

Testimonials in favour of Thomas S. Clouston, M.D. : medical superintendent of the Cumberland and Westmorland Asylum, Garlands, Carlisle : formerly senior assistant physician to the Royal Edinburgh Asylum.

Contributors

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TESTIMONIALS

IN FAVOUR OF

THOMAS S. CLOUSTON, M.D.,

MEDICAL SUPERINTENDENT OF THE CUMBERLAND AND
WESTMORLAND ASYLUM, GARLANDS, CARLISLE.

FORMERLY SENIOR ASSISTANT PHYSICIAN TO THE ROYAL EDINBURGH
ASYLUM.

FOTHERGILLIAN GOLD MEDALIST FOR 1870.

PRESIDENT ELECT OF THE CUMBERLAND AND WESTMORLAND BRANCH
OF THE BRITISH AND MEDICAL ASSOCIATION.

ETC., ETC.

CARLISLE :

PRINTED AT THE OFFICES OF C. THURNAM AND SONS.

—
1872.



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TESTIMONIALS

BY

THOMAS S. GLOSTON, M.D.

OF THE UNIVERSITY OF THE SOUTH ALABAMA

AND THE UNIVERSITY OF ALABAMA

IN CONNECTION WITH THE INVESTIGATION OF THE

REASON

FOR THE OCCURRENCE OF THE

DISASTROUS ACCIDENT AT THE UNIVERSITY OF THE SOUTH ALABAMA

ON THE EVENING OF THE 15TH OF MARCH, 1956

BY

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TO THE COMMITTEE OF VISITORS
OF THE
COUNTY OF LANCASHIRE LUNATIC ASYLUM AT
PRESTWICH.

GENTLEMEN,

I respectfully offer myself as a candidate for the situation of Medical Officer and Superintendent of the Prestwich Asylum.

I have been for more than eight years Medical Superintendent of the Cumberland and Westmorland Asylum, an Institution which contains over 400 patients. For three years previously I was Assistant Physician in the Royal Edinburgh Asylum, which receives over 700 patients.

During the time I have been here considerable additions have been made to the Asylum, in accordance with plans in which I was the adviser of the Architect, and the furnishing and fitting were done under my direction. The Commissioners in Lunacy reported favourably of those plans and furnishings.

I am 31 years of age, and married, and have enjoyed uninterrupted good health.

I am registered as a Doctor of Medicine of the University of Edinburgh, and as a Licentiate of the College of Surgeons.

I beg leave to refer to the accompanying testimonials—
1st. From the Committee of Visitors of this Asylum, from several of the individual Visiting Magistrates and others, from Medical Superintendents of other Asylums who, having visited Garlands, are able to testify as to the manner in which this Asylum has been superintended by me. 2nd. From a number of the recognised authorities on the subject of Insanity and Asylum management in this country as to the practical value of my published writings on those subjects, some of which have been translated and published

in France and Germany. 3rd. From distinguished members of the Medical Profession, who testify as to the position I took as a student and at graduation, and as to my standing in the profession generally.

My writings have nearly all been on practical subjects directly connected with a study of the insane under my care, their treatment and management.

I have visited most of the best Asylums in this country and several well-known Continental Asylums for the purpose of making myself acquainted with their management.

If appointed to the office I seek, I shall do my duty to my utmost ability for the best interests of the patients and of the Institution, and no effort shall be wanting on my part to secure your confidence.

I have the honour to be,

GENTLEMEN,

Your most obedient Servant,

T. S. CLOUSTON.

GARLANDS, CARLISLE,
2nd January, 1872.

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TESTIMONIALS.

1.

From the Committee of Visitors, individual Visiting Magistrates, Superintendents of Asylums, and others, who can speak from personal observation of the management of Garlands Asylum.

From the COMMITTEE OF VISITORS of the Cumberland and Westmorland Asylum.

THE COMMITTEE of Visitors for the United Counties of Cumberland and Westmorland having been informed by Dr. Clouston that he is desirous of applying for the situation of Medical Superintendent of "The Prestwich Lunatic Asylum," have pleasure in stating that he has filled the situation of Medical Superintendent of the Asylum at Garlands for about nine years in the most satisfactory manner. He has shown the utmost diligence, assiduity, and skill in the general conduct and management of the establishment, combining firmness with patience and kindness in the treatment of the inmates, and performing in every respect most efficiently all the duties of his office. In the event of Dr. Clouston's succeeding in his present application the Committee would extremely regret his removal from the Cumberland and Westmorland Lunatic Asylum, as he has their entire confidence, and their relations with him have always been of the pleasantest and most satisfactory character.

E. W. HASELL,
Chairman.

GARLANDS, 2nd January, 1872.

From WM. CRACKANTHORPE, Esq., Late Visitor of Lunacy Committee
of Cumberland and Westmorland.

NEWBIGGIN HALL, 6th July, 1866.

MY DEAR SIR,—Although I should be most sorry to lose your services as the Superintendent of the Garlands Asylum, I am nevertheless most glad to bear my hearty and sincere testimony to your skill in your professional capacity, as also your admirable management as an administrator in the position you have occupied during the two years you have had the charge of Cumberland and Westmorland County Asylum. I must, indeed, congratulate any county which may be so fortunate as to secure the benefit of your services, for it is impossible for me to express myself too highly in my appreciation of them.

