Boudoir calendar and language of flowers 1886.

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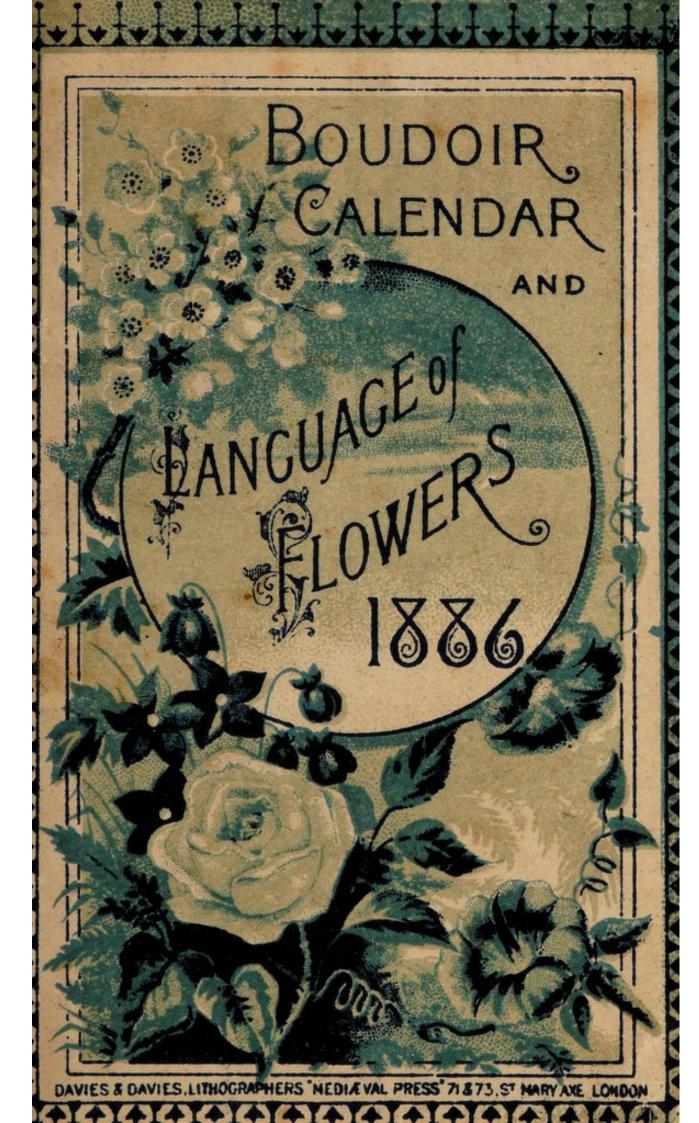
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Canguage of Flowers.

GOD'S BLESSING IN THE FLOWERS,

Relics ye are in Eden's bowers,
As pure, as fragrant, and as fair,
As when ye crown'd the sunshine hours,
Of happy wanderers there;
Ye dwell beside our paths and homes,
Our paths of sin, and homes of sorrow,
And guilty man where'er he roams,
Your innocent mirth may borrow.

KEBLE,

FLOWERS.

SENTIMENTS

| Acacia | .Concealed love. |
|---------------------|-----------------------------|
| Acacia, Rose | |
| Adonis Vernalia | .Sorrowiul remembrances. |
| Angus-Castus | .Coldness; to live without. |
| Agrimony | . Thankfulness. |
| Almond | . Hope. |
| Aloe | Religious superstition. |
| Althæa | Consumed by love. |
| Alyssum, Sweet | Worth beyond beauty |
| Amaranth | Immortality. |
| Amaryllis | Splendid beauty. |
| Ambrosia | Love returned |
| Anemone | |
| Anemone, Garden | |
| Angelica | |
| | |
| Apocynum (Dog Bane) | |
| Apple | |
| Apple-Blossom | Treference. |
| Arbor-Vitæ | . Unchanging friendship. |
| | |

ARBOR-VITA, Unchanging frienaship

We still have learn'd, play'd, eat together And wheresoe'er we went, like Juno's Swans Still we went couples and inseparable

As you like it .- SHAKESPEARE.

| Arbutus, Trailing | .Welcome. |
|-------------------|------------------------------|
| Arum | Ardour. |
| Ash | Grandeur |
| Ash, Mountain | |
| Aspen Tree | Lamentation. [grave |
| Asphodel | My regrets tollow you to the |
| Auricula | Avarice. |
| Azalea | Romance |

PAM

SENTIMENTS.

