

**The fifty-fourth annual report of the Murray Royal Asylum Perth / [James Murray's Royal Asylum for Lunatics].**

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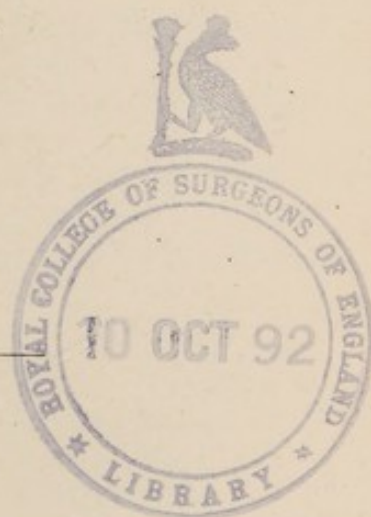
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THE  
*Fifty-Fourth*  
*Annual Report*  
OF THE  
Murray Royal Asylum  
Perth.



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1882.

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REV. W. D. KNOWLES, B.A., Perth.

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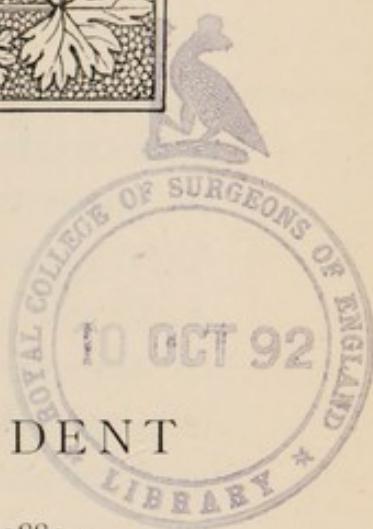
## N O T E.

*The Directors do not consider it necessary to publish a separate Report, in addition to that by the Physician, as such would lead only to needless repetition.*



REPORT  
OF  
PHYSICIAN SUPERINTENDENT

FOR THE YEAR ENDING 11TH JUNE, 1882.



HAVE the honour to lay before you the *General Statistics.*  
Fifty-fourth Annual Report of Murray's  
Royal Asylum for the year ending 11th  
June, 1882.

On the 12th June, 1881, there were  
84 persons on the Registers of the Asylum, and  
of these 1 male and 2 females were voluntary  
patients.

There were 20 admitted during the year, of  
whom 9 were males and 11 females.

The total number under treatment was 104.  
20 patients were discharged during the year—  
12 males and 8 females.

There were 3 deaths—all males.

The average number resident was 80.

The lowest number, 76, occurred on the 17th  
March, 1882, and the highest, 84, on the 12th  
June, 1881.

There now remain on the books of the  
Institution 35 males and 46 females—total, 81.



Of these, 2 males and 3 females reside voluntarily in the Asylum.

*The Admissions.*

Although there was a falling off in the admissions in the winter months of this year, the number of patients received is greater, by two, than the average since the minimum board rate was raised. Such variations are experienced from time to time in the history of every Institution; they have occurred here before and will happen again. It is fortunate, indeed, that the numbers have been no higher, for the Asylum at present is inconveniently crowded, especially in the female division, owing to the alterations in the north block.

No fewer than seven of those admitted have been insane before, and four have been mentally affected for years. Six were re-admitted—three after an interval of several years at home; one, removed contrary to my advice, after a few days; one merely transferred from the Register of Lunatics to the Register of Voluntary Patients. The remaining case is that of a lady who was here as a certificated patient in 1880, and shortly recovered. A few weeks ago she transferred her sister to this, from another Asylum, and has now come to live with her for a time as a voluntary boarder. This is a pleasing proof of the estimation in which the Asylum is held by our former patients.

Ten of those admitted were considered to be curable cases, and already four have returned to business; one will shortly be discharged recovered; while two remain as voluntary boarders.

