

Sketch of the plan, &c.; of the Temple of Health! In the centre of the Royal Terrace, Adelphi / [James Graham].

Contributors

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Temple of Health.

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THE TEMPLE OF HEALTH

GRAHAM

1780?

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*Suavissimum est immanes Dolores rescindere!—præcipue, cum nec Sumpu, nec longa
Abstinencia—vel Doloꝛe id obtineri possit.*

T H E
TEMPLE OF HEALTH!
I N T H E
CENTRE OF THE ROYAL TERRACE, ADELPHI,
IS NOW OPENED
FOR PUBLIC INSPECTION,
AS WELL AS
FOR THE RECEPTION OF PATIENTS,
Every Day from SIX in the Morning till EIGHT at Night.

T H E
MEDICO-ELECTRICAL APPARATUS,

Therein fitted up, is allowed by every Body to be by very far the largest, most stupendous, most useful, and most magnificent that now is, or that ever was, in the World. It occupies TEN Rooms, and has cost several Thousand Pounds. Nature and Art—Universal Nature—the Fine and the Liberal Arts! have been courted and exerted in the Execution of this great Work. Every Nerve of Genius and of Study has been strained, and the Four Quarters of the Globe ransacked to enrich and embellish it.

AS the Apparatus in all the Ten Rooms is not yet finished, Admittance to view it is now only Half-a-Crown; but after the First of October next, *if it be exhibited at all*, each Admission Ticket will be Half-a-Guinea. A Pamphlet, containing a full, though inadequate Description of the Apparatus, &c. &c. may be had of the Porters, Price One Shilling.

As this Health-restoring, this Life-giving Apparatus is so supremely curious, large, and complex, and as important Additions are daily making to it, the Nobility and Gentry, who are fond of Philosophy and of Medical Science, are furnished with a Ticket, Price only One Guinea, which intitles them to inspect the Apparatus as often as they please for One whole Year.

Dr. Graham, ever happy and highly flattered with the Honour of having the Learned and the Polite to examine and inspect his Medico-electrical Apparatus, is hurt and mortified to the extremest Degree at ordering the Tickets of Admission to be now sold for Half-a-Crown; but the Multitudes of People, of every Rank and Station, who have lately crowded to see it, were so inconvenient to his Business, that he was compelled to adopt the above in order: that he might be less interrupted in attending to the Cases of those who apply to him on account of their Health, the daily Number of whom (drawn by the Multitude of easy, speedy, unexpected, astonishing, and seemingly miraculous Cures, which are performed every Week) often exceeds Two Hundred.

Dr. G.'s new and improved Methods of curing Diseases consist in Regimen, Herbs, simple Medicines, the choicest Articles of the Materia Medica, and Æthereal Essences, rendered more salutary and active by means of the most powerful vital Agents in Nature, viz. Electricity, Vivifying Air, Medical Music, and Magnetism; or, in other Words, by gently conveying to those at the Altar, or on the Medico-electrical Throne, without Shock, or any Kind of Uneasiness, into the general System, to the Seat of the Disease, or only to Parts particularly affected, the pure, active, genial, balmy, bracing, and restorative Effluvia of Medicines Animal, Mineral, or Vegetable, simply, or combined with the celestial Fire, harmonious Vibrations, magnetic Effluvia, or with any of the great primary-elementary vital Principles, which are the universal
Pabulum,

Pabulum, or vivifying Soul of the Universe! The great Numbers who daily, by these Means, under God! are cured of the most dangerous and most confirmed Diseases, after they have been turned incurable out of Hospitals, and given over by even the most celebrated Physicians, who *STAND in the regular medical Trammels*, are really astonishing. Dr. G. therefore, for the public Good, as well as for his own Honour and Emolument, THINKS IT HIS DUTY to depart from what is called the regular Mode, by giving this public Notice, which is addressed to THE FRIENDS OF PERSONS APPARENTLY AT THE POINT OF DEATH, and to every Individual who labours under any Kind of Complaint or Infirmary which has resisted the ordinary Remedies.—To such, in whatever Station of Life, this Advertisement is addressed; but more especially to the charitably disposed Christian—to the affectionate Parent—the dutiful Child—the fond Companion—and the tender—the anxious Friend.

