# I. Account of the construction of the asylum, and the early proceedings connected therewith : II. Second annual report / Sussex County Lunatic Asylum, Haywards' Heath.

### Contributors

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## Sussex

## COUNTY LUNATIC ASYLUM

## HAYWARDS' HEATH OYAL

THE RECORD THE TRANSPORT OF DEVICES

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I.—ACCOUNT OF THE CONSTRUCTION OF THE ASYLUM, AND THE EARLY PROCEEDINGS CONNECTED THEREWITH.

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II.-SECOND ANNUAL REPORTS, 1860.

LONDON:

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## SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS' HEATH.

I. — ACCOUNT OF THE CONSTRUCTION OF THE ASYLUM, AND THE EARLY PROCEEDINGS CONNECTED THEREWITH.

> AT THE EPIPHANY SESSIONS held for the Eastern and Western Divisions of the County, in January, 1860, THE COMMITTEE OF VISITORS appointed for providing an Asylum for the Pauper Lunatics of the County of Sussex, REPORTED, among other things :-

THAT, at the Easter Sessions, 1846, a Committee of Justices was appointed to superintend the erecting or providing an Asylum for the Pauper Lunatics of the Eastern Division of the County alone, or to treat and enter into an Agreement with the Justices acting for the Western Division.

That in September, 1854, in consequence of the passing of the 16 and 17 Vict., cap. 97, which rendered it compulsory upon Counties to provide an Asylum for the Pauper Lunatics thereof, that Committee, after several previous meetings with the Committee of the Western Justices, entered into an Agreement to unite in providing an Asylum for the Pauper Lunatics of both Divisions; and such Agreement stipulated that the expense thereof, and of its future maintenance, should be borne in the proportion of 67 parts in every 100 parts by the Eastern Division, and of 33 parts in every 100 by the Western Division: and that the Committee of Visitors should consist of 14 Eastern Justices, and 8 Western. The number of Justices for the Eastern Division was fixed by the Committee at 14, in order that when the Borough of Brighton nominated 2 Justices of that Borough as Members of the Committee, the correct proportion between the two Divisions should be maintained.

At the Michaelmas Session, 1854, the Agreement for uniting was reported to the Court, and the Committee was then appointed to carry the same into effect.

That several Farms were inspected, and after much consideration, it was finally resolved, unanimously, to recommend that a portion of Hurst House Farm, in Wivelsfield, being nearly in the centre of the County, and within about a mile of the Hayward's Heath Station, should be purchased. A provisional Agreement was entered into with Henry Charles Lane, Esq., the owner, for the purchase of the portion which had been selected, comprising about 120 acres, with a Farm House and Buildings, at the price of £5,750, and Timber at a valuation. The selection of the site met with the full approval of the Commissioners in Lunacy, and the Agreement was sanctioned by the Secretary of State, and ratified at the Midsummer Session, 1855.

That the Committee, in execution of the duty which

devolved upon them, invited five eminent architects, who were all experienced in the erection of Lunatic Asylums, to furnish designs, with plans and estimates, for the proposed Asylum for the County. Four of those gentlemen complied with the request, and the several plans and designs, together with their respective estimates, received the anxious and careful consideration of the Committee; it was eventually determined that those of Mr. Henry Edward Kendall, Jun., of 33, Brunswick Square, London, were the most eligible, as well as the least expensive, and accordingly they were selected;—such plans and estimates were submitted to the Commissioners in Lunacy, and by them reported to the Secretary of State, who duly approved of them, and they were then submitted, at the Epiphany Sessions, 1857, to this Court for approbation, which was at once given.

That the Committee immediately afterwards took steps for obtaining tenders for the erection of the Building, and at the Easter Sessions, 1857, they reported that they had entered into a contract with Messrs. Rees and Ayers, of Dover, for erecting the Asylum for the sum of £37,400; such contract was approved by the Court, and Messrs. Rees and Ayers commenced their work.

That a Sub-Committee was appointed to superintend their progress, and, in addition to the frequent visits made by individual members, fortnightly meetings were held at the Works by such Sub-Committee, and monthly meetings by the general Committee, during the erection of the Asylum. The progress made was from time to time reported to the Sessions, and at Easter Sessions, 1858, the Building, having been sufficiently advanced to require that provision should be made for the Engineering Works, a contract, which had been entered into with Messrs. Ayers and Ismay for £3,423, was then submitted to, and approved by, the Court.

That Dr. Charles Lockhart Robertson, of Charles Street, Berkeley Square, had been appointed the resident Medical Superintendent, and the Rev. Henry Hawkins, had been appointed the Chaplain.

That the necessity of having a plentiful supply of water, prevented the opening of the Asylum so soon as otherwise it might have been. An Artesian well, which had been sunk to the depth of 217 feet, required longer time to complete, owing to the extreme hardness of the strata, than had been anticipated. The Well had been finished, and the result was a most abundant supply of good water.

That the Asylum had been fitted and furnished, and clothing obtained for 400 Patients. The Asylum, however, is capable of containing 450.

That on the 25th July, 1859, the Asylum was opened for reception of Patients, and the whole of the Lunatic Paupers who had been confined in other Asylums, were soon after received into the Asylum, with the exception of two old and feeble Patients, whose removal might have been attended with danger to them.

That since the opening of the Asylum it had been visited by the Commissioners in Lunacy, and they had expressed their satisfaction as well with the Building as also with the care bestowed upon the Patients, and with the arrangements generally. That the sum for which it was assumed the Building alone could be erected was £42,000; but owing to an alteration in the levels produced by a change, at the instance of the Commissioners in Lunacy, of the site originally proposed for the Building, and to sundry alterations and additions, which, as the erection went on appeared to be necessary, many extra expenses were incurred, which caused the sum for building and engineering to amount to £46,531 6s. 10d.

That other sums had been expended in the making of approaches to the Asylum, Roads, Airing Courts, Yards, in laying out the Garden, and bringing the Farm into better cultivation, in the purchase of Stock, Farming Implements, and in all those works which were found to be necessary for the occupation of the Building, and in providing the requisite Fittings, Furniture, Clothing, &c., for the Patients, together with other incidental expenses, as will appear in the Abstract of Accounts appended to the Report.

That the burial of the Patients in a distant church-yard having been found to be inconvenient, and attended with expense, the Committee had selected a spot on the farm, contiguous to the Asylum for a burial ground, which has been approved of by the Secretary of State.

That the portion of Hayward's Heath, which is situate within the Manor of Oathall, in which Manor Hurst House Farm is comprised, was about to be inclosed under the Inclosure Acts. That in allotting several pieces for sale, the valuer set out two small portions, together 3R. 12r., immediately adjoining the North-west corner of the Asylum property; and to prevent any annoyance which might be occasioned if such two lots had fallen into other hands, the Committee considered it expedient to purchase the same at the sum of £104, and a small quantity of timber on one of the lots, to be taken at a valuation. That the Secretary of State, and the Commissioners in Lunacy had approved such purchase.

That the number of Patients at the date of the Report, in the Asylum, was 285; viz., 135 Males, and 150 Females.

That the total number of admissions and discharges, and also the number of deaths, together with the number cured since the opening of the Asylum, was stated in the Medical Superintendent's Report, which accompanied the Report of the Committee.

That the rate of Maintenance had been fixed by the Committee for the period from 25th July to the 30th September, at 13s. per week, and at the same sum for the then current quarter.

The Medical Superintendent at the same time made his First Report, which was appended to the Report of the Committee, and was as follows :-- mi ed the total number of admissions, during the five months

## THE MEDICAL SUPERINTENDENT'S FIRST ANNUAL REPORT.

THE Medical Superintendent has the honor to submit his First Annual Report to the Committee of Visitors.

On the 25th July the Asylum was opened for the reception Opening of of Patients, and 50 Patients, selected at a previous visit, were removed from Bethnal Green Asylum, London. By the end of August, nearly all the Insane Patients belonging to the County, confined in Licensed Houses, were removed to the Asylum at Hayward's Heath, to the number of 230.

The Medical Superintendent has to acknowledge the assistance rendered to him in his difficult undertaking by the Medical Officers of the Licensed Houses at Bethnal Green, Camberwell, Hoxton, and Peckham. These 230 Patients all arrived at Hayward's Heath without the slightest accident, although as many as 60 were removed at one time.

The removal to the County Asylum of the Sussex Patients Subsequent confined under the Secretary of State's Warrant, and subsequent recent admissions, including the Patients belonging to the Borough of Hastings and nine private Patients, have raised the total number of admissions, during the five months the Asylum has been opened, to 303, viz., 142 Males, and 161 Female Patients.

Discharges.

During this same period, eight cases have been discharged, (See tabular statements of Discharges and ten have died. and Deaths at the end of this Report.)

Of the eight cases discharged, six were sent home cured. The two last in the table of discharges (Table III) are of interest, the one, as being the first Patient admitted direct from his Parish into the County Asylum, and who, although suffering from a severe form of mental disease, entirely recovered; and the other, as one in whom the mere removal to the County Asylum from a Licensed House in London, where she had been many years confined, was apparently the cause of cure.

Deaths. (Obituary Table.)

The average age at death of the ten fatal cases, was 45.8 One case lived only 13 days after admission; she vears. was dying when she arrived from her Parish at the Asylum. Another case survived only 13 days her removal from London, in consequence of inflammatory cold caught on the journey; her age was 63 years.

The advanced age and weakly condition of many of the chronic cases removed from London, leads the Medical Superintendent to fear an unusually large mortality during this winter.

Table of Changes since the Opening of

The following table exhibits, in a statistical form, the changes which have occurred in the Asylum during the five the Asylum, months it has been open.

## TABLE I.

Shewing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum, 25th July, to 25th December, 1859.

				Male.	Female.	Total.
Removed from various Asylums ing of the Asylum at Haywar	on th rd's E	le ope	*-}	115	135	250
Admitted for the First Time	M.	F.	т.			
since the opening of the Asylum	27	26	53			
Re-admitted	0	0	0	27	26	53
Total Admitted since the openin	142	161	303			
Total under Care since the Op Asylum	142	161	303			
Discharged :						
	м.	F.	Т.			
Cured	2	4	6			
Relieved	$\begin{vmatrix} 0\\ 1 \end{vmatrix}$	1				
Not Improved Died	4	6	10			
Total Discharged and Died sine ing of the Asylum				7	11	18
Remaining in the Asylum, Dec	. 25tl	n, 18	59	135	150	285
Average Number Resident (me	an po	pulat	ion)	$108_{158}^{32}$	124 80	232113

<sup>\*</sup> Under this head are included all the Pauper Lunatics chargeable to the County, who, previous to the Opening of the Asylum, were maintained in Licensed Houses, near London, as also the Brighton and Hastings Patients of the same description. Herein are also included seven Patients confined under Warrant from Her Majesty's Secretary of State for the Home Department.

The number of Patients in the Asylum this day (Christmas Day, 1859) is 135 Male, 150 Female; Total, 285.

The mean population, as calculated on the daily number resident, has been for the five months (25th July-25th December, 1859,)  $232\frac{112}{158}$ .

Table of Unions, The following table gives, in one view, the Admissions, (removals and recent admissions) Discharges, and Deaths, 25th July-25th December, 1859, classified according to the Unions to which the Patients are chargeable; it will aid in shewing the distribution of mental disease in the County :--

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TABLE II.—Shewing the Number of Patients Removed to the Asylum on its opening July 25th, 1859; Since Admitted, Discharged, and Dead; also distinguishing the Patients belonging to the different Unions, to December 25th, 1859.

1	-	-		-
-	UNIONS.		Arundel, Battle, Battle, Brighton, Cuckfield, Eastbourne, Hastings, Horsham, Horsham, Lewes, Midhurst, Newhaven, Petworth, Broadwater Rye, Sutton, Thakeham, Theehurst, Westbourne, Westbo	
os in	859.	H	921-16666833398839888	285
Remaining in	Dec. 25, 1859.	E.		150 2
Rem	Dec.	M.		135 1
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Total	and Dead.	A.	::**:***::::***:***	11
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		H.	:=:::::::::::::::::::::::::::::::::::::	10
Diod	man	A.	:: ** : ** : : : : : ** ** ** ** ** ** *	9
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ped	ed.	E.		01
Discharged	Recovered.	B.	************************************	1
Dis	Rec	м.		1
ged		E.	····	9
Discharged	Cared.	P.	······································	-
Dis		м.	:::::::::::::::::::::::::::::::::::::::	63
	snt.	н.	222123122122322 1011212122322 10212222 102222 102222 1022 10222 10022 1002 1002 1002 1002 1002 1002 1002 1002 1002 1000 1000 1000 10000 1000 1000 1000 10000	303
Total	Treatment.	.A.		161
	Tre	X.	□ ▷ ▷ ▷ ▷ ▷ ▷ ▷ ▷ ▷ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○	142
itted	me.	Τ.	Haidward : : 44 : : : 61 5 : : Lu : - 61 4 ' 62 0	53
e adm	First Time.	F.	H-00000::000::::00:000:::::00:000	26
Removed on Since admitted	Fire	M.	: H4HH01 : : 0101 : : : H : : H : : H : : 01 : : H : : 0101 : : H : : H : : 0101 : : H : : H : : 0101 : : H : : H : : 0101 : : H : : H : : 0101 : : H : H	27
l on	nm.	T.	10000000000000000000000000000000000000	250
nove	the Asylum.	E.	:- droppa apa 4 a a a a a a a a a a a a a a a	135
Ren	the	N.	H & W & & w & w & w & w & w & w & w & w &	115
	UNIONS.		Arundel	Total

Improved Condition of the Patients removed f. om London

A very marked improvement has taken place in the general health and conduct of the patients (many cases of long standing mental disease) removed from London. The invigorating influence of the pure air and water of Hayward's Heath has given light and colour to many who on admission presented a worn and debilitated appearance; while the order and discipline of the Establishment have reduced into harmony and good conduct some of the most violent and unpromising cases of insanity which the Medical Superintendent ever met with in practice.