*Causes of  
Insanity.*

For this past year the chief causes of Insanity among the admissions were over-work of the



brain, intemperance, and cares and worries of various kinds. Ten of these persons had a definite history of neurotic tendencies; and in every case admitted there were distinct symptoms of physical disease accompanying the mental manifestations. This last fact proves the supreme <sup>Proper</sup> importance of thorough medical treatment <sup>Treatment.</sup> of mental disease. It shows that, in the vast majority of cases, some physical organ is at fault, and that energetic means should be used to correct the peccant part—in short, that patients should be treated on the basis of scientific medical research. Withal, there must be a separate consideration of the needs of every individual case. For instance, in criticising the Report of this Asylum for last year in the *British Medical Journal*, the writer found fault with the use of the box-bed which figured in the Report of the Visiting Commissioner of 9th July, 1880. I hold that the use of that appliance was called for in these circumstances. The patient in question had continued to maintain the upright posture for weeks, and all efforts to keep her in bed by attendants and opiates and other means had merely resulted in unseemly and exhausting struggles and a weakened frame. Her legs became enormously swollen and angry looking sores supervened. She was nightly placed in the box-bed, with the lid; the swelling soon disappeared, and the sores healed. She then actually preferred that bed, and it was not deemed prudent to break her off the habit of sleeping in it until she was in sounder health, and until her custom of standing had been forgotten. No surgeon hesitates to apply a splint to the broken leg of a fractious child. Rest and the



horizontal position were plainly indicated in the above detailed case. Equally, I had no hesitation in making use of the appliance, to my mind, best fitted to combat the difficulty.

*Early  
Treatment.*

It is only by prompt and rational measures that insanity can be effectually dealt with; before morbid manifestations have become fixed by habit. Every year leads us further from the ideal mad-house, and nearer the ideal hospital. There can be no doubt that there is an increasing tendency on the part of the public to make use of Asylums at an earlier stage of insanity than formerly, although this is not even yet as it might be. In our experience of the past year, the result was that seven of the admissions were received here within a month of their first attack, and of these five are already recovered or on the point of recovery.

*Former  
Residences of  
Admissions.*

Those admitted came from the following localities:—four from Perth; three from Perthshire; two from Inverness; two from Glasgow; two from Dundee; two from Edinburgh; one from London; one from Hampshire; one from Stirling; and one from Caithness. Fourteen applications for the admission of patients were not carried to that issue. None belonged to Perth; and only two to the County, both of whom recovered before the final arrangements were completed. Seven failed to come, being unable to pay the board, and three recovered before being sent. The others refused for unknown reasons.

*The Recoveries.*

The fact of the numbers being three lower than they were at this time last year is not to be



taken as a sign of decadence. The recoveries number ten, and thus indicate a healthy current of life in the Asylum. The percentage of recoveries on the numbers admitted is 88.8 for males, 18.1 for females—a mean of 50 per cent. It seems to me that, by turning out patients re-fitted for the battle of life, the Institution more worthily fulfils the intention of the founder than by accumulating chronic cases like an almshouse. Indeed, the course of years silts up every Asylum to an extent that is disheartening to the medical enthusiast. On the most liberal calculation there are not more than twelve per cent. of our present population likely to be able to resume their places in the outer world. When I state fifty per cent. as the percentage of recoveries on the numbers admitted, I must repeat the reservation that I have formerly made—that statistics dealing with small numbers, as in this case, are extremely untrustworthy. For this reason the usual tables recommended by the Medical-Psychological Society are not published as an appendix to this Report, as is the custom in larger Asylums. And I fear we can only come roughly at the vital statistics of insanity so long as our information is so garbled, our figures so fallacious, and our definitions so lax. A cycle of the statistics of this Asylum might give a rough approximation to the truth; but the perfunctory performance of yearly tables relative to the movements of a small number of patients is, to my mind, of insufficient value for publication. Our high rate of recoveries, therefore, merely shows that my opinion as to the curability of a fair proportion of the admissions last year was correct. I trust that next year will bring as good



results, in proportion to the number of this year's admissions.

*Discharges  
Unrecovered.*

Of those discharged unrecovered three were removed to Pauper Asylums. One of these had been maintained here at £30 per annum for two years, a very small proportion of which sum had been paid by his friends, and no prospect was held out of their defraying even the expenses of his clothing. Seven were removed by their guardians, four against my advice, and one at my solicitation. The Asylum is not always the best place for the unrecovered patient.

