# [Report 1916] / Medical Officer of Health, West Sussex County Council.

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# WEST SUSSEX COUNTY COUNCIL.

# THE PUBLIC HEALTH AND HOUSING COMMITTEE (1916.)

Mr. F. G. AMAN, The Cottage, Cowdray Park, Midhurst.

Mr. E. G. ARNELL, The Cottage, Selsey.

Mr. E. Blinkhorn, Broadwater House, Worthing. Dr. E. I. Bostock The Causeway, Horsham. Mr. A. J. Constable, The Lodge, Littlehampton.

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Dr. S. P. Matthews, Holly Lodge Crowley.

Dr. S. P. MATTHEWS, Holly Lodge, Crawley.

Dr. S. P. Matthews, Holly Lodge, Crawley.
Mr. R. Morris, Five Oaks, Billingshurst.
Mr. E. C. Patching, "Belfort," Liverpool Gardens, Worthing.
Mr. J. Rapley, Fitzleroi, Fittleworth.
Mr. H. A. Rigg, K.C., Walhurst Manor, Cowfold, Horsham.
Mr. W. Sams, "The Elms," Boundary Road, Worthing.
Mr. Chas. Taylor, The Old House, Heene, Worthing.
Mr. O. N. Wyatt, 10, West Pallant, Chichester.
Rev. W. D. Yoward, Eastergate Rectory, Chichester.

Ex-Officio.-The Chairman of the County Council: The Duke of Richmond and Gordon K.G., C.B., Goodwood House, Chichester; and the Vice-Chairman of the County Council: The Lord Leconfield, Petworth House, Petworth.

# DISTRICT MEDICAL OFFICERS OF HEALTH

(with the dates on which the several District Reports were received).

DISTRICT.		MEDICAL OFFICER.	Date on which Report was received 1917.
*ARUNDEL (M.B.) BOGNOR CHICHESTER (M.B.) †HORSHAM *LITTLEHAMPTON SHOREHAM-BY-SEA *SOUTHWICK WORTHING (M.B.)	;;;}	W. J. Butcher, M.R.C.S., L.R.C.P., D.P.H. W. Conway-Cooke, M.R.C.S., L.R.C.P. A. M. Barford, M.D., D.P.H. S. Child, M.A., M.B., D.P.H. W. J. Butcher, M.R.C.S., L.R.C.P., D.P.H. R. H. Wilshaw, M.B., B.S. (Lond.), Ch.B., D.P.H. (Vict.)	16th Aug. 21st May. 25th June. 13th Aug. 13th " 16th " 16th ",
RURAL DISTRICTS.  EAST PRESTON †HORSHAM †MIDHURST †PETWORTH *STEYNING WEST †THAKEHAM *WESTBOURNE *WESTHAMPNETT	)	Ditto  S. Child, M.A., M.B., D.P.H.  W. J. Butcher, M.R.C.S., L.R.C.P., D.P.H. S. Child, M.A., M.B., D.P.H.  W. J. Butcher, M.R.C.S., L.R.C.P., D.P.H.	Ditto 16th Aug. 13th ,, 16th ,,
PORT SANITARY AUTI SHOREHAM-BY-SEA LITTLEHAMPTON		F. Carden Brodie, M.B., B.S. F. E. Haydon, M.B. (Glasg.), L.R.C.P., L.R.C.S. (Edin.)	13th Feb. 31st March,

<sup>\*</sup> These Sanitary Districts form the West Sussex (Southern) Combined Sanitary District.

<sup>&</sup>quot; (Northern) . .. t On Military Service. Dr. C. Rawdon Wood, Town Hall, Hove, is Acting M.O.H. for the Sanitary Districts of Horsham Urban and Horsham Rural, and Dr. W. J. Butcher for the Sanitary Districts of Midhurst, Petworth and Thakeham.

#### WEST SUSSEX COUNTY COUNCIL.

### REPORT for the Year 1916, by the Acting County Medical Officer.

The Administrative County of West Sussex comprises 8 Urban Districts, of which 3 are Municipal Boroughs, 8 Rural Districts and 2 Port Sanitary Authorities, the total area being approximately 620 square miles.

#### POPULATION.

The population of the Administrative County for the year 1916 is estimated by the Registrar-General to be as follows:—-

		Estimated 1	population for
	1	Birth Rate.	Death Rate.
Urban Districts Rural Districts		82583 90092	75902 82804
Total Administrative County		172675	158796

The calculations of the various rates given in this report are based on these figures.

### VITAL STATISTICS, 1916.

The following Table shows the estimated population, birth and death rates of the various Sanitary Districts in the County:—

TABLE I .- VITAL STATISTICS.

SANITARY DISTRICT.		estimated rar-General 1916	No. of Births.	Birth Rate.	Illegitimate Barths.	No. of Deaths	Death Rate.	Deaths under I year.	Infant Mor- tality rate per 1000 births	Pulmonary Tuberculosis (Death Rate,)	
	For Birth Rate.	For Death Rate.	No. of	Birth	Illegit Bar	No. o	Death	Death	Infar tality 1000	Tube (Deat	
Urban Districts-											
Arundel		2432	38	14.3	3	36	13.9	2	52	2.0	
Bognor		7581	121	14.6	9	92	11.4	3	25	0.7	
Chichester .	. 10839	9962	225	23.5	20	172	17.2	16	71	1.5	
Horsham	. 11139	10237	218	19.5	22	183	17.8	17	78	1.9	
	. 8653	7953	162	18.7	8	IOI	12.6	8	49	I.I	
	. 6048	5559	122	21.6	5	75	14.5	13	79	0.8	
	4800	4412	102	21.2	6	68	15.4	8	78	1.5	
Worthing .	30210	27766	468	15.5	37	418	15.0	31	66	1.2	
Total Urban District	82583	75902	1456	17.6	110	1145	15.0	98	67	1.3	
Rural Districts			1	11/1-9					1	1000	
East Preston .	6893	6335	100	14.5	8	80	12-6	13	130	1:4	
Horsham .	20525	18865	319	15.5	23	227	12.0	10	59	I.I	
Midhurst .	14413	13247	245	18.9	13	197	14.8	24	97	1.4	
Petworth .	8510	7822	143	16.8	II	88	11.2	4	27	0.8	
Steyning West .	8612	7915	144	16-7	8	112	14.1	5	44	1.6	
Thakeham .	8084	7430	132	16.3	7	72	9.6	4	30	0.4	
Westbourne .	8595	7900	159	18.4	7	104	13.1	12	75	0.7	
Westhampnett .	14460	13290	264	18.2	12	186	13.9	7	26	1.2	
Total Rural Districts	90092	82804	1506	16.7	89	1066	12.8	88	58	1.1	
Administrative County .	172675	158706	2962	17:15	199	2211	13:93	186	63	1.2	

