Two treatises. The first of pulses, the second of urines / By J. Fernelius, [tr. by] Abdiah Cole and Nich. Culpeper.

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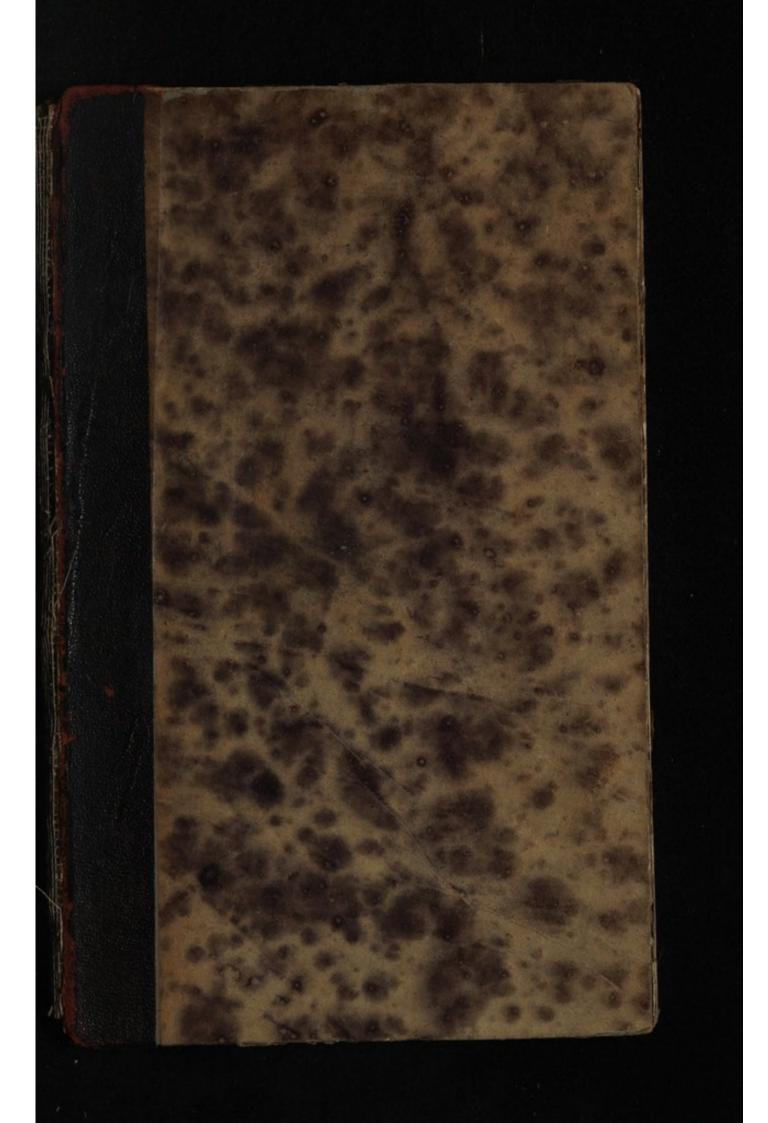
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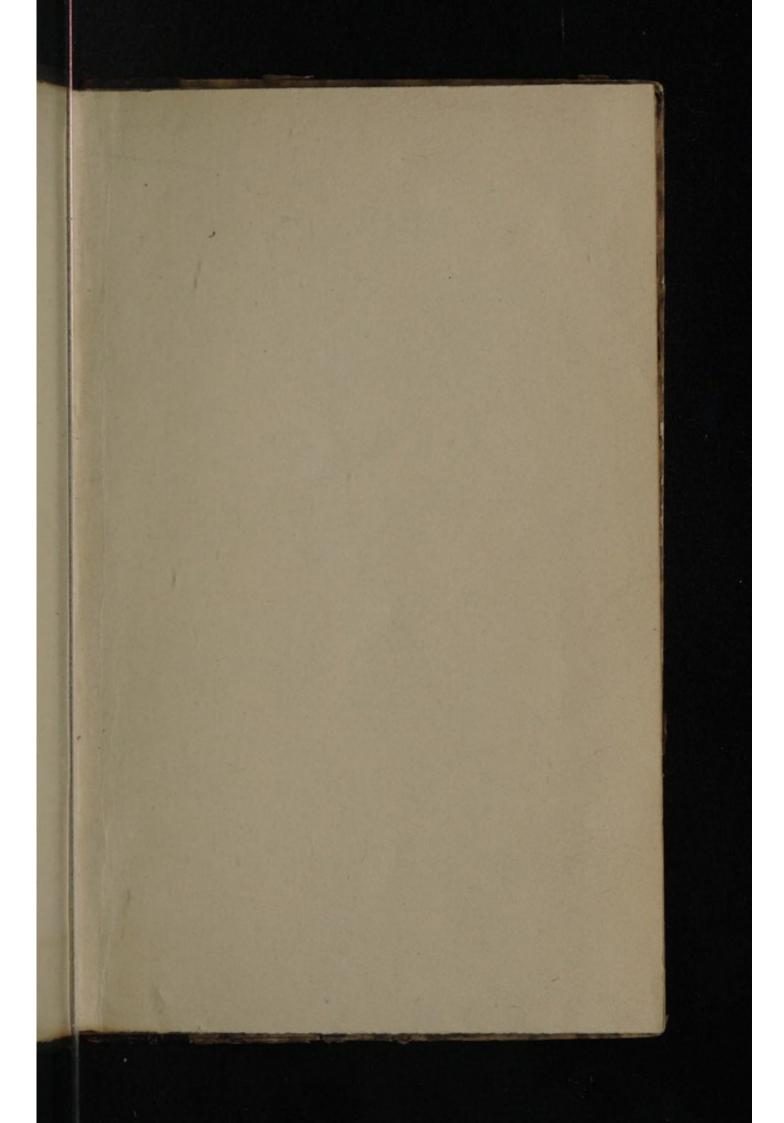


