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# REVIEW

OF THE

# VENEREAL DISEASE,

AND

ITS REMEDIES.

BY WILLIAM FORDYCE, M. D.

THE THIRD EDITION,

WITH

ADDITIONS, AND AN APPENDIX.

LONDON,
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### REVIEW

OF THE

VENEREAL DISEASE, &c.

### INTRODUCTION.

So much has been written, both by furgeons and physicians, concerning the Venereal Disease, and so much is supposed to be known by every quack, and apothecary's apprentice, about its treatment; that it may be thought presumptuous, or at least superfluous, to say more upon the subject. But nothing certainly can be so effectual an obstruction to

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the progress of knowledge in general, as an opinion that no room is left for farther improvement. Long and large experience has convinced me, that this particular branch does still admit of a great deal; and the dreadful consequences arifing from the gross ignorance of many practitioners, as well as from the shameful impositions of not a few, are every day but too apparent. What increases the mischief exceedingly, is the inattention of the patients themselves to their own health, no less than their indifference about the welfare of their posterity. On these accounts, I find myself prompted to communicate my observations on this disease, in hopes of rendering it less destructive to mankind, by enabling each individual, who unhappily labours under it, to judge whether he is in skilful and honest hands, or the contrary. WhatWhatever deference is due to writers of reputation, in those particular cases, where the rules by them laid down for the management of diseases remain to this day the best standard of practice; that very deference will prove a false guide, if extended to subjects where the lights, which they had acquired, were in reality but the dawn of what is now more fully known. It must therefore be of consequence to guard beginners in the healing art against an implicit reliance even on the greatest professors.

#### SECTION I.

Opinions of the most celebrated writers on this disease.

DR. Sydenham has justly acquired the highest rank in the profession of physic; and to his capacity, equalled only by his candour, I bow with respect.

fpect. But that great man, it is very certain, has advanced positions on this point, which do not well agree with our present knowledge of it. According to him, the cure of a clap depends wholly on purging medicines, by which the peccant humour is discharged, or a diversion is made of the natural juices, that might otherwise feed the disease. Any purgative long persevered in, he believes, will be fuccessful, but especially the more drastic kinds; and he particularly recommends a form of that fort to be taken daily, for the first twelve or fourteen days, or more. Nevertheless, fo far as I have had opportunities of observing, I must be of opinion, that either in delicate, or irritable habits, nothing tends fo directly to keep up the cordee, to bring on strangury and fever, or to produce swelled tefficles, as draftic and daily purging. But who would not guard, if possible, against

every one of these symptoms? The last in particular, that of swelled testicles, seems to me in its consequences the most formidable that can befall the patient, and the most troublesome to the practitioner; whether you speak of his reputation which is concerned to prevent, or of the skill which is required to conquer it, and to put a stop to the terrible inroads it makes on the constitution.

To proceed with our admired author; he does not prescribe bleeding, even in sanguine temperaments, and where the complaint is obstinate, till after a month's purging; "lest," says he, "it should throw "the disease into the habit." But now, if, during this purgation for a month, the strangury, continual cordee, watchfulness, or fever, occasioned by so heating a method of cure, even in spite of a severe course of diet; if these evils, I say, are not alleviated by bleeding, opiates, and absti-

abstinence from meat, which last he does not require, what are the consequences? A fever supervenes, by which the slow of the virulent matter from the urethra is stopt, and the disease is blended with the constitution; or there is produced in the testicles a swelling, of which the resolution is tedious, difficult, and full of danger.

Another position of this celebrated writer is, that purging is every thing here, and that in this disease, if in any, it may be said, "He cures well who "cleanses well." On such authority, who would not be tempted to trust to purging alone, and even to carry it to the utmost? How often have I done so, till I was taught better, and emboldened by experience to set aside the authority of even a Sydenham; by sollowing whom, in this instance, I had the mortification to find my patients declining daily, and groaning

groaning under a tedious gleet without any relief!

He adds indeed, "If the method above mentioned does not succeed in flopping the gonorrhea, it may be done more effectually by a strong purge; or, if that should likewise fail, by two or three doses of turpeth mineral at proper intervals, or else by a large dose of calomel twice a week." All these however I must in general disapprove, as scarcely suited to any but the most robust constitutions.

After this he has recourse to turpentine medicines, and the drying balfams; but without specifying sufficiently when they may be used with safety, notwithstanding he seems so well aware of the risk the patient runs of falling into a confirmed pox, from the peccant humours not being properly carried off by purgatives, in constitutions where there is an antipathy

pathy to these, or a difficulty of being purged.

As to his notion that the hardness in the prepuce, or the ulceration brought upon that part, or under it, is to be cured by fomentations, and mucilaginous or oily applications alone, or even by the mercurial preparation of precipitate mixed with a softening ointment; I must needs fay, that I do not find it correspond with fact, having feen poxes often superinduced by this last application; I mean, where the antivenereal course has not been first regularly pursued. In that case, indeed, the method I speak of will soften the præputium, and enable the patient to return it; or the same thing may be effected by the leaden cannula contrived and recommended by Fallopius, to which I have been frequently forced to have recourse, when all the ulcers had disappeared.

With regard to the treatment of the fwelled testicle; Dr. Sydenham does not give the least hint, that mercurial applications, or preparations, are often neceffary to fecure the patient from the pocky consequences of inflammation which happen frequently in that tender part.

But to conclude the strictures which justice to my subject has obliged me, however unwilling, to make on this truly great man; the principal objection to his method of treating the confirmed pox is his trusting for the cure to so small a quantity of the quickfilver rubbed on at first to raise a salivation, and his depending on alteratives afterwards given inwardly to keep it up: for I doubt not of being able to demonstrate in the proper place, that the fecurity does not arife from the falivation, fo much as from the quantity of quickfilver necessary to extinguish the symptoms.

C salaba Dr.

Dr. Boerhaave, after thirty six years close attention to the venereal disease, acknowledges, that, in a number of cases, he was still uncertain about the best method of treating it; and that the least circumstance mismanaged, or overlooked, was productive of complaints which he could not conquer.

After so candid an acknowledgement, may I not hope to be forgiven by the Boerhaavian school, justly respectable for having bred many who are now among the brightest ornaments of their profession, if I take the liberty to dispute several of that great man's opinions in relation to this disease; fince it cannot seem strange, that the experience of thirty fix years more, which have elapsed from the time he made the observation above mentioned, should have thrown fuch light on fome particulars, as shews him to have been mistaken on a fubject which by his own confession he found fo difficult?

I begin with observing, that his maxim of mercurial medicines being never necessary in his first species of gonorrhæa, does not hold universally, it being certain that the pox has taken place, and been communicated to the wife, after the most regular treatment upon his plan; probably indeed owing to the patient's having contracted this first species from a woman who was poxed.

In his fecond species of the gonorrhæa, attentive observers must have often seen the disease creep into the inguinal glands, during a course of brisk purging, accompanied with an antiphlogistic regimen, for two whole months, although the running has not received the least check whatsoever.

With respect to his third species, where the complaint affects Cowper's glands of the urethra, he remarks that the success of the cure depends entirely on the whole

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of the infectious matter flowing off by means of the discharge; but he does not specify when mercurials are to be used, though he observes very justly, that the severe remedy of a salivation becomes here often necessary.

To his doctrine concerning the fourth species, where the prostate gland is as-fected, I should have no objection, as he recommends a salivation at once; provided he gave any caution about the impropriety of trusting to the purging course mixed with mercurials, by which the effects of mercury on the disease are always weakened; or provided he described the powers which belong to decoctions of sarsa, or balsamic drinks.

As to his fifth and last fort of gonorrhæa, where Morgagni's glands, and the seminal vesicles, &c. are affected, we must necessarily disapprove of his resting the patient's relief from this miserable state on plasters, ointments, somentations, poultices, the knife, the sweating box, diet drinks, abstinence, and severe salivations; without recommending, what we have generally sound necessary in such a case, the use of mercurial ointment so moderately applied as not to break down the habit, or of Peruvian bark, open air, milk diet, and the soft decoctions.

We come now to his general maxims for the cure of a confirmed pox. This, he tells us, confifts in drawing off all the fat of the body, even to the last particle; in which fat, according to his theory, the whole poison of the venereal malady is lodged. "For," continues he, " if " the least particle remains, there is rea" son to fear a relapse; so that, unless " the oils of the body, and this poi" son concreted in them, are entirely " dissolved, and purged off, you can ne-

" ver

" ver (if the disease is inveterate) have a " radical cure, but only the appearance " of one, fuch as you will repent your " having trusted to, very heartily. Now " the effects here required are to be pro-" duced by mercury; on whose action " however you are not to rely, unless " you reduce all the fat humours into " water, expel them completely, and " with them wash off entirely the ve-" nereal poison." What is the inference? "That, in order to be properly " cured of the pox, the patient must be " fed on the leanest foods, kept in a " great and continued heat, reduced to " the paleness of a corpse; in a word, " totally emaciated, and the cure pro-" tracted, till he has got rid of all his old " juices. If this counsel is not faithfully " followed in curing him; and if, after " you have cured him, you do not re-" strain him, for a month or two longer, " from

" from fat things of the putrescent kind;

" you will have cause to regret your

" having subjected him in vain to the

torture of fo fevere a courfe, fince there

will be still some relics of the disease

" lurking in the body, and buried there

" only for a time, to rife again with new

" ftrength and violence." .

On reading, many years ago, the above theory of this eminent physiologist, I concluded from so high an authority, that the disease could not be cured radically by any other method, and accordingly set about treating the more stubborn cases in his way; till I discovered that, notwithstanding the firmest adherence to it, there frequently remained in the groins such obstinate and ill looking fores, as were not to be healed, till the natural balsam of the blood was restored by freer living, and a fuller habit. I likewise found, that the disease was only hid by this

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lowering plan, and broke out afresh upon the change to a plentiful diet. Neither indeed could it be well expected, that, in a country like this, your patients would submit to be starved, while their companions in the same situation were recovering daily by following a reasonable regimen.

He likewise urges the necessity of the same severe treatment, where the disease lies out of the course of circulation, among the bones, and therefore out of the reach of mercury. In that case, he allows his patient nothing but biscuit and raisins for food, with decoctions of guaiacum for drink; whereas, in our days, even when mercury fails, strong decoctions of sarsaparilla, without confinement or any particular regimen, produce, as we have proved elsewhere, a speedy, safe, and pleasant cure. I have the most evident proofs that small exsoliations, not

extending so far as the sutures which mark, the boundaries of the small bones of the face, are thrown off by strong decoctions of sarsa; though this fact is very positively contradicted by our illustrious author.

The writer on this subject, who, of all that have yet treated it, seems beyond comparison to have understood it best, is Dr. Astruc. If the following short remarks on his work are found justified by facts, the candid reader will, I trust, forgive a freedom, which nothing but those facts could have induced me to take with so able a professor.

His notion that a gonorrhæa never terminates in a pox, provided the matter loaded with the venereal contagion is freely and copiously discharged, tends to prevent the attention that is necessary for eradicating the whole infection; since we see every day, in many obstinate gonorrhæas, the worst consequences arising

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from the least neglect in prosecuting the antivenereal course to its full length.

Nor does he appear to inculcate, with fufficient force, the necessity of employing mercurials, as soon as the double infection is discovered; neither can I find, that, in treating the gonorrhæa, he has determined to what extent they must be used for curing effectually its pocky attendants.

He seems not sufficiently aware of the risk the patient runs of getting poxed by strengthening and astringent medicines. But perhaps the French temperament and climate may make a more material difference in the disease, and the effects of its remedies, than I have had access to observe in this country.

Towards the end of his work, he has given us the history of particular symptoms and relics of this disease, that no plan with which he was acquainted could remove;

remove; such as certain swellings in the testicles which do not yield to the hydrargyrosis, distortion of the penis, nodes, ganglions, tubercles, exostoses, gummata, cancerous appearances, and old venereal sores, ulcers in the womb, &c. Yet we know assuredly, that all these may be cured by some kinds of mineral waters, strong decoctions of sarsa, and hemlock, outwardly and inwardly applied.

If upon the fairest trials, frequently repeated, I had, in all or in most venereal cases, found success from the solution of corrosive sublimate, formerly used in this country\*; ushered in afresh by such a master in medicine as Baron Van Swieten, and supported by his disciples at Vienna, and elsewhere+, with the evidence of innumerable cures registered in their hospitals; as performed by it; I should in that

<sup>\*</sup> Turner.

