

Fifth annual report for 1863 / Sussex County Lunatic Asylum, Hayward's Heath.

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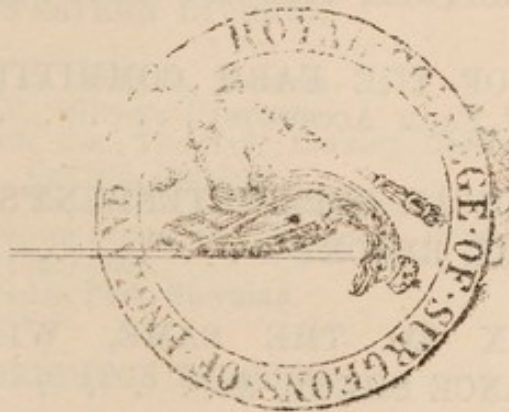


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Sussex

COUNTY LUNATIC ASYLUM

HAYWARD'S HEATH.



FIFTH ANNUAL REPORT

FOR

1863.

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COMMITTEE OF VISITORS AND OFFICERS.

1864.

EASTERN DIVISION.

1. The Lord West, 17, Upper Grosvenor Street, London.
2. Blaauw, William Henry, Esq., Beechlands, Newick.
3. †Burrell, Walter Wyndham, Esq., Cuckfield.
4. Campion, William Henry, Esq., Danny, Hurstperpoint.
5. Carpenter, Charles, Esq., Brighton.
6. Crake, Vandeleur Benjamin, Esq., Hastings.
7. Darby, George, Esq., Markly, Hurst Green.
8. Day, John, Esq., Uckfield House.
9. †Godlee, Burwood, Esq., Lewes.
10. *†Hankey, John Alexander, Esq., Balcombe Place, Cuckfield.
11. *††Norman, John Manship, Esq., Dencombe, Crawley.
12. *††Selater, James Henry, Esq., Barcombe Place, Lewes.
13. *†Sergison, Warden, Esq., Cuckfield Park.
14. †Williamson, Ferdinand Hedworth, Esq., Reedens, Chailey.

WESTERN DIVISION.

1. Aldridge, Major John, St. Leonards, Horsham.
2. Barttelot, Colonel, M.P., Hillyers, Petworth.
3. *††Bigg, Edward Smith, Esq., The Hyde, Crawley, *Chairman*.
4. Borrer, William, Esq., Cowfold, Horsham.
5. Cobbett, John Morgan, Esq., M.P., Edenbridge, Kent.
6. ††Dickins, Charles Spencer Scrase, Esq., Coolhurst, Horsham.
7. Smith, Francis, Esq., Chichester.
8. Goring, Rev. John, Wiston Park, Steyning.

BRIGHTON BOROUGH.

1. Burrows, John Cordy, Esq., Brighton.
2. *†Hollis, William Mellet, Esq., 7, St. George's Place, Brighton.

OFFICERS.

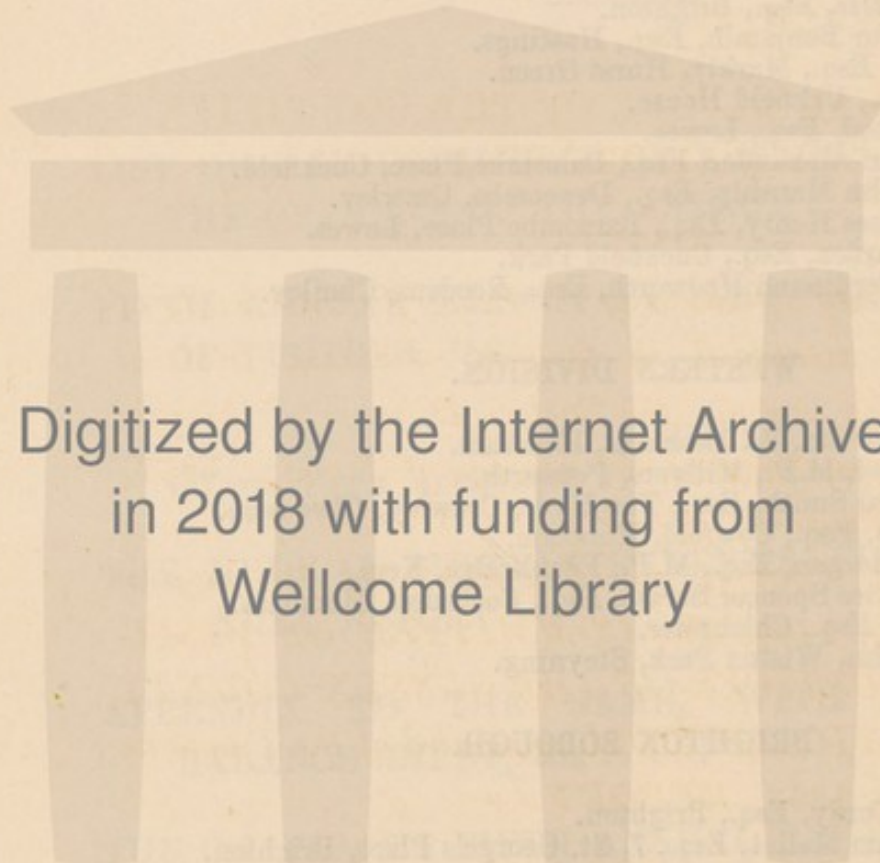
Medical Superintendent.—C. L. Robertson, Esq., M.D.
Captain.—Rev. Henry Hawkins, M.A.
Assistant Medical Officer.—W. V. Browne Esq., M.D.
Clerk and Steward.—Mr. S. A. Mortlock.
Housekeeper.—Mrs. Stroude.
Nad Attendants.—Mr. W. R. Knox, (Male Department.)
Miss Buckle, (Female Department.)

H. JONES,

January, 1864.

Clerk to the Visitors, Lewes.

* Member of the House Committee.
† Member of the Finance Committee.
‡ Member of the Farm Committee.



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SUSSEX COUNTY LUNATIC ASYLUM, HAYWARD'S HEATH.

FIFTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS, 1863.

Fifth Annual
Report.

*To Her Majesty's Justices of the Peace for the County of
Sussex, assembled in Quarter Sessions, held at
Lewes, in and for the Eastern Division of the said
County, on Monday, the 4th day of January, 1864;
and at Petworth, in and for the Western Division of
the said County, on Thursday, the 7th day of
January, 1864, The COMMITTEE OF VISIT-
ING JUSTICES OF THE SUSSEX COUNTY
LUNATIC ASYLUM, appointed at the Epiphany
Sessions, 1863, REPORT:—*

THAT the general condition of the Asylum has been exceedingly
good and satisfactory throughout the year. The Visitors
refer for the details to the Report of the Medical Superintendent,
Mr. ROBERTSON, to whose care and ability they believe this
result is greatly owing.

General
condition of the
Asylum.

The financial affairs of the Asylum are in a very satisfactory
state, and there is no probability of any increase in the Weekly
charge for maintenance, which your Committee have reduced to
10s. per head per week.

Financial state.

**Conduct of
Officers.**

The conduct of the Officers of the Establishment has been generally good.

**Enlargement of
the Asylum.**

In the Report presented by the Visitors at the Epiphany Sessions in January, 1863, they felt it their duty to call the attention of the Courts to the insufficiency of the Asylum for the proper accommodation of the number of Lunatics for whom it might be necessary to provide. At the Epiphany Sessions and again at the Easter Sessions at Lewes and Petworth the subject was considered, and at the latter Sessions a Grant was made of a sum of £5000 for increasing the then existing accommodation.

**Mr. Card's Plans
approved by the
Commissioners
in Lunacy.**

The Visitors put themselves in communication with the Commissioners in Lunacy, and with the assistance of Mr. Card, the County Surveyor, prepared Plans which were submitted to Mr. Donaldson, the Architect to the Commissioners in Lunacy, and were revised by him and have since been approved by the Commissioners, and also by the Secretary of State, and Contracts were entered into for carrying the Plans into effect. The buildings are now nearly completed and your Committee have every reason to be satisfied with them as far as the work is already carried out.

A very considerable addition to the accommodation in the number of Patients who can be taken will be made.

The arrangement of the Working details of the Asylum will also be greatly increased and improved, and your Committee venture to hope that the consideration and liberality of the County in sanctioning the increase and improvement of the Asylum will produce results most favorable in a sanitary point of view, and in the efficient and economical management thereof.

In the course of the year an opportunity was afforded of ^{Purchase of Land.} increasing the quantity of Land which had been purchased by the County for the purposes of the Asylum, and the opportunity appeared so favorable to your Committee that they lost no time in laying the subject before the Courts of Quarter Sessions in both divisions of the County, The recommendation was adopted by the Courts, and authority was given at the October Sessions to your Committee to enter into a contract for the purchase. Your Committee immediately put themselves in communication with the Secretary of State and the Commissioners in Lunacy, who approved of the Contract, and all the necessary arrangements have been made for completing the Purchase at the price of £3000 for the Land, and £459 5s. 6d. for the Timber, Your Committee have made application to the Exchequer Loan Commissioners for the advance of the money on Mortgage of the County Rates, but they required Interest at the rate of 5 per cent., and your Committee have succeeded in getting the advance at $4\frac{1}{2}$ per cent., which they consider reasonable, and will apply at the present Sessions for the Mortgage Deeds to be signed.

Your Committee by the liberality of BURWOOD GODLEE, ^{Occupation of New Land.} Esq., J.P., of Lewes, who purchased the Farm in order to give the County the opportunity of purchasing it from him at the same price which he gave for it, have been allowed to take possession and are now in the occupation of the Land.

(Signed) EDWARD SMITH BIGG,
Chairman of the Committee.

HAYWARD'S HEATH,
19th December, 1863.

SUSSEX LUNATIC ASYLUM.

FIFTH ABSTRACT OF CAPITAL ACCOUNT.

BUILDINGS, &c.

	£	s.	d.
Enlargement of Building, Payment on account of.....	1,700	0	0
Architect's Commission	33	12	0
	<hr/>		
	1,733	12	0

ESTABLISHMENT CHARGES.

Cost of Mortgage Securities	31	15	6
	<hr/>		
	1,765	7	6
Amount expended to Epiphany Sessions, 1863	85,573	1	7
	<hr/>		
Total Payments to Epiphany Sessions, 1864	£87,338	9	1
	<hr/>		

	£	s.	d.
Amount of Loans raised : Eastern Division..	60,970	0	0
Western Division..	30,030	0	0
	<hr/>		
	91,000	0	0
Amount received for Rent and Timber	438	14	8
	<hr/>		
	£91,438	14	8
	<hr/>		

1863. December 19th. *The Accounts, of which the foregoing is an Abstract, have been Examined and Audited by us, and found correct.*

(Signed)

EDWARD SMITH BIGG,
JOHN MANSHIP NORMAN.