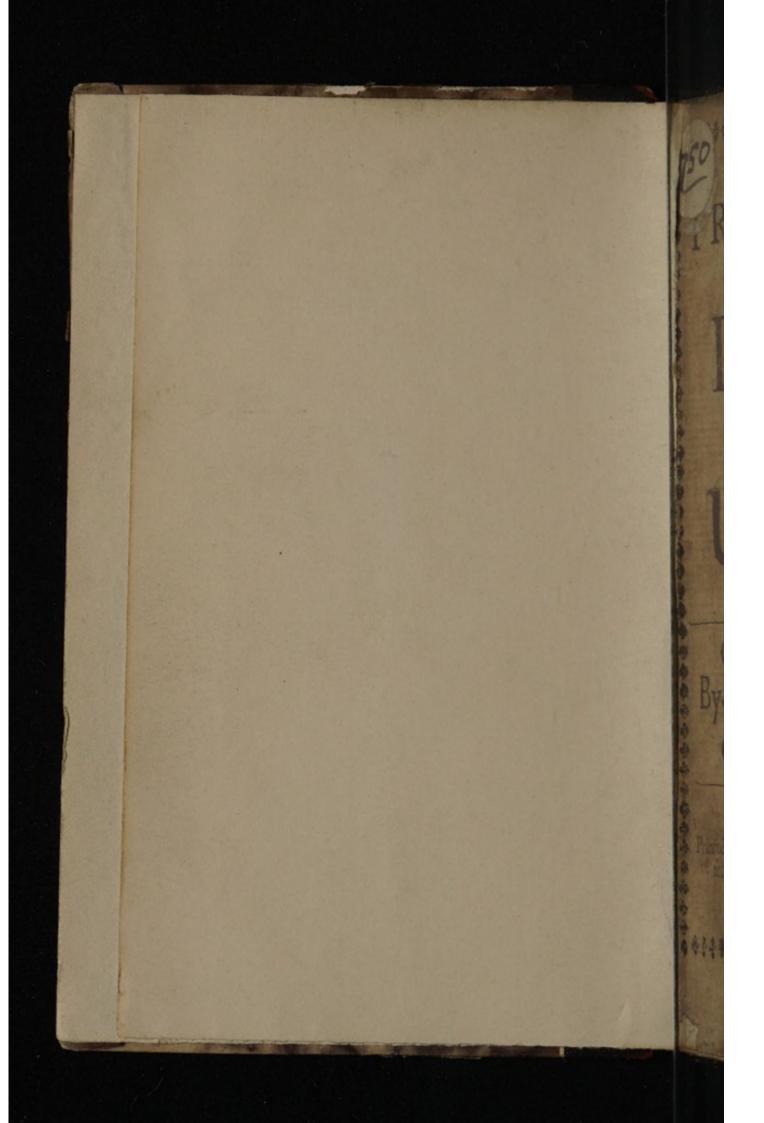


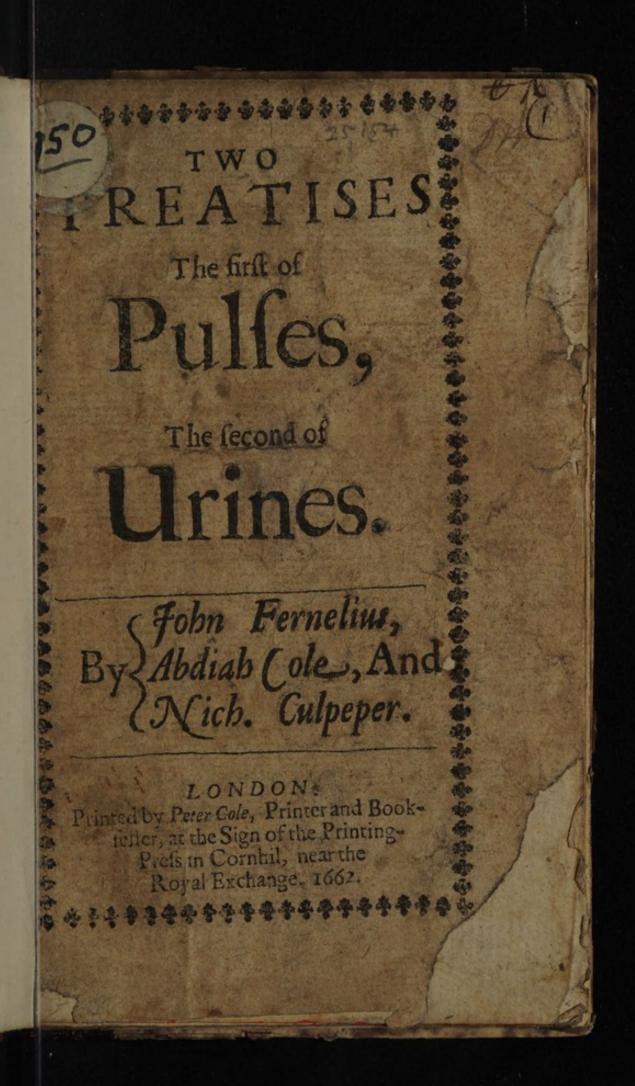


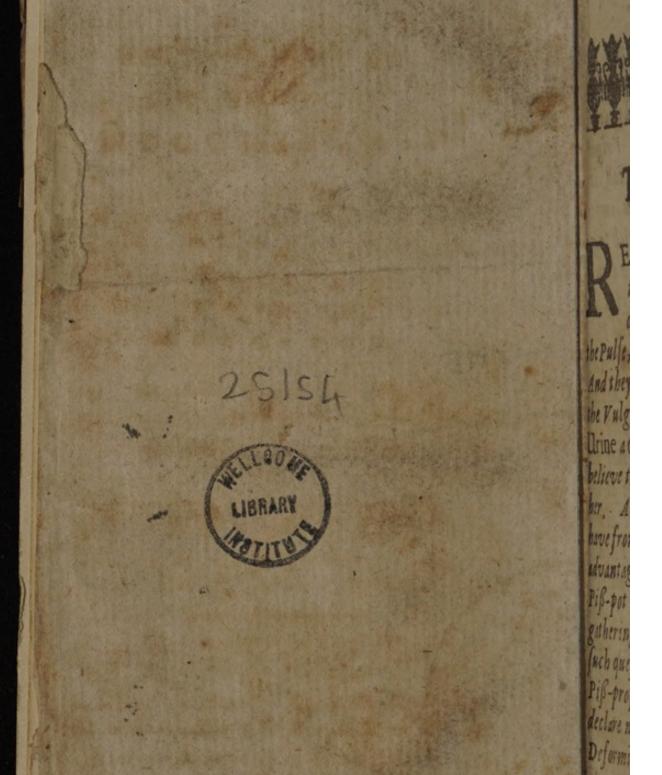
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FERNEL, J.











To the Reader.

Eader, It is not denied by any true Physitian, That by Inspection into Urin, and by feeling of the Pulse, many Diseases may be found out: And they have been so long used, that the Vulgar people have made the Harlot Urine a Goddess equal to Cloacina, and believe that nothing can be known but by her. Alsomany illiterate Mountebanks have from the Peoples simplicities, taken advantage to read unto them variety of Piß-pot Lectures to delude them: by gathering from their own Answers, to such questions as they propound, strange Piß-prophesies; whereby they seem to declare not only ordinary Diseases, but Deformities, and things no way discoverable

To the Reader.

rable by Urine; Nay sometimes they attempt to speak from that Text, of humane Events, things past, and to come, to get admiration from the Vulgar; By the Casting (as they call it) of an Urine, others slight it as impertinent. But it is no good Logick to gather from the abuse of athing, a Consequence for the not using of it, Let not the excellent Rules of Judging by Pulse and Urine be laid aside, because they have been abused. To put this Art in-toits primitive Lustre, I have here laid down the most exact Rules that may be. The true Knowledg of a Disease is accounted half a Cure, I therefore advise all sober Physitians and discreet Patients to use all means to obtain it, without which all wil be but lost labour. Something may be discovered by Urine, more by Pulse, most by the Patients candid Relation of external Causes, Accidents, and Circumstances, let all be laid forth plainly if thou wilt take the Advice of

Abdiah Cole.

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Printer and Book-seller of
London, at the Sign of the
Printing-press, near the
Royal Exchange.

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A Treatile

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ROYO



TREATISE Pulses and Urins.

What a Pulse is, and how many sorts of Pulses there are.



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He Pulse and Urin declare diseases what they are, for the Pulse shews the Constitution of the Heart, and Arteries, and the Urine declares the Constitution of

the Liver, and the veins, by the adminification of which the whol body is governed. The Pulse doth cheifly shew

the strength of the whole body, and more plainly that of the Heart. The Urin shews manifestly the state of the Liver and humors, and the dileases from thence, and declares also but not so plainly the strength of the Body. Therefore we shall speak of these as certain Signes, and as a much as Art requiretth.

A Pulse is the motion of the Heart, and Arteries, that cools, - the natural heat by contraction and dilaration; called Sy.

stole, and Diastole.

Diastole or Dilatation is that by which the Arterie opens its felf to take in Ayr. and thin Blood, to temper the naturall Heat, and nourish the Spirits. Systole or contraction is that by which the Artery closerh to expel the Soot contracted. upon the Spirits by adultion. Between thefetwo motions being contrary, there is a twofold Rest, the one, at the end of the Diastole, and the other at the end of the Systole. Now the differences of

of Pulses.

Pulses arise from the Di-The Differences | aftole, or from the Rest; or from the Order: five kinds of Pulses come from

the Diastole, as from the Quantity, Vehe-

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mency, Time, Quality of the Artery, and freeding of the Artery: the Quantity makes a long, a broad, or a high Pulle, as the Artery opens. These all together make a great Pulse, when the Artery opens every way. The contrary to thefe, are a short, narrow, and low Pulse: and when they all are together, it is called a little Pulse. That Pulse is called moderate which is between these extreams. Therefore the Pulses from quantity are long, short, or moderate; broad, narrow, ormoderate; bigh, low and moderate. From the vehemency of Dilatation, comes a Pulse called strong, or vehement, when it beats hard upon the finger: and that which beats weakly is called a faint Pulse, and that between both, is called moderate, from the time, that Pulse is called swift, which in a short space opens the Artery, that is called flow which is long, and that moderate, which is between both.

From the quality of the Artery, the Pulse is called foft, when the Coat of the Artery is tender and loose, it is called bard, when it is hard, and moderate when it is indifferent. From the spreading, or perfusion of the Artery a Pulse is called full,

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when in the Diastole or Dilatation the Andth Artery is not only large and fwollen, but iscall The Pulse is called full of humors. empty, when you feel it swollen with wind and not with blood, as you may Pulfe i perceive by your finger when it is not firm and folid: The mean between these is called a moderate Pulse. The fixth kind of Pulse is taken from the rest or quiet between the bearing, hence a Pulse is called frequent, when it often, and with short time of rest streatcheth the Artery, and beats upon your finger: that Pulle is called rare which with longer distance. The seventh difference is from the order, when it is allwaies alike, it is called &qual or even. This is of two forts, as when it is in all, or many stroaks equal and alike every way, when in every stroak there is a likeness and aquality in magnitude or greatness, and in swiftness and the like differences, or it is called aqual or even, when in one ftroak, the beginning, end, and all the parts of the Artery proceed aqualy. A Pulse is called unequall in multitude, when many Aroaks compared together are unequal, and unlike, either in telpect of greatness or swiftness, or vehemency, or the like.

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And that which is fo in all those respects, is called absolutely unaqual. An unaqual or uneven Pulse is of two forts, it is either æqualy uneven or unequaly uneven. That Pulse is aqualy uneven, when it hath an even and alike motion in an inæquality, as when the fecond stroak is somewhat less then the first, and the third then the second, and the fourth then the third, and fo forward. This is called with \ in Greek the Moustayle, and in Latine a Pulse that grows smaller and smaller: If this decrease till it quite stand stil, it is called Myurus, or Moustayle deficient, if after it arise as great as at first, or less it ed a is called Myurus reciprocal. A Pulle unequaly uneven, is that which hath no equal likeness or similitude, nnæquality, and if this cease, it is properly called an unicy in even and deficient Pulse: And if after inels two or three or more stroaks, the Artery a Hed begin to bear again, it is called a deficient s, the reciprocal Pulse. An intermitting uneven Pulse is like to this, when there is very is callong rest. To this intermitting Pulse is opposed the intercurrent Pulse, as when many equal, you feel a stroak thrust in between the cwo stroaks you expected. Moreover a Pulse uneven in one froak is twofold, for And

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it is either in one part of the Artery or in divers. A Pulse that is uneven in the same part of the Artery is threefold, for though the motion of the Artery be constant and continual, yet is it not sometimes alike, at the beginning, middle, or end; sometimes it rests, and sometimes Arikes twice for once, the motion is uneven at the beginning and end, fometimes in respect of vehemency, or magnitude, or swiftness, or the like. The Pulse called intercident is when the distention wants continuity, and is cut of by a rest. and though it strike twice, it is not two but one pulse or stroak, and if after the rest, the motion following be quicker and ftronger, then the motion that went before the rest, then it is called a caprigant pulse. The Pulse called Dicrotus or recurrent which strikes twice, is when after all distention is past, it beats again like the hammer that leaps from the anvell after the ftroak : this is different from the intercident, sometimes the Aroak returnes not once only, but twice or thrice. A pulse is called uneven in divers parts when it doth beat alike upon many fingers laid thereon, as when four fingers are laid upon the Artery it beats

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beats onely upon the fecond and fourth, or first and third finger, and not upon the rest. A Pulse is called uneven in magnitude, vehemency, bardness, or fulness when all fingers touch it alike, and yet magnitude or greatness, vehemency or strength, hardness or fulness is not alike to all if there be hardness withall, this Pulse is called serratus or sawed pulse. there is also an uneven pulse, in respect of the fituation of the parts of the Artery when one part of it runns to the right hand, another to the left, one upwards, another downwards, if this be very manifest, and the diastole or dilatation of the Artery be great it, is called Vibratus pulsus or a darting pulse, in which there is an often unequal thaking as in darts which are thrown with a quick force, if it be less manifest, and the Artery appear freeched and drawn afide, on both sides, the Pulse is called convulfive. The Pulse is called undosus or mater-like, when the Artery strikes the first finger more fully and strongly, and the fecond more weakly and gently, and the third finger fuller and ftronger, and strikes the fourth finger more gently, this is called uneve like the bilious of pouler.

water. A vermiculant Pulse is that which is like the creeping of a worme, it is somewhat like the watery pulse last mentioned, from which it differs not in unevenes, but in strength and greatness. next is called formicant, or ant-like Pulse, which is very smal, very weak, most quick, and uneven, differing as much from the worm-like Pulse, as that doth from the waterlike. Every uneven Pulse is of two forts, ordinate, and inordinate, an ordinate uneven pulse is when the order of inæquality is kept, as when there are four uneven stroaks, and every four stroaks have the like proportion of inæquality. An inordinate uneven pulse, is when there is no similitude in the inequality, or order in the Circuite of motion.