<sup>+</sup> Medical Effays of London.

<sup>1</sup> Locker.

case have probably saved the world and myself the trouble of these sheets, whereof one main intention is, if possible, to put a stop, in these kingdoms, to the practice of relying on this corrosive medicine for the cure of almost every venereal complaint, however serious, and however much the object of the more momentous and adequate antidote, mercurial ointment.

Whether its failure in my own experience, or under the careful management of many gentlemen in the profession, of my acquaintance, was owing to the nature of our climate, or to the state of the juices occasioned by so much animal food, or to the want of sufficient mercurial momentum in so small a quantity of the medicine as is generally used, I will not take upon me to say: but I am apt to believe, that by continuing to prefer the mercurial ointment to any of the preparations of mercury, I shall be frequently employed

employed to complete, by inunction, that cure which others have attempted unfuccessfully with this now so fashionable medicine; of which I can affirm with certainty, that it failed very often in the British hospitals in Germany, as well as in the Isle of Wight, during the last war; and that it has done infinite mischief in this metropolis, under as many quackish names as there are advertisements in the news papers for the cure of the complaint.

From these sew observations on what is advanced by some of the most celebrated writers on this subject, I apprehend it appears, that the characteristics of the venereal disease, the nature of the remedies, and the sittest time of applying them, have not hitherto been generally understood; and therefore it is hoped the present attempt will not be deemed unnecessary. I am sure my end will be gained, if, by communicating information to some,

and calling forth the experience of others, in so important a branch of the healing art, I may contribute any thing to the welfare of mankind.

### SECTION II.

On the different species of the gonorrhaa.

THE period at which the venereal infection was brought from the West Indies into Europe is sufficiently ascertained, and the rapidity with which, under different shapes, it soon after spread over the rest of the world, is commonly known. Without dwelling on circumstances so little interesting at this time, we will go on to trace the disease from its simplest appearances to its more complicated forms, and endeavour to establish fuch rules as shall at once determine its peculiar qualities, and point out the remedies, together with the regimen.

men, requisite for the cure of its various stages.

It has been frequently afferted, that the division of the clap and pox into their different species is of little or no use. But if it is not known how far the difease has got into the genitals in the gonorrhœa, or into the habit in the lues venerea, I see not how the indications of cure can be so clearly discovered. If therefore we can make the division in question sufficiently intelligible to a fenfible reader, though no anatomist, and, by ascertaining the exact state of the distemper, can explain its proper treatment through its feveral stages, we shall have the pleasure of contributing to the comfort of every one who wishes to know whether he has obtained a complete cure, or if not, whether he is in the way to it.

A man in perfect health passes, by his urethra, urine and semen only, or perhaps

now and then a little of that transparent mucus which lubricates the passage. The parts composing this passage, continued all the way up to the neck of the bladder, are the general feat of the gonorrhæa. If by manustupration, or early venery, he has weakened the feminal organs, he then often passes the seed before it is properly concocted or exalted, which debilitates the whole body, but more particularly the nervous fystem. This is called Tabes Dorsalis; an evil more dreadful in its consequences than the most virulent gonorrhea, and often producing tremors, palfies, melancholy, and madness. 'Tali ' tabe laborantes cœlibes vivant, nisi priùs \* hæredes gignendi facultatem experti fint, \* ne nihil præter nothos et ingentem mise-' riam matrimonium sequatur.' I write as a furgeon, not as a casuist. Of this gonorrhæa we profess not to speak.

wine and lemen outer or perhaps

The most simple species of gonorrhæa, contracted by infection, is discerned by a discharge from the urethra, marking the linen with an ichorous kind of stain; in the middle of which there is commonly perceived a yellow or greenish coloured pus, about the size of a pin's head, together with, now and then, a single drop of the same sort lodged in the point of the urethra; and this attended with a scalding heat in the water, but without cordee, or any other violent symptom.

When, some days after the knowledge of a person infected, there appears an inflammation on the glans penis, with an oozing of matter from behind the nut, from the internal surface of the prepuce, or from the glans penis, but without ulceration, or any discharge from the urethra itself, and, on being touched by the urine, conveying the same sort of

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fensation which we call heat of water; this may be styled the second species of gonorrhæa.

When, on pressing the nut at any time, especially in the morning, there issues from the urethra a quantity of purulent matter, which seems to come from the body of the gland, or not farther back than about an inch from the orifice of the urethra; I would call this the third species. As it is the most common fort of any, so it is usually of long continuance.

When a plentiful discharge of matter slows into the whole cavity of the ure-thra, and is supposed to have affected Cowper's glands, I would term it the fourth species of gonorrhea.

In the fifth, the matter comes all the way from the neck of the bladder, and in very large quantities, attended with with continual difficulty in making water, a fetid smell, and imposshumations outwardly on the perinæum, and ad anum.

If all these symptoms are advanced a stage higher, so as to affect the seminal vesicles, and to produce incontinency of water, or an incapacity of retaining the seed, it has been considered by some authors, as another, and the last species of gonorrhæa.

To me it appears, that this fort, and the two immediately preceding, may be properly confidered as pocky appearances, and ought certainly at once to be treated as such, since they will not yield to any medicine merely antiphlogistic.

Having thus described the different species of gonorrhæa, so as to enable any patient of ordinary understanding, to discover with exactness the stage of his distemper, I now proceed to point

out the cure, after premising some observations, partly for the sake of preventing mistakes, and partly for paving the way to what shall follow.

### SECTION III.

### Necessary observations.

In the first place, it is but fair to acknowledge, that where there is virulence in the gonorrhæa, our art cannot cure it speedily, and effectually, at the same time. Therefore the patient should not expect, nor the physician promise it. Unless the severest regimen is observed, it will often run out to two or three months, and in some cases to sive or six.

In the next place, I must take the liberty to say, that the impropriety of establishing infallible maxims never appeared more evident, than in the principal one which has been so frequently laid down on this subject; namely, that a large and continued running, kept up either by medicines, or by other proper methods, is the greatest preservative against a clap's becoming a confirmed pox; for, if the clap be of a bad fort, it will in many cases become a pox, by trusting to that very running; whereas, by the feafonable interpolition of mercury, the cure might be dispatched time enough to avoid so difagreeable an event. There are many people indeed, who, from an apprehension of mercury's producing pernicious effects on the constitution, will scarcely consent to the use of it at all in what they call a clap. It will afterwards appear how ill grounded their fears are on this head. The maxim above mentioned is, I confess, of real use, when it supersedes the necessity of employing aftringents or injections, till there has been time given to remove the virulence, or when it prevents confiding in those whose boasted expeditious methods of treatment are calculated to ruin, not to save.

For my own part, I hold it as a principle, never to use either astringents, injections, or balfamics\*, but in cases of extremity; nor even then, till I have, by a course of mercurial inunctions, provided against all the ill consequences of the disease, (supposing it to prove obstinate, and the running to continue discoloured) as well as against any retention of morbid matter, by promoting in every possible way a free discharge for a proper time; and let me add, not till I have likewise tried, without effect, every method to

\* It were to be wished, that we could ascertain the exact period when balsamic medicines might be adopted with safety; as perhaps there are constitutions which would admit of their use more early than cautious practitioners generally imagine; while there are other habits, where their too precipitate application would extend the gonorrhœa to a dreadful length.

restore the tone both of the part, and of the habit, in the manner that will be hereafter explained.

To brisk purgatives in this distemper I am utterly averse; and the gentler ones I am for using more rarely than is commonly practised. In truth, I generally suspect long continued discharges, as tending to produce a pox, or at least obstructions of the urethra, which last are not curable by topical applications alone.

During the whole course of a virulent gonorrhæa, there is danger of its being carried into the habit, by every thing that stops the discharge before the infection is removed. The discharge will be stopt by hurried walks, or violent exercise of any kind, especially on horseback; or by strong and drastic purges, whether common or mercurial, or by catching cold, or a fever sit, while under a purging course.

It deserves particular notice, that every thing promoting erections of the penis increases inflammation, sends the infection further back into the urethra, keeps up the disease, and often subjects the patient to all the inconveniences of a fresh antiphlogistic regimen for two or three weeks, in the same manner as if the cure was but just begun. Among the causes of such erections, may be reckoned chiefly a turtle feast\*, a fish diet, hearty dinners, onions, spiceries+, high-

\* I have not only often feen the disease recur, with all the symptoms of its first stage, in consequence of a turtle feast; but have once known a running, with inflammation, brought on by the same means, in a fober married man, who had been free from infection for many years: at least I could not trace it to any other source.

† I am informed by a friend lately arrived from the islands of Bourbon, that, having one day put a parcel of the Cayenne pepper in a handkerchief round his waist, his black servant told him, it would give him the clap. He had not seen a woman for eight months before.

high-seasoned foods of every fort, fermented liquors, hot suppers, women's company, and libidinous conversation.

If ever a strict attention to regimen is necessary in any disease, it is certainly in this, where the infection is recalled into the habit by every deviation in point of diet, or of exercise.

## SECTION IV.

On the cure of the gonorrhæa.

THE generality of authors are agreed, that purging is the remedy for the gonorrhæa, as is falivation for a confirmed pox: but it has not been explained with

before. The prophecy was fulfilled in a day or two; and he found it necessary to be cured in the common way, by the advice of a surgeon there, who said it was a very usual effect of that spice in those islands. I mention this only as matter of curiosity.

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fufficient exactness, when the first cannot answer, any more than why the last often fails; nor whence proceeds the inefficacy in the former case, or what resources in both cases are still left.

If the procuring from two to four stools every other day, for the first fourteen days, and the same number every third day during the fecond fourteen days, does not confiderably diminish the running, or change the yellow or yellowish-green matter into a discharge more seminal, ropy, and diluted in its colour; I should not hesitate in such a circumstance, even though the cordee or heat of urine were not removed, (and they will fometimes remain as at first) to apply such a preparation of mercury, as I thought fafest, and fit to be used in the largest quantity. What that is, will be determined afterwards.

If the form of pills is preferred by the patient to half an ounce or more of falts and manna, (of each equal parts) then from ten to fifteen grains of jalap root, with as much nitre, mixed up into pills of the common fize, will probably be a proper quantity for producing the defired effect.

Or, if the form of an electuary is yet more agreeable, the following, which I would call the Elect. Diafenæ, will answer every purpose that is to be obtained by purging.

R. Elect. lenitiv. drach. vi.

Pulv. e tragacanth. comp. unc. fs.

— fol. fenæ drach. ii.

— jalap. drach. ifs.

Syrup. rofar. folutiv. q. f. fiat electarium;

cujus capiat q. n. m. majoris alterna vel

tertia nocte, vel pro re nata.

If instead of such a course you purge daily, what is the consequence? You F 2 keep keep up a continual irritation on the bladder, by the tenesmus attending frequent purging, and an inclination to make water, or a stimulus all along the urethra, where the disease first lodges; than which nothing is more likely to prolong the inflammation, or to provoke a gleet. Now all this is prevented by gentle physic, taken every second or third day only.

It is a common practice to be perpetually diluting with large quantities of small drinks, ptisans with nitre, &c. When the pain in making water is not extreme, a moderate quantity of softening liquors, such as milk and water, water gruel, or linseed tea, answers the purpose much better, and slows off with less trouble, and sewer calls on the patient. An attention to this circumstance will, besides preventing much pain, forward the cure not a little.

It is acknowledged, that, in very irritable or spasmodic habits, gum arabic, and syrup of white poppies, are always useful, and sometimes necessary.

As to nitre, and diuretics in general, my objection to them is not answered by their antiphlogistic effects, while the same effects can be produced by diluent and softening drinks, or by bleeding, and abstinence from slesh, and from wine, spirits, or fermented liquors of any sort; and, above all the rest, by repose. By repose, I mean a sedentary life during the cure, or at least slow motion, either on soot, or in an easy carriage, and off the streets.

Wherever pain in erection, or heat of urine, or feverish symptoms, grow to any height, bleeding is the sovereign remedy. In reality, it should be used in all plethoric habits, and in every case where the pain is occasioned by excessive acrimony.

A truss for the scrotum serves, beyond any thing, to keep off inflammation in the spermatic organs. It should be worn from the first appearance of the disease, till it has ceased some weeks.

From what has been said in describing the different species of the gonorrhea, it will easily be discovered, where the antiphlogistic plan is succeeding, where external applications will be useful, and likewise in what cases recourse must be had to the great specific.

