

Pharmacopoeia extemporanea: or, a body of medicines / Done into English out of Latin by the author ... with large additions.

Contributors

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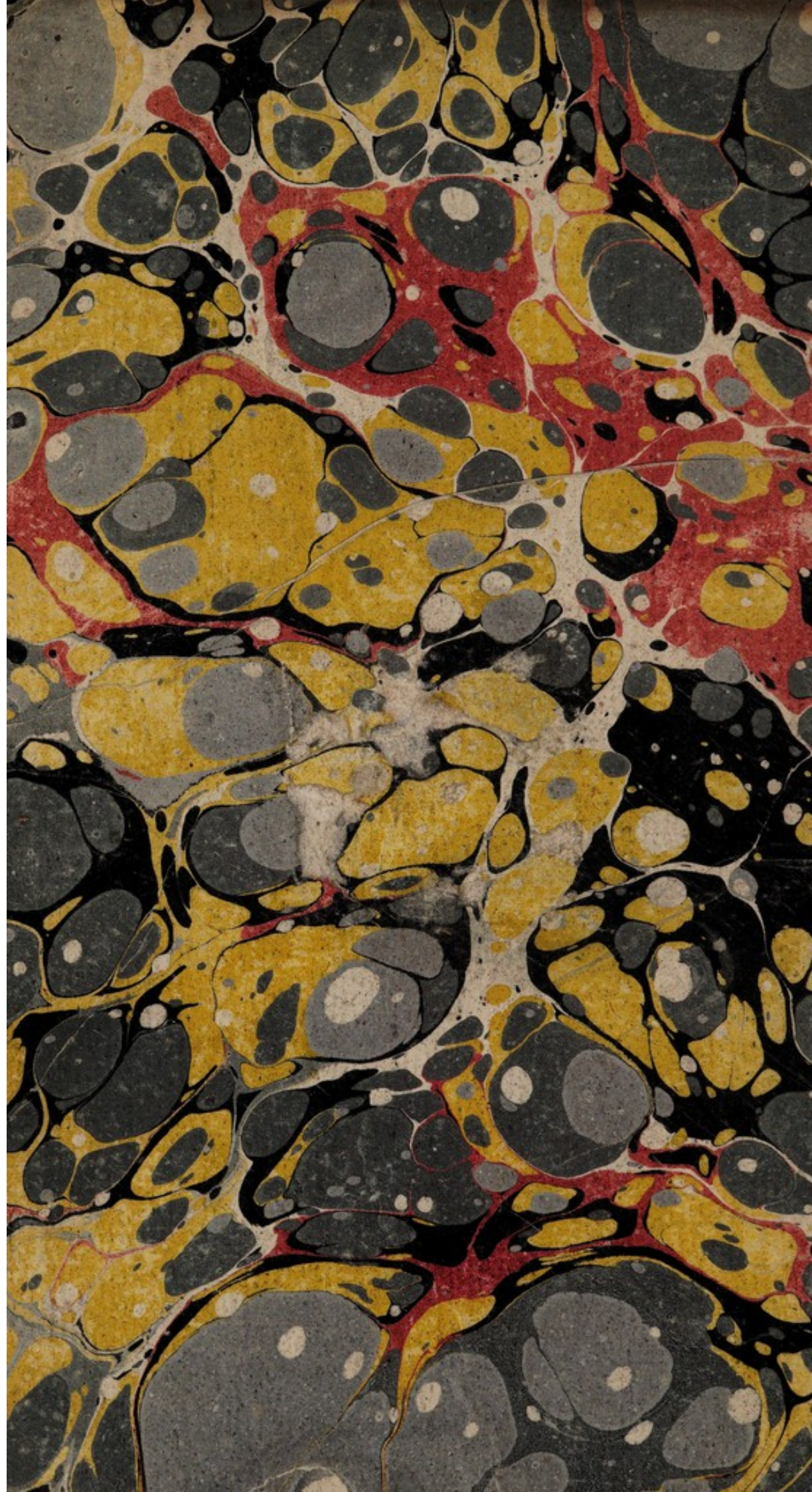
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THOMAS FULLER M.D.

Pharmacopœia Extemporanea:

OR, A

B O D Y

OF

M E D I C I N E S,

CONTAINING

A Thousand Select Prescripts,

ANSWERING

Most Intentions of C U R E.

To which are added,

Useful *Scholia*, a C A T A L O G U E of
REMEDIES, and Copious INDEX.

For the Assistance of young Physicians.

By THOMAS FULLER, M.D. Cantab.

The FIFTH EDITION.

Mille mali species? Mille salutis erunt.

L O N D O N:

Printed for W. INNYS and R. MANBY, at
the West End of St. Paul's. MDCCXL.





TO THE
PHYSICIANS.



EDELIUS dedicated his *Physiologia* to his dead Wife; and almost all Writers dedicate to somebody. But for my own Part, I have some Things against the common Manner and Design of Dedicators.

First, they treat their Patron with such false Commendation and barefac'd Flattery, that they defeat thereby even their own Pretence: For instead of publickly thanking and honouring him, they plainly injure and disgrace him, by intimating he is a Fool vain enough to be caught and imposed upon by such Stuff.

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Then again they address to improper Persons; either to such as are too unlearned, or otherwise inconsiderable to defend them; or else too great, and full of Employment to regard them. *W. S.* was an ordinary Man, and of no University; yet one of his Physical Books was inscribed to King *Charles*; another to King *William*; and a third to Queen *Mary*: And to as good Purpose Three more might have been to the *Czar*, *Grand Seignior*, and *Great Mogul*. For 'tis not to be supposed these August Princes should be Judges of such Writings, were ever like to see them, or trouble themselves about them.

Add to this, the Protection they would request against Cavillers and Critics can signify little. For a substantial Work will stand up in its own Strength, and make its Way without an Helper. But a slight defective Piece will fall, and be trodden down, tho' the Name of the mighty Patron stand in Front to support it. And then all the Dedicator gets, is but to be called an impudent unmannerly Fellow, for presuming so saucily upon Majesty, or Honour, as to make it a Voucher for his paltry Performance.

But that which scandalizes me most of all is, to see a learned, well deserving Author with a Panegyric Dedication in his Hand, cringe, and crawl after a Purse-proud Citizen, or self-seeking Courtier, in Hopes of Patronage, present Support, or perhaps a Promise of being help'd (if he wait long enough) into some petty Place of Profit.

These Things consider'd, others may do as they please; but I declare, I see no good Use of
common

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common Dedications; and therefore at present am so unfashionable as to make none: But, instead thereof, will first shew the Occasion of my compiling and publishing my *Pharmacopœia*: Then wherefore I translated it: And lastly endeavour at an Apology for both.

Before I ventured upon Practice, I made a very great Collection of the best, and neatest Medicines I could pick up from Books, Bills, and Communications; and then composed a Manual out of all; not to transcribe Receipts out of, but to consult upon Occasion, and use as an Assistant to my Memory and Invention.

Accordingly, all along in the Course of my Business, I tied not up myself to the Preciseness of set Forms, nor fell into the idle Way of an Hackney-Bill Practice; but evermore varied Prescripts as Indications directed; and Palates allowed: For I tasted almost every Thing I ordered; and then took Notice how the Composition was made up; carefully observed its Operation; and constantly amended all I disliked.

By this means, my Medicines, and Forms perpetually altering and increasing, I found it expedient ever now and then to new-model, and copy them out again. And this from Time to Time I repeated; till I had made my Book six or seven Times over.

Now it so chanced, that a certain young Gentleman, a Batchelor in Physick, having gotten one of these, carried it into *Holland* and *Flanders*, and died at *Antwerp*, and left it there.

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This unlucky Accident gave me great Uneasiness; for I knew not into what Hands it might fall; and perhaps the *Dutch* might print it upon me, rough as it was, and unprepared for the Press.

To prevent this, I went over it again with Care, and selected such a Body of pleasant, safe, effectual, regularly composed, and easily procur'd Medicines, as I judg'd might suffice to answer most Intentions of Cure. To which I subjoined Virtues, Reason of Operation, Observations, Rules, Cautions, Manner of giving Doses, Index, &c. And so having made it a thorow new Work; and hoping it might prove useful to young Practitioners, was content to publish it in *Latin*; and as Editions sold off, successively put out new ones; and never intended it should appear in *English*.

But such is the Unfairness of People, that four several Translations of it were abroad in order to be printed without my Consent, or so much as Knowledge. And at length, when there came out an Advertisement in the *Post-Man* Sept. 18. 1708. that it was going to the Press, in the Company of several other *Pharmacopæias*, on *Michaelmas-Day* next; I was afraid of being ill used, and so was forced to translate it myself.

This Relation is true; and may be sufficient to silence a Caviller, and satisfy a reasonable Man, why I publish'd my *Pharmacopæia* at all; and why afterwards in *English*. I was forced to it; and I designed a publick Good.

And

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And I am willing to flatter myself, that I have not wholly failed of Success in my Design. For my *Latin* Book hath had five Editions in *England*, and two in *Holland*: And this being the *fourth* of the *English*, makes up *twelve* Editions. And here, by the by, the Reader is to take Notice, that having brought it up to the round Number of a Thousand Prescripts; I never intend to add any more of them, if it should chance to be printed again. Only if useful *Scholia* occur, perhaps I may insert them; as I have now added all that were in the *Latin* of the last Edition.

But for a farther Apology; suppose I had not been forced (as really I was) to publish my Book: I have yet this to alledge, That I am not the only Person who hath been so industrious as to collect, and so kind as to communicate Medicines. The first Physic Writings were nothing but Receipts, which, when experimented, they used to hang up in the Temples of *Æsculapius*, for the common Benefit. Our *Greek* and *Latin* Authors have left us theirs; particularly *Scribonius Largus* publish'd a whole Treatise in *Latin*, as *Myrepsus* did since in *Greek*, of nothing but Compositions. The *Arabians* have filled their Volumes with them. And our Moderns, and Modernest of all have done the same, as *Willis*, *Sydenham*, *Sylvius*, *Ettmuller*, and many others, besides several yet living.

And now, if (in order to assist not Quacks, but young Physicians) I have been at the Pains, to gather, methodize, illustrate, and publish so

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large a Body of Prescripts; and made one Part of the *Ars longa* something shorter for them; (or given Hints to others to do it better; for several have published *Pharmacopæias* since, in Imitation of mine) or even endeavoured at it; I shall take Leave to think, I merit Excuse at least, if not Thanks. At the same Time, the Ignorant, the Idle, and the Envious, who do nothing for the Public themselves, and hate, and ridicule, and hinder those that labour for it, may go on, and think as their malignant Nature inclines them; but *Lucan* makes a glorious *Encomium* upon *Cato*, when he says of him,

Non sibi, sed toti genitum se credere Mundo.

As for putting it out in *English*, I can plead again (as before) the Example of our great Predecessors in all Ages. *Hippocrates* and the *Grecians* used only their Mother-Tongue: *Celsus* translated two Books of Compositions out of *Greek*; and accounts it *Dignum sublimi Romanorum Majestate*. The *Arabians* wrote all their Works in *Arabic*. And now in our Times, the *French* have publish'd in their vulgar Tongue (besides many other Medical Tracts) a large Collection of Receipts for most Diseases, in Alphabetical Order, which the Faculty hath licensed, and the Bishops recommended to the Parish-Priests, and charitable Persons.

And we of our Nation have of late published in *English*, Natural Philosophy, Institutes of Physick, Anatomy, Botany, Chymistry, Theory,

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ry, Practice, Observations, and Forms of Medicines also. And Dr. *Morton* in particular translated his own Book of Consumptions, being compelled to it in the same Manner that I was.

I might, *ex abundanti*, add to this Plea of Precedents, a National one too: It hath not seemed good to the Wisdom of our supreme Authority to forbid *English* Physic-Books, no nor sorry, injurious Translations neither, the Reason for which last I confess I understand not.

And farther yet, I could enforce all with this *Dilemma*: If those who cannot read *Latin*, may not practise; why doth not Authority hinder them? If they may; why must not I help them?

But to draw towards a Conclusion; from what hath been said, 'tis undeniably evident, that others in all Ages have published Medicines, and done it in their vulgar Tongue. Pray, for what Reason then must I alone be singled out and censured, and ill used, as tho' I, and none but I, prostituted Learning, profan'd the Profession, and assisted Empirics? No, no; it is not I that assist them; but those that license them: Those that have Power, and don't punish them: Those that favour them, join, consult with them, and employ them. Let them be discountenanced by the Physicians; legally forbidden and suppressed; and then this poor Book of mine will never be prejudicial to Learning, nor the Faculty neither.

This

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This by Way of Apology, which I wish may reach some certain Persons, and give them Pain till they remember what they have done, and turn better Men. But what my own real Sentiments and Inclinations are concerning ignorant, uneducated, presumptuous People's practising, may be more than guessed at from the following Epistle.



To



To the ENGLISH READER.



YOU may perhaps object against this Translation, that it is full of hard Words, and a Sort of Latin English. I confess it is so, and that partly upon direct Design, to keep up the Dignity of Physic, set it above the Reach of the Vulgar, and secure it to those it belongs to; and partly upon mere Necessity: For Philosophy and Physic are not so naturalized yet among us, as to speak plain English; and therefore we must allow them to keep up their native Greek and Latin Terms of Art, and many Times Expressions also: Otherwise we should be ridiculously singular, and less understood.

And those that are so Ignorant and Ordinary, that they cannot apprehend what I write, should be so diffident also, as not to read it. For whatever they may think, it is assuredly one of the highest and most criminal Presumptions in the World, to thrust themselves into Physic, a Calling so honourable, so difficult, and so extremely dangerous. Which three Considerations I propose to enlarge upon, as hoping to convince them they ought not to attempt it, and persuade them to settle in such Business and Stations as their Parts and Breeding hath fitted them for, and Providence hath commanded them to labour in.

Hippocrates pronounceth Physic to be the noblest of all Arts whatsoever. In ancient Times it was of such venerable

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vable Esteem, that the Inventors and Improvers of it were accounted Gods, and frequently styled Sons of God, and Hands of God. It was the common Belief of the Heathens, that it came by Inspiration; and the Christians held the same. Thus St. Austin (de Civ. Dei) saith, Corporis Medicina (si altius rerum origines repetas) non invenitur unde ad homines manare potuerit, nisi à Deo. It cannot be conceived whence Physic should come to Man, but from God himself.

It is certain Matter of Fact, that it was encouraged, studied, yea and practised by Kings, Princes, Philosophers, Pontiffs, the highest, wisest, and best of Men; whereof some were honoured with Divine Worship after Death, and others with Statues at the public Charge.

Ælian (de Animalib. Lib. 2. C. 18.) tells us, Heroes only, and the Sons of Gods, formerly understood Medicine, and practised. And we have authentic Accounts, that it was delivered from Father to Son in the Asclepiad Family, exclusive of others, for 1200 Years and upwards.

Homer acquaints us in what great Esteem Machaon and Podalarius were in the Grecian Army. Virgil joins Iapetus the Physician to his Æneas: And Silius Italicus imitating him, adds Synalus likewise to Hannibal.

Archagathus was the first Alien that ever had the Honour of being made free of Rome. Julius Cæsar made all the Physicians, that would come and live there, Denizens. When Augustus banished the other Greeks from the City, he excepted the Physicians.

Philippus was the Darling of Alexander; Timocleas and Nicias of Pyrrhus; Dioscorides of Antony and Cleopatra; Musa of Augustus; Galen of the Antonines; Oribasius of Julian. And of late Petre de la Valle reports, That the Great Mogul called his Physician Macrob Chan, The Lord of my Health.

What magnificent, and even Prodigal Rewards were heaped upon them in old Times, you may read, and wonder at, in Pliny's Nat. Hist. Lib. 29. C. 1.

When Melampus was to cure Prætus (King of the Argives) his Daughters, he agreed with him, that he should give him one Third of his Kingdom; another Third to his Brother Bias; and to each of them one of the Princesses to Wife.

The Athenians honoured Hippocrates with an Initiation into the Grand Mysteries, as they had Hercules before; gave him

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him a Crown worth a Thousand Pieces of Gold, the Freedom of Athens, and a Maintenance all his Life at the public Expence.

Phalaris gave Polycletus four Phials of pure Gold, two Craters of Silver of the Workmanship of the Ancients, ten Pair of Thericlean Cups, twenty Virgins, fifty thousand Attic Crowns. Moreover he settled upon him the same Salary an Admiral of the Navy and Captain of the Guards used to receive: And, after all, complimented him, saying, He was not able to pay what the Obligation of curing him deserved. Agreeable to which, Seneca (de Benefic. Lib. 6. C. 15.) saith, *Quædam pluris esse quam emuntur: Emis à medico rem inæstimabilem, vitam ac valitudinem bonam.* Some Things are bought for less than they are worth: You buy of a Physician that which cannot be equal'd by any Price, namely, Life and Health.

But nearer our own Age. Cornelius Agrippa (de Vanit. Scient. C. 83. records, That Peter Aponius, who professed at Bononia, would not stir a Foot out of the City to any one under fifty Crowns a Day: And when he was called to Pope Honorius, he made his Bargain for four hundred Crowns a Day.

Thadeus, a Florentine Physician, had likewise the same Sum of fifty Crowns a Day; and being sent for to Rome, and having staid there some little Time, returned home with ten thousand Crowns in his Pocket.

Phil. de Comines (Memoirs, Lib. 6. C. 7.) relateth, That Lewis XI. of France gave his Physician, James Coctiere, ten thousand Crowns a Month in ready Money, besides the Fat Bishoprick of Amiens (containing 498 Parishes) for his Nephew; and other Offices of Profit for himself and his Friends. All which Serres (Hist. of France p. 449.) confirms; and farther adds, that he moreover bestowed on him Places and Lands whatsoever he would please to ask.

Lewis Duretus, who came to Paris a poor Man, grew into such Favour with Henry III. of France, that, when his Daughter was married, the King led her by the Right Hand, and her Father by the Left, to Church: And the King made her a Present of Plate of above forty thousand Florins Value; and he would never eat, but Duretus must be by.

Philip II. of Spain gave Vallesius (besides an excessive annual Salary) six thousand Crowns at once.

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Thus were they esteem'd, caress'd, rewarded. But to make Physic All-Glorious and truly Sacred, the Lord of all, Jesus Christ himself, employed a great Part of his miraculous Life, not in the Affairs of Government, which he avoided, John vi. 15. nor in Matters of Law, which he absolutely refused touching upon, Luke xii. 14. but in going about and doing Good, by curing Bodily Maladies: And he sent forth his Disciples to heal all Manner of Sicknes, and all Manner of Diseases.

Which Example and Commission set it up (in my Opinion) infinitely above all other Arts, Sciences, Faculties, Callings, and Business whatsoever, Theology only excepted.

And yet now-a-days the Profession of Physic (though brought to a greater Perfection than ever before) its Dignity and Degrees are so despicably fallen, that the lowest of the People, who were not of the Sons of Æsculapius, pretend to it. And such a mere Mob, and Fag Part of Women, as well as Men, usurp the Title, that an University-Graduate is ashamed almost to be called Doctor, since he must share it together with the Barber, Farrier, Mountebank, and wise Woman.

But secondly, besides the Dignity and Honour of Physic, 'tis undoubtedly one of the most difficult Arts to attain, that ever human Wit attempted.

It requires us to understand the learned Languages, Natural Philosophy, all the Parts of the Body, and the animal OEconomy: The Nature, Causes, Times Tendencies, Symptoms, Diagnostics, and Prognostics of Diseases; the Indications of Cure, and Contra-Indications; the Rules and Errors of Living as to the six Non-naturals. We must have the Skill to judge to whom, for what, when, how much, how often, to prescribe Bleeding, Vomiting, Purging, Sweating, and other Evacuations: As also Opiates, Chalybeates, Cortex, and the numberless other Alteratives.

We must be very well acquainted with the Virtues, Faults, Preparations, Compositions, and Doses of Vegetables, Animals, Minerals, and all the Shop-Medicines. And lastly, to complete all, must be able, upon every emergent Occasion, to write a Bill for a Patient, readily, pertinently, and in Form according to Art.

Now to accomplish all this, a Man had need be rightly born, and set out by Nature with a peculiar Genius, and particular Fitness, and with a strong prevailing Inclination to this Study and Practice above all others.

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He must be endowed with Diligence, Sagacity, Gravity, Integrity; and such a convenient Briskness and Courage, as will bear him up, and carry him thro' Difficulties without presumptuous Rashness, or barbarous Hard-heartedness.

And then it is necessary that he be a Man of a competent Estate, to answer the great Expence of Education and Expectation: For he must be brought up directly in it, from the Beginning of his Studies in the University; must lay out all his Time and Talents upon Reading, Advising, Observing, Experimenting, Reasoning, Remembring with an unwearied Labour of Body and Application of Mind; must run thro' Courses of Anatomy, Botany, Chemistry, and Galenic Pharmacy. And when he hath done all this, cannot handsomely complete himself, except he see good Variety of others Practice, which (by the by) it is probable he will have more Time for, than he could wish, before he can get any of his own.

Now each of these singly will require a great deal of Pains, Expence and Time, to be attained: And yet all these, and much more than can be in short summed up, ought to be done, and in some Measure accomplished, before a Man can be rightly and duly qualified, even to begin Practice.

And as to Matters of Fact, few (very few, God knows) there have been, or now are, who, tho' they spared not for Education or Diligence, could ever work themselves up to a tolerable Sufficiency. Nay, Hippocrates himself, that great Genius, is not ashamed to confess, in an Epistle to Democritus, That tho' he was now got to old Age, and to the End of Life, yet he was not got to the End of Physic; no, nor was Æsculapius neither, the Inventor of it.

By all which 'tis undeniably evident, that the Science and Practice of Physic is one of the largest Studies and most difficult Undertakings in the World: And consequently, that neither this, no nor any other the best Collection of Prescripts that ever was, will, or can be writ or printed, can alone make a compleat Physician, any more than good Colours and Pencils alone can make a fine Painter.

And yet every illiterate Fellow, and paltry Gossip, that can make a Shift to patch up a Parcel of pitiful Receipts, have the Impudence and Villany to venture at it: And in Hopes of a Pig, Goose, or Basket of Chickens, shall boldly stake their Skill (forsooth) against Mens Lives, and lose them: And at the same Time scandalize, and keep out true Physicians that might probably save them.

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And this leads me to the third Consideration: The great Danger and Damage occasioned by the rash Tampering of such as are not educated rightly, and qualified for it.

You that enter not by the Door into the Profession, but climb up some other Way, ought to take it into your most serious Thought, that Mistakes and Mismanagements in so difficult a Business may easily happen. Often the Mischiefs caused thereby are impossible to be retrieved. And being upon the Body, or perhaps Mind of Man, sometimes produce such undoing Misery, such deplorable Ruin, as would make even a Heart of Stone break, and bleed to Death, to think of it.

Suppose one should lose his Limbs, or Health, and live unhappily in Pain, sick, or Bed-rid, all his Days, through your improper Applications, or ignorant Omissions; would it not turn your very Bowels within you, and make you wish a thousand Times you had never been that unadvised Busy-body to act thus foolishly and unfortunately?

But put the Case, again, you beheld a dead Man (which to me is the most lamentable of all lamentable Spectacles upon Earth:) I say, put the Case a poor dead Man were laid forth before your Eyes, that your Heart tells you might probably have lived many a fair Year, had it not been for your physicking of him: Such a Sight, such a Thought (if you have the least Humanity left) cannot fail to pierce your very Soul; and ever after the Remembrance, yea the evil Conscience of it must haunt you, and give you Horror and Terror, and a Sort of Hell to your dying Hour.

Perhaps it might be an Only and Hopeful Son, in whose Life his Aged Parents Lives were bound up; and they die too, or linger out a miserable Life, in Sorrow and Anguish, worse than Death.

Perhaps the good Father of many little Orphans, who being poor, and now helpless, must pitiously perish; or being fallen into bad Hands, and cheated of what was left them, may suffer Poverty, Contempt, Injury, and Misery all their Life long.

Perhaps a Wife, who might have brought forth an useful eminent Man; a Hero in his Generation, and the Head of splendid Families. And so the Mischief you do may fall upon not only the present, but all future Ages.

*But Possibilities, and putting of Cases are endless. The Upshot of all is, If you take upon you the Cure of the Sick, and
be*

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be not licensed, and otherwise qualified for it: If you presumptuously thrust in yourself, and bar out another that is authorized and able; tho' no ill Event chance thereupon, yet well it might, and was likely to have done so for all you. And therefore good Providence, that protected your Patient, and fenced off the Evil, is alone to be thanked, and you nevertheless to be blamed.

But if Death ensue upon your arrogant Intermeddling and pernicious Quackery, be assured of it, it is a Sort of Murder in the Court of Conscience, and probably will be so judged at the last Great Court.

This is not my private Opinion only, but the Judgment and Decision of the Legislature of our Land. For the present State of England tells us, That by the Law of England, if one, who is no Physician or Surgeon, and not expressly allowed to practise, shall take upon him a Cure, and his Patient die under his Hands: This is Felony in the Person presuming so to do.

'Tis not enough for you to say, If I can do no Good, I'll do no Hurt, (which you may as well invert, and say, If I do no Hurt, I'll do no Good:) No, you interlope, you injure the Faculty, you discourage Education, you keep out better Advice, you trifle with Mens Lives, you lose the Golden Opportunity, you prolong the Case till it gets Head, and grows incurable and mortal; or else extremely hazardous, and almost helpless. And this is doing Hurt with a Vengeance.

To bring this Home to you, and make it more plain. If a House be on Fire, and you come and pretend to put it out yourself, and absolutely keep off others; and then fling in Dust instead of Water, and so the Flames get a Mastery: In this Case, tho' you did not directly intend any positive Hurt, tho' you did not actually pour in Oil, nor stir and blow up the Coals; yet, forasmuch as you would needs be an Undertaker, and could not extinguish it yourself; and suffered not others used to, and skill'd in the Business, who coming with Water and proper Engines, might have done it; you are really and truly the Cause of its being burnt.

Think not to excuse yourself by pretending you did it out of Charity, and meant well, tho' it fell out ill. No, no; be it known to you, such a Charity as did not appertain to you, and proved murderous, was unpardonable Presumption; and therefore will not cover the Multitude of Sins.

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But this Epistle running out into more Length than I intended, and being perhaps not over-grateful; I shall, to relieve your Patience, cut short, and conclude, That

If you are not sufficient for these Things, you'll do well, and wisely, to desist from this difficult and dangerous Practice, and fall into such a Trade of Life as you well understand, and rightly can manage. And then, like the Men who used curious Arts (Acts xix. 19.) you may burn all your Receipt-Books. So shall you keep your Innocence, save your Conscience, secure your Quiet, and yet reserve room enough for the Exercise of Charity.

For if at any Time your Heart move you to pity, and succour a poor sick Neighbour, that cannot pay for Advice, there will be no Necessity that you should try your Skill upon him, till you mischief or murder him, by way of Charity. Do you but send him in a Physician, Medicines, and Necessaries, without Hope of Requital; and trust me, that will be a handsome Assistance, most nobly becoming a generous Mind, and a charitable Man.





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E R R A T A.

PAge 109. Line 21. for *ſteric*, } read *Iſteric*,
 p. 463. l. 22. for *Iſteric*,

433	Chlorine	Water	432	Unguent of Liniment
434	of Chlorine		433	Chlorine
435	of Chlorine		434	Chlorine
436	of Chlorine		435	Chlorine
437	of Chlorine		436	Chlorine
438	of Chlorine		437	Chlorine
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497	of Chlorine		496	Chlorine
498	of Chlorine		497	Chlorine
499	of Chlorine		498	Chlorine
500	of Chlorine		499	Chlorine

ERRATA

Page 100. Line 1. for "Water" read "Wine".

Page 101. Line 1. for "Water" read "Wine".

Antimonial Ale.

TAKE of the best Hungarian Antimony (grossly powder'd and tied up in a Rag) one Pound; Fumitory and Agrimony, each four Handfuls; put them into a Bag, which hang into four Gallons of middling Ale, after it hath done working.

I advise it to be put into the Ale after Fermentation, upon the Account of the Antimony. See **Cancer Ale**.

It's for ordinary Drink against Feculencies of the Blood, and cutaneous Affections. Mr. Boyle infused Cinnabar of Antimony in *Rhenish* Wine, and attributes to it marvellous Virtues in contumacious Surgical Cases.

Whatever some outlandish Men may invidiously say, and others as rashly believe, middling Ale, brew'd of the best Malt, boiled, fermented, depurated according to Art; that hath no burnt, musty, or otherwise ill Smack; that is pale, sparkling, fine, fresh, and not upon the fret; and also, is of Age just to leave its Malty Taste, grow Winey, and yet not run into any Degree of Sourness: Such Liquor is the most comfortable and coveted Drink the World perhaps ever yet found out, to pacify the loudest of Nature's Cries, under the Tortures of a burning, hot, thirsty Stomach.

For beyond all other Things, it cools and moistens the parched Membranes of the Stomach;

mach; scoureth salt, acrid, bitter, frothy, slimy Filth, from off the *Villæ* and Glands; turns it over the *Pylorus*, and leaves a balmy benign *Litus* instead, to keep all supple and easy. Thus it quencheth that most unsufferable Passion of Thirst, refresheth the Bowels, relieveth the Spirits, and proves a true Cordial in outrageous scalding Fevers.

After these good Offices in the Ventricle, it detergeth and openeth the Mouths of the Lactals, that were almost baked up with Slime; dilutes and refrigerates the Blood, allays the fervent Heat, and Crispations of the parboil'd *Fibrillæ*, repairs all the Wastes with nutritious Chyme; cleanseth the minutest Passages and Emunctories; and helpeth the whole Mass to circulate freely and duly, to nourish and cherish the Parts, and to throw off its Recrements by Urine, and (where there is an Aptitude) by Sweat and Spittle.

The sweeter, softer, and thicker Ale is, the more it suppleth, filleth and nourisheth; the smarter and staler, the more it openeth and detergeth; and Hops (which give it the Name of Beer) are for that Intention such an Ingredient (not bad for the Stone) and so particular, that Nature seems to have put it into the World for this very Use, without a Fellow: For when the covetous publick Brewers have, in dear Times, used all their Endeavours to find out a *Succedaneum* to it, never could they light upon any thing that would clarify, relish, and preserve Beer, as that doth.

Yet in Rawness, Windiness, Weakness, and Sourness of the Stomach and Intestines, occasion-
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ing Belching, Vomiting, Looseness, Cholick: Also in Pleurifies, Catarrhs, vagous Pains, Dropfies, and such Effects as arise from great Irritability of the Fibres and Nerves, and Colliquation of the Blood and Humours: In these Cases (and perhaps some more) the best Ale, by reason of its Coolness, Detergency, Smart, Pricking, Cutting, and Springy Particles, is not advisable: But Vapid, Thick, Heavy, Fretting, Hard, Sour, Stale, Old, Strong, &c. are manifestly mischievous.

In truth the Dieteticks merit handling anew. If a Man of a right Genius, Leisure and Application, were to make true Experiments, and rational Rules of Life, as to the Six *Non-Naturals*, he'd supply Physick with one of its main *Desiderata*; for now (as we have it in Books) it's a rich Field untill'd, lying all in Heaps and Generals, and so over-run with first and second Qualities, that it produceth little or nothing of Fruit in Physick. I hope this may pass for an Apology for my stumbling upon a *Parergon* at my first setting out, it being so considerable, and lying so directly in my way, that I could not get by without touching it.

Aperient Ale.

Take Roots of Succory, Male-Fern, Liquorice, and the five opening Roots, each 2 Ounces; Harts-Tongue, Liverwort, Ground-Ivy, Tamarisk-Tops, each two Handfuls; Juniper-Berries, sweet Fennel-Seed, each 2 Ounces; Raisins of the Sun stoned 8 Ounces; prepare these to be hanged in a Bag in 4 Gallons of Ale to be fermented together.

The best way to fetch out the Faculties of

moſt Ingredients, is to work the Ale together with them in it; for that now being run into a notable Pungency and Smartneſs, penetrates into their inmoſt Subſtance, and ſoaks it, and makes it ſoft; and then the gentle inteſtine Motion of Fermentation, knocking aſunder their *Vincula* of Mixture, they naturally fall to Pieces, and ſeparate into Parts; and thoſe Parts are readily taken up into the Body of the circumambient *Menſtrum*; and fill it according to its reſpective Congruity and Capacity.

But Scurvy-graſs and ſuch like Vegetables, whoſe Phyſical Force lyeth in a very fugitive Salt, ought not to be put in till Fermentation be paſt, and then muſt be ſtopped up cloſe.

It opens Obſtructions, corrects torrid, acrid, ſalt Blood, and ſends off its Recrements by Urine. It's ſerviceable after Fevers that have vitiated the Maſs of Blood; as alſo in the hot Scurvy, Rickets, &c. The common Doſe is one Pint twice a Day.

Arthritic Ale.

Take *Guaiacum*, *Saffafras*, each one Ounce; *Ground-Pine*, *Germander*, each 2 Handfuls; boil in *Wort* (inſtead of *Hops*) from 6 to 4 Gallons; into which hang the following Bag of Ingredients to ferment.

Take *Roots of Avens* half a Pound; *Hermodyſtyls* 4 Ounces; *Agrimony*, *Sage*, *Betony*, each 4 Handfuls; *Dodder of Thyme*, *Stechas Flowers*, each 2 Handfuls; *Raiſins ſtoned* half a Pound; diſpenſe according to Art.

Guaiacum, &c. give out their Virtue as willingly by Decoction, as Fermentation; and therefore

fore they are first boiled, and strain'd out again, that there may be the more room in the Vessel for the other Ingredients.

It's used with laudable Success in the Gout, Vagous Pains, Rheumatick Affections, the Dropsy, and Diseases caused by too much, and too sharp Serum, and from Relaxation of the Tone of the Parts: Let the Patient drink of this one Pint twice a Day,

Astringent Ale.

Take Roots of Comfrey, Solomon's Seal, each 8 Ounces; boil them in 6 Gallons of very strong Wort to 4; strain it off, and when you tun it up, pour into it Juice of Plantain and Farrow, each 1 Pint; hang into it (in a Bag) Shepherd's Purse, Knot-Grass, Sanicle, Mouseear, each four Handfuls; Raisins stoned 12 Ounces: Let all work together,

It gives Strength to the Blood, when its Compages is too lax, and soluble; conglutinates ruptur'd Vessels; is of singular Avail against Pain and Flux of the Hemorrhoids, all sorts of Bleedings, the Whites, immoderate Sweating, and Ichorose Ulcers.

Berry Ale.

Take Berries of Wind-Briar (dried and bruised) half a Pound; of Juniper 4 Ounces; of Holly and Ivy, Seeds also of Daucus and sweet Fennel, each 1 Ounce; Herbs of Marsh-mallows, Pellitory of the Wall, Cleavers, Golden Rod, each 4 Handfuls; Raisins half a Pound; dispense these for 4 Gallons,

It breaks off Wind, and cleanseth the Kidneys and Bladder from Slime and Gravel.

Bitter Aromatic Ale.

Take dried Wormwood 4 Handfuls; Roots of Calamus Aromaticus 1 Ounce and a half; Zedoary 1 Ounce; Spanish Angelica, Elecampane, Ginger, Galangale, Winters-Bark, Cinnamon, Seeds of Carraway and Coriander, each half an Ounce; Long-Pepper, Cubebs, Cardamum, Cloves, Mace, Nutmeg, each 2 Drams; prepare all for 4 Gallons.

Bitter and Aromatick Herbs ought to be gathered, to dry and keep, between Flower and Seed Time, that being the Season of their Perfection.

It warms a cold Stomach, and strengthens it when flaccid, assists Concoction, dissipates Wind, takes off Loathing, and stops Vomiting: Also it exalts the Blood, attenuates gross, and digests crude Juices, opens Obstructions, and furthereth Transpiration.

1. Cancer Ale.

Take Roots of Spanish Angelica, Burdock, Filipendula, each 4 Ounces; Elecampane 2 Ounces; Gentian, Virginia Snake-Root, each 1 Ounce; Herb Robert, Ragwort, Sage, each 4 Handfuls; Scordium, Rue, each 2 Handfuls; live Millepedes 1 Pint; crude Antimony (broken into small Pieces, and tied up in a Rag) 1 Pound; put these in a Bag for 4 Gallons.

N. B. This Ale must, by no means, be kept till stale and eager; and that not only upon the account of the Millepedes, whose volatile Salt will

will be destroyed by the Acid; but chiefly for the Sake of the Antimony, which when unlocked by an Acid, is very inclinable to turn Emetic.

Let it serve for constant Drink for a Month together.

2. Cancer Ale.

Take Guaiacum 4 Ounces; Sassafras, Roots of Sarsaparil, sharp pointed Docks, Filipendula, Hounds-tongue, and Walnut-tree Rind, each 2 Ounces; Herb Robert, Archangel, each 4 Handfuls; Millepedes 1 Pint; dispense for 4 Gallons.

This may profitably be prescribed for scrophulous People also, especially such as are of a coldish Constitution.

I have a thousand times observed (saith Sylvius) that mild Alteratives are used to much more Advantage just before, after, or at Meals, than at any other times: For so the Virtue of the Medicine kindly mingles with, and insinuates itself into, not only the *Saliva* in the Stomach, but also all the Humors that flow together into the right Ventricle of the Heart, and all the Arteries, and Veins; and by that means the desired Emendation and Correction of them is the sooner and more easily and happily performed.

Cephalic Ale.

Take Shavings of Guaiacum and Sassafras, each 2 Ounces; boil them (instead of Hops) in small Wort from 6 Gallons to 4, into which hang the following Bag.

Take Roots of Male-Piony 8 Ounces; Angelica 4 Ounces, Calamus Aromaticus, Galangale, each 2 Ounces; Herb Betony, Sage, Ground-Pine, white

B 4

Horehound

Horeboud, each 4 Handfuls; Rue, Stechas-Flowers, each 2 Handfuls, Juicy Orange-peel 2 Ounces; Juniper-berries, Cardamum, each 3 Ounces; prepare all according to Art.

It assists Chylification, and Sanguification; edulcorates the *Serum* of the Blood, corroborates the Brain; depurates the Spirits, extricates them from their ill-sorted *Copula*; and is of use in Soporose, Convulsive, and Paralytic Distempers.

Chalybeat Ale,

Take Filings of Needles half a Pound; Roots of Bittersweet 1 Pound, mash them well together in a Marble Mortar, and put them into a Bag for 4 Gallons.

Thus a Physician of good Note was wont to order it; and to these may be added *Sassaphras, Juniper-berries, each 2 Ounces, dried Wormwood 2 Handfuls.*

Let half a Pint be drank twice a day, with moderate Exercise, to mend the Poverty of the Blood, and break through Obstructions.

You may chalybeate any sort of Ale by this easy Process,

Take Filings of Steel 1 Pound; white Tartar 4 Ounces; beat them in a (not Brass) Mortar, pouring on by little and little Juice of Lemons, as much as needful to bring it into a Mash; after it hath remained 12 Hours, tie it up in a Rag, and put it (with the other Ingredients) into 4 Gallons; and let it all ferment together.

Chlorotic Ale.

Take Guaiacum, Sassaphras, each 2 Ounces; Roots of Madder, Smallage, Butchers-Broom, Zedoary, each 4 Ounces; Herb-Motherwort, Penny-

Penny-royal, Mugwort, each 4 Handfuls; Feverfew 2 Handfuls; Thyme, Dittany of Crete, each 1 Handful; Daucus-seed 3 Ounces; Grains of Paradise 1 Ounce; Filings of Steel (tied up in a Rag) 1 Pound; make a Bag for 4 Gallons.

When the Fermentation of the Blood is grown low and languishing, this rouzeth it up again afresh; concocts and incides crude and pituitose Juices; opens Obstructions, procures a good Habit of Body and a fresh Colour. Let those that lie under a *Chlorosis* make use of it for their ordinary Drink.

Daucus Ale.

Take Daucus-seed 6 Ounces; Raisins 12 Ounces; put them into a Bag for 4 Gallons.

This is the Proportion given by Mr. Boyle.

It cleanses the Reins and Ureters, expells Gravel and Sand, and prevents the Breeding of the Stone.

It hath such a marvellous Diuretick Faculty, that I know a Gentleman, who having drank it for ordinary Drink a great many Years, at length fell into a Diabetes; and upon leaving it off for that reason, grew perfectly well again, and so remained at the Time when I wrote this, tho' he then was about 94 Years old; and it's a common thing for very aged Persons to be not able to hold their Water.

Diuretic Ale.

Take whole Mustard-seed 4 Ounces; put it into a Quart of Ale; after 3 or 4 Days, begin it; and ever as you pour out a Glass, keep it filled up with fresh Ale; thus do as long as the Seed hath any Strength in it.

It attenuates pituitose, fizy Blood; dissolves its close Contexture, and renders it fit to shed off its *Serum*. Also it detergeth the Urinary Pipes, irritateth the *Papillæ* and *Pelvis* of the Reins, provoketh them to stir and squeeze, and perform the Work of Percolation. Thus it moves Urine powerfully beyond Expectation, and is convenient in the Dropsy, Gravel, Scurvy, Palsy.

Epileptic Ale.

Take Male-Piony Roots fresh gathered 4 Ounces; Peacocks-Dung half a Pound; Raisins 12 Ounces; prepare for a Bag for 2 Gallons.

It's held a Specifick against an Epilepsy and Vertigo.

Peacocks-Dung is of two distinct Parts; one dark-coloured and chaffy, which consists of the undigestible Relicts of the Food, and is good for nothing; the other white and uniform, which being the Recrement of the Blood, thrown off in the last Digestion, and enriched with Volatile Salt, is the only Part that hath Virtue in it.

Hydropic Ale.

Take Broom Ashes (sifted from the Coals) half a Pound; Roots of Horse-radish 4 Ounces; Orris, Calamus Aromaticus, Elecampane, each 2 Ounces; Guaiacum, Sassafras, Juniper-berries, Daucus-seed, each 1 Ounce; Mustard-seed 2 Ounces; prepare all for 4 Gallons.

By assisting Concoction, melting down the jelly'd *Lympha*, removing Obstructions, and provoking Urine, it wonderfully relieves those that labour under an *Anasarca*; but as for the Dropsy call'd *Ascites*, and where the Lymphatick

sick Vessels are burst, I am of Opinion, in these Cases, 'twill do more Hurt than Good.

Hysteric Ale.

Take Chips of Box-Wood (which the Turners make) half a Pound; Misseltoe minc'd pretty small 4 Handfuls; boil these in 6 Gallons of new Wort to 4; and when you turn it up, hang into it the following Ingredients.

Take fresh Male-Piony Roots half a Pound; white Briony 4 Ounces; Herbs, Mugwort, Balm, each 6 Handfuls; Penny-royal, Rue, each 2 Handfuls; Seeds of Daucus, Angelica (or of wild Parsnip) each 2 Ounces; Filings of Tin (tied up in a Rag) half a Pound; dispense all for a Bag.

Women obnoxious to Vapours, should make it their constant Drink; or at least take it 3 times a Day for a good while.

Iæteric Ale.

Take Shavings of Ivory 1 Ounce; white Horehound 4 Handfuls; boil in 6 Gallons of new Wort to 4; into which hang the under-written Ingredients in a Bag.

Take Roots of sharp-pointed Dock half a Pound; Turmeric, Madder, each 2 Ounces; of Nettles 4 Ounces; Herbs of Celandine, Cleavers, Strawberries (Leaves and Roots) Barberry-rinds, each 4 Handfuls; fresh Sheep's Dung (ty'd up in a Rag) 4 Ounces; live Millepedes 1 Pint; Filings of Steel 1 Pound; prepare all fit for Use.

It enriches and exalts poor watery Blood, corrects crude Juices, freeth the Liver from Obstructions,

structions, and cureth Cachectic and Icteric Persons.

Juniper Ale.

Take Juniper-Berries (well bruised and broken) 4 Ounces; Raisins half a Pound; mix for 4 Gallons.

It's very grateful both to the Palate and Stomach, breaks off Wind, cleanseth the Reins, washeth out Gravel and Sand; healeth the fore and tender Passages, and is highly available for such as are troubled with Stone or Spleen.

Pectoral Ale.

Take Roots of China 4 Ounces; Sarsa, Comfrey, Liquorice, each 2 Ounces; Orris, Elecampane, each 1 Ounce; Shavings of Ivory, Harts-horn, Sanders, yellow and red, each half an Ounce; Herbs, Harts-tongue, Wall-Rue, Ground-Ivy, Scabious, each 4 Handfuls; Aniseed 2 Ounces; Raisins half a Pound; prepare all for 4 Gallons.

It may be made Cock-Ale, by adding a Cock parboil'd, bruis'd and cut into pieces. It sweetens the Acrimony of the Blood and Humours, incides clammy Phlegm, facilitates Expectoration, invigorates the Lungs, supplies soft Nourishment, and is very profitable, even in a Consumption itself, if not too far gone.

Purging Ale.

Take Roots of sharp-pointed Dock 12 Ounces; Polypodium 4 Ounces; Horse-radish 2 Ounces; Herbs, Ground-Ivy, Water-Cresses, Brook-Lime, Scurvy-Grass, each 2 Handfuls; Saffaphras, Juniper-berries, Coriander-seeds, Liquorice, each 1 Ounce;

1 Ounce; Senna 4 Ounces; Raisins half a Pound: Make all these fit to put into 4 Gallons. To these may be added, Rhubarb 2 Ounces.

Those that are Scorbutic, Cachectic, and abound with Humours and Feculencies, may drink a Pint of it (more or less) every Morn in the Spring for a Week or two, with good Advantage.

Le Mort tells us, that purging Drinks purge little or nothing, if kept till stale and sour.

Purging Ale with Antimony.

Take Roots of sharp-pointed Dock 8 Ounces; Polypodium, Elecampane, each 4 Ounces; Sanders, yellow and red, Juniper-berries, each 2 Ounces; Caraway-seeds 1 Ounce; Herbs, Scabious 8 Handfuls; Liver-wort, Agrimony, each 4 Handfuls; Senna 4 Ounces; Rhubarb half an Ounce; Agarick 1 Ounce; Crude Antimony (grossly bruised, and tied up in a Rag) 1 Pound; dispense for a Bag for 4 Gallons; to which (when in the Vessel) add Juice of Fumitory 1 Pint; ferment all together.

For the Itch, and all cutaneous Maladies.

Purging Hydopic Ale.

Take Roots of common Flower-de-Luce 4 Ounces; Horse-radish 2 Ounces; Elecampane, Squills, each 1 Ounce; Mustard-seed, Juniper-berries, Sassafras, each 2 Ounces; Winters-Cinamon half an Ounce; inner Rind of Elder, and Dwarf-Elder, each 2 Ounces; Senna 4 Ounces; Black Hellebore Root, Jalap, Agaric, each half an Ounce; dispense for 4 Gallons.

It

It contains Ingredients (besides the Catharticks) of subtle Parts, which reserate Obstructions, and force Urine. It's exactly suited for the Cure of a Dropsy, and is to be drank every Morning, from half a Pint to a Pint.

Purging Ale for Children.

Take fine Rhubarb (cut into thin Slices) 2 Drams; Liquorice, Aniseed, each 2 Scruples; Raisins stoned and shred 30 or 40: Put them into a Glass Bottle of Ale holding a Quart.

It purgeth kindly, without Gripes or Sicknes, takes off the Slipperiness of the Ventricle and Intestines, and leaves them stronger than before. It's a mortal Enemy to Worms; and is given to 2 Ounces more or less, and to very young Children in Proportion.

Ricket Ale.

Take Roots of Osmond-Royal (or for want of it, Male-Fern) Liquorice, Saffaphras, each 1 Ounce; Bark of Ash and Ivy, each half an Ounce; Tamarisk-tops, Harts-tongue, each 4 Handfuls; live Wood-lice 250; Raisins 4 Ounces; prepare all for 1 Gallon.

It may well go for a Specifick in this Distemper, and should be drunk for constant Drink.

True Rickets are seldom rife, but in those Years when Autumnal Agues reign: Which is worth observing, saith Sydenham. The Rickets were scarce heard of till the Year 1630, and were not mentioned in the Bills of Mortality till 1634, and then but 14 for that whole Year, from which time they increas'd, so as to be 521, in the Year 1660; and now they are decreas'd again;

again; and perhaps may in some Years (like a Comet) quite disappear.

An Extemporary Scorbutic Ale.

Take middling Ale 1 Quart; Spirit of Scurvy-grass 2 Drams; Juniper-berries 1 Dram; sweet Fennel-seed, Liquorice, each half a Dram; Raisins 2 Drams; keep it in a glass Bottle. To these may be added Horse-radish Root 2 Scruples; Winters Cinnamon 4 Scruples.

You may make as many and as few as you please at a time, so as to have them fresh one under another.

It's in Virtues much one with the warm *Scorbutick Ale*, easilier prepar'd, but perhaps something inferior in Virtue.

A Sweetning Scorbutic Ale.

Take Pine (or Fir) Tops cut, 4 Handfuls; boil them in 5 Gallons of very strong Wort to 3 Gallons and a half; when it's tunn'd up, pour into it the Juices of Brook-lime, Water-cresses, Dandelion, Cleavers, each one Pint; also hang into it the following Bag of Ingredients, and work all together.

Take Roots of sharp-pointed Dock 4 Ounces; Sarsa, China, Juniper-berries, each two Ounces; Shavings of Sanders, yellow and red, Harts-horn, Ivory, Liquorice, sweet Fennel-seed, each 1 Ounce; Harts-tongue, Liver-wort, Agrimony, Ground-Ivy, each 2 Handfuls; Crude Antimony 1 Pound: Preserve all rightly.

It brings adust, fervid Blood to a Temper, quieteth it when in a furious Ferment, refrigerateth the *Hypochondria* when enraged, and restraineth

straineth the Ebullition and inordinate Ζύμωσις of the Vaporous Blood and Humours therein. It in a singular manner respects the hot Scurvy, and Hypochondriac Affections: And is to be used for constant Drink.

Warm Scorbutick Ale.

Take Roots of sharp-pointed Dock half a Pound; Horse-radish 2 Ounces; Guaiacum 4 Ounces; Juniper-Berries, Orange-Peel, each 1 Ounce; Winters-Bark, Mustard-seed, Long-Pepper, Cloves, each 2 Drams; Raisins 4 Ounces; Scurvy-grass, Brook-lime, Water-creffes, Cleavers, each 4 Handfuls: Prepare all for 4 Gallons.

It concocts Scorbutick Crudity, dissolves Saline Concretions, washes away Pituitose Feculencies, restores due Mixture to the Blood, makes it to circulate freely through the minutest Passages, and is suited to such as are of a cool Constitution.

Ale against Scrophulae.

Take Chips of Guaiacum, Sassafras, Walnut-tree Rinds, Roots of sharp-pointed Dock, Filipendula and Hounds-tongue, each 2 Ounces; Herb Robert, Archangel, each 4 Handfuls; Raisins of the Sun stoned 1 Pound; live Millepedes 1 Pint: Prepare all for 4 Gallons.

It's good against a Cancer, and cutaneous Affections; but singularly and specifically respects the King's Evil.

Splanchnic Ale.

Take Guaiacum, Sassafras, each two Ounces; boil them in Water 1 Gallon to 2 Quarts; put the strained Liquor into a Cask with new
strong

strong Ale 3 Gallons and a half; and hang a Bag into it, with the following Ingredients to work together.

Take Roots of sharp-pointed Dock 8 Ounces; Horse Radish 4 Ounces; Ash-tree Bark 2 Ounces; Juniper-berries 1 Ounce; Seeds of Daucus and Coriander, each half an Ounce; Agrimony, Liverwort, Harts-tongue, Tamarisk-tops, each 4 Handfuls: Prepare all to be put into a Bag.

It removes Atrabilarious Humours stagnating in the Viscera, and causes them to be absorb'd by the circulating Mass: It openeth the Obstructions, and discusseth the Tumours of the Spleen, quieteth and suppresseth Convulsive Corrugations of the Fibres; and upon these Accounts, admirably relieveth Hypochondriac Persons, if they continue its Use as daily Drink for a long Time.

Spleen Ale.

Take Barks of Tamarisk 4 Ounces; of Capers and Ash-tree, Woods of Guaiacum, Sassafras, each 1 Ounce; Herbs of Agrimony 4 Handfuls; Wormwood, Dodder, each 2 Handfuls; cut and boil these in 6 Gallons of new Ale to 4 Gallons, into which hang Filings of Needles half a Pound; Crude Antimony 4 Ounces.

When it hath fermented enough, and is become clear, give half a Pint twice a Day.

Ale of the Woods.

Take Guaiacum, Sassafras, each 2 Ounces; yellow and red Sanders, Ivory, Harts-horn, Sarsa and China, each 1 Ounce; Liquorice, Aniseed, Juniper-berries, each 2 Ounces; Raisins half a Pound; Antimony (broken into small
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Pieces,

Pieces, and tied up in a Rag) 1 Pound: Prepare all for 4 Gallons.

It warmeth and drieth: Concocteth Crude, attenuateth Gross, incideth Viscid, abstergeth Clammy, and disperseth Watery Humours. Also it encreaseth Perspiration, and is very proper and fit in any Cold, Pituitose and Rheumatick Malady: As also in Serous, OEdeematose Tumours, and running Ulcers.

An Aromatic Bag.

Take Cinnamon, Nutmeg, each half an Ounce; Mace, Cloves, each 2 Drams; Powder all together grossly, and sew up in a round Bag. To these may conveniently be added dry'd Spear-mint 2 Handfuls; Wormwood half a Handful.

This being heated hot upon a Warming-pan Lid, and sprinkled with Canary or Claret, and so applied to the Stomach, resuscitates natural Heat, helps Appetite and Digestion; and stops Vomiting.

A Cummin Bag.

Take Seeds of Cummin, Gromwel, each 2 Ounces; Nigella 2 Drams; Bay-salt 6 Drams: Prepare for a Bag, which beat hot, and rub the Head with, and lay it hot upon the top of the Head.

It's useful against a Catarrh, Tumour of the Amygdals, Relaxation of the Uvula, and Inflammation of the Throat.

Fernelius saith, besides Serum within the Cranium, there's other Excrement gather'd in the external Parts of the Head; especially under the Cutis of the Vertex, where the Vessels have their Extremities: For when they grow
Turgid

Turgid with too much *Serum* or other Humour, they shed forth under the Skin that which they cannot carry off, and there it remains, because the Thickness and Closeness of the *Cutis* permits it not to evaporate. And there's sometimes so great a Collection here, that it causeth a soft Swelling, that manifestly heaves off the *Pericranium* from the *Cranium*. This is assuredly the Source, this the Matter of all external Distillation, which I marvel none of the Ancients observ'd. Hence Rheums fall into the Eyes, Cheeks, Teeth, Neck, Shoulder-blades, Sides, Back, Loins, Hips, Thighs, and all the Joints: And this is found to be the Cause of almost every external Pain. This being a singular Opinion of *Fernelius*, *Carolus Piso de colluvie serosa*, deserves reading. I quote it that others may consider of it.

A Bag for the Side.

Take Bay-berries, Seeds of Cummin, Fenugreek, and Chamomil Flowers, each 1 Handful; Bran, Salt, each 2 Handfuls: This may serve to put into 2 Bags.

Let these be made hot, and applied alternately to the Side, when outwardly pained. But if there be bloody Spitting, we must beware of hot Applications.

A Bag for the Stomach.

Take dry'd Mint half an Ounce; Wormwood, Thyme, Red Rose-flowers, each 2 Drams; Balaustines, Spanish Angelica-root, Caraway-seeds, Nutmeg, Mace, Cloves, each 1 Dram: Make a coarse Powder for a Bag.

It serves for the same Uses with the Stomach Fomentation, and is to be dipp'd in rough red Wine scalding hot, and apply'd.

A Bag for Relaxation of the Uvula.

Take Cummin-seed 2 Ounces; Orris, Long-Pepper, each half an Ounce; make a gross Powder for a Bag.

It's to be laid upon the Top of the Head. See the *Cephalick Liniment*.

Arthritic Balsam.

Take Oil of Olive 8 Ounces; Oil of Vitriol (which must be well rectified) 2 Ounces: Mix these in a Glass Mortar.

Schroder mentioneth something like this of *Adeps Humanus* and Spirit of Vitriol. Book 5. Chap. 1.

Balsam called Mirabile.

Take Frankincense 2 Ounces; Mastick, Cloves, Galingale, Mace, Cubebs, each half an Ounce; Aloes-wood 1 Ounce; powder and mix them with Honey half a Pound; Venice-Turpentine 1 Pound, and Brandy as much as is usually required to extract a Tincture. Distil them in Balneo; and when you have got all the clear Water, shift your Receiver, and then you'll have next a noble red Balsam, which rectify.

This was communicated to me by a French Physician, who recommended it thus: A few Drops applied, cures all curable Wounds in 24 Hours, and old Ulcers, Fistula's, Cancers, Wolf in the Breast, *Noli me tangere*, in 15 Days, using it daily. It's good also against Carbuncles, and extinguisheth them in 3 Hours: One Drop dropp'd

dropp'd into the Eyes every third Day, heals all Maladies of the Eyes. 'Tis to be given inwardly from 5 to 10 Drops for all Bruises, inward Bleedings, Consumptions, and Nervous Affections. Thus Travellers will talk; but 'tis Experience and Reason that must teach.

Nephritic Balsam.

Take Oil of sweet Almonds new drawn 4 Ounces; Oil of white Poppy and Linseed new drawn, each 2 Ounces; Oil of Nutmegs by Expression half an Ounce; Oil of Petre 5 Drams; Balsam of Capivy 6 Drams; Balsam of Peru 2 Drams; Oil of Juniper 4 Scruples; Oil of Aniseed 1 Dram; Oil of Vitriol rectify'd 1 Ounce; Camphire 2 Scruples.

Work them about in a large Glass Mortar 'till they are very hot, and grow black; when they are cool again, digest *in Balneo* 2 Days, often shaking them; and so put the Balsam up to keep for Use.

But these may be sooner mix'd, by first heating the Oils a little *in Balneo* till they are united; and then, while it is so, adding the Oil of Vitriol drop by drop, and stirring till all are embodied together.

This most excellent Balsam is found to be very effectual in Pains of the Kidneys; for it sets open their Sluices, makes the Ureters slippery, provokes Urine, and moves the Stone: Also it cures the Maladies of the Chest; for it helps Expectoration, and stops a Cough.

Its Dose is from 10 to 40 Drops, in Syrup of Marsh-mallows, or pectoral Decoction.

Scheffer's Balsam.

Take Volatile Salt of Harts-horn and of Sal Armoniac, each 1 Dram; Chymical Oil of Mace 1 Scruple; highly rectify'd Spirit of Wine 1 Ounce; digest according to Art.

It's a sort of *Sal Volatile Oleosum*, to be dosed from 20 to 30 Drops, and taken in a Vehicle suitable to the Intention, against Pituitose Distempers of the Brain and Nerves; Stuffing and Heaviness of the Head by a Cold, Palsy: As also against Palpitation of the Heart, Hypochondriac and Hysterick Affections. In a word, it may be useful wherever volatile enlivening Salts are indicated.

A Balsamic Bolus.

Take Conserve of Red Roses, Lucatellus's Balsam, each half a Dram; Balsam of Peru 3 Drops; mix.

It's a prevailing Medicine against an inveterate Cough, and recent Consumption, Spitting of Blood, Dysentery, Contusion; and wheresoever the Vessels being open'd, or broken, bleed inwardly.

A Bath with Sulphur.

Take Sulphur 3 Pound; Tartar calcin'd with Nitre a Pound and half; Common Salt 12 Ounces; make all into Powder, and boil it in 7 Bushels of Water to 6; adding towards the last, Bay-berries bruised 12 Ounces; Rosemary, Lavender, Marjoram, and Betony, of each 12 Handfuls; strain for use.

Note, The Berries and Herbs are to be boil'd in a Bag; and when that is took out, there will be need of straining the Liquor.

A Sweet

A Sweet Bath.

Take Shavings of Guaiacum 3 Pound; of Sassafras a Pound and half; put these into a Bag by themselves, and boil them in 56 Gallons (or 7 Bushels) of Water, to 48 Gallons (or 6 Bushels) and almost a quarter of an Hour before it be enough, put into it the following Ingredients, likewise in a Bag by themselves.

Take Bay-berries 3 Pound; Winters Bark half a Pound; Roots of Florentine Orris, Cyperrus, Calamus Aromaticus, Spanish Angelica, of each 12 Ounces: Prepare them for Coction.

When all are boiled their time, take out both the Bags; and let the Patient sit in it in a Bathing-Tub a Mornings, and sweat as long as his Physician judgeth fitting; then putting on a Flannel Shirt, let him continue his Sweat a Bed; and drink a Glass of generous Wine in it.

These Species may be used not above 2 or 3 times; and then fresh must be gotten.

Paralytic Persons may expect good from this great Remedy.

A Bolus for a Bruise.

Take Sperma Ceti 1 Scruple; Salt of Hartshorn 5 Grains; Balsam of Peru 5 Drops; Venice Treacle half a Dram; Syrup of Meconium, as much as needful, to make it up with.

It dissolves clotted Blood, and heals internal Wounds, provokes Sweat and Urine, is very good for Women after Labour; let those that have caught a Bruise take it three times a Day, after Bleeding.

For Bruises, Dr. *Sydenham* bleeds and purges, by turns, each other Day, till the Party find himself pretty easy and well: And I judge it a rational Practice, though not found in other Authors; for Bleeding prevents a Fever, and sucks out of the Part whatsoever can be absorb'd into the Veins. And Purging carrieth off such Humours, as would otherwise settle in the weak Part, and cause Pain and Swelling.

A Bolus of Cassia.

Take Pulp of Cassia fresh drawn 6 Drams; Venice Turpentine (washed in Parsly-water) 3 Drams; Powder of Rhubarb 1 Scruple; Powder of Liquorice, as much as wants, to make it of a due Consistence.

It's prescribed in Case of Gravel, and in a *Gonorrhœa*.

A Chalybeate Bole.

Take Mynsicht's Tincture of Mars half a Scruple; Balm of Gilead 6 Drops; Conserve of Roses 1 Dram; mix.

In Failure of Appetite, Languishing and Wasting of Flesh (where there is no Hectick Fever) it's to be given once or twice a Day for a Month together.

A Cordial Bolus.

Take Powder of Crabs-claws compound, Goastone, each half a Scruple; powdered Saffron 5 Grains: Make it up with Confectio Alkermes.

It forceth Sweat, and at the same time gives Strength to bear it; for it recreates the languishing Spirits, and is a fine Cordial. It's of excellent

lent and frequent Use in continual Fevers, where the Spirits are (from the beginning) struck as with Malignity; the Strength strangely failing, the Pulse low, the Urine pale, and Heat not much increased.

It's to be taken from every 12 to every 2 Hours, till it be found that Nature riseth; and when that Point is once gain'd, it must not be over-done, but left off again by degrees, according as the present Case requires. For in such a Fever, it's necessary that a Physician give constant Attendance to make due Observation, and strike his Blows right.

A Common Purging Bolus.

Take powder'd Jalap from 1 Scruple to half a Dram; Scammony powder'd from 3 Grains to 8; Calomel 15 Grains; Oil of Aniseed 1 Drop; Lenitive Electuary, as much as is fit, to make it up with.

By increasing or diminishing the Jalap and Scammony, it's to be made stronger or weaker, according as the present Constitution requireth: It worketh pretty smartly; and therefore purgeth not only what lieth loose in the Ventricle and Intestines, but other Humours likewise, from the Bilious and Pancreatic Passages, and especially from the Glands of the Guts.

A Sudorific Bolus.

Take powder'd Virginia Snake-root 15 Grains; Venice Treacle half a Dram; Salt of Hartsborn 2 Grains; Saffron 3 Grains; Oil of Nutmegs 2 Drops; Liquid Laudanum 15 Drops; Diacodium, as much as wanting, to make it up with.

It's

It's an egregious powerful Sudorific, and we have few comparable to it. It's one of the highest Alexipharmacs, and a great Medicine in malignant Fevers, especially when attended with a *Diarrhæa*. Besides all this, it's also Stomachic, Cardiac, and Hyfteric.

A Worm Bolus.

Take running Mercury well cleansed 1 Dram; grind it in a Glass Mortar, with brown Sugar 2 Drams, till its Particles are so finely divided, as to be invisible; towards the last dropping in 2 Drops of Oil of sweet Almonds, to which add powdered Scammony, from 4 Grains to 10; and with Syrup of Succory with Rhubarb, reduce it into a Bolus.

It looks like a most noble Medicine: But I'll ingenuously confess, I never prescrib'd it myself, nor knew it prescrib'd by any other. 'Twas communicated to me, and I communicate it again.

A Pellow Bolus.

Take Rhubarb (not tosted, but grated fine) from 1 Scruple to 2; Oil of Cinnamon 1 Drop; *Diascordium* sufficient to make it up.

It's a most efficacious Remedy in a *Diarrhæa*, to be given (if the *Diarrhæa* be not much) at Night, otherwise early in the Morning, and may be repeated, according as the Case shall require. See the Compound Infusion of Rhubarb.

Cock Broth.

Take candy'd Eringo Roots 2 Ounces; Roots of China, *Scorzonera*, Currants and Dates, each 1 Ounce; Shavings of Harts-horn and Ivory, each

each half an Ounce; the four greater cold Seeds, each 2 Drams; Maiden-hair 2 Handfuls; the bottom of a stale white Loaf, a Cock (pick'd, drawn and well bruised, so as the Bones may be broken) boil all these in Barly Water, from 3 Quarts to 3 Pints; then having strain'd it, add Canary 1 Pint; Electuary of Sassaphras, Juice of Kermes, each half an Ounce; Syrup of Balsam, as much as sufficeth: Mix them.

Consummate Broth.

Take a Capon (pick'd, drawn, and cut into Pieces) Sheeps Trotters, and Calves Feet, each 4; Shavings of Harts-horn and Ivory, each half an Ounce; yellow Sanders 3 Drams; Dates 20; Raisins of the Sun stoned 4 Ounces; Pearl Barly 1 Ounce; boil these in Spring Water 1 Gall n to 2 Quarts, adding, when it's almost boil'd enough, Ox-eye Flowers dried, Herbs of Colts-foot, Maiden-hair, Sage of Jerusalem, each 1 Handful; Mace 2 Blades; 1 Nutmeg, Malaga Sack 1 Pint; strain it out.

It's a commodious Prescription for those that are sickly, consumptive, and recovering out of some long, wasting Distemper; where Strength failing, rich Nourishment is requir'd, and yet the Stomach is not able to concoct solid Food; for it's digested with little Trouble, assimilated without Effervescence, easily distributed, soon agglutinated, and not presently dissipated by the Heat of the Body. Moreover, it yields such a soft, kindly, rorid and glutinous Juice, that it qualifies the saline, hard, pricking, fermenting Particles of the Blood; and so obviscates, and mollifies and restrains their impetuous Torrent
in

in the small Canals, that they cannot (by rushing and rubbing thro') prey upon, and carry off the Substance of the solid Parts. A large Draught may be allowed twice or thrice a Day.

Broth for a Consumption.

Take Conserve of Red Roses 4 Ounces; Comfrey-root 2 Ounces; Shavings of Harts-horn 1 Ounce; Maiden-hair 1 Handful; Sage of Jerusalem 2 Handfuls; Plantain half a Handful; Raisins of the Sun 2 Ounces; Dates 4; boil these together with a Chicken, the Crag-end of a Neck of Mutton, and three Ounces of Manchet in a sufficient quantity of Spring Water; and then strain it, and when cold, take off the Fat.

Let the Sick drink a Porringer full, two or three times a Day.

1. Broth of Crayfish.

Take 100 Crayfish, having pounded them alive in a Mortar, boil them in 2 Quarts of Water to 1 Quart and half a Pint, adding towards the last 2 Blades of Mace, 1 Nutmeg sliced, and old Malaga half a Pint; strain it, and let the Patient sup up a Draught of it twice a Day.

2. Broth of Cray-fish.

Take the Tails of 20 Crayfish, Candied Eryngo-roots 1 Ounce; the bottom of a white Loaf; Raisins stoned 2 Ounces; Liquorice 3 Drams; boil these in 3 Pints of Water to 1 Quart, and strain it.

Let 4 or 6 Ounces be taken, three times a Day. After the same manner may be made Broth of Snails.

There's

There's so great an Edulcorating Virtue in Cray-fish, Crabs and Lobsters, that they manifestly obtund the Acidity of Vinegar itself, when put into a Sawcer of it. And being received into our Bodies, wonderfully take off the bitter Pains of the Strangury: And in a Hæctic Fever, and Atrophy thence arising, where the Mass of Blood (being deprived of its Nourishing, Kindly, Sweet, and Oleose Juice, and being grown eager) flushes, flies, ferments and furnishes out a poor little Provision of Aliment, and that deprav'd too; these sort of Broths are found exceeding useful. Some hold also, that they are good to prevent Abortion.

Purging Cakes.

Take Sweet Almonds blanch'd 6 Drams; powder'd Jalap-root 3 Drams; Rosin of Jalap half a Dram; fine Sugar 10 Drams; Oil of Cinnamon 3 Drops; with Mucilage of Gum Tragacanth; make it up into little Cakes for 6 Doses.

A Cataplasm with Apples.

Take of the Pulp of baked or roasted sweet Apples 1 Ounce; white Bread boiled in Milk, and gently expressed, half an Ounce; the White of one Egg well beaten up; Rases's White Troches powder'd 2 Drams; mix; if it want Thickening, add white Starch as much as needful.

It asswageth Inflammatory Pains of the Eye.

A Cataplasm of Bitters.

Take Venice Treacle, Lupine Meal, each 3 Drams; Wormseed 1 Dram and a half; Species of Hiera Picra half a Dram; Chymical Oil

Oil of Wormwood 16 Drops; Juice of Tansey, enough to embody it; mix.

Apply it to the Navel, against Worms in Children: See the *Bitter Fomentation*.

A Cataplasim with Cassia.

Take Pulp of Cassia 1 Ounce; Elder Ointment 2 Ounces; Sperma Ceti half an Ounce; powder'd Agaric 1 Dram and a half; mix all into a Cataplasim.

'Twas given me for an extraordinary Remedy, and a great Secret against a Quinsey.

A Cataplasim with Cummin.

Take Onions roasted under the Embers 1 Ounce and a half; Saffron clipt small with Scissors 5 Grains; Oil of Amber 12 Drops; powder'd Cummin-seed, Ointment of Marsh-Mallows, each 3 Drams: mix.

It's very available in Pains of the Ears; ought to be put on as hot as can be endur'd, and renew'd every four Hours as long as the Pain continueth.

Some are mightily against putting Opium into the Ears, for fear it relax the Tone, and cause Deafness: For my part, I have had no great Experience of it myself, but don't think it's likely to do so.

A Cataplasim of Eggs.

Take Yolks of Eggs boil'd hard 4; Oil of Amber 2 Scruples; Linseed Oil as much as needful; mix them well in a Mortar.

It's for the Piles when swell'd and painful.

A Ca-

A Cataplasm with Elder.

Take green Leaves (or in the Winter-time, inner Bark) of Elder 4 Ounces; cut and boil them in Milk till soft; strain away the Milk, and to the Mash add soft Soap 1 Ounce; spread it upon a double Cloth; straw it with Ceruse, and apply it warm.

It wonderfully qualifies Saint Anthony's Fire.

A Cataplasm for the Feet.

Take Venice Treacle 2 Ounces; Mustard-seed, Grains of Paradise, each 1 Ounce and half; Bay-salt 1 Ounce; black Soap 2 Ounces; Oil of Spike 2 Scruples; Vinegar a Quantity sufficient; mix all.

That I may practically explain (according to my Notions) the several Kinds, Manner of Operation, and rational Use of Applications to the Feet; I say they act,

I. By impressing a brisk Touch on the Soles of the Feet; and the *Cutis* there being exquisitely sensible, the Force of the Medicine thence derived on, to the minute Fibres, Membranes, Nerves, Brain and Spirits, and so very readily to the Heart, Arteries and Blood. Of this kind there are two sorts.

1. Those that are by Nature quieting, and made actually hot, as the *Lotion for the Feet* (which see) and they are used properly, when the Blood being in an high Ebullition, circulateth unequally, and rusheth impetuously into the superior Parts: As in burning hot Head-achs and Watchings.

2. Those

2. Those that are Acrid, Stimulating, as the *Cataplasm of Herrings*, and of *Radish*: And they are indicated when the Spirits being oppressed (but not exhausted and vanquished) grow stupid and sluggish as in soporose Cases.

II. They act (not upon the Feet primarily, but) on the Spirits, by an immediate Contact of Particles sent off into the Blood. They are of two Sorts likewise.

1. Such as rouse up and expand, as Treacle, Garlick, Mustard, Euphorbium, &c. And these are required where the Spirits are spent, and languish so extreamly, that not being able to make good their Continuity and even Expansion, they fall into Startings, Tremblings and Stoppings, as in Fevers, with Twitchings of the Tendons, and swooning Fits.

2. Such as pacify the enraged Spirits, as Pidgeons and Chickens slit open alive, Lambs Lungs, &c. warm. And we use these, when the Spirits being vehemently irritated, fly into Explosions; as in pertinacious Watchings, Phrenzies, and Convulsions in Fevers.

A Cataplasm with Fullers Earth.

Take Crum of white Bread 4 Ounces; white Poppy-seed bruised 2 Ounces; boil in Milk; strain away the clear; to the remainder, add powder'd Fullers-earth, Oil of Roses, each 2 Ounces; Oil of Mace by Expression 1 Dram; Camphire 1 Scruple; mix.

Shave the Head, and apply this when the *Pericranium* (being over-heated and almost inflamed) exciteth Watching and Phrenzy.

But

But when the Cause lieth wholly inward, and the Brain itself is affected, I can hardly conceive how it's possible for outward Applications to have any considerable Operation through the *Cranium* and *Meninges*.

A Cataplasm of Herrings.

Take white Briony-root new digged up, (or if it be dried, then the Powder of it) 2 Ounces; black Soap 3 Ounces; Pickled Herrings (or Anchovies) 4 Ounces; Salt 1 Ounce and half; mix.

It's to be bound to the Soles of the Feet, and changed every 12 Hours, and is chiefly used where the Febrile Matter assaulting the Head, and oppressing the Spirits, causeth a Stupor or Sleepiness.

An Hydropic Cataplasm.

Take fresh-made Cow-dung 2 Pound; white Briony Root green gathered 1 Pound; Bay-berries half a Pound; Cummin-seed, Flower of Sulphur, of each 4 Ounces; with Lime Water (or strong Lixivium) make a Cataplasm, adding Hogs Lard 4 Ounces.

A Cataplasm with Juices.

Take Juices of Onions, Parsly, Smallage Fennel, each 2 Ounces; Crum of white Bread as much as will take it up; beat and mix in a Mortar.

This is to help off Urine when it stops. Let it be applied to the *Regio Pubis*, if the Cause be in the Bladder, or down athwart the Belly, if a Gravelly Stone slipping down, and stopping

by the way, have plugg'd up the Passage. See the *Diuretick Fomentation*.

A Lateral Cataplasim.

Take Meal of Linseed 8 Ounces; Fenugreek, Cummin, each 4 Ounces; Honey 2 Ounces; Linseed Oil as much as requisite; mix all in a Mortar.

It appeaseth Pain, wonderfully penetrates and discusses, hath its Use in a Pleurisy, especially if it lie outward.

It's a remarkable Observation of *Wallæus*, that Butter and Cummin-seed laid to the Breast, may be tasted in the Mouth.

A Cataplasim with Orris.

Take Orris Powder 1 Ounce; Honey 3 Ounces, or as much as serves; mix all.

It's profitable in a Quinsy, pituitous Affections of the Breast, and external Pain of the Side.

A Cataplasim with Poppy.

Take Red Roses dried and cut small 4 Scruples; white Poppy-seeds bruised; Oil of Roses, each half an Ounce; Barley-Meal 1 Ounce; Vinegar enough to temper it into a Consistence.

It being Refrigerating, Restricting and Anodyne, is good to be applied (lukewarm) to the Forehead, in a pulsing sort of Head-ach.

A Cataplasim in a Quinsy.

Take Figs 4 Ounces; Album Græcum half an Ounce; Flower of Sulphur, Long Pepper, each 1 Dram; Brandy 2 Ounces; Chymical Oil of Worm-

Wormwood 16 Drops; *Diacodium* as much as will serve; beat all in a Mortar till well mixt. To these may be added Swallows, or Pidgeons Dung; lay it to the Throat, from Ear to Ear, and renew it as it drieth.

Altho' a Quinsy be an Inflammation, and Repellers mostly have Place in the very Beginnings of Inflammations; yet in this Case, they are by all means to be avoided, because the Part affected being full of Salivary Glands, if by refrigerating and repelling Things wrongly applied, the *Saliva* be thickened, the Tone of the Part debilitated, the Obstructions increas'd and render'd more difficult, it cannot otherwise be, but that the Sick must be suffocated.

Now in this Distemper, the main Scopes we are to drive at, are to liquify the *Pituita*, and comfort, and empty the Glands; and these Intentions are serv'd best by such sort of warm external Applications and Gargles: Care being taken at the same time, to cut off, and prevent greater Inflammation, and a Flux to the Part, by plentiful Bleedings, Glysters, Epispasticks, and by proper Internals to appease the angry Rage of the Spirits, and allay the Effervescence of the Blood and Humours.

A Cataplasin with Radish.

Take Roots of Horse-radish, Squills, each 2 Ounces; Rue, Mustard-seed, Salt, each 1 Ounce; black Soap 2 Ounces; Vinegar, as much as useful, to beat it up with.

Sometimes, for the greater Stimulation, I use to add powdered *Cantharides* 2 Scruples; bind it to the Soles of the Feet in Fevers. See the

Cataplasm of Herrings, and Lotion for the Feet.

A Cataplasm with Sedum.

Take Conserve of Red Roses 2 Ounces; Juice of common Sedum, Syrup of Meconium, of each half an Ounce; Rases's white Troches powdered, as much as requisite to bring it to a just Consistence; mix.

It's of Use against Pain, Heat, Redness, Tumor, and Afflux of Humours to the Eyes.

A Sinapine Cataplasm.

Take Honey, Vinegar, Brandy, of each 1 Ounce; powdered Mustard, as much as will suffice, to give it a due Body; mix.

Use it in an Apoplexy, Palsy, and Pestilential Fevers.

A Stomach Cataplasm.

Take Venice Treacle 6 Drams, Cinnamon, Cloves powder'd, each 1 Dram; Chymical Oil of Mint 6 Drops; Oil of Wormwood 2 Drops; beat it up with a just Quantity of Vinegar.

It helps against Nauseousness and Vomiting.

A Cataplasm with Treacle.

Take Andromachus's Treacle 2 Ounces; Myrrh, (wrought up with the Yolk of an Egg) Virginian Snake-root finely powdered, Tartarised Elixir Proprietatis, of each half an Ounce; Oil of Turpentine 2 Ounces; Camphire 1 Scruple; Honey, as much as sufficient; mix artificially.

It renews and quickens the Circulation and Distribution of Blood, and Spirits, thro' the Parts;

Parts; recalls natural Heat; resists Putrefaction; cures venomous Bites and Gangrenes.

A Cataplasim with Turneps.

Take Turneps bak'd in an Oven 8 Ounces; Rue 4 Handfuls; Mustard-seed 2 Ounces; Oil of Juniper 2 Drams; Nerve Ointment, as much as needful; when it's spread upon a Cloth, sprinkle it with Powder of Euphorbium.

It's for Paralytick Limbs. See the *Paralytick Liniment*.

A Cataplasim of baked Turneps is excellent for a Tumour of the Scrotum.

A Cataplasim for Vomiting.

Take Quinces half a Pound; having cut them in Quarters, and taken out their Core and Seeds, boil them in Vinegar till soft; then beat them to mash in a Mortar, and add powder'd Balau-stines half an Ounce; when you have spread it on a double Cloth, strew upon it powder'd Cloves 1 Dram; and lay it to the Stomach very hot. Or in beating it up, you may add Hungary-water half an Ounce; and when it's spread upon the Cloth, put upon it powdered Cloves 1 Dram; Oil of Mint 8 Drops; and Oil of Wormwood 4 Drops.

A Cataplasim of Webs.

Take Venice Turpentine 2 Ounces; Juice of Plantain 1 Ounce and half; Figs 3; the yellow Paring of Orange Rind 2 Drams; Bole 1 Dram and half; Soot half an Ounce; Pidgeons-dung 1 Ounce and half; large Spiders-webs 6; black Soap 4 Ounces; Vinegar enough to beat it up with.

To drive an Ague, tie this about the Wrists, so as to make it bear hard upon the Pulses, two Hours before the Fit.

A Cordial Caudle.

Take sweet Almonds beaten in a Mortar 12; Yolk of Eggs 2; Conserve of Red Roses and of Gilly-flowers, each 1 Ounce; Aqua Cælestis half an Ounce; Canary Wine, Damask Rose-water, each half a Pint; work them about well together; then strain, and add Confection of Alkermes 2 Drams; Oil of Cinnamon 2 Drops.

It greatly nourisheth, recruiteth, and reviveth the Spirits, when wasted and low.

1. A Restorative Caudle.

Take the Pith of an Ox's Back out of its Skin half a Pound; Rose-water and Tent-wine, each 1 Pint; Dates minced small 10; Raisins of the Sun stoned 24; Cinnamon 2 Drams; let it stand stewing in Balneo 6 Hours; then strain and add to 6 Ounces of it, the Yolk of an Egg; Nutmeg and Sugar, as much as serves to make it palatable.

2. Restorative Caudle.

Take Tent-wine 2 Quarts, white Sanders, Acorn-cups, each half an Ounce; candied Eryngo-roots, Dates, Figs, each 4 Ounces; Nutmegs sliced thin half an Ounce; Archangel 2 Handfuls; boil to 1 Quart; strain it, and while it is yet a little warm, add the Yolks of 4 Eggs; white Sugar-candy 1 Ounce; mix all.

To these may be added Shavings of Hartshorn, Ivory, Priapus of the Sea-Horse, Clary, &c. give it warm for Breakfast every Day.

Currants

Currants Anthelminthic.

Take Currants (rubbed, and picked clean) half a Pound; Rhubarb (grated on a Grater, and loosely tied up in a thin Rag) half an Ounce; Coralline (likewise tied up) one Ounce; Purslane-water twelve Ounces; put all into a glaz'd Pipkin, lid it over with Paste, put it into an Oven, when the Household Bread is drawn out, and bake till the Currants are plump and soft.

Give a Child a Spoonful every Morning, especially about New and Full Moons.

Laxative Currants.

Take Senna 4 Ounces; Juniper-berries bruised 2 Ounces; White-wine and Water, each 1 Pint; make a close and warm Infusion for 6 Hours; then strain out the Liquor, and putting into it Currants (well picked and washed) 1 Pound; boil gently till they are soft and plump; then run the Liquor through an Hair-sieve; put into it as much Sugar as will serve to bring it into a thin Syrup; boil it a little, adding towards the last, Coriander-seeds and Ginger, of each 2 Drams; lastly strain out the Syrup, and pour it on the Currants to keep together for Use.

Manna 4 Ounces may be added to it, but then the less Sugar is requir'd.

The Dose is about 2 Spoonfuls of Syrup and Currants together.

A Decoction of Agaric.

Take Agaric (sliced and tied up in a Rag) 2 Drams; boil it in Water to 3 Ounces; adding towards the last, Cloves bruised half a Dram;

to the *Liquor* when strain'd and quite cold, add *Scammony* prepared 4 Grains; *Syrup of Roses* solutive 1 Ounce; *Oil of Aniseed* 1 Drop; mix up for a *Potion*.

It's very convenient when clammy *Phlegm*, besmearing the *Viscera*, is to be purged off: And particularly, I have several times observed it most admirable for *Green-Sickness* Girls, and to prepare them for *Chalybeats*: And I have known it to do good Service in *Cutaneous Affections*. *Agaric* is also used to cleanse the *Head* and *Lungs*, when *Evacuation* is required.

A Decoction of *Allium*.

Take *Turners Chips of Lignum-vitæ* 3 Ounces; *Roots of Zedoary* 1 Ounce and half; Decoct in *Spring Water* 6 Quarts, to 3 Quarts; towards the End adding *Roots of Allium* bruised 3 Ounces; *Seeds of Anise*, wild *Daucus* and *Cummin*, of each 1 Ounce; and to the strained *Liquor* put *Spirit of Scurvy-grass* half an Ounce; mix.

It's *Aperitive*, and *Diuretic*, good in a *Dropsey*, and may be taken *Morning* and *Afternoon* to 6 Ounces.

A strict Diet of *Allium* Broth, without any other Meat or Drink for a considerable time, is said to have had marvellous Effects in a *Dropsey*.

A Decoction of *Althæa*.

Take *Roots of Althæa* 2 Ounces; *Herb of Althæa* 1 Handful; boil in *Barley-water* 3 Pints, to the wasting of half: Strain, and add compound *Radish-water*, *Brandy*, of each 4 Ounces; *Berries of Juniper*, and *Bay*, of each half an Ounce; *Seeds of Anise*, sweet *Fennel*, *Carraway*
and

and wild Daucus, of each 2 Drams; give a warm and close Infusion for 2 Hours; then strain, and dissolve in the Liquor (over the Fire) Gum Arabick 1 Ounce; Syrup of Meconium 4 Ounces.

This is a singular good Composition; for it causeth Urine, and cleanseth away Gravel; and yet at the same time obtunds Acrimony, and easeth Pain.

Antiloimic Decoction.

Take Roots of Zedoary half an Ounce; Contrayerva, Spanish Angelica, Shavings of Hartshorn and Ivory, each 2 Drams; Cockineal whole 2 Scruples; boil these in fine clear Barley-water, from 2 Pints and half to 24 Ounces; throwing into it, towards the last, Saffron 1 Scruple: To the strain'd Liquor not squeezed add Epidemical and Treacle-water, each 2 Ounces; Syrup of Gilly-flowers 4 Ounces; Juice of Kermes strain'd half an Ounce; Leaves of Gold 4; mix all together.

When the Venom of a Malignant Fever assaulting the Spirits, stupifies, and almost strikes them dead, these generous Alexipharmacs (timely and frequently exhibited) inspire new Vigour, shake off the deleterious *Copula* and so sometimes snatch the Sick out of the very Jaws of Death.

But when the Malignity is of an agile, fierce and furious Nature (such as it is in the Small-Pox, Measles, and all those Inflammatory Fevers that partake of Malignity) then *Alexipharmacs*, which drive the Blood into Fervours, and the Spirits into Fury, are to be look'd upon as no better than Poisons.

Antiphthifick Decoction.

Take Ox-Eye-Daisy-flowers dry'd 1 Handful; Snails wip'd clean 3; candied Eryngo-root half an Ounce; Pearl-barley 3 Drams; boil in Spring Water from 1 Pint and half to 1 Pint, and strain it out.

It smoothes and restrains the saline turbulent Particles of the Blood, so as to hinder it from rushing impetuously through the Canals; ravaging and tearing off the Substance of the Lungs and solid Parts. Also it brings in a Supply of such soft and inoffensive Nourishment, as gives no Trouble to the Blood when 'tis weak, and of a broken *Crafsis*: It takes place therefore, in a newly begun Consumption, Hectic Fever, Night-Sweats, &c. where the Colliquation and Subtraction of the Humours causeth a Wasting of the Musculous Parts.

Let the Sick sup it off hot, from a quarter to half a Pint, with an equal Quantity of Milk, for Supper and Breakfast.

An Aperient Decoction.

Take Roots of Parsly and Fennel, each 1 Ounce; Barks of Capers and Tamarisk, each half an Ounce; Herbs of Ceterach, Harts-tongue, Agrimony, Liver-wort, each 1 Handful; boil these in Water and White-wine (added towards the last) each 1 Pint and half, to 28 Ounces; when 'tis strain'd, dissolve in it Syrup of the 5 opening Roots, and Oxymel simple, each 2 Ounces.

It may contend with the temperate Scorbutick Ale for Virtues, and excels it in this, that it's a more potent Diuretick.

An Astringent Decoction.

Take Pomegranate-peels bruised 1 Ounce; boil it in 3 Pints of Water, till half be evaporated; adding, towards the last, Cloves bruised half a Dram; Nutmeg 1 Dram; strain, and add Syrup of dried Red Roses 3 Ounces; strong Cinnamon-water 4 Ounces; Mint-water 1 Ounce; Venice Treacle 2 Drams; mix.

It strengthens the Ventricle and the rest of the *Viscera*: Is of much use in an enormous symptomatick Diarrhœa, Dysentery, &c. The Dose 4 Ounces; twice a Day.

A Balsamic Decoction.

Take Malaga Raisins stoned and chopp'd to pieces 2 Ounces; Roots of Sarsa, China, Liquorice, each half an Ounce; Shavings of Harts-horn and Ivory, each 2 Drams; Tops of St. John's Wort 1 Handful; boil in fine clear Barley-water 3 Pints to 30 Ounces; adding (when it is half boiled) Balsam of Tolu 3 Drams; when it's cold, strain, and add Syrup of Rasberries 2 Ounces; Balsam of Peru 8 Drops; Oil of Nutmegs 2 Drops; mix.

Mastick 6 Drams may be added as it is boiling.

Its given to good purpose in a Consumption; forasmuch as it corrects acrid *Ichor*, emptieth the stuffed *Bronchia*, dissipates crude Tubercles, and healeth ruptured Vessels. The usual Dose is a quarter of a Pint, two or three times a Day, a little warm'd; for Things that are actually cold, injure the Lungs, when they are tender and wounded.

A Decoction of Barbary Rinds.

Take Barbary-rinds, Turmerick, each half an Ounce; Calendine 4 Handfuls; Goose-dung (tied up in a Rag) 2 Ounces; boil in Water 2 Pints and half, towards the last adding White-wine half a Pint; Saffron 1 Scruple; reduce it to 1 Quart, and strain it out.

This is a good Medicine against the Jaundice. Its Dose 4 Ounces; together with Syrup of the 5 opening Roots, and Oxymel of Squills, each 3 Drams; twice a Day.

A certain Physician used to pronounce the Jaundice mortal, where he saw not only the Skin of the Face, but that of the Head also of a dusky yellow Colour.

A Decoction for the Bite of a Mad Dog.

Take Turners Chips of Box-wood, Male-Piony-seed, each 1 Ounce; Herbs of Sage, Wood-sage, Betony, Sanicle, Angelica, Devil's-bit, Woody Night-shade, each 1 Handful; boil these in Water 5 Pints to 4, and strain it off.

Let the Party take a quarter of a Pint, together with Venice Treacle half a Dram, three times a Day. I never used this; but that in *Pharmacopæia Bateana*, I have sometimes, with Success, so as to prevent Madness after a Bite; but if the least Symptom once appear, I suppose all Medicines will come too late.

A Bitter Aromatic Decoction.

Take Roots of Calamus Aromaticus, Gentian, each 2 Drams; Galangale 4 Scruples; Herbs of Centory and dried Wormwood, Flowers of Chamomel

momel and Stæchas, each 1 Dram; make a Decoction in Water 3 Pints to 2, adding at the last Carraway-seeds bruised half an Ounce; strain it.

It enjoys all the Virtues of our *Bitter Draught* in the *London Dispensatory*; but with this Advantage, that it more powerfully discuteth Wind, and warmeth the Stomach; give 4 Ounces twice a Day.

A Decoction of Burdock.

Take Burdock-roots 4 Ounces; Chamæpitys 4 Handfuls; boil in Water 3 Pints to 28 Ounces; strain, and add Magistral Worm-water 4 Ounces; Spirit of Scurvy-grass, Elixir Proprietatis tartariz'd, each 2 Drams; mix.

It's design'd against the Gout; for by reason of its Stomachic Virtue, it corroborates the Ventricle and Intestines, and prevents the morbid Matter from falling on them. By reason of its digestive Faculty, it keeps the Blood in a due Mixture, and hinders its Fusion. By reason of its Neurotick Quality, it comforts the Nerves, and restrains the raging Excandescence of the Spirits. And lastly, by reason of its Diuretic Force, it drains off the Arthritic Humours by Urine, and so secures them from rushing into the Joints.

A Cachectic Decoction.

*Take Polypodium-roots 1 Ounce; Ash-tree Bark, Tamarinds, each half an Ounce; Raisins 1 Ounce; Cream of Tartar 2 Drams; boil in Water 20 Ounces to 12; to the Liquor when strain'd, add White-wine 4 Ounces; Juice of Lemons half an Ounce; Senna 1 Ounce; Rhu-
barb,*

barb, Agaric (tied up in a Rag) each half an Ounce; give these a warm and close Infusion for 12 Hours: In the strain'd Liquor dissolve Manna 2 Ounces; strain again, and add at last a Syrup of Succory with Rhubarb 2 Ounces; Oil of Aniseed 2 Drops; Spirit of Scurvy-grass, Elixir Proprietatis, each 4 Scruples; mix all together for 4 Doses.

This is something Operose, according to the manner of *Apozems*, which are not so frequently prescribed now-a-days, as formerly.

Rough Medicines, and short Courses, are not for Cachectic Persons. They are habitually weak; their Spirits few, their Blood depauperated; their Juices depraved; their Passages obstructed; their Fibres relaxed; and now to renovate, and reduce all again to a sound State, will cost a great deal of Time and Patience; and will require prudent, and gentle Management; 'twill not be sufficient to pitch upon proper and efficacious Medicines; but they must be daily renewed, and steadily continued, or otherwise 'twill be impossible to perfect the necessary and great Works of Commixtion, Agitation, Digestion, Exaltation, Assimilation, Secretion, and Evacuation. Let those that practise by Receipts, without rational Method, read over this again.

A Decoction in a Cancer.

Take Roots of Figwort, Mullein, each 2 Ounces; Filipendula, Herb Robert, Ceterach, Agrimony, Tormentil, Scabius, Toad-flax, each 1 Handful; Flower of Elder, Rosemary, each 1 Pugil; Nettle-seed 2 Drams; make a Decoction in Water 3 Quarts to 3 Pints and half; to the strained

strained Liquor add Altering Syrup of Apples, and Syrup of Citron Juice, each 4 Ounces; mix all.

Let a good Draught be taken thrice Day.

A Decoction in a Catarrh.

Take yellow and red Sanders, each 2 Drams; Guaiacum, Sassafras, each half an Ounce; Liquorice 1 Ounce and half; Raisins 1 Ounce; boil in fine Barley-water 3 Pints to 1 Quart; adding at last Juice of Hounds-tongue Leaves 4 Ounces; strain it.

The Dose is a quarter of a Pint thrice a Day.

A Decoction of Catechu simple.

Take Japanic Earth 2 Drams; boil in Water 1 Pint to 12 Ounces; let it stand to subside; then having poured out the clearest, add strong Cinnamon-water, Syrup of Quinces (or of dried Roses) each 2 Ounces; mix.

It notably constringeth the *Oscula* of the *Papillæ*, and excretory Ducts of the Glands; defendeth the exquisitely sensible Membranes by coating them over with a soft *Mucus*; appeaseth the irritated Spirits; and upon these Accounts, I have often observed it to stop a thin tickling Catarrh, beyond almost any other Medicine whatsoever.

The Dose 4 Ounces, three time a Day.

A Decoction of Catechu compound.

Take Guaiacum, Sassafras, each 3 Drams; yellow and red Sanders, each 2 Drams; the blackest Part of Japanic Earth powdered, half an Ounce; Liquorice 1 Ounce; dried Sage 1 Handful;

ful; boil in Barley-water 3 Pints to 30 Ounces; strain it out, and set it by to settle; then pour off the clearest, and add *Diacodium* 2 Ounces; Oil of Aniseed 1 Drop; mix.