I am, dear Sir,

Your very faithful

WM. CRACKANTHORPE,

*Late Visitor of Lunacy Committee of Cumberland
and Westmorland.*

To T. S. CLOUSTON, M.D.

From THOMAS HORROCKS, Esq., one of the Visiting Justices of the
Garlands Asylum.

BRISCO HILL, January 2, 1872.

MY DEAR SIR,—As one of the Visiting Justices of the Garlands Asylum, I have pleasure in giving, as you request, a Testimonial on your making application for the appointment of Superintendent of the Prestwich Asylum.

During the two or three years I have acted upon this Committee I have had every reason to be quite satisfied with all you have done in the management of the establishment; and should you be successful in obtaining this appointment, our Committee will be very sorry to lose your services.

Believe me,

Very truly yours,

THOS. HORROCKS.

Dr. CLOUSTON.

From DAVID SKAE, M.D., F.R.C.S.E., Physician Superintendent of the Royal Asylum ; late President of the Association of Medical Officers of Asylums of Great Britain ; Lecturer on Insanity to the Edinburgh Medical School ; Author of the Article "*Mental Diseases*," *Encyclopædia Britannica*, etc.

ROYAL EDINBURGH ASYLUM FOR THE INSANE,
9th July, 1866.

It affords me very great pleasure to bear testimony to the high qualifications of Dr. Thos. S. Clouston for the Superintendency of the Lancashire Asylum at Prestwich.

Dr. Clouston was greatly distinguished in the Edinburgh Medical School while prosecuting his studies, and enjoyed very superior advantages in the Royal Infirmary for acquiring a sound and practical knowledge of medical and surgical science. He received, during that period very high honours for his anatomical knowledge, and his contributions to the minute Anatomy and Physiology of the Nervous System.

Dr. Clouston occupied the position of Assistant-Physician in this Asylum for nearly three years, and proved himself fully equal to all the duties and responsibilities devolving upon him. In his position here as Senior Assistant-Physician, he constantly had under his care upwards of 250 patients, either male or female, with their attendants ; and during my temporary absence from the Asylum, the whole responsibilities of my position always devolved upon him, viz., the superintendence of the entire Institution, containing 700 patients of all classes, and about 100 officers, attendants, and servants. These duties he always performed most efficiently and creditably.

I consider Dr. Clouston peculiarly qualified for the special and very difficult duties of an Asylum Superintendent, both from his complete knowledge of practical medicine, combined with very superior intelligence, and also from his possessing in a remarkable degree that rare union of energy and decision of character, with great suavity of manner, and that kindness of heart, which confer so much power in the direction and control of others, and are so essential in the management of the Insane, and the discipline of an Asylum.

During Dr. Clouston's residence here, he carefully visited many of the best Asylums in England, and kept himself thoroughly acquainted with all that has been done, both in Europe and America, in adding to the resources available for the cure of Insanity. He did much in this Institution to contribute to our resources both in the matter of

amusement and recreation, and in the higher departments of intellectual exercise, by means of lectures, essays, and other means for developing the mental energies of the inmates. Dr. Clouston has also evinced his thorough knowledge of Insanity, by the publication of many most valuable practical papers upon Insanity. It is unnecessary for me to do more than simply refer to his valuable contributions to the microscopic Anatomy of the Nervous System, as a guarantee that his scientific attainments are equal to his professional knowledge, and combined, they show that he is one of the most distinguished Asylum Physicians of his time.

Since Dr. Clouston left this Asylum, on being appointed Superintendent of the Carlisle Asylum, he has, I am assured on all hands, given the highest satisfaction to the Visitors of that Asylum, and I have myself seen that he has brought it into a highly efficient state of organization.

I have no hesitation in stating my conviction that the Committee of Visitors of the Prestwich Asylum will have every reason to be satisfied with his services, if they should appoint him to the vacant office in that Institution.

DAVID SKAE,
Physician, R.E.A.

From WM. B. PAGE, Esq., F.R.C.S., Consulting Surgeon to the Cumberland and Westmorland Asylum; Surgeon to the Cumberland Infirmary.

CARLISLE, July 12, 1866.

I have been intimately acquainted with Dr. Clouston for more than eight years, having been associated with him as Consulting Surgeon to the Cumberland and Westmorland Asylum. I have thus had ample opportunity for observing his professional attainments and his private worth, and it gives me great satisfaction to state that I entertain the highest opinion of both, and also to testify that those special qualifications which are essential in the Resident Physician of an Asylum are combined in him in an eminent degree.

I consider Dr. Clouston's management of this Asylum reflects the highest credit upon him; he has, I believe, gained for himself the respect and regard of all his fellow-workers: diligent, painstaking, upright, judicious, and humane himself, he has required from others the faithful discharge of their respective duties, and has thus secured

for the patients committed to his care as happy a home in the Asylum as their individual cases would admit.

