

**An hospitall for the diseased. Wherein are to be found most excellent approued medicines, as well emplaisters of speciall vertue, as also notable potions or drinkes, and other comfortable receites, for the restitution and preseruation of bodily health. Very necessary for the time of common plague and mortality: and for other times when occasion shall serue. Newly augmented and enlarged. Gathered by T.C.**

### **Contributors**

T. C., active 1579  
Cartwright, Thomas, 1535-1603

### **Publication/Creation**

London : Printed for Robert Bird, and are to be sold at his shop in Cheape-side at the signe of the Bible, 1630.

### **Persistent URL**

<https://wellcomecollection.org/works/x9awmntf>

### **License and attribution**

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>





T. C. AN HOSPITAL FOR THE DISEASED - 1830













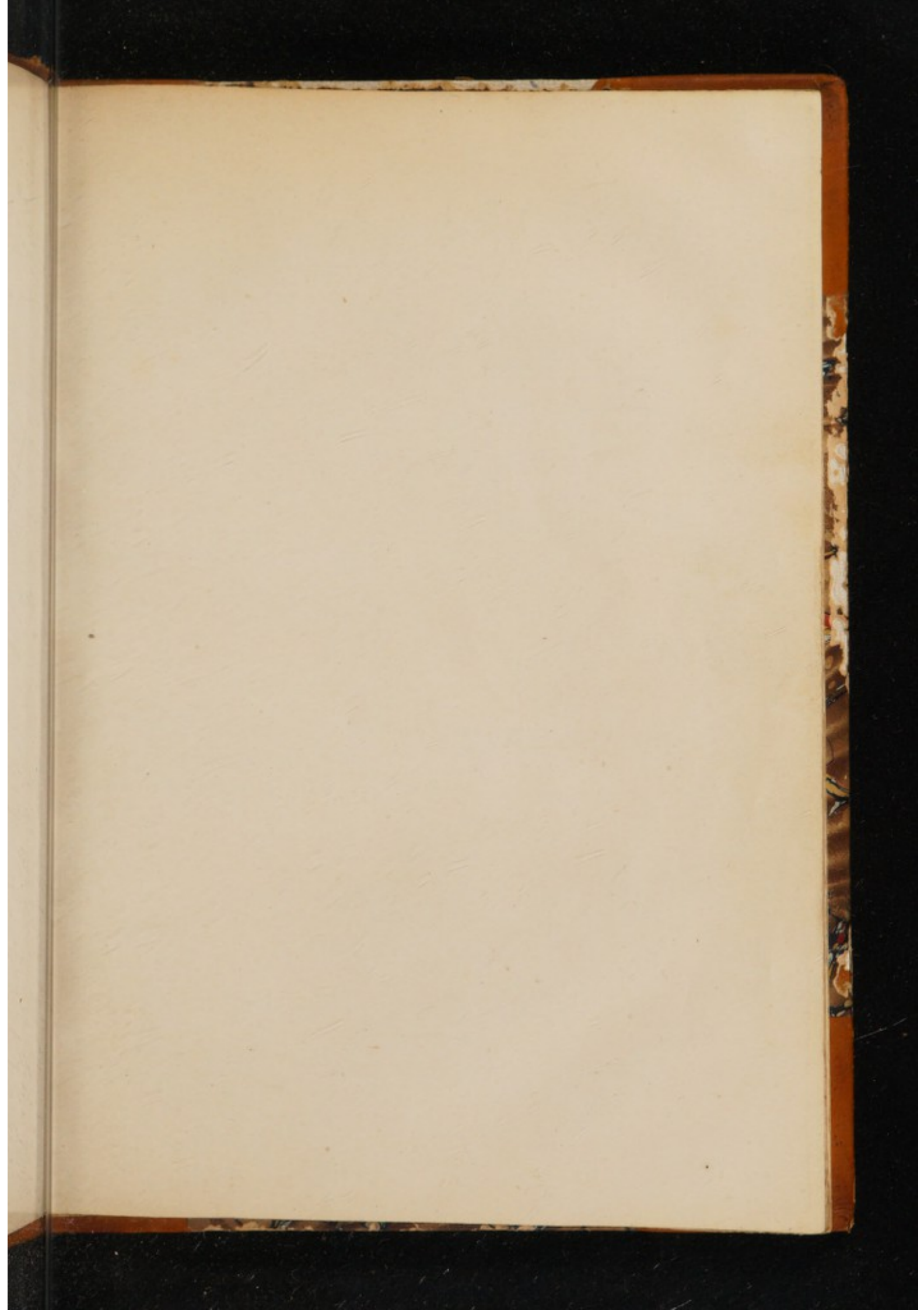




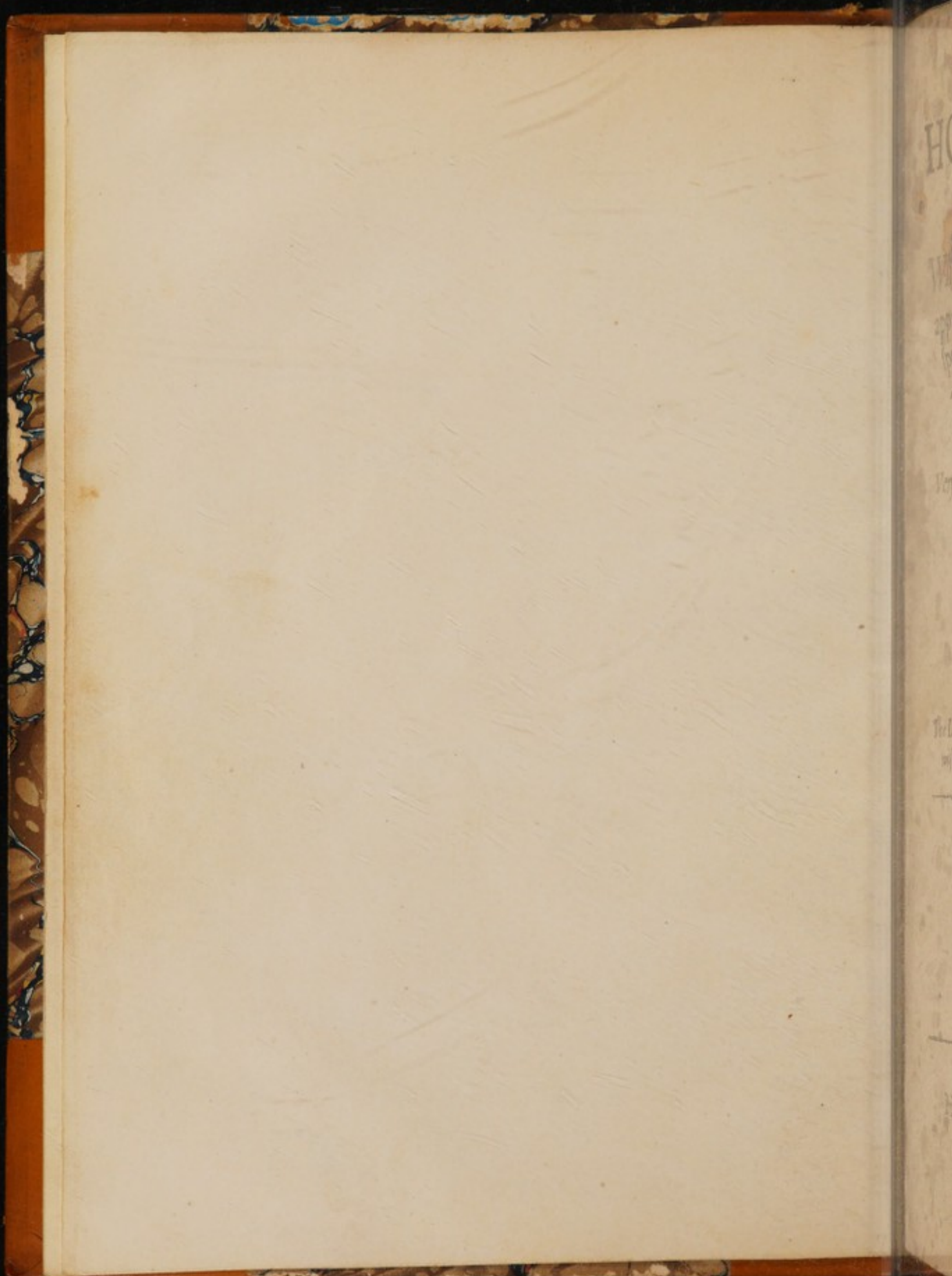


EPB/A

61, 152 /A









AN  
HOSPITALL FOR  
THE DISEASED.

Wherein are to be found most excellent  
approued Medicines, as well Emplaisters of  
speciall vertue, as also notable Potions or Drinkes,  
and other comfortable Reccites, for the resti-  
tution and preseruatiō of bodily health.

Very necessary for the time of common Plague and  
mortality : and for other times when  
occasion shall serue.

*Newly augmented and enlarged.*

Gathered by T. C.

*Ecclesiasticus. 38. 4.*

*The Lord hath created Medicines of the earth, and he that is  
wise will not abhorre it.*

---



---

LONDON:

Printed for Robert Bird, and are to be sold at his  
shop in Cheape-side at the signe of the

*Bible. 1630.*



*[Faint bleed-through from the reverse side of the page]*





To all such Readers, as haue care of  
*their bodily health.*

**H**OW prouident a Patron and bountifull a Father, the Lord God of life is vnto vs vnthankfull and rebellious children, his manifold benefits do testifie: yea the continuance of his kindnesse is herein principally declared. For whereas our owne naturall corruption worketh daily in vs the banishment out of his fauour, and the danger of reprobation: he notwithstanding in consideration of our weaknes, withdraweth not his compassion from vs, but in all our necessities, reaching out his helping hand vnto vs, is most ready (as hee is alwayes able) to plucke vs out of the pit of perdition, whereinto the hainousnesse of our transgressions (as it were with a Cable) haleth vs perforce. O gracious God, how shall sinners worthily aduance the excellency of thy loue! Who shall giue them an heart to conceiue thy kindnes? Whence shall they haue vtterance to sound out thy mercy? Of themselues (because they are vessels of wrath) they cannot compasse so perfect a worke. Thou therefore which art the perpetuall spring of all goodnes, giue it them O giue it them, and they shall haue it: yea and in the hauing of it, they shall magnifie thy name, extoll thy power, and maruell at thy mercy. Where is one, among thousand, thousands, that looking vpon the heauens most gloriously beautified, vpon the earth most plenteously enriched, vpon the frame of his owne body, most Angellically created, but shall of compulsion acknowledge the omnipotency of God, and confesse the vnmeasurable greatnes of his goodnes, and loue toward man? The heauen, to maintaine life and light: The earth to succour and sustaine nature, All creatures liuing in land or water, to supply his wants: nothing to be reckoned and named which hee hath not most liberally giuen vnto man, as appointed him Lord and soveraigne, but them his vassalles or seruants. Against hunger, least thou shouldest famish, he hath provided nourishment: against

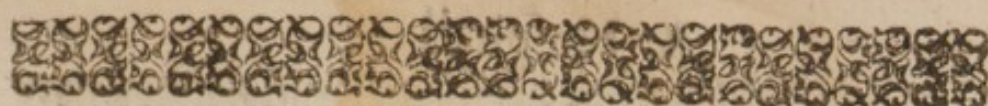


*To the Reader.*

thirst, least thou shouldest perish, he hath ordained sauiory liquors: Against cold, least thou shouldest die in thy nakednes, he haue giuen thee clothing. And what hath he done besides? Hath he not speciall regard to thy condition and estate? I meane to the health of thy body, and the safety of thy soule? Yes, yes, and that is euidently proued by the manifold remedies, which hee hath prepared to restore thee to soundnesse of lim and life, and by the free course of the pearle of his Gospell, which is the Jewell of all Christian ioy. In consideration of these so many good graces of God, what doth Christian duety require? (I speake to all, vnto whose view and censure this preface shall be presented.) Let them take the sweet sacrifice of thankfulnessse, and burne the same vpon the Altar of an humble heart, that the redolent and perfumed incense of the same ascending vp into heauen, may smell sweet in his nosethrils, whose speciall delight is in such a burnt offering and oblation. Thus much haue I sayd by way of aduertisement, vpon occasion of this present Booke, whose benefits as they are diuers, so are they singular, and in them all is Gods goodnesse highly commended. Note of my words, and then iudge of the value and worthinesse of the Booke. Art thou diseased in thy head? art thou griued in thy heart? art thou pained with ache? art thou tormented with a Feauer? art thou wounded? art thou troubled with any irksome sore? Doth thy sight faile? Doth thy hearing waxe weaker? Doth thy youth weare away? Doth age creepe on apace? Finally, doost thou feele thy selfe infected with the poyson of the Plague and Pestilence? Then delay no time: but with a small price buy a Lemme worth gold (this Booke I meane,) which though it be little in quantity, yet it is great in quality and vertue. Here (as in a cunning Apothecaries shop) are receits of sundry sorts prouided, wherewith the rage of any sore may be mitigated: the nipping smart of any Vlcer or wound asswaged and the venome of any malladie expelled, and the perfection of health restored. Thanke God and vse it in thy need. Heere thou hast succour to serue thee in thy sicknesse.

