

**Annual report of the Royal Edinburgh Asylum for the insane : For the year ending 31st December 1872.**

**Contributors**

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ANNUAL REPORT  
OF THE  
ROYAL EDINBURGH ASYLUM  
FOR  
THE INSANE.



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FOR THE YEAR ENDING 31<sup>ST</sup> DECEMBER 1872.

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EDINBURGH:  
PRINTED AT THE ROYAL ASYLUM PRESS.  
MDCCCLXXIII.



# ROYAL EDINBURGH ASYLUM.

**Patroness—The Queen.**

OFFICE-BEARERS FOR 1873.

GOVERNOR—

THE DUKE OF BUCCLEUCH AND QUEENSBERRY.

DEPUTY-GOVERNORS.

The EARL OF STAIR.  
CHAS. COWAN, Esq.

DUNCAN M'LAREN, Esq., M.P.  
E. S. GORDON, Esq., Q.C.

EXTRAORDINARY MANAGERS.

Lord Provost of the City of Edinburgh.  
Lord President of the Court of Session.  
Lord Justice-Clerk of the Court of Justiciary.  
Lord Advocate of Scotland.  
Solicitor-General of Scotland.  
Dean of the Faculty of Advocates.  
Deputy-Keeper of Her Majesty's Signet.  
Members of Parliament for the City.  
Member of Parliament for the County.

Sheriff of the County of Edinburgh.  
Principal of the University of Edinburgh.  
President of the Royal College of Physicians.  
President of the Royal College of Surgeons.  
Senior Minister of Edinburgh.  
Master of the Merchant Company.  
Preses of the Society of Solicitors.  
Dean of Guild of the City.  
Deacon Convener of the Trades.

ORDINARY MANAGERS.

The Lord Provost (*ex-off.*)  
David Curror, Esq.  
Robert Omond, Esq., M.D.  
Peter Miller, Esq.  
William Skinner, Esq.  
David Dickson, Esq.  
James Wilson, Esq.  
D. J. Brakenridge, Esq., M.D.

Alexander Brown, Esq.  
George A. M'Laren, Esq.  
John Parker, Esq.  
William Sibbald, Esq.  
Robert Walker, Esq.  
James Turner, Esq.  
George Macmillan, Esq.

MEDICAL BOARD.

President of the Royal College of Physicians—President of the  
Royal College of Surgeons—Professor MacLagan—  
Professor Sir Robert Christison, Bart.—Dr Alexander Wood.

DR SKAE, *Resident Physician.*

DR WRIGHT, DR HAIGH, and DR STRATHY, *Medical Assistants.*

The Rev. A. B. M'Culloch, *Chaplain.*

Mr Andrew Leslie, *House Superintendent.*

David Scott Moncrieff, W.S., *Clerk and Treasurer.*



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# R E P O R T

BY

## THE ORDINARY MANAGERS

OF THE

### ROYAL EDINBURGH ASYLUM FOR THE INSANE.

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*Presented to the Annual General Meeting of the Corporation,  
held on Monday, 24th February 1873.*

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Throughout the year 1872 the average number of Patients under treatment in the Asylum was 752, of whom 68 were accommodated in the East House, and 684 in the West. These numbers shew an increase over the daily average numbers for the preceding year of 2 Patients in the East House, and 16 Patients in the West House.

The accounts of the Treasurer's intromissions with the funds of the Corporation are herewith submitted, shewing that the Ordinary Income amounted to .....£27,269 12 4½  
The Ordinary Expenditure to..... 26,393 16 6

And the Surplus Revenue to..... £875 15 10½

In the above expenditure there is not included the Statutory Instalment to the Sinking Fund.

The Managers regret that the surplus is not so large as for many years they have been accustomed to expect. This is not owing to any decline in the revenue, which during the year just ended exceeded what it was in the previous year by £1189 1s. 11d., but is to be attributed wholly to the increased cost of keeping up the institution, the ordinary expenditure having exceeded that of the previous year by £1832 17s. 2d. Amongst other



items shewing an increase, the sum expended in provisions exceeded that similarly expended in the year 1871 by £650 14s. 10d., the sum expended on fuel has increased by £208 18s. 9d., the amount paid in salaries and wages has advanced to the extent of £178 19s. 4d., and the sum spent on ordinary furnishings has increased by £469 2s. 10d. There has also been a considerable increase in the feu-duties paid, owing to the Managers having feued four additional acres of ground from an adjoining proprietor.

In addition to the above ordinary expenditure, the Managers have spent £2398 18s. 2d. in completing the additions to the East House, furnishing the new apartments there, and making some additions to the Store accommodation in the West House.

Owing to the continued high price of provisions, and the great rise in the cost of fuel, the Managers at the close of last year were under the necessity of advancing the rates charged for Patients in all the different departments of the institution. The lowest rate now charged for Patients in the East House is £63, that charged for those in the Intermediate Gallery £45, and that for Pauper Patients £24.

The Managers have the satisfaction of recording that the additions recently made to the accommodation in the East House add greatly to the comfort of the Patients. The new apartments admit of Patients of the highest class being more suitably lodged than formerly; and although the total number accommodated has only increased by two over the number in the previous year, the sum received for boards has advanced from £5830 3s. 9d. to £6429 1s. The Managers have in view considerable improvements on the servants' rooms and otherwise in this department of the institution, which are only delayed from want of funds.

During the past year the Managers resolved to erect a conservatory for the use of the Patients in the East House. The cost of the erection, amounting to £168, will appear in the accounts for the current year.

The Managers have also in view considerable structural alterations and improvements on the West House, and in the adjoining airing yards, which will be carried out so soon as their funds will admit.



In regard to the administration of the internal affairs of the Asylum during the year, the Managers have little to record. The object kept constantly in view, both with them and with the officials in their employment, has been to add to the comfort, ameliorate the condition, and, if possible, promote the cure of the Patients entrusted to their care. They have the satisfaction of knowing that their efforts have not been unattended with success, as will appear from the following extract from the Report made by Commissioner Mitchell on the occasion of his last statutory visit. In reporting on the West House, he writes, "It is not forgotten that the difficulties in the management of an establishment so overcrowded, and with such structural arrangements, are very great; that many important improvements have recently been made; that others are in progress, or in contemplation; that the cleanliness and freshness of the wards are very commendable; that the food is abundant, of good quality, and well cooked; that extra comforts are given liberally to the feeble and to all who need them; and that an amount of attention is bestowed on the amusement of the Patients which can never be alluded to without praise."

In reference to the East House, the Commissioner remarks, "Some further improvements have taken place in the East House. For these, and for the improvements noticed so favourably in former reports, great credit is due to the Managers."

The Managers only regret that the funds at their command prevent them from carrying into effect many alterations and improvements which the Commissioners suggest.

In regard to the amusements, it is a matter of great regret that the room used as the chapel should be the only place available for the lectures, concerts, and dramatic entertainments, which are so much recommended for the Patients; and it is to be desired that some benevolent persons would subscribe a fund sufficient to erect a suitable place of worship for the inmates and officials, and thus put an end to the present practice, which is both unseemly and inconvenient.

The Managers have to record their sense of the loss sustained through death during the past year of three of their number, Mr



Blackadder, Mr Lewis, and Mr Auchie. Mr Blackadder and Mr Auchie were the two oldest members of the Board, and had devoted a great deal of their time and energy towards the promotion of the welfare of the institution.

The Reports of the Resident Physician and of the Charity Committee are herewith submitted.

(Signed)      **DAVID CURROR,**  
*Senior Manager.*

# R E P O R T

OF THE

## CHARITY COMMITTEE OF MANAGERS

FOR THE YEAR ENDING 31<sup>ST</sup> DECEMBER 1872.

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The Account of the Treasurer's Intromissions with the Charity Fund during the past year is herewith submitted, shewing an  
 Income of .....L.438 10 10  
 And an Expenditure of..... 281 19 11

Leaving a Balance of.....L.156 10 11

Whereof the sum received in Legacies and Dona-  
 tions amounts to .....L.92 0 0  
 And the Surplus Revenue,..... 64 10 11  
—————L.156 10 11

The amount of the Fund at 31<sup>st</sup> December last was L.9070 10s. 5d., being an increase of the above sum of L.156 10s. 11d. over the amount at 31<sup>st</sup> December 1871.

The total number of Patients who have derived benefit from the Fund during the year was 26, the average number on the roll each quarter being 24, and the average allowance to each Patient L.11 14s. 11d.

(Signed)      DAVID CURROR.



