

**Thirty-fifth annual report of the resident physician of the Belfast District Hospital for the Insane Poor of the counties of Antrim and Down, and the county of the town of Carrickfergus : from 1st April, 1864, to the 31st March, 1865.**

**Contributors**

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THIRTY-FIFTH ANNUAL REPORT  
OF  
THE RESIDENT PHYSICIAN  
OF THE  
BELFAST DISTRICT

Hospital for the Insane Poor

OF THE  
COUNTIES OF ANTRIM AND DOWN, AND THE COUNTY OF  
THE TOWN OF CARRICKFERGUS,

FROM 1ST APRIL, 1864, TO 31ST MARCH, 1865.

[ORDERED BY THE BOARD OF GOVERNORS TO BE PRINTED.]

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ESTABLISHED 1829.

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BELFAST :  
PRINTED AT THE DAILY "NORTHERN WHIG" OFFICE,  
CALENDER STREET.

1865.

THEORY OF THE EARTH

AND ITS HISTORY

BY

JOHN W. DEWEY

OF THE UNIVERSITY OF CHICAGO

NEW YORK

1899

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# GOVERNORS

OF

## The Belfast District Hospital for the Insane,

APPOINTED BY

THE LORD LIEUTENANT AND PRIVY COUNCIL OF IRELAND,

*Under the Provisions of 1 and 2 George IV., Cap. 33.*

No.	NAME.	RESIDENCE.	DATE OF APPOINTMENT
1	Marquis of Donegal, .. ..	London, .. ..	March, 1829
2	Mayor of Belfast, .. ..	Belfast, .. ..	March, 1829
3	The Ven. Archden. Hincks, A.M.,	Billy, Bushmills, .. ..	March, 1829
4	William M'Cance, Esq., J.P., ..		Jan. 4, 1836
5	Robt. J. Tennent, Esq., J.P., D.L.,	Rushpark, Belfast, .. ..	Jan. 4, 1836
6	Right Rev. C. Denvir, D.D., ..	Belfast, .. ..	Oct. 28, 1836
7	Rev. John Edgar, D.D., .. ..	Belfast, .. ..	Oct. 28, 1836
8	Rev. H. Montgomery, L.L.D., ..	Dunmurry, .. ..	Oct. 28, 1836
9	The Very Rev. Dean Stannus, ..	Lisburn, .. ..	April 4, 1842
10	Rev. H. Cooke, D.D., L.L.D., ..	Belfast, .. ..	April 4, 1842
11	Rev. J. S. B. Monsell, A.M., ..		July 13, 1842
12	Conway B. Grimshaw, Esq., ..	Sydenham, Belfast, .. ..	Oct. 8, 1846
13	Marquis of Downshire, .. ..	Castle, Hillsborough, ..	Nov. 16, 1847
14	Major Crawford, J.P., D.L., ..	Crawfordsburn, Holywood, ..	Nov. 16, 1847
15	The Lord Bishop of Down and Connor and Dromore, .. ..	The Palace, Holywood, ..	April, 9, 1850
16	William Dunville, Esq., J.P., ..	Richmond Lodge, Co. Down,	May 22, 1851
17	Rev. T. F. Miller, D.D., .. ..	The Vicarage, Belfast, ..	Dec. 8, 1851
18	Adam J. Macrory, Esq., .. ..	Duncairn, Belfast, .. ..	June 15, 1852
19	Lord Dufferin, .. ..	Clandeboyne, Belfast, ..	Dec. 10, 1855
20	Thomas M'Clure, Esq., J.P., D.L.,	Belmont, County Down, ..	Jan. 29, 1856
21	Lieutenant-Colonel Forde, M.P.,	Seaforde, County Down, ..	March 26, 1862

Resident Physician-Superintendent, .. .. ROBERT STEWART, M.D.  
 Visiting and Consulting Physician, .. .. HENRY M'CORMAC, M.D.  
 Visiting Surgeon, &c., .. .. JAMES MOORE, M.D.

STATED MEETINGS OF GOVERNORS ARE HELD AT THE INSTITUTION ON  
 THE FIRST MONDAY OF EACH MONTH AT ONE O'CLOCK, P.M.





# THIRTY-FIFTH ANNUAL REPORT

## OF

# The Belfast District Hospital for the Insane,

FOR THE YEAR ENDED 31st MARCH, 1865.

Table I.—General Statement of the year's admissions, &c.

	Males	Females	Total	Males	Females	Total
In House on 1st April, 1864,...	...	...	...	200	170	370
Admitted since, New Cases, ...	31	37	68			
Relapses, ...	2	3	5			
	—	—	—	33	40	73
Total under Treatment during the year, ...	...	...	...	233	210	443
Discharged Recovered, ...	15	21	36			
Do. Relieved, ...	7	16	23			
Died, ...	10	12	22			
	—	—	—	32	49	81
Remaining under Treatment on 31st March, 1865,				201	161	362
	Males	Females	Total			
The total Admissions during the year were ...	33	40	73			
Do. for the preceding year, ...	45	47	92			
Daily Average Number of Patients during the year, ...	...	...	364.51			
Do. for the preceding year, ...	...	...	366.02			
Per-centage of Recoveries and Relieved on the Average Daily Number under Treatment, ...	...	...	15.90			
Do. for the preceding year, ...	...	...	19.39			
Do. on year's total Admissions, ...	...	...	20.26			
Do. for the preceding year, ...	...	...	25.13			
Average per-centage of Deaths on the Total Number under Treatment during the year, ...	...	...	4.96			
Do. for the preceding year, ...	...	...	2.64			
Do. on the Average Daily Number during the year, ...	...	...	6.03			
Do. for the preceding year, ...	...	...	3.27			
“Dangerous Lunatics” admitted by Warrants of the Lord Lieutenant during the year (as embraced in the year's total Admissions), viz.:—						
	Males	Females	Total	Males	Females	Total
From County Antrim Jail, ...	3	2	5			
From County Down Jail, ...	4	1	5			
	—	—	—	7	3	10
Average Annual Expense of each Patient for the past } year, including every charge, ... }	...	...	...	£18	15	1½
Do. for the previous year, ...	...	...	...	18	11	0
Total Expenditure for the year ended 31st March, 1865,				6,836	16	8
Do. for the previous year, ...				6,847	0	7
Net Profit on Farm and Garden, ...				£263	12	11



Table II.—Ages of the 73 Patients admitted during the year ending 31st March, 1865.

