

Annual report of the Brighton County Borough Mental Hospital : 1937 (& statement of accounts March 1938)

Contributors

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THE
Thirty-Fourth Annual Report
OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH.

(Being the 79th Annual Report since the
Opening of the Hospital).

For the Year ended 31st December, 1937,
and Statement of Accounts for the Year
ended 31st March, 1938.



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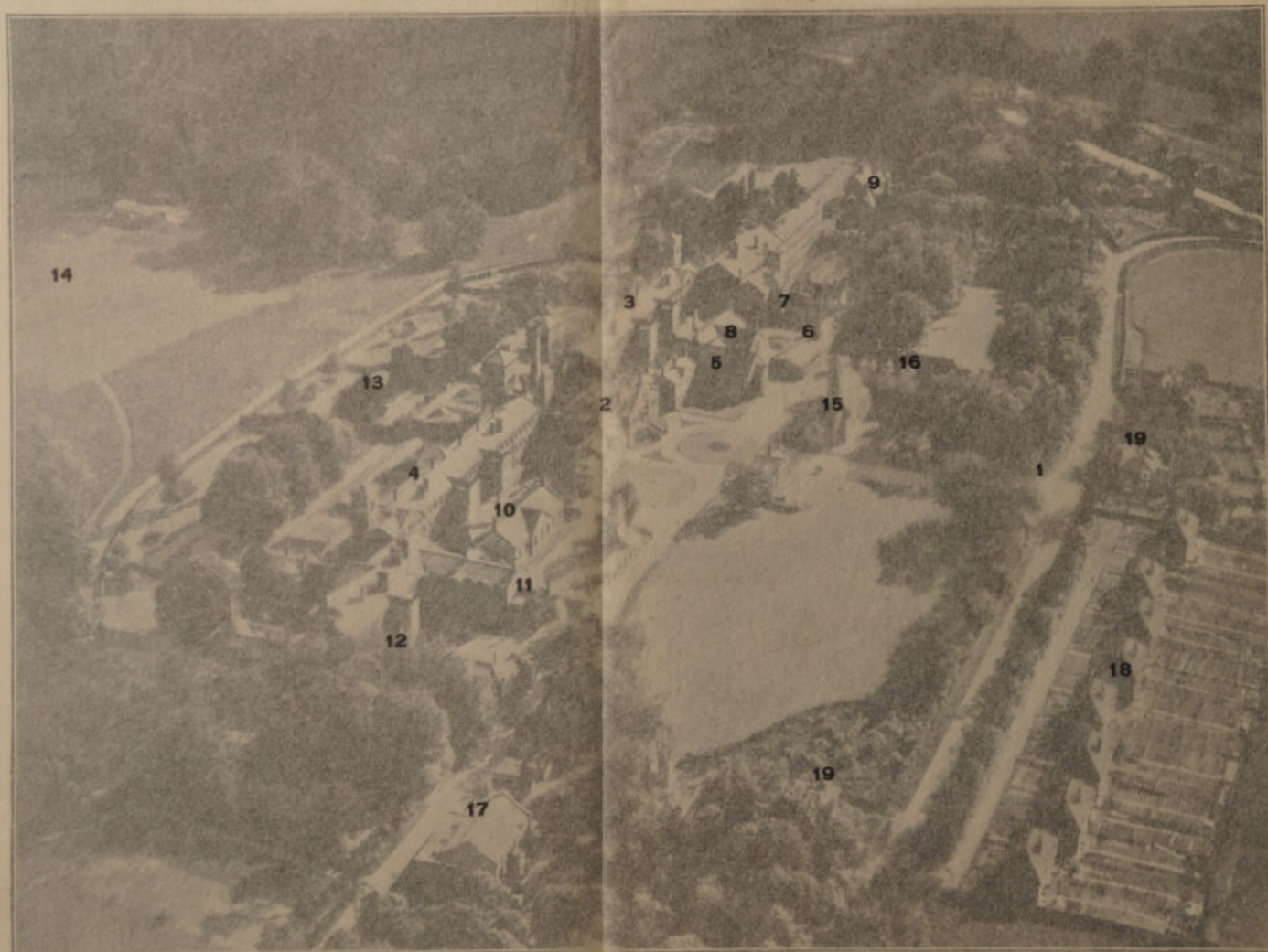
KEY PLAN TO BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

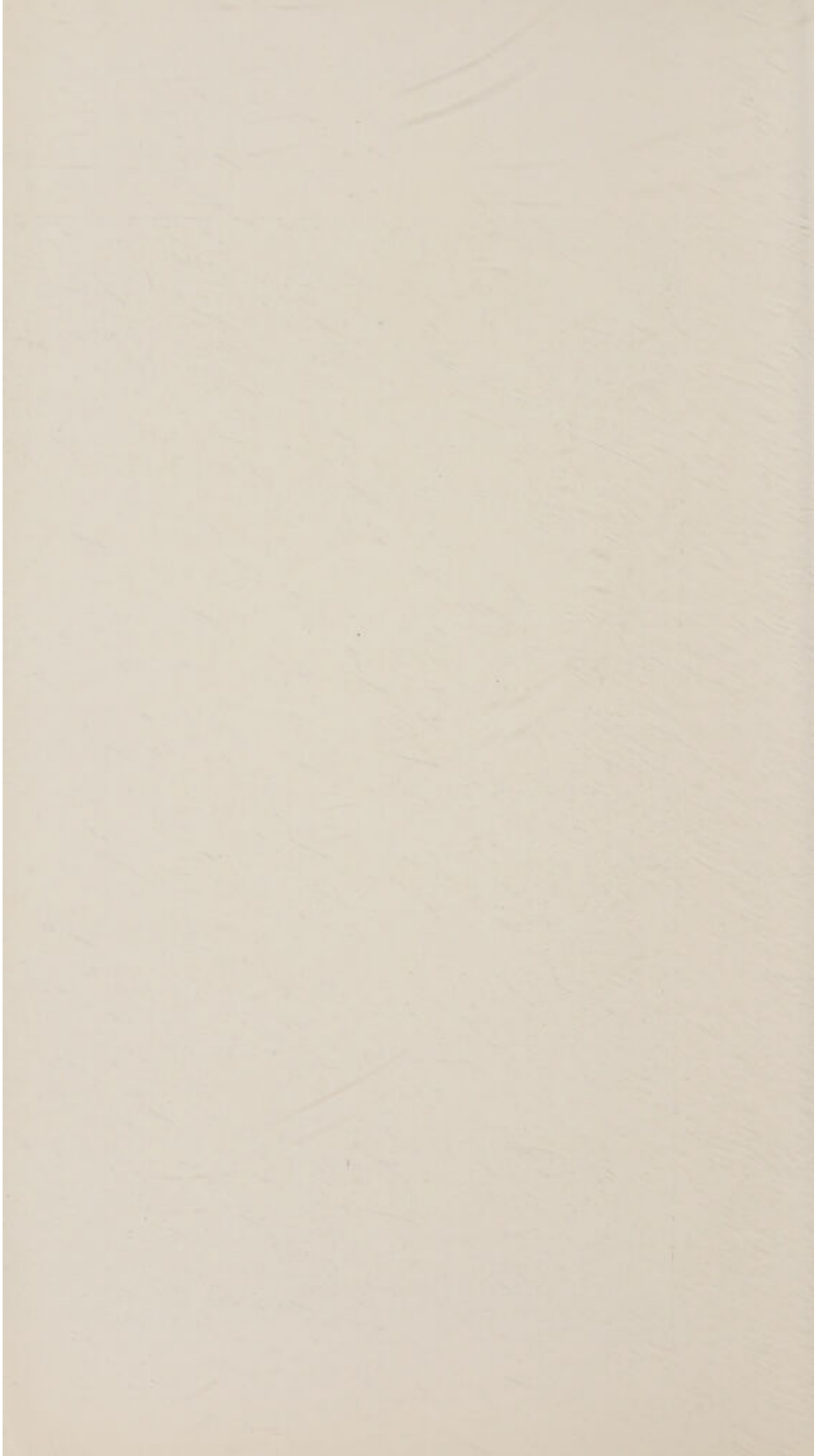
- 1.—Main Entrance.
- 2.—Administration Block.
- 3.—Female Wards.
- 4.—Male Wards.
- 5.—Recreation Hall.

- 6.—Boiler House.
- 7.—Laundry.
- 8.—Central Dining Hall (Female).
- 9.—Medical Superintendent's House.
- 10.—Male Arts and Crafts Room.

- 11.—Workshops.
- 12.—Fire Station.
- 13.—Ward Gardens.
- 14.—Recreation Ground.
- 15.—The Chapel.

- 16.—Nurses' Home.
- 17.—Power Station.
- 18.—40 Staff Houses.
- 19.—Officers' Houses.







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SINCE THE
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For the Year ended 31st December, 1937,
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MEMBERS OF THE VISITING COMMITTEE.

WITH THE DATE OF THEIR APPOINTMENT.

ALDERMAN HERBERT HONE, J.P. (Mayor)	April, 1928.
77, Hollingbury Park Avenue, Brighton.	<i>no address</i>
ALDERMAN SIDNEY CRESPIAN THOMPSON, J.P. (Chairman)	
6, Nizell's Avenue, Hove.	Nov., 1932.
ALDERMAN WILLIAM GEORGE WELLMAN,	Nov., 1920.
14, Harrington Villas, Brighton.	
ALDERMAN GILBERT NORMAN JACKLIN,	Nov., 1928.
41, Queen's Park Terrace, Brighton.	
ALDERMAN ERNEST MARSH,	Nov., 1929.
14, Powis Square, Brighton.	
ALDERMAN JONATHAN BURBERRY,	Nov., 1931.
15a, Stanford Avenue, Brighton.	
ALDERMAN RICHARD MAJOR,	Nov., 1932.
124, Chester Terrace, Brighton.	
ALDERMAN SIDNEY GLOVER GIBSON,	Nov., 1933.
22, Clifton Road, Brighton.	
ALDERMAN JOHN CARTER,	April, 1934.
35, St. George's Road, Brighton.	
ALDERMAN MISS MARGARET HARDY, M.B.E., J.P.,	Nov., 1936.
193, Dyke Road, Brighton.	
COUNCILLOR JAMES HENRY BASSETT,	Feb., 1933.
40, Freshfield Street, Brighton.	
COUNCILLOR SIR CHARLES GEORGE GREY, Bt.,	July, 1934.
"Greyland," Mallory Road, Hove.	
COUNCILLOR HENRY WILLIAM MURSELL,	Nov., 1931.
17, Clermont Terrace, Brighton.	
COUNCILLOR GEORGE SIMCOCK,	Nov., 1933.
10, Paston Place, Brighton.	
COUNCILLOR MISS DOROTHY ELSIE STRINGER,	Nov., 1933.
"Hillesden," Osmond Road, Hove.	
COUNCILLOR JOHN FRANK LESLIE TERRY,	July, 1936.
80, Graham Avenue, Withdean, Brighton.	
COUNCILLOR ALFRED ARTHUR ILLMAN,	May, 1938.
37b, Crescent Road, Brighton.	
<i>Co-opted Member :</i>	
WILLIAM ARTHUR COWLEY, Esq., J.P.,	Nov., 1929.
"Woodingcote," Ovingdean, Road, Brighton.	
<i>Clerk to the Visiting Committee :</i> JOSEPH GARDINER DREW, Esq.,	
Town Hall, Brighton, 1.	
<i>Treasurer :</i> R. W. E. BUNN, Esq., Borough Treasurer,	
Town Hall, Brighton, 1.	

