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New and interesting work. Just published, in German and in English, ... a  
new edition of an entire new work, entitled A guide to old age; or, A cure for  
the indiscretions of youth. ... / by William Brodum, M.D.**

### **Contributors**

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TO BE HAD OF  
SYMONDS, HURST, and WEST & HUGHES,  
IN PATERNOSTER - ROW.



NEW AND INTERESTING WORK.

*Just published, in German and in English, Price Three Shillings and Sixpence,*

WITH

THE DOCTOR'S PORTRAIT,

DEDICATED TO THE

King's Most Excellent Majesty,

A NEW EDITION OF

AN ENTIRE NEW WORK, ENTITLED

A

# GUIDE TO OLD AGE;

OR, A

*Cure for the Indiscretions of Youth.*

To which he claims the attention of all parents, guardians, &c. whose duty it is to pay special regard to the interests of the rising generation; neither single or married should be without it, and in particular seafaring men on long voyages; in which the various disorders incident to mankind, and particularly those occasioned by irregular propensities in both sexes, with the proper mode of relief, &c. are treated of under the following heads:

Nervous disorders, head-ach  
Epilepsy, madness, deafness  
Diseases of the eye, consumptions  
Atrophy, or nervous consumption  
Jaundice, bilious complaints  
Complaints of the female sex  
Diseases of the head  
Diseases of the liver, Asthma

Dropsy, gout  
Rheumatism, palsy  
Menstruation, chlorosis, scrofula  
Excess of libidinous indulgences  
Baneful effects of such indiscretions,  
especially among youth  
Venereal disease  
On sea and hot bathing

BY

WILLIAM BRODUM, M. D.

London:

PRINTED FOR THE AUTHOR,

AND SOLD AT HIS HOUSE, NO. 9, ALBION-STREET, NEAR THE  
LEVEREAN MUSEUM, BLACKFRIAR'S-BRIDGE;

SYMONDS, HURST, WEST AND HUGHES, IN PATERNOSTER - ROW;

And may be had of all the Booksellers and Venders of the Doctor's Medicines in the  
three Kingdoms.

For the excellent CHARACTER of this Work, see the  
different Reviews.



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## PRACTICAL OBSERVATIONS ON NATURE.

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THE first and principal duty of a physician is, the attaining the art of distinguishing the cause of disorders, particularly those that are most general and fatal in the district of his practice. The knowledge of the different qualities of medicines, should likewise be his peculiar care, since without this important information, it is impossible for him to be able to successfully relieve the various disorders incident to the human frame. That DR. BRODUM has particularly made these two grand objects his study; is amply confirmed by the astonishing success that has attended the administration of his **BOTANICAL SYRUP** and **NERVOUS CORDIAL**.—Several of the most dire calamities of human nature having subsided by their adoption, and the constitution attained an energy and power positively beyond the expectation of the most sanguine.

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### ON NERVOUS DISORDERS.

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THE animal spirits being the principal seat of knowledge, gives immediate judgment between pain and pleasure; through the medium of seeing, hearing, tasting, smelling and feeling. But the mind, or animal spirits, can conceive either fear, grief, joy, &c. and without imbibing it from these organs.

When one person infects another, it must be carried to the prime seat of knowledge, by some one of the senses. Thus when any hurt, surprise, infection &c. reaches the animal spirits, the antipathy of the nerves is evident from the violent irritation produced in every muscle and artery of the frame. This demonstrates that the nerves are immediately under the government of the mind, and their surprising facility of action is elucidated by the quickness with which we catch a flying ball, or guard our heads from an impending blow. That the mind is in all these cases directing the action of the nerves; is evidently conspicuous from their wonderful energetic and instantaneous operation.