REPORT
OF
THE FARM COMMITTEE,
1863.

THE Farm Committee are happy again to give a favourable report of the Asylum Farm, during the present Year,

The Profits of the Farm, this Year, have in some degree, been lessened by expenses contingent on the increased area now under cultivation, and also by a dry season affecting the root crops.

The Employment of the Patients on the Farm, has proved of great value, as a curative means.

The purchase of Additional Lands has been sanctioned by the Courts of Quarter Session in East and West Sussex, and the Committee are led by past experience, to expect ultimately a

sensible diminution in the weekly cost of maintenance of each Patient, by the increased supplies of produce from the Asylum Farm.

The Farm Produce of the year, has been, viz. :—Mangold, $20\frac{1}{2}$ tons; Carrots, $30\frac{1}{2}$ tons; Hay, 37 tons; Oats, $89\frac{1}{2}$ qrs.; and Straw, 1,750 trusses.

(Signed)

EDWARD SMITH BIGG.

JAMES H. SCLATER.

F. HEDWORTH WILLIAMSON.

JOHN MANSHIP NORMAN.

HAYWARD'S HEATH,

December 19th, 1863.

[*Farm and Garden Accounts.*

FARM AND GARDEN ACCOUNTS,

Dr.

From 1st January to 31st December, 1863.

Cr.

Purchase of—	£	s.	d.	£	s.	d.	By Sale of—	£	s.	d.	£	s.	d.
1 Horse	32	0	0				Calves	14	0	0			
13 Cows	201	0	0				Hides and Fat	14	14	9			
Sharps and Bran	294	10	8				Use of Stock	1	6	6			
Seeds and Plants	75	7	5				Keep of Sheep	14	14	0			
Oats, Beans, &c.	2	11	0				Vegetables	4	15	0			
Straw	123	0	3				Poultry	1	19	0			
Hay	16	0	0				Grass, &c.	2	5	3			
Oil Cake	61	2	8				Discount	2	19	6			
Manure	68	3	9								56	14	0
Labour	261	19	8				<i>By Produce supplied to House.</i>						
Sundries	31	15	1				7,344 lbs. Beef per con-						
Swedes	15	0	0				tract price	209	2	3			
Carrots	33	6	8				12,527 „ Pork do.	357	0	0			
Implements	76	3	8								566	2	3
Sewage Pipes	45	1	0				12,976½ gals. Milk at -/10	540	13	11			
				1,337	1	5	4,206 Eggs at -/1	17	10	6			
Rates and Taxes	42	4	5				Poultry	11	3	4			
1616 Bushels of Grains							2,558½ lbs. Butter, from						
at 4d. per bushel..	26	18	8				milk—not charged						
Estimated Rent on Land	80	0	0								569	7	9
				149	3	1	2,290½ bus. Cabbage at -/9	85	17	8			
							„ Carrots, at /	4	13	0			
							445 „ Parsnips at 2/-	44	10	0			
							462½ „ Turnips at 1/-	23	2	9			
							1,136½ „ Potatoes at 3/-	170	8	9			
							Peas and Beans	21	11	7			
							Salad	13	6	6			
							Onions	12	16	10			
							Other Vegetables	33	13	9			
							Herbs	0	14	9			
							Fruit	7	0	8			
							Vegetables supplied to						
							Superintendent	12	11	8			
											429	17	11
							Carting				57	19	6
											£1,680	1	5

Net Surplus 193 16 11

£1,680 1 5

Cash Received and Produce supplied £1,680 1 5

Cash Paid on Account of Farm..... 1,337 1 5

Gross Surplus £343 0 0

ESTIMATED VALUE OF FARM STOCK.

	£	s.	d.
20 Cows	280	10	0
5 Horses	129	0	0
7 Breeding Sow Pigs	26	0	0
1 Boar	4	10	0
30 Fattening Pigs	89	10	0
46 Store ditto	36	15	0
60 Head Poultry	4	17	0
	571	2	0
Dead Stock, Implements, &c,	230	14	0
Tenants' Dues and Property	396	16	6
	£1,198	12	6*

Examined by Farm Committee, January 30th, 1864.

(Signed) EDWARD SMITH BIGG, *Chairman.*
 JAMES H. SCLATER.
 JOHN MANSHIP NORMAN.
 F. HEDWORTH WILLIAMSON.

(Signed) S. A. MORTLOCK,
Clerk and Steward.

* The above valuation made by Mr. J. Agate of Slaugham.

THE
MEDICAL SUPERINTENDENT'S FIFTH
ANNUAL REPORT.

THE Medical Superintendent has the honour to submit his Fifth Annual Report to the Committee of Visitors.

Fifth Annual
Report.

On the 25th December, 1862, the numbers in the Asylum were 242 Male, 258 Female ; Total 500.

Numbers on
the 25th
December,
1862.

The Admissions during the year have been, Male, 61, Admissions. Female, 22 ; Total, 83.

The Discharges during the year have been, Male, 55, Discharges. Female, 22 ; Total, 77.

The Deaths during the same period have been, Male, 28, Deaths. Female, 15 ; Total, 43.

The mean Population, resident during the year, has been 235 Male, 256 Female ; Total, 491.

Mean Annual
Population.

The numbers in the asylum to-day (December 25th, 1863), are 220 Male, 243 Female ; Total, 463.

Numbers this
day, 25th
December, 1863.

Numerical
Results of the
Year, and also
since the Opening
of the Asylum.

These several Numerical Results are summed up in the first Table in the Appendix to this Report. A similar statement of the total numerical results since the opening of the Asylum, will be found in Table II.

Annual per
Centages.

The Numerical Results of the year 1863 yield the following per Centages :—

a. The Recoveries (including the cases discharged relieved) are 53·0 per cent. on the Admissions of the year. Excluding those cases relieved, the per centage of Recoveries stands at 39·0.

b. The mean annual Mortality is Male, 11·9, Female, 5·9 ; Total, 8·7 per cent.

Cause of
Variations in
Numerical
Results.

The per centage of the year's results has been materially modified by two unusual circumstances. In the first place, the removal in September of 36 sailors to the Naval Lunatic Hospital at Yarmouth, of whom 8 were discharged from here relieved, has increased the proportion of Discharges over the Admissions, much beyond the annual average. Again, the closing of the Female Wards during the additions now making to the building, has lessened the average number of admissions and so tended to increase the proportion of recoveries, as calculated on the admissions ; while the absence of recent acute cases has reduced the mortality on the Female Side. Another illustration, is thus afforded, of how little value for a comparative judgment such statistics are, unless the detailed history of the Asylum is at the same time considered.

Fallacy of
Statistics.

Without the explanations, here given, the per centages of the Cures and Deaths of 1863, would alike appear too favorable,

band could not justly be compared with similar results in County Asylums, free from these chance-disturbing elements of a large discharge of Patients relieved and a reduction in the admissions by the temporary closing of the Female Wards.

Great additions have (at the suggestion of the Commissioners) been made to the furnishing of the Wards, by placing in them small articles of furniture, pictures, plants, birds, &c., &c. The Medical Superintendent has observed the same rule with all the Wards, including the so-called Refractory, and the most unqualified success has followed the experiment. In no single instance has any picture, plant, or bird, been injured by the Patients. He also ventures to remind the Visitors of the improved condition of the Patients in Wards Nos. II. and VI., suffering under the chronic forms of the disease, as contrasted now with their state of violence and insubordination at the time of their transfer from the London Licensed Houses. It thus seems worthy of record here, that during the year 1863, only three panes of glass, in all, have been wilfully broken by the Patients.

State of the
Wards.

In the Report of the Commissioners in Lunacy for 1863, the following valuable remarks occur on this subject, and which, the Medical Superintendent can from his experience at the Sussex Asylum most fully confirm :—

“ Generally we have to record during the past year as to Public
 “ Asylums, an increased attention on the part of those responsible for
 “ the care of the Insane, to the necessity, not only of providing them
 “ with means for employment and recreation out of doors, but of sur-
 “ rounding them in their Wards with small comforts of domestic
 “ furniture; making their dormitories more homelike by a trifling
 “ outlay on carpeting and curtains, and putting into their Galleries and
 “ Day-rooms pictures and objects of ornament of an inexpensive kind,

Extract from last
Annual Report
of the Commis-
sioners in
Lunacy.

“ which may serve to engage their attention, occupy their thoughts,
 “ and exercise them in habits of care and self-control.

“ The reasoning that would prescribe and justify in this respect, a
 “ total absence of everything not strictly necessary, is now very little
 “ used. We have much less frequently to reply to the argument, that
 “ the poor have not carpets and curtains in their homes. It is pre-
 “ cisely because their homes too frequently are wanting in them, as
 “ well in sufficiency of food, that, hardly less than the better and more
 “ ample diet, these trifling luxuries are wanted in Asylums.

“ We think it important thus publicly to state, that this argument is
 “ directly opposed to the wide and various experience acquired by the
 “ Members of this Commission during many years incessant observation
 “ of all the Asylums in the kingdom. There are individual exceptions,
 “ no doubt; but it is not within our experience, that, as a class, any
 “ portion of the Insane are ever reduced so low as to be capable of some
 “ measure of improvement. Nor is it less certain, that improvement of
 “ any kind will never be effected in the worse Patients, by associations
 “ belonging to the habits that have degraded them. Influences directly
 “ contrasting with those habits constitute the only chance of redemption.
 “ It is upon the endeavour to open to them, in their darkened and
 “ deplorable condition, that glimmering prospect of something better,
 “ from which humanity is never entirely shut out, that the chief expect-
 “ tation must rest, of at last arousing in them anything allied to self-
 “ respect. This is the basis of all amendment, and it is for this that
 “ increasing effort should be made.”

Attendants.

The Commissioners in Lunacy in their last Annual Report refer, also, to the importance of securing the continued services of competent Attendants and Nurses, by liberal wages, suitable accommodation, and sufficient means of relaxation; and they dwell on the paramount importance of endeavouring to obtain for all Nurses and Attendants these inducements for good conduct. The Medical Superintendent desires to acknowledge the liberality which the Visitors have shown in this respect, and

which has obtained for the Sussex Asylum a staff of Attendants and Nurses equal to that of the best conducted County Asylums.

The changes during the past year have been few. In no instance has the Medical Superintendent been called upon to discharge any Attendant or Nurse for neglect of duty. A suggestion of the Commissioners to allow Board Wages during the ten days' yearly leave given to the Nurses has been granted this year by the Visitors.

The Medical Superintendent would herein refer to the able Night Duty. In manner in which the Night Duty has been performed, and which has reduced the average of wet beds to two on the Male side and five on the Female; while of dirty beds there are rarely any, and of torn bedding, none. The saving of the wear and tear of bedding, thus effected, is considerable.

