

Twenty-fifth annual reports for 1883 / Sussex County Lunatic Asylum, Haywards Heath.

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SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



TWENTY-FIFTH ANNUAL REPORTS
FOR 1883.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICE.

1884.

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COMMITTEE OF VISITORS AND OFFICERS.

1884.

EASTERN DIVISION.

- 1.*Campion, William Henry, Esq., Danny, Hurstpierpoint.
2. Esdaile, J. Kennedy, Esq., Saint Hill Place, East Grinstead.
3. Fitzhugh, General Henry Terrick, Streat Place, Hurstpierpoint.
4. Frewen, Edward, Esq., Brickwall, Northiam, Ashford.
- 5.*Heathcote, John Moyer, junr., Esq., Hove, Brighton.
- 6.*Hill, The Lord Arthur William, M.P., Wakehurst, Haywards Heath.
7. Lewis, Lieut.-Col. William Rowe, Hollington, Hastings.
- 8.*Lister, Thomas Thompson Cunliffe, Esq., Borde Hill, Cuckfield.
- 9.*Norman, John Manship, Esq., Dencombe, Crawley.
- 10.*Pakenham, Rear-Admiral the Honourable Thomas Alexander, Franklyn, Haywards Heath.
11. Peel, Lawrence Charles Lennox, Esq., C.B., Woodcroft, Cuckfield.
- 12.*Rose-Holden, Lieut.-Col. John Rose, The Ferns, Wivelsfield.
- 13.*Sclater, James Henry, Esq., Newick Park, Lewes, *Chairman*.
- 14.*Sergison, Major Warden, Cuckfield Park.

WESTERN DIVISION.

1. Barttelot, Captain Walter George, Coates, Petworth.
2. Burrell, Captain Charles Raymond, Knepp Castle, Horsham.
3. Chetwynd, Major The Honourable Charles Cornwallis, Worthing.
4. Dalbiac, Henry Eardley Aylmer, Esq., Durrington, Worthing.
5. Fletcher, Lieut.-Col. Sir Henry, Bart., M.P., Ham Manor, Arundel.
6. Goring, Rev. John, Wiston Park, Steyning.
- 7.*Tribe, William Foard, Esq., Manor House, Broadwater.
- 8.*Wisden, Lieut.-Col. Thomas Faulconer, Broadwater, Worthing.

BRIGHTON BOROUGH.

1. Smith, David, Esq., 11, Arundel Terrace, Brighton.
2. Savage, William Dawson, Esq., Ellerslie House, Park Road East, Brighton.

OFFICERS.

Medical Superintendent.—S. W. D. Williams, Esq., M.D.

Senior Assistant Medical Officer.—T. B. Worthington, Esq., M.D.

Junior Assistant Medical Officer.—E. B. C. Walker, Esq., M.B.

Chaplain.—Rev. Thomas Edward Crallan, M.A.

Clerk of the Asylum.—Mr. S. A. Mortlock.

Storekeeper.—Mr. T. Lenton.

Housekeeper.—Mrs. Woodhouse.

Head Attendants.—Mr. W. T. Buckle (Male Department),

Miss Buckle (Female Department).


Assistant Female Officer.—Miss Heading.

Treasurer.—George Whitfeld, Esq., Lewes.

Clerk to the Visitors.—H. Jones, Esq., Lewes.

* Member of the House and Farm Committees.

February 1st, 1884.



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SUSSEX COUNTY LUNATIC ASYLUM HAYWARDS HEATH.

TWENTY-FIFTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

To Her Majesty's Justices of the Peace for the County of Sussex, assembled in Quarter Sessions held at Lewes, in and for the Eastern Division of the said County, on Monday, the 31st day of December, 1883, and at Petworth, in and for the Western Division of the said County, on Thursday, the 3rd day of January, 1884.

THE COMMITTEE OF VISITORS of the Sussex County Lunatic Asylum, appointed at the Epiphany Sessions, 1883, report:—

That the County Asylum at Haywards Heath continues in the same high state of efficiency and good management.

The Committee refer the Court for details to the annexed Report of the Medical Superintendent, and to the Statistical Tables appended thereto.

1.—The Number of Patients in this Asylum at the date of this Report is—

Males	.	.	.	356
Females	.	.	.	476
				<hr/>
Total	.	.	.	832

The Admissions during the present year have been	231
The Discharges	158
The Deaths	77

At the date of the last Annual Report the total number on the books was 842. It will thus be seen that there are 10 patients less in the Asylum than there were at the corresponding period of last year. This (without taking into account the beds occupied by Private Patients) leaves 78 vacant beds in the main building, and 20 in the Sanatorium; and it may be assumed that the requirements of the County are for the present sufficiently provided for.

In July last the Medical Superintendent drew the attention of the House Committee to certain defects in the Sanitary arrangements of the Asylum. The provisions made for an Asylum containing at the present time more than double the number for which it was built had become wholly insufficient, and had not kept pace with the great advance made in Sanitary Science. The Committee, in consultation with Dr. Williams, directed the County Surveyor to prepare plans to remedy the evils complained of. These plans having been approved of by the Committee, were submitted to the Commissioners in Lunacy, and passed by them; they have also received the sanction of the Secretary of State, and are now laid before this Court for approval.

They consist of—

1.—Seven new blocks for Water-closets, built out behind the main building, with which they are connected by a passage admitting of a cross draft of air.

2.—The disconnection of all waste pipes leading from the Baths, Lavatories, and Sculleries to the main drainage.

3.—Improvements in the Sculleries and in the main drainage system.

These improvements are estimated to cost a sum of upwards of £2,500, which the Committee propose to defray out of a balance in hand, under 25 and 26 Vict., c. 11, sect. vi.; and they are happy to report that they need not apply to the Court for a grant to meet the expenditure.

The Committee beg further to report that Mrs. Stroud, who had been Housekeeper in the Asylum for 25 years, has been compelled to resign from failing health, and from the effects of an injury received in the performance of her duty. Her case was fully considered by the Committee, who resolved unanimously—in consideration of her long and faithful service, extending over nearly a quarter of a century—to recommend to the Court to allow her a pension of £100 a year, being two-thirds of her salary and allowance, and in accordance with the limit prescribed by 25 and 26 Vict., c. 111, sect. xii.

Mrs. Elizabeth L. Woodhouse, who had for some time past efficiently filled the office of Assistant Female Officer in the Asylum, has been appointed Housekeeper in the place of Mrs. Stroud.

The Committee having recommended to the Court at the Michaelmas Session last to grant to Henry Charles Kail, who had been Master Attendant Carpenter in the Asylum for 26 years, and was compelled to resign from permanent ill-health, a pension of £1 a week, such recommendation was confirmed by the Court.

The Farm Accounts cannot be made up till the end of the year, but there is every reason to expect a favourable balance both from the Farm and Garden.

Dr. Williams, by the careful recommendation of an increased number of Patients for discharge, and also by his constant efforts in inducing Boards of Guardians to take back harmless Patients into the Workhouses, has been very successful in keeping down the number of Patients in the Asylum.

The other Officers of the Staff have discharged their several duties in a manner highly satisfactory to the Committee.

JAMES H. SCLATER,
Chairman.

HAYWARDS HEATH,
22nd December, 1883.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

INCOME and EXPENDITURE for the Year ending 31st December, 1883.

