

**Researches on the bacteriological diagnosis of cholera carried out by
medical officers of the Sanitary, Maritime and Quarantine Council of Egypt
/ under the direction of Marc Armand Ruffer, President of the Council.**

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ITARY, MARITIME AND QUARANTINE COUNCIL
OF EGYPT.



RESEARCHES

ON THE

EPIDEMIOLOGICAL DIAGNOSIS OF CHOLERA,

CARRIED OUT BY MEDICAL OFFICERS

OF THE SANITARY, MARITIME AND QUARANTINE COUNCIL
OF EGYPT,

UNDER THE DIRECTION OF

MARC ARMAND RUFFER,

President of the Council.



ALEXANDRIA

SOCIÉTÉ DE PUBLICATIONS ÉGYPTIENNES

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In 1897, during the return of the pilgrimage from Mecca, Dr. Gal-
i showed me microscopical preparations from the intestinal
contents of a pilgrim, who had been found dead on a ship returning
from Jeddah. No history of the man's illness could be obtained.

I was greatly astonished to find in these preparations a large
number of microorganisms, not to be distinguished microscopically
from cholera vibrios. At the autopsy of the pilgrim, dysenteric
lesions were found, together with fibroid kidneys and heart. Cultures
from the intestinal contents, made first in peptone water and then in
saline, showed the presence of comma-shaped, monociliated, motile,
non-phosphorescent vibrios, which were extremely virulent for
pigs, did not coagulate milk, and gave a marked indol reaction.
In fact, the cultures could not be distinguished from those of cholera.
The agglutination test with the serum of a horse repeatedly
tested with cultures of cholera obtained from Professor Pfeiffer
showed that the vibrios agglutinated and gave Pfeiffer's reaction
exactly like those isolated from cholera cases. No quantitative or
qualitative differences were noticed.

My first idea was that the patient had either suffered from, or had
been in contact with cholera. After careful enquiries, this theory

had to be abandoned, for it was found that no cases of cholera had occurred among the pilgrims in the Hedjaz, nor on the return journey. A sharp look-out was kept at El Tor for cases of sudden diarrhoea, vomiting and cramps, but in vain. No disease resembling cholera was observed.

On the days following this discovery, the intestinal contents of every pilgrim who died in the camp were examined bacteriologically. I superintended the autopsies and examined all the patients in the hospital, together with Dr. Zachariadis Bey; who, having seen several epidemics, was well acquainted with the clinical signs and lesions of cholera. Nevertheless no case of cholera was discovered, though in no less than 5 typical cases of colitis and dysentery we isolated cultures not to be distinguished from those of cholera, even by the agglutination test and Pfeiffer's reaction. The pilgrims finally left El Tor five days after the finding of the vibrio, and no cases of cholera occurred either on the ships, or after the pilgrims reached home.

During the four following years, the work of reorganisation and the lack of skilled assistance prevented the systematic prosecution of these researches; though I frequently observed vibrios in the stools of pilgrims free from all symptoms of cholera.

In 1902, the pilgrims brought back typical cholera from Jeddah and Yambo to El Tor. The observations made at the time show three facts quite clearly:

- 1.—The stools of almost every pilgrim suffering from diseases other than cholera (e.g. pneumonia, rheumatism, dysentery, constipation, diarrhoea etc.) contained vibrios numerous enough to be recognised microscopically.

- 2.—Vibrios agglutinating with cholera serum were isolated from patients showing no symptoms of cholera. On the other hand, some vibrios isolated from typical cases of cholera did not agglutinate with cholera serum.

- 3.—Although it was unavoidable that pilgrims carrying vibrios should mix with other pilgrims, yet only one fresh case of cholera occurred in the camp; all the others were imported. In the general hospital, where the majority of patients were excreting vibrios in every stool, not a single case of infection occurred among the patients, the European or native attendants. Further, not a single case of cholera occurred on the ships leaving El Tor after the period of quarantine was over.

In 1905, after the Hedjaz and El Tor had been free from cholera for nearly two years, Dr. F. Gotschlich examined systematically for vibrios the stools of every patient who died at El Tor. The autopsies were made by myself, and it may be stated once for all that no lesions resembling cholera were found in any case.

The results of these bacteriological examinations may be summed up as follows: Vibrios were found in 38 patients out of 107 cases examined. Thirty-two of these vibrios did not agglutinate, but six agglutinated readily with cholera serum. The characteristics of the latter were as follows: they were monociliated, non-phosphorescent, very virulent (with one exception) for guinea pigs, and not virulent for pigeons, did not coagulate milk, liquefied 10 % gelatine and gave a well marked indol-reaction. The morphological characteristics were not the same in all, but the differences were not greater than those existing between cholera vibrios isolated from different cases.

The results of the agglutination test are shown in the following tables.

TABLE I.

No. of Culture.	Name of pilgrim from whom vibrios were isolated.	Nationality	Post mortem Diagnosis.	Horse cholera Serum (Standard 1 : 3000).	Goat cholera Serum Dilution 1:500	Rabbit cholera Serum	
						Dilution 1: 200	Dilution 1: 1000
1	Osman Hussein	Anatolian	Colitis	Limit 1:1000	+ + +	+ +	+ (limit)
2	Sanka Usehalinga	Russian	Dysentery	Limit 1:2000	+ + +	++++	+
3	?	Turk	Colitis gangrenosa	Limit 1:1000	+ + +	++++	+
4	Ahmed Salih	Rumelian	Colitis	Limit 1:1000	+ + +	+ + +	+
5	Bekir Mahomet	Anatolian	Colitis	Limit 1: 500	+	+ slight	0
6	Ahmet Ali	Rumelian	Dysentery	Limit 1:2000	+ + +	++++	+

N.B.—The control tubes containing vibrios, normal sera and physiological salt solution showed no agglutination.

