

Thirty-seventh annual reports for 1895 / East Sussex County Lunatic Asylum, Haywards Heath.

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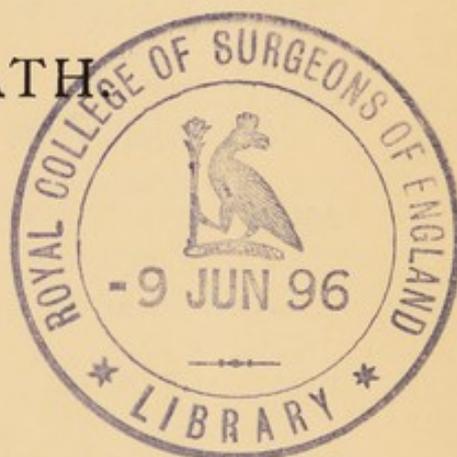
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EAST SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH



—
THIRTY-SEVENTH ANNUAL REPORTS
FOR 1895.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

—
1896.

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COMMITTEE OF VISITORS AND OFFICERS.

1895-6.

FOR EAST SUSSEX.

Mr. A. M. Brookfield, M.P., Leasam House, Rye.
Mr. A. Burtenshaw, Hailsham.
Mr. W. H. Champion (*Chairman*), Danny, Hassocks.
Mr. E. M. Crookshank, Saint Hill, East Grinstead.
Mr. C. R. Kemp, Bedford Lodge, Lewes.
Mr. H. R. Knipe, 11 Eaton Gardens, West Brighton.
Captain R. C. Lambert, Kingsclere, St. John's Road, Eastbourne.
Major J. J. Lister, Warninglid Grange, Haywards Heath.
Mr. C. Longley, Wivelsfield, Haywards Heath.
Major T. A. Maberly, Mytten, Cuckfield.
Mr. H. F. H. Newington, The Gables, Ticehurst, Hawkhurst.
Mr. J. S. Oxley, Fen Place, Turners Hill, Worth.
Lieut.-Col. D. T. H. Sampson, Buxshalls, Lindfield.
Captain A. Weekes, Mansion House, Hurstpierpoint.

FOR THE COUNTY BOROUGH OF BRIGHTON.

Mr. J. G. Blaker (*Mayor of Brighton*), The Romans, Stanford Avenue, Brighton.
Mr. W. Botting, 80 Grand Parade, Brighton.
Mr. J. L. Brigden, 187 Western Road, Brighton.
Mr. E. Martin, 46 Compton Avenue, Brighton.
Mr. E. J. Reeves, 85 Queen's Road, Brighton.
Mr. W. Sendall, 131 Preston Road, Brighton.
Mr. J. Horton Stephens, 9 Clifton Hill, Brighton.

All are Members of House Committee.

OFFICERS.

Medical Superintendent—C. E. Saunders, Esq., M.D.
Senior Assistant Medical Officer—E. B. C. Walker, Esq., M.D.
Junior Assistant Medical Officer—C. Planck, Esq., M.A. Camb.,
M.R.C.S., and L.R.C.P.
Chaplain—The Rev. E. R. D. Litle, M.A.
Clerk of the Asylum—Mr. S. A. Mortlock.
Storekeeper—Mr. T. Lenton.
Housekeeper—Mrs. Woodhouse.
Head Attendants—Mr. John Backhouse (Male Department).
Miss Buckle (Female Department).
Assistant Female Officer—Miss Mary Darbyshire.
Treasurer—Francis Barry Whitfeld, Esq., Lewes.
Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

JANUARY, 1896.



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EAST SUSSEX COUNTY ASYLUM.

THIRTY-SEVENTH ANNUAL REPORT OF THE VISITING COMMITTEE

(Pursuant to Sec. 190 of the Lunacy Act, 1890).

To the County Council of East Sussex.

THE VISITING COMMITTEE have pleasure in submitting to the Council their Report for the past year.

The Asylum Estate formerly vested in Trustees has now been conveyed to the County Council of East Sussex, and the Title documents have in accordance with the Resolution of the Council been deposited at the County Hall.

Two official visits have been made by the Lord Chancellor's Visitor to the Asylum, viz., on the 24th December and 9th August last.

The District Auditor of the Local Government Board on the 3rd September last reported on his Audit of the Asylum accounts for the year ended 31st March, 1895, and again reported very favorably on the manner in which the Books are kept by Mr. Mortlock, the Clerk of the Asylum.

The health of the patients has during the year been good, and no case of infectious disease has occurred.

Four inquests have been held by the County Coroner, viz., on the 12th March last, on a patient who died whilst in a fit; on the 18th July, on a patient who died from erysipelas arising from a slight scalp wound, the result of a fall; on the 4th October, on a patient who died in her sleep; and on the 24th October, on a patient who committed suicide. The Jury in neither instance attached blame to the Asylum officials.

Deputations of Guardians from Unions in East Sussex and Brighton have visited the Asylum, and the reports left by them bear testimony to the care and attention which the patients receive at the hands of the Medical Staff and attendants.

Since the date of the last report the new Sewage Works have been completed, and the sewage from the Asylum is now treated on a distant part of the estate without risk to the water supply. The work of altering and re-laying the old drains and making new ones for diverting the storm water has also been successfully completed.

Much needed alterations and improvements in the post-mortem room and mortuary have been carried out; the drainage of the Farm Buildings has been improved; the Well has been cleaned out and the lower set of pumps overhauled; and the large Reservoir, which was in a leaky state, has been thoroughly repaired.

The Asylum buildings, furniture, stock, &c., have been reinsured against fire, the amount being increased from £88,960 to £94,130, the annual premium being less than it was before owing to the Visiting Committee having been successful in obtaining from the Law Fire Insurance Society a considerable reduction in the rates hitherto charged.

The Visiting Committee have passed a resolution and forwarded a copy of it to the Local Government Board urging that the Government grant of 4s. a week at present made to Guardians in respect of patients in Asylums should be extended to insane persons maintained in Workhouses who have previously been under curative treatment in Asylums. The Committee understand that many other Visiting Committees are

urging on the Local Government Board the desirability of extending the grant; and if the alteration in the present law is made, the Committee think it will have the effect of increasing the available accommodation in County Asylums, as it would induce Boards of Guardians to remove cases to the various Workhouses.

In consequence of the continued increase in the number of East Sussex and Brighton patients, the Visiting Committee were compelled to give West Sussex notice to remove their patients, and in the month of May last the patients were removed from the Asylum.

As a result of the contract entered into on the 1st January, 1894, for the reception of the West Sussex patients, the Committee made a surplus of £1,598 5s. 9d., which sum has been set apart to form a "Building and Repair Fund" under Sec. 283 of the L. A., 1890.

The number of patients on the books on the 30th September, 1895, chargeable to East Sussex and Brighton was:—

Males	365
Females	468
	<hr/>
	833
	<hr/>

This number of 833 is divided as follows:—

From Unions and parts of Unions in East Sussex	476
From Union of Brighton and part of Steyning Union in County Borough of Brighton	354
County patients chargeable to East Sussex, including Brighton	3
	<hr/>
	833
	<hr/>

For the purposes of this analysis the patients from East Sussex and Brighton chargeable to the overlapping Union of Steyning have been apportioned according to population.

The number of patients in the Asylum on 30th September, 1894, chargeable to East Sussex and Brighton, was 794, which, compared with 833, the number on 30th September last, shows an increase of 39 during the year.

The Admissions from East Sussex and Brighton during the year ended 30th September, 1895, were	243
Cases adjudicated from East Sussex Unions to out-County Unions.	6
The Discharges were	102
The Deaths were	96
	<hr/> 204
Increase as above mentioned.	<hr/> 39

The surplus beds on 30th September, 1895, were:—

On Male side	15
On Female side	32

Fifteen of the surplus beds are at present occupied by criminal out-County and private cases.

The serious increase in the number at Haywards Heath renders it imperative that the Council should at once take speedy action in the matter of the provision of further accommodation, either temporary or otherwise, the numbers of the admissions during the past few months leaving no doubt in the minds of the Visiting Committee that before very long one or both

sides of the Asylum will be full, and patients received only as vacancies occur. The Committee regret to inform the Council that the Commissioners in Lunacy, in their 49th Annual Report, state that East Sussex is one of the Asylums having insufficient accommodation. The Committee regret that the reports presented to the meetings of the Council in October and November, 1894, and in May last, have led to no practical result so far as relates to increasing accommodation.

