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ANNUAL REPORT

OF THE

Public Health Department of the City of Port-of-Spain

FOR THE YEAR

1942

BY

RODERICK MARCANO, M.D. (Lond.); M.R.C.P. (Lond.); D.P.H. (Lond.).

MEDICAL OFFICER OF HEALTH.

TRINIDAD :

PRINTED BY THE GOVERNMENT PRINTER,
GOVERNMENT PRINTING OFFICE,
PORT-OF-SPAIN.

1943.



With the Compliments

of

The Medical Officer of Health

Port-of-Spain, Trinidad, B.W.I.



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1942

Local Authority in the Urban Sanitary District of the City of Port-of-Spain.

1941-42.

The City Council.

HIS WORSHIP THE MAYOR (ALDERMAN TITO P. ACHONG, B.A., M.D., D.T.M., J.P.)

Deputy-Mayor. COUNCILLOR E. M. MITCHELL.

Aldermen.

H. A. DE FREITAS.

E. W. HARRIS.

J. M. THORNE.

V. R. VIDALE.

Councillors.

N. K. ABLACK.

G. CABRAL.

A. GOMES.

H. W. HUDSON PHILLIPS, L.L.B.

B. T. KYDD.

J. E. LAI-FOOK.

R. MAINGOT.

G. J. McCarthy.

L. A. PUJADAS.

ALFRED RICHARDS.

M. G. SINANAN.

L. WALCOTT.

H. O. B. WOODING.

R. A. Young.

Annual Report of the Public Health Department of the City of Port-of-Spain, 1942.

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Public Health Department,
35, Frederick Street,
Port-of-Spain,
Trinidad, B.W.I.,
25th October, 1943.

URBAN SANITARY DISTRICT OF THE CITY OF PORT-OF-SPAIN.

SECRETARY, LOCAL AUTHORITY

SIR.

I have the honour to submit, for the information of the Local Authority, the Annual Report on the health and sanitary condition of the Urban Sanitary District of the City of Port-of-Spain for the year ended 31st December, 1942.

Though the state of the public health for the year under report cannot be considered unsatisfactory, events like the outbreak of Infantile Paralysis which, commencing in the latter part of 1941, attained its peak in the early part of 1942 and which, by reason of the virulence of the invading organism, cocasioned a fair number of deaths, the greatly increased incidence of and the correspondingly increased mortality from infectious diseases generally, the rapidly increasing population which is responsible for a disturbing degree of overcrowding in the central district of the City especially, the acute shortage of housing accommodation, the rising prices of essential foodstuffs, the rising general death rate, all serve to impress upon us very forcibly that unfavourable conditions brought about by the War are beginning to have their effect on the health of the people and to warn us that there is danger ahead, to avert which we should be on the a ert and should take the necessary counter-measures by every means at our disposal.

I cannot help confessing to a certain amount of anxiety lest, by being somewhat slow in devising means and ways to meet the situation and by reason of circumstances over which we possibly have no control, we may be caught unprep red.

The mean population has been estimated by the Registrar General to be 99,058, and the end-of-the-year population 100,585, an increase of 1,527 souls, of which number 1,487 represent the natural increase, i.e., excess of births over deaths. The can be no doubt that this figure is a very conservative estimate. We have reason to believe, from figures compiled during the recent Registration Campaign as well as from personal observation of the overcrowding that exists in various premises in the Urban Sanitary District, that there are upwards of 120,000 people residing within the limits of the City.

Total live births numbered 3,399; total deaths 1,912 and deaths under one year 275 giving a birth rate of 34.31, a death rate of 19.30, and an infant mortality rate of 93.84. These figures are, with the prominent exception of the latter, higher than the corresponding rates in 1941: 29.61, 17.48, and 108.73 respectively.

The death rate from notifiable Infectious Diseases per 1,000 population exhibited a notable rise 3.17 as against 2.50 in 1941, due mainly to an increased death rate from pneumonia 1.53 as against .90 in 1941 and from pulmonary tuberculosis 1.37 as against 1.27 in 1941.

The death rate from enteric fever, malaria and syphilis remained practically the same as that for the previous year: .12 as against .14; .25 as against .24; and .11 as against .14 per 1 000 population, but the death rates from the chronic system diseases all showed an appreciable rise on the figures for 1941: diseases of the heart and blood vessels, 2.42 as against 1.79; diseases of the nervous system including cerebral haemorrhage, 1.68 as against 1.55, and cancer and other malignant diseases .85 as against .71 per 1,000 population.

We are confronted with a multiplicity of diverse problems some of which are urgent in the extreme.

The City is still without an adequate supply of water; existing housing accommodation is taxed to the utmost; the eastern section of the City is in pressing need of major works of drainage, of road-making and road-widening, of relaying out of lands for occupation, and for necessary open spaces, &c.—a need that still remains unanswered—; scavenging and sanitation need improvement, and last but not least the nutrition and with it the resistance of the populace leaves much to be desired. These problems, in spite of the difficult and trying times through which we are all passing, can be tackled successfully if we get together, put our shoulders to the wheel and go forward in a spirit of co-operative effort, and I sincerely hope the coming of the New Year will find us actively seeking a solution of these problems and preparing for the period of post-war reconstruction in which the Local Authority will inevitably be called upon to play an important and progressive part.

My sincere and heartfelt thanks are due to His Worship the Mayor, Aldermen and Councillors for the active interest they displayed in the working of the Department and for the active help and ready encouragement they gave in all matters appertaining to the public health that engaged their attention during the year under review, and I take this opportunity of expressing my gratitude for the co-operation and loyal support of the City Engineer's and Town Clerk's Departments without which the work of the Public Health Department would have been rendered exceptionally burdensome.

Common interests and the need for concerted action in common problems during the year 1942 brought Government, the Army and Navy Authorities, British and American, and the Municipality into intimate relationship and close collaboration on health matters, and I am privileged to be afforded the opportunity of recording grateful thanks for the very valuable and effective help given in the many difficult situations that brought us together.

I have the honour to be,

Sir,

Your obedient Servant,

RODERICK MARCANO, Medical Officer of Health.

SANITARY CIRCUMSTANCES.

Water.

The outstanding feature of the year under this heading is undoubtedly the increasing number of wells which are being sunk for domestic and trade purposes on premises within the Waterworks Area. These wells are being sunk, and sometimes put to use, often without the knowledge, far less the consent, of the Department and great difficulty is often experienced in persuading owners that there is a potential danger in the use of well water which has not been fully and properly tested out chemically and bacteriologically. There can be no doubt as to the need for legislation governing the sinking of wells on private property and defining specifically the standard of safety that is desirable before they be permitted to be brought into general use.

As regards the sources generally, this much can be said with absolute certainty, viz.! that the well sources continue to maintain their well-known high standard of potability, whereas the river sources show their customary seasonal fluctuations with an increasing tendency to a gradual progressive qualitative deterioration which has to be watched closely and offset by stricter methods of purification coupled with increased dosage of sterilising chemical. As a result of observation over a period of years, it is possible to say that no evidence is forthcoming on which to indict the quality of the water which ultimately reaches the consumer, but for reasons beyond our control the catchment areas of the various river sources are not always absolutely above the suspicion that should quite definitely be absent when a commodity like water is being dealt with.

It is clear that with the increasing urbanisation of areas once definitely rural a shifting of intake to points nearer the sources of tributary streams is becoming increasingly imperative.

Bacteriological Examination of Water Supply.

Number of Weekly and Occasional Samples giving Positive Results (B. Coli present in 100 c.c.)

	- 1	BEFORE CH	LORINATION.	AFTER CH	LORINATION.
Where Derived.		Total Samples.	No. of Samples with B. Coli present.	Total Samples.	No. of Samples with B. Coli present.
*Maraval (River)		-	-	51	12
St. Clair (Pumping Station)	***	66	9	5	1
Quare Flow into Knagg's Hill (Reservoir)	***	-	-	50	17
St. Ann's (River)	***	4	-	33	3
Cascade (River)		1	1	48	5
Cocorite (Wells)	***	2	1	42	21
Diego Martin (Wells)		2	1	51	18
Electric Ice Co. (Wells)	111	3	3	-	
Walter's Brewery (Well)		5	2	-	-
Trinidad Trading Ice Co. (Well)		1	1	-	
Canning & Co. (Well)		3	2		-
Alston & Co. (Well)		1	1	2000	
Sanitary Laundry (Well)		1	1	-	
Town Hall (Taps)		-	-	5	3
New Camp, H.M.S. Benbow (Tap)	133		200	1	1
131, Henry Street (Taps)			-	8	2
154, Henry Street (Taps)	- 40	-	-	. 5	1
Total		85	22	299	84

Filtered after Chlorination. Filtered before Chlorination. Not filtered.

(B) Premises and sombarous

Bacteriological Examination of Water Supply. (Mixed.)

No. of daily samples examined	No. of samples with B. Coli present (B. Coli in 50 C.C.)	Percentage of Samples with B. Coli present.	No. of samples with B. Coli present. (B. Coli in 50 C.C.)	Percentage of samples with B, Coli absent.
365	86	23,56	279	76.44

Scavenging and Refuse Disposal.

The difficulties in the way of maintaining a satisfactory scavenging service and a sanitary method of disposing of refuse during the year under report were legion and the most that can be said is that we succeeded in tiding over the difficulties and in maintaining the City tolerably clean and fairly free from unsightly and dangerous accumulations of rubbish, though it cannot by any means be said that we were satisfied with what was achieved.

In fact, under this heading the effect of wartime conditions was quite unmistakably felt and

as I write the position is still most acute.

Men who are willing to undertake scavenging becoming fewer and fewer; those who actually work expressing open dissatisfaction with the wages paid them because of the high cost of living and the relative scarcity of available foodstuffs; mules, carts and trucks that are old and outworn and subject to numerous breakdowns, equipment that is antiquated; a shortage of dustbins and the consequent indiscriminate throwing of litter in streets, lanes, and backyards; unruly drivers of carts and lorries depositing loads of refuse at any point on the dump that is convenient to them and rudely refusing to dump at selected points, thus making it extremely difficult to maintain a sanitary, orderly dump; the multitude of people who frequent the dumps in an effort to salvage foodstuffs and other material that may still be of value—these are some of the factors that have contributed to the difficult time we have experienced and are still experiencing in maintaining this highly essential and indispensable service.

That we have been abje to keep carrying on at all in these circumstances is nothing short of

a really remarkable feat to those who happen to know the inside of the story.

SANITARY INSPECTION OF THE DISTRICT.

(A) Premises used for Human Habitation, Houses let in Lodgings, Common Lodging Houses.

The shortage of housing accommodation, which has grown more acute during the year under report and may almost be considered an emergency, continues to cause great concern and anxiety to the Department. Overcrowding especially in the central parts of the City proper is such that the introduction of anyone of the dangerous infectious diseases would find a ready soil and conditions entirely favourable for its ready propagation and wide dissemination. The large majority of the down town boarding houses are now nothing less than common lodging houses and steps are being taken to limit, in conformity with the powers of the Ordinance, the number of lodgers and to make them comply with the other requirements of the Regulations.

Even in the suburbs the situation can fairly be described as acute and premises once occupied as cottages have been converted into apartments and even into barracks with all the attendant

evils of the barrack system in an accentuated form.

It is obvious, therefore, that herein lies a situation of grave potential danger and yet very

little prohibitive or ameliorative action is being taken. Why?

It is clear that firm action under the Public Health Ordinance is likely to create intense hardship and to succeed only in transferring the nuisance from one set of premises to another, from one part of the City to another, without any real abatement, and to avoid such a state of affairs with the untold suffering that is likely to follow in its trail, the Department has been compelled to hold its hand as far as the rigid enforcement of Staturory Notices are concerned, except in those cases where the menace to health is too grave or where the danger to life and limb is too great.