Dr. Clouston's general medical qualifications are of a high order, but he has especially devoted himself to the study of mental disease, and with so much success that I am satisfied he cannot fail to attain to a prominent place among that distinguished body of men who in the present age have done so much to advance the scientific knowledge of psychological medicine and to render the treatment of Insanity more humane and more successful.

WM. B. PAGE, F.R.C.S.,

*Surgeon to the Cumberland Infirmary; Consulting
Surgeon to the Cumberland and Westmorland
Lunatic Asylum.*

From the Very REVEREND THE DEAN of Carlisle.

December 30, 1871.

MY DEAR SIR,—Most reluctantly do I send you this letter, you will be an irreparable loss to our Asylum, and an invaluable gain to any like institution whither you may go. Well do I remember the incidents of your wise and kind management of your insane patients, which your late esteemed Chaplain now in heaven, Mr. Simpson, was wont to tell me. How well he co-operated with you, you are at all times ready to attest.

To your professional powers I will not venture to refer, being a most incompetent judge of them, but as a whole I feel assured that medically, morally, or religiously, you will never disappoint those who may be so fortunate as to engage your services.

Believe me to remain very truly yours,

FRANCIS CLOSE.

DR. CLOUSTON.

From C. A. LOCKHART ROBERTSON, M.D., Cantab., F.R.C.P., Medical Visitor to the Lord Chancellor; formerly Medical Superintendent of the Sussex County Asylum; Editor of the *Journal of Mental Science*, etc., etc.

9 HANOVER SQUARE, W., December 30, 1871.

MY DEAR DR. CLOUSTON,—In reply to your letter of the 29th, I can with great confidence recommend your claims to the notice of

the Visitors of the Prestwich Asylum, alike on the practical grounds of your very efficient superintendence of the Cumberland Asylum, and secondly, of your many and valuable contributions to the scientific study of mental diseases.

I doubt much if the Visitors will find another candidate so strong alike in practical and scientific qualifications.

I say this with a certain authority, after several years personal acquaintance and a careful study of your published writings, many of which appeared in the *Journal of Mental Science*, under my editorship, I also tested your practical work at my visit last spring to the Garlands Asylum.

With best wishes for your success,

Believe me, very sincerely yours,

C. LOCKHART ROBERTSON.

From JOHN A. CORY, Esq., Architect and County Surveyor
for Cumberland.

1 Jan., 1872,
COURTS, CARLISLE.

DEAR SIR,—In designing the large addition to the Cumberland Asylum, and also in its decoration, I received very great assistance from your knowledge and taste. So greatly also have you assisted me in looking after the various repairs which unavoidably arise as to render my services, as County Architect, almost unnecessary.

I remain, dear Sir, yours truly,

JOHN A. CORY.

County Surveyor.

DR. CLOUSTON.

From JOHN BROADHURST, Esq., F.R.C.S., Medical Superintendent
of the Lancashire Asylum, Lancaster.

COUNTY ASYLUM, LANCASTER
December 30, 1871.

I have known Dr. Clouston several years, and entertain a high opinion of his professional knowledge, and of his ability to conduct with success an Asylum for the Insane. He had many difficulties to

contend with when he entered on the management of the Carlisle Asylum, and on my stay there three years ago I had abundant evidence that he had brought the Institution to a high point of efficiency.

JOHN BROADHURST,
Superintendent.

From DAVID YELLOWLEES, M.D., Medical Superintendent Glamorgan County Asylum.

GLAMORGAN COUNTY ASYLUM, BRIDGEND,
December 30, 1871.

Dr. T. S. Clouston ranks, in my opinion, among the ablest asylum physicians and best asylum superintendents in this country.

His very able and practical writings on insanity attest his high standing as a physician, while the Garlands Asylum attests equally his great administrative ability.

A long and intimate friendship with Dr. Clouston, especially when we were assistants together at the Morningside Asylum ten years ago, enables me to testify in the strongest terms to his great natural talent, clear practical sense, and earnest devotion to duty, to the unfailing energy and industry with which these powers have been used, and to the high christian principle by which they are directed and sustained.

Any county may be glad to obtain such an officer as Dr. Clouston, and I consider him peculiarly qualified to be the head of the Prestwich Asylum.

D. YELLOWLEES, M.D.

Extracts from the Reports of the Commissioners in Lunacy on the state of the Garlands Asylum for the last two years :—

Dr. Clouston continues to devote much attention to the medical treatment of the patients for the cure of their mental disorders ; and he has made arrangements whereby all newly admitted cases are brought under special observation.

We have again the satisfaction of reporting very favourably as to the state of this Asylum and its inmates. The whole is most creditable to the Superintendent.—*Report for 1870.*

Much credit is due to Dr. Clouston for his management of the Asylum and the careful manner in which he keeps the medical records, and we are glad to learn that the Visitors have lately recognised his services by an increase of his salary.—*Report for 1871.*

From the VISITING COMMITTEE of Managers of the Royal Edinburgh
Asylum.

ROYAL EDINBURGH ASYLUM FOR THE INSANE,
24th March, 1863.