A Cephalic Decoction.

Take *Guaiacum*, *Sassaphras*, each 2 Drams; *Male-Piony Root* 1 Ounce; dried *Sage*, *Marjoram*, *Betony*, *Arabian Stæchas-flowers*, each half an Handful; boil in Water 3 Pints to 28 Ounces; to the strain'd Liquor, add *Compound Piony Water*, *compound Syrup of Piony*, each 2 Ounces; *Tincture of Castor* 2 Drams; Oil of *Rosemary*, *Nutmeg*, each 2 Drops; white Sugar, 1 Ounce; mix.

It's aptly prescrib'd in cold Rheumatic Affections of the Head and Nerves, for Prevention of an Apoplexy, Epilepsy, Benumbedness, Palsy, Vertigo, &c. And it's to be given to a quarter of a Pint twice a Day.

A Cerevisiate Decoction.

Take *Turners Chips of Lignum Vitæ*, *Liquorice*, of each 1 Ounce; *Malaga Raisins stoned and chopped small* 2 Ounces; *Japanic Earth* 2 Drams; boil in good strong Ale-wort 3 Pints to 30 Ounces, to the strained Liquor (clarified by subsiding) add *Tincture of Benjamin* 2 Drams; *Syrup of Balsam* 2 Ounces; mix.

Its Virtues are much the same with those of the Pectoral Extract; only it more powerfully warms, incides, and expectorates, but doth not lubricate, and maturate so much.

A Decoction of Chamæpitys.

Take *Ground-Pine dried* 2 Handfuls; Flowers

ers of Stæchas 2 Drams; Male-Piony Root 1 Ounce; boil in Water 3 Pints to 1 Quart; strain and add Spirit of Scurvy-grass, and of Laven-der compound, each 1 Dram; mix.

It's a Medicine for Prevention of the Gout, and Cure of Joint-Pains. Let a quarter of a Pint be taken (together with Spirit of *Sal Armoniack* 20 Drops) thrice a Day.

A Capzagogue Decoction.

Take Malaga Raisins stoned and chopped small 2 Ounces; boil in Spring Water a Pint and half to a Pint; in the strained Liquor infuse warm Senna, Seeds of Carraway and Cummin, of each 6 Drams; Salt of Tartar 1 Scruple in the strained, dissolve Syrup of Roses solutive, Manna, of each half an Ounce; mix.

I have more than once known this operate excellently (without provoking Vomiting) in the Cholic, and where the Intestines were obstructed with *Scybali*.

A Decoction of Coralline.

Take Mercury vive 2 Ounces; Dittany of Crete 2 Drams; powder'd Coralline half an Ounce; boil in Purslane-water 1 Pint and half to 14 Ounces; when it's strain'd and separated from the Mercury, sweeten it with Syrup of Lemons 2 Ounces.

Van Helmont commends an Infusion of Mercury against Worms; and it's said of him, he never commends any thing without Reason, tho' he sometimes commends beyond Reason.

Let it be given to Children to about 2 Ounces, twice a Day (for 4 Days running) before

the New and Full Moon, and before Purging.

A Depurating Decoction.

Take Roots of Quick-grass, Butchers Broom, Fennel, Parsly, each 1 Ounce; Herbs of Cleavers, Dandelion, each 1 Handful; Currants chop'd small 2 Ounces; boil in Water 3 Pints to 28 Ounces; strain and add Salt Prunel 2 Drams; Syrup of the 5 Opening Roots 4 Ounces; mix.

It egregiously depurates the Blood, powerfully provokes Urine; is excellent after Fevers that have boil'd up the Blood into a retorrid *Crisis*: Is profitable for Scorbutic Persons of an hot Temperament; frees the Bladder from Gravel and *Mucus*. The Dose is 6 Ounces twice a Day.

A Decoction in a Diarrhoea.

Take powder'd Bole Armoniac 1 Ounce; soft white Chalk 3 Ounces; boil in Water 3 Pints to 26 Ounces; strain and set it by to subside; then having poured off the clear, add Diascordium half an Ounce; Cinnamon Water, Syrup of Quinces, and of dried Roses, each 2 Ounces; Oil of Nutmegs 2 Drops; mix.

To repress a *Diarrhœa*, give a quarter of a Pint as often as the present Exigence indicates.

A Diuretic Decoction.

Take Roots of Fennel, Sparagus, each 2 Ounces; Winter Cherries 16; Golden-rod 2 Handfuls; boil in Water and White-wine (added towards the last) each 18 Ounces to 22 Ounces; to the strained Liquor add Horse-raddish Water Compound 2 Ounces; Juice of Parsly depurated,
Syrup

Syrup of Marsh-mallows, each 4 Ounces; Millepedes (tied up in a Rag alive, bruis'd, and wash'd out into it) 300; Salt Prunel 2 Drams; mix.

It causeth a very plentiful Secretion of Serum, and saline Recrements from the Blood, and effectually washeth out the Reins, Ureters and Bladder. The Dose from a quarter to half a Pint, or more; for diluting Medicines ought to be given in large Quantities.

A Diuretico-Cathartic Decoction.

Take Nettle-roots 1 Ounce; Juniper-berries half an Ounce; boil in Spring Water a Pint and half to a Pint, towards the latter end adding Seeds of Parsly, wild Daucus, of each 2 Drams; to the strained add Senna half an Ounce; Rhubarb, Agaric, (cut thin and tied up in a Rag) of each 2 Drams; crude Salt of Armoniac 2 Scruples; compound Radish-Water 2 Ounces: Infuse warm and close 6 Hours; then strain and clear out 14 Ounces; to which add Spirit of Scurvy-grass 4 Scruples; Oil of Aniseed 4 Drops; Syrup of Roses solutive 2 Ounces; mix.

Let it be divided into 4 Potions.

An Edulcorating Decoction.

Take Sarsa, China, each 3 Ounces; yellow and red Sanders, Harts-born, Ivory, each 6 Drams; infuse according to Art, and boil in Water 6 Quarts to 6 Pints; which strain off and edulcorate with Sugar to make it palatable.

It's said to correct the Acridness of the Lymphatic Serum, and lessen its Quantity; as also to promote Perspiration gently without heating: It's accounted of great Use in a recent Consum-

ption, flying Pains, Rheumatick Affections, Ulcers and cutaneous Distempers. The Dose half a Pint, twice a Day.

An Emmenagogue Decoction.

Take Roots of Smallage 2 Ounces; Calamus Aromaticus, Bay-berries, each 2 Drams; Zedoary, Cubebs, each 1 Dram and half; Mace 2 Scruples; Galangale, Grains of Paradise, each half a Scruple; Dittany of Crete, Pennyroyal, each 1 Handful; boil in Water 1 Quart, and White-wine 1 Pint to 28 Ounces; when it's strain'd add Tincture of Saffron (made into Treacle-Water) 1 Ounce; Syrup of Stæchas 3 Ounces; mix.

It excites a new Orgasm in the Mass of Blood; and forcing it briskly into the Uterine Arteries, opens the Extremities of the Vessels.

Let the Patient first purge, and then near the time of the *Menstrua*, take from a quarter to half a Pint twice a Day, and use Exercise, and beware of catching Cold.

An Expectorating Decoction.

Take Orris Root 2 Ounces; Agaric (tied up in a piece of Linnen) 4 Scruples; dried Tobacco; 1 Scruple; Hyssop, Thyme, each 1 Handful boil in Water 36 Ounces to 28 Ounces; strain and add Oxymel simple 4 Ounces; mix.

The Ingredients of this Decoction are endued with subtle and acrious Parts; which therefore (by way of the Blood which they pass through first) penetrate into the Tracheal Ducts, and there meeting with clammy Matter, so divide, attenuate, move and work it, that the Fibres
thence

thence irritated, and successively contracted in Coughing, they force up whatsoever is contained in the *Trachea* and *Vesicles*. It's a true and very potent Medicine, and shou'd be supp'd up (like Coffee) very hot, twice a day or oftner, if there be no Fever.

The bitter Febrifuge Decoction.

Take Chamomel-Flowers dried 2 Ounces; Cochineal 16 Grains; boil in Water 3 Pints to 1 Quart; in the strained dissolve Salt of Wormwood 2 Drams; mix.

Sometimes I add Treacle-Water 2 Ounces; Oil of Juniper 16 Drops; Spirit of Sal Armoniac 80 Drops. And when expedient, put 20 Drops of Liquid Laudanum into the Night Dose.

It's justly esteemed a Specific in Intermitting Fevers, and a Remedy inferior to none, but the *Peruvian Bark*; nay sometimes it hath succeeded, when that hath fail'd. I use to order 4 Ounces of it every three Hours, between Fits.

The Magistral Febrifuge Decoction.

Take fine powder'd Bark of Peru 2 Ounces; boil in Water 1 Quart to 14 Ounces; strain, and to the Mass remaining having poured a Quart more of Water, boil it again to 14 Ounces; adding (about the middle of the second Boiling) Balsam of Tolu 3 Drams; Cochineal 1 Scruple; when it's cold, strain, and having mixed both the strained Liquors together, add Syrup of Giliflowers 4 Ounces; Oil of Nutmegs 2 Drops.

A very long and consummate Coction is requisite, to extract the whole Virtue of the Cor-

tex: I remember, when once (for Experiment Sake) I boiled it a great many times, I could not so totally exhaust it, but that the eighth Boiling was still manifestly bitter. That we may therefore the more effectually draw out the Virtue of this, and other such like obstinate things, it's advisable to make them (not into a gross, but) most fine Powder, and force it, with long and repeated Coction.

When Patients are so weak-stomach'd, or so humourfome, that either they cannot or will not admit of the Bark in Substance, this Decoction useth to stand me in stead; though I acknowledge, it's of much more Avail in Substance.

The Dose is 4 Ounces every 3 or 4 Hours, when the Paroxysm is off; and so is to be continued from Fit to Fit, till the Fever be conquer'd,

The Saline Febrifuge Decoction.

Take Salt of Wormwood 8 Scruples; white Sugar 4 Ounces; boil these in Water 1 Quart, and despume.

I have very often found this an effectual Medicine, and am wont to prescribe it then especially, when a remitting Fever would not obey the *Cortex*, and began to threaten running over to the Party of continual Fevers. Let 2 Ounces be taken each other Hour.

Fracastorius's Decoction.

Take Diascordium 6 Drams; Alexiterial Milk-Water 10 Ounces; boil to 8 Ounces; strain and add Mint-Water half an Ounce; strong Cinnamon-Water 2 Ounces; Syrup of Meconium
1 Ounce

1 Ounce and half; mix up for 3 Doses.

This has even Divine Virtue against a *Diarrhæa*; for it most potently (and almost beyond any thing else) stills and stops sick Fits, Anguish, griping Tortures and Rage of the Ventricle and Intestines: It's of notable Use, especially in such Fevers, as are accompanied with a Symptomatic Flux of the Belly.

Fracastorius's small Decoction.

Take *Diascordium* half an Ounce; *Cochineal* 1 Scruple; boil (for 2 or 3 Walms) in Water 1 Pint; adding Sugar half an Ounce; strain through a Flannel, and add Cinnamon Water 2 Ounces.

Let it be used for constant Drink in Fevers of an ill kind, all the while they are attended with a *Diarrhæa*.

A Decoction for Clysters.

Take *Mallows* 2 Handfuls; *Violet Leaves*, *Groundsel* each 1 Handful; *Chamomil-Flowers*, *Flax-seed*, each 2 Drams; sweet *Fennel-seed* half an Ounce; make a Decoction in Water 1 Pint and half to one Pint; which strain out for Use.

It differs little from the common Decoction in the *London Dispensatory*; but because *Beets*, *Pellitory of the Wall*, and *Mercury*, may not be always at hand, and are of no value if kept dry, I thought it worth setting down, as more parable and sooner got ready.

A Decoction of Hemp-seed.

Take *Hemp-seed* bruised 3 Ounces; *Agrimony*,
E 4 *Shepherds*

Shepherds Pouch, Plantain, Knot-grass, each 1 Handful and a half; boil in Water 3 Quarts to 2 Quarts; edulcorate the strain'd Liquor with Sugar 4 Ounces; or with Syrup of dried Roses.

It's accounted a Secret, and a Specific against involuntary Pissing a Bed. The Dose half a Pint twice a Day, or 4 Ounces for a Youth.

A Decoction of Hounds-Tongue.

Take Hounds-Tongue Leaves 2 Handfuls; Liquorice half an Ounce; Raisins 2 Ounces; boil in Water 2 Pints and half to 30 Ounces; adding at last, Aniseeds half an Ounce; to the strain'd Liquor add Diacodium 2 Ounces; mix.

It's an excellent Thing, and well accommodated for a Cough, Roughness of the *Trachea*, and all the Distempers of the Chest, and Organs of Breathing, arising from sharp Rheums. Let a Quarter of a Pint be taken twice or thrice a Day.

A Decoction of Horse-Tail.

Take Horse-Tail Herb 6 Handfuls; middling Quinces cut to pieces 3; Sumach, Myrtle-berries, each 1 Ounce and half; red Roses dried 1 Handful and half; Balaustines 3 Drams; boil in Water 9 Pints to 5 Pints and a half; adding towards the last, Gum Tragacanth 6 Drams; strain and add Honey of Roses, Syrup of dried Roses, each 3 Ounces; Syrup of Myrtle-berries 1 Ounce and half; mix.

This hath been kept as a Specifick in Ulcers of the Bladder. Give a Draught three times a Day.

An Hysteric Decoction.

Take Turners Chips of Box Wood, white Briony Root, each half an Ounce; Male Piony and wild Valerian Roots, each 1 Ounce; Stæchas flowers 2 Drams; Myrrh bruised 1 Dram; boil in Water 1 Pint and half, (towards the end putting in Juice of Rue 1 Ounce; to 14 Ounces of it strain'd, add Briony Water compound 2 Ounces; Tincture of Castor 2 Drams; Oil of Amber 32 Drops; white Sugar 1 Ounce; mix. The Dose 5 Spoonfuls.

An Icteric Decoction.

Take Roots of Turmerick, Madder, each 1 Ounce; Celandine Roots and Leaves 2 Handfuls; Earth-worms (slit open and washed clean) 20; boil in Water and Rhenish Wine (added towards the last) each 1 Pint and half to 28 Ounces; to the strained Liquor, add Tincture of Saffron (with Treacle Water) 1 Ounce; Syrup of the 5 opening Roots 3 Ounces; mix.

It inspires the Mass of Blood with a fresh, yet mild Ferment; searcheth the Hepatic Glands, and specifically cleanseth and cleareth the bilious Passages. After due purging, let a quarter of a Pint be drank twice a Day, till the Yellowness disappear.

An Incrassating Decoction.

Take Gum Arabic grossly powdered 3 Ounces; boil it in Water (carefully stirring it, lest it burn to the Skillet) from 1 Quart to 28 Ounces; and add Syrup of Marsh Mallows 4 Ounces; mix.

It

It increaseth acrid, thin *Lympha*, and as 'twere sheaths up the sharp Points of its saline Particles. It's a very good Remedy, and easy to be had, against scalding Urine; may be useful in a troublesome, tickling Cough; and a Diabetes. I have tried it in a Rheumatism, but did not find it answer: And (by the by) the *Serum* of the Blood, in that Distemper, is not more Salt than usual, to my Taste. I use to prescribe a quarter of a Pint twice a Day.

A Decoction of Juniper.

Take Juniper-berries (well bruised, and tied up in a Rag) 4 Ounces; boil them in Canary Wine 3 Pints to 1 Quart, and strain.

It's a Stomachic, Carminative, Anticolic, Splenetic and Diuretic Medicine. Let 2, 3, or 4 Ounces be taken twice or thrice a Day.

A Decoction of Juniper comp.

Take Juniper-berries (so bruised that the Kernels may be broken, and tied up in a Rag) 4 Ounces; boil in 3 Pints of fair Water to a Quart. Then having put into it Seeds of Anise, Caraway, sweet Fennel, and Coriander bruised, of each 2 Drams; Salt of Wormwood 1 Dram; cover all close, and set by till cold: Then strain (without much squeezing) and put to it fine Sugar 2 Ounces; Spirit of Scurvy-Grass, Spirit of Sal Armoniac, of each 4 Scruples; mix.

Juniper-berries are called German Spice, and are enriched with a volatile Aromatic Salt, and a Balsamic, and (as 'twere) Terebinthinate Oil.

This

This Decoction strengthens the Stomach; helps Concoction; dissipates *Flatus*; prevents the Cholic; alleviates Hypochondriac Maladies; comforts the Brain, Nerves, Lungs, Reins, and *Uterus*; corrects Putrefaction; alters and amends the Calculose Disposition of the Kidneys; promotes the *Menses*, and cleanseth by Urine.

A Decoction called Liberans.

Take *Sarsa* 6 Ounces; *Currants* cut small 8 Ounces; infuse (according to Art) and boil in Water 6 Quarts to 3 Quarts; when it's cold, quench in it *Calx vive* half a Pound; let it stand to subside, then pour off the clear, and put it into Bottles.

Another way of making this is, to make the *Aq. Calcis* first (allowing to every Gallon of Water 1 Pound of *Calx*) and then infuse the Ingredients in it; thus:

Take *Sassaphras*, *Liquorice*, *Aniseed*, each 4 Ounces; *Calx Water* (pure clear) 2 Gallons; infuse cold 3 Days, then strain.

It gives great Relief in Defluxions, Struma's, Diabetes, and running Ulcers. For *Calx* affords an excellent Salt, by which the Muriatic Particles of the Blood being precipitated, the whole Mass becomes more mild, and thereupon more easily embraces the new Chyle, and changeth it into its own Nature; whereby the Flux of the Chyle, to the ulcer'd (or otherwise ill affected) Parts, is render'd less, and consequently a Cure is the sooner wrought; a quarter of a Pint is to be taken thrice a Day.

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A Decoction of Liquorice.

Take Spanish Juice of Liquorice half an Ounce; Honey 1 Ounce; Water of Calx 1 Pint; boil to a total Dissolution of the Juice; and then having strained, cooled, and decanted the clear Part, add Tincture of Benjamin 4 Scruples; mix.

It's very commodious against a Defluxion of thin acrid Rheum.

The Malaga Decoction.

Take good Malaga Raisins stoned and chopped 2 Ounces; Althæa Root 1 Ounce; Liquorice half an Ounce; Mallow-leaves whole 2 Handfuls; Linseed 2 Drams; boil in depurated Barley Water 3 Pints to a Quart; in the strain'd, dissolve (over the Fire) Gum-Arabic 1 Ounce; mix.

It obtunds, levigates, and increassates; and is therefore of Use in a Catarrh, and a Strangury.

A Magistral Decoction of Mallows.

Take Mallow Leaves whole 8 Handfuls; boil in Water 4 Quarts to 3; let the Liquor run through a Sieve or Cullender of itself, without squeezing; put into it more whole Mallows 4 Handfuls; boil again to 2 Quarts, strain again as before; let it stand to settle, then pour off the clear, and put into it Marsh-Mallow Roots 4 Ounces; Liquorice, Raisins, each 1 Ounce; Gum-Arabic half an Ounce; Salt Prunel 2 Drams; boil to 30 Ounces; which, after it's strain'd, sweeten with Syrup of Marsh Mallows 2 Ounces; mix.

It

It consists of mild, soft, mucous Particles, and so blunts the Acrimony of Humours, in-craſſateth the too thin *Serum*, refrigerateth the Fervour of the Blood, moisteneth the parboil'd, dry, Habit of the Body; is Diuretick, and as good as any thing is, in the Stone.

Dr. *Grew* saith, 1 Pound of Mallows yields 5 Drams and 2 Scruples of Lixivial Salt, that is the 23^d Part of the whole: So that this Plant, tho' of a very mild Taste, yet yields more Salt, than Mint itself, a bitter Plant. Whereby it no longer seems strange, that a Plant of so soft a Taste should be so very Diuretick, and so evidently affect the Reins.

A Decoction of Mastich.

Take Mastich 1 Ounce; Mace 1 Dram; the bottom of a well baked white Loaf; boil in the Decoction of burnt Hartshorn (settled and decanted clear) 3 Pints to a Quart; having strain'd it, add Conserve of red Roses 4 Ounces; infuse hot 4 Hours; then clear it through Hippocrates Sleeve, and mix into it strong Cinnamon-Water 2 Ounces.

Against *Nausea* and Vomiting give it little at a time, and often. Against *Diarrhæa* give 4 Ounces.

A Nephritic Decoction.

Take Roots of Marsh-Mallows 1 Ounce and half; Liquorice half an Ounce; Golden Rod 2 Handfuls; Pellitory of the Wall, Marsh-Mallows, each 1 Handful; Figs 4; Juniper-berries, Seeds of Macedonian Parsly, Burdock, Grom-well (the Seeds to be added about the middle of
the

the Coction) each 1 Dram; boil in Posset-Drink (turn'd with White Wine) 3 Pints to 28 Ounces; strain and sweeten with Syrup of Mallows 4 Ounces.

A Decoction of Nettles Acid.

Take Roots of Nettles fresh gathered 4 Ounces; Nettle-Seed, white Tartar powdered, of each half an Ounce; boil in fair Water 3 Pints to the Evaporation of half; to the strained add Rhenish Wine 4 Ounces; Syrup of Violets, and Lemons, of each 2 Ounces; mix.

To cause Urine, give 4 Ounces, or more, for a Dose.

A Decoction of Nettles Alcalisate.

Take fresh Nettle Roots 4 Ounces; Nettle Seed half an Ounce; Nettle Leaves cut 2 Handfuls; boil these in Well-Water 3 Pints to 26 Ounces; in the strained dissolve Salt Prunel, Salt of Tartar, of each 2 Scruples: Lastly, add Radish-Water compound, Syrup of the 5 Opening Roots, and Syrup of Marsh-Mallows, of each 2 Ounces; Spirit of Sal Armoniac 80 Drops; mix.

A Neurotic Decoction.

Take Guaiacum Chips 1 Ounce; Roots of Male Piony half an Ounce; Aromatic Calamus, Spanish Angelica, of each 2 Drams; fair Spring Water 3 Pints; make a Decoction to 28 Ounces; strain, and add Oil of Rosemary 32 Drops; Balsam of Peru 16 Drops; the Yolk of one Egg; fine Sugar, Compound Piony-Water, of each 2 Ounces; Compound Spirit of Lavender, Spirit of

of Salt Armoniac, of each 80 Drops; mix artificially.

The Use of this is to clarify, and to fortify the Head and Nerves.

A Decoction of Oak Bark.

Take green Oak-Bark (peeled off from young Branches) 4 Ounces; boil it in the Decoction of burnt Hartshorn (depurated by Precipitation) 2 Quarts to 1 Quart; pour the strained boiling hot upon Powder of Cinnamon 2 Drams; Nutmeg 1 Dram; Mace, Cloves, of each half a Dram; cover it close; and when cold, strain it out, and sweeten it with Syrup of Quinces 4 Ounces.

It stops a Diarrhœa.

A Pacific Decoction.

Take white Poppy Heads (without the Seeds) 1 Ounce; cut and boil in Water 3 Pints to 28 Ounces; adding at last dried Cowslip-Flowers 2 Drams; in the strained Liquor dissolve Diascordium 2 Drams; Syrup of Meconium 3 Ounces; Syrup of Lemons 1 Ounce; mix.

It's more temperate than Laudanum; easeth Pains; quieteth a tickling Cough; procureth Sleep, and is given to 3 or 4 Ounces.

A Pacific Hysteric Decoction.

Take dried Heads of white Poppy (cut, and bruised with the Seeds) 1 Ounce; boil in Spring Water a Pint and half to half a Pint; in which, when strained, dissolve Asa-fœtida 2 Drams; fine Sugar 1 Ounce.

Some-

Sometimes, when the Lungs are vapourously affected, and also stuffed with Phlegm, I have, instead of 2 Drams of *Asa-fætida* prescribed *Asa-fætida* 4 Scruples, and Gum Ammoniac 2 Scruples.

The Dose is 2 or 3 Spoonfuls.

A Pectoral Decoction.

Take Pearl Barley, Raisins of the Sun stoned each 1 Ounce; Figs, Dates, each 8; Liquorice half an Ounce; Aniseed (added at last) 2 Drams; make a Decoction in Water 3 Pints to 1 Quart; which strain out for Use.

It's endow'd with a mucilaginous, soft, and friendly Sweetness: And therefore partly by incrassating the Blood disposed for Fluxion, and correcting it when acrid; partly by maturing crude Phlegm impacted in the Lungs; partly by appeasing, humecting and lubricating the Branches of the *Bronchia*, and Membranes of the *Trachea*, gives mighty Relief in a Cough: It's also laudably used in a Pleurisy, Rheumatism, Small Pox, Measles, and Stone. The Dose may be 3, 4, or 6 Ounces, two or three times a day.

If you would have it Purging,

*Take of this Decoction 1 Pint and half; Sen-
na 1 Ounce; Agaric, Cream of Tartar, each 2
Drams; boil to 14 Ounces; in it strain dissolved
Manna 2 Ounces; strain again for 4 Doses.*

A Pectoral Balsamic Decoction.

*Take Sarsa, China, of each half an Ounce;
dried white Poppy Heads (cut, and beat with-
out the Seeds) Malaga Raisins stoned, of each 1
Ounce;*

Ounce; Liquorice half an Ounce; Japanic Earth 2 Drams; Decoct these in strong Ale-Wort 2 Quarts to 30 Ounces; adding towards the latter End Balsam of Tolu 3 Drams; and at last Seeds of Caraway, and sweet Fennel bruised, of each 2 Drams; when it is cold, strain out the Liquor through a Canvass Bag without squeezing, and add to it Oil of Aniseed 2 Drops; Balsam of Peru 2 Scruples; black Bechic Troches 1 Ounce; Tincture of Saffron (made with Treacle-Water) 1 Ounce; Tincture of Benjamin 2 Drams; mix all according to Art.

A Decoction of Piony Compound.

Take Shavings of Sassafras, yellow Sanders, of each 2 Drams; Male-Piony Roots green 2 Ounces; Maddar Roots, Tamarisk, and Capar Bark, of each half an Ounce; Herbs of Ceterach, Dodder, Harts-Tongue, Liverwort, of each half an Handful; boil these in Spring Water 2 Quarts till half be evaporated; pour it boiling hot through a straining Sieve upon Juniper-berries 1 Ounce; Bay-berries half an Ounce; Seeds of sweet Fennel, Caraway, Coriander, Wild Daucus, of each 1 Dram; keep them in close Infusion; when cold, strain without Expression, and add Earth-Worm Water, Magistral Compound, Gentian Water, of each 2 Ounces; fine Sugar 3 Ounces; and mix all artfully.

This is good in Hypochondriac and Splenetic Cases. The Dose may be to 4 Ounces.

A Pleuritic Decoction.

Take of the Pectoral Decoction 1 Quart;
Juice of Stone-Horse Dung 2 Ounces; Oil of
F Aniseed

Aniseed 8 Drops; white Sugar 1 Ounce; mix.

The Dose 4 Ounces every 4 Hours warm, together with Spirit of Sal Armoniac 15 Drops.

The Portugal Decoction.

Take Spring Water 26 Ounces; make it boil, and then put into it Juice of Lemons and fine Sugar, each 2 Ounces; Cochineal 1 Scruple; let it continue boiling a very little, so as that the Scum may be taken off, then set it by to depurate, by way of settling; pour off the clear, and add Damask-Rose Water 4 Ounces.

This comes recommended by its pleasant Colour and grateful Taste, and is a most desirable Drink in Fevers; for it restrains the Heat and Fervour of the Stomach and Blood, quencheth Thirst, moves Urine. Let it be drank at Pleasure, without Limitation.

A Ploie Decoction.

Take Fumitory, Ragwort, each 1 Handful; Liquorice 1 Ounce; Argent vive 4 Ounces; boil in Water 2 Pints and half to 1 Quart; strain, and (the Argent being taken out) sweeten with Sugar, or give it as it is.

In all manner of Cutaneous Affections, give 4 Ounces Night and Morn.

The common Purging Decoction.

Take Senna 3 Drams; Cream of Tartar 1 Dram; boil in Water 8 Ounces to 3; in the strain'd Liquor dissolve Manna half an Ounce; Syrup of Succory with Rhubarb 6 Drams; Oil of Anniseed 1 Drop; mix for a Potion, to be taken in the Morning. It

It may be quicken'd with some Grains of powder'd Scammony, if there be occasion; for that alone may serve the Purpose, as well as Electuary of Juice of Roses, which hath nothing in it desirable for a Purge but Scammony, and therefore may be thrown by into the common Heap of abundance of old Trumpery, which we may spare in the Shop.

Perhaps the Quantity of *Senna* may be more than needs; for Dr. *Grew* informs us, that 2 Drams of it will impregnate 4 Ounces of Water as strongly, as if twice the Quantity were infused; because the Water will bear no more of the Purgative Parts of that Body.

A Decoction of Raisins.

Take Raisins of the Sun stoned, and chopped small, 4 Ounces; boil in good drinking Water 3 Pints to 1 Quart, and strain.

It's a good pleasant Drink in Fevers to quench Thirst; it also serves very well in Distempers of the Breast and Spleen. If you mix it with an equal Quantity of Lime-Water, you'll have a singular good Remedy against Catarrhus Affections, that may sometime stop the Progress of a Consumption.

If you infuse in it *Senna* 2 Ounces, you'll have a fine Laxative very particularly beneficial to Hypochondriac and Nephritic Persons, that are Costive.

For those that are Nephritic ought to have (saith *Saxon*) a familiar Medicine always by them, to carry the Excrements down customarily through the Intestines; since 'tis observed that such as are Lax, are not troubled with

Gravel and Sand, but then he is of opinion, this familiar Medicine must not be very Diuretic; and therefore he finds fault with those that for this use of Prevention, make choice of Cassia, which forceth Urine as well as Stools.

A Decoction of Roses.

Take Conserve of Red Roses 2 Ounces; Malaga Raisins stoned 1 Ounce; Liquorice, Melon-Seeds, each half an Ounce; Barley-Water 3 Pints; boil to 1 Quart, and run it through a Flannel Bag several Times, till it be pretty clear; then set it by to fine by Settlement, and decant it.

It's a proper Prescript, when muriatic Salt, acrious Serum, owzing out of the Glands, and irritating the *Aspera Arteria, Bronchia* and *Vesicles*, excites a most vehement tearing Cough; and yet being too thin to be taken hold of, and pump'd up, lies fretting and exulcerating the Lungs, and so brings on a Consumption.

The Decoction called Sacrum.

Take Virginia Snake-Root powder'd 6 Drams; boil it in Water 1 Pint to half a Pint; strain and reserve the Liquor by itself; boil the remaining Root in a Pint more of Water to half a Pint as before, (adding, when it is near boil'd enough, Cochineal half a Scruple;) strain it; and having mixed together both the Liquors, dissolve in it Venice-Treacle half an Ounce; Honey 1 Ounce, and then strain it once more for Use.

Here I present you with a most desirable Alexipharmac, second to none; for it inspires, as 'twere, the Blood and Juices flowing in the Vessels

sels and *Viscera* with a new Ferment; and by moving them gently, and keeping them in an equable uniform Mixture, frees them from Coagulation and Putrefaction. By the same kindly Agitation, it dissipates the Poison'd Particles that began to gather in tumultuous Clusters, and hinders their coming to Maturation; and then so occupies, animates, and confirms the Blood and Spirits, as to defend them from taking the venomous Impression: Or if the Pestilential Miasme hath already infected the Blood, it snatcheth it away from its Hold with a powerful Hand, and throws it out by *Diaphoresis*.

It's Use is very great in Fevers *mali moris*, where the Blood and Spirits want Encouragement; particularly, I have known it eminently available in a Symptomatic *Diarrhœa*: Howbeit, I have seen where it has caused a loose Stool or two (even as sometimes also the *Cortex* will do;) add to this, it's a most noble Stomachic, Hysteric, and Authelminthic.

Since Dr. *Sydenham* hath set a-foot the cold Regimen in the Small-Pox, Measles, &c. for which all Posterity is bound to celebrate his Memory with Honour and Gratitude; some Physicians (who distinguish not well) have carried it on too far, and disallow'd of all hot Things in all Cases. And upon this Account it hath been objected to me, that this Decoction is so hot, that 'twill fire the Blood. Now, I am something of a Judge in this Matter, having used it freely for many Years; and I profess, I never yet found any such ill Effect of it: And I must believe that these Objectors are not experimentally acquainted with it, and have not been very

conversant in the Management of such malignant Fevers, as are not Inflammatory, but Depressing.

Its Dose is 2 or 3 Spoonfuls every Hour, or seldomer, as the present State of the Fever requires.

The Decoction Sacrum Sedative.

Take Virginia Snake Root powder'd grossly 2 Drams; dry white Poppy Heads (cut cross the Fibres, and bruised with the Seeds) half an Ounce; boil in Water 24 Ounces to 12; adding towards the last Andromachus his Treacle 2 Drams; strain for 4 good Doses.

It's useful to procure Rest, and at the same time support the Spirits in ill-conditioned Fevers; but if the Spirits be much oppressed by either the Venom of the Disease, or preceding large Evacuations, there must be great Caution used in the giving of papaverous Medicines.

The Decoction called Sanctum.

Take Guaiacum 1 Ounce; boil it in Water 2 Quarts to 1 Quart; adding (when it is half boil'd) Raisins 1 Ounce; Spanish Juice of Liquorice 2 Drams, and so strain it; sometimes I add Japanic 2 Drams. Sometimes I omit the Raisins and Liquorice, and in their stead (when it's boil'd enough) add Conserve of red Roses 2 Ounces; and when it's strain'd, sweeten it farther with Syrup of Juice of Hounds-Tongue 2 Ounces.

'Tis true, it's a simple, easy, and cheap thing, but for all that a pleasanter and perhaps more efficacious, than those that use to be heaped up
(and

(and sometimes clogg'd) with a pompous *Apparatus*, and numerous Hodg-podge of ill-sorted Ingredients. It enjoys the same Virtues with the *Decoction of Woods*, which see. Perhaps it may in a singular manner correct Acids, for *Mayow* (p. 37.) saith, Spirit of *Vitriol*, dropp'd into a *Decoction of Guaiacum*, will ferment with it.

Decoction Sanct. Purging.

Take *Guaiacum Chips* 1 Ounce; *Raisins of the Sun stoned* 4 Ounces; boil in fair *Water* 2 Quarts to 1 Quart; pass the *Liquor thro' a Sieve* boiling hot upon *Senna* 2 Ounces; *Rhubarb*, *Agaric* (tied up in a *Linnen Rag*) *Carraway-seeds*, of each half an Ounce; *sweet Fennel*, *Aniseed*, of each 2 Drams; stop them up close, and infuse warm, 6 Hours: In the strained *Liquor* 26 Ounces, dissolve *Manna*, *Syrup of Roses solutive*, of each 2 Ounces; strain again, and add *Aqua Mirabilis*, and *Cinnamon Water*, of each 1 Ounce; mix.

The Dose is 4 Ounces.

A Decoction of Sarsa.

Take *Sarsa* 3 Ounces; *Raisins* 1 Ounce and half; infuse according to Art, and decoct *Water* 2 Quarts to 1 Quart; in the strain'd *Liquor* dissolve *Spanish Juice of Liquorice* 2 Drams.

I was contented not to omit this, because the whole Throng of Physicians with one Mouth crieth it up, and daily prescribes it, to sweeten sharp Humours, and cure vagous Pains.

Truly it's a temperate Remedy, if it be any at all. But for my part (if I may have leave to speak out my own Experience and private Sense)

I have often seen, where Sarsa and China have obtunded the Vigour of the Stomach; but never in all my Practice could I once observe much Good from them, to any one. Peradventure my having so slight an Opinion of 'em might take me off from continuing their Use long enough to see what they would have done.

It useth to be order'd to half a Pint, two or three times a Day.

The Scarlet Decoction.

Take Nitre in Crystals 1 Ounce; white Sugar 4 Ounces; Cochineal 16 Grains or 1 Scruple; Powder all together, and put it into boiling Water 1 Quart; continue it boiling just long enough to scum it; then let it cool, and when it's settled, decant the clear.

Because of its beautiful, resplendent red Colour, it recommends itself to the Eye, and is no very unpleasant Thing to the Palate neither. Truly I have tried many Forms, and never could yet find out a more grateful one, of giving *Salt Prunel*. It allayeth the Fervor of the Blood, quencheth Thirst, provokes Urine, and is a very convenient Drink in Inflammatory Fevers without Malignity, and especially in Pleurifies: It also stoppeth Bleedings, and driveth out Gravel and Sand.

Nitrose Medicines should not be ordered in malignant Fevers with Vomiting, or *Diarrhœa*; for they increase these Symptoms where they are; and they are apt to bring them where they were not before, saith *Etmuller*, 1 Vol. 1102.

The Patient may take a quarter of a Pint twice or thrice a Day. I have tried at greater Quantities,

Quantities, and given the whole Quart in the Morning, in two Hours time; but it had a different Effect from what I design'd, for it proved Emetick. I hope the Reader will take this fair Account of my Miscarriage in good part.

A Decoction of Scorzonera.

Take Pearl Barly half an Ounce; Roots of Scorzonera 2 Ounces; Roots of Sorrel 1 Ounce; Wood-sorrel Leaves 1 Handful; Parings of 2 Pippins; boil in Water 3 Pints to 28 Ounces; strain and sweeten with Syrup of Lemon and Raspberries, each 2 Ounces.

It's a pleasant Drink, satisfies Thirst, reprefes a Febrile Flame, restrains Malignity, carries off by Urine, and is a proper Thing for constant Drink in continual Fevers.

Yet (as to myself) I am not fully satisfied, that so insipid and inodorous a Vegetable as *Scorzonera*, can have much Alexipharmac Virtue in it. I like much better such as *Serpentaria* and *Contrayerva*, that have something so indelible, that a small Quantity, mixt in a very great one of any other Ingredients, will not be lost, but taste through all.

A Decoction against Scrophulee.

Take Herb Robert, white Horehound, Smal-lage, Agrimony, each 1 Handful; Dill-seed half an Ounce; boil in Water 3 Pints to 1 Quart, and strain.

This was communicated to me as a Specific, but I never used it. 'Tis said, it penetrates into the inmost Recesses of the Body after a very peculiar manner, visits the Glands, rectifies their

Crafs

Crafsis and depraved Ferment, attenuates the feculent Juices, and then casteth them out. Let a quarter of a Pint be taken twice a Day for a whole Month, washing and squeezing out into every Morning Dose 40 Millepedes, tied up in a Rag.

A Decoction against the Scurvy.

Take Pine (or Fir) Tops cut small 4 Handfuls; Winters Bark bruised half an Ounce; boil in Water 1 Quart to 20 Ounces; pouring into it at last, Juice of Dandelion 4 Ounces; strain, and when it's cold add Spirit of Scurvy-grass half an Ounce; Horse-radish Water compound, and Syrup of Elder-berries, each 4 Ounces.

In the Winter Season, when Herbs have but little and poor Juice, this may opportunely be used in their stead.

It attenuates, depurates, and briskly actuates the Blood and Juices, dissolves Scorbutic Concretions, unlocks Oppilations, turns off Feculencies by *Diaphoresis* and *Diuresis*. The Dose a quarter of a Pint twice a Day.

Altho' I make no question (saith Dr. Sydenham, *Señt. 6. Cap. 5.*) but that the Scurvy may sometimes be really found in these our Northern Climates; yet I am verily persuaded, it's nothing near so common as the vulgar Opinion would have it. But many, yea most of those Maladies, which are accused for the Scurvy, are either the Effects of some Distemper a forming, and not as yet formed so perfectly as to make their Appearance in their own proper and genuine Shape; or else are the unhappy Relicts of some antecedent Disease not absolutely cured
and

and eradicated; which by contaminating the Blood and Humours, occasion such Symptoms: And then he instanceth the Gout and Dropsy. Now, if this be so; then certainly he who hath not the Skill to distinguish and find out the real Distemper, but mistakes it for the Scurvy, and prescribes accordingly, may possibly order a good Medicine; but is never like to cure his Patient.

A Decoction of Sorrel Roots.

Take Sorrel-roots, Raisins of the Sun stoned and chopped small, each 2 Ounces; Liquorice, Pearl Barley, each half an Ounce; boil in running Water, 3 Pints to 1 Quart; strain, and add Syrup of Lemons 1 Ounce; mix.

It's a pleasant Drink for People in a Fever.

A Splanchnic Decoction.

Take Turmerick bruised 1 Ounce; Rhubarb, Spikenard, each 1 Dram; Kernels of Ash-keys half an Ounce; Agrimony, Ceterach, each 1 Handful; Tamarisk-tops 2 Handfuls; boil in Water 3 Pints to 24 Ounces; strain and add Magistral Worm-water, Syrup of the 5 opening Roots, each 4 Ounces; Spirit of Scurvy-grass 2 Drams; Elixir Proprietatis tartarized 1 Dram; mix.

It putteth the Blood into a sort of Effervescence, and its constitutive Parts into a brisk Motion, whereby they being broken and divided in such a manner, as to hinder all Coagulations and Concretions, its Feculencies and Impurities are easily separated, and thrown into their respective Emunctories, and thence driven out of the Body. Thus are the vapourous Effluvia sent

sent into the Habit of the Body, the serous Re-crements into the Kidneys, the bilious into the Liver, the rest into the rest of the Emissaries adapted to each; and thence secluded and cast off without Let or Stoppage. The Dose is a quarter of a Pint twice a Day.

A Splenetic Decoction.

Take Bark of Capers and Ash-tree, each 2 Ounces; Tops of Tamarisk, Agrimony, each 2 Handfuls; Salt of Tartar 2 Drams; boil in Water 2 Pints and half (adding at last White-wine half a Pint; Spikenard 2 Drams;) to 26 Ounces of it when strained add Magistral Worm-water 4 Ounces; Radish-water compound 2 Ounces; Spirit of Scurvy-grass 2 Drams; Elixir Proprietatis tartarized 4 Scruples; mix.

A Styptic Decoction.

Take Roots of Nettle and Comfrey, each 1 Ounce and half; Herbs Yarrow, Plantain, each 1 Handful; Pomegranate-peel, Gum-arabic, each 2 Drams; Seeds of white Poppy, Henbane, each 3 Drams; boil in Water 3 Pints to 28 Ounces; strain, and add Sugar of Lead 1 Scruple; Astringent Crocus of Mars 4 Scruples; Syrup of dried Roses 4 Ounces; mix.

It contemperates the acrid, incrassateth the thin, and refrigerates the hot boiling Blood. It strengtheneth the Tone, corrugates the Fibres, and closeth up the Mouths of the Vessels, and hath place in all manner of Hemorrhages. Let a quarter of a Pint be given twice a Day.

A Decoction of Tamarinds.

Take Tamarinds 2 Ounces; Raisins stoned 4 Ounces; boil in fair Water 3 Pints to 1 Quart, which strain.

It restrains the Flame of the Blood, allayeth unquenchable Thirst, humects and loosens, and is proper for constant Drink, in those Fevers that bring with them Costiveness, Drought and parching Heat.

A Decoction with Tartar.

Take Shavings of Ivory half an Ounce; Roots and Leaves of Strawberries 4 Handfuls; White-Wine Tartar powder'd half an Ounce; Salt of Tartar 2 Drams; boil in Water 1 Quart to 1 Pint and half; to the strained add Mint-water, Magistral Worm-water, each 2 Ounces; Aqua Mirabilis 4 Ounces; white Sugar 2 Ounces; mix all.

In the Jaundice, let 6 Ounces be taken three times a Day.

A Decoction with Tartar Purging.

Take white Tartar powdered 1 Ounce; Raisins of the Sun, and Currants chopped small, of each 2 Ounces; boil in an earthen glazed Pipkin in Spring Water 3 Pints to a Quart; to the strained Liquor put Senna 2 Ounces; give it an hot Infusion 6 Hours; then having strained it, let it settle, and, poured off the clear, dissolve in it Manna, Syrup of Roses solutive, of each 3 Ounces; and strain it again.

The Dose is 4 Ounces. See Decoction of Raisins.

A Colutane Decoction.

Take *Guaiaicum* 1 Ounce; *Odorous Tacamdhacca*, *Balsam of Tolu*, each half an Ounce; boil in fine *Barly Water* 3 Pints to 1 Quart; when its cold, strain, and add *Balsam of Peru* 16 Drops; *Oil of Cinnamon* and *Nutmegs*, each 2 Drops; *white Sugar* 2 Ounces; mix artificially.

As to its Virtues, it falls in with the *Balsamic Decoction*; only 'tis somewhat hotter.

A Traumatic Decoction.

Take *Roots of Burdock* 3 Ounces; *Madder* 6 Drams; *Rhubarb* 2 Drams; *Herbs of Dittany of Crete*, *St. John's Wort*, *Sanicle*, *Bugle*, each 1 Handful; boil in *Water* 2 Pints, and *White-wine* (added towards the last) 1 Pint to 28 Ounces; when strain'd, dissolve in it *Venice-treacle* 2 Drams; *Honey* 3 Ounces; *Oxymel simple* 1 Ounce; mix.

It dissolves Concretions of the *Cruor*, where-soever extravasated, and returns it again into the circulating Channel: It drains out Recrements by Sweat and Urine, and doth it without kindling any Fervor: It roborates the Parts that are hurt, conglutinates and heals them. The Dose is half a Pint twice a Day.

A Decoction of Trefoil.

Take *Water Trefoil* dried, *Ground Pine*, each half an Ounce; *Bitter-sweet* 1 Handful; *Bay-berries*, *Stæchas-flowers*, each 2 Drams; boil in *Water* 3 Pints to 1 Quart; towards the last, adding *Juice of Rue* 1 Ounce; strain.

Buck-

Buck-bean or Water Trefoil is really a good bitter Herb; but I have used it often, and in my Opinion, *Simon Paulli* (in his *Quadrup. Botan.*) celebrates it out of Reason, and beyond its Desert.

This Decoction is design'd for People troubled with the Scurvy, and the Gout, and promiseth Relief in Pains occasion'd by the Infirmary of the *Genus Nervosum*. The Dose 4 Ounces three times a Day.

A Decoction of Turneps.

Take Turneps cut into Slices half a Pound; Herbs Hounds-tongue, Colts-foot, each 1 Handful; Raisins of the Sun 1 Ounce; Liquorice half an Ounce; boil in Barley-water 2 Quarts to 1 Quart; adding at last Coriander-seed bruised half an Ounce; let it stand close covered till cool; then let it run through a Straining-bag of itself, without squeezing, and sweeten it with white Sugar-candy 2 Ounces.

It's a very good Pectoral to temper Acrimony, maturate and incrassate.

A Mariolose Decoction.

Take Scorzonera-roots 1 Ounce and half; Liquorice half an Ounce; Figs 8; Raisins stoned 1 Ounce; shaved Harts-horn 2 Drams; boil in Barley-water 3 Pints to 30 Ounces; adding (when three quarters boiled) Cockineal (not bruised) 4 Scruples; strain and sweeten it with Syrup of Gilly-flowers and Lemons, each 1 Ounce.

Scorzonera we are under a Necessity of prescribing, because the irresistible Custom of Physicians will have it so. By seeing it hath neither
Taste

Taste nor Smell, nor any other manifest Quality to recommend it, its Virtues must be allow'd to be very obscure, if any at all: And perhaps the Commonwealth of Physick would not sustain much Damage, if it were for the future banish'd the Shops, together with the numerous Rout of other Impertinents.

A Decoction of Walnut-Rinds.

Take the Rind of Walnut-tree-root 1 Ounce and half; bruise, and let it lie infusing warm (in an Earthen or Glass Vessel) 8 Hours in Elder Vinegar; then dry it. To these Rinds thus prepared, add Caper-bark half an Ounce; Tops of Tamarisk, Agrimony, each 2 Handfuls; boil in Water and White-wine (added at last) each 1 Pint and half, till the whole come to 1 Quart; which strain out for Use.

It's wholly *Splanchnic*, and enobled with the same Virtues that the *Splanchnic Decoction* is (which see) unless perhaps it have a more Specific Respect to Affections of the Spleen: For Specifics, which are found by Experience to have respect to one Part more than to another, consist of such Particles, as being near of a Kin, and consequently easily associated to the Recrements to be strain'd out by that *Viscus*, are carried thither (as 'twere electively) together with them, and there perform their Operation. And besides this Similitude in Liquids, there seems to be an organical Kindred in the Solids also, whereby a Medicine may strike an Impression, particularly upon one part, and not touch another. Thus, Dr. Grew tells us, white *Hellebore* affects the Lips most, *Coloquintida* the middle
of

of the Tongue, wild Cucumber the Basis of the Tongue, deadly Night-shade the Roof of the Mouth, and Jalap-root the Throat.

A Decoction of Walnut-Rinds Purging.

Take Walnut-rinds prepar'd as abovesaid half an Ounce; Agaric (tied up) 1 Dram; Cloves 15 Grains; Salt of Tartar half a Dram; boil in Water 10 Ounces to 4; to the strain'd add Elixir Proprietatis tartariz'd 60 Drops; Scammony powder'd 2 Grains; Oil of Aniseed, Juniper, each 1 Drop; mix all for a Potion.

When Hypochondriac People are to be purged, this is a very proper Cathartic.

A Decoction of the Woods.

Take Guaiacum 4 Ounces; Sassafras 2 Ounces; Sanders both red and yellow, each 1 Ounce; Ivory, Harts-horn, each half an Ounce; infuse and boil according to Art in Water 6 Quarts to 3 Quarts; then strain, and sweeten with Sugar so as to make it grateful.

It warmeth, drieth, attenuateth, and procureth Sweat: It's suitable to such as are of a cold, flabby Temperament, and is useful in Catarrhs, Gout, Palsy, Dropsy, *Leucophlegmatia*, Ulcers, &c. Its Dose is 4 Ounces twice a Day.

But for such as are of a bilious Constitution, and have acrid Blood, the Quantity of Guaiacum and Sassafras ought to be diminish'd, and Sarsa and China may make it up.

A Decoction of Yarrow.

Take Yarrow 2 Handfuls; Archangel with a white Flower, Hounds-tongue, each 1 Handful;

red Sanders half an Ounce; boil in Water 2 Pints and half to 1 Quart; adding at last Japanic Earth powder'd 2 Drams; Mace bruised 1 Dram; Sugar 2 Ounces; strain.

It's design'd against *Fluor Albus*. Give 3 Ounces mixed with the White of an Egg beaten up, and as much Sugar as will make it palatable, Night and Morning.

The White Diet.

Take Milk 2 Quarts; the Breast of a Capon boil'd; Sweet Almonds blanch'd and well pound-ed 2 Ounces; beat and mash all in a Marble Mortar; strain and wring it out hard; to this add Rice-meal sifted 3 Ounces; boil it; and when it begins to grow thick, add white Sugar half a Pound; (perhaps that may be something too much, the Palate is the best Judge of the Quantity) Red Rose-water 5 Ounces; boil it with a moderate Fire.

This is a Restorative in a Consumption; and also in a *Gonorrhœa*, and *Tabes Dorsalis*.

An Alexipharmac Draught.

Take Alexiterial Milk-water 3 Ounces; Epidemical, Compound Piony-water, Syrup of Gilly-flowers, Syrup of Saffron, each 2 Drams; Diascordium 2 Scruples; Goa-stone 1 Scruple; mix.

In suspicious, ill-condition'd Fevers, it raises and supports the drooping Spirits, resists Malignity, drives it out from the Center to the Circumference, and provokes Sweat. It may be given every 6 or 8 Hours, according as the Case shall require.

An Antemetick Draught.

Take strong Cinnamon-water, Syrup of Lemons, each half an Ounce; Salt of Worm-wood 1 Scruple; Oil of Nutmegs and Cloves, each 1 Drop; Liquid Laudanum 20 Drops; mix.

It's an approv'd, most useful and seldom failing Remedy. In a bilious Colic, with enormous Vomiting, and pertinacious Costiveness, we may add powdered Rhubarb half a Dram, or more, and repeat it till it makes its way by Purging.

An Astringent Draught.

Take Waters of Plantain 2 Ounces; Mint half an Ounce; strong Cinnamon 1 Ounce; Syrup of Meconium 6 Drams; Oil of Nutmegs 1 Drop; Diascordium half a Dram; Bole 1 Scruple; Balaustines half a Scruple; mix.

It comforts the Stomach and Bowels, retrieves the failing Tone of the Intestines, corrects their Slipperiness, and represseth their continual bearing downwards. To which may be added, that it pacifies the enraged Spirits, and drives the *Radii* of the Humours and Steams from the Center to the Circumference of the Body, and thence carries them off.

A Bechic Draught.

Take powder'd Gum Arabic half a Dram; dissolve it over the Fire in Scabious and Barley Cinnamon-water, each 1 Ounce and half; then add Mithridate, Diascordium, each 1 Scruple; Loboch Sanans 1 Dram; Diacodium half an Ounce, or 6 Drams; mix.

It obtunds, increffates, and reftrains the acrid irritating *Serum* fpewed out of the Glands into the *Larynx*: It defends thofe exquisitely fenfible Parts with a mucous Coat, fweetly caufes Reft, and exterminates by *Diaphoresis* the Lymphatic Recrements of the Blood; and fo is (upon all Accounts) an appofite Remedy for fuch a Cough, as (proceeding from catching Cold) is unmercifully troublefome, efpecially at Night, juft after lying down in Bed.

Our Bitter Draught.

Take *Waters of Carduus* 2 Ounces; of *Mint* and *strong Cinnamon*, each 2 Drams; of *Gentian compound* half an Ounce; *powder'd Virginia Snake-root* 1 Scruple; mix.

It's ennobled with the fame Virtues that the *Decoctum Sacrum* is, which fee. Moreover it ftrengthens the Stomach, ftops Vomiting, and kills Worms.

A Draught for a Bruife.

Take *Canary* 4 Ounces; *Oil of Turpentine* 10 Drops; *Seal'd Earth*, *Dragons-blood powder'd*, each 1 Scruple; *white Sugar* 2 Drams; mix.

It abforbs acrious, extravafated *Serum*, pre-ferves the due Mixture of the Blood, impreffes on it a Balsamic Consolidating Character, and ftints inward Bleeding.

A Camphorate Draught.

Take *Camphire* (rub'd, and diffolved in a Mortar with a few Drops of *Oil of fweet Almonds*) 8 Grains; *Corn Poppy-water* 3 Ounces; *Syrup of Marsh-mallows* 6 Drams; *Sugar of Lead* 2 Grains; mix.

It's

It's highly applauded for Scalding and Drooping of Urine, occasion'd either by Epispasticks, or sharp *Serum*. Also (as I have heard) it's a praise-worthy Remedy against frequent Micturition, that dangerous Symptom in the Small-Pox.

A Cardiac Draught.

Take Black Cherry-water, Alexiterial Milk-water, each 1 Ounce; Mint-water 1 Dram; Epidemial, Piony compound Waters, each 2 Drams; Confection of Alkermes 1 Scruple; Oil of Nutmeg 1 Drop; Syrup of Gilly-flowers 3 Drams; mix.

It's good in Failing of Spirits, Sick-fits, and Fainting.

A Draught for a Catarrh.

Take Colts-foot Water 6 Ounces; white Sugar-candy powder'd 6 Drams; the Yolks of 2 Eggs: Having beat them up together, and set them over a gentle Fire, stir and mix them well, and give it the Patient just as he goes to Bed.

This Draught usually gives great Relief in a (let me call it) Guttural, Rheumatic and Evening Cough, caused by catching Cold, which is pretty quiet all Day, but returns at Night, especially when one lies down in Bed, incessantly disturbing, and vexatiously hindering Rest: For, by reason of its sweet unctuous Mucilage, it so defends the *Larynx*, that it feels not the Pricking of the sharp irritating *Serum*, and so staves off the Cough, and dallies away the Hour, till at length the Time of Coughing is slipp'd, and Sleep steals on.

But in a Pectoral Cough (which comes deep, and arises from pituitous Blood, pouring out gross Feculencies into the Lungs) a too liberal Use of Sugar seems pernicious; forasmuch as it renders the Mass of Blood more feculent than it was before, and stuffs up the loaded *Bronchia* with a fresh Income of Filth, and affecteth the Fibres with a putredinous Disposition.

In the Isle of *St. Thomas* (saith *Garenciers*) under the Equator, they grind their Sugar-Canes; and when they have pressed out the Juice, they throw the Remainder to the Hogs, which grow so fat and tender with it, that they may vie for Goodness with the *Spanish* Capons, and are given to People of weak Stomachs. Hence may be collected, that if Sugar hath a Faculty to produce such a Tenderness in Hogs-flesh, which is the grossest and hardest of all Flesh; for the same reason 'twill promote and hasten Corruption, and a *Sphacelus* in the Lungs, which are of a soft and spongey Substance: And on the contrary, that they may be preserved from it, by Styptics and Astringents.

A Cephalic Draught.

Take Black Cherry-water 3 Ounces; Compound Piony-water, Syrup of Piony compound, each half an Ounce; Tincture of Castor 30 Drops; Liquid Laudanum 15 Drops; Cinnabar of Antimony (or rather native Cinnabar) 1 Scruple; mix.

It's highly conducive in Idiopathic Convulsive Illnesses; that (beginning primarily in the Brain itself, or Nerves) are caused by an ill-sorted *Copula*, forcing the animal Spirits into Explosions.

But

But in such as are Sympathetic, and excited by meer Irritation, either of sharp Humours somewhere in the *Viscera*, or Worms, or painful Breeding of Teeth, although it may do some good (by helping off the present Exploſion) yet any one may eaſily perceive, the principal Remedies are to be fetch'd from elſewhere, according as the Variety of Cauſes requires.

For preſent Cure, give it (if it can be done) in the very Fit. For Prevention, give it at Night, 3 Days ſucceſſively, before the New and Full Moon.

A Conſolatory Draught.

Take Water of Black Cherries 2 Ounces; of Mint, Damask Roſes, Orange-flowers Cæleſtis, each 1 Dram; ſtrong Cinnamon, and compound Piony-waters, each 2 Drams; Confection of Alkermes, Gaſcoin-powder, each 1 Scruple; Oil of Cloves 1 Drop; Syrup of Gilly-flowers 3 Drams; mix.

It notably ſuccours the Spirits when ſunk, and failing; and does eminent Service in Weakneſs, Faintings, and Palpitation of the Heart.

A Diagrydium Draught.

Take Diagrydium finely powder'd 12 Grains (to 15;) Antimony Diaphoretic half a Scruple; Salt of Tartar 6 Grains; Oil of Juniper 6 Drops; work all well in a Mortar with the Yolk of an Egg; then add by degrees Syrup of Roſes ſolutive, Milk-water and Cinnamon-water, of each half an Ounce; Mint-water and Aqua Mirabilis, of each 2 Drams; Spirit of Salt Armoniac 12 Drops; mix ſ. a.

A Diaphoretic Draught.

Take of *Carduus-water* 2 Ounces and half; *Epidemial, Treacle-water, Syrup of Meconium*, each half an Ounce; *Diaphoretic Antimony* 1 Scruple; *Venice Treacle* 2 Scruples; *Spirit of Salt Armoniac* 10 Drops; mix.

It will not be perhaps an easy Matter for any one to find out a more certain, pleasant, and powerful Diaphoretic: For Opiates are most excellent Companions to Sudorifics, because they both increase the Evacuation, and also all the while prevent Fatigue and Turmoil. And then Cordials and Volatiles are very properly mix'd with Opiates, because they opportunely hearten up the Spirits, and give them such a Stoutness, that the Narcoticks cannot knock them down.

If Diaphoretic Antimony (saith *Fr. Hofman*) be very well prepared, so as to partake plentifully of nitrous Earth, it may be kept good many Years, and given without any Harm at all: But if the Sulphur of the Antimony exceed, because 'twas not sufficiently calcin'd with Nitre; then, in Tract of Time, being exposed to the Air, 'twill contract Scurvy, malignant Qualities, that discover themselves by proving Emetic. To avoid which, it must be faithfully and carefully prepared. See farther of this under the *Warwick Potion*.

Dr. Grew saith, That *Antimonium Diaphoreticum*, with Spirit of Nitre, and Oil of Vitriol, severally, makes a considerable Effervescence; wherefore it's not a useless Preparation, as (from the Calcination and Ablution used therein) some have thought. I myself have tried the Experiment

ment with Oil of Vitriol, and know not how I miscarried, for I could perceive no Effervescence at all.

A Diuretic Acid Draught.

Take Horse-radish Water compound 1 Ounce and half; Brandy, Juice of Lemons, each half an Ounce; Syrup of Violets 1 Ounce; mix.

It takes away Thirst, tempers Choler, corrects the Acrimony of Salts, refrigerates, fuses, liquifies the Blood, and makes it shed off its *Serum* plentifully: It cuts, attenuates, and scours off slimy Phlegm, provokes Urine, and evacuates Gravel and Sand.

It's proper where there's a hot Scorbutic Constitution, a febrile Disposition, and where either viscid or gravelly *Pituita* sticking in the Kidneys or Bladder (without Inflammation or Ulcer) hinders the Course of the Urine.

A total Suppression of Urine not caused by Stone, *Mucus*, Caruncle, or any Thing obstructing the Urinary Passages; but by the Blood's being so confused as to its Parts, and so lock'd up as to its Texture, that it cannot let its Aquosity go from it; Observations of which Case we have in *Rivers*, *Willis*, and *Sylvius*; and I myself have met with three, and plainly descry'd it by this, that no Pain, either in the Loins or *Pubes*, preceded, and the Bladder (by Proof of the Catheter) had no Urine in it.

This remarkable, and (if not timely helped) mortal Obstruction, hath sometimes been removed, by giving very liberally, in large Quantities of Water, Oil of Vitriol, or Spirit of Nitre. And I judge, more Certainty of Success might

might be expected from it, if Phlebotomy were premised, and cold Fomenting used afterward.

Dr. *Baynard* first hit upon this lucky Cure, and ought to be remember'd with Honour for it. See what he saith, *Cold Bath*, Part 2. Pag. 351. Observations well worth consulting are to be found in *Philosoph. Transact.* N^o 215. I have known the like Case where Chymical Acids prevailed. Whether Acid Spirit of Honey may have any Specific Propriety there, I leave to Experience to determine.

But before I had any Hint of this Practice, I attended a Patient thus obstructed: I could get no Urine, and therefore constantly carried off what I could by daily Laxatives and Clysters: His Belly was not swelled, neither did his Veins seem over-full; towards the last his Breath smelt plainly of Urine, and he had cold Sweats; the thirteenth Day he grew very drowzy; that Night there ran from him (as I judged) between two and three Gallons of Urine, and he died by Morning. I supposed at that time his Kidneys mortifying, and all the Urinary Parts and Passages losing Tone, his Water flooded away for that Reason just before Death.

A Diuretic Oleose Draught.

Take French White (or Rhenish) Wine 4 Ounces; Oil of sweet Almonds 1 Ounce; Oil of Turpentine 20 Drops; white Sugar half an Ounce; mix.

It potently expels Urine and Gravel, and is most commodious when the Reins, Ureters, or Bladder, are (not much inflam'd and hot, but yet) excoriated and ulcerated: As also in Fits of Gravel

Gravel and Sand (but not of the Stone) where the Urine looks limpid or blackish, turbid or bloody, or where it is chylous or purulent.

Helmont will by no means allow, that it's in the Power of Medicines, to lubricate and relax the Urinary Passages, because they would then do so first to the Stomach and Intestines; and so they do, I think; and therefore his Reasoning hath nothing in it.

Now there have been many odd Instances, to make one more than suspect, that tho' Anatomy hath not discovered any other Way for the Urine, but through the Blood; yet there may be a nearer Cut from the Stomach and Intestines, by the Convenience of which Remedies may come entire, or but little alter'd, to the Reins and Ureters. Among many such, *Hoechstetter*, (*dec. 3. Cas. 4.*) tells of one that voided running Mercury with his Urine. And (to come to our very Purpose) I myself was called to a Patient, where they shew'd me Oil of Almonds, which had been this Day taken, and was brought off again by Urine: And when I doubted it might slip off the other way, the Party (who is one of great Veracity) assured me, and affirm'd positively, that there was no Mistake, and that it came really and truly by way of Urine.

Diemerbroeck saith, he hath more than once seen, where Lamb's Kidney-fat roasted had been almost all voided with the Urine a little after it had been eaten.

Authors give Accounts of Pins, Needles, a Bodkin 4 Inches long, an Iron Key, a Bullet, Quicksilver, Beards of Barley, Pieces of Mushrooms, Lettuce, Smallage-root, Raisin-stones,
whole

whole Anise, Melon, and Winter Cherry-seeds, coming away with the Urine. Now, since it is utterly impossible for these to pass round with the Blood, and through the Kidneys, it must needs be that there are peculiar Water-Passages from the Stomach, or Intestines, which missing the Kidneys, fall directly into the Bladder; and tho' they are not yet discovered to the Eye, so neither are those that carry Milk to the Dugs.

In the *Philos. Trans.* N^o 65. it is said, There is certainly another Passage of the Urine to the Bladder than by the Ureters; an Experiment having been lately made, whereby the Ureters of a Dog were so carefully tied up, that nothing could pass that Way; and yet the Bladder (which had been emptied before) was found full of Water. This Experiment is related at large in N^o. 67. p. 2049.

An Epileptic Draught.

Take Salt of Amber 2 Grains; Oil of Rosemary 2 Drops; fine Sugar 1 Dram; having rubb'd them well together in a Glass Mortar, add Waters of Black Cherries an Ounce and half; of Rue, and Compound Piony, each 2 Drams; Spirit of Lavender comp. Spirit of Salt Armoniac, of each 6 Drops; (more or less, according to the Age of the Patient) mix.

A Febrifuge Draught.

Take Carduus Water 3 Ounces; Treacle Water, Syrup of Meconium, each half an Ounce; Diascordium half a Dram; Salt of Wormwood 1 Scruple; Spirit of Salt Armoniac 15 Drops; Oil of Cloves 1 Drop; mix.

It gives Relief in intermitting Fevers; especially in such of them as invade with cruel cold, shivering, shaking Fits, that continue long. Let it be given an Hour before the coming of the Ague; and presently going to Bed, let him do all he can to fall into a Sweat, and keep in it two Hours.

But this Sort of Cure by a *Diaphoresis* is not always certain; for I have observed in some, that while I had them in a full smoaking Sweat, it hath strangely gone off all of a sudden, and the Horror and Rigour came on at the usual Time; and they were the worse for it, because they lay damp in the cold Fit.

Riverius's Febrifuge Draught.

Take Succory-water 3 Ounces; Salt of Vitriol 20 Drops; or rather as much as is found sufficient to balance the Salt.

This is a Medicine no way despicable for the Cure of vernal Agues. Let it be drank an Hour before the Paroxysm, the Patient lying in Bed, and endeavouring to sweat: And let it be repeated likewise before every succeeding Fit, till at length the Ague be extinguish'd.

This will be the more effectual, if it be given before the Luctation be ceased.

A Draught against a Fluor.

Take the White of an Egg; beat it up very well with strong Cinnamon Water 1 Ounce.

'Tis to be taken daily, Night and Morn, to restrain the white *Fluor*, and alleviate Weakness, and Pain of the Back, occasion'd thereby; but must never be used near the Time of the Menstruous Returns.

A Draught for Gravel.

Take Juice of Parsly 1 Ounce and half; Brandy half an Ounce; Oil of Aniseed 2 Drops; Spirit of Salt Armoniac 8 Drops; White Sugar 2 Drams; mix.

It provokes Urine, potently expels pituitous Filth, Granulating Tartar, Gravel and Sand. But where there is a larger Stone than can pass the Parts, these strong Provokers must be by all means forborn, lest if it lye in the Kidney, they (by forcing it into the Ureter, and plugging up its Passage as close as with a Cork) occasion a fatal Suppression of Urine: And if it be in the Bladder, lest they scour and wash off the viscid *Mucus*, which casing over and sheathing up, as 'twere, its pricking Asperities, made it lie soft and easy before; and also lest it disturb and dislodge the Stone (that rested quiet in its Place) and cause it to roll and rub, and excoriate, and so excite a most terrible cruel Paroxysm.

An Hemoptoic Draught.

Take Plantain-water 4 Ounces; Wine Vinegar, Syrup of Comfrey, each half an Ounce; the White of 1 Egg beat up; mix.

This is, in truth, a noble, experimented, and easily parable Remedy. It mightily refrigerates, incrassates, and puts a Restraint on the vehement hot, bubbling, leaping Blood; constringes, purses up, closes and consolidates the Apertures of the Vessels.

A Draught of Hounds-Tongue.

*Take Juice of Hounds-Tongue half an Ounce;
Corn*

Corn Poppy-water 1 Ounce and half; *white Sugar* 2 Drams; *Oil of Aniseed* 1 Drop; *mix.*

This is a good useful Thing in thin Rheums and Coughs, to be taken just at going to Bed.

An Hydragogue Draught.

Take *Cambogium* powdered, *Cream of Tartar*, each 14 Grains; *Oil of Juniper* (well mix'd with *white Sugar* 1 Dram and a half) 3 Drops; *White-wine* 3 Ounces; *mix.*

For the Virtues, see the *Hydragogue Pills*.

An Hysteric Draught.

Take *Penny-royal Water* 2 Ounces; *compound Briony-water* 3 Drams; *Tincture of Castor* 1 Dram; *Juice of Rue* half an Ounce; *Syrup of Mugwort* half an Ounce; *mix.*

You may give it before, in, or immediately after the Fit; also for Prevention, 3 or 4 Nights together before the usual Menstruous Seasons.

A Japanic Draught.

Take *Frog-spawn Water* 2 Ounces; *Syrup of dried Roses* 2 Drams; *powder'd Japanic Earth* 1 Scruple; *Sugar of Lead* 4 Grains; *Oil of Cinnamon* 1 Drop; *Liquid Laudanum* 20 Drops; *mix.*

It hath marvellous Virtues against Vomiting of Blood, and Spitting of Blood, immoderate Flux of the *Menses*, and all other internal Bleedings.

Tachenius (*Hypoc.* p. 104.) saith in distilling Frog-spawn, it rises all into Water, except some black dry *Granula*, and it abounds with an occult Volatile *Alkali*, and precipitates the Lead
out

out of a Solution of *Saccharum Saturni*, sooner, and more than any other refrigerating Water whatsoever. That 'tis to be highly esteem'd, for he knew it happily cured a desperate Hemorrhage of the *Uterus*, and tells us, that, outwardly apply'd, it without fail takes away the Pain of the Gout and Stone.

Ettmuller (L. i. p. 1202.) tells us, that Frogspawn ought, for Distillation, to be gathered a few Days before the New Moon, and then, if it be carefully distill'd, 'twill yield good Water; but at any other Season, its Water will stink, though it be distilled a hundred times over.

A Milky Draught.

Take the Yolk of an Egg, brown Sugar-candy powder'd fine 6 Drams; red Rose Water 1 Ounce; Oil of Nutmeg 1 Drop; mix these thoroughly well, make them Blood warm, and add Milk just from the Cow a quarter of a Pint.

Let it be taken and continued a long time (especially all the Month of *May*) for Supper and Breakfast in a Hectic Fever, Night Sweats, and such an Atrophy as does not arise from ulcerated Lungs, but acrid fermenting Blood, which cannot assimilate the Chyle, and turn it into nutritious Juice.

A Nitrous Draught.

Take red Poppy-water 3 Ounces; Salt Prunel powder'd fine 1 Dram; Syrup of Violets 1 Ounce; mix.

It refrigerates the Blood, cuts its Siziness, opens Obstructions, extinguishes Inflammations thence arising, quenches Thirst, moves Urine, and

and is chiefly prevalent against a Pleurisy, *Peripneumonia*, Quinsy, and such Inflammatory Fevers, as partake not of any Malignity.

An Oleose Draught.

Take new drawn (not rank) Linseed Oil 3 Ounces; Oil of Aniseed 3 Drops; Syrup of Maidenhair 1 Ounce; Spirit of Salt Armoniac 12 Drops; mix.

It's a Nonfuch for a Pleurisy, (where there is bloody Spittle) Inflammation of the Lungs, and Phthific, due Bleeding not neglected.

The Patient must not drink in an Hour at least after it, for the Oil will be apt to get uppermost in the Stomach, and be cast out by Vomiting.

We always crave for new-drawn sweet Oil, I suppose because it's not so offensive in taking; but I believe that which is rancid is really better, as being more Digesting and Expectorating.

To depurate it, *Ettmuller* orders to put Water into it, shake it well about, set it by to settle, and pour off the clear; which Operation is to be repeated till it grow limpid and pure. I have heard it's a good Way to put into a Pint of Oil 1 Ounce of Salt Nitre, and shake it about till it be fine.

A Common Purgative Draught.

Take Black Cherry-water 2 Ounces and half; Epidemial, and strong Cinnamon-water, each 2 Drams; Syrup of Meconium 1 Ounce; mix.

It's a very usual and useful Prescription to allay Pain, and procure Rest.

A Refrigerating Paregoric Draught.

Take red Poppy-water 2 Ounces; Frog-spawn-water, Syrup of Lemons, each 1 Ounce; Liquid Laudanum 25 Drops; mix.

It's for the same Uses with that next above, but respects a feverish Heat and Drought more than it.

A Peruvian Draught.

Take Carduus (or Alexiterial Milk) Water 2 Ounces; Epidemial Water, Syrup of Gilly-flowers, each 2 Drams; Oil of Nutmeg 1 Drop; very fine powder'd Peruvian Bark 1 Dram; mix.

This is a good pleasant way of giving the Cortex for Intermitting Fevers.

A Pleuritic Draught.

Take fine powder'd Olibanum (or instead of it fine black Rosin) 1 Dram; mix it well in a Mortar with the Yolk of an Egg; to which add Diacodium 6 Drams; red Poppy-water 1 Ounce and half; Oil of Aniseed 2 Drops; Spirit of Salt Armoniac 12 Drops; mix.

A Preparing Draught.

Take Rhenish (or French white) Wine 3 Ounces; powder'd Cream of Tartar 1 Dram; Syrup of the 5 opening Roots, and Oxymel of Squills, each half an Ounce; mix.

Let it be taken the Night before a Purge, where you judge the Ventricle and Intestines are smear'd over with viscid Phlegm, sticking to them like Glue.

A Saccharine Draught.

Take Damask Rose, and Barly Cinnamon-waters, and powder'd brown Sugar-candy, each 2 Ounces; dissolve it over the Fire for a Draught, to be taken at Bed-time.

It emulates the Virtues of the Draught for a Catarrh; for it lines the (exquisitely sensible and irritable) Parts with an agreeable Slime; defends them from the Injuries of sharp Rheums, incrassates thin, and obtunds muriatic, acrid Serum. But in Consideration of its extraordinary Proportion of Sugar, it must not be obtruded on those, whose Stomachs are dawb'd over and burden'd with a great Load of clammy Phlegm.

A Saponaceous Draught.

Take Venice Soap (scrap'd very thin) from 2 Scruples to 4; boil it in Cows Milk from 6 Ounces to 4; then add Sugar 3 Drams, and strain it.

Let it be given Mornings and Afternoons for 4 or 5 Days. It's reckon'd a most prevailing Medicine against the Jaundice.

Barbette (de Epilepsiâ) tells of a Maid troubled almost a whole Year with Epileptic Fits, which used to hold her from 7 in the Morning till 9 at Night; after he had purged her once, he gave her the following Draught twice a Day; and in about 30 Days entirely cured her.

Take Venice Soap half a Dram; boil it in Milk to 3 Ounces; strain it out for 1 Dose.

A Saturnine Draught.

Take Frog-spawn-water an Ounce and half; Vinegar half an Ounce; Juice of Nettle-tops 2
H 2
Drams;

Drams; Syrup of white Poppy-heads 6 Drams; Sugar of Lead 6 Grains; Allum 3 Grains; Dragons-blood half a Dram; mix.

It stoppeth Hemorrhages.

A Draught in the Small-Pox.

Take Cochineal from half a Dram to 1 Dram; boil it in Alexiterial Milk-water 4 Ounces to 3; in the strain'd dissolve Diascordium; from 1 Scruple to 1 Dram; Diacodium 6 Drams; Oil of Nutmeg 1 Drop; mix.

This blows up the Fire a little, and at the same time restrains the Spirits from sparkling too vigorously; it's a fine Medicine, if judiciously given. But Quacks and Nurses had best not venture upon it.

A Styptic Draught.

Take Plantain, Frog-spawn-water, each 1 Ounce and half; Barley Cinnamon-water, Wine-Vinegar, each 3 Drams; Syrup of white Water-lillies half an Ounce; Astringent Crocus of Mars half a Dram; Sugar of Lead 5 Grains; mix.

It succeeds happily against all the sorts of Hemorrhages; especially Overflowing of the Menfes, and Vomiting of Blood.

A Draught of Volatiles.

Take Volatile Salt of Harts-horn half a Scruple; Salt of Amber 5 Grains; Canary Wine 4 Ounces; Oil of Nutmegs 2 Drops; white Sugar 2 Drams; mix.

This is one of the most commodious Forms of giving Volatile Salts, without much Affront to a nice Palate, and is really a sort of *Sal Volatile*

tile Oleosum, prepar'd *extempore*: It supporteth and raiseth falling and prostrate Spirits, dissolves grumous, cuts fizy, moves stagnating, and depurates feculent Blood. 'Tis usually prescribed in Colds, with a dull heavy Head-ach, Lethargy, Palsy, Fainting, Trembling of the Heart, Pleurifies, and Dropsy.

A Draught in a Ulnerary Fever.

Take *Alexiterial Milk-water* 2 Ounces and half; *Treacle-water*, *Vinegar*, each 6 Drams; *Crabs-eyes levigated* 2 Scruples; *Diaphoretic Antimony* 1 Scruple; *white Sugar-candy* 2 Drams; *Oil of Turpentine* 4 Drops; mix.

Sylvius gives a Caution against putting mucilaginous Syrups into such Mixtures as have Crabs-eyes and Acids in them, because they will grow ropy, and unfit for Use. And I my self have seen the like in a Julep with Crabs-eyes and Acids, when it had been kept a while, tho' it were sweeten'd with nothing but Sugar.

An Electuary against Abortion.

Take *Conserve of Red Roses*, *Marmalade of Quinces*, candy'd *Nutmeg*, *Juice of Kermes strain'd*, *Syrup of Quinces*, *Syrup of Coral*, each half an Ounce; *Species of Hyacinth* 3 Drams; *Aromaticum Rosatum*, *Astringent Crocus of Mars*, each 2 Drams; *Sugar of Lead* 1 Dram; *Oil of Nutmeg* 4 Drops; mix.

It strengtheneth the Stomach, discusseth Wind, refresheth the Spirits, confirms the Ligaments and Tone of the Uterus, and egregiously comforts the *Fætus*. Half an Ounce is to be given twice a Day.

An Acid Electuary.

Take Conserve of Wood-sorrel 1 Ounce and half; Conserve of Red Roses, and of Heps, each 1 Ounce; Syrup of Violets half an Ounce; Oil of Vitriol as much as serves to give it a grateful Tartness; mix.

See the Refrigerating Julep, with which it vies for Virtues.

1. An Analeptic Electuary.

Take powder'd Chocolate, sweet Almonds blanch'd, double-refined Sugar searced, sweet Butter unsalted, each half an Ounce; Pulp of Conserve of Red Roses passed through a Sieve 1 Ounce and half; Juice of Kermes strain'd half an Ounce; Balm of Gilead 2 Scruples; Syrup of Balsam 2 Ounces; mix.

2. Analeptic Electuary.

Take powder'd Chocolate 2 Ounces; Juice of Kermes strain'd half an Ounce; Ambergrise (ground with a little Loaf-sugar) 8 Grains; Oil of Cinnamon 1 Drop; Oil of Nutmeg 2 Drops; Syrup of Balsam 2 Ounces; or as much as needs to give it a due Consistence; mix.

It nourishes and strengthens, repairs the wasted Flesh, recruits lost Spirits, and brings Assistance in pining Consumptions. But I have sometimes observ'd it sat too heavy upon weak Stomachs.

Let half an Ounce be taken at 8 in the Morning, and at 4 in the Afternoon, drinking after it Afs's Milk.

An Apoplegmatic Electuary.

Take Betony-leaves powder'd 6 Drams; Root of Pellitory of Spain 2 Drams; Oil of Cloves (or of Sassafras, or of Origanum) 4 Drops; Honey as much as sufficient; mix.

It draws out watery and pituitous Humours, by irritating and vellicating the Parts of the Mouth; and hath place in a Tumour and Inflammation of the *Columella* and Tonfils, Quinsy, Tooth-ach, Stuffing of the Head, inveterate Cephalalgie, Soporose Distempers, Epilepsy, Palsy (especially of the Tongue) and all sorts of cold phlegmatic Diseases of the Brain and Nerves.

For these Uses, let it be chew'd and roll'd about in the Mouth in the Morning fasting, for half an Hour, holding down the Head, and spitting it out. After it, let the Mouth be wash'd with warm Water: It may also be repeated 2 Hours before Supper Time.

An Astringent Electuary.

Take Conserve of Red Roses 2 Ounces; Dioscordium half an Ounce; powder'd Bole 2 Drams; Dragons-blood 1 Dram and half; Balaustines half a Dram; Oil of Nutmeg and Cinnamon, each 2 Drops; Syrup of dry'd Roses 1 Ounce; mix.

It comforts the Ventricle and Intestines, recovers the Tone of the Bowels, bridles their disorderly Peristaltic Motion, concentrates Acrimony, appeaseth Gripes: In a Word, it's an absolute Medicine, furnish'd at all Points (where Astriction is required) to repress a *Diarrhœa*.

But here it is to be observ'd, that as long as Appetite and Digestion remain sound, a *Diarrhœa* never doth hurt. The Dose is half an Ounce.

A Balsamic Electuary.

Take Conserve of Red Roses 2 Ounces; new unsalted Butter washed in Rose-water 1 Ounce; Yolk of Egg half an Ounce; powder'd Balsam of Tolu 4 Scruples; Balm of Gilead 2 Scruples; mix.

It dissolves rough, thick Phlegm, besmearing the *Bronchia*, and renders all the *Meatus* slippery, and easily passable: It repairs and heals (as a Balsam) the Vesicles of the Lungs when tumid and tense, and strain'd beyond their natural Tone. Therefore those that labour under a dry Consumptive Cough, find a great deal of Benefit by it.

The Dose is 2 Drams ever now and then, especially when the Cough is most urgent.

Mr. Boyle's Electuary.

Take white Poppy and Henbane-seed powder'd, each half an Ounce; Syrup of Corn-poppy, Conserve of Red Roses, each 1 Ounce and half; mix.

It refrigerates the Blood, incrassates thin, and contempers acrid *Serum*; closes up the Mouths of the Vessels, quiets the Irritations and Spasms of the minute Fibres. The Honourable Mr. Boyle gives it high and deserved Commendations against Spitting of Blood.

The Dose is the Quantity of a Walnut, twice a Day, after due Bleeding and gentle Purging.

A Camphorate Electuary.

Take Conserve of Rue 3 Ounces; Venice Treacle 1 Ounce; Camphire 8 Grains; Oil of Amber 16 Drops; mix.

It reprimands the Animal Spirits when too furious, and ready for Tumult and Exploſion; diſciplines them into Order again, ſhakes off their heterogeneous *Copula*, and ſometimes expels it quite. Upon theſe Accounts, it's found by Experience to be very ſerviceable to Hyſteric Women, howbeit ſome cannot away with the odious *Ructus*, which Oil of Amber cauſeth.

The Doſe is the Bigneſs of a Cheſnut, 3 times a Day, with an Hyſteric Julep.

A warm Cardiac Electuary.

*Take Conſerve of Gilly-flowers, Conſerve of the yellow Peel of Lemons, each 1 Ounce; candy'd Citron-peel, green Ginger, Electuary of Saſſaparilla, Juice of Kermes ſtrain'd, each half an Ounce; Oil of Nutmeg 2 Drops; Oil of Cinna-
mon and Cloves, each 1 Drop; mix.*

It operates primarily and properly upon the Stomach, comforting it, by being Aromatic and Warm; and from thence raiſing up the Spirits into a kind of Ovation, reſreſhes the languiſhing Heart, and recruits waſted Strength. Upon this Account (which I note by the by) all true Stomachics, of right and due, ought to be accounted of the ſame Family with Cardiacs. Let half an Ounce be taken three times a Day.

A temperate Cardiac Electuary.

*Take Conſerve of Gilly-flowers 3 Ounces; Con-
ſerve*

serve of Barberries, Juice of Kermes strain'd, each half an Ounce; Pearls levigated 4 Scruples; mix.

It's suitable for People in Fevers, that complain of Sinking of Spirits and sick Fits; for restoring (after a kindly gentle manner) the failing Ferment, both in the Stomach and Blood, it puts the Spirits into a brisker Motion, without increasing the Fever. Let two Drams be given every 6 Hours, with a proper Julep.

A Carminative Electuary.

Take powder'd Golden Rod, Vervain, Savory, Marjoram, Thyme, Aniseed, each 1 Dram; common Rosin 6 Drams; Mithridate half an Ounce; clarified Honey 2 Ounces, or as much as needs; mix.

It corrects both crude and acrid Humours, warms the Stomach, promotes Urine. It hath been kept as a Family Medicine in a certain Gentleman's House, and is a notable experimented Thing against windy Pain in the Stomach, and flatuous Stitches in the Side. The Dose from 2 Drams to half an Ounce twice a Day.

A Cephalic Electuary.

Take powder'd Male-piony Root half an Ounce; Humane Cranium, Cinnabar of Antimony (or rather Native) each 2 Drams; candy'd Nutmeg 1 Ounce; Syrup of Piony compound 2 Ounces, or as much as is requir'd; Oil of Rosemary and Sage, each 4 Drops; mix.

It cheers and roborates the Brain, depurates the foul, and fixes the too volatile Spirits, is beneficial in Convulsions, Epilepsy, Dizziness, and Idiopathic Cephalalgie.

The Dose is from 1 Dram to half an Ounce Mornings and Nights, especially about New and Full Moon.

An Electuary with Cinnabar.

Take factitious (not adulterated) Cinnabar half an Ounce; grind it to an Alcohol; add to it double-refined Sugar powder'd and searced an Ounce and half; Syrup of Elder-berries as much as suffices; make it up into an Electuary not too moist, lest the Cinnabar, being heavy, sink to the bottom.

Fred. Hoffman tells us, that common factitious Cinnabar is not always to be trusted to, forasmuch as it's frequently prepared with Arsenick, that it may bear the more glorious Colour: And that we have for common Sale in our Shops, is usually mixed with red Lead.

Some have no Opinion of Cinnabar, and hold it for a mere Chip in Pottage, of no manner of Effect, good or bad; and this, because they observe that it suffers no Alteration in the Stomach or Intestines, but comes off with the Excrements in a red Powder, just as 'twas taken in. But others magnify it highly, and say, since 'tis a Mercurial, it cannot well be suspected for an idle, unactive Medicine: But all the while it stays in the Ventricle and Intestines, it influences Digestion, alters the Chyle, affects the Membranes, and from them the Brain and Nerves. Therefore they are of Opinion, that it dissolves and depurates the Blood, penetrates the utmost and secretest *Recessus* of the Body, deoppilates the Glands and Nerves, frees them from obstructing Viscosity, corrects their morbose Juices; and

for these Reasons they prescribe it against all foul cuticular Eruptions, Arthritic Pains, *Tubercula cruda* of the Lungs, *Scrophulæ*, Ulcers (tho' venereal) and Convulsive Affections.

But by reason Mercury is no very good Friend to the Brain and Nerves and the Membranous Parts depending on them; it's to be given cautiously to such Persons, as naturally have weak Nerves and dissipable Spirits; such as are troubled with Tremors, and are liable to Palsies; and all such as are extremely weaken'd by either great Fits of Sickness, or excessive Evacuations.

An Electuary with Cinnamon.

Take good, well scented, and biting Cinnamon in fine Powder 6 Drams; Oil of Nutmeg by Expression 2 Scruples; Saffron half a Dram; *Balaustines*, *Cochineal*, of each 1 Scruple; Flowers of Benjamin half a Scruple; Spirit of Lavender Compound, Juice of Kermes strain'd, of each half an Ounce; Syrup of Rasberries as much as requisite; make all up into an Electuary of a due Consistence.

This is for a Child-bed Woman, when a *Diarrhæa* happeneth, and a *Lochia* fail.

An Electuary with Colophony.

Take Conserve of white Arch-Angel-flowers 1 Ounce and half; *Diascordium*, green Ginger, powder'd Colophony, each half an Ounce; Oil of Cinnamon 4 Drops; Syrup of dried Roses as much as fits to make it up with; mix.

It constringes, corroborates, edulcorates, mundifies, dries, heals: Besides other its Uses, it's very specifically good in a *Fluor Albus*; but if
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the Malady be inveterate, I take it for incurable. A white *Fluor* is said to be distinguishable from a *Gonorrhœa*, in that the first ceaseth (or at least abateth) at the time of the *Catamenia*, which the other doth not.

After other Things that ought to be done methodically, according as the Case shall require; let 3 Drams of this be taken twice a Day, for a long Time.

A Cretaceous Electuary.

Take fine soft white Chalk wash'd, Conserve of Roman (or Sea) Wormwood, each 1 Ounce; Oil of Wormwood 1 Drop; Oil of Mint 2 Drops; Syrup of Quinces, enough to mix it with.

This merits a principal Seat among the noblest of the Stomachics; it causeth a comfortable glowing Warmth in the Stomach, and breaks its Acidity. It's prevalent against Heart-burning, Pain in the Stomach, Belching, Queasiness, Vomiting, Inappetency, *Diarrhœa*.

Let 3 Drams be given twice a Day, when the Stomach is most empty.

An Electuary with Currants.

Take of the best Rhubarb (finely grated, without being dried) half an Ounce; Currants pick'd clean, and rubb'd with a coarse Cloth, 3 Ounces; Syrup of Succory with Rhubarb half an Ounce; Oil of Aniseeds 2 Drops; beat it well in a Mortar, 'till all be exactly mix'd.

It's for 8 Doses to be taken a Mornings; after each let the Patient drink a Draught of *Scorbutic Ale*, together with *Elixir Proprietatis* 20 Drops.

An Expectozating Electuary.

Take Conserve of Rosemary-flowers 1 Ounce; green Ginger, Millepedes powder'd (I fancy live ones are better) each half an Ounce; Flower of Sulphur 2 Drams; Flower of Benjamin, Saffron, and Virginia Tobacco, each 1 Scruple; Orris Root 1 Dram; clarify'd Honey, 1 Ounce and half, or as much as wants; mix.

It concocts cold, and cuts viscid Phlegm, opens the Bronchial Ducts, irritates the Lungs so as to provoke a Cough, and powerfully expectorates. The Dose 2 or 3 Drams thrice a Day.

An Electuary with Ginger.

Take green Ginger 1 Ounce; Conserve of Red Roses 3 Ounces; (sometimes I order a like Quantity of each) Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; mix.

It comforts the Stomach, cheers the Heart, assists Digestion, takes off Squeamishness, stops Vomiting, dissipates Flatus's, and unholds native Heat. Give the Bigness of a Nutmeg an Hour before Dinner and Supper.

The Grand Electuary.

Take Conserve of Gilly-flowers, Conserve of the yellow Peel of Orange, and Lemon, each 1 Ounce; candy'd Citron, candy'd Nutmeg, candy'd Ginger, Electuary of Sassafras, Juices of Kermes strain'd, Spirit of Lavender compound, of each half an Ounce; Oil of Cinnamon, Cloves, of each 3 Drops; Oil of Aniseed, Mint, Wormwood, of each 1 Drop; Syrup of Raspberries sufficient

ficient to make it up with; beat it all well, and pass it through a pulping Sieve.

This is a great Cordial.

An Hydropic Electuary.

Take Conserve of Roman Wormwood 2 Ounces; powder'd Gutta Jemon 2 Drams; Species of Aromat. Rosat. Oil of Nutmeg by Expression, of each 1 Dram; Syrup of Roses half an Ounce; mix all perfectly.

Let not the Apothecary take Conserve of common Wormwood; because 'twill make the Medicine so unpleasant, that most Patients will refuse it, or at least-wise will not repeat it so often as the Dropsy requireth.

Two Drams of it contains half a Scruple of the Gutta Jemon.

An Hysteric Electuary.

Take Conserve of stinking Arrach 4 Ounces; Oil of Amber 48 Drops; mix.

The Dose is the Quantity of a Chesnut.

An Acteric Electuary.

Take green Ginger (pulped through a Sieve) 6 Drams; Andromachus his Treacle 2 Drams; powder'd Turmeric 6 Drams; Saffron 2 Scruples; Cloves, Aniseed, of each 1 Scruple; Volatile Salt of Salt Armoniac half a Dram; Salt of Tartar half a Scruple; chymic Oil of Nutmeg 4 Drops; Oil of Mint, and Wormwood, of each 1 Drop; Syrup of the 5 opening Roots as much as sufficient; mix, and beat it up with Art.

A Laxative Electuary.

Take powder'd Senna, Cream of Tartar, each 4 Scruples; Pulp of Prunes passed thro' a Sieve 2 Ounces; Syrup of Roses solutive as much as sufficient; mix.

This pleasantly-tasted Medicine lubricates the Intestines, and procures a Stool or two without Sickness or Gripes, and may serve for four Doses to be taken at Night, for which the Party need not keep House the next Day.

Lucatellus's Electuary.

Take Conserve of Red Roses 2 Ounces; Conserve of Heps 1 Ounce; Lucatellus's Balsam half an Ounce; Species of Diatragacanth frigid 1 Dram; Syrup of Balsam 3 Drams; mix.

It incrassates, restringes, heals; and is profitable against Hoarseness, Cough, Spitting of Blood, and all inward Hemorrhages whatsoever: Is good even in a Consumption itself, provided it be not a confirm'd one too far gone.

Let the Quantity of a small Bean be exhibited thrice a Day.

An Electuary of Mallows.

Take Conserve of common (or rather Vervain) Mallow flowers, new Butter unsalted, each 2 Ounces; powder'd Nutmeg 4 Scruples; mix.

It's slimey, soft and oily, and therefore is a commodious Remedy against a dry husking Cough, Asperity of the *Trachea*, and all sorts of Maladies of the *Thorax*, and Organs of Respiration, that spring from acrious Humours. Moreover,

Moreover, it may be given to allay Sharpness of Urine, and (because it anoints, as 'twere, and makes the Ureters slippery) to make an easy Descent for Sand and gravelly Stones.

The Dose half an Ounce twice a Day, at a good Distance from Meals.

An Electuary with Manna.

Take Sperma Ceti 2 Drams; work it with the Yolk of an Egg in a Mortar, till uniformly mixed; then add Manna picked all of the clean sort; Extract of Cassia new drawn, Penids, of each half an Ounce; Oil of Almonds as much as it will well take up; beat it in by degrees, and make an Electuary according to Art.

Very good in the Thrush; and against a dry husking Cough; and is Laxative.

An Electuary of Mars.

Take Conserve of Roman (or Sea) Wormwood, and of Scurvy-grass, each 3 Ounces; green Ginger 1 Ounce and half; Rust of Iron (made into fine Dust) 6 Drams; Oil of Cloves and Sassafras, each 6 Drops; Syrup of the 5 opening Roots 1 Ounce; mix.

It exalts depressed Blood, and gives it a lively florid Colour; opens Obstructions, makes the Fibres strong and springy: Is convenient in a *Chlorosis*, Suppression of the *Menses*, Scurvy, Jaundice, Dropsy, and (to sum up all) in Cachexies of what kind soever.