As far as the erection of new houses is concerned, except for the spasmodic and restricted attempts on the part of private individuals, no organised effort has as yet been successful in putting

up additional houses in spite of much intensive planning.

HOUSING.

			Resulting from Service of Nuisance Notices.	Voluntarily on Owners' part.	Total.
Barracks and other reconstructed or		S		103	114
Barracks demolished	ed and si	tes		, a class of the second	411 41127
left vacant	***	***	1	6	7
Barracks vacated	***	***	2	3	5
New Buildings				5	1 5
Total			14 -	. 117	131

(B) Premises and Occupations Controlled by Bye-laws and Regulations.

Food.

Food, vital to the health and well being of any community, was the subject at one and the

same time of much attention, much acrimony, and much misgiving during the year 1942.

Not that the food situation could be considered unsatisfactory, in fact as compared with other communities abroad the City was fortunate in not having experienced a worse time on the whole, but there were times when the supply of essential foodstuffs was indeed short and serious curtailment of those essential basic foods like milk, butter, eggs, fresh meat, fish, ham and bacon was apparent in the dietary of all classes but particularly the working classes with the inevitable lowering of resistance to disease processes. Happily, measures which were then put into effect to remedy this unsatisfactory state of affairs have borne good fruit and serious shortages seem now to be entirely a thing of the past.

In spite of numerous difficulties, some directly connected with the War that is being waged, the work of the Department directed to the securing of good, clean, wholesome food continued during 1942, and though progress cannot be considered unsatisfactory there is room for great improvement. Itinerant vendors, particularly, were slow in coming in for registration and when they did come in, it was found difficult to attain full compliance with the provisions of the Regulations because of difficulty in obtaining wire netting, hinges, locks, etc., and covers for protection of foodstuffs from contamination by dirt, dust, flies, etc., were less in evidence than in the previous vear.

Because of the fact that milk badges for 1942 failed to arrive, fewer milk vendors were persuaded to come in for licence and the number of dairymen's licences issued to cowkeepers and other purveyors of milk were consequently fewer than those issued for the previous year, though this deficiency was offset by an increase in the number of such licences issued to shops, milk bars and refreshment parlours. In spite of the relative scarcity of food, refreshment parlours, foodshops, hotels and particularly restaurants continue to do good business and there were many new places doing this kind of business on the Register. A determined effort was made to keep a strict eye on these places in view of the fact that they formed, in large measure, the happy hunting grounds of sailors, soldiers and airmen, and no outbreak of food poisoning, the result of the consumption of unsound or contaminated food in any of these places, came to the notice of the Department, notwithstanding the decided increase in the amount of tinned foodstuffs of all kinds consumed onsuch premises.

	Sale of	Milk Bye-	Laws.				
	IRIES A	AND MILK	SHOPS.				
Sub-District.					C	owshed Lic	ences
City proper						Issued.	
East Dry River		111			1.22	-	
East Dry River (unsewer	3300					-	
Belmont (unsewered)						-	
Woodbrook (partly unser	wered)	***	***	***		4	
St. James (unsewered)			***		***	7	
		Total	101			14	
		Total 1	941			27	
D	AIRYME	n's LICEN	CES.			19 30 10	
Dairyman's Licences issu		A CONTRACTOR OF THE PARTY OF TH		her Durvey	ors		
of milk						14	
Dairyman's Licences issu				nd refresh	ment		
parlours				***		75	
		Total	,			89	
		Total I	941			84	
MILK VEN							
City and Out-Districts.		le Vendors' licences.	Con	vs Tubercu Tested.	un	Dadass	
Port-of-Spain		89		49		Badges.	4
Out-Districts		15		56		16	
Total		104		105		46	
		-					
Total 1941		134		524		114	
						The state of the s	
- Sal	le of Fo	odstuffs B	ye-Law	S			
REG	SISTRAT	ION OF SH	ops, &	c			
Provision, Meat and Spiri	it Shop	s, Restaur	ants.				
Hotels, Refreshment	Parlou	irs			***	525	
Ground Provision and Fr	ruit She	ps		***		16	
Bakehouses		***	***	***	***	37	
Confectionery Shops	***	111	***			4	
Aerated Water Factories		***	***	***	***	6	
Other Factories	***		***			6	
		Total				594	
		Total I	941		Tetto	510	

REGISTRATION OF VENDORS.

						Ne.	
Bread and Cakes				***		33	
Confectionery		***				9	
Cooked Food including	Fries, So	use, etc.	***			16	
Meat, Fish and Cheese		1525				13	
Ice Cream and Palets					***	54	
Sweet Drinks					***	20	
Vegetables, Greens and	Fruits					144	
Miscellaneous		***				79	
					4		
		Total				368	
		Total 1	941			307	
Number of Radges icens	d to itime	erant veno	lore			368 (10.11_30

Number of Badges issued to itinerant vendors 368 (1941—307)

Number of Oyster Vendors licensed under Sale of Oyster Bye-laws... 4 (1941—3)

A considerable amount of food unfit for human consumption was destroyed in accordance with the Ordinance during the year under report as the table hereunder detailed shows.

In the large majority of these cases the unsound food arrived as such in the Colony and had to be dealt with in His Majesty's Customs, due to the length of time taken by ships in convoy to arrive at this destination. Again, faulty processing and hurried curing, inevitable to wartime conditions, often result in a foodstuff which does not stand up to wear and tear, and rapid deterioration is the result.

Foodstuffs seized and destroyed under Part X (a) of the Public Health Ordinance, Cap. 12, No. 4.

Beef and Pork		(pounds)		283	Meats, inclu-	ding yeal, ham,	corned b	eef.	
Biscuits and Confe	ctionery	(tins)		5	meat past	e, sheep's tongu	e (tins)	***	2,065
Bread	***	(loaves)		177	Milk (Conde	nsed and	-		10.00
Butter		(tins)		7	evaporate	d	(Cases)	***	68
Do.	***	(pounds)		48	Onions		(Crates)	***	3,231
Cabbage		(crates)		3	Plantains		(tierces)	***	352
Cheese		(pounds)		33,342	Potatoes		(barrels)		2,588
Do.	***	(boxes)		2	Do.		(crates)		44
Fish including sard	lines, /	(boxes)		14	Sausage	***	(tins)		3
bloaters, herring	s,)	(pounds)		2,067	Do.		(cases)		140
mackerels, Salme	on	(tins)		3,294	Do.	***	(pounds)		2,069
	-	(barrels)		41	Shortening		(boxes)		2
Flour and Bran		(bags)		11	Vegetables,	Peas and Soup	(tins)		1,053
Ham		(pounds)	600	5.823	The second second	-	The same of the same		The state of the s

(C) Prevalance of Rals and Mosquitoes.

Anti-Rat Measures.

Early in the year under review, as a result of reports of the increased prevalence of cases of bubonic plague in certain cities of Brazil, intensification of the anti-rat campaign was undertaken and additional gangs were detailed to the waterfront areas. In collaboration with the American Army Authorities, who undertook similar intensive work in the harbour areas under their control, this work continued right through the year and still goes on at the moment I write in an effort to prevent the introduction of any rat-borne plague into the Colony. So far, the Colony remains free of any case of this disease.

DESTRUCTION OF RATS AND MICE.

Rats caught		rs	***				10,422
reats bought	***	***	***	***	***	***	78
	Tota	1					10,500
Mice caught	and destroy	yed			•		4,023
EXAM	INATION OF	RATS B	Y GOVE	RNMENT !	BACTERIOL	OGIST	
Rats examin			***	***			10,500
Rats found i			***	***	***		-
Immature R	ats not exa	mined	***	***	***	***	-
			SPECIE				
			Decun	nanus.	Rattus.		Total.
		127	100	954	2,908		5,862
Females .	/5		2,	416	2,222		4,638
Tota	al		5,3	370	5,130		10,500
					Marie Control of the last of t		_

Anti-Mosquito Measures.

Anti-mosquito work continued as usual throughout the entire year, the gangs going from house to house looking for mosquito larvae and adult mosquitoes; inspecting and cleaning eaves-gutters, &c.; oiling pools, the Maraval River; cleaning ravines, silt trenches of grass, &c., &c.; disinfecting and oiling cesspits.

A special gang was detailed to work in the aerodrome area and the contiguous portion of the Cocorite-St. James area, their work being directed to the eradication of all possible breeding grounds of Aedes aegypti especially, and a special aedes index was compiled for this particular area.

There was no undue prevalence of mosquito nusiance during the year under review; one feature however, of this work stands out prominently in the greatly increased prevalence of empty tins, always a fertile source of mosquito breeding, undoubtedly connected with the greatly increased consumption of tinned foodstuffs.

Inspection	of	Eaves	Gut	ters.	Sec.
THOPECHOIL	UA	Laves	uus	SCT OF	LLU.

Number of Inspections of Premise	5				70,193					
Number of Inspections of Eaves	Gutters			***	17,310					
Occasions found in good order	***	***			16,586					
Occasians found defective		***	***	***	724					
Occasions found containing water	r	****	***	***	110					
Occasions found containing water				***	184					
Occasions mosquito larvae were found in tubs,										
antiformicas, tin cans, etc.	***				4,538					
Yards cleared of receptacles		4	***	222	4,686					

Larval Index.

Year.						mosquito larvae number visited.
1938	 	-444	***	***	 ***	2.58
1939	 ***	***		***	 ***	1.70
1940	 				 	1.45
1941	 	***			 	1.83
1942	 ***	***			 	2.94

VITAL STATISTICS OF THE DISTRICT.

Comparative Summary of Vital Statistics.

(Unless otherwise stated rates are per 1,000 population.)

Area of City in Acres (pastures a	and	1921	1940	1941	1942
open speces included)		1,793	2,540	2,540	2,540
Estimated Population	-111	61,386	92,302	97,531	99,058
Density of Population (persons)	per acre)	34.2	36.3	. 38.4	38.6
Total Live Births		1,687	2,937	2,888	3,399
Birth Rate	***	27.28	31.82	29.61	34.31
Still Births Registered		154	214	211	257
*Still Birth Rate		91.3	72.8	73.0	75.61
Marriages Registered		534	987	1,274	1,882
Marriage Rate	***	8.64	10.69	13.06	19.00
Total Deaths		1,659	1,568	1,705	1,912
Death Rate		26.83	16.99	17.48	19.30
Natural Increase of Population		28	1,369	1,183	1,487
Deaths under one year		287	291	314	275
*Infant Mortality Rate		170.12	99.08	108.73	93.84
*Maternal Mortality Rate			4.09	5.89	3.82
Death Rates:					
Notifiable Infectious Diseases		6.21	2.25	2.50	3.17
Pulmonary Tuberculosis		2.49	1.28	1.27	1.37
Tuberculosis (other forms)		.26	.15	.06	05
Enteric Fever		1.25	.12	.14	.12
Pneumonia (all forms)		1.97	.68	.90	1.53*
Bronchitis		1.36	.48	.46	.66
Diphtheria		.02	.02	.02	.03
Malaria		.89	.20	.24	.25
Syphilis		.21	.38	.19	.14
Diarrhoea and Enteritis		1.91	.79	1.07	.84
Influenza		.26	.01	.04	.04
Ankylostomiasis		.15	.03	.03	.01
Bright's Disease and Nephritis		2.09	.90	1.12	.76
Diseases of the Heart and Blood	Vessels	2.65	2.28	1.79	2.42
Diseases of the Nervous System					
including Cerebral Haemorr	hage	1.70	1.50	1.55	1.68
Cancer and other Malignant Disc		.63	.85	.71	.85
*D- 1.000 1 '-11			-		

^{*}Per 1,000 births.

