

# **Thirty-eighth annual reports for 1896 / East Sussex County Lunatic Asylum, Haywards Heath.**

## **Contributors**

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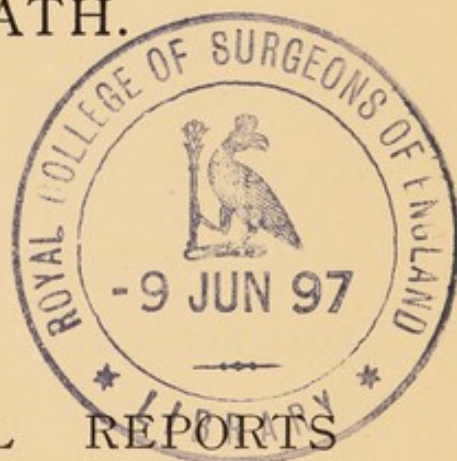
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EAST SUSSEX  
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



THIRTY-EIGHTH ANNUAL REPORTS

FOR 1896.

HAYWARDS HEATH:

C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

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1897.

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# LIST OF THE VISITING COMMITTEE AND OFFICERS.

1896-7.

## FOR EAST SUSSEX.

Mr. A. Burtenshaw, Hailsham.  
Mr. W. H. Champion (*Chairman*), Danny, Hassocks.  
Mr. E. M. Crookshank, Saint Hill, East Grinstead.  
Mr. E. Eager, 17 Wilbury Road, Hove.  
Mr. C. R. Kemp, Bedford Lodge, Lewes.  
Mr. H. R. Knipe, 9 Linden Park, Tunbridge Wells.  
Mr. R. C. Lambert, Kingsclere, St. John's Road, Eastbourne.  
Major J. J. Lister, Warninglid Grange, Haywards Heath.  
Mr. C. Longley, Wivelsfield, Haywards Heath.  
Major T. A. Maberly, Mytten, Cuckfield, Haywards Heath.  
Mr. H. F. H. Newington, The Gables, Ticehurst, Hawkhurst.  
Mr. J. S. Oxley, Fen Place, Turner's Hill, Worth.  
Lieut.-Col. D. T. H. Sampson, Buxshalls, Lindfield, Haywards Heath.  
Captain A. Weekes, Mansion House, Hurstpierpoint, Hassocks.

## FOR THE COUNTY BOROUGH OF BRIGHTON.

Mr. J. G. Blaker (*Mayor of Brighton*), The Romans, Stanford Avenue, Brighton.  
Mr. W. Botting, 80 Grand Parade, Brighton.  
Mr. J. L. Brigden, 187 Western Road, Brighton.  
Mr. J. Colbatch Clark, Ditchling Road, Brighton.  
Mr. E. Martin, 46 Compton Avenue, Brighton.  
Mr. E. J. Reeves, 85 Queen's Road, Brighton.  
Mr. W. Sendall, 131 Preston Road, Brighton.

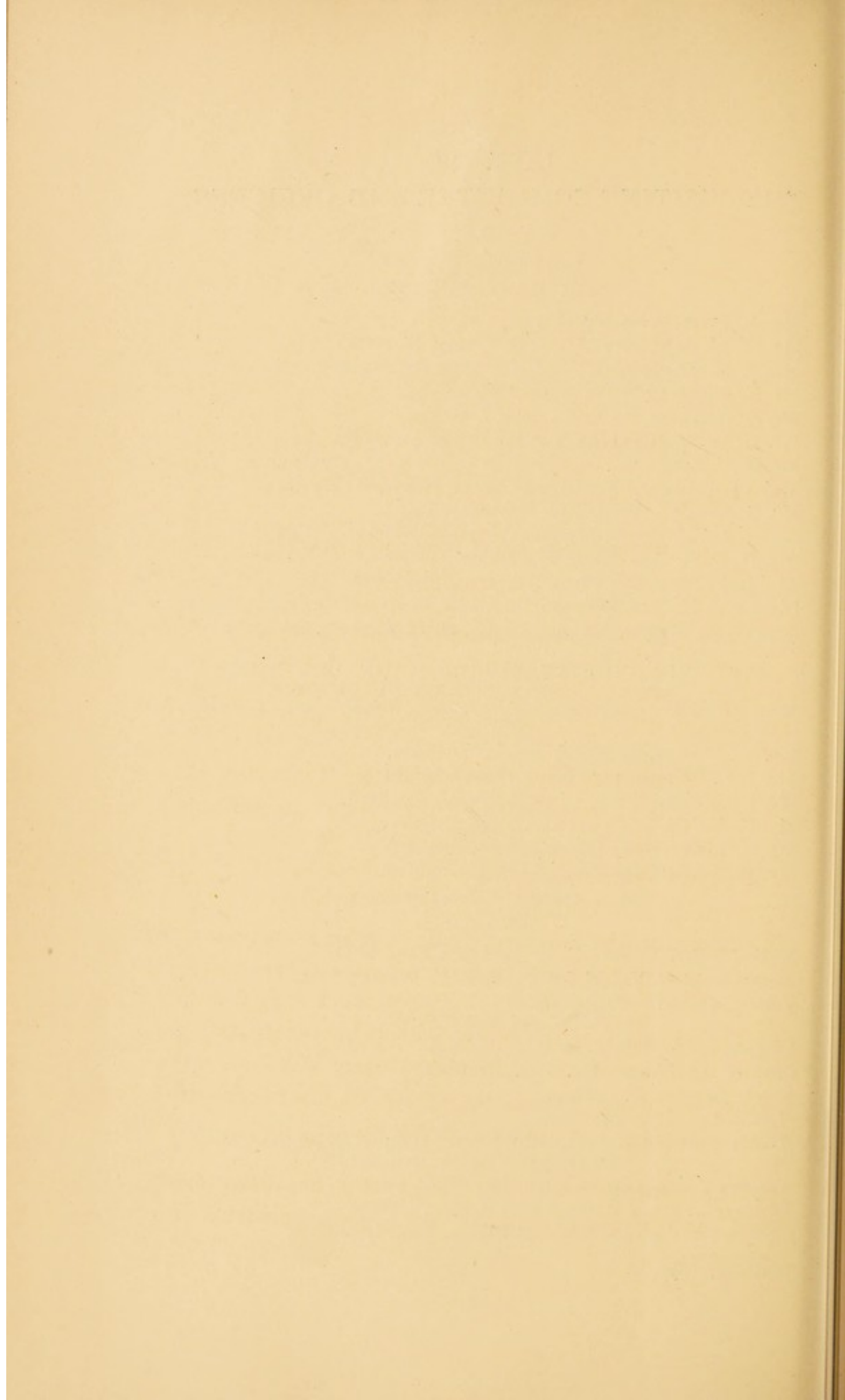
All are Members of House Committee.

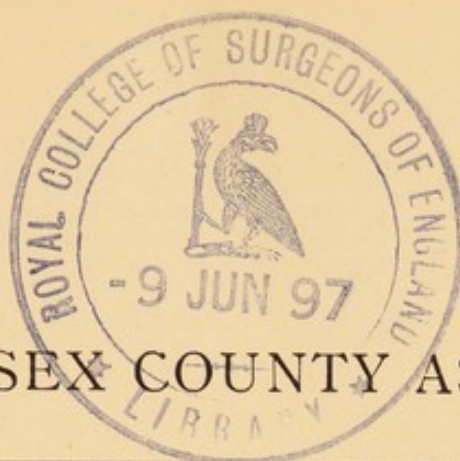
## OFFICERS.

*Medical Superintendent*—C. E. Saunders, Esq., M.D.  
*Senior Assistant Medical Officer*—E. B. C. Walker, Esq., M.D.  
*Junior Assistant Medical Officer*—C. Planck, Esq., M.A. Camb.,  
M.R.C.S. and L.R.C.P.  
*Chaplain*—The Rev. E. R. D. Little, M.A.  
*Clerk of the Asylum*—Mr. S. A. Mortlock.  
*Storekeeper*—Mr. T. Lenton.  
*Housekeeper*—Mrs. Woodhouse.  
*Head Attendants*—Mr. John Backhouse (Male Department).  
Miss Buckle (Female Department).  
*Assistant Female Officer*—Miss Mary Darbyshire.  
*Treasurer*—Francis Barry Whitfeld, Esq., Lewes.  
*Clerk to the Visitors*—Reginald Blaker, Esq., Lewes.

JANUARY, 1897.







# EAST SUSSEX COUNTY ASYLUM

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## THIRTY-EIGHTH ANNUAL REPORT OF THE VISITING COMMITTEE

(Pursuant to Sec. 190 of the Lunacy Act, 1890).

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*To the County Council of East Sussex.*

THE VISITING COMMITTEE have the pleasure to submit to the Council their Report for the past year.

The Committee have the satisfaction of reporting that Dr. Saunders, the Medical Superintendent, continues to carry out the responsible duties of his office in the same efficient manner as hitherto, and that Dr. E. B. C. Walker and Mr. C. Planck, the other members of the Medical Staff, render most valuable assistance in the care and attention of the patients.

The conduct of the other Officers of the Asylum, as well as that of the Attendants generally (with the exception of one of the latter, whose conduct necessitated his dismissal), has been satisfactory.

The general health of the patients has been good, and no infectious disease or serious accident has occurred.



Two Superannuation allowances have been granted, viz., to Jane Jones, a charge nurse, and to Obadiah Avis, front groundman, both of whom resigned after lengthy service. The grant in each case has been duly confirmed by the Council.

The Lord Chancellor's Visitor, on the 16th November and 3rd June last, made official visits to the Institution.

The District Auditor, on the 16th July last, completed his audit of the Accounts for the year ended 31st March last, and in his report again refers favourably on the manner in which the books are kept.

The Coroner, on the 27th August last, held an inquest on an Attendant named J. Franklin, who expired suddenly. The deceased was a steady man, and his death was due to pulmonary hemorrhage. It has not been necessary to hold an inquest on the death of any patient during the year.

Deputations of Guardians from Unions within the areas contributing to the Asylum have visited the Institution, and the reports made by them express their sense of the care and attention which the patients continue to receive.

The Staff of Attendants has been increased by four of each sex, the Commissioners in Lunacy having represented that the Staff was inadequate, and that it was desirable to strengthen the numbers.

Since the last Report, the plastering and redecorating of the walls of the Female wards has been carried out, the Wash-house ventilation has been much improved by



the introduction of a fan to extract steam, whilst at the Farm improvements have been effected by the erection of an isolation shed for newly purchased cattle and the erection of a range of farrowing pens for pigs.

In July last the Committee found it necessary to declare the Male side of the Institution to be full.

In consequence of the continued increase in the number of Female patients it became necessary to use the Sanatorium permanently for Females, and at the present time 40 patients are accommodated in that building. A cottage on the estate has been temporarily equipped as an Isolation Hospital to meet any emergency that may arise by an outbreak of infectious disease.

The Committee have endeavoured, but without success, to enter into reception contracts with other Asylums, and regret to add that there appears to be no probability of relieving the pressure by that means at the present time.

The Commissioners in Lunacy have visited the Asylum twice during the year, viz., in November, 1895, and in June last, and in the report of their last visit state: "We regret to find that no definite steps have been taken to provide further additional and permanent accommodation for the pauper lunatics of East Sussex and Brighton, owing to differences between these local Authorities."