The beauty also of the site of the Asylum, looking out on the free downs, which are ever changing their distance and their shape, as the lights and cloud-shadows sail over them, and over the graceful forms of whose endless variety of slopes the eye wanders unarrested by abruptness, with an embracing feeling of fulness and a restful satisfaction to the pure sense of Form,\* has not been without its calming influence on many of the Patients, and has, in several instances, been the subject of their conversation with the Medical Superintendent at his visit to the Wards.

The general Order of the House. The House is already in good working order; each duty and requirement of the day have their appointed hour and agent, and the means best fitted for the curative employment of the Patients are in daily operation.

Employment of the Pa ients. The cleaning of the Wards, on both sides of the House, is performed by them, and all the domestic labour of a large household is entrusted to some of them. The Male Patients

\* See Lectures and Addresses by the late Rev. Frederick William Robertson, M.A., of Brighton.

are also employed on the Farm and Garden, under proper supervision, and in the Workshops, with the artisans of the Establishment, as tailors, shoemakers, carpenters, bakers, bricklayers, painters and glaziers; and a beginning has been made in mat-making.

In the Asylum, however, of an Agricultural County like Sussex, outdoor Farm Labour is the principal source of employment, and the Patients employed with the Artisans are a small minority. In the Female Department, the Kitchen and Laundry, together with the Needlework, are the chief means of employment. The Classes, it may be here stated, for general Instruction and for Music are fairly begun, under the superintendence of the Chaplain. The Medical Superintendent anticipates considerable benefit to the convalescent Patients from these Classes : their personal superintendence by the Chaplain will contribute materially to their ultimate success.

Occasional amusements—not too frequent—to encourage Amusements those who work, and to break the monotony of the routine life of an Asylum, are, in the opinion of the Medical Superintendent, of advantage both to the Patients and to their Attendants. A weekly dance for the Patients and Household is held on Wednesday evening, in the Recreation Hall, at which 100 of the Patients have more or less joined in the evening's amusement. A very fair Band, composed of Attendants and Patients, has been formed. On Christmas Eve the Hall was decorated, and the dance kept up till a late hour.

The supply of Newspapers, Books, and Games, granted by

the Visitors, is by a certain number of the Patients appreciated.

The Incurable Cases. But in referring to these various evidences of mental activity and healthy employment in the Asylum, the other side of the picture must also be looked at.

It must not be forgotten that a large number of hopeless cases of Insanity, on whose weary path no remedial agencies can throw any light or change, are also the objects of our care. It is in their treatment that the heavy pecuniary expenditure of the Asylum is incurred, and they form (though the least prominent feature in such a Report as the present,) the most anxious portion of the Medical Superintendent's charge. They require a daily and hourly care and watching, often of the most wearying and harassing kind, yet of which labour the remedial results can only be seen and recognized by those familiar with the symptoms and progress of chronic mental decay.

It is due to the Officers of the Establishment that the Medical Superintendent record here his approval of the manner in which the Patients now referred to have been tended and cared for. He has in evidence thereof the satisfaction of adding that, since the opening of the Asylum, no accident, injury to a Patient, or even escape has occurred. He cannot, indeed, venture to hope that another year will prove as free from such accidents and mishaps, which appear with the permanence of a natural law in the history of every large Asylum, however well-ordered.

The Diet scale in use is herewith annexed. The Insane require a liberal, nourishing diet. The Medical Superinten-

Diet.

dent ventures to think that this Diet scale combines this requirement with a reasonable regard to economy. He has ordered very few extra articles of Diet during the period, an important item of expense in many County Asylums.

Wednesday in each week has been set apart for the visits Visiting Day of the friends and relations of Patients; visits which the Medical Superintendent is always anxious to promote and encourage. In cases of urgent sickness notice is sent to the relations, who in such cases are admitted on other days also.

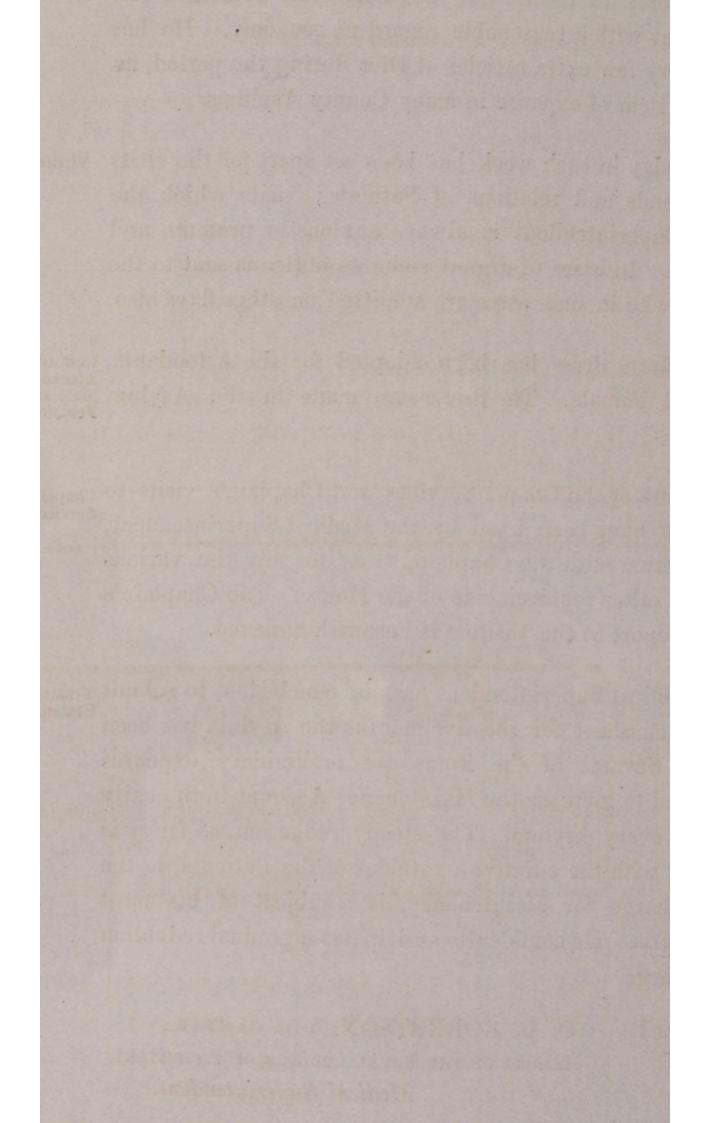
A Uniform dress has been adopted for the Attendants, Uniform of Male and Female. The dresses are made in the Asylum Male and Female. Workshops.

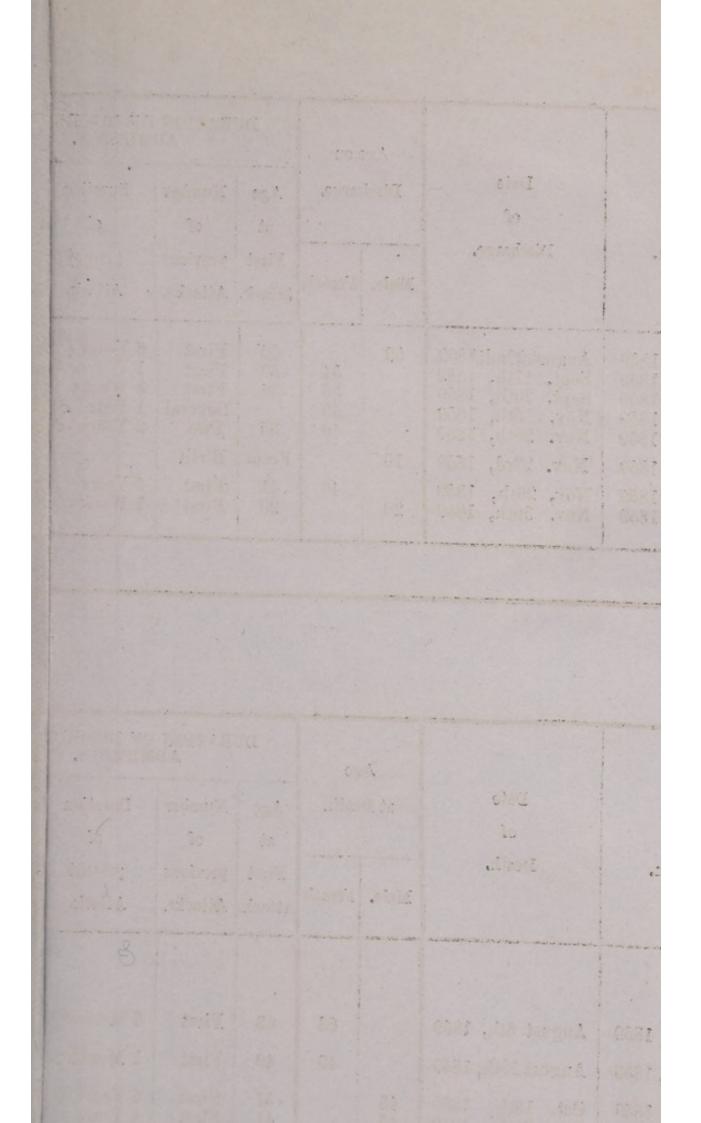
The hours of the Chapel Services and Chaplain's visits to Chapel the Wards have been fixed by the Medical Superintendent, Services. in conjunction with the Chaplain, so as to suit the various hours and other requirements of the House. The Chaplain's Annual Report to the Visitors is herewith annexed.

The Medical Superintendent has, in conclusion, to submit Financial Statement. the Balance Sheet for the five months the Asylum has been opened. Several of the items are preliminary expenses which tend to increase the Maintenance Account in the early history of every Asylum. The steady reduction, so far as is consistent with the curative treatment of the Patients, in the weekly charge for Maintenance, is a subject of his most anxious care. He confidently anticipates a gradual reduction of this charge.

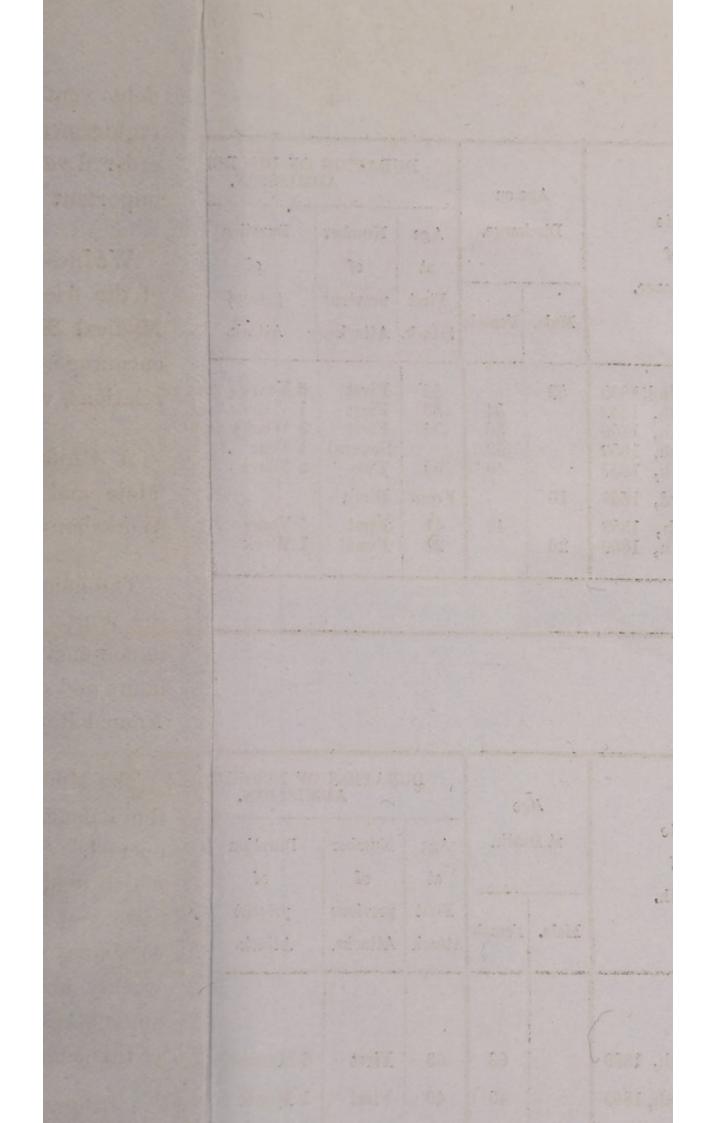
C. L. ROBERTSON, M.B. CANTAB., (Signed) MEMBER OF THE ROYAL COLLEGE OF PHYSICIANS, Medical Superintendent.