The Committee are again able to report that Dr. Saunders continues to carry out the onerous and responsible duties which devolve upon him with the same care and attention which he has hitherto displayed. The conduct of the other officers of the Asylum, as well as that of the attendants generally, has been very satisfactory.

There has been one change in the Medical Staff. Mr. F. D. Bennett, the Junior Assistant Medical Officer, having resigned, Mr. Charles Planck has been appointed in his place, and the Committee are glad to recognize the efficiency with which Dr. Walker, the Senior Assistant Medical Officer, and Mr. Planck, discharge the duties of their respective offices.

The Committee regret that they have sustained the loss of the valued services of Colonel W. R. Lewis, who had been a member of the Committee since 1869, and of Mr. T. E. Ravenshaw, who had been a member since 1891, and both of whom during their terms of office have done much good and useful work for the benefit of the Asylum.

The following is a table shewing the attendances of the Visiting Committee during the past year :—

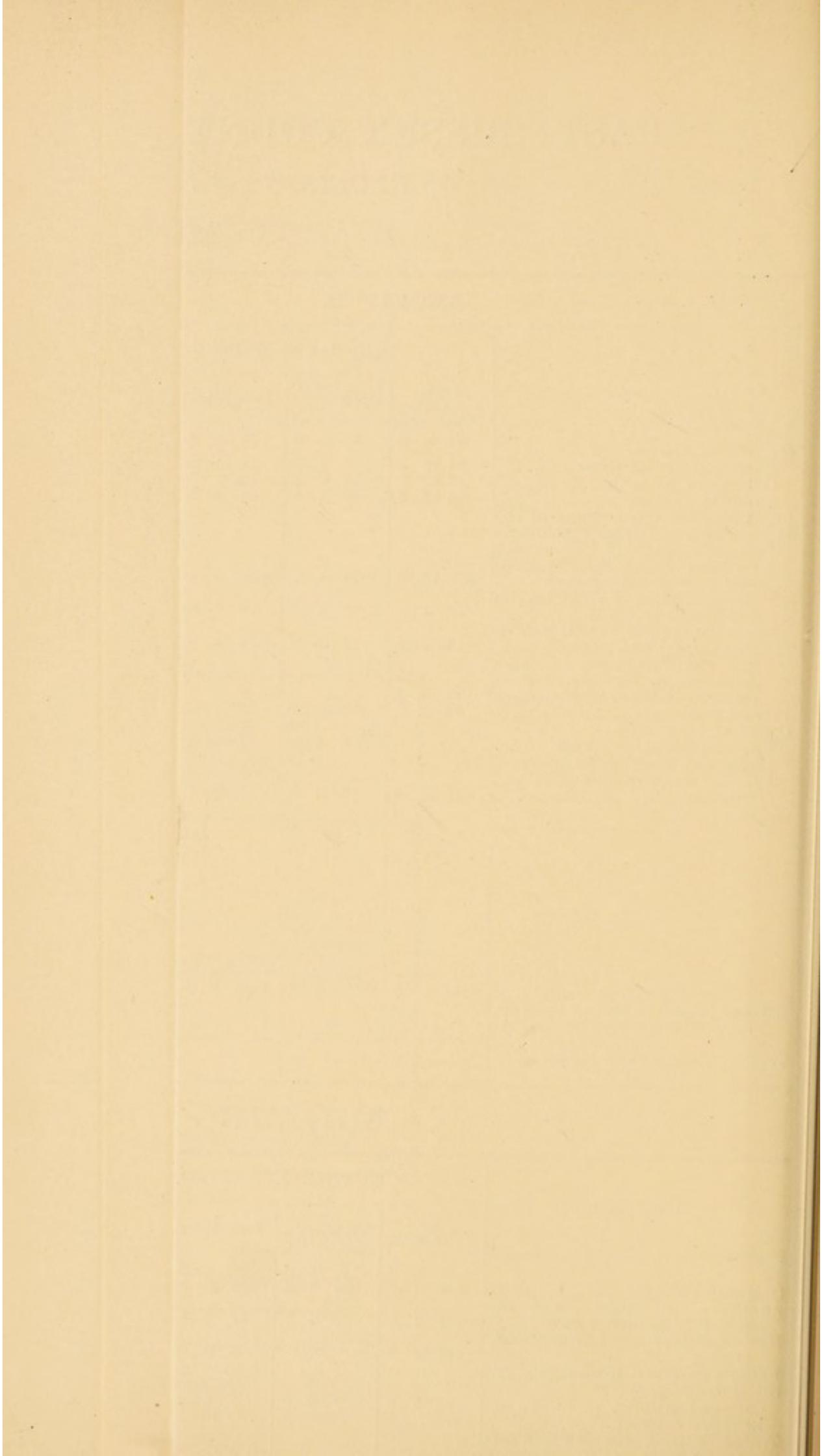
Table of Attendances from 24th November, 1894, to 26th October, 1895, both inclusive.

	Visiting Committee		House Committee	
	Number of times Summoned.	Attended.	Number of times Summoned.	Attended.
EAST SUSSEX.				
Mr. A. M. Brookfield, M.P. (appointed March, 1895).	8	2	—	—
*Mr. Albert Burtenshaw .	12	10	19	10
*Mr. W. H. Champion (<i>Chairman</i>)	12	12	19	18
Mr. E. M. Crookshank (appointed March, 1895).	8	4	—	—
*Mr. C. R. Kemp	12	9	19	11
*Mr. Henry R. Knipe . . .	12	11	19	15
*Major John James Lister .	12	11	19	17
*Mr. Charles Longley . . .	12	9	19	8
*Major T. A. Maberly . . .	12	10	19	15
*Mr. Wm. Epps Morrison . .	12	2	19	2
Mr. H. F. H. Newington . .	12	7	—	—
Mr. John Stewart Oxley . .	12	9	—	—
Lieut.-Col. Dudley T. H. Sampson	12	5	—	—
*Captain Arthur Weekes . .	12	12	17	17
BRIGHTON.				
Mr. J. G. Blaker	12	6	—	—
Mr. W. Botting (<i>Mayor of Brighton</i>)	12	0	—	—
Mr. J. L. Brigden	12	0	—	—
*Mr. Edward Martin	12	9	19	16
*Mr. Edward James Reeves .	12	11	19	17
*Mr. William Sendall . . .	12	6	19	7
*Mr. James Horton Stephens .	12	10	19	14

*Member of House Committee.

Signed on behalf of the Visiting Committee, at a Meeting held this 26th day of October, 1895.

W. HENRY CAMPION,
Chairman.



EAST SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending March 31st, 1896.

MAINTENANCE ACCOUNT.

ASSETS.		DEBITS.	
1895.	£ s. d.	1896.	£ s. d.
Dec. 31. In Arrear—Greenfield	11 11 10	Mar. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2891 6 1
“ “ —Litle	3 4 2	“ Ditto on Cheques not paid in	235 18 0
“ East Sussex County Council	14 16 0	“ Cheques on Salaries not paid in	388 1 4
1896.			
Mar. 31. Due from Unions Contributing	5273 2 1		
“ Ditto not ditto	58 18 0		
“ County Treasurer	19 0 3		
“ Funeral Charges	24 16 6		
“ Private Patients' Account ..	44 6 10		
“ Ditto Criminal ditto ditto ..	7 0 0		
“ Due for Sale of Farm Produce, Stores, &c.	120 0 0		
“ Repairs, Alterations, &c.	583 13 0		
“ Cottage Rent	7 0 0		
“ Cash in Banker's hands	3138 8 4		
“ Clerk's ditto	251 9 9	Surplus Balance	6092 5 4
	<u>£9,607 10 9</u>		<u>£9,607 10 9</u>

Submitted to the Finance Committee this 25th day of April, 1896.

(Signed)

H. R. KNIPE,
JOHN J. LISTER.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum.

EAST SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1896. Cr.

