

**The thyarde and last parte of the Secretes of the reuerende Maister Alexis
of Piemount / by him collected out of diuers excellent Authours ...
Englised by Wylliam Warde.**

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Ruscelli, Girolamo, -approximately 1565.

Ward, William, 1534-1609.

Alessio, Piemontese, approximately 1471-

Publication/Creation

Printed at London : By Roulande Hall, for Nycholas Englande, 1562.

Persistent URL

<https://wellcomecollection.org/works/w3zbhmwe>

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183⁽¹⁾, 184, 186
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L. xv

16/2

STC 296; 300; 305

PV. II. is a mixed ed.

only first 10 leaves are 1560.

the remainder from a later ed.

4534



The thyrde and last

parte of the Secretes of the reuerende Maister
Aleris of Piemont, by him collected out of di-
uers excellent Authours, with a necessary Table in
the ende, conteyning all the matters treated of
in this present worke Englished by
Wylliam Waide.



PRINTED AT LONDON

by Rowlande Hall, for Nicholas
Englande,

1562.

The types and last

part of the history of the printing office
of the University of Cambridge, by John
Gibson, Esq. of the Inner Temple, Barrister
at Law, and of the University of Cambridge,
in the year 1764.



PRINTED AT LONDON

By J. G. B. for J. G. B.

Secrete and foueraigne re- 1.

ceptes well experimented and tryed by
diuers Authours.

Agaynst euery greefe or payne of the head, except the
Pockes.



Take red Roses, Camomill flowres, Pellilot, Calamint, Sothernwood, of eche two handfulls, seeth them in fourtye pounce of water & good wyne, vntil half be consumed. And with this beyng hote let the Patient washe his legges euery nyghte and moynynge, from the knees downewarde, and hys armes from the elbowe downewarde. Also he must not haue hys stomacke full.

A preseruatiue agaynst the fallynge syckennesse or
epilepsia.

Take the beste castoreum, that you can fynde, and assa fetida, of eche halfe a Dragme, rootes of Plony wel beaten into pouder a dragme, aromaticum rosarum two dragmes, of all these beyng well mixte and mingled together with Syrope of Mynte, make seuen Pillles, to be taken twyse or thysse a weeke when you goe to bed. It hath been often proued.

Agaynst the fallynge syckennesse.

The Patient beyng tourmented with this disease it is good to make hym smell burnt Fethers, or olde Shoes, for that reuiueth and maketh them come to them selues.

Another foueraigne remedye for the same.

Take a hundred Swallowes, an ounce of castoreum, as much wyne as shall suffice, & of the best that can be found. Distill all together and geue the Patient drynke thereof thre dragmes fastynge. This water is also verie good for men that be apoplectique yf they be washed with it.

Agaynst the Palsey.

A. ff.

Take

The fyrst Booke

TAke myrrhe, massir, of eche two dragmes frankensence a dragme and a halfe, Cloues, Synamome, Nutmegge, Lignum Aloes, Race of eche a dragme. Beate all these into very fine powder. And the powder beyng sprinkled with aqua vite, and dried againe you muste yet once sprinkle it againe, and continuinge so sprinkling and drying it foue tymes. Then beate it smal againe. And with this powder parfume a soze skin laieng two dragmes therof vpon quick coles to the intent that the parfume be receyued thzough oute all the skynne, and so lated vpon the member that is infected. Or els (whiche is better) let the skynne powdered with the sayde powder, be layed wbole vpon the paraliticke member and so woꝛne: And you shall see a merueylous effecte.

Another waye.

TAke a pounce of Aqua vite, the roote of iua, the roote of acorus, & roote of Zlope, of ech two dragmes blacke Peper, Cloues, Nutmegge, of eche a dragme, Race half a dragme: All this you must stampe well, & bynde it in a fyne linnen clothe and let it steepe in Aqua vite thze hole dayes, then drene oute the water, of this water take halfe an ounce: water of iua and of Endiue of eche three dragmes: geue it the Patient to drinke in the breake of the daye, and let him not eate in fyre houres after. The Patient shall feele a greater effect if the same day that he drinketh the water, he also walthe the soze member with it.

Agaynst the fransey.

The bodye beinge purged, it is good to haue the head, and to laye vpon the seame of the crowne of the head quicke Pigeons (hauing first clefted them in the backe, and drawen out the entrayles) leauynge them so vpon his head vntill they ware colde: or els litle whelpes of a moneth olde their garbishe pluckt out: or if you will the lunges or lightes of a sheepe or wether boze. But because one of the principall causes of the fransey is the tourment of watchinge, you must labour

hour to prouoke slepe as much as you can, by remedies mete therfore: as with washing his legges from the knees downewarde, and his armes from the elbowe downewarde, with the decoction of violet flowers, of Penuphar, of the ryne of Mandragore rootes, and annoyntynge his temples, the ioyntes of the arme euen to the hande, and of the legge vnto the foote with the oyle of Penuphar and poplar mirt together.

A tryed remedye agaynste the greate payne, rynge and defnesse of the eares.

TAke the oyle of Castoreum two vnces, oyle roset, and oyle of better Almondes of eche an vnce, of Aqua vite two vnces, mingle al together and seeth it vntill the Aqua vite be consumed. Whan enery night at euen whan he goeth into his bedde, droppe foure droppes into his eares, and stoppe them with Cotton sauourynge some what of Muske. It is a thyng proued.

Another remedye well knowen and tryed.

Seth in some potte a pounce of Walnut oyle, and whan it smoketh, make the smoke enter into the patients eares by a sonnell.

A remedye to stanche the bleeding at the nose.

TAke the iuyce of Plantaine, Rose water, and the best Vlnaigre you can, of eche foure vnces: yelkes of Egges well beaten two vnces: of acatia mirt with the sayde thynges halfe an vnce: mingle al together, and annoynte your forehead with it and your throte with some cloth.

Another for the same well proued, and of a merucylous strength.

The Patient shall take the water of panis porcinus as much as shal neede, & which he shal take vp at the nose, & incontinent he shal feeles him selfe holpen.

Another soueraygne remedye.

TAke the blood of a man (that is to say that bledeth at the nose) an vnce or two: and burne it vpon some plate of iron, then make it into fine powder, & blow it into his nostrilles, and he shal be well.

A. iii.

Another

The fyrst Booke.

Another for the same.

TAke of the best Vinagre you can get, Plantayne water of eche two pounce, wete certayne linnen cloutes in it, and laye them to the soles of hys feete, and palmes of hys hands, and agaynst the lyuer, and the bloode shal furthwith stent.

For the tooth ache, a remedye proued.

Hiera Picra
a medicine
to purge
steme and
collor.

TAke halfe an ounce of Hierapicra: two Dragmes of Mythydate, and halfe an ounce of Aqua vite, and with all these mingled together, you shal often times a daye annoynte the tooth that aketh and rounde the gomme that he standeth in: for this is singular yf the ache comme of cold.

Another remedie whether the ache be by cold or heate.

TAke stronge whyte Wyne halfe an ounce, of the rootes of Iusquame in Englyshe whyte Henbane, an ounce: Let all be well sodden together, vntyll the thyrde part or half of the wyne be consumed, w this hote wyne wash al the gomme of that tooth that aketh and keepe it a good whyle in your mouth, on the syde where the tooth is.

Another for the same.

TAke Sage flowers, Rosemary, Betony, Sticados arabic, Marrozan, of eche a handefull and a halfe: of Nigella or melanthium in Englyshe Ceth, of perythrum in Englyshe Pelytope of eche two Dragmes. Let all this bee sodden together, in a sufficient quantitie of whyte wyne vntill the halfe be consumed: then straine it and stampe these herbes, and make thereof a plaister and laye it vpon the Iawe of the akynge tooth, & kepe the wyne that is strained out in your mouth as whote as you maye endure it.

Another remedie.

Also, if the sayde tooth be hollowe, mixe halfe an ounce of Ersacle together with Negella and pyrethrum of eche halfe an ounce, and a Dragme of Aqua vite. And

of secretes. 4.

And of this mixture fyll vp the hole of the tooth. But yet if all this (after you haue proued it) helpe you but a lytle or nothyng, put to eche of these remedies two or thre graynes of the iulce of Poppye, called in Latyn Opium, and laye all as is sayde vnto the grieve that troubleth you.

A remedye for the stynkyng of the mouth and nose.

Take a pounce and a halfe of Rose water, a pounce of Violet water, halfe a pounce of Pariozam water, beate into pouder Nutmegges, Lignum aloes, Synamom, Galingale, Zedoaria, of eche two Dragmes, mire all with these waters, and fyll it in a Limbecke. This done, perfume the water with eyght graynes of fyne Muske. The head beyng purged with this water, that is to saye, takyng it vp euery daye at the nose into the head: but yet fastyng, and the nose fyrst well purged, you shal see a merueylous effect.

Another for the same.

It is a thing proued and tryed, and very good to take fastyng euery daye at the beginning of dinner, or els from day to daye an Alephangine pille.

A very good gargarisme or gargellynge of the throte agaynst the Quinsy.

Take two pounce of Lycorizous water, the iulce of Plantaines, the sucke of Mulberries, the sucke of Myrtelberries, of eche two vneces: all this mirte together, seeth it well: than straine it and let it coole agayne, and than let the Patient gargle & washe his throte slightly withall.

For the same.

It is a remedye proued and tryed, to blowe with a Reede in hys throte fyne pouder of Plantayne leaues dryed.

Another for the same.

It helpeth muche also to annoynt the soore with the oyles of Camomille, of Violets, of swete Almonds, and

The fyrst Booke.

and of the grease of a Henne, as much of the one as of the other, mixing it al together, and to annoynt there with the soore place, with the application of newe Shorne oz vnwashed wulle.

An excellent plaister to soften or rype an impostume in the throte.

TAke of Swallowes nestes a pounce, and make thereof a plaister with as muche Oyle of sweete Almondes, and of Camomille as suffiseth to make it, and laye it hote to the Pacientes throte.

Agaynst spytrynge of bloode commynge of the Lunges or Lyghtes.

TAke the sucke oz iuyce of Purselane and Wylayne of eche an ounce: beate into pounce a dragme of redde Corall, and halfe a dragme of the stone Hematites in Englishe bloodstone: and all being mixte together geue it to the Pacient at all tymes when he spitteth bloode.

For the same another remedy tryed and proued.

MAke into very small pounce gumme Arabicke, Tragacantha, Hartes horne burned, of a bloodstone burned, and redde Corall burned, of eche halfe a Dragme, and of Bole armenicke two scruples: mixe all with the yelke of a rawe Egge, and geue it the Pacient when he spitteth bloode.

Another remedy founde very syngular.

RAste well two Dragmes of Rubarbe, together with the seede of Purselane and Coziander prepared, of eche a Dragme, make all into very small pounce, and mingle a Dragme of this pounce with as muche iuyce of Purselane as shall suffice, and geue it to the Pacient when he spitteth bloode.

Another remedy of merueylous great vertue.

TAke of the iuyce of Wylfoyle two ounces, of a bloodstone burned, and well beate into pounce two Dragmes.

Dragmes, and geue it to the pacient colde.

Another secrete for the same, certayne and experimented
and good at all houres.

TAke the shelles of some rawe Egges, take awaye
the lytle skinne that is within, and dnye them so
that they maye be made into pouder verye fyne.

Than mire two Dragmes of this pouder with three
vnces of Plantayne water, and geue the pacient of it
euer whan he boydeth bleode, and you shall se that the
Lunges wil be sounde. But if you wil that this medi-
cine worke with moze speede, and greater efficacie,
mire it with two Dragmes of the sayde pouder, with
halfe an vnce of syrop of dnye Roses, halfe an vnce of
Murselane, and as muche of syrop of Mirtell, whiche
thing you shal geue y^e Pacient fve daies together. And
this thus taken he may be wel assured that from thence
forwarde the bayne wyl neuer bzeake moze.

For the same.

IT is a remedie most certayne and proued as well to
heale this sickennes chaunced to a man, as for to pre-
serue one from it befoze it come, to eate euerye moze-
nyng fasting a scruple of Rubarbe rost.

Another for the same.

Euerye daye at nyghte whan the Paciente woulde
sleepe, let hym suppe a sponesfull of mundissed Bar-
ley. For, at the last, the effect is very great, as well
to preserue him, as to heale hym of it.

Agaynst the vlcration of the Lunges or Lightes, and spet-
tell full of matter and corruption.

TAke a pounce of the tayles of riuer Creuices, and
foure pounce of Colwe oz Ewes mylke: and seeth
all together vntil halfe the mylke be consumed.
And than stampe well the tayles of the Creuices oz
Crabbes, and dissolue them in good mylke, puttyng
to them halfe a handfull of Barley flower, and as much
B.i. of

The fyrst Booke

of amylum, of sweete Almonde milke foure vnces, the
pelke of a newe layed egge, and foure vnces of Sugre
very whyte: mengle all together, and set it on the fyre
to seeth, Curring it allwayes softly, vntil it be wel sod-
den. This doen let the sicke man eate of this compo-
sition at moynynge and euenynge as muche as he shall
thinke good: and he shall fynde hym selfe very wel.

Another for the same.

TAke vi. Dragmes of whete Poppy seede, of Endiue
seede a dragme & a halfe, w^{as} much Sozrel seede, ker-
nells of Quinces made cleane two Dragmes, the
seedes of Melons, Gourdes, Cytrons, Colwumbers,
of eche an vnce and a halfe, of Gomme Arabick, Tiaga-
cantha, of amylū, of eche a dragme, of y^e iuyce of Licorons
two Dragme, of the Linges of a Fore a Dragme and
a halfe, Besides the waighte of the whole, mire and
burne al sightlye: Than make it into a fyne powder,
wherof you shal take two Dragmes, mingling it with
an vnce and a halfe of the syrop of Zuiubes, & thre vn-
ces of the water of Snaples distilled. Than geue thys
drinke luke warme to the Patient in the breake of the
daye.

Another for the same.

Mingle halfe an vnce of berye whyte Sugre with
syre vnces of the mylke of an Ass newe mylke,
and take a lytle of it at the breake of the mo-
nyng, slepyng a lytle vpon it, and at nighte whan you
go to bedde, continuyng so a moneth at the sprynge,
and twentye dayes together in Haruest.

A remedye for short wynded men.

TAke an vnce and a halfe of Licorons made cleane,
with as much Cetrac the gralnes or cornes being
taken away, Zuiubes, & Sebesten or Mira of eche
tenne, the roote of Emula campana purified or made cleane
halfe an vnce, the roote of Foole foote or Horse boote,
called of the Apoticaries Vngula caballina, two Dragmes
let al

let al leech in a sufficient quantitie of water, until the halfe be consumed, than straine it, and dissolve with that which is strayned three vnces of the best Manna, or elles an vnce and a halfe of the flowers of Accis, and geue it to the Patient at the fyrst tyme when the pain taketh him, it is a thing tryed, so singular that it will heale the sicke man, so that the Physicion shall bee no more troubled with him.

A drynke for the same disease, to be taken euerye daye thryse.

Sceeth wel and longe two vnces of the Juyce of Emus la campana, with as much of the Juyce of Ifope, and a pounce of the water of foole foote or Horse hoofe: and make thereof a syrope with as muche Sugre as shalbe necessarye, of the which the Patient shal take in the morning two vnces without water, and as muche as at noone, and whan he entreteth into his bedde: and as longe as the paroxisme and fitte of his payne, it is good to put amonge it foure droppes of gomme Arme: niack, with two vnces of Oximel simple, and giue the Patient drynke of it.

Oximel
hony and
vinaigre
sodden to-
gether.

Another tryed secret good for poore folke.

Make a pounce of wyld Mallo we or marche Mal-
lowe rootes dried in the shadowe, with foure
pounce of sodden honnye well scommed: sturre it
vpon the fyre vntill it be lyke an Electuarie, whereof
let the Patient take often tymes, and he shal fynd him
selfe eased.

For the same, and good also for the poore sorte.

Take of cleare condite water two pounce, of Leeks
chopped very smal thre vnces, of freshe butter two
vnces, of the best Sugre an vnce and a halfe, and
the pelke of an Egge. All this being very well beaten
and styred by the fyre, shalbe geuen to the Patient at
dinner and supper.

A remedy agaynst the pluresye.

B. II.

It is

The fyrst Booke

It is a thing wel tried that at the first assault or coming of the payne of the syde, it is verie good to be let bloode in the wayne called Basilica, of the opposite arme: but if the blood be let out at the fourth accesse or coming, or soone after, the Pluresie wyl by and by bode away: not withstanding you muste neuer let the Patient blood but his bellye muste fyrste be purged and loosed, either with taking some cassa at the mouth, or els with some soft glister.

A decoction for the stomacke, verie good agaynst the Pluresie.

Being let blood, as it appertayneth, take the sucks or succe of Slope, capilorum Veneris, Figges, Dates, Sebesten, dried Keasponges, mundified Barley, Licorizous made cleane, of eche half a handfull: seeth all in water as much as may suffice, & put soe to dissolue in it thre unces of grained Manna. But if the Patient be a pooze man take an vnce and a half of Pulpa cassia, which is the inner part of it called also Medulla, in stede of Manna, and giue this drinke. xiiii. houres after hys letting bloode, and very earlye in the mornynge, it is a thing certaine that in prouing this the Patient shalbe healed, although he were not let blood but a litle before the fourth accesse, because the matters and substance that nourished the disease in the larger condites are purged away.

Another remedye moste certayne agaynst all Pluresies, as proued as diuine, for to preserue a man that he dye not of it.

Make an oyntment of two unces of Dialthea mixte with half an vnce of swete Almonde oyle, where with being hote annoynt the soze syde, castynge vpon it the poudre of halfe an vnce of Commyn stamped very small and bouted. That doen, heate a Cabbedge leafe vpon the hote coales, and spreade with old Butter but not salt, laying it hote vpon the grieve: the payne will cease merueylously, and will resolue into matter

matter of an impostume, so that at the laste you shal haue the honour of it, and the Patient health. Yet you must note that this remedie must not be vsed but at the fourth accesse, or els after. This remedie may also serue in euery great grieve disparshed thozowe oute al the bodye beneth the head.

An oyntment to rotte or rype the pluresye.

TAke two vnces of Mucilage or Mucago of the sede of Cabedge, with as muche Mucago of the sede of Marche Mallowes, Mucago of Figges an vnce, of Cowe milke thre vnces, of freshe Butter two vnces, oyle of sweete Almondes two vnces and a halfe: mire al this together, stirring it alwayes vpon a smal fyre and make thereof a soft oyntment with as much ware as shal neede. This doen, spreade it vpon newe shorne and vnwasshed Wulle, and laye it vpon the grieve, renewing it in foure and twentie houres thre or foure tymes.

A playster for the same.

Sampe well in a mortar foure vnces of the rootes of wylde Mallowes well sodden, putte to it an vnce of Butter, an vnce and a halfe of honny, of Diageons dunge two Dragmes: Mingle all together, and laye it hote right vpon the payne, and soone after the corruption wil breake.

For the same.

It is a remedie well proued, although it be not much vsed, to geue y patient in. xiiii. houres foure tymes foure vnces of the water Tarrarum remestre boate. For in so doyng, the cure shalbe so fayre that you shal see the impostume broken and purged from all corrupte and rotten bloode. And more ouer he shal be preserved from spitting bloode, and from the consumption of the Lungen.

Agaynst the hote cough, that is to say, when the patient is so vexed with it, that he can not well slepe.

B. iii.

Take

The fyrst Booke.

TAke a dragme of the Pilles of cynoglossa in English houndes tongue, with syrope of roses, and make thereof syue Pilles, whereof the Patient shall take one every daye at the entryng into his bedde.

Agaynst the same, if his voyce be hoarse with it.

TAke Diacodion, and of the pouder of Tragacante cold, Benides, of eche. ii. dragmes, Sole armentick a Dragme: Make all this into a very fyne pouder, and with the syrop of Myrtle make Pilles lyke Beason, of the which whan the Patient goeth to his bedde he shall holde one vpon his tongue, and he shalbe wel.

A tryed electuary for the same

TAke Diapentidion without species, Loch sani & experti, of eche an vnce, of Benides. ii. vnces, & w as much syrop of Ilope, as shall suffice for to incorporate all: make thereof an Electurpe: whereof the sicke man shall holde some in hys mouth lickynge it.

Agayne for the cough.

TAke a pounce of freshe butter without salte, thre yelkes of newe layed Egges, two vnces of the flower of Amylum, and an vnce of Sugre melted in the water of Violets: mingled all together, and styre it alwayes vntil it be well seasoned and of a good tast. It is a good remedy whiche maye serue you as well in steade of meate, as of medicine.

Pylles for the cough.

TAke two Dragmes of Agaricke prepared, & mixe it with a Dragme and a halfe of Frankenscence made into pouder, and with the iuyce of Ilope, so make thereof ten Pilles, of the which the Patient shall take one every night whan he goeth to bedde. It is a remedy verie good, as well for yonge children, as for olde folke.

An oymment for the same.

Take

of secretes. T 8.

TAke olde Butter that is not Salte, the Oyle of swete Almondes, and of whyte Lylles of eche an vnce, halfe an vnce of Mucelago of the seepe of wylde Mallowes, with as muche of Mucilago of the seepe of Mallowes, and half a scruple of Saffron: mire all together, and make thereof an oyntment with a litle Oile: wherewith beinge hote, you shall annoynt your breaſte.

Agaynst the trembling and payntyng of the hearte.

This is verye good, but especiallye for women, which are much subject thereto.

TAke the Pilles of dyed Cytrons, Zedoaria, Doronici, calami aromatici, of eche a Dragme, of Grami Paradisi, halfe a Dragme, of the rootes of Buglosse dyed two Dragmes, of fyne Muske halfe a Scruple, Epithimi halfe a Dragme: Let al be made into powder as wel as is possible, and the powder after sifted: whereof beinge mingled with the water of Turmentill, the Patient shall take a Dragme and a halfe, at the breake of the daye, and in the euenyng when he wyll slepe a Dragme. And he shall see him selfe ryd and quit of his pain within seven dayes.

A remedye agaynst the same, and verye good to restore the strength, beinge weakened with to great heate of agues.

TAke two Dragmes of the best Synamom, halfe a Dragme of Mace, of Hyacinthes, Smaragds of Rubies of eche halfe a Dragme, of perced or vnperced pearles, of eche a Scruple, of Golde and Silver beaten into powder, of eche a Dragme: Let al together be made into a verye fyne powder, whereof syring it with Sugre dissolved in Rose water, you shall make litle Balles of two Dragmes a peece. I haue scene my selfe that many haue been with this confection preserved from the plague in a very dangerous tyme.

Another

8 The fyrst Booke.

Another remedie, wherewith I haue alwayes founde my selfe verye well.

Make a dypnke with two vnces of the sucke of Buglosse purged on the fyre, and two Dragmes of very whyte sugre mixte together, and dypnke it take warme energe nyght whan you go to bedde, and before ten dayes be past you shalbe cured.

An Epitheme agaynst the same payne.

Epithema
is a medi-
cine layed
to the regi-
on of the
hart or ly-
uer to cole
it.

TAKE Rose water, Borage water, the water of Melissophylum, in Chalthe Baulme, Sorrel water of eche sixe vnces, of Sandall whyte and rede, and of the seede of redde Roses, of eche a Dragme and a half, Lignum aloes, of the fleshe of the hart of a Bucke, and of Hartes horne burned, of eche a Dragme, of red Corall, of Ven whyte and redde, of eche halfe a Dragme, of the flowres of Buglosse, and of Borage, of eche a handefull. Let that be made into pouder that can be, and let all seeth together untill the thyrde parte of the water be consumed: Then put to it three vnces of the best Malmeley, and two vnces of the best whyte Vinetgre with a scruple of Saffron: mingle al this together and laye it whote vpon the sicke mans hearte, with a linnen clothe cleane dyed in grapne, early in the mornynge and at nyght before supper. For admit that than he feeles his grieve or not: yet neuerthelesse this is a thing experimented and very good.

An oyntment very good for poore folke, that are not able to bye the forelayde medicine or nourishment.

TAKE three vnces of yellowe Penuphar, two Dragmes of the pouder of the same flowres of Penuphar, of redde Sandall, of redde Coral, and of Sorrel seede, of eche a scruple, of Perles, of Lignum aloes, of the fleshe of the hart of a Bucke, of eche halfe a scruple, thre graines of Camphye, of whyte ware washed in the water of Penuphar, Cytron or yellowe as much as shall nedde. That which must be made in pouder, being so made, make thereof a softe oyntment, where
with

With you shall annoynt the patient morning and evening aboute the heart, befoze his meales, and he shall be well.

Another composition very good in the tyme of a plague as well to prelerue as to heale.

Take an vnce of the best Triacle, halfe vnce of the iuyce of Lemons, a scruple of Saffron, of the two sortes of Pearles, of redde Cozall, and of Sozrell seede, of eche halfe a Dragme: two Gaynes of Camphye: mingle all together very wel with two or three droppes of odoriferous whyte wyne, and make there of an oyntment: a certayne quantitie whereof you shall sprede vpon a crymson silke cloth, laying it hote vpon the Pacientes hearte, reuelvynge it morninge and eveninge.

Another oyntment verye good, and principally for chyl- dren that are troubled with wormes.

Take halfe an vnce of aloes epaticum, a scruple of Saffron, two Dragmes of the iuyce of Cytrons, a Dragme of pleasaunt whyte wyne: mire all well together, and spreade it vpon some linnen clothe, and lay it vpon his heart.

A remedye agaynst the wormes in yonge children.

Take y flowze of bitter Lupines, aloes epaticū of eche thze Dragmes, of the iuyce of worme wodde two Dragmes, all wel mired together, let it be spredde vpon some cloth or cloute, and laye it vpon the chyldes Pauell.

A remedye agaynst the payne of the stomacke.

Take two vnces of the cromme of the bread of Bran sprinkle it with the wyne of Domegranettes be- twene swete and solwe, and plaine water of eche foure vnces: presse that harde, and giue the wine tempered with the sayde water, vnto the Patient: If the paine come of the continuall and great burning of an ague, take this drinke an houre befoze it comme and

C. l.

you

The fyrst Booke

you shal finde it of a merueylous vertue. But if y pain be exceedinge, it shalbe good to geue vnto the Patient this Bolus folowing, at what houre so euer it be that the payne taketh him.

Take thre Dragmes of the Electuarie of Succo rosarum, two scruples of Philonium romanum: Mixe them and make thereof a Bolus, whiche shal greatly profite him.

Another remedye for the same, whan all other wyll not profyte hym.

TAke syrop of Roses, syrop of Wormewood of eche an vnce and a halfe, a grayne of Opium, seeth them slighte one wawme, and stirrynge it together with thre unces of the broth of a Henne, you shal giue the Patient drinke.

A vomentation or nourishment verye syngular for the same.

TAke redde Roses, the flowres of Camomille, of Wormewood, of Mynte, of eche a handefull: beate the sayde herbes vpon whote burning tyles spynkled with whyte wyne, and laye them often tymes vpon his stomacke.

Another.

It is a thing tryed agaynst the payne of the stomacke so that it come not of colde, and also to bee preserued from the same, to take daye by daye befoze meales, two scruples of Pillles of washed Aloes.

Another agaynst the same.

TAke halfe an vnce of washed Aloes, and thre unces of honnye Rolet, seeth this in two ponde of water, vntill there remaine but halfe, than straine it thzough a strainer, & geue thereof vnto y Patient, euery daye early in the moynyng two unces: this will heale and cure his grief, or els wil preserue him from it if he be not already taken with it.

Another remedy.

It is

It is a thinge well proued, that the sicke man take
earlpe in the morninge a Dragme and a halfe of the
best Mythridate: & straight vpon it drinke a draught
of Balmeley, and by and by he shalbe healed or eased.

Another very good.

Take fyue vnces of Camomille water distilled, and
of Nutmegges well beaten into powder halfe an
vnce, if you giue it whote vnto the Patient, when
the payne hath him, he shalbe eased.

Another remedye proued

Take flowres of Camomille, Melilot, Mynt, Pule-
gium, Calamint, Southerne woodde, Senegrene,
seede of Lyne, of eche a handefull, red Roses, Spica-
squanti, of eche two Dragmes, Danci, carui, Anise, Dill,
Fenel, of eche halfe a handeful, Galingale, Zedoaria, of
eche two dragmes, Cloues, Nutmegges, Lignum aloes
Mace, redde Corall, of eche a Dragme: let all seeth in a
sufficient quantitie of water and odoriferous whyte
wyne vntill the thyrde parte be consumed: then with a
sponge steeped in whote lycoure nourishe therewith
his stomacke morning and euening before he eate, and
this will bryng his stomacke in good state.

A nourishment very good agaynst the same.

Take a pounce of oyle of Spike made in Balneo marie,
warme it luke warme, and with newe shorne and
vnwashed Wulle steeped in it, nourish therewith
the stomacke, and at the last binde it vpon it.

A litle bagge to carye aboute one agaynst the same
disease.

Take worne wod, Mynt, Pulegium, Calamint, of eche
halfe a handful, Nutmegge, Cloues, Mace, Lignum
aloes, of eche adragme: make all into a fine powder,
and put it in a litle bagge, parfumyng it with odorife-
rous whyte wyne, and than lay it vpon your stomack:
if you continue to cary it about you, you shal feelee your
selfe merueylous well.

C. ii. A drinke

The fyrst Booke

A drynke for the same.

I haue found my selfe alwayes very well, as well for
being preserued from this payne of the stomacke, as
deliuered of it, being troubled with it. To witte in
takinge sixe vnces of honnye rosat strained, a Dragme
and a halfe of Putmegges, and two vnces of the beste
water of a Vine, and seeth them altogether vntil the
water of the Vine be consumed, and in takyng fasting
euery moynge thzee sponnes full of that whiche is
strayned.

Another remedye to lay to the stomacke.

Take Masticke, Cloues, Putmegges, of eche a dra-
gme, halfe a Dragme of Mace, and as much of Sy-
namome: make hereof a verie fyne pouder. Then
tost the vpper or neither crust of a lofe of Bzanne, and
dippe it in whote Palmesey, strowyng vpon it of the said
pouder, and so layinge it vpon your stomacke whote,
the payne will go away incontinent.

Another remedy well tryed and proued, and good, chiefe-
ly for yonge chyl dren vexed with the payne of the sto-
macke: which is knowen, yf they vomite or belche.

Take the crommes of Bzanne bread foure vnces,
rost or tost it, and beate it small into pouder, and
after incorporate the pouder with the iuyce of
moyme wodde, and mynt of eche as much as shal suffice
and put to it more a dragme of Putmegges. Of al this
being mixt together make an opntment, and laying it
vpon your stomacke, it will ease and cease the payne,
the belching and the vomiting.

A remedy agaynst an apostume in the stomacke.

It is a thing wel tryed, that if the Patient take eu-
ery moynge at the breake of the daye, sixe vnces of
Camomill water distilled, he shalbe cured and hea-
led of the impostume already begun in him.

Agaynst

of secretes. II.

Agaynst the same.

Take foure vnces of Emula purified, two vnces of wormewodde newlye extract and make in forme of Loch, with as much Sugre as shall neede, and gene it to the Patient morninge and euenynge befoze bys meales.

A playster for the same.

Take two pounce of whyte honny, halfe an vnce of greene wormewodde, an vnce and a halfe of the rootes of marche Malloves: seeth al together vntill it be verie well sodden, put vnto it some flower of Senegren, and of Lyneseede, of eche half a handefull. Than put to it some oyle of wormewodde, as much as shall serue to make a plaister, the whiche you shall laye vpon your stomacke, renewynge it euenynge and morninge.

A nourishment or keepynge of the stomacke in hys naturall heate by washyng or bathyng it.

Take two pounce of Turpentyne, the sucke or iuyce of wormewod, and of wylde Malloves of eche foure vnces, of freshe Butter an vnce, of Saffron a Dragme, of oyle of Wormewod two vnces: mire all, and seeth it one wayme: and beinge whote weate some linnen cloth in it, and therewithal washe and bath your stomacke morning and euening. And you shall se that by and by the matter will dissolue.

A remedy agaynst vomityng.

Yf the vomityng come at a certayne day or houre, it shall be good that the Patient, befoze or at the houre that he must vomite, do eate some morsell of toasted bread, steeped in foure vnces of the wyne of solwe Pomogranetts, drynkyng also afterward the wyne.

An oyntment very good agaynst cholerick vomiting.

Take oyle of Quinces, oyle of Roses, of eche an vnce: halfe an vnce of wormewod, of red Copal, and of red
C. iiii. Roses,

The fyrst Booke.

Roses of eche halfe a Dragme, of Nutmegges a Dragme: beate to pouder that whiche maye be beaten, and with a litle ware make thereof a softe ointment, and annoynt the Patients stomacke with it moynng and euenyng befoze his meales.