The Roman Bath—noticed in the Third Annual Report as having been built here—continues a valued addition to the curative agencies of the Establishment. The Medical Superintendent records in an Appendix to this Report, a history of the remarkable cure effected by the use of the Roman Bath in the case of M. W., No. 720, admitted on the 23rd of February, 1863, with symptoms of Mania, complicated with Dropsy and Albuminuria (Bright's disease of the Kidneys) and where the treatment resulted in apparent restoration of both mental and bodily health. The Patient is now employed in the Carriage Factory of the London and Brighton Railway, earning 33s. a week.

The Medical Superintendent continues to receive the most efficient aid from the Head Attendant (Mr. Knox) in the Patients' Amusements.

arrangement of the Patients' Amusements. The celebration of the Fourth Commemoration Day (July 25) was attended by several of the Visitors, and gave general satisfaction to the Patients. The Winter Balls and Summer Pic-nics have been systematically carried on; a Monthly Concert has been added and the Asylum Band has been improved in strength and quality. In order to break the monotony of the Asylum on Sunday the Medical Superintendent continues to send out large walking parties into the country; and he has further, in the evening, sent the Band to the Female Wards to perform Sacred Music.

Classes.

The Classes systematically carried on, are—

- | | | |
|---------------|---|---|
| Twice a Week. | { | 1. Male Class for Elementary Instruction including Writing. |
| | | 2. Female Class for the same. |
| Once a Week. | | 3. Singing Class. |

The Singing Class is conducted on the Hullah system, by Mr. White, of Brighton.

The average numbers attending these Classes are given in Table VI. appended to this Report.

The Use of the Sewage.

The whole of the Sewage of the Asylum has now for two years been applied to the grass land of the Farm, on the plan recommended by Mr. Alderman Mechi. Although the unfiltered sewage flows over the grass land within 225 yards of the Asylum, and of the Medical Superintendent's lodging, not the slightest smell or inconvenience has been felt. The only precaution used has been the daily addition of a small quantity of Carbolic Acid and Quick Lime to the tanks.

The Medical Superintendent submits for the information of ^{The Maintenance Charge.} the Visitors, a comparative statement (see Table IX.) of the detail expenditure on the Maintenance Account of four County Asylums, similarly situated as regards position (vicinity to London, which so influences wages) and average population. These Asylums are—the Essex Asylum, at Brentwood; the Oxford Asylum, at Littlemore; the Three Counties' Asylum, at Harlesey, Hitchin; and the Sussex Asylum. He has also added, for comparison, a fifth to the list,—the East Riding Asylum, near York, probably the cheapest conducted Asylum in England. The Medical Superintendent desires to acknowledge his obligation to Mr. Mortlock, Clerk and Steward of the Asylum, for the care and time he has bestowed on the compilation of this table.

With reference to the comparative Maintenance Cost of the Sussex Asylum, as shewn in this Table, the Medical Superintendent desires to observe:—^{Remarks on this Table.}

1. That while the cost of Provisions, 5s. 2½d., is less than the Essex Asylum by 2d., than the Three Counties by 4½d., and only 1d. in excess of Littlemore, it is 7¼d. in excess of Worcester, and 9¼d. in excess of the East Riding. The difference is mainly in the two items of Tea, Coffee, and Cocoa, and of Beer. While the expenditure in the Essex and Sussex for Tea, Coffee, and Cocoa, is identical, and in the Three Counties is £100 higher, there is a reduction in this item of £232 in the East Riding, and of £143 at Worcester. Again, in the item of Beer, while the expenditure at the Essex and Sussex is nearly alike and is £120 higher in the Three Counties, at the East Riding there is a saving of £458 on this article of diet, making a difference on the rate of 4½d.

2. The House Expenses at the Sussex Asylum are in excess of any other Asylum in the Table. This is accounted for by the large sum of £460 spent in furnishing for the increase of Patients admitted during the year—a sum charged more justly in the Worcester and East Riding Asylums to the County Rate. This item is further raised by the cost of Fuel at Hayward's Heath, which is £1,187 as compared with £656 at Worcester, and £837 at the Three Counties. The Medical Superintendent believes that the alteration in the Steam Boiler and Heating Apparatus, now in hand, will reduce by £200 this heavy charge.

3. The Clothing at the Sussex Asylum is high, 10d.; being double that of the Essex. This high cost of Clothing in 1862 was caused by the whole expense of the outfit for the increased number of admissions being charged on the Maintenance Account of the year, to the relief, again, of the County Rate. The ordinary expenditure for Clothing ought not to exceed 6d.

4. The great difference, however, between the East Riding (the cheapest Asylum in England) and the other Asylums in this Table, lies in the profits resulting from the admirable management of their Asylum Farm. The Medical Superintendent spent a day at the East Riding Asylum in 1862, and he desires to bear his personal testimony to the fact, and to the accuracy with which the Farm Accounts are kept. The East Riding Asylum Farm, which has 133 acres under cultivation, is a model. It is rich land, valued at £3 an acre, and has not been sixteen years under cultivation by the Lunatics. The profits on that Farm reduced the Maintenance Rate by 11d. per patient, while at the Sussex the profit was only 4½d. At the Three Counties, the Farm profits on 233 acres amounted

s. $3\frac{3}{4}d.$.—an encouraging fact for the advocates of the extension of Asylum Farms.

The Medical Superintendent would in conclusion observe, that a careful study of this comparative Balance Sheet will show how just and fair the expenditure at Hayward's Heath has been, while it further leads him to anticipate a considerable reduction in the Maintenance Cost of 1864, or when the extraordinary charges for New Furniture and New Clothing (and which the Visitors have hitherto charged on the Maintenance account) have ceased to arise.

(Signed) C. L. ROBERTSON, M.D., CANTAB.,
Medical Superintendent.

HAYWARD'S HEATH,
December 25, 1863.

APPENDIX

TO THE

MEDICAL SUPERINTENDENT'S REPORT.

A CASE OF MANIA, WITH ALBUMINURIA, CURED BY THE ROMAN BATH.

BY C. L. ROBERTSON, M.D., CANTAB.; Medical Superintendent of
the Sussex Lunatic Asylum, Hayward's Heath.

(Reprinted from the "*British Medical Journal*," February 27, 1864.)

M. W. (No. 720) was admitted at Hayward's Heath on
February 23rd, 1863.

History. He was married, aged fifty; was coachmaker at the Brighton Railway works; a man of intemperate habits. He was stated to have shown symptoms of mental disease for a twelve-month, with a tendency to suicide. There was no hereditary taint.

State on admission; a. Bodily. He was very weak, The tongue was furred and tremulous; the whole frame in a state of tremor. He was restless, and did not sleep. *b. Mental.* The mind was quite confused; he was unable to understand or answer questions. There was difficulty of articulation. He was unable to tell his name; was disposed to be destructive and filthy.

February 25. Want of sleep and restlessness continued. He was very nervous and tremulous. Pulse, feeble, 90; pupil contracted. He ate slops. He was ordered to have a glass of whisky at bed-time, and to be packed in the wet sheet for two hours, with two cold pails afterwards.

March 2. He had improved rather under the treatment; pulse 72; tongue cleaner; pupils contracted. The mind was incoherent; memory deficient. He was very restless—taking down the pictures; and was disposed to be dirty in his habits.

March 18. He was not so well. Pulse 120; face pale; surface cold. Restlessness increased; he was incoherent and noisy. The packing and cold pails were omitted, and a drachm and a-half of the sedative mixture* ordered to be given at bed-time, and he was directed to continue the whisky and extra food (chops, porter, and ordinary diet), of which he ate well; and to have an occasional warm bath for half-an-hour at bed-time.

May 10. He had lost ground; the restlessness and incoherence continued. He was noisy at night; his habits were dirty; he was feebler. Edema of the legs had set in. The urine† was found laden with albumen; abundant in quantity; specific gravity, 1025; clear, no deposit. The heart was healthy; pulse 110. He was rambling in his conversation; he spoke also of his strength and ability, and that he would build me a carriage, and provide four horses for it, and drive it himself. He was very troublesome, secreting things, etc. He was ordered to have the Roman bath at 150°; to omit the sedative mixture.

* The following is the formula of the sedative mixture.—R. Tincturæ Digitalis; tincturæ Cannabis Indicæ, liquoris Opii (Taylor), Ætheris chlorici, singulorum unciam. Dose 3ss to 3j.

† Unfortunately, the urine was not microscopically examined.

He was so feeble that he could hardly stand. He had to be carried to the bath. The skin acted feebly; pulse 70, on his return.

May 21. The Roman bath was continued twice a week at 170°. The skin acted better. He was still very feeble. The oedema of the legs was less. His mind was no better; he had delusions, and was incoherent. The albumen was less in quantity.

June 17. He was in every way better. His conversation was more rational. He was gaining strength daily. He still entertained rather an exaggerated idea of his ability and strength, and had a propensity to secrete and collect trash as before. He was ordered to continue the Roman bath twice a week, and to go to the carpenter's shop. The oedema of the legs was quite gone. His appetite was hearty. Albumen was slightly present only.

October 5. A steady improvement had taken place. There had been no trace of albumen for some weeks in the urine. He was convalescent. The mind was clear and rational. He worked steadily in the carpenter's shop, and was allowed to go about the premises alone, satisfied with his position and care, and prospect of discharge.

November 30. He was discharged on trial for a month. During the month, he came to Hayward's Heath to ask for a Roman bath. I found him sound in mind and body, and working for the Brighton Railway Company, in their carriage factory, at thirty-three shillings a week.

December 30. He was discharged cured.

REMARKS.

The therapeutic uses of the Roman bath have yet to be studied. I believe them to be very great. Of its curative power in the early stages of phthisis I have had several examples, and I can confirm all that Dr. Leared reports of its action in the early stages of that disease. I long to see the Roman bath fairly tried in zymotic diseases. I believe, if used at sufficiently high temperatures (170° - 200°), the results will astonish us all. If anything ever can cure hydrophobia, it will be the Roman bath at 200° , continued for many hours.

Yet, strange to say, although three years have now elapsed since it was fairly and fully brought to the notice of the profession by Mr. Erasmus Wilson, and although the public are building baths, and using them eagerly and ignorantly, no London hospital has thought it worth while to add this potent agent to its armoury. The Newcastle Infirmary, and the Sussex and Devon Lunatic Asylums, are the only hospitals in England (so far as I know) provided with a Roman bath.

In the *Journal of Mental Science* for July 1861, I gave an account of the Roman bath at Hayward's Heath. A similar bath, capable of accommodating six bathers at a time, can be built for £150 to £200 complete. The cost of heating it is about one shilling a day. In the same Journal, for July 1862, I published some cases of melancholia (with refusal of food) successfully treated by the Roman bath, and I have since then regularly used the bath in my practice at Hayward's Heath.