1895.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	1083	11	6			
Estimated Value of Dead Stock	340	0	6			
Estimated Value of Tenant's Valuation	665	11	5			
Estimated Value of Provender	214	2	0			
				2303	5	5
1896.—March 31st.						
To Purchase of—						
Labour—						
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm and Garden				580	3	5
Stock, Live and Dead—						
1 Bull	9	0	0			
11 Cows	209	7	6			
1 Horse	34	4	6			
1 Drake	3	0	0			
Implements	139	14	4			
				392	9	4
Provender—						
Oil Cake	141	18	6			
Bran and Sharps	72	13	0			
Barley and Maize	101	0	0			
Straw, &c.	64	4	9			
Grains	69	15	6			
				449	11	9
Seeds and Manures—						
Seeds, Manures & Lime				134	11	2
Other Payments—						
Thrashing & Thatching	9	19	1			
Railway Carriage	30	4	6			
Medicine and Shoeing	26	0	0			
Valuation	7	7	0			
Sundries & Grubbing	59	10	1			
				133	0	8
Rates and Taxes (Estimated)	45	9	1			
Estimated Rent on Land	200	0	0			
				245	9	1
Balance in favour				142	12	9
				£4,381	3	7

1896.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
Roots	1	4	6			
24 Calves	39	17	6			
18 Sheep	39	2	0			
2 Pigs	1	8	0			
Hides and Skins	4	12	0			
1 Bull	20	5	0			
1 Hog	1	14	0			
Hay, &c.	27	0	0			
Use of Stock	5	0	0			
Sundries	2	10	0			
				137	18	0
By Produce supplied to House—						
7,236 lbs. Beef @ -/5½	173	7	3			
324 „ Suet @ -/5½	7	1	8			
14,088 „ Pork @ -/5½						
and -/5½	332	4	4			
40 „ Mutton @ -/6	1	0	0			
32 „ Lamb @ -/10	1	6	8			
1 Sucking Pig	11	0	0			
Bells, Livers, &c.	2	18	5			
				518	9	4
22,168½ gals. Milk @ -/11	1016	1	1			
4,033 No. Eggs „ -/1	16	16	1			
120 „ Poultry „ 2/6	15	0	0			
85 „ Rabbits „ 1/- and 1/2	4	13	4			
				1052	10	6
1,801 bus. Cabbage @ 1/-	90	1	0			
87 „ Onions „ 2/-	8	14	0			
1,061 „ Potatoes „ 2/4, 2/6 and 2/8	132	11	8			
12½ „ Peas @ 2/-	1	4	3			
65 „ Beans „ 2/-	6	10	0			
229 „ Carrots „ 2/-	22	18	0			
287 „ Parsnips „ 2/-	28	14	0			
322 „ Turnips „ -/10	13	8	4			
3,064 No. Cauliflowers @ -/1½	19	3	0			
Other Vegetables	37	15	7			
Fruit and Rhubarb	29	5	2			
Vegetables and Fruit supplied to Medical Superintendent	26	15	11			
				417	0	11
Keep of House Horse				23	8	0
By Estimated Value of Live Stock	942	15	0			
Estimated Value of Dead Stock	364	5	6			
Estimated Value of Tenant's Valuation	647	19	8			
Estimated Value of Provender	276	16	8			
				2231	16	10
				£4,381	3	7

ESTIMATED VALUE OF FARM STOCK:—

1895.—March 31st.	£	s.	d.
38 Cows, Bull, Fattening Beasts, and Calves	661	0	0
7 Horses	209	0	0
20 Sheep	40	0	0
69 Pigs	161	19	0
93 Poultry and Ferrets	11	12	6
	1083	11	6
Dead Stock, Implements, &c.	340	0	6
Tenant's Valuation	665	11	5
Provender	214	2	0
	£2,303	5	5*

1896.—March 31st.	£	s.	d.
38 Cows, Bull, Fattening Beasts, and Calves	613	0	0
7 Horses	216	0	0
94 Head of Swine	104	5	0
75 Poultry and Ferrets	9	10	0
	942	15	0
Dead Stock, Implements, &c.	364	5	6
Tenant's Valuation	647	19	8
Provender	276	16	8
	£2,231	16	10

Examined by the Farm Committee, April 25th, 1896.

(Signed) W. HENRY CAMPION (Chairman).
JOHN J. LISTER.
A. BURTENSHAW.
J. HORTON STEPHENS.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£800	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	200	} None.
Clerk of Asylum	300	
Senior Assistant Medical Officer ...	250	
Junior Assistant Medical Officer ...	100	} Lodging, Board, Washing, and Atten- dance.
Housekeeper	60	
Head Attendant (Female)	110	
Female Assistant Officer	45	
Storekeeper	150	House, Coals, and Gas.
Head Attendant (Male)	100	House, Coals, and Gas.
Total	11	

ATTENDANTS AND SERVANTS.

MALES.

*1 Organist & Schoolmaster, Ψ Ann.	£80
*1 Office Clerk	104
1 Hall Porter	46
1 Cook (Board only)	45
*1 Night Attendant	67
*1 " "	66
*1 " "	65
*1 " "	62
*1 " "	61
*1 " "	56
*1 " "	54
1 Day Attendant	46
2 " "	42
1 " "	40
1 " "	39
2 " "	38
1 " " (Dining Hall)	38
2 " "	37
1 " "	36
1 " " (Farm)	36
1 " "	34
1 " " (House)	33
1 " "	32
2 " "	31
1 " "	30
1 " " (Bath Room)	30
2 " "	23
3 " "	27
9 " "	26

44

FEMALES.

1 Nurse (Infirmary) Ψ Ann.	£36
1 Day Nurse	30
1 Night "	30
3 Day "	25
1 Night "	24
1 Day "	23
1 " "	22
2 Night "	20
3 Day "	20
3 " "	19
1 Night "	19
2 " "	18
3 Day "	18
8 " "	17
6 " "	16
1 Seamstress	25
1 Dining Hall Maid	21
1 Laundry Maid	26
1 " "	20
2 " "	18
1 Dairy Maid	20
1 Kitchen Maid	18
3 House Maids	16
1 Vegetable Room Maid	14

49

The Male Attendants are allowed one day's leave in 13. Married Attendants are allowed £3 per annum in lieu of washing, £6 10s. per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness. All Attendants have uniform.

The Female Attendants are allowed one day's leave in about 21, and every fourth Sunday from 10 a.m. to 10 p.m.

All Attendants and Servants have uniform, and those that have board can have £3 10s. per annum in lieu of beer, at option.

* Are neither boarded nor lodged.

ARTISANS, &c.

1 Shoemaker Ψ Week	1 6 0	1 Bricklayer's Labourer, Ψ Wk.	1 0 0
1 Matmaker	1 6 0	1 Garden Labourer	0 18 0
1 Basket-maker	1 7 0	1 Painter and Glazier	1 11 0
1 Tailor	1 4 0	1 Painter	1 5 0
1 Cabinet-maker	1 12 0	2 Stokers	1 1 0
2 Bakers	1 4 0	1 Cowman	1 0 0
1 Butcher	1 5 0	1 Under Cowman	0 17 0
1 Florist	1 1 0	2 Carters	0 19 0
1 Carpenter	1 11 0	1 Farm Labourer (Sewage) ...	0 17 0
1 " "	1 7 0	1 Stockman	0 16 0
1 Bricklayer	1 11 0	1 House Carter	1 2 0
1 " "	1 10 0	1 Store Porter	1 6 0
<i>House, Coals, Vegetables, &c.</i>			
1 Engineer (House, Coals and Gas) Ψ Week	2 0 0	1 Gardener Ψ Week	1 0 0
1 Bailiff	1 7 0	1 Blacksmith (House & Gas)	1 5 0
Total	32	1 Front Ground Labourer ...	0 18 6

Made up on March 31st, 1896.

Officers	11
Attendants and Servants	93
Artisans, &c.	32

Total of Staff 136

Contract Prices of the Principal Articles of Consumption for the Year 1895.

