Dr. Birley's compounds of free (or unoxidised) phosphorus: fifteen standard combinations a special remedy for each disease descriptive pamphlet and detailed list / Gordon, Murray & Co., Ltd.

Contributors

Gordon, Murray & Co. Ltd.

Publication/Creation

[London] : [Gordon, Murray & Co.], [1900?]

Persistent URL

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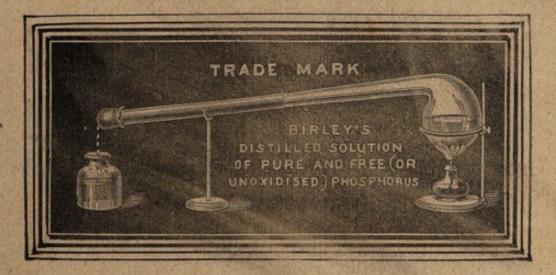
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Dr. Birley's Compounds

of Free (unoxidised) Phosphorus.

Fifteen Standard Combinations.

A Special Remedy for each Disease.



Descriptive Pamphlet

and Detailed List.

GORDON, MURRAY & CO., LTD., 10, ADAM ST., STRAND, LONDON, W.C.

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Extract from the "Christian Age."

"Doubtless the 'CHRISTIAN AGE' enters many a home where there is some weakly one whose feeble health makes existence a burden, or perhaps it is a disease considered incurable which is wasting away life. Wherever there is such a case, we sincerely wish one of Dr. Birley's preparations of phosphorus might have a fair trial. Those preparations are the result of scientific studies and experiments extending over many years and the success which has already attended their use has been almost marvellous. We have seen hundreds of letters (not copies, but the original documents), some from persons well known to us, all testifying to the curative effects of one or other of those preparations. And more than this, we know of cases in which they have been the means of restoring to health, when to all appearance, recovery was almost impossible. In cases of spinal disease, or weakness of the heart or neuralgia, or brain and nervous affections, or muscular and general debility, they go direct to the root of the disease, supplying vitalising food, invigorating, strengthening, and nourishing the brain and nervous system and in conjunction with other ingredients forming a specific cure "

Extract from the "Christian Commonwealth."

"Our readers know quite well how careful we are not to becommend anything but what is thoroughly trustworthy, but so many voluntary testimonials of unmistakable genuineness are before us that it is simply impossible to question the efficacy of the treatment to which we are calling attention; hundreds of letters from all classes of people including titled nobility, clergymen, physicians, &c., amongst which we notice several well-known names, all bear remarkable testimony to the benefits derived from the treatment. These letters we understand are open to the inspection of any bona fide applicant. We were assured that new letters of testimony arrive daily, in proof of which letters received during the past week were produced.

"Although the BIRLEY TREATMENT has been established for many years, it was only at a very recent period that any effort was made to introduce its principles to the knowledge of the general public, and we have no hesitancy in saying that the treatment may be tried with full confidence, that it is no mere experiment any longer, but is even largely endorsed by the medical profession, and,

what is better still, by the experience of thousands."

"Family Doctor" says:—Over 1000 original letters of Testimony have recently been submitted to us by the Proprietors of Dr. Birley's Preparations.

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A PRACTICAL ENQUIRY INTO

THE IMPROVEMENT AND PRESERVATION OF THE BRAIN AND NERVOUS SYSTEM.

Free Phosphorus—A Vitalising Brain and Nerve Food.

THE ORIGIN AND TRUE TREATMENT OF DISEASE.

" That our medical men of every school, our greatest "chemists, physiologists, philosophers, and men of science "generally; as well as the inventors of, and those who "deal in and adopt, the numberless methods and prepara-"tions which are advertised in all directions and in every " conceivable manner for the cure of the 'Ills which flesh is "heir to,' suffer almost as greatly, and decay and die as " quickly as the least educated in society is matter of " positive fact, as well as of regret; and although it may "be conceded that much good has been done by every "system which has yet been proposed, there is certainly "still a deficiency; still humanity suffers; and it is "painfully evident that something more is urgently "wanted-something more simple, more decided in its "action, less of the character of ordinary physic, or "medicine, and more of the nature of a preserving "and protecting aliment. This important desideratum " medical science has, so far, failed to supply.