REPORT  
 OF THE  
 COMMISSIONER OF LANDS

FOR THE YEAR ENDING 1871

The amount of the Treasury's expenditures with the land  
 fund during the year is herewith submitted, showing as  
 follows:

For the purchase of land, and for the improvement of the same, \$1,000,000  
 For the purchase of land, and for the improvement of the same, \$1,000,000  
 For the purchase of land, and for the improvement of the same, \$1,000,000

The amount of the Treasury's expenditures with the land  
 fund during the year is herewith submitted, showing as  
 follows:

For the purchase of land, and for the improvement of the same, \$1,000,000  
 For the purchase of land, and for the improvement of the same, \$1,000,000  
 For the purchase of land, and for the improvement of the same, \$1,000,000

DAVID CURRIE





Brought forward, L.28,790 7 10½

## V. Price of Crop, Pigs, Bones, and Sundries disposed of—

1. Price received for Pigs sold, . . . . .	L.316	4	0	
Less paid for Pigs bought, . . . . .	5	1	9	
	L.311	2	3	
2. Price received for Wheat and Oats, . . . . .	88	15	0	
3. Ditto Bones, &c., . . . . .	42	17	8	
4. Ditto Sundries, . . . . .	43	15	6½	
		486	10	5½

## VI. Expense of Boundary Walls—

Jan. 10, 1872, Received from Mr David Deuchar half expense of Boundary Walls separating his ground from portion recently feued from him,	209	19	9
Amount of Charge, . . . . .	L.29,486	18	1

DISCHARGE.		East House.			West House.			TOTAL.		
		L.	s.	d.	L.	s.	d.	L.	s.	d.
I. Expense of Provisions, . . . . .		2,830	13	6½	8,335	8	6½	11,166	2	0½
II. Do. Clothing, Bedding, Napery, &c., . . . . .		87	10	7½	1,908	4	4½	1,995	15	0
III. Do. Fuel, . . . . .		203	15	6	764	17	3	968	12	9
IV. Do. Lighting, . . . . .		111	16	11	310	2	0	421	18	11
V. Do. Water and Washing Materials, . . . . .		109	5	7	483	2	2	592	7	9
VI. Do. Medical and Surgical Expenses, . . . . .		28	0	9	77	2	4	105	3	1
VII. Do. Books, Stationery, and Amusements, . . . . .		50	8	1	138	16	6	189	4	7
VIII. Do. Tobacco, Snuff, &c., . . . . .		17	1	0	270	19	3	288	0	3
IX. Do. Sundry Furnishings and Repairs, . . . . .		583	8	7½	1,339	15	9	1,923	4	4½
X. Do. Garden and Grounds, . . . . .		...	...	...	296	3	0	296	3	0
XI. Public and Parochial Burdens, . . . . .		45	12	6	125	9	11	171	2	5
XII. Interest on Loans paid, . . . . .		...	...	...	918	5	9	918	5	9
XIII. Feu-duties and Stipend, . . . . .		22	8	6	601	10	1	623	18	7
XIV. Insurance Premiums, . . . . .		8	18	6	24	14	2	33	12	8
XV. Salaries and Wages, . . . . .		1,200	10	8	3,575	8	4½	4,775	19	0½
XVI. Miscellaneous Payments, . . . . .		45	2	1	124	1	5	169	3	6
XVII. Accounts paid on behalf of Patients, and charged against them, . . . . .		1,755	2	9½	...	...	...	1,755	2	9½
Amount of Ordinary Disbursements, . . . . .		7,099	15	7¾	19,294	0	10¼	26,393	16	6
XVIII. Extraordinary Expenditure, being advances to Contractors for new buildings and furnishings, . . . . .		...	...	...	...	...	...	2,398	18	2
XIX. Statutory and other Debt paid off, . . . . .		...	...	...	...	...	...	250	0	0
XX. Arrears of Boards and Extras outstanding at 31st December 1872, . . . . .		...	...	...	...	...	...	128	5	5
Balance of this Account at ditto, . . . . .		...	...	...	...	...	...	315	18	0
Amount of Discharge equal to Charge, . . . . .								L.29,486	18	1

# ABSTRACT OF INCOME AND EXPENDITURE FOR THE YEAR ENDING 31<sup>ST</sup> DECEMBER 1872.

## INCOME—

I. Boards, . . . . .	L.24,565 3 11
II. Extra Accounts due by Patients, . . . . .	2,217 18 0
III. Produce and Sundries sold, . . . . .	486 10 5½
	<u>L.27,269 12 4½</u>

## EXPENDITURE—

Amount of Ordinary Disbursements, as stated in Discharge of preceding Account, . . . . .	26,393 16 6
Surplus Ordinary Income, . . . . .	<u>L.875 15 10½</u>

# ABSTRACT OF INCOME AND EXPENDITURE OF THE EAST AND WEST HOUSES RESPECTIVELY.

## I. EAST HOUSE.

### INCOME—

I. Boards, . . . . .	L.6,429 1 0
II. Extra Accounts, . . . . .	2,217 18 0
	<u>L.8,646 19 0</u>

### EXPENDITURE—

Amount thereof chargeable against East House, as stated in Discharge, . . . . .	L.7,099 15 8
Add value of Vegetables, &c. furnished from Garden, . . . . .	626 14 1
Do. value of Work performed by Mechanics assisted by Patients, . . . . .	234 17 8
	<u>L.7,961 7 5</u>
Surplus Income of East House, . . . . .	<u>L.685 11 7</u>

## II. WEST HOUSE.

### INCOME—

I. Boards, . . . . .	L.18,136 2 11
II. Produce sold, . . . . .	486 10 5½
III. Vegetables supplied to East House, . . . . .	626 14 1
IV. Work performed at East House, . . . . .	234 17 8
	<u>L.19,484 5 1½</u>

### EXPENDITURE—

Amount thereof chargeable against West House, as stated in Discharge, . . . . .	19,294 0 10
Surplus Income of West House, . . . . .	<u>190 4 3½</u>
Total Surplus, as before, . . . . .	<u><u>L.875 15 10½</u></u>



*TABULAR VIEW of the Cost per head per annum of the undernoted items allocated upon Patients, of whom 69 represents the Daily Average of the East House, and 682 the Daily Average of the West House.*

	East House.	West House.
I. Provisions (including share of Attendants' provisions),	L.41 0 5	L.12 4 5
II. Clothing, Bedding, Napery, &c., . . . . .	1 5 4	2 15 11
III. Fuel, . . . . .	2 19 0	1 2 5
IV. Lighting, . . . . .	1 12 5	0 9 1
V. Water and Washing materials, . . . . .	1 11 8	0 14 2
VI. Medicines and Surgical apparatus, . . . . .	0 8 1	0 2 3
VII. Books, Stationery, &c., . . . . .	0 14 7	0 4 1
VIII. Tobacco, Snuff, &c, . . . . .	0 4 11	0 7 11
IX. Furnishings and Repairs, . . . . .	8 9 1	1 19 3
X. Garden and Grounds, . . . . .	... ..	0 8 8
XI. Public Burdens and Stipend, . . . . .	0 13 2	0 3 8
XII. Insurance, . . . . .	0 2 7	0 0 8
XIII. Salaries and Wages, . . . . .	17 7 11	5 4 10
XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House, . . . . .	12 9 8	... ..
XV. Miscellaneous Payments, . . . . .	0 13 1	0 3 7
		<hr/> 26 0 11
Deduct value of Produce sold, and Supplies furnished to East House (L.1348 2s. 2d.), . . . . .	... ..	1 19 6
Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu- duty, and instalment to Sinking Fund, . . . . .	<hr/> L.89 11 11	<hr/> L.24 1 5

NOTE.—The Patients in the East House, in addition to the above items, pay for their own Clothes, Stimulants, Tobacco, and extraordinary furnishings of all kinds, as stated in Branch XVII. of Discharge.

# A B S T R A C T

OF THE

## TREASURER'S INTROMISSIONS

WITH THE

## FUNDS OF THE CHARITY COMMITTEE

FOR THE YEAR 1872.