ARTICLES.	QUARTERS ENDING											
	March.			June.			September.			December.		
	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Beef	0	4	0	0	4	0	0	4	0	0	3	10
Mutton	0	4	0	0	4	0	0	4	0	0	3	10
Pork—American.....	2	5	0	1	18	0	1	18	0	1	18	0
Flour—Households.....	0	18	9	0	19	0	0	19	0	0	18	6
" American (Pillsbury's Im- proved Straights).....	0	18	6	0	17	6	0	17	6	0	19	6
Meal	0	18	0	0	16	6	0	16	6	0	17	6
Ale—X.....	1	1	0	1	1	0	1	1	0	1	1	0
" XX.....	1	10	0	1	10	0	1	10	0	1	10	0
Cheese—Gouda	2	6	0	2	6	0	2	6	0	2	5	0
Butter	5	0	0	4	6	0	4	6	0	4	18	0
Margarine (Jurgen's 1st quality)	2	16	6	2	16	6	2	16	6	2	15	0
Bacon	3	3	0	3	6	0	3	6	0	3	2	0
Sugar—Raw.....	0	12	9	0	14	0	0	14	0	0	14	0
" Refined	0	17	6	0	17	6	0	17	6	0	17	0
Navy Cocoa	3	8	0	3	8	0	3	8	0	3	8	0
Treacle	0	7	6	0	7	6	0	7	6	0	8	3
Raisins	1	7	0	1	7	0	1	7	0	1	9	0
Currants	0	15	0	0	15	0	0	15	0	0	14	6
Split Peas	0	4	9	0	5	0	0	5	0	0	5	0
Soap—Yellow	1	0	6	0	19	6	0	19	6	0	19	6
" Soft	0	14	9	0	13	6	0	13	6	0	13	6
Coals—Steam	0	19	9	0	19	9	0	19	9	0	19	0
" House	0	19	8	0	19	8	0	19	8	0	18	1
Coke	0	17	8	0	17	8	0	15	8	0	15	8

S. A. MORTLOCK, Clerk of the Asylum.

An Abstract of the Annual Returns of Pauper Lunatics chargeable on the 1st January, 1896, to the several Unions or Parishes or to such part thereof respectively as is situate (i.e., having their place of settlement) within the Administrative County or County Boroughs of East Sussex (within the meaning of or as modified by Lunacy Act, 1890, s.s. 240-246, and Lunacy Act, 1891, s. 13).

CHARGEABLE TO UNIONS, PARISH, AND COUNTY.	In County Asylum.		In Private Asylum		In Asylums in other Counties		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	Tl.
Battle	15	20	3	2	1	...	19	22	41
Brighton	147	183	1	1	84	75	17	22	249	281	530
Chailey	10	7	1	4	2	2	13	13	26
Cuckfield	20	29	1	...	3	8	1	...	25	37	62
Eastbourne	31	30	3	6	1	3	35	39	74
East Grinstead	16	21	6	8	1	4	23	33	56
Hailsham	16	23	3	1	2	7	21	31	52
Hastings—County Part	6	19	1	6	20	26
„ —Boro'	30	48	2	4	32	52	84
Lewes	18	17	3	6	21	23	44
Newhaven	13	6	1	4	14	10	24
Rye	11	9	9	3	4	3	24	15	39
Steyning	25	41	1	1	1	2	2	2	29	46	75
„ (Brighton Boro' Part)	7	10	2	1	9	11	20
Ticehurst	17	19	4	2	1	1	22	22	44
Uckfield	15	23	3	6	3	4	21	33	54
West Firle	5	5	5
County, East Sussex...	3	3	...	3
TOTALS.....	370	462	31	48	2	2	126	132	37	49	566	693	1259

SUMMARY.

Year.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	Total.
1st January, 1894*	358	503	124	138	43	49	525	690	1215
„ 1895*	392	536	129	135	46	49	567	720	1287
„ 1896	403	512	126	132	37	49	566	693	1259

* Cuckfield, East Grinstead, Steyning and Ticehurst being Unions having an area outside East Sussex, some of their Lunatics (not East Sussex Patients) are included in these years.

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EAST SUSSEX.

Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 31st March, 1896.

When Borrowed.	Rate of Interest.	Amount of Loans.		Amount Paid off during the year ended 31st March, 1896.		Total Amount paid off.†		Remaining due.	
		£	s. d.	£	s. d.	£	s. d.	£	s. d.
1856, October 13th.	£4½ per cent.	500	0 0	500	0 0
”	£4½ per cent.	500	0 0	500	0 0
”	”	500	0 0	500	0 0
1857, April 6th.	”	11000	0 0	11000	0 0
” October 19th.	”	5500	0 0	5500	0 0
1858, January 4th.	”	5500	0 0	5500	0 0
” June 28th.	”	5500	0 0	5500	0 0
” October 18th.	”	5000	0 0	5000	0 0
1859, April 4th.	”	8000	0 0	8000	0 0
” June 27th.	”	1550	0 0	1550	0 0
”	”	6700	0 0	6700	0 0
” October 17th.	”	3350	0 0	3350	0 0
1860, January 2nd.	”	2680	0 0	2680	0 0
1861, April 8th.	”	1340	0 0	1340	0 0
1863, October 19th.	”	3350	0 0	3350	0 0
1864, January 4th.	”	2345	0 0	2345	0 0
1866, October 15th.	£5 per cent.	4355	0 0	145 3 4	4209 16 8	145 3 4
1881, October 17th.	£4 per cent.	536	0 0	17 17 4	250 2 8	285 17 4
1893, December 29th.	£3½ per cent.	*10358	14 0	206 13 11	406 6 11	9952 7 1
1894, September 19th.	”	1349	0 0	26 9 3	39 7 0	1309 13 0
1895, May 20th.	£3¼ per cent.	*474	8 3	4 14 7	4 14 7	469 13 8
”	”	371	0 0	3 13 11	3 13 11	367 6 1
		£80759	2 3			£404 12 4	£68229 1 9		£12530 0 6

*To partially pay out West Sussex under the Award of 12th April, 1892.

JOHN I. A. W. Comty Accountant.

THE
MEDICAL SUPERINTENDENT'S
THIRTY-SEVENTH ANNUAL REPORT

THE MEDICAL SUPERINTENDENT has the honour to submit the Thirty-seventh Annual Report to the Committee of Visitors. Thirty-seventh Annual Report.

On the 30th September, 1894, the Numbers in the Asylum were—Male, 385; Female, 491; Total, 876. Numbers on the 30th September, 1894.

The Admissions during the year ending 30th September, 1895, have been—Male, 128; Female, 119; Total, 247. Admissions.

The Discharges during the year have been—Male, 87; Female, 83; Total, 170. Discharges.

The Deaths during the same period have been—Male, 53; Female, 52; Total, 105. Deaths.

The Average Daily Number Resident during the year has been—Male, 382; Female, 486; Total, 868. Mean Annual Population.

The Numbers in the Asylum this day (30th September, 1895), are—Male, 373; Female, 475; Total, 848. Numbers this day, September 30th, 1895.

The Admissions

The Admissions have not this year had any disturbing influence by abnormal influxes of patients returning from other Asylums. They may therefore be taken as actually representing the pauper lunatics of East Sussex and Brighton coming under treatment during the year. What however is a significant fact, having regard to the future accommodation which will be needed, is that the number of admissions is greater than the average of years during which the Asylum accommodated West Sussex, as well as East Sussex and Brighton.

The following tabular statements shew the details of the year's admissions; the expectancy of recovery on admission; their age groups, and forms of mental disorder.

Expectancy of Recovery on Admission.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	128	24	30	74	32
Females ...	119	28	23	68	45

Ages on Admission.

	5—15.	15—35.	35—55.	55—75.	75 and upwards	Un-known
Males	1	42	56	24	5	...
Females ...	2	46	47	20	4	...

Form of Mental Disorder of Year's Admissions.

	Males.	Females.	Total.
Insanity with Epilepsy	6	7	13
Idiocy without Epilepsy	1	...	1
„ with Epilepsy	1	1	2
Imbecility without Epilepsy..	7	5	12
„ with Epilepsy.....	2	1	3
General Paralysis.....	16	8	24
Dementia	14	5	19
Mania	52	45	97
Melancholia	29	47	76
TOTAL	128	119	247

It is remarkable to notice how closely the figures run on the same lines as last year. The increase in the number of imbeciles admitted confirms the view generally entertained, viz.: that a larger number of persons of weak intellect are nowadays sent to Asylums, who in the past would have been kept at home; and the fact helps to explain why insanity is said to be on the increase.

The Discharges were 170. These however were not without a disturbing cause for their being so high, because during April and May the remainder of the West Sussex cases, amounting to 40 Males and 22 Females, were removed. After making a correction for these, the number of Discharges were 43.7 per cent. of the Admissions.

Sixty-six patients were discharged recovered—4 were sent out on trial with an allowance, and were subsequently discharged. Thirty-eight were discharged

to the care of their friends, relieved ; and the remainder were transferred to other Asylums not materially improved.

The practice of sending patients out to the care of their friends is one that has been followed in this Asylum for many years. There is reason for believing that more individual attention is paid by the relatives when they undertake to receive the patient to their care, and in many instances relapses are dealt with at home instead of the patient being hurriedly sent back to the Asylum. While in the primary attack a patient can scarcely be sent to an Asylum too soon, it is not uncommon to have to receive re-admissions who could have been treated at home. This is gratifying in the sense that it shews no repugnance on the part of the relatives for the patient to re-enter the Asylum, but it has its drawbacks in that it fills up beds which in the present condition of affairs are more urgently needed. If this method of discharging patients to care had not been adopted the doors could scarcely have been kept open so long as they have been.