"Let us hope that the preparation now described is the beginning of a series of improvements in the right direction, and of victories over the natural world."

These were the words of the late Dr. Samuel Birley, M.D. when introducing to the world, a few years ago, the results of his investigations, which had been the outcome of a lifetime's work and study. Dr. Birley was a quiet and unobtrusive investigator, but nevertheless a profound thinker and a most practical philosopher.

His researches in connection with disease were most original and unique; and it will perhaps be interesting to hear a brief outline of his views on this point:—

What the medical world of to-day is beginning to recognize, he had many years ago satisfied himself upon; namely, the supreme control which the nervous system exercises, not only over the main functions, but over the most minute and apparently insignificant processes taking place in the body.

That nerves, which can be handled, and seen by the naked eye, controlled the movements of our muscles, has been known ever since the earliest days of anatomy. But it is only of quite recent times that it has become evident that every function of the body directly depends upon definite nerves, coming from the brain, for their proper

working.

The following physiological facts will explain our meaning:-The HEART is supplied with two distinct nerves, one which stimulates and keeps the heart going, and the other which holds it steady and thus checks (or inhibits as it is technically termed) any tendency there may be to excessive or irregular action; just as a strong and spirited horse must be kept closely reined in to keep him steady. Thus disturbance of either nerve, whether at its origin in the brain, or in any part of its course, leads to unsteady action just as the horse might run too fast when whipped to excess, or stop altogether when the reins are pulled too tightly. This is exactly what takes place in the heart when any disturbance occurs in connection with these nerves. Who has not experienced a sudden "thumping" of the heart within the chest after a fright or shock; or on the otherhand, a faintness and almost stoppage of its action after a horrible or sickening sight? In both these cases the cause is purely mental, but as the above-named nerves originate from the same part, it is only natural to expect the heart to be interfered with when the condition of the brain is upset.

Again, the power of digestion; the movements of the

stomacn, and the proper working of the liver, are all most distinctly under the guidance of the nervous system. The feeling of sickness, or actual vomiting after a blow on the head, mental emotion, sea-sickness (which is due to a swinging of the brain within the scull,) etc. etc. are all quite common experiences. Many persons are familiar with the ordinary sick headache and so-called bilious attack, which begins by headache, and presently culminates in nausea and vomiting. These attacks are purely nervous in origin. The brain becomes disturbed and thus gives rise to headache. Presently the nerves controlling the stomach and liver become involved, and then a violent crisis, in connection with these organs, occurs.

How common it is to see persons suffering from some nervous disease, develop before long, distinct dyspeptic troubles! Some have regular attacks of liver disorder, giving rise to all kinds of troubles of the stomach and bowels. Some have weak or irregularly acting hearts. Others may develop various lung, kidney, and other disorders simply from a want of proper tone and balance of one or other part of the nervous system. There is a disease of which the reader may probably have heard, namely Diabetes. In this affection great quantities of sugar are found in the urine. At one time it was thought to be a kidney disease. Later the liver was said to form the sugar and that the kidneys were only doing their duty in clearing the blood of it. Now it is recognized as a distinct affection of the nervous system, and of that particular part which controls the special function of the Liver which has to do with the prevention of sugar passing into the blood. For it is well known that in health all the bread and starchy vegetables we eat are converted by digestion into sugar, and that in passing through the liver it is changed into another substance, and thus no sugar is allowed to enter the circulation. This function is regulated by the nervous

system, and when that breaks down, Diabetes results.

We might go on with illustrations of this kind sufficient to fill a thousand paged volume, but we think the above are sufficient to give an idea of the view taken by Dr. Birley. He strongly held that a very large number of diseases (even Cancer not excepted) are due to a weakening or lowering of the nerve force, which thus enables the various germs—Bacteria, Baccilli, Micrococci, etc. etc.,—as well as troubles, due to other causes than germs, to encroach upon, and take hold of our flesh. Dr. Birley's great rule therefore as a

GUIDE TO HEALTH

is to "Look after the nervous system, keep it well nourished, and in perfect working order, and disease will little affect us."

