Ninety-seventh annual report of the Royal Edinburgh Asylum, Morningside: Craig House and the West House mental hospitals for the year 1909.

Contributors

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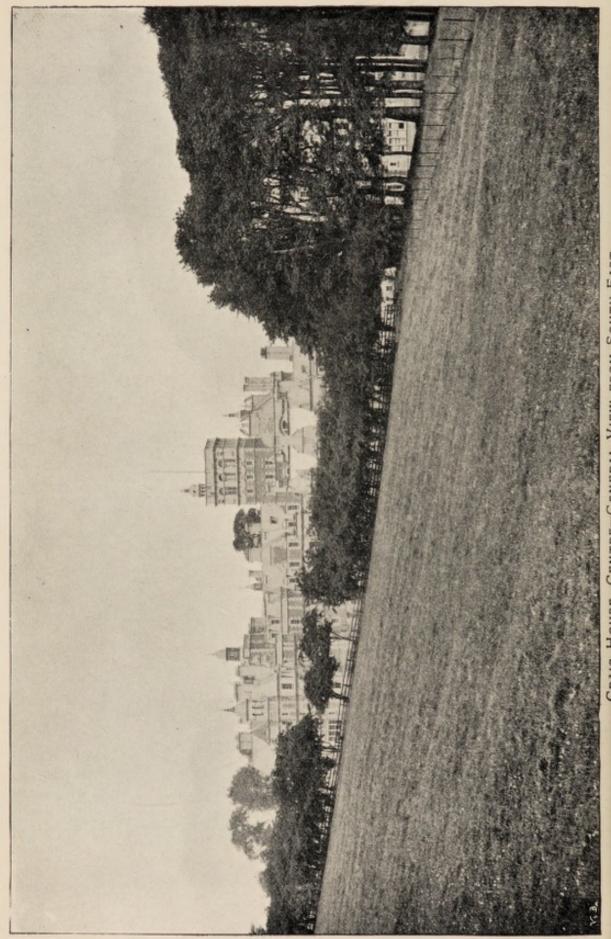
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CRAIG HOUSE, CENTRE-GENERAL VIEW FROM SOUTH-EAST

NINETY-SEVENTH

ANNUAL REPORT

OF THE

ROYAL EDINBURGH ASYLUM, MORNINGSIDE.

CRAIG HOUSE AND THE WEST HOUSE MENTAL HOSPITALS.

FOR THE YEAR 1909.

PRINTED AT THE WEST HOUSE.

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MRS ELIZABETH BEVAN

(Grand-daughter of Dr Andrew Duncan), who left the "Bevan Fund" to R. E. A.

ROYAL EDINBURGH ASYLUM.

CRAIG HOUSE AND THE WEST HOUSE MENTAL HOSPITALS.

Patron - THE KING.

OFFICE-BEARERS FOR THE YEAR 1910.

GOVERNOR.

THE DUKE OF BUCCLEUCH AND QUEENSBERRY.

DEPUTY-GOVERNORS.

THE EARL OF STAIR. THE EARL OF ROSEBERY.

SIR ALEX. CHRISTSON, Bart. SIR WILLIAM TURNER, K.C.B.

EXTRAORDINARY MANAGERS.

Lord Provost of the City of Edin- | Sheriff of the Lothians and Peebles. bnrgh. Lord President of the Court of Session. Lord-Advocate of Scotland. Solicitor-General of Scotland. Dean of the Faculty of Advocates. Deputy - Keeper of His Majesty's Signet. Members of Parliament for the City.

Member of Parliament for the County.

Principal of the University of Edin. President of the Royal College of Physicians. President of the Royal College of Surgeons. Senior Minister of Edinburgh. Master of the Merchant Company. Preses of the Society of Solicitors. Dean of Guild of the City. Deacon Convener of the Trades.

ORDINARY MANAGERS.

The Lord Provost (ex-officio). Major-General Sir John M. Sym, K.C.B. J. A. Fleming, Esq., K.C. John R. Findlay, Esq. James Adam, Esq., Advocate. Rev. R. H. Fisher, D.D. Henry E. Richardson, Esq., W.S. Sir James Russell, LL.D.

L. S. Gumley, Esq. Professor Alex. Crum Brown, M D., Professor Thomas Hudson Beare, M. Inst. C.E. Professor John Rankine, K.C. James Gibson, Esq. Peter Hume Maclaren, Esq., M.D. Matthew White, Esq.

Chairman of the Board-Mr Adam.

OFFICE-BEARERS FOR THE YEAR 1910-Continued

MEDICAL BOARD.

W. Allan Jamieson, M.D., President of the Royal College of Physicians. J. M. Cotterill, Esq., M.B., President of the Royal College of Surgeons. Professor John Wyllie.

Dr. J. O. Affleck.

Dr. Joseph Bell.

David Scott-Moncrieff, W.S., Clerk and Treasurer.

Robert Scott-Moncrieff, W.S., Joint-Clerk and Treasurer.

STANDING COMMITTEES.

Visiting Committee.

This Committee consists of the whole Board of Ordinary Managers.

Mr Adam, Convener.

Law Committee.

Mr Findlay.
Mr Adam.
Mr Richardson.
Professor Rankine.
Sheriff Fleming.
Professor Rankine, Convener.

Finance Committee.

Sir John Sym. Mr Findlay. Finance Committee-continued.

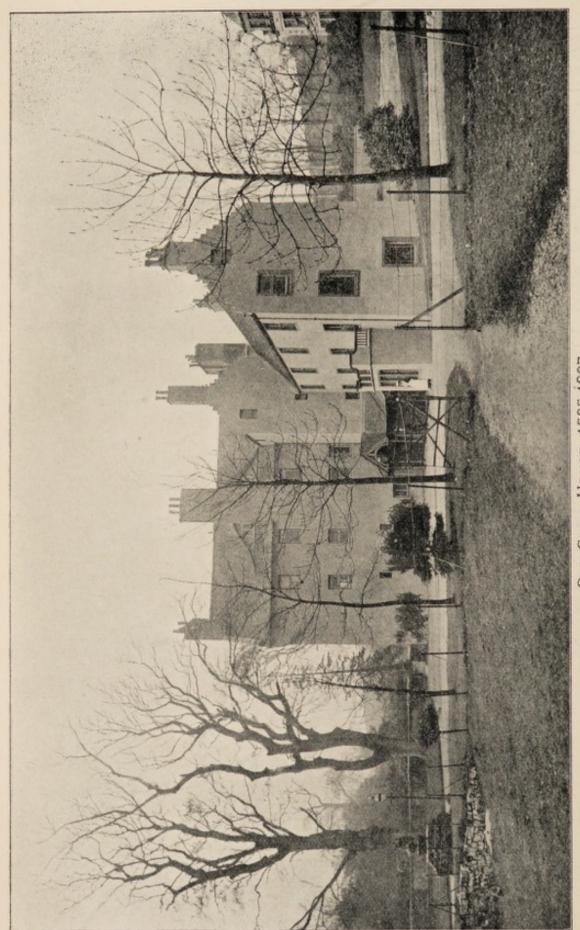
Mr Richardson.
Mr Gumley.
Professor Hudson Beare.
Sheriff Fleming.
Mr White.
Mr Richardson, Convener.

Charity and Bevan Fund Committee.

Dr Fisher. Sir James Russell. Mr Gibson. Dr M'Laren.

Dr Fisher, Convener.





OLD CRAIG HOUSE 1565-1907

MEDICAL STAFF.

Physician Superintendent. GEORGE M. ROBERTSON, M.B., F.R.C.P.Ed.

Assistant Physicians.

R. DODS BROWN, M.D., M.R.C.P.Ed., D.P.H.

A. W. NEILL, M.B., Ch.B.

G. RAE GIBSON, M.B., Ch.B., M.R.C.P.Ed.

W. SCOTT WATSON, M.B., Ch.B.

J. S. LEVACK, M.B., Ch.B.

BACTERIOLOGIST AND PATHOLOGIST. WINIFRED MUIRHEAD, L.R.C.P.Ed.

Assistants in Laboratory.

MARY J. MENZIES, M.B., Ch.B. ALICE BABINGTON, B.A., M.B., Ch.B.

RESIDENT CLINICAL CLERKS DURING THE YEAR.

H. G. SUTHERLAND, M.B. | W. B. CHAMBERS, M.A.

A. B. GORDON, M.B.

J. G. TOUGH.

J. BELL, M.B.

J. C. SIMPSON.

A. L. TAYLOR, M.B., B.Sc. | A. B. PHILLIPS.

A. E. DRYNAN.

HONORARY CONSULTING PHYSICIAN. T. S. CLOUSTON, M.D., LL.D., F.R.C.P.Ed.

CHAPLAIN.

THE REV. WILLIAM STUART THOMSON.

STEWARD.

JOHN M'INTOSH.

HEAD ATTENDANT . . CHARLES TOUGH. CLERK OF WORKS . ROBERT CLARKE. HEAD GARDENER. . . ADAM STENHOUSE. . INNES GRANT. STOREKEEPER . C. M. HENDERSON, M.P.S. DISPENSER . . . SECRETARY MISS ROSE.

Nursing and Domestic Staff.

CRAIG HOUSE

-00,38,00

LADY SUPERINTENDENT. MISS WISE.

MATRONS OF VILLAS, &c.

- - - Miss SPENCE. OLD CRAIG -- Miss Darney. SOUTH CRAIG -BEVAN HOUSE - -- - Miss Ball. - Miss Hartas. Craig House (Ladies) QUEEN'S CRAIG AND THE BUNGALOW - MISS PORTER. CRAIG HOUSE (Gentlemen) - - Miss KEAY. - Miss ARMSTRONG. GENTLEMEN'S HOSPITAL -HAWTHORN VILLA, COCKENZIE - - MISS CAMERON. NIGHT SUPERINTENDENT - - MISS WARRACK.

Assistant Matrons.

Miss Graham. | Miss Burr.

HOUSEKEEPER AND KITCHEN SUPERINTENDENT. MISS CARPHIN. MISS MACPHERSON, Assistant.

WEST HOUSE.

MATRONS.

Miss HEARDER—Female Department. Miss THYNE—Male Department.

ASSISTANT MATRONS.

MISS LUMSDEN (Royal Dundee Infirmary).

MISS CLEARY (Prince of Wales' Hospital, London).

MISS THORBURN (Royal Edinburgh Infirmary).

MISS KEAGHEY (Meath Hospital, Dublin.

Miss HUMPHRIES (Royal Edinburgh Infirmary).

Miss MACINROY (Royal Edinburgh Infirmary). Miss M'KEITH.

KITCHEN SUPERINTENDENT.

MISS MILLER (Edinburgh School of Domestic Economy).

LAUNDRY SUPERINTENDENT. MISS MACLAGAN. MISS BELL, Assistant.





REPORT

OF THE

ORDINARY MANAGERS

OF THE

ROYAL EDINBURGH ASYLUM FOR THE INSANE FOR THE YEAR ENDING 31st DECEMBER 1909.

Presented to the Annual Meeting of the Corporation held on Monday, 28th February 1910.

In last year's Report the Managers expressed the opinion that in Dr George M. Robertson, their new Physician-Superintendent, they had found a worthy successor to Dr Clouston. Dr Robertson has now been upwards of a year in office, and the Managers are extremely gratified in being able to state that he has quite fulfilled their expectations. They are in every way satisfied with his administration, and the continued confidence of the guardians of patients and of the medical profession which he enjoys, shows that the treatment given to patients under his charge maintains its high standard.

In administering the affairs of the great institution under their care, the Managers have to keep before them the claims of the two distinct departments into which it is divided, namely:—(1) Craig House, and (2) the West House, the latter being subdivided into the Intermediate and the Rate-paid divisions. They are glad to be able to report that in each of these departments something has been done during the past year to add to the comfort of the patients. Dealing with them in detail, the Managers beg to report on

I. CRAIG HOUSE.

As is well known, this department of the institution is reserved for the class of patients for whom a liberal rate of board is paid, and of whom there has been a daily average during the year of 209, being a decrease of 4 on the average number for the preceding year.

The standard rate of board charged for the care and treatment of patients at Craig House is £3 a week, paid quarterly; but patients are also admitted at a minimum rate of £2 a week. For those desiring private sitting-rooms or suites of apartments, special attendance and extra privileges, correspondingly higher rates are charged.

Craig House with its dependent villas is entirely separated both in situation and administration from the other department. Standing as it does in its own grounds, extending to over 60 acres, with its handsome buildings, its commanding views, its golf course, tennis lawns, and bowling greens, it would appear that nothing could be added to its attractiveness. There are, however, always details requiring attention in order to keep this department as hitherto in the forefront of institutions of its kind.

During the year 1908 it was found necessary to add to the Hospital accommodation for ladies, and to erect a verandah for their open-air treatment. This year it has been thought desirable to add to the Hospital accommodation for gentlemen, and the Managers are glad to be able to report that by some internal alterations it has been found possible to do this with very beneficial results.

A part of the garden has been screened off, so as to afford a recreation ground for those patients whom it is advisable to segregate from the rest of the community; alterations are being made on the lower storey, so as to utilise part of it as a

store; considerable improvements are being effected on the kitchen arrangements and cooking apparatus, and the servants' accommodation has also been improved. These improvements all tend to the increased welfare of the patients. Notwithstanding the expenditure thus incurred, the financial position of this department at the end of the year's working has never shown signs of greater prosperity, and the Managers are steadily reducing the building debt secured on it.

II. WEST HOUSE.

This is the department appropriated to the Intermediate and Rate-paid patients, and as these are accommodated in the same block of buildings, although in different sections of it, it is more convenient to treat of them together. During the year several important alterations have been made dealing with the accommodation for the Staff, and the Managers hope to be able to carry out further improvements in this direction during the current year. These alterations will not only add considerably to the comfort of the attendants, nurses, and domestics, but will also conduce to more careful attention being paid to the patients.

Another matter in connection with the West House which has engaged the attention of the Managers has been the entire renovation and rearrangement of the Mortuary. It has long been felt that this department was in need of reorganisation, but the heavy expenses incurred during recent years in connection with sewage and drainage have hitherto prevented the Managers from undertaking it. As it now exists, the Mortuary consists of four rooms, including a room where a funeral service can be held.

In regard to this department Dr John Macpherson states in his Report, afterwards referred to, that "The interiors of these "rooms have been tastefully decorated, and a dado of white tiles "adds effectively to their appearance. The whole department is "complete and impressive, and in many respects surpasses any "similar department of the kind in the country. In effecting "this important improvement, the Managers have, by showing "their respect for the dead, indirectly advanced the interests of "the great number of patients who from year to year pass under "their care."

During the year that is coming the Managers have in contemplation the execution of several important works in the West House Department:—(1) They have taken contracts for fitting up modern interior sanitary appliances in substitution for the arrangements hitherto in use; (2) they propose to thoroughly overhaul the Laundry Department; and (3) they hope to be able to effect some improvements on the kitchen arrangements.

In Dr Macpherson's Report the attention of the Managers is drawn to the heating arrangements of the West House, and this important matter will have their earliest possible attention.

The following table gives the numbers of patients in this department of the institution :-

		1908.	1909.	Increase.	Decrease.
Intermediates at £60		7	11	4	_
Do. at £45		157	150	-	7
Private Patients at	lowest			1	
rate of board .		75	79	4	-
Rate-paid Patients		284	287	3	-
		523	527	11	7
		-	523	7	-
Total inci	rease .		4	4	_

As will be noticed, there is an increase of 4 in the number of £60 patients. It was only possible to admit patients at this rate of board a few years ago on the removal to Bangour of so many of the Rate-paid patients, and it is gratifying to find that the accommodation thus rendered vacant is being gradually utilised for the benefit of a higher class whose friends can afford only a moderate rate of board. The advantage enjoyed by those patients paying the £60 rate over the other Intermediate patients is that they have bedrooms to themselves.

With regard to the finances of the West House, it is





CRAIG HOUSE-CHIEF DRAWING ROOM

necessary for the Board to go into these in detail, as on them depends the rate to be charged for the coming year for the Ratepaid patients.

889 4 8

Total Ordinary Income . £21,529 0 5

Deduct—Payments for ordinary maintenance, including interest of debt, etc.

£20,266 18 2

Capital instalment towards

Sinking Fund . . . 2,076 4 7

22,343 2 9

Showing a deficit for West House of

£814 2 4

As, however, there has been a profit of £194, 9s. 3d. made on the Intermediate Department, the total deficit on the Ratepaid Department amounts to £1,008, 11s. 7d.

