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City of Calgary

HEALTH DEPARTMENT

ANNUAL REPORT FOR THE YEAR 1939



## CITY OF CALGARY

## DEPARTMENT OF PUBLIC HEALTH

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# ANNUAL REPORT FOR THE YEAR 1939

LOCAL BOARD OF HEALTH OF THE CITY OF CALGARY
His Worship Mayor Andrew Davison. Chairman.
and all Members of the City Council.

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Medical Officer of Health: W.H.HILL. B.A. M.D. C.M. D.P.H. Assistant Medical Officer: GERALDINE OAKLEY. B.A. M.D.

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HE TUO

Deather - bg. are addisect Community Discusses, comes designation socityses Estion To: His Worship The Mayor, Commissioner, and Members of the City Council, constituting. The Local Board of Health of the City of Calgary.

Mrs. Wilkinson and Gentlemen:

I beg to submit herein a report covering the activities of the City Health Department for the year 1939.

#### VITAL STATISTICS

The rates expressed throughout this report are based on the population of the City as determined by the Civic Census of June 1937. This was calculated at 85,726 and it is thought is sufficiently close to the present population to warrant a continuance of this number for the purposes of expression for one or two years.

Populations of Western cities are at best somewhat transient, and it for this reason that determinations of population of times show but slight variations in numbers. This is well illustrated by comparison between the population of the City established by the Dominion Bureau of Statistics in 1931 and given as 83,362 and the population determined by the same source in 1936 and given as 83,304.

Both the gross and net rates appear, the net having specifically

to do with the picture as it concerns the City itself.

#### MARRIAGES.

The number of marriages registered throughout the year was 1529 or a rate per thousand of population of 17.8. This is an increase in the number of marriages of 222 over the year 1938, and the greatest number so far in the City's history. This uptrend in the number of marriages, aside from reflecting a greater measure of economic security, is no doubt partly accounted for by the hastiness of some of the enlisted young men to take unto themselves wives before their departure for overseas service. The wisdom or otherwise of such precipitate acts has been the subject of much debate in the past.

#### BIRTHS.

1249 net births were registered during 1939 an increase of 56 over 1938, and showing in consequence a slightly better birthrate of 0.67 per thousand population. It has been pointed out that birthrates are very low universally, and much has been said for and against legitimate increase, and from every conceivable angle. During the year, and following much consideration, the request for a grant from the Calgary Birth Control Society did not receive the approval of Council. Many arguments are advanced for and against birth control activities, but aside from these, the weight of opinion seems to be against any sponsorship by governments, Federal, Provincial, or Municipal.

The net number of stillbirths recorded during the year was 34 or a rate per thousand of population of 0.4. The figures show a slight decrease both in number and rate when compared with 1938.

#### DEATHS.

During the year 647 net deaths were reported, representing a mortality rate of 7.55 per thousand population and showing a slight increase in both number and rate as compared with the preceding year. As it is impossible to separate from the mortality tables those who resided outside the City before their death inside the City, we have perforce to confine comment in dealing with mortality to gross figures and gross rates. It will be observed that the gross number of deaths occurring throughout the year was 858, or a gross mortality rate of 10.01 per thousand population. The gross figures and rate show an increase of 54 in number and 0.61 in rate over the figures

re. Wilkingon and Gentlemen: The rates expressed throughout this report are based on the couldtist of the City as determined by the Civic Census of June gianetolitus at finuous at it has day do to beselvales sew aidt . TSC The number of marriages registered throughout the year was there are the number of marriages of 202 over the year 1938, and the great-1938, and snowing in consequence a slightly better birthrate the year, and following such consideration, the request for a grant from the Calgary Sinth Control Seciety did not receive the approval from the Council, Many arguments are advanced for and against birth control sotivities, but aside from these, the weight of opinion The net mumber of stillbirths recorded during the year was increase in both number and rate as compared with the preceding year. sa it is impossible to separate from the mortality tables those who resided outside the City, we have for last year, whereas the net figures above show but 6 of an increase in number and 0.05 in rate over the net figures for the year 1938. The increased general mortality rate of 10.01 per thousand population will therefore be seen to effect the gross rather than the net or actual City rate.

As was the case last year it will be observed that the number of deaths that occurred in the age groups from birth to 40 years, represents approximately 20% of the gross total, and from this it will be obvious that the slightly increased mortality rate is not applicable

to the younger age groups.

The first six causes of death were as follows:

Disease of the heart, arteries, kidneys, including apoplexy Cancer, all forms	347 113
Violent and accidental deaths	44
Pneumonia	36
Influenza	16
Diabetes	13
	569

Total deaths from the above six causes account for 60.3% of the total gross deaths for 1939, and incidentally forcibly points out that it is only in marked reduction of deaths from any one of or all of the above causes, that a lowering of the City's mortality rate is to be expected.

DISEASES OF THE HEART, ARTERIES, KIDNEYS, AND INCLUDING APOPLEXY. Deaths from these several related conditions numbered 347 throughout the year 1939 showing an increase of 46 over 1938. It must be pointed out that from 70% to 80% of the deaths registered in this classication had already reached the age of 60 years and over.

CANCER. Deaths from cancer show a decrease of 21 from the figures reported in the year 1938, and whilst it is very encouraging to note any reduction in the number of deaths from cancer, particularly as this cause accounts for roughly one death in six, it is very much too early to warrant any assumption that there is a downward trend in incidence. A comparison of figures ten to fifteen years hence with what obtains today will be time enough to determine trends reflecting our increasing ability to deal with this problem.

VIOLENT AND ACCIDENTAL DEATHS. The number of deaths as the result of this cause was 44 as compared with 40 for the year 1938. There has been a slight increase each year for the past one or two years in the number of violent and accidental deaths, and reports from the outside would indicate that the problem is by no means a local one. Its place among the first six causes of death is concern enough of itself, and what beyond education and publicity is to be done to the best advantage is difficult of saying. However, it is encouraging to observe that some few months ago a Safety Campaign was inaugurated in the City, and it is to be hoped that next years reporting will show a nice reduction as the result of the consciousness awakened by this campaign.

PNEUMONIA. There were 36 deaths from pneumonia throughout the year as against 35 deaths during 1938. A sharp drop in the number of pneumonia deaths has occurred in the last two years, as will be seen in the comparison set out below.

Deaths from pneumonia 1938-39 71 Deaths from pneumonia 1936-37 111

The decided improvement as pointed out in the report of last year being due to the much advanced methods of treatment perfected in the last two years.

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INFLUENZA. Influenza of itself accounted for 16 deaths during the year, and gave this condition fifth place in the first six causes of death. I think it is generally understood that influenza of itself is seldom a cause of death, and this unfortunate outcome is in nearly all cases the result of a superimposed infection - that is of course influenza plus the coincident and added condition causes the death. Pneumonia in the past and in many instances has been the added condition above referred to, but such does not appear to have been the case in this reporting, no doubt some of the reason reflecting the remarks under the heading of pneumonia just preceding. Influenza was not among the first six causes of death in the report for 1938.

DIABETES. It is again necessary to report diabetes as being one of the first six casues of death in the City, and the comments attaching to last years report in this regard do not need to be repeated. 13 deaths were attributable to this cause during the year as against 14 for the year 1938.

It is most encouraging to note that tuberculosis which for many years has occupied a prominent place in mortality tables as a cause of death, does not figure in the first six causes in this reporting. The number of deaths from tuberculosis during the year numbered 9 as compared with 17 for 1938, or a record low mortality rate from this disease, and for the City of Calgary of 10.5 per 100,000 population.

#### INFANT MORTALITY.

The number of infants that died in the first year of life was 58, showing an Infant Mortality Rate of 32.55 per 1,000 live births. These figures are increased as compared with the number and rate for the year 1938, when the number was 46 and the rate was 27.9. In spite of the increased figures as compared with 1938, Calgary compares very favorably with centres from which we have received reports. e.g.

Victoria B.C. 38.9 for 1939 Moose Jaw. Sask. 32.4 for 1939 St.Catherines. Ont. 34.3 for 1939 Calgary. Alberta. 32.55 for 1939

But we must not lose sight of the fact that even these figures are far too high. Canada is losing far too many babies and much must be given very serious consideration in dealing with this pronounced National problem. The large percentage of these deaths are preventable, and a glance at the several causes in the table dealing with this matter will, it is thought, suggest the need for a very careful analysis of these causes and their reflection, and a concerted effort on the part of those specifically concerned in this problem to bring about an appreciable betterment of this state of affairs.