#### BIRTHS.

During the year the births of 2,962 children were registered, which is equivalent to a birthrate of 17.15 per 1,000 population as compared with 16.11 in 1915.

There was a birth-rate of 16-71 per 1,000 in the Rural Districts as compared with 17-63 in the Urban Districts. The birth-rate in England and Wales in 1916 was 20-9, and for the South of England 20-0.

# DEATHS.

From information given by the Registrar-General 2,211 deaths were registered during the year, which is equivalent to a death-rate of 13.93 per 1,000 population as compared with 15.66 in 1915. The rates in the Urban and Rural Districts were respectively 15.0 and 12.8 per 1,000, and in England and Wales 14.4 per 1000.

TABLE II.—Showing for Each District the Number and Causes of Death During the Year 1916.

Causes of Death.	Arundel M.B.	Bognor U.D.	Chichester M.B.	Horsham U.D.	Littlehampton U.D.	Shoreham-by-S. U.D.	Southwick U.D.	Worthing M.B.	East Preston R.D.	Horsham R.D.	Midhurst R.D.	Petworth R.D.	Steyning West R.D.	Thakeham R.D.	Westbourne R.D.	Westhampnett R.D.	Totals.
I. Enteric Fever	I		ı					I									3
2. Small Pox																	
3. Measles													I				I
4. Scarlet fever									3	I			I			I	6
5. Whooping Cough		I	3	2	2			I		I	3	2	I		I	2	19
6. Diphtheria and Croup		***		***	***		I			2		2	***	***	I	I	7
7. Influenza	I	I	I	4	I	I	***	10	3	8	5	2	2	I	4	5	49
8. Erysipelas 9. Pulmonary Tubercu-	***			***	2		***						***				2
losis	5	6	15	20	9	5	7	35	9	21	19	7	13	3	6	16	196
10. Tuberculous Meningitis			I	3	I	I	ı 'ı	6	I	2		í				I	18
II. Other Tuberculous												1					
Diseases	I	1	I	4	I	I		4	I	7			I	I		I	24
12. Cancer, Malignant	1	1000		-		10000	Tunio !				100	5300		1723	Contract of the Contract of th	Tourse !	
disease	5	12	II	20	II	12	7	55	9	20	17	10	18	7	10	22	246
13. Rheumatic Fever		I	I					2			I	***		I		2	8
14. Meningitis 15. Organic Heart Disease		I	3		I	18	8	2		3	I			10	18	I	13
16. Bronchitis	4	17 8	26	16	9		6	50 21	9 2	29	15 12	8	15	7	5	33	290 133
17. Pneumonia (all forms)	3	4	6	II	5 8	5 4	3	13	I	9	II	3	4	ı í	2	17 8	91
18. Other Respiratory	3	7		**		4	3	-5	-	,		3	7				9-
Diseases	I	3		2	I		2	7		3.	5	3	2	4		I	34
19. Diarrhœa, &c. (under																	
2 years)			2	1			2	9			I		I	I	2		19
20. Appendicitis & Typhlitis			I	4				1	***	3	I					2	12
21. Cirrhosis of Liver	I	I	I	2	2	I	I	4			I	***	2	***			16
21a.Alcoholism			***				***	I	***	***		***		***	***		I.
22. Nephritis and Bright's Disease		-			1	-		***		8	-	-		2	1		75
an December Process		2	12 1	9	2	2	2	10			5	7	5	3	4	4	75
23. Puerperal Pever 24. Parturition apart from			-	***			***		***	****		***					~
Puerperal Fever			2				I			I							4
25. Congenital Debility,					1	-											
etc	2		8	6	6	4	2	10	8	IO	II	I	4	2	8	2	84
26. Violent Deaths, apart	190														1337	1	1
from suicide			5	5	4	I		9	4.	4	7		4	I	2	6	52
27. Suicides 28. Other Defined Diseases	K (4.43)	***	I		I	I		2		4	I	I	22	20	47	2	789
20. Causes ill-defined or	II	34	60	54	35	19	24	164	30	83	81	32	33	30	41	20	709
unknown			2										I			I	4
			-											-	-		-
Totals	36	92	172	183	IOI	75	68	418	80	227	197	88	II2	72	104	186	2211
		-	-	-	-	-	-		-	-		-	-	-	-	-	-
Special Cases (included					1	1		1	1		1	100	1			-	
above) Cerebro-Spinal Fever				1		150	1		1	12.74			1	1	1		
Poliomuslitie								···		I			1	1	1	1	
Follomyentis	1111		1	1	1	1	1	1	***	-	***	****			***		1

TABLE III.—CAUSES OF DEATH AT DIFFERENT PERIODS OF LIFE IN THE ADMINISTRATIVE COUNTY—1916.