Another remedye agaynst phlegmaticke vomitynge.

TAke the yelke of an Egge roasted, a scruple of frankensence, with as much Pasticke, make into pouder that which may be made into pouder, and put with the egge. And the Patient shalbe wel yf he take of it euery moynng fastyng.

A remedye agaynst the Hycket or yexyng.

Mynge a pounce of strong and odoriferous white wyne, with a Dragme of Calingale beaten into pouder, and make thereof a dyinke, whereof the Patient shal take whote, eueninge and moynng two vnces, two houres befoze his meales.

Another.

It is a thing founde very good, to gene the Patient leuery moynng three houres befoze he eate, a racine of greene Ginger, and by and by vpon that let hym dyinke two draughtes of Palmesey: and he shal quickly be healed.

Remedyes agaynst the payne of the Lyuer, comethrough ventositie.

TAke the roots of Calingale, and Zedoaria, of eche two Dragmes, a Dragme of Spica, with as much Squinautum, Cloues, Nutmegges, of eche halfe a Dragme: Let al be made into a smal pouder: and make thereof an Electuary with scummed Honny, as much as shall mede: whereof you shal take some euenyng and moynng befoze you eate.

Another of a very great effect.

Spice

Mixe together two vnces of Diarhodon abated, Trium-
landolorum an vnce, of the best Rubarbe made in
fyne powder a Dragme, and with syzope of Suc-
corpe, make an Electuarpe, whereof the Patient shall
take euening and morninge befoze al other meate, the
quantitie of a Walnut.

A remedy founde very good agaynst the Lyuer that is
appostumate or corrupted.

TAke foure vnces of Diarhodon abated, of the best Ru-
barbe wel made into fyne powder, mingle all with
the syzop of Succorpe and make thereof an Ele-
ctuarie. Let the thing that the Patient shal take euery
morning two houres befoze his meale, be of thze dra-
gmes.

For the same.

It is a thinge tried, that if you doe put newe thorne
and vnwashed Mulle to steepe in the oyle of whyte
Lilies, and the oyle Nardus celcica, laye it right where
the paine is, & it shal kepe that the lyuer corrupt not.

Remedyes agaynst the Dropsye.

TAke drie Worme wod, drie Agrimonpe, drie Solda-
nella, of eche two Dragmes, of Spica two scruples:
all this being made into a fyne powder, lay to stepe
in the water of the rootes of Eldern tree, as muche as
shal suffice, and geue of it to the Patient, euery mo-
ning at the breake of the day two Dragmes.

Agaynst the same.

TAke thzee vnces of the syce or sucke of Iris, Ga-
lingale, Zedoaria, of eche two Dragmes, of Synd-
mom, of Cloues, of eche half a dragme of Soldanella,
halfe an vnce. Al this being made into a very fyne pou-
der, make thereof an Electuarpe with as muche scom-
med honny as shal suffice, of the which Electuary you
shal geue halfe an vnce vnto the Patient euery mo-
ning two houres befoze he eate.

A drinke

The fyrst Booke.

A drynke of great vertue and strength agaynst the wyn-
dye dropsey.

Mingle together two vnces of the water of the ro-
tes of Malwozt or Dane wozt, with foure vnces
of the water of Elderne tre, and in drynkynge this
early in the mornynge thretye dayes together, you shal
be verye well.

Another remedye verye good to take after a purgation.

TAke a pounce of Geates dunge, with as much of
Dre dunge, and drie it in an oven, and so make it
into a small pouder, incorpozatyng it with iuyce
of woyme wod, and oyle of Rue, as much as shal suffice
as it were to make therewith an oyntment. And sprede
some parte of it vpon a linnen cloth, layinge it whote
vpon the Pacientes belly whan he goeth to bedde.

The nexte mornynge folowynge, take foure vnces of
stronge and odoriferous wine, and seeth it with a hand
full of Sage, and as much Rosemary, vntill the fourth
parte of the wyne be consumed: with the which beinge
hote, you shal washe his bellye. All this done, take an
vnce of Diagalanga, of Rosatum aromaticum, Triu sandalorum, Dis-
arrhodon abated, of eche halfe an vnce: mire all together
with Rosat honnye, and make thereof an Electuarie,
and giuing him a mouthful of it incontinent after hys
bellye is washed.

Remedyes agaynst the Dropsy, called ascites. A drinke
verye good to take once a weeke.

TAke as muche of the sucke or iuyce of Iris or Gladi-
olus, as halfe an Egge shell wyll holde, minglynge
it together, with it foure vnces of Welscrat, with
half a dragma of the best Rubarbe well beaten in pou-
der. This drynke beinge geuen whote and early in the
mornynge vnto the Pacient: it is a wonder to see with
what vertue and strength it wozketh.

A singular

A synguler good Electuare for the same, which ought to be declared or disclosed but to your speciall frendes.

Take Agrimony, Cuscuta, dried Grapes, Licoriz, Mirabolans, Citrons of eche halfe an vnce, of the rootes of Parslye, of Fenell, of Capers and Agaricke, of eche an vnce. All this grosse stamped must be sodden vntill the composition of halfe the water, and strayne it: and in straining it put to it halfe a pounce of Honnye, and foure vneces of Sugre, and seeth it agayne vntill it be as thicke as Honnye. This done, put to it halfe a Dragme of the best Kubarbe, two Dragmes of gomme Turbith, a Dragme and a halfe of the leaues of Chameloea, which hath leaues lyke to an Olive, tempered in Almai gre, two Scruples of Diagridium corrected, of Spica halfe a Dragme, with as much of Ginger: and make of al this an Electuare, of the which you shall geue the Patient twyse a weeke. Note yet that the greatest quantitie may not be above halfe an vnce. And as for you remember to geue hym rather lesse than more, or as muche, hauinge alwayes respect to the strength or weakenes of the Patient.

An oyntment for the same.

More an vnce of Vnguentum sandalium, w half an vnce of y oyle of Nardus celtica, as muche of the Oyle of Camomille, wherewith forget not to comforte every daye his Liver moynynge and euerynge, by annoynting the place right against it.

Another oyntment verye good.

Take a pounce of Turpentine, of Frankencense, Masticke, Myrhe, of eche two Dragmes, Putmegges, Cloues, Galingale, Zedoaria, of eche a Dragme and a halfe: the iuyce of Malwort or Dane wort, the iuyce of wyld Colwumbers of eche an vnce: and let that be made in pouder that can be: and all put in a Limbecke, let it distille for to haue the oyle of it, wherewith you shall annoynte all his bellye.

D. f.

special

The fyrst Booke.

special good remedie, not only to assuage the swelling of the bellie in this sicknes, ascites or dropisie: but also to take awaye al waterie swellinge in what member of the bodye so ever it be: yea it is good also for the ache or payne of the ioyntes, and of other partes come by colde.

A remedye agaynst the yellowe Iaudise.

A Purgation first taken, take two unces of grounde wormes dyed in the shadowe, and prepared in wyne, of the best Rubarbe a Dragma, of Dogges dunge dyed half an unce. Of all this together make a fine powder, and geue vnto the Patient everie morning an unce and a halfe fastinge, and continuynge so fiftene dayes he shalbe wel.

Remedyes agaynst the collicke.

Take two unces of stronge whyte wyne, of Putmegges, and Cloves, of erche halfe a Dragma, of Galingale a Dragma, stampe these grosselye, and laye them one night in the sayde wyne, and in the morninge geue it the Patient to drynke with a litle whyte Sugre. And let him continue thus drynkyng it twice a weke fastinge. It is a thinge that I haue tried to be very good to preserve a man from the collicke.

A remedye neuer to haue the collicke more.

Take two pounce of the ryne or pillinges of thicke Rape rootes, and foure pounce of whyte Honnye, boyle it together vntill the halfe be consumed. Than mixe with it some powder of Synomome, and Cloves, Putmegge, Mace, blacke Pepper, of erche two Dragmes, and kepe it in some vessel. Of the whythe ryne or pillinges take everie morninge fastinge halfe an unce.

Another remedye to take in the payne and tourment of the collicke.

Pire

Make halfe an ounce of the Electuarie of Dates, with a Dragma and a halfe of Philonij romani, and make thereof litle gobbets, the whiche you shall geue to the Patient fasting, ever when the paine taketh him. And you must note that in case of necessity a man may geue this medicine, yea before the digestion of the saide diseases.

A very good powder that healeth quickly the sayd sycknes.

Make a Dragma and a halfe of whyte Pulverie Meaues dried in the shadowe, with a Dragma of the ryne or pillinges of a Radische roote dried also in the shadow, and a dragma and a halfe of the litle karnelles or stones of meddlars. All beinge made into powder, geue unto the Patient two dragmes in good and odoriferous whyte wyne.

A remedye which I have founde to be verye good for all grieve or payne of the guttes or entrayles.

Take Diagalanga, and Diabuglossatum of eche two dragmes Philonij romani, foure scruples, mire al together, and make thereof litle gobbets or lumps: which you shall geue unto the Patient at euerye tyme the paine tormenteth him, and specialllye when he is yet fasting.

A glyster wherewith I have cured manye.

Take thirtene unces of strange whyte wine, foure unces of frethe butter, sixe unces of common oyle, Annice, Dill, Fennell, wilde Carwapes, called of the Apoticaries carui agreste, Dauci, ameos, carthami, of eche two dragmes: mire them & seeth them al vntil the half of the wyne be consumed. Then straine it, addinge to that which is strained two unces of Honnye roset, an vnce and a halfe of red Sugre, two dragmes of common salt, and the pelke of an Egge, mire all this together and make thereof a glyster.

Another agaynst the same.

D. ff. Seeth

The fyrst Booke.

See the a pounce and a halfe of stronge whyte wyne, with two vnces of hote skaldyng water, untill the sayde water be consumed, and make onely a glister of the luke warme wyne: it is a thyng tryed that after the other glisters this wil helpe you much, yf the ague be not with it.

Another for the same.

Take eyght vnces of the oyle of Rue, thre vnces of the oyle of Castoreum, two vnces of Philonium romanum, an vnce of Benedicta, of other thinges as before, saying that you must put as lytle salte to it as is possible, to the end that the vertue of the Philonium mai remayne in his. This glister is proued so good, that where as all other wyll not helpe, it will deluyner you: yea in a great nede or daunger.

An oyntment agaynst the same.

Take oyle of Castoreum, oyle of whyte Lilles, oyle of Rue, oyle of Cheirt, of eche thre vnces: the iuyce of wyld Malloves, the iuyce of artemisia, of eche foure vnces, of skaldyng water fyre vnces, seeth al together, untill the water be consumed: then put to it Melanchinum, Bastick, Granum Paradisi, Galingale, of eche a Dragne and a halfe: of Peper, Cloues, Putmegge, Lignum aloes, of eche a Dragne. Make all this into a fyne pouder, and seeth it agayne with a small fyre, and make thereof an oyntment with a litle ware, and so annoynt the place where the grefe is, layinge vpon it cleane washed lulle and warme. you shal see a merueylous operation.

A verye good receipe, whiche Pope clement the seventh tooke in his laste syckennes.

Take Pasticke, Frankensence of the male kynde, Mace, of eche halfe a pounce, Galingale, Zedoaria, of eche foure vnces, Cloues, Synamonne, Xilobalsami, carpobalsami, of eche two vnces: of Ginger, Cardamom, long

ny, longe Pepper, blacke Pepper, of eche halfe an vnce
 Turbit, Agaricke, Rubarbe, of eche two Dragmes:
 the rootes of Endiue, rootes of Buglosse, and Boza-
 ge, of eche two handefull: Betonye, Rue, the flowers
 of Sticados, Arabicke, Marlozam, Sage, Rosemarye,
 of eche halfe a handfull: Let al be grossely stamped and
 beaten together, and put into an hundred ponde of
 stronge whyte wyne, and let it rest and remaine there
 three dayes together. And at the thze dayes ende presse
 it harde, and strayne the wyne out, and put it inconti-
 nent into a Limbecke, for to distill out of it Aqua vite.
 This done put into the water of the first distillation a
 ponde of mannes bloode of the bodye of a very health-
 ful and fleshie man, put it agayne to distill. Do so in di-
 stillyng it alwayes vntil nyne tymes. That done take
 an hundred leaues of Goldefoyle of the best and the sy-
 nest that can be had, syfte leaues of Siluerfoyle very
 fyne, Iacynthes, Emeraudes, Rubies, Granades, of
 the two sortes of Pearles, red Corall, red Roses, of
 eche a Dragme and a halfe, of verpe fyne Muske,
 halfe a Dragme: Mingle all this together and make it
 all into a pouder, putting the sayde pouder into the last
 water distilled, and let it lye in it. xxiij. houres. That
 done, put all again into the Limbecke and distil it with
 a small fyze: The which water being thus distilled the
 tenth tyme, you muste put into some thicke vialle and
 stoppe it wel, or els al the water woulde banish away.
 It is merueylous good agaynst al colde diseases, either
 within or without the bodye, taking of it onely a Dra-
 gme, or foure droppes with a lytle whyte wyne. But
 if the disease be hote withoute an ague, as other some
 be by reason of some hote matter, geue the Patient of
 the sayde water mixte with water of Endiue, at eue-
 ry tyme the payne taketh him. Neuerthelesse yf you
 wyl see with your eyes the merueylous Myracle that
 this water doth, geue syue or syue vnces of it vnto any
 speckman which hath lost al his strength and force with
 a lytle wyne, sodainly you shal see al his strength come
 agayne to him. Also assure your selues that there is no

The fyrst Booke

remedye moze soueraigne agaynst the plague, and so dayne death, than to drinke of it euery morning befoze you goe oute of youre house siue oz sire droppes with stronge wine, oz with the water of Endiue: oz elles to washe your nostrils within and without, with the rest of all your face with the same, oz with a litle wyne mixte with it, puttinge nothinge elles to it. I haue founde my selfe alwayes very well at all tymes of the plague by meanes of the same. Yea, namelp it is good also for those that haue the disease called apoplexia, or fallinge sicknes, if they washe their necke withall. This water is called *Elisir vite benedicti*.

A remedy agaynst the laxe or flyxe come of choler.

TAke sire vneces of y sucke oz iuyce of Quinces: the iuyce of Endiue, the iuyce of Sorrell, of eche three vneces, Sorrell seede, Plaintaine seede, of eche two Dragmes: red Coral, red Rose seede, of eche a Dragme Plaintaine water foure vneces: seeth al together vntil the thirde parte of the water and iuyce be consumed. Then straine it pzeasing it harde, making thereof a syrop with as muche fyne sugre as shall suffice, whereof the Patient shal take two vneces morning and euening two houres befoze he eate any thyng. This drinke is well tried, and very good.

Annoyntment verye good for the same.

TAke oyle Koset made of Olyues not rype, oyle of Quinces, oyle of Myrtel of eche an vnice, red Roses and redde Corall of eche a Dragme: Balsicke, Putmegge, of eche halfe a Dragme, make that into powder that maye be made, making thereof an oyntment soft with a litle ware, wherewith annoynt your stomacke and the lower part of your belly.

Remedies agaynst the laxe dysenteryeke.

TAke sire Dragmes of Myrabolans citrinis burned, Plaintaine seede, Sorrell seede, Endiue seede, and all parched,

parched of eche thre Dragmes : of the soler Cozall flowers, beside Violettes, of eche a handfull: seeth all in a sufficient quantitie of water, wherein firste some Steele muste be quenched, vntill the halfe be consumed: Than straine it, mixing with that which is strained two Dragmes and a halfe of the best Rubarbe parched & of Pholonij persici foure Scruples. This drinke is founde very good by experience.

Another drynke very good.

Take two Dragmes of Frankensence of the male kynde with as much Masticke: a Dragme of boale Armenick, red Cozall, Hartes hozne burned, of eche halfe a Dragme: of the stone called the bloodstone burned two Scruples: Make al into a fine pouder and steepe it in red wyne & bindeth, and so geue the speke man a Dragme and a halfe of it whan he goth to bedde.

Another remedye.

Treate in this bloodye fyre euerye moornyng fasting halfe a Dragme of Rubarbe parched, is a thing wel tried and very acceptable.

Another drynke very good, in case the Pacient haue therwyth anye greate doloure in hys bellye (as often tymes it happeneth) by reason of exulceration and knawynge of the guttes.

Take thre vneces epyther of Goates mylke or Shepes milke, wherein must first be quenched some redde hote Steele, an vnce and a halfe of the iuyce of Plantaine, Aromaticum rosatum a Dragme, myngle al together, and make a drinke for one tyme. Whereof geue the Pacient thre dayes together: and the fyre shall soone after cease.

Another remedye when the payne is great.

Take Myrtel berries. ii. dragmes, Sozrel seide, Plantain seide, of eche. ii. dragmes: of frankensence male three

The fyrst Booke

thre graynes, of newe yellow ware two Dragmes: of
Synamome two Scruples: put al this into the bellye
of a Turtle doue pluckt, sowynge her by agayne: than
roste her with a lytle fyre, and let the Patient eate of
her thre or fyve dayes together. Or if you wil make a
Coulys of her: and it is certayne that he shalbe healed.

Suffumigations or smokynges for the same.

The fyrste

LAye an vnce of Turpentyne vpon a plate of yron
made hote in the fyre, and let the Patient receyue
mornynge and eueninge the smoke at his founde-
ment throzowe a close stoole. And continyng so thre
or foure dayes, there is no doubt but he shalbe cured.

The seconde.

Sampe well twoo poodre of the dunge of a yonge
Sasse, and drye it in an Ouen, and see y it burne not.
This done, take a parte of it & put it mornynge and
eueninge vpon hote coales vnder a close stoole: to the
ende that the Patient sytting vpon it maye haue hys
foundement smoked therewith. It is a remedy of great
uertue agaynst the bloodye fyre of yonge chyldren, yf
first they be purged with a litle Rubarbe.

Another remedy for the same.

Set a ponde of apiastrum in Englishe Baulme, to-
gether with a handefull of Taxus barbarus in red wine
and stronge vinegre of eche sufficiently, untill the
thyrde part be consumed. Than strayne out the wyne,
and the vlnaigre, & byndng these herbes fast in a bagge
good and longe, laye it hote euening and mornynge
vpon his foundement. And continyng so, you shall
haue a good ende of it.

An oyntment very good for the bloody fyre.

TAke Trochyskes or lytle balles of Carabe, lytle
balles of Terra sigillata, of eche thre Dragmes, Gallie
muscatz, Gallie alefangine, of eche a Dragme and a half,
red Cozal, red Rose seedes, Pasticke, Frankensence,
of

of eche a Dragme. Let all this be made in pouder, and put in verpe stronge red Vinaigre. xiiii. houres together, and after wade drie it by the fyre or in the Sunne. That done, make it all agayne into pouder, puttyng oyle of Quinces, oyle rosat ralwo, or sharpe, oyle of Mastick of eche two vnces, with as muche whyte ware as shall suffice. And with this annoynt the Pacientes bellye.

Remedyes agaynst the swelling and oppilation or stoppyng of the Splene

TAke two vnces and a halfe of the iuyce of wyldewallowes, or marthe Mallowes purified, two vnces of the iuyce of Calaminte, two Dragmes of Sene dried, and make thereof an Electuarie, miringe al this with as much as shall suffice of skommed Honnye, and giue of it vnto the Pacient a sponnefull, thre houres befoze his meales. It is a remedye mercuri-
lous good.

A vomentation or nourishynge by washynge for the same.

TAke of the rootes of wyldewallowes, or marthe Mallowes, of Garden Mallowes, of eche two vnces, Sene grene seede, Lineseede, flowers of Camomil, Melilot, of eche a handefull: Calamint, Baulme, cuscuta, Pulegium, Anyce, carui, Fennell, of eche a handefull: seeth all this in a sufficient quantitie of stronge whyte Vinaigre, and washe the place right against the Splene, euery daye bathing it, and the Pacient shalbe very wel at hys ease.

An oyntment agaynst the same.

TAke oyle of Rue, oyle of Capers, oyle of Camomille, of eche a pounce: of the strongest and best whyte wyne you can get halfe a pounce, rootes of wilde or marthe Mallowes, rootes of other Mallowes rootes of Ferne, of eche halfe an vnce: Waxe well the rootes, and seeth them with all the rest, vntill there
C. i. remaine

The fyrst Booke.

remaiue no more wyne: after that take it, and presse oute the Oyle, puttinge it to a pounce of the beste and strongest whyte Alnaigre with an vnce of panis porcinus wel stamped and purified, seething it wel againe, vntill the Alnaigre be consumed, and than straining it againe, presse it harde that the oyle maye come out. Vnto these oyles thus strayned oute, you muste put oppoponacis, Bdellij, Galbani, armoniaci, of eche two dragmes: dissolue thy gommes in strong Alnaigre, mixing them with the other thinges, and seethinge it slighte once againe that the vertue of the gommes banishe not awaye: make thereof a soft oymntment, with berpe good yelow ware, where with annoynte the place right against the Splene euery daye moorninge and euening.

Another fomentation or bathing for the same.

Pyrites, euery stone of the which there maye fyer be stoken.

It is a thing experimented that if you washe or bath onely the Splene with very strong Alnaigre where in there hath bene quenched the stone called Marchasita, whiche George Agricola calleth Pyrites, laying the clothe dipped in it, righte vpon the place of the Splene. Doing thus you shall not seeke anye other remedie, for this wil abate all the swelling.

Remedies agaynst the payne, swelling and ventositie of the Matrice.

Seth togither rootes of matricaria an vnce, Dauci, half an vnce, whyte Honny two vnces, skompyng well the Honny vntill it be thzoughly sodden: and strayingng and pressing it harde, myngle this Honnye with two vnces of the bzoth that a Henne hath bene sodden in, and thzee vnces of the decoction of anyce, and giue the woman drinke of it tenne dayes together: she shall be healed. Wherefore kepe it well in mynde.

Another tryed of some women.

Take

Take a dragma of Nutmegges, a dragma and a half of y^e roots of Matricaria, a scruple of Spica, seeth al this in fire vntes of good whyte wyne, vntil the thirde parte be consumed. Then strayne it out, putting into that whiche shalbe strayned two Dragmes of verve whyte sugre, and so gyue of it vnto the woman, at the breake of the daye, and at all tymes when the payne shall take her.

Another remedy very good, and well knowen of women.

Take a sweete apple, and make him hollowe within, make a pouder of Nutmegges, Mace, Syriamom, of eche half a dragma, Clones half a scruple: put all this within the apple with a lytle Sugre, and rolle it vnder hote ashes, and giue of it vnto the woman euer when the payne cometh vnto her. But yf the payne encrease so muche that her lyfe is in doubt, put to all this two graines of opium, and sodaynely the payne wil depart.

Another.

Take Calamint, Matricaria, flowers of Cammille, of Sage, of Rosemary, of eche a handfull: Seeth all in lye, or ashye water of a sufficient quantitie, vntil the thyrde part be consumed with the whych water washe the legges of the woman, from the knees to the fete.

A fomentation or nourishyng.

Take a handfull of Artemisia, with as much of the flowers of Camomille, Mynte, and Calamynte, make hote a tyle, and polyre some good and odoriferous wyne vpon it, and after put also the herbes vpon it for to laye them so hote vpon the Matrice, at euerye tyme that the payne cometh. Neuertheles, take heede that you washe or bath her not, because that all moysture is euil for her.

A very good eyntment.

C. ii.

Mre

The fyrst Booke.

More a pounce of the oyle of Cheiri with foure vn-
ces of the oyle of Bureau, beate it and annoynte
the vpper parte of the Matrice with it, dippinge
some linnen cloth in the oyle, and laying it hote vpon
the Matrice. This also layed vpon a womans belly af-
ter this sort when she is in labour, will ease and miti-
gate her paine.

A plaister or cere clothe to laye vpon the Matrice yf the
griefe be olde or inuerate.

Take an vnce of dyed Matticaria, with as muche of
the flowers of Cheiri. dyed: half an vnce of Gallia mus-
cata, or els alefangine, if the woman be pooze of Galba-
num, Baellium, Serapini, of eche two Dragmes: Olibani, Ma-
sticke, of eche a Dragme and a halfe: Dissolue these
gommes in oyle of Cheiri, makinge into pouder the rest
that maye be made: and make thereof a playster wth
a lytle pitche, ware and oyle of Sefanni, spreadyng it vpon
some leather, and layinge it vpon the place of the
Matrice, and renewe it euery eyght dayes.

Remedyes to make a womans tyme to come that is let
or hyndered by some cause.

Take two vnces of the iuyce of Saupne, and purs-
le it, mixing with it two dragmes of Synamome
wel made into pouder: foure graynes of Saffron,
two vnces of the water Radishe rootes distilled with a
lytle Sugre, for two tymes: this prouoketh meruei-
lously the flowers of a woman. Wherefoze beware ye
geue it not vnto a woman greate with chylde. For all
that prouoketh her flowers, maketh her also to labour
befoze her tyme.

Another remedye verye good also to cause a woman to
brynge forth the chylde before the tyme, yf the wo-
man be in daunger of it.

More two graynes of Saffron, and two dragmes
of Sugre in foure vnces of Pimpernell water,
making thereof a drinke, and giue it to the wo-
man at twyse, at the bzeake of the daye, and when she
goeth

goeth to bedde.

A washyng very good for the same.

TAke Calamint, Pulegium, Sage, artemisia, Rostmarie of eche a handefull, rootes of Iris or Gladiolus, the rootes of Wallworthe or Danelworthe, rootes of Sureau, of eche half a handful: seeth all in good whyte wyne inough, vntil thre partes be consumed. Where with washe the woman in the mornynge, and when she goeth to bed, from the haunches downeward. Further more, the mornynge after she is washed, you shall geue her to drinke a dragme of olde Triacle, thre graynes of Saffron, and two vnces of the water of artemisia, mixte together. This is so certayne, that if she vse it syue tymes onely she shal haue her flowers.

Agaynst to much abundaunce of flowers.

MAke a verpe syne powder of halfe an vnce of the inwarde skyn that couereth the kernels of wilde Fylberdes, giuing a dragme thereof vnto the woman, incontinent she to muche commynge shal cease.

An oyntment agaynst the same.

TAke the iuyce of Plantan, the iuyce of Solatrum, the iuyce of Kubarbe, of eche halfe an vnce, red Coral, Frankensence of the male kynde, Mastick, of eche a dragme and a halfe: Coriander prepared, seedes of redde Roses, of eche two Scruples, seedes of whyte Iusquiamum, the ryne of the rootes of Mandragora, of each half a dragme: strong red Minaigre half an vnce, make in syne powder all that may be made, and mingle al together, with the whiche beinge luke warme, annoynt the soles of the womans feete euerye night whan she goeth to bed, and you shal see a good & fortunat effect.

Against the prefocation or stranglyng of the matrice.

Seech in stronge wyne the rootes of Gladiolus, the rootes of Calamint, the rootes of Ciclamen, in English the rape Violet, of eche a handefull, vntil half the
C. ltt. wyne

The fyrst Booke

Wyne be consumed: than strayne them, and with that whiche is constraigned out walsh the womans knees moorninge and euening: for it is very good.

Agaynst the same of what cause soeuer it come.

Make a dragme of assa fetida, and halfe a Dragme of Daucus, with Honnye roset, and make thereof siue pyllles, and taking one of them euery moorning, they are very good, as well to pferue a woman from it as to heale her of it.

Another agaynst the same.

Take two scruples of the best Agaricke, two Dragmes of Turpentine, seedes of Daucus, and assa fetida, of eche halfe a scruple, mingle them and make lytle balles, of the which you shall geue the woman euery daye. For it is a thing very good to heale her, or els to kepe her from it.

Agaynst the same.

Take water distilled of the rootes of Daucus, of wyldewopppe syue vnces, Honnye roset an vnce and a half: mire al together, and giue the woman drinke of it. For whether the payne be alreadye, or is lyke to come, she shalbe cured or pferued from it.

Agaynst the same.

Take two dragmes of castoreum, a dragme of the same womans heare, mixt with a litle Rosen of a Wyne tree, and make thereof greate pyllles as bigge as Filberdes, with one of the whiche pyllles perfume her nostrils, at the tyme of the pferocation or stranglinge of the Matrice, and incontinent she shalbe eased.

Remedyes to be vsed when the Matrice commeth out of her naturall place, or falleth.

You shall mire oyle of Masticke with oyle of rosat, greene or raw of eche two vnces, then cupularum glandum, the flowers of wyldewomegranade tree, the

ryne of Pomegranades, Myrtelberries, of eche a scruple, of Frankensence, mastick, Acacia, Hypocistidos half a dragme: mire them and make thereof a very fyne powder. And then castyng it vpon the necke of the Matrice and dippe your fyngers in the oyle, and so put the matrice vpwarde with them.

A plaister verye good.

Take Sorrell seede, the seede of Plantaine, and of Coriander prepared, of eche two dragmes: redde Corall, seedes of red Roses of eche a dragme, Hypocistidos, acacia, Frankensence of eche a dragme and a half: Galles, the Willes of Pomegranades, flowers of Pomegranads, of eche. ii. dragmes: beate al into a fine powder, gathering together the powder, w the oyle of beruoyce rosat, & makinge thereof a plaister with ware & pitche as much as shal suffice, & spreade it vpo a peece of leather, a parte of the which you shall laye vpon the womans belly, right against the place of the matrice along vnto both her haunches. And this shall help her.

Remedies for the Matrice corrupted or apostumated.

A playster for to dissolue it.

Take the flowers of Camomille, mellelot, Matricaria, the leaues of malloves, the rootes of Violettes, Whanckbyspue, of eche a handefull: the rootes of Wilde o: marthe malloves cut very small three vnces: seeth it al in a sufficient quantitie of water vntil y half be consumed: then put to it a handfull of flowze of Line seede, with as much of flower of Synegrene, of Butter hennes grease, of eche as much as wyl grease ouer the plaister, the whiche you shall laye vpon the apostumate o: corrupt place. Notwithstanding remembre that to euery grieve of the Matrice (as we haue our selfe well tryed and proued) all moyste fomentation o: bathyng is hurtfull, and therefore beware in any case you doe it not.

Another playster for the same.

Take

The fyrst Booke

TAke the iuyce of greene Camomill, and the iuyce Matricaria, of eche two vnces: mire them together with a pounce of the plaister of Mellilot, and laye it vpon the corrupt place: It is certayne that doinge so often tymes, it wylle ware rype and rotte.

A playster.

TAke fyve vnces of Dyaquillon withoute Gomme: two dragmes of Saffron, an vnce and a halfe of the iuyce of Matricaria: make thereof ceratum or plaister with ware, and a lytle Rosen of a Wyne tree, and laye it vpon the place of the corruption: it is a singular thyng.

Remedies against the vlcers or corrupt matter of the matrice.

TAke two vnces of the ointment of common Tutia, dissolve it well in eyght vnces of Cowes mylke, and squirt it into the Matrice. This is very good.

A drynke for the same.

TAke fyve vnces of newe and freshe mylke, myngle it with an vnce of Honny roset, and geue it to the woman tenne dayes together, thre houres befoze she eate any thyng. And this is also very good.

Remedies agaynst the whyte flyxe of women.

TAke gomme Arabike, Dragacante, Amylum of eche two dragmes, of Mastike, a dragme: make all into a fyne powder, and with a litle good Sugar dissolve it in the iuyce of Quinces: Make thereof balles of two dragmes a peece: of the whiche geue one to the woman, euery moynynge thre houres befoze she breake her faste, wherevpon incontinent let her drynke a draught of red stipticke wyne, doyng the the lyke at night befoze supper. And this shal helpe her so that in short space she shalbe healed.

Another

Another agaynst the same.

Take the pelke of two egges rawe and new layed, Frankensence of the male kynde, boale Armenick Terra sigillata of eche halfe a dragme, make into powder, that which may be made, minglinge all together, and geue to the sicke woman: a mouthfull of it euery morninge, sixe houres at the least befoze she eate anye thyng. This remedye is so excellent that I haue cured manye with it.

A drynke.

Take foure vnces of red stiptick and byndyng wine wherein you must often tymes quenche first some hote Steele, gomme Arabick, Dragacante, of eche halfe a dragme, mingle it together and make a drynke of it: whereof you shal geue the woman fiftene dayes together earthly in the morning: and there is no doubt but she shalbe healed.

A powder agaynst the same.

More halfe an vnce of Date stones well beaten in to powder with a dragme of Dragons bloode in red wyne, and geue the woman one Dragme of it at the breake of the day, and another when she goth to bedde, and she shalbe healed.

Remedies agaynst pyssyng hore.

A Syrop.

Take Syrop of Violetts, and of Penuphar, of eche an vnce, mingling with it Plantaine water, Bozcelaine, of common colde feedes, of eche an vnce. This Syrop digesteth the collicke matter, and taketh awaye the bytyng humours that cause the heate in pissyng.