The Deaths.

One hundred and five deaths occurred: viz., 53 Males and 52 Females.

Of the total deaths 14 were due to phthisis, 12 to bronchitis or pneumonia, 4 to heart disease, 20 to progressive paralysis of the insane, 14 to old age, and the remaining 41 to various constitutional disorders, mental or bodily.

The death-rate is 12 per cent. of the population resident, but only 9.3 per cent. of the total number under treatment.

The following Table shews the ages at death, in certain age groups.

Ages at Death.

	0-5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths from all causes and at all ages.
Males	1	15	16	15	6	53
Females	..	1	5	17	21	8	52
Total	2	20	33	36	14	105

Post-mortem examinations were made in 32 cases, this being the number for which the consent of relatives could be obtained.

Every death was reported to the Coroner, but in only two instances did he consider an inquest necessary: one was that of a male patient who died from apoplexy; and the other was also a male patient, who died from erysipelas and pneumonia supervening on a scalp wound due to an accidental fall.

The following Table briefly tells the story of the year's Admissions statistically considered.

	Males.	Females.	Total.
Discharged Recovered.....	16	18	34
„ Relieved	1	1
„ to care of friends	11	6	17
„ from Criminal List	2	...	2
Died	16	11	27
Remain in Asylum	83	83	166
Total	128	119	247

These figures yield the satisfactory result that 51 per cent. of the total recoveries were of patients who had been admitted during the year.

The deaths among the year's admissions were 25.6 per cent. of the total deaths, or 10 per cent. of the total admissions; they leave a large residue for future treatment.

The total number of patients under treatment during the year was 1123, viz.: 513 Males and 610 Females.

There were five escapes—2 managed to stay out the statutory 14 days and were discharged, 3 were brought back.

It will be seen on reference that the numbers in the Asylum on 30th September, 1895, were such that only 7 Male and 25 Female vacant beds were available for future accommodation.

As might be expected the question of all others which has most engaged the attention of the Committee has been the means by which further accommodation is to be provided. So long ago as September 17th, 1894, your Committee reported to the County Council in some detail the heads under which that accommodation should fall. That report has not yet had practical effect, and although it does not exactly come within the purview of this Annual Report, it is of so much importance that no apology is needed for reproducing it.

“TO THE COUNTY COUNCIL OF EAST SUSSEX AND THE
“COUNCIL OF THE COUNTY BOROUGH OF BRIGHTON.

“The Visiting Committee of the East Sussex County
“Asylum Report as follows:—

““That your Committee have, since the withdrawal
‘of West Sussex, had under their consideration the

‘question of providing further accommodation for
‘patients.

‘That the Asylum at Haywards Heath was originally
‘built to accommodate about 400 patients, and that such
‘accommodation has from time to time been increased
‘by additions to and enlargements of the buildings, and
‘that there are now 877 beds for patients, of which 376
‘are for males and 501 for females.

‘That on the 15th September inst. there were 334
‘male patients in the Asylum from East Sussex and
‘Brighton, leaving a surplus of *42 beds for males.

‘That on the same date there were 452 female
‘patients in the Asylum from East Sussex and Brighton,
‘leaving a surplus of *49 beds for females.

‘That although there is nominally accommodation for
‘877 patients, several of the wards are overcrowded, and
‘the number of beds in such wards should, when a
‘favourable opportunity occurs, be reduced by about
‘50 to give each patient the approved number of cubic
‘feet of air space.

‘That the average annual increase of patients in the
‘Asylum from East Sussex and Brighton is about 20.

‘That at this rate of increase the surplus beds will be
‘filled with patients from East Sussex and Brighton in
‘about $4\frac{1}{2}$ years from the present time, or in from 2 to
‘ $2\frac{1}{2}$ years if the reduction in beds above suggested is
‘carried out.

‘The Commissioners in Lunacy in their last Annual
‘Report show that on 1st January last the number of

* Most of the surplus beds are at present occupied by 75 contract patients from West Sussex, subject to six months' notice, and by eight out-county and private patients.

‘lunatics, idiots, and persons of unsound mind in
 ‘England and Wales recorded in the various returns
 ‘made to the Commissioners were 2,245 in excess of
 ‘the corresponding numbers of the previous year, and
 ‘makes the largest annual increase of the number of
 ‘officially known lunatics yet recorded, and follows an
 ‘increase of 1,974 in the preceding year.

‘The Commissioners, having regard to the urgent
 ‘need for asylum accommodation for the class a little
 ‘above pauperism, in their Report, strongly advocate
 ‘the exercise by County and Borough Councils of their
 ‘statutory discretion to make provision for lunatics of
 ‘this class. The Commissioners urge this course, not
 ‘only as just towards the lower middle class, but
 ‘because they believe it may be a source of profit to the
 ‘whole body of ratepayers.

‘Your Committee therefore ask the Councils to
 ‘authorise them to prepare plans and estimates for
 ‘buildings for the accommodation of a further number
 ‘of male and female patients and for all the matters
 ‘necessary for carrying such into effect. Such plans
 ‘and estimates should, in the opinion of your Com-
 ‘mittee, provide for

- ‘(1) A Hospital for the treatment of acute cases.
- ‘(2) Additional accommodation for pauper patients.
- ‘(3) Special accommodation for idiots and imbeciles
 ‘(Lunacy Act, 1890, s. 241).
- ‘(4) Accommodation for private patients (Lunacy
 ‘Act, 1890, s. 241).

‘Signed on behalf of the Visiting Committee, the
 ‘17th day of September, 1894.

‘W. HENRY CAMPION,
 ‘Chairman.’”

On his monthly report for April, your Medical Superintendent felt it his duty to report as follows:—

. “As to the much larger question of
 “increased Asylum accommodation, the figures of
 “to-day speak for themselves as to the urgent need
 “of immediate steps being taken. Delay not only
 “means an enormous increase in the cost of maintain-
 “ing East Sussex lunatics, but their removal from their
 “own county involves a serious hardship, both on the
 “patients and on their relatives. It is truly pathetic to
 “see the distress of some patients who have to be
 “removed to other Asylums; and conversely it is
 “agreeable to witness the satisfaction they evince when
 “brought back to this; while it is only those who have
 “the administrative work to do, both before and after
 “the admission of a patient, who can fully realise
 “the trouble and difficulties involved by not having
 “sufficient Asylum accommodation close to hand, and
 “ready at any moment for a patient’s reception. It may
 “very well happen, having regard to the number—30
 “—of this month’s admissions, and to the statistics
 “generally, that before long one or both sides of the
 “Asylum will have to be closed, and patients received
 “only as vacancies occur. Apparently the difficulty of
 “finding accommodation in other Asylums is very little
 “less* than it was two years ago.”

The chief works of importance which have been carried out during the year have been as follows:—The engines at the Engine House have been overhauled, and the hot water supply to the Female side has been improved. The well has been cleaned out and the lower set of pumps removed, cleaned and altered. The

* The difficulty in finding accommodation in other Asylums has actually increased.—Sept., 1895.

Äerating reservoir has been relined. The warming of the Male corridor has been extended. The Storekeeper's cottage has been enlarged, redeeorated, and its sanitary arrangements improved. The Mortuary has been much improved and decorated, and it was your Superintendent's privilege and pleasure to add to its embellishment by an ornamental window worked by himself, which although of no intrinsic value may, together with the general alterations, impress those who see it with the "reverent care bestowed upon the dead," to quote the words of the Chaplain's report.

The Lord Chancellor's Visitor paid visits to patients on August 9th and December 24th.

In November Mr. Bennett resigned, and his place was taken by Mr. Charles Planck, M.A., who entered upon his duties in December, and has proved himself to be a most able and agreeable colleague.

The Committee have made very liberal concessions to the Male Attendants; increasing their leave, allowing them board wages during sickness (in addition to their pay) and, to those who are married, lodging money; and have supplied the Night Attendants with uniform.

Your Superintendent cannot too warmly acknowledge the services of Dr. Walker, and it is a subject for congratulation that his relations with the other officers of the Institution are of the same agreeable nature as heretofore.

The Head Attendants—Miss Buckle and Mr. Backhouse—in their respective divisions have not failed to evince zeal and interest in the discharge of their very anxious and trying duties.