OFFICERS.

<i>Medical Superintendent</i>	...	W. McCartan, M.D., (Belf.). M.R.C.P. (Lond.), D.P.H., D.P.M.
<i>Deputy Medical Superintendent and First Assistant Medical Officer</i>		F. H. Guppy, M.C., M.R.C.S., Eng., L.R.C.P., Lond., and D.P.M.
<i>Second Assistant Medical Officer</i>		J. Carson, M.B., Ch.B., Dip. Psych. (Edin.).
<i>Third Assistant Medical Officer</i>		F. A. Bleaden, M.R.C.S. (Eng.), L.R.C.P. (Lond.).
<i>Consulting Surgeon</i>		A. Geoffrey Bate, F.R.C.S.
<i>Pathologist</i>		L. R. Janes, M.B., B.Chir., M.R.C.S., L.R.C.P.
<i>Dental Surgeon</i>		S. F. Glassington, L.D.S., R.F.P.S., Glas.
<i>Chaplain</i>		The Rev. W. G. Frostick.
<i>R.C. Priest</i>		The Rev. R. Phillips.
<i>Clerk of the Hospital and Steward</i>		W. E. Mitchell.
<i>Deputy Clerk and Steward</i>	...	W. N. Hay.
<i>Storekeeper</i>		E. E. Doughty.
<i>Matron</i>		Miss N. C. Morris.
<i>Chief Male Nurse</i>		J. T. Weller.
<i>Engineer</i>		E. C. Rees.

Brighton County Borough Mental Hospital.

THIRTY-FOURTH ANNUAL REPORT OF THE VISITING COMMITTEE, (Pursuant to Section 190 of the Lunacy Act, 1890), BEING THE SEVENTY-NINTH ANNUAL REPORT SINCE THE FOUNDATION OF THE INSTITUTION.

To the Council of the Borough of Brighton.

The Visiting Committee submit their report for the past year.

The number of patients on the books on the 31st December last, and the corresponding date of the previous year, was as follows :—

	1936.	1937.
Males	372	365
Females	561	585

The numbers are divided as follows :—

	Males.	Females.	Total.
From County Borough of Brighton	258	395	653
From County Borough of Eastbourne	63	114	177
From Napsbury Mental Hospital	—	15	15
Out-Borough	6	3	9
Private	13	58	71
Service	23	—	23
Ex-Service	2	—	2

The weekly maintenance rates for rate aided patients for the four quarters of 1937 were 24/6, 25/4½, 25/4½ and 27/5 respectively.

Members of the Committee have regularly visited the patients and inspected the wards at each monthly meeting.

Deputations from Public Assistance Committees have visited the patients in the Institution chargeable to their respective Districts, and have expressed their satisfaction with what is being done for the care and comfort of the patients.

In celebration of the Coronation of H.M. King George VI. the patients were provided with a special dinner on Coronation Day and each member of the staff was given one day's holiday with pay.

Exhibitions of Occupation Therapy work undertaken by the patients have been displayed in the windows of Electric House, Brighton, and Electricity Showrooms, Eastbourne, by the courtesy of the respective Electricity Committees.

The twenty-four Staff Cottages have now been erected.

The Committee have decided to erect a house on the Estate for the Chief Engineer, at an estimated cost of £1,090, and it is anticipated the work will be put in hand at an early date.

The question of proceeding with the erection of the proposed Assistant Medical Officer's House has been placed in abeyance pending the coming into office of the new Medical Superintendent.

The Admission Hospital building, which will provide accommodation for 50 recoverable mental patients is now completed and in process of being equipped. The grounds surrounding the Hospital will be laid out over a period of four years by the Hospital Staff to plans prepared by Mr. B. H. MacLaren.

The Hospital Electricity supply is being augmented by the installation of a new reciprocating engine and other incidental equipment in order to cope with increasing demands.

The Committee have continued the gradual re-furnishing of the wards during the year.

The principal works of improvement include the following :—

- (1) Provision of new central range and refrigerator in main kitchen (£679.)
- (2) Modernisation of four sets of W.C's (£220).

In June last the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March, 1937, and these accounts appear in the Committee's Blue Book.

It has been agreed with the Waterworks Committee to rent 301½ acres of land at Standean for a period of fourteen years as an extension to the Committee's farmland.

During the year considerable changes have taken place in the personnel of the Committee's staff. The Rev. C. F. W. Hatchell resigned from the office of Chaplain in September last and the Rev. W. G. Frostick was appointed to succeed him. Dr. Harper Smith, who has completed 26 years' service with the Hospital, tendered his resignation from the post of Medical Superintendent, which he has occupied for the past 13 years, to take effect on the 1st February, 1938. Miss J. Goodwin has resigned from the position of Matron after completing a similar period of service with the Hospital. The Committee have expressed appreciation of the valuable services rendered by these officers.

Mr. William McCartan, M.D., M.R.C.P., Deputy Medical Superintendent of Banstead (L.C.C.) Mental Hospital, has been appointed to succeed Dr. Harper Smith.

Superannuation allowances have been granted during the year to the following :—

Dr. G. H. Harper Smith, Medical Superintendent.
Miss J. Goodwin, Matron.
Chief Male Nurse F. W. Keeling.
Relief Deputy Chief Male Nurse L. White.
Nurse Dorothy M. Hill.
Staff Nurse W. Davey.
Staff Nurse W. H. Kingswood.

The Administration of the Mental Hospital continues to be satisfactorily carried on by the Medical Superintendent, his medical colleagues, the Clerk and Steward and the general staff.

On behalf of the Committee,

(Signed) S. C. THOMPSON,

Chairman.

5th February, 1938.

THE
MEDICAL SUPERINTENDENT'S REPORT

31st January, 1938.

To the Visiting Committee.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to submit the Medical Superintendent's Report.

The admissions during the year 1937 (including 4 male and 17 female patients, who were regraded) have been : Males 89, Females 200, total 289. Of the male admissions 34 were certified patients, 51 voluntary and 4 temporary. Of the female patients 90 were certified, 99 voluntary and 11 temporary.

Comparison of Admissions with 1936.

	1936.		1937.	
	M.	F.	M.	F.
Voluntary	37	50	51	99
Temporary	5	6	4	11
Certified ...	47	87	34	90
	89	143	89	200

The discharges and transfers during the year have been :—Males, certified 21, voluntary 46, temporary *nil*, total 67. Females, certified 59, voluntary 62, temporary 6, total 127.

The deaths during the year have been :—Males, certified 20, voluntary 4, temporary 1, total 25. Females, certified 26, voluntary 4, temporary 1, total 31.

In 39.6 per cent. of the deaths, the age was over 65.

Compared with the year ended 31st December, 1936, the number of patients on the Registers chargeable to Brighton has increased by 5. The total number remaining on the Registers has increased by 17.

The average daily number on the Registers during the year has been :—Males 370, Females 583, total 953. The number of patients in the Hospital on 31st December, 1937 was, Males, certified 336, voluntary 27, temporary 2, total 365. Females, certified 510, voluntary 75, temporary *nil*, total 585. Total males and females 950, an increase of 17 patients since 31st December, 1936.

The average daily number of patients present during 1937 was 953 compared with 922 for 1936.

The patients were chargeable as follows :—

	<i>Males. Females. Total.</i>		
County Borough of Brighton ...	258	395	653
Other County or Borough Councils... ..	6	3	9
Private Patients ...	13	58	71
Service and Ex-Service Patients... ..	25	—	25
Patients under Contract :—			
Napsbury Mental Hospital	—	15	15
County Borough of Eastbourne	63	114	177

The number of indirect admissions, that is patients transferred from other Mental Hospitals, was Males 2, Females 10, total 12.

Thirty-seven Males and seventy Females were discharged recovered during the year, giving a percentage of recoveries, calculated on direct admissions of 44.6 per cent. for males, and 40.7 per cent. for females.

The following casualties occurred during the year :—
R. M. B. left colles fracture, slipped and fell in ward.
M. R. fracture, dislocation right shoulder, pushed over

by a patient. H. A. N. fracture right tibia, fell in ward. B. T. E. fracture fifth right metacarpal, fell in ward. F. H. L. fracture trans. process 3rd lumbar vertebra, fell in ward scullery. L. D. B. fracture right humerus, cause unknown. A. H. fracture left femur, slipped in ward. A. P. fracture neck left humerus, accidentally pulled over by another patient.

The death rate for the year was 6.8 per cent. for males, and 5.3 per cent. for Females.

Two male patients were notified as suffering from Tuberculosis during the year.

The average number of male patients on full parole has been 15, and on "ground" parole 90. The average number of female patients on full parole has been 58.

The low percentage of deaths, and the high percentage of recoveries, is proof that the Medical and Nursing work in the Hospital is highly satisfactory.

The results of the Examinations for Nursing Certificates show that the training of the Nursing Staff is of a very high standard.

The contentment and happiness of the majority of the patients show that their recreations have been well considered.

I am very satisfied with the valuable work that is being done by the Occupational Therapy Officers.

Excursions for Male and Female Patients continued during the Summer months, and these Outings are greatly appreciated by the Patients.

The Nondescript Society has increased in membership, and the Meetings are greatly appreciated by the Patients.

The Female Patients are particularly delighted with the new dresses that have been issued during the year, each dress being made to the patient's own measurement.

Week-end leave has been granted to 13 Male patients, and 27 Female patients.

Deputations from the Eastbourne Public Assistance Committee visited the Hospital on the 28th April and 15th December, and interviewed the patients chargeable to their County Borough.