We, the undersigned, at present constituting the Visiting Committee of the Royal Edinburgh Asylum, have much pleasure in stating that Dr. Clouston, as Senior Assistant-Physician, enjoys the entire confidence of the Managers of this Institution. In the course of our weekly visits to the Asylum we have uniformly found his duties punctually and efficiently performed; and we believe he possesses the regard and confidence of all the officials of the establishment, and the esteem and affection of the patients under his care. From what we know of the manner in which he has discharged his very onerous duties here, and of the high estimate formed of his abilities as an earnest student in this department of medical science by those best qualified to judge, we have no doubt he is fully qualified for the office of Medical Superintendent of any public Asylum.

GEORGE SMITH, D.D.,
Convener of Visiting Committee.

GEO. CAIRNS, S.L.
DAVID DICKSON.

2.

*From recognised Authorities on Insanity and Asylum
Management.*

From HENRY MAUDESLEY, M.D., F.R.C.P., Professor of Medical Jurisprudence in University College, London; Author of "*Physiology and Pathology of the Mind*," the "*Gulstonian Lectures on Insanity*," and Editor of *Journal of Mental Science*, etc., etc.

9 HANOVER SQUARE, W., December 29, 1871.

It is with great pleasure that I bear my hearty testimony to the high professional and general qualifications of Dr. Clouston,

I have known Dr. Clouston for many years, and am familiar with his scientific writings and with the excellent practical work which he has done as a Medical Superintendent, and I can truly say that I know no one among the Medical Superintendents of Asylums in this country who has a higher scientific standing, or has been more successful in the organization of an Asylum and in the medical treatment of the patients.

Dr. Clouston's zeal and energy in his work are most marked, and I feel confident that if the Committee of Visitors appoint him to the office for which he is now a candidate they will have the best reasons to be satisfied with the result of their election.

HENRY MAUDESLEY, M.D., F.R.C.P., etc.

From DANIEL HACK TUKE, M.D., formerly Visiting Officer to the York Retreat, and Lecturer on Insanity in the York School of Medicine; Joint Author of "*Tuke and Bucknill's Manual of Psychological Medicine*," etc.

FALMOUTH, Jan. 1, 1872.

I have sincere pleasure in expressing the very high opinion I entertain of Dr. Clouston's ability as a Physician who has devoted himself with eminent success to the Psychological department of Medical Science. Others will testify to his practical qualifications for performing the duties which devolve upon the Medical Superintendent of an Asylum for the Insane. I can more especially bear my testimony to the extensive and profound acquaintance with the symptoms and treatment of the various forms of mental disorder which his contributions to the *Journal of Mental Science* evince; and not only so, but the real additions which he has made to our knowledge. His attainments are such that I should consider any Asylum which should secure his services as most fortunate, and I certainly think that the Board of the Prestwich Asylum is to be congratulated on having the opportunity of appointing so accomplished a Physician as Dr. Clouston their medical officer in chief. In this position I feel confident that he will continue to devote his talents and energies to the speciality in which he has distinguished himself, greatly to the

advantage of those placed under his charge, to the satisfaction of the Directors, and to the renown of the Institution.

DANIEL H. TUKE, M.D.,

*Formerly Visiting Medical Officer to the York Retreat, and
Lecturer on Insanity in the York School of Medicine ;
Joint Author with Dr. Bucknill of a Manual of
Psychological Medicine.*

From THOMAS LAYCOCK, M.D., F.R.C.P., Professor of Practice of Medicine
in the University of Edinburgh; Physician to the Queen for Scotland;
Author of "*Mind and Brain*," etc., etc.

UNIVERSITY OF EDINBURGH,
30th December, 1871.

Dr. Clouston was formerly a student of high promise in the Medical Faculty of this University, and most favourably known to me as a member of my class. Since his graduation Dr. Clouston has more especially devoted himself to study and treatment of Mental Diseases, and with such success that I consider him to occupy a first position amongst the Medical Superintendents of Asylums. To high scientific attainments Dr. Clouston has added a thorough practical knowledge of details, so that I can confidently say the Directors of any Asylum will find in him a most efficient, trustworthy and creditable officer.

T. LAYCOCK.

From J. T. ARLIDGE, A.B. and M.D. (Lond.), F.R.C.P.; Physician to the North Staffordshire Infirmary; Editor of the *British and Foreign Medico-Chirurgical Review*; formerly Medical Superintendent of St. Luke's Hospital, London; Author of "*On the State of Lunacy*," etc.

BLURTON HOUSE, STOKE-UPON-TRENT, Jan. 1, 1872.

DEAR DR. CLOUSTON,—Your character and qualifications as the Medical Superintendent of an Asylum for the Insane, and your talents and earnestness in the study of psychological medicine are so well known, that it is a work of supererogation for me to testify to the qualifications you possess for the appointment at the Prestwich Asylum which you are now seeking.

However, if a statement of my opinion of your eligibility for the post can in any way be of service to you, it affords me great pleasure to express it, as I feel confident that the supervision of the Asylum

and the treatment of its inmates will be honestly and efficiently carried out.

Believe me to be, yours faithfully,

J. T. ARLIDGE,

A.B. and M.D. (Lond.); Fellow of the Royal Coll. of Physicians, London; Physician to the North Staffordshire Infirmary; Editor of the British and Foreign Medico-Chirurgical Review; formerly Medical Superintendent of St. Luke's Hospital, London, etc.

