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BOARD OF HEALTH, 1964

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EX-OFFICIO MEMBERS

His Worship Mayor W. Hawrelak Dr. G. H. Ball, M.O.H. Mr. J. D .A. Macdonald, City Engineer G. B. Lawrence, Secretary

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BOARD OF HEALTH, 1963

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Physician, School Health	
Physician, School Health	
Physician, Consultant Psychiatrist	
Dental Director	
Dentist	
Dentist	
Director of Nursing	
Divisional Supervisor, Inoculation Clinics	
Divisional Supervisor, Well Baby Clinics	
Supervisor Public Health Inspection	
Milk and Dairy Supervisor	
Chief Food Inspector	
Administrative Secretary	G. B. Lawrence

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ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH

Chairman and Members, Local Board of Health

EDMONTON, Alberta

Ladies and Gentlemen:

It is with pleasure that I present for your consideration the annual report of the services of the Local Board of Health of Edmonton for the year 1964.

The population of the city as recorded by the municipal census taken in December, 1964, was 357,696. This represents an increase of approximately 5.6% or 53,940 people. The amalgamation of Jasper Place accounted for 37,429 of these people. The natural increase was 7,239. The remainder would be immigrant to the city.

The birth rate has fallen substantially to 25.92 births per 1,000 population from 28.45 births per 1,000 population. Coincidentally the death rate has fallen from 6.4 to 5.7 per 1,000 population

The above vital statistics are reasonably accurate. However, consequent to the amalgamation of Jasper Place the validity of the the statistics for the remainder of the report for the city may be questioned.

In 1964, the group of deaths labelled "external causes", that is deaths by violence, accident and the like, rose from fourth to third leading cause of death. The problem of automobile accidents is astonishing in that it is proven that modification of automobile design at least could reduce the death rate and yet this is not done. One questions the morality of the automobile manufacturers in this regard. No doubt legislation is required to introduce controls in design. As in previous years, suicides in parallel with automobile accidents, continue to rise materially. A suicide is truly a cry for help by a member of society. It is distressing that many such cases are ignored until too late. Anyone who, at any time, threatens suicide needs help and should be seen by psychiatric services. The efforts of the Salvation Army in this problem are much appreciated. However, in suicide as with all deaths in the category "external causes", the initiative remains with the individual citizen, be it the potential suicide or another person with knowledge thereof, to seek assistance.

The incidence of infectious hepatitis continued to decline. There was a substantial outbreak of rubella and there began an outbreak of infectious mono-nucleosis which continues.

Reported cases of venereal diseases fell but the incidence of tuberculosis continued relatively high.

While few cases of food poisoning were formally reported nevertheless two rather alarming outbreaks took place during the year. The outbreaks were confined to special functions such as banquets, when unusually large numbers of people were fed. The incidents were isolated and independent of each other. Each outbreak was thoroughly investigated epidemiologically and bacteriologically.

A fourth plebiscite was held in the fall on the fluoridation of the community water supply. 65.04% of those voting were in favor of fluoridation, that is 1.62% short of the majority required under Provincial legislation. While each successive vote has been remarkable for its strength in favour thereof, 65.04% to the best of our knowledge represents the highest favourable vote on fluoridation so recorded in a city of this size and nature anywhere in the world. It is, in my opinion, most unjust that in these circumstances Edmonton children should be denied the benefits of this procedure.

It is a pleasure to record with appreciation the efforts of the many private and public organizations in the health field in the city.

Equally it is a pleasure to acknowledge with gratitude the assistance which we have received from private citizens and from various government departments at all levels.

The wise counsel and strong support received from the Local Board of Health was in large measure responsible for the success of the year's operation.

Lastly, I am sincerely grateful to the staff of the Local Board of Health for their sustained efforts in the field of public health in Edmonton.

Yours truly,

G. H. BALL, M.B., Ch.B., D.P.H., Medical Officer of Health.

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ORGANIZATION AND ADMINISTRATION

The city of Edmonton, under the Public Health Act of Alberta, constitutes a Health District. The health services are operated by and under the sole control of the Local Board of Health. Representation on the Board is obtained by Council, the school boards, the medical and dental professions. The Board meets monthly.

The chief executives of the Local Board of Health are the Medical Officer of Health and the Deputy Medical Officer of Health.

Organizationally, the Department consists of a number of divisions, each responsible through an administrative chain to the executive. The administrative chain provides resource and supervision to the personnel in the field.

The city is divided into six regions, each tributary to a regional office. The various divisions except administration, are represented in these offices. The divisions are:

Administration:

Under the supervision of the Administrative Secretary performing

i. general office procedures

ii. vital statistics

iii. administration in connection with Board of Health meetings.

Medical Division:

Graduate medical officers (full-time) performing general duties in the clinics, in the schools and on the district. School physicians (half-time) and consultant pediatricians.

Nursing Division: (Graduate Public Health and Registered Nurses)

(a) **Infant and Pre-School:** A cadre of specialized nurses, one to each regional office clinic, operating the clinic and ancillary services with and through the district public health nurse.

(b) **Immunization Clinics:** Specialized nurses, one to each regional office clinic, operating the clinic with the assistance of the district public health nurses.

(c) District Public Health Nursing Services: Each region is composed of a number of districts, to each of which is allotted a district public health nurse. The district public health nurse is responsible for all nursing service therein. Her efforts are supplemented in certain spheres by the specialized clinic personnel.

Tuberculosis Division:

The core of this division consists of the specialized tuberculosis nursing staff supplied to the Department by the Kinsmen of Edmonton. Control is exercised directly and indirectly in co-operation with the district public health nursing service. Close liaison is maintained with the Tuberculosis Division of the Provincial Health Department.

Environmental Hygiene:

A group of graduate public health inspectors, operating both from the central office and the regional offices, maintaining at this time a completely generalized service. It becomes apparent that complete generalization of service will be impossible to maintain much longer.

Dental Division:

Under the supervision of the Dental Director, a graduate dentist supplies clinical maintenance to the dentally indigent, and dental auxiliaries (hygienists) survey, counsel and apply prophylactic treatment to the pre-school and school children.