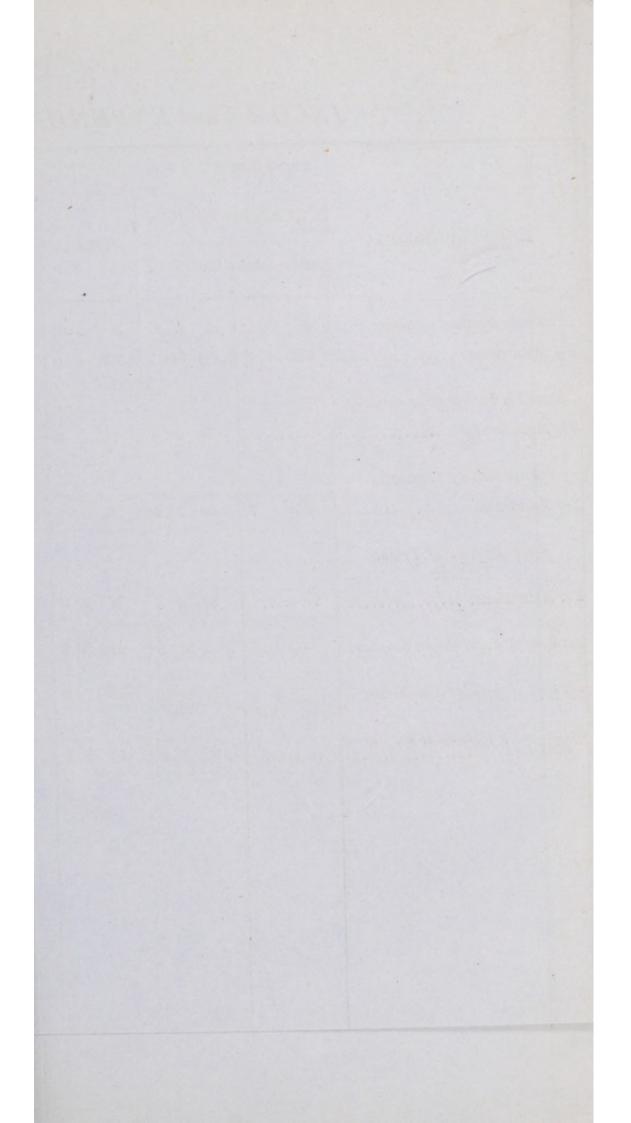
25th December, 1859.





							A H	ISTORY OF T	HE D	and the second	~ ~ ~	E III. THE 25th	JULY, TO	25th DEC	EMBER,	1859.		
			Age on	DC	TRATION (	OF DISORDER OLISSION.	NIS NIS	STAL AND PHYSICAL STA	TE ON AD	artestor.		CIVIL STATE ON AI	OMERSION.	ATPAR	ENT OR ALLEG	ED CLUBE,		
No. in Register.	Dute of Administra.	Duts of Discharge.	Discharge, Male, Female	at First	Number of pretious Attacks.	of prisons	Porm of Discuss.	Particular Propensition or Halberinations.	Original Intellect and Disposition.	Bodily Complications or Disorder,	da to Marriage.	As to Religious Personnico,	As to Occupation.	Passa Restlary.	Other Causes,	Eultisp.	Romit.	Iman
155 170 21 3 237	August 5th, 1849 August 11th, 1859 July 25th, 1859 July 25th, 1859 Sept. 8th, 1859 July 27th, 1859 July 27th, 1859	<ul> <li>Sept. 17th, 1809</li> <li>Sept. 20th, 1819</li> <li>Nor. 5th, 1859</li> <li>Nor. 20th, 1859</li> <li>Nor. 22th, 1859</li> <li>Nor. 23th, 1859</li> </ul>	10 46	53 35 35 Fren 41	First First Several Two Birth	2 Years	Mania Meiancholia Demontia Meionomia Meionoholia Idiat Aruto Mania Demontia	Extreme Depression Very dirty habits	Fair Fair Good Fair Nil Good	Chronic Rhoumation Sumstroke Paralysia	Married Married Married Single Married	Church of England Church of England	Glarler	Not known Not known Not known	Til health Fright of Mother during preparer	Domestic trouble Sondruke Ivink Not known	Ecovered Unimproved Ecovered Tecovered Unimproved Recovered	on valuement on Adminism. Transfer from most here Arylean stopening is the one of the Fordward the best and a flow fundament. (Two month's previous out on trial.) is the Kalen flow fundament. (Two month's previous out on trial.) is the Kalen flow fundament. (The month's previous out on trial.) is the control flow fundament. (The control of the fundament.) is the control flow fundament.
							10 L, First Attack, and w	eithin 5 Months.—Class II.,	First Atta	ck above 3, but within 12 l	Months.=	Class III , Not First Ai	ttack, and within 12	MonthsClass	IV., Cases of me	re than 12 Months	duration.	
-								OBI	TUAR	T A Y, FROM 25th	BLH		ECEMBER,	, 1859.				
-			Age	90	IBATION (	OF DISORDER	MES	STAL AND PHYSICAL STA	TE ON AD	MISSION,		CIVIL STATE OF AD	atiskitost.	APPARE	NT OR ALLEGE	D CATER.		
No.					_			1	Original	Bolliy	1000					0.0000000000000000000000000000000000000	Cume	
in Begister.	Date of Admission.	Date of Death,	at Death, Male, Female	at First	Sumber of provious Attacks.		Form of Disease,	Particular Proposition of Hallaciastions.	Intellect and Disposition.	Complications or	da to Marriago.	As to Beligious Pressadon.	As to * Occupation,	Pastern Horoditary.	Other Canses.	Inding.	ef Death,	Sanana.
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#### TABLE V. INCOME and EXPENDITURE, from 25th July to 31st December, 1859.

	INCOM	ш.			EXPENDITURE.							
HPADE OF INCOME	QUARTER	ENDING	Contraction of the second second			QUARTE	R ENDING		Total of General			
HEADS OF INCOME.	Michaelmas,	Christmas,	TOTAL.	Total Income.	HEADS OF EXPENDITURE.	Michaelmas.	Christmas,	TOTAL	Heads of Expendito			
From Parishes in Sussex.	£ s. d.	£ 1. d.	£ s. d.	£ s. d.	Provisions.	£ s. d.	£ s. d.	£ s. d.	£ 1.			
For Maintenance	1,254 14 8	2,122 10 1	3,377 4 9		Meat		321 14 10 145 8 9	476 13 9 224 7 5				
From Parishes in other Counties.					Rice, Barley, &c	8 I 9 35 4 4	4 18 6 42 4 4	13 0 3				
For Maintenance		16 2 0	16 2 0		Sugar and Treacle Sundry Groceries Tobacco and Snuff	8 6 11 8 16 3	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccc} 77 & 8 & 8 \\ 77 & 0 & 10 \\ 20 & 14 & 1 \\ 24 & 2 & 9 \end{array}$				
From County Treasurer.				1	Cheese and Eggs	26 14 11	43 11 5	80 19 1 73 7 6	1			
For Maintenance	30 8 7	55 2 4	85 10 11	1	Malt, Hops, and Beer Milk Farm	24 14 1	197 18 8     17 7 6     120 1 11	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$				
From Friends of Private Patients.					Total	619 7 2	1,009 8 2		1,628 15			
For Maintenance		37 5 3	37 5 3		House and other Expenses.							
For Sale of Farms Produce	599	5 16 9	11 6 6		Coals	21 7 10	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$				
For Sale of Articles from Stores	7 5 9	12 5 11	19 11 8		Starch, Soda, Blue Candles and Oil Furniture, Linen and Bedding	2 15 6	7 19 7 6 5 6 81 10 2	14 9 3 9 1 0 81 10 2				
					Brooms and Brushes Rates and Taxes		11 11 0 8 5 0	11 11 0 8 5 0				
Refunded by Attendants for use of Uniform		10 2 6	10 2 6		Stationery and Postage Printing and Advertisements	10 3 3						
					Carriage of Goods. Funeral Expenses Periodicals and Books Gas supplied	$     \begin{array}{ccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$				
					Total	45 5 6	446 0 9	491 6 3	491 6			
					Clothing		174 5 8	174 5 8	174 5			
					Salaries and Wages.							
					Salaries of Officers Wages of Servants	130 15 8 145 13 11	222 10 0 250 1 8	353 5 8 395 15 6				
				-	Total	and the second s	472 11 8	749 1 2	749 1			
					Medicine, 4c.							
					Drugs, Trusses, &c.	8 10 6 44 3 7	15 19 8 21 13 7	$\begin{array}{cccccccccccccccccccccccccccccccccccc$				
					Wine, Spirits, &c Total	And the other designs of the other lines.	37 13 3	90 7 4	90 7			
					Incidentals,							
					Removal of Patients	150 0 0	21 5 9	171 5 9				
					Incidentals	9 17 4	15 13 3	25 10 7				
Total£	1 907 18 0	0.050 4 10	2 4 4 7 7 7 7		Total Expenditure from Weekly	159 17 4	36 19 0	196 16 4	196 16			
10181	1,207 10 0	-,200 4 10	0,001 0 1	0,001 0 1	Rate	1,153 13 7	2,176 18 6	8,330 12 1	3,330 12			
	FROM CAPI	TAL ACCT.	Total.		FROM CAPITAL ACOT.							
	£ s. d.	£ s. d.	£ s. d.		Labour	25 2 7	54 14 8	79 16 10				
Paid from Capital Account	25 2 7	81 10 6	106 13 1		Glass		9 6 1 3 0 10	9 6 1 3 0 10				
					Paint		$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$12 19 4 \\ 1 10 0$				
Torus Tacours	25 2 7	81 10 6				25 2 7	81 10 6	105 13 1	106 13			
TOTAL INCOME	1,323 2 4	5,340 15 4	3,663 16 8 3	,063 16 8	TOTAL EXPENDITURE £	1,178 16 2	2,258 9 0	1,437 5 2 Balance	3,437 5 226 11			
					Contraction of the second s			TOTAL £	3,663 18			

Dated January 2nd, 1860.

(Signed)

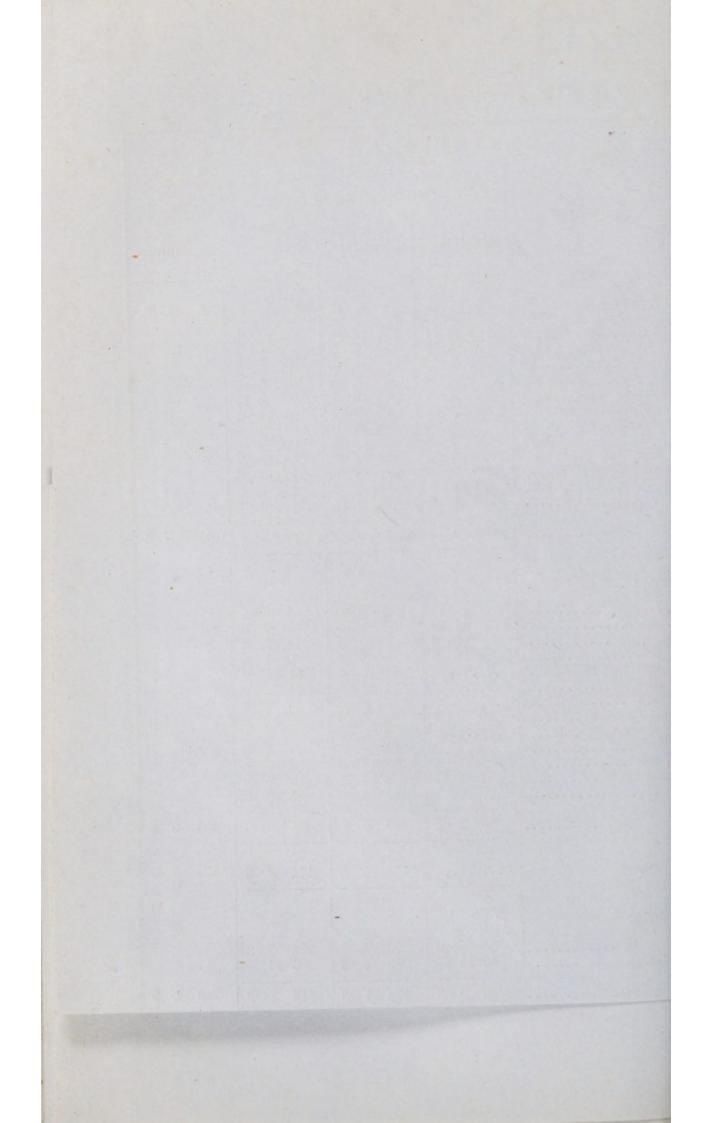
S. A. MOBTLOCK, Clerk and Steward,

#### AVERAGE WEEKLY EXPENDITURE FOR EACH PATIENT,

FROM WEEKLY BATE,

From	25th	July	to	25 <i>th</i>	Dec	ember,	1859.
------	------	------	----	--------------	-----	--------	-------

	QUARTER ENDING			
	Michaelmas.	Christmas,		
Provisions Honso and other Expenses Clothing Salaries and Wages Medicine Incidentals	8. 7 0 3 1794 3 0 1	s. 521200		
	13 04	12 71		