#### MATERNAL MORTALITY.

The number of maternal deaths during the year was 7 or a rate of 3.93 per 1,000 live births. These figures are slightly in excess of those reported last year when the number of deaths was 6 and the rate 3.6. It will be noted in the table dealing with the causes of maternal deaths that four of the above seven deaths resulted from abortion (septic and non-septic). As was pointed out in the report for the year 1937, abortion is far-reaching in its influence, and how to cope with this involves questions as intricate as they are many The causes of infant mortality relate very closely to those obtaining under the heading of maternal mortality, introducing as they do, matters psychological, a communal consciousness of moral obligations, mode of living, and a sense of proportion. A happier

their is seldom a cause of death, and this unfortunate outcome is in certly all cares the result of a superimposed infection - that is of den the obserta this reporting, and doubt some of the remeon reflect. stones and at atead to secure at seath out more for any agree it is most encouraging to note that tuberculosis which for many mort electricity with low appropriate and seek rot to district the program Served reports, t.r. Victoria B.C. 58.9 for 1939 Moose Jaw. Sask. 58.4 for 1939 Bt. Oatherines, Ont. 54.5 for 1939 Calgary, Alberta 52.55 for 1939

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or a rate of those reported last year when the murber of deaths was a savent for the sale of those reported last year when the murber of deaths was and the rate a.c. It will be noted in the table dealing with the the rate of the saven deaths the testing of the saven deaths the testing of material testing and non-septic). As was pointed out in the influence of mortion (septic and non-septic). As was pointed out in the influence of how to cope with this involves questions as intricate as they are the how to cope with this involves questions as intricate as they are the deaths to report of the mortality relations as the mortality in mode of living, and a sense of proportion. A happier

situation can only be brought about by distinct advances in education along these lines, and, unfortunately, this seems to be at best a slow process. Three only of these deaths were actual residents of the City, and this figure results in a net maternal death rate (that is for the City only) of 2.4 per 1,000 live births, a very low rate as maternal death rates go.

Vital Statistics Tables in accordance with the form approved by The Canadian Public Health Association, follow:

#### VITAL STATISTICS REPORT

Populatinn: as shown by Civic Census taken in June 1937, 85,726 as shown by Dominion Govt Census, june 1936. 83,304

#### BIRTHS

According to the records of the Division Registrar, there were during the year:

Live Births 1782 Rate per 1,000 population 20.79 Stillbirths Rate per 1,000 live births 48 Included in the above were 533 non-resident births and 14 non-resident stillbirths.

# TABLE. No. 1 Live Births 1935-1939

Year	Population	No.including Non-resident	Rate per 1000 population	No.residents only	Rate per 1000 population
1939	85,726	1782	20.79	1249	14.57
1938	85,726	1649	19.2	1193	13.9
1937	85,726	1643	19.2	1218	1,4.2
1936	83,304	1636	19.6	1274	15.3
1935	83,362	1656	19.9	1290	15.5

# TABLE. No. 2.

#### Stillbirths 1935-1939

Year		No.including non-resident	Rate per 1000 population	No.residents only	Rate per 1000 population
1939	85,726	48	0.56	34	0.4
1938	85,726	48	0.56	39	0.45
1937	85,726	39	0.45	.31	0.36
1936	83,304	52	0.62	38	0.46
1935	83,362	51	0.61	34	0.41

#### MARRIAGES

education can only be brought about by distinct advances in education along these lines, and, unfortunately, this seems to be at best a miow process. Three only of these deaths were actual residents of the City, and this figure results in a net maternal death rate (that is for the City only) or 8.4 per 1,000 live births.

Vitel Statistics Tables in accordance with the iors approved by The Canadian Fublic Health Association, Follows

# VITAL STATISTICS REPORT

Population: as shown by Civic Census taken in June 1987, 88,706

#### BHYMIA

According to the records of the Division Registrer, there were

Live Dirths and 1782 Rate per 1,000 population 20.70

1711Dirths AS Rate per 1,000 live births 27.0

Lacing at in the above were 552 non-resident births and 14 non-resident still births.

# TARLE, No. 1

	Rate per 1000		
		1782	6961
	10.0		
Ties .	19.2		
	19.9		

# AND ADD ADDRESS OF THE

Pate per 1000	lo, residents	No.incinding	
80,0			

## MARRIAGES

Cumber performed in 1989 was 1529 Rate per 1,000 population 17.8

#### DEATHS

From all causes a total of 858 deaths were registered, being a rate of 10.01 per 1,000 population, including 211 deaths of non-residents.

TABLE. No. 3

Mortality Rate (exclusive of stillbirths) 1935-1939

Year	No. of deaths including non-residents	Rate per 1000 population	No. residents only	Rate per 1000 population
1939	858	10.01	647	7.55
1938	804	9.4	641	7.5
1937	831	9.7	641	7.5
1936	891	10.7	702	8.4
1935	783	9.4	635	7.6

# TABLE. No. 4

# (Total number including non-residents)

Abridged Int.List. Number	Disease	No. 0	of dea 1938	ths 1937	Rate. 100,000 pop 1939 1938 1937
25, 33, 22, 24.	Diseases of heart, arteries and kidneys, including apoplexy.	347	301	293	404.8351.1341.8
15	Cancer (all forms)	113	134	105	131.8156.3122.5
27	Pneumonia	36	35	59	42.0 40.8 68.8
42	Violent and accidental deaths	44	40	39	57.3 46.7 45.5
10 & 11	Tuberculosis - all forms	9	17	12	10.5 19.8 14.0
19	Diabetes	13	14	9	15.2 16.3 10.5
8	Influenza	16	9	32	18.7 10.5 37.3
	Communicable disease (other than tuberculosis, pneumonia and influenza.	6	6	7	7.0 7.0 8.2
	All other causes	274	248	275	319.6283,9320.8
	Totals	858	804	831	

#### INFANT MORTALITY

The infant mortality rate for the municipality, including deaths of non-residents, is presented in the following table for the year 1939 and the preceding four years.

row all causes a total of 858 deaths were registered, being a rate of 10.01 per 1,000 population, including all deaths of non-residents:

# TABLE, No. 5

Mortality Rate (exclusive of stillbirthe) 1955-1959

		-bulont antech to	
3,8	30.7	169	
0.7			

#### TABLE, No. 4

## GILER CAUSES OF DEATH 1984, 1988 and 1919

(Total number including non-residents)

Rate, 100,000 pop 1989 1989 1987		Disease	heides nt.List
8,1881,1388,60		Diseases of beart, arteries and Ridneys, including apoplexy.	
8,9316,0516,651			
		Pasumonia	
3.32 N.33 A.73			
0.42 8,01 8,01			
a.or a.ar s.ar			
18,7 10.6 37,8			
8.8. 0.4 0.4.			
8.0000,0000,018	378 848		
	168 408	steror	

#### YTLIATROM TEASEL

The infant portellty rate for the numbelphilty, including descus of non-residents, is presented in the rollowing table for the rest 1550 and the preceding four years.

#### TABLE. No. 5

# DEATHS OF INFANTS IN THE FIRST YEAR OF LIFE 1935-1939

(Total number, including non-residents)

	1939	1938	1937	1936	1935
No. of infant deaths	58	46	69	96	82
Rate per 1000 live bths	32.55	27.9	42.0	58.7	49.5

Number of deaths of non-residents included in above: 1939 15, 1938 10, 1937 26, 1936 22, and 1935 18

#### TABLE. No. 6

# (Total number, including non-residents)

	Cause of death	1939 Number	1938 Number		1936 Number	
1	Diarrhoea	2	1	6	5	4
2	Pneumonia	9	6	10	7	14
3	Prematurity	17	11	12	41	36
4	Congenital debility and malformations	11	10	9	10	12
5	Injuries at birth	7	4	10	6	2
6	Acute communicable diseases - whooping cough, diphtheria, measles, scarlet fever, etc.	1	-	6	5	2
7	Other causes	11	14	16	22	12

Of the 58 infant deaths registered this year, 23 occurred within the first 24 hours, 10 within the first week, and 5 died being under one month of age, representing 65.5% of the total number.

### MATERNAL DEATHS

The number of deaths from puerperal causes was 7, including 4 deaths of non-residents. The rate for the municipality is 3.93 per 1000 living births.

### TABLE. No. 7

## MATERNAL MORTALITY (including non-residents) 1935-1939

Year	Live births	Number of maternal death	s Rate per 1000 live births				
1939	1782	7	3.93				
1938	1649	6	3.6				
1937	1643	10	6.1				
1936	1636	11	6.7				
1935	1656	5	3,02				

Number of deaths of non-residents included in above: 1939 4, 1938 1, 1937 4, 1936 7, and 1935 1.

# GAST-REST, RAIL AD SYRA ASSEA SHE HI DAMAGKI SO BREASED.

	1988		
			smalet to sold
71.88		88,38	Sets per 2000

burber of deaths of non-residents included in above: 1939 15, 1938

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# TOTAL BURDET, TOTAL TOTAL TOTAL TOTAL

				Course of death.
				Diarraces
			ts.	
				Inductes at birth .
:			4	

the 58 infant destine registered this year, 85 occurred within the trut 24 hours, 10 within the first week, and 5 died being mader one onth of age, representing 65, 5% or the total number.

#### MATERIAL DEATHS

he number of deaths from puerperal causes was 7, including 4 deaths f non-heathents, The rate for the ministrapility is 5, 90 per 1000

# TARES, NO. 7

# MATER AT MORTALITY (the budies non-readdents) 1935-1939

				BBB
	00.0			

The chief causes of maternal deaths during the year 1939, according to residence, are presented in the following table:

TABLE. No. 8.