Food Inspection Division:

A graduate veterinarian is employed in meat inspection and is responsible directly and indirectly through the Public Health Inspectors for food manufacturing and processing.

Milk and Water Division:

The Milk and Water Division is responsible for the clean and disease-free production of milk and milk products, the supervision of water supplies and swimming pools.

SUMMARY OF STATISTICS

Area of City - 85.6 Square Miles

	1964	1963	1962	1961	1960
Population	357,696	303,756	294,967	276,018	269,314
Persons per acre of land	6.4	6.9	6.7	7.5 1.76	7.4
Cost per capita	2.02	2.08	1.96	1.76	1.75
School enrolment	85,341	70,277	66,970	61,555	57,490
Natural increase of population	7,239	6,705	7,043	6,701	6,986
BIRTHS					
Total births	11,643	12,275	12,593	12,458 8,428	12,847
Resident births only	9,271	8,643	8,857	8,428	8,705
Resident rate per					
1,000 population	25.92	28.45	30.02	30.4	32.3
STILLBIRTHS					
Total stillbirths	156	142	142	128	142
Resident stillbirths only	115	101	91	89	92
Resident stillbirths rate per					
1,000 living births	13.3	11.7	10.3	10.5	10.5
DEATHS					
Total deaths	2,651	2,665	2,652	2,536	2,552
Resident deaths only	2,032	1,938	1,814	1,726	1,737
Resident rate per					
1,000 population	5.7	6.4	6.1	6.2	6.5
INFANT MORTALITY					
Total deaths under					
1 year of age	274	289	294	337	326
Resident deaths under					
1 year of age	186	174	162	200	199
Resident rate per 1,000 living births	21.5	20,1	18.3	23.7	22.8
1,000 living births	21.5	20.1	10.5	23.7	22.0
NEONATAL DEATHS					
Resident deaths under 28 days	127	137	127	147	152
Rate per 1,000 living births	14.7	15.8	14.3	17.4	17.4
MATERNAL MORTALITY					
Maternal deaths (Resident only) .	0	0	2	1	0
Rate per 1,000 living births	.00	State State	.23		
MARRIAGES					
Marriages	3,126	3,119	3,208	3.112	3,471
Rate per 1,000 population	8.7	10.3	10.9		
the bet they behave the second	511				
REGIS	TERED VI	TAL STAT	ISTICS		

BIRTHS	1964	1963	1962	1961	1960
Total births	11,643	12,275	12,593	12,458	12,847
Resident births only	8,645	8,643	8,857	8,428	8,705
Male	4,447	4,444	4,507	4,348	4,518
Female	4,198	4,199	4,350	4,080	4,187
Double births (Resident only)	79	88	84	80	101
Triple births (Resident only)	2	-		-	3
Resident illegitimate births	680	582	603	496	463
Total illegitimate births	1,031	916	869	806	788
Born in institutions (Resident)	8,645	8,642	8,857	8,426	8,702
MATERNAL PARENTAGE					
Canada	7,006	7,050	7,063	6,764	6,898
British Isles	334	295	339	364	365
Europe and Asia	1,184	1,157	1,310	1,170	1,305
U.S.A.	103	123	123	110	112
Other Countries	18	18	22	20	25

RESIDENT LIVE BIRTHS BY AGE OF MOTHER AND ORDER OF BIRTH

					1964				-		
		-14	15-19	20-24	25-29	30-34	35-39	40-44	Over 44	Total	96
lst	child	3	663	1,352	402	145	42	10	_	2,617	30.2
	child		192	1,062	712	253	90	16	1	2,326	26.2
3rd	child		28	483	604	399	132	45	1	1,692	19.7
	child	-	7	136	356	285	133	23	-	940	10.9
5th	child		-	47	132	183	113	49	2	526	6.3
6th	child		-	7	75	97	71	23	2	275	3.4
7th	child	_	_	_	21	52	37	19	2	131	1.7
8th	child		-	-	5	20	27	7	1	60	.7
	child		-	_	2	15	17	8	-	42	.5
	child and										
01	/er	-	-	-	2	5	16	13	-	36	.4
		3	890	3,087	2,311	1,454	678	213	9	8,645	100
STIL	LBIRTHS			1	964	1963	196	52	1961		1960
Tota	I stillbirths				156	142	14	2	128		142
	dent stillbirths only				115	101	9	1	89		92
	Male				55	59	4	5	42		40
	Female				60	42	4	8	47		52
Caus	e of Foetal Deaths										
	Dystocia				10	18		5	14		9
	Prematurity				15	11		9	8		10
	Toxemia of pregr	nancy			3	3		5	5		-
	Syphilis				-		-	_	-		-
	Malformation				10	9		8	20		8
	Placenta and memb	branes	5		52	28	2	16	20		17
	Traumatism				3		-	-	-		-
	Other conditions				22	32	3	8	22		31
DEA	THS										
Toto	deaths			2,	651	2,665	2,65	52	2,536	2	,552
Resi	dent deaths only			1,	953	1,938	1,81	4	1,726	1	,737
	Male			1	222	1,188	1,14	13	1,101	1	,087
	Female				731	750	67	1	625		650
Resi	dent rate per 1,000										
	population				5.4	6.38		6.1	6.	2	6.5
Raci	al Origin										
	Canada				693	621	57	79	558		487
	British Isles				526	576	57	75	481		538
	Europe and Asia .				584	598		29	521		489
	U.S.A.				145	126		05	114		113
	Others				5	17		26	53		110

PRINCIPAL CAUSES OF DEATH, 1964

		Total	Male	Female	% of Total Deaths	Rate per 100 M Population
420-434	Diseases of heart	622	416	206	31.8	178.1
140-205	Cancer	362	203	159	18.5	103.3
800-999	External causes	174	127	47	8.9	49.8
330-334	Vascular lesions affecting central					
	nervous system	169	85	84	8.7	48.4
750-776	Diseases of early infancy	149	96	53	7.6	42.7
490-493	Pneumonia	98	57	41	5.0	28.1
440-447	Hypertension	26	15	11	1.3	7.4
260	Diabetes mellitus	23	14	9	1.2	6.6
410-416	Chronic rheumatic heart disease	21	11	10	1.1	6.0
500-502	Bronchitis	18	18	-	0.9	5.1
	All other causes	291	180	111	15.0	83.7
	Total	1,953	1,222	731	100.0%	559.2