A drynke agaynst the same, to take three houres before dynner and at noone.

F. l. M. l.

The fyrst Booke.

Mire foure vnces of the water of Mallowes with two vnces of Syrop violet. Drinke this continually seven dayes: and at the eyght day mire with it an vnce of lenytise Diasebestes, with a dragme and a half of Diaprunis laratyue, & make thereof a drinke with the water of the decoction pectorall, the whiche you shal geue to the Patient.

Agaynst Gonorrhæa, which is when a mans seede goth from hym vnwittynglye.

TAke foure vnces of Cwes milke, & mixt it with. ii. dragmes of Hares hear burned and wel made into pouder: geue the Patient drinke of it twice a daye moorning and enening two houres befoze he eate.

An oyntment agaynst the same.

TAke two vnces of Olibani, acacia, and Hypocistidos, of eche two dragmes, of Galles a dragme, Labdany, halfe a dragme: oyle of Basticke, oyle of Spike, oyle of Myrtle, of eche halfe an vnce: Make that into a fine pouder that can be made pouder, and make therof a softe oyntment with a sufficient quantitie of ware, putting to it at the ende halfe a scruple of Camphyre, with this oyntment annoynt his raynes and the chine of the backe, his flankes and the place aboute the priuile membes, euening and moorninge.

Another remedye merueylous good.

TAke half an vnce of Tutia, prepared, Sarcocolla, washed aloes hepaticum, Sugre candie, of eche thre dragmes: mingle it and make it into a fine pouder, whereof dissolve one dragme in womans milke, and therewith squirt the mans yerd a good way in, foue or fife tymes a day, and he shal incontinent be healed. But if there be any vlceration he shal also soone be ridde of it.

Remedies for them that pisse blood.

TAke water of Plantain, of hight made in Latin Solas
seme, Sozrell, Endiue, Wormelwod, of eche foure
vnces,

vneces, whyte Sandall and red, Been whyte and red, of red Roses, of eche a dragme and a half, Spondium two dragmes, of Spica tenne graines: of the best Uinaigre thre vneces: make that into fine powder whiche maye be made, and make thereof Epithema for the lyuer.

An oynment for the same.

TAke the iuyce of Plantain, of nightshade, of Sorrell, of eche an vnce, oyle roset, oyle of Myrtel, of eche halfe an vnce, Hypocistidos, red Coral of eche a dragme: make that into powder that is to be made, and make of it an oynment very soft with a little ware and annoyntinge the raines of the Patient, from the haunche vnto the place about the priue members, and to the roote of his yarde. And he shalbe wel eased.

A playster for the same.

TAke Plantain seede, Sorrell seede, Burcelin seede, of eche two dragmes, gomme Arabicke, Dragacante, of eche a dragme and a halfe, Hypocistidos, acacia, bole Armenicke, sylke burned, of eche a dragme, Terra sigillata. Hares heare burned of ech a dragme: make al together in a fine smal powder, and make thereof a plaister with oyle rolat greene or rawe, ware & pitche, as muche as shal suffice: the whiche you shal lay vpon the raynes of the Patient. It is proued and tryed to be verie good.

Remedyes agaynst the grauell.

It is a thyng certayne, that if the Patient swallowe downe thre dragmes of newe Cassia every day before dynner, he shal neuer haue the grauell.

Another.

TAke the stone that is found in the heads of Crabs half an vnce: burne it, and make it in powder very fyne, mixing the powder with the water of Sarifrage, and so geue it to the Patient.

Another remedy wel tryed, whereby I haue often tymes founde my selfe eased.

F. II. Take

The fyrst Booke.

TAke oyle of Scorpions made of oyle of bitter Al-
mondes, Turpentine, freshe Butter of eche half a
pounde, of Saffron a Scruple: beate all this in
some vessell on the fyre, and with a linnen cloth bathe
and washe often tymes a daye from the heighte of the
haunches, vnto the roote or beginninge of the priuie
members.

Agaynst the same.

Dissolue thre dragmes of he Goates bloode prepa-
red in sufficient quantitie of Worme flowers wa-
ter distilled, and geue it to the Patient.

Another very good.

Mixe an vnce of the succ of grene Lemmons with
thre vnces of Malmeley, and geue it the Patient
to drinke all at one tyme, when he feeleth hys
griefe.

*Receptes to hasten the chylde byrth, and to mitigate the
payne of the trauayle and labour.*

TAke Genpper berries, and bay Berries of eche se-
uen: great Synanome halfe a dragme, whole Sy-
namom a dragme. Put al together in a turtle Do-
ues belly that is fat, and fleshye, and put her on a fyre
and roste her, and bathe her with Hennes grease, the
which you shal geue to the woman euerye daye for her
supper. It is a thing as notable as any other can be.
Yet in the meane tyme you must note, that none of
these receptes must be geuen to a woman great with
childe, vnlesse she haue passed the moone of the nyght
moneth that she was with chylde.

Another.

TAke freshe Butter washed in Violet water thre
vnces, mucilago of Cabbage two vnces, macilla-
go of wynde or marthe Mallores, macilago of
figges of eche halfe an vnce, and mixe it together.

And

And if the woman be nigh her tyme, let her put euerye daye into the entry of her Matrice, a cloute wete and dipt in this lycour, and she shall bryng forth her childe without great trauaile and difficultie.

Another.

TAke syre pounde of good whyte wyne, Calamint, Sage, Rosemary, of ech half a hauful: seeth al together untill the fourth part of the wyne be consumed: with the which the woman drawing nigh to her tyme shall washe her legges, once a daye eyther morninge or eueninge.

Another.

TAke an vnce of the pilling of Radishe rootes with as muche Mercurie, thre graynes of Saffron, a dragme of grosse Synamome wel beaten into powder, two dragmes of the iuyce of Saupne. Mingle and stampe wel altogether, byndyng it in some syne linnen cloth vpon the necke of the Matrice. If the woman labour in great daunger, she shall sodeynly be deliuered.

Another remedye verye good, but yet such one that may not be geuen but in great necessitie, or when the childe is dead within her bellye.

Mixe together two vnces of the iuyce of Saupne, a dragme of Rozas mynerall well made in powder, and an vnce of odorisferous whyte wyne, and geue it the woman to drinke, and the effect wyl soone folowe.

Remedyes when a man pylleth agaynst hys wyll.

It is a thyng verye good and tryed, to geue euerye morninge to the Patient a Cytryn myzabolan well conserued.

Another for the same.

TAke Plantaine water, Rose water, Sorrell water, nyghtshade water, of eche halfe a pounde, Worme

F. iii.

wodde

The fyrst Booke

Wodde water foure vnces, kyndes of Cerottia sandalia an vnce: Spondij, two dragmes, red Coral, red Rose seedes, Plantain seedes, of eche two dragmes, of Spike tenne graines, of very good Vinaigre thze vnces: mixe altogether, and with a whyte linnen cloth dyped therein and well cleansed, washe and bathe the Lpuer with it and the raines of the backe. That done, take oyle Rose, oyle of Myrtel, oyle of Quinces of eche an vnce. Make into pouder that may be made, and make there of an oyntment very softe with a lytle waxe; annoyntynge incontinent the Pacients raynes of the backe and hys bellye.

Remedies agaynst the stone in the bladder.

TAke Liron tripon, thze dragmes, ten bitter Almondcs w^asmuch of y^e kernells of Peches: braye all thys well together, and make thereof litle balles wyth Sugre, the which you shal geue to the Pacient euery moneth ten dayes together, at the breake of the daye, slepyng a lytle vpon it, and you shal see a good ende and issue of it.

A remedy and preseruatiue agaynst the same.

TAke foure vnces of Turpentine, and burne it vpon some plate of Iron red whote, vntill it maye be made into pouder: of the whiche pouder, take two dragmes, water of Sarisrage foure vnces, mingling altogether, make thereof a drinke, which you shal geue the Pacient twise a weke, at the breake of the day continuing so two monethes together. If he haue not yet the Stone, he shal without doubt be preserued from it: but if he haue it, he shal also be healed of it.

Another for the same.

TAke sixe Dragmes of Turpentine ten tymes washed in water, and make thereof lytle balles called Boll, with the iuyce of Sarisrage, and a lytle Sugre, and geue it to the Pacient as is aforesayde.

Remedies

Remedyes for to heale the Emerhodes or Pyles.
A very excellent oyntment.

The body beyng purged take oyle Violet washed
in water of Violettis, and freshe butter washed,
of eche an vnce: make thereof a softe oyntment
with the yelke of an Egge, half an vnce of oyle
of Lineseede, and asmuch ware as shal suffice: annoint
the Emorrhodes or Pyles with it twice or thryse a day
There is no such remedy as this is, when women lye
in childe bed because of the retention of their flowers
thei are often tymes, yea almoste dayly molested wpth
these Emorrhodes or Pyles very sooze.

A playster agaynst the same.

Take of the cromme of bran bread a pound, of ewes
mylke, or cowe milke, or elles goates milke, two
pounds: Seeth all together until two or thre
partes be consumed: than put to it two vnces of the
grease taken of the chyne of a goate, and an vnce of the
pouder of grounde wormes, mingling al together, and
so lay it whote vpon his foundement.

An exceclent and very good hote bath or baine for the same.

You shal take the leaues of Malloves rootes and al
the rootes of wilde or marthe Malloves, of holpe
Hocke, Violets, Cabbage, the flowers of Taxus bar-
batus, Camomille, Melilot, Syngrene, Lineseede, of
eche a handeful and a half: seeth al in a sufficient quan-
tite of water of the riuer, or some other freshe water,
until halfe be consumed: than powze it whote into some
tubbe, causing the Patient to sit in it twyse a daye, in
the morning and at night, the space of an houre.

Another remedye of verye great vertue.

Take. ii. vnces of the suyce of leekes, an vnce of the
suyce of Persly, butter made of cow milke, walnut
oyle, oyle of y decortid of calaputia, of eche an vnce & a
halfe

The fyrst Booke

halfe, oyle of Radishe rootes an vnce, of the suet that is about the kydneyes of a Goat an vnce and a halfe: let all be well sturred and bzaied in a mortar. This being hote, yf you laye it with fat well vpon and aboute the Emorrhodes twyse a day, vsyng so thirtie dayes long, I haue proued the remedie to be of great efficacie and vertue, that withoute doubt I dare assure the Patient of heath.

Remedyes agaynst the swellng of the coddes.

TAke oyle of whyte Lylles, oyle of Roses complete of eche two vnces, of the grease that is washed of from newe shorne Wulle an vnce and a halfe, wete some fattye Wulle in it, and laye it whote vpon his Coddes: and then wil the swellng go awaye with the payne.

Another agaynst harde swellng.

TAke Resyns dyed and carnelles pluckte out three vnces, Barley flower two vnces, as muche of the flower of whyte Cyche peason, half an vnce of the flower of Syngrene, as muche of the flower of Lynesede, an vnce and a halfe of Honnye: mingle all wel together, stampyng it in a mortar, and laye it whote vpon hys Coddes.

A good playster for the same.

TAke gomme Arabicke, Dragacante, of eche two dragmes, Galbanum, Armoniacke, of eche a dragme and a halfe, Beane flower and the flower of whyte Cyche peason, of eche an vnce: Dissolue the gommies in oyle of swete Almondes, and a lytle Cynegre, then mixe all well together, and make thereof a plaister with Vitche & Ware, as much as shall suffice.

An oyntment agaynst the same.

TAke oyle of whyte Lylles, and oyle of Camomille, of eche an vnce, of Comyn two dragmes, Labdany, Galbany,

Galbany, of eche an vnce: Dissolue the Commes in Stronge Vlnaigre, and make in powder that whiche is to be made: And make of this a soft oyntment, with a lytle Ware, wherein wete some newe shorne and vn- washed Wulle, and laye it vpon hys Coddes.

A playster.

Seeth a poude of white Cyche peason in good white wyne, vntyl they be thoroowly sodden: than stampe them wel in a morter, puttynge to them two vn- ces of Camomille flower, a dragma of Saffron, two vn- ces of oyle of whyte Lyllys: mire al together, and lay it whote vpon his Coddes, leauynge the playster vpon them nyght and daye.

Remedyes agaynst the sciatica.

Take the Blossoms or flowers of Camomille, Meliote, Syngreene, Dill, Lyneseede, of eche two handfulls: Wormewodde, Mynte, Pennyshall, Calampyt, Southernewod, the flowers of Sticados arabick, Bytonye, Malozam, the herbe Paralytis, Sage, Rosemarie, Germander, of eche a handfull and a halfe, seeth all this in two hundred ponde of cleare condyte water, vntil the thyrde part be consumed: than strayne it, and seeth it agayne wel, putting to it half a ponde of quicke Brimstone, foure vn- ces of Saltpeter, prepa- red, and thre vn- ces of salt Gemma: seeth them agayne and strayne them: and than kepe that whiche is stray- ned for your vse. The sycke man shall euerye moornyng bathe him selfe the space of eyghte dayes together, taryng in it an houre wel couered, the head only bare. The houre paste, commyng out of the bathe, and al his body wel dyled and wypped, let hym go into his warme bed, and anone after let him take a dragma of greate Triacle, mixte with an vn- ce and a halfe of Sugre ro- set, and slepe therevpon two houres, and in the meane tyme beyng well couered let him swete, and those that kepe him, let them wype him and dyle him well, and by and by after they shall annoynt the place where the

G. f.

payne

The fyrst Booke.

paine holdeth him, that is, al the legge fro the haunch
oz huckle bone, with the oyntment Marciaton vnguentum
Iagrippæ, vnguentum of aragon, of eche an vnce mired toge-
ther. Continuyng then all in this order, and as I
haue sayd eyght dayes, I dare assure þ patient health.

Remedies against inflamations of bloode, which groweth
into an impostume in some parte of the bodye or mem-
bers, called phelgmone.

A playster to rype and rotte the impostume.

TAke a pounce of Cow milke that was neuer see-
ted: a pound & a half of bread wel crommed small:
three vnces of the iuyce of Cabbage, halfe a dra-
gme of Saffron, thre vnces of the oyle of whyte Willies
mire all together, and laye it hote vpon the soze place.

Another for the same.

TAke thre vnces of Diaquilum without gommies, the
iuyce of cabbage an vnce and a halfe, of Saffron a
dragme: make hereof a good and fat oyntment and
thick in yello w are as much as shal neede: the which
being spred vpon leather, the Patient shal weare a day
oz two continually, and be shal finde him selfe wel.

Another to rotte or rype incontinent.

Chalve wel fasting half a pound of whete, and tem-
per it well with a greate deale of spettell: take also
two vnces of oyle roset complete, and a dragme of
Saffron, mingling all together, and laye it vpon the
soze place, renewng it often tymes. The signes of the
rypenes of it are these, when it is soft, mouing by and
downe lyke a waue of water, when it greueth the Pa-
cient no more; when the feuer ceaseth and continueth
no more. The impostume beinge thus broughte to a
ripenes, prepare your selfe to launce oz perce it. But if
the Patient be afrayed of þ yron oz fier, breake it with
this that foloweth: take two vnces of Diaquilum simple,
an vnce

an vnce of leuen, half an vnce of oyle of swete Almonds: mire all, and spreade it vpon a peece of leather, or cloute, putting in the middes of it a dragme of Pygeons donge made in powder, and so lay it vpon the place where the breaking of the soore shalbe most cominodious. You maye also take halfe an vnce of leuen, a Dragme of common Salte, two Dragmes of the best Vinalgre, foure scruples of the powder of Cantarides, mire all together, & bray it wel in a mortar, vntil it be turned into a past or do we as it were: of the which you shal put to it halfe a dragme, or according to the quantite of the matter that muste come out, couering that againe with the Ceratum or plaister afoze sayde.

The impostume being broken, and wel made cleane, if you feare that there wyll come muche bloode againe, take incontinent the pelkes of two Egges, two Dragmes of Salte, a dragme of bole Armentick, and steepe or dippe certain peeces of tow in it, and lay them vpon the place where it is broken, and let them lye foure and twentie houres together.

Agaynst a Ryngworme or Tetter, that runneth all ouer a mans face, or agaynst the disease that is called Erysipilas or Lychen, of some Mentagra, the Frenche men call it feu volage, as it were a runnyng fyre.

The remedye is good to myngle at the begynnyng the iuyce of Plantaine, Marygoldes, Solatrum, barba Iouis, in Englyshe Synggreene, of eche syre vnces, wyth three vnces of Rose water, and wetynge certayne cloutes in it, laye them vpon the soore or Ringworme. Yet you muste take heede that ye take alwaye the cloutes, as soone as they begynne to ware whote, to the ende that the heate returninge from the linnen cloutes to the soore, doe not encrease the payne, or elles that the linnen clothes beyng dreyed with the heate doe not cleaue to the skynne and plucke it with them.

The fyrst Booke.

For if it should be so, there would be daunger in it because of the vlcers or scabbes that would come of it.

Another remedye very good to heale the same, when it doth but begynne or increase.

TAke Lytarge of Silver, sixe vnces, the iuyce of Plantaines thre vnces, oyle roset two vnces, of the best Vnaisgre an vnce, mire and braye all this wel in a morter of Lead vntill it be lyke an oyntment of the colour of Lead, of the whiche beinge spread vpon some linnen cloth you shal lay some vpon the soore, renewing it euening and morning, and looking to it diligently vntil you be sure of the state of it and of the increase. When it beginneth to declyne (whiche thinge you shal knowe because it will chaunge from a whyte colour vnto a red) take heede you laye no colde thyng vnto it: for it maye be that you maye make some dead fleshe red and darke come or growe in it, and so there shoulde be greate daunger, that by reason of the colde thinges the Kingwoorme or Letter shoulde tourne into an Hestiomene. But my counsell is to take the flowers of Camomille, Melilot, Syngreene, of eche a handfull, and to seeth the same in sufficient water vntil there remaine but the halfe. Then to strayne it, and to washe euery day the place with a sponge wette in it: and afterwarde to washe it with some whote whyte wyne. For that is it that keepeth the member from mortifying in such a disease. If the thyng be growen to an vlcere, either by the folly of the Phisition, or els by the euill gouernement of the Patient, or by the euill matter whiche coulde not be amended by medecines, take lytarge of silver thre vnces, the oyntment of Populeon, Ceruse washed, Infrigidantis Galeni, of eche halfe an vnce, oyle roset complet an vnce. Mire al together and bray it wel in a morter, vntil it be as it were an oyntment, which you shal vse vntill the disease be consolate and sounde.

Agaynst

Agaynst flemarycke swellynge.

If this infirmitie be in the legges, take twenty pound of water made with Ashes, flowers of Camomille, rootes of Malwort or Dane wort, of eche a handefull, common Salte halfe a pounce, of the best whyte Vnagre foure vnces, myre and seeth all together vntill the halfe be consumed, than straine it, and washe the legges with it.

Remedyes for the scabbes.

An oyntment very good for to annoynt yonge chyldren who because of theyr tendernes, can not endure a purgation.

Take foure vnces of oyle roset, a dragme and a halfe of common Salt, an vnce of freshe Butter washed and so bray and sturre al well together, vntill it become vnto a soft oyntment.

Another oyntment verye good for lytle chyldren, and olde folke, to vse before and after a purgation.

Take Turpentine washed in Rose water foure vnces, of the iuyce of Lemons an vnce & a half, of freshe Butter an vnce, the yelke of one Egge, of common salte two dragmes, of oyle roset two vnces, myre and sturre together all a greate whyle in a mortar, vntill it become an oyntment. With the which by a fyze when he goeth to bedde annoynte the scabbie parte of the bodye, or ells all the bodye: but as thyn as may be.

Another remedyc.

Take the water of Lapatium acutum, distilled two pound the iuyce of Plantaine foure vnces, Rose water thre vnces, the iuyce of Lemmons two vnces, Rofarge sixe vnces, Ceruse halfe an vnce, quicke Wymstons thre dragmes, make a very small pouder of that whiche maye be made pouder, and mingle it with the sayde waters, letting all stande. xxiii. houres longe. That done, put all in a Lymbeck, and distill it with a
G. iii. small

The fyrst Booke

small fier. This water serueth not onely for to heale the common scabbe: but also to make the crusses of old vlcers and scabbes and of the pockes to fall of, & to take cleane awaye the cicatrice or scabbe thereof.

A bayne or bathe for the same.

TAke the leaues of Lapatium acutum, the leaues of sumitoye, the leaues of Mallowes with the rootes, leaues of Bozage of eche thre handefull, of bzau bounde in some cloth two handefull, of rye thre handefull: seeth al this in sufficient water vntill the third part be consumed, then straine all, and whyle the Patient is annoyntynge let him bath all his bodye in the same baine in the breake of the daye, and withoute tarynge any longe time, let him go into his warine bedde, and there let him slepe and sweate.

Against the scurfe or leproie, called in Latin psora.

After a purgation, I commend much the annoynting at night when he goeth to bed, all the partes of the body infected with this disease, with oyle of Tartre or of Lees of wyne, and thre vnces of verye stronge whyte wyne.

A remedye agaynst pusses, bladders, blysters, or wheles and agaynst the small pockes.

An oyntment.

TAke an vnce of Beche karnels burned and made into a pouder, the iuyce of Plantaine and of Syngreene, of eche halfe an vnce, Ceruse or Lead washed a dragma and a halfe: make of this a softe oyntment as muche as shal serue you.

Another remedye well tryed.

Take

Take two dragmes of Camphyre, an vnce of Ceruse washed, half a pounce of red Ciches, a pound of the inner parte of Melons without the pilles, ten Swallowes egges, two dragmes of Pearles, three dragmes of the seedes of Xilon or Gossipium, the tree that beareth Cotton, two dragmes of Salte foure vnces of the iuyce of Lemons, half an vnce of whyte wyne lees: make that in powder that ought to be, and put al together in ten pounce of water of Lapatium acutum distilled, leauing it so two dayes and two nightes. This done, distill all together in a Limbecke, with the which water so distilled, the Patient shal washe his face three or foure tymes a daye. It hath been proued very good.

Agaynst the stronge cough of yonge chyldren.

Set in wyne some Isole and some Serpillum, or Saurope, or elles steepe some Feniper berries in wyne, and giue the childe to drinke of which you will.

Agaynst the stynkyng sweate.

Those that so sweate, make a clothe steeped in wyne wherein Myrtle leaues or the herbe it selfe, or els his fruit hath been sodden.

Against the payne of the eyes.

Take Malloves, Violets that grow in Lent, topps of blacke berry trees, dyed Roses, Meruine, Willowe or Osier that groweth on the hilles, washe your eyes with these at night, and make a plaister of the herbes with the yelke of an Egge, and laye it vpon your eyes.

For a whyte spotte in the eyes.

Burne cockle shels of the sea, and Olibanum, as much of the one as of the other: make them into a powder with cuttle bones burned, and laye that vpon your eyes twice or thrise a weeke.

Against the difficultie of bringing forth child, and the retention of the skynne that the childe is wrapped in, called in Latine Secundina or Secunda.

Takk

The fyrst Booke

TAke the rootes of Parslye, and leaues of Leekes, wynginge the iuyce oute, and mingle it with a lytle oyle, and geue it the woman to dypnke, puttynge a lytle Vinegre into her Matrice, and she shall incontynently be deliuered with gods helpe.

A remedye when the foundement commeth out.

First washe or bathe verpe well the foundement (be it either of a man or of a woman) with the decoction of wyne and Moxmelwodde sodden together, and annoynt it rounde aboute with some restraynt iue oyntment. After this strawe vppon it Ashes made of Willowe and of hys rootes, and of the sinne bones of some fische salted, and put in the foundement agayne with some linnen cloth: and doyng thus twise or thryse a daye, he shall fynde him selfe very well.

Agaynst the payne of the guttes.

Set in water some nightshade with ashes, and lay it vpon the place where the paine is. For this also is good rawe Sisamum, sodden with his seedes, and layed vpon the painefull place.

Agaynst the difficultie in makynge water, sauynge for that whiche commeth of the stone.

For Men.

Set water Cresses, and make thereof Cataplasma or Splaister, and laye it vpon the place about the priuie members, causyng the man to sit in the decoction of it.

For Women.

MAke them an vnder smoking thozow a close skoole with wylde Minte, with Peppe or Catte minte, and with Pulliole or Pulegium. We make sometime as well for the man as for the woman, an essewe or balne wherein hath been sodden some Jenuiper, Peppe
Pulicaria,

Pulicaria, in English flea worthe, wylde Mynte, Bay lea-
ues, Pulegium, Wormewod and Tansey, geuinge to
the Patient being in this bayne, *Benedictam simplicem.*

*Benedicta
simples, is
an electua-
rie, verye
medecina-
ble for the
goute.*

But if the stone be the cause, then seeth in water Sari-
frage with the rootes of Sanguinaria, or decoction untill
halfe of the water be consumed, the whiche geue vnto
the Patient: but if he desyre wyne, geue it him with
some of this water in it, continuynge so foure or fve
dayes, and twayne or thysse a daye. If he pisse not for all
this, it is a signe that the stone is thowolpe growen
and hardened. But than if it sticke in the bladder, take
Mallowes, *Crista marina*, in Englishe Sampere, lytle
wylde Cabbages, Sarifrage, Pellitozpe of the walle,
water Cresses, Ameos, and the seedes of Nettels, seeth
all this in lycour, whereof let the thyrde part be wine,
the other parte oyle and the fourth parte salte sea wa-
ter, bathinge and washinge well with this decoction
the partes aboute his priuie members, and laying vpon
them the herbes.

Agaynst crabbelyce.

Against the Crabbelyce that breede aboute the pri-
uie members and vnder the arme pyttes, annoynt
those places with ashes layed in oyle: but against
those that sticke in the eye browes, take an vnce of A-
loes, Ceruse, Olibanum, of eche fve vneces: make all
into pouder, and make of it an oyntment with larde
cut small as muche as shal suffice.

Agaynst a Cankar.

Note that the leaues of wylde Fute sodden in wyne,
and layed to it are very good for it.

Against the litle wormes and itching of the hands or body.

Against the itche and woymes in what soeuer part
of the bodye that it be, but chieslye in the face and
forehead, you must keepe weate in wyne with the
H. I. powder

The fyrst Booke.

pouder of olibanum, and lay it vpon the place as it were a playster.

Against the swelling of the coddies.

TAke Malloes, Wormwoode, Cleruene, bismalua or march Malloes, tansie, and two cabbedges, seeth all this in olde strong wine, and bathing and washing them twice or thrise a day. As for y^e herbes, stampe them and seeth them in Honnyes, laying them vpon the coddies with wyne.

For to make the wormes come out of the handes and feete.

TAke a hote tyle, and some vessell ful of water, then put some seedes of Iusquiamum vpon the red whote tyle, holding your handes or feete ouer the smoke of it, you shal see the wormes fall into the water lyke lytle beares. Another waye: Burne Dre strawe into ashes, & put it into water as hote as you maye endure it, holding your handes and feete in it, and enduryng the heate vntill it ware colde: than straine and presse it so harde vntill there remaine no mooze water, seperating it faire and softly. You shal finde the wormes as it were litle threades, which the smoke of the Iusquiam hath drawen out. If the place doe itche, and is eaten with wormes, burne strawe into ashes, and tolle it and mingle it in water as hote as you can endure it: put in your hande or foote that hath the wormes, and they wyll come oute. Than afterwarde heale the knowing as you do some other sooze.

A remedye for the deafnes of the eares.

TAke the fatte or grease of eeles newe killed that swimmeth vpon the decoction of them, the iuyce of caprifolium, Barba lous, and a handfull of Antes or Pismers egges, bray and straine all, mixing it and seething it with oyle. The decoction made, put to it some Ainaigre or wyne sufficiently, that it may be the moze penetratiue & persing: this done, poure some of it into the eare that is not desse, stopping the other that hath the

the impediment, and lying upon the good eare: and beware he go not the nexte daye into the winde: but let him kepe his house, lying all the daye longe sometime on the good eare and sometye on the yll.

A remedye against fistuleys.

Take the leaues of red Cabbages, and their seedes, the rootes of great rubia tinctorum of eche an equall quantitie, braye all and seeth it well untill three partes be consumed: than straine it, putting to it some honnye. And seethinge it againe untill it be thicke. Whereof you shall geue the Patient two spones full, morninge and eueninge.

For the scabbes of the handes.

Take Lapatium acutum, and fumitoze, making there of as it were an opntment with hogges or swines grease and Maye Butter, wherewith annoynte youre handes.

A water of a great and meruelous effect, for to keepe mans bodye from many infirmities and diseases.

Take foure pounce of distilled Aqua vite, of verpe good wyne, two pound of salt burned, two pound of quenched Brimstone, foure vnces of whyte Tartre, foure vnces of the wodde of a Filberd tree. iij. vnces of rocke salte. Let all this be brayed, syfted and mixed together, powring vpon the foresayde Aqua vite, and putting it in a Limbecke to distill.

What operations come of suche distillations.

The firste distillation draweth vnto it the powres of all the spirites of man, that no venimous best can approche or come nighe him: with it is kepte fleshe and fishe as with baulme, it healeth and cleanseth lentils and other spottes of the face: it draweth away all maner of scabbes from the body, and cleanseth watrynge eyes.

H. II.

The

*Viper's Graft Ras
Cammoock. or Rost. harrow
Of trigactrum
Drop wort.*

The fyrst Booke.

The seconde dylueth awaye impostumes, and othe^r superfluities of the bodye: it pulleth oute and healeth lose teeth, and putteth awaye all swellynge of the L yuer.

The thyrde cleanseth all spottes and scurse, it healeth stinking of breathe, and purgeth all flegme of the stomacke, as meate not digested.

The fourth putteth oute of the bodye, all colde and congeled bloode.

The fyfte delyuereth the bodye from the fallynge syckennesse.

The sirte dylueth away all languishe and infirmitie come of the goute.

The seuenth putteth the goute from the seete.

The eyght excelleth the Baulme, which you shoulde keepe well.

The nynth, if you mire with it, and dissolue golde in it, is a preseruatiue for the lyuer.

The tenth, if you put a droppe of it in any vessell of golde full of wyne, a frothe and skumme will swimme vpon the wine whiche is verye golde in deede, so that what so euer you touche with it shalbe faire golde.

Yet you muste note that after euerye distillation you must stampe and syfte the leese as at the first tyme.

Another water or Balsamum almost for the same thinges.

TAKE a pounce of Turpentine thise distilled, a pounce of Aloes thise also distilled, a pounce of Amber rawe, Balsatum bzayed vpon a stone in maner of some liquide oyntment, putting to all this a lytle oyle, and so incozporating it and distilling it nine tymes. It is a Baulme that may wel be kepte, for it is so persite that it abideth first all triall of syer & water.

Secondly, it wyl pearce thowow the hande.

Thirde, in annoyntinge your face it kepeth your yowthful colour.

Fourthly, it fasteneth and consolidateth all incision or cuttinge.

Fifthly,

Fiftly, it purgeth merueylously the eyes.

Sixtly, annoynting all the bodye with it, it is sayde that it shall neuer rotte or corrupte, nor euer byeede woymes. This hath Hermes the Philosopher written and confirme it as most trewe, for as muche as I haue proued and tryed it.

A pouder very good to conserue the syght.

TAke Betony, Rue, Selandine, Saxifrage, Leuistici, Pulegium, Annice, Synamome Euphrasia, in English eyebryght, of eche a handfull, Grani Paradisi, Ginger, fennel, persly, Slope, Dzganny, Osier of 5 mountains of eche a dragme, Galingale an vnce, of Sugre an vnce Make all this into pouder, and eate of it euerys daye with your meate: for the sighte is thereby pserued. And if your sight be perished or halfe gone, it wil heale it and recouer it perfittly againe. This pouder is found and thus ordeyned by maister Gerarde, which tryed it vpon him selfe: for he hauing vsed spectacles the space of twelue yeres together, and yet scant coulde see with them, nor reade the greatest letters that were (so much was his sight perished) after he vsed this pouder but a whole Lent together, only in this sort as I haue tolde you: he recouered so his sighte agayne, that all the rest of his life after, he coulde read the smallest letter that was, very perfittly.

Agaynst the payne of the flankes or the pluresye.

TAke a wilde Bores tothe of the vpper Jawe, & the greatest, and make thereof a pouder, whereof you shal giue the Patient to drinke with a litle bzoth, and he shalbe cured.

Against quartayne agues.

TAke the grease or fatte that is vnder the manes of horses, and seeth it in a newe earth pot: and when you feelee the ague come, annoynte the chyne of your backe, & you shalbe healed in thre times so doing.

The fyrst Booke

To heale old woundes and cankers of the leggs.