In the Fiftieth Annual Report (1896) of the Commissioners in Lunacy to the Lord Chancellor, East Sussex is again mentioned as having insufficient accommodation. The Report further states that

pressure for Asylum accommodation shows no tendency to decrease throughout the country.

With regard to the extension of the four shillings grant at present made to Boards of Guardians for patients in Asylums, the Commissioners think that an extension of the grant would be an inducement to Guardians to provide such accommodation in Workhouses as would admit of a transfer of suitable cases from Asylums.

The number of patients on the books on the 30th September, 1896, was:—

Males . . . . .	368
Females . . . . .	498
	<hr/>
	866
	<hr/>

This number is divided as follows:—

From Unions and parts of Unions in East Sussex . . . . .	494
From Union of Brighton and part of Steyning Union in County Borough of Brighton . . . . .	369
County Patients chargeable to East Sussex, including Brighton . . .	3
	<hr/>
	866
	<hr/>

For the purpose of this analysis the patients from East Sussex and Brighton chargeable to the overlapping Union of Steyning have been apportioned according to population.



The number of patients in the Asylum on the 30th September, 1895, was 833 chargeable to East Sussex and Brighton, which, compared with 866, the number on 30th September last, shows an increase of 33.

The Admissions during the year ended 30th September, 1896, were . . . . .	241
Cases adjudicated from East Sussex Unions to out-County Unions . . . . .	4
The Discharges were . . . . .	107
The Deaths were . . . . .	97
	— 208
	—
Increase as above. .	33
	—

The surplus beds on 30th September, 1896, were :—

Males . . . . .	8
Females (including beds in Sanatorium)	43

Seven of the surplus beds were, on 30th September last, occupied by criminal out-County and private cases.

The Committee regret the loss they sustained in the death of their esteemed colleague, Mr. W. E. Morrison, who had rendered much valuable service to the Institution during the time he had been a member of the Visiting Committee.

The following is a table shewing the attendances of the Visiting Committee during the year :—



*Table of Attendances from 30th November, 1895, to  
31st October, 1896, both inclusive.*

	Sub-Committees.				
	Visiting Committee Meetings. 12.	House Committee Meetings.	Farm Committee Meetings.	Finance Committee Meetings.	Stores Committee Meetings.
EAST SUSSEX.					
Mr. A. M. Brookfield, M.P. (retired May, 1896) . . .	1	0	—	—	—
Mr. A. Burtenshaw . . .	8	2	3	—	5
Mr. W. H. Champion . . .	10	3	4	1	0
Mr. E. M. Crookshank . .	5	1	—	—	—
Mr. E. Eager (appointed May, 1896) . . . . .	4	—	—	—	—
Mr. C. R. Kemp . . . . .	9	3	—	2	—
Mr. H. R. Knipe . . . . .	9	2	—	5	—
Mr. R. C. Lambert (ap- pointed January, 1896) .	6	—	—	—	—
Major J. J. Lister . . . .	10	2	4	5	—
Mr. C. Longley . . . . .	9	0	3	—	—
Major T. A. Maberly . .	9	2	2	—	—
Mr. H. F. H. Newington. .	8	1	—	—	—
Mr. J. S. Oxley . . . . .	10	2	—	—	7
Lieut.-Col. D. T. H. Sampson	6	1	—	—	—
Capt. A. Weekes . . . . .	11	3	—	8	—
BRIGHTON.					
Mr. J. G. Blaker ( <i>Mayor</i> ) .	0	0	—	—	—
Mr. W. Botting. . . . .	2	0	—	—	—
Mr. J. L. Brigden . . . .	3	0	—	—	—
Mr. E. Martin . . . . .	9	3	—	—	6
Mr. E. J. Reeves . . . . .	10	3	3	—	5
Mr. W. Sendall. . . . .	3	1	—	1	—
Mr. J. Horton Stephens. .	9	3	3	—	6

Signed on behalf of the Visiting Committee, at a  
Meeting held this 31st day of October, 1896.

W. HENRY CAMPION,

*Chairman.*



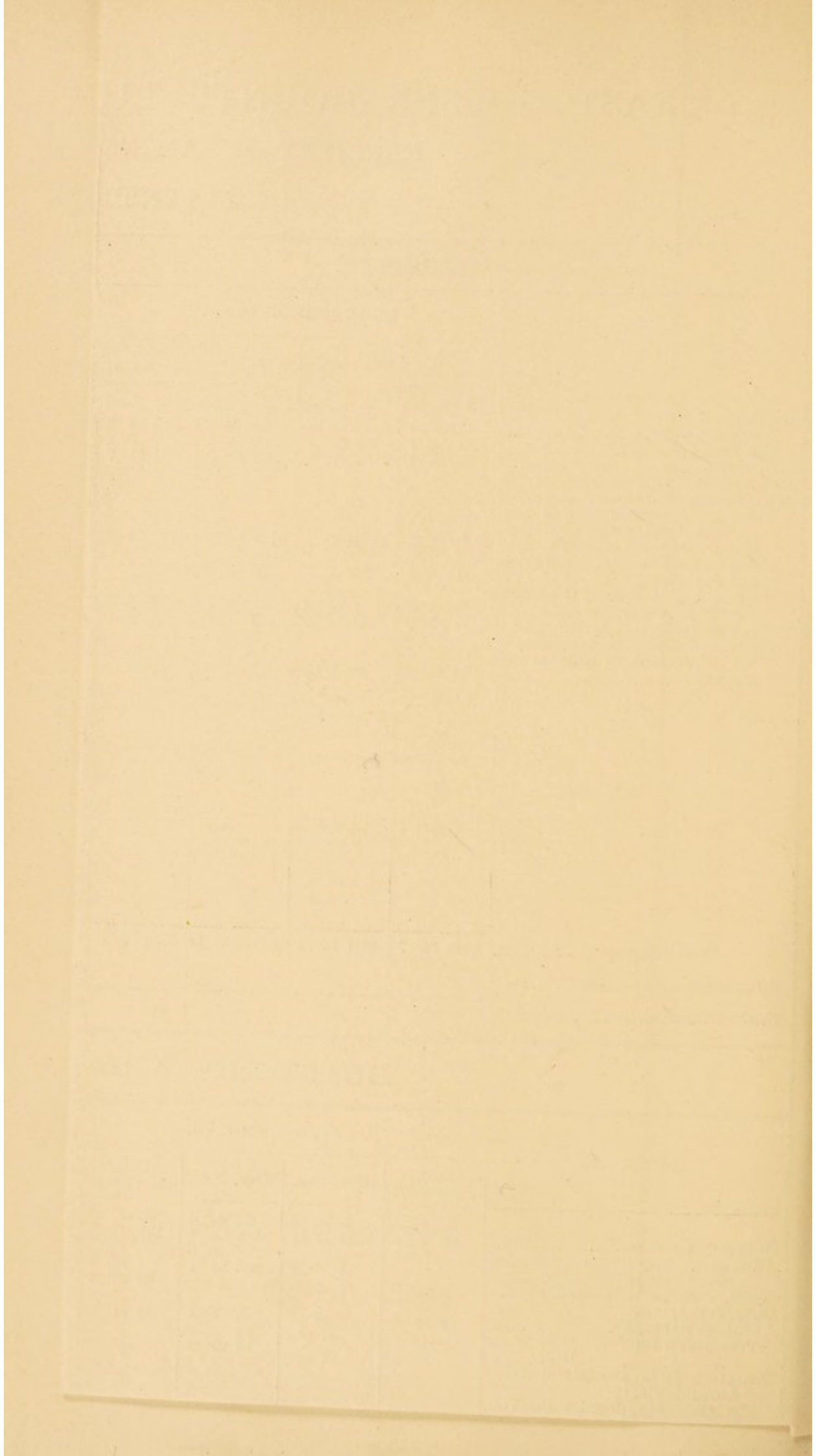
MAINTENANCE ACCOUNT

RECEIPTS.						EXPENDITURE.					
	QUARTERS ENDING.				Total year ending March 31st.		QUARTERS ENDING.				Total year ending March 31st.
	1896, June 30th.	Sept. 30th.	Dec. 31st.	1897, March 31st.			1896, June 30th.	Sept. 30th.	Dec. 31st.	1897, March 31st.	
Goods Sold, viz. :—	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Farm and Garden Sales .....	13 10 5	16 4 10	25 5 2	46 18 3	101 18 8	Salaries and Wages :—	601 14 3	593 10 11	597 10 0	597 10 0	2390 5 2
Old Stores, &c. ....	12 18 11	10 15 3	16 0 4	15 7 2	55 1 8	Officers .....	891 17 3	894 7 2	882 10 0	936 11 8	3595 5 1
Sundries .....	56 9 11	56 7 8	68 19 0	57 15 7	239 12 2	Provisions (including Malt Liquor in ordinary diet) .....	1549 0 2	1678 15 2	1637 13 1	1620 4 5	6485 12 10
Sums received on Account of the Maintenance of Pauper Patients :—						Malt Liquor, Wine and Spirits (not included in ordinary diet) .....	45 19 6	32 15 6	31 9 0	40 11 6	150 15 6
From Guardians of Unions and Parishes within the Contribu- tory County and Borough .....	5139 3 1	5120 2 2	5115 19 10	5112 15 3	20479 0 4	Farm and Garden Expenses .....	310 16 11	479 13 0	360 19 3	454 17 5	1606 6 7
From Guardians of other Unions and Parishes .....	41 0 0	28 6 0	29 14 0	45 14 0	144 14 0	Clothing :—					
From the Treasurer of Contribu- tory County and Borough .....	18 0 9	17 14 9	17 14 9	17 7 3	70 17 6	For Patients .....	338 9 5	192 8 1	268 3 1	242 7 8	1041 8 3
Private Patients .....	41 12 0	42 1 0	42 1 0	41 3 0	166 17 0	For Attendants .....	55 18 0	12 17 6	28 9 11	129 19 3	227 4 8
Funeral and Removal Expenses :—						Necessaries (including Fuel, Light- ing and Washing) .....	433 12 9	429 15 1	482 14 11	610 2 5	1956 5 5
From Guardians of Unions and Parishes .....	24 19 6	20 6 6	15 9 0	21 19 6	82 14 6	Surgery and Dispensary .....	32 8 6	13 14 6	39 7 4	26 6 7	102 16 11
						Furniture and Bedding .....	294 14 10	165 11 0	190 6 0	163 6 1	723 17 11
						Funeral Expenses .....	13 7 3	17 19 6	7 11 9	21 1 4	59 19 10
						Transfers to the Building and Repairs Fund Account, viz. :—					
						For Ordinary Repairs (53 Vic., c. 5, s. 271 [2]) .....				72 7 0	72 7 0
						Other Payments :—					
						Stationery and Printing .....	78 4 6	49 8 11	67 2 1	49 4 9	244 0 3
						Periodicals and Amusements .....	31 10 5	39 14 5	23 1 2	47 0 4	147 6 6
						Freight and Carriage .....	19 19 8	17 11 0	18 0 5	19 14 9	75 5 10
						Incidentals .....	6 2 1	23 10 5	5 2 10	6 4 7	40 19 11
						Sundries .....	604 15 11	264 9 1	714 6 5	396 6 0	1980 0 5
Total Receipts .....	5338 14 7	5311 18 2	5331 3 1	5350 0 0	21340 15 10	Total Expenditure .....	5218 14 5	4906 1 3	5351 7 3	5423 15 9	20899 18 8
Balance—31st March, 1896, viz. :—	...	...	...	...	6092 5 4	Balance in hand at End of Year, viz. :—31st March, 1897 .....	...	...	...	...	6533 2 6
Total of Receipts and Balance .....	...	...	...	...	27433 1 2	Total of Expenditure and Balance .....	...	...	...	...	27433 1 2

