# An appeal to the Royal College of Physicians, touching medical capacity: in a letter of thanks ... for their late improvement of the Parmacopoeia Londinensis / [By W.B., M.D].

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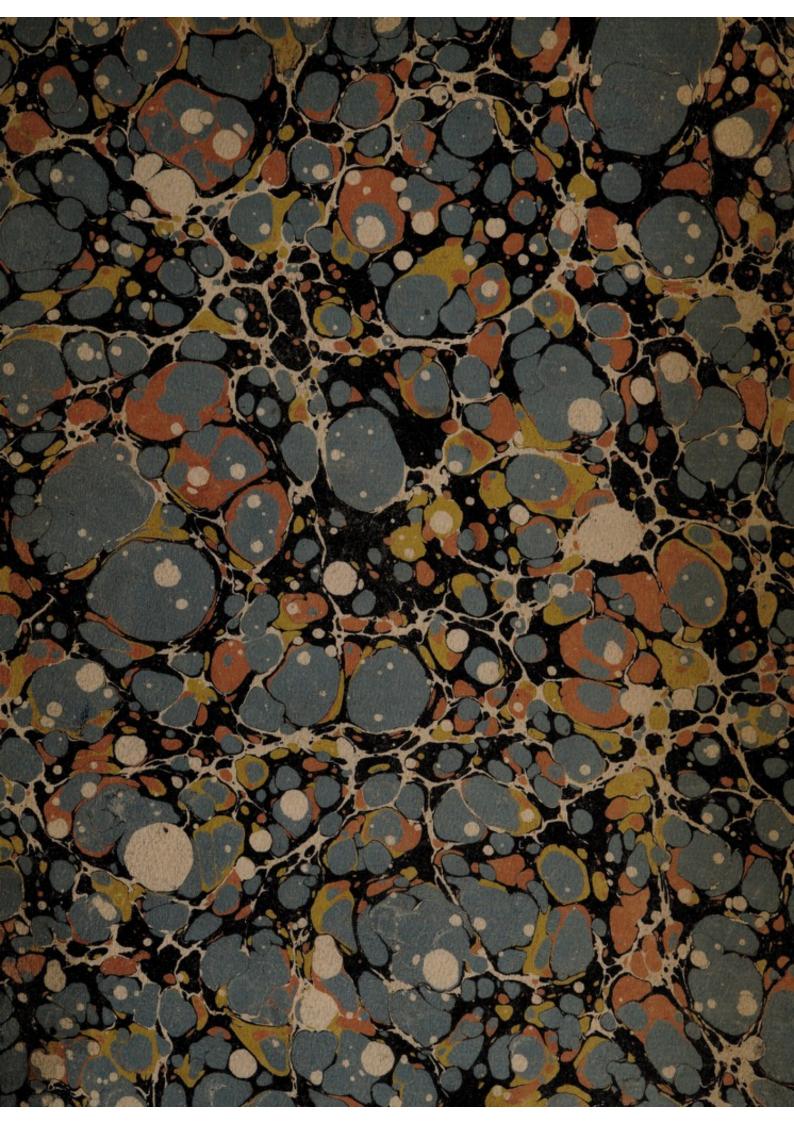
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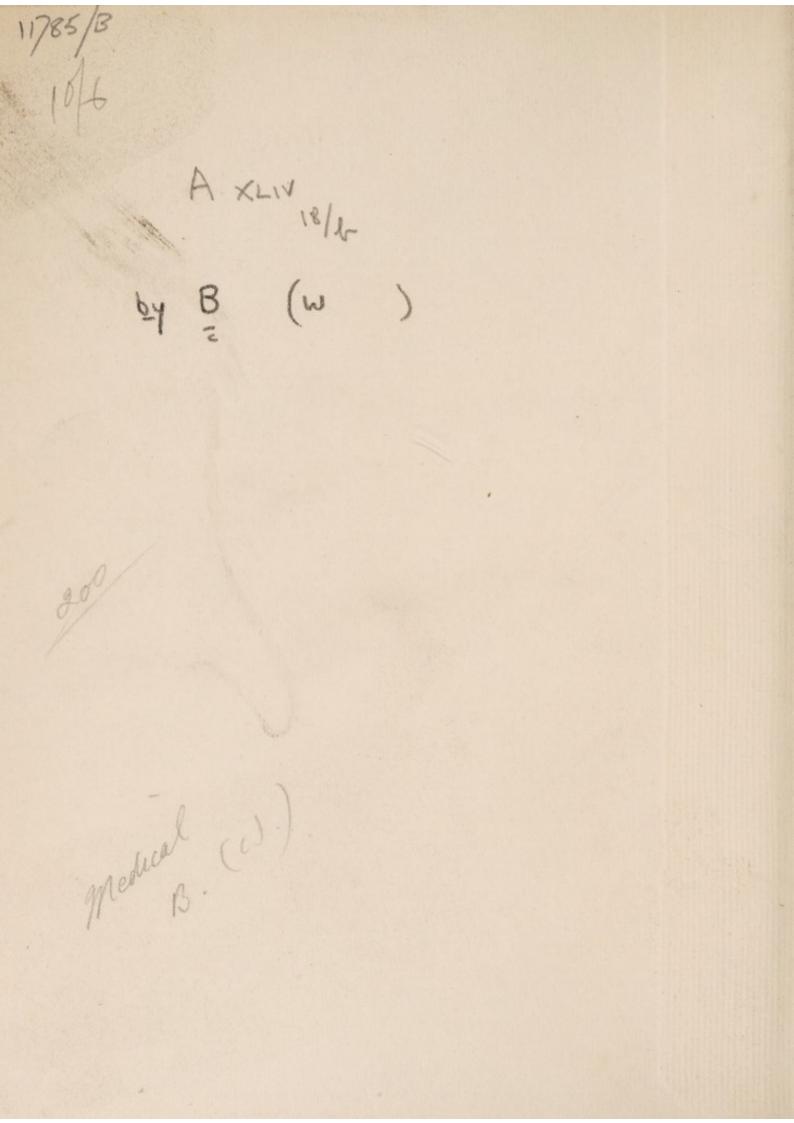
