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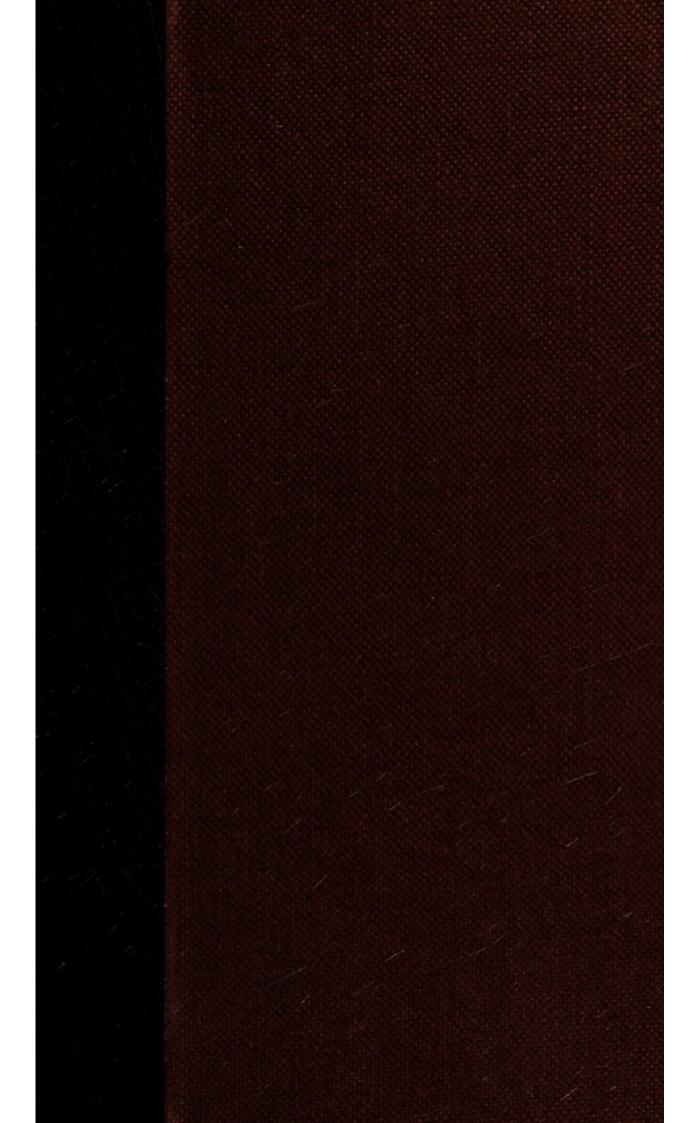
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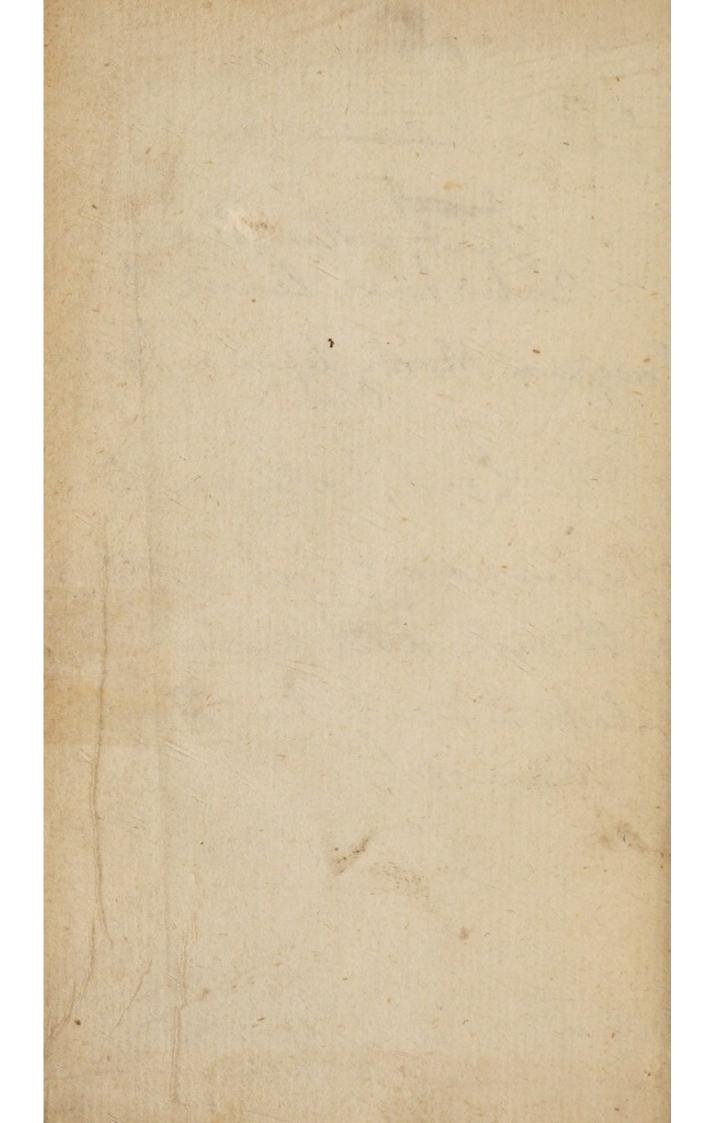
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# Primitive Physick:

OR, AN

EASY and NATURAL

## METHOD

OF CURING

## Most DISEASES.

## By JOHN WESLEY.

Homo Sum: humani nihil a me alienum puto.

The NINTH EDITION, corrected and enlarged.

#### LONDON:

Printed by W. STRAHAN:

And fold by the Booksellers of London and West
minster. M DCC LXI.

HISTORICAL MEDICAL MEDICAL MEDICAL

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## PREFACE.

类类HEN MAN came first out of the Hands of the great Creator, cloath'd in Body as well as in Soul, with Immortality and Incorruption, there was no Place for Phyfick, or the Art of Healing. As he knew no Sin, so he knew no Pain, no Sickness, Weakness, or bodily Disorder. The Habitation wherein the angelick Mind, the Divinæ Particula Auræ abode, although originally formed out of the Dust of the Earth, was liable to no Decay. It had no Seeds of Corruption or Dissolution within itself. And there was nothing without to injure it: Heaven and Earth and all the Hosts of them were mild, benign and friendly to human Nature. The entire Creation was at Peace with Man, fo A 2 long

long as Man was at Peace with his Creator. So that well might the Morning Stars fing together, and all the Sons of God shout for Joy.

2. But since Man rebell'd against the Sovereign of Heaven and Earth, how entirely is the Scene changed? The incorruptible Frame hath put on Corruption, the Immortal has put on Mortality. The Seeds of Weakness and Pain, of Sickness and Death, are now lodged in our inmost Substance: Whence a thousand Disorders continually spring, even without the Aid of external Violence. And how is the Number of these increased, by every Thing round about us? The Heavens, the Earth, and all Things contained therein, conspire to punish the Rebels against their Creator. The Sun and Moon shed unwholsome Influences from above; the Earth exhales poisonous Damps from beneath: The Beasts of the Field, the Birds of the Air, the Fishes of the Sea, are in a State of Hostility: The Air itself, that furrounds us on every Side, is replete with the Shafts of Death: Yea, the Food

we eat, daily saps the Foundation of the Life, which cannot be sustained without it. So has the LORD of All secured the Execution of his Decree, "Dust thou art, and unto Dust shalt thou return."

3. But can there Nothing be found to lessen those Inconveniences, which cannot be wholly removed? To soften the Evils of Life, and prevent in Part the Sickness and Pain to which we are continually exposed? Without Question there may. One grand Preventive of Pain and Sickness of various Kinds, seems intimated by the great Author of Nature, in the very Sentence that intails Death upon us: "In the Sweat of thy Face Shalt thou eat Bread, 'till thou return to the Ground." The Power of Exercise both to preserve and restore Health, is greater than can well be conceived: Especially in those who add Temperance thereto; who if they do not confine themselves altogether to eat either " Bread or the Herb of the Field," (which God does not require them to do) yet steadily observe both that Kind and MeaMeasure of Food, which Experience shews to be most friendly to Health and Strength.

4. 'Tis probable Physick, as well as RELIGION, was in the first Ages chiefly traditional: Every Father delivering down to his Sons, what he had himself in like Manner received, concerning the Manner of Healing both outward Hurts, and the Diseases incident to each Climate, and the Medicines which were of the greatest Efficacy for the Cure of each Disorder. 'Tis certain, this is the Method wherein the Art of Healing is preferved among the Americans to this Day. Their Diseases indeed are exceeding few; nor do they often occur, by Reason of their continual Exercise, and ('till of late, universal) Temperance. But if any is fick, or bit by a Serpent, or torn by a wild Beast, the Fathers immediately tell their Children what Remedy to apply. And 'tis rare, that the Patient suffers long; those Medicines being quick, as well as generally infallible.

5. Hence

#### [ vii ]

5. Hence perhaps it was that the Antients, not only of Greece and Rome, but even of barbarous Nations, usually assign'd Physick a Divine Original. And indeed it was a natural Thought, That He who had taught it to the very Beasts and Birds, the Cretan Stag, the Egyptian Ibis, could not be wanting to teach Man,

Sanctius his Animal, mentisque capacius altæ:

Yea, sometimes, even by those meaner Creatures: For it was easy to inser, "If this will heal that Creature, whose Flesh is nearly of the same Texture with mine, then in a parallel Case it will heal me." The Trial was made. The Cure was wrought. And Experience and Physick grew up together.

6. And has not the Author of Nature taught us the Use of many other Medicines, by what is vulgarly term'd Accident? Thus one walking some Years since in a Grove of Pines, at a Time when many in the neighbouring Town were afficted

flicted with a Kind of new Distemper, little Sores in the Inside of the Mouth, a Drop of natural Gum sell from one of the Trees, on the Book which he was reading. This he took up, and thought-lessy applied it to one of those fore Places. Finding the Pain immediately cease, he applied it to another, which was also presently healed. The same Remedy he asterwards imparted to others, and it did not fail to heal any that applied it. And doubtless numberless Remedies have been thus casually discovered in every Age and Nation.

7. Thus far Physick was wholly sounded on Experiment. The European, as well as the American, said to his Neighbour, Are you sick? Drink the Juice of this Herb, and your Sickness will be at an End. Are you in a burning Heat? Leap into that River, and then sweat 'till you are well. Has the Snake bitten you? Chew and apply that Root, and the Poisson will not hurt you. Thus antient Men, having a little Experience, joined with common Sense, and common Humanity,

#### [ix]

manity, cured both themselves and their Neighbours, of most of the Distempers to which every Nation was subject.

- 8. But in Process of Time, Men of a philosophical Turn, were not satisfied with this. They began to enquire, How they might account for these Things? How fuch Medicines wrought such Effects? They examined the Human Body, and all its Parts; the Nature of the Flesh, Veins, Arteries, Nerves; the Structure of the Brain, Heart, Lungs, Stomach, Bowels; with the Springs of the several Animal Functions. They explored the feveral Kinds of Animal and Mineral, as well as Vegetable Substances. And hence the whole Order of Physick which had obtained to that Time, came gradually to be inverted. Men of Learning began to fet Experience aside; to build Physick upon Hypotheses; to form Theories of Diseases and their Cure, and to substitute these in the Place of Experiments.
- 9. As Theories increased, simple Medicines were more and more disregarded and

and disused; 'till, in a Course of Years, the greater Part of them were forgotten, at least in the politer Nations. In the Room of these, Abundance of new Ones were introduced, by reasoning, speculative Men; and those more and more dissicult to be applied, as being more remote from common Observation. Hence rules for the Application of these, and Medical Books were immensely multiplied; 'till at length Physick became an abstruse Science, quite out of the Reach of ordinary Men.

in Admiration, as Persons who were something more than human. And Profit attended their Employ, as well as Honour; so that they had now two weighty Reasons for keeping the Bulk of Mankind at a Distance, that they might not pry into the Mysteries of the Profession. To this End, they increased those Distinctions by Design, which began in a Manner by Accident. They filled their Writings with Abundance of Technical Terms, utterly unintelligible to plain Men. They affected

affected to deliver their Rules, and to reafon upon them, in an abstruse and philofophical Manner. They represented the critical Knowledge of Anatomy, Natural Philosophy (and what not? Some of them infifting on that of Astronomy and Astrology too) as necessarily previous to the understanding the Art of Healing. Those who understood only, How to restore the Sick to Health, they branded with the Name of Empiricks. They introduced into Practice, Abundance of compound Medicines, confisting of so many Ingredients, that it was scarce possible for common People to know which it was that wrought a Cure: Abundance of Exoticks, neither the Nature nor Names of which their own Countrymen understood: Of Chymicals, such as they neither had skill, nor Fortune, nor Time, to prepare: Yea, and of dangerous Ones, such as they could not use, without hazarding Life, but by the Advice of a Physician. And thus both their Honour and Gain were secured; a vast Majority of Mankind being utterly cut off from helping either themselves or their Neighbours, or once daring to attempt it. 11. Yet

11. Yet there have not been wanting from Time to Time, some Lovers of Mankind, who have endeavoured (even contrary to their own Interest) to reduce Physick to its antient Standard: Who have laboured to explode out of it all Hypotheses, and fine-spun Theories, and to make it a plain intelligible Thing, as it was in the Beginning: Having no more Mystery in it than this, "Such a Medicine removes such a Pain." These have demonstrably shewn, That neither the Knowledge of Astrology, Astronomy, Natural Philosophy, nor even Anatomy itself, is absolutely necessary to the quick and effectual Cure of most Diseases incident to Human Bodies: Nor yet any Chymical, or Exotick, or Compound Medicine, but a fingle Plant or Fruit duly applied. So that every Man of common Sense (unless in some rare Cases) may prescribe either to himself or his Neighbour; and may be very secure from doing Harm, even where he can do no Good.

12. Even in the last Age there was something of this Kind done, particularly

### [ xiii ]

And in the present, by his Pupil Dr. Do-ver, who has pointed out simple Medicines for many Diseases. And some such may be found in the Writings of the learned and ingenious Dr. Cheyne: Who doubtless would have communicated many more to the World, but for the melancholy Reason he gave one of his Friends, that prest him with some Passages in his Works, which too much countenanced the modern Practice, "O Sir, We must do something to oblige the Faculty, or they will tear us in Pieces."

out any Concern about the obliging or disobliging any Man living, a mean Hand has made here some little Attempt, toward a plain and easy Way of curing most Diseases. I have only consulted herein, Experience, common Sense, and the common Interest of Mankind. And supposing they can be cured this easy Way, who would desire to use any other? Who would not wish to have a Physician always in his House, and one that attends with-

#### [xiv]

without Fee or Reward? To be able (unless in some few complicated Cases) to prescribe to his Family, as well as himself?

14. If it be faid, But what Need is there of fuch an Attempt? I answer, The greatest that can possibly be conceived. Is it not needful in the highest Degree, to rescue Men from the Jaws of Destruction? From wasting their Fortunes, as Thousands have done, and continue to do daily? From pining away in Sickness and Pain, either through the Ignorance or Knavery of Physicians? Yea, and many Times throwing away their Lives, after their Health, and Time, and Substance?

Is it enquired, But are there not Books enough already, on every Part of the Art of Medicine? Yes, too many, ten Times over, confidering how little to the Purpose the far greater Part of them speak. But beside this, they are too dear for poor Men to buy, and too hard for plain Men to understand. Do you say, But there are enough of these Collections of Receipts. Where? I have not seen One yet, either

in our own or any other Tongue, which, contains only fafe and cheap and easy Medicines. In all that have yet fallen into my Hands, I find many dear and many. far-fetch'd Medicines: besides many of so dangerous a Kind, as a prudent Man would never meddle with. And against the greater Part of those Medicines there is a further Objection; They confift of too many Ingredients. The common Method of compounding and decompounding Medicines, can never be reconciled to common Sense. Experienceshews, That one Thing will cure most Disorders, at least as well as twenty put together. Then why do you add the other nineteen? Only to swell the Apothecary's Bill: Nay, possibly, on Purpose to prolong the Distemper, that the Doctor and he may divide the Spoil.