RECEIPTS.	QUARTERS ENDING.				Total year ending March 31st.	EXPENDITURE.	QUARTERS ENDING.				Total year ending March 31st.
	1896. June 30th.	Sept. 30th.	Dec. 31st.	1897. March 31st.			1896. June 30th.	Sept. 30th.	Dec. 31st.	1897. March 31st.	
Ordinary Repairs.....	£ s. d. 365 1 6	£ s. d. 394 15 11	£ s. d. 388 15 4	£ s. d. 232 0 8	£ s. d. 1380 13 5	Ordinary Repairs.....	£ s. d. 371 1 0	£ s. d. 401 2 5	£ s. d. 392 19 10	£ s. d. 308 18 8	£ s. d. 1474 1 11
Additions, Alterations, and Im- provements (under £400) .....	...	8 5 5	367 18 2	4 10 0	380 13 7	Additions, Alterations, and Im- provements (under £400) .....	...	8 5 5	367 18 2	4 10 0	380 13 7
Rates, Taxes, and Insurance .....	...	7 6 0	...	84 18 4	92 4 4	Rates, Taxes, and Insurance .....	...	7 6 0	...	84 18 4	92 4 4
Other Receipts:— Cottage Rents, &c. ....	5 19 6	6 6 6	4 4 6	4 11 0	21 1 6						
Treasurer's Interest—June .....	...	...	16 3 5	...	16 3 5						
—Dec. ....	...	...	16 10 3	...	16 10 3						
Transfers from "the Maintenance Account, viz.:— For Ordinary Repairs (£3 Vic., c. 5, sec. 271 [2]) .....	...	...	...	72 7 0	72 7 0						
Total Receipts.....	371 1 0	416 13 10	793 11 8	398 7 0	1979 13 6	Total Expenditure .....	371 1 0	416 13 10	793 18 0	398 7 0	1946 19 10
Balance—31st March, 1896 .....	...	...	...	...	1622 1 11	Balance in hand at End of Year, viz.:—31st March, 1897 .....	...	...	...	...	1654 15 7
Total of Receipts and Balance .....	...	...	...	...	3601 15 5	Total of Expenditure and Balance .....	...	...	...	...	3601 15 5

(Signed) S. A. MORTLOCK,  
*Clerk of the Asylum.*

AVERAGE WEEKLY EXPENDITURE <i>for the Year, for each Patient, from Weekly Rate.</i>					
	QUARTERS ENDING.				Average for the Year ending 31st Mar., 1897.
	1896, June 30th.	Sept. 30th.	Dec. 31st.	1897, March 31st.	
	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions .....	3 4	3 5½	3 3½	3 5½	3 4½
House and other Expenses .....	2 4½	1 7½	2 8½	2 1½	2 2½
Clothing .....	0 7½	0 3½	0 8½	0 8½	0 7½
Salaries and Wages .....	2 7½	2 6½	2 7	2 7½	2 7½
Medicine, Spirits, &c. ....	0 1½	0 1	0 1½	0 1½	0 1½
Incidentals .....	0 0½	0 0½	0 0½	0 0½	0 0½
Total .....	9 1½	8 1½	9 4½	9 1½	8 11½
Weekly Rate Chargeable to the Unions Contributing to the Asylum .....	9 3	9 0	9 0	9 0	9 0½
Ditto do. Not Contributing do. ....	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients .....	16 0	16 0	16 0	16 0	16 0





# EAST SUSSEX COUNTY LUNATIC ASYLUM.

*BALANCE STATEMENT for the Quarter ending March 31st, 1897.*

## MAINTENANCE ACCOUNT.

ASSETS.		DEBITS.	
	1897.	1897.	
	£ s. d.	£ s. d.	
1896.			
Dec. 31. From Unions, &c., in Arrear—Greenfield	11 11 10		
1897.			
Mar. 31. Due from Unions Contributing.....	5112 15 3	To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c. ....	2672 1 6
" " Ditto not ditto .....	45 14 0	Ditto on Cheques not paid in .....	114 0 10
" " County Treasurer .....	17 7 3	Cheques on Salaries not paid in .....	90 0 0
" " Private Patients' Account ..	41 3 0		
" " Funeral Charges .....	21 19 6		
" " Due for Sale of Farm Produce, Stores, &c.	120 1 0		
" " Repairs, Alterations, &c. ....	321 9 0		
" " Cottage Rent .....	4 11 0		
" " Cash in Banker's hands .....	3533 11 1		
" " Clerk's ditto .....	179 1 11	Surplus Balance .....	6533 2 6
	<u>£9,409 4 10</u>		<u>£9,409 4 10</u>

*Submitted to the Finance Committee this 24th day of April, 1897.*

(Signed)

CALEB R. KEMP, H. R. KNIPE,  
EDWARD EAGER, A. WEEKES.

(Signed)

S. A. MORTLOCK,  
*Clerk of the Asylum.*



# EAST SUSSEX LUNATIC ASYLUM.

**Dr. Farm and Garden Accounts for the Year ending 31st March, 1897. Cr.**

1896.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock .....	942	15	0			
Estimated Value of Dead Stock .....	364	5	6			
Estimated Value of Tenant's Valuation .....	647	19	8			
Estimated Value of Provender .....	276	16	8			
				2231	16	10

1897.—March 31st.	£	s.	d.	£	s.	d.
To Purchase of—						
Labour—						
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm and Garden .....				546	6	3

Stock, Live and Dead—	£	s.	d.	£	s.	d.
1 Bull .....	34	13	0			
12 Cows .....	270	10	0			
2 Boars .....	5	4	0			
Implements .....	83	3	9	393	10	9

Provender—	£	s.	d.	£	s.	d.
Oil Cake .....	131	0	0			
Bran and Sharps .....	70	13	10			
Hay .....	31	0	0			
Barley and Maize .....	91	16	0			
Straw, &c. ....	134	6	0			
Grains .....	50	5	6	509	1	4

Seeds and Manures—	£	s.	d.	£	s.	d.
Seeds, Manures & Lime .....				88	1	7

Other Payments—	£	s.	d.	£	s.	d.
Thrashing & Thatching .....	14	10	7			
Railway Carriage .....	10	6	2			
Medicine and Shoeing .....	27	16	10			
Valuation .....	7	7	0			
Sundries .....	9	6	1	69	6	8

Rates, Tithe and Taxes (Estimated).....	£	s.	d.	£	s.	d.
Estimated Rent on Land .....	46	8	6			
	200	0	0	246	8	6
Balance in favour .....				402	12	8

**£4,487 4 7**

1897.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
20 Calves .....	30	15	0			
1 Bull .....	14	0	0			
5 Pigs .....	7	19	0			
1 Hog .....	1	9	0			
Hides and Skins .....	7	13	6			
19½ qrs. Wheat .....	31	4	0			
Hay, &c. ....	2	11	6			
Use of Stock and Sundries .....	6	6	8	101	18	8

By Produce supplied to House—	£	s.	d.	£	s.	d.
8,992 lbs. Beef @ -/5 .....	187	6	8			
372 „ Suet @ -/4½ .....	6	19	6			
15,610 „ Pork @ -/4½ and -/4½ .....	294	19	6			
Bells, Livers, &c. ....	3	14	9	493	0	5

22,441½ gals. Milk @ -/9 .....	£	s.	d.	£	s.	d.
4,695 No. Eggs „ -/1 .....	19	11	3			
152 „ Poultry „ 2/6 .....	19	0	0			
153 „ Rabbits „ -/10 and 1/- .....	6	18	8	887	1	1

1,416 bus. Cabbage @ 1/- .....	£	s.	d.	£	s.	d.
146 „ Onions „ 2/- .....	14	12	0			
1,461 „ Potatoes „ 2/6 .....	182	12	6			
71 „ Peas @ 2/- .....	7	2	0			
240 „ Beans „ 2/- .....	24	0	0			
251 „ Carrots „ 2/- .....	25	2	0			
701 „ Parsnips „ 2/- .....	70	2	0			
40 „ Turnips „ -/10 .....	1	13	4			
3,390 No. Cauliflowers @ -/1½ .....	21	3	9			
Other Vegetables .....	37	10	0			
Fruit and Rhubarb .....	25	7	5			
Vegetables and Fruit supplied to Medical Superintendent .....	28	12	10	508	13	10

Keep of House Horse...	£	s.	d.	£	s.	d.
				23	8	0

By Estimated Value of Live Stock .....	£	s.	d.	£	s.	d.
Estimated Value of Dead Stock .....	1071	2	0			
Estimated Value of Tenant's Valuation .....	409	5	6			
Estimated Value of Provender .....	660	17	1			
	331	18	0	2473	2	7

**£4,487 4 7**

## ESTIMATED VALUE OF FARM STOCK:—

1896.—March 31st.	£	s.	d.	£	s.	d.
38 Cows, Bull, Fattening Beasts, and Calves .....	613	0	0			
7 Horses .....	216	0	0			
94 Head of Swine .....	104	5	0			
75 Poultry and Ferrets .....	9	10	0			
	942	15	0			
Dead Stock, Implements, &c. ....	364	5	6			
Tenant's Valuation .....	647	19	8			
Provender .....	276	16	8			
	£2,231	16	10*			

1897.—March 31st.	£	s.	d.	£	s.	d.
44 Cows, Bull, Fattening Beasts, and Calves .....	685	0	0			
7 Horses .....	204	0	0			
122 Head of Swine .....	173	7	0			
70 Poultry and Ferrets .....	8	15	0			
	1071	2	0			
Dead Stock, Implements, &c. ....	409	5	6			
Tenant's Valuation .....	660	17	1			
Provender .....	331	18	0			
	£2,473	2	7			

*Examined by the Farm Committee, April 24th, 1897.*

(Signed)

A. BURTENSHAW,  
T. ASTLEY MABERLY.

(Signed)

S. A. MORTLOCK,  
*Clerk of the Asylum.*

\* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.