Having thus shewn the nerves to be under the immediate guidance and influence of the mind. I shall proceed to remark, that all disorders ranked under the appellation of nervous complaints, are the principal sources of human misery, in the total loss or suspension of health. To investigate the source of the numerous calamities that



are ranked under the above head, would far exceed the limits of a work of this description, suffice it therefore to observe, that none are more justly to be deplored than the above, since they are fraught with the most dangerous consequence to the valetudinarian, except the party is so fortunate as to be recommended to DR. BRODUM'S NERVOUS CORDIAL, a preparation unexampled for its efficacy in the annals of medicine. Its success is singularly extraordinary in all delicate, weakly and relaxed constitutions, lowness of spirits, hypochondriac, horrors, tremblings, weakness of sight, loss of memory, impaired vigour, tabes dorsalis, nervous consumptions, and disorders arising from a course of intemperance, or a disregard to those principles requisite to be adopted in the preservation of health. Every part of his majesty's dominions, has experienced incontestable testimonies of the efficacy of this invaluable medicine, nor has its justly acquired fame failed to extend to the most remote parts of the universe, particularly to the East and West Indies, America, &c.

The admirable manner in which it braces and attenuates the human system, causes it to give astonishing vigour to the functions of life, and to be at this day the most noble remedy extant, for the effectual cure of those disorders recorded in these pages of authentic information. The grave has lost many a victim, and the health of thousands been preserved to extreme old age, through the fortunate discovery of this invaluable prescription.

The multiplicity of disorders incorporated into the system by the dissipation of youth, is a lamentable truth, especially when we reflect that our own imprudences produce the subsequent calamities of our life. The strongest and most vigorous constitutions, have frequently been destroyed beyond redemption by these imprudent practices; yet let not the invalid despair, since there exists a remedy that has completely recovered the most emaciated, and that at an æra when hope had almost entirely forsaken the supposed victim of his own destruction.

This unparalleled restorative, is equally efficacious in removing the various weaknesses incident to the fair sex; so that it may be said to be the most invaluable companion to the toilet, that ever was discovered in any age or country.

Persons enervated by too long a residence in warm climates, the immoderate use of spirituous liquors, tea, or coffee, the languor arising from intense study, have all experienced its salutary effects on the constitution. In a word, it removes the head-ach, invigorates the spirits, and gives a tone of vigour to the animal life, that is pregnant with the first of comforts to society at large—the never too much to be estimated blessing of Health.

The connexion between the mind and body, admits not of any dispute, it is obvious in the sensations of pain and pleasure, which we experience from a review of external objects, and our attempting to escape the former, or improve the latter, is an unanswerable argument in favour of this intimate, though temporary union. These ardent impressions we doubtless derive from divine power, to define or investigate which is not within the province of human nature. To attempt it would be an act of the most absurd and dangerous temerity of which mankind could be guilty. The secrets of the Almighty should be sacred, his mysteries inviolable.

The real happiness of man, was one of the most important ends of the creation, and as all that the earth produces was made for his use and benefit; it is a duty incumbent on us to advert to every innocent



means of enjoyment, and to shield ourselves from those evils that may be happily avoided, by a display of that resolution with which we are invested by nature for our manifest preservation.

The potent power of medicine, is one of the greatest blessings that has ever been discovered for our mental and corporeal repose; for, when sickness affects the body, the mind is weakened in proportion to the extent of the complaint.

If the space allotted for repose is disturbed by unpleasant dreams, who would not exert every effort in his power to render them more calm and tranquil? and as the fancy is particularly alert, during this temporary suspension of the more active powers of life, the immediate object of our care, should be to have our sleep accompanied with visions, that would, when the spells of Morpheus had subsided, afford us a pleasing and agreeable retrospection. From these remarks on sleep, this inference may be drawn in more active life, should the invalid neglect to apply in time, when afflicted with any of the disorders eradicated by DR. BRODUM'S BOTANICAL SYRUP and NERVOUS CORDIAL, he will deserve to remain as unpitied as he who neglects to administer to his own comfort in the endeavouring to obtain a placid and undisturbed repose. The person who is obstinate when the renovation of his health is in contemplation, and will not believe the representations of his friends, when speaking from confirmed experience,—deserves not to partake of those comforts which the re-establishment of the system would infallibly produce.

Nothing more strongly, confirms the truth of the intrinsic worth of these excellent medicines, than the confirmation of the following professors of the University of Copenhagen, who being at the summit of their art, cannot be supposed any otherwise interested than in the preservation and happiness of their fellow-creatures.