Take cuttyngs oz shearings of shomakers leather, and seeth them, and the grease oz fatte that you shall get of them, set it by it selfe: than take of the herbe that groweth at the soote oz roote of Willowes the finest that is, and the mosse that loketh lyke Melnet: dize it well and make it into a poulder: and laye of it byon the wounde, and with the sayd grease annoint round about the wound, and he shal shortly be whole.

Agaynst the scurfe.

Take Barrowes grease what quantittie you wyl, and seeth it with a glassefull of wine, and halfe a pound of Beane flower in maner of annoyntment: than take byrne oz pisse, and heate it as whote as you can endure it, wherewith you shall washe your head, and than annoynt it with the sayde grease, and it shal be whole wth in fiftene dayes.

Agaynst ventositie, collicke, or payne of the matrice.

Take a dragma of intralles made in poulder, a dragma of Stecas, geue it the pacient to drinke in a newe layed egge, and she shalbe healed.

For the hardnes or brawne of the feete.

Dippe your feete in whote pisse, & whan the hardnes oz brawne is molified, take a launcet oz cysours, and launce it rounde about: and than by and by put some iuyce of Syngrene byon it, and the nexte mozo we it wyl be well.

To make very perfine Vinaigre.

Take the cromme of a whote lose newe drawen out of the Ouen, a glasse of strong Vinaigre, where in you shal put some Ginger, Pepper, Wyethum of Leuant, Calamus aromaticus, the which thinges being brayed and stamped together, you shal put into Vinaigre: Than take the cromme of a whote lose, and put it so that it maye receyue to it all the foresayde thynges

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things. Than drie the sayde lose in an Ouen, and make thereof a pouder, and put the sayde pouder in a Hoggeshead of wyne, and it will become verye persfite Unaiagre.

Agaynst the fallyng syckennes.

Take the Matrice of a Sow, the whiche beinge made in pouder you shall geue to eate or to drinke vnto the Patient, and as soone as he hath receyued it, the sickennes will remoue from the brayne, and sprede into his fingers endes, tozmentinge him verye soore: but whereas the sayde matter shall assemble and come together, make a rupture: and the matter will come out as yellowe as Saffron, and he shall be quicklye healed.

For children that bee broke.

Take white Paper, and chaw it well with your teeth, and make thereof a plaister, as great as will couer al the broke, binde it in a swadle-band with a linnen clothe: Than laye it to his coddies, and make fast the swathing bande: but you must renewe euerye day the paper chawed, and he shall be whole.

Agaynst the payne of the Splene.

Take of the longes or lightes of a Fore made into pouder, and vse to geue to the Patient to drinke or to eate of in good white wine, & he shall be cured.

For to stench bloode.

Take mans blood dried in the Sunne, and make it into pouder, & if it chaunce that there be any vaine broken or hurte, whereby there cometh out a bundaunce of bloode, lay of the sayde pouder vpon it, and it shall be stenchd.

For to heale in foure dayes the scaldyng with water, or anye other thyng, withoute oyntments or Playsters.
It hath bene tryed and founde true.

Take

The fyrst Booke

TAke an Onion and cutte him ouerthwarte, and wzyng oute the iuyce vpon the scalbed place, doing so euerye daye twise and it wil heale it.

For to stencche bloode.

TAke a sowze Ozenge, & make a hoole in y^e toppe where the flouwer grewe, keepe that vpper peere that you shall take of, that you maye afterwarde close vp the hoole agayne: yet before you stoppe it vp, you shal take the suet or grease of a be Goate, the bignesse of a Walnut, and put it into the hoole: than set the Ozenge vpon the coales or embers, that it maye incorporate, and dissolue: Than annoynt along down your backe bone, and ouerthwart the flankes with the same lycoure, and it shall heale you within thye or foure tymes by the grace of god.

Agaynst the wormes in lytle chyl dren.

TAke a lampe ful of oyle Olyue, and lay anyzon in the spere, and whan it is red whote quench it in the sayde oyle in the lampe: then annoynt thereof the nostrelles, the throte and the nauell, and straight way you shall see a great miracle.

To heale the Emorrhodes or Pyles.

TAke Dogges dung foure vneces, halfe a pounce of common oyle, put them together in a new earthen pot and seeth them a lytle: then take oute some of the dung, and braye it vpon a trenchour: then seeth it again in the saide oyle, and put to it thye vneces of new ware, to the intent that all maye come to incorporate together: and before you annoynt the Emorrhodes or Pyles with the same oyntment, you shall washe them with whyte wyne, and in foure daies he shalbe whole.

Agaynst all kyndes of payne and grieve.

Take

Take a glasseful of the iuyce of Leucorion, which is our winter Glosier, or Violets fasting, and you shall see a merueylous effect.

Agaynste styfnes or shrynkynge of synowes, called the crampe, or swelling, comming of the wounde taken of some venimous beast, in Latine Spasmus or Spasma, or conuulsio.

Take Hogges dunge as muche as you will, halfe a pounce of oyle roset: seeth all in a newe yearthenn potte, and laye it as whote as you can endure by, on the sooze place, and it wil heale it.

For them that can not pyss by reason of certayne grauell, and viscositie or carnositie, which is aboundance of flesch.

Take the iuyce of Radishe rootes, of lytle Leekes whiche are founde vnder the grounde, and drye them, and make them into powder: put all together, and geue euery morninge a certayne quantitie of it to the Patient to drynke, and he shall be healed in shorte space.

Agaynst deffenesse.

Take a quick Cele, and put him on a spit alyue and rost him: take the grease that cometh out of him: Than take a Carlyke head roasted vpon the coales or cenders, and take one codde or huske of the same Carlyke at a tyme, and put it into the sayde grease, and so put it whote into his eare, holdyng his eare vppwarde the space of one Credo, and you shall see the selfe this humour come out of his eare, & he shall be healed.

Agaynst opilation or stoppynge.

Take wyld or marthe Mallowes, what quantitie you wyl, and seeth them in runnyng water: than
I. i. take

The fyrst Booke.

Take of it about a glassefull whote with sugre Candye
mornynge and euening, and you shalbe cured.

Agaynst the gyddinesse of the syght.

Gue euerye mornynge vnto a chyld to eate some
sweete Fennell, and let the same chyld lick the
Pacientes eyes, and he shalbe cured.

For them that can not broke their meate, but vomite
it agayne.

Take minte wel stamped and the crommes of bread
burned in the fyre, and vnaigre: and make there
of as it were a sauce, and spredde it vpon some linnen
clothe with the powder of Cloues: heate it vpon a
brycke or tyle, and laye it vpon his stomacke, and you
shall see a goodly experience.

Agaynst the head ake by to muche drynkyng.

Take Rue leaues, and braye them with Vnaigre,
and put Roses to them and bitter Almondes, and
with this rubbe your head, and you shalbe eased.

Agaynst all the payne of the head.

Take halfe a dragme of Bay berries, of Scammonia,
and of Saffron a dragme, braye all well together
with Vnaigre and Roses. And when your head
aketh, annoynt it where it greueth you with this oyme-
nt, & you shal see the vertue to be merueylous great.

Against the paine of the head that continueth alwayes.

Take leaues of blacke Iuyce, and braye them, & put
them with Vnaigre, oyle and wyne, as muche of
one as of the other: seeth this together, & annoynt
your forehead and your temples, and it shall ease you
verie muche by gods Good grace.

Another waye.

If the pacient thinke that his hedde cleaueth in sonder by reason of the great pain: take yupe, and make iuyce of it, the which you shall mingle wth oyle roset: and with a linnen cloute you shall annoynte faire and softly his nostrils, his temples, and his forehead. And if the paine be vehement, lay some of it vpon the scull of his head.

Another waye.

Take the brayne of a crowe, and seeth it and than eate it: for there is none so greate a paine of the head, or none so olde but that it will heale it with a singuler vertue.

Agaynst the Mygrame happening sodenlye.

Take Wenge wine and braye it with Alnatgre, and annoynt your forehead with it, and your temples and it will mitigate the paine.

Agaynst itchyng of the head.

Take a Sheepes gall, and mire it with white chake and therewith rubbe your head, and let it drye vpon it, and it wyl heale you.

Agaynst vlcers or scabbes of the head as well of men as of women.

Take the gall of a Bull, and mingle it with Alnatgre, and hauing made it luke warme, rubbe your head with it, and you shall finde a merueilous remedye by the grace of almighty God.

Agaynst olde and putrified woundes.

Braye Celandine, and than mire it with olde suet, and laye it so vpon the vlcers or scabbes, and you shalbe healed incontinent God wyllyng.

For to keepe that the fleshe growe not to muche in a wounde.

3.ii.

Take

The fyrst Booke.

TAke the lyghtes oz lunges of a sheepe whote, and laye it vpon the wounde, and the fleshe shalbe equall with the skynne.

To heale and take awaye the scurfe.

TAke a handfull of Rue, and halfe an vnce of quicke Brimstone, and seeth it with good olde wine: and so walsh your head with it: but yet your head must first be washed with luke warme water, as men are wont to do most commonly, and it shalbe cured.

For to kyll Lyce.

TAke the whaye that remaineth of cheesemaking, & put to it a lytle Vinalgre, and drinke of it certayn dayes: and al the lyce wyl dye, and there wyl breede no moze aboute you.

Agaynst the distillation of the brayne, and heauines of the heade.

TAke Beete rootes and braye them well, and than take the iuyce of them and receyue it vp into your nostrils. And that will drawe vnto it all the humour of the head, and cause it to come out.

Agaynst mures or catarres that beginne to growe.

You muste abstayne from supper, and from eatyng of anye herbes, and from salt and fat thinges. For the catarre cometh of indigestion of the meate, and by the ralynes of the stomacke. Wherefoze aboue al thinges you ought to astaine from fat meates. And when you are amended, you maye take your supper as befoze your sicknes you might haue done.

For to restrayne the murre or catarre.

Take

TAke five partes of wine, and the sixte of honnye,
mingle all together, and let it coole, and make of it
a gargarisme.

A remedy for that disease when the heare of the bearde
or head falleth of, of it selfe.

Firste you muste haue with a rasour the place, and
than rubbe it well with an onyon: that done, take
barley parched and made into pouder, and mire it
with Beare suet, and so lay it vpon the place, and the
heare wll growe agayne.

To keepe that the heares shall not fall of.

TAke the pouder of Walnuttess, of heath Cypres
burned, of the ashes of a Mule or Mulets hoofe
burned, of the oyle of Myrtell, the ashes of rats
burned, and their dung made in pouder. Also the
ashes of freshe dung of a Hedgehogge, and some San-
daracha, in Englishe yelow Oker: mire all the sayed
thinges with Vnauigre and soft Pitch, and laye it vpon
your head, & it will kepe your heare from falling of.

To make the heares of a mannes beard or head to grow.

Ye shall take y^e which groweth sometime in y^e shore or
pasterne of an Asse, which is like vnto lytle warts
and burne them, and make pouder of them, the
which you shall put in old oyle, & than laye it vpon the
place. This thing hath suche vertue that if a man an-
noynte or rubbe the sawes or chinne of a woman, she
shall haue the heare growe vpon the same place.

For to make heares growe.

Ye shall take a Hedgehogge, and burne it al to coa-
les, and put the pouder or ashes made fine & small,
with Beares grease: and laye this oyntment ouer
all the

The fyrst Booke

all the head of a balde man, and it will make his heare growe as faire as euer it was.

For to curle heare a rare secrete.

TAke the ashes of sheepes hoznes burned, and mixe it with oyle, and rubbe your head often tymes with it: but you must be first polde.

For to make heare blacke.

TAke Swallowes dung, and put it in good Ulnaigre in a Utolle, or some vernished earthen pottle, then burie it in a dung hill, or in horse dung, and leaue it so. xxxv. dayes full. And than annoynte your head, being polde, with this medecine in the shadowe with a Painters pensille. But befoze you do thus, you must annoynt your face with deare suet, to the intent that none of the colour of the sayde oyntment doe spot or black your face. And while this colour & dying doth dye, holde in your mouth some oyle, to the ende that your teeth ware not blacke with it: and the fourth day that you haue thus annoynted your head, you must washe it well, and all is done.

To keepe that the heares waxe not hoare or whyte.

Mixe the ashes of grounde woymes burned in oyle and rubbe your Combe with it when you kembe your head, and your heare shall neuer chaunge colour in your olde age. It is a secrete that women commonly vse.

For to make the heares blacke.

TAke Cypze leaues bzayed, and mixte with Ulnaigre: and annoynte your heare with it, and that same will dye your whyte heares into blacke, and in their place shall growe also blacke heares.

Agaynst the payne in the eyes.

TAke

TAke rawe cabbages, and braye them and steepe in the sapde iuyce of them some whyte bread, and annoynt your forehead, and it wyl take awaye the paine of your eyes.

Agaynst the dymnesse or daselyng of the syght.

TAke salt Armonack burned and well brayed: and mire it with the pisse of a yonge childe, and there with annoynt often tymes your eyes, and laye of it vpon them, and it will take awaye the daselyng.

Another waye.

TAke the iuyce of Fennell rootes brayed, put to it as much good purified honnye, and seeth all with a small fier vntill it be as thicke as honnye. Then put that in a bore of brasse. And when you haue neede mire it with conserue water or womans mylke: and certainly it will put awaye the daselyng and dymnesse of the sight incontinent, yf you lay of it vpon your eyes.

Agaynst a webbe or spotte in the eye.

TAke the gall of a whyte Cocke, and braye it with water, and lay it to your eyes or put some in your eyes, and it will take awaye the webbe or spotte, and will consume the droppes of bloode that are in the eyes, and strengthen the sight.

For to take awaye the hurtfull heares of the eye browes.

You must plucke of the heares of the eyes diligently whiche hurte and hinder the eyes: and than annoynte the place with he Goates bloode hote, or Hares bloode, or elles of the bloode of a Batte or Asinder mouse, or rubbe it with the milke of a Bitche, or with a needle of copper, whiche being ofte heated and quenched in vinaigre, with the which you shall touche the place, and the heares will neuer growe agayne.

Agaynst

The fyrst Booke

Against all payne of the eares.

Ye shall take a scruple of the gall of a Goate, and as much honny, braye all together, and heate it in a sfer panne, putting it into his eare, and stoppe it with Wulle, and it wil heale al the paine, yea though there were a canker in it.

Agaynst the payne of the eares and defnes, and for to purge the apostumies or corruption of the eares.

More Bengewine and newe Goates milke together, and put amonge them some of an Ore gall, and oyle of Cedar, as muche of the one as of the other. Put all this luke warme into the Pacientes eares and it wil wonderfully appease the payn of them and comfort the weake hearing, and also the apostumies of the eares.

Agaynst the payne of the eares.

Hate wylde Bozes pyffe vpon the sfer, and put it into the Pacientes eare, for it is a singular remedie. The sayde pyffe may be kept in a blosse of glasse, or better in the bladder it self of the Boze.

Agaynst the noyse or ryngyng of the eares.

More together the grease of a Goose, with the iuyce of Saffron, and the iuyce of Garlick, or Garlicke brayed: Than powze it into his eares, and certainly it wyl heale him.

Against all infirmitie of the eares.

Ye shall take ground wormes, and seeth them with goose grease: and droppe of the same decoction into the patients eares, and whatsoeuer payne it be it wyl heale it.

Against

Agaynst defnes and hardenes of hearyng.

TAke an Dre galle, and the pyffe of a be Goate:
Mire all together, and put of it into the deffe eare
and incontinent he shalbe healed.

Against the payne of the eares, defnes, durt, or fylthe, wor-
mes or water that is in them.

TAke the iuyce of onyons, and mingle it with hon-
nye, and than droppe it into the eares, and it will
cleare and heale them.

For to stench bleedyng at the nose.

TAke verve stronge Vlnaigre, and polure of it into
the eare of that syde that he bleedeth, and if he blede
of bothe sydes, put Vlnaigre into bothe his eares, and
it shall stench it.

To heale the syckennes called noli me tangere.

TAke the iuyce of the herbe called Dracunculus, or Ser-
pentine, & put of the same iuyce into his nostrils,
or dippe in a linnen cloth, and laye vpon the sooze
and the next day take it away, for it will brynge with
it all the rootes of the sooze.

Agaynst stinkyng of the mouth.

TAke the roote called acorios, or calamus aromaticus, and
chawe of it fasting, as it were Pasticke, holdynge
it a good space in your mouth, and it will make
you haue a swete breath and mouth.

Agaynst the toth ache.

TAke the roote of Zusquisam, and seeth it in Vlnai-
gre, and holde of the decoction thereof in your
mouth, and it shall heale you.

R. i.

Another

The fyrst Booke.

Another waye.

TAke grounde wormes, and seeth them in oyle, and than brye them wel, and put of the decoction into the eare, on that side that the aking toothe is of, and the paine will cease.

For to make teeth fall out.

TAke grounde wormes, and burne them vpon a redde whote tyle, and than take the ashes of the sayde wormes so burned, and put it into the holowe and akyng teeth, and couer them with ware, and they wil easely fall out without any payne at all.

For to make teeth whyte that be blacke.

TAke whyte bread, & of a pynnyse stone, as much of the one as of the other, burne all together, and make thereof a powder, wherewith you shal rubbe your teeth, and thei will be very whyte.

For them that be hoarse.

You muste swallowe downe, three morninges together the yelke of a newe laye egge rawe.

To heale the disease called the kynges euill.

TAke Barley flower, liquide pitche, ware, and oyle of equall quantitie, mire all together, and seeth it wel, and put into it a lytle pisse of a ponge childe, and sterring it well about, laye it vpon the soze in manner and forme of a plaster, and it wil heale it.

Howe to knowe the kynges euill.

TAke a grounde worme alque, and laye him vpon the swellinge of soze, and couer him with a leafe: if it be the kynges euill, the worme will chaunge and

and tourne into earth, if it be not, he will remaine
whole and sounde.

Agaynst the cough, and distillation of the brest, and lunges,
and running of the eyes, payne of the bladder, and when
the pype of it is stopped, whiche causeth that a man can
not pisse but with great difficultie. Also for those that
spye blood at the mouth, or pisse blood: and for the
Rixie, and collicke, and payne or heauynes of the bellye
and cholere, and also agaynst a vomitynge without an
ague. Also agaynst all paine of the bodye excepte of the
head: and especially agaynst the vlceration of the lunges,
yf you giue the Patient an electuarye or two of it.

TAke siue dragmes of myrthe, siue dragmes of fran
kensence, foure dragmes of the iuyce of poppy cal
led opium, siue dragmes of Saffron, foure dragmes
of the seede of white Jusquiam called Henbane, and
foure dragmes of the pille or ryne of the roote of black
Jusquiam: you shall beate into powder the sayde barke
or ryne by it selfe, and sift it fine and small thorow a
sarce or syue, and than grinde the Saffron: and than
the seede of the whyte Jusquiam or Henbane, and
than after the Myrthe and the Frankensence. With
the whiche you shall mire the Iuyce of the Poppye,
hauynge been layed before in water. And this done, you shall put straghte waye to it a ly
tle water, to the intent you maye make thereof Tro
chiscos or lytle Balles or Tablettes, of the weyghte
of halfe a Dragme. You shall take of it at nyght with
thre mouthfuls of water. Thys prouoketh sleepe, and
asswageth all griefe, as is aforesayde. If you wyl
you maye make Pylls of it: for it is all one, as con
cernynge the vertue of it.

Agaynst all vehement coghes.

R. It.

Take

The fyrst Booke.

TAke the supce of Leskes brayed, and seeth it with ople, and geue it to the Patient to drinke, and it shall profite him greatlye.

Agaynst the cogh be it neuer so great.

TAke Wismstone made in pouder, as muche as you can take vp betwene your thre fingers: Giue the same vnto the Patient with an Egge half rosted, befoze breakefast, fyue dayes together, if it be a man, but if it be a childe thre morninges. And there is no cogh so vehement, but it will heale it within the sayde tyme God wyllynge.

For one that hath swallowed downe a blood Sucker.

TAke Alnaigre wherein there hath bene first quenched some redde hote yron: and into the same put some butter, and heate it by litle and litle, and giue it him to drinke, and it will make the blood sucker come out. It hath bene proued.

Agaynst an olde and inueterate cogh.

TAke quicke Wismstone, and beate it into pouder, and wrap it in olde Hogges or Barrowes grease: And than the first day giue thre Willes thereof vnto the Patient, the seconde day two, and the thyrde day one. And the sayde Willes must be made so that he may swallowe them downe.

Agaynst the bloody flyxe comming of the arterie or synew of the lunges, or of the lyuer.

TAke the roote of Conspze called Marquerites, & washe it in colde water and scrappe it with a knife of Iuary or bone. Giue vnto the patient to drinke fwo vnces or moze of it, and as muche as he can eat. But note that he must not touche any Alnaigre that daye, though

though it haue greate vertue to staye the bloode, for
frewely it taketh alwaye the effecte and vertue of this
roote, if you geue him any with it.

For to restraine a great and vehement vomitynge.

TAke a litle quicke Wismstone, and as much of the
scraping of a Hartes hozne: all being bzayed and
made in pouder, mingle and temper it in a softe
Egge, and dzinke it, and it will stoppe the vomiting.

For them that can not kepe theyr meate in theyr stomack
but vomite it vp agayne.

YE shall take a litle aloes and glue it them to dzinke
with colde water, and it wil make them kepe their
meate in their stomacke.

To quenche and asswage thruste.

YE shall take water and oyle mixed together, and
heate it a litle and dzinke, and vomite it vp againe
by and by. And if neede be do so againe, and it will
quenche your vehement thruste.

Another waye.

YE shall take the yelke of a Henne egge halfe rott, &
mixed with oyle, and swallowe it downe, and it
will take awaye your thruste.

Another.

YE shall take a stone in a Fountaine, and laye it
quickely vpon your tongue, and holde it so a while
and it wyll quenche your thruste.

To stoppe the hycket.

TAke a sponse full of Alnasgre made of the Herbe
Scilla or Squilla, and dzinke it, and by and by the hicket
B. lll. W. lll

The fyrst Booke

Wyll cease, by the grace of almighty God.

For to stoppe the hycker that cometh often.

TAke whote water, and put your handes into it, and holde them there a good whyle, and the hycker wil cease, it hath bene proued and found true.

A soueraine remedy for them that haue wry necks by reason of shroken synowes: also for them that haue the goute.

TAke the stones of a Beuer, called Castoreum, white Pepper and Perseley of eche equal quantites: bray al together & sift them. This done, take a sponesfull of it, and put in so much honnye, and two mouthe fulles of whote water, and giue it the Patient to drinke befoze bzeakefast, and he shalbe healed.

To take away the smellyng vnder the arme hooles.

TAke very olde Wenge wine, and make it into powder, and sytte it: and than rubbe your arme hooles with it, and they shal smell well.

Against apostumes and swelling at the roote of the nailes.

TAke an akorne brayed with sope, and lay that vpon it, and they shal be well.

To make a mannes nayles growe incontinent which be fallen of.

TAke the herbe that is called Pentaphillon or Quinquifolium, in Englishe Cinkfoyle, and braye it with any grease: and lay it vpon the place and the naile will come againe incontinent.

Against the disease called Menagra or Lichen, whiche is a foule breaking out or coueryng al the face with a scabbe and beginneth at the chynne.

TAke the freshe braunches of a figge tree, and seeth them in Ulnaigre, & than bray them well, & with this annoynt the sooze, and vndoubtedly he shal be cured and healed immediatlye.

To take awaye the scabbe of a runnyng tetter, or ryng-
worme of the face.

TAke the rootes of wyldc colwumbers, and seeth
them vnto the thyrde part, then bzape them well
and put to them some lytarge of Siluer, and some
Wismstone in powder, as muche of the one as of the o-
ther, and put to it also a lytle Ware: and than rubbe
and annoynt the sooze place with it, & it will heale it.

Agaynst Burgeons and pushes in the face, aswell by the
heate of the Sunne, as otherwyse.

TAke the yelke of an Egge and bzape it with hon-
nye and Ceruse, and so annoynt your face with it,
and it wyll cure them verye well and perfittly.

Agaynst all spots, pimples, pushes, or vicers in the face,

TAke Masticke, and the herbe called lappa maior, in
Englishe clotte or greate burre, sope, ware, olde
oyle, lytarge of Siluer, as muche of the one as of
the other: mingle al together, and seeth it like an oynt-
ment, and annoynt the place with it, & it wil heale it.

To take awaye the blackenes of the necke, and spots of
the face.

TAke Beane flowze and temper it with the Iuyce
of the inner parte of Pompons, and make thereof
eyght Trochiscet or lytle Balles, whiche you shal
dye in the shadowe. And when you wyll goe to your
bayne or bathe, you shall take as muche as you shall
thynke good of the sayde Balles, whyche you shall
bzeake and mire with water, and annoynt the blacke-
nesse or spots with it befoze you enter into your bath.
And when you begynne to sweate, then rubbe the
places with it, and washe them, and the spottes wyll
goe out. It is proued and found trewe.

Against

The fyrst Booke

Agaynst the brusyng of the face by a fall or sylppe.

TAke the rynde or barke of a Radishe roote, and braye it well, and mixe it with Honnye, and annoynt the place and it will heale you.

Another waye verye good.

Ye shal take new softe cheese made of Goats milke braye it with honnye, and laye it vpon the place, and couer it with a clothe, and it will take awaye the brusynge immediatly by the helpe of God.

Agaynst wartes and malanders.

Ye shall take the herbe called in Latine Scorpius, because it hath seedes lyke vnto a Scorpions taylor: braye it well, and put to it a graine of salt, and lay it vpon the wartes, and they will fall of.

Agaynst swellynge of the stomacke, paine of the raynes, grauell, steame, collicke, the emorrhodes or pyles: also to staye the flowres of a woman, and for those that haue an infected lyuer and splene: also for those that coghe ordinarily, and for them that haue the falling syckennes.

TAke an vnce of the roote of Enula campana, three vnces of Fennell seede, two vnces of blacke Pepper. Stampe eche of these thinges by them selfe, and sifte them verye fyne. Than putte all into honny halfe sodden, and geue the Patient of it the quantitie of a hasell nutte with whote water. Some take it with Drimel, other some with wyne, and other take it alone in a spoone, to make them pisse the stone and grauell.

Agaynst the payne of the Splene.

TAke a dragme of the roote of Enula campana, dzyed and made in pouder, and than sift it fine, and geue it the Patient

Pacient fastinge with olde wyne, and this wyll cure the Splene.

Another.

Take cucumis anguim is made in pouder as muche as you can take by with your thre fingers, and braye it with wyne, and giue it the Pacient to drinke before breakefast, and it wil take away the payne.

For the payne of the loynes or haunches.

Take the roote of Iris or gladiolus, and braye it with quicke Bismstone and Beares grease, and laye it vpon your loynes lyke a plaister, and you shall fynde a soueraigne remedye.

Agaynst the swellng or vlcers of the raynes of the backe, and kydneyes.

Take the leaues of drye Roses, the seedes of blacke Poppye, and the kernelles or berries of Wynea-ple, of equall quantitie. Stampe eche of these thinges by it selfe, and mingle all together, and take of it the bignesse of a walnut, and put it in two mouth fulles of wyne sodden, and thre of water, and geue it the Pacient to drinke, and it will heale him although he pissed bloode.

Agaynst the payne of the grauell, and for to make a man pyffe.

You shall take a lytle amber stone, of the roote of Cyperus, and of blacke Pepper, stampe it, and than seeth it, and giue it to the pacient to drinke a spon full fastng, and it wil make hym pyffe, and aswage the paine of the grauell.

Agaynst the payne of the raynes.

L.i.

Take

The fyrst Booke.

TAke a pounce of wyldc or marthe Mallowes, fresh sheepes dunge, & the old leafe of a hogge, which is the fatte that lyeth by the backe, and the ribbes, whiche husbannes vse to rolle vp and keepe to make saulues, of eche two pounce: Stampe these thynges and mingle them together. What done, laye it vpon a newe shorne and vnwashed, and so laye it vpon the raines of your backe in maner of a plaister, and it will shortly take awaye the paine.

Agaynst the grauell.

TAke the rootes of asparagus, in Englishe Sperage, of Barisfrage, the roote of clotte or great Burres, the roote of Smallage or Alexanders, the roote of Ebulus, in Englishe Malwort or Danewort, thre garlyke heades, the leaues of Willowes, and a lytle persley. Stampe all these thynges and mingle them together, and geue the Patient to drinke of it thre morninges with sodden wyne, or with some sweete wine, or wyne made sweete with honnye, and it will make him pisse the grauell.

Agaynst the payne of the bladder and grauell.

TAke the skinne of a Hare newe sleane, and put it beare and all in an earthen pottle, or laye it vpon a cleane tyle, & that done put it to the fyre, so that you maye make a powder of the same skynne, the whiche powder beyng sifted, you shall keepe in some cleane vessel. And when you shall neede it take thereof thre spoone full in youre drynke: whiche thyng soone appeaseth the greefe of the bladder, and the the grauell. Penerthelesse the remedye woulde haue greater vertue, yf you tooke the whole Hare alque, and put hym in a newe earthen pottle, and stoppe all the booles with plaister or with claye, so that there come no aire oute. Than yf you put the sayde pottle into an Ouen, and lette it burne with a small fyre, and whan it is thorowly

thoroughly burned, make it into a very fyne powder, and sift it fynely, and than vse it for your purpose.
This is verpe good for them that haue the gravel, and that pisse bloode, yf it be taken with a lytle wine.

Agaynste the bloodye flyxe, or frettynge torment in the bellye.

TAke mylke, and quenche whote flynte stones in it, or elles some whote iron, and that done dyuers tymes, giue it to drinke vnto the Patient (prouided that he haue not the ague) and he shalbe healed.

Agaynste the straynyng, frettyng, and gryppynge of the bellye.

TAke seuen or nine of the longe and red berries of a wylde rose tree, and let them be rype. Bray them well, and geue to the Patient with olde wyne, yf he haue not the ague: but if he haue the angue, gyue them him with water. And if neede be, you shall gyue them him so thre dayes together, and he shal finde it a soueraigne remedie.

For those that haue frettyng and gryppynge in the belly, and the lax.

TAKE the yelke of Egges rawe or roste, wylde greene Reasyns, Galles as muche of the one as of the other in weyghte: Pyre all together in braynynge it, and gyue it to the Patient whote and he shalbe cured by the grace of God.

Agaynst the collicke.

L.ii.

Take

The fyrst Booke.

TAke a Venne a lyue, and see that she eate not in two dayes: than kyl her, and take the lytle skinne that is in her breste, or throte hole, and drye it and make it in pouder, the whiche you shal geue the Patient, with some harthe or grosse wine somwhat sharpe. And the Patient must be fasting, and not hauing supped the night befoze, but kept in a good diet.

Agaynst the payne of the collicke comming sodainly.

TAke the heele of a Hare, and carpe it about you, and the sodaine collicke shall neuer take you.

Agayne the payne of the guttes or bowelles.

You shall take Wape leaues, and seeth them in water, and giue the Patient drynke of thys decoction and he shalbe healed.

For to stoppe the lax.

TAke the rootes of Hartes horne next to the head, and make a fyne pouder of it with a syle: and of this pouder giue a dragme vnto the Patient with redde wyne a gobblet full: and this wil stoppe the lax if he vse it thzee moyninges.

Agaynst the frettyng of the bellye or lax.

You shall take one Pomegranade or many, and put them in an earthen pott, the which you shall stop well and lute aboute with Porters claye, to the ende there come no airc oute. This done, set it in an Ouen to be burned: than the Pomegranade being wel made into pouder, keepe it. And when you haue anye fretting or griping in your bellye, commyng sodenly, drinke a lytle of the same pouder with wyne, and you shall be soone cured.

For to knowe a secret or hydden dysease of any man and to heale the same.

TAke a yonge whelp that yet sucketh, and let him lye nyght and day with the man the space of thre dayes, during the whiche tyme the pacient shall take milke in his mouth, and spite in to the whelpes mouthe. Than take the sayde whelp and cleave him in peeces, and you shall know the sicke part of the man by that of the dogge, which you shall see either infected or whole and sounde. For certainly the whelp dyeth to him self the secrete and hydden disease whereof he dieth, and the man shall be healed, and you maye burpe the dogge.

For them that voyde blood at theyr fondement, and for those that haue theyr blood broken.

You shall take the yonge springes of nettels verie tender, braye them well in a morter, and take the suppe of them, and giue it the pacient to drinke alone in the morninge, or with some stronge vnaigre and colde water, three dayes together, and there is none so corrupt blood but it will purifie, nor no laze so greate but it will stoppe it.

Agaynst the wormes that engender in mens bodies.

You shall take the galle of a Bulle, and dippe some wulle in it, and lay it vpon the Panell, and it will make the wormes come out of the bodie.

Agaynst the griping of the bellye and desyre to go to the stoole and yet do nothing.