THE LOCAL BOARD OF HEALTH

MORTALITY FROM HEART DISEASE

Year	Total Deaths	Deaths From Heart Disease	Percentage of Total Deaths	Rate per 100M Population
1964	 1953	622	31.8	173.9
1963	 1938	602	31.1	198.1
1962	 1814	556	30.6	188.4
1961	 1726	557	32.3	201.1
1960	 1737	531	30.6	197.1

MORTALITY FROM CANCER

Year		Total Deaths	Deaths From Cancer	Percentage of Total Deaths	Rate per 100M Population
1964		1953	361	18.5	100.9
1963		1938	336	17.3	110.5
1962	****	1814	342	18.8	115.9
1961		1726	306	17.8	111.2
1960		1737	349	20.1	129.5

MORTALITY FROM INTRACRANIAL LESIONS OF VASCULAR ORIGIN

Year	Total leaths	Deaths From This Cause	Percentage of Total Deaths	Rate per 100M Population
1964	 1953	169	8.7	47.2
1963	 1938	196	10.2	64.5
1962	 1814	202	11.1	68.4
1961		177	10.3	64.1
1960		175	10.1	64.9

MORTALITY FROM TUBERCULOSIS

Year	Total eaths	Deaths From Tuberculosis	Percentage of Total Deaths	Rate per 100M Population
1964	 1953	9	.46	2.5
1963	 1938	6	.31	2.0
1962	 1814	3	.16	1.0
1961	 1726	6	.34	2.2
1960	 1737	7	.14	3.3

MORTALITY FROM PNEUMONIA

Year	D	Total leaths	Deaths P Pneumo	centage of tal Deaths	Rate per 100M Population
1964		1953	98	5.0	27.4
1963		1938	71	3.7	23.4
1962		1814	66	3.6	22.3
1961		1726	75	4.3	27.1
1960		1737	46	2.6	17.0

MORTALITY FROM EXTERNAL CAUSES

Total Deaths From Erom Causes Fremale Female Suicide Autom Accide Accide	Po
1964 1953 174 127 47 39 5 61 69 8.9	48.6
1963 1938 158 111 47 28 10 50 70 8.2	52.0
1962	45.0
1961 1726 124 87 37 25 1 37 61 7.2	44.9
1960	51.2

ABRIDGED INTERNATIONAL CLASSIFICATION OF CAUSES OF DEATH, 1964

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INFANT MORTALITY	MORTA	TITY			
	1964	1963	1962	1961	1960
Total deaths under 1 year of age	274	289	294	341	326
Resident deaths under 1 year of age	186	174	162	201	199
Male	119	105	97	124	125
Female	67	69	65	77	74
Legitimate	162	158	144	194	183
Infant mortality rate per 1,000 living births	21.5	20.5	18.3	23.7	22.8
RACIAL ORIGIN					
Canada	168	149	140	161	148
British Isles	e	e	80	7	15
Europe and Asia	14	18	12	30	31
U.S.A.	1	4	2	2	4
Others	-	1	1	1	-

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INFANT MORTALITY, 1964 BY MONTH

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BY AGE

IMMUNIZATION CLINICS - COMMUNICABLE DISEASE CONTROL

Immunization clinics were held on 251 days through 1964. The average daily attendance was 426. A temporary clinic was initiated in a church hall in the north central area of the city once a week. The amalgamation of Jasper Place Health Unit added an additional functioning clinic to the City Health Department.

Between January and April an oral poliomyelitis vaccination campaign was undertaken. There was a substantial reduction in the number of those attending for vaccination.

1,533 visits were made to children and others in their homes in relation to communicable disease.

Once again the staff gave a lecture series to nurses in training at the Misericordia and General Hospitals. A further 370 student and graduate nurses attended the clinics for field observation and training.

1964 was the third successive year in which this city was free of poliomyelitis and the fourth successive year free of diphtheria originating in the city. These are the rewards of immunization. However, there is reason for concern in that adults are not taking advantage of the facilities offered to protect themselves against poliomyelitis.

	1964	1963	1962	1961	1960
No. of persons receiving 1st doses	32,801	53,069	29,527	23,050	29,564
No. of persons receiving reinforcing doses	11,570	10,073	14,817	10,961	7,905
Total procedures	230,465	251,086	222,939	203,193	237,948
Total attendance	95,648	125,330	91,794	80,301	116,443
Out of town persons attending clinics	814	1,348	1,558	1,350	1,323
Average daily attendance:					
Main Clinic	98	133	111	99	187
South Side	51	72	52	46	78
Woodcroft	94	128	96	91	114
Eastwood	65	87	58	46	63
Idylwylde	60	81	50	37	35
Mobile	17	(Opene	d April 9,	1964)	
Jasper Place	41	(Opene	d August	17, 1964)	

TOTAL IMMUNIZATION STATISTICS, 1964

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TUBERCULOSIS CONTROL

Tuberculosis control continued to receive support from the Kinsmen Club of Edmonton. Excellent co-operation and support has been received from the Tuberculosis Division of the Provincial Health Department and from the Alberta Tuberculosis Association.

Tuberculosis testing by means of the A. & H. Multiple Puncture Gun was continued in the schools in Grade I, V and IX and all school personnel. Reactors are referred and family contacts investigated. In certain suspect adult groups similar surveys were conducted. By these means seven active cases of tuberculosis were found.

Miniature X-ray chest surveys continued both from mobile units and the stationary units in the City Hall and the Unemployment Insurance Building. Increasingly employers are referring prospective employees for pre-employment chest X-rays.