The following table shows the cost of maintenance of the two classes of West House patients for the years 1908 and 1909:—

	Cost	in 19	08.	Cost	in 196	09.	of l	an ra	ds	Pa Pa	lus on ch tient 1909.
Patient Each Rate-paid Patient		5	8	£45	12	1	£45	15	10	£0	3 9
and Patient at the lowest rate of board		4	6	37	8	5	34	13	3	1000	eficit.

These figures or calculations are based on the hypothetical assumption that the Managers have charged against the patients the full sum authorised by the Court of Session, and in the foregoing table, showing the cost per head of maintenance, each patient is charged with £5, 2s. 6d. as his contribution towards liquidation of debt. As a matter of fact, the charge actually made for this year is considerably smaller, as will be seen from the following statement, which gives the figures, including the interest paid on debt, but excluding the instalment towards liquidation of capital:—

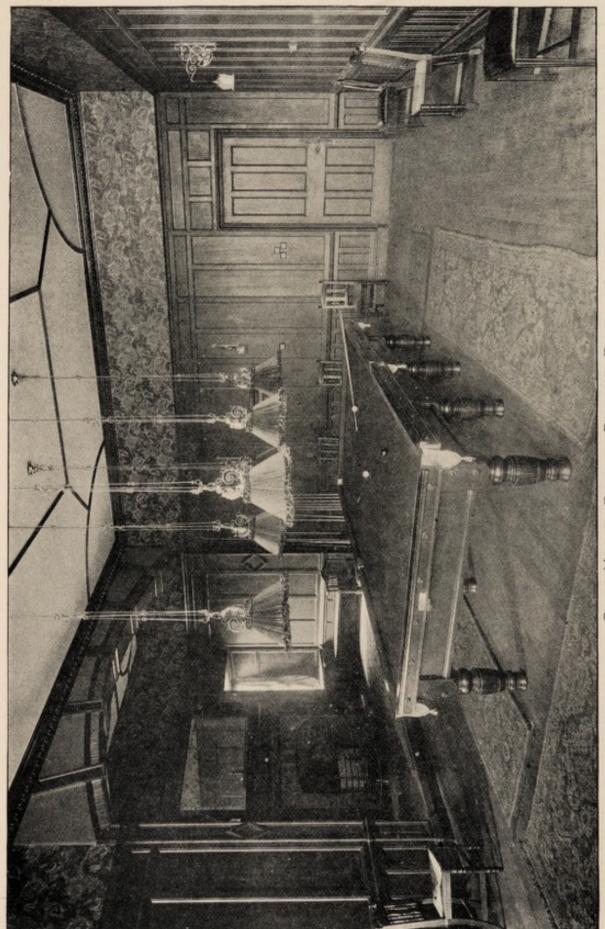
West House gross receipts as before .	£21,529	0	5
Deduct—			
1. Expenditure (less capital instalment to Sinking			
Fund, £2,076:4:7) £20,266 18 2			
2. Arrears written off . 18 19 7			
	20,285	7	9
Leaving a surplus of .	£1,243	12	8
Deducting from this the surplus from the			
Intermediate patients of	194	9	3
Leaves a surplus from the Rate-paid patients			
and patients at the lowest rate of board of	£1,049	3	5

This sum has alone been available for the liquidation of the West House debt, which has thus been reduced only by that amount, instead of by £2,076, 4s. 7d., as it would have been on the basis approved of by the Court of Session.

Although this year's reduction of debt is thus £1,037, 1s. 2d. short of the statutory amount, still the result is much more satisfactory than it was last year, when the West House debt was only reduced by £146, 12s. 5d., and the Managers therefore, for the reasons set forth in last year's Report, have resolved to continue the present rates of board in the meantime.

At 31st December 1908 the	indebtedi	ness of	the West	House
Department amounted to			£18,555	19 11
It now stands at .			. 17,506	16 4
Showing a reduction of	debt as	before	-	
mentioned of			£1,049	3 5





CRAIG HOUSE-CENTRAL BILLIARD ROOM

In regard to the finances both at Craig House and the West House, the Managers cannot too strongly emphasise the fact that there is no proprietary interest of any kind in the institution, and that any surplus arising from the excess of boards received over expenditure is applied solely to the reduction of debt and to the amelioration of the condition of the patients.

The Asylum was officially inspected by Dr John Fraser, Commissioner in Lunacy, on 21st, 22nd, 23rd, and 24th June, and by Dr John Macpherson, Commissioner in Lunacy, on 22nd, 23rd, and 24th November. Dr Fraser writes:—

"Various improvements and alterations in the accommodation "of both Craig House and the West House have been carried "out or are in progress. No. 1 Male Gallery in Craig House " has been converted into a ward of a hospital character; it has "been divided by a partition into east and west divisions, with "four bedrooms adjoining the east and two the west section. "A new door on the south side gives access to the gardens, and "in connection with this ward it has been resolved to erect a "verandah capable of holding six or eight beds, so as to permit " of the open-air bed treatment. A storey has been added to "the Ladies' Hospital to accommodate senile cases, and a "verandah has been erected having sufficient space for six beds." "The bowling alley is being converted into mess and recreation "rooms for the attendants. At the West House, No. 6 Female "Gallery has been, by necessary and useful alterations, made "into a hospital ward. It appears to be very complete in all "its arrangements for the care and effective supervision of the "sick and newly-admitted patients. The corresponding gallery " on the male side has been similarly altered and improved, and "is ready for occupation. The day-room in No. 1 Female "Gallery is now utilised as a mess-room for nurses, and No. 3 'Gallery is in process of being made into a home for nurses. "The eastern section of the male separate house is about to "be used as quarters for attendants, and a section of the female "separate house now accommodates the convalescent Inter-" mediate patients. The Mortuary is to be reconstructed, and "when completed will be a desirable improvement, as it has not "been a satisfactory department in the past. The Research " Laboratory has been enlarged and thoroughly equipped, and it " was evident during the visit that scientific investigations of an "important character are being actually carried on by the "resident Pathologist.

"The Management of the Asylum is conducted with great " energy and ability. All sections of the establishment, except "those at present in process of alteration, were found in "admirable order, and the provision for the comfort of the " patients is highly satisfactory."

The following extracts are taken from Dr Macpherson's

Report :-

"The impression formed as a result of the visit is that the "institution is being very actively and successfully managed, "and that every endeavour is being made, both by means of "minor structural alterations and by means of administrative "changes, to make it as efficient as possible for the welfare, " comfort, and care of the patients.

"Of the many important changes which have been made "during the past year, the three following are selected for "notice. At the West House the two wards on the ground "floor in the south wings of the building have been converted "into hospitals. The Male Hospital contains forty beds, and " is under the charge of an assistant matron, assisted by five " nurses and a male attendant. The Female Hospital contains " forty-two beds, and is under the charge of an assistant matron. "assisted by six nurses. These hospital wards are commodious "and well lighted; being on the ground floor they possess easy "access to the open air, their situation is central, and their "proximity to the entrance-door is an advantage in the case of "newly-admitted patients. It is proposed to erect shelters or " verandahs for the open-air treatment of patients.

"At Craig House a verandah has been erected in front of "the Ladies' Hospital. Not only does it afford the valuable "opportunity of treating the patients in bed in the open air, "but it also gives a much-needed relief to the hospital wards " during the daytime.

Along with the Treasurer's Accounts there are submitted the Reports of the Charity Committee and Bevan Fund Committee, from which it will be seen that 67 cases have been assisted during the year.

The Managers feel assured that if the public realised the great benefit conferred by the grants from these funds upon persons belonging to the middle class and to the independent poor, they would contribute more liberally to the Charity Fund of the Institution than they at present do. By means of these grants the Managers are able to accommodate in better departments many patients of good position and education, who would otherwise have been placed in the Rate-paid Departments—an advantage which not only spares the feelings of the patients and their friends, but materially adds to the chance of recovery.

In name of the Managers,

JAMES ADAM.

Chairman.

REPORT

OF

THE CHARITY COMMITTEE OF MANAGERS

OF THE

ROYAL EDINBURGH ASYLUM FOR THE INSANE FOR THE YEAR ENDING 31st DECEMBER 1909.

THE Account of the Treasurers' Intromissions with the Charity
Fund is herewith submitted.
The Fund amounted at 31st December 1908 to £9755 9 11
The Ordinary Income during the
year amounted to £344 0 1
The Ordinary Expenditure during
the year for the benefit of
patients was . £364 12 10
Expense of Manage-
ment 11 13 1
376 5 11
Excess of Expenditure over Income 32 5 10
Amount of Fund at 31st December 1909 . £9723 4 1
Amount of Fund at olse December 1909 . 20120 4 1

The total number of patients relieved during the year from the Ordinary Income of the Charity Fund was 33, and the number of patients on the roll at the close of the year was 26.





CRAIG HOUSE AVENUE

Along with the Account of the Charity Fund, the Committee beg leave to submit the Account of the Treasurers' intromissions with the Bevan Trust Fund.

At 31st December 1908 the Fund amounted to £12,633 11 3 The Ordinary Income during the

year amounted to . . £412 18 3

The Ordinary Expenditure during the year for the benefit of patients was . £448 12 1 Expense of Manage-

ment . . 15 4 6

463 16 7

The number of patients relieved during the year was 34, and the number on the roll at the close of the year was 31.

The total number of patients relieved from both Funds was 67.

The Committee are very glad to be able to report that during the past year they have received subscriptions to the Charity Fund amounting to £25, 4s. 9d. for which they take this opportunity of returning their thanks to the subscribers, and they beg leave again to recommend this Fund to the favourable consideration of the benevolent.

It will be noticed that the claims upon the Fund during the year have been greater than the income was able to meet. The Committee would welcome the charitable support of the public. It is not, perhaps, very widely known that such kindly help is needed, and that it makes so great a difference to many self-respecting families, and to so many of the mentally affected.

R. H. FISHER, Convener.

PHYSICIAN-SUPERINTENDENT'S

ANNUAL REPORT

FOR THE YEAR 1909.

MY LORD PROVOST AND GENTLEMEN,

I have the honour to submit the Physician-

Superintendent's Report for the year 1909.

On the 1st of January the total number of patients under treatment was 752 (including in this number 11 who were on probation), and on the 31st December it still remained 752, as at the beginning of the year, and there were 14 patients then absent on probation.

The admissions were 209, of whom 97 were of men and 112 of women.

The total number of patients under treatment during the year was therefore 961.

The number discharged from the Institution was 147, of whom 53 were of men and 94 were of women.

The number of patients who died was 62, of whom 36 were men and 26 women.

The average number of patients resident during the year was 736, of whom 352 were men and 383 were women.

The most marked feature of these statistics for the last year

is the evidence afforded by them of a condition of stability. They deal with the changes of population in the two Mental Hospitals—Craig House and The West House—governed by the Managers of the Royal Edinburgh Asylum. The two

Houses or Hospitals are quite separate from one another in all respects. They occupy extensive grounds of their own, and

they both serve very useful but different purposes.

Statistics for 1909.

A condition of stability indicated.

Craig House, with its surrounding villas, is situated on Craig House and The West House Craiglockart Hill, one of the finest sites near Edinburgh. is ornate in design and is well furnished, and it is intended to supply accommodation and treatment of the best possible kind for people of means.

It serve different purposes.

The West House is situated in the district of Morningside, and provides comfortable accommodation at low rates of board for patients of limited means. It also admits parochial patients belonging to Edinburgh, Leith, and the Orkney Islands.

ADMISSIONS.

The total number of admissions last year was 209, or 30 less Admissions than it was in the previous year. They have been falling in probably number for the last five years, and this decrease is entirely due increase in future. to the opening and gradual development of Bangour Village for the reception of the Edinburgh patients, all of whom were formerly sent to The West House. It is believed that our Admission Rate in the future will show a tendency to rise, as the transitional period referred to has now been passed and the new conditions have adjusted themselves.

Although The West House no longer admits the bulk of the Edinburgh patients, it still receives a certain number, which it is found convenient for various reasons to send to it, and 114 patients belonging to that Parish are undergoing treatment there. All the patients, however, belonging to the Parish of An average Leith are sent to us, as well as the majority of those belonging occurrence of insanity in to Parishes in Orkney. Comparing with past years the number Leith. of the admissions from the Parish of Leith, these being all the cases requiring Asylum treatment occurring in a population of known size, it would appear that last year was an average year as regards the occurrence of insanity. The admissions were very much less than they were during the years 1900 and 1901, when, owing to the South African War, the casual labourer, getting abundant employment, drank to excess, and swelled the admission rate of insanity. In spite, however, of bad times and the increased duty, in 19 per cent. of the male admissions, and in 10 per cent. of the female, alcohol was alleged to have been a factor in the causation of the insanity. The total percentage

No female G.Ps. admitted.

was 14.3, as compared with only 10.8 in the previous year. There were 14 cases of General Paralysis admitted, and none of these were females.

PRIVATE PATIENTS.

Admissions to Craig House above average.

Although among the poor the amount of insanity occurring during the year seems thus to have been average, the number of private patients admitted has never been exceeded, and forms a record. The number of admissions to Craig House alone is above the average of recent years, and many of these desired accommodation and attendance of a special character, which we were in a position to give them.

Comfortable accommodation and treatment at £45 a year.

The number admitted to The West House at the £45 rate was again very high. The Managers are desirous that this provision, of a comfortable nature, for the care and treatment of patients, belonging to families of the professional and educated classes, should be widely known, as it was to supply the wants of these classes that the Institution was originally intended, and they are liberally provided for at the rate charged. In some cases, families, who have lived in comfort and even refinement when times were prosperous with them, cannot afford more than £32, 10s., the rate charged for the wards in which The Bevan Fund the parochial patients are also treated. Many of these are assisted out of Trust Funds in the hands of the Managers by the grant of a supplementary sum which enables the patient to get the benefits of the higher rate. This is an inestimable boon to many, and the extent of this Charity may be judged by the fact that out of 160 patients treated in the Intermediate (or £45) Wards, at least a quarter would not be entitled to these benefits but for the supplementary grant obtained from the Charity and Bevan Funds. The existence of this Charity is brought to the notice of generous donors, as its usefulness could be extended.

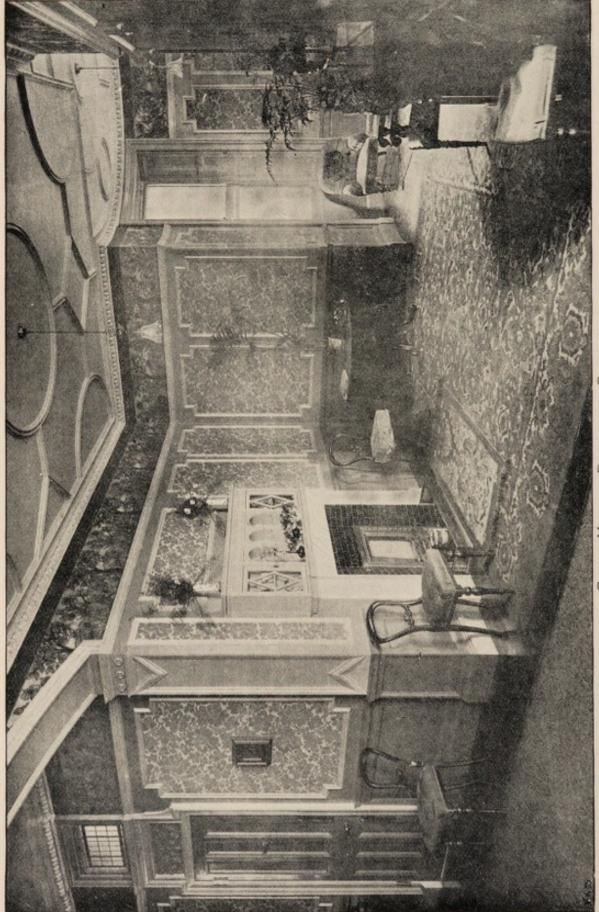
a useful Charity.

DISCHARGES.

The Recovery Rate was 32 per cent. of the total number of admissions, which is slightly higher than it was last year, and than the average of the last ten years.

No less than 80 patients were discharged either Relieved or





CRAIG HOUSE-RECESS IN CORRIDOR

Unimproved. Many of the former were patients belonging to Leith patients the Parish of Leith who had so far improved that they no longer needed special treatment in the wards of a Mental Hospital, and they were boarded out with suitable guardians in the country, who were selected for them by the Inspector of Poor.

DEATHS.

