Annual report of the Royal Edinburgh Asylum for the insane : For the year ending 31st December 1869.

### Contributors

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# ANNUAL REPORT

OF THE

# ROYAL EDINBURGH ASYLUM

FOR

# THE INSANE.

FOR THE YEAR ENDING 31st DECEMBER 1869.

E D I N B U R G H : PRINTED AT THE ROYAL ASYLUM PRESS.

MDCCCLXX.



# ROYAL EDINBURGH ASYLUM.

### Patroness-The Queen.

### OFFICE-BEARERS FOR 1870.

#### GOVERNOR-

#### THE DUKE OF BUCCLEUCH AND QUEENSBERRY.

#### DEPUTY-GOVERNORS.

The EARL OF STAIR. CHAS. COWAN, Esq. DUNCAN M'LAREN, ESQ., M.P.

SIR J. Y. SIMPSON, Bart. E. S. GORDON, Esq., Q. C.

#### EXTRAORDINARY MANAGERS.

- Lord Provost of the City of Edin- | Sheriff of the County of Edinburgh.
- Lord President of the Court of Session.
- Lord Justice-Clerk of the Court of Justiciary.

Lord Advocate of Scotland.

Solicitor-General of Scotland.

Dean of the Faculty of Advocates.

Deputy-Keeper of Her Majesty's Signet.

Members of Parliament for the City. Member of Parliament for the County.

- burgh.
- Principal of the University of Edinburgh.
- President of the Royal College of Physicians.
- President of the Royal College of Surgeons.

Senior Minister of Edinburgh.

Master of the Merchant Company. Preses of the Society of Solicitors.

Dean of Guild of the City.

Deacon Convener of the Trades.

#### ORDINARY MANAGERS.

The Lord Provost (ex-off.) Robert Walker, Esq. George Cairns, Esq. Charles Cowan, Esq. Alex. G. Home, Esq., M.D. Alexander Hay, Esq. Alexander Auchie, Esq. David Curror, Esq.

Robert Omond, Esq., M.D. James Lewis, Esq. William Skinner, Esq. David Dickson, Esq. Robert Lee, Esq., Advocate. James Wilson, Ésq. D. J. Brakenridge, Esq, M.D.

### MEDICAL BOARD.

rresident of the Royal College of Physicians-President of the Royal College of Surgeons-Professor Sir James Y. Simpson, Bart .--Professor Syme-Professor Maclagan.

### DR SKAE, Resident Physician.

DR WICKHAM, DR WRIGHT, and DR HAIGH, Medical Assistants. The Rev. A. B. M'Culloch, Chaplain. Mr Andrew Leslie, House Superintendent. David Scott Moncrieff, W.S., Clerk and Treasurer.



## REPORT

#### BA

### THE ORDINARY MANAGERS

#### OF THE

### ROYAL EDINBURGH ASYLUM FOR THE INSANE.

Presented to the Annual General Meeting of the Corporation, held on Monday, 28th February 1870.

The period having arrived when the Ordinary Managers of the Asylum fall, in terms of their Act of Parliament, to lay before the Corporation and the public an account of their proceedings during the year 1869, they are glad to be able to state, that throughout that period the condition of the institution under their charge has been satisfactory.

The average daily number of Patients under treatment in all departments of the institution during the past year was 732, being an increase of 21 over those under treatment during the year 1868. This increase applies wholly to the West House (the numbers in the Eastern department shewing an average of 69 against 71 of the previous year), and it is attributable to the circumstance of the Lunacy Wards in St Cuthberts' Poorhouse having been discontinued before the close of the year 1868.

The Surplus Revenue to ..... £2,367 8 101

 The amount of Debt at the close of the year 1869

 was
 £18,046
 5
 5

 And at 31st December 1868
 19,572
 15
  $4\frac{1}{2}$ 

### Shewing a Decrease of ..... $\pounds 1,526$ 9 111

The decrease in the amount of Debt would have been considerably greater than the above amount, had it not been for the building operations, to be immediately referred to.

Owing to the insufficiency of the accommodation for females in the West House, the Managers have at length found themselves compelled to proceed with the enlargement and completion of that building, by the erection of the north-west wing. It had been intended to begin this important work during the year 1868, but the District Lunacy Board objected to any further expenditure on buildings during the subsistence of the contract between them and the Corporation, and operations were therefore delayed until the Managers had it in their power to bring that contract to a close.

It is expected that the cost of erection will be about £4000, of which sum £1900 has been paid to account. The building was commenced in the month of August, and is now well advanced. It is believed that it will be ready for occupation about mid-summer. It is constructed to afford accommodation, in separate apartments, for about 60 Patients, who will be drafted from the over-crowded galleries in other parts of the female side.

Notwithstanding the additional accommodation thus provided, the number of Patients in the West department will still be considerably larger than the building is constructed to contain. The Managers, however, are no longer under any legal obligation to provide room for the whole Pauper Lunatics of Midlothian and Peebles; and it is hoped that the Patients from the country parishes in the district will soon be withdrawn, leaving the Asylum for the use of those belonging to the metropolitan parishes only. The Asylum will then also be available to a greater extent than at present for Private Patients belonging to the humble ranks of life.

It was not without difficulty that the Managers adopted the important resolution of putting an end to the contract with the District Board. They are satisfied, however, that the step was a right one, as the number of Patients thrust upon them in conseequence of the closing of the Lunacy Wards in St Cuthberts' Poorshouse was such as to render the condition of the inmates most souncomfortable.

The District Board being dissatisfied with the course taken by the Managers, applied to the Court of Session to have it found that the Corporation was bound under the Lunacy Act to contract with them. The action was defended by the Managers, and they are glad to say that the Lord Ordinary Ormidale took the view which they had themselves, after much deliberation, adopted, and dismissed the case with expenses. In this judgment the District Board have acquiesced, and it is understood that they intend to erect an Asylum for the sole use and benefit of the country parishes.

In order to guard against the land next the East House being built upon, and the privacy of the grounds being interfered with, the Managers have, during the past year, agreed to feu four acres of land from one of the adjoining proprietors. Most of this will be thrown into the East House garden, and it is expected that it will prove a great acquisition.

In reference to the condition of the inmates, the Managers cannot do better than make the following excerpts from the Report of the Commissioner in Lunacy upon the occasion of his last statutory visit :—" The increased tranquillity of the Patients, especially of those in the female separate buildings, which was commented on in past reports, was again noticed, and is ascribed to the increased and extended exercise which the Patients now enjoy, to the improvement of their surroundings, and their division into smaller groups. No Patient was found in seclusion, and very few entries of this character occur in the register. Gloves are occasionally resorted to for the prevention of bad habits; and in one case the movements of the body were, for surgical reasons, restrained by means of a sheet.

"Divine service is attended by about 170 males, and 120 females.

"Great attention continues to be given to the provision of varied sources of amusement and recreation, and theatrical performances are occasionally given to numerous audiences under serious difficulties from want of suitable accommodation.

"In forming an estimate of the condition and management of the Asylum, due allowance should be made for its over-crowded condition, its deficiency of single rooms, and the rough and uncouth nature of the population from which many of the Patients are drawn. With such elements of mischief in operation, it is matter of wonder and congratulation that it fulfills its purpose so well, and with so few accidents of a deplorable character. But the necessity for reform in many departments is nevertheless extremely urgent."

The Managers have to record the death during the past year of the lamented Mr James Mackenzie, W.S., one of the Deputy-Governors of the institution, and a gentleman who long took a deep interest in its welfare; as also that of Mr Robert Johnston, W.S., who for many years acted as one of the Ordinary Managers, and whose advice and assistance were always of the greatest value to the Board. It will be for the Corporation to fill up the vacancies thus occasioned.

The Report of the Resident Physician and of the Charity Committee are herewith produced.

> JAMES BLACKADDER, Senior Manager.

# REPORT

### OF THE

### CHARITY COMMITTEE OF MANAGERS

### FOR THE YEAR ENDING 31st DECEMBER 1869.

The Account of the Treasurer's Intromissions with	the (	Char	rity
Fund during the past year is herewith submitted,	shew	ing	an
Income of	£307	1	0
An Expenditure of	222	2	0
Increase		10	0

The amount of the Fund at 31st December 1869 was  $\pounds$ 8038 1s. 10d., being an increase of the above sum of  $\pounds$ 84 19s. over the mamount at 31st December 1868.