Generally it appears that the incidence of tuberculosis in the city remains a little high. The search for and identification of cases in the community continued and indeed was expanded. However, the point remains that without co-operation of all citizens of all age groups these efforts are largely frustrated. Citizens fail in their duty to themselves if they fail to attend for the test or chest X-ray at least every two years.

CASES:	1964	1963	1962	1961	1960
*Pulmonary Tuberculosis	134	134	125	120	108
**All other forms of Tuberculosis	17	22	19	26	13
RATES PER 100,000 POPULATION:					
Pulmonary Tuberculosis		5 44.1	42.3	43.3	40.1
All other forms of Tuberculosis	4.	7 7.2	6.4	9.4	4.0
DEATHS:					
Pulmonary Tuberculosis	8	5	2	5	6
All other forms of Tuberculosis	1	1	1	1	1
*1964 total includes 75 inactive cases **1964 total includes 3 inactive cases					
Admitted to Sanatorium Discharged from Sanatorium		122			
Total cases in Sanatorium as at Dec. 31/64		83			
Total cases domiciliary treatment as at Dec.	31/64				
Visits to cases Visits to contacts		2 104			
Contacts skin tested		3.601			
Contacts referred for x-rays		1,229			
ADIMISSIONS TO SANATORIUM:					
New cases		57			
Pulmonary Non pulmonary			Bacillary .		
Old cases reactivated		38	Bacillary .		/
Pulmonary		00	Bacillary .		20
Non pulmonary			Bacillary .		
Total cases on register as at Dec. 31/64		2,077			
SKIN TESTING SURVEYS:		Number Tested			Positive
School children and personnel		12.669			Reactors 592
Contacts of school reactors		661			177
X-RAY SURVEYS:					
	1964	1963	1962	1961	1960
City Hall	6.638	7,022	8,462	6.984	9,898
Unemployment Insurance Building	3,130	2,474	2,881	2,171	-
Mobile Unit High Schools TOTALS 2	3,340	5,765	279	16,734	10,956
TOTALS	3,308	25,283	11,622	25,889	25,629

WELL BABY AND PRE-SCHOOL SERVICES

Clinic sessions at the regional offices were held on 251 days through the year. A once weekly clinic was operated in the north central area. The average daily attendance was 155.

4,206 children were tested for Phenylketonuria. The condition was detected in one child who has been investigated and placed under treatment.

The advisory programme to new mothers during their stay in hospital continued and proved most successful. It is anticipated that this programme will expand to the maternity wards in all hospitals.

421 graduate and undergraduate nurses attended sessions of the clinics for instructions.

186 nurseries, playschools, kindergartens, foster homes and institutions were registered by the department.

	1964	1963	1962	1961	1960
Total Attendance	39,292	37,261	39,203	39,201	37,783
Under I Year	22,574	22,464	24,088	24,396	23,582
Over 1 year	16,718	14,797	15,145	14,805	14,201
Average daily attendance					
Central Clinic	24	25	25	27	32
South Side Clinic	25	26	25	25	29
Woodcroft Clinic		39	38	42	41
Eastwood Clinic	36	39	38	34	33
Idylwylde Clinic	33	33	31	29	24
Total average monthly attendance	3,274	3,105	3,269	3,267	3,149
Total new admissions	7,881	7,630	7,982	7,657	7,825
Under 1 year	5,854	5,852	6,163	5,938	6,052
Over 1 year	2,027	1,778	1,819	1,719	1,773
Discharged	2,413	7,099	6,702	6,959	6,512
Total remaining on roll	28,772	23,304	23,773	21,493	20,795
Home visits	3,717	4,017	4,529	4,907	4,633
Children visited	5,494				
Under 1 year	1,046				
Over 1 year	4,448				
Phenylketonuria tests	7,127	8,801			
Children tested	4,206				
Number seen by doctor	560	590	715	681	678
Referred to family doctor	966	743	773	739	690
No. of student days	475	403	420	373	326

SCHOOL HEALTH SERVICES, 1964

At the beginning of the 1964-65 academic year 85,341 students attended 182 city schools, and public health services were provided by three full time physicians, three part time physicians, and 60 district nurses of the Health Department. These figures include Jasper Place which was amalgamated with Edmonton in August.

Periodic examinations by the medical officers covered grades I, V and IX (grade V being omitted in selected schools) and all entrants to the school system.

Audiometric screening of grade IV pupils continued and, to assist with the growing work load, a part time audiometrician was added to the staff in September. Of the 7,612 children screened, 332 were individually examined and audiometrically tested by medical officers.

Ophthalmic examinations and spectacles, where necessary, were provided for 169 children of indigent parents, and a further 17 were assisted with spectacle repairs.

The second general administration of oral poliomyelitis vaccine took place at the beginning of the year. 7,959 first doses and 9,290 second doses were given in the schools. The remainder of the immunization programme continued as before. Re-inforcing doses of triad (diphtheria, tetanus, and poliomyelitis combined) were given in grades I, V and IX and smallpox vaccination was offered in grades II and VIII. Primary immunization courses against diphtheria and tetanus and against poliomyelitis were arranged for the small group starting school without this protection. The new health records issued in the spring were improved by the inclusion of a permanent consent for immunization.

Measles was prevalent in the first quarter of the year and rubella became widespread in April, May and June.

Routine tuberculin testing showed positive reactor rates of 1.6% in grade 1, 3.7% in grade V and 5.8% in grade IX, and led to the admission of four adults and two children to the Aberhart Memorial Sanatorium.

Education regarding smoking and health was expanded to include grades VII, VIII and IX. All the literature and films used were generously donated by the Canadian Cancer Society and the Alberta Tuberculosis Association.

In-service education was carried on energetically. The more formal projects might be listed as follows:

- Weekly staff meetings were held in each district sub-office often affording the group an opportunity to study a specific public health problem.
- Monthly meetings of the whole nursing staff were conducted usually with guest lecturers.
- Selected nurses met in a weekly evening class devoted to a study of mental illness.
- About fifty nurses attended classes in first aid and passed the examination for the St. John Ambulance Association's Certificate.

