

A rich store-house or treasury for the diseased. Wherein, are many approved medicines for divers and sundry diseases, which have been long hidden, and not come to light before this time. Now set foorth for the great benefit and comfort of the poorer sort of people that are not of abillitie to go to the physitions / By A. T.

Contributors

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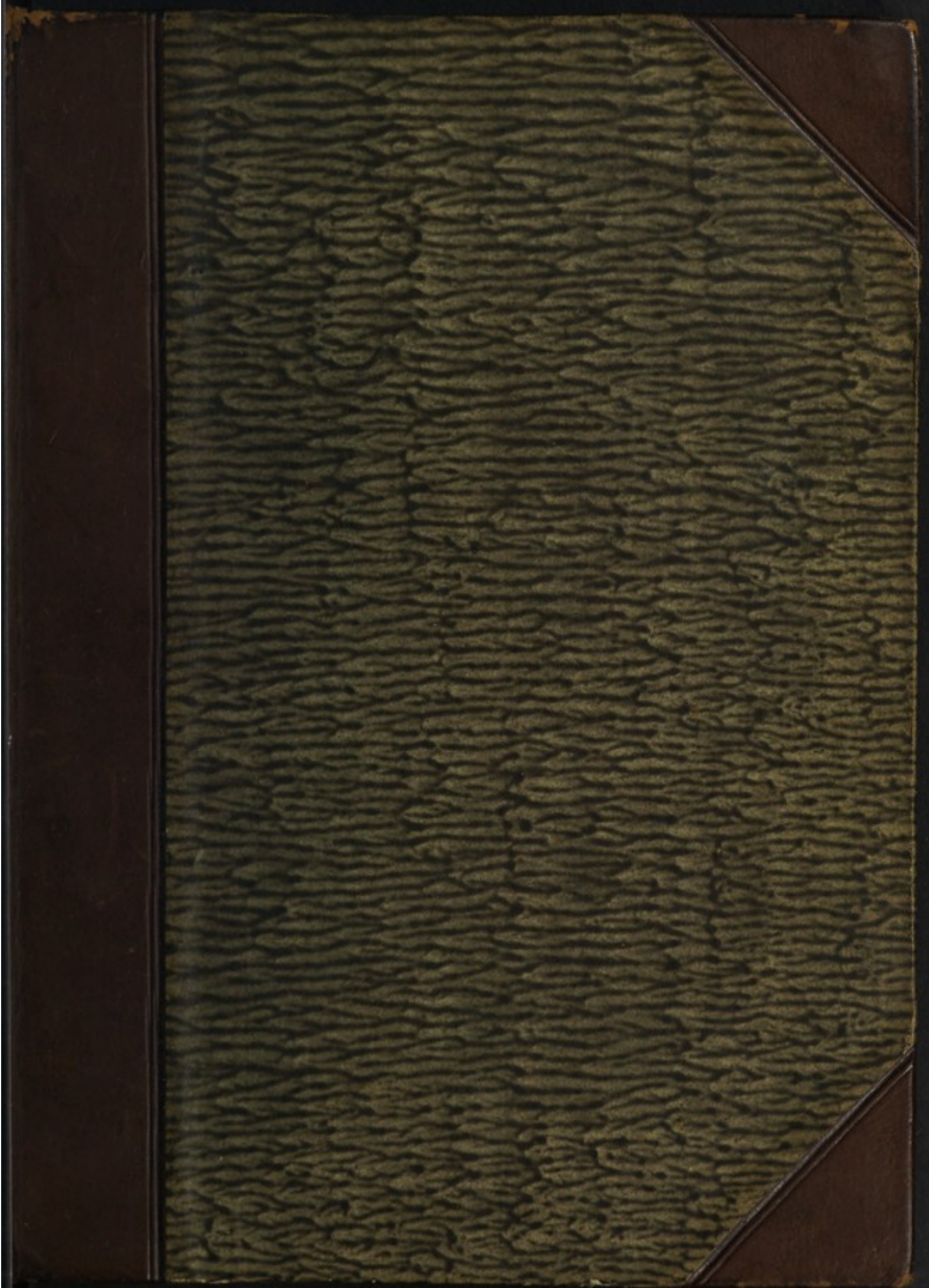
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STORE-HOUSE FOR THE DISEASED--1596.







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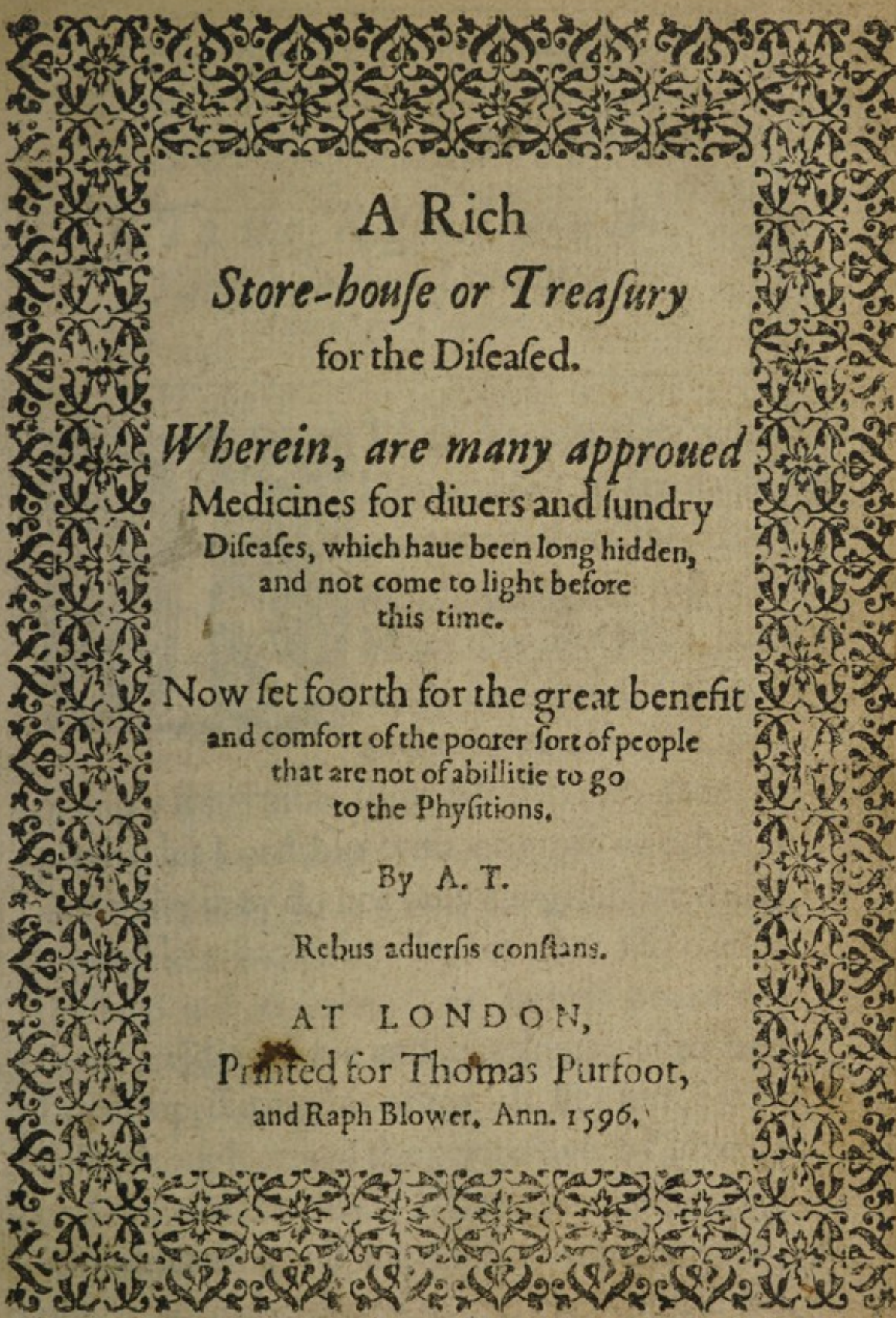
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Edinburgh 1815

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A decorative border of repeating floral and scrollwork patterns surrounds the text.

A Rich
Store-house or Treasury
for the Diseased.

Wherein, are many approued
Medicines for diuers and sundry
Diseases, which haue been long hidden,
and not come to light before
this time.

Now set foorth for the great benefit
and comfort of the poorer sort of people
that are not of abillitie to go
to the Physitions,

By A. T.

Rebus aduersis constans.

AT LONDON,
Printed for Thomas Purfoot,
and Raph Blower. Ann. 1596.

A Rich

Year's Supply of Prescriptions

for the Medical

Profession, are many approved

Medicines for fevers and kindred

Diseases, which have been long tried

and not come to the notice

of the

Now for a year for the great benefit

and comfort of the poor and needy

that are afflicted with

to the

of

of

of

of

of

of

of

of

of

of



To the Right Honorable
Thomas Skinner, Lord Mayor
of the City of London.



I hath been, and is (right Honorable) a lawdable custome in this Citie, that at the entring of any Lord Maior into his Office, not onely his familiar friends and acquaintance, but also of euery fraternitie, some selected men should present his Lordship with one gift or other: Whereby they do not only congratulate with him his late increase of honor; but also those presents are as tokens, or earnest pence of their yeelding dutie and obedience vnto his Lordship, during his office. In like sort, I my selfe (though one of the poorest, yet a Citizen, and none of the least, in humble obedience, and dutifull good meaning towardes your honor, am imboldened to present your Lord-

The Epistle Dedicatory.

ship with this Booke, intituled, **A rich Storehouse or Treasury for the Diseased,** A Booke (Right Honorable) very necessary, and convenient to be used of the poorer sorte of people (for the preservation of their health) that are not of abilitie to go to the Phisitions, and I assuring my selfe, that your Lordship will vouchsafe to be a protector of the poore peoples profit and good, both in health and wealth, (the same comming by chaunce into my hands) haue thought it good to publish it vnder your honorable name, whose Authority may best countenance the same, and whose curteous admittance shall be a sufficient guerdon of my dutifull good meaning heerein. If my worth were greater, my dutie would shew greater: in the meane time, as it is, it is bound to your Lordship,

To whome I wish long life,
still lengthened with
all happinesse.

Your Lordships in all duty

Raph Blower.



DIVERS & SVNDRYE GOOD
Instructions & Rules for all such as are the
true Practisers of Phisick and Chirurgerie, which are
very meete and conuenient to be obserued and knowne
vnto them, And also concerning Bloud-letting, Pur-
ging, and of the vse and commoditie that often times
commeth thereof,



FOR AS MVCH as Health is pro-
fitable and pleasant to all men, since
that all men do continually wish, and
pray eyther for the restitution or co-
tinuance of the same, and how that
it is the proprietie of nature, onely to
fichte and strue against diseases,
and also that the Phisition is but the
minister and seruant of nature, either
to apply such thinges to her, as may be v-
sed to distroy the dis-
ease withall, or els by taking away the greatest parte of the
same matter which causeth and mainteyneth the sickenes,
and therefore it is very meete & necessarie for euery Phisition,
before such time as he doe minister any thinge at all to the sick
person, diligentlie to learne, and to search out perfectly the
principall cause of the disease, in the which if he be ignozant,
it is more by good fortune, then by any cunning or skill, that he
doe euer cure any disease at all. For how is it possible to helpe
nature, with that which she hath neede of? except it be first
knowne, what she needeth, which none can knowe, except the
cause of the disease be first manifestly knowne vnto him, soe y
he may minister thinges directly, contrary to the cause of the
same disease. And therefore I doe most greately lament
the

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the ignorance of the common sort of People, who for the moste parte are perswaded, that one medicine is sufficient for one disease, & not regarding that one disease may come of sundrye causes, and therefore it doth necessarilie require diuers medicines, as for example, weaknes of the stomacke (that it cannot digest well, or that it hath no good Appetite) is one disease, which neuerthelesse may come a dozen sundrye waies at the least. Therefore the cure of it cannot be alwaies with one medicine, As if weaknes of the stomacke, doe come of a weak distempure of it selfe onely, then it must of necessitie be made hotte by some meanes, but if heate be the cause of weaknes, then it must needes be cooled, Likewise you must moisten drynes, and drye moisture, But if the weaknes doe come of some superfluous humour that doth abound, which hath flowed into the stomacke, or hath been there ingendred, then must that ill humour, of necessitie be purged out, eyther by a vomite, or els a purgation with a meeke medicine for it, And if it be fleame, then with a medicine that expelleth fleame, But if chollet be abounding there: then must it be such a medicine as doth purg chollet, And likewise for melancholy, a meeete Purgation must be vsed to expell the humour, But if the imbecillitie of the stomacke, be caused by a distillation and Rewme, that falleth out of the head into it, then is the cure to be remedied in y head, and not in the stomacke, Likewise if distempure of the liuer or spleene, doe weaken the stomacke, then the cure consisteth in the healing of those members, and not in ministring of any thinge for the stomacke.

Therefore let no man thinke it sufficient for the Physitian, if he knowe that a man hath such a disease, as the Ague, the Collick, the Flux, or such other like &c. that then hee maye straightway (if he be skillfull) ministrer a medicine meet for it: Doe not soe, but he must first search by all meanes possible, the very cause it selfe of y disease, which many ignorant People doe perswade themselues, that a skillfull Physitian may doe

in Phisicke and Chirurgie.

in all diseases, by the onely sight & inspection of the Urine, But alas they are altogether deceiued, and for to come to y^e knowledg of the cause of some inward disease, the Urine profiteth nothing at all, for in moste inwarde diseases of the bodye, there ought as greate a regard to be had and taken to the Pulses, and to the dispositions & state of the Braine, of him that is sick, as there should be had of the Urine. Also the Egestions, Sweat, Spettle, and other Excrements, are not to be neglected, in soe much, that at some time they do declare y^e cause of the disease, and the state thereof, when the Urine doeth not shewe any thinge at all.

Likewise for example, in a Plurisie, or an inflammation of the Lungen, or in a Squinancie, or such like, there is moze to be knowne by Spettle, then there is by Urine.

Also in a Laske, or a bloudye Flixie, or in a Collicke, or Iliake, there is moze certaintie of Judgment, to be geuen by Egestion or Ordure, then there is by Urine: Which thinges, those that are not altogether addicted to their owne fantasies, may easely by good reason, be perswaded to credite, for Urine is nothing else, but the watrie and washie parte of the bloude, for it is seperated from bloud in the Liuer, and sucked from thence into the Raines, from whence it distilleth downe into y^e Bladder, and soe passeth forth. Seeing therefore that Urine is the excrement that is seperated from y^e bloud: there is good cause why it should shew the state of the Liuer, & of the Bloud, in all partes of the body, and it can also declare the state of all such members as it passeth by, as of the Raines, the Bladder, and such like.

But certainly in other diseases that be out of the Vaines, & be distant from the places, by which the Urine passeth, there is no certaine iudgment to be geuen by the Urine, unlesse the vehemencie of the disease hath infected the bloud or the Liuer after some sort, Neuertheles such is y^e ignorāce of many people, that they thinke him woorthye of noe estimation in Phisicke,

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which cannot at the first sighte of the Vrine (although it hath been carried xx. Miles) tel whether it be the water of a man or a woman, and how the disease greueth the patient better then himselfe, & also whether he shall liue or dye, what disease soeuer it be, which thinges vndoubtedly in diuers diseases are impossible to be knowne by the onely sight and inspection of the Vrine.

Therefore it is very necessarie for him that will minister Physicke, duly and rightfully to obserue these 4. rules following (That is to say) first to see the sick Person, & to conferre with him or her, which soeuer it be, for there is none that can soe well declare any grieffe (whatsoeuer it be) as he can that is troubled therewith. Secondly to view and feele the Pulses, and to obserue well the state of them. Thirdly to view very diligently all the excrements, not onely the vrine, but also the Spittle, Sweat and Ordure. Fourthly; and last of all, to haue a respect to the place where the grieffe is, and to consider well the accidents that doe arise thereof, not omitting to know the former diet and trade of life, which the sicke person hath vsed, These thinges then being diligentlie & seuerally marked, the Physitian may more certainly learne the chiefest cause of the disease, the strength thereof, and to what ende it will come vnto, then by seeing the Vrine onely, and also by what meanes he may minister a meete medicine for it, whereby the sick person may soone finde ease, and purchase vnto himselfe exceeding greate fame.

Thus haue I partely declared, what thinges oughte to be knowne of euery Physitian, that thereby he might withdraw, & take awaye the sonde and foolish opinion, that a greate number of people do deeme to be true, that is, that the sight of the Vrine is sufficient ynough, for a cunning Physitian, perfectlie to know the disease of the sicke, and the true cause thereof, & to minister apt medicines for it. And now I cease to speake any moze hereof, but I will as briezly as I may entreate somewhat of the vse and benefit that doth arise & come of Purging,
and

and Blood-letting, & I would wish all those that do practise the same, to be carefull thereof.

Note also that if the bodye of a manne, doe abound with humours, which are ready to oppresse nature, then whether there be any sicknes in the body present, by meanes of them, or if there be but daunger of sicknes, those humours must be euacuat out of the bodie, eyther by Blood-letting, Purging, vomit, Sweating Bathes, or else by some other kind of euacuation. But I will speake here onely of euacuation by Blood-letting and Purging, and first of all of Bloudletting.

There be diuers thinges to be considered of, befoze Blood-letting, as the age of the patient, the complexion, the time of the yeare, the region, the custome, the strength, and the vehemencie of the disease.

The age must be considered, because Children vnder 14. yeares of age, and old folke may not be let blood, vnlesse great necessitie require it.

The complexion is to be noted, because a hote complexion hath large vaines, and aboundeth with much blood, and they may therfoze fozeate a good quantitie of blood; But colde complexions haue narrow vaines and litle blood, and therfoze cheire euacuation must be small.

The time of the yeare must be very well marked, that the weather be not too hote nor too colde, and therfoze the spring time is the most aptest time foze blood-letting, because that then it is temperate.

The Region and Cuntrey, is to be spoken of, because it is to be noted, that if the Region be very hote, or else very colde, it is not good to let blood, but a temperate Region is most meetest of all foze it.

Custome is not to be neglected, foze thereby we may knowe that they that haue bene accustomed to bleede, may better suffer blood-letting, then those that were neuer litten blood at any time befoze.

The strength of the Person must be regarded, foze if there be

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greate weakenes, then is it very daungerouse to let bloude at all, except great necessitie compelleth.

Also the vehemencie of the disease is worthie to be marked: for if it be a vehemente disease, then you must let blood forthwith, if the former circumstances will permit it.

These thinges being considered, if they will permit blood-letting, and if it be in a needefull cause, then it shalbe very necessarie to knowe in what signe the Doone is in, for you muste take heed that she be not in the signe that gouerneth that member, wherein you intend to open the vaine, & also to forsee that shee be in such a signe, as is good to let bloude in.

The vses and commodities of blood-letting, are these that are here expressed.

First, This is a generall rule, that blood-letting is a very good remedie for all diseases that be engendred of aboundance flowing or eruption of blood, as be chieflie the Feuers called Sinochy.

Also the Phrenesie, Squinancie, Plurisie, Peripnewmony, Ophthalmic, and against all inflammations, and in iustumatiōs engendred of bloude in the Lyuer, the Spleene, the Raines, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inwarde or outwarde partes, where soeuer the inflammation bee: blood-letting is good for it, whether it be now present; or that there be any danger, that it wil shortly engender.

Also Blood-letting is good in Feuers, whether they be continuall or intermitten, insomuch that the obstructions & stoppings of the Vaines, be caused of immoderate repletion of the humours.

Note also that Blood-letting doth emptye and euacuat from the bodie, all humours alike, as well the good as the bad.

And therefore it is chieflie to be vsed, when there is to great an aboundance of bloude in the bodie & other humours, which doe straine the vaines, and that there is greate daunger & iopardie in breaking of some vaines, or the brusling out of some

flure

in Phisicke and Chirurgerie.

flure of bloude, or of choking, and to extinguishe naturall heate. And therefore in such cases, you must let bloud with all speed, although the sickness be not already present.

If or by letting of bloud in due season, the superfluous fullnes of the vaines, is brought into a meane state againe, and the paines that came of the fulnes and stretching of the vessels, be eased: And the heauines that was felte in the bodie, is cleane taken away, and the bodie is lightened, and made more quick and nimble, to doe all such actions as nature hath ordeyned it to doe. Also it causeth nature, to haue a larger scope, & a free passage by opening & emptying of the straight waies & passages, of the vaines and Arteries.

Last of all, if it be done in time, it preventeth diuers and sundrie diseases, into which the bodie was both apt and readie to haue fallen into.

Many more commodities might here be rehearsed as concerning bloud-letting, which is done when necessitie requireth, and as it ought to be done, but to conclude (omitting all other) Note this for a generall rule, that bloud-letting is very good against all kinde of diseases, which be caused and engendred of bloude, and not onely when the diseases are present, but also it is good letting of bloude, to prevent any such diseases, if they be forescene or feared, alwaies regarding that there be none of these impediments aforesaid, which doe prohibite & forbid bloud-letting, except it be in great necessitie and extremitie, for then as the common prouerbe is, *Necessitas non habet legem*; that is: *Necessitie hath noe lawe.*

Where would I leaue of to speake of bloud-letting, but that there cometh into my minde, the common opinion of the ignorant people, which doe certainly beleue, that if any person be let Bloud one yeare, y he must likewise be let bloude euery yeare, or els he is in (I cannot tell) how great danger, which sond opinion of theirs (whence soeuer it sprong at the first) is noe more like to be true, then I shoulde say, when a man hath a greate wounde by chaunce, in any part of his body, where by

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he loseth much blood, and that after it is healed, he must of necessitie haue the like wounde againe the next yeare, to auoide as much blood, or els he is in daunger of greate sicknes or of death, Which opinion, if I my selfe did affirme it to be true (although it be most false) yet I might vse the like reason and aucthoritie to defende it, that the common people doe vse for theirs: for they can say nothing if they be asked why they thinke soe, but that they haue heard many say soe, Therefore I would wish that noe man should credite any longer this fond and foolish opinion, being most false, vnlesse he can shewe good reason for it, which I am very well assured of, noe man can doe. Hary this I thinke, that like as blood-letting is not good against all diseases, soe also it is not good in all persons, but onely in those that will be content to vse after ward a moderate and conuenient diet.

Those therefore that doe abound with blood, and will be let blood to preserue themselves, from the daunger of any disease, which is like shortly to ensue and molest them, They must for a long time after, be content to vse a moderat and conuenient diet, For those that be vntemperat & gluttonous in meates, or are great drinkers, & wine-bibbers, they doe not onely receiue no commoditie at all by blood-letting: but also often times, they catch more hurt by it, then they should haue had without it, for in 3. or 4. daies space after, they fill & stuffe themselves with more raw iuices and humours (by meanes of vnmeasurable diet) then they had before, and often times they do dye through conuulsion.

And therefore note that there is such force and vertue in a moderate diet, to eschue and decline diseases, that without the due obseruation of it, blood-letting is to noe purpose at all. And therefore if the common saying of the people be true in any body, that they must of necessitie be let blood often, it is verie true, but it is in such as keepe an immoderat diet, presently after Blood-letting, and therefore I do aduertise all men, to beware of excellē in eating & drinking after blood-letting.

Note

in Phisicke and Chirurgie.

Note also y after blood-letting, none ought to walke very fast, or to runne, or to vse any vehement exercise, but let him be quiet and rest himselfe, vntill such time as his spirites shall be wel refreshed and quieted againe.

Note also, that no person being let blood, ought to sleepe immediatly after blood-letting, but let him keepe himselfe both quiet and wakinge, and auoiding all contention and exercise of body and minde, and about two houres after lettinge of blood, there may a litle foode be taken, but let it be such as will make good iuice and nourish apace, and within 4. or 5. houres after blood-letting or somewhat afoze, the patient may be permitted to sleepe, soe that it be provided for, & taken heed of, that he doe not turne himselfe vpon that Arme, where the vaine was opened, and let him also take good heede that he do not losen the band, and soe let the blood flowe out againe, and let him after wardes vse a sparing diet, dayly increasing it by little and litle, vntill such time as he be come to his accustomed or ordinarie diet againe.