Births and Birth Rates. Deaths and Death Rates.

The figures of 34.31 and of 19.30 per 1,000 population represent the highest birth rate and death rate for the City that has been recorded for well over a decade, and there can be no doubt that these figures are a direct reflection of the greatly increased population of the City with the attendant evils of overcrowding, lowered resistance and, very often, inadequate nutrition. Needless to say, the East Dry River District where such conditions are at their worst shows the highest death rate of all the sub-districts—a fact which is well known to the Council and the remedy for which has been so often repeated that no useful purpose would be served by any further attempt at reiteration. Suffice it to say that a Committee of the Council has been appointed to deal with the situation and it is the intention of the Committee to submit a comprehensive scheme for abating the numerous nuisances existing in the East Dry River and Belmont Districts.

	Mon	ths.		Males.	Females.	Both Sexes.	Birth Rate per 1,000 population.
January-March			 	438	404	842	34.47
April-June		***	 A	412	381	793	32.11
July-September			 	434	373	807	32.32
October-December			 	491	466	957	38.33
Total			 	1,775	1,624	3,399	34.31

Deaths

				200	energy.			
	Mont	hs.			Males.	Females.	Both Sexes.	Death Rate per 1,000 population.
January-March		1	1		214	214	428	17.52
April-June		***			250	233	483	19.55
July-September				38	268	233	501	20.07
October-December				20	258	242	500	20.03
Total					990	922	1,912	19.30

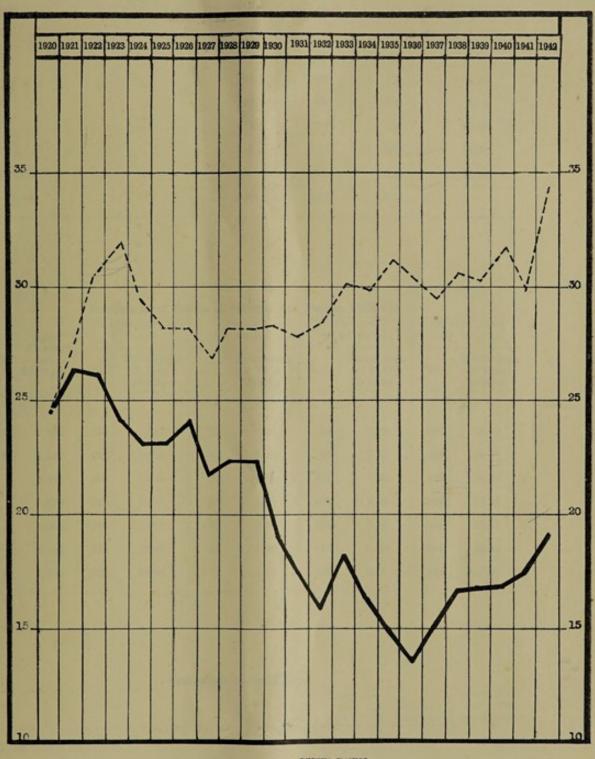
Deaths in Sub-districts of the City.

	13			DE	Total Deaths in	12 432		
CA Piatri		Donalation		PLACE OF O		Rate per		
Sub-District.		Population.	Home, &c.	Colonial . Hospital.	Royal Gaol.	House of Refuge.	Sub- district.	1,000 population.
City Proper		34,076	284	238	3	-	525	15 41
St. Clair		1,661	7	-	-	-	7	4 21
East Dry River		21,988	241	139	-	-	380	17 28
Belmont		17,130	170	101	-		271	15 82
Woodbrook		12,571	105	35	-	-	140	11 14
St. James	***	11,632	182	69	7	338	589	*50 91
Total		99,058	989	582	3	338	1,912	19.30

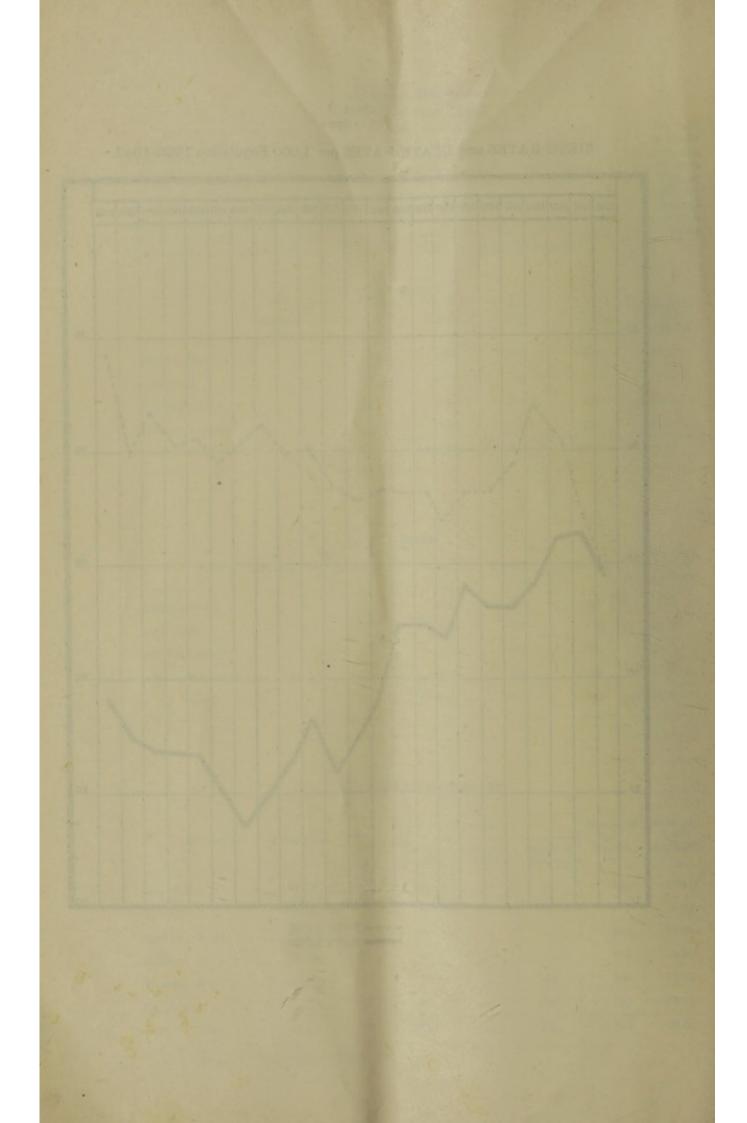
^{*} See Table : " Comparison of Death Rates ".

Chart A
Port-of-Spain

BIRTH-RATES and DEATH-RATES per 1,000 Population 1920-1942.



DEATH RATES



Age Distribution of Deaths.

	- 1	Period.			Males.	Females.	Both Sexes.	Percentage of Total Mortality at All Ages.
Under I year					180	142	322	16.84
1-5 years					36	35	71	3.71
6-10 do.	***		***		12	9	21	1.10
11-20 do.	***			-	39	39	78	4.08
21-30 do.		***			59	69	128	6.69
31-40 do.	***				99	69	168	8.78
11-50 do.	***				123	85	208	10.88
51-60 do.	1				146	122	268	14.02
Over 60 years					296	352 -	618	33.90
Total			***		990	922	1,912	-

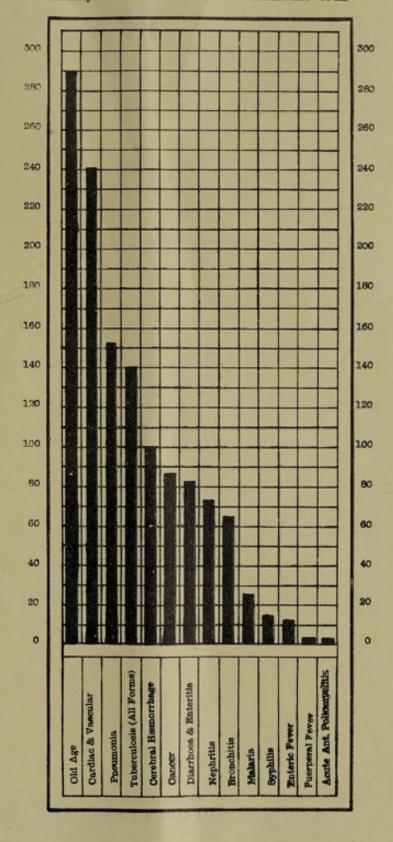
	Total			R DEATHS 1-5 YEARS.			DEATHS 60 YEARS.	DEATHS OVER 60 YEARS.		
Period.	Deaths at All Ages.	No.	Percentage of Total Deaths.	No.	Percentage of Total Deaths.	No.	Percentage of Total Deaths.	No.	of Total Deaths.	
Yearly Averages: 1928-32	1,327	230	17.42	81	6.06	94	7.09	336	25.10	
1933-37	1,167	215	18.24	62	5.29	87	7.57	289	24.74	
1938	1,410	204	14.46	69	4.89	107	7.58	484	34.33	
1939	1,516	242	15.96	56	3.69	108	7.13	539	35.55	
1940	1,568	291	18.56	59	3.76	101	6.44	564	35.97	
1941	1,705	314	18.42	85	4,99	113	6.63	594	34.84	
1942	1,912	322	16.84	71	3.71	157	8.21	648	33.90	

•		rison of D			No. of Deaths.	Death Rate per 1,000 population.
(1) City (St. James excluded)			 	-	1,323	15.13
(2) City, including St. James			 		1,912-	19.30
(3) City, as in (2), but omitting House	of Rei	uge	 ***	"	1,574	16.00
(4) St. James (House of Refuge exclude	ed)	***	 		251	22.96

Causes of Deaths.

T_G	ENERAL I	DISPAS	we				
1, 0,	and the same of	DI SUITE	and,		(c) Diseases of the Circulatory System.		
(a) Notifiable Infec	tious Dis	cases.			Cardiac and Vascular Diseases		240
	***		***	12		-	-
THE RESERVE OF THE PARTY OF THE	***	110		3			300
Membranous Crot		***	***	-	The state of the s		
Pulmonary Tuber			70.00	136	(d) Diseases of the Respiratory System.		-
Tuberculosis (oth			***	4	Bronchitis	***	65
Pneumonia (all fo		111		152	Other diseases of the Respiratory		-
Ophthalmia Neon	atorum	100	100	-	System	775	37
Plague		***	***	-			100
Cholera	1995	***	0.13				102
Small Pox	***		111	170			F155 F15
Typhus Fever	***		***	-			
Yellow Fever	200	***	***	-	A Discount of the Discotion Content		
Encephalitis Leth		100	***	1	(e) Diseases of the Digestive System.		00
Acute Poliomyelit		***	***	3	Diarrhoea and Enteritis		82
Acute Ascending		***	27.	-		***	3
Cerebro-Spinal Fe		***		-	Other diseases of the Digestive Syste	III	91
Puerperal Fever	***	***	***	3		-	
Anthrax	***	***	***	100			- 177
				914			-
				314	10 New Venezal Diseases of the Could		
				Total Control	(f) Non-Venereal Diseases of the Genit	0-	
					Urinary System.		- 100
							-1
the Non-Natifiable	Intection	o Dicen	1000		Other Non Veneral Diseases		74
(b) Non-Notifiable Malaria				25	Other Mon-venereal Diseases		83
Whooping Cough				5		-	120
Influenza	***	***		4			158
Dysentery	***	***		9			
Ankylostomiasis	***	***	***	1			
Syphilis	***	***	***		(a) Disagree of the December State		
Other Venereal Di	ennees	***	***	14	(g) Diseases of the Puerperal State.		
Black Water Feve		7			(Other than Puerperal Fevers)		
Diack Water Feve	***	111/	***	7300			4
				59			-
				99	Other Puerperal Diseases		6
			40 3	- 10			440
11-0	THER DE	STACKS					10
11.	IBEK DI	OLINOLO				-	
(a) General Diseases	not inclu	ded abo	and a				
Cancer and other I				84	(h) Disasses of Early Interes.		
Pellagra		111	****	1	(h) Diseases of Early Infancy	**	124
Leprosy						1	
Other General Dis			-	43			
			1	10	(i) Old Age		200
				128	(c) One age		290
			1	-			
					(i) Affections broduced by Esternal Com		
					(j) Affections produced by External Cau Burns and Scalds		
(b) Diseases of the	Nervous	System	and.		Accidents and Injuries		7.
Organs of Specia		2,000	13000		sectatines and Injuries		35
Simple Meningitis				9			10
Cerebral Haemorrh				82			42
Apoplexy				7		-	-
Convulsions of Chil				13			
Other diseases of the				55	(k) Other Course of Death		100
and discussed of the	1,01,0	20,0	-	-	(k) Other Causes of Death		102
				166	Grand Total		010
			1 20	-	Grand Total		1,912
						-	1000
	-						