### CHARGE.

I. Balance of last Account rendered 30th December 1871, . . . .	£563	19	6
II. Loan repaid—			
Feb. 23, 1872, Received from Royal Edinburgh Asylum to account of principal sum in Bill for L.500, dated 5th Sept. 1870, . . . .	150	0	0
III. Interests received—			
1. On Bonds by Royal Edinburgh Asylum for L.3450, L.2400, and L.1000.			
May 15, 1872, Half-year's Interest at 4 per cent., less 63s. 6d. tax, . . . . .	£133	16	6
Nov. 11, 1872, Do. . . . . do. . . . . less 45s. 8d. tax, . . . .	134	14	4
	<u>£268</u>	<u>10</u>	<u>10</u>
2. On Loans to the Royal Edinburgh Asylum of L.1000 and L.500 (the latter sum now reduced to L.350).			
May 15, 1872, Half-year's Interest of L.1000 at 4 per cent., less 9s. 3d. tax, . . . . .	L.19	10	9
Do. Interest of L.500 at do. to 23d February, less 2s. 10d. tax, . . . . .	5	11	1
Do. do. of L.350 at do. from do. to date, less 1s. 3d. tax, . . . . .	3	1	7
Nov. 11, 1872, Half-year's Interest of L.1350 at do., less 9s. tax, . . . . .	26	11	0
	<u>54</u>	<u>14</u>	<u>5</u>
3. On Bond by James E. A. Mather for L.600.			
May 15, 1872, Interest at $4\frac{1}{4}$ per cent. from 14th February, less 2s. 11d. tax, . . . . .	L.6	4	3
Nov. 11, 1872, Half-year's Interest at do., less 4s. 3d. tax, . . . . .	12	10	9
	<u>18</u>	<u>15</u>	<u>0</u>
4. On Treasurer's account.			
Dec. 30, 1871, Interest understated at this date, . . . . .	L.3	5	0
Dec. 31, 1872, Progressive Interest on this account, per State, . . . . .	1	5	7
	<u>4</u>	<u>10</u>	<u>7</u>
		<u>346</u>	<u>10</u> <u>10</u>
Carry forward,	£1060	10	4



	Amount of Charge brought forward,	£1060 10 4
IV. Donation—		
March 13, 1871, Received from Earl of Stair donation for 1872,		2 0 0
V. Legacy received—		
Nov. 11, 1872, Received from the Trustees of the late Mr J. Court, S.S.C., amount of legacy bequeathed by him to the Asylum, less		
L.10 of legacy duty,		90 0 0
	Amount of the Charge,	£1152 10 4

## DISCHARGE.

I. Sum lent—		
Feb. 14, 1872, Paid Mr James E. A. Mather on Bond and Disposition in security over subjects at Merchiston Bank, at $4\frac{1}{4}$ per cent.,		£600 0 0
II. Sums paid to Royal Edinburgh Asylum on account of 1872 Boards, &c. 1872.		
Jan. 4, Paid Quarter's Boards to 31st March, per list,	£62 12 6	
April 3, Do. do. 30th June, do.,	70 2 5	
July 2, Do. do. 30th September do.,	74 12 6	
Oct. 9, Do. do. 31st December do.,	74 12 6	
		281 19 11
III. Balance in Treasurer's hands—		
Dec. 31, 1872, Balance in Treasurer's hands at this date,		270 10 5
	Amount of Discharge equal to Charge,	£1152 10 4

STATE OF THE FUNDS AT 31<sup>ST</sup> DECEMBER 1872.

1. Amount held in Loan by Managers of Asylum,	£8200 0 0
2. Do. do. by James E. A. Mather,	600 0 0
3. Balance in Treasurer's hands, per above Account,	270 10 5
	£9070 10 5

PHYSICIAN'S ANNUAL REPORT

FOR THE YEAR 1872.

PHYSICIAN'S ANNUAL REPORT

FOR THE YEAR 1872



# PHYSICIAN'S ANNUAL REPORT

FOR THE YEAR 1872.

Gentlemen, I have the honour to present to you my Report for 1872.

Table I. exhibits the general results of the year, as concerns the number of Patients admitted, discharged, and dead.

TABLE I.—*General Results of the Year.*

	Males.	Females.	TOTAL.
Number of inmates at the close of 1871,	365	377	742
Absent on Probation, . . . . .	3	5	8
Admitted during the year 1872, . . .	368 130	382 122	750 252
Total number under treatment, . .	498	504	1002
Discharged, M. 80 F. 71 = 151.			
Of whom were Recovered, M. 45 F. 46 = 91			
... .. Relieved, 14 16 = 30			
... .. not Improved, 21 9 = 30			
Absent on Probation at 31st } 7 13 = 20			
December 1872, . . . }			
Deaths, . 47 30 = 77			
	134	114	248
Total number at the close of 1872, .	364	390	754
Average number daily resident during the } Males. Females. Total.			
year 1872, . . . . . }	370 <sup>12</sup> <sub>366</sub>	382 <sup>356</sup> <sub>366</sub>	753 <sup>2</sup> <sub>366</sub>
Do. Do. 1871, . . .	360 <sup>256</sup> <sub>365</sub>	373 <sup>163</sup> <sub>365</sub>	734 <sup>54</sup> <sub>365</sub>
Increase in 1872 of average number daily } resident, . . . . . }	9 <sup>122</sup> <sub>366</sub>	9 <sup>193</sup> <sub>366</sub>	18 <sup>310</sup> <sub>366</sub>



The number of Patients in the Asylum at the close of 1871 was 750, inclusive of 8 absent on probation.

At the end of 1872, 774 Patients were resident, inclusive of 20, who, though absent on probation, still bore the relation of Patients to the Asylum. The number of Patients, therefore, at the close of 1872 exceeded the number at the close of 1871 by 24, of whom 9 were private.

252 Patients were admitted during the past year. This number falls short of the number of admissions for 1871: several applications for admission had, on account of the crowded state of the house, to be met with a refusal.

151 Patients were removed during the year. Of these 91 were recovered: this gives a per centage of 37·3 on 252, the number of admissions. In Table VIII. the estimated curability or incurability of Patients admitted is shown in a tabulated form.

The total number of Patients who have been under treatment in this Asylum since its commencement has now reached the large number of 8217, of whom 3149 have been discharged recovered, giving a per centage of 38·32 on the total number, including those still under treatment.

It is usual in the Annual Report of this Asylum to bring under your notice any matters of special interest in its administration. The question of the influence of a temporary change of circumstances in the treatment of the insane is one of no little importance: it is a question often of anxious consideration to the Medical Superintendent. Many Patients, after being a certain time in the house, are apt to fall into a listless moping state, but on being for a short time removed from it, rapidly improve. This plan of treatment is, however, in great measure a question of experiment. It is not possible in every case to say whether a given Patient may be benefitted or injured by such a change, until the thing is put to proof. To meet this requirement, a system of passes has now for some time been in use in this Asylum, by means of which a Patient may, without any other authority than that given by the concurrence of the Medical Officer, be for a space of three weeks removed from the Asylum, although still remaining as a Patient belonging to it, for whose welfare the



Medical Superintendent continues responsible. This system has an advantage over the probation plan, as it is put in operation with no difficulty: it does not necessitate any additional expense, and is therefore more suitable in regard to those Patients in whose cases, as I have above said, change of scene is so far a matter of experiment. Objections have been raised by the Inspectors of Poor and others connected with Patients to this plan on the score of payment of board for such liberated Patients while on pass. It has therefore been arranged, that if any Pauper Patient be liberated on pass for a period longer than one week, board will be remitted for such a longer period; but for an absence from the Asylum of under one week, board will be charged as usual.

I now present in the following, in a tabulated form, certain special considerations regarding those Patients who have been discharged, or who have died during the past year.

TABLE II.—*Period of Residence of those Relieved, Not Improved, or Recovered, at their Removal.*

PERIOD OF RESIDENCE.	RELIEVED.			NOT IMPROVED.			RECOVERED.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Under 4 days, . .	0	0	0	6	1	7	1	0	1
" 1 week, . .	0	0	0	1	0	1	0	0	0
" 2 " . .	0	0	0	1	0	1	0	0	0
" 3 " . .	0	0	0	1	0	1	0	1	1
" 1 month, . .	0	0	0	0	0	0	0	2	2
" 6 weeks, . .	0	0	0	0	1	1	0	6	6
" 2 months, . .	1	2	3	1	2	3	5	12	17
" 3 " . .	2	0	2	2	1	3	8	5	13
" 4 " . .	1	1	2	0	1	1	7	2	9
" 5 " . .	1	3	4	1	0	1	6	1	7
" 6 " . .	1	1	2	0	0	0	5	4	9
" 7 " . .	0	3	3	0	1	1	1	5	6
" 8 " . .	0	0	0	1	0	1	2	2	4
" 9 " . .	0	1	1	0	0	0	0	0	0
" 10 " . .	1	0	1	1	0	1	1	0	1
" 12 " . .	2	2	4	0	0	0	2	0	2
" 18 " . .	0	0	0	0	0	0	0	3	3
" 2 years, . .	2	1	3	0	0	0	3	1	4
" 3 " . .	2	0	2	3	0	3	1	1	2
" 4 " . .	0	2	2	3	0	3	1	0	1
" 5 " . .	0	0	0	0	0	0	1	1	2
" 6 " . .	0	0	0	0	2	2	0	0	0
" 7 " . .	1	0	1	1	0	1	1	0	1
Total, . .	14	16	30	21	9	30	45	46	91



Table II. shows the period of residence of those removed whose mental disorder was relieved, not improved, or who had recovered at the time of their removal.

As shown in last year's Report, and as is, indeed, the subject of general remark, the greatest number of recoveries during 1872 took place after a residence of short duration, two or three months. In the case of many Patients admitted, mental disorder had been of long standing, and was no longer susceptible of cure; only an amelioration of their condition could be hoped for from the care and attention which Asylum treatment affords.