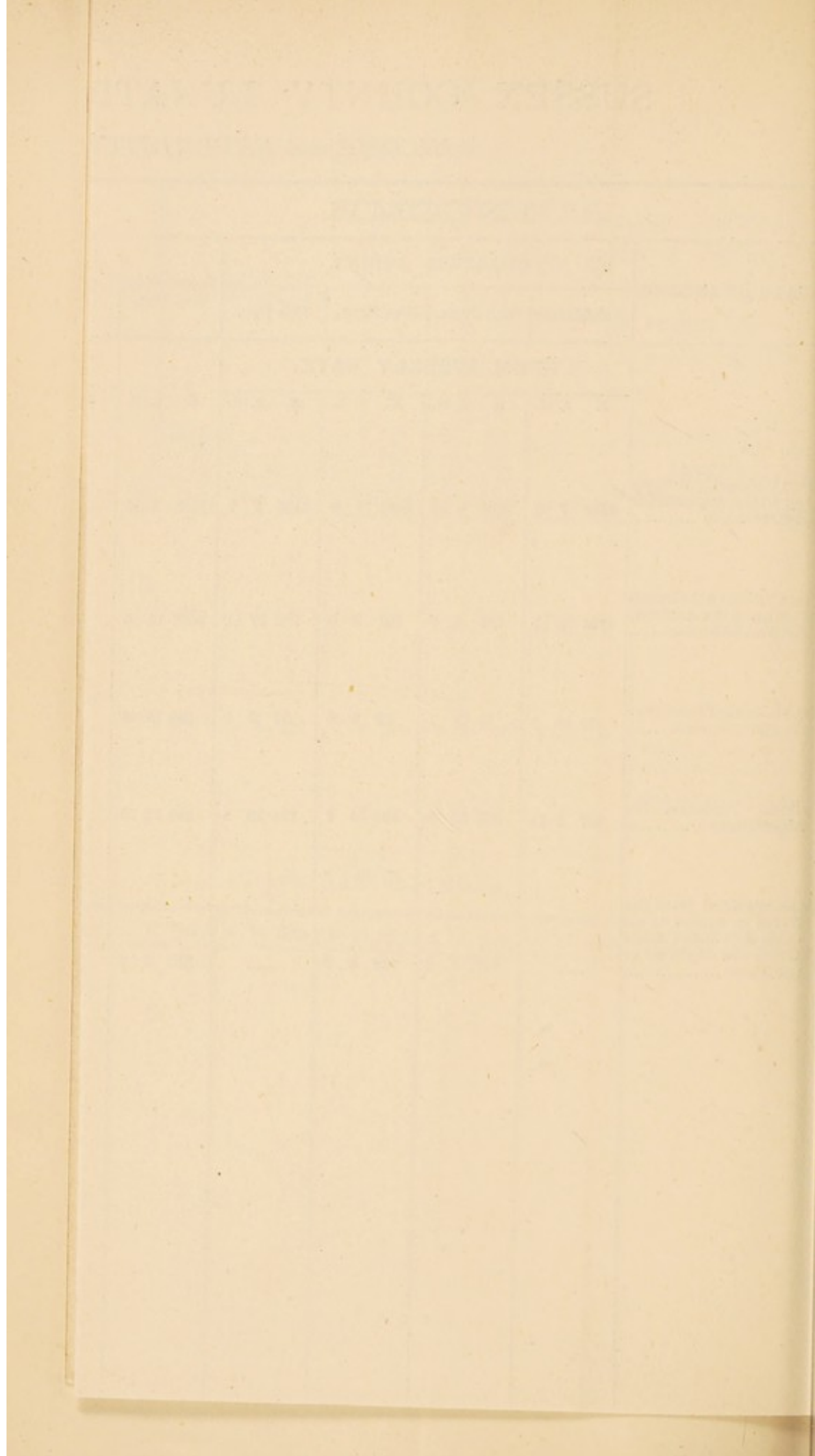
INCOME.							EXPENDITURE.						
HEADS OF INCOME.	QUARTERS ENDING.				Year ending 31st Dec.	Total.	HEADS OF EXPENDITURE.	QUARTERS ENDING.				Year ending 31st Dec.	Total of General Heads of Expenditure.
	31st March.	30th June.	30th Sept.	31st Dec.				31st March.	30th June.	30th Sept.	31st Dec.		
	FROM WEEKLY RATE.							FROM WEEKLY RATE.					
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	Provisions.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
From Unions Contributing to the Asylum, for Maintenance	4405 7 8	4614 9 10	4493 1 0	4495 9 7	17858 8 10		By Meat	464 4 10	358 4 8	191 0 9	609 4 6	1682 14 9	
From Unions not Contributing to the Asylum, for Maintenance	745 8 11	783 2 7	761 3 0	763 17 11	3052 12 6		By Flour	437 4 8	420 19 6	394 13 2	378 17 6	1631 14 10	
From County Treasurers for Maintenance	30 10 5	31 11 1	37 9 0	37 9 0	136 19 6		By Barley, Rice, &c.	14 8 6	21 6 0	14 16 0	15 8 0	65 18 6	
Private Patients, for Maintenance	257 5 11	252 13 8	238 14 1	231 19 2	980 12 10		By Tea, Coffee, & Cocoa	172 8 11	177 5 7	174 5 1	159 6 4	693 5 11	
Cash received from the Farm in excess of all Cash Advances made (from the Asylum) to the Farm	---	627 3 0	233 6 6	---	860 9 6		By Sugar and Treacle	78 2 2	85 7 3	78 12 0	94 18 9	341 6 1	
							By Sundry Groceries	18 18 8	23 13 4	22 7 3	34 6 9	99 6 4	
							By Tobacco and Snuff	47 6 0	39 11 3	47 6 0	41 2 8	175 6 6	
							By Butter	133 14 7	106 1 6	112 18 11	160 15 5	513 14 5	
							By Cheese, Eggs, &c.	63 1 10	62 1 8	75 17 0	79 6 4	280 6 10	
							By Malt, Hops, & Beer	300 4 5	268 15 11	322 16 0	278 1 0	1169 17 4	
							By Potatoes and other Vegetables	---	50 13 3	19 11 4	35 16 6	95 1 1	
							By Board Wages	2 17 0	6 6 0	11 17 6	9 9 0	32 9 6	
							By Fish	4 6 6	44 15 6	28 8 0	40 17 4	116 7 4	
							By Meat (from Farm, &c.)	567 4 9	566 8 4	641 7 8	583 13 2	2247 14 2	
							By Milk, Eggs, &c. Do.	251 9 0	244 1 0	257 19 8	255 17 6	1009 7 2	
							By Vegetables Do.	160 19 11	139 10 10	169 13 3	129 15 4	610 19 4	
							Cash paid to Farm in excess of Produce received	38 11 2	---	---	126 15 4	165 6 6	
							Total	2725 7 11	2615 2 5	2792 14 7	2777 11 8	10900 16 7	10900 16 7
							House & other Expenses.						
							By Coals, Coke, &c.	430 19 0	269 9 8	325 16 3	383 9 10	1490 14 8	
							By Gas	167 2 3	45 12 3	49 17 9	106 5 10	438 18 1	
							By Soap	47 2 0	30 9 3	41 17 0	45 19 3	166 7 6	
							By Starch, Soda, &c.	45 16 10	47 11 9	41 6 0	40 17 6	175 12 1	
							By Candles	7 13 0	7 1 3	4 13 0	9 7 3	28 14 6	
							By Furniture, Bedding, Linen, &c.	82 2 1	97 2 8	59 11 8	141 0 3	380 16 8	
							By Ironmongery, &c.	32 2 7	9 14 0	13 4 4	27 6 7	61 9 6	
							By Brooms, Brushes, &c.	17 1 9	24 8 9	17 7 3	16 18 3	77 16 0	
							By Earthenware, Glass, &c.	22 13 11	30 8 8	18 13 3	44 0 11	115 16 9	
							By Rates and Taxes	---	15 13 4	---	39 13 2	55 6 6	
							By Stationery, Postage, &c.	37 14 3	27 5 8	34 18 7	30 12 9	129 11 3	
							By Printing, Advertisements, &c.	16 12 10	26 16 0	17 11 8	32 18 3	90 18 9	
							By Carriage of Goods, and Conveyances	20 19 6	22 8 11	22 6 10	23 17 8	89 12 11	
							By Funeral Expenses	13 3 6	21 19 3	2 10 0	10 14 3	48 7 0	
							By Periodicals, Books, and Amusements	66 12 9	34 14 5	36 16 8	42 15 1	184 2 11	
							By Retaking Patients	0 6 0	0 19 3	3 8 2	---	4 13 5	
							By Patients on Trial	22 5 0	27 17 0	35 18 0	30 7 11	106 7 11	
							By Uniform	73 18 8	19 18 7	30 2 11	---	118 0 2	
							By Keep of House (from Farm Account)	5 17 0	5 17 0	5 17 0	5 17 0	23 6 0	
							Total	1119 2 11	759 11 8	743 16 4	1005 3 9	3717 14 8	3717 14 8
							By Clothing	251 8 4	240 2 10	335 11 4	352 8 11	1169 11 5	1169 11 5
							Salaries and Wages.						
							By Officers	596 15 0	594 9 4	596 15 0	596 15 0	2384 14 4	
							By Attendants and Servants	669 14 4	687 2 3	684 9 6	684 2 8	2745 8 0	
							Total	1266 9 4	1281 11 7	1281 4 6	1280 17 8	5130 3 1	5130 3 1
							Medicine.						
							By Drugs, Instruments, &c.	36 16 3	49 1 1	38 15 11	29 18 3	154 11 6	
							By Wines, Spirits, and Porter	39 8 6	45 17 1	28 19 9	28 17 6	143 2 9	
							Total	76 4 9	94 18 1	67 15 8	58 15 9	297 14 3	297 14 3
							By Incidentals	36 18 11	17 1 0	27 11 4	33 5 1	114 16 4	
							Total	36 18 11	17 1 0	27 11 4	33 5 1	114 16 4	114 16 4
Total from Weekly Rate, &c.	5408 12 11	6109 0 2	5753 14 4	5527 15 8	22860 3 1	22860 3 1	Total from Weekly Rate	5405 12 2	5008 7 7	5228 13 9	5008 2 10	21380 16 4	21380 16 4
FROM COUNTY RATE.							FROM COUNTY RATE.						
Repairs and Alterations.							By Labour	164 1 4	146 10 3	145 3 0	162 18 7	618 13 2	
From County Treasurers for Repairs & Alterations	487 13 8	468 19 5	363 13 3	351 3 7	1871 9 10		By Timber	23 13 5	78 16 2	1 0 3	7 10 4	111 0 2	
Improvements	235 18 0	---	---	---	236 18 0		By Iron, Lead, &c.	46 14 3	134 4 1	136 16 4	42 5 8	359 0 4	
							By Bricks, Slate, Cement, &c.	25 12 8	25 8 2	13 4 5	49 16 0	113 1 3	
							By Glass	4 11 6	4 11 6	4 19 2	2 6 9	12 1 5	
							By Paints and Paper	20 3 3	18 13 4	17 19 9	14 19 8	61 15 0	
							By Sundries	32 17 7	32 8 9	20 0 2	23 13 8	129 0 3	
							By Insurance & Taxes	124 13 8	---	---	---	124 13 8	
							By Carriage & Carting	30 15 6	7 2 2	2 8 0	27 10 11	67 16 7	
							By Superannuation	9 2 0	21 2 0	22 2 0	22 2 0	74 8 0	
							Total	487 13 8	468 19 5	363 13 2	351 3 7	1871 9 10	1871 9 10
							By Improvements	235 18 0	---	---	---	235 18 0	235 18 0
Total from County Rate	723 11 8	468 19 5	363 13 3	351 3 7	1907 7 10	1907 7 10	Total from County Rate	723 11 8	468 19 5	363 13 3	351 3 7	1907 7 10	1907 7 10
Total Income from Weekly and County Rate	6128 4 7	6577 19 7	6117 7 6	5879 19 3	24766 10 11	24766 10 11	Total Expenditure from Weekly and County Rates	6119 3 10	5477 7 0	5592 6 11	5009 6 5	23286 4 2	23286 4 2
												Balance	6532 12 8
												Total	22980 16 10

Examined by the Finance Committee, January 26th, 1884.