	Males.	Females	Total
Under 20 years, ...	2	1	3
20 to 30 years, ...	14	13	27
30 to 40 " ...	6	14	20
40 to 50 " ...	4	11	15
50 to 60 " ...	4	1	5
60 to 70 " ...	3	0	3
TOTALS, ...	33	40	73

Table III.—Alleged Causes of Insanity in the 73 Cases admitted during the year ended 31st March, 1865.

	Males	Females	Total
Bodily Ailments,...	10	10	20
Disappointed Love, ...	0	1	1
Fever, ...	1	0	1
Fright, ...	4	5	9
Grief, Disappointment, and Anxiety, ...	1	5	6
Hereditary, ...	0	1	1
Hysteria, ...	0	2	2
Intemperance, ...	1	0	1
Jealousy, ...	0	1	1
Loss of Money, ...	1	0	1
Over Study, ...	2	1	3
Puerperal Condition, ...	0	2	2
Religious Excitement, ...	3	8	11
Sun Stroke, ...	1	0	1
Totally Unknown, ...	9	4	13
TOTALS, ...	33	40	73

Table IV.—Forms of Disease in the 73 Patients admitted during the year ended 31st March, 1865.

	Males	Females	Total
Dementia, ...	2	0	2
Mania, ...	22	20	42
Melancholia, ...	8	19	27
Monomania, ...	1	1	2
TOTALS, ...	33	40	73

Table V.—Religion of the 73 Patients admitted during the year ended 31st March, 1865.

	Males	Females	Total
Methodists, ... ..	1	1	2
Presbyterians and Protestant Dissenters, ...	16	12	28
Roman Catholics, ... ..	9	14	23
Unitarians, ... ..	1	0	1
United Church of England and Ireland, ...	6	13	19
TOTALS, ... ..	33	40	73

Table VI.—Social Condition of the 73 Patients admitted during the year ended 31st March, 1865.

	Males	Females	Total
Married, ... ..	10	13	23
Single, ... ..	23	25	48
Widows, ... ..	0	2	2
TOTALS, ... ..	33	40	73

Table VII.—Occupations of the 73 cases admitted during the year ended 31st March, 1865.

	Males	Females	Total
Bricklayers, ... ..	3	0	3
Cardriver, ... ..	1	0	1
Carpenter, ... ..	1	0	1
Clerks, ... ..	2	0	2
Dressmakers, ... ..	0	4	4
Farmers, ... ..	3	0	3
Housekeepers, ... ..	0	10	10
Labourers, ... ..	10	0	10
Millworkers, ... ..	2	5	7
Pensioners, ... ..	3	0	3
Sailor, ... ..	1	0	1
Servants, ... ..	0	7	7
Shoemakers, ... ..	2	0	2
Teachers, ... ..	0	2	2
Weavers, ... ..	4	1	5
Without any known Occupation, ... ..	1	11	12
Totals, ... ..	33	40	73



Table VIII.—Degree of Education in the 73 cases admitted during the year ended 31st March, 1865.

	Males	Females	Total
No Education, ... ..	2	1	3
Read only, ... ..	4	12	16
Read and Write, ... ..	25	24	49
Well Educated, ... ..	2	3	5
TOTALS, ... ..	33	40	73

Table IX.—Ages of the 36 Patients Discharged Recovered during the year ended 31st March, 1865.

	Males	Females	Total
Under 20 years, ... ..	4	0	4
From 20 to 30 years, ... ..	4	6	10
“ 30 to 40 years, ... ..	3	7	10
“ 40 to 50 years, ... ..	2	6	8
“ 50 to 60 years, ... ..	1	1	2
“ 60 to 70 years, ... ..	1	1	2
TOTALS, ... ..	15	21	36

Table X.—Shewing the period of time the 36 Patients Discharged Recovered were under treatment, during the year ended 31st March, 1865.

	Males	Females	Total
Under 3 months, ... ..	2	1	3
From 3 to 6 months, ... ..	9	9	18
“ 6 to 12 “ ... ..	2	5	7
“ 1 to 2 years, ... ..	1	3	4
“ 2 to 5 “ ... ..	0	1	1
“ 5 to 10 “ ... ..	1	2	3
TOTALS, ... ..	15	21	36

Table XI.—Ages of the 22 Patients who Died during the year ended 31st March, 1865.

	Males	Females	Total
Under 20 years, ... ..	0	1	1
From 20 to 30 years, ... ..	1	1	2
“ 30 to 40 “ ... ..	1	5	6
“ 40 to 50 “ ... ..	2	3	5
“ 50 to 60 “ ... ..	5	0	5
“ 60 to 70 “ ... ..	1	1	2
“ 70 to 80 “ ... ..	0	1	1
TOTALS, ... ..	10	12	22



Table XII.—Shewing the Duration of Disease in the 81 Patients Discharged Recovered, Relieved, and who Died during the year ended March 31, 1865.

DURATION OF DISEASE.	RECOVERED AND RELIEVED.			DIED.		
	Males	Females	Total	Males	Females	Total
Under 3 months, ...	3	1	4	0	0	0
From 3 to 6 months, ..	11	10	21	4	6	10
“ 6 to 12 “ ...	4	7	11	0	1	1
“ 1 to 2 years, ...	1	3	4	3	1	4
“ 2 to 5 “ ...	0	10	10	0	1	1
“ 5 to 10 “ ...	3	4	7	1	1	2
“ 10 to 20 “ ...	0	2	2	0	1	1
“ 20 to 30 “ ...	0	0	0	2	1	3
TOTALS, ...	22	37	59	10	12	22

Table XIII.—Employment during the year ended 31st March, 1865.

	Males	Females	Total
Assisting Servants, ...	14	11	25
Basket Making, ..	2	0	2
Breaking Freestone, ...	3	0	3
Cultivating the Farm, ...	84	0	84
Embroidering, ...	0	2	2
Gardening Labour, ...	4	0	4
Knitting, ...	1	26	27
Making and Repairing Clothing, Bedding, &c.,	4	20	24
Making and Repairing Shoes, ...	2	0	2
Pumping Water, ...	24	0	24
Smith Work, ...	1	0	1
Spinning, ...	0	25	25
Sweeping Yards, Carrying Coals, &c., ...	27	0	27
Tailoring, ...	2	0	2
Warping, Weaving, and Winding, ...	5	0	5
Washing in Laundry, ...	3	20	23
TOTALS, ...	176	164	280

Table XIV.—Shewing the State of the Cases remaining on 31st March, 1865.