## SUSSEX LUNATIC ASYLUM.

## BSTRACT OF CAPITAL ACCOUNT .- BUILDINGS, LAND, &c. To 21st December, 1859.

	£	s.	α.
chase of Land, Timber, Conveyancing, Compensation to enant for Damage, and Tenant's outgoing Valuation ldings as per Contract, Additions to the Buildings, in-	7,263	5	11
luding further Accommodation, Airing Courts, &c., ecommended by Commissioners in Lunacy	$42,404 \\ 3,849$	15	.6
and Engineering Works for House	3,849	17	4
ter Supply, Sinking Wells, Engine House, Engine, and			
umps	2,118	14	6
Telling, Draining, Enclosing, Laying-out and Stocking Eitchen Garden and Supplying the same with Water, and lso Cultivating and Improving the Farm	823	16	4
thwork on the Estate generally, forming Approaches to			
he Asylum, Roads, Yards, Slopes, and Terraces, Levelling nd Draining the Grounds hitect's Commission and Salary, and Expenses of Clerk	2,273		
f Works	2,576	1	2

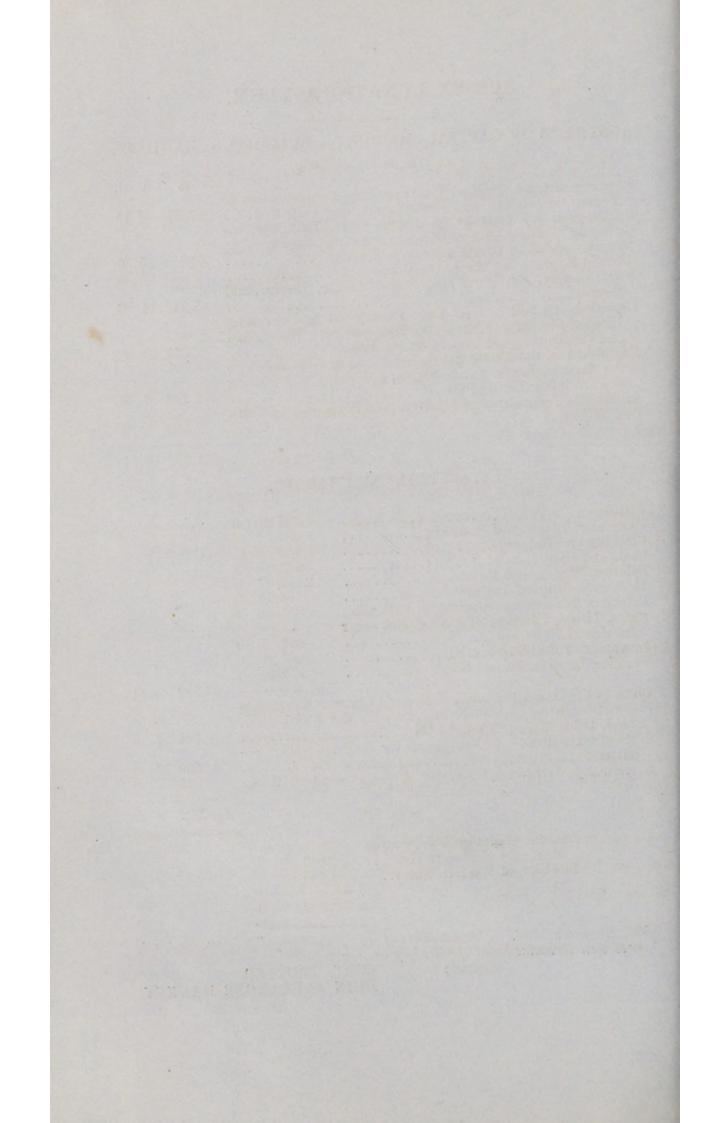
Building ..... £61,309 16 11

#### ESTABLISHMENT CHARGES.

Amount of Money borrowed on Mortgage of Eastern Rates The like, of Western Rates	$_{26,400}^{\pounds}$		0	£78,932	8	0
				£78,932	8	
lerk to the Committee, and Solicitor's Ch sional business, Disbursements, &c., for 1855, 1856, 1857, 1858, and 1859 osts of the Solicitors to Mortgagees for pro- curities remiums to Architects, Surveyors, &c., pre-	the years	, 18 neir	54, Se-	751 300 227	10	2 $6$ $6$
arming Implements and Stock		1 17	5	16,342	15	11
rinting, Advertising, Stationery, Books, &c ates, Tithes, Carriage of Goods, and othe incidental Expenses	er	1 18				
alaries, Wages, and Maintenance ledicines, Surgical Instruments, &c	$     \begin{array}{c}       1,158\\       86     \end{array} $	3 19	8			
urniture, Linen, and Bedding lothing and Drapery oals and Coke	$ \begin{array}{c} 8,628\\ . 1,938\\ . 449 \end{array} $	5 1	$     \begin{array}{c}       3 \\       11 \\       2     \end{array} $			
ittings		s.				

859, December 22nd. The Accounts of which the foregoing is an Abstract, have been Examined and Audited by us, (Signed) ROBT. TROTTER. JOHN ALEXANDER HANKEY,

19



## CHAPLAIN'S FIRST ANNUAL REPORT.

Christmas, 1859.

THE Chaplain has the honor to submit his first Report to the Committee of Visitors.

He entered upon the partial fulfilment of his duties on the last Sunday in July.

From that date until the end of September, according to arrangement, Afternoon Service only, with Sermon on Sundays, was performed in the Chapel, and occasional attendance given on week days.

On the first Sunday in October the Chaplain commenced his regular ministrations.

The Chapel Services are as follows :--On Sundays, Morn-Chape ing Prayer at Ten; Litany with the Commandments, Epistle, and Gospel, &c., and an Exposition of Scripture, at Twelve; full Evening Service, with Sermon, at Three.

It is purposed to celebrate Holy Communion for the first time on Christmas Day, and thenceforward on the last Sunday in each month.

On Wednesdays and Fridays the Litany alone is said.

#### THE

On Tuesdays, Evening Service with Lecture, is performed at 7 p.m., for the convenience of the Household; on this occasion, the Patients do not attend.

The Congregation, (Household and Patients) on Sundays is considerable, and the behaviour of the Patients orderly. Some of them appear to take a devout and intelligent interest in the service. On week days the attendance is smaller, but very satisfactory.

isitation of Vards,

The Chaplain usually visits each Infirmary twice, and the other Wards once in the course of the week.

In reply to a communication addressed to the Incumbent of Wivelsfield, a letter has been received, in which permission has been kindly granted to the Chaplain to visit those *employés* of the Asylum who may be resident in houses situate in Wivelsfield parish. He will accordingly visit those houses, from time to time.

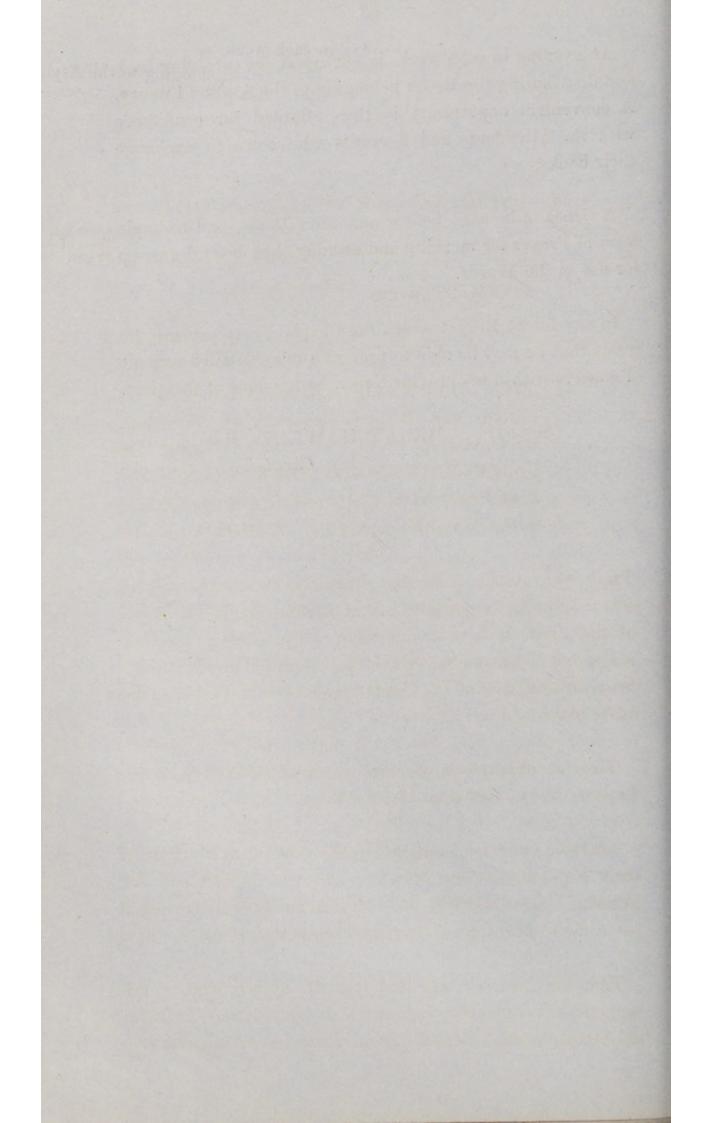
lasses for atients. An encouraging report, it is thought, may be made of the Male and Female Adult Classes, which have been held on Tuesdays and Fridays, during several weeks, under the Chaplain's superintendence; more than thirty different Patients have attended since the commencement. The usual number of the two Classes is not less than twelve. Instruction is given chiefly for writing; and a short time is devoted, before the Classes separate, to some subject of Geography or History, treated in a familiar or entertaining manner. But not the least result hoped for from the Class Meeting, is the friendly understanding and intercourse which it is anticipated will be gradually promoted between a large number of the Patients and the Chaplain, An evening in each week is set apart for receiving back Library. and distributing the Books belonging to the Asylum Library. A convenient opportunity is thus afforded for conference with the Attendants and Servants who come to exchange their books.

A Grace to be used before and after Mcals, and a simple Grace and form of Prayer for morning and evening, has been drawn up Prayer. for use in the Wards.

In any future Report which the Chaplain may prepare, he trusts that he may be able to present a more detailed account of matters within his province, than he has done at this time.

(Signed)

HENRY HAWKINS, M.A., Oxon., Chaplain.



## II.—SECOND ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS, 1860.

AT THE EPIPHANY SESSIONS held for the Eastern and Western Divisions of the County, in December, 1860, and January, 1861, the COMMITTEE OF VISITORS of the SUSSEX PAUPER LUNATIC ASYLUM appointed at the Epiphany Sessions, 1860, reported :—

THAT, prior to the time they were appointed, the Asylum was only partially occupied; that there were in the House at the time of their appointment 285 Patients, viz., 135 Males and 150 Females. Of these, 274 were Pauper Patients from various parts of the County, and 11 were Patients from other places.

That the weekly cost of maintenance of the County Pauper Patients was at that time 13s. per head.

That the number of Patients in the Asylum at the date of their Report was 399; of whom 172 were Males, and 227 Females. Of these, 357 were Pauper Patients from various parts of the County, and 42 were from other places.

That the Patients admitted and discharged during the year, with the number of cures and deaths, were stated in the Second Annual Report of the Medical Superintendent. That they had been able, during the year, to reduce the weekly cost of Maintenance of the Pauper Patients from 13s. to 10s. 6d., which was the rate for the then current quarter, and although the present prices of provisions were higher than before. The Committee confidently hoped the cost of Maintenance would be still further reduced. The reduction had not been attained by any diminution of the comforts and care of the Patients, which had been rather increased, but by the improved working of the Asylum.

That the Burial Ground, which was mentioned in the last Report, had been cleared and levelled, and had since been fenced in, and having received the approbation of the Bishop, had been conveyed to the Ecclesiastical Commissioners, and that, on the completion of these necessary preliminaries, the Bishop, on the 11th June last, attended at the Asylum and performed the ceremony of consecration.

That the Committee had had occasion to notice some defects in the construction of the Buildings of the Asylum, and some departures from the Specification of the Works contracted for. As these had not been brought to their attention by Mr. Kendall, the Architect employed in the erection of the Building, the Committee thought it right to call for the opinion of Mr. Shaw, another Architect. Mr. Shaw made a report on these matters, and the Committee had had several communications with Messrs. Rees and Ayers, the Contractors, and Mr. Kendall, the Architect, thereon, but nothing had been decided on.

That the Farm and Garden were being brought into better order and condition; and considerable quantities of produce were then obtained from them. The old Farm Buildings were, however, totally inadequate for the purposes required; and such Buildings as existed were in a ruinous state. New Buildings were in course of erection, and nearly completed.

That the inclosure of the Oathall Common adjoining the Asylum, alluded to in a former Report, had been completed during the year, and an allotment of nearly six acres had been made to the County. This ground, which extends along the whole front of the Asylum, will be of material importance and advantage; but being in a very rough and irregular condition, and totally unfenced, there would be expense for levelling and the necessary Fences, which are required under the provisions of the Inclosure Act.

That the occupation of so large a building, with its numerous inmates, had been productive of serious inconvenience to the neighbourhood; and the drainage from the sewers into brooks and watercourses on other persons' land, had been made the subject of complaint. The Committee were then happy to report that they have been enabled to remedy this grievance, by having a new Sewer made; but this had been attended with some expense.

That the supply of Water proved most ample; and the Engines and Works supplied by Messrs. Easton and Co. had answered in every respect, and it was hoped they would be sufficient for any probable increase of Patients.