From W. H. O. SANKEY, M.D., F.R.C.P., Lecturer on Mental Diseases, University College, London; late President of the Medico-Psychological Association; formerly Medical Superintendent, Hanwell Asylum; Author of "*Lectures on Mental Diseases*," "*On the Pathology of General Paralysis*," etc., etc.

SANDYWELL PARK, NEAR CHELTENHAM,
Dec., 1871.

I am very happy to add my testimony to the very widely acknowledged reputation of Dr. Clouston. At the same time I cannot resist an expression of regret that circumstances should make him think of leaving his present appointment for another at a different institution; that, in other words, that he should relinquish the immense work already begun, to commence *de novo* the investigation of an entirely fresh number of cases of disease. The loss to medicine thus caused is incalculable, but the loss to the patients themselves and the county must be great, and both irreparable. Yet if one Asylum does not appreciate such work as Dr. Clouston has given to medical science it is time another should, and I should deem it a fortunate circumstance were I connected with an Asylum in any capacity to secure so energetic, conscientious, and talented an officer as Dr. Clouston.

W. H. O. SANKEY, M.D., LOND., F.R.C.P.,

Late President of Medico-Psychological Association; Lecturer on Mental Diseases, University College, London; formerly Medical Superintendent at Hanwell Asylum.

From G. FIELDING BLANDFORD, M.D., Oxon, F.R.C.P.; Physician to St. George's Hospital; Author of "*Insanity and its Treatment*," etc.

Dr. Clouston's writings and labours for the advancement of the treatment of insanity and cure of the insane are of the very highest

merit and importance, and are known and greatly appreciated by the whole medical profession. His reputation as an asylum superintendent may justly be said to be second to none, and it is superfluous for me to say more than that in my opinion any asylum at the head of which he may be placed will be singularly fortunate in its superintendent.

G. FIELDING BLANDFORD.

Jan. 1, 1872.

From HENRY MONRO, M.D., F.R.C.P., Physician to St. Luke's Hospital, etc.

13 CAVENDISH PLACE, W., Jan. 2, 1872.

DEAR DR. CLOUSTON,—You do me great honor by asking me to speak a word in your favour to assist you to obtain the now vacant office of Medical Superintendent to the County Asylum at Manchester. Let me say that, in the cause of the poor patients of that Institution, I most earnestly hope you may obtain this post. I have had the pleasure of but a very slight acquaintance with you, but that acquaintance I hope to increase into a personal friendship. Let me add, as regards the matter you have now in hand, that my slight acquaintance with you has made me feel that the Governors of this County Asylum are not in my opinion likely to obtain any other candidate for the office more eligible than yourself, if, indeed, so eligible. Pray make use of this expression of my personal regard, if it is of any use to you.

I am, yours very truly,

HENRY MONRO, M.D., F.R.C.P.,

Physician to St. Luke's Hospital.

Dr. CLOUSTON.

3.

From eminent Members of the Medical Profession.

From Sir ROBERT CHRISTISON, Bart., M.D., D.C.L., Physician-in-Ordinary to the Queen for Scotland; Professor of Materia Medica in the University of Edinburgh; Author of "*A Dispensatory*," "*A Treatise on Poisons*," etc., etc.

EDINBURGH, 30th December, 1871.

MY DEAR SIR,—Founding on your distinction as a student and candidate for graduation at this University, your practical experience

both in the practice of medicine generally, and especially in the management of the Insane, and your writings on various medical subjects, I have no doubt you are excellently qualified for the office of Medical Superintendent of the Asylum for the Insane at Prestwich, or of any similar establishment.

I am, Yours truly,

R. CHRISTISON.

Dr. CLOUSTON.

From the late Sir J. Y. SIMPSON, Bart., M.D., F.R.C.P., F.R.S.E., Professor of Midwifery in the University of Edinburgh; one of the Medical Board of the Royal Edinburgh Asylum, etc.

52 QUEEN STREET, EDINBURGH,
March 24, 1863.

Dr. Clouston distinguished himself greatly while a student of medicine here, by his abilities and diligence. He obtained one of the gold medals given for the best essays at graduation. During the last three years he has devoted himself to the study of mental diseases in one of the best possible schools, viz., the Morningside Asylum.

If elected to the Cumberland Lunatic Asylum, Dr. Clouston will be found, I believe, to be a most able, efficient, and excellent medical officer.

J. Y. SIMPSON.

From the late JAMES SYME, F.R.S.E., Professor of Clinical Surgery in the University of Edinburgh; Surgeon to the Queen for Scotland; one of the Medical Board of the Royal Edinburgh Asylum, etc. etc.

2 RUTLAND STREET, EDINBURGH,
24th March, 1863.

Being well acquainted with Dr. Clouston, I have much pleasure in expressing the opinion, that he possesses every qualification requisite for efficiently discharging the duties of Resident Medical Officer to an Institution for Treatment of the Insane.

JAMES SYME.

From PROFESSOR ACLAND, Oxford.

OXFORD, July 12, 1866.