The Dose is 3 Drams every Morning and Afternoon, at 5, for a whole Month, or 6 Weeks together.

Custom indeed hath obtain'd to give Chalybeats

beats Mornings and Afternoons, and strictly to enjoin Exercise to promote their Efficacy; but all Things are not equally expedient for all; for some have I known, in whom Steel Medicines, thus taken, would always stir up great Turmoil at Stomach, nidorous Belching, and sick Qualms; and the Way to prevent and escape these, was to take them at Night, presently go to Bed and sleep, and so would they bear them well enough. This is not only mine, and a novel Observation, for *Claudinus* (*de Ingressu ad Infirmos*, p. 401.) saith, many have been cured that took Steel in Bed; and therefore it's not always necessary, (as the common Opinion runs) to use Exercise after it.

If Chalybeates raise any great Perturbations, *Sydenham* adviseth to give *Laudanum* dissolved in some Hysteric Mixture, every Night.

An Eleduary of Mastich.

Take Conserve of Red Roses 2 Ounces; Raisins of the Sun passed through a pulping Sieve 1 Ounce; powder'd Mastich 1 Dram and half; Nutmeg half a Dram; Syrup of Meconium as much as suffices; mix.

It coats over the upper Parts of the Throat and *Larynx* with a sort of Emplastick Slime, and so obtunds their exquisitely irritable Sense: It also prohibits the Extillation of too thin, sharp, and fluxile *Serum* from the Glands, remedieth a moist Cough, that troubleth most in the Evening, especially at first going to Bed.

Let the Quantity of a Nutmeg be taken dissolv'd in the Mouth, and gradually swallow'd at every Coughing Fit.

A Mineral Eleatuary.

Take powder'd Gum Guaiacum half an Ounce; malax it with the Yolk of an Egg; then add powder'd Sulphur vive 1 Ounce; Syrup of the 5 Roots enough to make it into a Consistence; mix.

I have known it prescribed, with Success, against Mischiefs occasion'd by the external Abuse of Quicksilver.

An Eleatuary of Mint.

Take Conserve of the right Spear-Mint 4 Ounces; Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; Oil of Anise and Wormwood, each 1 Drop; mix.

It stops Vomiting, takes away Loathing of Meat, invites Appetite, helps Digestion, corrects nidorous Belching, astringes and corroborates a weak Stomach. Some hold that Mint hinders Conception; but perhaps that may be a fanciful Opinion, and grounded upon no Experience or Reason, as many others are, that Tradition hath handed down to us.

An Eleatuary of Mistleto.

Take powder'd Mistleto 1 Ounce; Native Cinabar ground upon a Porphyry, Matthias his Spirit of Lavender, of each half an Ounce; Oil of Rosemary 8 Drops; Syrup of Cowslips 2 Ounces and a half; when they are exactly mix'd, add Spirit of Salt Armoniac as much as will give it a quick biting Taste; keep it in a Gally-pot, tied over very close with a Bladder.

For Cephalic Affections; but in a more especial Manner for such as are spasmodic, and vertiginous.

An Eleduary of Mustard.

Take powder'd Mustard-seed half an Ounce; Conserve of Rue 2 Ounces; Syrup of Stæchas 1 Ounce and half; Oil of Rosemary, Lavender, each 4 Drops; mix.

It penetrates into the Nerves, opens their Obstructions, and puts a new Sprightliness into the clogg'd Spirits: 'Tis of Use in the cold Scurvy and Dropfy, but is principally design'd against soporous Illnesses and the Palsy. The Dose is from 2 Drams to half an Ounce thrice a Day.

An Eleduary with Myrrh.

Take powder'd Myrrh half an Ounce; Olibanum 1 Dram; Saffron half a Dram; work them together in a Mortar with the Yolk of an Egg, and add fine powder'd white Sugar-candy half an Ounce; Pulp of Raisins pass'd thro' a Sieve 1 Ounce; Syrup of Balsam half an Ounce, or as much as is sufficient to make it up with.

It hath Virtues much like the Loboch of Myrrh, which see.

A Nephritic Eleduary.

Take powder'd Seeds of Flixweed, clarify'd Honey, fresh Butter, each 1 Ounce; powder'd Nutmeg 1 Dram; make it up with Syrup of Marsh-mallows.

It admirably prevents and mitigates those Colic Pains, which commonly are occasion'd by a Fit of the Stone in the Kidneys. For Prevention, let half an Ounce be taken Night and Morning for three Days together, before the New and Full Moon, and a Glas of white Wine
after

after it. To alleviate the present Pain, let the same Dose be taken as soon as ever any Grudging of the Fit a coming is perceiv'd, and let it be repeated every 4 Hours for 6 times; and let a quarter of a Pint of the *Magistral Decoction of Mallows* be drank after each Dose.

A Pectoral Eleatuary.

Take powder'd white Troches, clarify'd Honey, Conserve of red Roses, unsalted Butter, each 1 Ounce; Oil of Nutmeg 4 Drops; make it up with Syrup of Fijubes.

It's an elegant Composition for a troublesome tickling Cough, arising from a thin, sharp De-fluxion. Let it be taken from the Point of a Knife, and swallow'd leisurely as it dissolves, as often as the Coughing Fit assaults.

I can't forbear (saith *Sylvius*) warning young Physicians from ordering profuse quantities of Sugar when they would correct, and carry off clammy Phlegm: Since that is so far from loosening and lessening it, that it assuredly increases it, and renders it more glutinous, and hard to be gotten up. Therefore he blames in Coughs (especially such as threaten Consumptions) the abusive daily Use of extravagant Quantities of Conserve of Roses: For that will not absterge, defecate, and consolidate an Ulcer in the Lungs; but will be sure to destroy the Stomach, and render the Malady incurable.

A Peruvian Eleatuary.

Take finely powder'd Peruvian Bark 1 Ounce; the blackest part of Japonic Earth 1 Dram; Balsam

Balsam of Peru half a Dram; Oil of Nutmeg 2 Drops; Syrup of Raspberries 3 Ounces; mix.

Sometimes (when there's no Fear of a *Diarrhœa*) I omit the Japanic Earth, and add fresh Butter half an Ounce; for its Oiliness and Smoothness makes the Bark much easier to be swallow'd, and then it sits not so hard upon the Stomach neither.

If it chance to occasion a *Diarrhœa*, I add Powder of Balauftines; and to the Evening and Morning Doses, 15 or 20 Drops of *Liquid Laudanum*.

It's a true Specific against any sort of Intermitting, or fairly remitting Fevers, and is contrived for 8 Doses, to be given every 3 or 4 Hours.

A Peruvian Astringent Electuary.

Take powder'd Bark of Peru 1 Ounce; Balsam of Tolu, Japanic Earth, each 1 Dram; Mr. Boyle's Syrup as much as is sufficient; mix.

It's a Specific and very effectual Remedy for Spitting of Blood; for it consolidates, and (as 'twere Hermetically) seals up the gaping or ruptur'd Vessels, and that without Danger of an Ulcer of the Lungs, which frequently happens upon taking other Medicines, to the irreparable Detriment of the Sick. Also after due Phlebotomy, it extinguishes Colliquative Hectic Fevers, as saith the Communicater.

It's for 10 Doses to be taken twice or thrice a Day, with two or three Spoonfuls of Plantain or Snail Water.

A Peru

A Peruvian Epileptic Eleatuary.

Take powder'd Bark 6 Drams; Virginia Snake-root 2 Drams; Syrup of Piony, as much as needs; mix it up into a soft Eleatuary.

I (*i. e.* Dr. A.) have experimentally found it a most prevalent and most certain Remedy.

If (after due Evacuations) 1 Dram be given to adult Persons (and a less Dose to others) Morning and Evening, for three or four Months, and afterwards three or four Days before Change and Full of the Moon, it absolutely eradicates Epileptic and Hysteric Diseases; and also those odd Epileptic Saltations called *St. Vitus's Dance*, in which the affected are vexed with a thousand ridiculous Gesticulations and Leapings, after the manner of those in *Apulia*, that are bitten by a *Tarantula*, as the Roman Physician, Dr. *Baglivi*, hath described it.

But though the said excellent Author accuses the Bark, as being the Cause of incurable Mesenteric Obstructions; for my part, I could never yet observe any such Effect, provided the Body were rightly prepared for it: Yet I must acknowledge, that in continual, malignant, petechial Fevers, Jaundice, and Child-bed Women (during the Flowing of the *Lochia*) it's accounted destructive. Thus far Dr. A. But Dr. *Morton* is of another Opinion (*De morbis acutis*, p. 139.) saying, *Cortex in Puerperio salubriter ministratur*; The Bark is a wholesome Medicine for Child-bed Women.

An Eleatuary of Piony.

Take Conserve of Piony-flowers 1 Ounce; powder'd

der'd Piony Root 6 Drams; Piony-seed excorticated 2 Drams; Balsam of Peru 4 Scruples; Syrup of Piony 3 Ounces; mix.

It's prevalent against the Falling Sicknefs, and such-like Convulsive Diseases.

Poterius's Eleſtuary.

Take Poterius his Antibeſtic half an Ounce; Haly's Powder freſh made 1 Ounce and half; Syrup of Fijubes as much as ſuffices; mix.

It deſtroys all manner of exotic, corruptive Sharpnefs, and Aſperities of the Blood and Juices, and induces a balſamic, ſoft, and oleoſe Diſpoſition. It's ſecond to none in a Hectic Fever, and may be taken to two or three Drams twice a Day, with a Draught of Affes Milk.

A Purgine Eleſtuary.

Take Powder of Jalap-root 2 Drams; Rhu-barb 1 Dram; Scammony (prepared with Sulphur) 1 Scruple; Cream of Tartar 2 Scruples; Oil of Aniſeed and Cloves, each 2 Drops; Lenitive Eleſtuary 1 Ounce; Syrup of Roſes ſolutive half an Ounce; or as much as ſerves to make it up.

The Doſe is from 2 Drams to half an Ounce, or 6 Drams in the Morning, with due Obſervance.

The Quadrate Eleſtuary.

Take powder'd Roſemary-leaves half an Ounce; Syrup of Stæchas 1 Ounce and half; Balsam of Peru 12 Drops; Oil of Nutmeg and Roſemary, each 2 Drops; mix.

It's deſign'd againſt cold Affections of the Head and Breaf.

An Electuary of Rhubarb.

Take Conserve of Red Roses 6 Drams; Diascordium half an Ounce; powder'd Rhubarb 2 Drams; Oil of Nutmeg and Cinnamon, each 2 Drops; Liquid Laudanum 80 Drops; Syrup of Quinces half an Ounce; mix.

I like better of leaving the *Laudanum* out of the Compositions, and dropping it into each Dose at taking.

It easeth the Pain of the Guts, very gently turns out the morbid Matter, and pins the Door after it. And stops a Looseness. The Dose is 3 Drams, or half an Ounce, at Bed-time.

An Electuary of Roses.

Take Conserve of Roses 2 Ounces; Sugar of Roses (powder'd, and searced) sweet Butter (unsalted, and wash'd in Rose-water) of each half an Ounce; expressed Oil of Nutmeg, Sperma Ceti, of each 1 Dram; the Yolk of 1 Egg; Oil of Aniseed 1 Drop; Tincture of Benjamin 80 Drops; make it up according to the Apothecaries Art.

Its Use is against Hoarseness, Rheumatic Cough, and the like Spiritual Distempers.

The Royal Electuary.

Take Conserve of Gilly-flowers 2 Ounces; of Heps, Gelly of Raspberries and of Currants, Juice of Kermes strain'd, each half an Ounce; Amber-grise (well ground in a Mortar, first with Sugar-candy 16 Grains; and after with Oil of Vitriol 4 Drops) 4 Grains; having wrought it up into an Electuary, and added as much Oil of Vitriol

Vitriol as may make it pleasant, pass it all thro' a pulping Sieve.

An Electuary in a Rupture.

Take Conserve of Hypericon-flowers 1 Ounce; Pulp of Comfrey-root (baked in an Oven with Sugar Lain upon Lain half an Ounce; the Stone called Hæmatites (reduced with Spirit of Wine on a Marble to an Alcohol) 2 Drams; Dragons Blood in Drops 1 Dram; Sugar of Saturn, Balsam of Peru, of each half a Dram; Oil of Aniseed, of sweet Fennel-seed, of each 2 Drops; Syrup of Coral 1 Ounce; or as much as there is Occasion for to make it up with; mix.

The Dose is 2 or 3 Drams.

A Sanative Electuary.

Take Sperma Ceti 1 Dram; yellow Wax 3 Drams; Oil of sweet Almonds 1 Ounce; having melted all together, and taken it from the Fire, keep it continually stirr'd, and when it's almost cold, and hath Consistence enough to stand, mix it in a Mortar with Conserve of red Roses 1 Ounce and half; clarified Honey 1 Ounce; and so make it into an Electuary.

It's very profitable against a tickling Cough, Erosions of the Mouth, and first Passages, Thrush, Dysentery, &c. The Dose 2 or 3 Drams four times a Day, or oftener.

An Electuary of Sarsa.

Take Meal of Sarsa searced 1 Ounce; Gum of Guaiacum half an Ounce; Oil of Juniper 16 Drops; the Yolk of 1 Egg; Syrup of Balsam 3 Ounces; or as much as requisite to mix it.

It

It doth Good for running Joint-Pains, and in foul Ulcers.

An Electuary of Satyrion.

Take candy'd Satyrion Root 2 Ounces; candy'd Eryngo Root 1 Ounce; candy'd Nutmeg half an Ounce; Juice of Kermes, Spirit of Clary, each 2 Drams; long Pepper powder'd 16 Grains; mix.

It's an Aphrodisiac, and after a singular manner restores People that are Consumptive and Emaciated. The Dose 2 or 3 Drams, Evening and Morning, with a Glass of Old Malaga, or Tent Wine.

A hot Scorbutic Electuary.

Take Scurvy-grass 3 Ounces; Currants, white Sugar searced fine, each 1 Ounce and half; Powder of Arum compound 6 Drams; Winters Bark 2 Drams; Oil of Sassafras 4 Drops; Syrup of Elder-berries 1 Ounce; or as much as needs.

It abounds with a smart, pungitive, volatile Salt; and therefore volatilizeth fixt and acid Salt; mends the Blood and Juices, when overrun with a scorbutick Dyscrasy, dissolves Coagulations, beats open Obstructions, carries away Feculencies both by Sweat and Urine; is available against the rancid Sort of Scurvy, Jaundice, Dropsy, Palsy, &c. Let half an Ounce be taken twice a day, for a Month running. Steel may be added, if the Case require.

A Temperate Scorbutic Electuary.

Take Conserve of Wood Sorrel 4 Ounces; of Heps 1 Ounce; Powder of red Coral half an Ounce;

Ounce; of Ivory, Harts-horn, each 2 Drams; Syrup of the 5 opening Roots 2 Ounces; mix.

It's a well-suited Medicine to those that are Scorbutick, and of a hot Constitution: It restores the lost Ferment of the Stomach, assists the Ventricle and *Viscera* serving to Chylification in the Performance of their Office; tempers and depurates the Blood, and adust Juices; discharges Stoppages, and promotes Urine. The Dose half an Ounce twice a day.

A Spirituous Electuary.

Take Volatile Salt of Salt Armoniac 1 Scruple; Oil of Rosemary 2 Drops; double refin'd Sugar searced 1 Ounce; Naples Bisket dry'd, powder'd and searced, an Ounce and half; Mustard-seed 2 Drams; compound Piony Water, and Matthias's Spirit of Lavender, of each 6 Drams; mix all up into an Electuary.

It consists of subtle Parts, is a brisk Medicine, comforts the Stomach, Head, Nerves; recreates the Spirits, and helps such as have a Tremor, or are in Danger of a Palsy.

A Splanchnic Electuary.

Take Conserve of Roman (or Sea) Wormwood, and of Scurvy-grass, each 2 Ounces; candy'd Elecampane Root half an Ounce; Powder of Arum compound 3 Drams; long Pepper, Salt of Wormwood, each half a Dram; Syrup of Fumitory 1 Ounce; mix.

It has the same Virtue with the Splanchnic Decoction, only 'tis hotter. The Dose 2 or 3 Drams twice a Day.

A Stomachic Electuary.

Take Conserve of red Roses, and Roman Worm-wood, each 1 Ounce and half; Conserve of Mint, of yellow Orange-peel, green Ginger, Venice-Treacle, each half an Ounce; sometimes I add long Pepper 24 Grains; Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; Syrup of Quinces sufficient to make it up; mix.

When we would have Electuaries (or Powders) remain a good while in the Stomach, it's best to give them alone, without a liquid Vehicle, and permit no Sort of Drink that may wash them off in an Hour after. Upon this Account also, it's requisite that such Electuaries be made of a grateful Taste, and soft Consistence, that they may be the better swallow'd down.

It corrects the Coldness, Crudity, and Laxity of the Stomach; breaks off Wind, restores Appetite, helps Digestion, cures Vomiting.

Let the Quantity of a Walnut be taken an Hour before Meals for an Appetite, and just after Meals for Digestion.

A Styptic Electuary.

Take Conserve of red Roses 3 Ounces; Astringent Crocus of Mars 3 Drams; Sugar of Lead 1 Dram; Syrup of Quinces (or of dry'd Roses) half an Ounce; mix.

It stays immoderate Flux of the *Menses*, and all inward Hemorrhages. The Dose half an Ounce.

A Sulphurate Electuary.

Take Conserve of red Roses 2 Ounces; Balsam of Sulphur Terebinthinated 1 Dram; mix.

It

It resists Putrefaction, mundifies, consolidates, dries, roborates, and tempers Acids; is used for Defluxions into the Breast, Cough, and beginning Consumption: But when a Hectic is once begun, Sulphureous Medicines are too hot, and must be forborn. And some forbid Balsam of Sulphur in a Consumption, where there hath been a Breach in the Lungs, and Spitting of Blood. The Dose 2 Drams, twice or thrice a Day.

An Electuary of Tamarinds.

Take Pulp of Tamarinds, Extract of Cassia, of each 6 Drams; Manna (dissolved over the Fire in Rose Water, strained, and evaporated to the Consistence of Honey) an Ounce and half; Senna powder'd 2 Drams and half; Cream of Tartar half a Dram; Syrup of Violets as much as requisite: Mix all up into an Electuary.

It's a gentle Laxative for Children, ancient People, and such as are weak.

An Electuary of Tartar.

Take good Cream of Tartar (not adulterated with Allum) Naples Bisket, of each half an Ounce; powder and sift both, then add Oil of Vitriol 8 Drops; and Syrup of Violets as much as needful; beat all up into an Electuary.

Angelus Sala is very liberal in his Commendations of Tartar; saying, it refresheth the Tongue when parched and dry, extinguisheth Thirst, represseth the Fervor and Ebullition of Bile, restores Appetite, quieteth Pain of the Stomach, attenuates, and dissolves viscid, clammy, and mucilaginous Humours; opens Obstructions of the Interiour *Viscera*, dissipates Flatus's

Flatus's, incides crude tartareous Humours; and carries them off more commodiously, and benignly, than any other Medicament can pretend to do.

And he relates of himself, that when he was often, and most miserably rack'd with the Colic, and could not be freed from it by any other Medicines, he took 6 Drams of Powder of Tartar, by which he was purged, and released from his Torture; and at length, by many Repetitions of the same, entirely cured.

A Cerebinthinate Electuary.

Take Conserve of Red Roses 4 Ounces; Oil of Turpentine 80 Drops; mix.

It's an excellent useful Thing for a Cough that is caused by thick Phlegm impacted in the Lungs; for purulent Exulcerations, where there is no great Hectic Fever; as also to deterge the Reins, and enforce Urine. Dose 2 or 3 Drams twice a Day.

An Electuary for the Thrush.

Take true Bole, Sugar, Penids, of each an Ounce; reduce them to fine Powder, and with fresh Butter (washed in Rose-water) two Ounces; mix all up.

Let the Quantity of a Filbert be often held in the Mouth, and swallow'd by little and little.

An Electuary with Turmeric.

Take Conserve of Celandine-leaves 1 Ounce; powder'd Turmeric half an Ounce; Troches (or rather dried Flesh) of Vipers 3 Drams; Rhubarb, Saffron, each half a Dram; Syrup of Fumitory as much as suffices; mix.

It

It revives the Ζύμωσις of the Blood, adds fresh Vigour to the depressed volatile Salt; stimulates, and gives Motion to the Bile stagnating in the Liver, and so happily cures the Jaundice. Dose the Quantity of a Walnut, twice a Day, with a Glass of white Wine after it.

1. An Electuary of Zedoary.

Take powder'd Zedoary 1 Ounce; Balsam of Peru 1 Dram, 1 Yolk of an Egg; Spirit of Lavender compound 2 Drams; Syrup of Piony 3 Ounces; mix.

It's for the Colic.

2. An Electuary of Zedoary.

Take Conserve of Marjoram 6 Drams; Balsam of Peru 2 Drams; powder'd Zedoary 1 Ounce; Diacodium 2 Ounces; mix. You may add upon occasion Long Pepper 16 Grains.

It's helpful in a Colic-Fit, and may be given, after Way made through the Intestines, by Cathartics: But its main Use is for Prevention of an habitual Hysteric Colic, where the Stomach and Guts are cold, lax, and weak. The Dose 2 Drams twice a Day, at a good Distance from Meals.

A Cardiac Eleosaccharum.

Take Oil of Cinnamon 6 Drops; Saffron, Musk, Ambergrise, each 3 Grains; white Sugar 1 Dram and 15 Grains; make it into a Powder to be divided into 6 Doses, and given in a fitting Vehicle.

For the proof of distill'd Oils, put a Drop or two into a Silver Spoon; and hold it over hot Coals,

Coals, or the Flame of a Candle: If then the Oil quickly fly off clean, and leave no Greasiness behind, you may conclude it's not adulterated with expressed Oil, or any sort of Fat.

An Anodyne Elixir.

Take Camphire, Myrrh, Saffron, each half an Ounce; Contrayerva-root, Cloves, each 1 Ounce; Opium 2 Drams; Spirit of Wine rectify'd without Heat 20 Ounces; digest in a Dung-hil 6 Weeks, then decant the clear Liquor for Use.

It's one of the best Medicines to cure Colic and Nephritic Pains; it resists Poison, causeth Sweat, and is much esteem'd at *Leyden*, saith *Dr. A.*

The Dose is from 5 to 20 Drops in a fitting Vehicle.

A Cathartic Elixir.

Take Senna 6 Drams; Rhubarb 2 Drams; Liquorice 1 Dram and a half; Aniseed, Carraways, each 1 Dram; Cochineal 1 Scruple; Saffron half a Scruple; Brandy 12 Ounces; Aqua Mirabilis, Cinnamon-water, each 2 Ounces; after due Infusion, strain and add Syrup of Roses solutive 2 Ounces; mix.

I account of this as the best I ever met with of this kind. The Dose is 2 Spoonfuls at Night, and 3 the next Morning, or else 5 or 6 Spoonfuls in the Morning only.

An Elixir with Cloves.

Take Elixir Proprietatis tartariz'd, Matthias's Spirit of Lavender, of each half an Ounce; Cloves
K *bruised*

bruised 1 Dram and 4 Grains; Cochineal 8 Grains; Grains of Paradise 48 Grains; let all stand 3 Days cold; then strain.

The Dose is 15 or 20 Drops in a Glass of white Madera, Mountain, or Sherry-wine.

A Stomach Elixir.

Take Elixir Proprietatis tartarized 3 Drams; Oil of Cloves, Nutmeg, each 6 Drops; Oil of Mint 2 Drops; Oil of Wormwood 1 Drop; mix.

The Dose is 15 or 20 Drops in a Draught of Sack, or Sherry-wine, in the Morning.

A Stomach Elixir with Cinnamon.

Take Elixir Proprietatis tartarized 3 Drams; Oil of Cinnamon 12 Drops; mix.

The Dose is 15 or 20 Drops in a Glass of Wine.

A Volatile Elixir.

Take Spirit of Lavender according to Matthias 2 Drams; Tincture of Benjamin half a Dram; Spirit of Salt Armoniac a Dram and half; mix.

It refresheth the Spirits in sick Fits, and Hysterical Faintings. The Dose is 20 or 30 Drops in appropriate Vehicle.

Emetic Forms.

Take lukewarm Water 1 Pint; Oil of Olive (or of sweet Almonds) 4 Ounces; mix for a Draught.

Take green Tea half an Ounce; boil it in Water (or Ale) from 1 Pint to half a Pint for a Draught.

Take Oxymel of Squills 6 Drams; Salt of Vitriol

Vitriol 4 Grains; mix for a Child 6 Years old.

Take Oxymel of Squills 3 Ounces; drink it in a Draught of Posset.

Take Oxymel of Squills 1 Ounce; Salt of Vitriol 15 Grains; Infusion of Crocus Metallorum 3 Drams; mix.

Take Oxymel of Squills 2 Ounces; Salt of Vitriol 1 Dram and half; Cinnamon-water 2 Ounces; mix, and let 2 or 3 Spoonfuls be taken twice or thrice an Hour, as long as Vomiting is desir'd to be continu'd.

Take Oxymel of Squills, Oil of sweet Almonds, each 4 Ounces; let 2 Ounces be taken, and repeated till it operate.

Take Groundsel 1 Handful and half; Currants half a Handful; Aniseed (added at last) 2 Drams; boil in Ale 12 Ounces to half a Pint, for a Draught.

Take inner Rind of Elder 2 Handfuls; boil in Milk and Water, each half a Pint, till half be evaporated, and strain it out for 1 Dose.

Take green Assarabacca from 5 Leaves to 9; bruise and pour on them Ale (or white Wine) 3 Ounces; let them stand together cold an Hour, and then strain and squeeze out the Liquor for a Dose.

Take Emetic Tartar from 1 Grain to 5 or 6.

Take Emetic Wine (prepar'd with Crocus Metallorum, and Glass of Antimony in white Wine) from 20 Drops (which Dose I have known given to a small Infant) to 6 Drams, 1 Ounce, or 10 Drams.

Take powder'd Root of Ipecacoanna, from half a Scruple (for a Child) to half a Dram, 2 Scruples, or (at most for a grown Man) 1 Dram.

It were to be wished, that young Practitioners (for whose Sake I compil'd this *Pharmacopæia*) would be very cautious in the Use of, or rather would wholly forbear, the following Emetics.

Tobacco Leaves.

All the sorts of Spurges.

White Hellebore.

Glass } of *Antimony* }
Regulus } in Substance.
Crocus Metallorum }

Turbith Mineral.

Sulphur of Antimony.

Flowers of Antimony.

Aurum Vitæ.

Mercurius Vitæ, which hath been called *Mercurius Mortis*.

Hercules Bovii.

The Arabic Emulsion.

Take Gum Arabic 1 Ounce; bruise and boil it in fine Barley-water 1 Quart, till it be wholly dissolved; with this Solution, and Mallow-seed, white Poppy-seed, and sweet Almonds blanch'd, each half an Ounce; make an Emulsion according to Art; to which add Sugar of Lead 16 Grains, Syrup of Marsh-mallows 3 Ounces; mix.

In any Scalding of Urine, caused either by Acrimony of the Blood, or by Epispastics, or gravelly Sand, it's a present Remedy. The Dose 4 or 6 Ounces, two, three, four, or more times a Day.

An Asthmatic Emulsion.

Take Millepedes alive 120; bruise them in a Marble

Marble Mortar, pouring on them by little and little, Penny-royal Water 6 Ounces; in the Liquor strongly expressed dissolve Gum Ammoniac 3 Drams; strain and put to it Tincture of Benjamin 3 Drams.

The Dose is a Spoonful in a Draught of Pectoral Decoction several times a Day.

A Balsamic Emulsion.

Take Balsam of Tolu 6 Drams; decoct it in fine Barley-water 3 Pints to 1 Quart; when it's cold, strain it; and adding sweet Almonds blanch'd 6 Drams; Balm of Gilead 16 Drops; white Sugar 1 Ounce; make an Emulsion according to Art.

It's a fit Prescription for consumptive Persons; for it softens down harsh Juices, comforts the Lungs, discusses crude Tubercles, corrects Putrefaction, and makes the Parts sound.

Give a Draught of 4 Ounces four times a Day.

Brunner's Emulsion.

Take Gum Ammoniacum 1 Dram and a half; having dissolv'd it cold in a Mortar, in Hyssop-water, 4 Ounces; and Rhenish-wine 2 Ounces; strain it out for 2 Doses.

In an Asthma it's accounted an extraordinary and never-failing Remedy, and puts off the suffocating Fit so effectually, that I have not seen a better, saith the Author. *Consil.* 34.

A Cathartic Emulsion.

Take Rosin of Scammony (or Scammony powder'd fine) half a Scruple, or as much as suits the Patient's Constitution; Yolk of Egg 2 Drams; white Sugar 1 Dram; Damask Rose and Bar-

ley, Cinnamon-water, each 6 Drams; mix for 1 Dose.

This Rosin is wont to be faulty upon two Accounts; either it will not dissolve in the Body, but be cast out again unalter'd, without causing any Purgation at all; or it will stick in the Folds of the Ventricle and Intestines, so as to work ruggedly, and cause Sickness at Stomach, Vomiting, Gripes, and Hypercatharsis: But thus broken into its minute Particles, and divided, and kept asunder by the Admixture of the Yolk, it's perfectly cicurated, and useth to do its Business effectually, and safely enough.

Dr. Jones (of *Opium*, p. 297.) when Rosin sticks at Stomach, for Remedy giveth *Sal. Tart.* a Scruple in a Spoonful or two of Brandy, and repeats the same often: He also commends Yolks of Eggs and Soap.

A Common Emulsion.

Take sweet Almonds blanch'd, Cucumber, and white Poppy-seeds, each half an Ounce; refin'd Sugar 1 Ounce; beat these all together in a Marble Mortar, till they are almost like Paste; then adding fine Barley-water, by little and little, a Quart; make an Emulsion according to Art; which strain and squeeze out thro' a Linen Cloth.

If the Sugar be thus beaten in with the Almonds and Seeds, it will fetch out their oily Part, and make the Emulsion the whiter and better.

The Uses of this are great and many. 1. For Heat, Estuosity, Erosions of the Stomach, and Thirst. 2. For Fervors and Tortures of the Bladder, scalding Urine, and *Gonorrhæa*. 3. For

For Ebullition and Acrimony of the Blood in inflammatory Fevers, Pleurifies, Rheumatism, Watchings, and *Delirium*. 4. To supply and restore *Serum*, when deficient in an ardent and in Hectic Fevers, the Body being parch'd and dry'd up; summarily to lenify, supple, refrigerate, and humect.

Emulsions kept too long will grow sour of themselves, and Acids put into them are apt to precipitate their lacteous Substance, therefore it's against Rules of Pharmacy to prescribe in Emulsions, Syrup, or Juice of Lemons, Spirit of Vitriol, Sulphur, or any of that kindred.

Let the Patient take a full satisfying Draught at Pleasure: If the Stomach be very tender and weak, or if there be a *Diarrhœa*, let it be given warm.

A Cordial Emulsion.

Take Epidemial and compound Piony-water, each 4 Ounces; Citron-seeds half an Ounce; make an Emulsion, to which (when strain'd) add Sugar of Pearl 3 Drams; Oil of Nutmeg 1 Drop; mix.

In malignant Fevers, let the Sick take 2 or 3 Spoonfuls twice or thrice a Day.

A Diuretic Emulsion.

Take fresh gather'd Nettle-roots 4 Ounces; boil them in Spring-water 3 Pints to 2 and a half; to the strain'd Liquor add Seeds of Nettles half an Ounce; Parsley 1 Ounce; Anise, Mustard, of each 2 Drams; infuse hot 4 Hours; strain without squeezing; with 28 Ounces of it, and sweet Almonds, Melon, Gromwel, white

Poppy-seeds, of each half an Ounce, white Sugar an Ounce and half, make an Emulsion according to Art; to which add Radish-water compound 4 Ounces; Egg-Shell, ground to an impalpable Alcohol, half an Ounce; mix.

An Emulcorating Emulsion.

Take Gum Arabic 3 Ounces; dissolve it over the Fire in limpid Barley-water a Quart; when it's cold, add Crabs-eyes prepared by Levigation and Lotion, an Ounce and half; double refin'd Sugar 2 Ounces; Oil of Nutmeg 2 Drops; mix.

The said Preparation of Crabs-eyes is this, beat and grind them well in a (not Brass, but) Marble Mortar; pour fair Rain-water upon them; stir all together, so as to make it a turbid and milky Liquor; then having let it stand quiet a very little while, that the grossest Part may subside, decant the white Water into a large earthen Vessel.

Then grind (with the Pestle) the Crabs-eyes again, pour on more Water; mix well, let the gross part sink, and decant the pure white into the same Vessel.

These Operations repeat, till you have gotten all the fine Part of the Crabs-eyes together in the earthen Vessel.

Cover the said Vessel with a Cloth to keep out the Dust; set by till all the Powder be clean fallen out of the Water, and subsided to the Bottom.

When the white Ground is pretty firmly settled, gently pour off the clear Water, take out the Sediment, spread it in earthen Dishes; when it is dry enough make it up into Balls, which dry and keep in Glass Bottles for Use.

After

After this manner may all Testaceous and Cretaceous Substances be prepared, and render'd fine to any Degree desired; yea much more exquisitely fine, than they can by Levigation alone.

This is good in Heart-burning (so called) and Strangury.

An Emulsion with Harts-horn.

Take Decoction of burnt Harts-horn (not clear but white) 1 Quart; sweet Almonds blanch'd, white Poppy-seeds, each half an Ounce; make an Emulsion, to which (when strained) add strong Cinnamon-water 2 Ounces; Oil of Nutmeg 1 Drop; fine Sugar 1 Ounce; mix.

It's used with happy Success for constant Drink in such Fevers as are accompanied with a symptomatic *Diarrhœa*.

Calcin'd Harts-horn being a mere *Terra damnata*, wholly bereav'd of all Salts, must needs, as it boils in Water, imbibe the Salt of that Water, and leave its Pores empty and esurient: And then that esurient Water, taken into our *Viscera* and Vessels, will greedily suck into it whatsoever Salts it finds, and will carry them out of the Body with it. And (as I judge) this is the Manner how it correcteth the Ventricle and Intestines, and edulcorateth the Blood and Juices.

Dr. Mayow (*de Thermis Bath.* 264.) lends us some Light in this Matter, saying, If Salt of Tartar be mix'd with Spring-water, a Precipitation follows, and it turns white; which is a certain Proof that Spring-waters have an Acid Salt in them.

Tachenius on the contrary (as you may see in

in Juniper-water compound) will have it, that Spring-waters contain an *Alcali*. Now if these two Authors speak of Spring-water in general, they are both wrong: for it's undeniably certain, that some Waters are impregnated with *Acid*, and others with *Alcalifate* Salts.

An Hysteric Emulsion.

Dissolve cold in a Mortar Asa-fœtida 2 Drams, in Black Cherry-water half a Pint, and strain.

It's an excellent *Euporiston* in Hysteric Fits or Faintings. The Dose a Spoonful.

A Pacific Emulsion.

Take white Poppy-seed 2 Drams; 1 sweet Almond blanch'd, with red Poppy-water 3 Ounces and half, make an Emulsion; to which add Mint-water 1 Dram; Diacodium 3 Drams; for a single Dose.

It sooths up and composeth to Quiet the mad raging Spirits, and persuadeth Sleep: It's more temperate than *Laudanum*, and lieth not so heavy on the Stomach as *Diacodium*.

An Emulsion of Piony.

Take Piony and white Poppy-seeds, blanch'd Almonds, each half an Ounce; fine Loaf Sugar 1 Ounce; Oil of Nutmeg 2 Drops; when they are well beaten together, add by degrees Black Cherry-water 1 Quart; make an Emulsion according to Art; to which, when strain'd, add compound Piony Water 2 Ounces; mix.

N. B. After this manner may any Chymical Oil be commodiously mix'd up, and made fit to take: Or it may be done with the help of
Yolk

Yolk of Egg, as in the *Juniper Mixture*, which see.

It's given for the Epilepsy, and all Convulsive Diseases, but is especially of egregious Use in Fevers with Head-ach, frightful Dreams, Snatching of the Tendons, &c.

The Dose from 2 to 4 Ounces every eighth or sixth Hour.

A Styptic Emulsion.

Take Comfrey Root, cut into thin Rundles, 4 Ounces; boil it in Water 3 Pints to 1 Quart; strain out the Liquor, with which and sweet Almonds blanch'd, white Poppy and Henbane-seeds, each half an Ounce; white Sugar 1 Ounce, make an Emulsion, and dissolve in it Salt Prunel 1 Dram; Sugar of Lead 1 Scruple.

It refrigerates, contempers, and increassates the Blood; closeth up the Mouths of the Vessels, pacifieth the unquiet Spirits, and is a useful thing to stay Bleeding at the Nose, Spitting of Blood, Flux of the Hemorrhoids or *Menses*. The Dose 4 Ounces twice a Day.

A Variolose Emulsion.

Take sweet Almonds blanch'd; Seeds of Melons, Cucumber, white Poppy, of each 2 Drams; double refined Sugar half an Ounce; when all are sufficiently beaten up in a Marble Mortar, pour on by degrees Gelly of Harts-horn and Ivory (made without Juice of Lemons) 4 Ounces; Alexiterial Milk-water 12 Ounces; strain and wring it out strongly, then add Epidemial, and Cinnamon-water, of each an Ounce; Diaphoretic Antimony rightly prepar'd 2 Drams; mix.

The Dose is 6 or 8 Spoonfuls.

An

An Aluminous Epithem.

Take burnt Allum powder'd half an Ounce; Nutmeg 1 Dram; Honey of Roses as much as sufficient to make it of the Consistence of an Ointment, which spread upon Paper, and bind upon that Side of the Face that is in Pain, with a convenient Cloth.

The Tooth-Ach is entitled to it, and it hath place when the Cause is not a hollow, rotten Tooth, but a sharp Rheum affecting the whole Jaw, and one Side of the Face, which bringeth a Conflux of Humours, and an Inflammation; for it repels very powerfully.

An Anodyne Epithem.

Take Brandy 4 Ounces; Camphire half a Dram; Opium 2 Drams; dissolve.

It comforts the Nervous Parts, by its Warmth; appeaseth the raging Spirits; penetrates deep; sets open the Pores; attenuates; dissipates; obtunds the dolorifick Matter, and drives it off by *Diaphoresis*. It may be of Use in an Iliac Passion.

Avicenna's Epithem.

Take Wood-ashes 2 Ounces; Vinegar 8 Ounces; make a Lixivium; into which strain'd, dip Linen Cloths; wring them out, and lay them over the Head.

This is design'd for cold Maladies of the *Petricranium*.

An Epithem of Calx.

Take Calx 2 Ounces; thin Honey as much as sufficient to bring it to the Consistence of an Unguent,

guent, to be spread upon Leather, applied to the Part affected, and renew'd as often as it grows dry.

It must be mingled with Care and Artifice (especially if the *Calx* be new calcin'd and unslack'd) otherwise 'twill rise into Bubbles, and grow into Lumps. I have sometimes added common soft Soap.

It's a notable Experiment, and well proved, against fix'd Scorbutick Pains and Joint-Rheumatisms. I never offer'd at it in the true Gout, but am of Opinion 'twould be very available; and it may be the safer ventur'd upon, because it doth not repel. It's a good Thing to lay on Chilblains that are not broke. It's almost a Caustic.

A Cordial Epithem.

Take Queen of Hungary's Water 6 Drams; compound Spirit of Lavender, Spirit of Saffron, each 2 Drams; Apopleptic Balsam 1 Scruple; Oil of Cloves 10 Drops; mix.

It's a proper Prescription against Swooning Fits, and Palpitation of the Heart; but is not agreeable to Hysterick Women, because of its Perfume, which few of them can bear.

An Epithem of Sugar of Lead.

Take Vinegar half a Pint; Sugar of Lead 1 Ounce; dissolve.

Fold a Linen Cloth, dip it into this Liquor, apply it absolutely cold to the Region of the Heart; and as often as it waxeth warm, repeat it cold again.

'Twas communicated to me by an eminent Physician, as a miraculous Experiment against Bleeding

Bleeding at the Nose: He told me, 'twill at first (by reason of its Cold) strike the Patient into a little quaking and shaking like the Horror of an Ague Fit; and in a small Time after, let the Flux of Blood be never so pouring, 'twill most certainly stop it.

A Saponaceous Epithem.

Take the Spirit that comes over first in the Distillation of Magistral Worm-water six Ounces; Spirit of Scurvy-grass 2 Drams; Spirit of Salt Armoniac 6 Drams; Venice Soap scraped thin 1 Ounce and half; Camphire 6 Drams; Opium 1 Dram; Saffron half a Dram; give it due Digestion, and then decant the clear.

It mightily relieves and succours Gouty People, where it proves not too hot; for it roborates the Part affected without any manner of Repulsion, streightens our painful Crispations of the Fibres, appeases wild rioting Spirits, sheathes up sharp Points of Salts, dissipates dolorific Ichor, and draws it off by Transpiration.

John Conrade Rhumelius hath given us the following pretty concise Prescript, which, I suppose, this was meant to be an Improvement of.

Take Venice Soap 2 Ounces; Camphire from 2 Drams to half an Ounce; Spirit of Wine as much as needs; give it due Digestion; then having separated it from its Fæces, keep it for Use, and let it be applied to the pain'd Part with Linen Cloths.

A Stomach Epithem.

*Take Spirit of Wine camphorated 4 Ounces; Andromachus his Treacle 2 Drams; Oil of Cloves
16 Drops;*

16 Drops; Oil of Nutmegs 8 Drops; Oil of Mint 4 Drops; Oil of Anise, and Wormwood, of each 2 Drops; mix.

This is good against Coldness, Laxity, and Pain of the Stomach; as also against Nauseousness, and Vomiting.

A Chymical Errhine.

Take Turbith Mineral half a Scruple; Powder of Liquorice half a Dram; Nutmeg 1 Scruple; Oil of Rosemary 2 Drops; make it all into a Powder, to be snuffed up into the Nose in a very small Quantity.

Errhines are to be us'd chiefly in the Morning, but (if need be) at any other Time also: They draw out of the Head and Nose abundance of Water, *Mucus*, and viscid Phlegm, and are pertinently prescrib'd against such Illnesses of the Head, as are caused by tough, clammy Matter, and have been of long Continuance and contumacious, such as gravitative Head-ach, Palsy, and drowzy Distempers.

This of Turbith is wonderfully powerful, brings off especially thin *Lympha* (as though it rais'd a Salivation thro' the Nose) so plentifully and streamingly, that none can imagine it who hath not seen it: But if repeated too often, 'twill fret the Membrane of the Nostrils, and make it sore; therefore, after every time of using it, it would not be amiss to snuff up warm Milk or Oil.

A Deterging Errhine.

Take Decoction of Mother of Thyme 5 Ounces; Antiphthisick Tincture 1 Ounce; Tincture of Benjamin half a Dram; mix.

An Errhine of Elaterium.

Take powder'd Elaterium 4 Grains; Langius's Water 1 Ounce; Oil of Nutmeg 2 Drops; mix.

Make Tents of Tobacco Leaves, dip them in this Mixture, thrust them up the Nose, and let them there continue as long as they can be endur'd.

An Errhine of Euphorbium.

Take powder'd Euphorbium half a Scruple; White-wine 1 Ounce; Spirit of Scurvy-grass 2 Drams; Oil of Marjoram 2 Drops; mix.

Dip Cotton into it, and having shaped it fitting, put it up the Nostrils.

Ludovicus (Pharmac. p. 147.) decocts Euphorbium half a Dram in Water half a Pint; then strains out, and uses it sparingly, because 'tis corrosive and semi-virulent.

An Errhine of Juices.

Take Leaves of Honey-suckle 4 Handfuls; Primrose 3 Handfuls; Betony 2 Handfuls; Marjoram 1 Handful; stamp these, and strain out their Juice.

Put some of it in the Palm of your Hand, and snuff it up two or three times, or let it be blown up with a Quill, or Tobacco-pipe.

A Solid Errhine.

Take Confectio Hamech, powder'd Scammony, each 2 Drams; Euphorbium 16 Grains; make it into a Mass like Paste, out of which form longish Pellets to be thrust up the Nose, and to be there kept an Hour with a Muffler.

A Vitriolic Errhine.

Take Marjoram-water (or Tea made with Marjoram) 1 Ounce; dissolve in it Salt of Vitriol half a Scruple.

Ettmuller takes white Vitriol 2 Drams, Water 8 Ounces, dissolves, and lets it stand to precipitate.

Sometimes he allows but 2 Scruples to 8 Ounces; but if it be too strong, it may easily be weaken'd to any Degree with Water.

'Tis one of the best Errhines to bring away *Mucus*, and plenty of Rheum: And if it be made mild, it may be used to new-born Babes, when their Nostrils are stopt.

A Citrine Essence.

Take Tincture of Salt of Tartar a Pint; Powder of Rosinous Jalap 2 Ounces; Cloves 32 Grains; Saffron 16 Grains; infuse warm and close 4 or 5 Days.

The Dose of the filtred Essence is from 2 Drams to half an Ounce.

A Cordial Hysteric Essence.

Take Oil of Cloves 30 Drops; Oil of Amber 6 Drops; Oil of Aniseed 4 Drops; mix.

Or to these may be added *Spirit of Salt Armoniac* 2 Drams.

After the same manner may be contriv'd of Chymical Oils infinite other Essences, Stomachic, Carminative, Cephalic, Diuretic, &c. according to the various Intentions of the Prescriber.

Let 3 Drops be taken dropt on a Lump of
L Sugar,

Sugar, or Sugar-cake; or in Beer, Wine, or other appropriative Vehicle.

Asthmatic Expression.

Take live Millepedes 128; bruise them in a Marble Mortar, adding Waters of Hyssop 4 Ounces; of Penny-royal 2 Ounces; of Piony compound 1 Ounce; in the strained Liquor dissolve Gum Ammoniac 32 Grains; strain again, and add Tincture of Benjamin 2 Drams; Syrup of Balsam 1 Ounce; Oil of Aniseed 1 Drop; Spirit of Salt Armoniac as much as will give it a pretty smart Acrimony; mix.

It's to be given a Spoonful at a time in the Paroxysm.

An Expression of Brooklime compound.

Take Brooklime, Water-cresses, Borage, Plantain, each 4 Handfuls; having stamp'd them in a Stone Mortar, and pour'd on them Water 2 Quarts, let them stand cold an Hour; then strain out the Liquor, and drop into it as much Oil of Vitriol as will give it a convenient Tartness; this set by, and when it's settled and grown very clear, decant it, and keep it in Glass Bottles for Use.

Thus may be prepared Expressions of Purslain, Nettles, &c. And to these may be added *Lap. Hæmatites*, Syrup of Coral, of Meconium, &c. according to the present Intentions of Cure.

This easy, parable, and cheap Expression, hath the same Virtues with the temperate *Scorbutic Expression*, but refrigerates much more.

Among

Among other its Uses, I esteem it a very admirable Thing against Bleeding at the Nose, and Inflammation of the Eyes.

It may be drank to half a Pint twice a Day.

An Isteric Expression.

Take Celandine 2 Handfuls; Juniper-berries 1 Ounce; to these well bruis'd, add Saffron (cut small with Scissors) 1 Scruple; white Wine (or Rhenish) 1 Pint; Aqua Mirabilis 2 Ounces; after it hath stood cold 12 Hours, strain out the Liquor, and sweeten it with Syrup of the 5 opening Roots 1 Ounce and half.

After due Purging (or Vomiting, if needful) give 3 Ounces 3 times a Day, till the Jaundice wear off. To this may be added Millepedes 200.

An Expression of Millepedes simple.

Take live Millepedes, and white Sugar, each 3 Ounces; when they are well beaten and mix'd together in a Mortar, add white Wine 1 Pint, and strain and squeeze out the Liquor.

Millepedes abound in Volatile Salt (as all Insects do;) they incide, and dissolve tough clammy Phlegm wheresoever it sticks; attenuate, exalt, and depurate the Blood, penetrate into the Glands, Nerves, Fibres, smallest Pipes and Passages, piercing through Obstructions, deterring, cleansing, and comforting, and are famous for their Diuretic Quality: They are used in Cases of Gravel, Sand, Dropsy, Jaundice, King's-Evil, Cough, Ptfic, Consumption at the beginning, Hypochondriac Affects, Scorbutic Joint-Pains, Dimness of Sight. They procure and

preserve a good Skin and fine Complexion, and are much celebrated for an internal Medicine in sore Breasts, malign Phagedenic Ulcers, and Cancers.

They seem not convenient for such as have hot, thin Blood: And I have heard (but can't say much to it from my own Experience) that if they be given at Night in large Quantities, they will occasion Scalding of Urine; and when they do so, the true Remedy of it is Balsam of Capivy.

The Dose is 3 Ounces every Morning for a long time.

An Icteric Expression of Millepedes.

Take live Millepedes 100; Saffron cut small half a Scruple; Nutmeg half a Dram; white Sugar half an Ounce; when these are all well beaten up together, pour on the Mass Celandine (or Cleaver) Water 4 Ounces; Magistral Worm-water 2 Ounces; and strain out the Liquor squeezing it hard.

The Title denotes its Virtues: Give half of it in the Morning, and the rest at 4 in the Afternoon every Day.

An Expression of Millepedes for a Chin Cough.

Take live Millepedes cleansed 2 Ounces; Aniseed 1 Dram; Nutmeg half a Dram; white Sugar 1 Ounce; having beat them well and added Penny-royal Water 6 Ounces; compound Briony and compound Piony-waters, each 1 Ounce; strain it out.

The strange Obstinacy of this Distemper, calls for an equal Perseverance in the Use of Remedies.

dies. Bleeding being first performed, give Children a Spoonful after every Fit of Coughing, and give it unweariedly, till the Cough be conquer'd at last, and quite drove away.

But our famous *Sydenham* saith, “What
“ others may be able to do in this Case, I know
“ not; as for myself, I have made use of abun-
“ dant of all sorts of Medicines and still lost
“ my Labour, and at last am firmly persuaded
“ that this sort of Cough is superable by no means
“ but Phlebotomy, and repeated (and that only
“ gentle) Purgation.”

An Expression of Piony.

Take Male Piony-roots (fresh taken up and bruised) 2 Ounces; Mistleto cut small 1 Ounce; Canary Wine 1 Pint; give them a hot and close Infusion for 2 Hours; then having wrung out the Liquor, add to it compound Piony-water, and compound Syrup of the same, each 2 Ounces; Tincture of Castor 2 Drams; Oil of Nutmegs 2 Drops; mix.

It clarifies and invigorates the Brain and Nerves, and is of Use in Convulsive Maladies, Essential Head-ach, Megrim, Vertigo, Palsy, and Hysterical Affections.

Give 3 Ounces every Night and Morning.

A Pleuritic Expression.

Take green Dandelion 4 Handfuls; bruise, and pour on it red Poppy-water 1 Pint; then strain, and add Salt-Prunel 1 Dram; Crabs-eyes levigated 2 Drams; Syrup of red Poppies 3 Ounces; mix.

It gives a Check to the raging Orgasm of the
L 3 Spirits,

Spirits, qualifies the Fervor of the rarified boiling Blood, melts down gellied *Lympha*, and provokes Urine.

After needful Bleeding (without which nothing will signify much) let 5 Spoonfuls be given each other Hour.

A Refrigerating Expression.

Take Male Pimpernel 3 Handfuls; Borage 6 Handfuls; Roots of Borage cut into thin Rundles 2 Ounces; Pippins 3; Salt-Prunel 2 Drams; white Sugar 1 Ounce and half; stamp, and pour on them Meadow Sweet-water 3 Pints; when they have stood cold a Night's space, strain out the clear Liquor.

It's dedicated to the Service of such melancholy Persons, as are of an adust, hot, and dry Temperament; for it corrects atrabilarious Blood, qualifies its Ebullitions, tempers flatulent Estuofities of the *Hypochondria*, refrigerates the overheated Brain, condenses rarified, and restrains boisterous Spirits, precipitates Salts, and carries them off by Urine.

The Dose is 6 Ounces twice or thrice a Day, for a good long Course of Time.

A Rosaceous Expression.

Take the softest, free, white Chalk powder'd 2 Ounces, Bole Armoniac 1 Ounce; boil in Water 3 Quarts to 1 Quart; set it by to subside; then having decanted the clear, put into it Conserve of Red Roses 6 Ounces; digest warm for 12 Hours; and so run it thro' a straining Bag, till it be clear.

This is truly a present and trusty Remedy for
such

such a *Diarrhœa* as ought to be stopp'd, whether it proceed from Acrimony and Fermentation of Humours, or Weakness and Slipperiness of the Guts, either with or without Gripes. If any find it too cold for them, it may easily be helped with Cinnamon-Water, or Venice-Treacle.

The Dose is 6 Spoonfuls twice, thrice, or oftener, a Day, as the Case shall require.

A Scorbutic temperate Expression.

Take Brooklime, Water-cresses, Dandelion, Cleavers, each 4 Handfuls; Oranges cut to pieces with their Peel 4; stamp and add white Wine, Elder-flower-water, each 1 Pint; when they have stood a while, strain out the Liquor, which when clear pour off, and sweeten with Sugar to make it palatable.

It's very advantageous for those Scorbutic People that are of a hot Constitution, and apt to be troubled with Erratic Flushings, Hectic Heats, and Wasting of Flesh. Let 4 Ounces be drank twice a Day.

A warm Scorbutic Expression.

Take Scurvy-grass, Water-cresses, Brook-lime, Celandine, each 4 Handfuls; to these, when stamp'd, add white Wine half a Pint; Horseradish-water compound, Magistral Worm-water, each 4 Ounces; after it hath stood an Hour, strain out the Liquor, and add Spirit of Scurvy-grass 2 Drams; white Sugar 2 Ounces, or as much as will make it grateful; mix.

It emulates the Virtues of the hot Scorbutic Ae (which turn back to;) let 4 Spoonfuls be taken thrice a Day in a Draught of Ale or Beer.

A Styptic Expression.

Take common Daisie, Mouseear, Yarrow, Nettles, each 3 Handfuls; having stamp'd them, pour on Plantain Water 12 Ounces; after it hath stood an Hour, strain it, and add Salt-Prunel 2 Drams; Syrup of dry'd Roses 2 Ounces; mix.

It refrigerateth, tempereth, depurateth, and incrassateth the Blood; also it constringeth the gaping, and healeth the wounded or broken Vessels; and upon these Accounts cureth Spitting of Blood, and all Sorts of Hemorrhages.

The Dose is 3 Ounces twice or thrice daily, till the Cure succeed, but Laxatives must be interposed at due times.

A Pectoral Extract.

Take the best Malt that can be got (not burnt in drying) ready ground 1 Gallon and a half; Water 2 Gallons; make Ale-wort according to Art.

To this (drawn off clear) add Malaga Raisins stoned and shred small half a Pound; Liquorice 2 Ounces; powder'd Japanic Earth 1 Ounce; boil till it come to half a Gallon; then strain it out, and having added Cockineal 4 Scruples, set it on a moderate Fire, to evaporate till it come to the Consistence of Honey.

I have often caused this extraordinary neat and efficacious Medicine to be prepared, and ever esteem'd it the more excellent upon this Account; that tho' it be a thick, glewy Sort of Mucilage, yet, by reason of its grateful Austerity, it doth not (like all other Incrassating Pectorals)

torals) relax, and sit heavy upon the Stomach; but, on the other hand, comforts it, and strengthens and confirms its Tone.

Its Business is, to moisten the Membranes of the *Larynx* when parch'd, appease them when irritated, heal them when excoriated: To refrigerate the Glands when over-heated, soften them when swell'd hard, and constringe them when lax and spongy: To temper the Acrimony of the *Serum*, increassate it when too thin, and restrain it when flying out. And so, upon these Accounts, it's a most substantial and adequate Remedy for a Rheumatick Cough, and Asperity of the Throat. To be taken like a *Linctus*.

An Anodyne Foment.

Take white Poppy Heads (cut, and bruised with their Seeds) Dill-seeds, each 2 Ounces; Leaves of Henbane, Hounds-tongue, common Night-shade, Chamomil-flowers, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts, and strain it out.

It explicates the corrugated Fibres, composeth enraged Spirits, obtunds acrious Humours, attenuateth Viscid, and returns Stagnating into the common circulating Channels.

Let it be used very hot, with Flannel Stupes, and repeated as often as Pains grow strong again.

An Arthritic Foment.

Take Oil of Vitriol rectify'd, Spirit of Wine rectify'd, of each a like Quantity; mix these artfully, and digest in a temperate Heat 10 Days.

Infinite Caution ought to be used in external
Appli-

Applications to the Gout; as also all nervous Affections in the extreme Parts: For if the morbid Matter be thereby dislodged, and not corrected nor carried off, it may shift to some noble Part, the Brain, or Stomach, as somewhere it needs must.

A certain Baronet's Daughter had a grievous Pain in her Loins, which (upon I know not what external Repellent) flash'd suddenly up into her Head, and entirely took away her Senses, and laid her in a strange Sort of Amazement, with a Mixture of Fright and Fury: It also struck her as absolutely blind, as if her Eyes had been beat out; and tho' she open'd, and turned them about freely, and they appeared clear enough; yet when I put a lighted Candle into the very Face of her, she had no Perceivance of it in the least. Dr. *Sloane* was joined with me for her; and upon Means used, in three or four Days the Cloud upon her Brain broke, and by degrees dispersed like a Fog in a Sun-shining Morning; and she found her perfect Senses and Sight again, but was astonish'd at her being, as 'twere, in a new World of Species; for every thing appear'd black, and all so disproportionably magnify'd, that she knew nothing by Sight.

But the Optic Nerves and Ophthalmic Membranes gradually ceasing to be spasmodically constringed, recover'd free Passage for the Spirits, and regain'd their natural Tone; and consequently the Eyes return'd to their proper Figure, and just Convexity, and then officiated as formerly. But she came not to perfect Health till she had drank the *Bath Waters*, and thereby warm'd and strengthen'd the whole Nervous System.

An Astringent Foment.

Take Oak Bark 2 Ounces; Pomegranate Peel half an Ounce; Balaustines; red Roses dry'd, each 1 Handful; boil in Water 2 Quarts to 1 Quart; strain, and add rough red Wine half a Pint; to these may also be added Allum 2 Drams, or half an Ounce.

It corrugates the relax'd Fibres, strengthens their Tone, shuts up the external Pores, and straitens the internal Passages, hinders the Afflux of Humors, and repels them off: It's good in the Beginning of Inflammations, during the time of Influx, and as long as the Matter is repassable: Also in Œdematous Tumours, Vomiting *Diarrhæa*, immoderate Flux of the *Menses* or Hemorrhoids, Falling out of the Womb or Intestines, and in Ruptures after the putting back of the Guts.

A Foment with Bitters.

Take round Birth-wort Roots 1 Ounce; common Wormwood dry'd, Lavender, Cotton, Tansy, Tops of Savine, each 1 Handful; Bears-foot half a Handful; Coloquintida, Aloes, each 1 Dram; make a Decoction in Water 3 Pints to 1 Quart, and strain.

It's no unusual thing for Worms to creep into the *Plicæ* of the Intestines, and lie and lurk there so closely and securely, as to elude the Force, not only of altering, but purging Medicines also, which slip by, and never touch them at all. In this case, External (and this Fomentation especially) are exceeding useful to disturb and drive them out of their Dens into the open
Ways

Ways of the Intestines, where Purgers finding them, may kill and expel them by Siege.

Let it be used to the Region of the *Abdomen*, with Flannel Stupes hot, before Purging.

A Camphorate Foment.

Take Vinegar 1 Pint; dissolve in it over the Fire Nitre 1 Ounce; Camphire 1 Dram.

Apply it quite cold to the Region of the Breast, and 'twill marvellously stop enormous Bleedings at the Nose. Lay it to the Region of the Pubes and Testicles, and 'twill put off a drunken Fit.

A Colic Foment.

Take Chamomil Flowers 2 Ounces; Juniper and Bay-berries, each 1 Ounce; Crude Salt Armoniac half an Ounce; boil in Water 3 Quarts to 2 Quarts, adding at last Seeds of sweet Fennel, Carraway, Cummin, and Anise bruised, each half an Ounce; to the strain'd add Brandy 1 Pint; mix.

This is useful, not only in a Flatulent or Wind-Colic, but also in the terribly torturing bilious Colic; for when the Pain rages intolerably, as though the very Guts would break, and the Sick is so excessively costive and shut up, that even the strongest Cathartics cannot work their Way through: Then it is that these Fomentations come in to our Assistance, like Help sent from Heaven; for by gratifying the Muscles of the *Abdomen* with a pleasing warm Irrigation, reviving native Heat, driving off Flatus's, letting loose the spasmodic Knot, and re-establishing due Peristaltic Motion through the Intestines,

stines, they happily assist Purges to do their Business to purpose, and break off the Disease.

A Corroborating Foment.

Take Salt of Tartar half an Ounce; Shavings of Sassafras, Guaiacum, of each 1 Ounce; boil in fair Water 2 Quarts to 3 Pints; to the strained add Mother of Thyme, Marjoram, Rosemary, Lavender, of each 1 Handful; Mustard Seed half an Ounce; Nutmeg, Mace, of each a Dram and half; Cloves 1 Dram; infuse hot and close 2 Hours; and strain. When you use it, you may drop in Spirit of Salt Armoniac enough to make it quick.

It's to be used to the Head, or any Limb that is weak, or in Pain, from a cold Cause. After it, the Part may be wrapp'd up in a Cloth rubbed with Cephalic Liniment, and fum'd with the Smoak of Frankincense.

A Diuretic Foment.

Take Roots of Smallage 4 Ounces; Roots of Fennel, Linseed, each 2 Ounces; Herbs Pellitory of the Wall, Mallows, Arsmart, Chamomil Flowers, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Crude Salt Armoniac (or, if you cannot get it, Salt Prunel) half an Ounce; common Soap 2 Ounces; mix.

It's used with laudable Success in the cruellest Fits of the Stone in the Bladder, accompanied with most lamentable Torture and Suppression of Urine: But it doth not operate (as vulgarly believ'd) because it consists of Ingredients that are properly Diuretic, and endow'd with a Specific Gift of expelling; but partly, because it
relaxes

relaxes and recreates (by its soft Foment and kindly Warmth) the Muscles of the *Abdomen* and Bladder, which the Pain and Afflux of Humours had render'd tense and rigid; and partly, because (by mildly pricking them up as 'twere, and stimulating) it provokes them to fall on afresh upon the usual Business of Constriction.

A Dysenteric Foment.

Take Oak Leaves green 10 Handfuls; boil them in a close cover'd Pot in strong Wine Vinegar as much as needful for a Foment, with which let the Anus be fomented, and the hot Vapour received up into it.

This truly is *Rulandus* his Experiment; but (I declare it) I should scarce trust to such a slight Remedy alone, in so direful, calamitous, and hardly superable a Malady. Howbeit, I am not unwilling to allow it place, provided it put not by the Use of other proper Remedies.

A Foment of Elder.

Take green Leaves (or in the Winter Time, inner Bark) of Elder 4 Handfuls; boil in Water 3 Pints to 1 Quart; in the strain'd dissolve common Soap 1 Ounce.

It's of great Effect and Specific Virtue against an *Erysipelas*, powerfully stopping and subduing it. But when the Cuticle is corroded, and the Part raw like a Burn, it will cause such smarting Pain, that it can scarce be endur'd.

An Emmenagogue Foment.

Take Roots of white Briony 4 Ounces; round Birth-wort 2 Ounces; Zedoary, Bay-berries, each

each 1 Ounce; Herbs Feverfew, Mug-wort, Savine Tops, Chamomil Flowers, each 2 Handfuls; boil in Water 1 Gallon to 5 Pints; to the strain'd add Brandy 1 Pint; mix for a Foment, to be used very hot, to the Region of the Abdomen and Pubes.

It warms and comforts the Parts, breaks open pituitous Obstructions, attenuates feculent gross Blood, moves it when stagnating, and inclines its Course to the Vessels of the Uterus.

A Foment in Flux of the Haemorrhoids.

Take Mullein, Yarrow, Plantain, Elder Leaves, each 4 Handfuls; Pomegranate Peel 1 Ounce; boil in Water and rough red Wine, each 3 Pints to 2 Quarts; in the strain'd dissolve Alum half an Ounce; Sugar of Lead 2 Drams; mix.

It doth a great deal of good, not only in this mention'd Case, but also in immoderate Flux of the *Menses*, *Diarrhæa*, and Beginning of Inflammations; for it wonderfully astringeth and repelleth.

A Foment for Pain of the Haemorrhoids.

Take Onions 2 Ounces; Linseed 1 Ounce; Herbs Henbane, Toad-flax, Yarrow, Mullein, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Opium 2 Drams; mix and use it lukewarm.

It relaxeth the cruel Tension of the Vessels, obtunds the Acuteness of Pain, melts down and discusses those viscid and grumous Feculencies that lay Obstructions and excite Tumors: And lastly, it repels the Inundation of the Blood.

A Foment for Inflammations.

Take Roots of Marsh-Mallows, white Lilly, each 1 Ounce and half; Herbs Mallows, Mullein, Henbane, Flowers of Elder, Chamomil, Melilot, each 1 Handful; Seeds of Flax, Fenugreek, each 6 Drams; boil in Water 3 Quarts to 2 Quarts, and strain.

It's Emollient and Anodyne, equals the next following; but the Difference is, it doth not discuss so powerfully.

A Lateral Foment.

Take Marsh-Mallow Roots, white Poppy Heads (cut and bruised with the Seeds) each 2 Ounces; Seeds of Flax, Fenugreek, Cummin, Bay-berries, each 1 Ounce; Mallows, Feverfew, each 3 Handfuls; Chamomil-flowers 2 Handfuls; boil in Water 1 Gallon to 2 Quarts, and strain.

It mollifies, discusses, eases Pain: Is certainly very helpful in a spurious, pituitous, or flatulent Pleurisy, where the Matter lieth outward, and there's no great Inflammation; for it relaxeth the rigidly tense *Fibrillæ*, quieteth the painfully agitated Spirits, attenuateth thick Phlegm, discusseth vapourous Steams; and as to the noxious Matter collected, it partly returneth it to Circulation, and partly calls it out by *Diaphoresis*. But in a true, internal, furious Pleurisy, with bloody Spitting, and rushing Afflux of unruly Blood, such a Foment is likely to do more Hurt than Good, because it may increase the Afflux and Inflammation.

An Ophthalmic Foment.

Take dry'd white Poppy-heads (cut, and bruis'd with the Seeds) 2 Ounces; boil in Spring Water a Quart to a Pint; in the strain'd dissolve Rases his white Troches half an Ounce; mix.

You may add a little Allum to it in some Cases.

A Pacific Foment.

Take Vine and Willow-leaves, Lettuce, each 2 Handfuls; white Water Lilly-flowers, red Roses, each 1 Handful; white Poppy-heads (with the Seeds) 2 Ounces; boil in Water 1 Gallon to 2 Quarts; in the strain'd dissolve Opium 2 Drams.

Use it warm with a Sponge to the Temples, Forehead, whole Head and Feet: It deserves to be employ'd where 'tis not altogether safe to give Hypnoticks; namely, in Fevers that rage impetuously, with Fervour, and pulsing Pain of the Head, pertinacious Watchings, and Danger of a *Delirium*; for by its soft Cherishment, kindly Warmth, and temperate Humidity, it humects, mitigates, and appeases acrious, boiling Juices, and derives them from the Head, either by Perspiration or Circulation, and so disposeth the weary, worn out Spirits to Rest, and procureth placid Sleep.

But in Fevers of a malignant Nature, where the Spirits, by the Venom being oppress'd, staggering, scarce able to sustain themselves in orderly Rank and File, and almost struck dead, are in danger of falling into Dozing or Convulsions: In this Case I advise it to be avoided as Poison.

Heurnius Method. (*Lib. 2. cap. 7.*) prepareth a Somniferous Sponge, which see.

A Podagric Foment.

Take Ground-Pine, Southernwood, each 4 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Salt of Tartar, and Salt Armoniac, each 2 Ounces.

It maintains and roborates the Tone of the Part, appeases the Irritation and Excandescence of the Spirits residing in the *Fibrillæ*, and either fastens upon the Arthritic Salts, draws them out, or else precipitates and hinders them from dolorific Effervescencies: And (which makes it safe) in the mean time repelleth not at all; for Repellents in the Gout are sometimes most exceeding dangerous, because they may drive the morbid Matter to the Stomach or Brain.

A Scorbutick Foment.

Take Ground-Pine, Henbane, each 2 Handfuls; Winter's Cinnamon half an Ounce; Horseradish-root, Earth-worms (added at last) each 2 Ounces; boil in Lime-water 3 Pints to 1 Quart; to the strain'd add Spirit of Scurvy-grass 2 Ounces; Opium 1 Dram; mix.

It's prevalent in fix'd Scorbutic Pains, forasmuch as it sustains the Tone of the Parts, layeth the weary Spirits to rest, knappeth off the sharp Points of the Salts, and forceth the acrid *Ichor* to evaporate either by insensible *Effluvia* or Sweat.

A Spirituose Foment.

Take Queen of Hungary's Water 6 Ounces;
Matthias

Matthias his Spirit of Lavender, Spirit of Scurvy-grass, of each an Ounce and half; Spirit of Salt Armoniac 1 Ounce; Camphire 4 Scruples; Oil of Terebintb 80 Drops; mix and digest.

It attenuates, discusses, warms, corroborates; is available against Maladies (especially of the membranous Parts) occasion'd by pituitose Obstruction, relaxed Tone, or Over-straining of the *Fibrillæ*; it's commendable in the Palsy, Joint-Pains; as also in the Colic, and Iliac Passion.

A Splenetic Foment.

Take dry'd Tobacco Leaves 1 Ounce; infuse warm 2 Hours in Water 2 Quarts; in the strain'd dissolve Gum Ammoniac half an Ounce.

Let the Region of the Spleen be fomented with Flannel Stupes dipt into it, and wrung out as hot as can be endur'd.

A Stomachic Foment.

Take rough red Wine 1 Pint; Brandy, Wine Vinegar, each half a Pint; dry'd Wormwood, Mint, each half a Handful; Bistort Root half an Ounce; Pomegranate-peel two Drams; Cloves, Mace, Nutmeg, Cinnamon, each one Dram; Venice-Treacle half an Ounce; Macerate close in Balneo 2 Hours, and use the strain'd, as hot as can be suffer'd.

This is indeed a noble Remedy, notably comforting, warming, strengthening, and is used with good Success, when the Stomach being grown cold and flaccid, is troubled with *Flatus*, Pain, Queasiness, Vomiting, Loss of Ap-

petite, and ill Digestion: It's good also in a *Diarrhœa*, *Hypercatharsis*, *Dysentery*, &c.

A Foment for a Tympany.

Take Nitre 2 Ounces; Salt Armoniac 1 Ounce; Spirit of Wine with a great deal of Phlegm in it 1 Quart; mix and dissolve in a Glass.

Foment the Belly with Flannel Stupes dipt in it twice a Day, for half an Hour at a time, and after Fomentation apply a Cataplasm of Cow-dung, sprinkled over with *Album Græcum*; to which may be added our *Apertive* or *Splanchnic Ointment*.

A Frontal with Camphire.

Take Camphire 8 Grains; Vinegar 1 Ounce; red Rose-water 7 Ounces; dissolve.

It's useful in Watching, Head-ach, and *Delirium*, in such Fevers as fetch their Original from Fervor and Rarefaction of the Blood, and not from Oppression and Confusion of the Spirits, as it useth to be in malignant Fevers: Which Distinction is to be accurately made and observ'd.

A Frontal with Mastich.

Take powder'd Mastich, Frankincense, each 2 Drams; white Chalk, Bean Meat, each half an Ounce; White of Egg well beaten, Oil of Roses, each 6 Drams; Vinegar as much as needs to make it fit for spreading on a Cloth.

It's to be used when the Eyes are afflicted with Rheums, and that for Prevention as well as Cure: for it sticks very fast, compresses, and constringes the little *Tubuli*, and internal Passages,

sages, and so hinders the Deflux of Humours: For you must know, that the Parts about the Eyes are so constituted, both by their spungy Fabrick and declivous Situation, as to be apt to receive whatever Humour flows down from either the *Pericranium* or neighbouring Muscles. Yea (which tho' it be wonderful, yet) it's not unusual for a Blow upon the Head to settle down into a black Eye.

A Frontal with Opium.

Take Breast-milk, White of Egg well beaten, each 1 Ounce; Opium 10 Grains; Camphire 5 Grains; mix and use it to the Forehead cold.

It hath the same Virtues with the *Camphorate Frontal*, unless perhaps it refrigerates the Humours less, and quiets the Spirits more.

A Rosaceous Frontal.

Take red Rose-water 4 Ounces; Vinegar of Roses 2 Ounces; Oil of Roses 1 Ounce; White of 1 Egg; mix.

Let double Linen dipt in this Mixture be laid to the Forehead and Temples cold, and be changed as often as it drieth.

It's a Remedy for very hot pulsing Pains of the Head, Watchings, and *Delirium*, in such Fevers as are not malignant.

1. A Fume in a Catarrh.

Take Olibanum, Amber, Benjamin, Storax Calamite, Gum of Guaiacum, Balsam of Tolu, each 2 Scruples; reduce all into a coarse Powder to sprinkle upon live Coals for a Smoak.

If the Catarrh have brought on an Asthma, Fumes are to be avoided, for fear of Suffocation. I knew one strangled thus almost to Death.

2. Fume in a Catarrh.

Take Gum Guaiacum, Gum of Juniper, Mastick, Benjamin, Myrrh, Orpiment, each 1 Dram; Cloves 2 Drams; Balsam of Peru 16 Drops; make them into a gross Powder, to be strew'd on Coals to perfume a Night-cap with.

A Fume in a Consumption.

Take Fistic Nut-peel, Myrrh, Amber, each 2 Drams; Sulphur-vive, Orpiment, each 1 Dram; make all into a gross Powder, the Smoak of which is to be receiv'd into the Mouth, by the help of a Funnel inversed.

Willis tells us, the Administration of Fumes, and Vapours in a Consumption (when it is not yet desperate) sometimes does more Good than any other Remedy; forasmuch as they enter directly through the Wind-pipe, and reach the Lungs, and by immediate Contact cleanse, dry, warm, correct Putrefaction, corroborate the very Substance; and open the fistulary Passages.

Whilst the *Parenchyma* of the Lungs is imbued and replenish'd with extraneous Juices, your stronger Sort of Fumes are by no means to be used, but milder ones are not to be omitted, saith *Bennet*.

Fumes are not to be taken immediately upon the Erosion of a Vessel, or Breach of *Parenchyma* of the Lungs, but 14 Days at least after the Spitting of Blood, saith the same Author.

A Fume

A Fume for Falling out of the Anus.

Take Male Frankincense, Amber, Cloves, each half a Dram; red Roses, Balaustines, each 2 Drams; make a gross Powder, the Fume of which is to be received (after the Anus is put up) through a Close-stool Chair.

Thus Use and Custom will have it; but as for me, I can scarce persuade myself to believe, that the Smoak of Balaustines, or any other (tho' never so Astringent) Vegetables, can retain any Astringent Quality.

A Fume for Falling out of the Uterus.

Take Beetles 3 Drams; Eel-skins minced small 1 Dram; make a Powder.

This odd Thing was communicated to me, and said to be good also in the blind Piles.

The vulgar Opinion of the Procidence of the Uterus is a mere Mistake: That which is taken so to be is in truth, either 1st, The whole Vagina, which being weaken'd, and extended, hangs out; or 2^d, Its Membrane only, for when that is eroded, or relaxed, it will put forth, and appear like a large round Body fasten'd by a narrow Neck.

1. An Odoziferous Fume.

Take Benjamin 1 Ounce; Storax Calamite half an Ounce; Laudanum 2 Drams; Musk, Ambergrise, each 1 Grain and half; with Mucilage of Gum Tragacanth, make Troches; of which, and Dust of Willow-coals being added, odoriferous Candles may be made.

Some Things (saith Zwelfer) that are sweet

enough of themselves, strew'd upon Coals, yield a Stink: So Cinnamon, Cloves, Coriander, and Nigella-feed, Roses; yea, and Musk itself, if thrown upon a hot Fire, and burnt quick, are wont to give but an ill Scent.

2. An Odoziferous Fume.

Take Cyperus-roots 1 Ounce and half; Calamus Aromatic, Willow-coals, each 1 Ounce; Storax Calamite, Benjamin, each 2 Drams; with Mucilage of Gum Tragacanth (extracted with Spirit of Wine) make Pastils according to Art.

Being put into a Chafing-dish of fresh Coals, they exhale a very sweet Odour, to correct the ill Smell of a Room.

A Fume in a Tenesmus.

Take white Poppy-heads half an Ounce; Mullein half a Handful; Red Roses, Balaustines, Frankincense, each half a Dram; Mastic 1 Dram; make a gross Powder, the Smoak whereof (cast upon Coals) is to be received through a perforated Chair.

A Common Gargle.

Take Plantain-water 10 Ounces; Red Rose-water 3 Ounces; Syrup of Mulberries 2 Ounces; Honey of Roses strain'd 1 Ounce; Oil of Vitriol as much as serves to give it a fitting Acidity.

It's used in Fevers to wash, cleanse, cool the Mouth, and put off Thirst.

A Detergent Gargle.

Take Verjuice 12 Ounces; Syrup of Rasberries 4 Ounces; mix.

It deterges, and scours off thick Viscosity, and slimy Nastiness sticking to the Tongue, and Parts of the Mouth; humects and refrigerates the Throat when dry'd up and parch'd; corrects the muriatic Acrimony of the *Saliva*, and extinguishes Thirst: But in case of a sore Thrush, Erosions, and little Exulcerations, 'twill cause such Smarting, that it can scarce be borne; and then we must have Recourse to Refrigerants, Moisteners, Emollients, Mucilages, and Astringents.

Discolouration, and Foulness of the Tongue in Fevers is caused partly by *Saliva*, which sticking in its Asperities is there baked by fervent Heat, and inspissated, and partly by adust Vapours continually issuing forth by Expiration. The middle of the Tongue is most so in regard it is roughest, and lieth directly in the Way of the Vapours. But the Tip and Edges are always in Motion, and rubbing upon the Gums and other Parts, and are thereby more cleansed, and escape better.

An Emollient Gargle.

Take Roots of Marsh-mallow, Liquorice, Pearl-barley, each 1 Ounce; Bran (ty'd up in a Bag) 1 Handful; inner Rind of Elm, Gum Arabic, each half an Ounce; Figs 8. Boil in Water 3 Pints, in 28 Ounces of which (when strained) dissolve Syrup of Marsh-mallows, and of *Jujubes*, each 2 Ounces; *Loboch Sanans* half an Ounce.

We use it in Fevers, against Inflammation, Siccidity, Asperity, Chaps, Clefts, afflicting, parching, and burning up (as 'twere) the Tongue, Mouth, and Throat.

A Gargle

A Gargle against Foetor.

Take Myrrh 2 Drams; Florentine Orris, Cyprus Aromatic Reed, and Spanish Angelica-roots, of each a Dram; Rosemary-leaves a Handful; Cloves half a Dram; white Wine 4 Ounces; Spring-water half a Pint; make warm close Infusion 2 Hours; to the strained Liquor add Hungary-water six Drams; Tincture of Benjamin two Drams; mix.

It correcteth, and cleanseth Foulness and ill Smells of the Mouth and Breath.

A Levigating Gargle.

Take Comfrey-roots 2 Ounces; Gum-Arabic 1 Ounce; boil in Barley-water 20 Ounces to 12 Ounces; strain and add Red Rose-water 1 Ounce; Syrup of Marsh-mallows 3 Ounces; mix.

For Virtues it may compare with the Emollient before, only it digests less, and refrigerates more.

A Gargle with Mastich.

Take Mastich half an Ounce; boil it in Spring-water 12 Ounces; in 8 Ounces of it strain'd dissolve Sugar of Lead 2 Scruples; Syrup of Balsam 2 Ounces; mix.

'Tis to be used against Inflammation, Excoriation, Pustules, and superficial Soreness of the Mouth.

A Gargle for Heat of the Mouth.

Take Plantain-water 8 Ounces; Red Rose-water 4 Ounces; Whites of Eggs beaten thin 4; Salt Prunel 4 Scruples; Syrup of Marsh-mallows 4 Ounces; mix.

It

It refrigerates the Tongue, Jaws, and Parts adjacent, when burnt up with Heat; refreshes them with Moisture and *Mucus*, when dry and parch'd, and moderately repels acrious Humours flowing into them.

A Mustard Gargle.

Take fair Water half a Pint, Brandy, Vinegar, of each 4 Ounces; Mustard-seed powder'd half an Ounce; Sugar 1 Ounce; mix.

These Things may easily be procured, and presently thrown together, in case of Haste, in soporose Distempers; and are useful also in a *Paralysis* of the Tongue.

1. Gargle with Myrrh.

Take red Astringent Wine 1 Pint; powder'd Myrrh 2 Drams; mix.

It detergeth, astringeth, repelleth, drieth, healeth: Is a most excellent Wash for swell'd, fungous, flaccid, bleeding, eroded and putrid Gums; cleanseth and freeth the Mouth from Foulness and ill Scents, healeth (even Venereal) Ulcers of the Jaws and Throat. Moreover, it may be injected, or snuffed up into the Nose to good Purpose, in an *Ozæna*, where putrid Matter, lodged in the little Caverns of the spongy Bones, sends forth abominably stinking *Effluvia*.

2. Gargle with Myrrh.

Take powder'd Myrrh 1 Dram; dissolve it in a Marble Mortar with Yolk of Egg 2 Drams; add Honey of Roses strain'd 2 Ounces; white Wine half a Pint; mix.

This for Ulcers of the Mouth and Throat.

A Para-

A Paralytic Gargle.

Take white Wine half a Pint; Mustard made up as it comes to Table 2 Ounces; Savory (or Thyme) Water 4 Ounces; Honey of Roses 2 Ounces; Vinegar enough to render it pretty tart; mix.

Riverius prescribeth thus. Take Mustard-seed powder'd 1 Dram; Vinegar of Roses, white Sugar, each 1 Ounce; Water 3 Ounces; mix.

Instead of Savory or Thyme-water (if not at hand) may be substituted a Decoction of Sassafras.

A Gargle with Pellitory.

Take Pellitory of Spain half an Ounce; Seeds of white Poppy and Henbane, each 2 Drams; Cloves half a Dram; white Wine half a Pint; Vinegar 4 Ounces; boil till it come to half a Pint; then strain and add Brandy 2 Ounces.

By vellicating the Parts, melting down gross Phlegm, and making it flow, it powerfully draweth both it and sharp Serum out of the Gums and Glands: And by appeasing enraged Spirits, and composing their dolorific Conflicts, it extinguisheth the Sense of Pain; and then, by warming the Parts, discussing the Tumor, and restoring their Elasticity, hinders any farther Afflux of Humours. And so Reason tells us, and Experience mostly confirms it, that 'tis a noble, and every way well appointed Remedy for the Tooth-ach.

A Gargle for Phlegm.

Take Hyssop-water 10 Ounces; rectify'd Spirit of

of Wine 1 Ounce; Spirit of Scurvy-grass half an Ounce; Spirit of Castor two Drams; Spirit of Salt Armoniac 4 Scruples; powder'd Pellitory of Spain 1 Dram; Honey 4 Ounces; mix, and use it cold.

By attenuating, inciding, vellicating and irritating, it powerfully draws and evacuates *Saliva* and viscous Phlegm out of the Glands and Emunctories of the Mouth; and therefore justly claims Place in phlegmatic, cold, chronical, cephalic Diseases, in torpid, soporose Maladies. In the Lethargy, gravative Head-ach, Palsy (especially of the Tongue) Tooth-ach, Elongation of the *Uvula*, Tumor of the Tonfils, Quinsey, &c.

And no body here need fear increasing of the begun Inflammation by the Use of so acrid and brisk a Medicine; forasmuch as it's caused (generally speaking) by gross, clammy Phlegm, impacted in the spongy Parts; which damming up the Blood, and stopping its Course, occasions an Inflammatory Inundation: And therefore most certain it is, that a true Cure of a Quinsey mainly consists in the Eliquation and Education of that same stagnating and obstructing Phlegm.

A Quieting Gargle.

Take Black-Thorn Rind, Pellitory of Spain Root, of each half an Ounce; Cloves 1 Dram; boil in fair Water 12 Ounces to 8 Ounces; to the strained add Hungary-water, Honey of Roses strained, of each 2 Ounces; Laudanum Liquid 124 Drops; Spirit of Salt Armoniac, as much as sufficeth to make it conveniently biting; mix.

Hold it cold in the Mouth, and spit out; be sure not to swallow it, because of the *Laudanum*. It takes off the Tooth-ach.

A Gargle

A Gargle for a Quinsey.

Take Columbines 2 Handfuls; inner Rind of Elm 1 Ounce; Jews-Ears, Liquorice, Album Græcum, each half an Ounce; boil in Water 2 Pints and half to 26 Ounces; in the strain'd dissolve Salt Armoniac 2 Drams; Syrup of Raspberries, Honey of Roses, each 3 Ounces.

It humects, foment, and mollifies the Muscles of the Throat when inflam'd, swoln up till almost crack'd, parch'd, and scorch'd with Drought and Heat. It deterges the Glands and salival Duets when outwardly smear'd over with Slime, and opens them when inwardly stuffed up with Phlegm.

But where viscid Phlegm is the main Cause, and the Glands suffer more than the Muscles, there's a Necessity of flying to such Medicines as attenuate powerfully and draw out.

A Refrigerating Gargle.

Take Waters of Frog-spawn, Plantain and Elder-flowers, each 4 Ounces; red Rose-water 2 Ounces; Whites of Eggs (beat up to Water) 4; white Sugar 1 Ounce; mix.

I have seen it thus prescribed.

Take the White of one Egg; whisk it up with Frog Spawn-water 5 Ounces, add Rose-water, and Honey of Roses, each 1 Ounce; mix and strain.

It's a most grateful Thing in hot burning Fevers, and very commodious in Heat, Drought, Asperity, and Erosion of the Tongue and Mouth.

A Gargle

A Gargle with Roses.

Take dry'd red Rose-flowers 3 Drams; Pomegranate Flowers and Peel, each 2 Drams; Myrtle-berries, powder'd Bole and Japanic Earth, each 1 Dram; Allum 1 Scruple; boil in Plantain-water and rough red Wine, each 6 Ounces to 8 Ounces; in the strain'd dissolve Honey of Roses 2 Ounces.

It cleanseth the Tongue when besmear'd and coated over with slimy Filth, and helps for the Laxity of the salival Glands.

A Scorbutic Gargle.

Take Madder-roots 1 Ounce; Pellitory of Spain, Winters Cinnamon, each 2 Drams; Honey-suckle Leaves, Sage, Sanicle, Columbines, each 1 Handful; boil in Lime-water 2 Pints and half to 28 Ounces; to the strain'd add Spirit of Scurvy-grass half an Ounce; Honey of Roses 4 Ounces; mix.

It freeth the Gums, and other Parts of the Mouth, from the nasty Foulness of the Blood and Saliva, occasioning, in Scorbutic Persons, Corruption, Putrefaction, and Stench. And it drieth and healeth up the little Ulcers occasion'd thereby.

A Gargle with Sedum.

Take common Sedum 4 Ounces; having bruised it, steep it cold all Night in Spring-water 12 Ounces; then let it run through a straining Sieve, and dissolve it in Sugar of Lead (or else Salt-prunel) 2 Scruples; white Sugar an Ounce; mix.

It refrigerates and expels.

A Gargle

A Gargle in the Small-Pox.

Take French Barley, Liquorice, each half an Ounce; Marsh-mallow Roots, Tares, each 1 Ounce; Figs 12; Jews-Ears 1 Handful; boil in Water 2 Pints and half to 28 Ounces; in the strain'd dissolve Oxymel simple, and Honey of Roses, each 2 Ounces; mix.

It mollifies, humects, and smooths the Mouth and Throat when inflam'd, swell'd, distended, stiff, parch'd, rough and painful: It maturates Pock-Pustules in the Throat, and helps on Salivation.

But towards the last Stage of the confluent Sort, when the Ptyalism begins to sink and go off, if it fall out, that the *Saliva* be so excocted and viscid, as to bring Hazard of Suffocation (which is a not unusual Case) then Necessity calls for Medicines that powerfully attenuate and irritate (such as the *Gargle for Phlegm* above describ'd) and when it is used, the Proportion of Spirit of Salt Armoniac is to be increased or diminished, according as the present Exigence requires, and the Patient can bear.

A Gargle for Teeth on Edge.

Take Purflane (a little bruised) 2 Handfuls; Spring-water 12 Ounces; let them stand together cold an Hour, strain the Liquor through a Sieve, without squeezing; to half a Pint of it add free Chalk washed 2 Drams; Salt of Tartar half a Dram; Hungary-water 1 Ounce; Tincture of Benjamin 2 Drams; mix.

Gargle

Gargle of black Thorn.

Take black Thorn-bark 2 Ounces; boil it in Water 2 Pints and a half to 24 Ounces; in the strain'd dissolve Allum 4 Scruples; Vinegar 2 Ounces; Honey of Roses 6 Ounces.

It astringeth most powerfully, and is a good Thing when the Gums are grown loose, putrify'd, ill-scented, eaten away, and apt to bleed: It fastens the Teeth, and brings up new Flesh on them; it heals Ulcers, and helps for stinking Breath.

Another notable Effect of it is, that when the Salival Glands are so stuffed up, as to be overstrain'd and lose their Tone, it, by constringing and squeezing them closer (like a Sponge) presseth out the influx'd Phlegm, and makes them able to resist the Afflux of more.

But if it happens that the *Pituita* in the Glands be too thick and tough to be wrung out by Constringents, then Recourse must be had to the above-describ'd *Gargle for Phlegm*, or such-like Medicines, as potently incide the Phlegm, and vellicate and open the Parts.

A Gargle with Vine-leaves.

Take Vine-leaves, Sage, female Fluellen, Cinquefoil, Bramble-buds, each half a Handful; boil in Water 1 Pint and a half to 1 Pint; to the strain'd add Allum 1 Dram and half; Vinegar, Honey, each 2 Ounces; boil again, and skum it.

It most excellently refrigerates, washes, deterges, astringes, resists Putrefaction, cleanses

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out Filth, and purifies the Mouth, and merits Place as well in Fevers as in the Scurvy.

And here I take occasion to observe, that Alum, and the like austere Things, do in no wise (as some may think) shut up the Salival Passages, or hinder the issuing out of Spittle; but on the contrary (because they squeeze the Glands into less Compass, as I noted in the *Gargle of Black-thorn*) much promote the same; which may evidently appear to any one that minds Experience.

A Gargle for Ulcers.

Take Lime-water 8 Ounces; powder'd Mercury dulcis three times sublimed 1 Dram; digest warm 12 Hours; in the strained Water dissolve Syrup of dry'd Roses 1 Ounce.

The Benedict Injection in *Pharmac. Bat.* hath *Lime-water* half a Pint, and *Mercury dulcis* 3 Drams.

It potently drieth, and destroyeth ill Ferments; and is therefore prescribed in rebellious, and stubborn Ulcers of the Mouth and Throat.

I have known it tried in Cancerous Ulcers of the Tongue; but, I must confess, with no manner of good Effect: For Mercurials (as far as I have observed) do more Hurt than Good in a Cancer; which Thing (tho' it be by the By) I thought fit to note here, for a Caution to young Practisers.

A Gargle for the Ulula.

Take Columbines 4 Handfuls; red Roses dry'd, Balaustines, each half a Handful; long Pepper 4 Scruples; Myrrh 2 Drams; boil in Water 1 Quart,

Quart, and White-wine half a Pint, to 26 Ounces; to the strain'd add Brandy, Syrup of Raspberries and Mulberries, each 2 Ounces; mix.

N. B. Black Currants make the pleasantest Syrup that ever I tasted: I frequently use it, and prefer it, for sore Throats, far before that of Mulberries.

It's prescrib'd (and that to a very good Purpose) when the *Uvula*, *Tonfils*, *Muscles* of the *Jaws*, *Larynx* and *Pharynx*, are stuffed up, swollen and inflamed: For, partly by attenuating and vellicating, partly by constringing and expressing, it evacuates the pituitous Filth therein collected.

And then, by squeezing into less Compass the spongy, tumid, and tense Glands, and reducing them to their natural Bounds and *Crasis*, it cuts off any farther Afflux to the Parts.

Of Gargles.

Now that I may gather up into one View, what I have before scatter'd under several Heads; I'll lay down the following Rules, concerning the several Sorts of Gargles, and their skilful Choice, according to curative Intentions.

1. If extremely thick and tough Matter be to be brought out of the Glands, then acrious, penetrating, and irritating Things (such as Spirit of Salt Armoniac) are to be used.

2. If it be not so very tough, and yet stagnates by reason of the fungous Laxity of the Glands, austere constringing Things will perform that Office.

3. If slimy Filth coat over the Tongue and Mouth, Acids and Detergents are required.

4. If the Parts be excoriated, tender, smarting, dry'd and parch'd, Mucilages and Emollients are most commodiously prescrib'd.

5. If the Muscular Parts be a little (and but a little) inflam'd, and there be no great Fulness, or Afflux of Blood, Refrigerants and Repellents may be allow'd at first.

6. But if the Muscular Parts be inflam'd much, by reason of the Ebullition of the Blood, and the Inflammation be fix'd, Emollients will do the Business.

An Anodyne Glyster.

Take new Milk half a Pint; Brandy two Ounces; Oil of Aniseed half a Dram; Diascordium 6 Drams; let it be given lukewarm, just before Sleep, and retain'd, if possible, all Night.

When the Intestines are besmear'd over with a glutinous Slime, and thereby refrigerated, relax'd, and tortur'd with Spasms, Wind and Gripes; this warms, comforts, eases, and reduces them to a sound *Crafs*.

'Twould make one smile and vex both at the same time, to see the silly Pride and Malignity of some of our little pert Scorners, who, tho' they have neither read, seen, nor thought much in Physick, are yet continually setting up for Judges, and condemning all, but their own dear selves, and Notions. Such Insolents as these I expect may fall severely upon me, for prescribing such Quantities of vinous Spirits and chymical Oils in Glysters: But were they to make due Tryal of the same, there's no doubt on't, but Observation would teach 'em better, and happy Success would command them to applaud what they now oppose. And

And though this be not a very vulgarly establish'd Practice, yet they may know it's not mine only, nor a new one neither: For *Rondeletius* (born above 200 Years ago, p. 895.) cured a Woman of a grievous Colic-Fit with a Glyster of nothing but *Hippocras* Wine, in which were infused Cinnamon, Pepper, Ginger, Grains of Paradise. And *Sanchez* (p. 123.) orders the same.

Dr. *Stubbs* (*Phil. Transf.* No. 37. p. 271.) relates, that in the Colic Bilious, they (in *Jamaica*) usually give Glysters of a Pint of Brandy, which will make them as drunk, and as mad, as if they had taken it at their Mouth. He observ'd, that less Brandy would fox them in a Glyster, than if drank by them: He try'd a quarter of a Pint in a Glyster on himself; and it made him not dead drunk, but raging mad. And he saith, he remembers still how unruly he was, so as to be held in Bed, his Reason being depraved by these Fumes.

Upon this Observation, I would scarce ever exceed two or three Ounces of Brandy; and I declare, so far I have often gone with Safety and Success.