CAUSES OF MATERNAL DEATHS 1939

Cause of death	Number, including non-residents	Residents only
Abortions (septic and non-septic)	4	2
Puerperal toxaemias	1	-
Puerperdsepsis	-	-
Other puerperal causes	2	1

From the following table the part played by certain causes is at once evident:

COMMUNICABLE DISEASES (residents only)
TABLE. No. 9

REPORTED CASES AND DEATHS FROM COMMUNICABLE DISEASES 1939

	Cas	ses	0-4	yrs	5-14	lyrs	15	over	Tota	ls
	M	F	Css	Dth	Cs's	Dth	sCs'	sDth	sCs's	Dths
Cer. Spinal Meningitis	-	-	-	-	-	-	-	_	-	_
Chickenpox	243	220	39	-	401	-	23	-	463	
Diphtheria	-	5	2	-	2	-	1	1	5	1
German Measles	2	1	1	-	5	-	-	-	3	-
Influenza	_	-	-	2	_	-	_	13	_	15
Measles	12	5	9	-	4	-	4		17	-
Mumps	121	87	7	-	190	-	11	-	208	-
Paratyphoid Fever	-	_	-	-	-	-	-	-	-	-
Pneumonia (all forms)	-	-	-	6	-	-	-	18	-	24
Poliomyelitis	-	-	-	_	-	-	-	-	-	-
Puerperal Septicaemia	-	-	-	-	-	-	-	-	-	-
Scarlet Fever	152	148	59	-	206	2	35	-	300	2
Septic Sore Throat	-	-	-	-	-	1	-	1	-	2
Smallpox	-	-	-	_	-	-	-	_	-	-
Tuberculosis (all forms)	12	7	-	1	-	2	19	5	19	8
Typhoid Fever	1	-	-	-	-	-	1	-	1	-
Undulant Fever	1	-	_	-	-	-	1	-	1	-
Whooping Cough	97	117	90	1	122	-	2	-	214	1
	641	590	207	10	927	5	97	38	1231	53

The chief causes of maternal deaths during the year 1500, scoording to residence, are presented in the following tenies:

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s, including Residents	
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	(pliged-don pur clides) buchace
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	Other puerparal causes.

From the following table the part played by certain caused in at

COMMUNICABLE DISEASES (residents only)

REPORTED CASSE AND DEATHS PROM COMMUNICABLE DISEASED 1939

	IN I				AI = 8			8 808	aniso
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itphtheria						-			
selacol gento			1	-					
								97	
					nort				**
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neumonis (all forms)									
			,				-	-	
simespitges larequeut					-		-		
learlet Fever									
leptic Sore Throat									
			-						
(amon IIs) statfuoreon									
				:					
						7.			
		111				-			
	203			OE				1881	

#### CAUSES OF DEATH

In accordance with the recommended practice the causes of death are presented, using the Abridged International List as follows:

ABRIDGED INTERNATIONAL LIST CAUSES OF DEATH Revision of 1929

No. Disease	umber ncluding on-Res:	Residents
1 Typhoid and Paratyphoid Fever	1	-
3 Smallpox		-
4 Measles	1	-
5 Scarlet Fever	2	2
6 Whooping Cough		1
7 Diphtheria		1
8 Influenza	_ 16	15
10 Tuberculosis of the respiratory system		5
11 Other forms of tuberculosis		3
12 Syphilis		2
14 Other infections and parasitic diseases	D	3
15 Cancer and other malignant tumors	110	79
16 Tumors - non-malignant tumors	11	5 9
17 Chronic rheumatism and gout 18 Diabetes mellitus	13	9
19 Alcoholism (acute and chronic)		2
20 Other general diseases and chronic poisonings		15
21 Progressive locomotor ataxia and general paraly		10
of the insane	-	_
22 Cerebral hemorrhage, cerebral embolism and throw 23 Other diseases of the nervous system and of the		1 29
organs of special sense		15
24 Diseases of the heart	177	140
25 Other diseases of the circulatory system		96
26 Bronchitis		6
27 Pneumonia	36	24
28 Other diseases of the respiratory system,		
tuberculosis excepted	20	14
29 Diarrhoea and enteritis	5	5
30 Appendicitis	11	7
31 Diseases of the liver and biliary passages	14	9
32 Other diseases of the digestive system		23
33 Nephritis	22	16
34 Other diseases of the genito-urinary system	18	7
35 Puerperal septicaemia		-
36 Other diseases of pregnancy, childbirth and the		
puerperal state	7	3
37 Diseases of the skin, bones, and organs of locom		6 2
38 Congenital debility and malformations, prematur		
birth etc.	38	27
39 Senility		34
40 Suicide	9	6
41 Homicide	-	-
42 Violent or accidental deaths (suicide and		7.7
homicide excepted)	44	31
43 Cause of death not specified or ill-defined	_ 3	2
	858	647

In accordance with the recommonded practice the causes of death are presented, using the Abridged Intercentional Lint as follows.

ARREST TO FOIRING FIASH NO PERSUAD PRAT LANGUTANSSTEE DECOTORA

		Other infections and parasitio diseases	
		Cancer and other mallenant turers	
		Chronic rheumstlem and goot	
		Disbetos mollitum	
		Alcoholism (noute and chromic) Other general diseases and chromic poisonings	
		Other consess discusses and chronic poisoning	
		Progressive locomotorestate and peneral perel	
	CE produce		
		Corecral homorrhage, derebral exholion and the	
		Other discussed of the circulatory system  Proumonia Other discess of the resultatory system, tuberculosis excepted	
		Other discussed of the directatory eyatem Proumonis Other discense of the respiratory apatem, tuberculosis excepted Diarrhoes and enteritie	
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		Other diseases of the circulatory system Proumonia Other diseases of the resultatory system, tuberculosis excepted Diseases and enteritie Appendicitis Diseases of the liver and biliary passace	
		Other diseases of the resultstory system Proumonie Other diseases of the resultstory system, Starrhoes and enteritie Appendicitie Diseases of the liver and biliary passages Other diseases of the diseative system	
		Other diseases of the directatory system Proumonis Other diseases of the respiratory spatem, tuberculosis excepted Diserbose and enteritie Appendicitie Diseases of the liver and biliary passages Other diseases of the digestive system Rephritis	
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		Males	Females	under 24 hours	under one year	1 to 4 yrs	5 to 19 yrs	20 to 39 yrs	40 to 59 yrs	60 and over	Totals
1	Infections and parasitic diseases	21	lö	_	3	4	5	6	10	11	39
2	Cancer and other tumors	62	57	_	_	_	2	5	49	63	119
3	Rheumatism, diseases of no trition and general diseases		5 18	-	_	-	2	6	10	15	33
4	Diseases of the blood and blood-forming organs		8	_	_	1	1	1	4	7	14
5	Chronic poisonings and intoxications	1	1	_	_	_	_	_	1	1	2
6	Diseases of nervous systematics organs of special sense	em 35	16	1	1	2	1	3	16	27	51
7	Diseases of the circu- latory system	180	114	_	_	_	2	12	76	204	294
8	Diseases of the respiratory system	44	19	_	9	5	2	9	7	31	63
9	Diseases of the digestive system	e 36	24		- 3	1	11	6	25	14	60
10	Diseases of the genito- urinary system	28	12	_	_	_	_	3	9	28	40
11	Diseases of pregnancy, chi birth and puerperal state		7	_		_	_	6	1	_	7
12	Diseases of skin and cellular tissue	1- 3	3	_	1	_	_	1	1	3	6
13	Diseases of bones and organs of locomotion	_	_	_	_	_	_	_	-	_	-
14	Congenital malfor- mations	2	8	3	5	1	-	1	-	_	10
15	Diseases of early infancy	11	17	18	10	_		-	_	-	28
16	Senility	17		_	_	_	_	_	_	36	36
	Violent or accidental deaths	38	15	_	3	4	7	18	11	10	53
18	Ill-defined causes of death	2	1	1	-	1	-	-	1	-	3
		501	357	23	35	19	33	77	221	450	858

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TABLE. No. 10

REPORTED CASES AND DEATHS FROM TUBERCULOSIS 1935-1939

Year	Cases	Number of deaths in City	Number of deaths in outside sanitoria	Total deaths	Rate per 100,000 population
1939	19	9	12	21	24.5
1938	23	17	13	30	35.0
1937	5	12	10	22	25.6
1936	8	16	4	20	24.0
1935	27	8	6	14	16.8

#### TABLE. No. 11

REPORTED CASES AND DEATHS FROM SCARLET FEVER, DIPHTHERIA, WHOOPING COUGH & MEASLES. 1937-39

		Cases		Deaths	3		Mortality rate per 100.000 population			
	1939	1938	1937	1939	1938	1937	1939	1938	1937	
Scarlet Fever	300	199	415	2	2	1	2.3	2.3	1.2	
Diphtheria	5	1	1	1	-	-	1.2	-	-	
Whooping Cough	214	100	167	1	-	3	1,2	-	3.5	
Measles	17	328	1388	1	3	2	1.2	3.5	2.3	

Non-residents included in the above for, 1939 were one death from measles.

TABLE. No. 12.

REPORTED CASES AND DEATHS FROM TYPHOID FEVER 1935-39

Year	Cases (residents only)	Number of deaths including non- residents	Rate per 100,000 population includ- ing non-residents
1939	1	1	1.2
1938	_	1	1.2
1937	_	<u> </u>	1.2
1936	3	4	4.8
1935	2	1	1.2

Number of deaths of non-residents included in the above for 1939 1, for 1938 1, for 1937 1, for 1936 1, and for 1935 1.