The Medical Superintendent at the same time made his Second Annual Report, which was appended to the Report of the Committee, and was as follows :---

#### THE

# MEDICAL SUPERINTENDENT'S SECOND ANNUAL REPORT.

Second Annual Report.	THE Medical Superintendent has the honour to submit his Second Annual Report to the Committee of Visitors.
Numbers on the 25th Dec., 1859.	On the 25th of December, 1859, the numbers in the Asylum were 135 Male, 150 Female; total, 285.
Admissions.	The Admissions during the year have been 81 Male, 107 Female; total 188.
Discharges.	The Discharges have been 19 Male, 21 Female; total 40.
Deaths.	The Deaths have been 25 Male, 9 Female, total 34.
Mean Annual Population.	The mean population resident, during the year has been 159 Male, 198 Female; total 357.
Numbers this day.	The numbers in the Asylum this day are 172 Male, 227 Female; total 399.
Table shew- ing the numerical results of the Vear	These numbers may be stated in the following tabular views :

### TABLE I.

Return shewing the Admissions, Re-Admissions, Discharges, and Deaths, during the Year 1859-60.

				Male.	Female.	Total.
In the Asylum Decemb	er 28	5th, 1	859.	135	150	285
	м.	F.	т.			
Admitted for the first					1	
time during the year .	80	107	187			
Re - Admitted during		-				
the year	1	•••	1			
Total admitte	d			81	107	188
Total under care during	g the	year		216	257	473
Discharged or Remo	ved :-					
	м.	F.	т.			
Recovered	12	18	30*			
Relieved	3	3	6			
Not Improved .	4		4			
Died	25	9	34			
Total Discharged and I	Died o	durin	g the			
year			••••	44	30	74
Remaining in the Asy	lum	Decei	nber			
25th, 1860, (includ	ing a	absen	t on			
trial, 0 Male and 3 H	emal	e)		172	227	399
Average numbers resid	ent d	luring	; the		-	
year				159.38	197.6	356.98

These figures yield the following per centages :- The Numerical Recoveries, including the six cases discharged relieved, were per centaged relieved.

\* At the Committee Meeting on the 22nd December, 2 Male and 4 Female Patients were discharged cured, but have not yet been removed by their respective families. The number of "cures" therefore, for the year, stands at 36, together with 6 cases more "relieved." 19.1 per cent of the Admissions\*. The mean Annual Mortality has been 9.5 per cent.

The numerical results of treatment since the opening of the Asylum (25th July, 1859) are shewn in Table II. :--

#### TABLE II.

Return shewing the Admissions, Re-Admissions, Discharges and Deaths, for the Period from the Opening of the Asylum, 25th July, 1859, to the 25th December, 1860.

				Male.	Female.	Total.
Patients Admitted duri	ng tl	ie per	riod .	222	268	490
Re-admissions				1		1
Total Cases Admitted				223	268	491
Discharged or Remo	ved :	_				
	м.	F.	т.			
Recovered	14	22	36			
Relieved	3	3	6			
Not Improved	5	1	6			
Died	29	15	44			
Fotal Discharged and I	Died	durin	g the			
period			-	51	41	92
Remaining December 2	25th,	1860		172	227	399
Average numbers resid	lent d	luring	g the			
period				133.79	161.05	294.84

The following Table III. shews the numerical results of the year arranged according to Unions :---

<sup>\* &</sup>quot;The true per centage of recoveries is one which in different institutions in different degrees is intermediate to that calculated on the admissions and that calculated on the discharges. Whilst, therefore, I fully admit that the plan of calculating the recoveries upon the admissions fails in exhibiting with precise accuracy the results of treatment in any hospital for the Insane, I yet believe it affords a much nearer approximation to the truth when considerable periods are concerned, than that calculated on the discharges; and that it is, therefore, very decidedly to be preferred to the latter method of calculating the recoveries."—Dr. Thurnam on the Statistics of Insanity.

PARISHES OR County, Eastern. County, Western. Private Patients East Grinstead Other Counties. Westhampnett. West Tarring. UNIONS. Uckfield. Westbourne. Broadwater. Eastbourne. Chailey. Chichester. Amberley. Arundel. Battle. Thakeham. Burpham. Newhaven. Rye. Steyning. Brighton. Cuckfield. Hailsham. Clapham. Hastings. Midhurst. Westfirle. Horsham. Petworth. Ferring. Lewes. Sutton. Remainingin the Asylum, Dec. 25, 1860. E A. M. · 4 :01 ::01-401 :00-02 :- :-02-00-020-Discharged Ei. :-and Died. : 01 00 : HO . H . 20 67 Total A. : :00 :HH :01 :" : : M. :::::::-: . :---:---:40 Ei. : : : :0-01 :01- : :---01-. huntan have mound on ourse of human human : : - :-. 07 00 : : : Died. .20 A. ::: :"::"::::: :::"::::::::: : :: : : . ---M. : : : : 01 01 Unimproved. ei. :---...................... : : :: = : :01 南 : : DISCHARGED. M. : or Improved. : :00 :"" Recovered :--÷ : -:00 pi, : :: -: -: -: ::::::=:=:=:=:= : :01 :::" N. : 20 : : : 1771111111117711117 Treatment. E Total in a 4410000010174 100004000 4101-0100-4-12B M. Admitted during the Year 1859-60. ·2010114 207: 0: NOOFCOOCONNOOF H . 07 19 199::: 19: 190+40000000-14-00: 19: 19-10 199::: 19: 100-10-10 199::: 19: 100-10-10 19: 100-10-10 19: 100-10-10 19: 100-10-10 19: 100-10-10 19: 100-10-10 19: 100-10-10 19: 100-10 19: 100-10 19: 100-10 19: 100-10 19: 100-10 19: 100-10 10: 100-1 à M. 1: 10: 400 10: 00: 1 03: 10: 10: 10: the Asylum, Dec. 25, 1859. Remaining in E. pi, -100-400F M. :00 : -1 Battle ..... Burpham ..... Brighton ..... Amberley ..... Arundel ..... Chailey ..... Chichester ..... Clapham ..... East Grinstead .... .... ...... Ferring .... Hailsham ..... . .... West Tarring .... County, Eastern .. County, Western .. Other Counties .... : PARISHES OR Private Patients Hastings .... UNIONS. Eastbourne Horsham Cuckfield

EALENTIAL FUSIES OF MALE

399

227

172

四

30

44

34

0

25

-

:

-

36

21

15

473

257

216

188

107

81

285

150

135

TOTAL .....

Admissions.

The Admissions during the year have been no less than 188. Besides the recent cases occurring in the County, the Admissions (and also the mortality) have this year been increased by the transfer from the Union Houses of a number of chronic cases. It is not to be anticipated that the Admissions of the coming year will equal these numbers.

Discharges. (See Table of.) Annexed to this Report is an accurate tabular statement of the history of the cases discharged during the year. It will be seen that the recoveries, with few exceptions, have occurred in the cases submitted early to treatment in the Asylum. It cannot too often or too strongly be urged on the Parochial authorities how much the patient's chance of ultimate recovery depends on his immediate and early removal to the Asylum. Attempts to treat recent cases of mental disease in the wards of a Union House, result only in the aggravation of the symptoms and imperil the chances of cure altogether.

Deaths. (See Tal le of.) A similar tabular statement of the history of the fatal cases is also annexed.

The mortality for the year is large, among the Male patients especially. Several very infirm old men were removed from London at the opening of the Asylum, who died during the winter from slow decay. Again, several cases have been admitted during the year in a dying state.

All past experience tends to show that the early history of an Asylum is marked by a small per centage of recoveries and by a high rate of mortality, and that when the transfer from the Union Houses of chronic cases has ceased, and the current mental disease of the year is at once brought under treatment these proportionate results materially improve.

The sanitary condition of the Asylum throughout the year Sanitary has been very good ; no serious disease, save that incidental to the Asylum the course of the mental malady, having in any case shewn Year. There has been no diarrhœa or other zymotic disease. itself.

during the

This high standard of health is owing mainly to the abundant supply of good water and to the perfect system of sewage. It is also the result of the liberal dietary allowed, (a copy of the diet table is herewith annexed,) including an abundant supply of fresh vegetables from the Asylum garden, and of sweet milk from the farm, and of the regular hours enforced on the Patients.

The general management of the Asylum, to which detailed General Management reference was made in the First Annual Report, including under the term all that relates to the moral and medical treatment of the Patients, is in progressive development. The various means of employment are more fully carried out; the order and discipline of the Establishment is being consolidated, and the staff of Attendants, on whose efficiency the working of the several elements of treatment so much depends, is decidedly on the improvement.

The Medical Superintendent is, however, fully conscious of how much remains herein for the future to accomplish.

The Rules as required by the 53rd sec. 16 & 17 Vict., c. 97, Rules. have been submitted to the Secretary of State, and on the 10th January, 1860, received his final approval.

The annexed table (IV.) shows the daily average number Value of Patients' of Patients employed and the nature of that employment. Work. A rough calculation, at a low average of the money value of this labour, amounting to £1,534 15s. 2d. is added. As a curative agent its value to the patients is priceless.

## TABLE IV.

Average number of Patients employed daily in the year 1860, and the estimated value of the labour.

OCCUPATION OR TRADE.	Daily Average Number of Patients	Rate per Day.	Estima Avera Patient	oge Va of	lue	REMARKS.
MALE PATIENTS.		d.	£	s.	d.	
Farm and Garden Labourers	30	4	155	0	0	
With the Painter, Glazier and Plumber	3	6	23	5	0	
" Carpenter		12	62	0	0	
" Bricklayer		4	5	3	4	
" Tailor	9	0	70	10	9	See Table V.p.36
", Shoemaker	10	0	107	6	1	See Table VI. p. 37
,, Matmaker	7	4	36	3	4	
" Engineer	3	8	31	0	0	
" Baker	1	6	7	15	0	
" Brewer	2	6	15	10	0	
" House Porter	1	6	7	15	0	
In the Stores (including Coal Porters)	5	6	38	15	0	
" Kitchen	1	6	7	15	0	
" Laundry	1	6	7	15	0	
Cleaning in the Wards	35	3	135	12	6	
" in the Corridors and centre Buildings	5	3	19	7	6	
FEMALE PATIENTS.						
In Laundry and Wash-house	35	6	271	5	0	
" Kitchen		4	62	0	0	
" Needlework in the Wards	65	4	335	16	8	
" Household Work, Cleaning, Wards, &c	40	3	135	0	0	
Total	•		1,534	15	2	

On the 25th of July, being St. James' Day, the Anniver-Anniversary sary of the opening of the Asylum was celebrated as a holiday. The sermon was preached by the Rev. Arthur Garfit, M A., Curate of Richmond; the Patients afterwards had a public dinner in the Recreation Hall, followed by games on the lawn and a dance in the evening. It is proposed in future years to continue the celebration of this day in commemoration of the benefits which this House has been the means of conferring on the Insane poor of the County.

The Medical Superintendent has the satisfaction of record-Absence of ing that another year has passed without any serious accident or Injury. or injury to any patient. The only nominal exception has been the loss, by escape, of a male patient, who subsequently was heard of as an inmate of Oxford Castle, whither he had been committed as a vagrant. He is now at large. It was a case, the leading feature of which was the delusion that the sun had got into his throat, and that an operation was necessary for its removal. On other subjects he was tolerably sane, and the authorities at the Oxford Gaol do not appear to have discovered the existence of his mental disease.

The Balance Sheet for the year 1860 (Table IX.,) as Balance examined by the House Committee, is herewith annexed. It exhibits a steady reduction in the average weekly cost of maintenance.

The Medical Superintendent has, in conclusion, to record Conclusion. his approval of the conduct of the Officers, and, with few exceptions, of the Attendants and Servants of the Asylum, during the year now ended.

(Signed) C. L. ROBERTSON, M.B. CANTAB., Medical Superintendent.

25th December, 1860.

TABLE V.

Account of Patients' Work and Earnings for the Year 1860. TAILOR'S SHOP.

REMARKS.			
Work.		4809	0 9 3 9
Value of Work.	2 14 11 14 11 14 11 14 11 14 11 14 4 1 4 1	$\begin{array}{ccc} 9 & 9 \\ 22 & 8 \\ 2 & 15 \\ 0 & 8 \end{array}$	70 10 54 12 £15 18
Price of making per Article.	2 4 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0000	
Number of Articles.	63 136 138 138 138 138 138 138 138 138 138 138	284 673 165 17	
CLOTHING MADE UP.	Patients'Coats and Jackets(Cloth)""" Trousers(Fustian and Cord)."" Waistcoats(Cloth)"" Ticken Dresses(Cloth)"" Rugs"""" Trousers"""" Trousers"""" Trousers"""" Trousers"""" Tousers"""" Tous"""" Tous"" <t< td=""><td>REPAIRS Patients' Coats</td><td>Deduct Master Tailor's Wages Total</td></t<>	REPAIRS Patients' Coats	Deduct Master Tailor's Wages Total

36

TABLE VI.