And note that the morning is the most meetest time of all for blood-letting, when euery digestion is perfectly finished, & the superfluities and excrementes of ech of them fully auoided out, which thinges of necessitie must be foreseene, that they bee so, Or at the least in a time of great extremitie, the next apt time to let blood in, is when the stomacke is somewhat emptye, and that is about sixe or eight houres after meate. Thus much I haue entreated of as concerning blood-letting, and now I am purpossie minded to speake somewhat of the vse and commodities that come of Purging.

First it is to be vnderstood, that euery kinde of Purgation, hath that secret vertue and proprietie in it selfe, that when it is receiued into a mans body, and prouoked to exercise the vertue that it hath by naturall heate labouring to digest it, then doth it draw vnto it all such humours, as it hath vertue and power to Purge.

And therefore a Purgation is an euacuation of vicious and
C corrupt

Rules and Instructions to be obserued

corrupt humours, which doe often times trouble and molest y^e body, but not of all corrupt and bad humours alike.

For euery Purging medicine, doth drawe vnto it selfe, one peculier and proper humour (that is) eyther flegme oz chol-
ler, oz else melancholie oz watery humours.

And therefore those persons that be perfectlie in health, ought not to take a Purgation, since they doe not abound with corrupt humours, wherefoze in those, when the medicine findeth no such superfluous humours as it hath vertue to drawe, it consumeth and wasteth the bloud and the flesh. And for that cause, whole folkes are not purged by purgations, but rather consumed and wasted, for it is manifest hereby, that Purgatiōs be very dangerous to them that are in perfect health, which thinge is testified also of Hippocrates in the 37. Aphorisme, of his second booke, where he saith after this sort, *Qui corpore bene se habent hos purgare periculosū est*, (that is) it is dangerous purging of those that be in perfect health.

Also because euery purging medicine hath vertue to drawe one peculier humour, there is good heed and care to be taken, that such a medicine be ministred as hath vertue to drawe out the humour abounding, and none other, oz else instead of much good, that of it selfe it would doe, if it were conueniently ministred: it may contrarywise doe exceeding great hurte, and woocke many inconueniences to the body. And accordinge to the saying of Hipocrates in the last Aphorisme of his firste booke, in this maner. *Si qualia oportet purgari purgentur, cōfert, et facile ferunt, si contra, difficulter*, that is, yt such things be purged as ought to be, it profiteth, and may easily be suffered, but if it be contrarywise, it hurteih and may scarcely be borne. Therefore there ought diligent care and heed to be taken in the receiuing of a purgation, that it be ministred by a skillfull Physitian, that hath certainly found out what humour it is that aboundeth. But alas the greatest number of the common sort of people, do, hold an opinion that if they may haue a medicine for a little money, which will poruoke them often

in Physicke and Chirurgie.

to the stoole, what humour soeuer it be, and purgeth out, they are safe ynough: howe be it, I would wish them hereafter alwaies to haue in minde this saying of the most excellent Physicion Hipocrates in the xxxii. Aphorisme of the first booke, Deiectiones non multitudine sunt estimandæ, sed si talia deiciantur, qualia conueniunt, that is: Egestions are not to bee esteamed for their great quantitie, but if such bad humours be purged out as they ought to be (that is) such vicious & corrupt humours as doe abound and bee superfluous in mans bodie, then is the bodie quieted for a long time after, if it be dieted as aforesaid.

There be diuers thinges chiefly to be considered of by euery Physicion befoze such time as he doe minister any Purgation to the sicke person: as the qualitie and quantitie of the humour, the strength of him or her that is sicke, the age, the time of the yeare, and lastly the disease.

The qualitie of the humour is greatly to be considered, that thereby he may perfectly knowe what kinde of humour is to be euacuate, & purged out, for it must be onely that which troubleth the bodie, with superfluous abouandance thereof.

As if great abouandance of flæme doe molest and trouble the bodie, then hee must of necessitie minister a medicine which purgeth flæme, and so likewise for all other humours whatsoever abounding in any part of the bodie.

Also he that doth vndertake the ministering of any medicine, ought to haue great respect to the strength of the sicke or diseased person: for if he be very weake and feeble, there ought no purgation at all to be ministered vnto him, because all manner of purgations doe both weaken nature & diminish strength, and the stronger the sicke person is, the more he is weakened thereby. Let all men therefore beware of vehement & strong purgations, least they put their liues in hazard & danger. By the age of the Patient, the Physicion is put in minde that children and old men ought not to receiue any Purgations, except maruailous great necessitie doe require it. The time of the yeare

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yeare is not to be neglected, for there be some times of the yeare wherein Purgations ought not to be ministred, as in Sommer, and especially during the time of the Dogge daies, as they are most commonly called, and also during all the time, that the Sunne is in Leo, for then is nature burnt by, and made soe weake withall, that she is not able to suffer the force and violence of a Purgation, but the Spring time is the most meetest and principalest time in all the yeare, for the taking of Purgations, because it is then temperate.

Last of all, the Physitian ought diligently, to behould & contemplate the disease, that he knowing certainly what kind of disease it is, may the more better finde out of what humour, it is caused, As for example.

Yf the Physitian do perceiue y^e disease to be a tertian Feuer, straightway he knoweth that it is caused of great aboundance of choller, and therefore he must of necessitie minister a meete medicine to purge choller, withall, and so likewise in all other diseases.

Note likewise, that if there be none of the impediments aboue named, a Purgation is good to be ministred to all such as haue aboundance of euill iuice or corrupt humours in the body, for it draweth out all the bad humours that doe molest y^e body, and thereby doth restore it to his owne state againe.

But if a Purgatiō be rashly ministred eyther to one that needeth it not, or at an inconuenient time, or that it be such a medicine, as draweth not out the humour which then aboundeth, or if the medicine be vehement and very strong, it will surely put the Patient in great daunger of his life.

These things therefore ought to be well taken heede of by all menne, lest they catch great hurt when they hope for some great profite.

But if a Purgation be discreetly ministred to him that hath need of it in due time, and by an apt and meet medicine, which is of that force and abillitie, to drawe out the abounding humours in sufficient quantitie, then doth the medicine purchase

most

most singular great commodities to the body, for it euacuath and emptieth out all the chiefeft causes of the diseases and sicknesses, eyther present or els to come, being ingendred of any superfluous or corrupt humour, as are most commonly Feuers, tercians, quartaines, quotidianes, or Fluxes, and are caused of rawe humours or sharpe choller, Dropsies, Goutes, Palsies, Ligtargies, and diuers other &c.

Note also that befoze a Purgation be ministred, there ought a medicine to be taken, which should prepare the body, & make it apt to purge, and therefore it is called a preparatiue, it is geuen for two causes, eyther to deuide, extenuat, & make them grosse and clammy humours, that they may be ready to flowe out, when the medicine draweth them, or else it is geuen to open and vnstoppe the conduits & vessels of the body, by which the Purgation must drawe the superfluous humour to it.

And this is that which Hipocrates doth counsaile in the first Aphorisme of his second booke, where he saith, Corpora cum quisq; purgare voluerit, oportet fluuia facere, that is, when any man will purge the body, he must make it flowing, by opening and vnopening of the vessels.

The most meetest time of al to receiue a Purgation is in the morning, for then are all the digestions perfectly finished, and the stomacke is without meate, There is also great heede to be taken in what signe the moone is in, befoze such time as any Purgation be ministred, for some signes are very good for it, & other some are euill, Therefore I would wish all such as doe take vpon them the ministring of any Purgation, to haue great regard befoze they do minister it, of the sicke person, the time, and the place greued, and also to marke wel all such things as are befoze rehearsed, least that they doe moze hurt thereby in one day to y sicke person, then they are able to doe him good in a whole yeare, and yet they may doe it of meere simplicitie, not knowing themselves what they haue done, neyther are they able to cure the same wound which they themselves haue made.

Rules and Instructions to be obserued

A Purgation must be taken hote, for soe it offendeth the stomacke least, and it will worke the sooner.

Also those that are apt to vomite, and are not able to endure the smell of the Purgation, let them stoppe their nolethills, or else let them smell to some odoriferous thinge, when they are about to take it, and assoone as it is taken, it is good for the Patient, to smell to a tosse of browne bread dipped in vineger, and to applie warme clothes to the stomacke, and to wash the mouth presently after that it is taken, with some odoriferous wine, or els to chew some sweete and pleasant thing to take away the bitter taste or smell of the medicine, & by this meanes vomiting shall be eschewed.

Likewise for the space of one houre after that the Purgation is taken, let the Patient lie still and keepe himselfe quiet, and without any sleepe at all, that the strength of the medicine may passe into all partes of his body, but if the Purgation do worke slowly, let him walke by and downe for a good space after, if he can, and when it worketh, in any case there must be great care taken, that the Patient do not sleepe, for soe the operation of the medicine would be stopped.

Also in the time of Purging immoderate heate and cold are to be eschewed, and therefore a very great fier, and the cold & open ayre are both hurtfull, for the body must be kept in a temperate heate.

After that the Purgation hath done workinge, the Patient must be nourished with a meane quantitie of some broth, that will breede good iuice, and be easilie digested, and afterwards by little & litle, returne to his accustomed diet againe.

Thus haue I as brieuely as I could, declared the commodities which doe come of blood-letting and Purging, being well and duely ministred and vsed, and also of the discommodities that will ensue both of blood-letting and Purging if they be at any time misused, wishinge all men as they doe tender their health and liues, to beware of those ignozant persons, who doe most commonly vse to open but one kinde of vaine, for all ma-

in Phisicke and Chirurgie.

ner of diseases, and doe occupie but one kinde of Purgation against all humours, not considering at all, the strength and the age of the Patient, neyther the time, nor the chiefe cause of the comminge of the disease whatsoeuer it bee, nor of any other of the circumstances afoze named, but let them alwaies seeke for the counsaile and aide of one that is knowne to be skilfull in Phisicke and Chirurgie, and is circumspect in his doinges.

Who can consider what neede they haue, & what is most meete to be ministred vnto them for y^e same disease.

(.)



ner of all cases and doe care to put the kind of Purgation as
gainst all humors, was consideringe as all the strength and
the age of the patient, in respect the time, not the chiefes parts
of the countrey or the doctors habitatione to be, nor of any
order of the countreyes also named, but to spend all
water for the countrey and also of one that
knows to be skilfull in Phisicke and Chirurgie.
Care, and is circumspice in his doings,
for the can consider what heere they
have, & what is most meete
to be in euery case
either for the
illness.



Cap. 1.

¶ An approued Medicine for an Ache
or swelling.



TAKE Time, Lauender cotten,
Knotty Strawberies, of ech of the
one handfull, then cut them and
beate them in a Morter, & when
you haue soe done, then take 4. oz
5. Swallowes out of a Nests, be-
ing ripe, and beate the in y^e Mor-
ter with the Hearbes, butill you
cannot perceiue the feathers, and

then take halie a pounce of fresh
Butter vsalted, and mingle them altogether, and let them
stand for the space of 24. houres, then seeth and straine them
into a gally pot, or else into some earthen vessell. And so vse
it twice a day, in anointing of the place where the grieue is,
and in siue or sixe dayes it will be whole. This hath bene of-
ten proued.

Cap. 2.

¶ An other for the same.

TAKE of Sage, & Rue, otherwise called hearb-grace,
of ech of them one pounce, and halie a pound of worm-
wood, and halie a pound of Bay leaues, beate them al-
together in a Morter: then take thzee pounce of Sheepes
suet, and cut it very smale, and put it to the hearbes, then
put it into a Morter, and beate it with the hearbes, vntill y^e
suet cannot be perceiued: then take it out, and put thereto a

D

pottle

pottle of Sallet oyle, and soe worke them altogether with your handes, vntill such time as they be very well steeped in the Oyle, then keepe it close in an earthen pot, for the space of eight or nine daies, then see the it in a brasse pot, with a softe fire, vntill y strength of the hearbes be gone (to trie it, take a spoonefull of it and put it into a linnen cloth, and so straine it, and if there be any iuice left in it, then is it not boyled to his perfection, but if you find none therein, then is it well boyled. And thus may you prouue all good syntments made with hearbes.) then straine it and annoint the place grieued, often therewith.

Cap. 3.

¶ A present Remedy for an ould Ache.

Take very strong Aquavita, and two spoonefulls of the water of Arismart, and annoint the place where the Ache is, euery day two or three times, and it will speedily heale it.

Cap. 4.

¶ Another for the same.

Take Aquacomposita and the oyle of Petes feet luke warme, and annoint the Patient vpon the place of the grieffe, laying warme clothes thereon.

Cap. 5.

¶ A Medicine for an Ache, or shrinking of any Shewes.

Take

Take the tenderings of Rosemary, & marsh mallows, by as even portions as you can gesse, and gather your hearbes when they be drie, from any raine and dewe: Beate them in a moxter very small, then take Mairo butter well clarified, and put it to the hearbes, and mingle it in a vessell, and then let it stand foure daies, then set it ouer the fier and let it seeth till all the strength of the hearbs be gone, then take a little of it in a spoone, and let it drop vpon your nalle, and if it be greene as the Emerald, it is perfect, and then put it into an earthen pot, and when you will vse it, you must warme it.

Cap. 6.

¶ A perfect Medicine for an ache
or Sciatica.

TAKE Oyle of Netes feete and Aqua composita, and mingle them both together, and let the Patient anoint the place where the paine is: then let him take Wooll which is newly plucked from the Sheepes backe, and let him lay it therupon, & let him wrappe it well with warme clothes.

Cap. 7.

¶ A present remedie for all maner of aches,
and bruses in the bones.

TAKE a good quantitie of Wall-woort, and a certaine quantitie of Balne, and Smallege, and stampe them, then take a pounce of May butter, & temper them very well together, then make them into round balles, and let them lye for the space of eight daies after, and then stampe them

Aches.

them againe as you did befoze, then take it and tye it, and straine it, and put it into an earthen pot, and soe vse it, and this will helpe the bruiſe if it bee neuer soe blacke. Probatum est.

Cap. 8.

¶ An approued Medicine for an ache or swellinge.

TAKE the flowers of Camamill, and Rose-Ieanes, of ech of them a like quantitie, and seeth them in white wine, and make a plaister thereof, and let it be laide as hote as may be suffered to the place greued, and this will both ease the paine, and allwage the swelling. D. Bartlet.

Cap. 9.

¶ An other for the same.

TAKE a smale quantitie, of oyle de Tary, & Aquanitzæ, and mingle them both together, and let the Patient anoint the place which is greued and it helpeth him.

Cap. 10.

¶ A foueraigne Medicine for an ache in the shoulder or else where.

TAKE Reisons of the sunne, and Figges, of ech of them a like quantitie, and halfe as much Mustard-seede, and beate them very smale, then take it and grinde it in a Mustard Querne, with the best white wine vineger y may be had, then take it and spread it vpon a lambes skinne, and lay

lay it to the place greued, and this will by gods grace help you, Probatum est.

Cap. 11.

¶ A precious Ointement or Oyle, for all maner of Aches or swellings in the Armes, Knees, Legges, or Feete, being taken with Colde.

TAKE a gallon of Sallet Oyle, and of Sage, Lauender, Southernewood, Wormewood, and Camamill, ech of them a like quantitie, then cut the Hearbes very smale, and put them into the Oyle, & stirre it well together, & let them stand in a bason of Latren, or else some other like thing, for the space of a full moneth (but you must be sure to put as many Hearbes into the Oyle, as will make it very thicke) and soe let it stand vntill the hearbes be rotten, then make a fire of coales, and set the bason thereon, and so let it boyle for the space of thzee houres, or somewhat more, then take it from the fire, and let it coole somewhat, and when you see that it is but Milke warme or somewhat better, then take a bag made of stronge Canues, & with a staffe, straine out all the substance, as cleane as you may, and then put it into a glasse or gallypot, or else into some earthen vessell, and stoppe it very close, and it will continue in his vertue very longe. This is good for any Wounde or old bruse, and also for the shrinking of any Sinewes, and all maner of sores.

Cap. 12.

¶ An Excellent good and approued Oyntement, for all maner of Aches, Agues, Bruscs, Goutes, Cankers, Lamenes, Stitches, or hardenes of the Spleene, and for all maner of paine in the Heade and Eares,

Aches.

TAKE Sage & Rue, of ech of them one pound, Worm-wood, and Bay leaues, of ech of them halfe a pound, of Sheepes suet cleane picked from the skinne, the quantitie of thzee pound, and a pottle of Oyle oliffe, & choppe the hearbes very smalle, and then stampe them as small as may be, then shredde the suet very fine, and put them alltogether, and then stampe the hearbes and the suet, vntill such time, as the suet cannot be perceiued, then take it forth, and put it, into a faire panne, and put the Oyle therein, and couer it close, and soe let it stand for the space of twelue daies: then take it forth and breake it with your handes into a brasse panne, and set it vpon a soft fire, and you must be alwaies stirring of it, vntill such time as the hearbes be cracklinge, then take it of and straine it thozough a cannes cloth, into an earthen pot, and so keepe it. For those vehement aches, whē you shall lay any of this oyntement vpon the place greued, you must take Wooll that groweth between the sheeps legs, or else of the longest of the Wooll, & let it be carded in broad flakes, and basted vpon a linnen cloth, and soe keepe that alwaies to it.

Cap. 13.

An approued Medicine for an ach in any of the Huckle bones, Thighes, Armes, Shoulders &c. which commeth by taking of Colde or &c.

TAKE a Kettle of faire running Water, and boyle 3. or fower wooden Dishes therein (which Potage are vsually eaten in) and let them boyle a good space ouer the fire, then take one of the same Dishes, and with a linnen cloth, wipe of the water which is within, and vpon y^e side of it, then take the same Dishe and whelue it vpon the Joint, Sinew, or place greued, as hore as it may possiblie be

be suffered, and so keepe it thereon vntill it be cold, then take an other of the dishes and doe as aforesayd, and so the thirde or fourth, and let the partie greued vse this for a certaine space boch morning & euening. And this without all doubt will helpe him, for this hath holpen many that their sinewes were shronke by, but the partie greued must applie hote Woollen Clothes or else some Lambs-skinne, or the skinne of a Hare, or Conny, to keepe in the heate when he taketh in y dishes from it.

Cap. 14.

¶ A medicine for an ache.

TAKE Parsly, and Wormewood, of each of them one handfull, and seeth them in a quart of Ale, with sweete Butter, & wash the place well therewith that akes, and also binde the hearbes to y place as hote it may be suffered.

Cap. 15.

¶ Another medicine for an ache.

TAKE Sowthistle, Chickweede, Elder-leaues, Ground-sell, and Cleauers, of each of them a handfull, dnye all these together betwene two tiles, then lay these hearbs to the place where the grieffe is, but let the hearbs be washed before it be dzyed, and this helpeth.

Cap. 16.

¶ For aches and swellinges in the knees,

TAke a quart of Malmsey, & a handfull of Tyme, boyle them together a good space, and whē it is halfe boyied, put into it a good peece of newe fresh Butter, and let them boyle together from a Quart to a Pynt, and when

Aches.

you goe to bedde, bathe your knees therewith, and wette a cloth thre or fower times double therein, and lay it to your knees as hote as you can suffer it, and soe let it continue all night, and in this sozt let him vse this six or seauen times, & doubtles it will helpe you. This hath been well proued.

Cap. 17.

¶ A very good Medicine for any maner of aching sores.

TAKE the iuice of Smallage, of Sorrell, of Waybred, of ech of them like much: take Hunny, and the white of a newe layde Egge, of either of them a like quantitie also, and mingle all these together till they thicken, let it come neere no fier but all rawe & cold, lay it on the soze.

Cap. 18.

¶ A plaister for an Ache.

TAKE stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a penyworth of Treacle, the quantitie of a tennis ball, of Rosin, & a spoonefull of Hunnye, boyle it ouer the fier in a kettle, and stirre it well together, vntill it be well melted, then take a sheepes skinne that is newe killed, and make holes in it with a bodkyn, & spread the fleshye side of the skinne, and lay it to the ache as hote as you may suffer it, for it hath been proued.

Cap. 19.

¶ An excellent good oyle, for all manner of aches, bruses and straininges of the sinewes.

Take

TAKE a pottle of Neates foote oyle, and a quart of an Ore gall, a pinte of Aqua-vitæ a pinte of Rose water, Bay leaues, Rosemarie stripped from the stalkes, Strawberie leaues, rootes and stringes, Lauender-cotten, of euerie of these a handfull beate them small, and put them into the foresayd stuffe, & seeth it ouer a fire of coles, in a pan of Two gallons, and at your owne perrill, let not the flame touch the stuffe, let it seeth verie well, and then take it of, & let it stand vntill it be almost cold, then straine it through a course linnen cloth, (but not the bottome of the sayd licquor) then put it into a glasse, and so keepe it, and when you are payned, anoynt your place where your grieffe commonlye vseth.

Cap. 20.

¶ A soueraigne oyntment for any manner of ache or Swelling.

TAKE two pound of Boares grease, one pound of fresh Butter, & a good quantity of smalage, & malowes, and a good quantitie of oyle of neates feete, then take the, and stampe them verie well altogether, then frye them, and strayne them in a earthen vessell that is cleane, and when the Patient will vse it, let him anoynt himselfe therewith, befoze a good fire, and let him take heede that hee doe not take cold vpon it.

Cap. 21.

¶ An oyntment for all manner of Aches,

TAKE a good quantitie of Smalage, and put thereto some Aquavitæ, then straine it, and put thereto a good
E
quantitie

Agues.

quantitie of Boares greace, and temper them verie well together, and let the patient be anoynted therewith both morning and eueing before the fire, for the space of 5 or 6 days together if the paine doo continue so long. This hath been well prooued.

Cap. 22.

¶ For an Ague.

Take of red Sage, of Smalage, of ground Iuie, of Bay Salt, of Plantine leaues, of greene Glasse, of each of these a handfull, and put therein a little Rose vineger to make it moyst, and with a linnen cloth bind it to both the wrists of the Patient. For this hath been an approved medicine.

Cap. 23.

¶ Another for the same.

Take the grease or fat that is vnder the manes of hozses, and melt the same in a newe earthen pot, and straine it into a gallypot or some such thing, and when the Patient feeleth the Ague comming, let the Chine of his Back be anoynted therewith, and within nine dayes he shall bee hole, keeping in the meane space a reasonable diet.

Cap. 24.

¶ Another for the same.

Take the yolke of an Egge, and put thereto a quantitie of grosse beaten Pepper, and two sponesfull of Aqua-vi-
ta,

te, and drinke it cold, and after you haue taken this drinke walke for the space of an houre, and forbear other drinke as much as possible you may.

Cap. 25.

¶ A verie good medicine for an Ague.

TAKE a handfull of Harts-horne, that groweth in the field, and a handfull of Bay-salt, and beate them both together in a morter and lay this to both your wrists and this will helpe you.

Cap. 26.

¶ Another for the same.

TAKE Bay salte, Smallege, white Frankencense and Plantine leaues, of each of them a handfull, beate them in a Morter untill they be very smalle, then take them and deuide them into fower partes, and then lay two partes thereof vnto your breastes, and the other two partes to the boughes of your Armes: and an houre before your fitte doth come, then take a pinte of good stale Ale, and seethe it from a quarte, to a pinte, and continually as any froth doth arise, skome it of, then put into it, a crusse of white bread, and let it seeth in the Ale, & whē you perceiue your fit coming, drinke it warme, and eat the crusse, you must vse this drinke duringe all the time of your sickness, for it is very hole some and good.

Cap. 27.

¶ An other for the same,

Agues.