Bachelor's Button Hope in love.

BACHBLOR'S BUTTON. Hope in love.

Its hope is treacherous only whose love dies
With beauty, which is varying every hour;
But, in chaste hearts influenced by the power,
Of outward change, there blooms a deathless flower,
That breathes on Earth the air of Paradise.

MICHAEL ANGELO.

| Balma | Sympathy, |
|-----------------------------|--------------------|
| Balm of Gilead | |
| Balsam | Impatience, |
| Barberry | Sharpness, satire. |
| Baeii | |
| Bey-Leaf | |
| Beech | |
| Bee Ophrys | |
| Bee Orchis | |
| Bell Flower | |
| Belvedere, Wild (Licorice). | |
| Bilberry | |
| Birch Tree | |
| Bladder-Nut Tree | |
| Blue-Bottle Centarury | |
| Borage | |
| Box | |
| Bramble | |
| | |

BRAMBLE. Envy.

And next to him malicious Envy rode
Upon a ravenous wolf, and still did chaw
Between his canker'd teeth a venomous toad,
That all the poison ran about his jaw;
But inwardly he chawed his own maw
At neighbor's wealth, that made him ever sad
For death it was, when any good he saw.

SPENSER.

| Broken Straw | Dissension; rupture. |
|-----------------------|----------------------|
| Broom | |
| Buckbean | Calm repose. |
| Bugloss | |
| Burdock | |
| Buttercup | |
| Cactus | Thou leavest not. |
| Calla Lily | |
| Calycanthus | Benevolence. |
| Camellia | |
| Candytuft | |
| Canterbury Ball | Gratitude. |
| Cape Jasmine Gardenia | |

SENTIMENTS

| Cardinal Flower | Distinction. |
|------------------------|------------------|
| Carnation, Yellow | Disdain. |
| Catchfly (Silene), Red | Youthful love. |
| Catchfly, White | I fall a victim. |
| Cedar | I live for thee. |
| Cedar of Lebanon | Incorruptible. |
| Celandine | Future joy. |

CELANDINE. Future joy.

Long as there's a sun that sets,
Primroses will have their glory;
Long as there are violets,
They will have a place in story;
There's a flower that shall be mine,
'Tis the little Celandine. WORDSWORTH.

Cherry-tree Good education. Chicory.....Frugality. China Aster I will think of it. China Pink......Aversion. (Arvsanthemum, Rose I love. Chrysanthemum, White ... Truth. Chrysanthemum, Yellow... Blighted love. Cinquefoil Beloved child. Clematis.....Artifice. Clover, Red Industry. Cobæa...........Gossip.
Cockscomb.......Foppery; Affectation. Colchicum..... My best days are fled.
Coltsfoot Justice shall be done you Columbine Folly.
Columbine, Purple......Resolved to win. Columbine, Red Anxious. Convolvulus, Major Dead hope. Convolvulus, Minor Uncertainty; Night, Corchorus Impatience of absence Coreopsis Love at first sight. CornRiches. Cornelian Cherry-Tree . . Durability. Coronilla Success to your wishes. Cowslip......Sensitiveness. Cowslip, American You are my divinity. Crocus Cheerfulness. Currants......You please me. Cypress.......Mourning. Cypress and Marigold Despair. Dahlla.....For ever thine,

FLOWERS. SENTIMENTS. Dalsy, Garden I partake your sentiments. Daisy, MichaelmasFarewell. Daisy, Red Beauty unconscious of itself DAISY, RED. Beauty unconscious of itself. Fresh-smitten by the morning ray, When thou art up, alert and gay, Then, cheerful Flower, my spirits play With kindred gladness; And when, at dusk, by dews opprest Thou sink'st, the image of thy rest Hath often eased my pensive breast Of careful sadness. WORDSWORTH Dandelion......Coquetry, Daphne Mezereon...... I desire to please. wise Daphne, Odora I would not have you other-Dead LeavesSadness. Diosma Uselessness. DockPatience. Dodder Meanness, Dogwood, Flowering (Cornus) Am I indifferent to you. Eglantine I wound to heal, EGLANTINE. I wound to heal. Though of both leaf and flower bereft, Some ornaments to me are left,— Rich store of scarlet tips is mine, With which I, in my humble way, Would deck you many a winter day, A happy Eglantine. WORDSWORTH. Elder Compassion, Elm, American Patriotism. Endive Frugality. Epigæa Repens (May flower) Budding Beauty. EupatoriumDelay, Evening Primrose......Inconstancy. EvergreenPoverty. Everlasting (Graphalium) .. Never-ceasing remembrance. FilbertReconciliation. Fir-Tree Elevation. Flax..... I feel your kindness. Floras DellYou are without pretension. Flowering Reed......Confidence in Heaven Forget-me-not......True love.

