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CITY OF CALGARY

DEPARTMENT OF PUBLIC HEALTH

Annual Report for the Year 1963

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His Worship the Mayor, City Commissioners, Members of City Council.

Gentlemen:

I have the honour to present the annual report and financial statement of the City Health Department for the year 1963.

The civic census taken in March 1963 disclosed that the population had been enumerated as 276,975. The over-all increase in population for 1963 is 7,907 for a percentage increase of 2.94%. On August 15th, 1963, the Village of Montgomery was incorporated within the City limits of Calgary. The Montgomery population, 4,680 persons, is not included in the over-all population increase figure of 7,907. As the Village was only a part of Calgary for $4\frac{1}{2}$ months in the year 1963, its population has not been included in the calculations of the statistics appearing in this report. The natural increase in the population for 1963, or the difference in number between the actual births and the deaths of City residents, was 6,252 (i.e. 8,032 minus 1,780 deaths). The figure is 72 more than the natural increase recorded in the previous year. It should be pointed out that the difference between the over-all population increase (7,907) and the natural increase (6,252) or 1,655 represents the approximate number of persons who have come from other places to live in the City.

The figures below show the trend over the last five years.

Year	Census Population	Over-all Increase	% Increase	Natural Increase Residents	100	evious Year
1963	276,975	7,907	2.94	6,252	24	72
1962	269,068	27,393	11.33	6,180	14	372
1961	241,675	6,247	2.65	5,808	26	136
1960	235,428	17,010	7.79	5,944	+	220
1959	218,418	11,587	5,60	. 5,724	+	550

The rates appearing in the statistical tables of the report are based on the 1963 civic census population of 276,975.

The number of marriages recorded during the year numbered 2,171 for a rate of 7.8. This is a decrease over the previous year of 174 marriages despite an increased population. The marriage rate has been steadily declining over the past three years. This decline may be partially attributed to the low birth rate during the years of World War II. The rate of 7.8 per 1,000 is still above the national and provincial averages.

Year	Marriages	Rate per 1,000 Population
1963	2,171	7.8
1962	2,345	8.7
1961	2,331	9.6
1960	2,276	9.7
1959	2,316	10.6

- 1 -

His Worship the Mayor, City Commissioners, Hembers of City Council,

Contlonen

I have the honour to present the ennual report and financial state-

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The gross number of births registered in the City during the year totalled 9,084 representing a rate of 32.8 per 1,000 population. This figure includes births to parents not normally resident within the City limits. In 1963 there were 8,032 births registered for a rate of 29.0 per 1,000 to actual City residents. This net figure is an increase in births over the previous year of 100. There has been a steady drop in the birth rate over the last ten years since the high of 35.1 recorded in 1953. Though the net birth rate has been slowly dropping over the years, it is still well above the average for the whole of Canada. Included in the gross figure of births (9,084) are 771 illegitimate babies representing 8.5% of all births registered. 612 illegitimate births were recorded to females actually domiciled within the City boundaries or 7.6% of the net total (8,032). This figure of 612 is an increase over the previous year (530) of 82. It will be seen from the table that in the age group 13 - 19 years there were 286 illegitimate births to girls classed as teenagers, with 285 in the 20 - 24 age group.

The number of illegitimate births has been steadily increasing over the last several years. More leisure time and earlier freedom from parental control, coupled with earlier physical maturity of youth, are factors responsible for this rising figure.

ILLEGITIMATE BIRTHS - 1963

Month	City	Out	13	14	15	16	17	18	19	20-24	25-30		1st Child		Prev.	Total
Jan.	42	14		110	2	4	5	4	3	26	10	2	37	19	6	56
Feb.	62	10		10000		4	4	8	9	28	7	12	46	26	15	72
Mar.	62	7	- 0	def	1	7	5	7	6	*23	11	9	48	21	. 8	69
Apr.	46	12	a h	2	1	5	4	8	7	*20	8	3	41	17	4	58
May	64	14	E.VO		3	6	7	8	9	26	12	7	52	26	16	78
June	48	9			,	2	4	6	8	26	7	4	39	18	10	57
July	44	24	1		2	1	5	4	7	26	15	7	40	28	17	68
Aug.	63	14	541		1	4	8	11	10	*26	ė	9	52	25	13	77
Sep.	47	13			1	3	5	6	5	*20	14	6	39	21	15	60
Oct.	49	17		1	1	3	6	4	10	27	10	4	42	24	9	66
Nov.	;35	11				1	4	7	7	13	11	3	35	11	8	46
Dec.	150	14		900	1	3	3	4	8	24	12	9	43	21	12	64
TOTAL	612	159	1	3	13	43	60	77	89	285	125	75	514	257	133	771

^{*} There were 4 sets of twins. 133 mothers were previously married.

^{1963 -} Illegitimate births - 771 or 8.5% of all births in the City.

^{1962 -} Illegitimate births - 663 or 7.4% of all births in the City.

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VITAL STATISTICS REPORT

Population as shown by civic enumeration in the spring of 1963 was 276,975.

Live Births - 9,084 Rate per 1,000 population - 32.8 Stillbirths - 96 Rate per 1,000 live births - 10.6

Included in the above were 1,052 non-resident births and 13 non-resident stillbirths.

The gross number of stillbirths registered during the year numbered 96 for a rate of 0.35 per 1,000 population. The net figure of 83 represents residents only for a rate of 0.30. These figures have remained remarkably constant over the last several years. It is a family tragedy when the months of anticipation of the new baby expected in the home are saddened where the birth event results in a dead child.

Gross deaths during the year 1963 from all causes numbered 2,072 with a corresponding rate per 1,000 of population of 7.5. Gross deaths were actually down over the previous year by 12. This is the first time in five years that the figure has not been an increase over those recorded in the previous year. The net deaths of City residents totalled 1,780 for a rate of 6.4 per 1,000, a slight decrease over previous years. Deaths of non-residents numbered 292.

The following table shows the chief causes of death and is based on the gross deaths recorded.

The chief causes of death are:

1. Diseases of the heart and circulatory system, under code numbers A79 - A86, accounted for 509 deaths; vascular lesions affecting the central nervous system, under code number A70, accounted for 274 deaths. 509 + 274 = 783 2. Neoplasms - all forms, under code numbers A44 - A60 433 3. Diseases of the respiratory system, under code numbers A87 - A97, (pneumonia, bronchitis, emphysema, bronchiectasis, etc.) 136 4. Violent and accidental deaths, under code numbers AE138 - AE149 122 5. Certain diseases of early infancy, under code numbers A130 - A135 115 6. Diseases of the digestive system, under code numbers A99 - A107, (peptic ulcers, hernia, cirrhosis of liver, cholecystitis and cholelithiasis, etc.) 87 7. Congenital malformations 8. Diseases of the genito-urinary system, under code numbers A108 -All4, (nephritis, pyelitis, renal calculi, etc.) 38 13 9. Diabetes mellitus, under code number A63

VITAL STATISTICS REPORT

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 29 + 274 A50

 309 + 274 A50

 433

 3. Neoplasma all forms, under code numbers A81 A87,
 (pheumonia, branchitis, emphysions, branchimotasis, ato.)

 3. Violent and actidental deaths, under code numbers A8138 A8149

 3. Certain discasse of early infancy, under code numbers A130 A135

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 6. Consenttal maiformations

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 - 9. Disbetes callitus, under code number A63

Deaths from communicable diseases:

1.	Tuberculosis	4
2.	Infectious Hepatitis	1
3.	Aseptic Meningitis	1

Diseases affecting the heart and circulatory system, together with vascular lesions of the central nervous system, accounted for 37.4% of all mortality in 1963. Diseases in this group showed a slight increase in incidence (783) over the same classification in the previous year (775). Diseases affecting the cardio-vascular system remain the chief cause responsible for ending life. Heart disease occurs generally in the period from mid-adult life to old age. With the increasing life expectancy there will be a greater number of persons at risk in this age group; consequently the number of deaths will increase. Much sound advice is given in the doctor's consulting room, through pamphlets and by the news media on how to stave off heart disease. Those who are overweight should seriously attempt to reduce under their physicians' supervision. The commonest cause of overweight is overeating. Coronary heart disease is taking an increasing toll of human life, especially the adult males. Obesity, heavy cigarette smoking, high blood pressure and physical inactivity have been shown to be associated with the significantly increased incidence of this disease. Everyone should indulge in some form of simple physical exercise or take part in some form of recreational activity. It is only in this way that the heart and circulation retains its tone over the years. Too many people continue to drive everywhere in their automobile or to rely on the elevator taking them to their office. A good brisk walk or simply climbing several flights of stairs during the week are good preventive measures in warding off heart ailments.

Malignant diseases of all forms accounted for 20.9% of deaths, an increase over the previous year. The Canadian Cancer Society carries on year by year an excellent educational campaign to make the public aware of the early danger signs of malignant disease and urging persons with early danger signals to consult their family doctor without delay. Again, with increasing longevity, the incidence of death from these conditions will continue to rise. Early diagnosis provides the only hope for a successful outcome. Many forms of cancer are often too far advanced before the sufferer consults his physician.

During 1963 there were many profound reports of the increasing incidence of cancer of the lung and the relationship to it of cigarette smoking. At the time these reports are current news many people make good resolutions to . give up smoking. As a rule, these good resolutions are short lived for many. In 1963 a total of 66 persons died in Calgary of cancer of the lung. This is an increase of 16 cases over the previous year. 55 were males and 11 females. 53 were City residents and 16 cases were from surrounding communities. Of the 53 City cases, 43 were men and 10 female. These figures serve to emphasize that in the male sex the risk is greater than in the female. This figure of 66 deaths from this disease is more than double the cases recorded six years ago when the total incidence for all forms of this disease numbered 31 cases. Studies continue to be reported in many countries on the rising incidence of lung cancer and all point to very valid evidence that it is undoubtedly greatest in persons who have been heavy cigarette smokers. Those who insist on smoking should ensure that they accept a chest x-ray every year for their own safeguard. Only by early detection through an x-ray may the victim have a slim chance of a successful cure.

Deaths from communicable direasest

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Malignant diseases of all forms accounted for 70.9% of deaths, an increase over the previous year. The Canadian Canadian Canadia Society carries on year by year an excilent adventional canadign to make the public aware of the early danger alguals to consult their family doctor without delay. Again, with increasing longwity, the incidence of death trum them conditions will continue to rise. Early diagnosts provides the only hope for a successful outcome, Meny forms of cancer are often too far advanced belows the sufferer consults his physician.

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Though no further survey was conducted this year on the smoking habits of school pupils, the nursing staff used the film strip "To Smoke Or Not To Smoke" and the pamphlets available from the Cancer Society in an effort to dissuade the younger generation from ever starting to smoke. The matter of lung cancer and tobacco smoking offers a challenge to Public Health to solve in the future.

Violent and accidental deaths during the year totalled 122, 15 less than for the same category last year. 103 victims were City residents with 19 recorded as from out of town. 5.8% of the total deaths were due to violence in some form or another. Motor accidents accounted for the deaths of 25 City residents. Five deaths were due to accidental poisoning, all of them males. Accidental falls accounted for a total of 31 deaths. Death from this cause is highest in the age group 60 and over. In this category of deaths from violence are included not only deaths due to vehicle mishaps but accidents with firearms, drownings, suicides and homicides. Despite campaigns carried out on an all-year-round basis to make the public safety conscious, to exercise every precaution and respect for firearms and water, every year sees an appalling and needless loss of life from these causes. There were 156 deaths ascribed to ill defined and unknown causes.

In 1963 there were 187 deaths of infants in their first year of life, representing a rate of 20.6 per 1,000 live births. This figure includes 31 non-resident infant deaths. The 156 deaths of infants to City residents represents a net infant mortality rate of 19.4 per 1,000 live births. Gross deaths are 11 fewer than in 1962. Prematurity, congenital malformations and birth injuries account for over 60.0% of the deaths in this category. This figure remains fairly constant over the years. 92 infant deaths or 50.1% occurred in the first 24 hours after delivery. 127 or 67.7% of deaths occurred within the first week of delivery and 141 or 75.4% occurred during the first month.

There were no deaths due to childbirth during the current year although one resident died as the result of an illegal abortion. The fact that no maternal deaths were recorded during the year is a credit to the competence and skill of the medical profession.

Cases of communicable diseases reported to the Department during 1963 totalled 3,268. This is an actual decrease of official reportings from the previous year. The continued use by the medical profession of the new communicable disease reporting forms has been instrumental in compiling a more accurate picture of incidence in the community. Although reportings are by no means complete, recording is showing improvement.

The reporting of measles cases is generally fairly good. Through the Division of Communicable Disease Control, all children under three years of age who had been a direct contact of a case of measles were given a dose of gamma globulin by a Public Health Nurse, in an attempt to modify the severity of the attack in these contacts. The Nurse visits the home to administer the gamma globulin and at the same time achieves much in the way of health teaching to the family during the visit. Where the gamma globulin was administered to a younger sibling the severity of the attack was invariably quite mild. This programme has been greatly appreciated by the mothers.

Both the live and killed measles vaccines became available in Canada to the medical profession during October 1963 for active immunization against this disease. Generally speaking, its use in this area has not been extensive as yet. Though measles is often lightly regarded by the general

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public, it is in many instances responsible for much serious disability. In any family where there is a "delicate" child who has not had measles, every effort should be made to have the child inoculated with this vaccine.

It is again satisfying to report that there were no cases of diphtheria during the year. Three diphtheria carriers were discovered, but the organism in each instance proved to be avirulent.

There were 169 cases of infectious hepatitis reported with one death in an adult. The incidence of this disease during the period under review was only about one half reported during the previous year. For every frank case of this disease diagnosed, there are probably five or six subclinical cases that go unrecognized and act as a reservoir of infection within the community. Increasing attention to personal hygiene and sanitary practices both in the home and at work offer the best protection against this disabling disease. Gamma globulin inoculations were given to all family contacts by the Health Nurses in an effort to prevent spread within the family. Reporting of this disease is believed to be fairly accurate, as unless it is reported to the Department gamma globulin is not available for the family contacts.

There were 28 cases of pulmonary tuberculosis and 13 cases of non-pulmonary tuberculosis admitted for treatment to the Sanatorium from amongst City residents during the year. Although no longer the scourge of former years, it is by no means a disease of the past. Males outnumbered females in incidence by nearly two to one. The majority of cases were found in the older age group; nevertheless six children under the age of five years required admission to the Sanatorium for treatment.

Tuberculin testing and widespread acceptance of a yearly chest x-ray film by the public is a sound answer to discovering cases in the early stages, which may otherwise go undetected within the community. The Department conducted a tuberculin testing programme on all school pupils in Grades 1, IX and X during the year where the parents signed the consent slip. Every child showing a positive reaction is given a chest x-ray. A home visit is made by a Nurse in every instance and each member of the family skin tested and x-rayed where warranted. The degree of response and co-operation improves every year.

There was only one case of poliomyelitis diagnosed during the year. There were 13 cases diagnosed as aseptic meningitis. This is the lowest incidence of these viral diseases in the past decade. A high acceptance rate of immunization protection against poliomyelitis has been responsible for the virtual elimination of poliomyelitis in the community.

With the reporting of western equine encephalomyelitis amongst the horses in Saskatchewan and in the Hanna district to the east of the City there was some concern that it might become evident in this area. There was considerable publicity given to the disease which is of viral origin. Birds are believed to be the natural reservoir of the disease, the virus being transmitted to horses and man by the female mosquito. There was, however, no evidence of this disease in the immediate environs of the City.