	Males	Females	Total
Chronic Cases, ...	128	110	238
Probably Curable Cases, ..	73	51	124
TOTALS, ...	201	161	362

Table XV.—Forms of Disease of the Total Number of Patients remaining on 31st March, 1865.

	Males	Females	Total
Dementia, ... ..	6	7	13
Mania, ... ..	128	102	230
Do. Complicated with Epilepsy, ... ..	14	10	24
Melancholia, ... ..	34	22	56
Monomania, ... ..	19	20	39
TOTALS, ... ..	201	161	362

Table XVI.—Shewing the Religious Persuasions of the 362 Patients remaining on 31st March, 1865.

	Males	Females	Total
Covenanters, ... ..	4	0	4
Methodists, ... ..	1	2	3
Presbyterians, ... ..	76	49	125
Roman Catholics, ... ..	56	66	122
Unitarians, ... ..	2	1	3
United Church of England and Ireland, ... ..	62	43	105
TOTALS, ... ..	201	161	362



Table XVII.—Obituary for the year ended 31st March, 1865.

No.	Sex.	Age.	Form of Insanity and alleged Exciting Cause.	Social State	Occupation.	Period an Inmate.			Cause of Death.
						Yrs.	Mos.	Wks. Days.	
1	F.	67	Mania—Pecuniary losses.	Married.	Servant.	27	0	2 5	Gradual Exhaustion.
2	M.	55	Mania—Hereditary.	Single.	Pensioner.	20	5	4 1	{ Malignant Cancer of both orbits and face.
3	M.	36	Mania—Intemperance.	Single.	Labourer.	0	1	1 2	{ General Debility.
4	F.	18	Mania—Hereditary.	Single.	None.	2	0	1 1	{ Disease of Heart,
5	M.	28	Melancholia—Fright.	Single.	Labourer.	0	2	1 6	{ "Found Drowned in bath- ing pond."—Inquest.
6	F.	32	Mania—Grief.	Single	None.	0	1	0 0	{ Phthisis Pulmonalis.
7	M.	45	Mania—Bodily injuries.	Married.	Farmer.	0	0	3 1	{ Paralysis and Apoplexy.
8	M.	50	Dementia—Unknown.	Single.	Lighterman.	0	2	1 2	{ Maniacal exhaustion and Debility.
9	F.	33	Mania—Fright.	Single.	Governess.	0	0	1 0	{ Acute Mania with conges- tion of the Brain.
10	M.	56	Mania—Intemperance.	Married.	Farmer.	1	7	1 1	{ Paralysis.
11	F.	39	Melancholia—Bodily illness.	Married.	Housewife.	1	5	0 5	{ General Debility.
12	M.	54	Mania—Epilepsy.	Married.	Weaver.	6	11	0 2	{ Epilepsy complicated with Apoplexy.
13	F.	48	Mania—Fright.	Single.	Teacher.	0	3	0 0	{ Diarrhoea.
14	F.	42	Melancholia—Fright.	Single.	Mill-worker.	0	2	0 3	{ Maniacal Exhaustion.
15	M.	41	Melancholia—Religious enthusiasm	Married.	Labourer	1	9	1 2	{ Maniacal Exhaustion.
16	F.	28	Mania—Religious excitement.	Single.	Spinner.	0	4	3 6	{ Disease of Heart.
17	F.	36	Mania—Unknown.	Single.	Servant.	0	8	0 0	{ Mania complicated with Epilepsy.
18	M.	63	Melancholia—Religious excitement	Married.	Farmer.	0	2	0 1	{ General Debility.
19	F.	48	Mania—Death of Mother.	Single.	None.	1	9	2 0	{ General Debility.
20	F.	72	Mania—Unknown.	Widow.	None.	14	3	2 4	{ Senile Debility.
21	M.	59	Mania—Unknown.	Single.	Labourer.	24	3	0 1	{ Chronic Bronchitis.
22	F.	34	Mania—Seduction.	Single.	Flowerer.	7	9	2 0	{ Pulmonary Disease.



## GENERAL HEALTH.

The year now terminated has been passed through without any deviation from that usual sanitary condition of the house which has been so remarkably free from anything approaching to the nature of an epidemic or of contagious disease, with the exception of three cases of small pox occurring within short intervals of each other, two of which were female patients, and the third that of a female attendant at the male side. It was deemed unsafe to keep them here, especially owing to the crowded state of the institution, and, accordingly, all were transferred to the Union Hospital without delay, and all ultimately made good recoveries, the care and attention which each received whilst under treatment there having been spoken by them afterwards very gratefully and warmly.

## DEATHS DURING THE YEAR.

The mortality this year has been greater than the preceding one, when but twelve deaths were reported, a remarkably small number, however; whereas, on the present occasion, twenty-two occurred from all causes, ten being males, and twelve females. Four (two males and two females), had been inmates very short periods of time, namely, from one week to five weeks, and were unpromising as to result from the first, owing to their extremely low condition of health on admission. Four more (three males and one female), were also but a limited time under treatment, varying from eight to nine weeks, and were also, with one exception, in feeble health on coming under treatment. The exception referred to—one of the males—was a case of accidental death, in which an inquest was held by J. K. Jackson, Esq., the District Coroner, and a verdict returned by the jury of "Found Drowned." The deceased had been out on the grounds that day at work as usual with others in charge of an attendant, and was soon afterwards discovered in an adjoining pond\* between four and five feet in depth, paved at the bottom, and used for

\* This pond has since been lowered so as not to exceed four feet in depth.