(Signed) JAMES H. SCLATER, CHAIRMAN.
J. M. NORMAN.
W. HENRY CAMPION.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE for the Year, for each Patient, from Weekly Rate.					
	QUARTERS ENDING.				Average for the Year 1883.
	March 31st.	June 30th.	Sept. 30th.	Dec. 31st.	
Provisions	8 s. d.	8 s. d.	8 s. d.	8 s. d.	8 s. d.
House and other Expenses	2 9 1	2 9 1	2 9 1	2 9 1	2 9 1
Clothing	0 14 0	0 14 0	0 14 0	0 14 0	0 14 0
Salaries and Wages	2 4 0	2 4 0	2 4 0	2 4 0	2 4 0
Medicine, Spirits, &c.	0 11 0	0 11 0	0 11 0	0 11 0	0 11 0
Incidentals	0 0 1	0 0 1	0 0 1	0 0 1	0 0 1
Nett Cost	9 15 1	9 15 1	9 15 1	9 15 1	9 15 1
Weekly Rate Chargeable to the Unions Contributing to the Asylum	9 6 0	9 6 0	9 6 0	9 6 0	9 6 0
Do. do. Not Contributing do.	14 0 0	14 0 0	14 0 0	14 0 0	14 0 0
Do. do. For Private Patients	16 0 0	16 0 0	16 0 0	16 0 0	16 0 0



SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending December 31st, 1883.

ASSETS.				DEBITS.			
1883.		£	s. d.	1883.		£	s. d.
Dec. 31.	Due from Unions Contributing	4495	9 7	Dec. 31.	To Amounts due to sundry Tradesmen		
"	" Ditto not ditto	762	17 11		on account of Maintenance, Repairs,	2896	13 1
"	" County Treasurers	37	9 0		&c., &c.	31	5 0
"	" Private Patients' Account.....	231	19 2		Ditto on Cheques not paid in.....		
"	" For Sale of Farm Produce, Stores, &c. ...	244	3 5				
"	" Repairs, Alterations, &c.	351	3 7		Surplus Balance.....	6632	12 8
"	" Cottage Rent	8	2 6				
"	" Cash in Bankers' hands	3264	12 2				
"	" Clerk's "	164	13 5				
		<hr/> £9560 10 9				<hr/> £9560 10 9	

Submitted to the Finance Committee this 26th day of January, 1884.

(Signed)

JAMES H. SCLATER (*Chairman*).

J. M. NORMAN.

W. HENRY CAMPION.

(Signed)

S. A. MORTLOCK,

Clerk of the Asylum.

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending December 31st, 1883. Cr.

1882.—December 31st.	£	s.	d.	£	s.	d.	1883.—December 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	1286	7	0				By Sale of—						
Estimated Value of Dead Stock	555	0	0				27 Calves	68	19	0			
Estimated Value of Tenant's Valuation	796	1	8				79 Pigs.....	212	8	6			
Estimated Value of Provender	587	10	0				Hides and Skins	55	15	3			
				3224	18	8	Rough Fat, &c.	61	9	7			
							Poles, Faggots, & Vegt.	10	12	6			
							Use of Stock	6	17	0			
							75 Sheep	257	16	0			
							93½ qrs. Wheat	212	2	9			
							Oats	17	12	0			
							74lbs. Wool.....	4	0	2			
											907	12	9
							Discount				23	12	9
1883.—December 31st.							By Produce supplied to House—						
By Purchase of—							41,809 lbs. Beef @ -/9;						
61 Cows and Beasts ...	1672	0	1				-/9½; & -/8	1580	0	7			
3 Calves	18	16	0				6,123 „ Pork @ -/7½	191	6	10½			
7 Pigs	18	0	0				2,795 „ Suet „ -/6	69	17	6			
Oil Cake	349	0	0				8,620 „ Mutton @						
Bran and Sharps	323	11	8				-/10½; -/11; & -/9½	383	15	4½			
Barley and Maize	132	18	0				Bells, Livers, &c.....	22	13	10			
Manure and Lime.....	114	11	8								2247	14	2
Implements.....	54	1	0				20,910 gals. Milk @ -/11	958	7	6			
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm	438	0	0				7,842 No. Eggs „ -/1	32	13	6			
Medicine	17	10	0				107 „ Poultry „ 2/6	13	7	6			
Railway Carriage.....	15	14	9				96 „ Rabbits „ -/10				4	18	8
Sundries	6	1	0				& 1/2				1009	7	2
208 Sheep.....	652	0	9				3,181 bus. Cabbage @ 1/-	159	1	0			
4199 Trusses Straw ...	202	8	9				78 „ Onions „ 2/-	7	16	0			
Seeds and Plants	64	13	2				1,433½ „ Potatoes „ 2/8	191	0	0			
Thatching	8	8	6				343 „ Carrots „ 2/-	34	6	0			
Valuation.....	7	7	0				477 „ Parsnips „ 2/-	47	14	0			
Thrashing	16	8	10				328 „ Turnips „ -/10	13	10	10			
1 Bull.....	16	0	0				1,174 „ Cauliflowers @/2	9	15	8			
				4127	11	2	156 „ Peas „ 2/-	15	12	0			
							484½ „ Beans „ 2/-	48	9	0			
							Other Vegetables	26	6	8			
							Fruit and Rhubarb.....	33	0	8			
							Vegetables and Fruit supplied to Medical Superintendent	24	7	6			
Rates and Taxes	55	6	6								610	19	4
Estimated Rent on Land	200	0	0				Keep of House Horse...	23	8	0			
				255	6	6					23	8	0
							By Estimated Value of Live Stock.....	1281	17	0			
							Estimated Value of Dead Stock	550	0	0			
							Estimated Value of Tenant's Valuation	1091	2	6			
							Estimated Value of Provender	533	16	0			
											3456	15	6
											£8,279	9	8
											£8,279	9	8

ESTIMATED VALUE OF FARM STOCK:—							
1882.—December 31st.	£	s.	d.	1883.—December 31st.	£	s.	d.
29 Cows, Fattening Beasts, and Calves	650	0	0	29 Cows, Bull, Fattening Beasts, and Calves	705	10	0
60 Sheep	189	0	0	60 Sheep	169	15	0
7 Horses	218	10	0	6 Horses and 1 Colt	210	0	0
122 Head of Swine.....	202	12	0	96 Head of Swine.....	178	12	0
150 Poultry and Ferrets	26	5	0	120 Poultry and Ferrets	18	0	0
	1286	7	0		1281	17	0
Dead Stock, Implements, &c.	555	0	0	Dead Stock, Implements, &c.	550	0	0
Tenant's Valuation	796	1	8	Tenant's Valuation	1091	2	6
Provender	587	10	0	Provender	533	16	0
	£3,224	18	8*		£3,456	15	6*

Examined by the Farm Committee, January 26th, 1884.

(Signed) JAMES H. SCLATER.
T. F. WISDEN.
W. HENRY CAMPION.
W. SERGISON.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of Sussex, 1st January, 1884.
(16 & 17 Vic., cap. 97, s. 64.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	4	13	4	4	3	4	11	21
Brighton	105	118	73	93	6	14	184	225
Chailey	9	7	2	2	...	1	1	1	12	11
Chichester (Incorporated)	5	9	1	1	2	1	8	11
Cuckfield	13	24	3	10	...	1	...	2	16	37
Eastbourne	8	10	2	7	1	10	18
East Grinstead	6	11	6	7	2	7	14	25
East Preston	13	19	4	4	3	6	20	29
Hailsham	9	22	1	2	4	4	7	15	34
Hastings	23	44	2	...	1	4	1	26	49
Horsham	16	24	2	4	6	6	24	34
Lewes	13	14	1	1	5	5	19	20
Midhurst	11	9	2	2	13	11
Newhaven	9	5	1	6	10	11
Petworth	9	7	1	...	2	4	2	3	14	14
Rye	9	10	7	9	4	3	20	22
Steyning	25	45	1	...	10	10	3	8	39	63
Thakeham	6	11	1	2	1	1	8	14
Ticehurst	9	11	6	1	2	3	17	15
Uckfield	10	18	5	2	1	...	5	6	21	26
Westbourne	7	3	3	8	1	4	11	15
Westfrie	3	1	...	2	...	6	...
Westhampnett	21	16	...	1	5	12	1	6	27	35
County Eastern Division	5	5	...
Do. Western do.	1	1
TOTALS	348	451	...	1	5	2	145	199	2	2	50	86	550	741

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130
1st January, 1876.	312	387	111	161	75	104	498	652	1150
1st January, 1877.	324	384	106	163	75	102	505	649	1154
1st January, 1878.	340	390	118	165	71	96	529	651	1180
1st January, 1879.	341	412	120	158	62	98	523	668	1191
1st January, 1880.	347	415	111	170	56	93	514	678	1192
1st January, 1881.	341	436	126	160	61	99	528	695	1223
1st January, 1882.	353	462	129	163	54	98	536	723	1259
1st January, 1883.	359	458	113	181	55	97	527	736	1263
1st January, 1884.	353	454	145	199	52	88	550	741	1291

S. A. MORTLOCK,
Clerk of the Asylum.

THE MEDICAL SUPERINTENDENT'S TWENTY-FIFTH ANNUAL REPORT.

