

Ram's little Dodeon. A briefe epitomie of the new Herbal or history of plants. Wherein is containd the diposition and true declaration of the phisike helpes of all sortes of herbes and plants, under their names and operations, not onley of those which are here in ... England growing, but of all others also of other realmes ... used in phisike / Collected out of the ... newe Herball ... first set forth in the Dutch or Almayne tongue ... by Rembert Dodeon ... And lately translated into English by Henry Lyte Esquire: and now collected and abridged by William Ram.

Contributors

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Ram, William.

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Rams little Dodeon.

A briefe Epitome of the new Herbal,
or History of Plants.

Wherein is containd the disposition and true declaration of the Philike helps of all sortes of herbes and Plants, vnder their names and operations, not onely of those which are here in this our Countrey of England growing, but of all others also of other Realmes, Countreyes and Nations vled in Philike:

Collected out of the most exquisite newe Herball, or History of Plants, first set forth in the Dutch or Almayne tongue, by the learned and worthy man of famous memory, D. Reinbert Dodeon, Physicion to the Emperour; And lately translated into English by Henry Lyte, Esquire:

And now collected and abbridged
by William Rams, Gent.

Pandit Oliua suos Ramos.

Imprinted at London by Simon Stafford, dwelling
in the Cloth-Fayre, at the signe of the
three Crownes. 1606.

Rams in the Dordrecht

A brief description of the new Herbar

of the year of 1614

By the learned and famous Doctor

John Ray, of the Faculty of Medicine

and Physick in the University of Leiden

in the year of 1614

growing out of all other

of other Herbar

of the year of 1614

of the year of 1614

Collected out of the most excellent

of the year of 1614

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The Author to the Reader.



Ouing & most naturall countrymen : I haue bestowed some tyme, in reducing the most exquisit new herball or history of plants (first set forth in Dutch and Almayne tongue, by the learned and worthy man, of famous memory, *D. Reinbert Doedeon*, Phisicion to the Emperour, and translated into English by Master *Henry Lyte*, Esquire) into a brieft and short Epitome : wherein is contained the disposition and true declaration of the phisike helps of all sorts of herbes and plants, vnder their seuerall names & titles, not onely of those which are here in this our countrey of England growing, but also of others of foreine realmes, countreys, and nations, vsed in Phisike, (being nowe brought into a very samll volume) So as where the geat booke at large is not to be had, but at a great price, which cannot be procured by the poorer sort, my endeuer herein hath bin chiefly, to make the benefit of so good, necessary, and profitable a worke, to be brought within the reach and compasse aswell of you my poore Countrymen & women, whose liues, healths, ease and welfare is to be regarded with the rest, at a smaller price, then the greater Volume is : wherein I haue made declaration of certayne dangerous Plants, with their corrections; onely drawing them into a special Title by themselves, which before were dispersed in many places. This onely obseruation I gaue thee, that where, in many titles of cures, all, or the most part of the herbs or simples for such cure, are drawn within this direct, it is not to be inteded, that all those simples should be added together in the vse of Phisike, but that euery of them

The Authour to the Reader.

by themselves are to be ministred for the cure of the disease vnder their severall tytles: and that this Character or marke, — which you shall finde in many places of this book, is to giue the right vnderstanding of the herbe (by which it is set) by some other more familiar name, then in his first place: And as it pleased that famous and worthy man, *D. Reinbert Dodeon*, the Patrone of so excellent and necessary a woorke, to offer the same into the world: And as the layde worshipfull gentleman, master *Henry Lyte*, by his diligence hath translated the same into our English tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguished, to their great prayse and comendations: Euen so, my poore talent of endeuor hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden; or else to bring that into a little Gardē, which before was (as to be looked for in many fields and disperced places) not to be found but by great labour and industry: my onely and greatest care hath byn of long tyme, to knowe or thinke, how and vpon whome to bestow the dedication of this my small labor: And in the penning of this my letter, my Affections are satisfied with the dedication thereof to thee my poore and louing coutryman whosoever, and to whose hands soeuer it may come: For whose sake I haue desired publicatiō of the same, beseeching Almighty God to blesse vs all.

William Ram.



The Contents of this Booke.

A Speciall note that the first page of euery leafe being opened, containeth the practice of M. R. *Dodeon* : And that the second opposite page, vnder the Title *Incidentia*, containeth the practises of others for the same Phisike helpes, collected and inserted by the Author of this Treatise.

Certayne excellent approoued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the most part of the same diseases, set on the other opposite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reason of their malignant and hurtfull qualities.

The correction of the same dangerous plants, or many of them.

Observations for euery of the twelue moneths in the yeere.

Observations of times of gathering, ordering and preserving of certayne herbes, fruits, leedes, flowres and rootes.

Observation of gardening, by father *Kinke* of Tibolds.

Observation of diuers dangerous dayes in the seuerall moneths of the yeere.

Certayne generall observations.

Observations of *Dyer*, good and euill for the parts of mans body.

*All these Plants, or the most part of them
haue their seuerall dangers and pro-
perties, and therefore they are
to be corrected, or to be
ysed by good
discretion.*

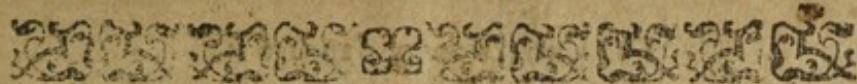
Hempe seede, Petw tre, Agarick, Squilla, Laks,
Onions, Indian Pepper, Thlaspy, Coleworts,
Mache, Pole reede, Bitter Vitch, Chick pease,
Wemlock, Solanum, Mandragora, Oleander,
Licocktenen, Acconitum, Ranunculus, Kerne,
Scamony, White Bysong, Wallwort, Elder,
Colloquintida, Liscinachus, Amplo Colwumer, Stauesacre,
Pezeron, Camelea, Whittum, Latwrell, Harmodactill,
Lapsia, Weplos, Spurge, Cyula, Withe mail,
Eleboz, Ciclamen, Alcrologia, Caphorbutum, Lacerpitium,
Coztander, Compa, Aneoz, Carthamus, Flaxe seede.

*All these simples and plants are not to be
taken into the body, without great
skill, and good correction, by the
learned and skilfull
Phisicians.*

All the Crow-footes, especially Apium risum, taken inward-
ly, spopleth the senses and vnderstanding, and draweth to-
gether all the sinewes of the face, making them that haue eaten
thereof, to seme to laugh, and so they dye laughing, except pre-
sent remedy be prouided.

Flannula, Wolves bane — Licostium, Perceum — Oleander
Opium — Papauer, Mandragora, Solanum lethale, — Diuile,
Solanum somniferum, Wembane, blacke especially, Wemlock,
Petwe tree not to sleepe vnder.

The



The Corrections of dangerous Herbes, Plants, and simples.

The danger of Sothernwood: it is a hurtfull enemy to Sothern-
the stomake: wherefore Gallen would not haue it mini- wood.
fired inwardly in the body. Cartha-

The danger of the seede of bassard Bassis, it is hurt- mus.
full to the stomake, causing desire to vomyt, of hard and slowe
operation, remayning long in the stomake.

¶ But to that seed, Annis seeds, Galingale, Quassik, Cin- Correc-
ger, Sal gem, or common salt, which will haften his operation, tion.
and correct his malignity.

The danger is, being taken into the stomake, it is a hindrance Flaxseed
to digestion of meate, and breedeth windinesse. or Lync-

The danger, it is hard of digestion, contrary to the stomake, seede.
it causeth payne, grief, and bulnes in the head, it engendzeth Hempe-
grosse and naughty humors in all the body. seede.

When yee will vse Lysimachus, take none but that with the Lysima-
yellow Flowers, which is the right herbe, and the other not. chus, his
The danger, it is hurtful to mans nature, it engendzeth cold- choyce.
nes, and sickness throughout the body, with pensiuenesse Phyllium.
and heavynesse of the heart.

¶ Prouoke vomit, with medicines conuenient to cast Correc-
it vp: then giue to drinke of the best and most sanozy wyne, tion.
being colde by it self, or boyled with wormwood, or mingled
with hony, and a little lye, or the decoction of Will.

The best are those which growe in Slaunonia.

The next in Macedonia.

The third in Affrica.

The white Iris is taken for the best.

Flowre
de Lyce
rootes:
their

The choyce.

The Corrections of dangerous

- Amcos.** The danger of the leete taken in too great quantitie. it taketh away the colour, and promoketh palenesse as in dead bodies.
- Cummin** The danger, being too much used, it decayeth the natural complexion, and liuely colour, and causeth a man to looke wan and pale.
- Coriander** If greene Coriander be taken into the body, it causeth hoiseness, fransy and dulnes of the vnderstanding, it maketh the party see me as if he were drunken: the Iuyce taken in quantitie of 4. ozams, killeth the body.
- Lacerpium the choyce.** The best is that which is reddish, cleare & bright, and sauering like myrrh, not greenish, of a good pleasant smell, which being distilled, waxeth white.
- Euphorbium: the danger.** By reason of his extreme heate, it is hurtfull to the Lungs & stomack and all the inward parts, being receyued inwardly, it chalet and inflameth out of measure.
- Correction.** First anoynt it with the oyle of sweete Almonds, then put it in the middle of a Cytron, and wrap it in leuened paste, and bake it, and then vse it.
- Manardus taketh of massick & gum Dragagant, as much as of Euphorbium, and mingling them together, putteth it into the midst of an unbaked loafe, and baketh it well, then he taketh the crum of that loafe, and maketh pills, and giueth it for the weaknes that cometh of the French poxe, & all anguish and paynes outward.
- Another minglet Euphorbium with the like quantitie of massick, and maketh pills with the Iuyce of Citrons, or of Oranges, and vseth them much agaynst the pestilence.
- Astrolochia the choyce.** Round Astrolochia is of fyne and subtil parts, and of stronger operation then the rest, it mundifieth and cleaseth mightily, it suppleth and maketh thin, grosse humors.
- Long Astrolochia is better to incarnate, and to engender flesh in vlcers.
- Astrolochia Climatis hath best sauer, and therfore maketh best oymments.

The

herbes, plants, and simples.

The danger : In what sort soeuer it be taken, it is dangerous Ciclamē
to women with childe : wherefore let them take hēde not onely Sow-
how they receiue it inwardly, but also let them bee aduised in a bread.
ny wise not to applie it outwardly, nor to carrie it about them,
nor yet plant it in their gardens, for it will hinder them if they
goe but ouer it.

The danger : being vnprepared, and taken out of time and White
place, or too much in quantitie, is hurtfull to the bodie: for it cho- Elebor.
keth and troubleth all the inward parts, shrinketh and draweth
together all the sinewes, and stayeth the partie : therefore vnpre-
pared it ought not to be ministred, nor then, without good hēde
and great aduisement : for such as are either too yong, or too olde,
feeble, that spit bloud, that are griued in their stomacks, whose
breaſts are straight and narrow, their necks long, such people
must in no wise deale with it without ieopardie and danger:
therefore be aduised by learned Physicians.

Although blacke Elebor is not so belement as the white, yet it Blacke
cannot be giuen without danger, especially to people hauing Elebor.
their health, &c. and not to be ministred but in desperate causes in
the spring time onely : and not before it be aduisedly prepared
and corrected.

¶ Elebor giuen with Long-pepper, Isop, Daucus, and Annis- Corre-
seeds, maketh it to work the better, & with lesse danger. Also, if it tion.
be boyled in the broth of a Capon, or of any other meate : and
that broth may be giuen to drinke, and with lesse danger.

The daunger of the Juice and seede of Tichimalles : it worketh Tichi-
violently, hurtfull to the nature of man, troubling the body, malles,
ouerturning the stomacke, burning the throte, making it rough
and sore : wherefore Gallien willet not to haue it ministred
inwardly, but to be applyed outwardly.

¶ Lay the bark of the roots to soke in Vineger by a day, then Corre-
dye it and make it in powder, and put to it Annis and Fenell tion and
seeds, Gumme Dragagant and Masticke, and so ministring it remedie.
with some cooling and refreshing liquour, as Endiue, Cichory, or
Oringes, &c.

The danger is like to the Tichimalles, and hurtfull.

¶ The euill qualitie is corrected as the Tichimalles.

Ezula.
Correc-
tion.

The Corrections of dangerous

- Spourge** The danger: it is hurtfull to mans nature and body, as the Tichimalles.
- Correc- tion.** ¶ Take the seede of Spourge, with Dates, Figges, or Gumme Dragagant, Masticke, Anniseedes, or any refreshing or cooling herbe: or if one drinke water, straight waies it correcteth, &c.
- Peplos.** The danger is hurtfull to man, as Spourge.
- Correc- tion.** ¶ As as of Spourge.
- * **Thap- sia.** ¶ The danger: in drawing the iuyce from the herbe & roote, great inflammation chaunceth to the partie that draweth it, in his face: And receiued into the bodie, it causeth great windi- nesse, blakking, turmoyling, and ouerturning the whole body: and it hurteth the bowels and inward parts.
- Correc- tion.** ¶ When one will gather the Iuyce, or strip the barke off the roote, let him anoynt his face and bare places, with oyle of Roses and ware.
- ¶ When it shall be ministred inwardly to open the belly, put to it Long-pepper and Sugar.
- Wilde Saffron, Hermo- daetil.** The danger: it stirreth by gnawing and fretting in the bo- dy, as if it were all rubbed with nettles, it inflameth the sto- macke, and hurteth the inward parts, so as at first it procureth bloudy excrements, and after bringeth death.
- Correc- tion.** ¶ Drinke a great draught of Cow-milke: Put to it Ginger, Long-pepper, Anniseedes, Comin, and a little Masticke: it cor- recteth, and helpeth.
- Lawrell.** The danger: it doth bere and ouerturne the stomacke, it in- flameth, hurteth, and burneth the inward parts.
- Correc- tion.** ¶ The leaues are to be steeped one day in good strong Vini- ger, then drie it, and keepe it to vse.
- ¶ If first you lay to soke in that Vineger, Quinces, or the seede of Barberies, when you will occupie the leaues prepared, you must make them in powder, and giue it with Anniseedes and Mastick, or boyle them in whay or swete milke, especially goates milke, or the broth of a Capon.
- Chame- lea.** The danger is very nere the nature of venim, hurtfull many wayes to mankind: it greatly hurteth the stomacke, liuer, and to all principall parts of man, chafing, and vehemently grieuing the inward parts.

¶ The

herbes, plants, and simples.

¶ The correction is as of Lawrell.

* The dagger, by reason that it is very hote, it is very hurtfull, and of strong and vehement working, grievous the inward parts.

Correc-
tion,
* Meze-
ron.

¶ His correction is as of Chamelea.

* His danger is very hurtfull to Nature, for it causeth & infla- meth all inward parts: it ouerturneth the stomacke, being hel- den in the mouth: it causeth inflammation in the mouth and throte, and therefore it is to bee ministred outwardly.

Correc-
tion.
* Staef-
agre.

¶ Before you occupie the seede of Staefagre, steepe it in A- niger, and drie it.

Correc-
tion.

You may giue it to be drunken with meat or Homed wa- ter.

Who that hath taken in any of this seede, must walke without staying, and should drinke Hydromell often, when he feelth a- ny kind of choking.

* ¶ It must be giuen with meade, or with sweet milke, a lit- tle Anniseeds and salt, or giue it in powder with Gumme Dra- gagant, Anniseeds, and a little salt.

* Wild
Cowcu-
mer, the
correcti-
on.

* The dagger: it hurteth the inward parts, & openeth the smal- baines, it prouoketh gripings, and torments in the belly.

The danger is exceeding hurtfull to the stomack, and Liuer, hurting the bowels and intrayles.

* Idem.
Collo-

¶ Put to the pulpe or pith thereof Gumme Dragagant and Mastick, and after make it into Troches or Balles with honey.

quintida
Correc-
tion.

The danger it is very hurtfull to man, it stirreth vomiting, tossing and tumbling the stomack, bowels, and belly, it ma- keth the body weake and feeble, and it wasteth the strength of the Liuer.

Elder.

The danger: it is noysome to the Stomack and inward Wal- larties, as Elder.

woort.

The danger is, the roote by his violence troubleth and ouer- turneth the stomack, and other inner parts, it is altogether euill, and contrary to women with child.

White
Briony.

¶ The malice or naughty quality thereof is taken away, by putting to Mastick, Ginger, and Cinna-men.

Correc-
tion.

The Corrections of dangerous

1 The danger: the Juice is very strong and violent, causing wambling and windinesse.

2 It chafeth the liuer and blood, and it ingendereth feuers to such as be of hote complexion.

3 It openeth the vaines, and hurteth the bowels and inward parts, to the prouoking of bloudy excrements, verie hurtfull to the liuer, heart, and inward parts.

Correc-
tion.

¶ Boyle or digest it in a Quince, or paste of Quinces, vntill the Quinces bee verie tender and perfectly boyled, and then it is called Diagredium.

2 Mixe it with some cold Iuyce, as of Roses, Psilliū, or Prunepulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.

Fearne.

Polipo-

die the

choyce.

Ranū-

culus.

The danger is verie great, especially to women with child. The roote which groweth at the foote of the oke is best, and most profitable to be used in medicines.

The daunger: they al are dangerous and hurtfull, they kill and slay, especially Apium Risus, which taken inwardly, spoyleth senses, & draweth the sinewes: as thole which haue eaten thereof, some to laugh, and die laughing, without some present remedie.

Acco-

nite.

Licoſi-

num.

Rose-

oleander

Nereū.

Mandra-

gora.

The danger is great, it killeth wolues, swine, and all beasts both wilde and tame that eate of it.

The danger of wolues bane, being taken in, it inflameth the heart, burneth the inward parts, and killeth the body.

The danger: it is verie hurtfull to man, and killeth Whēp, Goates, Dogges, Asses, Hules, Hoxles, and all four footed beasts.

The danger: it is most hurtful to man, to be receined into the body, if it be takē in, neuer so little quantitie moze then ought to be, it killeth the body: the leaues and fruit are also very dangerous.

Solanū

somni-

ferum.

The danger is great: if yee giue more then twelue berries, it causeth rauing, distraction, and furiousnes, as much as Opium.

The roote taken in wine, to the quantitie of a dram, causeth vaine and idle imaginations: two drams bringeth frensie and madnesse, which lasteth thre or foure daies: foure drams taken in,

herbes, plantes, and simples.

in, killeth the bodie.

The danger by his venemous qualitie is great: for whoso Hem-
uer taketh of it, dieth, except he drinke good old wine after it. block.
But if he taketh Juyce of Hemblock together with the wine,
the payson is augmented, and it killeth.

The danger: the vse of these pease is not very good for them Chiche
that haue any vlcration in their kidneyes or bladders: for they pease,
be too much scouring, and do cause the vyne to be sharpe.

The danger of Ers or Oribus: being vled often, & in too great The bit-
a quantitie, it causeth head-ache and heauie dulnes: it bringeth ter vitch,
forth bloud both by vyne and excrements of the belly. called

The danger of † Poole Reed or Harundo vallatoria, is, that if Erum.
the downe that is in the toppe or tufting tassell thereof chanceth † Poole
to fall into the eares, it bringeth such dulnesse and deafnesse as Reede.
is hard to bee cured.

The danger: the often eating thereof ingendyeth many infir. Orache.
mities: it ouerturneth the stomacke, and it causeth diuers spots,
freckles, and pimples to arise in the face, and all the rest of the
body, also it is hard of digestion.

The danger of them: eaten, they engender grosse and melan. Cole-
cholicke bloud, especially the redde kind: the white are better to worcs.
digest, and engender moze agreeable and better nourishment, &
specially when they haue bene twice sodden.

The danger is: seeing the seed is verie hote, and of strong and Thlas-
beheement working, insomuch that being taken in too great a pic.
quantitie, it purgeth or scoureth euen vnto bloud, and is verie
hurtfull to women with childe, therefore it may not bee rashly
ministred inwardly.

The danger: it is dangerous to bee often vled, or in too great Indian
a quantitie: for this pepper hath in it a certaine euill qualitie, pepper,
whereby it killeth dogges, if it be given them to eate. Caplicū.

The daunger: the often vse of them causeth head-ache, and Onions.
ouer-much slepe, and is hurtfull to the eyes.

The daunger: they engender euill humors and windinesse, Leekes.
they cause heauie and terrible dreames: they darken the eye-
sight: they are very hurtful to them that haue any exulcerations,
or going off of the skinne of the bladder or raynes.

The Corrections of dangerous herbes, &c.

Squilla. The daunger: it is a very sharpe and hard medicine, it is subtil and wasting, hurtfull, and forcing the nature of man, when it is taken or bled rawe.

Correc- ¶ It is not to be bled into the body, without it be first sod-
tion. den, roasted, or baked.

Arbutus The daunger: the fruit thereof eaten hurteth the Stomack, and causeth head Ach.

Agarick The daunger: it is of slow operation, taken in too great a quantitie, it wealeth the inward parts.

Correc- ¶ It is corrected being given with Vineger, Sal gemme, and
tion. chiefly with Oximell.

Yewtree The daunger: it is altogether venimous, and against mans nature.

It is so hurtfull, that if one do but sleepe vnder it, or the shadow thereof, he becommeth sicke and sometimes dieth, especially when it bloweth.

In Gascoyne it is most dangerous: if any eate the fruit, it causeth the laske.

The birds that eate the Berries thereof, do eyther die or cast their feathers.

Observations



01

W
If fresh and loe
1st Rhy: let to
Apples
Pears
Wardens
Barberries
and generally a
In the waste
hole and all other
tries, to cause the
In the waste of
particeps, corre
In the end of
god to graffe, fel
forget not to
One yndred
with white wa
some drinke if
After be pay
Sole Lettice,
Dunch Hagg
and Triade of
an ounce in fine
and in a pint of
Wane Cal
Palm gels
and from the th
at full: for the
Let not your
the little 30
Let no blout
good time.

Observations in Ianuarie.

With this fyre I warme my hand.

If frost and weather be not extrême, the wind not at West
10, North: set trées, of

| | | | |
|-----------|------------|------------|-------------|
| Apples | Quinces | Cheries | Rosiers |
| Peares | Plums | Filbirds | Raspis |
| Wardens | Damsons | Walnuts | Goseberies |
| Barberies | Quickssets | Hawthornes | Blackthorne |

and generally all trées and plantes, the yonger the better.

In the wane of the Mone in the first quarter is best to set
those and all others that shal beare fruit or flowres, and to prune
trées, to cause them grow and beare the better.

In the wane of y^e Mone, set beanes, pease, & haskings, & sow
parceneps, carrets & onions, if the wether be mild & not too hard.

In the end of this moneth, in the new Mone it is indifferent
good to graffe, fell, and crop trées.

Forget not to looke to weake cattell.

Giue drinke to sicke cattell: to kine with Wergis, and to horse
with white water made with ground Mault or Banne, or with
some drinke if need be.

If they be worse, giue them sodden wheate.

Sow Lettice, Reddish and Spynach.

Drinch Hogges with whay, or take Ornament, alias Oxale,
and Triacle of Jeane, an ounce of each: Bolcarmaniak halfe
an ounce in fine powder, temper it in a pottell of whay for a hog,
and in a pint of vergis for a Cow, and giue it to drinke warme.

Meane Calues and Pigges for Froze.

Sow geld or lybbe, the signe being fro the brest upwards,
and from the thighes downewards, the Mone being at land and
at full: for it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cut,
Use little Whisick but for great necessity. (ting.

Let no bloud but in case of necessity, by skilfull aduice, and in
good time.

Use

Observations in Ianuarie.

Use warme meates.

Drinke white wine sacking, if thy backe be not weake, or that thou bee not subiect to the gout.

Eschew all swete meates and drinckes, and vse warme clo-
thing.

Let not such as are subiect to the Rheume, take cold nor wet
on their feete.

Such as haue aches may sweate or bathe, taking no cold.

Cold Ianuarie loueth hote clothes.

Warme meates and broths are best.

Meates that are warme conuenient be.

Bléde not, but bathes by counsaile vse.

Draw no blood from baine, but so; necessitie.

If thou bléde be ware of cold.

Walke not abroad in the night time.

Use to eate the best confections.

Drinke white wine, for that slewe increaseth.

To fast long is hurtfull to the body.

Eate Sallets well prepared with oyle and spices.

Wash not thy head.

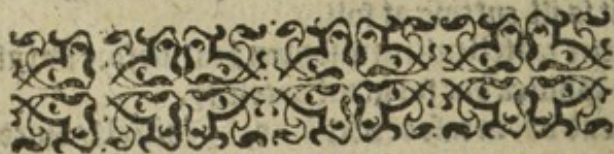
Bathe in safetie thy body warme.

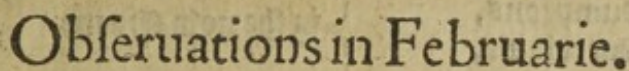
To take a vomit is not hurtfull.

Take euerie morning during this month, a little quantitie of
Rosed honey to comfört the stomacke, and to cleanse the body of
choler and slewe.

Drinke in ale or wine, { Graines,
Ginger,
Putmegs,
Cloues.

Observations





Taking Whillicke bee not too bold.

As yet no baine let opened be.

We choyce of fowde, p;uide for cold,

For feare lest Agues trouble thee.

Wilke now and Fennish foule denie,

As now no hol some messe.

Now medicines and flegbotomy

Are vsde with ill successe.

Eate confections condited with honey, to purge the blood.

Eat apples.

To eate fresh beefe often is hurtfull, or other moyst meates.

Use not to eate any pot-herbes, but Parceleey, Smaledge,
and such like.

Eate rather sodden meate then roſt, to keep thy bodie ſoluble.

To bathe is not hurtfull, noꝛ to take a potion.

Blæde in the vaine vnder the Thumbe.

Take pills to purge the head.

Eate honey with bread, to purge the head and bladder.

| | | | | | | | | |
|-------|---|--------------|---|-----|---|--------------------|---|--------------------------------|
| Solve | { | Larkſſeete, | } | and | { | Rocket, | } | In y ^e old Hone. |
| | | Asparagus, | | | | Cardus benedictus, | | |
| | | Burnet, | | | | Spinage, | | |
| | | Artichocks, | | | | Cucumers, | | |
| | | Harts-horne, | | | | Warceneps, | | |
| | | Samphire, | | | | Coleworts, | | |
| | | Sauell, | | | | Cabage & Lettice, | | |

| | | | | | |
|-------|------------------|---|---------------------|-------------|----------|
| Solve | { Palma Christi, | { | { Marygolds double, | { In ½ nett | |
| | { White Popie, | | { Corsiander, | | { Poone. |
| | { Rocket, | | { Flowre-gentle, | | |
| | { Margeram, | | { Violets, | | |
| | | | | | |

Observations in Februarie.

Sowe { Time,
Pumpeons,
Porcelaine,
Reddish & Borage, } in the new Moone.

Sowe { Chickweede,
Tichory white,
Beetes, } and { Fenell, &
Parcely, } in the full Moone.

Sowe { Onions,
Cabages,
and Leakes, } in the wane: and replant Cabages in the decrease.

In the new Moone, graffe, plant, and set almost all trees: cut Quickset hedges, set Roses and berry bushes, the weather good, and wind respected.

In the wane set Beanes, Pease, & Hakkings, & all kind of legumen: and sow Onions and Parceneps. And now good huswines set forward their gardens, in setting and sowing most kind of herbes and seedes, except Bazell, Margeram, and such like, which cannot abide cold nor drought. Now sow kearnels of Barberies, Peares, and Apples.

Set Hops.

Sow Mustard-seede.

Set Vines, and prune them.

Stake, and reare up Rounseualles.

Refraine all things that stop the liuer or betnes, or that thicken bloud, as Rice, Milke-pottage, with Pallowes, and all simie meates.

Forbeare Physick, and bloud-letting.

Be ware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take sudden heate or cold.

Observations



Observations in March.

Here I cut my Vine spring.

Still haue regard what soue you take,
For now in man byæde humors great,
The learned of your counsaile make,
Besore you blæde, bathe, purge, or sweate.
Such victuals March requireth,
As are both light and pure,
Bloud letting somewhat profiteth,
And medicines some what cure.

Eate pleasant and well spiced meates.

Refraine sharpe meates.

Drinke pleasant and the strongest wines.

Oft times eate Lake pottage.

To bathe often profiteth much.

Take no pottion to purge or blæde by beine.

Eate often Penny-royal, to heate þ stomack, & to make dige.
Wine sallets eate Bittony, to cleanse the sight, & to amed þ head.

| | | | | |
|-----|---|-------------|---|---|
| Use | { | Graines, | { | and such like spices, profitable this time in drinkes or meates. |
| | | Ginger, | | |
| | | Nutmegs, | | |
| | | Galtingale, | | |
| | | Pepper, | | |

| | | | | | | | | |
|-----|--------------|------------------|-------------|---------|---|-------------|---|-------------------|
| Sow | { | Cabage, Lettice, | { | Basell, | { | Artichocks, | { | in þ old þone. |
| | | Cucumers, | | | | | | |
| | | Cardus benedict. | | | | | | |
| | | Samphire, | | | | | | |
| | | Gilliflowres, | | | | | | |
| { | Wartt-horne, | { | Cardus | | | | | |
| | Wartt-ease. | | | | | | | |
| | Waldowres, | | | | | | | |
| | Chickweed, | | | | | | | |
| | Burnet, | | | | | | | |
| { | Waldowres, | { | Isop, sanoy | | | | | |

| | | | | | | |
|-----|-----------|-------------------|-----------|-----------|---|---------------------|
| Sow | { | Reddish, | { | Wargeram, | { | In the new þone. |
| | | Pumpions, | | | | |
| | | Sauell, | | | | |
| | | Coziader, Bozage, | | | | |
| | | Parcelan, | | | | |
| { | Wioletts, | { | Time, | | | |
| | Wioletts, | | | | | |
| | Wioletts, | | | | | |
| | Wioletts, | | | | | |
| | Wioletts, | | | | | |
| { | Wioletts, | { | Wioletts, | | | |

Some Cabage coles, Onions, and Leekes, in the wane.

Observations in March.

Sowe { Beetes, } and { White Cicozy. } In the ful Moone,
 { Parcelly, }
 { Fenell, }

Sowe { Lettice, } at all seasons.
 { Reddish, }
 { Spynage, }

In the new Moone graffe any good fruit, respecting the wind:
 plant Quicksets, so that the weather be not too drie.

Set Vines and prune them, set Hops and Willows, and cut
 Quickset hedges.

In the waine, set Pease and Beanes, and sowe Onions,
 Parceneps, Otes, and Field pease.

Good huswives are now knowne by their gardens.

I neede not to tell that it is now good to set and sow all herbs,
 except Bazell and Gargeram, and such like.

In y^e end of this month set Cucumers, Melons, & Artichocks.

Sow Barley in moyst and cold ground.

Grosse feeding breedeth euill bloud and grosse humors.

Use meates of good digestion, and such as breed good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Cinacom.

Swaete meates and drinckes are now holsome.

March sayd to Auarill,

I see three hogges vpon a hill:

Wilt thou lend me dayes three,

Iz do my good will to make them die.

When three dayes were come and gone,

The three hogges came hopping home.

A showre in March, { The third in Auarill,

Another in May, {

The fourth about the Lammas tide,

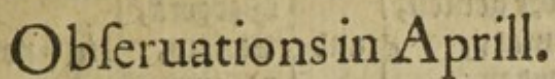
When Corne beginnes to fill,

Is wel yworth a plough of gold,

And all that longs theretill.

I. D.

Observations



ALL things their strength now put in bye.
The pores are open, the blood abounds,
Let blood and purge: yet be thou sure,
From learned counsell no hurt redounds.

Those meates are mete in Aprill,
Which March desired for to haue.
Bloud letting now doth very well,
Now purging medecines do craue.

Eate pleasant meates.

River fish is holſome.

Ballets are commended.

Blæde by any vaine in the body except of the Lungs: to open that vaine, hurteth, and to open the middle vaine, profiteth.

Bathe often.

To purge the stomacke with a potion & otherwise, is good.

Eate no kind of rootes.

Eate all kind of fleshy but pigges.

Take phisicke, but blasse safely.

Drink moderately.

Blæde for scabbes.

Eate Bitony and Mynts prepared in honey.

Drinke in the morning fasting.

Use herbe Grace in thy wine.

Be ware of eating saltfish, which then ingendereth the scab
and ych in the body.

Set or Sowe { Cardus, } and { Celiflowres, } In the old
 { Artichocks, } { Wartseale, } Boone.
 { Wallflowres, } { Parceneps, }

Observations in Aprill.

Sowe { Flowze gentell, } and { Pargerā, } in y new Moone.
 { Rosemary, }
 { Lavender, }

Sowe { Cabbadge Coles in the wane of the Moone.

Gather { Adders tōgue, } & { Roses: } make { Syrop of Roses,
 { Camomill }

Purge, let blood and bathe.

How go to Bathes: if thou canst not, be nued at home, frō the beginning of this moneth to Midsummer, and from Midsummer to the end of September, or els it is too hot or too cold.

Purge, & let blood in temperate time.

How housewives that forget their gardens before, will leave no vacant plot nor hearbe vnset, nor seede from sowing and setting, and specially Cucumbers, Melons, Cithrons, Courdes, and Artichocks.

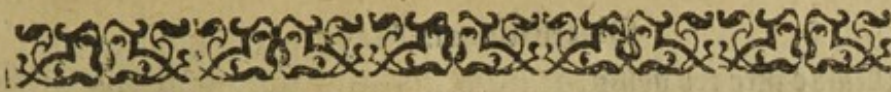
In the wane of the Moone, set Pease, Beanes, and pole Voppes.

Dairy dames, bestur your families.

Let the Tanner looke for barke.

Observations





Observations in May.

I am as fresh as bird on bough.

To bathe and also to let blood
If neede require do not refuse:
To rise betimes will do thee good.
Be merry, but no myrrth abuse.
In May thou mayest with safety
Both bathe and take purgation,
Use Vencry and Phlegbotomy,
And like euacuation.

Wash thy face often with faire running water.

Use not to eate much meate of hot qualitie.

Blasd when need is in any place.

To blasd in the foote is most profitable.

Beware of eating any stale fish.

Eate no tainted flesh that smelleth ill.

Eate your sallet in dew season.

Drinke but little wine.

To bathe is not vnprofitable.

Drinke clarified whey, simply or drawen with cold hearbes.

Use to drinke pure wine mixed with goates milke, and with
that anoynt thy head and brest.

To drinke sharpe drinkes profiteth.

Take Physick if neede require.

Eate no head nor sette of any beasts, because of the moysture
of the hearbes beasts do eate.

Myrmeewood wine is profitable to drinke.

Use to eate Fennell rootes tenderly sodden.

Take tender laxes to pourge the bloud.

Sleepe a littell after dinner.

To bléede on the head or liuer beines profiteth.

Arise early: May loveth no sluggards.

Walke

Observations in May.

Walke into the fields.

Eate and drinke betimes.

Sage leanes and butter and Sage-ale is holtsome.

Eate no egges, nor the heades, fete, or byaines of any thing.

Drinke clarified whay with these herbes,

Fumitory, Maiden-heare, Setrach, Sorrell, and Egrimony,
of each of them halfe a handfull : a few tender buds of hoppes,
with a little liquoris : Boyle them, straine them, and drinke it at
all times, except with meates.

| | | | | |
|-----------------|---|-------------------|---|---------------|
| Gather and make | { | Sirrop of Roses, | } | at all times. |
| | | Sugar Rolet, | | |
| | | Dyle of Camomyll, | | |
| | | Dyle of Lillies, | | |
| | | Opium, | | |
| | | Rosemary flowres. | | |

Sowe Cardus Benedictus in the old Poone.

| | | | | |
|------|---|------------|---|---------------|
| Sowe | { | Lettice, | } | at all times. |
| | | Reddish, | | |
| | | Spinage, | | |
| | | Parceneps, | | |

Now cut, set, and plant all herbes and seedes : for it is sayd of
olde, Set or cut in May, and grow all day.

Now sow Bazell, Pargeram, Turneps, and all seedes and
sallet herbes.

Sowe Flare and Hempe, and set Artichocks.

Made Hops, set yong grasses.

Distill herbes gathered in a drie day in the after noone.

Now good Gentlewomen will distill May dewe.

Now gather and make Rosa solis.

Put your Lambes from the Ewes.

Refraine all things that stop and congeale the bloud all the
spring time.

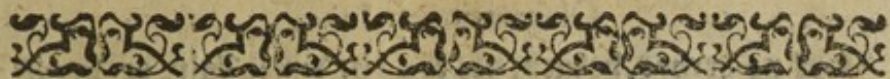
The laboring man needeth not vse any rules of Physicke.

Let weake stomacks vse thinne diet.

Receiue physick, let bloud, & bathe, & after this month refraine.

Drinke clarified whay.

Observations



Observations in Iune.

My Corne is weeded well enough.

Abstayne from drinke both swæt and new:
From Whisick do thy selfe refraine:
His riotous pleasures quite adew,
Lest that they breed thy endlesse paine.

Cold hearbes in Iune are very meete,
But such meate shunne chesly,
As shalbe eyther new or swæte:
Take pleasures medicinably.

Abstayne from meates that ingender flegme.

Drinke the pleasantest wines.

Drinke sometime fasting white wine, which purgeth choler.

Eate Sallets of Lettice prepared with vineger, to purge humors descending to the kidneys.

Ete meates of light digestion.

Arise al wates from the table somewhat hungry.

Exercise thy body with some long walke.

Ete Phlegbotomy safely.

Eate no milke but that is well sodden.

Be ware of eating Apples this moneth.

To bathe is good, but not to tarry long in it.