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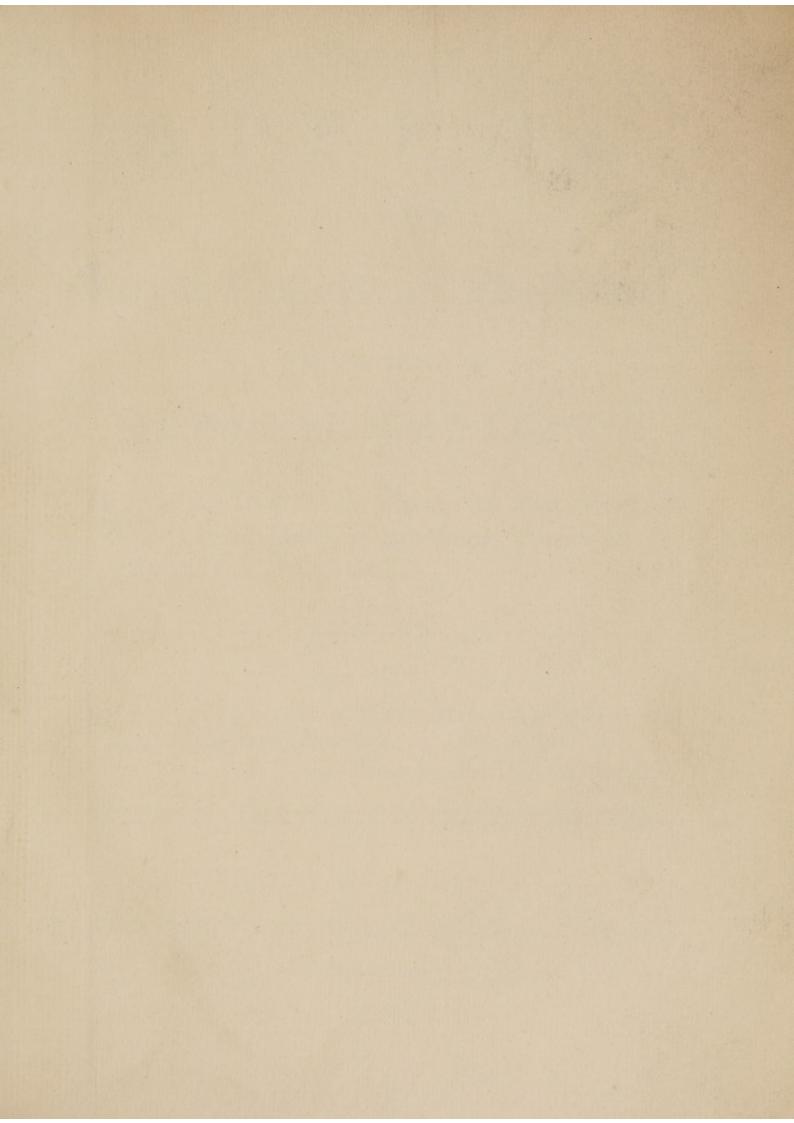
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# APPEAL

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### TO THE

## Royal College of Physicians,

### TOUCHING

## MEDICAL CAPACITY:

In a LETTER of Thanks to that Learned SOCIETY, for their late Improvement of the *Pharmacopæia Londinenfis*.