*The Deaths.*

The three deaths occurred after long and wasting diseases—one from Anæmia, one from Disease of the Heart, and one from General Paralysis. The average age at death was fifty-seven years. One patient had resided here for twenty, and another for thirty-seven years. The latter was the survivor of three brothers who had been well-known figures here almost since the Asylum was opened. He is much missed by those he lived among for so many years, and his funeral was attended by several old fellow-patients. The percentage of deaths on the average number resident was 3.74.

*General Health.*

The general health of the Establishment has been satisfactory. No epidemic has occurred. The drains are now freely ventilated, and progress is being made in the general improvement of the system. Two of the cesspools have lately been removed as a tentative measure. A case occurred with symptoms suspiciously like typhoid fever;



but, happily, it turned out a false alarm. However, it was deemed expedient to put the Cottage in habitable condition, so that any case of infectious disease might be promptly isolated.

Till this change the Cottage was used as a *New Mortuary*. mortuary ; but that has been arranged for by cutting off a part of the box-room and suitably furnishing it, so as to give decency to the last offices to our dead.

Again I thankfully record another year of *Immunity from Accidents*. immunity from serious accident, due in great measure to the constant care and watchfulness of those whose duty it is to tend on our patients by night and day ; and that, notwithstanding the fact that we have had workmen almost constantly employed at the extensive alterations in progress, even in the most frequented parts of the building.

By a combination of watchfulness and trustfulness I think the best results are to be obtained— *Increased Liberty*. thus we had a case constantly requiring supervision, the wakefulness of the night nurse being tested by a tell-tale clock. Yet we have found a most satisfactory outcome from the extended freedom granted to a large proportion of the inmates. Two Galleries are now open as an ordinary house, and I hope to extend this system to the whole of the north block in the course of this year. It is surprising how little trouble this revolutionary policy gives, and most gratifying to hear the encomiums bestowed on it by the patients themselves. The liberty has not been abused since it was granted some twelve months ago. The single escape



which occurred during the year was not in consequence of increased liberty.

Of the eighty-one patients to-day in the Asylum, nine gentlemen and eight ladies go about unattended beyond the grounds; while twelve and sixteen respectively are on parole within the walls. Nine gentlemen and eight ladies have liberty to go to church in Perth with and without attendants; while one gentleman has a seat in one of the churches in town, and is a communicant there.

*Chapel Services.*

The services in the Chapel continue to be well attended by all who are fit to go. The communion was administered twice during the year, the number present on the last occasion being twenty, inclusive of two of the staff.

*Visits from  
Patients'  
Friends.*

There has been an extension of the intercourse between patients and their friends, attended by very encouraging results. Six have visited their homes and relatives for various periods, going as far as Ayrshire and Edinburgh. The immediate relatives of two patients, from London and Glasgow, were induced to visit Perth; and, when convalescence was complete, patients and friends left together.

*Seaside  
Quarters.*

The house at Carnoustie has again been taken for two months this year. Twelve gentlemen in all lived there during May, and at present six ladies are enjoying the benefits of the change. It would be easy to give instances of the good effects of such treatment, even in most unpromising cases. Besides this arrangement, many excursions have been made—to Oban, Ayrshire,

*Excursions.*



Edinburgh, Glasgow, &c. The most interesting, perhaps, was the occasion of the Murray choir going to Murthly Asylum, and there giving a concert. A day seldom passes without some entry in the amusement book. Here is a list *Amusements.* culled at random from the recreations of the year :—

Fishing Expeditions.	Mr. Coates' Concert.
Glee Class, under Mrs. Hempel's management.	Readings.
Cricket Matches with Murthly.	Glasgow Pantomime.
Concerts.	Fancy Dress Ball.
Picnics.	Birthday Parties.
Theatricals.	Sutherland Family's Concert.
Lectures.	Fisheries Exhibition at Edinburgh.
Wardroppers' Entertainment.	Circular Tours, &c.

But the occupation of the patients with useful *Occupations.* work is a matter of more moment, and the results may briefly be indicated. In the course of the year an average number of ten gentlemen assisted in the general work of the garden, the planting of the new shrubberies, the thinning of the belts of trees, in levelling the airing courts, in removing rubbish from the back galleries now being re-floored, in ornamental painting, and so on. On the female side of the House there have been making of curtains, active work in the laundry for a few, and the usual in-door occupations. The Register for to-day shows twenty-one males and twenty-seven females usefully employed.