In Table III. the ages of those admitted, discharged recovered, and dead, are recorded.

TABLE III — *Ages of those Admitted, Discharged, and Dead.*

AGE.	ADMITTED.			DISCHARGED RECOVERED.			DEAD.		
	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.
From 10 to 20, .	8	6	14	2	3	5	2	1	3
„ 20 „ 30, .	26	22	48	7	7	14	3	4	7
„ 30 „ 40, .	37	30	67	12	17	29	10	5	15
„ 40 „ 50, .	20	27	47	10	10	20	4	7	11
„ 50 „ 60, .	20	14	34	9	7	16	10	5	15
„ 60 „ 70, .	7	9	16	3	2	5	8	4	12
„ 70 „ 80, .	10	10	20	0	0	0	10	4	14
Unascertained, .	2	4	6	2	0	2	0	0	0
Total, . .	130	122	252	45	46	91	47	30	77

It is most interesting to note the persistence with which this Table, year by year, in regard to the facts presented by it, shews the same results. In reference to the ages of the Patients admitted, it is invariably found that a large preponderance of persons aged between thirty and forty is found to exist. Insanity most frequently occurs between the ages of thirty and forty; and the reason of this, I have no doubt, is owing to the maximum activity of the whole organic functions, and principally of the brain, in the struggle of life during that period.

Again, in regard to recovery, by far the largest number of those who recovered from mental disorder were found to belong to the



middle periods of life. Of course, this result is in a great measure to be traced to the greater number belonging to this period of life who were admitted labouring under mental disorder of an acute type. But the greater powers of constitutional repair enjoyed by persons in the vigour of life also contribute largely to this result. Almost all those discharged recovered aged between twenty-five and forty-five will be found to have been resident under six or eight months. Of those who died, by far the largest number were aged over fifty, and died from the exhaustion of an enfeebled frame, or bodily disorder rendered fatal from enfeeblement of their powers by great deterioration of their constitutional vigour from various causes.

Table IV., Nos. 1 and 2, represents the forms of disease in those admitted.

TABLE IV. No. 1.—*Forms of Insanity in those Admitted.*

FORMS OF INSANITY.	Males.	Females.	TOTAL.
Mania, . . . . .	17	40	57
" Acute, . . . . .	30	8	38
" Chronic, . . . . .	1	1	2
" Puerperal, . . . . .	0	9	9
" Epileptic, . . . . .	11	2	13
" Senile, . . . . .	7	11	18
" a Potu, . . . . .	9	7	16
Melancholia, . . . . .	17	18	35
Dementia, . . . . .	13	9	22
" Senile, . . . . .	2	2	4
" Epileptic, . . . . .	2	0	2
Imbecility, . . . . .	0	1	1
Monomania of Suspicion, . . . . .	2	6	8
" of Unseen Agency, . . . . .	2	4	6
" of Self-esteem, . . . . .	0	1	1
Moral Insanity, . . . . .	0	3	3
General Paralysis, . . . . .	16	0	16
Not Insane, . . . . .	1	0	1
Total, . . . . .	130	122	252

In No. 1 are given the forms of disease in those admitted according to the old system of classification. No. 2 presents the admissions classified according to the system advocated by myself. In the Table No. 2 the insanity of the Patient is classified, as far as possible, with a reference to the accompanying constitutional state. In last year's Report the advantages of this mode of describing mental disorder were somewhat fully discussed. I shall



not therefore again enter upon its consideration, but merely advert to its chief advantage—the possibility of giving a descriptive title to forms of a disorder which in the same person may display numerous diversified features. Thus, a Patient labouring under Puerperal Insanity may one day be maniacally excited, on another occasion may be plunged in profound dejection, and finally, may pass through a stage of Dementia to the re-enjoyment of complete mental health and stability.

TABLE IV., No. 2.—*Forms of Insanity in those Admitted.*

FORMS OF INSANITY.				Males.	Females.	TOTAL.
Idiopathic Insanity.	Sthenic	Mania,	.	12	15	27
		Melancholia,	.	1	1	2
		Dementia,	.	2	4	6
	Asthenic	Mania,	.	5	4	9
		Melancholia,	.	2	2	4
Dementia,		.	7	3	10	
Idiopathic Sthenic Insanity,			4	4	8	
Idiopathic Asthenic do.,			15	15	30	
Senile Insanity,			10	12	22	
Senile Dementia,			0	1	1	
General Paralysis,			13	0	13	
Epileptic Insanity,			11	3	14	
Insanity of Pubescence,			2	2	4	
Post-connubial Insanity,			0	1	1	
Insanity of Pregnancy,			0	1	1	
Puerperal Insanity,			0	7	7	
Amenorrhœal Insanity,			0	2	2	
Climacteric do.,			7	15	22	
Traumatic do.,			2	0	2	
Insanity of Alcoholism,			2	4	6	
Dipsomania,			2	3	5	
Insanity of Tuberculosis,			4	3	7	
Congenital Moral Insanity,			0	1	1	
Epileptic Dementia,			0	1	1	
Insanity of Sunstroke,			1	0	1	
Recurrent Insanity,			9	16	25	
Insanity connected with Lead Poisoning,			1	0	1	
Mania a Potu,			6	0	6	
Post-febrile Insanity,			2	0	2	
Insanity of Syphilis (Chronic),			1	0	1	
Sthenic Insanity,			5	1	6	
Intermittent do.,			1	0	1	
Insanity following Erysipelas of the Scalp,			1	0	1	
Mania said to depend upon Softening of the Brain,			1	0	1	
Insanity of Phthisis Pulmonalis,			0	1	1	
Said not to be Insane,			1	0	1	
Total,			130	122	252	







<i>Means used in the attempts made—</i>	Males.	Females	TOTAL.
Stabbing, Precipitation, & Cut Throat,	0	1	1
Stabbing and Hanging, . . . . .	0	1	1
Dashing Head against the Wall, . . . . .	0	1	1
Precipitation, . . . . .	0	4	4
Drowning, . . . . .	2	1	3
Cut Throat, . . . . .	3	1	4
Burning, . . . . .	0	1	1
Strangling, Stabbing, and Cut Throat,	0	1	1
Hanging, . . . . .	1	1	2
Self-starvation, . . . . .	1	0	1
Drinking Scalding Water, . . . . .	1	0	1
Poison, . . . . .	1	0	1
Mode not given, . . . . .	0	1	1
Total, . . . . .	9	13	22

It is, I think, noteworthy the very large number of cases in which not only self-destruction was meditated, but in which it was actually attempted, as shown by our records of last year. During the past year the tendency to the manifestation of this symptom of disordered mind has been very marked. Several attempts have been made, even while in the house, to commit self-destruction, principally amongst the females. It is wonderful the persistency and ingenuity displayed by many of the insane in the pursuance of their designs. One Patient, an old woman, who died from natural causes subsequently, passed her whole time in what may be described as a frenzy of wretchedness. She had to be constantly watched, but even with the utmost precaution made frequent attempts to commit suicide, and do herself bodily injury. She scratched the skin over where she supposed some of the greater blood-vessels to lie: she threw herself from the sofa with her face on the floor, thereby causing an extensive bruise, and drove pins into her head: in fact, taxed her ingenuity in every way to accomplish her design.

Such cases are most anxious ones; and in the past year not only has the suicidal tendency been very largely developed, but all forms of insanity have presented an intensified aspect; and it is matter of congratulation to me that this year has been so void of those casualties, the possible occurrence of which is such a fruitful source of anxiety in Asylum practice.

Unfortunately, one suicide was successfully achieved. As the



circumstances of this case are somewhat peculiar, I shall venture to trespass on your attention shortly while I relate them. This Patient was a Dipsomaniac, and had been an inmate of the Asylum for nine years. He had always been considered one of the most trustworthy of his class, and had been in the habit of enjoying the greatest amount of liberty, consistent with the rules of the house. His life, before his admission, had been one of great hardship and exposure, and during this period he had freely indulged in the use of strong drink, so that its use had become a constitutional necessity. He had, for long previous to his death, shown no tendency of a suicidal nature, but had been remarkable for his self-possession and staidness of demeanour. One morning, after partaking of breakfast, he went to his bed-room, where he was shortly after found lying quite dead, with a bottle emitting the odour of prussic acid standing by his side. On post mortem examination, the characteristic appearances of death from the action of this cause were found.

Now, here was an instance where this unhappy result could not have been foreseen, and therefore could not have been prevented. Such a suicide may be considered as *per se*. None of the ordinary premonitory symptoms of such a death were shown: he was, up to the time of his death, quiet and unruffled in his demeanour: indeed, he smoked a pipe quietly before going into the room where he committed the fatal act. He also wrote a letter stating at length that his life was no longer endurable consequent upon the misery he suffered from the effects of certain chronic diseased conditions under which he suffered. He, in fact, killed himself because he deliberately thought that death was preferable to a continuance of his miserable existence.