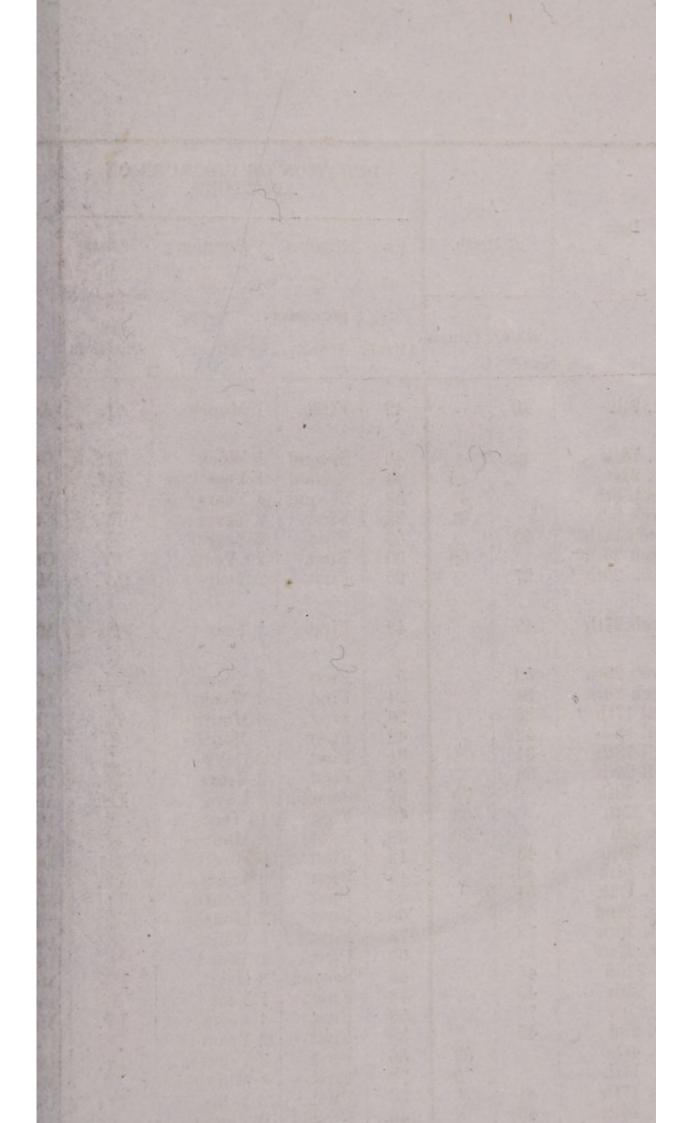
SHOEMAKER'S SHOP. Amount of Patients' Work and Earnings for the Year 1860.

Value of the Work. REMARKS.	s. d. 0 0	0 0 6 3	3 0	8 0		7 8	18 0	3 2	6 1	12 0	14 1
Value of	27	18	0	5		12	42	0	107	54	£52
Price of work per Article.	s. d. 3 0	2 0 1 9	1 6	4 0		0 8	1 6	0 2			
Number of Articles.	180	180 15	2	27	E AUTOCOLOURS	3713	572	19		ges	
ARTICLES MADE UP.	Mens' Leather Shoes	Women's Leather Boots	Cloth and Canvas Boots	Mens' Leather Boots (Nailed)	Repairs-	Boots and Shoes repaired	" soled and welted	" locked and strapped	4	Deduct, Master Shoemaker's Wages	Total

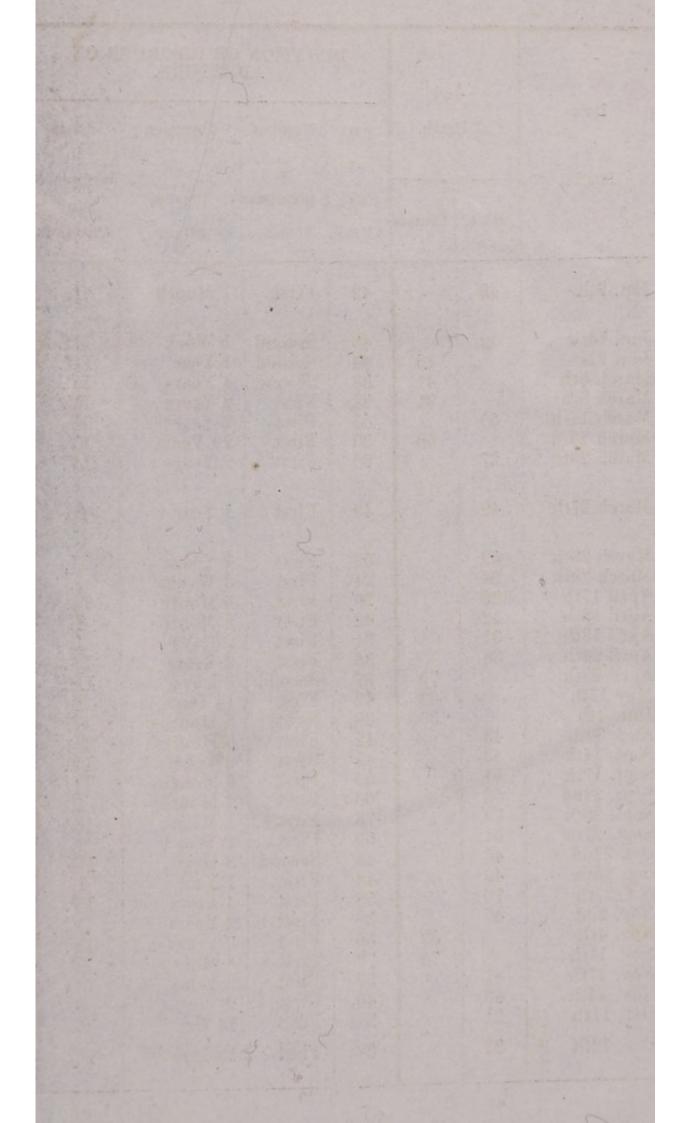
37

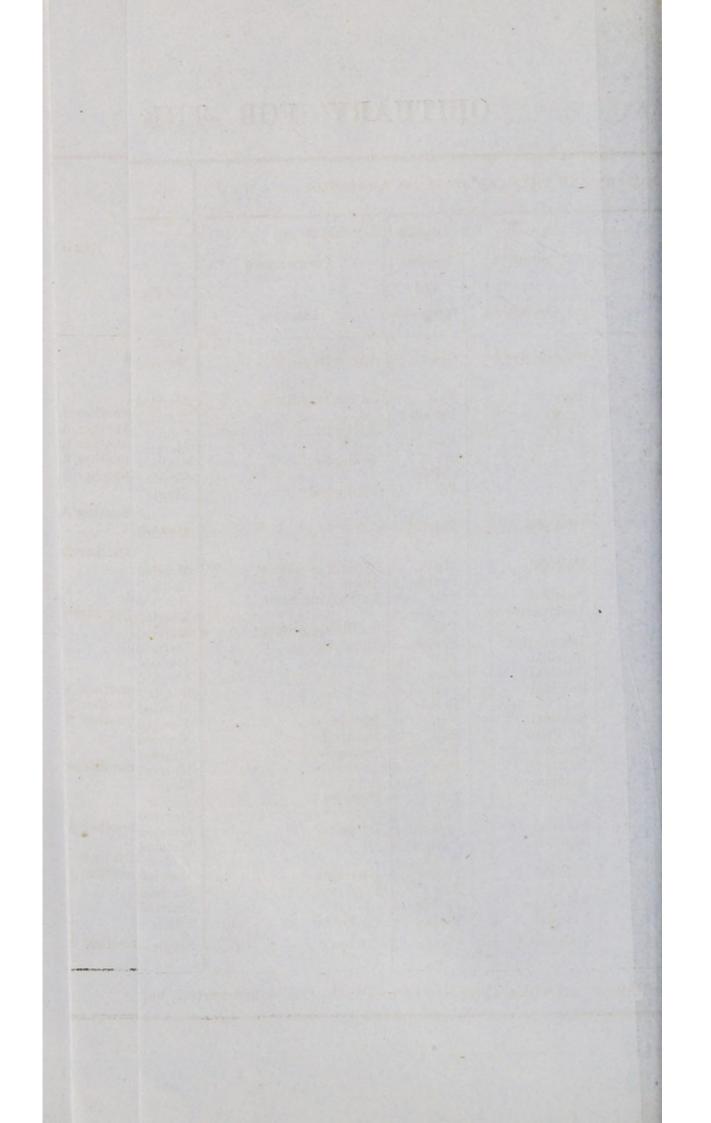
TABLE VIL A HISTORY OF THE DISCHARGES DURING THE YEAR ENDING CHRISTMAS DAY 1860.

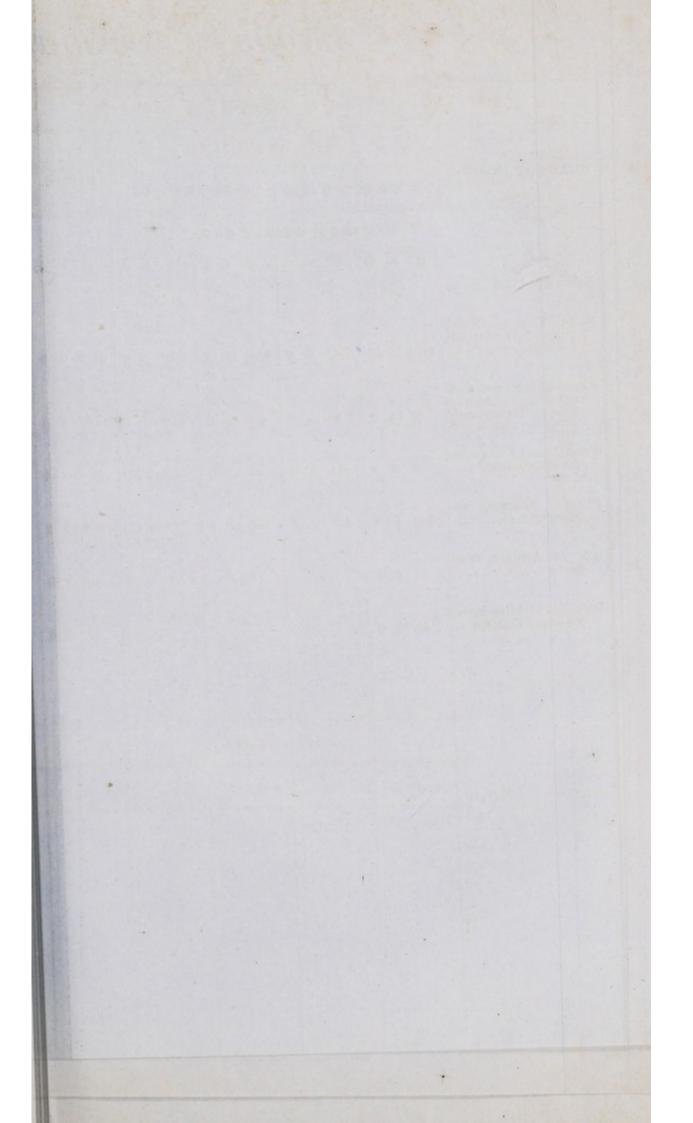
Age at		DCI	AUS AUS	P DISOR	CE OX	MEN	TAL AND PHYSICAL STAT	E ON ADS	man,		TVIL STATE ON ADDID	881035.	APPA	RENT OR ALLEGE	D CAUSE		
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Nale. For			previous Attacks,		60.	Distan	or Holiocinations,	and Disposition		Harriage,	Beligioni Persentalon,	and Education,	thereditary,	Other Canon.	Incling.		
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	21 25 20 27 25 00 50 23 20 45 27 4 55 45 45 45 45 45 45 45 45 45 45 45 4	· · · · · · · · · · · · · · · · · · ·	Third Find Find Third Find Find Find Find Find Find Find Fin	4 Days 4 Days 6 Years 1 Meath 1 Meath 1 Meath 1 Meath 2 Week 3 Meath 3 Week 2 Years 2 Weeks 2 Years 3 Meath 1 Merek 2 Days 1 Week 2 Days 1 Weeks 2 Days 1 Weeks 2 Tears 3 Meath 1 Week 2 Tears 3 Meath 1 Weeks 2 Tears 3 Meath 1 Week 2 Tears 3 Meath 1 Week 3 Week	L III.LIV.LIII.LIV.LIII.LIV.LIII.LIV.LIV.L	Melancholia Melancholia Acute Marcia Acute Marcia	Destruction Second at Second at Second at Second at Corporation Second at Corporation Second at Corporation Second at Second at Second Second at Second at Second Second at Second at Second Second at Second at Second Second at Second at Second at Second Second at Second at Second at Second Second at Second	Good Good Good Good Good Good Good Fair Fair Good Fair Fair Good Fair Fair Good Fair Fair Good Fair Fair Good Fair Fair Fair Good Fair Fair Fair Fair Fair Fair Fair Fair	Chemic Elion Delicion tremes Thenteulog of Paralysis Asthematic Chemic Eliers	Married Single S		Censis Susseptie Stream Print Jahren Langerer Hannerer Hannerer Hannerer Hannerer Hannerer Lahenerer With Lahenerer Hann	Herelitary Receivery Revoluty Revoluty Revoluty		American Anticipation of the second s	Relieved Electricity Vist Engeneral Reserved Electricity Reserved Electricity Reserved Reserv	Noted Palent, for Xe 37 memory to sustain Arylin. Transfer from anti- dryins Reserved to satisfy Aryline Reserved to Satisfy Aryline Reserved to Satisfy Aryline Reserved to Satisfy Aryline Transfer from Satisfy Aryline Reserved to Satisfy Aryline Reserved Theory Aryline Satisfy Aryline Aryline Aryline Aryline Aryline Reserved Aryline Aryline Reserved Aryline Reser