But admitting there is some Quality in the Medicine proposed, which has Need to be corrected: Will not one Thing correct it, as well as twenty? It is probable, much better. And if not, there is Sufficiency of other Medicines, which need no such Correction. How

How often, by thus compounding Medicines of opposite Qualities, is the Virtue of both utterly destroyed? Nay, how often do those joined together destroy Life, which fingle might have preserved it? This occasioned that Caution of the great Boerhaave, against mixing Things without evident Necessity, and without full Proof of the Effect they will produce when joined together, as well as of that they produced when afunder: Seeing (as he observes) several Things, which separately taken, are safe and powerful Medicines, when compounded not only lose their former Powers, but commence a strong and deadly Poison.

dicines here set down, I should advise as soon as you know your Distemper, (which is very easy, unless in a Complication of Disorders, and then you would do well to apply to a Physician that sears God) First, Use the first of the Remedies for that Disease which occurs in the ensuing Collection; (unless some other of them be easier to be had, and then it may do inst

### [ xvii ]

just as well.) Secondly, After a competent Time, if it takes no Effect, use the fecond, the third, and so on. I have purposely set done (in most Cases) several Remedies for each Disorder; not only because All are not equally easy to be procured at all Times and in all Places: But likewise because the Medicine which cures one Man, will not always cure another of the same Distemper. Nor will it cure the same Man at all Times. Therefore it was necessary to have a Variety. However, I have subjoin'd the Letter I. to those Medicines, which are said to be infallible .--- Thirdly, Observe all the Time the greatest Exactness in your Regimen, or Manner of Living. Abstain from all mixt, all high-season'd Food. Use plain Diet, easy of Digestion: And this as sparingly as you can, consistent with Ease and Strength. Drink only Water, if it agrees with your Stomach; if not, good clear Small-beer. Use as much Exercise daily, in the open Air, as you can without Weariness. Sup at Six or Seven on the lightest Food: Go to Bed early, and rise betimes. To persevere with Steadi-B 3 ness

#### [ xviii ]

ness in this Course, is often more than half the Cure. Above all, add to the rest, (for it is not Labour lost) that old, unfashionable Medicine, PRAYER. And have Faith in God, who "killeth and maketh alive, who bringeth down to the Grave and bringeth up."

- 16. For the Sake of those who desire, through the Blessing of God, to retain the Health which they have recovered, I have added a few plain, easy Rules chiesly transcribed from Dr. Cheyne.
- I. 1. The Air we breathe is of great Consequence to our Health. Those who have been long abroad in Easterly or Northerly Winds, should drink some thin and warm Liquor going to Bed; or a Draught of Toast and Water.
- 2. Tender People should have those who lie with them, or are much about them, found, sweet and healthy.
- 3. Every one that would preserve Health, should be as clean and sweet as possible in their Houses, Cloaths and Furniture.

#### [xix]

- II. 1. The great Rule of Eating and Drinking is, To suit the Quality and Quantity of the Food to the Strength of our Digestion; to take always such a Sort and such a Measure of Food, as sits light and easy on the Stomach.
- 2. All pickled or smoaked or salted Food, and all high-season'd is unwholsome.
- 3. Nothing conduces more to Health, than Abstinence and plain Food with due Labour.
- 4. For studious Persons, about eight Ounces of Animal Food, and twelve of Vegetable in twenty-sour Hours is sufficient.
- 5. Water is the wholsomest of all Drinks; quickens the Appetite, and strengthens the Digestion most.
- 6. Strong, and more especially spirituous Liquors, are a certain though slow Poison.
- 7. Experience shews, there is no Manner of Danger, in leaving them off all at once.

  8. Strong

#### [ xx ]

- 8. Strong Liquors do not prevent the Mischiefs of a Surfeit, nor carry it off so safely as Water.
- 9. Malt Liquors (except clear Smallbeer of a due Age) are exceeding hurtful to tender Persons.
- 10. Coffee and Tea are extremely hurtful to Persons who have weak Nerves.
  - III. r. Tender Persons should eat very light Suppers; and that two or three Hours before going to Bed.
  - 2. They ought constantly to go to Bed about Nine, and rise at Four or Five.
  - IV. 1. A due Degree of Exercise is indispensably necessary to Health and long Life.
  - 2. Walking is the best Exercise for those who are able to bear it, Riding for those who are not. The open Air, when the Weather is fair, contributes much to the Benefit of Exercise.

### [ xxi ]

- 3. We may strengthen any weak Part of the Body by constant Exercise. Thus the Lungs may be strengthened by loud speaking, or walking up an easy Ascent: The Digestion and the Nerves by Riding: The Arms or Hams by strongly rubbing them daily.
- 4. The Studious ought to have stated Times for Exercise, at least two or three Hours a Day: The one half of this before Dinner, the other before going to Bed.
- 5. They should frequently shave, and frequently wash their Feet.
- 6. Those who read or write much, should learn to do it standing; otherwise it will impair their Health.
- 7. The fewer Cloaths any one uses, by Day or Night, the hardier he will be.
- 8. Exercise, first, should be always on an empty Stomach; secondly, should never be continued to Weariness; thirdly, after it, we should take Care to cool by Degrees: Otherwise we shall catch Cold.

  9. The

#### T xxii ]

- 9. The Flesh-brush is a most useful Exercise, especially to strengthen any Part that is weak.
- to Health. It prevents Abundance of Diseases. It promotes Perspiration, helps the Circulation of the Blood, and prevents the Danger of catching Cold. Tender People should pour Water upon the Head before they go in, and walk in swiftly. To jump in with the Head foremost, is too great a Shock to Nature.
- V. 1. Costiveness cannot long consist with Health. Therefore Care should be taken to remove it at the Beginning: And when it is removed, to prevent its Return, by soft, cool, opening Diet.
- 2. Obstructed Perspiration (vulgarly called catching Cold) is one great Source of Diseases. Whenever there appears the least Sign of this, let it be removed by gentle Sweats.
- VI. 1. The Passions have a greater Influence on Health than most People are aware of.

  2. All

#### [ xxiii ]

- 2. All violent and sudden Passions dispose to, or actually throw People into acute Diseases.
- 3. The flow and lasting Passions, such as Grief and hopeless Love, bring on chronical Diseases.
- 4. 'Till the Passion which caused the Disease is calm'd, Medicine is applied in vain.
- 5. The Love of God, as it is the fovereign Remedy of all Miseries, so in particular it effectually prevents all the bodily Disorders the Passions introduce, by keeping the Passions themselves within due Bounds. And by the unspeakable Joy and perfect Calm, Serenity and Tranquillity it gives the Mind, it becomes the most powerful of all the Means of Health and long Life.

London, June 11, 1747.

### [ xxiv ]

#### POSTSCRIPT.

1. T was a great Surprise to the Editor of the following Collection, That there was so swift and large a Demand for it; that three Impressions were called for in four or five Years; and that it was not only re-published by the Booksellers in a neighbouring Nation, but also inserted by Parts in their publick Papers, and so propagated through the whole Kingdom. This encouraged him carefully to revise the whole, and to publish it again, with several Alterations, which it is beped may make it of greater Use to those who love common Sense and common Honesty.

2. Those Alterations are still in Pursuance of my first Design, To set down cheap, and safe, and easy Medicines; easy to be known, easy to be procured, and easy to be applied by plain, unlettered Men. Accordingly, I have omitted a considerable Number, which, tho'

cheap and safe, were not so common or well known; and have added almost an equal Number, to which that Objection cannot be made: Which are not only of small Price, and extremely safe, but likewise easily to be found, if not in every House or Yard, yet in every Town and almost every Village throughout the Kingdom.

3. It is because they are not safe, but extremely dangerous, that I have omitted (together with Antimony) the four Herculean Medicines, Opium, \* the Bark, \* Steel, \* and most of the Preparations of Quickfilver. Herculean indeed! Far too strong for common Men to grapple with. How many fatal Effects have these produced, even in the Hands of no ordinary Physicians? With regard to four of these, the Instances are glaring and undeniable. And whereas Quickfilver, the fifth, is in its native Form, as innocent as Bread or Water, has not the Art been discovered, so to prepare it, as to make it the most deadly of all Poisons? These, Physicians have justly termed edged

\* Except in One Instance of each.

Tools.

#### [ xxvi ]

Tools. But they have not yet taught them to wound at a Distance: And honest Men are under no Necessity of touching them, or coming within their Reach.

4. Instead of these, I have once more ventured to recommend to Men of plain unbiassed Reason, such Remedies as Air, Water, Milk, Whey, Honey, Treacle, Salt, Vinegar, and common English Herbs, with a few foreign Medicines, almost equally cheap, safe and common. And this I have done on that Principle, whereby I desire to be governed in all my Actions, "Whatsoever ye would that Men should do unto you, the same do unto them."

ikewise added plain Definitions of most Distempers; not indeed accurate or philosophical Definitions, but such as are suited to Men of ordinary Capacities, and as may just enable them, in common, simple Cases, to distinguish one Disease from another. In uncommon or complicated Diseases, or where Life is more immediately in Danger, I again advise every man without Delay to apply to a Physician that fears God.

BRISTOL, 08. 16, 1755.

#### London, Nov. 10, 1760.

DURING the Observation and Experience of more than five Years, which have passed since the last Impression of this Trast, I have had many Opportunities of trying the Virtue of the ensuing Remedies. And I have now added the Word tried to those, which I have found to be of the greatest Efficacy. I believe many others to be of equal Virtue: but it has not lain in my Way to make the Trial.

In this Course of Time I have likewise had Occasion to collect several other Remedies, tried either by myself or others, which are inserted under their proper Heads. Some of these I have found to be of uncommon Virtue, equal to any of those which were before published: And one, I must aver, from personal Knowledge, grounded on a thousand Experiments, to be far superior to all the other Medicines I have known; I mean, Electricity. I cannot but intreat all those who are Well-wishers to Mankind, to make full Proof of this. Certainly it

comes

#### [ xxviii ]

yet known in the World.

One grand Advantage which most of these Medicines have above those commonly used, is this: You may be sure of having them good in their Kind; pure, genuine, unsophisticate. But who can be sure of this, when the Medicines be uses are compounded by an Apothecary? Perhaps he has not the Drug prescribed by the Physician, and so puts in its Place " what will " do as well." Perhaps he has it; but it is stale and perished: Yet " you would not have " him throw it away. Indeed he cannot afford " it." Perhaps be cannot afford to make up the Medicine as the Dispensatory directs, and sell it at the common Price. So be puts in cheaper Ingredients: And you take neither you nor your Physician knows what! How many Inconveniences must this occasion? How many Constitutions are ruined hereby? How many valuable Lives are lost? Whereas all these Inconveniences may be prevented, by a little Care and common Sense, in the Use of those plain simple Remedies, which are here collected.



A

## COLLECTION

OF

## RECEIPTS.

## 1. Abortion, (to prevent).

I. J SE daily a Decoction of Lignum Gue

#### 2. For an Ague. \*

- 2. Go into the Cold Bath just before the Cold Fit.
- 3. Or, take a Handful of Groundfell, shred it small, put it into a Paper Bag, four Inches square, pricking that Side which is to be next the Skin full of Holes. Cover this with a thin Linnen, C 3 and

<sup>\*</sup> An Ague is, An Intermitting Fever, each Fit of which is preceded by a cold Shivering and goes off in a Sweat.

and wear it on the Pit of the Stomach, renewing it two Hours before the Fit: Tried.

- 4. Or, apply a Handful of Yarrow in like Manner:
- 5. Or, a large Onion slit:
- 6. Or, boil Yarrow in new Milk, 'till it is tender enough to spread as a Plaister. An Hour before the cold Fit, apply this to the Wrists, and let it be on till the hot Fit is over. If another Fit comes, use a fresh Plaister: This often cures a Quartan.
- 7. Or, drink a Quart of cold Water, just before the cold Fit. Then go to Bed and Sweat:
- 8. Or, make fix middling Pills of Cobwebs. Take one a little before the cold Fit: Two a little before the next Fit: The other three, if Need be, a little before the third Fit. I never knew this fail:
- before the Fit. It commonly cures in thrice taking:
- 10. Or, a Tea-spoonful of Spirits of Hartshorn, in a Glass of Water:
- 11. Or, eat a Lemon, Rind and all:
- 12. Or, drink a Pint of Decoction of Camomile, fweeten'd with Treacle. Take it warm in Bed, and fweat two Hours.
- of these Medicines. If this is taken two Hours before the Fit is expected, it generally prevents that Fit, and sometimes cures an Ague: Especially in Children.—
  It is also proper to repeat the Medicine (whatever it be)

be) about a Week after, in order to prevent a Relapse. Do not take any Purge soon after.

## 3. A Tertian Ague. \*

- 13. Boil a Handful of Ribwort in Whey. Drink this warm an Hour before the Fit comes, and lie down and fweat:
- 14. Or, apply to each Wrist, a Plaister of Treacle and Soot: Tried.
- 15. Or, use the Cold Bath. (Unless you are of an advanced Age, or extremely weak.) But when you use this, on any Account whatever, it is proper,
  - 1. To bleed or purge, before you begin:
  - 2. To go in cool; to immerge at once, but not Head foremost; to stay in only two or three Minutes, (or less, at first.)
  - 3. Never to bathe on a full Stomach:
  - 4. To bathe twice or thrice a Week at least, 'till you have bathed nine or ten Times:
  - 5. To sweat immediately after it (going to Bed) in Palsies, Rickets, and all Diseases wherein the Nerves are obstructed:
  - 6. You may use yourself to it, without any Danger, by beginning in May, and at first just plunging in, and coming out immediately. Tho' many have begun in Winter, without any Inconvenience.

4. 1

\* That is, An Ague which returns every other Day.— In this use light and sparing Diet on the Day between.

## 4. A Quartan Ague. \*

- 16. Apply to the Suture of the Head, when the Fit is coming, Wall July Flowers beating together Leaves and Flowers with a little Salt. Keep it on 'till the hot Fit is over. Repeat this, if Need be.
- far as you can bear it) an Hour or two before the Fit. If possible, continue it 'till the Fit begins. This alone will frequently cure: Tried.
- 18. Or apply to the Wrists a Plaister of Turpentine:
  Or of bruised Garlick:
- 19. Or, of bruised Pepper, mixt with Treacle.

## 5. St. Anthony's Fire. +

20. Take a Glass of Tar-Water warm, in Bed, every Hour, washing the Part with the same.

Tar-Water is made thus.—Put a Gallon of cold Water to a Quart of Norway Tar. Stir them together with a flat Stick for five or fix Minutes. After it has flood cover'd for three Days, pour off the Water clear, bottle and cork it.

21. Or,

\* That is, An Ague which misses two Days, coming

on Monday (suppose) and again on Thursday.

† St. Anthony's Fire is a Fever attended with a red and painful Swelling, full of Pimples, which afterwards turn into small Blisters, on the Face or some other Part of the Body The sooner the Eruption is, the less Danger.—
Let your Diet be only Water Gruel, or Barley Broth, with roasted Apples.

- vomit or purge, every Morning for seven Days: This is the proper Measure, in whatever Case it is taken. It seldom fails.
- 22. Or, take a Decoction of Elder-Leaves, as a Sweat:
- 23. Or, of wild Thyme, applying to the Part a Cloth dipt in Lime-Water, mixt with a little campborated Spirits of Wine.
- good quick Lime, in six Quarts of Spring Water for twenty-four Hours. Decant and keep it for Use.
- 24. Or, take two or three gentle Purges. No acute Fever bears repeated Purges better than this, especially when it affects the Head.
- 25. Or, (using the Internal Medicine at the same Time) apply a Plaister of Venice Treacle:
- 26. Or, wash it with Water wherein Bran is boiled:
- 27. Or, boil a Handful of Sage, two Handfuls of Elder-leaves (or Bark) and an Ounce of Allum in two Quarts of Forge Water, to a Pint. Anoint with this every Night.

## 6. The Apoplexy. \*

28. To prevent, use the Cold Bath, and drink only Water.

29. In

\* An Apoplexy is, A total Loss of all Sense, and voluntary Motion, commonly attended with a strong Pulse, hard Breathing and Snorting.

- 29. In the Fit, blow Powder of White Hellebore up the Nose, and fix a Capping Glass, without scarifying, to the Nape of the Neck, and another to each Shoulder. But send for a good Physician immediately.
- 30. If the Fit be soon after a Meal, do not bleed, but vomit.
- 31. Rub the Head, Feet, and Hands strongly, and let two strong Men carry the Patient upright, backwards and forward about the Room.
- 32. A Seton in the Neck, with low Diet, has often prevented a Relapse.