The total number of Patients who derived benefit from the Fund during the past year was 20, the average number on the Iroll each quarter being 16. Digitized by the Internet Archive in 2018 with funding from Wellcome Library

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# ABSTRACT

### OF THE

## TREASURER'S ACCOUNTS

### FOR THE YEAR 1869.

### CHARGE.

	11.5	CHARGE.		
	11	I. Balance of last Account closed 31st December 1868, L.1,83	0 1	01
	IT	I. Arrears of Board given up in last Account,		31
		I. Patients' Boards per Board Books-	1 2	9
	1	For Quarter ending 31st March Males. Females.		
	110	1000		
	1	D D 0011 1 1000 0 000 H 0		
	13	Do. Do. 30th September 1869, 3,032 4 6 2,923 3 0		
		Do. Do. 31st December 1869, 2,933 2 3 2,976 19 5		
	12			
		L.11,961 11 3 L.11,600 10 5		
		11.961 11 3		
		LAND THE REPORT OF		
		L.23,562 1 8		
	N.	Add-May 14, 1868, Received from City Parish amount		
		recovered by them from other Parishes liable for a		
		higher rate of Board, L16 18 1		
	4	Deduct-Repaid for Patients last year and		
		previous years, East House, L.6,109 4 4 }		
		East House, L.6,109 4 4) 45 15 9	4 4/12	
		West House, 17,452 17 45 23,516	5 5 1	11
1	V.	Accounts due by Patients for clothes and extraordinary furnishings		
	1	of various kinds, supplied through the House Superintendent and		
		Matrons, at the expense of the institution, and charged against the		
		recipients-		
	100	Males. Females.		
	150	For Quarter ending 31st March 1869, L.347 9 11 L.268 14 10		
		Do. Do. 30th June 1869, 372 18 2 223 5 4		
	15	Do. Do. 30th Sept. 1869, 306 0 4 238 13 4		
		Do. Do. 31st Dec. 1869, 390 3 8 224 7 9		
	12	L.1416 12 1 L.955 1 3		
	1	1416 12 1		
		2,371	13	4
	. P	Price of Crop, Pigs, and Sundries disposed of-		
		1. Price received for Pigs sold, L.331 0 0		
		Less paid for ditto bought, and meat for them, 29 0 7		
		1 001 30 7		
	1	L.301 19 5		
	1	2. Price received for Wheat and Oats,		
	-	3. Ditto Vegetables,		
		4. Sundries,	10 7	1
		430	10 11	1
	-	Carry forward, L.28,314	14	21
		Carry forward, 11.20,014	11 1	~2

Brou	ght for	ward,	L	28,314	14
VI. Price received for Clothing, &c. furnished by ( and Ayr District Asylums-	Contrac	t to St	irling		
July 30, 1869, From Stirling District Asylum,		L.58	16 6		
		128	3 8		
and Ayr District Asylums- July 30, 1869, From Stirling District Asylum, L 58 16 6 August 9, 1869, From Ayr Ditto, 128 3 8 187	0				
<ul> <li>VI. Price received for Clothing, &amp;c. furnished by Contract to Stirling and Ayr District Asylums— July 30, 1869, From Stirling District Asylum, L 58 16 6 August 9, 1869, From Ayr Ditto,</li></ul>	1,000	0			
Amount of Charge,			ī.	.29,501	14

DISCHARGE.	East	Ho	use.	West	Hou	ise.	To	FAL.	
Dischatton.	L.		d	L.		d.	L.		
I Expanse of Previsions				and the second se			10,101		
I. Expense of Provisions,	2,363	12	81	7,740	14	$7\frac{1}{2}$	10,101	•	
II. Do. Clothing, Bedding, Na-		-	~			0.1	1.007	0	
pery, &c		3	81	1,822			1,887		1
III. Do. Fuel,	123			515			638		1
IV. Do. Lighting,	87	14	6	235	12	0	823	6	1
V. Do. Water and Washing Ma-									81
terials,		17	6	225	7	0	304	4	4
VI. Do. Medicines and Surgical			v			-			
Apparatus,	20	2	11	0.0	14	2	116	17	-
VII. Do. Books, Stationery, and		-	11	50	1.1	0	110		1
		-	0	110		0	1.0	10	
Amusements		7		118		9	159		-
VIII. Do. Tobacco, Snuff, &c		16	0	170	16	2	180	12	3
1X. Do. Sundry Furnishings and							1		
Repairs,	288	4	73	918	6	2	1.203	10	9
X. De. Garden and Grounds,				150	12	03	150	12	0
XI, Public and Parochial Burdens, .	62	4	11	127		3	189		4
XII Interest on Losus paid,	1	_		816		10	816		10
XUL Feu-duties and Stipend,		16	···· c		8	0	410		0
Arti. reu-cucies and Supeno,									g
XIV Insurance Premiums,		3				2		16	ii C
XV. Salaries and Wages,	1,198	3	10	3.150	9	2	4,348		Ca
XVI. Extraordinary Expenditure, .				143	13	õ	143		5
XV I Miscellaneous Payments,	45	1	7	1:8	16	5	173	18	C
XVIII. Accounts paid on behalf of Patients,	and the			a la marine			In the second second		
and charged against them, .	1.924	G	01	1000			1,924	6	C
and thing to again the state,			- 2						2
Amount of Ordinary Disbursements,	6 391	16	7	16 779	17	<u><u>g</u>1</u>	23.101	14	-
VIV Advances to Continentor for now he	1 diama	10	• •	110,110	11	02	1.900	0	C
ATA. Advances to Contractor for new of	mungs	,	•	•	•	•			c
XIX. Advances to Contractor for new bu XX. Loans paid up or assigned,	·				•		1,000	0	0
XXI. Arrears of Boards and Extras outst	anding	at	31st	Decemb	er .	1869,			C
Balance of this A	Account	t at		Ditte	0,		8,357	3	2
Amount of Discharge of	qual to	Ch	arge			. 1		14	4
	1			, .		-			-

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### ABSTRACT OF INCOME AND EXPENDITURE FOR THE YEAR ENDING 31st DECEMBER 1869.

INCOME-									1
I. Boards,							L.23,562	1	8
II. Extra Accounts due b	v Patients,						2,371	13	4
III. Produce and Sundries							436	10	11
IV. Price of Clothing, &c.									
			-	-				_	
			C	arry f	arwar	d	L.26,557	6	1
			0.	arry		,		~	1

12

	13	
EXPENDITURE-	Brought forward,	L.26,557 6 1
I. Amount of Ordinary Disbur	rsements, as stated in the Dischar 	4 31
<ol> <li>Instalment to Sinking Fund,</li> <li>Interest on Debt not secure and not payable out of Sir</li> </ol>		0 0 <sup>°</sup> 6 9
	the straight of the	$ 21,189 17 2\frac{1}{2}$
Surplus Ord	linary Income,	. L.2 367 8 10 <sup>1</sup> / <sub>2</sub>
	V INCOME AND EXPEND OF THE WEST HOUSES RESPECTIVE	
	I. EAST HOUSE.	
INCOME-		. L6109 4 4
Extra Accounts,		. L 6 109 4 4 . 2.371 13 4
EXPENDITURE-		L.8,480 17 8
nount thereof chargeable aga charge, id value of Vegetables, &c. fur		Dis- 16 7 8 6 8
o. value of Work performed by tients, including material supp		6 11 4 6,855 14 7
Surplus Inco	ome of East House,	. L1,625 3 1
The second second	II. WEST HOUSE.	
I. Boards,	L.17,455	2 17 4 3 10 11
I. Produce sold, I. Clothing supplied to Ayr and	Stirling District Asylums, 187	1 0 2
Verotables supplied to East	House, 168 buse, including material used, 363	3 6 8 5 11 4
	L.18,610	
EXPENDITURE- I. Amount thereof chargeable	against West House, as	
stated in Discharge, . Deduct Interest of Debt, .	. L.16,779 17 84	
I. Instalment to Sinking Fund. I. Interest of Unsecured Debt,	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	3 0 7 <del>1</del>
Surplus Income of W		742 5 9
	Total, as before,	L.2.367 8 10}

TABULAR VIEW of the Cost per head per annum of the undernoted iter allocated upon Patients, of whom 69 represents the Daily Average of the E House, and 663 the Daily Average of the West House.