# THE ESTABLISHMENT.

## OFFICERS.

Medical Superintendent ... ..	£800	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain ... ..	250	
Clerk to Visitors ... ..	200	
Clerk of Asylum ... ..	300	
Senior Assistant Medical Officer ...	250	} None.
Junior Assistant Medical Officer ...	125	
Housekeeper ... ..	60	
Head Attendant (Female) ... ..	110	
Female Assistant Officer ... ..	45	} Lodging, Board, Washing, and Atten- dance.
Storekeeper ... ..	150	
Head Attendant (Male) ... ..	100	
Total ... ..	11	

## ATTENDANTS AND SERVANTS.

### MALES.

*1 Organist & Schoolmaster, $\pounds$ Ann.	£80
*1 Office Clerk ... ..	104
1 Hall Porter ... ..	47
*1 Night Attendant ... ..	66
*3 " " ... ..	62
*1 " " ... ..	56
*2 " " ... ..	53
1 Day Attendant ... ..	47
1 " " ... ..	43
2 " " ... ..	40
1 " " ... ..	39
1 " " (Dining Hall) ... ..	39
2 " " ... ..	38
1 " " ... ..	37
1 " " ... ..	36
1 " " (Farm) ... ..	36
1 " " ... ..	35
1 " " (House) ... ..	34
1 " " ... ..	32
1 " " (Bath Room) ... ..	31
1 " " ... ..	31
2 " " ... ..	30
1 " " ... ..	29
1 " " ... ..	28
5 " " ... ..	27
13 " " ... ..	26
—	—
48	

### FEMALES.

1 Nurse (Infirmary) ... ..	$\pounds$ Ann. £37
1 Cook ... ..	35
1 Night Nurse ... ..	30
1 Day " ... ..	26
4 " " ... ..	25
1 " " ... ..	24
1 " " ... ..	21
1 Night " ... ..	21
2 " " ... ..	20
4 Day " ... ..	20
1 " " ... ..	19
1 Night " ... ..	19
3 " " ... ..	18
6 Day " ... ..	18
1 " " ... ..	17
14 " " ... ..	16
1 Seamstress ... ..	25
1 Dining Hall Maid ... ..	22
1 Laundry Maid ... ..	27
1 " " ... ..	20
2 " " ... ..	18
1 Dairy Maid ... ..	20
1 Kitchen Maid ... ..	18
3 House Maids ... ..	16
1 Vegetable Room Maid ... ..	14
—	—
55	

The Male Attendants are allowed one day's leave in 13. Married Attendants are allowed £3 per annum in lieu of washing, £6 10s. per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness. All Attendants have uniform.

The Female Attendants are allowed one day's leave in about 21, and every fourth Sunday from 10 a.m. to 10 p.m.

All Attendants and Servants have uniform, and those that have board can have £3 10s. per annum in lieu of beer, at option.

\* Are neither boarded nor lodged.

## ARTISANS, &c.

1 Shoemaker ... $\pounds$ Week	£1 6 0	1 Bricklayer's Labourer, $\pounds$ Wk.	1 0 0
1 Matmaker ... ..	1 6 0	1 Garden Labourer ... ..	0 18 0
1 Basket-maker ... ..	1 7 0	1 Painter and Glazier ... ..	1 11 0
1 Tailor ... ..	1 4 0	1 Painter ... ..	1 5 0
1 Cabinet-maker ... ..	1 12 0	2 Stokers (& Weekly Overtime)	1 1 0
2 Bakers ... ..	1 4 0	1 Cowman ... ..	1 0 0
1 Butcher ... ..	1 5 0	1 Under Cowman ... ..	0 17 0
1 Florist ... ..	1 1 0	2 Carters ... ..	0 19 0
1 Carpenter ... ..	1 11 0	1 Farm Labourer (Sewage) ...	0 17 0
1 " " ... ..	1 10 0	1 Stockman ... ..	0 16 0
1 Bricklayer ... ..	1 11 0	1 House Carter ... ..	1 2 0
1 " " ... ..	1 10 0	1 Store Porter ... ..	1 6 0
<i>House, Coals, Vegetables, &amp;c.</i>			
1 Engineer (House, Coals and Gas) ... $\pounds$ Week	2 0 0	1 Gardener ... ..	$\pounds$ Week 1 0 0
Bailiff ... ..	1 7 0	1 Blacksmith (House & Gas)	1 5 0
Total ... ..	32	1 Front Ground Labourer ...	0 18 6

Made up on March 31st, 1897.

Officers ... ..	11
Attendants and Servants ... ..	103
Artisans, &c. ... ..	32

Total of Staff ... .. 146

S. A. MORTLOCK, Clerk of the Asylum.



*Contract Prices of the Principal Articles of Consumption for the Year 1896.*

ARTICLES.	QUARTERS ENDING			
	March.	June.	September.	December.
Beef .....	£ s. d. 0 3 10	£ s. d. 0 3 6	£ s. d. 0 3 6	£ s. d. 0 3 8
Mutton .....	0 3 10	0 3 6	0 3 6	0 3 8
Flour—Households.....	0 19 6	0 19 6	0 19 0	1 2 6
" American (Pillsbury's Im- proved Straights).....	0 19 6	0 19 0	0 18 6	1 0 0
Meal .....	0 17 6	0 18 0	0 18 0	0 19 0
Ale—X .....	1 1 0	1 1 0	1 1 0	1 1 0
XX .....	1 10 0	1 10 0	1 10 0	1 10 0
" Cheese—Gouda .....	2 5 0	2 2 0	2 2 0	2 4 0
" Margarine (Jurgen's 1st quality)	2 15 0	2 9 0	2 9 0	2 7 6
Bacon .....	3 2 0	2 12 0	2 12 0	2 18 0
Sugar—Raw .....	0 14 0	0 13 6	0 13 6	0 12 10½
" Refined .....	0 17 0	0 17 0	0 17 0	0 15 6
Navy Cocoa .....	3 8 0	3 10 0	3 10 0	3 10 0
Treacle .....	0 8 3	0 6 9	0 5 9	0 6 9
Raisins .....	1 9 0	1 5 0	1 5 0	1 7 0
Currants .....	0 14 6	0 13 0	0 13 0	0 15 0
Split Peas .....	0 5 0	0 4 9	0 4 9	0 4 6
Soap—Yellow .....	0 19 6	0 18 3	0 18 3	0 17 9
" Soft .....	0 12 6	0 11 9	0 11 9	0 11 0
Coals—Steam .....	0 19 0	0 19 0	0 19 2	0 19 2
" House .....	0 18 1	0 18 1	0 16 5	0 16 5
Coke .....	0 15 8	0 15 8	0 13 0	0 13 0

S. A. MORTLOCK, Clerk of the Asylum.



*An Abstract of the Annual Returns of Pauper Lunatics chargeable on the 1st January, 1897, to the several Unions or Parishes or to such part thereof respectively as is situate (i.e., having their place of settlement) within the Administrative County or County Boroughs of East Sussex (within the meaning of or as modified by Lunacy Act, 1890, s.s. 240-246, and Lunacy Act, 1891, s. 13).*

CHARGEABLE TO UNIONS, PARISH, AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	Tl.
Battle .....	15	25	...	...	...	...	3	1	...	...	...	...	18	26	44
Brighton (within Boro') .....	150	205	6	...	1	...	85	82	...	...	17	22	259	309	568
Chailey .....	9	7	...	...	...	...	2	3	...	...	2	2	13	12	25
Cuckfield .....	21	29	...	...	2	...	3	7	...	...	...	3	26	39	65
Eastbourne .....	32	30	...	...	...	...	3	7	...	...	1	4	36	41	77
East Grinstead .....	13	23	...	...	1	...	4	5	...	...	1	3	18	32	50
Hailsham .....	14	22	...	...	...	...	3	1	...	...	2	7	19	30	49
Hastings—County Part .....	6	22	...	...	...	...	...	1	...	...	...	...	6	23	29
„ —Boro' „ .....	...	...	31	62	...	...	3	4	...	...	...	...	34	66	100
Lewes .....	20	14	...	...	...	...	2	6	...	...	...	...	22	20	42
Newhaven .....	14	7	...	...	...	...	1	4	...	...	...	...	15	11	26
Rye .....	9	12	...	...	...	...	8	3	...	...	2	4	19	19	38
Steyning .....	26	48	...	...	...	...	1	2	...	...	3	2	30	52	82
„ (Brighton Boro' Part) .....	8	13	...	...	...	...	1	...	...	...	1	..	10	13	23
Ticehurst .....	17	21	1	...	1	...	3	2	...	...	1	1	22	25	47
Uckfield .....	12	21	...	...	...	...	4	10	...	...	2	4	18	35	53
West Firle .....	...	3	1	...	...	...	...	...	...	...	...	...	1	3	4
County, East Sussex .....	3	...	...	...	...	...	...	...	...	...	...	...	3	...	3
TOTALS .....	369	502	39	62	3	2	126	138	..	...	32	52	569	756	1325

## SUMMARY.

Year.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	Total.
1st January, 1894*	358	503	124	138	43	49	525	690	1215
„ 1895*	392	536	129	135	46	49	567	720	1287
„ 1896	403	512	126	132	37	49	566	693	1259
„ 1897	411	566	126	138	32	52	569	756	1325

\* Cuckfield, East Grinstead, Steyning and Ticehurst being Unions having an area outside East Sussex, some of their Lunatics (not East Sussex Patients) are included in these years.

S. A. MORTLOCK,  
Clerk of the Asylum.



# LOAN ACCOUNT.—EAST SUSSEX.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 31st March, 1897.*

When Borrowed.	Rate of Interest.	Amount of Loans.	Amount Paid off during the year ended 31st March, 1897.	Total Amount paid off.	Remaining due.
		£ s. d.	£ s. d.	£ s. d.	£ s. d.
1856, October 13th.	£4½ per cent.	500 0 0	.....	500 0 0	.....
" "	£4½ per cent.	500 0 0	.....	500 0 0	.....
" "	"	500 0 0	.....	500 0 0	.....
1857, April 6th.	"	11000 0 0	.....	11000 0 0	.....
" October 19th.	"	5500 0 0	.....	5500 0 0	.....
1858, January 4th.	"	5500 0 0	.....	5500 0 0	.....
" June 28th.	"	5500 0 0	.....	5500 0 0	.....
" October 18th.	"	5000 0 0	.....	5000 0 0	.....
1859, April 4th.	"	8000 0 0	.....	8000 0 0	.....
" June 27th.	"	1550 0 0	.....	1550 0 0	.....
" "	"	6700 0 0	.....	6700 0 0	.....
" October 17th.	"	3350 0 0	.....	3350 0 0	.....
1860, January 2nd.	"	2680 0 0	.....	2680 0 0	.....
1861, April 8th.	"	1340 0 0	.....	1340 0 0	.....
1863, October 19th.	"	3350 0 0	.....	3350 0 0	.....
1864, January 4th.	"	2345 0 0	.....	2345 0 0	.....
1866, October 15th.	£5 per cent.	4355 0 0	145 3 4	4355 0 0	.....
1881, October 17th.	£4 per cent.	536 0 0	17 17 4	268 0 0	268 0 0
1893, December 29th.	£3½ per cent.	*10358 14 0	214 0 0	620 6 11	9738 7 1
1894, September 19th.	"	1349 0 0	27 7 11	66 14 11	1282 5 1
1895, May 20th.	£3¼ per cent.	*474 8 3	9 13 10	14 8 5	459 19 10
" "	"	371 0 0	7 11 7	11 5 6	359 14 6
		£80759 2 3	£421 14 0	£68650 15 9	£12108 6 6

\*To partially pay out West Sussex under the Award of 12th April, 1892.

JOHN LAW, County Accountant.



THE  
MEDICAL SUPERINTENDENT'S  
THIRTY-EIGHTH ANNUAL REPORT.

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THE MEDICAL SUPERINTENDENT has the honour to submit the Thirty-eighth Annual Report to the Committee of Visitors. Thirty-eighth Annual Report.

On the 30th September, 1895, the numbers in the Asylum were—Male, 373; Female, 475; Total, 848. Numbers on the 30th September, 1895.

The Admissions during the year ending 30th September, 1896, have been—Male, 107; Female, 130; Total, 237. Admissions.

The Discharges during the year have been—Male, 56; Female, 59; Total, 115. Discharges.

The Deaths during the same period have been—Male, 52; Female, 45; Total, 97. Deaths.

The Average Daily Number Resident during the year has been—Male, 376; Female, 484; Total, 860. Mean Annual Population.