The programme to inoculate the City population with Sabin oral poliomyelitis vaccine, which had been postponed from November 1962, got underway in mid-January. The vaccine was made available in all areas of the Province simultaneously during a two-week period in January and March. The programme called for two doses of the vaccine administered at an interval of six weeks

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- 7 -

between first and second dose. Only persons who had previously received three doses of the Salk polio vaccine were declared eligible for this oral vaccine. Babies who had completed four doses of the quadruple vaccine were also eligible. This meant that babies under one year of age were excluded from the programme.

A letter to parents, giving full details about the mode of administration, the dosage, details as to who would be eligible, together with information about the safety and mode of action of the vaccine, was prepared. 65,000 of these letters together with a combined consent and record card were filled into envelopes by the volunteer effort of the men of the Calgary Fire Department. This work was cheerfully accepted and accomplished at a time when these men were actually engaged in their Annual Christmas Toy Campaign. This wonderful contribution of time and effort by the City Firemen deserves a special vote of thanks not only from the Health Department but from all parents. The success of the campaign in the schools was in no small way due to the great amount of help received from the Fire Department in getting the information packaged for distribution in the schools by the Public Health Nurses.

Thirty-six public feeding stations were selected at strategic points within the City to provide the best coverage for the preschool children and adults who would be eligible to receive the vaccine. Some 4,500 volunteer recorders and helpers were obtained from the Home and School Associations of the schools selected as feeding stations. Each volunteer donated a period of three hours in support of the programme. I should again like to take this opportunity to thank those who helped in this very worth-while Public Health programme. The Public Health Nurses administered the vaccine to school children in the schools and kindergartens each morning, administered the vaccine at the afternoon sessions and again worked at the evening clinics from 6:30 to 9:00 p.m.

A specially compounded sugar cube was formulated for the City by the British Columbia Sugar Refining Company which rapidly absorbed the ½ c.c. dose of vaccine yet did not disintegrate when grasped between the fingers.

It was unfortunate that the two, two-weekly periods in both January and March coincided with the coldest periods of the winter. Despite the bad weather the following numbers of persons received Sabin vaccine.

	1st Dose	2nd Dose
Infants & Preschool Children	14,244	10,436
School Children	50,676	46,872
Adult Males	11,658	8,127
Adult Females	14,537	9,435
Totals	91,115	74,870

No serious complications resulted in this area from this mass vaccination campaign. A considerable number of reactions to the vaccine were reported to the Department which were investigated and followed up. None of these were of a serious nature and no incidence of disability was recorded.

The incidence of cases of venereal disease during 1963 was less than in the previous year. There was a total of 598 cases of gonorrhoea and 25 cases of syphilis, a reduction of 143 cases of gonorrhoea from last year

- 8 -

and an increase in the incidence of syphilis of seven over the previous year.

Despite population increase the incidence of these diseases in this area is not showing the sharp upward trends reported in the United States and elsewhere.

During 1963 the management of all businesses connected with food service was contacted to enlist their co-operation in requiring all established employees to accept a chest x-ray on a yearly basis and to require a pre-employment x-ray for all new staff. This service was generally well accepted by the larger firms engaged in the food service business, but poorly accepted by the smaller firms. The Department introduced a wallet-sized card recording date and result of the x-ray which was mailed to all who reported. It was felt that the card retained in a wallet will serve as a reminder for repeat examinations at the proper interval.

From the first graduating class of Dental Auxiliaries at the University of Alberta, the Department was fortunate in obtaining two Dental Hygienists to work in the City Dental Department. A reactivation of the programme offering topical fluoride painting of 8% stannous fluoride was instituted for all children in Grade I completing the application form. A charge of \$1.00 is made for this procedure. Both the child and parent receive a comprehensive talk on the need for good oral hygiene whilst the painting procedure is in progress. This service was further extended to the pre-school group of children who attend at the infant welfare centres. It is hoped to add to the Dental Hygienist staff when the next graduating class completes their course in 1964.

Dr. K. A. Barrett, the Assistant Medical Officer of Health, resigned at the end of June to return to Ireland to take a post graduate study course in pediatrics. We welcomed back to the Department Dr. Agnes E. O'Neil as the Assistant Medical Officer of Health in November. Dr. O'Neil had been the Medical Officer of the Big Country Health Unit in Alberta since leaving the Department in 1960. She has had a good number of years of experience in the field of Public Health and has much to contribute to improving many of the existing programmes.

During the year 138 student nurses from the Calgary General Hospital spent one day apiece with the Public Health Nurses observing the programme. Field training was provided by the Department for four Public Health Nurses from the University of Alberta. These girls spend a period of two weeks in the Department and had an opportunity to participate in all phases of Public Health work. Three Dental Auxiliaries from the University of Alberta were assigned to the Dental Division to observe and participate in the Dental programme.

A considerable amount of work beyond that usually considered as Públic Health practice has been undertaken for other City Departments, notably Welfare, Children's Aid and Personnel.

The Department would wish to pay tribute to the ladies who regularly assist in the inoculation centres by acting as recorders and at the Well Baby Clinics where they assist the Nurses.

The Department is most appreciative of the help, advice and guidance given throughout the year by the following:

His Worship the Mayor, Board of Commissioners and Members of City Council,

Members of the Calgary Public and Separate School Boards,

Superintendents and staffs of the Provincial Sanatoria and Mental Hospitals and Institutions,

Alberta and Calgary (Kinsmen's Club) Tuberculosis Association,

Provincial Cancer Clinic,

Provincial Guidance Clinic,

Provincial Social Hygiene Clinic,

Victorian Order of Nurses,

Metropolitan Life Assurance Company,

Provincial Department of Health,

The Director and Staff of the Provincial Laboratory of Public Health, Southern Branch,

Calgary General Hospital and Holy Cross Hospital Staffs,

The Calgary Press, Radio and Television Stations and to the many Volunteer Workers in the City.

In closing this report, a word of thanks must go to all the members of the staff of this Department because without their loyalty, co-operation and the hard endeavour with which their duties have been carried out, the Medical Officer of Health would have no accomplishments to report.

Respectfully submitted,

Leslie C. Allan, M.B., Ch.B., D.P.H., Medical Officer of Health.

TABLE NO. I

Live Births 1959 - 1963

Out of 9,084 live-born babies registered in 1963, 2,803 were premature (the gestation period recorded as 39 weeks or less) - this represents 30.8% of all births.

Year	Population	No. Including Non-Residents	Rate per 1,000 Population	No. Residents Only	Rate per 1,000 Population
1963	276,975	9,084	32.8	8,032	29.0
1962	269,068	9,006	33.5	7,932	29.5
1961	241,675	9,047	37.4	7,388	30.6
1960	235,428	9,071	38.5	7,471	31.7
1959	218,418	8,781	40.2	7,190	32.9

TABLE NO. 2

Stillbirths 1959 - 1963

Year	Population	No. Including Non-Residents	Rate per 1,000 Population	No. Residents Only	Rate per 1,000 Population
1963	276,975	96	0.35	83	0.30
1962	269,068	92	0.34	79	0.29
1961	241,675	89	0.37	66	0.27
1960	235,428	86	0.37	65	0.28
1959	218,418	84	0.38	75	0.34

MARR LAGES

Number performed in 1963 was 2,171. Rate per 1,000 population - 7.8.

DEATHS

From all causes a total of 2,072 deaths were reported, being a rate of 7.5 per thousand population, including 292 deaths of non-residents.

TABLE NO. 3

MORTALITY RATE (Exclusive of Stillbirths) - 1959 - 1963

Year	No. Deaths Including Non-Residents	Rate per 1,000 Population	No. Residents Only	Rate per 1,000 Population
1963	2,072	7.5	1,780	6.4
1962	2,084	7.7	1,752	6.5
1961	1,921	7.9	1,580	6.5
1960	1,848	7.8	1,527	6.5
1959	1,830	8.4	1,466	6.7

I .OM RIMAT

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Out of 8,084 live-born babies registered in 1963, 2,803 vers premaredre (the gentation period recorded as 38 weeks or less) this represents 30.8% of all birthm.

EASILE NO. 2

Seriistring 1959 - 1963

SECTIONS OF STATES

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SHAWARD

From all causes a total of 2,072 deaths were reported, being a rate of 7.5 per thousand population, including 202 deaths of non-residents.

C . OH MIGHT

MORTALITY RATE (Exclusive of Scillificial) - 1959 - 1955

TABLE NO. 4

Chief Causes of Deaths, 1961, 1962 & 1963 (total number including non-residents)

No.	Numbe	er of I	Deaths	Rate	per 10	00,000
Causes of Death	1963	1962	1961	1963	1962	1961
Diseases of the heart, arteries and kidneys, including apoplexy	814	809	748	293.9	300.7	309.5
Cancer - all forms	433	421	323	156.3	156.5	133.6
Violent and Accidental Deaths	122	137	135	44.0	50.9	55.9
Certain Diseases of Early Infancy	115	120	131	41.5	44.6	54.2
Pneumonia, Bronchitis & Influenza	103	80	69	37.2	29.7	28.5
Congenital Malformations	40	44	60	14.4	16.3	24.8
Diabetes Mellitus	13	27	23	4.7	10.0	9.5
Communicable diseases (other than T.B., Pneumonia & Influenza)	1	4	5	0.3	1.5	2.1
*Tuberculosis - all forms	4	1	2	1.4	0.4	0.8
All other causes	427	441	425	154.2	163.9	175.8
Totals	2,072	2,084	1,921			

^{*} See Table No. 10 and Deaths in Sanatorium.

INFANT MORTALITY

The infant mortality rate for the municipality, including deaths of non-residents, is presented in the following tables for the year 1963 and the preceding four years.

TABLE NO. 5

Deaths of Infants in the First Year of Life - 1959 - 1963

Tive precis	1963	1962	1961	1960	1959
Number of Infant Deaths	187	198	223	190	207
Rate per 1,000 Live Births	20.6	22.0	24.6	20.9	23.6

Number of deaths of non-residents included in the above:

1963 - 31; 1962 - 37; 1961 - 51; 1960 - 32; 1959 - 35.

A ON SHEAT

Chief Causes of Destin, (96), 1961 S 1963 (total number including non-residents)

See Table No. 10 and Deaths to Sanstorthin.

THEFAUL PRACTICE

The infant mortality rate for the municipality, including deaths of mon-residence, is presented in the following tables for the year 1967 and the preceding four years.

ZV.OH BIRAT

leaths of Infants in the First Year of Life - 1959 - 1953

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1963 - 31; 1962 - 37; 1961 - 51; 1960 - 32; 1959 - 35.

TABLE NO. 6

Infant Mortality by Causes of Deaths 1959 - 1963

Causes of Deaths	1963	1962	1961	1960	1959
Immaturity & ill-defined diseases	71	70	73	68	100
Congenital Malformations	40	42	42	37	34
Postnatal asphyxia and atelectasis	23	26	17	10	10
Pneumonia	13	16	19	12	13
Haemolytic disease of the newborn	6	3	7	3	5
Injuries at birth	5	1	14	. 24	13
All other causes	29	40	51	36	32
Total	187	198	223	190	207

Of the 187 infant deaths registered this year, 92 occurred within the first twenty-four hours, 35 within the first week and 14 within the first month, representing 75.4% of the total.

MATERNAL DEATHS

One resident of Calgary died as a result of an illegal abortion. There were no deaths of mothers due to puerperal causes in 1963.

Maternal Mortality (Including Non-residents) 1959 - 1963

Year	Live Births	Number of Maternal Deaths	Rate per 1,000 Live Births
1963	9,084	1 .	0.11
. 1962	9,006	1	0.11
1961	9,047	1	0.11
1960	9,071	1	0.11
1959	8,781	2	0.23

Number of deaths of non-residents included in the above:-

1963 - 0 1962 - 1 1961 - 0 1960 - 0 1959 - 1

Taken Murralton by Course of South 1970 - 1984

Of the 187 infant deaths registered this year, 92 occurred within the first tenty-four hours, 15 within the first week and 14 within the first wonth, representing 75.4% of the total.

MATERINAL DEATHS

One resident of Calgary died as a result of an illegal abortion. There

Markernel Markel (to lading Non-residents) 1959 - 1981

	1961

Mumber of deaths of non-residents included in the abovet-

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eant.

0 - 1981

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- 12 -TABLE NO. 6

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	10.00		
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1963	9,084	1 1	0.11
. 1962	9,006	1	0.11
1961	9,047	239 449 1 491	0.11
1960	9,071	1632 1183 1 1897	0.11
1959	8,781	2	0.23

Number of deaths of non-residents included in the above:-

1963 - 0

1962 - 1

1961 - 0

1960 - 0

1959 - 1

Tefant Mortality by Causes of Deaths 1959 - 1961

Of the 187 intent deaths registered this year, 92 occurred within the first buenty-four hours, 35 within the first wook and 14 within the first month, restaughten 75.5% of the total.

MATERIAL DEATES

One resident of Calgory died as a result of an illegal shortion. There were no deaths of morhers due to puerperal causes in 1963.

Material Mortelity (Including Non-residence) 1959 - 1963

Number of deaths of non-residents included in the shover-

1963 - 0

1962 - 1

0 - 1951

0 - 0001

- 6501

TABLE NO. 8

Causes of Maternal Deaths - 1963

Causes of Death	Number Including Non - Residents	Residents Only	
Abortions (septic & non-septic)	1	1	
Accidents of Labour			
Puerperal Toxaemias	la Sentoria De		
Puerperal Sepsis	-	-	
Other Puerperal Causes	- 14	-315	

TABLE NO. 9

Reported Cases and Deaths From Communicable Diseases in 1963 (Residents Only)

	Cases		0 - 4 yr.		5 - 14 yrs.		15 & over		Totals	
Disease	М	F			Cases	Dths.	Cases	Dths.	Cases	Dths
Amoebiasis	1	-					1		1	
Aseptic Meningitis	7	6			9		4	1	13	1
Bacillary Dysentery	1	1	AND N		1		1		2	
Diphtheria Carrier	3	-			2		1		3	
Infectious Hepatitis	83	86	9		75		85	1	169	1
Measles	1005	955	855	APR S	1086		19	Tours !	1960	
Meningococcal Meningitis	2	-	1	- 19			1		2	
Paralytic Polio- myelitis	1	-	1	1					1	
Rubella	177	211	101		270		17	- PARTE	388	Le Pai
Salmonella Infection	15	8	14		4		5		23	
Scarlet Fever & Strep Throat	112	109	51		156		14		221	
Tuberculosis, Pulm.	18	10	4		2		22	4	28	4
Tuberculosis, Non- Pulmonary	6	7			1		12	100	13	
Whooping Cough	205	239	149		291		4		444	
Totals	1636	1632	1185	-	1897	-	186	6	3268	6

B ON BIESE

Caused of Material Peachs - 1961

EABLE NO. 9

Reported Cases and Donths From Communicable Discounts in 1963 (Seatdonts Only)

	10.				