# REPORTED CAMES AND ELECTRIC SEE TENERCHIOCUST ACCESTAGE

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					3			Diphinerse
3.8		318			591	OOF		Whooping Cough
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Non-real dents included in the above for 1959 were one death from

# TARRE, No. 18.

# ES-BOAL REVER GEOFFET MORS BEFARE GNA BERAD GETROTHS.

Dog. 0.1 med efelt- bepulation included	Number of deaths including non-	
e.f		
8.8		8501
8.16		1981

Number of deaths of non-residents included in the enove for 1989

#### COMMUNICABLE DISEASE

The total number of cases of communicable disease reported throughout the year was 1231, and the number of deaths covered by these causes was 53, approximately half of which was due to pneumonia, a disease not popularly regarded as communicable but so nevertheless, and reportable under the regulations set forth under The Public Health Act.

Chickenpox, mumps and German measles collectively showed the greatest incidence, the number being 674 with no deaths. These three diseases are reportable only and there are no restrictions placed on contacts, susceptible or insusceptible. The relative insignificance of these three diseases, plus the fact that they rarely lead to complications, has prompted their placement under this ruling.

Scarlet fever showed an incidence of 300 cases during the year with 2 deaths in the 5 to 14 year old group. A considerable reporting of scarlet fever is always the case from every centre throughout the temperate zone each year, and, economically speaking, and further in view of the lengthy period of isolation, plus the universality of the infective reservoir which keeps the fire 's of scarlet fever alight, there is no question that this one form of communicable disease is the most costly to any community, publicly and privately. The time is past due for a real stocktaking in consideration of this condition.

Measles showed a very low incidence of 17 cases during the year and no deaths were reported from the disease itself or from its most dreaded complication in the infant-age group - proncho pneumonia.

Septic sore throat. There was an incidence of 2 cases, resulting in death in each case during the year. This disease is usually attributable to infected raw milk and is a very dangerous condition. The organism involved in the human infection is carried through the medium of raw milk from an infected udder of some milch-cow. The so-called "Pure, rich, Farm-fresh Milk" from in many instances questionable sources will gain access to this or any other city, in spite of the closest watch.

Influenza. This condition, whilst reportable in accord with the regulations under The Public Health Act, is seldom reported and it is therefore impossible to determine the number of cases. We are unable as a result of this laxity to determine a dependable deathrate from this condition. Fifteen deaths as the result of this cause were reported during the year. The number of cases is anybody's guess.

Diphtheria. It is regrettable to have to report the occurrence of five cases and one death from this cause during the year. Since the commencement of 1933 and up to the commencement of 1939, Calgary had been free from this disease. Calgary's experience prior to the time mentioned was anything but a happy one in regard to diphtheria. The necessity for this reporting is occasioned for two reasons, the fact that too few are availing themselves of the opportunity to be immunized against diphtheria, and the fact that those who have been immunized are at a low ebb in so far as their immunity is concerned.

Whooping Cough. 214 cases of this disease were reported during the year and one death in the infant-age group. The incidence of this disease was not particularly high, but as the symptoms of this disease are very distressing, to say nothing of the possible complication of broncho-pneumonia in the infant-age group, any number of cases of whooping cough is too many.

Typhoid Fever. One City case was reported during the year, the patient a transient who contracted the disease outside the City. One death from typhoid is registered, that of a country patient brought

to Calgary for hospitalization.

TRANSPORTED TO THE PROPERTY OF red recent constitution of the constitution of to restrict the year was littly, and the number of deaths character those ourses was 35, approximately asis of which was due to presente, o disease not populately required as computationals but so nevertholess, and reportable upder the regulations set farth under Chickeneas, muche end. Corman, measies onlienties, showed the diseases are reportable only and there are restrictions places on someones are restricted and resident to an area of the restricted as a succeptible or the relative testing and resident to an area of the restriction of the resident to an area of the resident to a succeptible or the resident to a of these three diseases, plue the fact that they rately lead to complications, has prompted their pleasment under this ruling.
Sharlet fever slowed an incidence of 300 cease during the year the temperate zone each year, and , edonowinelly apearing, and furthe in when of the lengthy period of isolation, plus the universality of eldseigumnes to met sae sins sens meldseup on al sient . deglis ireaded complication is the infant-see group - browsho praying Soptio sore throat, There was an incidence of 2 cases, resulting in death in each case during the year, This disease is usually . no lilibrate to integral the sai is a very dangerous condition. secondant year of mort "Milly" from in many toliabebe nt ,voto read o can so chit or seepon sies illiw sperios eldenoitsepp il bus begrooms unbles at . son driess officel edl tebou ecolistume: educate an result of this laxity to determine a dependable death. rate from this condition, Fifteen deaths as the result of this codes wie reported during the pear, The number of cases is anybody's guess. Diphinaria, It is regrettable to have to report the occurrance sed been free from this disease. Calgary's experience prior to the mend even cow erods tank took one the best was have been securized are at a low out to so for the theory immunity is concerned. winds bettoder ones eases it this disease were reported during aids to abmediant any query exactantian and al dieeb eno bat wasy to omplication of broads o-pasumonia in the intent-see groups any number Typhoid Fever, One City case was reported during the year 1310 and abtervo esseeth our berontago con totaleners a smalle day for typhoid to regionary, that of a country more at blodgy more days

Undulant Fever. One case of this disease was reported during the year. This is the second reporting of this disease in the history of Calgary, the first case having been reported some ten or fifteen years ago.

Poliomyelitis. Calgary was free from this disease during 1939.

#### IMMUNIZATION.

In this phase of departmental activities there has been a slight decrease in the number of immunities conferred as compared with 1938. It is indeed difficult to bring home to parents and others the necessity of protecting children of susceptible age against the several diseases for which we have known and proved protective measures. Epidemics of any disease are extremely costly in life, time and money, and it would argue that when scientific protection is so readily made available, that more people should take advantage of it as being aduty to themselves, to say nothing of the community at large DIPHTHERIA TOXOID

The quantity of diphtheria toxoid distributed by the department during 1939 was 603. The number receiving the three doses in this department was 374.

The total number of capilliary tubes distributed by the department during 1939 was 970. The total number vaccinated in this department was 184.

SCARLET FEVER TOXIN.

The quantity distributed by this department in 1939 was 277. The total number receiving the five doses in this department was 30. COMBINED SCARLET FEVER TOXIN AND DIPHTHERIA TOXOID.

The total number given the combined preventive treatment against scarlet fever and diphtheria in this department in the year 1939 was 13.

The work done by the Public Health Nurse in this connection is shown in the following table:

#### PUBLIC HEALTH NURSES REPORT 1939

	Jan	Feb	Mar	Apl	May	Juņ	Л	Aug	Sep	Oct	Nov	Dec	Total
Inoculations	74	72	76	83	155	155	136	190	160	110	166	161	1538
Swabs taken	-	3	2	-	63	58	-	-	7	2	-	61	196
Vaccinations	12	1	20	15	16	23	14	44	14	16	7	2	184
Schick Tests	18	1	1	-	-	_	-	1	14			-	35
Dick Tests	_	2	6	24	-	4	3	-	_	24	-	7	70
Tuberculin Tests	_	3	-	77		3	1		-	106	_	2	192
Investigations	18	22	31	15	24	16	26	18	21	23	20	20	254
Total visits made	20	73	109	91	132	126	115	89	128	112	120	118	1233

Undulant Fever. One case of this disease was reported during the year. This is the second reporting of this disease in the history of years ago.

Calgary, one first dese having been reported some top or fifteen years ago.

Poliomyelitis, Calgary was free from this disease during 1939,

INSUMINATION.

In this phase of immunities conferred as compered as alight decrease in the number of immunities conferred as compered with 1958. It is indeed difficult to bring home to perents

de end els light de end end en munder of immunitées confered as bernetes confered as mundered of immunitées confered at il 1858; illustration of the services of severel at les establings of the severel at at life, time and noney, and it would engue that when solenting of the protection it as read at severelves, to say nothing of the severelves, to say nothing of the community at large

The quantity of diphtheris toxed distributed by the department unit of 1989 was 605. The number receiving the three dozen in this

SMALLFOX VACCINE

-Stoges ods to bestding is to telliary tubes tistributed by the deport-

SCARLET PEVER TOXIN

The quantity distributed by this department is 1930 was 20.
The total number receiving the five doses in this department was 30.
COMMINED SCREET FIXER TOXIN AND DIFFERENT TOXOLD.

against sources and diphtheria in this department in the year

The work done by the Fubile Health Murse in this commention is shown in the following table:

## PUBLIC HEALTH NURSES REPORT 1939

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# COMMUNICABLE DISEASES REPORTED 1939