The total number of deaths was 62, being in the proportion Death Rate of 8.4 per cent. of the average number resident, and 6.5 per cent. of the total number under treatment. The number of deaths in 1908 was actually and proportionately less than it had been for twenty years, and in 1909 there were two fewer than in the previous year, and the results were even more satisfactory.

GENERAL HEALTH GREATLY IMPROVED.

Convincing proof is supplied by the above evidence of the fact that the general health of the patients at The West House has improved very greatly. There is little doubt that the Elbow-room removal of the Edinburgh patients to Bangour Village, and the consequent relief to the insanitary state of overcrowding that had existed for some years, was by far the most important factor in effecting this improvement. There were other beneficial agencies as well, and amongst these I would give the foremost place to the greater employment of the open-air treatment.

OPEN-AIR TREATMENT.

The success of this form of treatment in the prevention and Fresh air the cure of consumption has taught us all a lesson which has sunk ideal tonic. more deeply into the minds of physicians in charge of Mental Hospitals than any other class. The reason for this is not difficult to find, for their patients-weakly folk to begin withhave suffered more from the effects of "air starvation" than most other people, and these physicians have thus had more immediate and direct proof of the advantages of hyper-aeration to the general health when they have begun to employ it. This deficiency of fresh air was due, in the first place, to the

Patients too much indoors, especially women.

habit of keeping patients locked up in wards for the greater part of the day for the sake of easier supervision. Women were worse off than men in this respect, for the latter had a certain amount of outdoor employment; and while consumption was thus abnormally rife on both sides of an Asylum, it was always worse on the female side. The fact that the ratio of the incidence of consumption in the two sexes in Asylums is the reverse of what generally holds good outside of them is further proof of the evil of confining patients to wards. Then Asylums during the last generation have been imperfectly ventilated owing to the fact that the modern sash window introduced into them is only made to open to the extent of 5 inches, lest patients should escape through them. In the old days they had iron bars to prevent egress and they had abundant ventilation, sometimes there was too much as the windows were not always glazed. We removed the bars for the sake of sentiment and appearance, and we have only now learnt the price we have paid for restricting the supply of fresh air in our wards. patients in all our Hospitals for the Insane are very much more in the open air than they were a few years ago, and as a consequence the general health of the whole Asylum population, including that of the nurses, has vastly improved. The health of the patients at Craig House has always been exceptionally good. From its airy situation, sheltered, however, from our severe south-westerly gales, its inhabitants suffer no lack of oxygen.

A good window yet to be designed.

Craig House set on a hill.

DIAGNOSIS OF CONSUMPTION.

A very low mortality from Consumption. There were only three deaths directly due to consumption last year. None of these occurred on the female side, and in two out of the three, the patients were admitted suffering from the disease, and their lives were prolonged by the special treatment they received while here. In three other deaths, phthisis was present as a secondary cause. These results are very satisfactory. Great attention is paid to the diagnosis of this disease for two strong reasons. If it be diagnosed early we are in a position to treat it with the most hopeful results. In the Consumptive Sanatoria attached to the Stirling District Asylum, during a period of two years, I found that every patient admitted from

the other wards with newly developed phthisis improved, and Treatment of the disease either became stationary or was recovered from. most hopeful. In the second place, if it be diagnosed late, the chances of recovery are not only greatly diminished, but the patient may be a source of danger to others by infection. All our patients are systematically weighed, and if there be a progressive loss of weight with other symptoms, they are carefully examined; there is also an annual medical overhaul of all the patients in the summer months when our staff of resident clinical assistants is large.

Dr. Halliday Sutherland, late of the Victoria Hospital for A Specialist Consumption and now Superintendent of the Westmorland gives us help. Sanatorium, gave us valuable help in this respect last year. In addition to examining the condition of the lungs of almost all the patients, he applied Von Pirquet's test to all the patients at The West House who did not object to have it done. This is Yon Pirquet's a simple operation, made by rubbing Koch's Tuberculin into a scratch on the skin, and by the reaction which follows it is possible to say whether there be any tubercle in the system or not. It proved of no practical value for the purpose of diagnosis by reason of its excessive delicacy as it elicited a reaction in more than 70 per cent. of our patients. This is about 20 per cent. above the average results given by adults outside. The lesson that the test has taught us is this, that Two out of half of us are already invaded by the tubercle bacillus, and adults have that it is by maintaining the body at a high level of health in their systems. and resistance that the enemy is prevented from making any progress.

There were 15 deaths from General Paralysis of the Insane last year, of which 13 were of men and 2 of women.

A CASE OF MONOMANIA OF PERSECUTION.

One death may be specially referred to as it was that of A Political a gentleman who had resided with us for many years, beloved of every one. He was a man of great learning who wrote books on Political Economy while here, and to pay a visit to him was always an intellectual treat. One might have lived beside him for weeks enjoying his kindly humour and his sound

The Jesuits at bottom of everything evil.

neir

Unconsious tools and their deeply laid schemes.

"Stone walls do not a prison make."

Their heads not in danger.

sense, without observing anything amiss, so long as his affairs were going on well. When trouble of any kind came he traced the source of all his sorrows and of everything that went wrong to the malignant activities of the Jesuits. The role of Satan was worthily filled by these Jesuits, and had Satan existed in his philosophy, he would have been one of the unemployed unless he had been content to serve under them. astonishing to hear this man, who would one day be discoursing most learnedly on the most abstruse fiscal problems, be the next passionately accusing the Jesuits of the most utterly improbable and ridiculous intrigues. When in this mood the well-meant actions of his best friends formed part of the deeply laid scheme of Jesuit strategy, and he turned even on them. When any one repudiated this alliance with the utmost vigour at his command, he said to him, with pity and contempt, that he was a mere tool in their hands without knowing the truth. At one time this form of insanity was known as Monomania, but it is now more accurately described as Systematised Delusional Insanity, because though seemingly localised, and perhaps really absent in impersonal matters, the mental flaw becomes incorporated in the fabric of the feelings and ideas, and runs through the whole personality. A case like this teaches us a lesson on the importance of toleration in our daily lives. How many are there holding strong views, with which we do not agree, towards whom we would feel more charitably inclined did we but know of a structural flaw that warped their intellects and of which they were the victims? May not some of our own views have a somewhat similar basis? It is a strange paradox, too, that it is within the walls of an Asylum that the greatest freedom is found. There the man who believes it can say he is "John the Baptist," or the woman that she is "Mary, Queen of Scots," and he or she is not jeered at or persecuted for stating these opinions, as they would certainly be if they made similar statements in any other place.

GENERAL HISTORY OF THE INSTITUTION.

The history of the labours of last year may be summed up in the word Organisation. In every department of the Institution



BEVAN HOUSE

efforts have been made towards greater efficiency, and the year has been a busy one for all. At Craig House, so much had been wisely done in the past, under capable officials, that it was only necessary to perfect details. At The West House, on the A favourable other hand, owing to the widespread consequences of the removal reorganising of the Edinburgh patients, it was necessary to reorganise the The West House. establishment, and it became possible, for the first time, to take advantage of abundant accommodation, to introduce improved methods of care. It is impossible to refer to the details of all that has been done, though one is tempted to do so, as it is on the details that time and thought are spent, and it is by attention to these that success is attained. I shall review the general lines upon which the work has proceeded.

THE STAFF.

The first attention was given to the requirements of the staff. Nurses and When one considers that every measure for the care and treat-backbone ment of the patients is effected through the agency of the staff administration. of attendants and nurses who are in immediate contact with the patients, it will be seen how needful it is to have that staff the best of its kind and in a condition of perfect training and efficiency. The best devised schemes of the wisest physicians may be rendered valueless by the neglect or incompetence of the nurse who is entrusted with the duty of carrying them out, and much more depends on the personal qualities and skill of the nurse in the treatment of mental disease than in bodily diseases. I found it advisable to increase very largely the staff of Super-Good Heads of visory Officials. This was done with the object of subdividing invaluable. and specialising the labours for which a few senior officials were previously held responsible and of making the work of supervision more thorough. The administration of an Asylum is a complicated machine, and while the senior officials might supervise the whole, it was impossible for them to attend satisfactorily to the details of each department, which have increased in amount and become more highly specialised with the evolution of the modern Mental Hospital. The nursing and domestic staff has therefore been strengthened by the

All Heads have graduated in their duties. appointment of ten Heads of Departments, who are held fully responsible, under the Lady Superintendent and the Matrons, for the efficiency of their subdivisions. These are all women of good education and of experience, and almost all hold certificates of Training and of Proficiency from Hospitals and Asylums or from Schools of Domestic Economy. They have all graduated in their special studies. By the appointment of these officials work of a higher standard is attainable under their direction, and by their constant presence on the scene of their duties, the supervision of their juniors is more complete than formerly.

A contented staff does good work. The requirements of the subordinate staff have also been dealt with. At The West House, the nurses, attendants, and domestics have been provided with Homes. New mess-room arrangements have been made for them, and their comforts have been increased in many other ways. Impressed as I am with the fact that the success or failure of every measure of treatment ultimately depends on the nurse, I am certain that these concessions to the legitimate wants of the staff will be amply repaid by the quality of the work obtained from it.

ASYLUM BEING HOSPITALISED.

To hospitalise an Asylum introduce Hospital nurses.

All features peculiar to Asylums should be scrutinised.

Under the supervision and direction of these new officials, trained as almost all of them have been in Hospitals, the work done by the staff has naturally assumed features of a more Hospital character. This is our aim now-a-days, and nothing has aided us more in attaining this object than the introduction into Asylums of Hospital-trained nurses. My own policy for many years has been openly to put under suspicion every practice that is in operation which is peculiar to Asylums. If I find I can do without it I abolish it, and if I find it cannot be done without, but that it can be replaced by another method of a Hospital character, then I introduce that. Subjected to this stern criticism it is surprising how many anachronisms and unmedical traditions have been exposed, and with a policy of Hospitalisation so definite and active, progress towards the goal we strive for is a comparatively simple matter.

THE DISUSE OF PADDED ROOMS.

As an instance of characteristic Asylum practices which have "Seclusion" too good a been discarded, the disuse of padded rooms and of the practice name for this of locking up patients in single rooms by day may be mentioned. practice. Strange as it may seem, the Padded Room, of which we are now beginning to feel ashamed, was apparently invented about sixty-six years ago by Conolly, the great Apostle of the Non-Restraint and the Humane Systems of treatment for the insane. It is quaintly described by him in his Sixth Report as "a room of which the floor is a bed and the four walls are padded." In his day its employment was without doubt a step in advance as it was a substitute for the less humane methods of mechanical restraint by strait jackets and straps which he had discarded, and was a sheer necessity. Owing to the ill-treatment which Risks run by his patients had previously received at the hands of their Hill and his attendants, many were revengeful and aggressive, and considerable risk was run when restraints were removed for the first time. For ten years the system of Non-Restraint was not officially recommended by the authorities because of this danger. At that time the Padded Room was no doubt needed and its use was to be commended, but now that the art of tactful management is practised, and patients from the first moment they enter the wards are treated with consideration and kindness, it has become practically unnecessary. Cases of Furious or Raging Mania, such as were described in those days, are never seen now, because they were goaded into being by the vile treatment they received, whereas skilful treatment has a tranquilising effect. We now employ a very much larger staff than Our nurses and was done in those days-probably two or three times as great- highly trained and we have a large night staff, while they had none. attendants and nurses are not only more numerous, but they are carefully trained and highly skilled, and they are of a more intelligent and respectable class. Conolly writes of the nursing staff of that day that they "were worse dressed and wilder looking than the generality of the patients." With a staff such as we now have and good supervision, we rely on constant personal care and attention by night and day to tranquilise the excited. We are glad to see these symbols of the past disappear,

and intelligent.

Prison-like methods have a bad effect on nursing ideals. not so much on account of any direct harm they actually did to the patients when not abused, but because their influence on the morale of the nursing staff was not elevating.

SICK NURSING IMPROVED.

The insane man is usually a sick and an exhausted man.

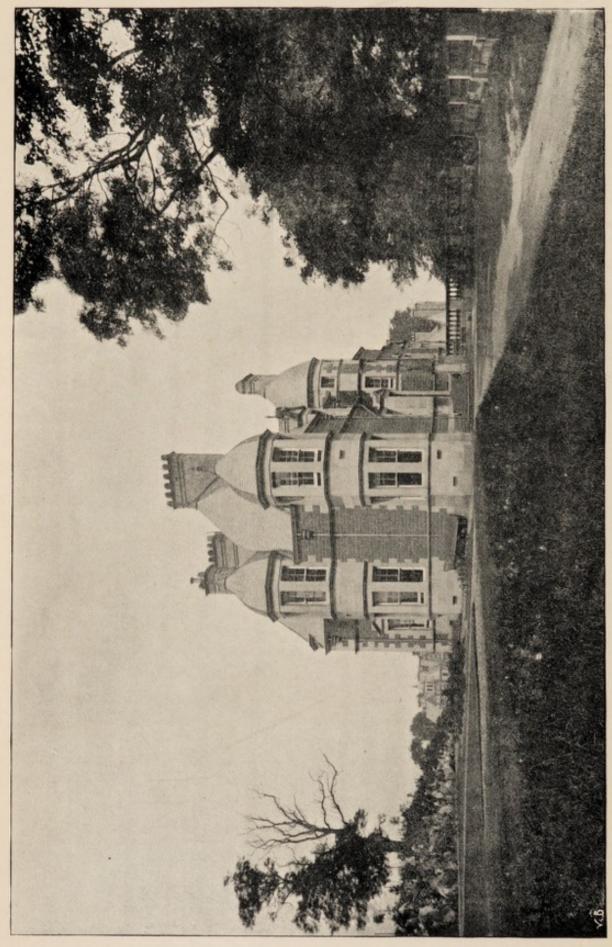
The introduction of so many Hospital nurses on the staff has necessarily improved the quality of the nursing given to the sick and infirm, and it is now extended to patients who a few years ago would have received no attention of this kind at all. A natural accompaniment of these changes has been the great development of bed-treatment or alitement for acute cases of insanity. The credit of this is mainly due to French physicians, who pointed out that the insane man is usually a sick and an exhausted man, and that he needs rest and a thorough medical examination. This method of treatment is a distinct advance on previous practice, and not the least of its advantages is that, immediately on entering the Institution, the patient himself is made to realise the fact that he is regarded as a person in ill-health, and that his detention is for the purpose of medical treatment.

He needs rest and nursing.

FEMALE NURSES IN MALE WARDS.

No longer just to deprive male patients of the benefits of woman's skill. A secondary feature, also in harmony with this system, which has been attended with the most gratifying results, is the extension of the care and supervision of male patients by female nurses and matrons. This has been particularly successful at Craig House. Exclusive of the nurses in the Gentlemen's Hospital, there are four ladies acting under the Lady Superintendent, and these direct the management of the gentlemen's wards and villas, and are responsible for everything. Their presence is a guarantee of gentle and refined methods; they have added greatly to the domestic comforts of the patients, and they have introduced by their companionship a homely feeling which did not exist before, and this has been much appreciated by many of the gentlemen. The exclusion of women from the male side of modern Mental Hospitals can no longer be justified.





At The West House, Miss Thyne has been appointed Matron A Matron on of the male side in place of Mr. Lindors, late Head Attendant. She received her Hospital training in the Royal Edinburgh Infirmary, her Mental training at the Stirling District Asylum, and for three years she has been Matron of the Midlothian District Asylum, With such a full and varied experience, I look forward to valuable assistance from her.

ROYAL EDINBURGH ASYLUM LABORATORY.

It is one of the advantages of the Royal Edinburgh Asylum The proximity that it is situated near an important medical school, the University a atmosphere of which is a stimulus to scientific work, and in stimulus. this congenial environment the treatment of the patients has never failed to be conducted in a medical spirit. This is a feature of the Institution to which the Managers have given the very greatest encouragement. A year ago they provided us with an excellent Laboratory, and last year they added to it Pathological Rooms and a Mortuary, the whole forming a very complete department. The work of this department, however, deals much more with the treatment of the living than with the examination of the dead. During the last few years the methods for the clinical investigation of disease have increased greatly both in number and in complexity. Some of these Laboratory require not only a high degree of technical skill but time, and assistance indispensable it is impossible for the physician who has his daily rounds to in the modern make, and whose services are in demand every hour of the day, to undertake them. These investigations of a chemical, microscopical, and bacteriological character are all done for us in our Laboratory by a special staff appointed for this purpose. We find their assistance of the very greatest value in the treatment of the patients, and this work and that of original research proceed together. An article by Dr. Muirhead, our Bacteriologist, A Research on "The Occurrence of Micro-Organisms in the Blood and Cerebro-spinal Fluid in Mental Diseases," describing her researches on this subject, was awarded a special prize last year by the Medico-Psychological Association.