WINSLOW, *Royal Professor of Anatomy.*

TODE, *Professor of the University of Physicians.*

CALLISON, *Professor.*

LUD. MANDHEY, *Professor of Chymistry.*

I certify that the above, is signed and sealed by Professor Winslow, of the city of Copenhagen.

Witness my hand and seal at Copenhagen, this 30th day of June, 1799.

ROBERT STEPHEN FITZGERALD, \*  
*His Majesty's Envoy Extraordinary at the Court of Denmark.*

\* The manuscript of the above professors, which would be too tedious to insert in this place, may be seen at the Doctor's House.

The Medicines may be had at all hours; personal advice as usual. Proper allowance to Merchants and Captains of ships, by giving three days notice.

The *Botanical Syrup* and *Restorative Nervous Cordial* to be had at the Doctor's House, No. 9 Albion-Street, near the Levee Museum, Surry-side of Blackfriars Bridge, in bottles at 1l. 2s.;—1l. 6d.; and 5s. 5d. (*duty included*).

The Five Guinea Bottle of Nervous Cordial (which is only to be had at the Doctor's House) contains nearly seven single Guinea Bottles.

Any small quantity of Medicine (even a single bottle) will be sent to any Part of the country, by a letter addressed to Dr. Brodum, post paid.



# A LIST OF CURES.

LIEUT. W. PARDOE,

OF HIS MAJESTY'S GUN VESSEL FEARLESS.

SIR,

It is with infinite satisfaction I acknowledge the excellence of your Botanical Syrup, which has entirely relieved me from the most EXCRUCIATING RHEUMATIC PAINS AND CONTRACTION OF THE JOINTS, which I have been afflicted with upwards of ten Months.

Be assured I shall recommend your valuable medicines to the utmost of my power.

I remain, SIR,

Your very obedient humble Servant,

LIEUT. W. PARDOE.

*Plymouth Dock, July, 31. 1800.*

Witness to the } L. Congdon, Printer and Stationer,  
above Cure, { No. 52, Fore Street, Plymouth Dock.

To DOCTOR BRODUM, London.

Colonel Count Byland, late of Fairy Hall, Mottingham, Kent, thinks it but just to recommend Doctor Brodum's *Medicines*, as several of his Friends have found benefit thereby.

*London, Aug. 22. 1800.*

Captain Alexander Blake, Mariner, of *South Shields*, acknowledges to have received much benefit by taking Dr. Brodum's *Botanical Syrup*, he being afflicted with the Scurvy and Gravel.

*Aug. 30, 1800.*

ALEXANDER BLAKE.

*A Copy of the Affidavit, made by John M'Gowen, Grocer, 15, Church Street, Blackfriars Road, at Guildhall, London, Aug. 18, 1800,*

COMBE, Lord-Mayor.

"I, JOHN M'GOWEN, do hereby make oath, that I have received astonishing benefit by taking Dr. Brodum's *Nervous Cordial*, which was recommended to me by a medical man, I was cured of a bilious fever, yellow jaundice, and palpitation of the heart.

"JOHN M'GOWEN."

Sworn at Guildhall, London, }  
this 18th of August, 1800, before me } JOHN PERRING, Esq. Alderman.

Mrs. Jewel, Linen-Draper, Brompton, near Chatham, was afflicted six years with a complication of disorders, which baffled the skill of several persons of the profession; her body was swelled in a violent manner, so much as to be called by some the dropsy, some a bilious complaint, &c. her legs were in such a situation as at the ankles to spread over the shoes at times; she was afraid, from an oppression in her breast, of being choaked for want of breath. In this condition her life became a burthen, being hopeless of any relief from medicine, but fortunately applying to Dr. Brodum, was perfectly recovered by his *Nervous Cordial*. Any person, questioning the authenticity of the above may, on application, or by letter, (post paid) receive full satisfaction.