*Thus farewell in Christ, T. C.*





## An Hospitall for the diseased.

A preservation against the Plague.

**T**ake a handfull of Sage, a handfull of Herbe-grace, otherwise called Kew, a handfull of Elder-Leaves, a handfull of red Bramble-leaves, and stampe them together, and straine them through a cloth, with a quart of white wine: then take a quantity of Ginger, and mingle them all together, and drinke thereof morning and evening a spoonfull nine dayes together.

For the party infected with the Plague.

If it fortune one to be sicke of the Plague befoze hee hath druncke the foresaid medicine, then take the water of Scabious a spoonfull, water of Betony like much, and a quantity of fine Treacle, put it together and drinke it, and it will expell all the venome.

A Medicine to breake the Botch.

If it fortune the Botch to appeare, then take Bramble-leaves, Elder leaves, Mustard-seed, and stampe them all together, and then take it, and make a plaister, and lay it to the soze, and it will draw out the venome.

A Medicine for the Plague.

Take three slips of hearbe Grace, and five spoonfulls of Vinager, and heate the same together, then straine the iuyce out thereof, and put thereunto one ounce of fine Treacle, and one ounce of Sugar, and stir it together, then set it over the fire, and make thereof a Sirrope and put it in a box close, then take a Sage-leave, and every morning fasting, spread as much as a Beane thereof upon the same Lease and so eate it. And if hee that taketh it be infected, it will drine it from the heart, and if the party that taketh it evening and morning, bee not infected, it will preserve him within 24. houres after.

A plaister to draw the sore.

Take one spoonfull of Hony, the iuyce of Spurge, two spoonfulls and a halfe: of Wheaten flowes a good quantity, and



## An Hospitall

one sponciull of Turpentine, and temper them together without fire, and make of the same a plaister, and lay it to the soze, changing it at euey 24. houres.

A good Medicine against the Plague approoued.

Amongst other excellent & approued medicines for the pestilence, there is none more worthy available when the soze doth appcare, then to take a Cocke, Pullet & Chicken, and let the feathers of the tayle of the highest part bee plucked off, till the rumpe be bare: then hold the said bare of the Pullet to the soze and the Pullet will gape and labour for life, and in the end will dye: then haue another Pullet and doe the like to the Patient and if that dye, yet still apply the patient with Pullets so long as any doe dye: for when the poyson by the said Chickens bee drawne forth, the said Chickens that bee offered thereunto will liue, then the soze presently will swage, and the party forth with recouereth: this medicine is necessary to daine the venome from the heart.

A soueraigne drinke against the Pestilence.

Take an ounce of Sozrell-water, and as much Dragon-water, a dragma of Treacle, and put thereto a dragma and a halfe of powder Imperiall, and giue it to the patient with Ale within 24. houres after he is infected, and he shall with Gods grace escape and do well.

A plaister to draw a head to the sore of the Plague and to breake it.

Take two Lilly-roots, one handfull of some Dough, two handfulls of Ballowes, one handfull of Lin-seede, stampe all these together small, and boyle them in a quart of the Lees of Wine till it be thicke, then lay it an ynce thicke upon Leather, broader then the soze, and let the borders of the leather be playstered with Cordiers ware, to make it cleane: it shall bring out the Botch in 12. houres, and breake it shortly.

A medicine that was taught King Henry the seauenth by his Physician, against the Pestilence.

Take halfe a handfull of Rew, likewise of Mandragories, Featherfew, Sozrell, burnet, and a quantity of the Crops and rootes of Dragons, wash them cleane, and seethe them with a soft



## for the diseased.

soft fire in running water, from a pottle to a quart, and then straine them together through a cleane cloth, and if it be bitter put thereto a quantity of Sugar-candy, or other Sugar: and if this medicine be used before the Purples do arise, yet shall be whole by Gods grace.

A medicine to be drunke, suspecting any to haue the Plague.

Take a great Onyon, and the coze being taken out, fill the same full of good Treacle of Beane, and wrap the same in a paper, and roast it till it be soft, then straine the same with a little wine Vineger, and being tempered with a quantity of Sugar giue the Patient to drinke two spoonfulls fasting: and if the Patient be infected with the Plague, you shall perceiue the appearance thereof, within five houres after the receipt of the same drinke.

Also for the vsuall drinke of euery Patient being so infected.

Take Rosemary the quantity of eight or nine Cropps: then take of Marigolds being broome within, of Burnet, and of Bourage, euery one a handfull thereof, let them bee sod in a quart of stale Ale clarified, then put into it a crust of Bread, a little whole Mace, and a quantity of Sugar, and let him drinke the same at all times during his sicknesse, and put Pimpernell in his Broth.

Also another drinke to be taken euery morning for a preservative against the Plague, and for the auoyding of infection.

Take Sauery the quantity of a handfull, and boyle the same in a quart of good wine Vineger, with a spoonfull of Graines being beaten, and put into the same: then drinke the same with a quantity of Sugar euery morning fasting.

For the Plague,

Take in the morning fasting one dry Figge, one Walnut, and foure or five leaues of Rhen, chopped all together, and eate them, and afterwards drinke a cup of Wine: if it bee a woman with childe, leaue out the Rhen.

A good medicine against the Plague.

Take



## An Hospitall

Take Besong-water the quantity of three spoonfulls, of good wine Vineger, the quantity of three spoonfulls, and the quantity of a Nutmeg of good Treacle of Beane, or else the quantity of a Hazell Nut of Bethridatum being all mixed together, take it in the beginning of the sicknesse.

For the Plague.

Take an ounce of the leaues of Rew, halfe an ounce of good Figgs an ounce of Juniper berries, 2. ounces of Walnuts picked, 4. ounces of Vineger and a good quantity of Saffron, stamp all the aforesaid things together, and reserue them in an earthen pot or a glasse fast stopp'd, that no ayre issue out, then take in the morning vpon a knives point the quantity of a Beane or more, and yee shall bee sure by the grace of God not to be infected within 24. houres after.

A Medicine for the Plague or Leprosie.

Take Hearbe-grace, Sothern-wood, Bugwort, Worme-wood, of each a handfull, three or foure handfulls of Juniper-berries, those which bee blacke, cut and shred the hearbes small and put them into a Flanders Pipkin, and powre thereto foure quarts of good White wine Vineger, and let them soke seauen nights if the hearbes be dry, if they bee greene, let them not soke aboue fourtene houres, then put a handfull or two of those hearbes which bee in the Pipkin into the Still, and then take out a quart of the same Vineger, and powre it into the Still vpon the hearbes, and distill it with a pretty soft fire, for too great a fire will waste it away, and so still it vntill you haue killed all, from the Pipkin into the Stillatozy, and after this powre it into the Pipkin againe, and put as many new and fresh hearbes, with so many berries as you had before in the Pipkin againe, and so let them soke one or ther 7. nights, and then still them againe as you did before, and so the thirde time to bee vled with new hearbs, &c. in the same manner as before, and at the last time put 4. ounces of Bethridatum into the Pipkin amongst the hearbes, or else five or six ounces of Treacle, in the place of the Bethridatum for want thereof, and then being killed as before, put the same into a double glasse, and stoppe it with a piece of leather bound



## for the diseased.

bound about it, and if the party be infected, let him take there of 4. ounces at one time, and if neede be, you may giue him so much for two or thre dayes, as you see cause, and to a woman but two ounces, and to chilozen according to their age, and as they be able to beare it : and so sweate two or thre houres, or longer, if the party may endure, and one stand by alwayes to wipe their face, least by putting out their hand they take cold, &c. when all this is thre times stilled, it will not amount to aboue thre or foure quartes.

An oyle for all manner of aches, bruses, and strainings  
of the Sinewes.

Take a pottle of Peates seete oyle, and a quart of an Dre gall, a pinte of Aqua vitæ, a pinte of Rose-water, Bay-leaves, Rosemary stripped from the stalkes, Straw-berry leaues, roots and strings of Lauender cotten, of euery of these a handfull, beate them small, and put them into the foresaid stufte, and seethe it ouer a fire of coales, in a Pan of two gallons, and at your owne perill, let not the flame touch the stufte: let it seeth very well, and then take it off, and let it stand untill it bee almost cold, then straine it through a course linnen cloth, but not the bottome of the said liquoz, then put it in a glasse and so keepe it, and when you are pained, anoynt your grieve withall.

For an ache.

Take Aqua composita, and the Oyle of Peates seete luke-warme, and anoynt the Patient vpon the place of the grieve, laying warme clothes thereon.

A Medicine for an ache, or shrinking of the sinewes,

Take the tendrings of Rosemary, and Marsh Mallows, by as euen portions as you can gesse, gather your hearbes when they be dry from raine and dew: pound them in a Morter very small, then take May Butter well clarified, and put it to the hearbes, and mingle it in a vessell, and let it stand foure dayes, then set it ouer the fire, and let it seethe till the strength of the hearbs be gone, then take a little of it in a spoone, and let it drop vpon the naile, and if it be greene as the Emerald, it is perfect: and then put in an earthen pot, and when you will ocenple it, you must warme it.



## An Hospitall

A Medicine for an Ache.

Take Parsly, and Wlozme-wood, of each a handfull, & seeth them in a quart of Ale, with a quantity of swete Butter, and wash well the place therewith that akes, and also bind the hearbes to the place, as hot as you may suffer it.

An approued Medicine for Aches.

Stampe Smallage and put it into Aqua vita, and straine it, then put thereto Bores grease, and straine them well together, and anoint the patient befoze the fire therewith euening and mozing.

A Medicine for an Ache in any place.

Take Solw-thistle, Chickweed, Elder-leaues, Grounsell and Cleuers of each a handfull, dry all these together between two tiles, and lay these hearbes to the place where the grieve is, let the hearbes be washed before they be dried.

A Medicine for aking sores.

Take iuyce of Smallage, of Sozell, of Maybzed, of each of them like much, take Honney, and the white of an Egge, of either like much, and mingle them together till it thicken, let it come neere no fire, but all raw and cold lay it to the soze.

For Aches and swellings in the knees.

Take a quart of Palmesey, and an handfull of Lime, boyle them together, and when it is halfe boyled, put in a good peece of sweet Butter, and let them boile together from a quart to a pint: when you goe to bed, bathe your knees well therewith, & wet a cloth thres or foure times double therein, and lay it to your knees as hot as you can suffer all night, and vse this five or seauen times, and it will doubtlesse helpe you.

For a Sciatica or Ache.

Take oyle of Peates-seete, and Aqua composita, and anoynt the same place where the paine is, then take wool newly plucked from the sheepes backe, and lay thereon, and wrap it well with warme clothes.

A Plaister for an Ache.

Take as much Rene Pitch, to the quantity of a Tennis Ball, & a spoonefull of Tar, and a pennyworth of treacle and Rosin, to the quantity of a tennis Ball, and a spoonefull of Hony, boile



### for the diseased.

it ouer the fire in a Kettle, and stir it all together till it be well melted, then take a new sheepes skinne, and make holes in it with a bodkin, & spread the Medicine on the fleshy side of the skinne, and lay it to the Ache as hot as you may.

For an Ague.

Take Wurre-rotes: and red Pettie-crops: and seeth them in stale Ale & clarifie it, and giue the sicke thereof to drinke about such time as the cold beginneth to come, and after the heate be past. When you see that he beginneth to sweate, giue him to drinke Posset Ale, made with Marigold and Fennell, and see the posset Ale be well clarified: vse this medicine, for it will take away the Ague within three or foure fits at the uttermost.

A medicine against the hot Feauer.

Take a handfull of bay-leaves, a handfull and more of red Sage, and seeth the same in a pottle of stale Ale, to a quart, and the same being strained, let the patient being in bed, drinke thereof a good draught, being warmed with a little Sugar, an houre before his fit come.

A good medicine for an ague, be it quotidian or quartane.

Take of Smalage, and of featherfew, of either of them the quantity of a handfull, stampe them and straine them, and then take halfe so much as the iuice of the same is, of small Ale, and being mixt together, drinke it warme a little before the time that the fit should come: that is to say, when you perceiue any grudging: this must be drunke three senerall times, the Patient going to bed, and cloathes ynow layd vpon him.

A Medicine for an Ague.

Take Pettles, Cob-webs, and Salt, and beate them in a Wooden-dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague.

For the Ague.

Take Scot, and yolkes of Eggs, and bay-salt, and pepper, and mingle them together, and lay it to both wrists, and it will take away the Ague.

For your drinke in your Ague.  
For your drinke, take ale, and not strong, & vse it lake warme.



## An Hospitall

Drinke and Pottage in an ague.

Take your Pottage and Posset Ale, & Almond milke, with these hearbes following, that is to say, Sinckfoile, Succory, Buglosse, Endiue, Borage, Sorrell, Lettice, and Fenel-roots, and Parsely-roots, great Rayfins and Prunes.

A Medicine for the drought in an Ague.

Take a quantity of Borage, a quantity of Sorrell, a certaine of Violet-leaves, a certaine of Strawberry-leaves, seethe them in a pottle of faire running water, to a quart, then straine the hearbes, then take Almonds, and blanch them, beate them and straine them with the said water, and put Sugar therein and drinke it warme.