	Jan	Feb	Mar	Apl	May	Jun	Jly	Aug	Sep	Oct	Nov	Dec	Total
Smallpox	-	-	-	-	-	-	-	-	-	-	-	-	-
Diphtheria	-		-	-	1	1	_	-	2	-	-	1	5
Scarlet Fever	22	7	5	14	14	32	15	20	24	40	41	66	300
Typhoid Fever	-	-	-	-	-	-	-	-	1	-	-	-	1
Paratyphoid Fev:	-	-	-	-	-	-	-	-	-	-	-	-	-
Measles	3	3	2	-	-	-	4	2	1	1	-	1	17
German Measles	-	_	1	_	1	-	1	-	-	-	-	-	3
Mumps	47	23	55	41	31	5	2	2	1	_	_	1	208
Chickenpox	55	57	27	17	36	52	11	19	24	38	74	53	463
Erysipelas	2	-	_	-	_	_	-	1	_	-	-	1	4
Whooping Cough	1	2	5	9	56	30	33	14	30	12	11	11	214
Pul. Tuberaulosis	2	1	3	2	3	-	3	-	2	1	Z	-	19
Cer.Spin.Meningi	ts-	-	-	-	-	-	-	-	-	_	-	-	-
Ant. Poliomyeliti	s	-	-	-	-	-	-	-	-	-	-	-	-
Undulant Fever	-	-	-	-	-	-	-	-	-	-	1	-	1
	132	93	98	83	142	120	69	58	85	92	129	134	1235

# SERA AND VACCINE DISTRIBUTED 1939

Diphtheria Antitoxin. 1,000 units in syringes		pkgs
" 5,000 " "	36	11
" 20,000 " "	12	**
Scarlet Fever Antitoxin, 2000 units in syringes	153	17
" " 6000 " "	215	11
Diphtheria Toxoid, each for one person	603	11
Scarlet Fever Toxin, each for one person	277	11
Material for Dick Test	55	"
Material for Schick Test	16	11
Smallpox Vaccine	970	points
Typhoid and Paratyphoid Vaccine, bottles of 25 cc's	33	btls
Pertussis Vaccine. 5 cc's or 8 cc's	164	pkgs
Poliomyelitis Convalescent Serum	1	btl
Gas Gangrene Antitoxin, 10,000 units	15	pkgs
Staphylococcus Toxoid. 2 cc's	62	pkgs
Tetanus Antitoxin. 1,500 units		pkgs
(Supplied by Provincial Board of Health. Edmonton, free	for pr	ophy-
laxis and to be charged for for treatment)		

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# SERA AND VARCINE DISTRIBUTED 1959

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	Supplied by Provincial Board of Health, Edwarton, free
	aris and to be charged for for treatment)

#### QUARANTINE AND DISINFLCTION

The duties in this branch of the department have been carried out satisfactorily during the year. One of the first essentials in communicable disease control is a full and adequate reporting of the cases as they occur, and it frequently happens that those responsible for this requirement neglect to report, with the inevitable result that wider spread is occasioned. How to cope with this is in itself a problem, and continuous efforts are made to bring about improvement without resorting to the drastic action prescribed in the regulations under The Public Health Act.

Details of the work in this connection are shown as follows:

	Jan	Feb	Mar	Apl	May	Jun	Jly	Aug	Sep	Oct	Nov	Dec	Totals
Quarantines	26	13	11	17	50	55	24	34	42	52	47	85	456
Releases	14	6	6	5	31	36	35	46	43	26	34	27	309
Moved to hospital	19	9	5	12	15	33	15	20	23	37	38	60	286
Other visits	75	79	116	99	110	101	64	114	106	145	141	97	1247

#### MEAT INSPECTION 1939

The duties attaching to this phase of sanitary service have been satisfactorily discharged throughout the year and the following table shows the scope of the work done:

	-			-		-	-			-			
SUBMITTED	Jan	Feb	Mar	Apl	May	Jun	Jly	Aug	Sep	Oct	Nov	Dec	Totals
Beef	163	112	181	137	140	164	146	153	160	166	130	93	1745
Veal	238	193	240	193			161	220	200	231	185	142	2476
Hogs	48	16	50	44	50	39	22	54	47	50	83	89	592
Sheep & Lamb	25	27	2	8	16	27	5	24	14	11	10	5	182
TOTALS	474	348	473	382	453	456	334	451	421	458	416	329	4995
CONDEMNED													
Beef	61	1	2	1	3	3	7	_	1	_	2	_	201
Veal	-		2	_	1	_	_	_	_	_	-	-	3
Hogs	15	11/2	21/2	1 2	-	134	11/2	11/2	_	7	41/2	7	171
Sheep and lamb		_	-	_	-	-	-	_	_	_	1	_	1
TOTALS	8	21/2	61/2	11/2	4	43	21/2	11/2	1	1	71/2	1	413
PORTIONS CONDE	MNED												
Beef heads	18	10	23	11	9	5	2	4	1	2	3	1	89
Beef hearts	10	9	17	12	9	9	9	9	4	8	9	6	111
Beef livers	36	35	57	39	39	30	33	31	18	27	25	23	393
Veal heads	-	_	_	-	_	-	-	_	1	_	_	-	1
Veal hearts	1	1	2		-	-	1	1	1	3	_	-	10
Veal Livers	4	4	4	6	5	4	4	5	3	3	5	3	50
Hog heads	13	6	17	18	19	7	2	100		4	19	20	142
Hog hearts	10	4	14	12	7	8	5	8	2	6	11	5	92
Hog livers	-	6	23	17	23	15	8	22	9	15	30	26	194
Sheep hearts	-	-	-	-	-	-	-	-	-	-	-	3	3
Sheep livers	9	11	3	4	11	8	5	14	-	5	11	,5	86
TOTALS	101	86	160	119	122	86	69	104	46	73	113	92	1171

Total amount of Meat Inspection Fees collected in 1939 was \$1,099.90

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### MEAT INSPECTACE 1959

The duties attaching to this pleas of sanitary service have been elistering table of the grant the year and the following table how the stope of the work done:

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tel shound of Meat Inspection Pess collected in 1989 was \$1,099.90

The continuing acuteness of the housing situation with all its ramifications, coupled with sickness amongst the personnel of the sanitary control staff and the added work as the result, (the work was carried on without extra staff) has spelt a busy year for the Chief Inspector and his assistants. All duties covered by this branch of the department have been satisfactorily performed.

Police Court procedure was instituted only once during the year.
After a remand, during which time the nuisance was abated, the defend-

ant was reprimanded by the Court and the charge dismissed.

The production, preparation and handling of foodstuffs has been rigidly supervised and the sanitary regulations in respect thereto enforced.

The work done by this branch of the department is shown in the following table:

	Jan	Feb	Mar	Apl	May	Jun	Jly	Aug	Sep	Oct	Nov	Dec	Total
Inspections made												****	12320
Notices issued, written	18	23	23	27	18	21	9	14	14	7	17	10	201
Notices issued, verbal	93	78	107	214	116	96	108	91	94	63	18	18	1096
Complaints received	23	10	22	41	31	42	39	47	21	10	18	16	320
Complaints justified	20	8	19	29	31	37	34	42	17	8	13	12	270
Prosecutions	1	-	-	_	_	-	_	_	-	-	_	_	1

#### MILK AND DAIRY INSPECTION

There is always considerable activity in this branch of the Sanitary Control Division of the department, having in mind the dangerous hazards attendant on a loosely controlled raw milk situation, and the many possibilities under which milk can become responsible for epidemics of one kind or another. Continued close watch over the herd, its housing, the methods of production of milk, the handling of milk from its primary source to the consumer, questions of transportation, and the final processing in the city's milk plants, must at all times and without interruption be maintained, to assure the City the quality of milk it is entitled to and should insist on The small percentage of raw milk distributed in 1938 has been further lessened due to the purchase by one of the pasteurizing plants of the business of one of the raw milk distributors. Raw milk now shows but 6.35% of the total City supply.

The work of this branch of the department is shown in the

following tables:

Of the 3621 sediment tests of producers samples, 3241 or 89.5% were good, 227 or 6.3% were fair, and 153 or 4.2% were bad.

Of the 208 sediment tests of retailers samples, 208 or 100% were good.

Of the 3596 methylene blue reductase tests of producers samples 3410 or 94.8% were Grade 1, 179 or 5.0% Grade 2, and 7 or 0.2% Grade 3 Of the 85 methylene blue reductase tests of retailers samples of pasteurized milk, all or 100% were Grade 1.

Of the 123 methylene blue reductase tests of retailers samples of raw milk, 122 or 99.2% were Grade 1 and 1, or 0.8% Grade 2.

Reductase test in accordance with American Public Health Association Standards.

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According to the records of the Public Utilities Commission, who are responsible for the economic control of the city milk supply, the sales of milk and cream during the year 1939 were as follows:

Total sales of pasteurized milk raw milk

7,871,561 quarts or 93.65% 534,180 " 6.35% 8,405,741 "

Total sales of milk

0 - 171 0 51

Daily per capita consumption of milk 0.54 pints.