	Causes of Death.		All ages.	Under 1 yr.	1-2	2-5	5-15	15-25	25-45	45-65	65 & up.
	All causes.		2211	186	34	36	54	79	204	497	1121
	the same and the same		0.2230	The same		6411			100000		
(I)			3	-	-		-	2	-	-	1
(2)	Small Pox	***		-		-	-		==	-	-
(3)	Measles		I			-	1			-	-
(4)	Scarlet Fever		- 6	2	I	1	I	1	-	-	
(5)	Whooping Cough	***	19	9	8	1	1	-	-	-	-
(6)	Diphtheria and Croup	***	7		2	2	3	-	-		-
(7)	Influenza	***	49	I	-	1	1		I	9	36
(8)			2	7	-		7		-	-	2
(9)	Pulmonary Tuberculosis	***	196	, I	I	2	12	38	75	50	17
(10)			18	4	I	5	6		2	-	-
(11)	Other Tuberculous Diseas		24	2		2	4	2	8	4	2
(12)		e	246	-	-	-		-	14	III	121
(13)		***	8		-		1	3	2	2 .	-
(14)			13	5	I	3	-	I	3	-	
(15)		***	290	I	-		2	7	14	85	181
(16)		333	133	10	I	I	-	I	-	10	IIO
(17)			91	12	I	2	I	2	II	21	41
(18)		es	34	1	I	2	I	-	I	9	19
(19)			.39	18	I	1	-	I	100	3	15
(20)		200	12	I	-	-	4	" 3	1	2	1
(21)			16	-		-	-	-	3	5	8
(213	) Alcoholism		1	-	-	-	-			-	1
(22)		ise	75		I	-	-	2	8	30	34
(23)	Puerperal Fever	2.55	2	-	-	-			2	-	
(24)	Parturition, apart from										
	Puerperal Fever		4		-		-	I	2	I	-
(25)			84	80	3	1	-		-	44111	
(26)	Violence apart from Suici	de	52	2	2	6	- 5	5	6	8	18
(27)	Suicide		13	-	-		-	-	5	4	4
(28)	Other Defined Diseases		769	37	9	6	II	10	46	143	507
(29)	Causes ill-defined or un-		19.00	1000				MITTER STATE			0000
200	known		4	-	I	-	-	-	-	-	3

### MIDWIVES ACT, 1902.

The Midwives Committee of the County Council is the Local Supervising Authority under the Midwives Act, and the County Medical Officer is responsible for its administration.

During the year 93 certified Midwives notified their intention to practise, and of this number 69 were practising at the end of the year, of whom 53 were trained, and 16 bona-fide midwives.

Quarterly visits were paid by the County Inspector of Midwives. 236 routine visits of inspection were made during the year, exclusive of 29 visits made for the investigation of cases of alleged unqualified practice.

During the year, 202 notifications were received, as follows :		
Medical help for the Mother		III
Medical help for the Child		49
Notifications of Still-birth		II
Notifications of Death of Child before medical practitioner in attendance		
Notifications of having laid out a dead body	***	5 26
In the case of the mother, help was summoned during-		202
(a) Pregnancy:—		
Aborton and miscarriage	5	
Ante partum hæmorrhage	4	
Abdominal pain	I	
	-	10
(b) Labour :—		
(1.) Malpresentation, including prolapse of cord	6	
(2.) Delayed or obstructed labour	30	
(3.) Ruptured or lacerated perineum	37	
(4.) Retained placenta or membrane	10	
(5.) Raised temperature	6	
(6.) Post Partum Hæmorrhage	I	
	-	90
		-
Carried forward		I

		Brough	nt forward			100
(7.) Inflamed varie	cose veins				5	
(8.) Inflamed brea					I	
(g.) Breach preser					T	
(10.) Unconsciousne					T	
(II.) Pain in side					Ť	
(12.) Puerperal Fe				***	2	
(12.) I derperar Fe	v C1			***	-	
						II
						-
						III
Medical help was sent for the			g reasons :-			
(1.) Dangerous feeblen	ess and prei	naturity	***	***		17
(2.) Discharging eyes						12
(3.) Deformity						8
(4.) Jaundice						2
(5.) Circumcision						4
(6.) Tongue-tied						I
(7.) Convulsions						2
(8.) Skin eruption						7
	dition of na	vel		***		2
(9,) Unsatisfactory cor	idicion of na	vei	***		***	2
						-
						49

The total number of births attended by midwives during the year was 1,041.

#### NOTIFICATION OF BIRTHS (EXTENSION) ACTS, 1915.

During the year 2,703 birth notifications were transmitted by the District Medical Officers of Health to the Health Visitors, by whom 1,738 first visits and 3,874 re-visits were made. In view of the novelty of the Scheme it would not have been surprising if the advent of the Health Visitors had been resented by the mothers. This, however, was not the case, and only in a negligible proportion of the births visited was the Health Visitors' advice declined; in fact, the majority of the mothers were very grateful for the detailed advice given on the care and feeding of their babies, and some have gone out of their way to secure it. The following remark by Dr. Rawdon Wood in his report as Acting Medical Officer of Health of the Horsham Rural District as to the Health Visiting in that District is of interest, and may be applied to the County generally:—
"I have to draw attention to the good work done in the district by the Visiting Nurses. All births an notified to the Medical Officer of Health are again notified to the Health Nurses, who visit all infants where such visits appear necessary, and are at all times ready to give advice and "help in the care and management of infants and little children. The work is done with care "and judgment and much good is done thereby."

# MATERNITY AND CHILD WELFARE.

The County Council's Scheme for Maternity and Child Welfare was fully set out in last year's report. Maternity and Child Welfare Centres were opened at Chichester on the 24th March, and at Horsham on the 13th April. The local medical practitioners, who acted as Medical Officers, attended the Centre once a fortnight, but towards the end of the year at Chichester and early in 1917 at Horsham, it became necessary, owing to the increased attendance, to arange for the Medical Officer to attend weekly. The County Council gave permission for Centres to be established at Shoreham-by-Sea and Southwick, and Centres at these places were opened in 1917.