A Medicine for the quartane Ague, and for the drought,

Take a pottle of good red Wine, and a pottle of new Milke of a Cow of one colour, take two or thre good handfuls of House-eare cleane picked and washed, strip it into the Milke and Wine, and temper them together, & let them stand so one night: and put them in a faire Still, and still them with a soft fire, and take the water and put it in a faire Glasse, and set it in the Sunne foure or fve dayes, and let the sicke when he drieth in his Ague, drinke thereof thre or foure times, and he shall bee rid of his Ague, and this drinke shall quench his drought.

A Medicine against the Quartane.

Take shell Snailles two handfuls, Bay salt, Ballowes, of each a handfull, beate them together, and lay it to the soles of your fete, before the quartane fit both come.

A Medicine for a cold in a Feauer.

Take Camomile and Wormewood, and seethe them in a quart of Ale, till halfe bee consumed, and giue it the Patient first and last.

A medicine against the hot Feauer.

Take a pottle of stale Ale, and a bottome of a stale white Loafe, and a handfull of Sinckfoile, a handfull of Camomile, Treacle and Vinegar, of each a spoonefull, a few whole Peaces, Sugar Candy, as much as they list, & seethe these untill halfe be consumed, and straine it from the hearbes, and giue it to the Patient



## for the diseased.

Patient to drinke, and none other drinke during his heat, and as much thereof as he will, and it helpeth.

For the Ague.

Take two oz three Cloues of Garlick, and bruse them, & a penny-worth of Aqua vita, halfe a pint of Ale: seeth them together, & drinke it a little before the fit come, as hot as you may.

Against the corrupt ayre.

Take Betony, Centory, Egrimony, of each a handfull, and stampe them & straine them with Ale, and with a Lycoris sticke brused, and then boyle it, and clarifie it, and make it pleasant with Sugar, and drinke thereof euery morning blood-warme three spoonfulls, three or foure dayes.

To make a man haue an appetite to his meat.

Seethe Centory in faire cleane water, and let the sicke drinke thereof euery morning blood-warme, three spoonfulls, three or foure dayes.

To make a man haue an appetite to his meate.

Seethe Centory in faire cleane water, and let the sicke drinke it luke-warme fasting three dayes, each day nine spoonfulls, and he shall be whole, for this purifieth the stomack and brest also.

A good comfortable powder to digest well, and many other good properties.

Take Pellatory of Spaine, Centory, Annis, Lycoris, graines of Paradise, Ginger, Sinamon, of each like much beaten, and searced into fine powder, and drinke thereof morning and evening halfe a spoonfull in Wine or in Ale.

To make Ipocras for a weake stomacke.

Take a pint of Aqua vita, and put it in a glasse: then take 2. ounces of Sinamon and one ounce of Ginger, two pennyworth of Cloues, two pennyworth of Graines, one of Nutmegs, and beate them altogether to grosse powder, and put them all into the glasse to the Aqua vita, and shake it euery day often, nine dayes together: and then drinke it in Wine or Ale, halfe a spoonfull, or a quarter with halfe a pint of Ale.

A Medicine to cleanse the Back, and purge the Reines.

Take one Fenuell roote, and two Parsly rootes, and picke out the piths of them, and take thereto one handfull of Bella-



## An Hospitall

toz of the wall, and all these being washed cleane, seth in Posset Ale, and drinke thereof when you goe to bed, and if you wake at midnight, drinke you also.

A Medicine for the paine in the backe, and for the heate in the backe.

Take Rose-water, and put thereto Straunders, and Rose-leaves, and lay them in steepe in your Rose-water one whole night, then wash your backe with the same, and it will take away the heate, and greatly comfort the Reines.

For paine in the backe.

Take Sage, Rose-mary, Camomile, and Maudlin, of each of them a handfull, then stampe them together, and seye them in May butter, and anoint your backe with it warme.

A Medicine for the Reines of the backe.

Take halfe an ounce of turpentine of Venice, and let it be well washed in plantine water, or Rose-water, and then mixe it with fine white Sugar, and make thereof foure or five bals, which you must eate, thre in a morning fasting, and daily drinke a little white wine, or Rensh Wine immediately after.

To driue out a paine or griping in the belly.

Take Sothernwood, and lay it against the place of the contrary side where the torment is and it will driue it out, and if it be layd to the Panell, it will driue away the paine.

For the biting of any venomous beast.

Take Plantine and drinke the iuyce thereof, and take plantine and Salendine, of each likemuch, stampe them and temper them with stale pisse, and lay it to the soze, and it will allwage the swelling, and draw out the venome.

A medicine for the byting of a mad dogge.

Take a good handfull of Betony, and a handfull of Wilde Sage, a handfull of Night shade, & faire running water a pinte, the hearbs being stamped & strained therewith, and put thereto a pennsworth of treacle, and giue it to the patient to drinke two or three mornings.

A medicine to stop bleeding.

Take Centory, greene Kew, and red Fennell, and stampe  
and



## for the diseased.

and straine them, and drinke them warmed.

A Medicine to stop bleeding.

Take Bursa pastoris, Plantaine and Flop, of each of them like much, and bruse them in a Morter, and warme them as hot as you can against the fire, and lay them to the nose of him that blædeth, and binde some of the hearbs to his temples as hot as he can suffer them.

Another Medicine for the same.

Take an old cleane linnen cloth, and wet it well in Vineger, then burne it to powder, then take the powder thereof, & if it be a wound, cast it therein, and it will stop the bleeding immediately, but if the nose blæde, then snuffe by the foresaide powder into thy nose, and it will stint bleeding.

Another for the same.

Take a Toade, and dry him in the sunne very dry, then put him in a linnen bag, and hang him about your Necke with a string, so low that it may touch your brest on the left side nere unto your heart, and commonly it stayeth all kinde of blæding at the mouth, nose, or wound.

Another to stop blood.

If your nose doe blæde vnumeasurably, then tye your little finger very hard about the lower ioynt, and for the most part it faileth not, but stayeth the same.

For spetting of blood.

Take the iuyce of Betony, and temper it with Goates Milke, and giue the Patient to drinke thræ dayes.

For the same.

Take Smallage and Hints, Kew, and Betony, and seethe them well in good Milke, and sup it warme.

To stench blood at the nose.

Take Betony, stampe it with a little salt, as much as thou maist take vp with thy two fingers, and put it in thy nose.

To stench blood.

Take linnen cloth and burne it, and take the powder and put it in another cloth, and so lay it to the wound. Also take an Hearb that is called Peruincel, and hold it betwene thy teeth, and then shalt not blæde while thou holdest it there.

Good



## An Hospitall

Good for the braines.

To smell the sauour of Muske, Camomille, to drinke Wine measurable, or to eate Sage, but not much, to keepe the head warme, often washing of your hands, measurable walking, measurable sleeping, to heare little noise of Musicke or singers, to eate Mustard, Pepper, the sauour of red Roses, and to wash your temples with Rose-water.

Ill for the Braine.

All manner of Bzaines, Gluttony, Drunkennesse, late Suppers, to sleepe much after meate, corrupt ayres, anger, heavynesse of minde, to stand much bare-headed, to eate too much or hastily, too much heate, too much watching, too much cold Milke, Cheese, all manner of Putts, much bathing, Ontons, Garlicke, and great noyse, or to smell a white Rose.

For stopping in the breath.

Take Keko and seeth it in Cifell, and so drinke it: drinke Pettie-seed bzayed, and it shall void grauell of the Stone in the Kienes of the Backe.

For a stinking breath.

Take the seed of Cozlande, and boile it in white Rimney or Sacke, and thereof drinke thre spoonesfuls in the morning, and as much at euening, but that you drinke in the morning, must be cold, and the other hot, but you must vse to take no excesse of meates, nor drinks, nor sit vp late, but rise vp early.

A medicine for a bruse in the Leg or Arme or else-where.

Take water-Cresses, and wash them cleane, and seeth them in faire water till they be soft, then beate them small in a Morter, and put them in a cleane Pan, & put therevnto sweet suet of a Hart, Buck, or Sheep, and put thereto the Lees of Wine and Wheate Bran, and fry all together, and make a plaister thereof, and lay it warme to the sore place, and so lay thre or foure plaisters, as neede shall require.

Another plaister for a bruse or sore vnripped.

Take Ofemeale grotes, and seethe them in sweete Cow milke, vntill they be as thicke as Pap, and put it into a Pan. With a quantity of Sheepes tallow, and boyle them well, and stirre them well, and then make a plaister thereof, and lay it to the  
the



## for the diseased.

the grieve as you can suffer it.

For a bruse or a straine.

Take the grounds of Ale oz Beere, and wheate bran, and Chickweed, and lay it to the greafe thre oz foure times a day vpon a red cloath, and not too thin.

For all bruises and aches in the bones.

Take a good quantity of Malwort, and a certaine of Balm and Smalage, and stampe them well, then take a pound of May Butter, and temper them together, then make them in round bals, and let them lye eight dayes after, and then stampe it againe, then fry it, and straine it, and so put it in an earthen pot, and this will helpe the bruse, though it be very blacke.

A Medicine for burning, scalding, or burnt with an Hand-Gun.

Take ten oz twelue Egges, as you will make the quantity of your Dyle, and let them be as new as you can get, lay them in the fire, & rost them as hard as you can, then take the yolkes, and chop them as small as you can, and put them in a earthen pot and set it ouer the fire, and take a sticke and stir it, and let it boyle vntill you see it consumed in a manner to nothing, then take it from the fire, and set it in the ayre a quarter of an houre oz moze, and there will come an Dyle thereof, then take a feather, and anoint the grieve with the same Dyle, and take Harts-tongue-leaues, and lay them vpon the grieve, and that will gather the skin, then you may binde a cloth to it.

Another Medicine for the same.

Take the dung of Geese of one nights making, and fresh Butter vnsalted, oz else clarified Shermes sewet, and fry them in a frying pan a good time oz season, vntill your sewet bee almost consumed, then put them in a cleane course linnen cloth, and straine them into a small vessell, then take a feather, and dip it in the liquoz, and anoint the burned place oz scalded, and when you haue so done, wet a fine linnen cloth in the liquoz, and couer the soze withall: and do this twise oz thrice a day, and by Gods grace it shall helpe you.

For burning, or scalding.

C

Take



## An Hospitall

Take Maiden-wort, stampe it and seeth it in fresh Butter, & straine it and anoint the patient.

To take away a heat and burning with Gunpowder.

Take a good quantity of Housleke, stampe it and wring out the iuice, take the white of fire Egges, and beate them in a dish till they be thin, and then take off the skinne, and put the rest together, and wash the sores with a linnen cloth, and lay the cloth aloft vpon the soze wet.

A Medicine for burning or scalding.

Take blacke Sope, or grey Sope, and lay it immediately to your soze.

For burning or scalding.

Take a good handfull of Anens, and as much of Shæpes dung, and so fry them in Bay-butter, and straine it, and anoint the place with the same cold, twice a day, but anoint it first with gray and blacke Sope, and it will helpe, the ointment must be spred vpon a flaren cloth if you can get it.

To make an ointment for burning with Gunpowder or scalding with water.

Take a handfull of Barroes-greace, and two handfulls of Grounsell, and two or three handfulls of Housleke, and stampe the hearbes together, then put to it new Sheper-dung two handfulls, of Gose-dung two handfulls, and stampe them together, and being hote, straine them through a cloth into an earthen pot, and with the liqour anoint the burned place.

An oymtent for burning.

Take Plantine, May-bread, Dazp, and græne barke of Elder, and græne Gose-dung, and oyle of Olive, stampe them together, and wring them through a cloth, and bathe the place that is hurt with a feather.

For burning or Scalding in what place soeuer.

Take the white of an Egge, and put it in a Pewter dish, and then labour it with an Allum stone, till it be like a Posset curd: then take a fine piece of linnen, and wet it in oyle Olive, or in some other oyle, then lay the said cloth vpon the soze, and about it lay the foresaid curd made of the white of an Egge, and that shall draw out the fire and heale the sore.

For



## for the diseased.

For the burning or Scalding.

Take foure Egges and roste them, and take out the yolkes, & fry them in a pan softly vpon the embers, till they be blacke, and thereof will come an oyle, the which saue and put into a Gally pot, and vse it when you haue need.

A medicine for a burning for lacke of other things.

Take the Berries of Elder tree, and lay them to the soze, and it helpeth.

Another Medicine for the same.

Take Oyle Oliue, and beate it with water till it waxe very white, and anoint the place.

For a burning with fire.

Take blacke Vernish, and all to anoynt the place with a feather, and it will stay the heate, and heale it as faire as euor did medicine, and so vse it till you be whole.

For a Canker in a womans paps.

Take Goose dung, and Sallendine, and bray them well together, and lay them to the soze pap, & it will cleanse the Canker, and kill the Mozme, and heale the soze.

For the Canker in the mouth.

Take the iuice of Plantine, vineger, and water of Roses, and wash thy mouth withall many times.

A receit to still a Cock.

Take a red Cock of thre or foure yeares old, and kill him and dresse him faire, and cut him in foure quarters, buse the quarters, and picke out the fat of them, then take halfe a handfull of red Vints, & a handfull of Harts tongue, put them in the pot close, with halfe a pint of Malmsie, fire crops of Vilspe, a roote of Parsely, a roote of Fennell, a roote of Endiue, twenty Damaske Prunes, twenty Raisins of the Sun, foure Dates, and let it still twelue houres, and let the pot bee couered with paste, with a platter vnder it, and let the patient drinke it euery morning next his heart.

