

Sixteenth annual reports for 1874 / Sussex County Lunatic Asylum, Haywards Heath.

Contributors

Sussex County Lunatic Asylum (Haywards Heath, England)

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SUSSEX
COUNTY LUNATIC ASYLUM,
HAYWARDS HEATH.



SIXTEENTH ANNUAL REPORTS,
FOR 1874.

LEWES:
PRINTED BY GEO. P. BACON, HIGH STREET.

1875.

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LIST OF
COMMITTEE OF VISITORS AND OFFICERS.
1874.

EASTERN DIVISION.

1. Hill, The Lord Arthur William, Wakehurst, Haywards Heath.
2. *†Pakenham, The Honble. Thos. Alex., Franklyn's, Wivelsfield.
3. *†Campion, W. H., Esq., Danny, Hurstpierpoint.
4. Burrell, Walter Wyndham, Esq., Cuckfield.
5. Carpenter, Charles, Esq., 45, Brunswick Square, Brighton.
6. Darby, George, Esq., Markly, Hawkhurst.
7. Day, John, Esq., Uckfield House.
8. *Godlee, Burwood, Esq., Leighside, Lewes.
9. *†Holden-Rose Col. J. R., The Ferns, Wivelsfield.
10. *Laurie, P. Northall, Esq., Paxhill, Lindfield.
11. Lewis, Major W. R., The High Beech, Hollington, Hastings.
12. *†Norman, John Manship, Esq., Dencombe, Crawley.
13. *†Sclater, James Henry, Esq., Newick Park, *Chairman*.
14. †Sergison, Warden, Esq., Cuckfield Park.

WESTERN DIVISION.

1. Aldridge, Major John, St. Leonards, Horsham.
2. Dickens, C. S. S., Esq., Coolhurst, Horsham.
3. Carew-Gibson, Geo. Carew, Esq., Sandgate Lodge, Steyning.
4. Godman, Joseph, Esq., 89, Queen's Gate, South Kensington, W.
5. Jenkins, Geo. Thos., Esq., Sudley Lodge, Bognor.
6. *Lloyd, Col. Geo. Kirwan Carr, Lancing, Shoreham.
7. Goring, Revd. John, Wiston Park, Steyning.
8. Wisden, Major Thos. Falconer, Broadwater, Worthing.

BRIGHTON BOROUGH.

1. Burrows, Sir John Cordy, Knt., Brighton.
2. Tatham, George, Esq., Brighton.

OFFICERS.

Medical Superintendent.—S. W. D. Williams, Esq., M.D.
Senior Assistant Medical Officer.—Richard Greene, Esq., L.R.C.P.E.
Junior Assistant Medical Officer.—Alfred H. Newth, Esq., M.B.
Chaplain.—Revd. Thomas Edward Crallan, M.A.
Clerk of Asylum.—Mr. S. A. Mortlock.
Storekeeper.—Mr. W. H. Sherman.
Housekeeper.—Mrs. Stroud.
Head Attendants.—Mr. T. W. Buckle (Male Department).
Miss Buckle (Female Department).
Treasurer.—George Whitfeld, Esq., Lewes.
Clerk to the Visitors.—H. Jones, Esq., Lewes.

*Member of the House and Finance Committee.

†Member of the Farm Committee.

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SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

SIXTEENTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

To Her Majesty's Justices of the Peace for the County of Sussex assembled in Quarter Sessions held at Lewes in and for the Eastern Division of the said County on Monday the 4th day of January, 1875, and at Petworth in and for the Western Division of the said County on Thursday the 7th day of January, 1875.

THE COMMITTEE OF VISITORS OF THE SUSSEX COUNTY ASYLUM appointed at the Epiphany Sessions in 1874, in making their sixteenth annual report, have pleasure in stating that the Asylum continues fully to maintain its high standard of efficiency and organisation, and during the past year nothing has occurred to disturb the harmonious working of its machinery in all its branches.

At the commencement of the year 1874, the number of inmates was 733, of which 342 were males and 391 females. There are now 358 males and 418 females, making a total of 776, and shewing an increase in the year of 43.

It appears from this report that there are 43 more patients in the Asylum than there were a year ago. In any inquiry into the causes which may have contributed to this increase, the Committee consider that the action of the Government in making an allowance of 4s. a week to the several unions, for

every pauper lunatic in the asylum, ought not to be lost sight of.

A much larger influx than usual, 200 in all, from the county of Sussex has come into the Asylum this year. The Government allowance makes it seemingly the interest of the Unions to transfer feeble and imbecile patients—who can perfectly be attended to in the Unions at a lower actual cost—to the Asylum. Any seeming saving thus effected, however, is not a real one, as it is simply made at the cost of the payer of county rates and of imperial taxes; while it is plain that if all harmless lunatics, imbeciles, or idiots who can be duly cared for out of the Asylum are to be sent to it, a larger increased expenditure must ere long be drawn from the county, not only for enlargement of the building, but for a greatly increased number of skilled, and consequently highly paid, attendants.

It is therefore greatly to the interest of the ratepayers generally that in any permanent scheme for their relief in the cost of the maintenance of lunatics which we have been led to believe is to be brought forward in the next session of Parliament, the defect above pointed out in the temporary plan of last year, which your Committee are convinced is a very real one, may be avoided, otherwise what is meant for relief may prove in the long run to be very much the reverse.

Of the 231 patients admitted during the year, 32 have been discharged on recovery, 6 as relieved, 1 not improved, and 30 have died, leaving a residuum on the admissions of 162.

The general total, however, of inmates has again been sensibly diminished by the large number of patients, amounting to 93, who, under Dr. Williams' skilful treatment, have been reported by him to the Committee as cured, and fit for discharge.

The general treatment of the patients, their occupations and amusements, have been continued as in preceding years. The farm and garden are mainly cultivated by lunatic labour; other male patients are engaged in tailoring, shoemaking, and matmaking, while the females are employed in the laundry, domestic offices, or in needlework, and few, who are able to work, remain idle.

The new Recreation Hall, opened on the first of November, 1873, has answered fully the objects for which it was built, affording to the patients amusement as well as reasonable sources of enjoyment, and at the same time a commodious room for visitors to the patients.

The attention of the Committee has been steadily directed towards keeping down the rate of maintenance as far as was consistent with the requisite comfort and care of the patients.

The cost per week for each patient has remained at 9s. 6d., a rate lower than that of the Asylums in the surrounding counties.

The Commissioners in Lunacy visited the Asylum in March last, and their highly satisfactory report will be found in the Appendix.

The Committee beg also to refer the Court to the annexed report of the Medical Superintendent, and to the statistical tables appended thereto, for fuller information of the details of the year just ended.

There is still marked progress in the cultivation and general improvement of the farm, and while its successful results keep down the cost of maintenance, it affords a healthy field of employment, and a valuable means of cure to the patients.

The high state of efficiency of the Asylum reflects the utmost credit upon the Medical Superintendent, Dr. Williams, and the Committee desire also to express their warm commen-

dation of the manner in which Dr. Greene and the other officers of the Asylum have performed their various duties during the year.

(Signed) JAMES H. SCLATER,
Chairman.