CHAP. II. How to feele and know the Pulse.

Et the hand that feels the Pulse, be temperate, foft, not callous, but of quick fence

What the Physician must observe in touching the Artery with the ends of his fingers.

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Arrery of the wrift, lernot the Patients hand be lifted up, nor let down, nor stretched out, nor bound, nor leaned upon, nor the palm of the hand upward, nor downward, but let it be in a natural pofition, held even with the little finger downward. If the Pulse be obscure in the wrist right against the thumb, you must feek for it in another place, or in the other wrist, for one fide may want a pulse from obstruction, or it may alter by reason of a wound or Contusion. A vebement strong pulse is not known, except you press the Artery with your fingers close, this differs from a great and from a ful pulse because it seems to refist the touch by its strength: Nevertheless you must not press it so, that the force of your hand may overcome the strength of the Artery. A faint pulse is to be descerned best, when the hand hangs down with the palme upwards, and it must be touched gently: for if it be pressed hard, although a faint Pulse may be also great as in a Lethargy, it will appear very little and not be felt. The Systole is somewhat perceived in a vehement, great, and hard Pulse; but never in a faint: In a most great vehement

ment and hard pulse, it is plainly perceived when the Artery is strongly pressed. The external rest between the stroaks, is perceived by a gentle touch, the internal by a pressing of the singers close. He that wil be perfect in the knowledg of these, let him sirst exercise himself in the Systole or Contraction, and internal rest of the heart, for that beats most violently, for they are manifest by touching of the breast, and by that he may learn them in the Arteries, other differences of Pulses must be observed by moderate touching.

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The General Causes of Pulses:

There are three causes of Pulses, to efficient, the impelling, and the instrumental; The chief and efficient cause of Pulses, is the moving faculty of the heart. The instruments are the Arteries that follow the force of the faculty, and obey it: The cause that stirrs up the faculty is use and necessity of motion.

VV hence comes the cause of the necessity of Pulsation, and how many causes there are of it.

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of motion. Now all necessity comes from a præternatural affection, which being offensive and troublesome to the heart, it ftrives to shake off : this affection is threefold, either it is want of hear. or Spirit which the heart by beating labours to get, or a cold or hot diftemper either timple or from a Fever, or Flegmon which it delireth to cool, or it is some strange Substance which it laboureth to expell, as when Smoak, or a Vapour or humor smires the heart, with some vicious quality or pressethit with its plenty. There are the internal canfes: The outward are all immoderate motions of the body, and perturbarions of mind, as Anger, Shamfac'dness, Fear, and Sorrow. Therefore the faculty of the heart being stirred up by a necessity from these causes, takes in a new air from without by Diastole, which may cool the hear, and nourish the vital Spirits. By the Systole the adust Smoak of the Spirits and what foever is præternatural to the heart and arteries is purged. Therefore use and necessity forceth the faculty of the heart to beat, this faculty stir'd up moves the instruments and Arteries, and these yeeld to its force, now there

there will be alwaies beating from the condition of the necessity if there be strength in the faculty, and if the Arteries wil comply, and these two, namely vital strength, and the constitution of the Arteries do oftentimes hide the significations of necessity: for large arteries usually cause a great Pulse, which will appear if they lye not very deep. But small and narrow Arteries such as are in fat folks, cannot produce a great Pulse, also if the vitall strength be active, the pulse is naturally great and strong, if weak, it is saint and small, from these causes some

How to know and g

and great Pulses, and some in the prime of their age

have little or none. The cause of vital strength, is not easily perceived. Therefore there is one observation of great consequence in all, which will give a large knowledg of the Pulse and nature, when there is a mediocrity from the concurrence or joyning of all causes the the Pulse is moderate, and when the mediocrity is wanting, the Pulse is changed, and becomes immoderate.

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CHAP. IV.

The diversity of natural Pulses, and from what causes they are changed, without diseases by bealth.

To know the Pulse, and Temper certainly you must know the moderate Pulse, and that must be a rule for the rest.

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First then let us labor to know a moderate Pulse, that it may be a law and rule to the rest. That is called moderate which is neither great

nor little, fwift nor flow, often nor feldome, strong nor faint, hard nor fost, nor unequal, nor any other way exceedeth, from this all the rest by comparison are called great or smal, quick or slow, or the like. This is onely to be found in the best constitutions that are most temperate, but in intemperate natures the pulse is different from this, even while they are sound. For they who are of hot nature, have a quick, often, and great Pulse; for there is in these a great necessity of purging out the smooth, and they have

have strength enough to doe. The contrary is in them of a cold nature; lean and slender people have a great Pulse, but seldome and strong, because the Artery is easily distended without any hindrance: Hence it is that the pulse is far greater in men then women, but somewhat slower and seldomer. In Infants

Things that change the Pulse, as sex, age, time of the year. and children the Pulse is most quick and often, because the abunddance of hear desires and p

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to be cooled by the Diastole, and the plenty of smoak or foot in the spirits may be purged by the Systole. Pulse is flower and seldomer in old folk. The young persons Pulse is greatest because the heat is sharp, and the Artery large. The old is least, the childrens is of a middle fort, for the necessity is great, but the Artery is streight. The Pulse of a young man is most vehement, because the faculty is most strong, of an old man it is most faint, of a boy, it is moderate: From these we may conjecture what natural Pulse every sick body ought to have. This may be changed even in time of health by the Ayre and time of the yeer, by exercise of body and

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and perturbation of mind. In the middle of the Spring the Pulse is greatest and strongest, because in that excellent temper, the faculty is most strong, and it is moderate in respect of swiftnes, because in a temperate condition the pulse is moderate, but in the middle of Autumn, and Summer, the Pulse is swift and often, for necessity and use increase, but it is then small and weak, because the faculty is faint. In the winter because the use is not so much, the pulse is slower and seldomer, and less then in Summer; but stronger.

Of Countries, Climates, | The Countrey.

they which are vehement hot !

are like midfummer, the cold like win-

ter, the temperate like the Spring.

Moderate Exercise maketh Motion. Pulles strong, by stirring up the laculty, but they are great, swift, and often: because the Use increaseth by the increase of heat. In Idleness the contrary appeareth. Immoderate exercise above the strength, makes smal and faint pulses, but quick, and often by use, and when the strength decays they are slow, and seldom; the same is from hot Baths, and cold; full feeding, and much

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much wine makes great Pulses, strong, quick, and often, but the change is sooner from wine then meat. If wine be

taken immoderately, it makes the Pulse disorderly, and uneven. In Sleep the Pulse is little, faint, slow, and seldom, presently after it turnes great, quick, and often, and darting,

Passions of crity. Angry people have a great, high, vehement, swift, and often Pulse, forrowfull

people have a little, faint, flow, and fel-The Pulse of a fearfull dome Pule. man is vehement, quick, darring, inordinate, and uneven. The dayly affections of the body, do so change the Pulse, that except you observe them, it cannot rightly be understood, or known how it differs from a natural pulse, when there is a difease: Therefore obferve the natural pulse, but not presently after exercise, Baths, great feeding, Wine drinking, or other hot causes, nor presently after Anger, or Fear, or other caufes that disturb the Heart, and Spirits; you must determine nothing by the Fulfe, till the force of external causes is past,

past, and all the perturbation of the body or mind ceased. All these Pulses are not moderate, but bounded in the limits of Nature. Now we shall speak of pulses contrary to Nature, and shew what they signifie in Diseases.

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The Causes of preternatural Pulses:

Hile the Heart is according to Nature, it defendeth the natural hear and Spirits, by a moderate beating: but when preternaturally affected, it labors to shake off what is offensive, and to restore what is wanting. I shall first shew what Diastole signifieth, and then what a Systole declares in a sick Heart. When the Heart is provoked by use or necessity at the first, the beating is often, whether the faculty bestrong or weak : the often Pulse is first of all, because it is easiest: if this often bearing do not fatisfie necessity, then comes swiftness, and if those two are not sufficient, greatness of Pulse wil be added, provided the faculty be not weak, for that wil 18

wil help with all its strength. If the faculty be strong it causeth a strong and vehement pulse, and a full pulse, if there be plenty of spirits. And we observe that in all Fevers there is a frequent and swift pulse, but not alwaies great, for if the strength faileth it becomes small and weak as wel as frequent. Moreover they who are without a Fever, as in a fwounding, or they whose strength is oppressed with plenty or impurity of humors, as in Leucophlegmacy the pulse is frequent and swift, (for we must not judg a Fever alwaies by a frequent pulse) but not presently great, but little and faint. Therefore the first change of the pulse is not into magnitude, but into oftennels, and then comes quickness, and after greatness. Galen faith that every pulse when necessity urgeth is at the first great, whether the faculty be strong or weak, and there is never swiftness without

Caufe and judgment of every presernatural

greatness. Therefore a frequent and swift pulse shews either hear abounding or want of vital Spirits. A great pulse shews that the

faculty is not weak, a vehement pulse shews that it is strong, a little pulse

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shews want of natural hear, and great coolnels, when this happens, the rarity of the pulle wil be first manifest, and as the hurt increaleth, flownels of pulle wil come, last of all imalness. In increase of hear it wil be just contrary. The difference of pulses as they are long, broad, and high, comes not from the necessity of the thing, and shews not the being of any Difease, but only represents the imped ments which are about the Artery : for the Artery is flietched as much as may be, and the greatness of the di-Araction is somtimes covered, sontimes intercepted with the number, or thickness, or hardness of the adjacent bodies, as of a Membrane, or Skin, fat, or flesh, by which the pulse appears divers, and otherwise than necessity requires. Hence it is that ful bodies have thort and small: flender bodies, long and great, and square people moderate pulses. A soft Pulse shews a fost Arcery, and that the body is full of Flegm, as in a Dropfie, Leucophlegmacy, or Lethargy: either from moist Diet, immoderate Barhs, Sleep or Ease. This pulse as the Disease increaseth, and strength decaies turns worme-like and Water-like. A hard pulse

pulse if it come neither from faintness of mind, nor fear, nor bashfulness, shews alwaies the hardness of the Artery; and there is not any hard which is not also fniall, although not prefently weak. The Artery grows hard by drinefs, binding or stretching. Driness comes from immoderate use of Wine, from burning Fevers, from Leanness, Quartans, and Melancholly. Constriction or Binding comes fomtimes from cold Air, Baths, or water-drinking; fomtimes from bad fruits that breed thick glassie Flegm, stretching of the Artery comes from great Inflamation, or from Scirrhus of the Liver or Spleen. A convultive pulse is like unto this hard and stretching pulse, which thews that the Nerves have a Convulsion, or that the Belly is immoderately loofe, as from taking of Hellebore. A darting Pulse comes from a little and hard pulse; for when there is great need of cooling, and the faculty is strong, when the Artery is hard, there is a quivering from the contention of the ftrong faculty and the Arrery that opposeth it. This shews the same Diseales as a hard pulse doth. Thus you are to judg by the Diastole. Now the Systole is as the Diastole great-

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er or less, stronger or weaker, swifter or slower, softer or harder. The only difference of swiftness and slowness is to be felt, and in those only in whom a Systole

may be perceived.