TAKE three pintes of Ale, Bay leaues, and Red Sage, of each of them one ounce, fine Sugar three ounces, and a spoonefull of Pepper, seeth all these together, in the Ale, from the quantitie aforesayd till it come to a pinte, then take it and straine it through a fine cloth, and let the Patient drinke a good draught of it as hote as hee maye abide to drinke it, a little before his fit commeth.

Cap. 28.

¶ Another for the same.

TAKE a Pinte of Malmsey, and a handfull of May Weede, bzuise the May-weede, and put the iuyce thereof into the Malmsey, and let the Patient drinke thereof, as often as he shall thinke good, and this will help him. This is also good against the Plague, and good to comfort nature, being dronke as aforesayd.

Cap. 29.

¶ Another for the same.

TAKE a good quantitie of the blades of Daffadillies, and bzuise them, and seeth them in a pinte of Ale, or Wine, and put into it a sponesfull of Graines bzuised, and let the patient drinke thereof, halfe an hower before his fit doth come, and this will help him.

Cap. 30.

¶ Auerie good drinke for an Ague.

Take

TAKE Bay leaues, and Sage leaues, of each of them a like quantitie, then take Bay-berries and bzuise them verie grosse, and mingle these all together, and put the into a quart of White-wine, seeth them for a good space then straine it thzough a fine cloth, and a little before the sitt commeth let the Patient drinke thereof.

Cap. 31.

¶ An proued medicine for an Ague.

TAKE three quartes of faire Runing water, and put it into an earthen pot, and put thereto a good handfull of Violet leaues, and Flowers, boyle them for the space of a quarter of an houre together, then take it of the fire, and put thereto a sawcerfull of Wheaten branne, and couer the pot a good while, then straine it thzough a fine linnen cloth, and when it is cold put thereto a good quantitie of fine Sugar, then let the partie greened drinke thereof, both mozning and euening fasting, also let him before he eate any meate in the mozning eate 6 or 7 Damaskus, and at night let him eate rosted Apples with Sugar, & at Dinner let him drinke white wine, with the water abouesayd mixed. This hath been much proued.

Cap. 32.

¶ Another for the same.

TAKE a quart of newe Milke, as new as you can get it from the Cowe and seeth it, and when it doth seeth, put into it a good lumpe of Roch Allum, and stirre it vntill it hath a good Curde on it, and when it is verie well Curded, scumme of the curde cleane, and when you haue so

Agues.

done, then take the same drinke & drinke it, as often as you thinke conuenient, and as hote as it may possible be suffered, but put away the curde for it is not good.

Cap. 33.

¶ An excellent remedie for an Ague.

TAke Burre rootes, and red Nettle crops, & seeth them in stale Ale, and clarifie it, and giue the sicke thereof to drinke, about such time as the colde fit beginneth to come, & after the heate be past, when you see that he beginneth to sweate, giue him to drinke Posset-ale made with marigold and Fennell, but see that the Posset-ale bee well clarified: vse this medicine for it will take away the Ague within thre or foure fitts at the vttermost.

Cap. 34

¶ Another for the same.

TAke Nettles, Cobwebbs, and Salt, and beate them together in a wooden dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague.

Cap. 35.

¶ Another for the same.

TAKE a tosse of Bzead, and speade it ouer with Treacle, and let the patient eate it, before the fit commeth, at the leaste thre seuerall times, for the space of iii. dayes, Probatum est. Per Guilielmum Lenthell, Oxon Armig.

¶ An

Cap. 36.

¶ An other present remedie for an Ague.

TAKE two ounces of bay salt, Two ounces of white Frankensence, a handfull of Smalage, beate them altogether & lay them to your wristes of both your hands, and to the bowes of your armes let this be done 2 houres befoze the fit doth come, this hath been proued.

Cap. 37.

¶ Another for the same.

TAKE two or thzee cloues of Garlike and bzuise them, a penyworth of Aqua-vitæ, halfe a pynt of Ale, and seeth them altogether, and drinke it as hote as you may suffer to drinke it a little befoze the fit commeth.

Cap. 38.

¶ An other for the same.

TAKE Soote, yolkes of Egges, bay salt, and Pepper, and mingle them together, and lay it to the wristes of the Patient, doe this twice a day for the space of Thzee or foure daies and it will take away the Ague. For this hath been often proued.

Cap. 39.

¶ An approoued medicine for a burning Ague.

E 4

Take

Agues.

Take the quantitie of a quart of Running water, and halfe a Dozen of Orenge, and then pill awaye both the wyper rinde, and the white skinne and picke out the Kernels out of them, then take and stirre them, and seeth them in the sayd water, vntill the water be consumed halfe away, then take the quantitie of 4 ounces of Sugar, and boyle it a little space therein, and when you perceiue that it is sodden inought, then straine it and when it is colde, drinke it and so vse it for the space of thzee dayes, and if neede require vse it oftener, but if your burning bee vehement, when your stomake will serue, stampe some Sorrell & eate the iuyce thereof with your meate, this doe and it will helpe you.

Cap. 40.

¶ Another for the same.

Take Smalage, Sheapheards-purse, and Liuerwort, of euerie of them a like quantitie, Bay-salt and Frankencence as much as you shall thinke needefull, beate all these together, and lay it vpon a linnen cloth and binde it to the inside of the wryste of your left arme, vse this for the space of 9 dayes together, and it will helpe this disease for it hath been often prosued.

Cap. 41.

¶ An excellent remedie for a quotidian Ague.

Take a quart of stale Ale, a handfull or somewhat moze of red Sage, a penyworth of vbeaten Pepper, take and boyle these altogether, from a quart to a pynt, & when it is sodd clarifie and straine it, and halfe an houre before the fit commeth drinke a good draught thereof and walke theron,

on, and it will presently helpe you. This hath beene often proued.

Cap. 42.

¶ An other for the same.

TAKE Fetherfewe and Smallege, of eyther of them to the quantitie of a good handfull, stampe them both together in a Morter vntill such time as they are beaten very smale, and straine it, then take halfe as much as the iuice of the same is, of small Ale, and mingle them together, and then let the Patient drinke the same warme, a litle before such time as his fitte doeth come (that is to say) when he perceiueth any grudging vppon him. This must be vsed thre or fower seuerall times at the least, and let the Patient goe to bedde, and haue as many clothes layde vppon him, as he is able to beare or suffer, and soe let him bee continually kepte, vntill his fitte be ouerpast, and thus in thre or fower times doing, he shall be holpen by gods help, This hath been diuers and sundrie times well proued. D. H.

Cap 43.

¶ A very good Drinke to be vsed for any maner of Ague.

TAKE a quarte of Ale that is not ouer-stronge, and boyle therein a good quantitie of Centorie, and let the Patient drinke it luke warme.

Cap. 44.

¶ An approued Medicine for a terciar ague.

Agues.

TAKE of Dragon Water, and Aqua composita, to y^e quantitie of a quarter of a pinte, of eyther of them, and put thereto a penyworth of leane Triacle, and halfe a quarter of an ounce of grose beaten Pepper, warme all these together, & be still scirring it with a knife or els with some ether Instrument, and giue it to the Patient to drinke, as hote as he may possiblie suffer to take it, a litle before the fitte commeth, and let him lye in his bedde and sweate very well. This hath holpen many.

Cap. 45.

¶ A Medicine For a tercian Ague.

TAKE nine leaues of white stocke Gilliflowers, & siue or siue croppes of Rosemarie, and stampe them altogether, and take the iuice thereof and drinke it in Ale luke warme, a litle before such time as the fitte doth come.

Cap. 46.

¶ An Excellent Remedie for a Quartaine Ague.

TAKE an Oxe Gall, and as much Aqua composita, and put thereto a quarter of an ounce of Pepper. husked but a very litle, and two penyworth of Triacle, & annointe the handes stomacke & wrists, with the aforesaide thinges, being all mingled together, halfe an houre before y^e fitte commeth, but let it be laide too, as hote as the Patient may suffer it, and let him sweate well vpon it, and this will speedely helpe him, Probatum est.

Cap. 47.

¶ Another for the same.

TAKE Snailles which be in shells, to the quantitie of two handefulls, Bay salte, and Mallowes, of eache one of them a handefull, beate all these together, and lay it to the Soles or bottomes of your feete, before y^e sit cometh.

Cap. 48.

¶ An other present remedie for a Quartaine Ague, and for the drought that commeth thereof.

TAKE Redde wine and new Milke, of a Cowe that is all of one collour, of ech of them a pottle, then take three or fower handfulls of Mouse-earre, well picked & washed, strippe it into the Wine and Milke, & temper them altogether, & let them stande soe, for the space of one nighte, & then put them into a faire Still, & soe distill them with a soft fier, then take the water and put it into a Glasse, and set it where it may stande in the Sunne, for the space of five daies, & let the Patient when he is dype in his Ague, drinke thereof three or fower times, & he shall be rid of his Ague, and this drinke will quench his thirst if he be neuer soe dype.

Cap. 49.

¶ A very good Medicine for an Ague.

TAKE a spoonefull of greene Glasse beatē to powder, & 3 spoonefulls of Stone honny, a handfull of red Sage, mingle these with a head of Garlicke, & put thereto, as many Cob-webbes as will temper the same: & let it be in bignes, to the quantitie of an egg shell full in all, & then take the aforesaide thinges and binde them about both the wrists of the Patient, and this will helpe him. Probatum est.

Cap. 50.

¶ A Remedie to take away the drought in an Ague.

Agues.

TAKE Sorrell and Borrage, of each of them a like quantitie, and a certaine quantitie of Strawberrie leaues, & Violet leaues, boyle them altogether in a pottle of very faire Running water, vntill it be consumed from a pottle to a quarte, then take the Hearbes and straine them, and then take halfe a pound of good Almondēs, and blaunch them, & beate and straine them with the saide water, and put Suger therein, and drinke it warme, doe this for the space of fīue or sixe daies, and it will helpe him.

Cap. 51.

¶ An excellent Rule to be obserued in the makinge of Drinke and Pottage, for them that are infected with an ague.

TAKE Buglosse Borrage, Endiue, Fennell Rootes, red sage, Lettice, Prunes, Parsly-rootes, greate Reifōs, Sinckefoile, Sorrell, and Succorie, of each of them a like quantitie, and put all these into his pottage, and likewise in Posset ale, and Almond Milke and this is very good.

Cap. 52.

¶ A very good remedie against corrupt ayres wherein the agues are first engendred and gotten.

TAKE Bettony, Centory and Egremony, of each of them one handefull, then take them, and stampe them and straine them with ale, and with a Liquorice sticke brused, and then boile it, and clarifie it very well, and make it pleasant with Suger, and drinke thereof, euery morninge luke warme 3. spoonefullis, for the space of 3. or 4. daies, & it will p̄serue one from all corrupt aires and infection.

Cap. 53.

Cap. 53.

¶ An approued Medicine to coole the heate
of the Backe, and also to cure the disease
called Gomoria Passio.



TAKE Water-creffets, and Colom-
bines, of each of them a good
quantitie, and seeth them in Cow
Milke, and if it be for a man, the
let it be the femalle Cresset, and
if it be for a woman, then take y
Male Cresset, and whē y hearbs
are well boyled in the Milke, then
take it from the fire, and let the
Patient eat thereof, with a litle
white Breade therein, and let him drinke it also both Morn-
ning and enening, for a certaine space, and by gods grace it
will helpe him. Probatum est.

Cap. 54.

¶ A Soueraigne Medicine for the weak-
nes of the Backe.

TAKE Daisie rootes, plantine, Bursa pastoris, Centū-
modie, croppes of Acornes, of ech of them a handfull, &
as much of Bole armoniacke, and the powder of a Harris
horne, then take a Bucke Cony that is fatte, and boyle all
these together in white wine, and water, and let the water &
the wine be of equall porcions, and let them boyle vntill the
flesh of the Conny be seperated from the bones, then take y
Conny and the other stiffe out of the bzoath, and straine the
bzoath into a cleane vessell, and let it stande vntill it be tur-

Backe.

ned to a Jellye, and when you are in your bedde, cause your Backe to be anointed therewith, by a Chasing-dish of coles, for the space of threē Nightes together, & lay thereon a linnen cloth warme (but in any wise chafe not your backe ouer much) and this will helpe you. *Probatum est.*

Cap. 55.

¶ An other for the same.

TAKE fower or fīue Cape Dates, and peelee them very cleane, and let them be stamped small in a Morter, and put vnto them the Yolke of a new laide Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the Patient drinke thereof both Morninge and Euening, and it will helpe him.

Cap. 56.

¶ A present remedie for a heate and paine in the Backe.

TAKE Rose-leaues and Rose-water, of ech of them a like quantitie, & put thereto as much Saunders, as you shall thinke good, and let them be steeped in your Rose-water, for the space of 24. houres, then washe your Back as often as you can cōueniētly every day, for y^e space of fixe or seauen daies, and this will both allwage the paine, and take away the heate, and much comforte the Raines.

Cap. 57.

¶ Another medicine for the paine in the Backe.

Take

TAke Sage, Rose-mary, Camamill, & Maudlyn, of ech of these a handful then stampe them altogether in a mortar, or other stone vessell, and let it be fryed with May Butter, and anoint your backe with it warme, but in any case beware of taking cold thereon.

Cap. 58.

¶ A medicine to clesse the backe and purge the reines.

TAKE 2 Parsly rootes, & picke out the pithes of them, and a Fennell roote, and put to it Pellitory of y wall, & wash them cleane, & boyle them in Posset-ale, & drinke thereof when you goe to bed, and as often as you wake euery night doe the like.

Cap. 59.

¶ A good medicine for the reines of the backe.

TAke halfe an ounce of Venice Turpentine, and let it be very well washed in Plantine water, or in Rose-water, and then mixe it with fine white Sugar, and make thereof 4 or five balles, of the which you must eate thre in a morning fasting, and dayly drinke a litle white wine, or rennish wine ymmediatly after.

Cap. 60.

¶ An excellent good medicine for the weaknes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Succory, Penny-royall, of ech a like quantitie, Ginger & Nutmeggs, as much as will burne the wine, the take 2 newe layde Egges, yolkes & all, & temper them with 3 or 4 sponesfulls of Red-rose-water, & put thereto a good peece of fine Sugar, the take the burnt sacke, & burne it againe with the egges, & put into it a litle Mace, & it will be in maner of a caudle, the put to it some salt oyle, & mixe it with the burnt sacke, & let the patient drinke this thre a day, (that is to say) in y morning

Backe .

after dinner, and when you goe to bedde, and this will helpe you in a short space, for it hath beene proued .

Cap. 61

¶ A very good Medicine to strengthen the backe .

TAKE a quart of Ale, & three oz fower whole Maces, and as many Dates the the stones picked out, & the Pitch also, then take a good handfull of the toppes of Rosemarie, and let all these be boyled together, untill it be consumed from a quart to a pinte, then take the Oyle of two or three new laide Eggs, and take of the rinde that is aboute the yolkes, and then put the yolkes into the Ale, & boyle them well together, and stirre them, and soe let the Patient drink hereof, both Morning and Euening, for the space of five or six daies, and this will strngthē his backe maruelous much, Probatum est.

Cap. 62 .

¶ A Medicine for the heate of the backe,

TAKE Vnguentum frigidum Galeni, ℥ iiii. and spread this Oyntement vpon a fine linnen cloth, but you must first dippe it in Rose-water, and then warme it against the fire, and lay it vpon the Kidneies, and when it waxeth hotte take it of, and lay it to an other place

Cap. 63.

¶ An other for the same,

Take the water of Plantine, distilled, or els the iuice there-

of, and put to the leaues, and the leaues of Red-roses distilled, and also the water of Red-roses, and the water of Red-rose vineger, then put all these together into an earthen pot, and put into the water, a fine linnen cloth to steepe, then take it forth againe, and with a fewe leaues of a Red-rose-eake, lay it to the backe of the Patient, and when it waxeth hote, vse another cloth dipped therein, as aforesayde. This hath been often prooued by Doctor Huicke.

Cap. 64.

¶ A verie good medicine for one that hath a weake Backe.

TAKE fine, or six croppes of red Neepe, and two sponesfull of Archangell flowers, and thread verie fine, then take two or thre new layde Egges, and temper all these thinges together, then take a little sweete butter, (that is but litle salted,) and make thre or foure fritters, and lett them be fryed in some litle earthen pan, and let the Patient eat them, without eyther bread or salt, but onely with a litle fine Sugar strawed vpon them. This hath been proued.

Cap. 65.

¶ A verie good plaister to ease any paine or cricke in the Backe.

TAKE white Archangell flowers and leaues a good quantitie, and of Cumfrey leaues and rootes, 1 ounce of Plantine and Bursa Pastoris, Ana 1 ounce beate them altogether verie fine, and put to them a spoonesfull of Honny, and then frye them in a frying Panne, and
G deuise

Backe.

deuide it into fower partes, and make of euery parte thereof, a Plaister, and so lay to the backe of the Patient euery night when he goeth to bedde, one of them, and by gods grace this will spreadely helpe him.

Cap. 66.

¶ A very good Oyntement for the backe,

TAKE fower ounces of Vnguentum frigidum Galeni, and an ounce of the iuice of Housleeke, two drams of Mirtle, and as much of burned Leade, & one draine of Camphire, halfe a draine of Red-rose leaues, and as much red Currall, and according to arte, make all these into an Oyntement, in a Morter of lead or Stone, and let the Patient annointe his backe often therewith, Probatum est.

Cap. 67.

¶ A very good restoratiue for the backe.

TAKE a quarte of stale Ale, halfe a handefull of Germaunder, a handefull of Clarie, a handfull of vnset Hysop, a handefull of vnset Time, one braunch of Rosemarie, a good quantitie of english Saffron, a dishe of sweete Butter, and a good peece of Suger, then boyle all these together, vntill the one halfe be consumed, then straine it, and let the Patient take it both Morning, and Euening, and this will helpe him. This hath bene proued.

Cap. 68.

¶ An other good restoratiue for the backe,

TAKE new Milke and set it on the fire, & when you see that it is ready to seeth, take the quantitie of a Nut of Roch Allum, and stampe it small, and put it into y^e Milke, and stirre it with a spoone, and couer it close, & when the Curde doth arise, take it of, and let the Patient drinke thereof morning and euening, for y^e space of five or six daies together, and it helpeth him very much.

Cap. 69.

¶ An other for the same,

TAKE a quarte of Goates Milke if it may be gotten, if not, then take a quarte of Towe Milke which is new, & a handfull of Oremeale, & a good deale of the Pith of an Oxe backe, & stampe them together, & put them into the Milke, and when it is sodden straine it through a fine linnen cloth, and let the Patient drinke it Morninge and Eueninge and this will helpe him. Probatum est.

This is also good for them that are in a Consumption,

Cap. 70.

¶ A good Medicine for the Raines of a mans backe.

TAKE Aquavitz, & put therein, a litle Hempe-seede finely beatē, & let it soke in the Aqua-vitz 7 or 8 daies together, then straine it, & let y^e Patient drinke it, & it will helpe him. Yf you cānot get Aqua-vitz, thē take good white wine, or else stale Ale, any of these will serue.

Cap. 71.

¶ A good Medicine for the weakenes of the backe.

Backe.

TAKE a pinte of Claret wine, and put therein a good quantitie of fine Suger, and Red-rose water, Buglosse water, and Borrage water, of euery one of them a good quantitie, and mingle them together, and let the Patient drinke two or three good draughtes thereof, and a litle Diasturion, This is a very comfortable Drinke to coole the Stomacke and the Raines, and it will strengthen the backe very much.

Cap. 72.

¶ A Marueilous good Oyntement for the backe.

TAKE fower ounces of Vnguentum frigidum Galeni, an ounce of the iuice of Houll eke, two Drams of Mirtle, and as much of burned Lead, one Dram of Camphire, halfe a Dram of Red-rose leaues, and as much red Currall, and according to Arte, make these into an Oyntement, in a Morter of Leade, and when the partie greued will vse it let him annoint himselfe befoze the fire, and this will present-lye helpe him.

Cap. 73.

¶ A Medicine for the heate of the Raines, and to auoide blistering in the mouth.

TAKE Liuerwoort, Sorell, Balme, and Succory, Ana, one ounce and seeth these in quart of Whay, hauing been well clarified, and let the Patient Drinke halfe a pynt thereof at the least, euery morning. Probatum est.

Cap. 74.

¶ A

¶ A present remedie to stay the running of
the Raynes.

TAKE a good quantity of Oremeale, and beate it verie smale, and put it into a quart of new milke, & seeth it, and put therein a good quantitie of Sugar, and when it is wel boyled, straine it, and let the Patient eate the milk, and this will helpe him without all doubt.

Cap. 75.

¶ A present remedie to helpe the running
of the Raynes.

TAKE Venice Turpentine, and wash it cleane, in these waters following, Viz. in Plantine water, in Red-rose water, and in water of Licquorice, and when you haue washed it verie well, then take the Turpentine, and seeth it with as much white Masticke, & when it is sodden inough it will breake to a powder, it is easily perceiued vpon a kniues poynt, then take halfe an ounce of Nurmegs beaten to powder, & put to it the like quantitie of the powder of Venice Turpentine, and halfe an ounce of white Sugar, and mingle them verie well together, then let the Patient put a quantitie of this powder into an Egge or two which must be but reare rosted, and so let him supp it of, and let him eate nothing for the space of an houre after, but if hee eate two or three of these Egges euerie morning so dressed, it will bee the better, vntill such time as he be whole, & then let him drink halfe an ounce of Red-rose water, & halfe an ounce of Plantine water, after such time as he hath eaten his last Egge.

Note that hee must eate Two of these Egges aforesayde in his bed before hee doe arise in the morning, and the third

one houre after that he is risen by out of his bedde, and after the space of one houre moze, he must drinke the water abovesaide, and then he must walke a good while after it,

Cap. 76.

¶ Another for the same.

TAKE a quātitie of y^e Stones of the rootes of Stockflowers, (viz) Diasaturion, and the rootes that lye like beades in barren groundes, and preserve them as you doe Cherries, or other thinges, then make a Caudle of Muscadine, and boyle the same rootes therein, with a Nutmegge grated, and a litle white Masticke, then let the partie greued eate of the rootes, and drinke of the same Caudle, of Muscadine, and this will presently helpe him.

Cap. 77.

¶ Another for the same.

TAKE two new laide Eggs, & put the whites of them awaye cleane, and set them in the fire, untill they bee bloud warme, then take halfe a Nutmegge, & a good peece of Suger Candie, & a pretty quantitie of Currall finely beaten to powder, then take a litle Cinamon & Amber, of ech of them a like quātitie, & mixe all these together, & put them into the Egge, and let the Patient suppe it of, or else let him tolke a peece or two of fine white breade, and powze thereon the yolkes of the eggs, and then straw the aforesaid powder vpon it, and soe eate it, and this will presently helpe him, This hath beene proued.

Cap. 78.

¶ An

¶ Another marvelous good remedie for the runninge of the Raines.

TAKE three Kernells of Pistia, which are not old, then take a drame of cleare Masticke, and a drame of Mirre, and three scruples of Camphire, of y^e Cuppes of Acorns and yellow Amber, of ech of them a like quantitie, & let the Patient vse this first with a quantitie of Venice Turpentine, cleane washed in Plantine water, & after wardes in the yolke of an Egge, which is reare rosted: But if the cause be hote, then take three drams of Bole armoniack, and put it thereto, Probatum est.

Cap. 79.

¶ An Excellent good and an approued Medicine, for the running of the Raines.

TAKE May-weede, Plantine, Neepe, Claric, Balme, and Dayse rootes, of ech of them a good handefull, and boyle them all in a quartre of pure Malmesie, and boyle it vntill the one halfe be consumed, & let the Patient drinke thereof Morning & Euening, and this will stay the Runing of the Raines, although y^e Patient hath bene long troubled therewith, This hath bene often proued, D. L.

Cap. 80.

¶ An other present remedie for the runninge of the Raines.