Five of these vibrios therefore agglutinated with specific sera just like cholera vibrios, and did not agglutinate at all with ordinary sera. One of them agglutinated far less than the others, but similar differences occur among vibrios isolated from typical cholera cases.

The six vibrios all belonged to the same class, for on immunized rabbits with each vibrio, the sera of all the rabbits diluted to one in thousand, agglutinated not only all the six vibrios, but the cholera microorganism also.

Pfeiffer's reaction.—One culture, being avirulent, could not be tested on animals. The rabbits inoculated with cholera serum and cultures either recovered or lived much longer than the controls.

TABLE II.
(Showing results of Pfeiffer's reaction).

Number of Culture.	a. Specific bacteriolytic Rabbit-serum.			Control. Normal Rabbit serum.
	Serum 0.005. Culture. 1 loop.	Serum 0.01. Culture. 1 loop.	Serum 0.02. Culture. 1 loop.	Serum 0.05. Culture. 1 loop.
1	Complete bacteriolysis. Death after 24 h.	Complete bacteriolysis. Death after 60 h.	Complete bacteriolysis. Animal survived.	No bacteriolysis. Death after 24 h.
2	Complete bacteriolysis. Animal survived.	Complete bacteriolysis. Animal survived.	do.	do.
3	Complete bacteriolysis. Animal died after 48 h.	do.	do.	do.
4	do.	do.	do.	do.
5	Avirulent	See Table II	—	—
6	Complete bacteriolysis. Animal survived.	Complete bacteriolysis. Animal survived.	Complete bacteriolysis. Animal survived.	No bacteriolysis. Death after 24 h.

Further, the six sera of animals inoculated with any of these vibrios protected animals against every one of these microorganisms.

These researches were continued during the pilgrimage season of 1906, when the intestinal contents of 127 dead pilgrims were examined.

vibrios were found in 18 cases of dysentery and colitis, which presented no lesions or symptoms of cholera. Two of these vibrios gave with cholera serum all the reactions of true cholera vibrios, and were agglutinated also by the sera of animals injected with one of the six vibrios isolated in 1905.

In order to establish the relations existing between the microorganisms isolated at El Tor from dysenteric and colitis cases (in future called "El Tor vibrios") and the vibrio of cholera, all the monociliated comma-shaped microorganisms isolated by us during the epidemic of 1902, and the El Tor vibrios, were studied by bacteriological methods. Some vibrios kindly sent by Professor Gaffky of Berlin, Dr. Rogers of Calcutta, Mr. E.H. Hankin of Agra, and Dr. Gotschlich of Alexandria were examined also.

Agglutination test.—Two sera were used; firstly, a highly agglutinating serum kindly provided by Dr. Gaffky; and secondly, an agglutinating and bacteriolytic serum, prepared in these laboratories with a microbe having all the characteristics of the true cholera vibrio, and isolated from a cholera stool (vibrio CK). The Berlin serum had very highly agglutinating properties, and was tested in solutions not weaker than 1 in 3000 (Berlin Institute standard) which agglutinated in half an hour, at the temperature of the laboratory, all the vibrios reacting to this test. The serum prepared with vibrio CK was far weaker and did not act equally on all the vibrios. Nevertheless the action of both sera was identical, in so far that all the agglutinating microorganisms were acted on by both sera. The method employed was the usual one. The agar cultures were always 18 hours old, and the sera were diluted 1 in 9 per thousand NaCl solution.

The following table gives the main results of this examination as far as the agglutination test is concerned.

TABLE III.

Total number of vibrios isolated from cases of cholera :		Total number of vibrios isolated from patients who had no symptoms of cholera :		Vibrios of doubtful origin : including sea-water vibrio.	
15		23		4	
Agglutinating with cholera serum :	Not agglutinating with cholera serum :	Agglutinating with cholera serum :	Not agglutinating with cholera serum :	Agglutinating with cholera serum :	Not agglutinating with cholera serum :
11 (73 %)	4 (27 %)	7 (30 %)	16 (70 %)	0 (0 %)	4 (100 %)

Table IV gives the details of all the other tests as well.

Table IV.