Doctor A. Edward Evans and N. C. Croft-Cohen, Esq., Commissioners of the Board of Control visited the Hospital on the 20th and 21st May, 1937.

In conclusion, I wish to thank you, Mr. Chairman and the Members of the Committee for the great assistance you have given me in the administration of the Hospital.

I also wish to thank all Officers and Members of the Staff for their continued help and loyalty.

I have the honour to be, Ladies and Gentlemen,

Your obedient Servant,

G. H. HARPER-SMITH,
Medical Superintendent.

REPORT ON THE CLINICS FOR NERVOUS DISORDERS FOR 1937 IN BRIGHTON.

A Clinic is held at 2.30 p.m. on each Monday, at 3, Buckingham Place, and at 4 p.m. on each Wednesday, at the Royal Sussex County Hospital.

CLINIC AT 3, BUCKINGHAM PLACE.

The number of Clinics held during the year was 47. The number of attendances was male 124, female 115, total 239. The average attendance per Clinic was 5.8. The number of new patients was male 24, female 25, total 49.

The 49 patients were suffering as follows :—

Neurasthenia 3, Discharged from the Mental Hospital 12, Melancholia 4, Mania 3, Mental Defectives 9, Acute Delusional Insanity 3, Dementia Praecox 4, Ex-Service Welfare Society Patients 4, Chorea 2, G.P.I. 3, Epilepsy—petit mal. 1, Jacksonian 1, =2.

During the year, 4 patients were admitted to the Mental Hospital as Voluntary patients.

Since the Clinic was opened in January 1926, 1037 Patients have received treatment.

I wish to thank Dr. S. E. Gill and Nurse Stockwell for their great help.

CLINIC AT ROYAL SUSSEX COUNTY HOSPITAL.

The number of Clinics held was 52.

During the year 60 new Patients have attended and received treatment on 310 occasions.

The 60 Patients were suffering as follows :—

Dementia Praecox 1, Mania 1, Melancholia 17, Congenital Mental Deficiency 6, General Paralysis of the Insane 4, Epilepsy 1, Chronic Delusional Insanity 5, Neurasthenia 22, Graves' disease 1, Insular Sclerosis 1, Malingering 1.

G. H. HARPER-SMITH,

Medical Superintendent.

REPORT OF THE PATHOLOGIST.

3rd February, 1938.

To the Visiting Committee.

MR. CHAIRMAN, LADIES AND GENTLEMEN.

I have the honour to submit my Annual Report for the year 1937, along with a tabular statement showing the corresponding figures for 1936. In this report routine examinations have been excluded.

During the year 248 specimens were taken for special examination and 359 investigations made, compared with the respective figures of 292 and 356 for 1936.

The following statement is an analysis of these investigations :—

	1937.	1936.	In-crease.	De-crease.
Histological. Section of tissues	5	26	—	21
Blood counts	29	20	9	—
Biochemical examinations	66	50	16	—
Including blood sugar estimations, blood urea estimations, Colloidal gold test Estimation of B.M.R.				
Bacteriological examinations	33	47	—	14
Including Inflammatory products, Sputa, Urines, Faeces, Swabs for K.L.B., Milks				
Serum Reactions.				
1. Wassermann reactions (blood)	127	106	21	—
2. Wassermann reactions (C.S.F.)	13	10	3	—
3. Agglutination reactions (per organism) ...	25	35	—	10
Examination for parasites (Malaria, etc.)	23	31	—	8

I have the honour to be, Ladies and Gentlemen,

Your obedient Servant,

L. R. JANES,

Pathologist.

REPORT OF THE CHAPLAIN.

1, SUNNYWOOD DRIVE,

HAYWARDS HEATH,

26th January, 1938.

MR. CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to report to you that since I took over the Chaplaincy of the Hospital on October 1st, 1937 :—

(1) I have conducted services in the Church on Sundays at 8.30 a.m., 10 a.m., and 3 p.m. Also every Thursday and Saints Day. There were two services on Armistice Day. After the Sunday services there have been short services in some of the Wards. I have also conducted a service at Beechmont every Sunday morning at 9.30 a.m.

I am happy to report that there has been a steady increase in the number of patients attending the Sunday services and there was a record number of Communicants on Christmas Day.

(2) The Wards have been visited regularly and much time and care have been devoted to individual cases at the request of the Medical Officers.

(3) The Library has been opened regularly each week—and the books in the Wards regularly changed. With the help of one or two of the patients the Library has been re-catalogued.

A small Staff Library was started on November 19th, 1937, which has been much appreciated ; 254 books were borrowed from it between November 19th and December 31st.

The volumes from the Staff Library will pass into the general Library as they are replaced by new ones.

(4) There were 19 Funerals during the year ; 7 of these since October 1st which I conducted. I should like to record my appreciation of the conduct and reverence of the members of the Staff detailed for this duty.

(5) I am most grateful to the Visiting Committee for so readily accepting the proposals for the improvement of the Church. The work has been started and I am convinced that when completed the Church will not only be improved in appearance, but will be very much more convenient for those who use it.

(6) I should like to express my sincerest thanks to the Visiting Committee—the Officers and the Staff for their warm welcome and ever ready help in all I have undertaken to do. Their valued support and backing has not only helped to get things done, but also made the doing of them a very real happiness.

I have the honour to be, Ladies and Gentlemen,

Your obedient Servant,

W. G. FROSTICK,

Chaplain.

REPORT OF THE DENTAL SURGEON.

" SNOWDON HOUSE,"

SYDNEY ROAD,

HAYWARDS HEATH.

1st February, 1938.

The Dental Surgeon has the honour to lay before the Committee his Annual Report.

The number of patients who attended during January, 1937, has been 887 ; Males 418, Females 469.

The number of teeth extracted was 755, gas being administered in 29 cases, general anaesthetics 5, and the remainder being extracted with local anaesthetic.

The number of fillings completed was 4, and 86 patients had their teeth scaled and cleaned.

A number of patients have had their dentures attended to.

The Dental Surgeon wishes to thank the Medical Officers for their kind assistance in the administration of N2O Gas.

S. F. GLASSINGTON,

L.D.S., R.F.P.S., GLAS.,

Dental Surgeon.

REPORT OF THE COMMISSIONERS OF THE
BOARD OF CONTROL.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH,
21st May, 1937.

We began our visit yesterday morning by inspecting, in the company of Dr. G. H. Harper-Smith, the Medical Superintendent, Dr. F. H. Guppy, the Deputy Medical Superintendent, and Mr. C. L. Clayton, the architect, the new Admission Hospital which is in course of erection. Good progress has been made with the work, and when this unit is completed—and it should be completed by the autumn of this year—it will be a most valuable addition to the Hospital.

Since the visit of our colleagues in October last a good deal of redecoration has been carried out, and more will be done in the immediate future, while improvements continue to be made in the furnishing of the wards throughout the Hospital. The most important recent addition is the erection of a shelter and covered way in the garden of Female Ward 5 (the Infirmary Ward), 24 Staff Cottages have also been built.

An addition which we should like to see made, and which we have mentioned to Dr. Harper-Smith, is the provision of a water-closet on the Verandah of the Female Sanatorium Ward—this should be feasible at no great cost, and the existing arrangements are not in our opinion satisfactory.

At the present time, in addition to the erection of the Admission Hospital, the recreation ground is being levelled, a large undertaking, but one which will add greatly to the amenities of the Hospital when the work is finished.

There are at present 946 patients (367 male and 579 female) resident in the Hospital, and this total includes

91 (26 male and 65 female) Voluntary and 6 Temporary patients: all the Temporary patients are women. During 1936, direct admissions numbered 204 (79 male and 125 female), including 83 voluntary (33 male and 50 female) and 10 Temporary (5 male and 5 female) patients. During the same period 119 patients (50 male and 69 female) departed or were discharged, and 51 patients died. Money allowances were granted to 4 Certified patients of either sex on their discharge.

We regret that no patients are boarded out under Section 26 or Section 57 of the Lunacy Act, 1890, and we hope that this question will receive due consideration by the Committee: there is some overcrowding in the Hospital, and if suitable patients could be boarded out, some contribution at least would be made towards solving this problem.

There is one matter to which reference has been made before in these entries to which we feel bound again to refer. This is the continued existence in this Mental Hospital of a considerable number of mental defectives who should without doubt be accommodated in a Colony. Their presence is unfair to the other patients and makes very difficult the proper classification of patients in the wards, and we do not feel that the problem of overcrowding is likely ever to be satisfactorily solved until suitable accommodation for the mental defectives is provided elsewhere.

We saw, we believe, all the patients in residence, and found them orderly, neatly dressed, and as contented with their lot as their mental conditions permit.

Clearly, the relations existing between the patients and the medical and nursing staffs is excellent, and we have been much pleased to hear of the interest taken by many discharged patients in the welfare of the Hospital.

The women's clothing here is particularly good—individual marked sets of underclothing are provided for each patient, while frocks of modern and attractive

design are made and fitted in the workrooms, each patient capable of appreciating the privilege being allowed to select the style and colour which most appeals to her.

The men's clothing too is satisfactory, and we were glad to see that those engaged in work in the grounds, etc., are provided with boiler suits to protect their clothes. We have however asked Dr. Harper-Smith to consider the provision for the younger patients of flannel trousers and tweed coats to replace the tweed suits now in use. This has been done now in a number of hospitals, and the change is one which is generally appreciated. We are glad to learn that pyjamas are being substituted for night shirts on the male side.

Recreation receives much attention in the Hospital, and we were interested to hear of an organisation, on the female side called the Nondescript Society. This Club, which is run by an ex-patient, is conducted on the lines of a Women's Institute. There are weekly meetings which we are sure are much enjoyed, and outings during the summer. Those women patients who have parole frequently attend the meetings of the local Women's Institute, of which some of them are members. The Female Wards also have "God-mothers," ladies who interest themselves in the Hospital and who each make themselves responsible for a ward—who without doubt do very much to add to the happiness and contentment of the patients.

There is an excellent Canteen, well stocked and well conducted, and here we were pleased to see offered for sale, in addition to all the usual articles of food, etc. (including fresh fruit in variety) a good selection of toilet articles and cosmetics.

A point which calls for congratulation is that nowhere in the Hospital are table-cloths in use. There are a large number of dark oak circular tables, but these are gradually being replaced by tables with dark bakelite tops. Everywhere small tables and chairs are provided.

We saw yesterday 350 women patients enjoying a good mid-day meal in the dining hall, and the small tables, many of them decorated with flowers, made the scene reminiscent of a large restaurant, and as little like an institution dining hall as possible.