To wash thy face often in cold water is commendable.

It is now good time to make Syrop of Damaske Roses, Conserves of red Roses, Violets, Borage and Buglos, and to distill Rose water, and to make oyle of Roses.

Meebe Corne and Gardens.

When the Sunne shineth, make Hay.

Set Gilliflowres, Carnations, and Rosemary.

Sowe sallet herbes, & Lettice, iiii. daies before the full Moone, and Reddish iiii. daies after the full Moone, in euery moneth from March to September.

D

Set

Observations in Iune.

Set no herbes, hedges, nor trees in Iune, Iuly, or August :
and haue an eye vnto Antes, Emits, and Snalles in your gar-
dens.

Sowe { Lettice,
 Reddish,
 Spinach, and } at all times.
 Parceneps,
 Pumpions in the new Moone.
 Cucumers in the old Moone.

Gather { Towne Cresses,
 Peritoy,
 Lang de bief,
 Dragons,
 Origanum,
 Calamint, and
 Mary golds the xvi. day befoze the Sunne,
 without knife.

If thou must needs take Physick, take it early in the mor-
ning.

Use thinne diet of thy meate.

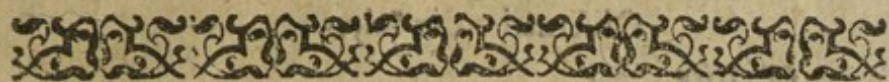
Let no bloud, but in extremitte.

Drinke clarified whay as in May.

Take no great thirst: for the pores of the hayne are open.

Observa-





Observations in Iuly.

With this sicke my grasse I mowe.

Cold herbes now wholesome bee:

But let no blood in any wise:

By running streame and shadow free,

Thy booke thou mayest well exercise.

Sleepe not too much, to cold Bathes go:

Refuse to vse Phlegbotomie:

This month abstaine from Venus: wee

To him that keepe her companie.

Now make hay, fallow for wheate, forget not to cary out
soyle.

Gather such flowres and seedes, as you will keepe all the
yeere.

Dry your flowres in the shadow till they be almost dry, and
then sunne them well that they mould not, and so also dry your
herbes.

Beware of bread made of fustie or pind corne.

Take no great thirst, and vse moderate diet.

Auoyd euill ayres.

Walke not abroad too early nor too late: especially where
fogs, mists, vapours, or stinkes in streets be or lanes.

Keepe close your chamber windowes shut all night, and open
all day in fayre weather, but shut in mist.

In the euening perfume your chāber with perfumes of Ben-
samin, Storax, Masticke, Frankincense or any of them.

Eate in the morning butter, with bread and Rue.

Steepe Rue in Wine or Ale, all night, and drinke it in the
morning.

Fearc **G D D** and serue him truly, lead a cleane lyfe ho-
nestly.

Sowe white Succory in the full Moone.

Observations in Iuly.

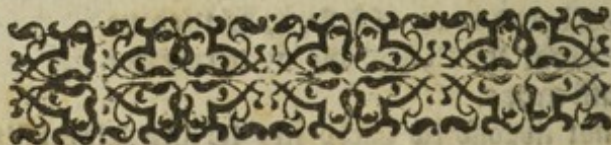
Solwe { Lettice,
Keddish,
Spinage, &
Parceneps, } at all seasons.

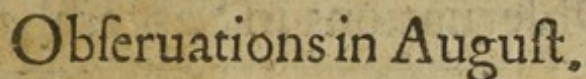
Use moderate diet in meate, for the Stomack will better digest drinke then meate.

Take no thirst in Iune, Iuly, or August, for nothing engendereth moze seruent heate, Agues, and the Plague, then it.

How extreme thirsts, heats and cold, do suddenly come vpon them that are subiect to those diseases.

Observations





Lett little sleepe, and meate and wine,
And little or no venery
Suffise: abstayne from medicine.
Fly cold Bathes, and Flegbotomy.

Giue her that followeth him best, preeminence to be Lady.
Deny none to giue them largesse.

Gather seedes of thine owne garden peerele, which are better
then those thou shalt buy of others.

Moderate diet is good Physick.

Take heed of taking great heate, or sudden cold vpon thee.

Take no Ague now, for the fits are extreme Harpe and long,
by reason of the Canicular dates.

Use glitters, and open a veine if strength will beare it.

D 32503 07 5083 Observa-

Observations in September.

With this staile I earne my bread.

September yelds fruites pleasantly :

Refraine, eate not thy fill :

Take medecines, vse phlegbotomy.

Now spice in meates not ill.

Make conserues of { Barberies,
& Quinces.

Sowe seedes of winter hearbes, and set Artichocks.

In the newe spoone cut Quickset, hedges of Roses, and borders of hearbes.

Set { Berry bushes,
Apples,
Peares,
Gardens, } that are yong.

It is good to set { Strawberies,
Violets,
Gelliflowres,
Carnations.

In the newe of the Moone sow Parceneps.

Sowe Wheate and Rie.

Gather Crabbes, for Uergis.

Gather Akornes and Beech mast for hogges.

Take the hony from the elder Bess, & keepe the yonger bees warme and dry, and beware of Wyce, Antes, Snailles, Mothes, and such like.

Sty the Boze.

Put the Clewe to the Ramme, that they may take by S. Edwards time : and come by mid-March.

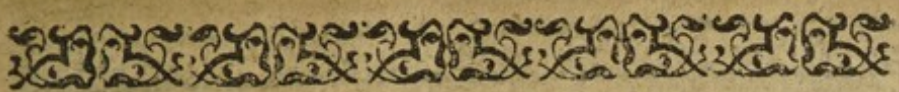
Pluck thy hempe, and cleanse thy seed.

Take Phisick.

Bathe and be let blood, if need be.

Eate all ripe fruites that are not infected, if thy stomacke (be hot.

Observations



Observations in October,

Here I sowe my wheate so red.

Go hunt, drinke wine thats old and good,
Use exercise for health:

Now must thou take good store of food,
Which hath good store of wealth.

Sowe wheate, and cense thy seed corne in thy barne at home.

In the wane of the Moone, it is good to set yong trees of Apples, Peares, Wardens, Koles, and Berry bushes.

In the wane of the Moone, set Beanes, and Rathe pease, and sowe Parceneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Nuts, as thicke as they can stand in a pot or pale, and after remoue them.

Gather winter fruit.

Bid the boy goe for the Crokes.

Finish by the Whisick you mind to take, and rest till March.


Use good hot meates and drinckes.

Drinke hole some wines to nourish the blood.

Go drye shod, lest the Rheume or Palse take thee.

Provide warme clothing.

Now it is dangerous, to take the quartaine Ague.



Observations in Nouember.

With this axe I kill my Swine.

Old wines and swete are holtsome.

Let little bathing serue.

Count Venus now as lothsome,

If health thou wilt p̄serue.

In the new Moone remoue yong trees, and set crab stockes in
Nouember, December, Ianuary, and February.

In the wane set Beanes, Hasslers, and Rathe pease, & sowe
Parceneps.

Let none that can make Hault be idle.

Kill Biefe, and Bacon to hang in the roose.

Take no Whisick.

Bléd not no; bathe.

Ete good meates and drinks.

Ete warme clothing.

Good exercise p̄serueth health.

Observations



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Set

Observations in December.

Set o2 sow seeds as shall be round, as Onions, Turneps, Cabage, Lettice, and such like, thre o2 foure dayes before the full Moone: Onions in Februarie and March, Turneps in May, Cabage in Januarie, Februarie, March, and September, Lettice euerie month.

Sowe all seedes that the rootes shall growe downeward: as Parceneps, Carrets, and Reddish, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Observations





Observations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moysture Seedes,
some deale dried.

Should be gathered when they be some deale open, before they Flowres,
fall or fade.

Should bee gathered when they be full of moysture, before Herbes,
they do beginne to shrink.

Should bee gathered when the leaues do fall.

Should bee gathered when they bee at the full greatnesse, be Rootes,
Fruits,
before they fall.

The heavier and the sadder that the fruites bee, the better
they are.

Those fruits that be great and light, thou shalt not choose.

The fruit that is gathered in raine, are not so good as fruites
gathered in faire weather.

That grow in the fields, are better then those which growe Herbes,
in townes and gardens.

Of those herbes which grow in the fieldes, such as grow on
hilles are best.

Commonly the hearbes growing in the fieldes, are smaller
then herbes of the same kinde, growing in townes and gar-
dens.

¶ Many herbes haue their speciall times of gathering.

¶ If they bee gathered in that time, they haue their ver-
tues, but if they bee gathered in any other time, they are not so
good.

¶ Some herbes helpe whensoever they bee gathered: and
some do not, if they bee gathered out of their time.

Swine

Observations for gathering of herbes,

Swine-crelles,
Red Dorke,
Pedeleon, after noone,
Wallwort without yron,
Groundswell,
Garlicke,
Dodoz upon lyne,
Saffron before sunne,
and Galingale,

} are to be gathered at all times.

Camomyl and Adder-tongue, _____ in Aprill.
Violets, _____ in March.
Roses, _____ in May.

Lowne Cresses,
Perretory,
Lang de biese,
Dragons,
Dyganum,
Calamint,
Marygoldes the xvi. day, before
sunne, with yron.

} in June and July.

Rose-mary flowres, _____ in May.
Bittony and Colombines, _____ in Lammas moone.

Centory,
Wilde garlicke,
Agnus Castus,
Water Calamint,
Drauwe,

} when they flowre.

Hartst-tongue, _____ in November.

Astrologia longa,
Astrologia rotunda,
and Fenell,

} in Harvest.

Courds, _____ in the end of September.

Cucumers, _____ when the first is ripe.

Citrull, _____ when the first is ripe.

Fenell rootes, _____ in the beginning of the yere.

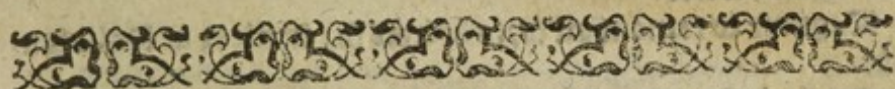
Gentian

herbes,
gathered at all times.
in Aprill.
in March.
in May.
and July.
in May.
in Lamas moone.
flowre.
in November.
end of September.
when the first is ripe.
when the first is ripe.
beginning of the yere.
Gentian

fruites, seedes, flowres, and rootes.

Gentian, _____ in the last end of the yere.
Flowre de Iyce, _____ in the end of beere.
Wilde Ruppe Berries, _____ when they were yellow.
Philipendula rootes, _____ in the end of Harvest.
Aucens, _____ at all times.

Grapes: before they be ripe, presse out the iuyce or moyennes,
and drie it in the sunne, make it into powder, and vse it with
meates, it is good against casting coming of cholericke hu-
mours.



Observations for gardening, by Fa- ther Kinke of Tibolds.

Trench and leuell your ground in summer, if it be not alrea-
die broken in winter.

Then may you sowe all maner winter herbes, for Sallets,
and for the kitchin.

Fourteene dayes before Bartholmew-tide, set knots of all
maner herbes, and borders, with double Wall-flowres, Gilli-
flowres, Pinks, and such like.

If the ground be readie, sow Endive to make white, four-
teene dayes before Midsummer, and sow at every wane unto
Hallownetide.

Then must you take them vp in a drie time, and set or lay
them as close as you may, that the earth come not among them.

At Bartholmew time is good sowing of white Cabage.

Take them vp in Januarie, in the wane of the Moone, or in
Februarie, and replant them two foote asunder, and they will be
readie to eate about Midsummer.

Sowe of the same Cabage again about Februarie, then shall
you doe as aboue-said, and they will bee readie about Hallowmas
and Christmas.

Sowe about Februarie Cabage Lettice, in the wane of the
Moone.

Sow

Observations for gardening.

Sowe in March all herbes for the kitchen.

Sowe in May, Turneps, Reddish, and Carrets, to serue for winter.

Cut your knots and borders in the spring of the Moone, to make them grow apace.

Do the like by all quickset hedges.

If you will haue them to grow softly, cut them in the wane, and it will be the longer before they shall be cut againe.

Set and lay red and damaske Roses, and Strawberries, after Bartholmew tide.

Beginne to remoue all sorts of trees for fruites, at Hallowtide.

In the latter end of Aprill, or the beginning of May, picke in the ground, Bazel, Margerā, Melons, Pumpeons, Cucumers, &c.

Lay your Cucumer and Melon seedes in milke to soke, a day and a night before you picke them in the ground, in the wane of the Moone.

For feare of frost couer them in the night with pottes, and for feare of snayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or three ioynts: but in May cut it not too neere, for feare it bleede and hinder the vine.

If it be a yong vine, cut but two ioynts, and cut it betwene the ioynts, not too neere any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will bleede verie much: you may preserue that water in a glasse for your eyes.

Gather all fruit to last, in the wane of the moone, next before or after Michaelmas, and lay them in a close chamber, vpon heapes.

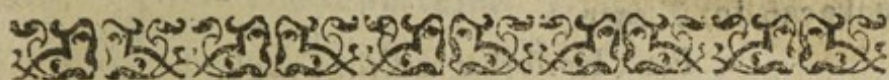
In distilling of any waters, when your glasse is full, put in a Still full of Roses, or of other things that you mind to still, and put your glasse into your Still vncouered, & let it stand till that be stilled: then close vp your glasse, and neuer set it in the sunne.

Observations for gardening.

To graffe in the Shield, is to be done in June and July, with the rynde.

To graffe in the Scochin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the skinned ready to put in the stocke, before you cleave the stocke: straight put in your skins, and clay them sure: for if the sap of a Planime tree take wind, it then will not prosper.

Kinke of Tibolds.



Certaine observations.

ALL raw things annoy the stomacke.

All rosted things, } bee drie.
and all wines, }

Eate not too much.

Eate but when neede is: } whereby enjoy continuall health.

A good perfume to burne.

¶ Take Storax & Calaminta, a quarter of an ounce: as much Benjamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the rest by beating together, and make it in small Cakes to burne.

A pretie kind of bread to eate in the morning.

¶ Take Sugar one pound, fine wheat-flower a pound, eight egges beaten: temper them well together with a few whole Anniseeds clesied: make it in Coffins, bake it, and eate it everie morning.

For a web in a Horse eye.

¶ Take Celidony and salt, and stampe them: and then put it in the Horse eye.

For

Certaine obseruations.

For a Horſe foundred.

¶ Take ſoure egges hard roſted, and all hot, lay to each ſoote one, ſhel and al, and ſtop it faſt about with horſe dung, and ſo let him ſtand.

To make Vineger.

¶ Take a quantitie of Bean ſlowze, knead it with Vineger, bake it, and ſwiſe or thriſe take it out of the oven, and moyſt it well with Vineger, til it haue drunken wel, then put it in wine, and it will turne to good Vineger, and the like you muſt doe to make eaſell or Alleger.

For a Horſe that hath the Cough.

¶ Take two egges and bꝛuſe the ſhelles, but bꝛeake not the yolks, put them into one pint of Wergis al one night: the next day take out the egges, and put into the Wergis a penny worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, ſhels and all, and ſtirre them well together, and giue it the Horſe to dꝛinke.

For Hogges murren.

¶ Rootes of Polipody are good.

For ſquinancy of Hogges.

¶ Hartſ-eaſe is good.

¶ Rub thy hands with the roote of Dragons in May, and take Adders in them, and they ſhall not ſting thee.

Ad extinguendum Argentum viuum.

¶ 1 Argentum viuum extinguitur, bene cū ſalina & cincere calid, bene confricando.

2 Melius tamen cum ſulphure & ſalina.

3 Optime cum ſalina, & calce vi.

For the Farcy on a Horſe.

¶ Allumen mixtum cum Aceto & galla equali pondere ad ſtringendum Farſam ne ſana loca perambulet, multum valet,

Obſeruations



Observations for Diet.

| | | | |
|-------------------------------|------------------|---|---|
| Diet for all the yeare. | Prime time. | Chickens, Kits with vergis, Borage, Beetes, Polks of egges, | Eggs in moone she w, Roches, Perches, Pikrelles, All scale fish. |
| | Haruest time. | Capons, Hennes, Pigeons, Good wines, Good drinke. | |
| | Summer time. | Light meates, Chickens w vergis, Young Hares, Rabbets, Lettice, Purcelain, | Melons, Courds, Cucumers, Peares, Plums, (said the fish alsoe. |
| | Winter time. | Beefe, Porke, Brawn, Harts, Hindes, Other venison. | Partriches, Pheasants, Hares, River sowles, Wine, Good spices. |

Good to comfort
the braine.

Smell to Muske, Quibibes, & Camomill:
drinke wine moderately: cate Sage not too
much: couer thy head: wash oft thy handes
and feet: walke measureably: sleep reason-
ably: delight to heare melodie & singing:
eat mustard and pepper: smell to red Roses:
wash thy temples with red Rose water.

©

All

Observations for Diet.

| | | | | | | |
|--------------------------------|---|-------------------------|---|-----|---|--------------------------|
| Evil for the stom- acke, | { | All braines of beastes, | } | and | { | Too much watching, |
| | | Gluttony, | | | | Too much walking, |
| | | Drunkennesse, | | | | Milke, |
| | | Late Supper, | | | | Cheese, and Butts, |
| | | To sleepe after meate, | | | | To eat before hunger, |
| | | Corrupt Ayre, | | | | Bathing after meate, |
| | | Anger, | | | | Onyons, |
| | | Peaviness, | | | | Garlick, |
| Evil for the stom- acke, | { | To uncover the head, | } | and | { | Great noyse, |
| | | To eat softly, | | | | To smel to a white Rose, |
| | | To much heate, | | | | Much stirring. |
| | | | | | | |

| | | | | | | |
|-----------------------|---|-------------------|---|-----|---|---------------------------------|
| Good for the eyes, | { | Look off on gold, | } | and | { | Wimpernell, |
| | | Red Roses, | | | | Oculus Christi, |
| | | Meruin, | | | | Pluge cleare water in the eyes. |
| | | Netw, | | | | Looke on greene colour, |
| Evil for the eyes, | { | Penell, | } | and | { | Measureable sleepe, |
| | | Cusfrase, | | | | Wash hands and feet often. |

| | | | | | | |
|--------------------------------|---|-----------------|---|-----|---|-----------------------------|
| Evil for the eyes, | { | Garlick, | } | and | { | Lechery, |
| | | Onyons, | | | | Sleepe after noone, |
| | | Hunger, | | | | Much sleeping, |
| | | Lakes, | | | | Much waking, |
| | | Waking, | | | | Bloud letting, |
| | | Winde, | | | | Looking against the fire. |
| | | Hot ayre, | | | | Euill baked bread, |
| | | Cold ayre, | | | | Dust, |
| | | Gluttony, | | | | Weeping, |
| | | Milke, | | | | Looking against the sun or. |
| Evil for the stom- acke, | { | Cheese. | } | and | { | Noone, |
| | | Much to behold, | | | | Bright things, |
| | | Smoke, | | | | Red colour, |
| | | Coleworts, | | | | White colour. |

| | | | | | | |
|--------------------------------|---|------------|---|-----|---|--------------------------|
| Good for the stom- acke, | { | Red mynts, | } | and | { | Calamynst, |
| | | Red Roses, | | | | To vomit once a quarter, |
| | | Comyt, | | | | Great hunger, |
| | | Sugar, | | | | Euery day to stand after |
| | | Sage, | | | | meate, |

Observations for Diet.

Good for the Stomacke, { Wormewood, }
 { Galingale, } and { Off walking after meate,
 { Nutmegs, } { Euery cold thing,
 { Pleasureable sleep, } { Vineger,
 { } { Pepper.

Euill for the Stomacke, { Suts, }
 { Cheese old, } { Too much casting,
 { Honey, } { Too much bathing after
 { Barow not sod, } and { Too much trauell, (meate,
 { Heauines, } { To eate raw flesh,
 { Dyead, } { Bzead not baked,
 { Falling, } { To eate not hungrie,
 { Fried meates, } { To eate many meates at
 { Milke, } { a meale,
 { Stopping, } { To drinke not thirste,
 { } { To eate stinking meate.

Good for the throat, { Liquoris, soft Egges, Hlop, Sugar-Candie, Hony,
 { Sugar, Butter with a little salt.

Euill for y^e throat, { Mustard, }
 { Much lying on the } { Too much } waking,
 { bzeast, } { Rest,
 { Pepper, } and { Much drinke,
 { Anger, } { Smoke of Incence,
 { All things rosted, } { Old cheese,
 { Lechery, } { Much running,
 { } { Some things.

Good for y^e heart, { Saffron, }
 { Bourage, } { Nutmegs,
 { Laughing, } and { Galingale,
 { Joy, } { Red Roses,
 { Muske, } { Violets,
 { Cloues, } { Sugar,
 { } { Places befoze all things.

Euill for y^e heart, { Beanes, }
 { Pease, } { Anger,
 { Leekes, } and { Dyead,
 { Garlick, } { Too much heauinesse,
 { Onions, } { Trauell,
 { Heauinesse, } { To drinke cold water
 { } { after labour.



Rams little Dodeon.

For the after-birth, secondine, dead child, or flowres.



Amepites leaues decoct in wine and dzunke.
 Comiza leaues & flowres decoct in wine & dzunk.
 Marygold flowres decoct in wine and dzunke.
 Camomyl herb, flowres, & root, decoct in wine and
 Time, boyled in water & hony & dzunk. (dzunk.
 Penny-royall, boyled in wine and dzunke.
 Masticke barke oz leaues, decoct in wine and dzunke.
 Horehound white, decoct in wine and dzunke.
 Horehound blacke, decoct in wine and dzunke.
 Rue leaues, decoct in wine and dzunke.
 Lauender, decoct in wine and dzunke.
 Dictain, decoct in wine and dzunke : oz a pessary.
 Celsly seedes, decoct in wine and dzunke.
 Daucus seedes, decoct in wine and dzunke.
 Saxifrage rootes, decoct in wine and dzunke.
 Pannax seedes, decoct with Wormewood in wine, and dzunke.
 Pencedamiū roote, y sap by it self, oz with bitter Almonds taken.
 Oppopannay : a pessary.
 Lacerpitium, with myre and pepper dzunke.
 Sagapenum, with homed water dzunke.
 Galbanum, with wine and myre dzunke.
 Amommacum, taken a little at once. ††
 Aristologia longa, with pepper and myre & dzunk.
 Centory maius, decoct in wine and dzunke.
 Elebozus albus, decoct in wine and dzunke.
 Elebozus niger, decoct in wine and dzunke.
 Cucumeris siluestris, decoct with hony, conueyed in the place
 conuenient.
 Bryony white roote, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

Take the roote of spader grans, make it cleane, anoynt it with hony, and sprinkle powder of spader on it, make a pessarie or suppositozy of it, and put it in place conuenient.

To deliuer a dead child.

Scald Leke blades, and binde them to the womans navel, and it shall cast out the dead child: and when she is deliuered, doe away the blades, or else shee shall cast out all that is in her.

E 3

Ague

Rams little Dodecon.

3

Scamony, a pessary.

Mandragora, a pessary.

Lupines with myze & hony, a pessary.

Smyrneum seedes, decoct in wine, and drunke.

Cresces seedes, decoct in wine and drunke.

Ciscus, taken.

Sauer leaues decoct in wine and drunke, or pessary.

Azaron with honied water drunke.

For the Ague.

Sothernewood soaked in oyle, and rub the body.

Tansy iuyce mingled with oyle of Roses, anoynt the body.

Hepatica decoct in wine and drunke. — Liverwort.

Singrene iuyce with pepper drunke.

Bugle, or Bunell, decoct and drunke.

Violets the sirrop taken.

Flos Arimoris, the flowre cōserued taken. — Sweet Williams.

Daylles small, the leaues decoct in water and drunke.

Cotula lutea, decoct in oyle put in Clisser. — wilde.

Camomyll.

Oppopannar, drunke with honied water.

Rubarb infused and taken.

For hote Agues or Feuers.

Psillium or Alebane, the seade decoct or stieped and drunke.

Pirola decoct and drunke.

Violets sirrop taken.

White water Lillie decoct and drunke.

Scamony, the weight of fixe wheate graines taken,

Cichory decoct and drunke.

Purcelain iuyce drunke.

Roses iuyce drunke.

Harrish wozts blacke, eaten raw, or se wed with sugar.

Goose-berries, eaten raw with meates, grēne.

Barbery bush, grēne leaues made in sauce, eaten.

Apples eaten.

Lemons eaten.

Pomegarnets eaten.

Sebestenes

Incidentia.

Ague Cakes.

Drinke Centoyle water.

Frie red Hints, red Pettles, and Mozmeewood with butter, apply it hote as it may be suffered, of each one dram.

Rost Onions with butter, streane it, and anoynt the grieve.

Drinke water of Flop.

Take Smaleedge, chop it small, and make wozts with oyle, meale, and eate enerie morning for a time.

To abate extreme heate in Ague.

Take French wine, a quart, and as much running water: Planten one dram: boyle the halfe, and to abate the harshnesse, put to it a good peece of Sugar: drinke this warme in extremite of heat: for want of French wine, take Gascoyne wine.

Rams little Dodcon.

Sebestenes eaten.

Cassia d'atwne, the pulpe eaten.

For tertian Agues.

Buglos decoct and drunke.

Hepatica boyled in wine & drunke. — **B**astard Agrimony.

Turnesole decoct in wine and drunke.

Hipericon decoct in wine, and drunke.

Sinquesoyle decoct in wine and drunke.

Planten decoct in wine and drunke.

Knot-grasse decoct in wine and drunke.

Garuin decoct in wine and drunke.

Penny royall decoct in wine and drunke.

Liuier wort decoct in wine and drunke.

Trisoly decoct in wine and drunke.

For long Agues.

Sarifrage decoct in wine and drunke.

Pasterwort decoct in wine and drunke.

For old Agues.

Cuscuta decoct in wine and drunke. — **D**oder.

For to procure Agues.

Cherries eaten.

For to quench thirst in Agues.

Goose-berries eaten raw.

For to driue away shaking and shiuering Agues.

Oppopannay drunke with meate and horned water.

Lacerpitium taken with honey.

Sagapenumi, one dram taken.

Aristologia decoct in wine or water, drunke.

Woodbine leaues sod in oyle, and pund, the backe or ridge anoynted.

Mustard taken in meate or drinke.

Pepper taken in meate or drinke.

Bartholomaeus.

-Dodon.

gues.

luering Agues.
dowed water.

the. the backe of ridge an

Rams little Dodecon.

For S. Anthonies fire.

F Ewerfewe grane leaues, pund and laid to.

Tulsilago leaues, pund with hony and laid to.

Pennywort on the wall, the iuice laid to.

Peritoy, pund and laid to.

Poliganum pund, and laid to.

I lebane seed decoct in water o2 stiped, and laid to.

Singrane pund alone, o2 mingled with parched barly meale, laid to.

Maruen pund with vineger, laid to.

Water Singrane pund with vineger, and laid to.

White Lilly rootes rosted, pund with oyle of Roses applied.

Saffron mingled with womans milke, laid to.

Coziander iuice with Cernce, Litterge, Vineger & oyle of Roses, applied.

Azarum stamped, and laid to.

Palma Christi leaues pund with barly meale, laid to.

Liuertis o2 bzused, and laid to.

Popie heads not ripe bzused with barly meale, laid to.

Nightshade leaues pund with barly meale, laid to.

Alkakengi leaues pund with barly meale, laid to.

Olive tree leaues decoct in wine, and laid to.

Melilot: a Quince and oyle of Roses, laid to.

Drache pund with Saltpeter, Hony and vineger, laid to.

Succory iuice with barly meale, laid to.

Lettice greene leaues bzused, and laid to.

Porcelaine leaues pund with parched barly, laid to.

Gourd iuice with oyle of Roses, laid to.

Garlick burnt to ashes, meoled with vineger, laid to.

Roses iuice applied.

Goseberries greene bzused, and laid to.

Acatia the iuice, laid to.

Dates leaues and bzanches pund, and laid to.

Ciprus tree leaues pund, and laid to.

Turpentine, applied.

For

Incidentia.

8

For S. Anthonies fire.

Stampe Adders tongue with swines greace, and apply it.
Arache iuice, laid to, easeth.

Beetes ———— Bursa pastoris

Succory rootes and flowre

Lye made of ashes of Colewozts

Coziander iuyce with vineger

Endiue with Ceruce and vineger, applied

Galton ———— Gourdes iuice

Henbane boyled in water

Myntes iuyce with vineger and bymstone

Myntes, Rue, oyle and vineger

Opium with vineger

Perritory stamped, tempered with Ceruce

Barcelly with bread

Planten leaues bysted with iuyce of Houselake

Greene popie heads, not ripe, pund with barley meale

Red rose dyed leaues sodde in wine warme

Rue with oyle of Roses, Vineger, and Ceruce

Santa stamped o2 the iuice

Thorn-wax the water o2 herbe

IBoyle the herbe, rose & seed of Holy hocke, with barley meale
in water, mired with oyle of Roses, o2 oyle Olive, and apply
it to the holy fire and shingles.

The water o2 iuyce of Knotgras cureth all Kingwormes,
Bettors, Shingles, Holy fire & Inflamations, sinking filth in
eares, rotten sores, Gangrenes of the gumes, and all wounds
new and old, but especially about the priue partes of men
and women, & preserveth the same from Inflammation, and
all other euill accidents.

Take vnset Porret & Wazels, wash them cleane, thred them &
stampe them, & take some clere water, & some oyle, and fry
them on a soft fire, and apply it warme as ye can.

For wild fire.

Take dregges of wine o2 vineger, & the yolkes of Raucens
egges & whites by euen measure: temper them well toge-
ther, and apply it to the grieve, and it wil heale.

To

Rams little Dodeon.

For to restore Appetite.

Imperatorium roote decoct in wine and drunke.

Lupines soaked long in water, eaten.

Sorell de Boys and decoct, eaten or drunke.

Lettice crispe, eaten with meate or Sallet.

Sea-Purcelaine preserved and eaten in Sallet.

Kampion eaten with vineger.

Raphanum magnum eaten with meate.

Skirwofts eaten boyled.

Parcelly eaten with meate.

Charuell decoct and eaten, or Rawe in Sallet.

Mustard eaten.

Pepper eaten with meate.

Onions eaten with meate.

Capers eaten in Sallet.

Barberies eaten with meate.

Lemons eaten.

Putmegs eaten.

Naces eaten.

Olives eaten with meate.

For the Appoplexie.

Lilly Conuallie, the flowres distilled with strong wine,
drunke, one spoonefull.

Saxifrage, the roote cha wne in the mouth.

Sagapeum the waight of a dram taken.

Colloquintida the white pulpe, one scruple taken.

Bziony roote one dram taken.

For to restore speech in Appoplexie.

Small Saxifrage the rootes taken.

Euphorbium, corrected, taken.

Peachy kernels eaten.

Viscus quercinus, the woꝝd hanged about the neck.

For

To make a man haue appetite to his meate.

TByle Centoꝝ in faire water, & giue the sick to drinke thereof, at moꝛne iii. daies bloud warme: ech day ix. spoones full.

A comfortable powder for digestion, and to procure appetite, with other good properties.

Take Pellitoꝝ of Spaine, Centoꝝ, Annis, Liquoꝝs, Graines of Paris, Ginger & Sinamon: of ech a like much beaten and serced, and drinke thereof moꝛne and euen, halfe a spoonefull in Wine oꝛ Ale.

Ipoctas for a weake Stomack.

Take one pint of Aqua vita, put in a glasse, the take ii. ounces of Sinamon, one ounce of Ginger, two pennitworth of Cloues, two penitworth of Graines, one pennitworth of Nutmegs, beate them al together to grosse powder, put al into the glasse to the Aqua vita, shake it euery day often ix. daies together and drinke it with Wine oꝛ Ale, halfe a spoonefull, oꝛ a quarter, with halfe a pint of Ale.

For the Appoplexie, and to restore speach in Appoplexie.

Vse to drinke Bozage water.

Bzyony roote one dram a whole yere together cureth.

Colloquintida taken in glisters and subpositoꝝies, cureth.

Cowslip flowꝛes condited with suger often eaten, cureth.

Wre Euphorbium with oile, and apply it to the nape of the neck, oꝛ the neck. And also Bargerom comfoꝛteth: and

Mistelto of the Oke hanged about the neck, the woad of it.

Drinke the iuice of Rosolis, & it cureth the drawing of the Sagapenum one dram drunke, cureth. (mouth awoꝝp.

Sothornwood iuice drunke with wine, defendeth &c.

Water of Thiolets pꝛofiteth.

Lauender flowꝛes steeped in wine & distilled, the water holden in the mouth, restoreth.

Tsteape the kernels of Peaches in water of Penny royal, and drinke it.

Powder of Saristrage, and the seedes cureth conuultions.

Saristrage chawed restoreth spꝛech.

Vineger, Opimel, oꝛ Lohok of Squilla helpeth.

Tsteape flowꝛes of Lilliconualle in wine xxx. daies: then take it out

For the Ars-gut going out.

Aster Atticus, pund and laid to.

All flowres, pund and laid to.

For Ayre infected.

Role, Walnuts and Figges, eaten in the morning.

Small Saxifrage seedes.

Angelica roote holden in the mouth.

Pencedanum the sappe taken with Rue, and bitter Almonds.

Lentian the roote in powder taken.

Limons iuice taken: and Juniper berries perfumed.

For the belly to purge mightly.

Colloquintida the white Pulpe taken one scruple.

White Bziony roote the iuice taken.

Juice of Mandragora roote taken in small quantitie.

White Bete iuice taken.

Buckthorne.

For the belly to purge gently.

Ciclamen iuice stroked on the nauell or belly.

Black Helleboe taken by discretion.

Hoppes iuice taken.

Horned Popie seedes decoct and taken.

Beanes greene, vnripe taken.

Kidney Beanes fruit and Coddies vnripe eaten.

Bitter Fitches decoct and eaten.

Lentils decoct, the first decoctian taken.

Lupines decoct and taken.

Fenigreeke seedes, prepared and eaten.

Red Colewort leanes, decoct and eaten.

Sheepes fozell leanes, boyled and eaten.

Cucumber seedes, drunke with milke and sweet wine.

Gourds iuice boiled, drunke with hony & Salt-peter.

Onions eaten with meat.

Squilla with hony and oyle.

Astrodill, the roote boyled and drunke.

Grapes greene eaten: & Apples lowe boyled & eaten.

Peach leanes, pund and taken: & Ticamoz fruit eaten.

Pew Figs, plums, Cheries, and Carobes eaten.

For

out of the wine, and distill the wine five times ouer in a Limbeck or body of glasse: this wine with sixe graines of Pepper, and a little Lauender water drinke, is a precious remedy against the Appoplexie, and moze precious then gold.

For falling of the fundament or Matrix.

Take oyle of Camomill and Rose water, and anoint the grieke.

Take Red nettles, bray them well, & put them in an earthen pot, with a good portion of white wine; seethe it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be suffred.

For Ache in the backe, a soueraine Medicine.

Take Pigs greace, strike it plaister wise on a peece of leather, pricke it full of little holes, with a sharp pointed knife, and lay it to the Raynes where the paine is.

M. Tibold.

Take Ache and Egrimony, and pun them with Powse ears rootes and leaues, & barrowes greace, & distill and lay to the backe.

Take Vnguentum Alabastrum, and Vnguentum Aureum, of each one quarterne, meddle them together, and anoint the backe.

A

For to cause blasting, and paine in the belly.

Raw Turnep rootes eaten.

For to open and loose the belly.

Saffron seede iuice drunke in milke.

Bastard Rubarbe leaues in meate.

Mercury boyled and eaten oz drunke.

Violet sirrop eaten.

Daylies small decoct and eaten oz drunke.

Organ with Hydromell oz homed water drunke.

Trago Organ.

Betony with Hydromell oz homed water drunke.

Pencidanū rootes the iuice with Rue & bitter Almonds.

Anomacum a dram taken.

Aloes the iuice taken.

Palma Christi seedes taken.

Elder tender croppes in broth eaten.

Blacke Bziony tender buddes in Sallet.

Wind wæd leaues, the iuice taken — Helpe.

Dzache in pottage.

Coleworts the iuice by it selfe, oz with Salt peter.

Lettice in Sallet with meate.

Mallows with meate.

Asperagus buds decoct with oyle and vineger in Sallet.

Red Roses iuice.

Muedimack of Quinces after meate.

Peaches, Mulberries, and Figges ripe eaten.

Mulberry roote, the barke decoct and drunke.

Cassia, the pulpe eaten.

Elme tree h bitter barke one ounce with wine oz water.

Rosen of Larix tree licked with hony.

Rosen of Turpentine tree licked with hony.

For inward Scuruines of the bladder.

Oppopannax with meate oz homed water.

For Vlceration or rawnes of the bladder.

Cicamer seedes drunke with milke oz sweet wine.

Sebestenes.

Cyperus nuts leaues boyled in sweet wine oz meate, drunke.

Hurtful

A Receipt to make a Purgation.

¶ Take Seny 2. ounces, Epithimi 3 I. Ginger. I. Racine, Sina-
namom. 3 I. Violets, a quarter of a handfull. Passes de sol
I. quart. li. damaske Prunes stoned v. or vii. dim. pint of faire
water: put al in a pot closed, and let it boyle softly in another pot
one houre, straine it, and put to it Penidros, & drinke it. G.K.

For going off of the skinne of the Coddies, and the
rednesse and inflammation of the same.

¶ Take Chimoleā, Vernice, Nitre, Colofony, Rosin & Be-
tony: beate them that are to be beaten, & mire them with
oyle, and put to the Rosin, and incorporate them, and wash the
coddies with warme water, and being well washed, put the re-
ceipt vpon the red place.

