

A thousand notable things of sundrie sorts: whereof some are wonderful, some strange, some pleasant, diuers necessary, a great sort profitable, and many very precious / [Thomas Lupton].

Contributors

Lupton, Thomas.

Publication/Creation

London : E. Alde for N. Fosbrooke by the Assignes of J. Wright and R. Bird, 1627.

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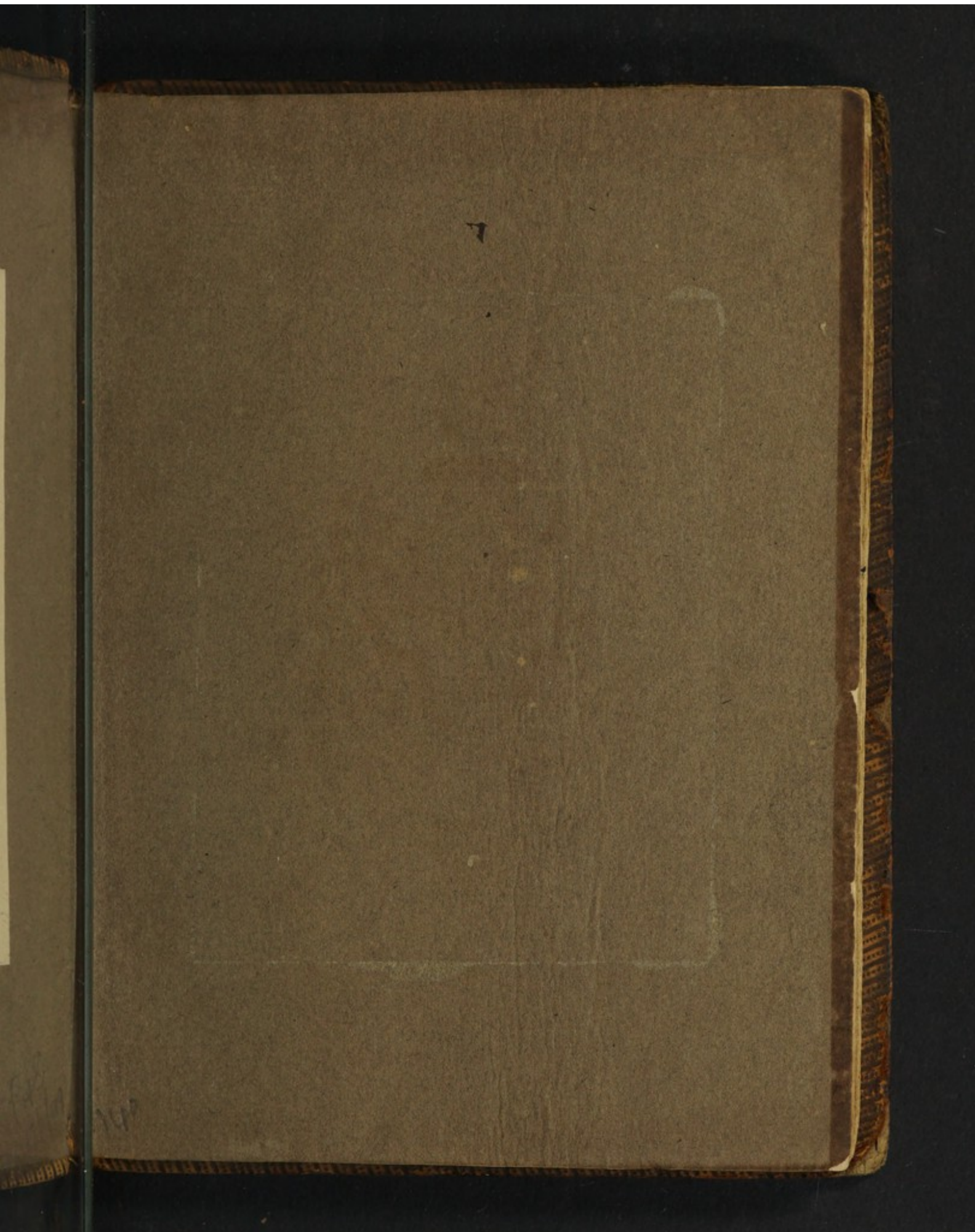




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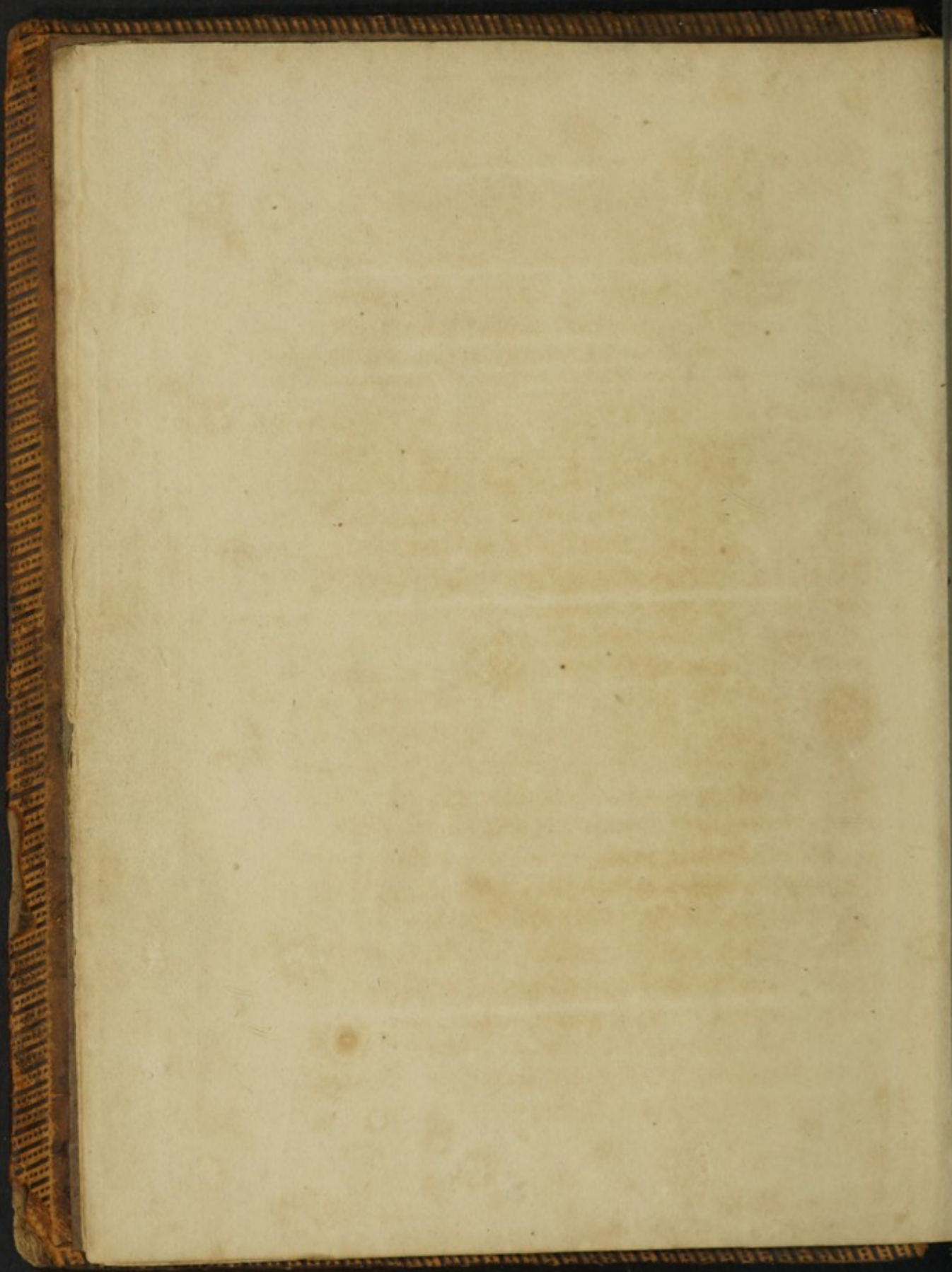
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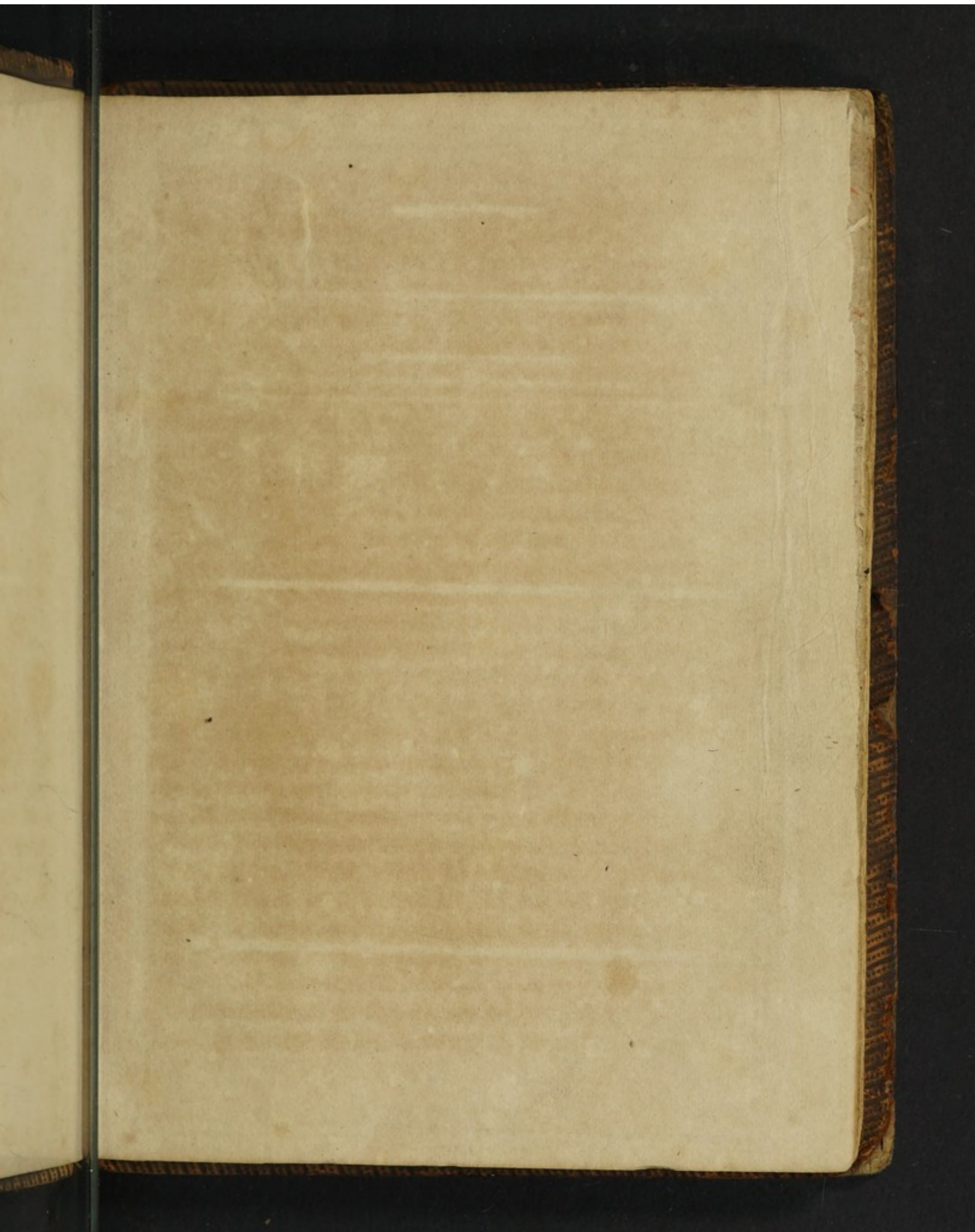
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A thousand

Notable things of
fundrie sortes:

VWhereof some are wonderfull,
some strange, some pleasant, diuers
necessary, a great sort profitable,
and many very precious.

*This Booke bewraies that some had rather bid,
which whoſo buyes, their money is not loſt:
For many a thing therein if truely trade,
will gaine much more then twenty ſuch will coſt.
And diuers elſe great ſerets will detect,
and other more of ſtrange and rare effect.
It is not made to pleaſe ſome one degree,
no, no, nor yet to bring a gaine to few:
For each thereby, how rich or poore they be,
may reape much good, and miſchiefe great eſchew.
The paines and trauell hitherto is mine,
the gaine and pleaſure henceforth will be thine.*

LONDON,
Printed by E. ALL-DE for N. FOSBROOKE,
by the Assignes of Io: WRIGHT and
R. BIRD. 1627.

A choice

of Noble things

and their loves

Whose loves are wonderful

and whose loves are divine

and whose loves are profitable

and whose loves are true

LONDON
Printed by I. W. for M. F. B. R. O. O. K. S.
by the Assignees of J. W. R. I. G. H. T. and
J. W. R. I. G. H. T.



The Preface of the Author to
the Reader.

IF some thinke no shame to displeasure many, for the pleasuring of a few (gentle Reader) then I need not to blush nor feare to profit many by hurting of none: which I hope I haue done by the publishing of this my Booke abroad, not pend without paine, nor drawne without diligence, nor ended with ease: Wherein are such and so many notable, rare, pleasant, profitable and precious things, (meaning one with another) as neuer were yet set forth in any volume in our vulgar English tongue, nay diuers of them were neuer hetherto printed, nor written that euer I knew: but onely that I writ them at such time as I heard them credibly reported. Thinking them such rare things as was worthy to be registred. Marie I must confesse, I haue selected and picked a great sort out of Latin writers: the Authors and writers, whereof I haue named most commonly at the end of the same. And some notable and precious things I gathered out of some old English written Bookes, & some also not long since
A 2 printed,

To the Reader.

printed vnworthy to be hid, and great pittie but they should be knowne: which purposely I haue placed herein, whereby I thinke verily, many will read them, heare them, and haue profit by them, that otherwise should neuer haue knowne them. For many (I suppose) will buy this booke for things whereunto they are affectioned, that neuer could or would haue bought or looked on the Bookes, wherein all they are. So that by this meanes, they are like to winne against their wils.

Perhaps you will maruell, that I haue not placed them in better order, and that things of like matter are not joynd together. Truely there are so many of so diuers and sundry sorts, and contrary effects, that it could not be altogether obserued. And in my iudgement, through the strangeness and variety of matter, it will be more desirously and delightfully read; knowing we are made of such a mould, that delicate daintiness delights vs much: but we lothe to be fed too long with one foode: And that long wandring in strange, pleasant, and contrary places, will lesse weary vs, then short trauell in often troden ground.

This worke might haue beene framed with finer Phrases (more delectable to some, though not so meete for many) but that it is better to profit a great sort, then to feed the fancies of a few, well assured, that the learned eloquent can better perceiue plaine speeches, then the slenderly learned and common sort can vnderstand eloquent Discourses.

Therefore as I haue written it to all indifferently, so wish I to manifest the meaning thereof accordingly.

To the Reader.

ly: especially of such as are to be conceiued : Not ignorant that there are diuers and sundry Astrological Aphorismes, and some other practices besides in this Booke, that many both wise, learned and eloquent, cannot attaine to the vnderstanding thereof, (much lesse the common sort :) the meaning whereof I commit to the learned therein. But because the Planetical power and effect in their houres, (whereof I haue noted some meruellous matters in this worke) should not be hid or vnknowne, I hope shortly there will be set forth such a rule or Platforme, that they may be thought simple-witted, or slenderly learned, that thereby cannot finde out and know quickly, both what houre or time any Planet doth raigne or beare rule, and at what instant the same begins, & how long the force thereof doth last: which once knowne, the things that I haue written herein concerning the same (being well marked and diligently obserued) will not onely auoide much mischiefe and harne, but also will procure great pleasure and profit. Vntill the publishing whereof, I referre you to a little booke, intituled or called, *A brieft Treatise concerning many proper Tables, &c.*

In which little booke is contained the Computation of yeares, with the raignes of the Kings of England: also a brieft, necessary and exact Table and rule, whereby any may finde iustly and truely, when and how long any Planet doth raigne, especially such as be of good capacity, and haue pregnant wits for to conceiue the same: But as for the duller sort, whose vnderstanding is vnable to reach the true meaning

To the Reader.

by short instruction, I thinke the same to be both too brieft and too busie for them.

I haue deuided this into ten Bookes, euery one whereof, contains a hundred of the intituled Notables things: which are in all a thousand. Wishing that they may be accepted as thankfully and willingly, as I haue bestowed them friendly and freely. Being bold to affirme this much, that a great deale of gold cannot cōteruaile this giuft: if but some twenty of the said thousand, be diligently marked, faithfully followed, and perfectly practised.

And thus few words, I bid
you farewell.

Thomas Lupton.

THE



THE FIRST BOOKE OF NOTABLE THINGS.

I

In the first beginning hereof, a rare and strange matter shall appeare, woorthy to be marked, especially of such as loues oz vse Sage. A certaine man being in a Garden with his Loue, did take (as he was walking) a few leaues of Sage, who rubbing his teeth and gummes therewith, immediatly fell downe and dyed: wherupon his said Loue was examined how he dyed, she said, she knew nothing that he alled, but that he rubbed his teeth with Sage: and they went with the Iudge and others into the Garden and place, where the same thing happened: and then she toke of the same Sage to shew them how he did, and likewise rubbed her teeth and gummes therewith, and presently she dyed also, to the great maruell of all them that stood by: wherupon the Iudge suspecting the cause of their deaths to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least others might haue the like harme thereby. And at the rootes, oz vnder the said Sage, there was a great Loade found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this maruellous matter. This may be a warning to such as rashly vse to eate rawe and vnwasht Sage: therefore it is good to plant Rue round about Sage; for Loades by no meanes will come nte vnto Rue, (as it is thought of some.)

2

A certaine Poet by the report of Mizaldus, did weare leaden soles vnder his shoes, least the wind should ouer-blow him, his body was so light and so little.

At

3

If any doe mildly or softly beat the plant or stalkes of an hearbe called Pullen, some call it Hedge taper, in the morning, when the flowers thereof begin to open, all the flowers by little and little will fall and come to one: as though the plant were withered, or blasted, which the ignorant haue thought to be done by Magicall arts, or by some enchantment: especially, if he that doth strike the same Pullen, doth seme to mumble some words while he doth it. Mizaldus.

4

To increase
milke in
Nurses.

The houes of the forefeete of a Cow dried, & made in fine powder, encreaseeth milke in Nurses, if they eat it in their pottage, or vse it in their drinke: and being cast vpon burning coales, the smoake thereof doth kill Lice, or at the least doth dzine them away. This Mizaldus writes of the experiment of a certaine Spaniard.

5

Aqua vitæ being outwardly applied, doth helpe very well the sinewes and muscles, and all other parts of the body tormented or pained of a cold cause, with heating strength and swift penetration.

6

To make lips
smooth.

If one vse to rub chapped or rough lippes with the sweate behind their eares, it will make them fine, smooth, and well coloured. Proued.

7

When infortunate Planets be in Angles, and the Sunne or Moone applies vnto them corporally, or by opposition, it signifies that the party then bozne, will be either crook-backt, or wil halt, or it signifies the destruction or losse of some member, especially, if the Moone be with the Dragons taile in these signes, Aries, Taurus, Cancer, Scorpius, or Capricornus, or in the beginning or end of the signe. Iatromath. Guat. Ryff.

8

Against deaf-
nesse.

Earth Wormes fried with Gose greace, then strained, and a little thereof dropt warme into the deafe or pained eare, doth help the same: you must vse it halfe a dozen times at the least. This is true.

9

For the
Spleenc.

Anthonyus Beneuinius an excellent Whisicion, doth glozie, that he with the water wherein Smithes did quenche their hot and burning yrons, giuing the same often to drinke, and
with

of Notable things.

3

with the eating of Cappares, did perfect, ye heale a Citizen of Florence, that had the griepe and swelling of the Spleene seven yeares.

10

Addars tongue wzappt in Virgin Ware, and put into the left eare of any Horse, it makes the Horse to fall downe to the ground as though he were dead: & when it is taken out of his eare, it doth not only waken him, or raise him, but also it makes him more lively or quicke. Mizaldus wrytes this of the reporte of an English man.

11

If a water Snake be tyed by the tayle with a cord, and hangged by, & a vessell full of water set vnder the said Snake, after a certaine time, he will auoid out of his mouth a stone, which stone being taken out of the vessell, he drinks by all the water: let this stone be tyed to the belly of them that haue the Droopie, & the water will bee exhausted or drunke by, and it fully and wholly helpes the party that hath the said Droopie, Iacobus Hellerius.

12

Wit Thunder doth furne and change Wines maruellously, but if the Wines be then in Cellers being paved, and the walles of stone, they take lesse harme then in boarded Cellers: Wherefoze it is good before such Tempest or Thunder, to lay a plate of Iron with Salt, or flint stones vpon the said vesselles with Wine. Leuius Lemnius by Mizaldus report.

13

They will haue the Palsey, or be so that they cannot moue themselves, or will be giuen to tremble, in whose Particities, if the Stone is an Angle with Saturne: Saturne then being vnder the beames of the Sunne combust. Likewise if the first house, and the Lord thereof be infortunate of Saturne, without the aspect of a good Planet. Iacromath. Guat. Ryff.

14

Make pouder of vnslackt Lyme, and mire it with blacke Sope, and annoint any Wen therewith, and the Wen will fall away, and when the rofe is come out, annoint it with oyle of Balme, and it will heale it perfectly.

To take away
a Wen.

15

If you will make wood of the colour of the wood Hebenus, especially such as be hard, as Bore and Pear e tree, and such

like

like

like do as folloiweth: laye the wood you meane to colour in Al-
lome water, so that it be covered with the said water, and let
it rest so thre dapes, then lay the said wood against the hot
Sun, or the fire, that it may only ware warme: then seeth
the same wood in common Dyle, wherein put as much of Vi-
trioll Romane, & Winstone, as a Hasell Nut, let it be dissol-
ved, the longer you seeth it, the blacker the wood will be, so that
you keepe a measure therein, and it will be faire and elegant.
Mizaldus had this of an Italian a pprofesoz of many experi-
ments.

16

The iuice of Bullen leaues (of some called Hedgetaper, and
of some Longwozte) pnt to any part that is byused, or that
hath had a stroke, & the stamped leaues thereof, then put vpon
the same, & tyed fast on with a cloth: if you let it lye so a whole
day & a night vntremoued, it will heale it finely, yea though it
be a wound, but the soze must be first washt with white wine
a little warmed, and the iuice and the leaues must be put to it,
and you will meruell at the effect. Mizaldus had this of one
that ppoz ed it.

17

If any wood or Iron be daepe in the flesh, and cannot well
be gotten out, dip a tent in the iuice of Valerian, and put it in-
to the wound or soze as daepe as you can, and tye the hearb
Valerian stamped vpon the same with some linnen cloath,
that it remoue uot away: and by this meanes, the wood, Iron,
or other thing whatsoeuer, will not only be drawne forth, but
also the wound will be healed. Mizaldus wrytes it vpon the
reporze of an Italian. Alexis also affirmes it.

18

To make a
Vine beare.

A barren Vine will beare grapes, if you cast old and souze
Wine there on, or if you bury the leese of Wine at the rootes
therof: but you must take heed that you cast no soze that is
swopt from Chimneys, or Lime, to the roote of the said barren
Vine, which with their burning heate kils the Vine, & makes
the same to wither befoze his time. Mizaldus.

19

To preserue
the teeth.

In the morning if salt be holden in the mouth vnder the
tong, vntill it melte or consume into water, and teeth being
rubbed therewith, it will preserue the teeth safe and sound: and
it

of Notable things.

5

it will keepe them from rotting , and that they shall not be
woyme eaten : proued.

20

The teeth of a Boze new killed, are so hot, that if one then
put them to haire or byssles , they will burne them : which
seemes that the Boze is enflamed with ire against them that
kill him, that he would be reuenged on them with his tuskes.
Zenophon is the authoz, and Mizaldus the reporter thereof.

21

There is no present remedy to cease the torment of the
Gout, both in the hands & in the fete, then a young whelp es-
pecially of one colour, if the same be put to the greese. Leuius
Lemaius But the whelp ought to be cut out, or clouen in two
partes thzough the mids of the backe, and the one halfe with
the inner side hot, to be laid vnto the greued place : and this I
know to be an excellent thing.

To ease the
paine of the
Gout.

22

Many stinking things doe driue away the contagious and
pestiferous ayze, as Castorum, Galbanum, Sagapenum, Whin-
stone, (all which are to be had at the Apothicaries) the smoke
of burned Lether, & of Hoynes, and especially the smell of gun-
pouder. For saith Lemnius, the whole Citie of Tornace infected
with the Plague , the Rulers of the Towze and Castle there,
caused their Gunnes to be laide and leuelled at the Citie char-
ged with Gunpouder, without pellets or shot , and then mo-
ning and evening in the twye light, they shot of the said pices
or Guns, so that thzough the stinking smell of the said smoke,
and the great and violent noise of the Gunnes, the infectious
and contagious aire was quite put away , and the Cittie deli-
uered from the Plague.

23

Common Azure is made as followeth , take of Salte Ar-
moniacke, three ounces of Verdigeæce, five ounces, let them be
made in powder, and mixe them with water of Tartar, so that
it may be something thicke , then put the same into a glasse, &
let it be well stopped that no aire may get fozth, & let it be laid
in very hot hoysesung, for the space of eight daies: & then when
you take it out, you shall find it an excellent Azure. Mizaldus.

B 2

At

24

It is to be maruelled at, that a Cocke or Cockrell which doth not feare a Serpent, or a Dragon, is so affraid of the shadow of a Gleade, when he is flying, that sodainely he seekes a place of refuge, and hides himselfe. Mizaldus.

25

Any kinde of Amber being sodden in the greace of a Sow that giues sucke to young Pigges, is not only thereby the clearer, but also much the better. Mizaldus.

26

If any carry about him the seed of Sozrell, gathered of a boy, being a virgin, his sparre or nature shall not goe from him, neither sleeping or waking: therefore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27

A certaine Citizen of Padua, hauing Cantharides, that is to say, French Flies, applyed to one of his knees, did pisse aboue five ounces of blood: the like hapned to one, to whose great toe of the same foote the same was applied, Bartholomeus Monteganus, a notable Physician affirimes this: therefore Cantharides is perillous to be taken both inward and outward.

28

The lease of the greater Burre, bozne or laid on the top of the head, doth draw the Matrix vpward: but laid vnder the sole of the foote, it draweth downward, which is a notable and excellent remedy against the suffocations, falling, and displacing of the Matrix. This Mizaldus writeth,

29

To helpe
sores & aches.

Alciod till it be thicke like a salve, helpes all sores and aches applied thereto, maruellously: a thing often proued.

30

All kinde of docks haue this proprietie, that what flesh or meat is sod therewith, though they be neuer so old, hard, or tough, they will become tender and meet to be eaten: hereupon it comes that they were so vsed in the old time, so that thereby the meate was moze sower concoct and easier digested, and the wound moze soluble. Mizaldus.

When

31

When the ascendent and the *Mone* are both impedit, and their *Lozds* or *Signifiers* safe, then the sicknesse is in the body, and not in the minde. And if the ascendent and the *Mone* be safe, and their *Lozds* or *Signifiers* impedit or hindred, then the sicknesse is in the mind, and not in the body. And if they all be impedit, then it signifies both sicknesse of the body, and grieffe of minde. Likewise if an infortunate Planet behold the ascendent and not the *Mone*, then the disease or grieffe is in the mind, & not in the body. And if contrary, then the disease is in the body, and not in the mind. But if an infortunate Planet beholde them both, then the disease and grieffe is in them both. Iatromath Guat. Ryff. 32

If one suspect himselfe to be infect with the *Plurisie*, let the party hold in his bzeath as long as he can, and then if he can let his bzeath goe without coughing, he hath not the *Plurisie*. If not, he hath the *Plurisie*, or is in danger thereof.

33

Whosoever hath the *Quartaine Ague*, shall not be troubled with the falling sicknesse: for if one haue the falling sicknesse first, and after shall haue the *Quartaine Ague*, the falling sicknes will leaue him. Hippocrates.

34

† One may colour *Iuoy* or any other bones with an excellent greene colour as followeth: take strong water called *Aqua fortis*, wherein dissolve asmuch copper as the said water is able: then let the bones that you would haue colozed, lie in the same all night, & they will be like a *Smaragdine* colour. Mizal.

35

If *Dyle* be powzed vpon *Wine* or any other licour, it maks that the same shall not waxe musty, or be corrupted. For it excludes or dzives forth all ayze that may breed corruption, only with the outward ayze of the *Dyle*, as with a certaine conering. Notwithstanding, all stirps or Plants, whereon *Dyle* is powzed or effused, doe putrisie, as *Plinie* repoztas.

36

The *Coales* of a *Birche* tree made in powder, and put into a wound or great soze, healeth it perfectly without any other thing. To cure wounds.

B 3

thing. It was credibly told me that the Muscovites vse it much and esteemes greatly.

37

A Robin red brest finding the dead body of a man or woman, will couer the face of the same with Masse: And as some holds opinion, he will couer also the whole body.

38

An Italian, through the oft smelling of an herb called Basill, had a Scorpion bred in his breane, which did not only a long time grieue him, but also at the last killed him. Iacobus Hollerius a learned Physitian, affirms it for truth. Take heed therefore ye smellers of Basill.

39

Great care to be had in cutting a childs Nauill string. If the Nauill string of a Child after it is cut, doth chauce to touch the ground before it be burned, the same child wil not be able to keep or hold his or her water, neither night nor day. A thing very true and knowne

40

To help such as cannot hold their water. A Raine House rosted, or made in powder and drunke at one time, doth perfectly help such as cannot hold or keep their water especially, if it be used three dayes in this order. This is very true and often proued.

41

The great loue of a Dogge. It was credibly reported to me for a very truth, that a certaine Inkeper in Ware dyed, which had a dog that loued him so well, that certaine dayes after he mourned & sought for his said Master without eating of any thing: And when he could not find his said Master, he laid himselfe among the hot coales in a chimney: who though he was pulled out of the fire, yet he went in againe & burned himselfe to death. A rare and strange thing as hath bene heard of. I thinke it is hard to finde a seruant so louing to his Lord, as this dog was to his Master.

42

As soone as the child is borne, (especially a boy) there ought to be great heed taken in the cutting of the Nauell string: for the member of generation doth follow the proportion of the Nauell string: and if it be tyed too short in a wench, it may be a hinderance to her in bringing forth her child. Therefore it is mate

of Notable things.

meete that Midwines haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Physician.

43

For the helping of the Coddies or Stones that be swolne pained. The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne the third face of Aquarie then ascending or rising with Saturne, and so for the Gowte, the scale of Pisces, and also for the helping or bettering of memory they made a Ring of pure gold: wherein was closed a Diamond vnder the Coniunction of Saturne and Iupiter in Aries. Hermes.

44

Egidius Herthoge writes a strange maruell of a woman which carried a dead child in her womb thirteen years, which was perceiued of many, that handled her belly: but he writes not what successe she had therewith: for whiles he wrot the same the woman was well, & did her businesse with her husband abroad & also at home.

45

Whitany drunke with water or wine, doth cause a woman to be easely and speedily deliuered, yea, though the childe be dead, or if it be turned contrary to a right course: also it brings forth the after burthen: the like effect hath Penitryall, as some affirmes. And it hath beene proued as saith Mizaldus.

46

Pigions do so loue the Castrell: that if one close young Castrells in a pot, and stop and couer the same close, & shall hang them in soure corners of the Doue house, it will procure such a loue to the Pigions of that place, that for the desire of them being so inclosed in the said pots, they will neuer change that place, so much that they loue the Castrells their friends after their death. Collumella reports this as Mizaldus affirmes.

47

The Wort lease laid on the crowne of the head, draweth vp the Vuula, or the flap in the throat. M. Cato by the report of Mizaldus.

48

If a peece of fine gold, or leaues of pure gold be but into the iuyce of Lemmons, & taken out of it after it haue leine there in a whole day, & the same iuyce then giuen to one that is sicke of the Plague, with a little Wine, and the pouder of the roote

A Medicine
for the
Plague.

of

of Angelica, or of the decoction of the same root: it is marvell to be told what help it brings them, yea, though they be past all hope, or thought past recovery. This Mizaldus writes as proved.

49

If a man be the first that a woman makes after she comes out of the Church, when she is newly Churched, it signifies that her next child will be a boy, If she meete a woman, then wench is like to be her next child. This was credibly reported a to me to be true. But praise it as it proues.

50

To helpe a
Fellon.

A little bay Salt stamped small, mixt with the yolke of an egge and applyed to a Fellon, & so vsed diuers times, doth not only perfectly heale the same with speed, but also it draws out all the paine of the arme, and ceases the swelling thereof, if any such be by the means of the same. This is perfectly proued.

51

Children are not alwaies like vnto their Parents, as it may appeare in Helides, which did beget a Daughter of an Ethiopian, which Daughter was not of the colour of her mother: but after the said Daughter had a Sonne, which was blacke and like to his Grandmother. So Niceus the Poet did degenerate in colour from his Father and his Mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspects their wives when they bring forth children vnlke to either of them: for it happens many times that the child is like to the Grandfather, or Great-grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Leade stone called Crapandina, touching any part beneuomed, hurt or stung with Rat, Spider, Waspe, or any other venomous beast, ceases the paine or swelling thereof, Lemnius.

53

To kill Lice.

The iuyce of Worme mixt with the oyle of Radish or of Mustard, is a very safe remedy for the killing or destroying of Lice.

54

If a woman annoint often her Dugges or Pappes with the iuyce of Succory, it will make them little, round, and hard. For if they be hanging or bagging, it wil draw them together, whereby

of Notable things.

11

whereby they shall seeme as the dugges of a maide. Mizaldus.

55

If you shall enclose within a peece of thin silke, Galbanum made soft, and shall lay it to the mouth of the Matry all a night, (the head of that woman having then no soule or stinking cloathes upon it, but onely covered with a Caul, and a cleane oz thin Birchiese, without any kind of odors) in the morning when the same are losed from her head, if the crowne of her head smell of Galbanum, it is a sure token that the woman is apt to haue children. Hypocrates.

56

If a Stone called an Hemetist, wherein a man is grauen with bended knees, girded about with a Serpent, holding the serpents head in his right hand, & his taile in the left hand, be set in a gold ring, with one leafe of an hearb called Dragons put vnder the said Stone, it doth make the bearer thereof safe from all poyson and plague. Hollerius a notable Physicion wrytes it.

57

The fasting spettle of a whole & sound person, doth quite take away all scruines, sawflame, oz rednes of the face, ringwozmes, Letters, & all kind of Pustules oz wheales, by smearing oz rubbing the infected place therewith. And likewise it cleane puts away therby all painful swellings by the meanes of any venemous thing: As Hornets, Spiders, Loades, and such like. Mizal.

A great vertue of fasting spettle.

58

Pein Cheese wrapt oz folded in the dry leaues of Dragons, preserves the same from being mouldy, oz from putrifying. Galen and Plinie.

59

It is certainly and constantly affirmed, that on Midsummer eue, that is, the day before the Nativity of Saint Iohn Baptist, there is found vnder the roote of Dugwozt a coale; which preserves oz keeps them safe from the plague, Carbuncle, Lightning, the Quartaine Ague, and from burning, that beates the same about them. And Mizaldus the wryter hereof saith, that he doth heare that it is to be found the same day vnder the root of Planten. Which I know to be of a truth, for I haue found them the same day vnder the root of Planten. Which is especially and chiefly to be found at none.

C

The

60

The drosse, or that that is left after the passing out of the oyle of Linsed, is meruellous profitable for the feeding of beasts: & if you shall let a handfull or two thereof steep a while in raine water, & therewith wash your hands, it will not only amend the spots or other deformity of the skin: but also you shall thereby perceiue that the same & other members, if they be likewise wash't therewith, will be made much faire & more cleane. Mizaldus.

61

All things that comes out of the earth will swimme vpon quicksiluer, though they be heauy, except gold: & gold though neuer so little, will sincke into it and be swallowed thereof, & his colour will be turned into siluer, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out. And the quicksiluer, though the fire will be resolved in a smoake, with a perrillous smell. Mizaldus.

62

Salt finely stamped and mixed with fasting spittle laid on a fillet (and applyed certaine times) to the place where superfluous haire is, doth cause that haire will grow there no more. A thing certainly proued. Pigeons dung doth worke the like effect applyed in such sorte.

63

Against the
cough or
harshnesse

Aqua vita mixt with white Sugar candy finely powdered, so that it be not too thicke thereof, but indifferent, & a spoonfull therof taken last at night for the space of three or foure nights, doth presently help the Cough & hoarsenesse, and breakes the steame maruellosly, this is a tryed thing. The like effect hath the powder of the root of Enula campana mixt with the powder of Liquorice and of white Sugar candy, if it be often vsed and eaten a spoonfull at one time. Which I haue often proued.

64

They are like to be Cowty, or to haue the Sciatica, or paines in the ioints in whose Patiuitie Saturne or Mars is in the sixt house, or in the twelfth house infortunating the Lord of the sixt house: especially, if the signe of the sixt house be Capricorne, Aquarie or Pisces. Iatromath, Guat, Ryff.

Whosoever

of Notable things.

13

65

Whosoever haue their feet smell strongly, if they put the scales of Iron, in their shoes wherin they vse to goe, it takes cleane away the euill smell thereof. George Fabricus.

66

You shall stay the bleeding of the nose, if you write with the same blood in the forehead of the party that bleeds, these words, following. Consumatum est. A thing proued with many. Miz.

To stay bleeding at the nose.

67

If boyes or young men do vse milke and exercise from the cradle, they are thereby more higher or taller of body, and of more comely and beautifull stature. Mizaldus.

68

The powder of the tooth of a Woze mixte with the oyle of linsed, doth presently cure the Squinancie, (which is a paine or swelling in the throate) if the griened place be touched with the end of a feather or pen, smeared with the same mixture. Mizaldus.

To cure the Squinancie.

69

The outward part of the Nettle, doth sting, prickle, or burne, but the inward part (being the iuice) annointed on the arters, doth mitigate and amend the seauerly heat of the heart. Auicena, & Arnold de villa noua.

70

If the corners of the eyes be annointed with an ointment of Saffron, if after the spettle doth sauer thereof, the partie is not barren: but apt to haue Children. Plinie.

71

A Medicine made of a little Honey and of a coale made of a Vine which neuer bare Grapes, if the teeth be often rubbed therewith, doth so cleane them, and make them so white, that they will be iudged to be of Iuorie.

To make teeth white.

72

The blood of a white Hen, smeared on a freckled or a spotted face, & thereon suffered to dry, and afterward wiped away, clearely takes away all spots from the same. Mizaldus had this of a certaine Italian.

73

Cantharides wrapt in a Spiders webbe, & hanged ouer one that hath the Quartaine Ague, it is said it cures or deliueres

To helpe a Quartaine Ague.

C 2

him

him or her thereof perfectly. Mizaldus.

For the Col-
licke.

74
The decoction of Holliscke, with Honey and Butter being
drunke, doth meruellously ease the paine of the Colicke and
of the backe. I haue proued this to be very excellent and true.

75
A plaister made of the powder of burned Swallowes, and
of their nest, doth helpe effedually the swelling of the throat, or
the Squinancie.

76
If the pizell of a Bull that is all red, be made in powder, & a
drum thereof (that is the weight of lxxij. barley coznes) be giuen
to a woman in adzaught of wine, it will make her loth to haue
to doe with a man. (As Basilius wrytes.) And the same powder gi-
uen in meeke medicines to a man, doth contrary fire and
make him lust therein. Marcellus Empericus.

77
If dogs chance to find a cats skin, they will rub and roule
themselues vpon it. And they will doe so likewise where it is
buried: they delight so much of the thing dead, which they ha-
ted alius. Cardanus.

78
You shall know good and pure Azure, from sofisticate and
naughtie Azure, if some of it be laid vpon a hote burning
pion, and if then it will not be burned, neither any little stone
is found therein, then it is pure and perfect. Mizaldus had this
out of an old wrytten booke.

79
The white of an egge well & long beaten mixt with quicke
Lime, will ioyne surely broken Glasses, and broken earthen
Cups, and will make them hold fast and surely together. But
it would be the better if a little of very old Cheese be well
mixt therewith. This is very true, and proued.

80
Planten is iudged by Hermes, to be the hearbe of Mars, and
therfoze good against the deseases & paines of the head because
that the Agne of Aries, which is one of the houses of Mars, doth
gouerne the head. And also Planten is very good against the
griefe and deseases of the Stones, and the Ulcers of the blad-
der: and also Gonorrhoea passio, and Hemerods, because Scorpio
the

of Notable things.

15

the other house of Mars, doth rule that part of the bodie. Like iudgements may be had of other hearbs of the Planets. Mizaldus.

81

If the right knee of a Bull be very streite tyed, he cannot bull a Cow, although befoze his eyes she allure him thereto with her moing. Mizaldus.

82

If a married man be let or hindzed through Inchantment, Sorcerie or Witchcraft, from the acte of generation, let him make water thzough his marriage Ring, and he shall be losed from the same, and their doings shall haue no further power in him. Guil. Varignana, and Arnoldus de villa noua affirmes the same.

83

Who so vse to rubbe their fingers betweene their toes of their feet when they goe to bed, especially, when they smell most; and then to smell the same at their nose: it is a perfect remedy to put away the cramp. This was affirmed to me as a tried thing.

For the cramp.

84

A candle burning, holden or put to a house or place wherein a peece of Salpeter is put, the said candle will soddenly be blowne out. And the same candle immediatly put to another place wherein is Brimstone, will be light & burne againe, to the great meruell of them that stand by, if they be ignorant of the secret. Mizaldus. But the snuffe of the candle must not be cleane out.

85

What writings shall not burne in the fire, take very strong Vineger, and the whites of egges and put them together and put thereto Quicke silver, mixing & stirring the Quicke silver well therein, and with the same mixture annoint Paper three times and after every time, dry the same well: and after that write what ye list on the same paper, & then cast the same writing into the fire it will not burne. This Mizaldus had out of an old booke.

86

Cut or bzenke a white loafe in the mids when it comes hote out of the Oven, and lay it to the eare of such as haue any quicke thing in their head, and it will bying it out, shifting it still with hot bread, untill all the quicke things be come sozth. This is proued to be true.

C. 3

The

†
For the
Crampe.

87
The little bone in the knee joint of the hinder legge of an Hare doth presently help the Cramp, if you touch the greued place therewith. Often proued.

88
A little peece of the tung of a Fox, being moistened & made softe in Vinegar, (if it be drie) draweth out a thorne or any other thing deep in the flesh, if it be laid vpon the place where it is. It is an excellent and true thing.

89
When the signe of the first house is Libra, and Mars in the same house: it signifies grieffe and paines of the eye. Iatro-mathematica. Guat. Ryff.

90
Iulius Viator a Knight of Rome, (Plinie being the Authoꝝ) who in his childhood had the Droopie, therefore then forbidden of the Physicians to vse moist things, did so overcome Nature, through continuance or long vse, that all the time of his life after he liued without drinking any thing.

To sta- ch
blood. †

91
The thirde cornerd stone of a Corpe, which is to be found in the hinder part of the head, nie vnto the neck, beaten small, & blowne into the nose, doth stay the bleeding of the nose, by his binding faculty: which may be perceiued by the talking therof. This hath beene proued, and I know it to be true. Mizaldus.

92
The head of a Cat that is all blacke, buried in a new pot, & fine ashes or powder made thereof, & some of the same, thrice euery day, blowne out of a quill into the eye that hath either web or pearle, or any other euil or grieffe in the same, is a most excellent helpe & remedy therof. But if the party, feele any burning in his or her eye (especially in the night) let three or foure Daken leaues steeped or moistened in water, be laid together vpon the soze or griued eye, and let the saue be afterward turned and laid on againe. The Authoꝝ of this secret, said: that the sight is restored with this remedy, after a whole yeares blindness. This was told to Mizaldus.

That

93
 That Salt will helpe fecundity, or make women more apt to bring forth Children, It may be an argument: because of the great number of Mice and Rats that are wont to breed in Ships of the Sea. And because women that are lovers of Salt and salt meats, are more prone, and haue more children. Lemnius.

94
 Asses that are much troubled with melancholy, doe gladly eate Cisterach, or Scaleborne that they may mend & helpe the diseases of the Splicene: Goldfinches Cibright, & Wipers Fenel, for the mending of their sight. So Goates by a certaine property of nature, doe hate or cannot abide mans spittle, nor they will eate any thing which of man hath first tasted. But the nature of Lizards is contrary: for they lick by the same greedily. Plinius Theophrast.

95
 Annibal made a passage for him and his Souldiers through the hard rocks of the Alpes to passe into Italy. For by heating & burning the stones with fire, & sprinkling Vinegar thereon, he made them so soft, that they might fall easily in peeces, & that they might be sooner broken a sunder. Titus Liuius. Plutarchus.

96
 Here folloves an excellent remedy for all wounds & easie to be made. Take græke Pitch, Brimstone, & white Olibanum, which is a kind of Frankencense, of all a like quantity: let them be stamped & mixt with the whites of Egges, then (the wound being first washt, and the lippes thereof well toynd together) lay the same mixture on a linnen cloath, and apply it to the wound & tye the same fast on with cloathes, or broad bands: and let it lye so certaine daies vnremoued, proued saith Mizal.

97
 White Lillies will wax red, as Florentinus hath taught: if warily & diligently you open the clefts of the roots, and fill the same with any red colour: & so then set the same in a fat dunged earth. Mizaldus.

98
 Women that vse to lye and sleep on their right sides, seldom or neuer bring forth any wenches. Rasis writes this.

99
 Whosoever is annoiated for the Neapolitane disease
 (com)

(commonly called the French-pox) if he hold in his mouth a King of gold, or else another peece of gold, & rowles the same about his mouth with his tongue, the Quicksilver that is in his body by the meanes of the ointment, is drawne of the said gold, & is so wapt about the said ring or gold, that when the same is taken out of his mouth, it shall seeme as though it were all silver. And the same King or other gold will not be restorred to his former brightnesse or colour, except it be put into the fire. Lembius.

100

Snailles without their shels, or otherwise with their shels stamped and mixed sometimes with Chesep or rennet, doe draw out theynes, or any other thing out of the flesh though neuer so deepe, if they be applyed to the place. And also being laid to the belly of them that haue the dropsie, they suck out the water. But the same must not be losed from the belly, vntill all the humours or water be sweate forth, or else the same plaxter of Snailles doth fall away of himselfe. Iacob Hollerius.

The end of the first Booke.

The second Booke of Notable things.

I



When the Moone is in Coniunction with the Sunne, or in any euill aspect with him, and in any Angle, and beholden of euill Planets with an euill aspect, in any bodys natiuity. It signifies that the child then bozne, shall haue insupportable diseases or griefes in the eyes. Iatro-math. Gu ar. H. Ryff. Argent.

12

It is manifest by experience, that the seauenth Male child by iust order (neuer a Girl or Wench being bozne between,) doth heale onely with touching. (though a naturall gift,) the Kings Cuill: which is a speciall gift of God, giuen to Kings or Queenes. As daily experience doth witnesse.

Erastrius

3
 Erasistratus a Physicion, did perceiue by the feeling of the pulse, that Antiochus the sonne of King Seloucus, did so pine for the loue of Stratonices his mother in law, that vnlesse hee might haue his desire, with the good will and pardon of his Father, he would die. These are the Authoꝛs thereof, Valerius Maximus, and Galenus. Which also by the like, did knowe that Iusta the Wife of Boetius, a Counsellor of Rome, did languish for the loue of one Pylas dauncing in the Theater. Mizaldus.

4
 Celendine with the hart of a Wcont or a Houldwarp, laid vnder the head of one that is greuously sicke, if he be in danger of death, immediatly he will cry with a loude voyce, or sing: if not, he will weepe. Mizaldus.

5
 The iuice of Henbane, mixt whith the blood of an Hare, & sod within the skinne of a Hare, it is said that all the Hares will gather to gether, which be within that trace where it is buried. As the Hatrix of a Witch will gather Dogges together. This was affirmed for trueth to Mizaldus.

6
 Many women wich child of the sodaine or vnlooked for, meeting, or sodaine seeing of an Hare, or for the desire or longing to eate of the same: doe bring forth Children with a clouen ouerlip, and forked wise called an Hare lippe. Daily experience confirms it. Mizaldus.

7
 That disease or sicknes will be great which takes one when the Moone is in that signe, wherein an euill Planet was in the time of his birth, either in a quartile or opposite aspect: and if an euill Planet doth then behold her, it will be very perillous. But then if the Moone be in a place where a good Planet was in the time of the birth, that sicknes wil be without any danger. Hermes Trismegistus, Ptolomeus, and Claudius Galenus, Authoꝛs.

8
 An Egge layd in strong Vineger, threé dayes or a little longer: it makes the shel therof so tender and soft, that one may

draw it through a King. Cast the same into warme water, and let it lye therein, and it will be hard againe. Mizaldus.

9

A flint stone lying in Vineger the space of seauen dayes: may be resolved into powder by rubbing betwene the fingers. Therefore it is no maruaile though Anniball did dissolve the stones of the Alpes with Vineger. Mizaldus.

10

Water wherein the leaues and seedes of Hemp is sodden: being cast or sprinkled on the earth will make the wormes to come out of the ground if any be there. Mizaldus.

11

Take the oyle of Tartar, made of the Lees of excellent wine, it doth take the spots from yron, the yron being cleansed from all rustinesse, and doth make him of an excellent brightnesse: if the yron be rubbed therewith. Mizaldus.

12

For the Gout.

†

The roote of Henbane stamped, and applyed warme to the paine of the Colcke of the feete or Siatica. It is said that it helps marueilously, because the hearbe belongs to Iupiter, which is enely Lord of Sagitarie, which gouernes the huckle-bone And of Piscees which challengeth the feete. Mizaldus. had this out of an olde booke of secrets.

13

To keep Ink
from freezing

†

If some droppes of Aqua vitæ, be mixt with writing fulse, the same inke will neuer be frozen. proued.

14

Whosoever is apt to any thing: hath certainly that Starre or Planet, by whome that thing is signified verie strong in his birth. Mizaldus. As thus for example (I may saye by the way.) Hee that is apt to martiall feates, or Warlike affayres, hath vndoubtedly Mars strong in his birth. And whosoever is apt or enclined to planting, drawing, writing, siphoring, or to the Science of Arithmeticke, or to any wittye or notable inuentions, without all doubt hath Mercurie very strong in his birth. Which by daylye proufe is infallible. And so you may knowe of the rest.

The

15

The wood of the Sicamore tree, is neuer dry in the Ayre or hye ground, and in the bankes of Rivers, and where waters run ouer, it dyes very quickly. Mizaldus.

16

The soles of the feete anointed with the fat of a Dormouse doth procure sleepe. As Aecius doth say.

17

They will haue paines in the stomack, or be weak stomackt, in whole Patinities, Mars and Saturne are in the first house: or in the twelfth house, infortimating the Heone, or the Lord of the Ascendent: especially if the signe of the first house be Cancer, Iatromath. Guat. Ryff.

18

This following is an excellent remedy for them that be broken bellyed or bursten. Take nine red Snayles, and put them betweene two Wyle stones, so that they slide not away, and dry them in an Oven, so that you make them in powder: then giue to the diseased the powder of one of them in white wine every other day in the morning, til all be done, which will be in eighteen dayes. The party must take it fasting, and neither eate nor drinke of two houres after. And if the disease bee so long rooted that these nine times will not suffice: then begin immediately againe with other nine Snayles, and do as befoze is declared in all pointes. I had this out of an olde Booke wherein was many Secrets, and I heard one affirme it to be a true and tryed thing.