Twenty-fifth Annual Report. THE Medical Superintendent has the honour to submit the Twenty-fifth Annual Report to the Committee of Visitors.

Numbers on the 31st Dec., 1882. On the 31st December, 1882, the Numbers in the Asylum were—Male, 366; Female, 473; Total, 839.

Admissions. The Admissions during the year have been—Male, 103; Female, 137; Total, 240.

Discharges. The Discharges during the year have been—Male, 72; Female, 93; Total, 165.

Deaths. The Deaths during the same period have been—Male, 41; Female, 39; Total, 80.

Mean Annual Population. The Mean Population resident during the year has been—Male, 360; Female, 478; Mean Average, 838.

Numbers this day, 31st Dec., 1883. The Numbers in the Asylum this day (31st December, 1883) are—Male, 356; Female, 478; Total, 834.

Numerical Results of the year The several Numerical Results are summed up in the first Table in the Appendix to this Report.

The Numerical Results of the year 1883 yield the following percentages:—

Annual percentage for 1883. (a) The Discharges (including the cases relieved) are 67.9 per cent. on the Admissions of the year.

Excluding those cases relieved, the percentage of Recoveries on the Admissions stands at—Male, 40.7; Female, 38.6; Average, 39.5. On the average number resident it is—Male, 11.7; Female, 11.0; Average, 11.0.

(b) The Mortality on the total number under Mortality. treatment is—Male, 8.7; Female, 7.6; Average, 8.1.

The Admissions and Re-Admissions have been very Admissions. numerous, and have greatly exceeded those in any former year. Those from the County are twenty-two in excess of last year, whilst the number of Private Patients admitted has fallen to eight, chiefly owing to its having been necessary to refuse many cases from want of room.

The Mortality is much as last year as to the per- Deaths. centage, and remains below the average of English County Asylums. Out of forty-one deaths on the Males' side, fourteen, being thirty-four per cent., were from Progressive Paralysis of the Insane; and the next most fatal disease, taking both sexes, was Phthisis, from which three Males and eight Females succumbed, of whom four developed the disease during their residence in the Asylum, and the remainder were more or less delicate on admission.

The Discharges (165) are much more numerous than Discharges. in any former year, and are fifteen per cent. on the total number under treatment, and seventy per cent. on the admissions.

They may be classed as follows:—

Recovered	95
Transferred to Workhouses as harmless or more or less relieved	35
Handed over to the care of Relatives as chronic, harmless cases	31
Transferred to other Asylums	4

As the percentage of Recoveries is only 39.5 per cent., as against 52.8 per cent. last year, it will be seen that the increase in the total number of Discharges is due to the large number of harmless and chronic cases transferred to Workhouses, and to the care of friends. Reference to Table III. in the Appendix shows that the Recoveries were unusually numerous last year, and that they are quite up to the average this year.

Numbers in
Asylum.

The numbers in the Asylum at the end of the year are as follows :—

	M.	F.	T.
Chargeable to Unions, &c., in Sussex	355	450	805
Private Patients	8	18	26
Out-County Patients	3	5	8
Total	366	473	839

And as, including the Sanatorium, there are 900 beds in the Asylum, there are still, if the Private and Out-County Patients were removed, nearly 100 beds available for Lunatics chargeable to Sussex.

Lunacy in
Sussex.

The Table on Page 11 gives the usual interesting Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and places in the County of Sussex at the end of the year. From this it will be seen that there is an increase in the total number of Chargeable Lunatics of twenty-eight, which is decidedly above the average, which for the last decade has been sixteen. As might be supposed from the large numbers that have been transferred from the Asylum to the various Workhouses, *there are fifty more Lunatics in Workhouses than there were at a corresponding period last year*, which cannot but be looked upon as a

gratifying fact, showing, as it does, that many of the Boards of Guardians have awakened to the importance of providing accommodation for harmless and chronic cases in the Workhouses, if the necessity for building a New Asylum is to be avoided. The Table further shows that there are ten fewer Patients in Asylums and twelve fewer boarded out with relatives, which latter fact is somewhat singular when it is remembered that thirty-one Chronic and Improved Cases left the Asylum during the year, and were handed over to the care of their relatives. The presumption is that many of these cases have so far benefited by the change as to be no longer classed as Lunatics.

The Escapes have again been few in number. Two Escapes. women strayed from a Picnic party, and both reached their homes before they were re-taken. One man (W. C.) broke through the ceiling of his bedroom, into the roof, and so escaped, and though the Night Attendant soon discovered what had occurred, he got away, and was never heard of until after the fortnight had expired during which it is legal to re-take Certified Lunatics. He was therefore discharged, and has left the County. Another man (G. V.) who was taken with a party of others to the Crystal Palace for the day, and who, it was believed, could be trusted, either escaped or was lost in the crowd, and was not re-taken for several days.

The Amusements provided for the Patients were Amusements. much as in former years, and were wound up at Christmas by a Grand Fancy Calico Ball, which was a great success. All the dresses, with the exception of a few that were hired, were made in the Asylum, under

the supervision of the Chief Attendants, Mr. and Miss Buckle, to whom the success of the affair is greatly due.

Changes in the Staff.

Mrs. Hearsey, the Assistant Female Officer, resigned her situation and left on June 4th, having been appointed Chief Nurse to the Nottingham Borough Asylum.

Kail's Pension.

Henry Charles Kail, the master carpenter attendant, has had to resign his situation owing to permanent ill-health. He was away from his work on sick leave the greater part of last winter, and the Asylum was put to great inconvenience in consequence. He was sixty-two years of age, and had been in the service of the County from the commencement of the building of the Asylum, more than twenty-five years ago. The Medical Superintendent therefore considered it necessary to call the attention of the Committee to his case, and it was resolved to recommend him to the Quarter Sessions for a pension of two-thirds of his salary and allowances, viz., £52 a year, which was confirmed, and he ceased to be employed in the Asylum from March 31st.

Mrs. Stroud's Retirement.

Mrs. Elizabeth Stroud, who was appointed House-keeper on February 19th, 1859, and had therefore been in the employ of the Asylum for a quarter of a century, and had assisted at its opening, felt compelled to place her resignation in the hands of the Committee at the September meeting. About eighteen months ago, whilst supervising the work in the Laundry, she slipped on the wet bricks and fell very heavily, hurting her arm severely, and greatly shaking her system generally. She was laid up for many weeks, and has never thoroughly recovered the shock. This, combined with her age (seventy-two years), has made her feel lately

that she is past the active performance of her work. The Committee were therefore reluctantly compelled to accept her resignation, and recommended her for a pension of £100 per annum, being two-thirds of her salary and allowances, which was confirmed by the Court of Quarter Sessions. The Medical Superintendent regrets much having to lose the services of an officer with whom he has been associated for so many years, and whom he had always found anxious to carry out his wishes, and to further the interests of the establishment. He believes he is giving expression to the sentiments of the whole staff in stating that her loss will be much felt, and in wishing her a long life and improved health to enjoy her well-earned retirement.

Mrs. Stroud does not finally leave until February 1st in next year. Mrs. Woodhouse, the Assistant Female Officer, has been appointed to succeed her, and from what the Medical Superintendent has seen of Mrs. Woodhouse during the few months she has been in the employ of the County, he has every hope that she will prove an efficient officer.

Miss Mary Heading, the Charge Nurse of Female Ward, has been promoted to the post of Assistant Female Officer. As regards this appointment, the Medical Superintendent, as an incentive to others, was very anxious to fill it up from the ranks of the Charge Nurses, instead of seeking for a stranger. He is gratified, therefore, that his nomination of Miss Heading was accepted by the Committee, and he considers the Charge Nurses should look on it as a compliment to their body.

Mrs. Woodhouse
appointed
Housekeeper.

Charge Nurse of
Female Ward.

Sanitary
Arrangements.

For a long period the Sanitary arrangements, and especially the small number of Water Closets, has engaged the attention of the Medical Superintendent, and although the health of the Patients generally has always been good, and no ailments traceable to defective drainage have ever shown themselves, it could not be denied that the large increase of the Asylum population, and the great advancement of sanitary science during the period since the Asylum was built, had left the sanitary arrangements decidedly behind those in the more modern Asylums. On the Medical Superintendent expressing these views to the Committee, they at once admitted the force of them, and directed him to prepare plans in conjunction with Mr. Card, the County Surveyor, to remedy the defects complained of. In preparing these New Plans it was arranged—

1. That the W. C's. should be in detached blocks communicating with the Wards by a passage having cross ventilation.
2. That there should be an average of one Closet for every ten Patients.
3. That Closets shut off from those for the Patients should be provided for the Staff.
4. That as far as possible no Main Drains should pass under the buildings.
5. That all waste pipes should be cut off from the Main Drains.
6. That wherever there was a bend or angle in a soil pipe or drain, an inspection plate or pit should be built.
7. That as far as possible all traps should be abandoned and free ventilation substituted.