THE DIAGNOSIS OF GENERAL PARALYSIS.

As an instance of these recent methods of research I cannot give a better example than those upon which we now rely for

the diagnosis of General Paralysis of the Insane. This is a

proved intolerable when important issues were at stake, and a piece of the brain has actually been removed during life for

microscopical examination to settle this question. We are now

able to diagnose this disease with absolute certainty in the earliest stage by means of chemical and microscopical tests applied to the blood and cerebro-spinal fluid. We are able to

" The disease XIXth century."

disease which has been known for about one hundred years, it is the most serious and important which we are called upon to treat, and it has received more attention at the hands of alienists than any other form of Mental Disease. In spite of these facts, till little more than three or four years ago there was no certainty in some cases that the diagnosis of this disease was a correct one. Early cases were not always diagnosed, cases were not rarely found to have been wrongly diagnosed, and the wisest and most experienced physicians were those who often gave the most guarded opinions, especially in cases with a history of alcoholic excess. This uncertainty has sometimes

Diagnosis formerly doubtful.

Now absolutely certain.

Thanks to chemistry and

show, by means of these reactions, that the fluids in these cases are changed in chemical constitution from those of a healthy person or from persons suffering from other forms of insanity. Such information is sometimes invaluable, and possessing as we do a Laboratory and officials for this special the microscope. work, we employ their services as a routine measure, for all

these tests, in all cases of suspected General Paralysis.

THE MEDICAL STAFF.

Residential appointments for Senior Students.

The proximity of the Edinburgh Medical School is also of advantage for the facilities it offers in filling up the medical posts. In addition to the permanent and paid medical staff, there are residential appointments open to senior students and young graduates in medicine, and these posts are much sought after. These are mutually advantageous to the young men who fill them and to the Institution, for while they gain useful



SOUTH CRAIG VILLA-LIBRARY

practical experience, they do much valuable work under the supervision of the Assistant Medical Officers. At Craig House also, by associating with the gentlemen and by taking a leading part in their social life, they perform a service which is much appreciated. Our Debating Society, for example, through their The Closure needed for the influence, has this winter been a very flourishing institution, debate on and the debate on the question of female suffrage, to which the much-wronged sex were invited, and in which they played their part most manfully, will long be remembered. There are nine A numerous graduates and four undergraduates on the staff of the Institution at the present time, a strength which renders it possible to do full justice to the medical needs of the patients and to carry on a fair amount of research.

Dr. Ford Robertson, the Pathologist of the Scottish Asylums, Dr. Ford has continued to receive during the year all those facilities for work which he has enjoyed in the past.

STRUCTURAL ALTERATIONS AND FINANCES.

In order to carry out the medical and administrative changes enumerated above, it was necessary to make a considerable number of structural alterations. Most of these were contracted for, but our own staff of artisans has been temporarily augmented, and they have been kept fully employed. The Managers spent a large sum in improving the Institution in this way, and no official has done his work more faithfully than the Clerk of The Clerk of Works, the arduous nature of whose duties last year is indicated busy time. by the fact that he had to forego his usual summer holiday. During the coming year several important works—verandahs, open air shelters, and sanitary improvements—are to be undertaken, in order to maintain the Institution in a state of efficiency.

It is gratifying to report that in spite of these exceptional Finances very outlays the finances continue to be in fully as satisfactory a state as in past years. I am much indebted to Mr. M'Intosh, the painstaking House Steward, for his assistance in helping to supervise these.

My thanks are due to the whole staff of the Institution, Thanks. medical and otherwise, for the help I have received from them

in their several departments during rather a trying year. To Dr. Dods Brown, who acts as my Deputy during my absence, my thanks are especially due.

PERSONAL.

Dr. J. Rutherford. During the course of the year we lost the services of Dr. James Rutherford, who was promoted to the post of Medical Officer in charge of Brislington House. His great abilities and long experience will make him a most capable head of that Institution. Dr. R. Dods Brown was promoted Senior Assistant Physician, and Dr. Rae Gibson and Dr. W. Scott Watson have been appointed on the staff.

Mr. T. Lindors.

We also lost the services, through retirement, of Mr. Thomas Lindors, who was for nearly forty-six years on the staff, and during almost all that time Head Attendant of the Male Side of The West House. He was a most courteous, amiable, and upright man, and he retires after his long and useful services with a maximum pension.

Sir A. Mitchell.

I cannot conclude this Report without referring to the death of Sir Arthur Mitchell, K.C.B., one of our Deputy Governors and a former Commissioner in Lunacy. He was one of a group of distinguished men who have, in the course of fifty years, been instrumental in raising the care of the Insane in Scotland from the condition it was in when Miss Dix visited this country and exposed its deficiencies, to the unsurpassed position it now occupies. This Institution is particularly indebted to him for having compiled with great care and accuracy a history of its origin and development, which has often been found very useful.

Mrs. Finlay.

I have also to record the death of Mrs. Finlay, for many years Charge Nurse of the Female Hospital of The West House, who, in the humbler position in which she was placed, rendered as great a service to the Insane as any one in her generation. She may not have excelled in technical skill, but she had a much rarer quality which cannot be obtained by Examination or Registra tion—a devotion to her duties of the most fervent kind. She had the dreadful misfortune when a young woman to lose, almost simultaneously, all her family by an epidemic and her husband by a sudden death. To seek distraction from this

overwhelming sorrow, she threw herself into the duties of nursing, and the patients placed under her charge eventually became a second family to her, and she a loving mother to them.

Dr. Clouston's portrait, by Mr. Fiddes Watt, which was pr. Clouston's presented to the Managers by his friends and admirers, has now been hung in the Great Hall at Craig House. The artist is to be congratulated on having produced a very striking likeness.

In conclusion, gentlemen, it remains for me to express my deep feelings of gratitude to the Managers for the confidence they have reposed in me during the past year. When I think of the difficulties that have obstructed the work of some of the ablest and most enthusiastic asylum physicians, and contrast these with the help and encouragement I have received from you, I cannot but feel grateful. My thanks are particularly due to the Chairman for his advice on many occasions.

GEORGE M. ROBERTSON.

TIPPERLINN HOUSE,
MORNINGSIDE PLACE,
EDINBURGH, 28th February 1910,

the state of the s

STATISTICAL TABLES

OF THE

MEDICO-PSYCHOLOGICAL ASSOCIATION.

TABLE I.—Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December 1909.

	M.	F.	T.	М.	F.	T.
In the Asylum, January 1, 1909 Absent on Probation, January 1, 1909	353 3	388 8	741 11			
Total				356	396	752
Cases Admitted— First Admissions Not First Admissions	77 20	95 17	172 37			
Total Cases Admitted during the year Total Cases under Treatment during				97 453	112 508	209 961
the year		***		400	500	901
Cases Discharged— ,, Recovered ,, Relieved ,, Not Improved Died	24 17 12 36	43 37 14 26	67 54 26 62			
Total Cases Discharged and Died during the Year				89	120	209
Absent on Probation, Dec. 31, 1909 Remaining in the Asylum, Dec. 31,	5	9	14			
1909	359	379	738			
Total				364	388	752
Average number Resident during the year 1909 Persons* under care during the year+	***			352·5 448	383·8 501	736·3 949
Persons Admitted ,, ,,				95	110	205
Transferred to this Asylum ,,				24 4 7	42 5 8	66 9 15
Private Patients at close of 1909— Craig House West House—Intermediate‡ ,, Lowest Board	111 63 38	111 85 45	-222 148 83	212	041	456
Number of Patients chargeable to Districts at close of 1909— Edinburgh	54	60	114	212	241	453
Leith Orkney	75 21	61 24	136 45			
Number of Patients chargeable to Parishes beyond District at close of 1909	2	2	4	152	147	299
Total						-
Total	***	***		364	388	752

^{*} Persons, i.e., separate persons in contradistinction to "cases" which may include the same individual more than once.

† Total Cases, minus re-admissions of patients discharged during the current year.

‡ Those whose Board is so supplemented by the Charity or Bevan Funds, or from private sources, as to equal £45, are reckoned here as Intermediate.

TABLE IA.

Showing the Number of Previous Attacks among Persons admitted during the Year 1909, distinguishing those Attacks that have been treated to Recovery in this and other Asylums or elsewhere.

									Att	acks.		
Nur		of Pre	vious	I	erson	8.		vered is Asy		in oth	vered ner As elsewh	ylums
				м.	F.	т.	м.	F.	T.	М.	F.	T.
Have ha	ad 1 p	revio	us Attack	18	22	40	12	12	24	6	10	16
,,	2	,,	Attacks	10	7	17	8	3	11	12	11	23
,,	3	,,	,,	1	2	3	1	2	3	2	4	6
,,	4	,,	,,	2	1	3	6	0	6	2	4	6
,,	5	,,	,,	1	1	2	2	1	3	3	4	7
,,	6	,,	,,	1	0	1	4	0	4	2	0	2
,,	7	,,	,,	1	1	2	0	0	0	7	7	14
		Tot	tal	34	34	68	33	18	51	34	40	74

TABLE II.

Showing the Admissions, Re-Admissions, Discharges, and Deaths for the Thirty-Seven Years from 31st December 1872 to 31st December 1909.

	М.	F.	T.	M.	F.	T.
Persons admitted during the period of thirty-seven years *Re-admissions Total Cases admitted	5224 1344	5464 1608	10,688 2952	6568	7072	13,640
Discharged Cases— Recovered Relieved Not Improved Died	2307 1731 664 1510	2751 1938 574 1432	5058 3669 1238 2942			
*Total Cases Discharged and Died since 31st December 1872				6212	6695	12,907
Remaining 31st December 1909				356	377	733
*Transferred to this Asylum ,, from ,,				306 1117	269 1178	575 2295

^{*} These figures refer only to cases admitted since 31st December 1872.

TABLE III.—Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality, Proportion of Recoveries per cent. on the Admissions for each Year since the Openiny of the Asylum.

		_		
re of al Nos. ment.	T.	1	830 0 0 1 1 4 0 4 0 1 0 0 0 0 0 0 0 0 0 0	-1
Per Centage of Deaths on Total Nos under Treatment,	E.	:	4xxx410 x 24x 20 20 20 20 20 20 20 20 20 20 20 20 20	6.1
Per Deaths under	M.	:	251 252 253 253 253 254 254 254 255 255 255 255 255 255 255	90
re of son	Ė	28.4	88884888888888844444448888888888888888	\$9.4
Per Centage of Recoveries on Admissions.	7.	:	4888 612 818 82 4 68 62 68 82 64 82 83 84 64 68 83 64 68 64 64 64 64 64 64 64 64 64 64 64 64 64	1.03
Per Rec Ad	M.	:	82828282828282828282828888888888888888	36-1
ng 31.	T.	36	\$25 25 25 25 25 25 25 25 25 25 25 25 25 2	:
Remaining December 31.	F.	:	21 18 18 18 19 19 19 19 19 19 19 19 19 19 19 19 19	:
Dec	M.	:	25 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	:
	F.	6	80488010888488642848488848888888888888888888888	1261
Died.	E.	:	712120000000000000000000000000000000000	561
	M.	:	140001001088448888888888884484	700
red.	F.	118	82.88339242525252525288888888888888888888888888	1823
ged. Not Recovered.	Э.	:	F 4 4 0 0 0 F 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	099
Discharged.	M.	:	58 24 4 1 1 2 8 2 1 2 1 2 1 2 8 2 2 4 4 4 2 2 2 2 3 2 4 4 4 4 2 2 2 2 4 4 4 4	963
Disch od.	T.	102	22 24 25 25 25 25 25 25 25 25 25 25 25 25 25	2009
I Recovered.	64	:	8201-011184834848178628848844683481	1141
8	M.	:	8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	826
Ġ.	T.	265	80 152 153 153 153 153 153 153 153 153 153 153	6189
Admitted	F4	:	88 88 88 88 88 88 88 88 88 88 88 88 88	2671
A	W.	:	40 100 100 100 100 100 100 100 100 100 1	2648
YEARS.		From Oct. 17, 1813, to Dec. 31, 1831,	From January 1, 1833, 1836, 1837, 1838, 1838, 1839, 1842, 1844, 1844, 1844, 1846, 1846, 1846, 1846, 1846, 1846, 1846, 1846, 1856, 18	Totals and Averages from 1832 to 1864,

TABLE III. (Continued).—The Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. on the Admissions for each Year during the Forty-six Years, 1864-1909.

5	F.	7-00-00-00-00-00-00-00-00-00-00-00-00-00	
ns or Nos	-	0.000000000000000000000000000000000000	
Percentage of Deaths on Total Nos. under Treatment.	F.		
7	M		
Percentage of Deaths on Average Nos. Resident.	T	08-0188-8800-0-0-8008818005111168481	
Percentage Deaths on Average No Resident.	E.	801-18-01000-80000000000000000000000000	-
Per D D Ave B	M.	11	
ge of es on ons.	T.	88 34 4 4 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	
ercentage of tecoveries or Admissions.	E.	4723388488888888888888888888888888888888	
Percentage of Recoveries on Admissions.	M.	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$	
	H.	705 9 1740 9 174	
rage Num Resident.	7.	25.00 cm	-
Average Numbers Resident.	M.	246 3 3 3 3 4 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	-
	T.	111	-
Remaining Dec. 31.	7.	25	-
Rem De.	M.	24	-
	=		
Died.	F.	12	-
ā	N.	1 592355555555555555555555555555555555555	
1	1	####################################	-
Not proved.		S2	
Not	M.	18	
	T.		200
Discharged. Relieved.	F. 1	50 8 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	2000
Discharge Relieved	M. I	2	73 40
	T.	1145 1153 1153 1153 1153 1153 1153 1153	OT CO
ered	E.	22.23.23.25.25.25.25.25.25.25.25.25.25.25.25.25.	00.00
Recovered.	M. F	161	200 000
	1	64 64 64 64 64 64 64 64 64 64 64 64 64 6	0 20
ed.	T.		-
Admitted.	E.	1234 153 165 165 165 165 165 177 177 177 178 189 189 189 189 189 189 189 189 189 18	1000
	M.	1163 1174 1185 1185 1185 1185 1185 1185 1185 118	
88	KEV	1874 1874 1874 1875 1876 1876 1877 1878 1878 1886 1886 1886	Potats and

* For particulars see Report for 1898.

TABLE III. (Continued).—The Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. on the Admissions for each Year during the Forty-six Years, 1864-1909.