At the end of the year, 4 Centres were working in the County, viz., at Chichester, Horsham, Arundel and Littlehampton, the two latter being established by Her Grace the Duchess of Norfolk. The Centres were popular from the outset, but some mothers fail to realize that the Centres are for the prevention of disease and not solely for treatment, and therefore cease to attend after the minor ailments have cleared up for which they have brought their babies. The Centre Nurses endeavour to secure the regular attendance of these cases by following them up at their own homes. The number of children and expectant mothers on each of the Centre Registers at the end of the year was as follows:—

		Centre day, and	No. on Register.			
Name an	d Address of Centre.	hour.	Children.	Expectant Mothers.		
Chichester—4, S Horsham—Tan	t. John's Street Cottage, Brighton Road	Friday, 2.30 p.m. Thursday, 2.45 p.m.	95 70	=		
Arundel—Granv Littlehampton—	rille House, Maltravers Street -The Welcome, 20, East		70 122	6		
Ham Road			357	7		

#### PAYMENTS TO DOCTORS IN NECESSITOUS CASES.

In connection with their Maternity and Child Welfare Scheme, the County Council, at their Meeting on the 5th May, approved a proposal of the Public Health and Housing Committee that where a midwife called in a doctor the County Council would be responsible for his fee, subject to the following conditions:—

- (1.) Report to be furnished by the doctor to the County Medical Officer, stating the conditions requiring medical assistance and the procedure adopted by him.
- (2.) The doctor, at the earliest possible moment, to attend the patient to whom he was called and to carry out any necessary treatment.
- (3.) In all cases where the doctor claimed his fee, the County Council, through the kindness of, the West Sussex Children's Care Association, obtained a report on the financial circumstances of the family to ascertain whether they came within the following Income Scale fixed by the County Council:—

							S.	d.	
Parents or	r Parent	***			***	****	20	0	per week.
**	- 11			pendent			22	0	**
"	3.5	2	children	dependents		***	24	0	
	**	3	,,,	***		***	26	0	**
**	.,	4	**				28	0	
	- 11	5	,,	,,	***	***	30	0	

In all cases where the County Council did not consider the case a necessitous one they retained the power to recover the fee from the patient. Fees were paid in respect of 20 cases, of which 14 were necessitous and 6 non-necessitous.

The resolution authorising the payment of fees in non-necessitous cases has since been rescinded (4th May, 1917), the County Council having no power to incur expenditure under this head. This has, unfortunately, led to a veto of the Scheme by the Local Branches of the British Medical Association.

#### INFANT MORTALITY.

There were 186 deaths of Infants under one year, which is equivalent to an infant mortality rate of 63 per 1,000 births. The following Table gives the rates for the Administrative County and England and Walès for the past 6 years:—

		1911.	1912.	1913.	1914.	1915.	1916.
Urban Districts Rural ,,	 	98 73	63 68	75 62	76 68	76 69	67 58
Administrative County	 	95	66	68	72	73	63
England and Wales	 	130	95	108	135	110	91

It is not possible to show the infant deaths from stated causes at various ages under one year, as has been done in previous reports, as this information is not supplied by all the District Medical Officers of Health.

### ZYMOTIC MORTALITY.

From the "Seven principal Epidemic Diseases," which include Scarlet Fever, Diphtheria, Small-pox, Enteric Fever, Whooping Cough, Diarrhœa and Measles, there were 51 deaths, which is equivalent to a death rate of 0.3 per 1,000 of the population, as compared with 0.5 in 1915.

The aggregate number of deaths in the Urban Districts was 23, as against 28 in the Rural Districts, the respective rates being 0-3 per 1000.

From Enteric Fever there were 3 deaths, from Measles 1, from Scarlet Fever 6, from Whooping Cough 19, from Diphtheria and Croup 7, and from Diarrhœa 15.

TABLE VII.—Number of Deaths from Zymotic Diseases in each Sanitary District.

	Enteric Fever	Small-pox	Measles	Scarlet Fever	Whooping	Diphtheria & Croup	Diarrhœa	Total	Death Rate
URBAN DISTRICTS. Arundel (M.B.) Bognor Chichester (M.B.) Horsham Littlehampton Shoreham-by-Sea Southwick Worthing (M.B.)					- I 3 2 . 2 I			1 6 3 2 - 3 7	0·4 0.1 0·6 0·3 0·2 — 0·7 0·2
RURAL DISTRICTS.  East Preston Horsham Midhurst Petworth Steyning West Thakeham Westbourne Westhampnett				3 1 - 1 -	- I 3 2 I - I 2	- 2 - 1 1		3 4 4 4 4 1 4	0·5 0·2 0·3 0·5 0·5 0·1 0·5 0·3
Total Urban Districts Total Rural Districts	 3	=	1	6	9	6	10 5	23 28	0.3
Administrative County	 3	-	1	6	19	7	15	51	0.3

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# INFECTIOUS DISEASES.

#### Notification of Measles and German Measles.

Under Regulations issued by the Local Government Board, Measles and German Measles became compulsorily notifiable as from the 1st January, 1916. All the Local Authorities in the County, with the exception of the City of Chichester, the Urban District of Bognor and the Rural Districts of East Preston, Midhurst and Petworth, made arrangements with the Nursing Associations for their Nurses to visit all cases notified and to advise as to treatment and the precautions to be taken to prevent the spread of infection.

(The Petworth Rural District Council made arrangements in October, 1917).

## NOTIFIABLE DISEASES.

During the year ended December 31st, 1916, the total number of cases of Infectious Disease notified to the District Medical Officers was 2,087.

