

Annual report of the Brighton County Borough Mental Hospital : 1938 (& statement of accounts March 1939)

Contributors

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THE
Thirty-Fifth Annual Report
OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH.

(Being the 80th Annual Report since the
Opening of the Hospital).

For the Year ended 31st December, 1938,
and Statement of Accounts for the Year
ended 31st March, 1939.



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KEY PLAN TO BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

- 1.—Main Entrance.
- 2.—Administration Block.
- 3.—Female Wards.
- 4.—Male Wards.
- 5.—Recreation Hall.

- 6.—Boiler House.
- 7.—Laundry.
- 8.—Central Dining Hall (Female).
- 9.—Medical Superintendent's House.
- 10.—Male Occupational Therapy Room.

- 11.—Workshops.
- 12.—Fire Station.
- 13.—Ward Gardens.
- 14.—Recreation Ground.
- 15.—The Chapel.

- 16.—Nurses' Home.
- 17.—Power Station.
- 18.—40 Staff Houses.
- 19.—4 Officers' Houses.
- 20.—Deputy Medical Supt's House.
- 21.—Deputy Clerk & Steward's House.







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BRIGHTON:
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MEMBERS OF THE VISITING COMMITTEE.
WITH THE DATE OF THEIR APPOINTMENT.

COUNCILLOR JOHN TALBOT NANSON, J.P. (Mayor)	Nov., 1938.
5, Bedford Court, Bedford Place, Brighton.	
ALDERMAN SIDNEY CRESPIN THOMPSON, J.P. (Chairman)	
6, Nizell's Avenue, Hove.	Nov., 1932.
ALDERMAN GILBERT NORMAN JACKLIN,	Nov., 1928.
(Vice-Chairman)	
41, Queen's Park Terrace, Brighton.	
ALDERMAN WILLIAM GEORGE WELLMAN,	Nov., 1920.
14, Harrington Villas, Brighton.	
ALDERMAN HERBERT HONE, J.P.	April, 1928.
77, Hollingbury Park Avenue, Brighton.	
ALDERMAN ERNEST MARSH,	Nov., 1929.
14, Powis Square, Brighton.	
ALDERMAN JONATHAN BURBERRY,	Nov., 1931.
15a, Stanford Avenue, Brighton.	
ALDERMAN RICHARD MAJOR,	Nov., 1932.
124, Chester Terrace, Brighton.	
ALDERMAN SIDNEY GLOVER GIBSON,	Nov., 1933.
22, Clifton Road, Brighton.	
ALDERMAN MISS MARGARET HARDY, M.B.E., J.P.,	Nov., 1936.
"Onslow House," 193, Dyke Road, Brighton.	
COUNCILLOR JAMES HENRY BASSETT,	Feb., 1933.
40, Freshfield Street, Brighton.	
COUNCILLOR MISS DOROTHY ELSIE STRINGER,	Nov., 1933.
"Hillesden," Osmond Road, Hove.	
COUNCILLOR SIR CHARLES GEORGE GREY, Bt.,	July, 1934.
"Greyland," Mallory Road, Hove.	
COUNCILLOR JOHN FRANK LESLIE TERRY,	July, 1936.
80, Graham Avenue, Withdean, Brighton.	
COUNCILLOR ALFRED ARTHUR ILLMAN,	May, 1938.
37b, Crescent Road, Brighton.	
COUNCILLOR JAMES VICTOR REEVES,	Nov., 1938.
64, Brading Road, Brighton.	
COUNCILLOR HENRY BISHOP HARTNELL,	Nov., 1938.
6, Eastern Terrace, Brighton.	
COUNCILLOR ALBERT WILLIAM BRIGGS,	Nov., 1938.
33, Widdicombe Way, Brighton.	
COUNCILLOR WILLIAM HUBERT GEORGE BUTTON,	Nov., 1938.
Hollywood House, 12, Rose Hill, Brighton.	
<i>Co-opted Member :</i>	
WILLIAM ARTHUR COWLEY, Esq., J.P.,	Nov., 1929.
"Woodingcote," Ovingdean, Road, Brighton.	
<i>Clerk to the Visiting Committee :</i> JOSEPH GARDNER DREW, Esq.,	
Town Clerk, Town Hall, Brighton, l.	
<i>Treasurer :</i> R. W. E. BUNN, Esq., Borough Treasurer,	
Town Hall, Brighton, l.	

OFFICERS.

<i>Medical Superintendent</i>	...	W. McCartan, M.D., (Belf.). M.R.C.P. (Lond.), D.P.H., D.P.M.
<i>Deputy Medical Superintendent and First Assistant Medical Officer</i>		F. H. Guppy, M.C., M.R.C.S., Eng., L.R.C.P., (Lond.), D.P.M.
<i>Second Assistant Medical Officer and Resident Pathologist</i>	...	J. Carson, M.B., Ch.B., Dip. Psych. (Edin.).
<i>Third Assistant Medical Officer</i>		F. A. Bleaden, M.R.C.S. (Eng.), L.R.C.P. (Lond.), D.P.M.
<i>Consulting Pathologist...</i>	...	L. R. Janes, M.B., B.Chir., M.R.C.S., L.R.C.P.
<i>Dental Surgeon</i>		S. F. Glassington, L.D.S., R.F.P.S., Glas.
<i>Chaplain</i>		The Rev. W. G. Frostick, A.K.C.
<i>R.C. Priest</i>		The Rev. R. Phillips.
<i>Clerk of the Hospital and Steward</i>		W. E. Mitchell, M.C.S.A.
<i>Deputy Clerk and Steward</i>	...	W. N. Hay, M.C.S.A.
<i>First Assistant Clerk and Storekeeper</i>	...	F. Lord, M.C.S.A.
<i>Matron</i>		Miss N. C. Morris.
<i>Chief Male Nurse</i>		E. C. Packham.
<i>Engineer</i>		E. C. Rees, M.I.E.C.

Brighton County Borough Mental Hospital.

THIRTY-FIFTH ANNUAL REPORT OF THE VISITING COMMITTEE, (Pursuant to Section 190 of the Lunacy Act., 1890), BEING THE EIGHTIETH ANNUAL REPORT SINCE THE FOUNDATION OF THE INSTITUTION.

To the Council of the Borough of Brighton.

The Visiting Committee submit their report for the past year.

The number of patients on the books on the 31st December last, and the corresponding date of the previous year, was as follows :—

	1937.	1938.
Males	365	378
Females	585	580
Totals	950	958

The figure of 958 may be further divided as follows :—

	Males.	Females.	Totals.
From County Borough of Brighton	266	402	668
From County Borough of Eastbourne	57	115	172
Out County	10	3	13
Private	18	60	78
Service	25	—	25
Ex-Service	2	—	2

The weekly maintenance rates for Brighton rate aided patients for the four quarters of 1938 were fixed at 27s. 5d., 29s. 5½d., 30s. 11d. and 30s. 11d. respectively. Having regard to the increased cost of maintenance,

the Committee found it necessary as from April, 1938, to increase the maintenance charges of certain grades of private patients by additions ranging from 3s. 6d. to 7s. per week.

Members of the Committee have regularly visited the patients and inspected the wards at each monthly meeting.

Deputations from Public Assistance Committees have visited the patients in the Institution chargeable to their respective Districts, and have expressed satisfaction with what is being done for the care and comfort of the patients.

A new departure has been made in the treatment of certain classes of patients by the use of cardiazol injections. It is too early at this stage to state whether the claims put forward for this type of treatment have been justified so far as the patients in this Institution are concerned.

Hurstwood Park Hospital was formally opened by the Mayor (Alderman Hone) on the 9th May, 1938. The Council will recollect that this Hospital was established for the reception and treatment of newly admitted patients having a reasonable prospect of recovery. Hurstwood Park Hospital, as the Council are aware, contains a fully equipped laboratory and it is now possible for much of the pathological work to be undertaken by the staff of the hospital. As a consequence the Committee have been able to alter the arrangement with the County Hospital under which the whole of this work was done by the staff of their Stephen Ralli Pathological Department.

The Committee have also decided to discontinue their association with the Clinic for Early Nervous Diseases at the Royal Sussex County Hospital, and have, in collaboration with the Health Committee, established an Early Nervous Diseases Out-Patient Department at the Brighton Municipal Hospital.

In view of the fact that the services of a Psychiatric Social Worker have been found valuable in other mental hospitals, the Committee have decided to appoint

such an officer for a probationary period of twelve months. Her work would include obtaining the histories of patients before admission to the hospital, visiting patients in their homes after discharge and generally assisting at the Out-Patient Clinics.

The gradual refurnishing of the wards has been continued during the past year.

The new reciprocating engine together with the necessary incidental equipment, which the Committee decided to instal in order to augment the hospital's electricity supply, has now been connected up and is working satisfactorily.

The house which it was decided to erect on the Hospital Estate for the Chief Engineer has now been completed. It has been decided, for the time being, not to proceed with the erection of a house for the Second Assistant Resident Medical Officer in connection with which the Council directed application to be made for a loan sanction.

The Committee had made financial provision for an X-Ray plant at Hurstwood Park Hospital, but it was subsequently decided to defer this installation indefinitely and utilise the services of Portable X-Rays Ltd., which arrangement is functioning satisfactorily and much more economically than the former arrangement would have been.

The principal works of improvement include (a) the replacement of antiquated water closets in certain male wards (£488) and (b) the first section of the scheme for laying out the grounds of Hurstwood Park Hospital (£304).

In June, 1938, the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March, 1938, and these accounts appeared in the Committee's last blue book.

As from the 1st February, 1938, the wages of the craftsmen and labourers at the Hospital were increased by $\frac{1}{2}$ d. per hour in accordance with the decision of the National Joint Committee for the Building Industry.

During the year considerable changes have taken place in the personnel of the Committee's staff. As a consequence of the Council's decision to terminate the engagement of Mr. J. H. Rothwell as Town Clerk on the 1st May, 1938, the Visiting Committee were reluctantly compelled to terminate his appointment as Clerk to the Committee as from that date. Mr. J. G. Drew has been appointed to succeed him. Dr. William McCartan took up his duties as Medical Superintendent on the 1st February, 1938, in succession to Dr. Harper Smith; Dr. J. Carson and Dr. F. A. Bleaden have respectively been appointed second and third Assistant Medical Officers, to fill vacancies which occurred in the medical staff. Miss Morris, who upon the retirement of her predecessor acted temporarily as Matron, was appointed to that position on the 2nd April, 1938.

Superannuation allowances have been granted during the year to the following upon their retirement from the Committee's service :—

Ernest Edward Doughty, Storekeeper.
 Ellen Hannah Dudley, Laundrymaid.
 Minnie Bevis, Night Nurse.
 William Leverton, Power Station Attendant.
 Harry Trigg, Stoker.

The increases of pension granted to three hospital pensioners under the Pensions (Increase) Acts, 1920 and 1924 have been continued for the two years ending 31st March, 1940.

The administration of the Hospital continues to be conducted to the entire satisfaction of the Committee under the Medical Superintendent, his medical colleagues, the Clerk and Steward and the general staff.

On behalf of the Committee,

(Signed) S. C. THOMPSON,

Chairman.

4th February, 1939.

THE MEDICAL SUPERINTENDENT'S REPORT.

25th January, 1939.

To the Visiting Committee.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to present to you my First Annual Report as Medical Superintendent, having been in charge of this Hospital for the past eleven months since the retirement of my predecessor, Dr. G. H. Harper-Smith, on the 31st January, 1938.

The opening of Hurstwood Park Hospital by the Mayor, Alderman Herbert Hone, J.P., took place on the 9th May, 1938, in the presence of many interested persons including the Visiting Committee and their friends, other members of the Brighton Town Council and Sir Hubert Bond representing the Board of Control. The Chaplain, The Rev. W. G. Frostick, held a Service of Dedication on the 10th May attended by Members of the Staff, and on the 14th May the first cases were admitted.

