

State of an institution near York, called the Retreat, for persons afflicted with disorders of the mind.

Contributors

York Retreat.

Publication/Creation

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STATE

OF AN

INSTITUTION

NEAR

YORK,

CALLED

THE RETREAT,

FOR PERSONS AFFLICTED

WITH DISORDERS OF THE MIND.



WHITBY:

Printed by Thomas Webster.

1800.

351085



*Retreat, near York, for Persons afflicted with Disorders
of the Mind ; being Members of the Society of Friends,
or those professing with them. Instituted at a Meeting
of Friends, held the 28th. of 6th. Month, 1792.*

AT a General Meeting of Subscribers, held at
YORK the 26th. of 6th. Month, 1800, the Commit-
tee brought in the following Report of the State of the
Institution, on the 31st. of 3d. Month, 1800.

INCOME.

| | <i>l</i> | <i>s</i> | <i>d</i> |
|---------------------------------|----------|----------|-----------------|
| Income from Patients | 863 | 16 | 3 $\frac{1}{2}$ |
| Donations as per list | 353 | 15 | 0 |
| Subscriptions, annual | 37 | 16 | 0 |
| Do. for Annuities | 450 | 0 | 0 |
| Legacies | 191 | 0 | 0 |
| <hr/> | | | |
| Total Income | 1896 | 7 | 3 $\frac{1}{2}$ |
| Do. Expenditure | 1096 | 7 | 1 $\frac{1}{2}$ |
| <hr/> | | | |
| Income above Expenditure | 800 | 0 | 2 |

Property belonging the Institution.

| | | | |
|--|------|----|-----------------|
| Land and Improvements | 1621 | 17 | 2 $\frac{1}{2}$ |
| Buildings | 4615 | 4 | 9 |
| Furniture | 603 | 17 | 5 |
| Linen | 57 | 7 | 3 |
| Provisions on hand | 91 | 14 | 9 |
| Stock on the land, &c. | 34 | 16 | 0 |
| Drugs | 8 | 8 | 5 |
| Patients, due on their account | 152 | 4 | 3 |
| <hr/> | | | |
| | 7185 | 10 | 0 $\frac{1}{2}$ |

N. B. The Institution also remains subject to the payment of 5 per cent. per annum to Life Annuitants, on the sum of £1375.

EXPENDITURE.

| | | | |
|---|------|----|----|
| House expenses | 575 | 16 | 7 |
| Linen wear and tear | 14 | 6 | 9 |
| Furniture ditto | 31 | 15 | 7½ |
| Salaries and Servants' Wa- ges, Physician's included | 175 | 16 | 6 |
| Drugs | 11 | 11 | 2 |
| Expenses on land and garden | 52 | 2 | 9 |
| Extra expenses | 26 | 4 | 9 |
| <hr/> | | | |
| Total Expenditure of the House | 887 | 14 | 1½ |
| Interest of Money | 144 | 16 | 0 |
| Annuities | 63 | 17 | 0 |
| <hr/> | | | |
| Total Expenditure | 1096 | 7 | 1½ |

Debts owing by the Institution.

| | | | |
|---|------|----|-----|
| To sundry Persons, principal and interest | 2931 | 11 | 0 |
| Due to Annuitants | 47 | 12 | 0 |
| Do. for Salaries and Servants' Wages | 96 | 10 | 0 |
| Do. to Wm. Tuke | 115 | 10 | 1 |
| <hr/> | | | |
| Balance in favour of the Institution | 3191 | 3 | 1 |
| | 3994 | 6 | 11½ |
| <hr/> | | | |
| | 7185 | 10 | 0½ |
| Balance 31st. of 3d. Month, 1799 | 3194 | 6 | 9½ |
| Increase of Property this year* | 800 | 0 | 2 |
| <hr/> | | | |
| | 3994 | 6 | 11½ |

* 578l. 15s. 11d. of which has been expended in additional Buildings, and 62l. 18s. 2½d. in additional Furniture, in consequence of it.