TABLE NO. 10

Reported Cases and Deaths from Tuberculosis 1959 - 1963

Year	New Active Cases	Number of Deaths In City	Number of Deaths In Sanatoria	Total Deaths	Rate per 100,000 Population
1963	41	4 4 4 4	11	15	5.4
1962	46	1	6	7	2.6
1961	45	2	8	10	4.1
1960	60 "	the blood, and blood	8	11	4.7
1959	54	Monagarot 1 and	9	10	4.6

TABLE NO. 11

Reported Cases and Deaths from Diphtheria, Infectious Hepatitis, Measles, Scarlet Fever and Whooping Cough 1961 - 1963

sylmony system	s genito-	Cases			Deaths	1.	Mortality Rate Per 100,000 Population			
IR Distance and	1961	1962	1963	1961	1962	1963	1961	1962	1963	
Diphtheria	ah i bibara	-	-	5	-	-	-	-	-	
Infectious Hepatitis	223	343	169	3	3	1	1.2	1.1	.36	
Measles	811	3172	1960	1	-	-	.41	-	-	
Scarlet Fever	195	173	221	-	-	-	-	-	-	
Whooping Cough	34	216	444	-		-	-	-	-	

DI .ON BERRE

Reported Cames and Deaths from Tuberculouis 1959 - 1953

II .ON BLEAT

Reported Cases and Duaths from Diphtheria, Infectious Mappitels, Messies, Starlet Fager and Whooping Cough 1951 - 1963

CAUSES OF DEATH BY AGE AND SEX (GROSS) 1963

The state of the s		1	1	1					-	
Lion Couses of Deaths	Males	Females	Under 24 hours	Under One Year	1 - 4 Years	5 - 19 Years	20 - 39 Years	40 - 59 Years	60 Years & Over	TOTALS
1. Infective and parasitic diseases	4	5	12	1			1	2	5	9
2. Neoplasms	246	187	1	1	7	8	16	113	287	433
 Allergic, endocrine system, meta- bolic and nutritional diseases, diseases of the blood and blood- forming organs 	17	15		1			4	3	24	32
4. Mental, psychoneurotic and personality disorders	4		li				1	2	2	. 4
5. Diseases of the nervous system and sense organs	168	136	1	1	1	1	7	34	259	304
6. Diseases of the circulatory system	305	204	7	1	1	1	10	73	423	509
7. Diseases of the respiratory system	89	47	1	5		4	3	12	111	136
8. Diseases of the digestive system	59	28		5	2	2	5	22	51	87
9. Diseases of the genito- urinary system	23	15		1.			7	7	23	38
10. Diseases and complications of pregnancy, childbirth & puerperium		1					1		2	1
11. Diseases of the skin and cellular tissue Diseases of the bones and organs of movement	2	1		1			1	25	2	3
12. Congenital malformations	21	19	6	25	2	4	2	. 1		40
13. Certain diseases of early infancy	77	38	83	32			1	-3	6	115
14. Symptoms, senility and ill- defined conditions	170	69		20	1		3	44	171	239
 15. Accidents, poisonings and violence	89	33	73	1	9	14	28	22	48	122
TOTALS	1274	798	92	95	23	34	87	335	1406	2072
Stillbirths	54	42			-					

CAUSES OF DEATH BY AGE AND SEX (GROSS) 1963

					ENGO!
					6
					433
					32
					4
					136
					04

Causes of Deaths

Intermediate List of 150 Causes

		11		co				Age	at D	eath	6 8
List No.	Causes of Deaths	Sex	Total	Residents	Non-Res.	Under 1 yr.	1 - 4	5 - 19	20 - 39	40 - 59	60 yrs.
A 1	Tuberculosis of resp. system	MF	2 2	2 2				1		1	1 2
A 10	Syphilis and the second and	M F	1 -	1						,	1 -
A 20	Septicaemia and pyaemia	M F	- 1		1		-			10	1
A 29	Acute infectious encephalitis	MF	- 1	1	2	-	1	1	3	1	-
A 34	Infectious Hepatitis	MF	- 1	1	3		3	i.	1	2	:
A 43	All other diseases classified as infective and parasitic	M	1	51	3	1			1		-
A 44	Malignant neoplasm of buccal cavity and pharynx	MF	7 2	7 2		1				1 1	6
A 45	Malignant neoplasm of esophagus	M F	6 4	4	2					2	4
A 46	Malignant neoplasm of stomach	MF	19 11	19 10	1					3 2	16 9
A 47	Malignant neoplasm of intestine except rectum	MF	29 20	25 18	4 2				1	4 2	24
A 48	Malignant neoplasm of rectum	MF	11 4	9	.5					2 2	9 2
A 49	Malignant neoplasm of larynx	MF	1 -	1	1						1
A 50	Malignant neoplasm of trachea, bronchus and lung	MF	55 11	43	12	i			1	20 7	34
A 51	Malignant neoplasm of breast	M F	35	29	6				2	20	13
A 52	Malignant neoplasm of cervix uteri	M		10					1	3	
A 53	Malignant neoplasm of other and unspecified parts of uterus	MF		9 3	1				1	13	
A 54	Malignant neoplasm of prostate	M F	23	100			1		3	1	22
	CARRIED FORWARD		261	222	39	1		-	6	72	182

Daniels of Passing

Internediate List of 150 Canners

				00	No.	1 113	A	ge	at D	eath	
List No.	Causes of Deaths	Sex	Total	Resident	Non-Res.	Under 1 yr.	1 - 4	5 - 19	20 - 39	40 - 59	60 yrs. & over
1-71	BROUGHT FORWARD		261	222	39	1			6	72	182
A 55	Malignant neoplasm of skin	M	2 6	2 6				1	1	1 3	2
A 56	Malignant neoplasm of bone and connective tissue	М	3	3				1	1	1	1
A 57	Malignant neoplasm of all other and unspecified sites	M F	65 58	58 56	7 2	1	2	2	1 3	12	48 39
A 58	Leukaemia and aleukaemia	M F	14 11	12 8	2 3		1 3	1	2 3	3 2	7 2
A 59	Lymphsarcoma and other neoplasms of lymphatic and haematopoietic system	MF	8 9	5 7	3 2				1	2 5	5 4
A 60	Benign neoplasms and neoplasms of unspecified nature	M F	3 2	3 1	1	1		1		1	1 1
A 62	Thyrotoxicosis with or without goiter	MF	-	9 8	1						1
A 63	Diabetes mellitus	MF	7 6	5 6	2				2		5 6
A 64	Avitaminosis and other deficiency states	MF	- 1	1							1
A 65	Anemias	M F	4 3	3	1					1	3
A 66	Allergic disorders; all other endocrine, metabolic and blood diseases	М	6	6		1			1	1	3
A 67	Psychoses	F M F	2	1	1				1	1	2
A 68	Psychoneuroses and disorders of personality	M	2	2					1	2	1
A 70	Vascular lesions affecting central nervous system	MF	144 130	120 107	24 23		1		1 3	11 15	132 111
A 92	CARRIED FORWARD	P	752	640	112	4	8	8	25	146	561

				500		-		Age	at I	Death	1
List No.	Causes of Deaths	Sex	Total	Residents	Non-Res.	Under One Year	1 - 4	5 - 19	20 - 39	40 - 59	60 years & over
	BROUGHT FORWARD		752	640	112	4	8	8	25	146	561
A 71	Non-meningococcal meningitis	M F	3	2	1	1				1	1 1
A 72	Multiple sclerosis	M F	1 1	1 1						1	1
A 73	Epilepsy	M F	3	3	5			1	1	1	9
A 78	All other diseases of the nervous system and sense organs	M F	17	16 2	1				1	3 1	13
A 79	Rheumatic Fever	M F	1 2	4	1 2			1		1 1	7
A 80	Chronic rheumatic heart disease	MF	13 11	9	4				3	6 2	1 7
A 81	Arteriosclerotic and degenera- tive heart disease	M F	226 125	189 116	37 9		1		3	35 10	187
A 82	Other diseases of heart	M F	24 28	20 27	4	1			1	2 1	2
A 83	Hypertension with heart disease	M F	10	9 8	1					2	2
A 84	Hypertension without mention of heart	M F	7 10	6 10	1				1	4 3	3
A 85	Diseases of the arteries	MF	12 11	11	1 1					1	1 1
A 86	Other diseases of circulatory system	M F	12 8	9 7	3				1	3	9
A 87	Acute respiratory infections	M F	1		1					1	
A 88	Influenza	M F	2 2	2 2					1		2
A 89	Lobar pneumonia	M F	8 2	7 2	1	1			1	1	2
A 90	Bronchopneumonia	M F	18 26	17 24	1 2			1 2		1	1 2
A 91	Primary atypical, other and unspecified pneumonia	MF	16	15 4	1	2			1	1	1
A 92	Acute bronchitis	MF	2 -	1	1	1		1	1		
	CARRIED FORWARD	-	1372	1182	190	12	9	14	40	231	106

				60			A	ge a	t De	ath	the second
List No.	Causes of Deaths	Sex	Total	Residents	Non-Res.	Under One Year	1 - 4	5 - 19	20 - 39	65 - 07	60 years and over
	BROUGHT FORWARD		1372	1182	190	12	9	14	40	231	1066
A 93	Bronchitis, chronic and unqualified	M	19	19					1	2	16
A 95	Empyema and abscess of lung	M F	1 -	2	1						1
A 97	All other respiratory diseases	M F	23 9	18 8	5	1				3	19 6
A 98	Ulcer of stomach	M F	6 2	6 2							6 2
A 100	Ulcer of duodenum	M	7	4	3	8	i				7
A 101	Gastritis and duodenitis	M F	1	1	4	2		1	1		1
A 102	Appendicitis	M F	1 -	1		4		1			
A 103	Intestinal obstruction and hernia	M	11 6	6	15	1 2	1		1	2	6 4
A 104	Gastroenteritis and colitis except diarrhoea of the newborn	M F	4 2	4 2	2	1 1	1		1		2
A 105	Cirrhosis of liver	M F	14 7	11 5	3 2	3		1	1	9 4	3
A 106	Cholelithiasis and cholecystitis	M	2 4	1 2	·1 2	1				2	2 2
A 107	Other diseases of the digestive system	M F	13	12 4	1 3	1			1	3 2	
A 109	Chronic, other, and unspecified nephritis	M F	7 9	7 8	-1	24			5	2 2	
A 110	Infections of kidney	M F	10		4	1			1	2	8 2
A 111	Calculi of urinary system	MF	1	118	9	13	1			1	
A 112	Hyperplasia of prostate	MF	5	4	1		1	5 3			5
A 114	Other diseases of genito- urinary system	M F	1 1	1	1.		3		1		1
	CARRIED FORWARD	-	1552	1329	223	19	11	16	53	268	1185

- 19 -

							As	Age	at	Death	
List No.	Causes of Deaths	Sex	Total	Residents	Non-Res.	Under One Year	1 - 4	5 - 19	20 - 39	40 - 59	60 years and over
	BROUGHT FORWARD		1552	1329	223	19	11	16	53	268	1185
A 119	Abortion with sepsis	M F	- 1	1	3				1	2 2	18
A 126	All other diseases of skin and musculoskeletal system	M F	2	2	1	1					2
A 127	Spina bifida and meningocele	M F	1 -	1		1					
A 128	Congenital malformations of circulatory system	M F	9	7 6	2 3	7 8	1 1		1		
A 129	All other congenital mal- formations	M F	11 10	7 7	4 3	9 6		1 3	1	1	
A 130	Birth injuries	M	4	4		4					
A 131	Postnatal asphyxia and atelec- tasis	M F	18 5	12 5		18			1	L	1
A 132	Infections of the newborn	MF	4 4	2 4		4					
A 133	Haemolytic disease of the newborn	M F	3 3	2 3	1	3				1	
A 134	All other defined diseases of early infancy	M F	1	1 1		1 1	23	34	3	133.	2
A 135	Ill defined diseases peculiar to infancy and immaturity unqualified	MF	47 24	41 20		47 24					
A 136	Senility without mention of psychosis	M F	45 25	42 23							4.
A 137	Ill-defined and unknown causes of morbidity and mortality	M F	125 44	116 40		13	1		3	37 7	
AE138	Motor vehicle accidents	M F	28 7	19 6			4	5	9	1	
AE139	Other transport accidents	M F	2 -	1	1			2			
AE140	Accidental poisoning	M F	7 -	5	2		3	1	2	2	
	CARRIED FORWARD		1994	1708	286	186	22	30	71	319	136

					1	

								e at	Dea	ath	
List No.	Causes of Deaths	Sex	Total	Residents	Non-Res.	Under One Year	1 - 4	5 - 19	20 - 39	40 - 59	60 years
Amonb	BROUGHT FORWARD		1994	1708	286	186	22	30	71	319	1366
A E141	Accidental falls.	M F	20 14	17 14	3	1 6	3			2 2	18
AE142	Accidents caused by machinery	M F	1 -	1	2						- :
AE143	Accidents caused by fire and explosion of combustible material	MF	1 1	1 1	5	3 10	17	18	1	23	19
AE144	Accidents caused by hot substance, corrosive liquid, steam and radiation	MF	1 -	1	L		1				
AE145	Accidents caused by firearms	M F	1 -	181	13	1 10	25.	1	40	195	1
AE146	Accidental drowning and submersion	M F	3 1	3	0	1	6	2	1	30	
AE147	All other accidental causes	M F	4	4			1		1	1	
AE148	Suicide and self-inflicted injury	M	19	16		3 19	34	37	8	8	
AE149	Homicide and injury purposely inflicted by other persons	M F	2 6	2 6		1 35	100	1	1 3	1	3
	TOTALS		2072	1780	292	187	23	34	87	335	140

COMMUNICABLE DISEASES REPORTED - 1963

	Jan	Feb	Mar	Apr	May	Jun	Ju1	Aug	Sep	Oct	Nov	Dec	Totals
Amoebiasis		1											1
Aseptic Meningitis	1				1		1	6	3	1			13
Bacillary Dysentery			1						1				2
Diphtheria Carrier			1			2							3
Infectious Hepatitis	19	18	17	18	4	5	5	7	17	18	18	23	169
Measles	1017	428	173	111	54	47	23	10	8	12	17	60	1960
Meningococcal Meningitis			-			1	1		1	1			2
Poliomyelitis, Paralytic				-	1	1	1						1
Rubella (German Measles)	6	18	15	17	18	13	11	10	25	20	40	195	388
Salmonella Infection	3	2	1	4	,	2	1	2	2	5		1	23
Scarlet Fever & Strep Throat	30	20	40	24	8	10	2	1	6	19	27	34	221
Tuberculosis, Pulmonary	1	1	2	1	3	4			2	5	3	6	28
Tuberculosis, Non-Pulmonary			2			4	2		1		2	2	13
Whooping Cough	32	48	65	60	29	58	25	19	34	37	15	22	444
Totals	1109	536	317	235	117	146	71	55	100	117	122	343	3268

Communicable Diseases, not Notifiable in the Province of Alberta, which were Reported by Public Health Nurses in Calgary Schools During 1963

775	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Totals
Chickenpox	71	62	52	68	38	80	16	10	10	186	285	182	1060
Mumps	82	56	28	51	34	32	-	5	5	36	58	74	461
Totals	153	118	80	119	72	112	16	15	15	222	343	256	1521

COMMUNICABLE DISEASES REPORTED - 1953

Communicable Diseases, not Notifiable in the Province of Alberta, which were Reported by Public Health Engus in Calgary Schools Dusting 1963