TAke colwe milke sodden, and geue the pacient often tymes drinke of it and he shall be whole.

Agaynst the payne of the collicke.

R. lll.

Take

The fyrst Booke

Take the lytle byrde called in Latyne Vpupa in Englishe a Lapwinge, and burne her whole with her fethers, and take of the ashes, and giue it the Patient to drinke in wine.

Against the vlcers or fystules in the foundement of a man.

Take Date stones and burne them and than make them into a fine powder, & laye often tymes of the same vpon the fistules or vlcers, or vpon the hole of the foundement, and he shalbe whole.

For to heale the emorodes, or those that lose their blood.

Take Leekes and bzape them well, and take the supce of them, the whiche you shal giue the Patient to drinke befoze bzeakefast, and the Emorodes will soone cease by the grace of God.

Agaynst the vlcers of the foundement, and agaynst the disease called commonly saint Fiacres syckennes.

Take the pyllle or rync of a Pomegranade, bzeake it and seeth it in good wine, than bzap it wel, and laye it vpon the sooze place lyke a plaister, and it will without fayle heale the disease.

For to rype or breake an apostume or swellynge in the gryn.

Take nasturtium, and bzap it with pitche, and lay it vpon the swelling or apostume, and he shalbe whole.

Another.

Take vnsekt lyme, two garlishe heades, the yelkes of thye egges, mingle al together, and lay it vpon the soze place like a plaister: this will put away all the payne and swellinge of the apostume.

Against hurt or flawing of the skyn by chafing and going either of the seepe or betwene the thighes.

Take

TAke a morter of leade, and a pestle of the same, and put in the saide morter some oyle roset, and the pelke of an egge: the which things you shal grinde vntill thei become thicke: and till some of the leade be mingled with the saide oyntment. And when it is thicke like a plaister, sprede it vpon a fyne & soft linnen cloth, and laye it vpon the paine, and continue thus three daies vntill the paine be whole.

Against the swellng and payne of the soles of the feete.

TAke the Mosse that groweth in the water, but let it be greene, bray it wel with oyle olyue, and laye it vpon the place with a linnen clothe, and it will cease the payne, and take away the swellng.

To make wartes fall of.

When you kyl a Hogge, let hym that hath the wartes receyue the bloode euen whote vpon the place where the warts be, and as sone as it is drie let him washe it of. And if it be a woman that hath these wartes, she muste take the bloode of a sow, and she shalbe healed of them.

For to take away the felons and catte heares, which breake out with wheales in the fyngers, and also knoppes growng in the feete.

TAke grounde wormes, stampe them and with a litle oyle laye them vpon the soores, and they wyll brynge them away, and heale them.

For to assuage the payne of the goutte quickly, and for all grieue of the feete.

You shall take grounde wormes, and put them in Minaigre, that they maye purge them selues of all the ordure and splthe. The nexte mornynge wype

The fyrst Booke

wype them drie, and putte nyne vneces of them in a pounce of grease, brayinge them a good whyle, to the intent you maye incorporate them: and therewith annoynt your feete, and the payne shall ease.

Another waye.

TAke a Fore and seeth him well, than straine the decoction of him throowe a linnen clothe, where with you shall bathe and washe often tymes your feete, and it will take away the paine.

For to get out anye thyng that sticketh in a mans bodye as thornes and suche other.

TAke a peece of a Sponge or Wulle dipped in piss and laye it vpon the thyng that sticketh in the fleshe, and it will come out without paine. Or els take some larde, and seeth it in it owne grease, and than laye it vpon the soore place and bynde it, and it will drawe out all thing that sticketh in the fleshe.

Here foloweth certaine receiptes against the Plague.

A composition preseruatiue agaynst the pestilence, excellent as it were Tryacle or Mythridentum.

TAKE Camphire dyled an vnce and a halfe, Sordij veri, rootes of Gentian, Imperatoria, Zeduarie, of eche sire dragmes, Calamint, apiastrum or citraginis, enula campana rootes, tormentill, whiche is a kynde of cinkfoyle, Baye berries, the seede of cardus benedictus, whiche is one of the kyndes of the herbe called attractilis, an Dreng of Citron, oxalidis, whiche is a kynde of Sorrell, Bole armenicke prepared of eche thre dragmes, lyke wyse scraped Glycanis seminis, y seides of Scariola whiche

Which is *intibus fativa* of the kyndes of *Cnidus* and *Sue-*
corpe, *Cynamomi exquisiti*, of eche two dragmes, *Gyllo-*
flowers, redde *Roses*, *Cozlander* prepared, the seede of
Basill, *Corticis citrij sicci*, *Santali lutei vel rubri*, *Agollochi*, that
 is *Xilaloe*, vel *ligni aloes*, the scraping of *Zuoze*, red *Cozal*,
Pearles of eche a dragme and a halfe: *Saffron* two
 scruples. All these beinge beaten verie small, mingle
 them with *Sugre* of equall quantitie, or elles with
Oxymelite or *syrupo aceto* or *oxysacchara*, or rather the *Sy-*
rope of Lymons: But vnto weake stomacks contrary
 lette it be made lyke to a liquide confection, eyther
opiatz vel *massz*, or els let there be an electuarie per *tabellas*
 of a dragme weyght, or soure scruples, yf you adde vn
 to euery vnce of *Sugre* a dragme of the sayde powder.
 You shall take of it two or thre heures before your
 meales. If it be powder, the quantitie shalbe a dragme
 or halfe a dragme at the least, with some conuenient
 lycour of those whiche are nowe named. If it be *opiatz*,
 the quantitie of a *Chestnut* or *Walnutte*. If it be in
 forme of a masse and thicke you shall make two or thre
Pylls or mo verie soft for to take at one tyme, drink-
 ing after it some such lycour as I haue already spo-
 ken of. When it is in lytle tablettes, you maye take
 one or two.

Another composition in powder or in another maner for
 the same.

Take y rootes of *angelica*, *Gentian*, *Zedoaria*, of y rootes
 of *tormentilla*, y seedes of *oxalidis citrij mali*, *Synamome*
 elect, which a kinde of *cassia*, of yellowe or red *San-*
dale or *Sandars*, *carduus benedictus*, of eche two dragmes
 the pille of an *Ozenge*, a dragme and a halfe: the sca-
 ping of *Zuoze* a dragme, redde *Cozal* half a dragme,
 of the best *Sugre* lyke weyght, put to all these things
 as the powder shall seeme pleasaunt & good. Or yf you
 will seeke another way as is spoken of the first preser-
 uatiue. As concerning y quantitie of this copositio at
 euerye tyme, & the tyme of vsyng it, let it be as the o-
 ther

The fyrst Booke.

ther before. But if you will haue the both, let them not be of lyke sorte, but the one in powder or in tablettes, the other in opiate or masse with pilles.

Common pylls very good for the same.

TAke aloes probata & lota two unces, of Saffron an unce, of good Myrre as muche, or els Myrre and ammoniacum dissolued in white wyne, of eche halfe an unce, mixe them with honny roset. And in winter you may put to it Zedoaria, Agallochi or red Sanders of eche a dragme. But in sommer take away the Myrre and ammoniacum, and put to it bole armenicke prepared three dragmes, red Cozall halfe a dragme, Camphyr halfe a scruple. You shall commonly take a pille or twaine before your meales. Sometime you shall proceede vnto a dragme after your first slepe.

Antidotes or medecines preseruatiues and comfortable, of small cost, easie to fynde and prepare for poore folke.

1. **T**Ake Garlike, and drinke a litle wine after it: or a figge with a Walnut, and Rue and a lytle salte specially in winter.
2. Take twenty leaues of Rue with two Walnuts and as many figges, and a graine of salt, al being mixt together receyue it in the morning.
3. Take sixe leaues of Rue with Alnatgre.
4. Take the roote of the herbe called in Latyn Imperatoria of some Laserpitium gallicum in Englishe Pellitoze of Spaine.
5. Take the roote of angelica.
6. The roote of Gentian.
7. The roote of Zedoaria.
8. Of cardus benedictus.
9. Of carlina.
10. Take the herbe called Scorbian, of the one, of the

the two, oz of mo, in small powder the quantitie of a Dragme, eyther in a softe masse made with sodden Honny and Vinalgre, oz with some handsome Syrop, as of Lemons, oz in opiate, the bygnesse of a Chestnutte oz of a Cyche pease with Wyne in Winter, in Sommer wyth Rose water, oz wyth the Iuyce of Sorrell.

12. Take Sorrell alone, oz with Pimpernell tempered in Vinalgre, and drinke of it in the morning.

13. Oz the Iuyce of them, wherewith you may make a tosse in Sommer.

14. Oz Jencyper berries, greene Pimpernell leaues, of Betonye, of Pulegion, of Sorrell as muche of the one as of the other, brayed together, sodden with sodden Honny, and a lytle Vinalgre lyke a conserue.

Another medecine.

15. Take Jencyper berries, Wole armenicke of eche two Dragmes, oz of equall weyghte. Being stamped let it be layed in swete oyle and Vinalgre, oz in Oremillite, in a meane forme, either opiate oz masse. If it be opiate, take as much of it as a Chestnutte. If it be masse take one great pille and drinke after it a lytle Hydromel oz Trymel, oz wyne.

The thynges of sauour or swete smell, as powder, balles, waters, parfumes, and fyrst a powder for many purposes.

Take Iris florentiana foure vnces, of Maioram in Latyne famsuchum, redde Roses, Cloues, of eche an vnce, Melissophilli, Rucis odorate oz muscate, Zedoaria, Cynamome, Agallochi, yellowe Sanders, Masticke, Storax calamita, Bengelwine, of eche half an vnce, calami odorati, spice nardi radici, of eche a Dragme: Juncus odoratus two scruples.

M. ll.

Make

The fyrst Booke.

Take of these a poudre to smell, to be beaten and broken in some peece of sylke or fyne linnen clothe. Beate also these thinges grossely for to parfume and to wash your head and beard; or elles let them lye a certayne tyme in whyte wyne and rose water, and afterwarde straine them. And keepe that whiche shalbe strayned for to vse when you will, or let them be stilled in some double belloll, that there may be aqua aromatica. As I said it is for to parfume your chamber moorninge and evening, being laped vpon coales, or this poudre to giue a good odour keeping it about you or in some place betwene your garments and linnen, or to make a lytle bagge of it, or to mixe it with some lycour meete for to washe your head and bearde, or otherwyle to weate your handkercher in it, or some peece of sponge to swell to or to make distilled water of it, for to smell to.

A parfume.

Take coales of Willowes eyghte vnces, Ladani puri, two vnces, Frankensence of the male kinde of the wodde and berries of Juniper of eche an vnce, Agallochi or Xilaloes, Bengewine, Storax calamita, of eche halfe an vnce, Nutmegges, yellowe Sanders, of eche three dragmes, Cloues, Storax liquida, of eche two dragmes, Zedoaria, calamus aromaticus, of eche a dragme, gomme tracaganthæ, dissolved in rose water sufficiently. And make lytle parfumes of what fashon it pleaseth you.

A smellynge balle.

Take pure Labdanum, two vnces, Bengewine an vnce and an half, the coales of Willowes an vnce Storax calamita, five dragmes: Iris florentiana, halfe an vnce, Cloues three dragmes: Mazarin, yello w or red sanders of eche two dragmes: redde roses calamus aromaticus, of eche two scruples, Levigetur. Than take the oyle of sweete Almondes, Bengewine of eche five dragmes Storax calamita half an vnce. Let these things seeth together

together with sixe dragmes of Rose water.
 Than straine it, and let that whiche is strayned be
 made soft with two unces of whyte Ware, and Stora-
 rar liquida a dragme. Make it lyke a ceratum or plaister
 with the which the other things must be stamped and
 incorporated with a whote pestell. Put to it a dragme
 and a halfe of Muske, or els two scruples.

Another sweete balle meeter for the Sommer.

Take redde roses and Violets, of eche three unces
 and a halfe, the berries and leaues of Myrtle yf
 you can get them, coales of Willowe, of eche an
 unce: Jencyper berries, the Willes of Dreges, of eche
 sixe dragmes, yellowe or redde Sanders two dragmes:
 Bengewine a dragme, Camphyr two scruples. Make
 hereof a powder. Than take oyle of Roses an unce and
 a halfe, Storar calamita, Bengewine of eche two dra-
 gmes: an unce of rose water, or as much as shall suf-
 fice. Make that soft that is strained with two unces
 of whyte Ware. Make a ceratum, and beate all the rest
 together with a whote Pestell. Put to it a litle Muske
 siue or sixe graines.

Outwarde remedies to purge the ayer, the easyest, the pre-
 sentest, and those that are of the smallest pryce for men
 of small habilitie.

Parfüme some Jencyper berries of the roote clouen
 a sunder and dried, and of the other drogges befoze
 mencioned for the fyrst outwarde remedy.

2. Whatgre alone, or mixte with Rose water, for to
 sprinkle your chamber.

3. For to hold oftentymes in your mouth, and chaw;
 namelye whan you go out and keepe companye with
 men, there also the Wille and seede of a Citron, which
 geueth a good odour: Cinamome, Cloues, the rootes
 of angelica or Zedoaria, and such lyke, as are afoze menti-
 oned.

The fyrst Booke

4. For to smell with a sponge, or with a Handkercher daye and nyght, Palmsey, or other stronge wyne and sweete, as Muscadell alone, or els with rose water, wherein there hath bene tempered some aromati- call drogge already spoken of, as Cloues or nutmegs.
5. Or good Vlnaigre twyse as much as of colde wa- ter with a litle Camphyre, specially in Sommer.

A pouder agaynst the wormes.

TAke Cozlander prepared siue dragmes, Jencyper berries thre dragmes, Sothernwodde, Hartes hoene, coralline, of eche two dragmes: whyte Agaricke newe made in balles: Putmegge, Cynamome elect, of eche two scruples, make of this a metely fine pouder.

The whole summe of the regiment and gouernyng of a mannes selfe.

- I**t is necessarie that you be kept nete and cleane,
1. And all thinges in your house, flynge diligently and as muche as you can all euill ayre.
2. Auoide al excesse and superfluitie, specially in drin- king and eating, and from women.
3. Also from trauaile, and from excesse in sleeping and watching.
4. Beware of moyst meates and corruptible, and of all thinges that is cause of rawnes, and other euill humours.
5. Lyue soberly, drinke and eate at ordinary houres, and in good order.
6. Take your reste, and vse some neate and good ex- ercise or occupation.
7. Mayntayne and keepe youre naturall or accus- tomed boyding.
8. Be merie.

A soueraigne pouder agaynst the venyme of the plague for ryche men and for prynces.

Take

Take Sapphyre, Hyacinthe, Smaragdus, of one of these, or two, or of all, one Dragme: of Pearles, Bole armenicke of the best, the seedes of Oralis, of eche two Dragmes: of the scraping of Iuorie two scruples, of Unicornes hoine a scruple, of the seedes of Scimur halfe a scruple, yello we or redde sanders: Agallochi or Nilaloes of the best. Dozonici, Cynamom erquillite, saffron, of eche thre graynes, Muske syre graines. Make hereof a fyne powder. You maye leaue out the Muske for them that loue it not.

The vse of the saide powder and for other that folow halbe declared afterwarde.

A powder for poore folke, of no lesse efficacie and strength than the seconde.

Take bole armenicke of the best two dragmes: the seede of Oralis thre dragmes, aloes hepaticum lorum redde Cozall of eche a Dragme, the powder of Diamargariti frigidi two scruples: the powder of Diatrio santalon eyght scruples, the pylls of dyre Drenges, Cloues, Cynamome, Saffron, of eche fyue Dragmes. Make thereof a fyne Powder. You shall vse the sayde Powders with Conserues, or wythoute them, wyth Syzoppes, distilled waters, or rather wyth Iuyces, and other suche conuenient lycours

A drynke for poore folke, and in a places, where there is none or veyre lytle Iuyce, eyther of Syrope, cytrons, Lemons or Pomegranades.

You shall take the powder prescribed for poore folke conditi rosati, or conserue of Roses, conditi boraginis, or rather coraginis, of eche a Dragme and a halfe: of the

The fyrst Booke

of the sucke of Dralls two vnces Succiarantij, Succicor-
ginis extract with Rose water: of good whyte Vinaigre
of eche an vnce, and make thereof a drinke.

A drynke often tymes tryed, profytable, and wholefome,
the whiche as many men saye, was neuer found vaine.

TAke powder of Motherwozte, of the first, or of the
seconde two dragmes: the seedes of Sancti or of D-
renges: of Myrhe, of eche a dragme: the scra-
pinges of Hartes horne a dragme, mire them toge-
ther well beaten. You muste drinke this with whyte
Vinaigre befoze a ster: and as soone as there appa-
reth anye swellynge in the grynne or flanke, or vnder-
neth the arme hooles, or any where elles, the remedye
muste be readye: for it prouoketh great sweate where-
by the venim or infection anoydeth in euerye parte.
The Patient thus sweatinge his infected sweate be-
syde a syer, must be rubbed and dyed with whote lin-
nen clothes, whiche must be alwayes changed, untill
the sauour of the sweate begonne with rubbynge.
Of the sayde powders also a man maye make conser-
ues or opites after this maner that foloweth.

Opiate.

TAke of the fyrste or seconde powder, Drenge pillles
conserued, of eche an vnce and a halfe. *conditi rosati,*
that is to say, the conserue of Roses, the conserue
of Buglosse of eche two vnces, of the syrope of the
suyce of Citrons or Lemons or Drenge, or elles of
Dralls or omphacini, as much as shal suffice. Make ther-
of a liquide electuarie in forme of an opiate. Whereof
take an vnce or moze, & drinke after it some of the foze-
sayde lycours, and such as here followe. It shalbe wel
done, to mingle an vnce of Purcelane with the lycours
as foloweth.

A drinke

A drynke meete after euery takyng of the sayde opiate, or to be mixte with the takynges of the same opiate, for the strongest or meaneft men, accordyng to the place and tyme.

TAke the Iuyce of Citrons or Lemons thre vnces, of the wyne of solwe Drenge of whyte Rose water, of eche an vnce. And mire them together.

A drynke for poore folke.

TAke the Iuyce of Sorrell berre cleare thre vnces, of bitter or solwe Drenge, good whyte & cleare Vinagre, rose water, of eche an vnce. Make there of a drinke, putting to it a lytle Sugre if you wil.

A drynke to cause one to sweate.

TAke good triacle or Pythridatum a dragme, bole armenick of the best, or of the pouder of one of the herbes called cardiacæ, afoze discribed halfe a dragme: Scabiose water two vnces: water of Dralls, Buglosse or Bozage of eche an vnce: and make thereof a drinke.

Another drynke easye for poore folke.

TAke the decoction of Scabiose, and of the flowers of redde Poppye a glassefull with a lytle Sugre. Or a Pyslane made with Barley and Anyre seede and the rootes of Persley. Or of the decoction of Cyche peason, the rootes of Persley, the rootes of Succorpe: the one or the other decoction with sharpe Syrop two vnces, or with Sugre and a lytle whyte Vinalgre. These drinckes must be taken whote, the Patient beinge well couered in his bedde. The Triacle and Pythridate, although they be of great efficacie in this behalf, yet they are not meete for women with childe, nor for yonge childe. The vse also of them ought not to be often, nor in greate quantitie, when the feuer is
A. l. great

The fyrst Booke.

great. Some mennes aduise is to mingle the medicine for sweating wth some distilled water, or with the decoction of herbes, concerning the part to the whiche the venimous matter hath his course. Nowe yf a man knowe that the matter goeth to the head, they wyl that the patient take it for to sweate wth some distilled water, or with the decoction of Betony: but if it go to the vitall partes or to the brest and hart, with the water or decoction of Bozage, whiche is very Buglosse. Yf it go to the belly and bowels, with lycour of Wormelwodde. Yf to the lyuer, then with the decoction, or water of Agrimonie, which is the true eupatorium.

An epitheme or medecine to laye the region of the harte to coole it.

TAke Rose water foure vnces: water of Violettcs and of Pemppher of eche thze vnces: water of Buglosse, of Oralis, of wine of pomegranads of good Vlnaigre, of eche two vnces: of Coriander prepared thzee dragmes, redde Roses, flower of Pearles of eche a Dragme: of redde Sanders halfe a dragme: of bothe Coralles, of Camphyre, of eche a scruple: Saffron half a scruple, myngle them together. And make thereof an Epitheme.

An Epitheme for the Harte good for poore folkes, whiche maye also serue for the Lyuer.

It is made of twelue vnces or a pounde of Rose water, of thzee vnces of good whyte Vlnaigre, putte tynges to it in Sommer whyte and redde Sanders, of eche a dragme. Yf it be in Winter, in stede of Sanders you shall put to it Cloues, the flowers of Pardus celtica, or of Lauendar of eche a dragme.

An Epitheme or medecine for the Lyuer.

TAke the water of Surcoupe in Latine ambubeia, Rose water, of Oralis of eche foure vnces: whyte Vlnaigre

Alnagre: wyne of Pomegranades of eche two vnces:
pouder of Diarhodon abbatis two dragmes: the pou-
der Diamargariton frigidum, whiche is a confection
made with Pearles, one dragme: redde Sanders halfe
a dragme: Camphier halfe a scruple. Make thereof an
Epithemr.

Locall medecines, and fyrst a plaister or oyntment, for to
drawe and dissolve.

TAKE the rootes of Narcissus, or of Flowerdeluce
with his oyle, and braye it with Honny. It is good
for a delicate bodie, and easeth all the payne.

Another easie drawyng medecine.

TAKE Rue or Dogon brayed with Triacle, or Tri-
acle alone, or of a Radishe roote cutte into lytle
rounde peeces, and laye on one after another, and
chaunge it often tymes.

Another very good in maner of a plaister.

TAKE Diachylum, two vnces, Ammoniacum, Galbanum, of
eche halfe an vnce and put them together.

Medecines of the kyndes that burne the skynne or fleshe
called medicamenta caustica, or vesicatoria, whereof the
fyrst is very stronge.

A Plaister of Cantarides, and of vnfleckt lyme mix-
ed with oyle of Walnattes in Acce of a lancet,
for to get out the swellynge.

Another plaister.

TAKE the rootes of Parc ille or of Billes sodden
with ashes, of Pigeons dung of eche equal parts:
of melligo anacardina called mel anacardinum as much as
shall suffice. And mak thereof a plaister.

R. ii.

Take

The fyrst Booke.

Another stronger.

Take fermentum acris, solwe Leuen, Sope, Figges, olde Malnnttes, of eche half an vnce, his florentine mustarde seede, vnsteckt lyme, Calcanthum, that is to saye romain Vitriol, beaten together of eche two dragmes: as muche Turpentine as is nedefull. Make of it a plaister.

A medecine that cleanseth and purifieth.

The yelke of an Egge mixte with a lytle Barley flowre or wheate flowre, putting to it honnye roset. It is verye sweete & mete for a delicate body.

Another of the same very good.

Take the Iuyce of Carlyke five vnces: the Iuyce of Wormewodde, good Honny of eche three vnces: Barley flowre or wheate flowre, or flowre Darnell or Bearebarley two or three dragmes. Seeth it vntill it be somewhat thicke, and make of it an ointment that mundifieth or purgeth the soore.

A playster incarnatyfe.

Take the leaues of Pimpernell, of Betaine, Vertuin, semperuiui tertij, commonly called Vermicularis, of the lesse Centorie, of eche a handefull and a halfe: seeth it in whyte wyne vnto the halfe. And being strained put to it Rosen, Mare, sheepes suet, of eche three vnces. Seeth all together with a lytle womans milke put in it, vntill the Iuyces be consumed. Than when you haue taken it from the fier, put to it when it beginneth to be colde, Rosen, Turpentine, three vnces, cleare Masticke and proued ten dragmes, aloes hepaticum two dragmes: mingle them and sturre them with a porricke, and make of it a plaister.

A repercusyfe and resolutyue oyntmente agaynste
the Canker.

TAke Lead burned and washed, Pompholir which
the Apoticaries do cal pil, Frankensence, of eche
two vnces, Wormewodde, of that which is called
absinthium ponticum halfe an vnce, oyle of Roses three
vnces, Ware syre dragmes: the iuyce of nightshade,
as muche as is sufficiente for the thickenesse of the
oyntment.

A playster dyapompholigos of Theodoricke, for to stoppe
the gnawing and eatyng of the canker. It is repercus-
sive, refrigerative and desiccative.

TAke good oyle of Roses, whyte Ware, of eche
two vnces: the iuyce of the redde graines or ber-
ries of the herbe called Solanum two vnces: redde
Lead washed an vnce: Lead burned and washd, Pompho-
lygos commonly called Tutia, of eche half an vnce: fran-
kensence of the male kinde two dragmes. Make there-
of a playster.

An oyntment verye sweete for cankers that haue corrupte
matter in them, whiche also alayeth the payne of those
that haue no corrupt matter in them.

TAke good Ware, Turpentine, Bulles suet, the
newe & fresh marow of a Deere or Calfe, oleum rici-
nium, newe and freshe Goose grease, Honny elect,
Frankensence, Diphzir, Pompholir, of eche equal por-
tions, and of celsipum thysse as much, without y Fran-
kensence the authour thinketh it wil be sweeter, but
with it more resolutyue and wyl rype it the sooner,
and is better for Cankers that haue no corrupte mat-
ter in them.

An oyntment of a merueylous vertue agaynste the eatyng
and running of the canker, and to take away al the griefe
of the same.

R. iiii.

Take

The fyrst Booke

Take Rue or Sumach sextarios threer. Pilles of Cy-
pres thre vneces, Galles not ripe, Cassia of eche an
vnce & a half: Vinū adriannū, that is to say: wyne that
byndeth, and olde wyne of good odour fyue sextarios.
All these thynges beyng brused together, laye them in
wyne thre dayes, and then seeth them thre or foure
waumes skyring it with a syse of Cypres. Then ha-
uyng wynged all oute diligently, and caste awaye the
thycke of it, the Iuyce wyll seeth in the thyckennesse
of Honnye, soz to be kepte afterwarde in a vessell of
Glasse.

This opntment muste be vsed alone without anye
mixture agaynst the sayde diseale, addynge to it some-
tyme a lytle wyne. If the medecine be to thycke you
muste make it liquide and softe, for the spckennesse
whiche possesseth the priuie partes of a woman, that
is to saye, the necke of the Matrice. If you dissolue it
in the milke of an Asse, it mitigateth the paine, also is
very profitable for al other scorching of the skynne that
runneth in length, & extendeth more and more, and
byngeth no inflammation. It is good for to dye by the
eares that haue bene of longe tyme subiecte to a run-
nyng and putrified matter of bloode corrupted.
Also for the Goumes that bee infected and wythered,
also agaynst the blcers that bee harde to heale, and can
not bee cutte, but wyth greate payne, yf it bee min-
gled moderately and reasonabyle. But howe is it that
softe and gentle remedies shoulde resiste suche a dis-
ease, to the whiche the roughest and the moste wyldest
geue place. The sayde opntment is to bee prepared
as foloweth.

Take Sumach a pounce: Pillles of Cypres thre
vneces: of vnrype Galles, of Cassia, of eche an vnce.
Vinū adriannū, that is to saye: Vinū astringens, foure
pounce.

A plaister mitigatiue, and very gentle for Cankers, special-
ly of the brestes or pappes.

Take

TAke Saffron, Poppye, Frankensence of the male
kynde of eche a dragme: Lithargyri, Plumbi vsti loti two
dragmes, Ceruse prepared an vnce and a halfe:
whyte Ware two vnces, Goose grease, newe and
freshe butter of eche thzee vnces. Rosacci boni soure vn-
ces. The pouder being brayed with the Iuyce of Ho-
rella must be mingled with the thinges molten.

FINIS.

Here after folowe manye

goodly receyptes, touchynge the handelynge
of dyuers metalles, all well tryed
and approued.

And fyrste for to harden yron.

TAKE Veruine, and Bray it stalkes and all, and
keepe the iuyce of it in some glasse. Now when
you will harden any yron, put to the same iuyce
as much of pisse, with the iuyce of a litle worme
called in Latyne Spondilis, in Dutche Engberlincker.
And let not your yron be to whote, but when you
see that it is indifferent whote, quenche it in the saide
mixon, and let it coole of it selfe vntill you see lytle
spottes vpon it somewhat yellowe, and than put it to
the sayde water. If it ware verpe blew, it is a sygne
that it is not hardened inough.

For to harden knyues, and other suche lyke.

Take

The fyrst Booke

Take the marowe of a Horse, wherein you shal coole your Iron.

For to harden a fyle or other instrument of yron.

Take olde Shoes and burne them, and make them into a powder, and put to it as much salt: cast this mirture vpon and vnder the Fyles in a Coffer or Chest of yron couered with a couer of yron: and lay the powder so that it may bee as much aboue as vnder, the thickenes of a strawe. Couer the sayde cofer with his couer, and put it into y^e sper vntil it be redde whote: after this let it fall into some colde water, & you shal haue the Fyles good and very hard. You may annoynt them also with oyle of Lyne or he Goates bloode.

To harden any other substance materiall.

Take the supce of Cynkefyle, with the supce of Wormewodde, and put it in some Glaske, than take wormes which you shal stampe, and strayne throowe a linnen clothe, and rubbe the whote yron with all, and than quenche it in the sayde supces.

To make any instrument of Steele harde and sharpe.

Take the leaues and rootes of Buglosse sodden in water, wherein you shal quenche your instrument of yron.

Another.

Take Dragonion with his rootes, and as much Meruine: seeth this in cleare water, and lette it coole, and ware cleare, and so annoynte your instrument with it. Also take mannes pisse mirtle with cleare water, made luke warme: in this quenche your instrument. Also you may harden it in good Mustarde made with stronge Vlnaigre. Also when you wyl harden any thing you must see that it be cleane neate and polished.

For to kepe it from cleauyng when it is a hardenyng.

TAke Tallowe and melte it, than powze it in colde water untill it ware thicke and swymme in the water the thiknesse of a syngar. Than take your instrument whote, and put it first thow the Tallow and then into the water. Some quenche also hurtles of masse in the iuyce of Rape rootes.

To make yron or Steele softe.

IF you will make yron or Steele as softe as copper, take vnsteckt lyme with as much Alume, well stamped firste in some morter: mixe wel these two things together, and laye them vpon some linnen clothe the thiknes of a synger or half a finger, and wzappe your instrument that you will haue made soft in it, and lay it so in some small sper the space of an houre, until the fier go out, and that your instrument be cold of it self, and than shal you finde it as softe as copper.

Another.

LAye your yron or Steele in a small sper, and when the sper is out, let your yron coole of it selfe.

Another.

TAke the water of Radishe rootes and quench your yron or Steele in it. Also you maye take the ashes mixte with vnsteckte lyme, and make thereof lye, the whiche you shall let runne thow the sayde substaunces: in thys lye steepe youre yron or Steele the space of a nyghte, and so shall you make it meete to cutte or engraue in. Afterwarde if you will harden it agayne you may quench it in colde water.

Another.

D.f.

Taks

The fyrst Booke.

TAke the yellowe flowers lyke to Marygoldes, the leaues bee large and as brode as the nayle of a mans finger: take them stawkes and all, & stampe them, and straine them thowwe a linnen clothe, and keepe the iuyce in a pot. Than put your yron or steele in the fier vntill it be redde whote, and then quenche it in the saide water, and it will be as soft as copper.

Another.

TAke some great snaples, and other great grounde woymes of equall portion, and the thynde parte salte. Than take an earthen pot, or some other platter of earth ful of holes, wherein you shal pouder or salte your snaples and woymes, and receyue the salte whiche shall melt and droppe from them into another pot set vnderneath, and the thickest substance will remaine in the vessel full of holes, the whiche you maye cast awaye. This done laye a stone vpon the pot, and seeth it vntill it some or froth no moze: then take it from the fier, and let it coole. In this water you maye quenche your yron or steele being redde whote, and by this meanes you shal make it as soft as copper, and so to harden it againe, you muste make it redde whote, and quenche it in colde water.

Another.

TAke the herbe called Fole foote, and distill it: then make your yron red whote, and quenche it in the same water. Also take snaples and stampe them with good Alinaigre, wherein you may quenche your yron or steele: Or quenche yron in the bloods of an Ele, and it will be lyke wyse softe.

Also take yron or steele, and wraппe it in Potters claye with a weate linnen cloth, and lay it in the fier, and afterwarde let it coole of it selfe. Take also the iuyce of Marubium, and the iuyce of Bilkoyle, with the iuyce of Radishe rootes mixt with good wyne, and quenche

quench e your yron in the mistron.

To make Christal soft so that you may breake it in peeces.

Take burned leade and Christal as much of the one as of the other, and breake it vpon a stone, than put this mixture into a melting pot, and melt it, and so shal you make it into what forme or fashio you will. The same may you breake and vse as you wil.

