maintenance of Private Patients	9996	14	0						
CRIMINAL PATIENTS			—						
OTHER PATIENTS—									
Ministry of Pensions for Service Patients	2544	17	0						
Board of Control for Ex-Service Patients	110	3	0						
							94291	15	11
FUNERAL AND REMOVAL EXPENSES									
County Borough of Brighton ...	47	2	8						
Other Counties and Boroughs ...	1	11	4						
Treasurers of other Authorities for Patients received under Contract—									
County Borough of Eastbourne ...	11	1	1						
Ministry of Pensions							59	15	1
SURPLUS ON FARM AND GARDEN ACCOUNT									
							1169	12	0
SUPERANNUATION, UNDER THE ASYLUMS OFFICERS' SUPERANNUATION ACT, 1909—									
Proportion of Pensions repaid by County Councils and other Mental Hospitals							547	19	9
MISCELLANEOUS RECEIPTS—									
Sale of Kitchen Stuff, Old Stores, etc.	169	10	9						
Sundries	877	17	11						
Rent of Farm and Garden (Estimated)	140	0	0						
							1187	8	8
Bank Interest... ..							148	7	3
TOTAL INCOME							97404	18	8

BRIGHTON COUNTY BOROUGH MENTAL

Buildings and Repairs Fund

EXPENDITURE	Expenditure on Capital Account.			Expenditure on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
Ordinary Repairs (Materials and Wages)				4617	19	7			
Superannuation Allowances ...				992	2	6			
Tithe Rent Charge				21	16	4			
Insurance, etc.				1220	1	10			
War Damage Insurance and Contribution				859	12	5			
Adaptations Emergency Hospital ...				494	16	11			
Renewing Urinals Male Wards ...				151	19	1			
Overhaul of Diesel Engines in Power Station				934	16	0			
Overhaul of Aga Cookers				41	4	0			
Renewing Sinks Main Kitchen and Female Dining Hall Scullery ...				169	12	6			
Decoudon for Laundry				446	15	3			
Installing W.C. in Matron's Quarters				21	6	4			
Redecorations Staff Cottages ...				88	1	4			
Redecorations to Female 8 Top Dormitory				85	15	11			
Alterations to Radiators Female Ward 6				35	11	8			
Redecorations Male Ward 8 ...				10	15	0			
Redecorations Male Dining Hall ...				12	0	0			
Redecorations Female Dining Hall Scullery				46	15	6			
Redecorations to Main Kitchen ...				20	7	0			
Renewal of Electric Storage Battery				1237	8	5			
Alterations to Male General Bathroom				5	11	5			
Overhaul of Water Pumping Plant				1218	17	4			
Overhaul of Kneader in Bakehouse				48	7	5			
Redecorations to Male Ward 5 ...				58	8	10			
Redecorations to Sanatorium ...				16	2	5			
				£12856	5	0			
							£12856	5	0

INCOME.	Income on Capital Account. £ s. d.	Income on Revenue Account. £ s. d.	£ s. d.
County Borough of Brighton for War Damage Insurance Contri- bution		859 12 5	
For Emergency Hospital Adaptations		494 16 1	
Proportion of Pensions repaid by East Sussex County Council, etc.		30 7 5	
Rents		1587 13 6	
Sundry Sales		71 17 5	
Transfers from Maintenance Account :—			
Excess weekly charge on Out- Borough Patients		3705 17 7	
Excess Weekly Charge on Private Patients		3054 1 9	

TOTAL INCOME AND TRANSFERS ...

£9804 6 2

BALANCE

3051 18 10

£12856 5 0

BRIGHTON COUNTY BOROUGH MENTAL

Farm and Garden Account

EXPENDITURE.

							£	s.	d.	£	s.	d.
Value of Stock 1st April, 1944	...	...	...	...	...	...	7945	1	5			
Labour	...	...	...	...	...	...	3841	4	4			
Seeds	...	...	...	...	...	...	309	10	4			
Artificial Manures	...	...	...	...	...	...	1	19	2			
Live Stock	...	...	...	...	...	...	978	5	0			
Dead Stock	...	...	...	...	...	...	298	18	9			
Provender	...	...	...	...	...	...	1477	2	4			
Charge for Swill, Coal and Coke	...	...	...	...	...	...	163	7	0			
Estimated Rent of Farm and Kitchen Garden	...	...	...	...	...	...	145	0	0			
Sundry Expenditure	...	...	...	...	...	...	721	11	7			
Surplus :—												
Farm Account	...	...	...	...	...	...	370	9	7			
Garden Account	...	...	...	...	...	...	799	2	5			
							<u>£17051 11 11</u>					

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1945.