Haywards Heath, 19th December, 1874.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.
INCOME and EXPENDITURE for the Year ending December 31st, 1874.

INCOME.									
HEAD OF INCOME.	QUARTERS INCOME.				Year ending				
	1st Mo.	2nd Mo.	3rd Mo.	4th Mo.	1st Dec.	2nd Dec.			
FROM WEEKLY RATE.									
From Various Countries, Islands, Colonies, and Possessions.	1000	1000	1000	1000	1000	1000			
From United Kingdom	1000	1000	1000	1000	1000	1000			
From India	1000	1000	1000	1000	1000	1000			
From China	1000	1000	1000	1000	1000	1000			
From Japan	1000	1000	1000	1000	1000	1000			
From the Philippines	1000	1000	1000	1000	1000	1000			
From the Straits Settlements	1000	1000	1000	1000	1000	1000			
From the Federated Malay States	1000	1000	1000	1000	1000	1000			
From the Dutch East Indies	1000	1000	1000	1000	1000	1000			
From the Netherlands East Indies	1000	1000	1000	1000	1000	1000			
From the Portuguese East Indies	1000	1000	1000	1000	1000	1000			
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From the Chinese East Indies	1000	1000	1000	1000					

Examined by the Finance Committee, January 30th, 1875.
(Signed)
JAMES H. SCHLATER, CHAIRMAN.
JOHN MANSFIEP NORMAN,
J. E. HOLDEN ROBE.

(Signed)
S. A. MORTLOCK,
Clerk of the Assizes.

AVERAGE WEEKLY EXTENSIBILITY for the Year for each Percent, from Weekly Rate.		QUARTERLY EXTENSIBILITY				Average for the Year
		March-June	June-Sept.	Sept.-Dec.	Dec.-Mar.	1916.
Provisions...	6.4	4.3	5.1	6.4	5.6
Meats and other Expenses	4.9	4.3	5.1	6.4	5.6
Alcohol	5.9	4.1	5.6	11.2	5.6
Clothing	5.4	4.3	4.3	5.6	5.6
Household Goods	5.4	4.3	4.3	5.6	5.6
Education, Y.M. and Y.W.	6.9	6.1	6.1	6.1	6.1
Entertainment	6.9	6.1	6.1	6.1	6.1
Religious	6.9	6.1	6.1	6.1	6.1
Other	15.1	6.1	6.1	6.1	6.1
Weekly Rate based on the Volume distributed to the Average	6.4	5.6	5.6	5.6	5.6
Weekly Rate based on the Volume distributed to the Average	12.0	12.0	12.0	12.0	12.0
Weekly Rate based on the Volume distributed to the Average	12.0	12.0	12.0	12.0	12.0
Weekly Rate based on the Volume distributed to the Average	12.0	12.0	12.0	12.0	12.0

SUSSEX LUNATIC ASYLUM, HAYWARDS HEATH.

BALANCE STATEMENT for the Quarter ending 31st December, 1874.

ASSETS.		DEBITS.	
1874.	£ s. d.	1874.	£ s. d.
Sept. 30. from Unions, &c., in arrear	39 5 6	Dec. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2971 19 8
Dec. 31. Due from Unions Contributing	3676 17 7	" Ditto on Cheques not paid in	400 0 0
" Ditto not ditto	1420 4 0	" Cheques on Salaries not paid in	70 0 0
" County Treasurer	61 6 9		
" Private Patients' Account	222 9 7		
" for Sale of Farm Produce, Stores, &c.	304 14 8		
" Repairs, Alterations, &c.	649 18 3		
" Cottage Rent	1 12 6		
" Cash in Banker's hands	2147 12 11	Surplus Balance	5492 0 8
" Clerk's ditto	409 18 7		
	<u>£8934 0 4</u>		<u>£8934 0 4</u>

Submitted to the Finance Committee, this 30th day of Jan., 1875.

(Signed)

JAMES H. SCLATER.
JOHN MANSHIP NORMAN.
J. R. HOLDEN ROSE.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum.

FARM AND GARDEN ACCOUNT.

Dr.

From 1st January to 31st December, 1874.

Cr.

	£	s.	d.	£	s.	d.	By Sale of—	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	1568	17	0				12 Calves	21	0	0			
Estimated Value of Dead ditto	464	12	6				Beast and Pigs.....	102	1	3			
Tenants' Valuation	719	4	4				Hides and Skins.....	176	12	6			
Estimated Value of Provender	508	0	0				Rough Fat, &c.....	33	8	7			
				3260	13	10	51 qrs. Wheat	155	1	0			
By Purchase of—							Wool	4	15	0			
94 Cows and Beasts	2246	16	4				Vegetables, &c.	12	5	3			
25 Tons of Hay	101	0	0				Discount	12	12	91			
233 Sheep	588	3	0				Use of Stock.....	8	16	0			
1 Boar.....	4	12	6								526	12	4
Oil Cake.....	323	0	0				By Produce Supplied to House:—						
Grinding	43	7	10				33,937 lbs. Beef ..@ -/8	1131	4	8			
Bran, &c.	55	14	5				14,630 „ do. ..@ -/8½	502	18	1½			
Oats.....	40	0	0				18,279 „ do. ..@ -/7½	590	5	2½			
Barley and Maize.....	531	19	0				19,440 lbs. Pork ..@ -/7½	607	10	0			
3690 Straw.....	187	7	6				8,847 lbs. Mutton @ -/9½	340	19	6½			
Seeds and Plants	81	8	7				3,649 „ do. ..@ -/9½	148	4	9½			
Manure and Lime ...	92	15	4				4,160 „ do. ..@ -/9	156	0	0			
Implements	57	13	11				Bells, &c., &c.	38	5	4			
Wages of Bailiff, Gardener, Cowman, Carter, and other Servants on the Farm	365	15	3								3,515	7	8
Thrashing	4	2	0				13,949 galls. Milk ..@ -/11	639	6	6			
Railway Carriage	31	8	7				5,339 No. Eggs ..@ -/1	16	16	7			
Valuation	7	7	0				109 „ Poultry @ 2/-	10	18	0			
Sundries.....	30	13	6				138 „ Rabbits @ -/10	5	15	0			
				4793	4	9					672	16	1
By Rates and Taxes ..	51	4	2				3,063 bus. Cabbage	153	3	0			
Estimated Rent of Land	150	0	0				128 „ Onions	12	16	0			
				201	4	2	712 „ Potatoes	94	18	8			
							249¾ „ Peas.....	24	19	6			
							221 „ Beans	22	2	0			
							301 „ Carrots	30	2	0			
							293 „ Parsnips	29	6	0			
							335 „ Turnips	24	4	6			
							2,732 No. Cauliflower....	22	15	4			
							Other Vegetables	34	5	6			
							Fruit and Rhubarb	29	13	11			
							Vegetables and fruit to Medical Superintendent.....	27	7	0			
											505	13	5
							Keep of House Horse ..	23	8	0			
											23	8	0
							By Estimated Value of Live Stock	1421	16	0			
							„ Dead ditto ..	468	6	0			
							„ Tenants' Valuation.....	697	1	3			
							„ Provender ..	684	1	0			
											3271	4	3
Balance in favour				259	19	0					£8,515	1	9

ESTIMATED VALUE OF FARM STOCK:—

1873.—December 31:—	£	s.	d.	1874.—December 31:—	£	s.	d.
26 Cows, Fattening Beasts, and Calves	588	0	0	30 Cows, Fattening Beasts and Calves	595	0	0
103 Sheep	299	5	0	96 Sheep	288	0	0
6 Horses	254	0	0	5 Horses.....	180	0	0
190 Head of Swine	410	19	0	177 Head of Swine	339	15	0
103 Head of Poultry	15	9	0	121 Head of Poultry ..	18	3	0
8 Ferrets	1	4	0	6 Ferrets	0	18	0
	1,568	17	0		1421	16	0
Dead Stock, Implements, &c.....	464	12	6	Dead Stock, Implements, &c.	468	6	0
Tenants' Valuation	719	4	4	Tenants' Valuation	697	1	3
Provender	508	0	0	Provender	684	1	0
	£3,260	13	10*		£3,271	4	3*

Examined by Farm Committee,
January 30th, 1875.