*The following is a Copy of a Letter received from Mrs. Smith, the Wife of Mr. Smith, Attorney at Law, Racquet-court, Fleet-street.*

SIR,

In sympathy to nervous patients in general, I beg you to make public the great benefit I have received from your *Nervous Cordial*. I was what is termed a nervous patient, or rather my nervous system was totally deranged, and the extreme of heat or cold, or surprise of any kind, brought on a most violent pain in the face and arms, with lowness



of spirits, difficulty in breathing, and spasms in the head, which, by taking a few bottles of your Nervous Medicine, I am happily relieved from.

I am, Sir,

Your humble Servant,

*Racquet-Court, Fleet-Street, Oct. 6, 1800.* MARGARET SMITH.

DEAR SIR—It is with the utmost satisfaction I inform you of a cure effected by your truly invaluable Nervous Cordial. A female friend of mine being violently afflicted with a nervous head-ache and a scorbutic complaint, was prevailed on by Mr. Collins, Miniature Painter to his Majesty, No. 24, Pall Mall, who had experienced the happy effect of your medicine, to try it, from which she has received the greatest benefit. The head-ache in general came on in the night, and was so bad by eight or nine o'clock in the morning, that she was obliged to keep her bed; it sometimes continued a day or two without intermission, which rendered her very uncomfortable; but by taking a few bottles of your Nervous Cordial, she is quite recovered. She has therefore begged of me to inform you of the above cure, which she thinks it a duty incumbent to acknowledge, for the benefit of those afflicted with similar complaints.—You have her leave as well as mine to publish this, and may refer any one to, dear Sir, your's sincerely. GEORGE BARRY.

Miniature Painter,

No. 475. Near Lancaster-court, Strand

*Copy of a Letter to Richard Graves, (Brother to the Admiral) Captain in the Royal Navy.*

SIR,

Exeter, Devon.

Agreeable to your request, I have the honour and pleasure to inform you that I am intirely recovered from my late illness, although too much praise cannot be ascribed to Dr. Brodum's medicines, in working so wonderful a cure in so short a period, still I have you to thank, sir, for your obliging condescension in answering my first letter in so gentleman-like manner, and look on you as the principal that my health is restored, for had I not been encouraged by you, sir, to trust myself under Dr. Brodum's care, I should, to this moment, have laboured under the dreadful disorder. I can assure you, it is not in my power to do justice to Dr. Brodum's merit; as to his medicines, they are most excellent. I will leave you to judge, that after being afflicted for upwards of six years, under so dreadful a scorbutic complaint, as to occasion large tumors in my legs and several parts of my body, to deprive me of hearing and nearly my sight, my nerves affected almost to madness, for which I was under the care of some of the most eminent of the faculty, at an expence of upwards of three hundred and fifty pounds, without receiving a shadow of benefit, nay, I found my disorder increase under their hands; to be cured by Dr. Brodum in less than six weeks, appears to me little short of a miracle; his skill as a physician, and his treatment as a gentleman, shall ever be remembered by me with gratitude never to be erased. I shall use my utmost assiduity to recommend Dr. Brodum's medicine to my brother officers. I am, dear sir, with the utmost esteem, your obedient servant,

*Manchester-square, Dec. 26, 1797.*

CHARLES HANBY.

A merchant at Exeter, who had a violent inflammation in his blood which broke out all over his body in scorbutic blotches, and occasioned a defect of sight, cured by the Botanical Syrup and Nervous Cordial.

Witness, John Coward, Exeter.

I have seen the gentleman, have long known him intimately, and I know the above easy to be true.

CHAPMAN IVES.

Collishall near Norwich.



SIR,

*Broadstairs, near Margate, July 19, 1800.*

For several years I was afflicted with lowness of spirits, as also with the loss of the use of my limbs, my legs were swelled to a considerable size, and my whole nervous system was affected; I had every medical assistance the country could afford, without receiving any benefit whatever; I had given up every hope of ever recovering my health again; but, being advised to make trial of your Nervous Cordial, of which I took several bottles, am now happy to inform you that my health is perfectly restored, and that I never experienced a better state of health than I now enjoy. The only return I can make you for the blessings you have bestowed on me is, that you have my permission to make this case public. I am, with respect, your grateful humble servant,

E. A. ATHERDEN.

*Baker, Broadstairs, Kent.*

Witness, { W. Minter, New Inn, opposite Kirby's Stables, Margate;  
Father-in-Law to Mrs. Atherden.