Total sales of pasteurized cream raw cream

827,050 quarts or 96.15% 33,147 " 3.85%

Total sales of cream

860,197 "

Daily per capita consumption of cream 0.055 pints

Work in this department is shown in the following table:

	Jan	Feb	Mar	Apl	May	Jun	Jly	Aug	Sep	Oct	Nov	Dec	Tota
Inspections in City	76	79	127	92	91	64	62	109	106	106	158	173	1243
Inspections in country	97	107	111	107	122	107	51	27	108	93	125	104	115,9
Complaints received	1	-	1	1	-	-	1	-	-	-	2	-	6
Complaints justified	1	-	-	-	-	-	1	-	-	-	12	-	4
Notices issued, written	25	21	15	12	38	14	23	57	38	39	47	28	357
Notices issued, verbal	7	-	19	17	14	11	8	-	11	14	12	8	121
Licenses suspended	_	-	-	1	-	-	-	2	-	-	-	2	5
Permits issued to Dairymen	378	-	_	-	1	_	1	1	1	-	_	-	382
Milk Vendors	272	_	-	-	-	_	-	-	-	-	_	_	272
Cowkeepers	186	2	8	14	17	8	4	5	2	-	-	-	246
TESTS: Sediment	376	234	376	241	339	212	213	415	395	392	392	244	3829
Reductase	376	234	376	241	339	212	213	415	395	372	387	244	3804
Phosphotase	18	17	18	21	15	15	19	17	15	15	30	23	223
Butter fat	44	36	37	37	41	19	36	39	41	40	40	40	450
rotal milk and cream samples	701	445	715	445	643	405	390	789	767	728	739	528	7295
Water samples	-	-	1	1	1	2	1	5	2	-	-	2	15
Milk cans condemne	ed -	-	-	-	-	-	3	-	-	-	-	-	3
Milk condemned. 1bs		-	θ	-	-	-	_	_	960	-	_	_	960

### EDUCATIONAL

Full advantage has been taken of the many occasions to further education in matters pertaining to public health. Much of this work consists of talks and lectures given in schools, to school groups, service clubs, private classes, and a number of other gatherings, by the Medical Officers and the Nursing Staff, and it is felt that much is accomplished in this way.

The prescribed course of lectures in Public Health and Preventive Medicine, as part of the curriculum laid down by the Senate of the University of Alberta, governing training schools for nurses, was given by your M.H.O, in the Holy Cross Hospital and the General Hosp.

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Considerable interchange of data with most of the centres in Canada and the United States occurs each year and permits of a more accurate determination of problems relating to Calgary as compared with elsewhere.

#### RELIEF DEPARTMENT

Co-operation with the Relief Department in matters relating to medical considerations continue to occupy an appreciable part of the time of the department. It has been the department's endeavour to deal with each problem in an impartial and unbiased manner, and even this attitude results in its modicum of unpleasantness. However, a relative absence of complaint would indicate a general appreciation of our efforts in this regard.

Some time was spent in several lagal matters at the instance of the City Legal Department.

The M.O.H, carried out his duty as medical examiner in connection with applications for entry into the Street Railway Service and also in respect to applic ations for pension under the City Employees Pension Fund.

#### CONCLUSION

The department is deeply indebted to the following for constructive help, kindly advice and direction, and aids in actual work.

His Worship The Mayor, Commissioners and Members of the Council. The Members of the Calgary School Board and the Separate School Board. The Provincial Board of Health

The Superintendent and Staff of Central Alberta Sanatorium The Superintendent and Staff of the Provincial Mental Hospital.

The Metropolitan Life Insurance Company.

The Calgary Tuberculosis Association (The Kinsmen's Club)

The Victorian Order of Nurses.

The General Hospital.

The Calgary Daily Herald.

The Albertan. Calgary.

The Radio Broadcasting Stations

The preparation of the Annual Report affords the Medical Officer of Health an opportunity to express his heartfelt thanks to each and every member of the department's staff for the unquestionable co-operation and loyalty on which he can so truly depend. This is always a source of much encouragement and is without doubt a pointed factor in the maintenance of possibly an unique but in any event an efficient department.

All of which is respectfully submitted:

W. H. HILL. M.D. C.M. D.P.H.

Medical Officer of Health.

Considerable intervience of data with most of the centres in DESCRIPTION OF THE PARTY OF THE time of the department it has been the department and endeavour to deal with end problem in the section of the sections of the section of the sec notivipercos i rectos a alabido la la comenda sviteler the Olly Legal Department. tion with applications for earry and the Street Eastway Service and seemelgan wrib end helper nelsons for mosts of the dirty amployees Penston Fund.

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Victorian Order of nurses,

the Calgary Daily Harold, tragiso .nettedia en

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H. H. HIGH, CHO. C.M. D.P.H.

W. H. Hill, Esq., M.D. C.M. D.P.H., Medical Officer of Health, City of Calgary, Alberta.

Dear Doctor:

I beg to submit herewith the report of the Child Welfare Section of the City Health Department for the year 1939.

# TOTAL EXAMINATIONS OF SCHOOL CHILDREN MADE BY T'O EXAMINING PHYSICIANS

Physical examinations made Special cases	5,605
Not vaccinated	2,177
10% or more below normal weight	2,049
7-10% below normal weight	775
Anaemia	495
Enlarged glands	51
Enlarged Thyroid	177
Chorea	34
Cardiac disturbance	14
Pulmonary Disturbance	37
Ohesity	7
Skin Diseases:	14
Ringworm	72
Scabies	3
Impetigo	11
Miscellaneous	3
Pigestiwe disorders	27
Defective vision	103
Defective hearing	491
Defective spine and posture	79
Defective extremities	8
Defective nasal breathing	21
Tonsils and adenoids	196
Moderately enlarged tonsils and adenoids	381
Unclassified medical defects:	634
Enuresis	0
Cretinism	6
Dextrocardia	1 1 1 1 1
Acute arthritis	1
Rheumatism	1
Diabetes	1
Miscellaneous	14
Cleft Palate	
Unclassified Surgical Defects:	1
Phimosis	30
Cyrptorchid	38
Hernia	8 20
Problem cases	17
Received Toxoid	
Other defects	901
Number found O. K.	
Number referred to family physician	2,158
Parents invited	1,763
Parents present	1,107
Taronto Propono	920

The number of complete physical examinations made was 5,604. All pupils in grades 1, 3, 5 and 8, are given a routine

W. H. Hill, Csq., M.D. C.M. D.F.H. Medical Officer of Fealth, City of Calgary, Alberta.

Dear Doctor.

I beg to submit herewith the report of the Child Walfers Section of the City Health Department for the year 1939.

# TOTAL EXAMINATIONS OF DERBOL CHILDREN

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examination every year. Children in need of an immediate examination are sent down to the City Hall and are classed as "special cases". Some of these have defective vision or enlarged tonsils, and have already been notified of this defect at school, but the case is urgent and the nurse finds that no treatment has been secured. Because of this, in counting the number of cases referred to the family physician, these are frequently counted both as school cases and as "special" cases. Pupils move about so much it is practically impossible to get an accurate count of all who have secured treatment from their physician during the current year.

#### CASES REFERRED TO FAMILY PHYSICIANS THROUGHOUT THE YEAR 1939

	Routine Examinations	Cases Treated
Defective vision	512	252
Conjunctivitis	1	
Enlarged tonsils and adenoids	322	229
Moderately enlarged tonsils & adenoi		70
Defective hearing	35	30
Defective nasal breathing Skin Diseases:	14	2
Ringworm	7	7
Scabies	7	6
Eczema	1	1
Pulmonary disturbance	5 2	4
Cardiac		1 5 1 1 2 1
Chorea	7	5
Malnutrition	10	1
Anaemia	9	1
Enlarged thyroid	6	2
Hypothyroidism	2 2	1
Orthopaedic defects	2	1
Digestive disorder	1	
Enevosis Unclassified Medical Defects:	1	
Epilepsy	1	1
Rheumatism	1 2	-
Pyelitis	2	1
Hay fever	2	ī
Erythema Modosum	1	1
Furunculosis	2	2
Miscellaneous	39	9
Unclassified Surgical Defects:		
Hernia	12	3
Synovitis	1	Tell plants
Appendix	2 2 1	2
Fractures	2	2
Hydrocole Phimosis	21	2 1 3
Minor surgery	7	7
Cryptorchid	6	2
orghoordira		

The number of physical examinations made is somewhat smaller than usual. On September 1st Dr. Johnston obtained leave of absence to serve with the Army, and it was impossible to obtain a successor to carry on his work till October 1st. Dr. Oakley

examination every year. Children is need of an immediate examination are sent form to the City Hail and are classed as "special tion are sent form to the City Hail and are classed as "special and nave already been notified of this defect at account has been each to urgent and the number of cases been referred to the family physician, these are frequently counted both as monor to the family physician, these are frequently counted as much it is practically impossible to get an accurate count of all who have secured treatment from their physician during the

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	Skin Diseases:
	Delgiso
	Hypothyroidism Orthopdedid disords Digastive disorder
	Unglassified Gurgical Deregter

The number of payers al elementations and payers of redmon off aver being to the control of the

also was off work for a month.

There was no serious epidemics during 1939. Cases of Chickenpox continued to appear all year, and reached a peak of seventy-four cases in November. Mumps and Whooping Cough were present in some districts in the spring months, but the number of cases was never more than fifty in any month. Scarlet Fever gave most concern. The cases increased from a low of five in March to a maximum of sixty-six in December. There has been a decrease since. The cases were practically all of a mild nature. A number of children developed influenza in November and December, and this lowered the school attendance for these months.

36.6% of school children were found to be not vaccinated. There is a poor response to vaccination. Vaccinations are performed free at the City Hall, Health Department, every afternoon.

775 or 13.5% of the children examined were found to be 10% or more below optimum weight for their age and height. These figures are better than those obtained in 1938, when the percentage was 15.8. Another 495 or 8.8% were between 7 and 10% below optimum weight. It is hard to say to what this is attributable. There has been a decrease in unemployment, which, no doubt, is a factor. There has been fewer indigent transients coming to Calgary this year too. Children from these families are usually most seriously underweight, and have added to our lists in previous years. Efforts to educate parents and children to choose a properly balanced diet are being continued. The importance of vegetables, cereals and milk, is particularly stressed. Adequate rest is still often neglected, but there is some improvement over previous years. Free milk is distributed to approximately 850 poorly nourished children each day during the winter months.