There has been considerable activity in the work of structural improvements during the year, *Structural Improvements.* besides the usual repairs necessitated by daily tear and wear. The terrace on the site of the



airing-courts on the west side of the House has been drained and finished, and shrubberies planted round about it. This has been done entirely by our own labour—painting, planting, and draining.

The North Galleries have been improved in various ways. In the male division the bath-room has been thoroughly renewed and properly drained; the water-closet renewed and furnished with a tile floor; the dormitories fitted with gas and perfectly ventilated; accommodation for patients' clothes refitted; the floors re-varnished; and a supply of Austrian bent wood chairs furnished. The North Female Gallery has been treated in the same way, except that the bath-room is not yet renewed. Both Galleries are at present under repair, the stone floors in the corridors being replaced by wood, and heated by steam; and the rain-water cisterns removed, so as to heighten the cross lobbies. The old hot-air flues are being retained to supply fresh air to the dormitories.

In the Middle Galleries several superfluous water-closets have been removed with advantage, and replaced by increased facilities for dressing room.

In the Upper Gallery of the Female Division there has been introduced a new form of water-closet, which will eventually be used in the other parts of the House. Curtains have been made by the patients, and arranged so as to draw across the corridors and convert the Square into a snug drawing-room.

The Billiard Room has been floored with wood and re-furnished. This has proved a great boon to the gentlemen, and it is seldom without occupants.



Satisfactory results have been got by the introduction of Barnard Bishop's slow-combustion grates in the Office and Visiting Room.

The Board Room has been ventilated and the glass cupola renewed.

Speaking tubes have been introduced between the Attendants and bedrooms of the Matron and Head Attendant respectively.

Flower boxes have been placed in the sills of various bedrooms of the south block, and it is proposed to give a prize for the best show. This may seem a small matter; but any effort to rouse the interest of patients and develop healthful energy is not to be despised.

The Conservatory has been repainted, and several garden seats renewed and added.

A new Coal Shed has been built at the Lodge, and a Stable and Coach-house formed for the reception of a pony and carriage belonging to one of the patients.

The Cricket Ground, which is cramped and unsuitable in various ways, was levelled by our own labour, and in some respects improved.

Two chemical fire-engines have been procured, and are tested from time to time, with the hand-engine already in the Asylum.

The drains at the Physician's house have been repaired, and two slow-combustion fireplaces substituted for open grates.

The supply of newspapers and periodicals is maintained, and books added from time to time to the library.

The cost of these furnishings, repairs, alterations, and improvements has been :— *Cost of these.*



For Furnishings,	...	...	£359	9	11
„ Repairs,	...	...	459	16	6
„ Alterations,	...	...	290	4	11
			<hr/>		
			£1109	11	4

*The Finances.*

The improvement in the finances of the Institution continues steady. There was a larger income by about £300 than that of any year since the paupers left in 1864; and larger by about £1196 than the average of these years. Although there has been the above-mentioned heavy outlay on account of the maintenance of the building, and an increase of about £150 in the provision account, in consequence of the improved scale of diet approved of by you, it has been possible to carry over £529 of profit on the year's transactions. It is only by maintaining the Asylum at a high rate of efficiency that such results can be gained, and I trust that the policy instituted by my predecessor, Dr. Lindsay, will be carried out as heretofore. In this way alone can we meet the difficulty of assisting poor, but non-pauper patients.

*Rates of Board.*

The Rates of Board for the Admissions during the year were :—

1	at	...	£250	£250
2	„	...	200	400
2	„	...	100	200
2	„	...	80	160
5	„	...	60	300
7	„	...	50	350
1	„	...	40	40
<hr/>				
20	„	...	...	£1700—Average, £85

The rates of those discharged amounted to £2030. The yearly income per patient was, on an average, £70 15s 2d. The cost, not including

alterations, £59 12s 6d; if including these, £66 1s 9d. Comparing this with two English Asylums of a similar size—for there is no corresponding place to this in Scotland—we find our weekly cost per patient was £1 2s 11d, against £1 13s 4d at Barnwood House, Gloucester, and £1 7s 2d at the Warneford Asylum, Oxford.