It only remains for your Superintendent to thank the Committee for their further recognition of his services by the increase of his salary which they voted him last April.

C. E. SAUNDERS, M.D.,

Medical Superintendent.

30th SEPTEMBER, 1895.

THE CHAPLAIN'S
THIRTY-SEVENTH ANNUAL REPORT

THE Chaplain has the honour to lay before the Com-
mittee his annual Report.

Thirty-seventh
Annual Report.

Services have been held in the Chapel on Sundays as
usual. The patients as a rule are attentive, and join in
the responses and hymns. With the exception of the
occasional removal of an epileptic, nothing has occurred
to break the harmony of the service.

Services.

The Holy Communion has been celebrated on the
first Sunday of each month and on the great festivals,
the average being 11 Females and 4 Males.

Holy
Communion.

Prayers have been read, daily in the Male and
Female Dining Halls, on Sundays in the Female
No. 5 and 6 Wards, and on Mondays in the Male
Ward No. 6.

Ward
Services.

The Chapel has been decorated with great taste for
the various festivals, and much care and thought must
have been expended by the ladies who made themselves
responsible for the work.

Festivals.

One hundred and five patients have died during the
twelve months, being 3 more than last year. Of these
64 have been buried in the Asylum Cemetery, an
increase of 2 over the preceding period. The death
rate has been low during the hot summer and the long
frost, but rose rapidly after the break up of the cold

Funerals.

weather. The Mortuary has been very greatly improved; the tasteful colouring, and the imitation stained glass, have completely transformed the cold and bare look of the walls, and cannot fail to impress all who see it with the reverent care bestowed upon the dead.

Schools. The Schools have been carried on as usual, being attended by about 50 Males and 70 Females. Many of the patients have improved their writing, and one Female patient who could not write at all when she came in has now mastered the art.

Library. The Library in the Chaplain's office has been well used, a very large number of books having been taken out by Nurses and Attendants. All books were called in at the end of September and a complete catalogue made. The Chaplain has been able to make arrangements by which second-hand books, complete in one volume, can be bought at a uniform charge of 9d.; 397 such books have been purchased, the books being clean and in most cases neatly re-bound. Of the older books, 191 have been issued to the Male side and 164 to the Female.

Conclusion. In conclusion, the Chaplain begs to thank the gentlemen of the Committee for their kindly courtesy towards him, and the Medical Superintendent for his sympathy and support.

(Signed) E. R. D. LITTLE, M.A.

SEPTEMBER 30th, 1895.

APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1895.

				M.	F.	T.
In the Asylum January 1st, 1895				395	493	888
Admissions—				M.	F.	T.
First Admissions.....				105	90	195
Re-Admissions.....				18	20	38
Total Number of Admissions during the Year				123	110	233
Total Number of Cases under Care during the Year.....				518	603	1121
Discharges—				M.	F.	T.
Recovered				27	35	62
Relieved				18	24	42
Not Improved				41	22	63
Died				52	55	107
Total Number of Discharges and Deaths during the Year				138	136	274
Remaining in the Asylum 31st Dec., 1895...				380	467	847
				M.	F.	T.
Average Daily Number Resident during the Year ...				378	482	860
*Persons under Care during the Year				515	601	1116
Persons Admitted				120	108	228
„ Recovered				27	35	62
Transferred to this Asylum...				7	4	11
„ from this Asylum				40	22	62

* Persons, *i.e.*, separate persons, in contradistinction to “Cases,” which may include the same individual more than once.

TABLE IA.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1895, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	15	23	38
„ 2 Attacks	1	3	4
„ 3 „	3	3
„ 4 „	1	1
„ 5 „	1	...	1
„ 8 „	1	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	10	14	24	4	8	12
Twice.....	...	1	1	1	1	2
Three Times	2	2	...	1	1
Five „	1	...	1			
Eight „	1	1			

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1895.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 36½ years.....	3323	3363	6686			
Re-Admissions	528	739	1267			
Total Cases Admitted				3851	4102	7953
Discharges—						
Recovered	1033	1237	2270			
Relieved	489	607	1096			
Not Improved	434	433	867			
Died	1515	1358	2873			
Total Discharges and Deaths since the Opening of the Asylum				3471	3635	7106
Remaining 31st Dec., 1895 ...				380	467	847
	Male.	Female.	TOTAL.			
Average Daily Number Resi- dent during the 36½ Years	317	394	711			
Transferred to this Asylum ...	530	477	1007			
„ from this Asylum	498	484	982			

TABLE IIA.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1895 (36½ years).*

HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the 36½ years	3323	3363	6686
Persons Discharged Recovered	824	974	1798 †
Of whom were Re-Admitted, Relapsed ‡	252	393	645
Recovered Persons who have not Relapsed	572	581	1153
Relapsed Persons subsequently Discharged Recovered §	133	187	320
Leaving a Nett Total of Re- covered Persons	705	768	1473 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 26.8 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22.0 per cent. of Persons admitted.

TABLE IV.
Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1895.

YEAR.	Admitted.			Discharges and Deaths in 1895 of each Year's Admissions.						Total Discharges and Deaths of each Year's Admissions to 31st December, 1894.						Remaining of each year's Admissions Dec. 31st, 1895		YEAR.														
	New Cases.		Relapsed Cases.	Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.			Died.		M.	F. Tot.										
	M.	F.		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.		M.	F.												
1859	143	164	4	4	8										
1860	79	104	1	1	1	2										
1861	102	60	1	6	169	3	3	6										
1862	58	64	2	5	129	1	1	2										
1863	58	22	1	...	81	3	...	3										
1864	56	62	8	8	134	1	...	1										
1865	62	50	5	7	124	1	2	3										
1866	64	84	6	5	159	2	3	5										
1867	63	80	6	13	162	2	3	5										
1868	116	61	3	12	192	5	...	5										
1869	57	61	3	7	128	2	2	4										
1870	76	71	7	12	166	3	2	5										
1871	42	52	10	12	116	1	3	4										
1872	130	119	8	11	268	1	3	4										
1873	88	85	12	19	204	3	2	5										
1874	106	100	13	18	237	3	2	5										
1875	109	121	13	15	258	2	2	4										
1876	114	96	17	21	248	2	2	4										
1877	92	101	13	16	222	2	2	4										
1878	98	100	14	21	233	5	5	10										
1879	93	92	11	19	215	1	1	2										
1880	98	87	17	27	229	2	2	4										
1881	85	98	17	22	222	3	3	6										
1882	93	80	22	27	222	2	2	4										
1883	79	110	24	27	240	3	3	6										
1884	93	79	22	35	229	1	1	2										
1885	81	92	15	22	210	1	2	3										
1886	78	86	22	24	210	3	3	6										
1887	104	83	20	21	228	2	2	4										
1888	101	89	26	27	243	2	2	4										
1889	98	105	11	18	232	2	2	4										
1890	102	133	29	42	306	3	3	6										
1891	102	133	29	42	306	1	1	2										
1892	99	127	18	39	283	4	4	8										
1893	101	102	33	62	298	1	1	2										
1894	102	116	57	68	343	7	7	14										
1895	105	90	18	20	233	18	18	36										
TOTAL	3323	3363	528	739	7953	27	35	62	18	24	42	41	22	63	52	55	107	1006	1202	2208	471	583	1054	393	411	804	1463	1303	2766	380	467	847

Summary of Total Admissions, 1859-95.

	Male.	Female.	Total.
Percentage of the Recovered	26.8	30.2	28.5
Relieved	12.7	14.8	13.8
Not Improved	11.3	10.5	10.9

TABLE VI.

Showing the Length of Residence in those who have Recovered and in those who have Died during the Year 1895.