INCOME.

						£	s.	d.	£	s.	d.
SALES :—											
Live Stock	...	...	...	...	...	893	6	4			
Other Sales...	...	...	...	...	...	655	18	1			
									1549	4	5
SUPPLIES TO HOSPITAL :—											
Farm	...	...	...	...	...	4500	1	5			
Garden	...	...	...	...	...	2702	4	1			
									7202	5	6
Sundries	...	...	...	...	...				158	6	0

Value of Stock, 31st March, 1945 8141 16 0

£17051 11 11

BALANCE SHEET, AS AT

LIABILITIES.

	£	s.	d.	£	s.	d.
Sundry Creditors				9081	14	1
Private Patients				124	17	6
Overdraft at Bank (Treasurer's Account) ...				—		
Unpresented Cheques (Treasurer's Account) ...				1434	19	5
do. (Wages & Disbursements Account)				173	1	7
Building and Repairs Account—Balance at Credit thereof				—		
Maintenance Account—Balance at Credit thereof				9415	17	0
Emergency Hospital :—						
Maintenance Reserve				20304	2	11
Building and Repairs Reserve				5644	8	4
Payment in Advance Farm and Garden Account				25	1	0

£46204 1 10

HOSPITAL, HAYWARDS HEATH.

31ST MARCH, 1945.

ASSETS.

	£	s.	d.	£	s.	d.
SUNDRY DEBTORS :—						
Brighton County Borough for :—						
Maintenance of Patients, etc.	3211	10	3			
Mental Treatment Act Expenses	271	1	8			
Superannuation under Lunacy Act, 1890	72	2	9			
Emergency Hospital Adaptations	494	16	1			
Building and Repairs Account	770	11	0			
Other County or Borough Councils	1221	6	9			
Treasurers of Other Authorities for Contract Patients	4645	4	1			
Private Patients	442	18	6			
Ministry of Pensions and Board of Control	682	19	6			
Farm and Garden Sales	14	10	9			
Local Authorities (proportion of Pensions)	233	1	3			
Stores Sales	41	4	11			
Sundry Sales	83	17	1			
Prison Commissioners						
Ministry of Health on Account of Emergency Hospital	6861	16	3			
On account of Nurses' Salaries' Committee recommendations	7298	12	6			
				26345	13	4
Deposits held by :—						
Postmaster General	2	0	0			
Ministry of Health	22	0	0			
				24	0	0
Stocks in hand at Cost :—						
Petrol	6	10	6			
Provisions	946	2	0			
Uniforms	506	8	9			
Clothing	2309	9	5			
Fuel, etc.	2074	2	4			
Domestic Renewals	3088	1	5			
Farm and Garden (as per Stocktaker's Valuation)	8141	16	0			
				17072	10	5
Cash at Bank :—						
Wages and Disbursements Account	977	3	11			
Treasurer's Account	1383	10	11			
				2360	14	10
Cash in hands of Clerk and Stewards :—						
Private Patients' Receipts	75	0	0			
Sundry Receipts	152	8	0			
Petty Cash	153	12	9			
Postage Stamps	20	2	6			
				401	3	3
				£46204	1	10

W. E. MITCHELL, F.H.A., *Clerk and Steward.*

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

STATEMENT SHOWING THE AVERAGE COST PER
PATIENT PER WEEK ON MAINTENANCE ACCOUNT
DURING THE YEAR ENDED 31ST MARCH, 1945.