From Scarlet Fever there were 322 cases, from Diphtheria 132, from Enteric Fever 18, from Erysipelas 51, from Measles and German Measles 1,226, from Cerebro-Spinal Meningitis 6, from Poliomyelitis 2, from Puerperal Fever 3, from Pulmonary Tuberculosis 248, and from other forms of Tuberculosis 59. There were no cases of Small-pox.

Scarlet Fever was responsible for 6 deaths, Diphtheria 7 deaths, Enteric Fever 3 deaths, Measles 1 death, Puerperal Fever 2 deaths, from Poliomyelitis 2 deaths, Pulmonary Tuberculosis 196 deaths, and other forms of Tuberculosis 42 deaths.

One hundred and seventy three cases of Scarlet Fever, Diphtheria, Enteric Fever and Cerebro-Spinal Meningitis (36%) were removed to Isolation Hospitals. The Notifiable Diseases were distributed throughout the County as shown in the following table:—

TABLE VIII.—Cases of Infectious Disease Notified amongst civilians during the Year 1916.

	Measles and German Measles	Scarlet Fever.	Diphtheria.	Enteric Fever.	Chicken Pox.	Puerperal Fever.	Erysipelas.	Cerebro-Spinal Meningitis.	Poliomyletis.	Ophthalmia Neonatorum.	Pulmonary Tuberculosis.	Other Forms of Tuberculosis.
URBAN DISTRICTS Arundel (M.B.) Bognor Chichester (M.B.) Horsham Littlehampton Shoreham-by-Sea Southwick Worthing (M.B.)	6 113 106 54 26 40 66 158	16 5 41 2 15 34 5 39	4 2 18 2 — 2 9 55	2 - - - - - 9			- 3 4 1 5 6 - 11		11111111		9 9 29 18 6 16 11 50	2 10 9 2 — 3 1 8
RURAL DISTRICTS East Preston Horsham Midhurst Petworth Steyning West Thakeham Westbourne Westhampnett	16 120 55 16 70 10 63 307	55 32 12 8 4 11 11 32	2 6 2 6 2 2 2 15 5	- - - - - - - - - - - - - - -	11111111		2 4 1 2 3 	- 1 1 - -	_ _ _ _ _ _ _	- - 4 - - - - 1	5 17 22 14 12* 7 6	1 8 6 1 2 —
Total Urban Districts Total Rural Districts	569 657	157 165	92 40	14	- 11	2 I	30 21	3 3	- 2	3 6	146 102	35 24
Administrative County	1226	322	132	18	11	3	51	6	2	9	248	59

<sup>\*</sup> In addition 13 notifications were received in respect of non-residents who came from outside the County to stay at the Homes of Rest, Lancing.

### TUBERCULOSIS.

Tuberculosis in its various forms accounted for 238 deaths, the death-rate being 1.63 per 1,000 population. 10.5% of the total mortality from all causes was due to Tuberculosis. Deaths from Tuberculosis are classified as follows:—

Pulmonary Tuberculosis— Includes "Phthisis" (not otherwise defined), acute phthisis and acute general or miliary tuberculosis.

Tuberculous Meningitis.

Other Tuberculous diseases—Includes Tabes Mesenterica and other forms of abdominal tuberculosis, tuberculosis of spine, bones, joints, glands and other organs excluding the lungs.

From Table IX. it will be noted that 91.8% of the deaths from Pulmonary Tuberculosis occurred after the age of 15 years--the most fatal period being between the ages of 25 and 45 years.

TABLE IX.—Shewing number and percentage of deaths at various ages from Pulmonary and Non-Pulmonary Tuberculosis during the year 1915:—

			Total all	Nu	imber and Percer	ntage.
			ages.	o-5 years.	5-15 years.	15 years and over.
PULMONARY TUBERCULOSI Urban Districts Rural Districts	s:— 		102 94	3 (3%) 1 (1%)	2 (2%) 10 (10·7%)	97 (95%) 83 (88·3%)
Administrative County			196	4 (2.0%)	12 (6.1%)	180 (91.8%)
Non-Pulmonary Tuberc Urban Districts Rural Districts	ULOSIS 	:	26 16	10 (38·5%) 4 (25%)	6 (23·0%) 4 (25%)	10 (39·5%) 8 (50%)
Administrative County			42	14 (33·3%)	10 (23.8%)	18 (42.9%)
ALL FORMS OF TUBERCUL Urban Districts Rural Districts	.osis :-		128 110	13 (10·1%) 5 (4·6%)	8 (6·3%) 14 (12·7%)	107 (83·6%) 91 (82·7%)
Administrative County			238	18 (7.6%)	22 (9.2%)	198 (83-2%)

Pulmonary Tuberculosis:—From Table X. it will be noted that this disease was the cause of 196 deaths (as compared with an average of 154 deaths during the past ten years), i.e., 82% of the deaths from all forms of Tuberculosis, giving a death-rate for the County of 1.23 for 1,000 population, as compared with a rate of 1.05 in the preceding year.

TABLE X .- Number of Deaths from Pulmonary Tuberculosis, 1906-1915 and in 1916.