I. Provisions (including share of Attendants' provisions), L.34 5 1       L 11 13         II. Clothing, Bedding, Napery, &c.       0 18 7       2 14         III. Fuel,       1 15 8       0 15         IV. Lighting,       1 5 5       0 7         V. Water and Washing materials,       1 2 11       0 6         VI. Medicines and Surgical Apparatus,       0 5 10       0 2         VII. Books, Stationery, &c.       0 12 0       0 3         VIII. Tobacco, Snuff, &c.       0 2 10       0 5         IX. Furnishings and Repairs, &c.       4 3 6       1 12         X. Garden and Grounds,       .       .       0 4         XI. Public Burdens and Stipend,       1 0 7       0 15         XII. Insurance,       .       0 1 9       0 0         XIII. Salaries and Wages,       .       .       1 0 3         L24 1       Deduct value of Fruit and Vegetables and Labour sup-       .       .         plied by West to East House,       .       .       .       .         XV. Miscellaneous Payments,       .       .       1 14       .         Deduct value of Produce sold and supplies furnished to East House (1.1157 9s. 1d.),       .       .       .       1 14         Total Cost of Maintenance of each Pati									East	Hou	se.	West	Ho	2
III. Fuel,       .       .       .       .       1       15       8       0       15         IV. Lighting,       .       .       .       1       5       5       0       7         V. Water and Washing materials,       .       .       1       2       11       0       6         V. Medicines and Surgical Apparatus,       .       0       5       10       0       2         VII. Books, Stationery, &c.       .       .       0       12       0       3         VIII. Tobacco, Snuff, &c.       .       .       0       2       10       0       5         IX. Furnishings and Repairs, &c.       .       .       0       2       10       0       5         IX. Furnishings and Repairs, &c.       .       .       .       0       2       10       5         X. Garden and Grounds,       .       .       .       .       .       0       4       3       6       1       12         X. Garden and Grounds,       .       .       .       .       .       .       0       4       XI. Public Burdens and Stipend,       .       .       .       0       15	I.	Provisions (including share	of At	tend	ants'	prov	ision	s),	L.34	5	1	L 11	13	1.0
IV. Lighting,       1       5       5       0       7         V. Water and Washing materials,       1       2       11       0       6         VI. Medicines and Surgical Apparatus,       0       5       10       0       2         VII. Books, Stationery, &c.       0       12       0       3         VIII. Books, Stationery, &c.       0       12       0       3         VIII. Books, Stationery, &c.       0       2       10       0       5         IX. Furnishings and Repairs, &c.       0       2       10       0       5         IX. Furnishings and Repairs, &c.       4       3       6       1       12         X. Garden and Grounds,       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4       15         XII. Insurance,       .       .       .       .       1       0       7       0       15         XII. Insurance,       .       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       <	II.	Clothing, Bedding, Napery,	&c.						0	18	7	2	14	1.44
V. Water and Washing materials,       1       2       11       0       6         VI. Medicines and Surgical Apparatus,       0       5       10       0       2         VII. Books, Stationery, &c.       0       12       0       0       3         VIII. Books, Stationery, &c.       0       12       0       0       3         VIII. Books, Stationery, &c.       0       2       10       0       5         I. Books, Stationery, &c.       0       2       10       0       5         VII. Books, Stationery, &c.       0       2       10       0       5         VII. Tobacco, Snuff, &c.       0       2       10       0       5         IX. Furnishings and Repairs, &c.       1       0       7       0       15         X. Garden and Grounds,       .       .        0       1       0       4         X. Garden and Grounds,       .       .         0       1       0       0         X. Garden and Grounds,       .       .        1       0       1       1       1       1       1       1       1       1       1       1       <	III.	Fuel,				+			1	15	8	0	15	1.10
VI. Medicines and Surgical Apparatus,       0       5       10       0       2         VII. Books, Stationery, &c.       0       12       0       3         VIII. Tobacco, Snuff, &c.       0       2       10       0       5         IX. Furnishings and Repairs, &c.       0       2       10       0       5         IX. Furnishings and Repairs, &c.       4       3       6       1       12         X. Garden and Grounds,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       1       0       7         XII. Insurance,       .       .       .       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7       14       9          XV. Miscellaneous Payments,       .       .       0       13       1       3       1.224	1V.	Lighting,							1	5	5	0	7	
VII. Books, Stationery, &c.       .       .       .       0       12       0       3         VIII. Tobacco, Snuff, &c.       .       .       .       0       2       10       0       5         IX. Furnishings and Repairs, &c.       .       .       .       0       2       10       0       5         IX. Furnishings and Repairs, &c.       .       .       .       .       0       4       3       6       1       12         X. Garden and Grounds,       .       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       1       0       7       0       15         XII. Insurance,       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour sup-       .	v.	Water and Washing materia	uls,						1	2	11	0	6	-
VIII. Tobacco, Snuff, &c.       0       2       0       5         IX. Furnishings and Repairs, &c.       4       3       6       1       12         X. Garden and Grounds,       .       .       4       3       6       1       12         X. Garden and Grounds,       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       15         XII. Insurance,       .       .       .       .       0       19       0       0         XIII. Salaries and Wages,       .       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour sup-       .       .       .       .       .       .       .       .       .       .       .       .       .       .       .       .       .       .       .	VI.	Medicines and Surgical App	paratu	18,					0	5	10	0	2	
IX. Furnishings and Repairs, &c.       4       3       6       1       12         X. Garden and Grounds,       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       1       0       7       0       15         XII. Insurance,       .       .       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7       14       9          XV. Miscellaneous Payments,       .       .       0       13       1       0       3         L.24       1       Deduct value of Produce sold and supplies furnished to East House (11157         1       14         Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-	VII.	Books, Stationery, &c.							0	12	0	0	3	
X. Garden and Grounds,       .       .       .       .       .       0       4         XI. Public Burdens and Stipend,       .       .       1       0       7       0       15         XII. Insurance,       .       .       .       .       0       1       9       0       0         XIII. Insurance,       .       .       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       .       17       7       4       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7       14       9          XV. Miscellaneous Payments,       .       .       .       0       13       1       0       3         L.24       1       Deduct value of Produce sold and supplies furnished to East House (11157       9s. 1d.),         1       14         Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-	VIII.	Tobacco, Snuff, &c							0	2	10	0	5	i
XI. Public Burdens and Stipend,       1       0       7       0       15         XII. Insurance,       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       17       7       4       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7       14       9          XV. Miscellaneous Payments,       .       .       .       0       13       1       0       3         L.24       1       .       .       .       .       1       14         Deduct value of Produce sold and supplies furnished to East House (11157       .       .       .       1       14         Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-	IX.	Furnishings and Repairs, &c							4	3	6	1	12	
XII. Insurance,       .       .       .       .       0       1       9       0       0         XIII. Salaries and Wages,       .       .       .       .       17       7       4       15         XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7       14       9          NV. Miscellaneous Payments,       .       .       .       0       13       1       0       3         L.24       1       .       .       .       .       114       14         Deduct value of Produce sold and supplies furnished to East House (11157       .        1       14         Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-	Х.	Garden and Grounds,		ed?								0	4	
X111. Salaries and Wages,	XI.	Public Burdens and Stipend	, .						1	0	7	0	15	
XIV. Estimated value of Fruit and Vegetables and Labour supplied by West to East House,       .       .       7 14 9         XV. Miscellaneous Payments,       .       .       .       0 13 1 0 3         Deduct value of Produce sold and supplies furnished to East House (11157 9s. 1d.),       .       .       .         Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-       .       .       .	XII.	Insurance,							0	1	9	0	0	1
plied by West to East House,	XIII.	Salaries and Wages, .							17	7	4	4	15	
XV. Miscellaneous Payments, 0 13 1 0 3 Deduct value of Produce sold and supplies furnished to East House (11157 9s. 1d.),	XIV.	Estimated value of Fruit an	d Veg	getab	les a	nd J	abou	r su	p-					
L.24 1 Deduct value of Produce sold and supplies furnished to East House (11157 9s. 1d.),		plied by West to East Hor	use,						7	14	9			
Deduct value of Produce sold and supplies furnished         to East House (11157 9s. 1d.),         Total Cost of Maintenance of each Patient during the         year, exclusive of House Rent, Interest of Debt, Feu-	XV.	Miscellaneous Payments,		-	•			•	0	13	1	0	3	1
Deduct value of Produce sold and supplies furnished         to East House (11157 9s. 1d.),         Total Cost of Maintenance of each Patient during the         year, exclusive of House Rent, Interest of Debt, Feu-												L.24	1	1
Total Cost of Maintenance of each Patient during the year, exclusive of House Rent, Interest of Debt, Feu-								hed						
year, exclusive of House Rent, Interest of Debt, Feu-					-	-	-	the				-	11	
											_			
duty, and Instalment to Sinking Fund, L71 9 4 L.22 6									.71	9	4	L.22	6	

Note.—The Patients in the East House, in addition to the above items, pay their own Clothes, Stimulants, Tobacco, and extraordinary furnishings of all kine as stated in Branch XVIII. of Discharge.

# ABSTRACT

### OF THE

### TREASURER'S INTROMISSIONS

### WITH THE

### FUNDS OF THE CHARITY COMMITTEE

### FOR THE YEAR 1869.

#### CHARGE.

	CHARGE.	
1	I. Balance of last Account_	
	Balance in Treasurer's hands at 31st December 1868,	£253 2 10
I	I. Interests received-	
~		00
	I. On Bonds by Royal Edinburgh Asylum for L.330	J <b>U</b> ,
	L.2400, and L.1000.	Bonding
	May 15, 1869, Half-year's Interest at 4 per cent., lo	
	67s. tax, £130 13	
	Nov. 11, 1869, Do. Do. less 53s. 3d. tax, 131 6	9
	£261 19	9
	2. On Debenture for L.1000 by Caledonian	· ·
	Railway Company.	
	Jan. 19, 1869, Half-year's Interest at 4 per	
	cent., less 10s. tax, £19 10 0	
	July 15, 1869, Do. less 9s. 2d. tax, 19 10 10	
		10
	3. On Loan to the Royal Edinburgh Asylum	
	of L.150.	
	Nov. 11, 1869, Half-year's Interest at 4 per	
	cent., less 1s. 3d. tax, £2 18 9	
	Less Interest paid Royal Edinburgh	
	Asylum for the number of days	
	between Whitsunday and 25th	
	June, when Sum lent, less 3d. tax, 0 13 3	
	2 5	6
	Add Progressive Interest on this Account, per State, 1 14	11
		305 1 0
II	II. Donation-	
	March 17, 1869, Received from Earl of Stair donation	
	1869,	. 200
	Amount of the Charge,	£560 3 10
	Autount of the Onarge,	