As to Chymical Oils, I find *Duretus* (*de Morb. Internis*, cap. 41. p. 410.) commends Oil of Juniper distill'd, half an Ounce, in Malvatic Wine. And *Claudius Deodatus* prescribes boldly thus.

Take Malvatic Wine, Oil of Walnuts, each 3 Ounces; Spirit of Wine 1 Ounce; chymical Oils of Juniper and of Rue, each 2 Drams; mix, and put it up very hot.

N. B. Half an Ounce of chymical Oil seems

an extravagant Quantity: I never gave above 2 Drams, and seldom so much.

Of Volatile Salts in Glysters; see Epileptic Glyster.

An Apopleptic Glyster.

Take Pellitory of Spain half an Ounce; Coloquintida (tied up in a Rag) half a Dram; Rue 2 Handfuls; boil in Water to 12 Ounces; and to the strain'd add Infusion of Crocus Metallorum 3 Ounces; Tincture of Castor half an Ounce; Salt Gem, Oil of Amber, each 2 Drams; mix.

If the *Coloquintida* be not tied up in a Rag, its little Dust that boils off will cause most horrid Gripings, which I should never have imagin'd it could, had not Experience assur'd me of it, saith *Ettmuller*.

It's very conducive in soporose Affections, as Lethargy, Coma, Apoplexy, and the Palsy. But if it stay not with the Patient, it must be repeated again: For it's no unusual Thing in these Cases, for Glysters to come slip away presently, by reason that the Intestines having their Fibres benumb'd, and paralytically relax'd, lose their retentive Faculty.

A Balsamic Glyster.

Take Broth of Sheeps Inwards (or Head) 10 Ounces; Yolks of Eggs 2; Lucatellus's Balsam 1 Ounce; Sheeps Sewet 2 Ounces; mix, and put it up just hot enough to keep the Sewet melted.

If the Sewet be subigated with Yolk of Eggs, 'twill be preserved from Concretion.

By fomenting, anointing, and lining the Intestines, it cherisheth, composeth, appeaseth, and

and healeth the Fervors, Corrugations, Tortors, Erofions and Ulcers: And is a moſt defirable Remedy for a Dyſentery, after once Bleeding and Purging.

A Glyſter of Bitters.

Take Virginia Snake-root powder'd 1 Dram; Pulp of Coloquintida (tied up in a Nodule) 1 Scruple; Tanſy, Savine-tops, each half a Handful; decoct in Water to 6 Ounces; ſtrain and add Oil of St. John's Wort half an Ounce; chymical Oil of Wormwood half a Dram; Species of Hiera Picra half a Scruple; mix.

It kills and expels *Ascarides* which have their Reſidence near the *Anus*: But as to the other common long ſort of Worms, while they are well, and lively to creep about, and inclinable to aſcend into the upper Guts and Stomach, the bitter Glyſter is not to be adminiſtered, leſt it force them upwards, where they may prove very troubleſome and miſchievous. But the true and effectual Way of them is, firſt to give Anthelminthics by the Mouth for ſome Days, to make the Worms weak and languiſhing, and to drive them down into the lower Guts; and then, after that, the bitter Glyſter to fetch them out.

The *Ascarides* are but a feeble Nation, and yet ſo exceeding hard to be deſtroy'd, that tho' they ſhould all and every Individual be drove out, yet there will not be an End of 'em ſo; for a new and numerous Off-ſpring will, in a little time, be hatch'd out of their Eggs, which they leave deposited in the *Inteſtinum rectum*: And therefore, aſſure your ſelf, it's of no great Avail to expel the Parents, unleſs their Off-

spring and Seeds also be extirpated, and clean cast out.

And this may be best atchiev'd, if we do not presently give over the Glysters, as soon as the *Ascarides* cease coming away, and are quiet; but repeat them every third Day; and after, once a Week, till they, their Nests and Eggs are all torn off, and thrown out; which Piece of Practice I have not yet found in any Author.

Since I wrote this, in turning over Books, I met with several Observations to the same Purpose; as in *Freitagius* (*Auror. Chym. cap. 37. p. 360.*) As soon as the Patient took a Purge, she brought away Worms, together with clammy Phlegm, always mix'd with many Seeds resembling the Eyes of small Fish, out of which, without doubt, the Worms were daily germinated.

And in *Mercurialis* (Confil. 13. p. 71.) *Id minimè silentio prætereundum judico, ad consumendam omnem Ascaridum materiam, delendam Intestinorum proprietatem; nec non ad præcavendum ne malum redeat, detur Aloës Scrupulus unus singulâ quaque hebdomade.* To prevent their Return, give every Week a Scruple of Aloes.

And I found in *Bartholine* (*Act. Med. Vol. 4. cap. 46.*) an Account of a Woman of 50, who for many Years had a fresh Brood of *Ascarides* hatch'd every Month, and which (when numerously swarming) she easily expell'd with a Wormwood Glyster. She told him, their manner was to come at the New Moon, continue the first Quarter, and never trouble her all the rest of the Month.

From

From this Relation I conclude, that such an eradicating Glyster as this, given every New Moon, and First Quarter, for some Months, may probably destroy them quite.

See Suppositories for this Purpose.

A Carminative Glyster.

Take Chamomil Flowers, Bay-berries, each half an Ounce; sweet Fennel, and Cummin-seeds (added at last) each 2 Drams; boil in Water to 12 Ounces; strain, and add Brandy 2 Ounces; Oil Olive 1 Ounce; Oil of Aniseed 2 Drams.

It's useful, and good for the Intestines, when refrigerated, debilitated, relaxed, obstructed, lined with Phlegm, blown up and tortured with Wind and *Flatus*: In particular, in the Wind-Colic, in a general Dropsy, and *Marasmus* also, when it happens (without a Hectic Fever) upon the account of Want of Concoction and Distribution into the Lacteal Veins.

For the better apprehending of this, I would have it understood, that Wind, or *Flatus*, and Vapours, are very different Things.

Wind is what is caused by either windy Diet, or else by bad Digestion, or by both: It's nowhere but in the Cavity of the Stomach, or Intestines; it happens presently upon eating, discovers itself by a little Sicknefs, and Fulness at Stomach, Yawning, and Drowziness; which, in a while, either finds Vent upward; or, if it pass into the Guts, puffeth up the *Abdomen*, rumbleth about a while, and so breaks away; or else, if it continue pent up there, causing a pinching Pain, it's what I call a Wind-Colic, and is no great Illness (provided the Stomach
and

and Intestines be not organically depraved) but easily cured by Glysters, Carminatives, and Purgatives.

Vapours (which *Helmont* calls *Gas Sylvestre*, an invifible, impalpable, and incoercible Spirit, and may perhaps be likened to that of bottled flying Ale, the wild Part of which no Chymist can catch) are produced by an highly volatilized acrid glandulous Juice, viciously fermenting with a crude viscous Matter (and that not in the Cavity of the Intestines, so much as in their Membranes, the Mesentery, yea, and uttermost *Loculi* of the Body, where the Extremities of the Arteries have thrown out, and deposited it) and so driving the Elastic Spirits (residing in, and flowing into those Parts) into divers wonderful Confusions, Trepidations, Startings, Flushes and Explosions. This troubleth mostly when the Party is empty; and is what I mean by Hypochondriac and Hysteric Affections, such as unaccountable Uneasiness, Vermiculations, Flushings, Tension of the *Hypochondria*, Croaking of the Guts, Gripes, and what useth to be called Vapours, and Spleen Pains, Fears and Fancies.

In this Case these Glysters do good, by appeasing the Spirits, comforting the weak Fibres, attenuating heavy Phlegm, correcting the Intestinal Glands, discussing the Fermenting Combinations, and driving them out of the Body.

But when it rises higher, and the Case becomes downright Convulsive, as it doth in a true Hysteric Colic; then every extraneous Thing that touches on the tender Membranes gives Offence, and irritates, and increases the exorbitant Explosions. Of which see more in the next ensuing.

A Colic

A Colic Glyster.

Take Canary Wine, Linseed Oil, of each 6 Ounces; Oil of Amber half a Dram; to which may be added Liquid Laudanum 40 or 60 Drops; mix.

It brings good Assistance in horrid torturing Pains of the Bowels, and pertinacious (spasmodic) Costiveness; forasmuch as it recreates the Membranes of the Guts, explicates Corrugations of the Fibres, expells Wind, softens Excrements, and empties the Intestines: And therefore it's proper, and useful in a Flatulent, and in a Bilious Colic.

But in the Hysteric Colic (unless the Intestines are extreamly stuffed up with hard Excrements, and the Disease be in its Beginning as yet, and not very raging) Glysters are generally to be avoided; for they provoke the tender Fibres, excite stronger Convulsions, and Dolors; render the Disease more outrageous, and hard to be cured; and now and then raise it up to such a Degree, that it becomes mortal; which young Practisers may do well to take Notice of. And because it's a Matter of great Concern for them to understand this rightly, I will not grudge my Pains in treating it more largely than my design'd Brevity usually alloweth.

As we find nothing of the Small-Pox before the *Arabian* Authors; nor of the Rickets, before *Dr. Glisson*: And the *Romans* (as *Pliny* assures us, *lib. 26. cap. 1.*) knew not the Colic itself before *Tiberius* had it; so neither did we ever read of the Hysteric Colic, as such, before *Dr. Sydenham*: And therefore whatsoever others have

have said before him of the Cure of the Colic, must by no means be referr'd to the true Hysteric Sort.

I can't deny, indeed, but that *C. Pifo* publish'd (1618.) his Opinion of the Colic's being Nervous: And our famous Dr. *Willis* made a much farther Advance since upon a like Hypothesis. But yet, 'tis manifest, neither of them had a clear Perception of this spirituous Colic, so as to distinguish it rightly from the other Humoral one. And therefore they never did, nor could establish a proper Method for its particular Cure.

No, this Atchievement was reserv'd for the immortal *Sydenham*. He it was that first plainly describ'd it, and distinguish'd it, and determined it so essentially different from the Bilious Colic, that the self same Method which cures one, heightens and enrages the other. And he being our peculiar Author for this Disease (for none has written to much Purpose of it since, that I know of) I think it not Pains ill placed to give an Abstract of what he delivers.

Only first, I crave Leave to produce a remarkable Passage out of *Lewis Duretus*, who, tho' he died above 100 Years before *Sydenham*, and could not in those dark Times make out a thorough Discovery, yet went a great Way with it, both as to Notion and Practice; and merited the Admiration and Thanks of Posterity.

In *Hollerium* l. i. c. 41. p. 407.] *Aliquando dolor Colicus prænuncius est Arthritidis & Paralysis; aut Translatione Materiæ ad superiores partes, aut temerariâ Curatione; ut si Clysteres Materiam discutientes primò injeceris. Nam si innascatur dolor Colicus à repentinâ collectione materiæ,*

materiae, & injiciantur Clysteres Carminativi, fit Diffeminatio materiae.

A Colic is sometimes the Fore-runner of the Gout, or Palsy; and that either from a Translation of the Matter to the superior Parts, or from Male Practice, as when Glysters are given that discuss: For where the Colic is caused by a sudden Collection of Matter, if Carminative Glysters be injected, they will disperse the Matter into other Parts.

Now by superior Parts, it's evident he can mean nothing but the Brain and its Appendixes the Nerves. By sudden Collection of Matter, I think, we may fairly understand (tho' he had not a clear and distinct Notion of) the Ataxy of the Spirits, whose spasmodic Explosions are as sudden as the Blast of Gun-powder: And in such a Colic, he saith, Glysters are Male Practice, because they drive the Convulsions out of the Bowels into the *Genus Nervosum*.

But to come to *Sydenham*, he saith (*Epist. to Cole*, p. 141.) It's manifest enough, that the whole of Hysterick Affections is to be accounted for from the Animal Spirits being not rightly disposed, and not from corrupted *Semen*, or menstruous Blood, sending up malignant Vapours into the Parts affected, nor from (I know not what) perverse Depravation or Congestion of Humours. And if the *Fomes* lay in Matter, then Vomiting, Purging, Bleeding, Fasting, and the like, would prevent Hysterick Affects; whereas we see (on the contrary) they constantly excite them.

De Morb. Acut. p. 228. Bleeding and repeated Purging, which are most apparently indicated

ted in the Beginning of the Bilious Colic, have no place here, except in Case of a very great Fulness of Blood and Humours; which sometimes (tho' seldom) I have found in Women of a mighty sanguine Temperament, and Viragoes: For Experience teaches, that the Pain, and all the other Symptoms, will be exasperated by the Tumult which Evacuations cause. And I have more than once observ'd, that the Repetition, even of the most mild Glysters, have brought on a continued Series of Symptoms.

And if we do but consider the Circumstances to which this Disease is mostly owing, such as too great Loss of Blood, violent Passions of the Mind, hard Labours of the Body, and the like; all which forbid such Things as may raise up a greater Perturbation of the Spirits, and instead call for Anodynes: I say, if we consider this, then Reason joins with Experience, and tells us, this Disease is produc'd rather by the Ataxy and inordinate Motion of the Spirits, than by any Fault of the Humours. And I doubt not in the least, but that this Disease (which tho' it bring bitter Pains, yet of itself no Hazard of Life) often becomes mortal, by Miscarriages of this Kind.

Epist. to Dr. Cole, p. 167.] I affirm, That often repeated Evacuations (which are certainly much indicated in the Bilious) do in the Hysteric Colic not only not restrain the Pains and Vomiting, but irritate them farther (by promoting the Perturbation of the Spirits, which Perturbation is the true Cause of these Symptoms) whence at length the Malady turns to Convulsions, and then quickly off goes the Sick.

Thus

Thus that great Man absolutely forbids repeated Bleeding, Purges and Glysters; speaks home to the Purpose, and positively, in the Case; urges Reason and Experience both: And his Opinion hath stood in his Works above 30 Years, and they have been printed in several Countries, as in *England* twice or thrice, in *Strasburg*, *Geneva*, *Leipsick*, *Amsterdam*. And I remember not any design'd Opposition to it in any Book in all this Time; only a little spiteful Libeller has of late (to defend an ill Cause) shew'd his Teeth, and bark'd at it.

And now, because this great Distinction of Bilious and Hysteric Colic, and their respective Cure, is so immediately Practical, and of such Concern in Practice; it were to be wish'd, that some Person, or Society, of sufficient Ability and Integrity, would be so publick-spirited, as to give us their Experience, Reason, and last Thoughts concerning it; to the End, that if it be an universally true Doctrine, they may establish it as such; or if it want distinguishing, they may clear it, and set us right. And this would be better Work, than running into Parties and Factions, and abusing and vilifying one another; and by that means (accidentally at least) ruining the Repute of (next to Divinity) the most Useful and Honourable Profession in the World.

We had a most lamentable Instance lately of a Symptomatic, Hysteric Colic; which, because it might occasion more Caution for the future, and has been falsly represented, merits a true Relation; but for the sake of some, who were trick'd in to concern themselves, I draw a
Veil

Veil over it. However, since an unknown Glyster was given, and a great deal depends upon it, perhaps I may strike some Light into the dark Case, by subjoining what follows.

Ettmuller (Vol. 1. p. 615.) saith, *Bartholine* observ'd, That a Glyster of the *Decoction of Tobacco* caused wonderful Disturbance, Convulsions, cold Sweats, and other most terrible Symptoms; and tells us, he himself had seen the very same in his Practice. And (p. 1301.) *Glyster ex Decocto Tabaci summè periculosus est, cum usum ejus (subitò ac modò applicatus fuerit) Præcordiorum Anxietates, Lipothymias, Vomitus, Sudores circa frontem frigidos, totius feralem quasi Pallorem, aliaque Symptomata insecta fuisse noverim.* A Glyster of the *Decoction of Tobacco* is a most extremely dangerous Thing; for I have known where there have followed (immediately, as soon as ever it was injected) Sickness and Anguish at Heart, Swooning, Vomiting, cold Sweats, cadaverous Paleness, and other the like frightful Symptoms. And I myself (who write this) had a Relation given me many Years ago, of one *Mr. Osbeston*, near *Lewes* in *Sussex*, who, from a Glyster of *Tobacco* infused in Sack, when he had a Colic upon him, fell presently into horrid burning Pains, Convulsions, Faintings, and so perish'd miserably upon the Spot, as 'twere all in Flames.

The Common Glyster.

Take of our *Decoction for Glysters* 12 Ounces;
Syrup of the Juice of Groundsel (or of Buckthorn) salt Butter, brown Sugar, each 1 Ounce;
Oil of Aniseed 8 Drops; mix.

It's to wash out the Intestines, especially the great ones, and to discharge them of Wind and Excrements.

Hildanus (*Cent. 1. Obs. Chir. 77. p. 56.*) saith, in the Administration of Glysters, it's of moment to place the Patient in a proper Position, respect being had to the Situation and Course of the *Colon*.

The *Colon* begins at the *Cæcum* in the Right Side; thence ascending by that Kidney, and bending to the Concave of the Liver, it runs under the Stomach to the Spleen on the Left Side; then turning a little backward, and descending to the Left Kidney (at which Place it's narrower, and without *Cellulæ*) it creeps downward; and so, having fetch'd two Compasses up and down like an S, it runs into the *Rectum*.

Now from this Description it's evident, that the Sick ought to be placed on his Right Side; for if he lie on his Left, the whole Bulk and Weight of the *Viscera* would press both upon the *Rectum*, and also the back Part of the *Colon*: And so the Glyster could not be forced up into the upper Part of the *Colon*, but would stay in the lower Turnings, and not be retained long. Whereas, if the Sick lie on his Right Side, the Glyster may easily be convey'd up to the Bending under the Spleen; and from thence without Obstacle even to the Valve; and so would remain the longer in the Body, and do the more Good.

A Comforting Glyster.

Take Canary Wine 1 Pint; *Diascordium* half an Ounce; Yolks of Eggs 2; mix.

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But

But half the usual Quantity is prescrib'd, to the End that it may the longer be retain'd in the Body.

What Cordial Juleps are to the Stomach, the same this Glyster is to the Guts; for it so refreshes them, as to raise an universal Exultation of the whole *Systasis* of the Spirits, whereby they are rouzed up, and enabled to perform their Business briskly, and throw out whatsoever is offensive to Nature, and noxious, vigorously.

Besides many other Uses, it's eminently serviceable in malign Fevers, and Gout in the Intestines: and that not only because it succours the fainting Spirits, but also because it defends the *Viscera* themselves, and driveth the *Radii* of the Miasm outward, from the Center to the Circumference.

I had Acquaintance with a celebrated Physician, who sometimes prescrib'd this Glyster in the Small-Pox, to promote Expulsion. But I judge this Piece of Practice is rarely and cautiously to be imitated, because this Inflammatory Distemper oftener wants a Bridle to keep it back, than Spurs to prick it forward.

A Corroborating Glyster.

Take dry'd Wormwood, Centaury, each 1 Handful; Chamomil-flowers, Bay-berries, each 3 Drams; boil in Sheeps-head-broth to 10 Ounces; to the strain'd add Brandy 2 Ounces; Oil of Turpentine and Juniper, each half a Dram; mix.

It (like an internal Fomentation in the Intestines) repairs their natural Heat and Vigour, re-establishes the relax'd Fibres, refreshes the
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tir'd Spirits, deterges heavy Phlegm, breaks off Wind, and appeases Pains.

An Emollient Glyster.

Take Milk 10 Ounces; Oil of Chamomil 3 Ounces; Honey of Herb Mercury, brown Sugar, and Pulp of Cassia, each 1 Ounce; Oil of Aniseed half a Dram; mix.

It softens hard Excrements and conglobated Scybala, lubricates the Bowels, and purges.

The Practitioner, who is so very mean and mercenary as to make his Business a mere Trade to get by, runs up to his Patient in haste, clutters over a few general Questions, calls for Pen, Ink and Paper, scribbles over one of his Hackney Bills, stays just to take a Fee, and so whirls away to the next.

It's strange how he can chain even natural Conscience, so as to keep it from stinging him. And it's as marvellous how People that are Sick in good earnest, can be brought to like such careless, formal, insignificant, and sometimes pernicious Treatment, and accept of genteel Deportment, and good Words for good Practice.

He ought certainly to allow Time and Thought to find out the Nature, Causes and Complications of the present Distemper, to observe the Time, Procedure, Tendency, and Symptoms of it, to judge of Indications and Contra-indications; and lastly, to write an handsome Prescript rightly suitable to the present Case, and not disagreeable to the individual Person.

For it's (even proverbially) known, one Man's Medicine is another's Poison: And there is that Difference in Bodies, that even this harmless

emollient Glyster will mightily disturb some People. And Dr. *Willis* tells us, some (especially such, I suppose, as are obnoxious to an Hysteric Colic) have the interior Tunicle of the Colon, so exquisitely tender, sensible and irritable, that upon the Injection of any (tho' an Anodyne) Glyster, immediately the Spirits flash into Explosions, and inflate and tear the Membranes, so as to excite most outrageous Tortures in the *Abdomen*.

An Epileptic Glyster.

Take Chamomil-flowers 1 Handful; boil in Water to 3 Ounces; strain, and add Spirit of Harts-horn 8 Drops; Oil of Aniseed 5 Drops; Honey of Roses 3 Drams; the Author saith, there's no need of Yolk of Egg to mix it.

The Use of Volatile Salts in Glysters I take to be a new Practice, not thought of by our Fore-fathers in Physick: Yet *Ettmuller* (whose Prescript this is) writes, that a certain eminent Physician commends them (not without Success) in an Epileptic Paroxysm, and gives them as well to Children as to grown Persons; and this he order'd for an Infant of a Year old.

A Febrile Glyster.

Take Peruvian Bark fine powder'd 2 Ounces; boil in several Waters till it come to half a Pint; let it pass through a Sieve, so as to be turbid, and add Diascordium half an Ounce; Oil of Aniseed 1 Drop; mix. I sometimes add Cinnamon-water.

If the Patient cannot retain it long enough, boil in it Pomegranate-peel (or Flowers) half
an

an Ounce; and add Cinnamon-water two Ounces.

I have often experimented this Glyster, and found it egregiously prevalent against Intermitting Fevers, especially in Children in a less Dose: For I must ingenuously own, that I have often known it fail of its Effect in grown Persons; and I never order it but to those Patients that either have a Prejudice against the *Cortex*, or are so tender-stomach'd, or so humourfome, that they cannot, or will not take it by the Mouth.

The Manner of using it is, to administer it presently after the Paroxysm, and as soon as it comes away, to give another of the same, and repeat it *toties quoties*, so as that the Intestines may be continually imbued with it, from Fit to Fit, till the Fever be driven.

Ad. Helvetius, a *Parisian* Doctor, perhaps found out this Sort of Remedy, and wrote a little Book of it. His Way is thus:

Take Pulverized Bark 1 Ounce; mix it in a Pint of warm Water, without putting any thing to it besides.

He gives it just after the Fit, and repeats it three times a Day, till the Patient is thoroughly well. After the Cure, he continues the same for the Space of 12 Days, *viz.* the first 6 Days one in the Morning, and another in the Evening; the last 6 Days, one in the Morning only. But in my Practice I never found it needful to make such Repetitions; and I am persuaded it would hurt the Intestines to do so.

He saith, when the Patient cannot hold the Glyster long enough, he adds to each Syrup of

Meconium 1 Ounce, which will make it stay without Pain.

A Glyster in the Gripe.

Take powder'd white Chalk half an Ounce; Rue, Chamomil-flowers, each half a Handful; boil in Water half a Pint to 4 Ounces; to the strain'd add Tincture of Castor 3 Drams; Diascordium 2 Drams; Syrup of Meconium half an Ounce; Oil of Aniseed 10 Drops; mix.

It concentrates Acids, comforts the Intestines, dissipates Wind, eases Pain, takes off Spasms, and is superlatively good and convenient for small Children; when (by reason of hard breeding of Teeth, or acrious Humours) they have green griping Stools, and are troubled with Inquietude, Watchings, feverish erratic Flushings, and Convulsions threaten them.

An Hysteric Glyster.

Take round Birth-wort, and white Briony-roots, each half an Ounce; Rue, Fever-few, Penny-royal, Chamomil-flowers, each half a Handful; boil in Water to 1 Pint, in which (when strain'd and cold) dissolve Asa-Fœtida 1 Dram; Oil of Amber 2 Drams, brown Sugar 1 Ounce; mix.

In the very actual Hysteric Fit, it may be injected, powerfully to repress the Ataxy of the exploding Spirits. Perhaps it may be found too strong for some worn-out, weakly Constitutions.

A Glyster for Infants.

Take new Milk 3 Ounces; Oil of sweet Almonds,

monds, Syrup of Violets, each half an Ounce; Oil of Aniseed 12 Drops; mix.

It mollifies and loosens, dissipates Wind, and eases Pains.

A Laxative Glyster.

Take either Chicken, or Veal-broth 12 Ounces; Oil Olive, brown Sugar, each 2 Ounces; Oil of Aniseed, half a Dram; mix.

It comforts the Intestines, discusses Wind, softens the Excrements, and loosens the Belly.

A Lenient Glyster.

Take new Milk 10 Ounces; Mucilage of Fleawort, and Quince-seeds (extracted in red Poppy-water) 3 Ounces; Yolks of 2 Eggs; Diacodium 2 Ounces; mix.

It hath Place when the Sharpness of Chole-ric Humours vehemently stimulates, vellicates, pricks, and corrodes the Intestines: For it obtunds Acrimony, lines the Membranes with *Mucus*, and composes and appeases the Spirits.

A Glyster with Mullein.

Take Mullein, and Elder-flowers, each half a Handful; Herbs, Hemlock, Henbane, each 1 Handful; boil in Smith's Forge-water to 12 Ounces; to the strain'd add the Yolk of 1 Egg; Linseed Oil 2 Ounces; Oil of Amber half a Dram; Balsam of Sulphur 2 Drams; mix.

It discusses the Swellings of the internal Hemorrhoids, effectually allays their Pains, heals the little Ulcers, and hinders a farther Afflux of Blood, and ill Humours.

A Nourishing Glyster,

Take Broth made of Sheep's Inwards 10 Ounces; Yolks of 3 Eggs; Canary Wine 3 Ounces; Juice of Kermes half an Ounce; mix.

Some deny that there are truly Nourishing Glysters; but I incline to the contrary Opinion, 1. Because the *Colon* hath Lacteal Vessels implanted into it, tho' not many. 2. I have sundry times observ'd, that the Glyster of Pomegranate-peels hath been kept in the Body 24 Hours; and the next Stool that followed was not liquid, but hard and solid. 3. *Hildanus* (*Cent. 4. Obs. 30.*) tells of a certain Woman, who for 6 Weeks took in no Sustenance at her Mouth, but by the Benefit of such Glysters was so well supported, that being great with Child, went out her full Time, and was happily brought to Bed. 4. *P. Borellus* (*Cent. 1. Obs. 56.*) saw a Person made drunk by a Glyster of Wine; And the like I noted before in *Anodyne Glyster*. I could produce many more Arguments; but I presume these may abundantly suffice, to prove that there are such Things as Nourishing Glysters.

An Oily Bitter Glyster,

Take Linseed Oil 6 Ounces; Coloquintida tied up in a Rag 1 Dram and a half; boil a little, and strain it.

Rulandus anointed the Belly with Part of it, and injected the rest Glyster-wise into one that was most miserably afflicted with the Iliac Passion, and gave present Relief: But he is not to be

be rashly imitated, lest the Glyster should be forcibly driven up into the Ventricle, and increase the Vomiting, which was very enormous before, and so hasten Death. Yet, notwithstanding, when the Belly is obstinately bound up, before the Peristaltic Motion of the Guts is wholly inverted, and before the Intestines become inflam'd and mortify'd (which Dr. *Willis* saith he found, by Dissection, in almost all that died of an Iliac Passion) I judge it may be a profitable Remedy.

But if a Colic (which often occurs) takes up its Stage high, either in, or just below the Ventricle; then Glysters (tho' never so powerful) signify little or nothing, because their comfortable Operation reacheth not up into the small Guts.

Nay, sometimes they mightily enrage the Pains, and render them more obstinate: For since the vermicular Protrusion of the Guts is set a going, and determined downward, chiefly by the Plenitude and Gravity of the Excrements pressing, and aggravating; if those Intestines, which are below the spasmodic Gripe, be exonerated and eased by a Glyster, their Motions downward will thereupon become languid and seldom, and perhaps may quite cease: But at the same time, those above the Gripe being in exquisite Torment, and not able to drive the Motion down through the Convulsive Knot, will fly upwards in violent Explosions, and so render the Colic, which was sharp before, outrageous, and so much the more pertinacious, because the Peristaltic Motion below hath done working, for want of Excrements in them to provoke it.

Sennertus

Sennertus is of the same Mind (*de Colicâ*, p. 881.) where he saith (and is quoted by *Riverius*) if Glysters (which is a common thing) do no good, and the Matter is fixed in the upper Intestines, they are not to be obstinately insisted on too long. 'Twas observ'd, that when a Patient had had thirty Glysters (which was a vast Number) without any manner of Relief, another Physician cured him presently, with Manna an Ounce and half, and Oil of sweet Almonds 2 Ounces in fat Chicken Broth.

And also *Jungken* (*Medic. Præsent.* p. 661.) saith, "In truth I never yet could see a Colic
" cured by Glysters; because they reach not the
" seat of the Malady, which is fixed in the up-
" per Intestines, and is caused not so much from
" the great Quantity, as malignant Quality of
" subtile and pungent Particles running into an
" inordinate Fermentation."

And *Crato*, (*Consil.* 10. p. 85.) *Clysteria*, &c. If the Obstruction be fix'd above the Navel, Glysters reach not the Matter; and if they are often repeated, do Hurt.

The Ancients, in an Iliac Passion, when the Intestines were stuffed, and extended with hard Excrements and Wind, had a Practice of blowing into the *Anus* with Bellows, that the Guts, being thereby stretched open, might make room for the hard Lumps to come away by the help of Glysters, which had been before injected to make the Passage slippery.

Hippocrates (*Lib. de Morbis*, p. 50.) recommends it, whom *Amatus Lusitanus* (*Cent.* 1. *Cur.* 100.) saith, you will not repent Reading. *Trallianus* also adviseth it (*Lib.* 10. *Cap.* 1. p. 576.)

p. 576.) Of this also see *Epiphan. Ferdinandus* (*Hist.* 74. p. 220.) All this I quote, not to boast my Reading; but to have it considered, whether *Ettmuller* be in the right (Vol. 1. p. 98.) where he calls this *Ridicula cura veterum*.

This Contrivance brings into my Mind another related by *Mayerne* (*Prax.* cap. 19.) which tho' it be not exactly of the same sort, yet may possibly, at some Time or other, prove useful, either by relieving one in a miserable Distress, or at least in giving a wise Man a Word of Hint to improve by.

One *Dickenson*, being in a sad and desperate Condition from Suppression of the Urine, caused by a Caruncle, and Gravel-stone fixed in the *Urethra*, forced Air into the Bladder by the help of an empty Syringe, stopping it in by pressing the Virga with his Fingers every time he drew out the Syringe for fresh Air. And when the Bladder was filled, and the Passage dilated, he let go at once; and so the Wind bursting out with a Force, carried the Gravel before it (like Shot out of a Gun) and made way for the Urine to flow freely. Afterwards, upon the like Occasion, he ever had Recourse to the same Expedient, and it never fail'd him.

Mayerne thinks the Air might conveniently be forced up like a Glyster out of a Bladder fixed to a convenient *Catheter*, and fill'd with Wind.

Some Neoterics, instead of this simple Airy *Flatus*, use the Smoak of Tobacco as a present Remedy in Flatulent Pains of the Guts, Convulsive Obstructions of the Belly, Colic, and Iliac Passion; and particularly *Sydenham* ac-

counts

counts it the most effectual of any Glyster he knows of.

Of Tobacco Glysters, and their ill Effects, see *Colic Glyster*.

A Glyster of Four Oils.

Take Oils of Linseed and Chamomil, each 6 Ounces; Oil of Scorpions and Turpentine, each 2 Drams; mix.

It's commodiously prescribed against the Stone, and Sand in the very Paroxysm; for it lubricates the Passages, breaks the Spasm of the *Viscera*, softens hard Excrements, disburdens the Intestines pressing upon the Reins, Ureters and Bladder, and so openeth the Ways, and forceth small Stones, gravelly Matter and Sand, to descend, and be evacuated with less Difficulty and Dolour.

A Glyster of Pomegranate.

Take Pomegranate-peel bruised half an Ounce; Flowers of the same 1 Dram; boil in Milk half a Pint to 4 Ounces; to the strained add Brandy (or Cinnamon Water) 2 Ounces; Diascordium 6 Drams; Oil of Nutmeg 6 Drops; mix.

That it may be the longer and easilier retain'd (which is of great moment in this Case) foment the *Anus* with some warm Astringent Decoction; or at least, apply hot Cloths to it, and let the Patient compose himself to sleep as soon as he can. Perhaps also it might be well for him to lie upon his Right Side; for so the *Colon* will not be so much pressed upon by the Weight of the other Intestines.

This (beyond almost all other Astringents) is prevalent

prevalent in stopping such a Looseness as comes without Gripes, and is occasion'd, not so much by the Quantity and Sharpness of Matter, as Laxity and Lubricity of the Intestines.

A Purging Glyster.

Take of the Decoction for Glysters 12 Ounces; Mixture for Glysters 3 Ounces; mix.

The Title sets forth its Use.

I am of Opinion, that Glysters (notwithstanding the Valve of the *Colon*, which hinders their corporal Ascent any higher) may purge not only the *Rectum* and *Colon*, but all the upper Guts also: For the Peristaltic Motion once begun in the lower ones, may very easily (and useth to) be continu'd successively up, even to the *Pylorus* itself; and by that means the Excrements are borne downwards, and squeez'd forwards, thro' the whole Tract of the Intestines, and this especially in those, whose Guts being wove up of fine-spun *Fibrillæ*, are touchy and irritable, and therefore easily purged.

A Refrigerating Glyster.

Take of the common Emulsion 12 Onnces; Oil of Lillies 4 Ounces; Salt Prunel 2 Scruples; Sugar of Lead 1 Scruple; mix, and inject it Milk-warm.

It's adviseable, when a very acrid fiery Bile being plentifully suffused into the Intestines, excites Fervor, Fury, and Dolour, as in the *Cholera morbus*, and some sort of Fevers.

Some have dared to inject Glysters actually cold, and some again condemn it as Male-Practice. But seeing the Stomach (which is of a
far

far more exquisite Sense, and hath such a sympathetic Influence upon the whole System of the Spirits) I say, seeing the Stomach can bear cold, yea even Icy Draughts, why should not the Guts the same, or more? But I never made any Experiment of this Matter; and therefore only propose, but not impose it.

Altho' I propos'd thus modestly, yet I am inform'd some have scoff'd at me for it. Now, when a Man of Sense and Civility is not of my Opinion, he hath free Liberty to enjoy his own: But when a ridiculing Buffoon makes Mouths at me, I look upon him as a sort of Man-Monkey: He is welcome to play his Tricks, provided he bite me not. I shall therefore not answer a Fool in his Folly, but extract a Passage from *Vander Heyden*; who, in the Year 1649, put out a Tract of Whey, cold Water, and Vinegar; and tells us, 'tis the confirm'd Experience of his 53 Years Practice in *Gaunt*.

In Fluxes of the Belly (accompany'd with Fever, or Gripings) after he hath order'd large Quantities of Whey, and repeated Purgation, he gives Glysters; and saith, To the end the Party may retain them longer, I would have them always administer'd cold, and be often repeated, if there be an extreme Griping with the *Diarrhœa*; and so much the oftner, in case the Party void Blood: But if that cease, and some purulent Matter only, or the same mixed with a very little Blood, be voided from some Ulcer, you must then give your Glyster a little warm.

And I have always, and to People of all Ages, administered cold: And, for Instance, to the Daughter of the Count *de Wachen*, who was
sick

sick of a Dysentery, and was not above a Fortnight old; by which her Health was speedily restored: And even in the very depth of Winter I have, with very good Success, done the like to Children of not above two or three Months old. And moreover, I have divers times caused 2, 3, or 4 Spoonfuls of Vinegar to be put into the Glysters, and that where the Patient hath voided in one Day 2 or 3 Pints of Blood: Neither did my Expectation fail me; for the Blood, by reason of so piercing a Cold, was suddenly repell'd, and the Orifice of the Vessels contracted and shut up.

This being a Practice not in Use with us, and so old, that it's now new again, I was willing to lay it before the ingenious Reader, to the end he may consider, and make what Use he pleases of it: For a wise Man sometimes makes great Improvements from an odd Hint, which an unthinking Dolt will over-look, and a ridiculing Droll laugh at.

A Saponaceous Glyster.

Take Mallows, Golden Rod, each 1 Handful; Juniper and Bay-berries, Daucus and Parsly-seed, each 2 Drams; boil in Water to 12 Ounces; in the strain'd dissolve Castile Soap half an Ounce; Oil of Chamomil 1 Ounce; Oil of Aniseed 2 Drams; Syrup of Violets 2 Ounces; mix.

It potently disperseth Wind, softeneth indurated *Fæces*, evacuateth the Intestines, lubricateth the Urinary Passages, expelleth Sand; and therefore, upon all these Accounts, belongs especially to, and is very commodious for, those that are troubled with Gravel and Sand.

A Som.

A Somniferous Glyster.

Take Opium 8 Grains; dissolve in the Yolk of 1 Egg; then add Erratic Poppy-water 6 Ounces; *Diascordium* half an Ounce; mix, and inject lukewarm at Sleeping Time.

In acute, and other great Distempers, when want of Sleep (caused by Vehemence of Pain, Estuosity of Humours, or Restlessness of Spirits) grows to that Pass, as to weaken so much, that 'tis no longer safe to venture Opiates in the Stomach; then (that Nature may not be destitute of all Assistance) Authors advise to give them in Glysters. Thus *Sennertus* (*de Phrenit.*) counselleth to mix Opiates in Glysters, where the Patient is weakened to the utmost Degree, and therefore may not take them by the Mouth. And *Riverius* (*de Phrenit.*) asserts that *Laudanum* used in Glysters procures Sleep effectually enough, and more safely, than when swallow'd.

Notwithstanding, young Practitioners may be careful in ordering it: For *Platerus* (lib. 1. Obs. p. 136.) tells us, he prescrib'd an Opiate Glyster to an old Man in a Fit of the Stone; upon which he slept, and waked easy; but the Nerves of his Tongue were so struck, that he stammer'd like a drunken Man; yet his Speech return'd again, as the Force of the Narcotic wore out. And *Salmuth* (Cent. 3. Obs. 97.) writes of a *Coma Somnolentum*, occasion'd by 1 Dram of Opium dissolv'd in a Glyster, which was cured by another of Malvatic Wine.

A Sweet Glyster.

Take New Cows-Milk 6 Ounces; *Melassos* 2 Ounces; mix. This

This Glyster is to be made use of before the bitter one, whilst the Worms, lying in the small Guts, bite and gnaw, and cause the Belly-Ach: For they will greedily make to the Milk, which is sweet and delicious to them; and so leaving off biting, will come out of their lurking Holes, and crawl downwards, and lie ready and easy to be cast out by Siege.

A Terebinthine Glyster.

Take Urine of a Man in Health 1 Pint; Venice Turpentine (dissolved in 2 Yolks of Eggs) 1 Ounce; Oil of Aniseed 1 Dram; Melassos 1 Ounce; mix.

It's but a Whimsy to prescribe Urine of Wine-drinkers, as supposing such most enrich'd with Spirits; whereas it has no vinous Spirits at all, and is not so pure, natural, and humane a Liquid, as the Urine of such as drink little, and let themselves be healthy.

Urine seems a very proper Ingredient in a Glyster, because it being lately a Guest in the Body, is now receiv'd again in a friendly manner, and supplieth the Place of Bile: For *Pecquet* is clear in it, and *Helmont* also, that the Salt of Bile, and of Urine, is the very self-same, and both most certainly nitrous.

Terebinth dissolv'd in Glysters is beneficial in the Dropsy, Colic, and Stone; not only because its Balsamic Particles comfort and heal the Intestines; but also, because taken up by the Veins, and circulating with the Blood, they move Urine.

Ettmuller reports, that when a Glyster of Milk, and Turpentine 3 Drams, dissolv'd with
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the Yolk of an Egg, had been given in the Morning, and retain'd all Day, it gave the Urine a sensible Violet Odour at Night, as Turpentine taken by the Mouth used to do.

This Observation makes it more than probable, that the Balmy Particles of Turpentine get into the Mass of Blood, circulate with it every where, fly through the minutest Passages, and diffuse themselves into the inmost Recesses of the corporeal Frame.

And that they agitate and remove the stagnating morbid Matter, and where they find it degenerated into salt, acrid, sour, putrid, viscid, feculent, &c. they correct, and reduce it to Freshness, Sweetness, and a better *Crafsis*; and that they separate from the Blood and Humours heterogeneous *Copula's*, and throw them off by *Diuresis*. This in the liquid Parts.

And as to the solid; that they search, open, and deterge the Canalicular Fibres of all sorts; Nerves, Glands, Bowels, *Uterus*, Reins, Bladder, and Urinary Passages; and by their Balsamic *Afflatus*, refresh, heal, and strengthen them.

It therefore promiseth well in the Belly-Ach, flatulent and humoral Colic, Dysentery, Consumption, and other Thoracic Infirmities. Also in Maladies of the Nerves, either from Oppilation or Laxity: In Cachexies, Dropsy, and all internal Ulcers. Also to prevent the Stone, cause Urine when the Passages are stopp'd up by Gravel, or gelatinous *Mucus*; help for a Dyfury, and may be useful in a white *Fluor*, and *Gonorrhœa*.

But

But then for this Use of altering and mending the Juices and Fibres, it must be given frequently and in such small Quantities as will not purge itself off.

N. B. Turpentine taken at the Mouth are likely to have the same Effects; but they are apt to hurt the Stomach, if daily used.

Pectoral Honey.

Take Honey 1 Pound; Elecampane, Liquorice, of each 1 Ounce; Seeds of Cummin, Anise, sweet Fennel, Flower of Sulphur, of each half an Ounce.

Put all into a glazed Pipkin, fit on its Cover; and having pasted it up close, set it into the Oven (after the Household Bread is taken out;) and after it hath stood there 12 Hours, pour the clear Honey out thro' a Hair Sieve.

Honey of Raisins.

Take Malaga Raisins freed from the Stalks and Stones 2 Pound; Currans pick'd and rubbed clean with a Cloth 1 Pound; Fijubes half a Pound; beat all in a Marble Mortar, and boil in a convenient Quantity of clear Barley Water, till the Goodness be boil'd out into the Liquor; then strain and squeeze it out, and having set it by to settle, and decanted the clear, and added to it clarify'd Honey, and white Sugar-candy, each 4 Ounces; boil it again gently till it be reduc'd to a Mellaginous Consistence.

Here I desire the English Reader to take Notice once for all, that our Herbals give such poor, sorry, deficient, false, and undistinguishing Accounts of the Virtues of Simples, that

he must not venture to practice upon their Authority. To instance in Raisins, when they are prescrib'd, Raisins of the Sun are generally made use of; whereas they and Malaga have their several Faculties and Uses no where to be found in such-like Books.

For Raisins of the Sun are pleasanter to the Palate, quench Thirst, and deoppilate more than Malaga, by reason of a delicate tartarous Acidity mixed with the Sweet; and so are better in thirsty Fevers and Splanchnic Cases.

But Malaga increassate, obtund, and maturate more than they, by reason of their mucilaginous Sweetness; and therefore are preferable in Catarrhs, Rheumatism, Small-Pox, Stone, and wheresoever a thin, acrid, crude *Serum* is to be corrected or ripen'd.

Bayern's Honey of Raisins.

Take Raisins ston'd and chop'd small 4 Pound; Water 6 Quarts; macerate them 24 Hours; then boil till but a third Part remains, which strain and boil again, till it become as thick as Honey.

A Chartaceous Hydrogala.

Take of the finest Writing-Paper cut small 4 Sheets; Naples Biskets 2; Spring-water 2 Pints and half; having boil'd it to 1 Pint and half, and strain'd it, add Milk 1 Pint and half; then boil it again to 1 Quart; and at last, season it with fine Sugar and Nutmeg, according as may be grateful.

It edulcorates, increassates, obstipates; in particular, it succours those that are troubled with
Diarrhœa,

Diarrhæa, immoderate Flux of the Terms or Morning Sweats.

Asthmatic Hydromel.

Take Fox-Glove Flowers fresh-gathered, half a Pound; pour upon them Water boiling hot a Quart; stop it close up; after 12 Hours strain out the Liquor, and add to a Pint and half of it Gum Ammoniac (dissolv'd in Vinegar 4 Ounces, and strained) 1 Ounce; Honey 4 Ounces; Tincture of Benjamin 2 Drams.

Let it be taken by a Spoonful at a time, adding (when judg'd expedient) some Drops of Spirit of Salt Armoniac.

Calceous Hydromel.

Take Lime-water 8 Pints; Chips of Guaiacum, Shavings of Sassafras, of each 2 Ounces; Malaga Raisins 2 Ounces; Liquorice 1 Ounce; Seeds of Carraway, and Coriander, of each half an Ounce; macerate cold a Day's Time; then dissolve (over a gentle Heat) in the strain'd Infusion, Honey 8 Ounces.

The *Lixivium* of *Calx* contains in it a notable Salt peculiar to itself; by which the sharp Particles of the Blood (as well muriatic as acrid) being precipitated, the whole Mass becometh mild; and so, by that means, easily receiving the new Chyle, and converting it into its own Nature, the Afflux of Humours to ulcerated Parts is prevented; and consequently the Cure of such Ulcers accelerated: It's good therefore in Consumptions.

An Hydromel of Cherries.

Take Spring-water 6 Quarts; Honey 1 Quart; when it's boil'd to a perfect Despumation, add Juice of red Cherries 1 Quart; and boil it a little more, scumming it carefully.

It's a delicate pleasant-tasted Liquor, and may serve for usual Drink to quench Thirst, dilute and maturate.

After the same manner may be prepared Hydromels of Juice of Citron, or any other grateful acid Juices, saith Dr. Laster.

Hydromel with Comfrey.

Take Comfrey-roots 4 Ounces; Plantain-leaves 2 Handfuls; Seeds of white Poppy, and Henbane, of each 2 Drams; Decoct in depurated Barley-water 3 Pints to 28 Ounces; in the clear strain'd Liquor dissolve Honey 4 Ounces; Sugar of Saturn 24 Grains; when it is cold, add Whites of Eggs well beaten up 4; mix all very well.

For any sort of Hemorrhage, give 4 Ounces.

A Diuretic Hydromel.

Take Roots of Madder, Fennel, each 1 Ounce; Parsley 2 Ounces; Bay and Juniper-berries, each half an Ounce; Daucus and sweet Fennel-seeds, each 2 Drams; boil in Water 2 Pints and half to 28 Ounces; to the strain'd Liquor add Juice of Pellitory of the Wall, and Honey, each 4 Ounces; boil it again as long as any Scum arises.

A Diuretic Levigating Hydromel.

Take Roots of Althæa 1 Ounce; of Fennel and Parsley,

Parsley, of each half an Ounce; Mallow-leaves 2 Handfuls; Malaga Raisins 1 Ounce; Liquorice half an Ounce; boil in depurated Barley-water 3 Pints to 1 Quart; in the strain'd Decoction dissolve Gum Arabic 1 Ounce; Honey 3 Ounces; boil again, and take off the Scum.

Give a quarter of a Pint, together with as much white Wine, three times a Day.

Joel's Hydromel.

Take Zedoary half an Ounce; Gum Ammoniac (not strain'd) 2 Drams; Flower of Sulphur 3 Drams; clarify'd Honey 2 Ounces; Water 1 Pint; boil (without scumming it) to 12 Ounces; at the latter end, adding Saffron 12 Grains; and when it's quite cold strain it off.

It very potently incides, qualifies, and brings off tough Phlegm, that by stuffing up the Pneumonic Passages, causeth an Orthopnoea and moist Asthma: Now whether it be convenient in a dry, convulsive, feverish Asthma, during the Fit, I am scarcely satisfy'd; but am inclin'd to believe in that Case, it may give the Blood too much Fervor, increase the Orgasm of the Humours, and consequently make the Fit greater.

You may give the Patient a Spoonful or two often.

1. A Pectoral Hydromel.

Take Liquorice 2 Ounces; Malaga Raisins stoned and cut small 4 Ounces; boil in depurate Barley-water from 3 Pints to 1 Quart; to the strain'd add Honey 2 Ounces; and boil again till it be well despumated.

2. *Pectoral Hydromel.*

Take Pearl-barley, Malaga Raisins stoned, each half an Ounce; Figs 4; Liquorice 2 Drams; Roots of Elecampane, Orris, Calamus Aromaticus, and dry'd Tobacco, each 1 Dram; Colts-foot, Ground-ivy, Rocket, Sanicle, each 1 Handful; sweet Fennel and Aniseed (added towards the last) each 2 Drams; make a Decoction in simple Hydromel 3 Pints to 1 Quart, and strain it out for Use.

It almost equals that of *Joel* (above described) for inciding and expectorating; but for mollifying, lubricating, digesting, and maturing, it goes beyond it. It's eminently beneficial in a deep, laborious Cough, where the inward Recesses of the *Thorax* are stuffed up, and overloaded with tough Phlegm: But in a feverish, thin, sharp Catarrh, perpetually dropping thro' the guttural Glands, 'twill prove prejudicial; for by fusing, heating, and tumultuously exagitating the Humours, 'twill most infallibly increase the Distemper.

You may give 3 Ounces, or more, to be supped up as hot as Coffee, 3 times a Day.

Simple Hydromel.

Take pure Spring-water 2 Quarts; Honey half a Pound; boil it till it's thoroughly scumm'd.

Some make it of Water 5 Pints, and Honey 1 Pint.

This may serve to prepare any Compound Hydromel with; is seldom used alone, yet might be a good agreeable Drink, during the whole

Fit

Fit of the Asthma, for such as are troubled with an old Cough, or with Gravel or Sand.

Honey consists of a sweet, viscid Principle manifest, and of an acrid Volatile, somethin occult. From its Acridness, it detergeth and drieth: From its Viscidness, digesteth and healeth.

Zwelfer highly disapproves of clarifying Honey by violent Boiling, and will allow only a little warming, and straining of it thro' *Hippocrates* his Sleeve. He affirms, there is no need of Despumption; and that thus cleansed, it's most pure, and may be so kept natural, and with its own proper Virtues entire and untainted: Whereas, if it be urged with a hot Fire, the Wax and *Propolis* will be so boiled into its Body, and so ultimately mix'd, as to render it impure, and give it an unpleasant Taste and Smell, that cannot be got out of it again, tho' it be clarify'd ten times over.

And moreover he acquaints us, that the whole Substance of Honey will at length be turned into Bubbles and Air, and be evaporated and lost, if it be boiled apace, and long enough, and Water be continually put into it.

An Anthelminthic Infusion.

Take Worm-seed bruised half an Ounce; Mint-water 4 Ounces; Gentian compound, and Cinnamon-water, each 2 Ounces; infuse hot for an Hour; then strain, and add Syrup of Succory with Rhubarb 2 Ounces; Oil of Nutmeg 2 Drops; mix.

Give a Child 2 Spoonfuls twice a Day for 3 Days, and then after it a proper Cathartic.

Ægineta (Book 4. Chap. 57. Page 384.) saith, when

when Children will not take Medicines, if you lay them on their Backs, and bind them down, and hold open their Mouths with an Instrument, and put a Glyster-Pipe down their Throats, you may inject what Bitter you please, in spite of their struggling.

Araldine Infusion.

Take Leaves of Polypody of the Oak, and of Fox-glove, each 4 Ounces; having cut, and put them into a glaz'd Pipkin, and pour'd on them Spring-water enough to extract their Virtue, put the Lid on it, close it up with Paste, and let it stand in an Oven the Day after Baking 12 Hours. Then pass the clear Liquor through a Sieve without squeezing, and keep it in a Glass Bottle for Use.

'Tis commended for Convulsive Diseases. The Dose Night and Morning from one Spoonful to five.

An Arthritic Infusion.

Take Ground-pine (dry'd, wash'd and bruised) 1 Ounce; Lavender-flowers dry'd, Venice Treacle, each half an Ounce; stout, strong, red Wine 1 Quart; infuse hot 2 Hours, and strain.

To drive the Gout out of the Stomach and Intestines, let the Patient drink half a Pint, and repeat the same Draught as often as the Physician shall judge needful.

A Bitter Infusion.

Take common Water distill'd 2 Quarts; Brandy half a Pint; Salt of Tartar 32 Grains; Gentian-root 3 Drams; Tops of Carduus, Centory, Chamomil-

Chamomil-flowers, each 6 Drams; Cochineal two Scruples; infuse in Balneo 12 Hours, and strain.

Common Water distill'd in an Alembic will keep in the Shop as well as other distill'd Waters, and may serve as a cheap and general Vehicle in Juleps, Infusions, &c. and is divested of all sorts of Salts, and Qualities.

I chuse Carduus Tops rather than Seed, because the Seed, being oily, is apt to make the Infusion muddy; but as here order'd, 'twill be diaphanously clear.

It's a little warmer than the common bitter Draught, because in a Quarter of a Pint of the Liquor there is about half an Ounce of Brandy.

I use to give it either alone, or with bitter Wine; sometimes prescribing equal Quantities, sometimes of the Infusion 12 Ounces, and of the Wine 4 Ounces; and so varying as I see fit. The Dose is 6 or 8 Spoonfuls twice a Day.

A Bitter Chalybeate Infusion.

Take Alexiterial Milk-water 1 Pint and half; Mint, Gentian compound, Magistral Worm-water, each 4 Ounces; Gentian-root 4 Scruples; Tops of Carduus, Centory, and Chamomil-flowers, each 8 Scruples; after 12 Hours warm Infusion, run it through a Sieve without squeezing, so that it may be pure clear and fine, and mix with it Chalybeat Wine 1 Quart.

An Infusion of Chamomil.

Take distill'd Water 1 Quart; Brandy 4 Ounces; Salt of Tartar 2 Scruples; Chamomil-flowers dry'd and bruis'd 2 Ounces; infuse warm
12 Hours,

12 Hours, and decant the clear thro' a Flannel Strainer.

See the bitter Febrific Decoction.

A Cardiac Infusion.

Take Conserve of red Roses 1 Ounce; Conserve of Borage-flowers 2 Ounces; candy'd Citron-peel beat to a Mash 6 Drams; pour on them Borage-water 9 Ounces; Meadow sweet Water 3 Ounces; Damask Rose-water 2 Ounces; having mix'd all very well in a Marble-mortar, and let them stand cold an Hour; strain out the Liquor, and add to it Juice of Kermes half an Ounce; Juice of Lemon 1 Ounce; Syrup of Raspberries half an Ounce; and pass it all thro' Hippocrates's Sleeve, till it be pretty clear and fine.

It restrains the Fervor, and allays the Impetuosity of the too inflammable Blood; at the same time it also clarifies and rouzes up the Spirits darkened and depress'd with atrabilarious Vapours. 'Tis a very grateful and comfortable Thing in a burning Fever, especially if the Patient be inclinable to Hypochondriacism and Melancholy. You may give a large Wine-glass full thrice a Day.

A Cephalic Infusion.

Take dry Peacocks Dung (the white Part) 4 Ounces; Millepedes alive bruis'd 1 Ounce; black Cherry-water; white Wine, each 1 Pint and half; let them stand cold 24 Hours; then having clarify'd it, by often passing it through a Flannel Bag, add Langius's Antepileptic Water 3 Ounces; Spirit of Lavender compound 1 Dram

Dram and half; Oil of Nutmeg 3 Drops; Syrup of Piony compound 6 Ounces; mix.

It cleanses out the *Meatus* of the Brain, when choak'd up and grown unpassable by reason of muddy Feculencies; roborates its Tone when flaccid and sunk, and defecates the Animal Spirits, when clogg'd and incens'd with an heterogeneous *Copula*; refreshes and invigorates them when feeble and fainting; discusses the Mists and Clouds of the Head, and procures Serenity and Sun-shine: Therefore we employ it with happy Success in an Idiopathic Head-ach, Vertigo, Scotomy, &c. giving a quarter of a Pint Nights and Mornings.

An Infusion for a Colic.

Take Zedoary-root contused 2 Ounces; Canary Wine, Brandy, each half a Pint; macerate in a gentle Heat 12 Hours. To the strain'd add Oil of Juniper 16 Drops; Oil of Cloves 4 Drops; fine Sugar 1 Ounce; mix.

In a Bilious Colic no Medicine will avail much, till the Body be wrought through with a Purge; and after it is so, this Medicine will be useful. In an Hysteric Colic, Dr. Sydenham prescribes Zedoary between the Fits. Two or three Ounces are to be taken 3 or 4 times a Day.

An Epileptic Infusion.

Take Misseltoe cut and bruis'd 4 Ounces; Juice of Rue 1 Ounce; Brandy 4 Ounces; Spring-water 28 Ounces; Salt of Tartar 2 Scruples; infuse in a gentle Heat 12 Hours: Let the strained subside till depurated; which decant, and sweeten with Syrup of Piony compound 4 Ounces.

Mr.

Mr. Boyle (Usefulness of Philos. p. 175.) relates an History of a radicate Epilepsy cured by Mistletoe of an Oak; but, for ought I know, it's only the Superstition of the Druids, and Scarcity of that of the Oak, which gives it the Preference before that of Hazel, white Thorn, Lime, Apple, or even Crab-tree.

An Infusion of Nettles compound.

Take Nettle-roots fresh gathered 4 Ounces; Nettle-herb 2 Ounces; Seeds of Nettles, Daucus sylvestris, Anise, Cummin, each half an Ounce; Lime-water 2 Quarts; set them into a warm Oven to infuse (close stopped up) 12 Hours; decant the clear Liquor, and in 28 Ounces of it dissolve Gum Arabic 2 Ounces; Crude-allum 32 Grains; Mr. Boyle's Syrup (or Diacodium) 4 Ounces; mix,

For bloody Urine, or Ulcers of the Reins and Bladder, give four Ounces for a Dose.

A Purging Infusion.

Take Senna 1 Ounce; white Tartar powder'd half an Ounce; Elder-flower-water, White-wine, each half a Pint; infuse warm and close in a glass or glazed (but not brass) Vessel, 12 Hours. To 12 Ounces of it clear strain'd, add Syrup of Succory with Rhubarb 4 Ounces; Oil of Aniseed and Oil of Nutmeg, each 2 Drops; mix.

Senna (saith Fr. Sylvius) is a kindly, gentle Medicine, if given either in Substance or Infusion; but decocted, is not so; for then it's apt to cause Gripes, especially in such as abound with austere and acid Humours.

This Infusion will fit Children, as well as grown People ; for it operates very kindly, and yet effectually. If any Constitution call for it stronger, a few Grains of powder'd Scammony may be added (when cold) to each Dose. The Dose to grown Persons is 3, 4, or 5 Ounces. Hence it may easily be proportion'd for all Ages.

A Red Infusion.

Take *Diascordium* half an Ounce; *Cochineal* 2 Scruples ; *Cloves* 1 Scruple; *red Lisbon Wine* 6 Ounces ; *Cinnamon-water* 2 Ounces ; let all stand at the Fire stopp'd close 2 Hours. Strain, and add *Syrup of Quinces* (or of *Meconium*) 1 Ounce and half ; mix.

It's for 2 Doses against a *Diarrhœa*.

A Referating Infusion.

Take green *Fig-leaves* 1 Ounce ; common *Daisy-roots* 6 Drams ; *Contrayerva* 2 Drams ; *Spring-water* 1 Pint ; *Brandy* 2 Ounces ; *Salt of Tartar* 1 Scruple ; make a warm and close Infusion, which strain and edulcorate with Sugar.

Its Use is to referate the too close Compages of the Blood, that it may shed off its Serum and other Recrements.

An Infusion of Rhubarb compound.

Take *Rhubarb* sliced thin 2 Drams ; yellow *Miobalans* bruised 1 Dram ; *Salt of Wormwood* 25 Grains ; *Plantain* and *Cinnamon-water*, each 2 Ounces ; infuse warm and close a Night's space ; then having strained it out, add *Oil of Aniseed* 1 Drop ; *Syrup of Roses* solutive half an Ounce (or 6 Drams) mix.

Some-

Sometimes, where there are Gripes, I pre-
scrib'd thus.

*Take Rhubarb 2 Drams; Brandy 1 Ounce
and half; Cinnamon-water 1 Ounce; infuse (o-
ver hot Coals) an Hour; to the strained add Sy-
rup of Roses solutive 1 Ounce; Oil of Nutmeg
1 Drop, powder'd Rhubarb half a Scruple;
mix.*

It evacuates slimy, bilious, or any other Mat-
ter that offends, and provokes the Intestines;
takes away Gripes, dissipates Wind, roborates
the Bowels, corrects their Lubricity, fortifies
the Tone; and so is thoroughly furnished with
all Requisites, rightly and rationally to stop and
cure a *Diarrhœa*.

An Infusion with Roses compound.

*Take red Roses, Balaustines, each 2 Drams;
Oak Bark half an Ounce; Spring-water 1
Quart; give it a warm Infusion for 12 Hours;
then strain, and add Barley Cinnamon-water,
4 Ounces; white Sugar 2 Ounces; Oil of Nut-
meg 2 Drops.*

It astringes potently, and therefore conduceth
in a *Diarrhœa* and Spitting of Blood. But,
because it may possibly be mischievous in the
Hands of the unskilful, or unwary, I am will-
ing to put down here two Cautions worth ob-
serving.

1. In a Symptomatic Flux of the Belly,
where an acute Fever is the primary Distemper,
it's a difficult Case; and it's safer then to set
upon it with direct Alexipharmics, which may
be able to grapple with the hostile Venom, and
drive it outwards, than with Astringents and
Opiates,

Opiates, which unhappily concentrate, and shut up the malignant Humours, hinder the Depuration of the Blood, and ruin the weak Spirits.

2. In an *Hæmoptysis*, after the Eruption of Blood is actually stopt, there may be extravasated Gore, and grumous Clots remaining in the Lungs; and while they are so, Astringents are bad, forasmuch as they are an Impediment to Excretion, and cause Shortness of Breath, Suffocation, vehement acute Fevers, Inflammation of the Lungs, and Death itself.

The Dose is 3 or 4 Ounces, to be repeated till the Indication be answered.

An Infusion of Roses simple.

Take Conserve of red Roses 4 Ounces; Oil of Sulphur 48 Drops (or as much as suffices to bring it to a fit Acidity); Spring-water 1 Quart; macerate warm all Night; in the Morning run it, till clear, throuh a Flannel Bag.

It doth all that can be look'd for from Tincture of Roses; namely, refrigerates over-heated, restrains boiling, corrects salt, acrid, and increassates thin Blood. It tempers Choler, satiates Thirst, refreshes the Stomach, restores lost Appetite, and moderately astringes. 'Tis a pretty pleasant Julep, useful in burning and malignant Fevers, in Hemorrhages at the Nose, Spitting and Vomiting of Blood, Flux of the Terms, bilious *Diarrhæa*, Dysentery, *Pica*, and Danger of Abortion.

A Wine-glass of it may be taken twice or thrice a Day.

After the same manner may be prepared an Infusion of Conserve of Wood-forrel, or Violets,

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against

against great Heat of the Stomach, and Thirst in Fevers.

The Spanish Infusion.

Take Spring-water 3 Pints ; Salt of Tartar half an Ounce ; Saffron (snip'd small with Scissars) half a Dram ; Spanish Juice of Liquorice sliced thin, 1 Ounce ; digest warm and close 24 Hours ; and then strain it.

It edulcorates, maturates, incides, and expectorates. In a thin Defluxion, owzing out of the Glands of the Throat, whose Nature is to return mostly in the Evening, and then molested with a vexatious Cough, give half a Pint cold just at going to Bed.

But in a true Pectoral Cough, which is owing either to an acrid *Lympha* incessantly suffused, or to gross heavy Phlegm deposited, obstructing and oppressing the *Bronchia*, or lobular Appendixes of the Lungs, let a quarter of a Pint be drank hot every Night and Morning.

In a feverish Catarrh, with frequent, uncertain Returns, and Change of Shiverings and Flushes, Heaviness of the Head, Noise in the Ears, Redness of the Eyes, and thin Running at the Nose ; let it be sipped off hot, like Coffee, all day long at times, and let the Patient keep himself up in his Chamber, and avoid the cold Air.

A Styptic Infusion.

Take stinging Nettle-roots 4 Ounces ; Salt Prunel half an Ounce ; Juice of Nettles 2 Ounces ; Spring-water 1 Quart ; make a warm Infusion for 12 Hours ; then strain, and add
Syrup

Syrup of Marsh-mallows, (or of Meconium) 4 Ounces; mix.

A Traumatic Infusion.

Take green Twigs of woody Night-shade (cut like Sarsaparilla) 4 Ounces; Cochineal 1 Scruple; White-wine 1 Quart; infuse hot and close all Night; then having strained out the Liquor, add Syrup of Ground-Ivy 4 Ounces; Venice-treacle half an Ounce; mix.

It's a singular Experiment in a Contusion; for it dissolves extravasated Clots of Gore after a marvellous manner, drives it again into the circulating Mass of Blood; and there, partly by *Diaphoresis*, partly *Diuresis*, and sometimes by Purging, throws it out of the Body. It operates so powerfully and specifically, that upon the Use of it, I have sometimes (not without Astonishment) observed black Urine, which I supposed was made so by Clots of Blood dissolved, absorbed, and mixed in with the *Serum*. Let 6 Ounces be taken twice, or 4 Ounces thrice a Day.

Infusion of Zedoary compound.

Take Roots of Zedoary, Aromatic Reed, of each half an Ounce; Seeds of Carraway, sweet Fennel, of each 2 Drams; Nutmeg, Cardamum, Saffron, of each 1 Dram; Cloves, Grains of Paradise, of each half a Dram; Alexiterial Milk-water, a Pint; Waters of Mint half a Pint; of Cinnamon 4 Ounces, of Gentian, and Wormwood (both) compound, of each 2 Ounces; macerate close and moderately warm a Day's Space; then having strain'd and let it settle clear,

decant, and add Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 2 Drams; mix.

It's Stomachic and Cephalic; is a proper Medicine to drive the Gout out of the Stomach and Bowels, and is profitably given in the dry Belly-ach, as it is called in the *West-Indies*.

Attempering Juice.

Take Dandelion, as much as you think fit, pound it to a Mash, put it into a glazed Pipkin with a Cover, stop it up with Paste, set it in an Oven after the Bread is drawn; let it stand in six Hours; then putting it into a Hair-sieve, let the clear Liquor drain out.

Thus may Juices be extracted from any other juicy Herbs.

Those who have a cold, weak Stomach, apt to Crudities and Belching, had need abstain from all manner of raw Juices; and therefore the most convenient Way of preparing them for such Persons, is thus to bake them in an Oven.

This simple Medicine dilutes the Blood and Humours, corrects their acrid Salt, and is a principal Thing in a hot Scurvy, and cutaneous Affections. I have known where it hath done good, even in a *Lepra Græcorum*, so far as to keep it from itching, heating, and spreading, and made it tolerable, though it could not cure it.

Let four or six Ounces be drank thrice, or oftener, in a Day.

Juices for a Dropsy.

*Take green Plantain Leaves 4 Handfuls; Liverwort, Brooklime, each 2 Handfuls; ha-
ving*

ving pounded them in a Stone-mortar, add Horse-radish-water compound, half a Pint; and wring it out hard through a Cloth.

Famous Willis asserts, he hath often prescribed it with Success. The Dose is three Ounces thrice a Day.

Juice for the Haemorrhoids.

Take the Juice of Yarrow depurated, 1 Pint; White Sugar 2 Ounces; mix.

When the Flux of the Hæmorrhoids is seasonable and moderate, it purgeth the Body of feculent gross Blood, and preserves from, and cures many ill Distempers, such as Pleurisy, Scurvy, Leprosy, Cancer, Melancholy, Hypochondriacism, Madness, Scirrhus, Tumors of the *Viscera*, &c.

But if by Loss of Strength, Pain in the Back and Thighs, Failing of Appetite, squalid Habit of Body, greenish or dusky Colour, and Deadness of Look, you are certainly assured, that the Flux is too much, and ought to be moderated; then this (easily procured) Styptick may bring good Assistance; and was the great Secret of a certain great Physician. And *Riverius* saith, the Decoction of Yarrow, used as usual Drink for three Days together, happily takes off the Pain of the Piles.

The Dose is 3 or 4 Ounces twice a Day.

Of all Juices, I account that of Apples, beyond compare, the best; because Nature hath wrought it up to a much higher Degree of Generosity, and Maturity, than that of crude trashy Herbs, which afford nothing of that delicate Dulco-acid, Aromatic, and Odoriferous

Liquor issuing from some of our fine sorts of Apples, such as *Kentish* and *Golden Pippins*, &c. And what *Simon Paulli* hath said against them, I take to be from a mistaken Prejudice. They are not fit for Medicinal Use, till they have been gathered a while, and sweat in a Heap.

The best Way is not to drink their Juice, because that will gripe, and purge some People; but to eat them raw, or scoop out, and eat the Pulp for a long Course of Time every Morning,

Thus have they given more Help to Scorbutic and Splenetic Patients, (especially such as were of a hot dry Constitution, and apt to be costive) than any thing else the Shops or Fields could furnish out. I knew one that used to eat 30 every Day for his Breakfast. Dr. *Baynard* highly cries them up as a most noble Pectoral, and cured himself twice of a confirmed Consumption by the Use of them. See *Cold Bath*, Part II. Page 314.

Juices of Herbs may be presented good for Medicinal Use three Ways.

1. By boiling, and putting sweet Oil upon them, as is used in Flasks of Wine.
2. By boiling away a quarter Part, carefully scumming, and then adding to every Pint of Juice two or three Ounces of Brandy.
3. By letting them settle, decanting off the clear, and putting them into Bottles fumed with Sulphur. And this Way is judged the best of all.

Scorbutic Juices.

Take Juice of *Plantain*, *Brooklime*, *Watercresses*, *Dandelion*, each 1 Pint; of *Sorrel*, *Lemons*,

mons, and White-wine, each half a Pint, let it stand (in a Cellar) till the thick Part subside; then having decanted the clear Liquor, add to it Horse-radish-water compound, Magistral Worm-water, fine Sugar, each four Ounces; Spirit of Scurvy-grass, six Drams; mix.

The Juices of Herbs egregiously dilute, edulcorate, purify, and soften salt, harsh, torrid, and irritable Blood; convey off (by Urine) Saline and Bilious Recrements, refresh the estuating *Hypochondria* with a grateful *Refrigerium*, correct a dry strigose Habit with mollifying Moisture; and (in my Judgment) are the very first in the Family of Antiscorbuticks; and so much the more, because they are carried into the Blood in their true natural State, and full and entire Virtues, without being perverted and spoiled by Coction, or any other ill applied Artifice.

But they are more medicinal in the Spring than any other Time of the Year, and that not only because Nature in human Bodies being then of itself upon raising a *Ζύμωσις*, and Renovation of the Blood, may be easily assisted in its Work; but also, because the Juices themselves are then, in their own Nature, really much richer, and efficacious, as *Simon Paulli* observes, saying, An evident Proof that Scorbutic Herbs are enrich'd with Volatile Salt, most especially in the Spring Season, is this; that if we prepare an Essence or Tincture of them at the end of *April*, or beginning of *May*, 'twill look red like *Chio*, or Malvatic Wine, which it will not do in other Seasons of the Year.

Let a quarter of a Pint be drank daily in the Morning, and at Four in the Afternoon.

Vinous Juice of Scurvy-grass.

Take Garden Scurvy-grass, gathered in a dry Time, as much as you please; press out its Juice; fill a Vessel with it, suppose of 4 Gallons; work it (like Ale) with Yest 2 Spoonfuls; when it hath done working, bung it up close, and keep it in a good Cellar. At six Months end, 'twill be clear, and yellow like Sack, and then bottle it out, and it will keep a good many Years, saith Willis.

For the cold, rancid Scurvy, Palsy, Dropsy, and flying Pains, drink 3 or 4 Ounces twice a Day.

An Acid Julep.

Take pure Spring-water (boil'd half away) 28 Ounces; Syrup of Violets 3 Ounces; Syrup of Gilly-flowers (or Rasberries) 1 Ounce; Spirit of Vitriol, as much as serves to make it pleasantly tart; mix.

Spring-water (when its Crudity is boiled off) drinks clean in the Mouth, and in many Cases I prefer it before Barley-water; which, being full of heavy, fulsome Mucilage, is often found ungrateful both to the Palate and Stomach of weak People.

Riverius tells us, Acids should never be omitted in bilious Fevers, because Bitters are dulcify'd by Acids: And if they be intense in their Degree, they'll destroy the Bitterness even of Aloes, and *Colloquintida* itself. And when Choler is despoiled of its Bitterness, it is mortified, and can do no Hurt.

And at another Place he says, it ought to be
minded

mind of Spirit of Vitriol and Sulphur, that the Use of them is great in putrid Fevers, because they notably refrigerate, open, resist Putrefaction, hinder Inflammability of Humours, and quench Thirst; yet, notwithstanding, in a Pleurisy, Peripneumony, Coughing of Blood, Consumption, and the other Pulmonary Affects, in Inflammation of the Ventricle, Dysentery, bloody Urine, and Ulcers of the Kidneys and Bladder, they are very pernicious, and must be forborn.

This (elegant, and delicately pleasant) Julep may be given cold in burning Fevers, to 3 or 4 Ounces, four times a Day.

That I may the more amply illustrate the Efficacy of chymical Acids, I'll communicate an Observation; which, tho' it may look incredible, yet is in every part precisely true: And, for the Satisfaction of any that will enquire, I set down Place and Names.

J. T. Coachman to Mr. *Dixon*, Recorder of *Maidstone* in *Kent*, fell ill of a fiery Fluxing Small-Pox. The tenth Day, after Eruption, his Fever running high, he fell into a Phrenzy, and bled at Mouth, Nose, Eyes, and Ears; his Pocks also all about his Body bled, and he made bloody Urine.

I chancing to be that Day at their Town, Mr. *Finch*, his Apothecary, consulted me. The Case seeming utterly desperate, I desired to be excused; but when he would not be denied, I order'd plentiful Bleeding, and a powerful Styptic, and Paregoric. These availing nothing at all, we gave 40 Drops of *Oleum Vitrioli* in a large Vehicle, and half an Hour after repeated
the

the same. As soon as ever he had taken these, marvelous was the Alteration! After he recover'd, he remembred he underwent Conturbations and Struggles inexpressible, and Dolours and Anguish so intolerable, that, he said, if it were to be done again, he should much rather die quietly, than endure such Pangs to save his Life.

But immediately all the Sluices of Blood were shut up; anon he slept, after awaked perfectly in his Senses, without any Fever; and from that time gradually amended to a perfect Recovery.

In the Philosophic Transactions, No. 109, Pag. 193, we have a Relation of a very odd Bleeding worth reading.

An Alexiterial Julep.

Take Alexiterial Milk-water, black Cherry-water, each 4 Ounces; Rue-water 3 Ounces; Epidemial 3 Ounces; Tincture of Saffron (extracted in Treacle-water) 1 Ounce; Syrup of Gilly-flowers 2 Ounces; Goa and Contrayerva-stone, each 1 Dram; Confection of Alkermes 2 Drams; mix.

It's useful and necessary in putrid and malignant Fevers, where the Spirits are over-born, and almost slain by a deleterious and mortifying Venom; namely, to give them a lively brisk Expansion, and to rouse 'em up, and make 'em able to recover the due Mixture of the Blood, vanquish the Venom, and expel it.

For these Purposes it may be allowed to 5 Spoonfuls every 8th, 6th, or 3^d Hour, as the Case requires.

But it's heedfully to be observed, that as soon
as

as ever the *Phlogosis*, and Vigour of the Spirits and Blood is thus regained, we must immediately desist, or at leastwise diminish its Dose, and give it seldomer, lest so raging a Fire be kindled, that it ruin the human Fabric.

An Amber Julep.

Take Waters of Parsley, and Fennel, each 4 Ounces; Magistral Worm and Horse-radish compound Waters, each 1 Ounce; Syrup of the 5 Roots 2 Ounces; Salt of Amber half a Dram; mix.

Aperients, Dissolvents, and Diuretics, do much in an *Anasarca* (tho' not in an *Ascites*.) For this Malady ariseth from a morbose Redundancy of *Lympha*, soaked into the minute Hollownesses and Interstices of the *Fibrillæ*, of which (disposed like little Pipes) the whole System of the Body is wove up and constituted: And 'tis increased by that *Lympha's* growing thick, gelatinous and fizy; whereupon it dams up the small Aquæducts, and occasions the rest of the *Lympha*, that comes streaming after, to break over its Banks, and lay all under Water about it.

Therefore such Things, as have Power to liquify and thin that same Size, thrust it out from the Filaments, bring it back into the circulating Mass, and at last turn it out by Urine, are apparently of mighty Efficacy and Advantage.

Which Things being to be expected, especially from Aperients and volatile Diuretics, this present Julep must be looked upon as a Medicine of much Avail against an universal Dropsy, provi-

provided it have not gone on too far, and be as yet only an Affusion in, or among the fleshy Fibres, and have not burst the Lymphatics, and fallen into the Cavity of the *Abdomen*.

Due Purging not omitted, 4 Ounces are to be drank thrice a Day.

An Antemetetic Julep.

Take Oak-bud, and Barley Cinnamon-water, each 3 Ounces; Gentian and Wormwood-waters (both compound) Syrup of Lemons, each 2 Ounces; Salt of Wormwood 2 Scruples; Liquid Laudanum 40 Drops; mix.

The constituent Elements of this are, a fix'd Salt put to an acid, and turn'd into a third of a neutral Sort, Aromatics, Astringents, and *Laudanum*: Therefore it obtunds the acrious Ferment, recalls the Vigour and Tone of the Stomach, regulates the Furies of the Spirits, charms the Spasm of the *Fibrillæ*, and effectually stops Vomiting.

The Dose is 3 Spoonfuls, often repeated; for the recoiling Stomach will bear but small Quantities.

An Astringent Julep.

Take Waters of Plantain and Oak-buds, each 4 Ounces; Mint-water half an Ounce; strong Cinnamon-water 2 Ounces; Syrup of dried Roses 1 Ounce and half; *Diascordium*, Bole, each 4 Scruples; *Japanic Earth* 2 Scruples; Oil of Nutmeg 2 Drops; mix.

It's designed against a *Diarrhæa*. Now a Symptomack *Diarrhæa* (and that is ever such an one which breaks out at the beginning of Fevers)

vers) is always bad. 1. Because it impedes the Concoction of the morbid Matter ; or (in other Terms) the legitimate Separation of Humours by natural Fermentation. 2. Because it very much wastes the Spirits, and weakens. 3. Because it's an Effect of Febrile Colliquation, as appears by the Excretions, which are then always remarkably fetid. And therefore such a *Diarrhæa* is certainly to be stopped, or at least so far restrain'd, as that it may not grow exorbitant.

You shall commonly have Physicians think, that Purging is then indicated: But *Lindanus* saith well, they don't rightly consider the Nature of it, when it supervenes another Distemper. For since such a *Diarrhæa* is occasioned from extreme Crudity and Acrimony, and often Malignity of the Matter, and from the Confusion and Colliquative State of the Humours, assuredly it ought not to be irritated, and exasperated more by Purges ; but either be wholly stopt, or at least kept under within due Bounds.

The Dose is three Ounces every six Hours, or oftener, if need be, until the Symptom be moderated ; and after that, twice or thrice a Day, according as the Case shall require.

A Camphorated Julep.

Take Water of Elder-berries and black Cherries, each 6 Ounces ; compound Briony-water 1 Ounce ; then fire 4 Scruples of Camphire, and quench it in this Mixture ; fire and quench it again and again, till the Camphire be quite consumed ; at last add Syrup of Elder-berries and black Cherries, each 1 Ounce and half ; mix.

Often

Often repeated Experience hath approved this to be one of the most excellent among the Hysterics; for by wonderfully charming the frantic Spirits, restraining the desultory, condensing and fixing the dissipable, it breaks off a present Paroxysm, and prevents the Return of any more. Yea, if it be used but long enough, it sometimes extirpates it radically. The Dose is 2 or 3 Ounces.

A Carminative Julep.

Take White Wine 4 Ounces; Waters of Chamomil-flowers and Rue, each 3 Ounces; compound Piony-water 1 Ounce and half; white Sugar 6 Drams; Oil of Juniper 24 Drops; mix.

It incides tenacious Phlegm in the Ventricle and Intestines; breaks the Froth and Bubbles in it, occasioned by Convulsive Twitching and Conquassation; dissipates the Wind and Vapours included therein, recals the defective Heat of the *Viscera*, and takes off the spasmodic Agitation of the Membranes. 'Tis usefully prescribed against Belching, and against Wind distending and racking the Ventricle and *Hypochondria's*, against the Wind-Colic, Womens After-Pains, Vertigo, &c.

The Dose 3 or 4 Ounces, the Glass being well shaken before it be poured out.

The Castor Julep.

Take Rosemary-tops fresh gather'd, and cut small 1 Handful; pour upon it scalding hot Water 12 Ounces; stop it up close for an Hour; then strain without squeezing; to 8 Ounces of this Infusion

Infusion put Waters of Rue, Penny-royal, Bryony compound, of each 1 Ounce; of Piony compound, Tincture of Castor, of each half an Ounce; Salt of Amber half a Dram; double refined Sugar 6 Drams; mix and shake all together.

Against Hysterick Affections give 5 Spoonfuls, together with Spirit of Salt Armoniac, from 5 to 10 Drops.

A Cephalic Julep.

Take Waters of black Cherries 4 Ounces; of Rue 3 Ounces; Piony compound 2 Ounces; Bryony compound 1 Ounce; Tincture of Castor, Spirit of Lavender compound, each 2 Drams; Oil of Nutmeg 4 Drops; Syrup of Piony compound, 1 Ounce and half; Powder called de Gutteta, 4 Scruples; mix.

It's used with Benefit against the Epilepsy, all Kinds of convulsive and soporose Affections, the Head-ach, Giddiness and Palsy.

Five Spoonfuls may be given before, in, or immediately after a Paroxysm; but for Prevention, near the Lunary Periods; for about these Times the Brain suffers wonderful Alterations; insomuch, that at the Full Moon it groweth so turgid (which appears by Wounds of the Head) as to fill up the whole Capacity of the Skull; yea, hath often been seen to thrust out thro' a Wound. And as the Moon waneth, it proportionably again subsides to the New, and then it's in its least Appearance. Thus we see Oysters, and all Shell-fish, are fuller and better at the Full, and the contrary at the New Moon.

A Chalybeate Julep.

Take Fennel and Parsley-water, each 12 Ounces;

Ounces; Salt of Steel 2 Drams; having thoroughly dissolved it at the Fire, set it by 24 Hours, and poured off the clear, add to it compound Radish-water, Syrup of the five Roots, each 4 Ounces; Spirit of Scurvy-grass, Elixir Proprietatis tartariz'd, each half an Ounce; mix.

Begin with a small Quantity, as 3 Spoonfuls, and by Degrees increase the Dose to six or seven.

Whilst this is a taking, let the Physician observe whether the Steel be carried off, which is to be known by the Blackness of the Stools; and if it be not, he may order a Glyster, or Eccoprotic, to cleanse the Intestines. Yea farther, he may mix Purgers with Chalybeates, to the end that the Body being open, the Steel may not remain stopp'd up, saith *Primrose, de morb. mulier.* 176.

A Clove Iulep.

Take Cloves bruised 24 Grains; Saffron clipp'd small 12 Grains; Waters of black Cherries 4 Ounces; of Cinnamon, and Mirabilis, each 1 Ounce; of Piony compound half an Ounce; digest warm and close an Hour; to the strain'd Liquor add choice Canary 4 Ounces; Syrup of Clove Gilly-flowers an Ounce and half; Spirit of Lavender compound 48 Drops; Oil of Vitriol 4 Drops; and 1 Leaf of Gold; mingle all together.

'Tis Stomachic, Cardiac, Cephalic.

A Cordial Iulep.

Take Waters of Balm, black Cherries, each 3 Ounces; of Barley Cinnamon 2 Ounces; Epidemial 1 Ounce and half; of Piony compound, Syrup of Gilly-flowers, each 1 Ounce; Syrup of
Lemons

*Lemons half an Ounce; Confection of Alkermes
4 Scruples; mix.*

As soon as these Sorts of spirituous Cordials come to touch upon the Stomach; yea, sometimes as soon as ever tasted in the Mouth, they exert their Virtues; for, by a grateful Appulse, they refresh and restore the Spirits waiting in the first Rooms, or Porch, as 'twere, of the Body: And then these Spirits affecting others contiguous to them, and they likewise others successively onward, the pleasing Ovation undulates in a trice thro' the whole System of the sensitive Soul; and so the Brain and *Præcordia* being recruited and irradiated with a full Influx of exulting Spirits, perform their Business of vital Functions with a new Briskness, and fresh Alacrity; and the Pulse that lay before weak and wavering, rouseth up, falls a vibrating lustily, and drives round the Wheel of Life vigorously.

But this same ascititious Vigour wholly depending upon the mere Blast of so fleeting and fugitive a Thing as Spirit of Wine, is found false and fading, and flies off in a Moment; and then the poor sick Man (his fine Julep nothing availing) falls sadly back into his late sick Fits and Languors.

Upon this Consideration (if the common Custom of Practice would permit) I should willingly, in the place of these little deceitful Juleps, substitute your generous Electuaries; which being rich with Aromatic Oils, would not soon go off the Stomach, but by their gratifying Warmth, and delectable *Effluvia*, would put as much Joy and Exultation in the Spirits, for the present, as the customary Juleps could, and

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would

would continue so to do a great deal longer than the best of 'em can pretend to.

A Temperate Cordial Julep.

Take Damask Rose-water 8 Ounces; strong Cinnamon-water 2 Ounces; Rhenish Wine 4 Ounces; Juice of Orange and white Sugar-candy, each 1 Ounce; burnt Harts-horn finely levigated 4 Scruples; mix.

It brings Comfort and Help in Fevers, when the Sick is parched and scorched up with fervent Heat, and lieth failing and languishing with unsupportable Thirst: Also, when burnt, bilious, acrid Recrements being scumm'd off from the boiling Blood, and shed into the Ventricle, cause miserable sick Fits, Torture and Anguish.

The Dose is 4 Ounces thrice, or oftener, in a Day.

The Diapente Julep.

Take white (or Rhenish) Wine 8 Ounces; fresh Spring-water 18 Ounces; Juice of Lemons squeezed out at the time of using, 2 Ounces; Gelly of red Currans 1 Ounce; Syrup of Rasberries 4 Ounces; mix well, and strain.

This is a very grateful refreshing Julep in burning thirsty Fevers. The same with Julep Refocillans.

A Diuretic Acid Julep.

Take Rhenish Wine 1 Pint; depurated Juices of Pellitory of the Wall, and of Lemons, each 2 Ounces; Cleaver-water, French Brandy, Syrup of the five opening Roots, each 4 Ounces; mix.

Acid, diuretic Salts, fuse the Blood, and precipitate

cipitate it into *Serum*, just as four Liquors do when poured into boiling Milk. But this Effect is not wrought upon all alike, nor equally upon any. In a sound Constitution, or one not far from it, the Salt of the Blood is partly fix'd, partly nitrous, and partly volatile: Also in some Scorbatic, and some Hydropic Persons, it's mostly fix'd; wherefore in all these recited Cases, your Diuretics, consisting of an acid Salt, are used with Success.

But in Rheumatic Affections, and those Scurvies where the fix'd salt Particles of the Blood are carried up to a State of Fluxion, and the Volatile depress'd (which is an usual Case) aciculate Remedies are apt to do more Hurt than Good, forasmuch as they farther pervert the Blood (which was too much degenerated before) from a healthy *Crafsis*. And here Medicines that partake of fix'd and volatile Salts ought rather to be made use of.

The Dose is 4 or 6 Ounces.

A Diuretic Aromatic Julep.

Take *White Wine* 8 Ounces; *Fennel-water* 4 Ounces; *Radish-water compound* 3 Ounces; *Tincture of Salt of Tartar* half an Ounce; *Oil of Juniper* 24 Drops; *Oil of Aniseed*, *Oil of Nutmeg*, each 8 Drops; *white Sugar* 1 Ounce; mix.

Aromatics, consider'd as Diuretics, do not operate so much upon the Blood as upon the Organs themselves; for it seemeth not to be in any-wise their Business to unlock the too close Contexture of the Blood, and liquify it till it lets go its Hold of the *Serum*. But their principal *Ratio Operandi* (most assuredly) consists

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A Temperate Cordial Julep.

Take Damask Rose-water 8 Ounces; strong Cinnamon-water 2 Ounces; Rhenish Wine 4 Ounces; Juice of Orange and white Sugar-candy, each 1 Ounce; burnt Harts-horn finely levigated 4 Scruples; mix.

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The Dose is 4 Ounces thrice, or oftener, in a Day.

The Diapente Julep.

Take white (or Rhenish) Wine 8 Ounces; fresh Spring-water 18 Ounces; Juice of Lemons squeezed out at the time of using, 2 Ounces; Gelly of red Currans 1 Ounce; Syrup of Raspberries 4 Ounces; mix well, and strain.

This is a very grateful refreshing Julep in burning thirsty Fevers. The same with Julep Refocillans.

A Diuretic Acid Julep.

Take Rhenish Wine 1 Pint; depurated Juices of Pellitory of the Wall, and of Lemons, each 2 Ounces; Cleaver-water, French Brandy, Syrup of the five opening Roots, each 4 Ounces; mix.

Acid, diuretic Salts, fuse the Blood, and precipitate

precipitate it into *Serum*, just as four Liquors do when poured into boiling Milk. But this Effect is not wrought upon all alike, nor equally upon any. In a sound Constitution, or one not far from it, the Salt of the Blood is partly fix'd, partly nitrous, and partly volatile: Also in some Scorbatic, and some Hydropic Persons, it's mostly fix'd; wherefore in all these recited Cases, your Diuretics, consisting of an acid Salt, are used with Success.

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The Dose is 4 or 6 Ounces.

A Diuretic Aromatic Julep.

Take White Wine 8 Ounces; Fennel-water 4 Ounces; Radish-water compound 3 Ounces; Tincture of Salt of Tartar half an Ounce; Oil of Juniper 24 Drops; Oil of Aniseed, Oil of Nutmeg, each 8 Drops; white Sugar 1 Ounce; mix.

Aromatics, consider'd as Diuretics, do not operate so much upon the Blood as upon the Organs themselves; for it seemeth not to be in any-wise their Business to unlock the too close Contexture of the Blood, and liquify it till it lets go its Hold of the *Serum*. But their principal *Ratio Operandi* (most assuredly) consists

in this, that by their Volatility, Tenuity, and Heat or Activity, they open, deterge and comfort the Reins and Ureters, and encourage and stimulate them to the Performance of their Office.

And therefore this Medicine hath place, not in a Fever, Scurvy, &c. to fuse, and (by that means) depurate the Blood, but most chiefly in Fits of Gravel, to remove Sand and Slime obstructing the Urinary Passages, and so to regain a Freedom of making Water. But in a Nephritic Fit, where there's great Incalescence and Dolour in the Kidneys, we must wholly forbear such hot and stimulating Things, lest the Membranes and Ureters be driven into Spasms and strong Constrictions, and so the Descent for Sand and Stones be quite shut up and stopt.

But it's a good serviceable Medicine in other Cases also, besides Gravel and Sand; for being 'tis of subtle Parts, and endowed with a Faculty of opening, stimulating and comforting, it liquifies the congealed *Lympha*, scours out feculent Rubbish deposited in the Recesses of the Canalicular Habit of the Body, sweeps it into the Common Sewer of the circulating Blood; and so (tho' but secondarily) evacuates by *Diuresis*, and is profitable in the Dropsy; and that it is eminently so also in Obstructions of the *Menses* hath been found by good Experience.

The Dose is 4 or 6 Ounces twice or thrice a Day.

A Diuretic Nitrous Julep.

Take Water of Cleavers 20 Ounces; of Horseradish compound, Syrup of Marsh-mallows, each
6 Ounces;

6 Ounces; *Salt-prunel* half an Ounce; *Salt of Amber* 2 Scruples; *mix.*

It eliquates the Blood, dilutes the Juices, dissolves and drives out the tartarous Salt and aggested *Mucus*; refrigerates, opens, deterges the Reins and Ureters. This seems a safer Medicine, when the Region of the Loins rageth with Heat and Pain, than the abovesaid Aromatic one. But it's to be observ'd, that the too liberal and frequent Use of such kind of nitrous Diuretics, useth to weaken the Tone of the Kidneys. Give to drink 4 or 6 Ounces 3 times a Day.

An Emmenagogue Julep.

Take *Waters of Penny-royal* 3 Ounces; of *Briony compound* 2 Ounces; *white Wine* 6 Ounces; *Oil of Savine* 12 Drops; *Oil of Cloves* 8 Drops; *white Sugar* 1 Ounce; *mix.*

It moves the *Menses*, by exagitating the Blood, unlocking Obstructions, and stimulating the *Uterus*; and it's then especially most convenient, when the *Menses* are not totally stopt, but flow too sparingly, slowly and uneasily, with Pain of the Back, Belly, and Womb; but where the Blood is much diminished in Quantity, or impoverished, where there is a total Suppression, the Malady confirm'd, and above six Months standing, it's wholly in vain to give it.

The Dose is 3 Ounces (together with *Pil. de Myrrha*, or the like) twice a Day, two Days before the expected Term, and during the Evacuation.

An Epileptic Julep.

Take *fine powder'd Bark of Peru* 6 Drams; *Virginia Snake-root* 2 Drams; *Waters of black*

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Cherries,

Cherries, and of Lime-flowers, each 8 Ounces; of Rue and Goats-rue, each 3 Ounces; of Piony compound 2 Ounces; Epileptic Tincture (after described) 3 Drams; Syrup of Piony compound 3 Ounces; mix.

The Title indicates its Use. This was communicated to me. Let the Patient take 3 Ounces Morning and Evening before New and Full Moon, shaking the Glafs.

It's reported that *Brunner*, chief Phyfician at *Hall* in *Saxony*, having pluck'd the Feathers off from a Turtle-Dove, caused it to be held on the Navel of a Woman in an Epileptic Fit; and thereby put it off, for it's believed it extracts a certain venomous *Halitus*, which flings the Dove into Convulfions, and kills it. And *Sennertus* (Tom. 2. p. 478.) thinks well of it for Epileptic Women, that are fo by Sympathy from the *Uterus*.

Golden Julep.

Take Canary Wine 1 Pint; Cloves bruised a Dram; Saffron clipped small half a Scruple; digest close in Balneo an Hour; to the strained add Spirit of Clary (ennobled with Effence of Ambergrife) half an Ounce; Spirit of Lavender compound 1 Dram; Syrup of Gilly-flowers 1 Ounce and half; Juice of Kermes strain'd half an Ounce; Leaves of Gold 3; mix.

This is a very rich, comfortable Cordial.

A Julep with Housleek.

Take Frog Spawn Water 8 Ounces; Juice of Housleek depurated, Syrup of Lemons, each 2 Ounces; mix.

It powerfully refrigerates, checks the Estuosity of the boiling Blood, recreates a burning Stomach, alleviates Thirst, and Heat of the Mouth.

I never knew it used in Gravel or Stone; but am much inclined to believe it might do good, by cooling the Kidneys, which heat and throb by reason of Pain; and also by roborating their Tone, which in these Cases is generally flaccid.