DONATIONS.

| | | | |
|--|-------|----|---|
| Sundries received after 31st. of 3d. Mo. 1799, and reported last year | 1 | s | d |
| Buckinghamshire. | 85 | 7 | 0 |
| Hogsty-End Mo. Meeting | 15 | 8 | 6 |
| Buckingham ditto | 7 | 6 | 0 |
| Cambridgehire and Huntingdonshire. | | | |
| Phebe Fuller, 2d. Donation | 5 | 5 | 0 |
| Derbyshire and Nottinghamshire. | | | |
| Quarterly Meeting | 100 | 0 | 0 |
| Herefordshire and Worcestershire. | | | |
| Quarterly Meeting | 100 | 0 | 0 |
| Lancashire. | | | |
| Four Friends of Hardshaw Mo. Meeting | 2 | 12 | 6 |
| Norfolk and Norwich. | | | |
| Joseph Peckover | 5 | 5 | 0 |
| Yorkshire. | | | |
| A Friend by W. T. | 5 | 5 | 0 |
| Thomas Priestman, 2d. Donation | 5 | 5 | 0 |
| John Priestman, ditto | 5 | 5 | 0 |
| John Huftler, Rawden Meeting, ditto | 1 | 1 | 0 |
| George Webster | 2 | 2 | 0 |
| Robert Clemesha | 5 | 5 | 0 |
| Dorothy Clemesha | 5 | 5 | 0 |
| David Mallinson | 1 | 1 | 0 |
| John Fisher | 2 | 2 | 0 |
| | <hr/> | | |
| | 353 | 15 | 0 |
| For Annuities, as reported last year, | 300 | | |
| James Moore for the life of Mehetabel Moore | 50 | | |
| John Bludwick | 100 | | |
| | <hr/> | | |
| | 450 | | |

LEGACIES.

| | |
|----------------------------------|--------|
| Ann Leaver of Nottingham | 50 |
| Paid duty | 3 |
| | <hr/> |
| | 47 |
| Robinson Wakefield of N. Shields | 100 |
| Paid duty | 6 |
| | <hr/> |
| | 94 |
| Ann Wakefield, of ditto | 50 |
| | <hr/> |
| | L. 191 |

ANNUAL SUBSCRIPTIONS.

Bedfordsh. and Hertfordsh.

| | l | s | d |
|----------------|---|---|---|
| Mercy Ransom | 2 | 2 | 0 |
| Isaac Sharples | 2 | 2 | 0 |

Derbysh. and Nottinghamsh.

| | | | |
|-----------------|---|---|---|
| Sufanna Donston | 1 | 1 | 0 |
|-----------------|---|---|---|

Northamptonshire.

| | | | |
|--------------------|---|---|---|
| Benjamin Middleton | 1 | 1 | 0 |
| Thomas Bayes | 1 | 1 | 0 |

Yorkshire.

| | | | |
|--------------------------|---|---|---|
| Thomas Procter | 2 | 2 | 0 |
| George Raw, 2 years | 2 | 2 | 0 |
| Thomas Colley | 1 | 1 | 0 |
| Joseph Dickinon | 1 | 1 | 0 |
| Charles Parker | 2 | 2 | 0 |
| George Sanders | 2 | 2 | 0 |
| Jonathan Sanders | 2 | 2 | 0 |
| Elizabeth Frank | 2 | 2 | 0 |
| Richard Walton | 1 | 1 | 0 |
| William Marsden | 2 | 2 | 0 |
| William Stickney | 2 | 2 | 0 |
| John Hoyland | 2 | 2 | 0 |
| A Friend by J. Broadhead | 1 | 1 | 0 |
| William Maud | 2 | 2 | 0 |
| William Tuke | 1 | 1 | 0 |
| Henry Tuke | 1 | 1 | 0 |
| Lindley Murray | 1 | 1 | 0 |
| John Fothergill | 1 | 1 | 0 |
| Benjamin Mallinson | 1 | 1 | 0 |

37 16 0

Received since 31st. of 3d. Month.

Cornwall.

| | | | |
|--------------------------|----|----|---|
| Edward Fox, 2d. Donation | 10 | 10 | 0 |
|--------------------------|----|----|---|

London and Middlesex.

| | | | |
|--------------------------|-----|---|---|
| Longford Monthly Meeting | 100 | 0 | 0 |
| Devonshire-house ditto | 100 | 0 | 0 |
| David Barclay | 20 | 0 | 0 |

230 10 0

Total of Subscriptions of Friends within each Quarterly Meeting, to the present Time.