### DISCHARGE.

	55 18
	July 10, Paid Quarters' Boards to 30th September, per list, 47 2
	Sept. 20, Paid three Quarters' allowance for J. F. Johnston, 7 10
<ul> <li>1869.</li> <li>Jan. 6, Paid Quarters' Boards to 31st March, per list, £53 2</li> <li>April 9, Paid ditto to 30th June, per list, £58 2 6</li> <li>, 23, Less repaid for Agnes Duncan, £4 0 0</li> <li>Less paid her funeral expenses, 1 16 0</li> <li>2 4 0</li> <li>55 18</li> <li>July 10, Paid Quarters' Boards to 30th September, per list, 47 2</li> <li>Sept. 20, Paid three Quarters' allowance for J. F. Johnston, 7 10</li> <li>Oct. 6, Paid Quarters' Boards to 31st December, per list, 53 7</li> <li>Nov. 5, Paid Board for John Robertson, from admission on 31st July to 30th September, at £15 per annum, 2 11</li> <li>Dec. 31, Paid Quarter's Board for Margaret Inglis, . 2 10</li> <li>£222 2</li> <li>II. Sum lent to Royal Edinburgh Asylum on Assignation to Bond in favour of Misses Elliot,</li></ul>	
Jan. 6, Paid Quarters' Boards to 31st March, per list, . £53 2 6 April 9, Paid ditto to 30th June, per list, £58 2 6 " 23, Less repaid for Agnes Duncan, £4 0 0 Less paid her funeral expenses, 1 16 0 2 4 0 55 18 0 July 10, Paid Quarters' Boards to 30th September, per list, 47 2 0 Sept. 20, Paid three Quarters' allowance for J. F. Johnston, 7 10 0 Oct. 6, Paid Quarters' Boards to 31st December, per list, 53 7 0 Nov. 5, Paid Board for John Robertson, from admission on 31st July to 30th September, at £15 per annum, 2 11 0 Dec. 31, Paid Quarter's Board for Margaret Inglis, . 2 10 0 £222 2 0 II. Sum lent to Royal Edinburgh Asylum on Assignation to Bond in favour of Misses Elliot,	
	the second se
1	
	Bond in favour of Misses Elliot,
III	. Balance in Treasurer's hands—
	Balance at 31st December 1869,
	Amount of Discharge equal to Charge 6560 2
	Amount of Discharge equal to Charge,

### STATE OF FUNDS AT 31st DECEMBER 1869.

1. Amount held in Loan by Managers of Asylum, :	£6850	0	0
2. Ditto in Debenture Bond by Caledonian Railway Company,	1000	0	0
3. Balance in Treasurer's hands, per foregoing Account, .	188	1	10
Sum,	£8038	1	10

# PHYSICIAN'S ANNUAL REPORT FOR THE YEAR 1869.

I have the honour to submit to you my report of the history and progress of the Asylum during the past year.

The following Table exhibits the general results as regards the admission, removal, recovery, and deaths of Patients.

a all partorinos tota dintrate ant chan	Males.	Females.	TOTAL.
Number of inmates at the close of 1868, Absent on Probation,	355 9	365 6	720 15
Admitted during the year 1869,	$\frac{364}{140}$	371 147	735 287
Total number under treatment,	504	518	1022
M. F. T. Discharged, 77 $98 = 175$ . Of whom were Recovered, $55 \ 65 = 120$ M. F. T. Of whom were Recovered, $55 \ 65 = 120$ Relieved, $9 \ 19 = 28$ not Improved, 13 $14 = 27$ Absent on Probation at 31st December 1869, } $10 \ 5 = 15$ Deaths, . $53 \ 40 = 93$ Total number at the close of 1869, .	140 364	143	283 739
Average number daily resident during the year 1869,	$\begin{array}{c} \text{Males.} \\ 361 \frac{308}{365} \\ 345 \frac{69}{366} \end{array}$	Females. $370\frac{309}{365}$ $366\frac{204}{366}$	$Total. 732_{365}^{252} 711_{\overline{366}}^{273}$
Increase in 1869 of average number daily resident,	16.5	4	20.5

TABLE I .- General Results of the Year.

The number of Patients in the Institution at the close of the year 1868 was 720, exclusive of 15 absent on probation. The number remaining at the close of last year was 724, also exclusive of 15 absent on probation.

The number of admissions during the past year was 287, and the number of removals 283.

Of these removals 120 had recovered, giving the very gratifying per centage of 41.81 to the admissions.

The number of Patients admitted into the Asylum since it was opened now amounts to 7431, of whom 2860 have been discharged recovered, being in the ratio of 38.49 to the admissions, or about 42.7 per cent., if those remaining under treatment are deducted.

The average daily number of Patients in the Asylum during the past year was 732, being about 20 more than the previous year. The increase of the daily average is due to the closing of the Lunatic Wards of the Poorhouses, which forced a considerable number of chronic cases into the Asylum, and compelled us to dislodge other inmates, and to decline receiving Patients of the pauper class for the future from the landward part of the Edinburgh District. Notwithstanding this restriction, and the refusal of all cases that could properly be refused, the pauper department still continued to be crowded, and, from the want of a sufficient number of single rooms, to force upon me great difficulties in separating and classifying the excitable and violent Patients. You were induced, in consequence of these circumstances, to complete the Western building, according to the original plan, by erecting the north-west wing. This addition, which is rapidly approaching completion, will contain about sixty rooms suitable for the accommodation of single Patients, and thus add very materially to the safety, comfort, and quiet of the inmates, as well as to their proper treatment and classification.

The deaths during the past year were 93, being in the ratio of 11.33 per cent. to the average number resident, or of 9.1 per cent. to the total number under treatment.

Thirty-five Patients were sent out on probation, of whom 7 were brought back. Twenty-one were transferred to Public Asylums, 1 to a Private Asylum, 6 to Lunatic Wards of Poorhouses, 2 to England and Ireland, and 1 to a licensed house. Seven inmates were removed by friends contrary to advice, of whom 3 were brought back in a very short time, 2 of them being much worse than they left, and the third having come back spontaneously two days after leaving, begging anxiously to be readmitted.

Seven Patients were removed under a clause in the latest Act, giving Parochial Boards power by a minute to take their paupers off the roll, and transfer the care of them to their friends.

Forty-two applications for admission into the higher class department were refused for want of room.

The following Table shews the duration of residence in the Asylum of those discharged :---

PERIOD OF RESIDENCE		RELIEVED.			NOT	ED.	RECOVERED.			
ERIOD OF RESIDENCE	м.	F.	T.	M.	F.	T.	M.	F.	<b>T</b> .	
Under 8 days,	0	0	0	0	2	2	0	0	0	
" 1 month,	0	1	1	1	1		2	0	2	
" 6 weeks,	0	0	0	1	2	3	8	23	10	
" 2 months,	0	1	1	1	1	$\begin{array}{c}2\\3\\2\\2\end{array}$	5	3	8	
,, 8 ,,	2	3	5	2	0	2	-4	7	11	
. 4	1	2	3	1	1	2	7	12	19	
	0	0	0	0	1	1	4	4	8	
" 6 " · · · " 7 " · ·	2	0	2	0	0	0	1	6	7	
" 7 "	0	$\frac{2}{2}$	$\frac{2}{2}$	1	0	1	4	4	8	
" 8 "	0	2	2	0	0	0	2	4	6	
" 9 "	0	1	1	0	0	0	2	2	4	
" 10 "	2	1	3	1	0	1	1	2	3	
" 11 "	0	0	0	0	0	0	2	$\frac{2}{2}$	4	
" 12 "	0	0	0	1	0	1	1	2	3	
" 18 "	0	2	2	0	1	1	8	3	11	
9 months	0	0	0	1	2		1	1	2	
, 2 years,	i	1	2	1	1	3 2	0	6	6	
" 3 " · · · " 4 " · ·	0	0	0	1	ī	2	1	1	2	
K	Ŏ	1	1	0	0	ō	1	1	2	
77	Ő	0	õ	1	Õ	1	1	0	i	
	Ŏ	i	1	Ō	ŏ	ō	Ō	Õ	0	
10	0	i	î	Ő	Ő	0	Ő	Õ	0	
15	0	Ō	ō	Ő	ŏ	ŏ	0	ĩ	Ĩ	
16	0	0	Ő	0	Ő	0	Ő	2	2	
<sup>37</sup> 10 <sup>37</sup>	1	0	1	0	1	1	0	õ	ō	
Total,	9	19	28	13	14	27	55	65	120	

TABLE II.—Period of Residence of those Relieved, Not Improved, or Recovered, at their Removal.

It will be seen that of the Patients who recovered (120), more than one-half (65) were restored within six months. Not a few, however, recovered after the lapse of some years—one after a residence of fifteen, and two after sixteen years—shewing that few cases should be hastily regarded as hopeless or incurable.

The next Table shews the ages of those admitted, discharged, and dead.