bathing purposes in the Summer season by the male patients, but in which, on this occasion, there were only twenty-one inches of water. The deceased had stripped off his clothes entirely, and was found lying on his mouth and face at the bottom of the pond, the back of his head being uncovered with the water ; but whether he entered it with a suicidal intent, or whilst in it had been attacked with a fit of an apoplectic or epileptic character, which appeared not improbable, there were no means of ascertaining. Two (females), were inmates between three and five months, so that ten out of the twenty-two death casualties were less than half-a-year on the books of the Institution. On the other hand there were lengthened recipients of the benefits of the Institution, one (a female), having been here upwards of twenty-seven years, having outlived all belonging to her. Another (a male), was twenty-four years a patient, and had been a member of the band of the Institution since its formation. A male, also, twenty years—during the last three of which he had been altogether confined to bed, his sufferings, especially of late, having been extreme, but borne with the greatest resolution throughout—from malignant cancer of the face, which had committed the greatest ravages, destroying completely both orbits and the upper part of the face. Fourteen years, eight years, and seven years, nearly, were respectively the next largest in this list, the remainder varying from one to two years. To conclude this recapitulation, eleven (four males and seven females), died of general debility and gradual exhaustion of the powers of life from continued maniacal excitement and other prostrating causes ; two (males), of paralysis ; two (females), of heart disease ; two (females), pulmonary consumption ; one (male), malignant cancer ; one (female), congestion of the brain ; one (male), epilepsy ; one (male), chronic bronchitis ; one (male), found drowned, as already particularized. The oldest male in this list was sixty-three, and the youngest thirty-six. The oldest and youngest females, respectively, seventy-two and eighteen, the average age of all being close upon forty-five years, thus approaching very nearly the average death age of the population generally, which is considered to be forty-six years.



## SUICIDAL AND HOMICIDAL CASES.

No year passes by without its anxieties and its unceasing cares being supplemented more or less largely in respect of those inmates whose insanity is complicated with either a suicidal or a homicidal tendency, or both together in the one and the same individual. That day is considered a happy one that no dread accident occurs in connexion with these much afflicted and much to be sympathized with cases, and the same may be said of the night also ; for, from morn till night, and night till morn, a heavy load of responsibility rests upon all in charge of such patients, whose persevering ingenuity and settled purpose to accomplish the one object they have unceasingly in view, that of self-destruction, no one can form the most remote conception of, except those whose lot it is to be in their daily, in their hourly care. During the past year actual attempts at suicide before admission were made by nine of the inmates (two males, seven females), those attempts having been by—viz :—drowning, four (one male, three females) ; by cutting the throat, three (one male, two females) ; by precipitation from a window, one (female) ; and by taking poison, one (female). The homicidally inclined numbered four (one male, three females), and those who threatened to commit suicide were four also (one male, three females).

## ACCOMMODATION.

The same crowded condition of the house generally existed throughout the year as heretofore, there having been upwards of thirty on the books over and above the number for which the Institution has the requisite provision.

THE INTENDED HOSPITAL FOR THE INSANE, AT DOWNPATRICK,  
FOR THE COUNTY DOWN.

It is now fully four years since it was finally agreed upon by the Authorities that the inmates belonging to the County Down



should be removed to, and maintained in, a separate Institution, to be erected immediately for themselves, and by this time it was expected that such would have been in operation ; but it is only within the last few weeks that a decided step was taken in having this desideratum accomplished, by a contractor for the building having been decided upon, and which, of course, will now be commenced without any further delay ; but be the despatch used that may in its erection, it is highly probable that three years more at least will have elapsed before it will be declared in readiness to receive patients.

#### IMPROVEMENTS DURING THE YEAR.

The interior wood-work of the House throughout was painted last year, which has greatly improved its general appearance besides being a very beneficial and requisite work. All the corridors and day-rooms are now papered and panelled, as well as decorated to a certain extent with flowering plants, pictures, and engravings, thus enlivening and improving them in no small degree. The first step, too, has been taken in the formation of a Zoological Collection and an Aviary, the present very efficient clerk and storekeeper, Mr. George Whiteside, having much taste in such matters, and attending to their advancement and oversight. Already monkeys, rabbits, hares, guinea pigs, and such like, together with birds of various kinds, have taken up their residence here, to the great amusement and enjoyment of the patients, who all evidence a large interest in visiting them and ministering to their wants. Anything of this kind that takes the Insane out of themselves, so to speak, and from brooding over their own imaginary woes and afflictions, is productive of the best effects ; and, accordingly, it is most desirable that in such institutions as these, and as has been so strongly recommended by the most experienced in the treatment of their inmates, the effort to produce new associations by such innocently ancillary means as the above should be had recourse to as largely as possible. And here it occurs to say that the outside public might help on a good work of this kind very efficiently, by contributing to the number of domestic



animals, &c., by occasional additions, which would much enhance the value and usefulness of this new phase in the daily operations of the Institution.

#### OUTSIDE WALKS.

Frequently throughout the year, and according as the weather suited, large parties of the patients generally were taken outside the premises for walks into the country, &c., much to their satisfaction, and thus taking from the dull monotony of their lives even under the most favourable circumstances. Several times during the year they were at the Royal Botanic Gardens, amongst other places, the Directors of that beautiful and cheering outlet having liberally permitted this great indulgence as often as convenient for the patients to enjoy it, and the excellent Curator of the Gardens, Mr. Ferguson, always affording them every facility in enjoying their visits thereto.

#### BAND.

The Band, as composed of the inmates exclusively, with but one exception—that of a single attendant, necessary for keeping up due order—progresses most satisfactorily, under Mr. Dornan, the band-master, who has brought its members on so wonderfully well, and to play with so much precision and taste and in such good time. At last season's Flower Shows at Downpatrick and Newtownards, respectively, they were specially and kindly invited to be present, as on a former occasion, by the managing Committees thereof, and thus were afforded much and lasting pleasure, the Directors of the County Down Railway Company very liberally giving a free pass on their line, as hitherto, to both places.

#### ATTENDANTS.

The conduct generally of the attendants, &c., during the year, was of an entirely satisfactory nature. One of the pensioned servants died a few months ago—the former gate porter—who



enjoyed his retirement little more than nine months. There has been no additional superannuation during the year, and the number at present is but three.

PROVISION FOR A CLASS OF PATIENTS ABOVE THE CONDITION  
OF THOSE ADMITTED INTO THE PUBLIC INSTITUTIONS.