TAKE a good quantitie of Venice Turpentine, and a Nutmegge or two beaten small, and a good quantitie of Cinamon ground to powder, then take fise or six Date Stones, & grind the also vntill they be come to a fine powder, and

and mixe all these verie well together, and then make it into bullets pellet like, and wrape it in white Sugar, and let the Patient swallow downe thre or foure of these pellets euery morning next his hart, and let him walke halfe an houre after it, before he doe either eate or drinke, and it will speedily helpe him. Probatum est.

Cap. 81.

¶ Another principall medicine for the runing of the Raines.

Take a Shive of fine Manchet, and tost it at the fier vntill it be browne on both sides, then take Two newe layd Egges, and deuide the whites from the yolkes as cleane as you can, then take the two yolks, and spread them vpon the tost of bread, then take two penyworth of white Sugar Candie, and beate it verie small in a mortar, and strawe it vpon the yolkes of the Egges, as they lye vpon the toste, and let the Patient eate it in the morning fasting, and let him fast an houre or two after he hath taken it, and so let him continue this for the space of fve or six mornings together, and by Gods grace it will helpe him, although he hath been greued therewith 7 yeares before. Probatum est.
Per maister James.

Cap. 82.

¶ Another medicine for the same.

Take a tost of fine Manchet, and tost it on both the sides, and strawe vpon it Sugar Candie, Nutmegs, Amber, and Currall, of each of them equall portions, being all finely bearen into powder, & a little grated Sinamon, mingle all these together, and strawe vpon the tosted bread and let
the

the Patient eate this fasting euery Morning, for the space of three or fouer daies together, and by gods helpe he shall be cured. This hath holpen many that haue been sore troubled with this disease.

Cap. 83.

¶ Another for the same.

TAKE Pellitorie of the wall, Wilde Time, and Passly, of ech of them a good handefull, & boyle them in a quart of stronge Ale, and let it boyle, vntill the one halfe bee consumed, and let the partie greued drinke the quantitie of halfe a pinte thereof at a time, euery Morning and Euening for the space of nine or tenne daies together, & it helpeth.

Cap. 84.

¶ A very good water to washe the Yarde, of one that hath lately had the running of the raines, and hath beene cured thereof.

TAKE Woodbinde, Dayies and Plantine leaues, of ech of them thre good handefulls, and a good quantitie of the best english Honny that you can get, and a peece of Roch Allum as bigge as a Walnut, then put all these together, in a quart of faire running water, and a good quantitie of Red-rose Water, and boyle them in an earthen pot, or Pipkin, and let it be close couered, for the space of halfe an houre, and then straine it through a fine linnen cloth, and then take of this water being luke warme, & with a searinge squirete it by into the Yarde of the Patient, and let the Pipe be put in, an inch or somewhat more, and let it be alwaies very stronglye spouted by, whereby the Water may goe beyonde

Belly.

Putte the soze place, and soe vse it euery day thre times for the space of one whole Moneth together, and then he shall be quite sound from this disease for euer after.

Cap. 85.

¶ An other easie Medicine to helpe the runninge of the Raines, and also to scoure the Yarde.

TAKE Plantine water, and Wood-binde water, and mingle them both together, and with a searing, let the Patient greued squirte himselfe as abouesaide, both Morning and Euening, and as often as he shall thinke good and doubtles this will helpe him. Probarum est.

Cap. 86.

¶ A Medicine to take away the paine or gripinge in the Belly.

TAKE Sothernwood, and lay it against y place on the contrary side where the paine is, and it will drie it out: and if it be laide to the Maull of the Patient, it will take the paine cleane away, This hath holpen many.

Cap. 87.

¶ A very good Medicine for one that is hard bounde in the Belly.

TAKE a good quantitie of Hempe-seede, and seeth it in faire running Water, and when it is well sodden
Straine

straine it thorough a fine cloth, and let the Patient drinke a good draught thereof when he goeth to bedde, and this will make him Laxatiue, For it hath beene proued.

Cap. 88.

¶ An approued Medicine for a Laske
or losenes in the belly.

TAKE Aquacomposita, and a new layde Egge, and boyle the Aquacomposita with the Egge, vntill such time as it be drye, then take Suger and Cinamon, of ech of them a like quantie, and let the Patient eate it with y^e Egge, and this will helpe him. probatum est.



Cap. 89.

H 2

A

Biles, Fellyns, or Vncomes.

¶ A very good Medicine for any maner
of Byle, Fellyne or vncome.



TAKE Smallege, Rue, and red Sage, of ech of them a handefull, and a peece of Wheaten Leuen, and a quantitie of the groundes of stronge Ale, and mingle all these together, and make a Plaster thereof, and let the Patient aplye it oftentimes to the place greued, and this will presently helpe him, For this hath holpē them that were in greate ieopardie to haue lost a ioynte thereby. T. H.

Cap. 91.

¶ An other for the same.

TAKE Red Sage, and Rue, of ech of them a like quantitie, and choppe them very small, then take groundes of stronge Ale, and a good peece of browne Leuen, & a fewe Crumes of browne bread, and mingle them all together, and put them into the saide, groundes of Ale, then seeth it vntill it be thicke, and then make a Plaster thereof, and lay it warme to the soze place, and you shall finde great ease thereby Probatum est.

Cap. 92.

¶ An other Medicine for a Fellyn or Vncome.

TAKE a good quantitie of sower Leuen, and crume it into a litle Pypkinne, then take halfe a peny dishe of
sweete

sweete butter, and fower oz five spoonefulls of Rose vineger, the leaues and all, and boyle them altogether, and lay it to the place greened, as hote as it may be suffered, and this will spreadely helpe it, for it hath bene often proued.

Cap. 93.

¶ An other for the same.

TAKE to the number of xx. Garden Snailles, & beate them shells & all in a Morter, vntill you see them come to a Salve, then spread a litle thereof, vppon a linnen cloch, & lay it to y^e soze, and when one Plaster is drye, then applye an other to the place againe, & it will kyl the felline, & it will both heale it and drawe it, Probatum est.

Cap. 94.

¶ An other for the same.

TAKE Rue otherwise called Hearbe grace, and let it be gathered in March, and white woortes, c. ech of the a like quantitie, then take Rusty Bacon, a litle Butter, and a house Snaille, and mingle them very well together, and make a Plaster thereof, and lay it to the soze, and this will helpe him.

Cap. 95.

¶ An other for the same.

TAKE Red Sage, Rue, Snailles, Bay Salte, & Bacon, of euery of them, what quantitie you sha. I thinke good, and then temper and beate them well together, and

Biles, Fellyns, or Vncomes.

then lay it to the Fellyn, and this will presently helpe you.
Probatum est.

Cap. 97.

¶ Another for the same.

TAKE red Sage, Rue, and Houslocke of ech of them an ounce, wash them altogether, and drye out the water, with a cleane cloth, and choppe them very small, then take the quantitie of a Tennis ball of sawer Leuen, & two spoonefulls of Tarre, and a spoonefull of blacke sope, then stampe them altogether in a wooden Dish, with a Pestle of wood, and make a Plaster of it, and lay it an Inche thicke vppon a peece of linnen cloth, or else vpon a peece of leather, and euery Morning & Euening, apply it to the soze, and this will both drawe it and heale it. This is also good for any maner of Byle Fellyn or yncome.

Cap. 98.

¶ An Excellent good and approued Medicine for any Fellyn, old soze, or any other maner of Vncome whatsoeuer.

TAKE a quarte of Ale, and put therein a race of Ginger, beaten to powder, and seeth y Ale, vntill such time as the Ale be halfe consumed away, then put into it a good peece of Suger, to the quantitie of a quarter of a pound, or somewhat moze, then take it from the fire and let it coole, then take a fine linnen cloth and then put the thinges aforesaid into it and then let them soke well, and soe lay it vppon the place greued, and this will helpe it, if it be neuer so soze,
Probatum est. per M. L.

Cap. 99.

Cap. 99.

¶ An other for the same.

TAKE fine Wheate Flower boulted, and temper it very well with white Wine, & boyle it vntill such time as it be thicke, then take it and lay it vpon the soze, as hote as you can suffer it, and this will both open the hole, and drawe out the venome or filth, and ease the Akinge, & it will also close and heale it by againe, & for wante of white wine, you may take eyther Ale or Beere, This Medicine will also heale the pricking of any Thorne or Needle in any ioynte, & yf the hole be neuer so close stopped vp againe.

Cap. 100.

¶ An Excellent good Medicine for any maner of Biles, Whiteblowes, Fellyns or Vncomes.

TAKE Bores grease, Wheaten Flower, Sage, & May butter, and stampe them in a Morter altogether, and make a Plaster thereof, and lay it to the place which is greued, and it will both ripen it and drawe it, and if you doe frye it in a fryinge Panne, it will worke much moze the better. Probatum est.

Cap. 101.

¶ An other Experienced Medicine for to ripen any Byles, Whiteblowes, Fellyns, or any other Vncomes whatsoeuer.

Bladder.

TAKE a pinte of sweete Milke, and put thereunto, a good quantitie of Sheepes suet, and cut and shredde it very small, then take a handefull or two of Otemeale beaten very small, then set it ouer the fire, and seeth it untill it wax thicke, so that you may spread it vpon a faire linnen cloth, and lay it to the soze, as hote as euer you can possibly suffer it, and this will quickly ripen it and breake it, without any greate paine, and when it is broken, then lay a litle Turpentine vpon a peece of whit Leather, and picke it full of holes, and it will both draw and heale the soze, This hath beene often proued.

Cap. 102.

¶ An Excellent good Medicine to purge the Bladder of one that cannot Pisse.

TAKE Parslye, Red Fennell, the rootes of Elisauanders, the rootes and leaues of Hartes-toung, and a quantitie of Mayden heare, of ech of them a like quantitie, and seeth them in white Wine, & then straine it and giue it to the Patient greened, to drinke first and last, and it will purge the Bladder, in a shoyte time. Probatum est.

Cap. 103.

¶ An other for the same,

TAKE Rue, otherwise called Hearbe grace, Gromel and Parslie, of ech of them a like quantitie, and stampe them very well together, and temper them with white Wine, and giue it to the Patient luke warme, and this will helpe him.

Cap. 104.

Cap. 104.

¶ An other for the same .

TAKE Berries of Iuy, and beate them into powder, and put it into White wine, or else into stale Ale, and let the Patient drinke it as hote as he is able to suffer it, and it will doe him much good, Probatum est.

Cap. 105.

¶ A very good Medicine to cause one to make Water that cannot, & also against the Stone.

TAKE a New laide Egge, and in the greatest ende thereof, make a hole, and take out both the Yolke, and the white of it, and lay the hole of the same Egg, downwards, vppon a hote Brick-stone, and soe let it remaine, untill it be well purged, soe that you may make powder thereof, then take it and drinke it with White wine, twice euery day first and last, and it will helpe you. M. Rose,

Cap. 106.

¶ An other for the same,

TAKE a quart of very strong Ale, and set it vppon the fire, then take a good handfull of Time, and binde it vppon very fast into a litle bunch, and soe seethe it in the Ale, untill such time as you doe perceiue the strength thereof to be cleane gone into the Ale, and let the Partie greened drinke a good draughte thereof euery day both in the Morning and Eueninge, for the space of five or sixe dayes together,

Bladder.

ther, and it will helpe him. Probatum est.

Cap. 107.

¶ An other for the same.

Take a good quantitie of the seedes of red Nettles, and put them eyther into your Ale, or else into your Potage, and so drinke or eat often thereof, and this will helpe you presently. R. Cox, This is also good against the Stranguarie.

Cap. 108.

¶ A medicine for one that cannot pisse.

Take a flint stone, and lay it in the fier, and there let it remaine untill it be red hotte, and then put it into the Ale that the partie grieved doth drinke and then let him drinke a good draught thereof whilest it is warme, and hee shall finde marueilous great ease thereby.

Cap. 109.

¶ An other for the same.

Take a quarter of a handfull of Parsly, and as much red Fennell, and wash and shredde them verie small, & put them into a cup of stale Ale, and make a posset therwith, and drinke the Ale and it helpeth.

Cap. 110.

¶ An other medicine for one that pisseth Bloud.

Take

Take Bursa Pastoris, Parsly-seede, and Ambros, of each of them a handfull, stampe them altogether, & soke them verie well with Goates milke, and then straine it thorough a fine linnen cloth and giue it to the Patient to drinke and this will helpe him. Probatum est.

Cap. III.

¶ verie good medicine to cause one to pisse that cannot.

Take a verie good quantitie of the best English Saffron, that you can possiblye get, and beate it into fine powder, and then take the like quantitie of pure Black Sope, and mingle them both verie well together, and spreade them vpon the fleshye side of a peece of fine Sheepes leather, and then laye it vpon the Hauill of the partie greued, and it will procure Urine within one houre, or a little moze. Probatum est per I. I.

Cap. IIII.

¶ A medicine to prouoke vrine.

Take a good handfull of red Nettle rootes, & seeth them in a quart of good Ale, and let them seeth vntill the one halfe thereof be consumed then put into it halfe a Two-Peny-dish of sweete Butter, and let it be cleane skommed, befoze such time as the Butter bee put into it, and also seethe therein a verie good Quantitye of Elisaunder seedes

Bladder .

seedes, Parslie seedes, and Gromell seedes, being all very well beaten into a fine powder, and then straine this through a fine linnen cloth, and let all these thinges aforesaide, be of equall porcions, and let the Patient vse to drinke often thereof, and especially first and last, and this will helpe him without all doubt.

Cap. 113.

¶ An other for the same.

TAKE three quartes of Ale, and seeth it, and let it be thzee or fower times skommed, then put into it Rosemarie, Time and Peny-royal, of ech of them one handfull, and let them boyle altogether, vntill such time as one quarter thereof be consumed, or somewhat moze, then take it and straine the hearbes from the Ale, and let the Patient drinke a good draught of the Ale, luke warme, euery Morning and Euening, and this will ease him very much,

This is also good against the Stone, and it hath been very well proued.

Cap. 114.

¶ A very good Medicine to cause one to pisse that cannot.

TAKE Horse-doung out of the stable, new Butter & Aqua-vitæ, of ech of them equall porcions, & frye them all together, and make thereof a Plaster, and applye it to the patient, from the Mauill, to the Fundament, as hote as euer he may possiblie suffer it: But let not the Patient be afraid, although it cause bloud to issue forth, for such is the nature of the Medicine, Also it causeth the Stone speedily to anoide. Probatum est.

Cap. 115.

Cap. 115.

¶ An other Medicine to prouoke Vrine
very speedely :

TAKE Betony, that groweth in Woodes, both roots
and leaues, wash them very cleane, and then put them
to drye into an Ouen, in a Siue, or else some other like
thinge, and let it be in an Ouen where browne breade hath
beene newly drawne forth of it, then take the leaues and
rootes aforesayde, out of the Ouen, and beate them into pou-
der, and let the Patient vse halfe a sponesfull of the same pou-
der eyther in White Wine, Posset drinke, Pottage, or else in-
to your ordinarie drinke.

Cap. 116.

¶ A Medicine to heale a Canker vpon
the Yarde.

TAKE an ounce of Roch Allum, and halfe an ounce
of Verdygrease, and mingle it with Smithes water, &
and put them all together, into some vessell of glasse, &
boyle it, for the space of two houres together, then straine it,
and vse it as you see occasion.

Cap. 117.

¶ A very good Medicine for the swellinge
of the Yarde or Coddles,

TAKE the Water of Egrimony distilled, & put there-
to a good quantitie of Roch Allum, and set them ouer y
fire to soke, vntill they are ready to boyle, then take a

Bladder.

fine linnen cloth, and anoint the Varde vnder the skinne, with the same Water, and let it be warme when you doe vse it, and it will abate the extreame paine of the Varde, & also of the Coddies, if they be washed with the same.

Also to incarnate the skinne, of the Varde within, take y^e water of Fumitorie, & lay a quantitie of Licquorice, which is pared, to steepe therein, for the space of one Night, & then put of the same water, into the Varde with a sponge, or else with a Tente, made of Linnen cloth.

Cap. 118.

¶ An Excellent good remedie for the burning & intollerable heate of Vrine.

TAKE the seedes of Purslane, the seedes of Lettice, the seedes of Endiue, the seedes of white poppie, of ech of them two ounces, then take the weyghte of halfe a dramme of Henbane seedes, and two ounces of Saffron, five drammes of Licquorice, x. drammes of Pine-Apple Kernells, two ounces of Sebastian, the quantitie of six poundes of faire springinge Water, mingle all these very well together, and boyle them vntill such time, as the full thyrde parte thereof, bee consumed, then take it and straine it, and let the Partie greued, take euery Dozninge one ounce thereof, & mingle it with one ounce of of the iuice of Violets, and let him vse it for the space of three daies together, and the fowerth day you shall see marueilous straunge varieties in y^e Vrine, This hath bene very well proued.

Cap. 119.

¶ A Maruelous good Water for to breake
the Stone in the Bladder,

TAKE Two Pintes of the iuyce of Saxifrage, of
Grommell and of the iuyce of Parsly, of eyther of
them one Pinte, and of the best Vineger that is made
of a pleasant wine, the quantitie of 8 or 9 ounces, distill
all these together, and put the distilled water into some
glasse which hath a narrowe mouth, and let the Patient
take an ounce of it in the Morning, an other at Noone,
and as much when he goeth to bed, and this will helpe
him. This hath been truely prosued.

Cap. 120.

¶ A marueilous good drinke to clense the Blad-
der which must bee drunke after the
stone is disperced, and to cause
it to be done away by
Shieuers.

TAKE Rose-marie, and wild Time, of each of them
a handfull, seeth them in a quart of raine water, and
let it seeth vntill the one halfe thereof be consumed, then
put into it as much Suger as will make it sweete, and let
the partie greened vse to drinke often of it, vntill hee doe per-
ceiue his water to be cleare, and vnlesse his water be thicke,
let him not drinke thereof.

Bladder.

¶ A good Medicine to helpe the swellinge
of the Yarde.

TAKE Waxe and Oyle, and the iuice of Purflane, and
mingle them all together, and soe lay it to the Yarde,
that is swollen, and this will helpe it.



ANY thinges moze, might haue beene
heare spoken of, as concerning all such dis-
eases as come of the Bladder, as the Stone
and such like &c. but as concerning y^e Stone
it selfe, Looke in the Title of Collick and
Stone, and therein you shall finde thinges
answearable to expectation, Therefore I will now omitt
to speake any moze at this time of the Bladder, hoping that
there is none that doe take vpon them the practise either
of Phisicke or Ceirurgery, but are of themselues sufficient
enough to iudge thereof, and to minister apt Medicines for it,
& for those that are vnskillfull in the Sciences aforesaide, I
woulde wishe them to haue a greate care & respect, to y^e Me-
dicines that they do minister for diuers diseases comming of
the Bladder, & they not knowing the causes thereof, wherein
yf they be not skillfull, they doe very much hurte, Therefore
I would wish them first to learne of those which are skillfull,
befoze they attempt any such thinge themselues, & to knowe
perfectly the principall cause of the disease, whereby they
may moze easily of themselues afterwardes, Minister Me-
dicines accordingly, & as they haue occasion, & not any way
preiudice or hurte the Partie greued any thing at all, but
purchase to them selues everlasting fame



Cap. 122.

¶ A very good Medicine to staunch bloud,



LAKE White wine Vineger, of the best that may be had, and the Water of Plantine, of each of them the quantitie of two poundes, and mingle them together, then take diuers linnen clothes, and wette them therein, and then lay some to the soles of the feete of the partie greened, and some against the Liuer, and some to the Paine of his handes, and this will staunch the bloude forthwith. For this hath bene truely proued.

Cap. 123.

¶ An other Medicine to staunch the bleeding at the Nose.

TAKE Inckle, and binde the partie that bleedeth about the Temples of the Heade very harde, and knit the Knot thereof in the Necke, and this will presently staunche the bleedinge.

Bleeding, & Bloud-staunching.

Cap. 124.

¶ An Excellent remedie for to staunch the bleeding at the Nose, yf bleede neuer soe freshlie,

TAKE an egge and breake it one the top, that all the white and yolke may issue cleane forth of it, then fill y^e egge-shel with the blood of the partie, that doth bleed, an dput it in the fire, & there let it remaine untill it be harde then burne it to ashes, and it stauncheth the bleeding.

Cap. 125.

¶ A singuler medicine for to staunch the bleeding at the nose,

TAKE a linnen cloth, and wet in vineger and wrap it about the priuie members of the patient & hee shall cease bleeding. *Quod probatum est per Iohannem Linsell clericum Maiestri Anthonij Bronwne in Essex.*

Cap. 126.

¶ Another for the same.

TAKE Centory, greene Rue, and red Pennell, stampe all these together and straine them and drinke them warme, and this will stoppe any manner of wound cut, bzuise, or otherwise hurt.

Cap. 127.

Anothe

¶ Another for the same.

TAKE Bursa pastoris, Ilope, and Plantine, of each of these a like quantitie, and bruisse them in a moxter, and warme them as hot as you can against the fire, and lay them to the nose of him that bleedeth, and bind some of the hearbes to the Temples of his head as hot as hee can suffer them.

Cap. 128.

¶ Another for the same.

TAKE an old linnen cloth, and wet it wel in vineger, then burne it to powder, then take the powder thereof, and if it be a wound cast it therein, and it will stop the bleeding immediately, but if the nose bleede then snuffe the aforesaid powder into thy nose, and it will cease bleeding.

Cap. 129.

¶ Another for the same.

TAKE Betony, and stampe it with a little salt, the quantitie of both must be as much as thou canst take by with thy two fingers and put it into thy nose, and it will presently staunch the bleeding.

Cap. 130.

¶ Another approued medicine
for the staunching
of blood.

K 2

Take

TAKE Linnen cloth and burne it, and take the powder thereof, and put it into an other cloth, and soe lay it to the Wounde, and this will stanch the bleedinge of any Cut or Wounde. Also take an Herbe that is called by the name of Pimpernell, and holde it betwene your teeth, & you shall not bleede whilst you doe holde it there.

Cap. 131.

¶ A very good Medicine to stanch bloud, when noe thinge else will stoppe it, by reason that the vaines are cut, or that the wound is greate.

TAKE a peece of Salt Biese, (the leane onely) as much as will lye in the Wound, and lay the biese in the Embers of the fire, and let it be thorough hote, and when it is hote, thrust it into the Wounde, and binde it fast, and it will forthwith stanch the bloud, & let it lye for a good space after in the Wounde, for the stopping of the bloud. This is a present remedy, and hath beene often proved.

Cap. 132.

¶ An other for the same.

TAKE a Toade, and dry him in the Sunne very drye then put him into a linnen bagg, and hange him about your Necke with a stringe, soe lowe that it may touch your breste, vpon the lefte side neare vnto your Harte, and most commonly it stayeth all kinde of bleeding at the mouth, Nose, or Wounde.

Cap. 133.

¶ An other Medicine to stoppe blood.

YF your Nose doe bleede vnmearurable, the eye your litle finger very harde about the lower ioynte, and for the most parte commonly, it fayleth not, but stayeth the same.

Cap. 134.

¶ A very good Medicine to staunch the bleeding at the Nose.

TAKE the White of an Egge, and a litle red Oker, o-therwise called Bole armoniack, and a litle Dragons blood, bray all these together very small, then take a litle Flaxe, and wet it therein, and make it like a Fillet, & lay it vpon the foreheade of the Patient, from the one eare to the other, but be sure that it lye vpon the Temples, and this will presently staunch the blood. This hath beene suffici-ently Proued.

Cap. 135.

¶ A present remedy to staunch the bleeding of any Cut or Wounde.

TAKE a good quantitie of Vine leaues, and dnye them and beate them into powder, and put it into the wound, and it will cease bleedinge presently. This is an apro-ued Medicine.

Cap. 136.

Bleeding, & Bloud-spitting.

¶ A medicine for one that bleedeth inwardly.