*To Dr. Brodum, London.*

Should any Person doubt the fact of this Case, they may be satisfied of the truth by sending a letter, post-paid. to Mr. Minter, New Inn, Margate.

~~~~~  
*Copy of a Letter to Dr. Brodum.*

Dear SIR,

I should be totally destitute of gratitude, were I to omit returning you my sincere thanks, and taking every possible means of informing the world of my son's astonishing recovery from a total (and as many of the faculty pronounced it an incurable) deafness, by applying to you, and taking your Nervous Cordial. It is impossible any one can form an adequate idea of my son's sensations on being restored to perfect hearing, after having been totally deprived of that sense for upwards of two years. My gratitude to you, Sir, admits not of language; suffice it to say, I regard you as the immediate instrument of Heaven, in recovering my son from a state which refused to yield to any skill but your's. It is my wish to testify my gratitude in the most ample manner; therefore, if you think the publication of this letter will do you any service, you have permission to make any use of it you think proper, and I shall always esteem myself happy in testifying how grateful a sense I have of your superior abilities.

SARAH THORP.

Witness, *William Bristow*, Printer of the *Kentish Chronicle*, and  
*Samuel Kingsford*, of *Sturry*, Banker in *Canterbury*.

*Sturry, near Canterbury, Dec. 11, 1793.*

## WITNESSES TO DIFFERENT CURES.

|                        |       |                               |
|------------------------|-------|-------------------------------|
| Sir James Sanderson    | - - - | late Lord Mayor               |
| Charles Hanby, Esq.    | - - - | Manchester-square             |
| Richard Graves, Esq.   | - - - | Hembury Fort, Honiton Devon   |
| Chapman Ives, Esq.     | - - - | Collishall, near Norwich      |
| B. Robertson, Esq. }   | - - - | Justices of the Peace, London |
| W. Hill, Esq.          | - - - |                               |
| W. Bristow, Esq.       | - - - | late Mayor of Canterbury      |
| Samuel Rash, Esq.      | - - - | Justice of the Peace          |
| Samuel Kingsford, Esq. | - - - | Sturry, near Canterbury       |
| Tho. Hill, Esq. }      | - - - | Uppingham, Rutland            |
| Wm. Belgrave, Esq. }   | - - - |                               |
| Rev. Rees Harris,      | - - - | Colchester                    |
| Rev. J. Greville,      | - - - | Chiswick, Middlesex           |

The above gentlemen are witnesses to cures which are to be seen in full length in the Doctor's pamphlets, and are to be had by his agents, gratis.



*The Botanical Syrup and Nervous Cordial*  
May be had at the Doctor's House, No. 9, Albion Street,  
Blackfriars, London.

And of the undermentioned Persons in Town and Country, viz.

|                         |                         |                        |
|-------------------------|-------------------------|------------------------|
| Albin, Isle of Wight    | Goadby, & Co. Sher-     | Peart, Retford         |
| Almick, & Co. Hay       | borne                   | Rawson, & Co. Hull     |
| Market                  | Gales, Sheffield        | Raikes, Gloucester     |
| Albin, Spalding         | Gregory, Brighton       | Rose, Deal             |
| Atkinson, Manchester    | Ditto, Leicester        | Rolloson, Coventry     |
| Appleby, N. Shields     | Gitton, Bridgenorth     | Remnant, Hamburg       |
| Bulgin, Bristol         | Gee, Cambridge          | Ridgard, & Co. Shef-   |
| Bacon, Norwich          | Greaves, Hallifax, Nova | field                  |
| Baker, Southampton      | Scotia                  | Ridge, Newark          |
| Buckland, Portsea       | Gawthorp, York          | Reid, Leith            |