ITEMS.						s. d.	£	s. d.
Salaries and Wages	...	...	...	...	...			18 2.6
Superannuation Allowances and Contributions re- turned	...	...	...	...	...			3 1.8
Provisions	...	...	...	...	...			7 4.9
Clothing for Patients	...	...	...	...	...			10.6
Uniform for Staff	...	...	...	...	...			2.1
Drugs, Medical and Surgical Appliances	...	...	...	...	...			4.4
Fuel, Generating Electricity, Cleaning Materials and Laundry Expenditure	...	...	...	...	...			4 10.7
Furniture, Bedding, Linen, Crockery, Hardware and Handicrafts	...	...	...	...	...			1 0.3
Transport and Travelling Expenses	...	...	...	...	...			2.1
Rates and Taxes, etc.	...	...	...	...	...			1 5.7
Other Expenditure :—								
Stationery, Printing and Postages	...	...	...	...	...			7.4
Newspapers, etc., and Amusements	...	...	...	...	...			1.0
Tobacco, etc.	...	...	...	...	...			7.7
Air Raid Precautions	...	...	...	...	...			.2
Incidentals	...	...	...	...	...			4.9
								<u>1 19 6.4</u>
Less Sundry Receipts :—								
Surplus on Farm and Garden Account	...	...	...	...	...	6.3		
Deductions from Staff for Board, Lodging and Washing	...	...	...	...	...			
Sundry Sales and other receipts	...	...	...	...	...	10.2		
" Excess " on Private Patients retained in Maintenance Account	...	...	...	...	...	7.9		
								<u>2 0.4</u>
Net average cost per patient per week	...	...	...	...	...			<u>£1 17 6</u>

Average daily number of Patients in Hospital=850

W. E. MITCHELL, *Clerk and Steward.*

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

ACCOUNTS

for the Year ended 31st March, 1946.

Maintenance Account**EXPENDITURE.**

SALARIES AND WAGES—	£	s.	d.	£	s.	d.	£	s.	d.
Salaries and Wages (exclusive of sums paid for labour appearing in the Farm and Garden Account or comprised in the Building and Repairs Fund Account) ...									
Medical Staff	5566	11	4						
Nursing Staff	23102	18	6						
Other Staff	16337	8	2						
Superannuation Allowances and Contributions returned under the Asylums Officers' Superannuation Act, 1909	6935	14	9						
							51942	12	9
PROVISIONS (including Farm and Garden Supplies) for Patients and Staff							19014	5	7
CLOTHING—									
For Staff							411	14	4
For Patients							2205	15	6
DRUGS AND MEDICAL AND SURGICAL APPLIANCES							975	11	9
FUEL, LIGHT, WATER AND LAUNDRY							11247	13	2
DOMESTIC RENEWALS, REPAIRS AND ADDITIONS (FURNITURE, ETC.) ...							3131	16	2
AMBULANCE AND OTHER TRANSPORT							637	0	11
FUNERAL AND REMOVAL EXPENSES							86	17	8
RATES AND INSURANCES							3652	6	11
MISCELLANEOUS EXPENSES—									
Freight and Carriage	36	17	6						
Stationery and Printing	700	1	2						
Periodicals and Newspapers ...	152	18	11						
Incidental Expenses	273	12	7						
Allowances to Service Patients ...	234	9	6						
Allowances to Patients "On Trial," etc.	614	12	3						
Postages and Telephones	534	5	9						
Patients Amusements and Library									
Books	175	11	7						
Tobacco, etc., for Patients	1411	10	4						
Advertising	304	6	5						
Grounds, Greenhouses and Ornamental Gardens	50	11	7						
Bank Charges	50	2	5						
Occupational Therapy	480	19	6						
Payments to other Hospitals, etc.	126	13	4						
							5146	12	10
TOTAL EXPENDITURE ...							98452	7	2
BUILDING AND REPAIRS FUND—									
Excess Weekly Charge on Out-Borough Patients transferred ...	3742	13	10						
Excess Weekly Charge on Private Patients transferred	2402	11	11						
							6145	5	9
TOTAL EXPENDITURE AND TRANSFERS							104597	12	11
EXCESS OF INCOME OVER EXPENDITURE CARRIED TO BALANCE SHEET							10028	18	9
							£114626	11	8

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1946.

INCOME.