In the case above recorded, I have little doubt that the Roman bath saved the patient's life, and restored him to reason. He

steadily lost ground until he began its use; the delusions increased; the bodily health gave way; œdema of the limbs set in, and he was so weak that he had to be carried to the bath, and could hardly stand when he came up from it. In six weeks he was at work at his trade; and in six months he was discharged from the Asylum sound in mind and body, and able to earn a comfortable living. This cure was the only possible result which I did not foresee. I thought first that the case was tending to permanent dementia; then it looked as if general paresis of the insane would be the end; then it seemed as if he were to die from dropsy and albuminuria. I cannot but think that the Roman bath was the agent which rescued him from all these perils, and restored him to health of mind and body. The danger which awaits him is a recurrence of the disease should he revert to his intemperate habits.

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 increased; the bodily health gave way; colour of the limbs set
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TABLE I.

Shewing the Admissions, Re-Admissions, Discharges, and Deaths, from Dec. 25, 1862 to Dec. 25, 1863.

				Male.	Female.	Total.
In the Asylum, December 25th, 1862.				242	258	500
	M.	F.	T.			
Admitted for the first time during the year.	59	22	81			
Re - Admitted during the year	2	0	2			
Total admitted				61	22	83
Total under care during the year....				303	280	583
Discharged or Removed:—						
	M.	F.	T.			
Recovered	13	19	32			
Relieved	9	2	11			
Not Improved ..	33	1	34			
Died	28	15	43			
Total Discharged and Died during the year				83	37	120
Remaining in the Asylum, December 25th, 1863				220	243	463
Average numbers resident during the year				234.9	256.29	491.19

TABLE II.

Shewing the Admissions, Re-Admissions, Discharges, and Deaths, for the Period from the Opening of the Asylum, 25th July, 1859, to the 25th December, 1863.

	Male.	Female.	Total.
Patients Admitted during the period	440	413	853
Re-Admissions	5	12	17
Total Cases Admitted	445	425	870
	M.	F.	T.
Recovered	48	79	127
Relieved	16	12	28
Not Improved ..	55	24	79
Died	106	67	173
Total Discharged and Died during the period	225	182	407
Remaining, December 25th, 1863 ..	220	243	463
Average number resident during the period	185·49	210·84	396·33

T A B L E URING

No. in register.	Bodily omplications or Disorders.	REMARKS.
616		
698		Lunatic
635		sly out on two month's trial, with an allowance of 10s. per week
685		Lunatic. No information
662	ced health	sly out on a month's trial, with an allowance of 10s. per week
21	n his habits	tient. Removed to another Asylum
3		tient. Removed to another Asylum
32	n his habits	tient. Removed to another Asylum. Has since
697		readmitted as a Pauper
650	s	he Kent County Asylum

MEMORIAL HISTORY OF THE CITY OF ALBANY

Date of Birth	Place of Birth	Age at Death	Sex	Cause of Death	Date of Death	Place of Death	Burial Place	Remarks
April 22nd, 1841	Albany, N.Y.	37	M	Consumption	April 22nd, 1878	Albany, N.Y.	Albany Cemetery	
Nov. 27th, 1841	Albany, N.Y.	36	M	Consumption	Nov. 27th, 1877	Albany, N.Y.	Albany Cemetery	
June 1st, 1841	Albany, N.Y.	35	M	Consumption	June 1st, 1876	Albany, N.Y.	Albany Cemetery	
Oct. 1st, 1841	Albany, N.Y.	34	M	Consumption	Oct. 1st, 1875	Albany, N.Y.	Albany Cemetery	
May 1st, 1841	Albany, N.Y.	33	M	Consumption	May 1st, 1874	Albany, N.Y.	Albany Cemetery	
March 1st, 1841	Albany, N.Y.	32	M	Consumption	March 1st, 1873	Albany, N.Y.	Albany Cemetery	
Jan. 1st, 1841	Albany, N.Y.	31	M	Consumption	Jan. 1st, 1872	Albany, N.Y.	Albany Cemetery	
Dec. 1st, 1841	Albany, N.Y.	30	M	Consumption	Dec. 1st, 1871	Albany, N.Y.	Albany Cemetery	
Nov. 1st, 1841	Albany, N.Y.	29	M	Consumption	Nov. 1st, 1870	Albany, N.Y.	Albany Cemetery	
Oct. 1st, 1841	Albany, N.Y.	28	M	Consumption	Oct. 1st, 1869	Albany, N.Y.	Albany Cemetery	
Sept. 1st, 1841	Albany, N.Y.	27	M	Consumption	Sept. 1st, 1868	Albany, N.Y.	Albany Cemetery	
Aug. 1st, 1841	Albany, N.Y.	26	M	Consumption	Aug. 1st, 1867	Albany, N.Y.	Albany Cemetery	
July 1st, 1841	Albany, N.Y.	25	M	Consumption	July 1st, 1866	Albany, N.Y.	Albany Cemetery	
June 1st, 1841	Albany, N.Y.	24	M	Consumption	June 1st, 1865	Albany, N.Y.	Albany Cemetery	
May 1st, 1841	Albany, N.Y.	23	M	Consumption	May 1st, 1864	Albany, N.Y.	Albany Cemetery	
April 1st, 1841	Albany, N.Y.	22	M	Consumption	April 1st, 1863	Albany, N.Y.	Albany Cemetery	
March 1st, 1841	Albany, N.Y.	21	M	Consumption	March 1st, 1862	Albany, N.Y.	Albany Cemetery	
Feb. 1st, 1841	Albany, N.Y.	20	M	Consumption	Feb. 1st, 1861	Albany, N.Y.	Albany Cemetery	
Jan. 1st, 1841	Albany, N.Y.	19	M	Consumption	Jan. 1st, 1860	Albany, N.Y.	Albany Cemetery	
Dec. 1st, 1841	Albany, N.Y.	18	M	Consumption	Dec. 1st, 1859	Albany, N.Y.	Albany Cemetery	
Nov. 1st, 1841	Albany, N.Y.	17	M	Consumption	Nov. 1st, 1858	Albany, N.Y.	Albany Cemetery	
Oct. 1st, 1841	Albany, N.Y.	16	M	Consumption	Oct. 1st, 1857	Albany, N.Y.	Albany Cemetery	
Sept. 1st, 1841	Albany, N.Y.	15	M	Consumption	Sept. 1st, 1856	Albany, N.Y.	Albany Cemetery	
Aug. 1st, 1841	Albany, N.Y.	14	M	Consumption	Aug. 1st, 1855	Albany, N.Y.	Albany Cemetery	
July 1st, 1841	Albany, N.Y.	13	M	Consumption	July 1st, 1854	Albany, N.Y.	Albany Cemetery	
June 1st, 1841	Albany, N.Y.	12	M	Consumption	June 1st, 1853	Albany, N.Y.	Albany Cemetery	
May 1st, 1841	Albany, N.Y.	11	M	Consumption	May 1st, 1852	Albany, N.Y.	Albany Cemetery	
April 1st, 1841	Albany, N.Y.	10	M	Consumption	April 1st, 1851	Albany, N.Y.	Albany Cemetery	
March 1st, 1841	Albany, N.Y.	9	M	Consumption	March 1st, 1850	Albany, N.Y.	Albany Cemetery	
Feb. 1st, 1841	Albany, N.Y.	8	M	Consumption	Feb. 1st, 1849	Albany, N.Y.	Albany Cemetery	
Jan. 1st, 1841	Albany, N.Y.	7	M	Consumption	Jan. 1st, 1848	Albany, N.Y.	Albany Cemetery	
Dec. 1st, 1841	Albany, N.Y.	6	M	Consumption	Dec. 1st, 1847	Albany, N.Y.	Albany Cemetery	
Nov. 1st, 1841	Albany, N.Y.	5	M	Consumption	Nov. 1st, 1846	Albany, N.Y.	Albany Cemetery	
Oct. 1st, 1841	Albany, N.Y.	4	M	Consumption	Oct. 1st, 1845	Albany, N.Y.	Albany Cemetery	
Sept. 1st, 1841	Albany, N.Y.	3	M	Consumption	Sept. 1st, 1844	Albany, N.Y.	Albany Cemetery	
Aug. 1st, 1841	Albany, N.Y.	2	M	Consumption	Aug. 1st, 1843	Albany, N.Y.	Albany Cemetery	
July 1st, 1841	Albany, N.Y.	1	M	Consumption	July 1st, 1842	Albany, N.Y.	Albany Cemetery	

TABLE IV.

ENDING CHI

	CIVIL STATUS		REMARKS.
	As to Marriage.	As to Religious Persuasion.	
slough-	Married	Church of	from another Asylum. Opium-eating cured here the Roman Bath
	Married	Church of	Lunatic. Dying on admission
	Married	Church of	
	Married	Church of	from another Asylum
	Single	Church of	
	Widower	Church of	
	Single	Church of	from another Asylum
	Married	Church of	Uncles, and two Aunts, died Insane
	Single	Church of	from another Asylum

BY THE YEARLY

Date of Admission.	Date of Death.	Age at Death.		Duration of Illness.	Number of Attacks.	Duration of Admission.
		Male.	Female.			
Aug. 11th, 1880	Jan. 6th, 1883	42		30	First	3 Years
Aug. 3rd, 1881	Jan. 17th, 1883	43		40	First	3 Weeks
Jan. 15th, 1882	Jan. 20th, 1883					
Oct. 6th, 1881	Feb. 6th, 1883	39		30	First	14 Days
April 18th, 1881	Feb. 7th, 1883	51		50	First	6 Months
April 28th, 1882	Feb. 11th, 1883	69		60	First	3 Months
July 23rd, 1880	Feb. 14th, 1883	64		55	First	12 Years
Feb. 2nd, 1883	Feb. 23rd, 1883	62		63	First	10 Days
July 23rd, 1880	March 1st, 1883	38		19	First	14 Years
Dec. 11th, 1880	March 7th, 1883	40		44	First	14 Days
July 23rd, 1880	March 8th, 1883	38		33	First	6 Years
Dec. 3rd, 1882	March 20th, 1883	57		38	First	10 Days
Oct. 2nd, 1881	March 23rd, 1883	59		61	First	1 Month
Oct. 18th, 1880	April 2nd, 1883	68		30	First	13 Years
Oct. 17th, 1880	April 2nd, 1883	68		63	First	2 Months
Feb. 2nd, 1882	April 2nd, 1883	63		62	First	1 Week
Sept. 20th, 1882	April 10th, 1883	66		64	First	6 Years
Oct. 3rd, 1882	April 10th, 1883	60		50	First	2 Months
June 18th, 1880	May 7th, 1883	66		65	First	4 Days
March 30th, 1883	May 9th, 1883	61		61	First	1 Month
March 18th, 1883	May 12th, 1883	44		46	First	7 Days
Jan. 6th, 1883	May 15th, 1883	60		62	First	Many Years
Dec. 3rd, 1880	May 18th, 1883	68		63	First	3 Years
Aug. 18th, 1880	May 30th, 1883	49		63	First	Not known
Aug. 18th, 1881	June 6th, 1883	47		44	First	3 Years
April 26th, 1882	July 3rd, 1883	20		28	First	3 Weeks

*Shewing the Admissions, Discharges, Deaths, and Mean Population resident in the
several Months of the year 1863.*

MONTHS.	Admissions.		Discharges.		Deaths.		Mean Population Resident.	
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.
January	5	3	3	..	2	1	243	257
February	9	..	4	..	4	1	244	258
March	5	5	3	2	3	2	244	258
April	2	4	..	2	4	1	242	257
May	2	5	..	2	3	3	241	260
June	9	4	1	2	1	..	243	262
July	8	..	3	3	5	1	249	260
August	1	..	2	1	247	258
September	3	..	37	2	..	1	213	255
October	2	..	1	5	1	..	213	251
November	7	1	3	3	214	248
December	6	..	4	2	2	2	218	245

TABLE VI.