| Burkitt, Sudbury        | Haydon, Plymouth        | Simmons, & Co. Can-    |
| Blake, Maidstone        | Harding, Gosport        | terbury                |
| Baxter, Edinburgh       | Hoxland, Plymouth       | Swinfen, Leicester     |
| Ditto, Glasgow          | Dock                    | Stevenson, & Co. Nor-  |
| Bristow, Canterbury     | Hays & Son, Brigg       | wich                   |
| Burbage, & Co. Notting- | Harvey, Weymouth        | Staples, & Co. New     |
| ham                     | Henderson, Durham       | York                   |
| Browne, Bristol         | Hurst, Grantham         | Sheppard, Mansfield    |
| Binns, & Co. Leeds      | Holt, & Co. Newark      | Swinney, Birmingham    |
| Blanchard, York         | Hodgson, Newcastle      | Smith, Bedford         |
| Blakeney, Windsor       | Husband, & Co, Edin-    | Silver, Margate        |
| Barnikel, Plymouth      | burgh                   | Sheardown, Doncaster   |
| Belam, Portsmouth       | Jones, Oxford           | Smart, & Co. Reading   |
| Bray, Sunderland        | Inglis, Dumfries        | Skilton, Southampton   |
| Burgess, Ramsgate       | Jollie, Carlisle        | Schofield, Liverpool   |
| Brookes, Lincoln        | Jeboult, Oxford Road    | Spilsbury, Dublin      |
| Browne, Diss            | Inwood, Newport Pag-    | Stains, Manchester     |
| Boys, Doncaster         | nel                     | Sheppard, Bristol      |
| Browne, Newcastle       | Keymer, Colchester      | Staines, Chelmsford    |
| Collins, Salisbury      | Kelly, North Shields    | Stead, Jersey          |
| Chalmers, Aberdeen      | Knight, Tunbridge Wells | Simson, Hertford       |
| Cruftwell, Sherborne    | Lynch, Manchester       | Scott, Edinburgh       |
| Cruftwell, Bath         | Ledger, Dover           | Trewman & Son, Exeter  |
| Chalmers, Dundee        | Moffatt, Waterford Ire- | Tesseyman, York        |
| Congdon, Plymouth       | land                    | Tymbs, Worcester       |
| Dock                    | Merritt, & Co. Liver-   | Taylor, Wrexham        |
| Downs, Yarmouth         | pool                    | Tregoning, Truro       |
| Dacey, & Co. North-     | Marshall, Northampton   | Turner, & Co. Lynn     |
| ampton                  | Morgan, Stafford        | Turner, & Co. Searbro' |
| Drewry, Derby           | Moore, Poole            | Williams, Pall Mall    |
| Dunn, & Co. Notting-    | Meggy, & Co. Chelms-    | Wood, Shrewsbury       |
| ham                     | ford                    | Walker, Hereford       |
| Dingle, Bury            | Nettleton, Plymouth     | Watkins, Ditto         |
| Donaldson, & Co. Brigh- | Newcombe, Stamford      | White, Wisbeach        |
| ton                     | Neal, Dover             | Walker, Newcastle on   |
| Drakard, Stamford       | Newbery, E. St Paul's   | Tyne                   |
| Davidson, & Co. Edin-   | Naylor, Darlington      | Wilson, & Co. York     |
| burgh                   | Olevant, Swansea        | Wood, Weymouth         |
| Elliot, Lewes           | Peirson, Sheffield      | Walker, Maidstone      |
| Etherington, Rochester  | Phillipson, Chichester  | Wright, Leeds          |
| Ditto, Chatham          | Peacock, York           | Ware, Whitehaven       |
| Eddowes, Shrewsbury     | Poole, Chester          | Ward, Yarmouth         |
| Embleton, Berwick       | Peck, Hull              | Wheeler, Aylesbury     |
| Forbes, Borough         | Pine & Son, Bristol     | Wood, Wakefield        |
| Fuller, Newbery         | Pigge, Lynn             | Waterworth, Newport    |
| Frampton, Dorchester    | Palmer, Kelso           | Isle of Wight          |
| Flower, Malton, Yorks   | Pitt, Lewes             | Walker, Falmouth       |

*And by all Booksellers and Medicine Venders in the principal Market-*  
*Towns in the three Kingdoms.*