-			(8) - 4 8) 18 18	-
ge of	os. r	F.	9 H 1 - 9 0 51 - 61 0 0	7.1
percentage of Deaths on	Total Nos. under Treatment.	14	12000	9.9
Percentage of Deaths on	Tre	M.	F-0.0000	1.0
	r 08.	E.	2 26.5 36.9 22.0 11.5 11.5 11.5 11.5 12.5 23.0 13.5 11.5 11.5 11.5 11.5 11.5 11.5 11.5	10.3
ntage	Deaths or verage No Resident,	Dr.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	8.6
ercei	Deaths on Average Nos Resident,	W.	# # # # # # # # # # # # # # # # # # #	-
- G	S. A	T.	00884	20
Percentage of Percentage of	Recoveries on Admissions.	F	[항상 등 경 · · · · · · · · · · · · · · · · · ·	36 140-4:88-3 11-1
reen	cove	-	88888	1 40
		M.	01-15 0 00 01-15 0 00 01-15 0 00 01-15 0 00 01-15 0 00 01-15 0 00 01-15 0 00	
- Proposition	t,	T.	8850 644 7 1875 8 25 25 25 25 25 25 25 25 25 25 25 25 25	9.908
A votence Number	Resident.	F.	2 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	410.3
Avore	Avera	M.	112-5 835-2-2-35 836-8-8-35 836-8-8-35 836-8-8-35 836-8-8-35 836-8-8-35 836-8-8-35 836-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-8-	396-1
		T.	2884 252 252 253 253 253 253 253 253 253 253	807.2
Remaining	Dec. 31.	표.	884 884 884 884 884 884 884 884 884 884	E
à		M.	5 2 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	1.968
		T.	511 52 8 8 8	1088
	Died.	64°	128 4 8 8	825
	-	M.	\$ 12 d 8 8	815 1721 1976 1825 3801
-1	-	F.	14588	721
	Not Improved.	2.	25 25 2 E	815
	Frmp	M.	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	906
d.		T.	110e 631 632 54	
Discharged,	Relieved.	1.	8812812	1564
Disc	Rei	M.	83232	919 2
	d.	T.	28825	080
	Recovered.	F.	25552	1989
	Reco	M. 1	88883	112 35
		T.	\$382 \$382 \$317 \$300 \$300	16088 2712 3268 5080 1912 2156 4068
	pax .			-
	Admitted	F.	11333	8357
	4	M.	200 1169 106 97	7731
*8	KEVES		1905 11908 11909 11909	Totals and

TABLE IV.—Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the numbers of each Year, for the last forty-six years, remaining on 31st December 1909

1 20	
Remaining of each Year's Admissions. 31st Dec. 1909	5 : 2004 0 1 0 1 0 0 0 0 1 0 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 1 0 0 0 0 1 0 0 0 0 1 0 0 0 0 1 0 0 0 0 1 0 0 0 0 1 0 0 0 0 0 1 0 0 0 0 0 1 0
Remaining each Year Admission Sist Dec. 19	F.: x 0 0 3 4 0 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4
Remai each Admi 31st De	N :000000000000000000000000000000000000
	1. 186 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8
missi Died.	F: : \$2842468824448688884846484844446888
s Adı	H:: %88884468846884688464886444864
each Year's Admissions ber 1909. Not nproved.	+ + + + + + + + + + + + + + + + + + +
of each Yea mber 1909. Not Improved.	平 : :至出日5-558日出2-45-854753-6日48583554488
l of e	7 : : : : : : : : : : : : : : : : : : :
Died Died Dec	H : : : : : : : : : : : : : : : : : : :
ed and D to 31st D Relieved.	F. : : : : : : : : : : : : : : : : : : :
urged to Re	4 : : 8 8 8 8 8 8 8 8 8 8 4 4 8 8 4 4 8 4 4 8 4 8 4 8
ischs ed.	T : \$25.55
Total Discharged and Died of each Ye to 31st December 1909 Recovered. Relieved. Improved	F: : 82888888888888888888888888888888888
To Re	M : : : : : : : : : : : : : : : : : : :
	F.oouoooooooouooouuouo
nd Died.	F. о о о о о о о о о о о о о о о о о о о
red a	Ж. о о о о о о о о о о о о о о о о о о о
charg	F.000000000000000000000000000000000000
ons Discha 909. Not Improved	E ООООООООНОООООООООООООООООООООООООООО
dmissions Discharged and ted in 1909. O. Not Discharged and Improved	×
Admis Died in ved.	Нооооооооооооооооооо
	F.000000000000000000000000000000000000
Yes Re	ж. о о о о о о о о о о о о о о о о о о о
Of each Year's ered. Relie	H
Of ea. Recovered.	Е. о о о о о о о о о о о о о о о о о о о
Rec	Ä
	7. 282 282 282 282 282 282 282 282 282 28
sed sed	7: : \$4221225221235212322222222222222222222222
f. Relapsed Cases.	M: : : : : : : : : : : : : : : : : : :
2	F. : : : : : : : : : : : : : : : : : : :
Admitted. New B	- 1 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2
	1872 1872 1874 1875 1876 1876 1876 1876 1876 1876 1876 1876
YEARS.	1872 1872 1877 1877 1877 1877 1887 1888 1888
YE	1813
	1813 to 1832 1832 to 1864 1864 to 1872* 1874 1875 1876 1877 1880 1880 1881 1883 1884 1891 1894 1896 1896 1896 1897 1898 1898 1898 1898 1898 1896 1897 1897 1898 1898 1898 1899 1900 1900 1900 1900 1900

Continued on next page.

100	908.	11.1.188 888 11.1.188 888 11.1.188 11.188	747	752	1
Remaining o	isric bec.1	7.428.42.65 4.45 4.45 4.45 4.45 4.45 4.45 4.45 4	385	388	
Remaining of	Admissions, 31st Dec. 1909	H. 8 2 2 1 1 2 8 8 8 8 8 8 8 9 1 1 1 6 9 1 1 1 6 9 1 1 1 1 1 1 1 1 1	362	364	
		F. 26 26 25 25 25 25 25 25 25 25 25 25 25 25 25	3604	1:	
nissi	Died.	F. 488881 %	1746	:	
Adn	_	N. # 4 4 4 4 8 2 2 ∞	1858	:	Ľ
Total Discharged and Died of each Year's Admission. to 31st December 1909.	.p.g	F. # 5 # 5 # 5 # 5 # 5 # 5 # 5 # 5 # 5 #	708 1605 1858 1746 3604	:	1
ch Y	Not Improved.	F.822288 x x	768	1:	-
and Died of each Ye 31st December 1909.	Imj	118884.888.	887	:	1
Dece	70	11111111111111111111111111111111111111	4097	:	-
alst I	Relieved.	F.55 25 25 25 25 25 25 25 25 25 25 25 25 2	8917	:	
ged :	Re	M.824288250	1929	1	9
char	d.	11242528242 12 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3085	:	Contract of the Contract of th
Dis	Recovered.	7.8888481	290	1	1
Tota	Reco	103 3 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	2745 3290 6035 1929 2168 4097	:	1.
		1.804981491	62	:	1
~	Died.	Ж.оон40040	56	-	
d and	Q	80000000000000000000000000000000000000	36	:	-
arge	rei	F.0-1-1-25-51	56	:	1
Sisch	Not Improved.	F.004091010	14	:	-
Admission Discharged and Died in 1909.	Imp	70101010.W	12	:	
d in		F.000000-758	54	:	-
	ieved.	F.00110055	37	:	
Year	Reliev	.0010400	17	:	-
Of each Year's	4	F. 1 03 03 05 05 12	49	:	
010	Recovered.	T.1.02.02.4.81	453	:	
	Reco	N. 000000000000000000000000000000000000	24	:	
		1. 451 451 3317 200 200 200	5435 5580 2296 2777 16088	21672	
	sed s.	38 38 38 38 38 38 38 38 38 38 38 38 38 3	2777	:	
	Relapsed Cases.	822222223.W	2296	:	
tted		74 1154 1158 1158 1158 1158 1158 1158 115	0899	:	
Admitted	New Cases.	M. 1647 1144 1115 1116 772 611 611	5435	:	
	YEARS.	1908 1908 1908 1908	Totalst	Totals ‡	

* For particulars see Report for 1894.

+ Numbers for Forty-six Years.

; Since Opening of Asylum.

25.4 25.4 4.7 4.7 4.7

39.4 25.9 20.9 4.6

25.0 25.0 24.0 4.7

:::::

:::::

:::::

:::::

Percencage of Cases Recovered
Relieved ...
Not Improved
Died
Remaining

TABLE V .- Showing the Causes of Death during the

		CAU	SE C	OF DEA	TH.	-				an nd 20.	er	uı	ander			er	u	at nd: 35.	er
						-			M	F	Т	M	F	r	I F	T	M	F	T
	CEREBRAL AND NER	vous	Dise	ASES.											1				
1	General Faralysis						 		1					1		1			
2	Cerebra, memorrhage						 												
3	Cerebral Embo.ism						 												
4	Exhaustion from Deli			nity			 												2
5	Epitepsy						 												
	THORACIC DISEASES.																		
	Phthisis Pulmonalis						 			18	0.1			. 1		1	1		1
3							 												
,	Gangrene of Lung			**		* *	 **												
)	Organic Heart Disease Aneurism of Aorta					**	 	**											
	WE THE THE PARTY OF THE PARTY O						 			•									
-																			
1									18										
	GENERAL DISEASES.											-							
	Erysipelas						 			003									
	Acute Cystitis and Py	elitis					 ::									1000	7.6		
	Bright's Disease						 										1		1
	Carcinoma																		
1	Suicide by Cut-throat					**	 												
1	Senite Decay	2.5					 	**											
1				TOTAL			 							. 2	-	2	2	2	4
				TOTAL			 					-		2			2	2 2	2 2 2

^{*} Post mortem examination was done in 17 Males cases and 13 Females cases

Year 1909, together with the Ages at Death.

	u	ad add 40.	er	111	ande		u		er	50 u		er	u		er	u		er	u		er	u		er	u	ar ide 80	r	u) ar nde 85.	er	u	ar nde	er	Т	от.	ALS
	М_	F	T	м	F	Т	М	F	Т	М	F	Т	м	F	Т	м	F	Т	М	F	Т	M	F	Т	м	F	T	M	F	Т	М	F	T	M	F	Т
1 2 3 4. 5																1			1		1													1	100	15 4 1 2 1
6 7 8 9 10 11 12		1 1	1 1	1	1	1		1	1	1	2		···	1	1	1 1		1	ï	1	2		i	···		22	2 : :01 :							3 4 1	1 7	7 1 1 3 11 1
13 14 15 16 17 18 19							1		1	1	1	1 1				 1		··· ··· 1	: : : :	 1	1 2	1		1		1	1 1			1		 1		1 1 1 1 3	2	1 1 1 3 1 6

TABLE VI.—Showing the Length of Residence in those Discharged Recovered, and in those who have Died, during the Year 1909.

LENGTH OF RESIDENCE.	R	lecovered	l.		Died.	
DENGTH OF TEESTIMENCE.	М.	F.	T.	M.	F.	T.
Under 1 Month	0	0	0	3	6	9
From 1 to 3 Months	7	6	13	2	1	3
" 3 to 6 "	8	4	12	3	3	6
" 6 to 9 "	3	9	12	2	0	2
" 9 to 12 "	2	6	8	3	0	3
" 1 to 2 Years	4	10	14	10	4	14
" 2 to 3 "	0	1	1	4	4	8
" 3 to 5 "	0	4	4	5	2	7
" 5 to 7 "	0	2	2	2	0	2
" 7 to 9 "	0	0	0	0	1	1
" 9 to 11 "	0	0	0	0	1	1
" 11 to 13 "	0	0	0	0	1	1
" 13 to 15 "	0	1	1	0	0	0
" 15 to 17 "	0	0	0	0	1	1
" 23 to 25 "	0	0	0	1	1	2
" 27 to 29 "	0	0	0	0	1	1
" 35 to 37 "	0	0	0	1	0	1
Total	24	43	67	36	26	62

TABLE VII.

Showing the Duration of the Disorder on Admission in the Admissions, Discharges, and Deaths during the Year 1909.

					T	THE DISCHARGES.	CHARGE	53				
CLASS.	THE	The Admissions.	HONS.	R	Recovered.	.pq.	Remo	Removed Relieved or otherwise.	lieved ise.	TH	Тик Dкатив.	HS.
	M.	F.	T.	M.	E.	T.	M.	E.	T.	M.	F.	H
First Attack, and within Three Months on Admission	41	53	87	<u>c1</u>	22		6	11	56	12	1~	19
Second Class. First Attack, above Three, and within Twelve Months on Admission	7	16	23	60	4	1-	6.0	6	12	9	10	=
There Class. Not First Attack, and within Twelve Months on Admission	10	19	29	1-	13	20	4	11	15	63	9	6
FOURTH CLASS. First Attack or not, but of more than Twelve Months on Admission	80	34	19	ÇI	10	1-	1	14	25	15	∞	62
Fifth Class	00	0	co	0	0	0	o1	0	CT CT	0	0	0
TOTAL	26	112	209	24	43	67	29	51	80	36	26	62

TABLE VIII.—Showing in Quinquennial Periods the Ages of those Admitted, Recovered, and Died during the Year 1909.

AGES.	THE	THE ADMISSIONS.	ONS.	M	RECOVERED.	D.	1	Тне Dеатне.	ź
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Years	0	0	0	0	0	0	0	0	0
,,	0	7	_	0	0	0	0	0	0
	0	0	0	0	7	_	0	0	0
	4		14	1	9	1	0	0	0
			27	4	1	11	67	0	c1
	15		30	4	5	6	67	2	4
		16	29	5	5	10	3	3	9
	8	18	26	-	9	1	9	22	00
	6	6	18	4	4	00	က	2	5
55	9	14	20	67	ಣ	50	5	4	6
	_	5	12	1	67	00	67	1	3
	6	5	14	2	4	9	4	0	4
	1-	9	13	0	0	0	9	00	6
	63	0	C3	0	0	0	7	2	3
	0		_	0	0	0	0	9	9
	-	0	1	0	0	0	1	0	_
	-	0	7	0	0	0	1	0	-
	0	0	0	0	0	0	0	-	1
	0	0	0	0	0	0	0	0	0
:	16	112	209	24	43	19	36	26	62
Mean Age	44.0	41.0	42.3	40.0	38.2	51.9	52.3	58.0	54.5
	-	-	1	-	1	-	-	-	-

TABLE IX.

Showing the Condition as to Marriage, on Admission, in the Admissions, Recoveries, and Deaths, during the Year 1909, and of Patients Resident, December 31, 1909.

Condition in Re		e to	The A	Admis	sions.		Discha		The	e Deat	hs.	R	Patient Lesider 2. 31, 1	nt
			М.	F.	T.	М.	F.	T.	М.	F.	T.	М.	F.	T.
Single			47	66	113	9	28	37	14	17	31	263	230	493
Married			42	33	75	13	9	22	20	6	26	92	116	208
Widowed		***	8	13	21	2	6	8	2	3	5	9	41	50
Unknown	***		0	0	0	0	0	0	0	0	0	0	1]
Total			97	112	209	24	43	67	36	26	62	364	398	75

TABLE X.—Showing the Probable Causes of Insanity in the Patients
Admitted during the Year 1909.

			Nt	MBE				Assic			EACH		
			Adn	nission	ns—M:	ales, 9	7; Fe	males	, 112;	Total	, 209		
Causes of Insanity.			edisporause.*	sing		excitir ause.	ng	or (wh	edispo exciti ere th id not nguish	ese be	2	l'otal	.†
		М	F	Т	М	F	Т	М	F	Т	М	F	Т
MENTAL and MORAL :-													
Mental anxiety and worry		0	0	0	5	5	10	0	0	0	5	5	10
Mental shock		0	0	0	1	4	5	0	0	0	1	4	5
Overwork		0	0	0	1	4	5	0	0	0	1	4	5
	rink	3	0	3	16	11	27	0	0	0	19	11	30
Abuse of Drugs		0	0	0	1	1	2	0	0	0	1	1	2
Influenza	+++	1	0	1	2	2	4	0	0	0	3	2	5
Cerebro-spinal Meningitis	***	1	0	1	0	0	0	0	0	0	1	0	1
Appendicitis	***	0	0	0	1 0	0	1	0	0	0	1	0	8
Syphilis	***	8	0	8		0	0	0	0	0	8 5	4	9
Epilepsy	***	4	2	6	1 5	2 2	3 7	0	0	0	5		7
Gross Brain Disease Sunstroke	***	0	0	0	1	0	1	0	0	0	1	2 0	1
Theresalism	***	0	0	1	1	2	3	0	0	0	0	9	4
The book by the	***	0	0	0	0	2	2	0	0	0	2 0	2 4	2
Privation Puberty and Adolescence	***	1	1	2	6	3	9	0	0	0		1	11
Menstruation		0	0	0	0	1	1	0	0	0	7	1	1
Childbirth		0	0	0	0	7	7	0	0	0	0	7	7
Climacteric		0	1	1	0	8	8	0	0	ő	0	7 9	9
Senility		5	3	8	3	4	7	0	0	0	8	7	15
(direc		5	10	15	0	0	0	0	0	0	5	10	
Hereditary influences colla	teral	14	16	30	0	0	0	0	0	0	14	16	
(both		5	10	15	0	0	0	0	0	0	5	10	
Previous attacks	***	36	34	70	0	0	0	0	0	0	36		
Congenital		2	0	2	0	0	0	0	0	0	2		100000
Unknown		33	52	85	47	50	97	0	0	0	47	52	99

^{*} With reference to the distinction between "predisposing" and "exciting" causes, it must be understoo that no single cause is enumerated as both predisposing and exciting in the case of any individual patient.

[†] The figures in the Total column represent the entire number of instances in which the several cause (either alone or in combination with others) were stated to have produced the mental disorder. The excess of the aggregate of such causes over the number of patients admitted is owing to combinations of causes.