19

Hempe seede giuen to Hennes in winter, will make them lay Egges apace. Candanus.

To make Hennes lay.

20

The Dyle of Tartar, dooth take away cleane al spots, freckles, and filthy wheales, of the face, chin or forehead, with his cleansing strength. This is proued.

21

When thou wilt driue a waye Flies from anye place, that there shall none be seene there againe, make the image of a flye in the stone of a King: or as my booke saith Mizaldus, in a plate of Brasse or Copper, or of Tinne, make the image of a

D 2

flye

Flye, of a Spyyder, or of a Serpent, the second face of Pisces, then ascending. And whiles you are making & grauing of them, say: This is the imags which dooth clean rid all flyes for euer. Then bury the same in the mist of the house, or hang it in anie place of the house, (but if thou hast foure such plates, and burie or hang them in foure corners of the house, or hide them within the walles, that no body take them away, it were farre better.) But this laying of them must be when the first face of Taurus dooth ascend. And so no fly will come in there, nor tarry there. Ptolomic saith, that he saw the triall heerof in the house of King Adebarus: who was very wise, and was maruailous expert in naturall Magicke, in whose Palace or Place, there was neither flye nor any other hurting worme. And that I might search it out sayth he: I brought in thither lyue flyes, which presentlie died. Mizaldus.

22

Sixe or seauen whites of eggs put into troubled or thicke Wine, and the same being wel moued and stirred with a sticke makes the Wine saye and cleere.

23

It is dangerous to stricke: especially, to cut thof part of the body, when the Moone is in that signe that gouerns the same: as daily experience sheweth by many, and a thing euery where feared and doubted, through the dangers that followes thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne: the Moone in Gemini, died without any remedy thereof. And I knew a tall man and a stoute, that in fighting had a little cut with a sword vnder the ancle, as it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, hee dyed within halfe an houre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Moone and other Celestiall bodies: haue maruailous power in our earthlie bodyes. As in this Booke and in diuers and many places, the same is manifest.

24

If a Rat, Mouse, or Weasel, or any other thing, sodentlie leap or fal on the body of a woman with child: or els any Cheries

Q3

or a cluster of Grapes, or other thing whatsoever chance to fall or hit any part of her body, by and by it haps that the childe is marked with some speciall noat or marke on that part, whereon they did fall or hit: (except happily the woman on whose body the same did chance,) wipe whith her hand sodainly the part or member therewith touched, & lay her said hand on some other part further of. Lemnius. There are fewe women; but knowie this to be true, and many haue found it too true. As two or thre strange examples in this booke doe shew most wonderfully.

25

Burning water called Aqua vitæ, is of a meruailous force, in preserving of things and keeping them from putrifying. For flesh or meates whatsoever moystened therewith, will be safe from corruption and wormes.

26

If young beastes eate of the leaues of an Iuie tree, they die. But if they that chaw the cudde doe eate thereof, they seele no harme. This is the opinion of Theophrastus. But Plinie dooth ascribe it to the Ash tree. But the likelihood and nærenes of the words might deceiue him. For the Ash tree in the Greeke tongue is, Milean, and the Iuie tree is Millon. Mizaldus.

27

A maruailous matter, and a thing worthy to be remembered is written by Aelinus, that a great mighty Wolfe did come to a schoole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracuse. Whereat the sayd childe Gelon, rising from his seat, did diligently and sharply without any fear follow the said wilde beast, earnestly to plucke the sayde Tables from his mouth. But after that Gelon was out of the schoole, the saue with a sodaine ruine fell vpon the rest of the schollers, and killed, & oppprest with the Schoolemaster, aboue a hundred boyes. Onely Gelon by Gods prouidence, of all his fellowes remayning alieue. And because hee was not killed of the Wolfe, but rather reserued, it cannot be without great admirations, partly for shewing his kingdom and rule, and partly that he was preserved from so imminent a perill.

D 3

Who

28

Whosoever will preserve Chesnuttes, and keepe them safe and sound, let them lay and mixe them with Walnuts: for they will drinke vp and consume such humoꝛs whereby they corrupt. And they will not suffer them to waꝛe mouldy. Mizaldus.

29

† Knotgrasse is thought to be the hearb of the Sunne, whereupon it helpes greatly all the diseases of the heart, and the mouth of the stomacke. Whereof Leo the Lyon is gouernour, which is the house of the Sunne. And it is very good against the great griefes of the backe, the Stone and the Collicke, by drinking of it, or by infection. It was affirmed to Mizaldus, that it was found true by experience.

30

A hearbe called Houndstonge, ioyned with the Matrix of a Wyche, being so tyed to the necke of a Dogge, that he can not get it away: you shall see him turne about so long, that he will fall downe and seeme to be halfe dead. Albertus.

31

When the Scythians were constrained to sustayne hunger for any certayne matter or vrgent cause: they girded in their bellies with broad bands that no emptines left in theyr belly or guttes, their hunger might the lesse greue them. For through the hard binding in of the belly, hunger is the more tolerable. Whereupon it is seene that they that eate much, doo loose or vnbutton their doublets, and loose their garters. Phauorius.

32

The Elephant seeing a Ham is by and by fame, and leaues his fiercenes. With which pollicy the Romanes caused the Elephants of King Pirhus to returne and goe backward. And so the Romanes obtained a worthy victory. Mizaldus.

33

† The paring of an Apple cut something thicke, the inside whereof laide to hote burning or running eyes, at night when the partye goes to bed, and tyde or bound to the same, doth help, the same very speedily, and contrary to expectation. An excellent secret,

A

34

A certaine Priest hauing a louing Dogge, was killed for his mony, and thzown among bushes or some other priuy place. Which dog so mourned for his said Master, that he would not depart from him, but howled : so that the deade body was found. Which dead body was bzought afoze certain men to be viewed, to which place diuers people resortet. Amongst whom the murderer must needs shewe himselfe (lamenting outwardly the matter, with the rest of the standers by, as though hee had beene as guiltlesse as the best,) whom when the sayde Dog perceiued: he barkt and did runne at him fiercely, and by no meanes would leaue his barking, howling and running at him. And following after him, and at none other : shewing (in his maner) that that was he that killed his Master. Whereupon being suspected he was examined, who forthwith confessed his wicked fact : and therefore was executed Saint Austine affirmes this, as I do remember.

35

If both the lights, (that is to say, the Sunne and the Moone) be in the first house infortunate, they that be then bozne without doubt will be blinde. And if but one of them be there and infortunate: then the childe will be blinde but of one eye. And likewise it will be, if either the said lightes be Lord of the first house infortunate. And vniuersally, their eyes cannot escape great hurt, in whose Patiuitiy the said lightes are impedit. larro.

36

This followinge will presently ease the paynes of the To e a l e c h e Gout, Fry out the grace of Shoemakers spetches, 12 peeces of Gout Leather : and lay some of it vpon a browne paper, warming it a little at the fire : then apply the same to the greese, and it will take away the paines in one night. I had this of them that haue proued it often to be true.

37

If Shæpe chaunce to eate of an hearbe called Knotgrasse, it will make their bellies swell: and they will anoid out of their moutthes a thinne stinking froth, therefore they must be let bleed vnder the tayle next to the buttocke. Columella.

38

There is many dow things in their sære, that they that be awake vse to doo. For they will walke about the house and Chamber

Chamber, and will goe to other folkes beddes, and dare do any thing without feare. Whereof there are many dayly examples. But one among all the rest, (which was credibly tolde me) was maruelous strange, & almost incredible. Which was: that two men lying in bed together, the one of them being fast asleepe, tooke the keys and vnllocked the doores, and the gate of thehouse, and so tooke his Bowe & Arrowes, and went to a wood oꝛ Cha'e about a myle from thence, and killed a Bucke oꝛ a Doe, and then did couer and hide the same in the Wood: and then came home againe, vnllocking and locking the gates & doores agayne and layd the keyes where he had them, and so went to bed. The other man that lay with him being awake, folloved him & did see all that he did. But he would not goe to bed, but stayde a while in another place, to see the ende thereof. And as soone as the other was in his Bed, he tooke his Dagger, stabbing and thrusting therewith in the Bed, whero the other man did lye, and by and by after awaking, sayde: alas what haue I done, I haue killed him. The other answered, nay, I am not kild yet, thankes be to God. Then saide he: foꝛ I was a dreamed that I killed a Bucke in such a place, and that thou didst see me where I did kil him, & hide him: & thing thou wouldst betwray me I thought to kill thee. But I am glad said he, that it was but a Dreame. Then the other saide, if it were a Dreame thy Dreame is the true. Foꝛ thou hast performed all thy Dreame, except the killing of me, which he would not beleue vntill the next day: when he that lay with him arried him to the place where he himselfe tolde that he did hide the said Buck. Where indeede they found the Buck killed as he befoꝛe told in his Dreame. A marueilous matter if it were true.

39

The Greekes and Romanes did keepe Snowe till Summer in Caues of the earth, couered with Oken bowes oꝛ chaffe. Which made Saint Austine say: who gaue Chaffe such a cold strength to keepe and preserue Snowe, oꝛ such a hot strength, to heate and ripen vnrripe Apples.

40

Wine will be pleasant in taste and in saour and colour: it will much please thee, if an Dreuge, oꝛ a Lymon (stucke round

round about with Cloaves) be hanged within the vessell that it touch not the Wine. And so the Wine will be preserved from foistines and euill sauoz, Mizaldus.

41

They will haue paines or diseases in their Liuer, in whose natiuitie Iupiter is Lord of the sixt house, being euill aspected of an infortunat planet. Iatromath.

42

If the Snayles be roasted and dyled at the fire or in an Oven, and made in powder: and a spoonfull thereof drunke in Ale at one time and so taken nine or ten dayes together: it doth perfectly helpe and cure the black Jaundies, Proued.

43

If you stamp earth woymes, and then strain them through cloth, and then put to the same as much of the oyle of Maidish a rotes, and betweene the beating or framing of swords, kniues, or Daggers, when they be hotte: you do quench them twice or thrise therein, the same shall cut Iron after, as though it were Lead. This Mizaldus had of a Whisition that was cunning in that Arte.

44

Stinking and corrupt Wine wil be marueilously mended, if according to the bignes of the vessell, a sufficient quantity of cleane Wheate in a bagge be hanged in the sayde vessell, and after be taken out of the same. For whatsoeuer is vn cleane, or naught in the Wine, the Wheate will draw the same to it, and so will leaue the Wine pure and cleare. Pistorius.

45

The vttermost or last ioynt of the tayle of a young whelpe, after he is forty dayes old, being writhen off: the same Dogge will neuer be madde. Besides that his tayle will be thereby of a comely length. Mizaldus.

46

If you bore holes in Bay berries, and put into euery hole the seedes of Artihokes, and wrappe them with dung: and so put them into the earth, thou shalt haue so swete and pleasant smelling Artihokes: that nothing can be of a moze sweet & pleasant smell. Varro. the same will happen, if you do keepe seedes three daies in swete smelling water. Mizaldus.

Ⓒ

Wetter,

For a ſich.

46
Butter, Aqua vita, and Beasts gall, of each a like quantity
mixt together. And any ache or ſich annointed therewith ſome-
thing hot, euery morning, and evening, ſoz ſeuē or eight, daies
doth perfectly helpe the ſame. Proued.

48
All Wheate that is ſowne in continuall moſt grounde,
after the third ſowing, will be come the pureſt Wheate & make
the fineſt and beſt bread that can be made. Collumella.

49
Galen ſaith, that he knewe certaine men in his time, that
gaue the pouder of mans bones burned, to them that had the fal-
ling ſickneſſe: they not knowing of it, leaſt their minde ſhould
ſtand againſt the medicine, and many was cured with the ſame.
Geſuerus hath proued it with the ſcull.

50
If the little Perue vnder a Whelpes ſdung, (commonly
called the greedy worme) be taken away, it keepes the ſame ſafe
after from being mad: and he will not be giuen ſomuch to bar-
king after. And alſo it is thought they will not be giuen to grea-
dines after.

51
If you prick the head of a Leake, with a Rode or a ſtick char-
ped, and put within the ſame, the ſeeds of Rape, or of Cucum-
bers, the ſaide Leakes head will ſo ſwell: that it will ſeeme mon-
ſtrous.

52
A ſtone, called the Eagles ſtone, tyed to the left arme or
ſide: it brings this benefit to Women with Childe, that they
ſhall not be deliuered beſore their time. Beſides that, it brings
loue betwene the Man and the wife. And if a woman haue a
paineſfull frauaille in the birth of her Childe, this Stone tyed to
her thigh, brings an eaſie and light birth: but you muſt take it
away quickly after the birth. The ſame Stone as the Caldeans
report, if it bee mixt with meates enuenomed: it forbids or lets
that the ſame meat be ſwallowed downe. Euax. & Alb.

53
The people of Aſtomores (as Plinie reports) haue no mouth:
and are cladde with a woolly moſſe growing in India, and liue
onely with ſmelling of Odours at their Noſe of Noſes, and
of

of flowers, and Apples that grow in the woods: which they carry with them in their long iournies to sustaine and nourish them withall. lest they should want thereof to smell.

54

The powder of Stone Witch, drunke in small drinke once every day, for the space of foure or fve dayes: is a very good remedy for them that are bruised through falling, or other waies. For a Bruise.

55

When the sunne is in the day time, and the Moone in the night, in a Nativity & is corporally coniunct with any e- will Planet: the Childe that is then borne will be blinde. And if this be in an Angle, or if the Lord of the Ascendent be with them then they will be blind in their youth. And if the said light so in- fortunate be not in an Angle, nor with the Lord of the Ascendent, then they will be blind in their age. Iatromath. Guat Ryff.

56

Three Nayles made in the vigill of the Nativity of Saint Iohn Baptist, called Widsomer Cue, and driuen in so deep, that they cannot be scene, in the place where the party doth fall that hath the falling sicknes, and naming the saide parties name while it is doing: doo driue away the disease quite. Which Mizaldus writes of the reporte of one that proued it.

57

If you will presently turne Wine into Wineger, cast therein Salt with Pepper, mixt with sowze leuen and it wil performe it quickly. Mizaldus.

58

The roote of Veruaine hanged at the necke of such as haue the Kings Cuill: it brings a marueilous and an vn hoped help. Which is Venus hearbe, that hath power of the neck: because of Taurus the Bull, being her house. Mizaldus.

59

Whosoener falles sicke in that yere wherein there is an Eclipse, and the Signifiers of the saide Eclipse bee in the Ascendant of the Nativitye of him that so falles sicke, or in the Ascendant of his Reuolution, or in the place of his Vilech, or of the Signifier of his life. What disease then taken, will be very per- rillous and deadly. Mizaldus.

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C 2

60
 Geese, Duckes, and other water Fowles, helpe their diseases with wall Sage, Hennes with Rithwind, Geese with Varritch, the Cranes with Squinant, the Panther with mans duag the Bores with Iuy, the Hartes with Artheholias, the dogs with grasse. Also Plinie sayth: that the smell of Crabbes will kill Wæes, especially; if one see the them nye unto their Hives. For they abhorre stinking smells. Therefore they followe them fiercely that smell of stinking smells.

To kil worms
 in Children.

61
 If Children eate Raisins fasting, that haue wormes without any other meate, it will kill and auoide the wormes. For as bitter things are noysome unto them: euen so is swete things. For with the oft eating of swete things, it makes them to swell and burst.

62
 If the tender homes of young Buckes, that is covered with a thin hairy Skime, be cut in peeces, and then put into a newe potte well covered, and set in an Duen or other place that is hot wherby the same may be made into powder, & some of the same giuen with Pepper and Myrre, to them that are tormented with the Collicke, in good wine: it will helpe them maruelously of the same disease. Scribonias Largus.

63
 Pellitory of the wall stamped, and so layde to the Coddes, and vnder the Hauell. And so vied foure or fve times helpe the Collicke and the paines of the Bladder and Coddes. A thing often proued.

64
 They will be diseased in the splene, in whose Patiuitie the Moone is Lady of the first house, being Infortunate of Saturne. Or if the Lord of the Ascendent be infortunate in the seuenth house: or if Saturne be Lorde of the Ascendent, and infortunate of Mars: or if Saturne be infortunate by any meanes vnder the earth. Iatromath. Guat. Ryff.

65
 Cow Ides, Peares, Apples, Quinces, Cytrons, Wardens or such like fruite: whereon you desire to haue some prettie, or other sozme on the out side. If when they haue cast the flowers.

and

and begins to haue any foyme or ppropotion: enclose them with in some wood, or other thing of stone, or of any other thing, and within of what foyme you list: and tye the same fast about the said fruite. But make not the said instrument on the inside bigger, then the fruit will be within it. And when you thinke that the fruite is full ripe: take the same with the fruit in it from the tree, and the fruit will be of that fashion and foyme as you desire. Mizaldus.

66

It is sayd that Alphons King of Castile, gaue to certayne Mathematicians a hundreth thou and perces of golde: which were called or sent for out of Araby, Affricke, or other places for the making & framing of the Astronomicall Tables (which shewes the continuall course and place of the Starres and Planets) which work is to be had euery where through his great liberality, to his perpetuall praise.

67

Galbanum made softer, and spred vpon a linnen cloth, and so applyed and layde vpon a plague soze: if the disease be curable, it wil so stick & cleane to the same, that it cannot be pluckt away: vnlesse it bring away the roote of the soze with it. But if the disease be incurable, it will not cleaue. Arnold de villa noua.

68

The little Sparrow hath a strength and vertue woorthy of great maruaile. For if the Sparrow be condite or well powdered with salt and eaten raw, it doth expell and driue forth the stone by the vrine, and cures the disease so perfectly: that the same shall neuer breede againe: The Sparrowes maye be condite very wel, if when their fathers be pluckt off: that then they be powdered and covered well with salt, and so dyped and eaten: if you haue many Sparrowes, they maye be sodden as other birdes be. And also they may be burned in a pot close covered with the feathers and all: and the powder of one of them so burned with a little pepper and Sinamon, may be giuen to them that are greued with the Stone. There be which condite them (their feathers being pluckt off aliu) with Salt, which is better. Some doo eat them roasted whole, so that they cast nothing away of them but their feathers. They that will know moze hereof: let them take counsaile of Aetius and Paulus Egenera, Mizaldus.

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R

To make ones
hands white.

69
If any will make their hands white, let them mire the dung of Sparowes in warme water, and wash them therewith: or let them see the the rootes of Pettles in that water, and therewith wash their hands.

70
Aliquis writes, that the quilles or penne of an Eagle, mixt with the quilles or penne of other Fowles or Birdes, doth consume or waste them with their odour, smell or ayre.

To help the
rednes of the
face.

71
The rootes of Lillies sodden in water, doth take away the rednesse of the face: if certaine mornings and eveninges, the same be washt and rubbed therewith. This hath bene often proued.

72
Beastes that bee Stubbozne or wilde, and also Horses, that will wince or kick, or otherwise be burly: wil suffer themselves to be dress, or els to be shod. If you put into one of their eares a little round Flint stone, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you shall haue them as milde as a Sheepe. Mizaldus had this as proued, of one of the king of Nauarres Stable.

73
Any stones will easily be made soft, if you lay them al night in the hot blood of an Dre, the fat of a weather and strong Vineger mixt together. Iohan. Baptista porta, de Magia Naturali. As Mizaldus writes.

74
Apples that are frozen, if they bee put or cast into colde water and suffered to lye therein a while: will come to their nature againe. For thereby all their frozen congealing will bee resolued. Lemnius.

75
When you see the Mulberrie tree begin to budde, then thinke that the cheefe cold is past. Plinius as Mizaldus affirmes.

76
To separate golde from siluer, do thus. Annoint the siluer that is guiltd with the Oyle of Linsede, and spynckle thereon the powder of Roch Allom, and salte Armoni ack mixt together: which being well heated in the fier, quench in water: and the separate gold will remaine therein. Mizaldus had this of a cunning Goldsmith.

77

A Greene Jasper Stone hanged at the necke, doth helpe and strengthen the stomacke, and the mouth of the stomacke very well. Which Galen affirmes by the reporte of Mizaldus. If they be hanged like a cheine about the necke : so that the same stones do touch the mouth of the stomacke.

78

If the head of a Wolfe bee hanged in a Doone house, neither Cats, Weasells, nor any thing that will hurt Pigeons, will enter therein. Rasis & Albertus.

79

They are like to haue paines or diseases in the Luyghtes, or Lungen : or will haue the Dysich, or bee thort breathed : that haue in their Patiuitie, the Poone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunat by them. And likewise if Venus be the Ladie of the sixt house, and infortunat in a fierye signe. Iarromath. Gnar, Ryff.

80

If you stampe Harisse a little, and lay it in faire spring water for the space of 24. houers, and then wash any soze or scabie place therewith : it will heale it wonderfully. This is proued true. To help Itchings or Scabs.

81

A Precious and a proued medicine, for the Stone. Saethe in white Wine, Tymie and Parceley very well, then straine it, and into a good draught thereof, shauē a spoonefull of white sope, and giue it to them that are greued with the stone : and it will make them make water with speede.

82

The great number of Spydere doe foreshewe that the Summer following will be pestiferous and plaguie. Mizaldus.

83

There were scene two Bzethren at one birth in Aukria, that if they did set the sides of their bodies to wardes gates or doores that were lockt, the lockes would then open. Iohannes Langius.

84

Cardus Benedictus stamped, and then well sodden with seluet or Swines grease, Wine and Wheate flowze, until it

Dogge was infected with madnesse : he himselfe within foure moneths after, became mad, and at the last being past remedy did dye miserably. Andreas Matheolus, in diascoridem, Which let them mark and consider that haue such pleasure in little puppets. Mizal.

91

Whosoeuer is tormented with the Sciatica, or the Colute, let them take an hearbe called Speregrasse, and stampe it and lay a little thereof vpon the græse : but put vpon it a Cockle or a Walnut shel, and tye something on it, that the hearbe be not remoued: and within sixe or eight houres at the most, it will make a great blister on the same place. Then lay a Clot leafe, or else a Walnut leafe on the same : but first let the water out of the blister with a pinne, and it will draw out all the water that causeth the paine or græse. This helpt one that was pained therewith twenty yeres.

92

Boetius after Oppianum doth affirme, that Belles couered with the skinne of a Wolfe, doo drowne the sound of other Belles that are couered with the skinne of a Lambe.

93

Put two or more quicke Dice in a long or deepe Earthen pot, and set the same nye vnto a fire made of Ash wood : and when the pot begins to ware hot, the mise therein will cherpe or make a noyse : whereat all the Dice that are nye them will run towards them, and so will leay into the fire, as though they should come to help their prisoners friends and neighbours. The cause wherof Mizaldus ascribes to the smoke of the Ash wood.

94

If you seethe the dregges or mother, or some of Dyle to the halfe : and therewith anoint the bottome, corners, and feete of any Chest or Presse, the clothes that you lay therein, shal neuer be hurt with Mothes. So that it be dry before you put therein your clothes. M. Varro. and Cato.

To Keepe
Cloathes
from Mothes.

95

If one aske the Astrologian which part of his life is like to be the most fortunate. Let him giue the first quarter of his lifeto the Ascendent, the second quarter of his life to the tenth house : the third quarter to the seauenth house : and the fourth part of his life, to the fourth house. And marke in which of them there

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is

is Fortunate Planets, and the part of Fortune, and the Ascendant from Infortunate Planets, and not contrary. Judge that, that part of the life is or will be most fortunate. Haly Abenragel.

96

If you would not haue haire to growe, pluck them first by the rootes, then vse to rub the same place with Aqua fortis diuers times, a little at once: and it will stay the haire from growing there any more. A woman told mee this for a great secret.

97

Make a Plaster of Potters clay mixt with Vineger, and the white of an Egge, and apply it to the Cordes of him that bleedes at the Nose, and straightway his bleeding will stay or cease. This is a sure proued medicine.

98

Giue to a woman, that suspects her selfe, to be with child, at night when she goes to bed, a clove of Garlick to eat: and if she feele any saour thereof in the morning when she riseth then she is not with child. If she feele no saour thereof, then shee is with child. This I had out of an old written booke.

99

They will haue weake or feeble harts, or will be much giuen to swoounding, in whose Patiuitie the Sunne is Lord of the sixth house, or Lord of the part of infirmity, being impedit, or Infortunate. Iatromath. Guat. Ryff.

100

†
To make a
grosse body
slender.

An excellent and approued thing to make them slender, that are grosse. Let them eat thre or foure cloves of Garlick, with as much of Bread and butter every morning and euening, first and last, neither eating nor drinking of thre or foure houres after their taking of it in the morning, for the space of fourteene dayes at the least: and drinke every day thre draughts of the decoction of Fennell: that is, of the water wherein Fennell is sod, and well strained, fourteene dayes after at the least, at morning, noone and night. I knewe a man that was marueilous grosse, & could not go a quarter of a mile but was enforced to rest him a dosen times at the least: that with this medicine tooke away his grosse: nesse, and after could iourney very well on foote.

The end of the second Booke.

The

The third Booke of Notable things.

1



The Eggs laid in the evening, in strong and tart vinegar, and taken out of the same the next morning: so that you perceiue their shells therewith to be something soft, els let them lie longer therein: and then put or thrust them downe into the throate of a horse that hath the cough, his tongue being holden all that while out of his mouth, will helpe him perfectly of the same.

2

The Turtle Doves haue such a loue one to another (being makes) that when one of them is dead, the other will neuer after haue any other make. Aristo.

3

If one aske Astrologian, which part of the Land or Country is best for him. Or if one would go out of the place he dwels in, to dwel in another, and doth aske in what quarter or part were best for him to goe? Marke in what part of the heanens the good Planets be, from his Ascendent, and iudge that, that part where they are found is best for him: but consider that from the degree ascending, to the beginning of the tenth house, is for the East part, and from the Cuspe of the tenth house, to the beginning of the seventh house, is for the South part: and from the Cuspe of the seventh house, to the beginning of the fourth house is for the west part: and from the Cuspe, or beginning of the fourth house, to the Cuspe of the Ascendent, is for the North part. Haly Abenragel. And as these quarters and parts are good to remoue vnto, where the good Planets are placed: euen so those quarters whera euill Planets are placed, are euill to dwell in.

4

A certaine woman, a Florentine, was so pulled and gryped in her stomacke with such torments, that no Physicion could helpe: which woman of a sodaine, did vomit long and crooked nayles, needles of brasse, with waxe, and lumpes of haire, and at

F 2

last

last she auoided out of her mouth, a great fleshie péece, such a one as a Giant could not swallow. The Authoz hereof is Beniuennius de admirādis morborum causis. But he saith, that the sayd woman was possess of a wicked spirit. Mizaldus. (Which I beleue was done by the deuill.)

5

Plinie reports, that men in ancient ttime, did fasten vpon the gates of their Townes, the heades of Colues: thereby to put away witchery, sorcerie, or Enchantment. Which manie Hunters obserues, or doo at this day, but to what vse they know not.

6

A Houle or Wcont enclosed in an earthen pot, if you set there the powder of Brimstone on fire, she will call other Houles or Wconts to helps her, with a very mourning voyce. Mizaldus.

7

If you take an Dake Apple from an Dake tree, and open the same, you shall find a little woorme therein, which if it doth flye away, it signifies warres: if it ceepe, it betokens scarcenes of Coyne: if it runne about, then it foreshewes the Plague. This is the Countrey mans Astrologie: which they haue long obserued for truth, Mizaldus.

8

If a man be sick, marke his eyes when hee sleepeth: for if any white thing appeare betwixt the eye-lids, and the Patient haue no great laye, nor receiued any purgation befoze: it is a terrible and deadly signe. Aphor. Hippoci.

9

Whosoever is troubled with the Cough, or shortnesse of breath, let them drinke a good draught something warmed of this following, thrice euery day first and last, and one holwe after dinner, for the space of seauen or eight daies: & it wil helpe them (God willing) for it is an excellent and often pced thing. Take of the rootes of Enulacampana, cut in small péeses, of Hysop and Deniryall, & also of good scraped Liquorice, of each two handfull. Seeth them all in a gallon of pure and faire water, untill the watre come to one pottell, then straine it wel, and keepe it in a cleane vessell, close stopt or couered, and so vse it.

10

Sope mixt with a little Salt, helpeth perfectly a Fellon, Un-
come, or other soze or swolne finger, whith speed. I knowe that
this hath bæene well proued.

11

The white of an Egge well beaten and mixed with the pow-
der of Masticke, helps chapt hands: if they be anoynted there-
with.

12

Houfeare, any manner of way ministred to Horses, brings
this helpe vnto them, that they cannot be hurt whiles the smith
is shewing of them. Therfore it is called of many, Herba clauo-
rum. The hearbe of nayles. Mizaldus.

13

If a Firre tree be touched, withered or burned with Light-
ning, it signifies that the Master or Mistres thereof shal shortly
lie die. Seruius.

14

Galen sayth, that he hath found by experiences, (following
the opinions of many) when any shall fall sick, and the Moone
then be in the signe wherein a good Starre (or Planet) was
found in the time of his birth, without doubt he shall escape from
such sicknesse. If in the place of an euill Starre (or Planet) hee
will not escape. Iohannes Taysnier.

15

Soeth the leaues of an Oake, and the middle rinde thereof in
water, and wash the head that is soze, or ful of Pustules there-
with, and it will helpe it presently. This hath bæen oft proued.

16

Ganiuetus sayth, that in the yere of our Lord 1418. the 24.
day of August, befoze foure a clock at afternoone, in the hower
of Saturne, a certaine Priest called Iohanes Morterius, did aske
him for a certain brother of his, which was sick: What should
be the ende of his disease, death or health? Who after hee had
erected the celestiall figure therefore, espying Mars within one
degree of the ascendant in a moueable signe, beholding also the
part fortue of a quartile aspect, with diuers other testimonies
euil signes. And also Mercury being the Lord of the house of that
Moone, in the 8. house, both retrograde and combust. Iudged
that the party would be made, and so die within a day after:

¶ 3

which

which the messenger did declare vnto his friends, and to the master of him that was sicke, being his brother. Which happened so. For about foure of the cloke the next morning, he was so franticke, that he had like to haue killed his Master and others: But they were preserved through Gods speciall gift. And after, being close in a Chamber, did breake a poste, and so cast himselfe headlong downe, and dyed.

17

The Rote of Pelletter of Spayne, chewed betwæne the teeth a good while: will purge the head and gummes very well, and fasten the teeth. So that it will helpe the headache and toothache: if it be vsed foure or fīue times in a day, two or three daies together. It is very true and often proued.

18

Take that, that is thome from Scarlet, into powder by drying it at the fire, or in an Duen, and then giue to the party that hath the blouddy fluxe to drinke: halfe a spoonfull thereof in red wine. Use this fīue or sixe times, and it will helpe him, or her shortly and surely God willing. This is well proued.

19

The gall of a Partriche, anoynted once a month on the Artyzes of the temples of the head: So that it may penetrate and sinke in, doth profit very much, for the confirming of the memory. Simeon Sethi.

20

If the tayle of a Wolfe be buried or put in the ground of any Towne or Village: no Wolfe will enter in that Towne or Village. Rasis.

21

Albertus makes mention of a Well, that whatsoever is throwne into the same: is turned into a stone. Whereof proufe was made by Frederick the first, who because hee would not be deceiued, he threw into the same one of his Gloues, whereto first he put ware and sealed it with his owne King, and the one halfe of the stone which was vnder the water, became stone: the other part aboue the water remained as it was before.

22

If one goe to any body, and doth aske them being learned in Astrologie, whether he shall finde him or speak with him, or not.

Parke

Marke the Lord of the seventh house, whom if thou finde in an Angle : say that he is at home. If in a Succedent house, then hee is nigh at home. And mark if betwæen the Lord of the ascendent and the Lord of the seventh house, there be any application, or if there be any Planet beholding the seventh house, and carries the light of the one to the other, or that doth ioyne their two lights, and it be thus : then tell him that he shall finde him. If not, then he shall not Haly Abenragel. Which is true, so that the party doth goe to his Wife, or to his enemye or to any other common person. But according to Guido Bonatus: if he goe to a King, or to his master : then you must take the tenth house, and the Lord thereof : if to a Prieste, or a Prelate, or a Bishop, then you must consider of the nynth house, as Haly biddes you doe by the seventh house : if to your sonne or Daughter, then the first house, if your father, the fourth house : if to your brother, then you must iudge as befoze, by the third house. And so of the rest, according to the significations of euery house. Wherefoze the learned in Astrology are not ignozant : and this is a very true rule thoroughly and many times obserued. And the Lord of the seventh house, or the house that the party travels vnto, doth signifie be in the Cadent house : then the partie is farre from home, so that hee is not like to speake with him.

23

Many haue proued that a Saphire tied to the Arter doth put away the heat in an Ague. And the same stone boyn against the hart, doth preserve the bearer thereof from the Plague, and from venemous things. Rasis & Albertus. and other.

24

If one that hath eaten Garlick or Comminseed, breath on the face of a woman that is painted, the colour will vanish away straight, if not : then her colour remaines as it did befoze. Lang.

25

The Leaues of an Elm Tree, or of Peach Tree falling befoze their time: doth foreshew or betokens a murdrian death of Cattell. Cardanus.

26

Tiberius Caesar, who was Emperoz of Rome when Christ suffered, when he awaked out of sleepe : did see in the darke as Cats do. Suetonius.

Whosoever

27

Whos euer eateth two Walnuts, two Figs, twenty leaues of Kiew, and one graine of Salt, all stamp and mixt together, fasting : shall bee safe from poyson and Plague that day. Which Antidote King Methridates had used so much, that when he drunke poyson purposely to kill himselfe : it could not hurt him. Plinius.

28

If you will enclose seedes of diuers kindes, either in Wax or in some other fast matter, made something thicke or small, shooting out of length, (that is) as long as you would haue the same to growe, and then putting the same in the ground well dunged: a merueilous hedge will spring therof. This is the workemanship and experiment of the Kings Gardiner. Mizaldus.

29

The Elephants haue sence and vnderstanding next vnto man and it seems they know, and keepe the course of the Stars: for at the change of the Moone they breake downe bowes from the trees and holded them, then mouing them vp & downe, and they are marueilous docible. Gelius, and Plinie haue left it witnessed by Mutianus that was thise Consul, also Plutarch: that an Elephant did write the Greeke Letters. And Alianus saith, that an Elephant did write all the Latin Letters in order with other things incredible.

30

Grind Mustard with Vineger, and rub it well and hard on the plants or soles of the feete : and it will helpe and quicken forgetfull persons. Petrus Hispanus.

31

A most notable and proued water to clarifie the diuines of the eyes, or sight, dooth follow. Take the iuice of Fenmell, of Celedine, of Rewe, and of Cybright, of eache two ounces Honey one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of eache half an ounce : the gall of a Capon, chicken, or Cock, two drams: Nutmegs, Cloues, and Saffron, of each one dram, Sugar candy six drams, put all into a Limbeck of glasse, and distill it: and put of this water into your eyes once in the day, two or three drops at a time. And there cannot be a more pretious thing for the eyes then this. I know it by pzoofe, and therfore I am the bolder. both

to

to praise it and publish it abroad to the great comfort of other.

32

The three score and third yeere of ones age is counted to be a dangerous and perilous time: for that it dooth passe seldome without daunger of life, or without some other great misfortune. And it is obserued in many examples. Hereof Augustus Cæsar, (as Gellius reporteth) was marueilous glad, that he had escaped that yeere of his age. The cause may be that the seuenth yeere, and the nyntieth yeere (being *Anni climacterici & critici*, which are *Judicial yeeres*) multiplied together: makes the said number of. 63. Mizaldus.

33

See the Ivy berries in Wineger, or in white Wine, and when they be well sodde, sup of the same hot licour, and when it is cold spit it out, and sup more thereof. Whosoever dooth thus, it helpeth the tath ache.

34

They in whose *Patuivty* Venus is impedit or infortunate of Saturne. Are like to haue paines or griefes in their Stones, especially, if she be in the Ascendent. And likewise, if Venus be with Mars in the eight house: or if the Moone Venus and Mars be coniunct, or in the euil aspect of Saturne, *Iatromath. Guat. Riff.*

35

Whosoever is lame, & can neither goe nor stirre their ioynts: Let them take of good Aqua Composita, and oyle of Roses, of either a like much, mixe them both together, and anoynt the greened place therewith Morning and euening, vntill it be well. Which will be within a while after, but rubbe the place with warmed Cloathes well before. A thing often proued.

36

Whosoever hath Mars in the Horoscope, or the Ascendent at the time of his birth: certainly he will haue a speciall scarre or marke in his face. *Pro.* Which I haue tryed in many, and yet neuer haue found it false.

37

The circles of Cart wheelles, empty Carts, and the combe on a Cocks head: do maruelously feare a Lyon, (being a most hardy, or fierce beast:) but of all things he feares fiers, Torches
light,

light, or firebrands. Plinius, Elianus & ali,

38

What Pigeons q̄e not hunted or killed of Cats at the windows & a euery passage, and at euery Pigeons hole, hang or put little braunches of Kewe: for Kewe hath a marueilous strength against wilde beasts. As Didimus dooth say.

39

If the taile of a Wolfe be hanged in a house, no Wolfe will enter therein, neither any flies will flye into the same, Rafis.

40

If a mad man vse to laugh, it is a laudable signe, but if hee be very sad it is perillous. Aphor. Hipocratis.

41

This medicine following will procure a good stomake to meate. Take three drammes of good Sinamon, one dramme of Gallick, one dram of the parings of Pomogranets, and halfe a dram of Salingale, and stampe all these together, and temper it with clarified Honny: and then vse to eate as much thereof as a Nut euery day during ten dayes, fasting: and it wil procure a good stomacke, and also preserue and keepe the same from any euill humors to breede therein. This is an excellent medicine and often proued, and easie to be made.

42

If you marke where your right foote dooth stand at the first time that you do heare the Cuckee: and then graue or take vp the earth vnder the same, wherefoeuer the same is spunkled about: there will no fleas breede. Plinie by Mizaldus report. And I knowe it hath proued true.

43

To make the counterfet Wandrag, which hath been sold by deceiuers, for much money Do thus as followeth. Take the great double roote of Bryony, newly taken out of the ground, and with a fine sharpe knife, frame the shape of a Man or Woman of the same, with his stoncs and Cods, and other members there to. And when it is clean done, prick all these places with a sharpe steele, as the head, the eye browes, the chin, and the priuities, and put into the saide holes the seedes of Myllet, or any other that brings forth other small roots, that do resemble haire

(which

(which Leekeseedes will do very well) or else Barly, after this put it in the ground, and let it be covered with earth untill it haue gotten vpon it a certaynelittle skin: and then thou shalt see a monstrous Idoll, and hairie, which will become the parties well: if it be w^orkmanly or cunningly made or figured. Mizaldus. Another trim way for the like, is in the naturall and artificiall conclusions Englished by Thomas Hill,

44

Whosoever anoints his feete or hands, with the grease of a Mole: he shall not bee hurt with any cold of his hands or feete so anoynted. Mizaldus.

45

Fine leaued grasse, through Iupiters force, doth resist venim or poyson. Wherof, if one leafe twice euery day, morning and euening be drunken with wine. It is said to put away the Quasidian ague. Thre leaues the Tercian ague. And foure leaues the Quarten ague. Marcilius Ficinus.

46

If in the beginning of the sicknesse, or at the tyme of asking of the question for the sick: the Lord of the Ascendent, and the Mone, be in the fourth or eight house, Combust or Cadent, or coniunct with the Lord of the eight house: they haue a certain testimony of death. And if one of them onely, that is the Lord of the Ascendent or the Mone be so, it is a testimony of death: as is befoze said. Ioannes, Caniuet.

47

Warin Stamp and strayned with Wine, water or Tinogex, and then giuen to a woman that trauels, or is in her labour, and cannot be deliuered: it causeth speedy deliuerance. Trotula de passionibus mulierum. And Gilbertus affirmes the like, if it be drunke with water.

48

A Strange medicine and a rare secret, for consuming the webbe in the eye: oftentimes proued. Take nine little wormes with many feete of some ralled swine lyce (if they haue thouched they become round as a button, they are to bee found betwene the barke and the wood of old Timber or Trees,) stampe them with a litle iuice of Woodbinde, or Betony, then straine the

G 2

same

same well, and let the party that hath the web in his eyde, pinke it in a morning some thing warmed. Do this three mornings together, and it will cure it perfectly, (God willing.) This was told me for a very truth, by one that had proued it diuers times.

49

This that followeth is a speciall medicine for them that knownd, or are faint at the heart. Take Rosenary, Sage, betony, & Bargerum, of each one handfull, and seeth them in a gallon or more of faire water till halfe the quarter be consumed: then take away the hearbes, and put to the said water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycados, tyed in a faire linnen cloth, and let it seeth a little while, and then take it out of the said water, and then put thereto an ounce of Sinamō, three quarters of an ounce of Nutmegs, and as much of Ginger in powder: And vse to drinke a good draught thereof twice euery day something warme, first and last for the space of five or seven dayes: And then it helps perfectly.

50

That childe will be deafe, that is borne when Mercury is Lord of the sixt house, and infortunate by euill aspects with Saturne, chiefly: if he be in the sixt house. Likewise they will haue great impediment in their hearing: in whose natiuitie Iupiter and Saturne be both impedit or infortunate aboue the earth. What is, if they be Retrograde, or Combust in euill places. Iatromath.

51

They that haue any paines, or swelling in the throate, let them take a Jewes eare, (which is to be had at the Apothicaries) and lay it to keepe in Ale, a whole night, and let the party drinke a good draught thereof euery day, once or twice, vntill they perceiue themselues amended. A proued thing.

52

A stranges matter and a thing followeth worthy of memory. Whooeuer hath the Kings Guill, and looks vpon a certaine Bird, called Galgulus, of a marueilous sharpe and quick sight, by and by the same byrde doth draw to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefite of nature. But where as through a secret gift of nature

nature she doth perceiue or smel the diseased party to come to ward her, she will close her eyes, & hide her head vnder her wings, not that she doth enuie the parties health, or loath to help him of his disease: But because she doth greatly feare the sharpnes of the humoz, which the neerer the party infected comes to her, the more it will paine her, and he the more eased. Therefore they were wont to sell this Birde to such as had that disease, in some close thing, or couered: leass the party should bee healed for nothing. The Authozs herof are Hiliodorus, Plutarchus, Alianus, Suidas, and Plinie; with other. And Kirannides, and after him Albertus reportes: that if this Birde refuse to looke vpon the diseased partie, it is a token that he shall dye therof. But if she looke euen vpon him, she drawes the disease to her self, and then by and by or sone after, she flying against the Sunne, doth vomit it out of her. And thus she doth cure the sick party, and deliuer her selfe from the same, through a certaine marueilous benefite of Nature. But learned men doe much dissent in taking of his Birde. Plinie cotends that it is Icterus, some do think that it is Chloronus, or Chlorio, which the French men call Lorion & Lorient, the best part of the Physicians defends that it is Charadrius: some affirmes that is Oriolus: others say that it is Galbulus or Galbula or Chloris which Gesner likes not. And Mizaldus leaues it to the iudgement of the Doctors or learned, vntill experience shall try the truth therof. Mizaldus in suis Mirabilis seu arcanis.

Orpheus and Archelaus affirme, by the report of Plinie, that if the lippes of them be smeared with mans blood, that are fallen of the falling sicknes by and by they wil be deliuered from the traunce or fitte, or if their great iawes be then next pulled or pincht.

54

The middle rinde of a Cherry tree, stamped and strayned, and the said iuice put into a little white Wine warmed, & then giuen to drinke to them that haue the stone, or cannot make water, it auoides the grauell or stone, and makes them to make water presently. Use it three or foure times.

55

One may make beyonde sea Azure as followeth, and counterseite it very well, Take common Azure, and beat or stampe

G 3

it

it well with vineger, and auoint therewith a thin plate of pure siluer, and put the same ouer a vessell full of vyne, which set ouer hote ashes and coales, and let it be moued and stirred, until it be like beyond sea Azure. This is the best way. Mizaldus affirmes that he had this out of an old written Booke.

56

If you doe put Quicksilver into a pot amongst seething or hote Pease, the pease will leape out of the pot: except the brimme or mouth of the pot be too high, or the fire too small. Mizaldus sayth that this is proued.

57

If in the degree of the Ascendent, or neere vnto it, within two degrees, there is an euil Planet. It is an argument of the death of the party that did fall sick at that time, or for whom the question is then asked, for the state of his sicknesse. And if it be in a moueable signe, it betokens that the sick shall die within so many dayes, as the said euill planet is degrees from the degree of the Ascendent, if in a fixed signe, then it signifies a long time: (that is, as I haue tryed, euery degree a month,) if in a common signe, it signifies a meane time between both (that is as I haue found, euery degree a weeke,) Iohanes Caniuetus. But you must beware, if the said Planet be direct, that he doth applie to the degree ascending.

58

If any doubt, or feare any thing whatsoever it be, and aske the hauing knowledge in Astrologie thereof marke and consider the Lord or Alinuten of the Ascendent, whome if thou dost finde pure and safe from infortunes, and he beholding the Ascendent, the feare is needlesse. For no harme shall happen according to the feare. Haly Abenragel.

59

Sauoy beaten and sodden in Vineger, and layd in manner of a plaister to the hinder part of the head: doth merely awaken those that are heavy asleepe.

59

Here followeth the making of a pleasant Dyle of Cloues. Take of Cloues one pound, which beate to powder in a bra-

zen moztet, then adde thereto thre pound of Almonds scraped and beaten in a moztet : and when they bee well mixed together, sprinkle thereon foure ounces of the best white Wine : letting it so lie in a masse, for the space of eyght dayes at the least: after that stampe the whole ouer againe, and then put it into a newe Earthen pan, which heate ouer the fire so long, that you cannot suffer your hand in it : then put it by into square bagges, and wyng the same hard in a Presse, vntill all the whole substance of the Dyle be come.

61

Take a Frogge, and cut her through the middes of the back with a knife, and take cut the Liuer, and folde it in a Colewozt leafe, and burne it in a newe earthen pot well closed, and geue the ashes therof vnto him or her, that hath the falling sicknesse to ozinke with Wine, and it will helpe him, And if the parties be not healed at once : then doe so by another Frogge, and so doe still, and without doubt it wil helpe him, if he vse it. This was told me for a sure experiment. And it is also affirmed by Petrus Hispanus.

62

A woonderfull thing, passing all credite chaunced in the Bishoppricke, or Dyoces of them of Eistertence, in Germany : but that it was saie of diuers credible witnesses. A certayne Husbandman there called Vricke Neucessier being tormented with cruell paines in one of his sides, sodainely tooke hold of a nayle that was vnder the skinne vnto : which cut by a Surgeon, he tooke cut the nayle : yet for all that the paines did not cease. Wherefore the miserable man suspecting that there was no remedy to be had for his paine, but by death, he tooke a knife and cut his throate. And the third day after, hee being carried to burying, there was thre present, one Eucharius, Rosenbader, of Wellemburge, and Iohn of Ertenstet, Surgeons, in the presence of many, which did cut or open the belly and maue of the saide dead Husbandman. Wherin was found being maruelous and prodigious, a long and round peece of wood, foure knives of Steels partly sharpe, and partly nickt like a Salve, and two sharpe instruments of iron, that were longer then a span : and they had therein also, haire rowled together as it were a round

Bowle

Bowle or **Ball**. This was laid or put into his **Wawe**, by none other arte, but onely by the craft and subtiltie of the deuill. This hath Ioannes Langius wzitten in the first part of his medicinall **Epistles**. Epistol. 38. de prodigijs & præstigijs dæmonum in morbis. Mizaldus reports it also.

63

In many **Ponds**, all the water and mudde taken out, by and by **Celes** doe bꝛede, if raine water come into them, for that with the dewe, they doe liue and are nourished. Arist. Plutarch. And other.

64

If the right knée of a **Bull** be tyed with a broad band, it will make him tame. **Ælianus**.

65

Let the party that bleedeth, chaw the roote of a **Pettle** in his mouth, but swallow it not downe: and without doubt the blood will stench: for if one keepe it in his mouth, he can loose no blood. **Petrus Hispanus**.

66

If a man mad find ease in sleeping, it is good: but if his rage increase, it is to be feared. **Hippocrates** in suis Aphor.

67

If the **Lord** of the **Ascendent** or the **Moone**, or the **Lord** of the first house be **Combust**, or **Retrograde**, and the **Lord** of the Ascendent be in the eighth house coniunct to **Mars** or **Saturne**: the sicke must die of that disease. **Ioannes Ganiuetus**. (But God can restore health past all hope.)

68

This medicine following, doth marueilously breake wind in the belly. Take **Commin** seede, **fenneil** seede, and **Annis** seede, of each a like much: beate them to powder, then sethe the same in **Wine**, and drinke a good draght thereof first and last, foure or fise dayes together, and you shall finde a great helpe thereby: for it hath bene often proued to their great ease and comfort that take the same.

69

Take a spoonefull of **Aqua vitæ**, and two spoonefulls of the water of **Arsemart**, and anoint any ache therewith twice euerie day, morning & euening: for the space of fise or sixe dayes at the most,

most, and it wil heale it for euer. I had this out of an old written Booke.

70

He will be weake in the acte of generation, in whose Matritie Venus is ioynd with Saturne, especially in the tenth or eight house: or that the Moone is ioynd with Saturne, is an euil aspect of Venus: or if Saturne be in the first or twelfth house, in a moyst signe infortunat ing Venus. Iatromath.

71

This following is an excellent medicine for the Stone. Take an handfull of Holly berries in a pinte of good Ale, till halfe the Ale be consumed: then straine it, putting then a little butter to it, and let the partie drinke thereof five or sixe spoonefull: and within halfe an hower after, the party will make water (if euer any medicine will cause it.) This was told me for a very true secret.

72

The learned and wise among the Persians affirme, that if sage be putrified or laid to rotte in Hoarding, while the Sunne and Moone doe both occupy the second face of Leo: thereon will breed a Bird like an Dwell, or Blacke Bird: the ashes whereof being burned, and strewed or cast into a burning Lampe, will make the house seeme to be full of Serpents, Hermes.

73

If the eares of Cats be stowd or cut off, it wil make them keepe home the better. For that then the water (which they cannot abide) will drop into their eares being open. And if they be gelded, especially the male Cat, they will not onely be more tamer and fatter, but also therby they will range abroad the lesse, Mizaldus.

74

It is said that Cockles and Wyffers in great Thunders, do vomit and cast out then pearles. Wherupon many are found in the Sands, Mizaldus.

When any dralles nye towards their death, and not their members lacke blood and vitall heate: then fleas and Lice leaue them quite, or else draly to that part of the body where the said heate carries the longest: which is in the hole in the necke vnder the chin. &c, This is a token that death is at hand, Lemnius.

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76

The leaues of Malwort sod with Wine, doth maruelously mitigate the paines of them that are tormented with the gout, if they be applyed to the place where the griefe or paine is. There be that preferres and extolles with maruellous praises the iuice expressed out of the leaues and rotes thereof, sodden with Wine and Hay butter : and in the steade of a Liniment, anointed still on the graued member, that is, thre or foure times euery day, Mizaldus learned this of one that proued it.

77

A Rush dyed and put into Wine, if there be any water therein, drawes it to it, (the Wine left alone, or together.) Which is good and profitable for trying of Wine. Mizaldus.

78

A notable medicine to heale lame members, doth followe. Take of oyle Oliffe, Aqua vita, Oyle of Creter, and of a Beasts gall, of each a like much, mixt all together, and anoynt the lame members therewith twice euery day morning and evening, the space of a fortnight, being well rubbed before : and it will helpe the same of a certainty. An old woman in Worcester-shire did helpe many therewith.