Chart B
Port-of-Spain
Principal Individual CAUSES OF DEATHS—1942



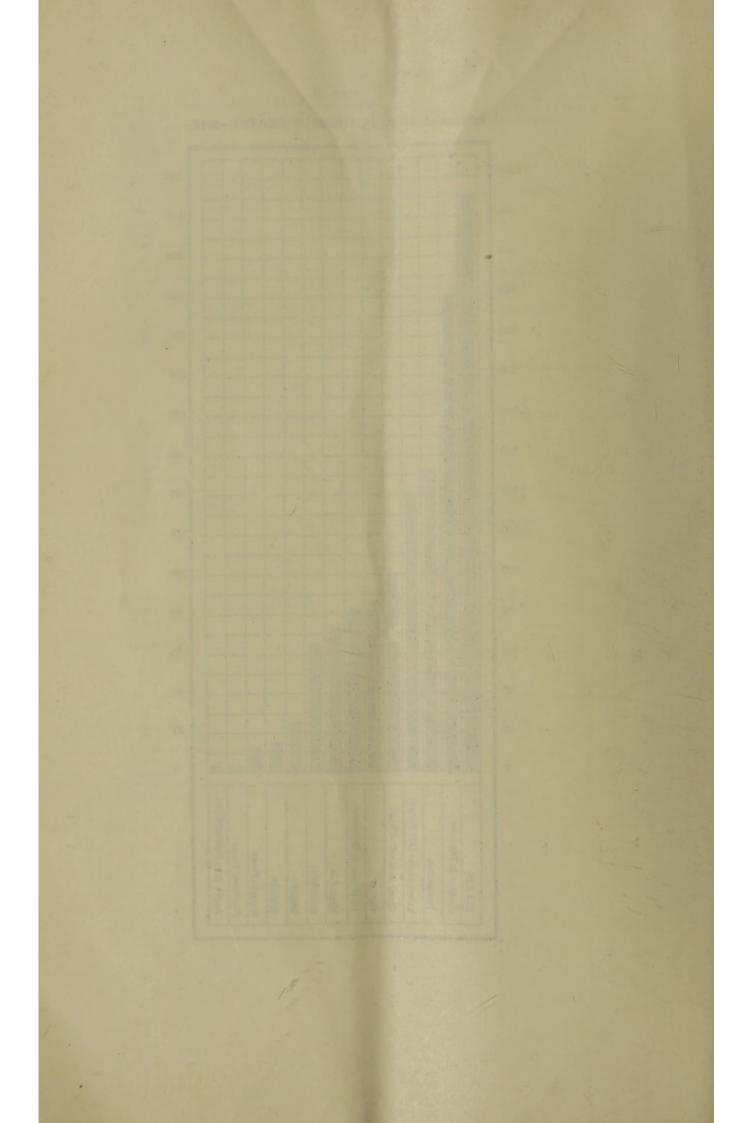
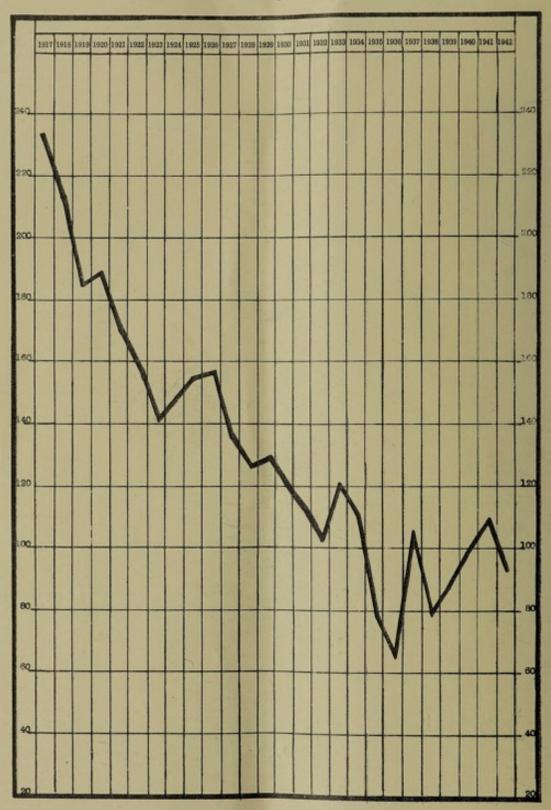




Chart C
Port-of-Spain
INFANT MORTALITY RATES—per 1,000 Live Births, 1917-1942.



INFANT MORTALITY

Infant Mortality arising at it does from a variety of inter-related causes is a very sensitive index of the general level of sanitation, of the state of nutrition and with it the resistance of the population, of the degree of overcrowding, of the extent to which skilled and prompt maternity and child welfare service is available and of the level of intelligence of any community.

A critical study of the infant neortality is of particular value, therefore, in indicating along what lines effort to improve the general state of health and welfare should be directed.

Examination of the facts and figures detailed in the tables hereunder listed reveals that wastage of life in the neo-natal period, i.e., the first month of the first year of life, is substantial and represents about 41½ per cent. of the total infant mortality—a wastage which is to a large extent avoidable by greater pre-conception care of father and mother and by the greater ante-natal care of mother and child. Comparatively little progress has been made in reducing the ravages of ante-natal disease during the last decade.

The post-natal causes of infant mortality are such as can be more readily and more efficiently stemmed by general measures directed to the improvement of nutrition, the elimination of congestion and overcrowding, to a higher educational and economic level and to a better and higher standard of general sanitation. Whilst it is very likely true that a certain number of deaths of infants is inevitable—often reckoned in terms of mortality as 30 per 1,000—it is also undoubtedly true that a much lower rate than 94.73, the figure for 1942, is attainable, and all measures, specific and general, should be concentrated toward that end.

Infant Mortality.

Births and Deaths of Infants under 1 year, 1917-42.

	1	Period.			No. of Births.	No. of Deaths. under 1 year.	Infant Mortality Rate.
Year 1917					1,770	412	232.77
Yearly Averages : 1918-22			1		1,700	310	182.94
1923-27	***		***		1,862	274	146.96
1928-32					1,925	230	119.13
Average 1918-32				744	1,832	271	149.68
Year 1933					2,167	264	121.83
1934					2,185	243	111.21
1935			Nin.	-	2,319	181	78.05
1936				-	2,295	149	64.92
1937	***				2,273	237	104.26
Average 1933-37		-	***		2,248	215	96,05
Year 1938	***	***	***		2,591	204	78.73
1939					2,752	242	87.94
1940					2,937	291	99.08
1941					2,888	314	108.73
1942			***		3,399	322	94.73
verage 1938-42					2,913	_ 275	93.84

Causes of Deaths under 1 year.

Causes of Deaths.		1	Neo-Natal: Deaths under 1 month.	Deaths 1 month and under 1 year.	Total	Percentage of Total Infant Mortality.
Ante-Natal Causes :		3				
the state of the s		***	29	19	48	
The state of the s		-	45	2	47	The second
Marasmus		***	-	11	11	
		244	1	6	7 3	
		***	1	2	2	
	***		2		1	
	***	***	1		. 1	
Tumour of C moincar cord		***				
Total Ante-Natal			80	40	120	37.27
				15 10 20		
Intra- Natal Causes :						
			9		. 9	
		***	5	- 1	5	
Asphyxia	***	***	3	1	4	
	(01		2	-	2	
Cephalhaematoma		777	-	1		
Total Intra-Natal			19	2	21	6.52
Post-Natal Causes : Diarrhoea and Enteritis	***	2011	4	52	56	
Pneumonia	***	-	- 0	34	43 - 28	
Bronchitis	***		4	25 7	8	
Colitis		***		8	8	
Icterus Neonatorum		-	-	-	7	200 E 100 E
Pulmonary Congestion				3	7 3 2 2 2 2 2	100
Dysentery				2	2	The state of the s
	***	***		1	2	A PROPERTY OF
Gastric Catarrh	***			2 2	2	100000
Whooping Cough				î	1	THE PERSON NAMED IN
Malaria Pulmonary Tuberculosis				1	i	1
Other Post-Natal Causes	***		0	7	9	MRBI
Total Post-Natal		12	27	145	172	53,42
				120160	1	1 3 4
		The same		1		
Ill-Defined Causes :			8	1	9	2.79
Unknown						

Duration of Life of Infants dying under one year of Age.

. Duration of Life.		No. of Infants.	Percentage of total deaths under 1 year.	Corresponding percentage 1941.
Under I day		20	6.21	6.05
1 day and under 2 weeks		95	29.50	30,57
2 weeks and under 1 month		19	5.90	7.01
Total under 1 month		134	41.62	43.63
I month to 3 months		67	20.81	14.01
Over 3 to 5 months		35	10.87	11.78
Over 5 to 7 months	-	40	12.42	11.78
Over 7 to 9 months		26	8.07	12.10
Over 9 to 11 months		20	6.21	6,69
Over 11 and under 1 year		-	-	-
Total		322	-	/-

Neo-Natal Mortality (Deaths under 1 month), 1930-42.

P	eriod.			No. of Deaths under 1 month.	Percentage of total deaths under 1 year.	Neo-Natal Mortality Rate per 1,000 Births
Yearly Average :	1930-	34		90.6	38.60	44.03
Year 1935				91	50.28	39.24
1936	,	***		61	40.94	26.58
1937	***			110	46.41	-48.39
1938				117	57:35	45.16
1939				122	50.41	44.33
Average 1935-39				100.2	49.08	40.74
Year 1940				- 132	45.36	44.94
1941			1	137	43.63	47.44
1942				- 134	41.62	39.42

STILL BIRTHS.

The still birth rate of 75.61 per 1,000 live births is the highest of the previous five years. This rising rate is of some importance to the general welfare of the community and should be closely watched for any possible clue as to its causation.

Still Births.

	,	čear.		Total Still Births.	Rate per 1,000 Live Births
1942				257	75.61
1941				211	73.08
1940				214	72.86
1939				190	69.04
1938				171	66.00

THE PRE-SCHOOL CHILD.