	1906	1907	1908	1909	1910	1911	1912	1913	1914	1915	Av. 1906– 1915	1916
Urban Districts Rural Districts	1 2	79 92	65 82	80 85	8o 77	7º 73	64 69	65 83	7 <sup>2</sup> 7 <sup>2</sup>	102 72	77 77	102 94
Administrative County	161	171	147	165	157	143	133	148	144	174	154	196
Death-rate per 1,000 living	0.98	1.0	0.87	0.96	0.90	0.80	0.75	0.81	0.78	1.05	0.89	1.23

Other Tuberculous diseases:—Including the deaths from Tuberculous Meningitis there were 42 deaths from Tuberculous disease affecting parts of the body other than the lungs, giving a death-rate for the County of 0.26 per 1,000 population as compared with 0.27 last year. In contrast with Pulmonary Tuberculosis, it will be noted from Table IX. that this group of diseases chiefly affects children, almost two-thirds of the deaths occurring under the age of 15 years

# PUBLIC HEALTH (TUBERCULOSIS) REGULATIONS, 1916.

An Order was made by the Local Government Board on the 13th May, 1916, by which each District Medical Officer was required to furnish to the Army Council the names of all males who were between the ages of 18 and 45 years on the 1st January, 1916, and notified to be suffering from tuberculosis and to continue to supply information in respect of future notifications. These Regulations remain in force for the duration of the War.

#### NOTIFICATION OF TUBERCULOSIS.

The following Table shews the number of Notifications received from the 2nd January, 1916, to the 3oth December, 1916.

TABLE XI.

		Notifications on Form A.										Notifications on Form <b>B</b> .				Number of Notifications on Form <b>C</b> .		
Age-periods.	o to I	to 5	5 to 10	10 to 15	15 to 20	20 to 25	25 to 35	35 to 45	45 to 55	55 to 65	65 and up- wards.	Total.	Un- der 5	to 10	to to	Total.	PoorLaw Institu- tions.	Sana- toria.
Pulmonary Tuberculosis— Males Females			1 4	4 7	4 16	10 20	37 32	39 20	13	5 14	1 6	114		<u> </u>	_		2 I	60 37
	1	2	5	11	20	30	69	59	26	19	7	249*	-	I	-	1	3	97
Other Forms of Tuberculosis non-pulmonary): Males Females	I 2	7 3	3 2	2 6		1 5	2 5	5 3	1 3	I		23 35						1 3
	3	IO	5	8	5	6	7	8	4	2	-	58	_	_	_	_	I	4

Includes 13 cases temporarily resident in the County in Convalescent Homes.

#### TREATMENT OF TUBERCULOSIS.

The Scheme has been working satisfactorily during the year. The work at the Dispensaries is shewn in the following Tables:—

(a) Number of cases examined for the first time from the 1st January, 1916, to the 31st December, 1916.

Dispensary.		Diagnosed as suffering from Tuberculosis.				Diagnosed not suffering from Tuberculosis.			Undiagnosed & remaining under observation.				Total number
	I.	U.	C.	Tot.	I.	U.	C.	Tot.	I.	U.	C.	Tot.	examined.
Chichester Worthing	26 19	6	8 2	40 31	3 8	2 3	9 24	14	I	- 2	18	19	73 74
Horsham Outside Areas (patients	14	4	5	23	-	3	17	20	-	I	-	I	44
seen at their own homes)	9	5	_	14	-	I	I	2	_	-	-	_	16
	68	25	15	108	II	9	51	71	2	3	23	28	207

(b) Number of Tuberculous patients supervised during the year and remaining under treatment at the end of the year.

5101	Supervised during the year.								Number remaining under					
Dispensary.	Insured.		Uninsur.		Children.		Ttl.				nber remaining under tment at end of year.			
	M.	F.	M.	F.	M.	F.		Insrd.		Un	Unisrd.		ldn.	
							M.	F.	M.	F.	M.	F.	Total	
Worthing	38 21 10	18 12 8	11 4 4	22 13 1	26 5 11	28 8 4	143 63 38	8 6 3	6 6 2	5 -3	11 4 1	10 1 2	15 3 4	55 20 15
Tuberculosis Officers)	8	9	3	5	2	3	30	3	5	2	4	2	3	19
	77	47	22	41	44	43	274	20	19	10	-20	15	25	109

#### CERTIFICATES TO MEN OF MILITARY AGE SUFFERING FROM TUBERCULOSIS.

At the request of the Army Authorities certificates were issued to men of military age notified to be suffering from tuberculosis where the diagnosis had been confirmed by the Tuberculosis Officer. The Dispensary service was placed at the disposal of the Recruiting Authorities for the examination of recruits suspected to be suffering from Tuberculosis, and up to the end of the year 1916, 19 cases had been examined by the Tuberculosis Officers and reports furnished to the Recruiting Officer.

# TUBERCULOSIS (DOMICILIARY TREATMENT IN ENGLAND) ORDER, 1916.

This Order rescinds the provisions of Article 2 (3) and (4) of the Order of the 26th July, 1912, whereby a Medical Practitioner carrying out the Domiciliary treatment of insured persons suffering from tuberculosis was required to keep a continuous Clinical record of his patient and particulars of the treatment given under his direction and to submit the record periodically to the Tuberculosis Officer. The new Order sets out a new form of report to be used by the Medical Practitioners periodically when reporting on patients under their care to the Consulting Officer, and, also, provides that they shall make arrangements for their patients to be examined by the Tuberculosis Officer once in every twelve months.

#### SHELTERS.

Six further shelters were purchased during the year, making a total of 20, all of which were in constant occupation.

#### SANATORIUM TREATMENT.

The following statement shows the number of persons who received treatment at Sanatoria under the County Scheme during the year 1916 :—

	Insured.	Uninsured.	Children.	Total.
Number of patients receiving Sanatorium treatment or				
1st January, 1916	16	5	6	27
Ditto, ditto, Hospital, ditto		-	I	2
Number of patients admitted to Saantoria from 1st		100000	and the same of	193
January, 1916, to 31st December, 1916		19	7	85
Ditto, ditto, to Chichester Hospital for Surgical treat-				14.
ment		I	2	5
Ditto, ditto, who were discharged from Sanatoria	1			1000
during same period		14	7	79
Ditto, ditto, Hospital same period Ditto, ditto, who died at Sanatoria, same period		1	3	0
Ditto, ditto, who died at Sanatoria, same period Ditto, ditto, still receiving treatment on 31st December				-
*0*6		12		22
Ditto, ditto, Hospital, ditto, ditto	1	1	-+	33
zarra, arra, respirar, arra, arra				
Total number of days Sanatorium treatment received			- Charles	
by all patients	1 66	2200	1419	10294
Ditto, ditto, Hospital, ditto, ditto		94	85	482
	-			
Total number of days all forms of treatment	6978	2294	1504	10776

The amount spent for Sanatorium treatment for the year was £2584:14:3.