JAMES H. SCLATER.
J. MANSHIP NORMAN.
W. HENRY CAMPION.

(Signed) S. A. MORTLOCK, Clerk of the Asylum.

* These Valuations were made by Mr. Thos. Bannister, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and places in the County of Sussex, 1st Jan., 1875.
(16 & 17 Vic. cap. 97 s. 64).

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		With Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	8	11	1	3	4	4	5	16	20
Brighton	83	83	38	56	..	3	19	18	140	160
Chailey	13	9	1	2	1	1	2	2	17	14
Chichester (Incorporatn)	10	6	3	4	1	3	14	13
Cuckfield	11	25	3	5	4	8	18	38
Eastbourne	7	10	1	1	1	5	2	9	18
East Grinstead	5	11	1	13	7	4	5	22	24
East Preston	8	11	1	7	5	5	14	23
Hailsham	12	8	4	5	4	6	20	19
Hastings	25	27	1	..	1	8	1	2	28	37
Horsham	14	18	6	10	9	16	29	44
Lewes	4	11	1	..	4	1	9	12
Midhurst	8	14	2	2	1	1	4	4	15	21
Newhaven	6	4	3	6	9	10
Petworth	6	5	1	..	2	4	1	1	10	10
Rye	8	10	5	4	3	4	16	18
Steyning	12	21	4	8	4	9	20	39
Thakeham	7	9	2	1	2	9	12
Ticehurst	12	15	6	7	1	..	3	2	22	24
Uckfield	10	15	3	3	2	..	5	9	20	27
Westbourne	4	11	1	2	2	3	7	16
Westfrie	3	1	1	1	4
Westhampnett	18	17	2	7	3	6	23	30
County-Eastern Division	5	4	5	4
Do. Western do.
TOTALS.....	291	355	1	..	4	2	108	158	5	5	79	113	493	637

SUMMARY.

Years	In Asylums.		In Workhouses.		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130

S. A. MORTLOCK,
Clerk of the Asylum

THE
MEDICAL SUPERINTENDENT'S
SIXTEENTH ANNUAL REPORT.

Sixteenth Annual Report. THE Medical Superintendent has the honour to submit the Sixteenth Annual Report to the Committee of Visitors.

Numbers on the 31st Dec., 1873. On the 31st December, 1873, the numbers in the Asylum were, Male 342, Female 391. Total 733.

Admissions. The admissions during the year have been, Male 119, Female 118. Total 237.

Discharges. The discharges during the year have been, Male 38, Female 54. Total 92.

Deaths. The deaths during the same period have been, Male 64, Female 41. Total 105.

Mean Annual Population. The mean population resident during the year has been, Male 348.1, Female 404.9. Mean average 753.

Numbers this day, 31st Dec., 1874. The numbers in the Asylum this day (31st December, 1874) are, Male 359, Female 414. Total 773, being 40 more than last year.

Numerical results of the year. The several numerical results are summed up in the first Table in Appendix A to this Report.

Annual percentages for 1874. The Numerical Results of the year 1874 yield the following percentages :—

(a.) The Discharges (including the cases Relieved) are 37.9 per cent. on the admissions of the year. Excluding those cases Relieved, the per centage of Recoveries on the admissions stands at Male 24.4, Female 33.9. Average 22.1. On the mean number resident it is Male 8.4, Female 10. Average 9.1.

(b.) The mean Annual Mortality is Male 18.2, Female 10.1. Average 13.9. Mean Annual Mortality.

The Patients in the Asylum may be classified as follows :— Classification of Patients.

	M.	F.	T.
Chargeable to Unions and Boroughs in Sussex...	291	355	646
Chargeable to out County Unions and Boroughs	62	42	98
Private Patients	6	17	23
Total... ..	359	414	773

It will thus be seen that the number of Patients in the Asylum at the present time chargeable to Sussex is 291 Males and 355 Females—Total, 646. Numbers chargeable to Sussex.

The accommodation in the Asylum is for 376 Males and 440 Females—Total, 816. So that there are still 85 beds for Males and 85 beds for Females—Total, 170—available for lunatics chargeable to Sussex, should the number of admissions from the County continue to increase. Present accommodation.

The Admissions are unusually numerous, especially from Unions and Boroughs in Sussex, the only year since the opening of the Asylum in which they were exceeded being 1872, when 268 were admitted, but of these only 180 were from Sussex, the remainder being out-County cases. Admissions.

Last April, after the Chancellor of the Exchequer had brought forward his budget, one of the provisions of which was to allow Unions four shillings per week per patient in the Asylum, the Medical Superintendent ventured to predict in the medical papers that a large increase would take place in the admission of chronic and incurable and helpless cases, and that exchanges to the Unions would be greatly impeded. He also brought the matter forward in his Report to the Committee at their meeting in April, and they fully realised the danger. In many quarters, however, his facts were denied and his inferences disputed. It is with but a melancholy satisfaction that he ventures to point out that events have justified his most gloomy prognostications; for not only, as already stated, have the admissions much exceeded the average, but out of between thirty and forty chronic and harmless cases he looked out, and, with the sanction of the Committee, recommended, to certain of the Boards of Guardians for discharge to the workhouses, only thirteen were accepted, whereas in former years he had no difficulty in getting as many such cases as he could recommend removed. During the whole course of his connection with Asylums, now ranging over many years, he never remembers to have seen such a set of miserable, hopeless, helpless cases as comprise the admissions for 1874. Of the whole 237, only 44 could be deemed at all curable, and 33 were on admission so enfeebled by disease, that they died before the year had expired; and to prove how unfavourably this contrasts with former years, a glance at Table IV. will show that the highest number in any previous year of one year's admissions dying within the year was 18 in 1873, 11 in 1859 being the next highest. Moreover, 28 were suffering from Progressive Paralysis, or Brain Softening, and 14 were Epileptics.

Deaths.