We were everywhere impressed by the profusion of cut flowers and well-grown pot plants in the wards, and by the beautiful appearance of the ward gardens and grounds: we have seldom seen better kept turf, and it is evident that this is a matter which here receives the attention which it deserves but which so often it does not get.

The dormitories and dayrooms are generally in very good order, and all are well kept. A feature of the dayrooms throughout the Hospital is the presence in them of a great number of bird cages and aviaries. The budgerigars and canaries are, we understand, very popular with the patients, many of whom take great interest in their welfare.

At Beechmont, the drawing room has recently been redecorated and the Furniture re-covered, and this fine room is now very attractive indeed.

The Kitchen and Laundry are well kept, but we thought the latter somewhat cramped for space, and when the additional work caused by the opening of the new Admission Hospital is received we think it probable that some additional ironing plant and some re-planning of the available space will become necessary.

The dietary of the Patients is generous and well varied, and we are glad to know that suppers are provided, while working patients receive extra diet.

The death rate during 1936 was 4.3% on the male side and 6.3% on the female. Since the last visit seven months ago, 16 men and 21 women have died, and in 29 cases post-mortem examinations were conducted. Among the causes of death, heart disease was the most prominent (there were 20 cases) 4 patients

died of pneumonia and 2 of tuberculosis. At present 3 men and 4 women are under treatment for this latter disease, but none of the male cases is regarded as active.

One woman, whose mental condition had not previously given rise to a suspicion of any desire to injure herself, hanged herself with a scarf last February. An inquest was held on her death.

Early this year some 100 patients, mainly men, as well as 16 members of the staff, were attacked by influenza. One nurse was taken ill with enteric fever last November, and 5 women from Ward 6 in December and 2 others in the following two months were treated for diarrhoea. No infective organism was however isolated. One woman from Ward 2 has recently had a pyrexical illness without further symptoms, and so far her serum reaction has been negative for any intestinal infection.

Particular care is taken in the handling of the bedding and garments from cases that are suspected of being infectious, but it would be of substantial help in their nursing if, in male wards 5 and 8 and female wards 5, 9 and the Sanatorium, there were provided apparatus for sterilising bed pans and urine bottles, and metal frames or other appropriate receptacles for storing them. The gradual replacement of wooden commode chairs, so difficult to sterilise after use, by metal chairs with bakelite or other seats of special composition would also be a progressive step in ward hygiene.

Although the proportion of patients under care and treatment in bed (over 14% in the case of males and 18% in the case of females) is high, we are glad to see so many of them being nursed under open air conditions. An admirable new verandah for women's beds has recently been constructed, and only awaits the completion of the electric light installation.

Fractures have occurred in the cases of 3 men and 2 women, 2 by the action of other patients, and 3 from falls. We are glad to learn that provision for X-ray apparatus will be made in the new admission unit.

One patient has recently been discharged recovered after treatment for general paralysis by malarial inoculation, and others are under treatment. Among the modes of treatment the use of physical training and occupations here find a valued place.

The former training is conducted daily, but so far no special costume has been provided: this, in many hospitals, is considered an important accessory to the treatment.

On the men's side treatment by occupations has the advantage of a large room, formerly a dining hall, where a good variety of handicrafts is taught both to patients and nurses, 13 of whom have now been trained in this way. During the last six months, 9 men attending this central shop have been discharged, and 3 have been promoted to the routine services of the Hospital. Many of the patients on the male side practise suitable handicrafts while under treatment in bed, and much attention is paid to the occupational needs of patients of more degraded or introverted type.

On the women's side there are occupational groups of patients in wards 1 to 4, and certain patients in other wards are instructed separately. On this side however the organisation of occupations has met with less success than on the men's side, and the number receiving physical training is also lower. We therefore trust that it may be possible to improve the co-ordination of effort necessary to bring to the patients on the women's side the undoubted advantages of this needed treatment which are already available in the Hospital.

The Nursing Staff consists of 77 men and 96 women, of whom the high number of 59 men and 56 women are certificated or registered.

Dr. Harper-Smith is assisted by Dr. F. H. Guppy, the Deputy Medical Superintendent, by Dr. C. M. T. Hastings, and by Dr. H. S. Brodribb, who has recently been appointed.

(Signed) N. C. CROFT COHEN.

(Signed) A. EDWARD EVANS.

Commissioners of the Board of Control.

REPORT OF THE HEADQUARTERS MEDICAL
INSPECTOR, MINISTRY OF PENSIONS.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

24th February, 1938.

Since my last visit to this Hospital, Dr. Harper-Smith has retired from the post of Medical Superintendent and has been succeeded by Dr. W. McCartan to whom I am grateful for the arrangements made for my visit.

There is at present an outbreak of scarlet fever among the staff and patients but none of the Service Patients are infected.

There has been among the Service patients one re-admission as a voluntary patient who still requires institutional care and treatment and one has been discharged "not improved." I gave to each a personal interview and found them all well nourished, being neat and tidy, and, apart from their delusions, very contented. I saw a good dinner of salt beef and bacon with beans and potatoes being served and much enjoyed. Milk puddings and other extras are given freely to the Service Patients. A copy of the dietary is attached. The wards are warm, bright and comfortable. No Service Patient was confined to bed, but three were isolated as scarlet fever contacts. Twenty-one are employed in some way or other.

The new admission hospital is nearly complete and will be opened very shortly.

There is a good canteen, and good provision is made for amusements. Great interest is taken in the Handicraft Department. There is a consulting surgeon and a dentist visits regularly.

(Signed) HEADQUARTERS MEDICAL INSPECTOR,
MINISTRY OF PENSIONS.

MALE AND FEMALE NURSES IN THE SERVICE WHO HAVE
OBTAINED THE CERTIFICATE OF THE ROYAL MEDICO-
PSYCHOLOGICAL ASSOCIATION.

Annie G. E. Hoxey	John Robson
Ernest Fuller	Herbert Barnard
Edith Iron	Ivy M. Seal
Ada Hodgetts	Wilfred Rutherford
Ethel Fox	Herbert F. Parry
George Bridger	Herbert Bolton
George Bellchamber	Frank M. Barratt
Ernest H. Vinehill	Fanny Benjamin
Frank Carter	Eveline Bromfield
John E. Barnett	Mabel E. Walker
Alice M. Shelley	John J. Allen
James A. Rodman	Phyllis M. Wadsworth
Annie Elstob	Edwin J. Chadwick
Alfred E. Nunns	Ernest Hague
George F. Mason	Francis Kane
Thomas G. Parsons	Cyril E. Groves
Emma L. Stevens	Charles T. Roberts
Thelma M. Cox	Frank Hillier
Albert King	Teresa Bellchamber
William G. Murrell	Ada Burley
Lilian A. Webb	Frances M. Adams
Lily Paul	Fred Beech
Lilian Umpleby	Charles A. Parkin
Agnes M. Howick	Phyllis O. Haskell
Daisy M. Bass	Monica Mc Farlane
Winifred Unwin	Jessie Thomas
Amy M. Beavis	Leslie G. Hughes
William H. Jones	Gertrude Thissen
John C. Hughes	Elizabeth Dee
John E. C. Keeping	William J. Allison
Albert A. Shaw	Norman Fletcher

Bertha Turner	Ida C. S. Butterfield
George F. Marchant	Doris Simm
Percy G. Ralfe	Bessie Hughes
Frederick R. Baker	M. E. English
Henry W. Hollingdale	Hilda M. Crawford
Ellen Arthur	Margaret Low
Daisy Brown	Doris E. Beavan
Florence Turner	Elizabeth N. Johnstone
Leslie Room	Alice McKitterick
Cyril H. Morton	Hilda Humphrey
James Yates	Kathleen Jones
Archibald A. Herbert	Iris M. Dyer
Thomas Leeming	Queenie K. A. Marks
Albert Hinde	Joan I. Duncan
Edwin L. Cruttenden	Jessie MacIver
George R. Nowell	Jean McLouchlan
Jack F. Shambrook	John R. Elsey
John Blackburn	Mary Winward
Patrick L. J. Woodman	Olive D. Selby
Charles W. Martin	Netty H. Lewis
Miriam G. Constable	Florence Botting
Clifford Gough	Ellen Morley
George W. Draper	Cecilia A. J. Rowlands
Susannah M. Bainbridge	Crosby Cummings
Gertrude M. Wilson	William Ellis
Rose V. A. Bond	Jane T. Dawson
Edna M. Cook	Annie Wiggin
Elizabeth J. Allison	

STATISTICAL TABLES

FOR THE

Year ending December 31st, 1937.

TABLE I.
General Table, showing the movement of the Mental Hospital Population during the Year 1937.

	Certified.			Temporary.			Voluntary.			Totals.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
On the Register January, 1st, 1937	344	508	852	—	3	3	28	50	78	372	561	933
Total cases admitted during the year	34	90	124	4	11	15	51	99	150	89	200	289
Total cases under treatment during the year	378	598	976	4	14	18	79	149	228	461	761	1222
Departures, Discharges and Transfers during the year :—												
Recovered	12	28	40	—	4	4	25	38	63	37	70	107
Relieved	4	30	34	—	1	1	16	24	40	20	55	75
Not improved	5	1	6	—	1	1	5	—	5	10	2	12
Died during the year	20	26	46	1	1	2	4	4	8	25	31	56
Total Departures, discharged, transferred and died during the year	41	85	126	1	7	8	50	66	116	92	158	250
On the Registers, December 31st, 1937	336	510	846	2	—	2	27	75	102	365	585	950
Average daily number on the Registers during the year	340	511	851	1	5	6	29	67	96	370	583	953

	Certified.			Temporary.			Voluntary.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
*Number of persons under care during the year	376	587	963	4	14	18	77	142	219
Number of persons admitted during the year	32	79	111	4	11	15	49	92	141
Number of persons recovered during the year	12	28	40	—	4	4	24	38	62

* i.e. : Separate persons in contradistinction to "cases" which may include the same individual more than once.

TABLE 2.

GENERAL TABLE, showing the movement of the Mental Hospital Population during each year since the year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.									Total Number under Treatment.									Discharged or Transferred.									Died.	Remaining on Registers, 31st December.									Average Daily Number on Registers.	Percentage of Total Recoveries on the Total Number of Admissions.									Percentage of Total Recoveries on the Direct Admissions.									Percentage of Deaths on Average Number on Registers.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
	Direct.			Indirect.			Total.			M.			F.			T.			Recovered.			Relieved.			Not Improved.				M.			F.			T.				M.			F.			T.			M.			F.			T.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1859.	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	...	...	...	1	1	2	4	6	10	136	153	289	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...</

TABLE 3.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the year 1937.