A most approued experiment against the same griefe.

¶ Take Taphi Barbasti, snail nettles, violets, mallows, beane
bzan and comyn, cut the herbes, and put leaues of Ebul.
eldar and wormewood to it, and boyle it in good wine: and af-
ter plaister it to the griefe, as hote as may be suffered, and put
to it roses and the huskes of garlick.

For warts and pustules on the priuie members.

¶ It chanceth, that sometimes Warts and Pustules grow on
the yard. To take away the Warts, put to it the poudre of
Harmodactilus: which being done away, make a medicine for
wounds: but first let the place be washed with water, that mal-
leues and Brank Vrsine haue bene boyled in.

For inflammation of the yard *ex Coitu*.

¶ Take leaues of Willow tree and boyle them in water,
(in quibus pistatis) & make thereof a plaister and lay to it.

¶ If any pustules be, lay to it Vnguentum album, and for
vineger, water of roses, and for common oyle, oyle of
violets.

Hurtfull to the bladder.

White Horehound taken in, any waies.

For inward scabs of the bladder.

Bitoklem leaues decoct in wine & drunke with Asperagus.
Myrtell berries.**L**iquoris roots and iuice taken.

For paine or stopping of the bladder.

Great Bur the iuice.**C**ansey iuice with oyle of Roses.**P**hilippendula roots boyled in wine & drunke.**L**oabe flaxe decoct and drunke. — **O**liris.**P**lanten roote boyled in wine and drunke.**H**orsetayle boyled in wine or water, drunke.**S**cori~~di~~ decoct with wine and drunke.**C**onfound the iuice taken.**W**hite water Lilley roote boyled in wine & drunke.**C**amomill decoct in water, drunke.**S**terados decoct in wine and drunke.**S**axifrage roote decoct in wine and drunke.**P**encedamū roote, the iuice, by it selfe or with Rue or
bitter Almonds.**M**eon roots boyled in water and drunke.**D**ittain the seed one dram taken. — **T**ragium.**C**uscuta decoct in wine and drunke.**P**etti morrell stamped & applied outwardly.**A**lkekengie fruite eaten.**C**allomus Aromaticus iuice drunke.**G**umme dragagant with hony and wine.**P**allow leaues with salt eaten.**S**myrneum seed decoct and drunke.**S**candix, or sheperds needell decoct & drunke.**W**ater Cresses in Sallade.**D**ried Raisons eaten.**P**utmegs eaten or drunke.

For to coole the blood.

Purcelain in Sallade eaten.**P**arrish whoptes eaten.**R**ed Gooseberies eaten.

For

Provlco in vesica.

Take French Barley a handfull: Plantine leanes, Vio-
nifocle leanes, Strawberry leanes, of eche a handfull:
the foure cold seeds two ozams: boyle them in thres
pintes of water to a pynte: put to it of Mel Rosarum two
ounces: red Rose water halfe a pynte, and vse it by iniection
per virgam: when this iniection is not readie, then vse an
iniection of Milke and Sugar luke-warme.

| | | |
|---------------|----------------|----------------------|
| Abstaine from | wine. | } vse Cassia osteth. |
| | Strong drinke. | |
| | Vineger. | |
| | Aleis. | |

For to stoppe all issues of blood.

Medeswæt rootes in powder.

Planten leaues decoct.

Anot grasle iuice.

Great Sینگrene decoct, oꝝ the iuice.

Sanicle boyled in wine.

Coxlander seed roasted oꝝ parched in powder

Rubarb taken.

Benbane seed þ weight of s.d.ob. in powder.

Redde Rattell boyled in wine.

Caroline Whiffell the lesser decoct in wine.

Purcele in iuice.

Barish mallowes greene oꝝ drie pund.

Læk seeds & mirtle berries like quat. decoct.

Cittus flowers decoct in wine.

Tamariske barke decoct.

Shomacke leaues decoct.

Pomegranate seeds dried in the Sunne.

Wild plummes oꝝ snags the iuice.

Chesnut red barke boyled.

Withie leaues and barke decoct.

Oke leaues, barke and cuppes decoct.

May bennet oꝝ barley wrapped in a crimosin skinne oꝝ piece
of leather bound to the body.

Gallion flowers laid to oꝝ put in the nose.

Wild grape flowers and vnripe fruit eaten.

Yellow seed and fruit of Roses taken in.

Vnripe gooseberries, the iuice pressed out and dried, eaten.

Myrtle berries eaten.

Quince rolle and eaten.

Oke apples burnt on coales, and quenched with wine oꝝ vine-
ger, oꝝ with bzyn made of salt and vineger, stoppeth all
issues of blood.

Pasticke taken and eaten.

| | | |
|---------------------|-------------|-------------------------|
| Ant | — | plentie of graine. |
| Husbandmen of Kent. | White woꝝme | — murrion of beaſts |
| | Spider | — pestilence among men. |

Mathiolus

oꝝ unke ſeuerally.

For pissing of blood.

Take Ambrose Sanguinaria, and Parcely seede, of ech an ounce, and drinke the iuyce with Goates milke.

Take Ambrose Saxifrage, and Purcelain the iuice, and drinke it with Cow milke.

For the bloody Fluxe.

Take Parrot & Maybride: Stamp the iuice with wheat flowze, temper them into dough, and make a cake and bake it in Ashes, and let the sick eate thereof, as soone as he may suffer it.

F 3

For

Mathiolus } Fly ——— warre.
 super Di- } Spider ——— pestilent sickness.
 oscorides } Moyme ——— scarcety of victuall.

For to staunch bloud of greene woundes.

Herbe Robert bruised

Moade bruised

Below Lycimachus

Sinkefoyle

Spothe wort

Pimpernell

Below Gillefolg

Parow

bruised and laid to.

For to stop the bloud of all woundes.

Sage pund

Aloes in powder

Liverwort pund

Lungwort in powder — Pulmonaria

Astragalus roote in powder — Pease earth nat

Couche grasle leaves pund

Barnassus gras pong leaves — Hepatica alba

Cliver oꝝ Gose grasle

Galion

Pomegranates leaves and blossoms

Coynell tree leaves and tender cropes

Oke leaves

Ciprus tree leaves

pund and
laid to.

To purge bloud of all corrupt humors.

Hoppes decoct and drunke.

Juice of Hoppes drunke.

For Inflammation of bloud.

Liverwort decoct and drunke.

Barth whowts decoct and drunke oꝝ eaten.

Pomegranat iuice taken in.

For to cause to pisse bloud.

Garden Padde roote decoct and drunke.

For

For to staunch blood of greene wounds.

TTake one ozant of wild Tansey, & bind it hard to y^e wound, & it will staunch the master vaine cut, of man or beast.

If you see a man in great perill of bleeding, if the wound be about the foot, bind him aboue the knee: if vpon the hand, bind him aboue the wrist: if on the arme, bind him aboue the elbow with a good iii. or iiij. sculd, and it shall stay sone after, sikerly.

Apply molle of the Hazell tree, the older and longer kept, the better.

To staunch blood when a master vaine is cut.

Take a peece of salt biese, the leaner the better, & no fat, as much as will goe into the wound, lay it in the hot ashes in the fire, and let it roast till it be thorough hot, and being so hot, thrust it into y^e wound, & bind it fast, it will sone staunch, and neuer after breake, vpon warrantise.

For pricking with a needle, or thorne in a Sinew.

Take bolted wheate flower, temper it with wine, & boyle it till it be thicke, make a platter thereof, and lay it to as hot as may be suffered, it wil ease the Ache, and heale by the hole.

Regula.

There be certaine places in man, which being pricked in a sinew, except he haue helpe within seuen daies, he shall die: for there will come a crampe from the hurt place, to the neck, and draw his Jawes together, that he shall not open his mouth, which is called Spasme.

Therefore if a man be pricked in the sinew that accordeth to the same, take good oyle Rolet, and chase the hurt place as hot as may be suffered, and powze thereof into the same hurt, & lay woll vpon it and bind it vp, and vse this till it be whole, and none other, for this is kindly for it about all others.

Rams little Dodcon.

For to stop the Fluxe of the belly.

SInquefoyle rootes decoct

Tozmentill roote in powder, with wine or water of
a Smithes forge, wherein yron or steele hath bene
often quenched

Planten leaues decoct, — Knot gras the iuice,

Hoy staile decoct in wine, — Great Singraene decoct,

Pelow flowre-deluce decoct in water

Viacinth roote decoct in wine

Fly orchis roote boiled in water

Buliall mountaine boyled in wine

Trago Organum decoct in wine

Annisteds decoct in wine — Piony rootes in powder

Ciprus seede — Galingale decoct in water

Harts tongue leaues decoct

Wayden haire decoct in wine

Black popie seede decoct in wine

Lares seede decoct — Hares foote decoct in wine

Phenix or Waybennet decoct

Garden Parcelane iuyce

Hartsh Pallow rootes decoct in wine

Gourdes tender toppes bzused with wine

Smyrneum leaues decoct, & the rootes in water stiped

Chestnut red barke boyled in wine

Lentisk tree leaues and barke

Lacerpitium with hony and vineger

Otemeale in meate — Dry blanchd Beanes

Lares seede decoct — Carth nut boyled

Smyrneum leaues and rootes

Hiponstus taken — Unripe Goseberries

Fruit of white thorne — Hawes

Almonds besoye meate

Medlers

Greene Pulberies dyed

Wild Plums — Lotus

Carobus dyed

Ciprus tree fruit

Dyunk.

eaten.

For

For to stop the fluxe of the belly.

Make powder of the bloomes of Walnuts whē they fall, two
drams, with a hard roasted egge and oyle, eaten three mor-
nings fasting: if that serue not, take three drams with an egge.

For a Marmoll.

First giue the patient this sirrup, that is, take Parcely, Fe-
nel, Bneholme, Sparage, Scabios, Enula campana, Affo-
dill rootes, Dock rootes, round and sharpe Ebulus, Elder, Ca-
medios, Camepitis, Endiue, Sorrell, Hartstongue, Cetrack,
Politricon, Capillus Veneris, Adiantus, one dram. Violets,
Scene, Polipody, Electri, of each foure ounces. Flowres of Bo-
rage, Maratrum, Lime, Epithimi, Cuscuti, Sticados, Liquoris
censed, of each one ounce: Borage iuyce, Affodill iuyce, Fu-
mytoxe iuyce boyled with Siccoze, one pound, Sugar foure
pound.

Giue it the patient by nine dayes purged, vt potionatus redi-
get, and after anoynt the pustules places with iuyce of Affo-
dills halfe a pound, Lapaciacuti & Rotundi, iuyce of Celidoni, of
each five ounces, Sulphuris viui, quicke Lime, Litarg. auri, of
each two ounces: Madder, Citrine, of each three ounces: Aloes,
Caballine, Tartarum, of each one ounce: Viridis cris, two oun-
ces, Picis natalis, one pound, Olei communis, two pound, Auxim-
gie, Angrull. porci sal. one pound, Petrocilini, 2. ounces: Omnia
incorporentur, in maner of an oymntment, and therewith anoynt
the grieved parties by eight dayes, and then let him enter into
a bath, in which the leaues and rootes of long and round Docks
and Scabious wild, and domesticall great Lamzrell, and little
Lamzrell, Lithimall, Rootes of Ebulus, Elder rootes, and
leaues of Enula Campana shall be boyled, of each three drams:
All which must bee stamped and boyled in water, and make a
bath, and anoynt the patient dayly by five dayes, and let him vse
this for a competent season, vntill he be cured.

For

Rams little Dodeon.

For windinesse, and blasting of the belly.

Wome wood eaten in the morning fasting,
Hempe seede in small quantitie,
Pellitorie of Spaine roote, decoct in wine. & drunk,
Wild sea Purcelane kept in bzine eaten in sallet,
Blacke Pepper eaten.

For griping paines in the belly.

Camza leaues and flowres decoct in wine or water,
Maruin decoct,
Pargerum decoct in white wine.
Garden Mint boyled in water.
Costmary alone, or with Parcneps seedes decoct,
Rue decoct with Dill,
Anniseedes decoct with wine,
Comin seedes decoct with wine,
Lybanotus seedes decoct in wine,
Cesely seedes decoct with wine,
Daucus seedes decoct with wine,
Sarifrage seedes and rootes decoct with wine,
Louage roote and seede decoct with wine,
Asclepias roote boyled in water,
Centanri maior, the roote two drams with wine,
Rubarbe infused,
Walwozt leaues and yong tops decoct in wine,
Polipody of the oke in powder decoct,
Pannax seedes decoct in wine,
Phenix decoct with red wine,
Eringus rootes in powder, or decoct in wine,
Cardus benedictus boyled in wine,
Sea Purcelane decoct in wine, & Radish decoct,
Parcely roote decoct in wine,
Putmegs decoct, and Juniper berries decoct,
Lyne seedes boyled in water and glistered.
Pencedamum roote, the say by it selfe, or with bitter Almonds
 eaten.
Parcely eaten, and Squilla roasted, prepared, and eaten.
Putmegs eaten.

For

For fret in the belly.

TEate Tansey, Kew, and Sothernwood.

For hardnes of the belly.

Drinke three spoonesfulls of iuyce of Ruie leaues three times in a day.

For griping paine in the belly.

Take Sothernwood, and lay it against the place of the contrarie side where the torment is, and it will drie it out: if it be layd to the nauell, it will drie away the paine.

For ache in the backe.

Take Ache, Egrymony, House-eare, Saincle, and Moyme-wood, of each a like much, stampe them smal with butter or barrowes greace and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

Take an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasie pot, and put to him fire or eight gallons of oyle Olive, set them on the fire, and boyle it easly fiftene houres, then let the fire coole, then straine it through a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may keep it fortie yeeres or more: when it is boyled, you shal find of the Fore neither haire, skinne, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little more.

For ache a Cerecloth.

Take Rosen half a pound, Berrosen, one quarter of a pound, Deere suit two ounces, Turpentine one ounce, Cloues and Mace of each alike, one ounce, Saffron, one ounce, oyle of Roses, two ounces: boyle al together, and vse it.

For

For to cure the bloudie Fluxe.

Bistort Roote, }
 Periwinkle, }
 Agrimony seede, } in wine decoct.
 Yellow Licymachus, }
 Shepheards purce, }
 Cinquefoyle, }
 Tormentill roote in smiths water,
 Wild Tansey in wine,
 Onaphalton leaues in red wine, }
 Planten leaues in wine, } decoct
 Knot-gras iuyce drunke, }
 Horse-taile in wine,
 Flebaue seede parched, the powder in wine
 Scordion dried in powder, two drams in wine
 Create Singrene in wine decoct,
 Sophia. Fler weed seede in wine or smiths water, decoct,
 White Polyn roote, in red wine } and drunke.
 Pimpernell in wine decoct,
 Millefolly in wine decoct,
 White water Lillie roote or seede, decoct in wine
 Yellow Flowre de luce, decoct in water
 Costmary leaues alone, or wth Barcelly seeds in wine
 Sage decoct in wine, & Rubarbe infused (decoct,
 Polimomum roote decoct in wine
 Bannay seede decoct in wine
 Vine greene leaues and claspers decoct in wine
 Pomegranat blossoms in powder
 Mulberries greene and vnripe, decoct in wine
 Chestnut barke boyled in wine
 Oke leaues, barke, and Apple, decoct in wine
 Pine Apple, fruit, and scales decoct in wine,
 Nutmegs drunke,
 Turpentine leaues decoct in wine,
 Lentilles decoct, the first water cast away: and after the second
 decoction, eate them. Lycium of bor thorne takne.
 Cornelle Plums, and Rosen of Lary taken.

For

For to cure the bloody Fluxe.

Make powder of Acornes cuppes, and drinke it with red wine, yolks of hard egges and cynamom.

For bleeding at the nose or bloody Fluxe.

Take a great Loade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Loades thereabouts will draw to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be drie: but come not to it, till they be cold, for the stinch: then sow them in silke.

If it bee the bloody fluxe, lay it to the right side: If it bee for bleeding at the nose, lay it to the stomacke warme: But if it be great need, heat two Loades thereon, and dry them and lay them to your stomacke warme in silks as aforesaid. &c.

A Caudle for the bloody Fluxe.

Take a pint of red wine, and the yolks of 5. new laid eggs, a good quantitie of Cynamom, a little sugar, the pill of a Pomegranate dried and made in powder, a good quantitie: boyle all together in a platter on a chafingdish, till it be thicke, and let the patient eate of it early and late, and as oft else in the day, as his stomacke will serue him: and it will stoppe it, be the fluxe neuer so great.

A singular approued remedie for the bloody Fluxe.

Take as much fine linnen cloth, as will make a suppositorie, being wrapped round together, bottomwise, wet it in the best Aqua vitæ or Aqua composita: and let the patient conuey it into the fundament, and within thre or foure times dressing, by Gods helpe it will doe good.

Another.

Take gads of skæle made redde hote in his drinke, oftentimes quenched, and drinke thereof.

Another.

For spitting of bloud or corrupt matter.

Great Bur seed in powder one dram, pound
 with kernels of pine Apple in wine
 Permacle in wine } decoct
 Shepheardes purse in wine }
 Toz mentill roote in powder with wine
 Knot grasse iuice
 Black polyn with his pleasat flowers decoct
 in wine
 Wimpernell in wine oz smithes water decoct
 Sanicle decoct in wine oz water
 Millesolly decoct
 Runglyme iuice half an euce with vineger } drunke.
 Pint iuice with vineger
 White horehound decoct in water
 Betonie decoct in wine oz water
 Capillus Menaris decoct in wine
 Mosse decoct in water
 Spelt Beale decoct with red wine
 Ladies Chistell roote decoct in wine
 Purcelane decoct in wine
 Vine Tendzels oz Claspers boyled in wine
 Burythorne, oz the seed, decoct in wine
 Withie leaues and barke decoct in wine
 Oke leaues, barke, and acozne cups decoct in wine } drunke
 Rosen of Lartir, oz Agarik decoct in wine
 Turpentine tree leaues and barke boyled in wine
 Mastick oz Letisk tree leaues & bark decoct in wine
 Sage iuice taken with honie
 Wheat meale boyld to pap, and often licked
 Balba Casta. eaten. Tamarisk fruite eaten.
 Quinces Quodimak any wayes taken
 Almonds any wayes taken
 Chestnuts & meale made in electuarie, oz Ciprus fruite eaten.
 De Sanicula.
 Celui, qui Sanicle à, de mire il u'a.
 Who so hath Sanicle, needeth no Surgeon.

For

Another.

Take Sinkerfoyle, boyle it in wine, and let the patient hold his mouth ouer it.

To remoue a botch from one place to another.

Take Wormewood and Bugwort Rodion, stamp them together, and drinke the iuice in ale: then take a quicke Dyffer, and lay it on the place that thou wouldest bzeake, and thitherward it will draw it.

Take Oculus Christi and Meruin, make a plaister of them, and lay it from the botch two fingers bzeadth, and este-sones put it far, and doe so till thou come to the place where thou wilt bzeake it.

Take Colombind, stamp it, & with the iuice wash the botch or boyle well, and make a strike with the same iuice to y place where thou wouldest haue it bzeake, & there lay a plaister of the same herbe stamped with iuice, and it will bzeake it.

The iuice of Tansey in a nutshell both the like to remoue a Felon.

To ripen a Botch.

Seethe Omeale in milke, and lay it playster wise as hote as may be suffered.

Take Tormentill, Hony and Salt, tempered with the white of an Egge, and lay it to, and it will bzeake it.

Take Singrene, Pellilot, Linseeds, and Pints, boyle the in water, make thereof a plaister, and lay to, to bzeake it.

Roast Loade Mooles hote, and lay to, to bzeak it.

Lay Galbanum to it, and it will bzeake it.

Take Sozell, the white snayle, and the lesser Bokelyme, a like quantitie, stamp it, tye it with Shapess suit, and lay it to the grieke.

To breake a Botch when it is ripe within, and the skinne thicke and hard.

Sampe Sperewort with oyle, and lay it on the head of the Botch,

To

For to stoppe pissing of blood.

A Grimony.

Shepherds purse.

Planten leaues.

Coronopes, or Harts-horne.

Knot grasse.

Pimpinell.

Knights yarrows.

Holle.

(in powder.

Tribulus terrestris or Saligot nuts

Hirtle berries.

Withie leaues and barke.

Oke leaues, barke and Acozne cups.

Masticke.

decoct in wine and
drunke.

Tozmentill roote in powder, decoct in Smithes water.

For to cause pissing of blood.

Garden Madder iuice of the roote much vsed.

For to strengthen the bodie.

Standergrasse full and sappy rootes eaten—testiculus odoratus, Coates Dichis rootes eaten or boyled in Coates milke, drunke: Satirion rootes eaten boyled.

For obstructions and stopping of the body.

Garmaunder with his flowers boyled in water and drunke.

For to dissolue congealed and clotted blood in the bodie.

Camepitis decoct.

Wild Tansey boilen in salt & water.

Morfus diaboli root decoct in wine.

drunke.

Bugle.

Auens.

Lyme.

Mustard.

decoct in wine.

Figges decoct in water and drunke.

Figges.

Pargerans.

To strengthen the body and stomacke, and
to procure good digestion.

Take *Malmeley* one pinte, as much *Wint water*, *Sy-*
namon, *Ginger*, of each an ounce, boyle them and put
them together with halfe a quarter of *Sugar*, let them stand all
night, and in the morning drinke it.

Mistris Barret.

Handwritten signature

Margerom, dyed and taken wth honte, — }
 Rue roote, in powder, wth Honie dyed, } eatori.
 Amers, dyed wth Honie,
 Lacerpitium rotes, stamped wth Oyle,
 Gentian rotes, the iuice taken.
 White Bryonie, in Eleaⁿarie wth Honie.
 Wild Bryonie, in Eleaⁿarie wth Honie.
 Dulcamara, decoct and dzunke.
 Garden Gadder roote, o^r powder decoct and dzunke.
 Water Pepperwo^rt leaues and Ale, decoct and dzunke.

For windinesse of the bodie.

Nigella Romana seides wth wine, }
 Agnus castus seide wth wine, } dzunke.

For to strengthen the Bowels.

Wild Tanse, }
 Calamint, } decoct in wine and dzunke.
 Parnassus Grasse,
 Frangula Barke, boyled wth Hops, Pontike, Elmwood,
 Cupatozie, Sinamon, Fenel, Parcely, and Endius, wth their
 rotes taken, in quantitie of five Dunces.

For inflammation of the Bowels.

Flebane seide, boyled in water o^r Ryped, }
 Verbe Bennet roote, — Auens, decoct. } dzunke.
 Trifelt by it selfe, o^r wth the fletw^res boy- }
 led in Rade o^r Horned water, — } dzunke.
 Purcelane iuice, dzunke.

For windinesse of the Bowels.

Agnus castus seides, }
 Juniper Berries, } decoct in wine and dzunke.

For to mundifie the Braine.

Penne Riall, pund wth Vineger, dzunke.
 Margerom bzuse,
 Origan iuice,
 Holmbread iuice,
 Mille Cucumer, delays wth swete Milke, }
 put o^r snuffed in }
 the Nostrills.

Aule iuice oꝝ fruite,
 White Beete iuice with Honie, } put oꝝ snuffed in the
 Colewoꝝte iuice, } nose.
 Onion iuice.
 Saxifrage roote oꝝ seede chewed.
 Oppopanax, two Drams taken.
 Sagapenum, one Dram taken.
 Amomacum, one Dram taken.
 Sarcacoll taken.
 Laurell leaues, chewed and holden in the mouth.
 White Byonie roote, one Dram taken.

For to comfort the Braine.

Bazell, decoct and drunke, and often smelled on.
 Rosemarie flowres, in conserue, eaten.
 Lauender flowres, eaten alone oꝝ with Sinamum.
 Nutmegs and Cloues, taken any way and smelled to.
 Stecados flowres smelled on.
 Sigella seedes dried, pund, and wrapped in a Sarcenet, oꝝ fine
 linen cloth smelled to.
 Stauesakre, chewed in the mouth.
 Jessamine dyeth Rheumes.

For to warme the Braine.

Cassmarie leaues, in conserue.
 Pellitozie roote taken with Honie.
 Rie-meale, put into a bagge, laide to the head.
 Jessamine, dyeth and warmeth the braine.

For to remooue lymie flegme from
the Braine.

Wilde Pellitozie, chewed and held in the mouth.
 White Eleboz, the roote in powder, snuffed into the nose.

For Impostumes of the Braine.

Agaricke with Sitrap, Acetes taken.

A com-

A comfortable Pomaunder for the Braine.

Take Labdanum one Dounce, Beniamine & Stozar, of each two Drams, Damaske powder finely searced, one Dram: Cloues and Pace, of each a little. A Nutmeg, and a little Camphire: Muske and Cinet, a little. First heate your Morter and Pestell with coales, then make them verie cleane and put in your Labdanum, beate it till it wax soft, put to it two or three drops of oyle of Spike, and so labour them a while: then put in all the rest finely in powder, and worke them till all be incorporated, then take it out, anoynting your hands with Cinet, roll it up, and with a Bodkin pierce a hole thorow it.

G 3 **F**or

Rams little Dodcon.

For to cleanse the brest.

L Ine sēde, mingled with Honie in Electuarie.
 Scabius, herbe and roote, boyled in wine & water, taken.
 Scordion, dried in powder mingled with Honie, drunke.
 Ethupis, decoct and drunke.
 Romane nettell sēde, tempered with Honie, licked in.
 Aegens, decoct with wine,
 Comphrie rootes decoct in water,
 Iris rootes, decoct,
 Wyme with Honie, decoct,
 Bennie Royall with Honie, decoct,
 White Hozehound, decoct in water,
 Annis sēdes, dried by fire, and taken with Honie.
 Betonie decoct.
 Oppopanax, two Drams taken.
 Lacerpitium rootes, boyled with Pomegranat pills and Vinegar,
 drunke.
 Sagapenum, one Dram taken.
 Gentian rootes, or Crosse wort decoct and drunke?
 Enula campana rootes, decoct in Electuarie.
 White Bzionie rootes, decoct, the iuice.
 Erum meale, or butter Mith with Honie, licked in.
 Fengreke sēde, decoct with Dates and Honie, eaten.
 Cardus benedictus, boyled and drunke.
 Redish young, decoct and drunke.
 Percenep rootes, eaten.
 Pyzhis rootes, boyled in flesh bzoath, eaten.
 Cresses, the sēdes boyled in the bzoath of a Hen or Pullet.
 Crisemon sēde, in Lohok with Honie.
 Lake iuice, in Lohok with Honie.
 Liquozice rootes, mixt with other spices.
 Musa fruite, eaten.
 Pisticke Nuts, eaten.
 Pine Nut kernels, eaten.
 Liquid Pitch with Honie, eaten.
 Rozen of Larix with Honie, eaten.
 Turpentine, in Electuarie with Honie.

For

For a sore brest of a woman.

¶ Take Rue, Sage, Archangell, white Daylie rootes, Plantain, Angelica, Oculus Christi, of each one Scruple, wash them and dye them in a cloth, dried them, and stampe them with halfe a pound of fresh greace or Barrowes Greace: stampe all together, and boyle them with halfe a quarter of a pound of Rozen, and as much new Ware: till the Ware and Rozen be molten with the herbes, then straine it thoro a cleane cloth, and it will be a faire oymntment to vse.

To purge the brest.

¶ Take a great quantitie of Fop, seethe it in a pottell of good Wine, and drinke of it earely and late, at Euening hote, and at Morning cold.

¶ Take a good quantitie of white Horehound, a lesser of Groundswell, and the least of Malwort, boyle them with fresh Barrowes Greace, incorporate it and make a Playster and lay to the Brest: in one night it will cause the Patient to cast out much corruption, and profiteh against the Cough.

To cleare the Pipes.

¶ Take a handfull of dyed Fop, as much of the roose of Enula campana, and not fully so much of good Liquoris brused, boyle them in running water, from a gallon to halfe: straine it, and put to it halfe a pint of clarified Honie, drinke thereof first and last.

Bladders called fire Bladders, or burnings.

¶ Take ground Iute, alias Alehosue, Sheepes dung, Youllake, Gooie dung, Sheepes tallow and fresh Butter: stampe all together, and let it stand two or thre dayes, then fite it, straine it, reserue and vse it daily.

For stopping of the brest.

Sotherne wood seide boyled in wine or water, drunk.

Saffron seed the iulce boyled with homed water, or in the bryth of a chicken.

Blacke Apolin with his pleasant flowres decoct in wine or water, drunk.

Klop decoct with Rue, Figs, and Honie, drunk.

Wetius boyled in wine, drunk. — Oke of Ierusalem.

Sticados with the flowres, decoct and drunk.

Cummin decoct and drunk.

Anomacum, one dram taken.

Sarcacoll taken.

Maplia, the barke of the rose, one dram.

Stengleke seeds decoct with Dates and hony to stop.

Bustard seed boyled in meates.

Liquoris iulce mixed with Ginger and spices, and small Cakes made of it and eaten.

Wine nut kernels eaten.

Liquid Pitch with Honie eaten.

Rosen of Larix with Honie licked.

Turpentine in Electuarie with Honie taken in.

For exulcerations or swellings of womens
brests or pappes.

Wheate bran decoct with Rue, laid to.

Syelt meale boyled with wine and Salt-peter laid to.

Erbum meale with Honie applyed.

Dried Raisons the kernels pund small with salt laid to.

Roses pund and laid to.

For to drie vp womens brests.

Asarabacks leaues pund and laid to.

For impostumes of the brest.

Tusilago leaues dried, & a perfume therof made vpon coales,
taken in at the mouth by a funnell or pipe.

Scabios boyled by it selfe, or his roote in wine or water, drunk.

Asclepias leaues pund and laid to.

Carantia

For a sore brest, where peeces fall out so broad as the bot-
tome of a sawcer.

Take the slip of Elder tree, scrape off the russet bittermost bark,
and take the middle graine barked from the white next the
stick, stamp it with Right Shade, 4. or 5. leaues of it: but
if the brest burne sore, take the more Right Shade to coole it: then
strayne it thow in a cloth, and put to it the yea like of a new layd
Egge, take away the scum of it, & put thereto pure hony combs of
the hieue, faire strayned so sone as they are taken out of the hieue:
then take faire wheat flower, and beat all together. The yong
Elder buds that spring out of the ioynts of the Elder tree is bet-
ter then the rinde: temper all these together like a salve: if it bee
well made, it will looke graine: it must be made as thicke as may
lye on a linnen cloth plaister wisse, and dresse the brest: then take
a linnen cloth as big as the sore and somewhat bigger, that it fall
not in on any side: lay the same upon the plaister of linnen cloth,
and so lay it to the sore brest, not comming neere the fire.

If there bee dead flesh in it, seethe running water, Allome,
and Sage, till the strength of the Allome and Sage bee in the
liquor.

When the brest is to be dressed, wash it first with this water:
 cleanse the sore, dresse out the water, but take some fine lint scraped,
and lay it on the sore.

Let it be dressed moyn and euen.

This medicine is to bee regarded, for it will heale any other
sore, as hath bene often proued.

If the brest bee stiff, anoynt it with peates softe oyle.

If the hole of the sore goe in farre, lay of the salve aboue
mentioned upon the one side of the lunt, and couer the sore
withall.

And if there be dead flesh in it, then must you wash it with the
said water before you lay on the plaister.

You may put in Mallows to the Elder and Right Shades, and
it will be the better.

Ad idem.

Carantia, the Oyle, applied.

Crifarum seede with Honie, a Lohocke.

Yellow Affodill rootes, boyled in Lees of Wine.

Kernels of dyed Raysons and Salt, pund and laid to.

For old disease of the brest.

Libanius seede, } decoct in wine and drunke.
Rue of the wall,

For great paines of the brest.

Henbane seede, decoct and applied.

For vnnaturall swellings of womens breasts.

Chestnuts, the meale in powder with Barley meale and Vi-
negar, Playster wise applied.

For hardnesse of womens breasts.

Chamepitis græne, pund with Honie, and laid to.
Spint, mingled with Barley, laid to.

Ad idem

Ad idem.

Boyle Mallowes with Shæpes Suit, till they be verie tender: then straine it and keepe it in bores.

If the brest haue neede to bee tented, take the stalkes of Mallowes that are sodden, and tent therewith: this is approued to be verie good.

For the brest and side.

Take Sage Royall, Alexanders, red Pettels, Wormewood, red Fenell rootes, all of one peeces growing: then make a great fire on the ground till the ground bee hote a foote thicke, then lay the herbes abroad on the ground, and a linnen cloth ouer them, and then lay the pained place on them so long as the heate dureth: and couer him well about.

Take Ambrose, Rue, and Hozehound, of each a like much, stampe them and drinke it with Wine.

Take Mints, and Dyle Olive, boyle them and applie it to the grieve.

Scrape a Goates hozne that is boyled, and giue that scraping to the Patient.

For inflammation or swelling of the brest or elsewhere.

Take leaues of Marsh Mallowes, or Holy-bocke, sodde in white wine till they be verie tender, mince them smal, and make them in a Cathaplasma, and lay to the grieve whersozuer the swelling is.

D. K.

Take seed of Benbane, break it and boyle it in Wine, and lay it hote to the brest.

Take Linseed, and the white of an Egge, or the iuice of Smalage and lay to it: and if she lose her Milke, giue her iuice of Marren, and it shall ressoze Milke abundantly.

For rankling Teats of too much Milke.

Make powder of Hempseede, and giue her to eate and drinke in all meates and drinckes.

To make Teats small.

Stampe Seede of Hemlocke with Vineger, and anoynt them often.

Powder of Auen and Vineger doe the like.

For

Rams little Dodeon.

For shortnes of breath.

Southernwood seed decoct in water and drunke.

Tussilago leaues dried, and a perfume taken into the mouth by tunnell.

Furmander with his flowers decoct in wine or water, drunke.

Romane Pettie seeds with honie often licked in.

Stock Silifer flowers decoct in water, drunks.

Fris roots taken with Sugar or Honie.

Line boyled in water and Honie, drunke.

Wargerom mingled with Honie and

Tragozigan mingled with Honey and } taken.

Wazell decoct in water

Calamine decoct in wine

Rue and Will decoct in wine } and drunke.

Pigeila seede decoct in wine

Secilus seede decoct in wine

Pencebanum roots, the sap by it selfe, or with bitter Almonds.

Oppopanax two dram

Sagapene one dram

Galbanum one dram

Amomacum one dram

} taken in.

Assarabacka roots boyled in wine, and drunke.

Dagunculus roots roasted or boyled, mixed with honie, eaten.

Rubarbe taken in.

Miloe Cucumer Claterium dyed, halfe a scruple.

Biony roote in Electuarie with honie.

Blessed Whistle powder in wine.

Smyrneum leaues decoct in wine.

Mustard taken any wayes.

Crissimon seede with honey often licked.

Squilla prepared with oyle and honey.

Bitter Almonds eaten.

Figs eaten before meat.

Whitlick nuts eaten alone or with sugar.

Garick one dram taken in.

Tansey seed taken. — Saffron in sweet wine drunke.

Oke of Jerusalem decoct in sweete wine, drunke.

Honysoze fruite decoct in wine and drunke.

For

For Tisick and shortnes of breath.

¶ Take Enula Campana the roote in mid May, dry it, pats it, cut it small and put it in Vinegar till it be soft: then dry it, and take purified Honie, and cast both into a chaser, and boyle them together, secundum artem, and boyle it.

Against the Tisicke.

¶ Take Barley of the cleaneſt, wel ground in a Myll, that the husks & bark be cleane taken away, boulded in a fine cloth: of þ hzan whereof make a polvitis in cleane water, with a spoonfull of butter thrice washed in water, and hereof let the Patient often vse.

¶ Also boyle the sweteſt Apples you can get with netwe porke: let the Patient eate the Apple, his brest and places annoyed against the fire with fresh butter.

Against horseneſſe.

¶ Take Gum Arrabeck, Dragagant, Liquozice, Anadi, Cucumer ſeeds, Gourd ſeeds, Purcelane, Bemdian, Horſehoue, Terrellris Canabi ſeeds, Acholas roots, Iſop, Pen-taſtrum, Violets: boyle them together in white wine, and let the Patient drinke thereof mozne and even, &c.

For winde and ſtitch in the ſide.

¶ Take Camomill and Wormewood, of eache one handfull, græne Bzome two hādfuls, ſtamp them ſmall together: then make a bag that will goe from the Pauell to the Keyneſ, & put thoſe things into the bag couched abzoade that will lye over the wombe: then take a good quantitie of Ballowes, and boyle them in a pottle of raphe water oz cleere running water, till it be thoroughly boyled: then plunge the ſame bag in that water till it be thoroughly hote: then ſqueſe out that water, and all hote lay it over the wombe til it commeth to the reines, and when it is cold, heat it againe, and renewe it often.

For paine in fetching breath.

Saffron seed the iuces with homed water, or broth of a chiche.
Whillick nuts with Sugar eaten.

For to amend a stinking breath, and to procure
a sweete breath.

LAcerpitum roots eaten with meate or salt.
Pilles of Lemons conbited and eaten.
Patmegs eaten.
Mastick holden and chewed in the mouth.

For such as are bursten or broken.

ACanthus roots taken in drinke.
Rubarbe infused, taken in.

Olmond, the heart or middle roote taken in broth.

Garden Radder roote,

Mouseeare ———— Petisilla rootes or leaues,

Horstaile, or Shaue grasse

Morsus Diaboli,

Adders tongue,

decoct in wine
and drunke,

Comphrie roots, pund and applyed to ruptures.

Clinopodion decoct in wine and drunke.

Carantia oyle anoynted.