	£	s.	d.	£	s.	d.	£	s.	d.
Amount in hand at commencement of year... ..							9415	17	0
MAINTENANCE OF PATIENTS—									
Rate-aided Patients :—									
County Borough of Brighton ...	64538	11	1						
Other Counties and Boroughs ...	4850	18	8						
Treasurers of other Authorities for Patients received under Contract									
County Borough of Eastbourne ...	19068	17	7						
Netherne Mental Hospital ...	46	15	0						
Knowle Mental Hospital ...	16	1	8						
PRIVATE PATIENTS—									
Relatives and others for maintenance of Private Patients ...	9973	2	6						
CRIMINAL PATIENTS									
OTHER PATIENTS—									
Ministry of Pensions for Service Patients	2919	7	1						
Board of Control for Ex-Service Patients	119	5	4						
Service Patients awaiting classification	44	8	0						
Air Ministry	25	18	10						
				101603	5	9			
FUNERAL AND REMOVAL EXPENSES—									
County Borough of Brighton ...	42	15	0						
Other Counties and Boroughs ...	11	5	0						
Treasurers of other Authorities for Patients received under Contract—									
County Borough of Eastbourne	25	18	1						
Ministry of Pensions ...	9	17	6						
Netherne Mental Hospital ...	3	10	0						
				93	5	7			
SURPLUS ON FARM AND GARDEN ACCOUNT									
				1382	13	10			
SUPERANNUATION, UNDER THE ASYLUMS' OFFICERS SUPERANNUATION ACT, 1909—									
Proportion of Pensions repaid by County Councils and other Mental Hospitals				656	14	4			
MISCELLANEOUS RECEIPTS—									
Sale of Kitchen Stuff, Old Stores, etc.	170	7	7						
Sundries	1164	7	7						
Bank Interest									
Rent of Farm and Garden (Estimated)	140	0	0						
				1474	15	2			
TOTAL INCOME				105210	14	8			
				£114626	11	8			

BRIGHTON COUNTY BOROUGH MENTAL

Buildings and Repairs Fund

	Expenditure on Capital Account. £ s. d.	Expenditure on Revenue Account. £ s. d.	£ s. d.
Ordinary Repairs (Materials and Wages)		5437 8 10	
Adaptations E.M.S.		27 2 7	
Overhaul of Diesel Engines, Power Station		1306 4 0	
Overhaul of Water Pumping Plant		1490 6 2	
Renewal of Calorifier Tubes ...		390 15 3	
Clearing Asylum Wood		179 7 9	
Redecoration of Male Ward 5 and Shelter		111 3 2	
Redecoration of Bakehouse ...		6 11 0	
Alterations to Ray Rads Female Ward 6		35 19 4	
Renovations to Male Ward 1 ...		33 0 11	
Clearing out Water Tanks		9 14 2	
Redecorations to part of Female Sleeping Gallery		14 0 0	
Erection of Cavity Wall, Beechmont Cottages		89 5 3	
Trailer Pump for Fire Tender ...		63 13 0	
Repairs to Lightning Conductors ...		97 0 3	
Overhaul of Weighbridge		22 13 11	
Improvement in Cooking Facilities, 3 Farm Houses		259 17 2	
Redecorations, Sanatorium... ..		573 17 9	
Temporary Borehole Pump, etc. ...		128 0 0	
Improvement of Water Supply ...		439 16 10	
Provision of Sanitary Accommodation at Head Gardeners Cottage ...		35 3 9	
Provision of Workshop at Power Station		79 6 5	
Restoration of Hurstwood Park Hospital		993 9 4	
Redecorations to Staff Houses ...		9 12 0	
Alterations to Lighting of Male and Female Dining Halls		53 12 4	
Overhaul of Internal Telephones ...		174 6 6	
New Tar Spraying Machine		58 0 0	
Hot Cupboard, Male Dining Hall ...		117 0 0	
Conversion of Military Hut into Laboratory		135 5 3	
Superannuation Allowances		991 2 0	
Tithe Rent Charge		21 1 7	
Insurance, Rates and Taxes		1273 14 9	
War Damage Insurance and Contributions		733 9 9	
		15391 1 0	
		£15391 1 0	

HOSPITAL, HAYWARDS HEATH.

Account, for the Year ended 31st March, 1946.

INCOME.	Income on Capital Account.			Income on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
War Damage Insurance and Contributions				733	9	9			
Emergency Hospital Adaptations ...				27	2	7			
Proportion of Pensions repaid by East Sussex County Council, etc.				28	18	6			
Rents				1608	2	0			
Sundry Sales				26	10	9			
Transfers from Maintenance Account :—									
Excess weekly charge on Out- Borough Patients				3742	13	10			
Excess Weekly Charge on Private Patients				2402	11	11			
Due from Treasurer Brighton Corpor- ation				6821	11	8			

TOTAL INCOME AND TRANSFERS ...