## 7. Canine Appetite. \*

33. "If it be without Vomiting, is often cured by a fmall bit of Bread dipt in Wine, and applied to the Nostrils." Dr. Scomberg.

## 8. The Asthma. +

- 34. Take a Pint of cold Water every Night, as you lie down in Bed:
- 35. Or, a Pint of cold Water every Morning, washing the Head therein immediately after, and using the Cold Bath once a Fortnight:

36. Or,

\* An infatiable Defire of Eating.

† An Ashma is a Difficulty of Breathing, from a Diforder in the Lungs. In the common (or moist) Ashma, the Patient spits much.

- 36. Or, use Water wherein sliced Liquorice is steeped, as common Drink:
- 37. Or, half a Pint of Tar Water twice a Day:
- 38. Or drink Sea Water every Morning:
- 39. Or, live a Fortnight on boiled Carrots only. It feldom fails.
- 40. Or, take a Spoonful of Nettle-juice, mixt with clarified Honey, every Night and Morning:
- 41. Or, take an Ounce of Quickfilver every Morning, and a Spoonful of the Gas of Sulphur, in a large Glass of Spring-Water at Five in the Evening, and at Bed-time, 'till you are well. I. Tried.
- 42. For present Relief, Vomit with a Quart or more of warm Water. The more you drink of it the better.
- Do this whenever you find any Motion to vomit, and take Care always to keep your Body open.

## 9. A Dry or Convulsive Asthma.

- 43. Juice of Radishes relieves much; so does
- 44. A Cup of strong Coffee.

62. 01,

- 45. Or, Garlick, either raw or preserved, or in Syrup:
- 46. Or, Tea made with Hyssop, or Ground-Ivy, or Daisy-Flowers and Liquorice:
- 47. Or, drink a Pint of new Milk Morning and Evening.—This has cured in an inveterate Ashma.

48. Use the Cold Bath thrice a Week:

- 49. Or, beat fine Saffron Small, and take eight or ten Grains every Night:
- 50. Or, dry and powder a Toad. Make it into fmall Pills, and take one every Hour 'till the Convulsions cease.
- 51. In any Asthma, the best Drink is Apple-Water.

#### 10. To cure Baldness.

52. Rub the Part Morning and Evening, with Onions, 'till it is red; and rub it afterwards with Honey.

## 11. Bleeding at the Nose (to prevent).

- 53. Drink Whey largely every Morning, and eat Raisins much:
- 54. To cure it, apply to the Neck behind and on each Side, a Cloth dipt in cold Water:
- 55. Or, wash the Temples, Nose and Neck with Vinegar:
- 56. Or, chew Nettle-Root, spitting out the Juice:
- 57. Hold a red-hot Poker under the Nose:
- 58. Or, steep a Linnen Rag in sharp Vinegar, burn it, and blow it up the Nose with a Quill.

## 12. Bleeding of a Wound.

- 59. Make tight Ligatures on the Arms:
- 60. Or, apply Tops of Nettles bruised:
- 61. Or, Leaves of All-heal bruised: I.

- 62. Or, spread the Ashes of a Linnen Cloth thick on another Linnen Cloth, and apply it:
- 63. Or, strew on it the Ashes of a Linnen Rag, dipt in sharp Vinegar and burnt:
- 64. Or, take ripe Puff-Balls. Break them warily and fave the Powder. Strew this on the Wound and bind it on. I.—This will stop the Bleeding of an amputated Limb without any Cautery.

## 13. Spitting Blood.

- 65. Take half a Pint of stew'd Prunes, at lying down, for two or three Nights: Tried.
- 66. Or, a Glass of Decoction of Onions:
- 67. Or, four Spoonfuls of Juice of Nettles every Morning; and a large Cup of Decoction of Nettles at Night, for a Week: Tried.
- 68. Take frequently a Spoonful of the Juice of Ne tles and Plantane Leaves, mixt and sweetned with Sugar Candy:
- 69. Or, three Spoonfuls of Sage-juice in a little Honey. This prefently stops either spitting or vomiting Blood: Tried.
- 70. Or, half a Tea-spoonful of Barbadres Tar on a Lump of Loaf Sugar at Night. It commonly cures at Once.

## 14. Vomiting Blood.

71. Take three Spoonfuls of Sage-juice in Honey.

D
72. Or,

- 72. Or, two Spoonfuls of Nettle-juice.—( This also dissolves Blood coagulated in the Stomach:)
  Tried.
- 73. Or, one Spoonful of the Juice of Quinces:
- 74. Or, a Quarter of a Pint of Decoction of Nettles and Plantane two or three Times a Day.

## 15. To resolve coagulated Blood.

- 75. Bind on the Part for some Hours a Paste made of Black Soap, and Crumbs of white Bread:
- 76. Or, Grated Root of Burdock spread on a Rag: Renew this twice a Day.

#### 16. Boils.

- 77. Apply a little Venice Turpentine :
- 78. Or, a Plaister of Honey and Wheat-flower:
- 79. Or, of Figs:
- 80. Or, a little Saffron in a white Bread Poultis.—
  'Tis proper to purge also.

#### 17. Hard Breasts.

81. Apply Turnips roasted 'till fost, then mash'd and mixt with a little Oil of Roses. Change this twice a Day, keeping the Breast very warm with Flannel.

#### 18. Sore Breasts and swell'd.

82. Boil a Handful of Camomile and as much Mallows in Milk and Water. Foment with it betyeen tween two Flannels as hot as can be borne every twelve Hours. It also dissolves any Knob or Swelling in any Part.

#### 19. A Bruise.

- 83. Immediately apply Treacle spread on brown Paper: Tried.
- 84. Or, clarified Honey:
  - 85. Or rub it with one Spoonful of Oil of Turpentine and two of Neats-foot Oil:
  - 86. Or, apply a Plaister of chopt Parsley mixt with Butter:
  - 87. Or, a Fomentation of Verjuice and Camomile Flowers.
    - 20. To prevent Swelling from a Bruise.
  - 88. Immediately apply a Cloth, five or fix Times doubled, dipt in cold Water, and new dipt when it grows warm. Tried.
    - 21. To cure a Swelling from a Bruise.
  - 89. Foment it half an Hour, Morning and Evening, with Cloths dipt in Water, as hot as you can bear:
  - 50. Or, apply Sea-weed.

#### 22. A Burn or Scald.

91. Immediately plunge the Part into cold Water.
D 2 Keep

Keep it in an Hour, if not well before. Perhaps for four or five Hours: Tried.

- 92. Or, If the Part cannot be dipt, apply a Cloth four Times doubled, dipt in cold Water, changing it when it grows warm:
- 93. Or, apply a bruised Onion:
- 94. Or, Tincture of Myrrh:
- 95. Or, Oil and Pa fley stampt together:
- 96. Or, apply Oil, and strew on it powder'd Ginger.

## 23. A deep Burn or Scald.

- 97. Apply black Varnish with a Feather 'till it is well:
- 98. Or, inner Rind of Elder well mixt with fresh Butter. When this is bound on with a Rag, plunge the Part into cold Water. This will suspend the Pain 'till the Medicine heals.

#### 24. A Cancer in the Breast. \*

99. Use the Cold Bath. (This has cured many.) This cured Mrs. Bates of Leicestershire, of a Cancer in her Breast, a Consumption, a Sciatica, and Rheumatism, which she had had near twenty Years.—She bathed daily for a Month, and drank only Water.

Gene-

\* A Cancer is an hard, round, uneven, painful Swelling, of a blackish or leaden Colour, the Veins round which feem ready to burst. It comes commonly at first with a Swelling about as big as a Pea, which does not at first give much Pain, nor change the Colour of the Skin.

- Generally where Cold Bathing is necessary to cure any Disease, Water-drinking is so, to prevent a Relapse.
- beat very thin, and pricked full of Pin-holes, for Days or Weeks, to the whole Breast.—Purges should be added every third or fourth Day:
- 101. Or, Rub the whole Breast Morning and Evening with Spirit of Hartshorn:
- take out the Core, fill the Hole with Hogs-greafe; then cover it with the Top, and roast the Apple thoroughly, take off the Paring, beat the Papwell, spread it thick on Linnen, and lay it warm on the Sore, putting a Bladder over it.—Change this every twelve or twenty-four Hours:
- 'till they will beat to a Powder. Sift and infuse two Drams in two Quarts of Ale; drink half a Pint every six Hours, new Milk warm.—It has cured many. Tried.
- 104. Or, apply Goofe-dung and Gelandine beat well together and spread on a fine Rag. It will both cleanse and heal the Sore:
- Leaves and Stalks, changing it Morning and Evening:
- 106. Or, live three Months on Apples and Apple-Water:
- 107. Or, take half a Dram of Venice-Soap twice a Day:
- 108. Or, take Brimstone and Gas of Sulphur, as Aut.

  41.—This has cured one far advanced in Years.

## 25. A Cancer in any other Part.

109. Apply red Onions bruised:

110. Or, make a Plaister of Roch-Allum, Vinegar, and Honey, equal Quantities, with Wheat-flower.

Change it every twelve Hours. It often cures in three or four Days:

wild Parsnips, and apply them as a Plaister, changing it every twelve Hours. It usually cures in a few Days.

#### 26. Cancer in the Mouth.

with a Spoonful of Honey, for a Quarter of an Hour. Gargle with this often in an Hour. I.

Ounce of Roch-Allum is boiled:

Pint of Water; then apply Cream. This also speedily cures the Shingles: Tried.

half an Ounce of Roch-Allum finely powder'd. Mix these well together with pure Honey, and apply often.

## 27. Chilblains (to prevent).

116. Wear Flannel-Socks:

117. Or, wash the Hands with Flour of Mustard.

#### 28. Chilblains (to cure).

118. Apply Salt and Onions pounded together:

on two or three Days, if not cured sooner:

120. Or, hot Turnip-parings roasted, changing them twice or thrice a Day.

121. Wash them (if broke) with Tincture of Myrrh in a little Water.

## 29. Chin-Cough or Hooping-Cough.

122. Use the Cold Bath daily :

- before the Fire, at going to Bed, and keep the Child warm therein: Tried.
- 124. Or, rub the Back at lying down with old Rum. It feldom fails.
- 125. Or, give a Spoonful of Juice of Penny-royal mixt with brown Sugar-candy, twice a Day:
- with the Quantity of a Nutmeg of Conserve of Roses dissolved in it, every Morning.
- 127. In desperate Cases, change of Air alone has cured.
- 30. Cholera Morbus, i. e. Flux and Vomiting.
- 128. Drink two or three Quarts of cold Water, if strong; of warm Water, if weak:

of Water, and drink of this 'till the Vomiting ceases.

## 31. Chopt Hands (to prevent).

130. Wash them with Flour of Mustard:

131. Or, in Bran and Water boiled together:

132. To cure, wash with foft Soap mixt with red Sand: Tried.

133. Apply Oil of Myrrh.

## 32. Chopt Lips.

134. Apply a little Sal Prunellæ.

#### 33. A Cold.

- 135. Drink a Pint of cold Water lying down in Bed: Tried.
- 136. Or, a Spoonful of Treacle in half a Pint of Water: Tried.
- 137. Or, to one Spoonful of Oatmeal and one Spoonful of Honey, add a Piece of Butter of the Bigness of a Nutmeg: Pour on gradually near a Pint of boiling Water; drink this lying down in Bed.

#### 34. A Cold in the Head.

138. Pare very thin the yellow Rind of an Orange.
Roll it up inside out, and thrust a Roll into each Nostril.

## 35. The Colick (in the Fit).

- 139 Drink a Pint of cold Water: Tried.
- 140. Or, a Quart of warm Water: Tried.
- 141. Or, as largely as possible of warm Tarwater:
- 142. Or, a Pint of Water in which a red hot Flint is quenched:
- 143. Or, drink largely of Camomile-Tea:
- 144. Or, of Decoction of Mallows:
- 145. Or, take thirty Drops of Spirit of Turpentine, in a Glass of Water:
- 146. Or, from two Scruples to half a Dram of Yellow-peel of Oranges powder'd, in a Glass of Water:
- 147. Or, beat together into a Cake one Part of stoned Raisins of the Sun, and three Parts of Juniper-Berries; eat more or less according to the Pain:
- of Anise seed on a Lump of Sugar:
- 149. Or, apply outwardly a Bag of bot Oats:
- 150. Or, hot Water in a Bladder.

#### 36. Colick in Children.

151. Give a Scruple of powder'd Anise-seed in their Meat: Tried.

#### 37. A Bilious Colick. \*

- This has cured one judged to be at the Point of Death.
- Quarts of Water, 'till half is boiled away. When it is cool, infuse an Ounce of Manna, and four Drams of Glauber's Salts. Drink as much of it as you can. Tried.

#### 38. An Habitual Colick.

154. Wear a thin foft Flannel on the Part.

## 39. An Hysterick Colick. +

- twenty Times in a Month, was entirely cured of an Hysterick Colick, Fits, and convulsive Motions, continual Sweatings and Vomiting, wandering Pains in her Limbs and Head, with total Loss of Appetite.
- a little Wheat-flower in it, and a Spoonful of Vinegar:

157. Or,

- \* This is generally attended with vomiting a greenish or a frothy Matter, with feverish Heat, violent Thirst, a bitter Taste in the Month, and little and high coloured Urine.
- † Is attended with a violent Pain about the Pit of the Stomach, with great Sinking of the Spirits, and often with greenish Vomitings.

- 157. Or, of warm Lemonade: Tried.
- 158. Or, a Glass full of Vinegar:
- 159. Or, take 20, 30 or 40 Drops of Balsam of Peru in fine Sugar: If Need be, take this twice or thrice a Day:
- 160. Or, in Extremity, boil three Ounces of Burdick-Seed in Water, which give as a Clyster:
- per Clyster, which thus injected give instant Ease.

#### 40. A Nervous Colick. \*

- 162. Use the Cold Bath, daily for a Month:
- 163. Or, take Quickfilver and Gas of Sulphur, daily for a Month: As Art. 41.
- 41. Colick from the Fumes of Lead, or White Lead, Verdigrease, &c.
- 164. In the Fit, drink fresh melted Butter, and then vomit with warm Water.
- 165. Or, give Glisters of Oil or fat Broth.
- Broth, and use Oil of sweet Almonds frequently and largely.

142. A

\* This is frequently term'd the dry Belly-ach. It often continues several Days, with little Urine, and obstinate Costiveness.

#### 42. A Consumption.

- 167. Cold Bathing has cured many deep Consumptions: Tried.
- 168. One in a deep Consumption was advised to drink nothing but Water, and eat nothing but Water gruel, without Salt or Sugar. In three Months Time he was perfectly well.
- in a Bottle, and white Bread.—I have known this successful:
- Whey. Strain it, and drink a Glass thrice a Day.
- Morning and Evening: Tried.
- Pint of small Beer. Boil in this Whey, about twenty Ivy-leaves, and two or three Sprigs of Hyssop. Drink half over Night, the rest in the Morning. Do this if needful for two Months daily.—This has cured in a desperate Case:

  Tried.
- 173. Or, take a Cow-beel from the Tripe-house ready drest, two Quarts of new Milk, two Ounces of Hartshan shavings, two Ounces of Ising-glass, a Quarter of a Pound of Sugar-candy, and a Race of Ginzer. Put all these in a Pot; and set them in an Oven after the Bread is drawn. Let it continue there 'till the Oven is near cold; and let the Patient live on this.—I have known this cure a deep Consumption more than once.
- 174. Or, every Morning cut up a little Turf of fresh Earth, and, lying down, breathe into the Hole

Hole for a Quarter of an Hour.—I have known a deep Consumption cured thus.

- 175. Or, take half a Pint of skim'd Milk, put one Spoonful of the best Rum, sweetened with a little Sugar or Sugar of Roses; take it new Milk warm, lying in Bed an Hour after it: And use for common Drink eight Parts Water, three Parts skim'd Milk, one Part Rum, sweetened with a little Sugar.
- a Consumption, that he could not stand alone. I advised him to lose six Ounces of Blood, every Day for a Fortnight, if he lived so long; and then every other Day; then every third Day; then every fifth Day, for the same Time. In three Months he was well."—Dr. Dover. Tried.
- receive the Smoke daily thro' a proper Tube into the Lungs. Tried.
- 178. Or, Imoke Balfam of Tolu, like Tobacco.