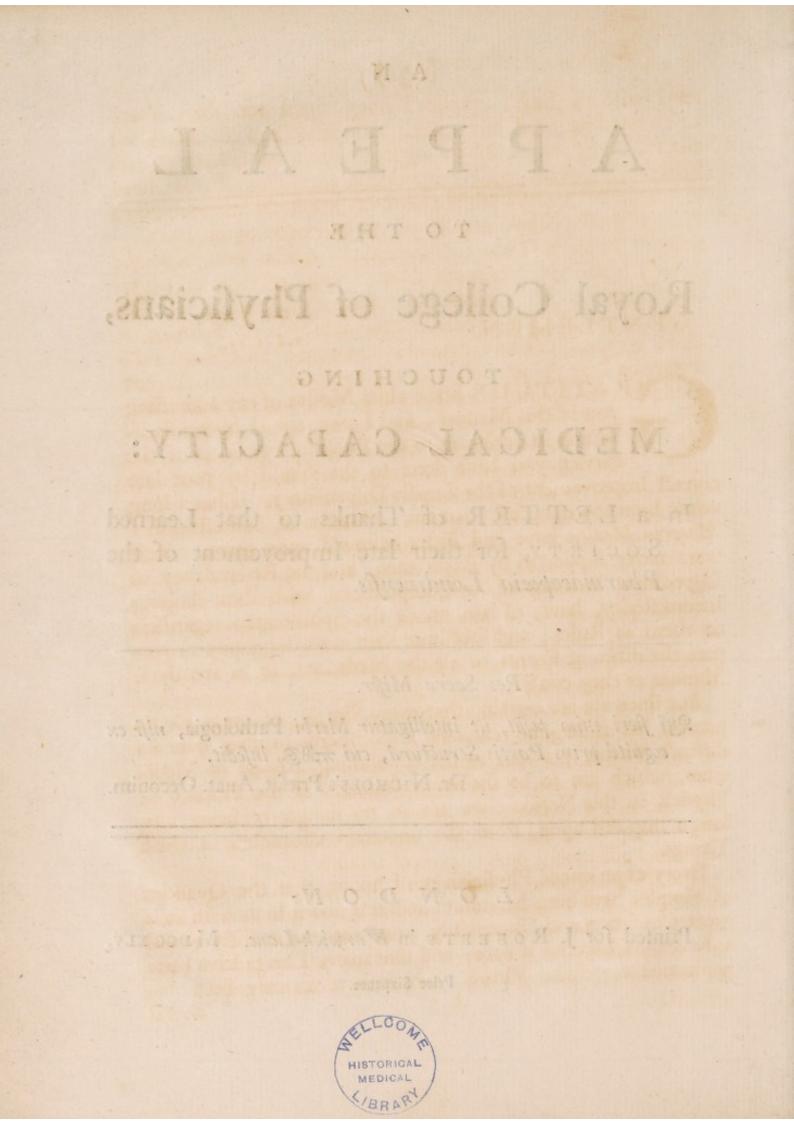
Res Sacra Mifer.

Qui fieri enim possit, ut intelligatur Morbi Pathologia, nisi ex cognitâ prius Partis Structurâ, cui 7728 @. insedit. Dr. NICHOLS's Præfat. Anat. Oeconim.

L O N D O N:

Printed for J. ROBERTS in Warwick-Lane. MDCCXLV.

Price Sixpence,



### GENTLEMEN,

LONDON. 0.1: 1.1745

Raftarfs, or Credaline of

low'd with one

RATITUDE is the chief Motive of my addreffing you in this Manner; and I own too, I have a Satiffaction in declaring to the Publick, my Senfe of the Service you have done to the World by your late correct Improvement of the London Difpenfatory. It has a long while been too manifest, that many Articles of our establish'd Materia Medica have had Titles bestow'd upon them, which were never supported by Experience; and the Redundancy of Ingredients, in many of our Compositions, with their clashing Inconfistency, have, of late, made the Apothecaries regardless of them as Rules; and fubftitute their own Ingenuity to prepare the different Forms of all the Medicines, in as feemly a Manner as they cou'd.

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But fince we are certain, that every Simple, of every Compound, has undergone reiterated Experiments to investigate its diffinct Virtue, previous to the establishing a Book of Medicines, which are to be the future Standard of the Practice of Phyfick in this Nation; we are in no danger of being any longer imposed upon, from the uncertain Characters of these Things.