TAKE a good quantitie of the iuice of Neepe, and let the partie grieued drinke it, and it will cause him to cast by blood presently. This hath been truely proued.

Cap. 139.

¶ An excellent remedie for one that spitteth blood,

TAKE the doung of mife, and beate it into pouder, (as much as will lye vpon a groate) and put it into a Pint of the iuice of Plantine, and put thereto a little Sugar, and let it be finely beaten to pouder, before you put it into y^e iuice, and let the partie grieued drinke of it morning & evening, vntill he perceiue this infirmitie to be cleane gone.

Cap. 133.

¶ Another for the same,

TAKE the iuice of Betony, and temper it with Goates milke, and giue the same to the patient to drinke, and let him vse it for the space of thre daies together, and this will double helpe him.

Cap. 141.

¶ Another for the same,

TAKE Betony, Mintes, Smalege, and Rue, of each of them a like quantitie, and seeth them together in newe Milke, and let the partie greened suppe it of as hot as he is able to suffer it, and this helpeth. Probatum est.

Cap. 142



Cap. 142.

¶ A Medicine for the byting of any Venemous beast.

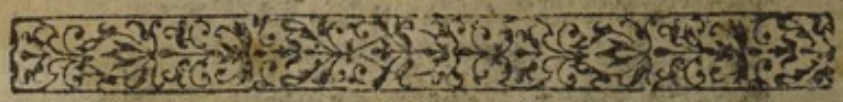


TAKE Plantine, and drinke the iuice thereof, and likewise take Selandine and Plantine, of ech of them a like quantittie, Stampe them very well together, & temper them with stale Pisse, and lay the same to the place greued, and yt will presentlye both asswage the Swellinge, and drawe out the Uenome thereof, and yf yt be neuer soe much For this hath beene often tymes proued,

Cap. 143.

¶ A Medicine for the biting of a madde Dogge.

TAKE Nyght-shade, Betony and Wilde Sage, of ech of them one handefull, and a pinte of faire running Water, then stampe the hearbes, and straine them with the sayd Water, and put thereto a penyworth of Triackle, and giue it to the Patient to drinke, for the space of two or three mozninges fasting, one after an other And yt helpeth, Probatum est,



Cap. 144.

A Rule to knowe what thinges are good and helofome for the Braine.

++-----+-----+-----+-----+-----+
 ++-----+-----+-----+-----+-----+
 ++ To sinell to Camamill or Mulke, + To eate Sage, but
 not ouermuch, + To drinke Wine meaurable, + To
 keepe the Head warme, + To washe your Hands often,
 + To walke meaurable, + To sleepe meaurable,
 + To heare litie noile of Musicke or ringers, + To eate
 Mustarde & Pepper, + To sinell the sauour of Red-roses,
 & to washe the Temples of your Heade often with Rose-
 Water, +-----+-----+-----+-----+
 +-----+-----+-----+-----+-----+

Cap. 145.

These Things are ill for the Braine.

++-----++-----+-----+-----+-----+
 ++-----+-----++-----+-----+-----+
 + All maner of Braines, + Gluttony, + Drunkennes,
 + Late Suppers, + To sleepe much afier meate, + An-
 ger, + Heauines of ininde, + To stande much bare-hea-
 ded, + Corrupt Aires, + To eate ouermuch or hastely,
 + Ouermuch heate in Trauaylinge or Labouringe, + O-
 uermuch Watching, + Ouermuch Colde, + Ouermuch
 Bathing, + Milke, + Cheefe, + Garlicke, + Oynions
 + Ouermuch Knocking or Noife, & to smell to a white
 + Rose, +-----+-----+-----+-----+-----+



Cap. 146.

¶ A very good Medicine for to be vsed
of one that hath a stinking breath,



TAKE the seedes of Coriander, and boyle yt
in white Rumney or Sacke, and let the Patient
griued drinke thre Spoonefulls thereof in the
Mozninge, and as much in the Eueuinge, but
note that, y^e which he taketh in y^e mozning must be cold, & the
other hotte, but he must vse to take noe excesse of meates, nor
drincke, nor let him not vse to sitte by late at night, but rise
by earlie in the mozninge, and it will him Probatum est.

Cap. 147.

¶ An other approued Medicine for a stinking
Breath.

TAKE a very good quantitie of Rosmarie leaues
and flowers, and boyle them in white Wine, and with a
little Cinamon and Benieamin beaten to powder, & put
therein, and let the Patient vs^e to wash his mouth very often
therewith, and this will presently helpe him. Probatum est
per M. Gatticars.

Cap. 148.

¶ An other for the same,

L

Take

TAKE of Cummin seede ana. iij. and beate yt to powder, and seeth it in a pottle of white Wine, and let yt seeth vntill such time, as the one halfe of it be consumed away, then take it and straine it, and let the Patient drinke thereof, twice euery day at the least, for the space of five or seauen dayes, together, and let him vse to drinke a quarter of a Pint thereof at a time, and this will helpe him without all doubt For yt hath beene often proued, I. B.



Cap.



Cap. 128.

An ephor (the)

Tal



Cap. 149.

¶ A medicine for the Tisicke, and stopping in the Breast, and to open the Pipes.



TAKE Parsly-rootes, Fennell-rootes, and Succory rootes, and take all the Pithes out of them, and seeth them in White Wine, til they be softe, and yf you can get any Ginger Berries, seeth them therein, with the rest, & then straine it, when you see that it is well sodden, then put thereto a litle Pellitorie of Spaine, to the Wine, and let the Patient drinke of yt both Morninge and Eueninge, for the space of eighte or nine dayes, and yt will help him, by Gods grace, for yt hath holpē many that could scarce fetch their breath at all.

Cap. 150.

¶ A good Medicine for the stopping in the breste.

TAKE Rue, and seeth yt in Cysell, and so let the Patient drinke yt: Let him also drinke Nettle-seede brayed, and yt will cause him, to auoide great stoz of Grauell from the stope, in the Raine of the backe,

Cap. 151.

¶ An excellent Medicine for all maner of diseases in the breste, & against all Impostumes, Coughes, and Plurisies,

TAKE a good handfull of Scabious, and let yt bee very well dried, then take Annise-seed & Fennell-seed, of eeb of them one ounce, then take an ounce of Licquorice, and pare it cleane, and cut it very smale, and twelue Figges, and halfe an ounce of Erins, then take all theese, and put them all together, eyther in a quarte of faire runninge Water, or else a quarte of pure White Wine to soke, for the space of one Night, then let them boyle untill such time, as the one halfe or somewhat moze be consumed, then straine yt thozough a fine linnen cloth, and when yt is strayned, put into it, a little fine Suger, to make it sweete, and let the Patient vse to drinke this both Morninge and Eueninge, for the space of eyghte or nine dayes together, and by gods grace, this will helpe him in a short time, for this hath beene sufficientlye proued.

Cap.





Cap. 152.

¶ A very good Medicine for to increase Milke in a Woemans breastes,



TAKE Fennell Rootes, and Parsneep Rootes, and let them be boyled in Broth, which must be made of Chickins, & then let the Patient eat the same rootes mixed with fresh Butter, which must bee as new made, as possible it may be gotten, and this will cause greate store of Milke to increase in any Woemans breastes, This hath bene often proued.

Cap. 153.

¶ An other for the same,

TAKE Rice and seeth it in Cowe Milke, and crume some Wheatē bread therein (it must be such as is cleane without Rie) and put into the said Mylke, some Fenell seede beatē to fine powder, and a litle Suger to make it sweet, and this is knowne to be ex ceading good.

Cap. 154.

¶ An other for the same,

Woemens Breastes.

TAKE a good quantite of greene Wheate, which groweth bypon the Grounde, betweene Michaelmas & Easter, you must take both of the Blades and Rootes, and stampe it very well and straine it through a fine Linnen cloath, into some Posset Ale, and put therein a litle fine Sugar, to sweeten yt withall, and this will increase great store of Milke in a Womans brestes, within the space of thre or fower dayes, by vsinge of yt, This hath bene proued.

Cap. 155.

¶ An other for the same.

TAKE Christall, and beate it into a very fine powder, and Mingle yt with as much Fennell seed, likewise beaten into fine powder, and a small quantitie of Sugar, and let the Patient vse oftentimes, to drinke it warme, with a litle White Wine, and this restoroth her Milke againe, yf it be gone cleane away from her, For this hath bene sufficiently proued.

Cap. 156.

¶ An excellent good Medicine, for a Woman that hath a sore or swellinge breste.

TAKE a Colewoort-leaf, and cut away the vaine of yt, and then annoint the leafe yt selfe, with May Butter, boyled with Rose-water, and then lay yt to the womans breste that is sore, and yt will allwage the swellinge and paine thereof, in a short tyme, This hath bene oftentimes proued and founde to bee good.

Cap.

Cap. 157.

¶ An other approved Medicine to breake the
fore of a womans brest.

TAKE a good handfull of Figges, and stampe them
in a Morter, untill such time as all the Kernells be all
broken, then take them and temper them very well with
a litle Swines Grease that is fresh, and make a Plaster
thereof, and lay yt to the Womans brest that is soze, as hote
as euer shee can possiblie abide yt, and yt will take away the
swellinge, and also the paine thereof, and yf yt be readie to
breake, yt will helpe yt forwarde forthwith to breake, or
else not, This is an approved Medicine.

Cap. 158.

¶ A Medicine for the swelling of a Womans
breast, after the wayning of a Childe.

TAKE Red Sage, Camamill, and whitewine Vin-
ger, and applye yt often to the Womans brest that is
soze and yt helpeth her. Probatum est.



Bruses and Sores,



Cap. 158.

¶ An approved Medicine for an old Sore or Bruse.



TAKE Selandine, red Sage, and Sorell, of every one of them a good handfull, two handfulls of Woodbinde leaues, halfe a handfull of Rue, otherwise called Hearbe grace, and a good handfull of the Topps of Rosemarie, boyle all these together, in a Pint of good white Wine, and a Pint and an halfe of faire running Water, and let them boyle, vntill you perceiue that they looke yeallow, and befoze such time as they are altogether sodden, and put as much Honnie into it, as you doe thinke will sweeten it, and then put into it, halfe a quarter of a pounce of Roch Allum, and when the Allum is molten, then take yt from the fire, and straine it through a Coultender, or else thorough some course linnen cloth, and put yt into a Gallypot or Glasse, and stoppe it very close, and let y Patient vse this to the soze, and it will helpe him, probatum est per D.S.

Cap. 159.

¶ An Excellent good Medicine for a bruse.

TAKE Brooke-Lime, Smallage and Browse-woorte, and frye them altogether in sheepes Suet, & then take it

it and straine it thozough a fine linnen cloth, and it will presently become an Oyle, then put thereto a quantitie of Spermaceti, and mixe them very well together, and annoynte y^e place griued often therewith, Probatum est, per M. Cox.

Cap. 160.

¶ A good Medicine for any maner of bruse in the Armes, Legges, or else where.

TAKE a good quantitie of the Suet, of an Hart, Buck, or sheepe, which is new killed (if it may be had) & put thereto some Lees of Wine, and Wheaten branne, then take Water-cresses, and wash them very cleane, and boyle them in faire runninge Water, and let them boyle vntill such tyme as they be soft, then put them into a Morter, and beate them, and then put them into a cleane Panne, then mixe all these thinges together, and frye them, and make a Plaster thereof, and lay it warme to the Soze place, and soe vse iiii. or fiue Plasters, or moze as neede shall require, probatū est.

Cap. 161.

¶ An approued Medicine for any Bruse or other sore, which is vnripened.

TAKE Otemeale Grotes, & seeth them in Cow Milke which is new, and let them seethe vntill they bee very thicke, and then put it into a Panne, and mixe it with a good quantitie of the eyes Tallowe, and then boyle them very well, and sturre them continually, and then make a Plaster thereof, and lay it to the soze, as hotte as it may bee suffered. This hath bene proued.

Bruses.

Cap. 162.

¶ A Medicine for a bruse or straine.

TAKE Chickweede, Wheate branne, & the groundes of stronge Ale or Beere, and mingle them very well together, and lay yt to the place greued, three or fower tymes a day, yt being spread vpon a red Cloath, but not ouer thinne, and this will helpe yt, Probatum est,

Cap. 163.

¶ A Medicine for a bruse.

TAKE a quarte of Claret wine Vineger, and boyle it very well with Leauened bread, and then put into yt, a good quantitie of Deeres Suet, and a good quantitie of Oremeale, & seeth yt vntill such time as it be very thicke, then take a linnen Cloath, and double yt, and spread yt thereon very thicke, and lay yt to the soze, But you must chaunge the Plaisters two or thzee times in a day, Use this for the space of thzee dayes together, and yt will helpe you.

Cap. 164.

¶ A Most singular good Oyle made of Camamill, which is good for all maner of bruses, Splenes, and Swellinges,

TAKE a Pinte of good Sallet Oyle, or somewhat more, and bruse a good quantitie of Camamill, and put therein, then put yt into a Glasse, and let it stande in some place in the Sunne, where yt may stande safe, for the
space

space of tenne or twelue dayes together, and when it hath stood there for the space of five daies then straine your Oile through a fine linnen cloath, and soe let yt againe in y sunne, and at the end of the afozsayd tenne or twelue dayes, then you must straine yt againe, and then let yt in the Sunne to stand in the Sunne for soe longe time as you shall thinke yt to bee purified very cleane, and soe straine yt the thirde tyme, and when you perceiue that yt is cleane purified from the drugs, then put yt into a cleane Glasse, & stoppe yt close, vntill such tyme as you haue occasion to vse yt, and when you will vse yt annointe the place grieved, twice or thrice euery day, changinge yt befoze the fire, and this will help you. This Oyle yf you will keepe yt close stopped, it will continue good for the space of two yeares and more, For yt hath bene oftentimes sufficiently proued.

Cap. 163.

¶ An excellent good Medicine for to be drunke of one that is burst in the Belly, or Coddies.

TAKE a handfull of Camfrey, a handfull of Poly-podium, otherwise caled Oke-learne, a handfull of Sparakinge, otherwise called Knotwort, a Potle of white Wyne, a Knuckle of Veale, halfe a pounce of Resons of the Sunne, halfe an ounce of Mace, and halfe so many Dates, & then take all these and put them into an earthen Potte, then take a Kettle of five or sixe gallons, and fill yt with Water, and set yt ouer the fire, then take the sayd Potte and stoppe yt very close, with a litle Paste, and then put yt into the afozsayde Kettle of faire Water, and soe let the same

Bruses.

Water seeth continuallye for the space of five or sixe houres with the earthen Pot therein, and keep the Kettle still seething with other seething water, then take out the saide earthen Pot, and take forth thereof, all other thinges, & beate them in a Morter, and straine it, and giue the Patient of y same Licquor to drinke both first and last, and in soe doinge hee shall bee by gods helpe cured.

Cap. 166.

¶ An other for the same.

TAKE the Gall of an Oxe and Oynions, and fry them with a quantitie of shepes Suet, and with a fine linnen cloth, put it to the soze, and this will presently help you, For it hath beene well proued.

Cap. 167.

¶ A very good Plaister for a bruse.

TAKE Wormewood and Cummin, of ech of them a like quantitie, and put thereunto, a litle rose Vineger, then lay it to the bruse, like a Playster, befoze that the skynne be any thinge at all broken.

Cap. 168.

¶ A Medicine for a bruse or cut.

TAKE rootes of Louage, Ale-hofe, Parslie, & Annis-seedes, and beate them in a Morter very fine, then take Barrowes greafe, and boyle them together, then straine forth the iuice thereof, then take as much vnwrought Wax,

as a Wallnute, and halfe as much Roſine, & let them boyl^e together, and when you haue ſoe done, then ſtraine it through a fine linnen cloth into a litle Panne of water, and then let it ſtande vntill it be colde, then take it in your handes and labour it, vntill it be ſomewhat ſhorſte, and then wrape it in a peece of Leather, and ſoe vſe it as you ſhall haue occaſion.

Cap. 169.

¶ An Excellent good Drinke to heale all maner of bruſes.

TAKE Egremony, Betony, Plantine, Sage, Roſes, Iuic leaues, and Parſie, of ech of them a like quantitie, and ſtampe them all together, and mingte them with a quarte of good White wine, and let the Patient vſe oftentimes to drinke thereof, vntill ſuch time as he be whole, which will bee by gods grace in a ſhorſte ſpace, Probatum eſt.

Cap. 170.

¶ A very good Medicine to ſkinne any old Sore or bruſe.

TAKE Red bramble Buddes, Selfe-heale, & Sinck-foile, of ech of them a good handfull, & a litle water-betony, and boyle them all very well together, with Barrowes greaſe, then let the Patient apply it to the ſoze as hote as poſſible it may be ſuffed, and this will help him without all doubt, Probatum eſt.

Cap. 171.

Burning & Scaulding

¶ An approued Medicine, for any burning
with fire, or Scaulding with Waler.

TAKE a good handfull of Housleeke, & a handfull of
Hemlockes, and beate them both together, then take a
quarter of a pounce of Bees Grease, and seeth both
the Hearbes and yt together, vntill suchtime as they come
to an Dyntement, and then straine them into a Bore, & let y
Patient annointe the place greened, therewith, twice euery
daye vntill such tyme as he bee hole, which will be in a short
tyme by gods helpe, Probatum est.

Cap. 172.

¶ Another for the same.

TAKE Iuy leaues, but they must bee of those that grow
next the ground, and the leaues of Marigolds, of Wood-
binde leaues, and Plantine, of euery one of them a like
quantitie, and choppe them very small, and boyle them in
Bees Grease, or elle Hogges Grease, & then straine them
into some earthen vessell, or elle a Gallypot, & let the Pa-
tient annoint the place where the grieffe is often therewith,
and yt helpeth, This hath beene well proued.

Cap. 173.

¶ Another for the same.

TAKE a brake-roote, and stampe yt very well in a
Woodden Dish, or in a Morter, and then straine out
the iuice thereof cleane, and let the Patient annointe
the place that is burned often therewith, & it will help him

Foz

For this hath bene sufficiently proued,

Cap. 174.

¶ A very good Oyntement for any maner of Burning of Gunpoweder, or Scauldinge with Water.

TAKE two or three handfulls of Houfleek, a handfull of Baroes Grease, and two handfulls of Groundsell, stampe all these together, & put thereto, two handfulls of Sheepes Dounge, that is new fallen, & as much Goose Dounge, and stampe them altogether as aforesaide, & then boyle them all very well together, and straine them through a fine Linnen Cloath, into an earthen Pot, and with the Liquor that commeth thereof, annoint the place that ys burned and yt will help yt forthwith.

Cap. 175.

¶ An other very good Oyntemente for any maner of burning with fire, or otherwise Whatsoeuer.

TAKE Dayisie rootes, Plantine, Waybread leaues, Greene goose Donnge, and the Greene Barke of an Elder Tree, of ech of them a like quantitie, and a quattitie, of Oyle Olyffe, stampe them all very well together, and straine them thozough a fine Linnen Cloath, and with a Feather let the Partie greened annointe him selfe therewith, as often as hee shall thinke good, and this will helpe him without all doubt, Probatum est.

Cap. 176.

Burning & Scalding.

¶ A very good Medicine for any maner of Burning with Fire, or Scalding with water.

TAKE a Brake roote, and stampe it in a Dishe, and then straine out the iuice, and put into it, a good quantitie of Creame, and let the Partie greued, annointe the place which is burned oz scalded therewith, and this will both fetch out the heate, and allwage the paine: For yt hath beene truely proued.

Cap. 177.

¶ A very good remedie for any burning or scald- with a Handegunne, or otherwise.

TAKE a good quantitie of the Dung of Geese, which is of one Nightes making, & a good quantitie of Butter vn salted, oz else Clarified Sheepes Suet, and fry them in a frying Panne for y^e space of a quarter of an houre, oz vntill your Butter oz Suet, be almost consumed, then put them into a course linnen Cloath which is cleane, & straine them into a Gally-pot, oz els some small earthen vessell: then take a feather, and dip it in the same Liquor, & annoint the place therewith, which is burned oz scalded, and when you haue soe done, then take a fine Linnen cloath, and wet it well in y^e same Liquor, and lay it vpon the soze place to couer it with- all, & soe doe this twice oz thise euery day vntill it be whole, and this by Gods grace, will speedely help you, probatū est.

Cap. 178.

¶ Another for the same.

TAKE a good quantitie of Mayden-woort, & stamp it,
and

and seeth yt in fresh Butter , and straine yt , and let the Patient annoynt the place greued often therewith , and yt will spreadely helpe him. Probatum est.

Cap. 179.

¶ A Medicine to take away a heate or burning with Gun-powder.

TAKE a good quantitie of of Housleeke, and stampe yt, and wring out the iuice cleane, then take the whites of five or sixe New laide Egges, and beate them in a Dyshe, vntill such time as they be Thicke, and then take of the skumme of yt, and put the rest together, and wash the soze place with a Linnen cloath, and lay the cloath aloft vpon the soze watte.

Cap. 180.

¶ Another Medicine for Burning or Scalding.

TAKE Blacke Sope, or Gray Sope, and lay it ynnmediatlye to the place which is burned or scalded, and yt will spreadely helpe yt. For yt hath beene truely proued.

Cap. 181.

¶ Another for the same.

TAKE a good handfull of Auans, & as much Sheepes Dunge, and soe fry them in May-Butter, and straine it, and let the Patient annoynt the place greued, with a litle of the same stuffe yt being cold, twice or thrise a day, and let yt be annoynted first, eyther with Gray or blacke Sope, & yt will help yt, But the Dyntement must be spread vppon a fine flaxen Cloath, yf that yt may be gotten, probatū est.

Cap. 182.

¶ A Medicine for burning or skalding
in what place so euer it be.

TAKE the white of an Egge, and put it into a pew-
ter dish, and then laboz it with an Allome stone, vntill
it be like a Posset curde: then take a fine peece of
Linnen cloth, and wet it in Oyle Oliffe, or in some other
Oyle: then lay the sayde cloath vpon the soare, and aboue
it lay the aforesayd curde made of the white of an Egge, and
that shall both drawe out the fire, and heale the soare.

Cap. 183.

¶ Another Medicine for the same.

TAKE foure Egges and rost them, and then take out
the yolkes of them, and frie them in a pan softly vpon
the Embers, till they be blacke, and thereof will come
an Oyle, the which you must saue, and put it into a Gallie
pot, and so vse it when they haue neede thereof.

Cap. 184.

¶ A good Medicine for a burning, for lacke
of other thinges.

TAKE the berries of the Elder-tree, and lay them vnto
the soare, and they will presently helpe you.

Cap.

Cap. 185.

¶ Another Medicine for the same,

TAKE Oyle Olive, and beate it with faire water, untill it ware very white, and then annoynt the place greued, and it speedely helpeth.

Cap. 186.

¶ An other approued Me dicine, for any burning or scalding.

TAKE a dozen Egges, and let them be as new as you can haue them, and lay them in the fire, and rost them as hard as you can take the yolkes, and choppe them as small as you can, and put them into an earthen pot, and set it ouer the fire, and stirre it with a sticke, and let it boyle untill you see it consumed in a maner to nothing: Then take it from the fire and let it in the ayre a quarter of an houre, or more, and there will come an Oyle thereof, then take a feather and annoynt the grieke with the same Oyle, and take Hartstong leaues, and lay vpon the grieke, and that will gather the skinne, then you may binde a cloth thereto.

Cap. 187.

¶ Another for the same,

TAKE a Henne Egge, and rost it untill it be very hard; then take forth the yolke, and bzuise it with fresh Butter that is cleane without any salt, and annoynt the place greued therewith, and by Gods helpe it will be whole.

Burning & Scalding.

Cap. 188.

¶ An other for the same,

TAKE a Pounce of Waxe, a pounce of Rosine, and halfe a pounce of May-butter, and boyle all these very well together, and stirre yt continually as yt doth seeth, and then let yt coole againe, and when you will vse yt, make yt Plaster-wise, and this will helpe you. *probatū est.*

Cap. 139.