£15391	1	0
£15391	1	0

BRIGHTON COUNTY BOROUGH MENTAL

Farm and Garden Account

EXPENDITURE.

	£	s.	d.	£	s.	d.
Value of Stock, 1st April, 1945	8141	16	0			
Labour	4229	14	1			
Seeds	425	1	5			
Artificial Manures	135	10	5			
Live Stock	381	16	8			
Dead Stock	309	0	0			
Provender	1635	4	10			
Charge for Swill, Coal and Coke	175	17	5			
Estimated Rent of Home Farm and Kitchen Garden	157	10	0			
Sundry Expenditure	894	5	1			
Surplus :—						
Farm Account	866	5	8			
Garden Account	516	8	2			
	<u>£17868</u>	<u>9</u>	<u>9</u>			

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1946.

INCOME.

						£	s.	d.	£	s.	d.
Sales :—											
Livestock	...	...	...	...	...	1329	4	8			
Other Sales	...	...	...	...	...	375	16	2			
									1705	0	10
Supplies to Hospital :—											
Farm	...	...	...	...	...	5206	3	0			
Garden	...	...	...	...	...	2619	9	11			
									7825	12	11
Sundries	...	...	...	...	...				246	6	3
Value of Stock, 31st March, 1946	...	...	...	...	...				8091	9	9

£17868 9 9

BALANCE SHEET, AS AT

LIABILITIES.

	£	s.	d.	£	s.	d.
Sundry Creditors				8764	9	1
Private Patients				143	11	6
Overdraft at Bank (Treasurer's Account) ...	3605	2	7			
Add Unpresented Cheques	1263	4	0			
				4868	6	7
Unpresented Cheques, W. & D. Account ...				214	1	7
Maintenance Account—Balance at Credit thereof				10028	18	9
Emergency Hospital :—						
Maintenance Reserve	21230	5	11			
Building and Repairs Reserve	4309	10	8			
				25539	16	7

 £49559 4 1

HOSPITAL, HAYWARDS HEATH.

31ST MARCH, 1946.

ASSETS.

	£	s.	d.	£	s.	d.
SUNDRY DEBTORS :—						
Brighton County Borough for :—						
Maintenance of Patients, etc.	4125	19	3			
Mental Treatment Act Expenses	282	11	0			
Building and Repairs Account	3928	18	5			
Other County or Borough Councils	1541	15	11			
Treasurers of other Authorities for Contract						
Patients	4804	6	4			
Private Patients	640	8	9			
Ministry of Pensions and Board of Control ...	807	10	3			
Farm and Garden Sales	6	16	1			
Local Authorities (proportion of Pensions) ...	221	14	7			
Stores Sales	12	6	11			
Sundry Sales	140	17	8			
Ministry of Pensions—Patients awaiting classification	44	8	0			
Emergency Hospital Adaptations	27	2	7			
Ministry of Health on account of Emergency Hospital	5078	11	6			
Ministry of Health on account Nurses Salaries ...	10748	2	6			
Ministry of Health on account Circular 1871-45 ...	21	3	0			
				32432	12	9
Deposits held by :—						
Postmaster General	2	0	0			
Ministry of Health	22	0	0			
				24	0	0
Stocks in hand at Cost—						
Provisions	874	0	11			
Uniforms	497	1	7			
Clothing	2520	17	11			
Fuel, etc.	1691	8	7			
Domestic Renewals	2667	2	9			
Farm and Garden (as per Stocktaker's Valuation)	8091	9	9			
Petrol	3	4	6			
				16345	6	0
Cash at Bank—						
Wages and Disbursement Account				138	19	2
Cash in hands of Clerk and Steward—						
Private Patients' Receipts	376	3	0			
Sundry Receipts	133	11	3			
Petty Cash	93	1	11			
Postage Stamps	15	10	0			
				618	6	2
				£49559	4	1

W. E. MITCHELL, F.H.A., *Clerk and Steward.*

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

STATEMENT SHOWING THE AVERAGE COST PER
PATIENT PER WEEK ON MAINTENANCE ACCOUNT

DURING THE YEAR ENDED 31st MARCH, 1946.