ForgloveInsincerity.

FranixellaFire

SENTIMF NTS.

| Fritillaria (Guinea-hen Flowe | ers) Persecution, |
|-------------------------------|-----------------------------|
| Fuschia | he ambition of my love thus |
| Fuschia, Scarlet | aste. [plagues itself. |
| Gardenia | ransport; Ecstacy. |
| Gentian, Fringed I | |
| Geranium, AppleP | resent preference. |
| Geranium, IvyY | |
| Geranium, NutmegI | |
| Geranium, OakI | |
| Geranium, RoseP | |
| Geranium, Silver Leaf F | |
| GillyflowerI | asting beauty. |

GILLYFLOWER. Lasting Beauty

Enough of rose-bud lips, and eyes Like harebells bathed in dew; Of cheek that with carnation vies, And veins of violet hue; Earth wants not beauty that may scorn A likening to frail flowers; Yea, to the stars, if they were born For seasons and for hours.

WORDSWORTH

| Gladiolus | .Ready armed. |
|--------------------------|------------------------|
| Golden Rod | |
| Gooseberry | |
| Goosefoot | |
| Gorse | . Endearing affection. |
| Grape | |
| Grass | |
| Guelder Rose (Snowball). | .Winter. |
| Harebell | |
| Hawthorn | .Hope. |
| | |

HAWTHORN. Hope.

Hope rules a land for ever green; All powers that serve the bright-eyed queen Are confident and gay: Clouds at her bidding disappear: Points she to aught?—the bliss draws near, And Fancy smooths the way.

WORDSWORTH.

| Hazel | .Reconciliation. |
|----------------------|--------------------------|
| Heart's Ease | |
| Heart's Ease, Purple | . You occupy my thoughts |
| Heath | .Solitude. |
| Heienium | |
| Heliotrope, Peruvian | |
| Hellebore | |
| Hepatica | .Confidence. |

SENTIMENTS.

| Hibiscus | Delicate Bea |
|-----------------------|---------------------------|
| Holly | |
| Hollyhock | Fruitiumess. |
| Hollyhock, White | |
| Honesty (Eunarium) | Sincerity |
| Honeysuckie | Bond of love. |
| Honeysuckle, Coral | |
| Honeysuckle, Monthly! | I will not answer hastily |
| Hop | |
| Hornbeam | |
| Horse-Chestnut | |

HORSE-CHESTNUT. Luxury.

We must run glittering like a brook
In th' open sunshine, or we are unblest:
The wealthiest man among us is the best:
No grandeur now in Nature or in book
Delights us. Rapine, avarice, expense,
This is idolatry, and these we adore:
Plain living and high thinking are no more.

WORDSWORTH

| House-Leek | Domestic economy, |
|--------------------------|--------------------------------|
| Houstonia | |
| Hoya (Wax Plant) | .Sculpture. |
| Hyacinth | Jealousy. |
| Hyacinth, Blue | .Constancy. |
| Hyacinth, Purple | .Sorrow. |
| Hydrangea | |
| Ice-Plant | Your looks freeze me. |
| Indian Cress | |
| Ipomœa | .I attach myself to you. |
| Iris | . Message. |
| Iris, German | Flame. |
| Ivy | Friendship; Matrimony |
| Jasmine, Cape | Transient joy, |
| Jasmine, White | |
| Jasmine, Yellow | Grace; Elegance. |
| Jonquil | I desire a return of affection |
| Judas-Tree | Betrayed. |
| Juniper | Asylum; Protection. |
| Justicia | |
| Kalmia (Mountain Laurel) | Treachery. |
| Kennedia | Mental beauty. |
| Laburnum | Sensitive beauty. |
| Lady's Slipper | Capricious beauty |
| Lacerstæmea (Cape Myrtle | |
| Lantana | Rigor. |
| Larch | Boldness. |
| Larkspur | |
| Laurel | Glory. |
| Laurestinus | I die if neglected. |