A Medicine for the Collick.

First take a handfull of Rosemary, as much of time, and as much of Vyspe, one ounce of Cloues and Pace, and seeth it in a pottle of white Wine, and let it seeth till it bee consumed to a



## An Hospitall

Quart, then put therein a little Sugar, and drinke thereof hoke warme, when you feele your selfe pained, and when it is sobden, as befoze is mentioned, you must burne it as you burne ocher Wine.

For the Collicke in the side.

Take a small wooden dish, and put therein first cold ashes then lay upon them hot Embers, without great coles, & thereupon strew a great quantity of Cummin-seed, and sprinkle it with Palmesey, and so do till the dish bee filled: then couer the dish with a faire linnen cloth double, and lay it so hot as you can to your side where the Collicke lyeth, and vse this two or thre times, and it will helpe you. And for lacke of Cummin-seed, take red Sage, Camomile, Hysope, Time, Pennyroyall, all of like quantity, and vse it as the Cummin-seed befoze.

A Medicine for the Stone.

Take Pellitory that groweth on the wall, ground Irie, Saristrage, Parsly, Auens, Pallowes, and red Nettles, Pepper Chernell, and House-eare, and boyle all these hearbes, of euery of them alike quantity in Whay, and clarifie the Whay with the white of an Egge, and drinke a draught therof at any time fasting.

Another for the same.

Take halfe a pennyworth of Parsly-seed, as much of Radish seed, being well dressed and brused, and seeth them all in a pinte of white Bassard to halfe a pint, and then drinke it milke warme.

Another to breake the stone.

Take Panthorne flowers, or for lacke of flowers, take Hawes, and distill them, the flowers in May, and the Berries when they be ripe: take of this water three spoonesfulls, and three spoonesfulls of Palmesey, and a quantity of Ginger, and drinke it warme.

A medicine not onely to breake the Stone, but also clearely to purge you thereof, if you do vse this same dayly.

Take the Rases of a Hip tree, and picked Holly-leaves, and dry them in an Ouen, & beate them seuerally into dry powder, then



## for the diseased.

then put them together being first searced, and of like quantity: then put thereto the powder of Cromwell-seed, and Broom-seed, of each a like quantity, doing but halfe so many in quantity as the powder aforesaid: and they being mixt all together, vse dayly a good spoonfull of the said powder in a draught of Ale, Beere, white Wine, or Rhenish Wine, evening and morning: and besides that, you may vse the same powder in Broths and Pottages, the oftner the better: haue alwayes in store a good quantity of the said powder: you must keepe the same alwayes dry, in a Pipkin by the fire side, or otherwise.

Another for the same.

Take Parsly, distill it, and vse to drinke the water in white Wine, or in good Ale, and it will destroy the Stone, Collicke, Strangury, and other passions in man or woman.

A Medicine for the Collicke and the Stitch.

Take the grounds of Balmsey, Sheepes fallow, Kibwort, red-Sage, and Alisanders, seeth all these together, and make a plaister thereof and lay it to the griefe, and anoint you with Oyle Olive, and Oyle of Balme mixed together.

For the Collicke and Stone.

Take Pellitory, vnset Leekes, and Gallowes, of each a like quantity, stamp them, and put thereto a penniworth of Peates Oyle, fry them well together in manner of a plaister, put them into a bag of linnen cloth, and being very hot, lay it to thy belly and it helpeth within an houre.

And for the Stone, lay the same to the reines of the Backe behind, and it helpeth with speed.

For the Collicke and Stone.

Take halfe a pound of Lime, as much Parsly rootes, and blades, halfe a pound of Alisander-rootes, and seeth them all together in a pottle of Ale, untill it consume to a quart, and so drinke it fasting.

For the Stone and for him that canno pisse.

Take a quantity of Lime, Parsly, crops of Fennel, Sinke-foile, Alisanders, of like quantity, five or sixe cloues of Garlike: stampe them together, and straine them with white Wine or Ale, and drinke thereof first and last, warmed.



## An Hospitall

A speciall Medicine prooued for the Stone, Collicke, Dropisie,  
Strangurie, and Jaunders.

Take of Ceeny halfe an ounce: Ginger, Annis seed, Licorice,  
Maces, Nettle-seeds, Tette, Saffron, of each two penny weight  
Fennell-seede, and Spikenard, of each one penny weight, and  
three penny weight of Sinamon, make all these in powder,  
and drinke thereof halfe a spoonfull at once in posset Ale, or in  
Pottage.

For the Collicke passion.

Take Annis-seeds, Fennell-seeds, and Carraway-seeds, of euery  
of them halfe an ounce, Ginger, Galingale, and Sinamon, of  
euery of them two dragmes: Cloues, Maces and Cardam, of  
euery of them halfe a dragme, Setwall, foure dragmes, Sugar  
eight ounces, make them all together in powder.

For the stone in stopping of the water.

Take a pint of white Wine, and therewith make a Posset,  
then take all the curd away, and put into the Posset Ale, two  
penny weight of the scraping of white Sope, and boile it, then  
drinke it as hote as you can.

For the Collick and the stone, prooued.

Take Parsely-seeds, Brome-seeds, Crommel-seeds, Fen-  
nell-seeds, Annis-seeds, Plantine-seeds, and Smalage-seeds, of  
euery of them a quarter of an ounce, and of Nutmegs, halfe an  
ounce, of Sugar tryed, foure ounces, and beate them altogether  
in a Morter, vntill they be very fine, then searce the powder  
thzough a searacet, and vse to drinke this powder euening and  
morning, thze dayes in a weeke, with Wine or other drinke  
like warme, and take of this powder at a time, the quantity  
of a great Hazel Nut: and if the paine be great, take of the  
oyle of Scorpions, with oyle of Roses, and anoint your side  
where the paine is, against the fire.

To purge the bladder of him that cannot pisse.

Take Fennell, and the rootes of Allesanders, Parsely, the  
rootes and leaues of Harts-tongue, Maiden-haire, and seeth  
them in white Wine, and giue it the patient to drinke, and it  
will purge the Bladder in short time.

For the same.

take



for the diseased.

Take, Kew and Crommell, and Parsely, stampe them together, and temper them with white wine, and giue it the sicke to drinke warme.

For him that cannot well pisse.

Take a flint stone, and lay it into the fire untill it be red hot, and therewith warme your Ale, and then drinke thereof.

To prouoke vrine, and against the stone.

Take three quarts of Ale, warme it well, let it be skimmed thrice, then put to it a handfull of Time, & a handfull of Rosemary, and a handfull of Benni-royall, and let them seeth together till one quarter be consumed, or more, then, straine the hearbs from the Ale, and drinke a draught of the Ale first and last warme.

To make one pisse.

Take a quarter of a handfull of Parsely, as much red Fenell, wash and shred them small, and put them in a cup of stale Ale, and make a posset therewith, and drinke the Ale, and it helpeth.

For a man that pisseth blood.

Take Ambros a handfull, Bursa pastoris as much, Parsely-seed as much, stampe them all together, and giue the sicke to drinke thereof in Goates milke.

To prouoke vrine.

Take a handfull of red Pettle-wotes, and seeth them in a quart of good Ale, till it be consumed to a pinte, and put thereto halfe a dish of Butter, and let it be cleane skimmed befoze the Butter be put in, and seeth it in Allsander-seeds, Parsely-seeds, Crommell-seeds, beaten in fine powder, and straine them thzough a fine cloth, as much of the one as of the other, and drinke thereof first and last.

For the same.

Take a quantity of blacke Sape, and English Saffron, and temper them together cold, and lay it cold vpon your nauell, being spzed vpon a broad paper, or red leather, and then lay vpon it a linnen cloth of ten or twelue folds, hote, and coule you with a towell, and so lie downe vpon your bed warme, and it will make you pisse within an houre.

A drinke for a windie Collicke.

Take a quart of Palmise, and two spoonesfulls of the pith  
of



## An Hospitall

of Parsly-roots, and a handfull of Violet-leaves, and five Bay-leaves, seeth all these together vnto a pint, and drinke it morning and evening warme.

To take a way Cornes.

Take Marigolds stamped, and lay it vpon the sore, evening and morning and it profiteth. Or else pare your Cozne, and lay thereto Turpentine and red Wax boyled together, and make a playster thereof, and it helpeth.

To do away a Corne.

Take and cut away the Cozne, and drop into it a drop or two of a blacke Snail, and put thereto the powder of Sandifer, and it will do it away.

For the same.

Pare away your Cozne as nere as you can, and put into the hole vnbleekt Lime as much as a fitch, and couer it with a playster of Ware and Rozen, and let it lie 24. houres.

To make a water against a consumption.

Take a quart of Rose-water, as much of womans milke, milke of Goates, of Hares, or of Cowes milke: put vnto them thirty yolkes of Egges well mingled together, and there of distill a water, whereof giue the patient to drinke warme first and last, with a Cake of Manus Christi, made with Gold and Pearles.

For a Consumption of the Reines.

Take Clary-leaves, and picke them, and fry them with two or thre yolkes of Egges, and put therevnto Saffron dyed vpon a stone, and grinde it small, and put all together, and fry them in fresh butter, and eate it warme next your heart.

To make a Gelly for one that is in a Consumption.

Take a Legge of Meale, and cut away the fat, and a Capon or Cock new killed, and scald him, and wash him cleane, and let the Capon and the Meale lie in water the space of thre houres, and seeth them on the fire, with two pottles of faire water, scum it cleane, and as the fat riseth, take it off, and so let it seeth, till halfe the boath be consumed, then put in a pottle of rackt Rhenish Wine if you haue it, or else a pottle of white wine, and let it seeth altogether, vntill it consume to a quart, & clarifie



### for the diseased.

clarifie it with thre or foure whites of Egges, and let it runne through a gelly bag, and then set it on the fire againe, and put in one pound of Sugar, and one ounce of Sinamen grosse beaten, and then let it runne through a gelly bagge thre or foure times. and after let the patient drinke thereof warme.

For an extreame Cough.

Take Fennell rootes cleane washed, Annis-seeds, and a little Licorice, and seeth them altogether in white Wine, and take the white Wine, and drinke a good draught thereof when you goe to bed, and the next morning take a Figge and a Date, and roste them, and eate them somewhat hot, and neither eate nor drinke in two or thre houres after, and in two or thre times drinking it shall helpe you.

For the Cough.

Take eight pennyweight of fine Ginger, and sixtene pennyweight of the powder of Elicompane rootes, and one ounce of the powder of, Licorice, and two ounces of the powder of Annis-seeds, and thre ounces of Sugar Candy, mingle all these together, and vse to eate it when you will at all times in the day, and you shall finde ease therein, for this is well proued.

For the Cough, and to dry vp the rheume and fleame.

Take a handfull of Sage, and a handfull of Bay-salt dried at the fire, a handfull of Cummin, a pennyworth of Cloues, and another of Naces, and beate all these and mingle them together, and put them into a linnen bagge the length and breadth of a mans hand, and quilt it, and vse it hot vpon the mould of the head till you be eased: warme it morning and euening, and lay it to your mould againe.

For the Cough of the Lungs.

Take apottle of running water, twenty Figges, a quarterne of the best Sugar, a good quantity of Licorice and Annis-seeds, a pennyworth of Maiden-haire, a handfull of great Ratsins the stones picked out, and boyle them vnto a quart, and so warme a little in a Stone cruze, and drinke thereof,

For the Cough.

Take Hyssope, Horehound, Sugar, and water, boile them altogether, till it come to a thinne Sirrope, and so vse to eate  
D there-



## An Hospitall

thereof euening and morning, and all other times when you thinke good.

For the Cough.

Take a pint of Hyssope-water, and halfe a pint of Rose-water, and a good quantity of Licorice bzused, a great spoonefull of Annis-seeds, halfe a pound of white Sugar-Candy: let all these boile together, till it come to cleare Sirrope then put it in a faire glasse strained, and take the Sirrope at all times of the day or night, when you list.

For the Cough.

Take a tolle of bzed, and make it hot, and put on sweet Sallet Dyle one both sides of it, and eate it euery morning and euening, and it will helpe you.

For the same.

Take Barrowes or Bozes-greace, thre or foure clones of Garlicke, and stampe them together, and warme and anoint thy fete therewith at thy going to bed, and so keepe them hot with a tossed trencher and warme cloathes, and you shall recouer.

For the chin Cough in Children.

Take Bozes-greace, and warme the soles of their fete at the fire, and chase them with the aforesaid Bozes-greace, and let them go to bed, and keepe them warme, and lay cloathes to their fete.

For the Cough and the wheefing.

Take a pound of Sugar-Candy somewhat finely beaten, halfe a pound of Licorice searced, and halfe a pound of Annis-seeds, searced, and an ounce of the powder of Ginger, an ounce of Elicompane-rootes made into powder, and mingle these together, and tske of the same powder halfe a spoonefull at a time when you goe to bed, and when you rise in the morning.

For the Cough.

Take Hyssop, Licorice, Horne-hound, a little of the rootes of Elicompane, great Raisins, Figges cut in small pices, and Annis-seeds: boile all these in water, then straine out the water, and drinke it euery morning fasting.