The Numbers in the Asylum this day (30th September, 1896), are—Male, 372; Female, 501; Total, 873. Numbers this day, September 30th, 1896.

The Admissions shew a considerable reduction in the number of Males (21); on the other hand the number of Females was increased (11): the total number is 10 less than last year.

On the whole the expectancy of recovery on admission was somewhat better for both sexes; this forecast was borne out by the number of recoveries among the year's admissions, for of the total number discharged as Recovered, 60 per cent. were admitted during the year.

The following tabular statements shew in some further detail the salient features of the year's admissions.

*Expectancy of Recovery on Admission.*

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Not Insane	Actively Suicidal.
Males ...	107	26	20	60	1	24
Females	130	40	19	70	1	48

*Ages on Admission.*

	5—15.	15—35.	35—55.	55—75.	75 and upwards	Un-known
Males .....	4	30	47	21	5	...
Females ...	1	47	52	25	5	...

*Form of Mental Disorder of Year's Admissions.*

	Males.	Females.	Total.
Insanity with Epilepsy .....	8	4	12
Idiocy without Epilepsy .....	1	1	2
„ with Epilepsy .....	1	4	5
Imbecility without Epilepsy..	1	1	2
„ with Epilepsy.....	1	...	1
General Paralysis.....	16	4	20
Dementia .....	11	10	21
Mania .....	41	63	104
Melancholia .....	26	42	68
Not Insane.....	1	1	2
TOTAL .....	107	130	237

The Discharges were 115, of whom 56 were Males and 59 Females. These were 7 more than the corrected



figures of last year, and were 48.5 per cent. of the number of patients admitted.

Of the 56 Males who were discharged, 31 had recovered; 20 had been relieved (16 of these being discharged to the care of their friends and 4 being transferred to other Asylums), 3 were transferred not relieved, 1 was discharged not being insane, and 1 was discharged by process of Law, he having escaped and remained at large for fourteen days.

Of the 59 Females discharged, 33 had recovered; 21 were discharged to the care of their friends relieved; 3 were transferred to other Asylums relieved, and 1 not improved; 1 was not insane.

Ninety-seven Deaths occurred, viz.: 52 Males and 45 Females—these shew a reduction on last year's figures. The Deaths.

Of the total deaths, 12 were due to phthisis, 7 to bronchitis or pneumonia, 8 to heart disease, 12 to progressive paralysis, 1 to suicide, 3 to influenza, 8 to old age, and the remaining 46 to various constitutional disorders.

The death rate is 11.2 per cent. of those daily resident, or 8.9 per cent. of the whole number of cases under treatment.

The following Table shews the ages at death, in certain age groups.

*Ages at Death.*

	0-5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths from all causes and at all ages.
Males ..	..	..	11	14	22	5	52
Females	..	..	8	14	15	8	45
Total ..	..	..	19	28	37	13	97

Post-mortem examinations were made in 40 cases, this being the number for which the consent of relatives could be obtained.

The following Table briefly tells the story of the year's Admissions statistically considered.

	Males.	Females.	Total.
Discharged Recovered.....	18	21	39
„ Relieved ....	...	...	...
„ to care of friends	4	3	7
Transferred to other Asylums	5	1	6
Died .....	16	12	28
Remain in Asylum .....	63	92	155
Not Insane.....	1	1	2
Total .....	107	130	237

The total number of patients under treatment was 1085, viz.: 480 Males, 605 Females.

There were seven escapes—all of whom were brought back except one, who remained out for fourteen days and was discharged at the expiration of that time, according to Statute.

The want of further Asylum accommodation is a theme which has been worn well-nigh threadbare, and leaves little to be added to what has already been urged in these Annual Reports.



It is a somewhat startling fact that the relief which was obtained by the removal of the West Sussex patients has been short-lived, and that the extreme pressure on the available space is again felt in an acute form.

It naturally opens up the question whether more people go mad now-a-days; whether, that is to say, the increase of lunacy is out of proportion to the natural growth of population?

The social and economic aspects of the case have attracted the notice of staticians for many years, and have induced numerous attempts to be made to arrive at a just and accurate conclusion on the subject.

The Commissioners in Lunacy, as the great authority, who have the best and most ample materials for such an investigation, are now engaged in a further inquiry, and have invited your Superintendent, among others, to add his observations to their own.

Like many other deductions from figures the greatest care is needed to eliminate all sources of error, so as to arrive at the increase of *persons*, in contradistinction to cases, for "one man in his time plays many parts," thereby causing much statistical disturbance. Some of the difficulties have arisen from an overstraining at accuracy of registration, for other purposes: for example—when the sentence of a Criminal Lunatic expires and he remains insane, a fresh order has to be obtained for his further detention, and he is transferred from the Criminal to the Pauper list; until lately he had to be entered in the book as a Discharge, and to be



readmitted ; so that the same individual counted as two Admissions.

The disturbing element of immigration is one that has to be contended with ; for cases coming in bulk, as they have done in the far past into this Asylum, and as they are now frequently doing in other Asylums, have no relation to the population of the County into which they are sent as boarders (*immigrants*). Care has been taken to make corrections for these, in this Asylum, but it is easy to estimate how such errors if not corrected would, when multiplied, vitiate results in whatever way the matter is dealt with, for if such *immigrants* are ignored here, as they ought to be to obtain a correct ratio of insane-increase to total population-increase, they drop out of count elsewhere, unless treated as *emigrants* from the Counties from which they were drafted, and debited to the insane account of those Counties.

Your Medical Superintendent, in responding to the invitation of the Commissioners to furnish his observations, dealt with the subject as in duty bound in some detail, but as it would needlessly overweight this Report to give the whole of his communication he contents himself with reproducing a Table showing the proportion which *first Admissions only* of Sussex Pauper Lunatics bear to the total Sussex population living in the census years, 1861, 1871, 1881, 1891, and in the quinquennial intercensal years, 1866, 1876, 1886, 1896. On this, *inter alia*, he bases the conclusion "that the slight but upward tendency which the figures indicate does not, in his opinion, warrant any alarm at the increase of insanity."



TABLE SHOWING THE PROPORTION PER 10,000 OF FIRST  
ADMISSIONS IN THE ASYLUM TO THE ENTIRE  
POPULATION OF THE COUNTY.

Census Years (and Intercensal Quinquennial).	Population of Sussex.*	Number of First Admissions.	Rate per 10,000 of Population living.	Remarks.
	Ancient County.			
1861.	365,952	119	3.2	{ 40 Admissions from Haslar Hospital not included.
1866.	392,952	148	3.7	
1871.	419,952	94	2.2	{ 40 Private and Out-county Boarders not included.
1876.	423,479	168	3.9	
1881.	448,247	183	3.7	{ Hastings Borough cases no longer admitted— Population corrected.
1886.	472,497	164	3.4	
	Administrative Counties of East and West Sussex and County Borough of Brighton.			
1891.	488,869	235	4.8	{ Chichester Incorporation cases removed —Population corrected.
	Administrative Counties of East Sussex and County Borough of Brighton.			
1896.	376,357	198	5.0	

\* Corrections made in each period for parts of Sussex in other Counties  
and *vice versa*.

The part which hereditary predisposition plays in the causation of lunacy is recognised and accepted, but the extent to which it is manifested, even in one generation, is, of course, not generally known. It may, perhaps, be of some interest to note the following examples which are now, or have been, in this Asylum; and, in many instances, often repeated. Among these are: a mother and two daughters; father and daughter; mother, sister and two daughters; father and son; four sisters; two sisters and a niece; three brothers; uncles, aunts, nephews and nieces; and, lastly, going to the very root of the whole question, husband and wife. Showing how inherent the vice of constitution must be in the progenitor, it is not an infrequent occurrence to find the offspring becoming insane before the parent shows any sign of mental derangement; and for this reason the link is often missing which would connect father or mother, or both, with insane offspring.

The Commissioners in Lunacy paid visits in November, 1895, and in June, 1896. The result of the former visit was printed in last year's Report; their remarks on the June visit will be found in the Appendix.

The Lord Chancellor's Visitors have also paid visits to Patients during the year.

The works which have been carried out during the year, although of no great magnitude, have yet been of importance from a sanitary point of view. The bare brick walls of some of the Female Wards have been plastered and temporarily re-decorated, and other Wards will be similarly treated in turn. The walls of the basement passages have been painted and



decorated. The kitchen and sculleries attached to the Dining Halls have also been painted and white-washed. An enlarged pantry has been provided for the Female Infirmary.

The ventilation of the Laundry has been improved by the erection of a Blackman's fan.

The warming of the Chapel has been made more complete by means of hot-water pipe and coil.

On the Farm, farrowing pens have been built, and a cattle shed for the isolation or quarantine of newly purchased cattle. This, as a preventive measure, is a great safeguard to the milk-supply.

It is satisfactory to notice that the rye grass grown on the new sewage irrigation ground has proved of the greatest value to the largely increased number of stock which is now kept. And the value of this grass, which would not have been available in such quantity except for the alteration, has gone a long way towards the cost of the diversion of the drainage to the far farm.

To relieve the congestion, which was undoubted, whatever its cause might be, the Sanatorium was, in April, again appropriated for general use—forty Female Patients being accommodated there. It has been fitted with fire extinguishing appliances, and will shortly be brought into telephonic communication with the main building, as well as having the electric tell-tale night record attached to it.

The fire appliances throughout the establishment were inspected by Superintendent Lacroix (of the Brighton Borough Fire Brigade), who reported that "the whole were very clean and in excellent working order."



The amusement of the Patients have been amply provided for by a variety of evening entertainments during the winter months, and by out-door recreation in the summer. Another piano has been purchased for F. 7 Ward.

Some much appreciated alterations in the dietary have been made, by which it has become more varied, and the use of American pickled pork abandoned.

Pensions have been granted to two deserving servants of the Committee who had served them for periods of 21 and 29 years respectively.

Considerable additions have been made to the Nursing Staff, to keep pace with the ever-increasing requirements of the Commissioners.

The sudden death of an Attendant from pulmonary hoemorrhage was made the subject of an inquest by the Coroner. At the request of his widow the Attendant was buried in the Asylum Cemetery; several of the Staff attending the funeral.

Your Superintendent cannot close this Report without bearing testimony to the efficient help he has received from his Medical colleagues, and from the Staff generally.

Harrassing, unpleasant, and even dangerous duties have to be performed by everyone—the responsibility attaching to these being only one of degree, and your Superintendent feels that he is not asking too much, when he seeks of the Committee their sympathy and support.

C. E. SAUNDERS, M.D.,  
*Medical Superintendent.*

30th SEPTEMBER, 1896.



## THE CHAPLAIN'S THIRTY-EIGHTH ANNUAL REPORT.

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THE Chaplain has the honour to lay before the Committee his Annual Report.

The customary services held in the Chapel have been made as bright as possible, and the Chaplain has repeatedly had the satisfaction of hearing from Patients that the services have been to them a comfort and help.

The Holy Communion has been celebrated on the usual Festivals and Sundays, the average attendance being 13 Females, 6 Males, a slight increase on the preceding year, when the numbers were 11 Females, 4 Males.

The Daily Services have been held in the Dining Halls and Wards. The services consist of prayers and a lesson, the lesson being chosen to suggest one prominent thought.