Every experienced Physician must know, that the Qualities of Simples have been heretofore deliver'd down to us with fuch great Confusion and Uncertainty, that not one in Fifty wou'd anfwer the Character it bore; and that many Things have been applauded for divine Virtues, which have fcarcely been endow'd

dow'd with one fingle good Property. And, fuch has been the Rashness, or Credulity of those, who have undertaken to give us the Virtues and Properties of Medicines, that, for the most part, Expectations raifed upon them, have only tended to difgrace the Phyfician, and delude the Patient. I therefore congratulate you upon expunging all unneceffary Articles, and removing the officinal Lumber, that the Practice of Phyfick might hereafter be fupply'd with efficacious Medicinal Canons, upon the Bafis of Experimental Authority. Your Committee's Account of their Proceedings carries all the Marks of tender Care, and great Judgment. Plainnefs and Perfpicuity were always favourable Marks of Truth. But the great Penetration of Mind, and Simplicity of Style, fhewn throughout the whole, render all their Arguments convincing at first Sight; and if there be any Fault, it is employing more Learning than the Subject deferves, to trace out the diftant Caufes of the many ridiculous Errors which have appeared at different Times in it.

The Diffinction upon Antimonials, which are indiffolvable, fhews, in one word, an unanfwerable Proof against the Ufe of them. The judicious Caution about the common Ule of Aq. Ceraf. n. in the tender Age of Infants, demonstrates great Humanity and Benevolence; and the prefent Grounds of Sufpicion concerning its bad Effects, are just Reasons for laying afide the Ufe of it at all. The regulating of the Weights and Meafures, and rectifying the ambiguous Meanings of the Terms Libra and Uncia, are most necessary to adjust the Proportion of all Ingredients in a Composition, or to fix the certain Dofe of any Medicine. The ancient Error of Redundancy in Composition, is not only very well accounted for in the Narrative, but all Superfluities of that kind are now carefully retrench'd in the Plan defign'd for the Pharmacopæia itfelf; and more particularly with regard to the diftill'd Waters. And indeed the Committee have purfued their first Endeavours fo accurately, that they have render'd this Work fuitable to a rational Practice of Phyfick, without any Affectation of Wildom or Mystery. Vigilant Obfervation and analytical Experiments are certainly the only Means we can depend upon for the true Knowledge of Difeafes

Difeases or Medicines. Without Experience, the Virtues of the Bark had never been known; nor fhou'd we ever have difcover'd the poisonous Qualities of Lauro-Cerasus, à priore. And Microscopical Enquiries, however entertaining they may be, wou'd never have affifted us towards knowing the different Effects of Calomel and Sublimate, or taught us the glorious Ufes of Opium and Hellebore. But there can be no room for any one to expatiate upon a Subject you have already finish'd; and with fuch beneficial Confequences to the Publick, that I begin to hope the fame benevolent Difpofition may induce you likewife in due time, to rectify fome of the groffeft Irregularities, with regard to the Qualifications of those who practife the Art of Phyfick.

The College of Phyficians has been always look'd upon as the legal Guardians of the People's Health in this Nation ; and for that Purpofe it is vefted with ample Power to convene before them, and commit to Prifon, even without Bail, all Delinquents for Male-Practice in Phyfick. And yet notwithftanding all this extraordinary Authority, perhaps there is not a City where fuch Numbers of Perfons prefume to practife this Art with that Irregularity they do in this Metropolis: Infomuch, that an Abuse of that Art, which was first intended to relieve the Miferies of Mankind, at prefent threatens to become the greatest Destruction to Health and long Life. Therefore, fince popular Credulity rifes fo high as to follow any prevailing Opinions, and when a daring Confidence is all that is neceffary to propagate those Opinions, it feems a critical Time for Authority to interpose, and to admonish the People of their Danger by proper Reftraints. For all the vulgar Opinions concerning the Benefits arifing from the Art of Phyfick, ftand upon magical or fuperstitious Notions; and unless fome immediate Success, or the Appearances of it, follow the Administration of Medicines, it will never be in the Power of the ableft Practitioners to make the People fenfible of any flow rational Proceedings. As Ignorance was always the Mother of their Devotion, fo the Fear of Death amongst them is the only Support of Physick. And if it has been thought good Policy, in all civiliz'd Countries, to protect B

protect the Weak and Innocent from the crafty Defigns of evil Men, it must be fo in the Case of Medical Imposture, especially confidering Sickness always levels wise Men with Fools; and where, tho' the Folly of many is invincible, the Means of indulging it to their own Destruction may be removed in a good measure. And upon this Foundation stands the late Sanctorial Act of *Mortmain*, which, with as great Goodness as Wisdom, has constrain'd weak unwary Minds from committing irrevocable Folly with respect to their Properties.