EXAMINATIONS BY MEDICAL OFFICERS:

Complete periodic examinations	15,983
Examinations on special referral	916
Re-examination	522
Total number of examinations	17,421
Number of pupils with defects	6.550
Parents invited to examinations	10,378
Parents present at examinations	6,502
Pupils referred to physicians	559
Pupils referred to dentists	779

EXAMINATIONS BY NURSES:

Periodic examinations Examinations on special referral	46,279 28,518
Re-examinations	7,201
Partial examinations	106,464
Total number of examinations	188,462
Number of pupils with defects	37,739
Pupils referred to physicians	5,017
Pupils referred to dentists	2,747

THE LOCAL BOARD OF HEALTH

AUDIOMETRIC SURVEY:

	group-tested	7,612
Number	tested individually for audiograms	1,363

SCHOOL NURSING SERVICES:

Home visits	7,323
Consultations with physicians	840
Consultations with teachers	13,324
Consultations with parents	14,805
Consultations with others	4,500
Pupils given first-aid	10,539
Lectures and talks	299
Field work sessions with students	297

REGISTER OF PHYSICALLY HANDICAPPED CHILDREN

At the end of 1964 this register contained 2,126 cards pertaining to children living in Edmonton. Those with records classified as active were being reviewed at appropriate intervals while it was felt that the inactive group required no further follow-up.

Excellent liaison has been maintained with the Provincial Registry.

Table I below gives a breakdown by numbers and Table II lists the percentages of the cases on record.

Table I

RTHOPEDIC: Congenital Muscular Dystrophy Osteochondroses Rheumatoid Arthritis	& Active	Inactive	5	0	Inactive	
Congenital Muscular Dystrophy Osteochondroses	100	hactiv	5	0	-E-	
Congenital Muscular Dystrophy Osteochondroses	100	ē			5	7
Muscular Dystrophy Osteochondroses	100		otal	Active	ĕ	Total
Muscular Dystrophy Osteochondroses	40	48	H 0.0	11	1923	
Osteochondroses	2	40	88	10	38	4
Di di di di di di		_	2	10	17	1
Rheumotoid Arthritis	2		2	16	2	1
Post Traumatic		1	2	4	7	i
Miscellaneous	4	7	11	14	15	2
			107			14
FECTIVE AND PARASITIC:						
Poliomyelitis	1		1	21	50	7
Tuberculosis-Respiratory		-		3	27	3
-Bone and Joint				-	6	
-Other				1	7	
Other		-			1	
			1			11
EOPLASTIC:						
Benign-Haemangioma	2	1	3	1	3	
-Other	4	1	5	6	8	1
Malignant-Central Nervous System			-	4		
—Leukaemia	3	-	3	1		
-Other	1	-	1	9	-	_
			12			3
LLERGIC, ENDOCRINAL, METABOLIC A		TRITION	AL			
Asthma	5	1	6	33	63	9
Diabetes	3		3	35	13	4
Other-Allergic	3	3	6	14	31	4
-Endocrinal	-		-	7	6	1
Metabolic & Nutritional	7		7	6	7	1
			22			21
SEASES OF BLOOD AND BLOOD PRIMA	RY ORG	ANS				
Haemophilia				6	3	
Purpura	_	_		_	2	
Miscellaneous	1	1	2	2	3	
			2			
ENTAL, PSYCHONEUROTIC AND						
PERSONALITY DISORDERS	1		1	31	17	4

THE LOCAL BOARD OF HEALTH

DISABILITY	PR	E-SCHO	DL		SCHOO	L
DISEASES OF THE NERVOUS SYSTEM:	Active	Inactive	otal	Active	Inactive	Total
			Tot			
Cerebral palsy		1	12	30	38	6
Epilepsy	10	2	12	108	93	20
Hydrocephalus Spina bifida and meningocele	7	_	7	3	6	
Other	8	3	11	16	28	4
			48			32
DISEASES INVOLVING LOSS OF SPECIAL	SENSES:					
Eyes—Cataract	5	1	6	5	11	1
Glaucoma	-			3	4	
—Strabismus		2	15	24	59	8
-Other		5	9	18	51	6
Ears-Impaired hearing	6	-	6	47	53	10
-Other	1	-	1	4	-	
			37			27
DISEASES OF CIRCULATORY SYSTEM:						
Congenital	30	4	34	64	36	10
Rheumatic fever	9	-	9	68	162	23
Other	21	3	24	4	4	
			67			33
DISEASES OF RESPIRATORY SYSTEM	1	3	4	4	8	1
DISEASES OF DIGESTIVE SYSTEM						
Coeliac disease	10	13	23	1	11	1
Hare Lip and/or cleft palate	11	10	21	3		13
Hirschsprung's disease	3	1	4	1	4	
Megacolon	3	2	5	2	1	
Other	3	2	2	2	8	1
			53			4
DISEASES OF THE		_				
GENITO-URINARY SYSTEM	9	5	14	22	24	4
CONGENITAL MALFORMATIONS	20	15	35		42	4
BIRTH INJURIES		1	1	35	12	-
OTHER	_	i	1	35	13 5	4
Table II						
GROUP			DEDCE			

GROUP	PERCENT OF	TOTAL
Orthopedic	26.4	8.5
Infective and parasitic	.2	6.7
Neoplastic	3.0	1.9
Allergic, endocrinal, metabolic and nutritional	5.4	12.5
Diseases of blood and blood primary organs	.5	.9
Mental, psychoneurotic and personality disorders	.2	2.8
Diseases of the nervous system	11.8	19.0
Diseases involving loss of special senses	9.1	16.2
Diseases of circulatory system	16.5	19.7
Diseases of respiratory system	1.0	.7
Diseases of digestive system	13.1	2.3
Diseases of genito-urinary system	3.5	2.7
Congenital malformation	8.6	2.8
Birth injuries	.2	-
Speech defects	.2	2.8
Other	.2	.5

DENTAL DIVISION

1. School Dental Examinations:

The school dental teams completed the dental examinations for school children of grades 1 to 8 inclusive and examined 41,914 children in 138 schools out of a total school population of 85,341 in 182 schools. There were 25,414 (60.6%) children with dental decay and 13,591 (32.6%) with no dental defects.