The value of this new Unit became apparent immediately and it is most important that the facilities for the treatment of nervous disorders from the earliest stages now available at this hospital should be widely known particularly in the Boroughs of Brighton and Eastbourne. Consequently the visits of medical men, social service workers and others interested in this work are welcomed and encouraged.

The laying out of the grounds around Hurstwood Park Hospital is a formidable undertaking, and being of lesser importance than the equipping and staffing of the hospital the Committee decided to spread the expense over a period of four years. The naturally beautiful surroundings neutralise largely the unprepared appearance of the grounds in the immediate vicinity of Hurstwood Park Hospital.

Arrangements have been made to remove ten oak trees to the south of the hospital and it was a great pleasure to me that the Committee decided that six of these should remain.

On the 14th July, 1938, the late Mr. A. Geoffrey Bate, Visiting Surgeon addressed a letter to me asking that his appreciation of the facilities provided by the new Operating theatre should be conveyed to the Committee and contrasting the convenience of operating now with the difficulties of the previous arrangements. Miss E. G. Griffith (1st Assistant Matron) is in charge of the nursing side of this Surgical Unit.

Although an X-ray room was provided in Hurstwood Park Hospital the Committee agreed to utilise the services of Portable X-Rays Limited and to defer the provision of an X-Ray plant. This arrangement has been in force for over six months now and up to the present has been most satisfactory particularly as the services of Dr. H. T. Cubbon are available for the interpretation of difficult radiograms.

The five years Contract with Knowle Mental Hospital, Fareham, Hants, for the treatment of cases of General Paralysis expired in 1938 and was not renewed. A mosquito proof room is now available at Hurstwood Park Hospital for the treatment of these cases by induced malaria.

The development of the Pathological Laboratory is very satisfactory. In view of the facilities for pathological work now available an alteration has been made in the arrangement with the Stephen Ralli Department of the Royal Sussex County Hospital and I am glad that Dr. L. R. Janes, with whom I have had the pleasure in collaborating in equipping our laboratory, is to continue as Consulting Pathologist to this Hospital. Dr. James Carson—Senior Assistant Medical Officer—has been indefatigable in the new laboratory.

At a recent discussion on out-patient clinics, one speaker is reported (*Lancet* Vol. 1, 1939, P. 165) as follows:—"An out-patient clinic was incomplete and

inefficient without beds, entirely separated from mental hospital beds. The local authority should be allowed to pay for their patients wherever they choose to send them. Any new buildings should be of the temporary hut type ; so little was known of what would be wanted in future. The general hospital was the best locale for the clinic."

The suitability of a mental hospital or any other type of hospital for the reception of early and recoverable cases depends entirely on whether the facilities provided are adequate, and before financing alternate schemes a local authority would most certainly wish to make sure that the facilities they already provide are not equal to those suggested in the above quotation.

In the case of this Hospital I would suggest that Hurstwood Park Hospital is a complete answer to that question.

Occasionally severe mental breakdown occurs suddenly in persons holding responsible positions and in many of these the prospects of recovery after a short period of treatment are excellent and such a patient may resume his former occupation with success. It is a curious commentary on the activities of any institution treating early cases that they do not make provision for such patients and at the same time attempt to create an artificial difference between the type of case they treat and those provided for at the mental hospital.

The fact is that the well equipped modern mental hospital is competent to deal with all types of " psychological " illness from the earliest stages. Most other institutions professing to accept only early and recoverable cases can accept only certain varieties of the type in which they claim to specialise, whilst other cases, equally early and often with more chance of recovery, must go to the mental hospital.

On admission to Hurstwood Park Hospital, complete physical examination with certain routine haematological and serological tests (and if necessary bio-chemical tests) are carried out on the patient so that possible

physical causes of the illness are eliminated before psycho-therapeutic methods are adopted exclusively. The Board of Control frequently emphasise the importance of this form of treatment and, where physical methods of treatment are unavailing, it is most important that patients should have the advantage of psychological methods. The Staff are fully alive to this and it will be developed to the greatest possible degree.

Treatment. *Convulsion Therapy.* The Cardiazol treatment of Schizophrenia was introduced in March and although there have been some dramatic recoveries the results, up to the present, are rather disappointing. One case sustained bone injury. It is not the practice in this Hospital to treat with cardiazol every schizophrenic patient admitted but to limit it to those cases in which recovery is not likely to take place without resort to this rather drastic form of treatment. Spontaneous recovery in Schizophrenia is not uncommon and one must be careful not to credit it with the improvement of cases which would have recovered in any case. Dr. Guppy has now substituted cardiazol with triazol which produces the same result with less of the apprehension on the part of the patient which is such a drawback to the former drug, but it is too early yet to give an opinion on their comparative merits.

Psycho Therapy. This is being developed particularly by the activities of Dr. James Carson. Its importance has been emphasised by the Board of Control in their Annual Report. There is insufficient time at the disposal of the medical staff to give each patient requiring it the amount of attention that he or she could receive with benefit but what has been done already is of very great value.

Sodium diphenylhydantoinate. As the result of certain research work carried out in America a small quantity of this chemical was produced specially for this Hospital and the treatment of one patient commenced after electro-encephalographic tracings had been carried out in London. With the consent of Professor Golla, Mr.

Grey Walter, who is one of the foremost authorities in this country on this new instrument, is bringing it to the Hospital early in the new year. He will carry out examinations on a number of epileptic patients here prior to commencing treatment with this new drug which is, incidentally, now being produced commercially. In view of the large number of remedies which have been used to combat epilepsy during the past 2,000 years it is difficult to be very optimistic regarding this new drug. The electro-encephalogram has thrown some light in a very dark place and its potentialities are enormous.

The *Hydrotherapeutic Department* is most popular with the patients, and, whilst it is difficult to assess the exact curative value, there can be no doubt of its importance in this respect. The increase in the sense of well-being of patients, even if limited to a short period immediately after each treatment, is bound to exert an ultimate and more lasting beneficial effect in many cases. Of all the hydrotherapeutic apparatus the continuous flow baths are used least of all since the number of cases in which such treatment is useful is limited and medical opinions differ on whether this or other methods of treatment are more valuable.

Mr. A. Shaw—Male Occupation Therapist—attended the Summer School of Weaving at Ditchling and received much useful instruction which he has already put into practice. The importance of occupation therapy need not be emphasised and in the interests of the progress of the patients it is essential that this should be developed to the utmost. The Members of the House Sub-Committee have recently reviewed the work carried out under the direction of the Occupation Therapists on the Male and Female sides and also by the staff in certain female wards. The use of part of the Male Patients' Dining Hall as an occupation centre has many drawbacks and must limit the scope of the work so that the proposed new occupation centre would be a most useful adjunct.

Social
Worker.

At the Meeting on December 3rd the Committee decided to appoint a trained psychiatric social worker whose duties will consist of (a) obtaining histories of new cases admitted, (b) keeping personal contact between patients in the hospital and relatives unable to visit them, (c) inspecting the home conditions of patients about to be discharged and reporting thereon to me for the information of the Committee, (d) putting into effect a system of "follow up" of discharged patients and (e) assisting at the out-patient clinics. Her work will be complementary to that of the work already done by the Mental After Care Association and the Visitor of the Guardianship Society whose help have been so useful in the past. Miss Milman, who has acted as Honorary Visitor in Eastbourne in the past, has very kindly offered to co-operate with the newly appointed worker and I have gratefully accepted her offer and also that of Mr. Horace Webb, Public Assistance Officer, who has promised to put the full resources and records of his department at her disposal. The new Social Worker will take up duty on the 1st April, 1939.

Out-Patient
Clinics.

In view of a certain alteration of out-patient facilities it was decided to open a department at the Municipal Hospital, and the Committee instructed me to proceed with arrangements. With the full co-operation and assistance of Dr. Firth, the Medical Superintendent, and the staff of the Municipal Hospital, the new department was opened on December 7th, 1938.

The Early Nervous Disorders Clinic was held on 48 occasions during the year at the Offices of the Guardianship Society, 3 Buckingham Place, Brighton, on Monday afternoons at 2.30 p.m.

The number of new cases was 63 and there were 224 attendances.

The new cases were of the following type :—Anxiety Neuroses 10, Obsessional Neurosis 1, Hysterical fugues, 1, Thyrotoxicosis 2, Reactive depression 7, Menopausal depression 3, Recurrent depression (manic depressive) 2,

Early Schizophrenia 14, Recovering Confusional state 1, Hypomania 1, Recurrent Mania (manic depressive) 2, Paraphrenia 4, Post Encephalitic Parkinsonism 2, Post Encephalitic defect 1, Mental Deficiency 4, Congenital Syphilitic (? Early G.P.I., refused Lumbar puncture or treatment) 1, Inebriety 1, Idiopathic Epilepsy 3, Post Traumatic Epilepsy 1, Behaviour problems in young children 2.

Sixteen patients were recommended for treatment as Voluntary Patients in the new Hurstwood Park Hospital.

The problem of dispensing medicine at this Clinic and of the taking of specimens for pathological examination has been satisfactorily overcome and the Clinic is now working in close co-operation with the Clinic at the Municipal Hospital which is held on Wednesday evenings at 6 p.m.

I take this opportunity of thanking Dr. S. E. Gill and Nurse Milton for their co-operation and assistance in the Clinic at 3, Buckingham Place, and Doctor Firth, for his assistance in organising the new Clinic at the Municipal Hospital.

It is very satisfactory that the high proportion of Voluntary patients admitted in the Voluntary class compared Patients. with the Certified class is maintained and increased. In the year 1937 55% of Direct Admissions came voluntarily, and out of a total of 98 County and Borough Mental Hospitals in England and Wales only five had a higher proportion of voluntary patient admissions. In the year 1938 the number increased to 62%. Many patients who are "certifiable" realise clearly their illness and are willing to accept treatment. Certification still unfortunately retains its stigma in the minds of many (though to a gradually lessening degree) and it is much more satisfactory from the patient's point of view and less of a disaster from the point of view of the feelings of the relatives if it has been avoided.

The admission of every possible case on a voluntary basis is the aim of the staff of this hospital and the Public Assistance Department of the Borough. Occasionally relatives are less co-operative than is desired in that they refuse to accept responsibility for the care of a patient who, whilst still mentally ill and requiring care and supervision, insists on exercising his or her right to leave the Hospital. This is only one of the many administrative difficulties of dealing with a high proportion of voluntary admissions. However many patients are admitted on a voluntary basis, and however many patients of the early and recoverable type are admitted the mental hospital tends to have a large proportion of persons regarded as chronically ill. Most other institutions in England tending the sick discharge their patients when it does not seem possible to relieve the condition by further treatment and such patients who cannot be cared for by relatives for financial or other reasons are admitted to a municipal hospital or a mental hospital. The municipal hospital and the mental hospital are thus in the unfavourable position of not only keeping their own chronically sick patients and therapeutic failures but of accepting those of others.

Staff
Changes.

The posts of Senior and Junior Assistant Medical Officers and that of Matron were vacant when I took up duty at this hospital. Dr. James Carson, who has been at Knowle Mental Hospital, Fareham, Hants, was appointed Senior Assistant Medical Officer by the Committee and took up duty on 13th April, 1938. Dr. F. A. Bleaden was appointed Junior Assistant Medical Officer by the Committee and took up duty on 1st May, 1938. Miss N. C. Morris (Assistant Matron) was appointed Matron on 2nd April, 1938. Miss E. G. Griffith was appointed First Assistant Matron and took up duty on 7th May, 1938. Mr. E. E. Doughty retired from the post of Storekeeper on the 31st October, after long and faithful service in this hospital. In all he completed fifty years, thirty-four of which were spent here and the initial sixteen years at Powick Mental Hospital, Worcester. Mr. Doughty has been succeeded

by Mr. F. Lord who was appointed First Assistant Clerk and Storekeeper and took up duty on the 30th October, 1938. Mr. Lord had previously been on the staff of Northumberland Mental Hospital, Morpeth. Mr. S. T. Ashton was appointed Pharmacist and took up duty on the 19th June, 1938. This Hospital had not previously had the services of a qualified pharmacist.