SHATIMENT.

| Lavender | . Distrust. |
|--------------------|------------------------|
| Lemon Blossom | .Discretton. |
| Littuce | |
| Lilac | .First emotion of love |
| Lilac, White | .Youth. |
| L ly | .Purity; Modesty. |
| Lily of the Valley | .Return of happiness |
| Lily, Day | |
| Lily, Water | |
| Lily, Yellow | .Falsehood. |
| Linden Tree | Conjugal love. |
| Live Oak | Liberty. |

LIVE OAK. Liberty.

Thou rising Sun, thou blue rejoicing sky,
Yea, everything that is and will be free,
Bear witness for me, wheresoe'er ye be,
With what deep worship I have still adored
The spirit of divinest Liberty. COLERIDGF.

| Locust | Affection beyond the grave. |
|-----------------------|-----------------------------|
| London Pride | Frivolity. |
| Love in a Mist | |
| Love lies Bleeding | Hopeless, not heartless. |
| Lucerne | |
| Lungwort (Pulmonaria) | Thou art my life. |
| Lupine | Imagination. |
| Lychnis, Scarlet | Religious enthusiasm. |
| Lythrum | Pretension. |
| Madder | |
| Magnolia, Chinese | Love of nature. |

MAGNOLIA, CHINESE Love of nature.

The heart that loved her; 'tis her privilege,
Through all the years of this our life, to lead
From joy to joy.

WORDSWORTH

| Magnolia, Grandiflora | Peerless and proud. |
|------------------------|-----------------------------|
| Magnolia, Swamp | Perseverance. |
| Mallow | Sweetness: Mildness. |
| Mandrake | |
| Maple | |
| Marigold | |
| Marigold, African | Vulgar-minded. |
| Marigold, French | |
| Marjoram | |
| Marvel of Peru (Fouro' | clocks)Timidity |
| Meadow-Saffron | My best days are gone. |
| Meadow-Sweet | Uselessness [chaims |
| Mignonette | Your qualities surpass your |
| Mimosa | Sensitiveness. |

SENTIMENTS.

MintVirtue.

MINT. Virtue.

Only a sweet and virtuous soul,

Like season'd timber, never gives:
But, though the whole world turn to coal,

Then chiefly lives. GEORGE HERBER

Mistletoe I surmount all difficulties. Mock Orange (Syringa) Counterfeit. Monkshood A deadly foe is near. Moonwort......Forgetfulness. Morning GloryCoquetry. Motherwort Secret love. Mourning Bride (Scabious) Unfortunate attachment. Mouse-ear Chickweed Simplicity. Mulberry, Black will not survive you Mulberry, WhiteWisdom. MulleinGood-nature. MushroomSuspicion. Mustard-SeedIndifference. MyosotisForget me not MyrtleLove. Narcissus Egotism. NasturtiumPatriotism.

NASTURTIUM. Patriotism.

Even then a wish,—I mind its power,—
A wish that to my latest hour
Shall strongly heave my breast,
That I, for puir auld Scotland's sake,
Some usefu' plan or beak could make,
Or sing a sang at least.

BURNS

| Nettle | ruelty; Slander. |
|-----------------------|--|
| Night-blooming Cereus | |
| Nightshade | |
| Oak | |
| Oats | |
| Oleander | |
| Olive Branch | |
| Orange | |
| Orange Flower | |
| Orchis | Beauty. |
| Osier | |
| Osmunda | The state of the s |
| Pansy | |
| | Entertainment; Feasting. |
| | You are without pretension. |
| | Religious fervor; Susceptibility |
| | |