¶ A very good Medicine for any burninge with fire,

TAKE Blacke Vernish, and with a Feather, andoint the place well which is burned, and yt will asswage y^e heate thereof, and yt will heale yt as faire as ever did any other Medicine, and soe vse yt continually, untill such time as you bee perfect whole. This hath beene truely and sufficiently proued.

Cap. 190.

¶ An approued Medicine for any maner of burning or Scaldinge, be yt with fire, Oyle, or with Gunpowder.

TAKE Salt dissolved in Water, or else Brine, which the strength of yt selfe, dosh take away the paine, and y^e heate of any burning, and especially yt yt bee bathed with linnen clothes wette, or dipped in the same, and after-wardes applyed to the place which ys burned or scalded, and this will presentlie helpe yt. *Probatum est.*

Cap.



Cankers in the mouth.

Cap. 191.

¶ An excellent remedy for a Canker.

TAKE Peny-royall, red Fenell, red Sage, Rosemary toppes, Hayden-heare, of each of them a good handfull, and a little Ifope, boyle all these well together in a quart of white Wine, and put thereto as much as two Walnuts of Roch Alum, and as much Hony as will make it sweete, then take it and straine it through a fine cloth, and let the patient wash his mouth often therewith.

Cap. 192.

¶ Another for the same.

TAKE fine Wheaten flower, new Milke, Tarre, and Colewortes, of each of them as much as you shall thinke good, and boyle them altogether and make a playster thereof, and apply it to the soze place, and this helpeth.

Cap. 193.

¶ A very good water to kill the Canker and Scurfe in the mouth.

TAKE a quartre of white Wine, Selandine, red Sage, Rosemary stripped, Hisope, and Woodbinde leaues, of euery of them halfe a handfull, boyle them in the white Wine, vntill the one halfe be consumed, then straine them, and wring forth the iuyce; then put thereto halfe an ounce of Allom, a quarter of an ounce of white Coporas, and two or thre sponesfulls of Honny, and then set it to the fire againe, and let it seeth but a little: then take it and straine it againe, and put it into a Giall, and when the partye grieued, will vse it, let him wash the Canker with this water, beeing luke warme, thre times a day at the least, eyther with a linnen cloth vpon his finger, or else vpon a stickes end if he cannot come to it with his finger. This hath holpen many.

After the patient hath washed his mouth, let him take Sandeserd beaten very small, and (the patients mouth being opened) eyther with a Reede or a quill, blowe a little of the powder vpon the sore. This water will in a short tyme heale anye olde sore, beeyng washed thorewith, and a fine linnen cloth dipped in it, and layde vpon the sore.

Cap. 194. A P

A Medicine for a Canker in the mouth, both white and red: the white Canker will breake out, but the red will not: Also this Medicine is very good for any sore lips, sore legges, or any other sores.

TAKE two handfulls of Woodbinde leaues, and a handfull of Sage, tread them fine, and beate them very small in a Morter: Then take two spoonesfulls of

of Voinny, and Roch Allum to the quantitie of halfe an Egge: then take a quartie of faire running water, and seeth these altogether, vntill they be thicke, then strayne it through a fine linnen cloth, and put the liquor into a faire earthen pottle, and couer it very close: then annoynt the gummes of the patient therewith, within his mouth, on the soze syde, or else if neede require, you may annoynt your whole mouth therewith: And if it bee a white Canker, then annoynt the vtter side of your mouth, and then wet a cloth in the liquor, and lay it thereunto, on the out side of the soze, and vse this thre or foure times in a day, and when you are dressed, then lay your face to a warme chafingdish of coles, and then you shall see the water runne forth of your mouth in great quantities. And if the Canker bee in the nose, or in any other place where it cannot bee touched, then spout some of thys liquor with a quill, and this will heale you within a short space. This liquor will be kept well one and twentie dayes, in his vertue and no more. This hath bene often proued.

An other Medicin to cure the Canker

Cap. 19.

TAn excellent Remedie for a Canker in
the mouth or throate, or else to wash your
teeth that be hollow and
sinke.

TAKE a quantitie of red Sage, and twelue croppes
of Rosemary, and a quantitie of Hony-Suckles,
and wilde Daylies, and Sinkfoyle: Boyle them
all together in a pinte of verie faire runnyng water,
vntill it bee halfe consumed: Then take a little Roch-
Allum, and burne it to powder, and halfe a spoonefull

of Hony, and put therein: then take and straine it through fine linnen cloth, and when it is cold, put it into glasses, and let the patient wash his mouth therewith, as often as hee shall thinke good.

Cap. 195.

¶ A very good Medicine for a Canker in the mouth.

TAKE white wine Vinegar, and Hony, of each of them a like quantity, and boyle them altogether with a little Roch-Allum, and let the patient wash his mouth therewith as often as neede shall require, and this cureth the Canker.

Also the iuice of Plantine, Vinegar, and Rose water, is very good for the Canker, or a stinking breath.

Cap. 196.

¶ An other Medicine to drie vp the Canker and to stay it.

TAKE the iuice of Woodbine, and the iuice of Marygoldes, and a quantitie of Hony, and a quantitie of powder of Cannell, and as much powder of Copozas, and the powder of wilde Sage (burnt and mingled all together) then lay them on the place where the Canker is, and it will drie it vp. But to slea the Cankers, take a red Onion and lay it thereon, and it will both slea it and cure it.

Cap. 197.

¶ A very good Medicine for a Canker, or disease of the Gummes or throate.

T A K E

TAKE Plantaine and Honyſuckles, of each of them a handfull, an ounce of Daiſy leaues, halfe a handfull of Sage, and a quart of very faire running water, boyle all theſe together, vntill the one halfe be conſumed: then put therein five ſpoonefulls of ſharpe Vinegar, five ſpoonefulls of ſtone Hony, and as much Roch-Allum as a Walnut, this hath bene proued to cure the Canker.

Cap. 199.

¶ A Medicine to cure any Canker in the mouth.

TAKE a Flowerdeluce roote, waſh it, and ſlice it, then take a few leaues of Penroyall, lay them to ſteepe in very faire Conduite water, or elle in faire running water for the ſpace of xxiii. houres, then take the ſame water and waſh your mouth therewith as often as you ſhall thinke good.

Cap. 200.

¶ An other for the ſame,

TAKE Vinegar, Roſe-water and the iuice of Plantaine, and waſh thy mouth therewith many times, and it will helpe thee.

Cap. 201.

¶ A Medicine to cure a Canker in a womans pappes.

D.

TAKE

Cankers.

TAKE Goose-doung, and Selandine, and bray them very well together, and lay them to the soze pappe, and it will cleanse the Canker, kea the woyme, and heale the soze.

Cap. 202.

¶ A very good water for to cleanse the mouth, and to fasten teeth,

TAKE Woodbinde leaues, and Sage, of each of them a handfull, a good spoonefull of pure english Honny, and a peece of Allume as bigge as a good Walnut, Boyle all these together in a quarte of faire running water, and let it boyle till the one halfe be consumed: then straine it through a fine linnen cloth, and let the Patient wash his mouth with this water luke warme, thzee or foure times in a day, and this will cleanse his mouth of any corruption that shall abide therein, after any Canker or other disease.

Cap. 203.

¶ An excellent good Medicine for a Canker.

TAKE Ground Iuie, Plantine, Peny-royall, Woodbinde, Daylies, Rosemary, Isop, Featherfew, Sage, Lauender-spike, and Hearb-grace, of each of these alike quantity, and two spoonefulls of white wine Vineger, stampe and straine all these together, then take wheaten Flower, and Honny, of each of them one spoonefull, then mingle the iuice of the hearbes, and these things all together,

ther, and let it be stirred about very well: then make a Plaster thereof, and lay it to the soze place cold, and by Gods grace it will helpe you very speedely.

Cap. 204.

¶ A Medicine for a Canker in the mouth.

TAKE the iuice of Plantine, Woodbinde, and a little Roch Allum, Rosewater, and white wine Vineger, & mingle all these together, and let the Patient wash his mouth therewith, and this will helpe him in a short space, for it hath bene well prooued.

Cap. 205.

¶ A Medicine for a Canker, or a sore mouth,

TAKE a handfull of Sage, and a handfull of Hony-suckle leaues, a pretty quanty of Rosemary, and as much Roch Allum, as halfe a good Walnut, and a spoonfull of Honny, boyle all these together in a quart of faire running water, and let them boyle a good while, then straine it into a Glasse or Uiall, and let the Patient wash his mouth both morning and euening, as long as he shall finde himselfe greued, and this will helpe him. Used much by Tho. Sefold.

Cap.



Cap. 206.

¶ An excellent good Medicine for a woman labouring of Childbirth.

TAKE Mugwort, and seeth it very well in faire water, and plaister it as hote as it may be suffered, both to the Nauell and Thighes of the woman labouring of childe, and it doth prouoke speedie deliuey of Childbirth, and afterburden, without any perill, but it must not be suffered to continue very long to any part of her body, for if it doe, it will cause the Matrix to follow.

Cap. 207.

¶ An other for the same.

TAKE Hisope, Veruoine, and Betony, of eache of them one handfull, stampe them very small with olde Ale, and straine it, and wzing forth the iuice thereof, and let the woman that trauaileth, drinke a good draught of it, and it will helpe her presently without any daunger. This hath beene proued.

Cap. 208.

¶ A present remedy for a woman that traueleth with childe, to helpe her to a speedy and good deliuerance.

TAKE

TAKE Pollipodium, otherwise called Okefearne, and stampe it very well, then plaister it vpon the feete of the woman that traueleth with childe, and it causeth speedy birth of the childe, eyther alive or dead. This is a maruelous good secret.

Cap. 209.

¶ A Medicine for the Crampe,

TAKE Oyle of Violets, Holy-oke, and of Swines greace, of each of them a like quantity, and make an Oynment thereof, and let the party greued annoynt the place very often where the griete is with the same Oynment, and this will helpe him. Probatum est. Per I. B.

Cap. 210.

¶ A very good Medicine for a Chincough,

TAKE a Moule and flea it, and dize it to powder in an ouen, and dize it in Ale. The same is also good for them that cannot hold their water. Probatum est. Per M. Ierueis.

Cap. 211.

¶ Another for the same.

TAKE Bores-greace, and warme the soales of the feete of the patient to the fire, and chafe and rubbe them with the aforesaid greace, and when you thinke
A P
D 3
that

Cough.

that you haue rubbed and chafed them ynough, then let him goe to bed, and there be kept very warme, and lay clothes ynough to his feete.

This may be vled to little Childzen, and it will helpe them.

Cap. 212.

¶ An approued Medicine for
a Cough.

TAKE three Figges and roste them, and put them in a cup of Beere, and put therein a little Licquorice, and Annise-seedes beaten to powder, and let it to stand by the fire till it be warme, then take out the Figges and eat them, then when you goe to bed drinke vp the drinke also, and couer your selfe very warme, and in so doing for the space of foure nights together, it will breake the Cough. This hath bene proued.

Cap. 213.

¶ A very good Medicine to take away
a cough, or stitch.

TAKE a quarte of Malmesye, Anise-seede, and vnset Ilope, of each of them a handfull, a Licquorice-sticke oz two, bzused, and halfe a two-peny dish of Butter, seeth all these together till they be thicke, and then take it and spread it vpon a cosse of Wheaten-bread, and lay them within a fine linnen cloth, and set it to your stomacke as hot as you may suffer it, but if you will vse this for a stitch, the Butter must be left out.

Cap. 214.

¶ A

¶ A very good Medicine for a cough, and to cause one to auoide flegme from the stomacke.

TAKE a quart of stale Ale, and a handfull of Goosemeate, which is commonly called Hayrese, and a good quantity of Licquorice pared, and a quantity of small Reifons, and boyle them altogether, vntill the one halfe be consumed, and let the patient drinke thereof first and last.

Cap. 215.

¶ An excellent good drinke to breake the cough.

TAKE two penyworth of Licquorice, and set it to soke in very faire running water, and so let it stand for the space of a day and a night therein, then let the patient drinke a good draught thereof when he goeth to bed, as hote as he can drinke it, then let there be a hote Boord, or a Logget of wood layd as hote as it may be suffered, to the soles of his feete when he goeth to bed, and prouoke him to sweate if you can, and so in the morning do the like againe, and within thre dayes he shall be whole. Probatum est.

Cap. 216.

¶ A Medicine for the Cough, and for the straightnes of the pipes.

TAKE drye Figges, and Ilope, and stampe them very well together, and boyle them with Honny, then let the patient vse to drinke it fasting, this is good, and hath bene very well approued to be true.

Cap. 217.

¶ An excellent good and approued Medicine against an extreame Cough.

Cough.

TAKE Fennell-rootes cleane washed and Annise seedes, of each of them a like quantity, and a little Licquorice, and seeth them altogether in white Wine, then take and straine it, and put it into some earthen or close pot, and drinke a good draught thereof when you goe to bed, and the next morning, take a Figge, and a Date, and roll them, and eate them as hote as you may, and when you haue so done, neyther eate nor drinke for the space of two or thre houres after, and thus in thre or foure dayes you shall be whole.

Cap. 218.

¶ Another Medicine for the same.

TAKE Hore-hounde, and Ilope, of each of them a like quantity, then take Water and Sugar, and boyle them alltogether, till it become a syzop, and so vse to eate this morning and euening, and at all other times when you shall thinke meete and conuenient, and this will bryake the Cough, for it hath bene proued.

Cap. 219.

TAKE a toste of Bread, and make it very hote, and put on as much sweete Sallet Oyle, on both sides thereof, as the bread will receiue, and eate it, vse this morning and euening, and it will help you.

Cap. 220.

¶ Another Medicine for the same.

Cap.

TAKE a little of the roote of Elicompanæ, Reysons of the sunne, Figges cut in small peeces, and Annise seedes, Ilope, Licquorice, and Hore-hounde, of each of them a like quantity, Boyle all these very well together in faire running Water, then straine it, and drinke it euery morning fasting for the space of thre or foure dayes, and it will helpe you.

Cap. 221.

¶ Another Medicine for the same,

TAKE Barrowes greace, or Bores greace, and foure or fve Cloues of Garlicke, and stampe them all together: then when the Patient is going to bed, let him warme his feete to the fire, and anoynt them with the aforesayd oymntment, then when he is in his bed, let him haue a trencher made hote, and put to the soales of his feete, as hote as he may abide it, and warme clothes, and this will helpe him, Probatum est.

Cap. 222.

¶ A very good Medicine for the Cough, and to breake the fleagme.

TAKE a pottle of pure Muskadine, and a quart of Ilope water distilled, and fve or sixe good races of case Ginger, pare off the rinde from them very cleane, and slice them, then take twice as much Licquorice as you haue Ginger, and pare it likewise, then take two good handfulls of Sugar-Candie, grose bzused, and mixe all these together, and put them into a Glasse, and shake it often, and stop it very close, and let it stand for the space of xxiii. houres,

Cough.

sources, then take it and drinke it as often as you shall
thinke good.

Cap. 223.

¶ Another Medicine for the Cough, and to drye
vp the Reume, and fleagme.

TAKE two penyworth of Cloues and Maces, a hand-
full of Bay salt dzyed at the fire, a handfull of Cum-
min, and a handfull of Sage, Beate all these very
well, and mingle them together, then take and put them
into a linnen Bagge, made for that purpose, of the length
and breadth of a mans hand, and let it be quilted, and put it
to the mould of the head of the Patient, till he finde ease of
his grieffe, and so euery morning and euening warme it, and
lay it to your mould againe. This hath been prooued,

Cap. 224.

¶ A very good Medicine for the Cough, and
wheehing of the pipes or nose,

TAKE an ounce of Case Ginger, beaten into very
fine powder, and an ounce of Elicompane rootes dzyed
and beaten into powder, then take a pound of Sugar-
Candie, somewhat finely beaten, halfe a pound of
Licquorice, and halfe a pound of Annise-seeds, let them
be both searled, Then take these and mingle them all to-
gether, and when you haue so done, put the powder into
a Bore, or Bladder, and when you goe to bed, eate a
spoonefull hereof, and as much in the morning fasting,
and thys wyll helpe you in a shORTE space, by Gods
helpe.

Cap.

Cap. 225.

¶ An excellent Medicine for the Cough, and for the stopping at the brest, and also to open the pipes, and to auoide great store of corruption.

TAKE the roote of Elicompana, and a Raddish roote, and shread them very small, and of Peare-wardens twice so much as of both the others, then put them all together into a new earthen pot, and put to them clarified Honny, till it do overflow the said ingredience, then couer the pot, and paste it so close, that no bzeath may come forth thereof, and set it into an Ouen, and let it bake with a batch of Bread, and giue to the Patient a spoonefull euery Morning fasting, and likewise in the Euening, and it will helpe him.

Cap. 226.

¶ A good Powder for a Cough.

TAKE nine penywaight of fine Case Ginger, beaten small, and eighterne penywaight of Powder made of Elecompana rootes, and an ounce of Licquorice beaten to powder, and two ounces of the powder of Annise-seedes, and three ounces of Suger-Candie, mingle all these together, and put it into a wooden Bore, then take it, and eate it at your pleasure, at all times of the day, and heereby you shall finde great ease, for this hath been often prooued.

Cap. 227.

¶ A perfect good Syrope for a Cough,

107. Cough of the Lungs.

TAKE halfe a pound of white Suger-Candie, halfe a pinte of Rose-water, a spoonefull or moze of Annise-seedes, a pinte or moze of Ilope-water, and a good quantity of Licquorice cleane pared and bzused: Boyle all these together, untill you see it come to a Syrop, then straine it thzough a fine linnen cloth, and put it into a Glasse, and take it at all times when you shall thinke most meete, and conuenient for you.

Cap. 228.

¶ A soueraigne Medicine for the cough of the Lungs.

TAKE Raysons of the sunne a handfull, and let them be cleane washed, wicz the stones of them cleane picked out, and a penyworth of Maydenheare, halfe a spoonefull or moze of Annise seedes bzused small, tenne or twelue Figges, halfe a pound or somewhat moze of Portugall Suger, thzee pintes of very faire running Water, Boyle all these together, untill the one halfe be consumed away, then straine it thzough a fine cloth, and euery morning dzinke two spoonefulls thereof luke-warme, and you shall presently finde remedie thereby. Probatum est. Per M. Baker.

Cap. 229.

¶ Another for the same.

TAKE halfe a pound of the best Sugar that can be gotten, and a good quantity of Annise seedes, and Licquorice, two handfulls of great Reysons, and let the stones be picked out, two penyworth of Mayden-heare, a gallon of faire running Water, a pound of Figges, Boyle all

all these together, vntill it be halfe consumed, then take it, and put it into a cleane earthen pot, and as you vse it, take a little at a time, and put it into a Gaudlin Cup, or Cruce, and warme it, drinke this as often as you shall thinke good, but especially Morning and Euening.

Cap. 230.

¶ A Medicine for the cough of the Lungs,
and for the Rewme.

TAKE all. of Elicompanæ rootes y^e are yong, of Se-
trach, Mayden-haire, Ana, 1. ʒ. all being new gathe-
red, scrape the Elicompanæ rootes, & cut it into small
lices, seeth them in fūe pintes of faire running Water, and
let it boyle vntill it come to a pinte and an halfe, then straine
them, and put to it the quantity of thzee quarters of a pound
of fine Suger, then boyle it againe, vntill it come to the
quantity of thzee quarters of a pinte, then take two or thzee
yolkes of new layd Egges, and beate them very well, and
put them therein, and let them boyle together for the space
of halfe a quarter of an houre, then take it off the fire, and
when the Patient will vse it, let him take a spoonefull at a
time, one in the morning, and an other in the euening, and
let the Patient lye vpon his backe for the space of an houre
after he hath receiued it, and let him vse this for the space of
fūe or sixe dayes, keeping himselfe very warme, and it will
rid the greatestt cough that is from him, for it hath been well
prooued.

Cap.

P^r 3

Colde.



Cap. 231.

¶ A very good Medicine for the Colde,

TAKE a Pottle of Ale, and boyle it, also scome it very cleane, then take Hisop and Peniroyall, of each of them halfe a handfull, Annise seed and Licquorice, of each of them an ounce, and threepennyworth of calce Ginger, and five or six Figges sliced: If your Figges do not make it sweete inough, then put into it a quantity of fine Suger, (you must slice your Licquorice and Ginger, and bruse your Annise seeds) and then boyle it ouer the fire, vntill the one halfe be consumed, and then straine it through a fine linnen cloth into some Glasse, or else some Pot, where it may be kept close, then let the Patient drinke thereof morning and evening for the space of five or six dayes together, and he shall finde great ease thereby. Probatum est.

Cap. 232.

¶ Another for the same,

TAKE Hisop, Rosemary, Plantine, and the roote of Raddish, of each of them a like quantity, and seeth them in a pottle of white Wine, vntill the one halfe be consumed, then take it from the fire, and seperate the hearbs from the licquor, then take the hearbs, and put them into a Morter, and stampe them very well, and straine them, and put it into the Pot againe, then take a pinte of english Honey, and boyle it, and skome it, then take the quantity of a small Rute of Bay Butter (if it may be gotten) and let it be
clari-

clarified, and put into the other Licquoz, and let it seeth a little space after, then straine it againe through a fine linnen cloth, and put the Licquoz into a Glasse, or some other cleane Vessel, and let the Patient drinke thereof morning and euening, to the quantity of seuen or eight spoonefulls at a time, with stale Ale, vntill he be whole. This hath been often proued.

Cap. 233.

¶ A Medicine for the stopping of the nose and head, which commeth by reason of colde,

TAKE a good quantity of the iuice of Primrose, and blow it with a quill into the Patients nose, and let him keepe himselfe warme after it, and it will clear both his head and nose.

Cap. 234.

¶ A very good Drinke for a Cold or Cough.

TAKE Ifop, Rosemary, Plantine, & Raddish-roots, of each of them a like quantity, and seeth them in a pottle of pure Muscadine, and so let it seeth vntill sixth time as the one halfe thereof be consumed away, then take forth the hearbs, and put them into a wooden dish, or else into a mortar, and stampe them, and straine the iuice into the licquoz, and then put in the hearbs againe, then take a pinte of clarified Honny, and the quantity of a quarte of May-Butter, being likewise clarified, and so boyle all these againe for the space of a quarter of an houre, or somewhat more, then take it and straine it through a fine linnen cloth, into some glasse, or else into some cleane earthen vessel, and stop it close, and let the Patient vse to drinke this both morning and euening for the space of 3. or 4. dayes together, but he must take the quantity of vii. spoonefulls at a time, mingled
with

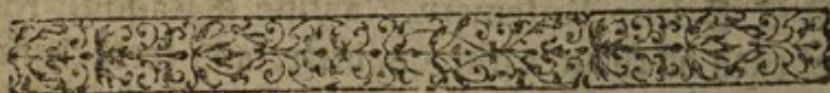
Cold. Cornes.

with stale Ale warme, and this will helpe him, although his Cold or Cough be neuer so great, for it hath been well prooued, C. D.

Cap. 235.

¶ Another very good Drinke for the colde, and to open the Pipes.

TAKE Endiue, Succory, Parsly, Fennell, Bourage, Time, Hisop, Germaunder, Neepe, and Penyroyall, of each of them a good quantity, and seeth all these together in a pottle of faire running Water, and let them boyle untill the one halfe thereof be consumed, and then straine it, and put to it the quantity of two sponesfulls of good wine Vineger; and thre or foure ounces of fine Suger, to make it sweete, and so let the Patient drinke a good draught thereof morning and euening, for the space of thre dayes together, and this will helpe him. Probatum est.



Cap. 236.

¶ A good Medicine to take away any Corne in your Toe, or else-where.

TAKE a knife, and pare the Corne as neere the quick as it may be suffered, and then take the inner part of a Figge, and a quantity of Verdy-greace, and mire them both together, and lay it to the Corne, and let it be bound very fast with a linnen cloth, and this will eat out the roote of the Corne, for this hath been prooued. Per I. Bell.