It has been generally believed, that the cure of the clap is best promoted by whatever encourages the discharge, particularly by brisk purgatives repeated daily, or at least frequently. If by such are meant resins of jalap, and scammony, pulp of colocynth, and gamboge, I must disapprove of their use, even though recommended by a Turner, a Sydenham, or a Boerhaave, who believed that the putrid

infection was carried off by them most effectually. It seems to me, that they can only be warrantable, if given once or twice a week, and this in robust constitutions; since they always heat the body more or less, hurt the stomach, instame the blood, and often bring on a strangury or dysury in a great degree, so as to increase the disease by every new dose; or at best they produce the most tedious gleets.

When writers talk of fusing the humours by such purgatives, I would ask what they mean. Are the humours sused, when sever is brought on, with great inflammation, swelled testicles, and sizy blood? Are the humours sused, where the running is stopt, and the virulence conveyed into the course of circulation, so as to occasion spurious buboes, and glandular or lymphatic swellings, that are scarcely to be resolved by slannel, mercury, sarfa, or hemlock?

## SECTION V.

Remarks on the first and second species.

be considered as containing general rules for the cure of the gonorrhea. It may not be amiss to subjoin some particular observations, with respect to the first and second species, as before described, and distinguished; since they belong most properly to this stage of the distemper, and do not put on the pocky appearances which are often assumed by the rest, and which require on that account a very different management.

In the first, or most simple species of the gonorrhæa, a few doses of salts and manna dissolved in whey, and taken at the interval of two or three days, with quiet and sober living, will in the space of two or three weeks produce a perfect cure. If matters must be hurried, injections may perhaps be used in the first species without much hazard; there being hardly morbid matter in such quantity as to break in upon the habit. In this case, and in this alone, would I presume to affirm, that mercury can never be necessary.

In the second species, where so considerable a part of the disease is external, somentations of the emollient kind, and poultices of wheat-bread and milk, frequently renewed, are of sensible benefit, if used along with the purgatives, &c. before prescribed, unless where the infection is caught from a pocky patient, as happens frequently; in which case, the great specific becomes absolutely necessary.

cury, will not effect when I plead for.

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## SECTION VI.

of three weeks produce a perfect cure. If

## General remarks.

IN every species of the clap, where there is inflammation, fomentations and poultices are useful, so far as they abate the heat and tension, preserve cleanliness, or promote the discharge.

When the cure is no longer dependent on the antiphlogistic method, Dr. Boerhaave seems to rest too much on their operation.

Milk and water of a proper warmth, in a half-pint stone vessel, in which the penis can be soaked twice or thrice a day, is sufficient for the general purpose of somentation.

I said before, that any plan of medicine, or any regimen, exclusive of mercury, will not effect what I plead for, the curing speedily the virulent gonor-rhæa,

rhæa, where it has been of long standing, or has got far back into the urethra. Instead therefore of exposing the patient, by a fevere and tedious purging course, to the hazard of a fever, and its attendants, viz. a checked discharge, and fwelled testicles, or perhaps a confirmed pox; I would propose that, as soon as there is a remission in the heat of water and cordee, the inguina, pudenda, or thighs, should be anointed with mercurial ointment as described below, or the blue or Belloste's pill given twice a week, confisting of ten grains to a dose, and intermixed with the purging course at proper intervals. The consequence of this treatment will be a speedy amendment of the colour, and abatement of the discharge, as well as of all the fymptoms, till they totally cease.

By a judicious combination of the above methods, it is proposed to remedy effectually

tually all the difficulties common in the fourth, fifth, and fixth species of the gonorrhæa.

#### SECTION VII.

patient, by a fevere and tedlous purging

# Of the swelled testicle.\*

THE swelled testicle I mentioned in the first section as a circumstance peculiarly disagreeable. I have already observed, that it is generally produced by

\* Having, in the year 1767, been to visit Mr. Heaviside at Hatsield, towards the autumn, I learned that there was an endemic disease in Hertfordshire, attended with a great and very painful swelling in the testes, and other symptoms as mentioned below.

Within a week of that time, a nobleman and two of his servants came up to London from the neighbour-hood of Hatfield, and were seised with the mumps, &c. and not a little surprised at my prophesying, that in two or three days they would be seised with a swelling in the testes: it turned out just as I had soretold, and they recovered by a common antiphlogistic regimen. As I have never met with such a disease in my practice, nor ever read of any such, I take this

by daily and repeated drastic purging, by being exposed to cold during the course, or by living too freely, and taking too much exercise in the first stage of the disease. When I hint at the instammation brought on in such cases, I would be understood to comprehend not only that affecting the testicle itself, but its appendages, the epididymis, spermatic cord, vasa

opportunity of giving an account of it in the words of a letter from my very ingenious friend Mr. Heaviside.

"IN the year 1767 I had a great many patients, "the much greater part of them about or little past "the age of puberty, seised with a disorder very much resembling what is called the Mumps, viz. with great stiffness and a considerable swelling about the articulation of the jaws. Some sew complained a little, and but a little, of soreness in the throat; and a few had a faint rash, chiefly about the neck and throat; both of which soon went off. They all of them had some degree of sever, attended with pain in the back. All these complaints, except the last, generally disappeared about the third or sourth day, when there was a sudden translation of the

vasa deferentia, &c. which, without the strictest attention, end in sarcocele, suppuration, hydrocele, scirrhus, and cancer.

In the inflammatory stage, every one is agreed as to the propriety of bleedings, repeated according to circumstances, and likewise as to the utility of fomentations, with an antiphlogistic regimen of the se-

"inter to the testes, the fauces being immediately relieved and set at liberty. The inflammation and
tension on the testes was very considerable in all of
them, and in every respect resembling the hernia
humoralis; but was quickly removed by gentle
purges, cooling medicines, poultices to the part,
and keeping quiet.—I remember I had two young
girls, of about twelve or thirteen years old, seised
with this complaint, where the humour was deposited on the labia pudendi. In none of the patients I saw (who were many) there was, or could
be, the least suspicion of any venercal taint. I might
add, that this distemper appeared again the next
year, but more rarely; since when, or before, I never
met with it."

Signed J. HEAVISIDE.

Hatfield, Hertfordsbire,
April 11, 1772.

verest sort; that is, abstinence from meat, and even broths, as well as from all fermented liquors, excepting small beer. Where there is sizy blood, this is still absolutely necessary.

Dr. Sydenham, and many of our best surgeons, talk much of poultices of bean slower, litharge with vinegar, &c. But these render the solution of the instanced part more difficult; and, what is much worse, produce such a scirrhus in the testicle, or its appendages, as is not to be resolved.

Poultices of bread and milk, with linfeed flower, white lily roots, fenugreek feed, &c. are better calculated to promote the folution of the difeafe, by a discharge from the urethra of the obstructing, and perhaps virulent, matter. This is much the readiest way of clearing the testicle perfectly, without which there frequently remains an unconquerable gleet.

patient

So long therefore as any hardness continues in the testicle, or in the spermatic vessels, especially in the vas deserens, so long the testicle must be considered as a diseased body, and consequently subject to relapses.

The generality of writers have been extremely deficient in not marking, with fufficient accuracy, the mischiefs arising from the least neglect in this particular.

If at any time I find it impracticable to clear the testicle, by the antiphlogistic regimen now pointed out, and extended according to circumstances, I am never satisfied, till I have led the patient through such an antivenereal course, as shall enfure him against any future uneasiness from that quarter.

Besides rubbing mercury on the part (if free from pain) or on the inguina and thighs, I keep the testicle always sufpended with a bag truss, and confine the patient

patient to bed, for five or fix weeks if necessary, fomenting the part with hem-lock, and plying him inwardly with strong decoctions of sarsa, bardana, and extract of hemlock; not forgetting, all the while, to carry the mercurial unctions to their full extent.

I cannot forbear taking notice here of the fingular use I have found in hemlock outwardly applied, as well as inwardly given; particularly in the case of B—, whose testicles had been both condemned to the knife. A scirrhosity, accompanying the hydrocele in each, and lest by the operation, did still remain, notwithstanding a proper mercurial course, and an ample discharge by the digestion, till disfolved by hemlock.

By such methods I have cured diseased testicles of two or three years standing, even when ulcerated, and where the scir-

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rhus

rhus had begun to be affected with pricking and lancing pains.

It is observable, that swellings of long continuance, which occasion the vasa deferentia to be knotted like a string of beads, are of very difficult resolution. Such a state requires a supine posture for the tedious space of six weeks, or perhaps more, as well as a purulent or gleety discharge from the urethra, besides the resources above named.

Surely then, where copious discharges from the urethra prove so useful, the interrupting them by drying medicines, astringent applications, and injections, cannot fail in many cases to produce irremediable evils.

By fuch methods I have cured difested

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even when pleerated, and 'where the feir-

folved by hemilock.

## SECTION VIII.

#### son an assissing of gleets. Or old no a

MIS is a word in every one's mouth, and made use of by many to cloak their ignorance with regard to the real cause which so often renders the disease obstinate, as well as with relation to the proper method of removing it.

When the running continues beyond three weeks or a month, whether still discoloured, or become clear and ropy, it is called a Gleet, and must be attacked with agglutinants, balsamics, and astringents, in every shape.

If the disease is ripe for such medicines, it will stop by the use of some one or other of the class just mentioned,\*

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<sup>\*</sup> The best balsamic 1 know, where the stomach will bear so harsh a medicine, is the sollowing:

or even by abstaining totally from purging.

If, on the contrary, the matter is not ropy, but continues short like melted tallow, and the infection is still lurking in the part; such medicines will indeed often put a stop to the gleet, as it is called, and produce a confirmed pox. Almost every one knows this to be a fact; but how to prevent the bad effects of such a process, is known only to sew.

It frequently happens, that the dif-

R. Gum. arabic. drach. i.

Balsam. copaiv.

Mellis anglic. ana femi-unc. Simul conterentur, dein admifce.

Decoct. (fortior.) corticis peruv. unc. vii. Succ. limon. unc. i. Cujus mixtur. fumat quartam partem m. & h. f. quotidie.

#### And the best aftringent,

A small table spoonful of the tinct. stypt. (Ph. Londin.) out of a quarter of a pint of new milk, twice a day.

charge continues for many months, in spite of every attempt by medicines given inwardly, as well as by injections. This is the great difficulty, and requires a more particular attention, as it is so common an evil.

To crush it in the bud, I would advise every young furgeon, at his first visits, to inform himself exactly as to the time when the running first began, and whether it was attended with symptoms of cordee, heat of water, &c. or whether it is supposed to have arisen from any former infection reappearing upon exercise, freer living, &c. and if so, to learn every circumstance of that infection, of its duration, and former treatment. He should likewise see the stream in which the urine flows, whether large, fmall, or fcattered, in order to be acquainted with the exact state of the passage; for he may be sure, that old complaints there, lengthened out by the nature of the infection, by the particular habit of body, or by unskilful management, must have more or less affected the urethra, by contracting its diameter, or filling it with caruncles, which are very fensible to the touch of the bougie, though feldom feen upon dissection, at least as anatomists affirm.

If the discharge has manifestly the appearance of a fresh clap, attended with inflammatory symptoms, it will be time enough to examine the urethra with a bougie, when, although your method of cure may have removed the inflammation, it has yet not carried off the gleet. In that case, it will help to save your own credit, as well as prevent much anxiety to your patient, if you examine whether its obstinacy be occasioned by any local complaint in the urethra. If the bougie passes freely, you will do well to set about the cure by a proper quantity of mercury rubbed on.

This quantity can, I think, be afcertained only by the change brought upon the matter, in respect of its colour or confistence. Where such change does not take place, as will sometimes happen, I rub on three or four ounces, so as scarcely to leave the possibility of a pocky cause remaining.

How many obstinate gleets of two, three, or four years standing, have we seen effectually cured by a mercurial inunction, when almost every other medicine had been tried in vain! Were we disposed to speculate, we should say, that in these cases an internal chancre had kept up the discharge, and that the discharge had preserved the body in such a state, as not to be greatly hurt by the continuance of the distemper.

Should the feat of the disease, or of the ulcer, lie about the prostate gland, callosities will be felt pretty distinctly

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near the anus, on the raphé or the perinæum, and generally attended with a strangury. To d termine with precision the place where these ulcers or chancres are formed, I know not any fuch proper method, next to that of using a bougie or a probe bent like a catheter, as defiring the patient, while he is making water, to press all along the urinary canal with his finger, till he comes to that point where the water in passing occasions most pain; for there probably the carnofities, fcars, or strictures, are formed. To this point (after a thorough course of unction on the thighs) direct frictions, gummous, and refinous, or emollient applications outwardly, and bougies inwardly used with judgment and perseverance.