| FLOWERS. | SENTIMENTS. |
|-------------------|---|
| | Appointed meeting. |
| Pea. Everlasting | Wilt thou go with me |
| Pea, Sweet | Departure, |
| Peach Blossom | This heart is thine. |
| Pear-Tree | Affection. |
| Peony | Anger. |
| Pennyroyal | Flee away. |
| Periwinkle | Sweet remembrances. |
| Petunia | Bury me amid nature's beauties |
| Phaseant's Time | Less proud than they deem theeSorrowful remembrances. |
| Phlox | Our souls are united. |
| Pimpernel | |
| Pine | |
| Pine-Apple | |
| Pine, Spruce | |
| Pink | |
| PINE | Pure affection. |
| | now thou rosy lips |
| | iss'd so fondly! |
| | or aye the sparkling glance |
| | on me sae kindly |
| | ring now in silent dust, |
| | that lo'ed me dearly; |
| | in my bosom's core |
| Shall live n | ny Highland Mary, BURNS |
| Pink, Clove | Dignity. |
| Pink, Double-Red | Pure, ardent love. |
| Pink, Indian | |
| Pink, Mountain | You are aspiring |
| Pink, Variegated | Refusal. |
| Pink, White | You are fair |
| Pink, Yellow | |
| Plane-Tree | as)Cure for heartache. |
| | Keep your promises. |
| Plum-Tree, Wild | Independence |
| Polyanthus | Confidence. |
| Poplar, Black | Courage. |
| Poplar, White | Time. |
| Рорру | Consolation of sleep. |
| POPPY. | Consolation of sleep. |
| | O Sleep! O gentle Sleep! |
| Nature's soft mus | se, how have I frighted thee, |
| | re wilt weigh my eyelids down, |
| | nses in forgetfulness? |
| | SHAKESPEARE. |

Poppy, WhiteSleep of the heart. PomegranateFoolishness.

SENTIMENTS.

| Pomegranate Flower | . Elegance. |
|--|-------------------------------|
| Potato | .Beneficen e. |
| Pride of China (Melia) | . Dissension. |
| Primrose | |
| Primrose, Evening | |
| Privet | |
| Quince | |
| Ragged Robin (Lychnis) . | |
| Ranunculus | . You are radiant with charms |
| Reeds | |
| Rose | |
| Rose, Austrian | |
| Rose, Bridal | |
| Market Control of the | |

ROSE, BRIDAL. Happy love.
The house she dwelt in was a sainted shrine;
Her chamber window did surpass in glory
The portals of the dawn; all paradise
Could, by the simple opening of a door,
Let itself in upon him; pathways, walks,
Swarm'd with enchantment, till his spirit sank,
Surcharged, within him, overblest to move
Beneath a sun that wakes a weary world
To its dull round of ordinary cares;
A man too happy for mortality. WORDSWORTH

Yes, this is Love, the steadfast and the true,
Th' immortal glory which hath never set;
The best, the brightest boon the heart e'er knew
Of all life's sweets the very sweetest yet!

O, who can but recall the eve they met

To breathe, in some green walk, their first young vow,
While Summer flowers with moonlight dews were wet,
And winds sigh'd soft around the mountain's brow,
And all was rapture then which is but memory now.

CHARLES SWAIN.

| Rose, | Burgundy | . Unconscious beauty. | |
|-------|----------------|-------------------------|-----------|
| | | . Ambassador of love. | |
| | | .Only deserve my love | |
| | Carolina | | |
| | China | | |
| | | .That smile I would as | pire te |
| | Damask | | • |
| | Dog | | |
| Rose, | Hundred-leaved | . Pride. | |
| Rose, | Inermis | .Ingratitude. [fir | id me out |
| | | . If you do love me you | |
| Rose, | Moss | .Superior merit. | |
| | Moss-Rosebud | | |
| Rose, | Multiflora | .Grace. | |
| | Musk-Cluster | | |

SENTIMENTS.

| Rose, Sweetbriar | .Sympathy. |
|---------------------------|------------------|
| Rose, Tea | . Always lovely. |
| kose, Unique | |
| Rose, White | |
| Rose, White, Withered | |
| Rose, Wild | |
| Rose, Yellow | |
| Rose, York and Lancaster. | |
| Roses, Garland of | |
| Rosebud | |
| | 9 9 |

ROSEBUD. Young girl.

So thou, sweet rosebud, young and gay,
Shalt beauteous blaze upon the day,
And bless thy parent's evening ray
That watch'd thy early morning.