Calamus Aromaticus, decoct

Caroline roots decoct in wine, } and drunke.

Cructata decoct in wine ————

Warcenep roots eaten

Yellow Affodill roots decoct in wine one dram.

Ciprus nuts pund and laid to the rupture.

For

A paste for stinking breath.

¶ Take Wine and Hone a quantitie; boyle them a litle, the put to it grated bread and stir it, put to it Annis seeds, Li- quoris, and Pepper in powder, and make paste of it: make it in cakes, bake them of any fashlon, and eate of it.

¶ Take two handfuls of Comyn in powder, sethe it in good Wine from a pottel to halfe, drinke it at even hot, and at mozne as hot as you may suffer it: at even and mozne a pinte, 9. daies.

¶ Take Pulisall Pontan, one handfull, wash it, thred and stampe it, put to it halfe an ounce of Comyn, pun and meddle them well together with white wine one pottle boyled to halfe, and glue the patient to drinke hot as hee may suffer it, halfe a pinte a day, once after meat and not before, and once at even hot, and it shall be well in fiftene dayes.

For one that is bursten.

¶ Take rootes of Comphyrie with the leaues, Setwall rootes and leaues, Polypody roots, Centory called Peterwort, make it in powder, and drinke it in Ale.

For

For children bursten.

Febane seede with Vinegar,
 Water Crow foot mingled w wheat flower } laid to y greife
 Rosoliatum pund with meale and wine, } out wardly.
 Pencebanum iuice,
 Rosoliatum mingled with Ware, Oyle or oyntment fit to cure
 wounds, applied.

Sanicula decoct in Wine or water, } and drunke.
 Filosilla leaues decoct,

For burning or scalding with water
 or fire.

Cheat Euglos root pund with Oyle and ware,
 Greene Clote leaues pund with whites of eggs,
 S. Johns wort leaues pund,
 Wilde Bullen pund,
 Greene Piroll pund,
 White Lilly roots roasted, mixed with oyle of Roses,
 Parcellus medio luteus rote pund with honie,
 Zule leaues boyled in Wine pund,
 Tiphia the downe mixt with swines greace,
 Branke brine greene, pund,
 Galion flowres pund,
 Beete leaues pund,
 Lettice greene leaues pund,
 Marsh Mallow leaues pund,
 Gourd iuice,
 Yellow Affodill rootes boyled in oyle,
 Pulberie leaues boyled with oyle,
 Ashes of Figtree with oyle of Roses and Ware,
 Palme tree broken mixt with greace,
 Pine apple scales with the barke of Pine tree pund
 with Litarge of silver and frankincense,

applied and
 layd to.

For

For to preserve one from bursting.

Take Comphrie, Pep, Royall, & Egrimony: pan them and make a posset with the iuice thereof, and drinke it: and sometime chip and fry them with Egges, and eat it as a Lasey.

Take tender crops of Osmond in May, dry them in the wind and not elsewhere, make it in powder, & saue it in a bladder Winter and Sommer, and drinke thereof: it will make the belly goe as if it were new burst. Let the Patient be well and easely trusted to goe withall in the day, and to lie in the night, till he be whole, which will be in 24. dayes, if he will bee ruled.

He must lye vpright as much as he may, and keep his bed euery morning two houres after hee taketh his medicine, and eate no white meates till he be whole, nor strayne him any wayes.

For burning.

Take iuice of the leaues and berries of Iuy, the oyle of Puts, of each 8. ounces, Make two ounces: boyle it to an oyntment, and vse it.

For burning or scalding.

Take Nightshade, Parcelly, Mop, Tim-hone, Sozrell, Martgold, and Setwall, of each two handfuls: stampe them and straine the iuice, and put to it a pound of Spike, a quarter of a pound of Deere-suit well clarified, or fresh Butter, or Shæpes suit, boyle all together a little while, then put it out and anoint the grise: it will take out the fire in ten or twelue houres: then lay ouer it, the soft Long wort leafe, but first wash the grise with salt brine, which will speedily take out the fire.

Another for the same.

Take Sallet Oyle and running water, beat them together, and then lay a lawne ouer the grise, and anoynt it on the lawne without remoouing till it be whole.

Take the black water remayning in the making of salve or oyntment of Tabacco, and anoynt the grise, & it killeth the malignant heat of any burning or scalding.

¶

Take

For Cankers.

Scrophularia leaues,
 Planten leaues,
 Nettles leaues,
 Dragons, the fruite,
 A jobus boyled, mixt with Honey and Barley meale, applyed.

} Stamped and
 } layd to.

For to prouoke carnall copulation.

Sothernwood layd vnder the pillow, bed, or bolster.

For to ingender male children.

Barrous Mercurie, or Pale Whellon,
 Fly Orchis full rootes, ———— } drunke or
 } eaten.

For to ingender female children.

Gyles Mercurie or Whellon, ———— } drunke or eaten by
 Fly Orchis withered rootes, ———— } women.

For

¶ Take running water, a pottle, as much white wine or vinegar, halfe a penyworth of Hony, as much Allom as an Egge, white Coprus a quarter of a pound, Rosemary, Rue, Fennel, Tyme, and red Sage, of each a braunch: boyle them to halfe, straine it and reserue it to vse.

To destroy a Canker.

¶ Take Chyd sope and quicke Lyne, make a plaister and lay it to the soze, and be well ware that the Canker be there, for it will certainly slay the Canker: And when it is slayne, lay to the soze a sword of Bacon, and it will heale it.

This is called Veni mecum, for it will not sayle if it be layd to the quicke flesh.

For Cankers in teates.

¶ Take Culuer dung, Hony, Virgin waxe, flower of Barly, Beanes and Lyneseds, sethe them in Vineger or Wine, put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ Take the rote of Flower de luce, wash it and slice it, and a few leaues of Penny royall, steeps them in conduit water, and wash the grise therewith.

Rams little Dodeon.

For pestilent Carbuncles.

Morsus diaboli graine, ————— }
 Violets with Barly meale, } pund and
 Pomegranat seed with hony, } layd to.
 Cipustræ leaues with parched barly meale, —

For cholerick humours.

Common Rosewood, — }
 Fumitory, }
 Tormentill rootes, } pund and layd to.
 Flebane seede, }
 Senle cobs & leaues one dram, }
 Olive tree leaues,

For cholerick inflammations.

Feuerseto graine leaues and flowers, pund and applied.
 Perritory }
 Saffron } stamped and applied.
 Mynts two oz three branches, the saice drunke with saice of
 lowze Pomegranats.

For

To purge Choller.

¶ Take Diagredij, one dram, beat it grosse, put the powder of Aromaticum Rosarum Cabzietis to it, halfe a scruple, Ginger fine sliced, halfe a a spoonfull, & Sugar as you list: take a fayre Apple, cut off the cap, take out the coze, lay a tyle vpon embers, rost the Apple, and when it is rost, pare the Apple, and put into white wine, and take it early in the morning.

D. K.

H 3

For

For the collicke.

Saffron seeds the iuice with homed water
 Auens roote dried and wine
 Camomil herbe and flowers with wine
 Cotula Lutea with wine decoct
 Hynts boyled in water three dayes
 Daucus seeds boyled in wine or water
 Ricinus seeds pund with whey
 Tapsia the barke of the roote, one dram
 Colloquintida white pulpe decoct in water
 Homed water,
 Sea hull rootes boyled in wine
 Holly berries decoct

and drinke
 or eaten.

Whe ferne roote boyled in Muston broth, or of a Chicken or Capon, or the decoction of Ballowes or Beets, and a little Aunis, or the powder thereof with homed water drinke.

For cornes of the feete.

White Lilly rootes boyled in Vineger, applied as a plaister.
 Lacerpitium with Rue water and Honey, applied.

For

For the Collicke, and to cause digestion, and for
gryping paynes of the belly.

¶ Take herbe John, Camomill, Wormewood, of eche one
handfull, the yolkes of two egges hard rosted, shred the
together, not ouermuch, fry them with salt Butter: then take a
freene dish and fill it with warme ymbers, and lay the fryed
herbes vpon the embers, sprinkling the embers with wine vi-
neger: and lay a linnen cloth ouer the dish, and knit it fast in
the bottome, and lay it close vnto the payne.

G. K.

For swelling of the coddles.

¶ Take powder of Comyn, Barley meale and Honey: fry
them, and make a plaster thereof, and bind it to the coddles.

For Cornes in any place.

¶ Take crops of a Pettie, bronse them and lay them to the
Cornes.

¶ Cut them till they bleede, and then apply to it ashes of
Tabacco burnt.

H 4

For

Rams little Dodecon.

For a consumption.

Sandergrasse, full and sappy rootes boyled in Goates milke,
 eaten, or alone.

Bay berries pund small, mingled with Hony or Syrop,
 often licked.

Pine Nut kernels eaten.

Agarick sodden in sweet wine, drunke.

For the Cough.

Ieremauder with his flowers boyled in water,

Safron seed iuice with homed water,

Stock-Gillifer flowers decoct in water,

Rue and Dill decoct,

Betony decoct,

Lacerpitium roots boyled to Electuary with hony

Galbanum in like sort,

Enula campana roots decoct in homed water,

Galingale rootes boyled in wine or water,

Hony succle fruite decoct in wine,

Capillus Veneris decoct in wine,

Popie heads decoct in wine,

Henbane seedes decoct in wine,

Marsh Mallow rootes decoct in wine,

Parcelv decoct in wine,

Pellow Affodill rootes decoct, one dram,

Wild Cherry tree gumme decoct in wine,

Planten leaues eaten with meates.

Violets Syrop eaten.

Hencebanum iuice with an Egge (reare) eaten.

Spelt meale with good sweet Butter, or new Goates

suft taken, appeaseth the Cough.

Colewort iuice boyled in Syrop, often licked.

Raysons dyed

Bitter Almonds } eaten.

Figs

Sebastenes

Labdanum layd to the best with oymtments and
 plasters to mollifie.

For

For the perillous Cough.

¶ Take Sage, Rue, Comyn, and Pepper, boyle them in Hony, and eate of it earely and late a spoonfull.

¶ Take Horehound and Hony, and eate of it thre dayes and thre nights.

For Cough of cold.

¶ Wash his fete every euen with hot water: then set his soles against the fire: then stamp Garlick, and a little Horehound, straine them and anoynt the soles of the feet against the fire, at euen when he goeth to bed.

For Cough of flegme.

¶ Take Figs a pound, a quarter of a pound of Liquoris, & a handfull of Ilop: stamp them and sethe them in water, from a gallon to a pottell: strayne it, and doe thereto halfe a pound of Annice and clarified hony, and drinke of it, as of a principall remedy.

For a Cough of Rewme in the lungs.

¶ Take Dziganum, Ilop, the roote of Enula Campana, of eche a good quantity: boyle them in water, and bzay them well: strayne it, and put to it halfe a pound of Annice, and sethe it againe till it be thick: then take it from the fire, and put to it a quarter of a pound of Sugar, and halfe a pinte of clarified Hony, one ounce of powder of Heat, and so haue you a singular good remedy.

For

Rams little Dodcon.

For the olde Cough.

Veronica Water distilled with wine,
 Peristore,
 Mularia in wine,
 Scabious,
 White Holen roote in water,
 Scellie seedes with wine,
 Dancus seedes with wine,
 Young Radish with wine,
 Smyneum rotes and leanes with wine,
 Crismon seedes,
 Lyne seede mingled with Hony,
 Scabious flowers conserued,
 Germaunder in powder,
 Flop decoct with Rue and Figges,
 Tyme boyled in water and Hony,
 White horehound decoct in wine,
 Annis seeds with bitter Almonds and hony,
 Oppopanax two drams,
 Sarcacoll one dram,
 Dragon roots boyled or roasted with hony,
 Bziony roote in electuary,
 Lecke iuice made in electuary,
 Scilla prepared with oyle and hony,
 Cakes made with Liquorice, Ginger and
 other spices,
 Meale of Chestnuts and hony in electuary,
 Bernels of Pine Nuts,
 Agarick one dram.

decoct & drunke.

taken and eaten.

For the Crampe.

VVild Tyme decoct in wine or water, drunke.
 Sarsifrage roote dyed and chewed.
 Betony dyed, one dram with homed water.
 Pentedanum roots sap, with oyle of Roses & vinegar applyed.
 Oppopanax two drams taken.
 Lacerpittum rotes broken with the yolk of an egge, taken.
 Sagapenam one dram taken.
 Cayphorizim prepared, taken.

Alfara.

For the Cough, rutling of the brest, boyles and sores
in the side: for the Milt and stomacke.

¶ Take Hozsehempie, Groundswell, Flop, Centory, Smal-
lage, Rue, Holeywort, and Puliall, of eche a like, and doe
thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

¶ Take Anet, Smalledge seedes, a like much; make it into
powder, temper it with wine, and seth it till it beginne
to waxe thik: then boy it, and vse it first and last.

For the olde Cough.

¶ Take white Hozehound, a good quantity, Groundswell, a
lesser quantity, and Wallwort, the least quantity: boyle
them with water and fresh greace; temper them wel together;
make a plasser thereof and lay it to the brest: in one night it
profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the same.

¶ Take iuice of Hozehound, Feuerfew, Centory, Hozse-
mynt, Ketony, rote and all, and Fenel; boyle them with
powder of Pepper: loke ye take like ppozition of the iuices,
and of Hony clarified, as much as all the rest: seth it till it be
somewhat stiffe, stir it fast, and giue it not too great a fire: cole
it, boye it vp, and eate of it.

For the chine cough.

¶ Take womans milke, and anoynt the childes brest about
the heartspone: then take powder of Hauory and Strow
thereabout, and bind it with a clout: doe this thre or foure
dayes, at euene and mozne against the fire, and keepe the childe
from cold and from all colowe meate.

For the Crampe.

¶ Take an hearbe that groweth on the roote of Worme, one
handfull, as much Lawrel leaues, a quart of white wine,
as much oyle Oliue: boyle it till the wine be wasted, cleanse it
and kepe it well, soz it is full good soz the Crampe, being a-
noynted therewith.

¶ Take

Garabacka boyled in wine, taken.

Rootes of Dragons, boyled or roasted with hony often licked.

Rootes of Rha Ponticum.

Oyle of Carantia anoynted.

Sea hull rootes decoct with wine and dzunke.

Blank brine taken in dzinke,

Carline roote decoct in wine,

Porcelane rootes decoct in wine,

Marth Mallow rootes decoct in wine,

Yellow Affodill roots decoct in wine, one dzam,

Bay berries with oyntments and oyles for Cramps applied.

For deafenesse.

Ground Jay bruised and put in the eares.

Cardus benedictus in meate or dzinke.

Colewort iuice with vinegar put in the eares.

Mustard seede pound with figs, layd to the eares.

Yellow Affodill roots boyled in oyle, put in the eares.

Bay berries decoct in wine, put in the eares.

Cedria or liquoz of Cedar with vinegar dzopped in the eares.

For dysentery or dangerous fluxe.

My flowers made in wine, dzunke twice a day.

For

¶ Take, Kne Stamp and mix it with fresh Greace, and keep it in a vessel the dates well covered: boyle it, and scumme it, and while it is hote, put powder of Incense into it, stir it and make it into an oymtent, and anoint the grieve with it.

For the Cramp or convulsion of sinewes.

¶ Take Olei Castorei one dram, Olei Iniperij halfe a dram, Olei Liliorum, Olei Vulpini, of each five ounces, mingled all together: anoynt at moyne and even, the hinder part of the necke, both the shoulder blades and downe all the spoone of the backe even to the hips.

Adidem.

¶ Take Poly oyle, oyle of violets, and Barrowes greace, and anoynt the grieve.

To

For to cause good digestion.

Carroaway seedes
 Coriander seedes alone or with Sugar,
 Saxifrage root dried in powder with sugar,
 Betony decoct with Hony,
 Ligusticum seedes
 Masterwort the roote decoct in wine
 Gentian roote decoct in wine or water,
 Erula Campana confected,
 Condzilla seedes
 Marcell with meate
 Mustard
 Rocket,
 Long Pepper,
 Pyrene or Lemon pilles,
 Oyle of Mace anoynted on the stomack.

} taken and eaten.

For biting of a mad dogge.

Clote leaues pund with a little salt,
 Planten
 Pettie leaues with salt,
 Spints with salt,
 Blacke Horehound,
 Fenell rootes with hony,
 Angelica leaues & Rue leaues with hony,
 Masterwort,
 Lacerpitium roots with hony and vinegar,
 Asclepias leaues,
 Capillus Veneris greene,
 Wheate raw chawed, or
 Juice of Rue with wine,
 Asclepias rootes boyled in water,

} pund and laid to.

} ozunk

For

To cause good digestion, and to destroy wind,
and to comfort the reynes and side.

Take Annis, Longe, Swalge, Canel, Cardamum, Di-
genum, Carotway, Fennell, Siermontanū, Sage, Camer,
Calamint, Lime, black Pepper, long Pepper, Clop and Parce-
ly, of each halfe a dram: Liquorice, Ginger, Pellito; y of Spaine,
Butmaga, of each one dram: Annomacum th; a dram s: Cloves,
Galtingale and Saffron of eche halfe a dram: and Sugar, as
much as all the rest by waight, and use this powder.

Drops

For the drop sic.

Common Wormewood decoct and drunke.

Juice of the seed of Saffron with hony pund, or chickē broth.

Pennywort on the wall, the leanes and rote eaten.

Mercury boyled in water, drunke.

Water-Plantain leanes laid to y^e Rhine & shanks in great aboundance.

Garisons confound boyled in water and drunke. (dance.

Polipodi in water or wine

Rue boyled in good wine to halfe

Betony decoct

Laser decoct in wine

Sclabacka boyled in wine

Galingale rootes boyled

White Elebor rote decoct

Palma Christi seede with whay and milke

Tripoliante rootes, two drams with wine

Lawzell leanes decoct

Wild Cucumer iuice dried halfe a scruple,

Elder seede one dram,

Sallow rootes decoct in wine

Wild Biony rote boyled with sea water

Calamus Aromaticus decoct in wine

White Camellion root with red wine decoct

Smyrneum leanes and rote decoct

Garlick boyled

Brome leanes or branches boyled in wine

Barbery tree, the barke of the rote in wine

Ash tree leanes, bark and tender crops decoct

Rue mixed with Hony and Figs, applied.

Black Elebor root made a playster with barley meale and wine

Soldonella boyled in the broth of fat meat, eaten.

Solanum Somniferum the berries eaten.

Garlick eaten

Figs mirt with Barly meale, applied.

Frangula.

For to slake the belly of such as haue the drop sic.

Leanes of the wild Ash tree boyled in wine and drunke.

Fer

Dropſy in the wombe.

¶ Take Courds and Parcelſ ſeed of Alexandria, Brome flowers, a like much: boyle them, & wzing out the water whe it is ſodden: then take Charuel, Camerick, & the other Parcelſ, and ſtamp them all together, & wzing out the iuice, and boyle it till it be halfe waſhed; put therein Caſſia ſtilda, and put thereof into the patients dzinke, and keepe him warme.

Dropſy and laundes.

¶ Take a great bundle of Brome that is græne, and burne it to aſhes: then take Hadder, and make Lye with good wine, and let it runne thow the aſhes all warme, and put to Spike, Sugar Candy, and Galingale, and let it ſtand a night: This dzinke will deſtroy the Dropſy, vſed xxi. dayes at mozne and euen.

For Dropſy.

¶ Take Turmeric, Quoy, and the ſhell of Pomegarnet in powder, boyle it in good Ale or wyne: put there to iuice of Celidony, Hony, and Spike: When it is cold, giue the ſick to dzinke thereof in the new Moone, and leaue at the old.

Hote Dropſy in the wombe.

¶ Take iuice of Crefſes, and ſweet wort a like much, and the third part of clere Hony, temper them together, & ſtraine it, and giue to dzinke ix. dayes.

Cold Dropſy in legs and feet.

¶ Take young tendzells of Elder, ſuch as be black, and bzuiſe them with Eldern leaves, and boyle them well in cleane water; put it in a veſſell, and ſew the legges, and lay the herbs to them when thou goeſt to bed, as hote as may be ſuſtred early and late.

¶ Drink thine owne water, and it profiteth.

For

For women in the Lanes.

For women in the Lanes.

For

For payne in the Eares.

Juice of Veriloy

Great Chickweed iulce

Greene Hempe leanes iulce

Great Pilsilla iulce

Blanten iulce

Knot grasse iulce

Saffron with romans milke

Mynt iulce with homed water

Rue iulce warmed in a Pomgranet shell

Pencedanum iulce with oyle of Roses

Dragunculus iulce

Milde Cowwamer iulce

Hoppes iulce

Nightshade iulce

Mytlelot iulce

Goose grasse iulce

White Beete iulce

Gourd iulce and oyle of Roses

Pallow Affodill root boyled in oyle,

Dried Roses steeped in wine,

Ladanū with homed water, or oyle of roses

White Popler leanes, the iulce.

Black Heleboz root put in the eare two or three dayes.

Opium layd to with oyle of sweet Almonds, myrrh and Saffron, cureth.

Penbane leanes the iulce drayne and layd in the Sun, mingled with Galleries for the eares.

For Impostumes behind the Eares.

Nettle leanes pund with Salt,

Nightshade pund with Salt,

Shraps Sorrell decoct,

Barth Pallowes boyled in wine, and

bzused with homed water,

Crifimon seed mingled with hony and water,

For wormes in the Eares.

Pillium decoct in water,

Capers the iulce of the leanes, fruits and crops,

Codysa

dropped in the eares.

For

For payne in the Eares, and to restore hearing.

Burne young branches of greene Ash; and take the water that doppeth from them an Egge shell full, as much iuice of Lecke blades, and of the dropping of Teles: boyle them together a little: strayne it through a cloth, and keepe it in a glasse: put of it in the whole eare, and lye on the soze eare, and in nyne dressings it will be hole: then take wooll vnderneath a blacke Sheepes belly, wet it in that iuice, and lay it to the eare.

For wormes in the Eares.

Take Hony from the Combe, and doe it in the eare, and lye downe on the other side, and it will come out.

Juice of mynts mirt with hote wine } doe the like
Juice of Arle-smart with hote wine } doropped in.

12

For

For Impostumes in the eares.

Lysed boyled in water, ——— }
 Planten leaues pund with salt, } put to and applyed.
 Souchus iuice, ——— }
 Annis seeds with oyle of Roses, pund and put into the eares.
 Juice of Night-Made dropped into the eares.
 Yellow Affodelus the root brused, and the iuice with Franck,
 Incence, Hony, Myrrh, and wyne layd to.

For running eares.

Seed of Fleband boyled, the water ——— }
 Tui leaues, the iuice } dropped in.
 Shumak leaues, the iuice }
 Turpentyne with Oyle and Hony — }
 Myzell Berryes decoct in wyne and flower, layd to.
 Licium, or Burthorne boyled and layd to.
 Olive tree leaues and iuice applyed.

For to cleanse the stopping of eares.

White Horehound iuice, with hony and wine dropped in.
 Onyon iuice dropped in.

For singing or humming of the eares.

Ground Tui brused ——— }
 Hoppes iuice }
 White Beete iuice }
 Colewort iuice, and bliniger warme, } dropped in.
 Onyon iuice }
 Bayberries decoct in wine, }
 Caba, — Liqueur of Cedar — }
 Seeny pund with figs, layd to playster-wisse.
 Figs and Mustard seed pund hard together, applyed.

For

For aking of eares.

¶ Take iuice of Swines cresses, and put it in the eares.

¶ Take iuice of Reddish and Oyle Olive, and put it in the eares.

¶ Take iuice of red Mynts, and put into the eares.

For water fallen into the Eares.

¶ Take iuice of Cozyander, and put it in the eare.

I 3

A water

For inflammation and rednesse of the eyes.

Sothernwood pound with a roasted Quince,
 After Atticus Greene,
 Great Chickweed,
 Plimpernell,
 Violet bruised with Barly meale,
 Magdalen Wort, and part of wild Daye,
 Marshmallon leaves,
 Gentian roote iuce,
 Palma Christi leaves,
 Pety Dozell Greene leaves,
 Parcelane leaves with Barly meale,
 Pepins Pulpe finely stamped,
 Gourd pulpe finely stamped,
 Greene Parcely with white bread or Barly
 flower,
 Planten iuce
 Great Singreene iuce
 Marygold distilled water
 Litum Conuallie distilled water
 Parcelane leaves pound with Barly meale
 Heath iuce Acatis iuce
 Wilde Olive leaves the iuce
 Penbane iuce dyed in the Sunne, mingled with Cilltries, to
 be applyed in hote cankers.

For dimnesse of the sight and eyes.

Wormewood mingled with hony,
 Bazell pound with wine,
 Hyosinum seed mingled with hony,
 Fennell iuce and the gall of a Hen,
 Libanotus iuce of y^e herb & root with hony,
 Great Scentaury iuce with hony,
 Aloes Cicatrine with hony,
 Wall-flower iuce.
 Saxifrage distilled water alone, or with vi-
 niger.
 Sagapenum, Sarcacoll,
 Gramen Pernasse iuce,
 Saligot leaves the iuce,

For

A water for sore eyes, that if a man had lost his sight
ten yerres, if it be possible to be recouered, it
will helpe in ten dayes.

¶ Take Smalledge, Rue, Fennell, Maruen, Egrimony, Be-
lony, Auens, Scabicus, Hand-Strong, Estrase, Pimper-
nell, and Sage, a like much, distill them with a little brime of a
man child with fine graynes of Frankincence: drop a drop
hereof euery night in the sore eye.

To cleare the sight, and remoue the Web.

¶ Take red Roses, Smallege, Rue, Maruen, Payden hayre,
Endiue, Singrane, red Fennell, Hollywort, Celidony, of
eche halfe a quarterne: wash them cleane, and infuse them in
white wine soure and twenty houres; then still them in a Still-
litory: the first is like Gold, the second like Silver, and the third
part like Balme: keepe it in a glasse as a pzeious water or
Balme for all maladyes of the eyes.

For a stripe in the eye, though the sight bee
perished.

¶ Take the whitest Salt thou canst get, burne it well in a
firepan red hote, beate it in fine powder, and as the Pati-
ent lyeth in his bed, make thre small balles with clarified Ho-
ny and that powder, and put them in the eye once in thre
dayes.

A Powder to conserue the sight.

¶ Take Betony, Rue, Celidony, Saxifrage, Louage, Annis
seeds, Syonawon, Fennell, Dillanum, Petroselin, Siler,
Montanum, of eche a dram: Callingale, one ounce: make pow-
der of all these, and take it continually with meate.

To perfit the sight.

¶ Take Sage, Fennell, Maruen, Belony, Eye-bright, Pim-
pernell, Cinkefoly, and Rue steeped in white wine soure
and twenty houres: distill it in a glasse Still, which is best.
This water will restore sight perished.

For bloud-shotten Eyes.

W Dmetwood mingled with hony, layd to.

Chelubug iuice mingled with Hony, boyled in copper or
brasse, dropped into the eyes.

Mall-flower iuice dropped into the eyes.

Digella seed mingled with Zrios oyle, put in the nose.

Caris seed layd to the forehead.

Sagapenum dropped in the eye.

Sarcacoll steeped in Asles milke foure or five dayes, the milke
every day renewed, and the Asle milke cast away.

For paynfull bleared Eyes.

W Dmetwood mingled with hony, layd to.

Eyme eaten in the morning fasting, and before supper.

Penbane leanes, the iuice dried in the Sun, applyed.

Groundsell, the downe of the flower with Saffron and water,
applyed.

Roses the iuice layd to the eyes.

For the Haw in the Eye or Pearle.

I Armaunder iuice with oyle straked on the eyes.

Lacerpitium with Hony applyed.

Sowbreds mingled with hony, layd to.

Annemony root boyled in wine prepared, layd to.

Swet Trifolt iuice put in the eye.

Mellilot iuice dropped in the eye.

Onyon iuice dropped in the eye.

Cedza dropped in the eye. — Liqueor of Cedar.

For Fistulaes in the corner of the Eyes.

M Dmet

Camomyl

Aloes Cicatrine

Dates græne leanes

Raspis flowers with hony

Licum made of the braunch, roots & seed of Burthorne, laid to.

Lentils meale, with Mellilot and Quinces, and oyle of Roses,
layed to.

Mellilot boyled in swet wine alone, or with the yolks of rosted
egges, or the meale of Fenygreeke, or Linseed, or Comin
applyed.

For

For Eyes that water, runne and itch.

¶ Take Lapis Calaminaris, burne it red hote, and quench it often in white wine, till it fall in powder, and put thereof in the eyes.

For swelling bladders in the eyes.

¶ Take Luffy, and anoynt the soze eyes.

For sore Eyes in man or beast.

¶ Take a handfull of Dazy roots, leaues and all, & the white of a new layd Egge, beaten in a dish: let it stand halfe an houre, then scum it: then put the iuice to it with a little Hony, and the Egge, and anoynt the eye.

For the Webbe in the Eye.

¶ Take the gall of an Hare, and Hony clarified, a like much, mixe them well: lay it with a feather on the Web, and it will bzeake it in thre dayes, and saue the sight.

For all paynes in the Eyes.

¶ Take Fenell, Rue, Custrase, Waruen, Tozmentill, Wistany, red Roses, Grape leaues, Smaleedge, Cgrimony, ground Iuy, and Iuy that groweth on the Dae, a like much, steepe the one day in white wine, the second day in water of a man childe or virgin, the thirde day in womans milke, the fourth day in clarified hony: then distill all together, and vse the water as pfections, one drop at a time.

For eyes that swell, coming of cold.

¶ Take Cgrimony, the leaues of Waruin, Fenell, Rue, and Roses, and distill them.

And if you will haue it strong, doe thereto leaues of Gale-trium, and of Morfas Galline, which is Chick-weed with the red flower.

For inflammation of the Eyes.

¶ Take the iuice of Porrell or Nightshade thre or foure spoones full, the whites of Egges beaten, and the foame taken off: mixe them, and strike them on a linnen cloth, and lay it to the temples and forehead.

G. K.

For

For payne of the eyes.

Wine, wherein dyed Roses haue bin boyled, layed to.
Heath leaues iuice dropped into the eye.

To stop the running eyes.

Plane tre young tender leaues pound and layd to.

For flowing downe of humours to the eyes.

Saffron mingled with womans milke, applyed.
Bazell pound with wyne, applyed.

Rightshade iuice dyed in the Sunne, mingled with Cillixes,
against heats and Rheumes layd to, or taken with Violes
mell, or homed water, the wayght of an halfe penny, layd to.

Amilium or Starch made of Wheate, applyed.
Pepons pulpe finely stamped, and bound to the forehead.
Plumtree leaues dyed and layd to.

For to quicken and sharpen the sight.

Fennel iuice

Ere-bright iuice

Libanotis rootes iuice

Sagapennum

Pellows Denils bit iuice

Wilde Lettice iuice

Rampions leaues & stalks iuice

Onyon iuice

Lycium

Cedra — Liquor of Cedar —

dropped into the eyes.

For

For rednesse of eyes, and to cleare the sight.

¶ Take fine Aloes, Tutty, a new layd egge shell, of eche the waight of a French crowne: beat them in powder, and put them in a cleane cloth, and sow it as neere the powder as ye can: hang it in a wyde mouthed glasse, in two ounces of red Rose water, and one ounce of Eye-bright water, and dip the cloth vpon the eyes as oft as ye thinke good.

G. K.

A good water for eyes.

¶ Take Fennell, Maruen, Roses, Celidony, Rue, Phylago, Cuscase cods, and Mabbinds, distill them, and vse it.

Ad idem preciosissima aqua.

¶ Take Smallage, Rue, Fennel, Carimony, Bitany, Scabious, Quens, Yownds young, Cuscase, Pimpernel & Sage, fill them with a little brine of a man child, and fine grapes of Frankincence, drop there of euery night into the eye.

A precious water to cleere the eyes, and to destroy the Pyn and Webbe.

¶ Take red Roses, Capillus Veneris, Fennell, Rue, Maruen, Cuscase, Endiue and Bitany, a like much, so that there be in all vnder fixe handes full: let them rest in white wine, a day and a night: the second day distill them in a Stilliope: The first water will seme in colour like Gold: the second, Silver: the thirde, Balme.

To

For to quicken and sharpen the sight.

Herminium seed mingled with Hony.

Selubina iuice mingled with Hony in copper or brasse.

White Foxhound iuice mingled with Hony and Wine,
applied.

Hue eaten raw, or condited with Salt, or mingled with Barley
meale, layd to.

Harmola stamped with Wine, Hony, Saffron, Fennell iuice,
and the gall of a Hen, layd to.

Oppopanax

Lacerpitium

Sagapenom

Amomacum

Sowbzed roote with Hony,

Pernassus grasse the iuice in Cillitrie,

Mustard seed iuice dyed in the Sunne, al-
layd with hony, after wards

Yellow Asfodill roots iuice boyled in good
olde Wyne, Myrrh, and Saffron

layd to.

For enchauntments and bewitchings.

Allison hanged in the house, at the gate, or in the sayre.

Gullen.

Polye.

Rhamnus branches and boughs hanged at doores and
windowes.

For the falling Euill.

Cameck, or Petp whyn boyled in hony and vinger.

Cherries distilled, the water powred in the mouth.

Spidell of the Wke hanged about the necke.

Agarick with Cirop Acetess taken.

Annis seedes eaten by infants and children.

For

To purge the bloud, and cleare the sight.

¶ Take foure ounces of Roses well picked, one pound of Lime, Rosemary halfe a pound, red Wyntes iij. ounces, Comyn iij. ounces, Annis seeds one ounce, Cloues one ounce, bray them to powder, & steape them all together twelue houres in three pints of pure white Wine, distill it, and keepe the water in a fayre glasse, and set it to rectifie in the Sunne, and drinke thereof every morning fasting a spanefull.

A good water for eyes.

¶ Take fennell, Maruen, Roses, Celidony, Rue, Philago, Cuphase Cods, and Woodbyne, distill them together, and vse it.

Falling Euill.

¶ Knead cakes of Wheate meale, with the Dewe on Midsummer day morning: bake it and eat it.

¶ Gather Maruen whilst the Sun is in Aries, and drinke it in white wine, and powder of Penny seeds.

For

For bruises by falling or beating.

W Dod Sage boyled in wine or water, —

Wasserwort the root decoct,

Oppopanax with mead or homed water,

Gentian suite decoct,

Dulcamara decoct in wine,

Carden madder rote decoct in wine,

Cippus rote barke decoct in wine,

Juniper berries decoct in wine or homed water,

Agarick decoct in wine or homed water,

Rubarbe infused,

Diamond hart or middles rote boyled, —

White Popler buds made in oymment, and used.

For one fallen in a swoone.

Bazell brused with Winiger holden to the nose.

For to prouoke carnall copulation.

Gladolus vpper rot in wine, —

Saffron boyled in wine,

Standergrasse sappy rote decoct in

Goates milke,

Satirion rotes boyled in wine,

Porzintum seide with wine,

Ash keyes decoct with Putmegs,

Turpentine tre fruit in wine, —

Artchokes young tender shelles steaped in wine,

Caret rootes

Rocket

Clary any wayes taken.

drunke.

drunke.

eaten.

For proud flesh.

Oke Apples or galles steaped in Winiger, layd so.

For

For a Salisplen face,

Let the Patient be competently purged, And then let his legges and thigges bee washed with the decoction of mallowes, or Lapaciacuti, or Lexinij Sarmienti, or white wine; boyle them, and make this oymntment:

Take Bassick, Cernse, Litarge, Gnula Campana decoct in water, Iulce of Reddish, Oyle and Viniger, incorporate them, and vse it.

For

For the Fistula.

Cynquefoyle leaues pund and layd to, and mingled with Salt
and hony applyed, closeth by the Fistula.

Planten leaues ————— } pund and layd to.
Yellow Gillefolly. }

Testiculus Odoratus roote ——— }
Arisarum made in Cillirte and plaister. }

Small Centory in powder, mingled in plaisters, oynments,
powders, and applyed.

White Eleborus cut in gobbins, and put in Fistulaes.

Dates greene leaues pund and layd to, with the meale of the
seed of poore Dates applyed.

Witch liquid pund small with Frankincence applyed.

For to prouoke flowers, and to bring them downe.

Chamepitis leaues ————— }
Sothernwood seeds greene or dry, boyld in wine, }

Crinza leaues and flowers decoct in wine, }

S. Johns Wort with y flower & seed decoct in wine, }

Worsetayle decoct in wine or water, }

Scordion with wine, }

Wall-flowers dyed, decoct in water, }

Stock Gille flowers decoct, }

Marigold flowers decoct, }

Camomil, herbe, roote and flower decoct in wine, } drunke.

Tyme boyled in water and hony, }

Winter Sauery boyled in water and hony, }

Poly boyled in water and hony, }

Clinopodion decoct in wine or water, }

Botrus boyled in wine or water, }

Calamus decoct in wine or water, }

White Dozhound decoct in wine, }

Rue leaues decoct in water, }

Harmula decoct in water or wine, }

Laurender boyled in wine, }

Nettle seeds pund with Myrrh, used by pessary.

Iris roots receyued into the body by pessary, or bath.

White Lilly roots roasted and pund with oyle of Roses applyed.

Clary any wayes taken. — Dretanium verum boyled in wine,
drunk, or by pessary, Nigella

For the Greene Sicknesse.

Take thirty greene leaues of Marabacca in wyne all night: then strayne it and put it in a close pot, with a piece of fat pork: boyle it, eate the pork, drinke the wine. It also helpeth the Jaundes, the feuer, the beginning of Dropsy, Tympany, Quondian, Colic, and swelling of the stomack: for all which there is no better remedie.