By these means, the passage will in most cases be again cleared, at least to a tolerable degree; the habit will be rectistied, and the gleet dried up.

## SECTION IX.

I must needs tay, that his method of Au-

## Of bougies.

A BOUT the middle of the fixteenth century, the nature of obstructions in the urethra began to be understood and treated with success by both regulars and empirics. Of the ingredients whereof bougies were composed we have several formulas in the books of that age, and their utility has been proved in every succeeding period.

Some years ago it was supposed, that an eminent writer on the maladies of the urethra possessed a composition of greater efficacy than any used by other surgeons; and his extraordinary success has been ascribed by the public to the peculiar properties of his bougies. Almost all the present writers contend, that the common bougie is as good as Mr. Daran's. But

I must needs say, that his method of applying them feems much better adapted to the nature of the complaint, than any other generally known. Who in this country, for example, perseveres in their use with such affiduity as that gentleman; besides the slight of hand in introducing them, which he has acquired from having made it the study of his life? What furgeon but himself passes them twice or thrice a day, confines his patients to their couch, visits them at a stated hour, regulates every meal and every cup of drink, increases and diminishes the size of the bougie, changes the application according to circumstances, fixes their operation on the diseased part so nicely, or, by fuch extensive acquaintance with the principal difficulties of this kind throughout Europe, knows how to remedy them? In short, I cannot help thinking, that Mr. Daran is entitled to superior success

by superior merit; at the same time that I acknowledge, he gives the whole a mysterious air, which savours more of quackery than of sound theory, or enlightened practice.

I have not been able to discover why Dr. Astruc prefers the leaden bougies to the common fort, or why he represents the last, of which we all know so much good, as ineffectual.

I cannot leave the article of bougies, without mentioning a case I lately met with, of a kind of impotence arising from a stricture very near the glans penis; where it occurred to me, that an obstruction so near the point might, on attempting coition, affect the seminal vesicles so sensibly as always to occasion the semen being thrown off, ante vestibulum orci: and so it was in fact; for, by the use of the bougies, the obstruction was speedily removed. I was told by my patient's

wife, that I had been of great service, and that, if her husband had applied to me sooner, he might have been cured long ago. The good woman lies in at this time.

#### SECTION X.

I have not been able to discover why

Of buboes.

nereal buboes, enough to confound even those who are not beginners. The following facts concerning them are true, and may I hope be useful to explain the difficulties that occur on this part of the subject.

Buboes appear fingly, as well as accompanied with other venereal symptoms. Before they come to maturity, the patient is generally oppressed about the præcordia; which does not, I think, happen in any degree of comparison, under any other

other circumstance of the pox. As soon as the matter flows off, the patient is greatly relieved, though they do not heal without a relapse, (even where they have not appeared, till after the venereal course has been thought complete) unless indeed they are assisted by persevering in that course, or by mercurial alteratives.

The French practice of repelling buboes and purging them off, I have not found to answer, though tried with the utmost care. Rubbing the mercurial ointment on the bubo itself, serves only to repel the disease into the habit, let the quantity rubbed on be ever so proper. Ulcers in the throat, or foul bones, are often the immediate consequence. And here, once for all, I declare loudly against every mercurial application to the diseased or ulcerated part, in every venereal case; till the general habit is thoroughly rectified by a proper course.

Perhaps indeed there is one exception to this rule, viz. where, in a fresh clap, the patient is threatened with a phymosis during the inflammatory stage of the distemper; when the ointment, rubbed on the prepuce and glans penis, preserves the part from ulcerations, until the running and regimen have given the disease a milder form.

If the bubo is not from its first appearance attended with considerable pain, its suppuration will advance slowly; and therefore the patient should not wait for it, but immediately set about his cure with mercurials, and suffer the bubo to take its chance: otherwise he may increase his disease by a digestive regimen, and give it time to spread by delaying the use of the specific. The whole should be allowed to ripen, before it is opened. Provided the blood be otherwise in a good state, it will soon heal, and fill up, even

if opened only by a longitudinal incision, without torturing the edges with the knife, or destroying them by caustic applications.

If the blood and juices be tainted with a scorbutic, scrophulous, or cancerous quality, the fore will not soon look kindly, whether treated in the way of any outward application, or of any internal course. In the scorbutic and scrophulous state, antiscorbutics, strengtheners, and open air, will mend the appearances and heal the sores, if a sufficient quantity of mercury has been likewise used. It is in the case of scrophula chiefly, that mercury does most mischief, notwithstanding what the celebrated Ballonius says of its virtues in the struma.

I have never met with any incurable cancerous buboes. They have indeed often gone on for many months; but they have always disappeared, as the habit mended.

mended. Of late years at least, opium given inwardly, and preparations of hemlock both outwardly and inwardly administered, have, with the assistance of country air and a heartier diet, hardly ever failed to promote a digestion, and effect a cure in a reasonable time. To say the truth, I have, in many cases where I could give no relief by other means, experienced fuch frequent good effects of Storck's hemlock, and aconite medicines, as convince me, that there has been fome want of candour in crying them down fo strongly without fairer trials. I have, for some years past, given above ten pound weight of the extract of cicuta annually, in which time, it is certain I have both frequently succeeded, and frequently failed. I have failed however feldomer in mending the face of cacoëthic fores, than in any other circumstance.

mended.

#### SECTION XI.

#### Of chancres.

THERE there is not venereal virus fufficient to produce any other fymptom but a chancre on the præputium, or glans penis, I confider the case as the most simple species of pox, but yet hardly ever, perhaps I should fay never, to be cured radically, without a mercurial course. A plentiful discharge from the chancre, promoted by emollient and detergent applications, if not of the mercurial kind, will, no doubt, forward the cure confiderably: but I am forced to differ from Dr. Boerhaave and others, when they suppose the appearance in question to be a local complaint only, and fuch as may be cured by external applications. Let it be added, that every mercurial application to the chancre itself,

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whether in the shape of ointment, or of mercury in folutis principiis, as the chemists affect to call it, will for the most part only hide the disease, or drive it to the inguinal and axillary glands, to the tonfils, or even to the bones themselves, unless a complete antivenereal course be purfued; and yet nothing is more common than dreffing the chancre with every species of mercurial dreffings. Nor is any practice more usual than the putting fuch a patient on a course of purgatives with mercurials intermixed; which method often produces a running from the urethra, and translates the chancre to its internal furface. No fooner is this effected, than it passes for a gleet only, and the chancre is forgot; turpentines and other balfamics are prescribed, the running stops, and the furgeon, who acts on fuch a plan, takes his leave. Observe the consequence: On the first debauch,

or violent exercise, the gleet returns; and if the unhappy patient has been again living at large, the running is confidered as a fresh infection; at best he is put on a purging course for twenty or thirty days, without any change on the colour of the discharge, or diminution in its quantity; and after fix weeks it is referred to a former taint, and the same cruel game is played with the constitution, which without the strength of a Hercules, the patience of a Job, and the affistance of a master in the profession, ends in an incurable gleet, or leaves the urethra in a chancrous state, full of strictures and carnofities.

condition of Alexander House

# SECTION XII.

or violent exercis

# Of other pocky symptoms.

FTER what has been already faid on the nature of venereal infection, and the method of treating it in the circumstances above stated, it will generally be understood how to apply the doctrine to all the other appearances of the disease, however multiplied. But let it be still remembered, that the more numerous the marks of infection are, the more necessary it will be to attend to the quality of the constitution, to the quantity of mercury requifite, and the regimen adapted to both.

It will naturally be asked here, Does the whole cure then confift in using a proper quantity of mercurial ointment, with a proper attention to those few circumstances? I answer, that, where

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the body is otherwise in perfect health, it generally does; not elfe. For example, a man catches the disease after a long fea voyage, or a fevere campaign: in this case, though perhaps to outward appearance all looks well, the blood is yet often fo much distempered, that the fymptoms foon grow untoward, or shew themselves obstinate, and the patient is broke down, before you are aware. Or suppose he has got a clap only; the heat of urine continues beyond the usual period, the erections are frequently intolerable, the cordee remains for weeks together, erofions behind the glans penis make their appearance, and this fo equivocal that you can scarce say to what degree the infection is advanced, and neither purging nor mercurials are effectual, fo as greatly to perplex the patient, and perhaps not a little to puzzle the physician.

If it happens to be the pox, and the chancres cannot be brought to a kindly discharge, but on the contrary spread and inflame, the bubo will neither suppurate, nor can it be healed; and if the disease by neglect, or by the malignity of the infection, becomes more complicated, and less governable, the usual treatment fails. The same thing takes place, to a greater or less degree, in a scrophulous or cancerous habit, and produces almost insuperable difficulties, unless the patient is fortunate enough to fall into the hands of a man of medical learning, or large experience, who knows how to restore the blood to a balfamic state, and thereby to disentangle the infection from the habit with efficacy, certainty, and speed.

To promote such a state of the juices, was probably the cause of introducing the use of diet drinks, almost as soon as this malady was known; and in countries where

where the perspiration is excessive, and the fluids are thin, the contagion was to be carried off by the balsamic or active qualities of those drinks.

It will, I am afraid, be reckoned a kind of herefy to maintain, that the guaiacum is of little or no virtue in the venereal difeafe. Volumes have been written to extol its powers. Dr. Boerhaave has rendered the name of Hutten immortal, by the manner in which he espouses his method of giving it. True it is, he wrote in Holland, and, it may be generally prefumed, with a peculiar eye to Dutch constitutions, or phlegmatic habits, in which this medicine might poffibly fucceed. Thus much however I can freely affirm, that I have given it, or feen it given, times without number, in almost all the stubborn symptoms of the disorder under consideration, without the least efficacy, unless in habits that were very phlegmatic indeed, or else greatly impoverished, or lastly where it has been combined with the sarsaparilla.

To what I have advanced elsewhere concerning the virtues of sarsaparilla I would only add here, that I have not since the year 1753, when I first gave it in strong dococtions, found any reason to retract the least part of what I then afferted; excepting only in the case of a few cancerous buboes, which will not, I believe, give way on a sudden to any method hitherto discovered,\* but which, I know,

\* Since the above was written, M'Donald, a centinel in the third regiment of foot-guards, had a truly cancerous bubo, that extended above a foot in diameter on the abdominal muscles, for which every thing was tried in vain, where the discharge and pain had reduced the patient almost to a skeleton. It occurred to me, that lemon juice might possibly be useful: I ordered him half a dozen of lemons, or upwards, in a day, which he devoured with the same eagerness as if they had been apples. He had not done this for three days together, when all his pains ceased, the sores yielded

may be gradually subdued, either by fresh air, suller diet, abstinence from mercurials, or by hemlock applied outwardly, or given inwardly, whether with or without opiates. My affertion in the Medical Essays of London, vol. 1st,\* was,

- 'That every case truly venereal is ma-
- \* nageable by mercury, or by farfa com-
- ' bined with mercury.'

yielded the whitest and mildest matter, and contracted beyond belief, so as to heal in two or three weeks. Since that time I have never feen any difficulty in healing the most obstinate bubo, where there was pain, ragged edges, or cancerous appearances, provided a proper quantity of mercury had been previously applied; nor any inconvenience from mercurial medicines, where (I will call it) the scorbutic habit had been rectified by the lemon-juice. My experienced and judicious friend Mr. Wollaston, surgeon to the third regiment of foot-guards, has ever fince, both in private and public, practifed this method with fuccefs. The necessity of this note will appear from some important observations on the subject, in the second volume of the Medical Transactions of London, page 338 et infra.

\* See the Appendix.

As to decoctions of bardana and mezereon roots, the herbs saponaria, lobelia, &c. which have been cried up by different writers; my experience of their powers has been too small to enable me to pronounce with certainty, but quite sufficient to incline me to speak doubtfully, concerning them.

#### SECTION XIII.

Necessary remarks on the disease.

THE venereal disease differs from most others in this respect, that it has no perfect criss, except in its simplest species.

It is always in a progressive state, growing worse every hour, and recoiling with double force, if the cure be interrupted by irregularity of any kind, or if you give over the antivenereal regimen before the complaint is fairly conquered. It differs in its quality from itself, as much as the confluent small pox differs from the most distinct sort.

In its most instammatory state, the antidote may be applied so injudiciously as to throw it much deeper into the habit, than it would advance in equal time, if left to the treatment usual in other inslammatory diseases.