It is beginning to be realized that just as much care of children between the ages of 2 and 5 years is needed as in the first year of post-natal life. Experience has shown that children entering school at 5 exhibit a variety of defects, physical and mental, which could have been avoided or at least treated successfully, if some kind of organisation for the supervision of these children existed. Unfortunately, round about the age of 18 months the child is lost to doctor and health visitor until the time for entering school arrives. That there is great need for infants' and toddlers' clinics run on orthodox lines where the necessary care and attention can be devoted to this highly important period of the growing child's life is admitted by all workers in the field.

No definite figures are available to indicate the morbidity incidence at this period but an analysis of the table hereunder listed shows that disease in the pre-school child period claims a fairly substantial mortality.

Communicable diseases and diseases of the Digestive System claim two-thirds of the number of deaths at this age period.

Causes of Death at Ages 1-5.

Groups.	Group Total.	Percentage of Total Mortality at Ages 1-5.
Diseases, &c., Attributable to Ante-Natal Causes: Congenital Debility 3, Maramus 3	6	8.45
Communicable Diseases: Pneumonia 13, Malaria 5, Whooping Cough 3, Diphtheria 2, Enteric Fever 2, Polio-Encephalitis 2, Tuberculosis 2	29	40.84
Diseases of the Nervous System : Convulsions 7, Meningitis 1	8	11.27
Diseases of the Respiratory System : Bronchitis 8, Pulmonary Oedema 1	9	12.68
Diseases of the Digestive System : Diarrhoea and Enteritis 11, Colitis 1, Duodenal Ulcer 1, Intestinal Stasis 1, Gastro-Intestinal Haemorrhage 1	15	12.13
Other Causes: Abscess of Thigh 1, Burns 1, Glioma Retinae 1, Nephritis 1	4	5.63
Total	*71	7-8

^{*} M. 36, F. 35.

MATERNAL MORTALITY.

Deaths associated with pregnancy and child bearing should form the subject of careful inquiry by public health workers because they give some indication of the availability and the efficiency of the maternity and child welfare services. Good and prompt care in the pregnancy and childbearing period reduce the risk of bearing children considerably and should be at the disposal of all potential mothers.

The use of the sulphonamide group of drugs has reduced appreciably that portion of the maternal mortality attributable to puerperal sepsis and to that extent the maternal mortality has been favourably influenced. Very little progress, however, has been made in reducing the toll taken by the other diseases detailed in the table hereunder listed, some of which would yield quite definitely to well known preventive methods.

Causes of Maternal Deaths.

Canage of Ma	Causes of Maternal Deaths.				16 to 25 26 to	26 to 25	26 to 35 36 and		Rate per 1,000 Births.	
Causes of Ma					Under 16 to 25		upwards	All Ages.	1942	Average 1937-41.
Puerperal Sepsis.				1	1	1	-	3	0.88	0.92
Eclampsia				2000	3	-	1	4	1.18	1.22
Haemorrhage			***	-		1		1	0.29	0.65
Pernicious Vomit	ing			-	-	-	-		-	0.24
Other Causes		***			1	3	1	5	1.47	2.34
Total				1	5	5	2	13	3.82	5.37

*"Other Causes" include Ectopic Gestation, Placenta Praevia, Puerperal Insanity.

PREVALENCE OF AND CONTROL OVER INFECTIOUS DISEASES.

Notifiable Infectious Diseases.

The infectious diseases which are notifiable and to which, therefore, Part XIV of the Public Health Ordinance, Cap. 12. No. 4, apply are now 19 in number, puerperal fever having been added to the list in July, 1941.

They are: diphtheria, membranous croup, enteric fevers, pulmonary tuberculosis, tuberculosis (other forms), pneumonia, ophthalmia neonatorum, chicken pox, encephalitis lethargica, cerebrospinal fever, acute anterior poliomyelitis (infantile paralysis), acute ascending myelitis and puerperal fever in addition to plague, cholera, yellow fever, small pox (including alastrim) typhus fever, typhoid fever and anthrax which are dangerous infectious diseases and are quarantinable. Typhoid fever and anrhrax were proclaimed dangerous infectious diseases in 1937 and 1938 respectively. (Royal Gazette 30th July, 1937 and 2nd June, 1938).

The year under report is of particular interest under this heading in that for the first time during the last nine years the number of cases of infectious disease notified exceed the 600 mark—an occurrence which has been recorded four times only during the last twenty years, viz., 1922, 1924, 1934, 1942. This large increase over the corresponding figure for last year, 614 as compared with 407, is due principally to the great increase in the number of cases of pneumonia notified, 332 as against 138, and to a lesser degree to an increase in the number of notifications of Pulmonary Tuberculosis, 154 as against 113. As I have mentioned at the beginning of this report, the outbreak of Infantile Paralysis which commenced in October, 1941 continued right into the first part of the year and that is reflected in the comparatively great increase in notifications of this disease—26 compared with 15 in 1941, 0 in 1940, 1 in 1937.

Apart from this, the great increase in the number of cases of respiratory disease notified marks the most disquieting feature of this report on Infectious diseases. Why this somewhat sudden increase? Certainly nothing which occurred could be justly termed an epidemic, there was no flare up, there was no universal increase in incidence—an analysis of the tables given below shows that only 1 case was notified from the St. Clair district and 23 from Woodbrook—the facts are that in certain sub-districts there existed conditions which tended to favour the spread of respiratory diseases, pneumonia particularly, and a knowledge of the various districts made it clear that over-crowding, bad housing conditions, the lack of facilities for outdoor life, and malnutrition were really the basic cause of this increased prevalence.

I need hardly repeat that the East Dry River District played true to form, the notification rate per 1,000 population, 8.32, being higher than that of any other sub-district—a fact pointing

forcibly to the urgent need for immediate remedial measures.

Corresponding with this great increase in the incidence of notifiable infectious disease was, as is to be expected, a great increase in the death rate from these diseases, 3.17 as against 2.50 per 1,000, of which the major portion was contributed by deaths from pneumonia and pulmonary tuberculosis.

Infectious Diseases Notificatons and Deaths 1932 to 1942.

Later to the transfer		Notific	ATIONS.		1000	DEATHS.				
Infectious Diseases.	Average 1932-36.	Average 1937-41.	1941.	1942.	Average 1932-36.	Average 1937-41.	1941.	1942.		
Diphtheria	29.8	34.8	30	18	2.2	2.6	. 2	3		
Enteric Fever	2400	61.4	56	37	12.8	12.6	14	12		
Pulmonary Tuberculosis	147.4	141.6	113	157	118.8	135.8	12	136		
Tuberculosis (Other forms)	15.4	7.8	3	5	10.6	12.6	6	4		
Pneumonia (All forms)	154.4	108.	138	332	80.6	73	88	152		
Ophthalmia Neonatorum	27.6	26.4	28	13	-			-		
hicken Pox	79.8	75.6	20	13	-	-	F			
Encphalitis Lethargica	0.2	0.2	-	1	0.2			1		
Acute Anterior Poliomyelitis	0.2	5.6	15	26	-	1.	- 4	3		
Puerperal Fever	-	0.8	4	13	-	1.2	6	3		
Total	503.	461.8	407	614	225.2	238.8	-244	314		
Rate per 1,000 population	6.87	5.28	4.17	6.20	3.07	2.73	2.50	3.17		

Puerperal Fever proclaimed a notifiable infectious disease as from July, 1941.

Distribution of Cases and Deaths from Notifiable Infectious Diseases.

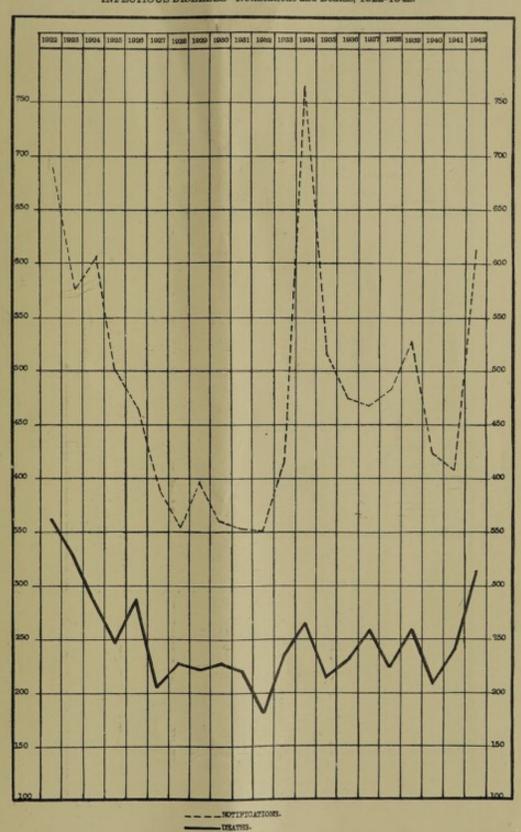
Diseases.		City F	Proper.	St.	Clair		Dry	Beli	nont	Wood	lbrook	St.	James
Tropulses.		Cases noti- fied.	Deaths	Cases noti- fied.	Deaths	Cases noti- fied.	Deaths	Cases noti- fied.	Deaths	Cases noti- fied.	Deaths	Cases noti- fied.	Death
Diphtheria		6	-	1		3.	-	2	3	6		-	-
Enteric Fever Pulmonary		14	3	7		7	3	7	3	2		7	3
Tuberculosis Tuberculosis		56	51	1	-	41	_ 28	29	28	10	13	20	16
(Other forms) Pneumonia		2	1		-	-	-	2	2	-	-	1	1
11111		100	45	. 1	- 4	117	33	53	15	23	9	38	50
Neonatorum		. 7	-	-	-	. 4	-	-		1		1	
Chicken Pox Encephalitis	***	2		5		1	1	4	-			1	-
Lethargica Acute Anterior					-			1	1		-	-	-
Poliomyelitis Puerperal Fever		8	-1	T	11	5 5	1	8 4	1 2	3 2	-	2 1	-
Total		196	101	8		183	66	109	55	47	22	71	70
Rate per 1,000 population in each sub-distri	ct	5.75	2.96	4.82		8.32	3.00	6.36	3.21	3.74	1.75	6.10	6.02

Notifiable Infectious Diseases—Home and Hospital Deaths.

Diseases.	-	Died at Home.	Died at Hospital.	Total Deaths.	Percentage of cases isolated in Hospital before death.	Corresponding percentage for the year 1941.
Diphtheria			3	3	100.00	100,00
Enteric Fever		3	9	12	75.00	92.86
Pulmonary Tuberculosis	no.	59	77	136	56.62	58.06
l'uberculosis (Other forms)		1	3	4	75.00	100.00
Pneumonia (All forms)		94	58	152	38.16	44.31
incephalitis Lethargica		1		1		
Acute Anterior Poliomyelitis	***	3		3		75.00
Puerperal Fever			3	3	100.00	83.33
Total		161	153	314	48.73	57.38

Chart D
Port-of-Spain

INFECTIOUS DISEASES—Notifications and Deaths, 1922-1942.