Finally, in regard to this part of the subject, I would compare the numbers given by the Suicidal Table for last and that for this year. In 1871, 14 Patients attempted, 10 meditated suicide: in 1872, 22 attempted suicide, 45 meditated. In fact, the total of those who meditated and attempted self-destruction in 1872 was more than double the number of those whose mental disorder took this manifestation in 1871.

Table VI. shows the probable causes of disease in those admitted.



TABLE VI.—*Probable Causes of Disease in those Admitted.*

PROBABLE CAUSES OF DISEASE.	Males.	Females.	TOTAL.
Epilepsy, . . . . .	9	0	9
Over-study, . . . . .	2	0	2
Sun-stroke, . . . . .	3	0	3
General Paralysis, . . . . .	1	0	1
Injuries of the Spine, . . . . .	1	0	1
Advanced Age, . . . . .	7	1	8
Secret Vice, . . . . .	1	0	1
Depression of the Primæ Viæ, and De- rangement of System, . . . . .	1	1	2
Anxiety in Business matters, . . . . .	2	0	2
Not Insane, . . . . .	1	0	1
Loss of Work and Dyspepsia, . . . . .	1	0	1
Domestic Affliction, . . . . .	2	1	3
Chronic Lead Poisoning, . . . . .	1	0	1
Injury, . . . . .	1	0	1
Climacteric Period, . . . . .	1	2	3
Fever, . . . . .	2	0	2
Excessive Drinking, . . . . .	8	5	13
Insane Temperament (Dipsomania), . . . . .	1	0	1
Change of Habits, . . . . .	1	0	1
Disappointment, . . . . .	2	3	5
Business Reverses, . . . . .	2	1	3
Hereditary Predisposition, . . . . .	2	4	6
Dispute with Employer, . . . . .	1	0	1
Intemperance and Disappointment, . . . . .	1	0	1
Erysipelas of the Face and Scalp, . . . . .	1	0	1
Anxiety, . . . . .	2	1	3
Paralysis, . . . . .	1	0	1
Blow on the Head, . . . . .	1	0	1
Delirium Tremens, . . . . .	1	0	1
Fright, . . . . .	1	1	2
Childbirth, . . . . .	0	7	7
Grief, . . . . .	0	2	2
Causes of a Religious nature, . . . . .	0	4	4
Want of Work, . . . . .	0	1	1
Lactation, . . . . .	0	1	1
Softening of the Brain, . . . . .	0	1	1
Vexation, . . . . .	0	1	1
Not known, . . . . .	69	85	154
Total, . . . . .	130	122	252
Hereditary Predisposition was ascertained in . . . . .	9	19	28
Previous Attacks in . . . . .	25	21	46

The information on which this Table is founded is drawn from a source of a fallacious description. To form a correct opinion as to the origin of any case of mental disorder, a skilled observer is necessary. When this information is derived from the evidence



of friends, it is very frequently the case that the most striking circumstance in the Patient's daily routine, prior to the appearance of overt signs of mental disorder, is fixed on by them as the cause of insanity, while, in truth, the disease may have been gradually gaining in force for some time previously, and may depend upon causes long forgotten alike by Patient and friends.

Table VII. shows the insanity of those Patients who left the Asylum during the year.

TABLE VII.—*Forms of Insanity in those Patients who Recovered, or were Discharged Relieved, or Not Improved.*

FORM OF DISEASE.	RECOVERED.			RELIEVED.			NOT IMPROVED.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Asthenic Mania, . . . .	2	0	2	2	0	2	0	0	0
Mania a Potu, . . . .	4	1	5	0	0	0	0	0	0
Asthenic Insanity, . . . .	4	7	11	0	0	0	0	0	0
Idiopathic Sthenic Mania, . .	8	1	9	0	1	1	0	1	1
Dementia after a Suicidal Pa- roxyism, . . . .	1	0	1	0	0	0	0	0	0
Sthenic Insanity, . . . .	2	1	3	0	0	0	2	0	2
Do. Mania, . . . .	4	3	7	1	3	4	0	0	0
Insanity of Phthisis, . . . .	1	0	1	0	0	0	0	0	0
Idiopathic Insanity, . . . .	1	1	2	1	1	2	2	0	2
Traumatic do., . . . .	1	0	1	0	0	0	0	0	0
Idiopathic Asthenic do., . .	1	0	1	1	0	1	0	0	0
Climacteric do., . . . .	6	6	12	0	3	3	0	0	0
Alcoholismus, . . . .	1	3	4	0	0	0	0	1	1
Said to be General Paralysis,	1	0	1	0	0	0	0	0	0
Recurrent Asthenic Insanity,	2	0	2	0	0	0	0	0	0
Epileptic do., . . . .	1	0	1	1	0	1	1	1	2
Recurrent do., . . . .	2	8	10	0	0	0	0	1	1
Idiopathic Asthenic Mania,	1	0	1	0	0	0	0	0	0
Insanity following Erysipelas of the Scalp, . . . .	1	0	1	0	0	0	0	0	0
Insanity following Puberty,	1	0	1	0	0	0	0	0	0
Senile Insanity, . . . .	0	2	2	1	2	3	3	1	4
Puerperal do., . . . .	0	4	4	0	1	1	0	0	0
Dementia resulting from In- sanity produced by cessation of long-standing Menorr- hagic Discharge, . . . .	0	1	1	0	0	0	0	0	0
Insanity of Pregnancy, . . .	0	1	1	0	0	0	0	0	0
Asthenic Melancholia, . . .	0	2	2	1	0	1	0	0	0
Idiopathic Sthenic Dementia,	0	1	1	0	0	0	0	0	0
Amenorrhœal Insanity, . . .	0	1	1	0	1	1	0	0	0
Tubercular do., . . . .	0	1	1	0	0	0	0	0	0
Idiopathic Asthenic Dementia,	0	1	1	0	0	0	0	0	0
Carry forward,	45	45	90	8	12	20	8	5	13



FORM OF DISEASE.	RECOVERED.			RELIEVED.			NOT IMPROVED.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Brought forward,	45	45	90	8	12	20	8	5	13
Dipsomania, . . .	0	1	1	0	0	0	0	0	0
General Paralysis, . . .	0	0	0	1	0	1	2	0	2
Asthenic Insanity, . . .	0	0	0	2	1	3	2	1	3
Climacteric Mania, . . .	0	0	0	1	0	1	0	0	0
Asthenic Dementia, . . .	0	0	0	2	2	4	0	0	0
Sthenic Melancholia, . . .	0	0	0	0	1	1	0	0	0
Phthisical Insanity, . . .	0	0	0	0	0	0	1	0	1
Recurrent Sthenic Insanity,	0	0	0	0	0	0	2	0	2
Mania, . . .	0	0	0	0	0	0	2	0	2
Insanity of Sunstroke, . . .	0	0	0	0	0	0	1	0	1
Dementia, . . .	0	0	0	0	0	0	2	0	2
Congenital Moral Insanity,	0	0	0	0	0	0	0	1	1
Sthenic Insanity (Menorrhagia)	0	0	0	0	0	0	0	1	1
Idiopathic Sthenic Insanity,	0	0	0	0	0	0	0	1	1
Not Insane, . . .	0	0	0	0	0	0	1	0	1
Total, . . .	45	46	91	14	16	30	21	9	30

Of those who recovered, the greater number were persons whose insanity depended upon causes of a temporary nature exerting their influence during a limited period of time. When the constitution so far recovered itself as to throw off the effects of these influences, the mental stability became re-established.

Table VIII. shows the duration of disease previous to admission, and the probable condition of those admitted, as regards their curability or incurability.

And here I cannot too strongly urge the propriety of an early removal to proper care when mental disease has once displayed itself. Many persons, I believe, are sufferers from the unwillingness of their friends to recognise the presence of mental disorder, or to permit of their removal when it shows itself.

It ought always to be borne in mind, that one of the most important functions of an Asylum is to serve as an hospital for cases of mental disorder of a recoverable kind. It affords rest and seclusion from annoyance and worry: this alone greatly facilitates the recovery of mental stability, when mental disorder is functional. But in order that its Patients may be placed in the most advantageous circumstances for recovery, great care should be taken, that while the Patient is as soon as possible separated from the surroundings in which his disorder arose, he is



not so unnecessarily secluded from the influences of his ordinary home-life, as to make him look upon the Asylum as a prison-house. In many cases the visits of friends benefit convalescent Patients greatly, and at certain stages in convalescence the influence of home relations should be encouraged. A reviving interest in domestic affairs is a well-marked and most hopeful sign of a settling of the mental powers after their insane perturbation.