I am fenfible there are fome, who, on account of Uncertainty in the Art of Phyfick itfelf, from fome uncommon Succefs of certain Empirical Noftrums, are apt to imagine it as unjust and impolitic to difturb Men for their different Opinions in Phyfick, as it certainly is to perfecute them for religious No-But, though Charity shou'd always incline us to think tions. favourably of all Mens Intentions in either Cafes, publick Wifdom has ever thought fit to guard against all fuch Delusions, as plainly affect the Health and Peace of a Society. And, furely! every one, who has a just Concern for the Happiness of Mankind, wou'd defire to have fome publick Teft required, that might exclude all vain, ignorant Coxcombs from the Practice of an Art, which fo nearly affects the Life or Health of Man, as does the Administration of internal Medicines. Nor wou'd any honeft, fenfible Man think it any Hardship upon him, to be obliged to qualify himfelf with fome fort of competent Knowledge, in a Bufinefs he propofed to employ his whole Time in; becaufe Truth and real Knowledge always eafe the Mind of those Doubts and Fears which attend upon Ignorance or Guilt.

No one wou'd prefume to dictate to his Superiors; but any one might hope to be excufed for proposing a few Hints for their Confideration, with due Deference and Respect, on a Point of the highest Consequence to Mankind.

The fagacious Dr. Sydenham, who first taught us a rational Use of the Bark, and gave us the best Management of the Small-Pox, expressly declares Anatomy to be the \* Lapis Lydius

of

\* Vide P. 458. Op. omnia.

of a Phylician; without which no one shou'd dare to practife either Phyfick or Surgery. And, indeed, what is more confonant to Reafon and common Senfe, than that the Perfon, who profess to adjust the several Diforders of a Machine, shou'd be well acquainted with the Make and Structure of it? Without this fundamental Principle, it is impossible to form any useful Ideas of the Animal Oeconomy; or be any ways qualified to diftinguish Symptoms from Difeases, when uncommon Appearances arife from a Connection of Parts. Wherefore one frequently meets with infufficient People, who even miftake the proper Symptoms of one Difeafe for another Difeafe; and then, as Error is endlefs, fancy they have difcover'd fomething new to add to the Catalogue of Diftempers, already too long for the most Judicious. And in the Country, at any Distance from Town, every body is obliged, in the most difficult Cafes, to put himfelf under the Direction of Men, who do not fo much as pretend to other Abilities in Phyfick or Surgery, than what they cou'd acquire from a bare Apprenticeship to some Mafter, who had employ'd them in the Labour of pulverizing Drugs, &c. And, as Matters ftand at prefent, there descends down to Posterity a Succession of Artificers, who very rarely are found to have fo much Anatomy as a Butcher; and are fo far from being able to fatisfy you about the Parts affected in your Diftemper, that, for the most part, they cannot refolve you on which Side of the Abdomen the Liver is feated. The whole of these Mens Knowledge is plainly confined to the Names of Diftempers, and their Mafters old Receipts; without any one good Rule whereby they might poffibly improve themfelves by even the most extensive Business. So that they never can do better than boldly and mechanically direct those Medicines to the Names of Diftempers, not to the Diftempers themfelves; which should always be treated as variously and differently, as are the Caufes and Conftitutions from whence they proceed. A Cholick, a Diabetes, and a Rheumatism, are Diftempers that arife from very different Caufes, at different Times; and it is very obvious, the most pompous Medicines prefcribed to the Name of either of them, without diftinguishing