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	2	...	2	6	6	12
1 month and under 3 months	11	8	19	6	5	11
3 months " 6 "	8	10	18	6	5	11
6 " " 9 "	3	8	11	5	3	8
9 " " 12 "	...	6	6	2	5	7
1 year " 2 years	1	2	3	8	6	14
2 years " 3 "	1	1	2	4	6	10
3 " " 5 "	1	...	1	4	8	12
5 " " 7 "	1	5	6
7 " " 10 "	4	1	5
10 " " 12 "
12 " " 15 "	1	1
15 " " 20 "	2	3	5
20 " " 25 "	1	.	1
25 " " 30 "	2	...	2
30 " " 35 "
35 " " 40 "	1	1	2
TOTAL.....	27	35	62	52	55	107

Showing the Duration of the Disorder previous to Admission, in the Admissions, Discharges, and Deaths during the Year 1895.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.						DEATHS.		
	Male.	Female.	TOTAL.	Recovered.			Relieved, or otherwise.			Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.	Male.	Female.	TOTAL.			
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	58	56	114	10	19	29	20	23	43	24	23	47
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	13	11	24	1	2	3	7	2	9	5	4	9
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	25	31	56	12	14	26	22	15	37	13	18	31
<i>FOURTH CLASS—</i> First Attack OR OTHERWISE; of more than Twelve Months' duration on Admission	14	6	20	5	5	10	4	8	12
<i>FIFTH CLASS—</i> Congenital Not Ascertained	5 8	3 3	8 11	.. 4 4	2 3	.. 1	2 4	4 2	1 1	5 3
TOTAL	123	110	233	27	35	62	59	46	105	52	55	107

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1895, and of those remaining on the 31st December, 1895.

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1895.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years	1	..	1	1	1	1	1	1
10 "	1	2	3	..	1	1	1	..	1	1	2	8
15 "	6	6	12	2	2	4	4	..	4	4	8	22
20 "	13	16	29	1	7	8	1	1	2	2	26	56
25 "	15	14	29	4	8	12	2	..	2	2	28	63
30 "	9	6	15	1	4	5	6	7	13	13	35	69
35 "	19	10	29	2	2	4	3	4	7	7	49	98
40 "	8	10	18	5	2	7	3	4	7	7	58	91
45 "	14	14	28	5	6	11	3	3	6	6	60	108
50 "	14	9	23	4	1	5	8	5	13	13	43	99
55 "	6	3	9	..	1	1	6	5	11	11	28	68
60 "	8	8	16	2	1	3	4	5	9	9	25	76
65 "	3	5	8	..	1	1	6	5	12	10	18	28
70 "	3	3	6	1	..	1	1	6	7	11	20	31
75 "	2	4	6	2	6	8	4	9	13
80 "	1	..	1	2	2	4	2	3	5
85 "	2	1	3
90 "
95 "
Unknown.....
Total.....	123	110	233	27	35	62	52	55	107	380	467	847
Mean Age.....	40.6	40.9	40.7	41.3	33.5	36.9	48.6	55.3	50.6	42.6	46.7	44.9

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1895, and of Patients resident on the 31st December, 1895.

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1895.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	54	52	106	11	19	30	22	21	43	227	251	478
Married	53	43	96	11	12	23	26	18	44	123	155	278
Widowed	14	14	28	4	3	7	3	16	19	19	53	72
Unknown	2	1	3	1	1	2	1	..	1	11	8	19
TOTAL	123	110	233	27	35	62	52	55	107	380	467	847

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1895, and the Form of Mental Disorder of the Inmates on 31st December, 1895.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1895.		
										Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy	3	4	7	2	1	3	9	6	15
" (b) without Epilepsy	5	1	6	2	...	2	46	34	80
Epilepsy—Acquired	9	7	16	7	9	16	44	45	89
General Paralysis of the Insane	19	5	24	12	9	21	28	11	39
Mania:—												
Acute	36	21	57	15	11	26	8	7	15	21	18	39
Chronic	1	...	1	99	157	256
Recurrent	6	10	16	5	9	14	1	2	3	21	16	37
e Potu	2	2	4	1	1	2
Puerperal	...	3	3	...	2	2
Senile	4	3	7	1	6	7	...	3	3
Melancholia:—												
Acute	21	37	58	5	11	16	8	11	19	14	17	31
Chronic	2	1	3	27	40	67
Recurrent	2	10	12	1	1	2	...	2	2	1	12	13
Puerperal	2	2
Senile	1	2	3	3	3	...	3	9
Dementia:—												
Primary	9	...	9	1	4	5
Secondary	3	2	5	5	2	7	51	87	138
Senile	...	2	2	6	3	9	5	3	8
Not Insane
TOTALS	123	110	233	27	35	62	52	55	107	380	467	847

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
<i>Male Patients.</i>		
Working Party.	{ With the Gardener and Out-door Attendants	52
	{ With the Farm Attendants	12
	{ With the Cowman	2
With the	Carpenter	3
"	Bricklayer	1
"	Upholsterer	2
"	Basket-maker	1
"	Tailor... ..	12
"	Shoemaker	8
"	Matmaker... ..	12
"	Painter	5
"	Engineer	3
"	House Attendant	4
"	Bath	4
In the	Dining Hall	12
"	Storekeeper's Stores... ..	3
"	Wards (Cleaning)	79
<i>Daily Number Employed</i>		215
<i>Female Patients.</i>		
In Laundry and Wash-house	65
" Kitchen	10
" Dining Hall	14
" Wards, &c. (Cleaning)	46
" " (Needlework)	238
" Vegetable Room...	4
<i>Daily Number Employed</i>		377
ATTENDANCE AT—		DAILY ATTENDANCE.
		M. F. TOTAL.
Sunday Divine Service	{ In Dining Halls	302 489 791
	{ In Chapel	226 241 467
Week-day Morning Prayer	299 373 672
School	47 66 113
Weekly Ball	120 120 240
Other Entertainments	120 120 240
Walk about the Grounds	89 353 442
" beyond "	113 124 237
" on the Terraces	239 310 549
NIGHT REPORT.		
Number of Wet Cases	6 2 8
" Dirty "	3 2 5
" Noisy "	6 6 12
AVERAGE DAILY NUMBER RESIDENT.		
		378 482 860

TABLE XIV.
DIET SCALE.

	BREAKFAST At 8.0 A.M.				DINNER at 1.0 P.M.												SUPPER at 6.0 P.M.								
	Males.		Females.		Males.						Females.						Males.		Females.						
	Butter.	Bread.	Cocoa.	Bread.	Butter.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Meat Stew.	Pea Soup.	Plum Pudding.	Bread.	Butter.	Sweet Cake or	Butter.	Tea.
Sunday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. 1	oz. 4	pt. $\frac{1}{2}$	oz. 6	oz. ...	oz. 12	pt. ...	oz. 16	oz. 12	oz. 2	pt. $\frac{1}{2}$	oz. 8	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Monday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. ...	oz. ...	pt. 1	oz. 8	oz. ...	oz. 2	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Tuesday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. 12	oz. ...	pt. ...	oz. 12	oz. ...	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Wednesday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. ...	oz. ...	pt. ...	pt. ...	oz. 16	oz. ...	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Thursday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. 8	oz. ...	oz. ...	pt. ...	oz. 16	oz. ...	oz. 2	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Friday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. 12	oz. ...	pt. ...	oz. 12	oz. ...	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Saturday ...	oz. $\frac{3}{8}$	6	pt. 1	oz. 5	pt. $\frac{1}{2}$	oz. 4	pt. $\frac{1}{2}$	oz. 4	oz. ...	oz. ...	pt. 1	oz. 8	oz. ...	oz. 2	pt. $\frac{1}{2}$	oz. 4	oz. ...	pt. ...	oz. ...	oz. ...	oz. 6	oz. $\frac{3}{8}$	oz. 5	oz. $\frac{3}{8}$	pt. 1
Weekly Total	2 $\frac{1}{8}$	42	7	35	2 $\frac{1}{8}$	7	3 $\frac{1}{2}$	30	24	12	2	16	72	20	3 $\frac{1}{2}$	28	8	1	1	12	42	2 $\frac{1}{8}$	35	2 $\frac{1}{8}$	7

Bread is given practically *ad libitum*.

TABLE XIV.—Continued.

DINNER.

	Male Patients.	Female Patients.	Thursday ...	Male Patients.	Female Patients.
Sunday ...	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	...	Roast Meat & Pickled Pork; Peas Pudding. Meat Pudding.	Plum Pudding & Treacle Sauce.
Monday ...	Pea Soup.	Pork or Beef and Vegetables; Peas Pudding. Meat Stew.	Friday ...	Pea Soup. Every other Saturday, $\frac{3}{4}$ lb. of Fresh Fish.	Every other Friday, $\frac{3}{4}$ lb. of Fresh Fish.
Tuesday ...	Meat Pudding and Rice Pudding.	Meat Stew.	Saturday ...		Meat Pudding.
Wednesday ...	Plum Dumpling and Treacle Sauce.				