Number.	Name of Vibrio.	Origin of Vibrio.	Agglutination Test.		Saturation Test.		Pfeiffer's reaction	Fixation Test.		Haemolysis Test.
			Serum Berlin.	Serum C. K.	Serum non saturated.	Serum saturated.		Bordet's method.	Dopter's method.	
1	C.K.	Cholera stool	3000	1000	3000	250	+	+	+	—
2	Aida	» »	3000	1000	3000	250	+	+	+	—
3	Fatma	» »	3000	1000	3000	250	+	+	+	—
4	Alioglu	» »	—	—	—	—	—	—	—	+
5	LXII	» »	—	—	—	—	—	—	—	+
6	141	» »	3000	800	3000	500	+	+	+	—
7	Berlin 70	» »	3000	1000	3000	300	+	+	+	—
8	C.V.	» »	3000	1000	3000	300	+	+	+	—
9	98	Dysentery (El Tor)	—	—	—	—	—	—	—	+
10	147	» »	—	—	—	—	—	+	+	+ Slight after
11	Berlin 76	Cholera stool	3000	800	3000	500	+	+	+	—
12	Machaout	Pneumonia during cholera epidemic	3000	1000	3000	500	+	+	+	—
13	Tor No 1	Dysentery (El Tor)	3000	500	3000	300	+	—	—	+
14	V	Cholera stool	—	—	—	—	—	—	—	+
15	173	Dysentery (El Tor)	—	—	—	—	—	+	+	+ Very slight
16	Berlin 115	Cholera stool	2500	1000	2500	250	+	+	+	—
17	Tor No 2	Dysentery (El Tor)	3000	500	3000	250	+	—	—	+
18	C.V.A.	Cholera stool	2000	1000	2000	100	+	+	+	—
19	IV	» »	—	—	—	—	—	+	+	+
20	167	Dysentery (El Tor)	—	—	—	—	—	—	—	+
21	Tor No 3	» »	3000	800	3000	300	+	—	—	+
22	145	Cholera stool	3000	500	3000	500	+	+	+	—
23	218	Dysentery (El Tor)	—	—	—	—	—	—	—	+
24	184	» »	—	—	—	—	—	+	+	+ After 48 h.
25	10	» »	—	—	—	—	—	+	+	+ Slight after
26	Tor No 4	» »	3000	800	3000	250	+	—	—	+
27	» » 5	» »	3000	500	3000	250	+	—	—	+
28	16	» »	—	—	—	—	—	+	+	+ Slight after
29	21	» »	—	—	—	—	—	+	+	+
30	23	» »	—	—	—	—	—	+	+	+
31	Tor No 6	» »	3000	800	3000	300	+	—	—	+
32	Calcutta 2	(?)	—	—	—	—	—	+	+	+ After 48 h.
33	1	Dysentery (El Tor)	—	—	—	—	—	+
34	2	» »	—	—	—	—	—	+
35	3	» »	—	—	—	—	—	+ Very slight after 48
36	Calcutta 6	(?)	—	—	—	—	—	+	+	+ After 48 h.
37	» 8	(?)	—	—	—	—	—	+	+	+
38	4	Dysentery (El Tor)	—	—	—	—	—	+	+	+ Very slight
39	5	» »	—	—	—	—	—	+	+	» »
40	6	» »	—	—	—	—	—	+	+	» »
41	Mansone	Sea water	—	—	—	—	—	—	—	» »
42	Agra II	Cholera stool	3000	800	3000	250	+	+	+	—

N. B. — The numbers give the dilution at which the serum produced complete agglutination. + means that a given test was positive. — means that the given test was negative.

Saturation test. — Bordet was the first to notice that an emulsion of a microbe added to the agglutinating serum of an animal previously infected with the same microbe, absorbed most, if not all, of the specific agglutinins of the serum. The specific agglutinins of an immune cholera serum, for instance, are completely absorbed by adding cholera vibrios to the serum, whereas the non specific agglutinins remain free in the serum.

In our experiments, ten loops of a cholera vibrio (CK), grown for 24 hours on agar, were suspended in 10 ccs. of a 5 % solution of cholera serum (Berlin). After standing for two hours at the temperature of the laboratory, the mixture was centrifuged and the clear supernatant fluid decanted. The agglutinating power of the decanted liquid was now tested on all the vibrios which, in previous experiments, had been agglutinated by the serum. As a control, the agglutinating power of the same serum, not previously saturated with cholera microorganisms, was examined comparatively. The result was that all the vibrios which agglutinated with cholera serum, whether isolated from cholera cases or not, absorbed the specific agglutinins (See Table IV).

Pfeiffer's reaction. — Owing to the number of microbes to be examined, it was impossible to try this reaction on guinea-pigs. The enormous number of animals which would have been necessary, and the fact that some vibrios were not virulent, made this experiment impossible. Metchnikoff had noticed that if one drop of peritoneal lymph from a guinea pig (which had received either no previous injection, or merely one of bouillon) was added to vibrios suspended in a little immune serum, a typical Pfeiffer's reaction took place. Bordet used guinea pig's serum instead of peritoneal lymph.

Three to four ccs. of bouillon were injected into the peritoneum of an animal, and four hours afterwards the opaque liquid, full of leucocytes, was withdrawn and left in the ice-box until the next day. The cholera serum was prepared by injecting rabbits with vibrio CK. When a trace of this peritoneal lymph was added to vibrios suspended in serum (CK), the vibrios which reacted at all were almost completely transformed into granules. The microscopical appearance of these preparations therefore differed entirely from that of control preparations. The main results are given in Table IV, which shows that all the vibrios agglutinated with cholera serum also reacted in Pfeiffer's test.

Fixation test. — If a serum (previously heated to 56° C), specific for the corpuscles of an animal or for a given microorganism, cholera-vibrio, be mixed with the red corpuscles of the same animal or with the cholera-vibrio, the corpuscles or vibrios absorb the immune body.

Bordet also showed that if red corpuscles or microbes contain an appropriate immune body, be added to fresh non-heated alexine (e.g. fresh rabbit's serum), the corpuscles or microbes absorb the alexine, so that none remains free in the liquid.