During the past year, the special attention of the Board was directed to the importance of means being had recourse to for the accommodation of patients, the subjects of insanity, whose friends could not meet the lowest rate of Board of a private Asylum, but who could give something towards their support in an establishment so far differing from Public Institutions, that what would be pecuniarily deficient in their maintenance by the patients themselves would be supplemented from some other source. Unquestionably intermediate places for this class of patients is one of the most pressing social wants of the day, as is well known to all practically conversant with the subject, and would indeed, be a "labour of love" to have effected with the least possible delay.\* The Board could only recommend the subject to the consideration of Government which they did in the strongest manner, and though the higher Authorities at once admitted the necessity of such an institution, they did not propose to remedy the want complained of, and there the matter remains at present, but which it is earnestly to be hoped will sooner or later be *fait accompli*. The following is a copy of the Board's proceedings in connexion with the above important subject :—

"The Governors of the Belfast District Lunatic Asylum have met with many cases in which the available income of lunatics

\* Dr. Seymour, a former Commissioner in Lunacy—an eminent authority—writing upon the necessity of licensed institutions for the reception of those of reduced pecuniary means, well and forcibly remarks :—  
"It is no small cruelty to mix together persons of different grades and accustomed to different habits of treatment ; those who were accustomed to the comforts and refinements of their own homes, but who, prostrated by insanity, are shut out both from private and public Asylums—the former from their great expense, the latter from being for 'paupers' alone."



themselves, or the means of their friends, were adequate to meet the expense of their maintenance in the District Asylum, but quite inadequate to the greater expense of a Private Asylum. The friends of lunatics were, therefore, obliged, contrary to serious scruples, to take advantage of the public Institution, to the partial exclusion of the really destitute, and to the unnecessary and heavy expense of the Counties. The Governors have ascertained that the practice prevails in other District Asylums of receiving patients who pay, in whole or in part, for their maintenance ; but they are advised that the District Asylum was primarily intended for paupers, and that they should not receive pay patients to the probable exclusion of those unable to pay ; and, further, they believe it has been found objectionable to have in the same Asylum one class paying and another not, as tending to create a jealousy among the inmates as to imagined difference of treatment. They, therefore, conceive that something should be done to meet the requirements of those able or willing to bear a part of the burden, by means of a General Public Institution, specially devoted to such class of patients.

“The Board having specially discussed the above statement, and fully approved of its contents, it was thereupon

“*Unanimously Resolved*—That the attention of the Lord Lieutenant be respectfully called to the urgent necessity of making suitable provision for the reception of Lunatics whose means, or that of their friends, while insufficient to meet the expense of a Private Establishment, might suffice to pay the cost, or a portion of the cost, of their maintenance in a Public Institution, which would be under the direct control of the Commissioners of Lunatic Asylums—thus removing the necessity of their entering the Asylum of their respective Counties as paupers, and becoming a burden upon the cesspayers.

“It was also Resolved that a copy of the foregoing document be laid before the Grand Juries of the Counties of Antrim and Down, and the County of the Town of Carrickfergus, at the ensuing Assizes, and that Thomas M'Clure, Esq., A. J. Macrory, Esq., and William Dunville, Esq., be appointed a deputation from this Board to submit the same accordingly.”



On this statement being submitted to the several Grand Juries, they were all unanimous as to the necessity of intermediate accommodation being provided, and officially intimated their entire approval thereof to the Lord Lieutenant.

#### PURCHASE OF ADDITIONAL LAND.

The Governors having, on the suggestion of Dr. Nugent, had under special consideration the necessity of securing a strip of ground between the Institution and the town side, comprising about four statute acres, whereon houses would sooner or later have been built, which would have completely overlooked the grounds, and thus seriously interfered with that privacy and discipline so essential to be maintained in establishments of this peculiar description, it was ultimately decided upon to recommend the purchase thereof to Government, whose sanction having been recently obtained for that purpose the necessary steps are now taking in respect thereof, and shortly it may be expected that it will, accordingly, be in the possession of the Board.

#### OFFICIAL INSPECTIONS.

In addition to the regular monthly inspections of the establishment and patients by the Governors themselves, there were frequent Official Visitations during the year, as usual, on the part of the Government Inspectors and Commissioners Doctors Nugent and Hatchell, and annexed are copies of their written reports as entered by them on the records of the Institution :—

“There are this day in the Belfast District Asylum 362 patients—201 males, 161 females. Chargeable on the aggregate, 190 to Antrim, 165 to Down, and 7 to Carrickfergus. The sanitary condition of the establishment is particularly good, though so over-crowded, four only of the inmates being confined to bed by illness. I found none under restraint. I have every reason to report in very favourable terms of the order, cleanliness, and freshness of the various departments, and the neat-



ness of the corridors and day rooms. All the female divisions are new papered and panelled, with the exception of the lower refractory wards ; most, too, at the male side are in a similar state.

“Some portions of the interior wood-work need re-painting.

“On the whole, I cannot but congratulate the Board of Governors on the many improvements which have been effected here since the date of my last visit, all tending to the material advantages and mental restoration of the patients. I have directed the attention of the Resident Physician, Dr. Stewart, to certain deficiencies which I noticed, particularly with reference to the comfort of the attendants, in order that, with the sanction of the Board, they may be obviated. No duties are more irksome or trying than those of servants on the insane, which, requiring from them constant care and vigilance, due consideration should be paid to their domestic arrangements. The grounds attached to the Institution appear to be well tilled and productive. I am almost afraid to venture on a suggestion to the Board of Governors just now, when the expenditure of money is in question. About ten years ago, I was instrumental in inducing the Board to purchase from six to eight acres of ground between the Asylum and the town, Very strong objections were raised against the proposition ; but I believe the result has proved in every respect beneficial. I would now strongly recommend that the slip of land, from two to three acres, between the two roads, should be taken, for, if built upon, the privacy and quietude of the establishment would be seriously affected. With reference to the question of an intermediate Asylum, for a class of the community which, from its position, is on the one hand deprived in a great measure of the advantage of public institutions for the insane, and on the other cannot afford to meet the expenses of private Asylums, I cannot but regard it as one of deep interest, as well as of great practical utility. The mode, however, of best effecting the object requires much consideration.

“(Signed),

“J. NUGENT.

“August 3rd, 1864.”



"Visited and attended the Board of Governors, at which a resolution was passed, approving of the purchase of four additional acres of ground, lying between the town and present Asylum boundary walls. The possession of this strip of land I deem highly useful. The house itself is in its ordinary satisfactory state, and I find a commencement made by Mr. Whiteside, the clerk, for a sort of Zoological Garden.

"(Signed),

"J. NUGENT.

"October 3rd, 1864."

"Attended the Board specially for the consideration of taking additional ground, where the proposition originally submitted by me, of adding more land at the town side, was finally and unanimously approved of—the quantity not to exceed four acres. I subsequently went through the Asylum, with the Chairman, Mr. M'Clure, and Mr. Macrory, and found it in a very satisfactory state, the painting of Nos. 5, 5½, and 8 corridors being advanced. The sleeping rooms of the refractory ward No. 2 admit of improvement.