The death of Mr. Geoffrey Bate, F.R.C.S., on the 24th November was a sad blow to the Hospital. He lived to see the Surgical Unit of this hospital, which he equipped and about which he was most enthusiastic, fully established. His skill as a surgeon was well known and his charm and unfailing courtesy to all made him very popular here. During Mr. Bate's illness and since his death, Mr. John R. Griffith, F.R.C.S., has been the Visiting Surgeon. At their Meeting on 2nd July, 1938, Dr. H. J. Cubbon was appointed Consulting Radiologist by the Visiting Committee.

On the 19th January, 1938, a patient developed scarlet fever shortly after admission and the disease rapidly assumed epidemic proportions in the Hospital. There were 27 cases in all, 14 females and 13 males, including three Male Nurses. One case died of broncho-pneumonia following scarlet fever. The localisation of the disease was most difficult and I gratefully acknowledge the assistance of Dr. W. B. Stott, Medical Officer of Health of Cuckfield Rural District Council and Cuckfield and Burgess Hill Urban District Councils and Dr. L. R. Janes. Dr. Janes carried out 318 throat swab examinations. Prontosil, a recently discovered drug, was used with great efficacy.

Cases of enteric fever developed in Female Ward 6 on the 26th February, 1938, and on the 18th November, 1938, and since isolated cases are stated to have occurred over a number of years past in that ward, a systematic bacteriological examination is being carried out in the Hospital laboratory with a view to identifying a possible carrier. Incidentally a replacement of drains was carried out in this area.

Water Supply

An analysis of the water from the well supplying this Hospital carried out on the 14th February, 1938, was not satisfactory, but although it showed no evidence of dangerous pollution certain sewage disposal in the immediate vicinity but outside the Hospital boundary made serious attention to the safety of the water supply imperative. Dr. Stott and Mr. Cathcart, the Borough Waterworks Engineer, visited the well on different occasions and they advised as to the procedure to be adopted. The bacteriological tests suggested that this contamination was from the surface rather than the subsoil and a fence has been erected to keep live stock from the immediate vicinity of the well, also certain land drains received attention. A report from the Clinical Research Association dated 28th November, 1938, states "the above results show this water to be quite satisfactory for drinking purposes."

General Improve- ments.

Redecoration of the wards and the general modernisation of the building started about ten years ago have continued. A Belliss & Morcom reciprocating engine for electricity generation has been installed in the boiler house.

Entertain- ments.

Weekly Cinema or Concert Party entertainments and a weekly dance are enjoyed by the patients during the winter months.

During the summer the patients' cricket team was equipped with the necessary flannels out of the Patients' Amusement Fund and home and away matches were played at West Park, Banstead and Hellingly, in addition to matches against the staff. The patients' football team has also been provided with the necessary equipment from the same Fund and similar fixtures arranged.

Mr. J. E. Barnett, Chief Charge Nurse, is in charge of patients' games and physical culture.

Miss Baskin and Miss Dolan continue to take a great interest in the patients, especially in Female Wards 8 and 9 respectively and their visits are very greatly appreciated by the patients. I would like to take this opportunity of acknowledging with gratitude their very valuable work. The Nondescript Society continues to be a great source of interest and entertainment and although its Meetings have continued uninterrupted the work of the Society has suffered through the illness of the Chaplain, who in addition to his other duties superintends the library and is most interested in patients' games and entertainments.

Miss I. Coffin Duncan and Dr. George W. Mackay, ^{Special} Commissioners of the Board of Control, visited the ^{Visits.} Hospital on the 9th and 10th March, 1938, and their recommendations are receiving attention. One of the most important of these was in reference to Male Ward 9 which is now a dormitory and is not used at all during the day so that there is no necessity to provide a ward kitchen.

Dr. A. Collins visited the Service Patients in this Hospital on the 24th February, 1938, and on the 20th October, 1938.

With regard to disinfection, Rideal Walker tests have ^{Laundry.} just been completed on the disinfectants of two different firms with a view to assessing the potency of these, and infected clothing will be steeped in a cold solution of the disinfectant selected. This, of course, is in the nature of an experiment to replace the old system of boiling all infected clothing which played havoc particularly with woollens and flannels.

With regard to the re-organisation of the laundry; the Committee have decided to spend up to £2,700 in the financial year 1940-41 for reconstruction and equipment.

Casualties. The following casualties occurred during the year :—

E.S. Fracture of left neck of Femur, caused by falling on floor. L. D. Right Colles fracture, patient knocked her hand against door. B. G. Fracture of neck of both femora in cardiazol convulsion. G. D. Fracture metacarpal. An inquest was held on one patient on the 24th February, 1938, the cause of death was Asphyxia by plugging his throat with a handkerchief. No blame was attached to the Staff.

Training of Nurses.

Of a total of 83 men and 105 women on the Nursing Staff, 53 men and 64 women are in possession of the full qualifications of the Royal Medico-Psychological Association in Mental Nursing. During the year 1938, 4 men and 3 women obtained the Final Certificate of that Association and 6 men passed the Preliminary examination. Lectures continue to be given by the Medical Officers and the Sister Tutor who has the assistance of the Matron and First Assistant Matron in this matter. Miss Griffith is giving special instruction in operating theatre technique.

The conduct of the Staff has been excellent and under the direction of the Matron and the Chief Male Nurse their care of the patients has been very satisfactory.

Admissions. *Direct Admissions for 1938.*

	M.	Percentage.	F.	Percentage.	Total	Percentage.
Voluntary ...	70	(62%)	103	(62%)	173	(62.%)
Temporary ...	8	(7%)	10	(6%)	18	(6.5%)
Certified ...	35	(31%)	53	(32%)	88	(31.5%)
Total direct						
Admissions	113		166		279	

Discharges.

	M.	Percentage.	F.	Percentage.	Total	Percentage.
		of above		of above		of above
Recovered ...	34	(30.1%)	48	(28.9%)	82	(29.4%)
Relieved ...	20	(17.7%)	53	(32.0%)	73	(26.2%)
Not improved	10	(8.8%)	7	(4.2%)	17	(6.1%)

Transfers to other Institutions.

Males	Females	Total
7	25	32

Deaths amongst patients numbered 85, *i.e.*, 8.8% Deaths.
of the average daily number resident. 46% of these
deaths occurred in persons over 60 years of age.

The average daily number on the Registers during Numbers
the year was 373.3 Males and 587.7 Females, making Resident.
a total of 961.

The number of patients in the Hospital on 31st
December, 1938, was :—

	<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified.</i>	<i>Total.</i>
Males ...	50	3	325	378
Females	87	2	491	580

which compared with 1937 as follows :—

	<i>Voluntary.</i>	<i>Temporary.</i>	<i>Certified.</i>	<i>Total.</i>
Males ...	23 more	1 more	11 less	13 more
Females	12 more	2 more	19 less	5 less

I am indebted to the Deputy Medical Superintendent, Acknowledg-
Dr. Guppy, and my two other medical colleagues for ment.
their enthusiastic and harmonious co-operation, and
also to Mr. W. E. Mitchell, the Clerk and Steward, whose
assistance, so readily given, has been invaluable. At
the opening of Hurstwood Park Hospital a special
appreciation of Mr. Mitchell's work in connection with
the equipping of that Unit was expressed.

In conclusion I should like to thank all Members of
the Visiting Committee for the courtesy and kindness
I have received. This has made my first year in your
Service a very pleasant one.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

W. McCARTAN,

Medical Superintendent.

REPORT OF THE CONSULTING PATHOLOGIST.

20th March, 1939.

To the Visiting Committee.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit my Annual Report for the year 1938, along with a tabular statement showing the corresponding figures for 1937.

During the year, 978 specimens were received compared with 248 for the previous year; the actual number of investigations being 1,484 compared with 359 in 1937. This enormous increase is largely due to two series of investigations, namely the examination of nasal and throat swabs during the epidemic of Streptococcal infection at the beginning of the year (329 swabs were so examined) and the systematic examination of the blood and excreta of patients in order to detect Enteric fever carriers. The latter investigation is still in progress at the present time but should be completed in the near future.

The following Statement is an analysis of the work done :—

	1938.	1937.	In-crease.	De-crease.
Histological Section of tissues	12	5	7	—
Blood Counts	122	29	93	—
Biochemical examinations ...	65	66	—	1
Including blood sugar estimations, blood urea estimations, Colloidal gold test				
Estimation of B.M.R.				
Bacteriological examinations ...	416	33	383	—
Including inflammatory products, Sputa, Urines, Faeces, Swabs for K.L.B., Milks.				

Serum Reactions.	1938.	1937.	In-crease.	De-crease.
1. Wassermann reactions (blood)	197	127	70	—
2. Kahn reactions (blood)...	—	73	—	73
3. Wassermann reactions (C.S.F.)	5	13	—	8
4. Agglutination reactions (per organism)	483	25	458	—
Blood sedimentation rates ...	—	111	—	111

The new laboratory at Hurstwood Park has proved invaluable and the equipment there enables all the more usual tests to be done in the Hospital.

I have the honour to be, Ladies and Gentlemen,

Your Obedient Servant,

(Signed) L. R. JANES,

Consulting Pathologist.

REPORT OF THE RESIDENT PATHOLOGIST.
HURSTWOOD PARK HOSPITAL, LABORATORY.

30th January, 1939.

The number of examinations made during the period August 16th, 1938 to December 31st, 1938 was 711.

DETAILS.

Blood.

Total Counts	...	...	...	123
Haemoglobin	...	...	...	121
Blood Sedimentation Rate	...	...	...	119
Packed Cell Volume	...	...	...	113
Blood Grouping	...	...	...	8
Blood Films (malaria)	...	...	...	18
Differential Counts	...	...	...	4
Reticulocyte Counts	...	...	...	1

Blood (Chemical).

Blood Urea	...	...	...	12
Single Blood Sugar	...	...	...	1
Glucose Tolerance Estimations	...	...	...	7

Serological Reactions.

Kahn (Blood)	...	...	...	81
--------------	-----	-----	-----	----

Cerebro-Spinal Fluid.

Kahn	...	...	...	2
Cell Counts	...	...	...	4
Globulin Estimations	...	...	...	4
Colloidal Gold Tests	...	...	...	4
Protein	...	...	...	4

Faeces.

Bacteriological	...	...	...	73
Chemical	...	...	...	1

Urine.

Special Examinations	...	...	...	7
----------------------	-----	-----	-----	---

Fractional Test Meals	...	...	...	4
-----------------------	-----	-----	-----	---

J. CARSON,
Resident Pathologist.

REPORT OF THE CHAPLAIN.

1, SUNNYWOOD DRIVE,

HAYWARDS HEATH,

30th January, 1939.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

(1) I have the honour to report to you that Services have been conducted in the Hospital Chapel every Sunday at 8.30 a.m., 10 a.m., and 3 p.m. There have been other Services on Saints Days, occasional week-days and on Special Occasions. Services have also been held at Beechmont, Hurstwood Park Hospital, and in some of the Wards. The Services in the Hospital Chapel have been well attended.

(2) All patients on "Sick Notice" have been visited regularly and regular visits have been made to the wards.

(3) The Library books in the wards were changed regularly during the first nine months of the year. The Books which have been for some time past kept in the Committee Room and issued from there to the patients who were able to leave their wards are now kept in the Chaplain's room and will in future be issued from there. This will ensure regular "Library Days" which was impossible before as the Committee room was so often needed for other purposes.