For



## for the diseased.

For the Cough and for stopping at the brest, and to open the pipes, and so to auoid much corruption.

Take the roote of Clicompane, and a roote of Radish, and thzed them thin, and Beare-wardens, twice so much as of both the others, then put all together into a new earthen pot, then put thereunto clarified Hony till it ouer-flow the said ingredients: then couer the pot, and passe it that no breath come out, and set it into an Ouen, and let it bake with a batch of bread, and giue the sicke thereof, a spoonefull at morning and another at night.

Master Bakers Medicine for the Cough of the Lungs.

Take thze pints of running water, halfe a pound of Poztingale-Sugar, with nine Figgs, and halfe a spoonfull of Annis-seedes, bznsed, a handfull of Raisins of the Sun, cleane washed, hauing the stones picked out, a peny, wort of Maiden-haire: let all these boile together till the one halfe and more be boiled away, and then straine the same thzough a fine cloth, and euery morning drinke two spoonefulls of it luke-warme, and you shall finde present remedy.

For the Crampe.

Take Holly-oyle, oyle of Violets, and of Swines-greace, of each like much: and make an ointment and anoint the place.

An excellent salve for a cut.

Take two handfulls of Bugle which groweth most commonly in woods, and as much Valerian: bzuse them very small, then take a quantity of Dære sewet, halfe so much vnwrought Ware, so much of these two as the hearbes may be boiled there in, then set it on the fire, and when it is halfe boiled, put in a quantity of the best Turpentine that you can get, then let it boile till it be enough, and all the while stirre it well: when it is boiled enough, straine it thzough a cloth into a vessel and so keepe it.

For a new cut that wil not leaue bleeding.

Take the blades of vnset Lokes, and stamp them, and put thereunto Hony and Wheate flower, and stir them well together



## An Hospitall

gether untill they be thick : let it come to no fire , but all cold lay it to the wound and it will stanch the blöding, draw out the brused blood, and make it cleane.

For the deafenesse in a mans head.

Take a quart of Malmsy, a penny-worth of Cammin, and eight Betony leaues that groweth on the land : then boyle all these together till the one halfe of the Malmsy be consumed : then take the pot that you boyle your Medicine in, as sone as the hearbes be boyled, and couer it with a tunnell, and binde it close about the verge, that the heate come not out, then put a quill in the other end of the tunnell, then put the patients eare thereunto, so that the heate may goe close into his head, first the one, and then the other, and whilst the heat is drying in the one eare, you must stop the other with blacke woll, and you must haue hot cloathes to keepe in the heate on the other side of the head while the medicine worketh : then serue the other eare likewise. You must vse it threë times in the day, that is to say, in the mornig, at noone and at night, and so you must continue the space of threë dayes, and threë nights. See that the Patient come not into any open ayre the space aforesaid : and you must put to your Malmsy a quarter of a pint of clere running water.

A good medicine for deafenesse, vsed by Thomas Steuens of Bushton.

Take Bay-berries, Bay-leaues, Betony, and Sticards, of each of them one handfull, seethe them in white Wine to the halfe, and soz an old man in Malmsy: then put it it into a vessel that hath a narrow mouth, and hold your eare ouer it being vnstopped, so that you may suffer it, being neither too hot nor too cold : then take oyle of bitter Almonds, and let drop thereof two or threë drops in your eare, and alwayes haue a Locke of fine blacke woll that groweth betwæne the Sheepes legges, to stop close your eare therewith : wherein if you put a little Muske, it will be the better.

A soueraigne Medicine for the paine and buzzing in the head, which hindreth the hearing very much.

Take



## for the diseased.

Take one clove of Garlick, pill it, and prick the thre or foure holes in the middest, and dip it in fine English Honey, and put it into your eare, and put a little blacke wolle after, and lie vpon your other side each night, and so let it continue in your eare for the space of seauen or eight dayes, and it will expulse the humors at your nose, expell the paine, and restore the hearing.

For the paine in the eare.

Take two handfulls of Sage, one handfull of Hyssope, and halfe a handfull of Rose-mary, put these into a little pillow boyled in Rose vineger, Aqua vita, and Rose-water, and lay it to your eare as hot as you can suffer it.

An oyntment for a swelling.

Take a good quantity of Smalage and Ballowes, and put thereto two pound of Bores-greace, one pound of Butter, and a quantity of Peates-foot oyle, stampe them well together, and fry them, and straine them into an earthen vessell.

To make a drinke for an extreame heate or drought.

Take a pottle of faire water, a handfull of Succory, a handfull of Endiue, a handfull of Violet-leaues, a handfull of Bur-rage, halfe a handfull of Lettice, two Fennell-roots, two Parsely-roots, put them all in your pottle of water, and let them seeth from a pottle to a quart, then take it off, and put a little Sugar to it, and let it haue two wallops more, then drinke of it when you thinke good,

To make a diet drinke.

First buy a diet pot and fill it full of Conduit water, lacking a quart: then put to the water a quart of white Wine, and set it ouer a soft fire of coles, then put thereto a pound of Licoriz scraped and cut in small pieces: halfe a pound of Annis-seeds brused halfe a pound of Lignum vita, bought at the Turners, and an ounce of the barke of the same, which you may haue at the Apothecaries, then let all these boyle together an houre and a halfe, so that one part of the liquor be boyled away then take and straine it into a faire vessell, and keepe it close, and drinke thereof first and last a pretty draught warme.

A water for the eyes.

Take kindly Roch Allome white, a small quantity of Red



## An Hospitall

Rose-water, and the iuice of red Fennel, and the white of an Egge well beaten, and take off the scum of the Egge, and beate them together, then straine it through a fine cloth, then dip your finger in the water, and let it drop in your eye.

Good for the sight.

All this is good for the sight: red Roses, Veruaine, Roses, Fennel, Salentine, Bimbernell, Oculus Christi, to wash your eyes with cleare water, or to looke vpon greene colours, measurable sleepe, to looke in a faire glasse, oft washing of your hands and feete, and it maketh your meat digest well,

Ill for the eye sight.

To studdy after meat, Garlike, Onions, Leekes, Lettice, too sodaine going after meat, Wines, hot or cold aire drunkenness, gluttony, Milke, Cheese, much beholding of bright things, and as euill red things as white: much sleepe after meat too much walking after meat, and too much letting blood, Colewort, fire, dust, too much weeping, and ouermuch watching.

A speciall good water for the eyes.

Take a new layd Egge, and rost it hard, cut the shell in the middell, and take out the yolke, and put in a piece of white Coperas whereas the yolke lay, and binde the Egge together againe, and let it lye in the fire till the Coperas bee desolued in water: then take the white out of the Egge, and cut it in small pieces, and let it stand a while, then straine it through a fine cloth, and keepe it in a close glasse and dresse the eye euery morning and euening.

To kill the pin and the webb in the eye.

Take a quantity of three leaved grasse, as much red Fennel, as much red Sage, as much Dazies, the white of an Egge, beaten, and the froth taken away, halfe a spoonesfull of Hony, Stampe all the hearbs together, and then take the iuice thereof, and put thereunto the white of the Egge, and the Hony, and then stir them together, and drop the same into the eye of the patient: then take a plaister of Flax tow, and dip it in the said Medicine, and lay it vpon the eye of the said patient, and bind it fast and let remaine so an houre at euery time of dressing.

An



## for the diseased.

Another for the same.

Take the leaues, of Gallendine, and stampe them and straine them: then put one drop of the iuice thereof in the eye, and it will helpe by Gods grace.

For the webbe in the eye if it be old.

Take the red Pimpernell and Euphrasia, and stampe them in a Morter: and then, frie them with Capons grease in a cleane pan: then wzing it thzough a cloth into a vessell of brasse and let it stand therein thzee dates after: put it in a boxe of hozne or tinne, and take thereof and put it into the webbe of the eye: This Medicine is soueraigne.

A good Medicine for the eyes, being either.

Pearle or Webbe.

Take thzee leaues of Dazies, and Pouch-wort, alias Bursa Pastoris, and the Chest-lops, alias Wood-liffe: stampe them together and straine them in a little good Ale: drinke of the same thzee senerall moznings, two houres befoze you rise, and you shall finde ease. Notwithstanding your eyes will bee soze, then wash your eyes with cleare running Water: then drinke of your drinke two moznings againe: and you shall bee whole and finde great ease by Gods grace.

A water comfortable for the eyes.

Take the iuice of Euphrasia, or else water made of it: for it is the best hearbe that can be for the eyes, what way soeuer you can take it.

For sore eyes.

Take rotten Apples and distill them: and with the water thereof wash your eyes, and it will purge and cleanse them, and cleare your sight.

For the same.

Take Coperas and lay it in running water and straine it: and when you goe to bed, strike the breees of your eyes with the same water, and let it drop into your eyes.

A water very good for the eye-sight.

Take Rose-leaues, a great handfull of red-Fennell: Meruaine as much: Kew a handfull: Salendine as much: and distill them together, and you shall haue a good water and

comfoz-



## An Hospitall

comfoꝛtable foꝛ your eyes.

A drinke foꝛ the eye-sight.

Take a quantity of Iule that groweth vpon the Ashe, a quantity of the rootes and leaues of Daffies in the field, also a quantity of Fennell, and a quantity of thꝛee-leaved Grasse: all these being washed cleane, stampe them and straine them with a pint of stale Ale: and drinke thereof euening and moꝛning, oꝛ at midnight foꝛ a season.

A perfect water foꝛ the eye-sight.

Take Sage Fennell, Vernaïne, Betony, Cuphassa, oꝛ Eye-bright, Pimpernell, Suckfoile, and Vearb-grace, and lay all these in white Wine all night: and then distill them in a Still, latoꝝy oꝛ glasse, &c. This water is speciall good.

For the Emꝛodes, and to dry vp any soꝛe.

Take the broad Memphane leafe, commonly called Canel-leaues, which grow in the waters: wash them cleane, put them in a paper, and fry them in the Embers, and apply them as hot as may be suffered, and make them in powder, and cast them into the soꝛe, and it helpeth.

For the same.

Take red Woꝛts and seeth them in a pot: then take the pot and set it vnder a close chaire, and sit ouer it, and lay warme clothes about the chaire, that no ayre may goe out, and so sit ouer it till it be cold, and then anoynt the members with the liquoꝛ.

For the same.

Take a plate of Lead, and rub thereon a quantity of Bozes-grease, foꝛ a man, and Swines-grease foꝛ a woman, and wash it with white Wine, and anoynt the Emꝛodes.

A Medicine foꝛ a red and high coloured face.

Take Wine-leaues, Strawberries and Cream, and put two penny-woꝛth of Camphire vnto it: then put it in a Stillitory with the afoꝛesaid leaues, and distill it: and take the water thereof, and wash your face therewith moꝛning and euening foꝛ a certaine space, and it will take away the high colour of the same.



for the diseased.

Another for the same.

Take Cowcumbers, and pare them cleane, and cut them in slices, and distill them, and with the water that commeth of them, wash your face daily, thres or foure times in the day: if you haue none of the water, then take the Cowcumber it selfe, and pare it and rub your face therewith.

A Medicine to destroy heate in the face, or in any other place, though it be St. Antonies fire.

Take a quart of Smiths water a handfull of Sage, a handfull of Elder leaues, or of the greene barke, a penny-worth of Allmon and seeth them all together from a quart to a pint, then put in an earthen pot and anoint the patient.

For the pimples in the face.

Take wheat-flower mingled with Vineger and Hony and lay vpon them, and it will cleanse them.

Good for a Fellon.

Take Sage, Rew, Snailles, Bay-salt, and Bacon, and beat them together, and then lay it to the Fellon, and it shall helpe you.

For the same.

Take Heart-grace, Marsh, and white Worts, rusty, Bacon a little Butter, a house Snaille, mingle them together, and make thereof a plaister.

A Medicine for Biles, Fellons and vncomes.

Take Wheate-flower, Bores-greace, May Butter, and Sage, and stampe it together, and make a plaister thereof, and lay it to the Bile, or Fellon, and it will both ripe it and draw it, and if it be fryed it will worke the better.

To ripe Biles, Fellons, and Vncomes.

Take a pint of sweet Milke, and set it ouer the fire, and put therevnto a quantity of sheepes Sewet, small shred, and a handfull or two of Otsmeale fine beaten, and let all these seeth till it waxe very thicke, so that ye may spread it vpon a faire linnen cloth, and lay it as warme as you can suffer to the soze, and it will quickly ripe it, and breake it without great paine, then when it is broken, lay a little Turpentine vpon a piece of white leather pricked full of holes, and it will draw and



## An Hospitall

heale it.

A gargresse for fleagme.

Take a quantity of Endive-water, and as much Hony-suckle-water, a good spoonfull of pure Mustard, a spoonfull of Hony, two spoonfulls of vineger, and a little powder of Pepper, two or three branches of Rose-mary, and the leaues of Sage, and put all these together, and heate them vpon a Chafin dish of coles luke-warme, and let the patient put a spoonfull at once in his mouth, and hold his head vppwards, and wash his throat therewith, and it shall make him void much fleagme, let him take thereof as oft as he shall thinke good.

To breake the fleagme, and for the Cough.