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The quickness of the Systole shews a great company of adust excrements which Nature labors to expell by

The cause of a quick Systole.

compression of the Arteries. These come from putrified humors which cause Fevers, when their substance or vapor gets into the Heart. Therefore a quick Systole is the fign alwaies of a putrid Fever. This quickness is not only a fign of Fevers from putrid humors in the Veins, but of Diseases in the Liver, Spleen, or the like. The flowness of Systole or contraction is when there is not much putrid and burnt excrement in the body, and when great expurgation is not required. Frequency of the Systole shews that much foul excrements are increased, and therefore the rest outward is very little. The rarity or feldomness of Systole in which the external rest or ceafing is long shews that there are few fmoaky excrements.

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The knowledg of Diseases by the Pulse.

L and exercise of these things. The Differences of Pulses shew both the preternatural Disease, and the place where it is. Diseases preternatural are known by the pulse, either principally, or secondarily. All distempers whether simple, or compounded with humors, are known first and principally by the pulse. Also Plethory, cacochymy simple, & with putres action, Phlegmon, Scirrhus, Obstruction, these Diseases are beginning and

vVhat pulse is proper to every presernatural disease and part. containing causes of al the rest. In a simple hot distemper from heat, or a Fever for a day called Ephemera: the pulse is often swift

and great, and also equal. The same is in a Hectick Fever but a little harder. In a simple Plethory which doth not yet oppress the strength, and in a simple Synoch, the pulse is not only often, swift, and great, and also equal, but also turgid

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gid or fwollen, full and vehement, because that Disease is not in any but the strong people. A Distemper from putrefaction of humors, and a putrid Fever also causeth an often, swift, and great pulse, but uneven, not only in many stroaks but in one: Because the Systole is quicker then the Diastole that the filthy fmoak may be thrown out: also the ceasing is shorter which makes the pulfation oftner. In the beginning of the Fit, the inequality is somwhat manifest, but it is more feen in the increase and vigor. A Phlegmon which is great and in a noble part, because it imparts the heat of its purrefaction to the heart, and the whole body, causeth a feverish pulse: and such as is hard, and fomtimes fawing and darting, because the stretching of the part inflamed goes to the Arteries: And this pulse is harder if the Phlegmon be in the nervous parts, or about the Membranes, Veins, and Arteries. A cold distemper caufeth a rare, or feldom, flow, and lictle pulse; a dry causeth a hard, and a moist, a soft pulse. And this is when the distemper is simple. But if this distemper come from the flux of any humor, there is with the other mentioned,

an inequality of pulsation, especially if the humor settle upon a noble part. For

What kind of of pulfe declares the part affect-

ed or compressed with plenty of humors, or Nature be burdened with them the pulse is unequal; and les

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the more when the humors are thick, flimy and many, than when they are thin and few We know what part of the body is affected by a foft, and also a hard pulse called tentive or stretching, that is Serrant or Saw-like, and vibrant or quivering. A foft pulse shews a gentleDisease and that the part affected is fleshy with Veins and Arteries. A hard pulse sh ws that the part is full of Nerves and Meni-Alfo the parts neer the Heart chat are joyned to it by great vessels, do fooner, and more communicate their Disease to the Heart, and they which are farther off and joyned to the heart by small vessels, do communicate a distemper to it, lefs and flower, By the mixture of these you may know secondarily what pulse is in every Dilease. For when the Midriff is inflamed, the pulse is very hard, Serrant and Vibrant, and somtimes Convultive, but less in a Pleurific, and less

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less then that in an Inflammation or Scirrhus in the Stomach, Bladder, Womb, Guts, Liver Spleen, or Lungs: In a Peripneumony the pulse is great, weak and and foft, and also unequal, both in one particular motion or beating, and many: and often it is waterish or Wave-like called Undosus and Dicrotus also, or Recurrent or beating twice at a motion. In a Lethargy the pulse is like this. and in a Catoche more like it, only it is then equal. In an Epileplie and Apoplexy (when it is great, and the faculty much oppressed) the pulse is faint, little, rare, flow, and unequal, and after turns quick. In a Convultion it is convultive, ftreaching, Vibrant and unequal, but not fo great and strong. In a Palsie it is faint, and flow, and small, somwhat intermittting and out of order. In Afcices it is small, often, and hard, and ftretched, in a Tympany it is long quick, often, and fomwhat hard. In Anafarca, Wave-like, or undose, broad and soft. In a Phrenfre, it is hard and little, very quick and often, shewing a Syncope, sometimes it is trembling and intermitting with a Convulsion. In a Quinzy it is great, and unclose or Wave-like, and fomwhat convulfive,

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vullive, but when suffocation is at hand it is little, weak, often and unequal. In Orthopnea or difficulty of breathing it is unequal, inordinate, often, slow, and deficient and at length faint. In a Phthisis or ptisickit is smal, faint, and not very quick; In a Hectick from Suppuration, it is unequal and inordinate. In time of the matter breaking forth it is slow, broad, rare, and faint. And in other diseases you may know what pulse ought to be, by observation from these.

CHAP. VII.

Observation of Strength by by the Pulse.

T HePulse cheisly shews the Strength, for the vital faculty is the cheif, and preserver of rest, and that being sirme none can dy, therefore from it you may know the life and strength, when death is at hand, the Signes of the vital faculty decaying appear. Sometimes long

Of Pulses. long before as when the difease is long, and the faculty decayes by degrees. Sometimes a little before death, as when the vitall strength by an immoderate and luddain evacuation, or pain, or other great Symptome is dislipated and destroyed: The knowledg of or when it is choaked by strength by the an Imposthume broken, Pulse; is a good or a fudden fl x of hu-Prognostike. mors, or great obstruction. Therefore if the Pulse be the discoverer of the heart, and life it is also the declarer of al the faculties and strength. A robust and vehement Pulse in found men fignifies long life, A strong Pulse what it signifies. in sick men it promifeth recovery. A faint Pulle doth the contrary. When the Pulse is fo vehement, that it opposeth, and hindereth the touch, it shews the strength of the faculty more or less, for it shews that the humors are good in quantity and quality, and well concocted, or that nature is in concoction of some crude humors (this is in diseases recoverable) especialy if it come neither from Anger, nor Exercife, nor much Wine and Meat immoderately taken. Afaint Pulse that 15

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A faint Pulfe. is lost by touching, shews the weaknes of the faculty, and so fainting, or swounding, or that the strength is impared by a

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long disease, or otherwise destroyed, as by fainting, watching, pain, or passion, or by great evacuation, or strength of a disease quite lost. A robust and vehement pulse is commonly great, but not necessarily, even as a strong young man doth not allwaies go strongly and fast, every faint Pulse is not little, nor little Pulse faint; for in a Lithargy, it is faint and great. Now that the strength may

A threefold cause of the infirmity or abasing of strength.

be better known by the pulse, there is a threefold cause of weakness: the first is that which by de-

grees decaies the substance of strength, a second is that which Suddenly destroies it, a third is that which overwhelms strength, by its plenty, or extinguisheth it by its malignity. A faint Pulse alwaies shews weakness, and the other pulsations joyned with it shew the cause of that weakness. Therefore when the vital faculty becomes weak by distemper, want of nourishment, or continuance of a disease, the Pulse at first

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first appears faint, and then smal without, any inequality, and it is rare and flow, if there be no Feaver, often, and swift, if there be; when the faculty growing weaker it becomes myurus, or like a moustaile reciprocal, then afterir is a defficient reciprocal, and formicant, and then it feems abolished or gone, except there bea Syncope or fwounding, the last of al is a truly abolished Pulse which is a little in the ontward parts of the Arteries after they are dead. When the faculty is weak from a sudden dissolution and dissipation of spirits, as by greif, watching, strong Evacuations, and there have been evident and efficient causes of the same, the Pulle at first is faint and fma', often, and quick, but not unequal; when the faculty grows weaker, it is undose or wave like, vermiculant, formicant, seemingly abolished, and last truly abolished. When the Substance of the faculty is not confumed of it felf, but is pressed down by plenty and flux of humors, or by an Obstruction, or preternaturalTumor: and also when it is extinguished by malignity, as in a pestilent Fever. The Pulse is faint, smal, slow, and rare, and continualy unequal infomuch, as

vehement, little, and then prefently great, quick, and prefently flow, often, and then prefently great, and vehement Pulses the more they are, the less the faculty will be oppressed, but the more the pulsations are small and faint, the faculty will be oppressed the more. When the faculty is so oppressed, that it will be suffocated, the

What an intercurrent and intermitting Pulse foretells. Pulse at first is intercurrent, and then internitting in nultitude of pulsations. Intermission, or the h

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Rest the longer it is, the more is the danger. That rest is counted long, which is longer then the beating of two froaks, that is short, which is shorter then one. Intermission of pulse is most dangerous in young men, less in children, not at all in old people. Sometimes it is not deadly in young men when it is usual, and from Obstruction of the Arteries in time of health, or from a long difease as an Asthma from intermission in one pulse or stroak, many old men and children have escaped, but never one young man. If Intermission continue long, it threatens sudden Death, and that the vital heat of the

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the heart will suddenly be extinguished and the animal faculty in an Apoplexy, long outward Rest, and ceasing to beat, is neer to intermission, onely in this it differs, that it is thorter without inequality, but with flowness, but intermission is with a quick and unequal Pulse. It shews that either the body of the heart, or spirit, and blood is shut up, or that some part adjacent is very cold; and it is less dangerous then intermission, but fometimes it causeth sudden Death. An Intercurrent pulse declares the same with an intermitting and hath the fame causes, but it is less dangerous, because in it the faculty being strong, striveth against the hurrfull causes, but not in an intermitting. Then follows a Pulse that intermits in one stroak, this shews that Nature is hindered by unwholfonie causes, but yet that shee contends with them: this is worfe than a Pulse that intermits in many stroaks, because Nature is not only hindred in every fourth or fifth stroak, but in all, which shews sud-