CITY OF CALGARY

POLIO AND ASEPTIC MENINGITIS CASES 1963

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							-	23	-					-	
		Totals	1	YEN	ON YOU	DI	1	1	1	9	2	1			14
1		Deaths	ona i	yph	110	0 4	ophi igui	i su l	Syphi	(lla	1	sbri	ad Ac	phs	1
Asep-	tic Menin-	gitis	1.		8		1	-	1	9	6	1			13
Polio	Non Para-	lytic	9												
	Polio Para-	lytic	5					1					1		1
	tatus	Nil	6					1			1				2
	Inoc. Status Doses	-	1				1		1	2	2	1			11
-	Echo I	II 1	8					-		1 1					1 1
lated	ckie E		3			_			1			-			
Virus Isolated	Coxsack		67					2	2	3	2		3		n
Vir	Polio Virus Coxsackie Type Virus	III III		,_			11			7		-			
1 Di		I	Ver	d c	1 0	of sea	e C	entre entre	in d	orin	100	13, 270	LOT	por n th	ed by
	Age 20 21+	FMF		at at	Eor		1	rphi	119	1 1	1 1	1	8 50	6.5	3 1 2
pto	Age 10 11-20	X.	1	200		7.0%	0.1	d l		1 2	1	OFFI S THE	50 to	eph los	1 4
con	Age Age 0-5 6-10	_	AL SE	Bou	A b	mo mo	et lo	ned	1	1	ted.	l di	2110	100	2
The	A O	M	Io d	220	anc and	in b	Luc	1	MA A	0.00	TO:	rel	a Co	arl of	1
th of		101	dary rest		20 E	ha ha	1 92	al la	ver	SI SE	mal phili g 76	8 15 88 1 8100	fem mave of	he no	excus enit
and		100	Sete	wi.	Seu		+7.								T
			Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec	TOTAL

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VENEREAL DISEASE REPORT - 1963

Total Inocula	Gonor All F	rhoea		llis	Acqu	ilis ired ary	Syph: Acqui	ilis ired ndary	Acqu	nilis uired ent	Acqu			Typ	llis be cmined
A STORES CHOICE	M	F	М	F	М	F	М	F	M	F	М	F	М		F
Jan	44	8		12	1 9	1	6 7	5 8	7	13	40	35	-61	27	790
Feb	28	9	9 24	123	1 13	1	7 4	1 5	2	56 1	14	24	45	41	1560
Mar	32	4		08	2	Ties	ONTEA	2	REPO	12 10	63				
Apr	39	5								1					mark N. S.
May	50	6			1			1	1	e To	ount	4	1		
Jun	45	2			1			Ada	Info	1	1	esle			
Jul	60	5			2	1		(80	hopl	1 1901	Inc	udmi		Don	es Giv
Aug	50	7			1					5.2					3.810
Sep	51	8			2										2
Oct	50 -	6						1	1						
Nov	43	3					1			1	9				
Dec	39	4					1	1							1,270
Total	531	67		-	9	2	2	5	2	3	1		1		26
Total M + F	59	8			1	1	7	,	5		3	1		1	20

Confirmed cases of gonorrhoea during 1963, as reported by the Provincial Division, Venereal Disease Control, numbered 598 for a rate of 216 per 100,000 of population. This is a decrease of 143 reportings from the previous year.

Cases of all forms of syphilis number 25 (18 cases in 1962) for a rate of 9 per 100,000, a slight increase from the preceding year. Primary and secondary cases comprise nearly 75% of all syphilis reported. Syphilis in an infectious form is a serious disease and every effort is made to locate and examine relevant contacts. It should be mentioned that venereal disease may be contacted through both homosexual and heterosexual relations. Gonorrhoea and syphilis are entirely different diseases. They are not transmitted by toilet seats, towels or dishes. The anatomic differences between the sexes results in earlier discovery and diagnosis of the primary lesions of syphilis in the male (9), whereas in the female, advancement of the condition with its more general signs of rash and glands of the secondary stage facilitate later diagnosis in females (5). The provision of free treatment at the Social Hygiene Centres leaves no excuse for anyone neglecting to have a sore or discharge in the region of the genital organs checked and investigated without delay.

VENEREAL DISEASE REPORT - 1963

Confirmed cames of generaled the reported by the Provincial Division, Veneral Disease Control, membered 598 for a rate of 216 per 100,000 of population. This is a decrease of 161 reportings from the previous year.

Cases of all forms of apphilis member 25 (18 cases to 1962) for a rate of a par 180,000, a sitght increase from the prededing year. Pricery and secondary cases comprise nearly 75% of all apphilis reported. Symbilis in an infectious form is a serious disease and every effect in cade to incale and examina relevant confacts. It should be mentioned that veneral disease may be contacted through both homosexual and heterosexual relations. Concertoes and apphilis are antirely different diseases. They are not transmitted by toilot seals, tosels or dishes. The enatomic differences between the sense to seals, tosels or and diagnosts of the primary lesions of apphilis to the case (8), whereas in the female, advancement of the condition with its more general signs of read and provision of the secondary stage facilitate later diagnosis in females (3). The provision of free treatment at the Social Hydron Central leaves no excuse for anyone neglecting to have a sore or discharge in the readon of the genital organs checked and investigated estimate of discharge in the readon of the genital organs.

REPORT OF THE INOCULATION CLINICS - 1963

shtheria Antitoxin.	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Total Inoculations	3048	4415	5294	5223	4886	3658	3237	4014	4104	5385	3605	2221	49090
Smallpox Vaccinations	504	798	826	973	1045	924	453	569	820	928	789	419	9048
Schick Tests	51	79	124	90	76	76	87	63	40	35	41	28	790
Gamma Globulin	533	249	122	153	37	44	52	56	114	114	45	41	1560

DETAILED IMMUNIZATION REPORT 1963

	Department	Reinforcing Doses Given
Smallpox Vaccinations		3,810
Quad (D.P.T. & Polio)	22,188	3,455
	5,549	140
Triad (D.T. + Polio)		1,270
Diphtheria + Tetanus		24
Biad (Tetanus + Polio)	43	20
	120	
Triple (Diphtheria, Pertussis and Tetanus)	35	
T.A.B. (Typhoid, Paratyphoid AB)	1,637	
T.A.B. and Tetanus	1,464	
T.A.B.T.D not issued by Provincial Government	116	
Cholera - not issued by Provincial Government	523	
Typhus - not issued by Provincial Government	555	
Diluted Diphtheria	38	
Rocky Mountain Spotted Fever	9	
Gamma Globulin	1,560	
Schick Tests	790	

RESERVE OF THE THOUGHANDON CLUMES - 1963

Deer Ingies MOITATIBUREL CLITATED

SERA AND VACCINE DISTRIBUTED FOR USE IN CALGARY

FOR SELECTION AND ADDRESS OF THE PROPERTY OF T	
Diphtheria Antitoxin, 1,000 units	26
Diphtheria Antitoxin, 40,000 units	6
Diphtheria Toxoid, singles	78
Diphtheria Toxoid, diluted, 4 c.c	23
Diphtheria Toxoid, Pertussis Vaccine & Tetanus Toxoid, singles	161
Diphtheria Toxoid & Tetanus Toxoid, singles	663
Diphtheria Toxoid & Tetanus Toxoid, 36 c.c. pkge	95
Gas Gangrene Antitoxin, vials of 10,000 units	22
Immune Sera Globulin c.c.'s	3,243
Materials for Schick Tests (25 tests)	258
Poliomyelitis Vaccine, 10 c.c. pkge	1,445
BIAD (Tetanus, Polio Vaccine), 10 c.c. pkge	200
TRIAD (DT-Polio Vaccine), 10 c.c. pkge.	1,021
QUAD (DPT-Polio Vaccine), 10 c.c. pkge	3,491
Rocky Mountain Spotted Fever Vaccine, 3 c.c. pkge	5
Sabin Poliovirus Vaccine, 50 c.c	1,900
Smallpox Vaccine, singles	1,918
Smallpox Vaccine, 10's	2,325
Staphylococcus Toxoid, 2 c.c. pkge	140
Staphylococcus Antitoxin, 20,000 units	2
Tetanus Antitoxin, 1,500 units	703
Tetanus Toxoid, 30 c.c. pkge	11
Tetanus Toxoid, 3 c.c. pkge	637
Tetanus Toxoid, Paratyphoid & Typhoid Vaccine, 3 c.c. pkge	339
Tetanus Toxoid, Paratyphoid & Typhoid Vaccine, 25 c.c. pkge	58
Typhoid & Paratyphoid Vaccine, singles	90
Typhoid & Paratyphoid Vaccine, 10 c.c. pkge.	97
(All the above material supplied free by the Provincial Government	
Complaints	
Cholera Vaccine, 2½ c.c. pkge	84
Cholera Vaccine, 10 c.c. pkge.	51
Typhus Vaccine, 3 c.c. pkge.	132
	16
Typhus Vaccine, 30 c.c. pkge.	55 74

SERA AND VACCINE DISTRIBUTED FOR USE IN CALCULY

L. C. Allan, M.B., Ch.B., D.P.H., Medical Officer of Health, City of Calgary.

Dear Sir:

Once again it is my privilege to report to you on the activities of the Inspection Services Division and the Laboratory. In accordance with the policies laid down by yourself, a greater diversification of work was undertaken and resulted in an increase in the number of inspections over the previous year. This increase, of course, is partially accounted for because of the services of an additional Inspector.

The following table summarizes the work done by the District Inspectors.

DISTRICT INSPECTION

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec	Total
Inspections made	2318	1789	1954	1802	1760	1661	1895	1369	1626	1816	1651	1698	21339
Casual inspections	149	642	766	968	1182	890	722	736	784	834	793	891	9357
Lane inspections	of f	55	67	69	48	46	48	58	52	30	32	15	520
Official Plate Count	58	370	312	295	105	78	d by	this	93	492	361	164	2328
Water Samples for Bacteriological Examination	16	61	30	17	29	45	17	13	7	12	6	2	255
Water Samples for Chemical Examina- tion	1	24	2	6	2	11	6	12	9	3	2	2	5
Complaints Received	87	113	133	149	164	134	101	138	176	133	98	67	149
Complaints Justified	81	95	113	120	141	106	90	123	142	107	84	54	125
Notices Issued - Verbal	471	647	451	463	457	457	456	461	444	508	447	321	558
Notices Issued - Written	- 15	100	83	74	83	63	45	51	47	60	69	55	74.

A greatly increased emphasis was placed on housing conditions with a view to bringing them, particularly basement suites and rooms, into line with Public Health standards. This resulted in 338 basement rooms or suites

L. C. Allan, M.S., Ch.B., D.P.H., Medical Officer of Heelth, City of Calgary.

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Inspectors.

DISTRICT INSPECTION

A greatly increased emphasis was placed on housing tenditions with a view to bringing them, perticularly besentent suites and ruces, into line with Public Health standards, This resulted in 138 bear and rooms on suites

being inspected and reported on. Of these, 31 were altered or repaired so that they now comply with the Regulations. A further 31 were condemned as unfit for human habitation.

A survey was made to determine the location of water wells which are within the present boundaries of the City. All wells located were tested bacteriologically and chemically and the owners of the wells informed of the results and advised as to the suitability of the water for consumption.

Trailer courts which did not comply with the Regulations Governing Trailer Coach Parks were re-measured and required to comply with the Regulations.

All other aspects of environmental Public Health Services were maintained and higher standards strived for.

May I take this opportunity of thanking you for your continued direction and understanding.

FOOD CONTROL

There was an increase over last year in the amount and types of foodstuffs which were condemned as unfit for human consumption. In addition to the following report of foodstuffs condemned directly by this Department, several cases of questionable canned goods from factories outside the Province of Alberta were turned over to the Federal Department of Public Health and Welfare to be dealt with by that Department. Foodstuffs condemned by this Department were:

Sharp and Lasts							
	106½	1bs.	various meats				
	33	lbs.	fish				
	21/2	lbs.	cheese				
	100	lbs.	flour				
	10	doz.	hamburger buns				
	144	choc	olate bars				
	27	lbs.	tomatoes				
	24	lbs.	dates				
Hop heads and	6	lbs.	citric fruits				
	4,450	doz.	ears of corn				
Hog pasting	,						
	2	gal.	ice cream				
	1½	lbs.	icicles				

MEAT INSPECTION

5,215 animals were slaughtered under the supervision of our Veterinarian, a decrease of 332 animals as compared with the previous year. The number of inspected beef carcasses increased from the previous year by 751, hog carcasses by 7, and sheep and lamb carcasses by 43, but the number of inspected yeal carcasses showed a decrease of 1,133.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Submitted:													
Beef	239	216	260	230	290	224	246	246	237	273	250	215	2926
Veal	239	191	169	167	143	121	117	129	127	152	155	115	1825
Hogs	27	35	16	9	13	12	28	27	27	25	43	41	303
Sheep & Lamb	1	18	4	3	10	18	27	21	8	21	18	12	161
TOTALS	506	460	449	409	456	375	418	423	399	471	466	383	5215
Condemned: Beef	1/2									1			1
Veal			1				1	2					4
Hogs .		1/2	1/4										
Sheep and Lamb		1	2						2	11	11	.1	17
TOTALS	1 1/2	1/2	1½	9 1	00		1	2	2	1	40	97	6
Portions Condemned:					2	2							3
Beef heads and tongues	8	5	5	5	2	3	3	5	2	8	6	6	58
Beef hearts	8	6	11	12	5	7	4	6	8	13	12	7	99
Beef livers	49	39	48	48	46	38	55	47	45	52	59	43	569
Beef kidneys	19 13	3	1 3	2 1 3	9 19	19 13	2	1013	19 19	10 1		12 1	5
Veal heads and tongues	2	2	2	4	6	1	100	- 4	4	2	1	1	23
Veal hearts	7		5	1	2	3		4	2	2	2	2	30
Veal livers	10	11	19	10	19	18	17	8	10	9	7	4	142
Hog heads and tongues	1	1				1	1	3	12 0	2	2	1	12
Hog hearts		2			1	2		1	1		4	4	15
Hog livers	2	4			1	1	2	2	2	1	1	3	19
Sheep livers		1				1	3				1	1	7
TOTALS	87	74	90	80	76	75	87	80	74	89	95	72	979

MUNICIPAL THE PROPERTY

5,215 animals were alsogniored under the supervision of our Vaterinariam, a decrease of 332 animals as compared with the previous year. The number of inspected beef carcaseas insteased from the previous year by 731, bog carcaseas by 7, and sheep and lamb carcaseas by 43, but the number of inspected west carcaseas showed a decrease of 1,133.

DAIRIES AND MILK CONTROL

The Dairy Division continued giving close attention to the supervision of dairy farms and the milk being shipped into the City. Each farm was inspected at least once during the year with special attention being given to shippers who encountered difficulties. The dairy plants were regularly inspected and samples of raw milk and the finished product were lifted for bacteriological tests, analysis and sediment tests. The statistical report follows.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Dairy Farm Inspections	45	65	84	105	128	98	55	77	86	87	100	99	1029
Milk Plant Inspections	30	32	33	32	33	28	16	32	30	28	32	26	352
Permits issued to Dairymen	342		1		2		1		- OI	1	2		349
Permits issued to Distributors	5		2,540		80	mg ex	d street				- Instanting	3,77	5
Permits issued to Milk Plants	4		890		Pa	tly	skin					1,96	4
Complaints Received		2	2	1	1	1	Cre	1	2	1	1	1	13
Complaints Justified		1	2	1	1	1			2	1	1	. 1	11
Notices issued	18	36	67	69	100	51	36	32	32	15	40	37	533
Permits suspended			1		1	2				1		4,47	5
Dairymen's Sediment Tests		242	246	168	228	140	184	180	39	269	166	60	1922
Dairymen's Special Tests		9	6	2	3	24	6	27	47	22	17	21	184
Dairymen's Reduc- tase Tests	553	341	569	252	575	543	280	550	563	526	424	332	5508
TOTAL Dairymen's Samples Collected	553	697	821	422	806	707	470	757	649	817	607	470	7776
TOTAL Distributors' Samples Collected	153	162	168	119	124	156	79	157	158	158	162	162	1758
TOTAL Samples Collected	706	859	989	541	930	863	549	914	807	975	769	632	9534
Milk Cans Condemned Number	ulpp	8	usp le Cl	2	anage uutbe	4	tater	stor	tory	tach	ilets	tha	14

DATHERS AND MILE CONTROL

The Dairy forms and the milk being shipped into the City. Each imm was inaported at least once during the year with special attention being erven to mispers who encommend difficulties. The dairy plants were regularly inspected and samples of raveilth and the finished product were lifted for instantalogical tests, analysis and sections tests. The statistical report follows.