BURNS.

| Rosebud, White | The heart that knows not love. |
|-------------------------|--------------------------------|
| Rosemary | Your presence revives me. |
| Rue | Disdain. |
| Rush | |
| Saffron | |
| Sage | Esteem. |
| Satm Flower (Lunaria) | Sincerity. |
| Scabeus, Mourning Bride | .Widowhood. |
| Sensitive Plant | |
| Service-Tree | |
| Snapdragon | |
| Snowball | |
| Snowdrop | |
| Sorrel | |
| | |

SORREL. Wit ill-timed.

A jest's prosperity lies in the ear Of him that hears it, never in the tongue, Of him that makes it: them, if sickly years, Will hear your idle scorns, continue them, And I will have you, and the fault withal.

SHAKESPEARE.

| SouthernwoodJesting. | |
|--|---------|
| Spearmint | |
| Speedwell, Nerevica Female fidelity. my | y heart |
| Spindle-TreeYour image is engraven | |
| Star of BethlehemReconciliation. | |
| Starwort, American Welcome to a stranger. | |
| St. John's Wort (Hypericum) Superstition. | |
| Stock, Ten-week Promptitude. | |
| Stramonium, Common Disguise. | |
| Strawberry Perfect excellence. | |
| Strawberry-Tree(Arbutus). Esteem and love. | |
| SumacSplendour | |

SENTIMENTS

| Sunflower, Dwarf | .Your devout admirer. |
|------------------|-----------------------|
| Sunflower, Tall | |
| Sweet Sultan | |
| Sweet William | Finesse. |
| Sycamore | |
| Syringa | Memory. |

SYRINGA. Memory.

Hail, Memory, hail! in thy exhaustless mine,
From age to age unnumber'd treasures shine!
Thought and her shadowy brood thy call obey,
And place and time are subject to thy sway!
Thy pleasures most we feel when most alone,
The only pleasure we can call our own. ROGERS

| Tansy I declare against you, |
|--|
| TeaselMisanthrophy. |
| ThistleAusterity. |
| Thorn, Apple Deceitful charm |
| Thorn, Black Difficulty. |
| Thorns Severity. |
| ThriftSympathy. |
| Throatwood (Pulmonaria) Neglected beauty |
| ThymeActivity. |
| T |

THYME. Activity.

Take the instant way;
For honor travels in a straight so narrow,
Where one but goes abreast; keep then the path
For emulation hath a thousand sons,
That one by one pursue; if you give way,
Or edge aside from the direct forth right,
Like an enter'd tide they all rush by,
And leave you hindmost.

SHAKESPEARE.

| Tiger Flower | For once may pride befriend |
|------------------------|-----------------------------|
| Touch-me-not, (Balsam) | |
| Truffle | |
| Trumpet Flower | |
| Tuberose | Dangerous pleasures. |
| Tulip | |
| Tulip-Tree | |
| Tulip, Variegated | Beautiful eyes. |
| | |

TULIP, VARIEGATED. Beautiful eyes.
Downcast, or shooting glances far,
How beautiful his eyes,
That blend the nature of the star
With that of summer skies!

WORDSWORTH

| Tultp, Yellow | Hopeless love. |
|-----------------|-----------------------------|
| Turnip | Charity. |
| Venus's Flytrap | Plave I caught you at last? |

SENTIMENTS.

| Venus's Looking-glass | Flattery. |
|----------------------------------|--------------|
| Venus's Looking-glass Verbena | Sensibility. |
| Vine | Intoxication |
| Violet, Blue | Love. |

VIOLET, BLUE. Love.

Let me not to the marriage of true minds
Admit impediments: love is not love,
Which alters when it alteration finds,
Or bends with the remover to remove:

O, no! it is an ever fixed mark,

That looks on tempests, and is never shaken

It is the star to every wandering bark,

Whose worth's unknown, although his height be token

Love's not Time's fool, though rosy lips and cheeks

Within his bending sickle's compass come:

Love alters not with his brief hours and weeks,
But bears it out even to the edge of doom.

SHAKESPEARE

WILD PLUM TREE. Independence.

Shall I, wasting in despair,
Die because a woman's fair?
Or my cheeks make pale with care,
'Cause another's rosy are?
Be she fairer than the day
Or the flowery meads in May—
If she be not so to me,
What care I how fair she be?