The Staff Library is used to its utmost capacity, and there has been a steady flow of books from the Staff Library to the General Patients' Library.

(4) We have had visits from the Lord Bishop of Chichester, the Lord Bishop of Lewes and the Arch-deacon of Lewes. All have expressed their appreciation

and approval of the improvement made to the Hospital Chapel by the alteration of the seating and putting in the pulpit and font. (All the work was done by the Hospital Staff).

(5) There were 28 Funerals during the year. Again I would like to record my appreciation of the conduct and reverence of the Staff detailed for this duty. On several occasions mention has been made of this by mourners.

(6) I am most grateful to the Visiting Committee, the Medical Superintendent and other Officers and Staff who have given me encouragement and backing in all my efforts to serve the Hospital.

(7) Finally I should like to express my gratitude to the Visiting Committee, the Medical Superintendent and Officers for the many acts of kindness I received from them during my enforced absence through illness, and to those who undertook my duties during that period.

I have the honour to be, Ladies and Gentlemen,

Your Obedient Servant,

W. G. FROSTICK,

Chaplain.

REPORT OF THE DENTAL SURGEON.

"SNOWDON,"

SYDNEY ROAD,

HAYWARDS HEATH,

30th January, 1939.

The Dental Surgeon has the honour to lay before the Committee his Annual Report.

The number of patients attended since January, 1938, has been 791 : Males, 360, Females, 431.

The number of teeth extracted has been 423, gas being administered in 86 cases, the remainder being extracted with local anaesthetic.

The number of fillings completed has been 11, and 68 patients have had their teeth scaled and cleaned.

A number of patients have had their dentures fitted and attended to.

The Dental Surgeon wishes to thank the Medical Officers for their kind assistance in the administration of N₂O Gas.

S. F. GLASSINGTON,

L.D.S., F.R.P.S., GLAS.,

Dental Surgeon.

REPORT OF COMMISSIONERS OF THE
BOARD OF CONTROL.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH,

10th March, 1938.

The past two days have been spent in visiting all parts of the Hospital. Since our colleagues last visited the most noteworthy event has been the retirement, on the 31st of last January, of Dr. Harper Smith. Of the thirty-three years during which he has been engaged in this field of Medicine, all but six were spent in the service of this Hospital, and for the last fourteen years he has filled the post of Superintendent. As such, he has been well known to our Board for the ability of his administration and his devotion to the interests of his patients. By his active help at Out-Patient centres, he also has done much to promote the early treatment of nervous and mental illnesses, means for which will be notably increased by the opening in a few months of the Admission Hospital for twenty male and thirty female patients, plans of which were approved in 1936. Among other improvements in which Dr. Harper Smith has actively interested himself have been the opening of Beechmont House for private patients, the extension of a Nurses' Home, and a great extension in the provision of houses and cottages for members of the male staff.

As his successor, the Committee have appointed Dr. William McCartan (M.D. Belfast, M.R.C.P. Lond., D.P.M., D.P.H.), who besides his twelve years' Mental Hospital experience, the latter part of which was as Deputy Superintendent at Banstead, evidently brings to his new work a sound knowledge of hospital adminis-

tration, of modern principles in psychological treatment, and a keenness to maintain and develop the good work of his predecessor.

We believe we have seen all the patients in the Hospital and we have given three private interviews. There were to-day 955 patients—362 males and 593 females—in residence. As one patient of each sex is at present out on leave or on trial the total number on the Statutory Books is 957. Of the total in residence 36 men and 83 women are here on a voluntary basis, two men and three women are temporary patients and the remainder are under certificates.

In examining the direct admissions for 1937 we find that of a total of 255 no less than 141 were voluntary, 15 were temporary, and only 99 were certified cases. These figures show how well the provisions of the Mental Treatment Act (1930) are being used in the County Borough and reflect credit on all concerned.

Private Patients number 39 males (25 in the Service or Ex-Service group) and 54 females. These patients make weekly payments of from £1 15s. to 10 guineas a week. The charge for rate-aided patients is £1 7s. 5d. a week, the weekly maintenance cost as last ascertained being £1 7s. 2d.

Thirteen men and thirty-two women enjoy parole beyond the grounds and 90 men the more restricted privilege within the grounds. One ward on each side is open to the grounds and four female wards are open to the ward gardens.

By day there is overcrowding of 14 males and 86 females and by night of four males. The new Admission Hospital, the opening of which has had to be delayed, will provide some relief in this regard. We should mention here the number of Mental Defectives who are still housed in this Hospital, they number about 45 males and 20 females.

Some of these patients will be transferred to Laughton Lodge in the not too distant future where they will be

much more appropriately placed, and the beds so vacated will provide further much needed accommodation.

Much is done at this Hospital to make the patients as comfortable as possible, and we have noted with much pleasure the excellent furnishing of all the wards. The day-rooms are well provided with easy chairs and couches and small tables of modern pattern. There is a good supply of flowers and plants everywhere, an ample supply of books and papers and also of games. In all the better wards patients are provided with lockers for their personal treasures. We would make special mention also of the fact that those patients being nursed on the verandahs have their meals served on hot-water plates to secure that their meals should be served really hot.

Since the last visit of our colleagues a great deal of exterior and interior re-decoration has been carried out. The modernization of a number of ward sanitary annexes has been completed, and this work is to be continued during the coming year. We realised the urgent need of modernization in visiting the dormitory of F. 7. where the sanitary arrangements leave much to be desired and also in M. 9. The latter ward consists of a combined day-room and dormitory housing some 15 male imbeciles. There is only a very small room off it with one W.C., urinal and one wash-basin, and this room is also used for some of the purposes of a ward kitchen—a most undesirable arrangement but which, we trust, is shortly to be altered.

The outbreak of Scarlet Fever at this Hospital will be mentioned later in this report, but we refer to it here because the isolated cases on the male side are warded in M. 5., the admission and infirm ward, and, in consequence pending the opening of the Admission Hospital, new male patients have to be admitted to M. 8., a male sick ward without day-room accommodation. This has added greatly to the difficulties of the medical and nursing staffs.

The importance of Occupational Therapy and Physical Training has long been recognised here, and we are glad to find Dr. McCartan so fully alive to their importance. For the moment occupations have had somewhat to be curtailed owing to the Scarlet Fever epidemic, but we saw some excellent work being done particularly amongst the male patients.

We also witnessed a class of twenty males drilling in a ward garden and we were glad to hear that there were a number of other classes on both sides. We have made several suggestions to Dr. McCartan with regard to them, the most important being the necessity of gym. costumes and rubber shoes for all who take part in these classes. One male class is already so provided.

The clothing of the patients generally is very good, and an excellent system is in operation by which patients are provided with individual underclothing. The male patients are now being provided with pyjamas in lieu of nightshirts.

The private villa at Beechmont provides excellent accommodation for paying patients. Part of the house is used by five rate-aided patients who carry out domestic duties. Their day-room is somewhat dark, the windows looking out on to a blank wall.

We also feel that their dormitory on the top floor should be better ventilated. This could be very easily achieved.

Since the last visit there has unfortunately been an outbreak of Scarlet Fever, the first cases arising in January of this year and continuing to the date of this visit. During the first two months ten men and nine women were affected together with three members of the male staff. To-day nine men and eight women were still in isolation. At the same time there were

two cases of Erysipelas among female patients and one among the female nursing staff. Throat infections yielding a streptococcal organism have been concurrent with the previous conditions, and as a matter of routine many bacteriological examinations have been made in this connection. In November of last year one female patient contracted dysentery but at the present the hospital is free from enteric infections. Tuberculosis affects four men and three women, one only of these being a fresh case since the last visit.

It is perhaps appropriate here to mention that we consider that of all the improvements which may be made in the near future those which would affect the laundry seem to us the most desirable. We learn from the Medical Superintendent that he proposes to introduce new methods of disinfecting infected linen, but we think the premises themselves in which this is to be carried out are in urgent need of repair and renovation, and that more modern equipment appears to be necessary. In the foul-wash room too the equipment at present seems inadequate and a similar comment is applicable to the main laundry where it is appreciated that additional mechanical equipment is even now essential. Bearing in mind the increased calls that will be made on the laundry when the new Admission Hospital and its associated premises are occupied, we suggest that the whole problem of laundry capacity and management should be reviewed.

As a detail affecting the general hygiene in the wards and the disposal therein of foul linen, we recommend that the wooden receptacles in general use should be replaced by covered bins, which can themselves be cleansed at the laundry.

During the year 1937 the mortality rate was 6.8 per cent. on the male side and 5.3 per cent. on the female side, and during the period under review 27 men and 28 women have died. In 80 per cent. of the latter group post-mortem examinations were made. (We believe, incidentally that Dr. McCartan contemplates

improving the mortuary and viewing room). Of the causes of death, heart disease 25 cases, pneumonia 14 cases, were the commonest, affecting the respective sexes in about equal proportions. An inquest was held on one patient who caused death from asphyxiation by plugging the pharynx with a handkerchief; no blame was attached to the staff in attendance. Serious casualties in the same period consisted of four fractures, three involving limbs and one, unusual in type, of the transverse process of a lumbar vertebra as a result of a fall in the ward scullery.

The nursing staff consists of 11 male and female charge nurses, 56 and 61 male and female nurses, and 11 and 19 of each sex respectively are available for duty at night.

Fifty-six female and 61 male nurses are registered or certificated as mental nurses, and 11 and 14 respectively have passed the preliminary examination. No female nurses are as yet employed on the male side.

(Signed) I. COFFIN DUNCAN.

(Signed) GEORGE W. MACKAY.

Commissioners of the Board of Control.

REPORT ON INSPECTION OF SERVICE
PATIENTS.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH,

20th October, 1938.

Since my last visit to this hospital one Service Patient has been transferred from Chichester and one Voluntary Patient has been discharged and re-admitted on the same basis. He still requires hospital care and treatment. Two of the twenty-five Service Patients, whose names are on the hospital books, are totally blinded from war wounds. One Service Patient was confined to bed on an open air verandah very deluded and suicidally inclined, and another was in bed on the verandah of the New Admission Block and Treatment Centre following an operation for removal of a piece of shrapnel. They were both in receipt of excellent care and attention. The New Treatment and Admission Block, which has been opened since my last visit is of excellent design, well equipped and furnished and situated in very beautiful surroundings. A consulting surgeon, pathologist and radiologist are available when required and a dental surgeon attends weekly.

A copy of the dietary is attached. I saw a very good dinner of meat pie and vegetables followed by a type of Christmas pudding which was much appreciated.

The " up " patients were clean, neat and tidy, and apart from delusional states, very contented. They were well clothed and many enjoy special extras. One was suffering from a slight injury to the knee caused while playing football.

There is a handicraft class, a canteen and good provision is made for recreation and amusement including sound films.

Treatment of schizophrenia by cardiazol is being carried on.