"(Signed),

"J NUGENT.

"December 4th, 1864."

"I inspected the Belfast District Lunatic Asylum this day, and am happy to report that I find it in every way most satisfactorily managed and looked after. The several recommendations I made last year are now nearly completed, such as painting the wood-work, and panelling the corridors and day-rooms, which, together with the walls being papered and hung with pictures, gives them a most homely and cheerful appearance. On visiting the water-closets, and lavatories, and bath-rooms, I found them very clean and in good order. A new description of bath has lately been introduced, which is a great improvement. There are at present 367 patients in the establishment, viz. :—202 males and 165 females, all of whom appear to be most carefully looked after. The sanitary state of the



patients is very satisfactory, there being only four confined to bed in the infirmaries, which are kept exceedingly clean and well ventilated. I would wish to remark, for the consideration of the Board, that on visiting the basement corridors, Nos. 2 and 6, I found them cold and damp, and think it advisable that stoves should be placed in them. I was pleased very much at seeing that some of the attendant's, rooms were papered and carpeted, it being very desirable that the comforts of these people should be looked after. In conclusion, I have only to say, that I know of no Asylum where the welfare and comfort of the patients are better attended to than here.

“(Signed),

“G. H. HATCHELL.

“*December 20th, 1864.*”

#### BOARD OF GOVERNORS.

The only change which has taken place in the Board during the year has been that caused by the removal by death of Robert Batt, Esq., who, for a lengthened period previously, had been unable to take any part in its proceedings, owing to failing health, but who had always manifested much interest in the welfare of the Institution.

#### MEETINGS AND ATTENDANCE OF THE GOVERNORS.

The stated Monthly Meetings of the Board during the year were well and regularly attended as usual. The following are the names and attendances, respectively, of the Governors who were present, viz:—The Rev. Dr. Edgar (10), A. J. Macrory, Esq. (10), Thomas M'Clure, Esq. (9), C. B. Grimshaw, Esq. (6), Major Crawford (6), the Right Rev. Dr. Denvir (5), the Rev. Dr. Cooke (5), the Rev. Dr. Miller (5), the Lord Bishop of Down and Connor and Dromore (4), Lieutenant-Colonel Forde, M.P. (4), the Rev. Dr. Montgomery (3), William Dunville, Esq. (3), the Very Rev. Dean Stannus (1), the Mayor of Belfast, John Lytle, Esq. (1). No special meeting occurred during the year.

## CONCLUSION.

The Resident-Physician in now closing this stated Annual Report, has only further to add to it by expressing his best thanks to the Governors, and his brother officers, respectively, for their always ready and valuable support in carrying on the Institution in the most effective manner possible, and advancing its usefulness to the utmost in the care and treatment of its important and peculiar charge.

ROBERT STEWART, M.D.,

Resident Physician-Superintendent.



# GENERAL TABLES OF STATISTICS.

Table XVIII.—Shewing the Admissions, Discharges, &c., from each County in the District, during the year ended 31st March, 1865.

ADMITTED FROM EACH COUNTY.							
					Males	Females	Total
Antrim,...	...	...	...	...	20	29	49
County of the Town of Carrickfergus,	...	...	...	...	2	1	3
Down, ...	...	...	...	...	11	10	21
TOTALS,					33	40	73

DISCHARGED, ETC., TO EACH COUNTY.							
					Males	Females	Total
Antrim,...	...	...	...	...	18	31	49
County of the Town of Carrickfergus,	...	...	...	...	1	2	3
Down, ...	...	...	...	...	13	16	29
TOTALS,					32	49	81

REMAINING IN THE HOUSE, 31st MARCH, 1865.							
					Males	Females	Total
Antrim,...	...	...	...	...	102	92	194
County of the Town of Carrickfergus,	...	...	...	...	4	4	8
Down, ...	...	...	...	...	95	65	160
TOTALS,					201	161	362

Table XIX.—Shewing the Per-centage of Discharges and Deaths, and the Average Per-centage calculated on the Average Number of Patients for Ten Years ended 31st March, 1865.

Years ending 31st March.	Yearly Average Number.	RECOVERED.		RELIEVED.		DIED.	
		No of Cases.	Rate Per Cent.	No. of Cases.	Rate Per Cent.	No. of Cases.	Rate Per Cent.
1856	291.26	50	17.12	14	4.79	19	6.50
1857	323.25	66	40.21	15	4.64	35	11.75
1858	342.59	82	23.93	26	7.58	25	7.29
1859	347.20	65	18.17	18	5.18	18	5.18
1860	358.97	75	20.89	22	6.12	25	6.96
1861	356.98	47	13.16	31	8.68	22	6.16
1862	359.50	73	23.05	21	5.08	19	5.02
1863	362.90	59	16.25	10	2.75	14	3.85
1864	366.02	52	14.20	19	5.24	12	3.27
1865	364.51	68	18.65	23	6.30	22	6.03

Table XX.—Ages of the Patients remaining on 31st March, 1865.

				Males	Females	Total
Under 20 Years, ...	...	...	...	3	3	6
From 20 to 30 Years,	...	...	...	45	33	78
“ 30 to 40 “	...	...	...	63	46	109
“ 40 to 50 “	...	...	...	51	44	95
“ 50 to 60 “	...	...	...	28	22	50
“ 60 to 70 “	...	...	...	10	12	22
“ 70 to 80 “	...	...	...	1	1	2
TOTALS,	...	...	...	201	161	362

Table XXI.—Shewing the Duration of Residence of the 362 Patients remaining under Treatment, 31st March, 1865.

				Males	Females	Total
From 1 to 2 Months,	...	...	...	4	2	6
“ 2 to 3 “	...	...	...	5	3	8
“ 3 to 6 “	...	...	...	2	5	7
“ 6 to 9 “	...	...	...	2	5	7
“ 9 Months to 1 Year,...	...	...	...	7	6	13
“ 1 Year to 18 Months,	...	...	...	9	12	21
“ 18 Months to 2 Years,	...	...	...	8	4	12
“ 2 Years to 4 “	...	...	...	30	39	69
“ 4 “ to 6 “	...	...	...	32	15	47
“ 6 “ to 10 “	...	...	...	39	27	66
“ 10 “ to 15 “	...	...	...	21	17	38
“ 15 “ to 20 “	...	...	...	16	12	28
“ 20 “ to 25 “	...	...	...	12	7	19
“ 25 “ to 30 “	...	...	...	6	6	12
“ 30 “ and upwards,	...	...	...	8	1	9
TOTALS,	...	...	...	201	161	362

Table XXII.—Shewing the Articles Manufactured and made by the Patients during the year ended 31st March, 1865.