These Plans having been approved by the Committee, were forwarded to the Commissioners in Lunacy, who submitted them to Mr. Rogers Field, the eminent Engineer, for a report. His report was favourable, and he had only one or two trifling suggestions to make. The Commissioners therefore recommended the Home Secretary to sanction them, which was done, and they now await the approval of the Quarter Sessions. That they are not perfect the Medical Superintendent is well aware, but it is impossible thoroughly to adapt an old building to modern requirements. It is, however, confidently anticipated that they will be a great improvement on the old condition of things. They were urgently needed, and when carried out, as it is hoped they will be before another year is completed, they will undoubtedly greatly increase the efficiency of the establishment, and add to the well-being of the inmates.

The Commissioners in Lunacy visited the Asylum on the 8th and 9th of June, thoroughly inspected the Asylum, and spoke individually to every Patient in the House at the time. Their Report is published, as usual, and will be found at page 24.

The Weekly Cost for Maintenance has averaged 9s. 3½d., which is lower than it has been in any year, except 1870, since the opening of the Asylum. This is greatly due to the successful working of the Farm and Garden operations, on which there is a balance of £670, after, as will be seen from the Farm Balance Sheet, printed on page 10, deducting all legitimate expenses.

The Medical Statistical Tables appended to this Report will be found to be increased in number, and, it is confidently hoped, in utility, from those given in

former years. They are the ones recently revised and recommended by a Committee of the Medico-Psychological Association.

This compilation has been rather a heavy task, as it has involved the repeated examination of the records of every individual case since the opening of the Asylum. It has been chiefly undertaken by Mr. Mortlock, the Clerk of the Asylum, and the Medical Superintendent acknowledges, with thanks, the great trouble he has taken in the matter, and the time he has devoted to it.

Conclusion.

That another year has passed without any serious accident or casualty, and that the establishment maintains its high character, the Medical Superintendent is glad to acknowledge is due to the efficiency of the Staff generally, and to the zeal evinced in the execution of their duties by Dr. Worthington, Dr. Walker, and the other officers.

S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH,
December 31st, 1883.

THE CHAPLAIN'S TWENTY-FIFTH ANNUAL REPORT.

THE Chaplain lays before the Committee his Report for ^{Twenty-fifth} the year just concluded. ^{Annual Report.}

The Services each morning have been held in the ^{Sunday and} two Dining Halls. There has been Service in the ^{other Services.} Chapel, with a Sermon, on each Sunday, and on Good Friday and Christmas Day. The short Service afterwards, in the Female Infirmary, has been continued.

Holy Communion has been administered from time ^{Administration} to time. ^{of Holy Com-}
^{munion.}

The Classes have gone on as usual, and not without ^{Classes.} both pleasure and benefit to the Patients present.

The Library and the Books in the Wards are a ^{Library.} constant source of gratification to very many of those for whom they are provided, and the Chaplain desires to thank the Committee for allowing an additional supply of Books.

The Chaplain has visited all parts of the Asylum as ^{Visits.} he is required to do.

There have been only 39 Burials in the Cemetery this ^{Burials.} year.

The Savings Bank, which is now in the seventh year ^{Savings Bank.} of its operation, is beneficial beyond expectation, and thoroughly valued.

The Chaplain desires to thank all the Staff for their ^{Conclusion.} cordial co-operation and support on all occasions.

(Signed) THOMAS E. CRALLAN, M.A.,

Chaplain.

HAYWARDS HEATH,

December 31st, 1883.

METEOROLOGICAL REPORT.

THE great Meteorological Phenomenon, which will, probably, cause this year to be long remembered, is the series of brilliant sunsets and sunrises which attracted so much attention during the months of November and December. At present opinions seem divided as to whether they were an effect produced by volcanic dust from the eruption at Krakatoa, suspended in the upper regions of our atmosphere, or whether they are due to some condition of that portion of space through which we are travelling.

There has been no other peculiarity in the weather of the year to call for special notice.

The Total Rainfall of the year was 28.60 inches, being 1.17 inches below the average of the previous fifteen years. The number of wet days was 203.

The driest months were March and August, in each of which the Rainfall was less than an inch.

The wettest months were February and November, in each of which the Rainfall reached a total of more than 4 inches.

The greatest Rainfall in twenty-four hours occurred on November 25th, and amounted to 1.02 inches.

The greatest Heat in the sun, *viz.*, 160.5° was recorded on June 9th. The greatest Cold occurred on March 16th, when the Thermometer on the grass went down to 14.3°.

The usual Table is appended.

THOMAS E. CRALLAN.

Meteorological Observations taken at the County Asylum during 1883.

Year 1883.	Pressure of Atmosphere corrected and reduced.		Temperature of the Air.										Radiation Thermometers.					Wind.						Rain.					
	9 a.m.	Mean. Range.	Maximum.		Minimum.		Range.		Mean.						Maximum in Sun, <i>in vacuo.</i>	Minimum on Grass.	Range.	Mean Maximum.	Mean Minimum.	Mean Velocity in Miles per Diem.	Direction.						Mean Amount of Cloud.	No. of Wet Days.	Amount Collected.
			Maximum.	Minimum.	Of all Maxima.	Of all Minima.	Daily Range.	Daily Temperature.	Dew Point.	Humidity Satn. 100.	N.	N.E.	E.	S.E.							S.	S.W.	W.	N.W.					
Months.																													
January ...	29.937	1.324	54.0	27.9	26.1	46.3	36.3	10.0	41.3	38.2	91.1	95.3	23.8	71.5	68.5	33.3	151	2	2	7	4	6	5	3	2	7	20	2.56	
February ...	30.082	1.858	55.5	28.1	27.4	49.1	35.4	13.7	41.8	39.8	93.6	109.0	25.7	83.3	86.4	32.3	180	0	0	1	3	10	4	8	2	7	19	4.11	
March ...	29.909	1.435	61.8	20.7	41.1	45.2	30.1	15.1	36.8	32.6	85.3	122.3	14.3	108.0	106.0	26.1	135	10	2	7	1	2	1	4	4	5	12	0.81	
April ...	30.003	1.193	68.0	29.0	39.0	57.5	37.8	19.7	46.4	42.1	79.8	137.6	24.2	113.4	121.4	33.7	103	5	5	1	3	3	1	11	1	6	9	1.47	
May ...	29.953	.863	75.4	31.4	44.0	62.6	42.8	19.8	51.9	47.6	75.3	151.5	31.0	120.5	128.8	40.4	107	8	4	2	2	7	3	2	3	6	12	2.53	
June ...	29.971	.631	84.3	36.5	47.8	68.5	46.5	22.0	56.2	54.2	77.0	160.5	28.8	131.7	142.1	42.2	97	3	4	2	4	7	1	6	3	6	17	1.82	
July ...	29.877	.527	81.5	38.8	42.7	69.0	50.8	18.2	55.4	54.5	76.1	153.8	35.2	118.6	143.3	46.7	110	1	2	0	3	6	6	9	4	7	19	2.61	
August ...	30.042	.614	82.0	45.0	37.0	71.9	52.3	19.6	61.1	57.2	79.0	150.3	38.3	112.0	138.6	47.3	105	0	2	3	2	4	4	13	3	6	15	0.96	
September ...	29.835	1.325	75.2	39.6	35.6	66.3	48.8	17.5	56.8	53.9	87.0	137.5	32.6	104.9	124.8	43.8	121	1	6	0	5	3	6	2	7	6	22	3.64	
October ...	29.987	1.063	65.3	34.0	31.3	58.1	43.2	14.9	50.2	48.1	88.5	130.5	25.2	105.3	102.8	38.7	97	4	3	4	2	4	6	5	3	7	17	2.48	
November ...	29.846	1.346	56.5	26.6	29.9	50.7	36.4	14.3	43.5	41.8	94.4	104.0	20.2	83.8	85.0	31.4	112	1	0	2	1	8	4	10	4	6	24	4.51	
December ...	30.162	.884	54.0	22.8	31.2	44.2	34.8	9.4	39.9	37.7	92.9	82.7	15.8	66.9	61.1	31.3	121	6	2	1	4	1	2	11	4	7	17	1.10	
Mean, Extreme or Total for the Year.	29.969	1.858	84.3	20.7	63.6	57.4	41.2	16.2	48.4	45.2	85.0	160.5	14.3	146.2	109.1	37.3	120	41	32	30	34	61	43	84	40	6	203	28.60	

(Signed) THOMAS E. CRALLAN.

REPORT OF THE
VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY ASYLUM,
HAYWARDS HEATH,

June 9th, 1883.

DURING yesterday and to-day we have carefully inspected this Asylum, the present condition of which is in general most satisfactory. The Wards in each division are remarkably bright and comfortable, and it is evident that the strictest attention is paid to cleanliness. The Sanitary state of the Asylum is very good, and nowhere did we observe any absence of ventilation or indication of the admission of noxious gases. Indeed, the system adopted here of discharging all the sewage directly on to the land without any intercepting tank would seem to prevent entirely the formation of sewer gas, and to secure the Asylum from that most dangerous agent. Beside the security thus afforded, there is the additional safeguard of the disconnection of all waste pipes outside the building.

We must mention, with approval, the very ample supply of Books, Papers, and Periodicals provided in the Wards, and all accessible to the Patients. From a return made to us we learn that £20 are expended

half-yearly in the purchase of Second-hand Books, and that 18 Daily, 50 Weekly, and 38 Monthly Newspapers, or other Publications, are purchased for the use of the Patients.