And here I'll produce out of *Cassp. Hofman* (*de Med. Offic.* l. 2. cap. 162.) what he calleth *pulcherrimum præceptum*; and saith he had it of his Tutor *Baubinus*.

If we did but rightly distinguish (saith he) in our Choice of Remedies, we should not have the Stone so much among us: For they that continually tamper, and take Diuretics properly so called, especially when the first Passages are not clear, do by that means force a great deal of calculous Matter into the Parts, and so increase the Malady. How much better do they, who, when they design Prevention, cleanse the first Passages every three Months, and then drink an Emulsion several Days after? And when they are upon the Curative Part, in the Fit, do before all other Things gently purge; and after use Diuretics, improperly so called, which refrigerate, and add Tone to the Kidneys: And as such he mentions *Syrup of Lemons*, &c.

And in great Stoppage and Pains caused by Gravel in the Reins, I myself have prescribed successfully *Simple Waters 2 Ounces and half; Diacodium an Ounce and half; and Spirit of Nitre* (or in want of it, *Oil of Vitriol*) enough to render it as tart as the Patient could well drink it.

An Hysteric Julep.

Take Waters of Black Cherries, Mugwort, Penny-royal, each 3 Ounces; of Briony compound 1 Ounce and half; Tincture of Castor half an Ounce; Oil of Amber (ground very well together with white Sugar, 1 Ounce) 24 Drops; mix.

This, and other fetid Medicines, take off Hysteric Fits, by handling the Spirits roughly, and driving and dispersing 'em: For when they grow mutinous, and unequally dispersed running in tumultuous Crowds in some Places and leaving others almost ungarrison'd, and so either intermit their Duty within the Precincts of the Brain, or *Præcordia*, or else do it perversely; then the best Course is, to send such a stern Remedy among them as may use severe Discipline, and lash and scourge them till they are glad to leave their Disorders, and run to their proper Posts, and fall to their Charge again: But this Medicine is not equally agreeable to all; for we meet with some, in whom Oil of Amber raises such abominable fetid Belching, and makes them so sick, that they cannot possibly away with it. The Dose is 2 or 3 Ounces.

A Musk Julep.

Take Waters of Damask Roses 6 Ounces; of Orange Flowers, Piony compound, each 1 Ounce; of Barley Cinnamon 2 Ounces; Cælestis half an Ounce; Musk, Ambergrise (both ground with Salt of Harts-horn 1 Grain) each 2 Grains; Saffron (clipped small, and tied up in a Muslin Rag) 1 Scruple; Confection of Alkermes 2 Drams; Oil of Cloves 1 Drop; Syrup of Gilly-flowers 1 Ounce and half; mix. Its

Its delectable *Gas* wonderfully gratifieth the Spirits, allureth them plentifully into the Stomach, and refresheth them when harrassed and languid. 'Tis a temperate indeed, but a most noble Cordial; and I never knew a better Medicine in Fevers of a suspicious ill Kind, which sending deleterious Vapours into the Ventricle, insult the sick Spirits, push them into Confusions and Convulsions, and so excite an Hiccough. But to be ingenuous, tho' this Remedy hath sometimes (like Succour from Heaven) totally vanquished a *Singultus*; yet I must confess, I have oftener observed this Symptom so desperate and deadly, that neither this, nor any other Means I could find out of myself, or learn of others, was able to grapple with it: And when we had strove with all our Strength, we found it in vain to struggle with the Fates.

Let five Spoonfuls be admitted every third Hour, or else (which I think more adviseable) let one Spoonful be given every half Hour; so shall the weak Stomach not be over-charged with Quantity, and be continually imbued with the Medicine.

A Musk Julep for Children.

Take Black Cherry-water 2 Ounces and half; compound Piony-water half an Ounce; compound Spirit of Lavender 12 Drops; Musk (ground on a Marble with Salt of Harts-born 1 Grain, and white Sugar-candy 1 Dram and half) 6 Grains; Pearl well levigated 1 Scruple; mix.

Let two or three Drams be given to a new-born Infant, thrice, or oftener, a Day, against Convulsions; and so more proportionably to the
respective

respective Ages of Children two or three Years old, for the Chin-cough.

A Pectoral Julep.

Take Waters of Fennel 6 Ounces; of Pennyroyal, Hyssop, each 2 Ounces; Sweet Tincture, and Tincture of Saffron (made in Treacle-water) each 1 Ounce; Oil of Aniseed 12 Drops; white Sugar 6 Drams; Spirit of Salt Armoniac 12 Drops; mix.

I commonly add Tincture of Gum Ammoniac (made in Spirit of Wine) to twelve or twenty-four Drops.

It consists of Volatile, Oleose, and Balsamic Particles, lodged in, and incorporated with a pulposus Body of Sweets: Upon which Accounts its Operations are divers and different; it incides; yet lenifies; attenuates, yet maturates; corrects salt *Serum*, melts down thick Phlegm, roborates the springy Tone of the Lungs, frees the *Bronchia* from stuffing: In a word, it's a most excellent Thoracic, and convenient in any sort of Cough. The Dose two Spoonfuls presently after every Fit of Coughing.

A Pearl Antiphthitic Julep.

Take of our Pectoral Snail-water 8 Ounces; Barley Cinnamon-water 6 Ounces; Syrup of Balsom 2 Ounces; Pearl prepared 4 Scruples; Oil of Nutmeg 1 Drop; mix.

Barley Cinnamon-water is Cinnamon-water without vinous Spirits in it: And I look upon Barley-water not much better for that Use than common Water would be.

It's useful to refresh the Spirits, support
Strength,

Strength, retund the Acid of the Stomach, and preserve its Tone; to dissolve the crude Tubercles in the Lungs, conglutinate the Mouths of the Vessels, sweeten the Acrimony of Humours, correct the colliquative *Diathefis* of the Blood: Lastly, to extinguish Hectic Heats, and hinder the *Lympha's* being plentifully spewed out of the Glands into the *Trachea* and Lungs. The Dose is 4 Ounces thrice a Day, or 5 Spoonfuls in sick Fits.

A Temperate Pearl Cordial Julep.

Take Waters of Borage, Woodsorrel, each 4 Ounces; Damask Rose, and Barley Cinnamon-water, each 2 Ounces; Pearl prepared 1 Dram; white Sugar-candy 3 Drams; Oil of Nutmeg 1 Drop; mix.

It brings an exceeding grateful and present Relief to those that are troubled with sick Fits, and Anxieties in Fevers: For it neither exagitate nor rarifies the Blood; neither doth it promote or increase its Effervescence; and yet, nevertheless, succours the Ventricle, labouring and almost sinking under the Oppression of sharp Feculencies, and adust Humours flowing from the Blood, endeavouring Despumation, and excocted by preternatural Fermentation. And all this it does, by imbuing the Stomach with a sweetly pleasant Gust and Flavour; whereby it being recreated and rejoiced, the Spirits (both indwelling and inflowing) thro' the whole Machine are inspired with fresh Vigour, at an Instant recruited, and mightily supported. The Dose is six Spoonfuls at Pleasure.

A Warm

A Warm Pearl Cordial Julep.

Take black Cherry, and Alexiteral Milk-water, each 4 Ounces; Barley Cinnamon-water 2 Ounces; Epidemial, compound Piony-water, each 1 Ounce; Pearl prepared 1 Dram; white Sugar-candy 3 Drams; mix.

It hath the Virtues of the last foregoing; but because it's a little warmer, spirituous and active, it's fitter than it to be prescrib'd, when not only the Stomach is griev'd and sick, but moreover the due Fermentation of the Blood declines, the Pulse fails, the Spirits droop, and the Animal *Regimen* universally languishes. Let five Spoonfuls be given in the sick Fits.

A Pearl Hysteric Julep.

Take Waters of Black Cherries, and Mugwort, each 3 Ounces; Penny-royal, Rue, Bryony compound, each 2 Ounces; Pearl prepared 1 Dram; white Sugar-candy 3 Drams; mix.

The Use of this is indicated, not as the two last, when the Stomach or Blood are primarily and principally affected, but when the Spirits themselves, being either inordinately clustered together, are spasmodically exploded, or being over-press'd with heterogeneous Combinations, sink under it, and give out; as it happens when vaporous and hysteric Languors, trembling, twitching, and convulsive or comatous Affections either assault, or threaten in Fevers.

Let five Spoonfuls be taken, thrice or oftener a Day, as the Occasion shall call for it.

A Pleuritic Julep.

Take Erratic Poppy-water 6 Ounces; Colts-foot-water 4 Ounces; Syrup of Erratic Poppies 2 Ounces; Salt of Prunel, Goats-blood, each 4 Scruples; mix.

To alleviate Thirst, refrigerate the Blood, dissolve fizy *Coagulum*, break thro' Obstructions thence proceeding, relax dolorific Crispations of the Membranes, recover due Circulation through the Part, and promote Expectoration and *Diuresis*; let 4 Ounces be offered thrice a Day.

A Julep of Propriety.

Take Canary Wine 10 Ounces; Mint-water 2 Ounces; compound Gentian-water 4 Ounces; powdered Cloves 2 Scruples; Spanish Angelica-root 4 Scruples; give it a warm and close Infusion for 3 Hours; to the strain'd, add Elixir Proprietatis tartarized 2 Drams; mix.

To excite an Appetite, take off Nauseousness, and assist Digestion, drink 2 Ounces half an Hour before, and immediately after Dinner, daily.

A Julep with Rasberries.

Take Canary Wine 4 Ounces; Orris-root sliced thin 4 Scruples; infuse in a gentle Heat an Hour; to the strain'd add Waters of Damask Roses 4 Ounces; of Barley Cinnamon 2 Ounces; Cœlestis, Spirit of Clary, Juice of Kermes strain'd, each 2 Drams; Syrup of Rasberries 1 Ounce and half; Leaves of Gold 2; mix.

This is a good, pleasant, and temperate Cordial, proper against sick Fits, Swooning, and Palpitation, where they proceed from mere
Lowness

Lowness and Poverty of Spirits, and not from hysteric Depression.

A Refrigerating Julep.

Take Waters of Purslane, Borage, Wood-sorrel, each 4 Ounces; Damask Rosewater, Juice of Lemons (fresh drawn, clear, and not musty) 1 Ounce; Syrup of Rasberries 2 Ounces; mix.

It's a very desirable Medicine in Fevers, to temper adust Filth and Relicts in the Ventricle, incide its tough Phlegm, extinguish its Fervor, alleviate unquenchable Thirst, and repress enormous Ebullitions of the Blood.

But too much of any thing is never good; for of the Juice of Lemons (saith *Riverius*) this is to be noted, That we ought to be cautious in the Use of it; because if it be given too frequently or liberally, it makes *Aphthæ* in the Stomach, and Excoriations, whence succeeds a Lientery; which thing may much more be said of strong Mineral Acids. The Dose 3 or 4 Ounces thrice a Day.

A Scorbutic Julep.

Take Elder-flower-water 20 Ounces; Horseradish-water compound, Syrup of Elder-berries, each 6 Ounces; Spirit of Scurvy-grass half an Ounce; Oil of Sassafras 4 Drops; mix.

The Title points out its Virtues. Of the *Ratio Operandi* of Scorbutics, see *Scorbutic warm Ale; Decoction against the Scurvy; warm Scorbutic Electuary.* The Dose is 4 Ounces twice a Day.

A Saffron Iulep.

Take Saffron clipped small 18 Grains; Cochineal (bruised, and tied up loosely in Muslin) 2 Scruples; Waters of Black Cherry 4 Ounces; of Mint 2 Ounces; having given it a close and warm Digestion for an Hour, pour to it good Canary 4 Ounces; then strain, and squeeze out the Liquor, and add to it Oil of Cinnamon, Nutmeg, Cloves, of each 2 Drops; the Yolk of one Egg; Matthias his Spirit of Lavender a Dram and half; Juice of Kermes strain'd, Syrup of Raspberries, of each half an Ounce; Syrup of Clove Gilly-flowers 1 Ounce; and 2 Leaves of Gold; mix up all together in a Glass Mortar.

It's a generous Cordial, and is particularly good against Palpitation of the Heart.

A Splanchnic Iulep.

Take Waters of Cuckowpint, Fumitory, Elder-flowers, each 6 Ounces; Gentian compound, magistral Worm-water, Syrup of the 5 opening Roots, each 4 Ounces; Tincture of Salt of Tartar 1 Ounce and half; Spirit of Scurvy-grass, Elixir Proprietatis tartariz'd, each 2 Drams; mix.

It corrects the acid nidorous Juice of the Ventricle, cuts its Phlegm, confirms its Tone, cures the Scurvy. But as to its other Effects in the Region of the *Viscera*, and Mass of Blood, that I may not make nauseous Repetitions, I remit the Reader to the *Splanchnic Ale* and *Decoction*. The Dose is three or four Ounces, Mornings and Afternoons, to be continued for some Weeks.

A Stomachic Julep.

Take Sherry Wine, Barley Cinnamon-water, each 4 Ounces; Waters of Mint, Gentian compound, Wormwood compound, Syrup of Quinces, each 2 Ounces; Oil of Cloves, Nutmegs, each 2 Drops; mix. Venice Treacle 2 Drams, may be added upon occasion.

It incides and removes heavy Slime, and putrilaginous Filth sticking in the Folds and *Villæ* of the Ventricle, polluting, and loading it; imbues its feeble and flaccid Fibres with volatile oleous Salt, and corroborates them; encourages Spirits to flow in plentifully, and refreshes them; and by so doing, repairs the Tone of the Stomach, restores its natural Heat, recalls lost Appetite, helps Concoction, cures Belching, dissipates Wind, takes off Loathing and Vomiting.

Let 3 or 4 Ounces be drank half an Hour before Dinner, to raise Appetite in a cold Stomach, or immediately after it, to help Digestion

A Styptic Julep.

Take Plantain-water 6 Ounces; Frog Spawn-water 4 Ounces; Syrup of Coral compound 2 Ounces; Japanic Earth, Astringent Crocus of Mars, each 2 Scruples; Sugar of Lead 6 Grains; Liquid Laudanum 40 Drops; mix.

It takes down the inordinate Turgescence of the Blood, and gives a Stop to its mad Career; corrects the too sharp Serum by Precipitation, makes it rough and austere, and so prevents its Eruption, and closeth up the Gapings and Apertures of the Vessels: And therefore is available in Hemorrhages at the Nose, Coughing up of Blood,

Blood, Flux of Hemorrhoids, *Menses*, and bloody Urine. Let 3 Ounces be given cold twice or thrice a Day.

A Volatile Julep.

Take of the best Canary a Pint ; Cinnamon-water 2 Ounces ; sweet Fennel, and Carraway-seeds, of each 2 Drams ; Nutmeg, Cubebs, Cardamon, of each 1 Dram ; Cloves, Saffron, of each half a Dram ; after it hath been an Hour in warm Digestion, strain and add Syrup of Balsam of Tolu 2 Ounces ; Matthias's Spirit of Lavender, Spirit of Salt Armoniac, of each 80 Drops ; mix, and stop up very close.

This well deserves Esteem for its Stomachic, Cardiac, and Cephalic Virtues ; for it mightily comforts the Stomach, kindly exagitates the Blood, and evenly expands the Spirits.

A Julep for Child-Bed Women.

Take Waters of Balm, and black Cherries, each 3 Ounces ; of Barley-Cinnamon, and Dr. Stephens's Waters, and Syrup of Meconium, each 2 Ounces ; Liquid Laudanum 40 Drops ; mix.

It's a blessed and well-experimented Remedy for puerperial After-pains : And none here need fear stopping the *Lochia*, for that most frequently is occasioned by intense Pain, which by troubling the orderly Motion of the Spirits, convulsing the Fibres, constringing the Membranes of the *Uterus* and *Vagina*, and purring up the Mouths of the Vessels, suppresses the Efflux by these Ways : And therefore Opiates, that take off those Pains, Hurry of Spirits, and Constrictions

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of

of Fibres, must needs promote the Purgation, and render it placid and plentiful.

And this is not a Practice only excogitated in a Study, and there deemed rational; but is sufficiently vouched by undoubted Experience, and particularly my own. I know many are against it, and especially a late Author, whom I honour, and therefore shall not name. But Dr. *Willis* saith, If there be a Suppression of the *Lochia*, together with a violent Perturbation of the Blood, Vomiting, Thirst and Watching, I have often known *Laudanum* (mix'd with Saffron) given with happy Success.

Dr. *Sydenham*, after Trial of Emmenagogues to no purpose, gives one single Dose of *Laudanum*, join'd with Emmenagogues; and saith, however astringent *Laudanum* may be of its own Nature, yet, since it composeth the Perturbation of the Spirits that interrupted the due Evacuation, it sometimes helps mightily, and recovers the desired Flux, when forcing Things would do nothing. But (which ought to be heeded carefully) if, upon giving it once, the *Lochia* do not follow, the Opium is not to be repeated; for if it be, 'twill so perfectly stop them up, that they cannot be provoked again by any Art.

Perhaps this Caution of his may be right enough, in case of a total Suppression from Loss of Spirits, and Failure of Nature, occasioned by a hard Labour, and Flooding: But otherwise, when the *Catamenia* flowed not freely enough, and Strength was not wanting, I have seen where *Laudanum* daily repeated hath brought them down fresh again, quell'd Hysteric

ric Vapours, caused Rest, and supported more than the highest Cordial could do, The Dose is 4 Ounces, to be repeated as the Occasion requires.

A Hydropic Lavament.

Take rectify'd Spirit of Wine 3 Ounces; Spirit of Lavender 1 Ounce; Pil Cochiae the greater, half an Ounce; Crude Opium 2 Drams; mix.

It may be used alone, or (which is better) with an equal Quantity of Oil of Elder-flowers by Infusion, and is to be well rubbed upon the Parts, at the Fire, twice a Day.

This was communicated to me as an efficacious Remedy against watery Tumours, Children's great Bellies, and Hydropical swell'd Feet. Neither is there any fear of a Gangrene from its Use; for (by reason of its spirituous Particles) it cherishes native Heat, opens the Pores of the Parts, and causes the viscous stagnating *Lympha* either to evaporate, or be sucked into the circulating Blood.

An Hysteric Laudanum.

Take London Laudanum, Asa-fætida, each 2 Grains; Oil of Amber 1 Drop; make 2 Pills for one Dose.

A Cephalic Liniment.

Take of Nutmeg by Expression, and Palm Oil, each 1 Dram and half; Chymical Oil of Cloves, Rosemary, and Sage, each 1 Scruple; mix.

It's used externally for Debility, Pain, Dulness,

ness, Phlegmatic, and Catarrhus Affections of the Head.

Now, whether outward Applications affect the Meninges and Brain, or not, truly I doubt: for those are so closely and securely shut up in the *Cranium* (as 'twere in a Bone-Box) that I suspect they can scarce have any Communication with the *Pericranium*.

But be that as it will, there may yet be sundry Cases, where the *Pericranium* itself being primarily affected, permits and requires the Use of Externals. And tho' the Matter of a Catarrh do not really flow down out of the Brain, yet the Original of Defluxions is commonly from the *Sinciput* and *Vertex*, where the Humour is collected on the outside of the *Cranium*, and under the Skin, and thence distilling through the *Pericranium* into the adhering Membrane, falls down into the Eyes, Ears, Cheeks, Neck, Teeth, *Uvula*, &c.

Neither is it strange, that these thin Humours should be able to descend thus, since there are Passages open enough for the Blood itself (tho' much thicker) when thereabouts suffused into the Parts, by reason of a Contusion and Rupture of the Vessels. For thus saith *Meekren* (in his Epist. to *Barbette*) when we opened the *Cranium* of *P. James*, we found *Tulpius's* Opinion true, that in Wounds of the Head, the Blood, which commonly is seen to run out at the Ear, descends from the upper Part of the Head, between the *Cranium* and *Pericranium*; and so entering the Space that is between the *Os Parietale* and *Petrosum*, goes on, and strains it-
self

self (as through a Sieve) into the Auditory Passage.

A Frontal Liniment.

Take Ointment of Alabaster 2 Drams; Oil of Roses 6 Drams; Opium 16 Grains; Camphire 8 Grains; Oil of Nutmeg 4 Drops; mix.

Let it be used to the Forehead and Temples, to procure Sleep, and ease the Head-ach. But it hath Place, not when the Cause is in the Brain itself, but in the outward Parts only: And that we may be surely satisfied of, if the Forehead be extremely hot to feel to, the Pain be pulsing, and the Eye-balls do not ake.

An Haemorrhoidal Liniment.

Take Poplar Ointment 2 Drams; Oil of Eggs 6 Drams; Sugar of Lead 2 Scruples; Opium 8 Grains; Oil of Amber 16 Drops; mix.

The blind Piles are caused by reason of mucous, thick, stagnating Matter, obstructing the Vessels, and hindering Circulation, and so necessarily exciting Tumour, Tension, Inflammation and Pain. And this Liniment is therefore very profitable. because it attenuates, diffuses, quiets Pain, abates Inflammation; and by contracting the various Vessels, reduces them to their due Tenor and Size.

A Lateral Liniment.

Take Ointment of Marsh-mallows 6 Drams; Oil of Lillies and Bricks, each 3 Drams; Camphire half a Dram; mix.

It smooths, lubricates, and composes into Order the *Fibrillæ*, which by dolorific Spasms be-

ing torn and racked, strained and stiff, tangled in their Series, and confusedly corrugated, deprave the internal Channels, by distorting them, and shut up the cutaneous Vents, by purring them up: Also it liquifies, exagitates, and discusses the gelatinous *Lympha*; which, by stuffing up the minute Passages of the Parts, and hindering the Course of the Blood, occasioned the Inflammation. And by these Means, namely, composing the *Fibrillæ* into Order, opening the Pores, restoring Circulation, taking down Inflammation, and quieting Pain; it must needs conduce very much in Pains of the Side, especially when the Muscles and outward Parts are affected.

But in a true, internal, membranous Pleurisy, or Peripneumony, I don't remember that I ever yet saw it do the least Good at all; and 'tis probable it cannot penetrate so far as to touch upon the Part.

Anoint an Issue-Paper with it, lay it warm on the Place, cover it with a Piece of Flannel, and repeat it twice a Day.

Just before we use Liniments and Inunctions, it were good to foment the grieved Part with a Flannel or Sponge dipped in attenuating and discussing Decoctions, actually hot, that the Unguents may penetrate deeper; and the Matter, being attenuated and actuated both by the actual and potential Heat, may either be dissipated and returned again into the Blood, or brought out of the Body by Evaporation,

A Paralytic Liniment.

Take Ointment called *Martiatum* 2 Ounces;
Oil

Oil of Spike, Petroleum, each 3 Drams ; powder'd Euphorbium 1 Scruple ; Oil of Amber 1 Dram and half ; Oil of Rosemary half a Dram.

Let the relaxed Member be rubbed strongly with this Liniment two or three times a Day ; namely, to remove Dams and Obstacles in the Nerves stopped up with viscid Juice, redintegrate the wonted Irradiation of the Spirits, bring the slack Fibres into Order, and recover their Tonic Tension, exagitate the Blood, and give it a rapid Motion through the Part, and so resuscitate natural Heat, Sense and Motion.

But here it's to be heedfully observ'd, that sometimes the paralytic Part, by the ill Use of Externals too intensely hot, shrinks up and withers, to the irretrievable Damage of the Patient. And this happens mostly (as I conceive) when the Temperament is hot, and the Cause of the Resolution not in the relaxed Part itself, but in the Brain, or some Member at a distance ; whence the Part, which is sound enough of itself, and rightly conformed, suffers by way of Eclipse, being depriv'd of the Rays of the Spirits : For in that Case, if such heating and drying Things be administer'd as are immoderate, and beyond what the Temper of the Part can bear ; then they scorch, dry, and shrink up the *Fibræ Motrices*, dissipate their indwelling Spirits, and occasion an incurable Contraction ; for these *Fibræ Motrices* are not fit to perform the Function of Motion, unless they remain soft, flexible, moist and slippery.

See Paralytic Oil.

A Spinale Liniment.

Take Urine of a healthy Person, Tent Wine, Neats-foot Oil, each 2 Ounces ; Sperma Ceti 2 Drams ; Mace 1 Dram ; boil to 4 Ounces, and strain.

A certain Phyfician kept this as a Secret for the Rickets, and was wont to use it on the Spine of the Back, beginning first at the Neck, and so rubbing downwards.

Since this Malady ariseth from Obstruction of the *Medulla Spinalis*, and Debility of the Members, such Ointments as are aperient and corroborant, must needs be useful. And since it seizeth none but tender Infants, whose Flesh is limber and flaggy, Things that are over-hot must not be applied.

A Volatile Liniment.

Take Oil of sweet Almonds 1 Ounce ; Spirit of Salt Armoniac, as much as will bear a Consistence ; mix in a Mortar by way of Nutrition.

It penetrates marvellously, and doth good Service against Cold, Laxity, Obstructions and Pains of the nervous Parts.

A Litus with Alum.

Take crude, and burnt Alum, of each 2 Drams ; Bole, Japanic Earth, of each 1 Dram ; Oil of Sassafras 6 Drops ; Honey of Roses as much as suffices ; mix.

It's for scorbutic, putrid, spongy, loose, bleeding Gums, that scarce cover, or stick to the Teeth. Powder'd Gum *Lac* may be added.

A Litus

A Litus for the Face.

Take Ox Galls 3; rectify'd Spirit of Wine 3 Pints; having extracted a Tincture, and exhale'd to the Consistence of Honey, dissolve it in Juice of Lemons 2 Ounces: and add powder'd Calomel 3 Drams; Salt of Vitriol 2 Drams; Venetian Borace 1 Dram; Fæculæ of Cuckow-pint 1 Dram and half; digest in the Sun 4 Days; strain and evaporate to a mellaginous Consistence.

For Sun-burning, Freckles, Spots, Pushes, Pimples, Redness, *Gutta Rosacea*, and all Blemishes in the Face whatsoever. Strike it over the Part thrice a Day.

A Litus for Infants.

Take Damask Rose-water 2 Ounces; the Yolk of an Egg, and fine Sugar searced, as much as will serve to bring it to a due Consistence.

It's profitable in Erosions of the Mouth, and against *Aphthæ*.

Joel's Litus.

Take Verdigrise 1 Dram; Honey of Roses strain'd 1 Ounce; Vinegar half an Ounce; boil to the Consumption of the Vinegar, and when it's cold, add powder'd burnt Alum 2 Scruples; Mastick, Frankincense, and Myrrh, of each 1 Scruple; mix all together.

It's for ulcerous, putrid Gums. Let a Rag dipped in it be often applied, after washing with a proper Gargle.

A Litus with Gum Lac.

Take Gum Lac finely powder'd a Dram and half; burnt Alum 1 Scruple; Bay-salt 15 Grains; Honey of Roses strain'd 6 Drams; incorporate all together in a Mortar.

It's for the Scurvy in the Gums.

A Litus for the Thrush.

Take Sperma Ceti 2 Scruples; Oil of Nutmeg by Expression 1 Scruple; sweet fresh Butter half an Ounce; the Yolk of 1 Egg; free white Chalk wash'd in Rose-water 1 Dram; Honey of Roses strained, as much as is sufficient to bring it to a right Consistence.

A Calceous Lixive.

Take Ashes of Wormwood (not old, nor over-much dry'd, but thoroughly burn'd) 12 Ounces; Calx-water, and white Wine, of each 2 Quarts; infuse in a gentle Warmth 12 Hours; let stand to settle clear, and decant through a Flannel Strainer.

It corrects the Mass of Blood when over-seasoned with a muriatic Salt, and cleanseth it by way of Diuresis: For these Reasons Hydropic Persons find Good by it.

An Hydropic Lixive.

Take sifted Ashes of Broom and Bean-stalks, each 2 Ounces; Juice of Parsley 4 Ounces; white Wine 2 Quarts; make a Lixivium, to which (when strain'd and clear) add Salt of Tartar 1 Dram; Sassaphras 1 Ounce; Bay and Juniper-berries, Seeds of Daucus, Mustard, Cummin

Cummin and Anise (all bruis'd) each half an Ounce; infuse cold 2 Days; then strain, and add compound Radish-water 4 Ounces.

Let a quarter of a Pint be drank twice a Day, with 30 Drops of Spirit of Scurvy-grass in each Dose.

An Apophlegmatic Lohoch.

Take Syrup of Hyssop 2 Ounces and half; Oil of sweet Almonds 1 Ounce; Oil of Aniseed 2 Drops; Tincture of Myrrh 1 Dram; powder'd Orris-root 4 Scruples; Flower of Benjamin half a Scruple; Tobacco 4 Grains; Spirit of Salt Armoniac 16 Drops; mix.

By pricking the Parts, drawing the limpid *Saliva*, inciding thick Phlegm, exonerating the Glands, and lubricating the Passages, it brings viscid Phlegm up out of the Throat, and is useful whensoever the *Uvula*, *Parotides*, and internal Parts of the *Gula* are swell'd and oppress'd with mucous Filth, and when Secretion is to be provok'd, and a failing Cough to be recover'd.

An Asthmatic Lohoch.

Take Syrup of Ground-Ivy, Horehound, each 1 Ounce and half; Oxymel simple 1 Ounce; Powder of Arum compound, of Orris and Gum Ammoniac (dissolv'd in Cinnamon-water, and strain'd) each 1 Dram; Elixir Proprietatis (prepar'd with Oil of Sulphur by the Bell) half a Dram; Flower of Benjamin 12 Grains; mix.

It's eminent for the same Virtues with the *Lohoch of Garlick* (after describ'd) namely, it powerfully incides, provokes a Cough, and expectorates; but hath this farther Privilege, that
it

it neither acuates, nor accends the Mass of Blood; and therefore is more proper for such as are of a hot Constitution, or actually Feverish, as Phthifical People generally are.

A Balsamic Lohoch.

Take Balsam of Tolu (powder'd, searced, and subacted with the Yolk of an Egg) half an Ounce; Lohoch Sanans 1 Ounce; Balsam of Peru 4 Drops; Syrup of Colts-foot-flowers, as much as needs; mix.

It entirely possesses all the Virtues that are after to be rehearsed of the *Balsamic Electuary*; but with this Advantage, that being much more grateful to the Palate, it may be more commodiously offer'd to the Nice and Nauseous, that abhor the oily Bitterness of Capive.

A Bechic Lohoch.

Take powder'd and searced black Bechic Troches 2 Drams; Lohoch Sanans half an Ounce; Syrup of Fijubes, as much as sufficient; mix.

It obtunds Acrimony, appeases Irritation, coats over, lubricates, incales and maturates. It's then especially useful, when acrid, salt, thin *Serum*, dropping out of the Glands, continually tickles the *Larynx*, and cruelly fatigues the Patient with a perpetual returning Cough.

A Common Lohoch.

Take powder'd white Bechic Troches 3 Drams; Oil of sweet Almonds, Syrup of Marsh-mallows, each 1 Ounce and half; mix.

It refrigerates, humects, and lubricates the Gullet, and Parts of the Throat, when burnt
up,

up, parch'd and rough, more than the Bechic preceding: But it coats over, incrassates and maturates something less. It's prescrib'd (to very good Purpose) in Fevers with Asperity of the Throat, Difficulty of Swallowing, and Hoarseness; as also in such a Cough as is caus'd by Matter of a middling Consistence, between thick and thin.

A Lohoch with Elecampane.

Take powder'd Elecampane, Orris, Liquorice, Japanic Earth, each 2 Drams; Oil of Aniseed 2 Drops; Spirit of Meconium 3 Ounces, or as much as sufficient to mix.

It operates after a mix'd manner, viz. First it attenuates, and brings away Matter gathered in the Throat, and then quiets Irritation and stops the farther Extillation of sharp Serum: And is then principally indicated, when the Catarrhus Matter flows slowly, and the Cough is excited rather by Aggestion than Acrimony; such as that Cough is, that makes its return mostly in the Morning, and is troublesome a while, till the Load of Phlegm be coughed up, and entirely clear'd off; but then yields to a Truce for all Day, and is scarce at all vexatious, till a new Flow of Filth rises up to a Turgescence, and provoke it again.

A Lohoch with Garlick.

Take Lohoch Sanans 1 Ounce and half; Garlick candy'd (as in the Pharmac. Bat.) half an Ounce; Gum Ammoniac (dissolv'd in White-wine, and strain'd) 1 Dram; Powder of Arum compound, Myrrh, each half a Dram; mix.

It

It powerfully incides thick Matter impacted in the Tubes of the *Bronchia*, and even the uttermost Vesicles of the *Trachea*; and by pricking of the *Fibræ Motrices*, and provoking a Cough, causes it to be forcibly cast out.

For Garlick is endu'd with such acrid, volatile, wonderfully penetrating, all searching and stimulating Particles, that we find (saith *Bennet*) upon eating it, Issues will plainly smell of it, and grow sore and painful. And (*Lower* observes) if bruised Garlick be laid to the Feet, the Breath will stink of it.

But this Medicine is in no wise convenient, where there's a thin, acrid Defluxion, *Hæmoptosis*, Estuation of the Blood, or *Præcordia*, and hot Constitution of Body.

A Green Lohoch.

Take fine Venice Soap scrap'd thin 2 Scruples; Oil of sweet Almonds, Syrup of Violets, each 1 Ounce; mix.

It recovers a Cough by irritating the *Larynx*. And the whole Republick of Medicine can scarcely produce a more effectual Thing, to lubricate the Passages, and render Excreation facile, prompt and expedite.

Haly's Lohoch.

Take Haly's Powder, fresh made up, half an Ounce; Diacodium 1 Ounce and half, or as much as is sufficient; mix.

It most potently incrassates, obtunds Acrimony, gratifies the Parts, quiets a tickling Cough, and is precisely appropriated to a thin Catarrh. It's good for Consumptive People, I don't deny;

but 'tis so only fecondarily, namely, as it appeareth a guttural Cough, which, by continual Succuffation, useth to agitate the Lungs, and pump out acrid *Serum* into them; but it does not primarily affect the Lungs, into which it cannot descend. For the *Aspera Arteria* (by the wise and careful Providence of Nature) is lin'd with a Nervous Membrane, of so exquisite a Sense, that it cannot admit of any thing to enter it but mere Air, not one Drop of clear Water, no not so much as Spittle itself (tho' a Liquor so near a kin to what the Glands spew into it) without grievous Offence, and Resistance, and Coughing violently, and Struggling, and almost Strangling, till it's thrown out again.

Let it be then an establish'd Article, that no Eclegme, or any other Medicine (except Vapours and Fumes) can be sent directly and immediately into the Lungs. And whatsoever the Remedy be, that affects them most (as Balsamicks and Volatiles) it's convey'd mediately only, by the Curricule of the Blood, into the Tracheal Ducts; and Nature never knew any other.

An Haemoptoic Lohoch.

Take Damask Rose-water, sharp Vinegar, of each half an Ounce; Whites of Eggs well beaten up 2; Mr. Boyle's Syrup 1 Ounce; as you work it together in a Mortar, strew in powder'd Starch by little and little, till it become of a due Consistence.

A Lohoch for Hoarseness.

Take Sperma Ceti half an Ounce; white Sugar searced 1 Ounce; beat them in a Mortar, adding

adding as you work it all along, Syrup of Tolu-tane Balsam 3 Ounces, or as much as shall be requisite to give it a due Body.

A Japanic Lohoch.

Take powder'd and searced Japanic Earth 2 Drams; White of Egg beaten 6 Drams; Syrup of Comfrey sufficient to give it due Consistence; mix.

It's a good serviceable Thing against an Hæ-moptoe; for it refrigerates and incrassates the Blood, stops a Catarrhus Cough that strains and tears the Lungs, and shuts and seals up the gaping Mouths of the ruptured Vessels.

An Incrassating Lohoch.

Take powder'd Marsh-mallow Root 3 Drams; Flower of Sulphur 1 Dram; Gum Arabic half a Dram; White of Eggs beaten up 1 Ounce; Syrup of Marsh-mallows as much as wants to mix it into a due Consistence.

It's egregiously advantageous in all hot, thin, sharp, salt Rheums, falling from the exterior Parts of the Head upon the *Larynx*, and hindering Sleep by incessant Coughing.

A Levigating Lohoch.

Take Syrup of Marsh-mallows, White of Eggs beaten to Water, each 1 Ounce; Sugar Penids half an Ounce; mix.

In Fevers it's a singular Help and Comfort against Heat, Siccity, Roughness, Hardness, Excoriation, Soreness and Smart of the Tongue, Mouth and Throat, caused by either Deficiency or Depravation of the *Saliva*.

A Lohoch

A Lohoch with Linseed Oil.

Take Linseed Oil new drawn, white Sugar-candy powder'd and searced, Syrup of Ground-ivy, each half an Ounce; powder'd Orris 1 Dram; Flower of Sulphur half a Dram; Tincture of Gum-Ammoniac 12 Drops; Oil of Aniseed 4 Drops; Salt of Harts-horn (or Volatile Salt of Salt Armoniac, or Flowers of Benjamin) 6 Grains; mix.

It incides and expectorates thick Phlegm, and is of excellent Service against a Pleurisy and Straitness of Breath.

Lucatellus's Lohoch.

Take Conserve of red Roses 2 Ounces; Conserve of Heps 1 Ounce; Lucatellus's Balsam (made with Dragons-blood instead of Saunders) 3 Drams; Syrup of Comfrey sufficient to give it a due Body; mix.

Though I have (in *Haly's Lohoch*) utterly denied the immediate Descent of Lambatives into the Lungs, yet I positively assert their Admission into them by the Mediation of the Blood.

And here I am willing to subjoin, that our true Pulmonics consist of such Particles, as being brought into the Blood, cannot be digested, subdued, and assimilated by it; and because they are immiscible, are presently (as Circulation brings them to the Place) thrown out of the Pneumonic Arteries, and so penetrating into the Tracheal Ducts, have there, according to the Diversity of their Nature, a respective different Operation. Thus Volatiles incide, open,
T stimulate:

stimulate: And Balsamicks discuss Tubercles, ease Distensions, and heal Ruptures.

But to speak particularly and briefly of this Balsamic *Linctus*, it stoppeth a guttural Cough, violently exagitating and rending the Lungs, and it detergeth and healeth the tumid, tense, broken and injured Tracheal Vessels.

A Mucilaginous Lohoch.

Take Seeds of Fleabane and Quinces, each 1 Dram; decoct in a due Quantity of Rose-water to the Extraction of the Mucilage; to 4 Ounces of which strain'd add one White of Egg beaten, and white Sugar-candy powder'd and searced, 5 Drams; mix.

This for Efficacy equals, and, it may be, excels the foresaid Levigating Lohoch.

A Lohoch with Myrrh.

Take Myrrh well powder'd 2 Drams; Saffron half a Scruple; Nutmeg half a Dram; Honey 2 Ounces; mix.

This trusty Thoracic has the Privilege to be readily admitted (the Blood introducing it) into the inmost *Penetralia* of the Lungs, there to dissolve thick impacted Matter, deterge the Canals and Vesicles, dissipate Tubercles, heal Excoriations and little Breaches, imbue the whole Body of the Lungs with Balsam, impart Tone and Strength to its Fibres. In short, it's truly a most desirable and gallant Medicine for such a Consumption as is not yet gone beyond its first Stage.

An Oleose Lohoch.

Take Oil of sweet Almonds, Syrup of Maiden-hair, each 1 Ounce and half; white Sugar-candy powder'd and searced 1 Ounce; powder'd Liquorice half an Ounce; mix.

A Lohoch with Olibanum.

Take powder'd Olibanum 1 Dram; Balau-stines 1 Scruple; Honey of Roses 2 Ounces; Spirit of Vitriol, enough to give it a convenient Acidity; mix.

It serves very commodiously for the healing of Excoriations in the Mouth and Throat.

A Peruvian Lohoch.

Take Lohoch Sanans 1 Ounce and half; Balsam of Peru 1 Dram and half; Yolk of Egg half an Ounce; mix.

See Lucatellus's Lohoch.

A Pleuritic Lohoch.

Take Syrup of Erratic Poppies, Linseed Oil, each 2 Ounces; Oil of Aniseed 2 Drops; white Sugar 2 Drams; mix.

It's convenient in a true Pleurisy and Peripneumony, accompany'd with Difficulty of Breathing and Spitting of Blood; asswages Pain, opens, maturates, lubricates the Passages, and expectorates.

A Lohoch for a Quinsy.

Take Album Græcum (finely powder'd, and searced) 1 Ounce; liquid Honey 2 Ounces; or as much as serves for a right Consistence; when

they are mixed, put them into a Glass Vial, with a pretty large Mouth; then drop into it Spirit of Salt Armoniac, as much as will give it as great an Acrimony as can be well borne in the Throat; keep it well corked; and if it afterwards grow flat with keeping, quicken it again with more Spirit.

A Red Lohoch.

Take Conserve of Heps half an Ounce; Syrup of Elder-berries, Oil of sweet Almonds, each 1 Ounce; mix.

This fine-colour'd and pleasant-tasted Lohoch anoints, as 'twere, with a grateful *Mucus*, and imbues with a lenifying Oleosity the Mouth and Throat, when parched, rough, hard, contracted, scorched up, chap'd, crack'd, and excoriated; takes away ill Tastes in the Mouth, corrects the Acrimony of the *Saliva*, palliates Thirst, makes the Parts smooth, slippery and flexible, and so facilitates Deglutition.

I remember one in the Small-Pox, who lying miserably bad, rather devoured than took this *Linctus*, and clamour'd, and even roar'd out for it, saying, he could not live without his Golden Medicine, as he call'd it.

And I knew another, a Child of about a Year old, that was presently and perfectly cured by it of a most violent Cough that was like to kill him.

A Lohoch with Sperma Ceti.

Take white Bechic Troches, Sperma Ceti, each 1 Dram and half; Oil of sweet Almond, Syrup of Balsam, each 1 Ounce and half; Conserve of Heps 6 Drams; mix.

It's

It's given, with happy Success, for a Ferine, Catarrhus Cough, that makes the Breast cruel tender, sore, and excoriated; for it obtunds Acrimony, lubricates the Parts, and wonderfully heals.

A Styptic Lohoch.

Take Syrup of Comfrey, Linseed Oil, each 1 Ounce; Astringent Crocus of Steel 4 Scruples; Sugar of Lead 1 Scruple; powder'd white Sugar-candy 1 Dram and half; mix.

It's extraordinarily useful in Vomiting and Spitting of Blood: But be cautious concerning Astringents in *Hæmoptysis*. See in the Infusion of Roses Compound.

A Vitelline Lohoch.

Take Sperma Ceti 2 Drams and half; subjugate it in a Mortar with one Yolk of Egg; and add Oil of sweet Almonds, and Syrup of Althæa, of each an Ounce; work it up according to Art.

It's useful against Heat, Driness, Erosion, and Fissures of the Mouth and Tongue, as also against a Catarrh, Cough, and Hoarseness.

A Lohoch for Child-bed Women.

Take Sperma Ceti 2 Drams; Balsam of Tolu powder'd 1 Dram; Balsam of Peru, Tincture of Benjamin, of each half a Dram; one Yolk of Egg; double refined Sugar searced 2 Ounces; white Syrup as much as needful; mix.

And here, for a Conclusion to the Lambatives, I freely communicate two or three Notes concerning Pectorals, which perhaps are not clearly and distinctly understood by every one, and may

possibly be worth taking Notice of by young Practitioners.

1. Sweet, mucilaginous, incrassating Things, tho' they may help Excretion out of the Throat itself, may render the Blood softer, and dispose the Humours for Maturation and Evacuation: Yet nevertheless (to speak properly) it is not their Talent to fetch up any thing that lies deep in the Chest. And therefore, when the Blood and Habit of the Body is foul, and a Load of thick Phlegm is to be brought out of the Lungs, such Things as these are very wrongly and noxiously prescribed; for they will farther pollute the Blood with a mucous, heavy Chyle, and stuff up the Lungs with a greater *Colluvies*.

2. Brisk, acrious, stimulating Things, which do not really descend into the Lungs, but only by tickling, pricking and irritating the Fibres, excite a Cough; and by Means of it, exagitate the Lungs, and shake the Humours out of them; and so do it not primarily, but secondarily. These, I say, pump out of the Pneumonic Pipes only such Matter as lies loose and fluid: And therefore are in vain attempted, when a great Mass of tough Phlegm is deposited, and sticks fast in the *Bronchia* and inmost Vesicles. Yea, oftentimes their Use is not only in vain, but hurtful also; because they raise a Cough, and tire out the Lungs to no Purpose, and weaken their Tone to no Advantage.

3. There are no such Things as Expecto-
rators, properly so called, except Volatiles and
Balsamics: And these do not slip down directly
by the *Trachea*; but being first convey'd into
the circulating Blood, are thence suffused into
the

the Pneumonic Vessels, and their inmost Recesses. And it's such only that have the Power to remove and cast clammy Phlegm, purulent and gypseous Matter out of the *Bronchia*, Vesicles and crude Tubercles. And so, when a Physician conjectures the Foundations of a true Consumption are laid in the Lungs, all other insignificant Pectorals, and little Cough Medicines set aside, let him in good earnest insist on these primarily and chiefly; and he that doth not, shall be convinced at last of his Miscarriage by sad and mortal Experience.

An Aromatic Lotion.

Take Salt of Tartar half an Ounce; Shaving of Sassafras 2 Ounces; boil in Spring-water 5 Pints to 2 Quarts; pour the strained Liquor (scalding hot) upon Thyme, Marjoram, Rosemary, Lavender, of each a Handful; Mustard-seed bruised half an Ounce; Mace, Nutmeg, of each a Dram and half; Cloves a Dram; give it a warm and close Infusion for 2 Hours; and then strain it out.

This is design'd against cold Affections of the *Pericranium*.

It's to be used either by way of hot Foment, with a Sponge, or Stupe, or else by pouring in a Stream, out of an Ewer, upon the Head, when the Stomach is empty. After its Use, it may do well to cover the Head with a Cloth fumed with Frankincense, and rubbed with Cephalic Liniment.

A Camphorated Lotion.

Take Camphire cut into thin Slices 2 Drams;

T 4

grind

grind it in a Glass Mortar, pouring into it (by little and little) Juice of Lemons 1 Ounce; when it's dissolved, add white Wine 1 Pint; strain, and having tied the remaining part of the Camphire (that would not quite dissolve) up in a Rag, hang it up into the Bottle.

It's to clear the Face of Spots, Redness, and other Blemishes.

A Cephalic Lotion.

Take Bay-leaves, Betony, Vervain, Marjoram, Rosemary, Lavender, each 2 Handfuls; boil in Lixivium of Wood-ashes 3 Quarts to 2 Quarts, adding at last powdered Cloves and Nutmeg, each 2 Drams; mix.

Its Virtues may be seen under the *Cephalic Liniment*; but it discusses more powerfully than it, and evacuates by *Diaphoresis*. I have been told of Stammering in Children cured with such an Application, whereby the Organs of Speech were strengthened.

Let the Head be shaved and fomented a Mornings (for a quarter of an Hour at a time) with a Sponge dipt into this Liquor hot, and squeezed out again. But let there be great Care taken against catching Cold from the Use of it.

A Lotion with Ceruse.

Take Ceruse powder'd half a Pound; sharp Wine Vinegar, Elder-flower Water, of each a Quart; boil away 1 Pound in an Earthen Vessel; let it clarify by Precipitation; then decant through a Flannel Strainer.

It greatly extinguishes external Inflammations, *Erysipelas*, &c. and repels hot cuticular Eruptions:

tions: But one of Judgment ought to advise it, for it may do Mischief when ill applied. It's more effectual hot than cold; it may be used by way of Wash, or with Stupes.

A Lotion for Eruptions.

Take common English green Vitriol 2 Ounces; Crude Alum half an Ounce; boil in an Iron Pot (for it will run thro' an Earthen glazed Pipkin) in Spring-water 12 Ounces to 8, carefully taking off the Scum; let it stand, and when perfectly clear, put the Water up into a Glass Bottle; it will keep good a long Time.

A Lotion for an Erysipelas.

Take Brandy half a Pint; Sugar of Saturn a Dram; mix.

A Lotion for the Face.

Take Litharge of Silver powdered, half an Ounce; Vinegar 4 Ounces; boil to the Evaporation of a third Part. And in another Vessel boil Alum and Salt, each half an Ounce, in Rose-water half a Pint, till it be despumated; and then mix both Liquors together.

Litharge of Gold and Silver are the same Thing, only the yellow Sort hath undergone a greater Degree of Fire than the White, and perhaps may be a little more drying and restrictive. Both are but a Spume blown off in the refining of Silver from Lead, and perhaps mere burnt Lead; for they may be reduced again into Lead, by melting with Charcoal. And that which Vinegar takes out of Litharge, is scarce at all different from *Saccharum Saturni*.

It washeth away Spots, destroys foul cutaneous Ferment, repels and drives in the Matter, and then shuts the Pores, that it break not out again. Let the Face be washed, and gently rubbed with it twice a Day, suffering it to dry in of itself.

A Lotion for the Feet.

Take white Poppy Heads (bruised together with their Seed) 4 Ounces; Willow Leaves, Lettuce, Malloes, and Violet Leaves, each 2 Handfuls; boil in Water and Milk, each 5 Pints to a Gallon; strain and dissolve in the Liquor Nitre 4 Ounces; and put it into a convenient Wash-Pot.

Let the Patient sit with his Feet in it (as hot as can be endured) for half an Hour, and so go to Bed, and compose himself for Rest, and try to sleep. *Joel* would have, that after the Lotion, the Soles of the Feet should be rubbed hard with Salt and Vinegar; and then, that the Patient should stand on an Oaken Board, heated very hot; for this (he says) will wonderfully draw down Rheums from the Head.

In violent, hot, raging, estuating Fevers, when the acrid, fervent, boiling Blood gets a Head, and tumultuously breaks in upon the Brain, and accends the Spirits, and drives them into Distraction and Fury; thereby exciting in the Head, Ardor, Hissing, Humming, Crackling, unexplicable Conturbation, frightful Fancies, Terror, Frenzy, *Delirium*, and Watching: I say, in such a Case, a Pedilave, that is potentially cold, and actually hot, useth to bring great Relief; forasmuch as it inclines the Motion

tion of the Blood downwards into the inferior Parts, and at the same time does not enkindle or flutter it e'er the more, but rather, on the contrary, refrigerates and quiets it.

For you must know first, there are two perfectly distinct great Provincial Circles of the Blood: One by the ascending Artery through the Parts situate above the Heart, and the other by the descending Artery thro' the Parts below. Secondly, that by how much the more rapidly, and with greater Stream, the Blood rusheth thro' the inferior Province, by so much the more placidly, and with less Current of necessity will it flow thro' the opposite superior Province, and so on the contrary. And upon this Foundation is grounded the rational Doctrine of universal Revulsion.

But here it's of great Concern to observe, that in such Fevers as are *Mali Moris*, where the Blood doth not boil and rage, and rush violently, but rather is too sluggish and dead, and scarce irrigates and vivifies the Brain, Nerves and Muscles enough: And also where the Poverty, Weakness, broken Ranks, Desertion and Dissipation of the Spirits produce Watching, Phrenzy and Twitchings: In such a Case (I say) *Lotion of the Feet* is found utterly pernicious; because by how much the more it increases the inferior Circle, just so much the more doth it diminish the superior, and so consequently defrauds the Brain of Blood and Spirits, which fail'd too much for want of them before.

Herm. Vander Heyden saith, In violent Bleeding at the Nose, when the Blood hath issued forth in manner of a Torrent, the speediest and
most

most certain Remedy (when all other Means have failed) hath been, to put the Patient's Feet into warm Water, as far as to the very Knees: As it happened to one that was at the very Point of Death; whence by the Trial of this Experiment he was happily recovered, when both his Legs and Thighs, for want of Blood, had now grown cold; and no Marvel, for his Blood flying up to his Head, he had lost no less than 18 Pints of it at the Nose, as by most exact Observation was found. And *Vigo* adviseth the same in a Quinsy.

A Mercurial Lotion.

Take Mercury sublimate powder'd 1 Ounce; put it into a Pewter Pot with Water 3 Pints; let it stand (now and then stirring it with a Stick) 24 Hours, till it look black, and continue so; at last filtre it through Cap Paper, that it may become clear and limpid.

Dr. *Harris* acquaints us, that the Way of knowing true Sublimate from Arsenical is, by rubbing a little of it with Salt of Tartar. For if it then prove yellow, it is true Sublimate; but if black, 'tis most certainly an Adulteration with Arsenic.

This Medicament doth signal Service against any Sort of Cutaneous Foulness; forasmuch as it fetches out Humours impacted in the Pores and Spaces, be they never so small, dissolves the inveterate and pertinacious Combinations of Salts and Sulphurs; and wherever it is applied, rectifies all the ill form'd Meatus's of the Skin, and makes it freely passable. Upon which Account it's an useful Thing, not only for deterging the Face,

Face, and clearing it from Spots, but also for Pushees and Redness; as also for Erysipelatose Affections, black Specks, and little Worms that nestle there, and may be squeezed out with one's Fingers.

But nevertheless it's to be used with great Caution, because it hath sometimes dismal Consequences. For the Particles of the Quicksilver coming at the Face together with the Salts (by which they are divided and acuated) do indeed remove the noxious and defiling Matter residing in the Pores, and drive it back, but then they enter in together with it; and so nimbly insinuating themselves into the Blood and Nerves, grow desperately mischievous, and break and destroy their *Crafsis*: Yea, oftentimes impress an indelible Virulency upon the Brain, *Præcordia*, Teeth, and other Parts.

Hoechstetter (*Dec. 3. Cas. 4. Pag. 233.*) relates, that *Rumlerus* was wont to use the following *Diaphoretic* and *Diuretic Decoction*, to expel the Mercury, when it hath been used in Ointment for the *French Pox* too freely.

Take Roots of Elecampane 2 Ounces; of Fennel 1 Ounce and half; white Wine 2 Pints and half; having let it stand infusing 24 Hours, boil away to 1 Quart, which strain. And let the Patient take half a Pint Morning and Evening, and lie in Bed close covered, and try to sweat. He saith, the Sweat will be yellow; and its Use must be continued till that Colour disappear and be no more seen.

And sometimes when the Mercury doth not enter into the Blood, yet it causeth a great *Phlogosis* and Tumour in the Part, with extreme,
both

both Pain and Peril: And when it doth so, it must be very well fomented with warm Milk, or a *Decoction of Liquorice and Mallows* in Milk; and after that with the following, lukewarm.

Take Lime-water 14 Ounces; Brandy 2 Ounces; white Troches of Rases half an Ounce; mix.

Wepfer (de Cicutâ Aq. Cap. 20. Pag. 296.) saith, it's a memorable Thing which *Kunkel* delivers, viz. that a tender young Child was order'd this Liniment to kill Lice.

Take Mercurius Dulcis 1 Dram; Mercurius Vitæ 1 Scruple; Pomatum 1 Ounce; mix.

But an unskilful Apothecary making a vile Mistake, put in Sublimate instead of *Mercurius Dulcis*; upon which the Head became so grievously tumefy'd and inflam'd, that the poor little Innocent must necessarily have perish'd, had not a Physician presently fomented it with a strong *Lixivium*; by the Help of which proper Antidote it soon recover'd indeed, but yet so as to lose all the Hair of its Head.

Apopleptic Lozenges.

Take Ambergrise half a Dram; Oil of Rosemary, Cinnamon, Nutmeg, of each 2 Drops; Oil of Cloves, Anise, of each one Drop; Matthias his Spirit of Lavender 4 Scruples; of the finest Sugar 4 Ounces; make all up into Dram Lozenges with Mucilage of Gum of Goats-thorn.

Morning and Night are fittest Times to use them; but no Time is amiss.

Balsamic Lozenges.

*Take fine Dragons-blood (in Drops) 2 Scruples;
Flower*

Flower of Benjamin 16 Grains; Balm of Gilead 24 Grains; fine Sugar searced 4 Ounces; Mucilage of Gum Tragacanth as much as requisite; make Lozenges according to Art.

They are good for such as are in danger of a Consumption, to be carried always about, and taken frequently.

Lozenges for a Catarrh.

Take Spanish Juice of Liquorice 2 Ounces; white Sugar 4 Ounces; Opium 1 Dram; beat all exactly well, so as to mix the Opium intimately; and with Mucilage of Gum Tragacanth, form the Mass into Lozenges.

A Dram of these contains about 1 Grain of Opium; but great Care must be taken in the well mixing of the Opium, that it lie not in Lumps.

Cephalic Lozenges.

Take Powder call'd de Gutteta, Native Cinabar, each 2 Scruples; Oil of Rosemary and Nutmeg, each 2 Drops; fine Sugar 2 Ounces; make all up into Lozenges with Mucilage of Gum Tragacanth.

These are proper in an Idiopathic Cephalalgia, Megrim, Epilepsy, and all manner of Convulsive Affections.

Hemoptoic Lozenges.

Take Earth from Japan 2 Drams; Astringent Saffron of Steel 1 Dram; Sugar of Lead, Starch, each half a Dram; fine Sugar 4 Ounces; Mucilage of Gum Tragacanth, enough to make up Lozenges with.

Lozenges

Lozenges of Orpiment.

Take Orpiment ground fine, Sulphur-vive, Styrax Calamite, Benjamin, of each a Dram, Frankincense, Myrrh, of each 2 Drams; form all up into Lozenges with Gum of Goats-thorn Mucilage.

These are not for inward Use, but for a Fume in the first Stage of a Consumption.

Paralytic Lozenges.

Take fine powder'd and searced Sugar 1 Ounce; Spirit of Lavender compound 60 Drops; Oil of Rosemary 4 Drops; make it up with Mucilage of Gum Tragacanth into little Lozenges.

Pectoral Lozenges.

Take powder'd Roots of Orris, Liquorice, Elecampane, each half a Dram; Flower of Sulphur 1 Scruple; Flower of Benjamin half a Scruple; Oil of Amber 2 Drops; Oil of Aniseed 4 Drops; fine powder'd and searced Sugar 4 Ounces; make it into Lozenges, with Mucilage of Gum Tragacanth. These are excellent.

I am of Opinion that Pectoral Lozenges do good, not properly because they act as Pectorals (for if the Quantity of Orris, and other Ingredients contained in one Lozenge, be computed, 'twill be found too inconsiderable thus to operate) but because being to be carried about in the Pocket, and therefore very frequently taken, they constantly appease the *Epiglottis*, and keep it from flying into such Twitches as raise a Cough: And also cause frequent Swallowing, whereby all the Motion of the *Œsophagus* tending

ing downwards, no sympathetic Offence is thence offer'd to the *Larynx*.

Black Pectoral Lozenges.

Take fine powder'd Sugar 1 Pound; Spanish Juice of Liquorice 4 Ounces; Balsam of Sulphur anisated 1 Dram; make it into Lozenges with Mucilages of Gum Tragacanth, extracted in Fennel Water.

Perfume Lozenges.

Take Musk 6 Grains; Ambergrise 4 Grains; white Sugar-candy half a Scruple; grind them with 10 Drops of Spirit of Roses upon a Porphyry; then having added Powder of Orris of Florence 4 Scruples, and Starch 2 Ounces, Sugar 4 Ounces; make a Mass with Mucilage of the Gum of Goats-thorn, and form it into proper Lozenges.

Peruvian Lozenges.

Take fine powder'd Bark of Peru 1 Ounce and half; Balsam of Capive 2 Drams; Sugar of Roses (dissolved in compound Wormwood Water) 8 Ounces; with Mucilage of Gum Tragacanth make Lozenges, each weighing 2 Drams.

The Communicator of these saith, Lozenges are a pretty pleasant Sort of Medicines, and fit for delicate nice Persons, that must have their Palates complimented, as well as their Distempers cured. These are good in Hectic Fevers, Consumptive Coughs, Difficulty of Breathing, and the like Symptoms.

Let the Patient eat one four times a day, and drink after it a Draught of Pectoral Decoction

made of Colts-foot, Ground-Ivy, Oak Lungs, &c. Bleeding being premised where needful.

Stomach Lozenges.

Take Spanish Angelica Root, Dragons Blood, of each a Dram; Oil of Cinnamon, Nutmeg, Cloves, of each 2 Drops; Oil of Mint, Wormwood, of each a Drop; fine Sugar 4 Ounces; Orange-flower Water enough to dissolve the Sugar in, with Mucilage of Gum Tragacanth; make Troches.

Masticatories.

Take Pellitory of Spain powder'd half an Ounce; Mastich 2 Drams; Oil of Cloves and of wild Marjoram, each 3 Drops; Oxymel of Squills, and Wax, each as much as needful to make it into Pellets.

These, by their biting Acrimony, irritate the *Glandulæ Sublinguales Maxillares, Parotides, and Tonsillæ*; and plentifully draw out of them the Salival Juice.

Sometimes, when it's needful to make a large Evacuation by the Nose, or Mouth; and yet Sternutatories (upon Account of *Hæmoptosis*, or other Considerations) are not convenient, or safe, Masticatories may be substituted in their stead, and do as well.

They are convenient in Catarrhal Affections of the Head and Parts adjacent, in Elongation of the *Uvula*, and Tooth-Ach. And although they do not procure an immediate Evacuation from the Brain itself, yet inasmuch as they bring away *Lympha*, they thereby avert it from the Brain; and so by consequence do good in a Cephalalgia,

phalalgia, Megrim, Lethargy, Apoplexy, Palsy, &c.

An Acoustic Mixture.

Take Tincture of Castor 2 Drams; Oil of Sage, Rosemary, Cloves, Marjoram, each 2 Drops; mix.

It roborates the interior Parts of the Ear, new brace the relaxed *Tympanum*, clear the obstructed Auditory Nerve, opens a free Passage for the Spirits through it, and availeth much against Noise in the Head and Ears, and Thickness of Hearing.

But if the Ear be stuffed up with Wax, or other Foulness, it must be syringed and cleansed with a proper Injection, before this can do any good.

Let three Drops be put into the Ear with Cotton, or Wool, every Night at Bed-time.

Simon Paulli (Quadripart. Botan. de Amygd.) saith, Oil of bitter Almonds is commended for Deafness and Noise in the Ears; but ought to be used sparingly, by reason of the winding Passage; for when it gets up to the *Tympanum*, and cannot easily be thence deterged, 'twill relax that Membrane, and turn a Thickness of Hearing into Deafness.

The following general Rules, to be observed in all Maladies of the Ears, are taken out of Senertus.

1. Let Medicines to be put into the Ears be lukewarm, not intensely hot nor cold.

2. Put no new Medicine into the Ear, till it

be well clear'd from the foul Relicks of the former.

3. Three or four Drops are enough at a time.

4. When a Medicine is put into the Ear, let the Patient lie down upon the well Ear.

5. Let the Medicines to be put in be neither too unctuous nor viscous.

6. In all sorts of Deafness, let the Head be carefully roborated, by both internal and external Medicines.

The two following are out of Wedelius.

7. Fumes are best for Exsiccation, humid Vapours for Mollifying and Easing, oleose and spirituous Things for Discussing and Roborating. But in all, ever bear it in Mind, that too much of any thing is good for nothing.

8. When Topics are put into the Ear, it's convenient to masticate, that the Medicine may penetrate the deeper.

An Alcalisate Mixture.

Take red Coral (levigated into an Alcohol) 2 Drams; Salt of Wormwood half a Dram; Waters of Milk-Alexiterial, of Spearmint, Cinnamon, compound Gentian, compound Wormwood, each 2 Ounces; Spirit of Lavender compound, Spirit of Salt Armoniac, of each 80 Drops; mix.

To stop Vomiting, and Help for Sickness, and Pain at Stomach, give 2 Spoonfuls often.

An Ammoniac Mixture.

Take Gum Ammoniac, Spanish Juice of Liquorice, of each 2 Drams; dissolve them in Hyssop-water 2 Ounces; then strain, and add Syrup of Juice of Ground-Ivy, Oxymel simple, of each 2 Ounces;

2 Ounces; Oil of Aniseed 2 Drops; Tincture of Benjamin 2 Drams; mix.

In an Orthopnœa give a Spoonful often.

An Apoplectic Mixture.

Take natural Balsam of Peru 32 Drops; Oil of Nutmeg 4 Drops; Oil of Cloves 2 Drops; fine Sugar 2 Drams; and 1 Yolk of Egg; when they are well wrought together, add Matthias's Spirit of Lavender 1 Dram; Spirit of Scurvy-grass half a Dram; Waters of black Cherry an Ounce and half; of Piony compound half an Ounce, Spirit of Salt Armoniac 18 Drops; mix.

Give a Spoonful at a time.

An Aromatic Mixture.

Take Tincture of Salt of Tartar 6 Drams; Oil of Cinnamon, Cloves, Nutmeg, each 6 Drops; Oil of Pepper, Wormwood, Mint, each 4 Drops; mix.

Or you may make it a volatile Aromatic, by taking Tincture of Salt of Tartar half an Ounce; Spirit of Salt Armoniac 2 Drams; and the afore-said Oils.

It's a very useful Thing for a cold and weak Stomach; cherishes its natural Heat and Strength, discusses crude Inflations, stirs up Appetite, promotes Concoction.

The Dose is 20 Drops in a Glass of Canary or White-wine.

An Asthmatic Mixture.

Take Erratic Poppy-water 9 Ounces; Oxy-mel of Squills 3 Ounces; mix.

In this Disease, for the most part, the Blood boils vehemently, the *Bronchia* are clamm'd up with Phlegm, and the Fibres spasmodically constringed. Upon all which Accounts this is a direct Remedy. Let 4 Ounces be given twice or thrice a Day, in the time of the Paroxysm.

The Asthma in Infants is caused, for the most part, by acid Slime sticking to, and irritating the upper Orifice of the Stomach; and thereby sympathetically driving the Diaphragma, and Muscles serving to Expiration, into such Disorders as oppress their tender Breast: *Prime-rose* saith, they may be perfectly freed from this Asthma by an Emetic.

A Balm of Gilead Mixture.

Take true Balm of Gilead a Dram; Tincture of Benjamin, Spirit of Lavender compound, of each a Dram and half; when they are all well malaxed with the Yolk of an Egg, add Syrup of Tolutane Balsam an Ounce and half; Malaga Wine 4 Ounces; mix.

Consumptive Persons may take a Spoonful at a Dose in Milk, or any other proper Vehicle.

A Balsamic Mixture.

Take Balsam of Capive half an Ounce; dissolve it in the Yolks of 2 Eggs, and add white Syrup 2 Ounces; White-wine 8 Ounces; at last strain it.

Copayba I know, by great Experience, to be a most noble Medicament, and had I the placing of it, it should stand in the Fore-front of the very best of Balsams: But because it's not commonly

commonly known so well as it deserves, I shall not grudge a little Pains in setting forth, and briefly explaining some of its Properties.

It hath a bitter, hot, Terebinthine Taste, very penetrating and durable in the Mouth; and tho' it seems to be of the Turpentine Class, yet it gives not the Violet Smell to Urine, but imbues it with a manifest bitter Taste, and wonderfully takes off the muriatic Saltiness of it, and of the *Serum* of the Blood, and of the *Saliva*.

It impresseth a Balsamic Character on the Mass of Blood; cures its Scorbutic, rancid, and putredinous Cachexy: Is prevalent (both externally and internally) against Ulcers, the Palsy, Gout, Weakness and Pains of the Back; as also *Fluor Albus* and *Gonorrhœa*.

It in a wonderful manner deterges the Reins, Ureters and Bladder, when obstructed with Sand, *Mucus* or *Pus*; strengthens them when relaxed, and heals them when ulcerated.

It provokes Urine, extinguishes its Heat, and cleanses off its bloody, foul and purulent Contents, more effectually than any thing I ever yet met with. A Patient of mine (now living) who voided mere Chyle instead of Urine, and not one Drop of Water with it, and had great Pains and Weakness, was restored to perfect Health and Soundness by the Use of this Medicine.

It may very justly be accounted the best of all Thoracics; deterges the *Bronchia* and Vesicles, recovers the Tone of the Lungs, heals their Breaches, and (as I have thought) even dissolves the *Tubercula cruda*; for I have seen where this Balsam alone hath (beyond all Expectation) perfectly cured dry, deep Coughs, that appear'd

horribly dangerous, and manifestly threatened a Consumption: And I have more than once cured with it Coughing up of Blood and *Pus* in frightful Quantities. At this very Time of Writing, I have a poor Workman that is an eminent Instance of it.

And notwithstanding it is intensely bitter, and manifestly hot, yet (which is an admirable Advantage of it) I have found it mighty agreeable to Hectic Persons, and rather abates than augments their Heats, as one might fear it would: The Reason of which is, I suppose, because it so powerfully subdues Saltness and Acrimony, and obliterates putredinous Inquinations.

If it be given to 2 or 3 Drams, in the Form of a white Potion, it purges like Turpentine.

Some cry it up for a *Diarrhæa* and Dyfentery; but of these Virtues I know not much yet by Experience.

But to conclude, this Mixture cannot be accus'd of any Inconvenience, except you'll blame it (forsooth) because, tho' it's an honest benign Medicine, yet it's not very complaisant to the Palate.

Let a Spoonful be given every Night and Morn daily, for a long time together. If it loosen the Belly more than you would desire, either lessen the Dose, or now and then at times omit it.

A Balsamic Cephalic Mixture.

Take natural Peruvian Balsam, 1 Dram; Oil of Nutmeg, Cloves, of each 3 Drops; Oil of Rosemary 6 Drops; work all these together in a Mortar with Yolk of one Egg; then add fine
Sugar

Sugar powder'd 6 Drams; Matthias's Spirit of Lavender 2 Drams; Waters of Briony, and Piony (both compound) of each an Ounce and half; of black Cherries 8 Ounces, Spirit of Salt Armoniac 60 Drops; mix.

Let the Dose be 4 Spoonfuls.

A Balsamic Nephritic Mixture.

Take Balsam of Capive half an Ounce; Oil of Juniper half a Dram; dissolve it in the Yolks of 2 Eggs, and add Syrup of Marsh-mallows compound 2 Ounces and a half; Arsmart-water 10 Ounces; mix.

The Communicator saith, it's endow'd with most noble Virtues in the Cure of internal Ulcers, the Gout, Weakness and Pain in the Back, *Fluor Albus*, and *Gonorrhæa*.

Also it provokes Urine, and expels Stones, as well out of the Gall-bladder as the Kidnies, of which we had an amazing Instance of late in a certain Artificer at our Town of *Peterborough*, who being horribly tortur'd with Nephritic and Colic Pains, fell into such Convulsions of all his Members, that several strong Men could not hold him in his Chair. When I had consider'd the Symptoms, I judg'd that volatile Salts and Anti-epilepticks would never reach the Case: And therefore I thought with myself I'd give this Mixture. Well, upon taking a few Spoonfuls, he brought away a great Quantity of Urine, together with Gravel and Sand: And (which is the remarkable thing) several Stones, as big as Capers, by Stool; which, without doubt, must come down by the Choler Passage out of the Gall-bladder. And thus was
he

he (to the Wonder and Satisfaction of his Friends) restored to his former Health.

A Balsamic Pectoral Mixture.

Take Balsam of Capive 4 Scruples; Balsam of Peru 16 Drops; Oil of Nutmeg 4 Drops; of Aniseed 2 Drops; Tincture of Benjamin 8 Scruples; the Yolk of one Egg; to these, when thoroughly incorporated, add Syrup of Tolutane Balsam 2 Ounces; common Pectoral Decoction 30 Ounces; mix.

The Dose is 4 Ounces; into which may be dropped (when expedient) Spirit of Salt Armoniac 12 Drops.

A Mixture with Balsam of Peru.

Take natural Peruvian Balsam, Oil of Mace by Expression, Tincture of Benjamin, of each 4 Scruples; Oil of Aniseed 1 Drop; the Yolk of 1 Egg; when they are all perfectly mixed and united, add of the sweet Tincture 8 Ounces; (or else good Canary Wine 8 Ounces;) and Sugar an Ounce; mix.

Ettmuller tells us, that when Balsam of Peru is dissolved in the Yolk of Egg, it is much quicker and more penetrating, and vellicates the Mouth a great deal more than when taken *per se*.

The Dose is a Spoonful in any grateful and appropriate Vehicle.

A Bechic Mixture.

Take Syrup of Meconium 1 Ounce and half; Fracastorius's Electuary, Mithridate, each 1 Dram; Loboch Sanans 2 Drams; Penny-royal Water 4 Ounces; mix.

It's

It's a great Remedy against such a Cough as proceeds from catching Cold, whilst it's recent, and a thin Rheum distills out of the Glands: For it increaseth, obtunds, lubricates; and it pacifies the Fury of the Spirits, takes off the Irritation of the Fibres, and advances *Diaphoresis*. Let it be taken at one Draught at Bed-time.

A Mixture with Bole.

Take Barley Cinnamon-water 4 Ounces; Mint-water, Syrup of Myrtle (or of dried Roses) each 1 Ounce; finely powder'd Bole 2 Scruples; *Dioscordium* 2 Drams; Oil of Cloves 1 Drop; Liquid Laudanum 30 Drops; mix for 2 Doses.

It comforts, corroborates, and moderately constricts the Intestines, qualifies their griping, spasmodic Plunges, tempers and absorbs Acidity, drives the Steams of acrid Humours to the extreme Parts, and so away by *Diaphoresis*. Thus it is a Remedy, every way well appointed for the Cure of a symptomatic *Diarrhæa*, and *Hypercatharsis*.

Now Bole (which is an *Alkali*) being one of the Ingredients of this Mixture, I'll here, by the By, take this Opportunity of translating the following Paragraph out of *Wedelius*, for the great Patrons of, and Sticklers for *Acid* and *Alkali*, to read and consider of.

It's to be noted, and Experience testifies it, that Medicinal Earths precipitate Bile, as well as absorb acid and ferous Juices; whence it cannot absolutely be concluded, that wherever Alkaline Medicaments do good, there an Acid did the Mischief; for common Experience assures us, that Earthy ones give Relief to many Patients

ents in divers Distempers, where, by the Consent of all, an Acid is not in Fault, but Bile is, being too much excocted; whereupon it regurgitates, flies, foams, and makes wild Mischief, and these Earths mix in with it, and dissociate it, and put a Restraint upon its preternatural Exeustuation.

To which Sir *John Floyer's* Experiment is Consentaneous, that the Species of the bitter Decoction being boil'd in the *Lixivium* of calcin'd Oyster-shells, lay by their Bitterness, and become sweetish. But since the writing of this, I have made the Experiment, and did not find it so.

In Mr. *Ray's* Letters (p. 76.) it's said if Spirit of Sulphur be dropp'd into a strong Decoction of *Carduus Benedictus*, in a few Days 'twill lose most of its Bitterness: But it hath not the same Effect upon other Bitters.

A Cardiac Aquose Mixture.

Take Black Cherry and Alexiterial Milk-water, each 12 Ounces; Barley Cinnamon, Epidemial-water, each 8 Ounces; Aqua Cœlestis 2 Ounces; mix.

A Cardiac Edulcorating Mixture.

Take Syrup of Gilly-flowers 4 Ounces; of Raspberries 1 Ounce and half; Confection of Alkermes half an Ounce; Oil of Nutmegs 4 Drops; mix.

These two Mixtures were invented for Expedition sake, that a Cordial Julep may be thrown together in an instant; for if both be kept ready in the Shop, the whole Composition will not cost a Minute's time to put it up thus.

Take

Take of the Aquose Cardiac Mixture 10 Ounces and half; of the Cardiac edulcorating Mixture 1 Ounce and half; mix.

A Cardiac Oleose Mixture.

Take the Yolks of 2 Eggs; Oil of Cinnamon, Nutmegs, each 4 Drops; refined Sugar half an Ounce; Juice of Kermes 2 Drams; Canary Wine 8 Ounces; mix and strain.

Give 3 Spoonfuls in sick Fits, and when the Spirits want Support.

A Carminative Mixture.

Take Canary and white Wine, each 6 Ounces; Spirit of Wine rectify'd 2 Ounces; the Yolk of 1 Egg; fine Sugar 1 Ounce; Oil of Juniper 32 Drops; Oil of Nutmeg, Carraway, Fennel and Anise, each 8 Drops; mix.

The full Dose is 5 Spoonfuls.

A Carminative Anodyne Mixture.

Take Marsh-mallow Root 2 Ounces; boil it in Spring-water a Quart to a Pint; strain out the Liquor, without squeezing; then take Juniper-berries well bruised, half an Ounce; Seeds of Anise, sweet Fennel, Carraway, Coriander, of each 2 Drams; Waters of Rue, Penny-royal, Gentian compound, of each 4 Ounces; Briony, and Piony compound, of each 2 Ounces; macerate close and warm 4 Hours; then having strained it, and mixed it with the foresaid Decoction, add Syrup of Meconium 4 Ounces; Sydenham's Liquid Laudanum 40 Drops; mix.

'Tis to be given to ease Pain, and cause Rest in the Colic, and in the Stone, to 4 or 6 Ounces

ces. If the Patient be Feverish, the Berries and Seeds may be infused in Barley-water.

1. A Colic Mixture.

Take Tincture of Rhubarb simple 1 Ounce and half; powder'd Rhubarb half a Dram; Syrup of Roses solutive half an Ounce; powder'd long Pepper 3 Grains; Oil of Anise 2 Drops; mix.

Sometimes it may be expedient to add Spirit of Salt Armoniac 10 Drops, and sometimes (as the Case may require) *Liquid Laudanum* 20, or even 30 Drops, or Salt of Wormwood half a Scruple, namely, when there are enormous Vomitings, and horrid Pains and sick Fits.

2. Colic Mixture.

Take Mint-water half an Ounce; strong Cinnamon-water 1 Ounce and half; Elixir Proprietatis tartarized 1 Dram; Oil of Juniper 2 Drops; powder'd Rhubarb 1 Scruple (or half a Dram;) Salt of Wormwood half a Scruple; Spirit of Salt Armoniac 15 Drops; mix, for one single Draught.

A Mixture for Concretions.

Take Waters of Hyssop, Fennel, of each 2 Ounces; distilled (or boiled) Vinegar 6 Drams; Brandy half an Ounce; Crabs-eyes 1 Dram; Sperma Ceti, Mummy, of each a Scruple; London Laudanum 4 Grains; Syrup of the five Roots an Ounce and half; mix.

If Wine Vinegar be boil'd in an earthen glazed Pipkin till a quarter of it be evaporated, 'twill be much the same with distill'd Vinegar, and may serve for the same Uses.

Sylvius

Sylvius (whose Prescript this is) saith, if it be timely given, it prevents extravasated Blood from running into Concretions: And afterwards, when it is in a concreted State, this incides and attenuates the grosser Parts, and discusses and sends off by Sweat, or insensible Transpiration, the thinner: And not only so, but also all the while it corrects Acrimony, and so asswages Pain; upon which several Accounts, it dissolves, totally removes, and absolutely cures Inflammatory Obstructions. And when it hath been given early enough, and ply'd constantly, it hath very often cut off beginning Pleurifies, Peripneumonies, and Inflammations of other Parts, occasioning grievous Dolours and Anxieties.

He gives a Spoonful at a time frequently.

A Consolating Mixture.

Take Sherry Wine half a Pint; strong Cinnamon-water 4 Ounces; Rose-water, white Sugar-candy, each 2 Ounces; Juice of Kermes strain'd 1 Ounce; Species called Lætificans Galeni 2 Drams; Leaves of Gold 4; Oil of Nutmeg 4 Drops; mix.

This Medicine I fish'd out of a very worthy Gentleman, in whose Family it had been kept as a sacred *Depositum*, and great Secret, and was religiously deliver'd down from Mother to Daughter, in a constant Succession of several Generations.

It helps Concoction, corrects Crudities, dissipates *Flatus*, cherishes native Heat, specifically recreates Women with Child, when drooping and languid, comforts the weak, feeble *Fætus*, prevents Miscarriages from Dejection of Spirit,
and

and cold Flaccidity of the Womb, and supplies desir'd Strength, Vigour and Ability, for the happy Performance of the great Work of Child-birth.

It's proper for such only as are cold, weak, and languishing. I should by no means advise it to any of a strong or hot Constitution, nor to those that are Plethoric, or apt to Flooding.

Let 2 Ounces be allow'd Night and Morn, whensoever Failure of Spirits make it needful, and more especially the last Month of Ingravitation, even till Delivery.

A Corallate Mixture.

Take red Coral finely levigated 2 Drams; Salt of Wormwood 4 Scruples; Juice of Lemons fresh drawn 4 Ounces; strong Cinnamon-water 2 Ounces; mix in an open Glass, and let them stand uncork'd, lest their Fermentation break the Bottle.

It wonderfully, and almost miraculously (like a God in a Machine, as they say) represseth Subversions of the Stomach, and Motions to vomit. I have many times observed, that in continual Fevers miserably afflicting with Anguish at Stomach, and symptomatic Vomiting, more Good hath been done with this Medicine alone, than with all that ever I could by anxious Study and various Trials find out.

Let 2 Spoonfuls be given every Hour, or a Spoonful every half Hour, till the Symptom be overcome, the Glass being first well shaken.

A Mixture with Crabs-Eyes.

Take good sharp Wine Vinegar 4 Ounces; Crabs-eyes reduced to an Alcohol half an Ounce;
mix

mix these in a glass Mortar, and when the Ebullition is pretty well over, add Alexiterial Milk-water 4 Ounces; Treacle-water by Distillation 2 Ounces; then strain, and sweeten with Syrup of Tolutane Balsam 2 Ounces; mix.

In an intermitting, vagous, irregular, or a vulnerary Fever: Also in Hypochondriac Conturbations, and Pains, the Dose may be three Ounces.

A Diuretic Mixture.

Take white Wine 12 Ounces; Oil of Juniper 24 Drops; Oil of Anise 12 Drops; white Sugar 1 Ounce and half; mix.

Diuretics are not to be rashly given, without premising Universals; such namely as soften the Excrements, absterge the first Passages, correct Indigestion in the sanguineous Mass, and gently evacuate. *Hildanus* (Cent. 5. Obs. 59.) saw a Suppression of Urine caused by Turpentine taken immediately upon eating crude viscid Diet.

Let it be for 4 Doses, with 20 Drops of Spirit of Salt Armoniac in each: To force away Sand, Gravel, and *Mucus*.

An Ecphractic Mixture.

Take Pine-tops cut small 6 Handfuls; boil in Water 2 Quarts to 1; strain, wringing it hard through a Cloth; add to the Liquor depurated Juice of Scurvy-grass 1 Pint; of Brooklime, Water Cresses, and Dandelion, each half a Pint; Radish-water compound 1 Pint and half. In this whole Mixture dissolve Vitriol of Mars 8 Scruples; set it by a Night, till the yellow Fæces are settled, then decant the clear Liquor, to

which add Salt of Wormwood 4 Scruples; white Sugar 12 Ounces; mix.

It enricheth the Blood when impoverish'd, depurateth it when feculent, new mixeth it when run afunder into Parts, and quickeneth it when sluggish.

Also it dissolves scorbutic or atrabilarious Feculencies, deposited and fixing Obstructions in the Mesentery, Spleen, Liver, Ureters, or Habit of the Body, opens the Pores and Passages for the Fluids, scours the common Sewers, procures a free Circulation through the minutest Conveyances of the Humane Machine, sets all the Offices of the vital Functions at work again, and enables them to do it well. The Dose is 4 Ounces Mornings and Afternoons.

An Epileptic Mixture.

Take Lime-tree Flower and Fennel-waters, each 2 Ounces; Syrup of Stechas and of Meconium, each 1 Ounce; Spirit of Salt Armoniac 1 Scruple; mix, for 2 Doses.

See the Cephalic Draught and Julep. This Prescript was sent me from *Leyden*, and said to be a Secret of *Fred. Deckers*, which he highly esteems, and frequently orders. And truly such Things as dissipate *Flatus's*, depurate the Spirits, repress the Explosions, and roborate the *Nervosum Genus* (which are the manifest Intentions of this Remedy) seem rightly contriv'd for the breaking off of a spasmodic Paroxysm.

An Erysipelas Mixture.

Take Spirit of Wine half a Pint; Venice Treacle 2 Ounces; long Pepper, Cloves, each 2 Drams; mix.

Dr.

Dr. *Sydenham* (whose Prescript this is) due Phlebotomy and Purging premised, useth an Emollient, Discutient, and Diaphoretic Foment, and then binds upon the Part, Cap-Paper dipp'd into this Mixture, to the end that he may vent and discuss the impacted Matter.

For such Things as are emplastic, refrigerant and repellent, are (especially if the *Erysipelas* seize the Face or Head) extremely dangerous. But Spirit of Wine is very agreeable (saith *Heide*) by reason of the Subtilty and Motion of its Particles, which reduce the distorted *Tubuli* of the *Cutis*, and the entangled Fibres, into their natural Order, and so set open the Pores, and bring forth the Matter by *Diaphoresis*.

And here I'll drop in a small Observation, which perhaps may not be quite useless; and that is, that this Medicine useth to change the Colour of the Part, and turn it black, which may possibly impose upon young Practisers (that never used it before, and don't consider the Reason) as tho' it were sphacelated; whereas that Blackness portends no Ill, for it proceeds not from the Distemper mortifying the Spirits, but the Medicine staining the Skin.

1. Expectorating Mixture.

Take Tincture of Benjamin half an Ounce; Tincture of Saffron (extracted in Spirit of Wine) Tinctures of Myrrh, of Gum Ammoniac, and Spirit of Salt Armoniac, each one Dram; Hyssop-water 6 Ounces; Magistral Worm-water 3 Ounces; Syrup of Horebound 2 Ounces; mix.

It's made up of volatile, brisk, acrious, penetrating, gummy, and balsamic Things; and

its Title denotes its Virtues. Let 2 Spoonfuls be taken as often as clammy, tough Phlegm, sticking in the Throat or Breast, occasions Shortness of Breath, or a laborious straining Cough.

2. Expectorating Mixture.

Take Hyssop-water 8 Ounces; Tincture of Benjamin half an Ounce; Tincture of Gum Ammoniac, Spirit of Salt Armoniac, each 40 Drops; Oil of Anise 8 Drops; white Sugar 1 Ounce; mix.

A Mixture for Glysters.

Take Domestic Syrup 2 Ounces; Lenitive Electuary 1 Ounce; Species of Hiera 1 Dram; mix.

Concerning this, see the *Purging Glyster*.

A Golden Mixture.

Take Juice of Kermes strain'd half an Ounce; Syrup of Gilly-flowers and Raspberries, each 2 Ounces; Oil of Nutmeg 2 Drops; Oil of Cloves 1 Drop; Leaves of Gold 5; mix.

This Medicine (truly Golden, more from its Virtue than Substance) does so singularly refresh the Mother and Child, and gives to both such a Vigour and Vitality, that (as saith my Communicator) if a Spoonful be taken twice a Day, for a Month before Lying-in, 'twill produce an happy Delivery, and a lively Child.

A Mixture for Gravel.

Take Syrup of Marsh-mallows, Oil of sweet Almonds (or rather Nut Oil) of each 3 Ounces; Spirit of Wine tartariz'd (or Queen of Hungary's

ry's Water) an Ounce and half; the Yolk of 2 Eggs; Oil of Aniseed 8 Drops; Spirit of Salt Armoniac 60 (or 80) Drops; mix.

The Dose may be 3 Spoonfuls each other Hour.

A Mixture for Cypes.

Take Waters of Mint, Cinnamon, Dr. Stephens, of each an Ounce; Syrup of Meconium 2 Ounces; the Yolk of an Egg, Oil of Juniper, Spirit of Salt Armoniac, of each 20 Drops; Salt of Wormwood 16 Drops; mix for 2 Doses.

Against the Wind-Colic and Belly-Ach, from Crudities and Wind.

An Hysteric Aquose Mixture.

Take Waters of Mugwort, black Cherries, each 12 Ounces; of Rue, Penny-royal, Briony compound, each 8 Ounces;

This would I have kept always ready mix'd in the Shops, to make up Hysteric Juleps with in an Instant, without Expence of Time, like these Formulæ, viz.

Take of the Hysteric Aquose Mixture, 12 Ounces; Pearl prepared 1 Dram; white Sugar-candy 3 Drams; mix. Or,

Take of the Hysteric Aquose Mixture, 10 Ounces and half; Tincture of Castor 4 Scruples; Syrup of Gilly-flowers (or Balm, or Mugwort, or Stechas, or Piony compound) 1 Ounce and half; mix.

An Hysteric Spirituose Mixture.

Take Tincture of Assa-Fætida (extracted with Spirit of Wine) Tincture of Galbanum of
X 3 Castor,

Castor, and Spirit of Salt Armoniac (or Hartsborn) each 1 Dram; Oil of Amber 32 Drops; mix.

Because the Elements of this are Heterogeneous, they can't be so perfectly mix'd, but that they'll easily run asunder, and after a little standing appear separate: But this is no great Inconvenience, 'tis but just shaking the Glass, and they'll all run in Order, and unite again into a white Liquor like Milk.

It's an extraordinary Medicine for Hysterick People, and is singularly to be noted for Women in Labour, whensoever the Spirits, being Hysterically confused, do not flow in plentifully and powerfully enough to the Muscles of the *Abdomen*, and other Parts promoting the Birth; and so the necessary Pangs thereupon slacken and fail, and the Womb itself riseth not up to make strong Efforts of Expulsion. In this Case, I say, this useth to bring, as 'twere, Divine Help, beyond almost any thing else, if 20 or 30 Drops be minister'd in an appropriate Vehicle, and repeated at due Times.

A Juniper Mixture.

Take Oil of Juniper 1 Dram; subigate it perfectly with the Yolk of one Egg; mix in white Syrup 2 Ounces; and strain.

By the same Artifice may most efficacious Mixtures be contriv'd, of any sort of Chymical Oils, according to the various Intention of the Prescriber.

It very signally relieves the Ventricle and Intestines when refrigerated, relax'd, troubled with Wind, Pains and Sicknes. It egregiously refreshes,

freshes, stimulates, and cleanses the Reins and Ureters, when being debilitated and obstructed, they perform not their Office duly.

The Dose is a Spoonful twice or thrice a Day, upon an empty Stomach.

A Mixture with Liquorice.

Take Spanish Juice of Liquorice 2 Drams; dissolve it over the Fire in Hyssop-water 4 Ounces; strain and add Syrup of Meconium 4 Ounces; mix.

Thus I prescribe it commonly; sometimes I have added to it, whilst the Juice is a dissolving, *Saffron clipped small 16 Grains; and when it is strained, Oil of Aniseed 2 Drops; Tincture of Benjamin 2 Drams; and instead of Syrup of Meconium, Oxymel simple.*

Against a tickling Cough from a thin Rheum, give four Spoonfuls at Bed-time; or else (if it trouble much in the Day-time) now and then a Spoonful after a great Coughing Bout.

A Mixture for Ulcers of the Mouth.

Take Balaustines, Alum both crude and burnt, of each half a Dram; boil in Plantain-water from 8 Ounces to 5; strain, and add Honey of Roses half an Ounce; Ægyptiac Ointment half a Dram; mix.

It's common to use calcined Vitriol, Verdigrise, and Ægyptiacum, in Ulcers of the Mouth. But *Fabricius* warns us against them, as very contrary in cancerous Ulcers: And *Muys* (*Podalyr. p. 71.*) saith, Ægyptiacum must never be used in exulcerated Cancers; for 'tis wonderfully pernicious.

A Musk Mixture.

Take depurated Juice of Mint 4 Ounces; compound Wormwood and strong Cinnamon-waters, each 1 Ounce; powder'd Castor 1 Dram; Musk 4 Grains; white Sugar-candy 3 Drams; mix.

It's design'd against Pain of the Stomach, Vomiting, and especially a *Singultus*. See the *Musk Julep*. Let 3 Spoonfuls be exhibited, and repeated as shall be judg'd needful.

An Oleose Mixture.

Take Oil of sweet Almonds (or rather Oil of Walnuts) 2 Ounces; Syrup of Marsh-mallows 4 Ounces; Water of Pellitory of the Wall 6 Ounces; Salt Prunel 1 Dram; mix.

It lubricates, relaxes, obtunds Acrimony, and moderately promotes *Diuresis*. It's ever to be observ'd, that in a Nephritic Paroxysm, the greater the Pain is, the less ought Diuretics to be used, and the milder must they be. The Reason of which is to be found under the Title of *Draught for Gravel*, and *Diuretic Aromatic Julep*. The Dose is 3 or 4 Ounces.

A Pacific Mixture.

Take Liquid Laudanum tartarized 2 Drams; Oil of Nutmeg and Cinnamon, each 4 Drops; mix,

It has the common Virtues of *Laudanum*, but in a more especial manner respects Vomiting and Looseness; besides which, it's a good Blind for *Laudanum*, to hide it from the Knowledge of the Patients and By-standers; which Trick is sometimes exceeding necessary, when they

they are curiously impertinent and meddling, or have taken up a foolish Aversion to Opium.

The Dose is 15, 20, or 25 Drops.

A Papaverine Mixture.

Take *Alexiterial Milk-water* 2 Ounces; *Cinnamon-water* 1 Ounce; *Syrup of dry'd white Poppy-heads* (rightly prepared according to the *Apothecary's Art*) 3 Ounces; *Gold 3 Leaves*; mix.

This is a good Paregoric. Its Dose 4 Spoonfuls in an appropriate Vehicle.

A Paralytic Mixture.

Take *Spirit of Scurvy-grass* 2 Drams; *compound Spirit of Lavender*, *Tincture of Castor*, each half a Dram; *Elixir Proprietatis tartaris'd* 1 Dram; *Oil of Nutmeg* 4 Drops; *Oil of Cinnamon and Cloves*, each 2 Drops; *Spirit of Salt Armoniac* 2 Drams; mix.

It quickens the flat Ferment of the Stomach, repairs its decay'd Vigour, attenuates the Blood when polluted with a pituitous *Colluvies*, prepares pure fine defecated *Materia Subtilis* out of the Brain, recovers the Elasticity of the Spirits, deoppilates the obstructed Nerves, and deterges the *Fibræ Motrices*.

It's most commodious for a weaken'd or relax'd Stomach, occasion'd by reason of the Nerves being somewhere obstructed, or over-strain'd; for a Palsy (especially a scorbutic one) and in a word, for all Sorts of Maladies depending on the Failure of the Animal Spirits, and Imbecility of the Nerves.

But these high, hot Medicines, that abound
with

with mighty active Particles, are so far from being agreeable to Choleric Paralytics (whose Blood is acrid and fervid, without much *Serum* to temper it) that they often do Hurt, whereas they are signally serviceable to the Phlegmatic, whose Blood being colder, hold much *Serum*, and but little active Elements.

You may allow 30 Drops in a proper Vehicle thrice a Day.

A Pectoral Mixture.

Take of the Pectoral Decoction 30 Ounces; Tincture of Saffron (made in Treacle-water) 6 Drams; Tincture of Benjamin 2 Drams; Syrup of Ground-Ivy 1 Ounce and half; Oil of Anise 1 Drop; mix.

The *Pectoral Decoction* (by means of its mucilaginous, incrassating and mollifying Substance) generates soft Juices, retunds the Acrimony of the Blood, freshens its muriatic Saltness, and hinders its Colliquation. And then *Saffron*, *Benjamin*, *Aniseed*, and *Ground-Ivy* (upon account of their Aromatic, Balsamic, and Volatile Parts) roborate the Lungs themselves, delicately stimulate and instigate them to excretory Efforts.

And so this Mixture prevents the Breeding of such irritating Humours as provoke a Cough, frees the Lungs from the offensive Load of Phlegm gathered in them, and fortifies 'em against the Incurfion of more of the same.

Let 6 Ounces be supped up as hot as Coffee thrice a Day.

A Peruvian Mixture.