The Cases which Dr. Graham has been the most remarkably successful in curing, are the following:—viz. Violently dangerous Fevers, particularly scarlet, putrid, and nervous Ones—Excruciating Pain and imminent Danger from the Gout in the Head or Stomach—Apoplexy—Putrid ulcerated Throats—Stone or Gravel—Inflammations of the Brain, Lungs, Bowels, or Bladder—Obstinate and confirmed VENEREAL Complaints, from repeated Infections and Irregularities, or from having been neglected, trifled with, or improperly treated with that deadly Poison Mercury, severe Purging, &c.—Total Suppressions of Urine too—Relaxing, sinking, and immediately dangerous FEMALE COMPLAINTS—Fits, Spasms, and Convulsions, especially in Children and young People—The Measles, Small-pox, Mortifications, nervous and consumptive Weaknesses—Immoderate Fluxes—Severe Fits of Coughing, Suffocation, or Asthma—Acute, bilious, and other Obstructions—The Dropsy, recent Strokes of the Palsy, &c. In these, and in most other Diseases, particularly in glandular and white Swellings; complicated, severe, and wandering Rheumatisms; obstinate Scurvies; in Blindness and in Deafness too, and in most of the Disorders of those most precious and most delicate Organs the Eye and Ear, his Medicines, and gentle Æthereal and Electrical Applications, produce the most amazing good Effects: They open Obstructions, promote a due and regular Circulation of the Blood and Spirits, which they sweeten, purify, enrich, and animate; nourishing, bracing, and coiling up the nervous System when weakened and relaxed; overcoming every Degree of Putrefaction, recruiting decayed Strength, and generally acting on an exhausted Body, like fresh Oil poured into an expiring Lamp. After all, however, Dr. Graham is far from pretending to work Miracles or impossibilities. No: He is abundantly sensible of the Impossibility of curing many Diseases in their advanced and confirmed Stages; and of the Fallibility and Uncertainty of all sublunary Things; all that he contends for is, that his Methods of treating Diseases are far more rational, than those in general employed by any other Physician in the World, and that he often succeeds in curing, effectually and lastingly, Diseases internal and external, when the most celebrated Surgeons and Physicians, and even when the more friendly Powers of Regimen, Exercise, and the best mineral Waters, have failed.

So amazingly has his Business increased, that he has now found it necessary, from Motives of Humanity more than for his own Emolument, to appropriate SIX Hours every Day for the Reception of such sick and lame Persons as cannot afford to give Fees for Advice; and that they are now admitted daily, Sundays not excepted, from Six till Ten o'Clock in the Morning, and from Six till Eight at Night, to whom Advice, and all necessary Medico-electrical Operations, &c. are administered *gratis*, in Rotation, according to Priority of Arrival, without Respect of Persons, paying the Apothecary for such Medicines only (if any) as their respective Cases require. As the greatest Hindrances have arisen from Multitudes crowding into the TEMPLE OF HEALTH! under the Pretence of attending sick Friends, but merely to gratify their Curiosity, by staring at the Apparatus, to obviate, therefore, in future, those Inconveniencies and Impertinencies, and that as many diseased Persons as possible may partake of the salutary Effects of this GRAND SYSTEM OF HEALING! no Person whatever will be admitted in the Hours above-mentioned without a Ticket, which must be had of the Porter, Price Half-a-Crown. This is required only at the first Consultation; for Dr. Graham, on receiving it, gives another Ticket *gratis*, which admits the Patient during the whole Course of the Cure.—No Sort of Objection however is made to one Friend attending each Patient.