| | Donations. | | | Annui- ties. |
|--------------------------------|------------|----|---|-----------------|
| | £ | s | d | £ |
| Bedfordshire and Hertfordshire | 81 | 19 | 0 | |
| Bristol and Somersetshire | 211 | 8 | 0 | 200 |
| Buckinghamshire | 82 | 14 | 6 | |
| Cambridgesh. and Huntingdonsh. | 83 | 16 | 6 | 50 |
| Cornwall | 21 | 0 | 0 | |
| Cumberland and Northumberland | 62 | 16 | 6 | |
| Devonshire | 5 | 5 | 0 | |
| Durham | 103 | 18 | 0 | |
| Derbyshire and Nottinghamshire | 133 | 12 | 0 | |
| Essex | 40 | 15 | 0 | 300 |
| Glocestershire | 118 | 11 | 0 | |
| Herefordsh. and Worcestersh. | 100 | 0 | 0 | |
| Lancashire | 157 | 12 | 6 | 150 |
| Lincolnshire | 26 | 15 | 6 | |
| London and Middlesex | 595 | 17 | 6 | 150 |
| Norfolk and Norwich | 31 | 0 | 0 | |
| Northamptonshire | 6 | 6 | 0 | |
| North Wales | 290 | 0 | 0 | |
| Suffolk | 218 | 1 | 0 | 100 |
| Surry | 21 | 0 | 0 | |
| Scotland | 8 | 8 | 0 | |
| Warwickshire | 49 | 13 | 0 | |
| Westmorland | 58 | 14 | 6 | |
| Wiltshire | 52 | 10 | 0 | |
| Yorkshire | 706 | 18 | 6 | 475 |
| Rhode Island | 20 | 0 | 0 | |
| I. W. | 105 | 0 | 0 | |
| Legacies | 191 | 0 | 0 | |
| Total | 3584 | 12 | 0 | 1425 |

From the preceding statement, it appears, that the liberal contributions of Friends have enabled the Managers of the Institution, to discharge the expenses of the late additional Building and Furniture, besides which there is a small reduction of the debt. The very high price of provisions has frustrated the expectations which they formed last year, that the income from the Patients would support the Establishment, exclusive of the payment of Life Annuities, and the interest of money borrowed. The deficiency, however, does not amount to thirty pounds.

Eleven Patients have been admitted since the last year. Six have recovered, and been discharged; three have died, two of whom were considerably advanced in years. There are at present in the House, 36 Patients, viz. 15 Men and 21 Women; 11 of whom are at the low price of four shillings, and one at five shillings per week. Two Patients, whose disorder was recent, and who formerly would have paid four shillings per week, were admitted gratis, in consequence of the agreement entered into last year. They are both recovered and discharged.

Experience has this year abundantly convinced us, of the advantage to be derived from an early attention to persons afflicted with disorders of the mind. Of the eleven above reported to have been admitted, two were removed from another Institution, as incurables; and three others were confirmed cases. The remaining six were recent instances; four of whom recovered and were discharged within the first quarter after their admission; the two others are evidently recovering, and will probably be dismissed within the same period. This consideration will, we hope, encourage the friends

of those who are, or may be afflicted with this malady, to remove them early, and place them under proper care and treatment.

We feel satisfaction in having it in our power to demonstrate the advantages of this Institution: and we trust that nothing now remains necessary to convince Friends of its Utility, and to encourage them more generally to co-operate in its support.

RULES AND REGULATIONS.

1. THAT the Institution be established and supported by Annuities, Donations, and annual Subscriptions; and that the same (which should be altogether voluntary) be promoted amongst Friends within the compass of any Quarterly Meeting.

2d. That each Subscriber, by way of Annuity, contributing a sum not less than twenty pounds, shall receive an interest of five per cent. per annum, during life.

3d. That a contribution of one hundred pounds, from any quarterly or other Meeting in its collective capacity, or a donation of twenty-five pounds from any Friend, or a subscription of fifty pounds for an Annuity, shall entitle such Meeting, Donor, or Annuitant, respectively, to the privilege of nominating one poor Patient at a time, on the lowest terms of admission.

4th. That the name of every Annuitant, Donor, and Subscriber, be recorded in a book to be kept for that purpose; and that every Annuitant, Donor of not less than two guineas, and Subscriber of sums in any manner equal to two guineas, (being and continuing a member of our Society,) shall be a member of the Meetings which are to be held for the government and superintendance of the Institution.