## 43. Convulsions.

179. Use the C.ld Bath:

180. Or, take a Tea spoonful of Valerian-root powder'd in a Cup of Water every Evening:

181. Or, half a Dram of Misselto powder'd, every fix Hours, drinking after it a Draught of strong Insusion thereof.

## 44. Convulsions in Children.

182. Scrape Piony Roots fresh digged. Apply what you have scraped off to the Soles of the Feet. It helps immediately. Tried.

## 45. Convulsions in the Bowels of Children.

183. Give a Child of a Quarter old, a Spoonful of the Juice of Pellitory of the Wall, two or three Times a Day. It goes thro' at once, but purges no more. Use Syrup, if Juice cannot be had.

#### 46. Corns (to prevent.)

184. Wash the Feet often in cold Water.

## 47. Corns (to cure.)

- 185. Apply fresh every Morning the Yeast of small Beer, spread on a Rag:
- 186. Or, boil the Juice of Radishes, 'till it is thick enough to spread as a Plaister. Shift it as it grows dry:
- 187. Or, cleanse from Earth the Root and Herb of Houseleek; crush it with your Fingers and apply it. Renew it every three Hours, for twenty-four Hours: I.
- 188. Or, apply fresh Ivy-leaves daily, and in fifteen Days they will drop out.

## 48. Costiveness.

- 189. Rise early every Morning:
- Handful of Mallow-leaves chopt: Strain this and drink it before you eat any Thing else. Do this frequently, if needful:
- 191. Or, breakfast twice a Week or oftner, on Water-gruel with Currants. Tried.
- 192. Or, take the Bigness of a large Nutmeg of

Cream of Tartar, mixt with Honey, as often as you need.

#### 49 A Cough.

as it continues so, it may be cured by chewing immediately after you cough, the Quantity of a Pepper-corn of Peruvian-Bark. Swallow your Spittle as long as it is bitter, and then spit out the Wood. If you cough again, do this again. It very seldom fails to cure any dry Cough. Tried.—I earnestly advise every one who has any regard for his Health to try this within 24 Hours, after he first perceives a Cough.

194. Or, drink a Pint of cold Water lying down in Bed : Tried.

Ounce of white Sugar-candy powder'd, and take a Tea-spoonful whenever the Cough comes:

196. Or, make a Hole thro' a Lemon and fill it with Honey. Roast it, and catch the Juice. Take a Tea spoonful of this frequently: Tried.

## 50. An Asthmatic Cough.

197. Take Spanish Liquorice two ounces, Salt of Tartar half an Ounce: Boil the Liquorice in three Pints of Water to a Quart. Add the Salt to it when it is Blood-warm. Drink two Spoonfuls of this every two Hours.—It seldom fails: Tried.

## 51. A Consumptive Cough.

198. Slit ten or twelve Raisins of the Sun, take out the Stones, and fill them up with the small tender

der Tops of Rue. Take these early every Morning, fasting two or three Hours after:

- 199. Or, boil a Pound of Raifing stoned in a Quart of old Verjuice to about a Pint. Then add a Pound of broun Sugar-candy and let it simmer into Syrup. Take near a Spoonful every three or four Hours.
- 200. To stop it for a Time, at lying down keep a little Rick Liquerice haved like Horse-radish, between the Cheek and the Gums .- I believe this never fails.

#### 52. A Gonvulfive Cough.

201. Eat preserv'd Walnuts:

202. Or, boil a Handful of Bay-leaves in Milk, turn this with white Wine, and drink a Draught of the Whey often.

#### 53. An Inveterate Cough.

203. Wash the Head in cold Water, every Morning :

204. Or, use the Cold Bath .- It seldom fails:

205. Or, take half a Pint of Decoction of Onions, Morning and Evening:

206. Or, a Spoonful of Juice of Onions:

- 207. Or, take peel'd Turn ps three Pounds, Sugar one Pound, put them in an Earthen Pot close cover'd for twenty-four Hours. Strain the Juice, and take two or three Spoonfuls Morning and Evening: Tried.
- 208. Or, mix the Juice of boil'd Turnips with fine powder'd Sugar-candy, 'till it is a Kind of Syrup. Swallow a little of it Drop by Drop from Time to Time. ones, and his them up with the land ton-

- Morning and Evening: Tried.
- of a new-laid Egg, and sup it up in the Morning fasting.

## 54. A Pleuritick Cough.

it in a Marble Mortar with the Yolk of a newlaid Egg. Mix them in white Wine, and take a small Glass every three Hours.

## 55. A Tickling Cough.

- 212. Drink Water whiten'd with Oatmeal four Times a Day:
- 213. Or, keep a Piece of Barley-Sugar or Sugarcandy constantly in your Mouth.

# 56. Violent Coughing from a sharp thin Rheum.

- you can of pure Olibanum, powder'd as fine as possible. Take a Bolus of this twice or thrice a Day. It eases presently, and cures in two or three Weeks:
- 215. Or, use Milk diet as much as possible.

## 57. The Cramp (to prevent.)

216. Tie your Garter smooth and tight under your Knee at going to Bed: Tried.

217. Or, be electrified thro' the Part which uses to be affected. This generally prevents it for a Month: Sometimes for a Twelvemonth: Tried.

## 58. The Cramp (to cure.)

218. Stretch out the Limb immediately:

219. Or, stretch out the opposite Arm and clench the Fist:

220. Or, chafe the Part with Hungary-Water.

221. Or, with rectified Spirits of Wine:

222. Or, apply boiled Nettles hot:

223. Or, take half a Pint of Tar-water Morning and Evening.

#### 59. A Cut.

224. Keep it closed with your Thumb a Quarter of an Hour. Then double a Rag five or six Times; dip it in cold Water, and bind it on: Tried.

#### 60. Deafness.

225. Be electrified thro' the Ear: Tried.

226. Or, use the Cold Bath:

227. Or, put a little salt into the Ear:

228. Or, drop into it a Tea-spoonful of falt Wa-

229. Or, of Juice of Ground-Ivy:

230. Or, three or four Drops of Onion-juice at lying down, and stop it with a little Wool.

#### 61. Deafness from Wax.

231. Syringe the Ear with warm Sage-tea: Tried.
232. Or,

- 232. Or, put in wild Mint bruised, with the Juice, changing it often.
- 62. Deafness with Head-ach and Buzzing in the Head.
- put it into your Ear at Night with a little black Wool. Lie with that Ear uppermost. Put the same in the other Ear the next Night. Do this, if need be, eight or ten Days.

#### 63. A Settled Deafness.

the Place with Oil of roasted Almonds. Let it stand a Night; then bruise and strain it. Drop three or four Drops into the Ear, Morning and Evening, and stop it with black Wool.

## 64. To cause an easy Delivery.

or three Spoonfuls of the best Oil, 'till it is tender. Boil this with half a Glass of Water: Strain and drink it in the Morning fasting, for two or three Weeks before the Time of Child-birth.

## 65. A Diabetes. §

as often as your Strength will bear. Let your Drink be Milk and Water. All Milk Meats are good:

237. Or,

§ A Diabetes is a frequent and large Discharge of pale and sweetish Urine, attended with constant Thirst, and a Wasting of the whole Body.

237. Or, drink three or four Times a Day a Quarter of a Pint of Allum Posset-drink, putting three Drams of Allum to four Pints of Milk.—It seldom fails to cure in eight or ten Days. Dr. Mead.

## 66. The Dropfy. |

- 238. Use the Cold Bath daily, after purging:
- 239. Or, drink nothing but Lemonade: i. e. Lemon, Sugar and Water:
- 240. Or, take as much as lies on a Six-pence of powder'd Lawrel-leaves, every second or third Day. It works both Ways:
- of Wine Vinegar. Heat a Brick (only not red hot) and put it into a Tub. Pour them upon it, and hold the Parts swell'd over the Smoke, covering the Tub close, to keep in the Smoke. The Water will come out incredibly, and the Patient be cured:
- Sponge dipt in strong Lime-water, and then squeezed out. This bound on, often cures, even without any sensible Evacuation of Water:
- 243. Or, apply green Dock-leaves to the Joints and Soles of the Feet, changing them once a Day:
- To ease your Thirst hold often on your Tongue, a thin small Slice of toasted Bread dipt in Bran-

# A Dropfy is, a preternatural Collection of Water, in the Head, Breast, Belly, or all over the Body. It is attended with a continual Thirst. The Part swelled pits, if you press it with your Finger. The Urine is pale and little.

dy;

- dy; or, wash the Mouth with Juice of Lemons:
- 245. Tar-water drank twice a Day has cured many:
  - 246. Or, eat a Crust of Bread every Morning fasting: Tried.
  - 247. Or, drink Sea-Water, Morning and Evening:
  - 248. Or, mix a Pound of the coarfest Sugar with a Pint of Juice of Pellitory of the Wall bruised in a Marble Mortar. Boil it as long as any Scum rises. When cool, bottle and cork it. If very bad, take three Spoonfuls at Night, and two in the Morning.—It seldom fails: Tried.
  - 249. Take a Spoonful of the Juice of Artichokeleaver, Morning and Evening:
  - 250. Or, three Spoonfuls of the Juice of Lecks and E'der-leaves:
  - Broom, intermixing Purges twice or thrice a Week. The proper Purge is ten Grains of Jalap with fix of powder'd Ginger. It may be encreas'd or lessen'd according to the Strength of the Patient:
  - Night and Morning, and drink on it half a Pint of Decoction of green Broom-tops. This works both by Stool and Urine:
  - Quart of Water. Strain it and drink a large Glass thrice a Day for thirty Days. It frequently cures in that Time.

## 67. The Ear-Ach.

254. Rub the Ear hard for a Quarter of an Hour: Tried.

255. Or, be electrified: Tried.

256. Or, apply to it a bot Roll:

257. Or, put in a reasted Fig, as hot as may be:

258. Or, blow the Smoak of Tobacco strongly into it:

259. Or, drop in Juice of Goose Grass.

#### 68. Ear-Ach from Cold.

260. Boil Rue, or Rosemary, or Garlick, and let the Steam go into the Ear thro' a Funnel.

#### 69. Ear-Ach from Heat.

261. Apply Cloths four Times doubled and dipt in cold Water, changing them when warm, for half an Hour.

#### 70. Ear-Ach from Worms.

262. Drop in warm Milk, and it brings them out :

263. Or, Juice of Wormwood, which kills them:

264. Or, Oil of bitter Almonds.

#### 71. Noise in the Ears.

265. Drop in Juice of Onions:

266. Or, fill them with bruifed Hyffop.

#### 72. Hard Wax in the Ear.

267. Is best dissolv'd by warm Water.

73. Eyes

#### 73. Eyes blear'd.

268. Drop into them Juice of Crab Apples.

## 74. A Blood-Shot Eye.

269. Apply Linnen Rags dipt in cold Water for two or three Hours:

270. Or, blow in white Sugar-candy finely powder'd:

271. Or, apply boil'd Hyssop as a Poultis.—This has a wonderful Efficacy.

#### 75. A Bruise in the Eye.

272. Apply as a Plaister Conserve of Roses:

273. Or, a Paste of black Soap and white Bread Crumbs. But take Care it get not into the Eye.

## 76. Burning Eyes, or bot Rheum.

274. Apply a thick Apple-Paring, lying down in Bed.

## 77. Clouds flying before the Eyes.

275. Take a Dram of powder'd B.t.ny every Moment.

#### 78. Blindness.

276. Is often cured by cold Bathing:

277. Or, by electrifying: Tried. This has cured even a Gutta Serena.

## 79. Eyes dim or decay'd.

278. Use Eye-bright Tea daily:

279. Or, powder'd Eye-bright, both in Meat and Drink.

#### 80. Dull Sight.

280. Drop in two or three Drops of Juice of rotten Apples often.

#### 81. Films.

- 281. Dry Zibethum Occidentale; i. e. Stercus humanum, slowly; powder it fine, and blow it into the Eye twice or thrice a Day:
- 282. Or, mix Juice of Ground-ivy with a little Honey, and two or three Grains of Bay Salt. Drop it in Morning and Evening.

#### 82. Hot or Sharp Humours.

283. Beat the White of an Egg into Water, in which mix fine Sugar, and drop it into the Eye:

284. Or, drop in Juice of Daisies Morning and Evening:

285. Or, boil a Handful of Bramble-leaves with a little Allum in a Quart of Spring Water to a Pint. Drop this frequently into the Eye. This likewise speedily cures any Sores.

#### 83. Eyes inflam'd.

286. Apply as a Poultis, boil'd, roasted or rotten
Apples warm:

287. Or,

- 287. Or, Wormwood-tops with the Yolk of an Egg: This will hardly fail.
- 288. Or, beat up the White of an Egg with two Spoonfuls of white Rose Water into a white Froth. Apply this on a fine Rag, changing it so that it may not grow dry, 'till the Eye is well: Tried.

## 84. A Lachrymal Fistula. ||

- 289. Apply a Poultis of fine Leaves of Rue:
- 290. Or, Wash the Eye Morning and Evening with Decoction of Quince-leaves:
- 291. Or, take a Dram of Betony-leaves powder'd daily.

#### 85. Pearl in the Eye.

- 292. Apply a Drop of Juice of Celandine with a Feather thrice a Day:
- 293. Or, of three-leav'd Grass. It commonly cures in seven Days.

## 86. White Specks in the Eye.

- 294. Going to Bed, put a little Ear-wax on the Speck.—This has cured many.
- 295. Or, a Drop of the Juice of Fennel:
- 296. Or, of Ivy-juice: Afterwards blow in a little powder'd Loaf-sugar.

#### 87. An excellent Eye-Water.

297. Heat half an Ounce of Lapis Calaminaris red hot, and quench it in half a Pint of French white

| This disorder in the inner Corner of the Eye, causes the Tears to flow involuntarily.

Wine,

Wine, and as much white Rose Water: Then pound it small and insuse it. Shake the Bottle when you use it. It cures Soreness, Weakness, and most Diseases of the Eye. I have known it cure total Blindness.

#### 88. Another.

298. Infuse in Lime-water a Dram of Sal Armoniack powder'd, for twelve Hours; then strain and keep it for Use. This also cures most Disorders in the Eyes.

#### 89. Another.

299. Boil very lightly one Spoonful of white Copperas scrap'd, and three Spoonfuls of white Salt, in three Pints of Spring Water. When cold, bottle it in large Vials without straining. Take up the Vial softly, and put a Drop or two in the Eye Morning and Evening.

Medicines: It takes away Redness, or any Soreness whatever: It cures Pearls, Rheums, and often

Blindness itself.

phen Fox, when he was 60 Years of Age, and could hardly see with the help of Spectacles; but hereby in some time recover'd his Sight, and could see to read the smallest Print without Glass or Spectacles, till above Eighty.

Take six Ounces of rectify'd Spirit of Wine, diffolve in it one Drachm of Campbire: then add two Pugils of dry'd Elder Flowers. In twentyfour Hours after it is infused, it is ready for Use.
Take out a little in a Tea-spoon; dip your
Finger in it, and Bathe your Forehead over your
Eyes, and each Temple with it several Times,
Morning, and Night, and twice more in the Day
constantly. Mean time dip a soft Rag in dead
small Beer, new Milk warm, and dabb each Eye
a dozen Times gently, Morning and Evening.

If it is a watry Humour, you may with your Finger wet the Eyelids two or three Times apiece; but be fure to shut your Eyes, or it makes them smart and burn excessively. If you have the Tooth-ach or swell'd Face rub it well in on the Part, and it will take away the Pain. It will cure any Bruise also if used immediately: Tried. It will cure any Instammation in the Eyes, by a long course of using.

#### 90. Weak Eyes.

301. Moisten the Eyelids Morning and Evening with camphorated Spirits of Wine, keeping the Eye shut.

302. Wash the Head daily with cold Water: Tried.

## 91. The Falling Sickness. \*

303. Be electrified. Tried.

304. Or, use the cold Bath for a Month daily:

305. Or, take a Tea-spoonful of Piony Root dried and grated fine, Morning and Evening for three Months:

\* In the Falling Sickness the Patient falls to the Ground, either quite stiff, or convulsed all over, utterly senseless, gnashing his Teeth, and soaming at the Mouth.