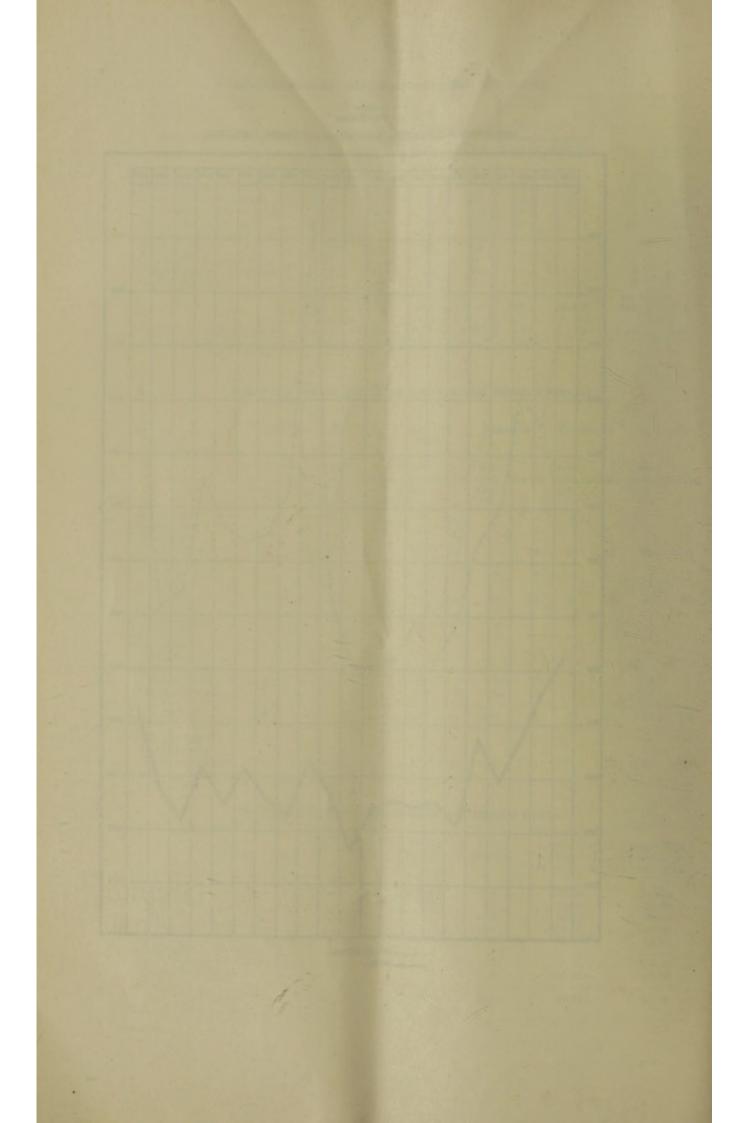
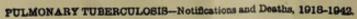
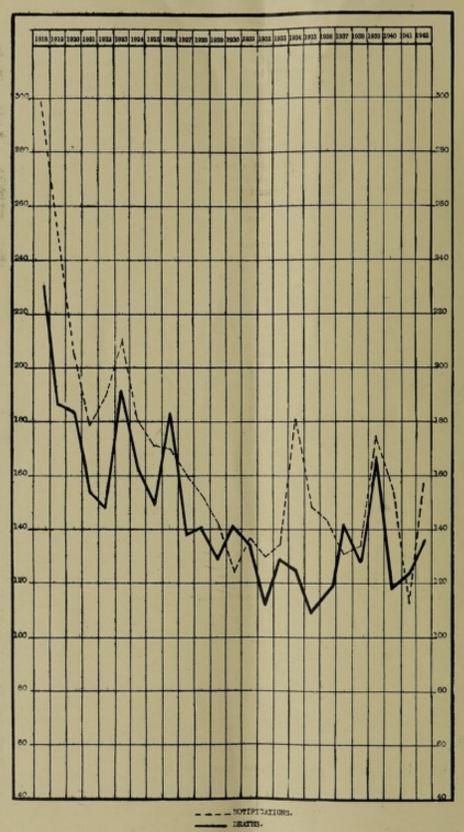


Chart E Port-of-Spain





TUBERCULOSIS.

Pulmonary Tuberculosis.

In view of what has been said earlier in this report under "premises used for human habitation" and "food in relation to health", it was confidently to be expected that a rise in the incidence of and death rate from pulmonary tuberculosis would have taken place in the year 1942 and so it did, fortunately not to the extent that was anticipated, in spite of the fact that the number of cases notified and deaths certified were the highest of the previous three (3) years, 1.37 per 1,000 population.

I need hardly repeat that this disease is intimately associated with poverty, an inadequate and unbalanced diet, bad housing conditions, especially overcrowding, bad ventilation and poor lighting, intemperance and poor general education. Progress in stemming these evils has undoubtedly been made, progress which is reflected in a substantial reduction of the tuberculosis death rate from 3.43 per 1,000 in 1918 to 1.37 in the year under report, but much more can be done and the Local Authority should urge upon Government the urgent necessity for a very cl. se collaboration in a campaign to get rid of these evils that have such a profound bearing on the health of the community. As regards specific measures to combat this disease the position has not altered much from that detailed in my last report. The Committee appointed by Government to take immediate measures to remove open dangerously-infected cases of Tuberculosis away from the Colonial Hospital grounds to a different site, to which I referred, has completed its labours, but so far no action of any kind on this important point has been taken.

It is not right, however, to say that nothing is being done. Government in co-operation with the Colonial Development and Welfare Organisation has secured the services of an expert from England and he is, at the moment, in the Colony making a survey of the disease and working out plans for a wide and closely co-ordinated scheme to include the building of a Sanatorium Hospital, etc., etc.

Pulmonary Tuberculosis-Notifications and Deaths, 1918-42.

Pe	riod.		0.00	Notifications.	Deaths.	Death Rate per 1,000 pop
Year 1918				299	233	3.43
Yearly Averages :			101	1 1 1 1 1 1 1		100 100 100
1919-23				207	173.2	2.65
1924-28				167.6	154.6	2.38
1929-33		***		133.6	129.	1.85
1934-38	***		gr	147.4	124.6	1.62
Average 1919-38			1)	163.9	145.4	2.13
Year 1939			b1	175	167	1.85
1940				155	118	1.28
1941		***	21 9.	113	124	1.27
1942			***	157	136	1.37

Non-Pulmonary Tuberculosis Forms, Notifications and Deaths.

	Form	12.4	Notifications.	Deaths.	
Tuberculosis Adenitis Tuberculosis of Kidney Tuberculosis Meningitis Tuberculosis Peritonitis Miliary Tuberculosis		 		1 1 1 1 1	- 1 - 2 - 1
· Total		 		5	4

Deaths from Non-Pulmonary Tuberculosis 1924-42.

		Period.			-	Rate per 1,000 population.		
Yearly Averages :		100-1	10 104	12 3 10 31	-	The same of the	Selection product at	
1924-28	1					15	0.23	
1929-33						15.2	0.22	
1934-38	***		***	'		10	0.13	
Average 1924-38		***			-	13.4	- 0.19	
Year 1939						15	0.17	
1940						14	0.15	
1941			***			6	0.06	
1942			***			4	0.04	

ENTERIC FEVER.

Typhoid Fever in the City of Port-of-Spain is a disease which is attributable to contaminated food: infected milk, made-up dishes, foodstuffs eaten raw and contaminated by dirt, dust and flies, and I have no doubt that chronic carriers of the organism play their usual important part. There is no evidence at all pointing to the occurrence of water-borne typhoid in the City. With the introduction of Chlorination of the City's water supply in 1924, cases of typhoid fever, which before then used to number 400 - 300 - 250, fell immediately to half that number and have declined steadily since, concurrently with the improvement in general sanitation and with the greater protection of foodstuffs of all kinds from possible contamination.

Though the incidence of this disease on the general population cannot be considered high, the mortality is far too great, being in the vicinity of .12 per 1,000, whereas in modern cities of Great Britain and America the death rate is more like a tenth of this. Thirty-seven cases were notified and 12 deaths certified to typhoid fever in the year under review; the majority of these 37 cases were in juveniles.

Enteric Fever.
Notifications and Deaths, 1918-1942

Period.	Campany	Notifications.	Deaths.	Death Rates per 1,000 population,
Year 1918	Contraction of	495	104	1.52
Yearly Averages : 1919-23		301.8	67.8	1.03
1924-28		162.4	25.2	0.39
1929-33		37	10.8	0.16
1934-38		59.8	14.6	0.19
Average 1919-38		140.3	29.6	0,44
Year 1939		75	15	0.17
1940	***	70	11	0.12
1941		56	14	0.14
1942		37	12	0.12

Inoculation of Enteric Fever Contacts. T.A.B. Injections.

No. receiving one injection.	No. receiving two injections.	Total.
31	8	39

PNEUMONIA.

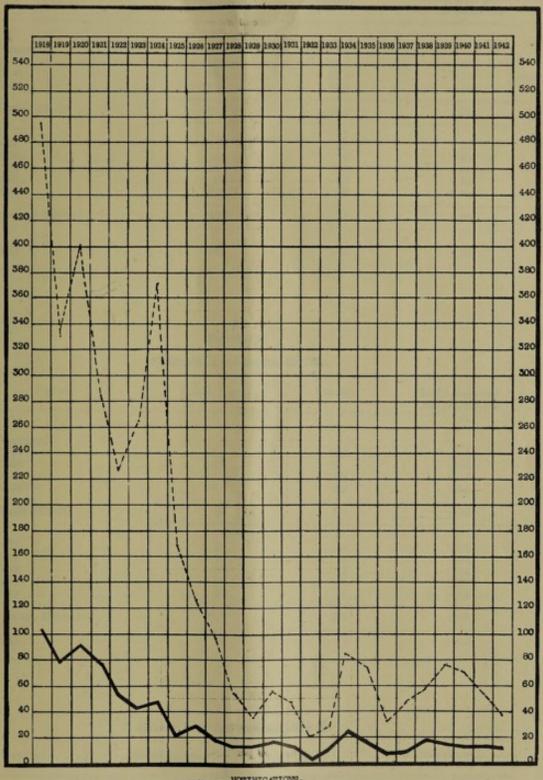
As has been stated before, pneumonia took pride of place in the list of notifiable infectious diseases during 1942 both as regards incidence and mortality. Notifications numbered 332, deaths 152, a death rate of 1.53 per 1,000. The type of the disease was predominantly lobar and the case mortality rate was high, nearly 50 per cent.

It would seem that the invading organisms were of a mixed type—pneumococcus, streptococcus, Friedladers pneumo-baccilus which may account for the relatively high mortality in spite of the free and early exhibition of the sulphanamide group of drugs.

It is fairly certain that overcrowding, bad ventilation, exposure and alcoholism contributed materially to the spread of this disease and its incidence was greatest in those sub-districts where these insanitary conditions were greatest.

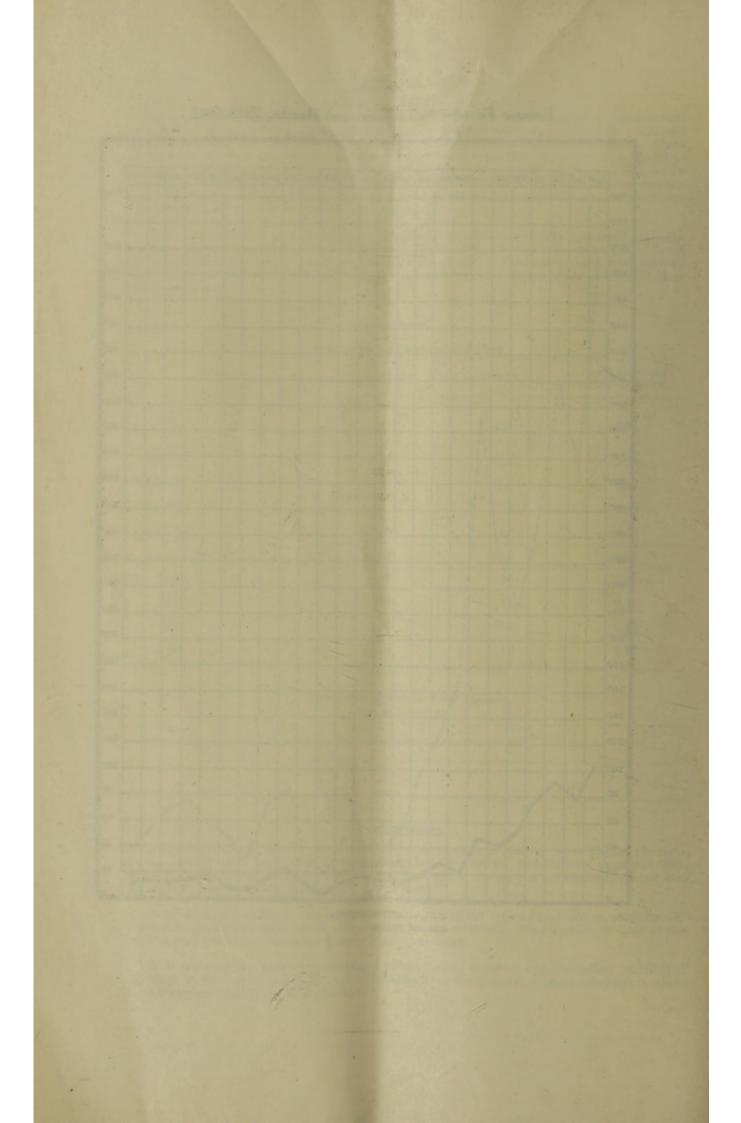
Chart F
Port-of-Spain

Enteric Fever—Notifications and Deaths, 1918-1942



---- MOTIFICATIONS.