On this principle a case of Bright's Disease— a trouble usually considered incurable—was treated a short time ago, with perfect success after everything obtainable had been tried in vain. This patient had been suffering for years, when a friend induced him to make a special journey to London to consult Dr. Birley. He was at once placed under the new treatment and, without going into full details of his progress, it will suffice to say that he was completely cured of his disease after twelve months' treatment. He is now in perfect health, and regularly corresponds with us at the present time.

Dr. Birley devoted many years to the discovery of some remedy that would fulfil the above indications. He carefully analysed the brains of persons who had died from various diseases, as well as of those who had been killed by accident whilst in the full vigour of health. He was struck by the deficiency of Phosphorus found in the brain.

matter of the weak and ailing, compared to what normally existed in the strong and healthy.* From this fact the suggestion naturally arose that perhaps the loss of phosphorus had much to do with the weakened nerve force and that its artificial administration might help to give back what had been lost. Such a thought, was no less than prophetic, but simple as it appeared to be, in this early stage of the investigation it was found impossible to carry it out with any satisfactory results, for the following reason:—

Ordinary phosphorus, as understood by the chemist, cannot, by any known method, be made to be PERFECTLY SOLUBLE in the blood. It may be finely powdered and given in pills etc., or dissolved in oil, alcohol, ether or chloroform, but in all these forms it is precipitated into a fine dust immediately on mixing with the juices of the stomach. Many of these particles do not pass into the blood at all, but of those that do, they are completely stopped when they arrive at the liver, through which organ everything passes from the stomach before entering the general circulation. Hence Phosphorus administered in this form cannot possibly reach the nervous system, and cannot therefore aid in its restoration.

The phosphorus usually prescribed by medical men at the present time, is of the above kind, and it is not surprising that they hold it in such poor repute. Whilst admitting that this element is absolutely essential to the proper nourishment of the brain, yet they have no satisfactory form of administering it, and are forced to content themselves with advising such indirect things as fish and various phosphate salts, as the nearest method of getting the phosphorus into the blood.

Knowing these facts, and convinced of the necessity of phosphorus as a Food, rather than a medicine, for the Brair and Nervous System, Dr. Birley experimented in many ways on the purpose of discovering a means of preparing it so that it would be free from these drawbacks.

^{&#}x27;It is a well known fact of physiology, that Phosphorus is one of the essential elements of the brain and nervous system of all healthy persons.

His aim was to find out a form which would not precipitate in this manner but remain in perfect solution throughout the system. In the end he was rewarded by the discovery of a new process of preparation (by distillation) which rendered it, when taken by the mouth, absolutely soluble in the blood and was perfectly satisfactory in its effects in every way. It could pass through the liver in a perfectly fluid state and thus reach the nerve tissues which alone were in need of it.

No better proof of the value of this new form of phosphorus could be required than the very severe tests to which Dr. Birley put his invention. That it really does pass into the circulation, and enter into the composition of the Brain and Nervous System cannot be better discussed than in the inventor's own words:—

- "The question has often been put to us—'What proof have you that your phosphorus, when taken into the stomach, actually reaches and combines with the substance of the brain?' As it is truth only, and not opinion or hypothesis that we care for, our answer must be perfectly candid, and such only as practical investigation permits us to give. Because we cannot, or rather have no opportunity to, analyse the living human brain, before a course of Phosphorus has been entered upon, we admit that the evidence is not direct and positive. We are obliged to depend upon implication and analogy. The following items, however, force the conclusion we have maintained upon us:—
- " 1ST.—Phosphorus is a constant element of the brain and nervous system of all animals.
- " of different mental and physical powers."
- " 3RD.—In the brain and nerve-matter of those who have, during life, been characterised by great powers of mind and body and who have been in the prime of health suddenly

"killed in battle, or accident, or by other violence, a much "larger amount of Phosphorus has been discovered than is "ever found in the brain-matter of ordinary persons who

" have been killed in a similar manner.