The deaths have been unusually numerous, and the percen-

tage on the average numbers resident is as high as 13.9. A reference to Table V. of the Appendix will, however, show that all, with scarcely an exception, were due to some organic incurable disease, and that 75 out of the whole number of 105, died either from organic Brain Disease (17), Progressive Paralysis (19), Phthisis (18), Heart Disease (11), or decay of old age (10), whilst 33 were upwards of 60 years of age. Moreover, many of the new cases have been only brought here to die within a few days or weeks of admission. Thus 1 died within a week of admission, 11 within a month, and 16 before the year had expired.

There has been no case of sudden or violent death, no suicide, and no epidemic, and the increased mortality can only be accounted for by the fact that the severe and changeable weather experienced during the year has carried off the large residuum of incurable cases left over from previous mild winters. There are, however, a large number left, and it is to be feared that the mortality of the coming year will equal that of the past.

The discharges have also been influenced by the unfavourable nature of the admissions, and are below the average. They may be arranged under three heads:—

1. Those recovered, viz., 69.
2. Those relieved and discharged to care of their friends, viz., 8.
3. Those relieved and discharged to the Union houses, viz. 13.

A considerably larger number might have been discharged under the last heading, but that, as already stated, the majority of Unions decline to receive them, now that Government allows a capitation grant for all lunatics in the Asylum.

The general history of the Asylum for the year has been unusually uneventful, and happy indeed is the Asylum that

Discharges.

General History
of the Year.

has no history. There has been no accident of any sort beyond the most trivial, and no inquest has been considered necessary. Only one patient escaped, and he returned of his own accord. The general health of the inmates has been good, and there has been no troublesome epidemic to contend with.

**Commissioners
in Lunacy.**

The Commissioners in Lunacy visited the Asylum on March 30th and 31st, and their report, which is of a highly satisfactory nature, will be found published further on.

Birth of a Child.

On April 16th, Martha Hilton, a married woman, admitted shortly before with Epileptic insanity, gave birth to a male child; both mother and child did well.

Theatre.

The Theatre erected in connection with the new Recreation Hall was opened on the 6th of April with a theatrical performance given by the gentlemen amateurs of the "West End Amateur Dramatic Society," assisted by professional actresses.

The Brighton "Nondescripts" and the "Lewes Amateur Dramatic Society" have also given entertainments of a first-class nature, which have been much appreciated by the patients, and the warm thanks of the Medical Superintendent are due to the various ladies and gentlemen who have so kindly and heartily given their services. Besides these, professionals, too numerous to detail, have been engaged from time to time as opportunity served. Altogether the theatre has been a great success, and its being fixed and always ready for use has reduced the inconvenience and trouble of such entertainments to a minimum.

New Work.

The alterations, additions, and improvements undertaken and completed during the past year are as follows:—

Fitting and furnishing the theatre with appropriate scenery, machinery, &c., &c.

Slating and plastering all the bedrooms in the third story on both sides the house, and painting the same.

Erecting an additional tank on each side the asylum to contain 3,000 gallons of water as a reservoir in case of fire occurring in the roof.

Building new fire engine house.

Draining infirmary terrace.

Improving means of extinguishing fire generally throughout the asylum.

Erecting two new cottages for artisans.

Painting and decorating centre hall and passages.

Building third room for Senior Assistant Medical Officer.

Furnishing, papering, &c., new suites of rooms for Junior Assistant Medical Officer, Housekeeper, and Kitchen Servants.

It is the Medical Superintendent's pleasing duty again to Conclusion. have to recognise the invariable support he has received from all the officers during the year, and the assiduity with which they have carried out his wishes and performed their respective duties. The Attendants, Nurses, and Artisans, with but few exceptions, have conducted themselves with propriety, and performed their trying duties with zeal. To the Committee of Visitors he may be permitted to say—and this is no mere hyperbole—that he has not language with which to express his sense of their uniform kindness and consideration, so great is his obligation to them.

S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

Haywards Heath,
31st December, 1874.

THE CHAPLAIN'S SIXTEENTH ANNUAL REPORT.

- Sixteenth Annual Report. THE Chaplain desires to lay before the Committee his report for the past year.
- Sunday Services. The usual services on the Sundays, and those on Christmas Day and Good Friday, have been performed in the Chapel and in the Wards.
- Administration of Holy Communion. Holy Communion has been administered in the Chapel, and to the sick from time to time as usual.
- Daily Prayers. Portions of Holy Scripture and Morning Prayers have been read daily in the dining halls after the patients' breakfast.
- Library. The library for the household, and the books in the wards have continued to afford interest and amusement to many inmates of the institution.
- Visits, &c. The Chaplain has visited the Wards, Workshops, &c., on the prescribed days, and on other occasions when necessary.
- Commemoration. The Commemoration Festival was kept as usual on July 25th. The sermon was preached by the Rev. H. Campion, M.A., Rector of Westmeston.
- Burials. 69 burials and 37 removals have taken place during the year.
- Conclusion. The Chaplain desires to express his sense of the support afforded him by the members of the staff in the execution of his various duties in the Asylum.

(Signed) THOMAS E. CRALLAN, M.A.
Chaplain.

Haywards Heath, December 31st., 1874.

METEOROLOGICAL REPORT.

THE year 1874 was altogether an average year as to rainfall and temperature, but the first six months were unusually dry, while this drought was compensated by the rainfall of September, and the two following months.

September was the wettest, and May the driest month in the year. The greatest cold took place in December, when the minimum thermometer on the grass recorded 11.3.

The greatest heat was recorded on July 19th, viz., 149 deg.

The greatest rainfall took place on February 26th, when it amounted to 1.45 inches.

The usual table is annexed.

(Signed) THOMAS E. CRALLAN.

Meteorological Observations taken at the County Lunatic Asylum during 1874.