Summary of the Admissions, Discharges, Deaths, and Terms of Residence of all the Patients, from the opening of the Asylum July 25th, 1859, to December 31st, 1863 (4½ Years).

ADMISSIONS.	Previously to January 1, 1863.				To December 31, 1863.				REMARKS.
	Recovered and Relieved	Not Improved.	Dead.	Remaining.	Recovered and Relieved.	Not Improved.	Dead.	Remaining.	
Of the Year 1859	307	22	63	216	1	1	11	203	
" 1860	184	51	24	87	3	2	7	75	
" 1861	169	26	31	96	9	29	6	52	
" 1862	129	14	12	102	24	1	8	69	
" 1863	81	8	1	11	61	
TOTAL	870	113	130	501	45	34	43	460	

TABLE VII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book which is made up from the Ward Returns.)

OCCUPATION OR TRADE.		Daily Average No. of Patients.	REMARKS.
Male Patients.			
Working Party.	With the Gardener and out-door Attendant	45	See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII. See Table VIII.
	With the Farm Attendant	9	
	With the Cowman	2	
With the	Carpenter	3	
"	Bricklayer	1	
"	Basketmaker	2	
"	Tailor	13	
"	Shoemaker	13	
"	Matmaker	9	
"	Painter	3	
"	Engineer	2	
"	Baker	2	
"	House Attendant	6	
In Brewhouse and Steward's Stores		2	
In the Wards		39	
In Reading and Writing, &c.		49	
Female Patients.			
In Laundry and Wash-house		45	
In Kitchen		9	
Needlework in Wards		86	
Household Work, &c.		41	
Daily average number employed		382	

ATTENDANCE AT—		DAILY AVERAGE.			REMARKS.
		M.	F.	TOTAL.	
"	Sunday Chapel	174	183	357	} The results of careful night nursing. Little used.
"	Week-day "	104	114	218	
"	School (Twice a week)	24	20	44	
"	Weekly Ball or Picnic	74	65	139	
"	Monthly Concert	74	69	143	
"	Cricket (4 days a Week)	40	..	40	
"	Talks about Grounds	125	135	266	
"	" beyond "	70	80	150	
NIGHT REPORT.					
Number of Wet Cases		2	5	7	} The results of careful night nursing. Little used.
"	" Dirty "	1	1	2	
"	" Noisy (at Night) ..	1	4	5	
Number of Hours Seclusions..		2 hours	1 hour	3 hours	
Average number Resident } (mean Annual Population) }		234.9	256.29	491.19	

TABLE VIII.
TAILOR'S SHOP. *Account of Patients' Work and Earnings for the Year 1863.*

CLOTHING MADE UP.		Number of Articles.	Price of making each Article.	Value of Work.		REMARKS.
				£	s. d.	
Patients' Jackets (Cloth)		275	s. 2	37	16 3	
" Trousers (Cord unlined)		281	d. 9	24	11 9	
" Waistcoats (Cloth)		259	s. 1	16	3 3	
" Ticken Dresses	d. 6	
" Caps		197	s. 2	4	2 1	
Mattress Cases	d. 5	
		doz.	s. 0	
Pillow "		10½	doz. 8	0	6 11	
Chair Cushion Cases		39	each. 2	0	6 6	
" " (Leather)		48	s. 0	1	16 0	
REPAIRS—						
Patients' Jackets		580	s. 0	19	6 8	
" Trousers		1249	d. 8	41	12 8	
" Waistcoats		376	s. 0	6	5 4	
" Ticken Dresses		3	d. 6	0	1 6	
Deduct Master Tailor's Wages						
				152	8 11	
				59	6 0	
Total Estimated Profit				£93	2 11	

SHOEMAKER'S SHOP. *Account of Patients' Work and Earnings for the Year 1863.*

ARTICLES MADE UP.	Number of Articles.	Price of work per Article.	Value of Work.	REMARKS.
Men's Leather Boots (Nailed)	52	s. 4 0 d. 0	£ 10 8 0	
" " Shoes.....	91	3 0	13 13 0	
" " Slippers.....	2	1 0	0 2 0	
Women's Leather Boots.....	50	2 0	5 0 0	
" " Shoes	2	1 9	0 3 6	
" " Slippers	1	1 0	0 1 0	
Cloth and Canvas Boots	76½	1 6	5 14 9	
REPAIRS—				
Boots and Shoes repaired	648½	0 8	21 12 4	
" " soled and welted.....	798½	1 6	59 17 9	
Deduct Master Shoemaker's Wages				
			116 12 4	
			59 6 0	
			£57 6 4	
Total Estimated Profits.....				

TABLE VIII.b.

MATMAKER'S SHOP, *Account of Work for the Year 186*

Matting (wove, 1 yard wide)	389 Yards.
Do. 18 ins. „	231 „
Diamond Door Mats, No. 1 size	34 No.
Do. do. „ 2 „	49 „
Do. do. „ 3 „	88 „
Do. do. „ 4 „	42 „
Do. do. „ 5 „	13 „
Do. do. „ 6 „	32 „
Do. do. „ 7 „	12 „
Do. do. Out sizes	7 „
Mattresses (Made)	230 „
Pillows (Made)	554 „
Couch Mattress and Bolster (complete)	1 „
Cushions for Chairs and Settees	48 „
Clogs Repaired (for Bath Rooms)	7 „
Canvas Sewn	50 Yard
Matting Sewn and Bound	24 „

Manufactured Goods sold.....£31 9s. 10d.

TABLE VIII. c.

BASKET-MAKER'S SHOP. *Account of Work for the Year 1863.*

	Made.	Repaired.
Square Baskets	24	4
Bushel "	11	58
do. "	3	"
Clothes "	51	35
Work "	6	"
Butter "	4	"
Flower "	16	"
Fruit "	12	"
Bottle "	4	1
Bread "	7	"
Egg "	2	"
Garden "	3	"
Bonnet "	1	"
Brick "	"	2
Sponge "	7	"
Hampers	9	"
Berceau-nettes	5	"
Vicker Chairs	4	2
Child's "	2	"
Cradles "	3	"
Flower Stand	"	1
Doll's Cradle	1	"
Dog Kennels	3	"
Leg Rester	1	"
Bird Cages	4	"
Fire Screens	1	"
Vicker Flats	3	"
Wisp	1	"

Manufactured Goods sold, £12, 12s. 3d.

TABLE VIII.*d.*
FEMALE PATIENTS' WORK.

Manufactured and Repaired during the Year 1863.

Name of Articles.	Made.	Repaired
Sheets	115	1266
Pillow Cases	193	2725
Shirts	337	4804
Boys Calico Shirts	284
Men's Stockings	17	5125
Women's do.	3	8172
Blankets	512
Counterpanes	1263
Flannel Jackets	7	697
Do. Drawers	59	643
Shifts	583	5097
Do. Flannel.....	65	1294
Gowns	241	4046
Bed-gowns	52	2613
Flannel Petticoats	99	2009
Upper do.	166	1825
Aprons and Pinafores	477	4050
Neckerchiefs.....	745	1600
Pocket Handkerchiefs.....	487	610
Men's Day Caps	42	14
Women's do.	125	2251
Do. Nightcaps.....	4	1308
Towels	434	1035
Stays.....	142	1265
Attendants' Uniform Dresses	45	11
Do. Caps	34
Do. Collars and Cuffs.....	257	13
Do. Aprons	33
Hoods	97	5
Bonnets	48
Men's Working Frocks	187	58
Women's Capes	2
Table Cloths.....	16	86
Men's Tick Frocks	4	4
Boot Uppers, bound	83
Window Blinds	142	3
Boy's Trousers	6
Dusters.....	381	6
Strong Rugs.....	5
Sundries	123	19
Boot Uppers.....	27
Boys' Collars	568

URE

For ed County Asylums.

ENDITURE.

HEADS OF INCOME	ESSEX	NORTH AND EAST	LITTLE	WARRICK
Refunded to Maintenance Account on Account of Repairs to Building, &c.	5 0 2 6 0 0 5 0 9 3	37 14 11 85 8 4 10 2 8 37 6 6 26 12 1 75 0 7 5 2 0 46 19 10 183 3 1 49 7 1
From County Treasurers for Repairs	811 0	837 18 8
Alterations and Improvements	356 11	8 1 9 10 0 0 9 10	622 18 8 398 8 7 64 7 0	228 15 9 837 18 8 937 4 9 354 8 8
Cottage Rents	2 0
Rent Charges	9 9	1085 14 3	228 15 9 837 18 8 1291 13 5
Total from County Rate, &c.	1167 12	5 0	11730 1 11	13565 8 0 10811 3 5 14526 13 5
Total	£15365 16	8 3	2276 5 10	2213 7 0 1637 10 0 3784 11 3
		8 3	14006 7 9	15778 15 0 12448 13 5 18311 4 8

SUSSEX.

s.	d.
5	2½
2	6¾
0	10
2	1½
0	2¾
0	1

10	6½
0	4½

10	2
----	---

TABLE VIII. e.

Shewing the Laundry Work for the Year 1863.

NAME OF ARTICLES.	Number of Articles.	
	Males.	Females.
Sheets	17545	25593
Pillow Cases	13722	14445
Do. Desk	321
Bolster Cases	6	47
Blankets	775	354
Counterpanes	719	1507
Shirts	23891
Shifts	27522
Flannel do.	1636
Gowns (Print, Winsey, and Strong)	7250
Stockings (Woollen and Cotton)	12523	21096
Flannel Jackets	1149
Drawers (Cotton and Flannel)	861	125
Day Caps	1039	6072
Nightcaps	3499
Bedgowns	8906
Under Petticoats	3152
Upper do.	2415
Aprons (Check and Coarse)	926	21435
Neckerchiefs	10133	5491
Pocket Handkerchiefs	3471	2898
Jackets	1151
Waistcoats	946
Trousers	3774
Towels	4939
Do. Bath	8	4682
Do. Round	6763	4843
Water Sheets	817	1220
Strong Rugs	118	143
Shawls	288
Stays	928
Picken Frocks	335
Table Cloths	1618	1740
Tea Cloths	993	1937
Hoods	273
Toilet Covers	5	212
Sundries	406	2925
Mattress Cases	24	69
Men's Round Garden Frocks	1940
Officers	10178	
Servants and Attendants	32852	

TABLE X.
BALANCE STATEMENT for the Year ending December 31st, 1863.