Another.

Take quick lyme any ashes of equal quantitie, and lye with it, passinge and straining it thowre the ashes and lyme nyne or tenne tymes. That done keepe your Steele or Christall in the same lye, the space of xxiii. houres, and you shal finde it soft.

For to soften yron.

Take the water that is vpon the bloode of a man whan he is let bloode, whiche you shall handsomely polure from the bloode. Than lay your yron in the fier until it be whote, than with a little fetter wet in the said water rub it so long with it until the water banishe awaye, and it will be soft.

Another.

Take stommed honny, the newe pisse of a he goate, alome, bozace, oyle olive and salt: mingle all well together, and quench your yron in the mistron.

To soften a lytle that which is to hard.

That which is to hard, keepe it so longe in the fier till it be very whote: Than take Wallowe, with the whiche you shall rubbe your matter, and let it so coole.

To mollifie and soften yron or Steele, in such sort that you may bow and winde it which way you wyll.

D.ii.

Take

The fyrst Booke.

TAke Camomille flowers with one parte of herbe Robert, and one part of Hieruine: put all this in a pottle with whote water, and so stoppe it that no smoke maye come out; than seeth it, and quenche your yron in it.

To solder all thynges, and fyrst yron.

TAke an vnce of salte Armoniacke, an vnce of common salte, an vnce of Earthe calcined, an vnce of belle metall, thzee vnces of Antimonium: stampe wel all together and sift or bolt it: this done put all in a linnen cloth, and wrappe it rounde about with potters claye well prepared the thickenesse of a synger and let it ware berpe dye: than put it betwene two pot hardes vpon a small spher, and let it heate by litle and litle. Afterwarde make the spher greater, vntill your whole masse become red and melt together: than let it so coole, and after make it into a poudre.

And when you will solder any thing, laye the two peeces that you wyl solder vpon a table, as nere the one to the other as you can, but you must laye some paper vnder the peeces.

This done, cast of the said poudre betwene the foyntes, and a litle vpon them: than make some crulle of potters, but yet so that it be open aboue: after this put some Bozace in whote wyne vntill it be all consumed, than with a lytle feather rubbe the sayde poudre, and incontinent it will beginne to boyle and seeth: and when you see it boyle no moze, it is a signe that the soldering and consolidation is made. And if there be any errescence or risynge vp, you must diminishe it by rubbinge it, for it will not be ryled.

To solder any whote thinge.

TAke gomme water, chalwke made in poudre, and make thereof a dowe or paste, wherewith you shal anoynt the thing that is a sonder, laying it vpon a table

table as is afoze sayde: than take awayne the dolwe o2
paste that is vpon the ioyninge of the two peeces, and
leane it on bothe sydes: than annoynte the ioynt with
Sope, and holde a whote cole ouer it, and by and by
the saide substance will melt. After this take awayne
the sayde dolwe o2 past and it done.

To soder copper.

Take halfe an ounce of copper, thze quarters of an
ounce of whyte Arsenick: melt the copper, and de-
uide your Arsenick in two partes, and caste one
part into the copper molten, mingle al together, than
cast into it also the other part: and than powze it vpon
a stone, and beate it small.

To soder yron.

File well to purpose and p2opozition the ioyntes of
the yrons, and than lay them in the fier, as is afoze
saide, casting vpon it some Glense glasse, and it will
be sodered.

A powder that wyll make all metall pliable and softe.

Take a quarterne of Antimonium, axinigia vitri, and
salte of equall quantitie: Make all together in a
pouder: than take of the same pouder thzee parts,
and one part of the metall and melt it.

Another vpon brasce.

Take salt stamped, Tartre, Saltpeter, axinigia vetri,
ashes of Vines, o2 Lyes of wyne, quicke lyme:
Make al this in pouder, and laye it vpon the place
that you will soder.

For to graue in yron or Steele, knyues and harnesse.

D.iii.

Take

The fyrst Booke

TAke one part of coales made of birche stamp, two partes of Vitrioll, with as much salt armoniack: Than stampe all together with Vinaigre, vntill it be lyke vnto a soft dovv or past. Now whan you will graue in yron or other thinges, make first the description or figures that you will graue, and that with Vermillion mirt with oyle of Line, and let it dried, and afterward couer it with the saide substance the thicke- nesse of a finger, the whiche the whoter it is layed vpon it, the sooner it will be done, but you must take hede you burne it not. And whan it is wel drie, take away the saide powder, and washe wel the grauing. Also some take two partes of Spanishe Greene, or one parte of common salt, and in stamping it in some moxer, they put to it some stronge Vinaigre, and than doe it as is aforesaide. Take also Vitrioll, Alom, Salt, Vinaigre, coales of Birche, and do as befoze.

To graue with water. one sloping of wood

TAke Spanishe Greene called Verdret, quicke Silver, Sublime, Vitrioll, and Alome of eche equally, stampe wel all together, and put it in a glasse, leauing it so halfe a day, stirring it often times: Than make youre description or figures as you will, with Ware or artificiall Ocre and Oyle of Lyne mirt together, or Vermillion mirt with Oyle of Lyne, than annopnte it with that water, and let it alone so the space of a daye: But if you will haue your description herre deepe graued, leaue it so standing longer. But if you will engrave wrytynge or Images, you shall make a ground of Ware, wherein you shall make youre description with the pointe of a Bodken euen to the bottome: Than powre the water vpon it whiche water will engrave it. Or elles you may laye vpon your description made as befoze is saide, some Mercurium sublimatum, and than caste some good Vinagre vpon it, and let it alone so halfe an houre.

Another

Another stronger and moore bytyng.

Take a quarter of an vnce of Spanishe greene, alu-
men pluma, salte Armoniacke, Tartre, common
Salt, of eche a quarter of an vnce, all being well
stamp and mixte with stronge Vinalgre, leaue it so
the space of an houre. And if you will that your descri-
ption bee highe or raised vp, write it with artificiaall
Ocre and Oyle of Line, brayed and mingled toge-
ther: and let it drye well: Then heate the saide water
in a panne leaded within, letting it alone vpon the fir-
er. Then take youre Steele and holde it ouer the saide
panne, vpon the which you shal powre of the said wa-
ter with a sponse, and so the water wil fall againe into
the panne, and there shalbe nothing lost. Do thus the
space of a quarter of an houre, but let not the water be
to whote, lest that the Oyle which was mixt with the
Uernishe go not out.

This done, rubbe ouer the saide substaunces with
ashes or quicke Lime, and than shall you finde that
whiche before was annoynted, whole and highe, and
the other engraue.

To make a colour of golde or siluer to laye vpon metall,
and to make also a ground of golde or siluer, vpon yron,
bellies, or stones, which shal not go of with water.

Take one part of Ocre, the seconde part of minium,
the fourth part of Bole armenicke, and as muche
Aqua vite, and bray wel al together with Oyle of
Line seede, and put to it also the bignesse of a litle nut
of gillissenstein, and, iiii. or. iiii. dropes of Uernishe. If
the colour bee to thicke, put a litle moze of the saide
oyle to it: Then straine it thoroowe a fine linnen clothe
into some cleane vessel, and it wil be as thicke as hon-
ny: and than rubbe what you will with it, and let it
drye, and than laye your golde or siluer vpon it.

A colour of golde to set vpon brasse or copper.

Take

The fyrst Booke

TAke a lytle pottle well leaded, and put into it thre vneces of oyle of lynesede, than take halfe an vnce of Masticke, and halfe an vnce of aloes hepaticum citrinum, and make it well into a pouder, and put it into the saide oyle, and couer it close with another pot wherein you shall make a litle hole aboue, that is to say in the bottom of the sayde pottle that shalbe vppermost. Annoynt the saide pottle well with potters earth and let them bee so close one vpon another, that nothing may come out: than put in aboue a sticke vnde at the ende, with the whiche you may styre it: and let all seeth as they do Painters vernishe. This done polishe well that which you wyl gilt, and laye the saide colour vpon it, and drie it in the Sunne, and if there be not inough, put moze on vntill it be well.

Another.

TAke dyse Vernishe, Amber, Alome, of these two as much of the one as of the other: than take Vernishe, and oyle of lynesede: seeth all together on a fier of coales in a pottle well leaded, that it may be well mirt together: then assaye it vpon a knife, and if it be to thicke, put moze oyle to it: but if it be to cleare or to thinne put moze Alome to it.

Another.

TAke halfe an vnce of aloes hepaticum citrinum, halfe an vnce of Amber, these two being made in pouder set them on a moderate fier in a pottle well leaded, but let it not be to whote at the first. And when all is molten, pouze some boyling oyle vpon it, stirring and mixing it well together with a litle sticke: after this let it coole, & straine it thozow a linen cloth.

Another.

TAke halfe an vnce of bole Armenick, halfe an vnce of whyte gomme, and set it vpon a fier of coales, putting

putting to it an vnce of oyle of Line seede, and when you may draw it in length lyke a threede, it is made.

A colour of golde vpon brasle.

Take oyle of Lyne seede well clarified on the fier: then put to it Amber, and also hepaticum citrinum, of eche a lyke, and being wel stampt, mingle it so wel with the oyle on the sfer that it may bee thicke, then take it from the sfer, and set it on the ground well covered the space of threede dates: And the brasle that you shall gilt, shall take the colour of gold.

To make copper of a syluer colour.

Take wine lees, alome and salt: bray well altogether vpon a stone: and put vnto it a lease or two of syluer, brayeng them also with the other foresayd things. Put all in a pot well leaved, putting to it some water: then cast your copper into it, and after rubbe it with a rubber; and so shall you see when it is ynough.

To gylte yron or Steele.

Take one part of wine lees, halfe a smiche of salte Armoniacke, and as much spanishe grene, and a little salt: Seeth all in white wine and anoynt your yron or Steele, with it when you haue well polished it: and so let it drye, and then gilt it with gold ground.

To make a water for to gilt vpon yron or Steele.

Take an vnce of the ashes of wine lees burned, an vnce of white wine, an vnce of Alom, half an vnce of salt gemma, alumen plum, the weight of two groates, Spanishe greene the weight of two groates, Copperous & weight of a grote, baye salt, a pint of ruening: seeth this vnto the half, and then put it in a new pot, laying vpon it. vii. or viii. new paper leaues, and a tile ouer that, to the ende it may take no ayre.

To

The second Booke.

To keepe all maner of yron, or Steele cleane, and also all
maner of instrumentes of warre.

TAke Lead fyled verve small, and put it in a potte
with oyle Olyue, vntill it couer it, leauing it so
nine dayes together: Than anoynt with the same
oyle, harnesse, swordes, yron or Steele, and it shal neuer
ruste. The grease of neates feete sodden is also good
for the same.

THE seconde Booke containyng

the maner howe to take oute quickly with water or
Lye, without hurtinge any thyng, all maner of
spottes of garmentes of clothe, veluet, silke,
or other, whether they bee spottes of
oyle, grease, wyne, or what so
euer they be.

To bryng a cloth that was stayned to his colour agayne.

TAKE a pounde of earthen pots bzused, and ha-
uing powred vpon it about foure pintes of wa-
ter, let it rest a night. Than powze out the Lie,
and put into the same two Dre galles, & a hand-
ful of drie birchen leaues, and let them seeth together
halfe an houre long, or vntill the leaues goe to the bot-
tome. Than let it coole, and luche colour as you wil
restore that was stayned, take the Wearings or flockes
of the clothe, of the same colour, and seeth it againe
with the saide Lie, leauinge it so to reste the space of
viii. dayes or more: for the Lie wil drawe vnto it selfe
the colour of the Wearings or flockes. Than powze it
out, and washe the clothe with it, and it shal receyue
his firste colour againe.

To take spottes out of cloth.

Take colde Lie made of the ashes of Beeche, and put to it a litle wine Lies, and of the olde claye of some ouen, put the clothe into it where the spot is, for it wil take al the spot out, than washe your cloth with cleane water, and drie it in the Sunne. And yf the spots be not wel taken out do it againe as befoze.

Another waye.

Take sixe vnces of alumen fecis, foure vnces of rawe tartre, two vnces of alome, half a dragme of camphye, halfe a dragme of Dragons blood: stampe them wel, and mingle them wel together. Than take sixe vnces of an Ore galle, three pyntes of cleare water, put all together in a kettle, and seeth it vntill it be diminished of the two thirde partes, than straine it throzow a linnen clothe, and thoughe the galle nor the camphye were not in it, yet the water wold be strong enough: whan you wil occupie it, bath the peece of new cloth in the saide water, and rubbe wel the spot with all: and whan the cloth is no moze weate w rubbing, weate it againe, and rubbe the cloth with it vntill the spot be out. This done, take whote water, and washe the place where the spot was: but if the cloth be white take a litle Sope with the same water, and distille it, and occupie it as befoze.

Another waye.

Take sixe Ore galles, and fowle as muche raine water, halfe a pound of Tartre, an vnce of Alom, stampe them small, and take a glassful of Vinalgre, into the which you shal put sixe dragmes of Vinalgre, oil wel brayed, powze al together, and seeth it vntill it be diminished of the two thirde partes, and than vse it as is afoze sayde.

A water to take spots out of whyte clothe.

W. it.

Take

The second Booke.

TAke foure vnces of alumen fecis, a pint of water, and seeth them vntill they be consumed to the .iiii. part.

Then take whyte Sope and cut it small, an vnce of Aloome: put al into the water, & let it stand the space of two dayes, & vse it for your whyte cloth as befoze.

To take spots of grease or oyle out of whyte cloth.

TAke wheye of mylke sodden with flower, keepe your clothe in it so far as to the spot, the space of a night: than wash it with faire riuer water, and hang it in the most heate of the Sunne: but if the cloth be of a noble colour, you may not let it be so whote lest the Sunne hurt the colour: for the heate of the Sunne soone hurteth faire colours.

To take spots of grease and oyle out of all sortes of cloth whyte or other.

TAke the water that pease hath bene sodden in, and keepe your cloth where the spot is in it, and than washe it with cleane riuer water, and hang it in the Sunne.

Another.

TAke colde Lie, lyes of whyte wyne made a litle whote, and mixe them well together. But you muste take heede they be not so whote and washe your cloth as befoze.

To take spots of wyne out of all maner of cloth.

TAke Lie made w ashes of beech, whyte wyne lees as much of the one as the other, laye your cloth in it a night, and wash it afterwarde with colde water, and drye it in the Sunne.

To take all maner of spots out of sylke.

TAke the iuyce of great and round musheroms of a sharpe taste, weate the spots in it the space of two houres, and than washe them with cleare water, and let them drye.

Al

To take all spots out of crymsen Veluet.

TAke the ashes made of nine twigges, and make therewith good Lie, whereof you shall take but a pinte, and put into it half an ounce of *alumen fecis*, and let it stand a litle whyle, and than strayne it. This done, take a dragme of *Alome*, half a dragme of *Spanishe Sope*, and half a dragme of soft Sope, a quarter of a dragme of common salt, and a quarter of salt *Armoniacke*, halfe a quarter of the ioyce of *Celandine*, a quarter of the galle of a *Calse*. Put al together and straine it thozow a linnen clothe. And whan you wil occupy of the sayd water, take flocks or shearings of *Scarlate*, and a litle *Waspl* smal, seeth all that a litle in the saide water, and than straine it thozow a linnen cloth, and you shal haue a faire water, which wyl take the spottes out of anye lyke crymsen colour. And what colour soeuer your clothe be that hath the spots, the same colour flocks or shearings muste you take. Not withstanding if it be not red, you muste leane out your *Waspl*.

A water to take al spots out of cloth of gold and veluet.

TAke rawe redde *Arsnicke*, *martens crydum*, as muche of the one as of the other, and whan they bee well brayed, powze some faire water vpon them, and putting the herbe *Cinkfoyle* to it, seeth it vnto halfe: and than let it coole, and set it in the Sonne two hours: than washe your clothe in it, and let it dye in the Sunne.

To make a sope that taketh out all spottes.

TAke a pound of roche *Alome*, beate it into powder: the rootes of *Iris* of *Florence* made in powder, halfe a pound of new layed egges, two pound and a halfe of *Spanishe Sope*, bray the sayd powders with the Egges and Sope, and make thereof round bals.

The second Booke

If one Egge be not inough, take as many as you shal thinke good. And whan you wil take oute any spot of grease, washe the place of the spot on both sydes of the cloth with sayre water, than rubbe it with the sayde balles and cloth vpon cloth. This done, washe out the odure with cleane water, and wring the cloth to make the grease or filth come out the better. Than washe it still with cleane water, and it wil be cleane.

To take spottes of blacke yncke or other thynges oute of wollen or linnen cloth.

Take greene Lemons or greene Orenge with their pilles, the which the Italians cal pomi d'adam or which of the two you will: take but the liquide moysture which you shal take out by pressing it, wherewith you shal rubbe well the spots, and than let them drye. This done, take luke warme water, and washe the saide spots, and let them drye againe. And if you see that at the first tyme the spots be not well inough taken out, do it once againe, and the cloth wil retourne to his colour againe.

To take spots out of Scarlate or Veluet of colours, wythout hurtyng any thyng at all the colour.

Take the iuyce of Saponaria, called of the Apoticaries condish, or lauarja the which you shal lay vpon y spot leauing it so an houre longe, if it be in Sommer, and foure houres if it be in Winter: Than take luke warme water and washe the spot with it, & if it scoure not cleane, put moze iuyce vpon it, or elles of the saide moisture of the orenge or Lemons: but if it be Scarlate not died in graine, laye vpon halfe Sope, and halfe iuyce: and than washe it with whote water, and the spot wil go out.

To take spots of oyle of from parchement or whyte paper.

Take

TAke sheepes bones and burne them, and make them into pouder: and rubbe the spot on both sides with the same pouder, and laye it so betwene two bourdes in a pzeffe the space of a nyghte and the spot shall awayne.

THE thyrde Booke, for to dye

threede, yarne, or linnen clothe, teaching howe to make the dying colours, and also to dye bones

and hoznes, and to make them softe,

vn to what forme and fashon

a man wyll.

To dye threede, yarne, or linnen cloth into a sad browne.

TAKE a ponde of bastarde Saffron, the which you shal put into a litle bagge and hang it in cluer water a daye and a night. Than washe it so muche, that it geue no moze yellow colour: this done, make a rancke of Saffron in a pot not to thicke, than a rewe of Saffron, and a rewe of ashes, and couer it well, and let it stande seven or eyght houres: than take eyght pottes of water, foure pottes of Vlnaigre, and putting the Saffron with the ashes in a long bagge and sharpe pointed at the ende: strayne yb. or. xbi. tymes the sayde water and Vlnaigre thoroowe it whote, And this is the last dying or colour. Than take againe as much water and Vlnaigre, and straine it thoroowe, and this shalbe the seconde dying. Do the lyke y thyrde tyme, & it shalbe the thyrde dying.

This

The thyrde Booke

This colour you shall heate, and laye your threede or linnen clothe in it the space of a nyghte, than hang it up without wynging or rubbing it. Do in like maner with the seconde colour and with the thyrde, but let it lye in it that seven houres long.

To dye threde or linnen clothe blew.

Take the berries of Ebulus, very ripe, and well dyed in the Sunne, laye them in Alnaigre. xii. houres than rubbe them with your hande, and strayne them thoro we a linnen clothe, putting to them some Merdet brused & Alome alone. If the blew be to cleare put moze Merdet to it, and laye your threede or linnen clothe in it.

A blew colour to dye all thynges.

Take an ounce of the beating of copper, a dragma of salt thre spones full of Alnaigre. Put all together in a laddell of copper: or some other stronge vessel of copper: and whan you wyl dye, put the salde matter into the whote decoction of Brasyl, and dye with it what you will.

Another waye to dye blew.

Take thre partes of ashes of lees burned, one parte of vnlicket lyme, and make therof lye, let it clarsse and than strayne it thoro we a course linnen cloth take. xv. pots of the same water, & powre it vpo a pound of Flaunders blew, such as is taken of the dyers caldrons, mingle them wel together with a stick. Than let it on the fyre untill you can skante endure your hande in it. But before you dye anye thing, you must haue your linnen cloth boyled in Alome and dyed agayne, and plunged afterwarde in the whote lye thwyle or thryse, according as you wyl haue the colour darke or cleare. The substaunce must be whote before you occuppe it.

To

To dye redde.

TAke half an vnce of Wasyll scraped, halfe an vnce of Clermillon wel bzayed. Boyle them together in raine water, and put into it the bignesse of a nut of Alome. Seeth all vnto the halfe, and dye with it. You maye seeth also the Wasylle thwyle or thylse putting to it at eche time a lytle Clermillon. Also you may make of it as many dyings & colours as you wil.

Another waye.

TAke vnselect lyme, and put a litle water vpon it, and let it stand a night, and after ward straine the clearest thorow a linnen cloth, and for euery pinte of water put in halfe an vnce of scraped Wasyl. Let it seeth vnto the halfe, and put to it halfe an vnce of Alome, set it vpon wodde, and let it heate but not seeth. Than you wil, haue that you wil dye ready prepared in such sort as here foloweth. Take lees of redde wine and put it in a bagge, that al the wine dreane out, and the lees ware drie. Make thereof balles as bigge as a hennies egge drying them in the Sunne, and burning them after into ashes, and of this ashes make a strong Lye, and make it verve whote, and than weate in it the thing that you will dye, drying it afterwarde, and than dye it with the soze sayde colour.

To dye redde.

TAKE for euery pounce of clothe a quarterne of Alome, and seeth it, and put the clothe in it two houres long. Than take the roset of Wasyl with gomme Arabiche, and let them seeth a quarter of an houre. Than straine it, and put into it your threede, clothe or any thing that you wyl.

To make fayre roset.

A. 1.

Take

10 The thyrde Booke.

TAke a pottle of water, an vnce of bzasil: seeth them vnto the halfe, than take them from the fier, and put as muche graine to them as you shall thinke good, and halfe a quarter of gomme. If you wyl haue but a slepyght redde, polure it into another pot, or put to it a quarterne of Alome in powder, and let it so stand a nyghte.

To dye wodde, bones, and horne, into greene.

TAke two partes of Spanishe greene, a thyrde part of salt Armoniacke bzay them well together, and put them in Alinaigre. And put into it the thinge that you will dye, couerpyng it wel, and so let it stande vntil it be greene inough. But befoze you dye anye thing, you must lay it halfe a day in Alome water, and than dye it well againe.

Another greene.

Put your horne, or wodde, or that you will dye, in a beverished pot, and put to it strong Alinaigre, mingling with it some Verdegrease that is very thicke and not cleare. Couer it wel, and let it seuen dayes together in a dunghill, and if than it bee not greene inough, let it stande there longer. A man maye do the like with Spanishe greene or Verdet.

To dye horne, bone, and wodde, into redde.

TAke quicke lyne, and cast some raine water vpon it, and let so stande a night: the nexte morning, straine the clearest thozowe a linnen clothe, putting to it soe euery pot of water, halfe an vnce of the scrapinges of Bzasil, and let them seeth wel in it: but yet they muste bee boyled in Alome firste, as befoze is sayde.

To dye yellowe.

Take

Take

Take

Take the barke of an apple tree, not the outwarde harde and roughe barke, but the inwarde, cut it in small loppins, and poloze some water vpon them, and than put in your wodde, bone, or hozne, to it with Alome. And let it seeth wel together.

To dye blacke.

Take Galles broken or brused in peeces, and seeth them in stronge Vlnatgre: and put your wodde, bone, or hozne in it. And let all seeth well together. Take them than out, and put them in whytes of Egges, puttinge to it the iuyce of walnuttres, and let them seeth well together.

To make horne soft.

Take mannes vryll, that hath bene kept thort, a moneth together, put into it a pounce of vnseckt lyme, and halfe so muche of ashes of burned wyne Lees, foure vneces of Tartre, and as muche salt. mingle al wel together, and let it seeth wel, and than straine it thurgh a thryse thozowe a clothe. This done, keepe the sayde Lye well covered: And when you will soften any hozne, let it lye eyght dayes in it, and the hozne will be soft that you may cut it, and dress it after what sort you wyll.

Or elles make a Lye of the ashes of the heades and stalkes of Woppe, and in the same Lye seeth your hoznes and other thynges.

To make any fygure in it, as that you shall imprync
make any fygure in it, as that you shall imprync

Take a pounce of the ashes where with Glasses be made, a pounce of quicke lyme, and a pounce of water, let them seeth so longe vntyll the two thynde partes be consumed.

℞. ii. Than

The thyrde Booke.

Then put a feather into it, and plucke it out agayne, and pille it betwene your fingers: for if the feather do pille, it is a signe that it is sodden inough. But if it pille not, let it seeth moore: and when it is sodden inough let it clarifie, and polye it out. Take then the splinges of horne, laye them therein two dayes together: Then annoynt your hands with oyle, and worke the horne well betwene your handes as it were dowe or paste, and than presse him into what forme or fashi- on you wyl.

Another waye.

Take the suyce of whyte Marrubium, and of Aleran- ders, and of Milfoyle, the suyce of Radishe rootes, the suyce of Celandine, and stronge Clnaigre. Mire all together, and put your horne into it well co- uered seuen dayes together in a donghyll. And than kneade it and worke it as you did before.

To cast hornes in a molde lyke leade.

Take ashes of wyne lees burned, and vnsleekt lyme, and make thereof a stronge Lye, and put into it the splinges or scrappings of horne, and let them seeth wel together, and they will be as it were pappe, and put into it suche colour as you will haue it of, and than cast it into what moule you will.

To make cleare stones of Amber.

Seeth Turpentine, in a panne leaded, with a lytle Scotts, stirring it until it be as thicke as paste: & than polye it into what you wil, and set it in the Sunne eyght dayes, and it will be cleare and harde inough. You may make of this little balles, bastes for knyues, and many other thynges.

Another.

Take

TAke the pelkes of sirtene egges, and beate them wel with a spon: than take two vnces of gomme Arabicke, an vnce of the gomme of Cherry trees: make these gommies into pouder, and mire them with the pelkes of the egges, let the gommies wel melt, and powre them into a pot wel leaded. This done set them sirtene dayes in the Sunne, and they wll become harde, and thynne lyke glasse, and whan you rubbe them, they will take hy a strawe vnto them, as other Amber stones doe.

To polishe and to a glosse or lustre vnto precious stones.

TAke pouder of Antimonium, and disperse it abrode vpon a table of lead that is very even and smothe. Polishe vpon this table your stone, and it shall keepe and maintaine him in his lustre and glosse.

To make a stone that shall gyue gyue fyer and burne of it selfe yf you weate it with your synger.

TAke the Lode stone that hath vertue to drawe yron to him on the one syde, and to put it away on the other syde. Put it in a pot leaded, and put to it foure pounce of Pitche, and a pounce of Brimstone, lute and clape wyl your pot, and set it in a Forneyse, getting it a smal fier the space of a daye and a night augmenting the fier the seconde daye and the thyrde daye more, vntill the stone be on fier.

After you haue made this stone on fier, and haue in this maner burned it, as is before saide, you shal let it coole agayne, and your stone is prepared and made to giue fier when you wil.

To mollifie or soften chrystall and precious stones so that you maye cut them lyke cheese, and that beyng put in a moulde they shalbe harde agayne.

The thyrde Booke

TAKE in Auguste the bloode of a Goose, and the blood of a he Goate, and let it drie until it be very harde: And whan you mollifie and soften Chry- stall or precious stones, take of the sayde bloodes as much of the one as of the other, and make it into pou- der: and than powre some Lie made with the ashes of burned Lies of Wyne, and let them be intermingled together in a pot, putting to them a dishe ful of strong Wynaigre. And whan you wil soften your stone cast it in the same, and heate it a lytle and the stone will be soft so that you may cut and fashion of what sort you will: caste him after ward in cold water, and he wil be as harde with in an houre as ever he was: And than geue him his glosse and lustre as before is sayde of the other.

To counterfeyte perles which shalbe very fayre, and as they were naturall and trewe.

TAKE in Sommer the shelles of whyte Muskles, and scrape them cleane with a knyfe: take lyke- wise one parte of Shaple shelles, of the cleane- st you can fynde: and whan you haue washed them well, stampe them together in a mortar of stone, as fyne as you can, and washe them cleane in the Sunne vpon a linnen cloth, and then put them into a newe cleane pot, the whiche pot you shall lute and claye rounde aboute with lute of sapientie. And beyng dreyed in the Sunne, put it into a Fornyse, or kiln of Lym, and let it burne there as longe as men are wonte to let Lym burne.

Than take it out, and you shal fynde it touned into poudre as whyte as snowe. This done, take the pel- kes of Egges made cleane and broken a sunder with a Spone: Byngle the poudre with the pelke of the Egges in some cleane vessell: Than washe your handes cleane, and fashion your Pearles of what big- nesse you wyll, persyng them with a hogges byssell whyle they be whote. This done, set them in some
cleane

cleane thynge in the Sunne, and the whoter the bet-
ter: yet take heede there come no rayne to them: and
than polyshe them in redde wyne, and let them drye
again, and you shall haue sayre pearles.

THE fourth Booke & teachynge

diuers wayes of gyltynge, syluerynge, and dy-
ynge Copper, Iron, and other Metalles:

Likewylle to sozme, melt, and to make
certaine colours.

To prepare Mercury, and so to harden it that you maye
make it liquide, and worke it.

TH E Emperour Frederick made many
Images of this substance folowynge,
which seemed to be of silver, as at Vi-
enna and Pleustadt in Austriche, & this
invention was founde oute by mayster
William and maister Martyn his Al-
chemistes. To do this you must melt Saturne, that is
to say, lead, & powze it in a rounde meltynge pot while
it is whote. Presse into it litle rounde stones, that
you maye haue litle rounde holes in it, vpo the which
holes you shall laye a linnen clothe, and powze some
Mercury vpon it as muche as you wpll, settynge it so
in whote embers vntyll the Mercury be harde.

And

The fourth Booke

And whan it is harde inough, breake it in litle peeces, and caste them into stronge Alinaigre, and seeth them in it a quarter of an houre. Or els take the iuyce of the herbe called Longdebeffe, with a litle Alinaigre and oyle, and seeth in it some peeces of your Mercury broken as befoze, and by this meanes it shalbe moztified very wel, other wise it wouide reuiue againe. This done, take two vneces of salt Armoniack, halfe a pot of Alinaigre, and powze it with your Mercury sodden in a pot leaded, and luting and stopping it verie wel, let it stande. viii. or. x. dayes: soz by this meanes the Alinaigre taketh away al the rednesse of the Mercury. This done, put your Mercury in a pot wel luted and set it in a Forneyse vntill it be wel burned, augmenting by litle and litle the fier, that it maye keepe the fier long in a like & temperate heate, vntill it make certaine choppes or cliftes, and than it is a signe that is inough. Than put the Mercury in a pot, in the botome whereof there muste be some Wzimestone: stoppe wel the pot, and set it in whote embers or ashes, or by on a fier of coales, that it maye heate by litle and litle, and that the Mercury maye receiue the smoke of the Wzimestone. Do so once a day. xxx. dayes together, and than take out the Mercury, for it is harde inough to beate and caste. Take of this Mercury fise vneces, and ten vneces of Venus, that is to saie Copper, melte them together, and it shal seeme at all trialles, that it is trewe Silver.

A substance made of paper or other thynges, to expresse or set outte anye maner of fygure that you wyll, vpon whyte yron, &c.

Laye your paper or parchement ouerthwarte the white yron, than weate it on the out side, and let it drye againe, than take it of, and you shal see the print of it vpon the whyte yron.

To gylt well.

Seeth

Setth your Syluer in Tartre, make it very cleane
scrubbing it with brusshes, and put it into the Tar-
tre againe: than take two partes, one part of salte
Armoniacke, one part of Clerdet or Spanishe greene,
two partes of the beating of Copper: stampe all this
small and sifte it, and put it into the Tartre with the
Syluer, it wyll get a redde colour, vpon the which you
shall gylte.

Howe to braye golde for to gylte wyth.

Take a dragme of fyne golde, beate it well, and put
to it two dragmes of Mercury mirt together: than
set a melting pot on the fyre, and whan it is glo-
wing whote, put the golde with the syluer into it, and
whan the Mercury shalbe in parte banished awaye in
vapour, powre it into a dishe, wherein there is a lytle
water, and washe it out, & it shalbe ground & brayed.

To gylt Copper.

Make a bottom or grounde of quicksilver vpon the
copper, than gene it one gylde ouer w ground or
brayed golde, than set it on the coales, and whan
it smoketh take it awaye, and part or disperse it with
the brushe of copper wyer, and than set it agayne on
the fier untill it be liquide and softe, or melte, or drye,
and whan it hath been so longe vpon the fier that it
hath gotten a redde colour, take it of, and make it
cleane with your brusshes of copper wyer, and than bur-
nysh it, and it is done.