DEATHS.



Pneumonia (All Forms).

Notifications and Deaths, 1922-42.

	Per	riod.			Notifications.	Deaths.	Death Rate per 1,000 population.
Yearly	y Averages :			5340			STORE BUILDING
1	922-26				111.8	78	1.23
1	927-31				69.8	53.4	0.79
1 1	932-36				1,55.4	80.6	1.10
A	verage 1922	36	-		112.3	70.7	1.04
Year	1937				125	85	1.10
	1938				101	70	0.83
	1939				107	59	0.65
	1940				69	63	0.68
	1941	.,	-06		138	88	0.90
	Average 19	37-41			108	- 73	0.83
Year	1942				332	152	1.53

Diphtheria.

Notifications and Deaths, 1917-42.

1	Pe	eriod.			Notifications.	Deaths,	Death Rate per 1,000 population.
Vacal	Augrages						The same of the sa
	y Averages			-	11.8	1.4	0.02
				***	2000	2	
			***	***	14.8	10	0.03
			***	***	23.8	1.6 .	0.02
1	932-36				29.8	2.2	0.03
A	verage 191	7-36			20	1.8	0.03
1					No.	San making a	0.02
Year			118	***	30	4	0.05
2011	2000		111	***	16	3	0.04
			***		. 61	2	0.02
	1940		450.	***	37	2	0.02
	1941				30	2	0.02
	Average 1	1937-41			- 34.8	. 2.6	0.03
Year	1942				18	3	0.03

Chicken Pox-Notifications, 1924-42.

Period.		Notifications.	Period.	Notifications.
Yearly Averages : 1924-28		19.8	Year 1939	 72
1929-33		41	1940	 58
1934-38	33.00	110.4	1941	 20
	98.0	The same of the	1942	 13

ACUTE ANTERIOR POLIOMYELITIS.

The City experienced the worst outbreak of this disease in its history during the year 1942. The outbreak started in October, 1941, and continued on to the end of April, 1942—15 cases were notified in 1941 and 26 in 1942.

At the same time the disease was also unduly prevalent in other parts of the Colony and all told a total of 194 cases were reported.

The type of infection was fairly severe and many cases died of paralysis of the muscles of respiration; those who survived seemed to have made a very good recovery.

Somewhat of a stir was created at the height of the outbreak but the Central Board of Health acted promptly and issued a series of bulletins, through the Information Office, which helped to calm the fraved nerves of the populace.

Acute Auterior Poliomyelitis.

Notifications and Deaths, 1927-42.

Year.		No. of Cases.	Deaths.	Year.	No. of Cases.	Deaths.	Year.		No. of Cases.	Deaths
1927-29		-	-		 -	-	1939		1	-
1930		5	1		 .3	-	1940	***	-	100
1931	***	-	2	1937 .	 10	1	1941	***	15	4
1932		3	-	1938 .	 2	-	1942		26	3

Acute Anterior Poliomyelitis.

Cases and Deaths in Age-Groups, 1942.

		Under Lyear	1-5 years.	6-10 years.	11-15 years.	21-25 years.	31-35 years.	41-45 years.	Total.
Cases Notified	 ***	3	11	7	2	1	1	1	26
Deaths	 	-	2	-	1	-		-	3

Non-Notifiable Infectious Diseases.

The diseases usually considered under this heading are: Malaria, and Blackwater Fever, Dysentery, Syphilis, Ankylostomiasis, Whooping Cough and Influenza. Not being notifiable under the Public Health Ordinance no accurate information as to their incidence is available and their relative prevalence can be gauged only from the returns of deaths certified.

A total of 58 deaths from these diseases was notified in 1942 of which malaria claimed 25 and syphilis 14.

Non-Notifiable Infectious Diseases-Home and Hospital Deaths

Diseases		Died at Home &c.	Died at Hospital.	Total Deaths.	Percentage of cases isolated in Hospital before death.	Corresponding percentage for the year 1941.
Malaria	 	12	13	25	52.00	73.91
Black Water Fever	 	-	-	ALL HEAD	-	_
Whooping Cough	 	5	675	5	507E -	Anist -
Influenza	 	- 4	-	4	_	25.00
Dysentery	 	8	1	9	11.11	27.27
Ankylostomiasis	 	010-	1	1 1	100.00	33.33
Syphilis	 1.	13	1	92114	7.14	26.32
Total	 	42	- 16	58	27.59	45.00

MALARIA.

As has been often stated in these reports malaria is a minor public health problem within the limits of the City.

Twelve years ago in Council Paper No. 97 of 1931, Doctor Eric De Verteuil, at that time Government Malariologist, as a result of a survey which he conducted writes "... It is obviously not within the purview of this report to make any comments on the control of breeding places in the City of Port-of-Spain – these are dealt with by the Medical Officer of Health, Port-of-Spain — but it is impossible to refrain from commenting on the high pitch of excellence which has been attained by local control of anopheles breeding places by the sanitary efforts of the Government up to 1916 and subsequently by the City Council. The City of Port-of-Spain stands to-day as second to none amongst large tropical towns so far as malaria is concerned and that is due principally, though not

This statement has been amply confirmed by Doctor W. G. Downes* of the Rockefeller Foundation who, at the instance of Government, conducted a survey of the malaria problem of the Colony and as part of that survey, investigated malaria incidence and malaria control in the City. In his report he writes as follows: "The Malaria Survey was conducted in the City of Port-of-Spain from January through April, 1941. Examinations were carried out on school children. There were very few observations on mosquito breeding, at least positive observations." "We collected no anopheles larvae within the limits of Port-of-Spain. Certainly if any breeding is going on, it is minimal. A female A. aquasalis was captured in the Cascade section of town early in June." (N.B. This area is outside the limits of the City.) "This isolated observation is felt probably to be an example of flight of anopheles from a distant breeding area (i.e., Laventille Swamp) "The coastal boundaries of Port-of-Spain adjoin very malarious areas, on the one side Success Village with the nearby Laventille Swamp, and on the other Diego Martin and the Cocorite Swamp. It is probable that a few cases of malaria are acquired in these areas of town from anophelines flying in from nearby malaria infested areas, but doubtful whether malaria transmission occurs

"Port-of-Spain has low spleen and parasite rates and malaria may be considered a very minor health hazard within the city limits. It is worth noting that both to the north and the south, the City adjoins very malarious areas, namely Success Village and Diego Martin—Cocorite."

From the work of the Department over a large number of years we know this to be a fact. Of course many cases of acute and chronic malaria are to be found in the City but from investigations continuously being made to determine the source of infection, it is possible to say with certainty

that 99 per cent. of these cases acquire their infection in malarious areas outside the City.

in the central and more western sections of the town.'

Malaria-Local Distribution of Deaths.

	*		S S	ub-district	s.				Deaths.
City Proper			S14			- N.	·		5
St. Clair									
East Dry Rive	r		***	in.	***		144	200	6
Belmont		***	***	***		111	14.	4	2
Woodbrook		***	***	***				***	3
St. James	***	***	***	***	***	***	***	***	9 30000
			Total	-		122			25

SYPHILIS.

The problem of syphilis remains the same as I have detailed in my previous reports except that, perhaps, in the year under review it was somewhat accentuated by conditions inevitable to the war that is now being waged, viz., the presence of large numbers of soldiers, sailors and airmen in the port and urban sanitary district. In such circumstances it is difficult to avoid promiscuity and a rise in the incidence of venereal disease is to be expected. As a matter of actual fact, the incidence of venereal disease attained such high proportions that joint action by both American and British Authorities became a necessity and, as I write, the experts, American and Canadian, are formulating plans for a venereal disease campaign throughout the length and breadth of the Colony starting, of course, with the City and larger towns first.

Deaths from Syphilis 1918-42.

		11800	Dea	uns from	Sypnius	1918-42.	-	93.5	THIS NO
200	Per	iod.				Deaths.		Rate popul	er 1,000 ation.
Yearly Avera	orne t				100				
1918-22					200	16.2		The state of	0.24
	***	***	***	***	***	56.8			0.88
1923-27	***	***	***	446	200			1. W	
1928-32	***	***		***	***	28.2		10000	0.41
1933-37	***		***	***	***	21.8		la maria	0.29
Average	1918-37			***		24.6		Injet	0.37
Year-1938						29			0.34
1939	***	***				26			0.29
	***	***	***	***	***	35			0.38
1940	***	***	***		***				
_ 1941	***	***	***		***	19			0.19
1942			•••		***	14	12 11	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0.14

DYSENTERY, DIARRHOEA, AND ENTERITIS.

Often called "bowel filth diseases" these diseases are the result of infected excreta contaminating the food of man and, as can be expected, foodstuffs like green vegetables, fruits, milk, ice cream, made-up dishes which are eaten either raw or just partially cooked are the most dangerous in this particular respect. Protection of foodstuffs from contamination by dirt, dust and flies, the proper disinfection and disposal of excreta, and a pure water supply would reduce considerably the incidence of and mortality from these diseases.

Deaths from the Dysenteries, 1918-42.

		Period.				Deaths.	Death Rates.
ear1918	1. 19			in. >-		43	0.63
early Averages :					1		
1919-23	***	Warra !		***	***	38.2	0.58
1924-28		***				32	0.49
1929-33	***		***			14.8	0.21
1934-38		***	***			5.4	0.07
verage 1919-38						22.6	0.34
ear 1939						2	0.02
1940		***				9	0.10
1941						11	0.11
1942			***			9	0.09

DIARRHOEA AND ENTERITIS.

Deaths from Diarrhoea and Enteritis, 1918-42.

		Period.				Deaths.	Death Rates.
Year 1918						193	2.84
Yearly Averages :							1
1919-23				144	***	143.6	2.18
1924-28						72.8	1.12
1929-33	***			- 111		52.8	0.76
1934-38				.,.		40	0.52
Average 1919-38	***					77.3	1.15
Year 1939						45	0.50
1940		***		***		73	0.79
1941				****		104	1.07
1942				***		83	0.84
			100000000		-		- Continue and

Diarrhoea and Enteritis-Deaths in Sub-districts.

		Sub-d	istrict.			No. of deaths.
City Proper				 		 13
St. Clair			-	 	- G	 -
East Dry River				 		 33
Belmont				 		 18
Woodbrook:	`			 		 2
St. James		8.11		 		 17
Total	.,,			 		 12 6191 83 10VA

OTHER PRINCIPAL CAUSES OF DEATH.