The Sunday Services being fully choral, and as only a few Nurses can be spared for the choir, there is a great strain on the treble voices, usually only four or five in number, but with the help of the Attendants the musical portions of the service are always brightly and effectively rendered.

There have been 58 funerals in the Asylum cemetery, being 6 less than last year, while the remains of 40 Patients have been removed by friends. One of the funerals was that of John Franklin, an Attendant.

Great sympathy was shown by Nurses and Attendants; some of the Attendants acted as bearers, and carried the remains to a flower-lined grave. Surprise has often been expressed by friends of Patients at the impossibility of bringing the remains of the deceased into the Chapel, and there can be no doubt that the scheme of a small mortuary chapel, if it could be carried out, would make the funeral arrangements more impressive, and more like those in ordinary churchyards.

The Schools have been carried on as usual. The number of Male Patients attending remains the same, viz., 50. On the other hand, the number of Female attendances have declined, being only 45 this year as compared with 70 last season. This may be accounted for by the opening of the Sanatorium, and the fact that many naturally prefer the road walk to school.

The sum allowed for the Library has been carefully spent and the books have been purchased on advantageous terms. Altogether 495 books have been added to the Library during the year, and of the older books 222 have been sent into the wards on the Male side, and 209 to the wards on the Female side.

In conclusion, the Chaplain is glad to feel that after four years' work amongst the Patients he has gained considerable insight into their characters, and so is the better enabled to minister to their peculiar needs.

E. R. D. LITTLE, M.A.

SEPTEMBER 30th, 1896.



# APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

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*The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.*

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TABLE I.

*Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1896.*

	M.	F.	T.
In the Asylum January 1st, 1896 .....	380	467	847
Admissions—	M.	F.	T.
First Admissions.....	87	111	198
Re-Admissions.....	11	28	39
Total Number of Admissions during the Year	98	139	237
Total Number of Cases under Care during the Year.....	478	606	1084
Discharges—	M.	F.	T.
Recovered .....	32	44	76
Relieved .....	20	22	42
Not Improved .....	4	1	5
Died .....	49	37	86
Total Number of Discharges and Deaths during the Year .....	105	104	209
Remaining in the Asylum 31st Dec., 1896...	373	502	875
Average Daily Number Resident during the Year ...	375	490	865
*Persons under Care during the Year .....	477	603	1080
Persons Admitted .....	97	136	233
„ Recovered .....	32	43	75
Transferred to this Asylum...	4	4	8
„ from this Asylum	8	6	14

\* Persons, *i.e.*, separate persons, in contradistinction to “Cases,” which may include the same individual more than once.

TABLE IA.

*Showing (1) the Previous Attacks among Persons Admitted during the Year 1896, and (2) the Number of Times they have Previously Recovered in this or any Asylum.*

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack .....	18	13	31
„ 2 Attacks .....	2	11	13
„ 3 „ .....	1	2	3
„ 4 „ .....	...	3	3
„ 6 „ .....	...	2	2

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM		
	M.	F.	T.	M.	F.	T.
Once .....	7	9	16	3	7	10
Twice.....	2	6	8	...	2	2
Three Times .....	1	1	2	...	...	...
Four „ .....	...	1	1	...	2	2
Six „ .....	...	2	2	...	...	...



TABLE II.

*Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1896.*

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 37½ years.....	3410	3474	6884			
Re-Admissions .....	539	767	1306			
Total Cases Admitted .....				3949	4241	8190
Discharges—						
Recovered .....	1065	1281	2346			
Relieved .....	509	629	1138			
Not Improved .....	438	434	872			
Died .....	1564	1395	2959			
Total Discharges and Deaths since the Opening of the Asylum .....				3576	3739	7315
Remaining 31st Dec., 1896 ...				373	502	875

	Male.	Female.	TOTAL.
Average Daily Number Resident during the 37½ Years	319	397	716
Transferred to this Asylum ...	534	481	1015
„ from this Asylum	506	490	996

TABLE IIa.

*Showing the Admissions and Recoveries of Persons\* from  
25th July, 1859, to the present date, 31st December,  
1896 (37½ years).*

## HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the 37½ years .....	3410	3474	6884
Persons Discharged Recovered	852	1007	1859 †
Of whom were Re-Admitted, Relapsed ‡ .....	262	413	675
Recovered Persons who have not Relapsed .....	590	594	1184
Relapsed Persons subsequently Discharged Recovered §	137	198	335
Leaving a Nett    Total of Re- covered Persons .....	727	792	1519 ¶

\* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27.0 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22.0 per cent. of Persons admitted.



YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.			Average Daily No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Daily Nos. Resident.		
				Recovered.			Relieved.			Not Improved.														
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1859...	143	164	307	2	4	6	...	3	6	1	1	2	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860...	80	104	184	12	18	30	3	3	6	4	1	5	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5
1861...	103	66	169	7	22	29	3	1	4	10	18	28	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862...	60	69	129	14	16	30	1	6	7	7	3	10	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863...	59	22	81	13	19	32	9	2	11	33	1	34	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864...	64	70	134	14	10	24	5	2	7	4	4	8	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865...	67	57	124	16	17	33	6	6	12	1	4	5	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866...	70	89	159	17	25	42	5	8	13	1	...	1	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867...	69	93	162	15	27	42	6	13	19	1	4	5	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868...	119	73	192	14	34	48	5	5	10	2	...	2	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869...	60	68	128	21	25	46	6	4	10	2	3	5	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870...	83	83	166	29	32	61	5	2	7	...	...	...	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871...	52	64	116	28	35	63	16	8	24	48	1	49	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872...	138	130	268	23	44	67	7	11	18	2	1	3	332	383	715	295	369	664	16.6	33.8	25.0*	11.8	8.6	10.1
1873...	100	104	204	30	43	73	14	26	40	1	2	3	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874...	119	118	237	29	40	69	8	13	21	1	1	2	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9
1875...	122	136	258	23	34	57	35	20	55	9	18	27	353	419	772	364	422	786	18.8	25.0	22.0*	16.7	13.9	15.2
1876...	131	117	248	43	47	90	16	20	36	11	6	17	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5
1877...	105	117	222	26	34	60	25	22	47	21	7	28	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2
1878...	112	121	233	38	31	69	20	14	34	11	10	21	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1
1879...	104	111	215	32	36	68	15	22	37	4	2	6	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2
1880...	115	114	229	46	32	78	20	25	45	6	9	15	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5
1881...	102	120	222	45	34	79	11	16	27	3	...	3	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2
1882...	115	107	222	43	70	113	10	20	30	2	6	8	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3
1883...	103	137	240	42	53	95	30	38	68	...	2	2	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5
1884...	115	114	229	42	49	91	14	28	42	8	4	12	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1
1885...	96	114	210	43	29	72	14	26	40	4	1	5	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5
1886...	100	110	210	40	47	87	14	26	40	7	31	38	351	473	824	357	480	837	42.1	45.6	43.9	12.6	6.0	8.8
1887...	124	104	228	46	44	90	15	10	25	3	4	7	364	469	833	361	474	835	37.7	43.5	40.3	13.0	10.5	11.6
1888...	127	116	243	36	31	67	19	25	44	5	4	9	378	498	876	364	485	849	29.7	27.9	28.8†	14.5	5.5	9.4
1889...	109	123	232	31	30	61	27	16	43	35	51	86†	340	480	820	361	483	844	30.0	26.0	27.9	14.9	9.1	11.6
1890...	121	168	289	39	38	77	19	23	42	7	36	43	363	481	844	356	485	841	32.5	23.3	27.2	9.2	14.4	12.2
1891...	131	175	306	41	41	82	20	50	70	42	48	90	339	453	792	363	481	844	34.7	26.2	29.9	14.3	13.3	13.7
1892...	117	166	283	16	34	50	15	21	36	7	2	9	367	490	857	347	466	813	15.0	21.3	18.8	14.6	15.4	15.1
1893...	134	164	298	22	44	66	21	25	46	77	54	131	335	493	828	360	508	868	19.1	34.1	27.0	12.7	7.4	9.6
1894...	159	184	343	28	33	61	12	26	38	13	72	85	395	493	888	381	482	863	25.4	25.3	25.4	12.0	10.9	11.4
1895...	123	110	233	27	35	62	18	24	42	41	22	63	380	467	847	378	482	860	23.2	33.0	27.9	13.7	11.4	12.4
1896...	98	139	237	32	44	76	20	22	42	4	1	5	373	502	875	375	490	865	34.0	32.5	33.1	13.0	7.5	9.9
TOTAL.	3949	4241	8190	1065	1281	2346	509	629	1138	438	434	872	1564	1395	2959	1319	397	716	27.0	30.2	28.6	12.9	9.3	10.9

\* The apparently low percentage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough. † Transfers from other Asylums are deducted before these percentages are computed. ‡ Cases removed to Nottingham and Northampton Asylums. § The remainder of the West Sussex cases, 40 Males, 22 Females, were removed.



TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1896.

Admitted.				Discharges and Deaths in 1896 of each Year's Admissions.				Total Discharges and Deaths of each Year's Admissions to 31st December, 1895.				Remaining of each year's Admissions Dec. 31st, 1896	
New Cases.		Released Cases.		Recovered.		Relieved.		Not Improved.		Died.		M.	F.
YEAR.	M.	F.	M.	F.	Tot.	M.	F.	M.	F.	Tot.	M.	F.	Tot.
1859	143	164	...	...	307	...	...	...	...	...	...	4	8
1860	79	104	1	...	184	...	...	...	...	...	...	1	1
1861	102	60	1	6	169	...	...	...	...	...	...	3	1
1862	58	64	2	5	129	...	...	...	...	...	...	1	1
1863	53	22	1	...	81	...	...	...	...	...	...	3	3
1864	56	62	8	8	134	...	...	...	...	...	...	1	1
1865	62	50	5	7	124	...	...	...	...	...	...	1	2
1866	64	84	6	5	159	...	...	...	...	...	...	2	5
1867	63	80	6	13	162	...	...	...	...	...	...	2	4
1868	116	61	3	12	192	...	...	...	...	...	...	5	5
1869	57	61	3	7	128	...	...	...	...	...	...	3	5
1870	76	71	7	12	166	...	...	...	...	...	...	3	5
1871	42	52	10	12	116	...	...	...	...	...	...	1	4
1872	130	119	8	11	268	...	...	...	...	...	...	3	4
1873	88	85	12	19	204	...	...	...	...	...	...	2	4
1874	106	100	13	18	237	...	...	...	...	...	...	5	6
1875	109	121	13	15	258	...	...	...	...	...	...	5	7
1876	114	96	17	21	248	...	...	...	...	...	...	5	7
1877	92	101	13	16	222	...	...	...	...	...	...	3	8
1878	98	100	14	21	233	...	...	...	...	...	...	2	6
1879	93	92	11	19	215	...	...	...	...	...	...	5	10
1880	98	87	17	27	222	...	...	...	...	...	...	4	6
1881	85	98	17	22	222	...	...	...	...	...	...	3	8
1882	93	80	22	27	222	...	...	...	...	...	...	4	5
1883	79	110	24	27	240	...	...	...	...	...	...	7	12
1884	93	79	22	35	229	...	...	...	...	...	...	5	9
1885	81	92	15	22	210	...	...	...	...	...	...	4	12
1886	78	86	22	24	210	...	...	...	...	...	...	7	12
1887	104	83	20	21	228	...	...	...	...	...	...	4	8
1888	101	89	26	27	243	...	...	...	...	...	...	4	12
1889	98	105	11	18	232	...	...	...	...	...	...	11	16
1890	98	137	23	31	289	...	...	...	...	...	...	8	24
1891	102	133	29	42	306	...	...	...	...	...	...	11	28
1892	99	127	18	39	283	...	...	...	...	...	...	9	32
1893	101	102	33	62	298	...	...	...	...	...	...	20	58
1894	102	116	57	68	343	...	...	...	...	...	...	26	73
1895	105	90	18	20	233	...	...	...	...	...	...	86	155
1896	87	111	11	28	237	...	...	...	...	...	...	53	92
TOTAL	3410	3174	539	767	8190	32	44	76	44	120	373	502	875

Summary of Total Admissions, 1859-96.				Total.	
Male.		Female.		Total.	
Percentage of the Recovered		30.2		28.6	
" Relieved		14.8		13.9	
" Not Improved		10.2		10.7	
" Dead		32.9		36.1	
" Remaining		11.9		10.7	



TABLE V.