We have taken care, as usual, to see every Patient in residence. These were 832 in number, 355 being Males, and 479 Females. There are, besides, two Female Patients out on trial, but still borne on the register. For the total number of 834 Patients, there is, at present, abundance of room, and vacancies exist, we are told, for 44 Males and 21 Females. This relief from pressure for space has been obtained principally by the free discharge of cases not absolutely cured, to Workhouses, or the care of their friends. Of 197 Patients who, since the date of our colleagues' visit on February 28th last year, have been discharged, 54 were removed to Workhouses and 37 to the care of friends, and of these 91 Patients not more than two or three have, Dr. Williams tells us, been returned to the Asylum. The experiment, therefore, of relieving the congestion of an Asylum, by sending out carefully-selected cases of the chronic and harmless classes, has been fairly and successfully tried here, and it will probably obviate for some time the necessity of further extension. The removal of such cases of course materially alters the character of the insane population, largely increasing the proportion of acute and violent cases, and also, in consequence, increasing the cost of supervision, but we have not observed, in the course of inspection, any serious evil to have resulted. There was but little noise in the Wards, and no violence or aggressiveness. While on this subject, however, we would suggest whether a less strict separation of the

excitable cases from the quieter might not be beneficial. We have elsewhere seen good results to follow upon a more general mixture of the classes. Of the 197 cases discharged as above, 138 are recorded as recoveries. In the same interval, 291 Patients—142 Males and 149 Females—have been admitted, and 59 Males and 46 Females have died. The causes of the deaths do not call for special notice; none were due to violence, or any epidemic or infectious disorder, from which the Asylum has been free. In 47 cases only were *post-mortem* examinations made. No Coroner's Inquest was held. The mortality in 1882 was—for the Males 14.1, and for the Females 5.6, or for both sexes 9.3 per cent. of the average daily number resident. The recoveries in the same year are stated to bear the ratios of 38.7 for Males, and 67.9 for Females to the admissions; or 52.8 for both sexes.

Of the Patients now here, 729 are chargeable to Sussex Unions, 16 to Chichester, 56 to Hastings, 4 to Seaford, 4 to Out-Counties, and there are 25 of the Private Class. The general charge has been reduced by 3d. a week since last year, and is now 9s. 6d. for the County and Brighton Patients. Of the latter there are, we understand, about 240. The question of that Borough providing itself with a separate Asylum for its insane poor appears to have been resolved in the negative, or at all events to be for the present in abeyance.

We were satisfied with the clothing and personal neatness of the Patients of both sexes, and with the efforts made to amuse and interest them. The returns of useful employment are very satisfactory, and, according to them, it appears that of the Males, excluding 84

who are Ward cleaners only, 56 per cent. are usefully employed; as many as 116 are employed on the land; and that of the Females, also excluding Ward cleaners only, of whom there are 55, 65 per cent. are employed upon useful work. As regards exercise too, the returns are favourable, and inform us that all but 39 of the Males, and all except 79 of the Women, take more extended exercise than they can obtain in the Airing Courts.

The staff of Attendants seems to be adequate to the service of the Asylum, though the proportion to Patients is not large. It is, indeed, we think, below the average of most County Asylums. The staff remains of the same strength as last year, except that an Assistant Female Officer, to assist the Housekeeper and Chief Nurse, has been appointed. Of the present Nurses eleven, and of the Male Attendants three, only have been under a year in the Asylum service. There have been very few instances of the use of seclusion or restraint since the last visit, and the latter has been chiefly in the form of Wet Packing. The usual renovation of the decoration of Wards and other repairs have been effected, but there has not been any very material structural addition or alteration since the last visit.

C. S. BAGOT,

W. RHYS WILLIAMS,

Commissioners in Lunacy.

THE
JOURNAL
OF
THE
AMERICAN
MEDICAL
ASSOCIATION
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1917

APPENDIX,
CONTAINING THE REVISED
TABLES OF THE MEDICO-PSYCHOLOGICAL
ASSOCIATION, &c.

The Medical Superintendent desires to acknowledge the services rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1883.

				M.	F.	T.
In the Asylum January 1st, 1883				366	473	839
				M.	F.	T.
Cases Admitted—						
First Admissions		79	110	189
Not First Admissions	...			24	27	51
Total Cases Admitted during the Year ...				103	137	240
Total Cases under Care during the Year ...				469	610	1079
Cases Discharged—				M.	F.	T.
Recovered	42	53	95
Relieved	30	38	68
Not Improved	2	2
Died	41	39	80
Total Cases Discharged and Died during the Year				113	132	245
Remaining in the Asylum 31st Dec., 1883 ...				356	478	834
				M.	F.	T.
Average Number Resident during the Year		360	478	838
Persons under Care during the Year	462	605	1067
Persons Admitted		96	132	228
„ Recovered		37	49	84
Transferred to this Asylum	...			3	6	9
„ from this Asylum				4	...	4

TABLE 1A.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1883, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.						PERSONS.		
						Male.	Female.	TOTAL.
Have had 1 Attack	15	17	32
„ 2 Attacks	2	6	8
„ 3 „	2	2	4
„ 4 „	2	...	2
„ 5 „	1	...	1
„ 6 „	1	1	2
„ 7 „	1	1
„ 8 „	1	...	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.						IN THIS ASYLUM.			IN ANY ASYLUM.		
						M.	F.	T.	M.	F.	T.
Once	9	12	21	17	19	36
Twice	3	5	8	5	7	12
3 Times	3	2	5
4 „	1	...	1
5 „	1	...	1
6 „	1	1
7 „	1	1
8 „	1	...	1

TABLE II.

*Showing the Admissions, Re-Admissions, Discharges, and Deaths,
from the Opening of the Asylum to the 31st December, 1883.*

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 24½ years	2161	2124	4285			
Re-Admissions	234	330	564			
Total Cases Admitted	2395	2454	4849
Discharged Cases—						
Recovered	622	782	1404			
Relieved	281	307	588			
Not Improved	185	104	289			
Died	951	783	1734			
Total Cases Discharged and Died since the Opening of the Asylum	2039	1976	4015
Remaining 31st Dec., 1883	356	478	834
Average number Resident during the 24½ years ...	296	352	648			
Transferred to this Asylum ...	410	322	732			
„ from this Asylum	260	132	392			

TABLE IIA.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1883. (24½ years).*

HISTORY OF RECOVERIES OF PERSONS.				The same, only omitting all per- sons transferred from other Asylums, &c.		
	M.	F.	T.	M.	F.	T.
Persons Admitted during the 24½ years	2161	2124	4285	1751	1802	3553
Of whom were Discharged Re- covered during the same Period, being 26.7 per cent. of Persons Admitted ...	508	640	1148	487	601	1088 30.6
Of whom were Re-Admitted Relapsed †... ..	100	176	276	95	168	263
Leaving Recovered Persons who have not Relapsed ...	408	464	872	392	433	825
Relapsed Persons Discharged Recovered ‡	39	70	109	39	70	109
Nett Recovered Persons, being 22.8 per cent. of Persons Admitted	447	534	981	431	503	934 26.2

* Persons, *i.e.*, separate persons, in contradistinction to cases which may include the same individual more than once.

† *i.e.*, Persons who have Relapsed one or more times.

‡ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered persons sane at the present time, so far as the Asylum Statistics show.

cent. of the Admissions for each Year since the Opening of the Asylum, July 25th, 1859.

YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Nos. Resident.		
	Male.	Female.	Total.	Recovered.			Relieved.			Not Improved.			Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Both.	Male.	Female.	Both.
				Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.												
1859...	143	164	307	2	4	6	1	1	2	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860...	80	104	184	12	18	30	4	...	5	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5
1861...	103	66	169	7	22	29	10	18	28	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862...	60	69	129	14	16	30	7	3	10	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863...	59	22	81	13	19	32	33	1	34	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864...	64	70	134	14	10	24	4	4	8	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865...	67	57	124	16	17	33	1	4	5	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866...	70	89	159	17	25	42	1	...	1	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867...	69	93	162	15	27	42	1	4	5	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868...	119	73	192	14	34	48	2	...	2	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869...	60	68	128	21	25	46	2	3	5	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870...	83	83	166	29	32	61	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871...	52	64	116	28	35	63	48	1	49	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872...	138	130	268	23	44	67	2	1	3	332	383	715	295	369	664	16.6	33.8	25.0	11.8	8.6	10.1
1873...	100	104	204	30	43	73	1	2	3	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874...	119	118	237	29	40	69	1	1	2	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9
1875...	122	136	258	23	34	57	9	18	27	353	419	772	364	422	786	18.8	25.0	22.0	16.7	13.9	15.2
1876...	131	117	248	43	47	90	11	6	17	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5
1877...	105	117	222	26	34	60	21	7	28	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2
1878...	112	121	233	38	31	69	11	10	21	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1
1879...	104	111	215	32	36	68	4	2	6	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2
1880...	115	114	229	46	32	78	6	9	15	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5
1881...	102	120	222	45	34	79	3	...	3	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2
1882...	115	107	222	43	70	113	2	6	8	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3
1883...	103	137	240	42	53	95	2	2	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5
TOTAL...	2395	2454	4849	622	782	1404	281	307	588	185	104	289	Average or per centage.			296	352	648	25.9	31.8	28.9	13.0	9.0	10.8

* The apparently low per centage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.

TABLE V.

Showing the Causes of Death during the Year 1883, together with the Ages at Death.