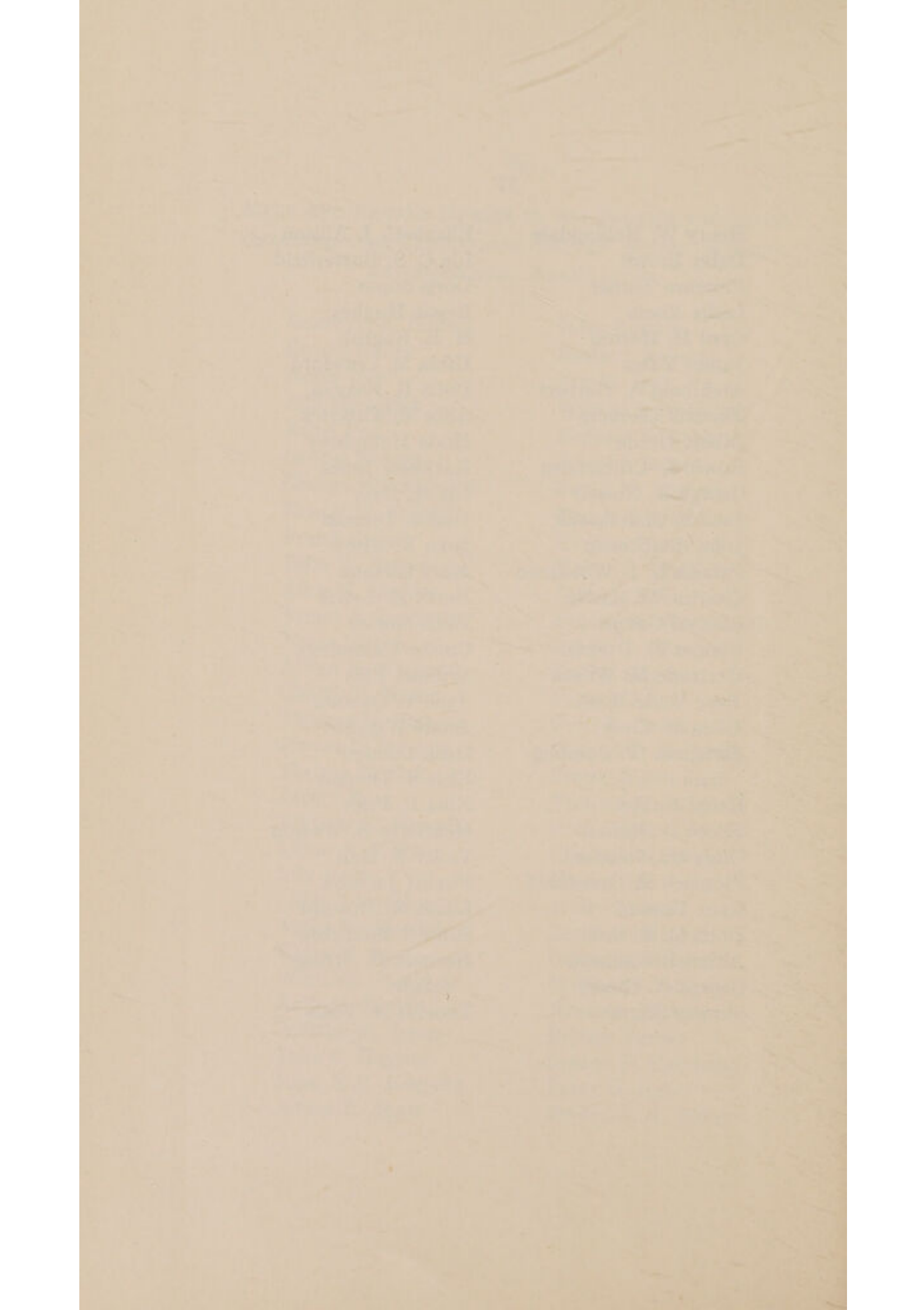
I have to thank Dr. McCartan for the arrangements made for my visit.

(Signed) HEADQUARTERS MEDICAL INSPECTOR,
MINISTRY OF PENSIONS.

MALE AND FEMALE NURSES IN THE SERVICE WHO HAVE
OBTAINED THE CERTIFICATE OF THE ROYAL MEDICO-
PSYCHOLOGICAL ASSOCIATION.

Annie G. E. Hoxey	John Robson
Ernest Fuller	Herbert Barnard
Edith Iron	Ivy M. Seal
Ada Hodgetts	Wilfred Rutherford
Ethel Fox	Herbert F. Parry
George Bridger	Herbert Bolton
George Bellchamber	Frank M. Barratt
Ernest H. Vinehill	Fanny Benjamin
Frank Carter	Eveline Bromfield
John E. Barnett	Mabel E. Walker
Alice M. Shelley	John J. Allen
James A. Rodman	Phyllis M. Wadsworth
Annie Elstob	Edwin J. Chadwick
Alfred E. Nunns	Ernest Hague
George F. Mason	Francis Kane
Thomas G. Parsons	Cyril E. Groves
Emma L. Stevens	Charles T. Roberts
Thelma M. Cox	Frank Hillier
Albert King	Frances M. Adams
William G. Murrell	Fred Beech
Lilian A. Webb	Charles A. Parkin
Lily Paul	Monica Mc Farlane
Lilian Umpleby	Jessie Thomas
Agnes M. Howick	Leslie G. Hughes
Daisy M. Bass	Gertrude Thissen
Winifred Unwin	William J. Allison
Amy M. Beavis	Norman Fletcher
William H. Jones	Bertha Turner
John C. Hughes	George F. Marchant
John E. C. Keeping	Percy G. Ralfe
Albert A. Shaw	Frederick R. Baker

Henry W. Hollingdale	Elizabeth J. Allison
Daisy Brown	Ida C. S. Butterfield
Florence Turner	Doris Simm
Leslie Room	Bessie Hughes
Cyril H. Morton	M. E. English
James Yates	Hilda M. Crawford
Archibald A. Herbert	Doris E. Beavan
Thomas Leeming	Alice McKitterick
Albert Hinde	Hilda Humphrey
Edwin L. Cruttenden	Kathleen Jones
George R. Nowell	Iris M. Dyer
Jack F. Shambrook	Joan I. Duncan
John Blackburn	John R. Elsey
Patrick L. J. Woodman	Mary Gleeson
Charles W. Martin	Netty H. Lewis
Clifford Gough	Ellen Morley
George W. Draper	Crosby Cummings
Gertrude M. Wilson	William Ellis
Rose V. A. Bond	Jane T. Dawson
Edna M. Cook	Annie Wiggin
Elizabeth W. Cunningham	Delia Lundon
Helen Nutley.	Elsie S. Thomas
Eileen G. Heron	Nina L. Prior
Olive M. Webster	Henrietta B. Wesson
Florence M. Greenfield	Violet E. Hall
Irene Firman	Phyllis Jackson
Doris M. Powell	Lilian M. Howard
Alfred Broomhead	Samuel Middleton
George R. Hoxey	Norman H. String-
Stanley Simm	fellow
	Thomas A. Toms



STATISTICAL TABLES

FOR THE

Year ending December 31st, 1938.

TABLE 1.
General Table, showing the movement of the Mental Hospital Population during the Year 1938.

	Certified.			Temporary.			Voluntary.			Totals.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
On the Register January, 1st, 1938	336	510	846	2	—	2	27	75	102	365	585	950
Total cases admitted during the year	45	70	115	8	10	18	78	112	190	131	192	323
Total cases under treatment during the year	381	580	961	10	10	20	105	187	292	496	777	1273
Departures, Discharges and Transfers during the year :—												
Recovered	12	10	22	2	1	3	20	37	57	34	48	82
Relieved	5	22	27	1	—	1	15	39	54	21	61	82
Not improved	6	18	24	—	—	—	10	6	16	16	24	40
Died during the year	27	34	61	1	2	3	7	14	21	35	50	85
Total Departures, discharged, transferred and died during the year	50	84	134	4	3	7	52	96	148	106	183	289
On the Registers, December 31st, 1938	325	491	816	3	2	5	50	87	137	378	580	958
Average daily number on the Registers during the year	328	504	832	2	1	3	44	83	127	374	588	962

	Certified.			Temporary.			• Voluntary.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
*Number of persons under care during the year	374	574	948	10	10	20	100	182	282
Number of persons admitted during the year	39	65	104	8	10	18	72	106	178
Number of persons recovered during the year	10	9	19	1	1	2	20	37	57

* i.e.: Separate persons in contradistinction to "cases" which may include the same individual more than once.

TABLE 2

GENERAL TABLE, showing the movement of the Mental Hospital Population during each year since the year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.										Total Number under Treatment.										Discharged or Transferred.										Died.	Remaining on Registers, 31st December.										Average Daily Number in Asylum.	Percentage of Total Recoveries out of Total Admissions.	Percentage of Total Recoveries on the Direct Admissions.	Percentage of Average Number on Registers.
	Direct.					Indirect.					Total.					Recovered.					Relieved.					Not Improved.						On Registers.													
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.															
1850...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1851...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1852...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1853...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1854...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1855...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1856...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1857...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1858...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1859...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1860...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8	14	1	1	2	4	6	10	138	153	291	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...			
1861...	28	29	57	115	135	250	143	184	327	143	164	307	143	164	307	2	2	4	6	8																									

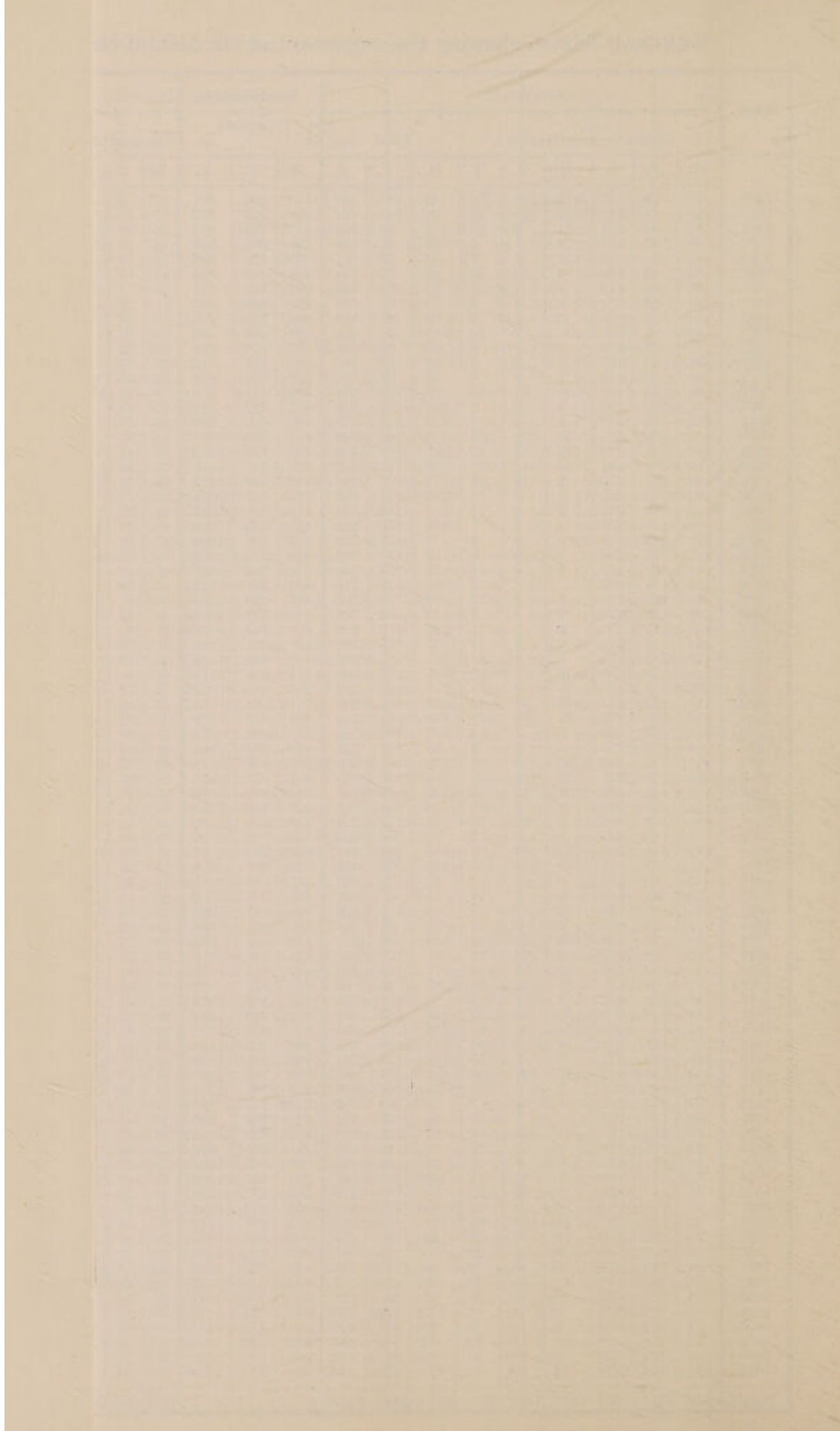


TABLE 3.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the year 1938.