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency occurring as early in life as it can be observed.	1. Intellectual { <i>a.</i> With Epilepsy ... <i>b.</i> Without Epilepsy ...	—	2 10	2 11	—	—	—	—	2 11	2 12
	2. Moral ...	—	—	—	—	—	—	—	—	—
Insanity occurring later in life	1. Insanity with Epilepsy ...	1	9	10	—	—	—	1	9	10
	2. General Paralysis of the Insane ...	4	1	5	—	—	—	4	1	5
	3. Insanity with Grosser Brain Lesions ...	—	—	—	—	—	—	—	—	—
	4. Acute Delirium... ..	1	—	1	—	—	—	1	—	1
	5. Confusional Insanity ...	16	15	31	—	1	1	16	16	32
	6. Stupor	—	—	—	—	—	—	—	—	—
	7. Primary Dementia ...	10	10	20	—	—	—	10	10	20
	8. Mania { <i>a.</i> Recent ... <i>b.</i> Chronic ... <i>c.</i> Recurrent ...	2	9	11	—	—	2	2	9	11
	9. Melancholia { <i>a.</i> Recent ... <i>b.</i> Chronic ... <i>c.</i> Recurrent ...	4 23 10	19 33 11	23 56 11	—	—	—	4 24 10	19 33 11	23 57 11
	10. Alternating Insanity ...	—	5	5	—	—	4	—	5	33
	11. Delusional Insanity { <i>a.</i> Systematised <i>b.</i> Non-Systematised	2 4	1 16	3 20	1	2	1	3 4	1 18	4 22
	12. Volitional Insanity { <i>a.</i> Impulse <i>b.</i> Obsession <i>c.</i> Doubt	1	1	2	—	—	—	1	1	2
	13. Moral Insanity	—	—	—	—	—	—	—	—	—
	14. Dementia { <i>a.</i> Senile ... <i>b.</i> Secondary ...	1	9	10	—	—	—	1	9	10
	15. Voluntary Patients (above forms not applicable) ...	3	2	5	—	—	—	3	2	5
Totals ...		83	172	255	2	10	12	85	182	267

TABLE 4.

An Analysis of the Discharges and Transfers during the Year 1937.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions :—									
First-Attack Cases	25	48	73						
Not First-Attack Cases	10	21	31						
Cases unknown whether First-Attack or not	1	1	2						
Total from Direct Admissions ...				36	70	106			
From Transfers :—									
First Attack-Cases	—	—	—						
Not First-Attack Cases	1	—	1						
Cases unknown whether first attack or not	—	—	—						
Total from Transfers				1	—	1			
Total Discharged as Recovered ...				37	70	107			
Discharged (not Recovered) as :—				Relieved.			Not Improved.		
Relieved	20	49	69	20	49	69			
Not Improved	7	1	8				7	1	8
Total	27	50	77						
Reasons for such Discharge.									
To go to Care of Friends	21	48	69						
" Municipal Hospital	1	1	2						
" Mental Hospital (As Voluntary Patient)	3	1	4						
To be Boarded Out	—	—	—						
Statutory, by Irregularity in Reception Order ...	—	—	—						
" escaped and was not recaptured within 14 days	2	—	2						
Other reasons	2	—	2						
Total	27	50	77						
Transferred as :—									
Relieved	—	6	6	—	6	6			
Not Improved	3	1	4				3	1	4
Total	3	7	10						
Destinations of such Transfers.									
To other Mental Hospitals, Reg. Hospitals, and Licensed Houses	3	7	10						
To " Single Care "	—	—	—						
Other Destination	—	—	—						
Total	3	7	10						
Total Discharged and Transferred as :—									
Relieved				20	55	75			
Not Improved							10	2	12

TABLE 5.

Showing principal causes of death during the year 1937 together with ages at death.

Cause of Death	Ages																Total		
	Under 16		16-19		20-24		25-34		35-44		45-54		55-64		65 and upwards				
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	T		
General Diseases :—																			
Influenza	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Dysentery	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Pulmonary Tuberculosis	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1	1		
Cancer	...	...	...	...	...	...	1	...	...	...	...	2	...	...	...	3	3		
Diabetes	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Diseases of Nervous System :—																			
Cerebral Hæmorrhage	...	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1		
Softening of Brain	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
General Paralysis of Insane	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1	1		
Epilepsy	...	...	...	...	...	...	...	...	...	...	...	...	1	...	...	...	1		
Other Diseases of the Nervous System	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Diseases of Circulatory System :—																			
Diseases of the Heart	...	...	...	...	...	...	...	...	...	1	...	3	4	5	5	3	9		
Diseases of the Arteries	...	...	...	...	...	...	...	...	...	...	1	2	...	5	8	7	12		
Diseases of Digestive System :—																	16		
Duodenal Ulcer	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Diarrhoea and Enteritis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Ulcer of the Stomach	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Hernia	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Diseases of Respiratory Organs :—																			
Broncho Pneumonia	...	1	...	...	...	...	...	...	2	...	1	2	...	1	1	...	4		
Other Diseases of the Respiratory System	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	2		
Diseases of Urinary System :—																			
Chronic Nephritis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Septicaemia	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Other diseases of the Kidneys	...	...	...	...	...	...	...	1	...	...	...	...	...	...	...	...	1		
Cellulitis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...		
Asphyxia by Suffocation (not Suicide)	...	...	...	...	...	...	...	1	...	...	...	...	...	...	...	...	1		
TOTALS	...	1	...	...	...	...	1	2	2	1	1	7	10	9	11	11	25		

RATE-AIDED AND SERVICE PATIENTS' DIETARY SCALE.

		Males.	Females.
BREAKFAST.	Bread ...	6 ozs.	5 ozs.
	Butter-Mixture ...	$\frac{1}{2}$ „	$\frac{1}{2}$ „
	Coffee or Cocoa ...	1 pt.	1 pt.

with one of the following Extras *daily* :—

Fish Paste or Meat			
Paste ...	...	1 oz.	1 oz.
Tinned Meat ...	...	2 ozs.	2 ozs.
Porridge ...	...	$\frac{1}{2}$ pt.	$\frac{1}{2}$ pt.
Luncheon Sausage	...	2 ozs.	2 ozs.
Brawn ...	...	2 „	2 „
Marmalade ...	...	$1\frac{1}{2}$ „	$1\frac{1}{2}$ „
Jam ...	...	$1\frac{1}{2}$ „	$1\frac{1}{2}$ „

Formulae :—

Cocoa, per 100 pints = 26 ozs. Cocoa, 3 lbs. Sugar,
 $1\frac{1}{2}$ gallons Milk.

Coffee, per 100 pints = $1\frac{1}{2}$ lbs. Coffee, $2\frac{3}{4}$ lbs. Sugar, $1\frac{1}{2}$
gallons Milk.

Porridge, per 100 pints = $18\frac{3}{4}$ lbs. Oatmeal, 8 tins Con-
densed Milk, and 3 lbs. Sugar.

		Males	Females.
DINNERS.	Boiled Beef or Pork	5 ozs.	5 ozs.
	Vegetables ...	16 „	12 „
	Pea or Lentil Soup...	1 pt.	1 pt.
	Bread ...	4 ozs.	4 ozs.
	Fruit Dumpling ...	6 „	6 „
	Fried Fish with White		
	Sauce ...	4 „	4 „
	Potatoes ...	16 „	12 „
	Bread ...	4 „	4 „
	Suet Pudding ...	6 „	6 „
	Golden Syrup ...	$1\frac{3}{4}$ „	$1\frac{3}{4}$ „
	Meat Pies ...	12 „	12 „
	Vegetables ...	12 „	12 „
	Roast Beef, Mutton		
	or Pork ...	6 „	6 „
	Vegetables ...	16 „	12 „
	Bread ...	4 „	2 „

DINNERS (continued)		Males.	Females.
Stew ...	...	1 pt.	1 pt.
Bread ...	...	4 ozs.	4 ozs.
Bread Pudding ...	...	6 „	6 „
Meat Puddings ...	...	12 „	12 „
Vegetables ...	...	12 „	12 „
Corned Beef ...	...	2½ „	2½ „
Potatoes ...	...	16 „	12 „
Bread ...	...	4 „	4 „
Fruit Pudding ...	...	6 „	6 „

Blue Peas or Haricots substituted for Vegetables when latter are scarce.

Extras:—

When in Season: Stewed Rhubarb or Fruit with Rice and Sugar or Fruit Pies or Puddings.

When in Season: Salads with dressing.

Formulae—

Soup, per 100 Patients=18 lbs. Split Peas or Lentils, 50 lbs. Bones, &c., 50 lbs. Vegetables.

Fruit Dumpling, per 100 lbs. weight=56 lbs. Flour, 14 lbs. Suet, 9 lbs. Currants, 9 lbs. Raisins.

Bread Pudding, per 100 Patients=12½ lbs. Bread, 3 lbs. 2 ozs. Sugar, 2 lbs. 2 ozs. Fat, 2 lbs. 2 ozs. Currants, and Sweet Sauce.

White Sauce, per 100 Patients=28 ozs. Flour, 12½ ozs. Butter Mixture, Vinegar a sufficiency.

Meat Pies and Puddings, per 100 Patients=20 lbs. Flour, 6½ lbs. Suet, 25 lbs. Meat.

Stew, per 100 Patients=25 lbs. Meat, 50 lbs. Vegetables, with Pearl Barley or Curried Rice.

Suet Pudding, per 100 lbs. weight=56 lbs. Flour, 14 lbs. Suet.

	Males.	Females.
TEAS.		
Two evenings—Bread	6 ozs.	5 ozs.
Butter-Mixture ...	$\frac{1}{2}$ "	$\frac{1}{2}$ "
Fish or Meat Paste	$\frac{1}{2}$ "	$\frac{1}{2}$ "
Three evenings—Bread	6 "	5 "
Butter Mixture ...	$\frac{1}{2}$ "	$\frac{1}{2}$ "
Golden Syrup, Jam or Honey ...	1 "	1 "
or one evening Fish Cakes.		
Two evenings—Cake (Currant) ...	7 ozs.	6 ozs.
Each evening—Tea	1 pt.	1 pt.

Lettuce and Onions are given when supplies permit.

Stewed Fruit is given when supplies permit, instead of Jam.