The constitution is able to throw off a considerable portion of the infectious matter by the urethra in a gonorrhoea, and by the suppuration of a bubo in a confirmed pox, with much more ease than by purging in the clap, or by a mercurial course singly in the pox. In the last however, as we hinted before, such a discharge alone we have never found sufficient, though we have repeatedly made the experiment.

ease in our days affects the viscera with

fuch obstructions as it produced at its sirst appearance, when the gonorrhoea had not yet shewed itself, and the use of mercury was less understood. This indeed I have met with in three or four cases, where the antivenereal plan only had power to remove the evil.

I am informed that the Asiatics cure many dropsies, and obstructed viscera, by anointing the hepatic region with mercurial ointment. The obstructions so cured have been probably owing to a venereal cause. I have failed in two or three instances where the trial was made very faithfully, but where I had no reason to believe that there was any thing venereal in the habit.

Antiscorbutic and tonic medicines, particularly the hemlock and bark, must pave the way to the cure of this disorder, if you wish that cure to be expeditious and lasting, in the case of scorbutic or

scrophulous constitutions, where venereal complaints are always peculiarly dangerous.

It is a declaration due to truth, that I have not, in any preparation of mercury used by injection, found either a certain preventive, or a certain cure, of any venereal taint, at any season from or before coition to the most complete virulent gonorrhæa, notwithstanding the boasted powers of nostrums which Fallopius, Musitanus, F. Hoffman, and many profound connoisseurs in this metropolis, so confidently recommend.

Certain it is that I have formerly brought a pox on feveral, by attempting a cure with injections of calomel, mercurial ointment diffolved with the yolk of an egg and injected, mercurial ointment introduced into the urethra, the famed folution of mercury with gum ammoniac, diluted

diluted aqua phagædenica, and Van Swieten's aqua antivenerea, &c.\*

Musitanus goes indeed so far as to affirm, that he has known a thousand claps cured by an injection of calomel. We have seen many obstinate gleets cured by it, at the end of a proper course; but must repeat, that we have brought the pox on several people in the clap, by means of this medicine, when we used it in the beginning of a gonorrhæa virulenta.

F. Hoffman has afferted the same thing with the priest; but neither of their authorities can weigh against daily observation.

<sup>\*</sup> Notwithstanding the bold asseverations of our modern injection-mongers, I am convinced, by every new'day's experience, of the many mischiefs arising from stopping runnings in recent claps by injections. A man of honour and veracity has within these sew days assured me, that fifty of his acquaintances, besides himself, have been poxed lately by the injections of one surgeon in this town.

## SECTION XIV.

# A problem.

to find out an application, or injection, that will, either ante aut post contum, prevent venereal infection? Fallopius, Musitanus, and others, have given us prescriptions, of whose efficacy they seem to entertain no doubt.

To me, I confess, the subtilty of this point appears too like that of electrical fire to be prevented. It is well for the human race that it can be cured.

I knew a young man, whose blood was obliged to be loaded with mercury in a great quantity by inunction for a pocky taint. As soon as his cure was completed, he lay with a woman who infected every body else, but he escaped. In this case, I suppose, the quantity of mercury in the habit

habit overbalanced the quantity of difease, and acted as a prophylactic: 'mais 'le jeu ne vaut pas la chandelle.'

- · Forsan hydrargyrum in oleo animali
- · vel vegetabili cocto folutum, et virgæ
- ante coîtum bene inunctum, ad prophy-
- · laxin appropinquat."

### SECTION XV.

Of mercury and its preparations.

Soon after the venereal distemper had made its appearance in our hemisphere, it was discovered, that medicines of the common fort neither checked its progress, nor accomplished its cure. Some of the symptoms resembling so nearly those obstinate diseases where mercurial medicines alone had been found effectual, probably led our foresathers to try their efficacy in this, notwithstanding its supposed bad qualities, which they

attempted to correct by the addition of other ingredients. The malignity and spread of the disease soon brought it into general use.

Who has not heard of the changeable nature of mercury from a fluid into a folid, from a volatile into a fixed state, from a mild into an acrid quality, and from its own colour into almost all colours? The chemists, or the alchemists, can tell you how all this happens, and lover-like are fondest of what has given them most trouble. To them I refer the curious enquirer, meaning only to lay before my reader a few facts concerning mercury, and its preparations, that may claim some attention from those who have the care of venereal cases.

And first, as to its ores; the virtues of these do not by any means correspond with what has been said of them in most books that treat of venereal diseases.

M

", sloather,

For native cinnabars are, in their effects on the body, either fettered on the one hand by their combination with fulphur, or dangerous on the other by effluvia from the arienical part of them. I have twice feen a confiderable falivation raifed by giving native cinnabar inwardly. The mifchiefs occasioned by fumigations, where the lungs are weak, or subject to afthmas, hæmorrhages, &c. are well known. The disappointments I have met with from the use of the factitious, or antimonial kinds, both given inwardly, and outwardly applied, correspond exactly with the experience of Dr. Aftruc on this head. But I feel very little disposition to try powers which are at best equivocal, where we have certain ones at hand. I mean, that their application represses, or at best only translates the complaints for which they are used, rather than extirpates them.

If quickfilver, when strained through leather,

leather, leaves no dregs behind, or distilled with quick-lime comes out in the same quantity as when put into the vessel, it is then fit for every use, whether outwardly applied or inwardly administered, as well as for all the preparations into which chemists have tortured it.

In the course of experiments recorded by English writers, it appears, that large quantities of quicksilver, even to the amount of fixteen pound weight,\* have M 2 been

\* Having accidentally heard my friend William Fisher, Esq. of Camberwell, in Surry, mention two cases, and consistent with his knowledge, very extraordinary both for the quantity of crude mercury taken inwardly, and its effects; I have added a copy of a letter which he has favoured me with on this subject.

" Camberwell, April 11, 1772.

" DEAR SIR,

" IN consequence of your request, I send you an account of two gentlemen of my acquaintance, who each of them told me they had taken above one hundred pounds weight of crude mercury.

"W.

been swallowed by one patient, without producing any remarkable phænomena

in

"W. Moses, whose letter is published page 158, in Dr. Dover's Legacy, is one of them: and he told me he never walked one mile without fitting down, before he took quicksilver; and that, after taking three hundred and sixty-sive ounces in so many days, he walked to Batson's cosse-house from Greenwich, to tell Dr. Dover how well he was, and after drinking a dish of chocolate he walked back again; and that he has had a quantity come from him after he had not taken any for six months. The above was a lieutenant in the navy, and then about forty-six years old when he told me the tale, and something

"The other was a gentleman of Putney, extremely afflicted with the rheumatism, laid up almost all winter for years; and when he told me, which was in April, (thirty-five years since) he said his practice was, last winter, to shoot; and when wet to the skin, he went to the club after he came home, and sound no hurt from sitting till his clothes dried on his back.

" short-breathed: he thought he could not have lived,

" if he had not taken the above.

"I fincerely believe both accounts to be true, and am,

" Dear Sir,
" Your's, &c.
" W. FISHER."

in that case, or indeed in any other; unless when a part of it happened to be diffolved by the faliva, or gastric juices, and thereby lodged for some time in the primæ viæ, where it produced the common effect of increasing the salivary secretions, in proportion to the quantity disfolved, or to the state of the patient's juices at the time of giving it. In these instances it corresponds with mercury dissolved in honey, turpentine, &c. as in the pil. Barbaroff. de Belloft. pil. mercurial. Pharm. Lond. &c. at the worst producing symptoms very manageable in general, and effects more or less beneficial according to circumstances.

As to the effects of crude mercury in this disease, dissolved with turpentines, or otherwise combined with alexipharmics, diuretics, purgatives, &c. I would not absolutely say, that the pocky infection is always too great for such medicines

ignorant in what proportion the mercurial medicine has entered the lacteal veffels, and what points it has carried, you cannot tell how to afcertain the dose, or fecure the patient against a relapse; that is, in pocky cases.

The same objection, though not in the same degree, lies against trusting to its effect in plasters: for, on the sirst appearance of the disease, much was done by them both in their simple and complicated forms, provided they were persevered in long enough to lodge a sufficient quantity.

He must be a man of very little observation indeed, who has not seen the mischiefs arising from mercurial plasters applied to buboes, and other venereal tumours, by sending them back into the habit.

Let us now see what is effected by oint-

or crude mercury rubbed into an ointment with an equal quantity of hogs-lard.

In the virulent gonorrhea, mercurial ointment having been rubbed on the groins in just proportions, suppose to the quantity of an ounce or more at due intervals (purgative medicines being intermixed at proper distances); the discharge generally changes from a green or yellow colour to one whiter, and more refembling the femen, or to one of a yellow tinge in the middle of the speck; or else it becomes more ropy, and dess like melted tallow, diminishing at the same time in quantity. But where the gonorrhæa has been of fuch long standing as to have produced carnofities or Arictures in the urethra, no inunction will be fufficient without a local treatment.

When the disease shews itself with pocky symptoms, as chancres, buboes, pustules, &c. and you rub on a due

proportion of this ointment, accompanied with a suitable regimen, what are the effects? Sometimes a plentiful spitting, with its attendants, and a cure; sometimes plentiful sweating, and a cure; at other times no sensible evacuation, or change on the body, and yet a cure, equally agreeable and permanent; except in some few cases, which are conquered afterwards by diet drinks, small doses of pil. argent. vivi, or slight mercurial frictions.

I allow that the diminution of the fymptoms is not always apparent, however properly the course may have been pursued, and that thirty or even forty drachms of the strong mercurial ointment will not always remove the disease. Continue, in that case, to rub a sew times more, and a larger quantity at a time, and what ensues? As if the artillery had not been heavy enough before, by thus increasing its weight you make a breach

at last, and the disease is taken by storm; frequently, as was faid above, without falivation, fweating, a greater diurefis, or any disagreeable consequence whatever; and generally too without any feverity of regimen, even in open air. I would not be understood to mean, that the inunctions are, in this event, to be left off immediately. On the contrary, it should be a general rule to continue them for a shorter or longer time, according to the degree of stubbornness which has attended the symptoms; as it is certain that, without such precaution, there may be a danger of their returning.

The two oldest and most experienced surgeons in the treatment of venereal complaints, that I am acquainted with, have both assured me, that a very great part of the mischief done by this disease in England, seemed to have arisen from want of

attention to the proper quantity of mercury necessary for its absolute extinction.

In relation to this quantity, hear the opinion of two celebrated judges among foreigners. "It is difficult," fays Aftruc\*, " to affert, à priori, what quantity of " mercury will, in the whole, be neces-" fary to cure the distemper completely; " fince that depends upon the age, fex, " and temperament of the patient; the " malignity, degree, and inveteracy of the " infection; the number, use, and im-" portance of the parts affected. It " must be judged of à posteriori, from " the abatement and ceasing of the " fymptoms: but it is found by repeated " observations, that commonly not less " than two ounces of the strong mercu-" rial ointment is sufficient, and not more " than three or four ounces necessary."

The

<sup>\*</sup> Astruc, lib. iv. cap. 7. p. 272. ed. Paris. 1740, 4to.

The other writer, Septalius, who had the care of the great hospital of Broglio at Milan, for forty years together, where by his account he cured of the venereal disease near one thousand patients yearly, fays\*, "That for completing one cure " there ought to be used, at repeated "inunctions, three or four ounces of " quickfilver; and that the infection " should not be carried off by purga-"tives, unless in cases of the utmost " necessity." It is the advice of this experienced physician+, either not to use mercurials at all, or to use them in a quantity sufficient to ensure success; " fince by too sparing an application of " them the morbid matter is fet in mo-" tion; and the fymptoms being only di-" minished, not removed, unless perhaps " to the nobler parts, the patient is left, \* Septalii Animad. lib. vii. § 224 & 231. + Id. lib. vii. § 218.

" uncured and disappointed, to drag out
" a miserable life."

I cannot restrain myself from observing here, how fashionable it is become with many to despise old writers, and to depreciate as obsolete every observation, how useful soever in practice, that has not been made in our more enlightened days: but, certainly, he who has established the truest principles of cure deferves the greatest esteem, and the closest attention, at whatever period he wrote.

With regard to the composition of the ointment, I would always recommend equal proportions of lard and quicksilver; the inunction with a drachm or two, at most, being with difficulty rubbed on to dryness, without leaving the thighs too long exposed to the air; as on the other hand a quantity of mercury sufficient to extinguish the infection, is not easily rub-

bed on, if the proportion of lard to quickfilver be double.