METHYLENE BLUE TESTS

(Edmonton) xa	Jan	Feb	Mar	Apr	May	Jun	Ju1	Aug	Sep	Oct	Nov	Dec	Total
Grade I	505	414	541	241	381	427	176	393	406	401	378	301	4564
Grade II	23	23	20	3	45	57	87	52	105	25	22	14	476
Grade III	25	9	8	8	49	59	17	105	97	50	24	17	468

SEDIMENT TESTS

Samples	Jan	Feb	Mar	Apr	May	Jun	Ju1	Aug	Sep	Oct	Nov	Dec	Total
Grade I	-	52	39	30	38	13	25	19	7	99	107	42	471
Grade II	-	66	126	88	91	44	95	108	24	122	38	15	817
Grade III	-	124	81	50	99	83	64	53	8	48	21	3	634

AVERAGE OFFICIAL PLATE COUNT

Miscellangua, L. 171		101111111111111111111111111111111111111	93	1 2169
BOTTLES			CARTO	ONS
Standard Homogenized Skim Partly Skim (2%) Jersey Substandard Cream	2,540 1,234 1,114 890 2,525 1,407	Standard Homogenized Skim Partly Skim Substandard Cream Whipping Cream		3,771 805 1,963 690 2,203 4,930
Whipping Cream Chocolate	4,299 500	Chocolate		1,838
	AVERAGE BU	TTER FAT CONTENT		
Standard	3.42	Jersey		4.47
Homogenized	3.41	Substandard Cream		10.25
Partly Skim	2.15	Whipping Cream		34,46

Chocolate - 2.25

Total	Milk Sales in Quarts	26,910,183
Total	Cream Sales in Quarts	1,853,687

Per capita, per day consumption:

Milk	-	.532	pints	
Cream	Bergerta Co	.037	(.0366)	pints

LABORATORY

The laboratory moved from its location at Glenmore Dam to new quarters in the basement of the City Hall. We now have a very excellent laboratory, quite well equipped and capably managed by two laboratory technicians. With the increased size of the City a number of water wells were added to the list of wells requiring bacteriological tests. An increase in the number of semi-public and private swimming pools in the City also added an increase in the number of water tests required to be made. In addition to this the laboratory continued the testing of the City's water supply and swab tests of restaurants, beverage rooms and cocktail bar utensils.

ETERT BULL BEALDERED

SECOND LESES

AVERAGE OFFICIAL PLAYE COURT

Chacolate - 2.25

M12K - ,532 pints Cream - ,037 (_0356) pints

YSOTASOEAL

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Assistance in the examination of questionable foodstuffs was given us by the Southern Alberta Provincial Laboratory and the University of Alberta (Edmonton) ran chemical analysis on samples of water taken from water wells within the City.

The laboratory report is as follows.

EXAMINATION OF WATER SUPPLIES

Water Samples	Number . Received	Presum. Lactose 100 c.c.	Presum. Lactose 10 c.c.	Presum. Lactose 1 c.c.	Agar Plate Count	Confir- mation (BGB)	Comple- tion	Total
City Water	1310	3930	3930	3930	3930	410		16130
Glenmore Plant	668	2004	2004	2004	2004	76	M.E.S.H.,	8092
Well Water	591	1773	1773	1773	1773	271		7363
Miscellaneous	171	513	513	513	513	97		2149
Total	2740	8220	8220	8220	8220	854		33734

EXAMINATION OF MILK AND MILK PRODUCTS

Samples Submitted	Bab- cock		Spec- ific Gra- vity	Total Solids Test	Total Solids Not Fat Test	TGEM Plate Count	100000000000000000000000000000000000000	Re- duct- ase (Raw)	Special Tests On Prod- ucers' Samples	Total
1789	841	739	633	633	633	5367	8755	5508	9	23218

FOOD AND BEVERAGE ROOM UTENSILS

Plate Count

 Beverage Rooms
 48

 Restaurants
 2752

 2800

DAIRY PRODUCTS

	Bacteria Count	BGB Coliform	
Ice Cream Mix	6		
Dairy Drink	257	140	
Other	80	_20	
	343	160	330
Biochemistry: Urine Tests			2
	GRAND TOTAL		6028

Assistance in the examination of questionable foodstuffs was given us by the Southern Alberta Provincial Leboratory and the University of Alberta (Edmonton) ran chemical ensiyes on eachies of water taken from water wells within the City.

The laboratory report is as follows.

STATISTICS OF WATER SUPPLIES

STOUGHT BLITE ON MILE AND HILL PRODUCTS

POCO AND REVENALE ROOM THEIRSTLE

Place Count

snood agazavell

esteurants 22

ODEL

DATEST PRODUCTS

FLY CONTROL PROGRAMME

As in past years, all lanes in the City were treated with D.D.T. in an attempt to control the fly population. In addition to every lane being covered twice during the season from the middle of May to the middle of September, recreation areas at Bowness, Princess Island, St. George's Island, Glenmore Park and several smaller parks were treated as well as the Zoo and the camp grounds at St. Patrick's Island and Inglewood. A very large slough in north-west Calgary was treated in order to control the mosquitoes that were in such numbers that people in the area were unable to relax on their lawns.

Respectfully submitted,

J. Crichton, C.S.I. (C), M.R.S.H., Chief Inspector.

THE COMMON PROCESSION

As in peat years, all lance in the City were treated with D.D.T. in an attempt to control the fly population. In addition to every land heing covered twice during the season from the middle of May to the middle of Saptember, retreation areas at homess, Frincess lelend, St. Ceorge's latend, Giennoise Burk and several smaller parks were treated as well as the Los and the case prounds at St. Fatrick's lelend and implement. A very large shough to morthweest Calgary was treated in order to control the manquitoes that were in such numbers that people in the area were unable to relax on their lances.

Respectfully submitted,

J. Crichton, C.S.I. (C), M.R.S.R., Chief Imagestor, L. C. Allan, M.B., Ch.B., D.P.H., Medical Officer of Health, City of Calgary.

Dear Sir:

It is with pleasure that I submit the report covering the Nursing Homes for the year 1963.

The past year brought relatively few changes in Nursing Homes in Calgary. The hope for new Homes did not materialize as anticipated and, as a result, many of the older Homes are still serving as accommodation for the senior citizen. Although far from ideal, these older houses have served well, and it is to be hoped that as the newer and more adequate facilities become available, these may be retired from service. The delay in construction of new Nursing Homes has been caused by many factors, but it now appears that some of these problems have been satisfactorily resolved and that plans for several are proceeding in an orderly fashion.

In 1963 the following Homes closed:

May, 1963 - Watkin's Nursing Home No. 1, 2021 Cottonwood Crescent - Capacity 7.

Mrs. Watkin decided to close this Home and concentrate her efforts and interest on her other Home at 2030 Cottonwood Crescent.

June, 1963 - Fatima Nursing Home, 927 - 19th Avenue S.W. - Capacity 11.

Mrs. Waisman, R.N., the operator, was unable to continue operation because of a drop in the occupancy of the Home.

She had decided to close the Home during the year, but suspended the operation at a little earlier date than planned.

This was a non-conforming building.

July, 1963 - Aabrite Nursing Home, 1647 - 21st Avenue S.W. - Capacity 10.

This Home, operated by Mrs. H. Ferenz, R.N., closed voluntarily when accommodation was available for the patients in the Glamorgan Nursing Home. This was a very old building that did not conform with the By-law.

August, 1963 - Sunalta Nursing Home, 1811 - 12th Avenue S.W. - Capacity 21.

Due to the health of Mrs. M. Skeen, the operator, the patients in the above Home were transferred to other accommodation in Calgary and the Home suspended operation. This, too, was one of the older buildings.

October, 1963 - Bungalow Nursing Home, 2426 - 1st Street S.E. - Capacity 6.

This little Home was unable to continue operating because of a drop in occupancy. It was closed voluntarily by the operator, Mrs. E. Watson.

The closing of the aforementioned Homes reduced the number of Nursing Home beds available in the City by 55.

When Montgomery became a part of the City of Calgary, August 15th, one of the newest Nursing Homes came under inspection by the Department of Health. The Bowview Rest Home, 4628 Montgomery Boulevard, is operated by Mr. and Mrs. J. Veld and has a capacity of 110 beds. The new addition of 80 beds, which was officially opened the end of November, 1963, has the appearance of a hospital and provides facilities for recreational, spiritual and social activities, as well as physical care for the patients. Further expansion of this unit is planned in 1964.

The Lacombe Home at Midnapore decided to concentrate on the care of the older patient and, as a result, the children who were accommodated at this Home have been placed in foster homes.

The Canadian National Institute for the Blind moved to new quarters during the latter part of the year and now have a residence able to accommodate 41 members, as compared to 28 in the old building on 16th Avenue N.W. The recreation areas are much more adequate for their needs as are the workshops. These new facilities should do much to encourage and create interest in the work of the C.N.I.B. in Calgary and district. The address of the new Home is 1260 Memorial Drive.

The Glamorgan Nursing Home, 105 Galbraith Drive, is now complete. Two additions were added during the year and this Home, with a capacity of 58, is offering progressive care in a homelike atmosphere.

The capacity of Sunset Lodge, which is operated by the Salvation Army and offers a home to elderly ladies able to care for their own personal needs, has been reduced to 49 from 57. No guests are to be accommodated on the third floor, nor have they been for most of 1963.

A comparison of the figures for 1962 and 1963 is as follows:

	1962	1963
Number of Homes	27	23
Number of Beds - Adult	645	738
- Children	25	0

Most Nursing Homes have a staff doctor who visits once a week, the others, because the patients are up and about and require less supervision, call upon the staff doctor or the patient's own doctor for guidance when this is necessary. The people in charge of these Homes are experienced and qualified for their positions. The majority are Registered Nurses, particularly if any nursing care is required, and in the Homes caring for the senior citizen who is up and about, mature women with an understanding of the older person and training in their care, are doing effective work. Much credit should be given these persons and to all who staff the Homes. It is their skill, interest and patience in this difficult work that makes possible this essential service.

- 22 -

October, 1963 - Bungalow Harsing Home, 2425 - int Street S.E. - Capacity 6.

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A comparison of the figures for 1952 and 1953 is as follows:

Most Mursing Homes have a staff doctor who visits once a week, the others, because the patients are up and about and require less supervision, call upon the staff doctor or the patient's own doctor for guidance when this is necessary. The papels in charge of these Homes are experienced and qualified for their positions. The majority are Registered Murses, particularly if any nursing care is required, and in the Homes caring for the senior cirises who is up and about, mature women with an understanding of the older person and training in their care, are doing effective work. Much credit should be given those persons and to all who staff the Homes. It is their should be given those persons and to all who staff the Homes. It is their shill, intercat and patience in this difficult work that makes possible this essential service.

During the year an attempt has been made to stimulate the thinking and appreciation of the operators in more progressive care. Literature has been taken into these Homes and many are now receiving appropriate periodicals. The Registered Nurses working in the Homes are included in the Alberta Association of Registered Nurses Sub-Committee on Nursing Service and seem to benefit from the discussions of this group. In the coming months I think there will be more of a realization that life must be added to years not just years to life.

The report of the Nursing Home Division for 1963 is as follows:

Nursing Home Inspections	-	215
Complaints Received	-	3
Complaints Justified	-	1
Permits Cancelled	-	0
Licenses Granted	-	0

I would like to thank the operators and the members of their staffs for their courtesy and interest whenever I visited in the Homes.

To Mrs. E. Jones, Supervisor of Nurses and to you, Sir, my sincere thanks for the interest, time and help given me while I held this position.

in Grades I and IX. We have been doing them in Grades I and X. Thus, this year,

Respectfully submitted,

(Miss) Phyllis H. Weir, B.Sc.N.

maitive reactors, some the school whildren or mong their conte is. Our rate tubering in reactors is very low is comparison with that in other cities of size in both the younger and the alder children. It may, however, he suspected that there would be a higher persentage of positive reactors smong those who refused the test then smong these who excepted.

As in previous years, dental decay was the most prevalent defect mong the school children examined. Prevention of dental decay is alressed on lany occasions of the nurse's content with the pupil. The Dental Division of our Pealth Department did restorative transment and preventive dentistry in the form of hopical fluoride applications and space cointainers on the numbers of school children sound in the statistical report. The eligibility for these services is determined by a means test and is limited to Grades 1, 11 and 111 except in the case of fluoride painting which is available to Grade I shildren only and for which there is no means test.

Dr. L. C. Allan,
Medical Officer of Health,
City of Calgary.

Dear Sir:

It is a privilege to report on the services of the Calgary Health Department to infants, pre-school and school children for the year 1963.

The school population in September 1963 served by our Department was 66,200. There are now 50 districts, each with a Public Health Nurse. The services provided have been essentially the same as in the previous year, including physician's examination of each new pupil in a Calgary school, examination of other pupils on referral. Immunization with all the approved antigens is offered on a regular basis, so that no pupil having his parent's consent for immunization is likely to be left unimmunized or without his immunity reinforced at the recommended intervals. An outstanding task was accomplished this year in the feeding of the Sabin vaccine to 83% of the pupils in the schools, in accordance with the Province wide plan. To do this with the necessary parental consent in the short time provided represented a high degree of organization and co-operation of all concerned, Health Department staff, parents, teachers and volunteers.

A minor change has been instituted to conform with the custom in other health jurisdictions in the Province who do skin testing for tuberculosis in Grades I and IX. We have been doing them in Grades I and X. Thus, this year, in order not to miss the cohort of children presently in Grade X, this Grade was done as well as the Grade IX class of this school year 1963-64. Skin testing was also done in all the Special Classes (opportunity classes, hard of hearing, sight saving). It will be noted that there is a greater proportion of positive reactors in the Special Classes than in the other grades done. We ought to do the Special Classes again, after an interval of possibly three years (to allow their population to change) in order to ascertain if this is a constant finding. Close contacts of those with a positive tuberculin (Heaf or Mantoux) test are skin tested, and all persons newly found with a positive skin are followed by x-ray examination of the chest once or more and at intervals varying with the age of the person and according to the recommendations of the Provincial Division of Tuberculosis Control. Fortunately, no case of active tuberculosis has been turned up among 1963's positive reactors, among the school children or among their contacts. Our rate of tuberculin reactors is very low in comparison with that in other cities of our size in both the younger and the older children. It may, however, be suspected that there would be a higher percentage of positive reactors among those who refused the test than among those who accepted.

As in previous years, dental decay was the most prevalent defect among the school children examined. Prevention of dental decay is stressed on many occasions of the nurse's contact with the pupil. The Dental Division of our Health Department did restorative treatment and preventive dentistry in the form of topical fluoride applications and space maintainers on the numbers of school children noted in the statistical report. The eligibility for these services is determined by a means test and is limited to Grades I, II and III except in the case of fluoride painting which is available to Grade I children only and for which there is no means test.