A significant increase in the number of deaths certified to Cardiac and Vascular Diseases is the outstanding feature of the report under this heading. There can be no denying the fact that cardiac and vascular disease is exacting a steadily increasing toll on human life in the City and the Colony generally. Next to Infectious Diseases, Cardiac and Vascular Diseases claimed the largest number of victims in the year under review and in spite of the increase in population, the rate per 1,000 population, 2.42 was more than one-third as high again as the rate for 1941—1.79 per 1,000.

It may be argued that an analysis of the table hereunder detailed shows that the greatest number of deaths from cardiac and vascular diseases occurred in the over 60 years group and that the increase in mortality is very likely due to the increasing longevity which better health, better sanitation and a higher standard of living have brought us, but the disquieting feature is that 83 such deaths occurred in the 41-60 group, and, on anlaysis, it would almost certainly be found that these deaths were the outcome of chronic system diseases of which syphilis is far and away the most important.

I have already spoken to the proposed venereal disease campaign which is about to be initiated. I have great hopes that with a greater appreciation of the havoc that untreated or partially treated syphilis wreaks, a reduction in the incidence of and mortality from its later manifestations on he heart and blood vessels would be effected.

Deaths from Cardiac and Vascular Diseases in Age-Groups

Forms.	0-20 years.	21-40 years.	41-60 years.	Over 60 years.	Total
Diseases of Arteries and Valves :				4 12 117	
Aneurism	 	6	21	5	32
Arterio-Sclerosis and Atheroma	 			11	11
Coronary Thrombosis	 	1	1	4	. 6
Mitral and Aortic Incompetence	 3	. 7	15	12	37
Other Diseases of Arteries and Valv		6	3	14	25
Aneurism Auricular Fibrillation	 	1	2	ï	1
Fatty Degeneration	 			1	
Endocarditis	 5	3		1	
Myocarditis	 1	3	12	12	28
Myocardial Degeneration	 	1	12	35	48
Angina Pectoris	 ***	1		2	3
Other Cardiac Diseases	 2	5	17	14	38

CANCER AND OTHER MALIGNANT DISEASES.

The figures given in the table below show an increase in the number of deaths certified to cancer and other malignant diseases on the corresponding figures for 1941—83 as against 69, and incidentally 83 deaths represent the highest number of deaths from these diseases ever recorded in the history of the Local Authority.

The organs of the body most frequently attached remain the same as have been recorded in all previous reports, viz., breast, uterus, ovary in the female, and tongue, stomach and rectum in the male.

No convincing explanation is forthcoming to account for the rising mortality year by year from this disease.

Cancer and Other Malignant Diseases-Forms, Sites and Deaths.

		DEATHS.				
Forn	Forms and Sites.					Females.
Carcinoma:	Noole	- 6.5			3	3
Face, Ear, Maxilla, Larynx	***				1	1
Tongue, Oesophagus, Colon, Rectum	Stomach,	Liver, S	mall Inte	estines,	16	17
Breast, Uterus, Ovar					2	39
Bladder, Prostate Site not stated					1	
lioma :						
Retinae	***			1		1
Total	***				23	61

Deaths from Cancer and other Malignant Diseases, 1918-42.

			Period.			100	Deaths.	Rate per 1,000 pop
Yearly Ave	rages :			5-82.0	Second !	- 1	. Care in	
1918-23							44.4	0.67
1923-27							45.6	0.71
1928-33							44.6	0.65
1933-37				***	***		56.8	0.76
1000-01		***	7	***	***			
Average 19	18-37						47.9	0.70
		316		ALE ST			ALLES STREET	N PERSONAL PROPERTY.
ear 1938		1999	014				70	0.83
1939							76	0.84
1940							. 78	0.85
1941			***				69	0.71
1942							84	0.85
1942	***	***	***	***	***	***	84	0.85

SANITARY ADMINISTRATION.

The number of workers attached to the Public Health Department numbered 106 at the end of 1942, of which 20 were Sanitary Inspectors, apart from the Chief Clerk and the Chief Sanitary Inspector, 2 were clerical assistants, 2 overseers, 1 messenger, 6 assistants to the Sanitary Inspectors of the Districts of ten referred to as "specials", 15 drivers and the rest were labourers.

All these employees, with the exception of the Chief Clerk, two (2) Sanitary Inspectors and two (2) Clerical Assistants who comprise the indoor office staff, are engaged in field work in the various parts of the Urban Sanitary District.

Thirteen (13) Sanitary Inspectors work in the thirteen sanitary districts into which the City is divided, one Sanitary Inspector is in charge of the anti-rabies and water sampling work, one is is in charge of disinfection work, one devotes his entire attention to food work and yet another to Building Notices, Plans and Completion Certificates.

The Anti-Mosquito Overseer maps out, records, and supervises the work of the anti-mosquito unit of six (6) "specials", seven (7) drivers, and fifteen (15) men divided into seven (7) groups.

The Anti-Rat-Overseer similarly directs the activities of the anti-rat unit of seven (7) drivers, and 25 men divided into seven (7) groups.

When working in the District of a Sanitary Inspector, these gangs come under the direct supervision and control of the Sanitary Inspector of the District.

The Anti-Rabies unit comprises one driver and seven men, they are under the direction of the Anti-Rabies Inspector.

The Disinfection unit of one driver and six men are under the direction of the Sanitary Inspector in charge of Infectious Diseases.

Disinfection.

Premises, etc., disinfected for Infectious Diseases and Vermin.

		Di	seases.				Premises sprayed.	Vehicles sprayed.
Pneumonia	a						170	
Fuberculos	sis					***	104	
Enteric Fe	ever	***					37	
Poliomyeli	tis	***	110				24	
Diphtheria			***		***	***	14	
uerperal		***			***		7	***
phthalmi	ia Neona	torum		***		***	5	
hicken P	ox		***		***	***	3	
eprosy		***						3
		Total					364	3
Vermin	277						426	

^{21,488} Cesspits were sprayed with a mixture of crude and distillate oils (free of charge) as a routine measure of prevention against spread of the bowel-filth diseases,

Inspection of Premises, &c., by Sanitary Inspectors.

Average Monthly No				s, Shops and other Premises Stores, Shops, &c.	***	6,975
		M	verage onthly No. of			Average Monthly
			Visits.			No. of Visits.
Provision and Meat Shops	***		231	Sweet Drink Carts		22
Provision Stores	****		39	Dairies and Cowsheds		76
Restaurants and Cookshops	***	***	78	Stables		81
Bakehouses	***		40	Goat Pens		97
Bread Depots			41	Aerated Water Factories		11
Cake and Ice Cream Shops			255	Soap Factories		3
Fry Shops			11	Other Factories		17
Hotels		111	8	Schools		27
Markets			4	Common Lodging Houses		4
Spirit Shops			35	Barber Shops		10
Ice Cream Carts and Pails			39	Dyeworks		0
Cake Trays and Baskets			41	Laundries		00
Provision Trays and Baskets			84	Caramas	***	00
Bread Carts and Baskets			29	Tannarias	*1.	
Possib Plat Posses		***	31	Public Urinals	***	7
Oyster Vendors' Baskets	***	***	1	Donte	***	3
	***	10.0	8 .	Doats	***	17
Plantain Carts	***	***	0			

Results of Notices and Verbal Directions.

		results of 1	Motices and	Actor Dit	ections.			
		Constructed, installed or provided.	Repaired.	Cleansed.	Painted.	Elimi- nated.	Lime- washed.	Oiled
					100		P	
ard pavements		24	64				1 1 1	
Depressions in yards						255		
Yards		0.000		3,970				7.
Drains, sinks, gullies, w		42						
trough, etc	and the same of	203	267	4,790	1000		100	
Lavatories, sewer basis			- 1000	-	0 1100	10 10	1000	-
flushtanks, urinals,								
rooms, etc		155	67	1.771				
Privies		200	749				582	
esspits		177	100	1.065				828
danure Heaps		1000000				405		
Rat Holes		0.000				43		-
free Shade, Overgrowt		The same of					10	
bush		400				849	1	
Oustbins		1 201	310	922				
Oustbin covers					***			
hops, Parlours, Resta	urants.		1		3000			
Bakehouses, Hotels,	etc		38	2,968	166	111	199	
erated Water Factori	es			75	****	and .	4	
Bread Carts					19	***		
Barracks, Common Lo	dging	0.00	and the same		- HONE		A THE	
Houses			13	14	20		13	
Garage, Kitchens	111		58	***		***	68	
lowsheds, Stables, Go.	at Pens		44	***	222		50	
Canneries, Soap Factor	ries, etc						- 6	
lose-boarding, Ventila	ation of							
Houses			***	***		-		
Barber Shops				68	12	144	- 1	

Reports to Water and Sewerage Department.

Reports.				Total.
Leaks, defective taps, chokes,	&c.	***	 ***	1,624

Anti-Rabies Measures.

And the state of the state of			, &c., of B	ATS.		
No. of locations insp	ected	for roo	sts of bats		***	30,638
		BATS	CAUGHT.			
Artibeus					192	
Desmodus		***		*	-	
*Hemiderma					134	
Molossus					25	
Noctilio Leporinus		***				
Saccopteryx	***		***	***	10	361

^{*} Besides these, 24 Hemiderma were caught outside the City limits.

Building Plans, etc.

Reports made by the Public Health Department were as follows:

On plans, &c., for reconstruction or reconditioning of buildi	ings		 248
On applications for leases of land in Woodbrook	***		 33
On premises in which building operations were in progress			 226
On applications for certificate of completion of buildings	***	130	 14

Prosecutions.

Offences.	 No. Case	
Failing to comply with nuisance notices	 4	\$14.90
Failing to provide proper dustbins	 1	Reprimanded. Reprimanded.

Financial.

	1942	1941
Revenue collected by Public Health Department	\$ 716.11	\$ 696.59
Expenditure (Staff, Labour, Materials, &c.)	62,495.98	64,224.33

Changes in the Staff.

Three vacancies in the Staff of the Public Health Department were filled by the following Appointments, with effect as from 1st April, 1943:—

E. A. Richards		***	 	Sanita	ry Inspector.
Goulbourne Forde	***	***	 	***	do.
Leo St. Cyr			 		do.

Leave of Absence

Leave of Absence.								
		Vacation Leave.	Sick Leave.					
- 1		No. of Days.	No. of Days.					
***	***	168	OF TAKEN DESIGNATION					
	***	21 .						
****	***	119						
***	***	• 28						
	***	21	-					
		168	60					
***	***	21	V NO.					
	***	- 28	31					
	***	. 14	14					
	***	28	-					
	***	42	7					
			Vacation Leave. No. of Days 168 21 119 28 21 168 21 28 21 168 21 28 21 28 21 28					

Acknowledgments.

In times that are difficult and in circumstances that impose great mental and physical strain on all, I have the honour to acknowledge the loyal co-operation and unflagging devotion to duty of each and every member of the staff, both indoor and outdoor, guided and directed by Mr. T. M. Mitchell, Cert. R.San. Ins., and Mr. O. E. Forde, Cert. R.San. Ins., Chief Clerk and Chief Sanitary Inspector, respectively.

With both permanent and temporary staff short, by pulling our weight together and bringing out the little extra that was necessary, we were able to maintain a not unsatisfactory 'standard of health in the Urban Sanitary District. For this I am grateful and I record thanks; if any further exhortations were necessary I say, let each and every member of the Public Health Department continue to take pride in his work and so reap the mental satisfaction, which no money can buy, of a day's work well done.

I commend their valuable services to the favourable notice of the Local Authority.



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