Forms of Mental Disorder.	Direct Admissions.			Transfers.			Total.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
1. Intellectual { <i>a.</i> With Epilepsy ... { <i>b.</i> Without Epilepsy ...	— 2	2 5	2 7	1 —	— 3	1 3	1 2	2 8	3 10
2. Moral ...	—	—	—	—	—	—	—	—	—
3. Insanity with Epilepsy ...	2	9	11	1	—	1	3	9	12
4. General Paralysis of the Insane ...	4	1	5	—	—	—	4	1	5
5. Insanity with Grosser Brain Lesions ...	1	1	2	—	—	—	1	1	2
6. Acute Delirium ...	13	15	28	—	1	1	13	16	29
7. Confusional Insanity ...	—	1	1	—	—	—	—	1	1
8. Stupor ...	25	16	41	2	1	3	27	17	44
9. Primary Dementia ...	7	4	11	—	—	—	7	4	11
10. Mania { <i>a.</i> Recent ... { <i>b.</i> Chronic ... { <i>c.</i> Recurrent ...	3 19 2	2 36 8	5 55 10	— — 1	— 1 1	— 1 2	3 19 2	2 37 8	5 56 10
11. Melancholia { <i>a.</i> Recent ... { <i>b.</i> Chronic ... { <i>c.</i> Recurrent ...	4 — 1	15 — 5	19 — 5	— — 1	— — 5	— — 5	— — 3	5 — 27	5 — 30
12. Alternating Insanity { <i>a.</i> Systematised ... { <i>b.</i> Non-Systematised ...	3	22	25	—	—	—	3	27	30
13. Delusional Insanity { <i>a.</i> Impulse ... { <i>b.</i> Obsession ... { <i>c.</i> Doubt ...	—	3	3	—	—	—	—	3	3
14. Volitional Insanity ...	—	2	2	—	—	—	—	2	2
15. Moral Insanity ...	—	—	—	—	—	—	—	—	—
16. Dementia { <i>a.</i> Senile ... { <i>b.</i> Secondary ...	14	11	25	—	—	—	14	11	25
17. Voluntary Patients (above forms not applicable) ...	12	8	20	—	—	—	12	8	20
Totals ...	113	166	279	6	12	18	119	178	297

Infantile men-
tal deficiency
(idiocy or im-
becility occur-
ing as early
in life as it can
be observed).

Insanity occurring later in life

TABLE 4.

An Analysis of the Discharges and Transfers during the Year 1938.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions :—									
First-Attack Cases	14	29	43						
Not First-Attack Cases	19	15	34						
Cases unknown whether First-Attack or not	—	3	3						
Total from Direct Admissions ...				33	47	80			
From Transfers :—									
First Attack-Cases	—	—	—						
Not First-Attack Cases	1	—	1						
Cases unknown whether first attack or not	—	1	1						
Total from Transfers				1	1	2			
Total Discharged as Recovered ...				34	48	82			
Discharged (not Recovered) as :—				Relieved.			Not Improved.		
Relieved	20	53	73	20	53	73	10	7	17
Not Improved	10	7	17						
Total	30	60	90						
Reasons for such Discharge.									
To go to Care of Friends	27	49	76						
" Municipal Hospital	1	8	9						
" Mental Hospital (As Voluntary Patient)	1	1	2						
To be Boarded Out	—	—	—						
Statutory, by Irregularity in Reception Order	—	—	—						
" escaped and was not recaptured within 14 days	—	—	—						
Other reasons	1	2	3						
Total	30	60	90						
Transferred as :—									
Relieved	1	8	9	1	8	9	6	17	23
Not Improved	6	17	23						
Total	7	25	32						
Destinations of such Transfers.									
To other Mental Hospitals, Reg. Hospitals, and									
Licensed Houses	7	25	32						
To " Single Care "	—	—	—						
Other Destination	—	—	—						
Total	7	25	32						
Total Discharged and Transferred as :—									
Relieved				21	61	82			
Not Improved							16	24	40

TABLE 5.
Showing principal causes of death during the year 1938 together with ages at death.

Cause of Death	Under 16		16-19		20-24		Ages 25-34		35-44		45-54		55-64		65 and upwards		Total		
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	T
General Diseases :—																			
Influenza	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Dysentery	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Pulmonary Tuberculosis	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	1	1	2
Cancer	...	...	...	...	...	...	1	...	...	...	...	...	2	...	1	...	4	4	4
Diabetes	...	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1	1	1
Diseases of Nervous System :—																			
Cerebral Hæmorrhage	...	...	...	...	...	...	...	1	...	...	2	...	3	1	...	2	5	7	7
Softening of Brain	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
General Paralysis of Insane	...	1	...	...	...	...	1	...	1	...	2	2	1	...	1	...	6	3	9
Epilepsy	...	...	...	...	...	...	...	2	2	...	...	...	...	1	...	3	2	5	5
Other Diseases of the Nervous System	...	...	...	...	...	...	...	...	...	1	...	...	...	...	...	1	...	1	1
Diseases of Circulatory System :—																			
Diseases of the Heart	...	...	...	...	...	...	...	...	2	...	3	5	7	3	11	8	23	31	31
Diseases of the Arteries	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Diseases of Digestive System :—																			
Duodenal Ulcer	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Diarrhoea and Enteritis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Ulcer of the Stomach	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Hernia	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	1	1	1	2
Diseases of Respiratory Organs :—																			
Broncho Pneumonia	...	...	1	...	1	...	1	...	3	2	1	4	...	3	2	11	7	18	18
Other Diseases of the Respiratory System	...	...	...	...	...	...	...	...	...	...	1	...	...	1	...	1	1	2	2
Diseases of Urinary System :—																			
Chronic Nephritis	...	...	...	...	...	...	...	...	...	...	1	...	...	...	...	...	1	1	1
Septicaemia	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Other diseases of the Kidneys	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Appendicitis	...	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1	1	1
Asphyxia by Suffocation	...	...	...	...	...	...	...	...	...	1	...	...	...	...	...	1	—	1	1
TOTALS ...	...	1	1	...	1	...	2	2	4	8	6	10	10	14	11	15	35	50	85

1871

1872

1873

1874

1875

1876

1877

1878

1879

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1881

1882

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1884

1885

1886

1887

1888

1889

1890

1891

1892

1893

1894

1895

1896

1897

1898

1899

1900

RATE-AIDED AND SERVICE PATIENTS' DIETARY SCALE.

		Males.	Females.
BREAKFAST.	Bread	6 ozs.	5 ozs.
	Butter-Mixture	$\frac{1}{2}$ "	$\frac{1}{2}$ "
	Tea, Coffee or Cocoa	1 pint	1 pint
with one of the following Extras <i>daily</i> .—			
	Fish Paste or Meat Paste	1 oz.	1 oz.
	Tinned Meat	2 ozs.	2 ozs.
	Porridge	$\frac{1}{2}$ pint	$\frac{1}{2}$ pint
	Luncheon Sausage ...	2 ozs.	2 ozs.
	Brawn	2 "	2 "
	Marmalade	$1\frac{1}{2}$ "	$1\frac{1}{2}$ "
	Jam	$1\frac{1}{2}$ "	$1\frac{1}{2}$ "
	Bacon	3 "	3 "

Formulae :—

Cocoa, per 100 pints=26 ozs. Cocoa, 3 lbs. Sugar,
 $1\frac{1}{2}$ gallons Milk.

Coffee, per 100 pints= $1\frac{1}{2}$ lbs. Coffee, $2\frac{3}{4}$ lbs. Sugar, $1\frac{1}{2}$
gallons Milk.

Tea, per 100 pints=13 ozs. Tea, 3 lbs. Sugar, $1\frac{1}{2}$ gallons
Milk.

Porridge, per 100 pints= $18\frac{3}{4}$ lbs. Oatmeal, 8 tins Con-
densed Milk, or $12\frac{1}{2}$ gallons Fresh Milk, and 3 lbs. Sugar.

DINNERS (selected from)	Males.	Females.
Fried Fish with White Sauce	4 ozs.	4 ozs.
Potatoes	12 "	12 "
Bread	2 "	2 "
Suet Pudding with ...	6 "	6 "
Golden Syrup,	$1\frac{1}{2}$ "	$1\frac{1}{2}$ "
(or Milk Pudding) ...	$\frac{1}{2}$ pint	$\frac{1}{2}$ pint
Roast Beef, Mutton or Pork	6 ozs.	5 ozs.
Vegetables	12 "	12 "
Bread	2 "	2 "
Milk Pudding	$\frac{1}{2}$ pint	$\frac{1}{2}$ pint
Stewed Steak	5 ozs.	4 ozs.
Dumplings	4 "	4 "
Vegetables	12 "	12 "
Bread	2 "	2 "
Corned Beef... ..	$2\frac{1}{2}$ "	$2\frac{1}{2}$ "
Potatoes	12 "	12 "
Bread	2 "	2 "
Fruit Pudding	6 "	6 "

DINNERS (<i>continued</i>)		Males.	Females.
Cottage Pie ...	...	16 „	16 „
Bread ...	...	2 „	2 „
Cheese ...	...	1 oz.	1 oz.
Pea or Lentil Soup		1 pint	1 pint
Bread ...	...	2 ozs.	2 ozs.
Fruit Dumpling ...	...	6 „	6 „
Boiled Beef or Pork		5 „	4 „
Vegetables ...	...	16 „	16 „
Meat Pies & Puddings		12 „	12 „
Vegetables ...	...	12 „	12 „
Stew ...	...	1 pint	1 pint
Bread ...	...	2 ozs.	2 ozs.
Bread Pudding ...	...	6 „	6 „

Blue Peas or Haricots are substituted for Vegetables when latter are scarce.

Extras :—

When in Season : Stewed Rhubarb with Rice Pudding.
Fruit with Rice Pudding.
Fruit Pies or Puddings.

When in Season : Salads with dressing.

Formulae—

Soup, per 100 Patients = 18 lbs. Split Peas or Lentils, 50 lbs. Bones, &c., 50 lbs. Vegetables.

Fruit Dumpling, per 100 lbs. weight = 56 lbs. Flour, 14 lbs. Suet, 9 lbs. Currants, 9 lbs. Raisins.

Bread Pudding, per 100 Patients = 12½ lbs. Bread, 3 lbs. 2 ozs. Sugar, 2 lbs. 2 ozs. Fat, 2 lbs. 2 ozs. Currants, and Sweet Sauce.

White Sauce, per 100 Patients = 28 ozs. Flour, 12½ ozs. Butter Mixture, Vinegar a sufficiency.

Meat Pies and Puddings, per 100 Patients = 20 lbs. Flour, 6¼ lbs. Suet, 25 lbs. Meat.

Stew, per 100 Patients = 25 lbs. Meat, 50 lbs. Vegetables, with Pearl Barley or Curried Rice.

Suet Pudding, per 100 lbs. weight = 56 lbs. Flour, 14 lbs. Suet.

Cottage Pie, per 100 Patients = 25 lbs. Meat, 75 lbs. Vegetables.

Milk Pudding, per 100 pints = 12½ lbs. Rice, 6¼ lbs. Sugar 12½ gallons Milk.