TABLE VIII.—*Duration of Disease previous to Admission, and Probable Condition of those Admitted.*

DURATION OF DISEASE.	INCURABLE.		CURABLE.		ALREADY DISMISSED RECOVERED.	
	Males.	Females.	Males.	Females.	Males.	Females.
Under 1 day,	2	1	0	1	0	0
„ 2 „	1	3	3	1	1	1
A few days,	4	6	8	6	7	0
Under 1 week,	3	3	4	4	1	3
„ 10 days,	1	2	1	2	0	0
„ 2 weeks,	1	2	2	2	1	1
„ 3 „	0	0	2	5	0	2
Some weeks,	0	1	0	1	0	0
Under 1 month,	4	1	6	3	2	0
„ 6 weeks,	5	1	0	5	0	0
„ 2 months	0	2	2	3	2	4
„ 3 „	3	1	3	1	1	1
„ 4 „	1	0	0	0	0	0
Some months,	2	1	1	2	0	0
Under 5 „	2	0	1	0	1	0
„ 6 „	1	0	2	5	0	1
„ 7 „	0	1	3	0	0	0
„ 8 „	0	0	1	0	1	0
„ 9 „	0	0	0	1	0	0
„ 12 „	3	3	1	1	0	0
„ 18 „	0	2	0	1	0	0
„ 2 years,	1	2	0	1	0	0
„ 3 „	1	2	0	1	0	0
„ 5 „	0	1	0	2	0	0
Several years,	1	0	0	0	0	0
Under 6 „	0	1	1	0	0	0
„ 12 „	0	2	0	0	0	0
„ 13 „	1	0	0	0	0	0
„ 30 „	0	1	0	0	0	0
Congenital,	1	1	0	0	0	0
Unknown,	20	13	30	21	12	12
Not Insane,	1	0	0	0	0	0
Total,	59	53	71	69	29	25

In Table IX. are given the causes of death.

It will be noticed that by far the greater majority of the deaths during the past, as in other years, have been dependent upon the inevitable consummation of their disease.



TABLE IX.—*Causes of Death.*

CAUSES OF DEATH.	M.	F.	T.
General Paralysis, . . . . .	3	1	4
Bronchitis and Exhaustion, . . . . .	1	0	1
Pneumonia and Gangrene of the Right Lung, . . . . .	1	0	1
Apoplexy, . . . . .	2	0	2
Accidental Perforation of the Rectum and Bladder, . . . . .	1	0	1
Epilepsy, . . . . .	2	1	3
Exhaustion, . . . . .	1	2	3
Pneumonia and Exhaustion, . . . . .	1	1	2
Phthis and Morbus Cordis, . . . . .	1	0	1
Pneumonia and Erysipelas, . . . . .	1	0	1
Phthisis Pulmonalis, . . . . .	4	5	9
Senile Decay and Bronchitis, . . . . .	1	3	4
Abscess in the Abdominal and Thoracic Walls, . . . . .	1	0	1
Erysipelas, . . . . .	1	0	1
Bronchitis, . . . . .	1	0	1
Phthisis Pulmonalis and Fatty Liver, . . . . .	1	0	1
Cerebral Softening with Epilepsy, . . . . .	0	1	1
Exhaustion following Senile Mania, . . . . .	0	1	1
Senile Decay, . . . . .	1	1	2
Pleurisy and Pericarditis, . . . . .	0	1	1
Epilepsy and Exhaustion, . . . . .	1	1	2
Tubercular Pneumonia, . . . . .	0	1	1
Senile Decay and Bronchitis, . . . . .	2	0	2
Chronic Meningitis and Epileptic Seizure, . . . . .	0	1	1
Pulmonary Tuberculosis, . . . . .	2	0	2
Paraplegia Bronchitis and Pneumonia, . . . . .	1	0	1
Moist Gangrene, . . . . .	0	1	1
Acute Tuberculosis and Pericarditis, . . . . .	1	0	1
Cardiac Disease, . . . . .	3	1	4
Empyema and Bronchitis, . . . . .	1	0	1
Exhaustion from Cancer of the Ovaries and Abdominal Glands, . . . . .	0	1	1
Cardiac Disease, Pulmonary Tuberculosis, and Bronchitis, . . . . .	1	0	1
Syphilis and Apoplexy, . . . . .	1	0	1
Phthisis and Exhaustion from Mania, . . . . .	1	0	1
Phthisis and Exhaustion, . . . . .	0	1	1
Sanguineous Apoplexy, . . . . .	0	1	1
Pleuro Pneumonia, . . . . .	0	1	1
Cerebral Softening and Epilepsy, . . . . .	1	0	1
Peritonitis and Exhaustion, . . . . .	1	0	1
Exhaustion and Acute Bronchitis, . . . . .	1	0	1
Sub-acute Pneumonia and Exhaustion, . . . . .	0	1	1
General Tuberculosis, . . . . .	0	1	1
General Debility and Pneumonia, . . . . .	1	0	1
General Debility, . . . . .	1	0	1
Serous Apoplexy, . . . . .	1	0	1
Abscess of the Lung, . . . . .	0	1	1
Paralysis, . . . . .	0	1	1
Pleurisy, . . . . .	1	0	1
Overdose of Hydrocyanic Acid, . . . . .	1	0	1
Pneumonia, . . . . .	1	0	1
Total, . . . . .	47	30	77



TABLE X.—*Period of Residence of those Deceased.*

PERIOD OF RESIDENCE.	Males.	Females.	TOTAL.
Under 4 days, . .	1	0	1
„ 1 week, . .	3	0	3
„ 10 days, . .	0	1	1
„ 2 weeks, . .	2	0	2
„ 3 „ . .	4	0	4
„ 1 month, . .	2	1	3
„ 5 weeks, . .	0	1	1
„ 6 „ . .	0	2	2
„ 2 months, . .	1	0	1
„ 3 „ . .	2	2	4
„ 4 „ . .	2	2	4
„ 5 „ . .	0	2	2
„ 6 „ . .	1	0	1
„ 7 „ . .	1	1	2
„ 8 „ . .	3	1	4
„ 12 „ . .	1	1	2
„ 18 „ . .	3	2	5
„ 2 years, . .	4	3	7
„ 3 „ . .	4	4	8
„ 4 „ . .	2	1	3
„ 6 „ . .	2	2	4
„ 7 „ . .	0	1	1
„ 8 „ . .	1	0	1
„ 10 „ . .	3	0	3
„ 11 „ . .	1	1	2
„ 12 „ . .	1	0	1
„ 16 „ . .	1	1	2
„ 26 „ . .	0	1	1
„ 27 „ . .	1	0	1
„ 30 „ . .	1	0	1
Total, .	47	30	77

In my Report for 1871 I had the satisfaction of recommending to your notice the large increase in the number of those engaged in out-door occupation. The number of those so occupied has during 1872 undergone no diminution. Suitable occupation for the insane is not one of the least items for their treatment; and I am of opinion that out-door occupation is a valuable means of *treatment*, as healthy exercise in the open air supplies the desideratum in the life-conduct of very many of the Patients admitted to an Asylum which draws, as this does, the majority of its population from an urban district. Open-air amusements, as well as open-air work, also play an important part in the treatment of nervous disorders; and cricket, bowls, walks, picnics to various



places of interest in the neighbourhood, have been of frequent occurrence during the summer months. When the season became such as not to allow of these relaxations, they were replaced by various in-door amusements.

During the winter months the meetings of the Library Club have alternated every Monday evening with lectures given by gentlemen who have taken the trouble to come from Edinburgh for that purpose. As these Library Club meetings had formerly been attended exclusively by Patients on the male side of the house, it was thought well last winter to extend the sphere of their operations, so as to include such lady Patients as might wish to attend. Accordingly, fortnightly conversaziones were last year instituted in connection with the Library Club meetings. These conversaziones have this winter been resumed, and continue to form an agreeable addition to the winter relaxations. On alternate weeks with these conversaziones, evening parties are held in the new drawing-room recently added to the accommodation for lady Patients in the West House.

At the East House also numerous social gatherings have been held in the drawing-room, which forms a part of the recent addition to that portion of the establishment. I am of opinion that the facilities afforded for such social gatherings by this addition have greatly added to the domestic comforts of the East House, many of whose inmates labour under chronic forms of insanity, and to whom, therefore, the Asylum must be considered as, strictly speaking, in the light of home.

I will here take the opportunity of testifying my obligations to those gentlemen who have, at considerable personal inconvenience, been so good as to deliver lectures to the inmates of the institution.

It has been customary to refer in these Reports to any structural alterations or improvements that may have taken place during the period to which they refer. Your Visiting Committee, on a representation of the necessity of the measure, recently contracted for the re-papering and cleaning of the female side of the West House. This has now been completed; and this portion of the establishment now wears a greatly increased aspect of comfort



and cleanliness. The supply of two grates to the corridor of the female separate building will, it is believed, add greatly to the home-like aspect of this portion of the establishment.