To gylt yron.

You must boyle your yron in Alnatgre, Salte, and
Nitriol, and if the yron be great, annoynt the yron
aboute with it, being whote, untill it make it redde,
than laye on your grynded golde, as before.

R.t.

To

The fourth Booke.

To take of the golde from syluer that is gylt, so that the syluer shall remayne whole and sounde.

Put about your gilded syluer some Brimstone, than take natural Mercury in a Goldsmithes meltinge pot, or other vessell according as it oughte to bee, and heate it, and put your gylt syluer into it, the Mercury wil drawe the ground vnto him, than rubbe your syluer with a brushe ouer the Mercury wherein the golde is, than heate your syluer, and boyle it again in the water of Martre, and it wyll be cleane.

When you wyll take your Golde out of the Mercury, put it in a litle bagge of leather, binding it and stopping it aboue, as men do Mercury, without ouer a basin, and that whiche remaineth in the leather, put it agayne in a meltinge pot vpon the fyre, and let the Mercury vanishe in a vapour, and goe awaye in the smoke. When take that whiche remaineth, and powze it in a melting pot, and you shall fynde your golde.

To separte Syluer from Copper, be it money or otherwyle.

Take halfe an vnce of Verdete, or Spanishe greene, an vnce of whyte Nitrioll, as muche of Brimstone, half an vnce of Aloome: seeth all these things with a glasse full, or as muche as you will of stronge Vniuersall, and put your syluer into it. Your syluer wyll remayne whole in the glasse, wherein you sodde it, and the Copper consumeth in the most humour.

A powder whyche beyng layed vpon anye thyng syluered wyll take of the syluer from it.

Take a pounce of Rayne lees, a pounce of Arsenicke, a pounce of common Salte, a pounce of gylte Lime: mixe these together, with the yelks

of Egges, and put them in a pot, whiche you shall set
in a Fornepe to sublyme, and when it shall smoke
some what yellowe it is ynough.

To conuert and tourbe copper into brasle.

TAKE Copper what quantitie you wyll, and the
thyrde parte as muche of Lapis calaminaris, made in
pouder, and put them rogerther in a melting pot,
let them melt rogerther the space of an houre vpon the
fyer, and then powre them out.

To melte all metall perfectly.

WHEN the metall is molten: you shal put the
fourth parte of auxungia viri besyde it, and it wyll
melte perfectly.

For to geue a coloure of Golde vpon
Copper.

TAKE halfe an ounce of Copper, a Dragma of Tutia
alexandrina, two partes of Dates, two partes of
Figges, Grapes of a wyld vine blacke, of the
bygnesse of thre Basell Nuttes; Make the bygnesse
of a Basell Nut. Stampe all the sayde thynges toge-
ther, and make it lyke paste, and beate your Cop-
per verie thynne, and than cut it in peeces.

Thys done, make one rowe of the sayde mixtion, and
a litle Tutia vpon it, and than poure Copper vpon
that, than some of the sayde mixtion, than agayne of
Tutia, and than of Copper, alwayes bedde vpon bedde:
Thys done, lute oz clape by the Croset oz meltinge
pot that they are in, and set it on the fyer, lettynge all
the sayde thynges melte, and than powre them oute,
and it wyll be lyke Golde.

R. II. Some

The fourth Booke.

Some take also Tarte, Beane flower, Tutta, as muche of the one as of the other, keepe them well in Tlinaigre, and than dye them, and lay them bed vpon bed, for euery vnce of copper an vnce of the sayde powder, and it wil take colour as is afoze sayde.

To make Verdet or Spanishe greene.

Take Brasle or fyled Copper, sprinkle it with old piss and salt Armoniac: laye the Copper vpon a bourde in the Sunne, and whan it is dye, sprinkle it againe vntill it ware greene. Thus is Verdet made. Take Copper beaten lyke a plate, make it cleane, and braye some aramentum vpon a stone wpth pyss, and annoynt the copper plate on euery side, and let it dye in the Sunne: than put it in a pot leaded and set it on the coales, and let it heate the space of two houres, and sometyne open the pot aboue, and whan you see blacke smoke come out of it, take the pot from the fier, and let it coole, and open the pot for to take out the copper plate, rubbing it into powder betwene your handes, and that whiche will not yet tourne to powder: doe it againe in all thinges as you did befoze, vntill it maye be made into powder: than washe it with whote water or pyss in a basyn, and let it stand styll, for the copper wil go to the bottome, and the aramentu wpll swimme aboue: than powze it oute and dye the copper in the Sunne. This done, take of the sayde powder a pounce, of Tarte calcined two vnces, beate them together with childe's piss, and let them dye. Than put them in your pot, and burne them as befoze with a greate fier vntill you see a greene smoke come out of it: and than let it coole againe, & open your pot and you shal fynde it faire and greene.

To make a whyte colour of leade.

Take leade as much as you wpll, scrape it cleane on both sydes and cut it into plates thre synger brode,
and

and a handfull longe or more, making a hole at the ende of eche of them, hang them on a corde, and take a palle of oke or a pot of thze handfulls long that hath a cleane couer: Than hang your plates of lead round about the pot within side, & powze into it two pots of good Vlnaigre, and a hande ful of salte, stirring them together bpōthe fier vntil they be ready to seeth, than couer the pot well that nothing bzeath oute, and set it in a warme place, leauinge it there. r. dayes together: than open it, and take out the plates of lead, and you shal finde at eche syde of the plates a whyte colour of a finger thicke, take it of with a knife, and put it in a cleane glasse. This done, hang your plates of leade againe in the pot, as befoze, couerynge them well as is saide, and settinge it in a warme place, and at the. r. daye take of the whyte colour with a knife as befoze, and hang them againe in the pot vntill you haue gotten whyte colour inough. Than bzape all well together in a morter putting to it a litle water the space of halfe an houre, vntill it be thick like gruell. Than put the sayde powder in a pot or twaine: and set it in the Sunne, and let it drie and harden, and than shall you haue your whyte colour of lead. But you muste note that you muste alwayes hang the plates of lead in the pot again at euery time as long as they wil continue, and if the Vlnaigre diminishe, you muste renewe it agayne.

To make Lutum sapientie.

Lutum sapientie is a morter or clay for to lute or plaster the Limbeckes or pots that are set on the fier, because they shall not bzeake or cleaue. To make this Lutum sapientie. Take the best Potters earth you can fynde, put in a dishe or platter of earth, or in some other vessell, and powze vpon it Wyne mirte with horse dung, castynge awaye the longest beares of the dung, mingle it syner all together vntill it be as thick as paste, wherewith you maye paste anye thyng: not
R. iii. with,

The fourth Booke

Withstanding put in it alwayes good Salte for keeping it from cleauynge.

To lute or dawbe pottes with a linnen cloth that wyll not burne.

Put your linnen cloth in Salte water, and let it dye of it selfe, than weate it in pelkes of Egges wel beaten, and whan you wyll lute or plaister any pot with it, geue it one touche vpon it very thynne with the soze sayde *Lutum sapientie*.

For to solder glasses.

Take minium, and halfe as muche of quicke Lym, and the meale or flower that hangeth on the mille sydes or walles, and the pelke of an Egge, in all this let a linnen cloth be weate and holden before the syer that it maye be clammie meete to cleaue or stycke fast, and so lay it faire and softly vpon the broken place of the glasse.

Another *lutum sapientie*.

Take Potters earth very cleane two partes, horse dong one part, a lytle powder of a Wycke, and the spling of yron, and a plaister of quicke lyme: and mingle it with salte water, and the pelke of egges: and make thereof a paste for to lute or clay pots with all. Or elles take dye earth, and stampe it small, and sifte, ite cast vpon it some wheate flower rancke vpon rancke, and than the pelkes of Egges and Ainaigre, and mingle all together. Than plaister or lute glasses pottes or limbeckes with it, and dye them in the shadowe, and they will neuer faile nor breake in the syer. You maye also mingle it with Dre bloode in steede of water, it is also good for that purpose.

The

fifte Booke & touchynge

all separations of gold, of siluer, of copper, and
other metalls, and how a man may try them
and to vse them profitably. Which is a
thing very gainefull for all gold-
smithes, marchantes and o-
ther that haue needs
of it.

To separate gold from syluer.

Take small the syluer wherin you thinke
there is any gold, then cut it in smal pec-
ces: than you shall put aqua fortis, in a glas
of separation vpon a litle syer vntill it be
hote, & cast vp little bubbles like bolles.
Then powze the water out into a cuppe
of copper and let it coole and by this meanes the siluer
will sticke about the cuppe, the which you must let dry
in the cuppe: and whē you haue powzed the water out
melt the syluer in a hollowe sharde, and then take al-
so the gold oute of the glasse of separation, and melte
it in one.

Another waye.

Take syluer that is gilte, lute it vpon a pot hard or
a tile with leade, then turne it as thyn and as fine
as you can vpon some thing, then cut it in croked
and wretched peeces, and put it into the glasse of sepa-
ration, powze in vpon it aqua fortis a finger hight aboue
it, stoppe the hole aboue that it breath not oute, then
hold it vpon a slowe fier vntill the syluer be dissolued in
to the water, the gold remaineth in the bottom which
is black: then cast oute this water into a cup of copper
as befoze, and powze vpon it some cleane water, and
the syluer wyl beginne to gather into a curd and wyl
goe to the bottome.

R. llll

Than

The fyfte Booke

Then powze oute the water againe, and dyse the Silver with a sodayne heate. This done, put it in a croset or earthen pot, and melt it, and being molten powze it out, and do the lyke with the golde, and whan you put it into the melting pot, put to it a little Bozar.

Another waye.

TAke antimonium, and put it in a melting pot that is with a sharpe pointed bottom, and melt it. Take also the Silver that the gold is in, and melt it and powze it into the antimonium, the golde will go to the bottom, and the silver will tarye in the antimonium. Then take halfe an vnce of copper, and two vnces of lead, and the antimonium, let them melte together, and powze them into an earthen pot, the antimonium wyll burne the Copper, and the Syluer wyll abyde vpon the pot.

For to seperate Golde or Syluer wythoute fyer or aqua fortis.

TAke two partes of salt Armonack, and one parte of Wymstone, beate them into powder, than annoynt your vessell, dishe, or any other thinge y^e is gylded, fyrst with oyle olyue, and than disperse the said powder vpon it, & whan it is so fast vpon it, set it to the fyer, and beate it ouer a vessell of water, and the Golde wyll fall out of it.

To separate golde from Syluer with a powder.

TAKE an. viii. parte of Wymstone, a. xvi. parte of salte. iiii. vnces of salte Armonacke. ii. vnces of minium, and do as afoze is sayde.

To make golde softer.

TAke Mercury sublimed, salte Armonacke of erbe a lyke, make them into a powder, than put your golde into

of secretes. 69.

into a melting pot, and whan it is molten, put to it a litle of this poudre and it wil be soft.

Another waye.

Take half an vnce of Vitrioll, half an vnce of Verdēt, half an vnce of salt Armoniacke, half an vnce of burned Masse: al being mingled with aqua fortis, let it so repose in the heate two dayes, and than let it harden: doe this thre times with aqua fortis, and let it drye: make it in poudre, and put alwayes vpon it half an vnce of gold, a dragme of poudre, and powre it thre tymes into it, and it wil be softer.

To make golde and siluer softer.

Take Honny and Oyle of eche alyke, and quenche your golde and siluer, being whote and glowing, thre or foure tymes in it, and it wil be softer.

To soften all mettalles, and other rhinges that are not softe, so that they shalbe softe and gentle to be wrought vpon or forged.

Take Mastike, Frankensence, Myrrhe, Borax, Veruix, of eche halfe an vnce, make all into a poudre together, and cast the bignesse of two or thre peasen of it vpon y harde things, and they wil be soft and tender. Take what metall you will, heate it vpon coales, and quenche it in the water of salt Armoniack and it wil be softe.

An oyle that maketh all metalles softe.

If your syluer be not soft, melt it, and powre into it this oyle that foloweth. Take Saltpeter, Tartre, Salte, Verdēt, boyle all together, untill the water be consumed, powre vpon it pisse, and let it so consume, and you shall haue an oyle of it, the which you shall

S. l.

put

The fyfte Booke

put into your silver whyle it melteth, and you shall make it soft.

To separate golde from copper.

Make a Forneyse with a hole, that you may put in a pegge or two, the whiche you maye take oute when you will, and vnderneath in the bottome of the Forneyse a gutter or hole, that the king whiche is the golde maye remaine in it. Take twyse or as much Lead as Copper, and put it vpon the hole or gutter of the Forneyse, powring it alwayes vntill there be no more lead: Then take an yron mete for the purpose to take away the skynne of it, that it maye be cleare and neat, for than shall the copper be well prepared. This done, take a quarterne of common salt, of bysmstone a quarter, of saltpeter a quarter, of ozpiment a quarter: stampe these so lowe well in a mortar, and powze the said powder vpon the copper, when it beginneth to run and melte, the gold wil go to the bottome, pluche the pegge oute, and the king will remaine in the hole or gutter, take it out afterwarde with Lead or Antimonium, and you shall fynde the Golde.

Another waye.

Take Antimontum, and melt it with your Copper and being molten you must skimme it well, than powze it into a dishe of stone, adding to it quickly as much quick silver, couer it wth another dishe, & make it well together, the powder draweth the golde vnto it and when it is colde agayne, open it, take the Mercury out, and put it in another dishe, the which you shall set vpon the fyre, that the Mercury maye go a waye in a smoke, and you shall fynde your Golde in the bottom.

A powder to separate golde.

Take salt Armoniacke, Verdet, of eche one parte, Saltpeter two partes, Antimonium as muche as all the rest together, make them into powder, and
do

of secretes. 70.

do as befoze, and the Golde wyll go from the Copper.

To washe Golde from Copper.

Take the Copper that is gilt, and weate it in water, and than put it in the fyre, and let it be whote and than quenche it in colde water, and the golde will come of: rubbe it of with a brushe of Copper wyer, and it wyll goe of.

To get together the golde out of the threedes of clothe of golde.

Bearne the golden threedes into powder, and braye the sayde powder small vppon a Marble Stone, and put it in a Basyn, than polure vppon this powder some water of Tartre and quicke siluer, and do as befoze, and you shal haue fyne golde.

To gylde so that it shall not out with no water that is.

Take two partes of Oyle, two partes of a Pomise stone burned vntill it be whyte, Tartre the bignesse of a good walnut, braye the sayd colours together with oyle of Lyneseede, and fine droppes of Verner, straine them thoro we a linnen cloth, and you shal haue the substaunce to gylde withall.

To gather together into one, the golde that is scraped of from letters and Images.

Take the scrappinges and put them in a glasse full of water, vntill the chawlike where vppon the Golde was layed, bee thoro we softe, washe it afterwarde betwene bothe your handes:

S. II.

and

The fyfte Booke

and seperate the best you can the chalke fro the gold: take the rest, and grinde it vpon a grinding stone.

This done, put it againe into a glasse: than put some well brayed and smal, in a cuppe of copper, and powze the water vpon it: let it seeth well: and than powze the same water agayne into the glasse vpon the substance scraped, puttinge into the water some quicke silver, and shaking it and mouinge it together a good space. The quicke silver draweth to it self al the gold: than powze out al the water, and put the quicke silver in a peece of wyld Goates skinne, the which you shall bynde well aboue: than make a hole with a needle, whereby you shall wyng and make the quicke silver to come out, and that which shall remaine within, shalbe fyne golde: and if the golde be not very faire, do vnto it as vnto the golde before.

To take gylte from a cuppe that is gylted within.

TAke Pyrethrum, and seeth it in stronge Vlnaigre, so that there maye come no smoke nor breath out of it, than powze into a cuppe gylte within, and the golde will go of, and go to the bottome. For the profe therof. Caste a silver ring gylte into it, and you shall fynde the experience.

To make golde softe after the melting.

TAke as manye wedges of gold, as you haue molten, & put them one night into a Forneyse of mortar in a pot: let them be thorowly whorled, but yet not so that they melte, and they wil be after ward very faire and softe.

For to giue a colour to the gold that it shalbe softe.

TAke salte Armoniacke fired with quicke Lym, for it is very good, worketh very handsomely and finely: but it is better to take of Viride aris, prepared and

and than melt the gold, & so may you colour your gold.
The Viride aris is thus prepared: delay it in Alinatgre, &
straine it thowwe a felte, and let it congele, and whan
it beginneth to ware thicke, put to it some salt Armo-
niacke, and let it harden a great whyle, oꝛ elles powꝛe
it vpo a cleane marble stone, and than melt your gold
with it, and keepe it well: soꝛ it will serue you also soꝛ
other thynges.

To boyle golde or syluer to make it receyue a fayre
coloure.

TAke Tartre well bzayed, and put to it some well
water oꝛ raine water, and that whiche you shall
boyle in it shall be faire.

To geue a colour to golde.

TAke the heares of a man to þ bignesse of a synger,
and laye them vpon quicke coales, & holde youre
golde ouer them with a paire of tongues.

TAke faire water, melte lead and put it into it di-
uers tymes, the oftner the better, yea and it were
twentye tymes. Than take whiche you
woulde make heauye, & heate it ten tymes,
and quenche it in the sayde water, and you shall fynde
it trewe.

For to make syluer fyne.

You shall put Syluer into a pot of earth, and to eue-
ry marke of Syluer put thye vnces of Lead. Let it
be molten together, vntill the flower of it ware
red. That done, put it in another earthen pot, putting
to it soꝛ euery marke of syluer sixe vnces of Lead, and
that powꝛe it, oꝛ straine it, and it will be fyne.

S. iii.

Ro

The fyfte Booke

To make syluer fayre and whyte.

You shal put salt and Tatre made in pouder, in a pan of Copper: put some raine water to it, and let it seeth well, for it will become whyte: but before you seeth them, you muste heate or enflame them, and beware there come no yron into the pannes, for than the syluer woulde become redde.

To knowe yf the syluer haue any golde in it or no.

Draw a grosse or great streeke with your syluer vp on the touche stone, than take a dragme of Merdet or Spanishe greene well made into pouder wyth salte Armoniacke, mire them well with good Vinalgre, untill they be all of one colour, weate the lyne or tryke made with your syluer with it, and yf the syluer haue any golde in it, the lyne or streeke wil remaine a whyte saire, and if there be none, the streeke wyll not remaine saire, but wil go out incontinent. If you wil haue a better p[ro]ofe and more sure in stede of Vinalgre put aqua fortis: for that wil incontinent put out the line or streeke if there be no golde in it.

To mortifie or alay Mercury or quicke syluer.

Put it in a morter of yron, and put to it some oyle of olue or oyle of bayes: this done, set it on a small fyre, and let it seeth therein, but take heed that the smoke of it hurte thee not, for it is vnwholesome, put often times some oyle into it, and also stronge Vinalgre distilled that it maye boyle in it. And by this meanes it will be mortified and killed. Than take it oute, for it is harde and wyll endure the hammer.

To gylt steele or yron.

Take one part of Tatre, halfe as much of salt Armonicke, as much Merdet, and a litle Salt: seeth them in whyte wyne, and bernishe with it a bare helle made euen, and let it drye. And than gylt it with golde.

THE 73. syxte Booke touchyng the

makynge of certayne oyles and waters and o-
ther substaunces whiche are of a mer-
ueylous vertue and ope-
ration.

To take Salamanders for to occupye or to serue
a mans tourne.



When you see the Salamanders lye and
leepe in the Sunne, put on a paier of
Gloues, and so go take them saye and
softlye befoze they caste theyr Uenime
(whiche is yellowe) than put it in some
bestell of glasse wherein there is mans
bloode. Than it will serue your tourne very well.

To fyne golde with Salamanders.

Take two pounde of fyled Brasse or Copper, a pot
Goates mylke nyne Salamanders, put all this in
a pot, wyde and large beneth and narrowe aboue,
couer it with his couer faste and close, but let the co-
ner haue a hole in the toppe: digge the sayde pot into
the moyste of the earth so deepe that nothing appeare
but onely the couer where y hole is, so that the Sala-
manders may haue ayze and not die. Leauie it so vntill
the seuenth daye after noone. Than take your pot out
and you shall fynde that the Salamanders constrain-
ned by hunger shall haue eaten the Copper, and the
great force of the poyson causeth the Copper to tourne
into Golde. This done, make a hole as deepe as two
fyngers into the which you shal put your pot with the
Salamanders, than make aboute it a syer of coales,
whiche maye bourn aboue and beneth, yet lesse be-
beneth than aboue: and the pot is set in the grounde
because the copper shall not melte.

L.i. And

The syxte Booke

And whan you thincke that the Salamanders be burned to ashes, take the pot from the fier, and let it coole well. This done, put the Copper and the pouder into some vessell to washe it, and powze water vppon it, making cleane the Copper with the said pouder: than hang it in the smoke; and let it drye well, and you shal haue good golde, and you shal let a Goldsmith fyne it, and make it cleane.

The mother of all waters for to make all metalles liquifiable.

Take a pounce of Sal nitrum, a pounce of Nitrioll, stampe eche of them by it selfe, and than mingle them together in a mortar, distille the sayde water, without addinge anye other water to it: Take an ounce of the sayde water, an ounce of wyne not distilled, put them together in a glasse, and they wyll bourne of them selues so that you maye light a candell at them: it is also the mother of all colours.

Also take thre ounces of the sayde water, thre ounces of Mercury, the fourth part of quicke Wymstone, put them all together to dissolue in a glasse. And whan they be dissolued, let the smoke come out, and you shal fynde the Mercury fired verye redde. And so maye you fire all the Spiritus.

If you wyll make this water all together stronge, adde to the seven partes of all these thinges aforesaid Nitrioll and Saltpeter, a pounce of eche, and distill them, puttinge the water into a glasse againe, and it will be so stronge that it wyll breake bothe yron and thinges made with forge.

To prepare common salte.

Take whyte Salte, and powze vppon it some scale of yron wherein bathe bene (a whole daye) steeped in some quicke Lyne: mire them well together fire ymes a daye, and let it repose the nighte, straine the
pisse

pisse thozowe a selte, and put all that is with in into a panne leaped within, mingling it well together untill it become water. Than seeth it upon coales untill it be harde, and make it into a poudre, and put it in a Dre bladder bynding it well aboue, and than hang it in a caudron ful of whote water, leauing it there untill the salt be tourned into water. Do this ten times, and at lasse tyme let it burne so that it be a syer and redde, than let it coole, and thus is common salt prepared.

To prepare salte Armoniacke.

TAke ten pounce of prepared salt, and powre vpon it some warme pissé of a man that is in health, and hath not dronke but wyne, and let the salte dissolue in the saide pissé, and go to the bottome, than strain it thozowe a selte into a caudron, put to it some southe of a Bakers ouen, boyling it together. Than this salte is drye, powre vpon it some mans pissé, & do this so longe untill the ten pots of wyne be consumed in the ten pounce of salte. You muste take heede, that the Caudron runne not ouer, whan the wyne boyleth. If peraduenture it yse so that there is greates danger of runnyng ouer: You shall powre some cleare water vpon it, and mire all together untill all tourne into water, let it stande, and caste the cleare oute, and seeth it so longe untill it be drye, the whiche being drye, you shall take and put in a newe dyshe, and drye it in the Sunne: And than sublyme it in this wyse.

Take the sayde two pounce, and two pounce of fyed yron, and mynglet hem well together, and putte them into a vessell, that is called torunda, lutyng it well with lutan spicoria: Than set it vpon a Trypet in a Forneyse of sublimation, makynge a good syer vnder it one daye, durynge untill the vessell be thozowe redde whote vnderneath.

¶ It. Than

The sixte Booke

Then let it coole againe in the nighte vntill the morning and then open it, and you shall finde vpon the vessel white salte, the which you shall take awaye, and putting to it as much common salt prepared, you shall bray them both well together the space of half a longe some day, making a small and slowe fier vnder it, let it coole againe, and bray it againe, and sublime as before. This do you thre times, and then keepe it so: it is good.

To make sal alkali.

Take the ashes of lees of wine burned, quick lime, of eche equall quantitie, and put them into thre stillatorie glasses one ouer another, to the intent that that which falleth from the one may distill into the other: then power the water of the lower most into the vppermost, hauing a pot leaded vnderneath. Put often tymes the same lye thowse it vntill the ashes be no moze bitter. Let the same lye stande a night, and seeth it in the morning in a pot leaded vntill the water consume awaye and become harde. Then let it coole, you shall finde a stone in it called Alkali, the which you shall beate in powder, and fyll a newe pot with it half full, and couer it not, & put it in a fornace of calcination, makinge at the firste a little fier vntill it seeth: then a great fier vntill it begyn to melt like lead, then power it quickly into another pot, and let it coole, and it will be sal Alkali, which you must keepe in a glasse.

To make sal boras.

Take tartar calcined in such sort as we wil declare afterwarde, the same beinge made in powder, put some hote water vpon it vntill it dissolve, stryng it well with a sicke, then straine it thowse a linnen cloth, & do as before, so long vntill the water be thicke and troubled, then straine it thowse a bagge vntill it waxe cleere, and hath taken the bytternes oute of the
lee se

leese oz tartre: which thinge you shall know when the leese pricketh no more vpon your tonge. Then take sal commune preparatum, & putting to it water of tartre, powder them togither into a pan of yron oz fryng panne seething them vntill they be thicke, and then put them in a newe pot vntill they be harde. Then shall turne often times the pot, & when the saide pot woulde cleane oz burne to let it coole, and open it, & you shall haue sal boras philosophorum, as good as the true boras.

Water of Mercurye.

Take a quartren of sublimed and fired mercurie and as much of the stone galitsenstein: bray them togither vpon a marble stone: then haue put them in a linc bagge, make a hole in an horse donghill, put them in a glasse into the same hole not touching the sides of the hole in any wise, to thintent it fyle oz soyle not, make two sounells, and hang the bagge with mercurie and galitsenstein ouer the glasse couerynge it with a good stronge linen cloth that nothinge fall into it: then laye donge ynough vpon it, and leaue it so a fortnight togither vntill the mercury be stilled as water oute of the bagge. If the water be not whyte ynough, braye it againe with the galitsenstein, and doe as befoze, continuing it vntill the water be good ad lunam faciendam.

Water of salt armoniack.

Take salt armoniack as much as you will, as muche of the yelkes of egges, mire them well togither, putting to them a lytle vynesgre, that it may drop oz ronne the better. Then hange it ouer a glasse in a dongehill as befoze is sayde of the water of mercurye, oz ells set it vpon an even stone smooth & sypperye in a moyst cellar, layenge the stone a litle at one side and settinge a glasse vnderneath with a sounell, and moztter at one side of the stone that it maye not ronne but into the sounell. Then passe it thowolw a felt, and kepe

The fyxte Booke

it well. For it will serue your turne very aptly.

A water called aqua lactis virginis.

Take Lstarge made in powder, and put it in a pan with good Alinaigre, seeth it with a litle fier, and passe it thoro a whyte felt untill it ware cleare and whyle it distilleth, put it euer in againe untill it be cleare and whyte. Than take axungia viiri, made in powder, and sste it, and do with it, as with the Lptarge, and there wpll come also water out of it: Mire these two waters together, and they wpll be as whyte as mylke, and it is called lac virginis.

Water of salt alkali.

Take salt Alkali, and yelkes of Egges, braye them with good Alinaigre, and do as is before sayde, of the water of Mercurye.

A water called aqua croci Martis.

Make of the greene Galitsenstein stone into powder: and sell therewith a newe potte and steepe it well. Burne it euen in suche sozte as is, sayd afore of the Alome. Than it is as redde as Vermilion it is inoughe.

Than put some good Alinaigre into a Limbecke and distill it in a Forneyle with a small fier. Do thus thre tymes. Afterwardes put into it as muche as into the redde Galitsenstein stirring them alwayes together with an yron throe dayes longe. Put them agayne into a Limbecke, and styll them as before. If the water bee not redde inoughe, put more of the sayde powder vnto it, stirring it well together, and distillynge it as before, it wpll be very good Crocus Martis to make Golde.

To calcyne Tarre.

Take

TAke Tartre of whyte wyne, washe it with whote water, and let it drye. Than fyll a pot of a quarte with the sayde Tartre, coueringe it well aboue, and set it in a Forneyse of calcination, and let it burne vntill there come out no maner of smoke. Than let it coole, and make it in pouder, and put it into another pot, luting it well with Lutum sapientie, than leaue it in a Forneyse of Calcination, wherein there is a good fyre, the space of thre dayes or moze, vntill the Tartre be as whyte as Salte, the whiche you shall keepe in some warme place.

To calcine egge shelles.

WAshe Egge shelles in lixiuio colatitio and let them drye: take awaye before or after the lytle skinne that is in them. Than put them in a greate pot vpon the fyre, and burne them to ashes stirring them well. Than put them in a lytle pot, and doe as wyth the Tartre. When they bee burned as whyte as chaulke, they be calcined inough.

To calcine or burne Tutia.

RED Tutia or yellowe is the best: put the same into a meltyng pot, and set it vpon the fyre, and let it burne whote. Quenche it then in good Vlnaigre. Doe so nine tymes, and than braye it small lyke vnto flower vpon a stone and keepe it.

A water called aqua lunaris.

TAke an hundred Henne egges, take out the yelke and beate the whyte, put it into a glasse, and stoppe it well aboue, & set it in Horse dung. xiiii. dayes, go to it euerye daye, and take the dung from aboute it with a sticke, leaninge it so a good houre that it maye haue the aire, than couer it agayne.

And

The sixte Booke

And whan it hath bene there a longe tyme, there wyl come out of it a water, the which you shal powze into another glasse and let it coole, & that which was congeled vpon the water cast awaye, and put into it some lyme of egges, that the water maye be aboue it foure fingers bryde: mingle them together, and powze them in againe stoppynge it well, and set it againe in the horse dung, leauynge it so a long tyme as befoze, than take it oute, and put it in a meltyng pot, stirryng it well, and set it vpon a whyte felte, and by the measure that it distilleth in, powze it againe vpon it, continuing so vntill the water be cleare, cast out the lees and the water is good ad Lunam et Solem.

Aqua caufata.

TAke two pounce of the ashes of lees of wyne burned, a pounce of ashes of Walnut shelles burned, two pounce of the ashes of burned beane stalkes, a pounce of the ashes of the shippes or twigges of Alders: mingle all these together, and powze water vpon them, and adde to it some quicke Lyme, for the pounce of the saide substance, you muste haue two pounce of water, than let it seeth together one sething and let it stande and repose a day and a night, stirring it foure tymes a daye.

This done, powze that whiche is cleare into a cauldron, & put to it an vnce of Arsenicke, an vnce of Regall, an vnce of calcined Hartre, and a quarterne of Salt armoniacke, make all into pouder, and put it into water, and let it seeth vnto the halfe, let it coole agayne: and than put it in a Limbeck, and distill it as is sayde. And whan it wyl distill no moze, let it coole, and open the limbecke, and powze it in agayne, and distill it thus fyue tymes, and kepe the water distilled. Mercurye is hardened and fired in the same water as we haue sayde in another place: keepe also the lees, for it is good for to harden Mercury as thus.

Take Mercurye, put it in a meltyng pot, and heate it,
powze

polvre the foresayde Lees into it, and mingle them together, and it wyll kyll the Mercury and make it hard and blacke, so that being colde againe, it is as hard as a stone, the which you may sublime.

A water callad aqua caustica.

Take one parte of sal Alkali, one parte of common Alome, one part of alumen plume, one part of white Saltsenstein stone, one part of salt Armoniacke, two partes of common salte prepared, braye all these berpe small and fyne vpon a gryndstone, and weate them with Vlnaigre, or berpe whote water, and put them in a glasse, the which you shall digge and set in a dunghill, leauinge it there thre weekes. All wyll be touned into water, put the same water into a meltingpot, & doas befoze you did wth the felte, distilling it thozowe the felt into another melting pot. keepe it so in a glasse, for it is good to make siluer. The felt must be sharpe at the neither ende and broade aboue.

Aqua auri pigmenti.

Take foure partes of ozpiment, two partes of salt Armoniacke, one parte of calcined Egge shelles, and one part of common salt, braye these well vpon a marble stone, weate them with Vlnaigre, and let them runne of from the stone into a glasse in a seler or set them vnder a dunghyll, vntill they be turned into water. Then distill it as you do aqua fortis. But in braying the ozpiment, you muste stoppe your mouth and your nose, because of the smoke or fume of the water, which is hurtfull.

Water of common lake prepared.

Take a pound of common salt, a quarterne of alome braye them vpon a Marble stone with Vlnaigre, and let it runne from the stone as befoze is sayde, and

Al.

distill

The sixte Booke

distill it thozowe a felte, and it is made.