Cap.

Cap. 237.

¶ Another Medicine for the same.

TAKE Marygoldes stamped, and lay them vpon the soze both Morning and Euening, and if the Cozne be not very deeply rooted, it will helpe. Or else pare your Cozne, and lay thereto the quantity of halfe a pease or somewhat more of Turpentine and red Waxe boyled together, and this will take away the Cozne.

Cap. 238.

¶ Another Medicine for the same.

TAKE and cut away the Cozne, and then take a blacke Snail and bzuse it, and put a drop or two of the iuice thereof into the place greued, and put thereto a little powder of Sandefere, and it will helpe you.

Cap. 239.

¶ Another Medicine for the same.

First, pare away the Cozne as neere as it may be suffered, then take Vnslekt Lime, and put it into the hole, to the quantity of a Fatch, and couer it with a plaister made of Waxe and Rosen mixed together, and let it continue on the place for the space of foure and twenty houres, and this will presently helpe you.

Cap. 240.

Q.

¶ A

Cornes. Collick.

¶ A Medicine to heale any Cornes
in ones fecte or toes.

TAKE red Waxe, Vineger, and a little quantity of
Aquaviva, and boyle them all together, with two or
three cloues of Garlicke, then take a knife that is
sharpe, and when you goe to bed, cut your Cozne as neere as
you can suffer to cut it, then take one of the cloues of Gar-
licke, & some of the Waxe, and binde it to your toe, vse this
three or foure times, and this will take away the Cozne, that
you shall neuer be troubled therewith againe.

Cap. 241.

¶ Another Medicine for the same.

TAKE Oysters and open them, and cut out the white
pith that groweth vnto the shells, and dry it, and make
thereof a powder, and when you goe to bed cut your
Cozne with a sharpe knife, and picke out as much of the
roote as you can, then put into the hole some of this powder,
and if you will, you may vse a very little of sublimed Mer-
cury, the which is to be had at the Apothecaries, and then
wrap a linnen cloth about your toe, and it will eate away
the Cozne cleane. This hath been prooued.



Cap. 242.

¶ A foueraigne Medicine for the Collick.

TAKE household bread that is made of cleane wheate,
and make a tolle thereof, and tolle it at the fire, and
euer as you tolle it, cast Salmesye on it, then take
Lauender

Lauender flowers, and cast it on the colcke, then lay it vppon a thinne cloth, and as hote as the Patient can suffer it, let him lay it to his Nauell, as close as he can. This hath holpen many.

Cap. 243.

¶ Another Medicine for the same.

TAKE Dates and bren them in a pan as ye do parched Peason, and let the Patient put them in a linnen cloth, and set them to his Nauell as hote as he may possibly abide it, and by vsing this often, he shall finde great ease.

Cap. 244.

¶ Another Medicine for the same.

TAKE a cleane stone, & make it red hote in the fire, then take it soorth againe, and let it coole vntill the rednes be gone, and then take a penyworth of Saffron and lay it vpon the stone, and turne it too and fro, vntill it be turned almost to powder: then take it and temper it well with the quantity of two spoonefulls of pure Malnesey, and so let the Patient vsake it first and last, and by Gods grace this will helpe him.

Cap. 245.

¶ An approued Medicine for the Collick
and Stone.

TAKE the cuttings of a Vine and dry them througely, & when you are disposed to vse them, burne them vpo a Tilestone, or else vpon some cleane hart, then take the ashes y^e cometh of y^e Vine, & mingle it with a pint of Kennish

Wine, or white wine, & so let it stand for y^e space of a night, and the next morning you must drinke a good draught thereof fasting, (you must haue a great regard in the putting of the ashes and the wine together, because they ought to be of equall quantities.) This hath been proued.

Cap. 246.

¶ A Medicine to be vsed for the Collicke and Stone
in manner of a Plaister.

TAK E Parsly & Smallage, of each of them one ounce, and two spoonefulls of Capons-grease, put these into an earthen vessell, and let one spoonefull of the greace be put on the top, and the other in the bottome of the hearbs, then set these to boyle on the embers from morning to night, and then stamp them and straine them: then take the oynment and spread it vpon a linnen cloth, and lay it as hot as it may be suffered to the Hauell, and bottome of your belly, Probaturum est.

Cap. 247.

¶ A good Medicine for the Collicke,

TAKE a quarte of white Wine, and Milke that is new from the Cowe, or Goates milke if it may be gotten, and make a posset thereof, then skome the curd away cleane, and take the posset drinke, and put therein a handfull of Mother of Time, and a handfull of yong Parsly, and seeth them in the posset drinke, then take a penyworth of iong Pepper & bzuise it, and put it into the posset drinke, and let the Patient drinke a good draught thereof first and last, and he shall finde great ease thereby. Probaturum est.

Cap. 248.

¶ A good Medicine for a woman that is troubled with the Collicke.

TAKE the buds of Palme when they be floured in March, and distill them, and giue a good draught of the said water to the Patient to drinke fasting for the space of three or foure dayes together, and the party greued shall quickly be whole. Also Litarge drawne into water, is good for the same disease.

Cap. 249.

¶ A good Medicine for the Stone,

TAKE a good handfull of Time, and asmuch Parsly, and seeth them in white Wine a good while, then straine it, and share a good spoonefull of white Sope, into a good draught of the same Wine, and giue it to the Patient to drinke, and this will helpe him presently.

Cap. 250.

¶ An excellent good Medicine for the Collick.

TAKE a good quantity of the leaues of a Lorell tree, and dry them and beate them to powder, and put thereto a quantity of the powder of Nutmegs, and mingle them with fresh Butter, and with a linnen cloth bind it to the Nauell of the party greued, and it will helpe him speedily.

Cap. 251.

Collick. Collick and Stone.

¶ Another Medicine for the same,

TAKE a handfull of Grouncell and stampe it very well in a Morter, & put thereto an ounce of Cummin, and fry them with sheepes suet, and stale Ale, and make a Plaster thereof and lay it to the Nauell of the party greued, as hote as it may be suffered. This hath benee prooued.

Cap. 252.

¶ An approued Medicine for the Collick and Stone.

TAKE Philupendula, Scabions, Mouse-eare, water Cressets, of each of them a like quantity, then take the middle rinde oz barke of an Elder tree, and then put all these into an Ouen that is hote, and dry them, and make thereof a Powder, and giue the Patient to drinke the quantity of a spoonefull at a time, either in posset ale, oz Ale it selfe alone warme. Probatum est.

Cap. 253.

¶ Another Medicine for the same,

TAKE the waight of eight groates of Cummin, the waight of seauen groates of Gallingall, the waight of five groates of Bayes, siue groates waight of long Pepper, the waight of foure groates of Fennell seede, the waight of three groates of Alisander-seede, two groates waight of Parsly seede, and the waight of one groate of english Saffron: Beate all these to powder in a Brazen Morter, and let it be very well searsed: then put thereto a good quantity of fine Suger, and mingle them well together, and let the party greued vse of the same powder in his Pottage, (the quantity of halfe a spoonefull at a time) And let him vse of this powder

powder in his drinke, (as in Ale that is olde, or else in white Wine, but it is best in Pottage. Probatum est,

Cap. 254.

¶ An approoued Medicine for the Collick and Stone,

TAKE a pottle of white Wine that is pure and good, and put it into a pot, and take also two great blew Flint stones, and let them be as bigge as they will easily goe into the pot whereas the Wine is, then cast the stones into the fire, where as they may be red hote, then take them forth and quench them in the pot whereas the Wine is, then take them forth againe out of the pot, and put them in the fire againe, as is aforesaid, and so in like manner the third time, and so from time to time, vntill the one halfe be consumed away: and when you see that the Wine is halfe consumed, then set it to stand vntill it be well settled, and then let the party greued drinke thereof, and let him vse it as often as he shall thinke good, or that he shall feele any paine, and this will helpe him of the Collick and Stone. For by experience I am able to report, that it did helpe one Bayster Taylor of Bristow, that was prisoner in the Kings Bench, with diuers others.

Cap. 255.

¶ An excellent good and perfect Medicine to cure the Collick, Stone, and Stranguary.

TAKE v. or vi. leaues of the hearbe called Lawrell, stampe them and straine them in Ale, or if they be dry, beate them to powder & put it in Ale, & let the Patient drinke

Collick. Stranguary and Stone.

Drinke thereof fasting, and let him be kept warme all the same day after in his Chamber: for after the receipt thereof, he shall be troubled with five or six stools, or more. This hearbe groweth in Gardens, and is like to Dilliden, otherwise Dillitoe, and it hath leaues like vnto the hearbe which is called Dill, which groweth in old Apple trees, and beareth a berry of the bignes of a wart, and it is commonly giuen to Cattell for medicines.

The next day after that you haue taken this Medicine as aforesaid, make a Powder of these things following; Filipendula, and Saxifrage, of each of them one ounce, Coriander seede, Gromell seede, and Alexander seede, of each of them halfe an ounce, Tuy berries, Bzome-seede, the blossom of the Elder flowers, and the berries of Holme, of each of these one ounce, and the like quantity of Annise seede and Fenell seede, an Dre gall, and halfe an ounce of the Rowe of a red Wearing, the Roundes of a Thorneback-fish, which is a round nut, which you shall finde within the prickles which stand vpon the fishes backe, and Pollipodium, which is a fearne growing out of an Oke, dried into powder: of each of these halfe an ounce, beate all these in powder, and mixe them together, and for the space of five or seven dayes following, take euery day fasting to the quantity of one spoonefull of the same Powder, and mixe it with Ale, and drinke thereof: but you must abstaine from meate & drinke for the space of foure or five houres after the receipt hereof. This hath cured many.

Cap. 25.

¶ A Medicine to cure the Collick and Stone.

TAKE Blacke berries, Hawes, and Akornes, and dry them vpon Tiles, then take the powder of them severally, of each a spoonefull, and searse it fine, and giue it

it to the Patient in Dalmeſey to drinke euery morning faſting, for the ſpace of ſiue or ſixe dayes. This hath been proued.

Cap. 257.

¶ Another Medicine for the ſame.

TAke vnſet Leekes, Malloves, Pellitory, of each of them a like quantity, ſtampe them very well, and put thereto a penyworth or two of Beates oyle, fry them well together in maner of a plaiſter, put them into a bagge made of linnen cloth, and being very hote, lay it to the belly of the Patient, and it will helpe within one houre.

And for the Stone, lay the ſame to the Reines of the backe behinde, and it will help with ſpeede.

Cap. 258.

¶ A very good Medicine for the Collicke.

TAke Gromell ſeede, Parſly ſeedes, and Annife ſeedes, of each of them two ſpoonfulls, greene Fenell one handfull, one Parſly roote, one Raddiſh roote, let eicher of them be as long as a finger, vnſet Time, Cheryſtones, Philopendula, of each of them one handfull, Waſh all theſe, and brufe and ſtampe them very ſmall, Then take them and boile them in a pottle of white Wine, in an earthen pot cloſe, till a pint thereof be conſumed, and then let it runne through a linnen cloth without ſtrayning, and drinke this both morning and euening. Probatum eſt.

Cap. 259.

¶ A Medicine for the Collicke and Stone,

TAke Camamile, as much as will lie in the palme of your hand, Pellitory of the wall, and Auens, of each of them a handfull, and a ſpoonfull of Parſly ſeede a little

R

brused,

Collick. Collick and Stone.

brused, then make a Posset of Rhenish Wine, and let the curd be cleane taken off, and then boile all these together in the same posset drinke, till all the substance be boyled out, then vse to drinke this both morning and euening, and this will helpe you.

Cap. 260.

¶ An aproued Medicine for the Collicke.

TAke an ounce of Cloues & Pace, a handfull of Time, a handfull of Rosemary, and as much Ilope, and seeth all these in a pottle of white Wine, and let it seeth vntill it be consumed from a pottle to a quarte, then put thereto a little Sugar, & then drinke the same luke-warme at such time as you feele your selfe to be in paine, and when it is very well sodden as aforesaid, you must burne it as you do commonly vse to burne other Wines.

Cap. 261.

¶ An aproued Medicine for the Stone.

TAke a Carret roote, and slice it very thinne, and lay it in white Wine, and so let it remaine for the space of two dayes and two nights, and then straine it, and let the Patient drinke thereof morning and euening fasting, and this will helpe him. Probatum est.

Winde Collicke.

Cap. 262.

¶ An aproued Medicine for the winde Collicke and for a fitch.

TAke Capillus Veneris, Parsly rootes, & Fenell rootes, of each of them a quarter of an ounce, bruse all these hearbs together, and let the party griened drinke the iuce thereof with white Wine morning and euening for the space of 3 or 4 dayes, and it will helpe him. Probatum est.

Cap.

Cap. 263.

¶ An excellent Medicine for the Windy Collicke.

TAke a pottle of pure Malmeley that is not mixt with any other Wines, and 4 oz 5 Spoonfulls of the pith of Parsly rootes, and two handfulls of Violet leaues, and a dosen of Bay leaues, seeth all these together untill the one halfe be boyled away: then take it, and straine it well through a very fine linnen cloth, and let the Patient drinke a good draught thereof morning and euening warme.

Cap. 264.

¶ Another Medicine for the same.

TAke a quart of Ale clarified, and two Spoonfulls of the flower of Licquoyce, and a Spoonfull of the flower of Annis seedes, and halfe a Spoonfull of Fennell seedes brused, a little Time, and seeth them all together untill it be consumed from a quart to a pint, and then straine it through a linnen cloth, and vse this morning and euening for the space of 4 oz 5 dayes warme, and this will helpe you.

Consumption.

Cap. 265.

¶ A remedy for a Consumption.

TAke a pottle of Rosewater, and as much Milke of Goates, of Hares, or of the Milke of a Cow that is all of one colour, and put thereto to the number of 50 or threescore Egges, mingle the yolks of the Egges very well with the Milke and Rosewater, but let not any of the white remaine amongst them, and distill a water thereof, and giue it to the Patient to drinke warme first & last, with a Cake or two of Manus Christi, which is made with Golde and Pearles: Use this, and you shall finde much ease thereby, for it hath holpen many.

Consumption. Deafenesse.

Cap. 266.

¶ A remedy for a Consumption in the Reines.

Take a handfull or two of Clary leaues, and picke them, and 4 or 5 yolks of Henne egges newly layde, then take Saffron and dry it vpon a Tilestone or some such thing, and grinde it very small, and put all these together, and fry them in fresh butter, and eat it first in the morning, and this will helpe you.

Deafenesse.

Cap. 267.

¶ A soueraigne Medicine for the paine and buzzing in the head, which hindreth the hearing very much.

Take a Cloue of Garlicke, pill it, and picke three or foure holes in the middest of it, and then dip it in fine english Honny, and put it into your eare, and put a little blacke wooll after, and for that night lie vpon the other side, and let your eare that is stopped be vpright, and the next night following vse the other eare in the same sort, and lye then on the contrary side againe, and so euery other night alter as aforesaid, and so continue it for the space of eight or nine dayes together, and this will expulse all the ill humors forth at your nose, it will also expell the paine, and restore the hearing. This hath bene proued.

Cap. 268.

¶ An approued Medicine for deafenesse.

Take

Take Bayleaves, Bayberries, Betony, and Scicards, of each of them one handfull, seeth them in white wine, untill the one halfe be consumed, (and for an old man use Dalmesey in stead of white wine) then take it, and put it into a vessell that hath a narrow mouth, and let the Patient hold his eare ouer it (being unstopped) so that he may suffer it (the same not being too hote nor too colde) then take oyle of bitter Almonds, and let thre or foure drops thereof fall into his eare. Let the Patient haue alwayes a Locke of fine blacke wooll that groweth betweene the Sheepes legges, to stop his eare close withall, wherein, if he put a little Muske, it will be the better. This hath bene prooued by Tho. Steuens of Bushton.

Cap. 269.

¶ An excellent Medicine for one that is deafe,
and that his hearing is almost
cleane gone.

Take a red Dnyon, and take out the coze that is in the middest thereof, and put thereto the oyle of roasted Almonds, but let the Dnyon be somewhat warme when you put the oyle into it, and let it stand so for the space of one night, then let it be bzulsed, and strayned into a poringer, and let the party griued cause one to drop thre drops at a time both morning and euening, and let him stop his eare with a little blacke wooll that groweth vnder the eare of a blacke Sheepe, and let him when he is in his bed lye on the same side: thus vñg first the one eare, and afterwards the other in this manner, it will by Gods helpe cure him. This hath cured many.

First, it is to be considered what things are good for the eyes, and what are not, for the eye is the most necessary member of all other pertaining to mans body, for without the sight thereof, we can of our selues do nothing: therefore this small member is chiefly to be regarded, and according to my simple skill, I haue gathered a few flowers (as I may tearme them) to preferue, and keepe the same, and in so doing, if I offend, I shall be hartely sory, but if they please, then shall I thinke my labours happely spent.

Good for the sight.

Deasutable sleepe.

Red Roses.

Ueruaine Rootes.

Fennell.

Selandine.

Pimpernell.

Oculus Christi.

To wash your eyes
with cleare water.

To looke vpon any
manner of greene
colours.

To looke in a faire
Glasse.

Washing your hands
and feete often.

Ill for the sight.

To eate Garlicke,

Onions and Leekes.

To eate Lettice.

To traueil or go too sud-
daine after meate.

Note Wines. Cold ayre.

Drunkennes. Gluttony.

Milke. Cheese.

Due much beholding of
bright and red things,
and also white.

Much sleepe after meate.

Too much lett. of blood.

Cold wozts. Dust. Fire.

Much weeping, and

ouermuch watching.

Waters for the Eyes.

¶ A speciall good water for to preferue the eyesight.

Take a new layd Egge, and rolle it hard, cut the shell in the middelt, then take forth the yolke, and put a piéce of Coperas into the place where the yolke lay, and binde the Egge together againe, and let it lye in the fire, vn-

till you thinke that the Coperas be resolued to water, then take the white out of the shell, and cut it into small pieces, and put it into a glasse of cleere running water, and let it stand a little while, then straine it through a very fine cloth, and keepe it in a close glasse, and euery morning and euening wash the Patients eyes therewith.

¶ A Medicine for sore eyes.

TAke Copozas, and lay it to steepe in faire running water for the space of 5 or 6 houres, then take it, and straine it through a linnen cloth into a little glasse or Tiall, and when you goe to bed strike the bres of your eyes therewith, and let it drop into them, and this will helpe your eyesight very much.

¶ A very good Medicine to kill the pinne and the webbe in the eye.

TAke red Sage, red Fennell, thre leaued grasse, and Daylies, of each of them a like quanticy, then take the white of a new laid egge, and beate it till all the froth may be easily taken off, and put thereto halfe a spoonefull of Honney, then stampe all the hearbs together, and when you haue stamped them very small, then straine them, and put to the iuce thereof the white of the egge and the Honny all together, and let them be very well tempered, then take a feather, and drop a little of this into the eye of the Patient: then take a plaister of flaxen tow, and dip it in the said Medicine, and lay it vpon the Patients eye, and binde it fast, and let it continue an houre or somewhat moze at euery time that it is dressed. This hath been many times proued.

¶ Another soueraigne Medicine for the webbe in the eye, if it be olde.

TAke red Dimpennell, & Euphrasia, & stampe them very well in a Morter, and then fry them with Capons greace in a cleane panne, and when it is fryed, wzing it through a linnen

a linnen cloth into some brasse vessell, and let it stand therein three dayes after, then take it forth, and put it into a boxe of Horne or Tinne, and a little thereof at a time, and put it into the webbe of the eye, and this Medicine will help it.

¶ A very good Medicine to cleare the eyesight.

MAke a Powder of Fennell, Annise, and Elicompane, and temper them with Aquavitæ, and then dize them againe, and eate a quantity thereof euery morning and euening, and this will both cleare the sight, purge the winde, and make one seeme yong long. This hath bene proued.

¶ A Medicine for bleared eyes.

TAke the stone that is called Salummaris, which is to be had at the Apothecaries, and beate it to fine powder, and put it into a spoonefull or two of Rose water, and one spoonefull of running water mingled together, then take a feather, and euery morning and euening let a drop or two fall into your eye. Use this often, and it will helpe you.

¶ A Medicine for eyes that are bloudshot and red.

TAke Housleeke, and stampe it very small, then take a new laid egge, and make a hole in the end, and draw out all the meate, and put into it the iuice of Housleeke, and set it in the embers, and so distill it, and with a feather scumme it cleane, and at night when you go to bed take a feather, and drop a drop thereof into your eye, lying vpon your backe, and it will presently helpe you. This hath been proued.

¶ A Medicine for to kill a pearle or web
in the eye.

Take

Take three leaved grasse that beareth the Honyfuckle and take the iuyce thereof, and put it into the eye of the partie grieved, and it will by vsing it twice a day, help it in fix dayes space.

¶ An experienced water for the eyes.

Take Selandine, Fennell, Sage, Rosemary, Ueruine, and Rue, of each of them a good handfull, take all these and wash them very cleane, and drye the water soorth of them againe with a fine cloth: then put them into a Limbecke, and distill them, and let the Patient drop of this water often into his eyes, and this will recouer his sight againe although it be supposed to be past all hope of recouery.

Face.

¶ A very good Medicine to destroy any heate in the face, or in any other place, although it be
S. Anthonies fire.

Take a pottle of Smiches water, a handfull of Sage two handfulls of Elder leaues, or of the greene barke of an Elder tree, and two penyworth of Alum, take these, and seeth them alltogether, from a pottle to a pint then take it, and put it into an earthen pot, or some gally pot and let the Patient anoint his face therewith when he goeth to bed, and by the next morning he shall finde great ease thereby: but let him vse it for the space of five or sixe dayes, and this will helpe him by Gods grace.

¶ Another very good Medicine for a red or high coloured face.

Take Vine-leaues and Strawberies, of each of them a like quantity, then take as much sweete Creame, as you shall thinke good for the quantity of the things aforesaid, then

then put vnto it two penyworth of Camphire, and put it into a Stillatoꝝ all together, and distill it, and then take the water thereof and wash your face therewith euery morning and euening for the space of nine or tenae dayes, and this will take away the high colour. This was much vsed by Hailler Cox, who did help many with it.

¶ Another Medicine to take away the pimples and high colour out of ones face, be it neuer so farre gone.

Take greene and white Copozesse, of each of them a like quantity, and put them into a sawcer of faire running water, and warme it on the coales, and as hote as euer you can suffer it, anoint the pimples of your face therewith, or any other place of your face which is high coloured, or red, and in vsing this often, it will helpe you.

¶ A Medicine for to make ones face cleare, and to shine,

Take a good quantity of the Harrow of Swines feete, Cow-milke, and Rosewater, and mingle them well together, and anoint your face therewith lukewarme, and it will make it very faire.

Falling Euill.

¶ An excellent good remedy for the Falling Euill.

Take Piony-roots one handfull, and a handfull of Bittleto that groweth in a Blackthorne Tree, and an handfull of Pollipodium, otherwile called Okefearne, and a handfull or two of Selandine, if it be to be had,

had, stampe them very well, and soke them in Ale for the space of 24 houres, then take it, and strayne it through a fine linnen cloth, and put it into some earthen pot to be kept close frō the aire, and let the Patient drinke a good draught thereof euery morning fasting, and last in the euening for the space of nine or tenne dayes, and by Gods help he shall be cured. This hath been proued.

¶ Another very good Medicine for the same,

Take Germander that is gathered in Day, when it hath the blossome on it, and dry it in the shadow where no Sunne commeth, and make thereof a powder, and when you will, vse it: then take the yolke of an Egge, or two, and beate the powder and the yolks all together in some woodden dish or porringer, then seeth it, and when it is sodden, giue it to the Patient to eat both morning and euening for the space of nine dayes: But during this time, he must abstaine from all kinde of Meates, and carnall company of women, and also from all manner of Pulse, as Beanes, Pease, Fitches, and Tares, and from all other things that are of a hard concoction or digestion, Probatum est.