In accordance with the strongly expressed opinion of Sir James Coxe on the occasion of his last visit, your Visiting Committee gave their sanction to the doubling of the night watch on both sides of the West House. On the male side the double night watch is already in operation, and a great diminution in the number of wet and dirty Patients has already taken place in the male department. On the female side the double night watch is not as yet in operation: this delay arises from the extreme difficulty of procuring suitable attendants for the female side of the house. Every effort is, however, being made to complete these arrangements; and I have no doubt, when the double night watch is set in operation, that a vast improvement will also be effected as to the numbers of wet and dirty on the female side of the house.

I have then, gentlemen, in the foregoing, touched in a necessarily brief manner on what I consider some of the salient points of interest in the history of this Asylum during the past twelve months. To me there now only remains the agreeable task of thanking you most heartily for the support you have afforded me in the management of this important institution. Nor should I fulfil the obligations of ordinary gratitude, did I not record my high sense of the persistent kindness with which the gentlemen of the House Committees have afforded me their support in carrying out those measures which I presented to them, as being calculated to further the welfare, or conduce to the comfort, of the inmates of the Asylum.

DAVID SKAE, M.D.



Table of Weights of Organs and Causes of Death.

M A L E S.											
FORM OF INSANITY.		CAUSE OF DEATH.									
AGE.		Encephal.	Heart.	Right Lung.	Left Lung.	Liver.	Spleen.	Right Kidney.	Left Kidney.		
34	Sthenic Insanity.	54	12	32	15	72	5	9	8		
27	Sthenic Idiopathic Insanity,	46	12	17	17	52	5	6	6		
65	Acute Mania,	54	11	38	35	38	2	5	5		
59	Asthenic Insanity,	50	18	21	19	72	13½	12	10		
39	Do.	47	13	43	29	43	8	7	6		
38	Do.	53	10	18	35	52	5	6	5		
58	Do.	50	13	47	34	48	7	6	5		
58	Do.	50	20	26	33	64	7	7	6		
58	Do.	43½	10½	39	15	49	4	4	3		
33	Idiopathic Insanity.	51	12	34	31	46	10	7	6		
37	Asthenic Melancholia,	50	17½	22	29	..	..	..	..		
67	Dementia,	47	9½	21	35	49	1½	7	6		
54	Do.	52	13	17	27	29	1½	3	3		
78	Do.	44	13	20	24	40	4	4	4½		
63	General Paralysis,	50	14	..	..	..	..	..	..		
35	Do.	44	11	26	18	52	5	6	5		
40	Insanity with Epilepsy,	52	7	27	26	49	4	6	5		
16	Epileptic Insanity,	47	7	27	20	..	7	6	5		
37	Tubercular Insanity,	45	12	49	43	68	..	..	..		
28	Do.	49	18	72	41	53	..	..	..		
68	Senile Insanity,	49	13	..	..	50	6	5	6		
70	Do.	..	15	..	..	..	..	..	..		
76	Senile Mania,	44	14	35	39½	33	3½	4½	4		
76	Senile Melancholia,	..	13	26	18	44	13	8	7		
74	Insanity of Atheroma,	43	17	35	24	40	4	6	5		
72	Periodic Mania,	47	14	31	27	57	8	7	6		
42	Dipsomania,	..	15	27	26	71	11	16	12		
25	Insanity of Syphilis,	50	13	..	..	..	..	..	..		
36	Traumatic Insanity,	45	14	30	33	50	7	6	5		



Table of Weights of Organs and Causes of Death.

FEMALES.											
AGE.	FORM OF INSANITY.	CAUSES OF DEATH.									
		Encephal.	Heart.	Right Lung.	Left Lung.	Liver.	Spleen.	Right Kidney.	Left Kidney.		
65	Sthenic Insanity,	43	14	25	21	42	7	7	6		
40	Acute Mania,	44	10	24	32	45	..	..	..		
57	Mania,	42	11	13	14	..	..	5	..		
70	Asthenic Insanity,	46	10½	8	6	23	..	3	3½		
44	Do.	46	10	..	..	44	..	4	..		
57	Do.	40	10	15	15½	44	5	4½	..		
56	Do.	41	7	18	17	23	3	3	3		
40	Asthenic Dementia,	46	10	17	25	..	..	7½	4		
42	Dementia,	38	12	8½	15	48	3	5	7½		
31	General Paralysis,	37	9	..	..	..	..	..	..		
23	{ Advanced Dementia fol- lowing Epilepsy,	43	7	15	13	29	4	5	..		
16	Congenital Imbecility,	46	7	9	16	33	3	3	..		
23	Puerperal Insanity,	38	9	15½	21	*	..	..	..		
63	Ovario-Mania,	41	7	16	20	34	7	..	..		
52	Phthisical Insanity,	49	9	26	17	52	5	5	3		
14	Do.	37	..	..	..	..	..	..	..		
72	Senile	38	34	..	..	..	..	..	..		
61	Do.	42	6	13	8½	34	..	..	..		
						33	4	3	3		

\* Liver, Spleen, Two Kidneys, and Stomach—Total, 108.





# STATEMENT OF WORK

DONE AT

## THE ROYAL EDINBURGH ASYLUM

*During the Year ending 31st December 1872.*

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The Work is estimated by charging Journeymen's Wages only.

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### I. TAILORS.

Making 203 jackets, at 3s. 6d.,	.	.	.	.	L.35	10	6
„ 215 vests, at 1s. 6d.,	.	.	.	.	16	2	6
„ 111 pairs trousers, at 1s. 6d.,	.	.	.	.	8	6	6
„ 215 flannels, at 1s.,	.	.	.	.	10	15	0
„ 319 pairs drawers, at 1s.,	.	.	.	.	15	19	0
„ 171 bonnets, at 5d.,	.	.	.	.	3	11	3
„ 89 stocks, at 5d.,	.	.	.	.	1	17	1
„ 13 tweed suits, at 16s.,	.	.	.	.	10	8	0
Bed sheets, quilts, canvass dresses, bags, &c.,	.	.	.	.	10	2	10
Repairs,	.	.	.	.	76	16	4
New work and repairs for private individuals,	.	.	.	.	1	18	0
					<hr/> L.191 7 0		

### II. SHOEMAKERS.

Making 115 pairs men's boots, at 5s.,	.	.	.	.	L.28	15	0
„ 172 „ women's shoes, at 2s. 6d.,	.	.	.	.	21	10	0
„ 164 „ canvass shoes, at 2s. 6d.,	.	.	.	.	20	10	0
„ 22 „ locked boots, at 3s. 6d.,	.	.	.	.	3	17	0
„ 126 „ braces, at 3d.,	.	.	.	.	1	11	6
„ 38 „ gloves, at 1s. 6d.,	.	.	.	.	2	17	0
„ 28 key belts, at 2d.,	.	.	.	.	0	4	8
Repairing men and women's boots and shoes,	.	.	.	.	54	8	6
Do. for private individuals,	.	.	.	.	0	10	0
					<hr/> 137 7 8		
Carry forward,					<hr/> L.328 14 8		

Brought forward, L.328 14 8

### III. ENGINEERS AND BLACKSMITHS.

Amount of engineer and blacksmith work for Western Department,				L.93	9	11
Do.	Do.	for Eastern Department,		16	18	9
Do.	Do.	for workshops and garden,		18	4	5
Do.	Do.	for miscellaneous buildings,		8	9	10
				<hr/>		
				137	2	11

### IV. PAINTERS.

Painting and papering in Western Department,	L.73	18	9	
Do. Do. in Eastern do.,	27	1	0	
Do. Do. in miscellaneous buildings,	13	17	1	
				114 16 10

### V. UPHOLSTERERS.

Making new hair and seaweed mattresses and feather pillows, straw palliasses, covering chairs, canvass frames, strapping, &c.; also altering, stuffing, twilting, and repairing old ditto for Western Department,				L.63	0	10
Do.	Do.	for Eastern Department,	.	21	7	4
Do.	Do.	for Myreside and Cottage,	.	0	16	6
				<hr/>		
				85	4	8

### VI. PRINTERS.

Receipt book for wages, contracts for provisions, butcher meat, milk, &c., inventories, attendants' pass cards, night attendants' returns, laundry lists, daily record, cards and bills for concerts, warrants, annual report, &c.,							56	19	2
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### VII. MASONS.