ing upon the different Caufes and Symptoms, wou'd be very far from answering the curative Intentions. Besides, this common Method must be extremely hazardous to Life, on account that fome of our worst Maladies are not yet rank'd under proper Denominations. And thus feeing the longest Time, and the largest Practice, can never make these Men wifer above Trifles, without fome original Plan to build upon ; it must certainly be the trueft Compaffion and Charity to Mankind, to oblige all fuch inferior Practitioners to produce a Testimonial, under the Hand of fome known Anatomist, that they had regularly attended one Courfe of Anatomy (at least) before they prefumed to act as Surgeons, or vifit the Sick as Apothecaries. This, or fome fuch neceffary Diffinction, wou'd enable the People in general to make a better Choice of their Phylicians, than by mere Fancy, or Fame itfelf. And if there is not already Power enough vefted in the College to reach all Country Dealers in Phyfick, I wifh fuch Authority might be procured for the Service of the Publick; and that this Hint only may occafion fome future Confideration. Were we ferioufly to reflect upon the Value we fet upon Life, when in Danger of lofing it by Sicknefs; and to think, at the fame time, of the Infufficiency of our common Help; it wou'd foon determine us, in our best State of Health, to be zealous in promoting all fuch Regulations, as might be thought proper to improve our common medical Affistance. Physick is a Practical Art; and if it is not exercised by some Rule of Knowledge, the World had better be without it. It is plain, the People in general can never be able to judge of the Merit of any Practitioner, but by Fame or Succefs, both which are very fallible Rules; therefore it appears to be abfolutely neceffary and convenient, that a proper Authority shou'd direct their Choice, by such Distinctions as may answer all the Purposes of a good general Rule, and thereby render the Lives of many People lefs precarious. At prefent it is most certainly no question, that Physick, in the Country, does more harm than good to the Health and Lives of the People; and unless fome Method is found out to check the Abuses of it, every Man, who is able to contemplate the Animal mal Automaton, and can perceive how wifely it is contrived for Self-prefervation, will foon think it more eligible to rely upon the ordinary Calls of Nature in Sicknefs, than to take any internal Medicines at all. And, above all things, I wou'd recommend this Physical Abstinence to Hypochondriacal, Lowfpirited Patients, who are never to be well reliev'd or cured without all forts of ftrict Temperance, join'd to Exercife in open Air. But here I will also note for their fake, That the best chofen Exercife will always fail of its Purpofes, if it be only purfued in one and the fame Place, even though that Place fhou'd be remarkably fituated in the best Air. It is diversify'd Exercife in different Places, which renders it the most certain Sanical Cure, for all those Diforders of the Body, where the Mind labours under any uneafy Paffions. And it is a Tour only, which exhibits the greatest Variety of Objects, that can cure the most chronical Cases of this kind, not the bare Changes of Air. Therefore the Valetudinarian must always look upon this compound Exercise as the true Elixir of Health, for the Mind as well as for his Body. It is true, no Diforder happens to us, but there is, at the fame time, a natural Conatus to throw it off. But when this Endeavour in Nature is opprefs'd and ftifled by injudicious Industry, instead of being critically affisted, What Chance can Nature have to overcome a Diftemper enforced by a Load of Phyfick? Nature left to herfelf will do Wonders, especially if you know how to avoid all things that are hurtful; for, as a Perfon of fprightly Parts often expresses it, Keep off Swords and Guns, and it will require a vast deal to kill a Man. Natura duci postulat se, non trabi. But while we are thus contending for proper Diffinctions of Medical Capacity, we must particularly defire our Superiors to guard us against all the Pretentions of false Philosophy, under the Shape of Hypothefes, which flourish'd so much in the last Century. Nor let us admit, that any Sort of Literature is neceffary to the Art of Healing Diftempers, but what has fome real Affinity to it. For the Subject-matter of Enquiry after the Abilities of every Perfon, fhou'd relate only to the Principles and Practice of the Art

Art of Phyfick itself. Learning, and all the Appearances of it, was always the known Idol of the People: And from hence crafty Men have taken the Hint, in all Ages, and in all Profeffions, to impose upon them Wonders and Abfurdities. Nothing but this popular Bigotry to every thing that is mysterious, cou'd ever have tempted the profound Greshamite, some Years ago, to publish to the World his abstruse Theory, that equally accounted for mufcular Motion, and all the Paffions of the Mind, by the Operation of Bilious Salts. And as Knowledge at beft, amongst the Bulk of Mankind, is little better than mere animal Perception, the titular Author of the Hypothefis of Acid and Alkali prefumed in his Day upon that Bottom, and did Wonders. But of all the finister Arts which have been made use of to acquire a Fame for Knowledge that Men did not really poffers, there never was one that fucceeded fo well, as did the Antiquarian Learning about Thirty and Forty. Years ago, when Swarms of Virtuofi were recommended into all Parts of the Country under the Denomination of Learned Physicians. And it was then thought that the Nation was ftock'd with this Class of Men, as Phyficians, in order to recompense them for their fruitless Labours, under their great Patron \*, in Studies directly opposite to the Knowledge of the Animal Oeconomy, or any Part of the Curative Art.