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Dr. L. C. Allan, Medical Officer of Health, City of Calgary.

Dear Sir

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We were recently asked for the incidence of handicapping hearing defects found in our Grade III examinations and how this compared with other cities. We have two audiometers for our group testing of Grade III and these are assigned in order of prior request to each of our 50 nurses in charge of a district. In some years, a larger percentage of the hearing testing is accomplished in the fall term than in other years. The individual hearing tests done on those who failed the group tests are not necessarily completed in the same calendar year. For this reason, our statistics, reported as they have been collected for the Annual Report by the calendar year, are not comparable from year to year, nor are they useful in comparison with other cities reporting in the literature.

We have on this occasion gone back over our records in order to report on them by the school year. Arbitrarily choosing a 10% combined loss as a level which begins to be a little handicap (we use the AMA formula for computing hearing loss), we recorded the number of children having this degree of loss or more.

School Year	Grade III Population		No. of Children With Binaural Loss Of 10% or More	Expressed As Rate Per 1,000
1956-7	3,676		8	2 315
1957-8	3,919		10	2.5
1958-9	3,947		21	de A = 5 ' 706
1959-60	4,549		18	/,
1960-61	4,938		15	3 1,148
1961-62 1962-63	5,453 6,214	a thirt	11 12	2 2

This gives an expression of the incidence of handicapping hearing loss in the Grade III classrooms (the more severe cases are already screened out and in the hard of hearing class at James Short School or at the School for the Deaf in Edmonton). The reason for our hearing testing is not in order to pick up this small incidence of between 2 per 1,000 and 5 per 1,000. The value is in the picking up of more minor degrees of loss, first in the group testing and in the individual testing and the opportunity this gives to draw to the attention of a parent what harm repeated ear infections or infected tonsils and adenoids may be doing to the hearing and further justifying and motivating prompt care for these conditions. 10% hearing loss is not a loss that would require a hearing aid. Seating close to the teacher's usual teaching position is recommended.

For comparison of incidence of hearing loss with another city, unfortunately, methods of measuring vary greatly. In a survey of New York City schools reported in August, 1963, where they report on failures of individual tests at a level that would correspond with a 9% hearing loss computed by the method we use, Calgary would compare favourably with the schools in the upper socio-economic districts of New York.

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School Health Services - 1963

Routine examinations	11,364
Referred	1,148
Sports	1,325
Total number examined	13,837

TABLE I INSPECTIONS BY PHYSICIANS

Defects	Number	Defects	Number
Colour Vision Tests	3 5/		
Dental	3,264	Nose	165
Eyes	1,014	Emotional Problems	158
Tonsils and Adenoids	937	Allergy	157
Skin	709	Pulmonary	154
Feet	674	Nervous System	88
Glands	543	Abdominal	84
Orthopaedic	486	Hernia	71
Ears	462	Endocrine	58
Cardiac	316	Anaemia	58
Speech	206	Others	515
Genitalia	182		
Tennandania ay haras ya	10		
Routine Examinations:		Referred Examinations:	
Pupils - Health Grade A -	9,942	Pupils - Health Grade A -	706
Pupils - Health Grade B -	1,317	Pupils - Health Grade B -	250
Pupils - Health Grade C -	105	Pupils - Health Grade C -	192
Total	11,364	Total	1,148

There were 1,168 cases referred to their family physicians for treatment.

126 cases were referred to the Minor Ailment Clinic for diagnosis and advice. 40 were referred to their family physicians for treatment; 56 were given free glasses.

TABLE II HOME VISITS BY NURSES

School Visits	4,987	Visits re communicable	
Visits to T.B. contacts	450	disease	259
Rheumatic Fever & Other Cases	7		

TABLE III SCHOOL INSPECTIONS AND EXAMINATIONS BY NURSES

Vision Tests No. referred to	optician	46,603 5,239
Children examined No. referred to		46,490
physician	Lemilly	2,821

Dental Inspections No. requiring dental treatment	30,158			
First Aid Treatments	13,493			
Audiograms (Grade III) Failed	6,382 321			
Urine Glucose Tests	8,745			
Positive for Sugar	9			
Colour Vision Tests Failed	1,569 74			
TABLE IV HEALTH CONFERENCES	WITH: -		10.	
Pupils 26,539 Teachers 20,406 Parents 7,932	Supervisors & (Others	1,525 758 118	
TABLE V EXCLUSIONS FOR SUS	PECT COMMUNICABLE DI	ISEASES		
Undiagnosed by nurse 946 Impetigo 229 Infestations 84				
TABLE VI COMMUNICABLE DISEAS	SES AMONG SCHOOL CHI	ILDREN		
Measles 929 Chickenpox 921 Mumps 331 Impetigo 229 Pertussis 222 Scarlet Fever & Strep Throat 174	Infestations Infectious Hepar Ringworm Aseptic Meningin		150 84 43 32 1	
TABLE VII AUDIOMETRY		SEE_		
Grade III students group tested Grade III students failed group test Individual audiograms Referred to eye, ear, nose and throat specialist	6,382 321 220 66			
TABLE VIII IMMUNIZATION AND VA	ACCINATION IN SCHOOL	LS CONTRACTOR		
Smallpox vaccinations 11,400 Diphtheria, Tetanus & Polio 7,560 Polio (Salk) 4,390 Diphtheria & Tetanus 3,910 Gamma Globulin 1,060 Other 1,560 Schick Tests 10 Nose and throat swabs 10	Pupils reces Pupils reces Pupils reces Pupils reces	Programme - J iving 2 doses iving 1 dose	- 46 - 3	th 1963. 5,872 3,804

- 00 -

TABLE IX TUBERCULOSIS SURVEY - GRADES I, IX, X AND SPECIAL CLASSES

	o. of pupils	Heaf Tests Accepted	% Accepting Tests	Heaf Test Positive		Positive tors
TANK PERDI	7,365	6,446	87.5	73	1.	1
IX	4,116	3,552	86.3	170	4.	.8
X (not all surv	1,927 reyed)	1,525	78.1	58	3.	8
Special Classes	260	240	92.3	25	10.	4
TABLE X	SCHOOL DENT	AL SERVICES				
Examinations	Clinic Cases	No. of Teeth Treated	Topical F1		Space Maintainers	Orthodontic Treatment
3,500	7,475	6,127	2,883	Pre-Sc	77	12

During the year 1963, 110 student nurses from Calgary General Hospital spent one day each with Public Health Nurses in schools, home visiting and in Well Baby Clinics.

SERVICES TO INFANTS AND CHILDREN UNDER SCHOOL AGE

ATTENDANCE .

Our clinics provided immunization, health counselling and inspection by the nurses, examination of selected children by a physician.

The disposition and utilization of these services are tabulated as follows.

NEW CASES ...

ATTENDANCE:	CTM .	NEW CYSE2:-
Infants Pre-Schoo	23,815 1 11,979	Infants 6,015 Pre-School 2,112
Total	35,794	Total 8,127
ATTENDANCE B	Y CLINICS:-	
City Hall Scarboro North Hill (Haysboro (- 7,496 - or - 10,864 - or - 3,671 - or	pen five afternoons weekly - daily average 25.05 pen five afternoons weekly - daily average 32.31 pen five afternoons weekly - daily average 45.59 pen two afternoons until August pen three afternoons from August to December - daily average 31.36
Forest Lawn Killarney Wildwood	- 2,847 - or	pen three afternoons weekly -daily average 36.23 pen one afternoon weekly -daily average 58.57 pen two afternoons per month - daily average 42.86

TABLE IX TURENCULOSIS SIRVEY - CRADES I, IX, X AND SPECIAL CLASSES

During the year 1963, 110 student murses from Calgary General Mespital apent one day each with Public Mealth Murses to schools, home visiting and in Voll Baby Cilnics.

SERVICES TO LIVE OF THE CHILDREN INDER SCHOOL AGE

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The disposition and utilization of these services are rebulated as

. Buoliel

The first five Clinics listed are in permanent City-owned quarters. The last two are held in church basements. The Haysboro Clinic is held in a building completed in the summer of 1963, designed as the Health Department sub-office for that part of the City. It is an attractive, modern building providing facilities for immunization and well-child services, dental clinic and sanitary inspector's office.

INFANT FEEDING COMPARISONS:-

Breast - 1,706 Bottle - 16,931

NUMBER EXAMINED BY PHYSICIAN:-

Infants - 1,324 Pre-School - 1,291 Total 2,615

DEFECTS FOUND ON EXAMINATIONS BY PHYSICIANS AND INSPECTIONS BY NURSES:-

	Infants	Pre-School	Total
Skin	1,480	304	1,784
	189	117	306
Eyes	52	49	101
Nose and Throat	53	43	96
Tonsils and Adenoids	23	223	223
	24	6	30
Phimosis	108	12	120
Hernia		9	218
Intestinal Disturbance	209		192
Chest	159	33	
Orthopaedic	101	63	164
Congenital Conditions	37	24	61
Cardiac	3.	19	22
Anaemia	58	17	75
Mental Defects	16	2 2	18
Nutrition	343	67	410
Teeth	-	804	804
Speech	2,121 or 2	19	19
Emotional	6	30	36
Eneuresis	2, ±36 or 3	12	12
Epilepsy	2	-	2
Pinworms	-	12	12
Genital - Urinary	5	resigned 5 as Ass	10
Communicable Disease	2	2	4
Hydrocephalic	1	-	1
Ringworm of Scalp	1	-	1
Sex Precocity	Board 1 in	ermitting the s	1
Rheumatic Fever	ning matra at	reed to latette	na for 1
Thrush	4	metly sprector	4
Septic Finger		an kind I with	our lal
Polyp	1	-	1
Total	2,855	1,874	4,729
TOTAL	2,000	2,014	.,,

- 50 -

The first five Clinics listed are in parament City-owned quarters. The last two are held in church basements. The Mayaboro Clinic is held in a boilding completed in the summer of 1963, designed as the Health Department subsoffice for that part of the City. It is an attractive, modern building providing facilities for immunisation and well-oblid services, dental clinic and sentery inspector's office.

INFANT FEEDING CONTARTISONS:-

Breast - 1,705

NUMBER EXAMINED BY PRYSICIANI-

Infants - 1,32A Pre-School - 1,291

Total 2.5

DEFECTS FOUND ON EXAMINATIONS BY PROSICIANS AND INSTRUCTIONS BY MURSES!

REFERRED TO FAMILY PHYSICIAN: -

Infants - 380 Consultations with Dental Hygienists - 238
Pre-School - 303 (January to July)

Our infant and pre-school clinic facilities and staff provided observation and instruction for four University of Alberta postgraduate Public Health Nursing students, for two Dental Auxiliary students, for 60 students of nursing from the Calgary General Hospital and for eight students of nursing from the Holy Cross Hospital.

We are grateful for the assistance of volunteers in our clinics for 400 half-days.

A visit to the homes of all newborn in our City is attempted and was accomplished for 9,323 babies.

Other infant visits numbered	-	1,094
Pre-School visits	-	7,866
Adult Visits	-	9,910
Visits for investigation of compla	ints	101
Other Miscellaneous Special Visits		27

Immunizations by numbers are reported elsewhere in the Annual Report. A measure of the coverage of our infant and pre-school population can be had in the following count done of children entering Grade I at school in September 1963 and compared with children entering Grade I in September 1962.

	1963	1962
Total Grade I pupils 1963	7,417	6,808
Number who have not had Salk	958 or 12.9%	1,907 or 27.6%
Number who have not had Diphtheria, Pertussis or Tetanus Inoculation	887 or 11.8%	905 or 13.1%
Number D.P.T. inoculation outdated	2,469 or 32.8%	2,307 or 31.9%
Number who have not had smallpox vaccination	2,121 or 28.2%	2,117 or 30.5%
Number Smallpox vaccination outdated	2,366 or 31.4%	2,004 or 29%

The Department lost Dr. Kevin Barrett who resigned as Assistant Medical Officer of Health June 30th, 1963. Dr. Agnes E. O'Neil assumed this position in November 1963.

The co-operation of the School Boards in permitting the use of 36 school auditoriums in both day-time and evening hours as feeding stations for Sabin vaccine for the adult and pre-school public was greatly appreciated. We extend thanks to principals and teachers who co-operate so kindly with our Nurses

PERSONAL DESIGNATION OF THE PARTY OF THE PAR

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and commendation to our Nurses and Doctors for their care and sense of service and to our Senior Medical Officer for his continued interest and help in our programme.

Respectfully submitted,

Agnes E. O'Neil, M.D., D.P.H., Assistant Medical Officer of Health.

again pointed out that this adocational programs must be extended and integrated into the school and home environment on a continuous basis. Every preventive measure available must be utilized - especially when deprived of the most effective measure - fluoridation of the City water supply.

It is suggested that public promotion of dental education and of services available be instituted. This can be achieved through public information media, public displays and demonstrations at local exhibits such as teachers' conventions and juntor science fairs, etc.

SERVICES PROVIDED:

(a) Consultation Services In the pre-school clinics information is given on all nutters concerned with the detection and correction of dental dispace and the maintenance of proper dental health, which is essential

(b) Topical Stawons Fluoride Application: This therapy is carried out by the Sental bysienists, who is addition to the treatment also carry out an educational session with both parent and child.

Those eligible for this treatment are:

of the City's Well Raby Clinics and whose perents request and authorize such service.

3. All children having completed dental treatment in the City

Dantal Treatment: This includes preventive care, a-rays, extractions fillings, econom, space maintainers and minor preventive orthodomics

Those sligible for there services are:

. All pre-school children three years and upwards who have attended one of the City Well Reby Clinics and whose parents can satisfy a moone test.

the time of inspection by the school public bealth nurse to be in meed of dental treatment, and whose parents can satisfy a means

- 45 -

Dr. L. C. Allan, Medical Officer of Health, City of Calgary.

Dear Sir:

It is my privilege to report the activities of the Dental Department for the period of January 1st, 1963 to December 1963.

As in other fields of Public Health, the ultimate aim of this Department is the prevention of disease. Since education holds the answer to the prevention and control of dental disease, it should occupy a major portion of our preventive dental health programme.

Through this programme it is hoped to increase the awareness and the use of "multiple principles of preventive dentistry." To achieve this aim it is again pointed out that this educational programme must be extended and integrated into the school and home environment on a continuous basis. Every preventive measure available must be utilized - especially when deprived of the most effective measure - fluoridation of the City water supply.

It is suggested that public promotion of dental education and of services available be instituted. This can be achieved through public information media, public displays and demonstrations at local exhibits such as teachers' conventions and junior science fairs, etc.

SERVICES PROVIDED:

- (a) Consultation Service: In the pre-school clinics information is given on all matters concerned with the detection and correction of dental disease and the maintenance of proper dental health, which is essential to good general health.
- (b) Topical Stannous Fluoride Application: This therapy is carried out by the dental hygienists, who in addition to the treatment also carry out an educational session with both parent and child.

Those eligible for this treatment are:

- All pre-school children, age three and upwards who attend one of the City's Well Baby Clinics and whose parents request and authorize such service.
- 2. All Grade I children whose parents consent to this therapy.
- 3. All children having completed dental treatment in the City clinics receive this "painting."
- (c) Dental Treatment: This includes preventive care, x-rays, extractions, fillings, crowns, space maintainers and minor preventive orthodontics.