The Nobility, Gentry, and others, who apply through the Day, viz. from Ten till Six, must pay a Guinea the first Consultation, and Half-a-Guinea every Time after. No Persons whomsoever, even Personages of high Rank, need expect to be attended at their own Houses, unless confined to Bed by Sickness, or to their Room through extreme Weakness; and from those whom he attends at their own Houses, Two Guineas each Visit is expected. Dr. Graham, for Reasons of the highest Importance to the Public, as well as to himself, has a chemical Laboratory and a great medicinal Cabinet in his own House; and in the above fixed Fees, either at Home or Abroad, every Expence attending his Advice, Medicines, Applications, Operations, and Influences is included—a few tedious, complex, and expensive Operations in the great Apollo Apartment only excepted*. But if the Case is an ACUTE one, and the Patient given over by the Faculty, his Attendance at the Patient's House, and even his Medicines, will be attended with no Expence, whatever—when his Endeavours to save Life prove ineffectual.

Before he concludes this Address, it may not be amiss to say a few Words on the dangerous, and even fatal Effects which may be produced by so mighty an Agent in the Hands of ignorant and rash People. So very powerful an Agent as Electricity cannot be indifferent when applied to the human Body; it must do considerable Good or considerable Harm; striking Instances of both have repeatedly fallen under Dr. Gra-

* In Cases where Electricity or Attendance are not necessary, and Medicines are required to be taken at Home, or when any are sent into the Country, if they are furnished and prepared by Dr. Graham's Chemist, or Apothecary, they must be paid for separately.

Street in this great Metropolis, a Barber—a Surgeon—a Tutor—
chanic turned electrical Operator. How dangerous!—how ridiculous must it be in most Cases to vent
so curious, so complex, and so delicate a Machine as the human Body, and that too, even when diseased,
into such Hands to be shook, torn, and convulsed with the ignorant and improper Application of this awful
Element!

For his own Part, he has been taught by Reason, and by the most attentive Observations in innumerable
Experiments on almost every Substance in Nature, and in a Course of Practice in the Cure of Diseases, far
more extensive than that of perhaps any other Man in the World, he has been taught, that all Violence is
hurtful; that **ELECTRICAL SHOCKS OUGHT SELDOM OR NEVER TO BE GIVEN**; that partial
Frictions, Sparks, Brushings, with rich medicinal Substances charged with Electricity, or gently pervading the
whole System with a copious Tide of that celestial Fire, fully impregnated with the purest, most subtle,
and balmiest Parts of Medicines, which are extracted by, and flow softly into the Blood and nervous System,
with the electrical Fluid, or restorative æthereal Essences. In those Cases where Shocks are absolutely neces-
sary, instead of charging Bottles lined with Tin Foil, or other gross, impure, and perhaps arsenical Metals,
his Jars are filled with Loadstones, Sulphur, Quicksilver, and with the mildest, yet most active medicinal
Substances from the animal, mineral, or vegetable Kingdoms:—These are charged with the celestial Fire, and
the powerful and salutary *Effluvia* of Antimony, aromatic Oils, Peruvian Bark, Castor, Camphire, Musk,
Ambergrease, the Balm of Juniper, Peru, Tolu, and Gilead, and the Influences of Electricity, Air, Æther
Medicines, and Magnetism, thus combined, and positively charged with the pure electrical Fire, or magnetic
Effluvium, are made to pass through the Whole or any particular Part of the Patient's Body, giving a great
Number or quick Succession of pleasant little vibratory SHOCKS, so genial and gentle as not to hurt or
alarm an Infant. But, as he said before, he generally prefers the *Effluvia* of these genial, aromatic, balsa-
mic, antispasmodic Substances, or the *Effluvia* of the magnetic, aerial, or æthereal Essences, passing silently,
sweetly, and insensibly into the Body, or confined to the Seat or Cause of the Disease, while the spasmodic
Tensions and Stiffnesses are relaxed—or the relaxed and debilitated Tone of the Nerves or muscular Fibres
braced up, or invigorated, as the Case or Constitution requires, with the above, and with properly adapted
musical Vibrations, &c.

Left it should be thought that Dr. Graham uses Electricity in ALL Cases, he desires to inform the Public,
that many of his greatest and most extraordinary Cures have been done entirely without the Assistance of
Electricity.

Dr. Graham makes it an invariable Rule to reject the Incurable—and to inform every Patient, or their
Friends, at first Sight, whether a perfect Cure, or what Degree of Relief may be expected.