Year 1874.	Pressure of atmosphere corrected and reduced.		Temperature of the Air.										Radiation Thermometer.				Wind.						Rain.					
	9 a.m.	Mean. Range.	Maximum.	Minimum.	Range.	Of all.		Minima.	Daily Range.	Daily Temperature.	Dew point.	Humidity Satm. 100.	Maximum in Sun.	Minimum on Grass.	Range.	Mean Maximum.	Mean Minimum.	Mean Velocity in miles per diem.	Direction.						Mean Amount of Ozone.	No. of days it fell.	Amount Collected.	
						N.	N.E.												E.	S.E.	S.	S.W.	W.	N.W.				
Months.																												
January ..	30.087	1.055	52.0	26.3	25.7	47.5	34.9	12.6	41.4	39.0	92.7	93.5	19.5	74.0	73.2	31.0	2	0	3	11	10	0	8	6	18	1.58		
February ..	30.038	1.604	54.1	18.0	36.1	45.7	31.7	14.0	38.7	36.1	91.8	107.5	13.3	94.2	82.6	28.8	1	1	4	5	2	10	3	8	16	2.13		
March	30.223	1.061	63.7	18.0	45.7	51.9	34.9	17.0	42.8	39.7	86.4	126.5	16.0	110.5	103.6	31.3	4	3	1	0	0	10	8	5	7	11	.72	
April	29.900	1.073	75.8	29.5	46.3	60.3	39.8	20.5	49.6	45.3	77.4	135.5	25.3	110.2	118.0	36.2	3	3	3	3	2	6	7	3	5	13	1.87	
May	29.979	.865	75.8	26.8	49.0	61.4	38.8	22.6	49.5	45.8	74.2	20.6	29.1	110	110	31.0	8	9	1	0	0	6	5	2	6	7	.59	
June	30.122	.863	80.2	37.5	52.7	68.8	46.4	22.4	56.8	51.3	71.3	29.1	29.1	140	140	40.8	4	9	1	4	1	4	2	5	6	10	2.421	
July	30.014	.635	88.7	43.0	45.7	75.9	52.0	23.9	63.1	57.5	70.2	149.0	38.5	110.5	137.6	47.9	2	4	3	2	3	6	9	2	4	11	2.07	
August	29.993	.931	81.0	43.2	37.8	68.9	50.8	18.1	59.0	55.5	79.5	147.0	35.0	112.0	128.8	45.6	0	6	1	0	2	13	8	1	6	17	2.31	
September ..	29.963	.808	76.0	41.5	34.5	66.8	50.2	16.6	58.1	56.0	86.8	136.7	34.2	102.5	122.7	45.0	2	2	4	3	6	9	4	0	10	6	18	3.65
October	29.896	.976	66.3	31.8	34.5	59.3	45.3	14.0	52.1	50.3	88.8	124.0	27.0	97.0	104.1	40.0	1	2	6	1	10	4	5	2	9	7	22	3.58
November..	29.963	1.855	62.0	20.7	41.3	49.3	35.8	13.5	42.2	39.8	91.0	110.0	18.0	92.0	80.8	32.2	2	1	8	3	0	4	8	4	8	16	2.90	
December..	29.776	1.358	52.7	16.5	36.2	38.5	27.6	10.9	33.5	31.2	92.8	88.7	11.3	77.4	60.6	24.0	2	2	2	0	4	4	7	6	7	15	1.94	
Mean, extreme or total for the Year.	29.997	1.090	88.7	16.5	52.7	57.9	40.7	7.2	48.9	45.6	83.6	149.0	11.3	112.0	101.2	36.2	42	40	42	33	25	32	79	80	34	8	6174	25.76

(Signed) THOMAS E. CRALLAN.

REPORT BY THE VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY ASYLUM, HAYWARDS HEATH,
31st March, 1874.

The inspection of this Asylum occupied us yesterday and this forenoon. The patients to-day are 733, of whom 340 are males, 393 are females ; of the former 7, and of the latter 14, belong to the private class.

Those chargeable to Sussex and Unions in the County are 637, and 77 are out County patients. The maintenance charged for patients chargeable to the County has been reduced from 9s. 8d. to 9s. 6d. ; the other paupers are received for 14s. weekly, and private patients pay 16s. From the statutory records we learn that 118 males, and 122 females, together 240 patients, have been admitted since our colleagues were here in January, 1873. That during the same interval 132 have been discharged in the proportion of 51 men to 81 women, and that 59 males and 32 females, a total of 91, have died. Of the discharged, of both sexes, 87 had, it appears, previously recovered from insanity, and 36 were well enough to return to the care of their friends. During the past four years Dr. Williams has been enabled to relieve this Asylum from the charge of 100 chronic cases by making suitable arrangements for them at their homes, and he assures us that no mischief has in any case resulted. Of the whole number six have been returned to the Asylum. During our inspection we saw every patient whose name

appears in the books of the Asylum, except a male private patient and a pauper boy—both these were absent on leave—the boy having been removed because he was attacked by measles. The occupants of both divisions were in their usual excellent order, no violence was displayed by any, and the quiet of the wards was very remarkable. In the Infirmarys we found a large proportion of old people. On the male side 5 persons were there in bed; in the female division as many as 18. In the other wards there were in bed 2 males.

The general paralytics and epileptics are a considerable number. Of the seventy deaths which took place in 1873, Dr. Williams informed us that 36 were attributable to general paralysis and phthisis; and of the 91 who have died since the last visit, 19 are recorded as having died of general paralysis; 10 from other brain disease; 15 from diseases of the heart; 10 from epilepsy; 10 from age; and 8 from exhaustion following mania or melancholia. Inquests were held in 2 cases; one in that of an epileptic who was found dead in bed; the second on a man removed from Brighton in a moribund condition, who died 12 hours after admission. The post-mortem examinations have been 36 only. Objections by the relatives of the other deceased patients have been the obstacle where no examination took place. On inquiry into the number of attendants, we are told by the Medical Superintendent that they are in the proportion of 1 to about 15 on the female side, and of 1 to $14\frac{1}{2}$ in the male division—the men make up a Musical Band of eight, led by the person who acts as Organist and Schoolmaster, and all seem to discharge their various duties in a satisfactory manner.

In reference to the epileptic patients, 78 in number, we are glad to report there is now a special night attendant in

each division for them, and though the epileptic wards are not, from their structure, well adapted for general supervision, or capable of accommodating all of the class referred to on the ground floor, still the arrangements lately made will be a great protection to those patients. The practice of Packing in Wet Sheets is maintained, and Dr. Williams says with beneficial results. Five males have been so treated on 18 occasions, and 14 women in 63 instances, usually for an hour at a time. There is no record of resort to restraint, but 12 men have been 16 times secluded, and 11 females on 46 occasions—none of either sex for a prolonged period—although on the second day of our visit the weather detained the patients in-doors; the wards were, in consequence of their good ventilation, and the cleanliness of the patients, quite free from any offensive smell. Everywhere we found the beds and bedding in order, and in every part of the building a prevalence of comfort and proper discipline. We did not finish our other work sufficiently early to see the men at their dinner, but were present in the Women's Hall, when about 300 sat down to table. The meal consisted of Australian meat with batter and sage and onions; each portion was ample in quantity and very palatable. The new Recreation Hall has been used for some entertainments, but is to be formally opened within a few days by a Theatrical Performance, for which it is well adapted, by the erection of a fixed stage and proscenium, with dressing rooms underneath for the actors. The other alterations and improvements at this Asylum comprise a third room for the Senior Assistant Officer, and further accommodation for the Junior, also for the Housekeeper, the enlargement of ward No. 6 on the female side, the provision of two cottages for attendants, and the erection of a detached meat larder. We may add that the female general bath

room is made more complete by supply of curtains for each bath, and that certain wards on the ground floor have been much improved by the disuse of rooms underneath for the cleaning of vegetables. The total number of vacant beds in this Asylum is now 83, viz., 36 for men and 47 for women. The County patients do not appear to increase in number. It is with much satisfaction we notice that the salary of the Senior Assistant Medical Officer has been raised. The Visitors have also divided the office of Clerk and Steward and appointed a Storekeeper to perform the duties of the latter.

We found all the wards amply supplied with the means of in-door amusements, and the occupation of the patients seems to be successfully carried out, a large number being employed on the land, in the laundry, and in various trades. As many as 520 of both sexes attend chapel on Sundays, and 550 on week-days; 30 or thereabouts of each sex attend the Asylum School. The medical and other records are very carefully kept, and we have again much pleasure in stating our opinion of the efficient way in which this Asylum is conducted.

CHARLES PALMER PHILLIPS,	} Commissioners
JAMES WILKES,	
	} in Lunacy.

APPENDIX

CONTAINING THE

TABLES OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION, &c.