306. Or,

306. Or, take a Spoonful of the Juice of Rue, Morning and Evening, for a Month:

307. Or, half a Pint of Decoction of Lignum Guaiacum, Morning and Evening: I.

308. Or, of Tar-water for three Months:

309. Or, take four Drops of Laudanum fasting, for fix or seven Mornings. This has cured many.

310. Or, use an entire Milk Diet for three Months: It seldom fails:

311. Or, take half a Dram of powder'd Misselto every fix Hours, drinking after it a strong Infusion of Misselto: I.

312. In the Fit, blow up the Nose a little powder'd Ginger:

313. Or, Leaves of Assarabacca powder'd. This is the famous Major's Snuff.

# 92. The Falling of the Fundament.

314. Apply a Cloth covered thick with Brick Duft:

Quarter of a Pint of red Wine: Dip a Cloth in it, and apply it as hot as can be borne. Do this 'till all is used.

# 93. A Falling down of the Womb.

316. May be cured in the Manner last mentioned.

#### 94. A Fever.

317. Drink a Pint and Half of cold Water lying down in Bed: I never knew it do Hurt:

- 318. Or, a large Glass of Tar-water warm, every Hour.
- Toast a large thin Slice of Bread, without Burning; put it hot into a Pint of cold Water; then set it on the Fire 'till it is pretty hot. In a dry Heat it may be given cold; in a moist Heat warm; the more largely the better: Tried.
- 320. Put an Ounce of Rice in a Pint of Water. Set it near the Fire, 'till it is scalding hot. Then pour it off clear.
- 321. Or, for a Change, use Pippin or Wood-sorrel Tea: Or, Pippin Posset Drink: Or, Wood sorrel Posset Drink:
- 322. Or, Decoction of Violet-leaves:
- 323. Or, of Strawberry-leaves:
- 324. To prevent catching any infectious Fever, do not breathe near the Face of the fick Person, neither swallow your Spittle while in the Room. Infection seizes the Stomach first.

## 95. A Burning Fever.

- 325. Stamp a Handful of Leaves of Caprifolium; put fair Water to it, and use it cold as a Cly-ster. It commonly cures in an Hour:
- 326. Or, smear the Wrists, sive or six Inches long with warm Treacle, and cover it with brown Paper.

#### 96. A Continual Fever.

327. If not very violent, take a Dram of Sal Prunellæ, every four Hours, in warm Water, 'till it abates.

#### 97. A Hectick Fever.

328. Drink only thin Water-gruel, or boil'd Milk and Water. The more you drink the better.

#### 98. A High Fever.

- 329. Attended with a Delirium and a Vigilia, has been cured by plunging into cold Water; which is a fafe and fure Remedy in the Beginning of any Fever.
- 330. Such a Delirium is often cured by applying warm Lamb's Lungs to the Head.

#### 99. An Intermitting Fever.

- 331. Drink warm Lemonade in the Beginning of every Fit: It cures in a few Days: Tried.
- 332. Or, take a Tea-spoonful of Oil of Sulphur in a Cup of Balm Tea, once or twice a Day.
- 100. A Fever with Pains in the Limbs.
- 333. Take twenty Drops of Spirit of Hartsharn in a Cup of Water twice or thrice in twenty-four Hours:
- 334. Or, in strong Cammile Tea, lying down in Bed.

#### 101. A Rash Fever.

335. Drink every Hour a Spoonful of Juice of Ground-Ivy. It cures in twenty-four Hours. Use the Decoction, when you have not the Juice.

#### 102. A Slow Fever.

336. Use the cold Bath for two or three Weeks, daily.

#### 103. A Fistula.

337. Grind an Ounce of Mercury Sublimate, in a Glass Mortar, with a Glass Pestle, as fine as possible. Put it into a Glass Bottle, and pour on it two Quarts of pure Spring Water. Cork it close, and for fix Days shake it well every Hour. Then let it settle for twenty-four Hours. Pour it off clear; filter it in a Glass Funnel; and keep it for Use close stopt. Put a Spoonful of this Water in a Vial, and add two Spoonfuls of pure Spring Water: Shake them well together, and drink it fasting. It works both by Vomit and by Stool, but very fafely. Keep yourfelf very warm, and walk as much as you can. The first Time neither eat nor drink 'till two Hours after it has done working. Take this every other Day. In forty Days this will also cure any Cancer, any old Sore, or King's-Evil, broken or unbroken. After the first or second Vomit you may use Water-gruel, as in other Vomits. - Wery weak Persons should not use this.

350, Or,

#### 104. Flegm.

338. To prevent or cure, take a Spoonful of warm Water the first thing in the Morning.

#### 105. A Flux.

- 339. Use the cold Bath daily, and drink a Draught of Water from the Spring:
- 340. Or, sit over Camomile-Flowers boil'd in Milk:
- 341. Or, receive the Smoke of Turpentine cast on burning Coals. This cures also the Bloody Flux, and the Falling of the Fundament:
- 342. Or, drink two or three Quarts of warm Water:
- of Water, with a Dram of Cochineal, and a Dram of Salt of Wormwood. Drink it all in as short Time as you conveniently can. This rarely fails to cure all Fluxes, Cholera Morbus, yea, and Inflammations of the Bowels: Tried.
- 344. Or, take a Spoonful of Plantane-feed bruised, Morning and Evening, 'till it stops:
- 345. Or, the Leaves of it boiled in small Broth:
- 346. Or, three or four Ounces of its Juice:
- 347. Or, a small Nutmeg powder'd in the Yolk of an Egg:
- 348. Or, a Dram of the Seed of Flix-weed in two or three Spoonfuls of Broth: I.
- 349. Or, ten Grains of Ipecacuanha three Mornings successively. It is likewise excellent as a Sudorific. 350. Or,

Quart of Water for an Hour. Drink the Broth, as foon as you can conveniently. This will cure the most inveterate Flux: Tried.

#### 106. A Bloody Flux.

- 351. Apply a Suppository of Linnen dipt in Aqua Vitæ:
- 352. Or, drink cold Water as largely as possible, taking nothing else 'till the Flux stops:
- 353. Or, take a large Apple, and at the Top pick out all the Core, and fill up the Place with a Piece of Honey-comb; (the Honey being strained out) roast the Apple in Embers, and eat it, and this will stop the Flux immediately:
- 354. Or, thirty Grains of powder'd Root of Gladwin, at Night, twice or thrice a Week: It is just as good as Rhubarb in most Cases:
- 355. Or, Decoction of Primrose-leaves Morning and Evening:
- 356. Or, grated Rhubarb, as much as lies on a Shilling, with half as much of grated Nutmeg, in a Glass of white Wine, lying down, every other Night: Tried.

#### 107. The Gout in the Stomach.

- 357. "Dissolve two Drams of Venice Treacle in a Glass of Mountain. After drinking it, go to Bed. You will be easier in two Hours, and well in fixteen." Dr. Dover.
- 358. Or, take two Spoonfuls of Juice of Worm-wood.

- 359. Or, boil a Pugil of Tansey in a Quarter of a Pint of Mountain. Drink it in Bed. I believe this never fails: Tried.
- of Gum Guaiacum, in two Ounces of Sal Volatile.

  Take a Tea-spoonful of this every Morning, in a Glass of Spring Water.

This helps any sharp Pain in the Stomach.

Dr. Boerbaave.

#### 108. The Gout in the Foot or Hand.

361. Apply a raw lean Beef-stake. Change it once in twelve Hours, 'till cured.

# 109. The Gout in any Limb. |

- 362. Rub the Part with warm Treacle, and then bind on a Flannel smear'd therewith. Repeat this, if Need be, once in twelve Hours. This has cured an inveterate Gout:
- 363. Or, dry Sage in the Sun for a Day. Apply this, and in one Night it will ease the Pain.
- 364. Or, at Six in the Evening, undress, and wrap yourself up in Blankets.—Then put your Legs up to the Knees in Water, as hot as you can bear it. As it cools, let hot Water be poured in, so as to keep you in a strong Sweat 'till Ten. Then go into a Bed well warm'd and sweat 'till Morning.—I have known this cure an inve-

Regard not them who fay, 'The Gout ought not to be cured. They mean, It cannot. I know it cannot by their regular Prescriptions. But I have known it cured in many Cases, without any ill Effect following.

inveterate Gout, in a Person above Sixty, who lived eleven Years after.

#### 110. The Gravel.

- 365. Eat largely of Spinach:
- 366. Or, drink largely of warm Water sweetned with Honey:
- 367. Or, of Peach-leave Tea:
- 368 Or, of Pellitory of the Wall Tea, fo sweet-ned:
- 369. Or, infuse an Ounce of wild Parsley Seeds in a Pint of white Wine for twelve Days. Drink a Glass of it fasting three Mornings. To prevent it's return, breakfast for three Months on Agrimony Tea. It entirely cured me, twelve Years ago, nor have I had the least Symptoms of it since.

#### 111. The Green Sickness.

- 370. Take an Ounce of Quick-silver every Morning:—As Art. 41.
- 371. Or, a Cup of Decoction of Lignum-Guaiacum, Morning and Evening.
- 372. Or, grind together into a fine Powder three Ounces of the finest Steel-filings, and two Ounces of red Sugar Candy. Take from a Scruple to half a Dram every Morning. I.
- II2. To kill Animalcula that cause the Gums to waste away from the Teeth.
- 373. Gargle thrice a Day with Salt and Water.
  113. The

#### 113. The Head-ach.

- 374. Rub the Head for a Quarter of an Hour:
- 375. Or, be electrified: Tried.
- 376. Or, apply to each Temple the thin yellow Rind of a Lemon, newly pared off:
- 377. Or, pour into the Palm of the Hand a little Brandy, with some Zist of Lemon, and hold it to the Forehead:
- 378. Or, if you have catched Cold, boil a Handful of Rosemary in a Quart of Water. Put this in a Mug, and hold your Head (cover'd with a Napkin) over the Steam, as hot as you can bear. Repeat this 'till the Pain ceases: Tried.
- 379. Or, drop Juice of Pimpernell into the Ear:
- 380. Or, snuff up the Nose camphorated Spirits of Lavender:
- 381. Or, Juice of Ground-Ivy: I.
- 382. Or, a little Juice of Horse-Radish:
- 383. Or, drink half a Pint of strong Decoction of Ground-Ivy, Morning and Evening.

#### 114. A Chronical Head-Ach.

- 384. Keep your Feet in warm Water, a Quarter of an Hour before you go to Bed; for two or three Weeks: Tried.
- 385. Or, wear tender Hemlock-leaves, under the Feet, changing them daily:
- 386. Or, order a Tea-kettle of cold Water to be poured on your Head every Morning in a slender Stream:

8

- 387. Or, apply to the Head bruised Cummin-seed fried with an Egg:
- 388. Or, take a large Tea-cup full of Carduus
  Tea without Sugar fasting for six or seven
  Mornings: Tried.
- 389. Or, boil Wood-betony in new Milk, and strain it. Breakfast on this for five or six Weeks. I.

#### 115. Head-ach from Heat.

- 390. Apply to the Forehead Cloths dipt in cold Water for an Hour: Tried.
- 391. Or, beat white Poppy-seed to Powder; mix this with Yolks of Eggs, and apply it to the Temples and Forehead.

#### 116. A Nervous Head-ach.

- 392. Dry and powder an Ounce of Marjoram and half an Ounce of Assarabacca; mix them, and take them as Snuff, keeping the Ears and Throat warm. This is of great Use even in a Cancer:
- 393. Or, take half a Dram of powder'd Marum Morning and Evening in any Liquid.

# 117. An Hemicrania. ‡

394. Use cold Bathing:

Plaister that will stick, with a Hole cut in the Middle of it, as big as an Halfpenny: Place

† That is, an Head-ach which affects but one Side of the Head.

over that Hole Leaves of Ranunculas, bruised and very moist. It is a gentle Blister.

#### 118. Stoppage in the Head.

396. Snuff up Juice of Primrose, keeping the Head warm.

## 119. The Heart-Burning. \*

397. Drink a Pint of cold Water: Tried.

398. Or, drink flowly of Decoction of Camomile Flowers:

399. Or, chew five or fix Pepper Corns a little; then swallow them:

400. Or, take six Almonds and twelve raw Peas, and eat them together:

401. Sometimes a Vamit is needful, of Ipecacuanha, or Carduus Tea.

#### 120. The Hiccup.

402. Swallow a Mouthful of Water, stopping the Mouth and Ears: Tried.

403. Or, take any Thing that makes you fneeze:

404. Or, a little candied Ginger:

405. Or, two or three preserv'd Damsons:

406. Or, three Drops of Oil of Cinnamon on a Lump of Sugar. Tried.

#### 121. Hoarseness.

407. Rub the Soles of the Feet before the Fire, with Garlick and Lard well beaten together, over Night. The Hoarseness will be gone next Day:

\* A sharp gnawing Pain at the Orifice of the Stomach.
408. Or,

408. Or, take a Pint of cold Water lying down:

409. Or, instead of Supper, eat an Apple and drink half a Pint of Water:

410. Or, swallow slowly the Juice of Radishes:

411. Or, take a Spoonful of Sage-juice Morning and Evening.

412. Or, a Tea-spoonful of Conserve of Roses every Night: Tried.

# 122. Hypochondriac and Hysteric Disorders.

413. Use cold Bathing:

414. Or, take an Ounce of Quicksilver every Morning.

# 123. The Jaundice.

- 415. Wear Leaves of Celandine upon and under the Feet:
- 416. Or, take a small Pill of Castile Soap every Morning for eight or ten Days: Tried.
- 417. Or, as much as lies on a Shilling of calcin'd Egg-shells, three Mornings fasting; and walk 'till you sweat:
- 418. Or, half a Pint of strong Decoction of Nettles:
- of Water to three Pints. Let it soak therein for twenty-four Hours cover'd close. Drink a Draught of this three or four Times, and it will not fail.

124. The

## 124. The Jaundice in Children.

der'd. Mix with it throughly, by long beating, two Handfuls of good well cleanfed Currants. Of this give a Tea-spoonful every Morning.

# 125. The Iliac Passion. \*

- 421. Apply warm Flannels foaked in Spirits of Wine:
- 422. Or, hold a live Puppy constantly on the Belly.

   Dr. Sydenham.
- 423. Or, immerge up to the Breast in a warm Bath:
- 424. Or, Take a Decoction of the Seed of Dill in Oil and Water, and then a Bit of Bread dipt in Water:
- 425. Or, Ounce by Ounce, a Pound or a Pound and a half of Quickfilver.

#### 126. An Impostume.

426. Put the White of two Leeks in a wet Cloth, and so roast them in Ashes, but not too much. Stamp them in a Mortar with a little Hogs-grease. Spread it thick Plaister-wise, and apply, changing it every Hour, 'till all the Matter be come out, which it will be in three Times. I.

126. 215

<sup>\*</sup> In this violent Kind of Colic the Excrements are thrown up by the Mouth in vomiting.

## 127. Pain in the Joints.

427. Drink Decoction of Herb Robert, and apply it as a Poultis.

#### 128. The Itch. \*

- 428. Wash the Parts affected with strong Rum: Tried.
- 429. Or, with strong Decoction of Dock-root for nine or ten Days:

430. Or, of Hyssp, four or five Days:

- 431. Or, anoint them with black Soap:
- Water mixt with half an Hour in a Quart of Water mixt with half an Ounce of powder'd Brimstone. Dry it slowly, and wear it five or fix Days. Sometimes it needs repeating: Tried.
- 433. Or, mix Powder of white Hellebore with Cream for three Days. Anoint the Joints three Mornings and Evenings.—It seldom fails:
- 434. Or, mix a little fine Bay Salt, and as much Flour of Brimstone, with a little sweet Oil. Rub it well in the Palms of the Hands, and dry it in.—
  It commonly cures in three Days.
- Lemons, with the same Quantity of Oil of Roses.
  Anoint the Parts affected. It cures in two or three Times using:
- \* This Distemper is nothing but a Kind of very small Lice which burrow under the Skin. Therefore inward Medicines are absolutely needless.—Is it possible, any Physician should be ignorant of this?