1,224 Hanks Linen Yarn	108 Petticoats
858 Yards Plain Linen	42 Wrappers
425 Pairs Stockings and Socks	211 Day Caps
145 Sheets	49 Gowns
301 Shirts	161 Pillow Slips
232 Shifts	120 Neck Ties
234 Aprons	42 Towels



Table XXIII.—Shewing the Number of Cases Admitted, Recovered, Relieved, and who Died in each Quarter and each Month, respectively, during the Year ended 31st March, 1865.

	ADMITTED.			DISCHARGED.						DIED.		
				RECOVERED.			RELIEVED.					
	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.
April, .....	4	0	4	0	1	1	1	1	2	1	1	2
May, .....	4	7	11	4	3	7	1	7	8	1	1	2
June, .....	3	2	5	1	0	1	0	2	2	1	0	1
			—20			—9			—12			—5
July, .....	2	3	5	1	3	4	0	2	2	1	1	2
August, .....	3	6	9	2	3	5	1	1	2	0	0	0
September, .....	2	3	5	2	0	2	0	0	0	1	1	2
			—19			—11			—4			—4
October, .....	2	2	4	1	2	3	1	2	3	0	0	0
November, .....	2	2	4	1	2	3	1	0	1	0	0	0
December, .....	2	3	5	0	1	1	0	1	1	1	1	2
			—13			—7			—5			—2
January, .....	0	2	2	0	5	5	1	0	1	2	4	6
February, .....	5	6	11	2	0	2	1	0	1	2	2	4
March, .....	4	4	8	1	1	2	0	0	0	0	1	1
			—21			—9			—2			—11
	33	40	73	15	21	36	7	16	23	10	12	22

# AN ACCOUNT OF THE RECEIPTS AND DISBURSEMENTS OF THE BELFAST DISTRICT HOSPITAL FOR THE INSANE FOR ONE YEAR,

BEING FROM 1ST APRIL, 1864, TO 31ST MARCH, 1865.

## THE CHARGE.

Balance of last Account in favour of the Public, ..	£348	9	4
Received from the Lords Commissioners of her Majesty's Treasury, ..	6,834	7	6
Received for Vegetables and Fruit sold, £30 0 0			
Do. Oats and Wheat sold, .. 33 14 3			
Do. Bones and Rags sold, .. 14 3 7			
Do. Hay sold, .. 7 0 3			
Do. Potatoes sold, .. 5 16 5			
Do. Grazing, .. 5 10 0			
Do. Interest, .. 24 19 1			
Do. Overcharge in Clothing and Milk Account, .. 0 16 0			
Do. Fine on Servant, .. 0 10 0			
Do. A Bequest to a Patient, .. 2 16 0			
	£125	5	7
Balance in favour of the Public, ..	£7,308	2	5
	£471	5	9

## THE DISCHARGE.

Paid for Provisions, ..	£3,066	9	9
Do. Clothing, ..	917	15	11
Do. Bedding, ..	69	7	9
Do. Furniture, ..	120	9	1
Do. Fuel and Light, ..	428	17	10
Do. Soap and Candles, ..	91	5	9
Do. Stationery, Printing, and Periodicals, ..	49	9	2
Do. Advertising, ..	2	0	2
Do. Medicines, ..	39	16	7
Do. Repairs and Alterations, ..	627	3	7
Do. Farm and Garden Expenses, ..	62	2	0
Do. Insurance, ..	22	12	6
Do. Incidental Expenses, ..	163	0	7
Do. Salaries and Wages, ..	1,172	10	4
Do. Postage, ..	3	15	8
Balance on hand, ..	£6,836	16	8
	471	5	9
	£7,308	2	5



AN ACCOUNT OF THE EXPENDITURE ON AND PRODUCE OF THE LAND OF THE BELFAST DISTRICT HOSPITAL FOR THE INSANE FOR ONE YEAR,  
BEING FROM 1ST APRIL, 1864, TO 31ST MARCH, 1865.

EXPENDITURE.	PRODUCE.	Dr.
To Seed Potatoes, ..	By 24 tons 16 cwt. 0 qrs. 0lbs. Potatoes used in the Establishment at 2s 9d per cwt., ..	£68 4 0
— Seeds and Plants, ..	Do. sold at various prices, ..	5 16 5
— Spades, Hooks, Shovels, &c., ..	— 5 tons 0 cwt. Oats used in the Establishment, at 6s per cwt., ..	30 0 0
— Repairing and Painting Carts, ..	Do. sold at various prices, ..	15 19 5
— Wheelbarrow Shafts, &c., ..	— 2 tons 6 cwt. 2 qrs. 0lbs. Wheat sold at various prices, ..	45 19 5
— Drain Pipes, ..	— 10 tons Hay used in the Establishment at 3s per cwt., ..	30 0 0
— Saddlery Work, ..	Do. sold, ..	7 0 3
To Balance, ..	— 22 tons Straw used in the Establishment, ..	37 0 3
	— Vegetables and Fruit sold, ..	44 0 0
	Do. used in the Establishment, ..	40 0 0
	— Manure, valued at ..	70 0 0
	— Osters, made into Baskets, ..	30 0 0
	— Grazing on Ground on River side, ..	1 10 0
		5 10 0
Total, ..	Total, ..	£825 14 11
	By Balance, ..	£263 12 11

# DIETARY

OF

## The Belfast District Hospital for the Insane.

### BREAKFAST.

One quart stirabout (made with 8 oz. fine or 7 oz. coarse meal) and three-fourths of a pint mixed milk, ..	Males.	} Every Morning.
One-and-half pint stirabout and one half pint mixed milk, ... ..	Females.	

### DINNER.

One half-pound loaf bread (or 3lbs. potatoes), 6oz. solid meat, and one pint soup, ... ..	Males & Females.	} 3 days a week.
One half-pound loaf bread (or 3lbs. potatoes) and one quart soup (made with ox-heads and bones cut out of meat, vegetables, oatmeal, barley, pease, &c.), ...	Males.	
One half-pound loaf bread (or 3lbs. potatoes), and one-and-half pint soup, ... ..	Females.	} 3 days a week.
Three-fourths of a pound loaf bread (or 3½lbs. potatoes) and one pint mixed milk, ... ..	Males.	
One-half pound loaf bread (or 3lbs. potatoes) and one pint mixed milk, ... ..	Females.	} once a week.