What a caprizant and dicrot or recurrent pulse signifies. den Death. Of this kind is the Caprizant and Recurrent pulse, they plainly shew either the un-

equal

equal Diftemper of the Heart; or that there is plenty of Smoak, Excrements not alike in all parts of the Heart: For the hotter parts contend with the Cold, and the free parts contend with those that are burdened fo that those which by their lightness and hear flie up at first, are drawn down by those parts which are cold and heavy, especially when the Faculty is weak, and the Artery hard. An

What a wavelike and wormlike pulse signifie.

nndose or vermiculant pulse shews that the Faculty is hot ftrong, and the ftrength is much abated: And the formicant Pulse is next to

thefe. In the Inflammation of the Liver and the Spleen, and other Bowels, and in a Scirrhus, because the Pulse grows harder, it can neither be vermiculant nor undose, nor in an Hectick, nor in a Consumption, though death be at the door, but

it will be faint and unequal. Myurus or Moufe-tayl Pulse when it is in one ftroak, shews in a

lean Body the weakness of the Faculty, and that the Heart is fo weak that it cannot send its force equally to the extream This Pulse is evil and fore-tels parts. destruction, though it be reciprocal. A

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deficient reciprocal Pulse is worse then this, and Myurus not reciprocall is worse then that. Sometimes Myurus comes from evil shape of the Artery, as when the middle of the Artery lies under the naked skin, and both sides ly deep, this shews that the faculty is so weak that it cannot lift up the Artery and lay it even. This is often seen at

trembling trembling tulfe which is neceffarily faint and little, shews
that the faculty is weake,

and the Arrery foft, and the body slender; a convulsive pulse is not ordinary. The last are an apparent abolished pulse, and a truly abolished when the faculty

An odinate and fort soever an ordinate inordinate pulse. pulse is, it is faithfull or true, and an inordinate is

untrue. Moreover a good pulse and ordinate is most sure and the best: an evil pulse and ordinate is the worst, and worse than an evil pulse inordinate.

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What Urin is, and how it shews the Diseases of the bumors and parts.

Ecause the Excrements of the body are a portion of the parts affected, or of the humors offending, they certainly shew the constitution of the same, and arethe chief demonstrative figns. Urin comes chiefly from the whol body

and generally fignifieth. Urin is the Serum or Vehiculum of the blood separated

from it by the force of the Kidnies. Even as when Milk curdleth, fo doth the whey in the blood separate it self from the thicker substance thereof. It is mixed with the Blood, that it might wash it, being thick and full of Fibres, and carry it

through the smalest Veins into the extream parts. The matter rum or Whey is nade of drink of Urin.

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is moistned with, and without it the Body would receive very little Nourishment from the meat. Therefore is drink necessary for all Creatures, but less for Birds which pifs nor, and more for Men and Beafts. In the concoction of the stomach the whole Mean is mixed with Liquor, and the whole strength of the meat is in that Liquor, when it is made one even Substance called Chyle. This is fuckt up by the Mesentery Veins, which carry whatfoever is profitable thereof to the Liver: And when it is made Blood as the melancholy Part is carried to the Spleen, and the Choler to the Gall, fo the Urin (the proper Excrement of the Liver as the ordure is of the Stomach and Gues) being unprofitable and superfluous, is drawn out of the gibbous parts of the Liver, by the emulgent Veins and force of the Kidnies: but not all, for some is sent with the blood into the whol body, which when it hath performed its duty in carying the blood, either is sweat out, or returns by the same way it went, into the Reins and Bladder.

From what parts the Urin takes an Impression.

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Therefore the Urin comes not only from the Liver, but from the great and

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small Veins and the whol body. Hethat shall live two or three daies without Drink shal plainly perceive this. And if the Urin be not mixed with too much Drink or other things, it wil manifestly declare the Constitution of the humors in the Liver and great Veins, but more obscurely those in the small Veins and in every part, for while the Urine was mixed with them, it contracted their qualities, and now being as a part taken from them, it plainly shews their constitution. Therefore if either the Bowels or great Veins, or Head, or Lungs, or any pare have a Difease, because it imparts it to the humors conteined in them, the Urin which is the companion of the blood and humors wil parcake of the fame, and being fent away, wil shew the figns of the Disease. And also it will shew the Diseases of the parts through which it pafferh, as of the Reins, Ureters, Bladder and Yard: for though it stay not long in them, yet it takes away with it their filth (if there be any) Therefore the Urine shews the Diseases of all parts which it toucheth, but whether with the Disease, it plainly shew the part affected we hal hereafter discourse. But it shews the the fa

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che faults of the humors and parts by its Chymolis, or Parts, or Colour, or Scent, or Contents all which we shall distinctly speak of.

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CHAP. IX.

What is to be Observed before we give determinate fudgment of Urin.

You must take the sisse Urin after seep and sull Concoction, and all of it, because no part can plainly express all the signs. Let the Urinal be white and transparent, and long, least the Hypossass or Sediment be divided, and big enough to hold it all. Let it be stopped and kept from the Sun, Cold, and Wind, that it be not troubled or made thick, let it stand still til it be cold, and be kept not above six hours less it corrupt. If it grow thick or muddy by cold, or of it self, let it be turned at a gentle sire, and not stir'd less the Sediment be dissolved,

which cannot be extenuated or melted

Why some urins are thick, others not. by the fire. But why urins that are thin are without great cold turned, is from the Natural heat thereof,

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which as it doth the Sediment, so doth it dipose of or distinguish other parts. This heat is somtimes weaker and stronger. Let the Urin be looke upon, or cast in a place that is not too dark, nor too light, nor in the Sun; and let the light tacher come down into the Urinal, the nupon the side of it. These are to be considered in urin: Chymosis, Perspicuity, and Purity, Quantity, Colour sent and contents. All these shew the internal Diseases, both according to, and be-

Orin is altered by things taken in, and by the fault of the reins and bladder, & by Discases of the veins and other parts. fides Nature. Urin is altered by things taken in, and by the passages of the Reins and Bladder, or by the Veins. Therefore there are manifest Qualities stampt upon the urin from three causes. Immoderate drink especially water, or

thin white Wine, makes urin plentiful, thin and crude and fuch as doth not shew the Diseases of the Parts and Humors,

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nor the qualities, because it runs suddenly through. Alfo Saffron, Caffia, Rhubarb, Senna, Madder change the Colour, Garlick and Turpentine change the Scent. For the qualities of thele being preternatural, flow forth with the Excrements, especially with the urin, therefore these fo alter it, that neither the Difease, nor the Constitution can be certainly discovered. Therefore let the urin which is the declarer of Difeales, be defiled with no other external mixture or quality. Also if there be an Ulcer or Imposthume in the Reins, or Bladder, or Ureters, or Yard; the urin will be thicker, and troubled, and have white Matter, or Blood, or Sand, or Filmes. These faults in the Reins and Bladder change theurin very much. But that Urin which is neither changed by the Reins or Bladder, nor by the quality of external things, shewed most certainly the Diseases in the Veins and other parts. Therefore take heed that outward things taken in, or the Reins deceive them not. To prevent which we will divide the causes and qualities of Urin into three differences into external, into the Causes in the passages, and thirdly into the Causes from the whole

whole Body. By this Observation and Differences, you may have a certain and true knowledg of Urin.

CHAP. X. What is the best Vrine, and how it changeth by age, fex and temperament.

Irst we must know what urine is best which may be the rule of the rest, fuch a Urine must be of indifferent substance, not so thinne as water, nor so thick as that of beafts, of a gold colour, or yellow. This we account the mean between the extreams, it must be of an indifferent quantity answerable to the drink taken the day before, or somewhat less, because some of the drink is consumed in the body. The sediment must be white, light and equal, picked at the top as we that thew. There must be no thick body in it, nor bubble, nor filme, nor the like. This shews that the concoction

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is every way good, and the body found, the temper excellent, and the a geyouth-ful. For no other urine is fo for a woman though never fo temperate, in her prime hath a Urin that differs from this. For

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a Womans urin is not thin (as fome affirm,) but more thick, and not fo pure and transparent as a mans, but somewhat

flying in it. For she hath more Superfluities in her Womb and Bladder then a man, which shews not only Crudity, but herSex chiefly, according to the plenty of these the Sediment in a Womans water is greater, thicker, and whiter. And he

Childrens urin. chat shal compare men and womens Urin often, shall distinguish them by his Eye. The u-

rin of Infants and Boyes is whiter and thicker, and hath more Sed ment then that of riper years. For though there be much vital Heat in them, yet being abated by the plenty of Humors.

Old folkes rin wit

they have such an urin. The urin of old People is white, thin, with little Sediment, which shews Crudity and weak Con-

coction, because the Hear in them is lit-

tle

tle and weak. By these Examples it is not difficult to conjecture, what Urin ought to be in every Constitution, and how much every Urin differs from the best. Therefore you must conjecture from the Sex, temperament Natural and acquired, and from the age; what kind a Natural urin ought to be: So that when another fort is brought you, you may quickly remember how much it differs from a Natural. But before you judge of the Difeate by the Urin, you nuft confider what kind of life the Party hath led a liccle before. For great Exercise, Warchings, Anger, Fasting, and use of hot Mears, as they increase the Natural heat, so they inflame the urin, and make them higher with a mixture of Choler, with some contents, so doth hot air or weather. On the contrary Idleness, much Sleep, Sluggishness, Glutony, and Drunkenness, use of cold Meats, causeth white and thick urin, with many crude Contents: And so doth cold Air and Weather, without the Observation of these things, you can give little Judgement certainly of Urin, nor distinguish between the Urin of found men, from that of the lick.

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CHAP. XI. What much and little Urin signifie.