Powder of Ash Reys with Buiang, red Sage, Mints, & Margerom, boyled in running water from a pottle to a quart, a good draught with Sugar taken early and late, is good.

Eate the Blessed Whistle, or drinke the decoction thereof.

Eate Onyons.

Stamp Rue one handfull, red Sage two handfulls, strain the iuice, and put to it a pynt of hote hony, well clarified, and a great spoonfull of grosse Pepper, stirre them well together, and giue thereof one spoonfull and halfe, blood warme, at euen and mozne, and let her eate soure or fine times euery day five or seuen Rayns of the Sunne at a time.

This will cure it, though it appeare not at the first: and if she amend not at the end of ten weeks, giue her the same receipt agayne.

Take foure drams of the powder of Zuoze, five or seuen drams of Turpentine, foure penny wayght of Saffron, and drinke thereof with stale ale at mozne and euen.

Boyle cloues of Garlick in milk till it be thick, and let her eate it, and walke after it boldly.

Is. For the Greene Sicknesse.

Nigella Romana decoct in wine,
 Albanotus roots, Cecily seeds,
 Torbillion seedes, Daucus seedes, } ozanke.
 Saxifrage roots, Betony dyed,
 Pannar seeds with Wormwood & wine,
 For to prouoke flowers, and to bring them downe.

L Acerpitium with myrrh and pepper,
 Sagapenum with homed water,
 Astrolochia longa, with myrrh and pepper,
 Amarabacca with homed water,
 Great Centory with wyne,
 Sowbzed dyed in powder with wyne,
 Enula Campana decoct in wine,
 Pyony rote dyed with Hydromell,
 Setwall roots decoct in wyne,
 Straglum seed one dram decoct,
 Galingale roots decoct with wyne,
 Trifoly leaues, flowers & seeds decoct in water,
 Cardus Benedictus decoct in wine,
 Crithmus leaues, flowers & roots decoct in wine, } ozanke.
 Bulbacastanum seed decoct in wine,
 Meddith decoct,
 Willo Carret seed decoct in wine,
 Mountayne Barcelly seeds with homed water,
 Smyrneum seeds decoct in wyne,
 Senny seeds with homed water,
 Trefles seeds decoct in wyne,
 Garlick decoct with Myrran,
 Belloto Affobill roots boyled,
 Rineholme decoct in wyne,
 Laurus Alexandrie decoct in wine,
 Cypus roots decoct in wine,
 Lotus Hausings decoct in wyne or water,
 Hauin leaues decoct in wyne,
 Opopanax,
 White Eleboz the root, } by pessary.
 Blacke Eleboz root,
 Wild Cowcumer sodden with hony, put in —

white

For a Felon.

¶ Take Rue, the yolk of an Egge, and a little Bay salt, as much Hope and oyle of Snaples, a little wheat flower, a spoonfull of hony, two spoonfulls of Aqua Composita, bruise the herbs small, temper all together, & make plasters of white leather, and lay to the grieke, which will heale the Felon, and preserve the joynt.

To draw out the Core and corruption.

A white salve.

¶ Take oyle of Roses, boyle it over a soft fire: wash the grieke first thrice or foure times with white wyne: then put in a little Woodbine water, and boyle it to a perfit oymntment: then take a handfull of Wall-Gillifers, and a handfull of Tontsane, and make iuice of all together, and boyle it to a good salve so; that vse.

To heale and close vp the wound, after the other salve hath drawne.

A greene salve.

¶ Take Mace halfe a pound, Bay Butter a pound, set them on the fire and fry them: then take Planten one handfull, Ribwort halfe a handfull, Valerian two handfulls, Brookem halfe a handfull, Smallage half a handfull, Dypin, Tutsane, Bisolium, Ground Ivy, Elder flowers, of eche a handfull, cut them small, and boyle all together, with Mace and Butter, and make it vp to vse so; that purpose.

℞ 1

There

White Bitony roote, Scamony, }
 Lupines with myrrh and hony, }
 Carden Padder rots, }
 Wild Carrot seed sobben in wine, } by pessar. }
 Bayons decoct, }
 Agayus Callus alone, or with Penny royal, }
 Sain decoct in wine, }
 For to stop the inordinate excre of flowers, }
 B Bost roote, Decoinctle, }
 Toz mentill rots, Strawberry plants, }
 Wild Tansey, Planten leaves, }
 Knot grasse, Pimpernell, } decoct in wine, }
 Yellow Matter-Lilly, } and drunke. }
 Piony rots & rigo with homed waser, as much }
 as the quantity of a Crane, }
 Galingale, Black Poppy seed, }
 Yellow Lillies sensuice of the leaves apply outwardly. }
 Violet lewies decoct, }
 Simgrene iuice } by pessar. }
 Night shade iuice decoct with cotton, }
 Comyn mingled with Juyas weale and pulpe of Rayns, ap- }
 plyed to the belly playster-wise. }
 Penbane seed one halfpenny weight with Hydonell, drunke. }
 Lentils twice decoct, the first decoction ceit away: then put to }
 vinegar, or Cicory, or Percelayne, or red Werts, or Hyttis, }
 or the pills of Pomegranats, or dyed Rices, or Wickets, or }
 Seruices, or binding Peares, or Pimpernell, or Planten, or }
 whole Galls & berites of Shumak, decoct in wine & drunke. }
 Berries of Shumak, }
 Peale earth nut, }
 Phenix or way Bennit, }
 Red Kattell, }
 Yellow seed of Rokes or Roke flowers, } decoct in wine }
 Hypocistis, } and drunke. }
 Wamble iuice, }
 Rizes, }
 Tamarisk, }
 Scatis iuice, Hyttill berries, }

Shumak

There are foure maner of Fluxes,

- 1 **C**olides, sicknesse of the stomake, comming of cholerick humours: it maketh a man haue a great fluxe, & great casting: It stayeth within three dayes, except it be prevented.
- 2 **L**Yenteria, which is, when the meat departeth undigested.
- 3 **D**Yaria is a fluxe, but mixed with blood.
- 4 **D**yscintula, is where there floweth blood and the spawling of the Guts together.

Shumak leaues, ————— } decoct in Cyne
 Wild Olive leaues the iuce, } and vjunkte.
 Witthy leaues and barke,
 Turpentine tree leaues and bark,
 Caroline the lesser, —————

Barbery leaues, } eaten.
 White Thorne fruit,
 Nutmegs and Pace,
 Quinces decoct, —————

Like Apples decoct in water, and sit and bathe in it.

Raylin kernels broth, bath with it.

Shops Dorell puns with viniger, applyed so.

For white flowers.

White Tansey ————— } decoct in wine
 Yellow water Lilly root in red wine } and vjunkte.
 Trifoly leaues
 Yellow seeds of Roses —————

Shumak leaues eaten as sauce with meats.

For to ripen flowers.

Medilot boyled in wine and vjunkte.

Reddish broth decoct and vjunkte.

Fenericlu in powder with hony two vjams

Cods and seeds of Sany one vjam

Polipody of the Oke, the rote dyed,

Pepper in meat,

Wurthorne berries to young lusty persons, } eaten.

Figges

Pyne puts

Turpentine with hony in Cleannary,

Juniper gumme with hony, —————

For cold flewmes of the stomacke.

Elme vnder-barke one ounce decoct in wine, } vjunkte.
 Aller yellow barke steapo in wine or beere, }
 Juniper gumme infused in wine, —————

Cardus Benedictus powder eaten.

Capers eaten in salwo.

For

To stop Whites,

¶ Take Beregood, and Rosemary dried, beat it in powder, mixe them and lay them to the Panell.

To purge Flegme.

¶ Take pure white Turbith gumme cleane scraped, thin sliced, and fine mink as may be, one dram, pure Ginger in like sort dressed, two drams, Sugar three drams, make all in fine powder, and put it into an Apple that the coze is taken out, the cap taken off, and set a sayze tyle on hote ymbers, and thereupon roste the Apple, and turne it often: when it is roasted, pare away the rinde, and put that apple in white wyne, and breake it in pieces, and adde to it a little Ginger early in the morning: and if ye take it at night, ye must sope early.

D. K.

To auoyd flegme.

¶ Take Rose-water eyght sponfulls, Candist or spring water foure sponfulls, white viniger two sponfulls, Alep water two sponfulls, of fine white Sugar two sponfulls: boyle them on a soft sweet fire, scum it cleane, and vse it.

D. K.

For Frenzy.

Scamony saice dyed, the wayght of fyre wheat coynes,
ozjunske.

For out-going of the Fundament.

A Loes Cicatrine boyled in wine and Hony, applyed.

For to settle the Fundament displaced.

Aster Atticus carryed about a man.

Pomegranat pilles and flowers in playster applyed.
Lentiske leanes and barke decoct.

For swelling of the Fundament.

Aster Atticus carryed about a man.

Aloes Cicatrine in powder browed, oz playster-wise.

For

For Frenzy.

¶ Take of Wormewood, Sage, and Marygold, of eche halfe a pynt, white wine one pynt and a halfe, brew them together, and giue the sicke to drinke nine sponesfulls warme in the moorning fasting, fiftene dayes together.

D. K.

¶ Take the herbe called Shepheards yard, stampe it, and lay it to the head shaned.

¶ Choller, maketh a man harmfull & debatous.
 ¶ Madnesse } Bloud, maketh him playing, singing, and not
 or Frenzy of } harmefull.
 ¶ Melancholly, maketh him sad, sullen, and dread-
 full of all things.

Fundament going out.

¶ Take Apollicon, and touch it hote, and it shall goe in : doe so once or twice, as need is, and after bathe it with water that Peritory hath bin boyled in, and the Fundament shall go to his place agayne.

¶ Wash the Fundament that goeth out, with thine owne water.

For bleeding at the Fundament.

¶ Take Aloes and Myrrh, and make them into powder, and with oyle of Almonds anoynt the soze, and cast on the powder, and put by the Fundament with a Scarlet cloth, and it will helpe.

¶ Make Moyle of Maybzed and Sanicle, and eate them.

For

For chops, rifts and fistulaes about the
fundament.

Tazell rootes pund and boyled in wine, to the thickeſſe of a
playſter or oymntment, applyed.

Agnus Caſtus ſeeds mixed with oyle and oymntments, made to
heat and mollify, applyed.

Lycium made of the bꝛanches, rootes or ſeeds of Bortbozne,
applyed.

Cleare liquid Rozen of Fyre tree, with Ruſinegs and Sugar,
the quantity of a Nut, cureth the excoziation of the ſecret
parts, by the Fluore of them.

For to open the ſtopping of the gall.
Doder boyled in wyne or water, drunke.

For blaſting or ſwelling of Genitors.
Rue leaues and Bay berries pund and layd to.
Courd rynd burnt to aſhes, ſtrowed on.
Cypꝛus nuts pund with figs, applyed.

For ſpreading or fretting ſores of Genitors,
or Priuities.
Flowers of vntripe fruit of the wilde vine, mingled
with the oyle of Moles and vintger, applyed.

For

For swelling of the Genitors.

¶ Take Beane meale and biniger, temper them, and apply it all about, and let it not come neere the fire: and if you haue greene leaves, stampe them, and temper them with hony.

¶ Juice of Wallwort and Cifell, a like much, and Fennel, boyle them to thickenesse, and apply it warme.

¶ Powder of Comyn, Barley meale and hony fryed, applyed warme.

¶ Take Rozmelwood, stampe it, and Beane meale, powder of Comyn, fry them, and warme lay it to the B. This is good for all weakenes of the B. and when ye take away the playster, wash the B. with warme biniger at eche time. This is well approued.

¶ Take Scabious, Gattelon, and Quens as much as both, grind them small, and make thereof pellets: dry them in an Ouen when your bread is drawne: then make powder thereof, and drinke thereof early and late: and if thou mayst haue the iuice of these herbes, it is the better.

For

For to expell Gnats and flies.

Comza strowed or burned in any place.

For swelling of the Gowe.

Wald Colwumer made soft, or soaked in bliniger, applyed.

For to assuage payne of the Gowe.

Herbane seide pond with wyne,

Lentils boyled with barley meale,

Colewort twice, and meale of Fennygrek,

Turneps boyled in milke,

(applyed, or

Brome flowers pond with swines greace, layd to.

Castia,

Black Poppler leaves, and yong buds.

Plunge the patient suddenly into a heape of whole Wheat, by
to the knees.

For

For the Gowe.

¶ Take Broome flowers, Penny Royall, Pellitory on the wall a like much, Stamp them with Hay Butter, put the in an earthen pot, let it twenty dayes in hote horse-dung close stopped: then fry it with a part of Sheepes tallow, Strayne it, and ble it.

For the Gangrene.

¶ Stamp leaues of Coleworts, and apply it, or the vyne of him that vseth to cate Coleworts.

¶ Stamp blacke Elebor with viniger, and apply it.

¶ Stamp Nettles with salt, and apply it.

¶ The water and iuice of Knot grasse applyed.

¶ Decoction of Lupines in water and wash with it.

¶ The iuice and roots of Pellitory applyed.

¶ Reddish with viniger applyed.

¶ Take Stones of Rayns, Stamp them, and apply them.

A playster

For Gowt in hands or feet.

Perritoze iuce mingled with Deers suet,
Turnestle leaues,

Singreene,

Penny royall,

Libanotus seed mingled with Baray meale
and viniger,

Wild Imperatozia,

Elder greene leaues,

Sea-mosse,

Acanthus greene,

Dzack greene, with Saltprester, hony and
viniger,

Succoze and Endiue greene,

Lilly Conuallie flowers distilled with good wyne, one spoonefull
drunke.

Tyme with wyne, toke in tyme and out of tyme of grieve with
Drimell.

Libanotus seed mingled with Baray meale & viniger, applyed.

Oppopanax applyed.

Lacerpitium roote in powder, with oyle of Fries and wax made
into playster, layd to.

Ammomacum one dram taken.

Solwyed root decoct and layd to.

White Eleboz roote taken in small quantitty.

Lapsa, the barke of the roote, one dram taken.

Oppium with viniger applyed.

Figs milky iuce with meale of Fennigreek & viniger applyed.

Plunge the patient suddenly into a heape of Wheat by to the
knees.

pund and
layd to.

For

A playster wherewith the L. R. was cured, when all Chirurgicalions thought him incureable.

¶ Take untwought war halfe a pound, Rosen halfe a pound, Olibanum one ounce, fine Litarge of gold a quarter of a pound, white lead thre quarters of a pound beaten to powder, and finely searced, a pint of oyle of Beates feet, set it on a fire in a small vessell with the Ware and Rosen: and when it is molten, put thereto the other powders, and stirre it fast with a sticke, and then put a little thereof in a saluer, and if it be hard so tryed, take it from the fire, and anoynt a saye boord with some Beates foot oyle; and as you may handle it for heat, work it as it were Cordwayners wares, and make it in rolles, and make playsters of it with a chaffingdish of coales, spread it thin on linnen or leather, and lay the playster warme whereas the payne is, and so renew it at moyn and evening, untill you bee whole, or till the ache be given to some other joynt, & so follow with the playster as the payne remoueth, and beware of cold, and hote wynds.

A playster to cure the red Gout, or
Gutta Rosalia.

¶ Take old Lard, and put to it strong bliniger by two dayes: then stamp it, and put to it the barke Lappacij acutiroutes boyled in water, Dutchsilver sublimed, and Dutchsulpher well incorporated together, and make thereof an oyntment, wherewith anoynt the face when thou goest to sleepe, and in the morning wash the face, and rub the face with the liquor.

A most excellent remedy for a cold Gout, that is Oleum Benedictum, to heale Gutta Rosalia.

¶ Take a fat Gander, a fat Charle or male Cat, new Waxe thre quarters of a pound, Basturrium one handfull, Barrowes Greace, beat them together, and put it into the Gander: boyle it and coole it, and with that oyntment anoynt the grieve.

For

For to auoyd Grauell, and the Stone: *indyalq A*

Fenese without his flowers, —————

Perritoze,

Cozompos,

Saffron rote,

Wild Time,

Goche grasse,

Cardus Benedictus,

Saligot, the Puts dyed with wyne,

Carret roots in powder with homed water,

Oingidium

Asperagus alone, or with Chiche pease,

Winter Cresses seeds,

The rough spongeous ball of y wild Rose,

Wome Rape,

Wety Wybyn, tender springes,

Knex Holme,

Rhamnus seide tertium genus,

Meddler stones in powder, —————

Camomill decoct in water, applied outwardly in the
Region of the bladder.

Walloy leaves raw, eaten with salt.

Stone Parcelly seed taken.

White Thorne fruit eaten.

Bitter Almonds with sweet wine taken.

Figs befoze meat eaten.

Plamtæe gumme } dissolved in wine,

Wild Cherry træ gumme } ozunke.

Putmegs taken any way.

Cassia taken.

Fruit of Wyne træ taken.

Liquid Rozen of Fyre træ taken.

Rozen of Lary træ taken, and licked in.

For to strengthen the Gummes.

Penny Royal burnt to ashes, and rub the gummes.
Pomegranats.

For

For swelling of gummes.

Dried Roses in wyne, anoynted or put to.
 Bramble new spryngs boyled and held in the mouth.
 Lycium or Borthorne decoct and held in the mouth.
 Plumtree leanes decoct in water, applyed.
 Olive tree leanes pund with Honey, applyed.
 Wallis or Lentisk leanes pund and holden in the mouth.

For filchy moysture of gummes.

Oyle of unripe Olives applyed.
 The Apples mixt with oyle oyntments, applyed.

For Gouts fallen into the Cods.

Cypres Rute pund and layd to outwardly.

For heauinesse of the heart.

Garden Buglos eaten in Salade.
 Garden Bugols flowers steeped in wyne, or conserved,
 taken.
 Impernell leaves, — Burnet steeped in wyne, drunke.

For

For the cold Gout.

¶ Take the iuice of Nettles, the white of an Egge, Wheate
bran, make a playster and apply it.

For a Canker in the gummes.

¶ First wash the soze with vinegar and Sugar three dayes:
but first rub it, and then wash it with this liquor.

Take quick Lym and Sage quenched at the fire in an ear,
then besell, and put to it Rozen and melt it: then cole it, and re-
serue it to vse.

¶ The Canker oftentimes chanceth in the pallet, which
ought to be burnt with a hote Iron, or with Gold.

Sometyme it chanceth in the nostrils, the roze or pallet of the
mouth, the lips, and the gummes.

The place where it is, is eaten and compassed, and is red, and
sometyme it turneth in the skin, and the skinn is not eaten, but
the flesh within.

Sirobis.

This disease cometh of a melancholy humour, continuing
like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum.

In the mid body, A Circle.

Lupus.

In the seate, thighes, &c. A Wolfe, which is incurable, be-
cause the best are the moze parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,

Si sit inferius, dicitur esse Lupus.

¶ And it is proper, vt omnis proprietates in solidiori substan-
tia fortius imprimat effectum suum, & sic vult: and therefore
is rather curable.

For swelling of the guts.

¶ Beat Wheate with vinegar, and iuice of Pimpernell, and
make a playster and lay it to.

For to drive veanome from the heart.

Tomentill leaues and roote boyled in wyne, drunke.

For to comfort the heart.

Clone Gillifers conserved with Sugar,
Lilly conuall distilled water, } taken, or
Bazell } decoct in wyne, drunke.
Sage }
Balme }

For stiches or gripings at the heart.

Oxiganum boyled in wine, drunke.

For trembling and shaking of the heart.

Snicory and Endiue leaues pound, } and layd so
Bramble tendzels and leaues stamped, } outwardly.
Haces decoct and eaten.
Juice of Roses decoct or infused, drunke.

For

For fatnesse about the heart.

¶ Take iuice of Fennel and hony, and boyle them till they be hard, and eate it at mozne and euening.

For swelling and stich at the heart.

¶ Take þeptwo handfols, Waruen, græne Wormwood, of eche alike, stamp them and temper them with Ale Ale, and dzinke it at meales.

For a Stich.

¶ Take the bottonne of a Rye loafe, an inch thick, tost it, and then take a pynt of god viniger, and spynkle it, till it bee well dzunk in: then spynkle a little Palmsey on it, and lay it so hot as may be, to the stich, and follow it from place to place, warming the tosse from time to time.

For a stich about the heart. A Cawdell.

¶ Take Comyn seedes, Alisander seedes, Cloves and Pace, Graines, Alcozis, of eche one dzam in fine powder, a pint of Ale Ale, seeth it, and scum it clean: then put in your powder, and make a Cawdle with an Egge potched as nere as may be. Dzinke this fasting in the mozning, and last at night with Sugar.

D. K.

Trembling and shaking of the heart.

Marbolanes in grosse powder taken, from two dzams to five dzams, comfozteth the trembling of the heart.

¶ Myrtell leaues taken, profiteth.

¶ Nutmegs eaten, comfozt the same.

¶ Dzinges, the iuice and inner part of substance where the iuice is taken, profit much.

¶ This disease commeth to women, by reason of the coldnes of the matrix, and is thus cured:

Scrape a Goats hozne that is boyled, and giue that scraping to the patient to dzinke.

For scurvy heate or itch of hands.
 Small Chickweed boyled in water and salt, often washed.

For chaps or rifts, in hands, fecte, or
 fundament.

Uisiper gumme, with oyle of Roses, applyed.
 Pitch liquis mixt with Sulphur, applyed.

For head-ache.

Lebane seed mingled with oyle of Roses, viniger, or water,
 applyed.

Singreene iuice mingled with Barly meale, and oyle
 of Roses. } laid to.

Warren leaues pund with oyle of Roses, & viniger, } laid to.

Violets alone, or with oyle of Roses, pund.

White water-Lilly flowers conserved and eaten.

Iris roots mingled with oyle of Roses, applyed.

Sage boyled in wine, drunke.

Rue leaues pund with oyle of Roses.

Stecados with the flowers, decoct and drunke.

Annis seeds burnt, and the fume taken at the nose.

Pigella roots mixt with roots of Ireos, layd to the forehead.

Wetony decoct in wyne and drunke.

Pencebanum iuice with oyle of Roses and viniger, layd to the
 forehead.

Sagapenum, one dram

Amomacum, one dram

Euphorbium prepared by discretion,

} taken.

For

For extreme head-ache,

¶ Stamp violets alone, or with oyle, and apply it,

℞ 4

For

For head-ache.

Aloes mixt with oyle of Roses and viniger, applyed.
 Sæny leaves one dram taken.

Maydenhayre, a garland woꝛne about the head.

Solanum Hortensis pund and layd to.

Melilot iuice mixt with oyle of Roses and viniger, powdered on the head.

Cresses seed and hony layd to the head.

Wine tendzels oꝛ claspers pund with parched Barly meale applyed.

Milde Wyne tendzels, with oyle of Roses, pund and applyed.

Double tongue, a garland woꝛne about the head.

Bar malad, oꝛ Quodimack of Quinces eaten after meat.

Bitter Almonds applyed to the forehead.

For giddynesse of the head.

Fuerfew dyed to powder, two drams taken.

Bunell bzussed with oyle of Roses and viniger, applyed.

Running Time pund with oyle of Roses and viniger, applyed.

Laurender flowers alone oꝛ with Nutmegs, applyed.

Synarom and Cloues applyed.

Pellitory root with hony, eaten.

Collocinthida boyled oꝛ soaked in homeb water oꝛ other liquoꝛ.

Wiony roots one dram taken daily one yære.

Blessed Thistle vsed in meat and drinke.

Agarick with Cirop Acetesi, taken.

For scurfe of the head.

White water-Lilly rote with Tarre layd to.

Capillus Veneris steeped oꝛ boyled in Lye, to wash y head.

Poole ræde ashes mingled with viniger, layd to.

For to purge the head.

Ball Celidony decoct in wine, gargarized.

Spimpernell iuice snuffed in at the nose.

Colewoꝛts iuice snuffed in at the nose.

Warrir perfume taken in at the nose.

For

For head-ache.

¶ Make wheat bran with Pigeons dung, and apply it with
the wypte of an Egge, to the contrary side of the griesse.

For head pushes.

¶ Stamp Violet leaues with hony, and apply it.

For a scald head.

¶ Stamp Primrose rootes, fry them with fresh Butter and
Harre, and lay to the griesse.

Stamp

For

¶ *primrose rootes*

Incidentia.

Incidentia.

Incidentia.

For Impostumes and humours of the head.

Chrysanthemum flowers pund with oyle and wax, applyed.
 Steeps Sorrel greene leaues pund with oyle of Roses and
 Saffron, applyed.

For dry humours of the head.

Iellampn pund and layd to.

Merrix perfume taken in.

For to heale wounds in the head.

Cleare liquid Rozen, applyed.

For old payne of the head.

White Eleboz rote taken in.

Juy iuice with oyle of Roses layd to the head.

Rye meale put in a little bag, layd to.

Garlick bzused betwene the hands.

For kybed heeles.

Pennywort on the wall, layd to.

Bathe the heeles in wine, and anoynt the greif with
 gumme of Lacerpitium boyled in oyle.

Sowbzed rote boyled and applyed.

Beets boyled and wash therewith.

Turneps roasted with oyle of Roses, applyed.

Squilla inner part boyled in oyle of Turpentine,
 layd to.

Y

For the Hydrophy.

Poly boyled in wine or water, drunke.

Ortigan eaten with Figges.

Bazell eaten.

Soldonella boyled with broth of fat meate, corrected
 with Anise seeds, Synnaxem, Sugar and Ginger.

For

¶ Distill { Pilke ————— } into a water,
 { Malloves } and use it.
 { Planten }
 { Whites of Eggs }

D. K.

Kybed heels.

¶ B Oyle Bengelwyn, or Lacerpittum in Oyle, and annoynt
the kybed peeles, being first long bathed in white wine.

¶ Make a playſter with Waxe and burnt Figges, and ap-
ply thereto,

For

For the Emerods inward and outward.

Dogs young rotted in timbers, applyed hote.
 Small Celidony pund in vyne oz wyne, the root layd to.
 Galeopsis the roote eaten.
 Capraria bzuisd with oyle of Roses, layd to.
 Wild Imperatoria pund and layd to.
 Lacerpitium roots boyled with Pomegranat pilles, and vini-
 ger, layd to.
 Poly wort mingled with Popplion, applyed.
 Aloes boyled with wyne and hony, applyed.
 Balsamum oyle applyed on cotton.
 Purcelayne iuice drunke.
 Onyons eaten in meate.
 Bramble tendzels and leaves stamped, layd to.
 Shumak, oz Rhus, pund with Oke coles, applyed.
 Figs milky iuice layd to.

For the Yex or Hicket.

A Liffon drunke, oz held to the nose.
 Mynts, two oz thre branches with iuice of sowys
 Pomegranats, drunke.
 Dill seed chafed, and often smelled to.
 Astrolochia rotunda ginen in drinke.
 Rubarbe taken.
 Ceterach leaves decoct and drunke.
 Sherit roots, the iuice with wine oz Goats milke,
 drunke.
 Nutmegs eaten oz drunke.

For to dissolue cold humours.

Sothernwood infused in oyle, anoynt the member taken with
 cold.
 Marula decoct with wine and drunke.
 Stechados decoct with his flowers, oz alone drunke.
 Wild Parcely rote holden in the mouth.

For noyse and sound in the eares, and to
 more hearing.

Figges and Mustard seed, pund and layd to.

For

¶ For the Emerods,
¶ Take flaxe seed, boyle it in May butter, till it be soft and
 thicke, and lay it to hote. Douglas.

Ad idem.

¶ Take blacke sope one ounce, Swines greace one ounce
 and a halfe, a little bay salt in fine powder, temper it and lay it
 to the grieve.

¶ Take beards of Laks unset, boyle them and stamp them
 with Saffron, strayne it, and lay that oymnt hote with a
 cloth to the grieve.

For the Yex or Hicket.

¶ When the Yex or Hicket commeth, let the patient speake as
 if it should be to the Hicket, and say this word, Enough.

Douglas.

Ad idem.

¶ Take oyle of Lillyes, and anoynt the body of the sick with
 it oftentimes.

For Emerods.

¶ Take leaues of Penipher, called Canell leaues, wash
 them cleane, put them in a paper, roast them in ymbers,
 and apply them hote as may be suffered: make powder of them,
 and cast it into the soze.

For the same.

¶ Take red wozts, boyle them in a pot, and sit ouer the
 fume in a close chayze, till it be cold, & anoynt the grieve.

For the same.

¶ Take a plate of Lead, and rub thereon Barrowes greace
 for a man, and Swines greace for a woman, wash it out
 with white wine, and anoynt the grieve.

For

For to waste waterish humours.

Wild Cowcumber, the iuice of the barke of y^e root with wyne, (drunke.

Wall-wort roots boyld in wine, drunke.

Wild Bayony root boyled in wine or water, tempered with sea.

Soldanella boyled with fat meat broth. (water, drunke.

Wild Lettice iuice with Orimell, drunke.

Brome leaues or bzaunches boyld in wine, drunke.

Spanish Brome seed taken.

For the launders.

Tymmentill leaues, Planten roote,

Cotula, Bupthalmus,

Chysanthemum, Chysanthemum seed,

Boiy, Bazell, or drunke.

Rolemery, Dulcamara,

Dober, Cetrach,

Succozy iuice, Souchus,

Bay roote, Frangula,

Maruen leaues drunke in old wine, one dram & halfe, xl. dayes.

Dysganum boyled, and the patient bathed.

Libanotis seeds decoct with Pepper, taken.

Lacercipium taken with dyed figges.

Alcakenji fruit eaten.

Garden madder roote decoct in Orimell, drunke.

Carret rootes in powder with homed water, drunke.

Grifimon seeds mingled with homed water, drunke.

Squilla roasted and prepared, taken.

Red Rose iuice drunke. Frangula decoct and drunke.

For the launders and yellow sought.

Common Wormewood infused,

Chamepitis leaues infused,

Celidony boyled in wine with Annis seeds,

Saffron flowers with homed water,

Comza leaues and flowers decoct,

Euphrase boyled in wine,

Hempseed stamped in wyne,

Wode flaxe decoct, Bugle decoct,

Consolida boyled in water,

Calamynt and homed water,

For

For the Pyles.

Roſe ſet Lees in a Dock leafe, or a paper, ſtamp them, & put to them May butter, and mix them well, and it will be a ſalue, and when the Pyles war angry, lay that warme to it: you muſt take the Lees greens and white, the barbes cut: and when this medicine hath done it well, waſh the griefe with womans milke.

To ſtay the bleeding of Pyles.

Drinke ſalce of Myſſefolly, which is approued good.

Apply powder of burnt Garlick, & the Pyles will dye.

Take oyle of Roſes, Franckincence, & hony, make therof an oyntment, & put it into the Fundament with thy finger, and put therein myrrh, and let the ſume thereof go vp into the Fundament.

Bynd blacke wooll and blacke ſoape to the griefe.

For the blacke laundis.

Take wheat ſtraw, and ſtrawe it abroad on the floore in a cloſe houſe, and put in Geſe, and watch them when they dung: take it vp whole, and with a knife ſcrape off the white that is about the dung, till you haue a good quantity: then dry it in an oven, make it into powder, and drinke thereof in Ale at mozne and even.

Take the gall of a Rauen, dry it, and make it in powder, take a quantity thereof in a ſpoone, temper it with Ware or Ale together, and drinke it faſting.

For yellow laundis.

Take a big Apple, cut off the top as a couer, take out the coze, and put into it ſome ſweet Butter, and a good deale of Turmerick, and a pretty quantity of Engliſh Saffron, roſte it very tenderly, and let the ſick eat of it thre or foure moznings or oftner together.

For the Yex or Hicker.

Take bark of a Pomegranat tree, Senny, Blanten, Parts touny, Parcely, Beane meale, 3. ounces, Saffron, make it in powder, and giue it the patient to drinke dayly faſting.

Take dyn of a mayd child, Cowe dung, and Cowe graſſe, temper them together, and let the patient drinke thereof nyne dayes together.

For

For the launders and yellow sought.

Small Centoꝝ decoct, — }
 Solubzed rote decoct, } dzunke.
 Black Eleboꝝ boyled in water with Rue,
 and Egrimony, oz bastard Eupatoꝝ,
 Scamony twice dyed, fixe wheate cornes wayght with Dzache
 seeds and homed water, taken.
 Shæps Soxrell decoct and dzunke.
 Kneeholme decoct and dzunke.
 Cassia dzawne and eaten.

For swelling and corruption of the lawes.

Saligot leanes — }
 Figges } decoct and gargarized.
 Plumtree leanes — }
 Pestick, the teeth and lawes rubbed.

For Impostumes.

Woad of the Garden, }
 Lynseed with Figs, } pund and
 Planten leanes, } layd to.
 Corula lutea, }
 Wild Cowcumer root, with parched Barly, }
 Sea-mosse, }
 Chick Pease with Barly meale and hony, }
 Lupines flower, with parched Barly meale } layd to.
 and homed water, }
 Juice of Endiue with Ceruce, — white lead, }
 Vnguentum popilion, — }

For

For the yellow Jaundes.

¶ Take Hlop, Batony, Scabios, Egrimony, holly Thistle, of
eche a bzaunch as big as both your thumbs: Borage,
Buglos, Succory, Endive, Soxet, Junitory, Planten, Violet
leaves, of eche a quarter of a handful, & peremynts flus crops,
Mercury leaves, water-Cresses, Celidony, of ech halfe a hand-
full, Raisins of the Sunne stoned, halfe a handfull, Damaske
Rozines stoned leuen sponesfuls, of Barley coynes knocked &
cleane washed, 3. sponesfuls, of Licoris scraped & thin sliced two
sponesfuls, of water thre pintes: boyle all to the thirde part wa-
sted: straine it, and put to it Bembros halfe an ounce, Synga-
mom the wayght of eight pence bruised: then seethe it a little,
and strayne it againe, and give the sick to drinke of it first and
last, a draught blood warme.

D. K.

Adidem.

¶ Take Turmericke, and the inner barke of Wiperich tree, of
eche an ounce, make it in powder, & eat it in potage every
morning and supper: and take Celidony water, a good draught
thre houres after supper.

For blacke Jaundes.

¶ Take Aloes, Epattike, Azarum, Annis seeds, Syynamom,
Comyn seeds, Hemp seeds, Licoris, Enula campana root,
Bzome seed, of eche one ounce, make it in powder, and eate it
in potage.

For iaw-fallen, mould-fallen, or rooffe-fallen.

¶ Rost a handfull of Chickweed in ymbers, and apply it to
the bone of the necke, and apply sovre leafe of Wheate
bread to the mould of the head ix. houres, to rayse it.

¶

For

For Impostumes about the priuy members or genitors
of men or women.

Sherewort greene stamped, layd to.

Whyte Lilly rote mingled with vinegar, or the leaues of
Benbane, or Barly meale, layd to.

Will seed burned or parched, layd to the part, cureth the swell-
ling lumps and rifts of the same, and of the fundament.

Will hearbe made into ashes, strowed on the shere or priuy
parts, cureth moyst blcers.

Astrolochia rotunda mixt with Treos, and bathe the grieke.

Calingale in powder, strowed on.

Aloes in powder strowed on, cureth the blcers of the priuy
members and fundament.

Wall-wort leaues and new buds, pund and layd to.

Beane meale layd to.

Endiue or Succory greene leaues pund,

Lettice greene leaues pund,

Souchus iuice,

Crismon seed mingled with hony and water,

Yellow Asfool roots, boyled in wine lees,

Agnus castus leaues with Butter,

Plane tree young leaues decoct,

Spittle leaues and fruit, with Tarre & Mase,

Plumtree leaues pund,

Fennell boyled in wine,

layd to.

For to soften Impostumes about the fundament.

Violets stamped with Barly meale,

Roots of Iris mingled with hony,

Blacke Horehound pund,

Will seed burned or parched,

Libanotus leaues pund,

Helilot, a Quince, and oyle of Roses,

Helilot by it selfe decoct in swet wine,

Liquid Rozen with Nutmegs and Sugar,

applied, or
layd to.

For the Ape gall.

¶ Burne a cleane linnen cloth to ashes, and meddell it with oyle of egges, and apply it virgæ.

¶ Burne Clay to ashes, and lay to the griese, and wzap a linnen cloth virgæ.

For swelling of the P.

¶ Take iuice of Moxell, Lynsed and Barrowes greace, fry them, and lay to hote.

¶ Take foure Higgses and Datesmeale meddled with oyle Olive, and lay to.

¶ Take Lynsed in powder, thicke boyled in womans milke, and lay it all about the Part.

For scalding of the P.

¶ Take herbe Robert, herbe Walter, Buglos, Ruens, Cgri-mony, Sanicle, Petymozell, Sengraue, Dimpernel, Vē-bane, red Pettles, of eche a handfull, Maybied, Maydchappe, Hemp, Dypin, Ribwort, Byier tops, of eche a quarter of a handfull, wash and stamp them well, and do thereto a quart of good May butter clarified, stamp all together: then put them into an earthen pan, and crush them well with thy hands, that it be not hollow: then couer it well, and let it stand ix. dayes and ix. nights: then worke it, fry it well, and stamp it to an oymntment, and anoynt the griese. It will heale the scalding, or any wound that is cureable, on warrantise.

For scalding of a womans priuity.

¶ Take herbe Robert, Rue, of eche a handfull, stampe them in a moxter, put thereto honny, and fry them, make a playster, and apply it as hote as may be to the Fundament.

For Satirisis, or rising of the Yard.

¶ Eate seeds of Agnus Castus, or boyle it in wine, and plaster it to the reynes and secret parts.

¶ Boyle Comyn with wine or water, and drinke it, or apply it to the griese.