Take a pint of Ilop-water Killed, one quart of good Muscadine, three or foure good races of case Ginger, pare them cleane and cut them in slices, and twice so much Licorice, and pare it likewise, one good handfull of Sugar-Candy, grosse bruised, put all these premises together in a glasse, and shake them together, and stop it close, and let it stand foure and twenty houres then drinke thereof at your pleasure.

To breake Fleagme.

Take Butter without Salt, and Honey, of each a like quantity, and a few bitter Almonds, blaunch them and beate them fine, and eate a little euery day.

For the same.

Take Smallage, and seeth it in Vineger, then take the vineger and wash your brest withall, and then take the Smallage and put it in a cloth, and binde it to your stomacke three houres.

For the same.

Take Dorell and stampe it, and straine it, then take the iuice and temper it with old Ale, and drinke a good quantity in the morning befoze you rise out of your bed: then take a sleepe after, and you shall deliuer fleagme wonderfull to see for the quantity.

A Medicine for the Flixie, or Laxe.

Take Egges, and roste them hard, and take the yolkes of them and straine them with red-Wine, and put thereunto  
Sinamon.



## for the diseased.

**S**inamon, then seeth them together, and drinke it as hote as you may suffer it.

For the same.

Take Wheat-flower, and the yolkes of Egges, with the iuice of Plantine, and make a Cake of it, and bake it in an Oven, and eate it as hot as you can, and drinke thereto Red Wine or Respice all hot, or else the iuice of Plantine, for it will bind him.

A Caudle for the bloody Flix.

Take a pint of Red Wine, and the yolkes of five new layed Egges, a good quantity of Sinamon, and a little Sugar, the pill of a Pomegranat dyed and beaten to fine powder a good quantity, and boile all these in a faire platter vpon a Chafing-dish of coles, till it bee some what thicke, then let the Patient eate of it morning and evening, and as oft else in the day as his Stomacke will serue him thereto, and it shall stop him, be the Flix neuer so great.

A singular medicine for the bloody Flix.

Take ss much fine cloth as will make a suppository, being wrapped round together bottemwise, then wet the same in the best Aqua vitæ, or Aqua composita, and let the parties grieved conuey the same into their Fundament, and it will helpe them God willing within three or foure dressings: this is proued, and hath helpen many that haue bene brought very low, and iudged past cure.

Another for the same.

Take a piece of Allmon, as much as a Walnut, put it in a pint of new Milke, and seeth it on the fire till the Milke turns to a curd, then take off the curd as you doe the Posset Ale, then take the liqur that remaineth, and put vnto it a quantity of the powder of the pill of a Pomegranat, and Sinamon fine beaten, and let them drinke it, and it will stop them, and if they eate of the curd, they shall be stayed the sooner.

For the bloody Flix.

Take Almonds, skinned, and all, and stampe them small, and take the water of hoked Barly sodden, and make thereof Milke and put therein skins and scorches of Pomegranats, being



## An Hospitall

being stamped to powder, with a little Sugar, and so eate the same every morning and evening, and put gads of Steele that haue bene made red hot in the fire into their drinke.

To stop the bloody Flix.

Take a quart of Beanes dried ouer the fire, so that ye may make powder of them, then bruse them in a mortar very small and bould them, and take a quart of good Ale, and a quantity of flower, and so seeth them both together, and let the patient eate thereof at night as hot as may be suffered.

For the bloody Flix.

Take a pint of running water, and a pint of warme Hilke as it cometh from the Cow, and put them together, then put five or six flint stones in the fire, and when they be red hot, quench them in that liquoz, then put them in the fire againe, and quench them againe three or foure times therein, till the liquoz be halfe consumed, and let the party drinke of it warme.

A Medicine for the falling of the fundament.

Take red Pettles bray them well, and put them in an earthen pot, and put thereunto a good portion of white Wine, and seeth it till the halfe bee waisted, and giue it the sicke to drinke first and last alwaies warme, and lay the hearbs to the fundament as hot as he can suffer it.

A plaister to heale a gowty Legge, a wound or sore whatsoever.

Take a handfull of Ballow-leaves, and another of Ground-sell, put them in a Bosnet with faire water, and let them boile till they be sodden so tender, that ye may make a plaister of them, then put the liquoz from the hearbes, and straine them thzough a strainer vpon a platter, and set the platter vpon a Chafingdish of coles, then put thereunto a quantity of Deares Sewet, or Sheeps-Sewet clarified, and unwrought ware, Sallet Oyle, Turpentine, and Rozin: let all these boile vpon a Chafingdish of coles, untill they be thick: then straine all the said stuffe thzough a linnen cloth into a vessell that you will keepe your salve in, and so let it stand untill it be cold, then vse the same being spread vpon a cloth, and you shall finde ease by Gods grace, and helpe.



## for the diseased.

A plaister for the Gowt or Ache in the ioynts, wherwith the Lord Rich was cured, when all Chirurgians thought him to be vncurable.

Take halfe a pound of vnwrought Ware, halfe a pound of Rozin, an ounce of Olibanum, a quarter of a pound of fine Litarge of gold, thre quarters of a pound of white lead, beaten to powder, and searce it thzough a Serceer, and take a pint of oyle of Peates-seete, and set it on the fire in a small Messell with the Ware and Rozin, and when it is molten then put thereto the other powders, and stirre it fast with a sticke, and then put a little of it vpon a pewter sawcer, and if it be hard being so tried on the pewter sawcer, then take it from the fire, and anoynt a faire boord with some of your oyle of Peates-seete and as you may handle it soz heat, worke it as it were Cozdyers ware, and make it in great roles, & make plasters of it with a chaffing dish of coles, and spread it thin vpon a linnen cloth or leather, and lay the plaster warme where the paine is, and so renew it mozning and euening untill you be whole, or till the Ache bee driuen into some other ioynt, and then take the plaister, and lay where the Ache is, and beware of the cold, and hot Wines.

### A Medicine for the Gowt.

Take foure handfulls of Wall-wort, and one handfull of Horehound, and bray them in a Morter, and put their iuice to one pint of Swines-grease, and boyle them on the fire the space of halfe an houre, then straine it faire: soz it is good soz all cold Colours in the armes, legges, or seete, and soz all griefes in the bones that come of cold.

### A drinke for the Gowt festered.

Take a quantity of Archangell, Betony, Meruin of each like much, and boile them in Wine, and let the sicke person drinke thereof first and last, and it helpeth.

### A plaister for the same.

Take a sawcer full of the iuice of Smalage, another of Mozne-wood, Hony, salt, and vinegar, and mingle them well together, and doe thereto a quantity of Ale flower, stir them



## An Hospitall

fast together, and boile them, and make a plaister on a cloth, and lay it to the soze, vñe the drinke a foresaid, and the plaister, and it will helpe by Gods grace.

Good for the heart.

Saffron, Burrage, Muske, Cloues, Calingall, Putmegs, the red Rose, Violets, Sugar, Makes best of all.

Ill for the heart.

Beanes, Pease, Leekes, Carlike, Ontous, sadnesse, anger, dread, too much trauell, to drinke cold water after trauell, and euill tidings.

A Medicine for the passion at the heart, called Tremor cordis.

Take the powder of Burrage flower, the powder of Putmegs, white Amber likewise in powder, the bone in a Stags heart, the powder of Sinamon, all these powders drinke lukewarme with Beere, Ale, or Wine, euening and morning, and the party grieved shall find ease. These things must be proportioned by good aduice.

A Medicine for a continuall head-ache.

Take Betony water, and take a cloth thre or foure double and but thre fingers broad, wet it well in the Betony-water, and lay it to your sozehead cold. Let the cloth being wet come round about the head, and tie it fast, and thre or foure times thus doing, it will helpe the, and when the cloth is dried, wet it againe.

A Medicine to cleanse or purge the head.

Take Pellitory of Spaine, and chew the roote in your mouth thre dayes at times, and it shall doe away the Ache, and fasten the teeth in the gummies.

A Medicine for the paine in the head.

Take a Rose-cake, cut it in length and breadth of the sozehead, then take Rose-water and vineger of like quantity, as hot as you may suffer it, and lay it to the sozehead,

A medicine for the wind in the head.

Take a handfull of flowers of Camomile, and halfe a handfull of powder of Cummin, and mingle them together: and make two bagges of the breadth of your eares, and



for the diseased.

and lay them there vnto,

For the head-Ache.

Take the iuice of Kew, and put it into the nose-hayls, for it getteth out the fleagme, and cleaseth the braine, the hearbe sodden in Wine doth the same.

For the Megrime or head-Ache.

Take foure oz fine Putmegs, and pare and slice them as you would pare and slice Ginger thin, then make two little bagges of linnen cloth, of the length of your finger, and put in the Putmegs, then take a quantity of pure red Rose-water, and lay your bagges in the same water in a dish vpon a Chafingdish of coles, and make them hot, and lay them to the temples of your head.

A Medicine for the Megrime truely proued.

Take halfe an ounce of Pepper, two Putmegs, halfe a quarter of an ounce of graines, one pint of Wineger, and a handfull of Rose-mary, and boile all together betwixt two platfers vpon a Chafingdish of coles, and then take a cloth, and put it ouer your head, and hold your head close ouer it till it be boiled well-nere all away, and by Gods grace it helpeth.

For the Megrime.

Take fine-leaued grasse, and Porell that is called S. Mary hearbe, euen portions of these two, and Betony as much as of both the other, and beate all these in a Morter, and take the iuice of them, and put to the same iuice as much May-butter as the quantity of the iuice, and thereof make an ointment, and anoint therewith the patients browes when hee goeth to bed.

Another for the same.

Take Bole Armonick, Sanguis Draconis, and Terrastigillat, of each like quantity, and beat them in powder, then to make a plaister, take flax and lay it vpon a russet paper, as broad as you will haue your plaister, and take the cleare of an Egge, and lay it vpon the flax, and then take the foresaid powder, and cast it on that side of the plaister that shall lye next your head: and put one folde of russet paper, or else of linnen betwene your head and the Medicine, or else it will cleane



## An Hospitall

cleane very soze to the haire of your head, and this Medicine is well proued.

A good Medicine for the Megrime in the head.

Take leather vnallomed, so broad as your soze-head, and in length from Temple to temple, case the same leather, but not thzough, thereupon lay the oyle of the white of an Egge, then take of the Apothecarie Sanguis Draconis beaten into powder, and scatter the same vpon the oyle thinly, and this done, lay it vpon the soze-head, not taking it away till it be ready to fall away of it selfe.

A Medicine for the blacke Jaundis.

Take Wheate-Straw and lay it abroad vpon a faire floze, in a close house, and put in Geese, and watch when they dung, and take it vp whole, and with a knife scrape off the white that is about the dung, till you haue a quantity thereof, then drie it in an Ouen, and make powder thereof, and drinke it morning and euening in Ale, warmed, and that will cure both the blacke and yellow Jaundis.

Another Medicine for the Blacke Jaundis.

Take the hearbe Ambros, Betony, Bugwort, of each of them a handfull, of Centory halfe a handfull, and thze or foure Dock:rootes, cleane washed and scraped, and stampe all these together in a mortar till they be indifferent small beaten, then take Spicknell, Turmericke, and Galligarie, of each of them like quantity, and stampe them likewise in a mortar, then put the hearbs in a cleane linnen cloth by themselves, and the spices by themselves, and tie them fast with strings, and hang them in a gallon or two of Ale when it is new and ready to be sunned, after thze or foure dayes drinke euery morning next your heart a good draught thereof, and drinke nor eate nothing two or thze houres after, and do so likewise when you goe to bed, and no doubt by Gods grace it will helpe you.

For the blacke Jaundis M. *Anthony Cox* prisoner.

Take the gall of a Hauen, and drie it, and grate it into powder: take a quantity in a spoone, and temper the same with Beere or Ale together, and drinke it fasting in the morning.

A Medi-



for the diseased.

A Medicine for the yellow Iaudis.

Take a handfull of red Pettlecrops, and seeth them in a pint of Ale, and drinke the same being strained, thre or foure daies together.

Another for the same.

Take hard Spanish Sope, a little stale Ale, in a cup, and rub the Sope against the cup bottome, till the Ale bee white, and saue it in Iuoy, and let the patient drinke thereof first and last till it be whole.

For the same.

Take Salendine leaues, and put them into your hosen next your fete.

A Medicine for the yellow Iaundis.

Take a bigge Apple, and cut the top, so as it may coner the Apple againe, and take the coze, and put into it some swet Butter, and a good deale of Turmericke, and a good quantity of English Saffron, and rolle it very tender, and let the sicke person eate of it thre or foure mornings together, or more if needs be.

For the same.

Take a quart of white Wine, a great handfull of Salendine leaues, and boile them to a pinte, but in Winter take the rootes, and drinke thereof morning and euening warme.

For the yellow.

Take Bay-salt, Otes, and Cummin, and dry all these, and make two bags thereof, and as hot as may be suffered, lay the one after the other to the plow or crowne of the head, and so vse it a good while.

For the same.

Take sharpe leanen and Bay-salt, vpon it cold, and put it to the yellow and it will helpe.

A very good Medicine for an itch.

Take Dock-roots, and beate them, bruisse them and scie them with Fresh Butter, and anoint the patient with the salve, and in five or six times dressing, it will helpe you.