The Reports of the Commissioners in Lunacy Commissioners in Lunacy. are printed with this. Three statutory visits were made during the year.

There have been very few changes in the staff The Staff. of attendants and servants. Their position has, with your sanction, been improved in various ways during the year. More extended leave of absence is granted; a slight uniform is given twice a year; and, in place of beer, a money allowance has been offered. This last has been taken without exception.

It is very gratifying to be able to speak well of the staff generally—to report zeal and efficiency.

Again I have to thank various friends for their kindness in assisting us in matters of social life, especially Mr. James Coates for the very enjoyable concert he organized and conducted for us.

I have also to acknowledge the cordial and hearty co-operation of Drs. Stirling and Calder when I am absent from duty, and on all necessary occasions; and the able way in which Dr. Stalker conducted affairs during my absence last year.

In conclusion, I would express my deep sense of obligation to the Committee for their invariable courtesy and support.

A. R. URQUHART, M.D.



*Table showing Changes in the Population of the Asylum during the Year ending 11th June, 1882.*

				Males	Females	Total
In the Asylum, 12th June, 1882, ... ..				41	43	84
	M.	F.	T.			
Admitted for the first time, ... ..	7	7	14			
Re-admitted, ... ..	2	4	6			
Total number admitted during Year, ... ..				9	11	20
Total number under care, ... ..				50	54	104
	M.	F.	T.			
Discharged and Died—						
Recovered, ... ..	8	2	10			
Relieved, ... ..	2	4	6			
Not Improved, ... ..	2	2	4			
Died, ... ..	3	0	3			
Total number Discharged and Died, ... ..				15	8	23
Remaining in the Asylum, 11th June, 1882, ...				35	46	81

Average numbers resident, ... ..	38·1	41·8	80·0
Highest numbers, 12th June, 1881, ... ..	41	43	84
Lowest numbers, 17th March, 1882, ... ..	35	41	76
Percentage of Recoveries on numbers admitted, ... ..	88·8	18·1	50·0
Percentage of Deaths on average numbers resident, ... ..	7·8	...	3·7



REPORTS  
OF THE  
COMMISSIONERS IN LUNACY  
FOR THE YEAR.

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PERTH ROYAL ASYLUM,  
2nd September, 1881.

There are 37 gentlemen and 41 ladies resident in the Asylum as certificated patients, and no such patient is absent on probation or pass. There are also 4 voluntary inmates on the register, but 2 of these are at present absent on pass.

Since last visit, on the 24th of February, 6 gentlemen and 4 ladies have been admitted, 5 gentlemen and 3 ladies have been discharged, 2 gentlemen have died, and 1 voluntary inmate has been received.

No accident is recorded, and there is no entry in the Register of Restraint and Seclusion.

The Books are carefully and correctly kept. Among them is a Register which usefully shows at all times everything that is special in the condition and treatment of each patient.

Since the Asylum was last seen an important structural change has taken place, which can



scarcely fail to act favourably on the treatment of the patients and the prosperity of the Asylum. The change consists in the complete removal of all the walls of the three airing courts on the male side, and the conversion of the space occupied by them into one large open court or garden, surrounded only by a low open fence, furnished with wickets, which do not lock.

The walled courts on the female side are to be dealt with as nearly as possible in the same way.

Coincident with this change there has been an increase of the number of doors furnished with ordinary locks and handles, and some of these doors, giving access to the grounds, stand open during the day. There is also a considerable increase of the number of patients who enjoy parole—22 patients being on parole within the grounds and 8 on parole beyond the grounds. The box-bed has not been in use for more than a year, and it is hoped that it will never be in use again.

During the summer a house at Carnoustie was taken for the use of the patients, many of whom had thus the pleasure and advantage of a short residence at the seaside.

Though all the occupants of this Asylum are private patients, it is recorded with satisfaction that Dr. Urquhart has succeeded in getting a considerable number of the gentlemen to engage in active and useful work out-of-doors.

Various important changes in connection with the water-closets and bath-rooms have been judiciously made, and these will certainly improve the healthfulness of the Establishment.

A telephonic communication between the

Asylum and the Superintendent's residence has been established, and is found of much practical utility in the administration.