79

If out of one pound of excellent Wine, with as much Salt as you can holde in your hand, and the Lees of pure wine you doe distill a water, you shall finde that it wilbe the hottest water of all other. Mizaldus had this of a certaine Alchymist.

80

It is said that Harts in Crete, being stroken with darts enuommed, doo eate of a certaine hearbe called Dittany : and thereby the pricke or any other thing that stikes in them is diuened forth. Mizaldus.

81

There was a certaine woman great with Childe in Pago, not farre from Andernacus, a Towne of the Bishop of Cullen, desiring or longing to eate or to seede on her husbands flesh, and although she loued him intirely, shee killed him in the night, and being satisfied with the half of his flesh, she powdred the rest with Salt ; but after when her great longing did cease, and that shee
did

did repent the deede, she did confesse it to her frēdes that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is good for the husbands to take hēde, while their wiues haue such inordinate longing vpon them.

82

Many haue bene helped that haue had foule and leprous faces, onely with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horse dung. Conradus Gesnerus.

83

If in the time of the birth of any, Mercurie be Occidentall from the Sunne, not vnder his light, or his beames: (except in Aries or Leo) nor Retrograde: being then in any of the foure Angles, strong, and well affected: doth shew that the childe then born, shal be hie minded, strong, and famed for his strength, and liberality, and shewes also that he shall be an Astronomer. For Mercurie Occidentall in Leo is wont to make Astronomers. And Mercurie Orientall of the Sunne, and strong, doth shew great knowledge, wisdom of handy workes, chæfely if he be with the Moone, or in the house of the Moone that is Cancer, and if it be in a moueable signe: it signifies inconstantnesse both of deede and mind, but in a fixed signe constancy. Tafmer.

84

Pyimrose leaues stamp, and laid in the place that blaedeth, stencheth the blood. This hath been proued.

58

Take Blacke Sope, and almost as much Ginger in powder, and mixe them well together, then anoynt therewith any Wethers or Kingwoome euery day, for the space of foure, or fise daies together, and it will heale it. certainly Proued.

86

Take Aloes Epatcum senre Drammes, Bryony, Baskick, Myrhe, Asarrabacca, Scamony, of each a dramme mix: the same made in powder, with the iuice of Fennell, and a little clarified Hunny to preserue them: take a dramme thereof, which is the weight of thre scoze and twolene Barly cornes at the most early in the morning, and neither eate nor drinke of thre or foure howers after: If they be giuen nine dayes together, they

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helpe marueilously ; and they are very excellent for all manner of heauache, approued (though neuer so long rooted.) They purge all humors, they bring gladnes, they are good for the eyesight, they preserve the minde, letting or hindring the hoarinesse of haire: they helpe the swimming of the head, and the Hegerim, and heale the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in five or six little round pills or balles, and swallowe them one after another at one time. They are proued to be very good, I found this in a very olde Written Booke.

87

If Mercurie bee impedit of Saturne in a Childes Natiuitie, it doth hinder the tung. But it is worse when they be corporally coniunct together, especially, in the Ascendent, or in the seventh house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboute the earth corporally coniunct with Saturne, or else in an quill aspect of Saturne, and in a dumbe signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograde or com- bust, and peregrine: That party then born, will haue great impediment in his tung, or else will bee dumbe, and cannot speake, Iatromath. Guat. Ryff.

88

Iohannes Langius an excellent Physicion saith, that he heard it reported of certaine Horsemen of the County Valentine, that they did see in Austria, a man, which with barking, and with swift running: contended and strived with Dogs, and was hunted of them vnhurt in the Woods.

89

The eyes of young Swallowes being in the nest, prickt with a needle or a pin, and so made blinde, within foure or five daies after they will see againe: Which is very true, for I haue proued it. But how they recouer their sight I knowe not. But diuers write, if their eyes be hurt, the old Swallowes restore their sight againe with the iuice of Celendine.

90

White Poppie and Henbane seede, a little stamped, and tempered with the white of an Egge, and laide to the forehead prouoketh

proouoketh sleepe, This hath bene often proued.

91

This following will heale lame members. Seeth Kelswe, and Ro'emary, of each two handfulls, with common Dyle, and Galmesey, of either one quart together, for the space of halfe an houre: then let the lame members be washt and bathed therewith, (but before the said member or greued place must be well chafed with a hote cloth,) then when it is well bathed (which will be within halfe an houre, (wrap and keepe the member or place so bathed with a Lambe skinne, (the wool-side inward,) and doo thus euery nig it before or at going to bed, thre wickes at the least, and he will be whole and sound thereof. Doctor Owen helpt one therewith, and with none other thing, that coulde neither stand nor goe, but was very lame. They that sawe the proufe thereof, told it me, which were persons of good credit.

92

It was a hainous offence with the Egyptians, either willingly or by chance to kill a Catte. And Diodours tels a pretty storie thereof, lest it might be thought to be a fable. In the time of Prolomie, a league or amitie being begun betwene him and the Romanes: A certaine Romane then against his will, had killed a Cat: whereupon the Egyptians gathered together, and did beset the house where hee was, requiring to haue him to be executed for his great offence, (no whit regarding the power of the Romanes, nor yet their league or friendship with them:) Then had not the King and Rulers bene, they would haue drawne him out of the house and killed him. Diodorus.

93

To keepe harness or any thing made of yron or Steele from rusting. Let the same be rubbd ouer with Vineger mixt with Ceru'e, or the marrow of a Hart, (which is farre better then Dyle) and it will keepe them faire and bright.

94

If the Lord of the second house, be in the first house, and fortunate, the Child then borne shall possesse riches without labor. And by the nature of the Planet thou maist knowe, wherby the riches will come. And if it be the Sunne, it will come to him by

H 3

power,

Power, that is, the riches will happen by help or fauour of great Power: if Mars, then by warres or by theft, if Saturne, of the inheritance of the dead, if Iupiter, of faith (religion) or of Masters of faith, or of the Lawe and such like appertayning vnto Iupiter, if Venus, by women, if Mercurie, by learning, wisdoms or marchandize, if the Sonne, by the workes of handes or by iourneyes, but if the Loyde of the second house (is placed) be not fortunate, and an euill Planet beholding him, he shall lose all his goods, Taisnier.

95

A notable Oyle or medicine for the Colicte and ioynt aches, very true and often proued. Take the iuice of sage, of Aqua vite, of oyle Debay, of Vineger, Mustard and of a Beasts gall, of each a like much: put them all together into a great Bladder, and chafe it well by and downe with your hands for the space of an hower and a halfe, and keepe it then to your vse, and anoynt the grieued place therewith euery morning and euening: and you shall finde your selfe healed within a short time. This is a sure and often proued thing.

96

This precious medicine following, doth preserve and keepe them that take it, safe from poyson or plague. Take of Juniper berrie s two dzams, of earth of Lemnie, called the Phisitians Terra Lemnie, as much, and one scruple more which is the weight of 24. barley Cornes. When you haue made them in fine powder, mire them with Honny, & keepe it to your vse in a cleane vessell: giue as much thereof at one time as a Hasell nut, in thre ounces of Aqua Mulsa, which is made with water and Hunny, that is, of one pound of Hunny, and eight pound of water sodden and skimmed ouer an easie fier, vntill the fourth part be consumed. This excellent Antidote did King Nicomedes vse, when any did bid him to Banquet or any other chaire, that he did suspect. If there be no poyson taken before it, it will remaine quietly in the stomacke: but if there be any poison, it will procure vomit: so that thereby the poison and medicine will both come forth. Mizaldus.

97

A notable thing to cause one to sleepe immediately. Take of the iuice of Henbane, of Lettice, of Plantane, of Poppie, of
the

the leaues of Mandrag, of Iuie leaues, of Hulbery loaves, and of Hemlocke, of each one dram, of Opium, and of Iuie berries, of either as much: stampe the Iuie berries and the Opium together, and mixe the iuices and them well together: then dip a Spunge into the same, and let it drinke it all vp, and then lay the same Spunge in the Sun to dry: after lay the said Spunge to the parties Nose whome you would haue to sleepe, and he will sleepe quickly. And when you will awake him, dippe another Spunge in Vineger, and hold it to his nose, and he will awake within a while after. This is an excellent thing and true.

98

Beware that nothing binde thy body hard, when thou bleedst, and then hold thy hand full of Shepheards Purse, and stedfastly looke vp to the Sunne, and the bleeding will cease. This is proved.

99

To make a powder that will drawe out a tooth without any instrument. Take Spruge, Pelliter of Spaine, Smalledge, the dung of a Rauen, or of a Crowe, Galbanum, the brayne of Partridges, and also a Frogge, of each a like much: burne all these together in a newe Earthen pot all to powder, and with a little of the same powder touch the tooth that you would haue fal out: and doubtlesse within a quarter of an houre it will fal out: But you must take heede that you touch none other tooth therewith. This I had out of an old written booke.

100

See the Mallowes and red Nettles together in faire water, and let the party that is costiffe, or cannot goe to the stoule, sit close ouer the same, and receiue the fume thereof vp into his fundament: and it will helpe him certainly, and speedily, (God willing.) A thing often proued.

Here endeth the third Booke;

The

The fourth Booke of Notable
things.

1



Take Swale as followeth, which makes one to sleepe while he be cut or burned by Cawterizing, as followeth, Take the gall of a barrowe swine, or the gall of a Boze, the iuice of Hemlocks thre spoonfull, and of the iuice of wilde Hely thre spoonfull, of iuice of Lettice, of the iuice of Poppie, of the iuice of Venbane, and Risell, of each thre spoonfull: mixe them together, and boile them well, and draw them in a Glasse vessell well stopped, and put thre spoonfulls thereof in a quart of good wine or Ale, and mixe them well together: and let him that shall be cutte or Cawterized sit against a good fire, and giue him drinke thereof till he fall asleepe. This I had also out of an old written booke. Use it warilie, and proue it aduisedly: if you begin with a little quantitie, you may increase it when you will: but if you giue too much at once, you cannot diminish it when you list.

2

They will be hindered in their smell, or will haue diseases or grieues in their Noses, In whose Patiuitie Mars and Venus are impeditie aboute the earth. Iatromath.

3

Dye the rootes of red Nettles, and make them in powder, and drinke a spoonfull of the powder thereof in a draught of white wine something warme, & it will breake the stone, though it be neuer so great, and that with speede. Use it every day vntill the stone and grauell be all broken and consumed. A thing of small price, and great vertue.

4

A combe made of the right horne of a Ram, doth take away the head-ache, being on the right side of the heade, if the pained head be combed therewith. If the paine be on the left side of the head, then a Combe made of the left horne of a Ram, doth take it away: if the pained head be combed therewith. This I had
cut

out of an olds Woke.

5

Thebet the Philosopher doth teach, that to get the vertue of any Starre, you must take a King, when the Moone dooth behold happily by a Tryne or Sextile aspect the same Starre placed in the middes of the Heauens, or in the Ascendant: but the matter or substance of the ring must be made of that metall that belongs to that Starre: and likewise an hearbe ascribed to the said Starre, must be included or put vnder the King.

6

Dippe a silken thred in the blood of a Horse, and then let the Patient swallow it that hath the Squynancie, or swelling, or paines in the thyoate, and it will helpe him.

7

This following is a notable medicine for the Colic. Take the roote of wilde Pepper, and the roote of the wilde Docke first sodden by themselves, then pare off the skinnes, and cut them into peeces, and stampe them both together, as small as can be: then put thereto a quantitie of Scots of a Chimney, and temper them with the Milke of a Cow that hath the haire of one colour, then take vrine of a man that is fasting, & make a plaister thereof, and boyle all together, and as hote as the party can suffer it, lay it to the place pained or greued, and a day or a night without removing, and then lay another plaister of the same to it, and let it lie thereto as long as the other. And doo thus nine times, and it will helpe him on warranties (God willing.) Proued.

8

If yron that is made cleane or polished, be tinted or rubbed ouer with Aqua fortis, wherein the filings or scrapings of brasse is dissolued: that yron will haue the colour of Brasse, Bap. Porta.

9

A horse that castts or holdes his eares back ward: for the most part is deaffe. And that horse that doth not ney in the company of a great number of other Horses is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harnesse, or any other thing made of yron or steele from rustines, is this. Stamp the filing or dust of Lead, finely in a Leaden or yron mortar, putting thereto

hereto a little Oyle of Spike (which besides makes it smell trimly) and therewith rubbe ouer the Harnis or any other thing as is before said made of iron or Steele. By this meanes you may carry your Harnis or other things so rubbed therewith, in watery places, and in moyst ayres safe from rusting. Mizaldus had this of a cunning Armourer.

I I

If one come to giue thee counsaile, and thou wouldst know whether hee meane well, or bee a deceiuer: Marke the tenth house, and if a good and fortunat Planet be found there, his counsaile is good, and true. But if there be an euill or vafortunate planet there, he is a deceiuer and a liar. Which (saith Haly, as one that haue proued it) doe confirme, and doe say: if one come to counsaile thee, and the Ascendent be of common signes, or the Lord of the Ascendent, and the Moon be in common signes: doe say that he is then a deceiuer, and will deceiue thee: Therefore harken not to him. Haly Abenragel.

I 2

One knot of the root of a Bullen, giuen to drinke, doth binde the loosenes of the belly. Proued.

I 3

He that wareth deafe through an Ague and bleedeth at the nose, shall recouer his hearing. Hippocrates in Aphor.

I 4

This medicine following, is proued by experience, and as a certaine diuine thing, doth cure euery plurisie, and doth releue the sicke from death: which ought not to be applyed vnto the sicke party, vntill the fourth day be past. Take of Deatha two ounces, (which is to be had at the Apothecaries:) the oyle of swete Almonds halfe an ounce, mire them together: with which ointment (being warme) let the greued place bee anoynted: then sprinkle vpon the anoynted place halfe an ounce of powder of Cummin finely ceased, (which done) take a Colewort leafe made hotte vpon burning ashes, and anoint it with olde butter (not salted) and lay it hot vpon the anoynted and powdered place (tying it on with cloathes that it remoue not,) and a marueilous effect will appeare vnto you in the ceasing of the paine of the plurisie: and in resoluing of the matter of the impostume. This re-
medy

of Notable things.

67

medy will bying honoz unto thee, and great profit unto the sicke person. And knowe that this remedy is good in any other great paine, in all the body, from the head vnder. Emperica benedicti victorij. And also I haue seene this proued, which helped one of the plurisie without letting of blood.

15

If a woman with Childe haue her Smocke that she weares, sitte at the neather end of Skirt thereof, or not sewed there round about, but that one side or seame thereof be a little left vn-closed, or vnstowed together: the same childe that the then goeth withall, shalbe safe from hauing a clouen or Vare lip, yea though the chance to meet suddenly a Vare, or though a Vare doth leap ouer her, or suddenly touch her. Which happens to many Children by such meanes, as is mentioned in another part of this Book. This was very credibly told me for a trueth. Therefore I haue placed it here, as worthy the name of a notable thing.

16

Whosoener shall vse daily to take in a draught of small Ale, a spoonefull of the powder of Battellon or Scabius: the same will destroy any impostume with them. It hath bene often proued. And Antonius Musa doth praise it for the like effect.

17

If the Lord of the first house be in the Ascendent, or tenth house, it shewes that the disease is open and manifest, if in the seventh or fourth house, then the disease is priuy or hid: if in the ninth or eleuenth house, then it is openly and manifestly knowne: in the other places, the disease is priuy hid or vnknowne. Iatromath.

18

Cleopatra, the last Quene of Egypt, and wife to Marcus Antonius Consull of Rome, (a proud Princesse, and too dainty a dame) did drinke one so voluptuous a draught, as neuer any did before, nor I thinke will hereafter: for she dissolved in tart and strong Vineger, the greatest and beautifullest pearle that euer was seene in the East part of the world: and drunk the same at one draught, to satisfie her proud presumptuous pleasure withall. Which pearle was worth two hundred and fiftie thousand crownes. Plinius Macrob. and other.

12

Out

19

Out of the Figge tree, there comes such a sharpe vapor, that if a Ven be hanged thereon, it will so prepare her, that shee will be soone and easily rotted. Plut. And the like will be if the fethers be pluckt off from fowles and Birds, and the skins pulled off from Beastes, and then layd or couered a day or two in a heape of Wheate. It is confirmed by experience, saith Mizaldus.

20

The professor of naturall Magicke affirmes, that Tarueine beeing taken by or gathered, when the Sunne is in Aries, the Ram: and stampd with the seedes of Hyonie, and strained with white Wine and drunke, doth maruailously heale them then haue the falling sicknes. Ostentines proued saith Mizaldus. Which he had out of a verie olde Booke of the seuen hearbes of the Planets, wrytten to Hermes.

21

When any of the thre higher Planets, and the Sunne is in any of the Angles, the child then bozne (being a boy) shall bee chiefe of his brethren. Or if there be any bozne before him, they will die, and he shall holde the chiefe rule in his Fathers house. Tayfnier.

22

Salt dissolved in water or Wine, presently with his strength doth put away the paines, and the heate of any burning, whether it be with gunpowder, or with oyle, pitch, scalding water, burning coles, burning yron, or any other meanes whatsoever, especially if it be bathed with linnen clothes, wet or dipt in the same, and a linnen cloth therein wet, and layd or applied to the place burned. Lemnius.

23

Take Sal armoniack, Koch Allom, Allom plume, Sal gem, Caytar, and Romane Vitrioll, of each equall parts, all which severally made in fine powder, mixt together, and dissolve it in faire cleere water, then put silver or silver plate therein, and let it lie, and set it ouer the fire that it may be very hote: and you shall see that your silver or plate will be maruailous white and faire. Mizaldus.

24

The roote of Zedoie (but be sure it be perfect & good) mixt with

with Keyfins, and a little Liguozis, champed with the teeth and swallowed, preserves them that doe so, unhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are constrained to speake with them that have the plague. Mizaldus.

25

The roote of Hyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sunday, in the heuere of the Sunne, the Sunne then being in Leo called the Lyon, and the Moone encreasing in light, (which is from her change to the full) deliuereth them of the falling sicknesse, that beare it vpon them. Marcellius Ficinus.

26

If at the first time of the falling sicke of one, or at the time of the question for the sick, the Moone be in the fourth house, with Mars, and good Planets be Cadent: It is signe of death. Iohannes Ganiuetus.

27

Let the woman that trauels of her childe, (or is in her laboz) be girded with the skinne that a Serpent or Snake castes off, and then shee will quickly be deliuered. Tortula.

28

A maruailous rare secret, to draw out the oyle of Sinamon after an easie manner: which oyle preserves the stomacke from corruption, by taking it by the mouth, and applying of it to the stomack. Take of Sinamon one pound, which stampe and beate finely: then mire and impart it with the oyle of sweet Almonds, vnto the forme of an oyntment: then heate the same in an earthen pan somewhat, which after let stand (close couered) for foure teene daies, or twelue at the least: at the ende of which time, heate the whole againe sufficiently, (that is, vntil it be very hote) then put it into a bag, and wring out the oyle in a Presse, vntill the whole Sinamon remaine through dnye therein: then that which is come forth, will be of the colour, saour and taste of the Sinamon. A secret, known to fewe to be wrought in this order.

29

The powder of Bellyter of Spayne, mirt with the milke of Martwozt or Spurge, and Galbanum, and a little thereof applied to any rotten or aking tooth: will breake it, or plucke it

33

out,

o. it, and the paine thereof will cease. This I had out of an olde wrytten booke.

30

If you would knowe whether one shall escape or not, that is infected with the Plague, (having the plague soze) giue the party some excellent Treakle with white Wine, (so that hee be not troubled with an Ague, for then giue the Treakle with Scabius or Planten water,) and also anoynt the Plague soze with the like Treakle: and if the same bee dyed or burned, and remains fixed, (the party thereby not reloued or eased) it is a very euill signe: but contrary, if the party be eased, it is a great signe that the party shall escape. Arnoldus.

31

In the common place where the Censozs of Venice sit, there neuer enter any Flyes. Gandent. Merula. And in the flesh Shambles of Toledo, a Cittie in Spaine, is not seene but one Flie in all the whole yeere. As Leo Papist. saith. And in Westminster Hall, in the Timberwoozke, there is not to be found one Spyder, nor a Spydets webbe. Because (as it is thought) the Timber wherewith the roose is builded, was brought out of Ireland, and did grow there. In all which Countrey of Ireland, I haue not onely heard it credibly tolde, that there is neither Spyder, Tode, nor any other venemous thing: but also that some of the earth of that Countrey hath bene brought hither, whereon a Tode being layd, she hath dyed presently. Though this be maruailous and strange, yet it is true.

32

It is proued (saith Tayfnier) if Iupiter be in the fifth or in the twelfth house, whether hee bee Orientall or Decidentall, of the Sunne, or whether hee bee in a Masculine signe or Feminine, the first childe of him or her then borne, will be a boy.

33

The iuice of ground Iuie, snufft vp into the nose out of a spoon or a sawcer, purgeth the head marueilously, and takes away the greatest and eldest paine thereof that is. This medicine is worth gold, though it be very cheape. I haue knowne them that haue had marueilous paine in their head, almost intolerable, for the space of a dozen yeeres: and this hath helpt them presently, and neuer had the paine since they tooke this medicine.

This

34

This medicine following will kill woormes in the belly. Take the gall of an Oxe or of a Cowe, & so much of the flower of Luppnes (which are to be had at the Apothecaries) as will thicken the same, mixe them well together, and lay it on wolle, and so plaister it to his belly where the greese is, and about the nauell, and after twelue howers lay thereon another plaister. Doe thus foure or fiue dayes and it will helpe him.

35

How greatly is the sick party to be feared (or iudged) not to escape, if in the time of the question, or the first beginning of the sickness, both the Luminaries are vnder the earth, &c. Iatromath M. Guat. Ryff. Argent.

36

If hote burning golde be quenched in pure Wine, (the same Wine being drunke) it procures strength to the cheefe members, and to the vitall partes. And it makes strong the naturall faculties, and doth help the diseased part, with strength and vitall spirit. And this liquor is thought to be very good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spots though they be neuer so soule. Yea, it helpes a leprous face, a red nose, and any other deformity of the same, if the place infected be washed and rubbed oftentimes therewith. Lemnius.

37

The water that drops out of the Wine, or the gumme that is found there, being drunke with white wine, doth break and expell the stones in the reynes maruailously. And also being rubbed vpon Kingwoormes, Wethers and leprous places: it doth cure them, but they must be rubbed before with Oiler. This was tolde to Mizaldus, as a proued thing.

38

If his spettle which hath a consumption, being cast vpon the roales doth winke, and the haire fall from his head, it is signe of death. Hippocrates in Aphor.

39

There is a certaine Electuary of life, of Arnoldus de villa noua, in a little booke of his, of the putting backe of olde age: described

Described of the five kindes of Myrabolanes, made for the conser-
uing or keeping of health, and prolonging of life. And it is a per-
fect and approued thing. For it doth not onely comfort, but also
it doth purge superfluous humors remaining of nutriment past:
And the vse thereof doth let or hinder gray hayres, and it makes
one come to the last olde age. It strengthneth the stomacke, and
the vse thereof maketh a good colour in all the body. And this
is the description thereof. Take of great Raylius cleas'd of their
stones and stalkes, two pound, Liquorice made cleane and bea-
ten, one ounce, let these be put into two pound & a halfe of faire
water, and let them seeth wel, and let them then be strained wel,
and in that that is strained, let there be put of Myrabolanes,
Rabule, Citrine, and Indy, beaten in a mortar, their stones ta-
ken away, of each two ounces, of Embelick, and Bellericke, of ei-
ther of them two drammes: Let them be sod, strained & pressed,
or well wrung: then put thereto white Sugar, one pound, and
seeth all together to the thicknes of a Syrup, & in the ende, adde
thereto of good Sinamon halfe an ounce, Cloues and Calengal,
of each two drammes, Nutmegs, Mariarom, and Anniseedes,
of either one ounce: and make thereof a Lectuary, and keepe it in
a pure vessell. In this Lectuary, be medicines of the principall
members (that is to say) of the heart, head, stomack, Liuer,
Spleene and of the generatiue members, and it is first hote, after
moist, then colde, and last dry. Iohannes Ganiuetus also
describes it.

40

Certaine wormes that shine in the night called Glowwormes,
being well stopped in a glasse, & couered within hote horse dung,
standing there a certen time, will be resolued into a liquor, which
being mixt with like proportion of Quicksiluer, first cleas'd and
purged: which will be within halfe a dozen times washing in
pure Vineger, mixt with bay salt, which after euery washing
and rubbing, must be cast away, and then hote water put to the
Quicksiluer, and therewith washed, and then put and closed in a
fayre bright and pure glasse, and so hanged vp in the midst of a
house, or other place or roome: will giue such a light in the dark,
as the Moone doth, when she shines in a bright night. Iohan-
nes Baptist.

A

41
A peece of a childes Hauell string, borne in a Ring, is good against the Falling sicknesse, the paines of the head, and of the Collick. Mizaldus.

42
Baptista Fulgosius reports, that nye to Sirminum, a Cittie of Hamony, sometimes there hath bene Tendralls of gold found in the vine: whereof there hath bene many coyned: Which many haue scene, saith Gaudet. Meruba, in his time. And Alexander Neapolitanus saith: that he hath found in Germany, within Danubye, Vines, that did beare little natles, and leaues of pure gold: which were giuen as presents to Kings and Dukes. Mizaldus.

43
If any dooth aske thee (hauing knowledge in Astronomy,) whether that place where he dwells, is better for him, then that to which he means to goe: behold, and if thou dost finde the Moone separate from Infortunes (that is from an euill planet, or from an Infortunate planet) tell him that his going is better then his tarrying: But if you finde the Moone separate from a good or fortunate Planet, then it is better for him to tarry there still, then to goe from thence to dwell. And to be bræfe, if one shall aske thee, saying thus: I must needs doe a certaine thing, or I haue certaine busines to doe, whether may I doe it or not: then marke thou the Lord of the Ascendant, and the Moone, and if thou finde them separate from euill Planets, or euill fortunes, applying to good or fortunate Planets, bid him do that, that hee is determined to doe and spare not. But if thou finde them separate from good Planets or fortunate, and applying to euill Planets, bid him that hee do it not, neither take it in hand. Haly Abenragel.

44
That Woman is like to be barren, in whose Partuitie the Moone and Venus being in barren signes, are infortunate of Mars and Saturne. Or if Saturne be in the seventh or tenth house infortunate Jupiter and the Moone: or if Venus be with Saturne, and the Moone then in the first, or twelfth house infortunate. Iatromath. Guat. Ryff.

45
The seedes of Roses with Mustard seede, and the scofe of a Welsell, alltogether tyed in some thing, and hanged among the

bowes or bryanches of a Tree that beares but little fruit: It is said, that it will make the tree to beare well and to be marvellous fruitfull. Mizaldus.

46

Bare the nayles of one that hath the quartane Ague, which being put into a Linnen cloth, and so tyed about the necke of a quicke Gele, and the same Gele put into the water, thereby the Ague will be druen away. Geber & Alber.

47

If any list to sleepe, & lay by him the bryanches of moyst Hemp: Gnats will not trouble him nor come neere him. Mizaldus.

48

If the Lord of the twelfth house be in the twelfth house, many debates and enormities will happen vpon the day belonging to that planet, to the child then borne. Taylnier.

49

Culuer dung stampd and vsed for a plaister with strong vinegar, and applyed to the Pauell, bindeth incontinent all fluxes of the belly. Macer.

50

The roote of a Gourd, tyed to the ripenes of the backe of women that are in labour or trauell of childe, doth cause speedy deliuerance thereof. But let it be taken away as soone as the childe doth come forth, lest the Matrix goe out after the childe. Tortula de passionibus mulierum.

51

Here followeth an Electuary of a wonderfull vertue in the time of Pestilence: this electuary is of so great vertue, in them that doe receiue it once in xxiij. houres, that they may be sure from all euill infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Pestilence, if they drinke of it but one spoonfull, as shall be said here after, (especially after letting of blood, if it be conuenient to the patient,) and lay him downe and sweate vpon the same, if the venome hath not vtterly ouercome the heart: he shall vndoubtedly recouer. It hath been lately proued, that after drinking of the same medicine, when the patient made his water in an vrinall, the glasse hath burst in peeces, by reason of the venome that it purged out. This is the making of the said Electuary.

tuary. Take Sinnamon elect, one ounce, Terra sigillata, five drammes, fine Myrrh, three drammes, Unicornes horne, one dramme, the seede and rinde of Citron, rootes of Deytanny, Burnet, Turmentill, Zedoary, red Currall, of each two drams, yellow Saunders, foure scruples, red Saunders, two scruples, white Bean and red, flowers of Marygoldes, of each one dram, Quory rased, Scabius, Vero incituna, seede of Basill, the bone of a Stagges hear, Saffron, of each two scruples, make a fine powder, & adde vnto it of bole Armoniacke preparate two ounces, white Sugar three pound, and with a sirrup of Acetositate citri: make a good Electuary, and keepe it in a glasse. If the Pestilence cometh with great excesse of heate, drink it in Rose water and Vineger: but if you feele it cold, take it in a draught of Wine, and couer you with cloathes, so that you may sweate as long as is possible: for without doubt it is a pre ent remedy, as I my selfe haue now of late proued. Thus much Thomas Phayre in his Treatise of the Pestilence.

52
The teeth of a mad Dog, that hath bitten a man or woman, tied in leather, and then hanged at the shoulder, dooth preserue and keepe the party that beares it, from being bitten of any mad Dogge. Dioscorides, by the report of Mizaldus.

53
The Seedes of Cardus Benedictus stamped, and drunke, dooth helpe the graefe, paines, prickings, and stiches of the side, and the griping in the guts, and the lower parts of the belly. This is proued for trueth.

54
If any do sprinkle his head with the powder of the skinne that a Snake dooth cast off, gotten or gathered when the moone is in the full, being also in the first part of Aries, the Ram, he shall see terribly and fearefull dreames. And if hee shall haue it vnder the plant of his foote, he shall be acceptable befoze Magistrates and Princes. Cardanus.

55
Who soeuer begins their iourney in the howes of Venus, he shall haue good and profite on the behalfe of women or some such like thing. Haly Abenragel.

56

If wormes gnaw upon or hurt the mouth of the stomacke, put Hony combes into the mouth fasting, & hold them there, and the wormes will draw unto the Hony, and so boyd by the mouth. It hath beene proued.

57

If in the first begining of any sickness, or at the time of any question for the sick, if the Moone be Orientall, nie to the Sun, within twelue degrees, it is signe of death, and the neerer to the Sunne; and in Combustion, the worse. Iohannes Ganiuetus.

58

With this secreete following, Benedictus Victorius had alwaies good successe, in passions and griefs of the heart. Take of the iuyce of Buglosse, clensted or purified at the fire, two ounces, of white Sugar two drams, mixe them together, and let the patient or diseased party drinke it euery night going to bedde: and there will not tenne daies passe, but the party will be cured of the passion or griefe of the heart.

59

This following is a notable tried medicine for the Colicke, and for the swelling of ioynts, and for knobs and knots comming of the french pocks. Take Bay butter a quarter of a pound, halfe a pound of Commin seede beaten in fine powder, a quarter of a pound of blacke Soap, one handfull of Hearbe grace, halfe a handfull of clarified sheepe sewet: stampe all these together in a Morter, then take the gall of an Ore, and a spoonfull of bay salt, and fry them all together til it be thick, then lay it on a woollen cloth, and so apply it to the ache as hotte as may bee suffered: and let it lye warentoued a whole wake: and then lay another plaister thereof to it, and let it lye warentoued as long: then lay the third plaister thereto, and let it lye thereto as long as the other, which will be the whole thre weekes, and without doubt it will helpe him. I haue seene it proued. This I had out of a very old booke.

60

There be (and truly with proued successe) that doe hang wotes of Sozrell at their neckes for the Swine pocks: and also in like case of Planten. Mizaldus.

Who

61

Whosoever hath the bloody Flire, (be it neuer so great or greuous) let them drinke the wine wherein the rootes of Hollocks cut in peeces are sodden and strained: if the party haue an ague, then let the roots be sodde in water with some Plantain leaues, and so strained, which is an approued and sure medicine for that disease: whether the party haue an ague or not.

62

A ring made of an Ore or a Cowes home, and worne or carried vpon them that haue the Cramp, it puts the same away. This is proued to be true of many. Mizaldus.

63

If the Lord of the seuenth house bee in the third or ninth house, and any euill Planet behold him; he that is then borne, will fall from some building, or els he will die of something that shall fall vpon him. Ptol.

64

If you seech Biony in water, and vse to drinke the same, it helpes and cureth them that haue the Dropsie. Proued.

65

Paruelous and notable vertues of the Cybright doe follow. Let the leaues, stalkes & flowres with the whole substance be distilled, when it beareth flowres, the water thereof distilled, droped and streaked about the eyes, causeth cleere eyes, and sharpeneth the sight, & ceaseth the paines of the eyes, the water droped into the eyes an hower before night, and striked about them, and drinke to the quantity of thre pounces at one time, comforteth, strengtyneth, and preserueth the sight, especially in aged persons, and in flegmatick complexions. The hearbe dreyed and brought to powder, and eaten euery day in a potched egge vere, for a certain time together, restoreth sight lost, the water mixed with halfe a dram of the powder, and drinke euery euening for a month or forty dayes together, recouereth a weake sight.

66

This precious medicine following, will bring forth a Cancer, and plucke it by by the rootes, out of any soze where euer it be either in man or woman. Take Roseagler, and make powder therof: then take Barrowes or Hogges greace, that is new and fresh (first melted and after colde) then mixe the powder there-
with

¶ 3

The fourth Booke

72
with very well: then put thereof vpon a peece of white leather, which may couer the soze: then sprinkle on the said plaister, fine flower of pure wheate: then vpon the same spread Honny, and then put vpon the said Honny womans milke: and when all this is done, put the said plaister vpon the soze, where the Canker is, and put the neather crust of a newe white loafe vpon the said plaister, and tye it fast vpon the same, that it remoue not: And in the morning thou shalt finde the canker dead on the said plaister. This is most true. This I copied out of an old written booke.

67
Let a woman make water in a Urinall that is faire and cleane, or rather new, vpon certaine Cornes of Warley: and let the same in a cold place for the space of eight daies, and if the sayd Warley Cornes will grow againe, or bring forth newe Corne, then the fault is not in the woman that shee conceiues not, but rather in the man. If otherwise, then the let of conception is in her.

68
Stamp Christal in a stone moyer of marble, and make therof a very fine powder, then put thereto so much of the white of an Egge that you may write therewith, mixe them well together with a litle gumme or gumme water, then write therewith in paper what you will, then rubbe the same letters with what metall you will, and the writing will be of the colour of that metall wherewith you rubbed them. This I had out of an old booke, and Miraklus affirmes it without the gumme water.

69
The iuice of Lylly Rootes, and Vineger, of either like much mixed together, and the sawcesleame or red pimpled face anoynted therewith euery euening for the space of nyne or tenne dayes, doth helpe it perfectly.

70
You shall know whether the Droisie be hot or cold by this that followeth: If the swelling begin first at the foete, and goe vppward, then it comes of a hotte cause: If the swelling begiune first in the face, and goe downward, then it comes of a cold cause. This likewise I had out of an old written Booke, wherein were many things credible.

Cast

Cast the water of any sicke person newly made at night on redde Pettles, and if the Pettles be withered and dead in the morning after, then the sicke party is like to dye of that disease, if they be greene still, then he is like to liue.

72

A certaine wicked fellow that killed his Father, did sit in company with his companions, eating and drinking, ouer whose head there was a Swallows nest, with yong Swallows in the same, at which time the said Swallows made a great noyse, and chattering, when suddenly the said wicked fellowe got a long powle, and burst the Swallows nest: whereby the Swallows fell downe and he trode on them and crushed them in peeces. Being asked of one of them, why he did so: I haue good cause so to doe, sayd hee: for did you not heare, said hee, how they told that I killed my father. Whereupon he was suspected, examined, and so confessed, and therefore executed. Plutarchus.

73

Dry a Goates, Shæpes, or Peates bladder, and make powder thereof, and let them drinke thereof with Vineger or water when they goe to bed, that cannot hold their water, and it wil helpe them. Galen affirmes this.

74

If the Sunne, the Moone, the Alunten, or the Lord of the Ascendent be all safe, and not with the Lord of the eight house, or in his aspect: without doubt the sicke person shall be ridde of his diseases, and recouer the same. If two of them be so, he is like to escape likewise. If contrary, then he is like to dye thereof, Iatromathematica. M. Guat. Ryff.

75

To kill Serpents in your Dreame, signifies victory: to see Sailes of Ships is euill, to dreame that all your teeth are bloody, it signifies the death of the Dreamer: but that the teeth is drawne out, signifies the death of another: that Birdes enter into a house, signifies losse, to weepe, betokens ioy, to handle mony, signifies anger, to see dead hozes, signifies a lucky euent of things. Artemidorus.

76

You shall make a Sword, Hauke, or any other Instrument to haue an excellent edge, if you doe as followeth. Put into a pound

pound of the Urine of a yong Man, as much Sote as ye may take in your hand, putting thereto foure ounces of the Dyle of Linseede: all being mixt together, let them seeth on the fire, and betweene the beating or striking of the Sword or the Knife, whiles it is red or burning hote, quench in this mixture, and according to Art let it be well tempered. Mizaldus.

77

If you stampe Lupines (which are to bee had at the Apothecaries) and therewith rub round about the bottome or lower part of any tree, no Ants or Pysemyses will goe by and touch the same Tree. Mizaldus.

78

If Mercurie (being Lord of the first house) be impedit of Saturne, it threatens to the child then borne, continuall blindnesse: and so much the more, if the Moone behold the Sunne & Saturne in that sort. Talsnier.

79

Rub the leafe of a Marigold betweene your fingers, and put the same into your nose, and let it stay there a little while: and it will bring forth abundance of humours out of your head, and it will help the rheume within a litle while, if you vse it. This I had of a friend as an excellent secret.

80

The eating of two Drams of great Raisons (the stones taken out) in the morning fasting, doth profit for concerning youth, because they make better digestion, and flegme is diminished by them, they comfort the Liver, and make it fatte, because they are friends of the Stomack and of the Liver, and they encrease blood and make it thick, and when they are taken after meate, they strengthen and moisten the belly. Iohannes Gaviuetus.

81

The eyes be not onely instruments of enchantment, but also the voice and euill tongues of certain persons. For there are found in Affricke, as Gellius saith, Families of men, that if they chauce exceedingly to praise faire trees, pure seedes, goodlie children, excellent horses, faire and well liking Cattell, soone after they will wither & pine away, and so die. (No cause or hurt knowne of their withering or death.) Whereupon the custome came,

of Notable things.

75

caue, that when any do praise any thing, that we should say, God
blesse it or keepe it. Aristot. in Prob. By the report of Mizaldus.

82

Stop both your eares with your fingers, and the hickop will
goe away within a while after. Proued.

83

Many that are born at that time, when the earth doth quake,
are alwaies fearefull: in the time of thunder, they are for the
most part faint and fearefull: in the time of the change of the
Moone, either they liue not long or else they bee weake and of-
tentimes, as Aristotle saith, haue Melancholike diseases, or else
are out of measure Melancholike: which makes them to be wai-
ward, fretting, and seldome merry. Mizaldus.

84

There is a marueilous strength in Spermacti, for if it be pure
and right, it will penetrate and goe through the bores or things
wherein it is kept, with a certaine moisture or sweating droppe.
Mizaldus.

85

If Mercury be coniunct with Saturne, or in an euill aspect of
him, and neither Iupiter nor any other good Planet doth behold
Mercury, it doth nose, that they then borne, shall haue an impe-
diment in their tongue or shall stut: chiefly, if it be found about
the earth. Taisnier.

86

The rootes of Eldern sod and Creined, and drunk thirty daies
together, thrice euery day, at morning, noone, and night: doth
cure the droppe perfectly. Proued.

87

If the paps of a woman, which is with childe of two, doe
waue little, she shall lose one of them, and if it be the right pappe,
it is a man childe that will be lost: and if it be the left, a woman
childe. Hipocrates in Aphor.

88

Take Garlicke, and Houslicke, of each like much, and stampe
them both together, and plaister the same either to a hot or cold
gowte: and it will helpe and ease it marueilously. This was re-
ported to me to be excellent therefore.

¶

The

90

The Flowre of Ointments, called Flos vnguentorum, is made as followeth. Take of Rosen, and Perrosin, of each halfe a pound, Virgin ware, and Olybanum, of epyther a quarter of a pound, Gallicke one ounce, Hartes tallow, or Sheepes tallowe, a quarter of a pound, Camphere two dramis: make your gums in fine powder, and seare them: then melt the ware and tallowe, and mixe the powders therewith well, and boile them well together, then streine through a canvas bagg into a pottle of white Wine: then let it keele vntill it be blood warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, enermoze stirring it well, till it be through colde: Then make it vp in rowles, and keepe it to your vse, for the best salue for al things following, that ever was made, by the sufferance of God. Wherefore extreme of this salue aboue any other, for it hath been put in experience and substantially proved: It heales wounds, old and new, it clenseth very well, and gathereth good flesh: It healeth headache, and impostume in the head, or in the body: Swolne eares or cheekes, sawfleams in the face, Sinewes cut, sterke or sprained in Travell: It drawes out iron and thorne: it helpes venemous biting and picking, it healeth all manner of botch, all swelling and ache in the Guds, and all other members: it ceases the flure of the Emrods, and it is speciall good to make a seare-cloth, for all manner of griefes. This was wrytten and cast into the Recluse or Anker, at the Red hill in Almaine, wherewith he wrought many maruels and neuer vled other medicine but this. This I copied out of a very old booke: and I haue proved it many times to be precious.

91

When the Alunten or the Lord of the Ascendent is Infortunate in his fall, or combust with thre other testimonies or else two: It signifies that the sicke person shall dye: And it is so much the worse, if he be vnder the Beames of the Sunne. Iatromath. Guar. Ryff.

92

Whosoever hath the griefe or swelling of the Spleene neuer so much, and hath had it of a long time, and doth heate the ends of a paire of tongs in the fire, vntill they bee glowing
and

and red hot, and then quencheth the same in halfe a pinte of white Wine. and drinke the same Wine: It will helpe them thereof perfectly. This was credibly told me for very truth. But it is moze certeine, if they be so heated and quenched five or six times and then drinke: and to take the same soure or five mornings together. Which I know to be excellent: the like vnto this is affirmed to be most true, and proued by Anth. Beneuenius.

93

It is a great token of health when the Stones or Ceddes begins to itch: though the other parts of the body be weake. But then take hēde of Venereous actes, lest you pay for your pleasure. This out of Mizaldus.

94

Coziander seeds made in powder, and mixt with Honny, and implastred vpon a Carbuncle, or other grieuous Wiles, destroyes the same quite. Arnoldus de villa noua.

95

The blacke Sea-Cole, mixed with Oyle, will be made soft. Wherewith if one anoint Wines, it will destroy wormes which destroy or eat the buddes of the Wines. Seruerinus Gebelius.

96

The goume of a Cherry dissolved in white Wine, and so giuen to them that are grieued with the Stone: it will helpe them marueilously. Mizaldus affirms that it is certainly proued.

97

It was credibly told me for a truth, that there was a very poore woman being brought to bed of a Childe, hauing many childzen before, to whom a sister of hers (being rich, & that neuer as yet had any childe) came to see her, who said vnto her as followeth, Ah sister, sister, here are many mouthes and litle meate. To whom her poore Sister answered, Content your selfe, Sister: God neuer sends mouth, but he sendeth meate. After it chaunck the rich Sister to be with childe: which, when it was bozn, had neuer a mouth. So that there was much meate, and no mouth. A worthy and rare example to make all couetous greedy and carefull worldings to cast their whole care on the Lord, and not so to depend on their owne prouision or worldly wealth. If it were

¶ 2

not

not for the great goodnes of God, we should haue no more meate for our mouthes, then this womans childe had a mouth for meate. But if we haue both mouthes & meate, and lack good stomackes for the same: what are we the neere? So that both mouth and meate and stomacke, are not in our willes to haue when we list: but are Gods gifts to bestowe as he will.

98

Hermes saith, if in the natiuitie of the Husband, Venus be combust, the wife shall dye before the husband. If in the Paffinity of the wife, Mars be combust, the Husband shall dye before the wife.

99

Water or Wine wherein Malwort is sod (if a good draught thereof be drunke euery day first and last, for the space of twenty dayes at the most,) doth perfectly helpe them that haue the droppe. It is an excellent medicine for the same.

100

Cast or instill certaine droppes of Baulme into cleere water, and then with a stick labour well the water, and if the water then be troubled, the baulm is not perfect. But if the water abide cleare, then the same is good and perfect baulme. For the good and true baulme, doth gather it selfe alwayes into one place. And thus you may try a true and good baulme from a false and sofisticate baulme.

101

If the root of Piony (especially of the male Piony) be hang'd at the neck of a childe or a boy, that hath the falling sicknesse, it doth helpe very much. Likewise doth Pelleter, and the haire of a Dog that is all black.

The end of the fourth booke.

The

The fift Booke of Notable things.



A Hare will bring forth a foale of diuers colours, if she be covered with a cloth of diuers colours, whiles she is taking the Horse. For such colours as be before the eyes of the horse, whiles hee doth horse her, without doubt the foale will be of the same colours. The same may be proued with dogges and other Beastes. Mizaldus.

2

The berries of *Malicacabus* (called winter Cherries) being stamp, and the iuice prest or wrung out of the same, and then dryed in the shadow: the same (if it be giuen to such as haue the Stone, or cannot make water, and also to them that haue the Dropsie,) it will prouoke vyne, or driue forth the water, and also expell the *Hydropicall* humors. Mizaldus.

3

Hortus Apollo doth say that a wolfe doth feare greatly stones: therefore when he is constrained to go by stony places, he treades very demurely or softly. For being hurt with a very little stroke of a stone, it breeds woormes, whereof at length hee is consumed, or brought to his death. Therefore hee doth flye from a travellor, that layes wait to strike him with stones.

4

If the *Moone* and *Venus* be ioined together, and both be combust: he that is then bozne, shall lack a wife, or neuer marry. *Ptolomeus*.

5

If the leaues of *Elderne*, first made hot betwene two Tile Stones, and then applyed hot to the forehead and the temples, if any paine lye there: it helpeth the ach of the head maruellously. This is very good and well proued.

6

Here followeth a marvellous water to prouoke sleepe. Take of *Opium thibaicum*, and *Garlicke* heads pilled, of each

℞ 3

two

two ounces, beate the Garlicke heads in a mortar with a wooden pestell, and put thereto the Opium grinded: incorporate these well together, that it may be like a sawce. Distill this in a Retort, with a most soft and slow fire in ashes: with this water distilled, when neede shall require, anoint the temples, the forehead, and pulses of the wrists. And beware you minister not this, but vpon a great necessity, and on franticke persons, (as you shall thinke it good,)

7

The iuice of the buddes, leaues, inner rinde, or of the yong branches of Elberne, (something warme) put into the eare, doth not onely breake the Impostume thereof within foure or five times, but also doth marueilously helpe the deafenesse. This was told mee for a great secret: and I haue tryed it to be an excellent thing in such a case.

8

To see Dunckes in ones dreame, doth pretend death or calamity: to see fat Dren betokens plenty of things, to lose an eye or a tooth, signifies the death of a friend, or of a kinseman, or some other euill lucke, to dreame to be dumme, foreshewes speedy gladnesse: to see Dren plowe, betokens gayne: to enter into waters, betokens euill. Artemidorus.

9

This following makes a soft beard, and doth beautifie the chin with a fine haire. Take Butter without Salt, the iuice of a red Onyon, the greace of a Gray or a Badger, the roote of Bizony, of Bætes, of Radish, and of white Lillies, whereof make a Liniment, and anoint the chin often therewith, being shauen, Mizaldus.

10

Put vp an old Gander into a house, and let him be there three dayes without meate, then cast vnto him peeces of an Cele newly killed, then gather the dung that comes from him, after he hath eaten the peeces of the Cele: which dung being layde to any Impostume or swelling: is a present remedy therefore.

11

He that sleepeth in a Shepes skinne, shall see true dreames, or dreame of things that be true. Mizaldus.

The

12

The braine of a **Wheell dyed**, and drinke with vineger, doth helpe them that haue the **Falling sicknesse**. Mizaldus.

13

Iupiter and **Venus** oꝝ the one of them in the eight house, not **Combust**, noꝝ **Retrograde**, doth signifie the childe then boꝝne, shall dye naturall, and no violent death. Taysnier.

14

Take a little **Sticke**, and tye about the end thereof old **Oken leaues**, then cut them something round, and hold the same leaues in your mouth as deepe and as farre in as you may suffer it well, (holding the **Sticke** betwæne your teeth) and so hold your mouth ouer a **Bozrenger** oꝝ a dish and there will great abundance of humoꝝs auoid out of your mouth: and within a while wash in faire water the said leaues on the **Sticke**, and then hold it in your mouth so againe. Do thus foꝝ the space of halfe an houre, and vse this thꝛæ oꝝ foure times a day, foꝝ thꝛæ or foure daies together: oꝝ vntill you haue auoided as much watery humoꝝs as you thinke good. This is the best and the presentest remedie foꝝ helping of the **Rewme**, that euer I knew oꝝ heard of. I had it of a **Gentleman**, that esteemed it as a **Treasure**. And who soeuer pꝛoues it, shall finde it an excellent thing.

The rewme.

15

Mirabolanes ehebuli, pꝛeserued with his **Sitrop**, bled dayly, and eaten: pꝛeserueth your mouth excellently well.

16

This following is an excellent **Gargarisme** to purge the head and the bꝛest. Take of **Statuesacre**, thꝛæ drammes, **Heliter** of **Spaine** and **Hustard seede**, of either two drammes, long **Pepper**, **Ginger**, and **Allongem**, of each one dram, make powder of them that are to be powdered, and stamp the rest, and mix all well together, and put as much thereof as a **Beane** in a little linnen cloth, and tye the same fast with a thread, that it may be round: then hold the same in your mouth, and chaꝛpe it softly betwæne your teeth: and it will bring foꝝth water and steame abundantly. Use this daily vntil you thinke your head be well purged.

If

17

If the Lord of the Ascendent be in the eight house, receiued of the Lord of the eight house, so that he receiue not the Lord of the eight house, it signifies that the sicke party shall escape without all hope. Iatromath. Guar. Ryff.

18

Earth wormes slit and clesed, and washt from their slimy and earthly matter (halfe a dozen of them, at the least) and cut in peeces or chopped, and a good messe of pottage made thereof with O'temeale and water, and so much euery day eaten by them that haue the blacke Jaundies, for the space of twelue dayes or longer: no doubt it will perfectly cure them thereof, though it bee neuer so long rooted, or thought to be past cure. Or else a spoone full of the powder made of them in March, or any other time, when you can get them taken euery day so long in a little draught of any drink: doth likewise perfectly cure the same. This is very true, and hath bene oftentimes proued. It hath helpt some in fower or fure daies.

19

Olibanum (which is a kinde of Frankincense) in powder mixt with as much of Swines greace, and boyled together, wherewith if childzens heads that are full of lice, or that are giuen to breed Lice, be anoynted, they shall afterwarde be free from Lice. This is better and more safe, then to vse oyntments mixt with quicksiluer, which is very dangerous: therefore let Mothers or Nurles rather vse this.