When the patient's skin is easily fretted, the ointment should be prepared with as small a quantity of turpentine as possible; by which means he is saved an eruption of angry pustules, that often obstruct the anointing of those parts where it can be done most completely, namely the thighs, and the inside of them especially.

By the way, one is tempted to smile at the common manner of applying the mercurial ointment, first on the seet, then on the legs, then on the thighs, then on the arms, shoulders, and trunk of the body; as if there were magic in the process, and the doctor were a conjurer. Surely the ointment rubbed upon the thighs, which can be defended from cold in winter by slannel drawers, and in summer by cotton or linen ones, worn during the whole time of the inunction, and where

where it can be applied without any inconsiveniency, is as well or better calculated to convey the mercury into the blood, though not to keep up the parade of art.

If any confiderable quantity of the ointment is prepared at once, it should be stirred up from the bottom of the pot every time it is used, that the whole may be equally strong.

I pretend not to decide whether the lard's becoming attenuated by age is an advantage or no. Septalius touches on these two last particulars.

The following hints deserve the notice of every surgeon, and are not generally known.

Rub a little, suppose less than a drachm at a time, of mercurial ointment upon a chancre, a beginning bubo, or phymosis, and repeat it daily for three or four times; and it will remove the appearance of disease from the part, and drive it into the constitution, perhaps upon the bones, probably into the throat, but always from the part. Every mercurial application to a venereal fore, whether chancre or bubo, is equally improper, till you have conquered the infection.

Rub to the quantity of two, three, or four, and some sew times more ounces, in proper doses, upon any part of the body, except the part affected; and all the symptoms of the disease, which deserve the name of venereal, will either disappear, and never return, or else be so altered as to give way to diet drinks of sarsa, or bardana, or perhaps of the plants saponaria and lobelia, or the roots of mezereon.

Again, rub a small quantity of the mercurial ointment on any part of the body, in the case of a scrophulous or scorbutic habit, tainted at the same time with the pox; and, in many instances, it will

produce a violent salivation, that in spite of all sorts of remedies shall run on for several weeks; the patient shall be much reduced in his strength, wasted in his body, and remain tainted with the disease, notwithstanding the salivation has been so inordinate. Repeat the anointing, and the effect will be the same.

But first correct this scorbutic disposition, then rub on the mercury, proceed to the length above mentioned, at proper intervals, and in proper quantities; and you will generally, even without affecting the mouth, obtain a complete cure. Go beyond this quantity, and, except in a few cases, mercury shall seem to have produced no surther effect on the symptoms. Here we may say with truth, that it has done both its best, and its worst: it has saved the constitution from being ruined by the disease, and

it has changed a strong into a weak habit.

Formerly, physicians were exceeding folicitous to raise the salivation to the utmost height, lest they should not be certain of the cure without it. Of late, they have been contented with fweating, or plentiful discharges of urine. Now, many are fatisfied if they use a given quantity, whether it affects the falivary glands, or goes off either by perspiration or urine. I am disposed to be of the last number, with this difference, that where there is a little foreness and heat in the gums, I should expect a more speedy cure, than where there is either none at all, or where there is a more copious falivation.

I have sometimes gone so far as to think, that mercury, by producing a sort of fermentation in the juices, without loading too much the salivary glands, or augmenting their secretions considerably, was better for the constitution, than when, by greatly tainting the saliva, it produced a putrid diathesis.

Upon the whole, I believe, that purging gently in the inflammatory state, at the intervals already specified, and intermixing crude mercury internally, or applying it externally in just quantities, as soon as the symptoms of inflammation are abated, will cure a clap in all its stages; and that mercurial ointment, used in the proportions above directed, will generally secure the constitution against the further progress of a confirmed pox, or at least enable you to eradicate it by the assistance of other medicines before mentioned.

I hope that delicate patients will not be alarmed at fuch a method of cure, when I shall have mentioned one fact, viz. that, in the course of twenty years practice, I have not been able to trace any lasting bad effects of mercury on those those who have used even the largest quantities of it, by inunction, in the case of constitutions otherwise healthy. I speak not of scorbutic, scrophulous, cancerous, nor yet of paralytic ones, where family infirmities are most injuriously imputed to mercury.

Compare now the effects of mercurial ointment just described, with those of mercury in ores, but chiefly diffolved with acids; in which I include the turpeths, corrofive fublimate, or the latter dulcified by repeated fublimations, and mercurial precipitates. Of some of these a quarter or half a grain, or even less, and that diluted too, will produce anxieties, tremblings, vomitings, hypercatharfes, convulsions, and fometimes death; at best, falivations not to be restrained for weeks, months, or even a longer period; and, what is perhaps yet more to be dreaded, no cure, or not a permanent one, will be accomplished complished at last, though the salivation be repeated. Yet some or all of these dreadful consequences must be hazarded, because a smaller quantity of mercury in this way is pretended to be sufficient for the cure, and less destructive, as well as more delicate. The last part of the proposition I admit, but the other two I utterly deny.

Were it right to give into theory, on a fubject where we have facts fufficient; it might perhaps be faid of mercury acidulated in any way you will, that even the falivation, with all its fevere attendants, is not your fecurity. Either the fores do not heal, or the fymptoms do not disappear, perhaps indeed from the patient's not being able to bear the feverity of the falivation, and the repeated effects of the mercury on the stomach or bowels; or finally no cure takes place.

#### SECTION XVI.

On the present state of the pox.

IT is a question that has been much agitated, whether the disease of which we have been treating, is on the decline or not. I would answer it by asking another question, Is the passion for pleafure on the decline?

In fact, I believe that the disease is growing much more general, while the treatment of it is still shamefully unequal.

There has been an æra in its history, when it became milder. I allude to the first appearance of the gonorrhea. But too many surgeons daily shut up that avenue to relief, by a variety of injections mercurial, balsamic, and astringent. I leave their patients to bear witness with what wosul effects; amongst others, swelled testicles, unhappy wives, and an half rotten posterity.

Another principal source of the increase of this evil is the general ignorance with regard to the quantity of mercury requifite, and to the manner of applying it, which changes totally the face and quality of the complaint.

A third most material circumstance to be reckoned here is that of the grafts from Africa, and both the Indies; where, the treatment being still less understood, the disease has been suffered to lay deeper hold, and to produce more stubborn symptoms.

The last cause that I shall mention, but not the least, is the constitution of modern livers; where love of ease, love of pleasure, continual watching, and anxious gaming, have miserably enervated the posterity of those heroes who fought at Agincourt and Cressy.

# THE END.

# APPENDIX.

ON THE

# VIRTUES

OF THE

## SARSAPARILLA ROOT

IN THE

## VENEREAL DISEASE.\*

THE reputation that a certain medicine has of late years acquired in London in some venereal cases, and in which the sarsaparilla is supposed to be the principal ingredient, put me upon enquiring among my friends if any experiments had been made to verify such a conjecture.

<sup>\*</sup> First published in the Medical Observations of London.

It was in the course of this enquiry that Dr. Hunter savoured me with the history of a venereal case, attended with ill conditioned ulcers in the groin, wherein a strong decoction of the sarsaparilla root, taken to the quantity of a quart a day, and persisted in for some time, had effected a cure; when a mercurial course and other things had failed.

For my own satisfaction I resolved to prosecute this hint, and make a trial of the sarsaparilla root in a number of cases, so as to discover if the success of the abovementioned remedy in many cases, particularly where almost every other medicine had sailed, was not chiefly owing to this ingredient.

These experiments, with their good or bad success, I have been induced to offer to the public; the rather, as I cannot but flatter myself that I have now made a sufficient number of observations to enable me farfaparilla with a probability of success, and at the same time ascertaining the virtues of a valuable medicine, hitherto much neglected, or little understood; though it has been always ranked among the efficacious medicines in the venereal disease, by most authors who have written on that subject.

# CASE I.

About the month of August 1751, Mrs. Marshall, a carpenter's wife in Long-acre, applied to me for a complaint she had in her breast, where I found the nipple much corroded by a painful chancre, attended with many venereal blotches all round her breast. Upon examining her throat I found foul ulcers on both sides: I learned on enquiry, that she had contracted this disease by suckling for a few days a neigh-

bour's child, whose mouth and lips were full of venereal chancres; but she at that time had no suspicion of its having any venereal fymptoms, or that she could be infected by it. Her having no previous mark of the disease, and her husband, who cohabited with her all the time, enjoying perfect health, had prevented her hitherto from asking advice; and then she did it principally on her child's account, which she had suckled, who was at that time about fix months old, and who had many blotches on its body, with large fici about its anus. Not doubting any longer of the way in which she had contracted the difease, she, by my advice, went to one of the hospitals, where she was salivated, and after fix weeks was difmiffed apparently in good health; but in two months time she had a return of her fore throat, with the additional symptoms of violent pains

all over her head. In February 1751-2, she applied to me again: as I found her throat well, and her breast had not the foul appearance as formerly, I hoped that the pains in her head might proceed from a different cause, and might give way to nervous medicines, which were ordered her, but without effect. The ulcers in her throat becoming foul again, I could no longer doubt of her being still poxed: I then used fumigations of cinnabar to her throat, gave her preparations of antimony, with the antifcorbutics, ftrong decoctions of guaiacum, and a small proportion of faffafras and farfaparilla; by which means the throat grew tolerably well, but the head-ache continued: notwithstanding which she became pregnant in the summer 1752. Three months after, all her bad fymptoms returned with more violence than ever, with pains

P 2

about

about her palate and in her nose, and the ulcers spread in her throat to the almost total loss of the velum pendulum palati: I then applied mercurial plasters to the throat outwardly, gave her a decoction of guaiacum for her constant drink, and calomel inwardly; but all to fo little purpose, that in the fixth month I was obliged to have recourse to a mercurial friction, which I perfifted in to the day of her delivery, as in all that time I was able only to check the difeafe, not to cure it. In her lying-in, she had fevere cholics and fits of loofeness, probably the effects of the method she had purfued. During her last course, and after her lying-in, besides the outward and inward use of mercury, she had drank above an hundred quarts of the decoction of guaiacum, strong and weak together. In July 1753, I proposed to her the decoction of farfaparilla: at that time

time her pains were so severe, that she had not flept, for feveral months, an hour at a time; her body was become a mere skeleton; the ulcers in her throat were so nauseous, and her palate was so decayed, that she was become intolerable to herself, and greatly dispirited. The night after drinking the first bottle, she slept several hours, and fo continued to do every night afterwards without interruption: in twenty days her head-aches and nocturnal pains entirely left her: in feven days more her throat was quite well; she recovered her speech; and, by the use of thirty feven quarts of the decoction, she was restored to perfect health, strength, and spirits; her breasts becoming plump and full, as usual: and to the day of writing this (September 1754) the still enjoys an uninterrupted state of health.

## CASE II.

That same summer, a watchmaker of a scorbutic habit of body, with spungy gums, who had been falivated three different times, and had used great variety of alteratives, and decoctions of guaiacum without measure, applied to me. He all that time had foul fores in the tonfils, numberless blotches dry and moist on his body, and chancres on his penis, attended with a fort of gleet: these were all his venereal fymptoms. I put him upon the use of the decoction of farfaparilla, to the quantity of a quart daily. After he had taken it fifty fix days, all the symptoms left him; but the parts where the chancres had been, though skinned over, continued red, oozing at times a fort of ichor. For these, and now and then a little fort of gleeting from the

the urethra, I have tried every thing I could think of, but all to little or no effect. Dr. Barry's alterative pills, composed of turpeth mineral, pil. ex duobus, and camphire, have done most apparent service.

## CASE III.

Some weeks after this, a jeweller, who had contracted a clap, for which he had had been unfuccessfully treated, applied to me for a cure: when I saw him he had chancres, and verrucæ mixed all round the corona glandis and behind it, but no other venereal complaint. He drank about fifty bottles of the decoction of sarsaparilla; but till he had rubbed on six ounces of mercurial ointment, the chancres were not entirely healed; the last of which he used after he had omit-

+ See Medical Effays.

ted the decoction some time: nay, the verrueæ still remained, but were immediately removed by the common caustic. I would remark, by the bye, that in cases of venereal warts, where the infection seems to have been entirely subdued, the common caustic is the only application that I have used with certain success. I would therefore recommend it as the most efficacious in such cases.