Accordingly, if fresh guinea pig's serum be added to cholera vibrios which have not absorbed any cholera-immune body, the alexine is not being absorbed, remains free in the liquid. The proof of this is that if "sensitised*" corpuscles be added to such a mixture, the alexine globules are quickly haemolysed. If on the other hand, vibrios which have already absorbed the cholera-immune body be added to the same quantity of fresh serum, the microbes absorb the alexine; and provided the amount of fresh serum is not too great, the alexine is absorbed so completely that "sensitised" corpuscles, when added to the mixture, are not dissolved. If vibrios other than cholera vibrios be added to cholera serum, the immune body is not fixed, the alexine added remains free, and the sensitised corpuscles are dissolved.

Such are the fundamental facts on which Bordet and Gengou's method is based. This has been tried on various microbic species, but, as far as I know, not systematically on vibrios.

This test was tried by two different methods.

Bordet and Gengou's method.—The immune-serum was heated to 56° C. during half an hour, and fresh rabbit's serum was treated in the same manner. An agar culture 18 hours old of the microbe to be tested was suspended in 2 ccs. of physiological solution. The alexine was the serum of a rabbit bled on the preceding day, centrifugalised until freed of corpuscles.

The following mixtures were then prepared in three tubes:

Tube I contains 0,2 cc. of microbic emulsion, 0,6 cc. of immune serum, and 0,1 cc. of alexine.

Tube II contains 0,2 cc. of microbic emulsion, 0,6 cc. of heated (heated) serum, and 0,1 cc. of alexine.

*NOTE.—The French word « sensibilisé » translated here « sensitised » means that the corpuscles or microbes have fixed a certain amount of immune-body.

Tube III contains the same mixture as the first.

All these remained for 4 to 5 hours at room temperature, and were well shaken from time to time.

One volume of a mixture, consisting of two parts of a heated serum hemolysing bovine red corpuscles, and one part of the washed corpuscles of the same animal, was then added to tubes I and II. The same volume of a mixture of two volumes of physiological salt solution and one volume of bovine, non-sensitised, red blood corpuscles was added to tube III. After three hours, the tubes were examined and note was taken of any haemolysis which had occurred. When the vibrios fixed the immune-body, the contents of tube II showed very marked haemolysis after two hours, whereas haemolysis was entirely absent in the other tubes. In tube III, haemolysis appeared after 12-18 hours, if the microbes used were themselves hemolytic, but when this was not the case, no haemolysis took place. Results are shown in Table IV.

Dopter's method.—The following mixtures were introduced into the different tubes:

Tube I.—Twenty drops of immune serum (CK) heated to 56° C, 10 drops of alexine, 6 drops of microbic emulsion.

Tube II.—Twenty drops of immune-serum (CK), 4 drops of alexine, 6 drops of microbic emulsion.

Tube III.—Twenty drops of immune-serum (CK), 5 drops of alexine, 6 drops of microbic emulsion.

Tube IV.—Twenty drops of fresh rabbit's serum previously heated to 56° C, 3 drops of alexine, 6 drops of microbic emulsion.

Tube V.—Twenty drops of fresh rabbit's serum heated to 56° C, 10 drops of alexine, 6 drops of microbic emulsion.

After the tubes had been left 4 to 5 hours at the temperature of the laboratory, 2 drops of sensitised corpuscles were added to each tube.

The results obtained are shown in Table IV, and it is noticeable that although a distinct relationship exists between the agglutination test and Pfeiffer's reaction, in so far that the microbes reacting to one test do not react to the other, there is no agreement between these two reactions and the fixation test. Fourteen of the 24 vibrios not agglutinated by cholera serum fixed the immune body of the same

serum. Conversely, 6 microbes which were transformed into granules and agglutinated by cholera serum did not absorb immune body.

Haemolysis test.—Kraus having noticed that certain vibrios dissolved red corpuscles, extended his researches and concluded that no haemolytic comma micro-organism was a true cholera vibrio. He used the following method: tubes of agar were liquefied, cooled to 40° C, and 0,3-0,5 ccs. of defibrinated rabbit's blood were allowed to mix slowly and uniformly with the agar in each tube. The agar was poured into Petri's dishes, and when cool, was inoculated with the vibrio to be examined, in such a way as to obtain separate well defined colonies. After 24 hours in the incubator, the colonies which were haemolytic, were surrounded by a clear more or less extensive areola, contrasting sharply with the dark opaque colour of the agar.

The objection to this method is that the results are not constant and are not easily observed. A simpler method, by which the slightest trace of haemolysis may be readily demonstrated, was therefore used.

An agar culture, 18 hours old, was rubbed up in 4-5 ccs. of physiological NaCl solution; 0,1 cc. of this emulsion was mixed in a tube with 0,9 cc. of physiological salt solution, to which one large drop of washed red corpuscles, or of the defibrinated blood of a rabbit or any other animal had been added. After 12-24 hours as a rule haemolysis was noticeable if it was ever to take place at all, though in some cases it did not appear for 24 hours. If no haemolysis had taken place after 48 hours, further observation was unnecessary, as such vibrios would not dissolve blood later on, and were therefore non-haemolytic.

The haemolytic properties of vibrios were tested on the red corpuscles of rabbits, goats, sheep and guinea pigs, and the corpuscles of all these animals reacted in the same way. The vibrionic haemolysins therefore were not specific for one special kind of animal.

At first sight, the haemolytic properties of vibrios appear to stand in no relationship to the agglutinating and Pfeiffer's reactions, for several agglutinating vibrios haemolyse and others do not. Nevertheless Table IV shows that no vibrio haemolyse when the agglutination test, Pfeiffer's reaction and the fixation test are positive.