Formulae for making Cake, per 100 lbs.=64 lbs. Flour,
14 lbs. Currants, 14 lbs. Sugar, 21 lbs. Fat or Butter-
Mixture, $\frac{1}{2}$ lb. Spice.

Tea, per 100 pints=1 lb. Tea, 3 lbs. Sugar, $1\frac{1}{2}$ gallons Milk.

EXTRAS.

For Supper Male and Female Patients receive $\frac{1}{2}$ pt. Oxo
and 4 ozs. Bread.

Extra Bread for all meals is issued above the scale if
required.

All Milk is unskimmed.

Fresh Raw Fruit when supplies permit.

EXTRAS FOR MALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 4 ozs. Bread, $\frac{1}{2}$ oz. Cheese for lunch.
Tobacco, Snuff and Sweets.

EXTRA DIET FOR FEMALE WORKING PATIENTS.

$\frac{1}{2}$ pint Cocoa, 4 ozs. Bread, $\frac{1}{2}$ oz. Cheese for lunch.
4 ozs. Bread, $\frac{1}{4}$ oz. Butter-Mixture, $\frac{1}{2}$ pint Tea at 4.0 p.m.

EXTRA DIET FOR SICK PATIENTS.

Steak, Mutton Chop, Mince Meat, Fowl, Fish, Eggs, Mutton
Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice
Pudding, Custard Pudding, Barley Water, Gruel, Oranges,
Jellies, Stout, Wines, Spirits and Minerals.

STAFF DIETARY.

BREAKFAST :

Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Butter, $3\frac{1}{2}$ ozs. weekly.
 Bread, 4 ozs. daily.
 Milk, $\frac{1}{2}$ pint daily.

with one of the following extras daily :—

Ham, 4 ozs.
 Eggs, two.
 Bacon 4 ozs. and 2 ozs. Tomatoes.
 Bacon 4 ozs. and one Egg.
 Bacon 4 ozs. and 2 ozs. Potatoes.
 Tinned Pilchards (1 tin containing 1 lb.
 between 3 persons).
 Fish (at a cost not exceeding 3d. per head).
 Sausages, 4 ozs. (two per person).

LUNCH :—

Bread, 4 ozs. daily.
 Cheese, 1 oz. daily.
 Coffee or Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Milk, $\frac{1}{2}$ pint daily.

DINNER :—

Meat, 6 ozs. daily, or Fish, 8 ozs.
 Vegetables (2 kinds) 1 lb. per day.
 Condiments.
 Puddings daily selected from—
 Milk Puddings.
 Tarts.
 Suet Pudding.
 Fruits and Custard.
 Bread, 2 ozs. daily.
 Fresh Fruit (thrice weekly).

TEA :—

Tea, $3\frac{1}{2}$ ozs. weekly.
 Sugar, $8\frac{3}{4}$ ozs. weekly.
 Butter, $3\frac{1}{2}$ ozs. weekly.
 Bread, 6 ozs. daily.
 Milk, $\frac{1}{2}$ pint daily.

with one of the following extras daily—

Jam, 2 ozs.
 Cake, Scones, etc., 4 ozs.
 Honey, 2 ozs.
 Sardines, 2 ozs.
 Tinned Pilchards, 4 ozs.

DIETARY FOR PRIVATE PATIENTS IN THE
MAIN BUILDING AND AT HURSTWOOD PARK
HOSPITAL.

*(Private Patients at "Beechmont" are not on a
Fixed Dietary).*

BREAKFAST Coffee, Bread and Butter, and (selected from)
Egg, Bacon and Potatoes, Ham, Sausages,
Fish.

DINNER ... *First Course* (selected from) Roast or Boiled
Meat, Meat Stews, Steak, Chops, Meat Pies
and Puddings, Meat and Potato Pies, Fish,
Poultry.

Bread with each meal.

Two Vegetables with each meal except when
Fish is served.

Second Course (selected from) Sweet Puddings,
Milk Puddings, Tarts, Stewed Fruit with
Custard, etc., Trifle.

TEA Tea, Bread and Butter, and (selected from) Cake,
Tinned Fish, Meat or Fish Paste, Jam, Honey,
Fish Cakes, Scones.

SUPPER ... Milk Puddings or Beef Tea daily.

WEATHER PLAIN

LIBRARY FOR PRIVATE PATENTERS IN THE
MAIN BUILDING AND AT HURSTWOOD PARK

HOUGHTON

(Printed by the Houghton Press, Ltd., at
Houghton, London, E.C. 4)

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BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

ACCOUNTS

for the Year ended 31st March, 1938.

Maintenance Account**EXPENDITURE.**

SALARIES AND WAGES—	£	s.	d.	£	s.	d.	£	s.	d.
Salaries and Wages (exclusive of sums paid for labour appearing in the Farm and Garden Account or comprised in the Building and Repairs Fund Account)									
Medical Staff	3098	11	10						
Nursing Staff	20056	6	0						
Other Staff	9625	19	10						
Superannuation Allowances and Contributions returned under the Asylums Officers' Superannuation Act, 1909... ..	3553	15	10						
							36334	13	6
PROVISIONS (including Farm and Garden Supplies) for Patients and Staff							17040	15	11
CLOTHING—									
For Staff	737	7	6						
For Patients	2176	18	9						
							2914	6	3
DRUGS AND MEDICAL AND SURGICAL APPLIANCES							613	0	6
FUEL, LIGHT, WATER AND LAUNDRY							8969	6	7
DOMESTIC RENEWALS, REPAIRS AND ADDITIONS (FURNITURE, ETC.) ...							4735	3	7
AMBULANCE AND OTHER TRANSPORT							352	9	0
FUNERAL AND REMOVAL EXPENSES							38	4	11
RATES AND INSURANCES							3060	14	9
MISCELLANEOUS EXPENSES—									
Freight and Carriage	37	9	7						
Stationery and Printing	645	2	2						
Periodicals and Newspapers ...	140	8	7						
Incidental Expenses	204	0	6						
Allowances to Service Patients ...	148	0	0						
Allowances to Patients "On Trial," etc.	288	5	2						
Postages and Telephones	330	2	11						
Patients Amusements and Library									
Books	380	7	10						
Tobacco, etc., for Patients	847	16	11						
Advertising	610	5	8						
Grounds, Greenhouses and Ornamental Gardens... ..	304	2	3						
Bank Charges	431	1	3						
Occupational Therapy	487	16	0						
Clinics, etc., under Mental Treatment Act	168	0	0						
							5022	18	10
TOTAL EXPENDITURE ...							79081	13	10
BUILDING AND REPAIRS FUND—									
Excess Weekly Charge on Out-Borough Patients transferred ...	4206	13	9						
Excess Weekly Charge on Private Patients transferred	4146	9	4						
							8353	3	1
TOTAL EXPENDITURE AND TRANSFERS							87434	16	11
EXCESS OF INCOME OVER EXPENDITURE CARRIED TO BALANCE SHEET							4201	0	2
							<u>£91635</u>	<u>17</u>	<u>1</u>

HOSPITAL, HAYWARDS HEATH.

for the Year ended 31st March, 1938.

INCOME.

	£	s.	d.	£	s.	d.	£	s.	d.
Amount in hand at commencement of year							10578	6	9
MAINTENANCE OF PATIENTS—									
Rate-aided Patients :—									
County Borough of Brighton ...	45439	3	7						
Other Counties and Boroughs ...	1001	15	9						
Treasurers of other Mental Hospitals and Authorities for Patients received under Contract—									
Middlesex Mental Hospital, Napsbury	1345	0	4						
County Borough of Eastbourne ...	15806	9	0						
				63592	8	8			
PRIVATE PATIENTS—									
Relatives and others for maintenance of Private Patients	13561	10	6						
OTHER PATIENTS—									
Ministry of Pensions for Service Patients	1929	10	3						
Board of Control for Ex-Service Patients	157	3	6						
Prison Commissioners	28	12	2						
				15676	16	5			
FUNERAL AND REMOVAL EXPENSES—									
County Borough of Brighton ...	46	11	1						
Other Counties and Boroughs ...	3	10	2						
Treasurers of other Mental Hospitals and Authorities for Patients received under Contract—									
Middlesex Mental Hospital, Napsbury	2	15	0						
County Borough of Eastbourne ...	16	19	11						
Ministry of Pensions	—								
				69	16	2			
FARM AND GARDEN ACCOUNTS—									
Surplus on Farm Account	327	11	8						
Surplus on Kitchen Garden Account ...	244	12	2						
				572	3	10			
SUPERANNUATION, UNDER THE ASYLUMS OFFICERS' SUPERANNUATION ACT, 1909—									
Proportion of Pensions repaid by County Councils and other Mental Hospitals				432	12	11			
MISCELLANEOUS RECEIPTS—									
Sale of Kitchen Stuff, Old Stores, etc. ...	204	0	5						
Sundries	369	11	11						
Bank Interest	—								
Rent of Farm and Garden (Estimated) ...	140	0	0						
				713	12	4			
TOTAL INCOME				81057	10	4			

£91635 17 1

Buildings and Repairs Fund

EXPENDITURE	Expenditure on Capital Account.			Expenditure on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
Ordinary Repairs (materials and wages)				6376	16	6			
Nurses' Home, Lavatory Basins				4	12	2			
Female 5 Garden Shelter				18	14	3			
Repairs to Farm Piggeries				204	5	7			
Redecorations to Laundry				57	17	0			
Outside Painting of the Hospital				861	11	5			
Levelling Recreation Ground				607	10	2			
Urinals, Male General Gardens				88	11	11			
New Boiler for Farm Dairy				80	11	2			
New Boiler for Pig Swill				74	12	10			
Repairs to Roads				148	16	6			
Outside Approach to Vegetable Room				28	4	1			
Erecting Swill and Dairy Boilers				22	5	11			
Cleaning Reservoir and Water Tanks				51	18	1			
Replacement of Water Closets				373	17	7			
New Lavatory and W.Cs. Male									
Ward 8				115	2	5			
Refrigerator, Main Kitchen				198	6	0			
Aga Cooker, Main Kitchen				188	13	9			
Redecorations to Female Ward 5				81	12	11			
Renewal of Tile Floor in Vegetable									
Room				27	12	5			
Redecorations to Kitchen				100	10	8			
Redecorations to Male Ward 1				137	0	10			
Redecorations to Male Ward 4				147	4	11			
Modernising Male Ward 5 Bathroom				81	9	11			
Admission Hospital, Laying out of									
Grounds				1	19	0			
Improvements to Chapel				54	5	2			
Redecorations to various rooms—									
Female Ward 8				13	16	10			
Footpath to Kents Road from new									
Staff Cottages				66	15	4			
Redecorations to Male Ward 2				151	11	2			
Renewing Water Main to Farm				23	2	5			
Hack and Plaster Walls, Female									
Sleeping Gallery				101	19	6			
Redecorations to Upholsterer's Shop				26	8	11			
Repairs to Gardeners Shed				22	0	3			
Fire Hose Renewals				20	3	8			
Superannuation Allowances				488	14	2			
Tithe Rent Charge				21	16	4			
Insurance, etc.				971	3	11			
Admission Hospital	15857	18	7						
Admission Hospital (Clerk of Works)	345	9	0						
Admission Hospital, (Equipment)	2334	11	5						
Admission Hospital (Architect)	400	0	0						
Enlargement of Sewage Ejector									
Station	251	15	10						
Staff Cottages (Paths and Steps)	80	15	8						
Staff Cottages	792	4	11						
Making up Road to Admission Hos-									
pital	125	1	6						
	£20187	16	11	£12041	15	8			
							£32229	12	7

HOSPITAL, HAYWARDS HEATH.