20

Whereas euery Beast (the act of generation ended or don) is wont to be sad: only the Cock reioyceth, for he sheweth his gladnesse then by crowing.

21

If Mars be in the eight house, and in a humane signe, or in the second face of Taurus, or in the first face of Leo: It doth shewe the childe then borne, shall dye of iron. Taisnier.

22

It is proued by experience, that to vse customably in the dinner, and immediatly befoze Supper, half an ounce of the flower of Cassia newly dratone, doth forbid the engendring of the impostumation of the stomacke. Truly I say vnto thee, that who doth

both vse such taking of Cassia, shall be preserved from euery euill affection of the Stomack. Emperica bened.

23

Wine of the decoction of Tormentill, drunke daily without any other drinke, and the hearbe thereof sodden, and euery euening plaistered ouer the eyes, the space of thre or foure moneths or more, restoreth the sight, yea to those that haue their eyes as though they did see, and yet are blinde, and see nothing at all. Petrus Hispanus.

24

Andreas Mattheolus knew a woman, that euery day for a whole yeres space, was greuously troubled with the paynes of the Gother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white Wine, wherein an ounce of the roote of Bziony was heated: and she vsing this medicine a whole yere in such sort, she felt no more harme thereof.

25

If you will destroy or put away warts, cut off the head of a quicke Cele, and rub the warts all ouer well with the same blood then as it runnes from the Cele: then bury the head of the said Cele deepe in the ground, and when the head is rotten, then they will fall away. I thinke the Authoz hereof is Iohannes Baptista Porta. Mizaldus.

26

About the rising of the little Dog, (being in Summer) an old Cocke doth lay an Egge, round speckled, and of diuers colours: whersof many doe thinke that the Bayliske, or Cockatrice doth come (which is a most pernicious and venemous Serpent,) especially, if that Egge be sit vpon and hatched by a Toad: Which whether it be a fable or not, let others iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon, betokens that the childe then bozne, shall dye of a roape, or be hanged. Taisnier.

28

The iuice of Coleworts, put or snuff into the nosethilles: do purge the head marueilous well, and helpos the ancient paine of the head. Often proued,

29

Blacke sieges like to filthy blood, are wonderfull euill, whether they bee with an Ague, or without an Ague. And the darke colour

without they haue, the worse they be: but if these signes come through a Purgation, they be more laudable. And although they be of diuers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proued thing for the Collicke, Strangury, and the Stone, take the seedes of Careaway, Fenell seede, Spicknard, Annis seede, of Commin seede, Sinamon, and Galingale: of each halfe an ounce, Cromell seede, and Liquorice, of either of them an ounce, and beate them all to powder, and drinke halfe a spoonefull of the same powder in Ale, a little warmed, and walke vp and downe an hower after, before you eate or drinke any other thing. Doe thus five or sixe dayes together at the least, and you shall finde it of a notable operation. This was taken out of a learned practisers Booke: besides since it hath bene many times proued.

31

Young children, whose gummies are a noited with the braine of an Hare do breede their teeth easily. Mizaldus. And it hath bene proued with the braine of a cunnie.

32

A Walnut put fast in a Chicken, that it fall not out in the roasting thereof: it makes that the same Chicken will be the sooner roasted. Mizaldus.

33

If a round large vessell, with one hole in the top thereof, be filled full with quick Lime and Whinstone, of both equall portions, and then the hole well stop, that no ayre nor any thing may goe out, and so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the said water hot a long time, or for many dayes. Proued of many saith Mizaldus. And I found the same also in an old written Booke.

34

Hernes dung mixt with meate that is giuen to be eaten of mad Dogs, will take away their madnesse from them: (As it is thought,) Mizaldus.

35

If a woorme that is found in the Grasse, before it touch the ground, bee hanged alieue at a womans necke that is with child, it

It is thought she shall keepe the childe untill the due time of the birth. Plinius. As Mizaldus.

36

If one giue any thing for Wartes, to them that haue them, be it neuer so small a thing, as thre or foure haire, (a rag of linnen Cloth, or some other thing of no value the sooner it will rot, so much the better,) & let the party that would bee rid of the Wartes, wrap the same in some thing, and put it into the ground and cover the same with earth againe. Truly, as the same thing dooth rotte in the earth, so will the wartes weare and consume away. This is perfectly proued.

37

If Mars be in Gemini, and the Sunne in Pifces, in a quartile aspect, in the day time, or the Moone in the night time: (it dooth signify that) the childe then borne will be hangd. Taysnier.

38

They that be to receiue thre Pilles made of Aloes De succo citrino, made in powder, (which is to be had at the Apothecaries) and mixt with the iuice of Colewortes of the bignes of a Beane: shall neuer be troubled with paine in the head. Petr. Hisp.

39

A Strange medicine for the Solute. Take a good handfull of Arselmart, and wrappe and tye the same in a Wurre leafe and lay it first in cold ashes, then compasse the same with hot embers and coales, and so roste the same well: then apply the same roasted Arselmart to the graued place, and do thus euening & morning for two or thre dayes: and thou shalt find a present help thereof. This was told me for a great secreete, and as a proued thing.

40

If you put or stop salt within a Put, quick Brimstone, Salt peter, and quick siluer; the same being put into a loafe of bread, and then the same loafe of bread put into some hot place, where it may heat, as soone as it wareth hotte, you shall see the loafe of bread so leape, that it will be very pretty sport to them that see it. Mizaldus had this of one that proued it.

41

A most excellent Dyle of Saint Johns Wort, is made as followeth. Infuse or keepe for the space of thre dayes the tops

of Saint Iohas Wort, in pure and excellent Wine, then in a double vessell let them heat easily ouer the fire, and then straine them easily: then againe put as many of the tops of Saint Iohas wort in that strained liquor, as you had befoze, and let them steepe therein thre dayes or thre nights as befoze, then heat and straine them as befoze, then adde thereto thre ounces of Turpentine, and sixe ounces of old Oyle, and of Saffron the weight of xii. Barly Cornes: mixe all together, and then seeth all together in a double vessell, vntill the wine be consumed, and that that remaines, put into a glased or leaded vessell, and keepe it safelye for your vse. This Oyle is of a marueilous vertue and propertie, as well chafely against venemous Ulcers as many other diseases and cold griefes: well knowne to many Women. Mizaldus.

42

If you rub slightly any kinde of Beasts or Cattell, with the iuice of Wortes, in hot weather, no kinde of Flies will then hurt or molest them, nor yet annoy them. A thing desired of many and very necessarie for such as rides in the hot wether. Mizaldus.

43

If Mars be opposite to Iupiter, and the one of them be the Lord of the eight house: (it is like) the Child then bozne shall die by the commandement of the Judge. Taisnier.

44

The leaues of wilde Ivy sod in wine, and layd vpon any cancer, dooth kill and heale the same. Tortula.

45

This water following is very precious for franticke and mad men, proued very often. Take of the flowers of Rosemary, of Burrage, and of the rootes of Boglosse, of each halfe a pound, of Saffron two drams, of Quinces soure ounces, of the best White Wine, two pintes, mixe them all together, and then let them stand so the space of a naturall day: after that bury the glasse body wherein all the same is, in horsedung for fiftene dayes: and then take it out and distill a water thereof according to arte, two or thre times ouer. Keep this water as the apple of your eye, for it is very precious and well proued in all melancholy sicknesses very effectuously, and in the paine and trembling of the heart the quantity to be giuen at one time is a dram, which is the weight of

of Ixris. barly coynes. If you proue it, you will praise it. And this is in the newe Jewell of Health, with many other moe excellent things.

46

They are not like to lose their senses, noz their understanding, in whose Patiuitie the Stone doth apply to Mercury either by coniunction or by aspect. Iatromath. Guat. Ryff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then hold some thing that is very dry, and will take fire easily, nye to the same glasse, betwene the glasse and the Sunne, and it will set the same thing there holden, on fier. Which is very strange to behold. And the rather, because fire a hot & dry element, is procured out of water, a cold and moist element, Iohan. Baptist. Porta.

48

Didimus writes, that Sheepe are wont to folloze them that Toppe their eares with their wooll.

49

If any doth aske thee (having knowledge in Astrology) what hee did see in his dreame: marke the Ascendent, when the question is made: and if thou dost finde Saturne in the Ascendent (or first house,) tell him that hee did see in his dreame Religious persons: as Fryers, Hermites, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that hee saw in his dreame, Captaines, Knights, Murtherers, Thieves, Varnesse or Battels, or such like. If the Sunne be in his first house, he did see Gardens, Trees with fruites, Gold or a King. If Venus be in the Ascendent, hee did see a faire Virgin, or some eating or drinking, or one lying with a woman, or that haue things wherein they are delighted, or els to play, or to walke abroad, or white or red garments. If Mercurie be in the first house, then he did see handsome and eloquent men reasoning, or Palaces decked with Curtens and rich hangings or Cloathes, Bookes or writings of saluation, or of accomptes. If the Stone be in the first house, hee did see Riuers or water, or precious Stones, of some that did eat or drinke, or his Mother, or his Aunt, or his Mothers Sister. This saith Haly Abenragell. But Messanala, and Albaylac and Abrier Forsall haue said, Looke in the signe of the ninth

house front e Ascendit, and if thou dost finde in the same house any of the sehuon Planets, iudge that the vision oz dreame was of them as is besore, when they are found in the first house. And adde to the signification of the Sunne, (that is, if the Sunne be in the ninth house,) that he did see himselfe flying betwene heauen and earth, oz that he did see a great light: and if there be no Planets in the ninth house: then marke him that is in the first house, if none be there: then marke who is in the thyzd house: if none be there: then looke in the fourth house, if none be there: looke in the seuenth house: if none be there, then looke in the tenth house. And iudge according to the signification of euery planet and thou shalt be certified God willing, Haly Abenragell.

50

Against the quartern ague, take all the Wine that the party makes at one time in his fitte, and kneade flower therewith: and when the same is baked, then giue it to a Dogge of the same house. And when you haue done this thrice: the party will be whole, and riode of that disease. And in his steade the Dogge will be sicke. But for a man that is sicke, a Dogge must be chosen. If a woman, a Witch must be had. This was taken out of an often proued experiment of an Italian, by the report of Mizaldus.

51

Whosoever desires to see the Sunne Eclipsed without hurting their eyes: Let them beholde the shadow thereof in a vessell, wherein Dyle is put: Where they may beholde and see it without danger. For a fatter humoz is not easily troubled. And what shapes oz formes it dooth receiue, it representeth the same truely. Mizaldus.

52

A Lamem, oz thinne plate of Gold, bozne on the seame of the braine, dooth strengthen the braine. The same hanged against the Region oz place of the heart, dooth helpe the beating of the hart and encreaseth gladnes. And if it be put vpon the reines of the backe, it strengthens the reynes, and cooles the same, and ceaseth the paines of the backe. But Mizald wisheth that the same plate be beaten and made of pure and fine Gold, when the Sunne is in Leo called the Lyon: And Iupiter and the Moone beholding each other happily. Herm. Arnoldus villa nouanus & alij.

36

53

If the Lord of the Horoscop be in the scuenth house Combust, and the Sun hath no essentiall dignity in the same: then hee (that is then borne,) shall perish by the hands of many, which will rise agaynst him. But if the Sunne haue then any power in the leuenth house: hee shall dye by the Kings commaundement.

Tayfnicr.

54

It is proued and a secret: that if threë graynes of Masticke be giuen to the patient to be swallowed euey night at his going to bed, it doth preserue him from the paines in the stomacke, and doth cure him. Emperica benedicti victorij. I know by proufe, it helpes the stomack merueilously.

55

This water following, breakes the Stone in the bladder, and in the Keynes. Take of the iuice of Saristrage, two pintes, of Cromell, and of the iuice of Parcely of either one pinte, of the best Vineger of a pleasant Wine, eight ounces, distill all these together, and let the liquor distilled be kept in a Glasse with a narrow mouth: Of which, minister in the morning one ounce at a time, as much at noone, and as much at euening going to bed. This is a proued water, as saith Fumanellus.

56

To dreame that Eagles flye ouer your head, doth betoken euill fortune. To dreame that you see your face in the water signifies long life. To follow Bees, betokens gaine or profit, to be married, signifies that some of your kinsfolkes is dead: to dreame that you worship God, signifies gladnesse, to looke in a glasse, doth portend some issue or a childe: to haue Dyle pouzed vpon you: signifies ioy. Michal Scotus and Artemidorus.

57

If you would haue Coppec to melt quickly, and runne easily, put the hooves of a Horse into the same, betwene the melting and pouzing out thereof. Mizaldus had this secret of an expert Italian.

58

Goates will not stray nor wander, if you cut off their beards. Florentinus.

If you put a Loade in a new earthen pot, and the same be covered in the ground in the mids of a cozne-field, it is said there will

will be no hurtfull tempests or stormes there. As Archibius did write to Antiochus King of Syria. Plinio Authore.

60

If the Lord of the eight house be found in the twelfth house, with an euill Planet, or in his euill Aspect, (it shewes,) the child then borne, will die a captiue, (that is) in prison, or as one that doth fly away. Taisnier.

61

Whosoever anoints their belly with this ointment following, it easeth the paine of the head, it purgeth the stomacke, it comforteth the appetite, and clarifieth the eyes. Take of the iuice of Smallege two ounces, of the iuice of Mercury foure ounces, of Gose greace and Hens greace, of either of them a pound, of Ro en two ounces, of Basticke, and Frankincense, of either five drams, of Cassia fistula two drams, and put thereto iuice of Wallwort, and of the inner rinde of Elderne, and mire them all well together, and make thereof an oymnt. This if it be well made, is a very good thing.

62

The Squinancy, or any other paine of the throat will be helpt with this following. Marke where a Swine doth rub him, and then rubbe your hand on the same wood, post, or stone, with which hand rubbe your soze or swolne throate. And as some say that haue proued it: cut off a piece of the same wood, where the Swine did rubbe himselfe, and rub the swolne or griened place therewith. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person griened or diseased. This is a very true and often proued thing.

63

Take a pinte of white Wine, one handfull of Woodbine leaues, or two or thre ounces of the water of Woodbine, and a quarter of a pound of the powder of Ginger, seethe them altogether vntill they be something thicke, and anoynt a red pimpled face therewith five or sixe times, and it will make it saire. Proued.

64

Ludouicus Viues doth write, that within the memory of his Ancestours or Fathers, there was a Sepulchre or Tombe
pluckt

pluckt by wherein a burning Candle was found, made (as was witnessed by writing) five hundred yeeres before. And when it was touched or handled, by and by it was resolved into powder.

Ioannes Langius.

65

If you would haue a deepe Well made, it is best to digge the same when the Sunne is in the last parts of Virgo, before the Autumnall Equinodtiall, (which is about the beginning of September, or immediatly after,) for then through the great heat and drynesse of the Summer the earth wants raine. Mizaldus had this of one that was skilfull in such things, which was a master Carpenter.

66

If any be bitten or stricken of a Scorpion, which shall eate Basil the same day, he shall be made whole thereof. Aphri. reports it.

67

If any fall sicke in the houre of the Sunne, he will haue a strong Feuer or Ague: And many times shall be vexed in his minde: which shall bring no small hurt vnto him. Hali Abenragel.

68

The iuice of Coziander, giuen to them that haue the Falling Cuill to drinke: will not suffer the humour to ascend into the head, and it worketh great helpe to the diseased. This was written in an old Booke.

69

Whosoever is brought weake, either by some grieuous sickness or disease, or long continuance, or by woundes receiued, or any other way, and thereupon haue a Siege of Melancholy, like to blacke blood, he shall doubtlesse dye the next day after. Hipocrates in suis Aphor.

70

A sawfleame or red pimpled face, is helped with this medicine following. Take Enula Campana, foure ounces, and seeth it with vineger, till the vineger be sodden in, then stampe it small, and then put thereto quicke siluer & bymstone, of either foure dyams, and Barrowes greace, foure ounces, and beate them all together, and make thereof a plaister, and lay it to the infected or spotted place in the face all night: and on the morrow wash it off with warme water. Doe thus sixe or seuen nights, and it will helpe it without doubt.

A

The

The fifth Booke

71

The first seeds that the *He*, or *Hale Piony* brings forth (being round and blacke,) doe maruelously recreate or helpe them that haue the falling sicknesse: If some thereof be stampd and taken with Oximell scilliticke, which is to be had at the Apothecaries: and with the Sirrop of Scicados, and a little Putmeg which Lemnius doth witnesse for a very truth.

72

Whosoever is stricken or hurt of any venemous woorme, or other thing: or else bitten with a mad Dog, let them take heed diligently that the same thing that did hurt them, see them not untill they be perfectly whole. For the Hebrew Physicians say that the party hurt, shall then dye, or else be in perill afresh: yet though they begin to waere whole when they see them. Mizaldus.

73

One handfull of Basill, with ten Sea Crabs, stampd or beate together, doth make all the Scorpions to come to that place, that are nye to the same. Aphri. as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house it signifies, the child then borne, shall die in prison. Taynier.

75

Wine wherein the rinde of an Ash tree hath bene sodden, drunke fasting, sixe or seuen mornings together, doth perfectly helpe them that are tormented with the paines of the spleene (which makes one to haue a great paine in the left side, and their most griefe is after meat.) And if you anoint the grieued place, so long with an ointment called Derhea, euery morning and euening, it is an excellent thing likewise.

76

Behold a singular Dyle or baulme drawne out of Ware and Turpentine, which drieth and mightily pearceth where the same is applyed, taken out of the secrets of Fallopius. Take of the purest and cleereſt Turpentine that can be gotten, one pound and two ounces, of new yellow Ware that is odoriferous, twelve ounces, of Putmegs and Cloues: of either one ounce, of common Athes, sixe ounces, beate all these well together, then put the same into a Retorte, fenced with Rute of wisdomie, and
let

set in ashes, and distill it with a slow fire at the first, and after increase the fire untill all be distilled, which gathered, distill the second time in a Glasse body with an head and receiuer, putting vnto it before the distilling foure ounces of the powder of Bricks or Tiles. Which diligently luted in the ioynts, maintaine fire vnder it, untill no more will come, then haue you purchased an Oyle of a Rubine colour, which worketh miracles in wounds, especially where sinnewes be harmed. This also helpeth any manner of Rume proceeded of a cold cause, it helpeth besides the cough, by anoynting the Region of the Brest therewith: and it is also of great importance vnto many other grieues, inuented and proued by the abouesaid Authoꝝ many times. This excellent Oyle I had out of that worthy Booke, called the new Jewell of health: which many perhaps shall read in this my booke, that otherwise should neuer haue seene that booke. Which makes me describe herein some notable things therein vttered.

77.

A notable and often proued plaister, to destroy any impostume swelling, and stich, in what place of the body soeuer it be: is now described as followeth. Take of the Rote of Hollyocke, (cleane washed and cut in peeces,) two good handfull, and seethe the same in faire water, until the said root be something tender. Then take out the said root, and put into the same water, of Fenecraeke and Linseed, of either one handfull, (something stamped and bruised,) and seethe them together until the water be roping like birdlime: then stampe the said root of Hollyocke beforesaid. And put it to the said Fenecraeke and Linseed, with an handfull of Barly meale, and fry them together with Bozes greace, and Bartolwes greace: and need be, you may take Sheepe suet,) then lay a plaister thereof to the soze, or griued place, as hot as the party may suffer it: and let the same lie twelue houres vnto: and after apply another plaister of the same thereto, in such order, and within nine plaisters it will worke the full effect. It hath helpt and dissolued the Pluresie, with the applying of thre or foure plaisters. A thing of small cost, and great vertue.

78

When the Lord of the ascendent is impedit or infortunate of the Lord of the second house: it signifies that the sick

R 2

shall

Shall not be healed, and with great expences of money, or else dye. And vniuersally, marke what Planet doth infortunate the Lord of the ascendant. The sicke is like to haue harme, or hindrance by such things, as that house doth signifie whereof that infortunate Planet is the Lord or signifier. Iatromath. Guat. Ryff.

79

Egge Shells dyed and beaten to powder, and giuen in white Wine, breaketh the Stone. It is a tryed medicine, as one affirmed to me.

80

Sugar, (especially Valentia Sugar,) made in powder and put into a wound or cut, doth not onely cleanse all corruption from it, and consumes all superfluous flesh or matter in it, but also heales it maruellously. If you list you may mire a little fresh butter therewith, whereby it will not be of the lesse vertue. This is a sure, excellent, easie, and a ready medicine, who list to try it, shall finde it a singular thing.

81

A certaine wench was borne within sixtē miles of London, who within a yere and a halfe after her birth did begin to eate earth, stones bricke, and grauell: and so continued therein, (hauing all her delight in eating of such baggage) also she did eate the wollen floues that were on her armes, besides that she did eate a gloue. And on a time her mother did feed her with milke: there chaunced to fall a great piece of soote, out of the Chimney into the said milke, which soote, the said childe tooke out of the dish with her fingers, and did eate it most greedily. She abhorred then bread and butter, & other such naturall food. Whereby she was maruellously consumed with a fluxe, and she yet liueth, hauing nothing on her but skin and bone. I sawe her in June 1577. She was borne in Charsey, within two or thre miles of Stanes, at which time she was full thre yeres of age.

82

It is said, that Hise dung, with the ashes of burned Wasps, and of Hasell nuts, and a little Vineger of Roses put thereto, doth trimly decke a bald place with haire, if the same place be often rubbed or anointed therewith. Mizaldus.

83

If any Beast of the female kinde, doth pisse vpon the urine of a Wolfe.

Wolfe newly made: the same Beast shall neuer conceiue,
Pythagoras.

84

Aetius giues counsell, that that Dog be buried or put into
the ground in any wise, which is dead by taking his disease
from a man: for it is certaine (saith he) that dangerous and ma-
ny effects (the man being escaped,) are turned or ouerpowred in-
to him.

85

The troublesome or vnpleasant noyse of Frogs in the night,
will cease: if you set a Candle burning on the bancke-side ne-
the water where they be. Or else many lights according to the
greatnes of the place where they be. Africanus Geopon. And this
was proued at Paris, by the meanes of a President there, that
therewith was troubled. Mizaldus.

86

It is the opinion of many, that an hearbe called Leucanthus,
that is white Thorne (euen as the Bay tree,) is neuer stricken
nor touched with lightning, nor is not touched with any euill
from Heauen.

87

Zael saith, that he hath proued in many Patinities, where
the Moone is in Virgo, opposite with the Sunne: that the Child
then borne, hath bene drowned.

88

Six cloues of Garlicke stamp and strained into a draught of
Rhennish wine and so drunke: is a present remedy for the Col-
licke, Stone and Strangury. An excellent tryed medicine, if you
take it thre dayes.

89

Make powder of the flowres of Elder, gathered on Midsummer
day, being before well dyled, and vse a spoonefull thereof in a good
draught of Bozage water, morning and euening, first and last, for
the space of a month: and it will make you seeme young a great
while. This I had out of an old witten booke, as proued.

90

Take Horseleaches, and kunnre them to powder, & mire them
with Cysell, then vse to rubbe the place therewith where you
would haue haire grow no more: and there will no haire grow
in that place. This was a secret of a notable Practiser.

¶ 3

Whosoever

91

Whosoever vses to drinke butter milke, they will be laratine, although they be very much bound, and cannot goe to stoule: proued.

92

They are like to haue the falling sicknesse, in whose Patiuities the *Venus* and *Mercury* doe not behold the one the other. And where neither of them doe behold the ascendent: and whereas in the day time *Saturne* is the signifier of the qualities of the mind, and then being in an Angle, and *Mars* in Patiuities of the night.

93

That young Beasts be not hurt of their fetters, or that being hurt of them, they may be cured: Tie vnto their neckes a *Diate* Stone boyled thozow. *Mizaldus*.

94

If you giue to them that haue the falling sicknesse, this medicine or antidote following thre dayes, whiles the *Venus* is coniunct to *Iupiter*, it will helpe him. Take of *Hace*, the seeds of *Piony* and the roots of the same halfe a dram, the leaues of *Gilliflowres*, and of *Primroses*, (which some takes to be *Daisie*) one dram, stamp them and giue it to drinke with white wine, the party being falling. *Mizaldus*.

95

A certaine Country man did sleepe open-mouthed in the fields, a Serpent crept in at his mouth, and so into his body: but after the same man cured himselfe thereof with eating of *Garlick*. But he infected his wife with poyson, by hauing to doe with her carnally, whereof she dyed, which was very rare and strange. *Volateranus*.

96

Powder made of the Stone of a Swallow, giuen to drinke to them that haue the falling sicknes, healeth them without doubt, for it is a sure experiment. *Petrus Hispanus*.

97

If you would know whether a Woman be conceined with Child or no: giue to her two spoonfuls of water, and one spoonfull of clarified *Hony*, mingled together to drinke, when she goeth to sleepe: and if she feele gripings and paines in her belly in the night, she is with childe, if she feele none, she is not. This is very true and often proued.

The

98

He will neuer be poore, of whose Nativity Iupiter is ruler, or
 Lord Gelienarrant : the Authoz of which worke is vnknowne.

99

This following will take spots out of the face, & beautifie the
 same. Put seuen whole Eggs in most pure and strong Vineger,
 and let them lye therein so long, untill their shells be as soft as
 their inward skins, and mixe thereto foure ounces of Mustard
 seed, befoze made in powder (or stampt) then stamp or grinde
 them together, and therewith let the face be anointed. This
 hath bene proued. And Torruia affirms it also for the like pur-
 pose.

100

Greene Pettles layd in the vyne of one that is sicke, and so
 steeped therein for the space of xxiij. houres, if after the same
 tims they be taken out green and fresh, it betokens the sicke par-
 ty will recover of that sicknesse : if they be withered, it is a great
 token of death. Mizaldus.

The end of the fifth Booke.

The sixt Booke of Notable
 things.

1

If you would haue any Beast, or any part of the same, (of
 what colour soeuer he be) to be turned into white, haue off the
 haire, and smoak the same that is shauen with the fume of brim-
 stone, and white haire will grow there. You may proue the
 same in fowles. Mizaldus.

2

The Berries of white Thorne, taken with white Wine, is
 of great force, for destroying or expelling of the Stone. It is
 knowne by the practice or experience of the Country men. Mi-
 zaldus.

3

In a question of a vision or dreame, marke the Lord or the
 Alunten of the Ascendent, and the Moone, and consider if
 thou findest either of them in the ninth, or third house : but if
 you finde none of them there, then marke, if thou finde either of
 them

them in the Ascendent or first house, or in any of his angles: and if you so find either of them, and the same be separate from a good Planet, and applyed to a good Planet: It signifies that the dreame is good and pleasant, and of a good signification, and is of the condition of that good Planet, to whome he applyes: and the profit or commodity of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth behold with a good aspect. But if it be separate from an euill Planet, and applies also to an euill Planet: then the vision or dreame is euill, and to be feared, and is of an euill signification. Which euill and harme shall be according to the nature of the Planet, to whom the same applies, and according to the nature of the house wherein he is in the figure, and according to the nature of that euill Planet. But if it be separate from a good Planet, and applies to an euill Planet: say that the vision or dreame was good and pleasant, but he hath an euill signification. But if it be separate from an euill Planet, and doth apply to a good Planet: say that the vision or dreame was soule and euill, but it hath a good signification, and the profit or successe thereof, will be according to the nature of the Planet, to whom he doth apply, and according to the nature of the house wherein he is in the figure, (As we haue said) Therefore according to this way and rule, consider the visions or dreames: and conferre one to another, and thou shalt be certified, God willing. Haly Abenragel.

4

It is proued, and a secret; that if you giue to them that haue the Wickoy, euery morning thre houres befoze meate, one roote of greene Ginger, and immediatly after drinke two draughts of Palmesey, you shall see that he will be soone cured. Emperici benedicti victorij.

5

A sword wherewith a man is killed, the blood being cleane swipt from it, and put into a hot fire, which being taken out of the same doth manifestly shew the murder: for so farre as the sword was in the wounded person, so farre it will be of a contrary colour to the sword. It was told me that a Bishop did try it to be true, by one of his men.

6

If the blood of a Cocke be dyled, and made in powder, and mixt in Wine, wherein there is water, it makes the water swim above. This was the relation of a learned Hunke. Mizaldus.

7

Planten hath a maruelous vertue, to deliuer them of the plague that are infected therewith: giuen any manner of way. Proued.

8

The more liuely and quicke that a Horse is, the more deeper he will thrust his nose into the water, when he drinks. Plinius.

9

Swine & Elephants doe hate white garments, Bulls and Oxen hate maruelously garments that be of purple colour, which many vnder such apparell haue sometimes proued to their great griefe. Plinius.

10

If the Lord of the eight house, be in the eight house, or behold the same happily: the childe then borne will die in his Country, or nye the same. Taysnier.

11

The white of an Egge, and the iuyce of Pelitory of the wall, well beaten together, and skimmed: and then one drop of that liqur put into the eye, doth heale the web in the eye. This is true and proued.

12

A proued Dyle which is very good for the Dropſie, called Ascites, if all the belly or paunch be anoynted therewith. Take of Turpentine one pound, of Frankincense, Masticke, Birch, of each two drams, Landanum, one dram, Nutmegs, Cloues, Ga'engal, Zedcary, of each one dram and a halfe, of the iuyce of Wallwort, and the iuyce of Cucumber, (called Cucumis asininus) of either one ounce: Let them be powdered, that are to be powdered, and let them be mixed together, and put them in a Limbecke, and let an Dyle be distilled thereof, and it is a most secret thing, not onely to take away the swelling of the belly in the Dropſie, called Ascites, but also any flegmaticke swelling of any other member of mans body, and it is maruelous for the paines of ioynts, and members of a cold cause. Emperici benedicti.

D

A cer aine

13

A certaine Butchers wife being with child, as she was striking the blood of a Beast newly killed, a little thereof did chance to sprinkle, or spurt on her face: which she with her hand suddenly wiped off, and then wiped the same hand on her left thigh: Who after being brought to bed of a Boy, the same Boy had, and hath the like marke, or blood: put on the left thigh. They that knew both the Father, Mother, and the Child, told this for a very truth. Therefore it is not good to hit a woman suddenly, being with child, on the face, or otherwise: lest the child she is withall, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time, (that is) the Sonne in the day, and the Moone in the night, and the Alumen of the Ascendent, are both impedit, or euill affected of the Lord of the eighth house, or of the Lord of the fourth house. Iatromath. Guat. Ryff.

15

If you will take the haire from any place of the body, & would haue it to grow there no more: stampe Ants Egges with the iuice of Henbane and Hemlocks, or with the blood of a Bat, or Keremouse: and anoint the place therewith. Mizaldus.

16

If you cut the liuer of a Beast in pieces, and put into the same pieces, the powder of Nux vomica, called the Spuing Nut, (which is to be had at the Apothecaries,) the same pieces being strowed or laid in an open place, where Ravens & Crowes may resort thereto: the Crowes or Ravens that eate thereof, cannot flie away: whereby you may take them easily. This I know to be certaine and true.

17

The little Bird called Linaria, begins to leaue singing, and also to be sicke, when the Starre called the little Dog, doth rise, and will plucke off her feathers. Which chanceth about the middlest of July: as we haue proued by one another, (saith Mizaldus) the space of ten yeeres: And thereupon haue shewed to many, that then that Starre did surely rise. And in a Larke we haue obserued the same, (saith he,) in the rising of Arcture with the

To catch
Crowes.

the Sunne. And it is not to be doubted, but that other Birds, and All living things have their Starre. living things, haue their peculiar Starre, whereby they are moued to sing, or to hold their peace, to sadnesse or gladnesse, which I desire the diligent searchers of secrets to obserue. Thus much Mizaldus. 18

The Lord of the Ascendent in the twelfth house, in a humane signe, without the beames of good Starres: the Child then borne, will be imprisoned. This is true and often proued: and also Taysnier affirmes it. 19

This following is a sure and proued Medicine for the Teeth-ache. Take a handfull of ground Iuy, as much of Spere-mint, Tooth ache. and as much of Salt, stampe them all a little together, then put all the same into a pint of Vineger, and seethe all well ouer the fire, then straine it well, and put the same into a close glassen vessel, or bottle: and when you will occupy it, take a spoonfull thereof, and put it into the side of the mouth that aketh, and hold downe your cheeke, that it may descend to the rootes of the aking tooth, and it will take the ache and paine away presently. This was taught me by a woman, to whom many resorted for helpe, who v'ed onely this medicine theretofore. 20

An Oyntment made of the Oyle of bitter Almonds, Hunny, the rootes of Lillies and of Ware: is an excellent thing to anoint the face withall, to get away wrinkles, spots, and other deformities of the face. Mizaldus. 21

You may take Foxes with this Oyle following. Anoint A Trayne for a Foxe. the soles of your shoes, with a piece of fat Swines flesh as broad as your hand, newly roasted, or a little broyled at the fire, when you goe out of the Wood homeward. And in euery of your steps, cast a piece of the Liuer of a Swine roasted, and dipt in Honny, and draw after your backe the dead carcas of a Cat, and when the Foxe following thee, comes nere vnto the Steps, be sure to haue a man nye thee with Bow and Quarts to shoot at him: or by some other meanes to hit him. Mizaldus had this of an expert Hunter. 22

Women that haue double apples in their eyes, or Strales, doe euery where hurt with their looking. Which is called of some

some overlooking. Cicero.

23

Bodies that are stricken with Lightning, doe remaine vncorrupt: therefore in ancient time they did neither burne nor bury the bodies of such as were stricken or killed with Lightning: whereupon it is plaine to all men, that the same bodies are not corrupt as others. Mizaldus.

24

If the Lord of the eight house, be in the third or ninth house: it signifies, the child then borne, shall dye among Strangers, or out of his native soyle. Taynier.

25

Wormewood newly stamped with the white of an Egge, and laid over the eyes, taketh away the blood and rednesse thereof: of what humour soeuer it come. This hath bene often proued.

26

If one doe take this confection following fasting, he shall neuer fall into the paines of Collicke nor Illiac. Take the outward rindes of Radishes, being taken or pared thick, two pound: white Hunny foure pound: let them boile together, vnto the consumption of halfe the Hunny: then put thereto of the powders of Sinnamon, Cloues, Nutmegs, Mace, blacke Pepper, of each two Drams: mixe them together and let them be put vp in a cleare vessell, and let the Patient take and eat euery morning halfe an ounce of the said rindes of the Radishes. Benedictus victorius Fauentinus.

27

If you take the powder of Brazel, & mingle it well with milk, but so that it be very red, and put therein either staffe, wood, or bone, letting it lye therein eight dayes: it will make the same wood or bone red for euer. I had this out of an old written booke.

28

To dreame that you goe ouer a broken bridge, betokens feare: to haue your head cut off for a hainous offence, signifies the death of friends: to make cleane the hands, betokens trouble: to see hands filthy or foule, doth signifie losse and danger: to see Lambs, signifies grieffe or paine: to take flies, signifies wrong or iniury. Mizaldus.

A Carla

29

A Garland made of Iuy leaues, and laid vpon womens paps, or duges, that hangs flagging downe: it gathers them together, and makes them round. Iuy leaues stamp and applyed thereto, workes the like effect. Mizaldus.

30

A Tode being strucken of a Spider, or of a Serpent, doth helpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode being on the ground, hard by a wall, a Spider did suddenly strike the said Tode on the backe: Which when the Tode felt, beginning to swell, did eat of Planten nye vnto the place. Whereof being well, the Spider againe did poyson the Tode with her venome as before. Which done, the Tode preserved her selfe with the said Planten as before; but one that chaunced to behold the same, did then cut vpon the said Planten, and tooke it away from that place. Which Tode the third time being strucken or rather poysoned of the Spider, as before, immediately searched for the said Planten, (for as it should seeme) there was no more Planten nye to that place, which when shee could not finde, did swell so sore, that soone after shee did burst withall. The party that did take away the same Planten, & did see this strange and marvelous matter, did tell me this for a very truth. Whose credit I know to be such, that I am bold here to place the same, hauing such good occasion. And I heard that a noble man of this Realme, did see the like.

31

Whosoever is sore grieued with the Stone, and cannot make water, let them drinke a spoonfull of the powder called Puluis chiriticus, in a draught of white wine, (which you may haue made at the Apothecaries) and use it three or foure mornings together, or something lesse if you list. Giue halfe so much to a child, and without doubt it will make them auoid the Stone, & to make water presently. I haue proued it oftentimes to be a soueraigne thing in this case. And there was one from whom I had it, that got therewith aboue a hundred pound by the yeere. If it be truly and well made, you will praise it well as I haue done, & because it is such a notable thing, I would haue it better knowne, and more vsed.

Q3

eka D

32

Take Dyle of Paper, by burning faire paper on a cleane pewter dish or sawcer: or hold a piece of faire paper folded on a kniues point, and set fire on the nethermost end thereof, and hold the same nye vnto the sawcer, & out thereof wil come a little moist Dyle, and be on the sawcer. Take a little thereof on a cleane feather, and put it into the eye that is soze or dimme of sight: and it will helpe the same maruelously. It hath bene proued in many to be excellent. And Euonimus doth praise it therefore.

33

If the Lord of the Ascendent be in the eighth house infortunate it signifies that the sicke party will kill himselfe through euill guiding him, lat.

34

A Spirit came nye vnto M. Brutus, leading an Army of men from Alia; when Brutus asked him who he was: he answered, I am thy euill Angel, whom thou shalt see in the fields of Philoppis in Thessaly, and there Brutus dyed in conflict. Plutarchus.

35

Agrimony sod in red wine, wherewith if wounds bee washt, it clenseth all filth and corruption from them. And the leaues of Agrimony beaten, or stampd, and tyed on wounds that be ill ioyned or knit together, by and by doth open them. A Spaniard told this to Mizaldus.

36

He that receiueth a summe of money in the houre of Venus, he will spend the same with Women, in pleasures and wantonnesse.

37

The iuice of Kew mixt with Honey, that hath bene skummed, and a little thereof put into the eye at once, riddeth them that vse it, of an ancient dimnesse of the sight. Proued often.

38

If a woman hath not conceiued, and thou wilt know whether she shall conceiue or not, let her be well couered with cloathes, and beneath let a fumigation be made of hot things, and odoriferous, or sweet smelling: for if the smell come by thow her body to the nose, and mouth: be sure that she is not barren of her selfe. Hippocrates Aphor.

39

Whosoever is grieved and tormented with the Stone, let

of them take an ounce of the rootes of Radish, cut in slices: and lay the same to steape in halfe a pint of good white Wine all night, then straine the same well, and put thereto of the Eleuary, called Lithontriphon, of the description of Nicholas: and also Iustinum, one Dram, mire them with the said white Wine, wherein the Radish was infused, and let him that is grieued with the Stone, receiue all the same at one time, and you shall see maruelous worke thereof. If need be, let him receiue the like quantity thereof thre or foure dayes together. This is proued to be sure and an excellent thing, for breaking and auoiding the Stone, and Grauell. Be sure that the Apothecaries make it of good stufte.

40

A head of Garlike. (the skinned pulled off, and a little bruid) laid by equall parts to the hollow parts of the soles of your feet, that are grievously tormented with the Tooth-ach, specially if it come of a cold cause, and be on the nether iaw, it will helpe them with speed, by drawing the humors out of the fles of the feet. I haue knowne them that haue taken this Medicine, and haue not bene troubled with the Tooth-ach of seuen yerres after.

41

What man is like to haue few children, in whose Natiuity Saturne is in the Ascendent, opposite to Venus, or if Venus be in a certaine signe, infortunate of Saturne: or if Venus be in the house of Saturne, especially, Infortunate of him. Iatromath. Guat. Ryff.

42

If you rub or touch Warts with the leaues of a Figge-tree, the Warts will consume and vanish away: so that the said leaues be buried within the earth, or ground: Some ascribes the cure to the heart of a Pigeon. Mizaldus.

43

Elephants of all other beasts, doe chiefly hate the Horse: So that if they shall see, or perceiue that a Horse hath once touched their meat that is before them, they loath the same, and will not eat a bit thereof. Plinius.

44

If the Lord of the Ascendent be Combust in the twelfth house, hee that is then borne, will dye in prison or captivity. Raynier.

The

45

The powder of the Berries of Bryony, drunke in the water wherein water-Cresses are sod, doth maruelously heale the Strangury.

46

If any Woman great with child shall take this drinke following, euery other day in the morning, thre houres befoze she eat any meat, beginning the same about ten dayes, or a fortnight befoze the time of the birth, the birth shall not onely be made more easie, but also she shall bring forth her child without paine. Take of the great Treacle one scruple, (which is y weight of 24. barley coznes, the powder of Licorice, and the powder of Cinamon, of either thre graines: of good white wine one ounce and a halfe: mixe all together, and make thereof a drinke, & let it be giuen to the woman with child, in such manner as is befoze said. Benedictus Victorius Fauentinus, in his booke called Emper. r. ca.

47

This following will stop the bloody fluxe. Take Marrow and Planten, of either a like much, stampe them wel together, & put thereto red Wine, and straine it well, and drinke a good draught thereof first and last, thre or foure daies together: and certainly it will stay it. It is an easie and precious thing.

48

If you will proue whether a Woman be with child or no, let her make water in a Copper or Brazen Uessell, and let a Needle lie therein a whole night, that is bright and cleane, and if she be with child, the Needle will haue red spots on it: if not, then it will be blackish, or rusty. It is proued, as Mizaldus was informed.

49

If a Crow chance to eate of the rest of the flesh whereof a Wolfe hath eaten befoze: the same Crow will die sone after. Aelianus and Philes.

50

Neither falling sickness, neither Deuill, will infect or hurt one in that place whereas a Bay tree is. The Romanes call it the Planet of the good Angel, &c. Mizaldus.

51

Waxing Inke tempered with water, wine, or vinear, wherein Cowmelwood hath beens steeped, Bice will not eat the Papers,

62

o2 Letters witten with that Inke. And also clothes wherein Wormwood is layde o2 w2apt, is safe from moths: and if there be any there, it will dzine them away. Dioscorides.

52

The houre of Mars is to b2e abhord in all things, both in the beginning, and when the thing is done. Haly Abenragell. Therefore you were best to take h2ede, that you take no notable thing, o2 great matter in hand, o2 begin any long iourney in the houre of Mars, if you can by any meanes know when it is. But whosoever puts their whole trust in God and guides their life by the rule of his holy W2ord, (be h2e neuer so simple and vnlearned) he will so guide them, and so instruct them, that they shall auoide all such dangers, and perillous times. And contrary, the wicked learned, (yea though they knowe the times) shall not haue power to auoid them, as I haue s2ene in many: which afterward they did well consider, though too late. And as I haue sayd of Mars, so I say of Saturne: For there is neuer a good of them both. Yet doo I not thinke, that Saturne o2 Mars shewes such harme to them, in whose Natuities they are Signifiers, o2 beare rule in the Ascendent: but chiefly to such in whose Natuities they are Lordes of the 12. 7. 5. o2 8. house. But surely I haue markt it long, and yet I neuer sawe any notable thing begun in the houre of Mars o2 Saturne, that came to a good end. Which they shall well finde, that begin to set forward towards the Sea, in Saturnes houre. I speake by tryall as well as Haly doth: which I should not haue considered so much, but by his counsaile and p2ofe.

53

Oren, Kine, Bullockes, o2 Horses, shall not be troubled with any disease, if you hang a Harts hozne vpon them. Absyrtus.

54

If you ioyne a Lyons Skin, to the Skin of a Wolfe o2 any other beast, it will make them without haire, o2 cause their haire to fall o2 consume aw2ay. Mizaldus.

55

Colew2ortes, and Kewe (called hearbe Grace,) are so contrary in nature the one to the other, that they ought not to be solune nigh together. Fracastorius.

P

K

56
 If any Sheepe, or else hairy Beast, or else Man or Woman
 be full of wormes in any wound or soze, take of the wooll of the
 same Sheepe, or haire of that Beast, or some of the haire of
 the Man or woman, and hide the same before the rising of the
 Sunne, vnder the barke of a Tree, called Trembla, (which is a
 kinde of blacke Poplar tree.) Doe thus certaine dayes, and thou
 shalt see the wormes fall out of the wound or soze miraculously:
 or else they will dye or leaue that place. There bee that ascribe
 the same to the Birch tree, and also to the roote of wilde Suceozy
 hanged at the neck in manner of a Crosse. Which Mizaldus saw
 obserued in a Dog, one of whose eares was almost eaten off with
 wormes.

57
 It is proued oftentimes by experiment, that many being borne
 in Coniunction of the Sunne and Moone, doe dye in the op-
 position: (that is, in the full of the Moone:) and they that be borne
 in the full of the Moone, are dead in the coniunction, (that is in
 the new Moone.) Taynier.

58
 Put two or thre of the seedes of Oculus Christi into your
 eye, and within a while after you shall not seele them. Whereby
 you will thinke they are not there. But at the last they will drop
 or fall out of themselues, compassed about with slymy matter,
 which hinders the sight. Which if you see, they will cleanse and
 cleare your eyes marueilously. This I know to be very true.

59
 If one doth buy Warts of them that haue them, and giue them
 a pinne therfore: if the party that hath the Warts, pricke the
 same pin vpon some garment that he weares dayly, or common-
 ly, the Wart or Warts without doubt will diminish and weare
 away priuily, and be cleane gone in short time. This was told
 me for an often tryed and proued thing: yea, and by such a one
 as had scene the experience thereof. Also Warts rubbed with a
 piece of raw Wexse, and the same Wexse being buried within
 the ground, the Warts will weare and consume, as the Wexse
 both rotte in the ground. Proued.

60
 Salt Armoriack Stamp, and mixt with water, doth make
 white

White Letters, nothing differing from the colour of Paper, but if you hold the same Paper to the fire, the Letters will waxe black. Mizaldus. 61

A thing to be marvelled at, and worthy to be remembered both follow, declared by Iouianus Pontanus. A certaine Caetane Woman, (saith he) was married to a Fisher, whom he did vse as his Wife, according to the order of Marriage, many yeres (as Anthonius Panthormita, being a friend of the same Fisher, was wont to tell to the said Iouianus Pontanus, when he was young :) which woman after she had ben married fourteens yeres, did become to be a man, and suddenly there sprung out the members of man, in the naturall place of the Woman. Which being so ashamed of her condition, as one that thought she should be mockt or laught to scoone both of Men and women, became a Religious woman, and liued in a Monastery, where hee knew her the rest of her life. And she was buried at Rome, in the Temple of Marie or Minerua. And another woman called Acmlia, was married to one Anthony a Citizen of Epula, and after she was married twelue yeres, she was changed into a Man, and was conuersant with men, vsing then the artes and trades of men, in that Country, and married a Wife. This writes he in the tenth booke De rebus coelestibus, &c. Mizaldus. 62

If the Lord of the Ascendent be Combust in the Ascendent, or in the first house, it signifies short life to the childe then borne, Taysnier. 63

Take the inner rinde of an Oake tree, and see the it well in faire water, and then bathe any soye old or newe therewith, halfe a dozen times together, twice every day, and at euery time when it is thus bathed, then anoint it with Butter and Brimstone mixt wth together, and within nine or ten dayes, it wil be whole, (God willing.) A true and tryed medicine. 64

This following will helpe the yellow Jaundies with speede. Take a Burre roote, the greater the better, scrape it cleane: then take a pot of new Ale, and put your roote therein, and the Ale wil boyle, and let it be therein one day and one night well stopped, the let the patient drinke a good draught, two or thare times, and he

will be whole certainly. Proued.

65

The sick is much to be feared, if in the Ascendent, or in the eighth house, or with their Lords, there be euill Starres or Planets. But if good Planets be there, it is safe enough. Iatromath. Guat. Ryff.

66

Aristotle and Auicen do affirme, that of the round and short Egge, the Cocke chicken doth come, of the long and sharpe Egge, the Hen chicken. Mizaldus.

67

If you put yellow Amber into hot melted ware, (before wel skimmed) it will be then as soft as clay, so that you may make things thereof, in what soyme or fashion you will, it will be so tractable and soft. Mizaldus had this secret of a certaine cunning Lapidary.

68

There is nothing better to drie away Serpents, or snakes, then the smoke of olde Leather, or olde shoes burned, or else to bring them out of ones body, befoze crept into them by sleeping open mouthed. Therof Marc. Gatinacia an excellent Physicion doth write, that the like did happen to a certain man in his time: to whom when many medicines were giuen in vaine, the said man receiued the smoke of old Leather at his mouth by a funnel so that it went into his body, and as soone as the venemous thing in his body felt the saide smoke, it came out at his fundament. Which was a marueilous great Wyper, to the great maruel and feare of all them that were present.

69

Soethe the inner rinde of the yong branches of a Wasell tree in small Ale, vntill halfe be consumed, and let them that haue the Strangury drinke a good draught thereof first and last for the space of eight or nine dayes together, and it will helpe them certainly, for it neuer failes. Theresoze proue it and praise it.

70

In the first beginning of any sickness, or at the time of a question for the state of the sick person, if the Moon be corrupt or afflicted of Saturne in the thre first degrees of Scorpio, it betokenes death, Iohannes Ganiuetus.

71

A notable medicine for the *Siatica* doth follow. Take Dre dung and Pigeons dung, of either one pound, and mix them well together, with one pottle of white wine, and let them boyle together until half the wine be consumed, then straine it throzow a linnen cloth: then put thereto halfe a pound of Hunny, & twelue yolkes of Eggs, and halfe a pound of melted Ware: and mixe all together with as much Barley meale as will suffice for the making of it in a plaister, and put it hot to the painefull place. This was proued by King Henry the first, as the writing did witness, out of the which I had this. Besides it hath bene since proued.

72

Let the Physicion take hede of his first visiting of the sicke in the houre of Saturne and Mars: if he come to him in the houre of Saturne, either the sicke will dye, or else the Physicion shall haue great labour, doubts, and slacknesse in the curing of him. Neither shall he helpe him, except it bee euen to desperation, or out of all hope. And if he be sent for, or goe to him first in the houre of Mars, there will be chidings and brawlings betwixt him and the sicke party, and small gaine. The houres of Iupiter and Venus are much praised. The houres of the other Planets are indifferent. *Iatromathematica. Guat. Ryff.*

73

A greene Lizard hath a great delight to behold a man in the face, for hee will louingly sawne vpon him as a Dogge, with the moving of his tayle. And as much as in him lyes, will defend him from a Serpent that lyes lurking in the heards to hurt him. *Lemnius.*

74

The iuice or water strayned out of Radish rootes before stamped, mixt with white wine, and the powder of Turpentine burned, or dyed in the Sun, and so receiued, is an excellent medicine to break and driue forth the Stone. And it is giuen with happy successe. A thing proued, much better then gold. *Mizaldus.*

75

If the Lord of the Ascendent be found in the ninth house, he that is then borne, shall of his owne will, goe farre and long iourneys. And if there be a good Planet in the same ninth house with him, or else doth behold him with a happy Aspect, then it shall

P 3

happen:

happen well to him in his wronges. If an euill Planet, then contrary. *Taylor.*

76

Lay a thurme piece of raw Beefe to the sothead of them that have lost their voice, and let it lye thereto all night unremedied, and it will helpe them plentifully, or at least within thre or foure shortall applications.

77

Eate the bones of Beasles which be found in the fields, and chirke of Hopses (because they be best therof) and let them be well washed: after let them be rosted at the Sun, then put them into a great Carboy with water, and let them scidge long, and gather the fat that swims about, wherewith anoint the grinde or Pallery, of whatsoever cause they come, and it will be helped.

78

Sooth Bay, Hugwort, Wallwort, and the inner rinde of Cibeine, in water with much Salt, and bathe therewith any Sinitica, thrice or thrice a day for right or nine dayes together: and the party griev'd will be made whole. This I had out of an old written Booke, wherein were many excellent things.