ITEMS.						£	s.	d.
Salaries and Wages	...	...	...	...		22	11	24
Superannuation Allowances and Contributions	...							
returned	...	...	...	...	...	3	1	55
Provisions	...	...	...	...	...	8	6	94
Clothing for Patients	...	...	...	...			11	94
Uniform for Staff	...	...	...	...	...		2	23
Drugs, Medical and Surgical Appliances	...	...					5	28
Fuel, Generating Electricity, Cleaning Materials	...	...	...			5	1	72
and Laundry Expenditure	...	...	...					
Furniture, Bedding, Linen, Crockery, Hardware	...	...	...	...	...	1	5	15
and Handicrafts	...	...	...	...	...		3	44
Transport and Travelling Expenses	...	...				1	7	77
Rates and Taxes, etc.	...	...	...	...				
Other Expenditure :—						s.	d.	
Stationery, Printing and Postages	...	...				6	69	
Newspapers, etc., and Amusements	...	...				1	78	
Tobacco, etc.	...	...	...	...	...	7	49	
Incidentals	...	...	...	...	...	6	50	
							1	10.46
							46	7.72
Less Sundry Receipts								
Profit on Farm and Garden	...	...	...			7	48	
Sundry Sales and other receipts...	...	...	...			11	54	
" Excess " on Private Patients retained in								
Maintenance Account	...	...	...			8	4	
Ministry of Health for Nurses Salaries	...					2	10.92	
							5	2.34
Net average cost per patient per week	...					£2	1	5.38

Average daily number of Patients in Hospital—850

W. E. MITCHELL,
Clerk and Steward.

TABLE SHOWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR	March Qtr.		June Qtr.		Sept. Qtr.		Dec. Qtr.	
	s.	d.	s.	d.	s.	d.	s.	d.
1906 ...	10	0	9	6	9	6	9	6
1907 ...	9	6	9	6	9	6	10	0
1908 ...	10	0	10	9	11	0	11	0
1909 ...	11	0	11	0	11	0	11	0
1910 ...	11	0	10	9	10	0	9	9
1911 ...	9	9	9	9	9	9	9	9
1912 ...	10	0	11	0	11	0	11	0
1913 ...	11	6	11	6	11	6	12	0
1914 ...	12	6	12	6	12	6	12	6
1915 ...	12	6	13	6	13	6	13	6
1916 ...	13	6	13	6	13	6	14	0
1917 ...	15	6	16	6	17	6	18	6
1918 ...	18	6	18	6	20	0	20	0
1919 ...	19	6	20	0	25	0	25	0
1920 ...	28	6	28	6	30	0	31	0
1921 ...	31	0	31	0	31	0	30	0
1922 ...	30	0	28	0	27	0	25	0
1923 ...	24	0	24	0	24	0	24	0
1924 ...	24	0	24	0	24	0	24	0
1925 ...	24	9	24	9	24	9	24	6
1926 ...	24	6	24	6	24	6	24	6
1927 ...	24	6	24	6	24	6	24	6
1928 ...	24	6	24	6	24	6	24	2½
1929 ...	24	2½	24	6	24	6	25	1
1930 ...	25	1	25	1	25	1	25	1
1931 ...	24	9½	24	9½	24	9½	24	9½
1932 ...	24	6	24	2½	23	11	23	7½
1933 ...	23	7½	23	7½	23	7½	23	7½
1934 ...	23	7½	22	9	22	9	22	9
1935 ...	22	9	22	5½	22	5½	22	5½
1936 ...	22	5½	23	7½	23	7½	24	6
1937 ...	24	6	25	4½	25	4½	27	5
1938 ...	27	5	29	5½	30	11	30	11
1939 ...	30	11	30	11	30	11	30	11
1940 ...	30	11	30	11	30	11	30	11
1941 ...	30	11	30	11	30	11	33	3
1942 ...	33	3	33	3	33	3	34	5
1943 ...	34	5	35	0	35	0	37	4
1944 ...	37	4	37	4	37	4	39	8
1945 ...	39	8	39	8	43	2*	43	2
1946 ...	43	2	43	2	43	2	—	

* From 1/8/45.

THE UNIVERSITY OF CHICAGO
LIBRARY
520 EAST 58TH STREET
CHICAGO, ILL. 60637

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
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