Account for the Year ended 31st March, 1938.

INCOME.	Income on Capital Account.			Income on Revenue Account.					
	£	s.	d.	£	s.	d.	£	s.	d.
County Borough of Brighton, for Ordinary Repairs, etc.							1977	8	11
County Borough of Brighton for Admission Hospital	19314	16	4						
Erection of Staff Cottages	873	0	7						
Proportion of Pensions repaid by East Sussex County Council, etc.							71	1	3
Rents				1551	8	11			
Sundry Sales				88	13	6			
Transfers from Maintenance Account Excess weekly charge on Out-Borough Patients				4206	13	9			
Excess Weekly charge on Private Patients				4146	9	4			

TOTAL INCOME AND TRANSFERS	£20187	16	11	£12041	15	8	
							£32229 12 7

W. E. MITCHELL, Clerk and Steward.

Account of the Fort of St. John, 1781

On the 1st of June, 1781, the British evacuated the fort of St. John, and the French entered it. The fort was then in a state of ruin, and the French found it necessary to repair it. They began by building a new bastion on the right side of the fort, and by strengthening the other bastions. They also built a new rampart on the left side of the fort, and by this means they were enabled to command the whole of the fort. The French also built a new battery on the right side of the fort, and by this means they were enabled to command the whole of the fort. The French also built a new battery on the right side of the fort, and by this means they were enabled to command the whole of the fort.

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BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.
FARM ACCOUNT for the year ended 31st March, 1938.

	Stock at 1st April, 1937.	Tenant Right	Seeds used and Plants	Manures, etc. used and Sundries	Wages	Thatching, etc., and Sundries	Charges for Horse work, Tractor & Ploughing	Threshing and Cutting	Total.
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
To Cropping Accounts:—									
Potatoes	306 7 8	218 11 11	213 13 0	277 17 10	108 10 2	18 7 6	44 19 5	—	1548 7 9
Wheat	1 0 0	198 10 0	34 17 8	11 13 4	41 4 5	10 5 10	15 4 4	3 14 8	308 13 11
Oats	43 15 0	53 3 8	11 3 0	5 18 8	13 15 6	10 5 10	7 12 3	3 14 8	131 10 7
Manure and Swedes	43 8 0	91 0 11	10 3 5	42 4 0	101 15 6	—	19 7 9	—	308 0 4
Hay and Pasture	122 4 3	115 17 8	8 3 6	43 3 4	49 12 8	11 17 8	24 18 9	—	376 19 8
Other Crops	—	1 9 2	8 0 0	—	38 14 5	—	4 19 11	—	58 2 6
	£516 14 9	£485 19 2	£389 4 5	£381 1 11	£416 13 3	£80 10 8	£117 1 7	£7 9 0	£2526 14 9
To Maintenance of Horses and Tractor Account:—									
Value of Stock at 1st April, 1937									£ s. d.
Provision and Bedding used (Purchased £11 5s. 0d.; Produced £84 0s. 0d.)									323 9 3
Wages									95 2 0
Stock purchased									429 9 6
Harness and Repairs									61 19 0
Medicine and Shoeing									9 9 1
Repairs to Tractor, Petrol, etc.									180 13 0
									713 19 7
To Dairy Cattle Account:—									
Value of Stock at 1st April, 1937									£ s. d.
Stock purchased									1344 0 0
Provision and Bedding used (Purchased £879 4s. 2d.; Produced £38 18s. 0d.)									215 0 0
Veterinary Services and Medicine									1218 0 2
Milk recording, etc.									83 3 7
Sundries									2 19 10
Stands—Carriage, etc., and Travelling Expenses									140 6 6
—Rent									150 0 0
—Wages									155 1 5
—Sundries									9 15 1
									2746 0 7
To Pigs Account:—									
Value of Stock at 1st April, 1937									£ s. d.
Stock purchased									428 10 0
Provision and Bedding used (Purchased £1074 1s. 10d.; Produced £100 5s. 0d.)									348 0 0
Veterinary Services and Medicine									176 0 2
Pig Sells									1183 6 10
									27 15 0
									2181 19 8
To Poultry Account:—									
Value of Stock at 1st April, 1937									£ s. d.
Stock purchased									244 12 3
Provision and Bedding used (Purchased £379 5s. 2d.; Produced £15 3s. 0d.)									130 16 11
Medicine									363 9 3
									3 10 9
									330 12 8
To Dead Stock Account:—									
To Stocks at 1st April, 1937									£ s. d.
Artificial Manures									185 3 8
Provision									158 8 9
Implement, etc.									284 11
Medicines									10 0 0
Paraffin and Petrol									12 0 0
									1718 11 11
Seeds purchased									252 4 5
Manures purchased									284 11
Provision and Bedding purchased									2360 2 0
Implement purchased and Repairs									276 15 4
Medicines, etc., purchased									126 7 4
Petrol and Paraffin purchased									113 10 9
Thatching Straw									44 6 8
									5194 7 4
To General Account:—									
Rates, Taxes and Insurance									25 11 10
Wages									269 3 9
Estate Work									118 15 1
Coal, etc.									39 14 3
Carriage									54 14 11
Stocktaking Valuation									15 15 0
Sundries									25 8 8
Estimated Rent of Farm									112 0 0
									921 6 8
Value of Tenant Right at 1st April, 1937									294 1 0
Balance, being Profit for the Year ended 31st March, 1938									327 11 8
									£16038 13 7

KITCHEN GARDEN ACCOUNT for the year ended 31st March, 1938.

	£ s. d.	£ s. d.	£ s. d.	£ s. d.
To Valuation at 1st April, 1937				
Dead Stock				12 1 3
Garden Crops, Manure and Tenant Right				141 8 0
				£86 11 1
Rates and Taxes				650 9 4
Wages				16 9 2
Manure				788 0 0
Seeds				83 19 4
Artificial Manures				5 6 9
Manures, etc., supplied from Farm				20 8 0
Implement and Repairs				31 18 8
Provision				17 5 4
Coal, etc.				27 10 2
Rent of Land (Estimated)				28 0 0
Sundries				10 5 2
				1721 4 2
Balance, being Profit for the Year ended 31st March, 1938				344 12 2
				£1965 16 5

	Sales	Supplies to Hospital and Garden	Provision grown on farm and used for Live Stock	Stocks from produce grown at 31st March, 1938.	Tenant Right	Total.
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
By Cropping Accounts:—						
Potatoes	94 19 8	955 8 7	—	189 10 0	388 2 3	1835 18 8
Wheat	136 15 3	—	100 0 0	—	118 14 6	373 9 9
Oats	12 0 0	—	80 0 0	18 15 0	71 19 10	188 5 10
Manure and Swedes	19 18 1	12 16 2	117 13 0	30 12 0	126 6 9	357 8 9
Hay and Pasture	—	1 8 0	187 8 0	33 10 3	298 7 0	439 11 3
Other Crops	—	—	20 0 0	—	36 10 0	56 10 0
	277 12 10	968 10 9	547 1 0	222 7 3	1185 11 6	£2222 3 4
By Maintenance of Horses and Tractor Account:—						
Value of Work done, Cropping Accounts						£ s. d.
Potatoes						44 19 5
Wheat						15 4 4
Oats						7 12 5
Manure and Swedes						19 7 9
Hay and Pasture						24 18 9
Other Crops						4 18 11
						117 1 7
Carting, Building and Repairs Account						248 0 0
Sales (Phone Farm, £214 13s. 0d.; Standon, £152)						350 18 0
Value of Stock at 31st March, 1938						713 19 7
By Dairy Cattle Account:—						
Eggs (£55 000)						1883 8 2
Sales (Phone Farm, £214 13s. 0d.; Standon, £152)						360 13 0
Value of Stock at 31st March, 1938						1895 13 0
By Pigs Account:—						
Supplies to Hospital—						
Pork (1988 lbs.)						384 3 6
Sales						1487 4 10
Value of Stock at 31st March, 1938						825 16 0
By Poultry Account:—						
Supplies to Hospital—						
Eggs (£55 000)						340 9 2
Poultry (£239)						304 5 1
Sales						6 15 6
Value of Stock at 31st March, 1938						187 16 0
By Dead Stock Account:—						
Cropping Accounts—						
Seeds						308 4 5
Manures						381 1 11
						760 6 4
Petrol and Paraffin consumed						115 12 2
Medicines, etc., used						116 7 4
Thatching Straw						44 6 8
						276 6 2
Provision—						
Horses						11 5 0
Dairy Cattle						879 4 2
Pigs						1074 1 10
Poultry						870 9 3
						2335 0 3
Stocks from produce at 31st March, 1938:—						
Seeds						49 3 8
Artificial Manures						70 12 9
Provision						188 14 6
Implement, etc.						1220 5 0
Medicines						20 0 0
Paraffin						9 18 7
						1538 14 6
By General Account:—						
Sundry Sales						42 18 6
Supplies to Hospital—						
Rabbits						8 3 3
Manures supplied from Farm to Garden						24 19 0
						75 19 9
Value of Tenant Right at 31st March, 1938						327 11 8
						£1965 16 5

W. E. MITCHELL, Clerk and Steward.

Cattle		Horses		Pigs		Sheep		Goats		Poultry	
Item	Value	Item	Value	Item	Value	Item	Value	Item	Value	Item	Value
1	100	1	100	1	100	1	100	1	100	1	100
2	200	2	200	2	200	2	200	2	200	2	200
3	300	3	300	3	300	3	300	3	300	3	300
4	400	4	400	4	400	4	400	4	400	4	400
5	500	5	500	5	500	5	500	5	500	5	500
6	600	6	600	6	600	6	600	6	600	6	600
7	700	7	700	7	700	7	700	7	700	7	700
8	800	8	800	8	800	8	800	8	800	8	800
9	900	9	900	9	900	9	900	9	900	9	900
10	1000	10	1000	10	1000	10	1000	10	1000	10	1000

The following is a list of the animals on the farm, and their values, as of the 1st day of January, 1900.