The Medical Superintendent desires to acknowledge the services rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE 1.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year 1874.

				Male.	Female.	Total.
In the Asylum, 1st January, 1874 ..				342	391	733
	M.	F.	T.			
Admitted for the first time during the year	106	100	206			
Re-Admitted during the year	13	18	31			
Total Admitted.....				119	118	237
Total under care during the year				461	509	970
Discharged or Removed :						
	M.	F.	T.			
Recovered.....	29	40	69			
Relieved	8	13	21			
Not Improved	1	1	2			
Died	64	41	105			
Total Discharged and Died during the year				102	95	197
Remaining in the Asylum, Dec. 31st, (inclusive of absent on trial), 2 Males				359	414	773
Average numbers resident during the year				348.1	404.9	753.

TABLE II.

Showing the Admissions, Re-Admissions, and Discharges, from the Opening of the Asylum to the present date, 31st December, 1874.

	Male.	Female.	Total.
Admitted during the Period of 15½ years	1300	1239	2539
Re-Admissions	86	135	221
Total of Cases Admitted	1386	1374	2760
Discharged or Removed :			
	M.	F.	T.
Recovered.....	284	411	695
Relieved	99	110	209
Not Improved	118	44	162
Died	526	395	921
Total Discharged and Died during the 15½ years	1027	960	1987
Remaining, December 31, 1874	359	414	773
Average numbers resident during the 15½ years	258	298	556

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and proportion of Recoveries per cent. of the Admissions for each Year since the Opening of the Asylum, July 25, 1859.

YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on average Nos. Resident					
				Recovered.			Relieved.			Not Improved.																	
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Both	Male.	Female.	Both	Sexes.		
1859.....	143	164	307	2	4	6	1	1	2	4	6	10	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860.....	80	104	184	12	18	30	3	3	6	4	1	5	25	9	34	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5
1861.....	103	66	169	7	22	29	1	1	2	10	18	28	26	19	45	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862.....	60	69	129	14	16	30	1	6	7	7	3	10	23	18	41	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863.....	59	22	81	13	19	32	9	2	11	33	1	34	28	15	43	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864.....	64	70	134	14	10	24	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865.....	67	57	124	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866.....	70	89	159	17	25	42	5	8	13	1	..	1	40	30	70	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867.....	69	93	162	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868.....	119	73	192	14	34	48	5	5	10	2	..	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869.....	60	68	128	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870.....	83	83	166	29	32	61	5	2	7	28	29	57	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871.....	52	64	116	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872.....	138	130	268	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16.6	33.8	25.0	11.8	8.6	10.1
1873.....	100	104	204	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874.....	119	118	237	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	415	753	24.4	33.9	29.1	18.3	10.1	13.9
TOTAL.....	1386	1374	2760	284	411	695	99	110	209	118	44	162	526	395	921	258	298	556

* This apparently low per centage of recoveries is due to the admission of nearly 100 chronic Lunatics from St. Pancras and Maidstone. The recoveries on the admissions from the County are at the rate of 35.6 per cent.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths and the Numbers of each year remaining on the 31st December, 1874.

Admitted.				Of each year's Admissions Discharged and Died in 1874.								Total Discharged and Died of each Year's Admissions to 31st Dec., 1873.								Remaining of each year's Admissions Dec. 31, 1874.				YEAR.	TOTAL				
New Cases.		Relapsed Cases.		Re-covered.		Relieved.		Not Im-proved.		Died.		Re-covered.		Relieved.		Not Im-proved.		Died.		F.		M.				F.		M.	
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.			M.	F.	M.	F.
1859	143	164	...	307	2	6	11	11	16	27	1	8	9	5	2	7	82	80	162	39	50	89	1859	
1860	79	104	1	184	2	2	16	30	46	7	8	15	10	16	26	34	33	67	13	15	28	1860	
1861	102	60	6	169	3	3	10	20	30	10	6	16	40	5	45	32	22	54	11	10	21	1861	
1862	58	64	5	129	1	1	16	27	43	4	4	8	1	2	3	30	22	52	7	14	21	1862	
1863	58	22	1	81	1	...	11	5	16	4	4	8	2	1	3	34	10	44	7	2	9	1863	
1864	56	62	8	134	1	1	16	19	35	4	3	7	2	5	7	30	23	53	10	20	30	1864	
1865	62	50	5	124	2	2	12	18	30	5	6	11	...	2	2	37	16	53	13	13	26	1865	
1866	64	84	6	159	3	1	14	26	40	5	10	15	1	1	2	34	33	67	13	18	31	1866	
1867	63	80	1	162	2	1	20	29	49	8	11	19	1	5	6	22	30	52	14	17	31	1867	
1868	116	61	3	192	3	3	19	33	52	18	5	23	47	...	47	20	21	41	15	11	26	1868	
1869	57	61	3	128	2	1	19	20	39	3	6	9	4	1	5	18	23	41	14	15	29	1869	
1870	76	71	7	166	2	1	31	39	70	1	6	7	1	...	1	30	14	44	17	23	40	1870	
1871	42	52	10	116	3	5	18	23	41	6	6	12	...	1	1	14	9	23	11	18	29	1871	
1872	130	119	8	268	7	9	26	48	74	9	11	20	...	2	1	32	14	46	60	52	112	1872	
1873	88	85	12	204	13	5	16	18	34	6	3	9	1	1	2	13	4	17	39	50	89	1873	
1874	106	100	13	237	24	9	76	86	162	1874	
TOTAL	1300	1239	86	2760	29	40	69	8	13	21	64	41	105	255	371	626	91	97	188	117	43	160	462	354	816	359	414	773	TOTAL

Summary of the Total Admissions, 1859-74.

Male.		Female.		Both Sexes.	
Per centage of the Recovered		20.5		25.2	
Relieved		7.2		7.6	
Not Improved		8.5		5.8	
Dead		37.9		33.4	
Remaining		25.9		28.0	
100.		100.		100.	

TABLE V.

Showing the Causes of Death during the Year.

CAUSES OF DEATH.	Male.	Female.	TOTAL.
<i>Cerebral or Spinal Diseases.</i>			
Inflammation and other Diseases of the Brain, Softening, &c. ...	10	7	17
Epilepsy	4	2	6
Progressive Paralysis of the Insane	17	2	19
Maniacal or Melancholic Exhaustion	4	3	7
<i>Thoracic Diseases.</i>			
Inflammation of Lungs, and Pleuræ	1	3	4
Pulmonary Consumption	8	10	18
Disease of the Heart	6	5	11
Pericarditis	1	0	1
Cirrhosis of Lung	1	0	1
<i>Abdominal Diseases.</i>			
Disease of Kidneys	1	0	1
Diarrhœa	2	0	2
Diabetes	1	0	1
Cancer of Liver.....	1	2	3
Peritonitis	0	1	1
Hernia	1	0	1
Decay of Old Age	5	5	10
Senile Gangrene	1	0	1
Scrofula	0	1	1
TOTAL.....	64	41	105

TABLE VI.