TABLE XI.—Showing the form of Mental Disorder on Admission, in the Admissions, Recoveries and

	700	Desertes of	oreo	T leng T	1000.				-				
FORM OF MENTAL	DISORDER.				Adr	Admissions.	ns.	Rec	Recoveries.	50	А	Deaths.	
					M.	F.	T.	M.	E.	T.	M.	三	T.
Melancholia—													
Simple	::	:	:		11	14	25	co	16	1.9	571	,	00
Sub-acute (Delusional)	:	:	:	:	0	14	13	4		14	G1	10	1
Acute (Agitated)	-	:	:	:	00	œ	Ξ	0			0	0	0
Mania—													
Simple	:		:	:	_	_	00.	G7	1-	6:	00	+	-1
Sub-acute (Delusional)	::	:	:	:	00	1-	10	-	0	_	00	0.7	50
Acute	:	:	:	::	C1	4	9	00	9	6	_	00	4
Delirious Insanity-												7	
Mild	***	* ***	:		20	-	12		0	-	1	67	00
Sub-acute	***	:	:	:	10	-1		4	0	4	-	0	_
Acute	***		:	:	00	ಣ		_	0	_	0		_
Systematised Delusional Insanit	A2	***	:	::	=	20		0	_	_	0	_	-
Primary Mental Deterioration	(Dementia	Præcox	(x)	:	13	6		4	G1	9	0	0	0
General Paralysis of the Insane		:	:	:	14	0	14	-	0	,	15	G7	1-1
Dementia	::	:	:	:	1.5	-	13	0	0	0	00	0	co
" Apathetic	::	:	::	:	0	4	4	0	0	0	0	0	0
		:	:	:	_	00	4	0	0	0	5	4	6
" Delusional	::	:	:	:	0	্য	© 1	0	0	0	0	0	0
	:	:	:	***	0	-	_	0	0	0	0	0	0
enital or Infantile Mental	Deficiency		:	:	00	-	4	0	0	0	0	0	0
					1	1	1	1		100	100	100	100
	Total	:	:	:	97	112	500	57	43	2.9	36	56	61
					-				-				-

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1909.

MALES.		MALES—Continued.	
Accountants	 2	Brought Forward	7
Artist	1	Soldiers	
Bank Clerk	1	Stationer	
Banker	1	Students	
Bleacher	1	Sugar Planter	
Carpenter	1	Surveyor	
Chef	1	Tailor	100
Chemist	1	Watchmaker	1
Clergymen	2	No Occupation	1
Clerks	8	*	
Coachman	1		
Commercial Travel	2	Total	(
Commission Agent	 1		
Cooper	1		
Customs Officer	1		
Dairymen	2		
Dentist	1		
Draper	1	FEMALES.	
Engineers	3		
Factor	1		
Farmers	2	Caretaker	
Gardeners	 2	Clerkesses	
Grocer	 1	Domestic Servants	
House-painters	2	Dressmaker	
Ironmonger	 1	Factory-workers	
Iron-plater	 1	Governesses	
Joiners	3	Housekeepers	
Labourers	10	Housewives	. 4
Lawyers	4	Lady's Maids	
Mattress-maker	1	Laundress	
Merchants	5	Milliner	
Photo Dealer	1	Millworker	
Physicians	2	Nurse	
Plumbers	2 2 2	Shopwoman	
Porters	2	Student	
Postal Servant		Teachers	
Printers	2	Warehouse-girl	
Seamen	2	No Occupation	1
Carry forward	77	Total	1

TABLE XIII.

State of Bodily Health and Condition of those Admitted.

	Males.	Females.	TOTAL
In Average Health and Condition In Indifferent Health and Reduced Condi-	21	27	48
tion	69	75	144
In Bad Health and very Exhausted Condition	7	10	17
TOTAL	97	112	209

TABLE XIV.

Admissions, Discharges, and Deaths of each Month.

	Ad	lmissi	ons.	Di	schar	ges.]	Deaths	i.
	M.	F.	Т.	M.	F.	T.	M.	F.	T.
January	 11	8	19	1	2	3	3	4	7
February	 5	2	7	6	10	16	5	2	7
March	 9	15	24	6	7	13	5	2	7
April	 8	10	18	7	10	17	2	1	3
May	 8	13	21	2	6	8	2	3	5
June	 8	7	15	6	14	20	2	3	5
July	 4	10	14	6	4	10	2	1	3
August	 11	9	20	3	11	14	5	2	7
September	 6	12	18	4	8	12	3	0	3
October	 7	14	21	3	8	11	3	5	8
November	 9	4	13	6	7	13	1	1	2
December	 11	8	19	3	7	10	3	2	5
TOTAL	 97	112	209	53	94	147	36	26	62

TABLE XV.

Illustrations of Suicidal Tendency in those Admitted.

				Males.	Females.	TOTAL
Have attempted Su	teide			11	15	26
Have meditated Su	icide	***	***	9	25	34
r	otal Suicidal			20	40	60
Forms of Insanity i	n mhich Suici	de was				
attempted—	re corescire ionico					
Melancholia, S	imple	***		3	5	8
	elusional		***	1	1	2
77	xcited			0	1	
	cute			1	-0	1
	nb-acute	4.4.4	269	1	4	5
Mild Delirious				0	1 0	1
Acute ,, Primary Menta	1 Deterioreti	0.00	***	2	2	4
Mania, Sub-ac			***	ī	0	1
Acuto	ite		**	0	1	î
Imbecility				i	0	î
	Total			11	15	26
Forms of Insanity i	n which Suici	de was				
meditated-						
Melancholia, S	imple			4	3	7
	elusional			0	2	7 2 1
	gitated			0	1	1
	cute		***	1	3 3 1	5 1
	ub-acute	***	***	2	3	5
Delirious Insar		***		0		3
Sub-acute Deli		У		0	3	1
Acute , A. ania, Simple			***	0	1	1
,, Sub-act			***	0	1	1
,, Acute		***	***	0	1	î
Primary Ments				. 0	î	î
Delusional Insa	nity			9	2	4
Systematised I	Delusional Ins	sanity		0	1	1
Excited Senile	Dementia	***	***	0	1	1
	Total		***	9	25	34
Nature of attempts						
Nature of attempts- Cut-Throat				4	1	5
Drowning			***	1	2	3
Precipitation			***	3	5	8
Strangulation				1	3	5 3 8 4 3 1 2
Poisoning	***			i	3 2 0	3
Shooting				1		1
Burning				0	2	2
	Total			11	15	26
	Local		***	11	10	20

TABLE XVI.—Persons Recovered in 1909.

	Males.	Females	TOTAL.
A. Recovered for the first time	19	33	52
(a) Re-admitted, and again Discharged Recovered	0	1	1
(b) Re-admitted, but not again Discharged Recovered	1	2	3
B.* Had made one or more Recoveries in previous years	4	6	10
(a) Re-admitted, and again Dis- charged Recovered	0	0	0
(b) Re-admitted, but not again Discharged Recovered	0	0	0
Number of Persons Recovered	24	42	66
Number of Cases of Recovery	24	43	76

^{*} Of these Persons, 2 Males and 3 Females had made one Previous Recovery; 2 Males and 1 Female two Previous Recoveries; 1 Female three Previous Recoveries; and 1 Female four Previous Recoveries.

REPORTS

OF THE

COMMISSIONERS IN LUNACY.

ROYAL EDINBURGH ASYLUM, 21st, 22nd, 23rd, and 24th June 1909.

There were on the 21st instant 747 patients on the registers of the Asylum. Of these, 13 are voluntary inmates, 442 are private patients, and 292 are paupers. Effect has been given in these figures to the transference of 2 males and 4 females from the private to the pauper list, and of 3 males and 1 female from the pauper to the private list. Twelve patients were absent on statutory probation, 2 were absent on pass, and 9 were resident at the villa at Cockenzie.

The movements in the Asylum population during the interval which has elapsed since the visit made on the 8th December 1908 have been as follows:—61 private and 40 pauper patients have been admitted, 24 private and 19 pauper patients have been discharged recovered, 16 private and 20 pauper patients have been discharged unrecovered, and 16 private and 23 pauper patients have died. The changes among the voluntary boarders have been the admission of 2 gentlemen and 7 ladies, the discharge of 2 gentlemen and 5 ladies, and the death of 1 gentleman and 2 ladies.

The result of these changes is an increase of 3 in the number of private patients, and a decrease of 20 in that of the paupers.

The deaths are registered as due to general paralysis in 12 cases, to cerebral lesions in 5 cases, to senile decay in 5 cases, to cardiac disease in 4 cases, to pulmonary tuberculosis in 4 cases, to pneumonia in 3 cases, and to cancer, influenza, Bright's

disease, fracture of the base of the skull, exhaustion from acute delirious insanity, and suicide by cut throat, each in 1 case. In 17 instances, or in the low proportion of 43.5 per cent. of the deaths, were the causes verified by post-mortem examination.

They refer to the use of restraint in 1 case on four occasions for surgical reasons, and to the seclusion of a patient on account of maniacal and dangerous excitement. Six casualties have occurred, 3 involved a fracture of a bone, all accidentally sustained; 1 was an attempt at suicide by cut throat, not serious in character; 1 consisted of severe head injuries, the result of the patient's throwing himself from the top of a tram-car; and 1 was a fatal case of cut throat. The circumstances attending this death were fully reported to the Board and the Procurator Fiscal. Four escapes have occurred, 3 of which were permanent.

The number of attendants and nurses engaged since last visit is 33, the number dismissed is 5, and the number resigned is 32.

The distribution of the patients is as follows:—215 in Craig House and its adjoining villas, and 532 in the West House. Of the latter, 157 pay the intermediate rate of board, 82 the lower rate, and 293 are paupers. A gratifying feature in the statistics of the Asylum during recent years is the increase in the number of patients paying the intermediate and lowest rates of board—two classes of patients for whose accommodation the Asylum was mainly instituted. Since last visit 23 have been received at the intermediate and 13 at the lowest rate of board.

Various improvements and alterations in the accommodation of both Craig House and the West House have been carried out or are in progress. No. 1 Male Gallery in Craig House has been converted into a ward of a hospital character, it has been divided by a partition into east and west divisions, with four bed-rooms adjoining the east and two the west section. A new door on the south side gives access to the gardens, and in connection with this ward it has been resolved to erect a verandah capable of holding six or eight beds, so as to permit of the open-air bed treatment. A storey has been added to the Ladies' Hospital to accommodate senile cases, and a

verandah has been erected having sufficient space for six beds. The bowling alley is being converted into mess and recreation rooms for the attendants. At the West House, No. 6 Female Gallery has been, by necessary and useful alterations, made into a hospital ward. It appears to be very complete in all its arrangements for the care and effective supervision of the sick and newly admitted patients. The corresponding gallery on the male side has been similarly altered and improved, and is ready for occupation. The day-room in No. 1 Female Gallery is now utilised as a mess-room for nurses, and No 3 Gallery is in process of being made into a home for nurses. The eastern section of the male separate house is about to be used as quarters for attendants, and a section of the female separate house now accommodates the convalescent intermediate patients. The Mortuary is to be reconstructed, and when completed will be a desirable improvement, as it has not been a satisfactory department in the past. The Research Laboratory has been enlarged and thoroughly equipped, and it was evident during the visit that scientific investigations of an important character are being actually carried on by the Resident Pathologist.

The various classes of patients were found well cared for and liberally provided for in every way. Their behaviour was for the most part quiet and orderly; only a few appealed for discharge, and no complaint of a reasonable character was made. The dinners seen during the visit were excellent and abundant, and in every case in which the opinion of an inmate was elicited it was confirmatory of this view. Thirty-three patients were confined to bed, 11 on account of mental symptoms, 13 from bodily illness, and 9 on account of the infirmities of old age. The treatment of these patients is characterised by marked ability and kindly consideration. Eight patients are on parole beyond the grounds, and 119 have the privilege of parole within the grounds. The number who attend Divine Service is 374, and the number who are present at associated entertainments is 257.

The number registered as daily engaged in useful work is 162 males and 235 females. Ninety-seven men, of whom 12 are from Craig House, are actively employed in keeping the garden, grounds, and golf links in order. The management of the Asylum is conducted with great energy and ability. All sections of the establishment, except those at present in process of alteration, were found in admirable order, and the provision for the comfort of the patients is highly satisfactory.

The books and registers were examined and found to be accurately and regularly kept.

JOHN FRASER, Commissioner in Lunacy. ROYAL EDINBURGH ASYLUM, 22nd, 23rd, and 24th November 1909.

THERE are 746 patients on the registers of the Asylum, of whom 731 are certificated and 15 are voluntary inmates.

Of those under certificates, 441 are private, and 290 are pauper patients. Craig House contains 220 private patients paying the higher rates of board, and the West House contains 526 patients, of whom 236 are private patients paying the intermediate and lower rates of board, and 290 are paupers. The pauper patients are chargeable as follows: 130 to Leith, 113 to Edinburgh, 45 to Orkney, and 2 to other parishes. During a three days' visit to the Asylum all the resident patients were seen, numbering 726. The remaining patients, who were not seen, are accounted for as follows: 11 were absent on statutory probation, 7 were at the seaside house at Cockenzie, and 2 were out on pass.

Since the Asylum was last visited, on the 21st June of the present year, 81 patients—43 private and 38 pauper—have been admitted; 61 have been discharged, of whom 23 had recovered; and 23 have died. The assigned causes of death are inflammatory affections of the lungs (excluding phthisis), 7 cases; general paralysis, 6 cases; senile and gross degenerations of the brain, 4 cases; heart disease, 3 cases; and cancer, nephritis, and phthisis, 1 case each. Post-mortem examinations were made in 12 instances only. This is a smaller proportion than is considered advisable, but as 13 out of the 23 deaths were in the cases of private patients, allowance must be made for the difficulty of obtaining the consent of the relatives.

Of the voluntary patients, 8 have been admitted and 6 have left since the previous visit.

The Register of Accidents contains 3 entries referring to (1) the fracture of the bones of the hand in a male attendant, the result of an assault by a patient; (2) the fracture of 2 ribs in a male patient, caused by an assault committed by a fellow-patient; and (3) a fracture of the femur in a female patient, caused by accidentally falling.

The Register of Restraint and Seclusion contains 15 entries referring to the mechanical restraint of a male patient for surgical purposes. About 55 per cent. of the patients of all

classes were usefully working at the time of the visit, and about 44 per cent. were unemployed because of mental or bodily disease or infirmity. Among those employed, it is important to note, were a considerable number of the ladies and gentlemen at Craig House. Fifty-five patients were confined to bed—30 for the treatment of mental symptoms, 19 for bodily illness, and 6 because of senility or infirmity.

The impression formed as a result of the visit is that the Institution is being very actively and successfully managed, and that every endeavour is being made, both by means of minor structural alterations and by means of administrative changes, to make it as efficient as possible for the welfare, comfort, and care of the patients.

Of the many important changes which have been made during the past year, the three following are selected for notice. At the West House the two wards on the ground floor in the south wings of the building have been converted into hospitals. The Male Hospital contains 40 beds, and is under the charge of an assistant matron, assisted by 5 nurses and a male attendant. The Female Hospital contains 42 beds, and is under the charge of an assistant matron, assisted by 6 nurses. These hospital wards are commodious and well lighted; being on the ground floor they possess easy access to the open air, their situation is central, and their proximity to the entrancedoor is an advantage in the case of newly admitted patients. It is proposed to erect shelters or verandahs for the open-air treatment of patients.

At Craig House a verandah has been erected in front of the Ladies' Hospital. Not only does it afford the valuable opportunity of treating the patients in bed in the open air, but it also gives a much-needed relief to the hospital wards during the day time.

The Mortuary at the West House has been entirely remodelled and reconstructed. It consists in its renewed form of a post-mortem room, a room for the reception of the dead, a room where the friends can view the bodies of their deceased relatives, and a room for holding services in connection with funerals. The interiors of these rooms have been tastefully decorated, and a dado of white tiles adds effectively to their appearance. The whole department is complete and impressive.

and in many respects surpasses any similar department of the kind in the country. In effecting this important improvement, the Managers have, by showing their respect for the dead, indirectly advanced the interests of the great number of patients who from year to year pass under their care.

As a whole, the patients in the various divisions of the Asylum were orderly and contented, and had their wants adequately attended to. A good many appealed for release, and, as far as possible, these were given every opportunity of making such statements as they desired. On other matters complaints were remarkably few. One man in the West House complained that his bed-room was cold. At the time of the visit the temperature was unusually low, and the methods for artifically heating the dormitories and single rooms were inadequate. The question is one to which it is desirable to direct the attention of the Managers.

The staff of nurses and attendants at present numbers about 160 individuals. Of that number, 25 persons left the service since last visit, and 32 have been engaged.