¶ Stamp water-Lilly, and apply it.

To breake hard Impostunes, or swelling Vicers.

Narcissus roots mingled with Nettle seeds & vinegar, layd to.

White Bzionyrote pund with oyle,

Barley meale boyled in homed water, with
Figges,

Suray meale with Pigeons dung and oyle of
Lynseed boyled and applyed to,

Fenigreek meale boyled in homed water,

New Figs with wheate meale, with Lynseed

Fennigreek and rootes of Lillyes,

For inward inflamations.

PAnnces flowers with the herbe and plant boyled,

Wood Sage boyled in wine or water,

For hote inflamations.

Hounds toung boyled in water or wine

Camilago greene leaues pund with hony

Pennywort on the wall, pund

Knott-grasse greene leaues, pund

Singrene alone, or with barley meale, pund

Warden greene leaues, pund

Advers toung incorporate with Swines greace

Wimpernell greene leaues pund

Willifolli leaues pund

Comfrey with the leaues of Groundsell, pund

Wolets bruised with Barly meale

Trifoly leaues sod in oyle

Cane reed greene tender leaues stamped

Cardus Benedictus, pund

Drache greene bruised

White Beete leaues bruised and boyled,

Colewort iuice alone, or with parched barly meale

Endive and Siccozy greene leaues, pund

Acatia iuice, Rhamuns iuice,

Date tree leaues and bzaunches, pund

Red Cowberries chawed and holden in the mouth.

For

To cleanse the lungs and brest.

¶ Flowers of Heartsease, or Pannices, boyled with the herbe or plant, and drunk, cleanse the lungs and brest, and is good against Fevers and inflammations.

Vnguentum Album Camphoratum.

¶ Take oyle of Roses halfe a pound, sweet beale suet fryed, thre ounces, white Wax one pound, set it on a soft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd egges, beaten with Rose water, labour these in a mortar, and then put in the Camphire, fine brought powder, one dram, the space of two houres: then put it in a gally pot.

This mitigateth payne, and quencheth all hote cause.

For ache of ioynes that haue bene broken.

The great Burre roote, one dram pound with Pyne apple kernels, layd to.

Flebane seede mingled with oyle of Roses and vinegar, or water, playster-wise layd to.

Dead Nettles pound and layd to.

For parts being out of ioyn.

Seduced roote boyled in broth, and eaten.

Canerode, or Spere roote, pound and layd to.

For itch of scruineffe.

Holop decoct, and bathe the itch.

Stauesagresed mingled with oyle, and anoynted.

Sony leaues decoct with a Chicken broth, or with Perry, made with Pearce, or some other good liquoz, drinke.

Wyony fruite anoynted.

Sheeps Sorrell broth boyled in vinegar, applyed.

Lampsauna brysed and layd to.

For hollow kybes.

Pole reede cotton applyed.

For

For the scurvy itch.

¶ Boyle Rosemary and Helondine, of echs one handfull in halfe a pynnt of viniger, strayne it, and put to it a quantity of white Coperois, whilst it is hote, & wash often with it.

¶ Use salt with oyle and viniger.

Boyle small Chickweede with salt in water, and wash often the scurvy itch.

Wormes in hands and feete.

¶ Boyle the iuice of Wormewood in May Butter, and red Dockes, and make it to a salve, and anoynt the griesse.

¶ Wash the hands with iuice of { Rue, ——— } Rue wa-
{ Pettymozrell, } ter and
{ or Apples, — } salt.

For the Kings Euill.

Rtē leaves mingled with wine and Pepper, Allome and Honey, oz pund with swynes greace, and applyed.

Coxlander greene with Beane meale, pund }

Lacerpitium roots pund with oyle }

Beupleros pund with salt and oyle. }

Saligot leaves pund }

Aperine leaves pund with swynes greace } and layd to.

Groundsell with salt, pund }

Indian Pepper with honey, pund }

Pepper pund with pitch }

Figtree leaves pund _____ }

Squilla leaves layd to foure dayes.

Shops Dorell roots hanged about the necke.

For Vicers of Kidneyes.

Santle decoct in wine oz water, drinke.

Lordillon iuice, one dram boyled with wine, drinke.

Mallows raw leaves eaten in sallade, oz with salt.

Rozen of Appre tree, halfe an ounce taken in.

For

To dissolve scriphules or kernels.

¶ Take Mustard seed, Nettles seed, Spumam Maris, Astrologie, Annomacum, olive Oyle and Wine, make a playster and apply it.

For

For stopping and payne of the kidneyes.

VEronica decoct
 Impernell decoct in wine
 Rode Flaxe decoct
 Planten rootes and seede decoct in wine
 Hozetagle decoct in wine
 Devils Bit decoct
 Fennell herbe, rose and seede decoct
 Betony decoct Cuscuta decoct in wine
 Hops decoct Melilot boyled in wine
 Sea-bull boyled in wine
 Garden madder boyled in homed water
 Tragagant steeped in wine
 Carret roots in powder with homed water
 Barcely roots decoct
 Water Cresses decoct
 Shepherdes decoct
 Cassia in decoction of Lycoris, Barcely rootes,
 or Chiches
 Fruit of Juniper decoct in homed water or wine
 Dencdanū root by it self, or with bitter Almonds,
 Sheepes Chiches
 Purcelane in Salade Bulba Castanea
 Petroelinum Macedonicum seed
 Smyrneum seed
 Olive tree fruite
 Bitter Almonds
 Figges before meate
 Putnigs steeped in oyle of sweet Almonds.
 Agarick one dram
 Rozen of Turpentine tree

and drinke.

taken and
eaten.

For to drive away Gnats.

Yellow Lysimachus, dayed and perfumed.
 For lamenesse.

Take Euphorbium, and twelve times so much oyle, and a lit-
 tle wax, a lay it to ache of ioynts, palsey, lamenesse, cramps,
 thinking of sinewes, and against all aches, and paynes of
 the same.

For

For swelling and ache in the knees.

¶ Take Wormwood, Carmony, and Marven, Louege, herb
Bennit, Petty mozell, and Rue, of eche a like much,
stamp them and fry them with two parts of fresh Butter, and
one part of white wine, make a playster, and as hote as may be
suffred, apply it to the payne.

Payne in the knees.

¶ Take Rue and Louege, stampe them, and meddle them
with hony, fry them, and lay to the knees as hote as may
be suffred two or thyece times.

For

Rams little Dodeon.

For to stop the Laske.

Bristle roote in wine,
 Peruincle in wine,
 Egrimony seede in wine,
 Hypericen with his flowers and seeds in wine,
 Shepherds purse,
 Tozmentill roote in powder in wine,
 Strawberry plants in wine,
 Wilde Ransey, Horsefayle,
 Flebane seede, parched and bruised,
 Flax weed oꝝ sophia, in wine oꝝ Smiths water,
 Parrow, Flower gentle,
 White water-Lilly roote oꝝ seede,
 Hiacyntus Orientalis,
 Fly Dychis rootes, Wild Bazell, } decoct in wine
 Garden Rue leaves, Annis seede, } and drunke,
 Cozlander seed parched, Daucus roote,
 Harts tongue, Mistle,
 Blacke Poppyseeds, Hannik seeds,
 Lentils & second decoction, the first cast away,
 Pease earth Put, Hares foote,
 Common Rush seed parched,
 Dock seed and Sorrell,
 Great Condzilla iusee,
 Roses yello w seeds,
 Castus flowers,
 Lotus wood shavings,
 Oke leaves, barke, and Acorne cups,
 Pyne apple scales,
 Swines Crestes rosted in ymbers, eaten.
 Annis seeds taken any wayes.
 Rubarbe taken by discretion.
 Endive and Succory boyled and eaten with viniger.
 Porcelayne seeds taken in,
 Parth Mallows, greene seed oꝝ dyed, pund and drunke.
 Sherit roots iusee drunke with Goats milke.
 Rayson kernels both drunke.
 Unripe grapes flower, & unripe fruit of the wild grape, taken.
 For

For costinenesse.

¶ Make a Subpository with hony.

¶ Take Hony, Sops, and the flowre of wheate, & the lute of the root of Wallwort, seethe them together, make a playster, and lay it on the wombe, and it wil procure a speedy issue.

¶ Take Pallowes and Mercury, and boyle them with a piece of porke, make pottage thereof, and eat well thereof, and drinke white wyne to it.

¶ Take a piece of porke enterlarded, and boyle it well in water: then take the broth up in a dish, & cole it, till it be milke warme: then take Mercury, Violet leaues, Bozage, & Quens, a like much, make wozts with that porke and broth, and eate thereof a quantity; and in the middle of your eating, take a quantity of stale Ale, and meddle it with the sayd broth, and drinke it in the middle of the pottage, &c. and vse this.

An easy Laske for digestion.

¶ Take two penny waight Electuarij Rosarum, and eate it or drinke it with Ale or Wyne, and it shall procure easy Laske. It is tolerable for a woman with child.

To stop

For to stop the Laske,

Great Tamarisk the fruite taken,
 Barberies the fruite
 Acacia the iuice
 White Thorne the fruite
 Licium taken in,
 Pomegranat seeds dyed in the Sun,
 Quinces
 Almonds befoze meat,
 Solwe rough choke Beares
 Wild Plummes iuice
 Black solwe Cherries
 Coznell fruite
 Solwe Apples gathered befoze they bee
 ripe, dyed in the Sun,
 The apples or galls taken any wayes.
 Ciprus fruit, or decoction thereof taken.

eaten.

To stop the Lask, comming of chol-
 lerick humours.

Red Cowberries eaten.

For to heale legges or armes broken.

Elmo leaues, the b20tb, or the bark or roote, to bathe
 the legs or armes broken.

For sores that runne in the legges.

Pond weed, or water Spike, pund with water and
 vinegar, applyed.

For

To stop the Laske.

¶ Take an Egge, and Aqua composita, boyle it with the Egge till it be drye, then eate it with Symplicum and Sugar.

¶ Boyle Starch in milke and Sugar to pap, and giue it the patient.

For a sore thynne.

¶ Take Diamond, Bugle, Planten and Betony, Hampe it well, and meddle it with Beane meale, hony and oyle, boyle it well, and vie it till it be whole.

For

For the Litargy or sleeping sickness.

R The iuice with viniger giuen to smell vnto.
 Pencedanum roote giuen to smell vnto.
 Cuphorbium mingled with oyle, Graked and layd to
 the Temples.
 Senny made in plaister with Figs, layd to the head.

For the Lazer and Lepry.

C Alamint boyled in wine and drunke, and the same eaten,
 and to drinke whay of sweet milke after it.
 Lithemall root boyled in viniger, applyed.
 Bryony fruit applyed.
 Vitis alba, or Clematis leaues layd vpon.
 Turay meale with sulphur and viniger, applyed.
 Senny mingled with viniger, applyed.
 Garlick pund with oyle and salt, layd to.
 Figges milky iuice with Barly meale parched, applyed.
 Digne tree leaues pund with viniger, layd to.

For

For Lazer and Lepry.

- 1 A Catia being grūod with viniger, abateth pūshes of y^e lepry.
- 2 Ashes of the bark of Ash mixed with water, and anoynt the Lepry.
- 3 Playsters made with Barley meale applyed, profiteth the scurfe and Lepry.
- 4 Bryony fruit good against itch, lepry, and naughty scab.
- 5 To preserve thee from lepry, chew Calamint fasting, and hold it in thy mouth, and it profiteth.
- 6 Let Lazers and Lepers eate of Calamint, and drinke it in whey of sweet milke.
- 7 Stamp Helondine with viniger, and apply it.
- 8 Mixe thre parts of the iuice with two parts of viniger, and anoynt the scurfe.
- 9 Darnell with Bismōne and viniger applyed, cureth.
- 10 Black Elleboze stamped with viniger, applyed.
- 11 White Elleboze boyled in wine, with Louage & Fennell, and wash the grieve.
- 12 Boyle Elder leaues in strong wine, and bathe.
- 13 Elme greene leaues stamped with viniger, anoynted, helpeth greatly.
- 14 Figs milky iuice anoynted, cureth, and the same applyed with the yolke of an Egge, helpeth.
- 15 Veronica, or fluellen stamped and applyed, profiteth.
- 16 Mixe ashes of Garlick with hony and May butter, and anoynt: or anoynt with the iuice therof, or stamp it with oyle and salt, and apply it.

Lippe salve.

¶ Take Rosemary flowers, Sallet oyle, Rose water, unwrought ware, brusse the buds, and boyle them all together, but very little, for feare of burning black, and vse it.

For lice and nits in the body and apparrell.

Golden Stechas boyled in lye, and the hayze washed.
Gumme of Iuy killeth them.

Wates broth, wash the head with it.

Willde Passerag boyled in lye, and wash the head.

Garlick decoct with Orygan and wine drunke, killeth them.

Stecas, alias Philago, boyled in wyne and washed.

To driue them from the head and body.

Orygan decoct in wine, drunke.

Stanasagre mingled with oyle, and anoyated.

Tamarisk with the buds and tendzels decoct, and wash them.

Ceder decoct, the liquoz anoyated.

To strengthen the Liver.

A Grimony decoct in wine, —————

White Horehound iuice, —————

Pentaphilon iuice, —————

Scabull made in powder, —————

Woodzoue put in wine, —————

Each fruite put in wine, —————

Roses iuice, or decoction, —————

Phistick Puts eaten.

} drunke.

For

For lice and nits in the body and apparrell.

¶ **A** Pre the Shirt ouer Quickſiluer burnt vpon coales.

¶ **S**rew Poſeumys in your chamber.

¶ **T**ake Iuice of Rue, and anoynt your body with it.

¶ **T**ake Cozt, boyle it in water, and ſprinkle the houſe with it.

To drine away lice.

¶ **T**ake Quickſiluer, i. ounce, Barifrage, ſix ounces, Barrowes greace ſix ounces, meddle them together, & anoynt therewith the armeholes, and the Pauell, the bredth of a penny, and they ſhall goe away: or anoynt the with iuice of Rue,

For ſcabs and lice.

¶ **T**ake Quickſiluer, and ſlay it with faſting ſpittle, i. ounce, meddle them with the white of an Egge, and do it on a woollen clout, and gird it about thy naked middle, ſhaped like a girdle, and then couer it with a linnen cloth, and gird it as aforeſayd, and weare it ix. dayes, and it ſhall ſlay all.

For the conſumption of the Liuer.

¶ **T**ake a pottle of Wlozt, not Strong, Maydenhaire one handſul, Liuerwort one handſul, Harts tong ix. leaues, parſely roots one handſul, fennell roots halfe a handſul, the pith of both roots taken out: byrſe the roots a little, waſh them & boyle them to halfe, or thre pynts: immediately after the firſt boyling put to it Saunders one ounce, and when it is almoſt ſod, put in a quantity of Canell byrſed: then ſtrayne it through an Apocras bag ſoftly, and let the patient drinke thereof euery morning ſixe or ſixe ſpoonefuls, one houre befoze repaſt, and as much as night befoze reſt.

For inflammation of the Liuer.

Rōmane Mozuelwood,

Baffard Cgrimony

Hepatica

Scorbium,

Small Daylies

Violets

Liuerwort

} decoct in wine and drunke.

Weymozell grēn leaues pund & layd to out wardly,

Whortels black stelled, — Whortell berries,

Goleberries greene with meats,

Licozis roote,

Pomegranat iulce,

} eaten.

For stopping of the Liuer.

Camepittis steeped in wyne.

Chelubny roote decoct with Annis seeds in white wine.

Flowers of Saffron with homed water.

Wimpernell decoct in wine,

Cgrimony decoct,

Wemples stamped in wine,

Ofris, — Lode flare decoct,

Cozmientill leaues and roots decoct,

Planten root & seed decoct in white wine,

Wagle, } decoct in wyne,

Auens, }

Sarisens consound decoct in water,

Sage decoct in water,

White Horehound decoct in water,

Stecados flowers decoct,

Fennell, herbe, seed and roote decoct,

Betony decoct,

Centauri maius the roote decoct,

Rubarbe in fales by discretion,

Wiony roote dyed,

Elebozpe decoct in wine,

Solwyed rof dyed, taken with wyne and Widozomell.

For

A playster to coole the Liuer.

¶ Take a piece of scarlet, cut it like a liuer, the iulce of May
rell, as much vinegar, and a little Rosewater, the powder
of saunders: boyle all together, and lay it hote to the place of
the liuer.

For to restore the Liuer.

¶ Take a quantity of wild Tansey, stampe it, and drinke it
with wyne or ale, ix, dayes or more.

¶ 3

For

Rams little Dodecon.

For stopping of the Liuer.

Seeny leanes prepared, decoct, —
Dulcamara decoct,

Hoppes,

Capillus Veneris,

Liverwort,

Horned Ropy rote decoct in water to halfe,

Lapines with Rus and Pepper in wine,

Succory iulce,

Carot rites in powder with horned water,

Parcely decoct,

Shepherds Peeble decoct in wine,

Asperagus by it selfe, or with chiche pease,

decoct,

Juice of red Rofes,

Wonne leanes, crops and bzaunches decoct,

Agnus Castus seedes,

Beach tree leanes decoct,

Gulbery tree rote barke decoct,

Wild Ash leanes decoct,

Fruit of Juniper decoct in Wyne or Hy,

ozonell, —

Cetrach taken with vinegar forty dayes, —

Chiches Beetes

Hamperre in Salade

Parcely Dried Rayfins

Cayres in Salade

Bitter Almonds

Nutmegs

Wyne tree fruite

Agarick

Rosen of Turpentine tree —

For payne of the loynes.

B Aglos rote hoyled in wyne, drunke.

To increase loue.

Walde Carot roots taken any wayes.

drunke.

eaten.

For

For to increase love,

Eate the roots of Carens.

A water

24

For inflammation of the Lungs.

Ethiopsis roote decoct or confect, & often licked in with hony,
 Syzop of Violets eaten.

Pulmonaria made in powder, and drunke, — Des-mosse.
 Bitter Almonds eaten.

For to cleanse the Lungs.

Panaces herbe and flowers decoct, drunke.

Botrus, — Oke of Jerusalem boyled in wine, drunke.
 Iris rotes new gathered, with Sugar or Hony,

Penny royall with hony

Algan with hony licked in,

Sarcacoll one dram taken,

Licozis roote

} eaten.

For roughnesse of the Lungs.

Figges eaten.

Julubes in Elecuary or Syzop, eaten.

Gumme of the wild Cherry tre in wine, drunke.

For drynesse and harme of the Lungs.

Veronica water with wine distilled, and often drawn, untill
 it be red of colour, drunke, —

Munularia

Sinkfoyle tender roote iulce,

Tozmentill roote

Scabios herbe or roote,

Black Holyn with his pleasant flowers,

Sanicle leaues & root decoct in water & hony,

Comphay rotes,

Rue

Stecados

} decoct in wine
and drunke.

Ethiopsis roote confect with hony, often licked,

Garden Parcenep rotes

Rayfins dried,

Licozis rotes

Beche kernels

Bitter Almonds

Figges

Sebeftenes

} eaten.

Fistick Nuts

Wyne Nut kernels

Turpentine in Elecuary with hony, taken.

For

A water to cleanse the lungs and stomake.

¶ Take new Ale out of the fat, one gallon, a good quantity of Licoris cleane scraped and shayed, as much Annis seeds, as much Fennell seeds, as much Coriander seeds dized, Cento-ry one handfull: lay them in to keepe xxiiij. houres in the Ale, Still it and drinke of it, foure spoonfulls every morning fasting.

A maruylous and precious water.

¶ Take Galingale, Cloues, Quibites, Ginger, Melilot, Cardamomum, Pace, Nutmegs, of eche one dram, the iuice of Celidony halfe a pynt: mixe all these made in powder with the iuice, and a pynt of good Aqua vitæ, & thre pynts of good white wyne: put all together in a Stillitory of glasse, and let it stand all night, and in the morning Still it with an easy fire as can be.

It is of a secret vertue.

It dissolueth the swelling of the lungs, without grienance.

If the lungs be wound or perished, it mightily comforteth them, and suffreth not the blood to putrefy. He that useth this water, shall not need to be let blood.

It suffreth not the heart to be burnt, nor melancholy, nor flegme to be lifted vp, or to haue dominion above nature.

It expelleth the Rheume, profiteth the stomake, and conserueth a good colour, and youth in his estate: it also conserueth the visage and memozy.

It destroyeth the Palsey of the toung and lymmes.

If one spoonfull be giuen to one labouring at the poyn-
t of death, it reuiueth.

Of all waters artificall, it is the best.

In the Summer vse one spoonfull once a weeke fasting, and in the Winter two spoonfulls.

For

For to take away marks, comming by stripes of
beating.

I Hop decoct and washed.

Margerom dyed, mingled with hony,

Organum mingled with hony and oyle,

Calampt boyled in wyne often washed,

Rue roote in powder mingled with hony,

Fennell roots pund with hony,

Ameos pund with hony,

Acerpitium roots pund with hony,

Aloes Citrine with hony,

Tupia, the barke of the roote with **F**ranchin

cence and ware,

White **B**lony roote with wine pund,

Vitis **S**iluestris fruit,

Dulcamara decoct,

Colewort leaves with parched **B**arley pund,

Cenury mingled with hony and new greace,

Rocket seed pund with hony,

Carlick pund,

Water **P**epper leaves and seed pund,

Oyle of **B**ay anoynted.

Oyle of **P**uts anoynted.

For to take away marks with hote Irons.

L Zuerwort pund and layd to.

For to take away marks of small
Poxe.

S Dwyed roote stamped and layd to.

For to mundify the Matrix.

L Akerpitium leanes boyled in wyne,

Astrolochia longa with **P**epper and **S**pyrb,

Piony rootes dyed, as much as a **B**eane, with

homed water,

Lawrell of **A**lexandria decoct in wine,

hynke.

For

For the Marmoll, or Malum moreuum.

If it is an infirmity about the shynnes and armes, which is called Malum moreuum: they be old wan sores, little matter growing therein.

Otherwhile it cometh of melancholy, mixed with Salceplen: if it come of melancholy, it is sene by black pustels without itching. If salceplen be mixed therewith, the place waxeth wan with itchy and biting.

If it be cleane melancholy, let the matter bee digested with Drimel, Squilliticum, and Sirupus de Fumitory, of eche a like.

If salceplen be mixed therewith, let the matter bee digested with 2. parts of Drimel, & the 3. part of Exsaccary, and the 4. part of Syrop of Fumitory: & let it be purged with 2. parts of Iera ligridion, and the 3. part of Iera Rufini, and the 4. part of Catarticum Imperiale, and let it be tempered with Barly water, and give it in the morning.

The next day after be there made a Stuphe, of Calampyt, Origanum, Rine, Mints, Horehound, Bay leaves, and all kind of March Treases, Scabios, Fumitory, Specula forida.

And going out of the Stuphe, give the patient Ertaele, with iuice of Fumitory hote to drinke it, if it be cleane melancholy.

And if it be of Flegme meddled, put thereto a good part of Rubea Troiscata.

If it be an vniversal Malum moreuum, let him blood of the veyne Hepatike.

And if it be about the shynnes, thighs, or armes, let him blood on the veyne Sephone, with in and without a little, and otherwhyles bee there put to Mentoures, vpon the raynes. And if he be too colde, and that hee be, purge him before inundation with Carricum Imperiale, or with a Clyster is moze convenient.

Remember, that at what time the cure is to be done, the patient must bee kept from colde, as a woman lying in child-bed, Winter and Summer, with fire in the chamber.

For to closevp the Matrix.

Sage eaten.

Lentisk leaues and barke, boyled and drunke.

For windynesse of the Matrix.

Corn receyued at the place conuenient, by glyster, pessary, or playster.

Agnus Castus seeds drunke.

For blasting and windynesse of the matrix,

or mother.

Geranium Tuberosum, the rote taken in wine.

Pulegium decoct, and sit over the fume of it.

Peppos, the herbe and seede kept in byrne and eaten.

For the payne of the matrix or mother.

Athylis mingled with milke and oyle of Roses, layd to the belly outwardly.

Fenerfe boyled, and to sit over the fume and bathe it.

Peruincle with oyle of Roses and milke, a pessary.

Comza decoct, and sit over the fume on a close stole.

Wynseed boyled and glystered.

Warten leaues pund with Swines greace, or oyle of Roses, layd to.

Betony leaues dreyed, and drunke with homed water.

Rubarb taken by discretion.

Winton rote decoct, and sit over and bathe it.

Oyle of Balsamum applyed.

Henbane greene iuice with Collitres conuenient, applyed.

Dryed Roses boyled in wine, enoynted and layd to.

Putmegs taken in wyne.

For

For wind passing by the Matrix.

¶ Take Rue, Pennyroyall, Camomill, of eche a handfull, chop them as great as worts, bruiſe Fennel ſeeds, Annis ſeeds, Comyn ſeeds, & mixe them: then fry them with viniger, and make bags, and put the ſame in them, and lay to her ſide, as hote as may be ſuffred; when one is cold, lay to another.

Or take flowers of Camomill, Millet, Bugwort, Flop, Sage, Fennerfew, Maywards, Bay leaves, & Horehound, of eche halfe a handfull, Annis ſeeds, Fennel, and Caraway ſeeds, Bay berries, & Comyn ſeeds, of eche an ounce: bruiſe the herbe and put all together, boyle them all in a ſufficient quantity of running water, and halfe as much white wyne: Strayne the herbs, and put them in a bagge, and apply them to the payned place: or elſe wet a ſpunge in the liquoz, and warme lay it to the griefe.

For a woman laboring with child, and that wanteth
her throwes at her deliuerance.

¶ Take Sinnamon, Saffron, & the barke of Caſſia fiſtula, of eche a like much, make it in powder, and giue her foure penny wayght thereof to drinke in white wyne or Palmeley, blood warme v. or vi. ſpoonefulls.

De

For to resettle the matrix in the naturall place,
being moued.

CEnlios seede with wyne, —
Pannax seede with wine, — } drunke.
Double tong leaues decoct,
Acacia with red wyne,
Quinces decoct and bathe therewith.
Oke apples decoct, and sit ouer it.
Mustick taken in.

For suffocation and strangling of the matrix.

Bitter Bar in powder with wine, —
Pannax seeds with Ruyne wood, — } drunke.
Piony seeds rb. oz xbi. in wine oz meade
Black Bziony decoct in wine, — }
Cotula foetida boyled, and wash her scate.
Will decoct, and sit ouer the same thereof.
Pencedamum iuice — Allafetida — } smelt to.
Gumme Sagapenum —
Scaeanum perfume taken in place conuenient.
Mustard seede snuffed into the nose.
Wild Carot seads in wine, drunke.

For stopping, or hardnesse of the matrix.

Fenerfew boyled in wine, layd to the pannel.
White Lilly roots roasted oz pūd with oyle of Roses, applied.
White Horehound decoct in wine, — }
Astrolochia longa with Pepper & Myrrh, — } drunke.
Small Centsy, —
Cypres rootes boyled and bathed warme.
Wall-wort leaues, buds and roots decoct, & the perfume taken.
Ruy leaues boyled in vinegar, applied.
Fennigreek decoct in bath, sit ouer it.
Rozmentill leaues and flowers, decoct in wine, drunke.
Poly rote by pessary applied.
Leekes decoct, and bathe with it.
Labanum by pessary applied.
Agnus Castus decoct, and sit ouer in bath.
Lekes decoct in sea water, and bathe with it.

De virga virili swollen.

¶ Take Mallowes and Violets, boyle them in conduit water, and wash the grieve.

For scalding virge.

¶ Boyle Mallowes in water, beat them in a mortar, fry them with oyle or May butter: then take a red Cole leafe, and lay it thereon, and wrap the soze therein, and make a hole of the leafe ad ingendum, & sanabitur gratia Dei.

For the yard blorized.

¶ Dry Barch leaues on a tyle, and make powder thereof, which powder will heale the Blaynes, and consumeth the Quitter: but the powder should not bee strowed so; the Quiter.

For

For hote hard Impostumes of the Matrix,
or Mother.

Wallflowers dyed and decoct in water, dzunk: and the grief
soured: bathed in it.

Asclepias leaues pund and layd to.

Oyle of Balsamum conueyed in by Instrument.

Pelilot boyled in sweet wyne, or with the yolke of an Egge ro-
sted, or meale of Fennigraike, or of Lynsaide, or with fine
flower of meale, or with Cicory layd to.

Porcelane twice put in by discretion.

Mallo w leaues decoct and bathe it.

Barth Malloves pund with Swines greace, or gorse greace,
or Turpentine applyed by pessary.

Agnus Castus boyled and fumigated by sitting ouer it.

Pitch liqurd layd to with Barly meale.

For rising of the Matrix.

Stinking Motherwort to smell of it, or to lay of it to the
Pauell.

For to helpe Melancholy.

Borage leaues and flowers put in wine, ———

Etme in powder 3. dzams with hemed water, } dzunke.

Walme in wyne, ———

Dozmentill rote and leaues in powder, knodden with the
white of an Egge, eaten.

Wazell taken in wine, and often smelled to.

For memberstaken dead or benum'd.

Agnus Castus mingled with oyle and oyntments, made to
beate, mollify and heale.

For

For a woman whose child is fallen too lowe,
to rayse it,

¶ Take a red Cow till the dung, then take that dung, and
hony, and boyle them together, and lay it very hote to the
upper side of her Panell, till she be well.

Against melancholy, an electuary.

¶ Take Boyage flowers, and Englos flowers alike by dis-
cretion, not exceeding halfe a pound; steep them in as
much Claret wine as will moyst them: then beate them in a
marble mortar very small, put to it like waight of Sugar
finely beaten, lace, poate al together: put it in a gally pot, and
reserve it to vse, the quantity of a Chestnut at any time when
the melancholy palls troubleth you. It is good against drought,
heauinesse of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ Take Senny cleane picked, one dram, Cypshiny, Stras-
bolinde, Hermodactili albi, of eche halfe a dram: make all
into fine powder, and adde to it powder of Ginger and Synna-
mon, of eche halfe a dram, make all into powder: then take a
fayre apple, cut off the cap, take out the core, then put it all into
the apple: then set a fyle vpon hote ymbers, and roll the apple,
turning it that it may be thzoughly roasted: when it is roasted,
pare off the rinde, and put the apple in white wine, and break
it in pieces, and take it early in the morning.

D. K.

D

For

For to mollify stiffe and hard members.

Agnus Castus with oyle and oylmentes made to heale,
mollify and heale.

Oyle of ripe Olives compound with good herbes.

For shrinking of any member.

Great Centoꝝy rote, two vjams with wyne, drunke.

For to warme all parts of cold members.

Agnus Castus with oyle and oylments, made to heale, mol-
lify, and heale.

For swolne members.

Plantes leanes pum and layd to.

For dislocation of members out of ioynt.

Turnesole leanes pum,

Iris roots *Pariculus* rotes

Acanthus greene,

Athes of the Wyne dissolved in oyle of *Roses*
and blisger,

} layd to.

Acacia leanes and crops decoct, and bathe with it.

For to strengthen and comfort memory.

Eye-bright dyed in powder, thre parts, and one part of *Pa-*
ces, a spoonfull drunke at morning with wyne.

Rilly Conuallly distilled water, drunke.

Rosemary flowers conserved with Sugar, eaten daily fasting.

Stecados leanes and flowers often smelled vnto.

Cardus benedictus in meat or drinke.

For to make a man to be merry.

Borage leaues and flowers put in wyne, dzunke.

Maruen steeped in water, sprinkled about the house, where
banqueting and company is.

Mynts scelled vnto, and throwed about the house.

For Meazels.

Veronica decoct and dzunke.

Saffron mingled with womans milke, layd to the eyes,
figges eaten.

To cause plenty of milke in womens breasts.

Buglos in wyne decoct and dzunke.

Milk-wort, or sea-Trifoly taken in meat or dzunk.

Fennell leaues eaten, or the seeds dzunke.

Dill crops decoct & dzunk, and the seed decoct & dzunke.

Pigella seed decoct in wyne.

Cichas eaten.

Sonchus iuice dzunke.

Lettice eaten in sallade.

Parcelane roote eaten, ———— Valminis.

Mallow seed dzunke in wyne.

Rebbit eaten.

To dry milke in womens breasts.

Hempseed applyed.

Rue eaten.

For cloddered milke in breasts.

Lentils boyled in salt sea-water, applyed.

To cause Kync to yeeld plenty of milke.

Fodder them with sparre, — Spargula, or Poligula.

For

For to open the Myle or Splene.
 White Hozebound decoct in water and drunke.

For swelling and inflammation of the Myle.
 Pensebanum sap of h̄ root eaten alone, or with bitter Almonds.
 Petymozell pund and applyed to the grieve outwardly.
 Garden Radder seede with Drimell taken.
 Wine ashes dissolved in vinegar and oyle, layd to.

For stopping of the Myle or Splene.
 It is rootes decoct and eaten.
 Lonchitis drunke, or layd upon with vinegar.
 Lupines with Rue and Pepper boyled, drunke.
 Worme leaues, braunches, and crops, decoct in wine or water,
 drunke.
 Tamarisk boyled in wyne, drunke.
 Capres roote barke with Drimell, or applyed outwardly with
 oyles and oymments conuenient.
 Bay roote barke decoct in wine, drunke.
 To diminish the Myle.
 Cresses seede eaten or drunke.

For hardnesse of the Myle.

| | | |
|--|---|---------|
| <p>Timentill with vinegar, —————</p> <p>Saris, — Rode flaxe,</p> <p>Scordion in ale or wyne,</p> <p>Leucroon decoct in wyne,</p> <p>White water-Lilly root decoct in white wine,</p> <p>Sterados alone, or with the flower decoct,</p> <p>Guy leaues boyled in wyne,</p> <p>Woder decoct in wine or water,</p> <p>Male fearne roote decoct in wyne,</p> <p>Oke ferne decoct, the roots,</p> <p>Harts foung decoct,</p> <p>Lonchitis, — Splenewort decoct,</p> <p>Cetrach leaues, — Asplenium decoct,</p> <p>Capillus Veneris decoct in wine, —————</p> | } | drunke. |
|--|---|---------|

For stopping of the Myle and Splene.

¶ Give the Patient powder of Cockle, with iuice of Worme wood.

¶ The wyne that the seide of Cockle is sodden in, and ease the powder with all meats.

¶ Drink the wine that seeds of Hony suckles of the hedge is sodden in: It maketh good digestion: It wasteth wind: It openeth the stopping of the Splene, the Keyne and bladder.

¶ 4

For

For hardnesse of the Mylea

Garden Padder roote decoct in wyne,
 Caret roots in powder with homeb water,
 Camerisk decoct in wyne,
 Pulbery roote barke decoct,
 Ash tree leaues and barke decoct,
 Maple rootes with wyne pund,
 Pettie leaues mingled with oyle and wax, layd to.
 Stinking Glabeum halfe a dram taken in.
 Penny royall mingled with viniger and hony.

ozunks.

Oppopanax
 Sagapenum Galbanum
 Amomacum in small quantity
 Nutmegs Pine nut kernels
 Rozen of Larix with viniger,
 Rozen of Turpentine,
 Shaves Sozrell pund with viniger,
 Radish roote pund with viniger,
 Cresses seedes pund with viniger,

eaten, or taken in.

layd to.

For old griefs and vlcers of the mouth.

Hounds tong boyled with h root in water or wine,
 Bistort leaues decoct, Herbe Robert decoct,
 Sinkesoyl decoct in water to the third part,
 Tozimentill roots and leaues decoct,
 Strawberry plants, Wild Tansey,
 Planten leaues, Jacea,
 Maruen leaues and roots,
 Eagle leaues, — Prunell,
 Panicle with hony,
 Wall flowers with hony,
 Bell flower in water, Camomill decoct,
 Testiculus odoratus with hony,
 Helop with figges,
 Great Valerian leaues and roots,
 Aloes and wine applyed,
 Sozrell de Boys decoct,
 Saligot leaues decoct,
 Spalage iuice,

wash the
griefe.

bathe.

For

For a sore mouth.

¶ Take white wyne a quart, Licoris a quarter of a pound, Annis seeds a quarter of a pound, Mace, a quarter of an ounce: beat all together, and put it to the wyne, and two spoonfuls of English hony, two ounces of white Stone Sugar, one ounce of Roche Allome, a quantite of Honyfuckles, as much Endive, as much Parrotte, as much Buglos, as much Succory: distill them, and use that water.

Ad idem, an excellent remedy.

¶ Take Honyfuckles, red Sage, red Rose Campions leaues, Filberd leaues, Rosemary leaues, of eche a handfull, two spoonfuls of English hony, a good quantity of Roche Allome, boyle it in running water, and wash the sore mouth.

For

For olde vlcers or gricfes of the month.
 Bitamblc young tendzels decoct and wash, —

Scatia decoct,
 Prinet leaues decoct,

Figges decoct,

Walnut shelles, or grēne barke decoct,

Olive tree leaues decoct,

Oke apples decoct,

and bathe.

For stinking of the mouth.

Herbe Robert decoct,

Strawberry plants

Conseano

Vauer grasse —

decoct, and wash or bathe.

For vlcers in childrens mouthes.

Leaues of Lynem tree decoct in water, and bathed.

To increase nature.

Moss tree fruite eaten.
 Ash tree keyes eaten.

For going out of the Nauell.

Perfoliatum pund with meale and wyne,

Flebane seede pund with viniger,

Pencedanum iuice or pulpe, —

applied.

For young childrens Nauels.

Galega fryed in oyle of Lynseede, layd to,

For olde vlcers of the mouth.