CAUSE OF DEATH.	Under 15 Years.		15 and 20.		20 and 25.		25 and 30.		30 and 35.		35 and 40.		40 and 45.		45 and 50.		50 and 55.		55 and 60.		60 and 65.		65 and 70.		70 and 75.		75 and 80.		80 and 85.		85 and under 100.		Not known.		Totals	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		
<i>Cerebral Diseases.</i>																																				
Chronic Cerebral Meningitis																																				
Brain Atrophy																																				
" Softening																																				
Apoplexy																																				
Tumour in the Brain																																				
Dementia																																				
Exhaustion from Mania																																				
" Melancholia																																				
Epilepsy																																				
Progressive Paralysis of Insane																																				
<i>Thoracic Diseases.</i>																																				
Bronchitis																																				
Chronic Bronchitis																																				
Congestion of the Lungs																																				
Phthisis																																				
Pleuritis																																				
Pleuro-Pneumonia																																				
Empyema																																				
Pericarditis																																				
Morbus Cordis																																				
Cancer of the Breast																																				
<i>Abdominal Diseases.</i>																																				
Cirrhosis of the Liver																																				
Cancer																																				
" "																																				
<i>Other Diseases.</i>																																				
Decay of Old Age																																				
TOTALS	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	

Ascertained by *Post-Mortem* Examination :—Males, 15 ; Females, 15 ; Total 30.

TABLE VI.

*Showing the Length of Residence in those Discharged Recovered
and in those who have Died during the Year 1883.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month	4	2	6	6	2	8
1 month and under 3 months	18	23	41	5	4	9
3 months " 6 "	9	8	17	5	5	10
6 " " 9 "	6	12	18	4	2	6
9 " " 12 "	5	3	8	7	1	8
1 year " 2 years	...	1	1	5	6	11
2 years " 3 "	...	2	2	1	2	3
3 " " 5 "	3	3	6
5 " " 7 "	...	1	1	1	5	6
7 " " 10 "	...	1	1	2	1	3
10 " " 12 "	2	2
12 " " 15 "	1	1	2
15 " " 20 "	1	1	2
20 " " 25 "	4	4
TOTAL 	42	53	95	41	39	80

TABLE VII.
*Showing the Duration of the Disorder on Admission in the Admissions, Discharges, and Deaths during
the Year 1883.*

CLASS.	The Admissions.			The Discharges.						The Deaths.		
	Male.	Female.	TOTAL.	Recovered.			Removed, Relieved, or otherwise.			Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.	Male.	Female.	TOTAL.			
FIRST CLASS— First Attack, & within Three Months on Admission	40	59	99	15	22	37	9	13	22	19	14	33
SECOND CLASS— First Attack, above Three and within Twelve Months on Admission	10	14	24	...	4	4	1	8	9	7	7	14
THIRD CLASS— Not First Attack, and within Twelve Months on Admission	40	44	84	20	21	41	8	13	21	9	10	19
FOURTH CLASS— First Attack or not, but of more than Twelve Months on Admission	6	6	...	2	2	2	1	3	3	3	6
FIFTH CLASS— Congenital	5	10	15	5	...	5	2	2	4
Not Ascertained	8	4	12	7	4	11	5	5	10	1	3	4
TOTAL	103	137	240	42	53	95	30	40	70	41	39	80

TABLE VIII.

Showing in Quinquennial Periods the Ages of those Admitted, Recovered, and Died during the Year 1883, and of those remaining on the 31st December, 1883.

AGES.	The Admissions.			Recovered.			The Deaths.			Patients Resident 31st Dec., 1883.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years...	1	...	1	2	...	2
10 "	1	...	1	1	...	1	2	...	2
15 "	1	...	1	1	...	1	5	...	16
20 "	15	8	23	5	1	6	30	11	41
25 "	7	12	19	4	8	12	1	1	2	19	20	39
30 "	13	17	30	6	6	12	4	2	6	49	29	78
35 "	21	21	42	9	4	13	10	3	13	43	56	99
40 "	11	20	31	6	13	19	7	5	12	61	53	114
45 "	7	13	20	3	4	7	1	1	2	33	53	86
50 "	11	9	20	2	3	5	5	3	8	35	56	91
55 "	5	12	17	3	5	8	2	4	6	21	58	79
60 "	4	6	10	2	...	2	...	5	5	19	42	61
65 "	2	5	7	...	1	2	3	3	6	8	27	35
70 "	1	...	1	1	...	1	2	8	10	11	6	17
75 "	1	1	2	...	1	1	3	1	4	7	5	12
80 "	...	1	1	1	1	2	3	5
85 "	1	1
90 "	2	...	2	1	1	2	9	6	15
Unknown.....
Total.....	103	137	240	42	53	95	41	39	80	356	478	834
Mean Age.....	38.0	40.0	39.2	38.2	37.9	38.1	43.5	55.8	49.5	41.5	44.8	43.4

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1883, and of Patients Resident 31st December, 1883.

Condition in reference to Marriage.	The Admissions.			The Discharges.			The Deaths.			Patients Resident December 31st.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	36	49	85	16	19	35	11	15	26	216	247	463
Married	56	67	123	20	27	47	25	18	43	101	167	268
Widowed	8	19	27	5	7	12	5	5	10	21	51	72
Unknown	3	2	5	1	...	1	...	1	1	18	13	31
TOTAL.....	103	137	240	42	53	95	41	39	80	356	478	834

TABLE X.

Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1883.

Number of Instances in which each Cause was Assigned.											
Causes of Insanity.		Admissions ... {		M. 103.		... F. 137.		Total, 240.		TOTAL.	
		As Predisposing Cause.		As Exciting Cause.		As Predisposing or Exciting (where these could not be distinguished).					
		Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	
MORAL.											
Domestic Trouble (including loss of relatives and friends) ...		4	1	5	1	9	10	...	3	3	5 13 18
Adverse Circumstances (including business anxieties and pecuniary difficulties) ...		1	...	1	2	3	5	3 6
Mental Anxiety and Worry (not included in the above two heads) and Overwork	3	4	1	3	5	1	5	10	2 4
Religious Excitement ...		1	1	...	1	...	1	1	22 2
Love Affairs (including seduction)	2	2	1	...	1	1	...	1	2 4
Fright and Nervous Shock
PHYSICAL.											
Intemperance in Drink ...		6	4	10	11	7	18	6	...	6	34
Self-Abuse (sexual)	3	2	...	2	2 5
Sunstroke ...		3	...	3	1	...	1	1	...	1	6
Accident or Injury ...		2	2	4	...	1	1	1	1
Pregnancy	2	2	...	9	9	...	2	...	13
Parturition and the Puerperal State	1	1	1 1
Lactation	1	...	1	1 1
Privation and Starvation	2	2	1	3
Old Age
Other Bodily Diseases or Disorders	2	2	1	...	1	6	3	9	12
Previous Attacks ...		9	16	25	2	1	3	28
Hereditary Influences Ascertained (direct and collateral) ...		18	33	51	1	2	3	54
Congenital Defect Ascertained	1	1	1
Unknown	63
		44	65	109	25	40	65	25	18	43	280

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1883, and the Form of Mental Disorder of the Inmates on 31st December, 1883.

Form of Mental Disorder.	Admissions.			Recoveries.			Deaths.			Remaining in Asylum.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1883.		
										Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy	3	1	4	2	...	2	9	11	20
" (b) without Epilepsy	3	8	11	1	1	25	26	51
Epilepsy—Acquired	4	3	7	4	3	7	42	34	76
General Paralysis of the Insane	15	2	17	14	1	15	13	3	16
Mania:—												
Acute	33	51	84	22	23	45	1	8	9	11	43	54
Chronic	...	2	2	3	2	5	109	171	280
Recurrent	22	19	41	7	13	20	1	1	2	24	18	42
a Potu	2	1	3	4	...	4
Puerperal	...	7	7	...	4	4	5	5
Senile	1	1	1	...	1	2	6	8
Melancholia:—												
Acute	8	18	26	6	10	16	6	11	17	11	18	29
Chronic	1	...	1	18	32	50
Recurrent	6	10	16	2	2	4	1	4	5	4	6	10
Puerperal	...	5	5	1	1
Senile	...	1	1	2	2	4
Dementia:—												
Primary	...	1	1	1	1	2
Secondary	3	3	6	1	3	4	63	88	151
Senile	2	4	6	5	4	9	23	14	37
Organic, i.e., from Tumours, Coarse Brain Disease, &c.	1	1	2
Not Insane on Admission	1	...	1	1	...	1
	103	137	240	42	53	95	41	39	80	356	478	834

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1883.