The books and registers were examined and found correct.

JOHN MACPHERSON,

Commissioner in Lunacy.

ABSTRACT

OF THE

TREASURER'S ACCOUNTS OF INTROMISSIONS

FOR THE YEAR 1909.

CHARGE. I. Arrears of Board, etc., given up in last Account Less—Written off as irrecoverable . . . 18 7 262 13 9 II. Patients' Boards, per Board-books— Males. Females. Quarter ending 31st March 1909 £6,345 16 6 £6,282 16 7 6,306 9 8 Do. do. 30th June 6,325 2 10 6,403 1 10 Do. do. 30th Sept. 6,809 6 8 ,, do. 31st Dec. ,, Do. 7,105 8 6,212 1 3 £26,585 14 9 25,204 9 4 26,585 14 51,790 4 1 Deduct-Repayments of Board for Patients who left the Asylum during 1908 17 16 1 - 51,772 8 III. Accounts due by Patients for Clothes and extraordinary furnishings of various kinds supplied through the Steward and Matrons at the expense of the Institution, and charged against the recipients-Males. Females. Quarter ending 31st March 1909 £521 5 10 £678 10 6 do. 30th June 383 1 2 455 14 1 Do. do. 30th Sept. 439 19 3 482 7 5 22 Do. do. 31st Dec. 409 1 10 511 1 10 £2,127 13 10 £1,753 8 1 1,753 8 1 3,881 1 11 IV. Price of Pigs and Sundries disposed of-Received for Pigs Sold . 709 16 10 Do. for Pigs' meat, old iron, &c., sold . 833 - 11 60 14 -V. Rents of Grass Parks, &c. . VI. Seat Rents in St Cuthbert's Church . 5 14 3 VII. Price of Clothing supplied to Pauper Patients leaving the Institution during 1909 VIII. Balance of Account at 31st December 1908 1,281 16 9

Amount of the Charge

£58,099 17 -

DISCHARGE.

			Craig I	Ious	e.	West I	Ious	e.	Total	L.	
I.	Expense of	of Provisions	£ 7,806		d. 11	£ 5,873		d. 6	£ 13,679	s. 18	d. 5
II.	Ďо.	Clothing, Bedding,	.,								
		Napery, &c.	512		2	870		3	1,383		5
III.	Do.	Fuel	1,010	3	-	910	6	1	1,920		1
IV.	Do.	Gas Lighting .	195	3	5	399	9	3	594	12	8
V.	Do.	Water and Wash-	15000	3768	32	7/20/20	1 100	12:59	13253	2.33	330
377	-	ing material .	543	10	2	341	8	11	884	19	1
VI.	Do.	Medicines, Surgical Instruments, Dis-									
		infectants, &c.	164	-	6	251	14	2	415	14	8
VII.	Do.		270	4	-	168	18	9	439	2	9
VIII.	Do.	Tobacco and Snuff				129	2	4	129	2	4
IX.	Do.	Buildings, Furnish-							a Windows		
	_	ings, and Repairs	2,787	14	9	2,019	18	-	4,807		9
X.		Garden and Grounds	237	13	5	149	7	8	387		1
		d Parochial Burdens	1,166		8		14		1,684		1
XII.	Interest of	on Loans paid .	1,958	8	-	625		6	2,583	18	6
XIII.	Feu-dutie	s and Stipend	746		2	428		9	1,174		11
		Premiums	78		11		5	1	129		-
		nd Wages	8,646		3	6,594	9	4	15,240		
		eous Payments .	435	19	5	301	_	2	736	19	7
XVII.		paid on behalf of Pa-									
	tients an	d charged against them	3,080	7	2	634	15	-	3,715	2	2
	Ordina	ry Expenditure .	29,641	3	11	20,266	18	2	49,908	2	1
XVIII.	Loans rep	aid							4,100	-	-
XIX.	Arrears of	Board, &c., at 31st De	cember	190	9				421	12	7
XX.	Balance of	f Account at 31st Decer	nber 190	9					3,670	2	4
		Amount of the Dischar	ge equal	to	Cha	arge			£58,099	17	_

EDINBURGH, 28th February 1910.—I have examined the foregoing Account of Charge and Discharge of the Intromissions of the Treasurer of the Royal Edinburgh Asylum for the Insane, for the year from 31st December 1908 to 31st December 1909, together with the Appendices relative thereto, and in connection with the Books of the House Steward and Matrons, and I now beg to report that I have found them to be correctly stated and sufficiently and satisfactorily vouched and instructed.

I have not, however, checked the apportionment of the items of Receipt and Expenditure between New Craig House and West House.

(Signed) JOHN M. HOWDEN, C.A.

ABSTRACT of Ordinary and Extraordinary Receipts and Payments of New Craig House, Old Craig House, South Craig, Bevan Villa and Myreside Cottage.—Year to 31st December 1909.

		ORDINAL	RV B	ECE	TPTS						
1									001 704	10	0
0	Boards								£31,794		2
0	Extra Accounts								3,218	18	-
4.7 .	1 roduce and Simories sold								511		
4.	Rents of Grass Parks .								50	14	
5.	Rents of Grass Parks . Seat Rents in St Cuthbert's	s Church							3	10	0
	0	RDINAR	V D	AXZM	ENTIRE	,			£35,579	9	10
1.	Amount thereof, as stated i						641	3 1	1		
2.	Value of labour performed	by trades	smen.	, assi	sted b	y					
3.	West House patients, for Proportion of £300 addition	nal, as the	e esti	mate	d valu	e	368	18 1	1		
	of pauper labour in keepir	ng the grou	unds,	in te	erms o	f					
	Report by Mr Haldane, C	.A					184	4 10	30,194	77	8
										_	_
	Surplus Ordinary Recei	pts for Ne	w Cr	aig E	Iouse,	etc.	, for	1909	£5,385	2	2
	-	140000				_					
Δ	BSTRACT of ORDINAR	v and E	ETID A	OPDI	NARV	RE	CEIP	TS O	nd Pavi	CEN	me
11.	of the West H									der	10
	of the West H	LOUSE.	I ear	10	0186 .	Dece	moe	r 19	09.		
		ORDINAR	RYR	ECE	IPTS.						
1.	Boards								£19,977	11	10
2	Extra Accounts								662		
3	Extra Accounts Produce and Sundries sold Rent of Railway Siding Seat Rents in St Cuthbert's								321		5
4	Pont of Pailway Siding		•			•			10		
5	Soat Donte in St Cuthhout's	Church							2	4	1
o.	Value of patients' labour a	Church	5 X	Town (Vunia !	Lion			-	*	1
0.	Value of patients' labour p	eriormed	10r r	vew (raig	nou	se, et	с.,	==0	0	9
-	as before (see New Craig l Price of Clothing supplie	House Pay	ment	s z a	na s)			, .	553	3	9
7.	Price of Clothing supplie	ed to Par	uper	Pati	ents	leavi	ng t	he		-	_
	Institution			*				*	- 2	7	5
									£21,529	-	5
	01	RDINAR	Y PA	YM	ENTS						
	Amount thereof, as stated in Twenty-fifth instalment			schar	ge	£20	,266	18	2		
	Fund		. £	2,701	15	1					
	included in No. 1 her			695	10	C.					
	included in No. 1 ner			020	10		,076	4 7			
						- 2	,070	* /	22,343	2	9
	E (0.1: B-		- 0- 1		. D				C014	0	-
	Excess of Ordinary Pay	ments ove	r Ord	inary	Rece	pts			£814	2	4
	EXTR	RAORDIN	ARY	RE	CEIP	TS.					
	Nil						-				
	EXTR	AORDINA	ARY	PAY	MEN	TS.					
	Nil						-	-			

TABULAR VIEW of the Cost of Maintenance per Head of New Craig House, Intermediate, and Pauper Patients for the Year 1909—the numbers being: New Craig House, 209; Intermediates, 161. Patients at the lowest rate of Board, 79; and Paupers, 287.

at the total rate of Board, 10, and	New	Intermediate.	Paupers and others.
	£ s. d.	£ s. d.	£ s. d.
1. Provisions, including extra diets, share	£ s. d.	£ s. d.	Σ 3. α.
of Attendants' provisions and vegetables,			
except in so far as supplied from grounds			
held to be covered by cost of Gardens and	07 7	14 0 5	9 11 9
Grounds No 13	37 7 -	14 9 5	- 1 11
3. Clothing			2 14 11 2
3. Clothing	2 9 1	- 3 1.6	- 3 1.6
5. Fuel (including fuel for electric lighting).	4 16 8	1 14 6.6	1 14 6.6
6. Gas Lighting	- 18 8	- 15 1.9	- 15 1·9 - 12 11·5
8. Medicines and Surgical Apparatus	2 12 - - 15 8	- 12 11·5 - 9 6·6	- 9 6.6
9. Books and Stationery	1 5 10	- 6 5	- 6 5
10. Tobacco and Snuff			- 7 - 7
11. Furnishings and Repairs	13 6 9	5 - 9.8	3 6 - 4
12. Public and Parochial Burdens	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	- 19 7.7	- 19 7·7 - 5 8
13. Expenditure on Gardens and Grounds	1 2 9 3 11 5	- 5 8 - 16 3	- 16 3
15. Fire Insurance	- 7 6	- 1 10.9	- 1 10.9
16. Salaries and Wages	41 7 6	13 12 4.9	12 - 6.2
17. Miscellaneous Payments	2 1 8	- 11 5	- 11 5
18. Value of labour performed by tradesmen and patients for New Craig House and			
Intermediates	2 12 11	1 3 -	
19. Instalment to Sinking Fund, as sanctioned			
by the Court		5 2 6.4	5 2 6.4
20. Interest on New Craig House Debt	9 7 5		
Deduct— 1. From New Craig House, &c.—	129 14 6	46 4 9.9	40 1 4.7
(1.) Price of Pigs and Sundries sold .)	120 11 0	10 1 50	20 1 11
(2.) Rents of Grass Parks	2 14 1		
(3.) Seat Rents in St Cuthbert's Church			
2. From Paupers— (1.) Price of Pigs, etc., sold, in-			
cluding Rent of Siding 12 8			
(2.) Value of labour performed by			
paupers for New Craig House		100	
and Intermediate patients . 2 - 3.9 3. From Intermediates—			2 12 11.9
Price of Pigs, etc., sold, including			
Rent, as above		- 12 8	
Cost per head during 1909	127 - 5	45 12 1.9	37 8 4.8
The average number of Patients, Officers, and D	omestics dur	ing the Year	ending
31st December 1908 was			. 965
Do. do. do.	31st Decen	mber 1909 .	. 968
Increase in 1909			
			3
The Cost of Provisions per head during the Year			
Do. do. do.	31st Decei	mber 1909 wa	s 14 2 7
Decrease in 1909		-	£1 14 3
200000000000000000000000000000000000000			21 14 0

STATE of DEBT due by Craig House Division, of the Burgh Asylum for the Insane, as at 31st December			N-
Amount thereof	£63,800	-	-
	11,126	18	8
	£52,673	1	4
STATE of FINANCES of New Craig House for 1 Profit for year 1909, as be fore(including Balance from previous year) Do. do. on Intermediates	£5,583	1 9	2 1
	E 777	10	-
Deduct-Reduction of Debt during year	5,777 5,439		-
Arrears of Board, etc., at close of this Account . £421 12 7 Less Balance of do. at 31st December 1884, when the indebtedness of the West House was fixed by the Court, under deduction of arrears	338	8	3
of Board written off 83 4 4	£338	8	3
STATE of DEBT due by the West House of the Royal ASYLUM FOR THE INSANE, as at 31st December 1		URC	H
Amount thereof	£17,506	16	4

STATE showing the Operation of the Sinking Fund during 1909, and contrasting the amount of the Actual Debt at the close of that Year with the Debt as estimated by the late Mr James Martin, C.A., in his Report on the Creation of a Sinking Fund.

Estimated Debt	WEST HOUSE.	Actual I	ebt.
£ s. d 14,162 19 3	Amount of Debt at 31st December 1908 Add —	£ 18,555	s. d. 19 11
566 10 4	1. One year's interest to 31st Dec. 1909 £625 10 6 2. West House arrears written off as		
	irrecoverable		
	4. Front on Intermediates 194 9 1	1,652	11 6
14,729 9 7		20,208	11 5
2,701 15 1	Deduct— (1) Twenty-fifth Instalment to Sinking Fund .	2,701	15 1
12,027 14 6		17,506	16 4

ABSTRACT

OF THE

TREASURER'S INTROMISSIONS

WITH THE

FUNDS ADMINISTERED BY THE CHARITY COMMITTEE FOR THE YEAR 1909.

CHARGE.

CHAMGE.						
I. Balance at close of last Account				£155	9	11
II. Revenue received during the year				318	15	4
III. Donations received from the following :-						
Sheriff Lees, K.C., 4 Darnaway Street	£-	5	-			
James Heron, Esq., 3 Merchiston Avenue .	-	10	-			
Mrs. J. T. Connell, Lyndhurst, Murrayfield .	-	2	6			
Mrs. Joseph Smith, 46 Cluny Gardens	-	5	-			
Mrs. Nita W. Tod, Clerwood, Corstorphine .	1	1	-			
Miss E. C. Wright, 9 Merchiston Bank Gardens	-	5	-			
Miss Ritchie, 45 Mayfield Road	art	5	-			
Sir James A. Russell, LL.D., Woodville, Canaan						
Lane	1	1	-			
John Thomson, Esq., M.D., 14 Coates Crescent.	-	5	-			
Miss Ellen S. Saunders, 56 North Castle Street .	-	5	-			
Mr. and Mrs. Turnbull, 18 Whitehouse Loan .	1	1	_			
Miss Margaret Nairn, 29 Abercromby Place .	-	5	-			
Colonel Leven, 26 Saxe-Coburg Place	-	5	-			
Alexander Melvin, Esq., 4 Savile Terrace .	-	5	-			
Miss Wilson, 74 Polwarth Terrace	-	2	6			
Thomas Stewart, Esq., 48 Palmerston Place .	-	10	-			
J Stewart Clark, Esq., Dreghorn Castle, Colinton	5	_	-			
John R. Findlay, Esq., 27 Drumsheugh Gardens	2	2	_			
Findlay B. Anderson, Esq., 24 St. Andrew Square	2	-	-			
The Misses Shaw, 14 Deanpark Crescent	-	2	6			
	-					
Carry forward	£15	17	6	£474	5	3

Brought forward	£15	17	6	£474	5	3
H. B. Finlay, Esq., 15 Strathearn Place	-	10	-			
W. R. Morrison, 6 Waterloo Place	-	5	-			
Mrs. S. R. Turnbull, 2 Corrennie Gardens .	-	5	-			
Miss Leishman, 4 Douglas Crescent	-	5	-			
Mr. and Mrs. R. W. Armour, Kildonan, 27						
Craigmillar Park ,	-	5	-			
The Misses Fleming, 9 Atholl Crescent	1	-	-			
Mrs. Janet Wilson, 12 Corrennie Drive	-	2	6			
T. S. Clouston, Esq., M.D., LL.D., 26 Heriot Row	1	1	-			
F. C. Thomson, Esq., Advocate, 5 Northumber-						
land Street	-	5				
Mr. and Mrs. Stark, Hawksland, Suffolk Road .	-	2	6			
Wm. C. M'Ewen, Esq., W.S., 9 Douglas Crescent	-	10	-			
Mrs. E. C. Fairweather, 2 Gillsland Road .	-	2	6			
		_				
	£20	11	-			
Add:—Charity Organisation Society—						
Sum allocated from unappropriated						
Funds of Society	5	-	-			
				25	11	-
				-		-
				£499	16	3
			-			_
DISCHARGE.						
I. Sums paid to Royal Edinburgh Asylum in relief of	f Par	tion	+0?			
Boards	1 1 4	nen	ua	£364	10	10
II. Expense of Management, etc						4
III. Balance due by Treasurer at 31st December 1909 .				123	4	1
111. Balance due by Treasurer at 51st December 1505.				120	*	
				£499	16	3
				2100		_
STATE OF FUNDS AT 31st DECEMBI	ER 19	909.				
				00 000		
I. Sum in Bond and Disposition in Security over Asylum	prop	erty	y		4	1
II. Balance due by Treasurer, as above	9			123	4	1
						-
				£9 793	4	1
				£9,723	4	1

EDINBURGH, 28th February 1910.—I have examined the foregoing Account, and the appended State of Funds, and having checked them in connection with the Vouchers and Instructions, find them to be correctly stated and sufficiently vouched and instructed—the balance due by the Treasurer at 31st December 1909 being £123, 4s. 1d.