The Fame and Emoluments which Dr. G. in consequence of his Successes in the Cure of Diseases, is
honoured with, have long since placed him in a Sphere which is an Object of Envy to the selfish and
narrow-minded Part of the Faculty; but which neither Envy, jealous Artifices, nor their illiberal Insinuations
have been able to remove him from. No: The liberal and discerning Public can readily distinguish true
Merit from pretended Knowledge.—Facts are incontrovertible. He rejoices in the Applause of the World—
He exults in the Approbation of his own Conscience!

But, in order to remove *effectually* every unfavourable Impression which the jealous or envious Insinua-
tions of the Faculty or their Friends, **ALARMED AT DR. G.'s UNPRECEDENTED FAME AND SUCCESS**,
may have created in the Minds of those who are unacquainted with Dr. G. and his valuable Discoveries and
Improvements; and to demonstrate to the World at large, the infinite Superiority of his peculiar Modes of
treating Diseases, he will continue till the First of next January (1781) to attend at their own Home, Pa-
tients in severe ACUTE Diseases, when given over for Death by any other, even by the most celebrated
Apothecary, Surgeon, or Physician, without any Expence whatever, if his Endeavours to preserve Life,
under God! prove ineffectual. When restored to Health his Gratuity shall, as usual, be regulated by the
Generosity or Circumstances of the Patient. *No ordinary or trifling Case will be attended to: THE ABOVE
IS CONFINED TO THOSE—AND TO THOSE ALONE, WHO ARE THOUGHT TO BE NEAR DEATH IN
SEVERE ACUTE DISEASES.* Seldom, *very seldom* a Day passes, but he has the Blessedness of easing ex-
cruciating Pain, and of snatching from the Grave One or more sick Persons, even when struggling in the
Agonies of Death, and even after they have been abandoned by the most celebrated Physicians. Indeed,
so very amazing, so unprecedented has been the Success which has attended his Practice, that not more than
Two or Three Persons have died in the whole Course or Circuit of his Practice during the last Twelve
Months—of the Multitudes who come or are brought every Day to his House—or of those whom he has
been sent for to attend, when near Death, at their own Habitations. While he assures the Public of the
above Fact, he defies the whole World to disprove the Truth of it. Such Success is an Honour which few
other Physicians can boast—a Pleasure which very few have experienced:—Nor, than the above, can any
Thing so effectually demonstrate the infinite Superiority of his Methods of treating Diseases, especially as it
is well known, that for several Years past he seldom has had less than One hundred Persons under his Care,
and often more than even double that Number. He may, therefore, with the Poet exclaim:

*Æquè Pauperibus prodest, Locupletibus æquè,
Æquè neglectum Pueris,—Senibusque nocebit.*

HOR.

A NEW EDITION, BEING THE SIXTH,
OF THE
PRESENT TRIFLING, ABSURD, AND INEFFECTUAL STATE OF
MEDICAL PRACTICE EXHIBITED;
WITH A FULL ACCOUNT OF
DR. GRAHAM'S DISCOVERIES, IMPROVEMENTS,
AND
METHODS OF TREATING DISEASES.

To this Edition, which consists of 3,500 Copies, is added a Treatise on Medical Music; a Dissertation on the Uses and Abuses of the Waters and Medical Discipline or Gauntlet of Bath, Aix-la-Chapelle, the German Spa, and of the other great Watering Places in England; a complete Description too is given of Dr. G.'s Medico-electrical Apparatus, and of the Three great Medicines, Electrical Æther, Nervous Æthereal Balm, and the Imperial Electric Pills!—and to the Whole are added, above an HUNDRED and TEN recent and remarkable Cures, in most Kinds of Diseases and Lamenesses, wrought by Dr. G.'s peculiar Methods, many of which he lately had the high Honour of performing immediately under the Eye, and of having attested by the Hand-writing of her Grace the Dutches of Devonshire! The Right Honourable Lady Spencer! The Right Honourable Lady Clermont! His most Serene Highness Frederick Prince of Hesse Cassel! Earl Spencer! and many other of the first Nobility, both in Church and State in Europe—who, for the Encouragement of the Afflicted, and general Benefit of Mankind, were pleased, VOLUNTARILY AND UNSOLICITED, to honour Dr. Graham with the above-mentioned Certificate.