*Showing the Causes of Death during the Year 1896, together with the Ages at Death.*

[illegible]

Ascertained by *Post-Mortem* Examination :—Males, 19; Females, 18; Total, 37.



TABLE VI.

*Showing the Length of Residence in those who have Recovered  
and in those who have Died during the Year 1896.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	1	1	2	8	3	11
1 month and under 3 months	11	13	24	3	7	10
3 months        „    6    „	12	12	24	4	4	8
6    „        „    9    „	5	8	13	2	2	4
9    „        „    12   „	2	7	9	3	1	4
1 year        „    2 years	1	1	2	9	3	12
2 years        „    3    „	...	1	1	9	7	16
3    „        „    5    „	...	1	1	5	4	9
5    „        „    7    „	...	...	...	2	...	2
7    „        „    10   „	...	...	...	1	...	1
10   „        „    12   „	...	...	...	...	1	1
12   „        „    15   „	...	...	...	1	.	1
15   „        „    20   „	...	...	...	...	2	2
20   „        „    25   „	...	...	...	...	2	2
25   „        „    30   „	...	...	...	1	...	1
30   „        „    35   „	...	...	...	...	1	1
35   „        „    40   „	...	...	...	1	...	1
TOTAL.....	32	44	76	49	37	86



TABLE VII.

Showing the Duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths during the Year 1896.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
	Male.	Female.	TOTAL.	Recovered.		Relieved, or otherwise.		Male.	Female.	TOTAL.
				Male.	Female.	Male.	Female.			
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission .....	50	72	122	15	22	12	12	29	15	44
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission .....	9	16	25	3	6	2	2	7	7	14
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission .....	25	39	64	11	16	8	8	6	10	16
<i>FOURTH CLASS—</i> First Attack or otherwise; of more than Twelve Months' duration on Admission .....	9	6	15	..	..	..	1	4	3	7
<i>FIFTH CLASS—</i> Congenital .....	1	4	5	..	..	..	..	3	2	5
Not Ascertained .....	4	2	6	3	..	2	..	..	..	..
TOTAL .....	98	139	237	32	44	24	23	49	37	86

TABLE VIII.

*Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1896, and of those remaining on the 31st December, 1896.*

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1896.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years	..	1	1	..	..	..	..	..	..	1	1	2
10 "	2	..	2	..	..	..	..	..	..	6	2	8
15 "	3	8	11	2	3	5	1	1	2	12	9	21
20 "	9	10	19	2	8	10	2	3	5	32	23	55
25 "	10	19	29	6	7	13	2	3	5	25	33	58
30 "	8	14	22	2	2	4	5	1	6	34	47	81
35 "	11	14	25	3	3	6	3	3	6	50	42	92
40 "	12	10	22	4	1	5	5	2	7	36	64	100
45 "	8	22	30	2	7	9	6	6	12	41	72	113
50 "	9	12	21	4	7	11	2	2	4	47	52	99
55 "	8	8	16	5	3	8	3	5	8	30	45	75
60 "	6	8	14	1	1	2	7	2	9	22	50	72
65 "	4	5	9	1	1	2	5	4	9	13	26	39
70 "	2	3	5	..	..	..	3	2	5	5	17	22
75 "	5	3	8	..	1	1	3	2	5	11	12	23
80 "	1	1	2	..	..	..	2	2	4	..	3	3
85 "	..	..	..	..	..	..	..	2	2	3	..	3
90 "	..	..	..	..	..	..	..	..	..	..	..	..
95 "	..	1	1	..	..	..	..	..	..	5	4	9
Unknown.....	..	..	..	..	..	..	..	..	..	..	..	..
Total.....	98	139	237	32	44	76	49	37	86	373	502	875
Mean Age.....	43.5	41.4	42.3	40.4	38.9	39.5	51.6	54.4	52.8	43.0	46.1	45.0



TABLE IX.

*Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1896,  
and of Patients resident on the 31st December, 1896.*

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1896.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single .....	40	63	103	14	18	32	13	16	29	230	267	497
Married .....	45	57	102	16	22	38	30	16	46	110	165	275
Widowed .....	13	18	31	2	4	6	6	5	11	22	61	83
Unknown .....	..	1	1	..	..	..	..	..	..	11	9	20
<b>Total .....</b>	<b>98</b>	<b>139</b>	<b>237</b>	<b>32</b>	<b>44</b>	<b>76</b>	<b>49</b>	<b>37</b>	<b>86</b>	<b>373</b>	<b>502</b>	<b>875</b>

TABLE X.

*Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1896.*

CAUSE OF INSANITY.		Number of Instances in which each Cause was Assigned.									
		ADMISSIONS...{		M. 98.		No. of Cases.		F. 139.		Total, 237.	
		As Predisposing Cause.		As Exciting Cause.		As Predisposing or Exciting (where these could not be distinguished).		TOTAL.		TOTAL.	
Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.
<b>MORAL.</b>											
Domestic Trouble (including Loss of Relatives and Friends) ...	...	3	9	12	...	...	...	3	9	12	...
Adverse Circumstances (including Business Anxieties & Pecuniary Difficulties) ...	...	3	5	8	...	...	...	3	5	8	...
Mental Anxiety and Worry (not included in the above two heads) and Overwork ...	...	2	...	2	...	...	...	2	...	2	...
Religious Excitement ...	...	1	5	6	...	...	...	1	5	6	...
Love Affairs (including Seduction) ...	...	1	2	3	...	...	...	1	2	3	...
Fright and Nervous Shock ...	...	...	...	...	...	...	1	...	1	1	...
<b>PHYSICAL.</b>											
Intemperance in Drink ...	2	8	3	11	...	1	6	11	9	20	...
Self-Abuse (Sexual) ...	...	3	...	3	...	...	...	3	...	3	...
Sunstroke ...	1	...	...	...	...	2	...	2	...	3	...
Accident or Injury ...	...	1	...	1	...	2	...	3	...	3	...
Pregnancy ...	...	...	1	1	...	...	...	...	1	1	...
Parturition and the Puerperal State.	...	...	2	2	...	...	...	...	2	2	...
Lactation ...	...	...	...	...	...	...	...	...	...	...	...
Privation and Starvation ...	...	...	...	...	...	...	...	...	...	...	...
Old Age ...	...	7	...	...	...	...	...	...	...	...	...
Other Bodily Diseases or Disorders	3	12	6	13	...	...	...	7	6	13	...
Previous Attacks	20	31	15	27	...	...	...	15	16	31	...
Hereditary Influences Ascertained (direct and collateral) ...	21	40	...	...	...	...	...	20	31	51	...
Congenital Defect Ascertained	...	...	...	...	...	...	...	21	40	61	...
Unknown ...	...	...	...	...	...	...	4	2	4	6	...
								24	38	62	



TABLE XI.

*Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1896, and the Form of Mental Disorder of the Inmates on 31st December, 1896.*

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1896.		
										Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy (b) without Epilepsy	2	3	5	...	...	...	2	1	3	9	8	17
Epilepsy—Acquired	4	2	6	...	...	...	2	1	3	50	34	84
General Paralysis of the Insane	8	4	12	...	...	...	5	3	8	39	47	86
Mania :—	11	4	15	...	...	...	9	3	12	29	14	43
" Acute	29	54	83	16	10	26	8	12	20	17	35	52
" Chronic	...	3	3	...	...	...	...	...	...	99	161	260
" Recurrent	7	14	21	5	8	13	...	...	...	21	20	41
" e Potu	...	1	1	...	1	1	...	...	...	...	...	...
" Puerperal	...	1	1	...	1	1	...	...	...	...	...	...
" Senile	1	2	3	...	...	...	3	2	5	10	13	23
Melancholia :—	...	...	...	...	...	...	...	...	...	...	...	...
" Acute	20	30	50	9	17	26	5	6	11	10	23	33
" Chronic	...	1	1	...	...	...	...	...	...	30	41	71
" Recurrent	3	8	11	1	6	7	...	...	...	2	13	15
" Puerperal	...	...	...	...	...	...	...	...	...	...	...	...
" Senile	...	1	1	...	...	...	1	...	1	4	3	7
Dementia :—	...	...	...	...	...	...	...	...	...	...	...	...
" Primary	...	...	...	...	...	...	...	1	1	1	4	5
" Secondary	6	6	12	...	...	...	9	3	12	46	77	123
" Senile	6	4	10	...	...	...	5	5	10	6	9	15
" Not Insane	1	1	2	1	1	2	...	...	...	...	...	...
TOTALS	98	139	237	32	44	76	49	37	86	373	502	875

TABLE XII.

*Showing the Station or Occupation of Patients admitted during the Year 1896.*

MALES.	NO.	MALES.	NO.	FEMALES.	NO.	FEMALES.	NO.
Architect's Assistant.....	1	Painters .....	4	Actress .....	1	Wives of Labourers .....	10
Agent (General) .....	1	Porters.....	3	Barmaid.....	1	" Ostler .....	1
Baker .....	1	Police Constable .....	1	Charwomen .....	2	" Blacksmith .....	1
Bricklayers .....	2	Printer .....	1	Companion .....	1	" Clerks .....	2
Broker (Assurance) .....	1	Private (Royal Marines) .....	1	Dressmakers .....	2	" Miller .....	1
Butchers .....	2	Pensioner (Navy) .....	1	Domestic Servants .....	32	" Boatman .....	1
Brickmaker .....	1	Printer's Assistant.....	1	Daughter of Labourer .....	1	" Bricklayer .....	1
Bootmaker.....	1	Rabbit Dealer .....	1	" " West India .....	1	" Hotel Porter .....	1
Coachman .....	1	Salesmen (Fruiters) .....	2	" " Carpenter.....	1	" Brickmaker .....	1
Cabmen .....	3	Shepherd .....	1	" " Merchant .....	1	" Quarryman .....	1
Carpenters .....	3	Sergeant (Royal Engineers) .....	1	Governess .....	1	" Widow of Newspaper Editor .....	1
Caretaker .....	1	Superintendent of Schools .....	1	Hawkers .....	2	" Gardeners .....	2
Carriage Builder.....	1	Schoolmaster .....	1	Housekeepers .....	2	" Labourer .....	1
Clerks .....	3	Ship's Fireman .....	1	Housework .....	1	No Occupation .....	44
Canvasser .....	1	Sawyer .....	1	Housewives .....	8	Not Known .....	1
Draper.....	1	Shoing Smith.....	1	Inn Keeper .....	1		
Engine Driver (Agricultural) .....	1	Tailors.....	2	Laundresses .....	3		
Farmers .....	3	Thatcher.....	1	Lodging-house Keeper .....	1		
Grocer's Assistants .....	2	Woodreeve .....	1	Milliner .....	1		
Gardeners .....	2	Wheelwright .....	1	Needlewoman .....	1		
Hawkers .....	2	Wood Carver .....	1	Nurse .....	1		
Labourers .....	16	No Occupation .....	9	School Cleaner.....	1		
" (Agricultural) .....	6	Not Known .....	3	Shop Assistants .....	2		
Musician.....	1			Washing .....	1		
Milkman .....	1			Wives of Gardeners .....	2		
		TOTAL ...	98			TOTAL ...	139



TABLE XIII.