Recapitulation of bacteriological results.—The vibrios examined may be divided into four groups:

- 1.—Those which give the four principal tests with cholera serum, namely the agglutination test, saturation, Pfeiffer's reaction and the fixation test. They do not haemolyse, even when remaining in contact with red corpuscles for three days, at the temperature of the laboratory.
- 2.—The second group contains the vibrios agglutinated and fixing the saturation and Pfeiffer's reactions with cholera serum, but not fixing the cholera immune body. These vibrios are strongly haemolytic. This group consists of the El Tor vibrios only.
- 3.—The third group is formed by vibrios which are not agglutinated by immune serum, do not give the saturation or Pfeiffer's reaction, but fix the cholera immune-body. These vibrios also haemolyse, but feebly and late, often after 36-48 hours only.
- 4.—The last group is formed by strongly haemolytic vibrios not reacting at all to cholera immune serum.

DISCUSSION OF RESULTS.

The discovery at El Tor of vibrios agglutinating with cholera-serum is of great importance, for two chief reasons: (1) It is the first time that vibrios agglutinating with cholera serum have been found in the absence of a local or general epidemic. (2) The discovery raises the whole question of the value of the present system of bacteriological diagnosis; for if the agglutinating El Tor vibrios are not cholera vibrios, the reliance placed so far on the agglutination, Pfeiffer's, and saturation reactions as specific tests is not justified.

An opinion regarding the specific nature of the vibrios found at El Tor can be formed only by considering the subject from the epidemiological and from the bacteriological points of view.

Discussion of epidemiological data.—Three principal epidemiological questions present themselves.

Firstly. Are there any facts to show that in 1897, 1905 and 1906 cholera existed in the Hedjaz or in any country traversed by the pilgrims on their way to and from Mecca? The answer is: "None."

Secondly. Is it likely that the vibrios agglutinating with cholera serum come from a different place than the non agglutinating vibrios? In my opinion, the probability is that wherever the pilgrims infected themselves with vibrios agglutinating with cholera-serum, there they also absorbed the other vibrios also.

Thirdly. Did the pilgrims whose faeces contained vibrios agglutinating by cholera serum, bring these vibrios from their homes in the Hedjaz and El Tor, or were they infected en route?

A few details concerning the route followed by pilgrims traveling to and from Mecca are here necessary. The pilgrims who undergo quarantine at El Tor go to Mecca by two different routes. A number of them, chiefly Turks and people from Asia Minor, land at Yanbu and stay there a few days and then proceed to Medina on foot or on camel. After resting a few days at Medina, they travel to Mecca, remaining in the holy city until the feast is over; that is, from a week to a month, or perhaps longer in some cases.

The other pilgrims, consisting for the most part of Egyptians, Moghrabis, Algerians, Syrians and Russians, proceed the reverse way: that is, they land at Jeddah and go on to Mecca, Medina, Yanbu and El Tor.

It is an undoubted fact that the vibrios agglutinating with cholera serum have so far been found only among pilgrims from Turkey, Russia and Asia Minor returning via Jeddah, and it has been argued that the latter carried the cholera vibrios, from their own country into the Hedjaz and back to El Tor.

I am not ready to admit this theory and for the following reasons. In the first place, I do not believe that the presence of vibrios among the pilgrims was limited to the year 1897, 1905 and 1906, but consider it highly probable that the phenomenon occurs every year. As a matter of fact, vibrios agglutinating with cholera serum have been found at El Tor *whenever they have been looked for and exclusively among pilgrims returning via Jeddah*. In 1897, when the vibrios were first discovered, Asia Minor and the route followed by pilgrims were free from cholera. In 1905 and 1906 certain districts, but by no means the whole of Asia Minor, were infected with cholera; but there is absolutely no evidence to show that the pilgrims, harbouring vibrios in their intestines, came from a cholera infected district, or had been in contact with cases of this disease.

er at home or on the journey. As will be shown presently, the conditions for the development of cholera at Mecca are simply ideal. These people who excreted vibrios in every stool at El Tor did contaminate the holy city. To argue, as has been done, that because cholera is present in some parts of Asia Minor, therefore every person coming from there must be regarded with suspicion, is equivalent to saying that because cholera exists at Marseille, therefore every one coming from St Petersburg or Moscow may carry vibrios in his intestine. The comparison is by no means far-fetched, for a journey of one hundred miles in Asia Minor, may and often does take longer than that from Marseille to St. Petersburg. As a matter of fact, moreover, the pilgrims carrying vibrios did not come from the same place or even from the same district. Two were from Asia Minor (no place could be ascertained exactly), two were Syrians, two Anatolians, one Russian and one Turk.

Rejecting as I do the theory that the vibrios were brought by the pilgrims from their homes, I would fain advance another theory based on reasons which appear to me overwhelming. I believe that the pilgrims infected themselves with vibrios at Mecca or Jeddah, and that the reason why vibrios agglutinating with cholera serum were found only among pilgrims returning via Jeddah, and not among pilgrims returning via Yambo, was simply that a much longer time elapsed between the date of infection and the arrival at El Tor in the case of the former than in the case of the latter. Further, I consider it highly probable also that the infection took place by drinking the water in Jeddah, or, more probably, in Mecca. It is necessary to consider very briefly the possible infection with water in both places. The Jeddah water comes from wells in the town, or is brought from some distance, and when I tasted it in 1905, the water sold to the pilgrims was indescribably filthy and filthy. It teemed with all kinds of microorganisms, though I can not be for certain that it contained vibrios. Indeed it was so bad that Europeans drank it only when obliged to, when, in fact, water on ships was not obtainable.