ASSETS.		1863.			DEBITS.		1863.		
		£	s.	d.			£	s.	d.
Dec. 31.	To Amounts due for the Maintenance of Patients from Unions contributing	2,999	19	10	Dec. 31.	By Amount due to sundry Tradesmen, on account of Maintenance of Patients	1,681	8	1
"	" Amounts from do. not contributing	388	3	5	"	" Ditto on Cheques not paid in ..	24	18	5
"	" Ditto from County Treasurer ..	65	14	2	"	" Amount due to Salaries	202	10	0
"	" Ditto from Friends of Private Patients	40	1	7	"	" Ditto due to sundry Tradesmen, on account of Repairs, &c. ..	77	15	2
"	" Ditto from County Treasurer for ordinary Repairs & Improvements	260	13	9	"	" Ditto on Cheques not paid in ..	50	6	6
"	" Ditto for Sale of Stores, &c.	114	2	8	"	" Ditto due to sundry Tradesmen, on Capital account	78	13	9
"	" Ditto from Capital account	82	11	3			2115	11	11
"	" Balance of Cash in Banker's hands ..	3,486	11	8			5,424	5	10
"	" Cash in Steward's hands	101	19	5		Surplus	£7,539	17	9
		£7,539 17 9							

Examined by the Finance Committee, January 30th, 1864.
(Signed) EDWARD SMITH BIGG, Chairman.
JOHN MANSHIP NORMAN.

(Signed) S. A. MORTLOCK,
Clerk and Steward of the Asylum.

Contract Prices of the Principal Articles of Consumption for the Year 1863.

ARTICLES.	QUARTER ENDING											
	March.			June.			September.			December.		
Ox Beef	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Wether Mutton	0	8	0	0	8	8	0	8	8	0	7	7
Legs and Shins	0	8	0	0	8	8	0	8	8	0	7	7
Flour, Households	0	3	6	0	3	6	0	3	6	0	3	6
Seconds	1	16	3	1	16	0	1	15	0	1	11	6
Meal	1	14	6	1	13	0	1	12	3	1	8	6
Malt	1	10	0	1	8	0	1	8	0	1	6	0
Hops	3	12	0	3	8	0	3	8	0	3	8	0
Cheese	7	15	0	5	15	0	5	15	0	5	12	0
Butter	2	18	0	3	2	0	3	2	0	3	0	0
Bacon	4	14	0	4	8	0	4	8	0	4	12	0
Sugar, Raw	3	4	0	3	10	0	3	10	0	3	6	0
Refined	2	0	0	1	19	0	1	19	0	1	17	0
Treacle	2	14	0	2	2	0	2	2	0	1	19	0
Soap, Yellow	0	19	6	1	2	0	1	2	0	1	0	0
Soft	1	14	0	1	14	0	1	14	0	1	14	0
Coals, Wallsend	0	16	6	0	19	6	0	19	6	0	19	6
Nixon's	1	3	6	1	3	6	1	3	0	1	3	0
Coke	1	4	6	1	4	6	1	4	0	1	4	0
Chaldron	0	16	0	0	16	0	0	14	0	0	14	0

TABLE XIII.

Account of Provisions consumed in the Year 1863.

Number of Officers and Servants	52
Ditto Male Patients	220
Ditto Female Patients	243
Total Number	515

Meat—Bacon	1,311 $\frac{3}{4}$ Pounds.
„ Beef and Mutton	63,234 „
„ Pork	10,184 $\frac{1}{4}$ „
Beer, Porter, and Ale	25,782 Gallons.
Bread	200,326 Pounds.
Butter	7,412 $\frac{1}{8}$ „
Cheese	8,359 „
Cocoa	5,751 $\frac{1}{2}$ „
Coffee	2,130 $\frac{1}{16}$ „
Eggs	7,229 Number.
Flour	169,505 Pounds.
Potatoes	1,136 $\frac{3}{4}$ Bushels.
Chicory	210 $\frac{1}{16}$ Pounds.
Sugar	6,298 $\frac{1}{16}$ „
Tea	1,262 $\frac{1}{16}$ „
Treacle	13,826 „
Milk	12,976 $\frac{3}{4}$ Gallons.
Wine	243 $\frac{6}{12}$ Bottles.
Whiskey	84 $\frac{9}{12}$ „
Gin	557 $\frac{2}{12}$ „
Brandy	413 $\frac{2}{12}$ „
Rum	8 $\frac{6}{12}$ „

Report of the Board of Directors

STATE OF NEW YORK

No.	Name of Corporation	Amount of Capital Stock
1	Albany City Water Works	\$1,000,000
2	Albany City Gas Works	\$500,000
3	Albany City Electric Light & Power	\$2,000,000
4	Albany City Sewerage & Waterworks	\$1,500,000
5	Albany City Street Railway	\$1,000,000
6	Albany City Traction	\$500,000
7	Albany City Telephone	\$250,000
8	Albany City Gas & Electric	\$1,000,000
9	Albany City Water & Sewerage	\$1,000,000
10	Albany City Electric	\$1,000,000
11	Albany City Gas	\$500,000
12	Albany City Water	\$1,000,000
13	Albany City Sewerage	\$1,000,000
14	Albany City Street Railway	\$1,000,000
15	Albany City Traction	\$500,000
16	Albany City Telephone	\$250,000
17	Albany City Gas & Electric	\$1,000,000
18	Albany City Water & Sewerage	\$1,000,000
19	Albany City Electric	\$1,000,000
20	Albany City Gas	\$500,000
21	Albany City Water	\$1,000,000
22	Albany City Sewerage	\$1,000,000
23	Albany City Street Railway	\$1,000,000
24	Albany City Traction	\$500,000
25	Albany City Telephone	\$250,000
26	Albany City Gas & Electric	\$1,000,000
27	Albany City Water & Sewerage	\$1,000,000
28	Albany City Electric	\$1,000,000
29	Albany City Gas	\$500,000
30	Albany City Water	\$1,000,000
31	Albany City Sewerage	\$1,000,000
32	Albany City Street Railway	\$1,000,000
33	Albany City Traction	\$500,000
34	Albany City Telephone	\$250,000
35	Albany City Gas & Electric	\$1,000,000
36	Albany City Water & Sewerage	\$1,000,000
37	Albany City Electric	\$1,000,000
38	Albany City Gas	\$500,000
39	Albany City Water	\$1,000,000
40	Albany City Sewerage	\$1,000,000
41	Albany City Street Railway	\$1,000,000
42	Albany City Traction	\$500,000
43	Albany City Telephone	\$250,000
44	Albany City Gas & Electric	\$1,000,000
45	Albany City Water & Sewerage	\$1,000,000
46	Albany City Electric	\$1,000,000
47	Albany City Gas	\$500,000
48	Albany City Water	\$1,000,000
49	Albany City Sewerage	\$1,000,000
50	Albany City Street Railway	\$1,000,000
51	Albany City Traction	\$500,000
52	Albany City Telephone	\$250,000
53	Albany City Gas & Electric	\$1,000,000
54	Albany City Water & Sewerage	\$1,000,000
55	Albany City Electric	\$1,000,000
56	Albany City Gas	\$500,000
57	Albany City Water	\$1,000,000
58	Albany City Sewerage	\$1,000,000
59	Albany City Street Railway	\$1,000,000
60	Albany City Traction	\$500,000
61	Albany City Telephone	\$250,000
62	Albany City Gas & Electric	\$1,000,000
63	Albany City Water & Sewerage	\$1,000,000
64	Albany City Electric	\$1,000,000
65	Albany City Gas	\$500,000
66	Albany City Water	\$1,000,000
67	Albany City Sewerage	\$1,000,000
68	Albany City Street Railway	\$1,000,000
69	Albany City Traction	\$500,000
70	Albany City Telephone	\$250,000
71	Albany City Gas & Electric	\$1,000,000
72	Albany City Water & Sewerage	\$1,000,000
73	Albany City Electric	\$1,000,000
74	Albany City Gas	\$500,000
75	Albany City Water	\$1,000,000
76	Albany City Sewerage	\$1,000,000
77	Albany City Street Railway	\$1,000,000
78	Albany City Traction	\$500,000
79	Albany City Telephone	\$250,000
80	Albany City Gas & Electric	\$1,000,000
81	Albany City Water & Sewerage	\$1,000,000
82	Albany City Electric	\$1,000,000
83	Albany City Gas	\$500,000
84	Albany City Water	\$1,000,000
85	Albany City Sewerage	\$1,000,000
86	Albany City Street Railway	\$1,000,000
87	Albany City Traction	\$500,000
88	Albany City Telephone	\$250,000
89	Albany City Gas & Electric	\$1,000,000
90	Albany City Water & Sewerage	\$1,000,000
91	Albany City Electric	\$1,000,000
92	Albany City Gas	\$500,000
93	Albany City Water	\$1,000,000
94	Albany City Sewerage	\$1,000,000
95	Albany City Street Railway	\$1,000,000
96	Albany City Traction	\$500,000
97	Albany City Telephone	\$250,000
98	Albany City Gas & Electric	\$1,000,000
99	Albany City Water & Sewerage	\$1,000,000
100	Albany City Electric	\$1,000,000

T A

A Return of the Value of Clothing

M A T E R I A L.

					£	s.
247	Yards Linen Check	at	-/10	per Yard	10	5
106½	„ Corduroy	„	2/9½	„	14	17
100	„ Flannel	„	1/¾	„	5	2
74	„ Drill	„	-/7½	„	2	6
62½	„ Blue Army Cloth	„	5/10½	„	18	7
212½	„ Brown Linen Check	„	1/4	„	14	3
293½	„ Winsey	„	-/9¾	„	11	18
408	„ Coburg	„	1/-	„	20	8
1458½	„ Calico	„	-/9¾	„	56	4
373½	„ Striped Calico	„	-/10½	„	15	9
218	„ Sheeting	„	1/8	„	18	3
127	„ Linsey	„	3/7	„	22	15
135	„ Shrouding Calico	„	-/5¾	„	3	4
127	„ 38-Inch Tick	„	1/3¾	„	8	6
120½	„ 36 „ Forfar	„	-/7½	„	3	15
82	„ 36 „ Linen Drill	„	1/3¾	„	5	7
30¾	„ Print for Servants' Dresses	„	-/10	„	1	5
52½	„ „ „ Patients' „	„	-/7½	„	1	11
48½	„ Striped Serge	„	1/5	„	3	8
271	„ Brown Lining	„	-/5¾	„	6	9
24	„ Check Muslin	„	-/9½	„	0	19
132½	„ Gambroon	„	-/11½	„	6	4
116	„ Slate Lining	„	-/7½	„	3	12
28	„ 36-inch Canvas	„	1/4	„	1	17
35½	„ 30-inch „	„	1/2½	„	2	2
96	Number Neckkerchiefs (Men's, whole)	„	-/5½	each.	2	4
72	„ „ (Women's, whole)	„	-/5	„	1	10

Bedding in Store, December 31st., 1863.