" 4тн.—The brain-matter of idiots contains the least "amount of Phosphorus. A little more Phosphorus is found "in that of persons not completely imbecile, but physically "and memally weak, languid in action, deficient in pluck "and energy, full of apprehension, weak in memory and in "application of thought and purpose, who hesitate in their "resolves, and shrink from the general bustle of commercial "life. The same may be said of persons who are fretful, "low-spirited, anxious, fidgety, and odd-tempered, and of "the positively ill-tempered and disagreeable.

"5TH.—Persons who in early life have enjoyed a fair amount of mental and physical power, but who have suffered many years from great anxiety and sorrow consequent upon family bereavement and other losses and trials, have been found after death to have lost a great portion of the

"Phosphorus which is common in the brain of similar

" persons who have not suffered in the same way.

"The same may be affirmed of those who, beginning life with a good constitution, have excessively indulged in alcoholic preparations. Alcohol has the property of dissolving and carrying away the Phosphorus of the brain and nervous system. The same has been observed in those who have long indulged in libidinous excesses, whether naturally or artificially induced.

"We have personally known and carefully watched the career of many who in the 'prime of life' were brilliant, energetic, first class men of business, full of dash and assurance, carrying all before them, and succeeding in almost every undertaking. We have observed some of these to gradually wane in their mental and physical powers; little by little to have become anxious and

"apprehensive; matters which once were trifles, unworthy " of attention, have seemed to be of great consequence; "enter ise and speculation have become less and less; a "fear o losing or failing has gradually crept in, until a " general tameness and insipidity have been observed. A "few years longer, and the once bright, confident, " venturesome business man has dwindled to an eccentric, "nervous, desponding, and miserable human remnant, "incapable of concentrating his powers, vacillating, absent-" minded, forgetful, and almost heedless of the world or it " pleasures. Deafness, failing sight, impaired susceptibility, "necroencephalus (softening of the brain), and general "inanition, have gradually terminated in death. In some " such cases as these we have been enabled to procure the " brain and a portion of the spinal cord, and have found by " analysis that the Phosphorus has been greatly deficient, " and much less than has been found in the brain-matter of " persons who had the same vigorous character during " early life, but who have died suddenly by violence in the " midst of their career, and when all their powers of mind " and body were most intense.

"In several instances different parts of the brain have been found to contain different proportions of Phosphorus.

"In the brain-matter of persons who have suddenly died, and in whom during life certain functions were very active, and others weak and passive, have been found different proportions of Phosphorus.

"To record all the singular evidence which we have collected during the last half-century would require more
space than our pages will afford.

"Striking as are the foregoing examples, and forcible as "they are in the way of evidence, they are not in themselves "sufficient. We require a synthetical process before we can form a satisfactory conclusion. We have treated with Phosphorus cases of every class, down to the

" almost helpless idiot and imbecile, and even in the latter " we have seen a gradual improvement, until the process " has been arrested through the resistance offered by the "unyielding cranium to the further development of the " brain. We have seen the prematurely old, the worn and " exhausted, the nervous and miserable of every position in " life, gradually restored to a most vigorous and perfectly " healthy state. From a lean and cadaverous condition they "have become full in flesh, the countenance clear and " ruddy, the eyes bright, sight improved, deafness overcome " the hair become abundant, the step and gait again elastic " and determined, the spirits high and generous, the temper " cheerful, the love of song and harmony returned, the "brain again active, perception quick, memory tenacious, " and the whole system and character changed from the " most pitiable condition to the highest state of existence. "In several instances the stir and excitement of mercantile " life have created a longing to return to business. Some " have done so, and are now as keen and successful as at " any former period.

"We have seen the habitual drunkard gradually forget his cups, and begin to disdain the miserable orgies of his drunken companions. The improvement in the quality of his brain and nervous system has made him heedless of the stimulants and narcotics which were his only comforters. Morose, 'nagging,' ill-tempered, and in every sense disagreeable people, we have known to become cheerful, obliging, and uniformly pleasant to every one with whom they came in contact.