At Mecca, part of the ceremonies consists in drinking water from the Zemzem well. A bacteriological examination made at El Tor has shown this water to be swarming with vibrios, though those agglutinating with cholera serum have not been found so far.

Addendum.

Since this paper was written, a vibrio agglutinating with cholera serum (1 in 2000) was isolated this year at El Tor from the intestinal contents of an *Algerian* pilgrim who had died from carcinoma of the rectum and colitis.

Moreover, it is part of a religious ceremony for the pilgrims to w in certain tanks. I have obtained photographs showing the pilgr some drinking in these tanks, others filling their vessels, oth performing their ablutions (including the cleaning of the anus) the very place where, a few seconds afterwards, a pilgrim may que his thirst. One pilgrim carrying vibrios may contaminate the wh water supply, and that this actually does occur is shown by explosive character of the epidemic, and the appalling morta following on this promiscuous bathing and drinking, when a case cholera has occurred at Mecca. If these Asia Minor people re carried the cholera vibrios from their homes to Mecca, why did an explosive outbreak of cholera follow on their using these tan More favourable conditions for the spread of cholera can hardly conceived than water contaminated with vibrios, drunk by thousa of people, of whom many are suffering from gastro-intest disturbances, and whose constitutions are undermined by hardsh of every kind. Yet no case of cholera occurred at Mecca.

Should the pilgrim return home via Jeddah, he arrives at El T after a period averaging three weeks; should he return via Yam he does not reach El Tor till six weeks at least have elapsed at leaving Mecca. In his report on the pilgrimage and the chol epidemic at El Tor in 1902, Dr. Crendiropoulo drew attention to fact that the faeces of almost every pilgrim entering the hosp contained vibrios, but that this was only the case during the five eight days following the arrival of the pilgrims. As time went the vibrios became rarer and rarer, and after 13 to 14 days at El T (corresponding on an average to 33-34 days after leaving Mec almost none were found in the faeces. The pilgrims returning Yambo therefore, whose journey to El Tor lasts from 5 to 8 weeks, ha certainly had time to eliminate many of the vibrios absorbed at Mec

Lastly a most important fact is that not a single case of chol occurred on the voyage home, although these ships were overcrow with people coming from Asia Minor. I conclude therefore th epidemiologically, there is no evidence to show that the vibrios fou at El Tor were true cholera-vibrios.

Discussion of bacteriological results. — In the literature concerni the part played by Koch's vibrio in the causation of Asiatic chole there is one fact, and one only, which stands out as being of supre

importance; namely, that at a time when no epidemic of Asiatic cholera existed in Europe, certain persons wilfully or accidentally swallowed a small quantity of microbes isolated from cases of cholera, that these persons either died, or presented more or less acute symptoms of the disease. The rest of the evidence, as compared to this cardinal fact, is of minimal importance.

The value of even this observation, however, may be overestimated; for the symptoms of cholera, whether mild or acute, are not those characteristic of other intoxications of intestinal origin. These symptoms have been produced also by vibrios, isolated from cholera patients but from water; and at a time when the disease did not exist anywhere near the locality where the vibrios were found. In this connection, the experiments of Metchnikoff are particularly valuable. This observer produced in man the symptoms of cholera with vibrios isolated from Seine water at a time when there was no cholera in Paris. Nevertheless, these experiments do not invalidate those previously noted, as the symptoms produced by Metchnikoff's microorganisms were neither so definite nor so acute as those due to vibrios isolated from cholera cases.

I admit therefore that the cause of cholera is the microbe which produces typical cholera, experimentally so to speak, in several human beings.

The sera of animals inoculated with this vibrio acquire new and definite properties. Minimal doses agglutinate cholera vibrios; if cholera serum and cholera vibrios be introduced into the peritoneum of sea pigs, the microorganisms are first converted into granules and gradually dissolved; when the cholera-vibrios are added in vitro to cholera serum, they absorb the specific agglutinins. The conclusion naturally drawn from these facts is, that any microorganism giving the reactions with sera so prepared is the true vibrio of cholera, and that any vibrio, not so reacting, belongs to another class. Several reasons compel me to reject such a conclusion.

Ever since the discovery of biological reactions, more especially of precipitation and agglutination tests, attempts have been made to attach an absolutely specific value to these reactions. To my mind, all attempts have failed. The precipitation test, for instance, is not really specific; for although it is easy to obtain a serum precipitating that of humans only, yet a serum which precipitates that of other

animals also, e.g. monkeys', may be prepared at will. The are therefore specific under certain conditions only; conditions not defined, but nevertheless existent.

Similarly, typhoid serum agglutinates, less actively it is paratyphoid bacilli also. The agglutination test therefore, is relatively, but not absolutely specific.

Further, it is unusual to rely on one or two characteristics for the classification of plants and animals. In every classification, each characteristic should be taken into consideration and its possible value weighed.

A comparison of the vibrios found at El Tor in cases of dysentery with those of the specific vibrios of cholera, shows that although they are equally affected by the agglutination, Pfeiffer's and saturation tests, they react differently to the haemolysis and fixation tests. These reactions appear to me as important as the former.

All the El Tor vibrios haemolyse under certain conditions while all the vibrios isolated from cases of cholera and agglutinating cholera serum, do not. This fact, in my opinion, is a sufficient reason for classing the El Tor and the cholera vibrios into two distinct groups.