The Whole interspersed with such Observations, Reflexions, and Precepts—medical, philosophical, moral, and religious—as are necessary for the Preservation of Health and long Life in this World, and for the Attainment of Happiness and Glory in future States of Existence!

Printed for ALMON, Piccadilly; BECKET, Adelphi; and RICHARDSON and URQUHART, under the Royal Exchange; Price only 3s. 6d. though it contains as much Matter (Reading) as a modern Guinea Quarto.

This Book is sold, likewise, at the TEMPLE in the Adelphi; but as the Sale of it is no Sort of Object, Dr. Graham has given Orders for his Porter to return the Money to those who, having read the Book, choose to return it. But this is not meant to extend to those Books which have been given away, or to those sold by the Bookfellers.

Dr. GRAHAM's *Private Medical Advice to Married Ladies and Gentlemen—to those especially who are not blessed with Children—is to be had as usual, sealed up, Price One Guinea, alone at the TEMPLE OF HEALTH in the Adelphi.*

In which such plain, simple, natural, and effectual Means for removing the Causes of Barrenness in both Sexes, as never before were recommended, or even perhaps thought of, in any Age or Nation, are pointed out. Containing, likewise, Prescriptions and Directions for a speedy and perfect Recovery after severe Miscarriages and Lyings-in—for recruiting and renovating decayed and worn-out Constitutions—and, in a Word, for enjoying juvenile Strength and Feelings under the Controul of Wisdom and the Influence of mental Happiness, Serenity, and Peace. The Whole interspersed with such Precepts and Directions as will, if duly attended to, make Man and Wife *sweeter*, LOVELIER, and MORE DESIRABLE in the Eyes of each other—the Lady speedily becoming a healthy and happy Mother!—and if naturally healthy and well formed—a snowy Rock of HEALTH, studded with Roses, and streaked with celestial Blue!

The Whole comprized in Eight Large Folio Pages.

* If any Lady or Gentleman, who sends for the above, after perusing it, and paying that Attention to the high Importance of the Subject demands, calls upon Dr. Graham, and declares that they have Benefited, and that the Advices are not worth the Guinea, he will not only return the Guinea, but more, if the Party desires it.

The

the BRITISH PARLIAMENT concerning publishing to the world all my discoveries, improvements, and methods of managing and curing diseases, &c. without any reserve whatever; and that I may continue to communicate, from time to time, such farther discoveries and improvements as assiduous investigation, and a practice with an apparatus more extensive than that of any other Physician on the face of the globe, shall enable me to make.

If I do not meet with that benevolence and encouragement from the LEGISLATURE of my own country, which the vast importance of the object merits—I propose to reside and practise about a year at each of the principal courts in Europe; and after that, under the royal and imperial auspices of European wisdom and beneficence at large, I will then publish to mankind the great CODE, or SYSTEM OF HEALTH AND OF THE HEALING ART, which I am now digesting, compiling, and perfecting as far as the experience of the age will permit—I say one age, because I am now establishing a medical correspondence in every part of the world—for the universal improvement and perfection of Medical and Chirurgical Science. Would to God that a Franklin, a Priestley, and several other great and learned men I could name, had been practising physicians, what might not be expected from the indefatigable labors of such bright and penetrating intelligencies!

In order to lessen my fatigue in business, and for the good of the public, as well as for my own private amusement, I propose immediately to take as a pupil and assistant, a gentleman who has had the advantages, not of a medical, at least of a liberal or classical education.—To prevent all trouble, the premium I demand a thousand-guineas prompt, and an hundred guineas per annum for board, &c. while he remains in my house.

SKETCH OF THE PLAN, &c.

OF THE

TEMPLE OF HEALTH!

In the Centre of the Royal Terrace, Adelphi.

*** For Reasons similar to those adduced by the Royal Academicians at Somerset-house; and moreover, as the Advice which this Sheet of Paper contains are of the highest Importance to the Public, and in order that it may be read with some Attention, and not wantonly distributed; and likewise, that the necessary Expence of Printing may be defrayed, it was judged most advisable to sell it for the small Price of ONE PENNY each Copy.