	AD	MITT	red.	DISC	DEAD.				
AGE.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL	Males.	Females.	TOTAL.
Under 10 years, . From 10 to 20, .	0	1 6	1 14	0	03	0 8	0	0	0 2
From 10 to 20, . , 20, 30, .	39	39	78	14	14	28	6	3	9
,, 30 ,, 40, .	31	29	60	15	10	25	12	3	15
" 40 " 50, .	27	36	63	7	21	28	12	14	26
,, 50 ,, 60, .	11	18	29	4	6	10	8	6	14
,, 60 ,, 70, .	4	8	12	4	6	10	7	8	15
,, 70 ,, 80, .	4	4	8	0	1	1	4	3	7
,, 80 ., 90, .	0	1	1	0	0	0	2	2	4
Unascertained, .	16	5	21	6	4	10	1	0	1
Total,	140	147	287	55	65	120	53	40	93

TABLE III.- Ages of those Admitted, Discharged, and Dead.

The per centage of recoveries in relation to age shews a gradually decreasing proportion with the increase of years. One remarkable exception to this law occurs in the decennial period between sixty and seventy, where the recoveries were in the ratio of 83 per cent. This, I have no doubt, must be regarded as exceptional and accidental.

In Table IV., Nos. 1 and 2, are the various cases of insanity arranged under the form of classification in most common use, and under the form I have myself suggested, and which appears gradually to approve itself to some of our best writers on insanity, as being the most practical and the best. It has this very obvious advantage, that the use of it leads to a more careful inquiry into the history and cause of each case, and the condition of the bodily health, and so insures a better diagnosis and better treatment.

TABLE IVNo. 1Forms of Insanity in those Admitted.	T	ABLE	IV	No.	1Form	s of	Insanity	in	those	Admitted.
---	---	------	----	-----	-------	------	----------	----	-------	-----------

FORMS OF INSANI	TY.		Males.	Females.	TOTAL.
Mania,		18	24	20	44
"Acute, .			30	39	69
" Chronic, .			1	2	
" Remittent,			1	1	2
" Puerperal, .			0	8	3 2 8 6 5
" Epileptie, .			5	1	6
" Senile, .			2	3	5
" a Potu, .			1	1	2
Melancholia, .			20	41	61
Dementia,			14	. 8	22
" Senile, .		•	2	4	
" Epileptic,	• .	•	$\frac{2}{2}$	1	3
Idiocy.			2	0	
Imbecility,	•	•	3	7	10
,, Moral, . Monomania, .	•		1	0	1
Monomania,			1	3	4
" of Suspicio		•	5	4	9
of Unseen	Age	ney,		1	4
General Paralysis,	•	•	20	1	21
Moral Insanity, .	•	•	1	0	1
Dipsomania,	•		2	2	4
Total,			140	147	287

TABLE IV No. 1	2 - Forms of	Insanity in th	lose Admitted.
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FORMS OF IN	SANITY.	Males.	Females.	TOTAL.
Idiopathic Insanity, General Paralysis, Congenital, Epileptic Insanity, Insanity of Pubescen "Masturba Post-Connubial Insan Ovario-Mania, Insanity of Hysteria, "Pregnance "Lactation	Mania, Melancholia, Monomania, Dementia, Mania, Melancholia, Monomania, Dementia, Imbecility, ctual Idiocy, Imbecility, cee, tion, ity,	$ \begin{array}{c} 11 \\ 7 \\ 5 \\ 7 \\ 12 \\ 5 \\ 3 \\ 10 \\ 20 \\ 3 \\ 1 \\ 3 \\ 8 \\ 2 \\ 4 \\ 1 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	Females           11           4           5           3           11           8           3           4           3           1           0           6           5           0           0           7           1           4	Тотац. 22 11 10 10 23 13 6 14 23 4 1 9 13 2 4 1 9 13 2 4 1 7 7 1 4
", Lactation Puerperal Insanity, Amenorrhœal Insanit Climacteric Insanity, Insanity of Atheroma ", Alcoholist Dipsomania, . Insanity of Tuberculo Traumatic   Injury to Insanity,   Sun-stro	y,		$ \begin{array}{c} 4 \\ 11 \\ 22 \\ 14 \\ 7 \\ 2 \\ 4 \\ 1 \\ 1 \end{array} $	$ \begin{array}{r}     4 \\     11 \\     22 \\     30 \\     10 \\     10 \\     3 \\     8 \\     1 \\     2 \\     5 \\ \end{array} $
Insanity of Syphilis,		5 140	0 147	

Table V. illustrates the frequency and nature of the suicidal impulse in the Patients who were admitted during the year.

			Males.	Females.	TOTAL.
Had meditated Suicide,			21	13	34
	• •	•	16	15	
Had attempted Suicide,		•	10		23
Total,			37	20	57
Forms of Insanity during u	which S	uicide		S.Como	016
was attempted -				1 1	
Mania,			4	0	4
" Acute, .			4	0	4
" Puerperal,			0	1	1
" Epileptic,			0	1	1
" Hysterical,			0	1	
Melancholia, .			5	3	8
Dementia,			2	0	2
Imbecility,			õ	1	$     \begin{array}{c}       1 \\       8 \\       2 \\       1     \end{array} $
General Paralysis,	• •	•	1	0	1
General Taratysis,	• •	•	1		1
Total,			16	7	23
Forms of Insanity during	which S	uicide	pins		
was meditated -					
Mania,			2	4	6
" Acute, .		.	2 3 1	2	5
" Senile, .			1	0	1
" Puerperal,			ō	i	ī
D			ĩ	ō	î
Melancholia,	• •	•	5	5	10
	ion .	•	0	0	2
Monomania of Suspi		•	21		1
, Fear,	•	•	1	0	
Dementia, .	• •	•		1	2
Dipsomania,	• •		1	0	2 1 4
General Paralysis,	• •	•	4	0	4
Total,			21	13	34
Means used in the attempts	made				
Cut Throat, .			4	9	ß
Other Wounds,	• •		* 0	2	1
	• •	•			6 1 5 3 1 3 2 1
Precipitation, .	• •	•	5 2 1 2 2 0	0	0
Poison,		•	2	1	3
Suffocation, .			1	0	1
Starvation, .			2	1	3
Hanging,			2	0	2
Strangulation, .		.		01	1
Burning,			0	1	ī
Total,			16	7	23

TABLE V.-Illustrations of Suicidal Tendency in those Admitted.

In Table VI. the assigned cause of the disease is given. Ten per cent. were ascribed to intemperance, and two cases were ascribed to the excitement connected with the passing of the bill for the disendowment of the Irish Church. One case, occurring in a girl of nine years of age, was caused by fright on coming suddenly face to face in the street with a dancing bear. Her insanity took the form of remittent attacks of excitement, during which she danced about the room, and appeared to imitate the movements of the bear. Of the 147 females admitted, their insanity was ascribed in 61 cases to affections special to their sex.

		1		
PROBABLE CAUSES OF D	ISEASE.	Males.	Females.	TOTAL.
Intemperance,		25	5	30
Irregular Menstruation,		0	12	12
Pregnancy,		0	1	1
Child-bearing,		0	11	11
Over-lactation,		0	4	4
Ovarian Disease, .		0	6	6
Ovarian Disease, . Climacteric Changes, .		1	27	28
Old Age, Phthisis,		5	5	10
Phthisis,		1	3	4
Enilensy		9	3	12
Paralysis,		6	3 3 2	8
Sun-stroke.		5532	1	6
Injury to Head,		5	0	5
Other Bodily Ailments,		3	1	4
Sexual Excesses		2	0	2
Secret Vice,		5	0	5
Congenital.		8	5	13
Domestic Affliction, . Disappointment, . Fright, .		. 9	12	21
Disappointment,		1	4	5
Fright.		1	1	2
Over-work.		11	0	11
Over-work, Religion,		5	4	9
Grief		3	3	
Grief, Political Excitement,		2	õ	2
Political Excitement, . Disease of the Brain, .		2	ĩ	3
Syphilis,		$\begin{array}{c} 2\\ 2\\ 2\\ 2\end{array}$		2
Atheroma,		i õ l	0 2 3	6 2 3 2 2 3
Inanition,		Ŏ	3	3
Not known,		29	31	60
1100 KHOWH,		20	01	00
Total, .		140	147	287
Hereditary Predisposition	was			
ascertained in		21	21	42
Previous Attacks in .		46	48	94
			1	

TABLE VI. Probable Causes of Disease in those Admitted.

Table VII. exhibits the form of insanity in those who were discharged.

FORM OF DISEASE.	REC	RECOVERED.			RELIEVED.			NOT IMPROVED.		
	M.	F.	T.	M.	F.	т.	M.	F.	T.	
Mania,	8	14	22	0	3	3	0	2	2	
" Chronic,	0	0	0	0	0	0	0	2	2	
" Acute,	22	18	40	2	1	3	1	5	6	
" Puerperal,	0	9	9	0	1	1	0	0	0	
" a Polu,	1	0	1	0	0	0	0	0	0	
Melancholia,	17	20	37	2	2	4	1	0	1	
Monomania,	0	0	0	1	0	1	0	0	0	
Dementia,	3	2	5	3	8	11	5	4	9	
General Paralysis, .	0	0	0	0	0	0	4	0	4	
Imbecility,	0	0	0	1	2	3	2	0	2	
,, Epileptic, .	0	0	0	0	0	0	0	1	1	
Dipsomania,	3	1	4	0	2	2	0	0	0	
Moral Insanity,	1	.1	2	0	0	0	0	0	0	
Total, .	55	65	120	9	19	28	13	14	27	

TABLE VII.—Forms of Insanity in those Patients who Recovered, or were Discharged Relieved or Not Improved.