(Signed) JOHN M. HOWDEN, C.A.

ABSTRACT

OF THE

TREASURER'S INTROMISSIONS

WITH THE

FUNDS BEQUEATHED BY THE LATE MRS BEVAN FOR THE YEAR 1909.

	CHARGE.			
I.	Balance of uninvested funds at close of last Account	£15	13	8
II.	Revenue received during the year	412	18	3
		£428	11	11
	DISCHARGE.			
I.	Balance due to Treasurer at close of last Account	£82	2	5
II.	Payments made to Royal Edinburgh Asylum for the Insane in			
	relief of Patients' Boards during the year	448	12	1
III.	Expense of Management	15	4	6
		545	19	
	Deduct Balance due to Treasurer at 31st December 1909	117		
		C400	3.3	7.1
		£428	11	11
	STATE OF FUNDS AT 31st DECEMBER 1909.			
I.	Amount lent to Royal Edinburgh Asylum for the Insane .	£12,700	_	-
II.	Balance due to Treasurer as above	117	7	1
		£12,582	10	11
		212,002	12	11
appo tion bala	ended State of Funds, and having compared them with the Vouchers, find them to be correctly stated and sufficiently vouched and in the due to the Treasurer at 31st December 1909 being ade up thus: - Revenue—Balance due to Treasurer . £133 - Capital—Balance due by Treasurer . 15 13	rs and Instructe . £117	nstr d— 7	the

NURSING CERTIFICATE

OF THE

MEDICO-PSYCHOLOGICAL ASSOCIATION.

The following Nurses have obtained the Certificate for Proficiency in Mental Nursing, granted by the Medico-Psychological Association of Great Britain and Ireland in 1909:—

CRAIG HOUSE.

NURSE MARY NICOL.

- ., MARGARET STUART.
- ., KATE D. DOUGAL.
- .. MARY GRAHAM.

WEST HOUSE.

NURSE M. M. MUIR.

- ,, ALICE HARRISON.
- ., ISABELLA NISBET.

TABLES BY THE STEWARD.

Statement of Work done, with Estimated Value and Actual Cost of Work and Material, at the West House and Craig House, for the Year ending 31st December 1909.

I.—JOINER.

(a.) Estimated Value o	f Wor	k done	at Tra	de Pri	ices—				
Work done for West House		:	:	:	£184 15	9 1	Mat £207 150		1. 6 2
Total Value				٠.	£329 1	1 -	£357	18	8
(b.) Actual Cost of Join	er Wo	ork—							
Material used during year Wages of Joiners .		: -	:	;		:	£357 256	18 1	8 10
Total Cost					•		£614	-	6
	I	I,—P.	AINT	ER.					
(a.) Estimated Value of	f Wor	k done	at Tra	de Pr	ices—				
					Time		Mat	erial	l.
Work done for West House		:	:	:	£193 15 88 17		£156 60	4 9	1 6
Total Value			,		£282 9	9	£216	13	7
(b.) Actual Cost of Pair	nter W	Vork-							
Material used during year		:	:	:	:	:	£216 199	-	7 4
Total Cost							£416	5	11

III.—UPHOLSTERER.

(a.) Estimated Value of	Wor	k done	at Trad	le Pric	es—		
					Time.		Material.
Work done for West House			:		£46 17 56 6	6	£58 19 - 84 19 11
						_	
Total Value				. =	£103 4	_	£143 18 11
(b.) Actual Cost of Uph	olste	ry Wor	k—				
Material used during year Wages of Upholsterer							£143 18 11 85
Total Cost							£228 18 11
		IV.	MASO	N.			
(a.) Estimated Value of	Wo	els done	at Tra	do Pri	008-		
(a.) Estimated value of	. *** 01	rk done	at IIa	ue III	Time.		Material.
Work done for West House		,			£47 16	6	£40 11 2
,, ,, Craig House					23 8		17 6 6
Total Value					£71 4	6	£57 17 8
(b.) Actual Cost of Mas	on W	ork-					
Material used during year							£57 17 8
Wages of Mason .							72
Total Cost							£129 17 8
	,	V.—P	LITMI	OTED			
(a.) Estimated Value o	f Wo	rk done	e at Tra	ide Pr	ices—		Material.
Work done for West House						10	£148 5 6
,, Craig House					26 6	11	35 10 5
Total Value					£103 12	9	£183 15 11
							-
(b.) Actual Cost of Plu	mber	Work					
Material used during year							£183 15 11
Wages of Plumbers .							86 16 8
Total Cost							£270 12 7

VI.—BLACKSMITH.

, i.—bha	CAL	MILLI	1.		
(a.) Estimated Value of Work done	at Tr	ade Pri	ces-		
(sty roomstood visite of visite dolle			Tim		Material.
Work done for West House				6 -	
,, Craig House			29	8 -	£20 3 3 2 8 -
,, orang mouse			20		
Total Value			£137 1	4 -	£22 11 3
		-			
(b.) Actual Cost of Blacksmith World	c —				
Material used during year					£22 11 3
Wages of Engineer					82 12 -
and the same of th					
Total Cost	-				£105 3 3
WII D	DIN	man			
VII.—P	RIN	TER.			
(a.) Estimated Value of Work done	at Tes	de Pri	009		
	AC 110	acc 1 11	ces		0100.10
Time	4				£186 12 -
(b.) Actual Cost of Printers' Work-					
Wages					£120 4 -
VIII	TATI	OB			
VIII.—	LAH	LOR.			
(a.) Estimated Value of Work done	at Tre	de Pri	ces		
Making New Clothing-					
57 Tweed Coats at 7s.			£19 1		
53 Tweed Vests at 2s. 9d. 55 Pairs Tweed Trousers at 3s. 9d.		,		5 9	
60 Pairs Corduroy Trousers at 2s. 9d.			10		
246 Pairs Plaiding Drawers (cut) at 2d.				1 -	
81 Plaiding Shirts (cut) at 2d.			- 1		
39 Dowlas Coats at 5s			9 1		
1 Pair Cricketer's Trousers at 3s. 9d.			- :		
2 Check Linen Dresses at 5s			- 10		
4 Dressing Gowns at 5s					
26 Mattress Covers at 1s				6 –	
60 Spring Mattress Covers at 6d.			1 1	6 –	
			-	10000	£62 15 3
Repairing Clothing—					
106 Coats at 1s			£5 (6 -	
188 Vests at 6d			4 1		
1383 Pairs Trousers at 6d			34 1		
Sundries			6 15	2 -	
			-	-	51 3 6
Total Value					£112 19 0
Total value					£113 18 9

Tailor—continued.

(0.		tual Coat of Tuil	anima					
		tual Cost of Tril	ormg—					ano 10
	Yard	s Tweed .						£38 18 -
1531	,,	Corduroy						10 11 1
405	,,	Plaiding						5 16 3 6 10 2
149	,,	Dowlas						
771	,,	Tweed Lining					10.0	5 16 3 1 1 6
12	2.7		·					
57	,,	Unbleached Co	tton .					- 19 9 - 19 8
361	,,	Black Cotton						- 9 7
151	,,	Black Linen						- 6 6
13	**	Black Canvas Coat Canvas						1 4 -
48 86	,,	Striped Silesia						2 6 7
23	"	Trouser Pocket						- 14 10
135	"	White Pack-sh						3 8 11
31	**	Cricket Shirtin						- 4 10
21	,,,	Cricket Trouse						- 5 -
-2	"	Sundries	ing .					3 7 9
		Wages of Tailo						75
		wages of Lano						10
		Total Cost						£158 - 8
		Total Cost						2100 - 0
			IX.—8	HOE	MAKE	TP		
			14.	311012	MAKE	110.		
(11) Es	timated Value of	f Work d	one at T	rade Pr	rices-		
1000				one we		4000		
		Repairs—						
118 Pa	irs M	Ien's Boots Soled	and Hee	led at 1	s. 4d.			£7 17 4
62 ,,		,, ,, Heele	ed at 4d.					1 - 8
56 ,,			hed at 4d.					- 18 8
16 ,,	T)							
8		Vomen's Boots S			at 1s. 20	i		2 5 -
		", ", Н	eeled at	id	at 1s. 20	i		- 2 8
10 ,,		", ", Н		id	at 1s. 20	i		2 5 - - 2 8 - 3 4
10		" " H	eeled at	id	at 1s. 20	i		- 2 8 - 3 4
10		" " Н	eeled at	id	at 1s. 20	i		- 2 8
10		" " H	eeled at	id	at 1s. 20	i		- 2 8 - 3 4
10		" " H	eeled at	id	at 1s. 20	i		- 2 8 - 3 4
10 ,,		", ", H Pa	eeled at a atched at	4d 4d	at 1s. 2c	i		- 2 8 - 3 4
10 ,, (b.) Ac	", ", H Total Value tual Cost of Sho	eeled at a atched at	4d 4d	at 1s. 2c	1.		- 2 8 - 3 4 £20 7 8
10 ,, (b. Cost of) Ac	", ", H Property of Shorterial .	eeled at atched at	4d 4d	at 1s. 2c	i		- 2 8 - 3 4 £20 7 8
10 ,, (b. Cost of) Ac	", ", H Total Value tual Cost of Sho	eeled at atched at	4d 4d	at 1s. 2c	i		- 2 8 - 3 4 £20 7 8
10 ,, (b. Cost of) Ac	Total Value tual Cost of Shoterial hoemaker (one n	eeled at atched at	4d 4d	at 1s. 2c	i		£14 14 1 6 5 -
10 ,, (b. Cost of) Ac	", ", H Property of Shorterial .	eeled at atched at	4d 4d	at 1s. 2c	i		- 2 8 - 3 4 £20 7 8
10 ,, (b. Cost of) Ac	Total Value tual Cost of Shoterial hoemaker (one n	eeled at atched at	4d 4d	at 1s. 2c	i		£14 14 1 6 5 -
10 ,, (b. Cost of) Ac	Total Value tual Cost of Shoterial hoemaker (one n	eeled at atched at	4d 4d	at 1s. 2c	i		£14 14 1 6 5 -
10 ,, (b. Cost of) Ac	Total Value Total Cost of Sho terial hoemaker (one n	eeled at atched at emaking nonth)	4d			NED C	£14 14 1 6 5 -
10 ,, (b. Cost of) Ac	Total Value Total Cost of Sho terial hoemaker (one n	eeled at atched at	4d			EERS.	£14 14 1 6 5 -
10 ,, (b. Cost of) Ac	Total Value Total Cost of Shoterial hoemaker (one natural Cost	eeled at atched at emaking nonth)	dd	E EN	GINE		£14 14 1 6 5 -
(b. Cost of Wages) Ac f Ma of S	"," "," H "," P: Total Value etual Cost of Sho terial hoemaker (one n Total Cost	eeled at atched at bemaking anonth)	HOUS	E EN	GINE		£14 14 1 6 5 -
(b. Cost of Wages) Acof Mariof S	Total Value Total Value Total Cost of Sho terial hoemaker (one n Total Cost X.—CI (Free timated Value of	eeled at atched a	HOUS	E EN	GINE		£14 14 1 6 5 -
(b. Cost of Wages) Acof Mariof S	"," "," H "," P: Total Value etual Cost of Sho terial hoemaker (one n Total Cost	eeled at atched a	HOUS	E EN	GINE		£14 14 1 6 5 -
(b. Cost of Wages) Acof Mariof S	Total Value Total Value Total Cost of Sho terial hoemaker (one n Total Cost X.—CI (Free timated Value of	eeled at atched atche	HOUS	E EN	GINE		£14 14 1 6 5 - £20 19 1
(a) (b) Materi) Acf Mariof S	Total Value Total Value Stual Cost of Shoterial hoemaker (one note that the cost of Shoterial Total Cost X.—CI (Froteinated Value of ork done at Craige	eeled at atched a	HOUS	E EN	GINE		£14 14 1 6 5 - £20 19 1
(a)) Acf Mariof S	Total Value Total Value Stual Cost of Shoterial hoemaker (one note that the cost of Shoterial Total Cost X.—CI (Froteinated Value of ork done at Craige	eeled at atched atche	HOUS	E EN	GINE		£14 14 1 6 5 - £20 19 1
(a) (b) Materi) Acf Mariof S	Total Value Total Value Stual Cost of Shoterial hoemaker (one note that the cost of Shoterial Total Cost X.—CI (Froteinated Value of ork done at Craige	eeled at atched a	HOUS	E EN	GINE		£14 14 1 6 5 - £20 19 1 £50 12 6 19 10 -
(a) (b) Materi) Acf Mariof S	Total Value Total Value Stual Cost of Shoterial hoemaker (one note that the cost of Shoterial Total Cost X.—CI (Froteinated Value of ork done at Craige	eeled at atched a	HOUS	E EN	GINE		£14 14 1 6 5 - £20 19 1

STATEMENT showing RECEIPTS and EXPENDITURE of PIGGERY for the Year 1909.

RECEIPTS. . £706 16 4 Pigs sold Kitchen Refuse sold . £712 13 4 Valuation of Stock at 31st December 1909 . 228 - -£940 13 4 EXPENDITURE. Valuation of Stock at 31st December 1908 . £195 13 6 8 3 -Furnishings . Craig House . £54 12 - West House . 27 6 -Kitchen Refuse 81 18 -Paid Labour . 78 -182 9 10 378 3 4 Balance in favour of Piggery . 562 10 £940 13 4

STATEMENT showing Income and Expenditure on Farm for Year ending 31st December 1909.

INCOME.

					7.57						
			So	ld.		lied to lum.	Total				
Horse .			£19		£-		£19 -				
Wool .			3 1		~		3 12	6			
Potatoes .			0 1	_ 0	25	3 9	25 3	9			
Turnips .					12		12 -	9			
Oats, etc					30	5 -	30 5	_			
					32	0 -	32 -	-			
Hay .		*			02	-	32 -	-	c100	1	9
Value of Oats, H	lay, etc.	, at 3	1st Dece	ember	1909			-	£122 56	15	3
											-
									£178	16	7
									-	-	-
			EXF	ENDI	TURE						
Value of Oats, H	lay, etc.	, at 3	1st Dec	ember	1908				£41	-	_
Implements and	harness						£9 13	3			
Farm seeds							10 4	2			
Feeding stuffs			3				13 16	10			
Manures .							11 18	_			
Threshing-mill					militar.		1 15	3			
Mole-catcher							1 10	_			
Clipping sheep						,	- 8	_			
Gas .							1 -				
Veterinary Surg	eon's fee						3 4	6			
Paid labour							15 -	0			
A did labout							10 -		68	10	
							SE STORY OF		00	10	
									109	10	
Ral	ance in	favou	r of Far	m					69	6	7
1501	wiree in	itt ou	I OI FAI						09	0	
									£178	16	7
									2110	10	,

WEST HOUSE.

ARTICLES OF CLOTHING MADE AND REPAIRED BY FEMALES.

Carry forward . .

£87 18 -

BEDDING, NAPERY, ETC. 919 Pillow-slips at 2d. 1297 Sheets at 2d. 299 Fine sheets at 2d. 60 Table cloths at 2d. 36 Tea bags at 1d. 104 Pudding cloths at 1d. 20 Tray cloths at 6d. 24 Table napkins at 1d. 20 Muslin blinds at 2d. 84 Counterpanes at 2d. 40 Cushion covers at 3d. 104 Mattress covers at 9d. 2 Palliasse covers at 6d. 61 Pillow and bolster covers at 3d. 40 Linen blinds at 4d. 108 Store bags at 2d. 18 Feeders at 2d. 196 Towels at 1d. 16 Pairs curtains at 4d. 9 Chairs and sofas corded Brought forward £87 18 1 £7 13 2 10 16 2 1297 Sheets at 2d. 2 9 10 - 10 - 3 - 8 8 - 10 - 2 3 4 . - 14 . - 10 . 3 18 - 1 - 15 3 - 13 4 - 18 - 3 1196 Towels at 1d. 4 19 8 - 5 4 - 3 -35 16 9 KNITTING AND CROCHET. 102 Pairs stockings at 9d. £3 16 6 8 8 - 10 - 16 8 - 16 8 15 4 6 Total value of articles made £138 19 4 ARTICLES REPAIRED. 29,370 Articles repaired at 1d. £122 7 6 - 16 8 123 4 2 TOTAL £262 3 6

S. C. HEARDER, Matron.