"If then in all cases of mental and physical debility where we have been able to analyse the brain after death, we have found a deficiency of Phosphorus, and if in precisely similar cases during life we have administered Phosphorus, and found such conditions pass away, what other conclusion is it possible to arrive at than that this

"new form of Phosphorus gradually assimilates with "the brain and nervous system, and brings up the " depressed and wasted constitution to the normal " standard?

" The preparation which has repeatedly produced such "results as those above described we have called 'Plain "Syrup of Free Phosphorus' because it is the simple " solution formed by distillation, combined with sugar, and "without the admixture of any other substance, or " medicament. Where, however, the heart is weak, and "the whole muscular system flabby and greatly debilitated, "in addition to great nervous debility and exhaustion, the "best combination is that of protoxide of iron with the "' Plain; " and which we have named the 'Ironised "Syrup of Free Phosphorus"

In the course of many years private practice Dr. Birley was enabled to considerably modify and perfect a number of combinations of his Phosphorus in addition to the "Ironised" above named. These were introduced at a later period. For debility of the muscular and general system in LADIES particularly; when "Below Par" and suffering from the irregularities common in such cases, with the associated poorness of blood and lack of colour, a special preparation called the "Sub-Ironised Compound of Phosphorus" has been found to be wonderfully successful. In Falling of the Womb it is also most serviceable; and in some other affections, namely, Varicose Veins, Mumps, Cardiac Dropsy, and some forms of Bright's disease it has proved very beneficial.

In CONSUMPTION a combination of Magnesia with the "Plain Syrup of Phosphorus" is a really most effectual remedy. Its action on the lung tissue is to check the destructive process which is going on, and to promote the healing of the already invaded parts. During the past few years a great number of patients have been cured, but as

they were ordinary or every-day cases, nothing has been said of them; when, however, such unusual and really extraordinary changes have resulted as the following cases indicate, it is scarcely less than criminal to withhold a know-ledge of this treatment from the general public:—

"In the interests of humanity I have very great pleasure in communicating to the public my experience of the use of the 'Syrup of Free Phosphorus.' Last year I caught a very bad cold, which settled down upon my left lung (chiefly), and gradually grew worse. About the 1st. of November I consulted a friend of mine, a medical gentleman, who sounded me, and announced my left lung to be in a state of Phthisis all over, and considered me in a bad way, especially with an Edinburgh winter before me. On the 18th. of November I consulted one of the most eminent medical gentlemen in our city, who after the most minute examination said I must go to the South of France for six months, as the only chance for my life. The next best thing to that would be to keep my own house for six months, confine myself to two rooms, the temperature of which must be kept continually at 60 degrees. On no condition was I to attempt going to business, not even in a cab. After the six months had expired, I was to quit this country altogether, for one of a milder climate, because I could not possibly outlive an Edinburgh winter. And after all this, he said I should be only a 'cracked vessel.' On the 18th. of January I consulted another doctor, equally renowned, and after examining and sounding me very minutely on two different occasions, he was very sorry to be obliged to confirm the opinion of the first in every point; and I knew right well, from my own feeling, that their verdict was perfectly correct. I had a racking cough, with much expectoration and hæmorrhage.

"I got the Phosphorus on the 23rd. day of January; on the fourth day thereafter I felt as if some wonderful change was going on in my lung; there was an entire absence of the wheezing sound, it felt dry, and the cough very much less frequent. In three weeks I could get up my expectoration without coughing; and I went on gradually improving notwithstanding the exceptionally severe winter. I had no occasion to go to France, or confine myself to my house, but attended business every day (though going and returning in a cab). In seven weeks I gained 9½ lbs. weight, have continued well, and at the present time, 9th. December, I am in perfect health, stronger than I have been for thirty years."

A lady, now only in her thirty-fourth year, several years ago went with her husband, an English clergyman and missionary, to Southern India. After a time, the cholera broke out in his district or station, and, to avoid its influence, he removed with his wife and two children to the hill country: but was quickly rendered helpless by a sun-stroke, and died in a few days. The lady herself was also severely afflicted; and, bereft of husband and position, and with a small family, she became so almost hopelessly ill that her physicians advised her to return to England, scarcely hoping for recovery-Consumption, Heart Disease, painful and nearly continual pulpitation, spinal affection, uterine displacement, an a'most broken-heart, and a nervous condition such that the strongest sentiments of religion and of maternal duties s arcely sufficed to restrain and keep her from self-destruction. At the end of six months she considered herself so far improved that no further treatment was necessary.