Number of schools completed	138	
Number of children examined	41,914	
Number with dental decay	25,414	(60.6%)
Number with poor oral hygiene	1,755	(4.0%)
Number who have lost baby teeth early	6,396	(10.4%)
Number with crooked teeth and/or bite	3,215	(7.7%)
Number with no visual dental defects	13,591	(32.6%)

2. Dental Clinical Treatment Service:

This service is extended to the school children of the marginal and part-time wage earning groups. For this group even a modest medical or dental expense presents a financial hardship. Applications for this service is made annually. There is no direct cost to parents or guardians of needy children who receive dental treatment at the City Dental Clinics.

Dental Treatment Service Summary:

Number of appointments made	1,586
Number of appointments missed	135
Number of silver amalgams (sfcs.)	2,596
Number of anodyne bases	1,191
Number of silicate fillings	541
Number of extractions	900
Number of cement bases	9
Number of x-rays	27
Number of other operations	18
Number of cases completed	405
Number of emergency cases	66
Number of children on waiting list	114

3. Pre-School Dental Program:

In conjunction with the Well Baby Clinic Services, four-year old children are called to the regional clinics by appointment and the following dental services are rendered by the dental auxiliaries.

- (a) Dental examination for each child.
- (b) Consultation and counselling the parent or guardian regarding the dental hygiene and dental care for the child.
- (c) Prophylaxis and stannous fluoride topical application.
- (d) Referral to a dentist in case of children who have not been seen by a family dentist.

This service was extended to the Jasper Place region in August 1964 and is presently in operation in all six regional dental clinics.

Pre-School Dental Service Summary:

Number of appointments made	
Number of appointments missed	233
Number who received dental examination	1,385
Number who refused dental examination	
Number of parent interviews with child	1,388
Number of children under care of dentist	
Number of children with no family dentist	
Number of children referred to a dentist	
Number of appointments made for stannous	
fluoride and prophylaxis	
Number of appointments missed	
Number who received topical stannous	
fluoride and prophylaxis treatment	
Number of children on waiting list	

4. Pre-School Dental Recalls:

Pre-School children who received their first dental examination, prophylaxis and stannous fluoride application during the 1962-63 school term are recalled during the 1963-64 school term for their second annual examination, prophylaxis and fluoride application. There were 489 five-year old children who received this preventive dental health service.

Number of appointments made	602
Number of appointments missed	109
Number who received dental examination	492
Number of parent interviews with child	489
Number who received topical stannous fluoride and prophylaxis treatment	489

5. Fluorides - Restricted to Grades 1 and 2 children:

School children who qualify for the dental clinical treatment in the city dental clinics and have the dental work completed also qualify for the stannous fluoride preventive treatment service.

Number of appointments made	65
Number of appointments missed	-
Number who received topical stannous	
fluoride and prophylaxis treatment	65

School Dental Survey:

This is a detailed dental examination of a random sample of the school population of the city. The random sample consists of every tenth child in grades 1, 2, 4, 6 and 8 corresponding to ages 6, 7, 9, 11 and 13 years in all the schools in the city. This provides us with precise statistical dental data on which we can base the dental health level of all the school children in the six health regions of the city and by age. Such data was first obtained during the 1962-63 school term and provides a base line from which we can measure the progress and the effectiveness of our dental public health programme.

This is a standardized dental examination so that dental data can also be used in compiling provincial and national dental indices as well as comparing the provincial dental data with national averages. The primary use for the Health Department is to compare dental health levels from year to year and evaluate the dental programme and assess its progress.

The I.B.M. sense card is used for recording the detailed dental data in regard to the statistical sample obtained in our dental survey. The need for subsequent manual tabulation is therefore eliminated as these cards are processed by the computor, and the results tabulated on a "print-out" form.

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THE LOCAL BOARD OF HEALTH

AGE	SAMPLE SIZE (N)	SIZE (N)	NO DENTAL DEFECTS (N.D.)	NTAL S (N.D.)	COMPLETE CARIES CARE (C.C.C.)	E CARIES C.C.C.)	PARTIAL CARIES CARE (P.C.C.)	P.C.C.)	EXTRACTION ONLY (E)	CTION Y (E)	DENTAL NEGLECT (NEG.)	TAL F (NEG.)
	1962-63	1963-64	1963-64 1962-63 1963-64 1962-63 1963-64	1963-64	1962-63	1963-64	1962-63	1962-63 1963-64	1962-63	1962-63 1963-64	1962-63 1963-64	1963-6
4	600	1,240	35.0	37.02	5.67	7.02	16.17	17.34	3.83	3.87	39.33	34.76
5		189		44.44		4.23		31.22		4.76		15.34
9	639	621	25.20	28.99	10.33	4.83	25.51	28.02	9.86	9.34	29.11	28.82
7	750	562	16.00	28.65	15.87	6.41	43.07	40.39	9.73	11.57	15.33	12.99
6	714	549	15.69	21.49	14.00	8.38	49.44	53.55	6.58	6.02	14.14	10.56
=	526	510	18.06	29.22	11.71	6.27	46.77	48.43	3.04	3.33	14.83	12.75
13	409	476	16.87	34.24	15.16	7.56	52.32	47.06	4.64	2.94	11.00	8.19
(Combined less 4 and 5 years)	3,038	2,718	18.39	28.37	14.38	6.62	42.70	42.90	7.20	6.88	17.27	15.23

HOSPITALS AND INSTITUTIONS

Beds available for the acute and chronically ill and for the care of the aged:

	No. of Beds
HOMES FOR THE AGED	
NURSING HOMES	
	1,149
AUXILIARY HOSPITALS:	
Allan Gray	
Good Samaritan	
Norwood	
St. Joseph's Hospital	
	594
CONVALESCENT HOSPITAL:	
Glenrose Provincial General Hospital	255
ACTIVE TREATMENT HOSPITALS:	
General Hospital	
Misericordia Hospital	
Royal Alexandra Hospital	
University of Alberta Hospital	1,035
Charles Camsell Hospital	
Aberhart Memorial Sanatorium	
	3,300

VICTORIAN ORDER OF NURSES

A steady increase in the total visits of the Victorian Order of Nurses has taken place in the past year. Approximately 77% of the visits made in 1964 were nursing care and treatment, the remaining 23% were for health teaching purposes, mainly in the maternity field. Additional activities were the pre-natal classes and the hospital referral programme in the Royal Alexandra Hospital, the University of Alberta Hospital and the Misericordia Hospital. The latter scheme ensures that the patient receives continuity of care when he goes home from hospital.