79

If you sprinkle the powder of Saffron round about the wick upon the Dyle in a faire greene and bright Lampe of Glasse, and let the same burne, (so that there be none other light in the same Chamber:) it will beautifie all things in the same place, with a faire Yellow colour. You may proue it by other colours likewise.

80

The dung of a Wolfe, being hidden in a Stable or house, where Cattell bee, especially Sheepe, it will not only make them leave from eating of their meat, but also it will canie them to sturc up and downe, and to bleat, or to make a noise, and also to quake and tremble, as though their denouncing enemy the Wolfe were there present. Neither will they cease from doing thus, untill they see or perceiue, that the said dung is taken away. *Mizaldus.*

81

There is nothing better to draw forth Thornes, prickes or any other thing whatsoever, in any parts of the body whersoever it be, then blacke Sope applyed to the place, letting the same lye thereto twelue houres without removing the same.

21

82
A certaine noble Patrone in the parts of Spaine, had a strong imagination of a great Ethiopian, painted in her chamber, with other, in the time of the act of generation. Which Lady afterward was deliuered of a Boy, like to the great Ethiopian painted, before named. Which child being bozne, euery one beleued, that she had layne with some one of the Slaues of the Saracins, for that the child was like none of his Parents. Whereupon the ministers of Justice, with consent of her Husband, and other, did decree, that she should be burned after the moneths end. But before the ministration of this Justice or execution, certaine wise men were called, whercof one desired, that he might see the place where the Child was begot: which when hee had seene, hee considered that that generation was by the strength of the imaginative vertue: And then he said, that that great Ethiopian was the father of the child: Bringing forth for the confirmation thereof, that place of the Bible, where Iacob put speckled Kids before the Sheepe: by which imagination the Sheepe brought forth speckled Lambes, which when hee had spoken, the Lady was deliuered from burning. Wherefore as I haue written in other places of this Booke, men ought not rashly to mislike their wines, (hauing none other occasion,) because their Children are unlike to their Parents. For as you see here and in Iacobs Lambes, Imagination is of inarticulate force in the time of generation, which doth not onely worke in men, but in Beasts. Gaius writes this History, who as it should seme, hath it out of Lyra.

83

The flowers of Marigolds, as also of Succory, and of certaine other hearbes, doe begin to open at the rising of the Sunne, at noone they are fully and wholly opened, but they are closed, or are shut, when the Sunne doth set. Therefore some call it, and such other, Sponsus Solis, the Spouse of the Sunne. Because they sleepe, and are awakened with him, &c. Mizardus. And the dayly triall thereof affirms it.

84

If Ases doe eate much of Hemlockes, they will be cast thereby into a dead and deepe sleepe, that they will seme to be dead.

Which

which hath deceiued the Countrymen being ignozant thereof: for as they haue bene slaying off their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe, to the great terrour of them that did slay them, or cut off their skinnes, and to the great laughing of them that did behold them, as Andreas Matthiolus, (that learned Physician,) hath written in his commentarie vpon Dioscorides.

85

Put the ashes of a burnt & naile, vpon the Spot in the eye: and within thre dayes it will take it away. Barh.

86

If one comes to aske or enquire the Astrologian, for any thing in the houre of an euill Planet, that is, of Saturne or Mars, it is a suspicion rather to euill then to good. And chiefly, if that euill Planet be any where impedit, Retrograde, or Combust, or in his fall, or Cadent from an Angle. And this is to bee vnderstood likewise of the comming of any on the behalf of any that is sicke, or bringing the vaine of the sicke, or of any that doth aske counsaile, or enquire of the estate of the sicke, (though the vaine be not seene,) it is a suspicion of euill for the sicke, though it be not a full testimonny thereof. Ganiuetus.

87

If a woman, that is too much weakened with her monthly course, doth cast the same, or let the same run into a hole made in the ground with a thre squared stake, (the same stake immediately after being put or driuen into the same hole, and so remaine therein vnrremoued:) her said fluxe will stay or cease, being thought befoze to be vncurable. An honest woman reuealed this strange secret to me, which proued the same to be true: and she learned it of a poore Woman, that required almes of her at her doore.

88

In the Lake called Larius (which now is called Comensis), certaine Fishers in the winter did draw with their Nettles to the dry land, a great sort of Seamewes, seeming to be dead, which were iorned together with their bills or nebs in one another's tayle or fundament: and being warmed with their guts, were found aliue. Garua. Tibellesius.

The

89

The leaues of Dockes doe loose the belly, and makes one laxatiue: but the seeds being taken, doe bind and are restrictiue

90

If Wine haue taken any tartenesse, or solwrenesse, take a pot filled with good water, and let it be well covered, then set the same pot with water in the vessell with Wine, (so that the pot stand vnder, or within the Wine,) and at the three dayes end, if the Wine haue gotten his former strength, the water will smel, and then the wine will like thee. Tarentinus.

91

A piece of raw Beefe, not too thicke, nor too thin,) being layd or steeped all the night befoze in good Aqua Composita, and applyed to the temples of the forehead, without remouing all the night: and thus doing three or foure nights, (dooth helpe the watering and paines of the eyes, and all distillations and rumes that come from the head or braine. One told me this, which had often proued it to be most true, as a great secret.

92

When Mercury is in the tenth house not impedit, the childe then borne, will be mighty, wise, and a great Philosopher, Coeli enarrent.

93

Anoint young Swallowes with Saffron, and soue after the old Swallowes will bring a Stone vnto them, wherewith the Droptic will be cured. This I had out of a booke of secret.

94

An Egge laid on a Thursday, and emptied and filled with Salt, and so set it in the fire, remaining there vntill it may be made in powder, and then cankerd teeth rubbed with the powder thereof, it both killes the canker, and the wormes that eate the teeth, and destroies them. Proued for trueth.

95

This following will destroy Kingwormes, Letters & Scales in the handes, Take white Copoyce, the quantity of two Beanes, and put it into a pinte of cleare water, till it be resolued or melted: and with that water wash the place or hands, till they be whole. Proued.

96

Stamp Parsly in white Wine, then straine it well, & drinke a

D.

good

Good draught thereof, and it will cause thee to make water, and
 breake the Stone, vse it fve or sixe times. This hath bene well
 proued.

97

The wise and learned men in olde time did thinke, that a
 Loade put into a new earthen pot, and set it within the ground,
 and so couered with earth in the midst of a field, will driue away
 Crowses or Birds from Corne that is sowed there. But about
 Harvest time they will that it be digged up, and so cast forth
 of the limits of the fieldes, lest the Corne bee bitter thereby.
 Plinie.

98

A little piece of the Pauell-string of a child, that is newly
 borne, enclosed in a Ring, and so borne that it may touch the flesh
 or bare skinne, is a most sure helpe and remedy, against the
 great paines and torments of the Collicke, Mizaldus.

99

They whose hairs of the eye-browes doe touch or meete toge-
 ther, of all other are the worst. They doe shew that he or she is a
 wicked person, and an entiser of seruants, and given to vnlaw-
 full and naughty Artes: which Iohannes Indagnies saith, he
 hath obserued in old women being Witches, which were led to
 be burned, whose eye-browes were such. As Thaddeus Hagec-
 cius hath also noted.

100

Saturne in the ninth house, both signifie feates in iourneyes,
 but more in the Sea chiefly, in a watry signe, and in Cancer the
 house of the Stone. Taysnier.

The end of the sixt booke.

The seventh Booke of Notable things.

1

The water wherein the leaues of Planten, y growes
 close to the ground, and nere the roote, is sod, being
 drunk twice euery day, morning and evening, first
 and last, halfe a pint at a time, for the space of foure
 or fve dayes, helpes perfectly all griefes and dis-
 eases of the bladder. A true medicine, and often proued.

A

J. J. Austchinsons Booke 2662.

2

A notable water for breaking of the Stone. Take of the iuice of Saxifrage, two pound, of the iuice of Bromell, and of the iuice of Parlie, of either one pound, of the iuice of Betony, of the iuice of Nettles, and of the iuice of Kamsens, of each halfe a pound, of Strong white Vineger, ten ounces, of the flowres and seedes of Worme, and of the Rootes of Rabbitt, of each two handfulls, Stamp the last rehearsed well, then mixe the same with all the iuyces before mentioned, and thereof distill a water, with a gentle fire: of which water giue to them that haue the Stone, one ounce at one time, with Drimell Diuriticke, (which you may haue at the Apothecaries,) vsing the same nine or ten dayes (if need be:) and it will breake and auoyde the Stone wonderfully. There cannot be a better medicine for the Stone: proue it when you will.

The best help
for the Stone.

3

In the Ilands of Ireland, and Orkades, in certaine places there, there be certaine Trees, much like vnto willow Trees, out of which come forth certaine little haire, encreasing by little and little into Birds, hauing shape of Duckes, hanging vpon the bough by their nebs or bills: and when they are come to full perfectnesse, they fly away of themselves, or fall into the next Seas, which Birds we call Barnacles. This is related by the people that dwell there. Mizaldus.

4

If one be bewitched of any, put Quicksilver into a gull, and stoppe it, or else into a hollow Nutshell, enclosed fast with waxe, and lay the same vnder the pillow of the party bewitched, or vnder the Threshold of the doore where he enters into the house, or Chamber. Iohannes Weckerus.

5

He that will deliuer a Summe of Money in the houre of the Daye, he shall haue much adoe to get it againe: And at last shall mistrust of the recovering thereof: but at length he shall recover it, but not all. Abablez filius Zaed.

6

Betony stamp and made in a plaister, and laid to the eye, healeth a Stripe in the eye. And if the eyes be washed with the water wherein Betony is sodden, they will be whole without dimness.

A 2

ness

nesse or other blemish. And if you drinke a Dramme of the powder of Betony, with the water of Betony, it will bring down and heale the cloudinesse and bloodinesse of the eyes. And if betony be eaten, it dryeth vp the teares of the eyes. All this and moze hath bene proued of Betony.

7

Marke on what day any doth fall sick, and number the dayes from the first Calends of July, (which is the 26. day of June) untill the day when the party did first begin to be sick: and deuide that whole number by thre, and then if at the last, one remaine, he will quickly escape, if two remaine, he wilbe long sicke, if thre remaine, then it is to be feared he will die of that sickness. This I had out of a booke of secrets.

8

A maruailous cure of a woman that was swolne, done by one Iohn Ardern, whose words thereof were these: I Iohn Ardern did see a certaine Woman at Newmarke, whose whole body was suddenly swolne, and also the face, necke and legges, who did lye as though she were half dead: to whom I gaue the roots of Daffadill stamp, & mixt with water & Saffern, which being drunke, she was quickly whole. I wrote this out of an old written booke.

9

Take heed in letting of blood or giving of Purgations, or strong medicines, that the Lord of the eight house be not with the Moon or with the lord of the Ascendent. Likewise that the Moon nor the Lord of the Ascendent be in the fourth or eight house, nor that the Lord of the eight house be in any Angle, and it is not good that the Moon be in the Ascendent. Iatromath. Guat. Ryff.

10

A Winde rising in the North in the beginning of the night, or in the day-light, by and by hee ceaseth, and leaueh his place. Wherefoze it is, that the Mariners (hauing iust tryall therof) wil not set forth in that winde, vnles it hath continued thre dayes. The South winde is contrary, which if it rise or begin in the beginning of the day, it brings hope to the Mariners that it wil continue, and not quickly depart out of that place. Mizaldus.

11

The skin of the right heele of a Vultur laid to the right foote, &

of

of Notable things.

119

of the left héele, to the left foote, of them that are pained with the Gout: It is said that it doth mitigate the grieffe, and ease the paines. Mizaldus.

12

Lute strings or Harpe strings cut in little pieces, and cast vpon flesh newly sodden or roasted, will seeme to be Wormes. Whereby they that know not therof, will refuse the same meat. Mizaldus.

13

If the **Varo** doth swell and be greiuously pained, mingle ware, Oyle, and the iuice of Purslane together, & apply it to the swollen **Varo**, and it will helpe it. It is often proued.

14

Iohannes Ganiuetus writes, that in the yere of our Lord, 1431 the seventh day of August (being Tuesday) about seuen of the clocke in the morning, one **Maister** Henricus Amici, a Doctor of Physicke, bozne at **Burels** in **Bzabant**, did aske him for the Lord Deane of **Viennens**. then being sick, whether he should die or recouer that sicknes. In the figure of wherby question, he found that the **Moone** was going in coniunction to the **Sun**, vnder the beames of the **Sun**, which was a testimony of death with diuers other liklyhoods of the same. But espying **Mercury** beginning to be retrograde, within one degree of the **Ascendent** (corruption the degree ascending) did iudge that he should shortly fall into a frensie, at the farthest within a naturall day: although he was a very wise man: And so it came to passe, for within lesse then a naturall day, he became franticke, and dyed within two daies after.

15

Take Cloues of Garlicke, and burne them in a pot all to powder, and if you vse to eat of that powder in your pottage, doubtlesse it will procure you to make water, if you are troubled with the Stone.

16

If you put the powder of **Allom** in water, whatsoever you write therewith, the writing or letters will not appeare, vnlesse you put the same paper in water, and then you may read it perfectly. **Bapt. porta.**

17

This that followeth is a most excellēt true and sure proued medicine for a great and old grieffe and paine in the head. Take of bay Salt stamped by it selfe, as much **Comin** seede stamped by it selfe, as much browne **Fennell**, and then stamp them all together.

¶ 3

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then with as much pure vineger and a little Rose water, mix and Air them all together in a dish, ouer a chafindish of hot coles, and then lay some of the same hot vpon a cloth, and apply it so to the hinder part of the head at night, and tye it fast thereto that it fall not away. And also lay on another plaster thereof hot thereto the next night, & so doe nine nights together, one after another: and it will not onely helpe the same, (perhappes within thre or foure times so doing:) but also it will clere the sight, and drawe the humoors, cleane away, that runne out of the head into the eyes, and dry vp the same. This Medicine neuer failes. Therefore it is a precious thing, and worthy to be esteemed.

18

A good way to get the stone called Cranpaudina, out of the Tode. Put a great or ouergrostone Tode, (first byused in diners places) into an Earthen pot, and put the same in an Ants hillocke, and couer the same with Earth, which Tode at length the Ants will eate: So that the bones of the Tode and Stone will be left in the Pot, which Mizaldus and many other (as hee saith) hath oftentimes proued.

19

It is said, that the Female Wiper doth open her mouth to receiue the generatiue sparne of the Male Wiper, which he doth, by putting his mouth into her mouth, which re ceiued, he doth bite off hts head. This is the manner of the forward generating of Wipers. And after that, the young Wipers that spring of the same, doe eate or gnaw asunder their mothers Belly, thereby comming or bursting forth. And so they being reuengers of their Fathers iniury, doe kill their owne Mother. Galen de Theriaca ad Pisonem. You may see, they were a towardly kind of people, that Christ called the generation of Wipers.

20

Take the Sage, and drinke it, either stamp it, and lay it to the matrix: for both waies it prouoketh the flowres and afterburthens. Pet. Hisp.

21

The girdle woone of a Child, being vnder seven yeres of age, some sayes twelue yeres of age, taken and tyed about the middle of one that hath the falling sicknes, and then presently taken from the said party, and cut in nine pieces, and euery piece throwne nine severall waies, is a present and perfect remedy to heale

heale and helpe the same party thereof, without saying of any words. They that told it to me, did see it proued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not preuaile, but at the first falling of the party.

22

The tongue of a Dog laid vnder the great Toe within the shoe, doth cease the barking of Dogs at the party that so weares the same. Mizaldus.

23

The skin of an Ass being tanned, and Shoes made of that part of the Hide, wheron the burthens did lie that the Ass carried, they will neuer teare nor be worne. So although you goe continually among stones and thornes, and with the oldnesse thereof, they will wære hard, that one canuot suffer to weare them, as Cardanus hath witten.

24

To stop the bleeding of the Nose: take nine or ten fresh new Leakes, and put a threede thozow the mids of them, but cut off the toppes of the Leaues, then hang them about the parties necke that blædes, so that the leaues be vpward to the Nose, and the heads of them downeward. It is good also to smell to Camphire dissolued in vineger, and also to put the roote of Piony vnder the tongue. Iaco. Holle.

25

If you take of mouth glue and Allome, equall parts, mixing them together, and then poluze vineger to them, what thing soeuer you shall cast into the fire, being rubbed, or all ouer anointed therewith, it will not be burned. Mizaldus.

26

Mars in the Spith House, doth threaten in long iourneyes, chiefly on the land, feare and euill hap or successe: but not in Capricorne, seeing it is his exhalation. Taysnier.

27

It is credibly reported, that whosoever is sicke, and at the point of death, though they be marueilous old, lying or being in a certaine place in Ireland; the same party cannot dye, vntill hee or she shall be remoued out of this place: And many that haue been there, being very old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue beene out of the place, haue dyed presently. A very strange thing, if it be true.

Stamp

28

Stampe Kew with oyle of Roses, and lay the same somet hing thicke vpon the crowne of the head, of one that is sicke the same being first shauen, and if the same party do neese within six houres after, he will escape that sicknes. If not, he will dye thereof.

29

To make a green that it will not fade away. Take the flowers of flouwerdeluse, stamp them and strain them, then put the iuice thereof into gum-water, and dry it in the Sunne.

30

To make Letters of gold: Take gum of Almonds and temper it with Vermilion finely ground, let the gum be dissolved in the white of an Egge, then write therewith and it will belike Gold. Proued.

31

If you will knowe in what yere Wheate will be deare or cheape, and what time in the yere, and what moneth the same will chance: Elect or chuse twelue saue Cornes of Wheate, in the Balends of January, which is the first day of January, then sweepe the fire harth cleane, and make a fire: then take a yong wench, or boy of the house, or else one that dwels nye you, and bid the same boy or wench lay one of the same Cornes on the same being hot and made cleane: and when that is done, marke diligently, whether the said Corne abide still in the place, or leape: If it be still, then say that the price will continue: If it leape a little, the price will abate a little: If it leape much, then perswade thy selfe, that it will wane very cheape: if it leape towards the fire, it will be dearer in the first month, and so moze or lesse, for the greater or lesser accesse of the same to the fire. Do so with the second Corne, and it will presage for the second month, that is for February: And so you may iudge all the rest. What is, the third Corne for March: the fourth for Aprill, and so for the other. Mizaldus hath heard that it hath bene proued of many.

32

The Lyon is moze fierce against Men, then women: for Nature hath taught him that women are to be moze mildely vsed then Men: as Plinie affirmes. And Aristotle saith, that it is moze wicked to kill a woman then a man, &c. And the Poet saith: Quod feminea in poena nullū est memorabile nomen. Which is true

trne. A man also can get no praise nor honesty by beating of a woman. Which let butcherly beaters and cruell tormentors of their wiues marke well and consider. Mizaldus.

33

A spoonfull or moze of the powder of Pettle seed, dranke in good wine, doth allwage all paines of the Matrix, and takes away the windines thereof, or the grieffe of the Mother. Per. Hisq.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong Vineger, till it be tender: then fill the glasse almost full with water, then put the windie Egge into the Glasse: and anon it will be hard. Proued.

35

To roast a dish of butter. Take fine grated white bread, and mix the same well with Sugar, then put a lumpe of butter vpon a Spitt, and turne the Spitt at the fire, & still cast the grated bread and the Sugar vpon the butter, and it will be a fine and trim dish of meat. Proued.

36

If a certain woyme with many feet, which will become round like a pease if shee be touched, of some called a Swine-some, be prickt with a Needle, and then any aking tooth touched with the same needle the paine therof will cease immediatly. This I got out of an old booke.

37

They are possessd with diuels, that haue not in their Patiuities Mercurie, with the Spone in some aspect, if neither of them behold the Ascendent: Which is the moze certain, if Saturne be there in the Patiuitie of the day, and if Mars be there in the nightly Patiuitie: And if either of them be in an Angle, such is the Patiuitie of Diuels. Alphazen. And they are or will be mad, that haue Mercury and the Spone in this sort, except that Saturn contrary must be in an Angle in the Patiuitie of the night, and Mars in an angle in a Patiuitie of the day. Iatromath.

38

There is a certaine well at Gratianapolis, which although it hath not hot or warme water therein: yet oftentimes there comes out of the same together with the water flames of fire, two contrary Elements at one time, out of one place flowing out together. Mizaldus writes this of the report of the Inhabitants of

H.

that

that place.

39

If you stamp Hollicocks with the whites of Eggs, and therewith anoint your hands, and throw then vpon the same the powder of Allom, you may handle fire without any harme. Alber. Praise it as it proues.

40

Drinke no medicine in the houre of Saturne, neither enter or begin then any iourney on the Sea. Haly Abenragel.

41

White Taine, wherein Lapis Calaminaris is seven times quenched, first made very hot in the fire, doth maruilyly stop the running of the eyes, and cleareth the sight, if you put a few drops thereof into them, and vse to wash them therewith. This is a tryed thing.

42

If you would allure or bring Pigeons to a Dovehouse, take a fat Dog and slay him, and fill his belly full of the Seedes of Cummin, then roast him dry, wash also the Pigion holes in the Dove-roofe with wafer wherewith the Cummin is sodde: but first cleanse the said holes from all filthinesse, then lay the roasted Dog vpon a broad stone in the Dovehouse, and hang a great Glasse in the toppe of the Louer, and three or foure little looking Glasses within the Dovehouse, by some of the holes. Also take good clay and mingle it with bay salt and Cummin, and make thereof a great lump like vnto a Sugar Loafe, then put it into an Oven and make it hard, and set it by the dead Dog. Beware of Owles, Buzzards, and Starlings, see the house be close that no vermine come therein, as Polecats, Wezels, or Ferrits, and you shall haue Pigeons enow. Also make a shape by the Dovehouse, straw Chaffe there, then lay therein a good quantity of Barly, but it must first be laid to steepe in Hony three dayes, and then cast it among the Chaffe, and then a great sort of Pigeons will resort to the Dovehouse.

43

Linsede put into the rootes of Rabish, and by and by put into ratte or dunged earth: it will bring forth an hearbe like Dragons, whose taste will seme like Vineger and Salt: therefore it is maruilyly desired in Sawces: for hauing this, you neede neither vineger nor salt: as one that is chiefe of the kings Gardens told me, saith Mizaldus.

Acres

44

Fores being sod, or cut in pieces, and then given to Hens or Geese amongst their meate, it makes them safe from being hurt of any Feres after, for the space of thre months. Mizaldus.

45

The seeds of Docks, tyed to the left arme of a woman, doth helpe barrenesse, sterilitie, Africarius.

46

The Heene and the Ascendent, are generally Signifiers of the whole Ship, and of the state thereof: and the Lord of the Ascendent is the Signifier of them that sayle in the same, wherof if all they be infortunat, the Ship is broken, and they that sayled in her are drowned, vnllesse some one of them be receiued, that is of the said Signifiers, and then the Impediment will chaunce in the drowning, and some climbers of the Ship will escape: but if all they be fortunat, all shall escape and be saued, that is, both Ship and men, chiefly if there be any reception. Furthermore, if the Ascendent and the Heene be both fortunat, and the Lord of the Ascendent infortunat, the Ship is safe, and the Sailers in her are destroyed: but if the Ascendent and the Heene be infortunat, and Lord of the Ascendent fortunat, the Ship is ouerwhelmed, or lost, and the Sailers in her are safe. Haly Abe.

47

Goates dung mingled with Vineger and Bran, and applied as a plaister to a soze breast, loseth wonderfully all swellings of the breast. It hath bene proued.

48

Betony Rampt and applyed to any wound of the head, doth not only draw out the broken bones, but also doth heale the same with speed.

49

A speciall medicine to strengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Marigolds, Plaxten, Betony, Parsly rootes, and Fennell rootes, of all tise handfuls: boyle all the e together, vntill the wine be halfe wasted away: then strain them thorow a cloth, and drinke nine or ten spoonfuls therof euery morning & euening for the space of nine or ten daies: and it will strengthen the backe prauerlosly.

ii 2

Fius

50

Five-leaved grasse sod in water, which if it be drunk and gulpt by and downe into the throat, is an excellent help for soze throats.

51

They are diuellish or possessed with Diuels, in whose Patienties Saturne is Lord of the place of the Moone: and the Moone then vnder the beames of the Sunne: or if Mars be Lord of the place of the Moone opposite to the Sun, especially in Sagitary. Haly Abenrageli

52

To keepe Beasts safe that the blinde Moule called a Shrow do not bite them. Enclose the same Moule quick in Chalke, which when it is hard, hang the same about the necke of the beast that you would keep safe from byting: And it is most certaine that he shall not be toucht nor bitten, as it is also said. Vegetius.

53

I heare (saith Mizaldus) that it is obserued and proued, that a Cow, a Cwe, a Shee-Affe, a Bitch, a Shee-Cat and such other domesticall & tame Beasts of the female kind, wil cast their Calf, Lamb, Colt or that they goe withall, if the Male, by whom they conceiued, be killed while they went with the same. Such a strong and vehement concord or agreement of nature is betwene or among them.

54

If the ninth house begin in a fixed signe, or if Saturn be found in the same (except it be Aries) they that be then borne, shall for the most part see true Dreames, but if in a moueable signe, his Dreames will be without effect. &c. Tailnier.

55

A notable oyntment for the head-ache, comming of any cause, wherewith you must anoint the pulses of the temples and all the forehead. Take of the iuice of fresh Camomil foure ounces, of the iuce of fresh Roses two ounces, of the iuices of fresh Kew and Betony, of either one ounce and a halfe, of the iuice of the roots of holiocock two ounces, of oyle Rosate Omqhacine, one pound & a halfe of the best & purest Alabaster, three ounces, powder of Alabaster fine, ly beaten, then put into the oyle, and let it ly therein a day & a night, then mix them all together, and with sufficient white ware: make it into an oyntment, which oyntment, is good for any paine of the head, proceeding of any matter or cause. And it may be used at a

672

ny tinte of the fit or paine except the beginning. *Emperica Benedicti Victorij Fauenti.*

56

An excellent distilled water for hearing followeth. Take of the iuice of Betony, of the iuice of Onions, of either of them five ounces, of the leanes of Rosemary stamped one handfull, of the oyle of bitter Almonds three ounces, and one white Cele grosse chopt and cut in small pieces: mixe them all together and distill them, and the liquor which cometh thereof, kepe in a glasse, drop two or three drops thereof into your eare foure or five nights together, and it will help the deafenes.

57

It is much to be marueiled at the little bird called a Wren, being fastned to a little sticke of Hasell newly gathered, doth turne about and roste himselfe. *Cardanus and Mizaldus.*

58

Thou maist make faire pictures, Vessels and many other fine things with small cost and expences as followeth. Seethe the bark of the Elm tree and the tops of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Curds of milke. Afterwards put thereto the whitest Marble that is well and finely beaten into powder, & serced: and then cast the same in what forme you will: then dry them in the shadow. *Hieronymus Cardanus.*

59

Hermes doth say, that an euill Planet in Cancer, doth threaten short life and continuall sicknes to the mother of the Childe then borne.

60

Wimstone stamped with wine, and plaistered ouer the Dugs or Paps of Women, breakes the hardnes of them. *Isac.*

61

Water Spints stamped and laide to the midst of the brow, and to the nape of the neck of one that is mad, will much helpe and relieue him. But first tickle him on the brow, and it will dispose him to sleepe: and then apply it to him as is before said. But if he be far gone, that it will not helpe him then take a Beuch and cleaue it in the midst, and so warme, lay the one part to his brow, and the other to the nape of his necke: and without doubt it will help him, if euer he shall haue help. This I tooke out of an excellent written Booke.

K 3

F 02

62

For burning with fire. Take Dyle Ollif, and put it into cold water, and stir it well together, till it be well mixed: then anoint the burned place therewith, and lay a Wicoyt leafe vpon it, and it will heape it spably. Proued.

63

Stampe Galloloes and Garlike together, and mingle it well with white Wine, then straine it well, and drinke a good draught thereof nine times, and it will make thee make water, of what occasion soeuer the same is Aopt. This is affirmed for truth.

64

If you will bying forth or hatch Egges without a Hen, couer your Egges in hot Horse dung, (so that the bigger part of the Egge be vpiward) but every fifth or sixt day, shift them with new Horse dung, with a temperate heate as the heate of a Hen. But remember that the egges must be turned, and about the time of the hatching or when they should come forth of the shell, put them vnder a Hen. Mizaldus.

65

Although the fruit of a Medler Tree by nature be restritius or binding, neuertheless the powder of him doth vehemently breake the stones in the reynes, and driues them forth. Which Anthonias Musa an excellent Physicion doth witness, that he hath proued with most happy successe on himselfe. Mizaldus.

66

The blood of an Ware dyed and made in powder, and thron vpon flesh newly roasted or sodden, makes the same flesh seeme to be bloody and corrupt. So that they that be present, and sees the same, vnlesse such as know the secret thereof, will loath to eate therof. Mizaldus.

67

The ancient Wise men haue said, that he that is taken prisoner in the houre of the Sunne, shall escape within the space of one moneth: and in the houre of Venus, he shall escape at the end of forty dayes: and in the houre of Mercury, he shall haue long imprisonment, and he that is taken prisoner in the houre of the Moone, his businesse and state shall be changed, according to the applications which the Moone hath with fortunate and infortunate planets: whereby the easinesse and stownesse of his deliuering shall be esteemed. Also, he that is taken prisoner in the houre

houre of Saturne, he shall indure long imprisonment: and he that is taken prisoner in the houre of Iupiter, he shall be delivered quickly. And they that be taken prisoner in the houres of Mars, many sorowes and troubles shall happen to them during their imprisonment. For he shall be put in fetters, and shall be beaten, and he shall suffer great sorowes and labours. Haly Abentagell.

68

This medicine following, will surely heale a scald head. Take ople Diske, and put it into a dish with faire water, and beate oz stirre them well together, as ysu would make Butter, then take it vp, and put it into a vessell, and put powder of bymstone and Day Butter thereto, and make an oymntment thereof, wherewith anoint the sozehead, and doublesse it will heale it.

69

Woodbinde leaues stamp, and laid vpon warts, (vsing the same halfe a dozen times.) wil quite destroy them.

70

Frauncis Marques of Mantua, did so instruct oz teach a Dog, that he vsed him as a very good seruant, in calling of such of the Court as he would. Blondus.

71

Abenzeor an excellent phisicion among the Arabians, declares that once there was such a famine in the Country, that the people was driuen to plucke the dead bodies out of their graues, and did suck the marrow of their bones. A thing horrible to be heard, but more horrible to be done: from which need oz hunger, I beseech God keepe vs.

72

If the seedes that are found in the round knobbes of the lesser Wurte leafe, be made in very fine powder, and so giuen with a little good and pure White Wine, it purgeth the sand maruelous effectually from the reynes, but more speedily, if it be drunk with Aqua vita. Mizaldushad this of one that proued it.

73

If you see the Huswozt in water, and plaister it hot vpon the Pauell and thighes of a woman labouring with childe, it causeth both Child birth and the after burthen also: but if it tarry long there, it will cause the Matrix to follow. Rogerius.

For

47

Scalding and
Burning.

For scalding and burning that it be not seene. Take sheepes suet, and sheepes dung, and the inner rinde of Elderne, and boyle them all together, then straine them throu a coole canvas cloth, and so keap it in some cleane vessel, which when you see use, you must melt in a Saucer, or some other thing, and lay it on the burned place with a feather. Proved.

75

To draw out a tooth, fill an earthen pot with Emets or Ants and their eggs, and set the same pot in hot embers so long, until all be burned into ashes: and when any doth ake, which you would draw forth without paine, then take of the same powder, and touch the tooth therewith, and it will fall out.

76

Freckled face.

Anoint the freckled face with the blood of a Hare or of a Bull, and it will doe them away, and make the skinnes faire. Proved.

77

This following will helpe the hardnes of the side, called the Ciferake. Take the roote of Gladen, and make powder thereof, and give the diseased party halfe a spancefull thereof to drinke in white Wine, and let him eate thereof so much in his pottage at one time, and it will helpe him within a while. This was told me for a very truth.

78

Hugwort steeped in Rosewater, doth helpe trembling or shaking hands, if they be washed therewith. Mizaldus.

79

The Stone in
the Loades
head.

You shall know whether the Loadstone called Crapandina, be the right and perfect Stone or not. Hold the stone befoze, a Load so that he may see it, and if it be a right and true stone, the Load will leap toward it, and make as though hee would inatch it from you: hee enuieth so much that a man should haue that Stone. This was credibly told Mizaldus for truth, by one of the French Kings Physicians, which affirmed that he did see the trial therof.

80

Garlicke being solvne when the Moone is vnder the earth, and pluckt vp when the Moone is aboue the earth, it is said, that then his stinking smell wil be gone, Socion Grecus, and Palladius report, that Garlicke will be made the sweeter, if in the planting thereof

Thereof, you do set the stones of Oliues round about it, Or else if you set the Garlike bzused.

81

Lay a Spunge vpon any ache Golate, dipt in warme Wine of the decoction of Cummin, and it will draw out the hurtfull humozs. It hath bene proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and anoint Warts therewith, and it will destroy them.

83

If you take the outward rinde of the Radish root, and the hearb Mercury, of either one ounce, of Saffron thre graynes, of Cassia Lignia, finely powdred, one dram, the iuyce of Hauine, two drams, and then mire them, and let them all be beaten together, and then tye the same in a fine Linnen cloth, that is thinne, and then ioyne it to the neck of the Matrix of a woman that is in her traussell, and in the houre of the birth: (which else should bring forth her Childe with difficultie,) by and by she will be brought to bed. It is a secret. Benedictus Victorius Fauent.

84

He in whose Patiuitie Venus is coniant, or ioyned with Mercury, and they both being vnder the beames of the Sun, shall be gelded. Iatromath. Guat. Riff.

85

If you plucke out one of the eyes of a blacke Dogge, whiles he is liuing, and will carry it with you, it wil make that no Dogs shall barke at you: yea, though you walke among them. But it will be moze sure, if you put therets a little of the hart of a Wolfe. Sextus Platonicus and Albertus.

86

The iuyce of Knotgrasse, drunke with the powder of seuen Pepper cornes, befoze the fit, doth quite put away the quartan Ague. But it is said, that the hearbe must be gathered vpon a Thursday and the iuyce then likewise thereof must be gotten and strained (the Wine decreasing, which is betwene the full Wine and the change. (Mizaldus had this out of an old booke of secrets, written with the hand of one called Ianus or Faunus,

S.

A

87

A bath wherein Emmets, or Ants and their Egges, (being stamp) haue been sodden, doth quickly heale an old, and almost incurable ioynt sicknesse. Proued.

88

Falling sick.
If they that haue the falling sicknesse, doe vse to receiue twice or thrice in the weeke, at their going to bed, one of these little pilles following, without doubt they will be whole thereof how soeuer it comes. Take of the best Castor, Assafetida, of either halfe a dram, of the root of Piony finely powdered one dram, Aromaticum Rosatum, two drams: mixe them together with the scrup of Mints, and make thereof seuen pilles, (you may haue all this at the Apothecaries.) This is a proued secret. Emperica Benedicti.

89

An excellent oymnt for the goiute. Take three pounds of Malwozt, and stampe it well, then melt one pound of Bay Butter, and put thereto: and let them stand so nine dayes together, then boyle the same halfe an houre on the fire, then straine it throzow Camias, and so anoynt the payned place therewith. It is a notable and proued thing, not much vnlke to one in this booke, to that effect, described by Mizaldus.

90

This medicine following will destroy the itch in any part of the body. Take of Oyle Debay, one vunce, and one ounce of Quick siluer first killed with fasting spettle, which must be a killing therein with stirring of them together, halfe an houre: Then therewith anoynt the Palmes of your hands, and the scales of the face, and within three or foure times so doing it will kill the itch.

91

A Candle.
If you will make a Candle that wil not be put out, fill a cane with the powder of Brimstone, and with a Linnen cloth broken in very little pieces, then couer the same with ware, and so set it on fire: and then it will not be put out, neither with Bellows nor winde.

92

Oyle wherein Frogges be sodden, vntill the flesh be gone from the bones, doth maraculously helpe all effects of the sinewes and the ioynts, and also all parts of the body that is cold, or benumbed, if the places affected be anointed therewith, being first made warme.

warne. This is gotten out of the secretes of Ianus.

93

If you will bying into one place, or else kill all **Wormes**, and **Beasts** that are hurtful in a garden: take the belly or paunch of a **Weather** newly killed, with all the filth or dung that is in it, and bury the same in the place where they be, and couer it a little with earth: then within two daies thou shalt see all the **wormes** and **vermine** gathered thither: if you do this twice or thrice, you shall make all the hurtfull **wormes** & things to gather together there: And then you may cast earth vpon them, or else kill them as you list. Mizaldus did vnderstand that this was proued.

94

An euill Planet in Leo, doth shew or betoken short life, of the Father of that Childe then borne. Taisnier.

95

The iuice of **Betony**, put into the eare something hot or lew, warme, will both put away paines and the deafenes of the eares, (if there be any) and also other impediments of the same. I haue **Deafnesse**, proued this diuers times, and found it excellent good in this case.

96

This water following is both proued, and precious against **Fistulaes**: and also it so hardeneth yron, that you may cut another piece of **Yron** therewith, as easly as if the same were **Lead**. Take of earth **wormes**, and draw of them a water by distillation, and likewise draw water of **Radish** rootes, both which waters mixed together, then put therein an edged **Yron** Knife, made red hotte: the same thus heated and quenched for three or foure times by an equall quantity, vsed at each time, and the Knife tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away **Yron** safely and easly therewith: and this water is also maruelous in **Fistulaes**. **To harden Iron.**

97

It is said, that if **horses** be shod with that yron wherewith one hath bene before killed it makes the same **Horses** very lively and quicke. And if of the same you make a **Bitte** or a **Snaffle**, that **Horse** that hath it in his mouth, will be made tame & easie to be handled, yea, though he be neuer so wilde, stubborne, or giuen to biting. **Rafis** & **Albertus**.

98

If a Horse can not stalle or pisse, or else doth the same hardly, or with much grieffe or paine, beate his body all abouts, easily, mildely, or gently, with the bowes of Elderne full of leaue: then after couer his head, neck, and all the body with the same leaues, and it will helpe him very much. Simoneta Cardinalis.

99

A Water wherby the Physicion doth maruailles, and is reputed as a Propheet. Take the filings of Siluer, or Brasse, Iron, of Leade, of Steele, of Gold, of Spume of Siluer and Gold, of Stozar, according to the riches and pouertie of the patient: first of all let them be put into the vyne of a Boy that is a virgin, the second day in warme white Wine, the third day in the iuice of Fennell, the fourth day put them in the whites of Egges, the fifth day in womans milke, that giues suck to a boy, the sixt day in red wine, the seuenth day in seuen whites of Egges, and put that onely into a Styll at an easie fire, and that that shall distill keepe in a vessell of Gold or Siluer. Silence is to be kept of the praise of this water, because it may not be bought. For his vertue doth pallisie leppous persons: it heales and destroyes a pure leppie, it wipes away, or takes away euery spot, it conserues youth, it makes the eye faire. I cease to speak of the secrets of this water: for because, I feare, lest they that haue it should be pufft vp with pride. Trotula de passionib Mulier.

100

This following is a proued thing, for the sounding of the eares or winde in the same. Take Almonds and the kernels of Peaches, and let them be cleane pilled in hot water, then stampe them, and get Oyle out of them, and put of the same Oyle with tents wet in the same into the sounding eares, or otherwise grieued, which tents must be made of fine linnen Cloth, and do thus with newe Tents euery day once for the space of nine or tenne daies, and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seuenth booke.

Th

The eyghth booke of Notable things.

1

You shall make Vineger by and by, and if you powze pure and good Wine halfe sodde, into a new earthen vessell then well covered and stopt: and so the same Pot set in hot scalding water. To make Vineger.

2

A Wolfe first seeing a Man, doth lift by his voice, and as a victor doth despise him. But if he perceiue that the Man hath espied him first, he layes away his fiercenes, and cannot runne. D. Ambrosius. Virgil. Plato. Sextus Platon. and other.

3

There is a deadly warre between the Hawke and the Eagle, who sometimes are so fast together in their fight: that they are both taken or catcht thereby. Plinius.

4

To take the Birds that eat the Seedes that are sowne: See the Carlike, that it may not growe againe: for it is said to profit maruelously, if it be throwne vnto them: for they that shall eat of it, will be taken with your hand. Mizaldus. To catch birds.

5

He that takes his iourny on the Sea in the houre of Saturne, hee shall haue many waues, and diuers windes, which will cast him to vnknowne places. Haly Abenragel.

6

If you giue one of these Pilles following every night going to bed, to him that hath the Palsey, it will helpe him, for it is proued. Take of hearbe Iuy, Cowslips, Betony, of the flowers of Sicados Arabici, of each one dram: let them be dyled in the shadow, and make them in fine powder, then take good Turbith, one dram of the best Agarick, two drams, Colloquintida halfe a dram, Ginger, Salgem, of either ten graines, good and chosen Newbarbe, one dram and a halfe Spikenard, seuen graines, the powder of Hiera simplex Galeni, halfe an ounce, Scamony prepared, one dram: let them all be made in fine powder, and with

the iuice of hearbe Tur, make a masse of Pilles. The weight to be giuen at one time is, one Pill of one scruple. And marke, if he that hath the Palsey, take this ordinary Pyll, (not once euery day, but twice in the weeke at the least:) you shall see a sudden help in the Palsey. These Pilles may w^oythily bee called glorious Pilles in the Palsey. Emperica Benedicti Victorij Fauetini.

7

A certaine man finding or catching a House, did hit his wife therewith on the left cheek being with childe, who after was deliuered of a Wench: which wench had, and it hath the mark of a House on her left cheek. This was told by a credible woman, who said moreouer that the name of this wenches father was, Thomas Buckman, dwelling at that time in Norfolk in a certaine Towne called Dyse. This assumes my other writing herof.

A woman
w. ch child

8

You may turue white Wine into redde, without any hurt or detriment by and by: if the powder of Honny, (that is first sod into a stony substance, and then dyed, and so made in powder,) bee cast into white Wine, and mixing it well in the same with rowling it vp and downe together. The roots of any kinde of Dockes, either new or dyed, put into the Wine, will performe the same with lesse businesse.

To make
white Wine
red.

9

Garlick being stamp with Hogs or Barolues greace, and made something thick like an ointment, both maruelously helpe them that haue the cough, and haue taken cold, if the soales of their feete and their back bone befoze the fire be anointed therewith.

For the
cough.

10

Who soeuer hath any fixed Starre, of the first honoz, or magnitude, in the degree of their hozoscope, or in the degree of their Culpe of the tenth house, or in the degree of the Sunne by day, or in the degree of the Moone by night, he shall possesse greater riches & honozs, then his Ancesters haue done of the nature of that fixed starre. Ande this is true, if that fixed Starre bee of small Latitude: but if it be of a great Latitude, his strength will finally appeare in the patience of the Childz. Tashier.

11

This water following is excellent good to cleare a dim sight, if

two

two or thre drops thereof be put into the eyes, at a time, vsing it certaine dayes together. Take of the water of Mercurin, the water of Moses, and the water of Fennell, of each foure ounces, white strong Wine thre ounces, Tutty preparate, and Sugar Candy, of either thre drams, Aloos Hepatick, two drams, let all them be beaten in fine powder that are to be powdered, and put them into Waters and Wine, mixing all together, and let them remaine and stand a whole day, then straine them easily, and keepe the liquoz in a faire glasse, and vse it as is besoyesayd. This is a precious thing for the sight and the eyes.

12

A marueilous medicine for wounds and sores. Take a handful of Arsmart, wet in faire water : then lay it in the wound or sore. After bury the same Arsemart in some moist ground : and the saide wound or sore will afterward miraculously heale, as the same hearb doth rotte and consume. This I had of one that affirmed it to be true. I think it is written by Paracelsus.

To heale a
fore or
wound.

13

The bodies of drowned or dead men, do flæte on the water, with their faces and bellies upward, but dead women do flæte on the water groweling, or with their faces downeward, contrary to their procreation. But they doe flæte or swim aboue the water, out of whome the Lung is taken, &c. Mizaldus.

Drowned
people.

14

The water of Harrygolds doth helpe all diseases of the eyes, and take away all paines of the head. And smeake of the flowres thereof taken or receiued by a sandible. into the secret parts of a Woman, or else otherwise taken, doth bring forth easily the after burthen. This secret Mizaldus did get of an old Midwife, which had neede of his helpe otherwile.

15

The head of a Gleade vnseathered, burned and so much thereof taken with water, and drunke, as you may take vp with thre fingers, helpes them that haue the Cowte. Galenus.

16

If any come or send to thee in the houte of Iupiter, it is for no harme : but rather for good. Therefore doubt it not, and though it should seeme to be some harme or lesse at the first, yet sa length

it.

It will turne to good. The oftner one tryes it, the truer hee shall finde it, so that he be not Retrograde or Combust.

17

Take the fernc, (called Polypodium,) stamp and plaistred vpon the teete of a woman traauiling of childe, causeth the birth of the Childe, either aliuē or dead. This was told me for a great secret.

18

Take of the greace of a Swine or Dog, and rub therewith the body of any that is sicke, against the heart, or the soles of his foete, then giue that greace to a Dogge, which if he eate, the party will escape: if not, it is a token that he will dye thereof.

19

Deafenesse. This following will helpe them that be deafe. Take a piece of greene Elmē, or Ash, and lay it in the fire, and receiue the water that commeth out of the ends thereof: and take also a sponefull of the greace of an Cele that is red beneath the Paue: boyle all these together a little on the fire, and put it into a glasse, and whē he goeth to bed, put some thereof into his eare lukewarm, and in two or threē daies, he wil be whole, and heare wel, proued.

20

Tooth ache. To draw out a tooth without any paine. Take the gum of Iuy, and greene Iuy leaues, of each a like weight, and burne them to powder in a new earthen pot, & when it is made in fine powder, mix it together with the milke of Spurge, and put some thereof into the tooth that you would haue out, if it be hollow: if not, touch the Tooth therewith, and it will fall out: but beware you touch no other tooth therewith.

21

Aelianus doth report, that no sicke person of the Locranes, should vpon paine of death drinke any Wine, without the consent and knowledge of the Physicion, or any other giue it thē, without the commandement of the physicion.

22

To try whether the wine be not mixt. If you wil proue whether there be any water mixed with wine or not, put an Egge into the Wine, and if the Egge sinke into it, there is water mixt with it, if the Egge swim, then it is pure Wine.

23

If the scull of an aged man be hanged in a Dove-house: Pigi

Pigeons will be encreased there, and wil liue quietly as Albetrus and Mizaldus doe write. To encrease Pigeons.

24

The iuice of Bay-leaues distilled into the eares, dooth not permit deafnesse, noz other strange sounds to abide in the eares.

Pet. Hisp.

25

A Question was asked of the state of certaine person being sick, and of what condition the disease was, and whether he should recouer thereof, or not &c: It seemed at the first sight, that the party was whole for whome the question was made, because the Sun was in the tenth house, and the part Fortunate in the Ascendent, but many other Testimonies shewed the contrary: And also Mars did corrupt Venus, Lady or Alunten of the Ascendent, and Venus also was vnder the beames of the Sunne, and began to be Combust, distant from the Sunne ten degrees: for Venus was in the 28. degree of Sagitary, and the Sunne in the 8. degree of Capricorne: which two degrees in Sagitary did signifie two months, being a common signe, and the 8. degrees in Capricorne being a moueable signe, did signifie 8. dayes: therefore it was to be doubted of the death of the sicke person, about two months and eight dayes: after the question was maed, as God would ordaine, and so it happened right by the appoyntment of God, to whom it belongs to cure infirmities and griefes, to raise by the dead, and to moderate the earthly bodies, by the heavenly bodies, and to dispose inferior things by meanes, to whom be glory. Amen. Gulielmus Anglicus in suo tractatu de vrina non visa.

26

An excellent medicine for the ache in the bones, or armes, or any other place of the body. Anoint the place where the paine or ache is with good and pure Aqua composita by the fire, and let it drinke in: do thus thre or foure times together, then at the last time while it is wet, cast vpon the wet place where the ache is, the powder of Olibanum, (which is the fairest and the whitest of the Frankinsence;) and so lay a linnen cloth vpon the powder, and sewe it fast, and so let it lye thre or foure dayes, until it be well and whole. Which will be by that time, God willing. Proued.

An ache.

27

Eunuchus, that is, he that is gelded, is neuer bald noz gotoly. Hippocra.

¶

¶

It is a thing worthy of memory, that Lampridius writes of Heliogabalus, the Romane Emperour: who saith, he had foure Harts in his Charret that carried him, & so many Dogs, calling himselfe Diana, and foure Tygers, calling himselfe Bacchus, and foure Lyons, calling himselfe Sibel: and hee toynd foure women to his Chariot, as Sesostris King of Egypt did with foure Kings. O proud presumptuous Prince! he might ride a good while in that Chariot, ere it would bring him to heauen.

It is not good to bury any too hastily, especially, such as haue had the Apoplexy, the Falling sicknesse, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reuiue againe within three daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life: lest any should falsely report, that Lazarus had had the Apoplexy, or the Falling sicknesse, or such like, and therefore but in a traunce, or not perfectly dead: where, by the iust merit of Christs maruelous miracle thereof might be darkened. This is the meaning of Lemnius in his second Booke of the secret miracles of Nature. Therefore it is very meete to know, whether any such be perfectly dead or not, which you may doo by holding a little burning Candle at the parties nose, whose mouth is open: or else by setting some little Cup or glasse full of water to the bzim, vpon the said parties belly or nauell: for by the mouing of the flame of the Cadnle, or of the vessell with water, you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

An approued medicine doth followe for the shortnes of breath, and doth marueilously helpe the same: for if half an ounce thereof be giuen to the patient, thrice in a naturall day, that is, three houres befoze dinner, two houres befoze supper, & about midnight: continuing the same three or foure daies and no moe you shal see the diseased healed. Take of Hanna elect or chosen called Manna Granata, two ounces, the flowre of Cassia newly drawne, halfe an ounce, Penyedes three ounces, oyle of sweete Almonds being new, one ounce, the Lights or Lungs of a Foxe finely beaten and powdzed

powdered, two ounces, (make the rest in powder that are to be powdered,) then mire all together, and make therof a **Lectuary** with the **Sirrop of Hysop**. **Emperica Benedicti Victorij Fament.** You may haue it well made at the **Apothecaries**. I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heat of **Wine** in the vessell, cast into the same a little piece of **Cheese**: and then you shall see a marvellous thing. And why that is, **Georgius valla placentinus** doth teach.

32

If you anoint your hands or other parts of your body with a **Liniment** made of **Pettles Dyle**, and a little **Salt**, it will defend the party therewith anoynted from the bitterest cold that is. **Mizaldus**.

33

There be branches of a **Bay tree**, wrapt by or layde among cloathes and books, wil keepe the same safe from **Moths**, **Worms**, and other corruption. **Diocorides**. Against Moths.

34

If you stampe **Ants Egges**, and strain them throu a cloth, and put thereto the iuice of **Swines grasse**, or **Knotgrasse**, and distill it into the eares, it helpes a long continued deafenesse.