FUrin be indifferent in quantity, is I fhews there is but moderate Serum, and that Nature doth all things, and is found. Much urin comes formines from much Drink, or thin Wine, or Water; or from diuretick Medicines, or from Cold, or other external Caufes. Sometimes from a fault in the Reins, when they continually draw the Serum from the whole Body by a great force, and fend it forth, especially when a Feaver that burns the Bowels, hath melted the matter collected, which is dann by the Reins. This Disease is called Diabetes, from the sudden passage of the urin, which is much, white, thin, and without a Sediment. Somtimes it comes from an inward Difease, as when great plenty of water long contained in a place, breaks out, fonetimes from a Droplie, somtimes from a waterish Crudity about the Guts, when

it goes forceably to the Reins. The Original of all this is the course of Diet, for nothing can come from the Body, the matter of which was not first taken in. This Evacuation, although it a little weakneth, yet it eafeth the Stomach and Belly of a weight, and extenuateth not the other parts of the Body. Somtimes the whole Body and Humors melts into urin. As we have known a Tipler that was full bodied, who in eight dayes without the force of any Difease grew very thin and flender. This may be alfo from a Feaver, but then the great quantity of urin is not thin and white, but flaming, or Raifon-like, with Fac

Little urin, whence.

like Oyl at the top. This is the beginning of a Hectick Fever. Little Urin neither from little Drink, nor from a dry Diet, nor from four

and thick Drink, nor from much Sweating, nor Purging, nor great Labour, shews a Difease, and that likely in the passages of the urin. Obstruction or preternatural Tumor in the Reins, cause the this commonly and then there is a Sense of weight and heaviness, and the like manifest in the Contents. If there be Obstruction

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from the Stone or other Cause on both sides of the Ureters, there is great pain and fixed, as in the stone called Nephritis. If the Neck of the Bladder hath a Tumor, or thick Flegm, or a Stone, there is difficult Pissing, or stoppage of Ulin, with pain in the Privities and Peringum, and there are many Setlings and flying things in the urin. When urin is little without these, it comes from a thick and flimy Humor, which is hard to be ieparated, and to pass through. Somtimes the vehemency of a Feaver flops the urin, and then there is Heat and other figns of a Feaver. Sound people make little urin when the drink goes into the Nour shment: This is usual in thin extenuated persons, and those that are lately recovered from a Difeafe.

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What the Scent of Vrin. Signifieth.

To smell to urin is a nasty trick, and misbecoming the dignity of a Physician, but somtimes against our Will there

there is a Scurvey scent, especially when the urin is hot, or hath been turned at the fire. A sweet Scent is not to be expeded from Pifs, except it be from Turpenrine, or Musk, or Silphium; or from some sweet Medicine taken. Buc in sound Bodies and good Constitutions, the Scent is moderate Somtimes the ftink is from things eaten, as rotten Cheefe, or Garlick Some mes from an ulcer in the Reins and Privities; and then the urin is white and thick, with a mattery Sediment. If it come from a Stone in the Bladder, there is thicker Snor at the botcom, and it is made with pain. A ftinking urin coming from the upper parts, whether it be red and thick, or (asic is fomtimes) thin and transparent, with or without a Feaver, is a sign alwayes of Putrefaction: And this Corruption is either in the Humors or the Substance of the parts. If the stink be new, and in a thick troubled urin, it is from the Humors. If it be old, and in a thin and transparent urin, the substance of some part is corrupt. When stinking urin is made in a Crisis, it comes in a day of Judgment, and is much, and the Patient presently recovereth. CHAP.

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What several Colours in Urin signifie.

T Hese Colours are cheifly to be ob-ferved in Urins, White, Corn-colour, Cirrine, which is the mean of all, Gold-colour, Saffi on-colour, red Raison-like, Green, Skie colour'd, Blew, and Black. There are two efficient caufes of these Colours, that is Heat of the Bowels, and Body, and Mixture of astrange Humor. For Labour, Fasting, Hear, or a Feaver, or whatfoever hears the Body, doth also colour the urin, and the more when they are vehement. And chat urin which is longeft held in, and which is made longest after Meat, is higher then the former. Also when Choler gets into the Veins, and is mixed with the Serum (as in the Jaundies) it makes the urinyellow or citrine, and so is it with any other Humor. Now the colour from a simple distemper differs from that which comes from mixture

cure of humors For the first seldom is a-Tellow urin. bove ared, and is in a thin Substance of urin or ind fferent, but the laft reacheth to all kinds of Colours, and makes the urin thick and troubled. Alfo a temperate Hear makes a ci rine or yellow Colour, in a temperate man in his flourishing age. That colour which is beneach the mean, is a light of Heat a-

bated and Crudity. A white White like and thin, transparent urin like water, if it come not from much thin drink flews either

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great Obstruction of the Reins, Mesentery, and Liver, or weak Concoction, from an extream cold Diftemper of the Liver and Stomach. Also this white urin may come from a Feaver, when the Choler is carried up to the Brain, and this shews a Phrentie. White and thick

Glauca thick, sphite.

if transparent as horn (called Giauca and Charopa) shews much predominant Snot-like Flegm. If it be obscure as Milk, it shews a-

Milk-like.

bundance of thick and flimy Flegm. If thefe urins continue long, they foretel

long and cold Difeafes-Corn-coloured. Next follows Spicea or Corn-

corn-coloured which shews less crudity and hear neer to that which is temperate.

The Citrine urine is the middle citrine fort of all. above that is Gold colour, Saffron colour, and Red,

all these shew that the heat is increased

beyond measure: and if these be pure and transpaand red Colour. rent, they shew a pure simple distemper, if thick,

and troubled they shew the faults and and mixtures of the humors. a red u-rine if it be transparent is called burning

Red. dant heat of the Liver, and often a burning Feaver. If it be thick

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Thin red. | and obscure with or without a Feaver, it shews mixture of

Yellow Yolk-like or red Choller.

Thick Red. | Such appears commonly at the coming of feverish fits: but cheifly when the substance

of the Liver is defiled, from a Phlegmon or Scirrbus as in a Dropfie, or when it, or the Gal are greatly obstructed, by which means the choller flows into the veins and urine, and so infects it that if you steep a linnen clout therein it will be yellow, this will be so also after taking

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lored, Blew, and Lead-colored Urin, except it come from Stroaks and shews either predominancy or mixture of Melancholly or ex-

Skie-colored Livid and Lcad-colored, Black.

cinction of natural heat. The last of all is Black, which if it come from Red and Green color, shews burning and mixture of Melancholy, but if it follow a Sky-color and Livid, it shews utter extinction of Heat. Somtimes these Urins are made in a Crisis, both in sharp, and also in long and melancholick Diseases: It is upon the directory day of judgment, and it is without pain, and signifies the Recovery of the Patient.

CHAP. XIV.

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What the substance of the Urine shews in diseases.

He Substance of the Urine is either thin, thick, or mean, a thin Utine G 2

is only found under those colours that rend to redness, as white, corn-colour, golden, saffron coloured, and red, it is never sky colours, livid, or black, a thick Utine is capable of every colour. for there is a thick white, & thick black alfo. Therefore thin Utine not from immoderate drink nor other external cause follows Obstruction of the reins, and ureters, which wilnot fuffer any thick thing to pass, this is in the fitt of the Stone, when the head of the ureter is Stopt with a stone: Sometimes it follows after the concoction is weakened, and the vital heat abated, from a diftemper alone without a fault in the humors, Sometimes the heat is so little that water or drink comes forth as it is drunk, and this is extream crudity. Our native heat that concocts the nourishment and humors, endeavours cheifly a mediocrity of Substance, and then adds a colour according to the nature of the parts: Therfore the Concoction is known by the Substance, rather then the colour of the urine. Wherefore Hitz pocrates said while the Urine is reddish and thin, it fignifies a crude disease; a moderate Substance of Urine signifies lively

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Fat ofly like Urine.

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fhews Confe Drop lively hear, and exquisite concoction in the Stomach, Liver, and Veins, this is in those three middle colours, yellow, or lower then gold, gold colour, and Saffron colour. A thick Urine except it come by reason of the openness, and loosness of the passages of urine, comes from heat oppressed, and crudity, not because the heat is distempered, but burthened with crude humors, both thick and thin obtain the same Substance by long concoction. To thick

nd

Urins belongs the fat and oyly,
not that upon which fat swims
like a Spiders web, but that
whose Substance represents Oyl-

or Grease in thickness, and which being moved, appears heavy as Oyl. This shews that the Body melts either with a Consumption or Hectick Feaver or a Dropsie.

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CHAP. XV.

A transparent and troubled Urine, and what they signifie.

Perspicuous and clear Urine is that which the fight eafily perceiveth, a troubled and obscure is that which we cannot fee through. A turbulent and troubled differs from a thick, and a thin from a transparent, thus as the white of an Egge and Oyl, and melted Glass and red wine, are truly thick but not troubled, but plainly transparent, and white thin wine is commonly turbulent, and aqua vita is very thin but sometimes obscure, and turbulent. But to clear this up we shal devide turbulent and treubled Urines into three forts, one is called turbata or troubled, from external cold, this is the thickest and most obscure, and infects the urinal at the top of the Urine with

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with white filth, this by heating wil come to its propper colour, some Urines are more easily troubled, and come never as their condition is, outward cold caufeth it, for if it be in a hot place it continuech as it was first made. Another troubled Urine is truly fo when the substance from it felf or other mixture grows thick, Such comes from ulcerated reins, this cannot be dissolved by heat and hath many little bodies swiming in it, which when it stands Ril, fal down into the thick fediment, and then the rest of the Urine is clear. It is compared to wine upon the lee. The third fort is called a confused Urine in which nothing appears to fwim, but it is all alike in every part, and hath no Sediment or the like, (though it stand long) and wil not be altered by hear or any fire. It is compared to wine that thickens by age or is changed with Thunder and Lightning, and dead without any brightness or shining. A Transparent Urine thews perfect concoction,

A Transpater goodnes of humors, and plenty of native heat, the force whereof remaining in the U-

rine, makes a sediment by seperation.

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That which is changed by Cold, and by Heat comes to it felf is of little fignifica-

tion, except it appearing first in acute Diseases lignific beginning of Concoction; for in the beginning a thin Urine doth not

eafily turn, but growing thick it dorh. A truly turbulent or troubled Urine comes from a Disease in the Reins or Bladder for the most part, in those that have much humors which the Urine carries with it, or a simple ulcer from whence comes Blood, or a foul Ulcer from whence comes matter, by washing of these a urin turns thick and turbulent. Therefore in the Stone, men seldom piss cleer. A troubled urin without these Difeafes flews thick humors in the Veins hard to be concoded by the natural heat. Hence come long Difeates and stubborn, and Head-ach, as Hippocrates faith, they who have troubled urine like Beafts, have, or wil have the Head-ach. If it continue long it threatens a Lethargy. Urine somtimes is suddenly troubled, when Obstructions are opened and the thick matter which was lodged long comes from the Spleen, Liver, Reins, and great Veins. This comes to found found men after Exercise, and to sick after a Disease, especially in a Crisis of a long Fever, as a Quartan, and in Diseases of the Liver and Spleen, and breaking of Imposthumes. All these come away with case and restrictment to the

citrine that is yellow without sediment such as is made troubled.

and intermitting Fevers, and which is called a simpty crude urine, is called turbulent but not consused, it comes from a crude humor that is surerslucus that gets out of the Reins, Spleen, Liver, as in the Jaundies, into the Serum or Whey of the

Blood. A confused urine hever |
follows the Diseases of the | Consused
Reins and Bowels only, but alwaies the Diseases of the Veins.