MANUFACTURED ARTICLES.

				£	s.	d.
51	Counterpanes	at 7/10	each...	19	19	6
285	Blankets	" 8/-	"	114	0	0
181	Sheets (Linen)	" 5/-	"	45	5	0
353	Pillow Cases (do.)	" 1/1	"	19	2	5
140	Round Towels	" 1/1	"	7	11	8
24	Bath do.	" -/11	"	1	2	0
18	Macintosh Sheets (Men's)	" 8/4	"	7	10	0
02	Jackets	" 10/6	"	53	11	0
18	Waistcoats	" 3/4	"	19	13	4
01	Trowsers	" 6/-	"	60	6	0
25	Flannel Jackets	" 2/2	"	2	14	2
63	" Drawers	" 3/2	"	9	19	6
42	Cotton do.	" 1/8	"	20	3	4
28	Shirts	" 3/7	"	5	0	4
45	Pairs Stockings (Men's)	" -/9½	per pair..	5	14	9½
34	" Leather Boots .. (")	" 7/-	" ..	11	18	0
36	" " Shoes .. (")	" 5/6	" ..	9	18	0
15	" " Slippers (")	" 1/9	" ..	1	6	3
8	" Cloth Boots (")	" 4/6	" ..	1	16	0
29	Caps	" -/6	each ...	0	14	6
65	Pocket Handkerchiefs (")	" -/4	"	2	11	8
67	Neck do. (Men's half)	" -/2¼	"	3	1	2
43	Working Frocks	" 2/1	"	4	9	7
8	Macintosh Sheets (Women's)	" 3/4	"	1	6	8
5	Gowns, Print	" 5/7	"	12	11	3
5	Upper Petticoats	" 5/5	"	47	7	11
5	Under do.	" 3/7	"	17	0	5
8	Shifts	" 2/5	"	50	8	2
9	Pairs Stockings (Women's)	" -/11½	per pair	14	6	6½
7	" Leather Boots { " }	" 5/-	" ..	6	15	0
1	" " Shoes { " }	" 3/6	" ..	1	18	6
3	" Cloth Boots { " }	" 4/-	" ..	0	12	0
47	Aprons	" -/10	each....	15	5	10
4	Women's Shawls (Large)	" 4/11	"	5	18	0
6	Bedgowns	" 2/10	"	26	7	0
2	Pairs Stays	" 1/4	per pair..	3	9	4
6	Bonnets	" 1/1	each ...	3	8	3
0	Day Caps	" -/2½	"	3	6	5½
4	Night do.	" -/2¼	"	1	3	3
9	Check Pinafores	" 1/3	"	8	16	3
0	Coarse Aprons	" 1/-	"	0	14	0
4	Pocket Handkerchiefs (Women's half)	" -/2¼	"	2	19	2
7	Neck do. (")	" -/2¼	"	4	9	7½
0	Hoods	" -/9	"	3	14	3
				£	659	5 1

TABLE XIV.

*Return of Bedding and Clothing issued from the Stores,
for the Year ending December 31st, 1863.*

Articles.	Males.	Females.
Blankets.....	55	26
Boys	13	3
Boys	33	28
Boys Cases	48	32
Buttons (round)	54	55
„ (hand)	—	86
Calico Sheets	55	32
Calico Cloths	47	85
Calico	—	309
Calico	204	—
Calico	235	—
Calico	169	—
Calico Petticoats	—	116
Calico ditto	—	94
Calico Jackets	35	—
Calico Drawers	27	—
Calico	—	515
Calico	575	—
Calico, Pairs	260	398
Calico Boots	70	115
Calico Shoes	130	4
Calico Slippers	25	4
Calico Boots	13	55
Calico	—	335
Calico	—	50
Calico	—	9
Calico Gowns	—	68
Calico Caps	262	—
Calico	—	119
Calico	—	117
Calico Caps	—	99
Calico „	—	134
Calico, Pocket	574	351
„ „ Neck	436	213
Calico Frocks	—	—
„ Drawers	—	—
Calico Frocks	179	—

TABLE XVI. THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£550	{	Furnished Apartments, Coal
			Gas, Vegetables, and Washing
Chaplain	200		
Clerk to Visitors.....	60		
Assistant Medical Officer	100	{	Furnished Apartments, Board
			Lodging, and Attendance.
Clerk and Steward.....	100		ditto.
Housekeeper	50		ditto.
Head Attendant (Male Department)	50		ditto.
Ditto (Female ditto)	40		ditto.

ATTENDANTS AND SERVANTS.

Superintendent's Clerk	£31	0	0	Board, Lodging, and Washing
3 Male Attendants	33	0	0	ditto.
4 Ditto	31	0	0	ditto.
2 Ditto	30	0	0	ditto.
3 Ditto	25	0	0	ditto.
3 Ditto	24	0	0	ditto.
1 Ditto	18	0	0	ditto.
1 Ditto	16	0	0	ditto.
House Porter	31	0	0	ditto.
1 Female Attendant	24	0	0	ditto.
1 Ditto	22	0	0	ditto.
5 Ditto	20	0	0	ditto.
7 Ditto	18	0	0	ditto.
2 Ditto	17	0	0	ditto.
1 Ditto	15	0	0	ditto.
3 Laundry Attendants	15	0	0	ditto.
Head Laundry Maid	20	0	0	ditto.
1 Laundry Maid	15	0	0	ditto.
Cook	20	0	0	ditto.
Dairy Maid	15	0	0	ditto.
Kitchen Maid	12	0	0	ditto.
2 House Maids.....	12	0	0	ditto.
Engineer	1	15	0	per Week; House, Coals, & G
Bailiff	1	1	0	" House, Coals, Ve
Gardener	0	17	0	" tables, and Milk
Farm Attendant	25	0	0	per Year; Board, Lodging, and
Tailor.....	1	3	0	per Week. [Washing
Shoemaker	1	3	0	"
Mat Maker, &c.	1	3	0	"
Baker	1	5	0	"
Brewer and Store Porter ..	1	5	0	"
Carpenter	1	10	0	"
Bricklayer	1	5	0	"
Painter and Glazier	1	5	0	"
Blacksmith	1	5	0	"
Stoker	1	1	0	"
Ditto	0	18	0	"
Cow Man	0	17	0	"
Cow Boy	0	8	0	"
Carter	0	16	0	"
Carter's Boy	0	8	0	"

1st January, 1864.

TABLE X.

	BREAKFAST, At 8.0 A.M.								
	<i>Males.</i>		<i>Females.</i>		<i>Males.</i>				
	Bread.	Cocoa.	Bread.	Cocoa.	Bread.	Beer.	Uncooked Meat.	Pie Crust.	Mutton Broth.
	oz.	pt.	oz.	pt.	oz.	pt.	oz.	oz.	pt.
Sunday	6	1	5	1	6	$\frac{1}{2}$	6
Monday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Tuesday	6	1	5	1	6	$\frac{1}{2}$	2	6	..
Wednesday ..	6	1	5	1	6	$\frac{1}{2}$	8
Thursday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Friday	6	1	5	1	6	$\frac{1}{2}$	8
Saturday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Weekly Total	42	7	35	7	42	$3\frac{1}{2}$	36	6	3

D

	<i>Male Patients.</i>	<i>Female Patients.</i>
Sunday	Bacon and Greens.	Boiled Pork.
Monday	Mutton Broth.	Meat Pudding or Irish (alternate).
Tuesday	Meat Pie.	Meat Pie.
Wednesday	Roast Beef or Pickled Pork.	Roast Beef or 7 oz. I (alternate).

Extra Diet for Sick.—Mince Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2 oz. Bread, 1 oz. Cheese, and given as indulgences.

Attendants' and Servants' Diet.—Men, 1 lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto, $\frac{1}{2}$ lb. Butter, 1 lb. Cheese, weekly.

Cocoa for One Hundred Patients.— $3\frac{1}{2}$ lb. Cocoa, $6\frac{1}{2}$ lb. Treacle, 3 Gallons

Coffee Ditto $1\frac{1}{2}$ lb. Coffee, $\frac{1}{2}$ lb. Chicory, 4 lb. Sugar

Tea Ditto 1 lb. Tea, 4 lb. Sugar, and 2 Gallons

Mutton Broth Ditto {The Liquor of the Cooked Meat, Leek, Onion, Artichokes, or other

Meat Pie Ditto Dripping Crust, 31 lb. Flour, 50 lb. Potatoes

Meat Pudding Ditto 25 lb. Meat, 30 lb. Flour—Boiled.

DIET SCALE.

DINNER, At 1.0 P.M.								SUPPER, At 6.0 P.M.					
Females.								Males.			Females.		
	Beer.	Uncooked Meat.	Pudding Crust.	Pie Crust.	Plum Pudding.	Mutton Broth.	Vegetables.	Sweet Cake or		Coffee.	Sweet Cake or		Tea.
								Bread.	Butter		Bread.	Butter	
	pt.	oz.	oz.	oz.	oz.	pt.	oz.	oz.	oz.	pt.	oz.	oz.	pt.
1.	$\frac{1}{2}$	6	8	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
2.	$\frac{1}{2}$	4	4	8	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
3.	$\frac{1}{2}$	2	..	4	6	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
4.	$\frac{1}{2}$	6	8	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
5.	$\frac{1}{2}$	12	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
6.	$\frac{1}{2}$	6	8	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
7.	$\frac{1}{2}$	4	1	8	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
8.	3 $\frac{1}{2}$	28	4	4	12	1	46	42	3 $\frac{1}{2}$	7	35	3 $\frac{1}{2}$	7

RE R.

	Male Patients.	Female Patients.
Thursday	Mutton Broth.	Plum Pudding.
Friday	Roast Beef or Pork.	Roast Beef or Pork.
Saturday	Mutton Broth.	Mutton Broth, or 12 oz. Rice and 4 oz. Dumpling or Rhubarb (alternate).
Bread, Beer, and Vegetables daily.		

Booth, Beef Tea, Essence of Beef, Milk, Arrow Root, Rice Pudding, Batter Pudding, Port, Brandy, Gin, Whiskey, Rum, Lemonade, Soda Water.

and $\frac{1}{2}$ Pint Beer at 4 P.M., the Laundry Patients $\frac{1}{2}$ Pint Tea. Tobacco and Snuff

Vegetables, 1 lb. Bread, 2 Pints Beer, daily. 2 oz. Tea, $\frac{1}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

more, if the Dairy yield it.