3 436. Or,

436. Or, mix an Ounce of Ginger finely powder'd with a Quarter of a Pound of fresh Butter. Use it Morning and Evening—It cures in four or five Days.

## 129. The King's Evil. \*

- 437. Take as much Cream of Tartar as lies on a Sixpence, every Morning and Evening:
- 438. Or, drink for fix Weeks half a Pint of a strong Decoction of Devils-bit: Tried.
- 439. Or, of Ground-Ivy:
- 440. Or, of dead Nettles:

436. Or.

- 441. Or, of Colts-foot: Mean-time, apply the Herb beaten up with powder'd Linseed and Hogs-lard, to the Sores. Renewing it twice a Day:
- 442. Or, use Lime-water for common Drink:
- 443. Or, the Diet-drink mentioned Art. 560.—
  I have known this cure one whose Breast was as full of Holes as an Honey-comb:
- When it is cold, strew into it a Pound and a half of Quick-Lime beat very fine, and searsed through a Hair Sieve. Stir this about 'till it boil up of itself into a hard Lump. Beat this when cold very fine, and searse it, as before. Take of this as much as lies on a Shilling in a Glass of Water every Morning fasting; an Hour before

Breakfast,

<sup>\*</sup> It commonly appears first, by the Thickness of the Lips; then come hard Swellings, in the Neck chiefly; then running Sores.

Breakfast, at four in the Afternoon, and at going to Bed:

445. Or take two Spoonfuls of the Juice of Water Parsnips, with two Spoonfuls of Milk, every Morning fasting, for the six Summer Months. Two Hours after, breakfast on Water-gruel with a little Bread.

This cures the Scurvy in three Months.

#### 130. Stoppage in the Kidneys.

446. Take twelve Grains of Salt of Amber in a little Water.

## 131. The Legs inflam'd.

447. Apply Fullers Earth spread on brown Paper: It seldom fails.

448. Or, boiled Turnips mixt with Mutton fuet:

449. Or, rub them with warm Juice of Plantane:

# 132. Legs fore and running.

changing them twice a Day. This will dry up all the Sores, though the Leg were like an Honey-comb: Tried.

# 133. The Leprofy. \*

451. Use the cold Bath:

\* In this Disease the Skin in many Parts is covered with rough, whitish, scaly Pustules, and if these are rubb'd off, with a Kind of scaly Scurf.

452. Or,

- 452. Or, wash in the Sea often and long:
- 453. Or, wash the Parts with Juice of Calamint:
- of powder'd B imstone, and half an Ounce of Sal Prunellæ; and anoint the Parts so long as there is Need:
- 455. Or, add a Pint of Juice of Houseleek, and half a Pint of Verjuice, to a Pint and a Half of Posset-drink. Drink up this in twenty-four Hours.—
  It cures also the Quinsy, and all Sorts of white Swellings on the Joints:
- 456. Or, drink half a Pint of Gellary-whey, Morning and Evening. This has cured in a most desperate Case:
- 457. Or, drink for a Month a Decoction of Elm. Bark, Morning and Evening.

# 134. The Lethargy.

- 458. Snuff strong Vinegar up the Nose:
- 459. Or, Powder of white Hellebore:
- 460. Or, take half a Pint of Decoction of Savoury, Morning and Evening:
- 461. Or, of Infusion of Water-Cresses.

# 135. Lice (to kill).

462. Sprinkle Spanish Snuff over the Head: 463. Or, wash it with a Decoction of Amaranth. 136. For one seemingly kill'd with Lightning, or a Damp, or Suffocated.

464. Plunge him immediately into cold Water:

465. Or, blow strongly with Bellows down his Throat.—This may recover a Person seemingly drowned.

#### 137. Lues Venerea.

466. Take an Ounce of Quicksilver every Morning, and a Spoonful of Gas of Sulphur in a Glass of Water at Five in the Afternoon. I have known a Person cured by this, when supposed to be at the Point of Death, who had been infected by a foul Nurse, before she was a Year old.—I insert this for the Sake of such innocent Sufferers.

#### 138. Lunacy.

467. Give Decoction of Agrimony four Times a Day: 468. Or, rub the Head several Times a Day with Vinegar, in which Ground ivy-leaves have been infused:

and white Wine into an Ointment. Shave the Head, anoint it therewith, and chafe it in warm, every other Day for three Weeks. Bruise also the Leaves and bind them on the Head, and give three Spoonfuls of the Juice warm every Morning.—This generally cures Melancholy:

470. Or, Electrify. Tried.

# 139. Raging Madness. \*

471. Apply to the Head Cloths dipt in cold Water:

472. Or, set the Patient with his Head under a great Water-fall, as long as his Strength will bear: Or, pour Water on his Head out of a Tea-kettle:

473. Or, let him eat nothing but Apples for a Month:

474. Or, nothing but Bread and Milk: Tried.

## 140. The Bite of a mad Dog.

- 475. Apply Ashes of Trefoil mixt with Hogs-lard. This has cured one that was bit on the Nose:
- 476. Or, plunge into cold Water daily for twenty Days, and keep as long under it as possible. This has cured, even after the Hydrophibia was begun. ‡
- 477. Galen says, none ever failed of a Cure who took two Spoonfuls of Ashes of Craw-Fish daily for forty Days:
- 478. Or, apply Juice of *Dracuntia* mixt with *Vine-*gar, outwardly, and drink of the same Morning
  and Evening, five or six Days:
- 479. Or, mix powder'd Liver-wort four Drams, black Pepper two Drams. Divide this into four Parts, and take one in warm Milk for four Morn-
- \* It is a fure Rule, that all Madmen are Cowards, and may be conquered by binding only, without beating.— Dr. Mead.

If this is really a Nervous Disorder, what Wonder, if it should be cured by Cold Bathing?

ings fasting. Dr. Mead affirms, he never knew this fail.

480. Or, take two or three Spoonfuls of the Juice of Ribwort, Morning and Evening, as foon as possible after the Bite. Repeat this for two or three Changes of the Moon. It has not been known to fail.

## 141. The Measles. \*

- 481. Drink only thin Water-gruel, or Milk and Water, the more the better; or, Toast and Water.
- 482. If the Cough be very troublesome, take frequently a Spoonful of Barley-Water sweetened with Oil of sweet Almonds newly drawn, mixt with Syrup of Maiden-hair.
- 483. After the Measles, for some Weeks, take Care of catching Cold, use light Diet, and drink Barley-water instead of Malt-drink.

# 142. Menses Obstructed.

- 484. Be electrified : Tried.
- 485. Or, take half a Pint of strong Decoction of Penny royal every Night at going to Bed:
- 486. Or, a Spoonful of Juice or Syrup of Brooklime, Morning and Evening:
- 487. Or, a Tea-Spoonful of Columbine-feeds powder'd, thrice a Day:
- 488. Or, boil five large Heads of Hemp in a Pint of Water to half. Strain it, and drink it going
- \* This Distemper is always preceded by a violent Cough, often fourteen Days before the red Spots come out.

- to Bed two or three Nights. It seldom fails. Tried.
- 489. Or, take from eight to twelve Grains of Calomel, in a Pill, for two or three Nights, taking Care not to catch Cold. It vomits and purges: Tried.
- of Wine on four Ounces of Roots of Black Hellebore, and let it stand in a warm place twentyfour Hours. Pour it off and take from thirty to forty Drops in any Liquid fasting. It is good likewise in the Green Sickness, in all Hypochondriacal Cases, and in obstinate Madness.
- 491. Or, burn a little Sulphur of Antimony on a Chafing-Dish of Coals, and receive the Smoke by a Funnel. In a few Minutes it will take Effect.
- Let any of these Medicines be used at the regular Times as near as can be judged.

# 143. Menses Nimii.

- 492. Drink nothing but cold Water, with a Spoonful of fine Flour stirred in it. At the Time, drink a Glass of the coldest Water you can get, and apply a thick Cloth dipt in cold Water:
- 493. Or, put the Feet into cold Water:
- 494. Or, apply a Sponge dipt in Red Wine and Vinegar:
- 495. Or, bleed in the Arm. Stop the Orifice often with the Finger, and then let it bleed again:
- Oak in a Pint of Milk, with a small Quantity of Sugar.

Sugar. Drink this in the Morning; if the Perfon can afford it, she may add a Tea-spoonful of Balm of Gilead.—This does not often fail:

of seven Seville Oranges in three Pints of Spring Water to a Quart. Take ten Spoonfuls sweetned with white Sugar, four Times a Day:

498. Or, use daily Decoction, Syrup, or Powder of Horse tail, Nettles, or Plantane.

#### 144. To resolve Coagulated Milk.

499. Cover the Woman with a Table-cloth, and hold a Pan of hot Water just under her Breast; then stroke it three or four Minutes. Do this twice a Day 'till it is cured.

#### 145. To increase Milk.

500. Drink a Pint of Water, going to Bed:
501. Or, drink largely of Pottage made with
Lentils.

#### 146. To make Milk agree with the Stomach.

502. If it lie heavy, put a little Salt in it; if it curdle, Sugar. For bilious Persons, mix it with Water.

# 147. Nervous Disorders.

from the Nerves being compress'd by the Swelling of the muscular Flesh: Or, 2. When the Nerves

Nerves themselves are disorder'd. In the former Case, Temperance and Abstemiousness will generally cure: In the latter, when the Nerves perform their Office too languidly, a Good AIR is the first requisite. The Patient also should rise early, and as foon as the Dew is off the Ground, walk: Let his Breakfast be Mother of Thyme Tea, gather'd in June, using half as much as we do of common Tea. It should be drunk with the finest Sugar; and Cream may be added if he please: Coffee must be avoided. When the Nerves are too fensible, let the Person breathe a proper Air. Let him eat Veal, Chickens, or Mutton. Vegetables should be eat sparingly; the most innocent is the French Bean whilst young, and the best Root the Turnip. Wine should be avoided carefully: So should all Sauces. Sometimes he may breakfast upon a Quarter of an Ounce of the Powder of Valerian-root infus'd in hot Water, to which he may add Cream and Sugar. Tea is not proper. When the Person finds an uncommon Oppression, let him take a large Spoonful of the Tincture of Valerian-root.

The Tincture should be made thus. Cut to Pieces fix Ounces of wild Valerian root gather'd in June, and fresh dried. Bruise it by a few Strokes in a Mortar, that the Pieces may be split, but it should not be beat into a Powder: Put this into a Quart of strong white Wine: cook the Bottle and let it stand three Weeks, shaking it every Day; then press it out and filtre the Tincture thro' Paper.

504. Take also as much as will lie on a Shilling of the Powder of Misletoe, twice a Day, when the Stomach is most empty, fasting two Hours after it; then once a Day, and afterwards every other, or every third Day, 'till there is no more Need of Medicines.

Let this Plant be gather'd in May, and the Leaves and Bark dried carefully in the free Air, without Sun, 'till they are brittle. Let them then be reduced to a fine Powder, and kept in that Form.

Dr. Hill.

505. But I am firmly perfuaded, there is no Remedy in Nature, for Nervous Disorders of every Kind, comparable to the proper and constant Use of the Electrical Machine.

## 148. An old stubborn Pain in the Back.

506. Steep Root of Water-Fern in Water, 'till the Water become thick and clammy. Then rub the Parts therewith Morning and Evening.

## 149. The Palfey. |

507. Use the cold Bath, if you are under Fifty, rubbing and sweating after it:

508. Or, shred white Onions, and bake them gently in an earthen Pot, 'till they are soft. Spread a thick Plaister of this, and apply it to the benumb'd Part, all over the Side, if need be: Tried.

509. Or, take Tar-water, Morning and Evening:

510. Or, boil white and red Sage, a Handful of each in a Quart of white Wine. Strain and bottle it. Take a small Glass Morning and Evening. This helps all Nervous Disorders:

A Palfy is the Loss of Motion or Feeling, or both, in any particular Part of the Body.

51 r. Or, apply to the Parts boil'd Sage-leaves hot; and drink Decoction of Sage Morning and Evening:

512. Or, of Water-dock, applying the boil'd Leaves.

#### 150. Palfy of the Hands.

513. Wash them often in Decoction of Sage as

hot as you can bear:

514. Or, boil a Handful of Elder-leaves, and two or three Spoonfuls of Mustard seed in a Quart of Water. Wash often in this, as hot as may be.

## 151. Palfy of the Mouth.

515. After Purging well, chew Mustard-seed often :

516. Or, hold in your Mouth half an Ounce of Spirit of Lavender:

517. Or, gargle with Juice of Wood-Sage.

152. Pally from working with White Lead or Verdigrease.

518. Use warm Baths and a Milk Diet.

153. The Palpitation or Beating of the Heart.

519. Drink a Pint of cold Water :

520. Or, apply outwardly a Rag dipt in Vinegar:

521. Or, be elcetrified: Tried.

522. Or, take a Decoction of Mother-wort every Night.

154. The

(89)

## 154. The Piles (to prevent.)

523. Wash the Parts often with cold Water:

# 155. The Piles (to cure.)

524. Apply warm Treacle:

525. Or, a Tobacco-leaf steep'd in Water twenty-four Hours:

526. Or, a Poultis of boil'd Brook-lime. It seldom fails:

527. Or, a bruised Onion skin'd; or roasted in Ashes. It perfectly cures the dry Piles:

528. Or, Leeks fried in Butter:

529. Or, Varnish. It perfectly cures both the blind and bleeding Piles: Tried.

#### 156. The Inward Piles.

530. Drink largely of Treacle and Water:

531. Drink a Spoonful of Juice of Yarrow, or of Leeks, three or four Mornings: Tried.

of Brimstone twice a Day in a Cup of Water Gruel.

# 157. The Plague (to prevent.)

533. Eat Marigold Flowers daily, as a Sallad, with Oil and Vinegar:

534. Or, a little of the tops of Rue with Bread and Butter, every Morning:

H 3

535. Or,

535. Or, infuse Rue, Sage, Mint, Rosemary, Worm-wood, of each a Handful, in two Quarts of the sharpest Vinegar, over warm Embers for eight Days. Then strain it through a Flannel, and add half an Ounce of Camphire, dissolved in three Ounces of rectified Spirits of Wine. With this wash the Loins, Face, and Mouth, and snuff a little up the Nose when you go abroad. Smell to a Spunge dipt therein, when you approach infected Persons or Places.

# 158. The Plague (to cure.)

- 536. Cold Water alone, drank largely, has cured it:
- 537. Or, an Ounce or two of the Juice of Mari-

538. Or, take a Dram of Angelica powder'd every

fix Hours. It is a strong Sweat:

- 539. Or, after bleeding fifty or fixty Ounces, drink very largely of Water sharpened with Spirit of Vitriol:
- 540. Or, a Draught of Brine as soon as seized; sweat in Bed; take no other Drink for some Hours.
- 541. Use Lemon-juice largely in every Thing.

# 159. The Pleurify. \*

542. Apply to the Side Onions roasted in the Embers, mixt with Cream:

543. Or,

\* A Pleurisy is a Fever attended with a violent Pain in the Side, and a Pulse remarkably hard.

- 543. Or, take out the Core of an Apple, fill it with white Frankincense; stop it close with the Piece you cut out, and roast it in Ashes. Mash and eat it. I.
- 544. Or, a Glass of Tar-water, warm, every half Hour:
- 545. Or, of Decoction of Nettles; and apply the Herb hot, as a Poultis: Tried.
- 546. Or, a Plaister of Flour of Brimstone and White of an Egg: Tried.

#### 160. To one Poison'd.

547. Give one or two Drams of distill'd Verdigrease: It vomits in an Instant.

## 161. A Prick or Cut that festers.

548. Apply Turpentine.

## 162. An easy Purge.

- 549. Drink a Pint of warmish Water fasting, walking after it:
- of Damask Rose-leaves dried, in half a Pint of warm Water for twelve Hours:
- ple of Salt of Tartar, in half a Pint of River Water for twelve Hours. Then strain and take it in the Morning.