### ISOLATION HOSPITALS.

The Isolation Hospital accommodation is given in the Annual Report for 1914 (Table VX., page 16).

SMALL-POX HOSPITAL ACCOMMODATION.

During the year an agreement was entered into with the Corporation of Brighton for the admission into their Small-Pox Hospital at Fulking of cases from this County. Under the terms of the agreement, the County Council agree to pay a retaining fee of £25 per annum, and a charge of £5 per occupied bed per week. This charge includes nursing, medicines, provision of beds, foods, and all other requisites, but not medical attendance. The County Council have the right to retain one bed in the Hospital and further beds if accommodation is available, failing which permission is given to erect huts in the Hospital grounds, should the occasion arise. The County Council also approved the purchase of an 8-bed ward, sectional, portable building, at an estimated cost of £671 for erection in the Hospital grounds if required. Patients will be conveyed to the Hospital by motor car and a nurse will accompany them when necessary.

Dr. W. A. Powell, of Brighton, has consented to attend cases at the Hospital on the following terms:—

For Day Visits.—£1 is. per visit for the first case and 5s. per visit for each subsequent case. For Night Visits (between 8 p.m. and 8 a.m.).—£1 iis, 6d. for the first case and 5s. for each subsequent case.

These fees include all travelling expenses.

# MENTAL DEFICIENCY ACT, 1913.

Owing to the depletion of staff, only urgent cases were dealt with under the above Act. Up to the time of writing this report, 19 defectives have been sent to Institutions, 5 have been placed under Guardianship, and 80 under Supervision.

### PUBLIC HEALTH (VENEREAL DISEASES) REGULATIONS, 1916.

The above Regulations were issued by the Local Government Board in July, 1916, as a result of the Final Report of the Royal Commission on Venereal Disease. Under the Board's Order, the duty was placed on County Councils to prepare and submit Schemes for the Board's approval.

- (a) For the treatment at or in Hospitals or other Institutions of persons suffering from Venereal Disease; and
- (b) For supplying Salvarsan or its substitutes to medical practitioners for the treatment and prevention of venereal disease, and when the Board have approved the Scheme, the Council shall make arrangements for carrying it into effect at the cost of the Council.

Towards the expenditure incurred in connection with such schemes a grant of 75% is available.

Schemes were approved by the County Council on the 17th November, 1916, and the 2nd February, 1917, respectively, by which arrangements were made for the establishment of Clinics with the Royal Portsmouth Hospital, Portsmouth, for the western part of the County, and with the Sussex County Hospital, Brighton, for the eastern part.

### FACILITIES FOR TREATMENT.

Clinics. Treatment at the Clinics is available to any resident in the County suffering from or suspected to be suffering from Venereal Disease in its earlier and at all communicable stages. The patient may attend the Clinic on the advice of his Medical Attendant or on his own initiative. The Clinics are held at the following times:—

Name and Address of Clinic.	Days and Hours of Attendance.
ROYAL SUSSEX COUNTY HOSPITAL, EASTERN ROAD, KEMP TOWN, BRIGHTON. Nearest Station: Brighton Central. This Clinic serves the persons residing in the Eastern part of the County.	Men:— Tuesdays 5.0 p.m. to 7.0 p.m Saturdays 3.30 p.m. to 5.30 p.m Women:— Thursdays 3.30 p.m. to 5.30 p.m
ROYAL PORTSMOUTH HOSPITAL, LANDPORT, PORTSMOUTH. Nearest Station: Portsmouth Town. This Clinic will serve the persons residing in the Western part of the County.	MEN:— Tuesdays & Thursdays 6.0 p.m. to 7.30 p.m Saturdays 4.0 p.m. to 6.0 p.m WOMEN:— Tuesdays & Thursdays 3.30 p.m. to 5.0 p.m

A limited number of beds is reserved at each of these Hospitals for patients whom the Medical Officers in charge of the Clinics recommend as requiring In-patient treatment.

The facilities are available, free of all cost, to any resident in the County suffering, or suspected to be suffering, from any form of venereal disease.

Complete secrecy as to the names and addresses of all patients is observed. This information is only required by the Medical Officer in charge of the Laboratory and Clinic for the purpose of communicating with the patients as to subsequent treatment, and in order to allocate the cost between the various Authorities having arrangements at the same Hospital.

**Travelling Expenses of Patients.** The County Council have authority, und ercertain circumstances, to defray the reasonable travelling expenses of patients attending the Clinics who are unable to bear the cost themselves.

Pathological Examination of Specimens. Specimens may be sent for examination to the Pathologist of either of these Hospitals by any medical practitioner in the County. The examination and report are made without cost to either the doctor or the patient. Stamped outfits, with full direction for the collection of specimens, are supplied free of charge on application being made to the County Health Department.

Supply of Drugs. In accordance with the Local Government Board's Regulations, arrangements were made for the supply to the medical practitioners of the expensive drugs used in the modern methods of treatment.

#### WATER SUPPLY.

The Urban Districts are supplied with water of good quality, and in most cases the supply is ample to meet all needs. A number of Parishes in Rural Districts are still dependent upon shallow wells, yielding a water supply of very doubtful purity, but no action has been taken beyond the establishment of new water works at Storrington, which were opened on April 1st.