# CASE IV.

Much about the same time, a grenadier of the third regiment of soot guards, on whom I had tried mercurial alteratives, and decoctions of guaiacum, after having sirst attempted a cure by a salivation, was put upon the decoction of sarsaparilla. At the time he began to take it, he had ill-digested buboes, chancres on his penis, foul ulcers in the tonsils and velum pendulum

dulum palati, as well as on the back part of the pharynx, and universal pains. He was unable to move his legs and arms, and had large black and mortified blotches and floughs, fome of them as large as a half crown piece, on his shoulders and back. By the use of this decoction for fifteen days, and two bleedings (which some feverish symptoms seemed to indicate) every one of the above complaints was removed, and he left the hospital apparently cured: but whether it was owing to his not having perfifted long enough in the use of it, or to some other cause, in two or three weeks he came back to the hospital with a fore throat, and complaining of his pains; when I put him a fecond time on the use of the decoction: though his throat grew better foon, yet the pains did not entirely go off; fometimes an arm, and at other times the leg and thigh, continuing in pain.

pain. During this fecond trial he drank twenty five bottles of the decoction. I then attempted the cure by mercurial pills, and a decoction of guaiacum, rubbing in now and then fome mercurial ointment; after which I fent him to country quarters, for the benefit of the air: but this not answering, he returned to the hospital a third time, when his throat, and the back part of his pharynx, were much ulcerated; he was greatly emaciated; had a cough, night fweats, and gummatous swellings on the top of his shoulder, and on the wrists: he then took a box of an alterative mercurial pill among other things, but all to no purpose; so that he repeated the decoction of farfaparilla for the third time, and drank thirty nine bottles more; upon which his throat grew well; the pains and fwellings were confiderably diminished, and indeed so far, that there were

fcarce

scarce any remains of either, but about his knees. Soon after this he was difcharged the regiment, being reckoned unfit for the service; and he returned to his native place, without giving the medicine a further trial, though he was pressed to do it. I have often blamed myself for not prosecuting the experiment further, in fo remarkable a cafe, where, upon every fresh trial, the good effects were so manifest, and, if longer persisted in, might have produced a complete cure. Dr. Clephane and Dr. Pringle faw the progress of this patient's disease, both at the worst, and when the farsaparilla did fuch fervice.

# CASE V.

An oilman, who had gone through a mercurial course for a chancre on the glans penis, applied to me for advice,

Q 2 having

having at that time violent pain over all his body, especially such head-aches and continual watchings as rendered his life intolerable: he was unable to stand upright, or to have any of his limbs moved; when I put him under a course of the sarsaparilla decoction: the first bottle of it composed him to sleep the whole night, though for three months past he had not flept one hour at a time; and he was thereby so much relieved from his pains, and incapacity to move, that he foon was able to walk to me every day afterwards for his quart of decoction, and by thirty fix bottles of it was perfectly cured: he used no other medicine or application, except that during the course of the decoction he wore a flip of mercurial plaster on the scar where the chancre had been.

#### CASE VI.

A widow lady, three months after her husband's death, consulted me about her health: she complained of violent headaches, which had for fome months past prevented her rest, and of some hard and dry lumps which the had perceived a few days before on the labia pudendi: her whole body was covered with large hard spots or blotches, of a brownish red colour, but not attended with fourf or scales, excepting two that were on her leg. From these symptoms, and the account she gave me of her husband, I could not doubt of the nature of her difease: the scorbutic appearance of her gums, and her delicate habit of body, determined me to attempt the cure without a mercurial falivation, having for some years past observed the very bad effects it

is apt to produce on scorbutic habits, attended with spungy gums. By the use of forty bottles of the decoction, all the former fymptoms left her, except the two large blotches on her leg: but she then shewed me a chancre, large and hard, on the infide of the nymphæ, which she had perceived only for two or three days, and which discharged matter plentifully: I was thereupon forced to have immediate recourse to a mercurial friction, as the weak state of her stomach forbad the internal use of mercury. By perfifting fix weeks in this course, though I could only rub in a little ointment at a time, and even that frequently at the hazard of her fainting away, she recovered a perfect state of health. During the use of the decoction she abstained both from wine and meat, yet her strength kept up well; but in the mercurial

rial course it was found necessary to allow her wine and slesh meats to support her.

#### CASE VII.

In April last, a married lady from the country gave me the following history of her case.

In the fourth month of her pregnancy, she had observed a number of little pimples break out on her face, which soon after grew scaly, increasing every day in size and hardness: in her sisth month, her sleep left her, she was tortured with most violent head-aches, and nocturnal pains in her bones, particularly in one of her legs, where she felt a hardness lying loose under the skin, upon the shin bone, of the size of a horse bean: she likewise became very dull of hearing, but had no symptoms of the disease

case about the pudenda. In the eighth month, she was delivered of a weakly child, which, as she expressed it, was born without skin. The above named fymptoms continued increasing till the end of the fecond month after her lyingin, at which time she applied to me for advice: after purging her gently with falts and manna, I gave her the decoction in the usual dose; but as I durst not, in such a case, trust entirely to it, I now and then used the mercurial ointment, to the quantity of half an ounce of quickfilver in the whole; and by the end of the month all her complaints left her, except the dullness of hearing, which still continues in some degree.

This is the only instance in which I confined any patient to their bed or stannels, or to a strict regimen during the use of the decoction, and the only instance where the nocturnal pains were not quite

removed by a few doses of the sarsaparilla. I should likewise note, that I cut out the small gummatous tumour with a knife, while she was using the sarsaparilla.

## CASE VIII.

wine-merchant's fervant in the Strand had, for twelve months and upwards, chancres on his penis; for which he was put under, and perfisted in, a mercurial course by unction for four months, the mercury seldom affecting his mouth to any degree. As his being much abroad exposed him to catch frequent colds, he was feized with rheumatic pains all over him, which at first were alleviated by repeated bleedings, but grew so bad at last, that he almost entirely loft the use of his limbs, though he tried various medicines for them. He continued in this state till we put him on a

a decoction of farfaparilla; by forty four bottles of which he recovered his former state of health, without any confinement or regimen; though he was often abroad, exposed to the cold and wet, during the time of his drinking the decoction, which was in the month of November.

## CASE IX.

An officer's fervant in the guards had two buboes forming in his groins, without any other fymptom of the pox, when he applied to me. As he was then under a necessity of going abroad, I applied mercurial plasters to his buboes, and supplied him with ointment sufficient to secure his health by repeated unctions. Finding his throat affected, he applied for advice when in Germany, but did not persist in the mercurial unction; by which neglect

neglect he returned to London with a deep and foul ulcer in the back part of his throat.

I then anointed him regularly, and gave him strong decoctions of guaiacum to the quantity of thirty bottles and upwards; by which the ulcer in his throat was healed, and he was apparently well: fix weeks after, he was feized with a deepfeated pain in his cheek bone, and a swelling upon it, which in fourteen days brought on fickness, vomiting, a total loss of appetite, and night sweats, which emaciated him greatly. I laid the bone of his cheek bare, and found that it was carious, but it had no marks of benig likely foon to exfoliate. I then put him on the decoction of farfaparilla, of which he drank forty bottles: in fix days after he began the use of it, his appetite returned, his fickness went off, his sweats ceased, and by the end of the course he

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was

was become fleshy, and as fresh coloured as usual; some weeks after which, there came out an exsoliation of the size of a silver groat, and of a considerable thickness. This person is now in persect health.

#### CASE X.

Mrs. Gordon in Chandos-street, when she applied to me, told me, that in her first husband's time she had sores in her legs, which were suddenly dried up; and that she found no bad consequence from them, till she had lived with her second husband sour or sive years, and had had two sine children by him, apparently very healthy; when she was taken with violent pains in her head, nose, and face, for which she tried various medicines, and among other courses was salivated regularly, and afterwards used an application

cation of Mr. Plunkett's; during which courses she lost the bones of her nose. She had likewise applied afterwards at an hospital for advice, where she was put under a course of Dog and Duck water, and fuch diet as was judged proper in cases that seemed cancerous. When she applied to me, I understood, by the history of her case, that it was a venereal one, contracted from her first husband, but that it had appeared first in her head, and never in her pudenda: I put her upon a course of the sarsaparilla, desiring her at the same time to wash the sores of her face with some of the decoction, and then to cover them with dry lint. These sores had been of fix months standing, when I saw her first; and the nose not only was become quite flat, with a foul fore upon it, but the frontal bone, the temporal bone, the orbital bone of the right eye, and the upper maxillary bone,

bone, were bare in several places. When in this condition, Dr. Clephane visited her with me, and Mr. John Hunter had seen her a few weeks before. By the use of the decoction for fifty days, inwardly and outwardly applied, as before mentioned, all the sores healed up, some of the bones threw off exfoliations, others of them covered over without any sensible exfoliation, and she recovered her health perfectly, with only the loss of the bones of her nose, and a few scars on her face.

## CASE XI.

Jameson, a soldier of the third regiment, recovered, by thirty nine bottles of a weaker decoction of sarsaparilla, of pocky pains; for which, and some other venereal complaints, he had been salivated thrice, kept his bed in the hospital for

bone

two hundred and thirty days and upwards, was emaciated greatly, and had tried in vain all forts of antivenereal, antifcorbutic, or antirheumatic medicines.

N. B. After several months this patient applied to me again, complaining of fresh ulcers in his throat, and, as he says, without having catched a fresh infection. But what is very remarkable in this instance is, that his relapse was probably owing to his having used only the small decoction, or rather what may be called the second decoction.

## CASE XII.

A gentleman's servant in St. James's place, who had spurious buboes for six months, for which he went through two regular courses by unction, during his sirst course had a partial suppuration from one of them, continued to have pain in that, and a large tumour of the

fize of a hen's egg remained, which would not give way to any application, and at the same time lay so deep, and was so much engaged with the iliac artery, as to prevent our destroying it by caustic. Ten bottles of the decoction removed it without suppuration, and he drank twenty four more for security's sake.

#### CASE XIII.

The husband of the lady mentioned in Case VII. was, at the same time with her, put under a mercurial course for chancres all round the glans penis, blotches on the scrotum and thighs, ragged sores about his anus, and soul ulcers in his throat. After using about eight ounces of mercurial ointment, and salivating plentifully, for six weeks, all his complaints left him, except those ragged sores about his anus, which remained as obstinate

stinate as ever, though the mercurial ointment had been rubbed on them also about the end of the course, and though he had been sweated very sufficiently by sourteen quart bottles of the strong decoction of guaiacum; but they gave way in a few days to the decoction of sarsaparilla.\*

I shall therefore just offer the result of my experience, in relation to the sarsaparilla, by deducing from these, and above as many more cases, in which I have tried it, a sew remarks, tending to shew when it will cure, and when it will fail.

## REMARK I.

It will commonly relieve, in a very short space of time, venereal head-aches and nocturnal pains; and, if persisted in, I believe, will always cure.

<sup>\*</sup> See a note from Fallopius, page 176, which relates particularly to this fymptom.

#### REMARK II.

In emaciated or confumptive habits, from a venereal cause, it is the greatest restorer of appetite, sless, colour, strength, and vigour, that I know of.

#### REMARK III.

When the throat, nose, palate, or the spungy bones in general, are affected with a slough or caries, it will commonly complete the cure, if persevered in long enough, and providing a mercurial course, I mean by unction, has preceded the use of the sarsaparilla.

#### REMARK IV.

When the body is covered with dry blotches, or moist fores (still supposing the cause venereal) it will greatly promote the cure, nay, often complete it; but, without the assistance of mercury, there will be danger of a relapse.

#### REMARK V.

In simple chancres it will do little service; but if it is given in cases where the chancres or buboes will not heal or dissolve, after the use of mercurial unction, it will often cure, and always do manifest service.

#### REMARK VI.

It will oftentimes answer, and that speedily, without sweating, confinement, or any very strict regimen, at all seasons of the year, where mercurial unctions, and long continued courses of strong decoctions of guaiacum, either by itself simply, or compounded with a small proportion of our sarsaparilla, have failed. Of this I could produce several other proofs, besides the above histories.

#### REMARK VII.

It would feem probable, from any obfervations I have yet been able to make,
that the farfaparilla root is only to be depended on in venereal cases where mercury has failed, at least has preceded
the use of the decoction, or when it is
combined with it; and therefore is not to
be trusted to alone, unless in such circumstances: and this is agreeable to the
well known effects of that medicine, the
reputation of which, in inveterate venereal cases, first put me on making this
enquiry.

# REMARK VIII.

Mercury alone will in general cure most venereal complaints; the sarsaparilla will perhaps always cure what resists the power of mercury: it is therefore probable, that we may find in mercury and and farfaparilla, properly combined, a certain cure for every case that can be called venereal.