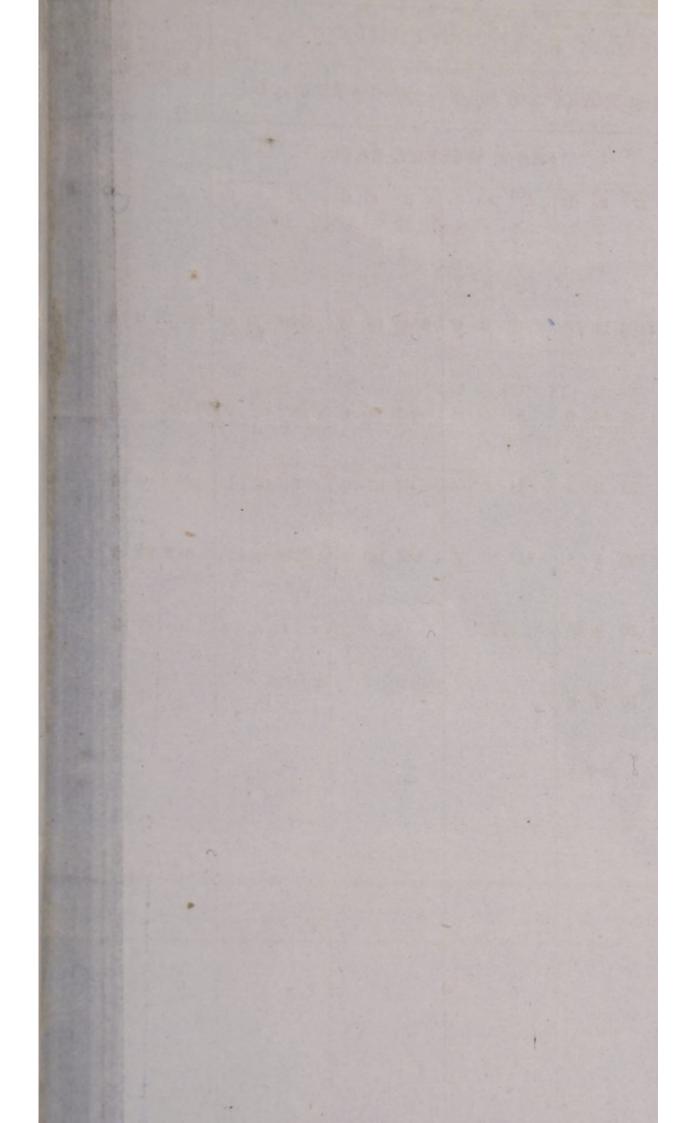
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Private Patient Transfer from another Joyhum Transfer from another Joyhum Transfer from another Joyhum Transfer from another Joyhum Transfer from another Arylum	Exhaustion Exhaustion Epilopy Apoplexy Pal. Apoplexy Philasis Pal.	Over Anxiety Diasppointment Intemperance	Epllepay Epllepay	Ilereditary	Farmer Publican Serraat Seconderes Colonan's Wife	Church of England Church of England Church of England Church of England Church of England Church of England Church of England	Married Married Single Married Single Bingle Bingle	Paealytie In Sinking State Epileptie Epileptie Fithioical	Good Fair Feeble Fair Weak Feeble Fair	Destructive Suicidal Violent Suicidal	Acatola Generaliysis Demo Chroinia Demo Otroinia Melaria Melaria	L III. IIV. IV. IV. IV.		3 Second 2 First 3 First 9 First		55	Jan. 18th Jan. 21st March 8th March 14th March 12th March 23th March 20th	ee, 605, 1550 eg, 1055, 1550 eg, 1105, 1850 eg, 1105, 1850 eg, 1105, 1850 eg, 1105, 1850 eg, 1105, 1850 eg, 1105, 1850	
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Transfer from another Joylum. Douth accelerated by remarkal	Diabetes Gen. Paralysia Exhaustion Apoplexy Exhaustion Diarchon	Intersperance Over Study Anal-ty	004 Age Eg-lepsy Reflepsy		Lobourr Painter Gardower Servant Lobournt's Wife Killer Lobournt Lobournt	Church of England Church of England Church of England Church of England Church of England Church of England	Single Marvied Marvied Marvied Widow Marvied	Dropaleal Director a	Fair Fair Fair Fair Weak Fair	Suiridal Suiridal Suiridal	Mani Dome Mani Dome Deme Malarin	LUIVILL	8 Days 1 Year 4 Years 2 Years 3 Years 6 Months 2 Years 2 Weeks	i Sacond First First First First First First First	43 48 88 88 88 88 88 88 88 88 88 88 88 88	45 49 70 99 47	Oct. 22nd Oct. 23ch Oct. 27ch Nov. 20nd Nov. 18th Nov. 18th Nov. 20th Nov. 20th Doc. 1155	f, Men, 1865 y 2nd, 1860 g, 14th, 1860 g, 14th, 1860 g, 14th, 1860 reh 22nd, 1860 r, 12th, 1860	443 285 479 211 334 457 112 335 426







Examined by the Three Consultor, 20th Joursey (SUD), UD SATTER BIOS, JAMES H. SCLATER, Jun. Acress We States II. SCLATER, Jun. The source of the States States II. Scharter, Jun. States II. Scharter, Jun. States II. Scharter, Jun. States II. Scharter, Jun. States II. Scharter, Jun. Scharter, Jun. States II. Scharter, Jun. Scharter, Jun.	Total from County Role         27.4 a         39.6 b         3           "Yong from County Role         20.4 a         39.6 b         3           "Weith generation" Subbrances         20.6 7 b         200.7 b         300.1 b         3	Zeparies auf Allendieus         200 Guardt Thumann, file Breinin auf Allen         200 J         3           There Breinin auf Allendieus         200 J         3         3           Diese Arem Capitel Allen	Total from weekly ann a s ant s 7 a		Solution         Solution	From WEXXY           Names is hand         6	HEADS OF INCOME.	INCOME
Wreddy Expendethere for the Year 1860, f	177 12         200         6         601 12         6         604 12         7	Contraction (11,11,12)     Contraction (11,	SHOP 12 11 SHOP 15 9 11382 15 6 11382 35 5 1998 1810	and a constraint of the constr		NO ANT.         NO           unit         u	EX.D.1.X.G EX.D.1.X.G Soda Sept. 31et Dec. 31et Dec. 7a(1)	TAILE IX. TE and EXPENDITURE for the Year
(%(mail) for e.ch. Pathat, from Wrokly Eds. (************************************	The Arman County Rate 2014 1 2014 1 2014 1 2014 1 2014 1 2014 2014	Bit III         Bit IIII         Bit IIIII         Bit IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Then, do			Number         A         A         A         A         B <td>TRADE OF QUARTER ENDING</td> <td>fear ending December 31st, 1860.</td>	TRADE OF QUARTER ENDING	fear ending December 31st, 1860.
and Streamed of the Asylmum.	200 5 0 064 13 0 064 13 0 200 8 6 1040 10 3 1040 10 3 200 8 6 1040 10 3 1040 10 3 2004000 1050 3 2 7.0446 2009 3 3		RATE.	0         300 13         400 13         900 13			Alat Dec. State ending af Concerd State Dec. Superstate	a.



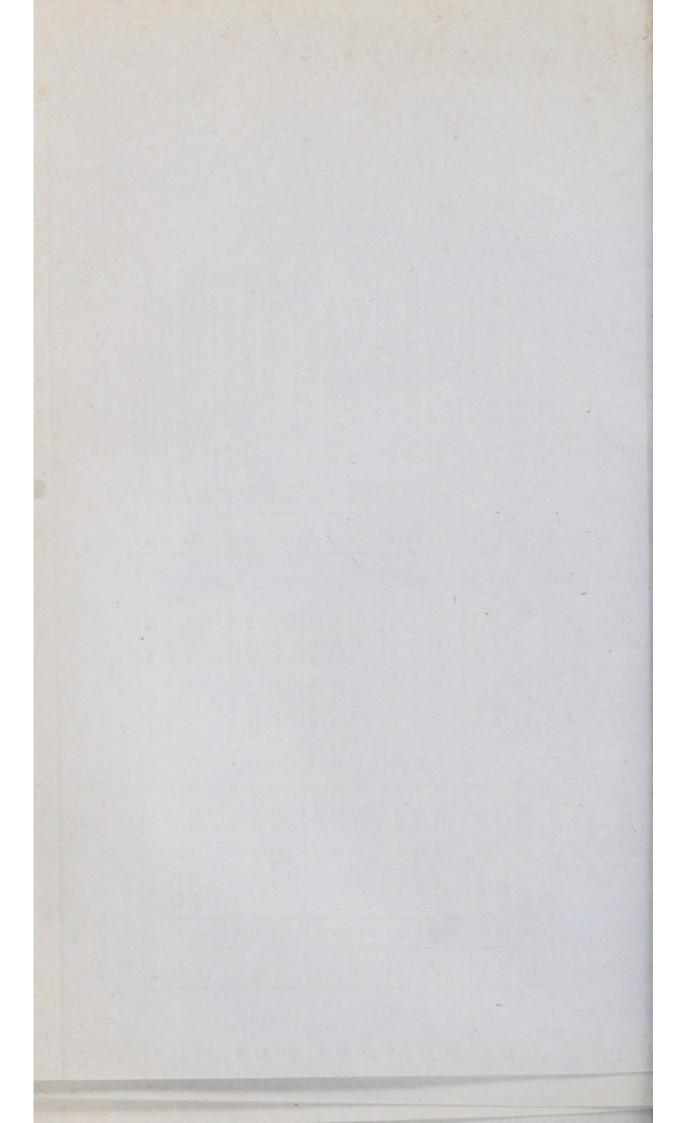


TABLE X.

BALANCE STATEMENT for the Year ending December 31st, 1860.

To Amounts due for the Maintenance	1860.	
du		£ s. d.
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Dec. 31. By Amount due to sundry Tradesmen,	
of Patients from Unions contributing 2,157 6 11	on account of Maintenance of Pa-	
To ditto from Unions not contributing 565 12 0	tients	1,797 8 5
To ditto from County Treasurers 53 19 7	"By Amount due to Salaries	187 10 0
To ditto from Friends of Private Pa-	", By Amount due to sundry Trades-	
tients 226 13 4	men, on account of Repairs to the	
To Amount due from County Treasurer	Asylum	145 6 10
for ordinary Repairs 204 10 8	", By Surplus	2,126 3 2
To ditto ditto from Capital Account 55 14 10		
To Balance of Cash this day in Banker's		
		24,256 8 5
Fire Adversion of the A		a restaurant or a last transferration.
Examined by the House Committee, 26th January, 1861.	(Signed)	
EDWARD SMITH BIGG, Chairman. IAMES H. SCLATER, Jun.	S. A. MO	
JOHN MANSHIP NORMAN.		
992 11 1 <u>£4,256 8 5</u> <i>ih January</i> , 1861. <i>hairman</i> .	(Signed) S. A. M	ORTLOCK, Clerk and Steward.

### TABLE XI.

# Account of Provisions consumed in the Year 1860.

Number of Officers and Servants Ditto Male Patients Ditto Female Patients Total Number	172 227
Meat-Bacon	$2,591\frac{3}{4}$ Pounds.
"Beef and Mutton	51,133 <sup>3</sup> / <sub>4</sub> ,,
,, Pork	5,0661, ,,
Beer	19,258 Gallons.
Bread	136,683 Pounds.
Butter	4,169 ,,
Cheese	6,504 ,,
Cocoa	4,1001, ,,
Coffee	1,949½ ,,
Eggs	2,215 Number.
Flour	127,232 Pounds.
Potatoes	778 Bushels.
Chicory	187 <u>6</u> Pounds.
Sugar	$8,298\frac{3}{4}$ ,,
Tea	$690_{16}^{1}$ ,
Treacle	$7,616\frac{1}{2}$ ,,
Milk	7,714 $\frac{3}{4}$ Gallons.
Wine	$11\frac{9}{12}$ Bottles.
Whiskey	$45\frac{4}{12}$ ,,
Gin and Brandy	89 <u>9</u> ,,

TABLE XII.

Contract Prices of the Principal Articles of Consumption for the Year 1860.

ARTICLES.		QUARTER	ENDING	
	March.	June.	September.	December.
	8.	÷.	8.	£ s.
Ox Beef		1	1	0 7
	8	8	6	1 0
Flour, Households Sack	13	0	0	2 5
". Seconds	10		18	2 3
····· " Q1	3 8 0	3 8 0	3 12 0	3 12 0
Hops , Cwt	00	8	4	10 0
Cheese	12	15	19	30 20 20
Butter	12	8	19	4 14
Bacon	10		16	3 10
Sugar, Raw	67	67	00	2 3
" Refined	13	16	16	2 16
Soap, Yellow	0	14	14	1 14
" Soft Firkin.	0	15	0 16 0	0 15
Coals, Wallsend Ton Ton			00	1 3
", Hartley's ", ", ",			67	1 2

41

#### SUSSEX LUNATIC ASYLUM.

#### ABSTRACT OF CAPITAL ACCOUNT,

From 1st January to 22nd December, 1860.