Bread, Beer, and Vegetables Daily.
When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily. 2oz. Tea, $\frac{1}{2}$ lb. Sugar, $\frac{1}{2}$ lb. Coffee, $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{2}$ lbs. Cocoa, $4\frac{3}{4}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{2}$ lb. Chicory, $3\frac{1}{2}$ lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

Plum Pudding, 100lbs. weight.—Flour, 46 $\frac{1}{2}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs.; Currants, 7 $\frac{1}{2}$ lbs.

HAYWARDS HEATH, September 30th, 1895. (Signed) C. E. SAUNDERS, M.D., Medical Superintendent.

RAINFALL IN 1895.

Diameter of Funnel, 5in.

Rain Gauge. { *Height* { *Above Ground, 1ft. 1in.*
 { *of Top* { *Above Sea Level, 281ft.*

MONTH.	Total Depth.		Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
	Inches.	Depth.	Date.		
JANUARY	1.70	.55	19		7
FEBRUARY	0.00
MARCH	2.38	1.00	9		10
APRIL	2.56	.80	25		10
MAY	0.06	.03	1 & 31		2
JUNE	0.35	.09	29		7
JULY	4.03	1.06	22		15
AUGUST	2.85	.60	3		15
SEPTEMBER	0.20	.20	11		1
OCTOBER	5.08	1.30	8		12
NOVEMBER	5.10	.80	10		17
DECEMBER	3.11	1.00	16		14
<i>Total</i>	27.42		110

REPORT OF THE
VISITING COMMISSIONERS IN LUNACY.

EAST SUSSEX ASYLUM,

26th November, 1895.

There are on the books of this Asylum 382 Male and 481 Female patients: of these 5 males and one female are on leave, being boarded out in the neighbourhood. We have seen all the patients, including those who are boarded out, and who were brought in for our inspection. Of the patients on the books 509 are chargeable to Unions in East Sussex, 341 to the County Borough of Brighton, 6 are Out-county, and 7 are Private cases, which include 2 male criminal lunatics.

Since the visit of two members of our Board in May of last year 188 male and 196 female patients have been admitted; 110 males and 118 females have been discharged or removed, of whom 40 males and 56 females had recovered, and 73 males and 77 females have died.

The percentage of recoveries on admissions for 1894, excluding transfers and recertifications, was 25.45 for males and 25.38 for females: that of deaths on the average numbers resident in 1894 was 12.07 for males and 10.99 for females.

Of the 150 deaths which have occurred since the last visit, 19 per cent. were from general paralysis, and 21 per cent. from phthisis and other chest affections; 9 per cent. from maniacal or melancholic exhaustion, and

with two exceptions the rest were due to natural causes ordinary in Asylums. The two exceptional deaths, which, with a third due to disease of the heart, formed the subjects of coroner's inquests, resulted, in the one case, that of a man, from pneumonia and erysipelas following a wound sustained in an accidental fall, and in the other from suicide by hanging, the particulars of which were at the time enquired into by our Board.

Bedsore appear to have existed in only two of the deaths, and only one patient was suffering from this complication during our progress through the wards. We very much regret to find that in only 46 instances or 30 per cent. of the total deaths post-mortem examinations were made. This is an exceptionally low proportion, and, in our opinion, does not afford sufficient security for the detection of unsuspected injuries, or adequate opportunity for testing the correctness of the diagnosis of the assigned death causes. We are, however, assured by Dr. Saunders that every effort is made to secure a post-mortem examination in every case of death, but that there exists a very strong feeling in this county against autopsies.

The health of the patients since the last visit has been good, the institution having been free from epidemic or zymotic disease. Twenty women and 10 men were in bed during our inspection. There appears from the records to have been no employment of mechanical restraint, and only one patient has been secluded on one occasion for half-an-hour. There have been six serious but non-fatal casualties, consisting of fractures of bones, and all the results of accidents. The number of epileptics is 102, that of general paralytics 39, while 60 patients are

returned as actively suicidal. The epileptic and suicidal patients all sleep under constant supervision. Ten wet beds were reported last night. Only one patient was wearing a strong dress.

Turning to the subject of employment, we find that of the male patients 56 are employed in the garden, 10 on the farm, 10 in mat-making, 76 in household work in the wards, and 56 in manual labour of various kinds. All the clothing of the male patients is made up by patients under a paid attendant. On the women's side 223 do needlework, 65 are engaged in the laundry, 46 assist in the housework and 30 in the kitchen and dining-hall. Two hundred and twenty-four male and 248 female patients attended chapel last Sunday. The average of patients attending the associated entertainments still remains very low, amounting to a little more than 28 per cent.

Extended exercise beyond the Asylum grounds obtains only among 30 per cent. of the patients, while the large proportion of 58 per cent. are altogether confined to the airing courts.

During our inspection of yesterday the patients generally were quiet and well behaved; but there was some noisy excitement in No. 6 Female Ward, in which are 58 patients, and we would again suggest a distribution of some of them in other wards. We thought that the clothing generally, although showing no want of care on the part of the attendants, was capable of some improvement. That of some of the men was much worn and in need of renewal, and the dresses of the women might with advantage be brighter and more varied.

We can report very favourably of the general condition of the Asylum. The wards and dormitories, and indeed all parts of the establishment seen by us, were very clean and in excellent order, and there was an abundant supply of suitable books, newspapers and other means of amusement. We had no complaints excepting on the score of detention; but we were surprised to learn that the regular visits of any members of the Committee are only made at intervals of two months, the male and female wards being visited every alternate month. We saw a very good dinner of boiled bacon, pease pudding, potatoes, bread, and beer, neatly served to the female patients in the dining-hall, and we inspected the stores, which appeared to be satisfactory.

We are glad to report that most of the recommendations made at the last visit have been carried into effect. No. 5 Male Ward, in common with many other parts of the Asylum, has been re-painted and decorated, and partly re-furnished. It has been much improved in appearance, but is still dark and in need of further brightening. The handles of the doors of w.c.'s on the Male side have been removed, but the stiff gas brackets, unprotected towel rollers, and rails over doors, afford facilities for suicide which it seems desirable to get rid of.

Many of the single rooms have been made to open from the outside without keys, but spring latches have been provided, and there are no means of locking them, an omission which we fear may lead to serious trouble. The bedsteads for epileptics have been lowered, and a large number of hollow mattresses re-made. The unsafe driving bands in the Laundry have been protected, but

there is great need of a fan to extract the steam from the washhouse, which was dense with it at our visit. Closets have been provided on the various landings and elsewhere for an increased supply of fire hose, which is now kept attached to the stand pipes. The appliances are inspected from time to time by an officer from the Brighton Fire Brigade, and there are regular drills of the male and female attendants and other members of the staff. Passing to structural matters, a new large water reservoir has been provided, and the mortuary re-modelled, together with other minor but important alterations.

Nothing further has been done with reference to the proposal to erect a hospital block for recent and acute cases, or to provide separate accommodation for idiot children; and a small isolation building to replace the present sanatorium, now in use for 12 ordinary male cases, remains an important desideratum.

There are stated to be no vacancies for males, and 19 for females, but the dormitories throughout the Asylum struck us as being distinctly overcrowded. The provision of additional Asylum accommodation is a subject for the early and serious consideration of the Committee, and a matter which cannot, in the interest of the patients, be long delayed. No relief can be expected from contracts with other Asylums, which are generally, throughout the country, already full. We find that the 80 West Sussex patients who were here at the last visit have left, and, with the exception of 13 Private and Out-county patients, the Asylum is occupied by patients of the County and Brighton.

The charge for maintenance per head per week is 9s. 6d. for the County and Borough patients, 16s. for Private and 14s. for Out-county cases.

Exclusive of the head attendants the staff on day duty amounts, on the Female side, to 30; but excluding the Laundry only 25 were on duty in the wards during our visit, which gives, excluding all Laundry patients, one to 16; and on the Male side the staff on day duty numbers 31, which gives a proportion of one to 12 patients; but in No. 2 on the Female side containing 62 patients, of whom 42 were epileptics and 3 actively suicidal, there were only three attendants, which is a very inadequate proportion; but we are glad to find that an addition of two attendants has been made to the corresponding ward in the Male division.

The duration of service of the staff is very good, only 19 per cent. showing less than one year's service. It is satisfactory to learn that the head attendants of each division are invariably present at the bathing of the patients.

The Medical staff consists of Dr. Saunders, Dr. Walker, and Dr. Planck, the last of whom was appointed on the retirement of Dr. Bennett. The case books and pathological records are kept with care and diligence.

G. HAROLD URMSON,	} <i>Commissioners</i> <i>in</i> <i>Lunacy.</i>
F. NEEDHAM,	