Those eligible for these services are:

- All pre-school children three years and upwards who have attended one of the City Well Baby Clinics and whose parents can satisfy a means test.
- 2. Grade I, II and III students of Calgary schools who are found at the time of inspection by the school public health nurse to be in need of dental treatment, and whose parents can satisfy a means test.

3. Grade IV to IX treatment limited to "special patients" - children of destitute parents who are felt to warrant special consideration due to circumstantial conditions.

STAFF:

Again the dental clinics have been forced to function below maximum efficiency for the major part of the year due to illness and partial staffing.

Dr. Mackay and Dr. Barnes resigned as of June and July of 1963. Dr. Curry took leave as of September in order to further his professional training leading to a Diploma in Public Health Dentistry. Dr. Peebles and Dr. Valentini came on staff as of August and September respectively. On staff during the year were Drs. Snow, Shea, Moffat, Peebles, Curry, Barnes, Mackay and Valentini.

The appointment of three dental auxiliaries to the staff of this Department has allowed us to offer increased service. Mrs. Platt, Mrs. Watson and Mrs. Hopewell were appointed in mid-June. However, Mrs. Hopewell was forced to resign due to illness, further curbing our prospective plans.

Also on staff were five dental assistants and one receptionist.

The Haysboro Well Baby Clinic was opened in August. This new clinic provides fully equipped operatories for both a dentist and hygienist.

Following is a comprehensive report on the services provided by the City dental clinics during the 1963 period.

SCHOOL DENTAL CLINIC STATISTICS

Total Fillings Permanent Deciduous	1,854 2,463	4,317	Number of Teeth Treated Permanent 2,079 Deciduous 4,157	6,143
Total Extractions		1,736	Clinic Cases	7,475
Permanent	125		Completed Cases	3,547
Deciduous	1,611		Examinations	1,865
			Fluoride Applications	2,907
Miscellaneous Proced	ures		Parent and Child Education	7,276
Prophylaxis		3,005	Emergency Treatments	192
X-ray		359		WORK .
Crowns		175	Appointments Paying	5,697
Space Maintainers		77	Appointments Free	1,967
Orthodontic Treatm	ent	12	Missed Appointments (paying)	171
Periodontic Treatm	ent	217	Missed Appointments (free)	134
Bases		3,370	R. F. V. Valencini, D.D.S.,	

3. Grade IV to IX treatment limited to "special patients" - children of destitute parents who are felt to warrant special consideration due to circumstantial conditions.

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SCHOOL DESIGNE CITATIC STATISTICS

PRE-SCHOOL DENTAL STATISTICS

Total Fillings Permanent 139 Deciduous 3,026	3,165	Number of Teeth Treated Permanent 179 Deciduous 3,895	4,074
Total Extractions Permanent 5	656	Clinic Cases Completed	4,573 1,850
Deciduous - 651 Miscellaneous Procedures Prophylaxis X-ray Crowns	1,292 218 217	Examinations Fluoride Applications Parent and Child Education Emergency Treatments	1,462 1,292 4,322 238
Space Maintainers Orthodontic Treatment Periodontic Treatment Bases	57 9 88 2,425	Appointments Paying Appointments Free Missed Appointments (paying) Missed Appointments (free)	3,253 1,370 160 115

It can be noted that the dental programme has been favouring concentration on the pre-school group. This is in the hope that through preventive care in this age group we may arrest conditions which usually cause irreparable damage by the time the child reaches school age. Again the dental education received by both parent and child during these pre-school years should better equip them for the maintenance of a good oral state, which is so important in the maintenance of sound general health conditions.

Therefore, if the advice received at the dental clinics is religiously followed and regular check-ups sought, preservation of good oral health in the school age child should require minimum expenditure of time and money for everyone concerned.

The integration of a school dental health educational programme to provide a continuous awareness of dental health should greatly enhance the long term effects of any preventive programme.

I would at this time like to take the opportunity to express my appreciation and thanks to you, the Assistant Medical Officer of Health, the Dentists and Hygienists, the Public Health Nurses, the school medical staff, the Dental Clinic staff and the Health Department clerical staff for the help and co-operation received by both Dr. Curry and myself during the past year.

Respectfully submitted,

R. F. V. Valentini, D.D.S., B.Sc.

PRE-SCHOOL DENICAL STATISTICS

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R. F. V. Valentini, D.D.S., B.8c.

Dr. Leslie C. Allan, Medical Officer of Health, City of Calgary.

Dear Dr. Allan:

It is my privilege to submit the report of the Kinsmen Nursing Service for the year ending February 29th, 1964. This service, financed by the Christmas Seal Sale, comes under the direction and supervision of the Medical Officer of Health, the Provincial Director of Tuberculosis Control and the Superintendent of the Baker Memorial Sanatorium.

The statistical report follows:

Home visits 1,327 Co-operative and Clinic attendance 2,695 Streptomycin inj		isits	136 356
Tuberculin Tests Total	3,204	positive	618
1. Tests done at the Chest Clinic	1,902	**	283
2. Tests done at home, school, etc	1,302	"	335
Nursing aides (before and after BCG)	886	mark Harris	244
Contacts at home	27	81	4
Staff contacts at work (7 groups)	162	11	60
Contacts at school	119	41	12
Booth Home	61	99	5
Calgary Kinsmen	47	11	10
	1,302		335

Home visiting to newly discovered cases and the checking of contacts of all admissions continues and is probably the most important part of our programme. There is never a year without one or more children being admitted as the result of a parent or grandparent having active tuberculosis. Home and economic conditions are assessed and referral is often necessary to other community agencies such as the Welfare Department. Many have a second diagnosis of alcoholism or other pressing problems. Frequent consultation is needed with the Rehabilitation Counsellor and excellent co-operation is always received.

Patients are visited after discharge, some requiring more frequent visits than others. Many of these patients must continue drugs from 6 to 18 months after discharge, and should accept some responsibility for an uninterrupted drug routine and are encouraged to do so. There are many, however, needing reminders and some supervision. Education and persuasion are the main weapons to promote the continuance of treatment and the regular return for clinic examination. Although the increase in the number of home visits made is not great, the mileage increase is substantially greater. We can expect a still greater amount of travelling time without actually increasing the number of home visits if Bowness is included within the City limits this year. It is fortunate that the number of new cases is not increasing. Public Health Nurses are becoming more involved with tuberculosis as the patients are returned to the community at an early date to continue the greater part of their treatment at home.

Attendance at the clinic increased by 900. During the month of November 718 visited the office, nearly one half of the total for the previous year. Many hours of extra help were received from the Health Department staff

Dr. Legite C. Allan, Medical Officer of Health, City of Calgary.

Dear Dr. Allan:

It is my privilege to submit the report of the Mineral Mireing Service for the year ending February 29th, 1964. This service, Financed by the Christman Seal Seal Sele, come under the direction and supervision of the Medical Officer of Health, the Provincial Director of Tuberculosts Control and the Superintendent of the Delor Monorial Senatorium.

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Autendance at the clinic increased by 900. During the nonth of November 716 wisited the office, nearly one half of the total for the previous year. Nony hours of extra help were received from the dealth Department staff

and their co-operation is sincerely appreciated.

Since the annexation of Montgomery and the general increase in the school population, the tuberculin testing in the schools has been conducted solely by the Health Department nurses and the reactor's family referred to us for follow-up. The school reactors are recalled for re-examination over a period of years and this is the responsibility of the Health Department rather than the Division of Tuberculosis Control.

There is a great deal of detail work with all tuberculosis nursing, especially with the school programme where approximately 50 nurses, the Central Registry and the Sanatorium are involved in the interchange of communications. Tuberculin testing, like home visiting, is of little value if the results are not reported to the Doctors and Central Registry, and if the x-ray results are not reported to the nurses. Whenever there is a reactor in the young age group an attempt must be made to locate the source of infection. It is the individual interview, learning of any known contact, BCG etc., getting all the family members to report, and the reactors x-rayed, that is a slow process. The actual testing of large groups is far less time consuming.

Programmes with special groups, teachers, food services, etc. continued. The mobile unit was in operation in the City for a seven-month period, double the time of previous years, with the resultant increase in both office and outside follow-up.

Less time was spent on welfare problems. Transportation to the Sanatorium was provided for four persons and admission clothing requirements were purchased for two patients. Milk assistance was started to two families and discontinued to five. Eight families were provided with vitamins and five with cod liver oil. Seven families received food gift certificates at Christmas and the Kinettes provided gifts for 17 children.

The guidance and co-operation received from you and your Department is sincerely appreciated.

Respectfully submitted,

Irene H. Walton, Nurse-in-charge, Chest Clinic, City Hall.

L. C. Allan, M.B., Ch.B., D.P.H., Medical Officer of Health, City of Calgary.

Dear Sir:

We have the pleasure of reporting to you the activities of the Chest X-Ray Clinic for the year 1963.

This unit is sponsored by the Alberta Tuberculosis Association and is financed by the sale of Christmas Seals. It is operated in co-operation with the Provincial Department of Public Health and the City of Calgary Health Department.

During the year a Food Service Survey was instigated and the response was only fair, in that we feel that a large number of smaller establishments did not participate. The following is a table showing the results.

FOOD SERVICE CHEST X-RAY SURVEY - 1963

Number X-Rayed	Inactive TB	Probable Neoplasm	Further Examination Requested	Pleurisy Inactive	Non-TB Conditions	Total Abnormalities
1,864	19	227 3	25	10	23	77

The pre-employment x-ray programme is still continuing but the number of companies participating has not shown any noticeable increase. This is due partially to the fact that so many companies do not have a pre-employment medical programme, nor do they have a company doctor. The biannual x-ray programme is still being carried out for some companies. This supplements the mobile chest x-ray unit that visits periodically.

Between March and September of this year, the mobile unit made surveys at 56 locations throughout the City and the following table shows the results.

MOBILE CHEST X-RAY SURVEY - 1963

Number	Probable TB		Further Examination Probable		Non-TB Pleurisy Condi-		Total
X-Rayed	Active	Inactive	Requested	Neoplasm	Inactive		Abnormalities
17,850	1	49	127	1	76	146	400

In presenting this report, we wish to thank the City of Calgary and your Department as well as the Provincial Department of Public Health and the Calgary Tuberculosis Association for their co-operation throughout the year.

The complete statistical summary for the stationary unit at the Civic Administration Building follows.

L. C. Allam, M.B., Ch.B., D.F.B., Hedical Officer of Bealth, City of Calgary.

Dear Sir

We have the pleasure of reporting to you the activities of the Chast Kang Clinic for the year 1963.

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The complete statistical summary for the stationary unit at the

SUMMARY CHEST X-RAY SURVEYS - 1963 CITY HALL CLINIC

	e I	eve the	bunns	and th	a Yespon	Prot	bable B	pres	Other	Abnor	rmalit	ies	
the Victor and Bowns to west of people (1	General	Industrial	Nursing Aides	Schools	Total Attendance	Active	Inactive	Probable Neoplasm	Further Exam. Requested	Pleurisy	Pleurisy Inactive	Non-Tuber. Conditions	Total Abnormalities
Jan	520	24	56	49	649	70 6	12	post-	6	o, l	4	12	34
Feb	678	73	53	39	843	he c	22	dints	9	Chat	3	16	50
Mar	816	925	54	16	1811	1	35	ctoria	14	r bec	12	30	92
Apr	557	583	23	9	1172	9, 0	21	icalch	12		9	18	60
May	712	19 2	32	32	968	world	25	a more	16	acly	7	17	65
June	657	227	53	6	943	onni:	35	A 80	22	covts	11 .	23	91
July	159	17	60	8	244	1 1=	9	ove sk	7	edals	ie Nus	3	19
Aug	498	57	27	17	599	1	35	· env	11	catio	9	12	68
Sep	522	365	73	6	966		22		12		6	24	64
0et	537	211	25	69	842	il an	27	angram	8	home	10	16	61
Nov	485	66	21	128	700	moll	20	n in	14	ag ho	10	11	55
Dec	474	96	131	75	776	our	20	y liv	16	the	9	10	55
Total	6615	2836	608	454	10513	2	283	100	147	nce	90	192	714

Respectfully submitted,

M. S. Holme, Technician, Chest X-Ray Clinic, City Hall.

SINGWARY CHEST X-RAY SURVEYS - 1953

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M. S. Holte, Technicism, Chest Makey Climic, City Hall.

VICTORIAN ORDER OF NURSES - CALGARY BRANCH

REPORT OF THE DISTRICT DIRECTOR

Madam President, Ladies and Gentlemen:

I have the honour and the responsibility to present to you the report on the visiting nursing service which you citizens have provided through the Victorian Order of Nurses, a United Fund Agency, to the residents of Calgary and Bowness.

The primary responsibilities of the Victorian Order are familiar to most of you. They are to provide skilled Nursing Care on a visit basis to people ill in their homes; to give instructions in the care of the patients between visits; to combine with this care, health teaching to the patient and family; and to give instruction to expectant mothers, to mothers and their new babies. How many of you know that the Victorian Order of Nurses founded in 1897 was originally intended for service to mothers and babies in the country districts; that 44 small cottage hospitals were established and operated by the Victorian Order between 1898 and 1924; that following World War I, the Victorian Order became an active participant in the developing field of Public Health in Canada, and provided the complete service, including schools, child health conferences and immunization clinics until such time as official Public Health Nursing Agencies were developed? Thus, over the years the V.O.N., as it is more popularly known, has tried to fulfill the valuable function of a voluntary agency - that of meeting the community needs or of initiating or demonstrating a service proving the value and then moving on to other fields. Through all these years, however, the primary function of the Order has been and still is to have skilled bedside Nursing Care to those who are ill at home.

During the year our nurses personally cared for 2,348 patients and to these patients made 21,630 visits.

As Victorian Order Service is available to anyone, the homes we visit are sumptuous and beautiful; are dingy and cold; are bare floors in hotels; are dark, crowded basement suites; are small spaces in boarding homes with no privacy; or generally are the ordinary comfortable homes and apartments in which we like to think most people in our Society live, and the people we visit in these homes require Nursing Care for many types of acute and chronic conditions; for heart disease and strokes; for post-operative dressings, for fractures, for injections and irrigations; for assistance in bathing the new baby during the first few days after birth - in short, for any treatment ordered by the patient's doctor which may safely be performed in the home situation.

The significant change over the previous year's work is that Nursing Care visits were increased by 1,391 visits or 8.4%. Although only 40% of our patients are adults, they received 77.3% of the visits. Our elderly patients are claiming an ever increasing share of our nursing time. We assist many of them to carry on their daily living within familiar surroundings of their own homes. To accomplish this we have been continually increasing our skills and incorporating rehabilitation techniques in our Nursing Care. These visits take time and patience. As you can well imagine, it would be easier for the nurse herself to perform many of the duties instead of allowing the patient to learn to manage himself; but there is great satisfaction in helping someone to live more usefully and happily.

VICTORIAN ORDER OF HURSES - CALCARY PRANCH REPORT OF THE DISTRICT DISTRICT

Madem Freetdent, Ladies and Contlement

I have the honour and the responsibility to present to you the report on the visiting muraing service which you citizens have provided through the Victorian Order of Nursus, is United Pund Agency, to the residents of Calgary and Howess.