It has been urged, however, that haemolytic vibrios agglutinating with cholera serum have been isolated from cholera stools, and a conclusion drawn that the true cholera vibrio may occasionally be haemolytic. The fact is correct, but the conclusion would be correct only if typical cholera stools contained but one kind of vibrio. In the East at any rate, this is far from being the case, and many cases of cholera are cases of mixed "vibrionic" infection. In many stools one finds not one but several comma-shaped bacilli, some agglutinating with cholera serum and others not, some monociliated, or multiciliated etc. It is possible, nay likely, that in some cases the cholera and the El Tor vibrios exist in the same stool.

In this connection I may state that some years ago, I wrote a distinguished bacteriologist, who was watching an epidemic of cholera in the East, to send me cultures isolated from cholera stools. Four cultures of vibrios were sent, of which only one agglutinated with Berlin serum. The three others although monociliated did not agglutinate but were intensely haemolytic. I quote this fact to show how very complicated the bacteriological examination of a cholera stool is in reality.

The fact therefore that vibrio, not only agglutinating but and haemolytic also, is occasionally found in cholera stools, does not necessarily prove that a cholera vibrio haemolyses at times, but it simply show that several kinds of vibrios, some haemolytic and some non haemolytic, may be isolated from cholera stools. In view of the facts recited in this paper, the last conclusion is to me the only possible one.

What has been said regarding haemolysis applies equally to the fixation test. All the vibrios isolated from the cholera stools which agglutinated with cholera serum gave the fixation test; all the El Tor vibrios, without exception, did not. On the other hand, several vibrios, though neither agglutinated nor converted into granules by cholera serum, reacted to both the fixation and the haemolysis test. I conclude therefore that all these reactions are relatively and not absolutely specific and that any one test, or group of tests is insufficient to establish a true classification. The only possible classification is to group together all the vibrios reacting in the same way to all tests, separating them from those which, under the same conditions, behave in a different way. If this method be applied to the vibrios isolated at El Tor, there is no difficulty in distinguishing them from the non-cholera vibrios, in spite of several of the reactions of both being identical. And it follows also, that *the agglutination, saturation and Gaffky's tests, are not, in themselves, of absolute diagnostic value for cholera vibrios.*

ON VIBRIOS FOUND IN SHIP WATER.

During the second quarter of the year 1905, the drinking water of ships calling at Port Said was examined for vibrios by Dr. Zirolia. Of 100 samples of water submitted to bacteriological examination were found to be positive in number and in 82 cases, vibrios were found.

Six only of these 82 vibrios gave a positive agglutinating result with high dilutions of cholera serum. (Fluid horse-serum kindly sent by Dr. Gaffky of Berlin. Standard 1 in 3000. Date 1/1/1905). Special attention was therefore paid to these 6 vibrios, representing in a natural classification, a group most closely related to that of the cholera vibrio.

The following table gives the port of departure of the ship the origin of the water containing these vibrios.

TABLE V.

Date of arrival at Port-Saïd.	Name of Ship.	Flag.	Port of departure.	Origin of drinking water.	Observations.
July 15.05.	Clan-Ronald.	British.	Liverpool.	Glasgow.	In a preceding journey the ship sailed from Cuttack and called at Port-Saïd on May 12th.
Aug. 22.05.	Torbryan.	»	Swansea.	Swansea.	Usually runs between Yokohama & Singapore.
Sept. 22.05.	Benarty.	»	Colombo.	Colombo.	Usually sails to India calling at Yokohama, Singapore, Bombay, Cochin.
Sept. 26.05.	Knowsley Hall.	»	Karachi. Colombo.	Karachi.	
Octo. 19.05.	Congo.	French	Alexandria.	Alexandria.	Runs between Marseilles, Alexandria, Port-Saïd and Beyrouth. Has crossed Suez Canal many years.
Octo. 20.05.	Vesta	Russian.	Odessa.	Constantinople.	Runs between Constantinople, Smyrna, Beyrouth, Jaffa, Port-Saïd, Alexandria. The ship has not been through the Canal in 1905.

TABLE VI.—SHOWING THE CHIEF MORPHOLOGICAL & CULTURAL CHARACTERISTICS OF THE VIBRIOS.