Although I have not the pleasure of personal acquaintance with Dr. Clouston I am acquainted with Medical Essays which he has published, and which show unusual power of observation, industry, and medical ability. This may be said of each essay by itself, but when they are considered in combination they show that the writer is possessed of that combination of knowledge without which no one can take the first place as a Physician.

Dr. Clouston has trained himself to both scientific inquiry and practical deductions, and having had great opportunities and the will to use them, even a stranger may express the confidence that he will do so also in a wider sphere.

HENRY W. ACLAND, F.R.S.,

*Regius Professor of Medicine, Oxford; Honorary
Physician to H.R.H. the Prince of Wales.*

From BENJAMIN WARD RICHARDSON, M.A., M.D., F.R.S.; Author of "*Local Anæsthesia by Narcotic Spray,*" etc., etc.

Dr. Clouston is one of the psychological physicians of England most eminently known in the medical world for accuracy and originality of observation. He has added greatly to our knowledge of the physical conditions of the body in the insane, his paper on the "Temperature of the Insane" being a model of sound and useful work. He has added greatly also to our knowledge of the medical treatment of the insane, and for an admirable essay bearing upon this subject he had the distinguished honour of receiving, a few years ago, the Fothergillian Gold Medal of the Medical Society of London.

To these qualifications, so important they need but be named, Dr. Clouston adds, further, a perfect knowledge derived from ripe experience of asylum management; and on these grounds I cannot but feel sincerely that his election to the superintendence of the Prestwich Asylum will be fortunate alike for the patients, the governing body, and the profession of physic.

B. W. RICHARDSON.

LONDON, 12 HINDE STREET,
December 30, 1871.

From WILLIAM T. GAIRDNER, M.D., F.R.C.P., Professor of Practice of Medicine in the University of Glasgow; Medical Officer of Health for the City of Glasgow, Author of "*Clinical Medicine*," etc., etc.

225 ST. VINCENT STREET, GLASGOW.
December 30, 1871.

Dr. Clouston of the Cumberland Asylum has requested me to state my opinion of him as a Candidate for the Prestwich Medical Superintendency.

Dr. Clouston is in my opinion one of the very ablest and best informed of our Physicians specially engaged in this department of practice, and his opportunities hitherto have been used not only to the advantage of the Institutions with which he has been connected, but also in a high degree for the improvement of medical science.

I only regret that my knowledge of details does not entitle me to present more than such a general testimony, founded, however, on a somewhat lengthened acquaintance with Dr. Clouston since he was a student, and a vivid interest in all that he has done since.

W. T. GAIRDNER.

From FRANCIS E. ANSTIE, M.D., F.R.C.P.; Lecturer on Medicine in Westminster Hospital School; Senior Assistant Physician to Westminster Hospital; Physician to the Belgrave Hospital for Children; Editor of "*The Practitioner*"; Author of "*Stimulants and Narcotics*," "*Neuralgia, and the Diseases that resemble it*," etc., etc.

16 WIMPOLE STREET, W., December 30, 1871.

I have been asked to certify to the qualifications of Dr. T. S. Clouston for the appointment of Medical Superintendent of the County Asylum at Manchester, and I do so with more than common pleasure.

Dr. Clouston not merely enjoys an exceedingly high reputation among alienist Physicians, but he has devoted much time and conspicuous ability to the practical investigation of the *action of remedies, especially in mental diseases*. He is the author of an Essay on this subject which gained the Fothergillian Medal of the Medical Society of London: and I happened to be one of the referees to whom the adjudication of the prize was committed. I therefore studied his essay with great care, and was at once struck with the originality of the thoughts and the extent of the practical bedside researches

which it evidenced. I remember speaking very strongly to my co-referees on the subject, before any of us knew who the author of the essay was.

I should say, altogether, that when Dr. Clouston is a candidate for an asylum appointment, there are not likely to be any rivals who can surpass, and there will probably be few who can equal him in merits. If the Committee of the Manchester County Asylum secure his services they will be very fortunate.

FRANCIS E. ANSTIE, M.D., F.R.C.P.,

Lecturer on Medicine in Westminster Hospital School ; Senior Assistant Physician to Westminster Hospital ; Physician to the Belgrave Hospital for Children ; Consulting Physician to the South London Ophthalmic Hospital.

From J. HUGHES BENNETT, M.D., F.R.S.E., Professor of the Institutes of Medicine in the University of Edinburgh ; the Introducer of Cod Liver Oil as a Remedy for Consumption ; author of "*Principles and Practice of Medicine*," etc., etc.

1 GLENFINLAS STREET, EDINBURGH, *December 30, 1871.*

I have much pleasure in stating that I consider Dr. T. S. Clouston to be a physician of the highest attainments in the special department of the profession he has chosen to prosecute. As Superintendent of the Cumberland and Westmorland Asylum, he has directed his attention with great energy and success to the therapeutics of insane and epileptic individuals ; and any change of position that can enlarge or benefit his means of observation, must be regarded as assisting him in arriving at correct principles in the cure of such cases. I cannot too strongly recommend him to the Directors of the Manchester Asylum.

J. HUGHES BENNETT.

From JOHN STRUTHERS, M.D., F.R.C.S., Professor of Anatomy in the University of Aberdeen ; Author of "*Anatomical and Physiological Observations*," etc., etc.