5th. That there be paid for Board, Washing, medical Advice and Medicines, and all other things necessary, except clothing, for every poor Patient privileged agreeably to the third Rule, a sum not less than four shillings per week.

6th. That not less than eight shillings per week be paid for other Patients, and more according to circumstances; and six shillings per week for the board of the servant of a Patient, in case their friends should incline to send one: which servant must be approved by the Committee. The terms of admission to be subject to future alteration, if found necessary.

7th. As the benefit of the proposed Institution is intended to extend to those who are not strictly members of our Society, though not under eight shillings per week, it is agreed that subscriptions may also be received from such persons.

8th. In case any quarterly Meeting be small, or its members not in an eligible situation to raise one hundred pounds, the General Meeting of Subscribers shall have power, on application, to extend the privilege of the third Rule to such Meetings, on contributing a smaller sum, at the discretion of the said General Meeting.

9th. For the satisfaction of Subscribers on life annuities, and those who have lent, or may hereafter lend, any money to this Institution, this Meeting declares, that the whole real and personal property thereunto belonging, acquired, and to be acquired, shall stand and continue a security to the said life Annuitants, for the annual payment of their interest, and to the Lenders aforesaid, for the regular payment of principal and interest.

10. That the privilege of Meetings, or persons, to recommend poor Patients on the lowest terms of admission, according to the third and eighth Rules of 9th. Month, 1794, shall not be taken away or diminished, notwithstanding any general powers which are or may be invested in the future Directors.

11th. That a Meeting of the Subscribers qualified according to the fourth Rule of the same date, be held in the latter end of the 6th. month, or beginning of the 7th. month, of every year, unless some other time should hereafter be found more convenient; which Meeting shall be denominated the General Meeting: and the Friends who may compose it shall, from time to time, have a general state of the family, and accounts of the Institution, laid before them, and (except the two preceding minutes which relate to securities to Annuitants, to Lenders of money, and to privileged Meetings and Subscribers) shall have power to alter or make Rules, and give such directions, as they may think best adapted to promote the designs of the Institution; and to appoint a Treasurer, who shall keep and dispose of the money entrusted to him, as the said Meeting shall direct; they may also confirm, alter, or abrogate the Orders and Regulations of any other Meetings of the Subscribers; and shall choose annually a Committee for the immediate care and management of the Undertaking. This Committee are to meet once a month at farthest; fix the terms of admission for the different Patients; make out clear and distinct accounts of the state of the Institution; and carry into execution the Rules and Orders made for promoting its welfare.

12th. That, during, or after the conclusion of each quarterly Meeting of Friends for Yorkshire, the qualified Subscribers are to meet and examine the said Committee's accounts, read over all their minutes, advance or reduce the weekly payment of any of the Patients, and give the Committee such advice and direction as they may think proper, consistently with the general Rules and Orders that may have been established.

13th. That, in order to provide for a perpetual succession of Directors, the General Meeting shall, in, or before the

year 1800,* nominate and appoint forty Subscribers, members of our Society, who, with their successors, as hereafter directed to be appointed, shall from thenceforth (together with any other qualified Donor or Subscribers, and Agents that may be appointed by any qualified Meeting, that may from time to time choose to attend) be the General Meeting, and continue the Directors of the Institution, in whom the government of it shall thereafter perpetually vest and remain; any ten of whom shall be sufficient to do business. The said forty Directors, or any eight of them, with any other qualified Donors or Subscribers, to meet quarterly for the aforesaid purposes of the quarterly Meeting of Subscribers.

14th. That on the first appointment of the said forty Directors, their names are to be carefully and suitably arranged and recorded; and, at the expiration of each year after the said appointment, the first named eight on said list are to cease to be Directors, and eight others, members of our Society, appointed by the Meeting in their place, (with an addition for such as may be deceased or disowned,) any of whom may be chosen from the number of Donors and Subscribers, or others, as shall, in process of time, be judged most convenient and best.

15th. If, at any future period, by means of some unforeseen or unexpected events, it should appear to the General Meeting, that the original purpose of the Undertaking cannot be accomplished or pursued, the said General Meeting shall give due notice in writing to all the Directors, and also to every quarterly or other Meeting of our Society, which, according to the Rules, may be interested therein, that the disposal of the property of the Institution is to be taken under consideration at their next Meeting; at which Meeting two Agents or Representatives, appointed by any of the said

* This has accordingly been done,

Meetings, shall be admitted as Members of the General Meeting; and in case two-thirds of the Meeting so convened shall agree thereto, they may sell or dispose of the whole estate and property of the Institution, or of any part thereof, or appropriate the same, or the neat produce thereof, to such just, equitable, or charitable uses, as they, on serious and deliberate consideration, shall judge best.