37 04 .66% had an organic heart condition. This is usually caused by chorea or rheumatic fever. The number of cases is decreasing. Longer rest in bed after these diseases is having beneficial results.

79 or 1.4% had defective hearing. The special class for the deaf takes care of children who are so deaf that progress in the ordinary class room is retarded. There are sixteen cases in the special class. They learn lip reading in addition to the ordinary grade work. Several children remain in their own class rooms, and attend several lip reading classes each week. The children become quick and proficient at lip reading and enjoy it very much.

491 or 8.76% had defective vision and required glasses or a change of glasses. The sight saving class gives special care and instruction to sixteen children, whose vision is one-third or less in the better eye. The most serious cases are progressive my myopea.

381 or 6.8% had enlarged tonsils needing removal. The medical profession have been most generous in performing numerous operations on children in poor circumstances.

They were mostly cases who had been exposed to Tuberculosis through

Chickenpox continued to appear all year, and reaches a reak of course were seventy-four cesses in Movember. The applies and hooping Course were present in some districts in the apring months, but the number of cesses was never more than fifty in any month. Source Fever in ever most owners have a law of five in the cesses at the concern. There has been a factor to a maximum of sixty-six in December. There has been a decrease aince. The cases were practically all all a nild nature. A number of chis lowered the school attendance for these months.

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They were mostly cases who had been exposed to Tuberculosis through

contact with some relative known to have the disease. No active cases were found.

Sixteen cases whose behaviour either at school or at home was causing difficulty were referred to the Mental Hygiene Clinic.

2,158 or 38.5% of the children examined were found to be quite 0. K. Last year's percentage was 40.8. 83.4% of the parents of beginners came to the school for the examination of their child. They are given a general talk on health and advised of any defects found.

#### REPORT OF SCHOOL NURSES:

Re-admissions Health talks No. in class inspections Special inspections Referred to Med. Inspector Phones and Notes Treatments Exclusions Pediculosis Eye defects	87 27,766 27,119 3,168 3,461 3,120 280 4 835	Miscellaneous Measles Scarlet Fever Whooping Cough Chickenpox Mumps Tonsilitis Conjunctivitis	262 25 32 7 54 32 193 120 49 25
Ear defects	136		22
Defective nasal breathing	131		34
Tonsils and adenoids	996		52
Enlarged glands	260	The state of the s	17
Orthopaedic defects	14		2,830
Malnutrition	814	Pre-School "	149
		Social service visits	83

### REPORT OF DENTAL CLINIC:

It will be noted that 12,931 pupils were inspected by the school dentist. All pupils in the public school were examined once and most of the lower grades, from 1 to 5, were examined twice. The number with perfect teeth at the time of inspection was 3,683 or 28.4%.

A total of 8,651 cases were cared for at the clinic throughout the year. 321 permanent extractions and 2,245 extractions of primary teeth were performed. A total of 7,040 fillings were inserted.

Treatments		Total No. of	teeth treated	
Silver Nitrate Reduction Opened Pulp Lanced Abscess	2,029 361 10	Permanent Deciduous	5,775 5,466	11,241
Extractions		New Patients New cases cu Re-appointme	rrent year	1,213 6,374 508
Permanent	321	Emergency		653
Deciduous Gas Anaesthetic	2,245	Total Number	Treated	8,651

gontage with some relative known to have the disease. No setive

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### REPORT ON SCHOOL WINGER

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## SEEDLY OR DESTAL CLINIC:

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#### Fillings Inspection Various 6,855 Number Inspected 12,931 Copper Amal Base & 6,920 Number needing treatment Copper Cement Base Need nothing at date of 185 2,337 Inspection No Treatment 216 Number O. K. 3,683 Refused Treatment 99 Defective Teeth Prophylaxis 135 Miscellaneous Operations 232 Permanent 8,744 Deciduous 3,966 12,710 12,666 Total Operations Completed Cases 6,057

Respectfully submitted,

GERALDINE OAKLEY, M.D.

Assistant Medical Officer of Health.

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		Diegrava Teath	
	Miscellaneous Operations	Permanent 6,744 Denikuous 5,966	
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Respectfully subsitted,

GERALDINE CARLEY, M.D.

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Dr. W. H. Hill, Medical Officer of Health.

Dear Sir:

The following is a report of the Infant and Pre-School Clinic for the year 1939.

Place: Clinic rooms on the top floor of the City Hall, open five afternoons a week.

Staff:

One Pedia trician - 2 afternoons a week.

Two school physicians examine a number of Pre-School children during week.

Three Public Health Nurses (one appointed by the Provincial Department of Health, the other two by the City of Calgary.) A new nurse was appointed by the City in May 1939.

One Stenographer half-time.

A nurse-in -training from either the General Hospital or Holy Cross Hospital comes two days a week for instruction and practical training.

Routine of Work:

- 1. Cards made out at birth registration to follow through school age.
- 2. Invitations to attend Inrant Clinic sent to mothers.
- 3. Questionnaire sent to family physician concerning birth and home conditions.
- 4. Where home conditions considered inadequate families are visited by clinic nurses, and advised of Infant Clinic.
- 5. All families attending clinic are visited by clinic nurses, and kept in touch with periodically.
- 6. At six months, notices are sent to all births registered re advisability of obtaining Diphtheria Toxoid.
- 7. After three years a special appointment is made for every child to be given a complete physical examination. Where defects are found among those in poor circumstances the case is followed up by clinic nurses.

Clinics:

Two afternoons a week for Infants and Pre-Schools, Pediatrician and nurses in attendance. School Physicians also examine a number of Pre-School children during the week. Nurses in attendance every afternoon for infants. Nurses have been conducting a weighing station at Ogden School two afternoons each month.

Attendance: Total for year 7,698
Individual cases 3,608
New cases 968

Note: While the attendance for this year of the Clinic is not as large as last by 362, the home visits, due to the car and the extra nurse have been increased by 763. This has enabled us to keep the clinic rooms free from overcrowding.

Dr. W. H. Hill.

Dear Sir:

The following is a report of the Infant and Fre-School

Places Clinic rooms on the

Clinic rougs on the top Floor of the Oity Hall, open

Two school physicis

Two school physicians examine a number of Fre-School children during week,
Three Public Health Nurses (one appointed by the Provincial Department of Health, the other two by the

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Routine 1. Cards made out at birth registration to follow

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to to the strendence for this year of the Clinic to the the to the the total t

Attendance (cont'd.)

Dr. Roach. - 104 clinics.

Infants 2,564 Pre-School 504 Total 3,068

Average 29.5.

Includes 221 complete physical examinations of Pre-Schools, 55 of whom were O. K.

School doctors held 32 clinics during the year, but made other examinations on the same afternoons that they were doing their own work. 426 complete physical exams of Pre-School children were made by them. 130 of these were O. K. In addition to this there were 10 given short interviews. 197 appointments for examinations were not kept. This is a decrease of 100 over last year.

Nurses. Infants 3,050 Pre-School 1,148 Total 4,198 Average 17 for 252 afternoons.

Diseases:

Infectious Found at Clinic -

Whooping Cough 1 Chickenpox 1

Immunization: No. having Diphtheria Toxoids completed 289 Smallpox Vaccinations " 88 Scarlet Fever Toxins 17 7 11 Pertussis Inoculations 99 19 91 Typhoid Inoculations " 3

(These have been done either in the Health Department or by Private Physicians.)

Visits:

To homes by Clinic Nurses including calls not found 2.947.

Attending Meetings and speaking outside organizations

Feeding:

Breast 1,113 Bottle 1,875 Mixed 1,092 Other 1,534

Note: There is a marked difference in the time babies are kept on breast feeding. This, we feel, is due to the increase of home visits.

D	e	f	e	C	t	S	
	F	0	u	n	d	:	

13	Infants	Pre-School
Adenoids	2	87
Anaemia	4	6
Cardiac Disturbance		4
Congenital Malformatic	n	4 2
Diarrhoea	42	2
Ears	21	39
Eczema	39	14
Eyes	36	38
Furunculosis	2	
Glands	2	3
Gonorrhea	0	52
	1	
Hernia	28	4
Impetigo	7	2
Intertrigo	1	
section that all the	Harris Alexander De David	

(contid.)

Dr. Roson. - 104 clinics.
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Average 29.5.
Includes 221 complete physical examinations of PreSchools, 55 of whom were 0, E.

School doctors held is elfnics during the year, but that chooled that cheer example on the same afternoons that that cheer physical stay were date; own work, the date physical cheer were nade by them. 100 creams of these were to that the date were were to the cheer to cantal the same at the short to the case of the country of the cheer were not kept. This is a decrease of 100 over lest year, and kept.

Intente 3,050 Pre-School 1,148 Total 4,198

Infectious Found at Clinic - Diseases: Chooping Gough 1 Chickenpox

tones by Olinic Nurses including calls not found of tending lectings and speaking outside organizations

Breast 1,113 Bottle 1,398 Mixed 1,398

Motes are kept on breast feeding. This, we real,

	Cardino Disturbance
	Congenital Halfors
	EgyE
	Furamoulosis .