Of the four cases of Dipsomania reported as discharged recovered, three appear to have been genuine recoveries, as they have continued well since their liberation. In one case, however, of this kind, where the Patient was apparently perfectly sane when he was discharged, it was feared that he would very speedily relapse when he was at large. Our fears and anticipations were very soon realised,—the Patient fell into his old habits, lost his self-control, and committed a murderous assault upon his wife, for which he is now in jail waiting for his trial. The laws appear to be inadequate for the purpose of prevention in such cases, even when human life is in danger; and such cases, along with those of our criminal population, of whom a large number are more or less insane, are left to multiply and perpetuate themselves in the deteriorating population of every civilised country.

Table VIII. shews the duration of the insanity previous to admission in the cases of the past year, and also the number already recovered, and the supposed curability of those remaining. It illustrates the greater curability of most cases placed at an early period under Asylum treatment.

DURATION OF	INCUR	ABLE.	CURA	ABLE.	ALREADY RECOV	DISMISSED ERED.
DISEASE.	Males.	Females.	Males.	Females.	Males.	Females.
Under 1 week,	7	10	16	20	0	0
,, 2 ,,	5	3	11	14	Ő	0
,, 3 ,,	1	1	1	5	0	0
" 1 month,	5	1	3	4	4	0
., 2 ,,	4	10	6	4 5	6	5
" 3 "	3	4	3	23	5	7
. 4 .	2	0	0		5	5
,, 5 ,,	1	1	0	1	3	2
" 6 "	1	2	1	2		3
,, 7 ,,	1	0	0	1	4	1
,, 8 ,,	1	1	2	0	0	1
" 9 "	0	0	1	0	1	0
" 12 "	3	3	4	1	1	0
" 18 "	1	1	0	2	0	0
" 2 years,	0	1	1	1	0	0
" 8 "	3	0	0	0	0	0
" 4 "	2	0	2	0	0	0
" 5 "	$\frac{2}{2}$	1	0	0	0	0
" 6 "		1	0	0	0	0
,, 8 ,,	0	1	0	0	0	0
" 9 "	1	0	0	0	0	0
,, 10 ,,	2	0	0	0	0	0
Many years,	9	3	0	1	0	0
Congenital,	6	5		0	0	0
Unknown,	16	17	11	18	0	0
Total,	78	66	62	80	32	24

**TABLE VIII.**—Duration of Disease previous to Admission, and probable condition of those Admitted.

In Table IX. the causes of death are enumerated.

It will be seen from this Table that the deaths from active disease of the brain were 24, being more than one-fourth of the whole. Many of the other deaths were cases in which active disease of the brain existed, although the immediate cause of death was referable to some other bodily disease. According to the Reports of the General Board of Lunacy, the mortality in Public Asylums, and in the case of Patients boarded in cottages, may be roughly stated as 90 and 60 per 1000 respectively, or about onethird more in Asylums than in cottages. It must be remarked, however, that more than one-third of the deaths in Asylums are caused by or complicated with organic disease of the brain, and many are admitted in a dying condition, while almost all Patients sent to cottages are in good bodily health,—conditions which render the mortality of Asylums such as to compare favourably with that of those under the cottage system of treatment.

CAUSES	OF I	DEAT	H.			Males.	Females.	TOTAL.
General Paralysis,	. 1					9	4	13
Nervous Exhaustion,						1	3	4
Apoplexy, Epilepsy, Chronic Ramolisseme						2	1	3
Epilepsy,						3	2	5
Chronic Ramolisseme	nt,					0	1	1
Hemiplegia, .						1	0	5 1 1 4
Atheroma,						4	0	4
Phthisis,						14	11	25
Pneumonia,						0	1	1
Pleurisy,						1	1	2
" from Fractur	re of	Ribs	and	Stern	um,	1	0	1 8 5
Bronchitis,						6	23	8
Fatty Heart, .					1.	2	3	5
Fatty Heart, . Aneurism,						1	0	1
Diarrhœa and Vomiti	ng.					0	3	3
Peritonitis, Cirrhosis, Bright's Disease.		·				1	0	1
Cirrhosis,						1	0	1
as a second second of	-	-				1	0	1
Stricture of Rectum.						0	1	1
Ovarian Disease,						0	1	1
Old Age.						3	6	9
Marasmus,						1	0	9 1
Marasmus, . Suicide by Hanging,		•				1	0	1
	Tota	al,	•			53	40	93

TABLE	IXC	auses of	Death.
-------	-----	----------	--------

The deaths from Phthisis during the past year have been more numerous than they have been from this cause for some years.

One case of death occurred from Pleurisy, occasioned by fracture of the sternum and several ribs. This case, on admission, was immediately reported to the Lunacy Board, as is always done when any casualty occurs. The Procurator Fiscal made an investigation after death, and satisfied himself that the injuries were

received, as the Patient himself had said, during some struggles previous to his admission into the Asylum. The post mortem appearances clearly shewed that the injuries were of old standing. This case was one of General Paralysis, where it is now a wellascertained fact that the bones are unusually fragile. Several articles have appeared in our newspapers of late of a sensational kind, commenting upon accidents of this nature which occurred in some English Asylums, and describing them as homicides perpetrated by the attendants, whose habit it is, they assert, to kneel on the persons of the Patients. That such accidents have occurred in Asylums I am not prepared to deny, but, according to my experience, they are rare, and more frequently occur to Patients when under the care of their friends before being taken to the Asylum. The friends or nurses, through ignorance and unskillfulness, in rough efforts to administer food or medicine, or to restrain the Patient, produce such accidents as have been described. In all well-regulated Asylums the attendants are certain to be instantly dismissed if such accidents occur under them ;--they are reported to the Lunacy Board and to the Procurator Fiscal, and liable to severe punishment if found guilty of violence; so that it must be obvious to any one, that there is a greater security against unnecessary violence in an Asylum than in a private house, where . the attendants are neither under the same supervision, nor exposed to punishment or penalties.

Table X. shews the length of residence in the Asylum of those who died.

It is worthy of remark, that upwards of one-eighth of the whole died within two months' residence, shewing how many of the Patients are brought to the institution, as I have already stated, in a dying condition. Among the deaths is that of a gentleman who was the oldest resident in the Asylum, having been an inmate for nearly forty-seven years. Three other Patients had been here for periods varying from twenty-five to twenty-seven years, one of whom was one of the most dangerous Epileptics I ever saw.

PERI	OD C	OF RESI	DEN	CE.	Males.	Females.	TOTAL.
Unde	r 3 \	weeks,			3	1	4
"	4	"			1		2
>>	6	17			2	2	4
37	4 6 2	nonths,			2	0	2
"	3	"			2	3	5
"	4	33			2	1	3
37	5	33			3	2	5
	6	13			0	2	2
33	7	33	1.011		2	2	4
33	8	33 23			õ	2	2
**	3456789				$\begin{array}{c} 3\\1\\2\\2\\2\\3\\0\\2\\0\\1\\0\\3\\4\\3\\6\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2\\2$	$\begin{array}{c} 2\\ 0\\ 3\\ 1\\ 2\\ 2\\ 2\\ 2\\ 0\\ 4\\ 0\\ 2\\ 2\\ 4\\ 2\\ 0\\ 2\\ 0\\ 2\\ 0\end{array}$	424253524214365
**	10	"	10.01		Ô	4	4
»» »»	12	33			3	Ô	3
	18	37	•		4	2	6
37	9	years,	•	1000	2	5	5
"	2				C	a l	10
"	234567	"	•		0	0	4
>>	5	37	•	100	6	ő	9
>>	G	"	•	•	6	0	Å
>>	7	33			2		T O
"	8	"	•	•	2	0	4
"	10	""	•	•	2	0	4
	10	"	•	• •	3	0	0
37	12	"		•	2	0 3 3 1	$   \begin{array}{r}     10 \\     4 \\     2 \\     4 \\     2 \\     2 \\     6 \\     5 \\     1 \\     1 \\     2 \\     1 \\     1   \end{array} $
33	13	"	•	•	0	1	1
33	14	3.	•		1	01	1
33	25	37	•		1	1	2
79	27	,,,	•	•		0	1
19	47	33	•	•	1	0	1
		Total,	-		53	40	93

TABLE X .- Period of Residence of those Deceased.

The post mortem appearances will be found in the Appendix to this Report.

You have acquired four additional acres of ground, which will afford increased means of out-door occupation to the inmates.