December 30, 1871.

I have much pleasure in expressing the high opinion which I entertain of Dr. Thomas S. Clouston.

Dr. Clouston has been known to me since the commencement of

his medical studies. He distinguished himself in my class, in Edinburgh, by gaining the highest prize, first in the junior and then in the senior department. His attainments as an Anatomist, together with his general character, led me to place him in the position of Demonstrator in the Anatomical Rooms, the duties of which he discharged to my entire satisfaction.

Dr. Clouston possesses high qualifications and claims for the position of physician to a lunatic asylum. Endowed with excellent natural talents, he had received a good general education before beginning the study of medicine; he availed himself assiduously of the best opportunities of obtaining a thorough acquaintance with both the science and practice of medicine and surgery; and he has, since graduating, devoted himself to the special study of mental diseases in the best positions for obtaining experience. Dr. Clouston likewise possesses in a high degree the necessary habits and mental qualities; he is industrious, observing, and cautious; is unpretending, and has a disposition which enables him to work pleasantly with those with whom he is brought in contact. By his publications on the nervous system, and on some of the diseases of the insane, he has also shown that he is both able and willing to discharge the additional duty of contributing to the advancement of knowledge.

In the course of the close connection which formerly subsisted between us, I was led to entertain the highest esteem and respect for Dr. Clouston, in regard both to professional knowledge and general character, and now that he has added years of special study to this department of the profession, first as assistant, and then as principal physician to an asylum, I have no hesitation in recommending him strongly as thoroughly qualified for, and most deserving of the appointment of principal physician to a great asylum. He is just the kind of man who deserves promotion, and who can be entirely trusted in such a position.

JOHN STRUTHERS.

From J. MATTHEWS DUNCAN, M.D., F.R.C.P., Lecturer on Diseases of Women, Medical School, Royal College of Surgeons; Author of "*Fecundity, Fertility and Fecundity, and Allied Topics.*"

30 CHARLOTTE SQUARE, EDINBURGH,
Jany. 2, 1872.

It gives me pleasure to testify in regard to the high qualification of Dr. Clouston for the office of Medical Superintendent of an

Asylum. His claims on the consideration of patrons, on this ground alone, are of the first order.

From the time of his graduation, Dr. Clouston, while distinguishing himself greatly by scientific researches in other departments, has devoted his chief attention to the study of Insanity and to the acquisition of experience in its management.

That he has done all this with success I am sure that his brother alienists will readily admit and testify. My own attention has been specially drawn to his writings on points arising in his practice on Insanity; and I have no hesitation in saying that they show great zeal, judgment, and acute intelligence. I believe, also, that they have increased our therapeutical power on the diseases under consideration.

I cordially wish Dr. Clouston success in his present candidature.

J. MATTHEWS DUNCAN.

7 CROMPTON TERRACE, N., *November 2, 1865.*

I have been requested to furnish Dr. Clouston with a testimonial, and I do so with much satisfaction to myself.

It was only last winter that I had the pleasure and advantage of making Dr. Clouston's acquaintance, on the occasion of a visit to London, which he made at my request, in order to read a Paper upon an important sanitary subject before the Metropolitan Association of Medical Officers of Health. I had been previously struck with some shrewd observations of his in his last Annual Report respecting the Carlisle Asylum. I was much in Dr. Clouston's company during the period of his visit, and in the conversation I had with him, as well as during the reading of his Paper, I was very much impressed with the large extent and accuracy of his information upon Medical subjects, and with the admirable logical training which his mind had undergone.

With the love for his profession that he exhibited, and with his active mind, I cannot doubt for a moment that Dr. Clouston has made the best possible use of the opportunities he has had in Edinburgh and Carlisle of cultivating a scientific acquaintance with that department of medicine to which he has devoted his talents, and of mastering fully those practical details in the management of the insane and of

Asylums for the insane which any one who undertakes the onerous and most responsible duties of a Medical Superintendent must master thoroughly before he safely can be entrusted with so important a charge.

EDWARD BALLARD, M.D., Lond.

Fellow of University College ; One of the Inspectors of the Privy Council ; late Lecturer on Medicine at the Grosvenor Place School of Medicine.

From A. R. SIMPSON, M.D., F.R.C.P., Professor of Midwifery in the University of Edinburgh, etc.

52 QUEEN STREET, EDINBURGH.

1st January, 1872.

Dr. Clouston has amply fulfilled the high expectations entertained by those who knew him during his student days, that he would take a distinguished place in whatever department of medicine he might specially adopt.

He has made the best use of the opportunities for observation and study afforded him in his present sphere of work, and has enriched our professional literature with several valuable papers, which have won for him the esteem of his professional brethren. Amongst others I know that the late Sir James Simpson formed a very high opinion of his medical contributions as well as of his personal character.

Dr. Clouston has shown himself to be possessed of all the qualifications requisite for making him a most efficient superintendent of a lunatic asylum, and if the Directors of the Prestwich Asylum elect him to the office for which he is now a candidate, I am sure they will never have cause to regret their choice.

ALEX. R. SIMPSON.