## 163. A stronger Purge.

552. Drink half a Pint of strong Decoction of Dock-root:

553. Or, two Drams of the powder'd Root of Monks Rhubarb, with a Scruple of Ginger.

# 164. The Quinfy. \*

- 554. Apply a large White-bread Toast, half an Inch thick, dipt in Brandy, to the Crown of the Head 'till it dries:
- 555. Or, drink a Quart of cold Water lying down in Bed:
- 556. Or, swallow slowly white Rose-water, mixt with Syrup of Mulberries: Tried.
- 557. Or, Juice or Jelly of black Currants, or Decoction of the Leaves or Bark. I.—(See likewife Art. 513.)

# 165. The Rheumatism. +

- 558. Use the cold Bath, with Rubbing and Sweating:
- Part a brown Paper smeared therewith: Change it in twelve Hours: Tried.
- 560. Or, drink very largely of warm Water in Bed:
- 561. Or, Tar-water Morning and Evening:
- 562. Or, steep six or seven Cloves of Garlick in half a Pint of white Wine. Drink it lying down. It sweats, and frequently cures at once:

563. Or,

\* The Quinfy is, A Fever attended with Difficulty of Swallowing, and often Breathing.

+ Rheumatical Pains are generally most violent as soon

as you are warm in Bed.

563. Or, mix Flour of Brimstone with Honey, equal Quantities. Take three Tea-spoonfuls at Night, two in the Morning; and one afterwards Morning and Evening, 'till cured. This succeeds oftener than any Remedy I have found:

564. Or, take Morning and Evening, as much Lignum Guaiacum powder'd, as lies on a Shilling:

565. Or, as much Flour of Sulphur, washing it down with Decoction of Lignum Guaiacum:

566. Or, live on New Milk Whey and white Bread for fourteen Days. This has cured in a desperate Case.

567. Or, pound the green Stalks of English Rhubarb in May, with an equal Quantity of lump Sugar. Take a Nutmeg of this three or four times a Day.

# 166. To restore the Strength after a Rheumatism.

the Parts with it warm twice a Day. It has reflored one who was quite a Cripple, having no Strength left either in his Leg, Thigh, or Loins.

167. The Rickets (to prevent or cure.)

569. Wash the Child every Morning in cold Water.

#### 168. Ring Worms.

570. Rub them with Oil of Paper:

571. Or, with Juice of House-leek:

572. Or, wash them with Decoction of Soap-wort; or Hungary-water camphorated.

# 169. Running at the Nose.

573. Snuff up a Tea-spoonful of Spirit of Harts-

#### 170. A Rupture.

574. Take Agrimony, Spleen-wort, Solomon's Seal, Strawberry-roots, a Handful each; pick and wash them well; stamp and boil them two Hours, in two Quarts of white Wine in a Vessel close stopt. Strain and drink a large Glass of this every Morning, and an Hour after drink another. It commonly cures in a Fortnight. A good Truss mean Time is of great Use.

#### 171. A Fresh Rupture.

575. Take Decoction of Plantane-leaves, Morning and Evening:

576. Or, dry a Spoonful of *Plantane-seed* by the Fire; boil it in Milk, and take half a Pint every Morning.

#### 172. A Rupture in Children.

577. Boil a Spoonful of Egg-shells dried in an Oven, and powder'd, in a Pint of Milk to three Quarters of a Pint. Feed the Ghild constantly with Bread boil'd in this Milk.

# 173. A Windy Rupture.

Leather, strowing some Cummin-seeds on it, and apply it hot. When cold put on a new one. It commonly cures a Child (keeping his Bed) in two Days.

#### 174. A Scald Head.

579. Anoint it with Barbadoes Tar.

## 175: The Sciatica. \*

- 580. Is certainly cured by a Purge taken in a few Hours after it begins:
- 581. Or, use cold Bathing, and sweat, together with the Flesh-brush twice a Day.
- 582. Or, apply Leaves of Ranunculus bruised for fix Hours:
- 583. "Many have been cured in four or five Days, only by drinking half a Pint of cold Water daily, in the Morning, and at Four in the Afternoon."
- 584. Or, apply pounded Roots of Burdock and of Elecampane cold. This usually cures, if kept on twenty-four Hours; but it gives Pain:
- 585. Or, boil Nettles 'till foft. Foment with the Liquor, then apply the Herb as a Poultis.—I have known this cure a Sciatica of forty-five Years standing:

586. Or,

<sup>\*</sup> The Sciatica is a violent Pain in the Hip, chiefly in the Joint of the Thigh Bone.

586. Or, boil Calamint; apply this as a Poultis, shifting it daily. Mean time drink a Decoction of it Morning and Evening.

587. Or, apply Flannels dipt in stale Lie, boil'd with Salt as hot as you can bear, for an Hour.

588. Or, a mud made of powder'd Pitcoal and Water. This also cures Palsies, Weakness of the Limbs, most Disorders of the Legs, and Swellings and Stiffness of the Joints. It cured a Swelling of the Elbow Joint, tho' accompanied with a Fistula, arising from a Caries of the Bone.

176. Inflammations or Swellings of the Scrotum.

589. Wash it thrice a Day with strong Decoction of Agrimony.

177. A Scorbutick Atrophy. \*

590. Use cold Bathing: Which also cures all

178. Scorbutick Pains.

179. Scorbutick Sores.

Guaiacum, and half an Ounce of Senna into an Earthen Pot, that holds six Quarts. Add sive Quarts of soft Water, and lute the Pot close. Set this in a Kettle of cold Water, and put it

\* Such a Degree of Scurvy, as causes the Flesh to waste away, like a Consumption.

over a Fire, 'till it has boiled three Hours. Let it stand in the Kettle 'till cold. When it has stood one Night drink daily half a Pint, new Milk warm, fasting, and at Four in the Afternoon. Wash with a little of it. In three Months all the Sores will be dried up. Tried.

## 180. The Scurvy. \*

- 592. Live on Turnips for a Month:
- 593. Or, an entire Milk Diet, for fix Months:
- 594. Or, take Tar-water Morning and Evening, for three Months:
- 595. Or, Infusion of Horse-radish:
- 596. Or, Decoction of great Water Dock:
- 597. Or, three Spoonfuls of Nettle Juice every Morning:
- 598. Or, infuse dried Dock-rosts in your common Drink:
- 599. Or, use Infusion or Powder of Wall-rue, Morning and Evening.—See Art, 445.
- 600. Or, pound into a Pulp Sevil Oranges sliced, Rind and all, and Powder Sugar, equal Quantities. Take a Tea-spoonful three or four Times a Day: Tried.
- 601. Or, boil Scurvy-grass and Sorrel in Broth, and feed upon it daily.
- Juice of Scurvy grass help in a cold Scurvy:

I 603.

\* The Scurvy is known by Heaviness of Body, Weariness, Rottenness of Gums, and yellow, lead or violet-colour'd Spots on the Legs.

Mouth, take a Pint of Lime-water Morning and Evening.

#### 181. A Broken Shin.

604. Bind a dry Oak-leaf upon it.

#### 182. The Shingles. \*

605. Drink (See Art. 115.) Sea-Water every Morning for a Week; toward the Close, bathe also.

183. Sickishness in the Morning.

606. Eat nothing after Six in the Evening.

184. Sinew Shrunk from a Cut.

607. Rub it every Morning with fasting Spittle. Tried.

## 185. Skin rubb'd off.

608. Apply pounded All-heal.—It seldom needs repeating.

#### 186. Small Pox.

609. Drink largely of Toast and Water:

610. Or, let your whole Food be Milk and Water mixt, with a little white Bread: Tried.

611. Or,

<sup>\*</sup> A Kind of Ring-Worm, which incircles the Body, like a Belt, of an Hand's Breadth.

611. Or, Milk and Apples:

- Air. Therefore open the Casement every Day, only do not let it chill the Patient:
- 613. If they strike in, and Convulsions follow, drink a Pint of cold Water immediately. This instantly stops the Convulsions, and drives out the Pock: Tried.

#### 187. A Sore Mouth.

614. Apply the White of an Egg, beat up with Loaf-sugar:

615. Or, gargle with Juice of Cinquefoil:

616. Or, boil together a Pound of Treacle, three Yolks of Eggs, an Ounce of Bole-Armoniac and a Nutmeg of Alum, a Quarter of an Hour. Apply this to the fore Part, or to an aking Tooth. Tried.

#### 188. A Sore Throat.

- 617. Take a Pint of cold Water lying down in Bed: Tried:
- 618. Or, apply a Chin-stay of roasted Figs:
- 619. Or, a Flannel sprinkled with Spirits of Hartshorn to the Throat, rubbing Hungary-water on the Top of the Head: Tried.
- 620. Or, swallow gently Rose water, and Syrup of Mulberries: Tried.
- 621. Or, snuff a little Honey up the Nose.
- 622. An old fore Throat was cured by living wholly on Apples and Apple-water.

#### 189. A Sprain.

- 623. Hold the Part in very cold Water for two Hours: Tried.
- 624. Or, apply Cloths dipt therein, four Times doubled, for two Hours, changing them as they grow warm:
- 625. Or, bathe it in good Crab-verjuice:
- 626. Or, stoop it with one Spoonful of Brandy, two of Vinegar, and four of Water:
- 627. Or, boil Bran in Wine Vinegar to a Poultis. Apply this warm, and renew it once in twelve Hours:
- 628. Or, boil eight Ounces of Castile-soap and as much Bay-salt in four Quarts of Water. Put the Part sprained into this for half an Hour; or, foment with it:
- Yolk of an Egg; and apply it as a Plaister. This cures in a desperate Case.
- 630. Weakness remaining after a Sprain, is cured by fomenting the Part daily with Beef-Brine.

#### 190. A venomous Sting.

- 631. Apply a little Venice Treacle:
- 632. Or, a Poultis of bruised Plantane and Honey:
- 633. Or, take inwardly, one Dram of black Currant-leaves powder'd. It is an excellent Counterpoison.

191. The Sting of a Bee.

634. Apply Honey.

192. The Sting of a Nettle.

.635. Rub the Part with Juice of Nettle.

## 193. The Sting of a Wasp:

636. Rub the Part with bruised Leaves of House-

637. Or, of Water-cresses:

638. Or, of Rue:

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639. Or, apply Venice Treacle.

194. The Sting of a Bee or Wasp in the Eye.

640. Apply Carduus bruised, with the White of an Egg. Renew it if it grows dry.

#### 195. A Stitch in the Side.

641. Apply Treacle spread on a hot Toast: Tried.

196. Frequent or violent Stitches.

642. Drink Decoction of Nettles, and apply the Herbs hot: Tried.

643. Or, boil two or three Sprigs of Penny-royal in a Pint of Milk. Drink the Milk and apply a Poultis of the Herbs hot:

- 644 Or, take a Tea spoonful of Irish Slate finely powder'd.
- 197. Accidental Sickness, or Pain in the Stomach.
- 645. Vomit with a Quart or more of warm Water. Do this twice or thrice, omitting a Day between.
- 198. Pain in the Stomach from bad Digestion.
- 646. Take fasting, or in the Fit, half a Pint of Camomile Tea. Do this five or six Mornings:
- 647. Or, drink the Juice of half a large Lemon immediately after Dinner every Day: Dr. Mead.
- 648. Or, from twenty to forty Drops of Elixir of Vitriol in Sage Tea, twice or thrice a Day:
- 649. Or, in the Fit, a Glass full of Vinegar.
- 199. Cholerick, Hot Pains in the Stomach.
- 650. Take half a Pint of the Decoction of GroundIvy, with a Tea-spoonful of the Powder of it,
  five or six Mornings. I.

## 200. Coldness of the Stomach.

of Cardius Benedictus, fasting, for three or four Mornings. I.

#### 201. Pain in the Stomach, with Coldnefs and Wind.

652. Swallow five or fix Corns of white Pepper, for fix or feven Mornings. Tried.

## 202. The Stone (to prevent).

- 653. Eat a thin Slice of dry Bread every Morning: Tried.
- 654. Or, drink a Pint of warm Water daily just before Dinner. After discharging one Stone, this will prevent the generating of another.
- 655. Stoop down, and raise yourself up again. If you feel Pain, as if cut through the Middle, the Pain is not from the Stone, but Rheumatism.
- 656. Beware of Costiveness. Use no violent Diuretics. Mead is a proper Drink.
- 657. In the Fit, slice a large Onion; pour half a Pint of warm Water upon it. After it has stood twelve Hours, drink the Water. Do this every Morning 'till you are well.

## 203. In a Raging Fit.

- 658. Beat Onions into a Pulp, and apply them as a Poultis, Part to the Back, and Part to each Groin. It gives speedy Ease in the most racking Pain: Tried.
- 659. Or, give a Clyster, with Oil of Turpentine.

## 234. The Stone (to ease or cure).

- 660. Take Decoction of Agrimony Morning and Evening:
- 661. Or, of Camomile:
- of Water. Drink a Glass of this Morning and Evening, and use no other Drink all the Day. It usually cures in six Weeks:
- 663. Or, take daily four Pints of Lime-water, made by pouring four Quarts of Water on a Pound of fresh calcined Oyster-shells and Cockle-shells:
- Spoonful of Onions calcined into white Ashes, in white Wine. An Ounce will often dissolve the Stone."
- 665. Or, take a Tea-spoonful of Violet-seed powdered, Morning and Evening. It both wastes the Stone, and brings it away:
- 666. Or, burn the dried Shells of Kidney Beans to Powder. Put two Tea-spoonfuls of this into a half Pint Tea-pot. Pour boiling Water on it at Night. In the Morning pour it off clear, warm it again, and drink it sweetened with Honey. Do this daily every other Fortnight 'till cured.

## 205. The Stone in the Kidneys.

- 667. Use the cold Bath: Or, drink half a Pint of Water every Morning:
- 668. Or, Decoction of Speedwell largely.

## 206. Stoppage in the Kidneys.

669. Take Decoction or Juice or Syrup of Groundlvy, Morning and Evening:

670. Or, of Pellitory of the Wall:

671. Or, of Juice of Radishes:

672. Or, half a Pint of Tar-water.

## 207. The Strangury.

673. Use the cold Bath:

674. Or, drink largely of Decoction of Turnips fweetened with Honey:

675. Or, of warm Lemonade: Tried.

676. Or, of Decoction of Mallows:

677. Or, of Decoction of red Nettle-seed:

678. Or, take a Tea-spoonful of calcin'd Egg-shells, Morning and Evening.

## 208. Sunburn, (smarting).

679. Wash the Face with Sage-Tea.

#### 209. A Surfeit.

680. Take a Nutmeg of the green Tops of Worm-wood.

#### 210. To Stop profuse Sweating.

681. Drink largely of cold Water.

#### 211. Swelled Glands in the Neck.

682. Take Sea-water every other Day.

#### 212. Swelled Legs.

- 683. Bathe them every Morning in cold Water, and take an easy Purge twice a Week:
- 684. Or, take Worwwood, Southernwood and Rue, stamp them together, and fry them in Honey, 'till they grow dry: Then apply them as hot as you can bear.

#### 213. A Swell'd Throat.

685. Gargle with Decoction of Nettles:

686. Or, of Primrose-leaves.

## 214. A white Swelling (on the Joints).

687. Hold the Part half an Hour every Morning, under the Stream that falls from a Mill; or under a Pump or Cock.—This cures also any Pains in the Joints. It seldom fails: Tried.

688. Or, apply a Poultis of Wormwood fried with Hogs Lard.

## 2.15. To dissolve white or hard Swellings.

689. Take white Roses, Elder Flowers, Leaves of Fox-glove and of St. John's Wort, a Handful each: Mix with Hogs Lard, and make an Oint-ment.