Take very finely powder'd Peruvian Peel 1 Ounce;

Ounce; *Alexiterial Milk-water* 1 Pint; *Mint*, *Cinnamon*, *Epidemial-waters*, and *Syrup of Gilly-flowers*, each 4 Ounces; *Oil of Nutmeg* 4 Drops; *mix*.

This is such a neat and agreeable Form of giving the great Medicine in Substance, that it seldom goes against any one's Stomach, and very rarely exciteth a *Diarrhæa*, which are two desirable Advantages.

Let a quarter of a Pint be advised every 3 or 4 Hours, in the Absence of the Fit. See the *Peruvian Electuary*.

Platerus his Mixture.

Take *Spirit of Wine* (or *Hungary-water*, or *Tincture of Castor*) 2 Drams; *Juice of Onion* 1 Dram; *Oil of Spike* 2 Drops; *mix*.

For Noise, or Pain in the Ears.

A Pleuritic Mixture.

Take *Waters of Hyssop* 2 Ounces; *Fennel* 1 Ounce; *Epidemial and Treacle-water*, each half an Ounce; *Crabs-Eyes*, *Bezoar Mineral*, each 1 Scruple; *Spirit of Salt Armoniac* 15 Drops; *London Laudanum* 2 Grains; *Syrup of the Juice of Erratic Poppy* 1 Ounce; *mix*.

The Communicator saith, it's (after due Bleedings) convenient in a Pleurisy, takes away the pricking Pain and short Cough. The Sick may take a Spoonful or two every Hour. But as to my own part, I advise no body to trust to Pleuritic Internals, so as to neglect, or be too sparing of Bleeding; for upon it depends Safety, and in a manner the whole Cure.

A Saline Mixture.

Take Penny-royal Water 6 Ounces; Salt of Tartar 2 Drams; mix.

Let it be taken by Spoonfuls in Broth, so as that the Stomach be continually imbued with it: Thus it's good to stop Vomiting. Taken a Mornings for some time, it lays a good Foundation for a Course of Steel in the Green-Sickness.

A Saponaceous Mixture.

Take fine Venice Soap scraped thin 1 Dram; mix with it Oil of Aniseed 3 Drops; add Syrup of Maiden-Hair 3 Ounces; Syrup of Hore-bound 1 Ounce; Penny-royal-water 2 Ounces; mix all according to Art, and strain.

It most effectually lubricates, attenuates, removes, stimulates, and expectorates from the Bottom, and inmost Recesses of the Lungs. Let 2 Spoonfuls be given often for tough Phlegm, *Orthopnœa*, and straining laborious Cough.

It's good also to provoke Urine, and bring away Gravel.

A Saturnine Mixture.

Take Spirit of Turpentine half an Ounce; Sugar of Saturn 1 Dram; Camphire 2 Scruples; mix.

In a *Gonorrhœa* (from turgescient Geniture) Impurity *nocturn.* and *Furor Uterine*, give from 15 to 30 Drops in an appropriate Vehicle.

A Scorbutic Mixture.

Take Horse-radish-water compound half an Ounce;

Ounce; Spirit of Scurvy-grass 3 Drams; Elixir Proprietatis tartariz'd 2 Drams; Spirit of Salt Armoniac 1 Dram; Oil of Juniper 46 Drops; mix.

This Aromatic, Volatile Mixture, is used with much Advantage by such Scorbutick Persons as are troubled with a Relaxation of the Ventricle, want of Appetite, ill Digestion; also Listlessness, Weariness of the Body, and Stupor or Resolution of the Members.

Let 30 Drops be taken, if it be to rectify the Stomach, an Hour before Dinner and Supper, and that in a small Quantity of a solid Vehicle. But if an Alteration of the Fluids in general, and of the Habit of the Body be intended, then in a pretty large liquid Vehicle, every Morning and Afternoon, fasting 2 Hours after.

A Mixture with Sperma Ceti.

Take Canary Wine, Linseed Oil, each 3 Ounces; Oil of Turpentine 10 Drops; Sperma Ceti, Crabs-Eyes, each half a Dram; white Sugar 3 Drams; mix artificially, and give it warm for one Dose.

It's profitable (after due Bleeding) for those that being hurt by a Fall, and bruise'd, have Blood extravasated, settled and coagulated.

A Stomachic Mixture.

Take strong Cinnamon-water 1 Ounce; Oil of Vitriol 1 Dram; Oil of Cloves 24 Drops; mix.

It excites Appetite, roborates the Stomach, takes off Nauseousness, stays Vomiting; and in a Word, performs all that can be expected from that operose Elixir of *Mynsicht*.

Let

Let 40 Drops (more or less) be given in a Glass of Canary upon an empty Stomach.

A Succinated Mixture.

Take Lisbon white Wine a Pint; Canary Wine, Radish-water compound, of each half a Pint; Salt of Amber, Salt of Harts-horn, Salt Prunel, Salt of Tartar, of each from half a Dram to a Dram; Oil of Turpentine 40 Drops; white Sugar an Ounce; Syrup of the 5 Roots 2 Ounces; Spirit of Scurvy-grass 160 Drops; mix.

To force *Diuresis*, give 4 Ounces Night and Morn; and to the Night Doses add (when needful) *Liquid Laudanum* 20 Drops.

A Sulphurate Mixture.

Take Syrup of Juice of Hounds-tongue 4 Ounces; Balsam of Sulphur anisated 80 Drops; mix.

It's for a Cough that troubles mostly a Nights, and proceeds from a thin, sharp Rheum. The Dose is a Spoonful Night and Morn.

A Tartareous Mixture.

Take Spirituous Cinnamon-water 6 Ounces; Oil of Tartar by Deliquium 3 Drams; Spirit of Salt Armoniac 90 Drops; mix.

Let it be taken by a Spoonful at a time in a bilious Colick after Purging, *Liquid Laudanum* being added, as the Case shall require.

A Terebinthine Mixture.

Take fine clear Venice Turpentine an Ounce; the Yolks of 2 Eggs; Oil of Aniseed 3 Drops; when they are well wrought together into an uniform Mass, add Syrup of Marsh-mallows, Malaga Wine, of each 6 Ounces; mix.

To

To provoke Urine, bring away Gravel, cleanse and cure Ulcers of the Kidneys and Bladder, give 3 Spoonfuls either with or without *Laudanum*, according as the Case shall require.

The Thebane Mixture.

Take Thebane Juice (or for want of it, London Laudanum) 12 Grains; dissolve it in black Cherry-water 12 Ounces, and rectify'd Spirit of Wine half an Ounce, add white Sugar half an Ounce; strain, and drop in Spirit of Salt Armoniac 36 Drops; mix.

It's for 6 or 9 Doses, the Glass being well shaken before it be poured out.

A Mixture for the Throat.

Take Seeds of Flea-wort and Quinces, each 1 Dram; decoct in Water half a Pint to 4 Ounces; to the strain'd Mucilage add one White of Egg well beaten; Damask Rose-water 2 Ounces; Syrup of Raspberries 1 Ounce and half; mix.

This is for Heat, dry Parchedness, Asperity and Soreness of the Throat. Let a Spoonful be taken after every time the Mouth is gargled.

A Volatile Mixture.

Take Balsamic Syrup 5 Ounces; Matthias his Spirit of Lavender, Spirit of Salt Armoniac, of each half an Ounce; Oil of Nutmeg 12 Drops; Oil of Cloves 6 Drops; mix.

'Tis Cephalic, Stomachic, Cardiac. Give a Spoonful (well shaken) in an agreeable Vehicle.

A Mixture for Child-bed Women.

Take Sperma Ceti one Dram; Peruvian Balsam

sam 10 Drops; Oil of Nutmeg 4 Drops; Oil of Aniseed 1 Drop; the Yolk of an Egg; white Sugar 3 Drams; beat them up together to an uniform Body, and then add Waters of black Cherry an Ounce and half; Mint, Penny-royal, Treacle, each an Ounce; of Cinnamon half an Ounce, Spirit of Salt Armoniac, Liquid Laudanum, of each 30 Drops; mix for 2 Doses.

An Hysteric Module.

Take *Assa Fætida* half a Dram; Castor, Camphire, each 1 Scruple; Oil of Amber half a Scruple; mix, and tie it up in a Rag, or piece of Silk.

Being often held to the Nose, it helps Vapours and Fits; for it represses the raging Spirits, drives them back from their wild Excursions and Exorbitancies, forces them into Order, and hinders them from running into Tumults and Convulsive Explosions.

An Acoustic Oil.

Take Oil of bitter Almonds 1 Dram; Oil of Nutmeg, Cummin, Marjoram, Petre, each 4 Drops; Civet 2 Grains; mix.

It hath the same Virtues with the *Acoustic Mixture*, but is more durable in the Ear.

A Cephalic Oil.

Take Balsam of Peru 1 Dram; Oil of Rosemary, Sage, Marjoram, Nutmegs, each 4 Drops; Camphire half a Dram; mix.

Outwardly used it warms, discusses, and roborates; and therefore is of Use for cold, catarrhus Affections of the Head, especially of the *Pericranium*.

A Pa-

A Paralytic Oil.

Take Oil of Amber, Saffaphras, each 1 Dram;
Oil of Rosemary, Pepper, each 1 Scruple; mix.

The Art and Skill to find out the Part primarily affected, must be learn'd from Anatomy, which shews the Origine and Insertion of the Nerves.

Thus, if the Face be resolved, and all the other Parts firm; then we are sure the Brain only is affected; and in that particular Place, whence the Nerves come into that Part.

If the Parts below the Head and Face also be hurt, then both the Brain and Spine are affected.

If the lower Parts suffer, and the Face escape free, then the Fault is in the Spine only.

If the Thighs and Legs be struck, the Cause is toward the lower end of the *Medulla Spinalis*, about the *Vertebræ* of the *Os Sacrum*.

If one Side of the Face, or Body suffer Resolution; then one Side of the Brain, or of the Spine, occasions it.

And thus in the rest, the original Cause is to be sought for, where those Nerves arise that run into the Paralytic Member. Thus *Riverius*.

I have known where the *Medulla Spinalis* hath been so hurt by a Fall, that all the Parts below the Hurt, lost not only Motion entirely; but also Sense to that degree, as not to feel Cutting or Burning any more than dead Bodies do.

Let it be rubbed hard with a warm Hand on the Part primarily affected; but it signifies not so much on the Member that suffers at second hand by Consent. See the *Paralytic Liniment*.

Oil of Rhubarb.

Take Oil of sweet Almonds and Rhubarb powder'd, each as much as you please; put it into a glazed Pot lain up; give it a warm Digestion for a Night's space, and then press out a golden colour'd Oil strongly in a Press, as you would do Oil of Almonds.

As I have heard, it's frequently in use at *Heidelberg*, for the Colic, Dysentery, and Worms: They give to a Child half an Ounce. Indeed I never used it; but because it's an odd Medicine, and has something singular in it, I would not omit it.

An Asthmatic Drymel.

Take Zedoary 1 Ounce; boil in Water 1 Quart to 1 Pint and half; in the strained Liquor, mix Gum Ammoniacum (first dissolv'd in Vinegar 4 Ounces) 1 Ounce; strain, and add Honey 4 Ounces; boil, scum, and strain it out.

This is the Experiment of Dr. Sir J. F. (a late Author) for Persons labouring under an *Orthopnæa* and *Asthma*. It attenuates tough Phlegm, clears out Obstructions of the Lungs, and maintains and fortifies their Tone. Let 3 Spoonfuls be given Night and Morn for some Months.

A Chalybeate Drymel.

Take Water half a Pint; Honey 1 Pound; boil at a gentle Fire to perfect Despumation; then having added Chalybeate Vinegar (after described) half a Pint; boil, till it acquire a due Consistence,

A Purgings

A Purging Pedtoral Drymel.

Take Raisins of the Sun stoned and cut small, Orris-root, each 1 Ounce; Elecampane, Calamus Aromaticus, each half an Ounce; Senna 2 Ounces; Agaric (tied up in a Rag) half an Ounce; white Horeboud, Savory, Hyssop, Ground-Ivy, each 1 Handful; Tobacco dried 1 Dram; Ginger 3 Drams; Spring-water 2 Pints and half; Vinegar half a Pint; boil away to 1 Quart, throwing in at last Aniseed 2 Drams; strain, and add Honey 1 Pint; boil it again to a fit Consistence, carefully scumming it.

It powerfully attenuates, removes and carries out thick slimy Phlegm, which sticking in the Stomach, Guts, Lungs, or Habit of the Body, and occasioning various Obstructions, produces an Œdematous, Catarrhus, Consumptive, or Paralytic *Diathefis*.

The Dose is 3 Ounces every, or each other Morning, as the Case calls for it.

An Drymel of Tobacco.

Take Tobacco Leaves (powder'd and tied up in a Rag) 1 Ounce and half; Agaric (likewise tied up) Liquorice, each 1 Ounce; Senna, Raisins of the Sun, each 2 Ounces; Vinegar 2 Quarts; boil in 2 Pints and half, adding, towards the last, Thyme, Hyssop, each 2 Handfuls; Aniseed half an Ounce; Cloves 3 Drams; having strain'd and clarify'd it, add Honey 1 Pint and half; and then boil it up to a due Consistence.

When you have Occasion to use it (saith Quercetan, who had composed a mighty operose Oxy-mel of Tobacco, of which this is an Epitome)

give *Cochlearia aliquot* some Spoonfuls, either alone, or with a Pectoral Water.

Truly this Medicament most excellently and strongly purges, exhausts, deterges, extirpates the *Saburra*, and *Eluvies* of depraved Humours out of the whole Body in general, and the Ventricle and *Thorax* in particular, and most accommodated, and specifically peculiar to Asthmatic People.

But in giving it, there's need of Caution and Distinction to increase or diminish, and nicely adjust the Dose, so as to fit the Age and Strength of the Sick.

Sometimes (because of the Tobacco) it provokes Vomiting; but then the other Purgers that are mix'd with Vinegar (which is itself a prime Corrector and Mollifyer) divert its Vehemence, by drawing it downward, and so render it a good and effectual Remedy for pituitous Maladies of the Ventricle and *Thorax*. Thus he.

A Paste for Aphthae.

Take new Butter just out of the Churn, unsalted (and washed in Rosewater) 1 Ounce and half; Liquorice Powder 1 Dram and half; white Sugar-candy powdered, and passed through a Searce, as much as serves to make it up like Paste; mix.

Let a little Pellet of this be put into the Mouth to dissolve by degrees: It's good against the Thrush, Parchedness, Heat, and Roughness of the Tongue, Foulness in the Mouth and Throat, Wheezing, and painful Breathing. It may also be put up the Nose when stopped and sore.

Gallic Paste.

Take Bole 1 Ounce; burnt Alum, burnt Crust of Bread, powdered Tiles, Porcelane Ware, each 2 Drams; clarify'd Honey as much as is sufficient to give the Consistence of Paste; beat all up together.

This is used in *France*, to cleanse, scour, and whiten the Teeth, and take off Filth, the *Lapis Dentalis*, and all manner of Inquinations and ill Smells. Every Morning put a little on a fine Woollen Rag, and rub the Teeth with it. But the Teeth especially, rather than the Gums, are to be rubbed; for frequent and hard rubbing the Gums will wear and waste them away.

Pellets for the Teeth.

Take Asa Fætida 8 Grains; Camphire, Dragons-blood, each 1 Grain; Oil of Pepper 2 Drops; mix.

It's to stop a hollow Tooth; 'twill oftentimes ease the most sharp Pains, and prevent their Return.

Pessaries.

Take powdered Myrrh 2 Drams; black Hellebore (or Savine Tops) Oil of Aniseed, of each half a Dram; (to which may be added, if need be, some Grains of Musk or Civet) with Yolk of Egg reduce it to the Form of an Unguent, with which anoint Pieces of Gentian-root, cut for the Purpose.

Sylvius useth a Radish-root only.

Alexiterial Pills.

Take powder'd Virginia Snake-root 1 Dram
Y 3
and

and half; *Camphire*, *Salt of Amber*, each half a *Dram*; thin *Diascordium* as much as needful; beat it up into a *Mass*, and make every *Scruple* into 4 *Pills*.

Amber Pills.

Take *Ambergrise* 2 *Grains*; *Musk*, *Salt of Harts-horn*, each 1 *Grain*; *Opium* 3 *Grains*; *Balsam of Peru* as much as sufficient; bring it into 3 *Pills* for 3 *Doses*; but be sure beat it well, that the *Opium* may be well divided.

These are serviceable against a *Singultus*. But when this Symptom happens in continual and malignant Fevers, we must be very wary how we give *Opium*. See the *Musk Julep*.

Ettmuller observes, that sometimes ancient People are apt to grievous Pains in the Stomach; in which case (as also in other *Cardialgias*, with Prostration of Spirits) these kind of Pills are excellent.

Most *Hysteric Women*, and many *Hypochondriac Men*, cannot away with the Smell of *Musk*; for their Animal Spirits being of too fine and rare a Texture, are greatly agitated with such strong Odours; and so running into inordinate Motions, easily produce Spasms in the *Plexus Nervosi*, and internal *Viscera*. See *Solenander's Pills*.

Antemetic Pills.

Take powdered *Mint* 2 *Drams*; *Wormwood* 2 *Scruples*; *Balaustines* 1 *Scruple*; *Oil of Cinnamon* 2 *Drops*; *Diascordium* (or *Venice Treacle*) 1 *Dram*; reduce into a *Pilulary Mass* with *Syrup of Quinces*.

Pills Antiphthific.

Take Saturnine Sugar 1 Dram; Vitriol of Mars half a Dram; Dragons-blood in Drops, a Dram and half; Copayba as much as sufficient for a Mass; out of which make 48 Pills for 12 Doses.

See Antiphthific Tincture.

Arthritic Pills.

Take powder'd Ground-pine 6 Drams; Ens Veneris 2 Drams; make it up into Pills with Venice Turpentine, for 16 Doses.

They assist Nature in the Business of Chylification and Sanguification, brace up the relaxed Fibres to a due tonic Tension, break and subdue tumultuous, fermenting Salts, and turn them out by Urine.

Let the Patient swallow a Dose Mornings and Afternoons, and drink upon them the edulcorating Decoction, Decoction of Woods, or the Sacred, according as the Case and Constitution shall make most eligible.

Asthmatic Pills.

Take Gum Ammoniac strain'd 1 Dram; Saffron, Salt of Harts-horn, Salt of Amber, Flower of Benjamin, of each half a Dram; Oil of Rosemary 6 Drops; Balsamic Syrup as much as needful; make up 48 Pills.

The Dose is 3 Pills 3 times a Day.

Astringent Pills.

Take true fine Bole, Dragons-blood in Tears, red Coral, Amber, Mastich, Astringent Crocus

of Mars, each 1 Dram; Oil of Cinnamon, Nutmeg, each 6 Drops; make all into an Alcohol, and then with Turpentine, a Pilulary Mass, out of every Scruple of which form 3 Pills, and dust them with Powder of Dragons-blood.

They exsiccate, absorb, edulcorate, stop up, astringe, and roborate; they restrain a *Diarrhœa* and *Dysentery*, stanch Spitting, Vomiting, and Pissing of Blood, Overflowing of the *Menses*, Flooding in Child-birth, give Ease in a *Lumbago*, when it proceeds from either great Loss of Blood, or *Fluor Albus*.

Three may be given twice, or oftener, a Day, till the Indication be satisfied.

Balsamic Pills.

Take *Millepedes* prepared 3 Drams; Gum *Ammoniac* strained (with Spirit of Wine) 1 Dram and half; Flowers of Benjamin 1 Dram; Saffron, Balsam of Peru, each 15 Grains; Balsam of Sulphur, enough to embody it into a Mass fit for Pills.

These are excellent and most approv'd Pills in a chronic, scrophulous, consumptive Cough, where the Glands and Passages of the Lungs are stuffed up with Slime and Phlegm, and where we may conjecture that Tubercles are a growing.

Let 3 be taken thrice a Day, together with an appropriate Decoction.

Pills with Bees.

Take powder'd Bees, Rhubarb, of each 2 Drams; Oil of Aniseed 6 Drops; Venice Turpentine, as much as expedient; make all up into Pills of a commodious Size.

To

To force away Urine and Sand, give a Scruple twice a Day.

Bennet Pills.

Take of the very finest Aloes half an Ounce; Senna 2 Drams; Asa-Fætida, Galbanum, Myrrh, each 1 Dram; Vitriol of Mars 6 Drams; Saffron, Mace, each half a Dram; Oil of Amber 40 Drops; Syrup of Mugwort sufficient to beat it up with into a Mass of Pills for 40 Doses.

They exalt and brisk up the depauperated, vapid, heavy Blood, attenuate and purge off muddy settling Humours, open and stimulate the Vessels and Fibres of the *Uterus*, when daub'd up with Slime, and unfitted for their Functions. They are properly Women's Physic, and a truly experimented, and scarce failing Remedy, for such Obstructions of the *Menses*, as (tho' they are inveterate) are yet curable: And have moreover this good Property, that Women mostly bear them well enough, notwithstanding they purge, because they repel Vapours and Hysteric Fits.

Let one Scruple be given either every, or every other Night, for some Weeks, according to the Judgment of the Physician.

Black Pills.

Take powder'd Elecampane, Orris, Aniseed, Sugar-candy, each 1 Dram; Liquid Pitch 2 Drams, or as much as is sufficient; make it into 72 Pills.

They attenuate, incide, warm, are admirable, and approved by good Experience, to bring off crude, tough Phlegm, sticking in the Throat
and

and Chest; and to restore a tonic Vigour to the Lungs. But where there's a Defluxion of thin Rheum, or a Catarrhal Fever, they are not to be used. The Dose is six, Evening and Morning.

Cachectic Pills.

Take fine pick'd Ammoniacum in Drops, pure Aloes, each 6 Drams; Steel prepared with Sulphur 5 Drams; Oil of Cloves and Anise, each 10 Drops; Spirit of Wine (or Elixir Proprietatis tartariz'd) sufficient to reduce it to a Mass.

These are taken out of the *Lewwaerden* Dispensatory; and as the *Bennet* Pills are more especially appropriate to Women, so are these to Men, because they do not so directly respect Hysteric Vapours. But yet, being hotter than those, they more strongly exagitate and exalt the Blood, open Obstructions as well, recover the lost Tone of the Fibres, exonerate the Habit of the Body, and mend its *Crafsis*. They are to be given in the same Dose and Manner with the *Bennet* Pills.

I am not ignorant that the everlasting famous *Sydenham* holds, Cathartics are to be forborn all the while Chalybeates are taken, because the Virtue of the Chalybeate is infringed by the Cathartic; and when the main Thing aim'd at is, that the System of the Spirits be reintegrated, repair'd and confirm'd. All that is built by Steel in eight Days Space, is ruin'd and flung down in one by a Purge, tho' never so mild a one. And it's no doubt at all to him, but that the giving now and then a Purge, during the Course of the Chalybeate Mineral Waters, renders them much the more ineffectual.

But

But on the contrary, I have very often observ'd Effects happy enough from Chalybeates and Cathartics join'd together: And all Practical Books and Bills on the Apothecaries Files (till perhaps of late) are full of it. To solve this Difficulty, I judge we ought to distinguish thus.

If when we give Steel, we have but this one Intention only, *viz.* to exalt the *Crafsis* of the depress'd Blood, and consequently corroborate the System of the Spirits, then I hold with *Sydenham*, that we ought wholly to abstain from Cathartics.

But put the Case, that together with the Exaltation of the Blood and Spirits, there are also Obstructions to be removed, and muddy Settlements to be carried off; then Cathartics, assisted with Chalybeates operate best, and with united Forces, do their Business to purpose. And that this is right, we have the constant Practice of all our former Physicians to vote for it; and certain and undoubted Experience hath seldom failed to confirm it.

And as to our Author himself, it's evident he is not always, and in all Cases, against a little Purging: For he saith (*Proces. integr. p. 10.*) if Steel heat the Body too much, let two Quarts of the Mineral Purging Waters be taken every fourth Day, during the whole Course; for they will purge, and not disturb.

Camphorate Pills.

Take powder'd Liquorice, Sugar, Camphire, each 2 Scruples; with Venice Turpentine, make it up into Pills.

Carmin-

Carminative Pills.

Take Gum Ammoniacum strain'd 2 Scruples; Myrrh, Amber, Mastick, each 1 Scruple; Olibanum, Saffron, Castor, each half a Scruple; Salt of Mars (calcin'd to Whiteness) half a Dram; Oil of Nutmeg 8 Drops; Elixir Proprietatis as much as is sufficient; make it into 40 Pills.

This is Sylvius his Prescript, and excellently compos'd to attenuate and scour off Phlegm, smearing and oppressing the Ventricle and Intestines, exciting Pain, Wind, and a thousand Mischiefs.

Things that discuss Wind are not at all different from such as incide Phlegm, saith *Riverius*, and very rightly: For Wind is generated by the Conquassation of Phlegm, after the manner as we see Whites of Eggs beat up, and whisk'd, till it stand all in Froth and little Airy Bubbles. Those Things therefore that correct the Viscidity of Phlegm, slay the very Parent of Wind, and so prevent its Birth.

Where the Stomach and Intestines are weak and relaxed, and cold, perhaps they may not be able to dissolve and cast off the clammy Gum sticking like Pitch to them; whence may arise Nausea, Sickishness, Distress, and Anguish: In that Case it's convenient to attempt their Relief by giving Butter, Oil, Spirit of Wine, Yolk of Eggs, Salt of Tartar, or Soap, and after gently purge them.

Let 5 Pills be given twice a Day upon an empty Stomach.

Pills

Pills with Castor.

Take Castor 2 Scruples; Salt of Harts-horn, Salt of Amber, of each 1 Scruple; Balsam of Peru 16 Drops; make all up into Pills with Diascordium.

They are very friendly to Hysterical Women; and may be made chalybeate, by adding to every Dose three Grains of Vitriol of Mars.

I admire what came into Zwelfer's Head, when (*Pharmac. Reg. Clas. 6. p. 546.*) he thus deliver'd himself, "Experience testifies, that "Castor being smelt to is good for Hysterical Women: But taken inwardly is hurtful. "Therefore they do ill to give that from which "we never yet saw any good Success."

Perhaps he might meet with some body that could not bear Fetids; Or some ill Accident might unluckily happen upon giving of it; which was not occasioned by the Medicine, but by some odd obscure Turn of the Disease. But he should have consider'd, that one Observation is not enough to establish an Aphorism upon.

Catarrh Pills.

Take Pil. Ruffi 1 Scruple; Storax Pills 6 Grains; Oil of Aniseed 1 Drop; make it up into 5 Pills.

They hinder the Transudation of *Lympha*, attemperate acrid, vellicating *Serum*, blunt the Sense of Irritation, stop a Cough, procure Sleep, and the next Day very gently carry off the Matter by Stool.

But in Catarrhs, all strong Cathartics are to be religiously avoided, forasmuch as they not
only

only debilitate Nature, but also (by acuating and exagitating the Blood) augment the Colliquation, and raise the Fever.

Let them be taken at Night, without any Observance the next Day, and be repeated each, or each other Night.

Catholic Pills.

Take Pill. Cochiae the greater, 1 Dram; Ruydus's Extract 2 Scruples; Rosin of Jalap 1 Scruple; Oil of Aniseed 2 Drops; with Balsam of Peru, made all up into 20 Pills for 4 Doses.

They purge well and briskly. Take 'em very early in the Morning in Bed, and sleep an Hour after them.

Cephalic Pills.

Take Pill Fætid 15 Grains, Rosin of Jalap, Castor, Salt of Amber, each 5 Grains; Oil of Amber 2 Drops; Spirit of Lavender compound as much as sufficient to make all up into 5 Pills.

There's a common Opinion, which takes with most, that Pills are more proper than Potions for purging the Head; and the Reason is given, because they lying longer in the Stomach before they dissolve, irritate longer, and consequently draw Humours more forcibly from the Head and remote Parts.

These are of a middle Operation, neither weak nor strong, and are extraordinarily agreeable, where Persons, obnoxious to the Head-ach, Paralytic, Soporose, Convulsive, or Hysteric Affections, have need of Purging.

Swallow two at Bed-time, and the other three the next Morning, keeping within Doors that Day, but without any great Observance.

Chaly:

Chalybeate Pills.

Take Salt of Steel 1 Dram; Steel prepared with Sulphur, exactly levigated, Virginia Snake-root, of each 2 Drams; Cloves, Mace, Myrrh, Saffron, Aloes, of each half a Dram; Oil of Nutmeg 10 Drops; Oil of Aniseed 5 Drops; Honey as much as sufficient: Beat up, and make of the Mass 75 Pills, for 15 Doses.

These are fit for cold Stomachs and Constitutions.

Chalybeate Balsamic Pills.

Take Vitriol of Mars 1 Dram; Gum of Guaiacum, fine Aloes, of each 2 Drams; Scammony, Gum Ammoniac, of each half a Dram; Peruvian Balsam as much as requisite; make all into 60 Pills, 5 of which may be a Dose.

Chalybeate Foetid Pills.

Take Vitriol of Mars half a Dram; Galbanum 1 Scruple; Asa-fetida half a Scruple; Myrrh, Castor, of each 15 Grains; powder'd Zedoary (Virginia Snake-root, or Peruvian Bark, according to the Design of the Physician) a Dram and half; Extract of Gentian (or of Rue, or Venice Treacle) 2 Drams; Oil of Amber 4 Drops; Syrup of Piony as much as useful to make up a Mass, whereof form 60 Pills, for 12 Doses.

1. Purging Chalybeate Pills.

Take Ruffus's Pill 1 Scruple; Vitriol of Mars 5 Grains; make it up into 5 Pills with Balsam of Peru.

Purgings

2. Purging Chalybeate Pills.

Take Gum Ammoniac (strain'd with Rhenish Wine) 2 Ounces; Vitriol of Mars (calcin'd to a little Redness) half an Ounce; Scammony sulphurated 10 Drams; Oil of Mint 12 Drops; Syrup of Buckthorn as much as sufficient to make all up into a Mass.

They are good in Hypochondriac Melancholy, Cachexy, and pertinacious Obstructions.

The Dose is from 5 Grains to 1 Scruple; for when Cathartics are join'd to Chalybeates, a small Dose is best.

Chalybeate Volatile Pills.

Take Vitriol of Mars, Saffron, of each 2 Scruples; Myrrh 2 Drams; Salt of Harts-horn, Salt of Amber, of each 16 Grains; Peruvian Balsam 8 Drops; Oil of Nutmeg 4 Drops; Oil of Cinnamon, Cloves, Rosemary, and Origanum, of each 1 Drop; with Balsamic Syrup make up 80 Pills for 16 Doses.

Cinnabar Pills.

Take Native Cinnabar reduced into an Alcohol, Human Cranium, each 2 Drams; Castor, Salt of Amber, each 1 Dram; make all into an exquisite fine Powder; to which add Oil of Marjoram 12 Drops; Balsam of Peru 1 Dram; Syrup of Piony as much as sufficient; beat up in a Mortar into a Pilulary Mass.

It's against an Epilepsy and Convulsion Fits, for 24 Doses.

This Prescript is in Compliance with the Custom of Practice; but for my own part, I declare

clare I abominate it: For I take Man's Skull to be not only a mere dry Bone, void of Virtue, or any manner of Effect, but also a nasty, mortify'd, putrid, carrionish Piece of our own Species, Man: And to take it inwardly, seems such a horrible, execrable Fact, that even the *Anthropophagi* would shiver at it: And therefore, in my Opinion, 'twould be decent, and almost pious, to carry them all out of the Shops, and

Ossa sepulchrali contumulare domo.

Cochineal Pills.

Take Cochineal 2 Drams; Saffron 1 Dram; with Honey bring it to a Mass for Pills.

They are Alexipharmac, and may be properly prescrib'd in malignant Fevers, especially such as are accompanied with a Symptomatic *Diarrhæa*.

Colic Pills.

Take Pills è duobus half a Dram; Calomel half a Scruple; Oil of Amber 2 Drops; London Laudanum 2 Grains; Diacodium as much as useful to make 5 Pills.

All Purgings (and even Glysters) are found hurtful in an Hysteric Colic. But in a Bilious Colic, when a cruel Pain is fix'd in one Place (especially the Ventricle and upper Intestines) and the Belly is absolutely shut up, and no Glyster may be injected, because of the Spasms drawing up the Intestines: Then these Pills come in as a seasonable Aid, for they first appease the Pain and dissolve the Spasm, and after, strongly stimulate and turn downwards the Peristaltic Motion, and exterminate the morbose Matter.

But if it chance (as it often doth) that they fail of their Business the first time, then use Carminative Fomentations, and repeat the Pills again, that the Operation may follow; for as soon as ever they make their Way through the Intestines (and not before) the Spasm, together with the Main of the Distemper, is broken, and goes off.

Crato's Pills.

Take Cubebs, Nutmeg, Cloves, Mastick, Calamint, each 1 Dram; Ambergrise half a Dram; Musk 6 Grains; with Juice of Marjoram, make Pills.

To prevent an Apoplexy, give 1 Scruple Night and Morn every New and Full Moon.

Diachalcite Pills.

Take Roch Alum calcined 12 Grains; white Vitriol 8 Grains; with Venice Turpentine make up 12 Pills, for 6 Doses.

These are to put a Stop to Flooding, and too great Fluxes of the *Menses*, and must be given with Judgment, according as the present Case requireth: For general Rules are too large to fit particular Cases.

When we visit an Author, we are not obliged to put off our Senses, and leave them at his Door, and afterwards swallow all he treats us with, without Taste or Thought. *Schroder* is a very good Author; he presents us with what he calls *Clossæus* his Diuretic Pills, made only of white Vitriol and Turpentine. Now I suspect, neither *Closs* nor he ever experimented them, because they prescribe such a monstrous Dose as
2 Drams,

2 Drams, and say they will not vomit. Nay, I am persuaded, they never so much as made them up, because their Expression is *non fit sine labore*; whereas the mixing of them hath no Difficulty nor Labour in it.

Many like Instances might be found; but this seems sufficient to evince the Folly and Mischief of implicit Faith, and the Use and Necessity of Reasoning, wherever there is Room for it.

Wedelius hath something remarkable (*Amœnit. lib. 2. Sect. 2. Cap. 16.*) I have known some who successfully used white Vitriol, giving at least 1 Grain a Day for many Days together; which being not enough to cause Vomiting, raised a gentle Sort of Salivation, by exciting a Nauseousness.

Diaphoretic Pills.

Take Virginia Snake-root 1 Dram and half; Saffron, Camphire, Salt of Amber, each half a Scruple; make all into a subtle Powder, of which with the thin Part of Diascordium, make up 30 Pills.

Some have a great Aversion to Powders and Bolus's, especially if bitter, who yet can swallow Pills well enough; and these Pills are composed for the Use of such, and design'd against such Fevers as are suspected of Malignity: As for the Manner and Reason of their Operation, turn back to the Decoction called *Sacrum*.

Let 5 be given every 3, 4, or 6 Hours, as the Occasion requires, in a fit Vehicle.

1. Diuretic Pills.

Take powder'd Bees 2 Drams; Salt Prunel
Z 2 1 Dram;

1 Dram; Salt of Amber, Mustard-seed, each half a Dram; Oil of Aniseed 12 Drops; Venice Turpentine sufficient to make all up into Pills for 12 Doses.

They liquify the *Campages* of the Blood, deterge the Glands and interior Recesses of the Body, stimulate the Reins, scour out *Mucus* and Sand, and powerfully provoke Urine.

Moreover, given at Night, they egregiously assist the *Tunbridge* Water Drinkers, whensoever the Waters (either by reason of pituitose Obstructions, or the Sluggishness of the propelling Fibres) remain in the Habit of the Body, and pass not off, as they ought to do.

But as to Water-drinking, young Practisers must observe, that there are two Cases in which such acrid Medicines as this are in no wise convenient.

First, When the Waters stagnate in the Habit of the Body, because of some Feverish *Intemperies* or acrid *Diathefis* of the Blood; which, by troubling the Spirits, and irritating the Fibres, contract and crisp up the *Tubuli*, and shut up the little Passages. And in this Case, Bleeding, Laxatives, Refrigerants, Liniments and Demulcents, come in opportunely.

Secondly, When the Waters are stopt, not in the Habit of the Body, but in the Ventricle itself, and first Passages, and are felt as an oppressive Fulness and Weight; for then Diuretics are not indicated, but Aromatics, Carminatives, warm Stomachics, and such Things as heat and comfort, and revive the Function of Expulsion, and Cathartics. This Reason persuades, and Experience teaches.

2. Diuretic Pills.

Take Egg-shells calcin'd half a Dram; Camphire 1 Scruple; Cantharides half a Scruple; Venice Turpentine sufficient to form out of it 9 Pills.

Of all Things that we know, *Cantharides* most powerfully provoke Urine, and that (it's thought) by means of their Plenty of Volatile Sulphur, and acrious Caustic Salts, which being liquable in the *Serum*, and carried into the Reins and Bladder, sometimes stimulates, pricks, and erodes to that degree, as to cause grievous Strangury, and bloody Urine.

Some have set their Philosophy at work about this, and said, *Cantharides* are full of fine sharp Prickles, and these make abundance of little Wounds, and consequently the said Pains. But this seems unlikely, for as much as if you grind and mix them with oleose viscid Things, which are likely to break off, and sheathe up those Points; yet they will still produce the same Effect, which the fine Thinker may consider of.

Of the internal Use of *Cantharides*, see Dr. Groenvelt. Let 3 be swallow'd every 3 Hours.

Pills of Dragons Blood.

Take fine Dragons Blood in Drops 2 Drams and half; Sugar of Saturn, crude Rock Alum, of each 14 Grains; with Venice Turpentine beat up, and make 48 Pills.

These are notably Styptic. The Dose 4.

Dysenteric Pills.

Take true Bole powder'd 2 Drams; Oil of
Z 3
Paper

Paper 4 Drops; Galbanum strain'd, as much as will make it into a pilular Mass. I suppose there will be need of some Syrup to bring it to a Body.

A certain Outlandish Physician communicated this Prescript to me, and protested upon his Word, he had ample Experience of their Virtues when he was in the Army in *Ireland*. And it seems to me, that Bole may retund the Acrimony, and stop the Afflux of Humours: And then *Galbanum*, and Oil of Paper, may appease the dolorific Corrugations of the Intestines. The Dose is one Scruple.

Ecphrastic Pills.

Take Stomach Pills with Gum, Aloephagine Pills, powdered Rhubarb, Gum of Guaiacum, Salt of Steel, each 4 Scruples; Salt of Wormwood, Extract of Gentian, each 2 Scruples; Elixir of Propriety as much as needs to make up a Mass for 16 Doses.

They have the same Virtues with the *Ecphrastic Mixture*, and *Cachectic Pills*, which see. Let them be taken either every, or each other Night, for a Month together.

Emmenagogue Pills.

Take Venetian Borace, Myrrh, each 45 Grains; Birthwort-root, Saffron, each 15 Grains; Oil of Penny-royal, Savine, Cloves, each 2 Drops; with Syrup of the 5 opening Roots make 24 Pills, for 6 Doses.

The Title tells their Design. Let them be given (after the *Bennet Pills* have been used) about the Menstruous Time, when Nature is slothful, and wants Stimulation, twice a Day.

Expec-

Expectorating Pills.

Take Gum Ammoniac strain'd (or rather the fine Grains of it picked out) Millepedes, each 1 Dram and half; Castor, Flower of Benjamin, Salt of Amber, each half a Dram; Camphire, Saffron, each 15 Grains; with Balsam of Sulphur beat it up into a Mass, and form 5 Pills out of every Scruple.

Pills for Fainting.

Take Musk 6 Grains; Cinnamon, Nutmeg,
each 1 Scruple; Cloves, Saffron, each half a
Scruple; make it up for 3 Doses of Pills, with
Confection of Alkermes.

They inspire the Spirits, that have their Station about the Stomach, with fresh Vigour; and an exulting Undulation thence arising, the whole System, that was sunk before and fallen, becomes roused up and recruited.

Febrifuge Pills.

Take powder'd Chamomil-flowers 2 Drams and half; Diaphoretic Antimony 1 Dram; Salt of Wormwood half a Dram; with Mucilage of Gum Tragacanth, make up Pills for 12 Doses.

I have known these more than once (tho' not always I confess) put off an Intermitting Fever (without a Relapse) when I had before attempted it in vain, with the *Cortex*. Let them be taken every three Hours in the Absence of the Paroxysm.

Pills for a Fluor.

Take Calomel 2 Drams; Saturnine Sugar 1
Z 4 Dram;

Dram; Camphire, Starch, of each half a Dram; with Balsam of Capive make 36 Pills, for 12 Doses.

Against a *Gonorrhœa* and *Fluor Albus*.

Garlic Pills.

Take Juice of Garlic half an Ounce; Gum Ammoniac one Dram and half; Millepedes prepared 1 Dram; Saffron 1 Scruple; Flowers of Benjamin half a Scruple; Oil of Aniseed 4 Drops; Elecampane Powder, as much as serves to give it a Pilular Consistence; mix.

They most powerfully incide, attenuate, and expectorate.

Gentian Pills.

Take powder'd Gentian, 2 Drams; Salt of Wormwood 2 Scruples; Extract of Gentian 1 Dram; Syrup of dried Roses as much as needs; mix.

They are levelled against Intermitting Fevers, and Weakness of Stomach.

Gilead Pills.

Take white Sugar-candy powder'd and searced 2 Drams; the cold Species of Gum Tragacanth 1 Dram; Balsam of Tolu 2 Scruples; Flower of Benjamin 1 Scruple; bring these to a fine Powder, and with Balm of Gilead beat it up into Pills for 12 Doses.

They are a commodious Prescript for such as are in danger of falling into a Consumption, are troubled with a chronical Pain of the Side, and an old dry Cough: For they correct the Acrimony of the owzing Serum, expedite Pulmonary

nary Infractions, discuss crude Tubercles, establish the Tone of the *Fibrillæ*, and heal up the Ruptures of the minute Vessels. They are to be given Night and Morn with a suitable Vehicle.

Guaiacum Pills.

Take Gum of Guaiacum, Aloes, each one Dram and half; Balsam of Peru enough to make them up; mix.

The Manuscript, out of which I fetched them, will needs have it, that the Aloes in this Mixture loses all its Bitterness. I think it a fine Pill for cold Distempers of the Stomach, and I fancy it much for Prevention of the Gout. The Dose is half a Dram before Supper.

Hæmoptoic Pills.

Take powder'd Harts-tongue Leaves, as much as you please, and make it up into Pills with Balm of Gilead.

The Physician that communicated these, assured me they were very effectual against Spitting of Blood, and sufficiently experimented. The Dose is one Scruple thrice a Day.

Halosanthine Pills.

Take Sperma Ceti 1 Dram; white Sugar-candy 2 Drams; grind these very well together in a Mortar; and then with a warm Pestle beat all up into a Mass with Balsamic Syrup.

These are serviceable for such as are bruised, and for Lying-in Women. The Dose may be half a Dram, or a Dram.

Hydra-

Hydragogue Pills.

Take Gamboge powder'd 12 Grains; Oil of Juniper 2 Drops; Mithridate as much as suffices, and make them up into Pills for one Dose.

These Pills commonly begin their Operation on those that are not used to 'em with something of Qualms and sick Fits, and two or three Vomits: But after a few Doses taken, they leave their Vomiting Quality, and purge only downwards; and they work so strongly and fast, that I have often wondered to see them bring off 12 or 15 great watery Stools, and the whole Operation, from the Time of taking, performed in two Hours space.

Though the fashionable Opinion of late runs, that there is no such thing in Nature as Elective Purgation, and no Cathartic respects one Humour more than another, yet irrefragable Experience proves to the very Senses, that these Pills draw off especially and specifically watery Humours; yea, so watery that sometimes the Stools are very little tinged. And therefore in an *Anasarca* (where the Bowels are sound) one would bless himself to see how much Good they do, as also in *Œdematous Swellings*, and running Ulcers.

They also very strangely put a Stop to those Sweats which are owing (not to the *Crisis* of a Fever, but) to a Plenty of *Serum*, and Fusion of the Blood: And I know nothing else in all the *Materia Medica* that will do the like.

Note, They are proper Physic for Persons of a cold, moist Constitution, but are pernicious to those of a hot and dry Temperament.

Concerning

Concerning the Manner of purging Dropfical People, fee the *Purging Hydropic Potion*, hereafter described.

Hysteric Pills.

Take Galbanum strain'd, Asa Fætida, Myrrh, each 1 Dram; Castor, Camphire, Salt of Amber, each half a Scruple; Oil of Amber 4 Drops; Balsam of Peru as much as needs, and so beat them up. Note, if the Galbanum be of a soft Consistence, there will be no need of the Balsam.

They seem to exert their Force, by driving the exorbitant and deserting Spirits into their proper Station and Ranks, which is more largely explain'd under the Title of *Hysteric Fulep*.

If they chance to purge (which in some Bodies that are easily moved, they will do, because of the Gums) they must be forborn, for vaporous Persons cannot bear purging.

Let one Scruple be exhibited for a Dose with the *Hysteric Pearl Fulep*.

N. B. If two Scruples of *Salt of Steel* be added, they are called *Hysteric Chalybeate Pills*.

Japanic Pills.

Take Japanic Earth powder'd 2 Drams; Oil of Cinnamon 4 Drops; Syrup of dried Roses sufficient to make a Mass of Pills.

They notably corrugate and astringe, mend the Laxity of the Stomach, and Slipperiness of the Intestines, stop Vomiting, repress a *Diarrhæa*, and stanch inward Bleedings, especially bloody Urine. *Laudanum* may be added as the Case shall call for it. The Dose is one Scruple thrice a Day.

Anticleric Pills.

Take Cream of Tartar, Cochineal, each half a Dram; Venetian Soap 2 Drams; beat these up into Pills. Or instead of Cochineal may be used Barbadoes Indigo.

I have experimented these, and recommend them for an excellent Anticleric. Let half a Dram be given thrice a Day till the Disease be conquered, which will be in a short time, unless some almost invincible Tumour, or Obstruction in the Liver, or Gall-Passages, hinder.

Pills of Crude Mercury.

Take crude Mercury, cleansed well, 6 Drams; Turbith 2 Drams and half; Aloes, Rhubarb, Coliquintida, Diagrydium, Agaric, each 2 Drams; Hermodactyls, Myrrh, Mithridate, each 1 Dram and half; Musk, Ambergrise, each 15 Grains; Leaves of Gold 12; Venice Turpentine 1 Ounce and half; make up a Mass of Pills, with Syrup of Lemons as much as sufficient, according to Art.

Mercury *vive* for medical Use had need be purged and separated from the Saturnine, Antimonial, Bismuthine, or Arsenical Concretions that adhere to it: And is done several Ways.

1. By working it well in your Hands with the Crumb of hot Bread, so will it deposite its Plumbage.

2. By squeezing and straining it through *Chamois* Leather.

3. By washing it with Spirit of Wine.

4. By first rubbing it well in a Glass Mortar with Vinegar and Salt; then washing it with
hot

hot Water; and at last, clearing it off with Spirit of Wine.

5. By distilling it out of an earthen Retort; with an equal Weight of *Salt of Tartar*, and *Calx vive*; and repeating the Process three or four times.

6. But the very best Way of all seems to be by reviving it out of Cinnabar, Sublimate, Precipitate or an *Amalgama*.

To prove whether Mercury be pure, hold a little of it in a Silver Spoon over a Chafing-dish of hot Coals, till it fly off in Smoak; if then it leave any kind of Substance that will not evaporate, or a black or dark Spot in the Spoon, it is adulterated; but if it leave nothing behind it but a white or yellowish Spot, you may believe it fine and good.

The Dose is from half a Scruple to two Scruples.

Pills of Mercury Dulcis.

Take powder'd Mercury Dulcis half a Scruple; Rudius's Extract 15 Grains; Resin of Jalap 5 Grains; Oil of Cloves 1 Drop; Syrup of Roses enough to make 5 Pills.

Taken in the Morning, they work very well, and may be given wheresoever a Load of Phlegm burdens the Intestines; slimy Matter settles in the Habit of the Body; muriatic Salt causeth the Scurvy; acrid Juices make painful Ulcers; filthy *Ichor* blemishes the Skin; and where there are Worms.

I make a doubt whether it's proper to prescribe *Salt of Tartar* (or any *Lixivial Salt*) together with *Mercury Dulcis*; for seeing *Subli-*
mate

mate (of which *Dulcis* is made) is *Mercury* coagulated with an Acid, if the *Lixivial Salt* break the Acid, perhaps the Compost may be dissolved, and the *Mercury* let loose thereby.

Ettmuller hath a remarkable Passage (in *Ludovic. Tit. 4. Pag. 1077.*) *Mercury Dulcis* is an admirable Thing to prevent the Small-Pox. He gives to a Child of 5 Years old *Mercury Dulcis* 5 Grains, *Powder of Jalap* 1 Grain, (which seems an inconsiderable Dose) *made up into a Bolus with Conserve of Roses*. I have often (saith he) admired the Effect of it for this Purpose; and from this Prospect have constantly ordered it in the beginning of the Small-Pox, as the very best of Laxatives, forasmuch as it is the genuine Corrector of that Disease.

Myrrh Pills.

Take Myrrh 1 Dram; *Saffron* 1 Scruple; *Balsam of Peru* half a Scruple; *Yolk of Egg* as much as sufficient to bring all into a Mass.

They are Pectoral, Stomachic, Alexiterial and Emmenagogue. The Dose is 2 Scruples.

Nephritic Pills.

Take Millepedes, Crude Salt Armoniac, Venetian Soap, each 2 Drams; *Gum of Ivy* 1 Dram and half; *Saffron* half a Dram; *Oil of Juniper* 16 Drops; *make all up into Pills with Venice Turpentine*.

A certain Physician in great Vogue and Practice used very much, and set a great Value upon these Pills, to expel Urine, *Mucus*, Gravel and Sand. Hitherto may be referred what was above said of *Diuretic Pills*. Dose half a Dram.

Oli-

Olibanum Pills.

Take Olibanum powdered and searced, 4 Scruples; Salt of Harts-horn 1 Scruple; with Yolk of Egg, make a Mass.

These are commodiously and to good Purpose prescribed for flatulent, flying, pinching Pains in the Side, and Stitches, with Difficulty of Breathing, no Fever or Inflammation present: As also in the Pleurisy itself, after due Bleeding. But the trusting to Specifics in a Pleurisy, to the Neglect of Bleeding, hath been (I fear) the Death of many a one. Let this be a Caution to the young Practitioner. The Dose is half a Dram three times a Day, with the *Pleuritic Decoction*.

Pectoral Pills.

Take powdered Elecampane, Orris, Liquorice, each 1 Scruple; Saffron, Flower of Benjamin, each half a Scruple; white Sugar-candy 2 Scruples; make it up into a Mass with Balsam of Sulphur anisated.

They open, cleanse, and free the Chest and Lungs when stuffed up and clogg'd with heavy Phlegm; are extraordinary convenient in a wheezing Cough, with difficult short Breath, and Consumption itself, whilst yet in its first Stage, and before the Hectic Fever begins to burn. The Dose is half a Dram thrice a Day.

Pleuritic Pills.

Take Goats-blood prepared 1 Dram and half; Volatile Salt of Salt Armoniac (or of Harts-horn) Salt of Amber, Camphire, each half a Scruple; with Venice Turpentine make a Mass.

They

They answer the same Intentions with the *Tar Pills* (after described;) moreover they seem useful for those that are bruised, for they dissolve coagulated Gore, and carry off by Urine. The Dose is 1 Scruple every four or six Hours.

Polychrest Pills.

Take lucid Aloes, Scammony prepared, each 3 Drams; Troches of Albandal, 2 Drams; Mastich, Saffron, each 45 Grains.

Let the Aloes, Mastich, and Scammony, be powder'd severally, and brought into a Mass with Spirit of Wine, and then mix the other Powders with it.

It's borrow'd from the *Leuwaerden Pharmacopœia*, purges strongly, and is to be given in the Morning from 15 to 25 Grains, or half a Dram.

Poterius's Pills.

Take Flower of Sulphur, Liquorice, white Sugar-candy, each 1 Dram; Balsam of Sulphur enough to reduce it into a Mass.

They correct, edulcorate, temper, incrassate, and make fit to be spit forth, thin, sharp, hot Rheum, which falling upon the *Larynx*, or into the Lungs, tickles and causes a troublesome Cough.

For Sulphur is called the Balsam of the Lungs; and nothing stops a Catarrh so much as Sulphur and Sulphurate Things. *Wallæus* saith, upon the Use of Sulphur, the Spittle that is coughed up will be globous, as we see any moist Mass is converted into Rotundity by Heat.

Sennertus

Sennertus asserts, That Sulphurate Medicines are not convenient for Women with Child, for fear of Miscarriage. And *Ettmuller* upon *Scroder* (p. 928.) saith, Sulphur and Myrrh suffice (without any more) in a hard Labour, and expel a dead Birth, and Secundines. And for this reason Women with Child had need be very cautious how they take Sulphur. But I cannot tell whether Fancy or Experience produced this Caution.

It's wonderful what *Ettmuller* avers (*Vol. I. p. 717. b*) that a Balsam of Sulphur is prepared with Spirit of Turpentine so egregiously penetrative, that, if a few Drops be rubb'd upon the pulsing Part of the Wrist, a while after the Urine will smell Sulphureous.

Resinous Pills.

Take common Rosin, Sugar of Saturn, of each a Dram; Camphire, Balsam Capive, of each half a Dram; Oil of Turpentine 12 Drops; with Yolk of Egg make 48 Pills.

These are good against Heat of Urine, white Fluor, and Gonorrhœa. The Dose from a Scruple to half a Dram.

Tho' Pills for a Fluor, and these Resinous, are said to be good in the same Maladies; yet are they very different in their Nature and Use, and prove safe and effectual only in the Hands of a skilful Physician. Such therefore as are not qualify'd to make a Judgment of Medicines, and their Powers; and also why, to whom, when, and how they are respectively applicable, according as particular Persons and Cases admit and require, should not be so presumptuous as

to practise upon the Body of Man, from Herbals, Books of Prescripts, and Virtues there set down.

Rhubarb Pills.

Take good Rhubarb powdered 1 Dram; Gum of Guaiacum 2 Scruples; Salt of Amber 1 Scruple; Oil of Aniseed 6 Drops; with Venice Turpentine make up 30 Pills; of which give 5 at Bed-time.

Saffron Pills.

Take Extract of Saffron 16 Grains; Flower of Benjamin 24 Grains; Spanish Juice of Liquorice 2 Scruples and half; Oil of Aniseed 2 Drops; make with Elixir of Propriety 12 Pills.

The Virtue of these is carried (by the Vehicle of the Blood) into the Lungs themselves; and there, partly by tempering the Acrimony of the *Lympha*, and hindering its Transudation, partly by attenuating gross, and removing stagnant Phlegm, and partly also by irritating the Membranes of the *Bronchia*, and invigorating their Tone, they potently succour the Lungs when stuffed up and oppressed.

Take a Pill 3 times a Day, and sup up after it some appropriate Draught.

Salt Gem Pills.

Take powder'd Rue, long Pepper, Salt Gem, Camphire, Balsam of Peru, each half a Dram; Oil of Cummin 4 Drops; Diacodium sufficient to make it into Pills.

These are good in a Colic.

Saline Pills.

Take Salt of Wormwood 2 Scruples; Oil of Aniseed,

Aniseed, Cloves, and Amber, each one Drop; with Venice Turpentine make 8 Pills for 4 Doses.

These may also be made up with thick Mucilage: But must be kept very dry; otherwise they will dissolve.

They are against Vomiting, Wind, and Belching.

Salt of Steel Pills, the greater.

Take Salt of Steel, Gum Ammoniac, each half a Dram; Zedoary, Extract of Gentian, each 2 Drams; with Syrup of the five Roots make a Mass, and out of it 60 Pills.

The Dose is 6, twice a Day.

Salt of Steel Pills, the less.

Take powdered Salt of Steel 2 Drams; Galbanum strain'd, as much as needful, and a little Syrup of the five Roots; all which beat up into Pills for 24 Doses.

I have sometimes brought *Salt of Steel* into Pills with only Honey. It may also be done with *Mucilage of Gum Tragacanth*; and then one single Pill may suffice for a Dose, and be not very ungrateful to the most nice, or nauseous Palate.

Pills called Santae.

Take Gum of Lignum Sanctum, Rosin of the same Wood, of each a Dram and half; chymical Oil of the same Wood 1 Scruple; with Balsam of Peru make a Mass for Pills.

They are a singular Balsamic, prevent and correct Putrefaction, cause Sweat, do very well in the first Stage of a Consumption, in Spurious

Arthritic Affections, and in the Venereal Distemper. To some People they are a little Purg-
ing.

The Patient may take, at Bed-time, half a Dram, and drink after a Draught of the *Sanctum Decoction*.

Saturnine Pills.

Take Sugar of Saturn, Camphire, of each 2 Drams; Calomel half an Ounce; with Venice Turpentine make 120 Pills.

Against a *Gonorrhœa*, and white Fluor. The Dose 5. But let the Tools be never so good, none but an Artist will make good Work.

Scammony Pills.

Take powder'd Jalap-root, Scammony prepared, Calomel, each half a Scruple; Oil of Carraway 1 Drop; Honey enough to make 5 Pills.

They are almost of the same Virtues with Pills of Mercury Dulcis.

Pills against Scrophulæ.

Take Spunge calcined 1 Dram; Cuttle-bone half a Dram; Sugar of Saturn 24 Grains; Camphire 6 Grains; with Venice Turpentine make 30 Pills.

The Dose is 5.

Smegmatic Pills.

Take Venetian Soap 2 Drams; Oil of Aniseed 8 Drops; beat them up together, and make 24 Pills.

They singularly cleanse the Passages of the Reins and Ureters, and are egregiously prevalent against a Dysury and Jaundice.

The

The Dose is 6; after which, let a Draught be taken of Tincture of Saffron 1 Dram, made in white Wine 1 Pint.

Solenander's Pills.

Take Musk 8 Grains; Dragons-blood, white Sugar, each 1 Scruple; make all up with Balm of Gilead into Pills, for 4 Doses.

These are conducive for such as are troubled with Vomiting, Hiccough, Faintings; and sometimes, also, Mother Fits.

The Smell of Musk and Civet makes Hypochondriac and Hysterical Persons swoon away, but when they are taken in Substance, they are so far from being injurious to them, that they most effectually stop and restrain Hysterical Fits, saith *Ettmuller*.

Now, I conceive, they are most especially agreeable, not where the Spirits are furiously exploded, upon the Account of their Plenty and Turgescence, but where they fall into Confusion, and are put out of Array, because of their Want and Weakness: For Musk exagitates the Blood after a potent Manner, and mightily refreshes the Spirits.

And *Sennertus* adviseth, that if, upon a Wound received into the Cavity of the *Thorax*, the Blood floweth not out, but remaineth in the Breast, the Patient should hold a Grain or two of Musk in his Mouth; and that (saith he) will cause the Blood to run out, and this some keep as a Secret.

I have observed sometimes, that where *Fætidæ* have been very disagreeable, there perfumed

were grateful, and beneficial; and have brought Strength, and Vigour, and Composedness.

1. Splenetic Pills.

Take Spikenard 1 Dram; Asa-Fœtida, Ens Veneris, each half a Dram; Oil of Amber 8 Drops; with Balsam of Peru; reduce them into a Mass, and form 4 Pills out of every Scruple.

2. Splenetic Pills.

Take Ens Veneris 4 Scruples; Saffron, long Pepper, Virginia Snake-root, Spikenard, each 1 Scruple; Galbanum 4 Scruples; with Tincture of Myrrh, make 72 Pills.

These are much hotter than the former, and so are fitter for a cold lumpish Constitution.

Stomach Pills.

Take powder'd Cinnamon, Mace, Nutmeg, each 1 Scruple; Cloves, long Pepper, Balauſtines, each half a Scruple; Extract of Gentian 1 Dram and half; Elixir of Propriety, as much as will reduce them into a fit Mass, whereof roll up large Pills; that they may remain, and be the longer a dissolving in the Stomach.

They warm, comfort, and strengthen the Stomach, discuss Wind, restore lost Appetite, take away Loathing of Meat, assist Concoction, and stop Vomiting.

He that helps a weak Stomach with hot Things, must leave them off again as soon as ever he perceives the Urine grow high colour'd, saith *Wallæus*. But, I suppose, this is rather spoken of vinous Spirits, than Aromatics and Bitters.

Stomach

Stomach Pills with Ammoniac.

Take Gum Ammoniac strain'd, Aloes, each 1 Dram; Myrrh, Senna, Saffron, each half a Dram; Oxytel of Squills, as much as will bring it into a convenient Consistence.

There may be added, according to the Intention of the Prescriber, *Salt of Steel, Oil of Juniper, Anise, Carraway, Wormwood, Mint, Cloves, &c.*

The Dose a Scruple at Bed-time.

Stomachic Pills Purgings.

Take Ruffus's Pill 1 Scruple; Resin of Jalap, Salt of Wormwood, each 5 Grains; Oil of Wormwood, Mint, each 1 Drop; with Elixir of Propriety tartariz'd, make 5 Pills.

They not only incide, scour off, and benignly purge out viscid Phlegm sticking to the Folds and *Villæ* of the Stomach, and occasioning a thousand Mischiefs, but also warm and roborate the Stomach into the Bargain.

Let two be taken over Night, and the other three the next Morning.

Styptic Pills.

Take Astringent Saffron of Mars 2 Scruples; Sugar of Lead, Camphire, each 16 Grains; Oil of Amber 1 Drop; make up into 24 Pills with Venice Turpentine, for 6 Doses.

These are against immoderate Flux of the *Menses*, or *Lochia*.

Sulphur Pills.

Take Mastich half a Dram; Balsam of Sulphur

phur anisated a Dram and half; Yolk of Egg 2 Drams; Liquorice Powder as much as sufficient; make all up into a Pilular Mass.

They are for Distempers of the Breast.

Sylvius's Pills.

Take Gum Ammoniac strain'd 2 Scruples; Vitriol of Mars (gently calcin'd to Whiteness) 1 Scruple; Myrrh, Castor, each 15 Grains; Saffron half a Scruple; Troches of Albandal 1 Dram; Resin of Jalap, Scammony prepared, each 1 Scruple; Oil of Fennel 5 Drops; Elixir of Propriety, as much as sufficient, to make the Mass into 50 Pills.

They are mainly serviceable to cut viscid Phlegm, discuss Wind occasioned thereby, and kindly purge it off. I have used these often, and esteem them much.

Let the Patient take three, or more, at Bed-time; or he may take five in the Morning, or as many as shall be found agreeable to his Constitution, so as to evacuate vicious Humours gently and benignly.

Tar Pills.

Take hard shining Wood Soot 1 Dram and half; Salt of Harts-horn half a Dram; Tar as much as you want to bring it into a fit Mass.

They melt down fizy Blood, discharge Obstructions caused thereby, restore the circular Course through the Part affected, refresh the sinking Spirits, and promote Expectoration. Therefore they are given in Pleurifies (after due Bleeding) with good Advantage, to 1 Scruple every fourth Hour.

Testa-

Testaceous Pills.

*Take Egg-shells newly calcined 1 Dram
Cream of Tartar, Salt Prunel, of each 18
Grains; Salt of Tartar, Salt of Amber, of each
12 Grains; Oil of Aniseed 3 Drops; with Ve-
nice Turpentine make Pills for 6 Doses.*

They powerfully provoke Urine, and are good in Intermitting Fevers.

Colutane Pills.

*Take Balsam of Tolu powder'd 1 Dram; Gum
of Guaiacum 2 Drams; Flower of Benjamin,
Balsam of Peru, of each half a Dram; Oil of
Juniper 8 Drops; with Yolk of Egg make up
60 Pills for 12 Doses.*

Turmeric Pills.

*Take powder'd Turmeric Root 1 Dram; Saf-
fron 18 Grains; Volatile Salt of Salt Armoniac,
Salt of Amber, of each half a Dram; long Pep-
per 12 Grains; Venice Treacle a Dram and
half; Oil of Rosemary 4 Drops; Spirit of La-
vender compound half a Dram; with Syrup of
the five Roots, beat up a Mass for Pills.*

They are of Use in an ill Habit of Body, Jaundice, Obstruction of the Liver, and Spleen. The Dose from a Scruple to half a Dram, and may well be joined with a Chalybeate.

Turpentine Pills.

*Take Venice Turpentine (cocted in Plantain-
water to a due Consistence) half an Ounce; Am-
ber, Dragons-blood, Bole, each half a Dram;
make Pills.*

They are Styptic and Restricting.

Uo-

Volatile Pills.

Take Salt of Harts-horn, Salt of Amber, of each 1 Scruple; Crum of white Bread newly baked 2 Scruples; Oil of Lavender 4 Drops; with Balsamic Syrup make all up into 20 Pills for 4 Doses.

They extimulate the Spirits, open obstructed Nerves, and are serviceable in Soporose, Paralytic, and Hyfteric Maladies.

Volatile Oleose Pills.

Take Oil of Rosemary, Lavender, Nutmeg, of each 10 Drops; of Cinnamon 2 Drops; Peruvian Balsam 16 Drops; Salt of Wormwood, Volatile Salt of Salt Armoniac, of each 16 Grains; Yolk of Egg 1 Dram; with powdered Gentian as much as suffices; make 5 Pills out of every Scruple, for a Dose.

These strengthen the Fibres of the Stomach, when Paralytically or otherwise weak; incide viscous Phlegm; deterge the *Crusta Villosa*; discuss *Flatus*; appease Vomiting; help Digestion; and are of excellent Advantage where the Head suffers, by Sympathy, from a cold infirm Stomach.

The Womens Pills.

Take powder'd Savine, Dittany of Crete, each 1 Dram; Myrrh, Galbanum, Gum Ammoniac, Castor, each 2 Drams; make all into a Mass with Syrup of Mugwort.

These are forcible to bring the necessary Pains in Child-birth, to expel the After-birth when left behind, and increase the Cleansings. But
let

let nothing be over-done: As soon as ever Mat-
ters answer, and the Intention is satisfy'd, you
must hold your Hand, and give no more: And
always remember this necessary Rule, never to
give any Forcers, where the Child lieth not right
for a Birth. The Dose is 1 Scruple, or half a
Dram.

Pellow Pills.

Take Resin of Jalap 1 Dram; Oil of Juniper 6 Drops; Saffron 8 Grains; Myrrh 12 Grains; with Yolk of Egg make up 16 Pills for 4 Doses.

1. Plaister against Abortion.

Take Plaister for Ruptures 1 Ounce; Cerate of Sanders, Countesses Unguent, each 3 Drams; Oil of Myrtle 3 Drams and half; Wax half an Ounce; to these (when melted) adding the following Powder, viz. Dragons-blood, Mastick, Bole, Galls, Bistort-root, each half a Dram; Amber, red Coral, Nutmeg, each 2 Scruples; at last cast in Cyprus Turpentine, as much as needful to make it into an Emplastick Mass.

Let it be worn upon the Region of the Loins, to prevent Miscarriage.

My Opinion is, That Bole, Coral, Plaister of Paris, and the like, in Plaisters, do no Good, upon the Score of their being properly Astringents; for they touch nothing but the outward Part where they lie; and (having nothing of Volatile Steams) send no Medicinal *Effluvia* inward. But they make the Composition to be of a more compact Body, and as 'twere better Mortar, to stick and cleave faster on: For
Astringent

Astringent Plaisters (as I judge) do nothing at all but adhere strongly, and compress the *Cutis*; and, like a Bandage, constringe the Fibres, and so give the Part, as 'twere, an artificial Tone, and new Strength; and all this, without heating, or discussing, or sitting uneasy on the Parts, as Bandages are apt to do.

2. Plaister against Abortion.

Take Plaister for Ruptures (or Cæsar's) Diapalma, each 1 Ounce; Cyprus Turpentine half an Ounce; make it into 2 Plaisters, one for the Back, the other for the Belly.

Aloetic Plaister.

Take powder'd Aloes 2 Drams; chymical Oil of Wormwood 8 Drops; with Bullocks Gall reduce it to a right Emplastick Consistence, which, when spread upon Leather, lay to the Navel.

This is used against Worms.

An Anodyne Plaister.

Take Red Lead Plaister 4 Ounces; Oil of Lillies half an Ounce; Venice Turpentine 2 Drams; Opium, Camphire, Sugar of Lead, each 2 Scruples; mix.

It refrigerates, and to a Wonder appeases Pains and Tortures; yea sometimes (laid to the Back) even Nephritic Pains.

Although a little Opium taken inwardly can so affect the Spirits, as to stop their Activity, and thereby stupify Pain; yet I must confess, I have a secret Doubt with my self, whether outwardly applied, it be Anodyne: For it abounds with a fiery volatile Salt, and strong fetid Sulphur,

phur, is inflammable, bitter, acrid, and so very hot, that perhaps it's in the highest degree of Discutients, and almost a Caustic. And so it seems but ill suited for an Anodyne, whose Business is to cool the Fervour that Pain raised in the Part, to afford a benign Moisture to dilute and temper the Acrimony of irritating Salts, and supple and mollify the tense, distorted, and convulsed nervous *Fibrillæ*: So that the solid Parts returning to their due Laxity, Temper, and Position, the Liquids may freely flow again through them, as Nature appointed.

An Apoplectic Plaister.

Take Galbanum, Opopanax, Pellitory of Spain, Mustard-seed, long Pepper, Castor, each 1 Dram and half; or as much as sufficeth; adding Oil of Amber 1 Scruple; mix.

Shave the Head, and apply it all over in soporose Distempers, not occasioned by a Fever, and in a Palsy.

An Armoniac Plaister.

Take Volatile Salt of Salt Armoniac (just made Liquid with Water) 2 Drams; Venice Turpentine 6 Drams; mingle by degrees in a Mortar.

It's like the Volatile Plaister; and is good for Weakness of the nervous Fibres, and in Pains that lie deep.

An Arthritic Plaister.

Take Gum Elemi, Colophonia, Burgundy Pitch, each 2 Ounces; powder'd red Lead, Mastick, Oliba-

Olibanum, Bole, each 2 Drams; Oil of Petre, Spike, Anise, each 1 Dram and half; mix.

It obtunds sharp gnawing Pains, attenuates thick obstructing Humours, and calls them out through Pores: Also it gently relaxes spasmodic, dolorific Tensions of the *Fibrillæ*; and at the same time wonderfully comforts and corroborates the Nerves and Joints.

A Plaister of Balaustines.

Take Galbanum strain'd a Dram and half; powder'd Mastick 3 Drams; Venice Turpentine half a Dram; hard Pitch 2 Scruples; work them together in a warm Mortar, adding expressed Oil of Mace 15 Grains; powder'd Balaustines 45 Grains; bring all to a Plaister artificially.

This elegant Salve mightily corroborates, and comforts the Head, Stomach, *Abdomen*, and *Uterus*.

A Balsamic Plaister.

Take Diapalma 2 Ounces; Cyprus Turpentine, yellow Wax, each half an Ounce; melt these together, and add Oil of Nutmeg 16 Drops; powder'd Balsam of Tolu 1 Ounce; mix.

Lay it to the Back for Pain and Weakness, and *Fluor Albus*. If it cause a troublesome Itching, it must be pull'd off for a few Days, till its volatile Parts are a little flown off, and then put on again.

A Carminative Plaister.

Take fine Turpentine 1 Dram; Volatile Salt of Salt Armoniac 2 Scruples; Camphire one Scruple;

Scruple; Chymical Oil of Cummin 16 Drops; these, when mixed together, are to be incorporated with the following.

Take Plaister of Cummin (or of Bay-berries) half an Ounce; common Rosin 1 Dram; yellow Wax half a Dram; melt these together at the Fire; and when the Mass is growing cool and thickish, unite the abovesaid with it.

It attenuates and discusses viscid Humours, impacted in, and oppressing any Member; comforts weak nervous Fibres; restores their tonic Tension, and helps in Joint Aches.

A Cephalic Plaister.

Take Plaister of Betony half an Ounce; Carranna, Tacamahacca, each 3 Drams; powder'd Balsam of Tolu 2 Scruples; Balsam of Peru (or Capive) 1 Scruple; mix.

It warms and roborates the Head, is accounted good in a cold Head-Ach, Giddiness, Nightmare, Epilepsy, Palsy, Deafness; and useth to be prescribed for Convulsive and Soporose Affections.

A Dorsale Plaister.

Take Rupture Plaister, Diapalma, each as much as you please, and melt them together.

It's for Pain and Weakness of the Back, and *Fluor Albus*. Applications are made to the Loins in these Cases, not because the Kidneys are there situated, but because the Arteries that bring the Blood to the *Pudenda* issue out of the *Aorta* at this Place: And also because of the relaxed Muscles and Ligaments of the same Part.

If you have a mind to take off a Plaister that sticks very hard, hold near it an hot Fire-shovel: or apply over it Stupes dipped into hot Water, and wrung out dry: And when it is a little melted you may loosen, and draw it off with one Hand; and all along as it cleaves off, keep it oiled with the other.

An Epispassic Plaister.

Take white Pitch 8 Ounces; Venice Turpentine, Cantharides finely powder'd and searced, each 2 Ounces and half; mix.

Among the many Receipts every where about for Blistering Plaisters, I account this far the best; for it doth its Business in 10 or 12 Hours, and never fails: And then (for which I think it valuable) 'tis of so right a Consistence, and so adhesive a Nature, that (if an Artist have the managing of it) it brings off all the Skin with it clear at once.

Epispassics are proper for such as are pituitose, of a cold Constitution, and abounding with *Serum*. They may be applied at the very first Attack of Fevers, by way of Prevention, to secure the Head from ill Symptoms: As also in its Augmentation, State or Declension, by way of Cure, when the Spirits, being struck with Sleepiness, Vertigo, grievous Head-ach, Convulsions, and the like dolorous and dangerous Affections, require a particular Regard.

But in very hot Constitutions, where there is not much *Serum*, and the Blood is adust; also in such Fevers as are accompanied with intolerable parching dry Heat, Restlessness, and Phrensy, Epispassics seem not so agreeable. Neither
are

are they allowable for Women great with Child, for such as have the Stone, or are apt to Sharpness of Urine.

Dr. Baynard (of *Cold Baths*, Part. 2. p. 199.) saith, Intemperate and Over-Blistering hath destroyed many Men (especially upon a *Crisis*) by altering the Juices, disturbing Secretions, mixing venomous *Effluvia* with the Blood, acuating the Pulse, bringing the Strangury; and they act so according to the Nature of the Devil, that he believes old *Belzebub*, that Prince of Flies, to be nothing else but a great Cantharid.

Euphorbium Plaster.

Take Burgundy Pitch 2 Drams; Venice Turpentine, *Asa-fetida*, of each 1 Dram; Euphorbium, Grains of Paradise, Camphire, of each half a Dram; Volatile Salt of Salt Armoniac 1 Scruple; Oil of Amber half a Scruple; make all up for Plaisters for the Soles of the Feet.

They promise Assistance in Fevers that occasion Head-ach and soporose Affections.

Farinaceous Plaster.

Take powder'd Frankincense 1 Ounce; the Yolks of 8 Eggs; Barley Meal as much as 'twill bear to come to a just Consistence; mix.

This for Weakness and Pain at Back, and is not over-heating.

A Febrific Plaster.

Prick a Piece of white Leather all over with the sharp Point of a Knife; straw upon it powder'd Frankincense, melt it with a hot Spatula, and then over that spread Turpentine.

Let it be worn upon the Navel till it grow dry, and fall off of itself.

A Plaister for the Feet.

Take Cephalic Plaister 3 Drams; hard Pitch 2 Drams; powder'd Euphorbium 2 Scruples; Camphire and Oil of Amber, each 1 Scruple; mix.

It's useful and necessary in such Fevers as are accompanied with Head-ach, Doziness, Watchings, Phrenzy, &c. forasmuch as the estuating Blood is then circulated unequally, and more impetuously thrown up into the Head than the lower Parts: Concerning which, see *Lotion for the Feet*.

A Frankincense Plaister.

Take Frankincense 2 Drams; Tacamahacca 1 Dram; Saffron powder'd half a Scruple; Venice Turpentine sufficient; mix.

'Tis a very lightly, neat Plaister, and is to be put on the Wrists in Fevers.

A Plaister with Hiera.

Take Aloes, Myrrh, each 1 Dram; Species of Hiera, Venice Treacle, each half a Dram; Chymical Oil of Wormwood 4 Drops; Ox-Gall 1 Scruple; Honey as much as sufficient.

Lay it to Children's Bellies against Worms.

An Hydropic Plaister.

Take the Soap Plaister 2 Ounces; Oil of Aniseed, Petroleum, each half a Dram; mix.

It attenuates, removes, and carries out, by *Diaphoresis*, the *Lympha*, which is collected and

and coagulated in the Habit of the Body: But as to the Water shed out into the Cavity of the *Abdomen*, it signifies nothing at all. Lay it all over the Belly.

An Icteric Plaister.

Take powder'd Saffron 2 Drams; make a Plaister of it with Honey, which spread upon a piece of Leather, and lay it so as to cover the Region of the Liver and Navel.

It was the Experiment of an eminent Physician, for small Children affected with the *Icterus*, who can take little.

An Ischiatic Plaister.

Take white Pitch 2 Ounces; Galbanum 1 Ounce; Sulphur vive 2 Drams; Amber 1 Dram; Hermodactyls, Orris-root, Cummin-seed, Chamomil-flowers, each half a Dram; make it up into a Mass with Petroleum.

It attenuates gross, and sweetens saline, acrid Juices; it roborates the nervous Parts, and qualifies Arthritic Pains without Repulsion.

A Lateral Plaister.

Take Cummin Plaister 1 Ounce; Camphire 1 Scruple; Oil of Aniseed 16 Drops; mix.

It penetrates, attenuates, discusses, and dissipates Flatulencies, eases Pains, and takes away Stitches.

A Plaister for the Loins.

Take Vigo's Plaister of red Lead 2 Ounces; Diapalma (prepared with Oil of Roses instead of Hog's Lard) 1 Ounce and half; Caranna

(dissolved in Vinegar of Roses, and strained) half an Ounce; Bole, sealed Earth, Mastick, each 4 Scruples; Cyprus Turpentine 1 Ounce; mix.

It hinders the Afflux of Humours, and repels; withal it's friendly to the nervous Parts, comforting and corroborating them. And it eases Pains in the Back.

A Plaister with Marjoram.

Take white Pitch half an Ounce; powdered Marjoram half a Dram; Euphorbium 1 Scruple; mix.

It's to be laid behind the Ears, or in the Nape of the Neck, for a Catarrh, Tooth-ach, and Head-ach.

Mastick Plaister compound.

Take Mastick, Gum Juniper, Nutmeg, Cloves, each 1 Scruple; Laudanum 6 Drams; work it with a hot Pestle and Mortar, with a sufficient Quantity of Oil of Mastick, into a Plaister.

Lay it all over the Top of the Head, to restore Heat and Tone to the *Pericranium*, when having suffered Prejudice by cold Air, or ill Humours, it is weak and relaxed: For it stops the Stream of the Rheumatic *Colluvies*, which hath its Fountain there: And so it's convenient in a Cephalalgia from a cold Cause, Dentalgia, Tumour of the Tonfils, Inflammation of the *Uvula*, Asperity of the *Gula*, &c. See the *Cephalic Liniment*.

A Plaister with Mercury.

Take Hemlock Plaister with Gum Ammoniac 3 Drams; Diachylon with Gums 2 Drams; strained

strained Galbanum, Venice Turpentine, Crude Mercury, of each a Dram; Balsam of Sulphur half a Dram; mix up all according to Rules of Art.

It resolveth hard Tumours, and helpeth for internal Pains that lie deep.

A Nephritic Plaister.

Take powder'd Opium 2 Drams; soft Soap 1 Ounce; Oil of Juniper half a Dram; mix, and lay it to the Region of the Reins.

Whether Opium externally used be Anodyne, or not, one may lawfully doubt, as before said of *Anodyne Plaister*.

A Ruchale Plaister.

Take white Pitch 2 Drams and half; strain'd Galbanum, Venice Turpentine, of each half a Dram; Mustard-seed, black Pepper, Volatile Salt of Salt Armoniac (ground with Oil of Origanum 2 Drops) of each half a Scruple; mix.

It hath the Virtues of the Marjoram Plaister, yet with some Variety, which one that can look into the inside of Medicines may easily perceive.

A Pectoral Plaister.

Take Tacamahacca strained half an Ounce; Venice Turpentine 2 Drams; melt together, and add powder'd Benjamin, Storax Calamite, each 1 Dram; Saffron half a Scruple; Oil of Aniseed 8 Drops; Oil of Nutmeg, Cloves, each 4 Drops; mix artificially.

It warms, attenuates, discusses, roborates, comforts the Thoracic Muscles, when clogged

up and hindered in their Motion by a tough, cold, Phlegmatic, or Lymphatic *Colluvies*; and is then especially of Use, when the Violence of Coughing hath made the Breast sore and tender, and painful.

A Plaister with Pellitory.

Take Galbanum colated, Sagapenum, Ammoniacum (dissolved in white Wine, and strained) each 1 Ounce; powder'd Pellitory of Spain, Mustard-seed, each half an Ounce; Wax 1 Ounce and half; Venice Turpentine a sufficient Quantity; mix.

It warms, deobstructs, and roborates the nervous Parts, stimulates the sluggish Animal Spirits, and puts them into Motion. It's great Use is, for Paralytic Members. It's a Sinapism, or Phœnigm, which the Ancients used much, and might be serviceable yet, if rationally applied.

A Pleuritic Plaister.

Take Stictic of Paracelsus, Soap Plaister, each 1 Ounce; Poplar Ointment 1 Ounce and half; melt them over a gentle Fire, continually stirring with a Spatula; then take off, and when it begins to grow coldish add Camphire in Powder 3 Drams; and make it up into a soft Plaister.

The Communicator saith, it's very Anodyne, appeases Pleuritic and Podagric Pains, dissipates Inflammatory Tumours, and the Quinsy, without any danger of Repercussion.

A Quinsy Plaister.

Take Diachylon simple 3 Drams; Chymical Oil of Wormwood 18 Drops; mix.

Lay

Lay it to the Throat, from Ear to Ear, but trust to no inward nor outward Remedies, without good Bleeding.

A Robozating Plaister.

Take Magistral Stomach Plaister three Drams; Oxycroceum (rightly made up, with its due of Saffron) 2 Drams; Gum Caranna, Tacamahacca, of each 1 Dram; powdered Balsam of Tolu 2 Scruples; Balsam of Peru 1 Scruple; Oil of Cinnamon, Cloves, Nutmeg, of each 2 Drops; Oil of Mint, Wormwood, of each 1 Drop; mix all with Art.

You'll scarce find out so noble a Plaister as this to comfort the Stomach, or any cold weak Part. Its only Fault is, 'tis something costly.

A Spinale Plaister.

Take Diapalma half an Ounce; Oxycroceum 2 Drams; Oil of Amber 12 Drops; mix.

'Tis excellent in Pain and Weakness of the Back, where 'tis not too hot, and in Obstructions of the Spinal Marrow. Let it be laid to the Back-bone of Rickety Children, all along from the Nape to the Os Sacrum.

I. Splenetic Plaister.

Take Plaister of Cummin, Melilot compound, Gum Tacamahacca, each 2 Drams; Plaister of Hemlock, with Ammoniac, Balsam of Peru, each 1 Dram; mix.

It returns into the Channel of Circulation, atrabilarious Feculencies collected, and stagnating in the *Hypochondria*: And also quiets and

composes the Corrugations, Tensions, and spasmodic Affections of the Fibres.

2. Splenetic Plaister.

Take Plaister of Cummin 3 Drams; Oxycroceum, Tacamahacca strain'd, each 1 Dram and half; Oil of Sassafras 3 Drops; mix.

1. Stomach Plaister compound.

Take Magistral Stomach Plaister half an Ounce; Tacamahacca colated 2 Drams; melt, and then add powder'd Balsam of Tolu one Dram; Dragons-blood, Balsam of Peru, each half a Dram; Oil of Nutmeg, Cloves, each 2 Drops; Oil of Aniseed 1 Drop; mix.

It warms and helps Concoction, represses Queasiness and Vomiting, frees the Stomach of Crudity and Flatulency, and remedieth its Laxity, Imbecillity and Distension.

2. Stomach Plaister compound.

Take Tacamahacca colated 7 Drams; powdered Mint, Balaustines, each half a Dram; Oil of Cloves, Nutmeg, Anise, Amber, each 2 Drops; mix.

The Left Orifice of the Ventricle is tied to the *Diaphragm*, about the 11th *Vertebra* of the *Thorax*, and inclineth toward the hinder Parts. Hence Doctor *Higmore* argues, that in Debility of Stomach, it's of most Advantage to lay the Stomach Plaister to the Back; which Thing also *Riverius* (*de Appetitu Canino*) noteth: And *Bartholine*, in his *Anatomy de Ventriculo*, p. 68.

A Plaister for the Temples.

Take Caranna 1 Dram; spread it upon a fitting piece of Leather, and put in the middle of it Opium 2 Grains; Oil of Amber 4 Drops.

It's an Anodyne; applied to the Temples, it hath Power against Restlessness and Head-ach: Behind the Ears, it takes away Pain of the Teeth.

Two Twigs of the external Carotid Artery running under the Ear, and entring into the inferior *Maxilla*, are disseminated thro' all its length into the Roots of every Tooth, to carry Blood for their Nourishment. In these Vessels, acrid Humours (together with the Blood) pass to the Teeth, and gnaw and vellicate the exquisitely sensible Membrane, that coats their interior *Medulla*, and are the Cause of the intolerable shooting, twinging Pain. And from this Origine of the Arteries that run to the Teeth, it is, that Remedies behind the Ears are found more successful in the Tooth-ach, than at the Temples, saith the same *Highbmore*.

The Vapour Plaister.

Take strained Galbanum 3 Drams; Asa Fætida, yellow Wax, of each 2 Drams; Camphire (malaxed with Oil of Amber 8 Drops) half a Dram; Castor, Salt of Harts-horn, of each 15 Grains; make all up duly into an Emplastick Mass.

A Volatile Plaister.

*Take fine Venice Turpentine 1 Ounce; work it with a Pestle and Mortar, pouring in by little
and*

and little, Spirit of Salt Armoniac, till it hath taken up its own Weight of it; labour it very well, till it unite into a white Emplastic Body.

It sticks on very tenaciously; penetrates deep; adds Warmth to the Part, Strength to the *Fibrillæ*, and Briskness to the Spirits. It opens the carneous, and nervous Passages; incideth and discusseth their impacted *Colluvies*; and driveth it out by Evaporation. But I have found it too hot and fiery for some tender skin'd People; and have known it cause Vesicles, and Excoriation.

A Volatile Foetid Plaster.

Take strained Galbanum half an Ounce; Asa Fœtida, yellow Wax, of each 1 Dram; melt them all together at the Fire; then take off, and when the Mass beginneth to cool, and stand, add to it the following, scil.

Take Venice Turpentine 1 Dram; Salt of Harts-horn 2 Scruples; Camphire 1 Scruple; Oil of Amber half a Dram; mix.

A White Plaster.

Take Rupture Plaster, Diachalcit Plaster, of each 3 Drams; white Ointment camphorated 4 Scruples; Sugar of Lead 2 Scruples; mix. Opium may be added where the Physician seeth needful.

Lay it to the Back, to allay Heat and ease Pain.

Possiet with Tamarinds.

Take Tamarinds 2 Ounces; put to them (in a Marble Mortar) a little Milk; work it about with a Pestle, till the Tamarinds are dissolved;
then

then pour it into boiling Milk 1 Quart; and strain the Whey from the Curd, through a Sieve.

This is a little more acid than the following of Wood-sorrel, and therefore quenches Thirst more; but because it should be taken in less Quantity, it does not so effectually dilute the Blood. That of *Lujula* is best when a *Diarrhæa* is feared, and this when the Belly is too much bound. You may give to half a Pint 3 or 4 times a Day.

A Posset with Wood-Sorrel.

Take new Milk 1 Quart; good fresh Small Beer 1 Pint; white Wine half a Pint; make Posset, boiling in it Wood-sorrel 2 Handfuls.

In burning Fevers, it doth not only dilute and temper bilious acrid Humours miserably burning in the Stomach, exciting intolerable Thirst and bitter Anguish; but also refrigerates the fervent Blood, represses its Ebullition, liquifies its gross Contexture, and exterminates its adust Recrements by Urine.

Let it be drank plentifully at pleasure.

An Ammoniac Potion.

Take pure Gum Ammoniac 2 Scruples; dissolve it in Hyssop-water 2 Ounces and half; to the strained add Lenitive Electuary half an Ounce; Syrup of Roses solutive 1 Ounce; Salt Prunel 2 Scruples; mix.

In Potions where Hypochondriac Persons are to be purged, it's proper to dissolve *Ammoniacum*; but where Hysterick Women; *Asa Fætida*, for my settled Opinion is they are different Maladies. I wish Physicians would come off from
that

that idle Way of making short Work, and huddling up all Diseases and Cures into Generals.

A Colic Potion.

Take Waters of Mint 1 Ounce; Dr. Stephens, Cinnamon, of each half an Ounce; Syrup of Meconium, from 6 Drams to an Ounce and half; half the Yolk of an Egg; Oil of Juniper 10 Drops; Salt of Wormwood 2 Grains; when all are well mixed, drop into them Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 10 Drops.

A Lenitive Potion.

Take Cream of Tartar powdered 2 Scruples; first dissolve it over the Fire in Elder-Flower Water 3 Ounces; then dissolve Manna 1 Ounce and half in the same; and strain, and add Syrup of Roses solutive half an Ounce; for 1 Dose.

It's a pleasant-tasted, and very gentle Medicine to loosen the Belly, and empty it a little.

A Purging Hydriopic Potion.

Take powder'd Jalap-root half a Dram; Ginger 2 Grains; Salt of Tartar 12 Grains; white Wine 3 Ounces; Syrup of Roses solutive 1 Ounce; mix.

As to the Method of purging Dropfical Persons, our famous Sydenham would, first, That such Cathartics only be used, as work smartly, and apace. Secondly, That they be given daily, unless it be found reasonable to omit now and then a Day or Two, when the Patient is too weak to go through with it, or when the preceding worked almost too much. Thirdly, That

That Purging be continued on in a Course, without ceasing (except upon some urging Necessity) until all the whole Mass of Water be drain'd off.

I know not whether that of *Ettmuller* will be thought of Use, where he saith, It's best purging those that have the Dropsy in the Decrease of the Moon: For in the Increase, the Disease increases also; on the contrary, in the Decrease, it decreases. And Purging will do most Good when we have Nature helping us.

A Purging Nephritic Potion.

Take Mallows 1 Handful; Senna 2 Drams; Salt of Tartar 1 Scruple. Boil in Water half a Pint to 3 Ounces; strain, and dissolve in the Liquor, Manna 1 Ounce and half; Oil of sweet Almonds half an Ounce; Oil of Juniper 10 Drops; mix.

A Purging Resinous Potion.

Take Resin of Jalap 12 Grains; Oil of Aniseed 1 Drop; having mixed these well with the Yolk of an Egg, add Syrup of Roses solutive 6 Drams; White-wine 2 Ounces; mix. It may be farther enforced with Gamboge, if needful.

A Rhubarb Potion.

Take powder'd Rhubarb 1 Scruple (or half a Dram;) Mint and Cinnamon-water, each 1 Ounce and half; Oil of Nutmeg 2 Drops; Syrup of dried Roses 6 Drams; mix.

It happily cures a Flux of the Belly, by recreating the weak Intestines, moderately correcting their Slipperiness, and gently drawing
down

down and carrying forth the acrid material Cause.

The Potion called Sanda.

Take powder'd Gum of Guaiacum 1 Dram and half; dissolve, and subigate it with the Yolk of an Egg; add Cinnamon-water half an Ounce; Fumitory-water 1 Ounce and half; Syrup of Roses solutive half an Ounce; mix.

After the same manner may Potions be prepared of any sort of Resins.

This is said to be a prevailing Specific against Gouty, and flying vagous Pains. It purgeth pretty strongly and roughly, mostly by Stool, tho' sometimes by Vomit.

The Ulnerary Potion of Arcaeus.

Take powdered Rhubarb half a Dram; Madder, Mummy, each 1 Scruple; sealed Earth half a Scruple; Juice of Pomgranate, Waters of Scabius and Bugloss, each 1 Ounce; mix.

The Warwick Potion.

Take Scammony sulphurated, Diaphoretic Antimony, Cream of Tartar, each half a Scruple; Succory-water 3 Ounces; Cinnamon-water 2 Drams; Syrup of Roses solutive 1 Ounce; mix up a white Draught.

Diaphoretic Antimony (as saith Zwelfer) if exposed to the Air, puts on in tract of Time a most scurvy and malignant Nature; and being taken into the Body, produces Anguish, Heart-burning, Swooning, Vomiting, and the like bad Symptoms; all which may yet easily be avoided, either by making it fresh every two or three Months,

Months, or by calcining the old, either *per se*, or with the Addition of Nitre; and then (if Nitre be used) washing it and reverberating it a little.

It's a certain Thing (saith *Hoffman*) that Antimony Diaphoretic, join'd to Purgers, adds to their Purgative Virtue, and prevents Griping. Thus, if you take Jalap-root half a Scruple, and throw into it 3 or 4 Grains of Diaphoretic Antimony, its Energy will equal a Dose of one Scruple of Jalap.

Some have been fearful of using Diaphoretic Antimony at all, by reason of its uncertain Operation. *Reidlin* reports, That he gave it a Woman, and it caused above twenty Stools: And he gave the very self-same Preparation to a Man, and it provoked Sweat, and not one Stool. He quotes *Welschius* for it, and tells us, *Cornachines* Powder was forbid at *Rome*, upon Pain of being condemn'd to the Gallies.

This Potion differs little from the *Warwick* Powder. Among other its Virtues, it's a seldom-failing Remedy for Vernal Tertians, if given so as to begin to work just before the Invasion of the Fit. Sometimes 'twill give a Vomit or two, when the Stomach is weak or foul.

The White Potion.

Take *Venice Turpentine* 3 Drams (or half an Ounce;) *Oil of Nutmeg* 2 Drops; *Oil of Aniseeds* 1 Drop; subigate these with the Yolk of an Egg; then add *Syrup of Marsh-mallows* 1 Ounce; *white Wine* 3 Ounces; and strain it. *Syrup of Violets* may be added instead of that of *Marsh-mallows*.

Powder

Powder against Abortion.

Take Kermes Berries 1 Dram; red Sanders, Tormentile-root, each half a Dram; Cloves, Pearl, red Coral, each 1 Scruple; pearled Manus Christi 3 Drams; Leaves of Gold 3; make all into a Powder.

Acid Powder.

Take vitriolated Tartar 2 Drams; Cream of Tartar half an Ounce; Oil of Cloves 6 Drops; Sugar of Roses 3 Drams; make of all a Powder, to be divided into 6 Doses.

Several such Forms of Powders as this are to be met with in a certain modern Author, who seems to imagine, that most Diseases are occasioned by an Alcalifate Salt, and consequently must be cured by an Acid. As many have been of the direct contrary Opinion, ever blaming Acids, and advising Alcalies. Now as to myself, I believe these opposite Theorists are both wrong; for Nature's Operations are, if not infinite, yet indefinite; and therefore its Principles may be so too. And I have always thought, that our scanty way of limiting all Things to Alcaly and Acid, and the four Aristotelian, the five Chymical, or any other positive System of Elements, hath been one main Obstacle to the Progress of Natural Philosophy; which (it must be owned) hath hitherto produced but little Satisfaction as to the true Causes of Things, and few Inventions for the real Use of Man.