During the visit the patients were found entirely free from excitement or complaint, and they appeared to be treated with much kindness and consideration. Altogether, the visit left a pleasant impression regarding the way in which the Institution is managed.

ARTHUR MITCHELL,

*Commissioner in Lunacy.*

PERTH ROYAL ASYLUM,

19th January, 1882.

There are 78 patients at present in the Asylum. Of these 37 gentlemen and 38 ladies are under certificates, and 2 gentlemen and 1 lady are voluntary inmates.

The following changes have taken place since last visit :—

	M.	F.	Total.
Admissions, ... ..	4	2	6
Discharges recovered, ... ..	3	1	4
Discharges unrecovered, ... ..	0	4	4
Death, ... ..	1	0	1

The patient who died was a man of 66 years of age, who suffered from cardiac disease.

The Asylum was found in excellent order, and the treatment of the patients appears to be very considerate and judicious. An increased amount of liberty is enjoyed by the patients than was



formerly permitted, and the discipline, which is enforced in many cases, is less irksome in character.

Various improvements projected by Dr. Urquhart in the arrangements of the Asylum had been completed previous to last visit, and are noticed in the entry of that date. Others have been effected since then, and further changes are in contemplation. For obvious reasons, such work can only be accomplished gradually. One of the most important of the details to which attention is being directed at present is the rearrangement of the plumber work and sewerage.

As is too frequently the case, the defects in the plumber work—both those which were original and those which are due to tear and wear—have been found much more serious than were anticipated, and the necessity for a thorough rearrangement and renewal of the work has been made evident. The portions which have now undergone revision have, it is satisfactory to note, been dealt with in a very efficient manner. The new work is substantial, and so arranged as to be easy of inspection.

The new drains, also, have been carefully laid and properly ventilated. In many details throughout the Establishment comforts and elegancies have been introduced, among which the way in which the billiard-room has been increased may be specially mentioned.

It is recorded with approval that some changes have been introduced in the arrangements of the attendants, which are likely to be substantial benefits to them. The substitution of money for an allowance of beer, and more liberal arrangements for giving leave of absence from duty, are the chief of these.



The Books and Registers of the Asylum were examined, and were found carefully and correctly kept. There have been no accidents to patients since last visit, and no instance of the use of restraint or seclusion has occurred.

JOHN SIBBALD,

*Commissioner in Lunacy.*

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PERTH ROYAL ASYLUM,  
3rd June, 1882.

There are 33 gentlemen and 42 ladies at present in the Asylum as certificated patients, and 2 gentlemen and 2 ladies reside in it as voluntary inmates: this gives a total population of 79. The changes since the date of last visit are shown in the following statement:—

				Private Patients.		
				M.	F.	Total.
Certificated Patients.	{	Admitted, ... ..	...	1	6	7
		Discharged recovered, ...	...	1	0	1
		Discharged unrecovered, ...	...	3	2	5
		Dead, ... ..	...	1	0	1

The only change among the voluntary inmates consists in the removal of one gentleman. No accident is recorded. There are 8 entries in the register of restraint and seclusion, relating to the seclusion of one patient. This register appears to be carefully and accurately kept. Three attendants have left voluntarily, and none have been dismissed. The present staff of attendants seems to be very good. Much care is taken in selecting them, and they are suitably remunerated.



These are important things in regard to the attendants of any Asylum; but they have a special bearing on the material prosperity of an Asylum which receives only private patients, as being calculated to attract and secure the confidence of the public.

It is perhaps desirable to point out that the only patient secluded since last visit was a lady, who, it was feared, showed symptoms of typhoid fever, and the door of her room was locked to keep other patients out of it.

There is an increasing tendency to accord liberty to patients. Nine gentlemen and 6 ladies are on parole beyond the grounds, and 13 gentlemen and 16 ladies within the grounds; 9 gentlemen and 7 ladies go to different churches in the town, some of them unaccompanied by attendants. Facts like these are recorded with great satisfaction. Such features of management lead surely to a solid prosperity.