## 216. To fasten the Teeth.

690. Chew often Roots of Brook-Lime:

691. Or, put powder'd Allum the Quantity of a Nutmeg, in a Quart of Spring Water, for twenty-four Hours. Then strain the Water and gargle with it:

692. Or, boil so much of Allum therein. Strain and keep it for Use:

693. Or, gargle often with Phyllyrea-Leaves boiled with a little Allum, in Forge water.

#### 217. To clean the Teeth.

694. Rub them with Ashes of burnt Bread.

## 218. To prevent the Tooth-ach.

695. Wash the Mouth with cold Water every Morning: Tried.

696. Or, Rub the Teeth often with Tobacco Ashes.

## 219. To cure the Tooth-ach.

697. Be electrified through the Tooth: Tried.

698. Or, rub the Cheek a Quarter of an Hour:

699. Or, put a Clove of Garlick into the Ear:

700. Or, Parsley much bruised, with a little Bay Salt:

701. Or, a Piece of Plantane-root, fresh digg'd up, and washed:

- 702. Or, lay roasted Parings of Turnips, as hot as may be, behind the Ear:
- 703. Or, put a Leaf of Betony, bruised, up the Nose:
- 704. Or, lay bruised or boil'd Nettles to the Cheek: Tried.
- 705. Or, a Bag filled with hot Camomile Flowers:
- 706. Or, lay a Clove of Garlick on the Tooth:
- 707. Or, hold a Slice of Apple slightly boiled between the Tceth: Tried.
- 708. Or, chew the Root of the yellow Water Flower de Luce: I.
- 709. Or, gargle with Decoction of Multerry Leaves:
- 710. Or, put into the hollow Tooth, a little Cotton, dipt in Lucatelli's Balfam:
- 711. Or, a Drop or two of Oil of Cloves on Cotton:
- 712. Or, dissolve a Dram of crude Sal Armoniac in two Drams of Lemon-juice: Wet Cotton herein and apply:
- 713. Or, apply to the Cheek Gum Tacamahac spread on Silk:
- 714. Or, keep the Feet in warm Water, and rub them well with Bran, just before Bed-time: Tried.
- 715. Or, take an Ounce of Rob of Elder in Broth, and gargle with it.

#### 220. Pain in the Testicles.

716. Apply Pellitory of the Wall beaten up into a Poultis, changing it Morning and Evening.
221. To

221. To draw out Thorns, Splinters and Bones.

717. Apply Nettle Roots and Salt:

718. Or, Turpentine spread on Leather.

#### 222. The Thrush. \*

719. Mix Juice of Celandine with Honey, to the Thickness of Cream. Insuse a little powder'd Saffron. Let this simmer a-while and scum it. Apply it (when needed) with a Feather. At the same Time give eight or ten Grains of Rhubarb.

223. Torpor (or Numbness) of the Limbs.

720. Use the cold Bath, with rubbing and sweating.

## 224. Twisting of the Guts.

by taking one, two or three Pounds of Quickfilver in Water.—Pareus.

225. The Tympany or Windy Dropfy.

722. Use the cold Bath, with Purges intermixt:

<sup>\*</sup> Little, whitish Ulcers in the Mouth.

723. Or, mix the Juice of Leeks and of Elder. Take two or three Spoonfuls of this Morning and Evening.

#### 226. A Vein or Sinew cut.

- 724. Apply the inner green Rind of Hazle fresh scraped.
- 227. The Vertigo or Swimming in the Head.
- 725. Take a Vomit or two:
- 726. Or, use the cold Bath for a Month:
- 727. Or, drop Juice of Pimpernell into the Ear Morning and Evening:
- fouff up daily the Dew that is on Mallow Leaves:
- 729. Or, apply to the Top of the Head, shaven, a Plaister of Flour of Brimstone, and White of Eggs: Tried.
- 730. Or, drink Morning and Evening half a Pint of Decoction of Primrofe-root: I.
- 731. Or, of Sage, washing also the Head therewith:
- 732. Or, take every Morning half a Dram of Mustard-feed.

## 228. Vigilia, Inability to Sleep.

733. Apply to the Forehead for two Hours, Cloths four Times doubled, and dipt in cold Water. I have

#### (111)

have known this applied to a lying-in Woman, and her Life faved thereby:

734. Or, use the cold Bath.—It cures even in def-

perate Cases:

735. Or, apply to the Head Leaves of water Lillies:

- 736. Or, a Poultis of Henbane and Poppy-seed, beaten together:
- 737. Or, use small Doses of Campbire. It is both safer and surer than Opium:
- 738. Assa-fætida likewise will in most Cases have as much effect as Opium.
- 229. Bite of a Viper or a Rattle-Snake.
- 739. Rub the Place immediately with common Oil. Quere, Would not the same cure the Bite of a mad Dog? Would it not be worth while, to make the Trial on a Dog?
  - 230. To prevent the Bite of a Viper.
- 740. Rub the Hands with Juice of Radishes.

## 231. An Ulcer.

- 741. Dry and powder a Walnut-leaf, and strew it on, and lay another Walnut-leaf on that:
- 742. Or, boil Walnut-tree Leaves in Water with a little Sugar. Apply a Cloth dipt in this, changing it once in two Days.

#### 232. An Inward Ulcer.

743. Drink Tar-water Morning and Evening:

K 2 744. Or,

744. Or, Decoction of Pimpernell.

233. Ulcer in the Bladder or Kidneys.

745. Take Decoction of Agrimony, thrice a Day: 746. Or, Decoction, Powder, or Syrup of Horse-tail.

## 234. A Fistulous Ulcer.

747. Apply Wood Betony bruised, changing it daily:

748. Or, Leaves of Water Dock bruised.

235. A Bleeding Varicous Ulcer in the Leg.

749. Was cured only by constant cold Bathing.

#### 236. A Malignant Ulcer.

750. Foment Morning and Evening, with a Decoction of Mint. Then sprinkle on it finely powder'd Rue:

751. Or, apply Juice of Pimpernel boiled with the Herb.

## 237. A Stubborn Ulcer.

752. Burn to Ashes (but not too long) the gross Stalks on which the red Coleworts grow. Make a Plaister with this and fresh Butter. Change it once a Day.

#### (113)

753. Or, apply a Poultis of boil'd Par/nips. This will cure even when the Bone is foul.

754. Or, be electrified daily. Tried.

#### 238. An easy and safe Vomit.

- 755. Boil half a Handful of Artichoke-leaves in a Quart of Water. The more you drink of warm Water after it the better:
- 756. Or, a Dram and a half of Primrose Root powder'd: It is best if gather'd in August.
- 757. Or, infuse three Drams of Radish-seed in a Quart of warm Water for twelve Hours. Squeeze off the Water, and take it:
- of Ipecacuanba. You may sweeten it, if you please. When it has stood four or five Minutes, pour the Tea off clear, and drink it.

## 239. To stop Vomiting.

- 759. If the Vomiting be not the Effect of a Medicine; after every Vomiting drink a Pint of warm Water:
- 760 Or, apply a large Onion slit, to the Pit of the Stomach: Tried.
- 761. Or, take a Spoonful of Lemon-juice and fix Grains of Salt of Wormwood:
- 762. Or, infuse an Ounce of Quicksilver in a large Glass full of Water for twenty-four Hours. Then drink the Water: I.

## 240. Bloody Urine.

763. Take a Quarter of a Pint of Sheeps Milk twice a Day:

764. Or, half a Pint of Decoction of Agrimony.

765. Or, of Decoction of Yarrow. -

# 241. Urine by Drops with Heat and Pain.

766. Drink nothing but Lemonade: Tried.

767. Or, beat up the Pulp of five or fix roasted Apples with near a Quart of Water. Take it at lying down. It commonly cures before Morning.

#### 242. Involuntary Urine.

768. Use the cold Bath.

769. Or, take a Tea-spoonful of powder'd Agrimony in a little Water, Morning and Evening:

770. Or, a Quarter of a Pint of Allum-Posset-drink every Night.

## 243. Sharp Urine.

771. Take two Spoonfuls of fresh Juice of GroundIvy.

## 244. Suppression of Urine.

772. Drink largely of warm Lemonade: Tried.

773. Or, take a Spoonful of Juice of Lemons, sweeten'd with Syrup of Violets:

774. Or, a Spoonful of Juice of Radishes:

775. Or, two Spoonfuls of Juice of Onions.

## 245. \*Uvula inflamed.

776. Gargle with a Decoction of beaten Hamp-Seed:

777. Or, with a Decoction of Dandelion.

#### 246. Uvula relax'd.

778. Bruise the Veins of a Cabbage-leaf and lay it hot on the Crown of the Head. Repeat, if needed, in two Hours.—I never knew it fail.

779. Or, gargle with Decoction of Water-dock:

780. Or, with an Infusion of Mustard-seed.

#### 247. Warts.

781. Rub them daily with a Radife:

782. Or, with Juice of Dandelion:

783. Or, of Marigold Flowers:

784. Or, Water in which Sal Armoniac is diffolved.

#### 248. Weakness in the Ankles.

785. Hold them in cold Water a Quarter of an Hour, Morning and Evening.

#### 249. The Whites.

786. Feed sparingly. Use Exercise constantly Sleep moderately, but never lying on your Back'

\* This is usually called the Palate of the Mouth.

787. First

- 787. First bleed. Then purge thrice with twenty Grains of Rhubarb and five of Ca'omel:
- 788. Or, boil four or five Leaves of the white Holy Oak, in a Pint of Milk with a little Sugar. Then add a Tea-spoonful of Balm of Gilead. Drink this every Morning.—It rarely fails.
- 789. Or, boil an Handful of Dead Nettle Flowers, and a Dram of Cinnamon in half a Pint of Milk. Drink half of it, every Night and Morning:
- 790. Or, make Venice Turpentine, Flower and fine Sugar, equal Quantities, into small Pills. Take three or four of these Morning and Evening. This also cures most Pains in the Back:
- 791. Or, take Quicksilver and Gas of Sulphur, as for an Asthma.—This seldom fails:
- 792. Or, after Purging, take about fifteen Grains of Ceruse of Antimony in white Wine, twice or thrice a Day.

## 250. A Whitlow.

793. Apply Treacle: Tried.

794. Or, a Poultis of chew'd Bread. Shift it once a Day:

795. Or, a Plaister of Ground-ivy stampt.

## 251. Worms. \*

796. Take a Spoonful of Salt in a Glass of Water every Morning:

\* A Child may be known to have the Worms, by Chillness, Paleness, hollow Eyes, Itching of the Nose, Starting in Sleep, and an unusually stinking Breath.— Worms are never found in Children that live wholly on Mi k.

797. Or, a Dram and a Half of Nitre in Broth : 1.

798. Or, a Spoonful of Juice of Spear-mint:

799. Or, of Juice of Lemons:

800. Or, a Glass of Onion-water:

- For Or, boil an Ounce of Quick-filver in half a Pint of Spring Water. Use this for common Drink:
- 802. Or, take two Tea-spoonfuls of Worm-seed mixt with Treacle, for fix Mornings:
- 803. Or, a Dram of powder'd Fern-root, boil'd in Mead. This kills both the flat and round Worms. Repeat the Medicine from Time to Time.

#### 252. Flat Worms.

804. Take Filings of Tin and red Coral, of each an equal Quantity: Pound them together into a very fine Powder: Of which one Drachm, made into a Bolus with Conserve of the Tops of Sea-Wormwood, is to be taken twice a Day.

## 253. Wounds.

805. Apply Juice or Powder of Yarrow. I.

806. Or, bind Leaves of Ground-ivy upon it:

807. Or, bruised Hyssop, with a little Sugar:

- 808. Or, Wood-betony bruised. This quickly heals even cut Veins and Sinews, or draws out Thorns or Splinters.
- 809. Keep the Part in cold Water for an Hour, keeping the Wound closed with your Thumb. Then bind on the thin Skin of an Egg-shell, for Days

Days or Weeks, 'till it falls off of itself. Regard not tho' it prick or shoot for a Time.

## 254. Contused or lacerated Wounds.

310. Boil half an Ounce of fine Verdegrease in a Pound of Linseed O.l 'till it is dissolved. Anoint therewith.

#### 255. Inward Wounds.

811. Infuse Yarrow twelve Hours in warm Water. Take a Cup of this four Times a Day. I.

#### 256. Putrid Wounds.

812. Wash them Morning and Evening with warm Decoction of Agrimony. If they heal too soon, and a Matter gather underneath, apply a Poultis of the Leaves pounded, changing them once a Day 'till well.

## 257. Wounded Tendons.

813. Boil Comfrey Roots to a thick Mucilage, and apply this as a Poultis, changing it once a Day.

the syn his to might that a

Soy. Or brailed Halle, with a little Sugar a



## COLD-BATHING

Cures Young Children of

CONVULSIONS,
Coughs,

Cutaneous Inflammations, Pimples, and Scabs, Gravel,

Gripes,

Inflammations of the Ears, Navel or Mouth,

Rickets,

Suppression of Urine,

Vomiting,

Want of Sleep.

It prevents the Growth of Hereditary

Apoplexies,

Asthma's,

Blindness,

Confumptions,

Deafness,

Deliria,

Gout,
King's-Evil,
Melancholy,
Palfies,
Rheumatifm,
Stone.

It cures every Nervous, ‡ and every Paralytick Diforder: In particular,

The Asthma, Ague of every Sort, Atrophy, Blindness, \* Cancer, Chin-cough, Coagulated Blood after Bruises, \* Confumption, Convulsions, Coughs, Complication of Distempers, Convulfive Pains, \* Deafnels, \* Dropfy, Epilepfy, Fluor Albus, Violent Fevers,

‡ And this, I apprehend, accounts for its frequently curing the Bite of a mad Dog; especially if it be repeated for twenty-five or thirty Days successively.

Gout,

Gout, (running) Hectick Fevers. Hemicrania, Hysterick Pains,\* Incubus, Inflammations,\* Involuntary Stool, or Urine,\* Lameness, (Old) Leprofy, Lethargy, Loss of Appetite, \* of Smell, \* Speech, \* Taste, \* Nephritick Pains, Palpitation of the Heart, Pain in the Back, Joints,\* Stomach, Rheumatisms,\* Rupture, Suffocations. Sciatica,\* Surfeits, (at the Beginning) Scorbutick Pains,\* Swelling on the Joints, Stone in the Kidneys, Torpor of the Limbs, even when the Use ofthem is loft, Tetanus, Tympany, Vertigo, St. Vitus's Dance, Vigilia,

But in all Cases where the Nerves are obstructed, (such as those marked thus\*) you should go to Bed immediately after, and sweat.

Varicons Ulcers.

'Tis often useful, to use the Hot Bath a few Days, before you use the Cold.

Wife

Wise Parents should dip their Children in cold Water every Morning, 'till they are three Quarters old; and afterward, their Hands and their Feet.

M. B. No Child should ever be swath'd tight. It lays the Foundation for many Diseases.—'Tis best to wean a Child at about seven Months old. They should lie in the Cradle at least a Year. No wise Parent should suffer a Child to drink any Tea; (at least, 'till it is ten or twelve Years old) or to taste Spice or Sugar. Milk, Milk-porridge, and Water-gruel are the proper Breakfast for Children.

Washing the Head every Morning in cold Water, prevents Rheums, and cures Coughs, old Head-achs, and fore Eyes.

#### Water-drinking prevents

Apoplexies,
Afthma's,
Convultions,
Gout,
Hysterick Fits,
Madness,
Palsies,
Stone,
Trembling.

To this Children should be bred up from their Cradles.

Electrifying in a proper Manner, cures

St. Anthony's Fire, Blindness, Blood extravasated,

Bronchocele, Coldness in the Feet, Contractions of the Limbs, Cramp, Deafness, Falling Sickness, Feet violently disorder'd, Felons, Fistula Lacrymalis, Fits, Flooding, Ganglions, Gout, Head-ach, Inflammations, King's Evil, Knots in the Flesh, Lameness, Leprofy, Menstrual Obstructions, Pain in the Stomach, Palpitation of the Heart, Palfy, Rheumatism, Ring-Worms, Sciatica, Shingles, Sprain, Surfeit, Swellings of all Sorts, Throat fore, Tooth-ach, Ulcers, Wen.

Nor have I yet known one single Instance, wherein it has done Harm: So that I cannot but doubt the Veracity of those which have affirmed the contrary.

Fasting Spittle outwardly applied every Morning, has sometimes relieved, and sometimes cured

Blindness,
Contracted Sinews, from a Cut,
Corns, (mixt with chew'd Bread and applied
every Morning)
Cuts, (fresh)
Deafness,
Eye-lids, red and instanced,
Scorbutick Tetters,
Sore Legs,
Warts.

Taken inwardly, it relieves or cures

Asthma's,
Cancers,
Falling Sickness,
Gout,
Gravel,
King's Evil,
Leprosy,
Palsy,
Rheumatism,
Scurvy,
Stone,
Swelled Liver.

The best Way is, To eat about an Ounce of hard Bread, or Sea-biscuit, every Morning; fasting two or three Hours after. This should be done, in stubborn Cases, for a Month or six Weeks.