35

A powder to conserne the sight. Take, **Betony**, **Ketue Celondine**, **Saxifrage**, **Louach**, **Annis seedes**, **Sinamon**, **Cyebright**, of eache one handfull, **Cardamomum**, **Ginger**, **Fennell**, **Petroseline**, **Hysope**, **Digany**, **Syler mountaine**, of eache one dram, **Calingal** an ounce, **Sugar** one ounce: Let a powder be made of these, and let it be taken continually with meat, and the sight will be restozed and kept. This powder was ordeyned by **Master Gerald**: whose tryall an old man did proue, which vled **Spectacles** twelue yeeres, so that without them he could not see great letters: but after hee had vled this powder onely one forty daies, he was free, in so much that all the time of his life, hee did see, and read the least letter that was. This **Trotula** hath witten in the latter end of his **Booke**, *De passionibus mulierum*.

36

An excellent way to get out the water out of swoln legges, whereby to make them as tender as they were befoze. See the

L 2

Dies

Swolne legs.

Dres in water vntill they be tender: then let the party diseased hold his legge that is swolne ouer the vessell, that it may receiue the fume or smoake of the soode Dres, and couer the party with some thing that it may goe downe round about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil ruine much water and corruption, then after anoint the place with Butter. Do thus foure or fise seuerall times if neede be. This is well proued.

37

Two or thre droppes of pure Aqua Composita, put into the eyes morning and euening, euery other day, for the space of foure or fise dayes, will cleare the sight, and helpe the eyes, of a cold cause marueilously. An old Gentlewoman that tryed it on herself, did reueale it to me.

38

The hearbe Dandelyon well sod in water, is counted to be a chiefe helpe for the ioyning or knitting of wounds. It is good against ruptures, or for them that be broken or bursten, &c. Mizaldus.

39

A marueilous Water that soone and easily may be prepared, more precious then Gold, is made as followeth. Put faire and cleare water into a vessell, wherein there was neuer before any liquour, or before neuer occupied: and when the water is very hot, powze it to quicke Lime, being before in another newe and cleane vessell: and let it remaine, and rest so long, vntill you haue taken all the foule spume that flectes aboue from the same, and that all the Lime be settled to the bottome, and the water very clere, then powze out the water very softly, without mouing the Lime to the bottome, and keepe the same water in a sayze cleane glasse, or some other cleane vessell well couered or stoppt, vntill you vse the same. It will scantly be beleued, what a marueilous vertue and power it hath in all kinde of Ulcers, and chiefly such as spring of the French Pockes: For the same being bathed in moysted with a linnen cloth dipt or wet in the sayde water some thing warme a pretty while. and then a linnen cloth well wet in the same, and so laid vpon the Ulcer or soze in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filles the Ulcer with flesh, and it quite quencheth the heate or inflamations in a
small

small time, not without a great miracle: for otherwise quicke Lime doth burne with vehemency of his heate. Let them inioy this most excellen Secret, which for great prayer and price to many I haue refused to vtter. Thus much Mizaldus.

40

Hyx giuen to drinke in warme Wine, the quantity of a bigg Put, causeth the deliuerance of the childe, either quicke or dead. Pettus Hispanus.

41

Here followeth a blessed water for the Colic. Take of Romane Vitriall two pounds, of distilled Honny foure pintes, distill these together, (making the Vitriall first in powder,) and when it is distilled, adde to the same the third part thereof, of Aqua vita, rectified: which diligently mixed keepe to your vse, and anoint the soze or griened place therewith: doo this morning and euening, vntill you seele your seife well, which will be (God wil ling) within seuen or eight dayes at the furthest. I wrote this out of an old Booke. I think it be also in the newe Jewell of Health, which is a woorthy Booke and full of many strange and excellent things.

42

The smoak of Iuy burned, doth driue away Wats or Herenice, from that place, where the same smoak is.

43

If any doth aske thee, (hauing knowledge in Astrologie) for any thing wherein he hath a hope to haue: marke if the Lord of the eleuenth house apply to the Lord of the Ascendent, or the Lord of the first house, to the Lord of the eleuenth house: iudge that he shal haue the thing. which he hopes to get or haue, and he shal come to it. And if the Aspect be of a Trine: or Sextile, he shall quickly and easily and by a good meane obtaine it: but if it be by a quartile or opposite Aspect, he shall get it with tediousnes and labour. Furthermore, if thou doest finde the Lord of the eleuenth house in an Angle and receiued: then iudge that hee shall haue the thing which he so hopes to haue, euen as he desires. Haly Aben.

44

A piece of the roote of Crowfoe, either put into the hollow tooth, if there bee any, or applyed to the tooth that aketh, will helpe the same presently. A sure proued and often tried medicine.

E 3

Walsouer

45

Whosoever hath a soyness in the throate, or else any hard swelling there, called the Squinancy, or Angina, and perhaps thereby dooth hardly draw his breath, let them apply this following often times in a day, and it wil soften it and reioleue it; for it is proued. Take of the rootes of Holliock cut in small pieces, and made cleane, Camamill, the flowers of Violets, the flowers of Shalwes, with the rootes, of each one handfull, let them boile all in a sufficient quantity of water, until the water be consumed: then put to the same, the flowre of Barly, Lincede, and Fencreeke, well stamp and beaten, of each one handfull, the greace of a Hen, one ounce, oyle of Camamill, and oyle of sweete Almonds, of either a like much, which wil be enough to make the plaister fat. This I knowe to be an excellent remedy in this case: which I learned of Benedictus Victorius Fauentinus, in his Booke called Emperica Benedicti.

46

This medicine following, will helpe any paines or weakenes of the backe. Take a quarte of Palmesey, of Balm, Pep and Baydweed, (which Baydweede is a stinking hearbe, hauing a flower like a Dayly,) of each one handfull: stampe the hearbes well, and strayne them well into the Palmesey, or put some of the Palmesey in the stamping, to them, and strayne it into the rest of the Palmesey, and drinke a good draught thereof eue ry morning fasting, and at night when you goe to bed: and within thre or foure dayes it will helpe you perfectly, God willing. A notable and often proued medicine.

47

Drinke the iuice of Centory, once every morning, fours daies together, and it wil make thæ to sing cleare, and speake with a good voice. It clenseth the brest marueilously. Often proued.

48

Hints doth abhorre yron, as Kew doth Basill: for if Hints be giuen to one that is wounded, he will not easily ware whole: if Hints be mixt with Milke, and after taken from the same, and the Kennet or Cheslip put in the same Milk, the same Milk will neuer gather together, or come to crud. Floren. in suo Georgico.

Whosoever

49
 Whosoever falles sicke in the hours of Saturne, his infirmittie
 or disease will be prolonged, (or he will be long sicke) and after
 will dye (of the same sicknesse.) Haly Abenragel.

50
 Fill a hollow tooth with Crows dung; and it will breake the
 tooth, and take away the paine. Pet. Hisp.

51
 Guido Bonatus, writes a strange thing, which he found out
 by the science of Astrologie, in the Revolution of Henry the Em-
 perour: who had of the said Emperour a yeerely stipend, for
 that he was a man of famous knowledge: which Emperour had
 many Astrologians, as well Physicians, as other in his owne
 house, who for a certaine yeere did traueyl for the Calculation of
 the Revolution of the sayd Nativity of the said Emperour. And
 euery one of them did draw out a figure thereof alike, and they
 found Mars in the same figure of the Revolution in the Angle of
 the earth, which is the fourth house vnder the earth: and they
 iudged Mars then to be of an enill influence, and thereby they
 iudged that the Emperour that yeere should haue hot feuers of
 the nature of Mars. And they agreed all in that opinion to the Em-
 perour. Guido Bonatus being there, had drawne the Emperours
 Revolution likewise, and he found Mars going towards the
 fourth house, being then of an euill influence, iudged thereby that
 poyson should be ministred to the Emperour to kill him. There-
 fore he counsailed the Emperour, that if any did whisper, or had
 any priuy talke together, or were found meeting or hauing
 conference together in his Court, they should be apprehended.
 Or if any should come to the Kitchin not wont, or appointed,
 that some faithfull man of his Court should watch the same.
 Which charge was committed to the Master of the Emperours
 Household: which being very diligent therein, espyed and found
 two Knights of the Emperours Court, that were very busie in
 talke together, and had not onely mutuall conference together,
 moze then they were wont: but also oftentimes required to come
 into the Kitchin. Whereupon the Master of the Household com-
 mitted them to prison, and then one of them called Iohannes
 Franciscus, was soze tozmeted, but yet he would confesse nothing.

So that they deuised a letter in the name of the said Iohannes Franciscus, confessing therein the matter, and shewd it to his fel-
low: which when he saw, straightway said, that the said Iohan-
nes Franciscus was the chiefe procurer thereof, and entised him
to it. Which offered, they had their desire, wherefoze they were
secretly executed. Iohannes Ganiuetus likewise describes it.

52

A certaine Woman that vsed Mizaldus for her Physicion,
had a belly did so swell, that it seemed she was not able to carry
her burthen: from whom (about the end of nine months) there
came an euill shapen masse or piece; whereunto were two eares
like the handles of a cup fastened, like armes, with feeling: after
that there did fall from her wombe, a monster with a crooked bill
or beake, with a long and round necke, with brandishing eyes, a
sharpe tayle, maruelous quicke of foot: and so soone as it saw any
light, it filled the Parlor or place with noyse, and so did runne
from place to place: but at the last, the Women following it, did
smother or choke it to death with pillowes. After, the Woman
almost worryed, not without great danger of her life, did bring
forth a Boy, which was so tormented of the monster, that they
had much to do to Chrysten it with life. Leuius Lemnius is the
Author.

53

If Saturne be in the tenth house in a watry signe, and hath any
dignitie in the Ascendent, the Childe then borne will be a Ship-
man or a Sayler, or else he will abide gladly on the water, and
will delight in fishing. Taysnier.

54

Culuer dung sodden in Wine, til the wine be consumed, and
then emplastred hotte to the Gout, healeth the same perfectly.
Use it morning & euening foure or fve dayes together. Pe. Hisp.

55

To restore the deafe to hearing, Take the root of Houndstong
out of the earth, and make a hole in the roote, as long and deepe
as you can, and fill the same hole with Salt, and couer it well
that nothing can come within it: then set it in the earth againe
as it was & couer it with earth, and let it be there so thre dayes,
at the thre dayes end take it vp, and that which you finde
therein, keepe it in some cleane glasse, and put some thereof in
to

to the deafe eare. Let him vse it euery euening at his going to bed, vntill he heare clearely: which will be within a fortnight at the furthest, (God willing,) And when you doe it into his eare, let him lye in his bed that the liqour may enter. This I had out of an old wytten Booke. Praise it as it proues.

56

Take two little pieces of a good Licorice (the barke scraped away, of the length of a pin, and of the bignes of two Barly strawes, and put either of them into your mouth, betwæne your gums and your chækes, that is, on either side one, and so let them lye all the whole night. Vse this euery night for a fortnight at the least, and without doubt it will stop or stay the Reum. For it conceales the thin Reum into thicke Fleame: so that you may spit it out. This helpt one that was without all hope to be helyd.

57

To helpe the Pockes in the eyes. Take Saffron, and lay it in a Sawcer with faire water, and let it stand whiles it be yellow, and then drop some of it into the eye with a feather: and it will destroy the Pockes, and saue the sight. This I had out of an old booke.

58

When thou dost finde the seuenth house, and the Lord of the same to be afflicted or impedit, in the time of the question for the sicke, change the Physicion, for he shall not profit the sicke party, either through his owne erro, or through the negligence of the sicke person, or through them that be about the body. The house is afflicted, if Saturne or Mars be therein, or being beholden of their quartile or opposite aspect: and contrary, if the seuenth house be well affected, as if Iupiter or Venus is there, take the Physicion to whom you make the question, or whom you are determined to take: for he shall profit the sick much, and he will quickly cure the sicke to his great praise. Therefore marke the first, or suddaine calling or sending for the Physicion: for if at that time the seuenth house, and the Lord thereof be euill affected, the Physicion then called, or sent for, will not profit the sicke: But it followes not therefore that the sicke shall dye. But the Physicion, if he take him in hand, shall goe away without honour. Therefore as soone as thou art called to goe to the sicke, take counsaile of thy Ephemerides, and the celestiall Fi-

G

gure

gure being erected, marke whether the seventh house be well or euill affected: and so thou mayest either refuse, or take the sicke in hand. Iatro. G. Ryff.

59

Put the powder of red Corall in the hole of the tooth, and it will fall out by the root. Petrus Hispanus.

60

An excellent Medicine, and a noble restorative for Man or Woman that is brought very low with sicknesse. Take two pound of Dates, and wash them cleane in faire Ale, then cut them and take out the stones and the white Skinnes, then cut them small, and beate them in a Morter till they begin to worke like ware, then take a quart of clarified Honny or Sugar, and halfe an ounce of the powder of long Pepper, as much of Gace, of Cloues, Nutmegs, and Dinamon, of each one dram as much of the powder of Lignum Aloes: beat all these spices together, and seethe the Dates with the Sugar or Honny with an easie fire, and let it seethe, and as it seethes, cast in thereto a little powder, by little and little, and Cure it with a Splatter of wood, and so doe untill it come to an Electuary, and then eate every morning and euening thereof one ounce at one time, and it will reneue and restore againe his complexion, be he neuer so low brought. This hath been proued, and it hath done good to many a man and woman.

61

A Noble Receit for the black Jaundise. Take a gallon of Ale, a pint of Honny, and two handfuls of red Pettles, and take a pennyworth or two of Saffron, and boyle it in the Ale, the Ale being first skimmed, and then boyle the Honny and the Pettles therein all together, and Straine it wel: and drinke every morning a good draught thereof, for the space of a fortnight. For in that space, God willing, it will cleane and perfectly cure the black Jaundise.

62

Whosoever in the first nine dayes in May drinks every morning fasting a little dish full of the iuice of Betony, it will do him maruclous much good for the gowt: Which hee shall perceiue the next yeere following, (if he liue so long.)

63

Whosoever hath the Pluresy, or, is stuffed in the stomack with cough or hard Acame, let him take a scruple, that is, the weight

of

of yrilly. Barly Cornes of the pender of the Kater of Pattles, with the Syrop of Violets, and walke wth the same, as by licking it by little and little, and hee shall spit out the viscus, and scabbe ham o^r easily. A secret of a Parisian Physician.

64

Coates will giue much milke, if you tye Dittany about their bellies. Africanus.

65

If Saturne be in the tenth house, in an earthly signe, and hath power o^r dignitie in the Ascendent, and is Orientall of the Sun: he that is then borne, will be a Master Carpenter, o^r else he will delight in Carpenter ship: but if he be Occidentall, hee will be a cleanser of Wells o^r pits, o^r else a digger. Taisnier.

66

If the grieffe of the golwt o^r ache be too outragious, take of Opium, one dram, of Saffron two drams, mingle them with soure o^r siue yolks of Eggs, and plaister the same vpon the grieffe: so; it mightly asswageth the paines, and dissolueth the corruption.

67

A most approued medicine for the Emereds o^r Pyles. Take two o^r thre Wickes, and burne them red hotte, and put them in some Pan vnder a close stoule, and sprinkle them with Vineger, and let the party grieued sit vpon the said stoule, that the fume thereof may ascend vpwrd to his fundament. Doe thus thre o^r foure times if neede be, and certainly it will helpe it.

68

If you will make Birds drunk that you may catch them with your hands, take such meate as they loue, as Wheate o^r Beanes, o^r such like, and lay the same to steepe in Lees of wine, o^r in the iuice of Hemlocks, and sprinkle the same in the place where the Birds vse to haunt: and if they doe eate thereof, straightwayes they will be so giddy, that you may take them with your hands. I wrote this out of an old w^{ri}tten booke, wherein I know many true things were w^{ri}tten.

69

A present helpe for a woman that trauelleth of Childe. Take Bisop, Veruein and Dittany, of each one handfull, stampe them small, and temper them with old Ale, then straine it, and w^{ri}ng out the iuice, and giue a good draught thereof to her that trauelleth

U 2

trauelleth

travelleth of Childe to drinke, & she wil be delinered with spéde, and the Childe saved and she both, so that the child be alive when she drunks it.

70

A true medicine for the gowte: Take the iuice of the flowres of Brome, and the iuice of Scali cœli, and Honny, as much of one as of another, and seethe it all together, till it be of the thickeesse of Honny, and anoint the gowty place therewith. I knewe (saith the writer her reof,) a good Priest in London that healed all men & women therewith for the most part, that came to him. This, for the great good like ihood of the medicine, & for the faithfull affirming, I thought good to register it among the rest.

71

If of one pound of Waxe, two ounces of quicke Brimstone, and as much of quick Lime, (putting thereto a little ounce of the Dyle of Ruts,) a Candle be made with a weck of Wambast, and so put into the water, as soone as euer the quicke Lime begins to burne, it will moue the rest of the things, apt for the fire, to burne, euen in the midst of the water. Mizaldus.

72

A Ram will not put no; runne at one, if his hoznes be boord & hozow, nye vnto his eares. Mizaldus.

73

Whosoever falles sick in the howze of Iupiter, he will recouer his health quickly. Haly Abenragel. This haue I proued to be true many times: and in the houre of Iupiter is an excellent houre to doe any thing, or to take any good thing in hand.

74

A little Gunpowder put into a piece of fine linnen cloth, and the same put into the hollow tooth, or holden betwæne the teeth, so that it touch the aking tooth, it puts away the tooth-ach presently. This is very true.

75

If you distill hearbe Iuy, & give the water therof to be drunke of them that are grieued or tormented with the gowt, anointing also therewith the gowty or grieued place, it will heale or helpe them assuredly. Great warrantiſe was made of this medicine, where I had it.

76

A speciall medicine for all sudden sicknesse, and especially of the stomack or brest. Take a spoonfull of Aqua vita, and put ther-

in

of Notable things.

151

in' halfe a spoonfull of the powder of Licojice, & let it remain ther-
in thre howres, and drinke it fasting, or at even when you go to
bed. It is a soueraigne thing for the stomack or brest.

77

Lay Safron on the Pauell of them that haue the yellow
Jaundise, and it will helpe them. This was affirmed to me as
proued.

78

This following is an excellent medicine to purge the head
of naughty humors, and to helpe the headache, the swimming of
the head, and megrim. Wash the roots of Wætes, and cut away
the vpp. most bark, then stamp the same, and wring out the iuice
thereof, then snuffe some of it out of a spoone, into your nose, and
a marueilous effect will follow, and a speedy remedy thereof. A
Gentleman a friend of mine told me this, as a proued thing in
this case.

79

Cockes that eate Garlicke, are most stout to fight: therefore
trauellozs doe often bite thereof, and also such as follow warres:
because it increaseth agility, strengtheneth them, and makes
them bold. It is giuen to Horses with bread and Wine, at the
houre of battell or conflict, to make them more fierce, liuely, and
to suffer more easily their labour and travaile. Mizaldus.

80

There were young Nices found with the Persians, in the bel-
lies of Nices, that had young Nices in their bellies. Aristoteles as
Mizaldus writes.

81

If the fæte of a great liuing Tode be cut off, the Moone boyd
of course, that is, aspecting none, and hastens towards the con-
iunction of the Sunne, and hanged about the necke of him or her
that hath the Kings Cuill, it so profits, that oftentimes it deli-
ners the party from the disease. Hieronymus Caican.

82

If Iupiter be in the eleuenth house well affected, and not retro-
grade, nor combust, nor in his fall, as in Capricorne, but in Can-
cer, Sagitary or Pisces, it signifies the childe then bozne, shalbe for-
tunate, happy, and haue a common loue in all things, chiefly if
he haue any dignity in the Ascendent, or the place of the sunne,
in the Patiuitie of the day, or in the place of the Moone, in the
Patiuitie of the night. Taisnier.

83

This

83

This marvelous Water following, will recover the sight agayne hindered of any cause: wherewith Constantine the Emperour receiued his sight. Take thre dramis of Tutie, made in very small powder, as much of Aloe Epaticum in powder, two dramis of fine Sugar, five ounces of Rosewater, as much of pure white wine, mire all together, and put it in some cleane vessell of glasse, and being well closed and stoppt, set it in the Sunne a month together, stirring it together once every day: then take of the same water foure or five droppes in your eyes morning and evening, and with this continuing a certaine space, it will cause the sight to come agayne as faire as ever it was before. This I knowe is proued for an excellent water for the eyes, for it cleareth them maruelously. I knew one that could not thred a Needle without spectacles, which put not past two or thre drops of the same into their eyes at night, and the next morning the same party did see well to threde a Needle without Spectacles.

For lost
sight.

84

To make a light that neuer shall fayle. Take the Wormes that shine in the night, called Glowwormes, stampe them, and let them stand till the shining matter be aboue, then with a feather take of the same shining matter, and mingle it with quicksilver, and so put it into a Viall and hang the same in a darke place and it will giue light. This I had out of an old booke, which is not much unlike the description of Mizaldus.

A prettie
kinde of
light.

85

If the Liuer of a Goose be giuen in a fig to a Swine, that Swine will follow the giuer thereof. Mizaldus.

A Ho3.

86

The sound of an Eccho is thought to dzine away Bees, therefore their Hives ought to be plasht where the Eccho or the voyce both not sound agayne. M. Varro.

Euill for
Bees.

87

Whosoever takes his iourney in the house of Iupiter, he shall haue good gaine in his substance, and in his busshes: and he shall haue profit and gladnes in things holoked for. Haly.

88

If a Spider be put in a linnen cloth a little brusht, and holden to

of Notable things.

to the Nose that blædes, (but touch not the nose therewith, but smell to the same,) by and by the blood wil stay, and the nose wil leaue blæding. This is very true, for the venomous Spider is so contrary, and such an enemy to mans blood, that the blood drawes back, and kunneth the Spider presently. A maruelous thing.

To stoppe bleeding.

89

Write what you will on faire white Paper, with the iuice of a red Dragon, well mixed and tempered with the white of an Egge, which being dry, will appeare as though it were onely plaine Paper, without any writing. But if you hold it against the fire, you may then easily read it, or perceiue the Letters.

90

To gild Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therewith, so that the same before be well burnished all about, that you would haue gilded, and let it after dry in the Sunne, foresæeing that there come no dust thereto, and when it is dry, gild vpon it as you would doe vpon Silver.

To gild.

91

Soethe an Egge in strong Vineger vntill it be very hard, then let the same Egge lye thre dayes in Urine, then dry it, and it will be maruelous hard. Or let an Egge lye thre dayes in Vineger, then dry the same at the Sunne thre dayes, and it will be very hard.

92

Cast brimstone in a Chafingdish with hot burning coales, and hold a red Nose ouer the smoake thereof, and it will be white.

To make a red Rose white.

93

To separate Gold from any thing gilded. Soethe pure sulphure reuive (called quick Brimstone) in water, vntill halfe the water be consumed, then wet the part gilded with that water, then dry it at the fire, then strike the same gilded place with a little Iron, and the gold will fall from it. This I had out of an old written booke.

94

To proue or finde out the euent of any that is sicke. Count the daies from the beginning of his or her sicknesse, and take the roote of an hearb which hath so many leaues, as the number of the same daies be: tye it or hang it vp, and if the disease be curable, the party will be much recreated. If not, then the party will be sad. But if you can not finde an hearb that hath so many leaues,

put

put the roots of diuers hearbs together, the leaues whered together doe perfectly make by thenumber of the said daies, from the beginning of the parties sicknes, and vse them as befoze. This Mizaldus had of an Italian. 95

Against the
bloodie
Fluxe.

The blood of a Hare dried both help and stay the bloody Air, or any other lax, though it be neuer so soze or extreme. So doth the bones of a man or woman made into fine powder, and taken in red Wine. 96

Against the
Gowte.

An easie plaister for the Gowte, but not a little effectuall, because, I (saith Iohn Arderne) haue oftentimes applyed it as well to women as to men, and haue taken away their great paines, with once applying it as well in the fete as in the kness, and other ioynts. But take heede it be not perceined of the patient, uoz of any other: but it ought to be kept moze secret & deare: and let it be reuealed to none: but to thy sonne, or to any well-beloued friend. I doe thinke it preuailes aboue all other medicines for the gowte, and easeth the paine sooner: and ought to lye fine or sixe daies without any mouing of it: if it can be so applied, it is made thus. Take of blacke sope as much as is sufficient, wherunto adde of the yolkes of raw Eggs, halfe as much as the sope, and mix the well together in a dish, vntill the sope hath lost his proper colour: which done, lay therof vpon fine flaxe, and spread it like a plaister, and then apply it to the grieued place, then take the whites of Eggs mixed with Wheate flowre, and wet a linnen cloth well in the same, and lay the same vpon the said plaister, and tye it wel vpon it, that the plaister remoue not away of all the said time, vntill there be some great occasion. This is proued. 97

To breake an
Impostume.

If you see the Barly, dry Beanes, and Licorice cut in pieces, of each a like much, all together in faire water, and drinke a good draught thereof with some Sugar euery morning fasting, and at night when you goe to bed, fine or sixe daies together, or moze, it will destroy an Impostume, and shal thereby auoid or cast out the same. Proued. 98

He will be a good Physicion, in whose Nativity Mars & Venus are copozally, or by any good Aspect coniunct. Euen so if Venus & Mercury be ioyned, or in coniunction together. Also he will be a perfect Physicion in whose Nativity Mars & Venus are coniunct.

in the first house. Iatro. 99

A very little bird called Aegithus, both marueilous disagree with the Ass, who in thorny places doth scratch or rub his blcers or sores: whereby he doth destroy or bzeake the nests, of this Bird: whereupon it comes, that as soone as the bird heares the voice of the Ass, he doth not onely cast the Eggs out of her nest, but also her young ones (if she haue any,) doe fall from the same astonied with feare. So that the said bird flies vnto the blcers or sores of the Ass, and prickes and thrusts at them with her bill, that she may driue him away from thence. Aristotle, Plin. & Oppianus.

100

If the Lord of the Ascendent be combust in the fourth house, or in the eighth house, it signifies, that he that is then borne, shall dye in prison. And if he be combust in the fifth house, in a watry signe, it shewes he wil be giuen to be drunk. In the first house, it shewes that he will dye of a long sicknesse. Taishier.

The end of the eighth Booke.

The ninth Booke of Notable things.

1

FAll an Egge full of the iuyce of Egremony, and giue it vnto the patient to drinke, whom you suspect to haue drunken poison, and it will mightily purge vpiward all the poyson, and with a wonderfull facility healeth the biting of serpents and other venemous beasts. Petrus Hispanus.

2

This Oyle or Balme following is of a marueilous vertue against trembling and the Palsey, and it helpeth the memory, anointing the hinder part of the head therewith. Which a most singular Physiciō kept priuy to himselfe for a time, as a most precious secret: which in the end reuealed it to the Authoꝝ. where of the making followeth. Take of Galbanum one pound, (in another place I haue read it halfe a pound,) of Gum, Juy, three ounces: these finely beaten apart, mixe together, which after

Æ

put

put into a Glasse body with an head, and distill it in Balneo Maria. After it is distilled, mixe therewith one ounce of the Oyle of Bayes, and one pound of good Turpentine: then let the whole be distilled, and separate the water from the Oyle, and keepe the Oyle as a precious Baulme. The vse of this is, that the patient vexed with the Palsey, Convulsion, the Crampe, and trembling of members, be laid vpright, and the Oyle temperately hot, must be powdered vpon the belly, into the hollow and bottome of the Pauell, and you shall see after, a marueilous working, that may rather be counted diuine then naturall, and very much helpeth the Palsey, and strengtheneth the memory, vled as befoze. A certaine Practicioner applyed one drop of this Oyle on the patients forehead that had the Palsey & another on his Paue, & hee incontinent arose as amazed, and was, after one houre, deliuered of the grieuous pains of a wound in a certaine place of his body, and the shrunkē sinewes being anointed with this Oyle, the patient was suddenly healed, &c. This Oyle helpeth deafenes and any sicknesse proceeding of a cold cause, and helpeth besides the losse of smelling. Arnoldus de villa noua, I take to be the Authoz her of.

3

The Hoofe of a Beast called Alces, which is a wilde beast like a fallow Deere, hauing no ioynts in his legges, hath a marue-
lous vertue and strength against the falling euill: for a little piece thereof enclosed in a Ring, and the same Ring put vpon the finger next the little finger, so that the same piece of the hoofe be turned toward the palme of the hand, it dooth recreate them maruelous much, that are fallen, and immediatly makes them rise vp. A little piece of the same bare, and put in the hand, by and by closed into a fist, suddenly it dzyues away the disease, and raiseth the party that is fallen therewith. Which Lemnius saith he proued once or twice. And Mizaldus saith that he proued it, putting in a little piece of the same in the left eare, (mouing it, as scratching a little) of one that had the Falling sicknes, and it had very good successe, and it was counted for a miracle. Iohannes Agricola doth say the like is done, if a little piece of the same Hoofe be hanged vpon one that hath the same disease, so that it may touch the skin. I doe heare, saith Mizaldus, that scrapings or filings thereof, are giuen in Polonia for the same disease. The Hoofe of the right
hinder

Hinder foote is to be chosen. But you must take heed of false decei-
uers, which sell the Hooves of Oxen or Kine, for the true Hooves of
Alces.

4

It is a most sure and proued remedy, as well in curing of spit-
ting of blood, as also in preserving from the same: every day in the Spiriting of
blood. morning fasting to eat a scruple, which is the weight of foure
and twenty barley cornes of Rubarbe tosted at the fire, Emperica
Benedicti Feuentini.

5

Way Salt well beaten into powder and sifted, and incorporated
or mixed wel with the yolke of an Egge, and so laid upon any Car-
buncle, Plague soze, Wotch, Wyle, or impostume, assuredly (by the
grace of *QD*,) it will draw to it selfe all the venome of the To breake
Wyle. Plague, or the Soze, and breake any Wyle, or other thing, so that
in short time the same will be healed. A tried thing.

6

If the forehead of the sick waye red, and his bowes fal downe,
and his nose waye sharpe and cold, and if his left eye become lit-
tle, and the corner of his eye runne, if he turne to the wall, if his
eares be cold, or if he may suffer no brightnesse, & if his womb fall, Tokens of
Death. if he pull strawes or the clothes of his bed, or if he pick often his
noshills with his fingers, and if he wake much, being a yong
man, being an old man sleep much, these are most certaine tokens
of death.

7

Pottags made of the leaues and rotes of Strawberies, being
eaten fasting certaine dayes of them that haue the Jaundise, both
helpe them perfectly. This was the secret of a certaine Honke, Jaundise.
wherewith he got maruelous much mony.

8

A Serpent doth so hate the Ash tree, that he will not come nye
the shadow of them. And therefore he goes farre from them,
both morning and euening: because then they giue the longest sha-
dowes. And Pinie saith that he hath proued it, that if one copasse a Ash tree as
enemie to
Serpents. place about with the branches of an Ash tree, so that there be a fire,
and a Serpent enclosed in the same, the Serpent will rather goe
into the fire, then he will seeke to escape ouer, or thozow the said
Ashen branches, &c. Mizaldus.

9

If the Lord of the Ascendent be found in the twelfth house,
he,

he that is then bzne, shall procure his owne enmitie. Taisnier.

10

Juniper berries are medicinable against poyson: for there is none of like operation vnto it. And Dioscorides saith also, that they do helpe against poysons, and stings of Serpents. Pet. Hisp.

11

To try whether pzeious stones be pure or not. Heat plate of Iron on the fire, then anoint the same with Oyle, and cast or strew on the same, the powder of Glasse, whereupon lay quick burning coales, and then hold the stone that you would try, a good while ouer the same coales, that the stone may be hot, not touching the fire, and then if the stone lose his colour, he is not good or pure, but if he keepe his colour, he is then perfect and right.

12

As principall a medicine as euer was ordayned for the boneache, either in Woman or man, in what place soeuer it be. Take a pennyworth of Aqua vitæ, and another of oyle de Bay, and mix them well together, and anoint the griued place therewith, not by the fire, & it will doe alway the paine for euer, vsing it often. But you must warme the oymntment a little in a Saucer, befoze you lay it on, and chafe it well, vntil it be dzyed in, and couer it warme at all times vntill it be whole. Thus I found it witten.

13

Egremony, Mugwort, and Betony, both leaues and roots, stamp with old Greace and Wineger, or Veriuce, and a plaister thereof applyed to the griued or soze pained back, will quite put away the paines and grieffe thereof, so that you vse it thre or foure times. A sure and proued medicine.

14

If you will catch Sowles or Wonts, put Garlick, Leakes, or an Onion in the mouthes of their holes, or in their entrings into the ground, and you shall see them come, or leap out quickly, as though they were amazed or astonied. Albertus.

15

If the Fistula be outward, put into it the iuice of Culuerfoot: for it healeth it. If it be inward, drinke it, and it healeth also. This is true, for it hath been proued.

For

16

For them that haue surfeited, or eaten too much, let them stamp Betony, and temper it with hot Water, and a little wine, then straine it well, and drinke a good draught thereof morning and euening first and last, three daies together, & it wil thzoughly help them, God willing. This was told me for a trueth.

17

The two hoznes of a Snayle, bozne vpon a man, will pluck away carnall or fleshy lust from the bearer thereof. I had this out of an old witten Book. But how true it is, I know not.

18

For all euils of the stomack, & for them that cannot eate: Take an hearbe called Centozy, and see the it well in stale Ale, and when it is well sodden, then stamp it, after that see the it againe in the same Ale, let there be two handfuls of Centozy, to thzee quartes of Ale, and let them see the as is befoze said, to thzee pintes, then put thereto one pinte of pure Honny, and boyle them together, and keepe it in some cleane vessell, and giue to the party grieued, thzee spoonfuls thereof fasting euery day, till hee be whole and well: for it driues away all the steame and corruption from the stomack, & makes him haue a great desire to his meate within foure or fve dayes. Often proued.

19

The powder of Betony put in Wine, that is, a spoonfull of the powder to a draught of Wine, a little boyled on the fire being drunk, doth presently help such as haue drunk popsen befoze. And whosoener drinckes the same in a morning fasting, no poison taken after, the same day, can hurt him. This is a proued medicine.

20

The dung of a Cat dzyed, and so mixed with strong Vineger, that it may be something thick, and therewith any hairy place rubbed oftentimes, or anointed in a day, it will cause that haire will growe no moze in that place. Proued of a Countryman. Mizaldus.

21

If the Lapwing doe sing befoze the Vines doe bud, it is said that it foze thewes great plenty of Wine. Mizaldus.

22

Whosoener deline rs a sum of money in the houre of Inpiter,

Æ 3

he

he shall receiue it againe well with gaine. Haly Abenra.

23

This potion or drinke following is wonderfull, and very often proued of me, sayth Petrus Hispanus : for it killeth the Fistula, in what place soeuer it be, and draweth out the corrupt and broken bones. Take the rootes & leaues of Planten, Strawberry leaues, the leaues or seedes of Hempe, the leaues or seedes of Mustard, the tops of sharpe Docke, red Colewort leaues, and Tansy; let them all sethe in a good quantity of white wine : after strayne all the whole, and put into the straying as much Honny as shall be thought meete : giue thereof vnto the patient early and late, vntill such time as the cleare potion or drinke come forth by the mouth of the Fistula : which alwaies must be kept open with a siluer Pipe put into it, and keep vpon it alwaies a red Colewort leafe. It is of a wonderfull operation, Pet. Hisp. And I my selfe haue proued it, and healed in such manner as is before declared: it is a precious thing.

24

Dragons bound to the priuities of a Woman in labour, causeth her to be deliuered incontinent. But there must be heed taken that it be quickly remoued, lest it draw forth the Matrix withal. Pet. Hisp.

25

Here followeth an excellent Dyle which maketh faire colour in the face. Take of Almonds scraped ten pounds, of red Saunders in powder sixe ounces, of Cloues one ounce, of white Wine foure ounces, of Rose water three ounces : these, after they be grossly beaten together, let them lye in a Marble mortar close covered, for eight or nine dayes, beating the same ouer once a day : then beate it all in an earthen vessell, vntill it begin to fume and be thoroow hot, and after that put it into a newe square bagge of Linnen cloth, then put the same bagge into a Presse, betwene two smooth plates of yron, semthing hot : for out will come a red Dyle, wherewith women may anoint their faces : for it causeth a comely red fine beautifull skinne. A secret, and practised of fewe. This is in the newe Jewell of Health : a Book of much value and small price.

26

The greace of an Ele, and the iuice of Singreens mixed together,

together, of each a like much, boyled a little, and a little thereof put into the deafe eare, nine nights together, will bring the hearing againe, as well as euer it was.

27

Take salt Armoniacke, Allom, and Salt Peter, of each a like quantity, with a little filings of Silver, let all bee mixt together, then put them vnto the fire, that they may be hot: and when they shal cease to smoak, then with the same powder alone, or else mixt or moistened with the spittle of your mouth, let copper or brasse be rubbed therewith: and straightway it will haue the colour of Silver.

28

Serpents being within a Circle made of Betony, they cannot go out of the same, but rather will dye with beating themselves. Plinius.

29

If the Lord of the second house be in the twelfth house, enmities will come many times to him that is then bozne, for mony or through mony. Taisnier.

30

Planten Stampf, and the iuice wrung out, and put into the holownesse of an Ulcer, with a spowte, healeth the same. So doth Betony Stampf, & applyed to a Fistula, healeth it. Petrus Hispanus. The iuice of Cinquefoyle, doth heale the Fistula likewise, if it be put into the same with a spowte.

31

To separate Gold from any thing that is gilded. Take Borate and temper it in water, then boyle it ouer the fire, and with the same water anoint the thing that is gilded, and cast thereon a little of the powder of quick Bizimstone: after put it into the fire that it may be made red, then quench it in running water, and you shall finde the gold in the bottome of the vessell.

32

For any paines of the eares, and for them that cannot heare. Take a great Onyon, cut a hole therein, and set it in the embers to roste, then fill it full of Oyle Olive, and euer as it wyeth, fill it vp againe till it be roasted well, then take away the uppermost skin thereof, then strayne the Onyon throug a cloth, and keepe it in some close glasse, and when you will occupy thereof, put some of it into the whole eare, and let him lye on his soze eare:

when:

When he goes to bed: and if he vse this nine nights at the cur-
theft, it will helpe him. *Prooued.*

33

For the Fundament that goeth forth. Take the toppes of red
Pettles, and stamp them in a mortar, then put it into an earthen
pot, then put thereto a good portion of white Wine, and set it ouer
the fire; and let it sæthe till halfe the liquour be consumed, and
giue the party diseased a good draught thereof something hot to
drinke morning and euening, first and last, for the space of ten
daies. And also apply the hearbes something warm to his Fun-
dament: and it will helpe him perfectly. *Prooued.*

34

For the eyes that be chased and the liddes turned vp, bleared
eyes. Take Arment, Honny, and the white of Egges, of each
a like much, temper them wel together: then take flaxe & lay the
same thereon, then apply the same vpon the soze eyes, and it will
draw the euill blood out of them, and perfectly heale them. This
Medicine hath bene prooued.

35

It is said that a Hart dooth so abhor a Ram, that he cannot
abide the sight of him. Aristotle, Pliny, and other.

36

When foure or fīue Planets be coniunct or ioyned to-
gether in the Ascendent, or first house, of any Childe that is
borne, that Childe will not liue long. Expositor dooth say, The
King of our Cittie did call me, because one of his Women had
borne a Sonne, and the Ascendent was the eighth degre of Libra,
the terme of Mercury, & Iupiter was in the same, and also Venus,
Mars and Mercury: and the company of the Astrologians did meet
together there, and euery one of them did tell his opinion, and I
held my peace. The King sayd vnto mee, Say what thou canst:
why dost thou not speake? To whome I answered, Giue me
respit for thre dayes, for if your Sonne shall passe the third day,
you shall see a great miracle of him. And after 24. houres was
ended, the Childe did rise vp to sit, and he spake and gaue signes
with his hand, whereof the King was greatly afraid. And I
sayd, that he would speake some prophesie, or some miracle. Then
the King went to the Childe, and wæ with him, to heare what
he

with him, to heare what hee would say. And the Infant sayd, I am the Infortunate borne Childe, and I am borne to shewe the losse of the Kingdome of Azdexit, and the destruction of the people of Almanaz. And straightway the Childe fell downe, and died.
Hale Aben.

37

This following is a secret, and an approued thing for the Palsey, wherof if you giue thrice in the day to him that hath the Palsey, halfe an ounce, that is, in the morning thre houres before meate. and two houres before Supper, and at his going to Bed, it wil help him thereof. Take of the new and fresh braine of an Hare, broyled or fried, one pound, the iuices of Sage, of hearbe Iuy, and the iuice of the root of Acorns, of each thre drams, of pure Sinamon, Cloues, black pepper, of each halfe a dram, Turpentine wash with the water of hearbe Iuy, thre ounces, Sugar dissolved in the water of hearbe Iuy, as much as doth suffice: And thereof make a Lectuary according to art, and know that it is maruelous.
Emperica Benedicti Victorij Fauentini.

38

To help swolke leggs. Take Hallowes, and see the them in water, then stampe them well, and straine them: then put thereto Harrowes greace, and fry them together, vntill it be something thicke, and like an oyntment: lay some thereof vpon a cloth, and make a Plaster, and apply it to the soze and swolne legge, and lay a new plaster thereto twice euery day, morning and euening, thre or foure dayes together: and by that time it wil be adwaged, and as small as the other. This was told me by a Woman that had tryed it many times.

39

One neuer hath the Colcke, vntill he hath knowen a woman carnally. Hippocrates.

40

Alexandrinus Iouinus Pontanus doth say, that he saw a man was grieuouly stung or stricken of a Scorpion, which presently was deliuered and helped thereof, with drinking of Frankincense, wherein was sealed the Digne of Scorpij or of a Scorpion: being after made in powder. But it must be grauen in the stone of a King, (Scorpio ascending) the Stone then being there, and plaske in the Angle, and the Frankincense must be sealed with
that

that seale, when the Stone is in Scorpio, and found in an Angle. And let it be given in powder as is before said, either in water, or in white wine, or in any other meete liquor.

41

Here ensueth the making of a miraculous Oyle, called Oyle incombustible. Take of white Sape the best that may be gotten: and after you haue beaten it well and fine, put it into a great Retort, on which poure so much weight of Aqua vita: seuen times distilled ouer, then set the Retort into ashes, firing a large receiuer to it, and very well luted in the ioynts: This done, make vnder it a soft fire in the beginning, and encrease the fire by little and little, vntill all be issued forth that wil come, which together wil be an Oyle and Water, then draw away the receiuer, & separate the water from the oyle, which Oyle is incombustible and miraculous in sundry matters, in the worke of Alchemy: for this greatly auaieth in firing the medicine Volatile, and serueth well to incorporate with all metals, and seasoneth such as be crude, and likewise sweetneth when they be eger. This also dissolueth all paines and swellings caused of grosse and clammy humors, and healeth in a manner all sorts of wicked Ulcers. And in this, (saith the Authoꝝ) I conceived a great delight, as to work such a matterie, to see so many strange fumes and varieties: but a more pleasure I took in the practice, as to see how the same auailed in euery matter whereto it was applyed. By which I proue this to be a diuine substance, and an oyle worthy of eternall memory. And this was the greatest secret, with which that singular Mathews the Hungarian did so many great maruels in Padua: for he healed with it the Cowte, the quartane Ague, the paine of the French disease, and the dry scab on the head, with sundry other griefs, for which while he remained in Padua, he was highly esteemed & wondered at. And at the last in his departure from Padua, he reuealed it to me, that the onely medicine which he vsed to all the griefes, was this Oyle and none other. The making of which, he vttered vnto me at his departing: which before he would not teach to any man. And the same I haue many times made, and haue also scene such strange practices of it, that to repeat them, I should scantly be beleued. Hæc de secretis Falopij.

L.A.

42

To put a Schedule, or little writing in an Egge, lay an Egge certaine dayes in strong Wineger, untill it be soft, and write your name or what you list in a piece of paper, and fold the Paper as hard together as you can: then with a Rasor cut the said Egge in the toppe finely, and advisedly: thozow the which put the little Paper into the Egge circumspectly, and then put the Egge into cold water, and immediatly the Shell will be hard as it was before. A proper secret.

43

The quieter Beasts have the lesser Galls: the fearefuller, the greater hearts: the lighter the more leaping, the more Liever: the merrier the more pleasant, the greater Spleene: and the greater voice, the more Lights: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet Iras,
Splen ridere facit, cogit amare Iecur. That is,

The heart doth burne, the Lungs doo speake,
the Gall to ire doth moue:

The Spleen or Hilt doth make vs laugh,
the Liever makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substance, signifies the childe then bozne, shall wastefully consume and spend his goods, or signifies the losse thereof, and that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderful profit in medicine, especially, against hollow wounds and vlcers, Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable: yet some doo witness that such a Fistula may be cured by Agrimony alone, by often vūng it, either in drink or powder. Filipendula is good for the same, & the grains or little round things, that are found in the end of the roote. Cordonius alleadgeth Agrimony to be the best and surest medicine for the curing of a Fistula.

46

For the web or spot in the eye. Take the great bone of the Goose wing, the elder the better, for though it be a yeere old, it is not the worse, bzeake it, and take out the marrow that is within it:

2

then

then put some of it vpon the web, or spot, and it wil break it, and saue the sight. Poued.

47

The vertues of *Bozmentil*. This hearbe comforteth the sight, and clenseth the body of diuers maladies: the powder thereof is good to clarifie the sight of the eyes, though one be blinde. And this hearbe is drest on this manner. Take the Hearbe with the roote, and see the it with white Wine, till the third part be sodden away, and giue him that is blinde, to drinke of this liquour nine dayes in the morning cold, and at night blood-warme, and within that time he will recouer his sight (by Gods grace.) But if the sight of the eye be hurt, take also the hearbe and stampe it, and see the it in white Wine, with a little water put into the Wine, then lay or spreade the hearbes on a linnen cloth, and binde it vpon his eye or eyes, and it brings a wonderful helpe, if thou stampe this hearbe with the roote, a good quantity, and put it into a little vessell full of Wine, and let it remaine therein thre moneths. Whosoever drinkes often of this Wine, though he hath bene blinde nine yers, he wil recouer his sight again. This I had out of an old written book, which doth much agree with Petrus Hispanus in this case: whose minde thereof I haue mentioned in another place of this booke.

48

If the part of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the part of Fortune, and the Lord of the house of substance be euill affected of euill Planets, or of the beames of the sunne, which destroyes and scatters, it signifies that he or shee that is then borne, shalbe poore, a wretch, and that he will not be able to get his owne living, and that he is like to liue of Almes. Haly. A-benragel.

49

This following is a secret and approued medicine for them that are short-breathed, very good for the poore, because it is not costly. Take of the rootes of Hollyocke dyled in the shadowe, one pound, made in fine powder, clarified Honny, foure pound: see the them ouer a fire, and stirre them together vntill it be in the forme of a Lectary, whereof let the patient take often, and he will be whole. *Emperica Benedicti Victorij Fauent.*

A

50

A perfect and most sure and proued remedy, and a rare secret for the helping of Womens breasts that be swolne, and full of paine: which was reuealed vnto mee by an old Woman, who said that the Lady Owen, Doctor Owens wife, vbled it to women in this case very much, who kept it as a good secret. The medicine followeth. Stamp oz bruse nine little wormes, of some called Swine lyce, (which commonly will be found betwæne the barke and the wood of old oz dry trees, which haue many feete, and being touched, they become as round as a Button,) in eyght oz nine spoonfulls of drinke, let them remaine therein all night, and the eighth morning straine the same drinke, and let the diseased woman drinke the same a little warmed, at one draught, and then let her lay to her breast, a two oz three fold Linnen cloth warmed: the next morning, let her take eight of the same little wormes in drinke, in such order as befoze, and the third morning, seuen, and the fourth morning, sixe, and so euery morning following one lesse: decreasing one euery morning, vntill nine mornings be ended, on which ninth morning she must take but one of them, as it will fall out by the decreasing one euery day: and if she be not then thoroughly whole of her breast, let her encrease euery morning one immediatly following, vntill she hath receiued nine at one time, according to the order befoze appointed. A rare and notable thing, if it be true: for I neuer proued it.

51

For the swelling of armes, legges, oz feete. Take Linfeede, Wheate bran, Booklime, Chickenwæde, Groundsell, of each one handfull, and one pottle of white Wine: seth them all together, till it be thick, and lay a plaister therof to the place that is swolne, as hot as the party can suffer the same: and it wil take it away, and help him within thre oz foure plaisters. Proued.

52

To help a stinking breath that comes from the stomack: Take two handfulls of Cummin seed, and beat it to powder, then seth it in a pottle of white wine, vntill a quart thereof bee wasted away: then giue the party a good draught thereof, first and last, as hot as he may suffer it, and it will make him haue a swæte breath within fiftene dayes. This is proued.

P 3

Darke.

53

Marke what Planet is ruler of the twelfth house, and the day that bears the name of that Planet, will be unlucky to the childe borne at that time, and many times will haue mishaps of that day. Which by long experience is found true.

54

Put the scete of Hens in hot embers, till the scales or skinne thereof be separated and shunke from the Legs: and with the same skin warme, rub Warts thre or foure times or more, and it will drie them away. Petrus Hispanus.

55

If you wil doe away or consume a Wen, doe as followeth: binde fast the Wen, then take Verdigrise, Winitone, Sope, oyle of Eggs, Allom and Honny, of each a like much, and temper them together, and lay it thereto, and it will doe away the Wen, and heale it.

56

A singular Dyle and very rare, which causeth a comely face, and maketh the person merry which bleth it, yea, strong and hardy to fight: the making thereof doeth follow. Take one pound or two of Hempstede, which after the finely beating thereof, sprinkle and wet it with a little Wine, then put all the same into a new earthen pan glased, and set it ouer the fire: heate it so long, untill you cannot suffer your hand in it, after put the same substance hot into square bagges, which wring hard out, in a Presse, and an Dyle will come forth very profitable: whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleasant and merry: and if a Souldier drink it, it will make him both fierce and hardy to fight, without any feare or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comely to see to, and in this manner you may draw out an Dyle out of all seedes. This is in the newe Jewell of Health.

57

A notable and often proued medicine for a Sciatica, ache, gowt, or other paine or grieffe. Take a pinte of pure Aqua Composita, one Beasts gall, and one ounce of Pepper beaten into powder, boyle them all together, untill halfe the Aqua vita be consumed: then lay some thereof in a cloth like a plaister, and apply it something hot to the grieued place, & let it lye twelue houres vnremoued,

ued, and do thus foure or fūe times if need be: for it is a ſure helpe.

58

A pꛑecious water for eyes that be faire and clere, and yet are blinde. Take Smalledge, red Fennell, Kew, Merueyn, Bettony, Egremony, ſūe-leaued Graſſe, Dympernell, Eyebright, Sage, Celendine, of eache one quarter of a pound, walsh them cleane, and ſtamp them in a faire Brazen Morter, or in a pan, then take the powder of ſiſtōne Pepper Coznes finely ſearced, and a pinte of good white Wine, and doo them to the hearbes, and alſo take thꛑe ſponefuls of liſe Hunny, and ſiſtōne ſpꛑecifuls of the vꛑine of a Boy that is an innocent, and mire them all together, and boyle them ouer the fire a little while, and ſtrayne all thꛑow a cloth, and keap it in a glaſſe well ſtop, vntill you occupy it: and with a Feather doo it into the ſoze eyes, and if it doo away, temper it with white Wine againe. This is a medicine for all manner of euils of ſoze eyes, to make a man ſee, if euer he ſhall ſee, within ſiſtōne dayes on warrantize, by the grace of God. This I took out of an ancient wꛑitten booke.

59

Euery one that is borne, whoſe degꛑe of the ſeuenth houſe is the terme of an euill Planet, he ſhall dye a ſoule death. And if it be the terme of a good Planet, he ſhall dye a faire and good death. Haly Abenragel.