It is a national Reflection, that we want fufficient Schools of Phyfick at Home, to prevent our Students from fpending their Money Abroad under foreign Profeffors, to the manifelt Lofs of our own Country. And that by far the greateft Part of our moft Eminent and Learned Phyficians of this Time have had their Phyfick Education in foreign Universities. But whatever may be faid in favour of the Inftitutional Method of Schools abroad, we have always had the Character of producing the best Phyficians in *Europe*. And it is certain, that no Phyficians, at Home or Abroad, have made that Figure in their Profession, as those who have prescribed for our Hospitals at London; and it must undoubtedly be owing to their large and extensive

\* Sir H. S. who then prefided over all Sorts of Literature.

extensive Fund of Experience, that we have fo many diffinguish'd Characters in the Art of Healing. Therefore I offer it as one Point worthy of Confideration, How far these Hospitals, and all inferior Places of the like kind in this City, might be render'd fubfervient to a Phyfick Education, by admitting Ten times the Number of Pupils they do at prefent, under fuch Reftrictions, as wou'd prevent all forts of Diforder and Inconveniency. So that the fame good and godly Benefactions, which have raifed the best Nurferies in the World for the Sick and Wounded, may also be improved farther into the best Schools for the Art of Phyfick and Surgery. And as there are many internal Difeafes which must require a competent Degree of Knowledge of external Difeases, to afford, by Analogy, a clearer Idea of them; it wou'd be highly advantageous to the Student, inafmuch as a Course of the best Practice of Surgery might be attended to at one and the fame time. And I have known feveral Gentlemen, who have been abroad, that have given the Preference of that great Anatomist Dr. Nicholls's Phyfiological Lectures, and an Attendance, at the fame time, upon the Practice of our Hospitals, to any foreign Education whatfoever. But I am perfuaded, that if many of those Gentlemen of the Faculty, who have fpent much time upon learned Differtations and abstracted Speculations, had bestow'd a little more of their Time in ftudying to promote the good Oeconomy of the Profession, we might have expected some Scheme, before this time, to remove all Caufes for these Reflections.

It is equally the Intereft and Concern of those in the highest Rank amongst us, as much as the lowest Order of the People, to encourage a Physick Education. For, as no Person is able to make any proper Judgment of his Physician's Abilities in his Profession, who is not himself qualified to be a Physician; all Men from the highest to the lowest, are liable to mistake great Proficiency in the Mathematicks, or great Skill in the Languages and other learned Sciences, for Medical Capacity; especially, as these Qualifications are frequently rewarded with a Physick Phyfick Degree from either of our own Univerfities.\* And altho' Men of diftinguish'd Learning in the Profession of Phyfick have applied mathematical Calculations to the Art, in hopes of raifing it to a Science; yet, for want of neceffary Data, they have only ferved to furnish out a fort of learned, plaufible Turn of reasoning; which is equally as delusive as Hypotheses, and tend only to miflead the Student from the only Means of learning the Knowledge of Diftempers by diligent, exact, wellweigh'd Observations. Nor can any fort of Principles enable a Phyfician to make fuch Judgment of Difeafes, as will juftify his Practice, but a good Knowledge of the human Oeconomy, and a just Reasoning thereupon, from the outward, fensible Appearances, to their internal and remote Originals. It is this Capacity and Skill in reafoning, which is all the Theory in Phyfick that can ever affift us, when any new Species of Difeafes arife, or difficult Symptoms attend the fame Difeafe. But this flow and laborious Method ill fuits fome Men of Genius, whole Minds are pollefs'd with immoderate Zeal after Eminence in their Profession, and who are too apt to despife the Examination of Things by Senfe and Experiment, as being too grofs and ignoble. Phyfick is not the Effect of human Invention. It owes its Birth to a diligent, accurate, and judicious Observation of Nature; and the Knowledge of it does not confift in a lively Imagination, or that certain Power of the Mind, which is most inquisitive after the obscure Operations of Nature. Neceffity produced it, and Experience must bring it to Perfection. But yet it is notorious, that fome of our modern Phyficians have flewn by their publick Writings, that they are more ambitious to appear in the Character of learned Men, than good Phyficians upon this true Bafis of Experience and Obfervation. And this learned Pride has pufh'd them upon feveral particular Attempts and Effays in that Strain, which have met with fevere Cenfure. For Inftance: What Services have those labour'd Computations done, which were made by Keil and

> \* Æque Pauperibus prodeft, Locupletibus æque Æque neglectum Pueris, Senibusque nocebit.