TEAS.		Males.	Females
	Bread ...	6 ozs.	5 ozs.
	Butter Mixture ...	$\frac{1}{2}$ oz.	$\frac{1}{2}$ oz.
	Tea ...	1 pint	1 pint

with one of the following Extras *daily* :—

	Fish or Meat Paste...	$\frac{1}{2}$ oz.	$\frac{1}{2}$ oz.
	Golden Syrup ...	1 „	1 „
	Jam ...	1 „	1 „
	Honey ...	1 „	1 „
	Cake ...	3 ozs.	3 ozs.

Currant Cake is given as an alternative to Bread and Butter on one day.

Lettuce and Onions are given when supplies permit.

Stewed Fruit is given when supplies permit instead of Jam.

Formulae for making Cake, per 100 lbs.=64 lbs. Flour, 14 lbs. Currants, 14 lbs. Sugar, 21 lbs. Fat or Butter-Mixture, $\frac{1}{2}$ lb. Spice.

Tea, per 100 pints=13 ozs. Tea, 3 lbs. Sugar. $1\frac{1}{2}$ gallons Milk.

EXTRAS.

For Supper, Male and Female Patients receive $\frac{1}{2}$ pt. Oxo and 4 ozs. Bread.

Extra Bread for all meals is issued above the scale if required.

All Milk is unskimmed.

Fresh Raw Fruit when supplies permit.

EXTRAS FOR MALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 2 ozs. Bread, $\frac{1}{2}$ oz. Cheese for lunch.
Tobacco, Snuff and Sweets.

EXTRA DIET FOR FEMALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 2 ozs. Bread, $\frac{1}{2}$ oz. Cheese for lunch.
4 ozs. Bread, $\frac{1}{4}$ oz. Butter-Mixture, $\frac{1}{2}$ pint Tea at 4.0 p.m.

EXTRA DIET FOR SICK PATIENTS

Steak, Mutton Chop, Mince Meat, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Custard Pudding, Barley Water, Gruel, Oranges, Jellies, &c., and Stout, Wines, Spirits and Minerals.

STAFF DIETARY.

BREAKFAST :

Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Butter, $3\frac{1}{2}$ ozs. weekly.
 Bread, 4 ozs. daily.
 Milk, $\frac{1}{4}$ pint daily.

with one of the following extras daily :—

Ham, 4 ozs.
 Eggs, two.
 Bacon 4 ozs. and 2 ozs. Tomatoes.
 Bacon 4 ozs. and one Egg.
 Bacon 4 ozs. and 2 ozs. Potatoes.
 Tinned Pilchards (1 tin containing 1 lb.
 between 3 persons).
 Fish (at a cost not exceeding 3d. per head).
 Sausages, 4 ozs. (two per person).

LUNCH :—

Bread, 4 ozs. daily.
 Cheese, 1 oz. daily.
 Coffee or Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Milk, $\frac{1}{4}$ pint daily.

DINNER :—

Meat, 6 ozs. daily, or Fish, 8 ozs.
 Vegetables (2 kinds) 1 lb. per day.
 Condiments.
 Puddings daily selected from—
 Milk Puddings.
 Tarts.
 Suet Pudding.
 Fruits and Custard.
 Bread, 2 ozs. daily.
 Fresh Fruit (thrice weekly).
 Jellies.
 Blanc Mange.

TEA :—

Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Butter, $3\frac{1}{2}$ ozs. weekly.
 Bread, 6 ozs. daily.
 Milk, $\frac{1}{4}$ pint daily.

with one of the following extras daily—

Jam, 2 ozs.
 Cake, Scones, etc., 4 ozs.
 Honey, 2 ozs.
 Sardines, 2 ozs.
 Tinned Pilchards, 4 ozs.
 Tinned Salmon.
 Tinned Fruit.

DIETARY FOR PRIVATE PATIENTS IN THE
MAIN BUILDING AND AT HURSTWOOD PARK
HOSPITAL.

*(Private Patients at "Beechmont" are not on a
fixed dietary).*

BREAKFAST Coffee, Bread and Butter, and (selected from)
Eggs, Bacon and Potatoes, Ham, Sausages,
Fish. Grape Fruit, Breakfast Foods, etc.

DINNER ... *First Course* (selected from) Roast or Boiled
Meat, Meat Stews, Steak, Chops, Meat Pies
and Puddings, Meat and Potato Pies, Fish,
Poultry.

Bread with each meal.

Two Vegetables with each meal except when
Fish is served.

Second Course (selected from) Sweet Puddings,
Milk Puddings, Tarts, Stewed Fruit with
Custard, Trifle, etc.

TEA Tea, Bread and Butter, and (selected from) Cake,
Tinned Fish, Meat or Fish Paste, Jam, Honey,
Fish Cakes, Scones.

SUPPER ... Milk Puddings or Beef Tea daily.

REPORT OF THE
COMMISSIONER OF THE
LAND OFFICE
FOR THE YEAR
1880

THE LAND OFFICE
WASHINGTON

THE LAND OFFICE
WASHINGTON

THE LAND OFFICE
WASHINGTON

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THE LAND OFFICE
WASHINGTON

THE LAND OFFICE
WASHINGTON

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

ACCOUNTS

for the Year ended 31st March, 1939.

Maintenance Account**EXPENDITURE.**

SALARIES AND WAGES—	£	s.	d.	£	s.	d.	£	s.	d.
Salaries and Wages (exclusive of sums paid for labour appearing in the Farm and Garden Account or comprised in the Building and Repairs Fund Account)									
Medical Staff	3560	9	10						
Nursing Staff	20972	9	4						
Other Staff	10623	6	10						
Superannuation Allowances and Contributions returned under the Asylums Officers' Superannuation Act, 1909... ..	5342	6	1						
				40498	12	1			
PROVISIONS (including Farm and Garden Supplies) for Patients and Staff				16719	2	8			
CLOTHING—									
For Staff	663	7	7						
For Patients	2451	0	3						
				3114	7	10			
DRUGS AND MEDICAL AND SURGICAL APPLIANCES				655	13	1			
FUEL, LIGHT, WATER AND LAUNDRY				8991	17	0			
DOMESTIC RENEWALS, REPAIRS AND ADDITIONS (FURNITURE, ETC.) ...				3394	17	0			
AMBULANCE AND OTHER TRANSPORT				541	19	6			
FUNERAL AND REMOVAL EXPENSES				42	3	3			
RATES AND INSURANCES				3341	2	11			
FARM AND GARDEN A/C DEFICIT ...				305	11	2			
MISCELLANEOUS EXPENSES—									
Freight and Carriage	31	18	8						
Stationery and Printing	789	0	4						
Periodicals and Newspapers	169	4	11						
Incidental Expenses	303	14	6						
Allowances to Service Patients	162	12	0						
Allowances to Patients "On Trial," etc.	325	8	10						
Postages and Telephones	362	17	7						
Patients Amusements and Library									
Books	327	4	5						
Tobacco, etc., for Patients	708	4	10						
Advertising	500	7	4						
Grounds, Greenhouses and Ornamental Gardens... ..	210	5	2						
Bank Charges	366	2	10						
Occupational Therapy	582	2	4						
				4839	3	9			
TOTAL EXPENDITURE				82444	10	3			
BUILDING AND REPAIRS FUND—									
Excess Weekly Charge on Out-Borough Patients transferred ...	4062	16	0						
Excess Weekly Charge on Private Patients transferred	4197	2	2						
				8259	18	2			
TOTAL EXPENDITURE AND TRANSFERS				90704	8	5			
EXCESS OF INCOME OVER EXPENDITURE CARRIED TO BALANCE SHEET							4144	2	10
							<u>£94848</u>	<u>11</u>	<u>3</u>

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1939.

INCOME.

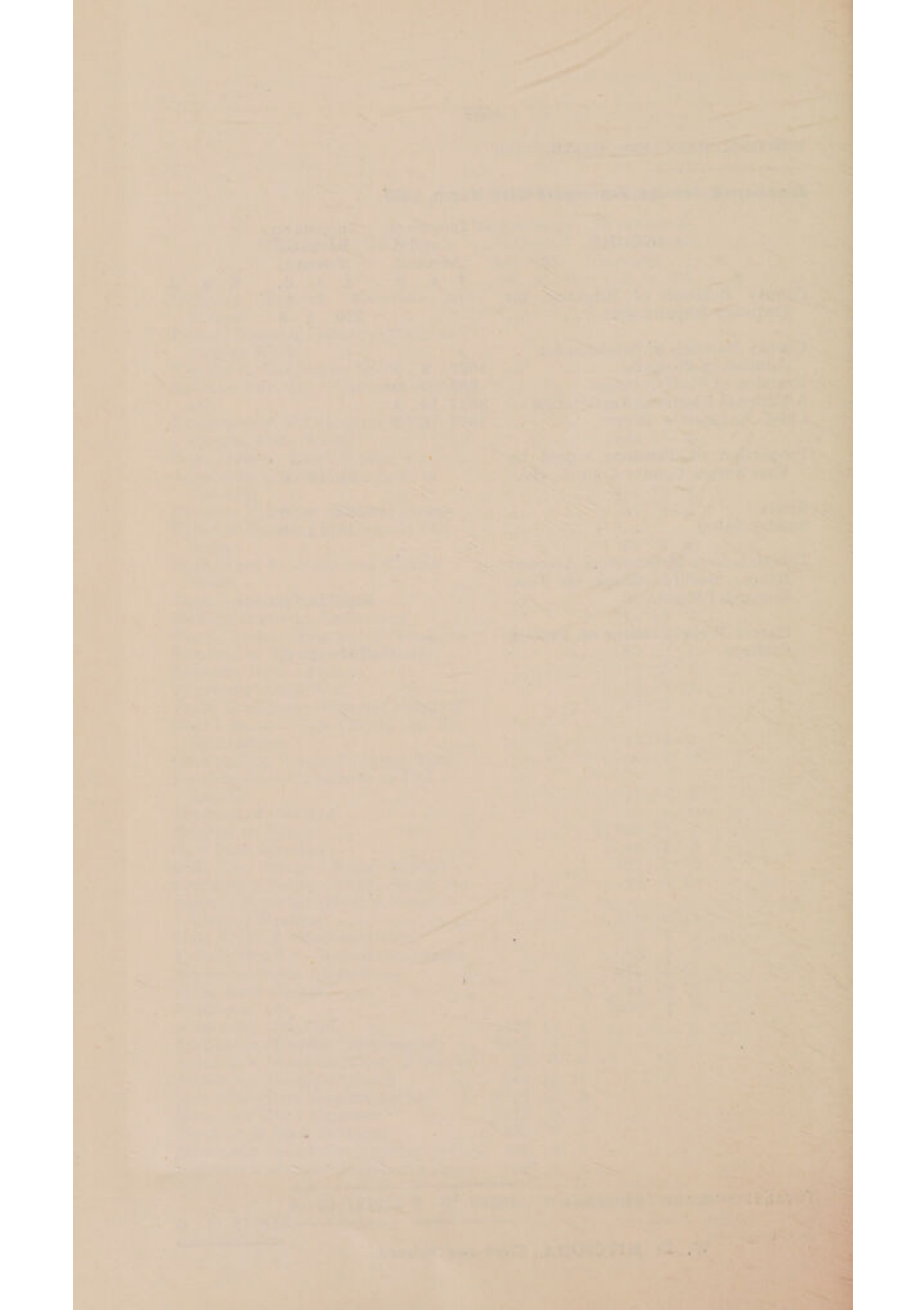
	£	s.	d.	£	s.	d.	£	s.	d.
Amount in hand at commencement of year							4201	0	2
MAINTENANCE OF PATIENTS—									
Rate-aided Patients :—									
County Borough of Brighton ...	53322	2	0						
Other Counties and Boroughs ...	1540	4	3						
Treasurers of other Mental Hospitals and Authorities for Patients received under Contract—									
Middlesex Mental Hospital, Napsbury	446	15	7						
County Borough of Eastbourne ...	17684	13	5						
				72993	15	3			
PRIVATE PATIENTS—									
Relatives and others for maintenance of Private Patients	13812	13	0						
OTHER PATIENTS—									
Ministry of Pensions for Service Patients									
	2330	13	3						
Board of Control for Ex-Service Patients									
	178	17	4						
				16322	3	7			
FUNERAL AND REMOVAL EXPENSES—									
County Borough of Brighton ...	40	6	3						
Other Counties and Boroughs ...									
Treasurers of other Mental Hospitals and Authorities for Patients received under Contract—									
Middlesex Mental Hospital, Napsbury	2	15	0						
County Borough of Eastbourne	7	10	0						
Ministry of Pensions									
				50	11	3			
SUPERANNUATION, UNDER THE ASYLUMS OFFICERS' SUPERANNUATION ACT, 1909—									
Proportion of Pensions repaid by County Councils and other Mental Hospitals									
				578	19	0			
MISCELLANEOUS RECEIPTS—									
Sale of Kitchen Stuff, Old Stores, etc.	133	18	5						
Sundries	428	3	7						
Bank Interest									
Rent of Farm and Garden (Estimated)	140	0	0						
				702	2	0			
TOTAL INCOME							90647	11	1