Cattle		Horses		Pigs		Sheep		Goats		Poultry	
Item	Value	Item	Value	Item	Value	Item	Value	Item	Value	Item	Value
1	100	1	100	1	100	1	100	1	100	1	100
2	200	2	200	2	200	2	200	2	200	2	200
3	300	3	300	3	300	3	300	3	300	3	300
4	400	4	400	4	400	4	400	4	400	4	400
5	500	5	500	5	500	5	500	5	500	5	500
6	600	6	600	6	600	6	600	6	600	6	600
7	700	7	700	7	700	7	700	7	700	7	700
8	800	8	800	8	800	8	800	8	800	8	800
9	900	9	900	9	900	9	900	9	900	9	900
10	1000	10	1000	10	1000	10	1000	10	1000	10	1000

The following is a list of the animals on the farm, and their values, as of the 1st day of January, 1900.

Cattle		Horses		Pigs		Sheep		Goats		Poultry	
Item	Value	Item	Value	Item	Value	Item	Value	Item	Value	Item	Value
1	100	1	100	1	100	1	100	1	100	1	100
2	200	2	200	2	200	2	200	2	200	2	200
3	300	3	300	3	300	3	300	3	300	3	300
4	400	4	400	4	400	4	400	4	400	4	400
5	500	5	500	5	500	5	500	5	500	5	500
6	600	6	600	6	600	6	600	6	600	6	600
7	700	7	700	7	700	7	700	7	700	7	700
8	800	8	800	8	800	8	800	8	800	8	800
9	900	9	900	9	900	9	900	9	900	9	900
10	1000	10	1000	10	1000	10	1000	10	1000	10	1000

The following is a list of the animals on the farm, and their values, as of the 1st day of January, 1900.

RECEIPTS AND PAYMENTS

BALANCE SHEET

ASSETS

Cash	100.00	Liabilities	100.00
Accounts Receivable	200.00	Accounts Payable	200.00
Inventory	300.00	Notes Payable	300.00
Fixed Assets	400.00	Long-Term Debt	400.00
Other Assets	50.00	Equity	50.00
Total Assets	1050.00	Total Liabilities and Equity	1050.00

Prepared by: [Name]

BRIGHTON COUNTY BOROUGH MENTAL

BALANCE SHEET,**LIABILITIES.**

	£	s.	d.	£	s.	d.
Sundry Creditors				8072	5	9
Private Patients				210	0	5
Overdraft at Bank (Treasurer's Account) ...	17715	4	9			
Add Unpresented Cheques	1068	6	6			
				18783	11	3
Maintenance Account—Balance at Credit thereof				4201	0	2
Due to Borough Treasurer on account of Building and Repairs				199	6	9

 £31466 4 4

R. W. E. BUNN, F.S.A.A., *Borough Treasurer.*

ASSETS.

£	s.	d.	£	s.	d.
---	----	----	---	----	----

For maintenance of Patients :—

County Borough of Brighton	...	...	...	11683	15	7
Other Counties and Boroughs	...	...	...	341	10	10
Treasurers of other Mental Hospitals and Authorities				4395	5	9
Relatives and others of Private Patients	...	...	...	244	18	2
Ministry of Pensions, etc.	...	...	...	535	7	10
					17200	18 2

County Councils and other Mental Hospitals (Proportion of Pensions)	1935-36	1936-37	1937-38	1938-39
...	...	...	...	...

Farm and Garden Sales	...	...	...	...	139	15	10
Sale of Kitchen Stuff, Old Stores, etc.	...	...	...	...	5	12	7
Sundry Sales	...	...	...	...	116	3	7
					533	13	10

Ordinary Repairs	...	...	...	...	—
Admission Hospital	...	...	...	...	1193 5 6

$$\begin{array}{r} 1193 \quad 5 \quad 6 \\ \hline 1193 \quad 5 \quad 6 \end{array}$$

Provisions	...	...	...	...	...	705	1	10
Uniforms	...	...	...	...	...	320	18	10
Clothing	...	...	...	...	...	1858	12	9
Fuel, etc.	...	...	...	...	...	492	12	0
Domestic Renewals	...	...	...	...	...	1853	11	8
Farm and Garden (as per Stocktaker's Valuation)						7106	1	0

12336 18 1

Private Patients' Receipts	...	...	...	...	0	9	0
Sundry Receipts	...	...	...	...	76	16	9

77 5 9

CLERK AND STEWARD—	Cash at Bank	...	...	107	3	0
" " "	Postage Stamps	...	...	17	0	0

124 3 0

£31466 4 4

W. E. MITCHELL, *Clerk and Steward.*

TABLE SHOWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR	March.	June.	Sept.	Dec.
	s. d.	s. d.	s. d.	s. d.
1903 ...	...	...	...	12 6
1904 ...	12 6	11 1	10 9	10 6
1905 ...	10 6	10 0	10 0	10 0
1906 ...	10 0	9 6	9 6	9 6
1907 ...	9 6	9 6	9 6	10 0
1908 ...	10 0	10 9	11 0	11 0
1909 ...	11 0	11 0	11 0	11 0
1910 ...	11 0	10 9	10 0	9 9
1911 ...	9 9	9 9	9 9	9 9
1912 ...	10 0	11 0	11 0	11 0
1913 ...	11 6	11 6	11 6	12 0
1914 ...	12 6	12 6	12 6	12 6
1915 ...	12 6	13 6	13 6	13 6
1916 ...	13 6	13 6	13 6	14 0
1917 ...	15 6	16 6	17 6	18 6
1918 ...	18 6	18 6	20 0	20 0
1919 ...	19 6	20 0	25 0	25 0
1920 ...	28 6	28 6	30 0	31 0
1921 ...	31 0	31 0	31 0	30 0
1922 ...	30 0	28 0	27 0	25 0
1923 ...	24 0	24 0	24 0	24 0
1924 ...	24 0	24 0	24 0	24 0
1925 ...	24 9	24 9	24 9	24 6
1926 ...	24 6	24 6	24 6	24 6
1927 ...	24 6	24 6	24 6	24 6
1928 ...	24 6	24 6	24 6	24 2½
1929 ...	24 2½	24 6	24 6	25 1
1930 ...	25 1	25 1	25 1	25 1
1931 ...	24 9½	24 9½	24 9½	24 9½
1932 ...	24 6	24 2½	23 11	23 7½
1933 ...	23 7½	23 7½	23 7½	23 7½
1934 ...	23 7½	22 9	22 9	22 9
1935 ...	22 9	22 5½	22 5½	22 5½
1936 ...	22 5½	23 7½	23 7½	24 6
1937 ...	24 6	25 4½	25 4½	27 5
1938 ...	27 5	29 5½	30 11	

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

STATEMENT SHOWING THE AVERAGE COST PER
PATIENT PER WEEK ON MAINTENANCE ACCOUNT
DURING THE YEAR ENDED 31ST MARCH, 1938.

ITEMS						Weekly Average Cost per Patient.				
						s.	d.	£	s.	d.
Salaries and Wages :—										
Medical Staff	...	...	...	...	...	1.	2.9			
Nursing Staff	...	...	...	...	...	8.	0.5			
Other Staff	...	...	...	...	...	3.	10.4			
									13.	1.8
Superannuation Allowances and Contributions returned									1.	5.1
Provisions :—										
Purchased	...	...	...	...	...	4.	8.9			
Supplies from Farm and Garden	...	...	...	...	...	2.	1.1			
									6.	10
Clothing for Patients	...	...	...	...	...				0.	10.5
Uniform for Staff	...	...	...	...	...				0.	3.5
Drugs, Medical and Surgical Appliances	...	...	...	...	...				0.	2.9
Fuel, Generating Electricity, Cleaning Materials and Laundry Expenditure	...	...	...	...	...				3.	7.2
Furniture, Bedding, Linen, Crockery, Hardware and Handicrafts	...	...	...	...	...				2.	1.2
Transport and Travelling Expenses	...	...	...	...	...				0.	1.7
Rates and Taxes, etc.	...	...	...	...	...				1.	2.7
Other Expenditure :—										
									d.	
Stationery, Printing and Postages	...	...	...	...	...	4.	7			
Newspapers, etc., and Amusements	...	...	...	...	...	2.	5			
Tobacco, etc.	...	...	...	...	...	4.	1			
Incidentals	...	...	...	...	...	8.	4			
									1.	7.7
									1.11.	6.3
Less Surplus on Farm and Garden Accounts	...	...	...	...	...	2.	8			
Less Sundry Receipts :—										
Superannuation Contributions	...	...	...	...	...	2.	1			
Sundry Sales and other Receipts	...	...	...	...	...	3.	4			
" Excess " on Private Patients retained in Main- tenance Account	...	...	...	...	...	1.	10.5			
									2.	6.8
									£1.8.11.5	

Average daily number of Patients in Hospital = 956.

W. E. MITCHELL,
Clerk and Steward.

“ BEECHMONT.”

Ladies are received at “ Beechmont ” either as Voluntary, Temporary or Certified Patients.

“ Beechmont ” with an Estate of 27 acres is quite separate from the Mental Hospital Buildings and occupies a delightful position with a South aspect. It stands about 300 feet above sea level and commands fine panoramic views over the Weald of Sussex with the South Downs as a background.

“ Beechmont ” has up-to-date systems of lighting and heating and is attractively furnished on modern lines.

The Terms are from Three Guineas to Ten Guineas per week and are inclusive with the exception of clothing.

Relatives are invited to make frequent visits to the Patient there, and visiting is allowed at all times.

Application for admission should be made direct to the Medical Superintendent, Brighton County Borough Mental Hospital, Haywards Heath, who in the event of the Patient being accepted will forward the appropriate Admission Forms.

HURSTWOOD PARK HOSPITAL.

This Hospital was opened in May, 1938 and has accommodation for Private Patients of both sexes at fees ranging from 3 to 10 guineas per week. All modern aids to diagnosis and treatment are available including Pathological Laboratories, Operating and Dental Theatres and Hydrotherapy departments.

All the rooms face south and there is ample verandah accommodation.