The preparation which has produced the above results is called the "Magnesian Syrup of Free Phosphorus."

Similar successful cases might be quoted for all Dr. Birley's compounds, but space will not permit. We would therefore invite the reader to write for special testimonials for the preparation or disease he may desire information upon.

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THROAT AFFECTIONS, a special preparation called the "Bronchial Syrup of Phosphorus" is a wonderfully successful medicine.

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Rheumatic" preparation is the best remedy we have yet known. The very large number of successful cases of this kind on our books prove, beyond doubt, the wonderful efficacy of this medicine. Sometimes, however, in some of the more obstinate cases, we have found its action increased when taken on alternate days with the "Ironised" preparation.

In Chronic or Habitual Constipation where the bowels jack strength and force the "Anti-Stipatio" compound is very efficacious. It is not a purgative in the ordinary sense of the word, but acts on the muscular power of the bowel and thus restores natural action. It has proved of much value in numerous instances. It is also of much service in Piles, Fistula and Prolapsus-Ani.

For Weakness, Fading, or Falling off of the Hair the special "Acidified" compound is very useful.

For the special Nervous Debility, and Loss of VITALITY so often seen in Men the "Virilitic" compound has proved of unquestionable value. It is one of the most efficacious of all Dr. Birley's preparations.

For Weak or Partial Loss of Sight, Deafness, or Defective Taste or Smell much success has resulted from the steady use of the "Tomatined Syrup of Phosphorus."

For NEURALGIA in any situation the "Anti-

Neuralgic" compound is exceedingly serviceable.

In many forms of Skin Diseases, Eczema, Psoriasis, etc., the "Cutaneous" compound is recommended.

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For CATARRH and INFLUENZA the "Anti-Catarrh" preparation is very serviceable in throwing off an attack, and in strengthening the system generally. The "IRONISED" followed later is very valuable in restoring the strength after Influenza.

As a STRENGTHENING PREPARATION FOR CHILDREN, and especially for infants teething, the special "Teething Compound" can be very highly recommended as a truly valuable preparation. It promotes the easy cutting of teeth, and considerably tones up the general system, thus inducing proper rest and comfortable sleep without in any way narcotizing the child.

Although the above individual preparations and compounds of Dr. Birley's phosphorus can be very highly recommended for the diseases and disorders named, yet the fact must not be overlooked that there are occasionally cases where more than one disease is present, as well as complications, etc., so that a combination of two or more kinds may be necessary for certain cases; and in order therefore, to aid sufferers in choosing the right preparations we have drawn up a Special Private Consultation Form which may be filled up with all particulars and sent to us for advice, which we shall be most happy to give to the best of our experience, free of charge. These forms may be had free on application.

Dr. Birley's principles and discoveries with regard to disease are so unique and original, and have accomplished so much practical good, that we earnestly and honestly commend them to the consideration of all classes of sufferers, and think it at least, well worth the reader's while to specially investigate them and the many successful cases treated by their use. For this purpose we most cordially invite every enquiry. References to former patients will gladly be given to any correspondent, and if he will give us an outline of his trouble, those as similar to his own as

possible will be chosen.

Having personally known the late Dr. Birley for many years, and being ourselves convinced of the soundness of his views, we have recently formed a limited company to purchase the proprietorship from the family, feeling sure it will prove as sound a business investment as it has proved a success in the sphere of medicine; and at the same time placing before our suffering fellow creatures the great help and benefit that Dr. Birley's invention is conferring upon mankind.



Dr. Birley's preparations of Phosphorus are supplied in bottles at $1/1\frac{1}{2}$, 2/6 & 4/6 as per list on back page of cover. The 4/6 size contains 70 doses and is sufficient for nearly a month's use.

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