Take a quart of white wine, still it with a quarter of Licorice, a quarter of Anniseeds, halfe a quarter of an ounce of great Mace: beat all together, and put it in the wyne, with two spoonfulls of English hony, two ounces of white Stone Sugar, one ounce of Rochs Allom, a quantity of Hony suckles, as much Endive, as much Partow, as much Buglos, as much Succory, distill all together, and use the water.

To increase Nature.

Make powder of Anniseeds, Fenel, Galingale, Spike-nard, Tamarisk, Putinags, Cardamom, mixe it with wheate flower, water, and red wyne: make cakes thereof, and ease them daily for wasting of nature, nature lost, and Gomerapalsio.

For the Nauell going out.

- 1 Wash it with wyne boyled with blessed Thistle.
- 2 Mixe powder of burnt faire linnen, and of bitter Lupines, and lay it to the navell.
- 3 Flowert with viniger applyed.
- 4 Stamp saine Johns wort, and lay it to.
- 5 Thozow way stamped with meale and wyne helpeth, and the whole herbe, leaves and seede applyed, profiteth. The powder thereof helpeth the Hermaries.
- 6 Boyle Spike Celtike in oyle of Almonds, and a little Turpentyne: dip wooll in it, and apply it to the Navel, swollen after the cutting of it.

To.

For ange nayles.

White Bryony pund with wyne, applyed.

For corrupt nayles.

Small Celidony pund, ————— }
 Lynsede with Cresses and honny pund, }
 Sinketople roote boyled in vinegar, } applyed.
 Iris rootes decoct with honny, }
 Crow foot leaues and rootes pund, }
 Dry Myrtle leaues with convenient oylments of }
 salues, ————— }

For the Kings Euill.

Lynsede decoct in water, applyed.

Bell flower decoct in water.

White Porspound leaues tempered with honny.

Barly meale mingled with Ear, waxe, oyle, and the
 vyne of a child, applyed.

Benples with wine and salt pund, applyed.

To procure sneezing,

Bazell with vinegar brused, put in the nose.

For to cause the nose to bleede.

Nettle leaues pund and put into the nose.
 Zalmyn oyle put in the nose.

For to stanch nose-bleeding.

Pernaele brused, ————— }
 Yellow Lillimachus }
 Ranotgrasse brused, } put in the
 Gelle decoct in water, } nose.
 Galleon flowers pund, }
 Lake blades brused, ————— }

Nettle leaues pund with salt layd to the nose and forehead.
 Rue leaues pund, and layd to the nose outwardly.

For

To prouoke neezing.

¶ Take Nigella Romana, Labdanum, Storax, Nutmegs, of
eche a penny waight in fine powder, the roote of neezing
powder, the waight of all the rest: mixe all together, and take
as much thereof as a pinnes head at a time,

G. K.

For

For to take away stench or smell of the nose.
Her grasse, and the roote boyled in water to the third part
 consumed, and after boyled agayne with hony till it bee
 thick, especially with a little Aloes put in the nose.

To heale superfluous flesh in the nose, called
 Polipus.

Polyposy powder often put in the nose.
 Ciprus truite put in the nose.

To open the conduits of the nose;
Ice of Pimpernell snuffed into the nose.

For members taken with Palsey.
Laender flowers alone, or with Syynamom, Nut-
 megs and Cloves taken.
 Lavender water distilled, and wash the member.

For the Palsey.
Pensedanum sap with oyle of Roses and blisger,
 taken.
 Oppopanax two drams.
 Sagapenum one dram.
 Euphorbium prepared.
 Ciprus roote bect and drunke.

For

For the Palsey.

¶ Take a good quantity of Sage, put it in a coffin of paste, bake it in an oven: and when it is well baked, take the Sage forth, put it in a pot of Ale, and stop it close, and let the sick drinke thereof, and of none other drinke.

Another for the Palsey.

¶ Take Pepper one ounce, Ginger halfe an ounce, Cardamomum, long Pepper, Sinnamon, and Betwall, of each s. dram: Spikenard, Mace, & Saffron, of each half a dram, make it in powder, and drinke it with good Ipecras, or Ralmsey: and when you go to bed, wash your hands with warme water.

Ad idem, when the speech is lost.

¶ Take Ruens, one handfull, leaues and roots, wash them, and boyle them in a quart of white wine to a pint: Strain it, and drinke it three mornings.

If it be too bitter, put Sugar to it, and it will restore speech.

For

For to stay perbraking and vomiting

Bisfort boyled in water or wine, or powder of it, drunk.
 Commentill rote in powder knob with the white of an
 egge, eaten.

Running Ryme iulce, halfe an ounce with viniger, }
 Fennell herbe or seede with water, } drunk
 Vernassus grasse decoct, }

Putmegs, ----- }
 Betony with clarified hony after supper, ----- }
 Lupines long soaked in water, }
 Blacke Whortels, }
 Rohob made of Rhytes and Sugar, } eaten
 Dry Dates, }
 Cyprus frutte boyled in oyle, }
 Gallick taken in, ----- }

For perbraking and wambling of the stomake
 of women with child,

Vine young tendrils iulce taken.

For to assuage all paynes.

Balsamum leaves decoct in wyne, drunk.

Benbane seede put in playsters, layd to.

Benbane leaves alone, or with Barly meale pund, layd to,
 mingled with other playsters.

For to dissolue pestilent Carbuncles.

Lepparatozin rote by it selfe, or with the leaves, pund and
 applyed.

Appopanax layd to.

Lacerpitium with Rue water, and hony, applyed.

Lupines, the meale with viniger, or boyled in viniger, applyed.

Cardus benedictus greene herbe, pund and layd to.

For Flegmes and hote Carbuncles.

Violets pund with Barly meale, applyed.

For the Tisick, or consumption.

Betony decoct and drunk.

For

For the cause of the well
The first is to be in the bed and under
The second is to be in the bed of the well

A third is to be in the bed of the well
The fourth is to be in the bed of the well
The fifth is to be in the bed of the well

The sixth is to be in the bed of the well
The seventh is to be in the bed of the well
The eighth is to be in the bed of the well

The ninth is to be in the bed of the well
The tenth is to be in the bed of the well
The eleventh is to be in the bed of the well

The twelfth is to be in the bed of the well
The thirteenth is to be in the bed of the well
The fourteenth is to be in the bed of the well

The fifteenth is to be in the bed of the well
The sixteenth is to be in the bed of the well
The seventeenth is to be in the bed of the well

The eighteenth is to be in the bed of the well
The nineteenth is to be in the bed of the well
The twentieth is to be in the bed of the well

For

Rams little Dodeon.

For to cause one to pisse well.

Saxifrage roote in wine decoct and drunke.

Bitter Almonds taken with Muscadell or Bassard;

For the hote pisse.

A Rhills halfe a dram, Comja leaues decoct,
 Annis seedes decoct in wine,
 Cecelios seedes decoct in wyne, } drunke.
 Cetrach leaues taken with viniger, eaten.
 Hebeslenes taken in meate.

For such as cannot pisse, but by drops.

Tansy seedes with wyne, _____
 Ofris, — Rode flaxe decoct,
 Safron roote in wyne decoct,
 Margerom in white wine decoct,
 Garden Rue leaues in water decoct,
 Bredholms in wine decoct,
 Nutmegs parched, _____ } drunke.

A Preseruatiue for the Plague or Pestilence.

Angelica roote holden in the mouth.

Myrrhis bogled in wyne, drunke.

Dzenges suice eaten or drunke.

Juniper berries burned and perfumed.

Against the Plague and pestilent Feuers.

Bitter Bar in powder with wine, _____
 Cozmentill roote and leaues in wine, } drunke.
 Devils bit in wyne,
 Saxifrage roote dried, with wyne or viniger, _____
 Angelica holden in the mouth in the morning.
 Cloue Cylofers conserued, _____
 Marygolbs conserued, _____ } eaten.
 Monophilon halfe a dram
 Rue leaues alone, or with Wallnuts and Figges,
 Masterwort with wine, _____ } drunke.
 Crossewort Gentian in wine decoct,
 Setwall roote in wine decoct, _____
 Angelica roote holden in the mouth at morning.
 Caroline roote in wine decoct, drunke.
 Dzenges taken any wayes.

For

For him that pisseth bloud.

¶ Take Ambrose and Sanguinary, of eche a handful, and as much Parcely seeds: stamp them, and meddle them with Goats milke and drinke.

¶ Take Ambrose, Saxifrage, and Purcelane: stamp them, and drinke the iuice with Cow milke.

For him that cannot well pisse.

¶ Take Rue, Gromel and Parcely, stamp them, and meddle the iuice with white wine, and drinke it warme.

For him that cannot hold his water.

¶ Take the claws of a Goat, and burne them to powder, and let the patient vse of it in pottage, a spoonfull at once, and he shall be cured. The claws must be burnt in a new earthen pot.

A perfume to auoyd the infection of the Plague,
Poxe, or Meazels.

¶ Take saint Johns Wort dyed, the Shating of Juniper wood, Myrtle leaues, of eche a like much, Olibanum, Turpentine of Venice, a like much in waight. bruse your Olibanum, incorporate all into balles as big as a Chestnut, and at night lay one vpon hote coales in a chafin dish, and let it smoake; if the fire go out, renue it.

¶ Water of the vpper husks of Walnuts distilled in September, being drunke, is a sure remedy against the Plague.

Against Poyson, and the Pestilence.

¶ Take two dry Walnuts, two dry Figs, twenty leaues of Rue, and a graine of salt: eate thereof fasting, & nothing venemous shall hurt thee that day.

For the Pestilence.

¶ Wash a Lilly root cleane, and boyle it in white wine, till it be halfe wasted, and geue it the sick to drinke. Hee shall break out full of bladders, as if he were burnt or scalded, which will dry, & sanaberis.

For the French Poxe.

Bitter Burre in powder with wine taken.

Fumitory iuice.

Caleopses leanes pound and layd to.

Planten stamped and layd to.

Liverwort puna with honny applied.

For weaknes comming of the French Poxe.

Euphorbium prepared, and taken by discretion.

For the small Poxe.

Veronica decoct and drinke.

Saffron with womans milke mingled, and layd to
the eyes.

Figges eaten.

Figges milky iuice layd to.

For

For them that haue the small Poxe.

Keepe them warme in all parts but the necke and head,
and there let them haue ayre enough. and when they be-
gin to come forth, get of Doctor Ludfords water, and keepe it
continually dropping in their eyes: which water will keepe
them out of their eyes: then take Beefe, and powder it
with dry Salt, two dayes and two nights: then boyle a peece
of that Beefe well scummed; take the fat of that boyle, and a
quantity of running water, and beat both together, till it come
to an oyle, and so soone as the Poxe come forth, anoynt the face
therewith continually with a feather, day and night: and when
the Poxe are thoroughly ripe, let them out with a gold needle:
when they begin to dry, let them not hang too long, but put
them off softly, else the scabs will make prints, which shall be
seene.

¶ 3

For

Rams little Dodecon.

For poyson of Serpents or Vipers.

Small Buglos in meat or drinke, or to be carried about a man or woman.

Cinquefoyle roote iulce in wyne decoct, — }
 Tormentill root and leaues in wyne decoct, } drinke.
 Betony dyed leaues in wyne decoct,
 Paunces seed and flower with oyle applyed.

For to cure poyson.

Small Stone crop iulce with viniger taken.

Monophilon roote halfe a dram in wine or viniger, or both
 together taken. Doly in wyne or water.

Margerom compounded with smelling opatments, applyed.
 Rue leaues eaten alone, or with Walnuts and Figs.

Distant iulce with wyne.

Daucus roote decoct in wine,

Saxifrage roote and seede in wine & viniger decoct,

Betony dyed leaues in wyne,

Angelica rootes in wyne decoct,

Astrolochia rootes in wyne,

Assarabacks in wyne decoct,

Solwyed rootes in wyne decoct,

Gentian root in powder, i. dram with wine, Pepper
 and Rue, } drinke.

Crossewort Gentian in powder,

Setwall decoct,

Eleboznis decoct,

Salega iulce,

Camellion rootes in wyne decoct,

Cardus benedictus iulce,

Wild Pannay seede decoct,

Garden Parsely roote decoct,

Garlick decoct in wyne,

Assobill in wyne,

Bayberries in wyne,

Plane tree fruit with wyne taken,

Betony leaues applyed outwardly.

Lacerpitium roots taken.

Sharp wynd-wad leaues and fruit taken.

One berry, herbe and fruit taken in, — herba Paris.

Trifolium leaues or roots with Triacle and spithzed atū taken;

waile

For poyson of Serpents or Vipers.

¶ **D**rinke Dragons, Rue, and Betony.

¶ **D**rinke iulez of Siquetoye. ¶ **E**ate Garlike.

¶ **B**oyle Rue, Betony and Fennell in butter, and drinke it.
To withstand poysoning.

¶ **E**ate a Walnut with a Fig and Rue fasting.

Against Poyson and Plague.

¶ **W**ater of greene Walnuts distilled about Midsummer 2.
or 3. ounces drin, cooleth & resisteth poyson & the plague.

¶ **W**are alway the uttermost of the bark of the Walnut, and
make powder of the rest, & steep it all night in water, strayne it,
and drinke it fasting, to cast out poyson.

For the small Poxe, a soueraigne medicine.

¶ **F**irst giue the patient sodden milke, mixed with Saffron, or
with Rithjepatum, & when they be perfectly come forth and
begin to break, in no case let them come into the ayre: then distil
of good apples sliced, vinegar and milk with a little Camphire,
and anoynt the face therewith. G. K.

For to make the Poxe come forth.

¶ **G**ive the patient Barly water to drinke made sweet with
Sugar. G. K.

To know if the sick of the Pox shall live or die.

¶ **W**ho that falleth sick of that disease, and the Pox appeare
not till the first day, and do come forth the fourth day af-
ter, then the patient is like to dye. G. K.

To make the Poxe come forth.

¶ **T**ake xij. fat figs, gum Dragagant, ij. drams, fennel seed
bruised halfe a quarter of an ounce, bruised Saffron halfe a
drum, boyle all in a quart of water, till the third part be consu-
med: then strain it, and drinke it warme early and late. G. K.

To take away the pits of the Poxe.

¶ **T**ake milk and vinegar of eche a peat, of apples pared and
sliced thin 3. handfals, incorporate the with a little Com-
phire: then stir it and wash the face 3. times a day, & let it dry.

¶ **T**he creame of womans milke anoynted, is good also.

¶ **P**owdered Beale broth, not too fresh, nor too salt, is good
also. G. K.

Wild Thistle roote with viniger layd so.

Hallowes herbe and roote decoct and taken in, and vomited by
agayne incontinently.

Turnep, or Rape seeds taken in Triacle.

Garden Parcelly roots applyed, decoct.

Crismon seed steeped in water, and dreyed by the fire, or lapped
in paffe and baked, taken with honny.

Garlik eaten.

Drenges seedes eaten.

Figges with salt, Rue and Walnuts eaten.

For vlcers of the Pulme and Lungs.

Veronica water distilled with wyne, drunke.

For clammy Flegme and humours, to purge them.

Tapsia the barke of the roote, one dram taken.

Colloquintida the white pith, one scruple taken.

Callia iuice or pulpe taken.

To purge by vrin.

Hony suckle fruit in wyne forty dayes,

Doder boyled in wyne or water,

Wild Thistle roote decoct in wyne,

drunke.

For to purge women of deliuerance.

Rue iuice drunke with wyne.

To purge raw and grosse flegme.

Sarcacoll one dram taken.

Hotboyed roote one dram taken.

To purge hote and cholerick humours.

White Campions seedes, two drams taken.

Tragoziganum decoct,

Aligisticū roote decoct with wine, Euphorbiū prepared } drunke.

Small Centooy decoct in wine or water,

Rubarb one dram by discretion,

Cyula iuice, seed & roote,

Peplos iuice and seed, } taken.

Wild Cucumber iuice dreyed, halfe a scruple,

Elder leaues and tender crops in both or pottage.

Clematis altera seede with water or mead, taken.

Scamony iuice dreyed, the weight of fire wheat coynes.

Doder, or Culcota decoct in wyne or water, drunke.

Juice of red roses infused, drunke. Frangula decoct, drunke.

Buckthorne berries in small quantity.

For

For to purge hote melancholy humours.

Penny royall taken with hony and Aloes.

Planta Leonis, or Chykses wort taken.

Sainy coos and leaues, one dram taken.

Elder greene and middle barke in wyne or beere.

To purge choler vpward and downeward.

Tblaspy seede eaten.

To purge by siege downeward.

Saffron the iuice of the seede taken.

Great Enrnesole a handfull boyled and taken.

Mercury pound with Butter, and layd to the fundament.

Violets decoct and drunke.

Iris rootes, the iuice taken in small quantity.

White Lilly rootes decoct in homed water.

Yellow Narcissus roots two drams decoct in wine or water.

Slop with Syzop Acetell taken.

Syme in powder thre drams with homed water, viniger and salt, taken.

Oppopanax two drams or lesse, taken.

Sagapenum one dram.

Euphorbium prepared.

Blacke Helleboe taken.

Clematis altera fruit decoct & drunke with white wine xl dayes.

Squilla prepared, first conered about with doire or paste, baked in an ouen, or rolled vnder coales, till it bee soft and tender, and then a spoonfull or two thereof taken with the ryght part of salt.

For rage or madnes by biting of a mad dogge.

Allison taken with meate.

To make a man rane and madde.

Solanum formiferum moze then twelue berries eaten.

Henbane rootes, leaues, or iuice taken.

Against rauing and Frenzy.

Euphorbium mingled with oyle, straked on the sozhead.

To kill Rats and Mice.

Helleboe roots pound with meale and hony, layd for them.

For

To purge melancholy.

¶ Take Senny cleane picked, one ozam, Epithimi mirabolani, Hermodactili albi, of eche halfe a ozam, Sugar one ozam: make all into fine powder, & adde to it powder of Cyngger and Synnamom, of eche halfe a ozam: make this in powder, and put it into an apple, the top cut off, and the coze taken out: rost it, and eate it.

To purge choler.

¶ Take Diagredij halfe a ozam, beat it grosse: then put to it the powder of the twte Artomaticum Rosarum Gabrielis, halfe a scruple, and Sugar as you list: rost it in an apple, as before, and vse it,

For

For raw vnskinne places,

Greene Fennigraeke pund with blutger, applyed.

For payne of the Reynes or Kidneyes.

| | |
|--|-----------|
| Buglos roote boyled in wyne, | } drunke. |
| Ancheis with wine, halfe an ounce, | |
| Tozelson lulce in wyne, one dram, | |
| Bozned Popy root boyled to halfe in water, | |
| Calamus Arromaticus decoct in wyne, | |
| Bulba castanon. seede decoct in wine, | } eaten. |
| Alcozls lulce | |
| Bitter Almonds | |
| Cassia dratwe, | |

For to refresh a man,

Barberry bush greene leaues, made in græne salwe, eaten.

For subtile Rhewmes and Cataries,

Popy heads boyled into a Syrop, eaten.

The little Caroline Thistle, called Spurrice Arrabica,
taken any wayes.

For all ruptures,

Pilosilla leaues and rootes decoct and drunke.

For

For running of the reynes, and Gomora passio.

¶ **D**rinke seeds of Lettice with ale or water.

¶ The powder of Mastick, Olibanum, Storax, and Cardamomum.

¶ Dry Mynts in an oven, and drinke the powder.

¶ Anoynt the yard & clothes with iuice of Rozel & Comphire.

¶ Carry about the seed of Sorrell, gathered by a chaste boy.
For him that hath lost his kinde.

¶ Take a red Onyon and a Hen sod in a pot, eate it and drinke it three dayes.

¶ Take seeds of Fennell, Parcely, Caroway, Cardamomum, Lignum, Cloues, Galingale, Caele, of ech a peny waight, Rubarb two ozams, & of Allome as much, Mastick one ozam: Stamp them in a brazen mortar, and take a faire scoured bason, and put a good portion therein, & melt it: then take the foresayd things, and put thereto, let it boyle till it be thick, as thou maist hold it in the hand: then bore it by, and vse it first and last. This will restore thee againe, though thou wert neuer so cold.

¶ D, suck a woman euery day till thou be restored.

Running of the Reynes.

¶ Take Lincwort, Longwort, Harts tongue, of eche halfe a handfull, a little Buglos, as much Succory, as much Endive, Violets, Sorrell, & Finesinger, of eche a little, boyle all in a quart of running water to halfe, blanchd Almonds two pennyworth, Stamp them with the pith of a Bullock: then put it to the liqor with the herbe, and toying them, and take out the iuice: then strayne it, heat it, and seison it with long Pepper, a pennyworth, Nutmegs & Graines, halfe a pennyworth, some large Haze and Sugar, to make it pleasant, and drinke it often warme.

¶ Take Saunders white and yello w, two ounces, Sinnamon one ounce, Mastick one ounce, Sang. Draconis, halfe an ounce, one Nutmeg, conserve of Roses two ounces, mix all together with Turpentine, and take it in often.

For

For running and spreading scabs and sores.
P Arritoꝝ pond and layd vpon.

Galingale roots dyed, and the powder layd on.

White Bony rote pond, —————
Liverwort pond with hony,
Spelt meale boyled with wine and Saltpeter,
Barley meale with sulphur and viniger,
Chiches boyled with Diobus,
Camelion rote with Coperoles and Swines greace,
Red Rote leaues pond,
Shops Dorell rote and leaues decoct and bathe,
Smalage iulce, ————— Crestes pond with hony,
Squilla roasted in ymbers,
Bramble leaues pond,
Myrtle greene leaues pond with oyle of Roses,
Licium of Borthorne,
Almonds pond with hony,
Figges milky iulce,
Linde barke pond with viniger,
Juniper barke oz rynde burnt, and with water,
Savia leaues pond with hony,
Scales of Wyne apples, & the barke with litarge of
Bluer & Frankincence, and a little Coperoles, —

For scabs and scuruenesse.

VCronica decoct and drunke, —————
Scabious mixt with oymments conuenient,
Orygan decoct in water, and bathe the grieve, oz
wash the body,
Rue leaues mixt with Wine, Pepper, Siter, hony
and Allome,
Cuphorbium with oyle of Bay, Beares greace, oz
swines greace, oz such like, —————
Dragon roots dyed, mixed with hony,
Eleborus root pond with Frankincence, rozen & oyle,
White Cowcumer rote in powder with hony,
Vitis alba leaues, ————— Clematis altera,
Scamony iulce with oyle, —————
Hops decoct and drunke.

applied
& laid to,

laid so.

For

For a scall.

¶ Take Rose roots, stampe them, & fry them with fresh Butter and Tar, and plasser-wise lay it to the grieve.

For a child's head hauing a white scall.

¶ Take Arse-smart a good quantity, stampe it small & put to it the like quantity of Dogs Lard, stampe them & incorporate the together: set it on a soft sweet fire, alwayes stirring it, with a little water in it for burning to, and let it boyle till the leaues begin to parch: then straine it, & of that liquoz take two ounces, and adde thereto of Stozar liquid one ounce, mix them together, and therewith anoynt the grieve euery euening or euery morning, which you will, and lay a cloth on it. D. K.

For the Purples.

¶ Take Purplewort if ye can: it is a clouē grasse, which hath a blew hart in the midst of it; and if you cannot get that, then take Angelica, Betony, Scabios, of eche a branch as big as both your thumbs: stampe them, & seethe them in posset ale: straine them, & put to it Sugar, Saffron, and a little Triacle, drinke it fasting at morning and euening without Triacle.

For angry scabs, night plowks, and watry wheales.

¶ Take Rapiss, the stones taken out, and Rue stamped together, and apply it to.

¶ Stamp Daisie leaues. fry them with fresh Butter, and anoynt the hands.

¶ Stamp wild Tansey, and Daisie flowers with cold running water, and wash therewith.

¶ Stamp sharp leaved Docks and Fumitory a like much, make it to oylment with May butter, or Barrowes greace, and Roche Alome, and anoynt it.

¶ Boyle a handful of Pettles with Cinnamom & Cloues, of eche two dzams, and bathe thy hands with the fume thereof.

For wormes in hands and feete.

¶ Boyle iuice of Wormwood in May butter, and red docks, and stirre it to a salve, and anoynt.

¶ Boyle Leuita in good ale dregs, and apply it to scabs.

¶ Boyle wheat bran with Rue in biniger, and lay it to.

For

For Sciatica.

Sothernwood seed graine, or powder decoct in wine or water,
drunke.

Great Burre seed in powder decoct in wine or water.

Camepites leaues decoct in wine forty dayes,

Ethiops rootes decoct,

Wyme boyled in wyne or water,

Penny royall pundo and layd to,

Rue boyled with Dill,

Allarabacka boyled in wyne,

Asperagus decoct, Symyneum seeds decoct,

Spanish Worme tender branches steeped in wa-
ter, and the iuice pressed out, drunke, a little Scrat
or glasse full,

Cappes rootes, the barke decoct,

White Popler bark boyled in wyne,

Penny royall pundo,

Pencedanum roote sap,

Lacerpitum roote with oyle and waye,

Amomacum one dram with oyle of Ciprus & After

Enula Campana leaues boyled in wyne,

Black Elebor roote decoct, and taken in small
quantity.

Yuray meale boyled in homed water,

Lupines flower or meale boyled in viniger,

Penny with figges made in plaister,

Cresses pundo with hony and viniger,

Crismon seed taken with hony,

Iberis roote mixt with Symynes greace,

Rimus seeds boyled with meate and eaten.

Whalspy seed glistered at the fundament.

To driue away Serpents.

Yellow Asmachion

Pencedanum

Sagapenum

Pasturcinum

Agnus Castus

Wallwort

perfumed.

For

For finding of Squirrels

1. To find out the best time to hunt for Squirrels, observe the weather. They are most active in the morning and evening. In the middle of the day, they are usually in their holes.

2. To find out the best place to hunt for Squirrels, observe the trees. They are most likely to be found in the trees which are full of acorns.

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For

For stinging of Serpents.

| | |
|---|------------|
| Came Cipereffus decoct, | } drunke. |
| Great Turnesole a handfull decoct, | |
| Uchenna seed & flower, — Rose campis with wine, | |
| Wild Camplons seed and flower decoct, | |
| Garden Larke Spurre seed, | |
| Iris roots with viniger or water, | |
| Orygane boyled in wyne, | |
| Rue iuice eaten, Fennell herbe and seede, | |
| Lettice seede decoct in wyne, | |
| Rocket seede decoct, Barberies in wine, — | |
| Scorpion grasse pund, | } layd to. |
| Pargerom with salt and viniger pund, | |
| Lacerpitium outwardly, Polymony pund, | |
| Galingale roots pund, Acconitum pund, | |
| Spelt meale with red wyne pund, | |
| Thistle tender crops and leaues, | |
| Seeds of Docks and Hozzell decoct, | |
| Milke Thistle roots and leaues pund, — | |
| Rue iuice eaten, | |

For byting of Serpents.

| | |
|--|-----------|
| Eckron rote boyled in wyne, — | } drunke. |
| Great Burre roots iuice, | |
| Came Cipereffus with wyne, | |
| Scabios rote decoct in wyne, | |
| Camomill & his flowers decoct in wine, one dram, | |
| Clinopodion, — Pial. montanum decoct in wyne, | |
| Ocrastrum seede in wyne, | |
| White Hozehound decoct in wyne, Rue iuice, | |
| Libanotus roots decoct in wyne, | |
| Betony dry leaues in wyne, | |
| Paunces seeds, rote and flower decoct in wyne, | |
| Ligusticum rote decoct in wyne, | |
| Harts tongue decoct, Ladies Thistle seede, | |
| Colewozts iuice in wyne, | |
| Ash leaues iuice, tender herbe, crops and bark decoct, | |

For

For stinging of an Adder.

- ¶ **G**rynd Centory with Butter, and glue the sick to drinke:
It will heale man and beast.
¶ **S**tampe Garlick, and lay to.

For byting with a Dogge.

- ¶ **I**ncorporate hony and Garlick, and eate it.

For byting of a Spider.

Rub the place well with Flyes.

For biting or stinging of any venomous worrne.

- ¶ **T**ake Dzagaunce one handfull, Centory halfe a handfull,
halfe so much Rue, two cloues of Garlick: Ramp them,
and wring out the iuice, and anoynt the grieve.

If thou distill all these, and drinke the water, it doth destroy
all venome within thee.

D 2

For

For biting of Serpents.

The great Burre leaues pund with salt,
 White Lilly roots roasted, and oyle of Roses,
 Masterwort pund, the rose,
 Gentian iuice with viniger,
 Juice of the Aglets of the greene vine dissolved in
 oyle of Roses and viniger,
 Erica leaues and flowers pund,
 Agnus Castus pund, layd to.
 Agnus Castus } fumed.
 Wallwort }

For white naughty scurfe.

Scabios pund.

White Lilly roots mingled with viniger, or the leaues of
 Penbane or Barly meale layd to.

For naughty white scurmele of the head.

Lacertitium applyed.

Solwized decoct and bathe,
 Myrtle berries decoct and bathe,
 Lye made of ashes of the Ash tree, & bathe,
 Aller yellow bark decoct and bathe,
 Lithymall iuice with hony,
 Wile Colwumer rote in powder and hony,
 Turay meale with sulphur and hony,
 Cices boyled in Oribus the pulpe,
 Beete leaues pund and layd to, and the grieve
 to be rubbed with Saltpeter,
 Senny mingled with hony & newe greace,
 Garlicke burnt myngled with hony,
 Squilla inner barke boyled in oyle or Tur-
 pentine,
 Yellow Affodill roots burnt to ashes,
 Ladanium with Myrrh, and oyle of Myrrh,
 Hazle Nuts burnt with Hogs greace,
 Wynden barke pund with viniger,
 Senny leaues one dram taken.

or wash the
 grieve,

applyed or
 layd to.

For

For shingles.

¶ If it gird a man, haply he shall neuer be whole. Take Culuer dung and Barly meale, Stamp them together, and temper them with Cyzel, and doe it to the grieve till it bee whole. This euill will spring like wild fire, but this is greater and redder, and it euer springeth arow.

¶ Apply to them the Patients owne blond, and he shall be cured.

2 3

For

For foule scurvy tetters and scabs.

Crowfoot leaues pound and layd to a little, & then remoued.

Wheat bzead newly baked, soaked in byrne oz pickle, layd to.

Black Camelion root with a little Coperose & Swines greace, layd to.

| | |
|---|------------|
| Willow Whistle roote with viniger, | } applied. |
| Scumy with viniger, | |
| Spizile greene leaues with oyle of Roses, | |
| Figs milky iuice, Old oyle Wallnuts pound, | |
| Elme leaues with viniger, | |
| Water found in the hollow Birch tree, | |

For dry scurfe and mangynesse.

| | |
|---|------------|
| Libanotus mingled with Turay meale & viniger, | } layd to. |
| Lacerpitium with Coperose and Wardegreace, | |
| Cuphorbium mingled with Barrows greace, Bay berries, oz Swines greace, | |
| Lithemall iuice, Bziony fruit pound, | |
| Rha Pontike roote with viniger pound, | |
| Willow Cowcumber iuice with hony, | |
| Carlin roote pound with viniger, | |
| Red Beet raw leaues pound, | |
| Sheeps Doxrel roots decoct in viniger, oz bzused raw Radoith roots with hony, | |
| Garlick with oyle and salt pound, (lyne, | |
| Squilla inner part boyled in oyle, viniger oz Turpe, | } |
| Juniper rynd oz bark burnt, mingled with oyle oz viniger, and Turpentene, | |

To driue away the Secondine or after-birth.

| | |
|---|---------------------------------|
| Marigold flowers and herbe in powder, | } perfumed in place conuenient. |
| Garlick decoct, and sit ouer the fume, oz perfumed on coales, | |

| | |
|--|-----------|
| Elme boyled in water and hony, | } drinke. |
| Penny royall in wine, | |
| Clinoposion boyled in wyne, Clary decoct, | |
| Willow Horehound decoct in wyne, | |
| Rue iuice in wyne, | |
| Clary any wayes taken in drinke oz meate. | |

For

For foule scuruy tetters and scabs.

¶ **W**heat bread soaked in brine or pickle, layd to, the bread being new.

For bleche or swelling.

¶ **T**ake Walnut leaves and Sotherne wood, of eche a handfull, Succory, Woodbine leanes, white Archangell, wylde Tansey, Wormwood, Gosling weed, red Archangell, of eche a handfull, chop them all together, and boyle them in May butter, till there be a greene oymment, straine it, and keepe it to vse.

To kill a Ring-worme or tetter.

¶ **T**ake Mercury and Daisie roots, of eche a handfull, ʒ. sponfuls of creame, Stampe and straine them, and put thereto fire sponfuls of water made of Mercury sublimatum, and wash the tetter or ring-worme therewith.

A water to heale in five dayes all scabs, as well inward as outward.

¶ **T**ake Planten water a pynt, Rosewater halfe a pynt, water of flowers of Cythrons, or Djenjes, or of the iuice of the fruits of them, a quarter of a pynt: put all into a Wyll of glasse, and put to it of quicksilver beaten to powder one ounce: let them boyle softly at the fire a quarter of an houre: then coole it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the next day without moze washing: the thirde day wash it agayne, but not the fourth day.

At the first and second time you wash them, it will make all the scabs in your body to breake out.

At the thirde tyme they shall so dry vp, that you shall find all neat and cleane, both within and without.

There is no remedy in the world moze excellent then this, nor easser to be made.

This water maketh a mans flesh white, and doeth out all evil humours of the body.

For to drive away the secondine or after-birth.

L Auender decoct in wyne, —————
 Dittayne decoct in wyne,
 Dancus seede decoct in wyne,
 Sarifrage roote decoct in wyne,
 Lacerpittum leanes boyled in wyne,
 Astrolochia longa with Pepper and Myrr,
 Marabacka with hony and wyne,
 Smyrneum seede decoct with wyne,
 Myrris rootes decoct in wyne,
 Cresses seede decoct in wine,
 Garlicks decoct,
 Anagaris leanes, one dram decoct in wyne,
 Hauen leanes decoct in wyne, —————
 Pencebanum roots iulce the sap alone, or with bitter Almonds
 and Rue.
 Sypponanax taken with hony.
 White Wyony roote,
 Garden Madder roote, } a pessary.
 Onyon iulce,

drunke.

For the falling Sicknesse,

A Pthilis with Orimell, —————
 Comza with viniger,
 Lacerpittum with hony and viniger, a Syrap,
 Sagapenum, one dram,
 Amomacum, one dram,
 Pellytozy roote with hony,
 Whyte Clebor prepared,
 Senny leanes by discretion,
 Wyony roote, one dram dayly a peere, —————
 Pentaphilon rubrum decoct in wyne or homed water and
 Pepper thirty dayes.
 Tyme smelled vpon. Calbanum perfumed.
 Male Wyony roote hanged about the necke.

taken.

For falling sicknesse in children.

A Anis seedes eaten.

For

For the falling sicknesse,

¶ **D**rinke powder of Varts horne with wyne.

¶ The first tyme he falleth, when thou seest it, put off thine owne shoe, and pisse in it, rince it well, and giue him to drinke of it, and he shall no more fall, nor haue that euill.

¶ Also at his first falling lay a Wound, and take out his hart and gall, and being hote, grynd it, and giue it him to drinke, and he shall no more haue it.

¶ Cocks Stones greene, drunk, helpeth; but abstayne from wyne ix. dayes.

¶ Bores Stones eaten, or drunk with wyne, profiteth.

¶ Take a fores byayne, and giue it oft to children, and they shall neuer be sick of that euill.

For

For excoriation, or going off of the skin of the privities or secret parts.

Cypres fruite or leanes boyled in oyle, —
 Liquid Rozen with a Nutmeg and Sugar } applied.
 the quantity of a nut, —————

To make holes in the skin, or blisters.

ROs Solis with salt bruised, layd to.
 Crowfoote leanes and rote, layd to.

To take away hard skin of hands and feete,
 procured by labour.

Ashes of Willow barke with vinegar applied.

For roughnesse of the skin.

Eleborus inner rote pund with Frankincence, oyle and Rozen, applied.

Eleborus pund with oyle, and layd to.

Sithimall iuice applied.

Scamony iuice with oyle and honny, layd to.

Figges milky iuice, layd to.

Ash tree barke burned to ashes, and lye made therof, and wash.

To procure ouermuch sleepe.

Leekes eaten rawe.

For

Incidentia.

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J. C. Stephens's book.

Received

For to procure quiet sleepe

Violets pnd with oyle and layd to the head.

White water-Lillies conserved.

Anise seeds kept at the nose to smell to.

Poppy heads and leaues decoct in water, drunke.

Black Poppy seeds decoct in wyne, drunke.

Handrake roote made a suppositoꝝ.

Henbane decoct in water, & wash the feet, or vse it as a glyster.

Garden Lettice in meate eaten.

For them that are very sleepey.

Ethiopsium myngled with oyle, and straked on the temples.

To restore smelling lost.

Nigella seeds dyed, pnd, and put in Sarcenet, and often smelled to.

To prouoke neezing.

Senny snuffed into the nose.

Oryon iuice snuffed into the nose.

For to dry sores and Impostumes.

SMyrneum Creticum leaues layd to.

For

To prouoke sleepe.

¶ Take Lettice seede, and Smallage seede: Stamp them, and temper them with the white of an Egge, and lay it to the forehead.

¶ Take powder of Smallage, Benbane and Mynts, tempered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Lake seeds, and temper them with womans milk, and the white of an egge bound to the temples.

For

For olde sores.