> > HOR.

and Borelli, concerning the Force which the Heart exerts at every Systole? when their two Calculations appear to be as different, as Pounds are to Ounces. And the fame Borelli, in attempting to account for the great Quantity of Bile, feparated by the biliary Ducts of the Liver, draws a mathematical Conclusion, That there is discharg'd into the Duodenum thirty-four Pounds of bilious Juice, by the Ductus communis, in twentyfour Hours. Whereas Dr. Keil, from a more just Calculation upon the fame Problem, concludes that no more than two Drachms pass that Duct in one Hour, or fix Ounces in a Day. Thus, by affuming Postulata, no ways to be granted, the two greatest Mathematicians in the Profession of Physick, have drawn just Inferences, which yet are to the last degree repugnant to Fact, Experience, and common Senfe. Again, from what other Principle, but that of the Pride of Learning, cou'd proceed fome later Difquifitions concerning the fuperior Dignity of Phyficians or Surgeons? When, after all the great Learning which has appeared on both fides this important Question, the Precedency in difpute might at any time be beft determin'd, either by confidering the Degrees of Merit, or Priority of the Arts. Both Professions claim the same Divine Old Man for their common Master; and some People aver for Truth, that Hippocrates was more conversant in the Art of Surgery, than in the Administration of internal Medicines. Physick and Surgery must at least be acknowledg'd to be Twin-Sisters; and if an exact Scrutiny was to be made, Surgery perhaps might be found to be the Elder of the Two; as Mankind were doubtlefs expos'd to external Hurts and Injuries, before they were liable to inward Decays in their Constitutions. But all Pretensions to Superiority ought to be superfeded in a common Cause, so far as whatever is a joint Concern might be conducted with an unanimous and joint Concurrence. Otherwife the Practice of Medicine, by reason of this near Affinity of the Professions, cou'd not well be carried on to the beneficial Purpofes of the Publick. I have mention'd these learned Controversies, because I am a Well-wifher to the Art of Phyfick, fo far as it is useful to Mankind; and never defire to fee the Credit of any Branch of it disputed D

difputed by Criticks in ancient Learning; feeing, in most Cafes, it may be fo dextroufly managed, as to render any Queftion doubtful and puzzling. And, for my own part, whenever I fee any Piece of mere intricate Learning applied to the pretended Service of any Art, which depends upon Matters of Fact for its Improvement, I immediately fuspect there cannot be any other Meaning, than to raife it above common Capacity, in order to dignify it into political Mystery. This false Ambition of fupporting the Honour of the Profession of Physick by the means of critical Learning, or mathematical Principles, without Data, can only be building the Temple of Æsculapius upon a fandy Bottom. And yet, fo long as this Itch after learned Fame possesses the Minds of our greatest Men in the Profeffion, we must never expect those, who are most able to do it, will ever publish their practical Observations to the World ; fince the Scholar, and a fine Stile, in fome learned Language, will always appear to more advantage upon Theoretical Subjects, than in a faithful, plain Narration of the Symptoms and Cure of Difeases: And therefore, altho' perhaps there never was an Age when there were greater Numbers of learned Phyficians than at prefent, yet there never were fewer good Writers upon practical Subjects of the Profession.

But now, Gentlemen, as I have taken much Liberty with all Orders of Men in the Profession, I must appeal to you, as the Guardians and supreme Judges of Physick, whether I have discharg'd myself with due Regard to Truth and good Manners? You are most fensible of the vast Importance of Truth, and of the horrible Confequences proceeding from erroneous Theories in Phyfick; and I know the common Practifers are always influenced by prevailing Opinions, without requiring much Evidence; and that the Name of Philofophy, and chemical Jargon, will ever be their most darling Idols. Hence therefore I hope you will excuse my Application to you in behalf of Regular Testimonials, to be granted upon fuch Conditions as you shall think most expedient, to rectify the general bad Practice of Phyfick. For, tho' I am far from thinking your Permifions, or any other titular Productions, will ever prove any adequate Teft Test of Abilities; yet I am very certain they will always be proper Means to excite Emulation, and make Men more studious of that Knowledge, which, they know, one time or another they must be obliged to give some account of. And were our Students in Physick suffer'd to attend the Hospitals, as practical Schools in the utmost Latitude, it wou'd be the most worthy Improvement of those noble Charities, without interfering at all with the pious Intentions of their Founders. And were fuch Anatomical and Physiological Lectures, as are now carried on by Dr. Lawrence, and others, duly pursued, and regularly join'd with that Attendance, I dare venture to affert, that such an Education wou'd soon remove from us all Causes of Reproach, and prevent vast Sums of Money being spent abroad for this Purpose.

I am far from pretending to the Talents of a Projector in any Affairs; but as these various Thoughts and Observations have occurr'd to my Mind, fince I was resolv'd to give publick Testimony of my Gratitude to the Learned President and Fellows of the College of Physicians, for their excellent Plan of a new Dispensatory, I am tempted to offer them as promiscuous Hints, arising from the Power of *Philanthropy*, and my fincere Wisses for the Reputation of your Faculty; being,

### GENTLEMEN,

### With the highest Esteem,

Your most obedient,

bumble Servant,

### W. B. M. D.