#### BUILDINGS, LAND, &c.

Purchase of Land from Inclosure Commissioners, Timber, &c. Water Supply, Addition to Buildings, &c Gas and Engineering Works Levelling, Draining, and Improving Farm Earthwork on the Estate, forming Roads, Yards, Terraces, and Airing Courts	£ 142 1,507 223 95 788	7 7 18 16	0
Building	£2,758	2	8
ESTABLISHMENT CHARGES.			
Fittings£ s. d.Furniture, Linen, and Bedding31 1 1Alteration of Drainage, Rates, Tithes, Carriage, and other incidental Expenses31 4 0Insurance of Building274 11 11Farming-Implements and Stock25 17 7151 13 0		17	
Clerk to the Committee, and Solicitor's Charges for profes-	616	11	1
sional business, to January, 1860		3	5
Costs of Solicitors to the Mortgagees for preparing Securities	24	16	0
Costs of Solicitors to Ecclesiastical Commissioners in respect of Burial Ground, and charges for Consecration	24	16	2
Amount expended to Epiphany Sessions, 1860	3,477 78,932		
Total Payments to Epiphany Sessions, 1861	£82,410	3	10

s. d. £  $56,280 \\ 27,720$ Amount of Loans raised : Eastern Division ... 0 0 Western Division ... 0 0 84,000 0 0 Received for Rent and Timber . 412 8 9 Total Receipts..... £84,412 8 9

1860, December 22nd. The Accounts of which the foregoing is an Abstract, have been Examined and Audited by us,

(Signed)

JOHN MANSHIP NORMAN. ROBT. TROTTER.

#### THE

## CHAPLAIN'S SECOND ANNUAL REPORT.

#### 25th December, 1860.

THE Chaplain has the honour to lay before the Committee of Visitors a brief Report of various matters relating to his Office.

The Sunday Services, consisting of Morning Prayer at Divine 10 a.m., Litany, Commandments, &c., and Lecture at 12 noon. Service. and Evening Service with Sermon, at 3 p.m., have been fairly attended. The conduct of the Patients has been orderly; in many cases, devout. Many of them take an intelligent interest in the Services, and join in the responses and singing. The average attendance of Patients on Sundays and Week-days in each of the months appears to be nearly as follows :—

On the Sundays in *January* the average attendance of Males and Females, 146, and on Week-days, 60.

Average attendance in *February*, on Sundays, Males 57, Females 94, and on Week-days, Males 21, Females 47.

		Males.	Females.		Males.		Females.
March, Su	ndays	53	 93	Week-days	19		50
April,	,,	57	 98	"	23	••	54
May,	,,	65	 100	"	33		49
June,	,,	83	 101	"	51		51
July,	,,	97	 115	**	58		51
August,	,,	103	 130	"	45		40
September,	,,,	107	 134	"	59		49
October,	,,	110	 127	,,	54		49
November,	,,	100	 132	"	52		48
December,	,,	102	 128	>>	44		38

The Week-day Morning Service at 8.30, consists of the greater portion of the Church's Order for Morning Prayer. On Wednesdays and Fridays the Litany only is said.

On Tuesday evenings at 7, Divine Service, with a Lecture, is performed for the convenience of the Household; and on Saints' Days there is Evening Service, with Lecture, at 5 p.m.

Chaplains' Visitations The Chaplain is in the habit of visiting the Male and Female Infirmaries usually three times, and the other Wards once, in each week. It is his custom on Sunday afternoons to have interviews in his room, with a few selected patients, two or three coming together, the Females for the first, the Males for the last half-hour. During these visits the Chaplain has had convenient opportunities of becoming more familiarly acquainted with the dispositions and circumstances of individual patients than he could otherwise have been.

With the sanction of the Rev. George Dixon, Perpetual Curate of Wivelsfield, the families of artizans, &c., residing in that parish, have been, from time to time, visited.

Funerals.

Since the consecration of the Cemetery, ten burials have taken place in the ground. The funerals have been attended by several of the friends and also of the Patients, whose behaviour has been uniformly quiet and decorous.

Schools.

The Male and Female classes have been in operation for more than a year. Up to the end of October, men and women used to assemble in one room, at the same hour, but on the 25th of that month an evening class for Male Patients was commenced and has been since held on Mondays and Thursdays from 6.30 to 7.30. The Female Class continues to meet on Tuesdays and Fridays at 3 p.m. The average attendance at each class since the date of separation has been about 19. The chief subjects of instruction are Reading, Writing from Copies and by transcribing. An Elementary English History is being read aloud by the more advanced scholars.

Some popular and entertaining Books have recently been Library, added to the Library. The Chaplain assigns a portion of Tuesday evenings for exchanging the Books.

The Chaplain would conclude his summary of matters within his department, with the expression of a hope that in the next year's report, there may be evidence of further progress in the moral and spiritual condition of those committed to his pastoral charge.

> (Signed) HENRY HAWKINS, M.A., OXON. Chaplain.

## REPORT

#### OF

# THE FARM COMMITTEE,

#### FOR THE YEAR 1860.

THE Farm Committee are happy to report considerable improvement in the Asylum Farm during the past year.

In spite of the wet season, felt with peculiar severity, on a soil, foul and impoverished, the condition of the land is much improved; hedge-rows have been grubbed, and much progress has been made in the general cultivation of the Farm.

The Airing Courts and Grounds in front of the Building have been levelled, the slopes turfed, and the roads on the Farm (with the exception of some unfinished portions) put in order.

The Buildings on the Farm having been found insufficient and much dilapidated, it has been necessary to build new ones, which are now nearly completed. The Farm, during the past year, only shows a small profit after paying rates and taxes; but it has been of great service to the Lunatic inmates, by affording them healthy labour; and the Farm Committee look with confidence to obtaining much more favorable results during the present year.

(Signed)

EDWARD SMITH BIGG. JOHN MANSHIP NORMAN. JAMES H. SCLATER, JUN.

[Farm and Garden Accounts.

### FARM AND GARDEN ACCOUNTS,

#### Cr.

From 1st January to 31st December, 1860.

£ s. d. £ s. d. By Sale of— 2 Calves 1 10 0 Wool 6 18 4 1 Calf 1 1 0 Skins, 8s. 6d., and 22s. 9d 1 11 3 Hide & Fat 1 9 3 Poundage 0 2 6 Sundries 0 10 6 13 2 10	£ s. d. To Purchase of— 62 Pigs
", Balance from Maintenance Account	£787 6 11
Cr. THE PRODUCE AND ITS VALUE.	THE EXPENDITURE. Dr.
By       £ s. d.         848 lbs. Beef, @ $6\frac{1}{2}d$ 23 17 0         639 ., Mutton @ 7d 18 12 9         6532 ., Pork @ 7d 190 10 4         7468 $\frac{3}{4}$ gals. Milk @ 10d 311 3 11 $\frac{1}{2}$ 1256 $\frac{1}{2}$ lbs. Butter @ $1/1$ 68 1 2 $\frac{1}{2}$ 966 $\frac{1}{2}$ bush. Cabbage @ $1/0$ 48 6 6         636 Carrots @ $1/6$ 47 14 0         240 $\frac{1}{2}$ Parsnips @ $2/0$ 24 1 0         367 $\frac{1}{2}$ Turnips @ $1/0$ 18 7 6         272 $\frac{1}{2}$ Potatoes @ $3/6$ 47 13 9         87 $\frac{1}{2}$ Peas and Beans 9 1 11         27 $\frac{3}{4}$ Sacks Wheat @ $23/0$ 31 18 3         Onions	To $\pounds$ s. d. Balance of Cash brought down
1074       Trusses Hay @ 2/0 107       8       0         333       Sacks Oats @ 12/0 20       5       0         55       Tons Wurzel @ 25/0 68       15       0         1500       Bush. Swedes @ 9d 56       5       0         337       Rods Vetches @ 10d 14       0       10         £1174       4       9	Profit 2 5 4 £1,174 4 9

Clerk and Steward. D. A.

EDWARD SMITH BIGG. JOHN MANSHIP NORMAN. JAMES H. SCLATER, Jun.

Dr.

# Susser Lunatic Asylum.

# THE ESTABLISHMENT.

### OFFICERS,

Medical Superintendent	£450	Furnished Apartments, Coals, Gas, Vegetables, and Washing.
Chaplain	200	Gas, regetables, and trasming.
Clerk to Visitors Assistant Medical Officer	$100 \\ 100$	Furnished Apartments, Board,
	100	Lodging, and Attendance.
Clerk and Steward	100	ditto
Housekeeper	50	ditto
Head Attendant (Male Department)	50	ditto
ditto (Female ditto)	31	ditto

### ATTENDANTS AND SERVANTS.

14 Male Attendants £28 to	£30	0	0 (at discretion of Medical Sup.); Board, Lodging, & Washing.
16 Female 15 to	20	0	0 ditto
House Porter	30	ŏ	0 Board, Lodging, and Washing.
Head Laundry Maid	24	0	0 ditto
4 Laundry Maids	18	õ	0 ditto
	24	0	0 ditto
Cook	16	0	
Dairy Maid		0	
Kitchen Maid	12		0.000
2 House Maids	12	0	0 ditto
Engineer	1	15	0 per Week; House, Coals, & Gas.
Bailiff and Gardener	1	1	0 ,, House, Coals, & Vege-
Assistant Gardener	0	17	0 ,, ditto [tables.
Farm Attendant	1	0	0 ,,
Tailor	1	1	0 ,,
Shoemaker	1	1	0 ,,
Mat Maker, &c	1	1	0 ,,
Baker	1	5	0 ,,
Brewer and Store Porter	1	5	0 ,,
Carpenter	1	10	0 ,,
Bricklayer	1	5	0 ,,
Bricklayer Painter and Glazier	1	5	0
Blacksmith	1	5	0, "
Stoker	1	1	0
Ditto	õ	18	0 "
Gas Man	ĩ	1	ů "
Cow Man	ō	16	ů "
	ő	10	0 ,,
Cow Boy	0	16	0
Carter	0	10	Val
25th December, 1860.			

DIET SCALE-SUSSEX LUNATIC ASYLUM, HAYWARD'S HEATH.

SUPPER, At 6.0 P.M. Males. Females.	Tea.		Deneration 1	1	
	Sweet Cake	Butter	8 -103-103-103-103-103-103	33	
	Sweet	Bread.	0.0.0.0.0.0.0.	35	
		.99fted		2	
	Sweet Cake	Butter	N mesmesmesmesmesmes	31	
		Swee	Bread.	02. 66 66 66 66	42
		.səI	Vegetad	°22. 88888888	48
			Mutton Broth.	: 1: : : : : : : : : : : : : : : : : :	1
		Pudding.		°22. 8 : : : : : : : :	8
	Females.		.9iq	oz. 12::::	12
	Fem		Patter Pudding	oz. 12 12 12 12	24
		Uncooked Meat.		027 044040740	30
ER,			Beer.	ち しのしてのしてのしてのしてのしてのしての	31
I N N E I At 1.0 P.M.	1		Bread.	02. 55 :: 55	15
DI. At		.a9Ie	Vegetad	0Z. 88 88 88 12 12 12 12	56
		Mutton Broth.		рt. .1 .1	00
	s.		den Buet And Buet	oz. 12 	12
	Males.	Pie.		oz. 	16
		Uncooked Meat.		<sup>20</sup> .24 4 20 4 20 4 20	34
			Beer.	ti nananananana Fu	32
			Bread.	66 . 66	30
T,	ales.	,0008. S			7
BREAKFAST At 8.0 a.m.	Females	Bread.		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	35
REAH	Males.	Сосоя.		HUUUUUU	7
BI	Ma		Bread.	02%. 00000000000000000000000000000000000	42
		.YS.			[otal
	WEEK DAYS.			Sunday Monday . Tuesday . Wednesday Thursday Friday . Saturday	Weekly Total
	WEI			Sunday Monday Tuesday Wednesd Thursda Friday Saturday	Wee

Extra Diet for Sick.-(At the discretion of the Medical Superintendent.)-Extra Meat Dinner, Mutton Chop, Fish, Eggs, Mutton Broth, Reef Tea, Milk, Arrow-Root, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whiskey. Extra Diet for Working Patients.-3 Pint Beer, 2 oz. Bread, 1 oz. Cheese, at 11 A.M., and 3 Pint Beer at 4 P.M., the Laundry Patients 3 Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet,-Men, 1lb. Uncooked Meat; Women, <sup>3</sup>/<sub>4</sub> lb. ditto; 1 lb. Vegetables, 1 lb. Bread, 2 Pints Beer, daily. 2 oz. Tea, <sup>3</sup>/<sub>4</sub> lb. Sugar, <sup>3</sup>/<sub>4</sub> lb. Coffee, <sup>3</sup>/<sub>4</sub> lb. Butter, 1 lb. Cheese, weekly. <sup>3</sup>/<sub>4</sub> lb. Meat may be exchanged for Pudding or Pies, at the discretion of the Housekeeper.
Cocca for One Hundred Patients.-3<sup>3</sup>/<sub>4</sub> lb. Coccas, 6<sup>3</sup>/<sub>4</sub> lb. Treacle, 3 Gallons Milk, or more, if the Dairy yield it.
Coffee Ditto 1 lb. Tea, 4 lb. Sugar, 2 Gallons Milk.
Tea Ditto 1 lb. Tea, 4 lb. Sugar, and 2 Gallons Milk.

The Liquor of the Cooked Meat, Bones, &c., 25 lb. Meat, 3 lb. Scotch Barley, 4 lb. Rice, 4 lb. Scotch Oatmeal, 25 lb. Turnips, Cabbage, Parsnip, Leek, Onion, or other Vegetables, Herbs, Salt and Pepper. Dripping Crust, 31 lb. Flour, 50 lb. Potatoes, 13 lb. Meat. Fruit Pie occasionally instead. 25 lb. Meat, 30 lb. Flour-Boiled and Baked alternately. Ditto Ditto Ditto Batter Pudding Mutton Broth Meat Pie

25th December, 1860.

Medical Superintendent. C. L. ROBERTSON, M.B., CANTAB.,

(Signed)