I observe that in the last Report of the General Board of Lunacy, the evidence given by me before the Royal Commission in 1855 is contrasted with the opinion given to the Board last year as to the amount of ground necessary for the occupation of the Patients. It is said that I stated in 1855 that from 90 to 100 Patients were employed in the grounds, and that I believed we could cultivate a farm of 200 acres, while now only about 45 Patients are employed in out-door labour, and that I now consider

forty-five acres sufficient for them; and I am represented as having changed my views on this subject. In justice to myself, I think it right to state, that my views on this subject have undergone no change whatever, and the apparent discrepancy is explained, first, by the fact, that when I spoke of a farm of 200 acres, I contemplated not additional manual labour to any extent, but the addition of pasturage and a dairy, so that the Asylum should be supplied by its own farm with dairy produce, instead of being supplied by contract, as at present. Secondly, By the fact that in 1855, although the number of Patients was fewer, there was a much larger proportion of them agricultural labourers : these have now been transferred to the Asylums of their respective districts, such as Inverness, Argyle, Perth, Haddington, Roxburgh, Fife, Stirling, &c., and these Patients have been replaced, and the population of the Asylum has been increased, not by a similar class, but by the chronic dements of other Asylums, and the Lunatic Wards of Workhouses, by artisans, servants, shopkeepers, and others totally unaccustomed to out-door labour. That the actual amount of work done in the Asylum has increased with the increase of Patients, will be at once apparent by a comparison of my Annual Report for 1856 with that of 1868, from which it appears that the value of work done by the males alone, estimated at journeyman's wages only, in the latter year exceeded that of the former by £300!

I refer with pleasure to the large amount of industrial work executed by the inmates during the past year.

Frequent reference has been made to the difficulty of getting Medical Superintendents of Asylums to co-operate with Inspectors of Poor in the removal of harmless Patients to private dwellings. I think it right, for my part, to state, that I have frequently recommended Inspectors to remove such cases, but have almost invariably found it impossible to induce them to do so.

In regard to the medical treatment, two new agents have been introduced during the past year, from both of which I anticipate great benefit. The one is the Hydrate of Chloral, an excellent and appropriate calmative for certain forms of insanity; the other is a Daniell's battery of great power, from which I also expect important results. My experience of these remedial agents will be duly reported through the medical press.

All the usual means of recreation and amusement have been actively employed, as in former years. Of these, I may mention cricket, bowls, picnics, curling, theatricals, concerts, our Library Club and *Mirror*, lectures, the weekly balls, &c. With regard to cricket, we had many matches with neighbouring Clubs, and, among others, two with the inmates of the new Asylum at Larbert, two with the University, and two with the Merchiston Clubs. In regard to lectures, I have to acknowledge with thanks the kind services of the following gentlemen :—Professor Blackie, John Sadler, Esq., George H. Thoms, Esq., Dr Page, Dr Collier, Rev. John Pirie, John C. Steen, Esq., Rev. P. Barclay, Dr Bedford, and the Rev. J. S. Mill.

Our stock of books, pictures, statuettes, &c., has been largely increased. Extensive additions have been made to the furnishing and decoration of the wards.

Since last report Dr Deas, the Senior Assistant Physician, has been appointed Medical Superintendent of the new Cheshire County Asylum, being the thirteenth of my assistants in this Asylum who have obtained similar appointments.

In conclusion, I beg to thank you for your cordial and generous co-operation with me in carrying out the great objects of this institution during the past year, which must be regarded as one of prosperity and progress.

### DAVID SKAE, M.D.

### STATEMENT OF WORK

### DONE AT

### THE ROYAL EDINBURGH ASYLUM

During the Year ending 31st December 1869.

The Work is estimated by charging Journeymen's Wages only.

### I. TAILORS.

Making 158 jackets, at 3s. 6d.,	L.27	13	0			
132 vests, at 1s. 6d.,	10	19	0			
130 pairs trousers, at 1s. 6d.,	10	16	8			
393 flannels, at 1s.,	19	13	0			
400 pairs drawers, at 1s.,	20	0	0			
131 bonnets, at 5d.,	2	14	9			
141 stocks, at 5d.,	2	18	9			
4 tweed suits, at 14s. 6d., and 1 pair trou	sers					
and 1 vest ditto,	3	4	0			
17 great coats, at 5s.,	4	5	0			
1 suit for gatekeeper, at 17s.,	0	17	0			
Bed sheets, quilts, canvass dresses, bags, &c., .	7	16	7			
Repairs,		6	7			
New work and repairs for private individuals, .	3	18	6			
	-			L.192	2 1	10
II. SHOEMAKERS.						
Making 168 pairs men's shoes, at 4s.,	L.33	12	0			
1 ", " boots, at 6s.,			0			
194 " women's shoes, at 2s. 6d., .			0			
145 " canvass shoes, at 2s.,	14	10	0			
30 " locked boots, at 3s. 3d.,		17	6			
120 " braces, at 3d.,		10	0			
25 " gloves, at 1s. 6d.,		17	6			
17 key belts, at 2d.,		2	10			
Repairing men and women's boots and shoes, .			1			
Do. for private individuals,		16				
Do. for private marriaging	_			121	13	6
i ar and i and i ar a start and i						
Carry for	ward,			L.313	16	4

	Brought	t forward	,	L.313	16
III. ENGINEERS AN	D BLACKS	MITHS.			
Amount of engineer and blacksmith	work for Wes	stern Dep	art-		
ment,		L.84 9			
Do. Do. for Eastern Departm	ient,	12 15	5 4		
Do. Do. for workshops and g	arden, .	11 16	8		
Do. Do. for miscellaneous bui	ldings, .	4 7	4	113	8
IV. UPHO	DISTERERS	3.	22	115	0
Making new hair and seaweed mat	tresses and p	illows, st	raw		
palliasses, covering chairs, canvas					
also altering, stuffing, twilting, an	nd repairing	old ditto	for		
Western Department,		L.127 10	3		
Do. Do. for Eastern Departm					
Do. Do. for Myreside and Co	ttage, .	2 14	1	161	9
V. PAL	NTERS.			101	
Painting and papering in Western D		L.40 8	3		
Do. Do. in Eastern		41 8			
Do. Do. in miscellaneo					
				89	13
VI. PR	INTERS.				
Receipt book for wages, contracts for	provisions, b	utcher m	eat,		
milk, &c. inventories, attendants'	pass cards,	night atte	nd-		
ants' returns, laundry lists, daily r	ecord, cards	and bills	for		
lectures, circulars for Treasurer, c		grammes	for		
concerts, warrants, annual report,	Stc., .		•	54	0
VII. M	IASONS.				
Building, cutting, slapping, altering	r, and repai	iring sun	drv		
places; also altering, lifting, an					
Western Department.					
Do. Do. in Eastern Departme					
Do. Do. in miscellaneous build	lings, .	11 14	0		
				69	5
VIII. PLUMBERS, GASFITTI	ERS, & TIN	SMITHS			
Plumber, gasfitter, and tinsmith wo					
ment,					
Do. Do. for Eastern Department,					
Do. Do. for garden and miscellane					
				92	3
	Carry for	ward.		L.893	18

Brought forward, L.893 18 5

### IX. CARPENTERS.

Making and fitting up tables, wardrobes, presses with shelving,		
&c., boxes, chairs, wash-hand stands, writing table and book-		
case, mantelpiece, glass doors, pailings, shelving, laying new		
flooring, linings, &c. also cleaning, altering, and repairing		
furniture in Western Department, I.100 9 4		
Do. Do. for workshops and garden implements, 12 14 4		
Do. Do. for Eastern Department, 45 12 1		
Do. Do. for miscellaneous buildings, 6 12 0		
Amount for coffins,		
	171 13	9

### X. GLAZIERS, PLASTERERS, & SLATERS.

Do.	Do.	slater work in Western De Eastern Department, .						
Do.		miscellaneous buildings,		1	2	41	13	1
					I.	1107	5	3

ANDREW LESLIE, House Superintendent.