Alexipharmac Powder.

Take Goa-Stone, Contrayerva-Stone, Gas-
coign

coign Powder; Virginia Snake-root, each 5 Grains; make a Powder.

It's a Champion against malignant and pestilential Fevers; for it encourageth the Spirits, and drives out the Enemy by Sweat.

And here I would not have this most noble Antidote thought the worse of, because it's jumbled up of such a vast Number of Ingredients: For the Virtue of an Alexipharmac, or Counterpoison, doth not consist in this alone, That by reason of a certain occult Quality, it opposes Poison (as they phrased it) *totâ substantiâ*; but especially, because it stirs up a fresh Ferment in the Body; by means of which, the sinking and almost dying Spirits being rouzed up again, and the Blood recovering its due Mixture, and being brought off from Coagulation and Putrefaction, Nature makes a brisk Effort, and expells the deleterious Matter. Now, to produce such a Fermentation, there are necessarily required Heterogeneous Particles, that cannot be intimately mixed with, or subigated by the Blood. And the greater Number of Ingredients there are, so much the greater likewise will be the Heterogeneity, and consequently Fermentation. Thus we see, the great Alexipharmacs (such as Venice-treacle) are a huge Hodge-podge of Things wonderfully unlike each other; which, because Experience hath establish'd for standing Medicines, somebody hath this Expression, *That a wise Man will make use of that which none but a Fool could have invented.*

Amber Powder.

Take Species Diambrae, Powder of Crabs-claws
C c

claws compound, each 1 Dram; Oil of Cinnamon 1 Drop; mix for 6 Doses.

It's good against Trembling of the Heart and Syncope.

Powder of Angelica compound.

Take Spanish Angelica-root 5 Grains; Japonic Earth 15 Grains; Species of Hyacinth half a Scruple; Oil of Cinnamon 1 Drop; make all into Powder.

It recreates the Spirits that want Support, drives morbid Matter outwards, comforts the Intestines, and notably represses a symptomatic *Diarrhæa*, breaking out in the Small-Pox or malignant Fevers.

Powder of Anise compound.

Take Seeds of Anise, sweet Fennel, of each a Dram; Cinnamon, Nutmeg, Cloves, Saffron, of each half a Dram; make all into a Powder, for 4 or 6 Doses.

Anthelminthic Powder.

Take Coralline prepared 1 Dram; Mineral Æthiops (made without Fire) half a Dram; Oil of Wormwood 1 Drop; make it into Powder.

I thought the Preparation of *Æthiops Mineralis* without Fire had been an Invention of this Age; but I find it in *Rondeletius* (*de Unguentis* 1037.) where he saith, *Argentum vivum extingui potest, vel Sulphure, vel Aceto, vel Calcinatione.*

Rochas saith, Wormseed is so far from destroying, that it generates Worms; and attempteth to prove it thus. *Take one part of Seed powder'd,*

powder'd, and 3 of fine Flour; make it into a Loaf; keep it in a warm Place, and 'twill produce Plenty of Worms in 24 Hours.

But *N. Andry* (who writes a Tract of Worms) assureth us, he made the Experiment several Times without Success: And it's certain, that any Plants laid up in Heaps, and putrified, will generate Insects, tho' not such as human Worms.

Tabernomontanus gives an Account of the Frauds and Impostures of Vagabond Mountebanks, who attributing most Distempers to Worms (when the Sick hath none at all) that they may seem to make their Words good, give *powdered Worms*, and those generate other Worms in the Intestines, which they carry off afterwards by Medicines that expell Worms. But I must intreat Leave to dissent from this Author, because the Worms must be dried well at the Fire before they can be powder'd; and I can as much expect to hatch Chickens out of roasted Eggs, as Worms out of torrified Worms.

Let the Use of all this be, that the Reader believe not every thing lightly that he findeth in Books.

Let 15 Grains be given to an Infant Morn and Even, for 3 Days before New and Full Moon, to disturb the Worms, and drive them out of their Nests, and kill them: And then after it, the next following to cast both them and their Seed quite out of the Body.

Mineral, such as Mercurial and Antimonial Powders, are not conveniently given in thin Liquors, partly because being heavy they will sink and be left behind at the bottom: And partly because they are apt to stick in the Gul-

let, or *Plicæ* of the Ventricle, whence much Mischief may ensue, as continual Provocation to Vomit, or Purge, Salivation, &c. But given in a solid Form they will be clean swallowed; and after (the *Menstruum* and Ferment of the Stomach operating) rightly subacted, and disposed of, so as to occasion no manner of harm.

Anthelminthic Purging Powder.

Take Scammony prepared 6 Grains; Rhubarb 4 Grains; Calomel half a Scruple; make a Powder for a Child 6 or 8 Years old.

Sylvius powders a Dose of Scammony; puts Water to it, dissolves what will dissolve, then pours it off, leaving a blackish Matter at the bottom. He saith, he knows no Purging Medicine to be preferr'd before it, when thus prepared; for it works effectually without Gripes or Trouble, and is so safe, that he has abundance of Times given it to Lying-in Women and Children with mighty Success: And he could not but laugh at the Fears of our Theoretic Writers, that are perpetually crying out against the Use of *Scammoneats*; and yet those most common Medicines, *Diaprunum Solutivum*, and Electuary of *Juice of Roses*, owe their principal Virtue to Scammony.

Arabic Powder.

Take Gum Arabic, white Sugar-candy, each half an Ounce; Oil of sweet Almonds 16 Drops; make a Powder for 8 Doses.

For its Virtues, consult *Decoction of Mallows*, and *Arabic Emulsion*.

Aromatic

Aromatic Powder.

Take Cinnamon, Mace, Nutmeg, Cloves, Ginger, each 8 Grains; Seeds of Anise, Caraway, Coriander, sweet Fennel, Bay-berries, each 16 Grains; Loaf-sugar 2 Drams; make all into a Powder for 8 Doses.

Its Virtues are much like those of the Peptic Powder, which see.

Arthritic Powder.

Take Ground Pine, Southern-wood, each half a Scruple; Gum of Guaiacum, white Sugar, each 1 Scruple; Oil of Sassafras 1 Drop; mix for a single Dose.

Let it be given Mornings and Afternoons with the Decoction called *Sanctum*, if the Patient be of a cool Constitution, or with Decoction of *Sarsa*, if of a hot; and let it be continu'd for the whole Months of *March* and *September*, to prevent the Gout.

An Astringent Powder.

Take Balaustines half a Scruple; Cinnamon, Nutmeg, each 4 Grains; Cochineal 2 Grains; Sugar of Roses 1 Scruple; make it into a Powder for 1 Dose.

It's to stop a *Diarrhœa*, concerning which see the *Astringent Julep*.

Balsamic Powder.

Take Balsam of Tolu half a Scruple; Benjamin, Myrrh, each 5 Grains; Balsam of Peru 1 Drop; white Sugar-candy 1 Scruple; mix.

It's profitable for such as are in danger of a Consumption, who have crude, putredinous Matter impacted in their Lungs, with fetid Breath, *Orthopnœa*, dry Cough, Pain in the Breast or Side shooting to the Back, Leanness, Languishing and Weakness.

It's to be drank every Morning and Afternoon in a Draught of Asses Milk.

Bezoartic Powder.

Take Powder of Crabs-claws compound, Goa and Contrayerva Stone, Oriental Bezoar, each 5 Grains; half a Leaf of Gold; mix.

Powder for a Bruise.

Take Irish Slate, Mumy, each 12 Grains; Salt of Amber, Salt of Harts-horn, each 3 Grains; mix.

Zwelfer abhors the common Mumy that we have brought over now-a-days, which he saith is black cadaverous Flesh wrapp'd up in foul Rags, and is most usually such as died of some noisome Disease, and is nothing less than the true Aromatic Mumy of the *Ægyptians*: And so far from being fit to be taken into our Bodies as a Medicine, that it's for the most part an unwholsome and very prejudicial Thing.

See the *Traumatic Decoction*, and *Mixture of Sperma Ceti*, to which its Virtues are a-kin; only it raises the Spirits more, and helps for Fainting, by reason of its volatile Salts.

Capillary Powder.

*Take Roots of Orris 1 Ounce; Male Piony
half*

half an Ounce; Spanish Angelica 2 Drams; yellow Saunders, Nutmeg, Mace, Cloves, each half a Dram; Liquid Storax, Balsam of Peru, each 4 Grains; Oil of Rosemary, Lavender, each 2 Drops; make all into a Powder.

It hath a very pleasant Scent, and emulates the Virtues of the *Cucupha*, which see. But as to a Catarrh, see the *Cephalic Liniment*.

Dust it into the Hair every Night, and kemb it out again 24 Hours after.

Cardialgic Powder.

Take soft white Chalk (washed in Rose-water) half an Ounce; Crabs-eyes, Liquorice, white Sugar, each 4 Scruples; Oil of Nutmeg, Cloves, each 2 Drops; make it up for 8 Doses.

Carminative Powder.

Take Seeds of Anise and sweet Fennel, each 26 Grains; Nutmeg, Cinnamon, each 18 Grains; long Pepper, Cloves, each 6 Grains; Mastick 1 Scruple; mix for 6 Doses.

It serves for the same Uses with the *Peptic Powder*, but is something hotter.

Common Cathartic Powder.

Take Resin of Jalap, Scammony prepared, each 5 Grains; Senna, Cream of Tartar, each half a Scruple; Oil of Cloves 1 Drop; mix.

It's not much different from *Pulvis Diasennæ*, but is contracted more, and in my Judgment excells it.

Catholic Powder.

Take Senna 2 Drams; Rhubarb, Jalap, Tur-
C c 4 *bith,*

bith, Diagrydium, of each 1 Dram; Cloves, Mace, Cinnamon, Ginger, of each half a Dram; powder all.

Catholic signifies *general*, and hath nothing to do with Religion, as silly Readers may be likely enough to imagine; and yet, as silly as they are, they will be practising.

Cephalic Powder.

Take Powder de Gutteta, native Cinnabar prepared, each half an Ounce; mix.

'Tis a Specific in Convulsive Affections, Vertigo, Cloudiness, and Head-ach.

It's an Observation worth noting, That pertinacious Pains of the Head, almost to Madness, have been happily cured (when other Means had been to no purpose) with this *Pulvis de Gutteta* alone, and an Infusion of Primrose-flowers, Betony, or Tea.

It's a memorable History of a young Gentlewoman of Note among us, who, permitting a little Dog that was mangy and mad to lie in Bed with her, was so contaminated by the *Effluvia* passing from him, and perhaps by his venomous *Saliva* also, that she fell into convulsive Motions, and an *Hydrophobia*; and (marvellous to relate) could not forbear Barking like a Dog Night and Day. She having consulted divers Physicians, among other Remedies took this Cephalic Powder with Relief, and after some time recovered her former Health. Thus the Communicator.

Chalybeate Powder.

Take Rust of Iron powder'd and searced 8 Scruples;

Scruples; Salt of Steel, Saffron, Ginger, each 1 Scruple; Aniseed 5 Scruples; Mace 4 Scruples; white Sugar 10 Scruples; make all into a Powder for 20 Doses.

Chalybeates are *instar omnium* for a Cachexy, Green-sicknefs, Obstructions, Jaundice, Dropsy, and all Diseases whatsoever owing their Origin to Crudity and Poverty of the Blood: For they raise a new Fermentation, and agitate, beat up, mix, depurate and exalt the Mass of Blood in such a manner, that whereas before it wanted the rich red *Globuli*, and looked pale and watery, it is by degrees render'd pure, red, spirituous, brisk, spumous and sparkling. Also whereas the unconcocted slimy *Pituita* having daub'd up the Passages, and made Obstructions, and so the Blood was forced to circulate unequally, here swiftly, there slowly, Steel breaks through those Obstructions, and opens the Ways, and causes the Blood to run, pass and repass freely, and vividly, through all the minutest Canals and Rivulets of the Body, so as to bring and distribute, equally and benignly, Nourishment, Heat and Life, to every individual Particle of the Machine.

But if the Condition of the Blood be such as is altogether incapable of the requisite, lusty, juvenile Fermentation, because of its Principles being grown old, the Fibres worn out, the Tone broken, the Passages fallen in, and the whole human Fabric in an old ruinous State: In vain then do we expect much from a Remedy, though so generous and powerful an one as Chalybeates are. 'Twould be as easy to reduce dead Vinegar into sweet Wine, a withered Rose
into

into a fresh and florid one, yea to turn old Mutton into Lamb, or old Beef into Veal. As to my own part, I ingenuously confess, that looking back, and carefully calling to mind the Series of my Practice, I don't remember that I ever observ'd any great Advantage accrue to ancient People from the Use of Chalybeates.

Powder for Children.

Take Crabs-eyes nicely ground, white Sugar-candy, Calomel, of each 5 Grains; Resin of Jalap 8 Grains (more or less, according to Strength); Oil of Aniseed 1 Drop; mix for 1 Dose.

If powdered Crabs-eyes be given in Water-gruel during the Operation, 'twill prevent Griping.

1. Colic Powder.

Take Zedoary 6 Drams; Balsam of Peru 12 Drops; mix for 12 Doses.

2. Colic Powder.

Take Sperma Ceti washed, white Sugar, each half a Dram; Castor 3 Grains; Powder it for a single Dose.

Comfrey Powder compound.

Take the Root of Comfrey that bears a red Flower, Mouse-flesh dried in an Oven, Hogs-claw, Buck's Priapus, each as much as you please; make a Powder of all, and mix.

It's said to be a well experimented, and almost infallible Secret, against involuntary Pissing a Bed.

Incontinence of Urine in old Folks is common, and is mostly incurable. In Children it frequently

frequently goes off, as Years and Strength come on; but it ought to be before the 25th Year; for if it pass that Time, there's Danger of its being an utterly incurable Malady.

Give 1 Scruple, or half a Dram, in a Glas of white Wine, Evening and Morning, 3 or 4 Days, about the Time of New and Full Moon. Thus goes the Traditional Direction. But I should rather give it with a Decoction of Agrimony, or *Solomon's Seal-Root*. You may also apply a corroborating Plaister to the Region of the Loins, and another to the *Os Pubis*.

Powder of Contrayerva compound.

Take Contrayerva-stone 4 Scruples; Contrayerva-root 2 Scruples; Oriental Bezoar 24 Grains; Saffron 16 Grains; make a Powder for 8 Doses.

Powder of Crabs-Eyes compound.

Take Crabs-eyes ground on a Marble 1 Dram; Cream of Tartar half a Dram; Salt of Wormwood, Prunel, each 12 Grains; Salt of Amber 6 Grains; make all into a Powder for 6 Doses, to be given twice or thrice a Day.

It restoreth the Ferment of the *Viscera* and Blood, when almost lost and gone; fuses thick Blood, promotes the Secretion of Febrile Matter, and by way of Precipitation throws it off into the Emunctories.

Damask Powder.

Take Roots of Orris 1 Pound; Calamus Aromatic, Cyperus, each 4 Ounces; Marjoram 1 Ounce; Damask Roses, Nutmeg, Cloves, Storax Calamite,

Calamite, Benjamin, Labdanum, each 2 Ounces; make all into a gross Powder.

Dentalgic Powder.

Take Tobacco 1 Scruple; Ginger, Flower of Sulphur, each half a Scruple; mix.

Let the Patient snuff a little of this up into the Nostril that is opposite to the Pain, and presently throw himself upon a Bed; for 'twill immediately give him a Twinge, as though he were shot through the Head; yet it scarce provokes Sneezing, tho' it draw out a great deal of Water; anon it brings a little Doziness as 'twere, and seldom fails of driving the Tooth-ach for that Time.

Schroder's Dentifrick Powder.

Take Powder of Tiles half an Ounce; moisten it, at several times, with Oil of Tartar, till it hath imbibed its own Weight, and bring it to the Consistence of Paste; then add white Tartar 3 Drams; Bread burnt black 2 Drams; make it into Powder.

Rub the Teeth with it when grown foul, yellow or black, and wash it off with warm Wine.

The Teeth are never over-grown with *Lapis Dentalis* while the Gums are sound, and rise up to the middle of the Tooth in a pointing Shape, and stick fast to it: But Gums that are spongy, apt to bleed, flaccid and loose from the Teeth, and so give way for external Injuries to come at the Teeth, and don't supply them with good Nourishment, but pervert it: Such occasion these stony Concretions.

Diapho-

Diaphoretic Powder.

Take Virginia Snake-root, Spanish Angelica-root, Contrayerva, each 5 Grains; Myrrh 3 Grains; Saffron 2 Grains; mix.

1. Diuretic Powder.

Take Prunel-stone 1 Dram; Egg-shells calcined 2 Scruples; Salt of Amber 1 Scruple; white Sugar 2 Drams; make it into Powder.

The Dose is half a Dram, or 2 Scruples. See the *Diuretic Nitrous Julep*.

2. Diuretic Powder.

Take Aniseed 1 Dram and half; Salt of Amber half a Dram; Oil of Nutmeg 3 Drops; make a Powder for 3 Doses.

The best Way both of giving and keeping Salt of Amber, is to mingle it with double its Weight of Nitre, saith Dr. Willis.

Edulcorating Powder.

Take Lemnian Earth 1 Scruple; red Coral, Crabs-eyes, Egg and Oister-shells, each 5 Grains; powder and mix all.

Wheresoever there's an Acid offending in the Stomach or Intestines, these absorbing and concentrating Medicines have place; but whether or no that be found beyond the first Passages, I am not sufficiently assured.

It's observable, I confess, that Flesh-broths, if kept till they corrupt, grow sower; and thence perhaps a probable Argument may be drawn, to prove, that Animal Juices shut up, and corrupted in the uttermost Recesses of the Body,
may

may contract Acidity. But this granted, it in no-wise follows, that edulcorating Earths are able to correct those Juices lodged at so great a distance out of the Way; for it's most likely their dusty Particles spend their whole Force in the first Passages, being utterly unfit to enter the Mouths of the Lacteal Veins, and get into the Mass of Blood; or (if they were there) to pass through the Glands, and many fine Strainers, to arrive into the remote Habit of the Body.

If we consult Experience, that most certainly tells us, that small Children are apt to abound with noxious Acids in their Bowels: That a great Part of their Maladies are to be hence accounted for, and that consequently their Cure is to be fetched from testaceous and cretaceous Medicines; and these are so proper and peculiar to this Age, that I have very rarely known them given to Infants in acute Distempers, skilfully, and in sufficient Quantity, but that commendable Success hath followed. On the other Side, I confess, I have seldom seen them do much Good to grown Persons. I reckon it therefore an established Axiom, that testaceous and cretaceous Things are appropriated to Children, and to Illnesses in the first Passages, but signify not so much to grown People, and Distempers of the Blood and more remote Juices.

Emmenagogue Powder.

Take Venetian Borace 15 Grains; Myrrh 12 Grains; Saffron 3 Grains; Oil of Cloves 1 Drop; mix.

It's endow'd with the same Virtues with the *Emmenagogue Decoction*, and is proper to give with it.

Epidemial

Epidemial Powder.

Take Troches of Vipers 1 Dram; Virginia Snake-root, Contrayerva, each half a Dram; mix.

It's not only prevalent against malignant Fevers, but also (being given before the Fit) commonly drives Agues. The Dose is from one Scruple to two Scruples.

Eye-bright Powder compound.

Take Eye-bright 3 Drams; Mace 1 Dram; make it into a fine Powder.

I have seen decrepid old Men almost blind, which were by the Help of this Powder restor'd to entire Sight, saith *Montagnana*.

But besides, its being a good Eye Medicine, it's eminently available against the Head-ach, if taken in a Glafs of Wine at Bed-time: That Time is best, because the Brain imbibes Medicines (by the Vehicle of the Blood) most of all in the Time of Sleep.

For the Eyes, take half a Spoonful before Meals in a Glafs of Sack.

Eye-bright Powder more compound.

Take Eye-bright half an Ounce; sweet Fennel-seed 2 Drams; Mace, Nutmeg, each 1 Dram; white Sugar 1 Ounce; make all into Powder.

The Dose is one Dram twice a Day.

Febrific Powder.

Take Salt of Wormwood half a Dram; Diaphoretic Antimony 1 Dram; Chamomil-flowers 2 Drams and a half; make a Powder for 8 Doses,

Doses, to be taken every 3 or 4 Hours between Fits.

Powder of Filipendula compound.

Take Roots of Filipendula, Seeds of Anise, of each a Dram; Egg-shells 2 Drams; make all into Powder.

It's excellent to provoke Urine, and bring away Gravel.

Powder called De Gutteta.

Take Root and Seeds of Piony, white Ditany, Mistletoe, of each half an Ounce; stinking Or-rach-seed 2 Drams; Humane Cranium 3 Drams; Red Coral, Hyacinth prepared, of each a Dram and half; Elks Claw prepared half an Ounce; Musk 1 Scruple; Leaf-gold 1 Dram; powder fine, and mix.

Haemoptoic Powder.

Take Seeds of Henbane, white Poppy, each 2 Drams; sealed Earth, Hæmatites, each 1 Dram; Sugar of Roses 6 Drams; mix.

It's near ally'd to Mr. Boyle's Electuary, and may be given to good Purpose with Asses Milk twice a Day to 1 Dram.

Powder against Haemorrhages.

Take Astringent Crocus of Mars half a Scruple; Dragons-blood 5 Grains; Alum 3 Grains; Sugar of Lead 2 Grains; make all into Powder.

Palosanthine Powder.

Take white Sugar-candy, Sperma Ceti, of each 2 Scruples; Crabs-eyes half a Dram; Salt of Harts-

Harts-horn 6 Grains; Salt of Amber 4 Grains; London Laudanum 3 Grains; make all into a Powder for 2 Doses.

For all Persons that are bruised, and for Child-bed Women.

Powder in an Hernia.

Take of Solomon's Seal and Comfrey Roots, Aniseed, each 1 Dram; make a Powder.

It doth good, by expelling Wind, easing Pains, and consolidating the Parts. Let a small Child take 15 Grains thrice a Day.

It greatly avails also against both Pain and Flux of the Hæmorrhoids. Let grown Persons take half a Dram, or 2 Scruples, with a Draught of Decoction of Yarrow, or our Styptic Decoction.

Hybernic Powder.

Take Irish Slate 15 Grains; Salt of Amber 3 Grains; Salt of Harts-horn 2 Grains; Oil of Nutmeg 1 Drop; mix.

It's ordered against a Pleurisy, Rheumatism, and all manner of Distempers, where the *Serum* of the Blood turns into Size.

Hysteric Powder.

Take Roots of white Briony 1 Dram; Piony-root bearing a white Flower 2 Drams; Castor 2 Scruples; Salt of Amber 1 Scruple; Oil of Amber 4 Drops; make a Powder.

It not only correcteth and lasheth the disorderly Spirits (as before said of the Hysteric Ju-
lep) but moreover extricates them from their Heterogeneous Copula, and depurates them; adds

Strength to the Brain itself, roborates the whole nervous System; and upon these Accounts useth to be a great Help, then especially to Hysterick Women, when the Brain itself is chiefly affected, and the Distemper threatens running over to an Epilepsy. The Dose is half a Dram.

Incrassating Powder.

Take Marsh-mallow Root, Gum Arabic, Dragons-blood, Liquorice, each 5 Grains; beat all into a fine Powder.

For its Virtues, consult the *Incrassating Decoction*.

Gum Lac Powder compound.

Take Gum Lac 2 Drams; Astringent Crocus of Mars 3 Drams; Dragons-blood 1 Dram; make of it a subtile Powder.

It hath a notable Stypticity, and is therefore prescribed in all manner of internal Hæmorrhages; but particularly is celebrated with wonderful Elogies for its remarkable Faculty of stanching bloody Urine. The Dose half a Dram.

Laxative Powder.

Take Senna and Cream of Tartar, each as much as you will, and reduce them into a Powder.

It's a short Composition, but a most benign Medicine, purging very mildly, and without Trouble, Gripes or Sickness. For Cream of Tartar is the best Corrector of Senna. The Dose is from half a Dram to 2 Scruples, or 1 Dram, for grown Persons, to be taken at Night.

Marjoram Powder compound.

Take Marjoram, Arabian Stæchas-flowers, each 5 Grains; Nutmeg 3 Grains; Mustard-seed 2 Grains; Oil of Sassafras 1 Drop; make all into Powder.

It opens the *Meatus* of the Brain and Nerves, when subsiding by reason of Laxity, clears them out when obstructed with Phlegm, depurates the Spirits when clogg'd with Filth, rouzeth them up when sluggishly stagnating, restoreth the animal Expansion: And therefore is a most desirable Remedy against Soporose and Paralytic Affects, to be given Night and Morn.

Mastick Powder compound.

Take Mastick, Olibanum, Japanic Earth, Flower of Sulphur, each 5 Grains; Sugar-candy 1 Scruple; Powder all.

It's of egregious Use in a Catarrh, and emulates the Electuary of Mastick.

Let it be given at Four in the Afternoon, and at Bed-time, with a Draught of the *Decoction of Hounds-tongue*.

Powder of Millepedes compound.

Take Millepedes prepared 12 Grains; Saffron 3 Grains; Flower of Benjamin, Salt of Amber, each 2 Grains; Ginger 1 Grain; Oil of Aniseed 1 Drop; bring all to a Powder.

I have known this prescrib'd for an Asthma, but to no purpose; perhaps because the boiling Blood and heated Lungs might require cooler Things. However, in a Straitness of Breath from a Cold, and tenacious *Colluvies* stuffing

the *Bronchia*, it's an efficacious and most desirable Medicine; for it potently incides, removes and expectorates Phlegm. But of these consult the *Expectorating Decoction and Electuary*.

Montagnana's Powder.

Take the inner Skin of a Gizzard of a Cock dry'd, half an Ounce; burnt Hedge-hog 6 Drams; Agrimony 2 Drams; reduce all to a Powder.

This for those that water their Beds. A Dram is the Dose.

Myrrh Powder compound.

Take Myrrh, Savine, Grains of Paradise, each 5 Grains; Saffron 3 Grains; Castor 2 Grains; Oil of Amber 1 Drop; make a Powder.

It's something like the *Women's Pills*, which see.

Nephritic Powder.

Take Smallage and Saxifrage Roots, each 2 Drams; Crabs-eyes 1 Dram; vitriolated Tartar, Prunel-stone, each 2 Scruples; Cream of Tartar 4 Scruples; Oil of Juniper 4 Drops; make all into a Powder.

The Communicator saith, it promotes Urine, expells the Stone, bringeth the *Menses*, &c. The Dose is from 1 Scruple to 1 Dram, with a *Decoction* of Marsh-mallows.

Nitrous Powder.

The Prunel-stone 1 Dram and half; Cinabar of Antimony half a Dram; white Sugar half an Ounce; reduce all to a Powder.

It's prescribed in hot burning Fevers, to temper Heat and Thirst, allay Ebullition, and provoke

voke Urine. The Dose is one Dram in some grateful Vehicle.

Nutmeg Powder compound.

Take Nutmegs half an Ounce; Cinnamon 2 Drams; Mace, Cloves, Marjoram, Betony, Rosemary, Lavender-flowers, each 1 Dram; make all into a Powder.

Verzascha saith, this Powder useth to be kept in the Shops at *Basil* in *Swisserland*: It roborates the Stomach, helps Digestion, comforts the Brain, and is of egregious Use whensoever the Head suffers by Sympathy from the Stomach. Let one Dram be taken after Meals, and at Night, immediately before Sleep.

Odoriferous Powder.

Take Rhodium-wood half an Ounce; yellow Sanders, Damask Roses, Florentine Orris; each 2 Drams; Spanish Angelica-root 4 Scruples; Mace half a Dram; Apoplectic Balsam half a Scruple; Oil of Cloves 6 Drams; beat them into a gross Powder.

To recreate the Spirits, and delight the Sense.

Orange-peel Powder compound.

Take the thin yellow Peel of Orange, Cummin-seed, each 12 Grains; Castor 5 Grains; long Pepper 1 Grain; Oil of Juniper 1 Drop; make a Powder.

It comforts the Ventricle and Intestines, corrects Phlegm, discusses Wind, solves the Spasm; and (after needful Purges have made their Way) happily cures a Colic.

Let it be taken thrice a Day, and after it a Draught of the *Bitter Febrific Decoction*.

Panchymagogue Powder.

Take Cream of Tartar half an Ounce; Sen-
na 1 Ounce; Rhubarb 6 Drams; Scammony 2
Drams; Mace half an Ounce; beat all up to a
Powder.

This is translated from the *Leuwaerden Pharmacopœia*. Its Dose is from 2 Scruples to one Dram.

Peacock Powder.

Take the white Part of Peacocks-dung 15
Grains; Salt of Amber 5 Grains; Oil of Nut-
meg 1 Drop; reduce them to a Powder.

'Tis a Specific against a Vertigo, to be given
Night and Morn with a Draught of *Cephalic
Decoction*.

Pearl Powder compound.

Take Oriental Pearl, white Coral, of each
half an Ounce; Crabs-eyes an Ounce; levigate
them into an absolute Alcohol on a Marble.

Testaceous Powders dissolve, and exert their
Virtues much easier and sooner, when fine, than
when coarse; and therefore Care should be taken
to levigate them well. This Powder may be
prescribed either alone, or in Pearl Juleps, from
2 Scruples to 2 Drams, in 12 Ounces of the
Aqueous Vehicle.

Pectoral Powder.

Take Sulphur vive, Florentine Orris, Liquo-
rice, Aniseed, each 5 Grains; Sugar-candy 1
Scruple; make these into Powder. It

It contends in Virtues with the *Pectoral Julep*.

Peptic Powder.

Take Seeds of Coriander half an Ounce; Aniseed, sweet Fennel, each 4 Scruples; Nutmeg half a Dram; Cinnamon, Cloves, each 1 Scruple; long Pepper half a Scruple; white Sugar 1 Ounce; of these make a Powder for 16 Doses.

It's most commodiously used, when, after Meals, happen Illness, Nauseousness, Belching, Heaviness, Tension, Inflation, and Fullness of the Stomach: As also Flushings in the Cheeks, Listlessness, Drowsiness, Head-ach, and other the like Signs of bad Digestion.

For Aromatics correct slimy Phlegm in the Ventricle, and by their volatile, oleose, quick Salt, incide and attenuate it, kindly deterge the *Plicæ* and *Villæ* of the Stomach, and resuscitate native Heat; upon which, Appetite and Digestion return of course.

The Way I most use in giving it, is, to have it sprinkled upon a Toast dipt in Wine, and so eaten presently after Dinner and Supper.

Peptic Powder tartarized.

Take Cream of Tartar 3 Drams; Aniseeds 2 Drams; Cloves 1 Dram; Sugar of Roses 6 Drams; powder all for 12 Doses.

Pessilential Powder.

Take Diaphoretic Antimony 15 Grains; Salt of Harts-horn 3 Grains; Camphire 2 Grains; make a Powder for one Dose.

Piony Powder compound.

Take Male Piony-root, Humane Cranium, each 4 Grains; native Cinnabar half a Scruple; Oil of Nutmeg 1 Drop; bring it to a Powder.

This Powder being fetch'd out of the triple Kingdom, Animal, Vegetable, and Mineral, very notably succours Children troubled with Convulsion Fits.

Pleuretic Powder.

Take Olibanum half a Scruple; Crabs-eyes, Flower of Sulphur, each 5 Grains; reduce them to a Powder.

I have several times cautioned the young Practitioner against trusting to Specifics in a Pleurisy, to the Neglect of Bleeding. And I here repeat the same.

Powder of Rhubarb compound.

Take choice Rhubarb, Cream of Tartar, Aniseed, Liquorice, of each 1 Dram; white Sugar-candy half an Ounce; reduce all to a Powder.

This is a valuable Medicine for those that are troubled with Hypochondriac Vapours. They may take a Scruple 2 or 3 times a Day, according as they find agreeable and needful.

Saline Powder Major.

Take Cream of Tartar a Dram and half; Salt of Tartar, Salt Prunel, Salt Armoniac, Salt of Amber, Salt of Harts-horn, of each half a Dram; Egg-shells both crude, and also newly calcined, of each 2 Drams; Oil of Nutmeg 4 Drops; bring all to a fine Powder, which may serve for 8 to 16 Doses.

The

The inner Skin of the Egg-shells ought to be taken out before they be calcined; and to do them thoroughly, and bring them to a white *Calx*, is a more difficult Business than any one would expect, that hath not tried it.

This Powder is a potent Diuretic.

Saline Powder Minor.

Take Salt of Wormwood and of Harts-horn, of each 1 Dram; Salt of Amber 36 Grains; Camphire, Saffron, of each 12 Grains; Oil of Nutmeg 3 Drops; make a Powder for 12 Doses.

None but a skilful Physician ought to manage malignant Fevers; and such an one will know how to give this Powder.

A Sinapine Powder.

Take Mustard-seed, Cloves, of each 15 Grains; Nutmeg 2 Drams; Cinnamon, Mace, of each 1 Dram; Marjoram, Lavender-flowers, sweet Fennel-seed, of each half a Dram; make a Powder.

It's good for the Stomach and Head; may be given after Meals, to half a Dram, upon a Toast sopped in Wine.

Powder to promote Spitting.

Take Crystal Mineral 3 Drams; Salt of Amber 1 Dram; Sugar-candy half an Ounce; powder all, and divide into 24 Papers.

Hold one of these in the Mouth, till it be dissolved, and then spit it out.

Splanchnic Powder.

Take Ash-tree-rind half a Scruple; Rhubarb 5 Grains;

5 Grains; *Spikenard*, *Saffron*, each 2 Grains; long *Pepper* 1 Grain; make them into a Powder. To which may *Chalybeates* be added, *pro re nata*.

It removes Obstructions of the *Viscera*, corrects depraved Ferments, represses spasmodic Flatulencies, rouzeth up a languishing Appetite, and alleviates Pain and Tension of the *Hypochondria*.

As a *Porrigo*, or a Leprosy, which have their *Minera* in the cutaneous Glands, tho' they are external Maladies, and lie fair and open enough for the Application of Remedies, and yet are most excessively pertinacious and difficult of Cure; even so may we conceive of the *Hypochondriac* Affections, that they have their *Minera* in the Glands of the Ventricle and *Viscera*, and remotest Parts; and there (by reason of some vicious, unconquerable Ferment spew'd out) deprave Chylification, and raise Hurry and Conturbations. And since it's an internal Distemper, and wholly incapable of having the Touch of immediate Applications, it's no wonder at all, if it be most stubborn, and almost incurable.

This Age produces a Set of idle, shallow, shewish Men, that are for a short Cut, forsooth, into Physick, without the Expence of that Learning that it cost our Forefathers. To bring this about, they read no Books, despise Pharmacy, cry down *Hypotheses*, confound Distempers; and tho' they affect to be call'd rational Practisers, are, in truth, scarce tolerable Empirics. I know that Fetids will repress Vapours in Women, but will seldom touch upon the Vapours of Men. Why then must *Hystericism* and *Hypochondriacism* be confusedly jumbled together, and accounted

counted the same, and all their Difference be in Degree? Why do we not rather let them be different as to both Place and Essence? And then, why do we not study out, and settle their particular Remedies and Method of Cure? But perhaps this *Parergon* may raise the Spleen in some sort of Readers, I therefore stop short.

Let a Dose be taken in a Draught of white Wine every Morning and Afternoon, for a Course of some Weeks.

Sternutatory Powder.

Take Florentine Orris 1 Scruple; white Hel-lebore half a Scruple; Oil of Nutmeg 1 Drop; make a Powder; white Vitriol 5 Grains may be added.

Sternutatories purge and cleanse the Head, because they irritate the Spirits nidulating in, and irradiating those Nerves that are disseminated into the internal Membranes of the Nostrils. For the Spirits being provoked into Spasms and tumultuary Transports, loosen the impacted viscous Humours, shake them out of their Places, and eliminate them thro' the *Infundibulum* and Pituitary Gland out of the Confines of the Brain into the Veins: And so it's all inward, and out of Sight. But as to that *Pus* and Putrilage that is cast out of the Nose by Sternutation, it comes no farther than from the neighbouring Glands and Caverns, and not from the Brain itself.

Powder of *Asarum* Leaves is a very commendable Sternutatory.

In Rheumatic Affections of the Eyes without much Redness and Pain, there's no Reason why Sternutatories should be forbidden. But where the

the Patient is old, the Eyes weak, the Malady of long standing, the Defluxion sharp, and Inflammation great, they are manifestly pernicious, and must be avoided. And strong Sternutatories hurt the Ears.

Stomach Powder.

Take Spanish Angelica-root, Mint, Cinnamon, each 1 Scruple; Mace 12 Grains; Balaustines, long Pepper, each 4 Grains; Oil of Wormwood 1 Drop; white Loaf Sugar 4 Scruples; make all into a Powder for 4 Doses.

It warms, comforts, corroborates, &c. much like the Stomach Electuary.

Bitter Stomach Powder.

Take Virginia Snake-root, Zedoary, Gentian, Elecampane, each 5 Grains; Oil of Nutmeg 1 Drop; make a Powder.

It warms, roborates, deterges, and useth to bring considerable Advantage, when by reason of daily hard Drinking, Sotting and Soaking, the Fibres of the Stomach being over-wash'd, become lapse like a Tripe; and its *Villæ* being flabbered over, and oppress'd with slimy Putrilage, retain nothing; whence arise Loathing of Food, Morning Strainings, and Vomiting.

Give a Dose every Morning, half an Hour before rising, in a Draught of *Bitter Decoction*.

A Powder for Strumæ.

Take Rocket-seed, and Poultry Bones dry'd in an Oven, as much as you will; beat both into Powder; and mix.

Though this be an Empirical Remedy, and
I never

I never us'd it; yet, because I knew a certain young Woman, who upon undoubted Experience found much Good by it, I had a mind (though not to recommend, yet) to communicate it. She took as much as would lie on a broad Knife's Point twice a Day, for a long time.

Ettmuller appoints Medicines against *Strumæ* to be given especially in the Wane of the Moon.

1. Styptic Powder.

Take Troches of Lemnian Earth, Bole, each 1 Dram; Hæmatites Stone, Dragons-blood, Mastick, Gum Arabic, each half a Dram; make all into a Powder.

It's to stanch inward Hæmorrhages.

2. Styptic Powder.

Take Astringent Crocus of Mars, Seeds of white Poppy and Henbane, each 1 Dram and 12 Grains; Sugar of Lead 24 Grains; make a Powder for 8 Doses.

Sulphur Powder compound.

Take Flour of Sulphur, Rhenish Wine, Tartar, fine Benjamin, of each 1 Dram; Aniseed, Florentine Orris, Liquorice, of each half a Dram; Elecampane, Saffron, of each 15 Grains; white Sugar-candy 2 Drams; powder all for 9 Doses.

'Tis Pectoral.

Tartar Powder compound.

Take Cream of Tartar 5 Drams; Balaustines 1 Dram; Spirit of Vitriol enough to make it pretty tart; mix up a Powder. It

It corrects bilious Humours suffused into the Ventricle, restores natural Acid, strengthens the loose Tone; and so is of approv'd Use, when a bitter *Colluvies* brings Queasiness, Loss of Appetite, Bradypepsy, Vomiting, or *Diarrhæa*.

Riverius (*Cap. de Concoctione læsa*) relates a very singular Story of himself, how that having been troubled with an *Alvine* Flux for 4 Months, at last he was freed from it, and perfectly cured in a few Days, by the Use of Vinegar. He indeed lays the Blame upon Phlegm and Melancholy, being imposed upon, as I imagine, by his Stools, which (the Sharpness of Humours raking off the Linings of the Guts) appear'd all slimy and pituitose: Whereas, in reality, the whole Cause was to be referred to extreme acrid Bile, plentifully flowing into the Guts.

Tartar Powder Duple.

Take Cream of Tartar 2 Scruples; Salt of Tartar 1 Scruple; Oil of Juniper 3 Drops; white Sugar 1 Dram; powder all together, for 3 Doses.

To cure Intermitting Fevers, and to carry off by Urine.

Cilingius his Powder.

Take Crystals of Tartar, Peach-stone, Crabs-eyes, each 1 Dram; Salt of Amber half a Dram; white Sugar 3 Drams and half; make a Powder, adding Oil of Aniseed 5 Drops.

It's used in Nephritick Cases. The Dose is from half a Dram to 1 Dram.

Treacle Powder.

Take Roots of Tormentile 2 Drams; Spanish Angelica, Virginia Snake-root, Contrayerva, Zedoary, Spikenard, Saffron, each 1 Scruple; Mace half a Dram; Camphire, Opium, each 15 Grains; make all carefully into a well mix'd fine Powder.

By Malignity (saith Ettmuller) we can conceive nothing else but an Acrimony in such Excess, that it's vehemently operative, even in the least Quantity imaginable, which makes upon the nervous System a highly destructive preternatural Impression; and brings on the Humours a putredinous Mutation of their proper Texture. Concerning the *Operandi ratio* of Alexipharmacs, see the *Decoction* called *Sacrum*.

It emulates the Virtues of Treacle. One Scruple of it contains one Grain of Opium.

Viper Powder compound.

Take Troches of Vipers (or rather Vipers Flesh dry'd) 15 Grains; Salt of Amber 3 Grains; Saffron 2 Grains; make a Powder.

It's held for a great *Arcanum* against the Jaundice.

Uvular Powder.

Take Japanic Earth, Balaustines, each 1 Scruple; Alum, long Pepper, each half a Scruple; powder and mix.

See the Gargle for the *Uvula*: The Manner of using it is thus: The Tongue being held down with a *Speculum Oris*, let the Powder be blown upon the *Uvula* with a Pipe or *Uvula Spoon*, and let the Operation be repeated as Occasion requires.

The

The Women's Powder.

Take Astringent Crocus of Steel half a Scruple; Spikenard, Species of Hyacinth, each 5 Grains; bring all into a fine Powder.

It's of great Service to correct the Laxity of the Uterus, hinder a Flux of Blood, and consequently prevent Miscarriage. Let it be given Night and Morn with a Glass of rough red Lisbon Wine; or oftner, if there be an actual Flux.

Ptisan.

Take Quick-grass-root 3 Ounces; Liquorice, Shavings of Harts-horn and Ivory, each 2 Drams; Raisins of the Sun 1 Ounce and half; boil in depurated Barley-water 3 Pints to 1 Quart; in the strain'd Liquor dissolve Salt Nitre 4 Scruples; Syrup of Violets 1 Ounce; mix.

It's a Drink for People in Fevers, and pleasant enough; quencheth Thirst, mitigates Fervours, succours the Lungs, and provokes Urine.

A Quilt for a Cap.

Take Male Piony-root 2 Drams; Spanish Angelica-root 1 Dram; Florentine Orris, Lavender-flowers, each half a Dram; Arabian Stœchas-flowers 1 Dram; Cloves, Nutmeg, Mace, each 1 Scruple; Storax Calamite, Labdanum, Amber, Balsam of Tolu, each 1 Dram; Oil of Rosemary 5 Drops; reduce it to a gross Powder; which being mixed into Cotton, is to be quilted in a silk Cap according to Art.

Every Night, at Bed-time, let this Cap be fumed and warmed with the Smoak of Amber, Olibanum, Balsam of Tolu, or the like, sprinkled upon Coals.

It's

It's a signal Use in humid, pituitose Affections of the Head, in cold, customary, Rheumatic Pains of the same: And it's believed to recreate the Spirits, and roborate the Brain.

A Cardiac Quilt.

Take Spanish Angelica-root, Calamus Aromatic, each half an Ounce; yellow Saunders, Lavender-flowers, Saffron, Carraway-seed, Cloves, Mace, Benjamin, Storax Calamite, each half a Dram; make all into a gross Powder, to be quilted in Silk with Cotton, and hanged from the Neck, upon the Region of the Heart.

A Pectoral Quilt.

Take yellow Sanders, Florentine Orris, Calamus Aromatic, each 2 Drams; Lavender-flowers, Coriander-seed, Nutmeg, Mace, Benjamin, Storax Calamite, each 1 Dram; Oil of Aniseed, Cloves, each 3 Drops; bring all into a coarse Powder.

1. Stomach Quilt.

Take Spanish Angelica-root, Aromatic Reed, each 1 Dram and half; dried Mint, Wormwood, each 2 Drams; Seeds of Coriander and Carraway, each 1 Dram; Cinnamon, Nutmeg, Mace, Cloves, Storax Calamite, Benjamin, each half a Dram; beat all into a gross Powder.

2. Stomach Quilt.

Take Florentine Orris, Aromatic Reed, each 2 Drams; Cubebs, Nutmeg, Mace, Cloves, Calamite Storax, Benjamin, each 1 Dram; Oil of
E c Carraway,

Carraway, Mint, Rhodium, each 2 Drops; Oil of Wormwood 1 Drop; powder grossly, and mix.

Rob of Acacia.

Take Sloes (not fully ripe) as many as you please; stew them in warm Water till soft; pass them through a pulping Sieve; evaporate away the superfluous Humidity; then add half its Weight of fine Sugar, and boil it up to a due Consistence.

This deserves to hold one of the highest Places among the strongest Astringents.

A Sinapism.

Take Crum of white Bread 2 Ounces; fine Meal of Mustard-seed searced 1 Ounce; Oil of Cloves 32 Drops; Vinegar 3 Ounces; Honey as much as needful; reduce it to the Consistence of a Cataplasim.

Now-a-days, because of the frequent Use of Epispastics, Sinapisms (which are a Degree under them) are almost quite left off; but (as I take it) undeservedly: Forasmuch as,

1. They call the Spirits and Humours to a weak Part, and restore its Tone; and so do a great deal of Good in a Palsy, Atrophy, Mortification, &c.

2. They attract Matter, which lieth deep, to the Superficies; upon which Account they are of Use in the *Sciatica*, or other Pains remotely situate; as also in Malignant and Pestilential Tumours.

3. They revel from the Part affected, and therefore draw away Pains of the Head and
Teeth,

Teeth, and Rheums from sore Eyes, and disperse the tumultuous Clusters of Spirits, when one particular Member is hysterically, or otherwise spasmodically affected: And (which is no small Piece of Service) when the Gout, leaving the extreme Parts, flies dangerously to the Head or Stomach, a Sinapism applied to the Feet will probably bring it back again, if any thing can.

When a Sinapism is laid on, the Part must be often inspected; for it must not be left there till it causes Tumour, vehement Pain, or Blisters; but only till the Skin, being pressed with the Finger, doth not turn white, but continues red.

Flesh-brushes are a gentle and pleasant Remedy; and may (in some Cases) perform what is desired from Sinapisms.

Antiscorbutic Spirit.

Take Bark of Guaiacum 7 Ounces; Orange 5 Ounces; Juniper-berries 1 Pound; Daucus-seed 6 Ounces; Sugar 6 Pound; Spring-water 25 Quarts; Yest as much as needs: Let it stand fermenting 12 Days; after which, add the 4 greater hot Seeds each 1 Ounce; and (when the Fermentation is almost finish'd) Scurvy-grass 12 Handfuls; Brook-lime 3 Handfuls; Indian and Water-cresses, each 4 Handfuls; Horse-radish-root 2 Ounces; Sassafras 3 Ounces; distill and rectify.

The Communicator saith, its Title speaks its Use. 'Tis convenient in a cold Scurvy; infringes Acid, discusses Flatulencies, &c. The Dose is from 1 Scruple to 1 Dram.

Spirit of Carraway compound.

Take French Brandy 1 Quart; Carraway-comfits half a Pound; Species of *Aromaticum Rosatum*, and Galen's *Lætific*, each 2 Scruples; having let them stand macerating 14 Days, strain, and add Musk and Ambergrise (ty'd up in a Piece of Muslin) each 2 Grains; Orange-flower-water 4 Ounces; at last, put to it as much Leaf-gold as you please.

Spirit of Wine Camphorated.

Take rectify'd Spirit of Wine a Pint; Camphire (ground upon a Marble with a little of the same Spirit) an Ounce and half; let them stand in a gentle digesting Heat, till the Camphire be entirely dissolved, and taken up into the Spirit.

Some add Spirit of Salt Armoniac.

In malignant Fevers, with Watching, *Delirium*, Twitching, &c. Camphire is reputed excellent, to give the Spirits a fine and ordinate Expansion, and to dispose them to kindly Rest.

It promotes Sweat and Urine; and is commonly prescrib'd in an Uterine *Furor Gonorrhœa*, and Scalding of Urine.

Outwardly it's prevalent against a *Cholera*, Iliac Passion, Colic, external Inflammation, *Erysipelas*, Burn, Gangrene, Tooth-ach, Spots and Pustules of the Face, and Joint-Pains.

Alexiterial Stone.

Take Amber, red Coral, each half a Dram; Diaphoretic Antimony, Contrayerva-root, Crabs-eyes, each 1 Dram; Crabs-claws half an Ounce; levigate all upon a Marble, till it be an exquisitely

fitely fine and impalpable Powder, which make up into little Balls, with Jelly of Harts-horn; to these may be added Ambergrise 12 Grains.

It's not so chargeable as Powder of Crabs-claws compound, because it hath neither Pearl nor Bezoar, and yet perhaps is a Composition not much inferior to it.

Sugar Nitrated.

Take Crystal Mineral 1 Ounce; double refined Sugar 3 Ounces; powder them together.

Our Sugar of Pearl.

Take white Sugar-candy powder'd and searced 3 Ounces; Pearl prepared 1 Ounce; make it into a subtile Powder.

Its Use is for the making up of Pearl-Juleps speedily and easily, thus:

Take what Waters you have occasion for 12 Ounces; Sugar of Pearl half an Ounce; mix.

Sugar Scorbutic.

Take Juice of Scurvy-grass as much as you please; keep it in a glass Bottle close stopped up till the Fæces are precipitated; then decant the clear, put a good Quantity of Sugar to some of it in a Marble Mortar, and work it well together; then gently dry it. Then put more Juice to the said Sugar, dry it again, and repeat this Operation several times; so shall you have a green Sugar, which being put into a Glass, and impregnated with Spirit of Scurvy-grass, and kept close stopped up, will be an egregious Magistery.

Diffolve as much as a Knife's Point will take

up, in a Draught of Wine, for a good grateful Antiscorbutic Drink.

The same Process may be used for Wormwood, and many other Vegetables. *Ettmuller*, Vol. 1. Pag. 1003.

Suppositories.

Take common Salt (or Salt Gem) powdered Aloes (or Species of Hiera) each half a Dram; Honey boiled up to a just Consistence (that is, till 'twill not stick to and dawb the Fingers) as much as sufficient; mix, and make out of it 2 Suppositories.

Or they may be made with crude Alum 1 Dram; *Hiera Picra* half a Dram; and Honey boil'd up to a due Height.

Ettmuller (upon *Scroder*, cap. 83. p. 1033) saith, if fresh Pork, or old Cheese, be put up in the Form of Suppositories, the *Ascarides* will fix thereon, and may be drawn out with it.

When the Peristaltic Motion of the Intestines flyeth upward; Suppositories, and Glysters are of use to turn, and incline it downwards; and withal cause the circular (or perhaps spiral) Fibres to remit of their Constriction and Convulsion.

For I (saith *Wepfer de Cicutâ aq.* p. 325.) have more than once observed in Vivisection; and also in a certain Woman, who for several Years had a Portion of her Intestine hanging out of the Abdomen; that the Motion of the Intestines made equally upwards and downwards, according as I lightly pricked it in the upper, or lower part.

Our Syrup of Ammoniacum.

Take Gum Ammoniacum, not strained, half an Ounce; dissolve it in Water 1 Ounce; strain, and join it according to Art, with white Syrup 11 Ounces.

It powerfully incides, attenuates, deterges, and expectorates. It helps very much in inveterate Maladies, that owe their Original to thick tough Phlegm, in a laborious straining Cough, *Asthma*, *Empyema*: Yea, and in a *Peripneumonia* and *Fleurisy*, when the Fury of the Inflammation is past.

Asthmatic Syrup.

Take Fox-glove Flowers fresh gathered in the Month of May 2 Ounces (that is about 200); Waters of Hyssop, and Penny-royal, of each half a Pint; give them a close hot Infusion for an Hour; to the strained Liquor add Liquorice half an Ounce; Elecampane, Aniseed, of each 1 Dram; Agaric (cut thin and tied up in a piece of Muslin) 2 Drams; stop up close, and keep them hot, an Hour more; then strain out the Liquor, and in 11 Ounces of it dissolve fine Sugar 18 Ounces; and in one Ounce of the Liquor (kept out for this purpose without Sugar) dissolve Gum Armoniac half an Ounce; lastly, having joined both together by Rules of Art, add Tincture of Benjamin 3 Drams.

The Dose is a Spoonful.

Balsamic Syrup.

Take Balsam of Tolu 6 Drams; boil it (without scumming) in Spring (or fine Barley) Water

E c 4

20 Ounces;

20 Ounces to 12 Ounces; then add treble refined Sugar 16 Ounces; and without any farther boiling, as soon as 'tis melted, take it off from the Fire; set it by to cool, and strain it, when the Balsam is coagulated again, otherwise it will stick in the Strainer.

In *Pharmac. Bat.* 2 Ounces of Balsam are allowed to this Quantity: And it's only infused and not boiled. But if it be made as here taught, 'twill be cheaper; and (as far as I can know by Taste and Smell) full out as good.

Mr. Boyle's Syrup.

Take Comfrey-roots 6 Ounces; Plantain-leaves 12 Handfuls; cut, beat, and strain out the Juice; to which add an equal Weight of Sugar, and boil it up to a Syrup.

He must be a mere Stranger in Physic, that is not acquainted with this (as its Author was) most noble Syrup, and how mightily it succours those that cough up Blood.

Chalybeate Syrup.

Take white Wine 1 Pint and half; Filings of Iron 1 Ounce and half; powdered white Tartar 6 Drams; Cinnamon, Nutmeg, each 1 Dram and half; Mace, Cloves, each half a Dram; make a warm Infusion 4 Days in a large open Glass (else it will burst asunder) or (which is better, if Time will permit) let them stand cold 14 Days; decant the clear Wine through a Strainer; and, having added to 1 Pint of it fine Sugar 1 Pound, make a Syrup.

Iron (according to *Lemery*) far excells Steel for Medicinal Uses, because it's not so compact, dissolves

diffolves easily in the Body, and more freely gives out its Virtues.

Syrup of Diagrydium.

Take Diagrydium powdered 6 Drams; Cinnamon powdered 2 Drams; rectify'd Spirit of Wine 1 Pint; burn till half be evaporated; then strain, and with white Sugar half a Pound make a Syrup according to Art.

Its Dose is an Ounce.

Diuretic Syrup.

Take Arsmart-water 1 Quart; Prunella-stone 2 Ounces; white Sugar 2 Pound; boil it up to a Syrup.

Mayern takes Water a Quart; Sugar and Salt Prunel of each 12 Ounces; and boils them up to the Consistence rather of a Julep, than a Syrup, lest the Salt should granulate in it.

It has the same Virtues with the *Diuretic Nitrous Julep*.

If the Spirit of Vitriol, Nitre, Salt, Oil of Sulphur, or the like intense Mineral Acids, be poured upon Nitre, 'twill raise a Smoak like *Aqua fortis*: Therefore Care should be taken, that none of these Chymical Acids be mixed with this Syrup, or any other Nitrous Medicine, because they'll produce such a Corrosive Sharpness, as will be extremely noxious to the Stomach and Bowels.

Syrup of Eggs.

Take Whites of Eggs 3; Plaintain-water 6 Ounces; beat them very well; then having put to it double refined Sugar (powder'd, and searced)
6 Ounces,

6 Ounces, *mix and work them together in a Mortar, allowing Time and Pains till it become a perfect Syrup, without the help of Fire.*

Some say, if you beat up Whites with a green Stick from a Fig-tree, you may soon reduce them to Water: If the Milk of Fig-tree have a Quality of dissolving Whites, perhaps it may the gelatinous *Serum* of the Blood; which Thing deserves to be experimented.

This Syrup is to be used in such a Cough, as proceeds from a thin sharp Rheum irritating the *Larynx*.

Syrup of Elecampane.

Take Roots of Elecampane, Polypodium, Currans, each 2 Ounces; Liquorice half an Ounce; Virginia Tobacco dried 2 Drams; Colts-foot, spotted Lungwort, Savory, Calamint, each 1 Handful; boil them in simple Hydromel to a Pint and half; strain, and, adding Sugar 1 Pound and half, make a Syrup.

It hath a great Faculty at attenuating, inciding, deterging gross, tough, viscid Phlegm, and opening the Lungs: 'Tis therefore convenient in a laborious, deep, pectoral Cough, Shortness of Breath, Humoral *Asthma*, *Empyema*, &c.

Syrup of Garlic.

Take Garlic, (peel'd, and cut into pieces) Ani-seed bruised, each half an Ounce; Elecampane-root 3 Drams; Liquorice 2 Drams; Brandy 1 Pint and half; stop it up close, and give it a warm Digestion, two or three Days; then having strained the Liquor out clear, and put it into a silver Porringer over hot Coals, make it ready

ready to boil, and, adding very fine Sugar 1 Pound and a half, set it a Fire, and as it flameth, keep it stirring as long as 'twill burn. And at last pass it through a Flannel Bag.

This is Dr. Willis's Syrup: I have often caus'd it to be made, and found it a very good one. The Virtues of Garlic may be seen in *Loboch of Garlic.*

Syrup of Hounds-tongue.

Take Juice of Hounds-tongue (clarify'd by Coction) and fine Sugar, each 1 Pound and half; boil it up to a Syrup.

The whole Body of Physicians hath, all along, with a general Voice, attributed to this Plant a soporiferous Quality; and therefore it's made the Basis of *Pil. de Cynoglossa*. Nay, *Schroder* saith, because it's suspected to contain a virulent (or venomous) Narcoticism, it's seldom used. Thus may a good Medicine (as well as Physician) be vogue'd down by a groundless Fancy! I profess, I have used this Syrup a multitude of times, and I could never yet find it cause Sleep, or to be in the least virulent; but I often experimented it to be a great Remedy, second to none, against hot, sharp, thin, Catarrhus Humours, and a Cough occasioned thereby.

Incrassating Syrup.

Take Plantain-water 1 Pint; Gum Arabic 1 Ounce and half; dissolve at the Fire, and add fine Sugar 1 Pound; make it into a Syrup.

See the *Incrassating Decoction*, whose Virtues it emulates. To which add, that, externally used, it checks an *Herpes*.

Syrup

Syrup of Liquorice.

Take sweet Tincture, Honey, each 1 Pint; Oil of Aniseed 8 Drops; make a Syrup.

It incrassates, mollifies, maturates, obtunds Acrimony, helps for a Catarrh Cough: But when the Lungs are filled with thick Matter, and so suffer a Difficulty of Breathing, then attenuating and inciding Medicines (such as *Syrup of Elecampane*) are of more Use.

Syrup of Mallows.

Take the Magistral Decoction of Mallows 1 Pint; fine Sugar 1 Pound; make a Syrup.

For its Virtues, see the said *Decoction of Mallows*.

Syrup of Moss.

Take Moss (called Oak Lungs) 4 Handfuls; Comfrey-root 6 Ounces; Malaga Raisins stoned 2 Ounces; Liquorice 3 Drams; Balsam of Tolu 2 Drams; boil in Hydromel simple to 1 Pint and half; and with Sugar sufficient, boil it up, pretty high, into a thick Syrup.

It's (saith the Communicator) famous, and effectual against clangose, convulsive, hooping Coughs, if a Spoonful or two be given often, both before and after every Fit of Coughing, either in Penny-royal Water, or Pectoral Decoction, for some Days.

Syrup of Myrrh.

Take Myrrh 2 Drams (or at most half an Ounce;) grind it with brown Sugar-candy 4 Ounces; dissolve it in hard boiled Whites of Eggs

Eggs (just as Oil of Myrrh by Deliquium is prepared.)

It's most excellent in an inveterate Cough, Phthific, and Ulcer of the Kidneys.

Syrup of Salt of Steel.

Take Succory-water 8 Ounces; Salt of Steel powdered 2 Drams; melt it thoroughly over the Fire in a glazed Vessel; then set it by two Days, that its Crocus may be precipitated; which done, decant the pure clear Liquor, and adding fine Sugar 8 Ounces, Oil of Cinnamon and Nutmeg, each 2 Drops; make a Syrup.

If you pour the Solution of Salt of Steel into Milk, 'twill not coagulate it at all; therefore that Salt, though prepared out of Oil of Vitriol (one of the most acid of Acids) yet contains no Acid in it; which is remarkable enough.

Where I had this Note I cannot call to mind; but I believe it's partly a Mistake, and I wish I knew all mine, that I might retract 'em. Others Experiments are not always to be rely'd on. My own was as follows.

I put into three earthen Porrengers, cold, tepid, and boiling hot Milk, and poured into each the Solution; and after having let them stand by 24 Hours, found the cold scarce turned at all; the tepid a little; but the hot Milk was perfectly separated into a thin bluish Serum, and a Coagulum swimming over it; which yet was rather a thick Cream, than a true Curd.

Syrup of Salt of Steel Hysteric.

Take Asa Fætida a Dram and half; dissolve it cold (according to Art) in Hysteric Water an Ounce;

Ounce; strain, and mix it with Syrup of Salt of Steel 11 Ounces.

Syrup of Saffaphras.

Take Shavings of Saffaphras 2 Ounces; boil them in fair Spring-water 3 Pints to a Quart; adding at last Cinnamon, sweet Fennel-seed, of each half an Ounce; strain, and with Sugar, boiled up Candy high, 2 Pound, bring it to a Syrup, without more boiling.

'Tis Cephalic, Pectoral, Cordial, Stomachic; is prevalent against Catarrhs, and such Maladies as are occasioned from Phlegm, and Cold.

Syrup of Tobacco.

Take Liquorice half an Ounce; Virginia Tobacco (cut and dried ready for Smoaking) 1 Dram; give it a hot and close Infusion in fair Water 6 Ounces for 2 Hours; in 4 Ounces of the strained Liquor dissolve Honey 2 Ounces; white Sugar 4 Ounces; at last add Oil of Aniseed 1 Drop; Tincture of Benjamin 2 Drams; mix.

It expectorates powerfully, and sometimes, where the Stomach is apt to take Offence, causes a Puking.

Treacle Syrup.

Take Contrayerva-root bruised, Andromachus his Treacle, of each half an Ounce; Damocritus his, and Fracastorius his Electuary, of each 2 Drams; Angelica-seed 1 Dram; Saffron, Cochineal, of each half a Dram; Alexiterial Milk-water 4 Ounces; Treacle and Epidemial Waters, of each 1 Ounce; Wine Vinegar 4 Ounces;

Ounces; let these stand in a Glass Bottle (well corked and tied over) in a Pot of hot Water 12 Hours; then having strained the Liquor through a Flannel Bag, and set it by to settle, decant the clear, which with Sugar (boiled up to a Candy height) half a Pound, make into a Syrup, without boiling.

Give 2 Spoonfuls in a proper Vehicle; or sweeten Alexipharmac Juleps with it.

The White Syrup.

Take pure Fountain-Water 1 Quart; fine Sugar 3 Pound; boil (and scum it well) into a Syrup.

Some, in the boiling up of Syrups that are to keep, add Honey to the Sugar; and say 'twill help throwing off their Scum, preserve their Consistence, and keep them from candying.

I use to appoint my Apothecary to keep this simple Syrup always ready in his Shop; and that, not for any Medicinal Quality I expect from it, but partly (since 'tis cheap) to make up Electuary (of the Bark for Instance) Masses of Pills, Mixture of Juniper, and a Thousand other Things, where I require nothing at all from the Syrup, but merely Consistence, or Sweetning.

And partly, that the Colour of the Medicine may not be spoiled, and on this Account it's an Ingredient in the Balsamic Emulsion; and to instance in others, when I prescribe Spirit of Harts-horn, or any other of that Volatile Salt kind to be mixed in a Julep, if I should order Syrup of Gilly-flowers 'twould turn it nasty black; if Syrup of Violets, green; if Syrup of Cowslips,

Cowslips, brown, like Urine; but when I use this colourless Syrup, it gives no unpleasing Colour, nor alters the Look of the Medicine in the least.

Cardiac Tablets.

Take powdered Spanish Angelica-roots, Species called Diambra, of each half a Dram; Oil of Nutmegs 4 Drops; Oil of Cinnamon and Cloves, of each 2 Drops; fine Sugar dissolved in Aqua Mirabilis, and boiled up to a due Height, 3 Ounces; make Tablets, according to Art.

They repair languid and spent Spirits; cure cold Distempers of the Stomach; and help for Palpitation, and Trembling of the Heart.

Hysteric Tablets.

Take Loaf-Sugar 4 Ounces; put a little Water to it; boil it up to a Tablet Height; then add Oil of Amber 8 Drops; and so drop it in small Cakes upon a Pewter Plate.

Alexiterial Tincture.

Take Virginia Snake-wort, Contrayerva, Spanish Angelica-roots, and Venice Treacle, each half an Ounce; Myrrh 2 Drams; Saffron 4 Scruples; Cochineal 2 Scruples; Tincture of Salt of Tartar 1 Pint; digest according to Art, and filtre.

Antiphthisic Tincture.

Take Sugar of Lead, and Vitriol of Mars powder'd, each 1 Ounce; rectified Spirit of Wine 8 Ounces; set it by till it extract a red Tincture, which filtre.

Ettmuller takes Vitriol of *Mars* 1 Part, Sugar of Lead 2 Parts, and saith, the Tincture partakes not much of the Steel, but hath its chief Virtue from the Lead.

I have heard *Jo. Michael* was the Author of it, and that 'tis of great Esteem in *Germany*. It restores due Tone to the *Bronchia* when grown lax, hinders the Admission of acrid *Serum*, heals ruptured Vessels, extinguishes putredinous Ferment, keeps under Hectic Heat, is counted a Specific against Spitting of Blood, and is a profitable Medicine in the first Stage of a Consumption. *Wedelius* saith, it tempers the Acrimony, concentrates the Halitosity, restrains the Rarefaction of the *Serum*, and stops profuse Sweating; which, if it do, it merits a very particular Regard. Let 20 or 30 Drops be given twice a Day in an appropriate Vehicle.

Aromatic Tincture.

Take *Matthias his Spirit of Lavender* 1 Ounce; Cloves bruised 1 Dram; Saffron 16 Grains; black Pepper 4 Grains; digest 2 or 3 Days cold, and then filtre.

'Tis cephalic, cordial, stomachic; its Dose 20 Drops in a fit Vehicle.

Balsamic Tincture.

Take Balm of Gilead, of Capive, Peru, and Tolu, each 2 Drams; Spirit of Wine rectify'd half a Pint; Tincture of Benjamin 1 Ounce; digest in Balneo 2 Days, and filtre.

I have sometimes made it with Spirit of Lavender compound, instead of Spirit of Wine; and it very much enriched it.

This Tincture was invented, to the end that the most delicate, nice and nauseous Persons, might take Balsamics in a Compendium, and without Offence. It's a prevailing Medicine to heal Excoriations of the Lungs, and fetch off their Infarctions. Also against Bloody Urine, and Nephritic Affects. The Dose is 30 Drops thrice a Day, in a good Vehicle.

Tincture of Cantharides.

Take powder'd Cantharides half an Ounce; good Spirit of Nitre 1 Ounce; digest 24; then add Spirit of Wine camphorated 3 Ounces; digest again in Balneo 2 Days, and then filtre.

Its Use is to force Urine, cure Ulcers of the Reins and Bladder, and take away Scorbutic vagous Arthritic Pains; but every Ignorant must not meddle with this Edge Tool.

Groenvelt says, Camphire is the proper Corrector of Cantharides.

The Dose is from 4 to 20 Drops twice a Day, in a Draught of Decoction of Mallows, edulcorated with Syrup of Violets.

An Epileptic Tincture.

Take Russia Castor half an Ounce; yellow Amber powder'd, English Saffron, of each 2 Drams; fresh Flowers of Lilly of the Valley 1 Ounce; to these pour Spirit of Wine camphorated, Spirit of Lavender compound, Spirit of Salt Armoniac, of each 4 Ounces; digest without Heat 6 Days, and then decant, and filtre.

It throughly and miraculously (saith the Communicator) eradicates an Epilepsy and Hysterick Passion, if given before and after the Paroxysm,

oxysm, and repeated before New and Full Moons.

The Dose is from 1 Scruple to 1 Dram, in Black-cherry or Lime-flower Water, or a Cephalic Julep.

Tincture of Gentian.

Take Gentian sliced thin 2 Ounces; Canary Wine 1 Quart; digest 3 Days cold, and pour it through a Strainer.

It's Stomachic, Anticolic, Anthelminthic, Antapoplectic, Febrific; and good in the Bite of a mad Dog: If it lye too long in the Wine, 'twill make it slimy.

The Dose 3 Ounces thrice a Day.

Hysteric Tincture.

Take Sydenham's Liquid Laudanum, Tincture of Castor, of each half an Ounce; Asa Fætida 1 Dram; digest a due Time.

The Dose is 20, 30, or 40 Drops.

Japanic Tincture.

Take the black Part of Terra Japonica powder'd 1 Ounce; Peruvian Bark half an Ounce; Balaustines 2 Drams; Pomegranate Peel 1 Dram; Cloves, Cochineal, of each half a Dram; rectify'd Spirit of Wine 8 Ounces; strong Cinnamon Water 4 Ounces; digest according to Art, and filtre.

'Tis an excellent Astringent and Styptic.

Odontalgic Tincture.

*Take Roots of Pelitory of Spain half an Ounce; Tobacco cut and dried, Balaustines, of each 1
F f 2 Dram;*

Dram; Cloves a Dram and half; Black Pepper 1 Scruple; Camphire half a Scruple; Hungary Water 8 Ounces; sharp Vinegar 2 Ounces; extract a Tincture; to which (when filtred) add Liquid Laudanum (not tartariz'd) 2 Drams.

It may be used together with a Decoction of Savine. Let the Patient be careful not to swallow it down.

Pectoral Tincture.

Take liquid Amber, Styrax liquid, Peruvian Balsam, Venetian Turpentine, of each 2 Drams; Calx Water a Quart; evaporate half away; then filtre, and boil till it come to the Consistence of Honey; which done, pour on it Tincture of Salt of Tartar half a Pint, and by due Digestion extract a Tincture.

This is of Use to exonerate, heal and roborate the Lungs; and may be given from 20 to 30 or 40 Drops, in an appropriate Vehicle.

Purging Tincture.

Take Senna 3 Ounces; Rhubarb 1 Ounce; Scammony 4 Scruples; Brandy 2 Quarts; digest.

The Dose is from 2 Ounces to 3 or 4.

Purging Cephalic Tincture.

Take Senna half an Ounce; Rhubarb, Agaric ty'd up, Species of Hiera, each 2 Scruples; White-wine 1 Pint; macerate and strain.

I have known it do much good in a Head-ach, occasion'd by Crudity, and Foulness of Stomach.

Let 3 Spoonfuls be given at Night, and 4 the next Morn, each other Day, with slight Observation.

Tincture

Tincture of Rhubarb.

Take Rhubarb sliced thin 2 Ounces; Brandy 1 Quart; infuse cold: For some Uses it's best to infuse it in Cinnamon-water.

It's excellent in the bilious Colic. The Dose 3 or 4 Ounces.

Stomachic Tincture.

Take Cinnamon 2 Drams; Mace, Nutmeg, each 1 Dram and half; Cloves 55 Grains; Grains of Paradise 1 Scruple; yellow Paring of Orange Peel not dry'd 1 Dram; Saffron 2 Scruples; Cockineal 11 Grains; Tincture of Salt of Tartar 12 Ounces; digest.

Stomatic Tincture.

Take Gum Lac powder'd half an Ounce; burnt Alum 1 Dram; small Spirit of Scurvy-grass 8 Ounces; stop up close in a Glass Bottle, digest till a good Tincture appear, and warily decant.

It's a singular Thing for the Cure of scorbutic Laxity, Bleeding, Wasting, Putrefaction of the Gums, and stinking Breath occasioned by the same.

Sweet Tincture.

Take Spanish Juice of Liquorice cut thin 1 Ounce, Cockineal 2 Scruples; Canary Wine 1 Quart; digest. To these may be added Saffron 1 Dram.

Liquorice is truly, in general, a laudable and useful Medicine; but is found Fault with notwithstanding; because consisting of a thick, heavy, sluggish Juice, it creates Nauseousness in

the Stomach, and passeth not currently into the Blood. But this Tincture happily possesses the entire Virtues of Liquorice, without its Vices; for it fits easy upon the Stomach, and finds ready Admittance into the Blood; and (by its Conveyance) into the inmost *Loculi* of the Lungs, where it mollifies and obtunds acrid *Serum*, moderates the Straining of a dry tiresome Cough; admirably digests, and maturates crude Phlegm sticking in the *Tubuli*, and Vesicles, and renders it fit for Expectoration.

Give a Spoonful often, either alone, or with a Pectoral Julep.

A Tobacco for Catarrhs.

Take Pistachio Peels 6 Drams; Tobacco 2 Drams; Colts-foot 1 Ounce; Oil of Aniseed 8 Drops; cut and mix.

Take in a Pipe like Tobacco; it's good to stop a Catarrh, and prevent a Consumption.

A Tobacco for Consumptions.

Take Pistachio Peels 3 Drams; dry'd Hyssop, white Horebound, Rosa Solis, each 2 Drams; Auripigment, Tobacco, each half an Ounce; reduce all into an exquisitely fine Powder; which grind upon a Marble with Yolk of Egg, till it become just like Painters Paint. This lay upon the rough side of Colts-foot Leaves with a Pencil or Knife, and hang them by, single: When they are dry, cut them with Scissors fit for a Pipe.

Smoak it, like Tobacco, Morn and Even, and as you are smoaking draw it into the Lungs with your Breath, and cough it out again.

Dr. Willis saith, Empiricks ordinarily prescribe

scribe Smoaking of Orpiment like Tobacco; and sometimes with good Success. And it's a Practice with the common People to smoak Bits of Cloth painted with Orpiment (such as we find us'd for Hangings in some old Houses) and suck it into their Lungs, for a Cure of Consumptions.

A Vapour with Coloquintida.

Take Coloquintida Apple half an Ounce; Tops of Savine 2 Handfuls; Herb Feverfew, Pennyroyal, of each 1 Handful; Bay, and Juniper-berries, of each 1 Ounce; boil in Spring-water 5 Pints to 4; strain, and when you use it, add as much Spirit of Salt Armoniac as will give the Vapour exhaling a quick Smartness.

To provoke the *Menses*, it is to be used in a Close-stool; and every time it is heated (which may be done with hot Flints) there ought to be fresh Spirit of Salt Armoniac put into it.

Some have a Way of using Spirit of Salt Armoniac alone for a Vapour. See *Ettmuller*, Tom. 2. Pag. 1589.

A Diuretic Vapour.

Take Horse-radish-root pounded 8 Ounces; put it into a Bottle with strong Beer 2 Quarts; stop it up close, boil it in a Kettle of Water, and then putting it in a Close-stool-chair, sit over it as hot as may be endur'd.

When Stoppage of Urine happens, by reason of Pain of the Stone (either cramping up the Fibres of the Bladder, or paralytically relaxing 'em) such a smart sort of a Vapour brings good Relief; for by solving the Spasm, and rousing the Spirits, it causeth the Fibres to fall to their

necessary Work again of Compression. But when the Water is suppress'd by a Stone, plugging up the Passage of the Ureters, or *Urethra*, little or no Assistance can be expected from it.

A Vapour for the Ear.

Take Hellebore-roots both white and black, of each 1 Ounce; Juniper and Bay-berries, of each 6 Drams; Cummin-seeds half an Ounce; Rue, Wormwood, Chamomil-flowers, each 1 Handful; Water 3 Pints; Vinegar 1 Pint and a half; boil to 2 Quarts for a Vapour.

This subtile, piercing, and very sharp Vapour, penetrates to the *Tympanum* itself; fuses and deterges the Ear-wax and Filth, and notably strengthens the Tone of the Ear. An eminent Physician (in his Place and Time) held this as a very great Secret against Deafness, and wonderfully commended it to me. Perhaps the first Hint of this might be taken from an Oil of the Ear, which *Rondeletius* makes of white Hellebore-roots, Bay and Ash Leaves, and Rue boil'd in Wine and Oil.

An Emmenagogue Vapour.

Take the Scoria of Regulus of Antimony powder'd 4 Ounces; decoct in saturated Lixivium of Ashes as much as convenient, so as to extract a red Tincture; strain, and to 4 Ounces of it add Malvatic Wine 1 Ounce (or rather Spirit of Wine half an Ounce.)

Let a Spoonful or two of this be cast upon burning Coals; and let the Patient receive the ascending Reek.

Hartman (whose Prescript this is) saith it must be used only at the due Season. *Zwelfer*

Zwelfer thinks it better to inject it into the *Vagina Uteri*; a *Metrenchyta* described by *Scul-tetus*, *Tab. 13. Fig. 3.* may be proper to do it with.

A Vapour for the Haemorrhoids.

Take Mullein, Henbane, each 4 Handfuls; boil in Water 4 Quarts to 3 Quarts; and let the Vapour be received hot thro' a perforated Chair.

It's a good thing for the Hæmorrhoids, to abate their Swelling, and allay their Pain.

A Pectoral Vapour.

Take Balsam of Tolu, Benjamin, each 2 Drams; Hyssop, Penny-royal, each 1 Handful; Anise-seed half an Ounce; boil in Milk 3 Pints, to 1 Quart; at last add Spirit of Salt Armoniac 2 Drams; mix.

Altho' the *Aspera Arteria* admits no Liquors into it (as is aforesaid in *Haly's Lohoch*) yet it allows, without Reluctation, that Vapours may insinuate themselves immediately into the *Tubuli* and *Vesicles* of the Lungs, with their entire Virtues.

This Remedy is profitable to Consumptive People, upon several Accounts; for because of its comforting, digesting Warmth, it refreshes the Tone of the Parts, and ripens Crudities; because of its inciding and irritating Qualities, it attenuates viscid Phlegm, and brings it off; and lastly, because of its balsamic, sanative Nature, it corrects a putredinous Tendency, and cures and heals Ruptures of the Vessels.

A Vapour

A Vapour for a Quinsy.

Take Pepper powder'd 1 Ounce; Milk 1 Quart; boil it to 1 Pint and half; put it into a Glass Bottle with a small Neck, and let the Reek be received as hot as can be endured, with open Mouth.

This *Euporiston* doth, more powerfully than any other Gargle whatsoever, attenuate, melt down, and draw forth tough Phlegm, which by obstructing the Glands, and spongy Flesh, and hindering the free Passage thro' them of Blood and Humours, occasion'd the Inflammation and Tumour. And therefore, more effectually takes off this perilous Distemper, than any of them.

Vinegar Chalybeate.

Take of the sharpest Wine Vinegar 3 Quarts; Filings of Steel 6 Ounces; infuse cold 3 Days, and then strain.

This is from *Zachias* (*de Affect. Hypochondr.*) and is for the making of Chalybeate Oxymel.

Aloetic Unguent.

Take powder'd Aloes 2 Drams; Scammony, Troches of Albandal, each half a Dram; Ox Gall 1 Dram; Butter as much as needs; make an Unguent.

It's to be used to Childrens Navels, against Worms. I know not whether that of *Riverius* (*cap. de Hydrop.*) be founded on Experience, or not, where he writes, that Unguents compos'd of the strong Purgers are dangerous, because the purgative Quality being carried into and fix'd

fix'd in the Muscles and Membranes often causes a mortal Flux.

Aperitive Unguent.

Take Oil of Lillies, and of Tamarisk, each 2 Ounces; Juice of white Briony-roots, and Smalage, each 1 Ounce; boil to the Consumption of the Juices; and adding Ointment of Marshmallows, fresh Butter, each 1 Ounce; Gum Ammoniac strained half an Ounce; Wax as much as needs; make an Unguent.

All Tumours are caused by an Obstruction somewhere or other; which, like a Dam, stopping the Course of the influent Humours, makes an Inundation. Therefore Aperitives ought to be such, as (by reason of the Subtilty of their Particles, and such a Degree of Warmth as is agreeable to the Nature of the Part) are able to dissolve those Concretions, supple and smooth the rigid Fibres, deoppilate the Interstices and internal Passages, relax the tense *Cutis*, and set open the Pores that were closed up. These Things accomplish'd, the Blood whirls round, and resorbs the thick *Liquamen* into its Chancel; and the free Pores give Way for the thinner Part to fly off by *Diaphoresis*. And so all is brought back, and restored to its due State of Nature again.

The common Opinion of Authors is, that fat Things obstruct the Pores, hinder Transpiration, and retain Vapours in the Part affected. But the contrary of this (if I am not mightily mistaken) is true. For as the *Fibrillæ* (of which the *Tegmen* of the *Cutis* is made) are either contracted or relaxed, Transpiration is accordingly

dingly either hinder'd or helped. And when, by reason of a painful Tumour, these *Fibrillæ* are tense, rigid, and constring'd, then they purse up the Pores, and suffer nothing to transpire: But when, by means of lenifying, suppling Oils, those *Fibrillæ* are softened, lubricated, and relaxed; they suffer the Pores to open again, and facilitate *Diaphoresis*.

This Unguent is very prevalent in a tense Tumour of the Liver, Spleen and *Abdomen*; but not in an aqueose, glandulous, or schirrhous Swelling.

Unguent for an Atrophy.

Take Human Fat 1 Ounce; Oil of Bay half an Ounce; white Pepper half a Dram; Euphorbium 1 Scruple; Alum Plumose (dissolved in Spirit of Wine) half an Ounce; Oil of Juniper, Petroleum, of each 1 Dram; mix.

See Rivers his *Penis*, lib. 17. c. 1. p. 540. concerning *Ætius* his Liniment. Let the Member be every Day rubbed with it, till it grow red, and swell a little. Perhaps a Flesh-brush may be better.

Unguent de Bills.

Take white Ointment half an Ounce; Camphire (ground with a few Drops of Oil of Almonds) Flower of Sulphur, each 24 Grains; Flower of Benjamin 12 Grains; Queen of Hungary's Water 40 Drops; Oil of Rhodium 8 Drops; Oil of Cloves 4 Drops; make an Ointment.

It's very useful for Pushees, Pimples, and Blemishes in the Face.

Unguent

Unguent of Bismuth.

Take Oil of sweet Almonds 2 Ounces; Sperma Ceti 3 Drams; Magistery of Bismuth 1 Dram; mix.

'Tis a Beautifier, and particularly helpeth to take variolose Redness out of the Face.

Cordial Unguent.

Take Orange-flower Butter, Palm Oil, each 2 Drams; Apoplectic Balsam 1 Scruple; Oil of Cinnamon, Cloves, Nutmeg, each 4 Drops; mix.

Crinific Unguent.

Take Bees burnt, Mouse-dung, each half an Ounce; Balsam of Peru 2 Drams; Honey as much as sufficient; make an Unguent.

The Fore-part of the Head only is liable to be bald, saith *Aristotle*: The Reason given is, because, between the *Cutis* and *Cranium*, in the *Sinciput*, there are found no Muscles or Fat, as there are in the *Occiput*; and so the *Cutis* there becoming dry, and, as it were, testaceous, the Hair falls off.

Dissipating Unguent.

Take Ointment of Althæa 1 Ounce; Gum Ammoniac a Dram and half; crude Mercury half a Dram; Oil of Wormwood Chymical 4 Drops; mix.

An Erysipelas Unguent.

Take Juice of Elder-leaves (or Rinds) Linseed Oil, each 2 Ounces; boil to the Consumption of the Juice, and then add powder'd Letharge
as

as much as serves to make it up into an Unguent.

A Frontal Unguent.

Take Unguent of Alabaster 1 Dram and half; Oil of Mace by Expression 1 Scruple; Opium (dissolved in a little Rose-water) half a Scruple; mix.

See the Frontal with Camphire.

Hæmorrhoidal Unguent.

Take Populeon Ointment 1 Ounce; Oil of Amber 2 Drams; mix.

It's for the Hæmorrhoids, when swell'd and painful.

Unguent to drive back Milk.

Take powder'd Alum half an Ounce; Butter 2 Ounces; Wax 2 Drams; mix.

Pectoral Unguent.

Take yellow Wax 6 Drams; Sperma Ceti, Oil of Mace expressed, each 2 Drams; Oil of sweet Almonds 3 Ounces; Oil of Nutmeg 16 Drops; Oil of Cloves 8 Drops; mix.

It's a very fine, yellow, fragrant, comfortable Unguent; and hath the same Virtues with the Pectoral Plaister.

It's generally to be observ'd, in the external Use of Chymical Oils, that they are to be apply'd not alone, but mixed with Wax, and Fats, that they may adhere to the Skin the better; otherwise they will be apt to be dissipated, and evaporated into the Air.

1. *Pleuritic Unguent.*

Take Unguent of Marsh-mallows 1 Ounce; Linseed Oil half an Ounce; Oil of Cummin half a Dram; Camphire half a Scruple; Spirit of Salt Armoniac a Dram and half; mix.

In Inflammatory Tumours, there's a Congestion of gelatinous *Lympha*, which (by compressing the Vessels) stops the Course of the Blood, and forceth it to extravasate, and then the carneous Fibres by that extravasated Blood (which drives in among them like Wedges) being thrust out of Place, confusedly tangled, and stretch'd and strain'd out beyond their due Tone, produce the Sense of Pain. Now, towards the Removal of this Evil, there are two Things especially to be done. First, the fizy Concretion must (by the Assistance of Volatiles) be so dissolv'd and liquefy'd, as that it may easily be remanded into the Veins again. Secondly, the Fibres themselves must (by oily Things) be made limber, and slippery. These accomplish'd, the pulsific Motion of the Blood continually thrusting on, the Fibres will be disentangled, and recover their natural direct Rows; due Circulation thro' the Part will be reintegrated, congested Humour resorbed, and consequently the Distemper discharged.

2. *Pleuritic Unguent.*

Take Althæa Ointment 1 Ounce; Oil of sweet Almonds 3 Drams; Camphire 1 Scruple; Spirit of Salt Armoniac 1 Dram; mix.

Anointed on the Parts affected, it appeases, and takes away Pleuritic, and Podagric Pains
(saith

(saith the Communicator) for it's very penetrating, and either obtunds or dissipates the sharp stagnating Particles; or restores the extravasated to the circulating Mass of the Blood.

And I have learn'd from Experience (saith he) that Spirituous Medicines mix'd with Unctuous, do mightily ease Pains, which Spirituous alone do not.

Podagric Unguent.

Take black Soap 4 Ounces; Barbadoes Tar, Honey, each 1 Ounce and half; and the White of 1 Egg; mix.

Of the manner how external Antipodagrics operate, see the *Arthritic Plaister* and *Podagric Foment*. This hath often brought Relief.

Refrigerating Unguent.

Take Sugar of Saturn 3 Drams; dissolve it in Frog-spawn Water 6 Drams; and mix it up in a Mortar, with Ointment of Roses 3 Ounces.

Or it may be made thus: *Take Lotion with Ceruse, 2 Ounces; Oil Olive as much as required; beat them up together.*

It allays Itching, Heat, and Pain of the Back; and is good in Burns.

Renal Unguent.

Take Ointment of Poplar 1 Ounce and half; Oil of Scorpions, Juice of Lemons, each half an Ounce; Opium 1 Scruple; Camphire half a Scruple; make an Unguent, to be us'd to the Reins, in a Nephritic Fit.

Saponaceous Unguent.

Take Castile Soap 1 Ounce and half; Oil of Tartar

Tartar by Deliquium 1 Ounce; *Fullers Earth* 3 Drams; *Roots of white and black Hellebore*, each 1 Dram and half; *Elder Ointment* (prepar'd with a Mixture of *Broom-flowers* in it) 2 Ounces; mix.

It's for Spots, Pustules, Scabs, and all manner of Foulness of the Face and Skin.

Unguent for Shrinking of the Sinews.

Take *Nerve Ointment* 1 Ounce; *Neats-foot Oil*, *Oil of Earth Worms*, *Bullocks-fat-marrow* (that droppeth out of a boil'd Marrow-bone) each half an Ounce; *fine Turpentine* 2 Drams; *liquid Storax*, *Sperma Ceti*, each 1 Dram; *Oil of Aniseed* 12 Drops; mix up an Unguent.

When a Limb, struck with a dead Palsy, begins to grow cold, waste away, lose its Motion, and shrink up; in this difficult Case, such a Remedy as this, used with good Friction, sometimes is helpful. For by means of its suppling oily Substance, it mollifies and relaxes the dry, hard, contracted, carneous Fibres; by means of its Balsamic, and Aromatic Parts, it revives and roborates the benumbed, weak, nervous Fibres. And lastly, when good Rubbing is added to the rest, one may well hope, that the Blood and Spirits may be drawn more plentifully in the Part; and that natural Heat, and Tone, and Nourishment may be restor'd to the Member again.

Splanchnic Unguent.

Take *Dialthæa Unguent* 2 Ounces; *Gum Ammoniacum* strain'd half an Ounce; *Oil of Juniper* 20 Drops; mix according to Art.

It excellently attenuates, and dissolves gross, tough Humours, where-ever collected, and is mighty convenient in Tumors of the *Abdomen*, and *Hypochondria*.

Splenetic Unguent.

Take Gum *Ammoniacum* strain'd half an Ounce; *Labdanum* 2 Drams; Hens-grease 1 Ounce; Oil of *Roses* 4 Ounces; Juice of *Hemlock* 3 Ounces; boil to the Consumption of the Juice; at last add (when it groweth cool) *Balsam of Peru* 2 Drams.

It serves for the same Uses with the next precedent. See the *Aperitive Unguent*.

Stomachic Unguent.

Take fine *Venice Turpentine*; Spirit of Salt *Armoniac*, each 1 Dram; Wax, Oil of *Juni-per*, each 2 Drams; Oil of *Cloves* 1 Dram; Oil of *Mint* 2 Scruples; Oil of *Wormwood* 1 Scruple; mix with Art.

It's an elegant and noble Unguent, which I have experimented myself, and highly approve of.

Unguent for the Stone.

Take Ointment of *Marsh-mallows* 1 Ounce; Oil of *Turpentine* and *Anise*, each 1 Scruple; mix.

Let the Region of the *Pubes* and *Perinæum* be anointed with it, in a grievous Fit of the Stone in the Bladder, to comfort the Parts weaken'd by Torture; and to relax their dolorific Tension.

Volatile Oleose Unguent.

Take *Venice Soap* scraped thin 2 Ounces; Oil
3 of

of Castor, Spirit of Wine camphorated, of each 3 Drams; Oil of Juniper 1 Dram; Spirit of Salt Armoniac 2 Drams; mix all up into an uniform Body.

'Tis commended in Rheumatic Joint Pains, and in the Palsy.

Unguent for Lying-in Women.

Take Jessamy Butter, Orange-flower Ointment, of each an Ounce and half; Oil of sweet Almonds 6 Drams; Sperma Ceti 2 Drams; mix.

For Wrinkles in the Belly, after Child-birth.

Wafers of Tamarinds.

Take Tamarinds 1 Ounce; mash them in a Mortar with thin Mucilage of Gum Dragant, pass them through a pulping Sieve, dissolve also Spanish Juice of Liquorice in the same Sort of Mucilage 2 Drams; mix and make Troches as thin as Wafers to seal Letters; which dry in an Oven according to Art.

These are very pretty, desirable and useful Things to hold in the Mouth, to alleviate Thirst, and take away an ill Taste in Fevers.

Balsamic Water.

Take Ground-Ivy, white Hore-bound, Hyssop, Penny-royal, of each 3 Handfuls; Roots of Elecampane, Orris, of each 2 Ounces; Venice Turpentine (dissolved with Oil of Tartar) 4 Ounces; Milk 3 Quarts; Spirit of Wine half a Pint.

Distill off the Water in a Sand Bath mix'd all together, and separate the Oil.

Etzmuller informs us, that if Turpentine be well wrought in a Mortar with Oil of Tartar

per deliquium, it will turn into a Milky Liquor.

This Water is good in a Pulmonary Cough, and in the Beginning of a Consumption; forasmuch as it resists Putrefaction, mundifies, consolidates, exsiccates, and roborates.

The Dose is 2 or 3 Spoonfuls, twice a Day, with Syrup of Juice of Ground-Ivy, or Balsamic Syrup 1 Spoonful.

Burdock Water compound.

Take Roots of Burdock, Avens, Tormentil, Hounds-tongue fresh gathered, each 4 Ounces; Herbs of Ragwort, Herb Robert, Plantain, Celandine, Agrimony, Speedwel, Ground-Ivy, Housleek, each 2 Handfuls; Seeds of sweet Fennel, Coriander, each 2 Ounces; Whey 2 Gallons; distill in a cold Still, as long as it runs good.

In distilling of Waters, it's a very great (and perhaps common) Fault, to be over-covetous; for a little bad that falls at last, will quite spoil all the good that came before. Let the Apothecary therefore leave off, as soon as ever it begins to taste sour or burnt.

I mostly prefer Whey before Milk, for Distillation; because the Cheesy Part being taken away, it's less apt to burn, and give an abominable Taste to the Water. Yet I am of the Mind that for some Uses Milk is to be preferr'd: My Reasons for which shall be hinted, when I speak of Scorbutic Snail Water.

Its Use is, to make Juleps of in obstinate Distempers, that lie deep and remote; such as Cancer, King's-Evil, &c. In 3 Ounces of it may be mashed, washed and squeezed out 40
or 50

or 50 Millepedes, for a Morning Dose, to be continued for a whole Month together.

Chalybeate Water.

Take clean Filings of Needles, and white Tartar powder'd, each 4 Ounces; Spring-water 1 Gallon; stir it well together, and either let it stand cold 14 Days, or (if you want it sooner) digest it 3 Days in a moderate Heat in an Oven. Then carefully decant the clear, and keep it for Use in Bottles, not corked close, but ty'd over with a Paper only; for if it be kept close corked, or too long, it will corrupt, and stink, and be unfit for Use. But if it should, that Inconvenience will not be great, since it's not very chargeable still to make fresh.

Dr. Willis's Preparation of Steel (to be found in Dr. Harris's *Pharmacologia*) gave me the first Hint of making this Liquor; which is highly impregnated with both Sulphur and Salt of the Mineral, and may not inconveniently be given in form of a pleasant Julep, thus:

Take Chalybeate Water 1 Pint; Water of Mint and Wormwood compound, each 2 Ounces; Magistral Worm-water, Gentian compound, Syrup of the 5 opening Roots, each 4 Ounces; mix, and give 6 Spoonfuls twice a Day.

Horse-dung Water.

Take Brook-lime, Water-cresses, Harts-tongue, each 3 Hand-fuls; Juicy Orange-peels 3; Nutmeg 6 Drams; succulent fresh Horse-dung 3 Pounds; Whey 9 Pints; Juice of Scabious, Dandelion and Hyssop-water, each 1 Pint. Draw off the Water gently in a cold Still; for in an

Alembic (which is used for Expedition sake) they are apt to urge it with too much Fire, and then the Water is not so pleasant.

'Tis used in Juleps, in the Pleurisy, Scurvy, and vagous Pains.

Juniper Water compound.

Take Juniper-berries well bruised 12 Ounces; Seeds of Anise, Carraway, Coriander, each 1 Ounce; Brandy 6 Quarts; Water (boil'd half away) 2 Quarts; decrepitated Salt 4 Ounces, distil in an Alembic according to Art.

If instead of Brandy you employ a foul Spirit, such as the common Distillers use, its filthy Phlegm would give your Water a nasty Smell and Taste.

I add Water, both to take down the Heat of the Spirit, and also to keep the Ingredients from burning: And I may put in as much as I will, for the Spirit will come over the Helm first; and afterwards, when it runneth too small, I may cease the Operation, and leave the rest behind in the *Vesica*. My Design in boiling it is, to drive off those crude Particles that are apt to make it mothery and musty.