Great Buglos roote with oyle and wax, —
 Singrene alone, or with parched barley meale, —
 White Rosehound leaues with hony pund, —
 Aloes in powder, —
 Cinoglosson in wyne and bathe.
 Great Burre greene leaues pund with whites of Egges.
 Lynsade boyled in wyne, and bathe.
 Allgod greene stamped, applyed. The iuice of the roote of it
 taketh away scabs, and makes the skin smoothe, especially if
 you mingle it with viniger,

For filthy fretting sores.

Veronica detest and drunke.
 Galeopsis leaues with salt pund, —
 Perisotry iuice and Serice made to oyntment,
 Pimpernell pund,
 Wild Moad pund,
 Singrene alone, or with parched Barly pund,
 Maruen græne leaues pund, —
 Testiculus odoratus roote græne,
 Panner flowers roote græne, pund,
 Astrolochia rotunda with Treas and hony mist,
 Dragons fruite pund,
 Gentian roote pund, —
 Withymall iuice applyed or layd to.
 Hoyned Popy leaues and flowers pund, —
 Turay meale with viniger,
 Colewort leaues pund,
 Radish roote with hony pund,
 Wild Coleworts with hony pund,
 Carets greene leaues with hony pund,
 Pellow Affodyll rootes boyled in wyne lees,
 Pzuet leaues in powder,
 Acornes very small pund, —

For

For a scald head.

¶ Take honey a spoonfull, wax and sheeps suit, of ech a quarter, & as much of the after-bryth of a woman as an egge, Rosen, Pitch, & Sparma cocti, of eche halfe a quarter, boyle them till they be molten, & well incorporated: then strike them on a cloth, and make a plaster & apply: then take Rosen, pitch, & the after-burden of a woman, & mingle them together over the fire, and make a plaster; and this to be layd to vij. or viij. dayes: and then take of the next plaster before, Brimstone, black Sope, and the burden, & anoynt the head without it, and put it in a cloth, & anoynt the head with it after y^e it is shaved, when the skin riseth, & it will be whole: and if it be hard like the bryawne of y^e thumb, it is not whole: and if it be very ill & thick of scall, you shall let it lye vij. dayes: but if it bee meane, then but v. dayes: a little scall iij. or iiij. dayes: and lay it on a moneth or fine weeks, tyll the skin rise wrinkled: and if it be ful in the skin, like the bryawne of the thumbe, let it lye till.

A principall playster to doe away kernels.

¶ Take roots of Ferns, roots of Affodil, & boile them in the best wine, put to it a little quick brymston, make a plaster and lay it to speedily, which will consume the grieve.

For Glandils or kernels.

¶ Take roots of nettles, & roots of Ebulus, boyle them in vini-ger, put to it unslaked lyme, and Auri Pigmentum, make a plaster and apply it to the Kings Cull or Kernels.

¶ Take the greene of brasse, iuice of Dockes, Peristoze, and iuice of Leks, incorporate them, and in that liquoz wet a lent, and put it into the grieve, vnder a plaster, putting forth the corrupt matter.

A new kernell or scruphill is cured as followeth, without cutting or rupture.

¶ Take Sinnamon, Cloves, Dutchsilver, quick Brimston, pitch, Virgin wax, y^e root of Eoula campana, Solwes greace for a woman, & Bozes greace for a man: boyle the root of Eoula campana in water: then with the Dutchsilver extind, Sage, hogs greace, pitch & wax resolved, set it over the fire: then adde to the powder of the spices & brimstone, and stamping them all together, let them be well incorporated, and reserved to vse.

For

For dulnesse or heauinesse of spirit.

Violets pund and layd to the head.

Charuell boyled in wyne and drunke.

For the Squinnancy.

LAcerytium roots pund with hony.

Spanish Brome steeped in water, & the liquoz } drunke.
pressed out, a little cup oz glasse full,

Holy trost chewed and holden in the mouth.

Clatertum with olde oyle oz hony, oz the gall of an Ore oz
Ball, applyed.

Radish roote boyled in homed viniger, gargeled,

Pepper layd to with hony.

For

For to stop spitting of bloud.

¶ Stamp close Bur roote one bzam, with the kernels of Pines apples, and drinke it.

¶ Decoct Peruinkle with wyne, drunke.

¶ Drinke iuice of Bursa pastoris.

¶ Drinke powder of Tozmentill roots with wyne.

¶ Drinke iuice of Knot grasse, or the leaues boyled in wyne,

¶ Ample or Starch being drunke, profiteth. (drunke.

For a sore throat by sicknesse.

¶ Drinke iuice of Woodrue with good ale.

For the Squinnancy.

¶ Take Goats milke, and in the beginning make a plaſter of wheat bzam, the iuice of Smalage in meale of Fenigraek with newe Barrowes greace, and the iuice of Planten, and powder of Roses, and apply it.

Take roots of Mallowes, meale of Fenigraek, Flaxeſeeds, Dates, great Raisins, the stones taken out, with wheat bzam: boyle them in water, stamp them, and make it with newe Barrowes greace and a little hony into a plaſter, which is marue-
lous riping, and lay it to the Squinnancy.

Take hony, hogs blood, iard, meale of Flaxeſeeds, Fenigraek, and the dung of Swallowes: incorporate them, & make a plaſter excellent to curre the Squinnancy.

And note, that the dung of all maner of Swallowes, healeth the Squinnancy.

Let the Impoſtume be opened with yron, or a razer,
or this breaking plaſter following.

¶ Take Bzam, ſalt and oyle, stamp them & incorporate them, and make thereof a plaſter, and apply it. This is bleſed to cleaſe and dry the ſame.

For the Stone.

Fewer few herbe without flowers, decoct
 in water,
 Herbe Robert in wyne, Peristore,
 S. Johns wort, herbe, flower and seed,
 Wild Tansey, Coronopus,
 Corula lutea, Heranthemum,
 Saffron rote, Winter Savery, decoct in wyne
 Fennell crops, Daucus seed, and drunke.
 Auricula Leporis,
 Sea holy,
 Starre Whistle in powder,
 Sheeps Sorrell rotes, Malloves,
 Bramble rotes, Rampions seeds,
 White Thorne fruite, ————
 Cetrack leaues with vinger, drunke.
 Alkakengy fruite eaten.
 Sailgot greene Ruts broken and drunke.

To breake the Stone.

Penny wort on the wall, leaues
 and rote, ————
 Garden Parcelly, }
 Water Cresses in Salade, } eaten.
 Cassia drawne, ————
 Philipendula rote, ————
 Virga Aurea,
 The water of Virga Aurea distilled,
 Penny Royall, Sage,
 Baystrage seeds and rote,
 Lacerpitium rotes, Tragium seeds, decoct in wyne
 Capillus Veneris, and drunke.
 Pernassus grasie, Sea holy,
 Sheeps Sorrell rotes,
 Tender sweet milk Whistle iuice,
 Turnep crops and yoting springs, ————

For

To procure vrine, and to breake the Stone.

¶ Take water Croffes a handfull, Parcely halfe a handfull, red Fennel tops, Mercury leanes, roots of Ciprus bznt, of eche a quarter of a handfull, Rayfins of the Sunne, the stones taken out, halfe a handfull: chop them smal, & make potage with mutton or beale, and thicke it with great Date meale beaten small: season it with Pepper grosse: adde to it Cromel seeds ij. lb. waight, beaten fine, a little Saffron: eate a melle thereof at morning, noone and night, a waile together.

D. K.

¶ Boyle Virga Aurea in wyne, and drinke it, and drinke one spoonfull of the powder thereof foure houres befoze meat with a raw egge.

For the Collicke and the Stone.

¶ Take Stone crop, Parcely leanes & roots, & mother Lime, of eche a handfull, boyle them in good stale Ale halfe an houre: strayne it, and put to it a good quantity of Craynes in powder, and drinke it warme.

For the Stone. A powder.

¶ Take Barberies a handfull, dry them, Peach stones, Ash hepes, dyed Parcely seed, Seabull, Saxifrage, of eche a like much, dry them, beat them, & searce them: then lay a black flint stone in the fire till it be red hote, & quench it in a pinte of Palmesey, and put in it a quantity of that powder, about one spoonfull to as much Palmesey as your stomake will beare, and kepe the residue of the powder to vse at need.

When the grieve is on the patient, let him drinke no other drinke, but posset ale, or some other warme drinke, with part of that powder, untill it breake.

To breake the stone in the bladder.

¶ Take Olem simplex Scorpionis: and for an old man, mix oyle of Violets with it, and noynt the sides, by ouer, vnder and about the priuy members, from ano vptwards.

℞ 2

For

For to breake the stone.

Redith, Parcely, Stone Parcely,

Great Parcely roote,

Winter Cresses seeds,

Take seeds with other herba convenient,

Broome seeds,

Rost Harrow barke and roote,

Witchholme, Bayes, wafe and barke,

Debler stones broken in powder,

Plumtree gum dissolved in wyne,

Cleare Rozen of the fyre tree taken.

Decoct in wyne
and drunke.

Things hurtfull to the stomake.

Sothernwood, White Elebor vnprepared,

Colloquintida, Eliterium,

Elder, Drach often eaten,

Turneps excessively taken,

Radish excessively eaten,

Cresses alone, and not in Salade,

Mulberyes greene and vnripe,

New figges in great quantity,

Mazers or small Cherryes in great quantity,

Dry Puts in abundance,

Greene Carabus,

(not corrected,
ec.

To strengthen the stomake.

Garosilata roote,

Saffron,

Calamint,

Secely seeds,

Decoct in wyne,
and drunke.

Betony taken with homed water,

Coriander prepared or corrected,

Enula Campana roote conserued,

Young Artichokes boyled,

Aloes Citrine taken.

Imperatoria roote taken with wyne.

Saxifrage roote in Sugar, in powder, taken.

Conozilla seeds drunke.

eaten.

For

For the Stone.

¶ Take the Stone in an Dre gall, as much as a Beane, Turmericke, y. pennyworth, Bayes j. ounce, Cloves, Mace, & long Pepper, of eche j. pennyworth, y. Acornes, Swete Water Stones, Gromell seeds, clove Bar seeds, of eche a spoonful, Harte Stones halfe a spoonfull: put all together into fine powder, and mix them wel together, & put thereof into a reasonable draught of good ale in a glasse or cup, so much as ye can take with your thumb & y. fingers, or more (the more the better) and drinke it off. If you feele it very bitter, drinke two or thre spoonfuls of ale or other drinke after it, which will lay the bitternesse.

After you have taken this receit, if it do not thoroughly helps after xij. dayes or ij. weeks, take a good handful of wild Time, boyle it in a quart of white wine, and in the time of boyling, throw in. or ij. pibble Stones in the fire, & burne them to coales, & cast them red hote into the wine being boyled to pieces: then straine and drinke it, fasting in the morning two houres after.

To clenſe the stomake.

¶ Take Hop, Rosemary & Time, of eche two crops, put them in a pint of ale with Sugar: let them boyle, and drinke thereof two houres before meat.

To auoyd flegme out of the stomake, to be taken one spoonfull or two at any time.

¶ Take eight spoonfulls of Rose-water, foure spoonfulls of Conduit water, & two spoonfulls of white vinegar, halfe a quarter of a ponne of fine Sugar, boyle them in a poztiger, on a chafingdish with coles, scum it cleane, & drinke it luke-warme.

For such as cast vp their meat by weaknesse of the stomake.

¶ Take the nether crust of a browne loafe, toast it dry and leysurely, then scrape it in strong vinegar a little while: then take it out, and spread on it powder of Cloves, & warm it agayne, and tye it about the mouth of the stomake, and it shall stay vomiting.

For to strengthen the stomake.

Porcelane,

Sea Porcelane preserved in vinegar for salde,
 Earth Che Anis, Wargis of vnripe grapes,
 Dzinges the iuice and fruite,
 Pomegranets the iuice,
 Quodimack, or Marmalade of Quinces,
 Nutmegs, Fittick Nuts,
 Olives greene vnripe,
 Oyle in which fruite of Ciprus is boyled,
 Agarick dry without liqor, Galtick,

eaten.

For payne in the stomake.

Common Wormwood, Decoct in wyne
 Scordium dry, Sand drunke,
 Penny royall taken with water and vinegar.
 Dyzan in water drunke.
 Carden Synt taken in drinke and meat.
 Rubarbe taken by discretion.
 Setwall roots decoct and drunke.
 Aloes Cicatrine taken. Sourus luteo drunke.
 Groundsel leanes and stalks decoct in water, drunke.
 Parcel seeds decoct and drunke.
 Juniper yong fruit or berries boyled in homed water.
 Galtick eaten.
 Spelt meale boyled with Saltpeter, applyed.
 Melilot raw, pound or sod in wyne, layd to.

For wambling or boyling of the stomake.

Common Wormwood with Annis seeds,
 Fennell or the seete,
 Our Ladies Thistle rote decoct,
 Shaps Soxrell seeds, and Soxrell seeds,
 Lettice in sallade eaten.
 Wild Wine Claspers and fruit brought into a Syrope, with
 the bargis of the same eaten.
 Bramble leanes and neto springs stamped and layd to.
 Dry Dates eaten. Galtick eaten.

For

To comfort and strengthen a weake Stomake.

¶ Take malmesey one pynte, mint water a pynt: Sympson and Ginger of eche an ounce: bruse them and mix them together with halfe a quarterne of Sugar: let them stand all night, and in the morning drinke it.

Mistris Barret.

A good sauce to procure Appetite.

¶ Make sauce with Orange, mynt, vinegar, Comyn and Pepper.

For the Collike of the stomake.

¶ Take wormewood a pound and a halfe, peache leanes, mother of tyme, Red mynts, Perittory on the wall, of eche a handfull, Sacitrage and penny-royal, of eche half a handfull, Fennel seed a quarter of a pound, Comel seed half a quarter of a pound, of Annis seed and Liquoris, of eche half a pound, bruse all the seeds together, and put them into a gallon and a halfe of sack and distill them in a Limbeck.

Mistris Barret.

For a Feuer in the stomake.

¶ Take Comyn, Annis, fenel seeds, red rose leanes, wormewood, mynts, Auens, vinegar, sowze bread fryed and layd in a bag luke warme to the stomake, & renew it often with vinegar.

R 4

Against

For inflammation of the stomake.

Romane Wormwood, ——— } decoct and drinke.
 Starwort or Share wort, }
 Tormentill leaues and roote, }
 Porcelane raw, Lettice, — }
 Whortle cake or stewed with Sugar, }
 Gooseberries greene, Apples, } eaten.
 Pomegranate iuice, }
 Cornell fruite, ——— }
 White water Lilly, ——— }
 Solanum hortense, } pound and layd to.
 Endiue and Succory leaues, }

To warme the stomake.

Liquich root and seed dyed, drinke in wyne.
 Aloes Cicatrine drinke.
 Sorrell de Boys decoct and drinke and eaten.
 Great Radish root or Rayfost eaten.
 Seruy bruised with viniger.
 Oranges and Lemons pilles and barke eaten.
 Nutmegs and Gaces taken in.

To refresh the hote stomake.

Penywort on the wall iuice, drinke.
 Caraway seedes decoct, drinke or eaten.
 Bziony first sproughts or springs in Salade.
 Pellow Succory in Salade.
 Cowcumers with meat.
 Pepon of the Garden his fruite well boyled, eaten.
 Licois rote eaten. Apples eaten.
 Pomegranat iuice eaten.

For to ouerturne the stomake.

Ripe Olives eaten.

To purge the stomake of Flegme.

Aloes Cicatrine taken.

To cleanse the stomake.

White Rets iuice drinke.

Against dayly payne and repletion of the
mouth of the stomake.

Take Liquoris, Sauerp, Serpillum, Enula campana,
Reddish rote, middle barke of Cloer, mynts, Sage and
Rue: Stamp them, and steape them in white wine, and giue
the Patient early and late.

A Purgation against Paralipsum, or coldnesse
of the stomake.

Take rootes of Fennell, Parsely, grasse, Treos, Sperage,
Rhizus, Triangulus, Reddish, the barke of Tamarick:
of these rootes and herbes make a decoction in white wine: be-
ing well made and collated, take Cinnamum, Cloues, Nut-
megs, Zebary, Galingale, long Pepper and Spikenard: beate
them all in powder, and with the decoction aforesaid, make a
pigmentum with hony well clarified, and vse it.

For a hote stomake.

Cut the graine of the floweres of violets, and pun them
small, and put to them twile as much Sugar, and keape
it in a Calippot all the yere, and vse it.

Take one pynt of milke, two sponfulls of Treos, & a little
Sugar, and drinke thereof.

For

For to ingender winde in the stomake.

Lentilles eaten too much.

Ripe Mulberries after meate
Wayle Nuts, or Filberds
Ripe Olives } eaten.

For cold windinesse, or blasting of the stomake.

Phillipendula rootes in powder with wine

Annyes seedes } drunke,
Comyn seedes } or eaten.

Ligusticum decoct

Pencedanum sap of the roote

Caula Campana roote decoct

Peon roote boyled

Stone Parcelly seede decoct

Smyrneum Creticum seede decoct

Agnus Castus seede decoct

Juniper gumme dissolved in wine

For to comfort the weaknesse and overcasting
of the stomake.

Lentilles husked, thirty grapes swallowed downe,

Cicory and Endive eaten.

Squilla prepared and taken.

Wild Thyme leaves, branch and tendrils layd to the stomake.

Kaspis flowers boyled, decoct in wine and drunke.

Blache sowye Cherries eaten.

Ozinge and Lemmons iuice

Cozuell fruite

Putmegs

Greene unripe Olives

For to comfort the mouth of the stomake.

Stone Parcelly seede decoct and drunke.

Putmegs eaten and drunke.

Pomegranates iuice

Quinces, Quodimack and marmalad } eaten.

Rough and choky Peares

For the Collicke of the Stomake.

Take of Wormewood, one pound and an halfe, of
Peaches leaves, a pound: Mother of Time, red
Mints, and Perriory on the wall, of eche a handfull. Dark
frage and Penny-Royall, halfe a handfull of eche, Fennell
seeds, a quarter of a pound, Comminell seeds, halfe a quar-
ter of a pound, Annis seeds and Liquoris, a pound of eche:
bruse all the seeds, & put them into sixe quarts of good Hacke,
and distill them in a Lymbeck.

To cleanse the Stomake, and cause digestion.

Take Mynt water and Wormewood water, of eche a
quart, Malmeley a pottell, a good quantity of brused
Synnammum, and almost as much sliced Ginger, a good plect
of Sugar: put them together, and sturre them well, then
put them in a glasse, and let it stand till it be cleare: and let
the Patient drinke of it first and last sixe spoonfulls a time,
blood warme.

Ad idem.

Take a pynt of malmeley, a pynt of mynt water, Cin-
ger and Synnammum one ounce of eche: bruse them, &
put them together, with halfe a quartern of Sugar in the
malmeley all one night, and in the morning drinke it.

For

For stinging with Bees or Wasps.

Water. Mynt, Kne the tuice, } pound and
 Mallows, Parly mallows, } layd to.

For Strangury and hote pisse.

Athills half an ounce, Jarmander leaf & flow,
 er decoct in wine, Coma leaf & flower in wine
 Philipendula roote boyled in wine,
 Bnot gras, Cecillios seed, To: dill seed, } decoct in
 Dancus seed, Saxifrage root & seaze, } wine,
 White Saxifrage roote decoct,
 Arabacka in wine decoct,
 Onyon rootes soaked in water,
 Tragum seeds, } decoct in
 Tetrach leaues, } wyne,
 Trifoly leaues and flowers in water, } drunke
 Calamus Aromaticus,
 White Camelton roote in red wyne.
 Starre Thistle in powder decoct,
 Boncus tuice with wyne,
 Wild Carot seed, Winter Cresses seed, } decoct in
 Charnell, White Poplar bark } wyne,
 The wild spurge in the Rose bush decoct,
 Lawrell Alexandria roote decoct in wyne,
 Plumtree gumme dissolved in wyne,
 Ciprus leaues boyled in wyne,
 Asperagus first springs perboyled, eaten in salade.
 Water Cresses eaten in salade. Cedar fruit eaten.
 Cleere liquid Rozen with pismegs eaten.

To prouoke sweating.

Chamepitis rubbed all over the body.

Violets decoct, and sit ouer as a stew.

Calampnt drunke with homed water.

Libanotus seeds mingled with oyle, and anoynt the body.

Pencedann root dyed, mixed with oyle of Will, and anoynt.

Bellitory decoct in wyne, anoynt the body.

Pasterwort, Cardus benedictus, } decoct in wyne,
 Smyneann seeds, } and drunke.

Figges eaten. For

For stinging with Wasps or Bees, and such like.

¶ Anoint it with *Opithrebatum*.

¶ Anoint it with iulce of *Scordium*.

For the Collick, Stone, and Strangury.

¶ Take the stone in an Ore gall, as much as a Beane, *Tormentil* ij. penyworth, Bayes j. ounce, Clones, Haces, long Pepper, of eche j. penyworth, two Acoznes, Swartbiter stones, Cromell seeds, Clot War seeds, of eche a spoonfull, Hato stones half a spoonful: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take vp with your thumb and two fingers, or more, the more the better: stirre it well together, and drinke it.

If you fæle it bitter, two or thre spoonfuls of ale after it, will abate the bitternesse.

After the taking of this powder, if it doe not thoroughly help after a fortnight or thre weekes, take a good handfull of *Wym*, and boyle it in a quart of white wyne, and in the time of boyling it, throw two or thre pibble stones in the fire, and burne them to coles, bruse them, and cast them into the wyne, being hote: after strayne it, and drinke it fasting at moynes, and fast two houres after it.

Fr. Steuens.

For

For hardnesse of swelling.

Galeopsis seed, Walke and roote pund,
 Lynsæde boyled,
 Wynd-weed leaues pund,
 Pelliot raw pund,
 Rayfins kernels with salt pund,
 Zedamyn pund, Oyle of ripe Olives,
 Acornes small with salt pund,
 Plane tree young tender leaues pund,

} layd to.

For all hote swellings.

Flebane seed soaked in water, (flower,
 Water-Lettice, or grains mingled with wheat
 Rush-Bazell pund with Barley meale, parched,
 Cozne Rose leaues and greene heads pund,
 Mandragora fresh leaues pund with parched Bar-
 ley meale,
 Pelliot boyled with it self in sweet wine, or mixed
 with the yolk of a rosted egge, or with Lynsæde,
 or the meale of Penigræke, or Cicory,
 Our Lady Lillie root decoct in wine,
 Saligot leaues, Wild Cole leaues pund,
 Malloves with Swines greace,
 Garlick with Swines greace,
 Olive tree leaues,
 Water of hollownesse of Bæch tree,

} applied &
} layd to.

To dissolue hard cold swellings.

Oyle pund and mingled with oyle and weye,
 Stinking Gladin with viniger pund,
 Gladiolus roote with Furay meale, pund & homed
 Saffron mingled with womans milk, (water,
 Horismum seed mingled with water,
 Rigella with viniger pund,
 Albanotus leaues pund, Oppopanax,
 Rots of Lacerpitium with oyle pund,
 Sagapenum soaked in viniger,
 Galbanum, Anomacum,

} layd to.

For

For the Strangury. A plaster.

¶ Take ashes of the roote and leaues of Chameractis:actus
signifieth Elder, and Chamer is ebulus: which herbe or
ashes, boyle till it be liquid: then so hote as may bee suffered,
pectini cum fastia ponas, and he shall presently make urine.

And when by drop meale, and in extreme heat he painefully
maketh water, take wheat bran, & thereof make a poultis, and
let therof be daily offered to the patient fasting, and after make
a plaitter thereof with Popilion.

For Warts.

¶ Stamp Eggs with salt, temper it with vinegar, and
lay it to the Wart, and in foure dayes it will be whole.

¶ Roast the yolke of an Egge well, stamp it with oyle of
line, or of Violets, and make thereof a playster, and lay it to,
and it will doe away the Wart in one night.

For

For to dissolue cold hard swellings.

W^hite Cucumber roote with viniger,
 Wheat bread boyled in homed water,
 Lentin of Rye meale,
 Barley meale boyled with Figges and homed
 water,
 Beane meale playster-wise,
 Fenugreke meale in mead,
 Swēte Trifoly decoct,
 Smyrneum leaues decoct,
 Water Pepper leaues and seede pund,
 Pepper mingled with pitch,
 Dried Figges pund,
 Liquid Rozen,

} applied and
 layd so.

For cold swellings.

S^othernwood seede with barley meale pund,
 Sinquefoyle roote boyled in viniger,
 Black Polyn boyled in water, or pund with
 hony,
 Tyne pund with hony,
 Eragoziganum pund with hony,
 Dancus seede pund,
 Scamony twice mingled with hony,
 Duth Brank M^oline,
 Malloves by it selfe, or with Swynes greace
 pund,
 Marsh Malloves pund,
 Cresses seede with hony pund,
 Carlick with Swynes greace pund,
 Dryons decoct with Figges,
 Mallnuts, Rue and Figges pund, and with
 Rayling,
 Arbor Inde young tender leanes,
 Gifflete leaues and fruite with Tarre and were
 playster-wise,

} layd so.

For

For thighs wearyed, and that ake,
and that are stiffe with trauell.

¶ Take Brookelpine, Dorehound, and herbe John: make
a playster of them, with shepes tallow, swyes greace
and hysse-boning, and lay to the payne.

For

For all swelling and scurviness about the Seeges.

Cinquefoyle rote boyled in vintger, layd to.

For to take away sweating.

Dry Myrtle leares, with oynments conseruent.

For hardnesse and shrinking of sinewes,

Sothernwood saide, graine of bay, decoct in wine
or water,

Temperote decoct in water,

Cocula lutea bzuffed,

Iris rootes pund,

Oyle of Lillies,

Penny royall with hony pund,

Agapenum,

Galbanum mixt with myrrh,

Marabacca boyled in wyne,

Rubarb taken by discretion,

Balsamine oyle,

Albeate meale & the iulce of Venbane mingled,

Acanthus drunke with wine,

Yellow Affodils, one dram in wyne drunke.

layd to.

For drawing or aking of sinewes.

Decedanium iayce —————

Lacerpitium

Amomacum —————

layd to.

Colloquintida white pith in small quantitt, layd to,

Acanthus rote decoct in wine, drunke.

Groundsell leares and stowes with powder of —

Frankincense

Witchy leares and barke boyled in wine —

layd to.

For

For sinewes strunke.

¶ Take Rosemary, Thyme, Lavender, Dill, Balaie, Broom-
lyne, Marjole, Louage, Smalledge, Maruon, Camomile,
Mint, Plantayne, Herbe Robert, Adders tongue, Poly-
pody on the Dike, Catubrydas, Deylies, Camfray, one hand-
full, or halfe a pound of eche: chise them small, put them into
a pan, take a gallon of oyle Olive, Bay butter, two pounds,
new waxe, halfe a pound: put all together in the pan, and let
it stand nyne dayes, stirring it once every day, then seethe it, till
the waxe and butter be melted and incorporated, strayne it in
a bessel, and leave nothing in the strainer, then put your oyle
into a pot, in which oyle or fresh greace hath bene. This oyle
must be made betwene May and Bartholomew tyme.

A precious salve for all wounds and sores.

¶ Take pigg greace, Coliphony, hyssopone, white incense,
a good quantity of eche, stamp them, & mixe them with
the white of an egge, spread it on a piece of parchmant, presse
the wound with your fingers, to cause the blood come out, and
apply that playster, which will heale speedily.

A precious oyle to heale a wound in 24. houres.

¶ Take the flowers of St. Johns wort, & Rosemary flowers, of
eche an handfull, put them in a glasse, and fill it with
good oyle, close it, that no ayre goe forth, let it in the sunne 30.
dayes, and in cleare nights also. When the oyle hath gotten
the colour of the flowers, strayne it, and put to it, of Ginger
in powder, one ozam, and a little saffron dissolved in good wine,
then set it in the sunne againe 18. dayes: warme the oyle, and
anoynt therewith twice in the day.

§ 2

For

Rams little Dodeon.

For payne, or swelling sinewes.

Cynoglosson boyled in wyne or water
Pariculus roote with hony pind,
Euphorbium prepared, ————— } layd to.

For to soften sinewes.

Pinkist oyle mixt with other things conuenient.

For to ioine sinewes cut.

White Lilly rootes pind with hony
Groundsell with powder of frankincense } layd to.

For to appease payne in the side.

Blacke Polyn, with Rue leaues decoct in wine**C**oates beard roote boyled in wine**E**yme boyled in water and hony**S**age decoct in water**R**ue with Eill decoct**G**entian roote the iuice**S**etwale rootes decoct in wine**C**apsia the barke of the roote decoct**T**risoly leaues, seede and flowre decoct**C**aroline roote decoct in wine**P**arcelly seedes decoct**P**ellow Affodill rootes decoct**L**eaues, roote and barke of **A**stræ decoct in wine**O**ppoponax.**C**alewojt stalkes burnt to ashes, mixt with swynes greace, ap-
 plyed.**M**istle seedes with wyne lees pind and layd to.**P**arceneps eaten.**S**albanum perfumed.

For to dry a moyst stomake.

Lentiles blanched eaten.**G**arden Spadder roote pind and layd to.**S**pizles iuice drunke dyed.

For

For all swellings.

¶ Take Groundsell, Bimbelyme, Chicken wode, Daisie, petty morrell, & herbe Wenne: Stamp and boyle them with two parts of fresh butter, and one part of white wyne, and lay to the grise as hole as may be suffered.

Payne of the Spleene is thus cured.

¶ Take Fennell rootes, Parsely, Smalledge, Knibholme, Asperagus, with their laves, galle, the middle barke of Elder, Tamaricks old barke made cleane, Lime barke and Poppericon: Stamp them all, and keepe them three dayes in vinegar and water, and after boyle them, and put to the clarified honny, and boyle all to a thickenesse of honny, which is Drimell, give it the Patient to drinke early and late, with warme water and salt, being diligently purged, and lay a playster upon the Spleene, and let the Patient take every day on an empty stomake, three rolles of Radish dipped in honny, and make a thus in this maner:

Make a ditch or hole in the earth, the depth and quantity of the Patient, make it hote with burning coales: then draw out the coales, and sprinkle the ditch with vinegar or wine: then grow it with diureticall herbes: then let the Patient in the hole to the necke, and couer him with the diureticall herbes, all but the head, and put a cloth over him till he sweate: then take him out, and couer him in a convenient place.

For to cleanse the teeth.

Aristológia rotunda powder often rubbed.*Gingidium* hard stemmes, or spikes used to pick the tooth.
For tooth-ache.

Cellony rote —————

Perniclie

chawed.

Wagstrage rote —————

Stimpernell iolce snuff in the nose

Pentabillon decoct in water

Planten rote and iolce decoct

White Polyn rote boyled

Wright Garnen, or the rote decoct

Bellitory rote decoct in viniger

White Clebor rote boyled in viniger

Fruite of *Solanum somniferum* boyled

Benbaue rote boyled in viniger

Camelion rote boyled

Ladies Thistle boyled in wine

Caroline rote boyled in wine

Shæpes foxtell boyled in wine

Hard mallowes decoct

Willow Parcey seede chawed

Mustard seede chawed

Origan decoct

Pellow Affodill rote prepared, boyled in
old wine.

Syrk and Basson

Carnot tender crops boyled in viniger

Tamarisk leaues decoct in wine

Capers seede boyled in viniger

Mulbery leaues decoct in wine

Lacorpitux rote chawed or put in the tooth.

Pyppenar applied.

Sagapenam put in the hollow tooth.

Balsam leaues put on the tooth.

Silly iolce of Riges applied.

For

A playster for the tooth-ache.

Take a lye burne of the Ash tree with hares, a good deal
of breast rinde, and wet it with your tongue, and lay on
the ashes, then lay it playster-wise upon the beere that lyeth
before the eye which goeth to the tooth, and let it lye the space
of an houre: then lay another lye burne, and so the third. these
three playsters will make an incision upon the beere, and there
will be a deep of blood in the middle of it, let it alone, and wipe
it not, till it be dry as a scab, and fall off by it selfe: for then the
beere is stopped, so as the blood cannot come to the tooth nee
gumme, which causeth the ache. *Often repeated.*

For the same.

Take the wyce of Rue, and as much in quantity of hony: and
with lye make little ballies dypt in that liqneur: and if
the tooth be hollow, stop the tooth: if it be not hollow, lay it to
the gumme where the payne is, and it healeth wonderfully.

For tooth-ache of Rheume.

Take running water and Nettles, boyle them well toge-
ther in a glass pot, put thereto a quantity of vinegar, &
a piece of Rube Allum, boyle them a little, then set the pot
from the fire, and cast a cloth over the Patients head, and let
him hold his mouth open as wide as he can, so as the fume may ge-
t into his mouth, and let the cloth hang close about, that no
ayre get out, and he shall be cured: but have him warme from
cold halfe a day after.

For spreading Tetter.

Veronica decoct in wine and drunke.

For roughnesse of the throate.

Wheate meale boyled to paffe oz pap, with butter and nuts
licked in.

Starch mixed with milke, licked in.

Spelt meale boyled with fresh butter & new Coates salt eaten.

Figges eaten.

Quinages in Arrop eaten.

For Squinancy or swelling in the throate.

Violets, the yelloe in the midst of the flowre, decoct in wa-
ter, gargarized.

Hysop boyled with water and figs, gargarized.

Claterium layd to, with oyle oz honye, oz the gall of a Bull, oz
Tre.

Saligot leanes boyled in water, applyed.

Double tongue leanes and rootes, gargarized.

Figs decoct and gargarized.

For Almonds or straynes about the throate,
and the rootes of the tongue.

Mustard with honye and viniger.

Double tongue leanes and rootes.

Mulberies leanes and rootes gargarized.

Figges eaten.

Walnut shell greene barke decoct in wine, gargarized.

Rhubarb bushes and shells decoct in wine, gargarized.

FINIS.

1774.

after and rest

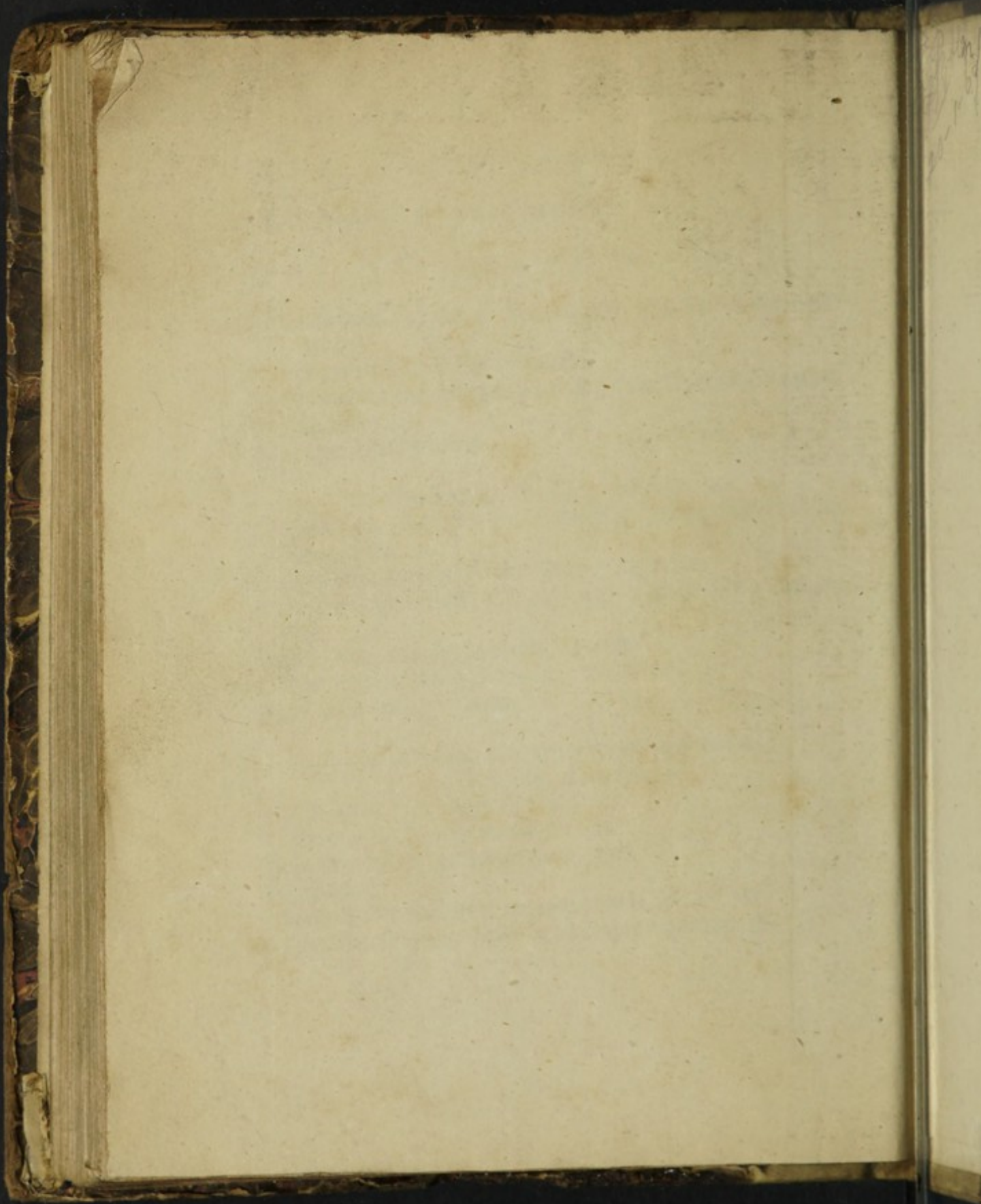
after full rest.

etc.
decad in 1784

all of a Bull, as

orate,

parties.
parties.



P. m. j. v. p.
20-1-6.