From J. WARBURTON BEGBIE, M.D., F.R.C.P.E.; late Lecturer on the "Practice of Physic" at Edinburgh, etc., etc.

Dr. Thomas S. Clouston of the Cumberland and Westmorland Asylum is so well known by his admirable management of that Institution, and by his many valuable contributions to Medical Literature, that I feel it to be an altogether unnecessary task for him to furnish

testimonials of fitness for the still more important position which he is now desirous of obtaining.

I can, however, have no hesitation in expressing the opinion, which a lengthened acquaintance with Dr. Clouston has enabled me to form, that it would be impossible to select a candidate more fully qualified or more highly accomplished than he is in every respect.

J. W. BEGBIE.

Edinburgh, *January 1, 1872.*

From WILLIAM TURNER, M.B. (Lond.), F.R.S.E., F.R.C.S.E., Professor
of Anatomy, University of Edinburgh.

March 24, 1863.

Dr. Thos. S. Clouston having applied to me for a testimonial, I have great pleasure in stating that I know him to be a man of much intelligence and ability.

He has worked with zeal and success at the Comparative Anatomy of the Nervous System, and I have perused with pleasure and instruction his memoir published in the *Edinburgh Philosophical Journal*.

He has enjoyed, during his lengthened residence at Morningside, excellent opportunities of making himself well acquainted with the various duties required to be performed by the medical head of an Asylum for the Insane. I believe that the special training he has received, combined with his scientific and general aptitude, render him thoroughly fitted to undertake and perform with success the duties of the office for which he is now a candidate.

WM. TURNER.

APPENDIX.

COUNTY LUNATIC ASYLUM, PRESTWICH.

COMMITTEE OF VISITORS.

EDWARD DAWSON, Esquire, Aldcliffe Hall, Lancaster.

JOHN GREG, Esquire, Caton, Lancaster.

THOMAS BATTY ADDISON, Esquire, Preston.

CHARLES R. JACSON, Esquire, Barton, Preston.

JONATHAN PEEL, Esquire, Knowle Mere, Clitheroe.

JOHN HEELIS, Esquire, Burnley.

EDWARD E. SYLVESTER, Esquire, North Hall, Chorley.

SIR HARDMAN EARLE, Bart., Allerton, Liverpool.

JOHN ABRAHAM TINNE, Esquire, Brierley, Aigburth, Liverpool.

EDMUND ASHWORTH, Esquire, Egerton Hall, Bolton-le-Moors.

JOHN GRUNDY, Esquire, Heaton Villa, Cheetham Hill, Manchester.

JOHN TOMLINSON HIBBERT, Esquire, M.P., Urmston Grange,
Manchester.

REVD. J. SHEPHERD BIRLEY, Moss Lee, Bolton-le-Moors.

ALFRED BARNES, Esquire, Farnworth.

RICHARD BEALEY, Esquire, The Close, Radcliffe, near Manchester.

NATHAN WORTHINGTON, Esquire, Hollinwood, Manchester.

JOHN ROSS COULTHART, Esquire, Croft House, Ashton-under-Lyne.

JAMES BUTTERWORTH, Esquire, Rake Bank, Rochdale.

RICHARD MILNE REDHEAD, Esquire, Springfield, Seedly, Man-
chester.

SIR JOHN ILES MANTELL, Swinton Park, Manchester.

CHARLES HILDITCH RICKARDS, Esquire, Seymour Grove, Old
Trafford, Manchester.

EDWARD DENIS de VITRE, Esquire, M.D., Lancaster.

JAMES CHADWICK, Esquire, High Bank, Prestwich, Manchester.

HENRY TRAVIS MILNE, Esquire, Crompton Hall, Oldham.

LIEUT.-COLONEL HUTCHINSON, Bury, Lancashire.

COMMITTEE OF VISITORS OF THE GARLANDS ASYLUM,
CARLISLE.

CHAIRMAN—E. W. HASELL, Esquire, Dalemain, Penrith.

W. BANKS, Esquire (*High Sheriff of Cumberland*), Highmoor House,
Wigton.

W. H. WAKEFIELD, Esquire (*High Sheriff of Westmorland*), Sedge-
wick House, Kendal.

W. N. HODGSON, Esquire, M.P., Newby Grange, Carlisle.

T. H. GRAHAM, Esquire, Edmond Castle, Carlisle.

W. E. JAMES, Esquire, Barrock Park, Carlisle.

T. H. PARKER, Esquire, Warwick Hall, Carlisle.

G. H. JOHNSON, Esquire, Walton House, Carlisle.

T. HORROCKS, Esquire, Brisco Hill, Carlisle.

JOHN WALKER, Esquire, Houghton Hall, Carlisle.

RICHARD BURN, Esquire, Orton Hall, Penrith.

F. A. ARGLES, Esquire, Eversley, Milnthorpe.

W. M. HOPES, Esquire, Brampton Crofts, Appleby.

JAMES ATKINSON, Esquire, Winderwath, Templesowerby, Penrith.

Rev. MALISE REGINALD GRAHAM, Arthuret Rectory, Longtown,
Carlisle.

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IN SENATE

January 15, 1907

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OF THE

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FOR THE YEAR 1906

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