16th. A quarter of a year's maintenance for each Patient is to be regularly paid in advance; and in case the Patient should be cured, or die before the expiration of the first quarter, no part thereof is to be returned; but, after the first quarter, return is to be made for the number of whole weeks unexpired, at the time of removal, or decease of a Patient.

17th. On the admission of Patients, the Committee should, in general, require a certificate, signed by a medical person, to the following import: *I do hereby certify, that A B of C, aged --- years, is in a state of Insanity, and proper to be received into a house provided for the relief of persons of that description.** It is also desirable, that some account should be sent, how long the Patient has been disordered; whether any, or what sort of medical means have been used; and whether any disposition has appeared in the Patient to injure him or herself, or any other person; with any other circumstances likely to throw light on the case relative to his or her treatment.

18th. As the Committee is not to admit any Patient, on lower terms than eight shillings per week, unless recommended by the Agent of a privileged Meeting, or a Subscriber qualified according to the third Rule, it is hoped that individual Subscribers will be cautious of recommending Patients, whose maintenance, or any part thereof, is paid by a monthly or other Meeting, to the saving of the expense of

* *Also whether the Patient is afflicted with any complaint independent of Insanity.*

the members of such Meetings collectively, thereby rendering it unnecessary for them to subscribe to the Institution: but no discouragement is hereby intended to the assistance of Friends whose circumstances, or those of their near connexions, are too strait to pay eight shillings per week.

19th. As it is necessary to ascertain the Subscriptions of each Meeting that may have a right to recommend poor Patients, Donors of twenty-five pounds and upwards, are desired to explain, whether they wish to enjoy the privilege, during life, of recommending poor Patients, or that their Donations should be considered as the Subscription of their quarterly or other Meetings: and it is agreed, that all Donations of individuals (not claiming such right of recommendation) shall be considered as the Subscription of the quarterly Meeting to which they respectively belong, whether reported to such Meetings, or not; and every quarterly Meeting shall enjoy the privilege of recommending poor Patients, in proportion to the Subscriptions of their respective Members.

20th. As, in many cases, it may be difficult for the friends of Patients to procure suitable persons to conduct them to the House, it is agreed, that on application, a proper person will be sent from the Retreat; the expenses only being paid by the Patients' friends.

21st. Though it was the original design of this Institution, to accommodate such Insane Persons as are Members of our Society, yet it was also considered that cases might arise, wherein it might be desirable to extend such accommodation beyond the line of strict membership; but as an indiscriminate admittance of persons not in membership, would defeat the special design of the Institution, the admitting, or not admitting of them, must always be left to the discretion of the Committee, and consequently time given for that purpose,

22d. It also appears necessary, that the sending of Patients

without previous application, should, in all cases, be avoided, lest suitable accommodations be not ready for their reception; and Friends are also requested to avoid bringing Patients at late hours of the night.

23d. As some Patients have come with disorders unconnected with Insanity, and which require additional expense or attendance, it is judged necessary, that, in such cases, an additional charge should be made, at the discretion of the Committee.

24th. As experience demonstrates, that the recovery of insane Patients frequently depends on their being removed from their connexions, and put under proper care and treatment, in the early stages of the disorder, it is earnestly recommended to their friends, to remove them at an early period after the disorder appears to be fixed. And, as an additional inducement to persons in straitened circumstances, to adopt this salutary measure, it is concluded, that, in ~~de-termining~~ ^{admitting} to not exceeding ~~in~~ ^{from} their ~~mut~~ ^{mut} appearance, those members of our Society whose circumstances, in case of continuance, would not conveniently admit of their paying more than eight shillings per week, shall be entitled to an abatement of four shillings a week for one year, if not sooner recovered. Those Patients who, by the former Rule, would have been rated at four shillings per week, will, under this regulation, be admitted gratis, for a year, if necessary.

N. B. There are apartments in which Patients with a Servant may be accommodated, without mixing with the others.

Application for the Admission of Patients, or contributions for the support of the Institution, may be made to William Tuke.