	1964	1963	1962	1961	1960
Prenatal care visits	0	2	7	4	3
Prenatal instructions - visits	4	15	102	125	1
Postnatal care	6	10	27	8	14
Postnatal instructions	1,784	2,252	2,025	2,250	2,169
Newborn care	56	200	116	149	118
Newborn instructions	3,123	4,544	3,651	2,151	2,191
Medical and Surgical, etc.	17,064	15,036	13,123	14,254	14,814
Total visits	23,784	22,535	19,051	18,937	19,310
Prenatal clinics held	84	95	85	78	48
Enrolment	167	186	161	268	177
Total attendance	949	1,178	1,061	837	1,177
Average attendance	11	12	12	11	25

GENERAL PUBLIC HEALTH NURSING

This is the arm of the department working directly with families and others in the community delivering personal service in a traditional public health nursing programme. Health promotion by active prevention, counselling and health education is offered to the infant ,pre-school, school child and the adult, indeed to all within the community.

Working with various divisions of the department, the district nursing service provides:

- 1. Continuity from the clinics to the infant and pre-school groups.
- The school health programme.
 Communicable disease control in the field, tuberculosis control.
- 4. Assistance through counselling in family problems, mental health and geriatrics.

During the year, 15,665 home visits were made regarding a very wide variety of health problems.

Infant	
Pre-school Child	
School Child	
Communicable Disease	
Fuberculosis	
Mental Hygiene	
Geriatrics	
amily Problem	
Dther	
Visits to Playschools, Nurseries, etc.	
Visits to Nursing Homes and Homes for the Aged	
Field Work Sessions with Students	
Lectures and Talks	

ENVIRONMENTAL HYGIENE

The scope of this division continued to widen in accord with the demands made thereon. Increasing concern was felt in relation to food quality and food handling.

handling. The parallel of industrial development and aging of the city was shown in the evidence of substandard dwelling accommodation found.

The paving of and the introduction of water and sewage facilities to individual booths in the concession area of the exhibition grounds is noted with satisfaction.

In the area of atmospheric pollution, the Sanitary Engineering Division of the Provincial Health Department continued to fulfill their responsibilitiies. In the summer, to further identify and outline the problem, the Province conducted a source survey of atmospheric pollutants in the metropolitan area.

INSPECTIONS:	1964	1963
Bakeries		289
Barber shops and beauty parlors		268
Dwellings		148
Hotels, lodging houses and apartments		457
Schools, kindergartens, homes for the aged		152
Stores, butcher shops, etc.		1,610
Restaurants		2,572
Streets, lanes, dumps, etc.		246
Miscellaneous (includes public places, recreation, motels,		
service stations, laundries and beverage rooms	2,152	1,665
	8,175	7,715
NOTICES:		
Written	1,005	793
Verbal		1,100
COMPLAINTS:		
Received from public	445	341
Justified		269
Received from other departments		6
Referred to other departments		3
The complaints were made up as follows:		
Garbage, streets and lanes		42
Vermin		31
Housing, plumbing and drainage		41
Food and drink		69
Animals		57
Odors, smoke, air pollution		25
Miscellaneous		69

THE LOCAL BOARD OF HEALTH		27
LICENSES:	1964	1963
License applications investigated		4,00
PLUMBING:		
Sewer and water notices issued Extensions of time granted		
Plumbing permits issued		3,50
Plumbing permits issued for old buildings		2
Alterations to existing plumbing (fixtures)		2,66
Privies eliminated through installation of plumbing		2
Number of septic tanks installed		
Cow owners	2	
Hog owners		
Goat owners		-
Goat owners		-
OTHER:		-
OTHER: Prosecutions	2	

Atmospheric Pollution:

The Provincial Health Department Sanitary Engineering Branch operating directly and indirectly through the Local Board of Health stations have undertaken the supervision and control of air pollution.

Various sampling devices are maintained at selected sites throughout the city. Thusly a constant check is maintained on the concentration of pollutants in the atmosphere. Observation of sources of contamination is maintained and where releases are excessive, corrective action is being requested.

Meanwhile, legislation requires that by 1966 all releases shall conform to the standards set by the Provincial Health Department.

1. Dustfall:

As in 1963, an increase was noted in the dustfall levels recorded at the sampling stations.

2. Hydrogen Sulphide Concentrate:

The concentration recorded continued at an extremely low level.

3. Sulphur Dioxide:

Levels remained insignificantly low, even at the peak levels.

4. Smoke Density:

The yearly average of smoke density in 1964 was a little less than in 1963. The peak incidence was registered in February at 2.50 C.O.H.'s/1,000 lineal feet.

5. Oxides of Nitrogen:

The year's average of total oxides of nitrogen was .042 p.p.m. The peak level occurred in February at 0.267 p.p.m. This is a reading well below levels indicating any adversity.

6. Total oxident:

The oxident levels in the atmosphere over the city remained too small to be measurable throughout the year with the exception of September, October and November. The maximum reading was in October at 0.056 p.p.m. — well below the adverse level.

It is apparent that the city is, at this time, without generalized problems. Such problems as exist are largely localized problems. There appears to be no material toxic hazard although there were some indications that a problem could develop in the vicinity of the City Power Plant. Other than this, odours, localized and causing discomfort, were the major source of difficulty.