To make one seeme young, long, to purge the winde and cleare the sight.

If

Make



## An Hospitall

Take powder of Fennell, Annis, and Clicompane, and temper them with Aqua vita, and drye them againe, and eate a quantity thereof morning and euening.

To make a Whay Laxatiue.

Take a pint and a halfe of clarified Whay, halfe an ounce of Senny, a groats worth of Annis-seeds, halfe a handfull, of Hops Burrage, Buglas, of each halfe a handfull, and a little Fumitory, and seeth all these in clarified Whay, vntill it be halfe consumed, and drinke it two mornings.

A good plaister for the festered legges that haue beene long sore.

Take Marsh, and wild Tansie, Plantine, and the great Rozell, Honey, and the whits of an Egge, and milke of a Cow that is of one colour, and barley flower, and thicken all these together, and bray the hearbes in a morter, and after that mingle the rest with the hearbes.

For the stopping in the Liuer.

Take the broth of a Chicken, of Mercury and Succory halfe a handfull, and a few great Raisins, and picke out the stones, and let all these boile together: then take a few bitter Almonds and blanch them, and beate them, and with the same liquor make Almond milke, & so vse to drinke it every morning first.

Another for the same.

Takeadder roots, boyle them in halfe a pint of Ale, and let it seeth to a draught, and let him drinke it in the morning fasting: twice in a weeke.

For the same.

Take Turpentine of Venice, to the quantity of a Beane, and put it in a spoone, and hold it ouer the fire till it do melt, then put thereto a little white Sugar, and let him eate it euery day fasting.

For heat in the liuer, and drynesse in the hands.

Take a quantity of Strawberry water filled, seeth therein a quantity of Liuerwoort, and drinke it with as much Sirrope of Mints.

For the heate in the Liuer.

Take Saunders, and good strong vinegar, and heate them hote,



for the diseased.

hote, then take the scarlet in graine, and dip in the same, and so lay it to the spone of your breast, one the right side.

For the Plurisie.

Take Wewelime, Sheep sewet, and a little faire water, and fry them together in a frying pan, and make thereof a plaister, and lay it to the Patients side, and it will draw out the corruption.

For the Plurisie, or Stich.

Take Aqua vita, and Capons-grease, boyle them together, and dip therein blacke wooll, and lay it hot to the stomacke, and it will ease the Stich.

For the Lungs.

Take the Lungs of a Fore, and dry it to powder, and put a quarter of a spoonefull into a litle Almond milke, or broth, and eate it, and it is very good to preserve the Lungs.

For the pricking of a thorne, or needle in a ioynt, if the hole be stopped againe.

Take fine boulted flower of Wheat, and temper it with white wine, and boyle it together untill it be thicke, and lay it on the soze as hote as you may suffer it, and that shall open the hole, and draw out the venome or filth, and ease the aking, and heale and close it up againe: and for lacke of white wine yee may take Ale or Beere: and this medicine is good to heale a Byle Whitlow or Uncome.

An easie Purgation.

Take a pint of white Wine, and one ounce of Senny, and a good handfull of Raisins of the Sunne, the stones being taken out, and halfe a spoonefull of Annis-seedes: put all these into the said White Wine a whole night, and the next morning boyle it to a draught, and so let the person drink it luke-warme: and if you will, you may put thereunto thre or foure rootes of Polipodie of the Dke.

An easie Purgation.

Take two pound of Figges, and put them in a gallon of fine woozt of Barly Malt, put thereunto two ounces of the powder of Licorice an ounce of Sugar, when the Figges are boyled, bray them small in a Morter, and draw them through a



## An Hospitall

Grainez, and let it boyle againe, and cast thereto a pint of the best Oyle Olive, when it is well cooled: an ounce of Raisins or Currants, and eate this with light bread.

A plaister to be layd to the same side that the melt is in.

Take a good quantity of new wheat-byanne, as much Anis-seeds, and beat them small in a mortar, then in a pan mingle them with Vineger upon the fire, till it be like a plaister, then put it in a linnen bag of two handfuls long and one handfull broad, and make it thin and warme, lay it to the side where the melt is, and role it fast, and in the morning take it away, and then wash the side with his owne water, and drinke againe, use this order foure nights.

For the Morpew.

Take and drinke Elder-water nine dayes three spoonesfuls, and every day looke that you sweate, then take three or foure Roke Apples, and lay them in white vineger foure and twenty houres, and then wash the body with vineger, and it helpeth.

Another for the Morpew.

Take the iuice of Salendine, and mingle it with the powder of Whimstone, and lay it where the Morpew is, all cold.

For the Morpew white, or blacke.

Take Betony Harts-tongue, Sage, Plantine, red Fennell, water-Cresses, of euery of them one handfull, of hearbe Benet halfe a handfull of the leaues, of Meruine an ounce: and distill these, and drinke every day fasting foure spoonesfuls thereof, and walke an houre after vpon it.

To cleanse the mouth, and to fasten the teeth.

Take Sage and Woodbine-leaues, of each a handfull, a good spoonesfull of Honey, a peece of Allom as big as a good Walnut, boyle all these together in a quart of running water to a pinte, and wash the mouth with this water luke-warme three or foure times in the day.

To destroy a Ring-worme.

Take a red Docke-roote, and let the roote be pared, and when it is pared, lay it in vineger, till it be well steeped, and then rub it well vpon the Ring-worme: and if it be very ranke, take the powder



### for the diseased.

powder of Byssmone, and lay it in the vineger: and temper them well together, and then rubbe well the Ring-worme withall, and it shall destroy it.

A Medicine to kill a Tetter, Ring-worme, or any kinde of Itch.

Take sallet Oyle and Salt tempered together, and being luke-warme, anoynt the soze therewith.

A restority which diuers Noble-men haue vsed, and hath preserued their life.

They tooke a pound of Cap Dates, cleane picked, and the stones taken out & caused them to be sodden in a pint of Muscadine, till the wine were somewhat consumed, and kept it in a glasse, and thereof did put in their pottage thre or foure spoonesfulls at once when they did eate any broth euey meale.

To heale the vessell wherein Nature lyeth, if it be broken.

Take the huskes of ladies, or Acornes dyled, and beaten to powder, take a spoonfull, and drinke it in the morning with a little warme Ale, and lye in your bed an houre or two after.

For the Palsie.

Take a handfull of Sage, a handfull of Sotherne-wood, a handfull of Spike, a handfull of Lauender, a gallon of running water, and boyle all these together, till it come to a pint and a halfe, then straine it and put it out into a stone Cruse, and take euery time thereof foure or fve spoonesfulls in a sawcer luke-warme, and gargle it in your mouth to and fro, and after spit it out; and in like manner put foure or fve spoonesfulls in a sawcer lukewarme, and so chase that part of the body which is pained with the Palsie, with a sponge dipped in the said water.

Another for the same.

Take powder of Pepper, and powder of Bellitoy of Spain and powder of Iuice of each an ounce, and powder of Sage, two ounces, and vse this powder in thy pottage.

For lameness in the side comming by Palsie.

Make a bath of Sage & Bisope, & boile a great quantity of them together, in running water, and bath the side which is soze with it, and bind the hearths to it so hote as you can suffer it.



## An Hospitall

A Medicine very good for those that bee taken with the Palsie, though not the shaking Palsie.

Take the blood of a For warme, as it commeth from the Fore, the blood about the heart is best, but all the rest is good: and with this blood all to chafe the place that is taken, and then take the skinne of that For, and put the raw side nere where the Palsie is: and it must lie to it at the least twelue houres: and in the meane time till you can get the For, chafe the nummed place with Oyle of Oliue, or Aqua composita: this medicine of the For is speciall good for the Palsie, and hath bene well proued.

For the Palsie that taketh away the speech.

Take Sage-leaues, & Primrose-leaues; and if it be Winter vse Primrose-roots, then beat y Sage and the Primrose-leaues together, of each like much straine it with Ale, then giue the Patient to drinke a good quantity. This is well proued.

For the same.

Take Sage and dry it betwene two warme tyles, and lay it to the nape of your necke, and binde it to the wrists of both the armes: then take a Nutmeg and slice it thinne, and lay one slice about the tongue, and another vnder the tongue, and so vse it as often as you thinke good, and by the grace of God it shall do much good: the necke, and the wrist must be anointed with Oyle of Spike, or the water of Spike.

A Medicine for the Palsie,

Take Lauender, Spike, and Sage, and distill them, and drinke thereof a good quantity every morning, being warme, either in Ale or otherwise: take also Sage and Betony, and put them betwene two dishes vpon a Chaffingdish of coales, and sprinkle them with good Balsme, and so apply them warme to the nape of your necke, and the wrists of your hands.

A Medicine for the Palsie.

Take the beards of the heads of vnset Leekes, and wash them cleane: take a quantity of running water, and seeth them therein till they be somewhat tender, then dry them wet in a linnen cloth, Hampe them as small as you can, then take a  
good



## for the diseased.

good peece of fresh butter, boyle them therein, vpon a Chafing dish of coles, and put in a good quantity of English Saffron, and boyle them together, and when it is well boyled, straine it thzough a faire cloth into a glasse, and keepe it, and when you will occupie it, make a plaister thereof vpon a linnen cloth, and lay it cold to the grieve.

To stench the bleeding of the Piles.

Drinke the iuice of Milfoile, for that is proued: also doe therevnto the powder of burnt Garlicke, & the Piles shall die.

To destroy the Piles.

Take Oyle of Roses, and Frankincense and Hony, and make an ointment of them, & put it in with thy finger, into thy fundament: and put thereunto Mirrhe, and often anoynt the fundament therewith, and let the breath thereof go vp into thy Fundament.

A true medicine for the Piles.

Take blacke wooll, and blacke sope, and binde it thereto.

To make a salve to bring wounds that rankle and ake into their owne kind and ease the burning and aking.

Take the iuice of Smallag and Plantine, like much, take Hony and the white of an Egge, like much, and put to them boulted flower of wheate, and stir them well together untill they be thicke, and let it come nere no fire, but all cold, and raw: lay it to the sore, and it shall cleanse the wound, and ease the aking, and bring it to his kind, and heale the wound faire: This is a principall salve.

For a wound that is ouer-healed and sore vnderneath.

Take barley meale, the white of an Egge, and Hony, and mingle them together, and make a plaister thereof, and apply it to the sore, and it helpeth.

A plaister for a greene wound.

Take flower and milke, and seeth them altogether till it bee thicke, then take the white of an Egge, and beate them together, and lay it to the wound, and it will keepe it from rankling.

To



## An Hospitall

To make Mollonitret to cure any greene wound or Vncome,  
or others, whatsoeuer they be.

First, take two pound of Rozin halfe a pound of ware, halfe a pound of Frankinsense, a quarter of a pound of Sheepes sewet clarified, put them into a faire pan, then take a pottle of the iuice of Gillonet, boyle these aforesaid stufes with a soft fire, till they be moulten, and stir them a pretty while, then put therennto the iuice of your Gillonet, and stir them till they be cold, and let them stand a day or two, then melt it againe with a soft fire: and when it is moulten, put therennto a pint of red Wine, and stirre it till it be cold, that you may worke it with your hand, and make it in roles.

A water to cure all manner of wounds and sores, be they neuer so sore and stinking, and all manner of cankers in the nose, mouth, throte, or wheresoever.

Take a hand full of red Sage, a handfull of Salendine, and as much of Meddine flowers with the leaues: take a gallon of running Water, and put the hearbes in it and let them boile to a pottle, then straine them thzough a strainer, and take the liquoꝝ and set it ouer the fire againe: then put thereto a pinte of English-Hony, a good handfull of Roch allom finely beaten, a penny-worth of graines grosely bruised, and let them boile all together thꝛe or foure walnes, and then let the scum be taken off with a feather, and when it is cold put it in an earthen pot or bottle, so as it may be kept close: and for a green wound take of the thinnest of the same water, and for an old soze, of the thickest, the water being first well shaken together, and after that you haue clensted the old soze with white Wine, take a quantity of fine lint, and the same being well wet in the said Water, do you therewith oftentimes bathe your said wound, and with the said lint in the end couer the wound: and if there be any holes in the said wound, fill them with Lint made tent wise, and so after couer the whole wound with a peece of a bladder, the moze better to continue your lint in moisture: dresse your wound twice a day in the morning and in the evening, and it healeth.



## for the diseased.

A Medicine or drinke for him that is burſt in the  
belly or cods.

Take a knuckle of Meale, a pottle of white Wine, halfe an ounce of Pace, halfe ſo many Dates, halfe a pound of Raiſins of the Sunne, a handfull of Cumfrey, a handfull of Polipodium, alias Ferne of an Oke, a handfull of Sparoking alias Knotwozt, take all theſe, and put them in an earthen pot, and ſet on a Kettle of water of ſixe gallons, and ſet the earthen pot in the water, and ſtop it with paſte very cloſe, and let the Kettle bee kept ſeething ſixe or ſixe houres with the earthen pot therein, and keepe the Kettle ſtill full with other ſeething water: then take all theſe and beat them in a Morter, and ſtraine it, and giue the patient of the liquoz thereof both firſt and laſt.