60

If you rubbe Warts with Egremony, Campt and mire with Wineger, and alſo plaiſtred vpon them, it taketh them away cleane. And alſo if Purſaine be rubbed vpon them, it pulleth them by by the rootes. Petrus Hispanus.

61

For the Coddes that be ſwolne. Take the powder of Cummin ſeede, Barly meale, and Honny, of each a like much, fry them together with a little Sheepe ſuet, and binde the ſame as a plaiſter all about the Cods, and it will helpe. Doued.

62

This following will breake a Byle, Botch, or a ſellon. Lay ſkil thereto ſome Doſſet curd, and let it not be remoued of twelue houres, and that will gather the matter together, and make it tender. But if once applying of the Doſſet Curd doo it not, then apply thereof to it twice or thꛑce: then take vnquencht
Wine,

Wine, and cast vpon it some faire Spring water, and mixe the same with blacke Sope, and lay to the soze a piece thereof, according to the greatnes that you would haue the hole of the soze, and when it is broke, then wash it in white Wine a little heated: and so heale it with Butter and powder of Sugar mixed together. This is a sure and approued thing.

63

A Noble Secret for all incurable aches and paines in the ioynts where-uer they be. Take all the whole horne that a Buck casts off, the later the better, cast away the scawpe, take nothing but the horne, cut the same in shiners or pieces, then sethe the same in a gallon of faire water, vntill all be come to a pinte, or something more: then cast away the pieces of the horne, and then let that in the vessel stand vntill it be cold, which then will be like a Jelly: and when you will occupy thereof, warme some of it in a Sawcer, or some other conuenient thing, and then anoynt the grieued place therewith by the fire, morning and evening, and let it drinke in by the heate of the fire: and it will help and heale it thozoughly for euer, (God willing) within nine or ten dayes. This is very true, and wel proued: which a friend of mine told me, that helped himselfe of such an ache therewith, that neither counsaile of Physicians, practice of Surgions, nor yet the long vsing of the Bathes could ease: whereby he spent much mony in vaine, vntill a Wench by chance told him this excellent remedy. Which as she said, a Nobleman of this Realm did learne beyond the Seas, who hath reuealed it since to the great commodity and helpe of many.

64

For swolne and sore throates, a rare and sure remedy. Rub your hand on the bare earth or ground, and then therewith rub the sore or swolne throte, if presently you do thus thrice seuerall times, the swelling and paine wil marueilously goe away. This was taught me by a friend of mine, that did know it too be true by profe.

65

An excellent remedy for a great heat and pricking in the eyes. Fill an Egshell newly emptied with the iuice of Singreene, and set it in hot embers, and scum off the greene baggage from it, and then it wil be a water, then strain it, and keep it in a glasse,
and

and put some of it into the hot eyes, foure or fūe nights together and it will cease the burning and pricking thereof quickly.

66

He will scantly or neuer dye an euill death, that hath a good Planet in his eighth house. Haly Abenra.

67

A wonderfull drinke agaynst byusings, and it helpeth such maruailously that are byused through falling. Take Cgremony, Bettony, Sage, Planten, Iuy leaves, Roseparsie, Stamp them together, and mixe Wine thereto: giue the patient it often to drinke, till he be whole. A true & tryed medicine. I thinke that Pet. Hisp. hath the same.

68

If you burne foure ounces of Turpentine, vpon a hot or burning plate of Iron, vntill it may be made in powder, and then mixe two Drams thereof, with foure ounces of the water of Saxifrage, and giue it twice in a weeke, earely in a morning, to them that haue the stone in their Blather, and so continue it two months, he shall not onely be preserved from breeding of the stone in the Blather: but also it will burst and diue forth the stone byed there already. This is proued, and a secret, and is to be kept well in minde. Emperica Benedicti Victorij Fauentini.

69

If Lauender be well sod in water, and then strayned, and halfe a pinte thereof drunke dayly first and last, for the space of a fortnight, it will heale them that haue the Palsey. This was found in an old wrytten booke.

70

An excellent and speedy remedy for many diseases, and chiefly for the stomack. Mixe two spoonfuls of Sallet oyle with two spoonfuls of pure Aqua vitæ, and drinke all the same in the morning at one time: doe so five or seuen mornings together. It is a notable and often proued remedy.

71

For the Strangury a strange medicine. Take a pinte of good Aqua Composita, and put a good handfull of Iuy leaves therein, and keepe the vessel well stoppt, and the Iuy leaves will consume therein, vse to drinke of the same thre or foure spoonfuls at one time, morning and euening, first and last, five or sixe dayes together: and you shall see a maruailous help thereof.

Z

This

72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pound of good blacke Soap, one pinte of good Aqua vitæ, halfe a pinte of Sallet Oyle, and a quarter of a pinte of the iuyce of Kew, seeths them and stir them all together ouer an easie fire, vntill it be something thicke, and that it may be made in a plaitter: then spread some thereof vpon a piece of Leather, and apply it to the ach or pained place, and let it lye thereon vnrremoued thre dayes and thre nights, and if the paine be not then gone, then apply such another plaitter therto, and remoue it not of so long, and it wil help it certainly. This was told by one that knew it often proued.

73

The powder of white hard Sugar, put into a bloodshotte eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a little Rose-water into the eye. This I haue proued oftentimes to be true. Beza, and I think if it were vsed, it would consume the web of the eye, at length.

74

Haly saith, that he that begins to set forward his iourney in sayling, or enters to goe to the Sea in the houre of Saturne, he will be drowned: or else will be lost by the inuasion of Pirates, or other: or else the fierceness or great raging of the Sea wil throw him to the land where he shall suffer shipwack: or else into farre Islands he shall be carried, (perhaps vnknowne to him.) Which of trueth hath alwaies hapned to that ship that then sets forward as the booke of Nature did containe: which as he hath diligently proued, and read, which chiefly entreats of the iudgements of houres. And the said Haly saith further, as followeth: When a certaine Ship did set forth or forward in the houre of Saturne, I sayde to one of my fellowes, which vnderstood something in this Science, All these men are giuen to be lost. And within a while after they all perished. Thus much saith Haly: And in the beginning of long iournes as well by Land as by Sea, in this houre I haue knowne much harme and mischiese to follow: which although many doe not, nor wil beleeue to be true, because they know neither this excellent Science, neither the prooffe of these things: yet many that be wise and learned, and that haue paid full

full dearely for the prouing thereof, doe thinke this no lye. But if some of them did knowe the same houre, and should practise some such like thing therein, the euent thereof would teach them, I thinke, not to be so incredulous. I knowe (I thank God theretofore) that no harme shal happen to the children of God: for he wil so guide them, that neither man nor Deuill, nor any other thing can destroy them, though in this world they may seeme to hurt them. And as he doth preserve them from harme, euen so he appoints them their times to walke in, and the beginning of their iournies: Assured I am, and fully satisfied, that he by his diuine prouidence, makes them auoyd that houre, and other euil times: and the wicked and vngodly haue hapned of that time, to their destruction. Therefore for my part, I attribute nothing to the time, but all honour to God, that made the time: whose glozy and power is to be extold, that foreshewes such things to man, by such houres or times.

75

Blacke Sheepes wooll, mixt and chafed by the fire, with fresh butter, and the deafe eare skopt therewith at night, and thus used nine or ten nights together, it helpeth deafenesse perfectly, and speedily. A proued thing.

76

Here followeth a notable and excellent Aqua vita. Take Calengale, Cucubarum, Ginger, Nutmegges, Cloues, Cinamon, of euery one an ounce, fresh Sage, foure ounces, water that is distilled sixe times out of pure and good wine, ten ounces: put them all together, and let them remaine so in a close cleane vessell three daies: then distill the same, and keepe that that is distilled in a cleane and close vessell. Whosoever drinkes a Nut-shell full of this water euery day, it wil preserve their bodies maruelously, and keep them from many diseases, and bring them to old age. It is said that M. Gallus, Physicion to Charles the Emperour, used this water, and liued a hundred and foure and twenty yeeres. Georg. A lapide deuised this water.

77

If you desire to haue sweet water forthwith, or by and by, put two or three droppes of Oyle of Spike, in a good deale of pure water, and chafe it together in a Glasse with a narrow mouth. Euonimus.

Z 2

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78

An excellent oyle for cold aches. Take the wood of Iuy dyed, cut the wood in little pieces, and of the berries, and gum of Iuy, of each a like weight: let them be put in an earthen vessell, boyled thozow in the bottome in two or thre places: and then let an other pot be set vnder it in the earth, and ioyns the bottome of the vpper pot vnto the mouth of the nether with clay or paste, and the vpper pot must stand wholly aboue the ground: then make a fire on euery side, and the Dyle will distill blacke into the nether vessell. This oyle before all oyles ceaseth the griefs of the ioyns of a cold cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Authoz hereof, as appears in Euonimus.

79

If you put out the white of an Hens Egge, and fill by the same egge with the iuice of flowerdeluce, and mix the yolke and it well together, then warming it a little in the hot ashes, and so giue it in the morning to them that haue the Dropsie, it will auoide downward the Dropsie water aboue measure. This is proued to be true. Much like vnto this, Benedictus Victorius Fanentinus wrytes this for the same cause: but he appoints the iuycto be giuen with Mellirate.

80

A proper practice to make a Capon to bring vp young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then setting young Chickens vnder him, he will maruelously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the more willingly to cherish, bring vp, and feede, yea, and to loue them, as the Hen would doe naturally. And the reason thereof is, for that by pricking of the Nettles, he is the rather desirous to couch on the soft downe and feathers of the young Chickens, sitting vnder him. This I had out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Aeschilus was foretold by an Astronomer, that he should be killed by some ruine, or something that should fall vpon him vpon a certaine day or time: who (to prevent the same,) did walke abroad a certaine space about the warned time, and would
by

by no meanes come into any house, thinking thereby to auoyde the danger, vnlesse the heauens should chance to fall: but mark he who hard it is to auoide fate or Gods determined appointment. About the said time foretold by the Astronomer, an Eagle did flie ouer his head, from whom a stone did fall vpon Aeschilus head, and killed him. Whereby we may not onely see that mans wisdom and policie is not able to frustrate Gods prouidence: but also that there is a maruelous certainty in the Astrological foreshewing of euent, especially by directions: which Cyprianus Leouitius seemes to affirme by this and other notable examples. And sure I am by many pꝛoues and trials, that the euent will assuredly happen at the time promised by directions: that when the Signifier comes to the very place and minute of the Promissor, accounting for euery degre betweene them one yeere, and euery minute about sixe dayes, if the Signifier be to be directed by the direct Ascensions: but if the Signifier be to be directed by the oblique Ascensions, (or else Intermixtim) which is not very easily or soone done, then they signifie sometimes moze, sometimes lesse, according to their swift or slow ascending, which directions to be infallible, the learned and expert herein cannot chuse but affirme. For that they are found as perfect by pꝛoues, and as true by triall, as the break of the day dooth assure vs of the rising of the Sunne.

82

In Lamberge a towne of Schelesia, as Iohannes Langius writes, a certaine Roman great with childe did follow a Priest that had newly washed or bathed his fete: who being taken with such a longing or lust with the sudden sight of his bare fete, that she priuily behind his backe, did hold his legge with her hands, and out of the same pluckt a piece of flesh with her teeth: Nothing regarding the cry of the poore Priest, which cryed out both of God and Man.

83

If the fote or legges of an Ox, Cowe or Horse be swolne by chance, marke the ground where the same swolne leg or fote dooth stand, and take or graue vp with a knife or dagger, a turfe or piece of earth in the same place where the same fote did stand, and hang the same Turfe or piece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or dry weather,) if not, then hang it in some Chimney where fire is made, and af-

ter as the turfe oz earth doth dry, so will the swelling cease and the paine go away. This I haue proued to be true diuers times. And it is practised of many, especially, for Dren oz Rine. But the suddaine swelling and grieffe of my Horse legge hath bene helpt therewith, within two oz thre dayes, and by none other meanes. Who list to proue it, shall finde it true: although it be farre vn-
likely.

84

The water wherein Lauender is sod, doth quite put away any spot oz staining in any cloth, Cap oz Hat, if the stained place oz spotted be washed oz rubbed therewith. It is very true, proue it who list.

85

To make any fowle, of what condition the same be, to haue the feathers all white. Take the Egges of what Bird oz Fowle you will, role them in the iuice of the hearbe called House-eare, oz in the iuice of Houlæke, oz otherwise in oyle (after the minde of Cardanus,) and after put the Egges againe in the nest: for after the hatching, the feathers will growe white. This is taken out of the Naturall & Artificiall conclusions of the Schollers of Padua, translated into English by Thomas Hill.

86

If the figur of a Lyon be graued in a thin plate of Gold, whom the Sunne is in Leone, (that is the signe called the Lyon:) so that the Moone behold not then the Art house, noz the Lord of the Ascendent behold Soturne oz Mars, and the Moone then separate oz rather free from them, it doth put away the intolerable paines and torments of the backe: if it hang at the reynes of the backe, oz touch the same. And if Tropisks be made of the powder of pure Olibanum and Goates blood, and after sealed with the same Lyon, and after dyed, and then being dissolved in white Wine and drunke fasting, it woakes a maruelous effect against the Stone of the reynes and of the Blather. Andreas Cordubensis to Gregory the Bishop of Rome.

87

This confection following is a most excellent medicine and remedy for many inward effects: especially, for all fluxes of blood from whence soeuer they flow, and also other fluxes: moreouer, for them that haue great paynes in their backes, and also pynnes in their Liuer, oz whose Liuer is not altogether well.

And

And Galen the Authoꝝ hereof sayth, (belike for the excellency thereof,) Give not this, before thou hast receiued a reward thereof: the making whereof doth follow: Take of Siramon, Cassia lignea opium, of each two drams, Birch, both Peppers, Galbanum, of each one dram, let them be stamped, and then mixed with a little clarified Hony, and made in a lump or masse, giue thereof at night two round Pills, something bigger then Peason, in the soft of a reded Apple, and let not the party drinke of two houres after, and if his griefe and paines be neuer so great, he will be in marueilous ease and quietnes, within an houre or two after, and so remaine the most part of all the night: yea, and perhaps sleepe soundly and well. You may giue it two or thre nights together, if the party be strong, but if he be very weak, giue it euery other night, thre or foure times: and if the party be in extreme paine, then giue it when you list. But if the Stomack be full of meate or sleame, it wil shew the lesse effect. Who euer shall proue it, shall finde it a worthy thing. I haue proued it aboue a hundred times.

88

A fine way to make Cozall by art, which followeth. Make the Hoynes of Goates (first shauen or scraped,) into powder, and let the same steep in Strong Lix, made of the Ashes of the wood of an Ash, fiftene dayes together: after ward take it out of the said Lix, and mixe it with Cinabrium, dissolved in water, and hang it ouer an easie fire, vntill it be thick, and if it haue then the colour of right Cozall, make it in the forme or fashion you thinke good, dry it, and publish it according to art. This doth Mizol. describe.

89

The iuice gotten out of a red Onyon, and thre or foure drops thereof put into the deafe eare eord, thre or foure nights when the party goes to bed, helpeth the deafnes be it neuer so great or ancient. Feare not, though it put you to much paine at the first time: for at the second time it will be moze easie. This was taught me by one that knew it by proufe.

90

To make a woman that hath a dead childe within her, immediately to be deliuered thereof. Take the quantity of an Almond of a Bulls gall, mixe it with two spoonfull of Wine, and let her drinke

Drinke it: and she shall auoide it straight, Iacobus Weckerus.

91

Denide an Apple in the midst, and in the one halfe of the Apple in the midst of it make a round hole, by cutting a piece out of it, then into the same hole put a blacke Beetle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Beetle, to the maruaile of them that behold it.

92

Take an Apple of Colloquintida, and lay the same to steepe in water a whole night, and after boyle woymewood in the water: which water being cast about the Chamber, killeth all the Fleas therein. Also anoint a stasse with the greace of a Hedgehog, and lay the same in the midst of the Chamber, and all the Fleas there will come and cleaue to that stasse.

93

A certaine young Gentlewoman or Lady, trimming and dyesing her selfe, holding then in her mouth a few Pins, was suddenly and priuily strucken betwene the shoulders, by a certaine Kuller or Prince, (being her Louer,) wherewith she was so suddenly feared and amazed, that she swallowed the pins which she did hold in her mouth: which pinnes she auoided in her vrine within two dayes after without any harme. Iohannes Langius.

94

If Roses and Lillyes be sown ny together, or that they touch one another, the flowres of them will smell the moze pleasantly, and will growe the better, Mizaldus.

95

One Apfius got much money with this most excellent Oyle following, and was marueilously esteemed theretoze: after whose death the King of Spaine did giue vnto his wife fve hundred Crownes, for the vttering and disclosing the making thereof, as is manifest in a booke made of the same at large by one George Baker, in the English toug: which hath manifestly shewed his honest heart and naturall loue to his Country. The same Apfius in his life time, and his wife after his death, did helpe all wounds, old vlcers, aches, paines of the back & Emrods therewith, & it is maruelous good for the golw, the making of the oyle is thus. Take of the most purest and oldest white Wine, one quart of the

The oldest oyle Olive three pounds, Carduus Benedictus (called the Blessed Whistle) Valerian, and the lesser Sage, with the flowers, if you can get them, of each a quarter of a pound, of the leaves and flowres of Saint Johns Wort, halfe a pound, let the hearbs and flowres be infused or steeped in the said wine and oyle 24. houres, then the next day let all be put into an earthen vessell leaded, or a vessell of brasse vpon an easie fire, vntill the wine be consumed, moving it still being ouer the fire: then being taken from the fire and strayned, put thereto of Venice Turpentine, a pound and a halfe: then let all boyle together a quarter of an houre, then put thereto Olibanum, five ounces, Myrrh three ounces, Sanguis Draconis, one ounce, and let all boyle vntill the Myrrh be dissolved, then put it into a vessell of glasse stopped, & let it stand in the hot Sunne ten dayes, before you vse this oyle: you must wash the sores or wounds with white wine, wherein must be the powder of Olibanum. I haue written this here, because I think, thereby many shall haue knowledge of this precious Oyle, which otherwise should neuer haue heard of it.

96

A sweete water and vnknowne, whereof one part mixt with ten quarts of pure water, maketh the whole most sweet. Take Nutmegs, Cloues, Galingale, Spikenard, graines of Paradise, Mace, Sinanon, of euery one an ounce, pound or stampe them all, adde thereto twenty graines of Muske, or lesse, as you delight in the smell thereof, powre into them a pound and halfe of Rosewater: let them so remaine together in a close vessell foure or five dayes; then put thereto thrice as much Rosewater, and distill all the same in a Pot or Kettle full of water, seething as in Balneo Mariae, and keepe the distilled water in a glasse well stoppt, to the vse besoyesaid. Euoni.

97

If an Egge be painted with sundry colours, and the same set vnder a Henne which sits to bring forth Chickens, she will hatch thereof a Chicken, hauing the like feathers vnto the colours painted on the Egge. Thomas Hill, out of the naturall and artificiall conclusions of the Schollers of Padua, affirmes this.

98

If one make a little rope of the guts of a wolfe, and then bury
 A a the

the same vnder the Sand or earth, there will neither Horse nor Shæps goe that way, though you beat them with a staffe. Albertus.

99

It is said that a Hare doth liue ten yæres, the age of a Cat is so much, a Goat doth liue eight yæres, an Ass thirty yæres, a Sheepe ten yæres, but the Belweather many times doth liue 15. yæres, a Dog 14. but sometimes 20. a Bull 15. but an Oxe, because he lacks his bones, doth liue 20. a Swine and a Peacock 25. a Horse 20. and oftentimes 30. there haue bene Horses that liued 50. yæres, Pigeons liue naturally 8. yæres, a Turtle and a Partrich 25. yæres, and also a Kingdome, which oftentimes liues 40. yæres. Mizaldus.

100

The body of a Birch tree, cut or scorched, the spring time going befoze, doth yeeld great plenty of water, which water being drunke, hath a maruelous strength to breake the stone in the reins. Matheolus vpon Dioscorides writes it.

The end of the ninth booke.

The tenth Booke of Notable things.

I

There is an euident familiarity betwene the Oliue tree, and the Myrt tree, for as Andronicus reports, the branches of the Myrt tree doe pleasantly extend or spread by the Oliue tree, and the rootes of them doe mutually embrace each other, nor any other plant but the Myrt tree wil grow wel, nye the Oliue tree. This also Mizaldus doth affirme.

2

The smell of Bitumen raw, or the smoak thereof burning, retained by the Nose of such as are grieuously tormented with the paines of the mother, is a present helpe or remedy. It is most certainly proued. Wherefoze many Women which are grieued with that disease, doe hang it about their necks in wooll, that they may driue away their fit by the oft smelling thereof. Mizaldus writes this. And the learned Doctor Monardus affirms the like thereof.

The

³
The Sparrowe Hawke is a fierce enemy to all Pigeons, but they are defended of the Castrell, whose sight and voyce the Sparhawk doth feare, which the Pigeons or Doves know well inough: for where the Castrell is, from thence will not the Pigeons go (if the Sparhawk be nigh) through the great trust the hath in the Castrell her defender. Iohannes Baptista Porta hath written this.

⁴
The leaues of a Willow tree, as also the barke thereof sod in Wine, doth helpe them that haue the gowt, if they be somented or bathed therewith.

⁵
Stoflerus an excellent Astronomer, knowing by his Patience, that he should be in danger to be hurt about a certaine day or time, kept himselfe then within his owne house, assured that it was strong inough. The same day or very nye vnto it that the euent should hap, certaine of his learned friends & he, as they were reasoning together, did vary in some certaine opinion, about the tryall whereof as it should seeme, he reached to take downe Booke off his shelve (being placed there among diuers other,) when through the lacke of a naile, the whole classe or shelve where the Booke was, fell vpon his head, and wounded his head very soze. Which doth not only shew the worthines & excellency of Astrologie, especially in a learned and skilfull person therein: but also our folly in flying from Fate, for that our Wisdome doth leade vs into it, when most of all we meane for to shun it. Therefore perfect prayer passeth policy, in preventing of perils.

⁶
Three halfpenny weight of the powder of an Adamant stone, drinke with the iuyce of Fennell, drawes the water from them that haue the Droopie. And the same stone put to the head, takes away quite all the paynes thereof. Iacobus Hollerius an excellent Physicion affirmes it.

⁷
It is a manifest thing and proued by dayly experience, that the bodies of them that be murthred, when they be found, if any of their kinned bee then present, or the party or parties that killed or murthred them, or was the cause thereof, immediately blood will burst forth suddenly, either of the wound, or nose, or out

of some other part of their body. I would alleage here a great sort of examples for the verifing thereof, but I omit them: for it is a thing found true by dayly experience, besides that Lucretius, Philip Melancton, Iohannes, Langius, and Leumius Lemnius write thereof.

8

Pieces of Amber being put or tyed to the hinder part of the head, doe helpe the running or watrinesse of the eyes, with a marvelous successe: and hanged about the necke, doth hinder distillations, that they goe not downe by the thyoate, Mizaldus. Besides that, it is proued to be true.

9

A certaine Woman went with a dead Childe in her wombe about foure yeeres, which by the counsaile of learned Physicians and expert Surgions, was drawne from her piecemeale, and the mother did not onely liue, but also conceaued another Childe, as Mathy Cornace a noble & learned Physician hath affirmed, who was present when the said Woman was cut for the getting out of the said dead Childe. Mizaldus reportes this.

10

If Celes be suffocated in Wine, whosoever that drinke of that wine, though they haue bene very much giuen to wine befoze, and could scantly abstaine from the same, they will loath wine, and not be desirous to drinke Wine after. The greene Frogges which vse or leape about Springs, if they be suffocated in wine, worke the like effect. Mizaldus.

11

If Mus aranëus called a Shrew, I take it to be the blind mouse, both chance to goe ouer any part of any beast, that part of the beast will after be lame. This I know to be true.

12

Whosoever would haue a very white and delicate Skinne, let them boyle or heate Lytarge of Silver in Vineger distilled: and wash therewith their Skin which they desire to haue fayze, trim and white. This I took out of Mizaldus.

13

In the time of Traiane the Emperour, a certaine man hauing a disease called the Dissury, did pisse with much adoe, a knotted Barly strawe. Anthonius Mizaldus hath written this. And I knewe

knewe a Gentleman, that after his death being opened, had a pions feather sticking in his heart: which feather was shewed me by the Surgeons that did cut and open him.

14

Wtes sodden and the hotte fume thereof close receiued on any lame members, either armes, legs or any otheer: the said members put and holden a good while in the same sodden Wtes, when they may be suffred therein, and the same order vsed scure or five times, if neede be, doth helpe them perfectly that be lame. This was told me for a very truth by them that knew it, & saw it tryed.

15

The tooth of a man hanged at the necke of the party that is tormented with tooth ache, doth take away the paine thereof, especially if a Beane be put thereto, wherein there is a hole bozed, and a Louse put therein, and the same Beane wrapt in a piece of Silke, & then hanged about the parties neck, as is before said. Mizal.

16

The whitest Frankincense made in very fine powder, and drunke with Wine, (if it be in cold weather or in winter,) or in water wherein Keysons are sodde, if it be hotte weather, (or in Summer,) in the encreasing of the Moone, at the rising of the Sunne, at noone, and at the setting of the Sunne, doth maruelously helpe and encrease the memozy, and is very profitable for the bzaine and stomack. Rais the Authoz hereof, by the report of Mizaldus.

17

Any part or piece of the Bone of a mans Arme, with the highest part or end of a Goose wing, being carried or borne of them that haue the quartan Ague, doth cure the same. Mizaldus fathers this of Geber.

18

If one that hath the Droopie or Jaundise, shall drinke their Rine vyne for certaine dayes together, it will helpe maruelously. This Hermes saith. But Benedictus Victorius Fauentinus in his practices affirmes for truetly, and saith, it is certainly proved, that five ounces of the vyne of a Boy not polluted, and of a sanguine complexion, mixt with halfe an ounce of good white Sugar, being drunke euery morning early fasting, for the space of ten dayes, doth helpe certainly ths Jaundise, and also much drunke at once, a moneth together in such order, doth helpe the

A. a 3.

Droopie

Dropsie perfectly.

19

Steape a threed in oyle of Brimstone mixt together, and compass a glasse with that threed in that place where you would haue it broken euen, or parted, and after kindle the same threed with fire, and doe thus so often vntill the place of the glasse be hot, and after compass the same with a threed wet in cold water: and it will part so cleane asunder, as though it had been cut with a sharpe pointed Diamond.

20

If they that be swolne and are full of Dropsie, do lye three dayes and nights in their beds well couered round about in sodden Barley, it helpes and cures them perfectly. This was proued by them that came very much swolne from Ginny. And one of them that was helpt therewith, reuealed it vnto me: which I am content to publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth, that certaine worms are bred in the bowels or guts of the Hart, and they are destroyed by the eating of serpents, which the Hart doth allure with the breath of his nose to come out of their hole or denne: and lest the poyson of them should hurt him, he goes apace to some fayre Spring of water, and whiles all his whole body is therein vnto the lippes, little drops or teares distill out of his eyes, which at length encrease to a thing, as bigge as a Walnut, and are in manner of a Stone, and when he perceiues he hath thereby auoyded all the poyson, and being come forth of the water, with the rubbing of his eyes at a tree, the same lump or Stone (being a hinderance to his sight,) he gets away. Which matter or Stone is a thing most effectuell against any venome or poyson. Many Physicians of great authority and antiquity, are witnesses hereof. Iulius Scaliger, and Amatus Lucitanus doe boast that they saw such a thing, and they affirme that it may be giuen effectually with a little wine to them that are infected with the plague: for by the strength and helpe thereof, so much sweate will come forth of the body, that you would thinke the whole body will turne or consume into moysture, with which once giuing, all the poyson or venome is thrust out of the body. The Arabian Physicians call the Stone, Bosoard: And thereof Alexipharmaca, a remedy against venomes, Bezoardica. This Anthonius

thoni. s Mizaldus writeth. These Bessaar Stones, being of a
 most excellent, notable and precious vertue, are now gotten in
 Peru, in the West Indians, and found about ten yeeres past, in
 certaine kinde of Beasts that goe in the Mountaines of that
 Country, which are much like to sheepe or Kids that are in the
 Portugall Indians, by a worthy Spanish Gentleman, called
 Peter de Osima, who killed some of those Beasts purposely, for
 the said Bessaar Stones, which he thought to finde in them: but al-
 though he looked and searched therefore in the belly, and in other
 places of one of the greatest and eldest of them: yet he could finde
 none of them, neither would the Indians tell him in what place
 of the Beast they were, saying they knew no Stones, being loth
 he should knowe that secret. But at the last an Indian Boy,
 of twelue yeeres of age, told him where to finde them. Wherefore
 the other Indians would haue killed the Boy, because the In-
 dians doe much esteeme those Stones, for they doe offer them
 vnto their gods, or befoze their Idols, as one of the most precious
 things they haue. So that by the said boyes revealing, the sayd
 Gentleman found the Stones in a certaine little purse that the
 maow of the beast hath, wherein the hearbs doe lye when he shew-
 eth the cud. The said Gentleman giues a maruelous commen-
 dation of them in a Letter, which he wrote to Doctor Monar-
 dus an excellent learned Physicion of Siuill in Spayne: saying,
 that they are maruelous good against all venom, and against all
 sorts of poyson, as well in meates as otherwise, and to euils of
 the heart, and to expell and kill wormes, and that they haue hea-
 led such diseases with this stone, that it is wonderfull to be scene,
 both of Ladies, Gentlemen, and many others; naming many of
 their names in that Letter: saying further, that as a newe thing
 all such take it in powder, as haue diseases which cannot be hea-
 led by medicine, and many do heale: and so with many other things
 he praised God, for the great benefits received by the vertues
 of this Bessaar Stone. And the said Doctor Monardus hauing
 receiued of the said stones from the sayd Gentleman, doth mar-
 ueilously praise and extoll the said stones in a worthy worke or
 booke made by him of certaine Trees, Dyles, Plants, and Stones
 of wonderfull great and marueilous effects, whose very words
 thereof, (as much as shall seeme needfull therefore) I here doe
 utter.

utter. If I would (saith he) put here the great effects, and the diseases which the Stones of Peru haue healed, that they which doe come from thence doe tell me, and that Gentlemen doe write me, it would make a great Booke. I will put that onely which I haue experimented, and the effects that I haue vnderstood that they doe, and those that haue pass by my hands, whereby all credit may be giuen vnto it, and as a thing certaine: seeing that there is experience of it, with all assurance and trust, it may be vled. Our Decidentall Besaar Stones haue great vertues, principally they doe remedy many persons which be sicke of the heart, for the which I haue giuen great quantity of them that haue bene brought me, and they haue made maruelous effects: so much, that to many persons which did swoond, by taking it away from them, they were deliuered from death. It must be giuen when they did swoond, and before it come, taking it in the morning fasting with Rosewater, if the party haue great heate, if not, then with the water of Flowers of Oranges, the quantity of foure graines, euery time made in powder. In all kinde of venoms it is the most principall remedy that we know now, and that which hath done best effect, in many that haue bene poisoned, which haue taken it, as well by venome taken at the mouth, as by biting of venemous wormes, which are full of popson. It doth truly a marueilous and manifest worke vnto them that haue drunke water standing in a stinking Lake, being infected with Weasles or vermine which are full of popson, and being swolne immediatly after they had drunke it, by taking of this Stone three or foure times, they were remedied, as I haue seene them after, &c.

In Pestilent Feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Physician should procure in the like diseases. And although he doth take away the cause, and doth withdraw the putrifaction, yet if hee doe not extinguish and take away the malice, the cure is neuer at an end. For that is it which killeth, and doth the principall hurt. And where there are certaine spots in the body like vnto flea-bitings, which doe appeare in the like Feuers, the Besaar Stone of our Indians doth make maruelous effects. Of those which they haue brought mee, I haue spent the most part, in giuing them for the like diseases, and surely it

it hath remedied many with maruelous successe, and in that u hich some of them haue bene spent by me, hath bene in soundings, and surely I haue seene in these Stones the effects so great, that it seemeth a thing of wonder. And especially, I haue seene these causes moze remedied in women, then in men: it is a maruelous thing to be taken, and it hath done manifest effects: where there is melancholy humoz, it doth repaite him much. And it doth in him and in all things which doe result of him a great worke, be it vniuersall oz particular, in the head, oz that as they call Mirarchia, and also in them that haue Leprouie: of the Arabienssor, Elephanciis, of the Grækes. It doth profit much in Scabbes in itching, in Scuruineſſe, and in all parts of the body that is infected, it maketh a very good worke, and doth remedy the evils manifestly. For that the Stone hath proprietie to heale them, I haue giuen it in quartane Agues, and although it taketh not away the quartane, it taketh away the accidents of it, the faintnes and sadnesſe, and the grieſe of the heart: which in these Feuers are common. Surely they doe ſeale with the vse of it notable profit, in all large and impoſtunate diſeaſes, &c. It is good to caſt into Purges, ſome graynes of it, that if the purge doe carry venomous medicines, it may redifie and amend them: And if not, it giueth force and ſtrength to the heart, and they worke the better. In the Oriental Indians, they haue a cuſtome to purge themſelues two times euery yeere, and eſpecially, the Noble people of eſtimation. And after they haue purged themſelues, they take euery morning faſting, ſoure graynes of the Beſaar Stone with Roſewater, oz with water made for the purpoſe, and they ſay that this doth conſerue the youth, and doth ſtrengthen the members, and doth preſerue them from diſeaſes. And it is a good vse, for it cannot but doe them much good. I haue giuen it to many people, and eſpecially to Children and boyes, that are tormented with Wormes: and I haue ſeene ſuch works as are not to be believed, if they were not ſeene. This and moze hath Doctoꝝ Monardus witten to his ſayd booke of this Stone, and other worthy and wonderfull things, which Booke is diligently and truly translated into our English tongue, by one Iohn Frampton Merchant: Which Booke is tituled and called, Joyfull newes out of the new-found World; who deſerueth great thanks, and

continuall commendations, for publishing such a common commodity to his Country.

22

A Water which will heale certainly the fistulæes. Take two pound of water that is distilled out of good white Wine, as you still Aqua vita: put thereto of the water of Sage, and of the water of Rosemary, of either five pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one ounce of Sage, and as much of Rosemary, & when they are kept together eight dayes, Straine it and vse it in curing of fistulæes, Euonimus. In which Booke are many excellent things.

23

If you lay the weeke of a Candle to infuse or keepe in the oyle of Hempseede, and after make a tallow Candle thereof, which if you doe light after it be cold, the same Candle will not goe out with any winde, so long as the whole Candle lasteth. And in like sort may lights be made to serue in the night time, if that fine linnen rags be first soaked in the oyle of Hempseede, and dipped into molten tallow, being so bound or wrought on a staves end, or otherwise lying in an Iron or plate at the end of a staffe. This is taken out of the naturall & Artificiall Conclusions of the Scholers of Padua.

24

The young Swallowes of the first brood that a Swallow hath, being cut and opened before the full of the Moone, two Stones will be found in their matres: whereof one is of one colour, the other is of diuers colours: if these Stones (so that it be before they touch any ground,) be wrapt or inelosed in a Harts skinne, and be tyed to the arme, or about the necke of them that haue the falling-sicknes, it doth heale them of the same disease. Mizaldus writes this by the report of an Italian, which affirmed to him that he had proued it to be true.

25

Whosoever shall, especially the first Friday in May, and euery other Friday in May, before the rising of the Sunne, graue vp two tuftes of new growne grasse with the dew upon the same, and then doth tye the grasse sides of them together, and shall then lay the same in the water in the side of a Pond, or in some other water, so that the vehemency of the water doth not remoue the said tuftes from the place, where they be layd, and so letting

letting them lye there breuened nine or ten dayes: if at the tene dayes end, he shall take by the saide turfes, and wry or lole the same, he shall finde a great sort of young Celes within the same, although there be not one Cele in the same water at the laying there of the sayd turfes: And then if he tye the sayd turfes with the young Celes together againe, & lay them againe in the same water, a great increase of Celes will after come thereof. This was credibly told me for a very truth, of one that did try the same. I think they heard of the same before.

26

The Wine tree doth not agree with the Bay tree, for with his odor or smell he is the worse, wherefore when the branches of the Wine drawe nere to the Bay tree, he will drawe backe and, bring the smell of his enemy. Euen so the Wurre is enemy, or doth not agree with Lentils. Iohan. Pet. Port.

27

An Image of a Ram grauen or molten in Cold, the first degree of Aries ascending, and Iupiter plaie in the same, not impedit by an euill Starre or Planet, so that the Sonne and Venus behold him friendly; is a maruileous helpe and remedy to them that haue a continuall head-ache, (if they weare the same Image of Gold.) Laurencius Miniatus, by the report of Iunianus Pentanus, did with the same helpe a friend of his of a continuall head-ache. Mizaldus.

28

If you will colour or paint the bristles of a Swine with diuers colours when they be wel washd, and sod in Ailum-water, let them be put whiles they be warm, in water coloured with Safran, if you will haue them yellow: or in the iuice of Elderne or Wal-towert berries, if you will haue them of a blue colour: or in water mixt with Flos aris or Cledegrease, if you will haue them of a greene colour, and so of other colours. You may proue them with the feathers of Birds. Mizaldus.

29

The powder of Earth-wormes, of Dice tongue, or of a Parfs tooth, put into the holes of teeth that be worme-eaten, doth pluck them by by the rootes, or makes them fall out without any other Instrument.

E b 2

31

30

If the Stone that is found in the head of a long Snail be made in fine powder, and blowne in the eye, it puts quite away all the spots thereof, and it destroyes the Web in the eye, and any other euill in the same. Mizaldus affirures this.

31

In the Winter time, a Spoonfull of Aqua vitæ sweetned with good Sugar, with a little piece of the purest white bread put into it, lest it should trouble the braine, or do some harm to the Luer, is healthfully giuen to grosse and flegmatick bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulness, and a losing almost of the senses, and from the Apoplexy, which is a ceasing as wel of the inward senses as of the outward, and from cold diseases. Lemnius.

32

To make a Candle burn vnder the water. Take waxe, Brimstone, and Vineger, of each a like much, boyle all these together ouer the fire, vntill the Vineger appeare all consumed, and then after of that that remaines, make a Candle, and you shall see the proper effect as aboue is written. This is taken out of the Naturall and artificiall conclusions of the Schollers of Padua. Translated by Thomas Hill.

33

Take a Ring that is hollow round about, into which put quicksilver and stop the same fast, that it run not forth, after heate the Ring somewhat in the fire, which being hot, lay on a table or scole, and soon after it will leape or daunce of it self vntill it be cold. Proved.

34

Quench hot Iron in the iuice of Hemlockes, three or foure times, letting it remaine therein euery time vntill it be cold, and the Iron will be soft. Also Cardane writeth that if you take Dyle, putting it into molten Leade, seuen times together, and after quench Iron red hot in that Dyle foure or fise times together, it will make it soft.

35

A certaine Woman with Child, seeing a Bakers shoulder naked or bare whiles he did put bread into the Oven, did long or desire so much to eate of the said Bakers shoulder, that she abhorred or loathed all other meate. Her husband hauing pittie of his leuing wife, did agree to giue the Baker certaine money for e-
uery

nery bit that his said wife would bite of his shoulder, and the same Baker suffered the sayd woman to haue two bites at his shoulder: but when she began to bite the third time, he was so grieued with paine, that he would suffer her no moze to bite at his shoulder. Immediatly after the woman trauayled, and brought forth thre Children, two of them aliue, and the third dead. Iohannes Langius is the Authoꝝ hereof.

36

A notable distilled water as followeth, woꝝthy to be compared to gold. Take one part of Gentian, and two parts of Centoꝝy, stamp them together, and put wine to them, and let them soke together five dayes, then distill them, keepe the water distilled in a close cleane vessell: this water drunke moꝝning and euening, pꝛe serueth the body from all kinde of diseases, it putteth away all Impostumes, it maketh good colour, it resisteth the Plague, it healeth the sicke of the Pti sicke, it auoydeth the stuffed stomacke, it breaketh the Stones in the reynes, it separateth and putteth away the watery humoꝝs of the Splæne, it helpeth foꝝward the flowꝝes, if it be drunke nine dayes together in the moꝝning, and purgeth the belly: also it purgeth all choller, and all corrupt blood, it healeth all wounds within the belly, it cleareth the sight, it cureth poysoned bitings. To the healing of the wounds, the powder of Centoꝝy ought to be put to them, Iulius his booke of waters. Euanimus describesh this, which is a woꝝthy woꝝk.

37

Put Quicksiluer in a Bladder, and lay the bladder in a hot place, and it will skip from place to place without handling.

38

An excellent water foꝝ purifying oꝝ cleansing the skinne of the face oꝝ other parts of the body, which is a secret and vnknowne. Take six new-layd egges, halfe a pound of Galmesey, a young Pigion not wholly feathered, halfe a pound of new Cheese, coꝝming from the pꝛeꝛe made of vnskimmed milke, eight Dꝛenges, Oyle of Tartar thre ounces, one ounce of Ceruse made in powder, gum of Arabicke, and Gassick, of either halfe an ounce, water of Beane flowꝝes, eight ounces, Rice foure ounces, steep first a whole day and a night in halfe a pinte of Cream: cut the Dꝛenges in peeces, and stampe them a little, then put all to

B b 3

gether

gether with the Creame and Rice also, and distill the same also with an easie fire: & keepe the water therewith distilled in a cleane close stopped Glasse, and vse to rub or wet the face therewith euery euening befoze you goe to bed: and euery morning wash it cleane with water distilled of Beane flowers. Use this for a fortnight or thre weekes together, and you shall finde it a notable thing.

39

To make a Gliew to hold or ioyne things together, as hard or fast as a stone, and an excellent secret. Take vnslackt Lime, and quench the same with Wine, and beate the same into fine powder, mixing therewith both Figs and Swines grease, and after labour them well together: for this (as Plinie writeth) passeth the hardness of a stone, with which ioyne broken pots or any thing together. Also take Creeke Pitch, Rosen, and the powder of little Stones, these mixe together, and when you will occupy of the same, then heate it ouer the fire, and worke therewith (that is, ioyne any thing therewith) and it holdeth them together as hard as any Paile. Also take of Spuma ferri, one pound, of Wyle Hardes in powder, two pound, of vnslackt Lime foure pound, of Wyle of Linsede, as much as shall suffice to prepare, mixe and worke them together: this Gliew is maruelous strong, which neither feareth nor yeldeth to water nor fire. This is of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

40

An Angelike water of a maruelous vertue against blearednes of the eyes, Canker, and burning with fire. Take thre ounces of vnslackt Lime, and halfe a pound of Rayne water, let them stand together in a vessell of Glasse or Tin thre dayes, then mixe and stirre them together, and let them settle againe a whole day and a night, in a vessell well couered, afterward strayn them tenderly throu a Linnen cloth, vntill it be cleere, then put into it ten drams of Sall Armeniacke, the whitest you can get, beate it finely, and let it be dissolued with long standing, and oft meuing in the sayd water. And when it is settled, strayne the cleane water that standeth aboue certaine times, or else distill it by a filter. This water healeth the spot and web in the eye, if you drop thre drops thrice euery day into them, continuing so vntill the eyes be

be whole, it taketh away also the teares of the eyes, the rednes, and the blearednes of the eyes, and also the Canker and burning: It taketh away all spottes and Raynes of the cloth, both of Silke and Wollen, if they be washed with it a little warmed. Furnerius by the report of Euonimus. Besides I haue proued it in the like case: Therefore I am bold to say it is an excellent thing.

41

An excellent water called the Golden water, a Balme and a blacke Dyle both followe. Take of pure Turpentine, seuen ounces, wash it well with white Wine, after take good white Hummy 3 pound, clarify it with a little white wine ouer an easie fire, and take off the skim still from it: then put the Turpentine to it, mixing them well together: Then polye thereto of Aqua vitæ foure pound, and mixe them well in a body of Glasse, luting it (or stopping it well,) then take Buglosse, Bozage, Bawme, Sage, Lauender, of each one handfull, Wicomywood one dram, Rosemary two handfulls. Then take wood of Aloes, Xilobalsamum, the thre Saunders, of each one dram, Haze, Putnag, Sinamon, Galenga, Cloues, Cucubes, white and long Peppere, Saffron, Spikenarde, Graynes of Paradise, Cardomum: of each thre drams, Zedoary, halfe an ounce, Squinant, halfe a dram, the pilles or rindes of Limons, the seeds of Limons, Sticados Arabike, of each one dramme, Calamus Aromaticus, halfe a dram, Carlinæ cardopacij, two ounces, Bistort, two drams, the roote of stowe Deluce, halfe an ounce, Bayberries, Galerian, Polypody, of each halfe an ounce, Licorice, Annes seedes, of either halfe a dram, of Radish, two ounces of Coxian der correct, halfe an ounce Syler mountaine, one dramme blanched Almonds, halfe a pound, small Keysons, halfe a pound, being washd with Wine. All these (being beaten or strayned) put into the said body of Glasse, to the Hummy and other things: and if there be not inough of Aqua vitæ, put thereto more, and let them stand so seuen dayes well couered and stopd: then after distill the same in Ashes with an easie fire, (all being well luted) for the space of foure houres, (lett the Hummy boyle,) then there will come out a cleare water, then encrease the fire, and when you see the water yellow, then put to another receiuer of Glasse, which you must lute also with the beake of the Syll, and keepe
the

the first water by it selfe, and encrease the fire vntill there come no more yellow water, and when you see it come blacke, then take away the receiuer, and put another thereto, and lute it likewise, and when you see a smoake come, then it is inough, and keepe also these thre seuerally, and let the Still stand vntill it be cold. In the first water put Folij Indi, sine drammes, Amber halfe a dram, Rosche, halfe a scruple, which is twelue graynes, and also fittene leanes of Gold. If you will vse it for the head, take one ounce of the water of Bettony, and of the first water one spanfull: mixe them together and drinke it all fasting. The vertue of this doth strengthen all the members. Take one ounce of Palmesley, or of other good Wine in a little Glasse, and put one spanfull of this first white water thereto, mixe them together, and it will be white as Milk: which drinke with a fasting stomacke, and neither eate nor drinke of two houres after: and it will preserue all thy members. For a cold Liuer take a spoonefull of the white water, with an ounce of the water of Sage. For the brest, and the cough of a cold Keelm, take it with the water of Rofe, Louache or Fennell. For the Heart, with the water of Buglosse, Burrage or Balme. For the stomack, with the water of Wormewood. For the Lightes, with the water of Haydenhaire, or Polypody. For the Splæne, with the water of Harts tongue. For the Vertigo (a giddines of the head) or the Apoplexie, with the water of Piony, or Fennell or of S. Iohn Wort. For the Stoke, with the water of Radish, or winter Cherries. For the retayning or holding of the water, with the Water of Cresses, some Parsly, or Sarisfrage. For the eyes, with the water of Fennell, or Eyebright. For the retayning or withholding of Menstrues, with the water of Bugwort, or with water of Radish. For the too much fluxe of the Menstrues, with the water of Plantaine, or Nightshade. For the Matrix hurt by the Midwife, or of any cold cause, whereby she doth conceiue no more, let it be vled without the water of Valerian or Betony. Against the Spottes of the Face, take of the water of Pimpernell, soute parts, of this white or first water, one part: mixe them together, and anoint the Face morning and euening: and drinke it twice or thrice in the weeke, with Endiue water. It cures the Canker, being anoynted therewith, and the Fistula: if a droppe

Drope thereof many times put into it. It helpes a cold colicke, if it be anointed therewith. For the paine of the Matric, let this water be taken with the water of Bugwozt. Also it is good against the Quartane and Quotidian Feuers. The Cytivue Dyle hath many vertues, as the Dyle of Balme: if any grieffe be anointed therewith. The black Dyle is of great vertue in the Colic, if it be anointed therewith, as the Mother of balm being white, called the Golden Water. Gratarolus.

42

Here followeth an excellent Medicine that will heale old rotten and incurable Ulcers, very quickly. Take of Turpentine three times washt, first in faire spring or Well water, and after in Rose or Plantayne water, three ounces, the Yolke of an Egge, Dyle of Roses, an ounce and a halfe, Mercury sublimate made in powder, halfe a dramme, and let them all be mixed well together, and make thereof an Oyntment, and wash the Ulcers or Sores with white Wine: then sprade some of that Oyntment or Salve vpon flare, and apply it to the soze, and dresse it with new Salve twice euery day: but before euery dressing, anoynt it with this following, three or foure fingers breadth about the Soze. Take of the Dyle of Roses, two ounces, of Vineger halfe an ounce, of the powder of Hole Armoniacke, a little, mire them together, and anoint it as is beforesaid. And when all the rotten or putrified flesh is eaten out, then anoynt the Ulcer with Butter, and you shall see a wonderfull effect. Proued.

43

For the burning or great intolerable heate of the vrine. Take of the seedes of Purslaine, of the seedes of Lettice, of the seedes of Cindie, of the seedes of white Poppy, two ounces of euery of them, of the seedes of Henbane, half a dram, Sebaften, two ounces, Safferne, one dramme, Licorice five drams, Pineapple kernels, tenne drams, fontaine or spring water five pound, mire them all together, and let them be sodde vntill the consuming of the third part of the water: then let it be strayned. Whereof take one ounce in the morning mixed with one ounce of Aulep of Violets, and the fourth day the effect woorthy of maruell, will appeare. This is proued.

44

A notable and an excellent Balme. Take of Turpentine, one
Cc pound

pound and a halfe, Galbanum, two ounces, Aloes cicotrine, Mastick, Cloues, Galengale, Sinamon, Nutmegs, Cubebs, of every one of them an ounce, gum of Iuy halfe an ounce: when all is well beaten, mire them together, and distill them in a glasse, with a slow fire first, and receive the first water by it selfe severally, then increase the fire, & a water more reddish will come, then increase the fire more, and an Oyle will come of a red colour, receiue that as long as any will come: you must change the receiuer thrice. This oyle hath all the vertues of true Balm, so; it burneth in the water, and curbeth Milke by and by: for if one drop of it warm, be put into a pinte of Milke, it will forthwith become curded. The first liquor is called The water of Balme, the second, Oyle of Balme, the third, Balme artificial. The first is profitable against the running of the eares, if two droppes morning and euening be put into them: drop into the eyes, it amendeth the blearednes, and consumeth the teares: it doth maruelously restraine superfluous humors in any part of the body: it taketh away the toothache, if they be washt therewith, and killeth the wormes, if there be any in them. The third liquor will suffer no venom, it is an vtter enemy and destruction to Spiders & Serpents: two or three dropps thereof layd vpon any venomous biting, doth make it whole straight. If thou draw a circle with this liquor, and shut a venomous Beast therein, it will dye there, rather then get out of it: to be short, it doth all the same things that Treacle doth, but all things more effectually: being powred or put vpon any Impostume, within nine dayes healeth them, and likewise a Fistula, be it neuer so euill, and also Noli me tangere. All diseases byed of heame, and of cold humors, it healeth, if a Linnen cloth dipped in it, be laide vpon the place, where the grieffe is. It putteth away vtterly the Palsey, & all trembling of members: It strengtheneth maruelously the Sinewes, it is hotter then the first or the second. If a man put a drop of it in his hand, it pearceth straight without grieffe. To conclude, it doth many other things, and all diseases risen of a cold cause it healeth, if they vse it right. Lullius in his booke of waters. But this is taken out of Euonymus.

45

If you take the Gall of an Oxe, mans Urine, Mercurie, and the iuyce of Nettles, of each a like quantity, and mire them very diligently.

diligently together, and after quench Steele red hot therein, seate
or five times together: the same Steele will after become as soft
asASSE. This is affirmed by the Schollers of Padua in their na-
turall and Artificiall Conclusions, &c.