FOOD INSPECTION

In 1964, a survey was made of the manufacturing, processing and handling facilities for food in the city. Areas of investigation covered were truck depots, meat processing establishments, home freezer suppliers, mobile catering firms, bakeries, bottling plants, candy manufacturers, warehousing facilities and distributors.

Thus a fairly comprehensive picture of all phases of the industry in the city was developed. Negotiations were initiated with the Provincial Laboratory to plan further control measures in the matter of safety of food and drink. It is expected that final plans will be formulated and operating by 1965.

MEATS INSPECTED AND CONDEMNED

				Carcasses Condemned	Portions Condemned	Weight (lbs.)
BEEF:				condemned	condemned	(IDS.)
Abscess				-	215	2,170
				1	1	435
Actinomycos	sis				31	620
Septicemia				4	2	1,690
				1		510
		***		1	3	545
				1	_	400
				2		640
VEAL:						
Adhesions					1	5
				-	1	5
MUTTON:						
Abscess mu	Itiple		di chessepte	1	A Destroyed	40
				_	5	25
						20
Total inspected,	1962	******	64			
PORK:						
Parasites					384	1,920
					218	2,190
				4		795
				5		370
				2		510
				1	7	170
Total inspected,	1964		3.576			
		DISEASED	ANIMALS	1964	1963	1962
Beef				246	308	545
Veal				2	1	11
				6	6	6
Pork				560	858	1,422
		nned (lbs.)				

CARCASSES FOUND TO BE INFECTED WITH T.B.

Infected 21	9 384	810
Percent 6.1.	3 5.36	6.49
FOOD:	1964	1963
Complaints processed	. 81	
Samples submitted to Provincial Laboratory		27
Foodstuffs condemned lbs damaged by fire, flood, etc.	. 600	209
Foodstuffs condemned lbs. — other reasons	2,681	35

PORK:

MILK AND WATER REPORT

The addition of one processor-distributor has materially increased the area under inspection, adding approximately 40 new producers to the present large load covered by the field inspector.

Several innovations in the packaging of fluid milk have been introduced. One dairy has brought out a moulded plastic container on a single-service basis. Other dairies have replaced the wax lined carton with one plastic lined in a variety of sizes. The eight quart plastic (in cardboard) container has been well accepted especially by the larger consuming families. Individual coffee cream containers have been made available to the restaurant trade but have not proved popular owing to the increased cost.

The amalgamation of Jasper Place added several semi public swimming pools, a number of which required additional attention to bring them to standard. There are now approxmately 35 such swmming pools in the city requiring routine supervision.

The city water supply continues to be of a high quality as shown by the lack of coliforms and the low total bacteria count on the regular samples taken throughout the distribution system.

		1964		1963
		No. of Inspections	Total No. Premises	No. of
INSPECTIONS:	Premises	inspections	Fremises	Inspections
Producer-shippers milk	. 467	1,053	457	1,185
Producer-shippers, cream		57	43	74
Producer-contacts		165		143
Pasteurization plants-contacts		204		192
Pasteurization plants	. 6	207	6	201
Vehicles		570		522
Others, complaints, etc.		10		18
LICENSES AND PERMITS:				
Retail milk certificates issued		785		720
Dairy licenses issued		485		500
Dairy licenses refused				-
Dairy licenses suspended temporarily		-		-
Permits issued to cow keepers in the city		2		3
SAMPLES:		704		500
Milk samples taken, retail		706 5286		502
Milk samples taken, shippers		227		4,807
Cream samples taken Chocolate milk samples		221		6
Ice cream samples				0
	-	_		
TESTS-MILK:				
Standard plate count tests		933		702
Coliform tests		933		702
Phosphatase tests		933		693
Methylene blue tests		5,196		4,671
Butterfat tests	-	933		701
RESTAURANTS:		240		
Swab tests of utensils	-	368		
WATER:				
Standard plate count tests	-	2,188		2,092
Coliform tests	•	2,188		2,092
Chlorine content checks		1,258		983
Raw river water plate count tests		101		92
SWIMMING POOLS:				
Plate count tests		1,286		1,061
Coliform tests		1,286		1,061
Inspections		354		225
Student days	- 1	12		6
WELL WATER:				
Water samples taken		2		4
Negative		2		4
Positive		-		-
Wells chlorinated				-

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- \$568,433 - 19,442 - 2,345			3,879 34,550 56,409	
	Medical supplies Printing, postage and stationery Fransportation and cars		Miscellaneous	
		and travel		
		avel		
	ionery			
ipment .	Medical supplies		nsions nance	
Salaries Furniture and equipment Eye glasses	Medical supplies Printing, postage and s Transportation and care	Felephones, adverti Uniforms	Miscellaneous Insurance and pensions Space and maintenance	

Cost per capita - \$2.02

CLASSIFICATION OF EXPENDITURES, 1964

19,442 2,345 7,150 8,287 3,413 1,517 1,517 3,413 3,413 3,479 3,479 3,479 3,479 \$724,208 5568,433 Total Expenditure \$9,745 \$6,913 1,209 160' 124 402 Special 888 992 922 473 311 789 628 8,961 \$41,466 7,671 \$63,101 8.71% Dental \$290,441 5,847 2,345 3,366 \$340,899 3,682 8,386 733 593 338 16,207 8,961 Services School \$64,328 8.81% 267 4,806 229 119 227 44 \$58,633 Sanitation \$82,069 188 640 ,519 194 226 530 \$61,157 16,923 Well Baby \$10,705 420 \$10,280 1 Food and Meat Control ł J. \$17,904 2.47% 1,843 108 51 40 68 Supervision Dairy Milk and \$15,788 \$79,795 \$58,358 26 1,375 Cable Disease Control 748 217 553 870 16,923 1 1 -inumno) \$25,397 5,660 53,850 485 430 4,641 \$55,662 7.43% tration 301 -sinimbA Telephones, advertising and travel Printing, postage and stationery Furniture and equipment Transportation and cars Space and maintenance Insurance and pensions TOTALS Medical supplies Miscellaneous Eye glasses ... Uniforms Salaries

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THE LOCAL BOARD OF HEALTH