Defects Found cont'd:	Malnutrition Mouth Nervous Disorders	ants 4 2	Pre-School 78 6 3
		4 8	5 12 27 1 1
	Scabies Skin 1 Throat Teeth	1 2	1 2 19 4 565
		7	238 41
Deaths:	Infants 6 Pre-School 4	Total 10	
Referred Pri. Phy:	No. of cases referred to fairfants 19 Pre-School 6		an -
Dental Clinics:	Dr. Upton treated School Dentists treated Appointments not kept	277 180 85	
Eye, Ear Nose & Throat Clinic:	Operations - Tonsils and Adenoids only Of these -	1	
	51 were done free of the 17 paid Hospital fee on 23 paid full fee of \$10 \$115.00 was collected thr	ly. .00	vestigation.
	Treatments - Eye Ear Nose and Throg Refractions for	at	725 272 161 8

Of these 115 were individual cases.

Total

1,166

Pre-Natal: No. of letters sent from Clinic - 7 (Weekly classes held by V. O. N.)

Donations: 3 gals. Cod Liver Oil, clothes, medical supplies, glasses, hospital expenses, etc. from Good Cheer Club. 4 gals. Cod Liver Oil from the American Women's Club. Cod Liver Oil and Infant Foods from Mead, Johnson Co. Drugs (samples) from Drs. McEachern, Merritt firm. Layettes from the Hounsfield Heights Club. Literature from Metropolitan Life Insurance Co. Clothes and other help from private individuals.

. remiseou

Pupil Nurses: Two nurses from General Hospital, and two from Holy Cross Hospital completed two months' instruction and observation. Five nurses from University Hospital completed two weeks' instruction and observation. Ogden: A weighing station was conducted at the Ogden School for ten afternoons. There was a total attendance of 87. Private Hospitals No. of Inspections and interviews - 122 & Baby Shelters: Insulin: No. of Investigations 13 Maternal Welfare: No. of Investigations 16 Relief: No. of Investigations, Prov. Health 5 Department

Letters to outside points for

Provincial Department

M. F. Lavell.
Provincial Public Health Nurse.

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Two nurses from General Hostital, and two from Holy Cross Hospital completed two months! instruction Hosepal completed two nurses from University Hospital completed two weeks! instruction and observation.

A weighing station was conducted at the Ogden School for ten afternoons. There was a total attendance

No. of Inspections and interviews - 122

No. of Inventigations

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No. of Investigations, Frov. Health 5

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W. H. Hill, Esq., M.D. C.M. D.P.H., Medical Officer of Health, City of Calgary.

#### Dear Sir:

Herewith is a report of the activities of the Calgary Tuberculosis Association for the year 1939.

During the year 49 clinics were held at which 288 adults and 52 children were examined. Of these 304 were given an x-ray examination. Where necessary these patients were followed up with the usual social service work. As a result of this follow-up work I made 1,180 visits to homes, which includes 196 co-operative visits in securing clothing and other necessities.

As at November 1st 1939, the Kinsmen's Club of Calgary, assumed the work heretofore undertaken by the members of the Calgary Tuberculosis Association, and I look forward with pleasure to my association with the members of the Kinsmen's Club. Doubtless, I shall miss the loyal co-operation of the ladies of the Tuberculosis Association that I have hitherto enjoyed, but I still contact with most of the many active members.

The Annual Christmas Seal Sale, conducted with much energy this year by the committee from the Kinsmen's Club, proved most successful. To date the sum of \$3,343.13 has been realized from the campaign, which will assure the carrying on of the work for the year 1940.

I would take the opportunity of thanking you and your staff for the hearty co-operation they have given me at all times.

The work of the Chest Clinic which is conducted each Wednesday afternoon is shown as follows:

NEW EX	KAMINATIONS.				
				Number	Contact
(1)	Tuberculosis	s (a) Pul.	Active	14	3
			Inactive	2	1
		Non-Pul.	Active	1	
			Inactive	3	2
		Ex-San.	Active	1	1
			Inactive	1	
(2)	Suspect or (	Observation		36	18
	Non-Tubercu			34	5
	No Disease			128	35
(5)	Incomplete :	Examination		5	2
				225	67
DE EV	AMINATIONS.				
RE-EA	· CHOTTANTIMA				
(1)	Pulmonary To	uberculosis.			
		Able to work	(working	15	4
	Ex-San. (1	Unable to wor	k (working	10	1

(not working

M. R. Hill, Esq., M.D. C.M. D.P.H., Medical Officer of Mealth, City of Celuary,

Dear Sir:

Herewith is a report of the activities of the Calgary Tuberculosis

During the year 48 clinics were held at which 288 adults and 58 children were examined. Of these 304 were given an x-ray examination. Where necessary these patients were followed up with the usual social service work. As a result of this follow-up work I made 1,180 visits to homes, which includes 196 co-operative visits in securing elothing and other mecessities.

As at Movember let 1939, the Minemen's Club of Celegry, essumed the work heretofore undertaken by the members of the Celegry at the work heretofore, and I look forward with pleasure to my Tuberculosis association, the dembers of the Minemen's Club. Doubtless, association with the dembers of the Minemen's Club. Doubtless, I shall make the loyed, but I still still association of the many cotive cambers.

The Annual Christmes Seal Sale, conducted with much energy this year by the counittee from the Kinsmen's Club, proved most successful. To date the sun of 43,343.13 has been realized from the campaign, which will assure the carrying on of the work for the year 1940.

I would take the opportunity of thehking you and your staff for the hearty co-operation they have given no at all times.

The work of the Chest Clinic which is conducted each Wednesday at ternoon is shown as follows:

Jostano		
29	838	
		-EHOITAMIDIAKE-BR

	Others	(Able to work (Unable to w		Number 8 2	Contact 3
(2)	Non-Pulmonary Ex-San.	Tuberculosi (Able to wor (Unable to w	k	6 3	1
	Others	(Able to wor (Unable to w		1 1	1
(3)	Suspect or (	bservation		33	28
(4)	(4) Non-Tuberculous Disease			5	2
(5)	No Disease		31	12	
(6)	Incomplete of	or Undiagnose	d	10	_1
			Total	130	_55
			Grand Total	355	122
	osition of Pr spects.	De	finite T.B. Disease	1 27	
Tota	l tuberculin l sputum test l X-rays		Positive 109	Negative 12	

Respectfully submitted,

HARRIET BRADLEY ACTON, R.N.

Nurse-in-charge of T. B. Clinic.

	(8) Mon-Palmonery Tuberculosis.  Ex-San. (Able to work (Unable to work
28	
Ta .	

beffindes viluations of

HARRIET BRADLEY ACTOM, R. S.

.Murse-in-oberge of T. S. Cilnic.

FINANCIAL STATEMENT	1939	1938
HEALTH DEPARTMENT (general)		
Salaries	\$19,524.02	19,624.72
Serum, Antitoxin, Vaccine, etc	367.45	456.85
Disinfectants		134.41
	1,200.00	
Auto Maintenance (2 City 5 Allowances) Sundries	192.05	
Printing and Stationery	190.96	
Postage	182.04	178.81
Street Railway Tickets		150.00
Isolation Ambulance Hire	423.50	301.00
Milk Inspection Expenses	163.79	128.70 287.29
Meat Inspection (Rent and Supplies)	260.15	166.05
Office Equipment	668 69	100.00
New Automobile (less trade-in)	668.62	
	\$26,095.20	25,623.74
	"	
SCHOOL MEDICAL AND DENTAL SERVICES	07 607 34	99 510 79
Salaries Summilian	27,621.34	981.57
Medical and Dental Supplies Glass for School Children	765.46	887.17
Milk to Undernourished School Children	3.296.98	2,820.61
Street Railway Passes for 6 nurses	330.00	238.35
Auto Maintenance (2 Doctors and 3 Nurses)	716,93	927.00
Printing and Stationery	.287.17	326.79
	\$33,995.79	34.692.21
INFANT AND PRE-SCHOOL CLINIC	0 000 00	7 440 00
	2,280.00	520.00
Professional Services (Child Specialist)	100.00	
Street Railway Tickets Operations etc (Dentist and E.E.N & T Speciali	st.)1.525.00	1.53200
Sundries	48.54	31.38
Car Allowance (1 Nurse)	84.00	
	Av cen ev	7 6 4 7 7 9
	\$4,557.54	3,643.38
SUMMARY		
Health Department (general)	26.095.20	25,623.74
School Medical and Dental Services	33,995,79	34,692.21
Infant and Pre-School Clinic	4,557.54	3,643.38
	\$c4 C40 E7	63 050 33
	\$64,648.53	=======
		74.6¢
Per-capita expenditure	10.49	14.00

# EXPENDITURE FOR THE PAST FIVE YEARS

1935 1936 1937 1938 1939 59,522.53 59,005.12 60,879.16 63,959.33 64,648.53 Per cap: 71.4¢ 70.8¢ 71.0¢ 74.6¢ 75.4¢

(Amalgamation of Health Services took effect 1st May 1935)

Appropriation for the year 1939 was \$66,894.66 of which \$64,648.53 was expended, leaving a credit balance of \$2,246.13

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                                          MALTH DEPARTMENT (general)
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