46

A most present remedy for them that are infected with the plague,
for Carbuncles, pestilentiall Blisters, holy fire, and other of that
kinde. Take the ripe berries of Fry, being dyed in the Shaddow, Against the
then stampe them and make them in powder, of which powder Plague.
take halfe a dram in two or three ounces of the water of Planten,
and remaine still in the bed, vntill you haue sweate very well, and
after you haue sweate, put on a cleane shirt wel aired at the fire:
and if you may conueniently, let the Sheets and the Clothes of the
bed be shifted. There hath bene some healed with this order in
one night. This is proued. Alexis of Pyemount saw one helped
with taking this powder twice, that is, at morning, and Evening,
hauing two Sores appearing, which with this powder, broke the
next day after, and so recovered.

47

Doctor Monardus, in his booke before mentioned, among other
marueilous matters hath declared at large of two wonderfull
and strange Stones, in these words following: They doe bring
(saith he) from the new Spaine, two Stones of great vertue,
the one is called The Stone of the blood, and the other is, A Stone
for the disease of the Stone in the kidneies and reynes. The
blood Stone is a kinde of Jasper of diuers colours, somewhat
darke, full of sprinkles like to blood, being of colour red, of the
which Stones the Indians doe make certayne Varts, both
great and small. The vse thereof both here and there, is for
all fluxe of blood, of what parts soeuer it be, of the nose, or of the
Genitruces, or of the Pyles, and of wounds, or of that which is
cast out of the mouth. The Stone must be wet in cold water, and
the sicke man must take it in his right hand, and from time to
time wet it in cold water. In this sort the Indians doe vse them.
And as touching the Indians, they haue it for certayne, that tou-
ching the same Stone in some part where the blood runneth,
that it doth restraine, and in this they haue great trust, for that the
effect hath bene seene. It doth profit also, hauing it holden, hau-

god or tyed in the same part where the blood runneth, so that it touch on the flesh. Of this Stone we haue scene great effects in stanching of blood. And some that doe suffer the Hemeroidall fluxe, haue remedied themselves with making of Rings of this Stone, and wearing them continually on their fingers, and also in Menstruall fluxe of Women.

The other Stone, which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like unto Plasma of Emeralds, which is likened to greene, with a milky colour; the greatest is the best: they bring them made in diuers formes and fashions: for so the Indians had them in old time, some like to fishes, other like to heads of Birds, other like to bills of Poyagies, other like to round Beadstones: but all pierced thozow, for that the Indians did vse to weare them hanging, for the effect of the griefe of the Stone or Tomack: for in these two sickneses it doth maruelous effects.

The chiefe vertue that it hath, is in the paine of the Stone in the kidneyes, and in expelling of sand and Stone. Insonmuch that a Gentleman which had one of them here, the best of them that I haue scene, hauing put it to his arme, it doth make him to expell and cast out so much sand, that many times he doth take it away: for he thinketh that it doth hurt him so to put out so much: and in taking it away, he ceaseth to cast any from him. When he feelth the paine of the Stone, then putting it to againe, it doth take away the paine incontinent, with expelling of much Sand and small Stones. I haue scene it carried to persons, that haue bene grieued with great griefe and paine of the sayd disease, and putting it to them, they doe forthwith expell the sand and the little Stones, and remaine cleare thereof. The Stone hath a property hidden, by the which meanes he doth great effects, to preserue that they fall not into the paine of the said diseases. And after it is come, it taketh it away, or diminisheth it. It doth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heate from the reynes of the back: it profiteth in griefes of the Tomack put to it, and aboue all, it preserueth from the said griefe. My Lady the Dutches, (a Dutches in Spaine) for that she had a short time three times, exceeding paines of the Stone, she made a Bracelet of them, and she used to weare it at her arme.

and sit here e she put them to her arme, she neuer had moze paines of the Stone. And so it hath happened to many other that had the like benefit, for the which they are much esteemed, and now they be not so sone had as at the beginning: for that these Stones onely the Gentlemen and Rich men haue them. And with reason: because they do such maruelous effect. This much hath the learned Doctoz Monardus declared of the excellencies of the two afozenamed Stones, which are brought from the West Indians, with diuers other precious Dyles, Woods, Gums, and other things, as are most plainely and largely set forth in this said booke with many credible pꝛoofes: lately Englished and published in print by the said Iohn Frampton, therefore worthy of great commendation, called, Joyfull Jewes out of the new-found World. Which is of a small pꝛice, but yet very pꝛecious: for in my iudgement, whoso euer doth buy it, doth not pay therfore the hundzeth part th at it is worth.

48

The making of a Stone, which moisted with spettle, wil burne. Take of quicke Lyme, pure Salniter, Tutie Alexandzine, not preparate, Calamita, of each one part, quicke Brimstone, and Camphire, of either two parts: let them all be made in very fine powder and searced, then tye the same powder hard in a liunen cloth, then put it into a Crucible, and couer the same with another Crucible, and wrap it fast with wyers, and close it well with Lute of wisedome, that nothing may respire out: then let it be dꝛyed at the Sunne: which done, cast the same Crucibles into the fire of a hicke Hill vntill the matter be well burned, which taken out, you shall finde a perfect matter of the colour of a tyle: which if it be wet or moistened with a drop of water, or with spettle, putting Brimstone to it, then it will burne: which with blowing, or a blast, is put out. Iacobus Weckerus.

49

To make an Egge ascend into the ayre. In the month of May, fill an Egge shell cleane emptied, with Dew, and stoppe the hole well, wherein you did put the Dew, then lay the Egge in the hot Sunne about Noone, and it will be lift vp. But if you set a Tasse by it, it will ascend the moze easily, Iacobus Weckerus.

C 3

50

Glew.

To make a thinne Clew, a trimme secret; Take the Clew made of Fishes, and beat the same strongly on an Anvile, till it be thin: which after lay to stee in water, vntill it become very soft and tender, which will be within five or six houres, and then worke it like paste, to make small rooles thereof, which being like paste, stretch it or draw it out very thinne: and when you will worke with it, then put some of it into an Earthen pot with a little water ouer the Embers, and skim the same very cleane, and let it so seethe a little while, then after worke with the same, keeping it still ouer the hot Embers, vntill you haue done with it, soe so it fastneth and bindeth the stronger: and in such sort, that it fastneth pieces of glasse together.

51

If you would destroy Caterpillers, doe thus: Anoint all the bottome of the Tree round about with Tar, then get a great sort of Ants or Pyssemyzes, and put them in some bagge, and draw the same by a Cord vnto the Tree, and so let it hang there, so that it touch the body of the tree, and the Ants letted to goe downe from the tree by the meanes of the Tar, will soe want of food eate and destroy all the Caterpillers there, without hurting any of the fruit: this was told me soe a very truth.

52

Make a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Batte that flies about in the evening, and then glew or close it fast on the top, and you shall see the Batte flye away with the same egge shell, to the great maruaile of them that knowes it not.

53

It is very euill soe them that fall sicke, when the Moone is applying in coniunction to the Sunne, and worse, when she is within five degrees of the Sunne. This I know to be true by often prooue and tryall. And Abraham Auenestra affirmes the same, writing de criticis diebus.

54

Put any precious Stone vpon Leade, and if then it change the colour, then it is a counterfeite Stone. If it change not, then it is a naturall and good Stone.

Stamp

55

Stamp *Celandine*, & lay it to any *Letter* or *Kingwoorm*, or any other such like, called *Imiperigo* or *Sperpigo*, shifting it twice every day with new foze the space of a fortnight: and it will quite destroy & kill them. And also it will put away any black spots with the like using thereof, in what part of the body soever they be.

56

Take pure *Tlax* and fine *Wimstone* purified, of each a like much, melt them together, making thereof a *Candle*, & after take the powder of a *Coale* finely beaten, and as much of *Wimstone* in powder. These sift thro'ow a *Searse* or *Linnen cloth*, and after heating the said *Candle*, smea' it about with this powder so long, untill it haue, as it were, a thick crust round about the same, like vnto the thicknesse of a back of a *Knife*: which after couer about the head of it, with a *Paper*, and then hang the same at the mouth of a gutter that droppeth fast in a frosty evening, untill it be couered with yce, a finger thicke: then light the same, and it will burn as it were all *Tlax*. This is taken out of the naturall and Artificiall *Conclusions* of the *Schollers* of *Padua*. Translated into *English* by *Thomas Hill*.

57

The *Coniunction* of the *Moon* with *Saturne* (in the first beginning of sicknesse,) doth signifie euill and long sicknesse. But if *Saturne* be of a slow course, it augmeneth the euill. If of a swift course, then it diminisheth the euill. If he be *Retrograde*, applying by opposition to the *Sunne*, after he is cured, he will fall sicke againe: but if he be *Retrograde*, and separate by opposition from the *Sunne*, the euill is diminished. *Abraham Auenestra de criticis diebus.*

58

A very good *laratiue* *Dredge* powder, whereof you may take a spoonefull when you need in your *Pottage*, or *Broth*: it will make you to goe to the *Stoole*. Take of pure *Turbite*, one ounce, *Ginger*, *Sinamon*, *Pa'tick*, *Annis seed*, *Hermocattils*, *Diagredion*, of each halfe an ounce, of the leaues of *Seny*, two ounces, of *Sugar*, foure ounces, beat all into fine powder, and let them be mixed together. *Leonardus Fuchsius.*

59

What *igne* and *degrée* wherein the *Moon* is in the *houre* and *time*.

time of the birth of any, the same signe and degree did ascend at the very time of the conception of the same Childe. And that signe and degree where in the **W**one is at the time of the conception, the same signe and degree, or the opposite to the same, doth ascend at the very time of the birth, Hermes & Ptolomeus: Wherefore according to this rule of the ancient and famous Authozs: (Where to Guido Bonatus, Iohannes Gauuetus, Sconerus and Taysnierus, notable and learned Astronomers, with diuers other, doe consent and agree.) Diuers Women haue diuers times betwene the conception and birth of their Childzen: for the place of the **W**one at the time of the conception, and her vncertaine course after, doth plainely manifest that some women goe with Childe not aboue 37. weekes, some others 38. weekes, and vnder: some 39. weekes, and something lesse: some againe goe forty weekes, and a few daies lesse, and sometimes certaine daies moze: yea, and sometimes forty and one weeke, and one day, which is the longest time, as the learned in the same science can perfectly finde out. Wherefore they are much deceiued, that thinke euery Woman goes but iust forty weekes with Childe: which fond false opinion hath made many an honest woman falsly suspected, wrongfully slandered, and without iust cause from their Husbonds separated. Wherefore it were good and very meete for euery one, not to giue too much credit to this fond reckoning of iust forty weekes: which is moze common then true. Which fore described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the triall of the fidelitie and honesty of women to their Husbonds, and to finde out the very right time of the **P**atiuity or birth, so that the very day and houre of the conception be certaine.

60

Take the stones out of Raisins of the Sunne, then stampe the same Raisins, and apply a plaister thereof to any grieue for ache, and it will cease it presently, and if you vse it five or sixe times in such order, it will thoroughly helpe and cure the same. I haue seene this well proued.

61

If you gather greene Beanes from the stalkes, when they be ripe, fully growne and ready to eate, and then immediatly cut off the sayd stalkes within a handfull of the roote, then new and
moe

tree branches will shortly after spring out of the same. Whereupon will spring forth new Beanes, and more plentiful then before, and as good as the first. Whereby you may haue more then double increase, & two severall gatherings of Beanes in one year. But in any wise, take heed that the first gathering and cutting away of the stalkes, be when the sayd stalkes be Greene. I haue sene it proued, therefore I write and publish it for an vndoubted truth. It is credibly told me, that if you vse Reason in the same order, the like effect will followe. Which I beleue to be true as well in the one as in the other.

61

Take a little Kew, or Herbegrace, and stampe the same, then straine out the iuyce thereof, and after you haue thus done, let the party that is pained with the toothach, droppe three or foure drops of the same iuyce into his eare, on that side the paine is, and let him lie on his other side an houre or two, and it wil not onely take away the present payne, but also the party that tryeth it, shall neuer be troubled with the toothach afterward. This was reported vnto mee for truth, by one which had proued the same.

62

Lay a dish ouer hot sodden Milke, and there will a water bee on the inside of the dish, which water keepe in some glasse: whereof if a little be put into sore payned or dim eyes, it will helpe them maruelously. This was affirmed to me for a truth.

63

Here followeth the description of a notable Dyle of Balme. Take of Turpentine, one pound, and put it into a body of Glasse, and warme it at a soft easie fire, vntill it wax liquid, and put therein by little and little, with mixing or stirring it, the powder of Frankincense five drammes, of Lignum Aloes, Cassie, Cloues, Galingal, Sinamon, Mace, Quibibs, of each one dram, all well powdered together, gum of a figge tree six drams likewise made in powder, and all mixed together, and mixe them all with the said Turpentine made liquid, as is before sayd, and when they be well incorporated together, set on the head of the Limbecke, and lute all the ioynts of the same well, and set it in ashes, and put vnder it an easie fire. And when it be gins to distil,

D d

let

let it drop away a little, for the first drops are little worth, then put the receiver to the nose of the Limbecke, and close and lute them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which keepe by it selfe. Then will come forth the second water, which is better, of a heauenly and ayre colour, which keepe by it selfe. Then receive the third, which is the best, which will be yellow and thicke as Hunny: keepe this also by it selfe. The first of these is called The water of Balme: the second, The ople of Balme: the third is called, Balme. His purpose to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as you doe of naturall Balme, for the saide drop will goe to the bottome of the water, and it will stand there whole, as though it were pure Balme. This is maruailous, and is of great vertues, and it is called of some, Mother of Balme.

The first vertue thereof is, that it burnes: the second is, that if you wash your face and nose therewith, and that thrice in a day, it cures and helps the Rowme. It cleareth the sight, and it comforteth the Sinnewes: and if you wash there with the hinder part of the head, then it comforteth the memory, and all the vertues of the minde. This also doth purifie both Fish and Flesh, and if they be putrified or corrupt: whatsoeuer therfore is corrupt or putrified, it takes and consumes it away, and it keepe that that is good and sound, so that you may eat them as though they were new and fresh. It brings againe an appetite, it comforteth the stomacke, and if you take thereof morning and euening, it consumes the fleame in the stomacke. It helps or cures a stinking breath, as well comming of the stomack, as of the braine: if you take foure or fve drops thereof once a day in a little Wine. No cold venemous thing may come nere it, as Frogs, Toades, Serpents and Scorpions. If a cloth be dipt in the same, and compassed a toade or Serpent, compassed therewith, they will die, although they touch it not, and so it doth in all kinde of cold venoms: as the biting of a Toade, or of a Serpent. For it heales, if you wash oftentimes therewith the grieued place. And if you seth an Egge in it, it will sooner be sod therein, then in any boyling water. It heales and dyes by any kinde of Scab or tetter quickly, if you wash

wash it therewith twice in a day: and if you put thre or foure
 droppes of this into the eare, and suffer the same there as long
 as you can, it helpes and cures all noyse & scundings of the eares.
 If you mixe herewith an equall portion of the iuyce of German
 der, and put thre or foure dropps thereof in the eare, seate times
 in the day, then it helps and cures all de afnes, of what cause so
 euer it comes: watering eyes, & bleared eyes it doth cure, clari
 fie, restraine and comfozt, if you wash them therewith twice or
 thrice. All Impostumes, Ulcers, and all other superfluities it
 doth restrains, cure, and rectifie. And it is a thing more reperand
 sine and consumptive against cold humors, then the Sapphire or
 Planten. All paines of the teeth, or running humors, it doth
 help, restraine, fortifie: and it makes the teeth white, if therewith
 you doe wash the rootes of the teeth. All wounds of the head,
 though they be deepe, are cured with this same Oyle, if therewith
 you wash it twice or thrice a day: yea, though the braine-pan be
 broken, so that Pia mater be not hurt. It heales and cures all Fi
 stulaes, Cankers, Noli me tangere, the Kings Cull, and euery
 other eating soze, if you wash the same therewith twice or thrice
 a day. It heales and cures all kinde of Cowtes, if you wash or
 anoynt them therewith, so that they come of a cold cause: and
 laying also a linnen cloth dipt therein vpon the grieved place.
 It helpeth also all strokes with staves or other busing, either by
 falles or otherwise, if you anoynt the bruised or grieved place
 therewith, and heales them perfectly and well. It helpes the C
 merods and fundament that goes forth, and makes it farty in
 his place, if you anoynt the same therewith. It helpes the Pal
 se; and all weakenesse of the members, it doth strengthen, if you
 anoynt the same therewith. Know that it is most hot, and is
 of such penetration and heate, that if you put one drop thereof in
 your hand, by and by it penetrates the hand without any hurt.
 And you shall not feele any swelling of the fete or of the legges,
 or any paines of the ioynts, if you wash or anoynt the same there
 with, and it will helpe it, if you dip a linnen cloth therein, and
 plaister it thereto. And briezely, if you will vse it, it profits, helps,
 and cures all cold griefes, and all diseases comming of a cold
 cause, of fleame, or of putrified or corrupt blood. It hath yet ma
 ny other vertues here left out, & it is called, The mother of balme,

because it is better then Balme in many of his effects. And if you will proue that it be a true Balme, take a Chicken (the feathers pluckt off, and guts taken away,) and see that it bee well washt and made as cleane as can be, & drye the same at a soft fire, so long as you may well hold it in your hand, then anoint the same Chicken well within and without, with the sayd Balme, twice or thrice: then afterwards lay the sayd Chicken against the Sunne, for the space of two houres, suffering it a little to drye at the Sunne, and afterwards lay by the said Chicken where you will: for it wil neuer putrishe noz receiue any corruption, so long as the world doth indure. And know further, that this Oyle hath eighteene other vertues, which are written: but not here. This notable Oyle of Balme, I copied out of a very old written Booke, which came out of the Abbey of Ellam in Lincolnshire: And now by me conuerted out of Latine into English, to the profit of many, I hope.

64

A Fly drowned in water, Wine, Ale or Beere, and so throughly dead, being layd in warme Ashes: (but they must not be burning or very hot,) the same Fly wil recover and liue again. This is very true.

65

If you do gather Roses when they be fully ripe, and immediatly cut away the new Springs, tops, and the vppermost branches of that yeere, you shall haue new and fresh Roses grow againe out of the same, the same yeere, about Michaelmas. I know this to be true: and for a trueth I haue published it abroad.

66

The Indians doe vse the Tobacco (a notable hearbe) for to endure the drought, and also for to suffer hunger, and to passe dayes without hauing neede either to eate or drinke, by any Defect or dispeopled Countrey, where they shall finde neither Water nor meate. They doe vse of these little balles, which they doe make of this Tabacco, they take the leaues of it, and doe chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shelles of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dowe, of the which they make certaine little balles, little greater then Peason: and they put them to drye in the shadowe, and after they

kepe

11 *W. B. 1011*

keepe them and vse them, for the auoyding of hunger and thirst in their trauaile, without any meate and drinke, for the space of three or foure dayes. This Doctoꝝ Monardus hath written, with many other wonders and notable vertues thereof, in his Booke befoze mentioned, intituled, Joyfull newes out of the new-found World. This Tabacco is a marueilous and wonderfull hearbe, growing in the west Indians, called, The new Spaine: and through the bringing of the Seades thereof from thence, it growes now both in Spaine and France.

67

Wormes and other venemous Beasts are drinen away from any place, with the smoak or fume of other Beasts of the same kinde, as Ralis writes.

68

Quicksiluer killed, burned Lead, the scales of Iron, or black Velleboz, mixed with some pleasant meat that Mice loue: if any Mice eate thereof, it will kill them. Mizaldus.

69

There is a certaine Gum is brought from the firme land of the Peru, which helpes the Colote with purging the cause thereof, if you put of it as much as a Put in distilled water, which water ought to be the quantity of two ounces, and giue the same to the patient, (the same party forbearing meate untill the middelt of the day.) This Monardus affirmes to be proued, manifesting the same at large in his booke, called, The Joyfull newes out of the new-found World. The name of the Gum he names not.

70

The Rotes of Roses or their Qips with their knots, removed and set amongst Worme, will bring forth yellow Roses, Iohannes Baptista Porta.

71

That Cheese that is made with Chester or Rennes, wherein a little of the brayne of a Mesell is put or mixt, will not putrefie, neither be eaten of Mice. Pictorius.

72

There is a certaine Tree growing in Peru, a bough whereof if one doth hold fast in his left hand a good while, that would know whether one that is sicke shall live or dye (of that disease, or at that time,) if the sicke shall live and escape, the party that

D d 3.

holds

holds the same, shall shew much gladnesse. If the sicke shall dye, then the party that holds the same, shall be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was proued true by a Gentlewoman that was maruailous sad, whiles shee did hold the same, whose Husband dyed soone after accordingly.

73

A rare and Strange kinde of fruite, as great as a Nut, with maruailous round and hard blacke Stones in them, is brought out of the new Spayne, by the report of the sayd worthy Doctor Monardus, whereof two or thre with hot water, both moze effect for to wash and to make cleane clothes, then one pound of Soap doth: whereof, as well as of many other Strange and most excellent things you may read, described at large in his said booke, called, The Joyfull News out of the new found World: A booke no doubt worthy of great estimation and commendation.

74

For a sore
rest.

If a handfull of Figges be stamp't, till the kernels be broken, then tempered with a little fresh greace, and so a plaister thereof layd to a womans brest that is soze, as hot as shee may suffer the same, it will take away the swelling and paine thereof; and if it be ready to breake it will breake it, or else not. This is an excellent and a sure tryed thing.

75

To kill the
A orphew or
ny kind of
curuinesse
n the face
r body.

Take two ounces of Sulphur viue, called quick Brimstone, beat it in powder, and mixe the same well with as much of black Soap that is of the most stinking smell, and tye the same in a Linnen cloth, and let it hang in a pynt of strong Wine Vineger, for the space of nine dayes, and then vse to wash any kinde of scurui-nes or Moxphew therewith, though neuer so old or rooted, being eyther on the face, or in any other part of the body, with a linnen cloth dypt, or wet therein, and so let the same Vineger dry in of it selfe, and doe thus as long as the sayd Vineger lasteth: and therewith the deformitie or Moxphew will be perfectly healed. And whosoever vseth to drinke the water of Strawberries distilled, it will certainly kill the roote of any Moxphew that is within the body. All this is well proued.

An excellent preseruatiue against the Plague, which was proued

proued and used in the great Plague time in England, in the
 yeere of our Lord 1548. For euery one that used it then, escaped.
 Take Aloes, Hepaticke, pure Sinamon, Myrrh, of each 3. ozams,
 Cloues, Race, Wood of Aloes, called Lignum Aloes, Gallicke,
 Sole Armoniacke, of each halfe an ounce, mixe them all together,
 and make thereof a very fine powder, whereof take early in the
 morning, with white Wine mixt with a little water, and by the
 grace of GOD, you shall be preserved safe from the Plague,
 Weckerus.

Against the
 Plague.

77

If you burne the shelles of Snayles with Styzacks, and then
 sprinkle thereof vpon an Ants hill, thereby they will be driuen
 forth of the ground, or place where they are.

78

Take of English Saffron beaten in fine powder, and as much
 of pure and good black Soap, which when they be well mingled
 together, spread it vpon the fleshy side of a piece of Leather, then
 lay it vpon the nauell of them, whose vyne or water is stoppt, and
 it will procure the water to come forth, and thereby they shall
 make water within an houre. This was told me for a true and
 tryed secret, whereof I dare make no warrantise, but fauour it as
 you finde it.

79

Make a lute or clay with the dregs or mother of Dyle, and mixe
 therewith a little chaffe, then let it lye two or thre daies, then
 dawbe with the sayd thicke lute or clay, your Garner, or come
 where you will lay your Cozne, then sprinkle the dregs or mother
 of Dyle, all suer where you haue dawbed, and when it is dry, lay
 wheate therein, and there shall neither Weasell nor Mice hurt,
 touch, or come neere that Wheate. This I had out of an old
 Booke. And Iacobus Weckerus also affirimes the same.

70

When you first see the Cuckow, marke well where your
 right foote doth stand: for you shall finde there an hayze, which if
 it be blacke, it signifies that you shall haue very euill luck all that
 yeere following. If it be white, then it signifies very good luck;
 but if it be gray, then indifferent. It is certaine such a hayze
 hath bene found accordingly, but what euent did follow thereof
 I am yet vncertaine. But this was affirmed vnto me for a very
 trueth. It was also credibly reported to me, that the like hayze
 will

will be found under the right foote, at the first seeing of the Swallow, after they are come at the Spring time: so that you looke after the said Swallow, as long as you can see her.

81

A quantity of Hempe seeds stamp, and strayed throgh a cloth, when it is well sodden with running water, and a good draught thereof drinke last going to bed, and so used, will make one lasciuie, and loose-bellied. This is a proved thing therofore.

82

Alexander the great, being desirous that the long life of Harts might be knowne to his posteritie, causeth golden Chaines to be made fast vnto many Harts (about their necks, I thinke:) the time when the same was done, being express or marked in the same, and they which were taken off the same Harts, an hundredth yeres after, did not yet seem to be of the age of old Harts. Mizaldus writes this, who affirms that Plynny is the Authoꝝ therof.

83

A good
Glew, &c.

Quicke Lime mixt with old Cheese, and well beaten together, will fasten and glew strongly together broken Bone vessels, and also broken Glasses. This was very credibly told very great secret, by one that proued it.

84

A gainst
extreme
heate.

Whosoever hath an extreme heate, or soze burning Feyer, let them vse to drinke foure or fve times in one day, a good draught of the distilled water of wild Poppy, that is, Papauer erraticum, which growes among Cozne, with a red flower, much like the leafe of a Rose, it is called of some, Red cozne Rose. This haue I tryed to be true.

85

Marriage.

They in whose natiuity Saturne is Lord of the seventh house, are not like to marry, before they be thirty yeres of age: or else vntill Saturne (from that time,) hath compassed the whole Zodiacke, (which differs not much.) This is proued true by long experience, and I haue scene many, whose seventh house is Capricorne or Aquary (the houses of Saturne,) and yet I neuer knew any of them, but eyther died vnmarrried, or else married after they were thirty yeres of age. And as I remember, Cardanus agrees herein.

86

If the bottome of a seething pot with meat newly taken from
the

the fire, may be touched or felt without harme or danger of burning, then certainly the same meate is boyled enough. But if it be hot and not sufferable, then it is not sufficiently sod. This I know to be true: for I haue seene the tryall thereof.

87

Lay a greene Iuy lease in a dish, or other vessell of faire water, either for your selfe or for any other, on Pewyeres euen at night, and couer the water in the said vessell, and set it in a sure or safe place, vntill Twelue euen next after, (which will be the fifth day of Ianuary,) and then take the sayd Iuy lease out of the sayd water, and marke well if the sayd lease be faire and greene as it was befoze: for then you or the party for whom you laid it into the water, will be whole and sound, and safe from any sicknesse all the next yeere following. But if you finde any blacke spots thereon, then you or the party for whom you laid it into the water, will be sicke the same yeere following. And if the spots be on the upper part of the lease towards the Skalke, then the sicknes or paine wil be in the head, or in the necke, or thereabout. And if it be spotted nye the midst of the lease, then the sicknesse will be about the stomacke or heart. And likewise iudge that the disease or grieffe will be in that part of the body, according as you see the black spots vnder the same in the lease: accounting the spots in the nether or sharpe end of the Lease to signifie the paines or diseases in the fecte. And if the lease be spotted all ouer, then it signifies, that you or the party shall dye that yeere following. You may proue this for many, or few, at one time, by putting in the water, for euery one a lease of greene Iuy, (so that euery lease be dated or marked to whom it doth belong.) This was credibly told me to be very certaine, who affirmed to mee faithfully, that it was diuers times proued for a very trueth. But because I neuer tryed it, therefore I reserue euery one that shall read it, to the tryall thereof.

88

Brufonius writes, and Georgius Fabricus affirms the same, that the bones of Vennes, mixed with melted gold, doe consume the same gold into themselves.

89

The water of distilled Dunny makes faire and comely colour

C s

red

red Haire, if it be often moystned, or spunged therewith. This is
proued.

90

gainst the
owt.

The rootes of Hollyockes, stampt and mixt with the greace of
an old Higge, and plaistred to the Cowt, helpeth it in thre dayes.
Petras Hispanus.

91

thing got-
n into ones
re.

Aeruyce sod, vntill it be very hot, and then put into a tinnen
Bottell with a narrow mouth, and then holden to, or in the eare,
that the same thereof may enter into the head: it will helpe the
headache maruiously, and the sounding of the eares. And if there
be any quicke things in the head, it will bring them forth with
great speede. A Gentleman taught this to a woman that was sore
tormented in her head, esteeming it as a precious Secret: but I
neuer tryed it: therefore as it proues, so praise it.

92

If one be wounded that hath the Dropse, it is hard to heale him
Hippocrates. Therefore this is worth the marking.

93

so know
w many
ies old the
one is.

You shall know how many daies old the Hoone is, if you doe
as followeth, (especially she being in the first quarter,) hold before
your eyes a piece of fine Lawne, and looke thozow it straight vpon
the Hoone, and so many daies old as the Hoone is, so many Hoones
shall you see, or at the least, they will seeme so many in your sight.
A Hoone as you try it, you will say it is true: for I haue seene the
proue thereof.

94

I heard it told for a very trueth by diuers persons, that in a
Plague time, in the Cittie of Cullen, there was a certaine wo-
man dyed, and was buryed, with a Ring of gold on her finger,
for the greedinesse whereof, a couetous fellow within a while
after she was buryed, digged her Graue, and opened the Coffin
wherein she did lye, thinking thereby to take away the Ring
from her finger: but immediatly the sayd woman did sudden-
ly stirre and moue, and began to sit vp: which when the sayd
fellowe saw, with great feare he did runne away, and then
the woman by some meanes did teare or vnloose the sheete where
in she was wrapt, and then she went straight home to her Hul-
band, and called vpon him to let her into the house: whom when
he heard, he thought had bene a Spite. But at last, through
her

Her impoztunate calling, he receiued her into the house, & thus wonderfully she recovered and liued: which Woman, after that, had three or foure children, of whom it is sayd, there is a Monument at this present, in the sayd Cittie of Cullen. Therefore too hastie or quicke buriall is not to be vsed, as not onely this rare ramp:e may sufficiently teach vs: but also for such causes as I haue alleatged in another place of this Booke.

95

If you graff the slips of a Wyldeing or soeize Apple, vpon the Grafting of
 Stocke of a Hawthorne, you shall haue Spedlers grow thereof. Medlers.
 This I haue seene proued: therfore I affirme it for a very truth.

96

A little Bird, called, The Kings Fisher, being hanged vp in the ayre by the necke, his nebe or bill will be alwayes direct or straight against the winde. This was told mee for a very truth by one that knew it by proufe, as he said.

97

Whosoever shall weare about their middle such a girdle as followeth, tying it fast that it fall not away, they shall not neede to feare drowning, though the Woate they are in should miscarrie, whereby they may passe ouer any water safely, and without any danger, though it be neuer so deepe: For so long as they haue it about them, they cannot sinke. Take two pieces of good Peates leather well tanned and dyed, such as Foote-balles be made of, (eether piece being of the breadth of five or sixe fingers) and of such a length as will make a sufficient gyrdle for you, let a Shoemaker sew them very strongly, thick-stitched, and surely together, and likewise at both the ends, and in the midst thereof fasten a Pype like to a Bagpype, wherewith blow the same girdle as full of winde as you can possib'e: then vnder the nether end of the Pype, tye the leather very fast and sure, that ioynes the pype and the girdle together, with a strong pack hret, or with some other sure and strong thing, lest the winde should come out of the girdle, (wherof you must take great heed.) Also blowe three Dre bladders full of winde, and tye them hard that the winde goe not forth of the same, and sewe each of them strongly and surely within good strong Peates leather, round like vnto a Foote-ball, and make three strong loopes vpon the sayd

girdle, one against the middell of the backe, and against either of the sides one, and then tye fast and surely one of the said bladders sewed in the leather, to euery of the said loopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safely ouer, if the water be not too broade and too rough. Nicholaus Michauell hath written of such a like girdle in his excellent Booke of the Arte of Marrs, for the sauing of Sou'niours and Fishers ouer waters. In which Booke, there are other notable Engines, and woorthy matter beside, concerning Marrs.

98

A Ladder made of the wood of a figge tree, hath a maruelous propertie: for if flesh in the seething thereof, be often stirred therewith, or if it be in the pot while it is seething, it makes the flesh to be sooner sodden.

99

A Partrich will cry aloud, and will teare or breake the Cage or Cope where she is fed, if there be any deadly medicine or poyson prepared within the same house, which she doth feele presently, and also hath knowledge thereof, through a wonderfull speciall and rare gift of Nature. *Aetius ex Pisone.*

100

Gellius writes, that the Hedgehogge makes the mouth of her Hole, Cabben, or Caue, alwaies contrary to the winde: for through a maruelous naturall gift, she hath foreknowledge in what quarter the winde will be, and thereupon she changeth the mouth or entring in of her Hole or Caue, whereby Mariners haue learned aforehand, the place of the winds.

The end of the tenth and
last Booke.

A

A S P E C I A L L T A B L E F O R T H E F I N D I N G O U T O F A N Y

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An Image of gold helps the head-ache.	27	with her Children.	59
How to colour bristles.	28	An excellent thing for any ache.	60
To make the teeth fall easily out.	29	To haue Beanes twice of one setting.	61
How to destroy the web in the eye.	30	aph.	61
<i>top bot</i> Aqua vite, with Sugar and pure white bread, is good for grosse bodies.	31	To helpe dim eyes.	62
aph.	31	A most excellent Oyle of Balme, which will helpe all cold diseases.	63
How to make a Candle burne vnder the water.	32	A strange reuiving of flies.	64
How to make a Ring leap by it selfe.	33	To haue Roses twice in one Summer.	65
How to make Iron soft.	34	aph.	65
Of a strange longing of a woman with childe.	35	A strange Hearb that keeps one from hunger.	66
<i>water</i> Of precious water distilled of Centory.	36	Venemous beasts driuen away.	67
To make a bladder leape from place to place.	37	How to kill Mice.	68
Of a notable water for beautifying the face.	38	A Gum that helps the Gowt.	69
How to fasten things hard together.	39	To haue yellow Roses.	70
Of an Angelike water for the eyes.	40	That Mice shall not eate Cheefe.	71
An excellent water, called the golden water.	41	A Tree which will shew whether the sicke will liue or dye.	72
How to heale incurable Vicers.	42	A fruit better to wash withall then Sope.	73
For the great heate of the Vrine.	43	For womens breasts swolne or sore.	74
A notable and excellent Balme.	44	aph.	74
To make Steele as soft as paste.	45	For the Morpew and scruineffe of the face.	75
A present helpe for the Plague.	46	A preseruatue against the Plague.	76
Of two wonderfull stones.	47	To bring Ants out of the ground.	77
To make a stone that will burne, moystning it with spettle.	48	To cause one to make water, a strange medicine.	78
To make an Egge ascend into the ayre.	49	To keepe Wheate from Weafels or Mice.	79
aph.	49	When you first see the Cookow, marke where your right foot doth stand, &c.	80
A Glew that fastneth Glasse together.	50	aph.	80
aph.	50	To make one soluble.	81
How to destroy Caterpillers.	51	The great age of Harts.	82
To make an Egge fly in the ayre.	52	To glew salt together broken Glasses.	83
A dangerous time to fall sicke in.	53	For them that haue an extreme heate and burning Feuer.	84
To know a counterfeit stone.	54	Who are not like to marry before they be thirty yeeres of age.	85
To destroy a Tetter or Ringwoorme.	55	To know when flesh is sod enough.	86
aph.	55	aph.	86
To make a Candle of Ice to burne.	56	A maruelous thing of Iuy leaues.	87
If one fall sicke at a certaine time, it signifies long sicknesse.	57	The bones of Hens consume Gold.	88
A good laxatiue dredge-powder.	58	aph.	88
Euery woman doth not goe a like time			To

top bot

water

eyes

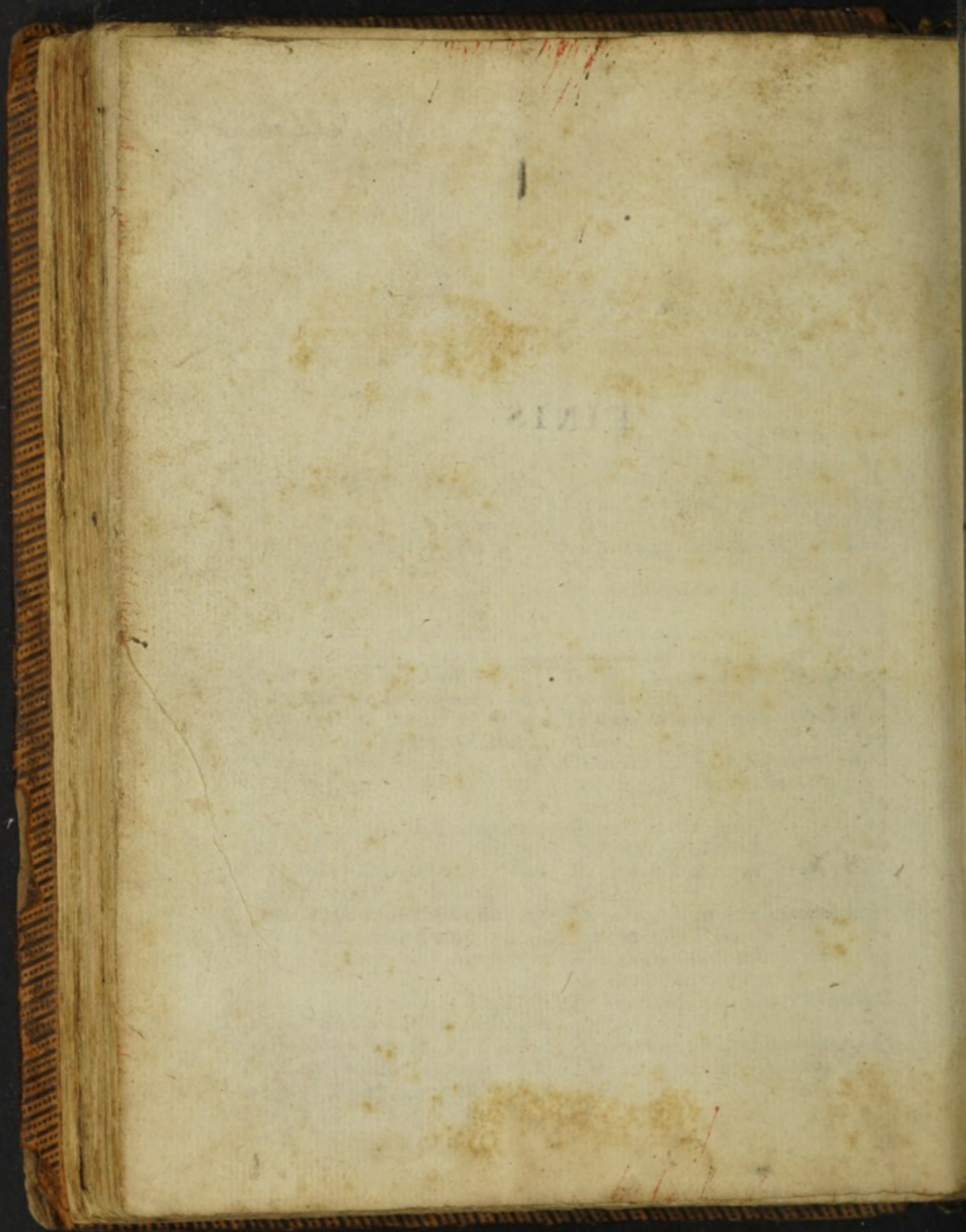
Eyes

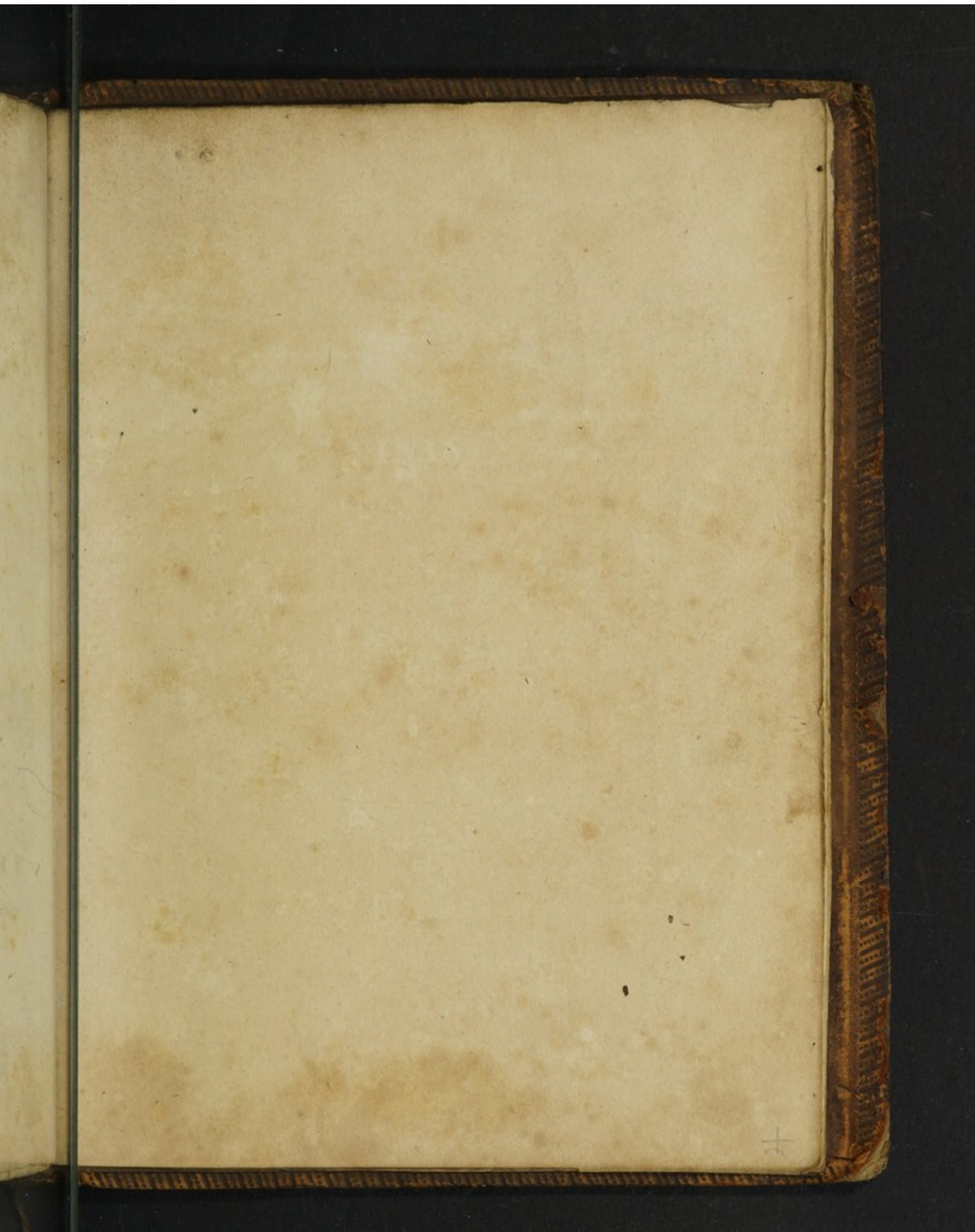
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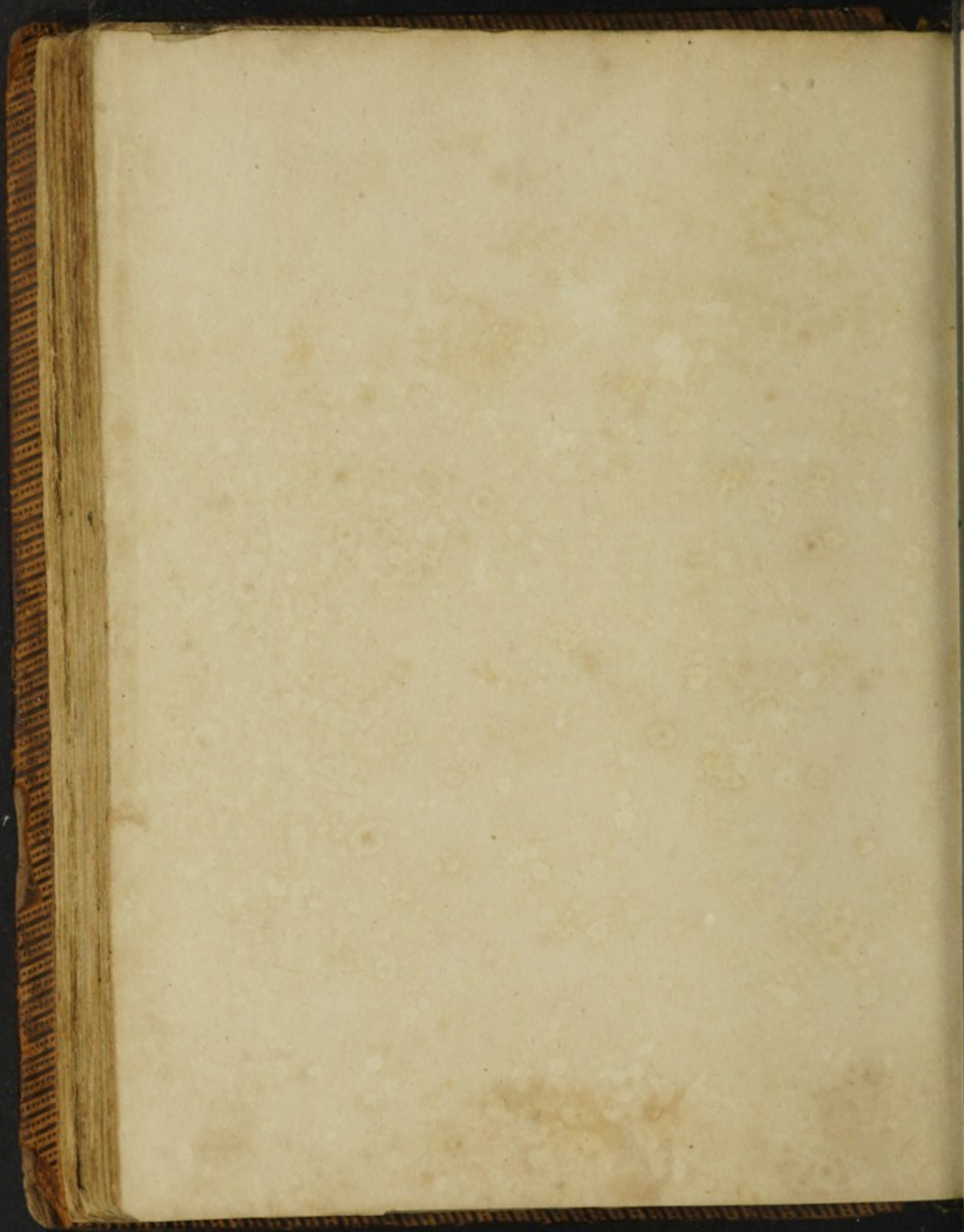
The Table.

To make faire coloured hayre.	89	thorne.	95
A notable helpe for the Gowt.	90	A strange thing of the little Bird cal-	
A maruelous helpe for the head.	91	led The Kings Fisher.	96
A thing worth the marking.	92	A girdle that will keepe one from	
To know how many dayes old the		drowning.	97
Moone is, a very strange thing.		A Ladle that makes flesh sooner to be	
aph.	93	sod.	98
A maruelous matter of a woman that		Poyson is described by a Partrich.	99
was buried.		To know where the winde will bee.	100
To bring forth Medallars out	94		
of a Hay thorn			

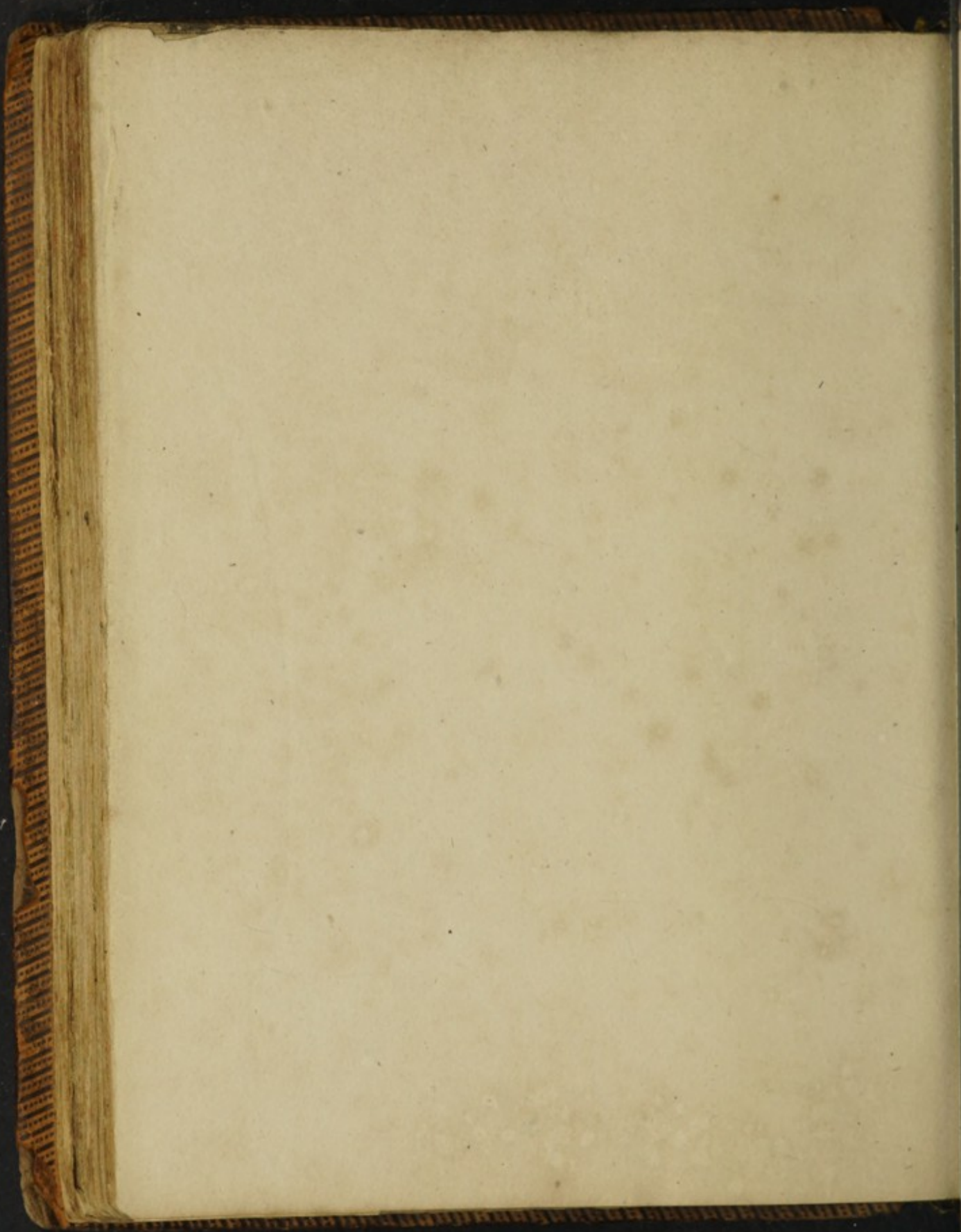
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