Name of Culture	Form and size.	Motility.	Cilia.	Reaction with Gram.	Optimum temperature.	Culture in bouillon and peptone water.	Cholera-roth.	Gelatine Culture.	Cultures on potatoes.	Cultures in milk.	Inverting action.	Haemolytic action.
CLAN RONALD ...	Same form and size as <i>V. cholera</i> . Involution and S. forms.	Motile. Serpentine movements quick. Slow rotatory and forward movements.	Encapsulated	Does not retain stain	Optimum 37° C.	Well developed surface veil.	Present.	Growth slow. Colonies transparent, yellowish brown with irregular borders, characteristic bulla in stab cultures.	Whitish layer.	No coagulation. Slight acidity.	Well marked reaction.	Very marked clear, 3 mm. areola round colonies.
TORBRYAN	Same length but thinner. Curve accentuated. Many S shaped forms.	Very motile. — Movements like those of preceding one.	Encapsulated (2)	do.	do.	No surface veil. Uniform clouding.	Present but feeble and slow. More marked by addition of Pot. Nit. solution.	Very slow liquefaction. Brown culture with irregular contours and dark nucleus. No bulla in stab cultures.	Yellowish to dark brown layer.	No coagulation. Reaction unaltered.	Reaction very feeble.	None.
BENARTY	Same length but thinner, S shaped and filamentous forms.	Motile. Slow serpentine movements. Slow rotatory and forward movements.	do. (2)	do.	do.	do.	do.	No liquefaction. Brown, yellowish colonies, granular, with irregular contours.	Yellowish layer.	do.	do.	Very slight, not clearly shown.
KNOWSLEY HALL	Short curve, very marked. No filaments or S shaped forms.	Motile. — Movements slow.	do. (2)	do.	do.	do.	do.	No liquefaction. Brown colonies with irregular contours & central nucleus.	Yellowish brown layer.	do.	do.	do.
CONGO	Short but slightly longer than preceding one.	Very motile. Serpentine movements very quick. Rotatory and forward movements quick.	do. (4)	do.	do.	do.	do.	Very slow liquefaction. Brown yellowish, transparent colonies. No bulla in stab cultures.	Very light yellowish layer.	do.	do.	do.
VESTA	Short, curve accentuated. No filaments or S shaped forms.	Very motile. Serpentine movements very quick. Rotatory and forward movements quick.	do. (4)	do.	do.	do.	do.	Liquefaction very slow. Colonies reddish yellow with irregular contours. No bulla in stab cultures.	Dark yellow layer.	do.	do.	do.

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Agglutination test.—Cholera serum was diluted in physiological solution. The macroscopic test only was applied. In one cc. of solution of serum, one loop or 2 mg. of agar-culture grown 8 hours at 37°C., was suspended. The result was considered as live when agglutination took place in two hours' time, at 37°C.

As the Berlin cholera-serum contained carbolic acid, it was necessary to see whether carbolic acid possessed any agglutinating properties for these microbes. For this purpose, chemically pure carbolic acid was tested in 0.5-0.25 % dilutions, either in distilled water or physiological salt solution, but none of these vibrios were agglutinated by carbolic acid, not even by a 0.5 % solution.

Several rabbits were immunised also by intravenous injections of gradually increasing doses of living and dead cultures, against each of these 6 vibrios and a cholera vibrio isolated during the last Indian cholera epidemic of 1902.

TABLE VII. — SHOWING THE RESULTS OF THE AGGLUTINATION TEST OF THESE VARIOUS VIBRIOS WITH DIFFERENT SERA.

Name of Sera.	V. Clan Ronald.	V. Tor-bryan.	V. Benarty.	V. Knowsley Hall.	V. Congo	V. Vest.	Cholera.
Cholera agglutinates (rabbit)	500	100	—	—	500	100	500
Cholera (Horse) »	10000	500	500	500	500	100	3000
Ronald »	10000	50	—	100	500	—	2000
Tor-bryan »	—	200	1000	—	—	—	—
Benarty »	500	—	20000	—	100	100	2000
Knowsley Hall »	500	500	—	20000	—	—	—
..... »	100	1000	—	—	500	2000	100
..... »	200	—	100	50	1000	—	50

Pathogenic effects and Pfeiffer's reaction.—Pfeiffer's reaction was obtained with the V. Clan Ronald only, and the result is shown in the following table. In the case of the other vibrios the requisite result could not be obtained.

TABLE VIII.—PATHOGENIC EFFECTS. PFEIFFER'S PHENOMENON

Name of culture	Result of injection into pigeons	Result of injection into guinea-pig.		Pfeiff react
		Result	Minimum mortal dose	
Clan Ronald	Negative	Positive	1/4 loop of culture 24 h. (guinea pig gr. 300)	Posi
Torbryan	»	»	3 loops	—
Benarty	»	»	2 »	—
Knowsley Hall . . .	»	»	2 »	—
Congo	»	»	3 »	—
Vesta	»	»	3 »	—

The conclusion to be drawn from the recital of the more marked characteristics of these 6 vibrios is, that V. Clan Ronald possesses more than any of the others, the characteristics of the true cholera vibrio. The five other vibrios markedly differ from cholera vibrios by their general properties. Their most marked characteristic, namely their agglutination by a very active cholera serum in 1/500 solution means that there is a certain degree of relationship between them and the true cholera vibrios. In other words, the agglutination-reaction must not be regarded as a specific test but as a group-reaction.

The results of agglutination tests made with the 7 sera, although apparently surprising, show there is a distinct relationship between the V. Clan Ronald and cholera vibrios, as the sera of animals injected with either vibrio agglutinate both. I do not believe that V. Clan Ronald is a true cholera vibrio, as it is haemolytic.

The experiments also show the degree of relationship existing between the 6 vibrios and between each and the cholera vibrio.

The conclusion which I base on the experiments carried out at Port Said are as follows:

1.—A certain number of vibrios, although agglutinating to some extent with cholera serum, *are sharply differentiated morphologically from the cholera vibrio, by the fact that they are multiciliated.*

2.—Whereas some vibrios found in ship water are agglutinated by very dilute solutions of cholera serum, others are agglutinated

onger solutions only. The latter form a transition stage, so to between the non-agglutinating and the highly agglutinating s.

-Although an active cholera serum agglutinates all the vibrios e extent, yet only two of these vibrios when injected into ani- produce sera having a powerful agglutinating effect on cholera s; two sera have the same property to a slighter extent, and ve none.

ese experiments therefore support the conclusion previously l at, namely that *it is not advisable to trust to the agglutination ly in the bacteriological diagnosis of cholera. The test is useful t specific.*

El Tor,
February, 22. 1907.