£94848 11 3

Buildings and Repairs Fund

EXPENDITURE	Expenditure on Capital Account.			Expenditure on Revenue Account.		
	£	s.	d.	£	s.	d.
Ordinary Repairs (Materials and Wages)				5835	10	7
Female Sleeping Gallery—Hack and Plaster Walls				133	6	6
Repairs to Gardener's Shed				8	3	4
Exterior Painting—Gardener's House, etc.				44	11	10
Replacement of Cast Iron Water Closets, Male Wards				443	15	6
Well House—Land Drain, etc.				63	18	4
Admission Hospital—Layout of Grounds				446	10	1
Exterior Painting of Water Tower				18	16	1
Exterior Painting Beechmont Out-houses				85	1	8
Male Ward 8—Hack and Plaster Walls				72	13	0
Improvements to Chapel				26	1	1
Redecorations to Beechmont				174	13	2
Farm House—Renewal of Windows				57	12	0
Renewal of Telephone Batteries				29	10	0
Laundry Redecorations				89	3	5
Engineers' Shop W.C.				19	15	11
Farm Buildings—Exterior Painting				87	2	1
Board Room—New Ceiling and Redecorations				46	16	1
Overhauling Water Pumping Plant Beechmont—Alterations to Fan Lights				45	7	9
Erection of Garages				14	14	3
Repairs to Roads				80	4	0
New Sash Windows				249	17	1
Male Two Storey—Redecorations				46	18	0
Engineer's House—Path, Steps, etc.				111	9	2
Medical Superintendent's House—Central Heating				26	8	10
Male Ward 3—Redecorations				100	0	11
Female Ward 6—Repairs to Drains				138	8	4
Superannuation Allowances				63	5	7
Tithe Rent Charge				479	16	11
Insurance, etc.				21	16	4
Admission Hospital	1783	11	8	1055	8	6
Admission Hospital (Equipment)	2243	4	6			
Admission Hospital (Clerk of Works)	56	0	0			
Admission Hospital (Road)	394	12	11			
New Electricity Generating Set	2527	15	4			
House for Chief Engineer	1015	0	0			
Erection of Staff Cottages	362	0	0			
Admission Hospital—Architect's Fees	150	0	0			
Engineer's House—Architect's Fees	58	6	3			
	£8590	10	8	£10121	16	4
				£18712	7	0

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THE UNIVERSITY OF CHICAGO

BALANCE SHEET

ASSETS

Cash	100.00
Accounts Receivable	200.00
Inventory	300.00
Fixed Assets	400.00
Other Assets	500.00
Total Assets	1,500.00

LIABILITIES AND EQUITY

Accounts Payable	100.00
Long-Term Debt	200.00
Equity	1,200.00
Total Liabilities and Equity	1,500.00

BALANCE SHEET, AS AT

LIABILITIES.

	£	s.	d.	£	s.	d.
Sundry Creditors				6082	1	1
Private Patients				270	0	5
Overdraft at Bank (Treasurer's Account) ...	14898	3	1			
Add Unpresented Cheques	1074	6	7			
				15972	9	8
Maintenance Account—Balance at Credit thereof				4144	2	10
Due to Borough Treasurer on account of Building and Repairs				347	18	10

£26816 12 10

R. W. E. BUNN, F.S.A.A., *Borough Treasurer.*

HOSPITAL, HAYWARDS HEATH.

31ST MARCH, 1939.

ASSETS.

	£	s.	d.	£	s.	d.
SUNDRY DEBTORS—						
Brighton County Borough Council for maintenance of Patients, etc.	6465	5	6			
Brighton County Borough Council for Ordinary Repairs	—					
Treasurer of the Borough under Sec. 269 (9), Lunacy Act, 1890... ..	—					
Other County or Borough Councils	386	8	3			
Treasurers of other Mental Hospitals for Contract Patients	4325	1	5			
Private Patients	139	17	0			
Ministry of Pensions and Board of Control	644	8	9			
Farm and Garden Sales	80	6	8			
Local Authorities (proportion of Pensions)	289	3	0			
Stores Sundry Sales	13	6	4			
Other Sundry Sales	65	2	9			
Mental Treatment Act Expenses	105	6	0			
Admission Hospital	34	11	9			
Additional Electrical Installation	608	1	8			
Engineer's House	18	6	3			
				13175	5	4
DEPOSITS HELD BY—						
Postmaster General	2	0	0			
Ministry of Health	22	0	0			
				24	0	0
STOCKS IN HAND AT COST—						
Provisions	463	16	7			
Uniforms	253	16	2			
Clothing	1495	6	8			
Fuel, etc.	454	9	11			
Domestic Renewals	1845	1	8			
Farm and Garden (as per Stocktaker's valuation)	7883	19	1			
				12396	10	1
CASH AT BANK—						
Wages and Disbursements Account	1076	17	1			
Less unrepresented cheques	79	12	11			
				997	4	2
Payments in Advance				46	7	7
CASH IN HANDS OF CLERK AND STEWARD:—						
Private Patients' Receipts	129	1	0			
Sundry Receipts	9	6	10			
Petty Cash	24	17	10			
Postage Stamps	14	0	0			
				177	5	8
				£26816	12	10

W. E. MITCHELL, Clerk and Steward.

TABLE SHOWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR	March.	June.	Sept.	Dec.
	s. d.	s. d.	s. d.	s. d.
1903	...	...	...	12 6
1904	12 6	11 1	10 9	10 6
1905	10 6	10 0	10 0	10 0
1906	10 0	9 6	9 6	9 6
1907	9 6	9 6	9 6	10 0
1908	10 0	10 9	11 0	11 0
1909	11 0	11 0	11 0	11 0
1910	11 0	10 9	10 0	9 9
1911	9 9	9 9	9 9	9 9
1912	10 0	11 0	11 0	11 0
1913	11 6	11 6	11 6	12 0
1914	12 6	12 6	12 6	12 6
1915	12 6	13 6	13 6	13 6
1916	13 6	13 6	13 6	14 0
1917	15 6	16 6	17 6	18 6
1918	18 6	18 6	20 0	20 0
1919	19 6	20 0	25 0	25 0
1920	28 6	28 6	30 0	31 0
1921	31 0	31 0	31 0	30 0
1922	30 0	28 0	27 0	25 0
1923	24 0	24 0	24 0	24 0
1924	24 0	24 0	24 0	24 0
1925	24 9	24 9	24 9	24 6
1926	24 6	24 6	24 6	24 6
1927	24 6	24 6	24 6	24 6
1928	24 6	24 6	24 6	24 2½
1929	24 2½	24 6	24 6	25 1
1930	25 1	25 1	25 1	25 1
1931	24 9½	24 9½	24 9½	24 9½
1932	24 6	24 2½	23 11	23 7½
1933	23 7½	23 7½	23 7½	23 7½
1934	23 7½	22 9	22 9	22 9
1935	22 9	22 5½	22 5½	22 5½
1936	22 5½	23 7½	23 7½	24 6
1937	24 6	25 4½	25 4½	27 5
1938	27 5	29 5½	30 11	30 11
1939	30 11	30 11	30 11	30 11

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

STATEMENT SHOWING THE AVERAGE COST PER
PATIENT PER WEEK ON MAINTENANCE ACCOUNT
DURING THE YEAR ENDED 31st MARCH, 1939.

ITEMS						Weekly Average Cost per Patient.				
						s.	d.	£	s.	d.
Salaries and Wages :—										
Medical Staff	...	...	...	...	...	1.	5.	0		
Nursing Staff	...	...	...	...	...	8.	4.	2		
Other Staff	...	...	...	...	...	4.	2.	8		
									14.	0.0
Superannuation Allowances and Contributions returned									2.	1.5
Provisions :—										
Purchased	...	...	...	...	...	4.	6.	8		
Supplies from Farm and Garden	...	...	...	...	...	2.	1.	1		
									6.	7.9
Clothing for Patients	...	...	...	...	...				0.	11.7
Uniform for Staff	...	...	...	...	...				0.	3.2
Drugs, Medical and Surgical Appliances	...	...	...	...	...				0.	3.1
Fuel, Generating Electricity, Cleaning Materials and Laundry Expenditure	...	...	...	...	...				3.	7.0
Furniture, Bedding, Linen, Crockery, Hardware and Handicrafts	...	...	...	...	...				1.	7.0
Transport and Travelling Expenses	...	...	...	...	...				0.	2.6
Rates and Taxes, etc.	...	...	...	...	...				1.	4.0
Farm and Garden Account Deficit	...	...	...	...	...				0.	1.5
Other Expenditure :—										
									d.	
Stationery, Printing and Postages	...	...	...	...	...	5.	5			
Newspapers, etc., and Amusements	...	...	...	...	...	2.	4			
Tobacco, etc.	...	...	...	...	...	3.	4			
Incidentals	...	...	...	...	...	6.	8			
									1.	6.1
									1.12.	7.6
Less Sundry Receipts :—										
Superannuation Contributions	...	...	...	...	...	2.	8			
Sundry Sales and other Receipts	...	...	...	...	...	3.	3			
" Excess " on Private Patients retained in Main- tenance Account	...	...	...	...	...	1.	6.6			
									2.	0.7
									£1.10.	6.9

Average daily number of Patients in Hospital=963.

W. E. MITCHELL,
Clerk and Steward.

“ BEECHMONT.”

Ladies are received at “ Beechmont ” either as Voluntary, Temporary or Certified Patients.

“ Beechmont ” with an Estate of 27 acres is quite separate from the Mental Hospital Buildings and occupies a delightful position with a South aspect. It stands about 300 feet above sea level and commands fine panoramic views over the Weald of Sussex with the South Downs as a background.

“ Beechmont ” has up-to-date systems of lighting and heating and is attractively furnished on modern lines.

The Terms are from Three Guineas to Ten Guineas per week and are inclusive with the exception of clothing.

Relatives are invited to make frequent visits to the Patient there, and visiting is allowed at all times.

Application for admission should be made direct to the Medical Superintendent, Brighton County Borough Mental Hospital, Haywards Heath, who in the event of the Patient being accepted will forward the appropriate Admission Forms.

HURSTWOOD PARK HOSPITAL.

This Hospital was opened in May, 1938 and has accommodation for Private Patients of both sexes at fees ranging from 3 to 10 guineas per week. All modern aids to diagnosis and treatment are available including Pathological Laboratories, Operating and Dental Theatres and Hydrotherapy departments.

All the rooms face south and there is ample verandah accommodation.