*Showing the length of Residence of those Discharged Recovered,
and in those who have Died during the year 1874.*

Length of Residence.	RECOVERED.			DIED.		
	Males.	Females.	Total.	Males.	Females.	Total.
Under 1 month	1	1	2	10	2	12
From 1 to 3 months	9	10	19	8	2	10
„ 3 „ 6 „	4	6	10	6	4	10
„ 6 „ 9 „	10	14	24	6	2	8
„ 9 „ 12 „	3	2	5	3	1	4
„ 1 „ 2 years	1	4	5	8	4	12
„ 2 „ 3 „	„	2	2	4	3	7
„ 3 „ 5 „	„	1	1	6	4	10
„ 5 „ 7 „	1	„	1	1	5	6
„ 7 „ 10 „	„	„	„	4	3	7
„ 10 „ 13 „	„	„	„	3	1	4
„ 13 „ 16 „	„	„	„	5	10	15
TOTAL	29	40	69	64	41	105

TABLE VII.

Showing the Duration of the Disorder on Admissions, Discharges, and Deaths during the Year 1874.

Duration of Disease on Admission in Four Classes.													
CLASS.	The Admissions.			The Discharges.						The Deaths.			
				Recovered.			Removed, Relieved, or otherwise.						
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	
FIRST CLASS— First attack, and within three months on admission.....	51	57	108	12	17	29	4	3	7	29	15	44	
SECOND CLASS— First attack, above three and within twelve months on admission.....	13	6	19	2	4	6	...	3	3	9	6	15	
THIRD CLASS— Not first attack, and within twelve months on admission.....	25	31	56	10	18	28	0	5	5	12	10	22	
FOURTH CLASS— First attack or not, but of more than twelve months on admission	20	21	41	1	0	1	4	0	4	7	8	15	
Not ascertained	10	3	13	4	1	5	1	3	4	7	2	9	
TOTAL.....	119	118	237	29	40	69	9	14	23	64	41	105	

TABLE VIII.
Showing the Ages of the Admissions, Discharges, and Deaths during the Year 1874.

AGES.	The Admissions.			The Discharges.						The Deaths.		
	The Admissions.			Recovered.			Removed, Relieved, or otherwise.			Male.	Female.	Total.
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.			
From 5 to 10 years.....	2	1	3
" 10 15
" 15 20	6	4	10
" 20 30	18	26	44	2	11	13	3	5	8
" 30 40	32	23	55	12	13	25	1	3	4	16	9	25
" 40 50	24	24	48	6	8	14	2	1	3	16	4	20
" 50 60	12	25	37	4	3	7	2	3	5	5	4	9
" 60 70	14	7	21	1	2	3	9	10	19
" 70 80	5	3	8	7	7	14
" 80 90	1	1	2	2	...	2
" 90 and upwards.....
" Not ascertained	5	4	9	3	1	4	1	2	3
TOTAL.....	119	118	237	29	40	69	9	14	23	64	41	105

TABLE IX.

Condition as to Marriage in the Admissions, Discharges, and Deaths during the Year 1874.

Condition in Reference to Marriage.	The Admissions.			The Discharges.				The Deaths.		
	Male.	Female.	Total.	Recovered.		Removed, Relieved, or otherwise.		Male.	Female.	Total.
				Male.	Female.	Total.	Male.	Female.		
Single.....	41	49	90	4	13	17	5	6	11	39
Married	60	53	113	22	25	47	3	6	9	50
Widowed	11	13	24	1	2	3	14
Not ascertained	7	3	10	2	...	2	1	2	3	2
TOTAL.....	119	118	237	29	40	69	9	14	23	105

TABLE X.

Showing the probable Causes, Apparent or Assigned, of the Disorders
in the Admissions, Discharges, and Deaths of the year.

CAUSES.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Re- lieved or otherwise.					
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
MORAL.												
Religion	2	2	4	1	2	3	2	1	3
Family Trouble	8	7	15	4	6	10	3	3	6
Love	2	6	8	1	1	2	..	1	1
Fright	1	1	3	3
PHYSICAL.												
Weakness.....	1	1	2
Dysmenorrhea	1	1
Climacteric	2	2	..	1	1	1	1
Intemperance	4	4	8	2	1	3	4	4
Loss of Sight	1	..	1
Fever.....	..	1	1	1	1
Disease of the Brain.....	3	..	3	1	..	1	5	..	5
Injury to Head	8	1	9	..	1	1	1	..	1	4	..	4
Puerperal State	4	4	..	5	5	..	3	3	..	2	2
Epilepsy	4	1	5	4	..	4
Hereditary Tendency	4	5	9	2	1	3	1	1	2	1	..	1
Overwork	2	..	2	2	1	3
Sunstroke.....	2	..	2	2	..	2
Old Age	1	1	2	1	..	1
Over Study	2	..	2	1	..	1	..	1	1
Not ascertained	76	82	158	17	21	38	6	8	14	40	25	65
TOTALS	119	118	237	29	40	69	9	14	23	64	41	105

TABLE XI.

Patients' Daily State and Employment. Average.

(Compiled from the Daily State Book, which is made up from the Ward Returns.)

OCCUPATION OR TRADE.		Daily Average No. of Patients.
Male Patients.		
Working Party.	With the Gardener and out-door Attendants...	60
	With the Farm Attendants.....	14
	With the Cowman.....	4
With the	Carpenter	2
„	Bricklayer.....	4
„	Upholsterer	3
„	Basketmaker	3
„	Tailor	15
„	Shoemaker	14
„	Matmaker.....	13
„	Painter	6
„	Engineer	3
„	Baker	4
„	House Attendant	4
„	Bath „	3
In the	Dining Hall	8
„	Steward's Stores, Brewhouse, &c.....	3
„	Wards (cleaning)	70
Daily Average number Employed		233
Female Patients.		
In	Laundry and Wash-house	64
„	Kitchen	14
„	Dining Hall	18
„	Wards, &c. (Cleaning)	46
„	„ (Needlework)	145
„	Vegetable Room	14
Daily Average Number Employed		301

		DAILY ATTENDANCE.		
ATTENDANCE AT—		M.	F.	TOTAL.
„	Sunday Chapel	230	290	520
„	Weekday „	280	340	570
„	School	40	56	96
„	Weekly Ball	110	134	244
„	Other Entertainments	114	143	257
Walk	about Grounds	180	260	440
„	beyond „	80	100	180
„	on Terraces	310	350	660
NIGHT REPORT.				
Number of	Wet Cases.....	5	4	9
„	Dirty „	3	5	3.5
„	Noisy (at Night).....	6	7	13
Average number Resident } (mean Annual Population) {		348	404	753

TABLE XII.
THE ESTABLISHMENT.
OFFICERS.

Medical Superintendent	£750	}	Furnished Apartments, Coals, Vegetables, and Laundry.
Chaplain	200		
Clerk to Visitors.....	150	}	None.
Clerk of Asylum.....	250		
Senior Asst. Med. Officer.....	200	}	Lodging, Board, Washing, and Attendance.
Junior Assistant Medical Officer	100		
Storekeeper.....	75	}	
Housekeeper	60		
Head Attendant (Female Depart- ment)	90	}	House, Coals, Vegetables, and Gas.
Ditto (Male ditto)	100		

ATTENDANTS AND SERVANTS.