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The following Ode was set to Music, and performed in the Great Apollo Apartment at the solemn Dedication of the TEMPLE OF HEALTH, on the Organ, the Harmonica, the Celestina, and a Couple of Flutes, accompanied by Two of the sweetest Female and a Male Voice. It gives so sweet an Idea of the gentle Nature and salutary Effects of Dr. Graham's astonishing Apparatus, and of his peculiar Methods of curing Diseases, and restoring decayed Constitutions to blooming Health and juvenile Strength, that it must be thought a very proper Conclusion to this Advertisement.

R E C I T A T I V E. (*The Sun blazing in its Meridian Splendour.*)

—Hail! Vital Air—Æthereal!—Magnetic Magic—Hail!
Thine Iron Arm—thy bracing sinewy Arm!—is everlasting Strength!
Hail! Harmony!—Music Divine!!!—thrice Hail!—Thy Soul is Love—Joy—Peace—and Health!—
And thou, celestial Fire!—Thou, FIRE ELECTRIC!—GREAT RENOVATOR!—THE LIFE OF
ALL THINGS! Hail!
—Hail! Wondrous Combination!—Heavenly Unity!—In Majesty and Mystery combin'd!—
Enthron'd—unveil'd—in this tremendous—this most genial Temple!—
FIRST to Britannia's Sons—to Britain's Daughters—on thy soft fostering Wings,
In gentle Progress through the balmy—the æthereal Air—bear the best Blessing, HEALTH!
—THEN to each human Being—without excepting One of any Rank or Nation,
Who thankfully accepts thy proffer'd Gifts, the æthereal Cup hold out!—
O! open wide thy Hand, that flings the Rose of Health o'er the pale Cheek of Sickness—
Thy kind Hand—that bears the healing Branch! O let it far—
Far from THESE SACRED WALLS remove dire Pain, Disease, and Melancholy—
And the long Train of Ills, which ever and anon torment their wretched victims.

A I R. (*The Light moderated by the Intervention of rose-coloured silk Curtains.*)

Come, then, ah come! O sacred HEALTH!
The Monarch's Bliss!—the Beggar's Wealth;
The Seas'ning of all Good below,
The sovereign Friend in Joy or Woe.
O thou! most-courted, most despised,
And but in Absence duly prized;
Root of the soft and rosy Face!
The vivid Pulse—each Charm—each Grace!
The Spirits when they gayest shine,
Youth, Beauty, Pleasure—all are THINE!

G R A N D C H O R U S, accompanied with the full Organ, &c.

(*The Windows being suddenly darkened, and the Apartment illuminated, in a Moment, with many Thousands of Electrical Stars, and Meteors of celestial Brilliance*)

Hail! Wondrous Combination!!!—but chief—THOU FIRE ELECTRIC!
—Celestial Renovator!—Thou Life of all Things—Hail!
—In Majesty and Mystery combin'd!—
Enthron'd—unveil'd—in this tremendous—this most genial Temple!
To Britain's Daughters—to Britannia's Sons—bear the best Blessing, HEALTH!
Stretch forth thy Hand that bears the healing Branch—
Thy kind Hand—that binds up broken Hearts!—illumes the Soul,
And flings the Rose of Health o'er the pale Cheek of Sickness,
Far—far from these sacred Walls removing Pain and Death.



P O S T S C R I P T.

AS this great system of Healing, which I have with so much labor and expence explored, and now happily confirmed, is of the highest importance, not only to the inhabitants of the British empire at present, but likewise to the whole human species throughout the whole earth, and perhaps for thousands of years to come, I propose to continue to practise in this great metropolis of my native country, till the beginning of the year 1783—which will be a period of full three years—in order to demonstrate to the entire satisfaction of persons of every rank, from the throne to the cottage, the facility, certainty, and, in a word, the infinite superiority of my methods of preventing and curing all the diseases, external as well as internal, to which the human body is liable, and extending life free from sickness, and with the clear healthy exercise of the mental faculties, to the longest possible period.—At the expiration of the three years, I intend to make proposals to