MALES.	NO.	MALES.	NO.	FEMALES.	NO.	FEMALES.	NO.
Agent ...	1	Labourers ...	26	Cooks ...	5	Wife of Farmer ...	1
Accountant ...	1	Musical Profession ...	1	Clerk ...	1	Gardener ...	3
Blacksmiths ...	2	Porter ...	1	Charwoman ...	1	Hairdresser ...	1
Baker ...	1	Painters ...	6	Domestic Servants ...	23	Hurdlemaker ...	1
Bathing Machine Attendant ...	1	Plasterers ...	3	Dressmakers ...	8	Innkeeper ...	1
Bricklayers ...	6	Printers ...	2	Draper's Assistant ...	1	Labourer ...	16
Beerhouse Keeper ...	1	Photographer ...	1	Daughter of Labourer ...	2	Porter ...	1
Barrister ...	1	Soldier ...	1	Furrier ...	1	Roadman ...	1
Butcher (Pork) ...	1	Ditto—Discharged ...	4	Housekeepers ...	3	Smith ...	1
Carpenters ...	4	Shoemakers ...	2	Hawkers ...	3	Shipwright ...	1
Clerks ...	2	Surgeon ...	1	Laundrywomen ...	5	Shoemaker ...	1
Coachman ...	1	Sailors ...	2	Needlewomen ...	4	Schoolmaster ...	1
Cabinet-maker ...	1	Silversmith ...	1	Teachers ...	3	Soldier ...	1
Carrier ...	1	Tailors ...	3	Tailoress ...	1	Upholsterer ...	1
Custom House Officer ...	1	Twine Spinner ...	1	Wife of Baker ...	3	Wine Merchant ...	1
Engineer ...	1	Waterman ...	1	Butcher ...	1	Widow of Clerk ...	1
Farmer ...	1	Wheelwright ...	1	Builder ...	1	Gardener ...	1
Grocers ...	2	No Occupation ...	6	Carter ...	1	Labourer ...	1
Ditto Assistants ...	3	Not Ascertained ...	2	Cab Proprietor ...	1	No Occupation ...	16
Gardeners ...	3			Carpenter ...	5	Not Ascertained ...	10
Ditto—Market ...	1			Draper ...	1		
Hawker ...	1			Dairymen ...	1		
Husbandman ...	1			Engine Driver ...	1		
		TOTAL ...	103			TOTAL ...	137

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
<i>Male Patients.</i>		
Working Party. {	With the Gardener and Out-door Attendants	93
	With the Farm Attendants	20
	With the Cowman	4
With the	Carpenter	3
"	Bricklayer	2
"	Upholsterer	3
"	Basketmaker	3
"	Tailor	12
"	Shoemaker	12
"	Matmaker	16
"	Painter	6
"	Engineer	3
"	Baker	4
"	House Attendant	4
"	Bath	8
In the	Dining Hall	9
"	Storekeeper's Stores	5
"	Wards (Cleaning)	77
<i>Daily Number Employed</i>		284
<i>Female Patients.</i>		
In	Laundry and Wash-house	70
"	Kitchen	8
"	Dining Hall	14
"	Wards, &c. (Cleaning)	58
"	" (Needlework)	222
"	Vegetable Room	6
<i>Daily Number Employed</i>		378
ATTENDANCE AT—		DAILY ATTENDANCE.
		M. F. TOTAL.
"	Sunday Divine Service	278 399 677
"	Week-day "	247 362 609
"	School	70 65 135
"	Weekly Ball	130 130 260
"	Other Entertainments	150 160 310
Walk	about Grounds	86 280 366
"	beyond "	80 80 160
"	on Terraces	136 386 522
NIGHT REPORT.		
Number of	Wet Cases	5 5 10
"	Dirty "	1 2 3
"	Noisy (at Night)	6 12 18
<i>Average Number Resident } (Mean Annual Population) }</i>		360 478 838

TABLE XIV.
THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£1000	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	150	} None.
Clerk of Asylum	250	
Senior Assistant Medical Officer ...	200	} Lodging, Board, Washing, and Attendance.
Junior Assistant Medical Officer ...	100	
Housekeeper	60	
Head Attendant (Female)	90	} House and Gas.
Female Assistant Officer	32	
Storekeeper	150	
Head Attendant (Male)	105	House, Coals, Vegetables, and Gas.

ATTENDANTS AND SERVANTS.

1	Male Attendant (Night)	...	66	0	0	} None.					
1	Ditto	ditto	60	0	0						
1	Ditto	ditto	58	0	0						
1	Ditto	ditto	57	0	0						
1	Organist and Schoolmaster		52	0	0	} Dinner Daily.					
1	Office Clerk	...	33	16	0						
<i>Board, Lodging, and Washing:—</i>											
1	Male Attendant (Dining					1	Seamstress...	...	25	0	0
	Hall)	...	40	0	0	1	Head Laundry Maid	...	28	0	0
6	Ditto	...	40	0	0	1	Laundry Maid	...	19	0	0
1	Ditto	...	38	0	0	1	Ditto	...	18	0	0
2	Ditto	...	36	0	0	1	Ditto	...	16	0	0
1	Ditto	...	34	0	0	1	Hall Porter	...	40	0	0
1	Ditto	...	33	0	0	1	Man Cook	...	44	0	0
1	Ditto	...	32	0	0	1	Dairy Maid...	...	19	0	0
1	Ditto	...	31	0	0	1	Kitchen Maid	...	18	0	0
1	Ditto	...	29	0	0	1	Vegetable Room Maid	...	15	0	0
3	Ditto	...	28	0	0	1	Housemaid	...	16	0	0
4	Ditto	...	27	0	0	1	Ditto	...	15	0	0
1	Female Attendant (Night)		29	0	0	1	Ditto	...	14	0	0
1	Ditto	ditto	23	0	0	1	Farm Attendant	...	35	0	0
2	Ditto	ditto	19	0	0	1	Ditto	...	28	0	0
1	Ditto	ditto	18	0	0	1	House Attendant	...	36	0	0
1	Ditto (Dining Hall)		22	0	0	1	Bath ditto	...	33	0	0
3	Ditto	...	30	0	0						
2	Ditto	...	25	0	0	<i>House, Coals, Vegetables, &c.</i>					
1	Ditto	...	24	0	0	per Week.					
2	Ditto	...	22	0	0	1	Engineer	...	1	18	0
3	Ditto	...	20	0	0	1	Bailiff	...	1	5	0
2	Ditto	...	19	0	0	1	Gardener	...	1	4	0
5	Ditto	...	18	0	0	1	Blacksmith (House & Gas)		1	6	0
4	Ditto	...	17	0	0	1	Front Ground Labourer	...	0	18	6
3	Ditto	...	16	0	0						

per Week.				per Week.			
Tailor	1	4	0	Bricklayer's Labourer ...	1	0	0
Shoemaker	1	6	0	Painter and Glazier ...	1	11	0
Matmaker	1	6	0	Stoker	1	1	0
Basketmaker	1	4	0	Ditto	0	19	0
Upholsterer	1	12	0	Cowman	1	0	0
Baker	1	8	2	Under Cowman	0	17	0
Butcher	1	5	0	Two Carters	0	19	0
Under Garden Attendant ...	1	1	0	Stock Man	0	17	0
Carpenter	1	11	0	House Carter	1	0	0
Bricklayer	1	11	0				

Made up on January 1st, 1884.

TABLE XVI.
DIET SCALE.

	BREAKFAST At 8.0 A.M.					DINNER at 1.0 P.M.												SUPPER at 6.0 P.M.										
	<i>Males.</i>		<i>Females.</i>			<i>Males.</i>								<i>Females.</i>				<i>Males.</i>		<i>Females.</i>								
	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Mutton Broth or Pea Soup.	Plum Dumpling	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Mutton Broth or Pea Soup.	Meat Stew.	Vegetables.	Sweet Cake or		Coffee.	Sweet Cake or		Tea.	
																						Bread.	Butter.		Bread.	Butter.		
Sunday ...	oz. 6	pt. 1	oz. 5	oz. $\frac{3}{8}$	pt. 1	oz. 4	pt. $\frac{1}{2}$	oz. 9	oz. ...	oz. 12	pt. ...	oz. ...	oz. 16	oz. 2	pt. $\frac{1}{2}$	oz. 8	oz. ...	oz. ...	oz. ...	pt. ...	pt. ...	oz. 12	oz. 6	oz. $\frac{1}{2}$	pt. 1	oz. 5	oz. $\frac{3}{8}$	pt. 1
Monday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	1	...	8	2	$\frac{1}{2}$	4	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Tuesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	12	4	$\frac{1}{2}$	4	4	1	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Wednesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	16	...	4	$\frac{1}{2}$...	4	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Thursday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	8	16	2	$\frac{1}{2}$	4	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Friday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	12	4	$\frac{1}{2}$	4	4	1	...	8	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Saturday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	1	...	8	2	$\frac{1}{2}$	4	4	8	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Weekly Total	42	7	35	2½	7	28	3½	30	24	12	2	16	72	20	3½	28	8	12	1	2	68	42	3½	7	35	2½	7	

TABLE XVI.—Continued.

DINNER.

Male Patients.		Female Patients.		Male Patients.		Female Patients.	
Sunday ...	Bacon and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday ...	Roast Meat or Pickled Pork.	Plum Pudding and Treacle Sauce.		
Monday ...	Mutton Broth or Bread and Cheese (3oz).	Pork and Vegetables.	Friday ...	Meat Pudding.	Mutton Broth or Irish Stew		
Tuesday ...	Meat Pudding.	Meat Stew.	Saturday ...	Irish Stew.	Meat Pudding or Bacon, 4oz., with Suet Pudding, 8oz.		
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.	<i>Bread, Beer, and Vegetables Daily.</i> <i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i>				

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread, with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{3}{4}$ lb. Coffee, $\frac{3}{4}$ lb. Butter, 1lb. Cheese weekly. $\frac{3}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{2}$ lbs. Cocoa, $6\frac{1}{2}$ lbs. Treacle, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{2}$ lb. Chicory, 5lbs. Treacle, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Mutton Broth Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 3lbs. Scotch Barley, Oatmeal; Rice, 10lbs. Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice and Barley.

Plum Pudding, 100lbs. weight.—Flour, 46 $\frac{1}{2}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs. (Signed)

S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH, 31st December, 1883.