The primary responsibilities of the Victorias Order are familiar to meat of you. They are to provide skilled Mursing Care on a visit banks to propie ill in their borns; to give instructions to the pattern and the pattern between visits; to contine with this ware, health teaching to the pattern and family; and to give instruction to examine within the victorian until to make a median and their new babies. How many of you know that the Victorian Order in the country districts; there is named intended for extrict to exceptions in the country districts; there is not between 1838 and 1834; there is not believe and approved by the Victorian Order because an active participant in the seveleping field of babith in Canada, and provided the confide until such time as official Cobiec Smalth in Canada, and insummination cilates until such time as official Cobiec Smalth bursting Agenties were developed? These, over the years the V.O.B., as it is more popularly known, ing the community needs or of initiating at demonstrating a service proving ing the community function of the Order fields. Through all these years, burster, the patterny function of the Order fields. Through all these years, burster, the patterny function of the Order has been and while the have shilled bedeldo Mursing patterny function of the Order has been and with its to have shilled bedeldo Mursing patterny function of the Order has been and still is to have shilled bedeldo Mursing patterny function of the Order has been and still is to have shilled bedeldo Mursing patterny function of the Order has been and still is to have shilled bedeldo Mursing patterny function of the Order has been and still is to have shilled bedeldo Mursing patterny functions who are ill at home.

Suring the year our nurses personally cared for 2, No petiants and to these partents and 21,630 visits.

As Victorion Order Service is available to ansure, the home we will are sumptunes and beautiful; are dingy and cold; are here floors in hotels; are are fork, crouded beautiful; are the crotter; are small appears in boarding homes will eparted the no privary; or generally are the crottery confertable homes and eparted to which we like to think most people in our forlist live, and the people we what in these homes require formstong for many types of apple and chronic conditions; for heart disease and strokes; for people active of the conditions for fractures for the distributions of the people and integrations in short, for an allegation and integrations to short, for any treatment ordered by the petions and other birth - in short, for any the home situation.

The significant charge over the provider year's work is that Morsing Care visits were increased by 1.391 visits or 8.4%. Although only 40% of our patients are scales, they received 77.3% of the visits. Our alderly patients are claiming an ever increasing share of our nutsing time. We senist many of them to carry on their daily living withing lasting authorized not recombined for their own house. To accomplish this we have been continually increasing our skills and incorporating rebabilitation techniques in our fluraing Care. Those visits take time and patience. As you can well inspine it would be easier for the nurse beyesle to parform many of the duties instead of allowing the patient to manage birecity and happing someone to live more usufully and happing.

All Public Health workers agree that the time a mother needs help most is immediately on her return home. Better care to mothers and babies is still one of our main concerns and will always remain as such. Along with the official agency we share the responsibility of providing maximum benefits to every mother and baby in our community.

3,884 visits were made to mothers and babies. The Calgary Branch also reports two home deliveries in 1963.

For a more detailed report, I would refer you to the statistical table. Although our service is available to all regardless of ability to pay, there is a charge based on cost which is computed annually.

23.5% of the visits were paid in full
26.2% paid a part of the charge
34.3% received visits free of charge
16% were no charge visits

In recent years group instruction has been accepted as a valuable teaching method. Not only can a number of people be reached at one time, but the group learns from one another through shared experience and discussion of common problems. While this method cannot replace the home visits to the individual, it has been found to be an excellent way to give Public Health nursing instruction to certain groups of expectant mothers. In 1963, 77 mothers attended prenatal classes.

In conjunction with the Department of Welfare we hold adoptive parent classes. These too are a discussion type of class and are proving to be very popular. We have had 35 couples attend these classes the past year.

It is now recognized that care in the familiar normal surroundings of the home brings about more rapid recovery. In order to ensure that continuity of patient care is not interrupted, that convalescence or rehabilitation will be complete, and that re-admission to hospital will be prevented, information pertaining to the patient's needs must be transmitted to the nurse prior to hospital discharge. In the Calgary General we have a nurse three hours a day, five days a week. The liaison or referral nurse in V.O.N. uniform visits the patients to assure them that our nurses will make the necessary visits when they are discharged and arranges to obtain any necessary equipment not already available at home. Thus assured, the otherwise anxious patient is not so apprehensive about leaving the security of 24 hour hospital care. With this background information the nurse in the district is now able to give continuity of quality Nursing Care.

During the past year 152 patients were referred to our services. In order that head nurses and clinical instructors have better understanding of our services, one day of observation was organized. 40 nurses from the Calgary General and Holy Cross participated in this programme.

This continuity of care would be more effective under an organized Home Care Plan. Since there is some confusion regarding these two programmes we will try to make a simple differentiation. A Home Care Plan or hospital extended care provides for a range of individualized medical and Nursing Care services, essential drugs and supplies, housekeeping, social and rehabilitation services in their own home to selected patients who do not require all the treatment facilities of a hospital, but who because of

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All Public Health workers agree that the cies a mother needs help most is immediately on her return home. Setter care to mothers and habits in attil one of our main concerns and will always remain as such. Alone with the official agency we share the responsibility of providing maxious benefits to every mother and help in our community.

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the lack of alternative care services would have to be hospitalized. These services are co-ordinated through one central agency, which may be hospital or a community agency.

Last June, on a request from the Council of Community Services, Miss Constance Swinton, Regional Director, Victorian Order of Nurses for Canada, did a survey on the needs of a Home Care Plan in Calgary. Meetings were held with the Medical Profession, Hospital Administrators, Directors of Allied Agencies and City Officials. A need was determined. The City Commissioners asked Miss Swinton to prepare a proposed submission which would include a budget for one year of operation. This was done. On August 5th members of City Council accepted the plan and endorsed payment of one-third of the cost providing the other two-thirds be paid by Provincial or Federal Governments. It is anticipated that definite word from the Minister of Health will be forthcoming in February.

In order to fulfill one of our objectives and to maintain and elevate the standard of Nursing Care, we have assisted in the education of 86 undergraduate student nurses from the two local Hospitals and 10 postgraduate students from the Public Health nursing course at the University of Alberta and the University of Saskatchewan. The hospital nurses observe the work of the staff as they visited in the homes, while the Public Health students were given the opportunity of participating in the programme of the Branch.

This report affords us an opportunity to express publicly our appreciation to the many organizations, Agencies, and private individuals without whose financial assistance and wholehearted co-operation we would have been unable to function effectively.

The staff would like to say a special thanks to our answering service who handle our telephone calls so efficiently at night and on weekends; the Canadian Cancer Society for dressings and special appliances; the Calgary Medical Society, the nursing staff of the City Health Department and the administration and all personnel of the Hospitals for their co-operation. We wish to express our gratitude to the staff of our National Office, to Miss Swinton and Miss James for their wise counsel and guidance throughout the year. So to all those who have contributed in any way to our record of 1963 we say a sincere "thank you."

We realize there are still unmet needs in our community. One of our roles as a voluntary agency is to explore and demonstrate new programmes and to supplement and compliment the work of the official agency.

It is our hope to contribute to a more comprehensive health service by our participation in:

- Referral programmes in all the Hospitals in Calgary to ensure continuity of care, and making it possible for an earlier discharge and reducing the likelihood of the need for re-admission.
- 2. The co-ordination of a Home Care Programme, making it possible to give adequate care to selected patients who would otherwise be hospitalized, and thereby contributing to the patient's welfare as well as relieving the strain of hospital facilities.
- Any programme which would enrich the lives of the citizens of Calgary, especially the senior citizens.

We have a responsibility to extend our work. Let us go forward together prepared to accept our responsibilities as they arise, with the focus of our attention always directed toward the health and welfare of the patients we serve and for whom we exist.

Respectfully submitted,

Eleanor MacDougall, District Director.

SERVICE STATISTICS

				-	1963	1
		ng Care		Hea	1th Inst	ruction
	1961	1962	1963	1961	1962	1963
Depart of the C.C.II.	-		-	-	92	-
Prenatal Postnatal	50 30	. 31	14 36	98	1,289	67
Newborn	448	510	468	1,897		1,194
Infant	47	45	123	838	376	2,105
Pre-school	55	46	44	22	32	10
School age	380	325	341	48	12	9
Adult	15,049	15,349		1,127	-	-
Total	16,059	16,314	17,763	5,506	4,049	3,708
TOTAL	10,055	10,514	17,705	5,500	4,047	
	Marine Marine Street		77 - t - 1 1		NAME OF TAXABLE PARTY.	DESCRIPTION.
			Total V	/ISITS		
	1961		1962		1963	
Nursing Care	16,059		16,311		17,750	
Health Instruction	5,506		4,049		3,708	
Pt. not seen	454		138		125	
On behalf of Pt.	58		30		34	
False Calls			3		3	
Home Delivery .			-		10	
(Equivalent visits)	5				0.0 Note: 100-100-100-100	
Total	22,082		20,531		21,630	
	-					
		Numbe	er of Patie	ents Visi	ted	
	1961		1962		1963	
Prenatal	43		48		16	
Postnatal	746		716		673	
Newborn	764		755		706	
Infant	45		49		60	
Pre-school	22		24		11	
School age	13		15		15	
Adult	958		910		867	
Total	2,591		2,517		2,348	
*	ORDER OF THE R		TERRETORN	2 12	COMMUNICAL	
		Pé	y Status	of Visits	-	
	1961		1962		1963	
Full -	4,564		4,233		3,993	
Part	4,577		5,077		5,642	
Free	7,221		7,299		7,446	
No Charge	5,633		3,626		3,413	
Insurance	23		-		41	
Contract	10		13		10	
Govt. (D.V.A.)	54		81		1,085	
	22,082		20,531		21,630	

SHEVICE STATISTICS

1961	1962	1963
Attendance at Prenatal Classes 158 Adoptive Parent Classes - Referrals from the C.G.H. 179	130 - 158	77 35 (couples) 152
State County		
Laundry Survice		

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FINANCIAL STATEMENT

HEALTH DEPARTMENT	1963	1962
ADMINISTRATION DIVISION		
Salaries	\$ 40,897.10	\$ 34,333.11
Travel Expense	95.05	104.40
Private Car Allowances	600.00	566.64
Employees' Transit Tickets & Passes	50.00	149.38
Equipment Maintenance	290.30	254.52
Telephones & Telegrams	190.05	260.98
Printing, Stationery & Office Supplies	1,668.36	1,396.78
Janitorial & Housekeeping Supplies	. 69.62	85.27
Sundries	28.89	163.74
Furniture & Furnishings	487.30	150,12
	\$ 44,376.67	\$ 37,464.94
SCHOOL MEDICAL SERVICES DIVISION	5. 6,991.02	9 8,103,42
Torange Malatanana a	213,32	277,01
Salaries	\$153,279.06	\$130,032,17
Travel Expense	453.99	357.00
Private Car Allowances	3,954.07	2,635.43
Passenger Car Rentals	3,729.12	3,444.75
Employees' Transit Tickets & Passes	2,843.39	2,628,94
Equipment Maintenance	185.78	114.06
Printing, Stationery & Office Supplies	2,391.84	1,741.30
Medical Supplies	3,375.33	2,731.54
Sundries	750.54	662,24
Medical Equipment	-	216,72
Furniture & Furnishings	438,60	323.87
Aid to Needy (Glasses)	818.16	1,163,57
Staff Development & Training	5.00	156,59
	\$172,224.88	\$146,208.18
CCHOOL & DRE CCHOOL DENTAL CERVICES DIVISION	'	
SCHOOL & PRE-SCHOOL DENTAL SERVICES DIVISION		
Salaries	\$ 78,306.22	\$ 68,471.79
Travel Expense	49.00	153.00
Private Car Allowances	480.00	479.14
Employees' Transit Tickets & Passes	100.00	104.35
Equipment Maintenance	551.75	47.35
Laundry Service	1,212.41	647.06
Printing, Stationery & Office Supplies	989.28	652.90
Dental Supplies	7,302.33	5,994.44
Sundries	286.10	6 060 00
Dental Equipment	1,707.79	6,260.20
Furniture & Furnishings	468,12	309.68
Staff Development & Training	55.00	10.82
	A 01 500 00	0 00 100 70
	\$ 91,508.00	\$ 83,130.73
		-

PERMITAL STATEMENT

INFANT & PRE-SCHOOL CLINICS DIVISION	1963	1962
Salaries	\$137,162.38	\$120,341.41
Private Car Allowances		2,635,43
	3,593.97	
Passenger Car Rentals	3,729.13	3,444.75
Employees' Transit Tickets & Passes	2,765.09	2,628.95
Printing, Stationery & Office Supplies	383,46	436,59
Medical Supplies Sundries	1 017 61	182.10
	1,017,61	781.84
Medical Equipment . Furniture & Furnishings	502.86	179.90
	1,197.06	5,360.29 156.59
Staff Development & Training	- 217	150,59
	-	
	\$150,351.56	\$136,147.85
GENERAL HEALTH SERVICES DIVISION	11,326	
	A	^
Salaries	\$ 6,991.02	\$ 8,108.42
Employees' Transit Passes & Tickets	213.32	277.01
Equipment Maintenance		127.30
Printing, Stationery & Office Supplies	226.71	174.53
Medical Supplies	316.15	
Sundries	8.86	54.58
Drugs	48.79	395.20
Chemicals & Disinfectants	177.63	233.40
Furniture & Furnishings	50.49	112.59
Milk for Needy	1,514.55	1,310.18
Special Health Programmes (Sabin)	6,727,53	3,597,72
	\$ 16,275.05	\$ 14,390.93
INSPECTION SERVICES DIVISION		
Salaries	\$109,641,21	\$103,120.00
Travel Expense	110.00	208.80
Private Car Allowances	7,253.74	6,660.86
Passenger Car Rentals	3,363.00	3,186,50
Employees' Transit Tickets & Passes	1,093.30	968.40
Equipment Maintenance	477.78	509.03
Utilities	174.44	162.64
Telephones, Telegrams	48.75	54.71
Laundry Service	177.70	282.86
Milk Inspection	1,207.38	1,000.93
Meat Inspection	-	33,56
Fly & Insect Control	9,175.23	12,044.45
Printing, Stationery & Office Supplies	655.13	436.59
Laboratory Supplies	1,297.77	567.46
Sundries	188,63	54.58
Laboratory Equipment	2,150,22	346.44
New Vehicle Replacement	1,941.18	-
Furniture & Furnishings	327.42	112,59
Staff Development & Training	-	194,00
	\$139,282.88	\$129,944.40
	Sap Time and the same and the s	-

HEALTH CENTRES MAINTENANCE DIVISION		
	1963	1962
Salaries Buildings & Property Rental Buildings & Property Maintenance Equipment Maintenance Utilities Telephones, Telegrams Janitorial Service Laundry Service Janitorial & Housekeeping Supplies Sundries Ground Development	\$ 1,387.51 840.00 545.25 258.79 2,865.96 1,006.65 2,448.00 579.51 .471.43 36.23 2,886.92	1,450.00 612.29 220.89 1,692.35 660.25 1,527.60 779.50 275.98
	13,326.25	11,552,68
SUMMARY		
Administration Division School Medical Services Division School and Pre-School Dental Services Division Infant & Pre-School Clinics Division General Health Services Division Inspection Services Division Health Centres Maintenance Division	44,376.67 172,224.88 91,508.00 150,351.56 16,275.05 139,282.88 13,326.25	146,208.18 83,130.73 136,147.85 14,390.93 129,944.40 11,552.68
	027,343,29	
Less:-		
Fees, Charges Recovered, Misc. Sales Provincial Government Grants	14,077.51 193,728.96	
	\$419,538.82	\$390,102.02
	HEAT STATE OF THE	
Population	276,975	269,068
Per Capita Expenditure	1.51	1.45
Per Capital Expenditure without consideration of Grants	2.21	2.03