Twelve gentlemen have already been for two or three weeks each at the seaside; and it deserves record that in the case of 3 of the gentlemen the Asylum bears the whole extra charge, these 3 gentlemen being in circumstances more or less straitened. At the time of the visit a party of ladies left the Asylum for a short stay at the seaside, and it was understood that other parties are to follow.

The pulling down of the airing court walls on the male side has been attended with results which are highly satisfactory. The corresponding walls on the female side are a disfigurement to the Institution, and must be repellant to visitors. It is therefore hoped that no time will be lost in

carrying out the resolution—which, it is understood, has been arrived at,—to pull them down also.

Various changes, either completed or in progress, were observed, all tending to increase the comfort, cheerfulness, or healthiness of the Establishment. The Books and Registers were examined, and were found to be in good order.

ARTHUR MITCHELL,

*Commissioner in Lunacy.*





Incorporated by



Royal Charter.

## MURRAY ROYAL ASYLUM, PERTH,

FOR THE UPPER AND MIDDLE CLASSES ONLY.

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Extensive and costly alterations have been completed, rendering the Asylum an efficient Hospital, as well as a comfortable Home, for all classes of Private Patients.

It is healthily situated on the Hill of Kinnoull, in the immediate vicinity of Perth, and commands unrivalled views, extending over the Valley of the Tay to the range of the Grampians. The central position of Perth and its picturesque surroundings are well known.

This Asylum contains no Paupers, and no publicity is implied in the proceedings connected with the admission of a patient, or in the term "Royal Asylum."

Reference may be made to the highly favourable Reports of the Commissioners in Lunacy.

## GENERAL REGULATIONS.

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Applications for the admission of Patients should be addressed to the Physician Superintendent, from whom may be obtained the statutory forms to be completed before Patients can be received.

These are indispensable in every case :—

- a.* Petition to the Sheriff of the County, and accompanying Statement by a Relative or Guardian of the Patient.
- b.* Two Medical Certificates by duly qualified practitioners.
- c.* Order granted by the Sheriff of the County in which the Patient resides, or in which the Asylum is situated.
- d.* Letter of Obligation for Payment of Board, etc., to be signed by a responsible male person.

In a case of Urgency, however, the Certificate of Emergency (in proper legal form), granted by any Medical Man, is sufficient for the detention of a Patient for three days, during which time the ordinary papers can be filled up.

When the other documents are complete, Dr. Urquhart will obtain the Sheriff's Order, if so desired. These papers are private and confidential, and no publicity is implied in getting the Sheriff's Order.

Epileptic and Paralytic Patients are received only on special terms; and the admissibility of, and rates of Board for, all Patients are determined by Dr. Urquhart.

The Board is payable Quarterly, and in Advance, to the Secretaries and Treasurers, Messrs. Mackenzie & Dickson, 61 George Street, Perth.

Every Patient must be provided with suitable and sufficient Clothing. An accurate list of every article brought with the Patient must, on admission, be delivered to the Asylum Official in charge, and the name fully marked on each garment. If



any necessary part of Dress should not be supplied after eight days' intimation has been given that it is wanted, it will be furnished by the Institution, and the cost of it charged against the Patient.

Patients may be visited at suitable hours every lawful day. Only those who are authorized can be permitted to visit Patients.

All communications regarding Patients must, in every case, be sent to Dr. Urquhart; and it is requested that due notice be given to him before a Patient is removed.

Every information regarding the admission of Voluntary Boarders can be obtained from Dr. Urquhart.



## RATES OF BOARD

Vary from £50 to £350 per annum and upwards, according to Accommodation, Dietary, Attendance, &c., required. They are the subject of special arrangement in each case.



James Murray's Royal Asylum  
Perth

2/10/92

Dear Sir,

You will observe that counting by years the Reports form a complete series; an initial error in numbering on the part of our Secretaries was remedied by the substitution of No. 56 for 55.

I am, yours truly,

pro Dr. Urquhart



J. B. Bailey Esq.



2/2/5

James Murray M. Esq.  
Perth

Dear Sir,

I am very sorry to hear that you are unable to attend the meeting of the Committee on the 10th inst. and I am sure that you will be able to attend the meeting of the 17th inst.

I am, Sir, very respectfully,  
Yours,  
J. Murray M.

J. Murray M.

J. Murray M.

J. Murray M.

J. Murray M.