And it shews not the abundance of ciude humors, but confusion of the blood and humors in the great Veins and corruption of the same, commonly malignant. Because putrefaction mixeth, confusion and disturbeth all things. Therefore this kind of urine is seen only in continual dangerous and malignant Fevers: From hence I could shew that u-

rine which defiled with no fault of the Reins, doth not alwaies shew the condition of the Blood and its Juyces; for somtimes it is pissed forth yellow, thick, and troubled, and the Blood which is then let out, is exquisitely pure and red. And this often in Quartan and intermitting Tertian, and in the Jaundies when the superfluous Choller gets out of the Liver, or Gall, or other parts into the Veins, and is not mixed with the Blood,

A notable here they grofly mistake that presently prescribe letting of

Also sometimes the urine is thick and red. Also sometimes the urine is according to Nature both in color, substance and Sediment, & the blood then let, is foul both in substance and color. This is commonly in the state and before the Criss of a continual Fever, when the urine is perfectly concocted, and Nature hath not as yet endevoured any evacuation of the noxious humor. These are the things that may be observed at the first beholding of urine, from the quantity and scent, especially from the Colour, Substance, and perspicuity before any thing is fettled, but as I shewed you must be dis-

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Of Urins.

creet. Now we shal speak of Contents in the urine.

CHAP. XVI.

Of things mixed with the Urine.

of things mixed with the urine, some fwim at the top, some in the middle, others settle at the bottom; of those at the top, the first is the Crown about the top. This can scarse be seen in a nequal urine, that is all alike, but easily in that whose parts are not alike when the humors are disturbed. For the top being thinnest is easiest changed, and often shews many things to the Eye in colour and Substance, which cannot be seen be-

The Crown. I low. The Crown shews commonly what blood there is in the great Vessels, for when it is thin and white it shews that the blood is full of Water; when thick and white, that it is full of Flegm; when yellow, that it is Natural, when it is of a Saffroncolour, that it is full of choller; when
red, that the blood is burning hot; when
it is green, that there is Verdigreefe-like
choller in it; when it is Sky-colored or
dark blew, that it hath melancholly,
or that the blood wil prefently turn into
fuch humors by corruption. Therefore
the last of these shews either a melancholick Disease or Epilepsie. When there
is much froath at the top without shakeing of it, it shews much Wind, that the
Stomach and Guts are stretched that the
Colick is at hand, either by the eating
of fruits or the like, or from the weakness

of the Natural heat. And if this Froath continue long with great Bubbles it shews thick and limy humors and obstructions from

flimy humors and obstructions from thence; if the Bubbles easily break, they shew thinness of Wind and humors.

les. If there be little Bubbles about the Crown of the Urin, there is Head-ach, called Cephalalgia

if they are about all the Crown, or called Hemicrania if they be but half way about it. And if they be yellow the pain is greater, and if white and pale, it is less, and it will be long, if the Bubbles last

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long. When the Bubbles are in the top of the Urine, it is a fign that the pain abateth: for when these are in the upper part, they shew pain in the Head which is the upper part of the Body, from Wind or a Humor of the colour of the Bubbles; when there are Bubbles like little grains in the Crown which go downward when the urine is shaked, and presently ascend; there is a Distillation from the Head upon the Lungs, Stomach, Shoulders or other parts, the nature of which distillation is known from the color of the urine, Crown and Eubbles.

Fat at Cob-webs fignifie a Consumptithe top. on according to Hippocrates.

And except it be from melting of the Reins, there is a Fever Hectick or Eurning, or confumption of the whole: when the Fat swims asunder like little Atomes of Oyl, it shews both, but not so plainly. Eut I have observed these in urine after drinking of Oyl. And the former as they are dispersed easily shew the vanishing or continuance of the Disease. Sometimes there are small Bodies which sly in the urin like Bran or Scales. Bran in the urin signifies Scabs in Bran.

the!

the Bladder, if it be in a thin Urine, it fignifies a fiery melting Fever which broyls the blood in the Veins, and burns the fubstance of them, and makes a scurfe fal off, which comes forth with the urine. Scales in a stinking urine shew an ulcer in the Bladder. If Scales come forth without ulceration, there is a burning Fever which melts the upper coats of the velfels into Scales, which causeth a Confumption of the folid parts, but the less dangerous, as the Scales are thinner then the Bran. Those things which fly like thick Bran signifie the same, but in a less degree: for when thick blood is either burnt with a Feyer, or when the Fat in the flesh is melted and the hard flesh is as it were fried in a pan, then the things flying in the urine are like thicker Bran, and fignifie long fickness. In Women with Child that are in health, there Iwims in the urin things like thin Bran or Starch, which after fettling make a thick fediment like toazed wool, and the rest of the urine is troubled a little, Green or When the Reins are ulcerated Blew. there are little bits of flesh in troubled urine. Hippocrates

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Of Vrins. from the Reins, but we observe that they come from the Paraptate or spermatick Veffels from whence they are long and round, and made of feed, which falling down by the force of the Difeafe grow hard with heat. - These appear in abundance in the urins of them that have had a filthy running of the Reins, and of women that have the Whites or foulness of Womb. Somtimes the first urine after Copulation hath the like, or fomwhat thicker. Moreover pure blood or clodded shews a green ulcer; but matter shews an old fordid ulcer either in the Reins or in the neck of the Bladder, and it is distinguished, in that when it is in the neck of the Bladder there is great pain, but none when it is in the Reins. And in that coming from the Yard and neck of the Bladder all the matter comes byis felf, without urine, or at first beginning. of piffing, but that from the Reins comes with the urine, or at the end of Piffing, mixed acurately, but fettles downafter-Sand comes last after wards. piffing, the Red and Yellow Sand comes from the Reins, the white from the Bladder as is thought, but when there is a fordidulcer in the Reins, there falls white Stones from thence cancred

as with hardned matter. When thick flegm like Snot Ricks at the bottom of the Urinal, which was pissed with pain, it shews the Scone in the Bladder, or an Ulcer in the neck of the Bladder: For the Bladder being cold and membranous, when diffempered breeds fuch matter and the Stone helpeth by its weight. But that matter which is voided without pain comes from an ulcer of the Reins. They are groffy deceived that being ignorant in Anatomy and the works of Nature, think this Flegm comes from the Brain or crude Stomach into the Bladder: for how can it fall pure without Blood through the Veins into the Reins, and pass through them alone? Seed, Matter and Flegm are to be seen in an urine: Seed being thin and light swims at the top, Matter and Flegm fettle down, Flegmbeing thick and glutinous sticks together, but Matter disfolves by shakeing: But because the greatest part of things contained in urines flows by the passinges of the urines, lest they should deceive I wil let down the Cause in onder from the Original. Red Sand comes from the Reins if it

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be much and thick, it threatneth the Scone: this growing together, there is a Stone as big as a Barly corn which falling from the substance of the Reins, makes the urine thick and troubled, red or blackish, which shew the pain of the Stone.

1 A Stone fixed in the head of Things worth an Ureter causeth pain, and concerning then the urine is thin and white, as in all stoppages of the Reins. Sometimes the

Stone grows so big, and is so held in the Reins that it cannot be removed, and then in strong exercise it wears the Reins and causeth thick and troubled, and bloody urine with clods at the bottom. The like comes from a fall or ftroak, feldom from great labor. When there is an Ulcer the urine after rest is white and thick, after labor it is high colored, with a thick fediment, and then follows a thick white stinking and mattery urine like milk, with matter at the bottom when the ulcer is hollow and foul, they who have fuch urine, you can give no certain knowledg of other Difeases in them, because it alwaies appears as from the Reins. When the ulcer of the Reins is very foul, and a Fistula, there is a thick fediment flimy and glutinous like Snor

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or the white of an Egg, in a white, thick, troubled and flinking urine. The like is in a Stone of the Bladder; for though that matter comes commonly from the Reins, yet it grows about the Stone by weakness of the Bladder, because the same remains after the Stone is gone. Alfo foul ulcers in the Bladder and Yard cause such urins especially when it is, from a filthy Gonorthan, in the Parastate: when such ulcers begin there are threds in the urine, first thin, then thick, which makes the whole urine thick, and laftly there is a Snot-like fediment: And though the ulcer be cured, yet the threds remain from the weakness left in the spermatick vessels.

CHAP, XVII.

Of the Sediment and the Contents in an Urine.

There is much controversie about the Sediment, but we shal aim at the truth. The Urin is made of liquid matter

ver and drink which passing all parts, by concoction in the Stomach, Liver, and Veins is mixed with the mear, blood and humors, and hath the fame colour and substance, as Broath made of herbs and meat: for it doth not remain simple as the drink was first, but grows thicken by other mixtures. And by staying in us it gets natural heat which Aristotle observes to remain in the excrements of all creatures: for what foever thick fubstance is in the urine voided, although it be not discernable, yet it presently is separated and goes together, and commonly settleth even as the dregs in distilled Rose-water. And this is done by the natural heat, whose property it is to seperate things heterogeneous or of divers natures. This thicker part so separated

by the natural heat and fent down, is the Sediment or Hypostafer, and it is not an I stafes is.

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What Hypo-

Excrement (as Attuarius would) from that concoction only which is in the Veins or folid parts. Non is it (as others would) a part of crude meat which is fomtimes fent from the Stomach into the Veins with the ferum, but it is that which had its beginning and perfection every where with the urine.

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Therefore the Hypostasis is not only a fign of the Stomach and folid parts, but chiefly of the great Veins. Therefore as the original of that and the urine is one, so do their substances greatly agree: for much very thin waterifh urin hath no fediment, a thin urine simply hath a thin sediment, as in them that have crudicies and weak concoction, an indifferent Urine hath a mean sediment, and a thick urine, a thick: As in Children and Glutcons who eat much and concoct well. But that which grows thick and is troubled by the mixture of some external thing coming from the Reins or Bladder, hath a thick fettling, which is not properly a sediment, but the dregs of urine. So then the Chymosis or thick part of the urine gives matter to the sediment. And the natural heat seperates it, which if it be strong, it quickly gathers the invisible matter dispersed in the urine, into a body and sends it down, and then makes it, or alike in all parts, and smooth without any inequality. Weak hear in urine makes a flower fettling, and fends it not down, but lets it hang in the middle, this is called Encorema, and is divided and meven A leis heat doth very flowly fer arace and cannot collect or gather it, and so leaves it scatterred or swimming at the top like a Cloud. Therefore there

are three forts of things contained in respect of pofition or place, the sediment is in the bottom, Eneorema, in the middle, and the Cloud at the top. Lastly, when the heat is ex-

A feetling that hange in the middle of the urine.