WITHER.

Woodbine. Fraternal love.
Wood-Sorrel. Joy.
Wormwood. Absence.
Yarrow. Cure for heartache
Yew. Sorrow.

YEW. Sorrow

When sorrow all our heart would ask,
We need not shun our daily task,
Or hide ourselves for calm;
The herbs we seek to heal our woe
Familiar by our pathway grow,
Our common air is balm.

KEBLE.

Zinnæ Absent friends.

Language of Precious Stones.

The ancients attributed marvellous properties to many of the precious stones, and particular gems have been marked by their own distinguishing fables. The same notions have more or less continued down to times not long past. We give in tabular form the different months and the stones sacred to them with their respective legendary meaning. It has been customary among lovers and friends to notice the significance attached to the various stones in making birth-day, engagement and wedding presents.

JANUARY, -GARNET.

Constancy and fidelity in every engagement,

FEBRUARY.—AMETHYST.

Preventive against violent passions

MARCH.—BLOODSTONE.

Courage, wisdom and firmness in affection.

APRIL.-SAPPHIRE.

Frees from enchantment; denotes repentance.

MAY.—EMERALD.

Discovers talse friends and insures true love.

JUNE. - AGATE.

Insures long life, health and prosperity.

JULY.—RUBY.

Discovers poison; corrects evils resulting from mistaken friendship.

AUGUST.-SARDONYX,

Insures conjugal felicity.

SHPTHMBER.—CHRYSOLITE

Frees from evil passions and sadness of the mind.
OCTOBER.—OPAL.

Denotes hope and sharpens the sight and faith of the possessor.

NOVEMBER.-TOPAZ.

Fidelity and friendship; prevents bad dreams.

DECEMBER.—TURQUOISE.

Prosperity in love.

We append a list of precious stones in common use not included in the above.

MOONSTONEProtects from harm and danger. DIAMONDFaith, innocence, virginity.

HELIOTROPECauses the wearer to walk invisible.

PEARLPurity; gives clearness to physical

and mental sight.

CATSEYB Possesses the virtue of enriching the wearer.

THE SKIN.

(PUBLISHED ORIGINALLY BY THE NATIONAL HEALTH SOCIETY).

There's a skin without, and a skin within,
A covering skin and a lining skin;
But the skin within is the skin without,
Doubled inwards and carried completely throughout.

The palate, the nostrils, the windpipe and throat Are all of them lined with this inner coat, Which through every part is made to extend, Lungs, liver, and bowels from end to end.

The outside skin is a marvellous plan

For exuding the dregs of the flesh of man,

While the inner extracts from the food and air

What is needed the waste of the flesh to repair.

Too much brandy, whisky, or gin Is apt to disorder the skin within, While if dirty and dry, the skin without Refuses to let the sweat come out.

Good people all, have a care of your skin, Both that without and that within, To the first, give plenty, of water and soap, To the last, little else but water we hope.

But always be very particular where You get your water, your food, and your air, For if these be tainted or rendered impure, It will have its effect on the blood, be sure.

The food which will ever for you be the best Is that you like most, and can soonest digest. All unripe fruit and decaying flesh Beware of, and fish that is not very fresh.

Your water, transparent and pure as you think it, Had better be filtered and boiled ere you drink it, Unless you know surely that nothing unsound Can have got to it over, or under the ground.

But of all things the most I would have you beware Of breathing the poison of once breathed air; When in bed, whether out or at home you may be, Always open the windows and let it go free.

With clothing and exercise keep yourselves warm, And change your clothes quickly if caught in a storm, For a cold caught by chilling the outside skin Flies at once to delicate lining within.

All you who thus kindly take care of your skin And attend to its wants without and within, Need never of cholera feel any fears, And your skin may last you a hundred years.

"Happy thoughts after reading the above."

To good people who would these blessings ensure, Our soundest advice is that you should procure, "Wright's Coal Tar Soap," in which you will find, All the Essentials of Health, most subtly combined. It protects from all Fevers, from Contagions you're sure,

And you know, that "Prevention is better than Cure."

Of one fact be certain, there's no Soap akin To Wright's "Sapo Carb." for cleansing the skin.



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incorporated, producing a loathsome and irritating compound which the Medical Profession condemn, and the public will do well not to use.

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