## For the Tooth-ach.

Take a pinte of white wine, halfe a handfull of Lanender-cotten, and ſeeth them together till the wine be halfe ſpent, then put into it halfe a ſpoonefull of Bay ſalt, then let it ſeeth a little, then take a ſpoonefull of the liquoz, and put it in that ſide which the paine is in, and keepe it in thy mouth, and then put another ſpoonefull in, ſo one after another, and it will help thee.

A good drinke to put out the ſmall Pox or Pimples.

Take a Poſſet of Ale with Milke, and the curd being taken off, take red Fennell the quantity of a ſpoonefull, and the ſame being ſod together with the Ale, ſtraine it, and put thereto the quantity of a Nutmeg, of ſixe Treacle, a quantity of Setwall, and a quantity of Engliſh Saffron, being well mingled together, and giue it the patient to drinke warme.

A preſent remedy for an Ague,

Take two ounces of Bay ſalt, as much of white Frankincenſe, and a handfull of Smalage, beaten all together, and lay it to the wiſts of your hands, & to the boughs of your armes two houres beſoze the fit doe come: pꝛooued.

For the ſame.

Take two or thꝛee Cloues of Garlike, and bꝛuiſe them, and a pennꝝwoꝛth of Aqua vita, halfe a pint of Ale, and ſeeth them together, and drinke it a little beſoze the courſe or fit



## An Hospitall

bee come, as hot as you may.

For the Collicke.

Take Grommell-seed, Parsly-seeds, and Annis-seeds of each two spoonesfulls, greene-Fennell one handfull, one Parsly-roote, one Radish-roote, of each as long as a finger, vnset-Time one handfull, one handfull of Philopendula, and a handfull of Cherry-stones, wash all these and bryse them and stampe them very small, boile all these in two quarts of white Wine, in an earthen pot close, till a pint be consumed, then let it run thzough a linnen cloth of it selfe, without straining, and brynke it morning and euening.

For the windie Collicke.

Take a quart of Ale clarified, two spoonesfulls of the flower of Licorice, one spoonesfull of the flower of Annis-seeds, halfe a spoonesfull of brysed Fennel-seeds, a little Time and seeth them together till a pint of Ale bee consumed, and so brynke it first and last.

For the Collicke and stone.

Take a handfull of Auens, a handfull of Bellitoze of the wall, as much of Cammomell as will lie in the palme of your hand, and a spoonesfull of Parsly-seede brysed a little, make a Posset of Rhenish wine, take the curd, and boile all these together in the brynke till the substance bee boyled out, then vse it morning and euening.

For a paine in the side that cometh of winde.

Take a handfull of Cummin-seed, another of Annis-seed, and two of Kew, and seeth all these together in running water from a pottle to a quart, put to it halfe a pint of white Wineger before it be cold, dip a sponge in it, and wring out the liquoz somewhat, and lay it to the Patients side as hot as he can suffer it, and when it beginneth to waxe cold, take a new.

To remooue a disease from the stomacke.

Brynke a quantity of Dragon water, or water imperiall mingled with Treacle or Rithridatum.

For them that doe cast vp their meate, by reason of weakenesse of the stomacke.

Take the nether crust of Browne-bread, brye it well and leisurely



## for the diseased.

leisurely at the fire, then steepe it in strong Vineger a little while, take it out and spread vpon it the powder of Cloues, warme it againe, and tie it about the month of the stomacke, and the vomit shall cease.

A drinke for cleansing the stomacke, and to be taken luke-warme in the morning.

Take Thyme, Rosemary, and Time, of each two crops, and put them in a pint of Ale, with a good quantity of Sugar, and let them boile while the strength is in them, then drinke thereof two houres before meat.

A drinke to auoid the fleagme out of the stomacke, to make it easier to come vp: you may take of it a spoonfull or two, continually when you need.

Take eight spoonfulls of Rose-water, foure spoonfulls of Conduit water, and two spoonfulls of white Vineger, halfe a quarter of white Sugar, boyle all these in a Porringer vpon a Chafingdish of coales, and scum it cleane, and then drinke it luke-warme.

A remedy against the Plague, sent to the Lord Mayor of London, from King Henry the eight.

Take a handfull of Sage, a handfull of Herbs-grace, a handfull of Elder-leaues, a handfull of red Bramble leaues, stampe them all and straine them through a fine cloth with a quart of white wine, & then take a quantity of Ginger and mingle them together, and so take a spoonfull of the same, and you shall bee safe for foure and twenty dayes, and so being nine times taken shall be sufficient for all the whole yeare by the grace of God. and if it be so that the party bee stricken with the plague before he hath drunke of this Medicine, then take the water of Scabious a spoonfull, and water of Betony a spoonfull, and a quantity of fine Treacle, and put them all together, and cause him to drinke it, and it shall put out the venome. If it fortune the Botch to appeare, then take the leaues of Brambles, Elder-leaues, Mustard-seede, and stampe them all together, and make a plaister thereof, and lay it to the soze, and it shall draw out the venome, and the party shall be whole by the grace of God.



## An Hospitall

To cause one for to sleepe.

Take a spoonfull of pure Rose-water, as much of Vineger, two spoonfulls of the Dyle of Roses, halfe a handfull of Rose-leaves made in powder, mingle them altogether, and take crummes of leavened bread made of wheat, and make a plaister thereof, and lay it over the forehead and temples.

For a sore throate

Take Collumbines, and Sackfoile, and stampe them both together, and straine them with Milke, and drinke it very warme.

For the Hickop.

Take Dyle of Lillies, and anoint the sicke mans body sundry times.

For a Canker in the Mouth.

Take a flower-de-luce-roote, and wash it, and slice it, and a few leaves of Penny-royall, lay them in steape in Conduit water, and so wash your mouth with the water.

For a Laske.

Take an Egge, and Aqua composita, and boile it with the Egge till it be drie, then take Sinamon and Sugar, and eate with the Egge.

A Medicine very precious called *Flos unguentum*, good for all manner of maladies, that is to wit, against all sores, and wounds, against all manner of impostumes in the head or body, against head-ach, singing in the braine, or boiling in the heart, shrinking of sinewes, it draweth out any thorne or broken bone, and all manner of Ache out of the Liuer, Spleene, or Lungs, it helpeth the Emerodes, and it is very good to make a Seare-cloth for all Gouts, Aches, and pestilent Botches, and therefore this treatise is worthily called *Flos unguentum*.

Take Rozin and Ber, of each halfe a pound, of Virgin-waxe, and Frankincense, of each a quarter of a pound, of Patchicke an ounce, of Varts sewet a quarter of a pound, Campher, two dragmes, melt that is to be melted, and pare that is to be pared, and searce it, boyle it over the fire, straine them through



## for the diseased.

through a cloth into a pottle of white wine, with all the other Medicines together, then let it coole; till it be no hotter then blood warme, then put therein a quantity of Turpentine, ever stirring it untill it be cold, but ever beware that your Stuffe be no hotter then blood warme when you put in your Turpentine, or else it marreth all the Stuffe: and make it vp in colles, and keepe it to youre vse, and when you will, occupy it plaisterwise to your grieve.

To make the blacke salve, that cureth all old sores and Vicers, be they neuer so great, foule and stinking.

Take a gallon of stale Ale being very strong, two handfulls of Woodbine-leaves, halfe a handfull of red seeded Nettles, as much Coleworts, with the ragged leaves, halfe a pound of red Onions, halfe a pound of Garlicke pilled, a pound of vnset Leekes, a little dish-full or handfull of the powder of a rotten Post, of an Oke is best: let all these be stamped small in a mortar severally by themselves, put them into the Ale with halfe a pound of Roche Allom, then set them ouer a soft fire and let them boile til the one part or more bee boyled away, then let them stand thre or foure daies, but first streine them through a cleane cloth into a cleane vessell then put to them halfe a pound of ware, halfe a pound of Rozin, halfe a pound of the Peruell which is greene, a quantity of Bone Vony, then set it ouer a soft fire againe, and let them boyle till the one halfe be consumed, then put it into a cleane earthen pot, and stop it very close, and vse thereof when you haue occasion.

Prescriptions and rules made by M Doctor Good, to be obserued at the Bathe

**V**hen you come to Bathe, after your iourney, rest and quiet your body for the space of a day or two, and see the fashion of the Bath, how and after what sort others which are there doe vse the same.

If it be not a faire cleare day, goe not into the open Bath, but rather vse the water in a Bathing vessell in your Chamber as many men doe.

The best times in the day to goe into the Bathes, is in the



## An Hospitall

morning an houre and a halfe after the Sun rising, or thereabout, in the most quietest time, and when you shall feele your stomack well and quiet, and that your meat is well digested, and haue rested well the night befoze: but befoze you goe into the Bath, you must walke an houre, or halfe an houre at the least in your chamber, or elsewhere.

You must alwayes goe into the Bath with an empty stomacke, and as long as you are in it, except great necessity require the contrary, and then to take some little supping befoze your walking, or befoze you rise is not hurtfull, let your tarrying in the Bath be according as you may well abide it, but tarry not too long in any wise at the first, although you may well abide, that your strength at no time may faile you.

You may tarry in the Crosse Bath an houre and a halfe at a time after the first bathing, and in the Kings Bath you may tarry after the first bathing, at one time halfe an houre or three quarters of an houre, but in any wise tarry no time untill you be faint, or that your strength faile you.

And if at any time you be faint in the Bath, then you may drinke some Ale warmed with arosse, or any other supping, or graine Ginger, or if great need be, Aqua composita, Methridatium, the bignesse of a Nut-kernel at a time, either by it selfe or mixed with Ale or other liqour,

As long as you are in any of the bathes, you must couer your head very well, that you take no cold thereof, for it is very perillous to take any cold on your head in the bath, or in any other place during your bathing time.

When you come forth of any of the Baths, see that you couer your selues very well, and dry off the water from your body with warme cloathes, and then put on a warme sheet and a mantle, or some other warme gowne: for taking of cold, and so goe straight way to your warmed bed, and sweat diligently, and after that you may sleepe a while, but you must not drinke any thing till dinner time, except you be very faint and then you may take a little Sugar-candy, or a few Raisins, or a little thin broth, but small in quantity to slake your thirst onely, because it is not good to drinke or eate by and by



## for the diseased.

by after the Bath, butill you haue slept awhile if you can.

After that you haue slept and sweat enough, and are clearly deliuered from the heat that you had in the Bath, and in your bed, then may you rise and walke a little, and so goe to your dinner, for by measurable walking, the euill vapours and windiness of the stomacke that are taken in the Bath bee diuened away and vtterly aboyded.

After all this, then goe to your dinner, and ease of good meates but not very much, that you may rise from the table with some appetite, so that you may eate moze if you would, and yet you must not eate too little for decaying of your strength.

Let your bread be of good swete meale, and of one dayes baking or two at the most, and your meate well beiled or roasted, and especially let these be your meates, Mutton, Meale, Chickens, Rabbits, Capon, Pheasant, Partrich, or the like.

You may also eate fresh water fish, so it be not muddy, as Celes and the like, refraine all salt fish, as Ling, Haberdine, &c. auoyd all fruit and raw hearbs, Sallet, and the like.

Apparrell your body according to the coloune of the weather and the temperature of the ayre, but in any wise take no cold.

And if you bathe againe in the afternoone, or after dinner, then make a very light dinner, as a couple of poached Egges, a Cawdle, or some other broth with a Chicken, and then after foure or five houres your dinner so taken you may bathe againe, and in any wise carry not so long in the bath as you did in the forenoone,

You must at no time goe into the bathe, except you haue bene at stoule, either by nature or other wise, and if by no meanes it will be of it selfe, then take a suppositoie once in two dayes at the least wise.

For all manner of Wormes.

Take Groundsell, and Plantine with the roots, and stampe them and straine them with Palmie, and warme it, and giue it the patient to drinke three dayes together, it will kill all manner of wormes, and if you haue a Ague, it will also rid it by Gods grace.

A medi-



## An Hospitall

A medicine for the wormes in a child

Take Aqua composita that is made of hearbs, and wash the brest of the childe, then take the powder of mirrhe, very fine beaten, and strew it vpon the brest of the childe after that it is washed, and lay a warme cloth to it, and let it lye foure and twenty houres.

For the wormes.

If it fortune the Child to annoy a worme, as oftentimes they doe, then take that worme and dry it, so that you may make it into powder, and giue it to the child to drinke in Ale or Molt, and it shall kill the rest of the wormes, or cause them to come forth aliue.

For him that hath drake venome, and his belly beginning to swell or ake,

Take greene Kew, wash it, stamp it and temper it with white wine, and giue it him to drinke.

To cleare the voyce.

Take Organy, Ilope, Harts-tongue, Clicompans, of Licorice, and of Fennell: and boile them together with cleane water, and so drinke it first and last.

A Medicine for the Tisicke, and stopping in the brest, and to open the pipes.

Take Parsly-roots, Fennell-roots, Succory-roots, and take out the pith of them, and seeth them in white wine till they be soft, seeth therewith Juniper berries, if you can get them, then straine it: when it is well sodden, put

Pellitory of Spaine to the wine and

let the sicke drinke of it morning and euening  
eight dayes.

\* \* \*

---

## FINIS.

---



the  
the  
the  
the

the  
the  
the  
the

the

the  
the

the  
the  
the