### ARTICLES MADE BY FEMALES IN WESTERN DEPARTMENT.

204 Print, drugget and wincey	L.	8.	d.	L. s
gowns at 1s 8d			0	Brought forward, 64 12
13 Linen check gowns 1s 6d	0	19	6	395 Sheets at 0s 11d 2 9
27 Muslin gowns 2s 0d	2	14	0	133 Pair blankets 0s 3d 1 13
1 Silk gown 3s 6d	0	3	6	42 Bed covers 0s 2d 0 7
563 Cotton chemises 0s 4d	9	7	8	10 Chair do 0s 3d 0 2
375 Flannel do 0s 3d	4	13	9	61 Short window
284 Bed gowns 0s 4d	4	14	8	screens Os $0\frac{1}{2}d$ 0 2
12 Long bed gowns 0s 6d	0	6	0	60 Table cloths 0s 1d 0 5
180 Caps 0s 31d	2	12	6	6 Sofa covers 1s 0d 0 6
285 Coloured petticoats 0s 3d	3	11	3	6 Pair sewed shoes 2s 0d 0 12
260 Plaiding do 0s 3d	3	5	0	2 Large shawls knit 7s 6d 0 15
30 Flannel do 0s 3d	0	7	6	4 Small do 1s 6d 0 6
14 White cotton do 0s 4d	0	4	8	254 Pair stockings 0s 41d 4 15
36 Sun caps 0s 6d	0	18	0	220 Pair do, refooted 0s 3d 2 15
42 Slip bodices 0s 3d	0	10	6	80 Buff window blinds 0s 1d 0 6
38 Pair drawers 0s 3d	0	9	6	16 Striped vallances 0s 2d 0 2
6 Black silk aprons 0s 4d	0	2	0	18 Damask do 1s 0d 0 18
8 Merino do 0s 2d	0	1	4	8 Table covers 0s 1d 0 0
380 Coloured handker-				50 Straw bags 0s 3d 0 12
chiefs 0s 03d	0	15	10	8 Toilet covers 0s 1d 0 0
34 White do 0s 01d		1	5	8 Tray do 0s 01d 0 0
461 Pillow cases 0s 2d		16	10 -	294 Pair shoes bound 0s 2d 2 9
343 Striped shirts 0s 4d		14	4	64 Bonnets trimmed 0s 3d 0 16
8 White do 0s 6d	0	4	0	8 Tidies knitted 0s 6d 0 4
307 Roller towels 0s 01d		12	91	1 Pair curtains knit 5s 0d 0 5
36 Hand do 0s 01 d		1	6	50 Dress caps 0s 3d 0 12
383 Check aprons 0s 01d		15	113	12 Set bed curtains 1s 0d 0 12
193 Dowlas do 0s 3d		8	3	4000 Dusters 0s 04d 4 3
the second s				
Carry forward.	L. 64	1 19	2 3	L.90 4

Carry forward, L.64 12 3

L.90

### ARTICLES REPAIRED BY FEMALES IN WESTERN DEPARTMENT.

		L.	s.	d.		L.	8.
1680 Striped shirts .	at 1d	7	0	0	Brought forward,	47	50
6090 Pair drawers .		25	7	6	380 Sheets, at 1d	1	11
575 Gowns	2d	4	5	10	10,480 Pair stockings, 1d	21	16
350 Coloured petticoats	1d	1	9	2	240 Pillow slips Id		10
370 Plaiding do.	1d	1	10	10	36 Roller towels 1d	0	11
60 Fiannel do.	1d		5		24 Window blinds 1d	0	11
470 Chemises	1d	1	19	2	260 White and regatta		
490 Do. flannel .	1d		0	-	shirts 1d	1	
40 Aprons for males	1d			4	260 Bed gowns 1d	1	11
37 Bed covers				1	330 Caps 1d		71
60 Check aprons .	1d	0	2	6	18 Table cloths 1d	0	10
350 Pair blankets .		2		4	1,680 Flannel jackets 1d	7	01
Carry forwa	ard, L	.47	5	7	L	.81	18

MRS MACDOUGALL, Matron.

#### ARTICLES MADE BY FEMALES IN EASTERN DEPARTMENT.

Chemises. 24 Handkerchiefs. 30 Quilts. Night gowns. 24 Collars. 30 Blankets. Night caps. 12 Netted caps. 2 Sofa covers. Flannel jackets. 4 Pair sewed slippers. 6 Chair do. 6 Sewed cushions. Pair drawers, 48 Table napkins. Flannel petticoats. 12 Do. kettle holders. 12 Do. cloths. Wincey do. 18 Do. pieces. 6 Toilet covers. 2 Set netted curtains. 24 Window screens. Pair worsted stockings. Do. cotton 200 Towels. 30 Yards crochet. do. 12 Do. sewed trimmings. 160 Dusters. Aprons. Neckerchiefs. 6 Netted grate aprons.

#### ARTICLES REPAIRED BY FEMALES IN EASTERN DEPARTMENT.

- 54 Chemises. 20 Night gowns. 40 Night caps. 78 Flannel jackets. 70 Pair drawers. 36 Flannel petticoats. 30 Wincey do. 20 White do. 50 Pair worsted stockings.
- 100 Pair cotton stockings. 140 Aprons. 19 Neckerchiefs. 30 Collars. . 56 Quilts. 43 Blankets. 18 Sofa covers. 30 Chair do.
- 60 Table napkins. 50 Do. cloths. 30 Toilet covers. 40 Window screens. 50 Towels. 30 Gowns. 26 Shawls. 24 Bonnets.

#### A. M. SHEARER, Matron.

### BSTRACT OF THE VALUE OF STOCK ON HAND IN STORES AT 31st DECEMBER 1869.

Provisions, groceries, and stimulants,	£400	13	4
House Furnishings-Consisting of china, crystal, crockery, bedding	,		
hessian, damask, toilet covers, sheeting, bed lace, cord, hair cloth			
packsheet, window blinds and mounting, coffin mounting, pails, knives	5		
and forks, razors, brushes, matts, &c.,	304	6	7
Male Clothing-Plaiding, dowlas, duck, lasting, cloth, canvass, corduroy	,		
tweed, shirting, hose, handkerchiefs, stocks, shoes, braces, with tailor's	\$		
and shoemaker's stock,	303	8	$9\frac{1}{2}$
Female Clothing-White and black cotton, linen, plaids, shawls, muslin	,		
prints, drugget, jane, flannel, stays, tape, needles, thread, &c., .	224	18	11
Ironmongery-Tin goods, blacksmiths, masons, plumbers, upholsterers	,		
joiners, painters, and glazier's stock,	146	9	0
Amount of pigs, as per valuation,	130	0	0
Wheat, oats, and hay,	120	0	0
	£1629	16	7날
	the second s		

ANDREW LESLIE, House Superintendent.



## APPENDIX.

### PATHOLOGICAL APPEARANCES OBSERVED IN THE BRAIN DURING THE YEAR 1869.

Of the 93 deaths which occurred during the year, autopsies were made in 40 cases. The lesions of the Encephalon are noted below, and are arranged so as to show their relations to the various forms of Insanity.

The following Tables give the forms of insanity and the causes of death in those examined :---

#### FORMS OF INSANITY.

Acute Mania,					4	Brought	forw	ard,	20
Chronic "					3	Dementia, .			11
Senile "					2	Imbecility, .			1
Epileptic .,						General Paralysis,			7
Melancholia,	•	•		•	2	Epileptic Dementia,			1
Monomania,		•	•	•	6	T			
	Conin	fam	head			I se la	'otal,	•	40

Carry forward, 20

#### CAUSES OF DEATH.

General Par	a	lysis,			6	. Brought	forv	ward,	30
Nervous Ex					2	Pleurisy, with Fractu	re o	f Ribs,	1
Apoplexy,					2				1
Epilepsy,	•				3				4
Atheroma,					1	and the second			1
Phthisis,					13				1
Pneumonia,						Stricture of Rectum,			1
Pleurisy,					2	Marasmus,			1
					-				
		Carry	for	ward,	30				40

The Calvarium was very dense in 1 case of Epileptic Mania, 1 of General Paralysis, and 2 of Monomania.

The Brain was generally soft in 2 cases of Dementia, 1 of Epileptic Dementia, 1 of Mania, 1 of Epileptic Mania, 1 of Senile Mania, 1 of Monomania, 1 of Acute Mania, and 2 of General Paralysis.

The Arachnoid was thickened and opaque in 2 cases of General

Paralysis, 1 of Acute Mania, 1 of Dementia, and 1 of Epileptic Mania.

There was a morbid amount of fluid in the Sub-arachnoid space in 2 cases of General Paralysis, 3 of Dementia, 2 of Acute Mania, 2 of Senile Mania, 1 of Epileptic Mania, and 2 of Melancholia.

There was a morbid amount of fluid in the Ventricles in 1 case of General Paralysis, 1 of Dementia, 1 of Senile Mania, and 1 of Monomania.

There was an unusual thickness of the Calvarium in 1 case of Dementia, 2 of Epileptic Dementia, and 1 of Monomania.

There was atrophy of Individual Convolutions in 4 cases of Dementia, 1 of General Paralysis, 1 of Epileptic Dementia, 1 of Senile Mania, 1 of Chronic Mania, 1 of Epileptic Mania, 1 of Acute Mania, and 2 of Monomania.

The Dura Mater was adherent in 2 cases of General Paralysis, 1 of Senile Mania, 2 of Acute Mania, and 1 of Monomania.

The Pia Mater was adherent in 1 case of Epileptic Mania, 2 of Monomania, and 1 of Acute Mania.

The Arteries were atheromatous in 2 cases of Senile Mania.

The Pia Mater was congested in 1 case of General Paralysis.

The Cerebrum was congested in 1 case of General Paralysis, 1 of Epileptic Mania, 1 of Acute Mania, and 1 of Chronic Mania.

The Membranes were congested in 2 cases of Dementia, 1 of Epileptic Dementia, and 1 of Imbecility.

There were granulations on the walls of the Ventricles in 6 cases of General Paralysis, and 1 of Monomania.

There was flattening of the surface of the Brain in 2 cases of Dementia, 1 of General Paralysis, 1 of Chronic Mania, 1 of Melancholia, and 1 of Senile Mania.

The Calvarium was unusually thin in 1 case of Acute Mania.

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