Let us now see,

I. What this medicine is.

II. Whence it, came.

III. What reputation it had at first.

IV. If the esteem it acquired in Europe was founded on accurate observations of its effects.

V. How it lost it again, and has been but little used till very lately: and,

VI. How it ought to be prepared and given.

It is doubted by botanical writers, whether it was known to Theophrastus and Diascorides; but if it is of the same genus with our smilax aspera, which both from its appearance and virtues I am apt to believe it is, this cannot remain doubtful, since the first has described the

plant,

plant, and the fecond mentions its virtues as an alexipharmic.

Fallopius used the smilax aspera, which he found growing near Pisa, and cured many with it\*; nay, alledges that the virtues of the European are more powerful than those of the Indian, ascribing their external difference to the different soils in which they grow. And Carolus Musitanus asserts, that the smilax aspera, which grows plentifully in Italy, under the name of the salsa paesana, only differs in price from that of Peru; but that the taste, bark, pith, and virtues, are stronger and more vegete in the European than in the Indian fort.

Prosper Alpinus has put it beyond all doubt, by the appearance of the smilax aspera, which he found in soft grounds,

<sup>\*</sup> Loco sarsaparillæ semper cum selici successu. Fallopii tractatus de morbo Gallico, caput 63.

<sup>†</sup> Carol. Musitanus de lue venerea. lib. iii. cap. 1. in Sarsaparillam.

in the island of Zant, (Zacynthus) that Europe, and the Grecian islands in particular, furnish the true sarsaparilla, or smilax aspera, (Peruviana dicta) of C. B.\*

The medicine which is the subject of our present enquiry, and is now to be found in every druggist's shop, is the root of the smilax aspera Peruviana of Caspar Bauhin. It is brought to us from Peru, Hispaniola, and the Brazils.

Monardes tells us, that the Indians, when they begin to use it, taste nothing but the decoction and its mucilage (lentorem) for the first three days, and afterwards only almonds, raisins, and bread, during the thirty days course of it.

The method of preparing it by the Spaniards and Indians of South America, is as follows: They macerate an ounce of the root in almost four pints, or pounds,

<sup>\*</sup> Prosper. Alpin. de plant. Ægypt. c. 43.

of water, for twenty four hours, and boil it away to one half. They give of the expressed decoction half a pint twice a day, four hours before their meals, in bed, covered with clothes, where they sweat two hours, mixing a sufficient quantity of the sine powder of the root with each dose of the decoction. They purge them every tenth day.

The Spaniards first brought it into Europe, towards the middle of the fix-teenth century.

Franciscus Ximenes, in his annotations to Margravius's natural history of the Brazils, talks of its speedy and powerful effects in the cure of the lues venerea, given in simple decoction.

† Cujus decocto simplici ad luem veneream, præsertim non inveteratam, nihil præstantius, quippe quod observatâ diætâ, paucis intermissis diebus, a turpi et sedo malo ægros vindicat. Margravius in bistoria naturali Brasil. de Sarsaparilla.

Vidus Vidius, about the year 1550, gives it the third place among antivenereal decoctions.

Trincavellius prefers it to guaiacum as an attenuant, and makes mention of it as a resolver of hard tumors.

‡ Gabriel Fallopius seems to have known more of the virtues of the sarsaparilla than most of his predecessors or successors, if we except Trajanus Petronius alone, of whom afterwards.

T In

§ Vidus Vidius, in morbo Gallico, de Sarfaparilla.

Wim majorem habet attenuandi & digerendi quam guaiaci decoctum, fi duros & quafi tophofos tumores in internodiis articulorum concretos digerere, & quafi atterere potest, ut quotidie videmus. Trincavell. Confil. 50.

‡ Recenseamus experimentum cui nolunt credere pertinaces. Diascorides dicit habere vim antidoti in morbis contagiosis, & connumerat grana & solia inter ea medicamenta quæ venenis exhibentur; ideo regium est auxilium & antidotum ad sugandam luem veneream. Et hac ratione ego sido magis salsæ quàm ligno guaiaci: imbecillior est certè ligno; habet tamen ipsa nobiles

In the Venetian edition of Fallopius\* mention is made of this decoction not keeping above five or fix days. I never could keep it above three, even in a cellar: no author besides Floyer, that I know of, takes the least notice of this. I believe it has been owing to their not attending to such a circumstance, that

nobiles vires, quibus superat guaiacum; et est, quòd si, post superatum Gallicum, restant ulcera rhagadia circa fedem, duplo citiùs fanat hæc quam lignum Indicum. Erat scholaris Papiensis qui tophis osseis et lapideis laborabat circa pedes & tibias: ego brevi discussos vidi ope salsæparillæ, & prima vice usus sum hâc in milite Lucenfi qui dicebatur (Il Capitan Capon) hic habebat in capite tumores & gummata, quæ per decem dies evanuerant omnia: cum ergo in Gallico adfunt ulcera, ad hoc medicamentum confugio tanquam ad certiffimum auxilium: fi non facit prima dieta, faciet saltem secunda et tertia. Salsa est regina in hoc, quia discutit tophos quodam quasi miraculo. Decoctum falfæ femper agit omnibus temporibus: decoctum guaiaci non agit tempestate hiemali. Fallop. tractat. de morbo Gallico, cap. 63, & 95. c. 95.

<sup>\*</sup> Durat decoctum salsæ, si non sit tempus calidissimum, quinque vel sex diebus ad summum. Vide Fallop. vol. 2. pa. 166. Edit. Venet. 1651.

it was supposed to hurt the stomach, which I never knew it once do, if given alone, and in two days after it had been boiled in the way I propose it to be done.

Massarias prefers it to the guaiacum for dispatch, agreeableness, and virtues.‡

Cæsalpinus says it hurts the stomach, but resolves gummatous swellings; and prefers the outer bark of the root.

Varandæus fays it quiets pains in the joints.§

‡ Tumores, gummata, pustulas, ulcera, et omnia symptomata Gallica, longè faciliùs et breviore tempore, ex decocto Sarsaparillæ, mitigari & deleri, quàm ligni decocto. Massarias practic. medic. p. 905.

† Ventriculo noxia est, sed facit magis ad gummositates. Cæsalpin. artis medicæ lib. 4. de morbo Gallico.

§ Sarsaparillam habere proprietatem ad dolores artuum sedandos. Varandæi de lue venerea.

T 2 Thomas

Thomas Rudius acknowledges that it is stronger in its virtues than guaiacum, but will not allow it to cure the difease alone radically.\*

Nicolaus Massa, who has given us many formulæ of the stronger decoctions of sarsaparilla, says, that in strength it equals the guaiacum wood in the cure of the disease.

Alexander Trajanus Petronius also

\* Longè meliùs dolores tum Gallicos tum alios demulcere quàm guaiacum; fed Gallicum virus, nifi admodum exiguum, & in corpore recenter contractum sit, per seipsum profligare & extirpare impotentem esse: ideoque ipsum non verum & legitimum luis venereæ bezoarticum medicamentum esse. Rudii Lib. iv. c. 2. de morbo Gallico.

† Sanat tumores duros, et ulcera antiqua Gallici morbi, & omnia vitia & mala, in quâcunque corporis parte, quæ in morbo Gallico accidere consuevêre, & quæ solent sanari ligni Indici decoctione bibitâ, quoniam omnes serè virtutes, quæ in ligno Indico sunt, in sarsa reperiuntur. Nichol. Massa de morbo Gallico, cap. 10.

compares its effects to those of guaiacum, and recommends it very strongly.+

We see therefore, that many of its virtues, in venereal cases, have been carefully noted by the Europeans; but that they

+ Prodest decoctum sarsæ, quemadmodum guaiaci decoctum, omnibus lue Gallica inquinatis; sed quanto quam illud tenuiorum partium est, tanto celerius auxiliatur, potissimum verò his, quibus caput infigniter dolet, postquam guaiaci decoctum ante exhibitum aut parum aut nihil contulit: adde etiam, ut cuidam placet, ulcera, et circa fedem rhagadia, multo celeriùs quam decoctum guaiaci curare, & gummationes dissolvere, consuevit. Sarsaparilla pollet adversus eum qui sua natura mitis est, aut incipit, aut inclinat, aut si quidem sævus fuerit, aliis tamen remediis attritus atque fubactus, hominem adhuc infestat. Hinc certè vim magnam in morbum Gallicum habere farfaparilla creditur, utpote quem guaiacum non sanârit, hæc postea sanat: sanat enim immanem, quem guaiacum, aut fiquid hujufmodi antea mutavit, mitigavit atque diffolvit; non fanat verò fi statim ab initio contra illum fumatur: quocirca farfæ decoctum luem quidem Gallicam evertit; sed quia debiles sunt ejus vires, non nisi mitem, aut incipientem, aut declinantem, aut omnino si sæva fuerit postquam aliis remediis ante demissa devictaque sit, evertit. Alex. Trajani Petronii lib. v. cap. 2, & 4.

were not thoroughly acquainted with them all: they did not determine its powers of extirpating the disease though ever so intimately mixed with the habit, and which had escaped the virtues of mercury in every shape: they were ignorant of its curing the disease without confinement, (\*Cestoni alone excepted) sweating, or a regimen: though they knew that it made the symptoms disappear, they were ignorant how to prevent their return: though they gave strong decoctions; of farsaparilla, yet they all erred in macerating it so long in the water before they boiled it; which spoils it for use the next day. Nor did they determine accurately the cases in which it might be depended on, and what proportion of the root would answer. Hence it is perhaps, that

<sup>\*</sup> Ceston, vide la Galleria di Minerv. tom. vi. part 3, and there, Lettera scritta dall Signore Cestoni.

<sup>1</sup> Nicolans Massa de morbo Gallico, cap. 11.

we find them complaining that it hurt the stomach, though it is now certainly known, that, if properly prepared, it restores the appetite and digestion even where the patient becomes hectic, from a venereal cause. They were but little acquainted with its use in venereal pains, and where the bones are affected; and yet it is precisely in such cases that it seems to shew its greatest efficacy.

Thus it fell into difrepute, and by degrees was almost forgotten, insomuch that of late some of our greatest masters in medicine have afferted that its decoction is no better than barley water.

I would fay therefore, that in this island, notwithstanding the inconstancy of the climate, and irregularity of living, it will produce the effects that I have hinted at above in this enquiry, if prepared and given in the following manner.

To three ounces of the farfaparilla root, as fresh as it can be procured, not spoiled with age, worms, sea water or moisture, add three quarts of river water, and bring it to boil immediately in an open vessel, (I always ordered a copper one) and let it boil away to two pints of the strained liquor, that is, to about two pounds averdupois. I fometimes add to it a little liquorice root, to make it more palatable. This quantity I give at two or three doses, either warm or cold, as it is most agreeable, every twenty four hours. Every other day it must be made fresh, and what is not used the day it is boiled, must be kept in a cold cellar. I have always recommended abstemious living, particularly with regard to wine.

With relation to this disease in children, it may not be from the purpose to observe, that, on the credit of Harris de
Lue Venerea, I several years ago gave it

in powder and in decoction at the same time: but hitherto I cannot boast of its having radically cured the complaint, probably because mercury had not been used before, or because the children did not persist long enough in the use of it.

I have some reason to believe, but have not hitherto had experience sufficient to determine, that those rheumatic complaints (I call them so because they appear as such) which are so common, and so obstinate, after a mercurial course, may be cured by strong decoctions of sarsaparilla. I give this hint, because there are sew diseases that resist more the power of medicine than this; so obstinate indeed it is, that oftentimes it will not yield to a second mercurial unction.

I shall conclude with observing, that the root consists of two parts; the first, which is thick, dry, hard, and woody; and the other,

which grow out of the thick part to a great length, and are foft, more fucculent and mucilaginous. The former in decoction is rather difagreeable; the latter not offen-five, and is the part I would be underflood to mean in this paper; although I have reason, from some trials, to believe that the woody part is not inferior in virtue, where the stomach will bear it: perhaps too it might be usefully combined with the other; but this I must leave to be determined by suture experiment.

## THEEND.

N. B. Since the Note on the swelled testicle was printed, (p. 44) I have found, in Dr. Layard's Essay on the Bite of a Mad Dog, published in 1762, mention made of the Mumps, with the Hernia Humoralis, as a symptom having been endemical among the Essex militia quartered in the town of Huntingdon, in the months of February, March, and April, 1760.