1 Male Attendant (Night)	66	0	0	}	None.
1 Ditto Ditto ...	56	0	0		
1 Ditto Ditto ...	51	0	0		
1 Organist & Schoolmaster	52	0	0		

Board, Lodging, and Washing:—

1 Male Attendant (Dining Hall)	40	0	0	1 Head Laundry Maid ...	24	0	0
2 Ditto	38	0	0	1 Laundry Maid	20	0	0
1 Ditto	37	0	0	1 Ditto	18	0	0
1 Ditto	36	0	0	1 Ditto	16	0	0
2 Ditto	35	0	0	1 House Porter	38	0	0
2 Ditto	34	0	0	1 Cook	30	0	0
2 Ditto	31	0	0	1 Dairy Maid	18	0	0
2 Ditto	30	0	0	1 Kitchen Maid	15	0	0
4 Ditto	25	0	0	2 Housemaids.....	13	0	0
3 Ditto	24	0	0	1 Ditto	12	0	0
1 Female Attendant (Night)	21	0	0	1 Farm Attendant	31	0	0
2 Ditto	19	0	0	1 Ditto	25	0	0
1 Ditto (Dining Hall)	21	0	0	1 House Attendant.....	31	0	0
2 Ditto	25	0	0	1 Vegetable Room Maid	13	0	0
3 Ditto	24	0	0	<i>House, Coals, Vegetables, &c.</i>			
1 Ditto	23	0	0	per Week.			
3 Ditto	20	0	0	1 Engineer	1	16	0
2 Ditto	19	0	0	1 Bailiff	1	5	0
4 Ditto	18	0	0	1 Gardener	1	2	0
1 Ditto	16	0	0	1 Blacksmith (house and gas).....	1	6	0
4 Ditto	15	0	0	1 Front Ground Labourer	0	17	0
1 Seamstress	20	0	0				

per Week.				per Week.			
Tailor.....	1	4	0	Bricklayer's Labourer ...	0	18	0
Shoemaker	1	4	0	Painter and Glazier	1	11	0
Ditto	1	4	0	Stoker	1	0	0
Matmaker	1	4	0	Ditto	0	18	0
Basketmaker	1	4	0	Cowman	0	17	0
Upholsterer	1	11	0	Cow Boy	0	6	0
Baker	1	6	0	Carter	0	17	0
Butcher.....	1	3	0	Carter's Boy	0	3	0
Under Garden Attendant	1	1	0	Assistant Carter.....	0	16	0
Carpenter	1	11	0	Stock Man	0	12	0
Bricklayer.....	1	11	0	House Carter	1	0	0

January 1, 1875.

TABLE XIV.
DIET SCALE.

	DINNER At 1.0. P.M.										SUPPER, At 6.0 P.M.																	
	Males.					Females.					Males.					Females.												
	Males.					Females.					Males.					Females.												
	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding	Mutton Broth or Irish Stew.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat	Meat Pudding.	Plum Pudding.	Mutton Broth.	Meat Stew.	Vegetables.	Bread.	Butter.	Sweet Cake or	Bread.	Butter.	Sweet Cake or	Tea.
Sunday.....	oz. 6	pt. 1	oz. 5	oz.	pt. 1	oz. 4	pt. $\frac{1}{2}$	oz. 6	oz. ..	oz. 12	pt. ..	oz. ..	oz. 16	oz. 2	pt. $\frac{1}{2}$	oz. 8	oz. ..	oz. ..	pt. ..	pt. ..	oz. 12	oz. 6	oz. $\frac{1}{2}$	pt. 1	oz. 5	oz.	pt. 1	
Monday ...	6	1	5	oz.	1	4	$\frac{1}{2}$	4	1	..	8	2	$\frac{1}{2}$	4	8	12	6	$\frac{1}{2}$	1	5	oz.	1	1
Tuesday ...	6	1	5	oz.	1	4	$\frac{1}{2}$	4	12	12	4	$\frac{1}{2}$	4	1	12	6	$\frac{1}{2}$	1	5	oz.	1	1
Wednesday	6	1	5	oz.	1	4	$\frac{1}{2}$	16	..	4	$\frac{1}{2}$	4	1	12	6	$\frac{1}{2}$	1	5	oz.	1	1
Thursday...	6	1	5	oz.	1	4	$\frac{1}{2}$	8	16	2	$\frac{1}{2}$	12	6	$\frac{1}{2}$	1	5	oz.	1	1
Friday	6	1	5	oz.	1	4	$\frac{1}{2}$	4	12	12	4	$\frac{1}{2}$	4	1	8	6	$\frac{1}{2}$	1	5	oz.	1	1	1
Saturday ...	6	1	5	oz.	1	4	$\frac{1}{2}$	4	1	..	8	2	$\frac{1}{2}$	4	8	12	6	$\frac{1}{2}$	1	5	oz.	1	1
Weekly TL.	42	7	35	2½	7	28	3½	30	24	12	2	16	72	20	3½	28	16	12	1	1	68	42	3½	7	35	2½	7	7

TABLE XIV. *Continued.*
DINNER.

	Male Patients.	Female Patients.		Male Patients.	Female Patients.
Sunday	Bacon and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday	Roast Meat or Pickled Pork.	Plum Pudding and Treacle Sauce.
Monday	Mutton Broth or Bread and Cheese, (3oz).	Meat Pudding.	Friday	Meat Pudding.	Mutton Broth or Irish Stew.
Tuesday	Meat Pudding.	Meat Stew.	Saturday	Irish Stew.	Meat Pudding or Bacon 4oz., with Suet Pudding 8oz.
Wednesday	Plum Dumpling and Treacle Sauce.	Meat Stew.			
					<i>Bread, Beer, and Vegetables daily.</i>
					<i>When Rice and Fruit Pudding is given on Sunday, 4 oz. less Suet Pudding to Males, and 1 oz. less Meat to Females.</i>

Extra Diet for Sick.—Mince Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrow Root, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese, at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M., the Laundry Patients 4oz. Bread with Butter and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily. 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ Coffee, $\frac{1}{2}$ Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{4}$ lb. Cocoa, $6\frac{1}{2}$ lb. Treacle, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto 1 $\frac{1}{2}$ lb. Coffee, $\frac{1}{4}$ lb. Chicory, 5lb. Treacle, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lb. Sugar, and 2 Gallons Milk.

Mutton Broth Ditto { The Liquor of the Cooked Meat, Bones, &c., 25lb. Meat, 3lb. Scotch Barley, Oatmeal, Rice, 10lb. Turnips, Cabbage, Parsnip, Leek, Onion, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust, 31lb. Flour, 50lb. Potatoes, 13lb. Meat.

Meat Pudding Ditto 25lb. Meat, 25lb. Flour—Boiled or Baked.

Meat Stew Ditto 25lb. Meat, in a Stew with Potatoes and other Vegetables mixed with Rice and Barley.

Plum Pudding 100 lbs. weight. Flour, 46 $\frac{1}{2}$ lbs., Suet, 6 $\frac{1}{2}$ lbs., Raisins, 7 $\frac{1}{2}$ lbs.

(Signed)

S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH, 31st December, 1874.