Water of yelkes of Egges.

TAke yelkes of Egges sodden verie harde, stampe them and put them in a Limbecke, the first water whiche cometh out is whyte, the other redde and thicke: but whan it is colde, it is thinner and liquide. All that you rubbe with the same water, getteth alwayes a good colour of golde.

Oyle of Tartre.

TAke whyte Tartre calcined, braye it well vpon a Marble stone, and let it runne into a glasse, as is afoze sayde of the salte Armonack, and of the crocus martis. And whan all is runne into the glasse, passe it thozowe a felte so often vntyll it be cleare. And kepe it in a cleane glasse.

An oyle called oleum Laterinum or Petroleum.

TAke a newe tyle whereon there hath bene no manner of water, make it whote, and laye it in oyle of Walnuts, vntill it soke or drinke no more: Then make it into powder, and put it in a Limbecke and distill it. And whan it wyl distill no more, caste it oute, and put in other, and do as befoze thre tymes, and you shall haue your oyle.

Oleum benedictum.

TAke oyle Olyue in steede of oyle of Walnuts, and doe as befoze.

Oyle of Brymstone.

Take

TAke a pounce of Bismuthone well made in powder, a pounce of oyle of Lyneseede: put them in a pot leaded, and boyle them together untill there rise a redde frothe or skymme upon them. Put Alinaigre into it, and the oyle wylt begiune to rise up, and taking of the frothe or skymme, keepe it, and keepe the oyle neate and cleane. Than washe your Bismuthone verie cleane, and polwe some oyle of Alnuts upon it, and let it seeth as before, and whan it wareth redde as before, polwe againe some Alinaigre upon it, and skym of the oyle, and keepe it with the first. Do this so longe untill the Bismuthone smoke no more, wheather it be set upon whote coales or upon a whote plate. Than washe it in whote water, & let it drie. Than put it into a thicke bagge, and bynde it so that the Bismuthone maye spreade abroad in it. Put into a pot some quycke lyme soure fingers thicke, and lay the bagge with the Bismuthone abroad upon it: Than polwe some good Alinaigre into it that it may be a handfull high above the lyme, and let it seeth a whole daye. Than take the Bismuthone oute of the bagge, and washe it well in whote water, polwe out the water and let it drie, and it wyl be Sulphur purgarum & preparatum.

A note.

TAK E that whiche before you haue gathered together, and make a stronge Lie of it, with quycke lyme and Ashes of wyne Lees burned, take fwyse as muche of the same Lie, and seeth them together untill they be as it were Sope. Put the skymme or frothe of the same into a glasse, whiche you shall set in a dunghill ten dayes. Than braye it, and put it in a Limbecke, and distill it as before is saide, and that whiche remaineth in the Limbecke is oleum fixum sulphuris, with this oyle you may fire all thinges.

U. II.

To

The sixte Booke

To purge Brymstone.

TAke common Brymstone, stampe it verie small, and sift it: put it in a pot leaded with three seete, and powze into it some good Vlnaigre, let it seeth slowly a daye and a night, skymme it with a wodden sponne full of lytle holes lyke a skymmer. Than the Vlnaigre hath thus boyled with it a daye and a night, put to it stale pisse that is well sodden and well skymmed and passed thowowe a felt. Let it so seeth with the pisse two dayes and two nightes, and skymme it as befoze, and passe it so often thowowe the felte vntill the water be cleare. Than let it drye in the Sunne, and it is purged.

To sublyme Brymstone.

TAke purged Brymstone, as I haue taught you befoze in the chapter of oyle of Brymstone, of the which you wyl: Take thereof a pounce of Brymstone calcined, as is saide in the chapter befoze, a pound of offall of yron, yron brused small a quartene, braye them well and siste them, than put them into a Lymbecke, whiche hath a hole aboue, the whiche you shall stoppe with a peece of yron plate, lute well with claye the sublimatozie that no bzeathe go oute, and set it in a fozneyse to sublime, makinge a litle fier vnderneath it, looke nowe and than vnder the peece of yron plate: the which whan it is no moze moyste, stop the hole with lutum sapientie, and make the fier a litle greater, and leaue it so fire houres. Than take it of, and that whiche sticketh fast aboue vpon it, rubbe it of with an Hares foote. Styre it againe with the lees that remaineth vnder, and set it in againe & sublime it as befoze. Doe thus three tymes, and allwayes rubbe of that, whiche you fynde aboue vpon it, and keepe it, and braye the lees by it selfe, and do as befoze, vntill they smoke no moze vpon the syer: Than caste them oute, and take one parte of this sublimed Brymstone, two partes

partes of common salt prepared, braye them well together, and sublime them as before, laying first a plate vpon the hole. Hauinge done this fyue tymes, take of the Brymstone before sublimed, and braye it wth twyse as muche common salte prepared. And sublime it so often that the Brymstone be as whyte as snow and than there wilbe inough. Keepe it.

Oyle of Egges.

TAke Egge shelles stamped, hauinge the litle skyn within taken away, keepe them. Than take the yelks of Egges, and beate them wel in a pot, and set a glasse of them vnder a dung hill of whote bozse, dung the space of eyght dayes together. Than take it sute, and put the saide Egges into a Limbecke, and lute it well, and distill them thus thzee tymes, and there wpll come *Oleum ouorum*.

Oleum auri pigmenti.

TAke auri pigmentum, and bruse it small, and seeth it with *oleum lunare* in a litle pot leaded. And whan it is halfe consumed, put it in a Limbecke and distill it: Than take the Lees, and bray them vpon a Marble stone, and put them again into y Limbeck, and powze againe vpon it the same oyle: do thus thzee tymes and keepe it, for it is good ad fixationem.

Oleum lunare.

TAKE as muche of aqua lunaris described before, as you wpll, distill it in a Limbecke vntill it ware drye, and you shall haue your Oyle, wherewith you may fire all kyndes, and harden also Mercury.

Oyle of Brymstone.

Bray Brymstone wth Tartre in maner of pappe, put it in a glasse vpo a fier of gusek coales. lxx. daies than bray it again, and distill it in a Limbecke, and that is called *oleum sulphuris*.

97 The sixte Booke

To sublyme Mercury.

Take a pounde of Mercury, a quarterne of salt armoniacke, powre vpon it good vinaire, that they maye be liquide: mingle them together, and let them so stande vntill the next morow. Wray them wel vpon a Marble stone, for al must be brought into powder before you put the vinaire to them. When you haue thus brayed them that the Mercury appeareth no more, let it drie, and braye it well so drie withoute vinaire. Then put it in a Limbeck, and sublime it in a forncise of sublimation, as before is sayde of the y Wymstone: hynde fast the selte about the Limbecke that nothinge breathe out. The first.ii. houres you shal make a smale fier vnder it, vntill the moisture come out aboue, whiche you shal know by the vapour that is vpon the peece of plate: than stoppe the hole, and make a greater fier vnder it two houres long: than encrease the fier foure houres longe: than let it coole by litle and litle, and than open it and you shal fynde the Mercury as whyte as a Lilly above, and that which sticketh on the spe, and lyeth vpon the lees, rubbe it of with a feather, and braye it with the lees and stronge vinaire as before, let it drie and sublime it as before. This doe so long vntill the lees smoke no more vpon the coales. Then take the Mercury sublimed, and twyse as much common salte prepared, mingle them together, and sublime them in a Limbecke as before. Do this three times. Sublime the lees as is sayde vntill they smoke no more vpon the coales, than cast them away. And if the Mercury be not as whyte as Snowe, take other common Salte prepared, and sublyme it againe, vntyll it be whyte inoughe.

FINIS.

A necessary Table contey-

nyng the summaries of all the receyptes, and
medicines, treated of in this present
volume,

A gainst euerye grise or payne of the head, except the pockes.	Fol. 1
A p̄seruatiue against the fallenge sicknesse or epilepsia.	Idem
Against the falling sicknesse.	Idem
Another soueraigne remedy for the same.	Idem
Against the palsey.	Idem
Another waye.	Idem
Against the Fransey.	Idem
A tried remedie against the great paine ringenge and deafnesse of the eares.	Fol. 3
Another remepp well knownen and tried.	Idem
A remedy to stanche the bleeding at the nose.	Idem
Another for the same wel proued and of a merueylous strength.	Idem
Another soueraigne remedie.	Idem
Another for the same.	Idem
For the tooth ache a remedy proued.	Idem
Another remedye, wheather the ache be by colde or by heate.	Idem
Another for the same.	Idem
Another remedy.	Idem
A remedy for the stinking of the mouth & nose.	Fol. 4
Another for the same.	Idem
A very good gargarisme or gargellinge for the throte against the Quinsy.	Idem
For the same.	Idem
Another for the same.	Idem
An excellent plaister to soften or rype an impostume in the throte.	Idem
Against spitting of bloode commyng of the Lungen or Lightes.	Idem
For the same another remedse tried and proued.	Idem
Another remedy founde very singular.	Idem
Another	

The Table.

Another remedie of merueylous great vertue.	idem
Another secrete for the same, certaine and experimen- ted and good at all houres.	fol. 5
For the same.	idem
Another for the same.	idem
Against the vlceration of the Linges or Lightes, and Spittell full of matter and corruption.	idem
Another for the same.	idem
Another for the same.	idem
A remedie for short winded men.	idem
A drinke for the same disease, to be taken euerye daye thysse.	fol. 6
Another tried secrete good for poore folke.	idem
For the same and good also for the poore softe.	idem
A remedie against the pluresie.	idem
A decoction for the stomacke, verie good agaynst the pluresie.	idem
Another remedie most certain against all pluresies, as proued as deuine, for to preserue a man that he dye not of it.	idem
An oymntment to rot or ripe the pluresie.	fol. 7
A plaister for the same.	idem
For the same.	idem
Against the whote cough, that is to say, when the paci- ent is tobered w th it that he can not wel sleepe.	idem
Against the same, if his voyce be hoarse w th it.	idem
A tried electuary for the same.	idem
Againe for the cough.	idem
Billes for the cough.	idem
An oymntment for the same.	idem
Against the tremblinge and pantinge of the heart, this is verie good, but especially for women, whiche are subiect therevnto.	fol. 8
A remedie against the same, and verie good to restore the strength, beinge weakened w th to great heate of agues.	idem
Another remedie wherewith I haue alwayes founde my selfe verie well.	idem
An epithemie against the same paine.	idem

The Table.

An oyntment berpe good for poore folke, that are not
able to bye & forsayd medicine or nourishment. *idem*
Another compositiō very good in the time of a plague
as well to pzeferue as to heale. *idem* fol. 9
Another oyntme nt very good and pꝛincipally for chil-
dren that are troubled with woꝛmes. *idem*
A remedie against the woꝛmes in yong children. *idem*
A remedie against the paine of the stomack. *idem*
Another remedie for the same, whan all other will not
pꝛofit him. *idem*
A bomentation or nourishment berpe singular for the
same. *idem*
Another against the same. *idem*
Another remedie. *idem*
Another berpe good. *idem* fol. 10
Another remedie pꝛoued. *idem*
A nourishment very good against & same disease. *idem*
a litle bag to cary about one against & same disease. *idem*
A dytke for the same. *idem*
Another remedie to lay to the stomacke. *idem*
Another remedie wel tryed & pꝛoued, and good chiefly
for yonge children, bered with the paine of the sto-
mack, which is knowen if thei vomite or belche. *idem*
A remedie against an impostume in the stomack. *idem*
Against the same. *idem* fol. 11
A plaister for the same. *idem*
A nourishment or keeping of the stomack in his natu-
rall heate, by washing or bathing it. *idem*
A remedie against vomiting. *idem*
An oyntme nt very good against cholerick vomiting. *idem*
another remedie against stemetick vomiting. *idem*
A remedie against the hicket or yering. *idem*
Another. *idem*
Remedies against & paine of the Luer come thꝛough
bentositte. *idem*
Another of very good effect. *idem*
A remedie founde very good against the Luer that is
appostumate or corrupted. *idem* fol. 12
For the same. *idem*

The Table.

Remedies against the dropsie. idem
 Against the same. idem
 A drinke of great vertue and strength and against the
 windie dropsie. idem
 Another remedye verpe good to take after a purgati-
 on. idem
 Remedies against the dropsie called ascites, a drynke
 very good to take once a weeke. idem
 A singular good electuary for the same; whiche ought
 to be disclosed but to your special frendes. fol. 13
 An oymntment for the same. idem
 Another oymntment very good. idem
 A remedy against the yello w faunders. idem
 Remedies against the collicke. idem
 A remedy neuer to haue the collick more. idem
 Another remedy to take in the paine and tourment of
 in the collicke. idem
 A verpe good powder that healeth quickely the saide
 sickennes. idem
 A remedy which I haue founde to be very good for all
 grise or paine of the guts or entrailes. idem
 A glyster wherewith I haue cured many. idem
 Another against the same. idem
 Another for the same. idem
 An oymntment against the same. idem
 A verpe good receipt which pope Clement the seventh
 took in his last sicknes. idem
 A remedy against the late or fire come of choler. fol. 15
 An oymntment very good for the same. idem
 Remedies against the late disentericke. idem
 Another drinke very good. idem
 Another remedy. idem
 Another drinke verpe good in case the patient haue
 therewith any great volour in his belly (as often ty-
 mes it happeneth) by reason of exulceration and kna-
 wing of the guttes. idem
 Another remedy when the paine is great. idem
 Suffumigations or smokings for the same. idem
 The

The Table.

The firste alquidat to be used of the Anlaye and the firste
 The seconde.
 Another remedy for the same.
 An opntment very good for the bloody fluxe and the
 Remedies against the swelling and the pitting of the
 pitting of the splene.
 A fomentation of nourishing by washing for the same.
 An opntment against the same.
 Another fomentation of bathing for the same.
 Remedies against the paine, swelling, and ventosity
 of the matrice.
 Another remedy of some women.
 Another remedy very good & well known of women.
 Another.
 A fomentation of nourishing.
 A very good opntment.
 A playster of clothe to laye upon the matrice if grieue
 be olde or inueterate.
 Remedies to make a woman ripe to come that is les
 or hindered by some cause.
 Another remedy very good also to cause a woman to
 bring forth the child before the time, yf the woman
 be in daunger of it.
 A washing very good for the same.
 Against the fluxe and abundance of flowers.
 An opntment against the same.
 Against the pfection or strangling of the matrice.
 Against the same of what cause so euer it come.
 Another against the same.
 Against the same.
 Against the same.
 Remedies to be used when the matrice cometh oute
 of her naturall place or falleth.
 A playster very good.
 Remedies for the matrice corrupted or apostumated, &
 a playster for to dissolve it.
 Another playster for the same.
 A playster.
 Remedies

The Table.

Remedies against the blcers oꝝ coꝛrupte matter of the Matrice.	idem
A drinke foꝝ the same.	idem
Remedies against the white ſtre of women.	idem
Another against the ſame.	fol. 21
A drinke.	idem
A pouder against the ſame.	idem
Remedies against piſſing whote.	idem
A ſꝝꝝꝝ.	idem
A drinke against the ſame, to take thꝛe houres befoꝛe dinner and at noone.	idem
Against gonothea, whiche is whan a mans ſeede goth from him vnwiſſingly.	idem
An oyntment against the ſame.	idem
Another remedie merueylous good.	idem
Remedies foꝝ them that piſſe blood.	idem
An oyntment foꝝ the ſame.	fol. 22
A plaſter foꝝ the ſame.	idem
Remedies against the granel.	idem
Another.	idem
Another remedie well tried whereby I haue often tymes ſounde my ſelfe eaſed.	idem
Against the ſame.	idem
Another very good.	idem
Receyptes to haſten the chyldbyꝛth, and to mitigate the paine of the trauayle and labour.	idem
Another.	idem
Another.	fol. 23
Another.	idem
Another remedie very good, but yet ſuch one that may not be geuen, but in great neceſſitie, oꝝ whan the childe is dead within her bellye.	idem
Remedies whan a man piſſeth against his will.	idem
Another foꝝ the ſame.	idem
Remedies against the ſtone in the bladder.	idem
A remedie & pꝛeſeruatīue against the ſame.	idem
Another foꝝ the ſame.	idem
Remedies foꝝ to heale the Cmerhodes oꝝ Wyles, a very excellent oyntment.	fol. 24
A plaſter	

The Table.

A plaister against the same.	idem
An excellent & very good hote bathe for the same.	idem
Another remedy of verie great vertue.	idem
Remedies against the swelling of the cobbles.	idem
Another against harde swelling.	idem
A good plaister for the same.	idem
An oyntment against the same.	idem
A plaister.	fol. 25
Remedies against the sciatica.	idem
Remedies against inflamations of blood whiche groweth into an impostume in some part of the body or membrs, called phelgmone.	idem
A plaister to rype and to rot an impostume.	idem
Another for the same.	idem
Another to rot or rype incontinent.	idem
Against a ringwoorme or tetter that runneth all ouer a mans face, or against the disease that is called Fry, sypilas or Lichen, of some Pentagra, the Frenchme call it feu volage, as it wer a running fier.	fol. 26
Another remedy very good to heale the same, whan it doth but beginne to encrease.	idem
Against stematicke swelling.	fol. 27
Remedies for the scabbes.	idem
An oyntment very good for to annoynt yong children who because of their tenderesse, can not endure a purgation.	idem
Another oyntment verie good for little children & olde folke to vse before and after a purgation.	idem
Another remedy.	idem
A baine or bathe for the same.	idem
against the scurfe or leprote called in latyn psoa.	idem
A remedy against puffes, bladders, blysters, or wheles, and against the small pockes.	idem
an oyntment.	idem
another remedy well tryed.	idem
against the strong cough of yong children.	fol. 28
against the stinking sweate.	idem
against the paine of the eyes.	idem

The Table.

For a whyte spotte in the eyes.	idem
Against the difficultie of bringing forth childe, and the retention of the skinne that the chylde is wrapped in, called in latyn secundina or secunda.	idem
A remedy whan the foundement commeth out.	idem
Against the paine of the guttes.	idem
against the difficultie in making water sauing for that which commeth of the Stone.	idem
For men.	idem
For women.	idem
Against Crablice.	fol. 29
Against a Canker.	idem
Against the litle woymes and itching of the hande or bodye.	idem
Against the swelling of the coddies.	idem
To make the woymes come out of y ^e hands or feete.	idem
A remedy for defnes of the eares.	idem
A remedie against fistuleys.	fol. 30
For the scabbes of the handes.	idem
A water of a great and merueylous effect for to keepe mans body fro many infirmities & diseases.	idem
What operations come of such distillations.	idem
Another water or Balsamum, almoste for the same thinges.	idem
A poulder very good to conserue the sight.	fol. 31
Against the paine of the flanks or the pluresye.	idem
Against quartaine agues.	idem
To heale olde wounds and cankers of the legges.	idem
against the scurfe.	idem
Against al ventositie, collick or paine of y ^e matrice.	idem
For the hardnes or brawne of the feete.	idem
To make very persite Alnaigre.	idem
Against the falling syckennesse.	fol. 32
For children that be broke.	idem
Against the paine of the splene.	idem
For to stencche bloode.	idem
For to heale in foure dayes the scalpyng wyth water, or any other thing, without oyntments or plaisters.	idem
is hath bene tryed and found trewe.	idem
For	

The Table.

For to stanche bloode.	idem
Against the woymes in lytle chldzen.	idem
To heale the Emethodes oꝝ Wyles.	idem
Against all kindes of paine and grise.	idem
Against styfnes oꝝ shynkinge of synowes, called the crampe oꝝ swellng, comynge of the wound taken of some venimous beast in latin spasmus oꝝ couulsio.	33
For them that can not pisse, by reason of certon grauel and carnositie which is abundaunce of fleshe.	idem
Against defnes.	idem
Against opilation oꝝ stoppyng.	idem
Against the the gyddinesse of the syght.	idem
For them y can not broke their meate, but vomite it again.	idem
Against the head ake by to much drynking.	idem
Against all the paine of the head.	idem
Against the pain of the head y continueth alwayes.	idem
Another waye.	idem
Another waye.	fol. 34
Against the megrame happening sodenly.	idem
Against itching of the head.	idem
Against vlcers oꝝ scabbes of the head as well of men as of women.	idem
Against olde and putrified woundes.	idem
To kepe y the flesh grow not to much in a wound.	idem
To heale and take away the scurfe.	idem
For to kylle Lye.	idem
Agaynst the distillation of the bꝛayne and heauines of the head.	idem
Against mures oꝝ catars that beginne to growe.	idem
For to refraine the murre oꝝ catarre.	idem
A remedie for the diseale whan the heare of the bearde oꝝ head falleth of, of it selfe.	fol. 35
To kepe that the heare shall not fall of.	idem
To make y hear of a mās head oꝝ beard to grow.	idem
For to make heares growe.	idem
For to curle heare, a rare secrete.	idem
For to make heare blacke.	idem
To kepe y the heares waxe not hoare oꝝ white.	idem
	For

The Table.

For to make the heares blacke.	idem
Against the paine in the eyes.	idem
Against the dimnesse or daseying of the sight.	fol. 36
Another waye.	idem
Against a webbe or spot in the eye.	idem
To take awaye y hurtful heares of the eye b20wes.	idem
Against all paine of the eares.	idem
Against the paine of the eares & defnes, & for to purge the apostumes or corruption of the eares.	idem
Against the paine of the eares.	idem
Against the noyse or ringing of the eares.	idem
Against all infirmities of the eares.	idem
Against defnes and hardnes of hearing.	fol. 37
Against the paine of the eares, defnes, burte or fylthe, wo2mes or water that is in them.	idem
For to stencche bleeding at the nose.	idem
To heale the sicknes called noli me tangere.	idem
Against styinking of the mouth.	idem
Against the tothe ache.	idem
Another waye.	idem
For to make teeth fall out.	idem
For to make teeth whyte that be blacke.	idem
For them that be hoarse.	idem
To heale the disease called the kinges euill.	idem
Howe to knowe the kinges euill.	idem
Against the cough and distillation of the b2est and lunges, and running of the eyes, paine of the bladder, and whan the pype of it is stopped, whiche causeth that a man can not pisse, but with great difficultie, also for those that spit blood at the mouth, or pisse blood, and for the fire, and collicke paine, or heauynesse of the bellye and choler, and also against a vomiting without an ague, also against all paine of the body, except of the head, and especiallye against the vlceration of the lunges, if you giue the pacient an electuary or two of it.	fol. 38
Against all vehement coughes.	idem
Against the cough be it neuer so great.	idem
For one y bath swallowed down a blood sucker.	idem
	against

The Table.

Against an olde and inueterate cough.	idem
Against the bloody fire comming of the artere	o2 sy-
nolue of the lunges o2 of the lyuer.	idem
For to restrain a great and belement vomiting.	fol. 39
For them that can not kepe their meate in the stomack	
but vomite it by agayne.	idem
To quenche and allwage thurst.	idem
Another waye.	idem
To stoppe the hicket.	idem
For to stoppe the hicket that commeth often.	idem
A souerain remedy for them y haue wry necks, by rea-	
son of shroken sinowes: & for them y haue y gout.	ide
To take away swelling vnder the armeholes.	idem
Against apostumes & swelling at y rote of y nailles.	ide
To make a mas nailles grow which be fallen of.	idem
Against the disease called lychen, which is a foule brea-	
king out of al y face w a scab, beginnig at y chin.	ide
To take away the scab of a running fettre &c.	fol. 40
Against burgeons & pusses in the face. &c.	idem
Against all spots, pimples, pusses, o2 bleers. &c.	idem
To take away the blacknes of the neck. &c.	idem
Against the brusing of the face by a fall o2 slip.	idem
Another very good.	idem
Against warts and malanders.	idem
Against swelling of the stomacke, paine of the raines,	
grauell, steame, collicke, the emerhodes, o2 pyles, al-	
so to stay the flowers of a woman, and for those that	
haue an infected lyuer & splene, also for those y cough	
and for them that haue the falling sicknes.	idem
Against the paine of the splene.	idem
Another.	fol. 41
For the paine of the loynes o2 hanches.	idem
Against swelling o2 blcers of the raines of the back.	ide
Against the paine of the grauell, and for to. &c.	idem
Against the paine of the raines.	idem
Against the grauell.	idem
Against the paine of the bladder and grauell.	idem
Against y bloody fire, o2 fretting tozment in. &c.	fol. 42
Against the straining, fretting & griping of. &c.	idem
	p. i. For

The Table.

For those that haue fretting and gryping in the belly
 and the lare. idem
 Against the collicke. idem
 Against the paine of the collicke coming suddenly. idem
 Against the paine of the guttes or bowels. idem
 For to stoppe the lare. idem
 Against the fretting of the belly or lare. idem
 For to know a secret or hidden disease of any man, and
 to heale the same. fol. 43
 For them that voyde bloode at their foundement, and
 for those that haue their blood broken. idem
 Against the woynes y engender in mens bodies. idem
 Against the griping of the belly, & desire to go to stoe,
 and yet do nothing. idem
 Against the paine of the collicke. idem
 Against the vlcers & fistules in y foundement. &c. idem
 To heale y emerhodes or those y lose their blood. idem
 Against the vlcers of the foundement, & against the dis-
 ease called commonly S. Facres sickness. idem
 For to rype or breake an impostume or. &c. idem
 Another. idem
 Against hurtling or clawing of the skyn by chafing and
 going either of the feete or betwene the thighes. idem
 Against y swelling & paine of the soles of the fete. 44
 To make wartes fall of. idem
 For to take away y felons & rats heares which breake
 out w wheles in the fingers, & also knops. &c. idem
 For to allwage the paine of the gout. &c. idem
 Another waye. idem
 For to get out any thing y sticketh in a mans. &c. idem
 Certain receyptes against the plague. idem
 A compposition preseruatiue against the pestilence ex-
 cellent as it were triacle or Pythizidation. fol. 45
 Another composition in powder, or in ocher. &c. idem
 Common pyles very good for the same. idem
 Anecdotes or medicines preseruatiues & comfortable of
 small cost easie to finde & prepare for poore folke. idem
 Another medecine. fol. 46
 Things of saour or swete smell, as powder, bates,
 waters,

The Table.

Waters, perfumes, and first a powder for, &c.	idem
A perfume.	idem
A smellyng balle.	idem
Another swete balle meter for the sommer.	fol. 47
Outward remedies to purge the ayre, the easpest, the presentest, and those that are of the smallest payce for men of smal habilitie.	idem
A powder against the wormes.	idem
The whole summe of the regiment and gouernynge of a mans lyfe.	idem
A soueraigne remedy against the venime of the plague for riche men and for princes.	fol. 48
A powder for pooze folke of no lesse efficacie & strength then the seconde.	idem
A drinke for pooze folke, and in a place where there is none or very litle supce either of spzoze, cytrons, lemons, or pomegrades.	idem
A drinke often times tried, profitable & wholesome, by which (as many men say) was neuer found baine.	idem
Opiate.	idem
A drinke mete after euery taking of the said opiate, or to be mixt w the takinges of the same opiate, for the strongest or meanest men, according. &c.	49
A drinke for pooze folke.	idem
A drinke to cause one to sweate.	idem
Another drinke for pooze folke.	idem
An epitheme or medecine to lay to the. &c.	idem
An epitheme for the heart good for pooze folkes which may also serue for the lyuer.	idem
An epitheme or medecine for the lyuer.	idem
Locall medecines, & first a plaister or. &c.	fol. 50
Another easy drawing medecine.	idem
Medecines of y kinde y burne y skyn or flesh. &c.	ide
Another plaister.	idem
Another stronger.	idem
A medecine that cleanseth and purifieth.	idem
Another very good.	idem
A plaister incarnatise.	idem
A repercuise & resolutiue opntment against. &c.	fol. 51
p. ii.	A plaister

The Table.

A plaister for to stoppe the gnawinge or eating of the
 canker. idem
 An oyntment verie sweete for cankers that haue cor-
 rupt matter in them, which also alayeth the paine of
 those that haue no corrupt matter in them. idem
 An oyntment of meruelous vertue against the eating
 and running of the canker, and to take away all the
 grieve of the same. idem
 A plaister mitigatiue and verie gentle for cankers,
 specially of the bestes or pappes. fol. 52
 For to harden yron. idem
 For to harden knyues and other such lyke. idem
 For to harden a stile or other instrument of yron. idem
 To harden any other substance materall. idem
 To make any instrument of Steele hard & sharpe. idem
 Another. idem
 To kepe it fro cleauing whan it is a hardning. fol. 53
 To make yron or Steele softe. idem
 Another. idem
 To solder all things and first yron. idem
 To solder any whote thyng. idem
 To solder Copper. fol. 55
 To solder yron. idem
 A ponder that will make all metall pliable & softe. idem
 Another vpon brasse. idem
 To graue in yron or Steele, knyues & barneiss. idem
 To graue with water. idem
 Another stronger and moze bytyng. fol. 56
 To make a colour of golde or siluer to laye vpon me-
 tal, and to make also a ground of gold or siluer, vpon
 yron, bells, stones, which shal not go of wth water. idem
 A colour of gold to set vpon brasse or copper. idem
 A colour of golde vpon brasse. fol. 57
 To make Copper of a syluer colour. idem
 To gilt yron or Steele. idem
 To make a water for to gilt vpon yron or Steele. idem
 To kepe all maner of yron or Steele, and also al maner
 of instrumentes of warre. idem
 To bytyng a cloth that was stained to his. &c. idem
Ls

The Table.

To take spots out of cloth. fol. 58
 Another waye. idem
 A water to take spots out of whyte clothe. idem
 To take spots of grease or oyle out of whyte cloth. idem
 To take spots of grease or oyle out of all sorts of cloth
 or other things. idem
 Another. idem
 To take spots of wyne out of all maner of cloth. idem
 To take all maner of spots out of silke. idem
 To take all spots out of crymsen beluet. fol. 59
 A water take all spots out of gold & beluet. idem
 To make a hope that taketh out all spots. idem
 To take spots of black incke or other things. &c. idem
 To take spots out of scarlet or beluet of colours wout
 hurtling any thing at al the colour. idem
 To take spots of oyle from parchiment or white paper. 60
 To dye threde, yarne or linnen cloth into a. &c. idem
 To dye threde or linnen cloth blew. idem
 A blew colour to dye all thinges. idem
 Another way to dye blew. idem
 To dye redde. fol. 61
 Another waye. idem
 To make sayze roset. idem
 To dye wodde, bones and hozne into greens. idem
 Another greene. idem
 To dye, hozne, bone, and wodde into redde. idem
 To dye yellowe. fol. 62
 To dye blacke. idem
 To make hozne softe. idem
 To mollifie or soften hozne so that you shall imprynte
 or make any figures in it. idem
 Another waye. idem
 To cast hoznes in a molde lyke leade. idem
 To make cleare stones of amber. idem
 Another. fol. 63
 To polish & to giue a glosse vnto pprecious stones. idem
 To make a stone that shal giue fier and burne of it self
 if you meate it with your finger. idem
 To mollifie or soften Chyzall and pprecious stones so
 that

The Table.

That you maye cut them lyke cheese, and that boyng
 put in a mould they shalbe harde againe. *idem*
 To counterfeyte pearles which shalbe verry faire, and
 as they were naturall and trewe. *idem*
 To prepare Mercury, & so to harden it, that you maye
 make it liquide and worke it. *idem* fol. 64
 A substance made of paper or other things, to expresse
 or set out any maner of figure y^e you wil byd. *idem*
 How to bray gold so to gilt with. *idem* fol. 65
 To gilt copper. *idem*
 To gilt yron. *idem*
 To take of the gold from siluer that is gilt, so that the
 siluer shal remaine whole and sound. *idem*
 To seperat siluer fro copper, be it money or. *idem*
 A powder which being layng vpon any thing, siluered
 wil take off the siluer from it. *idem*
 To conuert and turne copper into brasse. *idem* fol. 66
 To melt al metall perfectly. *idem*
 For to giue a colour of gold vpon copper. *idem*
 To make verdet or spanishe greene. *idem*
 To make a whyte colour of lead. *idem*
 To make Lutum sapientie. *idem* fol. 67
 To lute or daube pottes with a linnen cloth that wil
 not burne. *idem*
 To solder glasses. *idem*
 Another lutum sapientie. *idem*
 To seperat golde from siluer. *idem* fol. 68
 Another waye. *idem*
 To seperat gold or siluer wout fier or aqua fortis. *idem*
 To seperat gold from siluer wth a powder. *idem*
 To make golde softer. *idem*
 Another waye. *idem* fol. 69
 To make golde and siluer softer. *idem*
 To soften all metalls, and other thinges that are not
 soft, so that they shalbe soft & gentle to be wroughte
 vpon or forged. *idem*
 An oyle that maketh all metalles soft. *idem*
 To seperat golde from copper. *idem*
 Another way. *idem*
A powder

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