¶ Another Medicine for the same,

Take the Matrize of a Sow that hath yong Pigges, and dry it vppon a Tilestone or Firehouell, and make a Powder thereof, and giue it to the Patient to eat, or else put it in his drinke, and as soone as he hath receiued the same, you shall perceiue the sicknes to remoue into his fingers ends, grieuing him very soze for a space, Then make some kinde of rupture to set to his fingers ends, and you shall in a short space see the yellow matter or corruption proceede forth of them.

¶ A very good Medicine for the bloudie Flux.

Take Plantine, Knotty-grasse, & Sheppards purse, of each of them a good quantity, and boyle them all together in new Milke, Broath, or red Wine, and when they are well sodden, then straine the hearbes and the Milke, and let the Patient drinke this often, and it will helpe him. Probatum est.

¶ Another excellent good Medicine to stop the bloudie Flix.

Take a pound of Almonds, and blaunch them, and stamp them in a Morter very small, then take the yolks of xii new layd Egges reare rosted, and mingle them with the said Almonds, then put to them a quart of good red wine-vineger, and mingle it with the aforesaid stuffe, and put them into an earthen pot, and stirre them well together, and so let the Patient drinke the quantity of v. or vi. spoonefuls thereof at a time warme, 3 or 4 times euery day, as long as neede shall require, and it will helpe him.

¶ An experienced Medicine to stay the bloudie Flix.

Take a peece of Beefe which groweth about the Bisket of the Ore, and let the Patient eate a peece thereof rawe, and this will speedily help him.

Gowte.

¶ An experienced Medicine for the Goute.

Take stale Pisse, and seeth it, and scome it, and put thereto a good quantity of the iuice of red Nettles, red Fenell, Hints, and Wormewood, and let the iuice of them

them be of as euen porcions as you can gesse them, Mustard and Cumain, of each of them a little, and the iuice of hearbe Venet as much as of all the rest, Seeth all these together, and make a Playster thereof, and so apply it often to the place griued, and it will help. This hath been pꝛoued.

¶ Another good Medicine for the Gowt,
or any other ache.

TAke Rosen and Pitch, of each of them a quarter of a pound, and a quantity of Frankensence, as much as a beane, and as much of Turpentine, then take a quantity of Deare-suet, or Sheepes tallow, and boyle them all together in a pot, and when it is well boyled, then take it forth, and wash it as you do Birdlime in cleane water, and then take some of it, and spread it vpon a peece of Leather, and lay it to the soze, and so let it remaine there untill it fall off it selfe, Use this two or thzee times, and you shall finde great ease there by.

¶ A Medicine for the Gowte.

TAke Shomakers Spects or pices of leather, and fry out the grease, and lay some of it vpon a browne paper, and warme it a little at the fire, then apply it to the place griued, and it will take away the paine thereof in one night. Probatum est.

Greene Sicknes.

¶ An approued Medicine for the Greene Sicknes.

TAKE a pottle of red Wine that is pure, (or for want thereof, take so much Hollocke) and two ounces of Fennell seedes, and thzee ounces of Annise seedes, and put them all together, and let them boyle ouer a soft fire, vn-

till the one halfe be consumed, then straine it, and let the Patient drinke thereof first and last, luke warme, and let the Patient drinke the quantity of halfe a pint thereof at a time, if it may be indured. This must be vsed for the space of eight dayes together, alwayes beginning two dayes after the changes of euery new Moone: and if it be farre gone, that the Patient cannot recouer perfect health in that space, then let this Medicine be vsed eight dayes in a moneth for the space of three moneths together, in the beginning of euery moneth as aforesaid, and without all doubt it helpeth. This hath been often prooued.

¶ A Medicine for the Greene Sicknes.

Take an hearbe that is called Rosus solus, it groweth lowe by the ground, and it hath somewhat a broade leafe (some do call it the Sheepes rot) it beareth a yellow flower. Distill this hearbe, and giue some of the water to the Patient, to drinke morning and euening, and let him vse some exercise of labour, and by this drinke he shall be holpen without all doubt. The Patient must vse this drinke for the space of sixe or seauen dayes together, for it is also restoratiue, and much vertue hath been found heerein.

¶ A Medicine for to take away any extreame ache, or swimming in the head.

Take Rosemary, Lauender-flowers, Winter-sauery, Camamile, Bayes, and Lauender it selfe, both new and old, Mints, and Fenell, seeth these all together in water, and put thereto a handfull of Bay salt, then take the same licour the hearbs and all, and wash your seete therewith twice euery morning and euening for the space of thzee dayes, and in doing thus, it will take away any paine in the head if it be neuer so extreame or grieuous, for it hath been prooued.

¶ An excellent good Medicine for the
Head-ach or Megrime,

TAke five or six Nutmegs, and pare and lice them very thinne, then make two little linnen baggs of the length and breadth of your finger, and put in the Nutmegs, then take a quantity of pure red Rosewater, and lay your baggs in the same water, in a dish, vpon a chafingdish of coales, and make them hote, and lay them to the temples of your head, and this will help.

¶ Another Medicine for a continuall head-ach.

TAke Betony-water, and then take a cloth and double it thzee or foure times double, and let it be some thzee fingers broade, wet it very well in the Betony-water, and lay it to your forehead cold. Let the cloth being wet, come round about your head, and tye it very fast, and when the cloth is dzyed, wet it againe, and in doing thus thzee or foure times, it will by Gods grace help thee.

¶ A very good Medicine to clense or purge
the Head,

TAke Pellitory of Spaine, and chew the roote thereof in your mouth, thzee or foure dayes at seuerall times, and this will take away the paine of the head, and also fasten the teeth in the gummes. Probatum est.

¶ A very good Medicine for the head-ach,

TAke water of Bargerum, and hold your nose ouer it, and draw your winde hard vnto you, vntill such time as the water hath entred into your nose diuers times, and then suddainely your head-ach shall be taken away.

¶ A very good Medicine for the Megrime truly proued.

TAke an ounce of Pepper, and 4 or 5 Nutmegs, a quarter of an ounce of Graines, and a quart of Vinegar, and two handfuls of Rosemary, boyle all these together betweene two platters vpon a chafingdish of coles, and then take a cloth and put it ouer your head, and hold your head close ouer it, vntill it be very well boyled: It is the better if you let it boyle almost all away, by Gods grace this will help you.

Iaudise.

¶ A Medicine for the black Iaudise,

TAKE shell-Snailes and rost them, or else dry them at the fire, or in an ouen, and when they are dry, beate them to powder, then take a spoonefull thereof at one time, and drinke it in Ale, and this being taken for the space of nine or tenne dayes together both moorning and euening, it doth perfectly cure this disease.

¶ A very good Medicine for the yelow Iaudise.

TAke earth-wormes, and wash them and slit them, then take a little scraped Iuory and english Saffron beaten to powder, mixe these with white Wine, and let the Patient drinke a good draught thereof luke-warme, both moorning and euening.

¶ A Medicine for the yellow.

TAke Bayfalt, Otes, and Commin, and dry all these, and make two bags thereof, and as hote as the Patient may suffer it lay the one after the other to the plow, or crowne of the head, and so let him vse it a good while.

¶ A

¶ A present remedy for an Itch.

TAKE Dock-roots and beate them, and bzuise them with fresh Butter, and anoint the Patient with the Salue, and in siue or five times dressing, it will helpe him.

Liuer.

¶ A Medicine for the stopping in the Liuer.

TAKE Broth made of a Chicken, with these things in it, that is to say, Mercury and Succory, of each of them halfe a handfull, and a few great Reifons, the stones picked out, and let all these be boyled together, then take a few bitter Almonds, and blaunch them and beate them, and with the same Licquor, make Almond Milke, and so vse to drinke it euery mozning first.

¶ Another Medicine for the heate of the Liuer, or drinesse in the hands.

TAKE a good quantity of Strawberry-water distilled, and seeth therein a good quantity of Liuerwort, and drinke it with a good quantity of Sirop of Mints, and this will coole the heate of the Liuer.

¶ A very good drinke made of Whey, for to coole the extreame heate of the Liuer and Stomacke.

TAKE Violet-leaues, Sinckfoile leaues, Succory, Endiue, Scabions, and Fumitory, of each of them a good handfull, seeth all these in a pottle of Whey which hath been boyled, and so let it continue still seething, vntill a third part thereof be consumed, then straine it through a fine linnen cloth, and let the Patient drinke a good draught thereof both mozning and euening, and it will helpe him. Probatum est.

Lib. 2. Mother. Morphew. Piles, &c.

¶ An approved Medicine for the Mother.

TAke a quantity of Nepe-royall, and stamp it, then take two spoonfulls of the said iuice, and a spoonfull of Sallet oyle, and let two parts thereof seeth away, then vnto that which remaineth, but onely the quancity of the oyle, and let the Patient anoint the place very often where the Mother doth arise.

Morphew.

✱ A very speedy remedy for the Morphew.

TAke three spoonfulls of Elder-water, and let the Patient drinke euery day so much, for the space of nine dayes, and looke that the Patient do sweate euery day, then take three or foure Oke-apples, and lay them to steepe in white wine Vinegar for the space of 24 houres, and then let him wash his body with the Vinegar, and this will help him.

Piles or Emerodes.

¶ An excellent remedy for the Piles.

TAke the beards of the beards of vnset Leekes, and wash them cleane, then take a quantity of faire running Water, and boyle them therein, till they be somewhat tender, then dry thē well in a linnen cloth, then stamp them as small as you can, and when you haue so done, take a good piece of fresh Butter, and boyle them therein vpon a Chasingdish of coles, then put into it a good quantity of english Saffron, and boyle them together, and when it is well boyled, straine it through a faire linnen cloth into a Glasse and keepe it, and when you will vse it, make a Plaster thereof vpon a linnen cloth, or else a piece of leather, and lay it cold to the place which is griued, and this will speedily help him.

¶ A Medicine to staunch the bleeding
of the Piles,

Take the iuice of Millfoile, and put thereunto the powder of burnt Garlicke, and let the partie grieued drinke thereof, and in short space the Piles will dye. This hath been prooued.

French Poxe.

* An excellent good water for the French Poxe,

Take white Coporas, Roch-Allum, Licquorice, and Honny, of each of them a penyworth, or somewhat more, of Sage, Rosemary, and Woodbinde, of each of them a like quantity, and boyle them all together in faire running Water, and let the Patient vse this often, and it will help him.

¶ A maruellous good oyntment for the
French Poxe.

Take Hoggs-greace that is vntried to the quantity of a quarter of a pound, of Quicksiluer ʒ. i. and qualifie your Quicksiluer with fasting Spettle, then put to the Hoggs-greace and the Quicksiluer 3 or 4 spoonefulls of strong and sharp Vineger, then beate all these very well for the space of two or thre houres together, and then put it into an earthen pot, or Gally pot, and let the Patient vse to anoint the place grieued often therewith, and doubtlesse this will help him. Probatum est.

¶ A good Medicine to kill the great Pocke,

Take a good quantity of Camphire, and lay it to the place where the Pocke is, and it will presently eate it cleane away. Probatum est.

¶ Another for the same.

TAke a good quantity of Hemlocks, and a good quantity of the dregs of strong Ale, and a good quantity of Button Suet, and boyle all these very well together, and make a Pultis of them, and lay it to the place where the grieve is, and this will help him. Probatum est.

¶ An excellent good Medicine to heale the French Pox.

TAke Goacum Capium halfe a pound, Salsa perilla two ounces, Barke of Goacum two ounces, Licquorice one ounce, Annise seedes one ounce, Fennell seede one ounce, Seeny one ounce, and of Betany, Scabions, Smallege, Pellitory of the wall, Penyrovall, Harts-toong, Maydenhere, wild Mints, or red Mints, red Sage, Oculus Chritti, Lieverwort, and of the hearbe Mercury, of euery one of them a good handfull, cleane picked and washed, and then put all these together to steepe for the space of one whole night, in thzee gallons of faire running Water, or else in two gallons of pure white Wine, and one gallon of strong Ale, then take them, and boyle them all together, vntill it be consumed to thzee quarts, then straine it through a fine linnen cloth, and put it into a close vessell.

¶ Note this, that if you boyle it in water, it will continue but fixe or seuen dayes, but being boyled in Wine, and Ale, twenty dayes, which is too short a space for the parry which is sicke and diseased, to vse it.

This must be drunken by the sicke person both morning and euening, and at meate, and you must put into euery three quartes of the water, one quarter of an ounce of Colcoquintida, and let the parry which is sicke vse it, vntill such time as it hath scowred the body very well, and if it do not purge well, then take this Medicine following.

¶ Another

¶ Another for the same.

Take halfe an ounce of Seny, a spoonfull of Annise-seedes, halfe an ounce of Licquorice, a spoonfull of Fenell seedes, twenty Reysons of the sunne, the stones picked forth, boyle these all together in a quart of Water, and let it boyle untill the one halfe be consumed, then straine it, and put thereto one ounce and an halfe of Deaphenicon, and shake it together, and let the party grieued drinke thereof warme every morning fasting.

This Purgation neuer maketh the body sicke, neyther doth it hurt the stomacke.

Note also, that this drinke aforesaid, will heale any old vicer if it be washed therewith, and especially of that which is made both of Wine and Ale, if the party be neuer so sore diseased, let him purge twice or thrice with Coloquintida, prepared, and it will help him for euer.

Small Poxe.

¶ A Medicine to driue out the small Poxe.

Take Milke, Saffron, and english Honny, and seeth them together, and giue it to the Patient; and let him be kept warme after it.

¶ Another for the same.

Take Dragon-water, white Wine, and Methridatum, oz Treacle of Ieane, and some Vnicornes horne, and seeth these together, and giue them to the Patient as aforesaid.

Purgations.

Take a pinte of white Wine, and an ounce of Semie, and a good handfull of Reysons of the sunne, the stones picked out, and halfe a spoonfull of Anniseeedes, put all these

into the said white Wine to steepe one whole night, and the next morning boyle it vntill it be come to a draught, and so let the Patient drinke it luke-warme, and if you wil you may put thereunto three or foure rootes of Polipodie of the oke. This is very good. Probatum est.

Plague and pestilence.

HEerein are conteyned diuers and sundry good rules and easie Medicines, which are made with little charge, for the poorer sort of people, as well for the preservation of all people from the Plague before infection, as for the curing and ordering of them after such time as they shall be infected.

¶ A preseruatiue by correcting the ayre
in all houses.

TAke Rosemary dyed, Iuniper, Bay-leaues, or Frankincense, and cast the same vpon the coles in a chafingdish, and receiue the fume or smoke thereof into your head. If you will, put a little Lauender or Sage that is dyed, into the fire with the rest it will do much good.

Also to make your fires in earthen pannes (rather to remove about your Chambers, then in Chimneys) shall be better to correct the aires in your houses, then otherwise.

¶ A preseruatiue against the Plague.

TAke a handfull of Hearbe-grace, otherwise called Rue, a handfull of Elder-leaues, a handfull of red Sage, and a handfull of red Bramble leaues, and stamp them well together, and straine them through a fine linnen cloth, with a quarte of white Wine, then take a quantity of Case Ginger, and mingle it with them, and drinke a good draught thereof both morning and euening for the space of nine dayes together, and by Gods grace it will preserue you.

¶ An excellent good drinke to be taken euery morning for a preseruatiue against the Plague, and for to auoide infection.

Take a handfull of Winter-Sauery, and boyle the same in a quart of good wine-Vinegar, with a spoonefull of Graines being very fine beaten, and put into the same, then put into it a quantity of fine Suger, and so drinke a good draught thereof euery morning fasting.

* When you must of necessitie come into any place where any infectious persons are, it is good for you to smell to the roote of Angellica, Gentian, or Valerian, and to chew any of these in your mouth.

¶ A speciall preseruatiue against the Plague.

Take five spoonefulls of wine-Vinegar, three spoonefulls of faire running-Water, halfe a spoonefull of Treacle of Iene, and of Bolearmoniacke as much as a small nut, being beaten to powder, and drinke this euery morning and euery euening. Proued by M. Knight of Andouer.

Take vi. leaues of Sorrell, and wash them with Water and Vinegar, and let them lie to steepe in the said Water and Vinegar a good while, then eat them fasting and keepe in your mouth and chew now or then either Stewall, or the roote of Angellica, or a little Cinamon, for any of these is maruelous good.

* Medicines to be vsed after infection taken.

FOr asmuch as the greatest cause of the Plague doth stand rather in poyson, then in any putrifaction of humors, as other Agues do, the chiefest way is to moue much sweating, and to defend the hart by some cordiall thing.

Supposi-

Suppositarie.

IF the Patient be costive and bound in his body, let him take a Suppositarie made with a little boyled Honny, and a little fine Powder of Salt, and so take it in at the fundament, and so keepe it till it moue a stoole.

¶ A very good Medicine to be drunke, suspecting any to haue the Plague.

TAke a great onyon and take forth the core, then fill it full with good Treacle of Iene, and wrap the same in a paper, and roast it vntill it be soft, then straine the same with a little white wine Vinegar, and temper it with a quantity of Suger, and giue to the Patient two spoonefulls thereof to drinke fasting, and if the Patient be infected with the Plague, you shall perceiue it within sixe houres, after the receipt of the same drinke.

* An excellent Medicine for the Plague.

TAke three or foure slips of hearbe grace, and vi. spoonefulls of Vineger, and beate them both together in a Morter, then straine the iuice out thereof, & put thereto an ounce of fine Treacle, and an ounce of fine Suger, and set it ouer the fire, and stirre it together, and make thereof a siroy, and then put it into a close vaze: then take a Sage-leafe, and euery morning fasting spread as much as a beane theresf vpon the same leafe, and so eate it morning and euening first and last. And if he that eateth it be infected, it wil driue it cleane from his hart, and if he be not infected, it will preserue him within the space of xxiiiij houres after the receipt thereof.

* A very good Medicine for the Plague.

TAke in the morning fasting, one or two Fig, one Wallnut, and 4 or 5 leaues of hearbe-grace, chepped all together very small, and eate them, and drinke afterwards a good draught of white or claret Wine: If it be a woman with child, leaue out the hearbe-grace. This hath been often proued.

¶ A very good Medicine against the Plague,

TAke a Figge, and put therein a little Hearbe-grace, mingled with a little Bayfalt bzused, and the kernell of a Wallnut cleane picked, these being put all together into the Fig, let the Patient eate thzee or foure of these Figs so bzessed, euery morning next his hart, and dzinke a very good draught of white Wine after it, and let him walke an houre after it, befoze he eate any moze meate, and by vsing of it thus euery morning, by Gods help he shall be safe from any infection.

* A Medicine to breake the Botch.

IF it fortune the Botch to appeare, then take red Bramble leaues, Elder leaues, and Mustard seede, and stamp them all together, and then take thereof, and make a Plaster and lay it to the soze, and it will draw forth all the venome.

* A maruellous good drinke for them that are infected with the Plague.

TAke leafe-gold, and mingle it with the iuice of Lemons, and a litle Suger-candie, Cloues, Pace, and a litle Cinnamon, and a like quantity of Licquorice finely pared & sliced, and let this be steeped in white Wine, or else in good Claret Wine, and put therein a good quantity of the powder of Angellica, or else of the decoction of the same roote, the same drinke will help the Patient being dzunke warme.

* An excellent Medicine to ripen and to bring forth the sore.

TAke a white onyon, and cut it in pieces, and thzee ounces of Butter that is cleane without salt, then take cloues of Garlicke cleane picked, the waight of xx d. and the quantity of halfe an egge of leuen, and a litle otemeale small beaten, boyle all these together with a litle new Milke, or else faire water, & make a pulcelse of it, & lay it very warme to the soze.

Lib. 2. Ringwormes or Tetter. Salues.

I would wish that all such persons that haue been infected with this disease, should willingly keepe their owne houses, or places of abode, without being conuersant with those that are whole, vntill the sores haue left running, and be perfectly whole and sound, which in sanguine and cholericke persons will be healed sooner then in those which be of melancholike and flegmatike complexions. Such persons (I assure you) may not very well be conuersant with them that are not infected, for the space of one whole moneth at the least. Likewise the contagion suspected to remaine in any clothes, either wollen or linnen, cannot very well be auoided by better meanes then by fire and water, and by often washing of them in frosts and sunneshine with good discretion, and burning the clothes that are of small value. Therefore I beseech God of his great mercy to keepe vs all in safety from it.

Ringwormes or Tetter.

¶ A Medicine to kill a Ringworme or Tetter, or any other maner of Itch.

Take Sallet-oyle and salt, and temper them very well together, and warme them luke warme, and let the Patient anoint the places where the sores are, and in three or foure times dressing, it will help him.

Salues.

¶ A very good Salue for a new cut or wound that will not cease bleeding.

Take the blades of vnslet Leekes, and stamy them very well, and put thereunto a quantity of wheate flower, and a quantity of Honny, and stirre them very well, but let it come neere no fire, but all cold lay it to the wound, and this will stanch the bleeding, and draw out the brused blood, and make it cleane. This hath been often proued.

¶ An excellent Salue for a cut.

Take two handfulls of Valerian, and two handfulls of Bugle, that is most commonly growing in woods, and hute them very small, then take a quantity of Deeres suet, and halfe as much vnwrought waxe, Let there be of these two as much as the hearbes may boyle therein, then set it on the fire, and when it is halfe boyled, then put a quantity of the best Turpentine therein that may be gotten, then let it boile till it be inough (but all the while, see that you do not cease stirring it) then straine it through a fine linnen cloth, and put it into some Gallypot, or earthen vessell, and so keepe it. This hath been many times and often proued.

¶ A very good way to make the blacke Salue, that cureth all old sores and vlcers, be they neuer so great, foule, and stinking.

Take a gallon of stale Ale, being very strong, two handfulls of Woodbinde leaues, halfe a handfull of seeded Nettles, and as much Colewortz which haue the ragged leaues, halfe a pound of red Onyons, halfe a pound of Charlicke pilled, a pound of vnset Leekes, a handfull of the powder of a rotten post, which is Dke, for that is best, then let all these be stamped all together very small in a Morter, and then put them into the Ale, with halfe a pound of Roch Alum, then set them ouer a soft fire, and let them boyle, vntill the one half or more be consumed, then straine them through a fine cloth, into some earthen or oher vessell that is cleane, and then put to them halfe a pound of birgin ware, halfe a pound of Rosen, halfe a pound of Neruoile that is greene, and a quantity of Stone Vouny, then let it stand for the space of foure or fūe dayes, then take it againe and boyle it till halfe be consumed away, then put it into an earthen pot, and let it be stopped very close, and vse it as you shall haue occasion.

Teeth. Wormes.

¶ An aproued Medicine to keepe teeth from stinking,
and also to make them white.

Take a quantity of long Pepper, Mints, Purflane, Aristologia rotunda, Salgem, & seeth them in pure white Wine, and straine it into a Glasse or Uiall, and when you shall thinke good, wash your teeth therewith, and this will keepe them both white and sweete. Per M. Cox.

¶ A most excellent remedy to ease the raging paine
of the teeth.

Take a little Balme and Basill, and rub them both together in the palme of your hand, vntill such time as they come almost to a iuice, and then put it into your eare on the same side that the paine is on, and it will help you presently. This hath holpen many.

¶ A very good Medicine for the tooth-ache.

Take a good quantity of the rootes of Henbane, and seeth it in white wine-vineger, or Rosewater, and put the decoction thereof in your mouth, and it will helpe you.

Wormes.

¶ A Medicine for Wormes in a Childes belly.

Take Aquacomposita that is made of hearbs, and wash the bzeast of the child, then take powder of Mirrhe very fine beaten, and straw it likewise vpon the bzeast of the childe (after that it hath been well washed) and lay a warme cloth to it, and so let it lye for the space of xxiii. houres to it.

FINIS.