#### HOUSING.

The following Table shews the work performed in the various Sanitary Districts in the County during the year:—

		201				A STATE OF THE PARTY OF THE PAR			
Sanitary Districts.	Number of dwelling- houses inspected under and for the purposes of Sec.17 of the Act of 1909.	Number of dwelling- houses which were considered to be in a, state so dangerous or injurious to health as to be unfit for human habitation.	Number of representations made to the Local Authority.	Number of closing orders made.	Number of defects which were remedied without the making of closing orders.	Number of dwelling- houses, which after the making of the closing orders were put into a fit state for human habitation.	Demolition orders made.	Number of houses closed or demolished voluntarily by the owners.	New Housed erected.
Urban Districts.									
Arundel (M.B.)	 135	47		-	10	_	_	-	-
Bognor		47		_	2	_	_	2	_
Chichester	 -	?		_	219	-	_	_	
Horsham	 ~ ~ ~	3	_	-	15		_	3	_
Littlehampton	 256	3 121	-	-	120		-	-	
Shoreham-by-Sea	 347 88	181	I	I	126	I	_	-	††15
Southwick	 88	58			47		-	-	4
Worthing	 1046	3	I	1	?.	I		-	-
Rural Districts.									
East Preston			-	-	-	-	-	-	6
Horsham	 54	3		_	19		_	I	8
Midhurst	 63	-	-	-	29	-	-	-	_
Petworth	 †		-	-	-	-	-	2	
Steyning West	 224	136		-	IIO	2	-	-	4
Thakeham	 1	-	-	-	-	-	-	-	2
Westbourne	 13	13	8	8	2	- 70	-	9	3 6
Westhampnett	 119	69	-	-	43		-		6

- . Fifty-one of these houses were inspected under Section 15 of the Act.
- † Owing to absence of Sanitary Inspector of Nuisances, routine inspection has come to a standstill.
- †† Bungalows on beach.

### RIVERS POLLUTION PREVENTION ACTS.

No action was taken either by the County Council or the Local Sanitary Authorities during the year.

# DRAINAGE AND SEWAGE, SCAVENGING, AND REFUSE DISPOSAL.

No work of importance has been carried out with regard to drainage and sewerage, scavenging and refuse disposal.

# SALE OF FOOD AND DRUGS ACTS.

Table showing articles purchased for analysis by the Public Analyst, with result of analysis for the year ended 31st December, 1916.

Article.			No. of	Result of	Anlaysis.	100	(a) How dealt with.					
			Samples Analysed.	Genuine.	Otherwise.	Summons	Convicted.	Dismissed.	Cautioned, &c.			
Milk			92	77	15	3	_	3	12			
Butter			45	42	3		-	-	3			
Margarine			3	3	_	_	_		-			
Sausages	****	2000	1	I	-		_	_	_			
Spirits			16	- 15	I	1	I					
Jam			12	12	-			_	_			
Honey	***		7	7			_					
Peppermint		***	1	I	-			_	-			
Baking Powd	er, etc.		10	10		-		-	-			
	10	11111	187	168	19	4	1	3	15			

# PUBLIC HEALTH (MILK AND CREAM) REGULATIONS, 1912.

REPORT FOR THE YEAR ENDED 31ST DECEMBER, 1916.

I. MILK and Cream not sold as Preserved Cream.

	(a) Number of samples examined for the presence of a preservative.	(b) Number in which a preservative was reported to be present.
Milk	92	•I
Cream	Nil.	Nil.

- \* Boric preservative-Vendor cautioned.
- 2. Cream sold as Preserved Cream.
- (a) Instances in which samples have been submitted for analysis to ascertain if the statements on the label as to preservatives were correct.

(i.) Correct statements made	 ***	 	Nil.
(ii.) Statements incorrect	 144	 	Nil.

- (b) Determination made of milk fat in cream sold as preserved cream.
  - (i.) Above 35 per cent.: ... ... ... Nil. (ii.) Below 35 per cent. ... ... ... Nil.
- (c), (d). Nil.
- 3. Thickening substances.-Nil.
- 4. Other observations.-None.

NEW MILK. The average content of the 92 samples of new milk submitted for analysis during the year was:—

	Fat.	Solids not Fat.:	Total Solids.		
New Milk (92)	3-68%	8-73%	12.41%		

#### PORT OF NEW SHOREHAM.

The number of Vessels entering the Port during the year was 199. Of these 135 were from British Ports and 64 from Abroad; the total tonnage of the former amounted to 35,706, and of the latter 5,220.

Inspection .- Every vessel was visited and inspected by the Port Sanitary Inspector.

Infectious Disease.—No case occurred on the vessels during the year. Three cases of plague were reported from Liverpool, but no signs of illness were found by the Medical Officer at his visits and no cases were notified.

Public Health (Regulations as to Food) Act, 1907.—The number of Vessels entering the Port carrying food was II, and the total tonnage 1,473. No Meat or Flesh food was imported. All the cargoes were examined and found clean and wholesome. Samples of shell fish (mussels and oysters) were taken during the year, in January, June and December, and on examination were found to be unfit for human consumption. Action was taken in compliance with the Public Health (Regulations as to Food) Act, 1907, Art. IV., Sub-Sect. I and 2,

# PORT OF LITTLEHAMPTON.

Owing to the War, the number of cargo Vessels entering the Port during the year was 7 as compared with 82 in 1915.

Inspection.—The Medical Officer and Inspector examined all the vessels from Foreign Ports as early as possible after arrival.

Cargoes consisted of Timber and Manure.

Infectious Disease.-No cases occurred on the vessels during the year.

F. ERIN SMEDLEY,

Acting County Medical Officer.

COUNTY HEALTH DEPARTMENT,
DOWNVIEW ROAD,
WEST WORTHING,
February, 1918.