*Patients' Daily State and Employment.*

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.		
Male Patients.				
Working Party.	With the Gardener and Out-door Attendants ...	58		
	With the Farm Attendants ...	12		
	With the Cowman ...	2		
With the	Carpenter ...	3		
"	Bricklayer ...	2		
"	Upholsterer ...	2		
"	Basket-maker ...	1		
"	Tailor... ..	12		
"	Shoemaker ...	8		
"	Matmaker... ..	10		
"	Painter ...	5		
"	Engineer ...	3		
"	House Attendant ...	4		
"	Bath " ...	4		
In the	Dining Hall ...	12		
"	Storekeeper's Stores...	4		
"	Wards (Cleaning) ...	79		
Daily Number Employed ...		221		
Female Patients.				
In	Laundry and Wash-house ...	65		
"	Kitchen ...	10		
"	Dining Hall ...	14		
"	Wards, &c. (Cleaning) ...	46		
"	" (Needlework) ...	238		
"	Vegetable Room... ..	4		
Daily Number Employed ...		377		
ATTENDANCE AT—		DAILY ATTENDANCE.		
		M.	F.	TOTAL.
Sunday Divine Service {	In Dining Halls ...	302	489	791
	In Chapel ...	226	263	489
Week-day Morning Prayer ...		299	373	672
School ...		47	66	113
Weekly Ball ...		120	166	286
Other Entertainments ...		120	120	240
Walk about the Grounds ...		89	353	442
"	beyond " ...	113	124	237
"	on the Terraces ...	239	310	549
NIGHT REPORT.				
Number of Wet Cases ...		6	2	8
"	Dirty " ...	3	2	5
"	Noisy " ...	6	6	12
		AVERAGE DAILY NUMBER RESIDENT.		
		376	484	860

TABLE XIV.

## DIET SCALE.

BREAKFAST At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
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Butter.	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Suet Pudding.	Meat Pudding.	Pea Soup.	Plum Dumpling	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Uncooked Meat.	Meat Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
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6	6	1	5	1	1	4	12	...	...	...	16	2	$\frac{1}{2}$	9	...	4	...	...	...	...	12	12	$\frac{1}{2}$	$\frac{1}{2}$	6	6	6	6	1	1	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4

Bread is given practically *ad libitum*.



TABLE XIV.—Continued.

## DINNER.

	Male Patients.	Female Patients.	Thurs day	Male Patients.	Female Patients.
Sunday ... ..	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	...	Roast Meat & Pickled Pork; Peas Pudding.	Plum Pudding & Treacle Sauce.
Monday ... ..	Pea Soup.	Pork or Beef and Vegetables; Peas Pudding.	Friday ... ..	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{4}$ lb. of Fresh Fish.
Tuesday ... ..	Meat Pudding and Rice Pudding.	Meat Stew.	Saturday ... ..	Pea Soup. Every other Saturday, $\frac{1}{4}$ lb. of Fresh Fish.	Meat Pudding.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.			
<p><i>Bread, Beer, and Vegetables Daily.</i>  <i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i></p>					

*Extra Diet for Sick.*—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

*Extra Diet for Working Patients.*— $\frac{1}{2}$  Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and  $\frac{1}{2}$  Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and  $\frac{1}{2}$  Pint Tea. Tobacco and Snuff given as indulgences.

*Attendants' and Servants' Diet.*—Men, 1lb. Uncooked Meat; Women,  $\frac{1}{4}$  lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily. 2oz. Tea,  $\frac{1}{4}$  lb. Sugar,  $\frac{1}{4}$  lb. Coffee,  $\frac{1}{4}$  lb. Butter, 1lb. Cheese weekly.  $\frac{1}{4}$  lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

*Cocoa for One Hundred Patients.*—3 $\frac{1}{2}$  lbs. Cocoa, 4 $\frac{1}{2}$  lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

*Coffee* Ditto 1 $\frac{1}{2}$  lbs. Coffee,  $\frac{1}{4}$  lb. Chicory, 3 $\frac{1}{4}$  lbs. Sugar, 2 Gallons Milk.

*Tea* Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

*Pea Soup* Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

*Meat Pie* Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

*Meat Pudding* Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

*Meat Stew* Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

*Plum Pudding, 100lbs. weight.*—Flour, 46 $\frac{1}{2}$  lbs.; Suet, 6 $\frac{1}{2}$  lbs.; Raisins, 7 $\frac{1}{2}$  lbs.; Currants, 7 $\frac{1}{2}$  lbs.

HAYWARDS HEATH, September 30th., 1896.

(Signed)

C. E. SAUNDERS, M.D.,  
Medical Superintendent.

# RAINFALL IN 1896.

*Rain Gauge.* { *Diameter of Funnel, 5in.*  
 { *Height* { *Above Ground, 1ft. 1in.*  
 { *of Top* { *Above Sea Level, 281ft.*

MONTH.	Total Depth.	Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
	Inches.	Depth.	Date.	
JANUARY .....	.83	.40	25	8
FEBRUARY .....	.09	.09	1	1
MARCH .....	2.58	.50	7	14
APRIL .....	.68	.18	14	9
MAY .....	.20	.20	20	1
JUNE .....	2.71	.85	10	9
JULY .....	1.78	.80	15	7
AUGUST .....	1.60	.50	21	12
SEPTEMBER .....	5.98	1.07	24	23
OCTOBER .....	3.96	.93	6	19
NOVEMBER .....	1.40	.56	7	8
DECEMBER .....	4.02	.85	13	18
<i>Total</i> .....	25.83	6.93	...	129



## REPORT OF COMMISSIONERS IN LUNACY.

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EAST SUSSEX ASYLUM,

*10th June, 1896.*

WE inspected this Asylum yesterday, and are able to give a favourable report of the condition in which we found it. The wards throughout were in excellent order and the day rooms bright and well supplied with means of amusement and flowers. We think that the provision of additional easy chairs a desideratum which would be appreciated; and this would be more especially the case on the male side. Since the last visit of Commissioners on the 26th of November last, 50 male and 74 female patients have been admitted; 29 males and 33 females discharged, of whom 15 and 21 respectively had recovered; and 37 males and 26 females have died.

These changes leave on the Asylum books the names of 366 males and 496 females. Total 862; of this total, 2 patients of each sex are private cases; 4 are out-county cases; 337 are chargeable to County Borough of Brighton; and the remainder, 517, to Unions in East Sussex. There are vacancies, according to the estimated accommodation, for 14 males and 5 females. We thought some of the dormitories were overcrowded, but were given to understand that this was due in some measure to the displacement of some 60 patients in consequence of No. 1 Female Ward undergoing plastering and painting.



The majority of these patients—40 in number—were temporarily lodged in the hospital, which provides suitable accommodation for such a purpose, for which it is much better adapted than for an Isolation Hospital, which we should suggest should be provided for not more than 3 patients of each sex; thus enabling the 40 beds in the present building to be added to the permanent accommodation of the Asylum.

The recovery rate for 1895, excluding transfers and recertifications, was 23·27 for males and 33·01 for females; the death rate on the average numbers resident being 13·75 for males and 11·41 for females. These rates give a recovery rate below, and a death rate above, the normal rates in County and Borough Asylums. The 63 deaths which have occurred since the last visit were due to natural causes ordinary in Asylums, and were verified in 23 instances, or 36 per cent., by post-mortem examination, thus giving a slightly increased proportion, which we hope will be found still higher at the next visit. No inquest has been considered necessary.

The general health has been good, and excepting an outbreak of influenza, which attacked 29 of the female patients, there has been no epidemic or zymotic disease. There were 33 patients in bed during our inspection, mostly for debility and weakness. According to the records, mechanical restraint has not been found necessary, and seclusion has been resorted to only once, in the case of a female, for ten minutes. There have been three serious, but non-fatal, casualties, all occurring to male patients. In one case, a patient sustained a fractured femur, from an accidental fall; in another, a fractured rib, from a blow from a fellow-patient; and in the remaining case, an epileptic dislocated his shoulder



in a struggle with an attendant. The matter was enquired into at the time, and we are assured that the attendant was not considered to blame for the occurrence.

The general paralytics number 36, the epileptics 104, and the actively suicidal (who, together with the epileptics, sleep under constant special supervision) 69.

The Chapel services last Sunday attracted 489, or 56 per cent. of the patients; while 287 are returned as usually attending the associated entertainments, giving a proportion of 33 per cent., which, though 5 per cent. higher than at the last visit, remains very low. Twenty-six per cent. of the patients get extended exercise beyond the Asylum grounds, but we are glad to find that only 26 males are altogether confined to the airing courts.

The returns of employment are satisfactory, showing that 66 per cent. of the men and 72 per cent of the women are usefully employed, and these numbers do not include an undue proportion of ward helpers.

The patients, all of whom, excepting a male who had escaped, we saw during our inspection, were very quiet and well conducted, and there was an absence of excitement even in the wards for the more acute cases. We had no complaints calling for special notice, and the appeals for discharge were fewer than generally obtain at our visits to Asylums. We saw the dinners served in the general dining halls and in some of the wards,—that for women was fish with potatoes and bread; the men had meat pudding or pie, with one vegetable and bread. Both dinners seemed to give satisfaction and were properly served, excepting in No. 5 Male Ward, where 15 patients, owing to insufficiency of table accommodation, were taking their meals on their laps.



The dress of the patients was in good order, and was bright and varied, while the condition of the patients, as to neatness and tidiness, spoke well for the care bestowed on them.

The staff has been increased by 4 on each side since the last visit, and now gives for day duty 34 attendants and 30 nurses; and gives 1 to nearly every 11 male and 1 to every 15 female patients. These proportions are satisfactory on the male side, but low on the female. Owing to leave of absence and sickness, we found however during our inspection only 26 nurses on duty, giving the low proportion of 1 to every 19 patients, and in the Female No. 2 Ward, where were 64 patients, of whom 43 were epileptics and 5 actively suicidal, there were on duty yesterday only 3 nurses.

The duration of the service of the staff is satisfactory.

In the short interval which has elapsed since the last visit, there have been but few structural alterations and improvements, but we are glad to find that the movement for plastering the old unplastered walls is still progressing. No. 1 Female Ward is now in the hands of the plasterers, and when it is finished the work will be continued on the female side.

We regret to find that no definite steps have been taken to provide further additional and permanent accommodation for the pauper lunatics of East Sussex and Brighton, owing to differences between these local authorities.

The Medical Staff remains as at the last visit, and the case books continue to be well kept.

G. HAROLD URMSON,	} Commissioners in Lunacy.
JOHN A. WALLIS,	