A Cloud.

tream weak, as in a deadly putrid Fever, or too much oppressed with humors, as the Jaundies and Tertians when Cholen gets in abundance from the Liver into the Veins and is mixed with the Serum, it doth not seperate at all, and the urine is mixed and very consused; these things are only observed in sick people of

whomwe shal speak. That which was subtilly disputed of old concerning the sediment of Feavers, wherin they said it was like matter, and a part of that

The confutation of the Opinion of fome concerning the fediment in feavers.

humor which corrupted in the Feaver, but now is concocted and sent forth with the urine by the separation of Nature, is a destructive Lie in Physick: For the matter of a burning Feaver, which is parched Choller, cannot be turned into quittor or any other matter like it by H 2

concoction; nor is it here as in a Phlegmon. Nor doth the matter of a Feaver concocted in the state of the Disease til it be voided by stool in perfect Crins appear ever matter-like or white, but yellow and cholerick. How then can it be that the sediment which in the state of a Feaver is white, should be a portion of that yellow matter putrified which never grows white? Moreover if in the state of a Feaver any portion of the hurtful matter fall down, and not in the beginning or increase, the urine wil be thicker in the Mate than in the beginning or increase: but this we find false by dayly experience. For as urine is found crude and confused in the beginning of acute Feavers, fo is it found thick. Therefore we must determine otherwise of the sediment of feverish urines. That it is not a concocted part of the humor which is putrified, but of the same matter as in sound people. And in Fevers when it first appears, it shews the victory of heat and Nature, which hath so tamed the putrid humors that they come to their former obedience: for that which they call the concoction of the matter of the Feaver is neither suppuration nor properly maturation, but only a restraint of putrefaction

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state of a Feaver the matter is shut up in the Veins, and none

Pepasmus.

empried by a Crisis, and nevertheless because it is at rest and in the power of Nature, the urin is purer with a fediment which certainly declares Natures conquest. Also when the fury of the noxious humor is suppressed, it slows less forth with the urine, and fo it is thinner and less troubled than at the beginning, when by reason of the putrefaction there was a great perturbation and confusion in the humors, some force whereof was carried into the urine. Also when nature is uppermost, shee gathers the thick matter into the middle, or into the bottom; when a recoverable Wound fends out white and good quittor, if there comes a Feaver at the first it alters the quittor and dries the Wound, because the natural heat is oppressed and cannot rightly concoct: after the fame manner the Natural heat in Feavers being oppressed and not able naturally to concocrthe meat in Feavers, makes no concoction in urines. I shal speak more of this disputation in my Prognosticks when I shal speak of the concoction of Diseases. Therefore when our natural hear

heat hath overcome the pernicious humors and concocted them, the sediment is good, namely White, Smooth, and equal, which is best; an Encorema in the middle which is white, smooth and equal is not so good as an Hypostasis, and shews that native heat is somewhat weak, because it cannot send the matter down being sully concocted. Also a good Cloud which is white, smooth, and equal is a sign of crudity and weak concoction,

What Sediment

and heat. A Black or blew fediment is worst of all and threatens death. A Black or Blew Encorema

shews less danger, and such a Cloud shews less danger than that, in these the native heat is not quite spent, but is of some

In found people what contents are best.

Much sediment.

force. Every Content is best that is indifferent in quantity and substance, white, smooth, and equal, what errs from this is naught. The Contents are

much when accustomed, Sweating, Purging, or the like are wanting, and then they are thick and crude. That sediment which is much, from great eating and strength of the faculty, is moderate

in substance and colour. Want, Fasting, Watching, Little or great exercise, and such as few Contents plainly confume the fubstance of the body make few contents or little sediment. And this is in sound. In diseased people that sediment which is thick, is either from Thick plenty of crudity which natural fedimens. heat cannot overcome, and then there are other figns of crudity, or from a Crisis, and then the Disease apparently abateth. It comes somtimes from quittor and tough flegm, and you may difcern them. A thin fediment shews crudity in Diseases, or Thinnels. beginning of concoction, in found people, it shews thin humors not brought to means of fubstance. A Smooth Content Smoothness. not divided, wrinkled or torn flicking together, without any roughness comes from strong natural heat; the contrary comes from weak heat. So is an equal sediment Equality. all whose parts are alike in thickness and color, the unequal is when the parts are not equally concoded or colored. In Colors, Corn-colored, Golden or Red shews Choller to abound in the

the Veins or the Blood to be corrupted with vehement burning. Although Hippocrates faith that a red smoath sediment in a red water shews health, black, blew and black shews extinction of vital hear or corrupt blood, or a black humor bred in it or coming from other parts. If there be no contents in found people it is nor alwaies evil. The urine is often thin from some great obstruction, or from much thin drink which is past away before it is concocted with the meat, in which there are few or no Contents, beeaufe there wants matter. In fick people that have foul humors in the Veins if if there be no Contents, it is alwaies evil, and shews that Nature is hindered by plenty of corrupt humors: But here we ipeak of demonstrative figns from urine, we shal elsewhere shew the Prognosticks by which concoction, Life or Death is forecold in Difeases.

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CHAP. XVIII.

The Exercise of judging from Urins.

Hatsoever is preternatural in urines, except it come from the quantity quantity of things taken in, shews that the Veins, or Bowels, or Reins or passages of the Urine are afflicted. The urine contracts the same faults from them, therefore consider first from what part or place they came: They that come from the Reins and passages of urine, you may easily know from what I have said concerning the Diseases of those parts, what they mean, and if none of those appear, you must refer all to the Bowels, great Veins, and the rest of the

What a Physitian ought to consider before he give his Judgment of urin.

Body. In the disconding of these alwaies remember what time of the year it is, what weather, and what are the Diseases of

of the Country, and what is commonly among the people, for that which useth to infect many is most to be suspected. Then find out the Sex, by asking if they know it, that the Nature and Constitution being known, you may know what Diseases the party is subject to. The Observation of these hath no small concernment in knowledg of a Disease especially when it is yong and no signs of it in the urine: for if it be an old man, and in Winter, and in a moist Country, it is very probable; but there wil be a Gough. Distillation or heaviness, and weakness.

of Stomach, especially if they be give to Gluttony or Drunkenness, and so o a moist nature which useth to conten with Diseases from Distillations. be a young man, and chollerick, and a Mid-iumnier in hot weather and country after hot diet & great exercise, you ma suspect a burning Feaver, or a chollerick intermitting Feaver, or a Flux called Dysentery, or a Pleurisie, such as the hough party is most subject to, or that which is most common among the people, from these examples you may judg of other Diseases (without the Urine) Moreover a Urine which is neither changed by the Reins, nor force of external causes, shews the distemper of the Bowels, and Veins, and the whol body, and whether the distemper be simple, or from foulness of humors, and what humor predo-10 minates, and if it be putrid, and with a Feaver: For colour shews the distensther per; a thick substance or troubled, the fault of the humor; and confusion shews These are the internal putrefaction. causes of all Diseases, and though from thence we know not the kind of the difeafe, yet we may know thereby how to act or evacuate. Also the Contents shew certainly fomtimes the part affected.

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But because it is in fashion to seem to conjure by a Piss-pot, whosoever for tain glory wil be like them, let him rein peat often whatsoever he first knew in from the Urine, for by circuite of words

What Pifs-Prophets ought to fay
when a thin and
ed white Urine is
brought to them.

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Fools are enfnared. Therefore when a white or corn-like thin Urine is brought, let him fay that the Stomach and Liver are very cold, that he

loaths meat, and wants appetite almost quite, that after meat the Stomach is ffretched, that belchings are many and four, and there is much Wind to and fro, and that he is cold and heavy-headed, and the body is wholly faint. That he kept formerly an ill diet, either by cold Drink or Meats, or Fruits, or by Fasting, or Sadness. If the Disease hath been long, that the body is all over crude, and the Complexion of the Face loft, or there is a Flux, or swollen Feet, and a danger of Leucophlegmacy or Cachexy. And because such Urine is made in Melancholly, and swelling of the Spleen declare the Symptomes of that, as Sadness, Fear, troublesome Dreams, noyse on the left fide, Heart beating, Scotomia or Darkness of fight, and the like. When

Of Wrins. Doting, Thirst, or the like Sympomes of Feavers present or at hand. If ared Urin, or thin, or indifferent, say the blood is hot, Head-ach beating or heavy, nd thin. Laziness: and if it be confued, fay there is a Synoch putrid with its ther ymptoms. After this manner if from Stocher colours you conjecture the Jaun-Volies or Scirrhus, or flegmon of the Liver, all bir melancholly from the Spleen, or the ing ike, you must mention all the Symptoms nd causes evident. And so you must fold to when the parts affected are mentioneLi d. But you must first cunningly ask this lean weftion, whether the Difease came fudibledienly or by degrees, & when it began, & ho hence you may conjecture whether it loal le acute Diucturnal Disease, for so, and me by the estimation or considering of the er a Vature, Time, Country, and kind of difmout afe reigning, you may come neer the bufiness. If there be bubbles Spirit th, the what of a v- in the top of the Urin in the Crown, fay the head akes, atens in with bubbles or hath much humor in it, fulequad there is drowfiness and dulness, Lebut hargy, or Palfie or a worfe Defluxion at Watchand, or when you know there are figns. of ing.

of a distillation certainly, as I shewed, fay the humor is fallen either upon the Neck or Shoulders, Sides, or Breaft, or Lungs with a Cough, or Joynts. with the distillation there are figns of a Feaver, fay there is a Pleurifie at hand especially if it be Popular. If with the distillation the urine be oyly, lay there is a Confumption prefent or coming The vulgar people know only the name of these parts, as the Head, the Side from the Shoulder to the Hip, the Sto mach from the Coller-bones to the Na vil, the Belly, the Back, and the Mem bers. And when ever you discover th part pained (for every man first take notice of pain) tell all the fymptoms o that, and then wifely prescribe prope Remedies. He shal receive an uncertain success that constraineth Physicians to play the Sooth-fayers, by trying thei skil in Utins. But a prudent and faith ful Asker or Confultor will receive th benefit of found Advise.

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