### SUPPER.

One half-pound loaf bread and three-fourths of a pint of new milk, ... ..	Males.	} Summer 6 months
One half-pound loaf bread and one half-pint new milk, ... ..	Females.	
One quart stirabout and three-fourths of a pint new milk, ... ..	Males.	} Winter 6 months
One-and-half pint stirabout and one half-pint new milk, ... ..	Females.	

Patients who are actively employed are allowed a portion of meat, in addition to the soup, five instead of three days in the week. When the state of the patient's health requires it, the diet is changed accordingly, and any other substituted that may be considered requisite by the Medical Officers.



# LIST OF REPORTS, & c.,

RECEIVED FROM 1st APRIL 1864, TO 31st MARCH, 1865.

## Irish.

1. *Armagh District Hospital for the Insane*, report to 31st December, 1863, pp. 27. By Robert M'Kinstry, M.D., Physician-Superintendent.
2. *Carlow Do.*, annual report to 31st December, 1863, pp. 21. By M. E. White, A.M., M.D., J.P., Physician-Superintendent.
3. *Clonmel Do.*, report to 31st December, 1864, pp. 34. By James Flynn, M.D., Physician-Superintendent.
4. *Do. Additional Do.*, report for 1864, pp. 12. By J. Edmundson, M.D., Physician-Superintendent.
5. *District, Criminal, and Private Hospitals for the Insane in Ireland*, Report on (thirteenth), for the year 1863 (Blue Book), pp. 140. By John Nugent, M.D., and G. W. Hatchell, M.D., Government Commissioners and Inspectors. Presented to both Houses of Parliament by command of Her Majesty.
6. *Farnham House Private Asylum for the Insane (at Finglas, near Dublin)*, third annual report to 31st December, 1864, pp. 10. By J. F. Duncan, M.D., Visiting Physician.
7. *Idiotic and Feeble-minded Children, Training of*. By Cheyne Brady, M.R.I.A., pp. 36.
8. *Mullingar District Hospital for the Insane*, report to 31st December, 1863, pp. 27. By H. Berkeley, M.D., Physician-Superintendent.
9. *Omagh Do.*, twelfth report to 31st December, 1864, pp. 29. By J. W. West, M.R.C.S., Medical-Superintendent.
10. *Richmond Do.*, annual report to 31st December, 1864, pp. 50. By Joseph Lalor, M.D., Physician-Superintendent.
11. *Sligo Do.*, report to 31st December, 1863, pp. 46. By J. MacMunn, M.D., Physician-Superintendent.
12. *Statistical Nosology of Registration of Deaths in Ireland*, pp. 67. By W. Donnelly, C.B., Registrar-General for Ireland.
13. *Waterford District Hospital for the Insane*, annual report to 31st December, 1864. By Thomas C. Burton, M.D., Physician-Superintendent.

## English.

14. *Bethlem Hospital*, annual report for 1863, pp. 70. By W. Helps, M.D., Physician-Superintendent.



15. *Birmingham Borough Asylum*, annual reports for 1861, 1862, and 1863.  
By T. Green, M.R.C.S., Medical Superintendent.
16. *Bristol City and County Asylum*, annual medical report for 1863,  
pp. 42. By H. O. Stephens, M.D., Physician-Superintendent.
17. *Cambridge County Asylum*, sixth annual report for 1863, pp. 33. By  
G. W. Lawrence, M.D., Physician-Superintendent.
18. *Cumberland and Westmoreland Do.*, annual report for 1863, pp. 43.  
By T. S. Clouston, M.D., Physician-Superintendent.
19. *Devon County Asylum*, eighteenth annual medical report for 1863, pp.  
36. By J. S. Sanders, M.B., Lond., Physician-Superintendent.
20. *Dorset County Asylum*, annual medical report for 1863, pp. 44. By  
J. G. Symes, M.R.C.S., Medical Superintendent.
21. *Earlswood Idiot Asylum (Red Hill, Surrey)*, medical report for 1864,  
pp. 24. By J. L. H. Down, M.D., Physician-Superintendent.
22. *Gloucester County Asylum*, report for 1863, pp. 38. By E. Toller,  
M.R.C.S., Medical Superintendent.
23. *Luke's Saint, Hospital for the Insane*, annual medical report for 1863,  
pp. 38. By James Ellis, M.R.C.S., Medical Superintendent.
24. *Lancaster County Asylum (at Lancaster)*, annual medical report for  
1863, pp. 47. By John Broadhurst, M.R.C.S., Medical Superinten-  
dent.
25. *Do. (at Prestwich)*, fourteenth annual medical report for 1864, pp. 61.  
By J. Holland, F.R.C.S.
26. *Do. (at Rainhill)*, annual medical report for 1863, pp. 69. By T. L.  
Rogers, M.D., Physician-Superintendent.
27. *Metropolitan Commissioners in Lunacy*, eighteenth report of, to March,  
1864 (Blue Book), pp. 307.
28. *Middlesex County Asylum (at Colney Hatch)*, thirteenth annual medical  
report for 1863, pp. 28. By Edgar Sheppard, M.D., and W. G.  
Marshall, F.R.C.S., Resident Medical-Superintendents.
29. *Monmouth, &c., County Asylum (at Abergavenny)*, eleventh annual  
medical report for 1863, pp. 66. By D. M. M'Cullough, M.D., Phy-  
sician-Superintendent.
30. *Northampton General Asylum for the Insane*, annual medical report  
for 1863, pp. 52. By Edwin Wing, M.D., Physician-Superintendent.
31. *Notts County and Borough Asylum*, eighth annual medical report for  
1863, pp. 29. By W. P. Stiff, M.B., Lond., Physician-Superinten-  
dent.
32. *Oxford and Berks County and Borough Asylum (at Littlemore)*, medical  
report for 1863, pp. 32. By William Ley, M.R.C.S., Medical  
Superintendent.
33. *Somerset County Asylum*, sixteenth annual medical report for 1863,  
pp. 80. By Robert Boyd, M.D., Physician-Superintendent.
34. *Suffolk County Asylum*, twenty-seventh report for 1863, pp. 40. By  
John Kirkman, M.D., Physician-Superintendent.



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