Building, cutting, slapping, altering, and repairing sundry places; also altering, lifting, and relaying pavement in Western Department, . . . . .				L.71	4	6	
Do.	Do.	in Eastern Department, . . . . .		25	11	6	
Do.	Do.	in miscellaneous buildings, . . . . .		13	18	0	
							<hr/>
							110 14 0

### VIII. PLUMBERS, GASFITTERS, & TINSMITHS.

Plumber, gasfitter, and tinsmith work for Western Department,	L.59	1	7
Do. Do. for Eastern Department,	41	11	4
Do. Do. for garden and miscellaneous buildings,	7	6	1
Tin goods made for store,	9	2	6
		<hr/>	117 1 6

Carry forward, L.950 13 9



Brought forward,

L.950 13 9

## IX. CARPENTERS.

Making and fitting up tables, dining and drawing room chairs, wardrobes, presses with shelving, &c., boxes, wash-hand stands, mantelpiece, glass doors, pailings, shelving, laying new flooring, linings, fitting up theatre, &c.; also cleaning, altering, and repairing furniture, &c., in Western Department, . . . . . L.117 4 0

Do. Do. for workshops and garden implements, 11 4 7

Do. Do. for Eastern Department, . . . . 56 4 10

Do. Do. for miscellaneous buildings, . . . 13 15 4

Amount for coffins, . . . . . 3 12 0

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 202 0 9

## X. GLAZIERS, PLASTERERS, &amp; SLATERS.

Glazier, plasterer, and slater work in Western Department, . . . . . L.29 17 10

Do. Do. in Eastern Department, . . . . 10 14 1

Do. Do. in miscellaneous buildings, . . . 4 13 10

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 45 5 9

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 L.1198 0 2

ANDREW LESLIE, *House Superintendent.*

## ARTICLES MADE BY FEMALES IN WESTERN DEPARTMENT.

	L.	s.	d.		L.	s.	d.
225 Gingham and wincey dresses . . at 1s 8d	18	15	0	Brought forward,	78	15	4
29 Stuff dresses . . . 3s 0d	4	7	0	628 Check aprons at 0s 0½d	1	6	2
32 Linen, check, and tick dresses . . . 1s 6d	2	8	0	321 Dowlas do. . . 0s 3d	4	0	3
22 Muslin dresses . . . 2s 0d	2	4	0	186 Coloured handkerchiefs . . . 0s 0½d	0	7	9
404 Cotton chemises . . . 0s 4d	6	14	8	60 White do. . . 0s 0½d	0	2	6
162 Flannel do. . . 0s 3d	2	0	6	296 Pairs blankets . . . 0s 3d	3	14	0
84 Men's flannel jackets 0s 6d	2	2	0	114 Bed covers . . . 0s 2d	0	19	0
102 Pairs men's drawers 0s 6d	2	11	0	35 Window screens . . . 0s 0½d	0	1	5½
269 Bed gowns . . . 0s 4d	4	9	8	137 Table cloths . . . 0s 1d	0	11	5
14 Long bed gowns . . . 0s 6d	0	7	0	241 Pairs stockings . . . 0s 4½d	4	10	4½
190 Caps . . . 0s 3½d	2	15	5	253 Do. refooted . . . 0s 3d	3	3	3
50 Dress caps . . . 0s 4d	0	16	8	172 Pairs shoes bound . . . 0s 2d	1	8	8
50 Bonnets trimmed . . . 0s 3d	0	12	6	48 Table napkins . . . 0s 0½d	0	2	0
171 Coloured petticoats 0s 3d	2	2	9	3 Sofa covers . . . 1s 0d	0	3	0
302 Plaiding do. . . 0s 3d	3	15	6	8 Chair do. . . 0s 3d	0	2	0
42 Flannel do. . . 0s 3d	0	10	6	5 Set window curtains 1s 6d	0	7	6
14 White cotton do. . . 0s 4d	0	4	8	6 Set bed do. . . 1s 6d	0	9	0
59 Sun caps . . . 0s 6d	1	9	6	84 Buff blinds . . . 0s 1d	0	7	0
34 Slip bodices . . . 0s 3d	0	8	6	45 Vallances . . . 0s 6d	1	2	6
30 Pairs drawers . . . 0s 3d	0	7	6	4 Cushions embroid. 3s 0d	0	12	0
524 Striped shirts . . . 0s 4d	8	14	8	4 Sofa blankets knit. 3s 6d	0	14	0
6 White do. . . 0s 6d	0	3	0	12 Tidies knitted . . . 1s 0d	0	12	0
938 Sheets . . . 0s 1½d	5	17	3	8 Pincushion covers knitted . . . 0s 3d	0	2	0
158 Roller towels . . . 0s 0½d	0	6	7	72 Straw bags . . . 0s 3d	0	18	0
108 Hand do. . . 0s 0½d	0	4	6	4500 Dusters . . . 0s 0¼d	4	13	9
522 Pillow slips . . . 0s 2d	4	7	0				
Carry forward,	L.78	15	4		L.109	4	11

## ARTICLES REPAIRED BY FEMALES IN WESTERN DEPARTMENT.

	L.	s.	d.		L.	s.	d.
1805 Striped shirts . . at 1d	7	10	7	Brought forward,	44	8	9
5130 Pairs woollen drawers 1d	21	7	6	394 Pairs blankets at 2d	3	5	8
235 White & regatta shirts 1d	0	19	7	572 Sheets . . . 1d	2	7	8
714 Gowns . . . 2d	5	19	0	10,347 Pairs stockings . . . 0½d	21	11	1½
376 Coloured petticoats . . 1d	1	11	4	456 Pillow slips . . . 0½d	0	19	0
457 Plaiding do. . . 1d	1	18	1	63 Roller towels . . . 0½d	0	2	7½
84 Flannel do. . . 1d	0	7	0	291 Bed gowns . . . 1d	1	4	3
573 Cotton chemises . . 1d	2	7	9	214 Caps . . . 0½d	0	8	11
374 Flannel do. . . 1d	1	11	2	42 Table cloths . . . 1d	0	3	6
112 Dowlas aprons . . 1d	0	9	4	1,951 Flannel jackets . . 1d	8	2	7
42 Bed covers . . . 1d	0	3	6	62 Slip bodices . . . 1d	0	5	2
94 Check aprons . . . 0½d	0	3	11	84 Pairs drawers . . . 1d	0	7	0
Carry forward,	L.44	8	9		L.83	6	3

MRS MACDOUGALL, *Matron.*



## ARTICLES MADE BY FEMALES IN EASTERN DEPARTMENT.

3 Gowns.	13 Pairs cotton stockings.	12 Crotchet.
5 Shawls.	125 Aprons.	25 Quilts.
14 Night gowns.	24 Neckerchiefs.	33 Pairs blankets.
6 Night caps.	24 Pocket handkerchiefs.	180 Towels.
16 Chemises.	24 Collars.	260 Dusters.
4 Pairs drawers.	6 Muslin sleeves.	3 Sofa covers.
2 White petticoats.	12 Linen do.	24 Chair do.
10 Coloured do.	3 Slippers sewed.	18 Table cloths.
6 Flannel do.	18 Worsted work.	36 Table napkins.
2 Flannel underdresses.	40 Knitting.	24 Window blinds.
18 Pairs worsted stockings.	3 Trimming sewed.	180 Sundries.

## ARTICLES REPAIRED BY FEMALES IN EASTERN DEPARTMENT.

35 Gowns.	80 Aprons.	40 Quilts.
12 Shawls.	18 Neckerchiefs.	30 Pairs blankets.
65 Night gowns.	33 Pocket handkerchiefs.	63 Pillow slips.
22 Night caps.	29 Slip bodices.	40 Towels.
80 Chemises.	10 Pairs stays.	5 Sofa covers.
59 Pairs drawers.	12 Habit shirts.	14 Chair do.
23 White petticoats.	29 Collars.	48 Table cloths.
55 Coloured do.	9 Muslin sleeves.	50 Toilet covers.
31 Flannel do.	20 Linen do.	76 Table napkins.
68 Flannel underdresses.	11 Knitting.	48 Window blinds.
1226 Pairs worsted stockings	189 Shirts.	570 Sundries.
170 Do. cotton do.		

A. M. SHEARER, *Matron.*ABSTRACT OF THE VALUE OF STOCK ON HAND IN STORES  
AT 31ST DECEMBER 1872.

1. Provisions, groceries, and stimulants,	£487	0	3
2. <i>House Furnishings</i> —Consisting of china, crystal, crockery, bedding, hessian, damask, toilet covers, sheeting, bed lace, cord, hair cloth, packsheets, window blinds and mounting, coffin mounting, pails, knives and forks, razors, brushes, matts, &c.,	319	15	11
3. <i>Male Clothing</i> —Plaiding, dowlas, duck, lasting, cloth, canvass, corduroy, tweed, shirting, hose, handkerchiefs, stocks, shoes, braces, with tailor's and shoemaker's stock,	180	4	0
4. <i>Female Clothing</i> —White and black cotton, linen, plaids, shawls, muslin, prints, drugget, jane, flannel, stays, tape, needles, thread, &c.,	132	1	1
5. <i>Ironmongery</i> —Tin goods, blacksmiths, masons, plumbers, upholsterers, joiners, painters, and glazier's stock,	108	18	9
6. Amount of pigs, as per valuation,	152	0	0
7. Wheat, oats, and hay,	100	0	0
	£1480	0	0

ANDREW LESLIE, *House Superintendent.*