That distill'd Water is not the same with Spring-water, appears from this Experiment (as I read in *Tachenius Hip.* 106.) if you drop a Solution of *Saccharum Saturni*, made in common Water, or of Silver, made in *Aqua-fortis*, into Spring-water, 'twill turn it milky white; which 'twill not do, if dropp'd into the same Water distilled: And therefore *B. Porta* (in *Mag. nat.* l. 5. C. 5. p. 254.) for the preparing of the Philosophical Tree, appointeth the Water

ter to be 2 or 3 times distill'd, that it may remain Diaphanous. And so he thinks it plainly prov'd, that Spring-water contains an occult *Alkali*, which Distilling utterly divests it of.

It provokes Urine, expells Wind, warms and corroborates the Stomach and Bowels, and is good in the Colic and Spleen.

Water of Millepedes.

Take live Millepedes 1 Pint and half; fresh Orange and Lemon-peel, each 3 Ounces; white Bread 12 Ounces; Nutmeg 6 Drams; Juice of Scabious and Cleavers, each 1 Pint; Whey 3 Quarts; make a Distillation.

The Peels ought to be green, and juicy; for tho' aromatic Herbs (such as Mint, and Thyme) yield forth more chymical Oil when dry, than green and clogg'd with Phlegm; yet, on the contrary, Orange and Lemon Peels afford most Oil (and consequently most Taste, Smell and Virtue) before they are dry'd.

It depurates the Blood, clears the Nerves, carries off by Urine; is useful in Distempers of the Brain, and *Genus Nervosum*; in scorbutic Joint-Pains, Gout, Spleen, Phthific, Consumption, Kings-Evil, Weakness of the Eyes. See more in the *Expression of Millepedes simple*.

Scelotyrhic Water.

Take Horse-radish and Arum-roots, Orange-peel, each 3 Ounces; Scurvy-grass, Arsmart, each 6 Handfuls; Water-cresses, Brook-lime, Sage, Mint, each 3 Handfuls; Nutmeg 3 Drams; stale strong Beer 6 Quarts; distill in an Alembic.

It serves to put into Juleps, Infusions, De-

coctions, &c. against the Scurvy, and its various Symptoms; as also to provoke Urine, in case of Dropsy, Palsy, &c.

Snail-water Pectoral.

Take Snails beaten to mash with their Shells 3 Pound; Crum of white Bread new baked 12 Ounces; Nutmeg 6 Drams; Ground-Ivy 6 Handfuls; Whey 3 Quarts; distill it in a cold Still, without burning.

If I would have this Water not so absolutely cold, I add Brandy half a Pint, or a Pint.

The Essence and Affections of Things are so minute and subtile, so abstruse and remote, that they are mostly better understood *à posteriori*, than *à priori*. 'Twas not speculative Philosophy, and fine-spun *Hypotheses*, but Experience and Observation that taught us *Lapis Lazuli* is purgative, *Stibium* emetic, and *Arsenic* venomous. How many ingenious Hot-heads have we seen, whose Brains were fill'd with nothing but Fumes, Fancies, and Falsities, that might as well have been furnish'd with useful practical Knowledge, had they been content to have let Experience go before, and Reason follow after? Upon these Considerations, tho' *Zwelfer* denies any Virtue to such-like Waters, because Snails and Bread cannot send their Mucilage and thick Juice over the Helm in Distillation; yet, for ought he knew (and 'tis believ'd Experience vouches it) sanative Effluvia, which our Senses reach not, they may, sufficient to enrich their watery Vehicle with Medicinal Virtues.

This Water humects, dilutes, supples, tempers, nourishes, comforts; and therefore is highly

ly conducive in hectic consumptive Emaciations.

Snail-water Scorbutic.

Take Snails bruised with their Shells 3 Pounds; fresh Orange-rinds 3 Ounces; Brook-lime, Water-cresses, Cleavers, each 3 Handfuls; Whey 3 Quarts; distill in a cold Still.

As to cold Still Waters, its most certain, they are apt to carry off the Salt of the Metal: For I have often observ'd them to taste as tho' a good Quantity of *Saccharum Saturni* were dissolved in them. And in the Book of Experiments, made in the Academy *del Cimento*, it's said, that, if Water distill'd in a Leaden Still be pour'd into River or Spring-water, 'twill muddy it; which Water distill'd in Glafs will not: And that muddy Water will become clear again, if a few Drops of strong Vinegar be put into it, and shook about; the plain Reason of which must be, because the Acid precipitates the Salt of the Lead.

That Water distill'd from Milk is not (whatever others may suggest) mere, sincere, elementary Water, manifestly appears (among other Arguments) from hence; that if it be too long kept, it turns sour. Now Flesh Broth (which is Water impregnated with Animal Juices) will do the same; but as for simple Water, tho' it be kept a whole Age, it never will.

But Milk-water is (according to my Notion) a delicate Animal Dew, agreeable to our Nature; which supplying a soft and amicable *Lympha*, void of all saline Asperities, dilutes, edulcorates, contempers, and mingles the whole
Mass

Mass of Blood, renders it uniformly liquid, benign, homogeneous; and so notably assists it to circulate freely through the minutest Passages, break open Obstructions, cast off its Excrements, subdue its Fervors, and cherish and nourish the Parts.

But to get such a fine Water in Perfection, I should advise, to receive the Milk under the Cow into a Glass Cucurbit; to close its Head upon it presently while warm; to distill it with as low a Degree of Fire as will just serve to make it rise; to draw no more at a Time than the Patient is to drink for one Dose, and to give it as soon as distill'd.

This Snail-water is commendable in erratic scorbutic Fevers, Flushing, flying Pains of the Joints, hectic Wasting of Flesh, and Night-sweats.

Deoppilating Whey.

Take Roots of sharp-pointed Dock, and Poly-podium, each 4 Ounces; Herbs Liver-wort, Agrimony, Succory, Hop-tops, each 2 Handfuls; Juice of Fumitory 1 Pint; Senna 1 Ounce; Tamarinds 3 Ounces; Whey 3 Gallons; boil to 2 Gallons, and strain.

Diaetetic Whey.

Take Whey 2 Quarts; Juice of Lemon 1 Ounce; Juice of Pippins (or other sharpish Apples) fresh pressed out, 4 Ounces; fine Sugar 2 Ounces; mix, and clarify with 2 Whites of Eggs.

No more than will serve for 3 Days ought to be made at once, for 'twill not keep good longer.

'Tis a pleasant and most excellent Medicine for Maladies caused by black Choler or muria-tic Salt. It humects, and refrigerates the Ven-tricle,

tricle, and Parts ministring to Nutrition, when they are parched up with Heat, and inflamed: And it sweetens Salt Chyle, and Serum: And carries Recrements off with the Urine.

The Dose is a Pint in a Morning, every Day, for a Month together.

Purging Whey.

Take white Briony-roots 1 Ounce; Senna, Agaric, each half an Ounce; infuse in a Lukewarmth for a Night, in Whey 1 Pint and half; in the Morning boil to 1 Pint, adding, at last, Carraway-seed half an Ounce; Manna 2 Ounces; in the strain'd dissolve Syrup of Mugwort 2 Ounces; mix for 4 Doses.

This particularly purges Phlegm, is proper in a Green-sickness, and after Lying-in.

Scorbutic Whey.

Take Scurvy-grass, Plantain, each 2 Handfuls; Brook-lime, Water-cresses, Fumitory, Sorrel, each 1 Handful; beat them in a Marble Mortar; pour to them Whey 1 Quart; strain out, and boil till it be well clarify'd.

Splenetic Whey.

Take Whey 3 Pints; Dodder of Thyme 2 Ounces; black Hellebore-root a Dram and half; Honey 2 Ounces; infuse warm 12 Hours; then boil to a Quart, and having strained it, add Cinnamon-water 2 Ounces; mix.

The Dose is 6 Ounces, twice a Day.

Bitter Wine.

Take White-wine 1 Quart; Brandy 4 Ounces; Gentian-

Gentian-root 4 Scruples; Tops of Carduus, Centory, Chamomil-flowers, each 8 Scruples; thin yellow Parings of Oranges 2 Drams; Mace, Nutmegs, Cloves, Cochineal, each 2 Scruples; macerate cold till the Virtues of the Ingredients be extracted; then decant through a Strainer.

Bitter Cathartic Wine.

Take bitter Wine 1 Pint; Senna 1 Ounce; Rhubarb 2 Drams; infuse cold, and strain.

The Dose 5, 6, or 7 Spoonfuls.

Bitter Chalybeate Wine.

Take bitter Wine, and Chalybeate Wine, each 1 Quart; mix.

Begin at 4, and so gradually ascend to 8 Spoonfuls twice a Day.

Cathartic Wine.

Take Senna 2 Ounces; white Tartar powder'd 8 Scruples; White-wine 1 Quart; Brandy 4 Ounces; macerate cold 3 Days, and strain.

It may be given, either alone to 4 Ounces, or purging Potions may be made of it extempore, by adding Oil of Aniseed 1 Dram, Scammony and Syrup of Roses solutive, as much as shall be deem'd requisite.

Chalybeate Wine.

Take clean Filings of Needles (without Mixture of Pin-dust) 2 Ounces; Juices of 8 sour Oranges; let it stand 24 Hours; then add White-wine 2 Quarts; Cinnamon half an Ounce; Cloves 2 Drams; Mace 4 Scruples; digest and strain. If it be done cold, the Wine will be the fresher, but the longer in doing.

In

In the *Chalybeate Syrup*, you have also the Preparation of another very good Chalybeate Wine; which see.

Whatever Virtue Steel can give out into Wine, this entirely possesses. Some there are, who conceiving that the principal Use of Steel consists in destroying of Acids, are vehemently set against preparing it with Acids. But if they would serve their *Hypothesis* less, and consult Experience more, they would be certainly convinc'd, that Acids are the best Key to unlock Chalybeates with.

Of the Virtues and Use of Steel, more may be seen in *Chalybeate Powder*: To which I shall here add, that if the primary Intention be to correct the deprav'd Ferment of the Stomach, Chalybeate Electuaries, or Powders, are most proper Forms; but if exalting of the Blood, opening Obstructions, and rectifying the Habit of the Body be the Design, then Wine is more eligible.

The Dose is to 3 Ounces twice a Day.

Diuretic Wine.

Take White-wine 1 Quart; Salt of Wormwood 2 Drams; mix.

Every one knows the Medicine for a Dropsy made of Wormwood, or Broom-ashes in White-wine: But since Wine can extract nothing out of those Ashes but their fix'd Salt, it's manifest, that this is the self-same Thing, but cleaner than that, and prepar'd *extempore*.

It's not only a good Remedy against a Dropsy, but also against Nauseousness, Vomiting, and intermitting Fevers. The Dose 4 or 6 Ounces twice a Day.

Elecam.

Elecampane Wine.

Take green Elecampane-root, white Sugar, Currans cut small, each 4 Ounces; White-wine 2 Quarts; infuse cold.

It discharges the Lungs, roborates the Stomach, kills Worms, removes Obstructions, depurates the Blood. The Dose is 3 Ounces twice a Day.

1. Hydropic Wine.

Take Florentine Orris 2 Ounces; Elecampane, Squills, each half an Ounce; Elder and Dwarf Elder Rind, each 1 Ounce; Winters Bark 2 Drams; Senna 2 Ounces; black Hellebore, Agaric, Jalap, each 2 Drams; White-wine 2 Quarts; infuse cold.

It's a most excellent, and a thousand Times experimented Medicine for an *Anasarca*; for it having attenuated, disturbed and remov'd the gelatinous *Colluvies* stagnating in the Habit of the Body, hindering free Passage through the *Tubuli*, and occasioning the *Lympha* to overflow; it first returns it into the Chancel of the circulating Blood, and then carries it away both by Urine and Stool.

Panarolus (*Pentecost.* 4. *Obs.* 20. *p.* 123.) saith, In dissecting of several who died of a Dropsy, the *Abdomen* being open'd, and a great deal of Water let out, we found the outer Parts of the Liver and Spleen very white (*Candidissimum*) being coated over with an incrassated *Pituita*: But the *Pancreas*, Reins, Intestines, and other *Viscera*, were not so. This *Pituita* (as our Author calls it) was the *Lympha* extravasated and gelatinised; Which he had no Notion of, because

because the *Lymphæducts* were not known to him, and had not been discover'd above a Year before his Book came out.

The Dose is 4 Ounces in the Morning.

2. Hydronic Wine.

Take Dwarf Elder Rind, Florentine Orris Root, each 2 Ounces; inner Rind of black Alder dry'd 1 Ounce and half; Elecampane, Squills, each half an Ounce; Juniper-berries 2 Drams and half; Jalap half an Ounce; black Hellebore 2 Drams; Senna 2 Ounces; Salt of Wormwood 4 Scruples; White-wine 2 Quarts; digest cold and filtrate.

It's a very good Medicine for an universal Dropsy (saith our Communicator) for it incides and attenuates the viscous *Lympha*, which being congeal'd in the Pores of the Parts and Lymphatic Vessels, endangers bursting of them; and after, partly precipitates them through the Cataracts of the Kidneys, and partly evacuates them by Siege.

The Dose is 4 Ounces in the Morning.

Icteric Wine.

Take Turmeric powder'd 2 Ounces; Saffron 2 Scruples; Cochineal 4 Scruples; Millepedes 320; Canary Wine 2 Pints and half; infuse cold.

It's eminent for the same Virtues with *Icteric Decoction*, and *Turmeric Electuary*.

The Dose 4 Ounces twice a Day.

Wine called Mirabile.

Take Canary (or rather Sherry) Wine 1 Quart; Cinnamon-water 4 Ounces; Cloves, Mace, Nutmeg, Cubebs, Cardamom, Galingal, Cochineal, Saffron, each 1 Dram; digest and strain. It's

It's an *Aqua Mirabilis* by Infusion; is stomachic, carminative, cordial, cephalic, and good only in cold Distempers.

Pectoral Wine.

Take Spanish Juice of Liquorice 1 Ounce; Saffron 1 Scruple; Seeds of Coriander, Caraway, Anise, each 2 Drams; Salt of Tartar half an Ounce; Penny-royal and Hyssop Waters, each 4 Ounces; Canary Wine 1 Quart; digest cold.

It's a-kin to the Sweet Tincture; but incides and expectorates more. Let 2 Ounces be given 4 times a Day, or oftener.

Scorbutic Wine.

Take Garden Scurvy-grass (dry gather'd and whole) 1 Handful; Horse-radish Root scraped half an Ounce; Winters Bark powder'd grossly 2 Drams; Arum-water, White-wine, each 1 Pint; let them stand cold 3 Days.

The Title speaks its Use. See warm Scorbutic Ale.

Three Ounces may be drank in Ale or Beer, thrice a Day.

Stomach Wine.

Take Roots of Virginia Snake-weed, and Gentian, each 3 Drams; Galingal, Cloves, Cubebs, Mace, Nutmeg, Saffron, each 1 Dram; Cochineal half a Dram; Canary-wine 3 Pints; infuse cold.

For Weakness, Crudity, Belching, want of Appetite, bad Digestion, and all kinds of Stomach Illness from a cold Cause, give a Draught before and after Meals.



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- Balsam of Capive its Virtues.* Mixt. Balsam.
- The Bark.* See *Cortex.*
- Of Barley Water, and Spring Water.* Julep Acid.
- Barley Cinnamon Water.* Jul. Pearl Antiphth.
- Bechics.* Dec. Cerevis. D. of Hounds-tongue. D. of Turneps. Dra. Bechic. Elec. Sulphurate. Extrac. Pec. Hydrom. Pect. Infus. Spanish. Jul. Pect. Loh. of Elecamp. Loz. Pect. Mixt. Pect. Pills Sulph. Powd. Pect. P. of Sulph. Syr. of Liquor. Tinct. Sweet. Wine Pectoral. See *Pectorals.*
- Belching.* See *Carminatives. Stomachics.*
- Belly-Ach.* See *Colic. Gripes.*
- Of the Bile.* Clyst. Tereb. Powd. Tart.
- Birth to assist.* Bole for a Bruise. Essence Card. Hyster. Jul. of Castor. J. Emmenag. J. Hyster. Mixt. Balf. Cephal. M. Carminat. M. Golden. M. Hyster. 2. M. Juniper. Pills Womens. Powd. of Myrrh. See *Emmenagogues. Hysterics. Pains.*
- In Birth Intentions.* Mixt. Hyster. Pills Womens.
- Of Birth a Note.* Pills Womens.
- Bite of a Mad Dog.* Catapl. with Treacle. Decoct. for Bite. Powd. Cephal. Tinct. Gent. See *Alexipharmacs.*
- Bitters.* Ale Bitter Aromat. Bole of Sudorif. Dec. Bitter Arom. D. of Burdock. D. of Chamæp. D. Febr. Bitter. D. Sacr. D. for Scroph. D. of Trefoil. D. of Walnut-rinds.
2. Dra. Bitter. Elix. Stomach. Infus. Arthrit. I. Bitter. I. of Chamom. I. Colic. Pil. Alexit. P. Arthrit. P. Diaphoret. P. Febrif. P. Gen. Powd. Arthrit. P. Stom. Bitter Tinct. Alexit. T. Gent. Wine Bitter. W. of Elecampane.
- Bitters sweetened by Acids.* Jul. Acid.
- The Bladder ulcerated.* Ale Astring. Bole Balsam. B. of Cassia. Dec. Balsam. D. of Horse-Tail. D. Incrassat. D. of Mal-lows. D. Stypt. D. Traumat. Dra. for a Bruise. D. Japan. D. Pleurit. Elec. Balsam. E. of Myrrh. E. Sanative. E. Sulphur. E. Terebinth. Emul. Arab. E. Balsam. E. Stypt. Glyst. Balsam. G. Terebinth. Infus. of Nettles. Mixt. Balsam. M. B. Nephrit. M. Terebinth. Pil. Camph. P. Gilead. P. Sulph. P. Turpentine. Potion White. P. Vulner. Powd. Arab. Syr. Balsam. S. of Myrrh. Tinct. Balf. T. Pect. T. Cantharid.
- Bleeding at Nose to stop, Externals.* Epithem of Sugar of Lead. Foment. Camph. F. Dysenteric. F. in Flux of Hæmorrhoides. Front. with Camph. F. with Mastich. F. with Opium. F. Rosac. Lotion for the Feet.
- Bleeding at the Nose to stop, Internals.* Dec. of Horse-Tail. D. Incrassat. D. Portugal. D. of Nettles acid. D. Scarlet. D. Styptic. D. of Yarrow. Dra. Camp. D. Hæmopt. D. Saturnine. D. Styptic. Elect. Boyle. E. Stypt. Hydrom. with Comfrey. Infus. with Roses 2. I. Stypt. Jul. Acid. J. Refrig. J. Stypt. Pills Camphor. P. Diachalcit. P. of Dragons Blood. P. Stypt. Powd.

I N D E X.

- mopt. P. against Hæmorrh. P.
 Stypt. Sugar Nitrated. Syr.
 Boyle.
Bleeding to stop, Intentions. Dec.
 Stypt. Elect. Boyle. Expres.
 Stypt. Jul. Stypt.
Bleeding of the Menses. See *Menses*.
A Bleeding Small-Pox. Jul. Acid.
Bleeding Piles to stop. See *Hæ-*
morrhoids.
Blistering not always good. Plaist.
 Epispast.
Bloody Spitting to stop. See *Hæ-*
moptois.
In Bloody Spitting, Astringents,
Fumes, and Sulphur to be a-
voided. Infus. of Roses c. Fume
 in a Consumpt. Elect. Sulphu-
 rate.
Bloody Urine. Infus. of Nettles.
 Powd. of G. Lac. See *Bleeding*
at Nose.
Blood boiling to refrigerate. See
Drink in Fevers. Refrigerants.
Thirst.
Blood coagulated to dissolve. Bole
 for a Bruise. Decoc. Traumat.
 Dra. of Volatiles. D. in Vul-
 ner. Fever. Infus. Refer. I.
 Traumat. Jul. Pleurit. Mixt.
 for Concret. M. with Crabs-
 Eyes. M. with Sperma Ceti.
 Pills of Garlic. P. Halosanth.
 Powd. for a Bruise. P. Halo-
 santh. P. Hibern. Spir. of
 Wine Camph. See *Emmena-*
gogues.
Blood depressed to exalt. See *Cha-*
lybeates. Icteric. Scorbutics.
Blood Feculent to depurate. Ale
 Antimonial. A. Aperient. A.
 Hydrop. A. Scorbut. Sweet.
 Dec. Aper. D. Cachect. D.
 Depur. D. Edulc. D. Psoric.
 D. of Sarfa. Elect. of Cinna-
 bar. Expres. of Brooklime. E.
 of Millep. Juice Attemp. Jul.
 Diur. Nitr. Mixt. with Crabs-
 eyes. Powd. of Crabs-eyes.
 Water of Snails Scorb. Whey
 Deoppil. W. Diætic. See
Cachexy.
Blood sharp to edulcorate. Dec.
 Edul. D. Incraf. D. of Mal-
 lows. D. of Sarfa. Emulf.
 Arab. E. Common. Powd.
 Arab. P. Cardialg. P. Edul-
 cor. Syr. Incraf.
Blood thick to attenuate. Dec. of
 Volatiles. Expres. of Millep.
 Infus. referating. I. Traumat.
 Jul. Emmenag. J. Scorb.
 Powd. Hibernic. See *Diuretics.*
Warm Scorbutics.
Blood thin to incrassate. See *B.*
sharp to edulcorate.
Bowels. See *Colic. Gripes. Inte-*
stinal.
Brain. See *Cephalics*.
The Brain increaseth at Full Moons.
 Julep Cephal.
Bread distilled. Water of Snails
 Pect.
Breast. See *Beebies. Pectorals*.
Breath Short. See *Asthmatics*.
Breath Stinking. Gargle Com-
 mon. G. deterg. G. for Fœ-
 tor. G. with Myrrh. G. Scor-
 but. G. with Vine Leaves.
Of Broth. Broth Consummate.
For Bruises. See *Blood coagulated.*
Traumatics.
In Bruises Purging is needful.
 Bole for Bruises.
Of Flesh Brushes. Sinapism.
For a Burn. Spirit of Wine
 Camph.

C.

- Of Cachectic Persons.* Cachect.
 Decoct.
In a Cachexy. Dec. Cachect. D.
 Sanct. D. of Sarfa. D. of
 Woods. Oxym. Purg. Pect.
 Pil. Cachect. P. Echphract.
 P. of Turmeric. Tinct. of
 Gent. Whey Diætic. Wine
 of Elecampane. See *Blood fe-*
culent. Chalybeates. Mixt. Ca-
thartics. Scorbutics. Splanch-
nics.

In a Cachexy Intentions. Mixt.
Ecphract. Oxym. Purg. Pect.
Pil. Cachect.

Of Calx vive. Dec. Liberans.

Of Camphire. Spir. of Wine
Camphor.

In a Cancer. Ale Cancer 2. A.
against Scroph. Balf. Mirab.
Dec. Cancer. Expres. of Mil-
lep. Water of Burdock c.

Cancers endure not Mercurials,
Verdigris, or Vitriol. Garg. for
Ulcers. Mixt. for Ulcers of
the Mouth.

Of Cantharides. Pil. Diuret.
Tinct. Cantharid.

Carbuncle. Balsam. Mirab.

Cardiacs External. See *Palpita-*
tion.

Cardiacs External. Bole Cord.
Caud. Cord. Dra. Card. D.
Consol. Elect. Card. 2. E.
with Ginger. E. Grand. E.
Royal. E. Stom. Eleofacch.
Elixir with Cloves. E. Vola-
tile. Emulf. Cord. Essence
Cord. Glyst. Comf. Jul. Cord.
2. J. Golden. J. Musk. J.
Pearl. Cord. J. with Rasp. J.
Saffron. J. Stomach. J. Volat.
Mixt. Arom. M. Card. 3. M.
Consol. M. Golden. M. Sto-
mach. M. Volat. Pills Amber.
P. for Fainting. P. Solenan-
ders. Powd. Amber. P. An-
gelica. P. Aromat. P. Pearl c.
Sugar of Pearl. Syr. of Sassa-
S. of Treacle. Tab. Cardiac.
Tinct. Aromat. Wine Mirab.
See *Alexiph. Diaphor. Stomach.*
Cardiacs their Ratio. Elect. Card.
warm. Jul. Cord. J. Musk. J.
Pearl Cord.

Cardiacs Temperate, and their
Ratio. Elect. Card. warm.
Jul. Cord. J. Musk. J. Pearl
Cord.

Of Cardiacs a Note. Bole Cord.

Cardialgic. Elec. Cretac. Emulf.
Arab. E. Edulcor. Infus. Spa-

nish. Powd. Cardialg. Powd.
Edule.

Carminatives. Ale Bitter Arc-
mat. A. of Berries. A. of Dau-
cus. A. Junip. Dec. Junip. 2.
Elec. Carminat. E. Cretac.
E. Stomach. Jul. Carmin.
Mixt. Arom. M. Carminat.
M. C. Anod. M. Junip. Pil.
Carmin. Powder of Anise. P.
Aromat. P. Carmin. P. of
Nutm. P. of Orange-peel. P.
Pept. P. P. Tartarized. Spir.
of Carraway. Water Juniper.
Wine Elecamp. W. Mirab.
W. Stomach.

Carminatives their Ratio. Jul.
Carmin. Pil. Carmin.

In a Catarrh. Externals. Bag of
Cumin. Fume in a Catarrh.
Lin. Cephal. Plaist. Maist.
Quilt for a Cap. Tobacco 2.

Catarrh Extern. their Ratio. Li-
nim. Cephal. Plaist. of Mastic.

Catarrh Intern. Ale of Woods.
Dec. Catarrh. D. of Catechu
2. D. of Hounds-tongue. D.
Incrassating. D. of Liquorice.
D. Malaga. D. of Roses. D.
Sanct. Dra. Bechic. D. for a
Catarrh. D. Paregoric. D. Sac-
charine. Elec. of Mastic. E.
Quadrate. E. of Roses. E. Sa-
native. E. Sulp. Honey of
Raisins. Loh. Japan. L. In-
cras. L. Vitelline. Loz. Ca-
tarrh. L. of Orpiment. Mixt.
with Liquorice. Pil. Catarrh.
P. Poter. Syr. of Eggs. S. of
Hounds-tongue. See *Incras-*
sants. Pectorals. Somniferous.

Catarrh Internal their Ratio.
Dec. of Catechu. Dra. Bechic.
D. Catarrh. D. Sacchar. Loh.
Haly. Pil. Catarrh. P. Poter.

In Catarrhs Pectoral, Incisers
and strong Purgers to be avoid-
ed. Hydrom. Pect. Pil. Ca-
tarrh.

Catarrhs flow down from the Pe-
ricran.

I N D E X.

- ricran.* Bay with Cummin.
 Linim. Cephal.
- Cathartic External.* Ung. Aloet.
- Cathartics Mild and Middling.*
 Ale Purg. for Child. A. Purg.
 3. A. Scorb. warm. Bole of
 Cassia. Catarrh. Laxat. Dec.
 Cachect. D. Diuret. Cathart.
 D. Peet. Purg. D. of Raisins.
 D. Sanct. Purg. D. with Tar-
 tar. Purg. Elect. of Currans.
 E. Laxat. E. of Rhub. Glyst.
 com. G. Purg. G. Terebinth.
 Inf. f. Purg. Oil of Rhub.
 Oxym. Purg. Pil. of Ammon.
 P. Bennet. P. Cachect. P. Ca-
 thart. P. Cephal. P. Chalyb.
 Purg. P. Ecphract. P. Guaiac.
 P. of Rhub. P. Sanctæ. P.
 Stom. Purg. Pot. Purg. Ne-
 phrit. P. of Rhub. P. White.
 Powd. Anthelm. Purg. P.
 Laxat. P. of Rhub. c. Tinct.
 Purg. Cephal. T. of Rhub.
 Whey Deoppil. W. Purging.
 W. Splenetic. Wine Cathart.
- Cathartics stronger.* Ale. Purg.
 Hydrop. Bole Purg. Cakes
 Purg. Dra. with Diagryd.
 Dr. Hydrag. Elec. Hydrop.
 E. Purg. Elix. Cathart. Emulf.
 Cath. Effence Citrine. Oxym.
 of Tobacco. Pil. Cathart. P.
 Cathol. P. Hydragog. P. of
 Merc. 2. P. of Scammon. P.
 Yellow. Pot. Purging Hydrop.
 P. P. Refin. P. Sancta. P. War-
 wic. Powd. Cathart. P. Pan-
 chymag. Syr. of Diagryd.
 Tinct. Purg. Wine Bitter Ca-
 thart. W. Hydrop. 2.
- Cathartics for Hysterie and Sple-
 netic People.* Dec. of Agaric.
 D. of Walnut Purg. Pil. Ec-
 phract. Whey Purg. W. Sple-
 net.
- Cathartics Pectoral.* Dec. Peet.
 D. Sanct. Purg. Oxym. Purg.
 Peet. O. of Tobacco. Potion
 White.
- Cathartic Rosins, their Mischiefs
 and Remedy.* Emulf. Cathart.
 Catholic Cath. Powder.
- Cephalics External.* Bag for U-
 vula. Epith. of Avicen. Fom.
 Corrob. Lix. Cephal. Lot.
 Aromat. L. Cephal. Oil Ce-
 phal. Plaist. Apopl. P. Ba-
 laust. P. Cephal. P. Mastic.
 P. of Marjor. P. Nuchale.
 Powd. Capil. Quilt for a Cap.
 Sinapisms. See *Apopl. Catarrh.
 Soporose. Watchings.*
- Ceph. External their Ratio.* Lin.
 Ceph. Plaist. Mast.
- Ceph. Ext. affect not the Brain.*
 Catap. of F. Earth. Lin. Ceph.
- Cephalics Internal.* Ale Cephal.
 A. Epilept. Balf. Sheffers. Dec.
 Cephal. D. Neurotic. D. of
 Piony c. D. Sanct. D. of the
 Woods. Dra. Cephal. D. Epi-
 lept. D. of Volatiles. Elect.
 Cephal. E. of Cinnab. E. Hy-
 ster. E. with Mistleto. E. with
 Mustard. E. Peruv. Epilept.
 E. with Piony. E. Quadr. E.
 Spirituose. Elix. Volat. Emulf.
 with Piony. Expr. of Millep.
 E. of Piony. Glyst. Apopl. G.
 Epilept. Infus. Araldine. I.
 Cephal. I. Epilept. I. of Zed.
 C. Jul. with Castor. J. Cephal.
 J. Clove. J. Epilept. J. Volat-
 ile. Loz. Apoplect. L. Ce-
 phal. L. Paralypt. Mixt. Apo-
 plect. M. Balf. Ceph. M. Epi-
 lept. M. Paralyt. M. Volat.
 Pills with Castor. P. Cephal.
 P. with Cinnab. P. Crato's.
 P. Volat. 2. Powd. Cephal.
 P. of Eyebright. c. P. of Mar-
 jor. c. P. of Nutmeg c. P.
 Peacock. P. of Piony c. P.
 Sinapine. Syr. of Sassafr.
 Tinct. Epilept. T. of Gent.
 T. Purg. Ceph. Waters of
 Millep. Wine Bitter. See *Sop-
 orose.*
- Ceph. Int. their Ratio.* Ale Ceph.
 Infus.

I N D E X.

- Infus. Ceph. Pow. Marj.
Cephalics when best given. Jul.
 Ceph. Powd. of Eye-bright.
Cephalalgics External. Cataph.
 with Poppy. C. of F. Earth.
 Epith. Anod. E. Evicen. Er-
 rhines. Fom. Anod. F. Cor-
 rob. F. Pacif. Front. with
 Camph. F. with Mastich. F.
 Opium. F. Rosaceous. Linim.
 Front. Lot. Ceph. L. for
 the Feet. Plaist. Ceph. P.
 Epispast. P. of Mast. P. Nu-
 chale. Quilt for a Cap. Spir.
 of Wine Camphorated. Sina-
 pism.
Cephalalgic Internals. Balf. Shef-
 fer's. Elect. Apophlegm. E.
 of Piony. E. Spirituose. Expr.
 of Piony. Garg. Paralyt. G.
 with Pellitory. G. for Phlegm.
 Glyst. common. Infus. Ceph.
 L. Epilept. Jul. Castor. J. Epi-
 lept. J. Volat. Masticatories.
 Pil. Crato's. Powd. Ceph. P.
 of Eyebright. P. of Nutmeg.
 P. of Piony. Tinct. Purg.
 Ceph. See *Cephalics*.
Chalybeates. Ale Chalyb. A.
 Chlorotic. A. Scorb. warm.
 Elect. of Mars. Infus. Bitter
 Chalyb. Jul. Chalyb. Mixt.
 Ecphract. Oxym. Chalyb.
 Pil. Bennet. P. Cachect. P.
 Castor. P. Chalyb. 6. P. Ec-
 phract. P. Hyster. P. of Salt
 of Steel. Powd. Chalyb. Syr.
 of Salt of Steel. S. of S. of
 Steel Hyster. Vinegar Cha-
 lybeate. Water Chalybeate.
 Wine Bitter Chalybeate. W.
 Chalybeate.
Chalybeates their Ratio. Mixt.
 Ecphract. Powd. Chalyb.
Chalybeates their Regimen. Elect.
 of Mars. Infus. Chalyb.
Chalybeates their Forms. Wine
 Chalybeate.
To Chalybeate Ale. Ale Chalyb.
Preparation for a Chalybeate
Course. Mixt. Saline.
Chalybeates not so advantageous to
aged as young People. Powd.
 Chalyb.
Chalybeates and Bitters agree well.
 Wine Chalyb.
Chalybeates unlocked by Acids:
 Wine Chalyb.
Salt of Chalyb. Qu. whether Acid
or no? Syr. of Salt of Steel.
Of Chalybeates and Cathartics.
 Pil. Cachect.
Chalybs not so fit for Medicine as
Ferrum. Syr. Chalyb.
Child-bed Women. See *Birth.*
Emmenag. Fever. Contin. Hy-
sterics. Lochia. Pains. Wo-
men.
Childrens Diseases. See *Convulsi-*
ons. Gripes. Quinsy. Teeth.
Worms.
Children require Alcalies. Powd.
 Edulc.
For Childrens Nostrils stopp'd. Er-
 rhine Vitriolic.
Children to force to take Medicines.
 Infus. Anthelm.
Children to Purge. Ale Purg. for
 Children. Infus. Anthelm.
 Potion Lenit. P. Purg. Resin.
 P. Warw. Powd. Anthelm.
 Purg. P. Laxat. Ung. Aloet.
 Wine Cathart.
Ghina and Sarfa suspected. Dec.
 of Sarfa.
Chin-Cough. See *Cough Convul-*
sive.
Chlorotics. Ale Chlorotic. Mixt.
 Saline. See *Cachectics. Cha-*
lybeates. Emmenagogues.
Of Cholera. Glyst. Tereb. Powd.
 Tart.
Cholera to correct. Julep. Acid.
 Powd. Acid. P. Edulcor. See
Refrigerants. Thirst.
Cholera the Disease. Glyst. Re-
 frig. Spir. of Wine Camph.
 See *Colic.*
Cinnabar its Faculties and Faults.
 Elect. of Cinnabar.

Cock Ale. See *Ale Pectoral.*

A Cold. See *Bechics.* *Catarrh.*
Cough. *Pectorals.*

Of the Colic. *Glyst.* *Colic.*

In a Colic. *Bole Hyfter.* *Dec.*
Bitter. *Arom.* *D.* *Coprolog.*
D. *Febr.* *Bitter.* *D.* *Jun.* *z.*
Dra. *Antemet.* *Elec.* *Camph.*
E. *of Tamar.* *E.* *of Zedoary*
z. *Elix.* *Anod.* *Fom.* *Colic.*
F. *Spirit.* *Glyst.* *Carmin.* *G.*
Colic. *G.* *Comfort.* *G.* *Cor-*
rob. *G.* *Tereb.* *Infus.* *of Cha-*
mom. *I.* *Colic.* *I.* *of Zedoary.*
Jul. *Antemet.* *Mixt.* *Alcal.*
M. *Aromat.* *M.* *Carmin.* *A-*
nod. *M.* *Colic.* *z.* *M.* *Coral-*
late. *M.* *for Gripes.* *M.* *Junip.*
M. *Tartar.* *Pil.* *Colic.* *P.* *of*
Salt Gem. *Potion* *Colic.* *P.*
of Rhub. *Powd.* *of Orange.*
P. *Colic.* *z.* *Spir.* *of Wine*
Camph. *Tinct.* *of Rhub.*

In the Colic, Intentions. *Glyst.*
Col. *O.* *Oily bitter.* *Fom.*
Colic. *Pil.* *Colic.*

In the Colic, of Glysters, and par-
ticularly of Tobacco Glysters.
Glyst. *Colic.*

Colic Hyfteric admits of no Eva-
cuations. *Glyst.* *Colic.*

In a Colic the Ratio of Foments.
Fom. *Colic.*

Of Coloquintida a Note. *Glyst.*
Apopl.

In Conception bad. *Elect.* *of Mint.*
Pil. *Poterius's.*

Concoction to help. See *Carmina-*
tives. *Digestion.* *Stomachics.*

Consumptions. See *Antipbthifics.*

Convulsions. *Ale* *Cephal.* *A.* *E-*
pilept. *Dec.* *Cephal.* *Hyfter.*
D. *of Piony.* *Dra.* *Cephal.* *D.*
Epilept. *D.* *Hyfter.* *Elec.*
Camph. *E.* *Cephal.* *E.* *of*
Cinnabar. *E.* *Hyfter.* *E.* *with*
Mistleto. *E.* *Peruv.* *Epilept.* *E.*
with Piony. *Emuls.* *of Piony.*
Glyst. *Epilept.* *G.* *Hyfter.* *In-*
fus. *Arald.* *I.* *Epilept.* *Jul.* *Ca-*

stor. *J.* *Cephal.* *J.* *Epilept.*
J. *Hyfter.* *J.* *with Musk for*
Child. *Loz.* *Cephal.* *Mixt.*
Bals. *Ceph.* *M.* *Epilept.* *Pills*
with Castor. *P.* *Cinnab.* *Powd.*
Cephal. *P.* *Hyfter.* *P.* *Piony*
c. *Tinct.* *Epilept.*

In Convulsions, the Intentions.
Dra. *Ceph.* *Jul.* *Pearl Hyfter.*
Mist. *Epilept.*

Coolers. See *Refrigerants.*

Cordials. See *Cardiacs.*

Cornachines Powder forbid at
Rome. *Potion* *Warw.*

Cortex Medicines. *Dec.* *Feb.* *Ma-*
gist. *Dra.* *Febrif.* *Elect.* *Pe-*
ruv. *z.* *Glyst.* *Febrif.* *Loz.*
Peruv. *Mixt.* *Peruv.*

Cortex to decoct. *Dec.* *Feb.* *Ma-*
gist.

Cortex when it causeth a Diar-
rhæa what to do. *Elect.* *Peruv.*

Cortex doth not obstruct. And
when Noxious. *Elect.* *Peruv.*
Epilept.

For a Cough. *Elect.* *with Man-*
na. *Jul.* *Musk for Child.* See
Bechics. *Catarrh.* *Pectorals.*

Cough to recover. *Loh.* *Apo-*
phlegm.

Cough Convulsive. *Expr.* *of Mil-*
lep. *for a Chin Cough.* *Jul.*
Musk for Child. *Pil.* *Solenan-*
ders. *Syr.* *of Moss.* See *Chil-*
dren to purge. *Rickets.*

Cough Guttural, and Pectoral.
Dra. *Catarrh.* *Infus.* *Spanish.*

Cough various. *Loh.* *of Elecamp.*

Cough Laborious. See *Pect.* *Incid.*

Cough dry. *Elect.* *with Manna.*
Loh. *Com.* *Pil.* *Bals.*

Crabs, Cray-fish, Lobsters. *Broth*
of Cray-fish.

Of Crabs-Eyes a Note. *Dra.* *in*
Vuln. *Fevers.*

Crabs-Eyes to prepare. *Edule.*
Emulsion.

Cretaceous Powder must be fine.
Powd. *Pearl.*

Cummin-seed strangely penetrative.
Catapl.

Catapl. Laterale.
Of black Currans. Garg. for
Uvula.

Cutaneous Affections. Ale Anti-
mon. A. Purg. with Antimon.
Dec. Cachect. D. Pforic. E-
lec. of Cinnab. Lotion Camph.
L. with Ceruse. L. for Erup-
tions. L. for the Face. L.
Mercur. See *Blood to depu-
rate.*

D.

Daucus a great Diuretic. Dauc.
Ale.

Deafness. Balf. Mirab. Mixt.
Acoust. Oil Acoust. Vap. for
the Ear.

Delirium. Catapl. with Fullers
E. Front. Rosac. Glyst. Re-
frig. G. Somnif. Plaist. Epi-
spast. See *Cephal. Refrig. Som-
nif.*

Diabetes. Dec. Incras. D. Liber.
Emuls. Arab. Powd. Arab.

Diaphoretics. Bole Sudorif. Dec.
Antiloim. D. Fracast. 2. D.
Sacr. D. Sanct. Dra. Alexiph.
D. Bitter. D. Diaphor. D.
Febrif. D. Pleur. D. of Vol-
atiles. Glyst. Comf. Pil. Alex-
it. P. Diaphor. Powd. Alexiph.
P. Bezoart. P. Contray. comp.
P. Diaphoret. P. Epidem. P.
Pestilent. P. Treacle. Stone A-
lexit. See *Alexiph. Cardiacs.*

Diarrhœa. Externals. Catapl.
Stomach. C. for Vomiting.
Fom. Astring. F. in Hæmorrh.
Flux. Fom. Stom. Plaist. of
Balauft. P. of Mastich. P.
Stomach.

Diarrhœa. Internals. Ale A-
string. Bole Yellow. Dec. A-
string. D. Catechu. Simp. D.
in a Diarrh. D. Fracast. 2. D.
of Mastich. D. of Oak Bark.
Dra. Estring. Elec. Astring.
E. of Rhub. Emuls. Diuret.
E. of Harts-horn. Expr. of
Roses. Glyst. of Pomgran. G.

Refriger. Hydrogale. Infus.
of Rhub. I. Red. I. with Roses
2. Jul. Astring. Mixt. with
Bole. M. Pacif. Oil of Rhub.
Potion of Rhub. Powd. of An-
gelica. P. Astring. See *Alexiph.
Astring. Somnif. Stomach.*

In a Diarrhœa, Intentions. Dra.
Astring. Elec. Astr. Emuls. of
Hartshorn. Infus. of Rhub.
Mixt. with Bole Potion of
Rhub.

Diarrhœa when not hurtful.
Elect. Astring.

Of stopping a Diarrhœa. Julep
Astring. Infus. of Ros. comp.

Of Dietetics. Ale Antimonial.

Digestion to help. Mixt. Aromat.
M. Carminat. Powd. Aromat.
P. Carmin. P. Pept. 2. Wine
Mirab. See *Carmin. Sto-
machics.*

Digesters their Ratio. Powd. Pept.
Diluters to be taken plentifully.
Dec. Diuretic.

To dissipate Flatus or Humours.
Catapl. of Cummin. Ung.
Dissip. See *Carminatives.*

Of distilling a Note. Water of
Burdock. W. Horse-dung. W.
Juniper.

Diuretic External. Catapl. of
Juices. *Their Ratio.* Fom.
Diuret.

Diuretic Internals. Ale of Ber-
ries. A. Daucus. A. Junip.
Dec. Depur. D. Diuret. D.
Junip. 2. D. of Nettles 2. D.
Scarlet. Dra. Diuret. D. Ni-
trous. Hydrom. Diuret. Jul.
Diuret. 3. Lixive Calceous.
Mixt. Balf. Nephrit. M. Diu-
ret. M. Sapon. M. Succinated.
M. Terebinth. Pills with Bees.
P. Diuret. 2. P. Saline. P.
Smegmatic. P. Testac. P.
Volat. 2. P. Turpent. Powd.
Crabs-eyes. P. Diuret. P. Fi-
lipend. P. Nephrit. P. Saline
maj. P. Tart. double. P. of
Filing.

I N D E X:

- Filing. Syr. Diur. Tinc. of Canthar. Sugar nitrated. Water of Millep. W. Scelotyrb. *See Dropsy, Stone.*
- Diuret. Int. their Ratio.* Pil. Diuret.
- Diuret. Acids their Ratio.* Dra. Diur. Acid. Jul. Diur. Acid.
- D. Aromatics their Ratio.* Jul. Diur. Aromat.
- D. Nitrous their Ratio.* Jul. Diur. Nitrous.
- D. Oleose their Ratio.* Dra. Diur. Oil.
- Diuretics must not be too forcing in the Stone.* Jul. Diur. Arom. Mixt. Oleose.
- Diuretics to be given after Universals.* Diuret. Mixture.
- In a Dropsy.* Gelatinous Lympha. Julep Amber. i. Hydr. Wine.
- Drink in Fevers.* Dec. Portugal. D. of Raisins. D. Scarlet. D. of Sorrel. D. of Tamarinds. Dra. Nitrous. Emuls. Com. Hydrom. with Cherries. Infus. with Roses. Jul. Acid. I. Refriger. Ptilan. Posslet with Tamarinds. P. with Wood Sorrel.
- Draught.* *See Thirst.*
- Dropsy. Externals.* Catapl. Hydrop. Fom. for a Tymp. Lavam. Hyd. Plaist. Hyd.
- D. Ext. their Ratio.* Plaist. Hydrop.
- Dropsy. Internals.* Ale Arthrit. A. Diuret. A. Hydrop. A. H. Purg. A. Junip. Dec. of Allium. D. Diuret. Cathart. D. Liber. D. of the Woods. Dra. Hydrag. D. of Volatiles. Elect. Hydrop. E. Scorb. hot. Glyst. Carmin. G. Terebinth. Juice Hydrop. J. of Scurvy-grafs. Julep Amber. J. Diuret. Aromat. Lixiv. Calc. L. Hydrop. Pil. Hydrop. Pil. Purg. Hydrop. Wine Diuret.
- W. Hydrop. *See Cathartics, Chalybeates, Emetics.*
- In a Dropsy, Intentions.* Ale Hydrop. Jul. Amb. J. Diur. Arom. Wine Hydrop.
- In a Dropsy how to purge.* Pot. Purg. Hydrop.
- Drunkennes.* Fom. Camph.
- Dysentery.* Bole Balsam. Dec. in a Diarrh. D. Fracast. 2. C. Traumat. Elect. Sanat. Fom. Dysent. Glyst. Balsam. Infus. Red. I. Ros. 2. Oil of Rhub. Pil. Dysenter. *See Alexiph. Cardiac. Diarrhæa. Gripes. Somnif.*
- In a Dysentery, Intentions.* Glyst. Balf. Pil. Dysent.
- Dyspnæa.* *See Orthopnæa.*
- Dysurie.* Dec. Incraf. D. Malaga. D. of Mallows. Emuls. Arab. E. Edulcor. Powd. Arab. P. Incraf. Syr. Incraf. S. of Mallow.
- E.
- For the Ears.* Mixt. Acoust. Oil Acoust. Vapour for the Ears.
- Ear Medicines, their Ratio and Rules.* Mist. Acoust. Vapor for the Ear.
- Pain, or Noise of the Ear.* Catapl. of Cummin. Plater's Mixture.
- The Ears perhaps hurt by Opium.* Catap. of Cummin.
- Ecphratics.* Mixt. Ecphract. Pills Bennet. P. Cachect. P. Ecphrac. *See Aperients, Chalybeates, Splanchnics.*
- Of Electuary of Juice of Roses.* Dec. Purg.ing.
- Electuaries to retain in the Stomach.* Elect. Stomach. Emetic Forms.
- Emmenagogues External.* Fom. Emmenag. Vapor with Coliquint. V. Emmenag.
- Em. Ex. their Ratio.* Fom. Emmen.
- Emmenagogues Intern.* Dec. Emmenag.

- menag. D. of Woods. Elect. with Myrrh. Glyst. Hyster. Infus. Bitter. Jul. Chalyb. J. Diur. Arom. J. Emmenag. Mixt. Carmin. M. Diuret. M. Junip. Pessaries. Pill Bennet. P. Emmenag. P. Myrrh. P. Womens. Powd. Emmenag. P. Myrrh. See *Chalyb. Hysterie*.
- Emmen. Intern. their Ratio.* Dec. Emmenag. Jul. Diur. Arom. J. Emmenag. Pil. Bennet.
- Empyema.* See *Pector. Balsamics, and Incisers*.
- Emulsions admit of no Acids.* Com. Emuls.
- Emulsions, their many Uses.* Emuls. Common.
- Epileptics.* Glyst. Epilept. Infus. Arald. Powd. de Gutta. See *Cephalics, Convulsions, Hysterics*.
- Of Epispastics.* Plaist. Epispast.
- Errhines, their Effects.* Errhine Chym.
- Erysipelas.* Catapl. of Elder. Lot. with Cerus. L. for Erysipelas. Mixt. for Erysip. Spir. of Wine Camph. Ung. for Erysip.
- In an Erysipelas Repellents are bad.* Mixt. for Erysip.
- Expectorants.* See *Pectoral Incidents*.
- Expect. their Ratio.* Dec. Expect.
- Of the Eyes.* See *Ophthalmics*.
- F.
- Face red.* Spir. of Wine Camph.
- Falling Sickness.* Glyst. Epilept. See *Cephalics, Convulsions*.
- Falling out of the Fundament and Uterus.* See *Providence*.
- Fat Things stop not up the Pores.* Ungu. Aperit.
- Feet swelled.* Lavam. Hydrop.
- Feet Medicines.* See *Suppedaneous*.
- Fermentation opens the Body of Things.* Ale Aperient.
- Fever Burning.* See *Refrigerants*.
- Thirst, Thrush, Watchings.*
- F. B. Intentions.* Posset with Wood Sorrel.
- Fever Catarrhus.* Infus. Spanish. See *Catarrh*.
- Fever Continual External.* See *Cephalalgic, Watching*.
- F. C. Internals.* Dra. for Vuln. Fever. Mixt. with Crabs-eyes. See *Alexiph. Diaphoret. Diarr. Singultus, Syncope, Watching*.
- F. Hætic.* See *Antibæctics, Analectics*.
- F. Inflammatory without Malignity.* See *Drink. Pleurisy. Quinsy. Refrigerants. Thirst*.
- F. Inflam. with Malignity.* See *Small-Pox*.
- F. intermitting. External.* Catapl. of Webs. Plaist. Febrif. P. Frankinc.
- F. I. Internals.* Dec. Febrif. 3. Dra. Febrif. 2. D. Peruv. Elec. Peruv. Glyst. Febr. Infus. of Chamom. Mixt. with Crabs-eyes. M. Peruv. Pills Febrif. P. Gent. P. Testac. Powd. of Crabs-eyes c. P. Epidem. P. Febrif. P. Tart. duple. Tine. of Gent.
- In Interm. Fevers of Sweating before the Fit.* Dra. Febr.
- Fever Malignant. External.* Catapl. for the Feet. C. of Her-rings. C. of Radish. C. Sinapine. Linim. Front. Plaist. Epispast. P. for the Feet. See *Cephalal. Watchings*.
- In Fevers Malignant, Foments and Feet Lotions to be avoided.* Fom. Pacif. Front. with Camph. Lotion for the Feet.
- Fever Malignant, Internals.* Bole Cord. Decoc. Antiloim. D. Fracast. 2. D. Sacr. 2. D. Scorzon. D. Variol. Dra. Alexiph. D. Bitter. D. Diaphor. Emuls. Cord. Glyst. Comf. Jul. Alexiter. J. Musk. J. Pearl Cord. Pil. Alexit. Powd. Alexit.

I N D E X.

- Alexit. P. of Angel. c. P. Bezort. P. Diaphor. P. Epid. P. Pestil. P. Saline minor. P. Treacle. P. of Vipers. Spir. of Wine Camph. Stone Alexit. Syrup Treacle. Tinc. Alexit.
- In Fevers Malignant. Intentions.* Dec. Sacr. Jul. Alexit. J. Pearl. Cord. J. P. Hyster. Powd. Alexit.
- Fevers Scorbutic.* Dec. of Sarfa. D. Scarlet. Elec. Acid. Expr. of Brooklime. E. Refriger. E. Scorb. Temp. Juice Attempt. J. Scorb. Powd. Acid.
- F. Vulnery.* Dra. in Vuln. Fev. Mixt with Crabs-eyes. See *Bleeding. Traumatic.*
- Of Fig-tree Milk.* Syr. of Eggs.
- Of Flatus and Vapours.* Glyst. Carminat.
- Fluor White.* Ale Astring. Dec. Astring. D. of Horse-tail. D. of Yarrow. Dra. against Fluor. Elec. of Colophony. Mixt. Balsam. Meph. Pills Diachal. P. Refinous. Plaist. Balsam. P. of Balauft. P. Dorfale. See *Gonorrh.*
- Fluor inveterate scarce curable.* Elec. of Coloph.
- Fluor to distinguish from a Gonorrhæa.* Elec. of Colophony.
- Fætus to roborate.* Broth of Crayfish. Mixt. Consol. M. Golden. See *Analeptics.*
- Foment before Liniments.* Lin. Laterale.
- Frog Spawn.* Dra. Japan.
- Frontals their Ratio.* Front. with Mastich.
- Fumes when to be avoided.* Fume in a Catarrh. F. in a Consumption.
- Fumes of Astringents not Astringent.* Fume for Falling.
- Furor Uterine.* Mixt. Saturn. Pills Saturn. See *Refrigerants.*
- G.
- Gangrene.* Catapl. of Treacle.
- Dec. Sacr. Sinapine. Spir. of Wine Camph. See *Alexipharmacs.*
- Gargles their Ratio.* Garg. for the Uvula.
- Gargles Astringent hinder not Salivation.* Garg. with Vine Leaves.
- Gargles acrisious agreeable in Inflammations.* Garg. for Phlegm. Of Garlic. Loh. of Garlic.
- Gelatinous Lympha.* Jul. Amber. Lin. Laterale. Wine Hydropic.
- Giddiness.* See *Vertigo.*
- Glysters actually cold.* Glyf. Refriger.
- G. Cordial their Ratio.* Glyf. Comf.
- G. Nourishing.* G. Nour.
- G. Purge all the Tract of the Intestines.* Gl. Purg.
- G. to retain.* Glyf. common. G. of Pomgran.
- G. bad in Hysteric Colic.* G. Colic.
- G. bad if Colic lie high.* G. Oily Bitter.
- G. some cannot bear them.* Emol. G.
- G. with Chym. Oils, and Spir. of Wine.* G. Anod.
- G. with Opium.* G. Somnif.
- G. with Vol. Salts.* G. Epilept.
- G. with Tobacco.* G. Colic.
- G. with Turpentine, and with Urine.* G. Terebinth.
- Glysters in what Posture to be given.* G. Common.
- Gonorrhæa.* Bole of Cassia. Diet White. Elec. Laxat. Emulf. Com. Mixt. Balsam. M. B. Nephrit. M. Saturnine. Pills Diachalcit. P. for Fluor. P. Gilead. P. of Merc. dulc. P. Saturn. P. of Scammony. Tinct. Canthar. T. Japan.
- Gout.* See *Arthritics.*
- Gout to recall to the Extremes.* Sinapism.
- Gravel.* See *Stone.*

I N D E X.

- Green sickness.* See *Cachectics*,
Chalybeates, *Emmenagogues*.
- Gripes.* Elect. Cretac. Fom. Colic. Glyst. Anod. G. Carmin. G. Lenient. G. in Gripes. Mixt. for Gripes. Powd. E-dulc. See *Carminat.* Colic. *Diarrhœa*.
- Guaiacum ferments with Acids.*
Dec Sanct.
- Of the Gums.* Powd. Dentifr.
- For the Gums.* Garg. with Myrrh
2. G. of Black Thorn. G. Scorb. G. with Vine-Leaves. Lit. with Alum. L. with Gum Lac. L. Joel's. Tinct. Antihæct. T. Stomat.
- When Gums stick in the Stomach or Guts.* Carmin. Pills. *Guts how they lie.* Glyst. Common.
- Guts.* See *Colic*, *Diarrhœa*, *Gripes*, *Intestinal*.
- Motion of the Guts.* Suppositories.
H.
- Hæmoptics.* Bole Balsam. Dra. Hæmopt. D. Japan. Elec. Boyle. E. Lucatel. E. Peruv. Astring. Emuls. Stypt. Infus. Ros. I. Stypt. Jul. Stypt. Loh. Hæmopt. L. Japan. L. Stypt. Loz. Hæmopt. Pil. Hæmopt. P. Stypt. Powd. Hæmopt. Pag. Hæmorrh. Syr. Boyle.
- Hæmoptics their Ratio.* Emuls. Stypt. Expr. Stypt. Jul. Stypt. Loh. Japan.
- Hæmorrhage.* See *Bleeding at Nose*.
- Hæmorrhoid Flux to stop.* Ale Astr. Dec. Stypt. Dra. Stypt. Elec. Stypt. Expr. Stypt. Fom. in Hæmorrh. Fl. Infus. Stypt. Juice Hæmorrh. Pil. Diachalcit. P. Stypt. P. Turpent. Powd. against Hæmorrh. P. in an Hernia. P. Stypt.
- H. Flux when noxious.* Juice Hæmorrh.
- Hæmorrhoid Pain and Tumour.* Cat. of Eggs. Glyst. with Mullein. Fom. in Hæmorrh. Pains Lin. Hæmorrh. Vapor Hæmorrh. Ung. Hæmorrh.
- Hæmorrhoid Medicines their Ratio.* Lin. Hæmorrh.
- Of Harts-horn burnt.* Emuls. of burnt Harts-horn.
- Head-Ach.* See *Cephalalgia*.
- Head-Ach when it is external.* Lin. Front.
- Head Medicines.* See *Cephalics*.
- Heart-burning.* See *Cardialgia*.
- Heart Palpitation and Trembling.* See *Palpitation*.
- Hætic.* See *Antihæctics*, *Analeptics*.
- Hepatics.* See *Antihæctics*, *Splanchnics*.
- Herbals deficient in Virtues.* Honey of Raisins.
- Herbs Aromatic and Bitter when to be gathered.* Ale Bitter Aromatic.
- Hernia.* See *Rupture*.
- Herpes.* Lotion for Eruptions; Syr. Incrassating.
- Hickup.* See *Singultus*.
- Hoarseness.* Elect. Lucatel. E. with Manna. E. of Roses. Extr. Pect. Honey of Raisins. Loh. Com. L. for Hoarseness. L. Vitelline.
- Of Honey, and to clarify it.* Hydrom. Simple.
- Hops.* Ale Antimonial.
- Hounds-tongue.* Syr. of Hounds-tongue.
- Hydragogues.* Pil. Hydrag.
- Hypercatharsis, Externals.* Bag. Aromat. B. Stom. Catap. Stom. C. for Vomiting. Fom. Col. F. Stom.
- H. Internals.* Dec. Astr. D. in a Diarrhœa. D. Fracast. 2. D. Pacif. Hyft. D. Sacr. Sedativ. Dra. Antemet. D. Astring. D. Paregor. Elec. Astr. E. with Ginger. E. Stomach. Glyst. of Pomgranate. Jul. Stomach. Mix.

- Mix. with Bole. M. Pacif.
 Powd. Astring. *See Diarrhœa.*
Hypnotics. See Somniferous.
Hypochondriac Medicines. Ale
 Juniper. Dec. of Juniper 2.
 D. of Piony. D. of Raisins.
 D. Splanchn. D. Splenet. D.
 of Walnut-rinds. Elix. Stom.
 Expr. Refrig. Infus. Bitter
 Chalyb. Jul. of Propriety.
 Mixt. Junip. Pil. Chalyb.
 Purg. P. Splenet. P. of Tur-
 meric. P. Volat. Powd. of
 Rhub. c. P. Splanchn. Syr.
 of Tobacco. Water of Mille-
 pedes. Spleen Whey. *See*
Chalybeates, Scorbut. Temper.
Splanchnics.
Hypochond. Medicines, their Ra-
tio. Dec. Splanchn. Powd.
 Splanchn.
Hysterics External. Nodule Hy-
 steric. Plaist. Armon. P. Epi-
 spast. P. Euphorb. P. for the
 Feet. P. Vapour. P. Volat. 2.
 Vapour Emmenag.
Hysterics Internal. Ale Hysteric.
 Dec. Hyster. D. H. Pacif. D.
 Sac. 2. Dra. Hyst. Elec.
 Camph. E. Hyster. E. Peruv.
 Epilept. Emulf. Hyster. Es-
 sence Cord. Hyst. Glyf. Car-
 min. G. Hyster. Jul. Camph.
 J. Cast. J. Hyst. J. Pearl Hyst.
 Mixt. Hyst. 2. M. Musk. Pil.
 Camph. P. Castor. P. Hyst.
 P. Solenand. Powd. Hyst. Syr.
 of Salt of Steel Hyst. Tab.
 Hyst. Tinc. Epilept. T. Hy-
 ster. *See Chalybeates, Somni-*
ferous.
Hysteric Purges. Dec. of Agaric.
 Ammon. Potion. Whey Purg.
Hysteric Persons which can bear
Sweets. Pil. Solenand.
Hysteric and Hypochondriac Affe-
ctions not the self-same. Powd.
 Splanchn. Ammon. Potion.
Of the Hysteric Colic. Glyf. Co-
 lic.
- J. I.
- Jaundice. See Antiſterics.*
Iliac Passion. Dra. Antemet.
 Fom. Spirituose. Glyf. Oily
 bitter. Jul. Antemet. Mixt.
 Coral. Spir. of Wine Camph.
See Colic, Epithem, Anodyne.
Incrassants. Ale Astring. Dec.
 Incraf. D. of Mallows. E-
 mulf. Arab. Powd. Arab. P.
 Incraf. Syr. Incraf. *See Pecto-*
ral Incrassants.
Incrassants near the Menses-times
are bad. Jul. Stypt.
I. in a Thoracic Cough not good.
 Dra. for a Catarrh.
Infants. See Children.
Inflammation. Catap. Laterale
 C. with Poppy. Fom. for In-
 flam. Lotion with Ceruse.
 Ung. Refrig. *See Erysipelas.*
Intestinal Medicines, and their
Ratio. Glyf. Anod. G. Bal-
 sam. G. Carmin. G. Colic.
 G. Comfort. G. Consol. G.
 of Pomgr. G. Terebint. *See*
Colic, Diarrhœa, Gripes.
Intestine falling out. Fom. A-
 string. Fume for falling out.
Joint-Pains. See Pains, Scorbu-
tic, Vagous.
Iron better than Steel. Syr. Cha-
 lyb.
Itch. See Psorics.
Juices their Virtues. Juice Scor-
 but.
Juices when best. Juices Scorb.
Juices whom unfit for. Juice At-
 temper.
Juices to preserve. Juices for a
 Dropsy.
Juleps Extempore. Mixt. Cord.
 Edulc. M. Hyster. Aquose.
- K.
- Kibes and Chilblains.* Epith. of
 Calx.
Kidneys. See Bladder, Stone.
King's-Evil. Ale Cancer 2. A-
 ag. Scroph. Dec. Liber. Dec.
 ag. Scroph. Expr. of Millep.
 Pills

- Pills Balsam. P. ag. Scroph.
 P. of Merc. crude. P. of M.
 dulc. Powd. of Strumæ. Wa-
 ter of Burd. W. of Millep.
*King's-Evil Medicines their Ra-
 tio.* Dec. ag. Scroph.
K. E. Medicines when to be given.
 Powd. for Strumæ.
 L.
Lateral Medicines External. Bag
 for the Side. Catapl. Laterale.
 C. with Orris. Fom. Later.
 Linim. Later. Plaist. Later.
*Lateral Medicines External their
 Ratio.* Fom. Later. Lin. Later.
Lateral Medicines Intern. See
Pain of the Side, Pleurisy.
Laudanum to conceal. Mixt. Pacif.
Laxants. Dec. of Tamarinds.
 Elec. Laxat. E. of Manna.
 E. of Tamarinds. Glyst. Emol.
 G. for Infants. G. Laxat. Pos-
 set with Tamarinds. Potion
 Lenitive. Powd. Laxat. Sup-
 posit. See *Cathart. mild.*
Lethargy. See *Soporose.*
Of Liquorice. Tinct. Sweet.
Of Litharge. Lotion for the Face.
Lithontriptics. See *Stone.*
Lobsters. Broth of Cray-fish.
Lochia to restrain. See *Bleeding,
 and Menses to stop.*
Lochia to promote. See *Emmena-
 gogues.*
*Lochia are not stopped with Opi-
 ates.* Jul. for Child-bed Wo-
 men.
Lobochs their Ratio. Loh. for
 Child-bed Women.
Loins their Pain and Weakness.
 Plaist. of Balauft. P. Dorfaie.
 P. for the Loins. P. White.
 See *Fluor. Gonorrh. Stone.*
Looseness. See *Diarrhœa.*
Of Lucatellus Balsam. Loh. Lu-
 catel.
Lozenges how they operate. Pecto-
 ral Lozenges.
For the Lungs. See *Asthmat. An-
 tipthif. Pectorals.*
- Lungs weak bear not Things actu-
 ally cold.* Dec. Balsam.
Lying-in. See *After-Pains. Birth.
 Fever. Continual Hysterics.
 Lochia. Women.*
 M.
Mad Dog. See *Bite.*
Malignity. Powd. Treacle.
Mallows. Dec. of Mallows.
Man's Skull an horrid Medicine.
 Pills of Cinnabar.
Marasmus. See *Antipthifics. A-
 trophy, Analeptics.*
Martial Medicines. See *Chaly-
 beates.*
*Masticatories their Ratio, and
 Use.* Masticat.
Measles. See *Small Pox.*
Melancholy. See *Hypochondr. Hy-
 sterics. Splanchn. Splenet.*
Against melancholy Intentions. Ex-
 pres. Refrig. Infus. Card.
Menses to promote. See *Emmena-
 gogues.*
Menses to restrain. Dra. Japan.
 D. Stypt. Fom. in Hæmor.
 Flux. Hydrag. Chartac. In-
 fus. Stypt. Jul. Stypt. Pills.
 Astring. P. Djachalcit. P.
 Stypt. Powd. Arab. P. ag.
 Hæmorrhag. P. Stypt. 2. See
Bleeding, Incrassants.
Mercurials. Bole Worm. Elect.
 of Cinnabar Lotion. Mercur.
 Pills of Merc. 2. Plaist. with
 Mercury.
*Merc. their Mischiefs and Reme-
 dies.* Elect. Mineral. Lotion
 Mercur.
*Mercury dulcis not to be prescribed
 with a Lixive Salt.* Pills of
 Merc. dulc.
M. dulc. to prevent the Small-Pox.
 Pills of Merc. dulc.
Mercury voided by Urine. Dra.
 Diuret. Oleose.
*Mercury vive to depurate and
 prove.* Pills of crude Merc.
Merc. Sublimate when true. Merc.
 Lotion.

I N D E X.

Milk distilled. Water of Snails
Scorbut.

Milk to drive back. Ung. to drive.

Millepedes. Express. of Millep.
simple.

Miscarriage. See *Abortion.*

Missleto. Infus. Epilept.

Mortification. See *Gangrene.*

Mouth. Asperities, Erosions, Fissures, Heat. See *Stomatics.*

Mummy. Powder for a Bruise.

Musk. Pills. Amber. Solenanders.

Musk Julep 2.

N.

Narcotic. See *Somniferous.*

Nauseousness. See *Antemetics, Stomachics.*

Nephritics. See *Stone.*

Neurotics. Balf. Mirab. Dec.
Neurot. Expres. Millep. Fom.
Spirituose. Plaist. Armon. P.
Volat. Spir. of Wine Camph.

See *Antiparalytcs, Artbritics, Cephalics.*

Nitre. Dec. Scarlet. Dra. Nitrose.
Jul. Pleurit. Powd. Nitrose.
Sugar nitrated.

Nitre its Abuse. Jul. Diuret. Nitros.

*Nitre not to be mixed with Acid
Spirits.* Syr. Diuret.

*Nitre how to be given, and not in
too great Quantities.* Dec. Scarlet.

*Nitrose Medicines improper in malignant
Fever with Vomiting,
and Diarrhœa.* Scarlet Decoct.

Nose stop'd to open. Errhine Purg.
E. Vitriol. Paste for
Apth.

O.

Observation of a Pain repelled.
Fom. Arthrit.

Obs. of a Bloody Small-Pox. Jul.
Acid.

Obs. of Urine suppressed. Dra.
Diuret. Acid.

Obstructions. Ale Aper. A. Ister.
A. Purg. Hydr. Deco: Aper.

D. Cachect. D. Splenet. Jul.
Chalyb. J. Propriet. Mixt.
Ecphract. Pil. Chalyb. Purg.
Ung. Aper. Whey Deoppil.
W. Splenet. Wine Elecamp.
See *Antister. Chalyb. Ecphract.
Splanchnics.*

Odontalgic. Elect. Apophlegm.
Epith. Alum. Errhines. Garg.
of Pellit. G. for Phlegm. G.
Quieting. Masticat. Pellets for
the Teeth. Plaist. Epispast. P.
with Marjor. P. Mastic. P.
Nuchale. P. for the Temples.
Powd. Dentalg. Sinapism. Spir.
of Wine Camph. Tinct. Odontalg.

Odontalgic Intentions. Garg. of
Pellitory.

O. why applied to the Temples.
Plaist. for the Temples.

Odoriferous Medicines External.
Fume Odor. 2. Loz. Perfume.
Powd. Capill. P. Damask. P.
Odorif.

*Odoriferous Things sink when
burnt.* Fume Odorif.

Odor. Internals. Elect. Royal.
Jul. Musk 2. Pills Amber. P.
Crato's. P. for Fainting. P.
Solenand. Powd. Amber.

*Odoriferous Things when, and
why they disagree.* Pills Amber.

Oils Chymical how to mix up.
Emuls. of Piony. Mixt. Junip.
Oils Chymic to prove. Card. Ele-
osacch.

O. C. in Glysters. Glyst. Anod.

O. C. externally used. Ung. Pect.
*After Oil Draughts Drink to be
forborn* Dra. Oleose.

Oil voided by Urine. Dra. Diu-
ret. Oleose.

*Oil rancid perhaps best. And to
purify Oil.* Dra. Oleose.

*Oils externally used shut not up the
Pores.* Ung. Aper.

Ophthalmic Externals. Balf. Mi-
rab. Catap. with Apples. C.
with

- with Sedum. Fom. Ophthalm.
Front. Mast. Plaist. Epispast.
P. of Euphorb. P. of Marjor.
P. Nuchale. Sinapism.
- Ophthalmic Internals.* Expr. of
Millep. simple. Powd. of Eye-
bright c. See *Cephalics*.
- Opiates.* See *Somniferous*.
- Opium not convenient in Contin.*
Fevers. Pills Amber.
- Opium to be cautiously used in the*
Ears. Cat. with Cummin.
- Opium outwardly perhaps not Ano-*
dine. Plaist. Anod.
- Opiates and Cordials do well to-*
gether. Dra. Diaphor.
- Opium in Glysters.* Glyf. Somnif.
- Opium to conceal.* Mixt. Pacif.
- Orange-peel best green.* Water of
Millepedes.
- Orpiment.* Tobac.
- Orthopnea.* See *Asthmatics, Pe-*
ctoral Incisers.
- Ozæna.* Garg. with Myrrh.
P.
- Pains.* See *Anodynes. Somnife-*
rous.
- Pain of the Back.* Glyf. Carmin.
G. Terebinth. Mixt. Balf. Ne-
phrit. M. Carmin. Anod. Pills
Refin. P. Turpent. Plaist. A-
nod. P. Balauft. P. Balsam. P.
Dorsal. P. Farinac. P. for the
Loins. P. Spinale. P. White
Ung. Refrig. See *Colic, Fluor,*
Stone.
- Pain of the Belly.* See *Colic, Di-*
arrhæa, Gripes.
- Pains that lie deep.* Plaist. Arom.
P. Epispast. P. Mercur. P.
Volat. 2.
- Pain of the Ears.* Catapl. of Cum-
min. Plater's Mixture.
- Pain of the Head.* See *Cephalalg.*
- P. of the Side.* Elec. Carmin.
Lin. Later. Mixt. Arom. M.
Carmin. Pil. Olyb. Plaist.
Carmin. See *Carmin. Late-*
ræle. Pleurisy.
- P. of the Side its Ratio.* Lin. La-
ter. Ung. Pleurit.
- Pains in the Stomach.* Amber
Pills.
- After Pains.* Jul. Carmin. J. for
Child-bed Women. Mixt. for
Concert. M. Junip. M. Theb.
M. for Child-bed Women.
Plaist. Vapor. P. Volat. foetid.
- After-Pains their Ratio.* Jul. for
Child-bed Women.
- Pains of the Limbs.* See *Arthri-*
tics, Rheumatism, Scorbutic.
- P. Scorbutic, Vagous.* Ale Arthri-
tic. Dec. of Chamæp. D. E-
dulcor. D. Sacr. D. Sanct. 2.
D. of Sarfa. D. of Trefoil.
Elec. of Sarfa. Epith. of Calx.
Fom. Arthrit. F. Scorb. Juice
of Scurvy-grafs. Plaist. Car-
minat. P. Volat. Ung. Volat.
Gl. See *Diaphor. Scorbut.*
- P. of the Teeth.* See *Odontalgies.*
- Palate.* See *Uvula.*
- Palpitation Externals.* Bag Arom.
B. Cord. Catap. Stom. Epith.
Cord. Fom. Stom. Lin. Ceph.
Ol. Ceph. O. Paral. Plaist.
Pect. Quilt Card. Ung. Cord.
- P. Internals.* Balf. Scheffers. Bole
Cord. Dra. Card. D. of Vo-
latiles. Jul. Musk. Jul. Saffron.
Loz. Card. Mixt. Musk. Pills
Amb. P. Solenan. P. for Faint.
Powd. Amb. Tinc. Ceph.
See *Cardiacs, Cephalics.*
- Palsy.* See *Antiparalytics.*
- In a Palsy, to find the first part*
affected. Paralyt. Oil.
- Parotides.* See *Quinsy-Uvula.*
- Peacocks-Dung.* Ale Epilept.
- Pearl Medicines.* Julep Pearl 4.
Pearl Powder. Sugar of Pearl.
- Pectorals Externals.* Bag. Late-
ral. Cat. of Orris. Plaist. Pect.
Quilt Pect. Ung. Pect.
- P. E. their Ratio.* Plaist. Pect.
- Pectoral Internals Mixt.* See *Be-*
chics.
- P. I. their Ratio.* Jul. Pect. Loh.
Lucatel. Mixt. Pect. Pil. Saffr.

I N D E X.

Pectorals Balsamic. Dec. Balsam. D. Pect. Balf. D. Tolut. Dra. of Hounds-tongue. Elec. Balf. E. Lucatel. E. with Myrrh. E. Terebinth. Loh. Balf. L. Lucatel. L. of Myrrh. Loz. Balf. Mixt. Balf. M. of Balm of Gilead. M. Balf. Pect. M. with Balf. of Peru. M. Sulphur. Pills Asthmat. P. Balf. P. Black. P. Expect. P. Gilead. P. Myrrh. P. Sanctæ. P. Tolutane. Potion White. Powd. Balsam. Syr. Balsam. Tinc. Balsam. T. Pect.

P. B. their Ratio. Dec. Balf. Elec. Balf. Loh. of Myrrh. Pills Gilead. Mixt. Balf.

Pectoral Inciders. Dec. of Allium. D. Expect. Elect. Expect. E. Spirit. Emulf. Asthmat. E. Brunner's. Expr. Asth. Hydrom. Asthmat. H. Joels. H. Pect. Jul. Pect. Loh. Asthm. L. with Elecamp. L. with Garlick. L. Green. L. of Myrrh. Mixt. Ammon. M. Asthmat. M. Balf. M. Expect. 2. M. Sapon. Oxym. Asthmat. O. Purg. Pect. O. of Tobacco. Pills Asthmat. P. Black. P. Expect. P. Garlic. P. Myrrh. P. Pect. P. Saffron. P. Sulph. Powd. of Millep. Syr. of Ammon. S. Asthmat. S. of Elecamp. S. of Garlic. Wine Elecampane.

Pect. Inciders their Ratio. Dec. Ecphract.

Pectoral Incrassants. Decoc. in a Catarrh. D. Cerevis. D. Incras. D. Pect. Dra. Bechic. El. of Mallows. E. of Mastic. E. Pect. E. Quadr. E. Sanative. Extr. Pect. Honey. Pect. H. of Raisins. Loh. Bech. L. Common. L. Haly. L. Incras. L. Oleose. L. with Sperma Ceti. Loz. for Catarrh. Mixt. Bechics. Powd. Arab.

P. Incras. Syr. of Hounds-tongue. S. Incras. Syr. of Liquor. S. of Mallows. Tinct. Sweet.

P. Incrassants their Ratio. Dec. Pect. Elect. Balf. Loh. Bech.

Pectorals go not immediately into the Lungs. Loh. Haly.

Pectorals, the Manner of taking them. Infus. Spanish.

Of Peristaltic Motion. Suppositories.

Phlegm to bring off. Elect. Apophleg. Errhines 6. Gargle Deterg. G. Paralyt. G. with Pellitory. G. for Phlegm. G. for a Quinsy. G. for the Uvula. Masticat. Powd. Dentalg. P. Sternutat. Vapor for a Quinsy.

Phlegm in the Habit of the Body to attenuate, digest, cast out. Dec. Cachect. Oxym. Purg. Pect. See *Cachectics, Scorbutics, Splanchn.*

Phlegm in the Lungs to correct and evacuate. See *Asthma Pect. Balsam. P. Inciders.*

Phlegm in the Stomach and Intestines to incide and carry off. Emetics. Oxym. Purg. O. of Tobacco. Pills Ammon. Stomach. P. of Merc. dulc. P. of Sylvius. Tinct. Purg. Cephal. See *Carminat. Stomachics.*

Phrensy. See *Cephalalgia, Fevers Contin. Refriger. Watching.*

The Hackney Physician. Emulf. Glyf.

Pigeons applied in Epilepsy. Epilept. Julep.

Piles. See *Hæmorrhoids.*

Pills better than Potions for the Head. Pills Cephal.

Plaisters to take off. Dorsale Plaister.

Pleuritics External. Bag. Laterale. Catap. Later. Fom. Later. Lin. Later. Plaist. Pleurit. Ung.

I N D E X.

Ung. Pleurit.
Pl. Ext. their Ratio. Fom. Later. Ung. Pleur.
Pl. Ext. ineffectual in a true Pleurisy. Lin. Lateral.
Pleuritic Internals. Dec. Scarlet. D. Peet. D. Pleurit. Dra. Nitr. D. Oleose. D. Pleurit. D. of Volat. Emuls. com. Expr. Pleur. Jul. Pleur. Loh. of Linseed Oil. L. Pleurit. Mixt. for Concrete. M. Pleur. Pil. Olib. P. Pleur. P. Tart. Powd. Hibern.
P. I. their Ratio. Expr. Pleur. Pills Tartar.
In a Pleurisy, a Caution. Mixt. Pleur. Pil. Olib.
Podagrics. See *Arthritics.*
Poison. See *Alexiph.* Bite of a mad Dog.
Heavy Powders to give. Anthelmint. Powders.
Small-Pox. Dec. Pacif. D. Peet. D. Scorzon. D. Variol. Dra. Paregor. 2. D. in the Small-Pox. Elect. Cord. temp. E. Peet. Emuls. Variol. Garg. for a Quinsy. G. in the Sm. Pox. Glyst. Comfor. Jul. Pearl. temp. Loh. Com. L. Red. Paste for Aphth. Powd. Angel. c.
S. P. allowed not of hot Medicines. Glyf. Comf.
S. P. to prevent. Pills of Merc. dulc.
S. P. Bloody, an Observation. Julep Acid.
Te prepare for a Purge. Dra. Prep.
Procidence of the Uterus what. Fume for falling out of the Uterus.
Procidence of the Anus and Uterus. Fom. Astring. Fume for Falling 2.
Pseudo-Physicians. Dec. against the Scurvy. Glyf. Anod. Powd. Splanck.
Pforic Medicines. Ale Antimon.

A. Purg. with Antimon. Dec. Cachect. D. Pforic. Elect. of Cinnab. E. Minerale. Lotion Mercur. See *Blood feculent, Cutaneous.*

Purges. See *Cathartics.*

Q

Quieting Medicines. See *Somniferous.*

Quinsy Externals. Catap. with Cassia. C. with Orris. C. in a Quinsy. Lotion for the Feet. Plaist. Epispast. P. Pleurit. P. Quinsy. See *Uvula.*

Quinsy Internals. Elect. Apophlegm. Garg. for Phlegm. G. in a Quinsy. Loh. common. L. Green. L. for Hoarseness. L. Mucilag. L. for a Quinsy. L. Red. L. Vitelline Pow. Uvula. Vapour for a Quinsy.

In a Quinsy Repellents are bad. Catap. for a Quinsy.

In a Quinsy Intentions. Catap. for a Quinsy. Garg. for Phlegm. Garg. in a Quinsy. Vapour for a Quinsy.

R

Of Raisins. Honey of Raisins.

Refrigerants. Dec. Portug. D. Scarlet. D. of Sorrel. D. of Tamarinds. Dra. Nitr. Elect. Acid. Emuls. com. Epith. of Sugar of Lead. Expr. of Brooklime. Front with Camph. F. Rosac. Glyst. Refrig. Infus. Ros. Jul. Acid. J. Diapente. J. with House-leek. J. Refrig. Plaist. white. Posset with Wood-Sorrel. Powd. Nitrose. Ung. Refrig.

Refrigerants their Ratio. Infus. Ros. Jul. Refrig. Posset with Wood-Sorrel.

Of Regimen hot and cold. Dec. Sacrum.

Repellents. Epith. Alum. Fom. in Hæmorrh. Flux. Lotion with Ceruse. L. for Eruptions.

I N D E X.

- Ung. to drive Milk.
Repellents bad in Erysipelas, Gout, Quinsy. Catap. in a Quinsy.
 Fom. Arthrit. Mixt. Erysip.
Revulsion its Ratio. Lotion for the Feet.
Rheum. See *Catarrh.*
Rheumatism. Dec. Depur. D. Edulc. D. Pect. D. of Sarsa. D. Scarlet. Dra. Nitrose. Emuls. com. Epith. of Calx. Infus. Traumat. Powd. for a Bruise. P. Hybernic.
Of a Rheumatism. Dec. Incrass.
Rickets Externals. Linim. Spin. Plaist. Spinale. Ung. Aper.
R. Internals. Ale Ricket. Dec. Aperit. D. Edulc. D. Pect. Jul. Pearl Antiphth. Water of Snails Pect.
Of the Rickets. Ale Ricket. Linim. Spinale.
Rupture. Elect. in a Rupture. Fom. Astring. Plaist. of Balauft. Powd. in an Hernia.
Rupture Medicines their Ratio. Powder in an Hernia.
 S.
Salts to make up with Pills. Saline Pills.
Salt of Amber. Powd. Diuret.
Salt Prunel. Dec. Cochin. Dra. Nitrose.
Salts Volatile their Operation. Dra. of Volatiles.
S. V. in Glysters. Glyf. Epilept.
Sand. See *Stone.*
Sarsa and China suspected. Dec. of Sarsa.
Sciatica. See *Arthritics.*
Scybala to expell. Dec. Coprogogue.
Scorbutics Externat. Epith. of Avicenna. E. of Calx. Fom. Scorb. Sinapism.
Scorb. Ext. their Ratio. Fom. Scorb.
Scorbutic Internals temperate. Ale Aperient. A. Scorb. sweet. Dec. Aper. D. Depur. Elect.
 Acid. E. Scorb. Temp. Exp. of Brooklime. E. Scorb. Temp. Juices Attemp. J. Scorb. Sug. Scorb. Water of Horse-dung. Whey Dietetic. W. Scorb.
Sc. Int. Temp. their Ratio. Ale Scorb. sweet. Juices Scorb.
Scorb. Feru. warm. Ale Diuret. A. Scorb. Exemp. A. S. warm. Dec. ag. Scurvy. D. of Trefoil. Elec. of Mustard. E. Scorb. hot. Expr. Scorb. warm. Juice of Scurvy-grafs. Jul. Scorb. Mixt. Ecphract. M. Scorb. Spir. Antiscorb. Water Scelotyrb. Wine Scorbutic.
Sc. Int. warm their Ratio. Ale Scorb. warm. Dec. ag. the Scur. Elect. Scorb. hot.
Scorbutic Pains. See *Pains.*
Scorzonera suspected. Dec. of Scorzon. D. Variolose.
Scrophulæ. See *King's-Evil.*
Tumour of the Scrotum. Catapl. with Turneps.
Scurvy-grafs. Ale Aperient.
Scurvy not so common as believed to be. Dec. ag. the Scurvy.
Secundines. See *Emmenagogues.*
Senna. Dec. Purg. Infus. Purg. Powd. Laxat.
Serpentaria Root. Dec. Sacr.
Side. See *Lateral Pains.*
Sight. See *Ophthalm.*
Sinapisms their Use. Sinapism.
Singultus. Bag. Aromat. Catap. Stom. Jul. Musk 2. Pills Amber. P. Solenanders.
Of a Singultus. Jul. Musk.
Sizy Lympha. Julep Amber. Wine Hydropic. See *Pleuritics.*
Skin. See *Cutaneous.*
Sleep. See *Somniferous.*
Small-Pox. See *Pox.*
Snails distilled. Water Pectoral Snail
Snatchings and Startings. See *Subsultus.*
Somniferous Medicines External. Catap.

- Catap. for the Feet. C. with Fullers Earth. C. with Poppy. Epith. Anod. Front. with Camph. F. with Opium. F. Rosac. Linim. Front. Lotion for the Feet. Plaist. Anod. P. Epispaft. P. for the Temples. Ung. Front.
- Somniferous Medicines Internal.* Dec. Pacif. D. P. Hyfter. D. P. Sacr. Sedative. Dra. Pareg. 2. Emulf. Pacif. Glyft. Somnif. Jul. for Child-bed Women. Mixt. Pacif. M. Papav. M. Theb. Pills Catarrh. Potion Colic. Tinct. Hyfteric.
- Soporose Distempers Externals.* Catapl. for the Feet. C. of Herings. C. with Radish. C. Sina pine Errhines. Lin. Cephal. Plaist. Apoplect. P. Epispaft. P. of Euphorb. Powd. Sternut.
- Soporose D. Internals.* Ale Cephal. Dra. of Volatiles. Elect. Apophlegm. E. of Mustard. Garg. Mustard. G. Paralyt. G. for Phlegm. Glyf. Apopl. Jul. Cephal. Loz. Apopl. Masticatories. Mixt. Apopl. Pills Crato. P. Volat. Oleose. Powd. of Marjoram. *See Cephalics.*
- In Soporose Distempers Intentions.* Powd. of Marjoram.
- Specifics.* Decoct. of Walnut-rinds.
- Spirit of Wine externally.* Mixt. Eryfip.
- Spirit of Wine with Unctuose Things.* Ung. Pleurit.
- Spirit of Wine in Glysters.* Glyf. Epilept.
- Spirits Volatile in Glysters.* Glyf. Epilept.
- Spitting to promote.* Elect. Apopl. Errhines 6. Garg. Deter. G. with Mustard. G. Paralyt. G. with Pellitory. G. for Phlegm. G. for the Uvula. Loh. Apophl. Masticator. P. Diachalcit. Powd. Dentalg. P. to promote Spitting. P. Sternutat. Vapour for a Quinsy.
- Spitting not stopped by Astringents.* Gargle with Vine Leaves.
- Spitting Blood.* *See Hæmoptoics.*
- After Spitting Blood, Astringents to be used with Caution.* Infus. Ros.
- After S. B. Sulphur to be forborn.* Elect. Sulphur.
- Splanchnics and Splenetics Extern.* Fom. Splenet. Plaist. of Mercury. P. Splen. Ung. Aperit. U. Splanchn. U. Splenet.
- S. and S. their Ratio.* Plaist. Splenet. Ung. Splanchn.
- Splanchnics Internals.* Ale Splanchn. A. Splen. Dec. Junip. 2. D. Splanchn. D. Splenet. D. of Walnut-rinds. Dra. Pareg. Elect. of Currans. E. Splanchn. Expr. Refrig. Jul. of Propriety. J. Splanchn. Mixt. Arom. M. Carmin. M. Ecphraet. M. Junip. Pil. Chalyb. 6. P. Splenet. 2. Potion Ammon. P. Rhub. P. Splanchn. Tinct. of Gent. Water of Millep. Whey Splenet. Wine Elecamp. *See Aperit. Chalybeates, Scorbutics.*
- Splanchnics their Ratio.* Dec. Splanchn. Glyf. Carmin. Mixt. Ecphraet.
- Spleen.* *See Hypochondriacs.*
- Stammering.* Lotion Cephalic. Plaist. Cephal.
- Steel.* *See Chalybeates.*
- Sternutatories their Ratio.* Powd. Sternutat.
- Stomachics External.* Bag. Arom. B. Stomach. Cataph. Stomach. C. for Vomiting. Epith. Stomach. Fom. Astr. F. Stom. Pla. Balauft. P. Balsam. P. Rodorat. P. Stom. Quilt Stom. Spir. of Wine Camph. Ung. Stomach.
- Stom. Ext. their Ratio.* Plaist. Stom.
- Stom. Internal.* Ale Bitter Arom.

I N D E X.

- Bole Sudor. Dec. Bitter Arom.
 D. Catechu. D. of Juniper. 2.
 Dra. Antemet. Elec. Acid. E.
 Card. warm. E. Carmin. E.
 of Cinnam. E. Cretac. E. of
 Ginger. E. Grand. E. of
 Mint. E. Spirituose. E. Sto-
 mach. Eleofacch. Card. E.
 Stomach. E. with Cloves. In-
 fus. Bitter. I. of Zed. Julep
 Antemet. J. of Propriety. J.
 Stomach. J. of Volat. Loz.
 Stomach. Mixt. Alcalif. M.
 Aromat. M. Carmin. M.
 Consol. M. Corall. M. Junip.
 M. Stomach. M. Volat. Pil.
 Amber. P. Antemet. P. Car-
 min. P. Gent. P. Japan. P.
 Stomach. P. S. with Ammo-
 niac. P. S. Purg. Pil. Vol.
 Oleose. Powder of Anise. P.
 Aromat. P. Carmin. P. of
 Nutmeg. P. Sinapine. P. Sto-
 mach. P. S. Bitter. P. Tartar.
 Tinct. Aromat. T. Gentian.
 Tinct. Stom. Water Juniper
 Wine Bitter. W. Mirab. W.
 Stomach.
- S. I. their Ratio.* Elec. Stom.
 Jul. Carmin. J. Stom. Pil.
 Stom. Powd. Stom. bitter.
 P. Tart.
- Stomach Purgers.* Pills of Guai-
 acum. Pills of Rhubarb. P.
 Stom. Purg. Tinct. Purg. Ce-
 phal. W. Cathart.
- Of Stomach Spirituose Medicines.*
 Pil. Stomach.
- Stomatics for Asperities, Erosions,*
Fissures, and Heat of the Mouth.
 Garg. Emuls. G. Levig. G.
 for Heat of the Mouth. G.
 for a Quinsy. G. Refrig. G.
 with Sedum. G. in the Small-
 Pox. Paste for Aphthæ. Syr.
 Incraf. Syr. of Mallows. See
Thrush, Thirst.
- Stomatics for foul and stinking*
Mouth. Garg. Com. G. De-
 terg. G. ag. Foeter. G. of
- Myrrh. G. Scorbut. G. of
 Vine Leaves.
- Stom. for Ulcers of the Mouth.*
 Garg. Com. G. with Mastich.
 G. with Myrrh. G. with Roses.
 G. Scorb. G. of Black Thorn.
 G. with Vine Leaves. G. for
 Ulcers. Loh. of Myrrh. L.
 with Olibanum. Mixt. for Ul-
 cers.
- Stone Externals.* Catap. of Juices.
 Fom. for Colic. F. Diur. Plaist.
 Anod. P. Nephrit. Vapor. Di-
 ur. Ung. Renal. U. for the
 Stone.
- In the Stone Intentions.* Fom. Diu-
 ret. Vapor. Diuret.
- Stone Internals.* Ale of Berries.
 A. Daucus. A Diuret. A. Ju-
 niper. Bole of Cassia. Dec. of
 Alth. D. Diuret. D. D. Ca-
 thart. D. Incraf. D. of Mal-
 lows. D. Nephrit. Dra. for
 Gravel. Elect. Nephrit. E.
 Tereb. Elix. Anod. Emuls.
 Arab. E. Common. Expres.
 of Millep. Glyf. Anod. G. of
 four Oils. G. Saponac. G. Te-
 rebinth. Hydrom. Diur. Jul.
 with Housleek. Mixt. Balf.
 Nephrit. M. Carmin. Anod.
 M. Diuret. M. for Gravel. M.
 Juniper. M. Saponac. Pills
 Nephrit. P. Smegmat. P. Te-
 rebinth. Pot. White. Powd.
 of Filipend. P. Nephrit. P. of
 Tilingius. Tinct. of Cantha-
 rides. See *Carmin. Diuret.*
Somnif.
- In the Stone proper Purges.* Bole
 of Cassia. Decoct. of Raisins.
 Potion White. P. Purg. Ne-
 phrit.
- In the Fit of the Stone (not of*
Sand or Gravel) sharp Diure-
tics are bad. Dra. for Gravel.
 Mixt. Oleose.
- Strangury.* See *Dysurie.*
- Styptics.* See *Bleeding.*
- Subsultus of the Tendons.* Jul.
 Pearl.

I N D E X.

- Pearl Hyfter. Plaist. Epispast.
 Powd. Alexiph. P. Cephal.
*See Alexiph. Cardiacs, Dia-
 phoretics, Suppedaneous.*
Sugar too much used is pernicious.
 Dra. for a Catarrh. Elect.
 Pectoral.
Sulphur its Virtues. Pill Pote-
 rius's.
*Sulphur not allowable in Hectic
 Fevers, ruptur'd Vessels, nor
 Women with Child.* Elect. Sul-
 phur. Pills Poterius's.
Balsam of Sulphur penetrative.
 Potter's Pills.
Suppedaneous Medicines. Catap.
 for the Feet. C. of Herrings.
 C. with Radish. Lavam. Hy-
 drop. Lotion for the Feet.
 Plaist. of Euphorb. P. for the
 Feet.
S. their Ratio. Catap. for the
 Feet. Fom. Pacif. Lotion for
 the Feet.
Syncope Externals. Bag. Aromat.
 Catap. Stomach. Fom. Stom.
 Nodule Hyfter. Ung. Cord.
Syncope Internals. Balf. Sheffers.
 Bole Cord. Caud. Cord. Dra.
 Consol. D. of Volatiles. E-
 lect. Grand. E. Royal. Ef-
 sence Cord. Hyft. Jul. Musk.
 J. Stom. Loz. Apoplect. Mixt.
 Musk. Pills for Fainting. P.
 Solenanders. Powd. Alex. P.
 Amber. *See Cardiacs, Hyste-
 rics, Stomachics.*
In Syncope Intentions. Jul. Cord.
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 nerals.* Acid. Powder.
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 nitrated. Syrup Diuretic. Wa-
 ters of Tamarinds.
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phlegm. L. for Hoarseness.
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