Milk.

16, 25 lb. Meat, 3 lb. Scotch Barley, 6 lb. Rice, 50 lb. Turnips, Cabbage, Parsnip, Herbs, Salt and Pepper.

1 lb. Meat.

(Signed) C. L. ROBERTSON, M.D., CANTAB.,
Medical Superintendent.

THE CHAPLAIN'S FIFTH ANNUAL REPORT.

submitting his Fifth Report to the Committee of Visitors, Fifth Annual
Chaplain thinks it convenient to refer to the various matters Report.
connected with his office, under separate headings, as in former
reports, notwithstanding the appearance of sameness which
the method may impart to his annual remarks.

The *Sunday Services* continue to be conducted at the usual Chapel Services
times, and call for no special notice. The congregations are
regularly, and, as far as could be expected, attentive. Owing to
the temporary disuse of the Harmonium, the Choir has been
at some disadvantage: the Singing, however, has been earnest
and devotional. The average Sunday attendance of the Patients
assigned to the Chaplain, has been—Males 174, Females, 183;
total 357; the mean population resident being 235 Males,
and Females; 491 total.

The numbers at *Holy Communion* (celebrated monthly) are
as satisfactory as could be desired; they have, however,
greatly increased. The *Festival, Daily Morning*, and *Household*
Services, are conducted as usual. The introduction of Chants
and Hymns, if practicable, would render the *Daily Morning*
Service more hearty and cheerful. The average at *Daily Prayer*
Males 104, Females 114; total 218.

Funerals.

The number of Funerals, including that of a little child of the Under Bailiff, has been, up to the present date, 30. The Chaplain is in the habit of speaking a few consolatory words to the mourners after the Service, and of occasionally giving them a Tract suitable to the occasion.

Chaplain's Visits.

The Wards and Infirmarys have been frequently visited.

Classes.

The Evening Male, and Afternoon Female Classes, are in full operation. After the Writing lesson (in which several Patients have made useful progress), the Members of the Class usually read out loud from an entertaining Monthly serial,—“Pleasant Hours.” Males 24, Females 20.

A *Bible Class*, for Female Patients, who read in turns, assembles on Tuesday afternoons.

Mr. Alfred White's *Singing Class* meets on Thursdays. A considerable number of the Household, besides many Patients, have the advantage of his instructions. Anthems, Glees, &c., are practised. The Choir assembles, as usual, for practice on Saturday afternoons. The Chaplain would be prepared to assist at Classes formed from the Attendants or Servants, for purposes of self-improvement. Former experiments, however, in this direction, have not been encouraging.

Library.

The Library, which is about to be removed from the Chaplain's to the Class Room, has recently been replenished by many New Books from Mudies' Surplus Stock.

Missionary Meetings.

Quarterly Missionary Meetings continue to be held. In the Spring, the Rev. J. H. Hodges, Travelling Secretary of the

P.G.; and in the Autumn, the Rev. A. Garfit, M.A., Senior Curate of Richmond, gave interesting Addresses.

On the Prince of Wales' Wedding-Day, a Service, with ^{Prince's} appropriate Sermon, was held at 10.30 a.m. ^{Wedding-Day-}

On St. James' Day (the Commemoration Day of the Opening ^{Commemoration-} of the Building), Morning Service was celebrated at 11 a.m. ^{Day.} Prayers were read by the Chaplain; the Rev. R. E. Wyatt, of Hayward's Heath, and the Rev. Cosby White, of St. Barnabas, London, read the Lessons. The Sermon was preached by Rev. A. Fitzhugh, M.A., Rector of Street. The Choir was led by E. Alfred White, of Brighton.

It not unfrequently happens that the Chaplain receives letters ^{Correspondence} in inquiry from Relations or Friends of the Patients relative to ^{with Friends.} their condition, and he is disposed to believe that comfort or dissatisfaction has, in many cases, been derived from the replies that have been returned.

An "Address to the Attendants of a Lunatic Asylum," and a Short Form of Prayer for their use, have been drawn up by the Chaplain for distribution.

The Chaplain has no further remarks to make on the subject of the duties entrusted to him by the Committee of Visitors.

(Signed) HENRY HAWKINS, M.A., OXON.,
Chaplain.

HAYWARD'S HEATH,
19th December, 1863.

THE REPORT OF THE COMMISSIONERS IN LUNACY.

SUSSEX LUNATIC ASYLUM,
2nd May, 1863.

TO-DAY and yesterday we have visited this Asylum, and found everything in excellent order. Manifest improvements have been effected since the last visit, and others are now in progress.

In the Asylum to-day there are 491 Patients: on the Men's side, 242; and on the Women's, 249. To these are to be added 2 Women absent on trial, and 9 of the more quiet and convalescent boarded out in the neighbouring cottages of three of the married Attendants. This latter plan has been found to work so well, that we strongly recommend its extension.

These numbers show an excess over those for which accommodation was originally provided, of 17 in the Male Division, and 35 in the Female Division. But notwithstanding inconveniences attending such excess, and the necessary crowding of some of the Dormitories, we have to repeat, the inmates of both Divisions are in a very satisfactory state. With the exception of one Patient in No. 6 Female Airing Court, all were quiet, free

from excitement, orderly, and well conducted. Their personal condition also, was upon the whole very good. All are bathed, and their body linen changed, twice a week.

In the Wards of both Divisions appropriated to the more helpless and troublesome Patients, some special improvements have been made since the last Visit. There has been additions of domestic furniture, curtains and blinds are put up, canaries, and wire baskets of flowers have been introduced; and a beginning has been made towards planting of the Airing Courts, with the result which invariably attends such considerate and judicious provisions.

The Patients are more quiet; and so careful of the little inexpensive ornaments in their Wards, that since they were introduced not one has been damaged or broken.

We have pleasure in noticing generally, that almost every suggestion made at the last Visit has received more or less attention. Additions of easy chairs, small tables, table covers, flower baskets, and singing birds for all the Galleries and Day-rooms, and of roller window-blinds for all the Dormitories, have been, or shortly will be, provided throughout both Divisions. Some few more Single Rooms, as well as Dormitories, have been supplied with means of washing, and with seats (serving also as boxes for clothes); and though greatly more in this respect remains to be done, we find that this has led to some small increase among those of the Epileptic and Demented (very numerous in this Asylum) who are able to wash and help themselves. We trust that careful and continued attention will be given to the improvement of the indolent and listless habits of this Class. The prevention of their dirty habits by means of the

Night Watch is very marked and satisfactory. Out of 100 such Patients, the return of the Wet Cases in the Female Division showed five last night, and five the night before; and in the Male Division, none last night, and only two the night preceding. There were no Dirty Beds either night.

The enlargement and lowering of the Boundary Wall of Airing Court No. 6 on the Men's Side, recommended in the last Entry, has been since effected; and in the opinion of all the Officers of the Asylum, has not only been greatly appreciated by the patients using the Court, who are of the most troublesome class, but has already, in a marked degree, contributed to their improvement. Attempts at planting have here been begun also; but we cannot say much for the quality or appearance of the shrubs and Trees selected. A more liberal supply is desirable; and Evergreens, more particularly, should be planted. We recommend this especially also in the ground laid out for the cemetery, in which during the past year 26 burials took place; at which at present, bare and repelling in aspect, seems to us stand greatly in need of planting and ornamenting.

Other structural suggestions, made or repeated at the last visit, such as the raising of the Laundry Roof, are to be carried out in the new works to be immediately begun for provision of additional accommodation: and it is important that a better wash-house should at the same time be built; many disadvantages and discomforts having resulted from the quite inadequate existing provision in this material point.

Among the matters in progress, should be noticed the painting of all the Dormitories half way up, so as to resemble the Day-rooms and Corridors; the placing of handrails to all the Stair-

cases; the construction of Walks for the Patients in the woods, east and west of the Asylum. Since we were last here also, the South Frontage has been laid down with grass, and enclosed with a wire fence. And the results of the Farm employment of the Inmates have been so satisfactory, that it would be highly desirable to give further extension to them by purchase or lease of some of the adjoining land, if obtainable at a moderate price.

In the Female Division, a Sewing Machine, lately purchased, is now used with good effect; and a greater number of the Women appear at present to have means of employing themselves. Additions might still be made in this Division to the in-door amusements of the Patients (the Men continuing to be better supplied in that particular), and we think that Bagatelle Boards should at once be provided.

The Workshops appear to be well managed: 11 Patients being employed as Tailors, of whom only two were originally of that trade, and the same number working as Shoemakers, of whom, all but three have been taught the business here. So, also with the Basket and Mat makers. By a very judicious arrangement, all the Men so employed In-doors have a weekly half holiday on Saturdays, which is devoted to Out-door exercise and amusements. Generally of the latter, to all the Patients, the supply seems ample and well varied; and the Pic-nics (of which one had taken place two days ago) are so arranged that all the Patients capable of the enjoyment have an opportunity of taking part in them, at least once in every month.

We are glad to report favourably of the Chaplain's continuing efforts to interest the Patients by means of Readings, Lectures

and occasional Infirmary Meetings. His Classes in elementary instruction, held twice a week in both Divisions, have constantly increased in number, and are now attended by an average of about 22 of each sex. The usual Chapel Services are given on Sundays and Week Days to upwards of 380 Patients on the former, and nearly 180 on the latter occasions. The returns of employment show that in the Male Division, about 37, and in the Female, 43, are wholly unemployed; and, we trust, that strenuous efforts will be made further to reduce these numbers.

The changes in the Inmates since the last Visit, have comprised 113 Admissions, 42 Discharges, and 46 Deaths. Excepting a case of suicide, and one accidental choking, of which the particulars have been before our Board, these Deaths were from ordinary causes, and show a reduction in the rate since last year. Among those discharged, 30 have recovered, 10 were relieved, and six were transferred. Of the entire number now here, 39 are classed as private patients, of whom the majority are those received from Haslar. There has been no restraint since the date when we were last here, and the cases of elusion have been rare. Under Medical Treatment for bodily disorders, at present there are only 9 Men and 10 Women. The general health is very good.

As the Plans for additional accommodation will be immediately submitted to our Board, we refrain from other remarks on the character of the changes and additions proposed, than that the construction of a new detached residence for the Medical Superintendent has been (in our opinion, wisely) abandoned.

The impressions we have received, from our Visit, of the present condition and management of this Asylum, is extremely

favourable. DR. ROBERTSON'S efforts in his own department appear to have been unremitting, and have been attended by manifest good results; and he is seconded, in all the other departments by able and well selected officers.

(Signed) JOHN FORSTER, } Commissioner.
ROBERT NAIRNE. } in Lunacy.